

Michael Louis Scott

June 1997 to Date

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Note: <888> 01/31/04 Saturday 9:25 P.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 01/31/04 Saturday 9:15 P.M.: Before going out today, I put in a new Homecenter blue toilet tablet in the toilet tank, so for the time being the water will be blue. I just made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I am now using a few 1/4 inch thick sliced mushrooms and a 1/4 inch by 1.5 inch by 4 inch slice crumbled of Danish blue cheese and for the cheddar cheese portion, I am using Vermont 50% low fat cheddar cheese, and I am also using Stop and Shop fat free grated parmesan cheese topping. I had the salad with iced tea. CIO

Note: <888> 01/31/04 Saturday 7:50 P.M.: I went out after the last message, and I went by the Greenwich Exxon station next to the Greenwich Library, and I bought \$6.25 of regular unleaded gasoline at \$1.899 a gallon for about 20.5 miles per gallon. I then went downtown to central Greenwich Avenue. I walked the entire length of Greenwich Avenue, and I sat out at various locations. I stopped by CVS during my walk, and I bought from the 90% off rack of Christmas items a dozen two packs of Merrybrite Candelabra Bulbs for Battery Operated Candle Lamp Use for .12 each two pack and six four packs of MerryBrite four C7 .14 each four pack plus .14 tax for \$2.42 total. I then completed my walk. I next drove down by the waterfront. I then drove over to Tod's Point in Old Greenwich, and I stood out at the southwest area for a while, and the inner harbor there is mostly frozen over. I then stood out at the southeast area. I next went by Walgreen's and with the store circular coupon, I bought four six packs of AA heavy duty Walgreen batteries for .99 each six pack plus .24 tax for \$4.20 total. I then went by Staples, and I bought from the clearance section two 10 packs of CD jewel cases for \$2 each 10 pack plus .24 tax for \$4.24 total. I then went back to downtown Greenwich, and I sat out for a while, and I walked the central downtown area, and I stopped by Zyn Stationary, and I bought a #28 Winner Wonderland scratch card for a dollar, but I did not win anything. I then used the men's room at the senior and arts center, and it was very warm in there. I next drove down by the waterfront, and I climbed over the snow bank which is a bit difficult, and I walk out onto the pier on Steamboat Road. Because of the snow on the concrete abutments at the end of the road there, it is not too difficult to take the large step down onto the pier, but it can be quite difficult to return back up the slippery incline of plowed snow. Thus only the sure footed should try to venture out on that pier for now. I noticed a lot of ice on the inner harbor there too. One goose was walking on the ice, so it is beginning to thicken up. I next went by the Food Emporium, and I bought for \$1.99 a pound \$3.68 of boneless breasts of chicken. I then returned home. I will put the bulbs in my bedroom mahogany bureau bulb drawer, and I will put the batteries with my other spare batteries in the blue bureau second drawer down left drawer. I might get some of the battery Christmas candles at CVS to use with battery bulbs in case there is an electricity emergency. I do not think the battery bulbs since they are DC 3 volt will work with line electrical current. I drank some iced tea. I will put the CD jewel cases in the right living room closet shelf. CIO

Note: <888> 01/31/04 Saturday 12:45 P.M.: Earlier around 10 A.M., I vacuumed my apartment. I finished the paper work. I ate a piece of apple pie with iced tea. I will now shut down the computer, and I will clean up, and I will go out for some fresh air. CIO

Note: <888> 01/31/04 Saturday 11:50 A.M.: I picked up my mail downstairs. I ate three dozen triscuit crackers and five Wheatsworth crackers, and on the five Wheatsworth crackers, I put on 1/8th inch thick slices of Cabot Vermont 50% low fat cheddar cheese. I have to do some paper work. I need to fill out my apartment lease information. I have to sign my lease with the Greenwich Housing Authority this Thursday afternoon, so I will not be able to attend the Microsoft Security conference at the Holiday Inn in Bridgeport, Connecticut at that same time. I hope Microsoft understands. I will now fill out the paper work. CIO

Note: <888> 01/31/04 Saturday 10:20 A.M.: I finished going through my email. CIO

Note: <888> 01/31/04 Saturday 9:10 A.M.: I went through most of my email. CIO

Note: <888> 01/31/04 Saturday 8:35 A.M.: I chatted with a friend. I ate five 3/4 inch by 1/4 inch by 2.5 inch slices of Cabot's 50% reduced fat Vermont cheddar cheese. CIO

Note: <888> 01/31/04 Saturday 7:50 A.M.: ShermansTravel.com visit exotic Belize Screened Listings, Deal Reviews, Objective Editorial . CIO

Note: <888> 01/31/04 Saturday 7:45 A.M.: <http://toolbar.msn.com> . CIO

Note: <888> 01/31/04 Saturday 7:30 A.M.: Well, it looks like the sun is up in Key West, Florida; and they have cleaned up the streets there this morning <http://www.liveduvalstreet.com/> . I suppose with all the tourists down there, they have to run a ship shape environment. CIO

Note: <888> 01/31/04 Saturday 7:15 A.M.: It is currently 12 degrees Fahrenheit, and there is a wind-chill factor of 0 degrees Fahrenheit <http://www.weather.com/weather/local/06830> . I suppose we might have people visiting in this area from even colder areas.

Note: <888> 01/31/04 Saturday 7:05 A.M.: I was up 4 A.M., and I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I did my house cleaning and watering the plants. I still have to vacuum the apartment, which I will do after 9 A.M.. While, house cleaning, I listened to the radio 106.7 FM on my Emerson Wireless headphones, and I am now recharging their batteries, which should be done at 2:30 P.M. today. There is a fully recharged pair in the headset right now.

Note: <888> 01/30/04 Friday 8:20 P.M.: I put the ice tea in the refrigerator. I will now shut down the primary computer, and I will go to bed soon. CIO

End of Scott's Notes week of 01/30/04:

Note: <888> 01/30/04 Friday 7:30 P.M.: I went downstairs, and I picked up my mail. I will now send out my weekly notes. In a little while, I will put the ice tea in the refrigerator. CIO

Note: <888> 01/30/04 Friday 7:10 P.M.: I minced one large clove of elephant garlic, and I sliced into 3/16 inch slices one medium four inch diameter yellow Spanish onion, and I sautéed it all in three tablespoons of olive oil and 1/8 teaspoon of Italian spices in a 10 inch skillet. I sautéed stirring continually the onion and garlic over medium heat until they turned clear about 10 to 15 minutes, and I then added one 14 ounce can of Swanson's chicken broth and 1/8th teaspoon of Italian spices, and I brought the mixture to a boil, and I then simmered it over medium heat for about 20 minutes stirring continually until the mixture was reduced by about half its liquid. I then put the onion soup in one of my large 14 ounce Cobalt blue soup bowls, and I added nine evenly spaced large cut Arnold garlic and herb croutons, and I spread over it a couple of tablespoons of Stop and Shop reduced fat grated parmesan cheese, and I had the soup for dinner with a glass of iced tea. CIO

Note: <888> 01/30/04 Friday 6:05 P.M.: I am making up a batch of iced tea www.geocities.com/mikelscott/icetea.htm . I am using one tea bag each of the five different variety pack of Twinings tea, four Lipton green tea bags, one Bigelow orange pekoe tea bag, and 10 Salada orange pekoe tea bags for my usual mixture, and I am not using sugar. CIO

Note: <888> 01/30/04 Friday 5:20 P.M.: I went out after the last message, and I went by Putnam Trust Bank of New York on Mason Street. I then went by the Greenwich Hospital Thrift shop, and I bought a United States Golf Association 2004 calendar for a \$1. I then went downtown to the central Greenwich Post Office, and I obtained a money order for .90 cost for \$12.50 value to renew my annual dues with the American Association of Retired People AARP. I mailed in the dues payment at the central Greenwich Post Office. I then walked the entire length of Greenwich Avenue. I sat out at various locations. It was an expensive day, and I had to spend a dollar parking. During my walk, I browsed the 70% off rack at the Greenwich Hardware store. I also stopped by CVS, and I bought eight six ounce cans of Bumble Bee solid white albacore tuna fish for .99 each, four 2.5 ounce tins of King Oscar native Norwegian sardines in olive oil for .99 each, a 10 ounce can of CVS smoked almonds for \$2.50 for \$14.38 total. I then completed my walk. I used the bathroom at the Senior and Arts center. I then drove down by the waterfront. Someone has cut a small path for able bodied mountain goats to get out on the pier on Steamboat Road. To make a safer path, it would probably take a pick and a shovel. I next went by the Stop and Shop, and from the dented canned foods section, I bought a 10 package box of Stop and Shop dried milk for \$1.50, two 14 ounce tins of Rienzi artichoke hearts for .75 each can, and a 44.5 ounce can of Stop and Shop chicken broth for .99, and two bars of Kraft Cracker barrel baby Swiss cheese for \$2 each, two Stop and Shop 100% grated fat free parmesan cheese topping 8 ounce containers for \$2.49 each, two 28 ounce cans of Goya chick peas for \$1.09 each, six 4.25 ounce cans of Stop and Shop chopped black California olives for three for \$2, Rosenberg Danish blue cheese imported from Denmark for \$6.99 a pound for \$3.60, a bulb of elephant garlic for \$1.99, a 10 ounce box of fresh whole mushrooms for \$1.99, fresh plum tomatoes at \$1.99 a pound for \$2.39, a 16 ounce bag of baby carrots for \$1.50 for \$30.62 total. I then went by the Arnold bread store outlet, and I bought a loaf of Arnold 100% Natural whole wheat oat bread for .99, three 5.5 ounce boxes of Arnold large cut

Garlic and Herb croutons for .99 each box, and a Entenmanns's apple pie for \$1.89 less 10% senior discount of .59 for \$5.26 total. I then went by Smokes for Less in Byram, and I bought a carton of Seneca Ultra Lights 100s cigarettes for \$31. I next returned home, and I put away my purchases, and I drank some iced tea. I hung the United States Golf Association golf calendar on my apartment entrance door on the inside. CIO

Note: <888> 01/30/04 Friday 11:10 A.M.: I checked the mail, and it is not here yet. I am heating a 18.5 ounce of Campbell's Select New England clam chowder, which I will eat shortly with a glass of iced tea. I will now shut down the computer, and after I eat, I will go out for errands. CIO

Note: <888> 01/30/04 Friday 10:30 A.M.: This is the link to the Hyatt Hotel resort in Maui where I stayed in August 1980 <http://maui.hyatt.com/property/index.jhtm> . After I left the tennis court in Kennebunkport, Maine observing former President Bush's vice presidential entourage, which at the time was not too big, but they did have a campaign rally on the Green in Kennebunkport, I thought it was important to make contacts with the California republicans since Ronald Reagan <https://www.reaganfoundation.org/> was the republican presidential candidate. Back in the winter of 1975, roommates of mine in Manhattan had thrown a party for Nancy and Ronald Reagan at the Copa Cabana night club at the Pierre Hotel <http://www.fourseasons.com/pierre/index.html> in Manhattan, so I knew they were in the area even back then. Thus in August 1980, I set out to California on my own flying to west coast. I initially went to Laguna Beach which friends of mine had mentioned over the years. After exploring Laguna Beach, I went up to Santa Cruz, California to visit a republican friend whose grandfather was Richard Nixon's neighbor in Key Biscayne, Florida. I also stayed in Carmel, California at the Normandy Inn. Since I did not have a credit card, I could not rent a car, so I had to fly short hops in airplanes to get to various locations. I flew into Santa Barbara too, and I was only able to walk from the airport to the University of California at Santa Barbara. I then headed back to Laguna via John Wayne airport. Since I had worked for Daniel Construction of Greenville, South Carolina which later merged with the Fluor construction company of Newport Beach, California. I spent about a week exploring Laguna Beach, and there were construction people there building the twin nuclear reactors in the area. I flew from John Wayne airport to Las Angeles airport with my traveling gear, and I ran into the owner of a house on Lincoln Road in Nantucket whom I had worked for the summer before. He sold me his ticket to Hawaii for \$100 since he needed the cash having filed for bankruptcy on the expensive house. I flew to the big island of Hawaii, and I caught Maui Air to Maui. I took an expensive cab to a village and rented a small room near the beach, but I did not stay there, instead I continued on to the Hyatt in Lahaina, Hawaii, and I checked into the least expensive room there for about \$90 a night which was used by the assistant manager who was away. I spent the entire week at the hotel enjoying the pool and the ambience. They had a night club there, and since I did not have any Hawaiian clothes, but Greenwich preppy clothes, I used to go to the night club in my pink linen golf slacks with my white Pilipino linen type shirt with the shirt tail out the way they where their dress shirts in the tropics. I recall enjoying Vodka and Tonic. I kept the air conditioner in my room going on maximum the entire time, since it was a bit tropical. I use the health club at the pool for exercise, and I drank tropical fruit drinks. The American Bar association

and the American Judicial association were holding a meeting there, and since I was not watching too much Hawaii Five O on television, I only heard rumors about a hurricane approaching Houston, which seemed a world away. The beach at the Hyatt in Maui is very rough rocky lava, so most people used the pool area instead. Since it was an older crowd, I kept mostly to myself, although there were a few younger people at the discothèque at night. Since I could not rent a car, I could not explore the north slope of Maui where Lindbergh lived. After a week's stay I paid my bill with hard Canadian currency which had Queen Elizabeth II's portrait on it. I also wore my Greek fisherman's shirt and my green and yellow Jams at the pool. Since living up north for a number of years, I did not have a lot of tropical clothes. I had seen in the winter of 1978 in Key West, Florida a pickup truck and horse trailer from Maui, and I had seen a car with Hawaii license plate in Nantucket. I recall flying to Hawaii on United airlines. When I left the Hyatt in Maui, I flew back to the big island from a different airport in Lahaina. I toured the old colonial hotels on the beach front in Hawaii, and I took a taxi cab ride out to the Pearl Harbor area. When I returned from the big Island to the mainland, I took a World Airlines discount jet for \$100, which landed at San Jose, California, and I hitchhiked to Santa Cruz, California, and half way there, a family friend gave me a ride, and let me stay at his house. I then returned from to San Jose to pick up my luggage, and I flew to Laguna, and after about a week's stay there, I flew from Las Angeles airport in a Sabena airlines jet full of nuns back to Manhattan. There were lots of Germans in Laguna Beach, but I do not recall having anyone tell me they were Belgium. CIO

Note: <888> 01/30/04 Friday 9:40 A.M.: Ronald Reagan books on sale
<https://www.reaganfoundation.org/> and
https://www.reaganfoundation.org/store/products.asp?subcat_id=39 . CIO

Note: <888> 01/30/04 Friday 9:25 A.M.: I rested after the last message. I chatted with a friend around 6:40 A.M.. I was awake at 8:45 A.M.. I watched some television. CIO

Note: <888> 01/30/04 Friday 4:35 A.M.: I will now put the computer on standby, and I will rest for a while. CIO

Note: <888> 01/30/04 Friday 4:20 A.M.: [Greenwich Time - Bush nets \\$1.1M in return to Greenwich](#) . CIO

Note: <888> 01/30/04 Friday 4:15 A.M.: I made up a fresh batch of homemade hummus www.geocities.com/mikelscott/hummus.htm . I used a 6.5 dry ounce can of California medium black pitted olives in the hummus with all of the other usual ingredients. I then made my usual salad www.geocities.com/mikelscott/salad.htm , which for the cheddar cheese portion, I used Cabot's www.cabotcheese.com 50% lean Vermont cheddar cheese. For the grated parmesan cheese portion recently, I have been using Stop and Shop fat free grated parmesan cheese. I had the salad with a glass of iced tea. CIO

Note: <888> 01/30/04 Friday 2:55 A.M.: I was up at 10 P.M., and I chatted with a relative. The local television channels 3 and 8 on the 11 P.M. news reported the President Bush had a successful fundraiser at the Hyatt Hotel in Old Greenwich,

Connecticut. He talked about his days at Yale University www.yale.edu. The local republican party raised \$1.1 million dollars for President Bush's reelection effort <http://www.georgewbush.com/> at the \$2,000 a person fund raiser. They served roast beef sandwiches. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I chatted with the same relative again. I cleaned up, and I went out to downtown Greenwich. The Greenwich Avenue area was blocked off for snow removal by the ever efficient department of public works. I drove down Milbank Avenue, and I parked at the Wachovia Bank on Benedict Place. There were several dozens of large dump trucks with snow plows and other snow removal equipment. Greenwich Avenue by that time of 12:30 A.M. was mostly cleared of snow as well as the sidewalks and side streets, but there were still long rows of piles of snow in the middle of the side streets that had to be removed into trucks for disposal. Coming back, it looked like they were dumping snow at the Holly Hill transfer station, and possibly at Grass Island as usual. I walked the entire length of Greenwich Avenue including the train station area, and I sat out at various locations. They are still at this time have quite a bit of piled up snow to remove off the downtown area, and they are also working on the side street areas. They are also salting the roads. I returned to my car, and since the train station area was blocked by the snow removal operations, I drove back up to Putnam Avenue, and I drove back by the Town Hall, and I drove down by the waterfront and the south side of the train station area. I then drove through Bruce Park to see if there were any wolves or coyotes prowling around. I just now returned home, and I drank some iced tea. At the moment, it is 14 degrees Fahrenheit with a wind-chill of 1 degrees Fahrenheit <http://www.weather.com/weather/local/06830>. CIO

Note: <888> 01/29/04 Thursday 4:50 P.M.: I went out after the last message. I went downtown, and I stopped by the Merry Go Round Mews thrift shop. They have one of those India Elephant ceramics on display. I then sat out briefly downtown. I then drove down by the waterfront. I next went by the Greenwich Hospital Thrift shop, and I bought a package of 24 Nantucket cocktail napkins with the Nantucket flag of a harpooned whale for .50 for the entire package. I then made my usual 3 P.M. appointment. I came back directly home, because with the impending Presidential visit of the President of the United States of America and whomever else he might bring with him, I suppose they will be increasing security in the area, and they will be shutting down major highways in the area to facilitate his transportation. I suppose we should go to the top most security level. I remember seeing a Presidential visit for Congressman Stewart McKinney's funeral in this area, and when all the Congress was there too, they closed off all of Interstate 95 from the airport to Southport, Connecticut. Since all we know is what is in the Greenwich Time www.greenwichtime.com, I would imagine the other side of town and the adjacent airport will be a little bit busy. It says the President will be arriving in Air Force One, but it will not be the blue 757, since we all know a 757 can not fit into such an airport. Air Force One is the call sign for any plane or jet the President may chose to fly on, so if he chose to visit on the Wright Brother's biplane, it would be called Air Force One. I am not an expert on the republican party here in town, and I suppose we will have a number other visiting dignitaries from other neighboring communities. I use to show up and observe at such events in Manhattan many times in the old days, but since I have been up since 9 P.M. last night, and since I generally do not try to observe after

being awake for more than 18 hours, I will not be present at the fundraiser, but I am sure I will have a few friends representing me at such an important event. Since as a volunteer in an international community, I am somewhat aware of the international nature of this community, I would imagine a number of the curious are not politically involved, but well informed foreign residents, whom would probably like to get a glimpse of the Presidential entourage. Basically from what I remember in the old days at the Waldorf Astoria, when one would see 5,000 White shirted gold shield senior New York police officers standing around the Hotel and its interior, New York City use to provide ample security. Thus I would imagine Greenwich and the state of Connecticut being part of such a large metropolis will be amply prepared to receive the Presidential entourage. Since there are more than likely other people in the area whom bare a faint resemblance to the President, more than likely when the Presidents show up, one will see how many people he has working with him, even when he is on the road. We have a clear and cool sun shiny afternoon with a temperature of 22 degrees Fahrenheit, so more than likely it will be a colder weather group of people out observing. However, from the last time I viewed the interior of the Hyatt Hotel about three years ago, there were quite a few people from tropical locations working there in that although it is a business hotel, the Hyatt has a number of tropical resorts in their hotel chain. I have never stayed at the Hyatt Hotel in Greenwich, and the only Hyatt Hotel I ever stayed at was in Lahaina, Maui, Hawaii <http://maui.hyatt.com/property/index.jhtml> the week after I saw former President Bush get the vice presidential nomination around August 1980, when Houston was hit by a hurricane. Kennebunkport to Maui in a week was about as far as my independent campaign resources would take me, and when I got to Maui in August, I turned on the air conditioner full blast, and I did not leave the hotel for the week that I was there enjoying the ambience of the Hyatt hospitality. The last VIP I remember seeing at the Hyatt was Margaret Thatcher when she visited after she was Prime Minister. If I am not mistaken the Hyatt Hotel in Old Greenwich is half owned by a Japanese group, but that might have changed over the years. Well, with all my local knowledge and computer expertise, unfortunately after 10 years of looking at computer monitors this time around, I am a bit cross eyed and near sighted, so if I tried observing, I would be like Mr. McGoo the cartoon character. More than likely a few other people in this corporate computer environment are like myself, so I have a feeling that since this is a Bush family hometown, the President's people know their way around. Well, I did eat a Nature's Valley granola bar a couple of hours before the soup. I think I will now eat another one, and I will now also shut down the computer, and I will go to bed soon, since I am quite tired. Have a good night, and I hope the visitors enjoy themselves. I will put the Nantucket napkins on the Danish bar. CIO

Note: <888> 01/29/04 Thursday 12:55 P.M.: I burned two CDs of the Favorites' *.zip files for backup. I heated and ate a 18.5 ounce can of Campbell's Chunky New England Clam Chowder, which I ate with a glass of iced tea. I will now shut down the computer, and I will relax briefly before getting ready to go out for my 3 P.M. appointment. CIO

Note: <888> 01/29/04 Thursday 12:05 P.M.: I checked my mail. CIO

Note: <888> 01/29/04 Thursday 10:45 A.M.: I rested for an hour. I uploaded *.zip files of my Favorite URLs, so one can download them. I have not worked too hard on them for about two years, but still there is a lot of useful information. The URL download page is <http://www.geocities.com/mikelscott/favurl.htm> . I chatted with a relative.

Note: <888> 01/29/04 Thursday 7:10 A.M.: I chatted with a friend. I will now shut down the computer. I have a 3 P.M. appointment today. CIO

Note: <888> 01/29/04 Thursday 6:20 A.M.: On the Dell backup computer, Link Sweeper completed running, but because it is a slower processor at 366 MHz Pentium II with 384 megs of memory, it failed to save the broken links in a separate broken links folder, so all of the broken links are still in their original folders. There were 8,331 broken links (status 404), 3,445 moved links (status 301), 1996 invalid hosts for a total of 13,772 broken links of a total of 75,406. 22% were broken. Thus the Favorites in the Dell backup computer are still the same and have not been changed. I also ran Ad-aware 6.0. CIO

Note: <888> 01/29/04 Thursday 6:00 A.M.: On the primary computer, Link Sweeper had already save the Favorites and Broken links when I posted the last note, it just did not show it in the Link Sweeper interface. I organized all the links in my Broken Links folder in the Favorites folder into Alphabetical folders and a IBM, Microsoft, NASA, "0+num" numeric folder. Thus the broken links are still available for examination on the primary computer. I might save them and burn them to CD, and put them on the Dell backup computer, or I just might delete the broken ones on the Dell backup computer. Since sometimes links are broken because of servers are down or other technical reasons, they will still be available to examine on the primary computer Favorites folder. The Dell backup computer is about 60% though checking the Favorites. CIO

Note: <888> 01/29/04 Thursday 4:45 A.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I made the salad with all of the usual ingredients except I used six olives instead of eight olives. I used Cabot's www.cabotcheese.com 50% less fat Vermont cheddar cheese for the cheddar cheese portion. I had the salad with iced tea. The link checking feature on Link Sweeper on the primary computer has finished running, and it is now saving the Favorites which takes a while. Of the over 76,000 Favorites in my Internet Explorer Favorites, there were 9,796 broken links (status 404), 3,758 moved links (status 301), and 2,358 invalid hosts for 15,912 total broken links of a total of 74,273 Favorites. Thus about 20% of the Favorite links were broken. The Link Sweeper program has been in the process of saving the Favorites for about 10 minutes, so it will probably take a while with some many links. The Link Sweeper program on the Dell backup computer is about 45% through checking the links, since it is a slower computer. CIO

Note: <888> 01/29/04 Thursday 3:35 A.M.: I am running Link Sweeper on the Favorites on the primary and Dell backup computers. I set the primary to 100 links at a time with 15 second timeout and the Dell backup computer since it is slower computer to 30 links at a time with 15 second time out. CIO

Note: <888> 01/29/04 Thursday 2:35 A.M.: I made and drank a cup of coffee. CIO

Note: <888> 01/29/04 Thursday 1:40 A.M.: Today is suppose to be a momentous day in the history of Greenwich, Connecticut with the President of the United States of America www.whitehouse.gov showing up for a fund raiser at the Hyatt Hotel in Old Greenwich, Connecticut. Alas to go to a fund raiser, one has to have money, and since I live on a limited budget, I will not be attending. However, if I am not mistaken, the corporate Big Wheel types and Fat Cats get paid on the last Thursday of the month, so they should be flush with cash, so they can afford to attend the event. On a lesser note, I went out after the last message, and I went by the Stop and Shop, and I bought a 10 ounce bag of fresh spinach for \$1.99. I then went downtown, and I walked the entire length of Greenwich Avenue. I first though used my snow brush, I keep in my Hyundai to clean of the snow from the bench from the north side of the veterans monument across from the senior center and from the benches in front of the post office and the senior center. Still some of the benches have snow piled up around them, so they are not easily accessible. I completed my walk of the length of Greenwich Avenue including the train station area. Plows were out working on clearing the roads, parking lots, and sidewalks. I am not sure whether, they are going to clear off the snow off Greenwich Avenue this morning or tomorrow morning. I put the wreath that had fallen from the tripod at the veterans monument at the base of the veterans monument, where it usually is. I drove down by the waterfront. There is so much snow piled up at the end of Steamboat Road, it would be very difficult to climb over it to make it out on the pier. I recall one of the regular fishermen telling me he was going to New Smyrna, Florida for the winter. I next went by the Shell Station on West Putnam Avenue, and I bought a package of Basic Lights 100s cigarettes for \$5 total. I then returned home. The primary computer with two 19 inch monitors started up without any problem. I drank some iced tea. While I was sitting on the bench at the north side of the veterans monument across from the senior center, and I looked up in the sky to the southeast, and there is a star or planet visible. Since no other stars were visible, and since the reason for the Mars Rover is that Mars is at its closest in 60,000 years or 220 million miles away, more than likely what one can see clearly visible in the southeastern sky might be the planet Mars. Of course there use to be an office on Steamboat Road called Mars Inc., but I am not sure if they are still there anymore. CIO

Note: <888> 01/28/04 Wednesday 10:00 P.M.: After breakfast I checked my mail. I received my NEON Energy Assistance grant letter, and I will be receiving \$535 this year. Of course it takes a couple of months until the money is actually put in my electricity account at Northeast Utilities. When using the two monitor system, the left most monitor is the primary monitor with the icons. For some reason Windows Media and Real video only shows up on the left monitor, and one can not slide it over to the center right monitor. When moving programs from left to right, one needs to click on the upper right corner center icon of the three icons on a program screen to minimize the program half way, and then move it from left to right or vice a versa. Then one can maximize it in the right center monitor. One should also move the programs back to the left primary monitor before closing them out, so when one reopens them again, they open in the left primary monitor. I will now shut down the computer, and I will clean up, and I will go out for some fresh air. CIO

Note: <888> 01/28/04 Wednesday 9:10 P.M.: I just woke up. I booted the primary computer with the two 19 inch monitors, and it boots up with the left 19 inch CompUSA monitor showing the boot up screen. I had the Iiyama 19 inch monitor also turned on, and about half way through the boot up process, the Iiyama monitor went through a signal recognition sequence, and it too was working properly with the yellow monitor light changing to green to show that it was working with the system, and when the system is first booted, the center Iiyama monitor screen is blue, and one can move over programs from the left monitor to the center monitor for multitasking. Well, I guess that has solved my Iiyama monitor cold boot problem. I guess once the computer is in the boot sequence, it gives out the correct signal to the Iiyama monitor which is the secondary monitor. I will now eat some oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I recently have been putting in two ounces of grapefruit juice in with eight ounces of orange juice. One is not suppose to drink grapefruit juice with Lipitor, but I figure a little bit would not hurt. CIO

Note: <888> 01/28/04 Wednesday 8:20 A.M.: I will now shut down the primary computer, and I will watch a bit of television before going to bed. CIO

Note: <888> 01/28/04 Wednesday 8:15 A.M.: I brushed the snow off my Hyundai. The driveway in front has been plowed, but there was about 2 feet of plowed snow in front of the cars, so I shoveled off the snow in front of my car, and I put it in the pile on the other side of the driveway. The building custodian is using his plow to clean off the walks. I heated and ate a 18.5 ounce can of Progresso New England clam chowder, which I ate with iced tea. CIO

Note: <888> 01/28/04 Wednesday 7:10 A.M.: I chatted with a friend. I will now bundle up in some warm clothes and go outside and clean the snow off my Hyundai. CIO

Note: <888> 01/28/04 Wednesday 6:30 A.M.: I went through the first half of www.geocities.com/mikelscott/scotwork.htm . CIO

Note: <888> 01/28/04 Wednesday 5:50 A.M.: I ate of bowl of corn chips with iced tea. I am watching and listening to on the left monitor German news in English <http://rd01.tbn.de/ramgen/live/dwelle/dwelle-video-dsl.rm> . CIO

Note: <888> 01/28/04 Wednesday 5:25 A.M.: I put the Lindbergh radio that was on top of the AMD backup computer monitor on the Danish desk in the bedroom on top of the IBM Cyrix backup computer CPU on the left side of the Danish desk on the Danish end table. I moved a family picture frame holder to on top of the monitor. CIO

Note: <888> 01/28/04 Wednesday 4:40 A.M.: I did a Guest logon on the primary computer to make sure both monitors work, which they do. I went downstairs by the front entrance, and I measured the snow in several locations, and there is about seven to closer to eight inches of fresh snow. Presently there are very light flurries. CIO

Note: <888> 01/28/04 Wednesday 4:20 A.M.: I finished going through my email. CIO

Note: <888> 01/28/04 Wednesday 3:40 A.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I made it with all the usual ingredients including six olives instead of eight olives, and I used Cabot's www.cabotcheese.com 50% less fat Vermont cheddar cheese. I had the salad with a glass of iced tea. On Monday night when I was walking Greenwich Avenue, I noticed that CVS had a number of wooden pink flamingoes in their store windows along with Coca Cola bottles. If I am not mistaken Coca Cola is not solely a southern company, but the parent company www.coke.com in Atlanta also owns the New York State franchise which used to have headquarters in Greenwich by the Boys Club before they moved back into Manhattan. CIO

Note: <888> 01/28/04 Wednesday 2:45 A.M.: I looked out the side door downstairs, and there is about five inches of fresh snow, but it currently is not snowing. I hung the headset for the Columbia 2.4 gigahertz cordless telephone in between the two 19 inch monitors, so it available to use with the Columbia cordless phone just to the left of the keyboard. CIO

Note: <888> 01/28/04 Wednesday 2:30 A.M.: I shut down the Dell backup computer. I arranged the two duck placemats on the dining room table, so the first one is at an angle as one faces it from the apartment entrance, and the other faces across the table towards the wall. The first spot on an angle is where I will be eating regularly, and one's feet will have to straddle the pedestal of the dining room table on the floor. I also arranged the items on the dining room table, so it has the same busy look as before. CIO

Note: <888> 01/28/04 Wednesday 2:10 A.M.: I disconnected the Royal 17 inch monitor from the IBM Cyrix in the bedroom on the Danish desk, and I put it with the AMD backup computer. Thus the IBM Cyrix does not have a monitor. However, I doubt if I will be using it anytime soon. I put the Sterling V92 56K PCI modem in its box, and I will leave it on the right back side of the white bureau in the bedroom with the other computer items. CIO

Note: <888> 01/28/04 Wednesday 1:50 A.M.: I have the Dell backup computer back together and connected up. I set the onboard video in the CMOS for video init to AGP and 256 meg aperture and no VGA probing. The onboard video has 8 megs of memory, and it is all configured for both systems, and it is running just fine with the Dell Trinitron 1025TM monitor with the onboard ATI Mach64 video. It actually seems to be a bit faster and better quality than the previous setup. CIO

Note: <888> 01/28/04 Wednesday 1:00 A.M.: I label the lower control panel computer switch as "Center Monitor". I put a piece of Scotch tape over the label, so it does not smudge. I took the two paper trays out of the HP Laser Jet II laser printer, and I put them on top of the printer, so they do not protrude into the kitchen entrance way. I only use the HP LaserJet IID printer every four months when I print out my random notes, and although I have other laser printers, it is a heavy duty laser printer with about 2,000 pages left on the fairly new HP 95A cartridge that I bought two years ago for \$100 at Office Depot in Scarsdale, New York. I put the pink floral design Chinese basin inside the

larger blue and yellow Chinese basin which is on the center back of the long mahogany bureau in the living room overlooking the living room sitting area, and I put the large Golden Pathos plant inside the basins. I have had that plant for about 20 years, from the first year that I moved on Steamboat Road 20 years ago, and I have replanted it a couple of times, and it is currently in a large 15 inch terracotta pot. I put the glass bowl and Revere silver plate bowl and the large Revere silver plate bowl with lid on the right front of the mahogany bureau by the day bed. I put the Nantucket ashtray on top of the display case on the front center of the mahogany bureau with the Greek Parthenon silver plate box on top of it. I put each my two Swiss flags on the center top of each of the 19 inch monitors along with the wireless mouse remote sender which is turned off and the Vibra web cam. CIO

Note: <888> 01/28/04 Wednesday 12:25 A.M.: I moved the large pathos plant with the Chinese basin from the dining room table to on top of the other Chinese basin on the long mahogany bureau. I put the Revere silver plate bowl with top on top of the Nantucket ashtray on the right side of the mahogany bureau. I rotated the HP LaserJet IID laser printer 90 degrees clockwise and pulled it forward, so it faces out towards the kitchen entrance sitting on the dining room table. I disconnected my Dell backup computer, and I opened up the case, and I took out the Diamond Stealth 32 meg PCI video card. I opened up my primary Northgate Computer, and I took out the telephone modem, and I switched the LAN card over to the right most PCI slot, and I put the Diamond Stealth 32 meg PCI video card in the center PCI slot, so there is a bit of air space between the right most AGP slot video card. I have the Creative Live MP3+ card in the left most PCI slot which would also be the lowest PCI slot, so right would be highest when the CPU is upright. I use my antistatic wrist band for doing all of this. I had to put a new video cable connector screw which I had on the Diamond Stealth PCI video card. I closed up the primary computer case. I moved the CompUSA 19 inch monitor on a Encyclopedia Britannica 1962 year book on the dining room table just to the left of the primary computer monitor, so they are both at the same height. It is at about a 35 degrees angle to the primary computer. I connected the power cable to the CompUSA monitor to the primary upper control panel Computer monitor switch which says monitor, and I connected the Iiyama monitor to the lower control panel switch that says computer which I will rename with a slip of paper "center monitor". I connected the CompUSA 19 inch monitor to the Diamond Stealth 32 meg PCI card on the primary Northgate computer. I booted the primary computer, and I set in the CMOS "Display Init" from AGP to PCI. When the computer boots the left most CompUSA 19 inch monitor displays, which also has no boot up problems like the Iiyama monitor. The system recognized the two monitors and the television monitor for three monitors total. I set up the monitor display properties. I set the left side CompUSA 19 inch monitor to be the primary monitor with Desktop Icons. I have the Iiyama monitor as the center monitor which can display any programs that I move over on to it to work on. This way moving left to right is more natural than if I set it up the other way, plus one has a display with out monitor error when one boots. I guess when the system is cold, I will have to turn on the Iiyama monitor once the system is booted, and it should work fine, once it is turned on a time or two. I now have to put the Dell backup computer back together which I will use with its onboard AGP video, and I will take the Dell Trinitron monitor from the bedroom AMD

backup computer, and I will put it with the Dell backup computer. I will put one of the Dell HP monitors with the AMD backup computer, and I will move the Royal monitor from off of the CPU of IBM Cyrix backup computer to be with one of the HP backup computers. I also have to straighten up and arrange the dining room table. This will take some time. I am most pleased with the dual 19 inch monitor setup on the primary Northgate computer, and once one gets use to it, it should make multitasking easier. One has to remember to move the programs to the left adjacent desktop icon monitor when one closes them out, so one does not clutter the center monitor work area. Well, I feel like I have my own Wall Street trading setup or War room, when one has multiple monitors going. One can also display the primary monitor screen on the Orion television too. CIO

Note: <888> 01/27/04 Tuesday 10:35 P.M.: My Microsoft Investor <http://moneycentral.msn.com/investor/home.asp> stock market tracking portfolio is at an all time high. It is available for download from <http://www.geocities.com/mikelscott/scopor01.zip> . However, I do not recommend it as an investment portfolio, it is simply meant to track the average performance of the stock market not to out perform it. CIO

Note: <888> 01/27/04 Tuesday 10:30 P.M.: I went back to sleep until 9 P.M.. I chatted with a relative and a couple of friends. We presently have about 2.5 inches of fresh snow, and we are suppose to get more. Thus we could start a new computer club called "Siberia Sam's Computer Fans". I guess I could try to network on the internet, but I basically get more information from reading all the technological information out there. Since I am a high baud cable modem user, I get my information off the internet faster, so I can surf the internet faster. I have thought about putting the Diamond Stealth PCI 32 meg video card back into my primary computer, and then I would be able to run two 19 inch monitors with it. However, unless I moved the primary CPU to the left of the primary computer monitor on the dining room table, and then created another stack of items to put the second monitor to the right of the primary computer monitor. It would take a bit of time, and I am not sure if the second monitor would interfere with the television monitor I presently have set up. About the only benefit to setting it up that way would be to watch internet video on the right monitor while one surfed the web on the left monitor. It would also involve moving a lot of cables which might not reach the extra distance anyway. It is just a thought, but since I do not think I have the room to do it anyway, I will probably not do it. Also with the primary CPU set up the way it is, I have room to work on it when I occasionally have to attach cables and for other maintenance, which I do not think would be as easy if I put it on the dining room table. I basically need a bit more room to set up that configuration, which I do not have in my present limited area in the apartment. The 19 inch monitor weighs too much to put it on the CPU. I will think about it a minute, but more than likely I will leave it the way it is for now, since it works fine enough the way it is all set up presently. I could move the HP LaserJet IID printer from the dining room table and put the second monitor in its place, but I do not have any room to put the HP LaserJet IID laser printer which is quite large in another location where I could use it. I guess I could try moving it further towards the door, and then there would only be one place to eat at the dining table, but I

would then have to relocate my large pythos plant to the mahogany bureau too. Well think about it. I do not actually watch that much internet video since I do not have a Real subscription, and since I actually spend most of my time reading off the internet, so I am not sure it would be necessary anyway. Also when using the PCI card with my AGP card, the primary monitor has to be the PCI card as I recall, and I prefer using the current setup with the AGP card as the primary video card. CIO

Note: <888> 01/27/04 Tuesday 7:15 P.M.: Well, it is just beginning to snow out, so I will be in for the evening, unless it should quit early. The latest weather forecast is:

... WINTER STORM WARNING IN EFFECT TONIGHT...

AREAS OF FREEZING DRIZZLE... WILL CHANGE TO A MIX OF LIGHT SNOW AND SLEET THIS EVENING. BANDS OF HEAVY SNOW ARE FORECAST TO DEVELOP AFTER 8 PM... AND SPREAD NORTHEAST ACROSS THE REGION OVERNIGHT. SNOWFALL RATES MAY REACH 1 TO 2 INCHES PER HOUR WITHIN THE HEAVIER BANDS. SNOWFALL ACCUMULATIONS ARE FORECAST TO RANGE FROM 5 TO 10 INCHES BY SUNRISE WEDNESDAY. THE SNOW IS FORECAST TO TAPER OFF TO LIGHT SNOW LATE TONIGHT... BEFORE ENDING WEDNESDAY AFTERNOON.

ONCE AGAIN... THE STORM TOTAL SNOWFALL ACCUMULATIONS ARE FORECAST TO RANGE FROM 5 TO 10 INCHES ACROSS THE WARNED AREA.

I will now have breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. Stay warm. CIO

Note: <888> 01/27/04 Tuesday 7:00 P.M.: JAMA: The Journal of the American Medical Association and The Christian Science Monitor Daily Online Newspaper . CIO

Note: <888> 01/27/04 Tuesday 6:55 P.M.: The Iiyama monitor still does not start when it is turned on first, and then the primary computer is turned on. However, it still does start right up, when it is turned on about a second after the primary computer is turned on. I turned off "Sync on Green" in the monitor menu to try the next time it is cold. Well, it is not that big of a problem starting the computer, so I will just leave it as the primary monitor, since it is still a very good monitor. CIO

Note: <888> 01/27/04 Tuesday 2:35 P.M.: I had a call from a relative about 1 P.M.. I think I fixed the problem with the Iiyama Vision Master Pro 450 19 inch flat screen monitor starting up with the primary Northgate Computer. In the Syntax SV266M motherboard CMOS setup, I changed the CMOS setting for Primary Video Init Display from AGP to PCI. Since I have onboard AGP which I do not use, the AGP setting tries to start the onboard AGP first when booting the computer. Although I use the Mad Dog Multimedia Prowler MX-440-SE AGP 4x 64 meg.
<http://www.mdmm.com/products/graphics/mx440agp-se.asp> video card which is AGP, in the CMOS setting I have to set Primary Video Init Display to "PCI" since the card is an

AGP slot and not the onboard AGP. The setting is ambiguous, but I have a feeling I have it setup properly now. I also enabled on the menu of the Iiyama monitor the "Sync on Green" setting. I will now try to go back to sleep, and I will see if the computer starts up properly when I wake up, and it has not been start up in a couple of hours or more. CIO

Note: <888> 01/27/04 Tuesday 2:05 P.M.: I found this information on my Iiyama monitor <http://www.cosuk.com/trade/images/VMPRO450.pdf> . I turned off "Sync on Green" in the Iiyama monitor menu. I also "Reset" its settings. Possibly the problem is that I am starting the Iiyama monitor with the Power Control Panel switch instead of the monitor switch. Still for now, it is easy enough to start, if one starts it at the same moment as starting the computer. I will now go back to sleep for a while. CIO

Note: <888> 01/27/04 Tuesday 1:05 P.M.: I just chatted with a relative. I tried turning on the primary computer with the Iiyama monitor, but once again the Iiyama monitor did not start initially. However, when I turned it off for a few seconds at the control panel, and when I turned it on just as I was starting the primary computer, it does work. Thus I will leave it in place as is. It is easy enough to start. Basically one turns on the Iiyama monitor with the control panel switch just about a second after one turns on the primary Northgate computer. One does not need to let the monitor warm up. It is simple enough. I could try using a BNC five plug cable, but I do not feel like spending an additional \$30, and I do not think that would make a difference, but it would be even sharper. CIO

Note: <888> 01/27/04 Tuesday 7:50 A.M.: Well, there is not much going on in this neck of the woods, so I think I will shut down the computer, and I will go to bed soon. Wolf calls usually do not scare away wolves, but they attract wolves, so be careful about playing it. Of course, they probably still sell a beer up in North Salem, New York at the delicatessen near Interstate 684 at exit 7, called Nordic Wolf beer from Sweden. CIO

Note: <888> 01/27/04 Tuesday 7:25 A.M.: When you're sitting inside or outside on a cold snowy winter's night, and you think you're all alone, remember your friendly local wolf is still probably prowling this area like they have for thousands of years. Just in case you do not know what one sounds like try <http://www.geocities.com/mikelscott/wolf.wav> . I suppose they are still poking around this area despite the cold. CIO

Note: <888> 01/27/04 Tuesday 5:55 A.M.: I went through my email. CIO

Note: <888> 01/27/04 Tuesday 5:40 A.M.: I ate a half of a 12.5 ounce bag of Snyder's 40% less fat white corn tortilla chips, which I had with some iced tea. I tried unsuccessfully to install a couple of free Linux antivirus programs on the Dell backup computer Red Hat Linux 9.0 partition. CIO

Note: <888> 01/27/04 Tuesday 3:45 A.M.: Two snow storms may be converging on us [CNN.com](http://www.cnn.com) - [More snow and ice head east - Jan. 27, 2004](http://www.cnn.com) . CIO

Note: <888> 01/27/04 Tuesday 3:40 A.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I made it with all the usual ingredients, and I had it with a glass of iced tea. For the Cheddar cheese portion, I used Cabot's 50% less fat Vermont cheddar cheese. CIO

Note: <888> 01/27/04 Tuesday 2:20 A.M.: I have both 19 inch monitors switched around, and the Iymama monitor is on the primary Northgate computer, and the Compaq 19 inch monitor is on the Dell backup computer. The Iiyama since it is warmed up started right up, when I turned the computer on with Iiyama monitor turned on. It seemed to startup more smoothly, so possibly the CMOS settings made a difference. It did not make as much noise starting up as before. Well, we will see when we do a fresh start when I wake up later today after the primary computer has been shut down for two hours or more. However, I would almost be willing to bet that the problem is fixed with the CMOS settings adjusted. I think it was the CMOS setting being disabled for "PNP/OS" that fixed the problem. The CMOS settings for the Mad Dog video card just make it run better. CIO

Note: <888> 01/27/04 Tuesday 1:50 A.M.: One major difference between the Dell backup computer where the Iiyama monitor works and the primary Northgate computer is that to get Red Hat Linux 9.0 to work on the Dell computer, I had to disable "PNP/OS" in the CMOS. I just did this on the Northgate primary computer when I reset the CMOS settings. This means that the computer reads the BIOS settings from the CMOS and not the Operating System. I will go ahead and switch the monitors around, and when I restart later on today when the Iiyama monitor is not warmed up after sleeping hopefully the Iiyama monitor will work properly on the Northgate primary computer. CIO

Note: <888> 01/27/04 Tuesday 1:40 A.M.: I set my CMOS settings to the Syntax SV266M motherboard defaults, except I used the video settings in <http://www.mdmm.com/support/faq/graphics.asp> . The computer booted properly, and it is running just fine, and it seems more responsive. I had a lot of the CMOS settings for my Mad Dog Multimedia Prowler MX-440-SE AGP 4x 64 meg. video card wrong, so possibly the Iiyama monitor might now work on the system. In the CMOS instructions I have the "Init Display" setting set to "AGP", since I have an AGP card, but I am not sure if that means the onboard built-in AGP, or the card too. I do not want to try PCI, because as I recall, it would not show a screen, I would have to either clear the CMOS and reset the settings, or I would have to install my PCI video card from the Dell backup computer to get it to work, so I could reset it to AGP if PCI did not work. Thus I will not try it. When I get done working on the computers this morning, I might try switching the monitors around which is tedious to see if the Iiyama works on the primary computer when it is not warmed up when I restart when I wake up today, since if I tried it now with it working for a while on the Dell backup computer, it would start anyway. CIO

Note: <888> 01/27/04 Tuesday 12:25 A.M.: I did not fall asleep until about 10 A.M. this morning. I was up at 5 P.M., and I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went back to bed until 8 P.M.. I put the Acrylic navy blue knit cap on the shelf behind the apartment entrance door. It is

now clean and dry. I cleaned up, and I went out. I went downtown, and I walked the entire length of Greenwich Avenue. I sat out at various locations. I walked the train station area too. I then drove around the train station area and the waterfront. I have frequently walked and driven around the train station area for the last 20 years, but I do not mention it, since I consider it part of downtown. I next went by the Food Emporium, and I bought a half gallon of Florida Natural Ruby Red grapefruit juice for \$2. I then returned home. I drank some iced tea. I started up both the primary and the Dell backup computers. The Dell backup computer with the Diamond Stealth 32 meg PCI card seems to start up the Iiyama Vision Master Pro 450 19 inch monitor with flat screen without any problems. So maybe the problem on the primary computer was with my Mad Dog Multimedia Prowler MX-440-SE AGP 4x 64 meg.

<http://www.mdm.com/products/graphics/mx440agp-se.asp> video card. I will recheck these CMOS settings <http://www.mdm.com/support/faq/graphics.asp> , but the only problem I think there might have been was that on the Iiyama, I am using a 14 pin 15 pin cable, and maybe, it needs the 15th pin. However, it works fine on the Dell backup computer, so I will leave it there. I will recheck my Syntax SV266M motherboard CMOS values compared to the Mad Dog recommendations. It is suppose to start snowing late Tuesday afternoon into Wednesday morning, and we are suppose to get 6 to 10 inches of snow, so more than likely I will not be going out tomorrow night, and I will have to see what the conditions are like when I wake up late Wednesday afternoon or early Wednesday evening. CIO

Note: <888> 01/26/04 Monday 8:50 A.M.: Earlier I finished off one of the bags of Snyder's 40% reduced fat white corn tortilla chips. I ate them with ice tea. It is the Dutch perspective in this area that for the last 20 years, we have had large numbers of Germans using the old Zimmerman plan to invade the United States by entering this country by pretending to be Mexicans. When I first realized this 20 years ago, I had a neighbor here 15 years ago whom was an authentic Mexican who was a reporter for the Associated Press, and his family still lives in the area. Thus I guess, the Mexicans know whom is Mexican and whom is just German that lived in Mexico for a while and learned Spanish. It would have seemed by using an old outdated plan, they are no longer well adapted to the colder weather in this area that if they had come here directly from Germany without going through Mexico, they might be better adapted to the weather in this area. Since I have no influence over German Mexican affairs, I would recommend that they consult with their respective consulates in this area. I obviously speak neither German or Spanish, so I have very little familiarity with the complexities of their negotiations as far as their status in this area. Basically, so many people have seemed to misrepresent themselves as so called officials, that I dare say when the real ones show up, it will be extremely slow in this area. I have forewarned many people that with all the con artist activity on the internet that it reminds me of the 1920s when the Ma Barker gang impersonated so many government officials, diplomats, and key financial personnel that it eventually caused this country's economic collapse. I recently spoke about three months ago with a local businessman here, and I told him we probably needed the Attorney General from Illinois investigating local activities in this area, since they were the experts on this activity back in the 1920s. I have seen a number of Attorney Generals from Illinois over the years, but at the moment instead of the formidable men whom have

shown up before, no one has probably noticed this individual <http://www.ag.state.il.us/newsroom/news.htm> who looks like your ordinary house wife. Needless to say, with women in business and politics and the media, it sort of makes one wonder what all the men are doing. I guess there are quite a few of them down in Florida fishing trying to get away from the matriarchal dominance of American life. Well, I am tired, so I will probably go to bed soon. I will first shut down the computer. CIO

Note: <888> 01/26/04 Monday 8:10 A.M.: I have a friend whom attended school with me at Lake Forest College and later when I was in Florence, Italy when we had traffic problems. A friend and I were later his witnesses at his wedding in Greece. He was very good at kicking in fenders on Fiats with Harley Davidson boots that he wore all the time, when he walked around Florence, Italy. I heard about 20 years ago, he was a law enforcement officer in Colorado, so I guess he is equally effective there. I guess he could have fun kicking in fenders on Rolls Royces, Mercedes Benz, BMWs, and other types of prestige automobiles. Of course, more than likely to employ somebody like that to work in this area would mean having to impose MARSHALL LAW, so I guess if that is what it takes, we will simply have to do it. I read recently that Wackenhut Security <http://www.wackenhut.com/> is now being used to protect U.S. Military facilities, so the National Guard will be available for other duties. I suppose they are an equally effective group. However, one would have to have private money to employ them, and since the U.S. Military is already being paid to protect us, it would seem it would be far cheaper to employ Marshall Law to enforce equal security to the citizens of Greenwich, Connecticut. It might seem extreme, but I have a feeling that it would be cheaper in the long run, since we are at a key transportation and communications hub in this hemisphere. To the uninformed whom sit in back country and rarely go out in the downtown environment, this may not make sense, but I would imagine most of the skilled observers in the downtown area would agree. Whatever, the case our most regular military observer in this area has been noticeably absent for some time in this area. An ounce of prevention is better than a pound of trouble. CIO

Note: <888> 01/26/04 Monday 7:25 A.M.: Since this area is subject to high winds, I suppose the tripods that hold the floral arrangements at the veterans monument frequently fall over. On a more interesting engineering note, about a month ago, when we had winds of over 50 miles and hour, I noticed the traffic signs downtown and at the Greenwich Town Hall parking lot were being blown over in the high winds. The signs that blew over were based in heavy metal wheel hubs that were about 15 inches in diameter. However, I did notice at the intersection of Arch street and Greenwich Avenue, the two stop signs there did not blow over, and they were based in large truck tires filled with cement, which are much heavier. On a note of caution, the nightly drivers whom still are not familiar with the area continue to drive through the stop signs downtown without stopping which is a hazard to pedestrians whom might expect them to stop. The other night three cars in a row drove through the stop sign at Greenwich Avenue where it intersects Arch street. This tends to be a very busy intersection, so I would recommend to people when crossing at that intersection at night to wait for all traffic to come to a complete stand still before trying to cross. I guess the commuters in back country are in such a rush to get to Manhattan that they zoom through town very

fast, and they frequently are not aware of their neighbors downtown. Since frequently the people downtown could be major stockholders inspecting their investments, I would recommend to the hurried managerial types that their positions will be in jeopardy if they continued their hurried ways. Basically, I would still recommend installing traffic lights downtown that could be turned on when the traffic officers are not on duty. This is a common practice in the New York City area, so just because we are in the quaint country state of Connecticut, it does not mean that we are not close to the metropolitan area of New York and its increased traffic. It would seem to me the local Greenwich and Connecticut officials are being derelict in their duties in not installing the traffic lights that could be turned on and off. I suppose Connecticut is no longer the insurance state anymore, since it would seem that the insurance industry with all of its lobbying capability is not able to convince the local and state officials to install the traffic lights. Basically every time the subject is brought up, some standard reply is given, and we all know it has been studied long enough. If it were my decision, I would chain the First Selectman of Greenwich, Connecticut and the Governor of Connecticut to the bench down at Greenwich Avenue and Arch street for 20 years, so they could see the error of their ways. CIO

Note: <888> 01/26/04 Monday 6:40 A.M.: In typing today, a lot of us still use the QWERTY pattern <http://home.earthlink.net/~dcrehr/whyqwert.html> instead of Dvorak keyboard layout <http://www.mwbrooks.com/dvorak/> which is suppose to be more efficient. The QWERTY pattern was for typewriters, so keys next to each other would not stick together. I guess at my advanced age of 53 years and nine months give or take a few days, I am like T Rex <http://www.pbs.org/wgbh/nova/trex/> stuck in my old ways. Still, I have not seen any Dvorak keyboards showing up in the thrift shop to try to learn them. However, I think one can change the keyboard pattern in the Windows XP operating system, and then I guess one would have to remove and refasten each key on the keyboard if that were possible which it might be on some keyboards. On a lesser note, when using the Red Hat Linux 9.0 operating system, one sets up and installs the operating system to the root account, which one uses only for system upgrades. Then one sets up sub accounts which one uses for one's individual programs and preferences. Thus by maintaining the integrity of the root account, one has better security on one's computer system. CIO

Note: <888> 01/26/04 Monday 6:25 A.M.: As a point of reference in the urban areas on the east and west coasts of the United States of America, there are a lot of bicoastal people whom do not pay much attention to the rest of the country in between, and they think they know it all. Frequently if one in their leisure time has time to explore the interior areas of the United States of America, one begins to realize that it is a quite formidable country in that there are large numbers of very large people whom one does not see very often in the coastal urban areas of the United States of America. I suppose if one has ever been to a Big Ten college football game, one would have seen their children anyway. Thus when one leaves the urban coastal areas of the United States of America, one should practice a modest level of diplomacy, since larger people in other areas tend to be very much in control of their environments. Whatever, the case smaller people like myself tend to be better at typing on keyboards, since a large person, would type

something like this. MNpoiqrwe iouasd ttwer tuio,mwer ddpior as;klj;lk ggpiopiosdf m,werbb tpio xcvpio,,wer tpio ttjhwier asuiosdf piof tyhweriourtttr xcvipyuimtretuyy. This is basically what happens when someone with large fingers press the keys on either side of a key and when typing, "Now is the time for all god men to come to the aid of their country", which is what some typing schools teach when learning the typing keyboard. At the local typing school at the Eastern Middle school here in Greenwich around the summer of 1965 I learned to type, and I learned to type with this phrase, "They quick brown fox jumped over the lazy dog." Thus if there is anyone trying to throw their weight around the typing pool, we can always use them for moving heavier office equipment. Of course besides attending that one summer course, I also had other educational and work experience, which younger people due to their age would not be expected to have. CIO

Note: <888> 01/26/04 Monday 5:40 A.M.: [Greenwich Time - National Geographic glances at central Greenwich](#) . CIO

Note: <888> 01/26/04 Monday 5:30 A.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm except I did not use blue cheese in it. For the cheddar cheese portion I used Cabot's www.cabotcheese.com 50% less fat Vermont cheddar cheese. I used all of the other regular ingredients, except I used 4 olives instead of 8 olives. I ate the salad with a glass of iced tea. I watched some NASA TV about the old days <http://www.nasa.gov/multimedia/nasatv/index.html> . I set up my primary domain logon instead of the Root domain on the Red Hat Linux 9.0 Dell backup computer. CIO

Note: <888> 01/26/04 Monday 3:30 A.M.: I made some minor corrections in the two uploads. I burned a copy of the Scott directory to CD, but the Dell backup computer would not read it, so I installed the Scott directory by downloading it and installing it to the Red Hat Linux 9.0 partition. CIO

Note: <888> 01/26/04 Monday 1:25 A.M.: I had a call from a friend yesterday morning at 7 A.M.. I slept until 5 P.M., and I then had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went back to bed until 8 P.M.. I ate a Quaker low fat white cheddar flavored corn cake with some iced tea. I then chatted with a friend and a relative. I then heated and ate a Campbell's Chunky 18.5 ounce can of New England clam chowder, which I ate with a glass of iced tea. I then dressed up warmly, and I went downtown to Greenwich Avenue for a walk. I walked the entire length of Greenwich Avenue, and I sat out at various locations. While sitting on the bench on the north side of the veterans monument across from the senior center, I noticed the stands for two wreaths laid for veterans' holidays had fallen over, so I uprighted the stands and put the wreaths back on the stands. Since this area tends to be quite windy at times, the stands will not probably stay upright too long, but for now it all looks better. I then drove down by the waterfront. I then returned home at midnight. I then took my interactive directory <http://www.geocities.com/mikelscott/scotlist.htm> , and I renamed all the files to lower case, so it should work on a local hard drive with a case sensitive web browser such as Mozilla in Red Hat Linux 9.0. It is available for download from

<http://www.geocities.com/mike2scott2003/scott008.zip> . I also posted the copy of the downloadable U.S.A. Department of Defense directory <http://www.geocities.com/mikelscott/dod.htm> , and it is available from <http://www.geocities.com/mike2scott2003/dod01.zip> . I will now put the lower case directory on my Dell backup computer Red Hat Linux 9.0 partition to have available for use. It is currently 14 degrees Fahrenheit with a wind-chill of 6 degrees Fahrenheit <http://www.weather.com/weather/local/06830> . CIO

Note: <888> 01/25/04 Sunday 5:25 A.M.: I ate three bowls of corn chips and drank some ice tea while listening to the NASA feed. It is currently 5 degrees Fahrenheit with a wind-chill of -11 degrees Fahrenheit <http://www.weather.com/weather/local/06830> . I will now shut down the computer, and I will go to bed soon. Stay warm. CIO

Note: <888> 01/25/04 Sunday 5:10 A.M.: I updated www.geocities.com/mikelscott/nasa.htm . CIO

Note: <888> 01/25/04 Sunday 4:20 A.M.: I have been watching the kids play "Space" on NASA TV <http://www.nasa.gov/multimedia/nasatv/index.html> . I guess they did not end up sleeping in their cars when they took off to California with their laptops. I never had a chance to visit Pasadena or Cal Tech <http://www.caltech.edu/> on my four or five visits to California 26 to 24 years ago, so I guess whatever they do there, I missed out on. However, since I was last out there, I would imagine a whole generation of children have grown up. Of course we have better communications today than the old days in the mid 1950s in Decatur, Alabama near the Huntsville, Alabama Redstone now the Marshall Space Center. I did make it around MIT www.mit.edu until 31 years ago. I even saw a bit of CoCo beach, but Texas is such a large state, I never saw what sort of facility they have there. We're pretty backwards and old fashioned in this old yankee state of Connecticut, but I am sure the more modern Californian people if they come out here this time of year would be spending a bit of wampum on cold weather clothes compared to what they're use to in the warmer weather of California. It seems they have succeeded again taking pictures of Rocks on Mars, but I suppose we will let the public relations department handle that information. CIO

Note: <888> 01/25/04 Sunday 2:10 A.M.: I checked the status of my Minolta QMS PagePro 1250W laser printer \$70 rebate, and the site said the rebate has been fulfilled, and I should receive it in 10 to 15 days. Back in the old days in Greenwich, when we were younger and fitter, we use to have a "Freezing Norwegian" patrol on very cold nights and early mornings to make sure everything was all right. However, on a limited budget, I would rather save the energy instead of cruising around. Basically, the energy to cruise around for an hour can keep one's apartment warm and comfortable for probably a whole day. Still, I have been out already today, so I would imagine there are probably still some late risers out and about this morning. There are still slippery spots of ice on the sidewalks on Greenwich Avenue, so one has to be vigilant when walking downtown. I guess they salt the spots, and the ice melts and refreezes again. CIO

Note: <888> 01/25/04 Sunday 1:45 A.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm. I used all of the usual ingredients except blue cheese. I used four olives instead of eight olives. I also used Cabot's 50% less fat Vermont cheese for the cheddar cheese portion. I had the salad with iced tea. CIO

Note: <888> 01/25/04 Sunday 12:50 A.M.: Earlier this previous afternoon, I woke up briefly at 2:30 P.M., and I took the fully charged Radio Shack metal hydride 9 volt battery out of the Radio Shack battery charger by the Orion television in the living room, and I put it back in the Realistic transistor radio, which I keep on the top left side shelf of the blue bookcase cupboard at the kitchen entrance. I switched the Radio Shack charger back to Nickel Cadmium for future use with the Emerson wireless headphones which I use with AAA Radio Shack Nickel Cadmium rechargeable batteries. CIO

Note: <888> 01/25/04 Sunday 12:40 A.M.: I put away the laundry. I put the two new boxes of Christmas card on the lower right of the lowest shelf in the left most bookcase in the hallway along with all the other spare Christmas cards I had in my lower right living room desk drawer. I have quite a lot of Christmas cards for future use now. CIO

Note: <888> 01/24/04 Saturday 11:40 P.M.: I was awake at 5 P.M. today. I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I put clean linens on the bed in the bedroom. I cleaned up, and I went out. I went by the Exxon gasoline station next to the Greenwich Library, and I bought \$4.25 of regular unleaded gasoline at \$1.899 a gallon for about 24 miles per gallon. I then went downtown, and I walked the entire length of Greenwich Avenue including the train station. At the crosswalk at Railroad Avenue, I found a navy blue 100% Acrylic knit cap made in Taiwan. I stopped by CVS during my walk, and I bought two boxes of 18 Santa Claus Christmas cards and envelopes for 90% off for .49 a box plus .06 tax for \$1.04 total. I sat out at various locations. I used the bathroom at the beginning of the walk at the Senior and Arts center, and I used the bathroom again at Starbucks. After completing my walk, I drove down by the waterfront and the train station area. I then went by the Food Emporium, and I bought two half gallons of Florida Natural orange juice with calcium for \$2 each, a large bunch of Foxy broccoli for \$1.50, and two 12.5 ounce bags of Snyder's white corn 40% less fat Tortilla chips for a \$1.50 a bag, less \$1.21 Food Emporium bonus points on the orange juice for \$7.29 total. I used the bathroom again at the Food Emporium. The cold seems to make me have to go to the bathroom more frequently. I then returned home. I put away my groceries, and I drank some iced tea. I started two loads of laundry, and I have 15 minutes to go on the dry cycle. I decided the bootup procedure on the primary computer with Iiyama monitor was tedious, so I changed the 5 year old CompUSA 19 inch monitor back to the primary computer, and I put the Iiyama Vision Master Pro 450 XGA 19 inch flat screen monitor on the Dell backup computer. I am just finishing configuring them for their respective computers. I washed the blue navy 100% acrylic knit cap with some generic Woolite type cleaner in my bathroom sink, and I have it drying from the shower rod. It will be a good backup knit cap. It is suppose to go down to 0 degrees Fahrenheit this morning with a wind-chill of -15 degrees Fahrenheit. It is currently <http://www.weather.com/weather/local/06830> 7 degrees Fahrenheit with a wind-chill of -11 degrees Fahrenheit. CIO

Note: <888> 01/24/04 Saturday 8:10 A.M.: I shut down the primary computer, and I unplugged the parallel cable plugged into it that was not being used. I connected it to the Dell backup computer parallel port and to the Epson Stylus Color 880 printer, and when I booted Red Hat Linux 9.0 it recognized it and installed it while it was booting. I did a couple of printouts with the Mozilla and Open Office, and the Epson printer works fine with it. I then shut down the Dell backup computer, and I disconnected its parallel cable to the Epson, but I left it by the rear of the Epson, and I reconnected the parallel cable that plugs into the switch box connected to the Siemens router printer driver. Thus I have the option of using the Epson Stylus Color 880 color printer with Red Hat Linux 9.0 on the Dell backup computer. I guess it does recognize plug and play devices all right. I will now shut down the primary computer, and I will go to bed soon. CIO

Note: <888> 01/24/04 Saturday 7:25 A.M.: On the Dell backup computer Red Hat Linux 9.0 partition, I tried setting up printers. The Minolta Pagepro 1250W printer will not work because it needs a Windows interface. The Epson Stylus Color 880 printer was not recognized either, although it is one of the options. The Red Hat Linux 9.0 program recognized the USB port for the Minolta printer but not the Epson printer. I suppose I could try the LPT port on the Dell backup computer, but I will try that at a later date. I chatted with a friend. CIO

Note: <888> 01/24/04 Saturday 4:55 A.M.: I took the two fully charge Radio Shack Nickel Cadmium AAA rechargeable batteries out of the charging position in the Radio Shack battery charger, and I left them inside the charger for future use with my Emerson wireless headphones. It is currently 10 degrees Fahrenheit with a wind-chill of 0 degrees Fahrenheit <http://www.weather.com/weather/local/06830> . I took the 9 Volt Radio Shack Nickel metal hydride rechargeable battery out of my Realistic transistor radio that I keep in my kitchen entrance blue book shelf pantry, and I changed the Radio Shack battery recharger from Nickel Cadmium which I use for my Radio Shack AAA Nickel Cadmium batteries to Nickel Metal Hydride, and I am charging the 9 volt battery, which should be done at 2:30 P.M.. CIO

End of Scott's Notes week of 01/24/04:

Note: <888> 01/24/04 Saturday 4:05 A.M.: I will now send out my weekly notes. CIO

Note: <888> 01/24/04 Saturday 3:50 A.M.: I finished going through my email. CIO

Note: <888> 01/24/04 Saturday 3:05 A.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I did not use broccoli or blue cheese. For the cheddar cheese portion, I used Cabot's <http://www.cabotcheese.com/> Vermont 50% reduced fat cheese. I used all of the other usual ingredients. I had the salad with a glass of iced tea. CIO

Note: <888> 01/24/04 Saturday 1:50 A.M.: After my coffee, I went through the accumulated mail on my bedroom desk most of which were school alumni mailings, and after sifting through it all, I threw most of it in my paper disposal waste basket, and I

went outside and put it in the paper disposal waste container. I will now fill out a congressional survey mailing that I received recently. The bedroom desk is a little bit better organized and neater. CIO

Note: <888> 01/24/04 Saturday 12:15 A.M.: I went out after the last message. I walked the entire length of Greenwich Avenue, and I sat out at various locations. I walked the train station area too. I then drove down by the waterfront. I just now returned home, and I drank some iced tea. On cold nights I turn on the two DeLonghi oil filled radiators to medium level at a temperature setting of 4 on a scale of 1 to 6. I also wear my heavy cranberry terry cloth robe over my casual sleeping clothes while in the apartment. One gets use to the cold weather up north, and it is not too bad. It is mostly in the fall when the weather first changes that one is bothered by the colder weather. Since I am on a limited budget, I chose not to use my limited funds for warmer activities like sitting in coffee shops drinking coffee, movies, restaurants, and pubs. However, I do have a quite comfortable well run apartment. I will now make a cup of coffee and drink it. CIO

Note: <888> 01/23/04 Friday 9:45 P.M.: I opened up another Food Emporium Eight O'clock 38 ounce bag of Hazelnut coffee beans, and I filled my Braun coffee bean grinder and three large mason type jars with the coffee beans. I keep one jar on the extreme left kitchen counter and two underneath the dining room table with the remaining unopened 38 ounce bag of Food Emporium Eight O'clock coffee beans. I chatted with a relative. I heated and ate a 18.5 ounce can of Campbell's Chunky New England clam chowder, which I had with some iced tea. I will now put the computer on standby. I will clean up, and I will go out for some fresh air. CIO

Note: <888> 01/23/04 Friday 9:00 P.M.: I was up at 2 P.M., and I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went back to bed until 6 P.M.. I checked my mail, and I had a holiday greetings letter from Vice President Richard Cheney <http://www.whitehouse.gov/vicepresident/> . I put it on the French cafe sculpture that I keep on my other cards on the wall to the right of the primary computer. I did my house cleaning and watering the plants. I put a new Hoover vacuum cleaner bag type C in the Hoover upright vacuum cleaner. I listened to 106.7 FM with my Emerson wireless headphones while doing the house cleaning. I am now recharging the used pair of Radio Shack AAA rechargeable batteries that I used, and I have a fully charged pair of AAA Radio Shack rechargeable batteries in the charger. It is currently 13 degrees Fahrenheit outside with a wind-chill of zero degrees Fahrenheit <http://www.weather.com/weather/local/06830> . CIO

Note: <888> 01/23/04 Friday 6:30 A.M.: I went through the top news part of www.geocities.com/mikelscott/scotwork.htm . I will now shut down the computer, and I will go to bed. CIO

Note: <888> 01/23/04 Friday 6:15 A.M.: I took the family photo file frame from on top of the Dell monitor for the AMD backup computer on the bedroom desk, and I put it on the AMD backup computer CPU. I moved the silver framed Canadian quarter with a front side of Queen Elizabeth II and the Radio Shack Digital clock, and I put them on the

IBM Cyrix CPU. I took the Lindbergh radio from the top of the mahogany bureau in the bedroom, and I put it on top of the Dell monitor for the AMD backup computer on the bedroom desk, and I connected it to the power strip on the desk. I move the tobacco pipes and pipe rack to on top of the oak bookcase on top of the mahogany bureau. I dusted off the top of mahogany bureau, and I put the HP LaserJet 4L laser printer on the left side of it. I put the stacks of glass globes on the right side back along with a glass ashtray with lighters. I put the vanity box on the left front of the top of the bureau with the backup Radio Shack NOAA weather warning radio on it. I do not have it turned on. I also put the pewter bowl with the spare eye glasses on the vanity box. I took out the two cases containing the ACER 486/SX 4 meg. laptop and the Compaq 486/DX 8 meg laptop, and I put them on the hamper at the bedroom door entrance. I took out a spare parallel cable from the black file box beneath the right side of the bedroom desk that contains computer cables, and I connected the parallel cable from the HP Kayak XA computer on the left side of the bedroom side board to the HP LaserJet 4L laser printer. I installed the drivers for it. I thus have it connected to a working computer. It works fine with it and is easily accessible. CIO

Note: <888> 01/23/04 Friday 3:55 A.M.: I ran the Sandra utility to diagnose my system, and it recommended me to turn off in the CMOS "VGA Palette Snooping" which I did. I had two copies of Microsoft Messenger starting on system startup, so I uninstalled one. I reinstalled the drivers for the Plantronics DSP 500 headset. I ran <http://www.pcpitstop.com/>, and I used their applet to change my Internet Explorer Active X security settings in Restricted Zones. CIO

Note: <888> 01/23/04 Friday 2:05 A.M.: Sandra download http://www.sisoftware.co.uk/index.html?dir=dload&location=sware_dl_x86&langx=en&a= and <http://msn.pcworld.com/howto/article/0,aid,114030,00.asp> . CIO

Note: <888> 01/23/04 Friday 1:45 A.M.: I went through my email. CIO

Note: <888> 01/23/04 Friday 12:55 A.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I did not use broccoli or blue cheese. For the cheddar cheese portion, I used Kraft Cracker barrel extra sharp 2% low fat cheese. I had the salad with iced tea. It is currently 17 degrees Fahrenheit with a wind-chill of 0 degrees Fahrenheit, and it is suppose to get colder down into single digits this morning and tomorrow night <http://www.weather.com/weather/local/06830> . CIO

Note: <888> 01/22/04 Thursday 11:55 P.M.: I went out after the last message. I went downtown, and I walked the entire length of Greenwich Avenue. I stopped by CVS, and I bought a 3 ounce jar of ground black pepper for .77 and a 1 ounce jar of Italian spices for .77 for \$1.54 total. I completed my walk, and I sat out at various places. I used my snow brush I keep in my Hyundai, and I cleaned off the snow off the four benches at the central Greenwich Post Office plaza. There use to be a fifth bench in the southwest corner of the circle, but someone whom was very strong broke off an arm of the cast iron bench about five years ago. I can not imagine someone slinging a sledge hammer at that particular location to break the bench. I also cleaned off the snow off the bench off the

bench on the south side of the veterans monument across from the senior center. I next drove by the lower level parking area of the central Greenwich train station and by the dumpster area, there was discarded an HP LaserJet 6P laser printer, a HP LaserJet 4L laser printer, both about five years old, and a dual level laser printer sheet feeder that did not fit either of the two printers. I retrieved them all. I then drove by the waterfront. I next went by the Greenwich Library, and I read the Greenwich Times. I then went by the Stop and Shop, and I bought a four pack of Bumble Bee solid white albacore tuna fish for \$2.99 all, four 18.8 ounce cans of Campbell's chunky New England clam chowder for .99 each can, a 6.5 ounce dry can of S&S medium black pitted California olives for .99, a quart of jar of S&S strawberry preserves for \$2.99, fresh plum tomatoes at \$1.99 a pound for \$2.05, a 16 ounce bag of baby carrots for \$1.99, and 10 ounces of fresh spinach for \$1.50 for \$16.47 total. I then returned home. I brought up the laser printers and sheet feeder with a cart I keep in my car, and then I brought up the groceries. I put away the groceries. I drank some iced tea. I set up the HP LaserJet 6P printer on my primary computer, and it worked properly. I printed out some test pages, and it has clear printout. I then took the miscellaneous papers and other items off my HP LaserJet IIP plus laser printer in the bedroom to the right of the AMD backup computer. I put them on the left side of the left night stand. I disconnect the HP LaserJet IIP Plus laser printer, and I removed the Microsoft font cartridge from it. I put the printer by the door to discard, since it does not feed properly except from the lower front shelf, and it produces a wrinkled copy, although it is a clear print out. I put the font cartridge on the dining room table in front of the HP LaserJet IID printer by its font cartridges where they are installed. I installed the HP LaserJet 6P printer in the same location to the right of the AMD backup computer. It has a switch that one has to set by the plug, since the plug door will not close with the non HP cable. I have the switch set on. The HP LaserJet 6P printer turns on from the AMD backup computer control panel. I loaded its lower paper drawer with fresh paper. I loaded the drivers for it, and it is set to work on the LPT1 port of the AMD backup computer on the bedroom desk. I then test the HP LaserJet 4L laser printer on the primary computer, and it works just fine with perfect printout too. I filled its paper drawer with fresh paper. I put it on top of the HP server monitor on the right side of the side board in the bedroom. I moved the large Long Island light bulb to on top of the Proscan television in the bedroom. I checked out the sheet feeder, and it is a generic sheet feeder with no company name on it. It did not fit any of my laser printers. Although it looks like a quality product. I removed paper from it, and along with the paper from the two HP laser printers, I have about 500 sheets of slightly wrinkled scrap paper, that I put in my bedroom window with the other scrap paper. I put out the old HP LaserJet IIP plus laser printer and the dual level sheet feeder by the left front of the dumpster outside. I put the cart back in my car. While doing all of this, I chatted for a while with a friend and a relative. CIO

Note: <888> 01/22/04 Thursday 4:50 P.M.: I was up at 1:30 P.M.. I had a message on my telephone answering machine. I drank orange juice with vitamins and supplements, and I ate a Nature's Valley granola bar. I cleaned up, and I made my 3 P.M. appointment. I returned home, and I had breakfast of oatmeal, toast with strawberry jam, orange juice, and coffee. I watched a bit of television. I will now go back out shortly after I make a telephone call. CIO

Note: <888> 01/22/04 Thursday 4:20 A.M.: I read two computer magazines. I did some regular computer work. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 01/22/04 Thursday 2:30 A.M.: I will now read some technical magazines that I have received in the last few weeks. CIO

Note: <888> 01/22/04 Thursday 1:50 A.M.: I went through my email. I watched some television. I ate some little candied hearts. CIO

Note: <888> 01/21/04 Wednesday 11:10 P.M.: I made up a batch of fresh hummus www.geocities.com/mikelscott/hummus.htm . For the garlic portion in the hummus instead of 6 to 8 medium cloves of garlic, I use one very large clove of elephant garlic, which would be about the same amount. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . This time instead of tuna fish, I sliced crosswise in 1/8th inch thick slices a cold garlic herbal boneless breast of chicken that I cooked two days ago. I did not use broccoli, and for the cheddar cheese portion, I used Cracker barrel extra sharp 2% low fat cheddar cheese. I did not use blue cheese. I used all of the other regular ingredients. I had the salad with a glass of iced tea. I ate a half dozen heart candies. CIO

Note: <888> 01/21/04 Wednesday 9:45 P.M.: I did not fall asleep until about 7 A.M. this morning. I ate two Quaker low fat white cheddar cheese flavored corn cakes with some iced tea. I also chatted with a friend. I was up at 2 P.M., and I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went back to bed until 6 P.M.. I showered and cleaned up. I went out, and I cleaned the snow off the benches in front of the building I live in with a snow brush from my Hyundai. I then went downtown, and I went by CVS, and I picked up a prescription at a \$1.50 cost. I then went drove further down Greenwich Avenue, and I walked the entire length of Greenwich Avenue. I sat out at various locations. I stopped by CVS again, and they have in their center aisle a large assortment of St. Valentine's candy. I bought a 21.5 ounce bag of Brach's small conversation hearts for \$1.99 plus .12 tax for \$2.11 total. I then completed my walk. I next drove down by the waterfront. I then returned home. I drank some iced tea. I put the Brach's small conversation hearts in a Delft type bowl on the right side of the long mahogany bureau in the living room and the rest in a Steuben type glass bowl on the dining room table at the kitchen entrance. I am thinking that small pieces of candy occasionally might help reduce the amount that I smoke cigarettes. I reduced the megahertz setting on my Iiyama Vision Master Pro 450 19 inch flat screen monitor from 120 Mhz to 85Mhz, at which setting I think it would last longer, although it does work fine at both settings. I still have to turn it on by turning it on first with the control panel switch and letting it warm up for five minutes. I then turn it off and on again and then off again. Next with it turned off, I turn on my primary computer, and just after I start the primary computer, I turn on the control panel switch for the monitor and the Iiyama monitor starts right up. When it first starts it is a bit dark, so one has to wait for it to lighten up to see the password prompt, or just enter the top secret password with out waiting to see the prompt. It works quite well, so I have no complaints. CIO

Note: <888> 01/21/04 Wednesday 4:00 A.M.: I finished going through www.geocities.com/mikelscott/scotwork.htm . I will now shut down the computer, and I will go to bed. CIO

Note: <888> 01/21/04 Wednesday 3:00 A.M.: I put the ice tea in the refrigerator. CIO

Note: <888> 01/21/04 Wednesday 2:45 A.M.: Wal-Mart www.walmart.com sells good microwave ovens for about \$100, and they also sell kits of plastic microwave cookware for about \$10. My General Electric microwave oven that I bought about three years ago is 1100 watts. I recall paying \$100 for it. They also have microwave ovens that one can get at Costco www.costco.com or Sams www.samsclub.com . One has to remember though that when one travels to shop at discount outlets, one can easily spend \$5 or \$10 or even more on gasoline to get there and back, not to mention a comparable amount of wear and tear on one's automobile, so occasionally depending on what one's amount of purchases are, it pays to shop locally. However Sams Club web site only show over the counter models, and Wal-Mart has a large variety [Walmart.com - Search Results Microwave Oven](#) and Costco has large units [Costco.com search microwave oven](#) and Sears www.sears.com carries a lot of them too. However, none of them seems to carry [Panasonic Consumer Electronics - Countertop Microwaves Home](#) , but the Panasonic web sites says that Country TV and Appliance in Stamford, Connecticut, Sams Club in Elmsford, New York just north of White Plains, New York, and Sears in White Plains, New York and Costco are suppose to carry the Panasonic line of microwave ovens. Frequently internet web sites do not reflect what a local retailer of the same group might carry. Of course I hope my General Electric microwave oven last me for a few years more. CIO

Note: <888> 01/21/04 Wednesday 1:50 A.M.: I took a 10.75 ounce can of Campbell's condensed chicken noodle soup, and I put it in a microwave proof plastic pot, and I added two ounces of Rene Junot white wine, five ounces of water, half of the 10 ounce can of Green Giant peas without the water and a few chopped stalks of cooked fresh asparagus, a half teaspoon of Italian spices and a quarter teaspoon of dried parsley, and I heating it in the General Electric microwave oven on Reheat. I will have it with about 10 Arnold large cut garlic and herb croutons on the soup and a glass of iced tea. CIO

Note: <888> 01/21/04 Wednesday 1:30 A.M.: I ran Ad-aware 6.0 and Spybot. I am making up a batch of www.geocities.com/mikelscott/icetea.htm . I am using one each of the five different types of Twinings tea in the five variety pack, four Lipton Green tea bags, one Bigelow orange pekoe tea bag, and 10 Salada orange pekoe tea bags. I am making it the usual way with Angostura bitters and I am not using sugar. I will now run Norton Win Doctor. CIO

Note: <888> 01/21/04 Wednesday 12:30 A.M.: I just finished going through my email. One might find this site useful [Microsoft Service Packs](#) , but usually Windows Update has most of what one needs. CIO

Note: <888> 01/20/04 Tuesday 10:30 P.M.: I made dinner of the reheated garlic herbal boneless chicken breast with steamed white rice and steamed Green Giant canned peas with steamed fresh cut asparagus with a little bit of olive oil on the vegetables, all of which I had with iced tea. I watched President Bush's State of the Union speech on television. I chatted with a relative. CIO

Note: <888> 01/20/04 Tuesday 8:00 P.M.: I was up at 1 P.M., and I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I cleaned up, and I went out. I went by the Greenwich Hospital Thrift shop, and I bought two four packs of Type C Hoover vacuum cleaner bags for .50 each four pack for a dollar total. I will put them on the right side of my bedroom closet with the other vacuum bags. I then drove down by the waterfront. I then made my 4 P.M. appointment. I next walked the entire length of Greenwich Avenue. I sat out at various locations. I stopped by CVS, and they were almost out of long underwear. I went by Sportif, and they carry Red Hot Chili Pepper thermal ski long underwear for about \$55 a pair. It is made of a composite of synthetic materials. I sat out at various locations. I completed my walk. I then drove down by the waterfront. I then stopped by the Greenwich Library, and I read the Greenwich Times. I just now returned home. I put the Java Virtual machine for my Internet Explorer web browser on my primary computer <http://www.java.com/en/download/> . It is a free download. I finished eating the spice drops. President Bush is suppose to making his State of the Union speech on television tonight at 9 P.M. Eastern Standard Time, and it will also be available at www.whitehouse.gov . CIO

Note: <888> 01/20/04 Tuesday 2:15 A.M.: I will now shut down the computer, and I will watch a little bit of television before going to bed. CIO

Note: <888> 01/20/04 Tuesday 1:40 A.M.: On the Queen Mary II, I came up with these links <http://www.qm2.org.uk/> , <http://www.qm2.org.uk/itinerary.html> , and [Cunard: The Most Famous Ocean Liners In The World Queen Mary II](#) . Well, I guess they have two days until they get to Barbados, and they will not be arriving in Fort Lauderdale, Florida until January 26 - 31, 2004. Thus the ship should be going through its sea trials now. It says that in April 25, 2004, both the QE II and the QM II will leave Manhattan for a joint voyage back across the Atlantic to South Hampton. I keep my computer keyboard on a place mat with a picture of a Clipper Ship from the White Star line. CIO

Note: <888> 01/20/04 Tuesday 1:10 A.M.: I had another feeding frenzy, and I ate the 10 ounce can of lightly salted cashew nuts. I am a bit full. I guess, I should try to watch my weight, but in the colder weather, one occasionally needs a little bit more food to stay warm. I presently weigh 210 pounds, the American weight measure, not the British currency. CIO

Note: <888> 01/20/04 Tuesday 12:25 A.M.: I went through my email. I ate some more spice drops. About half the package is gone. CIO

Note: <888> 01/19/04 Monday 10:50 P.M.: I chatted with a relative after dinner. I ate some spice drops. CIO

Note: <888> 01/19/04 Monday 10:05 P.M.: There is not any news about the Queen Mary II arriving in Fort Lauderdale yet PCWorld.com - [Queen Mary 2 Sails the High Tech Seas](http://PCWorld.com) , maybe they are taking a break in Bermuda on the way over. I took the three halves of boneless chicken breasts, and I rinsed them in cold water, and I dried them with a paper towel, and I put them in a Pyrex pie dish bottom side up. I then rubbed the bottom sides with olive oil. I then seasoned them with Old Bay Seasoning, garlic powder, celery salt, chicken and meat seasoning, ground black pepper, Italian spices, basil, and oregano. I then flipped them over. I rubbed the top sides with a little olive oil. I open a chilled new 1.5 liter bottle of Rene Junot white wine, and I put another unopened one in the refrigerator. I pour on about a quarter of a cup of Rene Junot white wine and several tablespoons of La Choy low sodium soy sauce. I then minced two medium cloves and one large clove of Elephant garlic, and I spread the minced garlic over the chicken. I then seasoned the tops of the chicken breasts with Old Bay Seasoning, garlic powder, celery salt, chicken and meat seasoning, ground black pepper, Italian spices, basil, oregano, and Hungarian paprika. I am cooking them in the Farberware convection oven at 350 degrees Fahrenheit for 35 minutes. I have a few minutes to go. I opened up a ten pound bag of Carolina enriched white rice, and I put most of it in a large Rubbermaid liquid container that I keep on my bread box. I put some in a quart jar, and the remainder is in the bag. I am having one piece of the chicken with the cooking juices on it along with steam white rice with the cooking juices on it and steamed fresh broccoli and fresh cut asparagus with a small bit of olive oil on it. I make the rice by taking a cup of the Carolina white rice, and I rinse it in a large metal bowl underneath hot water. I then rinse it again underneath hot water in wire strainer. I then put the cup of rinsed white rice in my China Village Rice cooker that I bought at the Food Emporium for \$15. I then add 14 ounces of water, two tablespoons of olive oil and a teaspoon of sesame oil, and I put the inner and out lids on the China Village rice cooker, and I microwave it in my General Electric microwave oven for 11 minutes, and I then let it stand with the lids on it for another five minutes. I then have enough rice for two to four portions. I will have the meal with iced tea. CIO

Note: <888> 01/19/04 Monday 9:00 P.M.: I was awake at 2 P.M., and I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went back to bed until 5 P.M.. I ate a Quaker low fat white cheddar cheese flavored corn cake with some iced tea. I cleaned up, and I went out. I walked the entire length of Greenwich Avenue. I sat out at various locations. I used my snow brush that I keep in my Hyundai to clean off the snow off the benches in front of the senior center and the bench on the north side of the veterans monument across the street from the senior center. I stopped by CVS, and I bought two 18.5 ounce cans of buy one get one free of Progresso New England clam chowder for \$2.59 both and a 10 ounce can of fancy lightly salted whole cashews for \$2.69 for \$5.09 total. I got a CVS extra bucks \$5 coupon on my receipt, so I bought an extra large pair of thermal circular knit men's long underwear bottoms 65% cotton and 35% polyester with U.S. made components assembled in Mexico for \$4.99 and a 15.4 ounce bag of CVS Gold Emblem spice drops for .99 less the

\$5 bonus coupon for .98 total. I then completed my walk. I sat out at various locations. I then drove down by the waterfront. I returned home, and I drank some iced tea. I put \$5 on my MacRay laundry card, so I now have \$12.45 left on it. I will put the spice drops in the glass bowl on the right side of the long mahogany bureau in the living room. I will hang up the long underwear bottoms with my other long underwear bottoms on the brass hook on the right side of the bedroom entrance. They have about a dozen pairs of long underwear bottoms in various sizes at CVS on Greenwich Avenue. CIO

Note: <888> 01/19/04 Monday 2:25 A.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 01/19/04 Monday 2:00 A.M.: I installed the updates for Red Hat Linux 9.0 on the Dell backup computer. At this link <http://forms.real.com/real/player/unix/unix.html> the Linux 2.x (libc6 i386 RPM works for installing the Real Player 8.0 and its plug-in for Red Hat Linux 9.0. One has to follow the instructions on the page for installing it though which are straightforward. It is working fine on the Dell backup computer. I tried putting my interactive directory on the Dell backup computer Red Hat Linux 9.0, but it does not work because Mozilla is case sensitive in Red Hat Linux, so I set the Mozilla web browser to default homepage of www.geocities.com/mikelscott/scotlist.htm . The Dell backup system is working just fine. CIO

Note: <888> 01/18/04 Sunday 11:50 P.M.: I cleaned the snow off my Hyundai. I did not go for a drive because it looks too slippery outside. The Dell backup computer is just about finished installing the Red Hat Linux 9.0 updates. CIO

Note: <888> 01/18/04 Sunday 11:00 P.M.: The Red Hat Linux 9.0 updates have downloaded and are now in the process of installing. I ate 12 Nabisco Wheatworth crackers with 1/8th inch thick slices of Kraft Cracker barrel extra sharp 2% low fat cheese on them. I checked outside, and I think I will bundle up and clean the snow off my car. It is presently 28 degrees Fahrenheit. CIO

Note: <888> 01/18/04 Sunday 10:25 P.M.: Listen to the Lake Forest College www.lfc.edu radio station online <http://www.lfcradio.com> . I guess it is better than the old jukebox at Jim Mitchell's pub and the Lantern or the local pubs in Highwood for that matter. CIO

Note: <888> 01/18/04 Sunday 10:15 P.M.: For wireless users which I am not, this might come in handy [TechTV Dark Tip: AirSnare](#) . CIO

Note: <888> 01/18/04 Sunday 10:05 P.M.: I finished installing Red Hat Linux 9.0 on the Dell backup computer. I installed all of its components. I chatted with a friend. I installed the Red Hat Linux 9.0 updates update <https://rhn.redhat.com/errata/RHSA-2003-267.html#Red%20Hat%20Linux%209> . I am now installing the updates. It is all running without any problems. CIO

Note: <888> 01/18/04 Sunday 7:40 P.M.: I went through my email. For my dinner shortly, I am reheating the garlic herbal boneless chicken breast and steamed white rice. I will have it with streamed fresh green beans, broccoli, and cut asparagus with a small bit of olive oil. I will also have a glass of ice tea. Red Hat Linux 9.0 is just about installed on the Dell backup computer. I will then run the updates. I also reuploaded www.geocities.com/mike2scott2003/scott008.zip which has a few minor changes. CIO

Note: <888> 01/18/04 Sunday 7:15 P.M.: I found this link for the Florida embassy in Washington D.C. in Jeb Bush's weekly news letter <http://www.flahouse.org> . I guess if one visited there, one would be warm and would probably get free orange juice. CIO

Note: <888> 01/18/04 Sunday 6:00 P.M.: I am reinstalling Red Hat Linux 9.0 on the Dell backup computer since Red Hat Linux Fedora beta updates would not work. When installing Red Hat Linux 9.0 on a computer, one has to remember to install this update <https://rhn.redhat.com/errata/RHSA-2003-267.html#Red%20Hat%20Linux%209> , so the updates works. CIO

Note: <888> 01/18/04 Sunday 5:00 P.M.: I studied the Red Hat Fedora web site, and they merged with Fedora back in September 2003. Fedora <http://www.fedora.us> still maintains a web site too. Apparently with the merger, their updates on the Fedora beta do not work properly. I am trying to install some of the updates that do work properly. I did see mention that there is another update program in the beta, so if I can find that on my machine, I might try that. The Fedora beta is on the Dell backup computer. It seems to have quit snowing, but since it is a Sunday and since tomorrow is the Martin Luther King holiday, I am not sure whether the town of Greenwich will be paying overtime to plow the roads or not. However, U.S. 1 Putnam Avenue and I-95 should be plowed since they are state roads. Since I have no destination anyway, I plan to stay inside. CIO

Note: <888> 01/18/04 Sunday 3:30 P.M.: I updated Net2Phone www.net2phone.com to version 2.0 with fax capabilities. CIO

Note: <888> 01/18/04 Sunday 3:20 P.M.: I chatted with a relative. CIO

Note: <888> 01/18/04 Sunday 2:55 P.M.: I had a telephone call after the last message, and I chatted with a friend. I went to bed after the telephone call, and I slept until 2 P.M. this afternoon. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I am stuck inside, since we have four to six inches of fresh snow. It is suppose to continue until 6 P.M. possibly mixing with a little rain, so it will be icy and slippery too. CIO

Note: <888> 01/17/04 Saturday 10:15 P.M.: I finished off the Necco candy wafers. I ate most of the spice drop candies. I finished of the CVS jar of dry roasted peanuts. I watched some television. I guess one could say I went through a feeding frenzy. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 01/17/04 Saturday 8:15 P.M.: I watched a bit of television. CIO

Note: <888> 01/17/04 Saturday 7:20 P.M.: I chatted with a relative. I took the five halves of boneless chicken breasts, and I rinsed them in cold water, and I dried them with a paper towel. I put three in a Rubbermaid container in the refrigerator to use later. I put the other two in a Pyrex pie dish, and I rubbed them on both sides with olive oil. I then seasoned them on the bottom side with Old Bay Seasoning, garlic powder, celery salt, chicken and meat seasoning, ground black pepper, Italian spices, basil, and oregano. I then put the bottom seasoned side faced down on the Pyrex pie dish, and I poured about a quarter of a cup of Rene Junot white wine over the chicken and about three tablespoons of La Choy low sodium soy sauce. I then minced five cloves of garlic, and I spread the minced garlic over the tops of the boneless chicken breasts. I then seasoned them with Old Bay Seasoning, garlic powder, celery salt, chicken and meat seasoning, ground black pepper, Italian spices, basil, and oregano. I am in the process of cooking them in the Farberware convection oven at 350 degrees Fahrenheit for 35 minutes, and I have about ten minutes to go. I will eat one of them with the cooking juices along with steamed white rice with the cooking juices and a combination of steamed fresh quartered broccoli stalks, fresh cut asparagus and fresh green beans. I will have it all with iced tea. I will refrigerate the other cooked boneless chicken breast in a Rubbermaid container. CIO

Note: <888> 01/17/04 Saturday 6:25 P.M.: I went out after the last message. I went by the Exxon gasoline station next to the Greenwich Library, and I bought \$5.70 of regular unleaded gasoline at \$1.89 a gallon for about 23 miles per gallon. I then went downtown, and I walked the entire length of Greenwich Avenue. I sat out at various locations. I brushed off the snow off the bench on the north side of the veterans monument with my snow brush I keep in the car. I then drove down by the waterfront. I then went by the Food Emporium, and I bought boneless breasts of chicken at \$1.99 a pound for \$4.96 and fresh asparagus at \$1.99 a pound for \$1.67 for \$6.63 total. I then returned home, and I drank some iced tea. CIO

Note: <888> 01/17/04 Saturday 2:40 P.M.: I finished vacuuming. The telephone rang once with a no answer on the end. I will now shut down the computer, and I will clean up, and I will go out shortly. It is warmer out. It is now 29 degrees Fahrenheit outside at the moment. CIO

Note: <888> 01/17/04 Saturday 2:00 P.M.: I was up at 12:30 P.M., and I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I was able to start the primary computer Iiyama Vision Maker Pro 450 monitor, by turning it on for about five minutes. Then I turned it off from the control panel. Then when I turned it on from the control panel while starting the primary computer, it powered down, and did not start. I then unplugged the plug in back briefly with the control panel switch turned off. I then plugged it back in, and the green power light came on when I turned the monitor back on with the control panel switch. I then turned it off with the control panel switch. I then turned it back on with the control panel switch, when I turned on the primary computer, and it started up properly. I guess, I will have to go through this procedure whenever, I first start up the computer after it has been off for a while. I checked my mail, and I received my Connecticut emissions notification, and I

have to have the emissions check by March 5, 2004. I will now vacuum my apartment.
CIO

Note: <888> 01/17/04 Saturday 2:50 A.M.: Before I wrote the previous note, I finished eating a box of CVS baked cheese crackers along with some iced tea. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 01/17/04 Saturday 2:40 A.M.: Of course in the old days in America, we use to have quite a few paint companies, and the paint companies would frequently select quaint little communities and give them a fresh coat of paint to see how long their products would last in certain environments to test their products. Thus areas like Nantucket which were usually painted with surplus United States Navy paint of one color known as Battle Ship Grey began to see colors familiar in areas like Florida which were usually painted in White Wash. While in college, I stumbled into a party at Trader Vics in Chicago, Illinois; and it was for the Dupont Paint pigment suppliers, whom probably supplied other paint manufacturers with pigments to color their paints. Of course in the old days, soy bean oil from the Midwest of the United States was used heavily to paint automobiles. I guess over the decades the business has changed. Still, I would imagine some paint companies are still testing their products in various environments to see how well they last. I have only done a modest bit of painting in my life, but I as I recall besides Sears paint, there use to be Dutch Boy Paint, Sherwin Williams paint, Benjamin Moore paint, Behr paint, the St. Louis Paint company, and of course the old Mary Carter Paint company, which the media alleged had CIA contacts all of which I dabbled with. I suppose they now have a line of paint at Wal-Mart and Home Depot and K-Mart as well as other national chains of retailers. Of course for every commercial retail product like paint, more than likely there are large specialty wholesalers that manufacture in bulk for large organizations like the military and the government. Basically, as I recall when I was last in France about 12 years ago for the winter Olympics in Albertville, France; most every building I saw was painted the same color as Versailles or the Louvre, which is sort of a tobacco tan brown wash of paint. I guess since France is still a large agricultural country, they prefer to have the buildings painted the color of the soil. In Florida and other tropical locations where they use lots of stucco for outdoor coverings on buildings, they use lots of pastel colors, which form a large variety of tropical colors in the environment. I recalling seeing pictures on the palaces and villas of St. Petersburg in Russia, and they too use lots of pastels. However, in New England the preferred color seems to be white with various colors trim. In the United States of America in the southeast the African American community whom in the old days maintained rural homes which frequently were not painted regularly would paint the trim around their doors and windows with blue to ward off evil spirits. Of course a lot of homes in the southeast were also built of brick, so they began to use the Williamsburg, Virginia colors that I guess were derived from the time of the Dutch monarchs of England William of Orange and his wife Mary. In the southwest, they seem to use a lot of traditional Latino colors, which usually means white wash with terracotta roofs. I have never seen the northwest, but we all know they have lots of trees out there, so more than likely they might use lots of natural timber products. My family house in Decatur, Alabama back in the mid 1950s was made of brick and redwood siding, but we painted the redwood siding

tan, because it began to weather like a picnic table. Of course a lot of people in this country now use synthetic sidings, so they do not have to paint their homes as often. Although, one does not have to paint unfinished brick, one still has to point up and patch the mortar to prevent moisture from getting in and freezing and causing more damage. Of course down south despite the paint job, people frequently use stucco as much as possible to avoid having to deal with termites which tend to get into anything made of wood. I would imagine they are using mostly aluminum for construction and where they use wood, they use pressure treated wood. Thus while I have become more experienced around computers these last twelve years, I would imagine the world of construction has changed a bit too. CIO

Note: <888> 01/17/04 Saturday 1:10 A.M.: For those of you whom were not among the 1.5 million people to get a White House Christmas card, one can view it here <http://www.whitehouse.gov/news/releases/2003/11/20031125-4.html> . I use to know a modest family in Oyster Bay, Long Island that had a modest art collection, but alas I have not heard from them in so long, I suppose they have fallen on hard times. However, if they have ever sneaked across Long Island sound to the south shore of Connecticut, I might have seen them, but with all the people I continually see, I might not have recognized them. Alas, with all the traffic in this area, I have not been able to travel out to Oyster Bay, Long Island in about ten years or more, so I suppose it has changed. I suppose there are still some quiet Old Guard types on the North Shore of Long Island, but alas it always seems about ten times busier out there than here. I suppose when they are not clipping hedges, they are clipping coupons, and plotting their strategies for the next dog show. I pay quite a bit of money to Long Island never to hear very much from them. I send about \$95 a month to Cablevision which is headquartered out in Westbury, Long Island, and I pay about \$720 year for comprehensive automobile insurance to GEICO automobile insurance out in Melville, Long Island. I have a number of friends out on Long Island, and since most of them have lived there for some time, I suppose they know the Scotts use to own all of Long Island until about 1700. Sometimes when I am viewing Long Island from the pier on Steamboat Road, I wish I had some device like a television remote control that I could use to turn on and off the electricity on Long Island. However, the Long Island people would then have to go through all the effort of resetting their clocks, and we would not want to disturb some elderly gentile people sitting in their rocking chairs. I have seen most of the North Shore of Long Island from Manhasset to Lloyds Neck, and I have seen Jones Beach and the Hamptons. I have seen Garden City, Levittown, and Hicksville, and I recall being out to Montauk once or twice. Alas I know there is lots of scenic ocean frontage out on Long Island, but I prefer the calm waters of the south shore of Connecticut. However, having spent time out on Long Island, since it is surrounded by water, it tends to be warmer than this area. Presently it is 16 degrees Fahrenheit here, but it is 2 to 4 degrees warmer out on Long Island, so it is not that much of a difference. However, the people I knew on Long Island seemed to be able to afford to keep their houses warmer, so more than likely they had visited or lived in warmer areas at one time or another. Long Island has its rural parts, and I suppose I might still have some distant relatives out there. I no longer have the ship to shore radio in my car, so I can not chat with various waterfront areas across the sound. I gave the ship to shore

radio to a Russian maintenance person here whom does maintenance on a friend's boat to hopefully put it in his boat. CIO

Note: <888> 01/17/04 Saturday 12:30 A.M.: I heated and ate a 18.7 ounce can of Campbell's Kitchen Classics Creamy Tomato soup, which I also had with about 20 Arnold large cut garlic and herb croutons, and I also had some iced tea. CIO

End of Scott's Notes week of 01/16/04:

Note: <888> 01/16/04 Friday 11:30 P.M.: I finished the house cleaning and watering the plants except the vacuuming, which I will do when I wake up tomorrow. After using the Emerson wireless headphones, I put in a fresh pair or AAA Radio Shack rechargeable batteries, and I am recharging the batteries that I used. They should be fully charged by 6 A.M.. I will now send out my weekly notes. CIO

Note: <888> 01/16/04 Friday 9:40 P.M.: I finished my coffee. I will now do my house cleaning and watering the plants. I will listen to 106.7 FM with my Emerson wireless headphones, when I do the house cleaning. I will put the computer on standby. It is 17 degrees Fahrenheit with a wind-chill temperature of 1 degree Fahrenheit. CIO

Note: <888> 01/16/04 Friday 9:10 P.M.: I went out after the last message. I went by Smokes for Less in Byram, and I bought a carton of Seneca Ultra Lights 100s for \$31 and four packages of Seneca Ultra Lights 100s for \$3.25 each for \$44 total. I then went downtown to Greenwich Avenue, and I walked the entire length of Greenwich Avenue. I sat out at various locations. I stopped by CVS, and I bought a 15.5 ounce bag of CVS spice drops for .99 plus .06 tax for \$1.05 total. I then completed my walk. While, I was walking down Greenwich Avenue on the west side of the street, I almost slipped on a patch of ice in front of Tiffany's. I next drove by the waterfront. I then went by the Greenwich Library, and I read the Greenwich Times, and I read a back issue of P.C. magazine. I then returned home, and I drank some iced tea. I then put my pine cone Christmas wreath in a large plastic bag and my small artificial Christmas tree in another plastic bag, and I put them in the false ceiling area above the Danish bar. I put the silver plate Revere bowl with top back on the pink Chinese basin on the center of the Mahogany bureau where the Christmas tree was. I filled a small Steuben type glass bowl with silver rim with the spice drops, and I put it on the right side of the mahogany bureau. I turned on my Iiyama Vision Master Pro 450 XGA 19 inch monitor for about five minutes, and I was able to get it to start properly by turning it off with the control panel switch, and I switch it on just after I turned on the computer, and it seemed to get the correct signal from the computer and work properly. I will now make and drink a cup of coffee. CIO

Note: <888> 01/16/04 Friday 5:25 P.M.: I put away the laundry. I will now clean up, and I will go out. CIO

Note: <888> 01/16/04 Friday 4:55 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I made it the same way that I have done

previously this week. I used up the rest of the cold eye round of beef making it into cold strips of beef, which I used in the salad instead of tuna fish. For the cheddar cheese portion, I used 2/3 Vermont extra sharp cheddar cheese and 1/3 Kraft Cracker barrel extra sharp 2% reduced fat cheese. I had the salad with iced tea. CIO

Note: <888> 01/16/04 Friday 4:10 P.M.: I have 50 minutes to go on the dry cycle on the laundry. CIO

Note: <888> 01/16/04 Friday 3:45 P.M.: I started two loads of laundry, and I have 15 minutes to go on the wash cycle. I put clean linens on the bed in the bedroom. CIO

Note: <888> 01/16/04 Friday 2:55 P.M.: I was up at 6:30 A.M. this morning when a friend called. I started the Iiyama Vision Master Pro 450 XGA 19 inch flat screen monitor, and I let it warm up for five minutes, and I then turned it off. When I turned it on while booting the computer, it went to power off status, so I had to turn off the computer, and then I turned off the monitor at the control panel switch. I unplugged the monitor plug briefly from the rear of the monitor, and then I plugged it in, and I turned on the monitor from the control panel. When I booted the computer turning the monitor on at the same time, the monitor did turn on properly, so I guess I have to go through this procedure each time, I initially turn on the computer. Once the computer and monitor are started, I do not have the problem, until they are turned off for about an hour. I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went back to sleep until 2:30 P.M., and I left the computer and monitor on. When I brought the computer out of standby the monitor turned on properly. I changed the CMOS settings back in the CMOS to the way they were before I installed the monitor. I could put the Iiyama monitor with the Dell backup computer, which I do not use very often, and put the CompUSA 19 inch monitor back with the primary computer. However, the Iiyama monitor is such a good high quality monitor once one gets it going, for now I will leave it with the primary computer. CIO

Note: <888> 01/15/04 Thursday 11:15 P.M.: I ate a bowl of CVS cheese crackers along with some iced tea. It is currently zero degrees Fahrenheit with a wind-chill temperature of -19 degrees Fahrenheit <http://www.weather.com/weather/local/06830> . I will now shut down the computer, and I will go to bed soon. I put a Home Center blue toilet bowl cleaner tablet in my toilet tank today, so I now have blue water in the toilet. Well, stay warm. CIO

Note: <888> 01/15/04 Thursday 10:50 P.M.: I chatted with two relatives. I gave up trying to download the updates for Red Hat Linux Fedora beta, which I have installed on the Dell backup computer. I watched some television. I chatted with a friend. I was emailed this link <http://halfpasthuman.com/> . I ate about 4 ounces of CVS 50% less salt dry roasted peanuts along with some iced tea. I also ate a few Necco candy wafers. CIO

Note: <888> 01/15/04 Thursday 7:45 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm the same as the last few nights with cold beef strips instead of tuna fish. I had the salad with iced tea. CIO

Note: <888> 01/15/04 Thursday 6:55 P.M.: I chatted with a relative before going out. The relative has two full size standard poodles, and the younger poodle broke the neck on her cockatoo, so the relative was not happy. I was told by the same relative that in cold weather such as we are experiencing recently, that one should remember to open the cabinet doors underneath sink cabinets, so warmer air gets in and pipes do not freeze. I went out after the last message, and I made my usual 3 P.M. appointment. I had to clean about four inches of powdered snow off my Hyundai. I went by the Greenwich Hospital Thrift shop, but they were closed today. I then drove down by the waterfront, and the only bird on Long Island sound was a white Swan, so I guess swans are cold weather birds. I next walked the entire length of Greenwich Avenue. I sat out at various locations. I stopped by CVS, and I bought a 7.4 ounce package of six Nature Valley chewy granola bars strawberry yogurt flavor for a \$1.99 and a 7.4 ounce package of six Nature Valley chewy trail mix fruit and nut bars for \$1.99, and a 16 ounce jar of CVS 50% reduced salt dry roasted peanuts for \$1.99 and a roll of Necco candies for .59 plus .04 tax for \$6.60 total. I then completed my walk. I next went by the Greenwich Library, and I read the Greenwich Times. I then returned home. I drank some iced tea. I turned on the primary computer monitor to warm up five minutes, but after that time it would not start with the computer, so after I got it to turn on again by unplugging and replugging in the rear power cord, I then tried another procedure which worked, which is to turn on the monitor about two seconds after one turns on the computer. I am downloading and installing the Red Hat Fedora Linux beta software updates on the Dell backup computer, which still seem to be slow downloads. It is presently 5 degrees Fahrenheit with a wind-chill of - 17 degrees Fahrenheit. I guess it will get a lot colder tonight. It is supposedly was -10 degrees Fahrenheit this past early morning. I have both DeLonghi oil filled radiators turn on medium at a temperature setting of 4 on a scale of 1 to 6. It is presently about 71 degrees Fahrenheit in the apartment living room. I am also wearing over my sweat clothes my long heavy cranberry color terry cloth bath robe to stay a little warmer. I put the Necco candy wafers in a cut glass bowl, I keep on the dining room table by the kitchen entrance. CIO

Note: <888> 01/15/04 Thursday 1:30 P.M.: I installed some of the updates on the Red Hat Linux Fedora beta Dell backup computer. The downloads are very slow from Red Hat this time of day. I chatted with a relative. I will now shut down the primary computer, and I will clean up, and I will go out soon. It is 9 degrees Fahrenheit outside right now with a wind-chill of minus -3 degrees Fahrenheit. I have a 3 P.M. appointment today. CIO

Note: <888> 01/15/04 Thursday 12:45 P.M.: I was up at 10 A.M., and I started up the primary computer with the Vision Master Pro 450 19 inch XGA flat panel monitor. I was able to get the monitor working properly by turning on the monitor first for five to ten minutes. I then turned the monitor off, and I booted the computer which stops when it reaches the password prompt after five second, which one can not see because the monitor is off. However, when one turns on the monitor, it does work, since it has been warmed up a bit. I am also running the Updates on the Red Hat Fedora beta installation on the Dell backup computer. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I watched a bit of television. CIO

Note: <888> 01/15/04 Thursday 4:00 A.M.: The Red Hat Fedora beta update server is slow, probably because lots of people are watching <http://www.nasa.gov/multimedia/nasatv/index.html> . I have a 3 P.M. appointment today, so I need to go to bed. I will now shut down the computer. I will run the Red Hat Fedora beta updates on the Dell backup computer at a later time. It is presently 8 degrees Fahrenheit with a minus -3 degrees Fahrenheit wind-chill factor. Stay warm. CIO

Note: <888> 01/15/04 Thursday 2:20 A.M.: I ate a bowl of the sugar free sparkling berry Jell-o with sliced peaches. I finished installing Red Hat Linux Fedora beta on the Dell backup computer. I am now installing the updates. CIO

Note: <888> 01/14/04 Wednesday 11:55 P.M.: Fedora is about halfway installed on the Dell backup computer. I watched the NASA press conference today on the Mars Rover <http://www.nasa.gov/multimedia/nasatv/index.html> and <http://marsrovers.jpl.nasa.gov/home/index.html> . The Mars Rover is suppose to be venturing on to the surface of Mars at 3:45 A.M. Eastern Standard Time this morning Thursday. CIO

Note: <888> 01/14/04 Wednesday 10:40 P.M.: I downloaded the three large *.iso image files of the Red Hat Linux Fedora Project beta [Fedora Project, sponsored by Red Hat](#) from the mirror site at NCSA [Fedora Project, sponsored by Red Hat mirrors](#) , and I burned them to three Cdroms. I am now installing it as a upgrade over Red Hat Linux 9.0 on the Dell backup computer. It will probably take a couple of hours to complete installation. CIO

Note: <888> 01/14/04 Wednesday 8:50 P.M.: I went through my email. CIO

Note: <888> 01/14/04 Wednesday 7:45 P.M.: Earlier today, before I went out, I heated and ate a 18.8 ounce can of Campbell's lentil soup in which I put about 20 Pepperidge Farm large cut croutons. I had the soup with iced tea. I also had a bowl of the sugar free sparkling berry jell-o with sliced canned peaches. I just now made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I used all of the regular ingredients, but instead of the tuna fish, I cut two 1/4 inch thick slices of cold eye round, and I cut them into two to three inch by half inch strips, which I added to the salad. I did not use blue cheese. For the cheddar cheese portion, I use Vermont extra sharp cheddar cheese. I had the salad with iced tea. It is presently 10 degrees Fahrenheit. CIO

Note: <888> 01/14/04 Wednesday 6:30 P.M.: I went out after the last message. I went by Putnam Trust Bank of New York on Mason Street. I then went by the Greenwich Hospital Thrift shop, and I donated to them the HP 15 inch color monitor. I then went by the central Greenwich Post Office, and I obtained a U.S. postal money order at .90 cost to pay my Northeast Utilities electricity bill. I sent in the payment at the post office. Since I have electric heat in my apartment, it is important to keep the electricity bill paid and up to date. I then walked the entire length of Greenwich Avenue, and I sat out at various locations. I stopped by CVS, and I browsed the merchandise. They still have Christmas lights and other decorations for 90% off. I used the bathroom at the Senior Arts center. I

completed my walk, and I then drove down by the waterfront. I then went by the Greenwich Library, and the Greenwich Times was not available, so I read P.C. World magazine. I then returned home, and I drank some iced tea. I had the same problem with starting the primary computer with the Iiyama Vision Master Pro 450 19 inch XGA flat screen monitor, but basically the startup procedure is to turn on the monitor and let it warm up for five to ten minutes without the computer turned on. Then one turns it on and off once or twice with the control panel monitor switch, until one sees the Frequency D-Sub white letters showing the Signal Select setting in faint white letters, and then once one sees those letters, one can turn on the primary computer, and it should boot up properly. It is a good enough high resolution monitor, it is worth the annoyances of the startup procedure, and once it is booted and warmed up, it can be rebooted, turned off for up to a half hour, and it will still start properly. Somehow the Signal Select setting is lost, if it is turned off for an extended period of time. If one tries to start it too soon, when it is not warmed up, the monitor power light will turn off, and it will not reset back on, when it is turned off and on, unless one turns it off, and disconnects the power cable in back and leaves it off for a few seconds, and then reconnects it again, and then the monitor should turn on again. When the monitor turns on, one first gets a green light which turns to a yellow light to show that it has no signal. However, once it does have a signal, when one boots the primary computer, it turns back from yellow to green. CIO

Note: <888> 01/14/04 Wednesday 12:55 P.M.: In the CMOS, I enabled Video Bios Shadow to Rom, and I disabled Assign IRQ to Video, and I also disabled Video Bios Init. CIO

Note: <888> 01/14/04 Wednesday 12:30 P.M.: Iiyama had more information at www.iiyama.ch, but unfortunately, I can not read the Swiss German on their web site. They do have an English Iiyama test program for download from their site. CIO

Note: <888> 01/14/04 Wednesday 11:50 A.M.: When I put the computer into standby, the monitor goes through the shut down process of alternating between frequency messages of "D-Sub" and "BNC", and one can turn it off, and it when one turns the monitor on and brings it out of Standby, it works just fine. CIO

Note: <888> 01/14/04 Wednesday 11:25 A.M.: The NOAA weather warning test just went off. It is currently 8 degrees Fahrenheit with a wind-chill of minus -4 degrees Fahrenheit. CIO

Note: <888> 01/14/04 Wednesday 11:10 A.M.: I ran the Epson Stylus Color 880 head cleaning utility, and it is printing out just fine. I do not use the Epson printer that much, now that I have the Minolta PagePro 1250W laser printer. It is good to run the Epson head cleaning utility once a month, particularly when one is not using it very much. CIO

Note: <888> 01/14/04 Wednesday 10:50 A.M.: After breakfast, I searched out information on the Iiyama Vision Master Pro 450 XGA flat screen 19 inch CRT monitor. I called Iiyama www.iiyama.com tech support in Norcross, Georgia, and they suggested that I turn off the video power saving in the CMOS, which I did, and I also disabled in

the CMOS "Video Bios Copied to Ram" . Well, the computer boots and shut downs fine enough. I will have to see what it does when it is shut down for an extended time. At the moment, when it is warmed up, and when the monitor is turned on, it goes through the video boot screen of selecting "Signal Select" option between D-sub and the other option. I tried selecting it when booted, so maybe I changed something, but when I select the "Signal Select" options, the monitor just goes black and returns to the Windows desktop. Still for now it is working just fine. I will have to see if it boots properly, when it is shut down for an extended time over a half hour or more. CIO

Note: <888> 01/14/04 Wednesday 7:55 A.M.: During the night, I got up, and I ate two Quaker low fat white cheddar corn cakes. I was awake at 7:30 A.M.. On the primary computer, I turned on the Vision Master Pro 450 monitor, and I let it warm up for five minutes. I then turned it off, and then when I turned on the primary computer, I turned on the monitor at the same time, and it all booted properly. If one has problems with the monitor green power light going off, when one turned on the primary computer, one can unplug the monitor power cable from behind the monitor with the monitor power control switch off and replug in the plug, and that seems to reset the monitor. Then one would try booting again by the same procedure of turning the monitor on, when one first turns on the primary computer with the switch on the CPU case. It is sort of tedious, but it works. It is such a most excellent monitor, ocne it starts, I plan to continue using it. I will try to research the problem on Google. It is presently <http://www.weather.com/weather/local/06830> 5 degrees Fahrenheit with a wind-chill of minus -11 degrees Fahrenheit. I will now make breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. Stay warm. CIO

Note: <888> 01/13/04 Tuesday 11:05 P.M.: I went through my email. I guess on the primary computer with the Iiyama Vision Master Pro 450 XGA flat screen 19 inch CRT monitor, since it works fine, once the monitor is warmed up, one should turn on the monitor and let it warm up for a minute or two before starting the computer. Since when the monitor is warmed up, there are no start up problems. <http://www.weather.com/weather/local/06830> says it is 16 degrees Fahrenheit with a 1 degree Fahrenheit wind-chill factor. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 01/13/04 Tuesday 10:30 P.M.: Volcano blew up in Russia, it could make it colder! Text of volcano alert follows.

Bezmianny eruption

From: avo-sci@usgs.gov

Eruption of Bezmianny volcano, January 13, 2003

Kamchatkan and Northern Kurile Volcanic Activity
INFORMATION RELEASE 03-04

Wednesday, January 14, 2004, 12:20 KDT (00:20 UTC)

The Alaska Volcano Observatory (AVO) received the following release via e-mail from KVERT (Kamchatkan Volcanic Eruptions Response Team). Kamchatkan Daylight Saving Time (KDT) is 21 hours ahead of Alaska Daylight Saving Time. All time and dates are UTC, if not marked specifically.

BEZYMANNY VOLCANO 55° 58'N, 160° 36'E; Elevation 2,895 m
CURRENT LEVEL OF CONCERN COLOR CODE IS RED.
PREVIOUS LEVEL OF CONCERN COLOR CODE WAS GREEN.

According to video observation, a strong explosive eruption of Bezymanny volcano is occurring. According to seismic data, the eruption began at 22:53 UTC on January 13. The ash plumes rose up to 6 km or 19,800 ft. ASL and extended to the east-northeast. A large pyroclastic flow is probably forming.

PLEASE CONTACT AVO IF YOU HAVE QUESTIONS OR COMMENT

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The Kamchatkan Volcanic Eruption Response Team is a cooperative program of the Alaska Volcano Observatory (USA), the Institute of Volcanic Geology and Geochemistry FED RAS and the Kamchatkan Experimental and Methodical Seismological Department GS RAS (Russia).

See <http://www.avo.alaska.edu/> . CIO

Note: <888> 01/13/04 Tuesday 9:55 P.M.: I chatted with two different relatives. I heated a 18.5 ounce can of Progresso New England clam chowder which I ate with 15 croutons along with a glass of iced tea. I have the two DeLonghi oil filled radiators turned on at medium with the temperature setting of 4 on a scale of 1 to 6. It is presently

17 degrees Fahrenheit outside with a wind-chill of zero degrees Fahrenheit. It is suppose to go down to zero Degrees Fahrenheit on Thursday night and Friday morning. Stay warm. CIO

Note: <888> 01/13/04 Tuesday 8:50 P.M.: I went out after the last message. I went by the Arnold Bread outlet, and I bought two 5.5 ounce boxes of Garlic and Herb larger cut croutons for .99 each, and a loaf of Arnold whole wheat oat bread for .99 less 10% senior discount of .30 for \$2.67 total. I went by Putnam Trust Bank of New York on Mason Street. I then went by the Greenwich Hospital Thrift shop. I next went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. While walking up Greenwich Avenue, I stopped by CVS, and I bought a 7 ounce box of CVS baked cheese crackers and a 7 ounce box of CVS baked wheat crackers for .99 each and a package of large CVS latex dish washing gloves for .89 plus .05 tax for \$2.92 total. I then completed my walk. I next drove down by the waterfront. I then went by the Greenwich Library, and I read P.C. Magazine. The Greenwich Times was not available. I then returned home. I drank some iced tea. I started the primary computer, and once again the Iiyama Vision Master Pro 450 monitor turned off, when I started it shortly after starting the computer. I disconnected and reconnected the power cable in back, and I was able to get it to turn on without the computer started. I went through this a couple of times. I then tried turning on the monitor just as the computer was turned on, and it booted properly. I researched computer cable information on the internet. I also checked out Belkin's www.belkin.com information on monitor cables. I changed monitor cables to the heavier monitor cable. The system once it is booted up properly reboots and shuts down without any problem. I changed some CMOS settings. There is no way to disable the onboard AGP, but supposedly having a AGP card installed disables it. There are no instructions for my Mad Dog Prowler video AGP 4X 64 meg. video card, and I do not recall it having any dip pins. It seems that the Iiyama Vision Master Pro 450 monitor failed to start when it is not warmed up. Possibly the solution is to leave it on for a minute, and then turn it off, and then when the computer is turned on, turn it on a second afterwards. I will have to experiment with this procedure. Possibly I need some special monitor cable. I am using a 15 pin monitor cable which actually has 14 pins. This different type cable would also work [Staples | SKU Level Online Catalog Page 5 BNC monitor cable](#) . Well, I am able to get the computer and monitor working without too much trouble, so maybe I just need a newer heavier duty SVGA monitor cable. I also found this link [Buy.com - Belkin Display cable - 15 pin HD D-Sub - male - 15 pin HD D-Sub - male - 6 ft](#) , which has the term "D-Sub" which my monitor displays on the monitor menu under "System Select", so maybe it might work better, but it is not a heavy cable, and it also is actually 14 pins although it is a 15 pin cable. I will check the Iiyama web site to see if it says anything about monitor cables or other information. CIO

Note: <888> 01/13/04 Tuesday 2:45 P.M.: I listened and watched some internet television on the Orion television. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I used the strips of cold eye round beef and Vermont extra sharp cheddar cheese, but I did not use any blue cheese. I used all the other regular ingredients. I will now shut down the computer, and I will go out shortly. CIO

Note: <888> 01/13/04 Tuesday 1:40 P.M.: I showered and cleaned up. I threw out kitchen garbage, and I emptied the bathroom waste paper holder, and the bathroom garbage can. CIO

Note: <888> 01/13/04 Tuesday 12:45 P.M.: I waited over a half hour, and the primary computer with the Vision Master Pro 450 XGA 19 inch flat panel monitor booted up properly using the previous mentioned procedure. When the monitor it is first turned on, it is a bit faint, but after a short period one can see the text and graphics to enter the Password prompt. I sorted through my old disk batteries, and I put them all in an envelope in the left top living room desk drawer. They are used, so I will not be using them. I have new a 2032, and two new 2025, and one new 303/357 disk batteries. I put the HP 15 inch monitor on top of the HP Kayak XA Dell monitor in the bedroom for temporary storage, until I decide whether to get rid of it or not. I will now clean up. I might not be going out, since I have work to do at home. Although it is warm out, it is a bit damp today. However, the next few days will be colder and drier. CIO

Note: <888> 01/13/04 Tuesday 12:05 P.M.: I think, I will keep the HP 15 inch monitor, until I am sure the Vision Master Pro 450 monitor is working properly on the primary computer. I will now shut down, and I will go out. CIO

Note: <888> 01/13/04 Tuesday 11:55 A.M.: I was up at 9 A.M.. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I tried booting the primary computer and once again the Iiyama Vision Master Pro 450 monitor would not come on. I figured out that one can reset the monitor by disconnecting and reconnecting the power cord in the back of the monitor not turning off the monitor button on the power control center. However, the problem persisted. I put the newer video cable on the computer system which has a couple extra pins. I still had the problem. Once I had reset the monitor again by disconnecting the power cable in the back and then reconnecting it, the monitor power light would come on, but when one booted the computer, it would turn off. I finally figured out, that with the monitor reset, so it did come on after disconnecting the power cable and reconnecting it, that one can boot the computer first with the monitor turned off, and then once the computer reaches its password prompt which is very quick and the hard drive stops flashing, one can turn on the monitor with the power control center switch, and it turns on and works properly. The Iiyama Vision Master Pro 450 XGA 19 inch flat screen monitor has a built in Signal Select feature which does not work, if one turns the monitor on first, but it works if the computer is booted first. I also changed a couple CMOS settings related to the video which might help. I will shut down the computer by the usual method. Shutting down the computer might have some effect on the way the computer recognizes the monitor when rebooted, but I don't think so. I will clean up shortly, and I will go out. I will drop off the HP 15 inch monitor at the Greenwich Hospital Thrift shop. When I return, I will see if the primary computer boots properly using the previous mentioned method, after it has been turned off for a while. Well, anyway its seems to work properly for now, providing one turns on the computer first before the monitor. CIO

Note: <888> 01/13/04 Tuesday 2:30 A.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 01/13/04 Tuesday 2:05 A.M.: I went through my email. CIO

Note: <888> 01/13/04 Tuesday 1:45 A.M.: When moving the computer monitors in the bedroom, I moved the large Long Island light bulb from on top of the AMD backup computer monitor to on top of the HP Vectra Server monitor. CIO

Note: <888> 01/13/04 Tuesday 1:35 A.M.: According to this the Iiyama VisionMaster Pro 454 new is \$358, so they have come down in price [IIYAMA USA](#) . CIO

Note: <888> 01/13/04 Tuesday 1:25 A.M.: I found these links [AnandTech: iiYama VisionMaster PRO 450](#) and [Iiyama Flat Screen Monitors, PC Computer Monitor Review \(VisionMaster 450 19 inch Monitor\)](#) , so the monitor came out around November 1999, so it might be 3 to 4 years old, but when I opened it up, it had hardly any dust in it, so it might be newer. CIO

Note: <888> 01/13/04 Tuesday 1:15 A.M.: According to this [CADALYST Labs Reviews: 16 Sweet Monitors](#) the Iiyama Vision Master Pro 450 XGA 19 inch monitor when new had a street price of \$699, but that was probably a couple of years ago. Still with lots of people dumping CRT monitors for LCD monitors, I probably got a fair price on the item, since I had to put some work into getting it to go. It is a most excellent monitor, and I should have less eye strain now. Also I now have a backup 19 inch monitor. I will remind people whom trade in their CRT monitors for LCD monitor that although LCD monitors are probably sharper with the right adaptor card, I do not think LCD monitors last as long as CRT monitors. I just reviewed my old Scott's notes, and I bought the CompUSA 19 inch monitor on December 13, 1998 over five years ago for \$424 with tax at CompUSA in Norwalk. It is still working fine, however I did returned the original one for another one like it shortly after buying it, because the on off switch was faulty. So on the present one, I have always used a control panel switch to turn it on and off. Thus the CompUSA 19 inch monitor which is now on the Dell backup computer has lasted over 5 years with all the time I spend on the computer. I believe it was made in Taiwan. CIO

Note: <888> 01/13/04 Tuesday 12:40 A.M.: I repositioned the monitors in the bedroom on the backup computers. I also configured them. I have the HP 15 inch monitor and the cart by the front door, so I can take the HP 15 inch monitor to the Greenwich Hospital thrift shop later today. CIO

Note: <888> 01/12/04 Monday 11:15 P.M.: My 4 P.M. appointment was cancelled today and rescheduled to next Tuesday. I chatted with a relative and a friend. I made my usual salad www.geocities.com/mikelscott/salad.htm . This time I cut two 1/4 inch thick slices of cold eye round, and I cut them into strips about a half inch by a quarter inch by about two inches, and I used them in the salad instead of tuna fish. I also used a quarter of a diced yellow onion instead of Bermuda red onion. For the cheddar cheese portion, I

used Vermont extra sharp and extra sharp 2% low fat cheddar cheese. I ate the salad with a glass of iced tea. I just chatted with another friend. I put the 19 inch CompUSA monitor with my Dell backup computer, and I configured it. I also ran the Red Hat Linux 9.0 updates on the Dell backup computer. The Iiyama Vision Master Pro 450 XGA 19 inch monitor has a slight half inch diameter smudge in the top most center of the monitor, but it is not very noticeable. CIO

Note: <888> 01/12/04 Monday 8:15 P.M.: I went out after the last message. I drove downtown and Marx Brothers is now out of business. I went by the Greenwich Hospital Thrift Shop. They had a 19 inch Iiyama www.iiyama.com Vision Master Pro 450 XGA monitor that they were testing, but they could not get the Menu to work, and they did not have a computer to test it on. They did not know whether it worked or not. I offered them \$20, and they agreed to sell it to me. I drove over to Putnam Trust Bank of New York on Mason Street, and then I returned to the Greenwich Hospital Thrift Shop. I bought the Iiyama 19 inch Vision Master Pro 450 XGA monitor for \$20. I used the little cart I keep in the hatchback area of my Hyundai to carry it to the car. I then went by Entree computer, and they exchanged the color and black Epson 800 ink cartridges for the Epson color and black ink cartridges for the Epson 880 printer that I have. I thanked them for the favor. I then drove down by the waterfront. I then returned home. I carried up the Iiyama 19 inch Vision Master Pro 450 monitor to my apartment with the same cart. I disconnected my 4 to 5 year old CompUSA 19 inch monitor from the primary computer, and I tested the Iiyama monitor, but it would not work, and it seemed to be not getting a signal, and the monitor power light would turn off, when I started the computer. I disconnected the Iiyama monitor, and I opened up the back cover, and I removed a metal cover, and I examined the inside of the monitor. There was a small bit of dust, so I used my Chinese mini vacuum to vacuum out the dust. I checked a number of connectors to make sure they were tight. I then tried to get it to work with another monitor cable on my Dell backup computer, and it did not work, but I noticed that whenever, I turned on the monitor when it was not connected to the Dell backup computer, there were some faint numbers briefly on the screen, so it showed the monitor worked. I then disconnect the monitor and turned it on, and the power light was on. I then with monitor on, I plugged in the monitor cable to the monitor, and then I plugged it into the Dell backup computer, and when I turned on the Dell backup computer, the monitor worked. I checked some Menu properties. I then disconnected the monitor, and I refastened the inside metal cover and the monitor cover. I then connected it to my primary computer with the same monitor cable, which is a cable I bought about two years ago that I was using on the IBM Cyrix backup computer. I then booted the primary computer, and I had the same problem again. This time, I disconnected the monitor cable at the monitor, and I turned on the monitor, and with the power light on, I connected the monitor cable to the monitor, and I then turned on the computer, and the Iiyama monitor worked just fine again. I let Windows XP boot, and the monitor driver was installed plug and play. I checked the monitor driver properties in the Display properties, and it is a XGA monitor and instead of 85 MHz, I was able to set it at 120 MHz. I adjusted some of the monitor Menu settings, and it had one setting "Signal Select", and I set it to "D-Sub", which it seems to do automatically. When I shut down the monitor went through a menu of four signals, which it also did when I rebooted again, automatically selecting the

correct signal for the monitor. Thus, it seems the Iiyama Vision Master Pro 450 19 inch XGA flat screen monitor is working just fine. I then changed monitor cables to a heavier one that I had, and it still worked fine. I will now connect the CompUSA 19 inch monitor to the Dell backup computer. I will but the Dell 17 inch Trinitron monitor on the AMD backup computer. I will put the 17 inch Dell monitor from the AMD backup computer with the HP Server, and I will put the 17 inch Royal monitor with the IBM Cyrix computer. I probably will donate the HP 15 inch monitor to the Greenwich Hospital Thrift Shop. I put the black and color Epson 880 color ink cartridges to the left of the primary computer on the HP LaserJet II D instruction manual which is behind the dining room table adjacent to the primary computer. CIO

Note: <888> 01/12/04 Monday 1:10 P.M.: I heated and ate a 18.5 ounce can of Progresso New England clam chowder, which I put Arnold croutons on, and I also had some iced tea. I will now shut down the computer. I have a 4 P.M. appointment today. It has warmed up a bit, and it is now 34 degrees Fahrenheit, so it is a bit warmer. However, the very cold weather <http://www.wunderground.com/cgi-bin/findweather/getForecast?query=06830> is suppose to return starting this Wednesday, so one should use these two warmer days to get ready for colder weather again. CIO

Note: <888> 01/12/04 Monday 12:15 P.M.: I finished going through my email. CIO

Note: <888> 01/12/04 Monday 11:45 A.M.: I went to bed after the last message. I chatted briefly with a relative. I was awake at 8 A.M., and I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went back to bed until 11 A.M.. I picked up my mail. I put the fully charged Radio Shack rechargeable Nickel cadmium batteries in the Emerson wireless headphones, and I am charging the other pair of batteries which should be fully charged at about 7 P.M.. I called Marx Brothers, but no one answered their telephone. I will take the Epson ink cartridges downtown with me, when I go downtown in case they are still open. Frequently they have older Epson inkjet printers including the Epson 800 in the Greenwich Hospital Thrift shop. CIO

Note: <888> 01/11/04 Sunday 9:15 P.M.: I relaxed a bit. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 01/11/04 Sunday 8:20 P.M.: I made up a bowl of onion soup. I first minced two medium large cloves of garlic, and I peeled and sliced one large yellow onion about 4 inches diameter into 1/4 inch thick slices. I then put four tablespoons of olive oil in a large skillet on a electric burner on medium high heat and once the oil started bubbling I added the minced garlic and sliced onions, and I sautéed it all on the ingredients turning them continually them over medium heat for about 15 minutes until, they were all were all soft and mostly blanched. I then added a 14 ounce can of Swanson's chicken broth, and I raised the heat to medium high stirring continually until the mixture started to boil, and then I reduced the temperature to medium, and I continually stirred the mixture for about 25 minutes over the medium heat, until the liquid was reduced by about 40% and the mixture had a slightly darker appearance than

to start with. I then poured it all into one of my 20 ounce Cobalt blue soup bowls, and I spread fifteen large cut Arnold garlic and herb croutons on the soup pressing each one slightly into the mixture, and I then spread on about four tablespoons of Kraft grated parmesan cheese, and I then sprinkled on it about a teaspoon of dried parsley. I put the soup bowl on a plate, so the heat from the soup bowl would not hurt the duck placemat. I ate the soup with a large soup spoon, and I also had a glass of iced tea. It was a very delicious soup. I just chatted with a relative. CIO

Note: <888> 01/11/04 Sunday 6:55 P.M.: I went out after the last message. I drove down by the waterfront, and I observed the waterfront. I then drove through Bruce Park, and there were no snow geese as far as I could tell, but there were about a 100 Canadian Geese. I then drove north on Indian Field Road, and I drove west on East Putnam Avenue, and I returned to the center of Greenwich Avenue. I walked the entire length of Greenwich Avenue, and I sat out at various locations. I also walked around the train station area. They now have the train station waiting room open in the day time on Sunday, so travelers are a bit warmer. They use to keep it closed a couple of years ago on Sunday. During my walk, I stopped by CVS, and I bought eight 14 ounce cans of Swanson's chicken broth for two for .96 for \$3.96 total. One can sauté a sliced onion in olive oil or butter, and then add a can of Swanson's chicken broth, and heat it, and one would have a very good onion soup. If one used a Bermuda onion, it would be Bermuda onion soup, and if one used a yellow Spanish onion, it would be French onion soup. One then could add some croutons and grated parmesan cheese, and one would have a staple soup of the European diet. They also have Swanson's beef broth on sale for the same price, and one could have a heartier onion soup. One could make one's heartier chicken broth by boiling a whole chicken, and one would have a lot of chicken meat, but then one would be making chicken soup not onion soup. Of course boiling a whole chicken for about an hour uses a lot of energy, and one has to separate the meat from the bones, and one has to skim off the fat. I think for chicken soup, one uses such spices as cloves and bay leaves and one could also add a few cloves of garlic or any of different vegetables or noodles. During my walk, I sat out at various locations. After I completed my walk, I went by the Greenwich Library, and I read the Greenwich Times. I then went by the Stop and Shop, and I bought a 10 ounce bag of fresh spinach for \$1.99, two 26 ounce jars of Ragu Robusto parmesan and Romano tomato sauce for .99 each jar, plum tomatoes at \$1.99 a pound for \$2.73, a 8 ounce container of Stop and Shop 100% fat free grated parmesan cheese topping for \$3.99, a 12 ounce bottle of Rienzi balsamic vinegar for \$2.99, a 28 ounce can of Goya chick peas for \$1.09, a 16 ounce bag of baby carrots for \$1.50, and three eight ounce bars of Cabot Vermont 50% reduced fat cheese for \$2 each for \$22.27 total. I then returned home, and I put away my purchases, and I drank some iced tea. CIO

Note: <888> 01/11/04 Sunday 1:35 P.M.: I put away my ice tea in the refrigerator. I chatted with Staples in Port Chester, New York, and they said they would not be able to exchange my Epson ink cartridges unless they were purchased at Staples. Marx Brothers does not seem to be open today, so I will check tomorrow to see whether they are still in business or not. They apparently still own the building on Greenwich Avenue. I use to know one of their salesmen who was a retired U.S. Navy pilot who the last I heard was

working for Earthlink. The salesman was from Concord, Massachusetts where the famous minute men supposedly fired a shot that was heard round the world around the Concord Bridge that I use to photograph when I worked at Polaroid. Concord, Massachusetts is more traditional, and they do not believe in allowing in too many modern buildings. I also used to know some people from a famous United States Navy family there too who have lived there so long, they are sort of taken for granted like the Bridge. It is rather peculiar with all this cold weather that Royal Dutch Shell stock was down 4.5 dollars on Friday. One would think with all of this cold weather that energy stocks in this area would be up. I have not looked at the other energy stocks to see how they are responding to the cold weather. I will now shut down the computer, and I will clean up, and I will go out to enjoy the cooler weather. I figure when one is healthy and middle age, one should not waste time watching television, and one should enjoy one's environment. There is plenty of time when one gets older in this area, and one is not able to go out as much in cold weather, for one to watch the television. Of course some younger people are so programmed on the television media, they do not have any other since of reality. Basically, I find by not watching too much television, I can manage to keep busy with other minor activity and errands. I do watch the television whenever I have my breakfast coffee. Occasionally I channel surf to see what the media is trying to tell us. However, on a limited income, there is not much I can do about what the television reports on, except maybe someday make the decision not to pay for Cablevision and possibly spend a little less time on the computer and maybe read some other information besides technical computer information, which I have done extensively for the last 12 years. Since I am not a lawyer and since I have no political ambitions, I am not really interested in what the government does, except for how it effects me directly. Basically, I feel there are enough experienced people in government that they seem to know how to run the show, and the few times I have visited government areas, they seem to be inexpensive and efficiently run organizations based on their allocated budgets. That might not be the case with the military or NASA or other governments, but it is also the nature of government that they will not tell you what they are doing other than the official public relations as provided by their official public relations officers. Once again, I will now shut down the computer, and I will shower, and I will clean up, and I will go out to see if I see any Snow Geese. I actually did see a few in Bruce Park about ten years ago. They sort of look like a squat swan. CIO

Note: <888> 01/11/04 Sunday 12:35 P.M.: I enjoyed my meal. I will now shower and clean up. It is presently 18 degrees Fahrenheit with a wind-chill of 9 degrees Fahrenheit. CIO

Note: <888> 01/11/04 Sunday 12:05 P.M.: I cut three 3/8 inch slices of cold eye round, and I put them on a dinner plate, and I covered them with horseradish and Lea and Perrins Worcestershire sauce, and I will have them to eat in about five minutes with reheated steamed white rice and steamed fresh green beans and broccoli along with ice tea. I put a small bit of olive oil on my steamed vegetables. CIO

Note: <888> 01/11/04 Sunday 11:40 A.M.: I am making a batch of ice tea www.geocities.com/mikelscott/icetea.htm . I am using one each of the five different teas

in the Twinings five different types of tea package, four Lipton Green tea, two Bigelow orange pekoe tea bags, and nine Salada orange pekoe tea bags, but I am not using sugar, but I am using Angostura bitters as usual. Angostura bitters comes from Trinidad and Tobago. I visited Tobago during the winters of 1970 and 1971 with my family during the period I was attending Lake Forest College www.lfc.edu about a half hour north of Chicago, Illinois on Lake Michigan, during the same period that my family was living in Weston, Massachusetts. Thus I was basically a cold weather person, and I enjoyed the tropical vacations to Tobago. Well know recluses like Greta Garbo had homes in Tobago along with a great many British and Canadian subjects. Of course back then it was not too expensive. They drive on the other side of the road like the British, and we rented French Renault cars down there. The first winter there, we rented a house across the street from the ocean near the Bishop's sugar plantation, and the second winter there, we rented a house on the other side of the island on the ocean next to the Mount Irvine club and golf course. I checked with Liberty Travel here in Greenwich about four years ago, and they offered a per person double package weeks stay at the Mount Irvine Club with airfare for about \$850 round trip. Of course, one would still have to pay for meals, airport transportation to and from the club, drinks, and tips and gratuities, and transport if one rented a car, in one felt confident driving on the other side of the road or taxi, it could add up and be expensive. However, Tobago has been developed a lot more in the last 30 plus years, so they have other resort facilities nearer to the tourist areas compared to the more isolated Mount Irvine Club. However, there are so many resorts in the Caribbean, that one can find hundreds of other options. Of course, one still has to be able to afford it. Tobago was known as the Robinson Crusoe Island, and the natives 30 years ago worked mostly in the agricultural economy of harvesting coconuts and other island crafts. I suppose more of them are in the tourist industry today. Since Tobago lies about 25 miles north of the coast of Venezuela, there are also South Americans whom vacation there too. CIO

Note: <888> 01/11/04 Sunday 10:35 A.M.: I put my heavier winter coats on the right side of my right living room closet. I also have the long down Rainforest parka which I keep on my brass hat stand on the right side of the day bed, which is sort of like a Chinese border guard parka, which I have been wearing recently. I also have a couple of warm vests that one can wear underneath the winter coats. Most people in this area use the layer principal for staying warm, in that they wear layers of clothes, with the largest article on the outside with closer fitting warm clothing on the inside. I have adequate winter clothing for the current conditions, and I only spend one to three hours outside anyway, not to mention I have the Hyundai with a heater. Basically from what I could tell on Greenwich Avenue, people were not dressed that warmly, they are just dashing from their cars to the shops. Of course, if one were traveling a distance particularly north, it does not hurt to have warmer clothes, in case one found oneself spending a long time outside. I usually wear my Icelandic knit cap on cold days, and I bought it in Toronto, Canada for \$40 about 20 years ago, when I was thinking about moving to Canada. I guess I probably should have moved to Canada then, because being a northern person, the Canadians were a lot friendlier to me than some of the local new arrivals have been in this area, which also has northern people, whom seem to know something about the adjacent ocean. CIO

Note: <888> 01/11/04 Sunday 10:00 A.M.: I saw someone wearing a parka yesterday that had a patch on the right sleeve that said Snow Goose. The walker said it was the name of the parka, and that he had gotten a good deal on it in the Bronx. I checked web sites, and I found this cold weather clothing provider that might make it <http://www.canada-goose.com/>, but I do not see any reference to a parka named "Snow Goose", unless it is an older model. Still <http://www.canada-goose.com/> looks like they have some cold weather clothing, but I do not think this cold spell will last too long in this area, so there is no reason for spending too much money on extra winter clothing. I still have my Survivalon Artic parka that I bought at the Norwalk Factory Store for \$250 twenty years, but alas I only weighed 145 pounds when I bought it, so at my current weight of 205 pounds it does not fit me. However, I keep it around in case I ever lose weight. CIO

Note: <888> 01/11/04 Sunday 9:45 A.M.: I downloaded and installed the free Real 10 Player from www.real.com. I put it on both the primary and backup Dell computers. I chatted with a friend. CIO

Note: <888> 01/11/04 Sunday 8:05 A.M.: I woke up in the middle of the night this past morning, and I also ate a bowl of Lays K.C. Masterpiece barbeque potato chips. Basically, I would imagine the economy is tighter around here, because with the colder weather we have been experiencing lately, people are having to pay more to heat their homes. My electricity bill last month was 50% above the monthly average, which is about normal for this time of year, but I try to keep my apartment cooler in the winter, but still warm enough, so it is comfortable. CIO

Note: <888> 01/11/04 Sunday 7:30 A.M.: I was awake at 5 A.M.. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. It is now 3 degrees Fahrenheit, and there is a minus -8 degrees Fahrenheit wind-chill factor. I guess I will stay in this morning, and I will do a little bit of computer work. CIO

Note: <888> 01/10/04 Saturday 9:50 P.M.: I went out after the last message. I went by Staples, and they would exchange the Epson cartridges for me, but the two that I bought at Marx Brothers, they told me they sell them for \$6.50 each all the time, which is not what their web site says. Thus they would only give me \$13 credit towards their price on the Epson 880 black and color cartridges, which would have been about \$43 more. I did not get them. I will check to see if Marx Brothers is still in business and see about returning or exchanging them for something else. I did buy a 2004 calendar with horse pictures for \$5.99 plus .36 tax for \$6.35. I then drove back to downtown Greenwich, and I walked lower Greenwich Avenue. I returned home, and I chatted with a relative. I hung the horse calendar on the refrigerator door where I hang my calendars. I heated and ate a 18.5 ounce can of Progresso New England clam chowder, which I ate with 15 croutons and a glass of iced tea. It is currently 7 degrees Fahrenheit with a wind-chill temperature of minus -6 degrees Fahrenheit. I will now shut down the computer, and I will go to bed soon. Stay warm. CIO

Note: <888> 01/10/04 Saturday 5:45 P.M.: I will now put the computer on standby, and I will go out for another spell. CIO

Note: <888> 01/10/04 Saturday 5:05 P.M.: I went out after the last message. I went by Gateway Auto Supply, and I bought a container of Pennzoil Gumout concentrated fuel injection cleaner for \$3.99. I then drove down by the waterfront. I went by the ATM machine at Putnam Trust Bank of New York on Mason Street, but it was not working because of the cold. I then went downtown, and I walked the entire length of Greenwich Avenue. I sat out at various locations. Along my walk up Greenwich Avenue, I used the ATM machine at Putnam Trust Bank of New York on Greenwich Avenue, which is inside, so it is warmer and works. I then stopped by CVS, and I bought six 18.8 ounce cans of Campbell's Chunky New England Clam Chowder for two for \$2.99 for \$8.97 all six. I stopped by Marx Brother's going out of business sale, and their merchandise was up to 80% off. I bought a Epson S020108 black ink cartridge for \$12.47 and a Epson color ink cartridge S020089 for \$14.50 half price for both plus \$1.62 tax for \$28.59 total. I made a mistake though, the cartridges I bought are for the Epson Stylus Color 400/600/600Q/800/800N/850/850N/1520 printer. However, I have an Epson Stylus Color 880 printer, so they will not work in them. I can not return them, because this was the last day of the sale, and I do not recall seeing cartridges for the 880. However, I will sometime in the future try to exchange them at Staples for 880 cartridges. I then completed my walk, and I used the ATM machine at Putnam Trust Bank of New York on Greenwich Avenue again on my way down Greenwich Avenue. I then went by Greenwich Exxon, and I bought \$7 of regular unleaded gasoline at \$1.839 a gallon for about 26 miles per gallon. I put the Pennzoil Gumout concentrated fuel injection cleaner in the gasoline tank before filling up with gasoline. One is suppose to use it every 3,000 miles. I then went by Smokes for Less in Byram, and I bought a carton of Seneca Ultra Lights 100s for \$31 total. I then returned home. I drank some iced tea. It is currently 10 degrees Fahrenheit with a wind-chill of minus - 5 degrees Fahrenheit. CIO

Note: <888> 01/10/04 Saturday 12:55 P.M.: My meal was delicious. I will now clean up, and I will go out. I will wear two pairs of long underwear bottoms and two pairs of socks. It is 7 degrees Fahrenheit outside with a wind-chill of minus -10 degrees Fahrenheit. Stay warm. CIO

Note: <888> 01/10/04 Saturday 12:05 P.M.: I took the 2 2/3 pound eye round roast that I bought yesterday at the Stop and Shop for \$3.59 a pound, and I put it in a baking pan on a baking meat rack, and I seasoned it on all sides with garlic powder, chicken and meat seasoning, Old Bay Seasoning, celery salt, ground black pepper, Italian Seasoning, basil, oregano, and Texas Best Mesquite barbeque sauce generously. I am baking it in the Farberware convection oven at 350 degrees Fahrenheit for 45 minutes. I will have two 3/8 inch thick slices of it for my meal, with steamed white rice, and steamed fresh broccoli and fresh green beans with iced tea. I have about 15 minutes to go on the eye round roast. I will refrigerate the rest of the cooked eye round roast in a Rubbermaid container. CIO

Note: <888> 01/10/04 Saturday 11:10 A.M.: I was up at 5 A.M. this morning, and it was Zero degrees Fahrenheit outside. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I fell back to sleep until 7:30 A.M.. I chatted with a friend. I just finished my house cleaning and watering the plants. I listened to 106.7 FM off my stereo amplifier with the Emerson wireless headphones while doing my house cleaning. I am recharging a pair of AA Nickel Cadmium batteries for the wireless headphones. They should be charged at 6 P.M.. It is currently five degrees Fahrenheit with a wind-chill of minus - 15 degrees Fahrenheit. I have both DeLonghi oil filled radiators turned on in the living room with them set at medium and temperature selection of 4 from 1 to 6. It is warm and comfortable in the living room, and when I woke up, I turned the bedroom thermostat down from 70 degrees Fahrenheit to 60 degrees Fahrenheit, since I do not use the bedroom in the day time. CIO

End of Scott's Notes week of 01/09/04:

Note: <888> 01/09/04 Friday 7:10 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I did not use a sliced plum tomato or sliced baby carrots. I used all of the other regular ingredients, and I used a quarter of a diced yellow Spanish onion for the onion part and for the cheddar cheese portion, I use Kraft Cracker Barrel 2% low fat cheese. I had the salad with iced tea. I will now shut down the computer, and I will go to bed soon. I will first send out my weekly notes. It is presently 8 degrees Fahrenheit here in Greenwich, Connecticut with a wind chill of minus 8 degrees Fahrenheit, and it is suppose to be colder this evening. CIO

Note: <888> 01/09/04 Friday 6:05 P.M.: I went out after the last message. I went by the Greenwich Hospital Thrift shop. I bought four identical 15 inch by 12 inch place mats with three ducks on them for \$1 each in new condition originally \$4 at Filenes probably over ten years ago and a General Electric night light with automatic sensor activation for \$1 for \$5 total. I then went downtown, and I went by the Merry Go Round Mews thrift shop. They have more furniture in there. I then walked the entire length of Greenwich Avenue. I sat out at various locations. I stopped by CVS, and I used the bathroom at the senior center. It takes a while to get use to the cold. The senior center, when I was there briefly was warm and comfortable. I next drove down by the waterfront. I then went by the Greenwich Library, and I read the Greenwich Times and P.C. Magazine. I next went by the Stop and Shop, and I bought two 96 ounce containers of Tropicana Premium orange juice with calcium for \$2.99 each 96 ounce container, a eye round roast at \$3.59 a pound for \$9.28, a bulb of elephant garlic for \$1.99, four 18.8 ounce cans of Campbell's Kitchen Classic soups for \$1.25 each, one New England Clam chowder, one tomato, one lentil, and one chicken noodle, a five pound bag of yellow onions for \$3.49, fresh green beans at \$1.29 a pound for \$1.20, a bunch of fresh broccoli at \$1.29 a pound for \$1.87 for \$28.81 total. I then returned home, and I put away my food purchases. I drank some iced tea. I put the night light in the bathroom with a new 8 watt night light bulb that I had in my second down from the left blue kitchen bureau where I keep the batteries. I move the 4 inch General Electric florescent bulb fixture from the bathroom to the power strip on the center kitchen counter, and I moved the lower Glade Scent device to the power strip behind the Panasonic television in the kitchen. The General Electric night light in the

bathroom stays on when the bathroom light is off, but it goes off when the light is turned on. I have a similar one on the center power strip in the kitchen. It is cold out, and presently it is currently 8 degrees Fahrenheit with a wind-chill temperature of minus eight degrees Fahrenheit. Stay warm. I forgot to wear a double layer of socks today, so my feet were a bit cold. I put two of the Duck place mats on the dining room table, and I put the other two with the three Tree of Life place mats on the lower shelf of the right bookcase in the hallway on top of the books. CIO

Note: <888> 01/09/04 Friday 12:15 P.M.: I finished my lunch. I will now go out, and pretend I am on a summer adventure. It is only 10 degrees Fahrenheit outside, so I will bundle up, and try to stay warm. I think I will wear two pairs of socks along with all of my other winter gear. Stay warm. CIO

Note: <888> 01/09/04 Friday 11:55 A.M.: I put away my laundry and picked up the mail. I am heating a 18.8 ounce can of Campbell's Select New England clam chowder, which I will have for lunch with about 15 croutons and a glass of iced tea. CIO

Note: <888> 01/09/04 Friday 11:15 A.M.: Important Norwegian press announcement [Health Statement on the King of Norway December 1, 2003](#) . CIO

Note: <888> 01/09/04 Friday 10:45 A.M.: I showered and cleaned up. I have 35 minutes on the dry cycle on the laundry. CIO

Note: <888> 01/09/04 Friday 10:05 A.M.: I put clean linens on the bed in the bedroom. I have 10 minutes to go on the wash cycle of two loads of laundry. CIO

Note: <888> 01/09/04 Friday 9:35 A.M.: I chatted with a relative. CIO

Note: <888> 01/09/04 Friday 9:00 A.M.: I checked some other temperatures, and it is most definitely about 30 degrees Fahrenheit colder in Canada. I checked outside, and it is clear and cold. I guess if one does not have anything to do, one could try this web site <http://games.yahoo.com/games/downloads/ks.html> . CIO

Note: <888> 01/09/04 Friday 8:25 A.M.: I went through my email. I chatted with a friend. I ate four 1.5 inch by 1.75 inch by .25 inch squares of Kraft extra sharp 2% reduced fat cheese with the remaining piece of Apple pie. It is 13 degrees Fahrenheit outside right now however that is what Weatherbug says, but <http://www.weather.com/weather/local/06830> says it is 9 degrees Fahrenheit outside right now. I think the WeatherBug information comes from Rye Brook, New York, where as the <http://www.weather.com/weather/local/06830> comes from the National Weather service weather station at Tod's Point on the waterfront, which actually should be warmer. In any event for this area, it is quite cold outside right now. Although, I could bundled up and go outside, I think I should probably stay inside in my warm comfortable apartment and work on the computer. It is between 72 and 74 degrees Fahrenheit in the apartment right now in the living room, but I would hate to think what it might be costing me to stay warm. Besides having the living room thermostat set at 78 degrees

Fahrenheit, I have the DeLonghi oil filled radiator behind my computer chair on medium and set at 4 on a scale of 1 to 6. C'est tres froid, n'est pas! CIO

Note: <888> 01/09/04 Friday 7:25 A.M.: C'est tres cher! [Forbes.com: Forbes' Faberge Eggs](http://www.forbes.com/2004/01/08/cx_pm_0108fcphotoessay.html) and http://www.forbes.com/2004/01/08/cz_cf_0108whomade.html . I have an old broken goose egg in my apartment, but I don't think it is a Russian goose egg. I also gave a decorated goose egg to a relative for Christmas a few years ago with the Star of India rough cut diamond in it, both of which I bought for a dollar each at the Greenwich Hospital thrift shop. However, I think the relative might have thought it was just another piece of junk, so I do not know whether the relative kept them in safe keeping or not. CIO

Note: <888> 01/09/04 Friday 5:45 A.M.: I was up at 4 A.M.. I turned on the heat in the bedroom while I was asleep, and I turned the bedroom thermostat up to 70 degrees Fahrenheit. When I woke up, I turned it down to 60 degrees Fahrenheit. I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I watched a bit of television about Donald Trump trying to find people to work low paid jobs for him in Manhattan. I guess people in Manhattan are so overpaid too much for what they do, that there is a serious shortage of job applicants in Manhattan. I suppose after 911, no one wants to work there. Of course, a lot of Manhattan people once they receive a comfortable level of income, they tend not to work very much, and they spend most of their time entertaining and being entertained and occasionally traveling with the Jet set. Well, I guess not much has changed in that Rum Runner's paradise on the Hudson River. There is just a new generation of young privateers venturing into port. I installed the SoHo LAN card on the vintage IBM Cyrix 233 computer with 64 megs of memory. The card installed plug and play, and it is now capable of going online with the cable modem LAN cable in the bedroom connected from the Siemens' router in the living room. I had taken the old LAN card out of it, and I put in the HP Kayak XA backup computer. The IBM Cyrix computer is the oldest and slowest of my five backup desktop computers that I keep handy in case there is another disaster in the New York area, and we need backup computer power for word processing and web browsing provided we have electricity at this location. I do know somebody that worked for Disaster Services in Manhattan after 911, so if that individual contacted me after another disaster, more than likely I would let him and some of his associates use my facility here, provided they made it out safely from Manhattan. I am not saying that something will happen, but it does not hurt to be prepared at a modest level. It is presently 15 degrees Fahrenheit outside right now, so it is a bit nippy at this location currently. I chatted with one of the CVS store staff on Greenwich Avenue yesterday, and the individual told me that they might be getting Haines long underwear in stock soon. Last year, there was a Russian at the Port Chester, New York flea market at the A&P shopping center selling long underwear, but I am not sure whether the flea market is still open this time of year. I think they might be open Friday, Saturday, and Sunday. Thus having taken all of the older vintage computer systems and reconfigured them to be more up to date, I feel like the Dr. Frankenstein of old computers. Of course in this area back around 1982, there use to be a computer show called "Max Headroom" about an apocalyptic Manhattan

where lots of displaced people sat around watching old computer systems connected to a large mega corporation computer network. I guess life is beginning to imitate art. CIO

Note: <888> 01/08/04 Thursday 9:25 P.M.: I went out after the last message, and I went by the Greenwich Hospital Thrift Shop. I bought a SoHo LAN card in an unopened box for \$5. I will put it in my IBM Cyrix 233 MHz with 64 megs of memory backup computer, which I have on the Danish end table on top of the left side of the Danish desk in the bedroom. I then made my 3 P.M. appointment, and then I saw the Doctor for follow up on my cholesterol screening. My cholesterol is about the same, and it is all right as long as I stay on the Lipitor. The Doctor recommended that I should try to quit smoking cigarettes, which I might do sometime soon. I have a follow up appointment for a physical during the first week of March. I then went downtown, and I walked the entire length of Greenwich Avenue. I sat out at various locations, and I went by CVS. I bought a eight pack of CVS AA alkaline batteries for \$4.99 and a 1 ounce jar of Basil for .99 and a .75 ounce jar of Oregano for .99 plus .30 tax for \$7.27 total. I then completed my walk. I drove down by the waterfront. I then went by the Greenwich Library, and I read the Greenwich Times. I then chatted with a young skate boarder whom needed a cigarette, and he reminded me of another young skate boarder from years past, whom has not been seen around recently. I suppose when they out grow their skateboards, they start investigating other items with wheels. I then returned home. I microwaved and ate a Marie Callender 16 ounce chicken pot pie along with a glass of iced tea. I am tired, so I will shut down the computer, and I will go to bed soon. I will put the SoHo LAN card in the IBM Cyrix computer when I wake up tomorrow. When one spends quite a bit of time out in the cold, it tends to exhaust one, since one loses a bit of body heat even when one is warmly dressed. Stay warm, it is 24 degrees Fahrenheit right now, and I suppose it will get colder tonight. I read one report that it is suppose to go down to 9 degrees Fahrenheit tonight. CIO

Note: <888> 01/08/04 Thursday 12:45 P.M.: I ate about 3/4 of the 9 ounce can of Walgreen's smoked almonds before going to bed after the last message. I was up at 10:30 A.M.. I have a small shelf rack behind my apartment entrance door. I realized I had too much weight piled up on it, since it was only held on to the wall by two small Ook nails. I took off 11 cans of air freshener, and I put 9 on the floor behind the shopping cart behind the door, and I put two on the Krups coffee machine to have available for use. I left my scarves, knit cap, and gloves on the shelf which are lighter weight. I also rehung the shelf with the two Ook nails, so the shelf Ook nails are fastened into more secure sections of the sheet rock. I refilled two of my Glade Plug-in refills with a 2/3 mixture of English Leather cologne and 1/3 mixture 91% isopropyl alcohol, so the lower of the two on the kitchen power strip and the one behind the Minolta laser printer are now filled up. I only filled them about 75% full, so there is air in the refill container, which seems to help them work properly. In other words, if they are too full, they do not evaporate. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I checked the mail. I will now clean up, and I will go out. I have a 3 P.M. and 3:45 P.M. appointment at the same location. The last appointment is for the follow up on my cholesterol test and for follow up on the Lipitor that I have been taking. It is 26

degrees Fahrenheit outside right now, so it is a bit warmer today. However, I think it is suppose to go down to 9 degrees Fahrenheit tonight. CIO

Note: <888> 01/08/04 Thursday 4:50 A.M.: I ate four 1/4 inch by 1.75 inch by 1.5 inch slices of the Kraft Cracker Barrel 2% lean cheddar cheese. I will now have a handful of the Walgreen's smoked almonds. I will now shut down the computer, and I will rest a while. CIO

Note: <888> 01/08/04 Thursday 4:35 A.M.: I ate a piece of Apple pie with my meal. I remember the good old days, when one could buy a regular size Table Talk pie for .59, now week old Entenmann's pies at the Arnold Bread outlet cost \$1.89, when they have them. They sometimes are generous, and they do not sell them, and they give them to the local community shelters nearby. Recently, they have not had as many of the Entenmann's baked goods for week old sale. I am now buying fresh bread, instead of week old bread. They charge me the same. However, by the time the English Muffins get down to Fort Lauderdale via truck to be served on the new Queen Mary II, they might be a few days older, like some of the passengers. I guess since the British since they are frugal at home, they can afford to travel "High Cabin". Maybe some old veterans in the south Florida could look into them into helping pay off some the massive war debts of this past century that they have helped incurred in the process of defending them. Of course, they were on the front lines defending our democracy, when we were just collecting scrap metal and running scavenger drives back here. Maybe, they could donate the old Queen Elizabeth II for a floating retirement home in Long Island sound, since there are quite a few elderly people whom have not chosen to retire down south, but have decided to stay in their family locations, where they have lived most of their lives. Well, the grass is always greener on the other side. Most of the younger people, I see in this area from down south tend to be overweight, but when one goes down south, a lot of the older retired people are very thin. Thus the younger generation is eating the older generation out of house and home, so they better be prepared to help defend the home fires, if and when that time comes again. Recently in the United States of America, they are advertising Detroit, Michigan as having the fattest people in the United States of America, so I guess, if any foreign invading group wants to occupy this country, they should head for Detroit, Michigan where there is plenty of food to sustain them. However, it is cold in Michigan like Canada, so more than likely the people there need extra body fat to stay warm. Maybe, any invading group should just pass by the United States of America, and head up to Canada, where they always seem to be well fed and warm and comfortable. Of course that might just be in the big cities, and in the country, they are probably still breaking the ice on the privy out back in the winter, and up there in the north woods in the summer, they do have quite a large number of nasty insects, not to mention the other indigenous wildlife. Quite frankly, it is my personal opinion that there are traveling carnival or circus type people who work their way around the world trying to scare established people into making foolish financial decisions. With the Internet, this has become particularly apparent these days. CIO

Note: <888> 01/08/04 Thursday 3:55 A.M.: I am microwaving a Stouffer's 12.5 ounce Lean Cuisine chicken with mushrooms dinner, which I will eat with some iced tea. CIO

Note: <888> 01/08/04 Thursday 3:35 A.M.: I finished going through my email. CIO

Note: <888> 01/08/04 Thursday 3:20 A.M.: I have been going through my email. I boiled 1.5 cups of water, and I put in a .3 ounce package of Jell-o sugar free sparkling white grape mix and a .3 ounce package of Jell-o sparkling wild berry mix in a Pyrex baking bowl with lid, and I stirred the boiling water into the Jell-o mix, and I stirred it two minutes. I previously had opened a 15 ounce can of DelMonte lite sliced peaches, yellow cling peaches in extra light syrup, and I had drained off with the open can lid four ounces of the peach syrup, which I put in a measuring cup with nine ounces of cold Florida orange juice and three ounces of Rene Junot white wine, and I added this mixture to the hot Jell-o mixture after I had stirred it two minutes, and I stirred it until it was mixed, and then I added the peaches from the 15 ounce can of DelMonte sliced peaches, and I mixed it all, and then I added three ounces of cold water, and I mixed it all. I then put the Pyrex lid on the Pyrex bowl, and I put it on the lower shelf of the refrigerator to chill. It should be ready after about four hours to eat, but I will probably wait until tomorrow to have some. CIO

Note: <888> 01/08/04 Thursday 2:45 A.M.: Yesterday morning, I noticed when I drove over to Port Chester, New York that on main street in Port Chester, New York; CVS has cleared the ground to build a new store with a drive through Pharmacy pickup. I guess people in New York, whom might be an older population too, do not like getting out of their cars to pick up their prescriptions. I guess this is probably already the case down in Florida and southern California and southern Texas and other areas in the southwest and southeastern United States where there are lots of retired people. The person I initially talked with the most when I went down to Florida on my own during the third week of September in 1976 was a long time Florida resident with a great deal of experience in the southeast coming from one of the original European families in the southeast, and although he was a staunch democrat, his primary political past time was for the Florida Grey Panthers senior citizen lobbying group which do not seem to have their own web site, but of course there is always <http://www.aarp.org/> which I have been paying memberships dues of \$10 annually to, since I turned 50 years old. The person that talked about the Florida Grey Panthers senior citizen lobbying group use to talk a lot about Senator Claude Pepper who helped start the organization. I guess he was not very successful, since although the individual was one of the largest land owners in the state of Florida, he eventually retired and passed away in Tybee Island, Georgia, so I guess at the time there were people whom were more senior than him at age 72, that still had a bit of influence that he did not have. Of course on colder days in Florida, not all the seniors went out and explored to see whom was around. CIO

Note: <888> 01/08/04 Thursday 2:20 A.M.: [Wired News: Bush Grabs New Power for FBI](#) . CIO

Note: <888> 01/08/04 Thursday 2:10 A.M.: New stuff <http://www.demo.com> . Maybe the Chinese or the Japanese have come up with a robot that does mind working in the cold weather. My personal viewpoint is the human experience is more adaptable. CIO

Note: <888> 01/08/04 Thursday 2:00 A.M.: Car story from Michigan HollandSentinel.com -Toyota, Honda boast record sales 01/05/04 . CIO

Note: <888> 01/08/04 Thursday 2:00 A.M.: Of course, once having been in the hospitality business, we also try to be prepared to entertain on a year round business. I emptied my eight ice trays in the refrigerator freezer into a triple layer group of three plastic CVS bags, and I put the loose ice back in the freezer, and I refilled the ice trays. The ice in the freezer trays tends to evaporate in the dry conditions of the freezer. This weather locally is suppose to continue on until this Monday when it warms up a bit <http://www.wunderground.com/cgi-bin/findweather/getForecast?query=06830> . Of course on this Monday, there might be snow. CIO

Note: <888> 01/08/04 Thursday 1:35 A.M.: I turned on the DeLonghi oil filled radiator behind my computer chair, and I set it at medium and temperature selection of 4 on a scale of 1 to 6. At the moment it is 18 degrees Fahrenheit outside, but tomorrow night, it is suppose to go down to 9 degrees Fahrenheit. Cold snaps do not usually last two long around here, but back around January 21, 1982, it was 24 degrees Fahrenheit below zero here, so that was the last time I tried to venture down to Key West on my own, since I did not have any place to stay here. However, when I got down to Key West, Florida they were not very friendly, because the United States government people down there thought that the United States government was more important than private capitalist enterprise. Sooner or later, the United States government people living off the tax payers' money are going to learn that a great many hard working tax payers pay money to operate the United States of America government, and even people like myself living on disability income spend a great deal of time volunteering based on an advanced expensive education and years of experience. Thus individuals whom think they know it all, might need a little bit more experience, until they begin to realize that people up north spend a great deal of time in the warmer months getting ready for the colder months, so they have time to be warm and comfortable at home. As I have said before, it is not necessary to be using energy to heat up cast iron in an automobile, when one can use the same energy to be warm and comfortable at home. Of course if one were out in an automobile running the engine and the car heater to stay warm on a cold night, it is frequently advised to leave the automobile window open a small bit, so in case the carbon monoxide fumes coming from the automobile are leaking into the car, some fresh air will also get into the car, so one does not get carbon monoxide poisoning. CIO

Note: <888> 01/08/04 Thursday 1:15 A.M.: I studied the Solutia www.solutia.com web site to see what products they make. Of course in this cooler weather, we could have a Siberian tiger downtown too or even a Mountain Lion or Cougar. Whenever, I get around to venturing out, I will have to keep an eye out for White Snow Geese or even a White Fox. The north woods are full of hungry animals on the prowl when it gets cold, and not all of them hibernate. CIO

Note: <888> 01/08/04 Thursday 12:30 A.M.: According to this information Chemstrand is now part of <http://www.solutia.com/pages/corporate/> and not Monsanto, unless of course Monsanto owns Solutia. CIO

Note: <888> 01/08/04 Thursday 12:10 A.M.: According to this <http://www.maineharbors.com/ct/jangrw04.htm> , it is high tide presently and a full moon, so the fishing might be good off the pier on Steamboat Road, but with a 20 degrees Fahrenheit temperature, the only thing one might catch is an Orca or Killer Whale. I have never seen anyone catch an Atlantic salmon there. CIO

Note: <888> 01/07/04 Wednesday 11:50 P.M.: I watched a bit of television. Back in the winters of 1976-1977, 1977-1978, and briefly in 1978-1979, and again briefly in 1982, I spent time around an old abandoned hotel in Key West, Florida from 1977 to 1978 when it was under renovation and full of a couple of hundred stray cats. It is still called the Casa Marina, which in Spanish means "Castle by the Sea" <http://www.casamarinakeywest.com/> . Of course, there must have been a bunch of communists down in Key West, since for all the work and time, I spent keeping an eye on that hotel, they never paid me. If I am not mistaken, the property of the Casa Marina is not owned by the hotel itself, but it is on long term lease from the United States government. Thus, certain people with political connections are living high on the hog down in Key West with low cost rent from the United States government. Originally the Casa Marina was renovated by the Marriott Hotel corporation with financing from the Equitable Life Insurance Company out of Illinois. The <http://www.wyndham.com/> resort network seems to be out of Dallas, Texas, so I guess they now are in charge down there. However, at the same time I was around the Casa Marina, I also used to be around members of Mel Fisher's dive expedition to recover lost gold that they eventually found in Key West. Locally here in Greenwich, there were members of local established Greenwich families whom also lived in Key West, so although I was never paid, I did spend quite a bit of time down there, and I did work keeping an eye on the island. More than likely the individuals whom did not want me keeping an eye on the area drank too much Caribbean rum, so while they were having a fun time, I was not drinking, and I was trying to keep an eye on the area based on my experience in Florida. Also my father's first wife's family own the Banking company that had a branch office down there too. Thus, I suppose if I had hired a lawyer and was a bit clever, I could have become more established down there. However, basically being a northern individual, it was more of an adventure. When I was down there, people were basically dirt poor, so since it appeared that my friends and myself might have some financial backing we were well received. Whatever, the case my friends down there mostly all had Washington D.C. contacts, so I guess when the elected political officials changed, their influence down there also changed. Thus I do not venture down into that area, since I do not feel like sleeping on the beach or in my car. Much the same could be said for California. Basically, I have a comfortable apartment here after 20 years, and I am warm and comfortable, so I do not need to waste my time exploring that long since forgotten pirate's lair. In terms of United States capitalists, there were people affiliated with the Coca Cola company and the Dupont company whom maintained an interest in south Florida, because they had friends there whom had lost substantial properties when the Communists took over Cuba, and they some day hoped to reclaim those properties. Since before we moved here to Greenwich, Connecticut in 1961, my father was a top ranking corporate executive in a company called Chemstrand owned by Monsanto that had manufacturing facilities in Pensacola, Florida we had an established network of corporate

friends with contacts in Florida and neighbors whom were gainfully employed by the United States Navy, so at the time we had some sort of established respectability in that region. However times change. I still have established family members in other locations in Florida, so my adventures in Florida at that period were my attempt to establish myself there. I also having spent time down there know of other established people in that area. However, as one friend once told me, "Fish and House Guests Stink after Three Days", I am not sure I would be welcomed back into those areas, if I were not adequately financed. I suppose other people down there have become more established, so they do need the financial security that my network of friends was once able to offer them. However, when the major players in that area come into focus, I am sure some of them are still paying off their mortgages and debts that they accumulated in that area trying to settle into that area. Basically the United States Government is not giving anyone a free ride, so the fact that I was down there, would indicate that I was qualified back then to be down there. Of course when one is a northern person walking around on hot days in the south Florida winter, one tends to smell a bit from the accumulated perspiration. However, the longer one spends time in south Florida, one's blood thins out, and one gradually becomes less able to adapt to the colder temperatures up north. Thus more than likely there are new arrivals in this area as always whom are not as comfortable with the colder temperatures in this area. I will now print out the Greenwich Harbor tide charts for the next six months <http://www.maineharbors.com/ct/tidectw.htm> . I know someone who has friends in the United States Navy whom is suppose to be use to colder weather in this area, so he or his friends are suppose to keep an eye on this area in colder weather. Of course for all I know the only people downtown are Yeti and a Polar Bear and a white wolf. CIO

Note: <888> 01/07/04 Wednesday 10:35 P.M.: Today is Russian Christmas. I checked to make sure the Holiday lights were working outside in front of the building, and they are working. I am just about ready to have a cup of Salada orange pekoe tea with a tablespoon of lemon juice. CIO

Note: <888> 01/07/04 Wednesday 10:10 P.M.: I rested until 9 P.M.. I ate a piece of apple pie. I chatted with a friend and a relative. I have my flannel pajama pants on with sweat shirt, my GAP full length long underwear, and my heavy terry cloth bathrobe, so I am warm enough. It is 71.5 degrees Fahrenheit in the apartment, and it is 19 degrees Fahrenheit outside right now. I suppose it will get colder tonight. CIO

Note: <888> 01/07/04 Wednesday 12:40 P.M.: I made up a batch of homemade hummus www.geocities.com/mikelscott/hummus.htm . This time I used a 6.5 ounce dry weight can of California medium black pitted olives. I also made an ate my usual salad www.geocities.com/mikelscott/salad.htm , but this time I used Dole Tuscany greens salad mixture instead of Spinach, and I did not use tomatoes, carrots, and broccoli. For the cheddar cheese portion, I used 2% low fat extra sharp cheddar cheese. For the onion portion, I used one fourth of a large diced yellow or Spanish onion. I had the salad with iced tea. I will now put the computer on standby, and I will take a nap. Underneath my sweat shirt and flannel pajama bottoms, I am also wearing inside my GAP full length long underwear. It is 20 degrees Fahrenheit outside right now. CIO

Note: <888> 01/07/04 Wednesday 11:05 A.M.: I went out after the last message. I went by the ATM machine at the Bank of New York in Port Chester, New York. I then went by the VitaminShoppe at the A&P shopping center in Port Chester, New York. I bought VitaminShoppe multivitamins one daily with Lutein and Lydopene and no iron 100 tablets \$12.57, 100 capsules of Deodorized Garlic 500 \$5.37, 100 capsules of B-12 500 mcg. \$4.76, Coral Calcium 1500 mg. 90 capsules \$16.17, C-500 100 capsules \$5.37, E-400 IU with wheat germ oil and lecithin 100 softgels \$10.77, Niacinamide 500 mg. 100 capsules \$4.76, B-Complex 100 capsules \$7.58, and MSM 1000 three hundred capsules \$32.36 for \$99.71 total. I then returned home. I will store my new vitamins and supplements in the VitaminShoppe bag on the right living room closet shelf until I need them, which will be soon when the current bottles in the center kitchen cupboard start running out. This is all part of my normal routine. It is 19 degrees Fahrenheit outside right now. CIO

Note: <888> 01/07/04 Wednesday 9:25 A.M.: I did a C: drive to D: drive backup on the primary computer in seven parts. I ran Norton SpeedDisk afterwards. After I ate breakfast I showered and cleaned up. The computer is running just fine. I now have 38,800 miles on my Hyundai. It is 17 degrees Fahrenheit outside right now. I will now stop by the ATM machine at the Bank of New York in Port Chester, New York, and then I will go by the VitaminShoppe www.vitaminshoppe.com in Port Chester, New York at the A&P shopping center, and then I will return home. CIO

Note: <888> 01/07/04 Wednesday 6:30 A.M.: I woke up earlier, and I ate a Quaker low fat white cheddar corn cake. I was awake at 6:15 A.M.. I will now run Norton Disk Doctor, and then I will do a seven part C: to D: drive backup. I will have breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. CIO

Note: <888> 01/06/04 Tuesday 11:40 P.M.: I heated and ate a 18.5 ounce can of Progresso Rich and Hearty creamy chicken with wild rice soup, which I ate with about 15 croutons and a glass of iced tea. I did a backup with System restore, and I used disk cleanup to remove the old System restore files. I still have over 3 gigabytes of disk space free on the C: drive. Tomorrow I will do a backup. I am not sure whether I will do a seven part backup or use the Automated System Recovery Wizard and do one entire backup file. The disadvantage of one entire backup file is that if it became corrupted, one would lose the entire backup. However, using my seven part backup procedure, I am not sure if I am backing up the entire system or not. I do recall once restoring the system with the backup files since using Windows XP for over a year, so I think that procedure works. I am also not sure with Automated System Recovery, if one can restore individual files or not, which is occasionally necessary. I will now shut down the computer, and I will go to bed. It is 20 degrees Fahrenheit here right now so try to stay warm. CIO

Note: <888> 01/06/04 Tuesday 10:55 P.M.: After the last message, I uninstalled Windows XP SP2 beta, and it uninstalled and returned the system to its original configuration quickly and without any problems. I then installed Windows XP SP1 and all of the other updates. I then tried to print out with the PaperPort 6.5 program from the

Visioneer 4400 USB scanner, but it would not print. I then uninstalled the PaperPort 6.5 program and the scanner drivers including the including the C:\Windows\twain_32\VISCAN folder. I used the registry editor, and I deleted all references in the registry to "Visioneer", "PaperPort", and "ScanSoft". I then installed the Visioneer Software with the USB driver for both the Visioneer 4400 scanner and the WIA-42 Bit USB Scanner 1.0 (32-32) driver both of which are available from Visioneer. After rebooting, I printed out without any problems the scanned copies of my new DieHard International battery receipts from Sears. I printed out three copies, one of which I will put in the Hyundai glove compartment. However, when I rebooted again the Visioneer 4400 PaperPort 6.5 program would not print out. I tried reinstalling the software again, and it printed out, but when I rebooted, it would not print out. I chatted with a friend. I then searched the www.paperport.com web site, and I found a patch for PaperPort 6.5 <http://knowledgebase.scansoft.com/view.asp?tnID=920> , and I downloaded and installed the patch and rebooted the computer and the Visioneer 4400 scanner with PaperPort 6.5 now works perfectly fine without any problems. I guess when I installed the refresh of Windows XP with the upgrade option before installing Windows XP SP2 beta, I erased the PaperPort 6.5 patch that I had forgotten about. This all took quite a bit of time, and I also ran Norton WinDoctor a few times, which I will do so again right now. The primary computer system is running just fine. Basically the Epson Stylus Color 880 printer driver would not work with Windows XP SP2 beta, so I now have the more stable XP system without the new features of XP SP2 beta. I also copied the PaperPort 6.5 patch to a CD, and I put it with my Visioneer 4400 CD. CIO

Note: <888> 01/06/04 Tuesday 4:55 P.M.: After the last message, I tried copying my sales receipts from Sears for the new battery. My Visioneer Scanner 4400 USB scanner worked, but it would not print out. I tried reinstalling the Visioneer Scanner 4400 USB Paperport program, and it still would not work. I finally figured out the scanner program was set to my Epson Stylus Color 880 printer, however when I tried to change it to my Minolta PagePro 1250W laser printer, it would not change. I finally determined that my Epson Stylus Color 880 printer would not work with Windows XP SP2 beta, so I used the add remove programs to uninstall the Windows XP SP2 beta. Thus my system is in the state when I reinstalled Windows XP from the Windows XP cdrom Update option. Now I have to installed Windows XP SP1 and the other updates. I backed up my system first with System Restore. I had had some other minor problems with the Windows XP SP2 beta like system instability with the mouse cursor, and I guess it will be best not to use it. I will now install the updates. With the uninstall of Windows XP SP2 beta, the system seems to be running fine, and it is still configured the same way. Of course the Windows XP firewall will not work with Norton Internet Security 2004, which I do have installed still. CIO

Note: <888> 01/06/04 Tuesday 3:00 P.M.: I was up at 8 A.M. this morning. I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I cleaned up, and I went out. I went by Putnam Trust Bank of New York on Mason Street. I then went by the central Greenwich post office, and I obtained three money orders at .90 cost each to pay my Verizon telephone bill, Cablevision television, and Cablevision Optimum Online cable modem, and I mailed the payments for the bills.

I sat out downtown briefly. I then drove over to White Plains, New York via Glenville Road, King Street, and Anderson Hill Road. Sears has moved from its old location to the Galleria Mall, and they have an automobile service center there off the parking garage area. I think they might have a larger store there, but I just saw the automobile and hardware areas, but the store from the outside looks bigger. I noticed they have Christmas items in the hardware department for 50% off and including fruitcake reduced from \$30 to \$15. I did not see it, but they might have a larger store than what I saw. I got my Michelin tires that I bought at the old store on August 28, 2002 rotated after about 7,400 miles usage. There was no charge for the rotation which is included in the price that I paid for the new tires. Since the original battery in my Hyundai was a month less than five years old, I decided to have it replaced too. I bought the DieHard International Automotive Batteries at sears.com Diehard International Battery sales slip number PS 22833347 International Group 47 for \$99.99 plus \$12.99 service charge and \$9.04 tax for \$122.02. I toured the Sears Automotive hardware section while I had the car serviced. In the Food Court of the Galleria Mall, I used the Bank of America ATM machine for a \$2 charge. The sales price on the Sears International Battery included turning in the old battery which was original when the car was new. The reason I buy my tires and car batteries at Sears www.sears.com is that although I infrequently travel, if I ever had to travel, there are a great many Sears stores in North America, where I could get the tires and battery serviced under the Sears warranty. The Sears web site indicates, I needed the DieHard International #31247 battery, but they installed the #33347 battery which the web site refers one from the #33347 to the #31247. More than likely #33347 is for colder climates, where #31247 is for warmer climates. Thus I have the DieHard #33347 battery in my Hyundai. The new Sears International battery has a three year warranty. I next toured CompUSA in White Plains. I then returned home by the same way that I drove over there. I then chatted with a relative. I reheated the garlic herbal boneless breast of chicken and steamed rice that I made yesterday, and I ate it with steamed fresh cut asparagus and iced tea. I am just about to drink a 50% - 50% Folgers' instant regular and instant decaffeinated coffee. CIO

Note: <888> 01/06/04 Tuesday 12:15 A.M.: I have enough cold weather clothing if I remember to wear it. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 01/06/04 Tuesday 12:05 A.M.: [Weather Underground: Agata, Russia Forecast -minus 57 degrees F. right now](#) . Cooler weather due here for the rest of the week [Weather Underground: Greenwich, Connecticut 9 degrees F. on this Thursday Forecast](#) . CIO

Note: <888> 01/05/04 Monday 11:55 P.M.: Obscure Key West, Florida trivia that Jimmy Buffett the former resident of Key West is actually from Montana [Weather Underground: Montana is cold right now!](#) . Let's hope the cold does not come our way. CIO

Note: <888> 01/05/04 Monday 11:35 P.M.: Dutch pet cats [The Rugged Elegance Inspiration Network: Baby Tiger Cubs Out for a Stroll](#) . I chatted with a relative. I ate a piece of the apple pie along with some iced tea. CIO

Note: <888> 01/05/04 Monday 10:35 P.M.: I went out after the last message. I went by the Greenwich Library, and I read the first section of the Greenwich Times. The other sections were not available. I then went downtown, and I walked the entire length of Greenwich Avenue. I sat out at various locations. I stopped by CVS, and they have their remaining Christmas items at 50% to 90% off. I bought a Dover and York wood remote control holder with two compartments for 90% off for .99 plus .06 tax for \$1.05 total. I then completed my walk. I then drove down by the waterfront. They have a large number of poinsettia plants at the dumpster area at the lower level parking area at the Greenwich Train station office building. They would do better in a warmer environment. I just now returned home. I put the remote control holder on the TEAC DVD player with the other similar remote control holder with the remaining remote controls in it. I drank some iced tea. CIO

Note: <888> 01/05/04 Monday 7:00 P.M.: I had a telephone call at 5 P.M. about a legal matter that I might be able to help out on. I chatted with a relative. I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I will now shut down the computer, and I will go out as soon as I dress warmly. CIO

Note: <888> 01/05/04 Monday 1:20 P.M.: I will now shut down the computer, and I will go to bed. CIO

Note: <888> 01/05/04 Monday 1:00 P.M.: I went out after the last message, and I went by Putnam Trust Bank of New York on Mason Street. I then went by the Greenwich Hospital Thrift Shop. I then drove over to Old Greenwich, and I went to Off Center Hair Stylists, and I had my hair cut for \$18 plus \$5 tip for \$23 total. I then went by the Rummage Room Thrift Shop. I next went by the Old Greenwich CVS, and I bought three Dover and York gift packages for 75% off. I bought the Dover and York Calendar, World Time Clock, Calculator with a wooden base and bell alarm for \$3.25, the Dover and York Sound Soothing Machine with five sounds of mountain stream, summer night, ocean, heartbeat, and spring rain, with a power off timer, and ear phone jack for \$3.75, and the Dover and York Multi Purpose Emergency Tool with a dual point glass breaker and seat belt cutter in a reflective case with mounting bracket for \$2.49 plus .57 tax for \$10.06 total. I put the emergency tool with instructions in the space in front of my Hyundai gear shift underneath the dashboard. I then drove around Tod's Point. The tide was very high. I next drove back to downtown Greenwich, and I drove down by the waterfront. I then went by the Arnold Bakery outlet, and I bought a loaf of Arnold Branola Country oat bread for .99 and a Entenmann's Countrystyle apple pie for \$1.89 less senior discount of .29 for \$2.59 total. I then went by Smokes for Less in Byram, and I bought a carton of Seneca Ultra Lights 100s cigarettes for \$31 total. I then returned home, and I drank some iced tea, and I ate a piece of apple pie. The world clock came with two LR-44 button cell batteries included, and I removed the plastic tab to keep them from working, and the clock started up. I set the time and date. I put it on the right front of my HP LaserJet IID printer on the dining room table, so I now have a calendar as well as time and the calculator. I put in for 4 Energizer AA batteries in the soothing sound machine, and it works just fine. I left it on the brass and glass coffee tables in between

the two couches for relaxing sounds. I left the instructions for the two items on the brass Eiffel Towel plate on my dining room table. CIO

Note: <888> 01/05/04 Monday 8:25 A.M.: I will now shut down the computer, and I will go out soon. CIO

Note: <888> 01/05/04 Monday 8:05 A.M.: <http://www.marsinstitute.info/> news from the Red planet. CIO

Note: <888> 01/05/04 Monday 7:45 A.M.: I am still reading some of www.geocities.com/mikelscott/scotwork.htm . I also watched some television. CIO

Note: <888> 01/05/04 Monday 6:25 A.M.: I ate two mandarin oranges. CIO

Note: <888> 01/05/04 Monday 6:10 A.M.: [Watching Microsoft Like A Hawk - Microsoft News Watch Site](#) . CIO

Note: <888> 01/05/04 Monday 5:45 A.M.: I updated <http://www.atomtime.com/download.html> . I am going through www.geocities.com/mikelscott/scotwork.htm . CIO

Note: <888> 01/05/04 Monday 5:25 A.M.: I ate one fourth of a bag of Lays K.C. Masterpiece Barbeque potato chips along with some iced tea. CIO

Note: <888> 01/05/04 Monday 4:25 A.M.: The entire file group for Scott's Notes for the last six years and seven months is available for download from [Scott's Notes from June 1997 through December 2002, 3.05 Mbytes](#) <http://www.geocities.com/mikelscott/mlsnote1.zip> contains "mlsnote1.doc" pages 1 - 1582 and "mlsnote2.doc" January 2002 through December, 2003 pages 1583 - 2855" . CIO

Note: <888> 01/05/04 Monday 4:05 A.M.: I printed out a copy of my last four month's Scott's Random notes. It is 270 pages long, and I put it in two Oxford Clip binders, which I left on the near end of the blue sofa for easy reading. In a couple of days, I will put them with the other Oxford Clip binders in the left bookcase in the hallway. The entire printout of the notes for the last six year and seven months is 2855 pages long, so it is a long stack of Oxford Clip binders in the left hallway bookcase. I used my trusty old HP LaserJet IID laser printer, which is good for heavy duty printing. It probably has less than a thousand sheets usage on the present toner cartridge, so it should be good for another two thousand pages. I print out in Post Script Times Roman 12 Bold, so it uses a bit more toner in the printout. CIO

Note: <888> 01/05/04 Monday 2:30 A.M.: I watched a little bit of television while I was having my coffee. I will now print out the last four months of my Scott's Random Notes. CIO

Note: <888> 01/05/04 Monday 1:25 A.M.: Dinner was delicious. I am just about ready to have a cup of coffee. CIO

Note: <888> 01/05/04 Monday 12:50 A.M.: For any stranded night owls who are hungry or cold, and providing one has Unites States of America wampum, the Glory Days Diner on East Putnam Avenue in Greenwich, Connecticut is usually opened 24 hours a day seven days a week, so one can take refuge there and eat to one's heart's content. However, here on the more frugal side of town, I am cooking the same dinner as last night. I took two Purdue boneless breasts of chicken breast, and I rinsed them off in cold water, and I dried them with a paper towel. I put them in a Pyrex pie dish, and I rub both sides with a little olive oil. I then seasoned both sides with Old Bay Seasoning, garlic powder, celery salt, ground black pepper, chicken and meat seasoning, Italian spices, oregano, and basil. I put about a quarter of a cup of Rene Junot white wine in the dish with a few tablespoons of La Choy low sodium soy sauce. I put six minced gloves of garlic on the top of the boneless chicken breasts. I will cook them in the Farberware convection oven at 350 degrees Fahrenheit for 35 minutes. I will eat one of the chicken breasts with reheated steamed white rice, and I will put the cooking juices on both the chicken and the rice. I also will have steamed fresh asparagus, and I will eat the dinner with a glass of iced tea. I will refrigerate the other cooked boneless chicken breast for use later. CIO

Note: <888> 01/05/04 Monday 12:10 A.M.: I went through my email. CIO

Note: <888> 01/04/04 Sunday 11:55 P.M.: Free cars [Big GM incentive: free cars - Jan. 4, 2004](#) . CIO

Note: <888> 01/04/04 Sunday 11:40 P.M.: I was up at 5 P.M., and I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I watched some television. I went back to bed until 10 P.M.. I just cleaned up. I will not be going out, since it is a cool damp night out. CIO

Note: <888> 01/04/04 Sunday 10:10 A.M.: I finished running the utilities on the HP Kayak XA computer, and it is all running fine. I shut it down. I have the bedroom LAN cable connected to the AMD backup computer on the brass and glass coffee table on top of the Danish desk, but the LAN cable can be switched around easily. I will now shut down the primary computer, and I will go to bed soon. CIO

Note: <888> 01/04/04 Sunday 9:45 A.M.: I ate two Mandarin oranges. CIO

Note: <888> 01/04/04 Sunday 9:20 A.M.: On the HP Kayak XA computer, I changed the IDE Cdrom from Cable Select to Master. The computer then booted without any problems from the CD. I replaced the defective file. I rebooted without the CD, and the computer is running just fine, and it is all configured. It has about 1.5 gigabytes of free space on the 4.5 gigabyte hard drive. I have it back in the bedroom underneath the sideboard. I am running a utility on it. Well it is all running just fine, so I now have four backup computers that can go online, and another one that can not go online besides the

primary computer which obviously can go online. Well, it took some time, but the HP Kayak XA seems to be running fine. When I changed the Cdrom to IDE Master, it was also recognized as to the specific type it is. CIO

Note: <888> 01/04/04 Sunday 6:40 A.M.: I shut down the HP Kayak XA computer, and I put it back in the bedroom underneath the sideboard. Unfortunately when I booted it with the other Dell monitor in the bedroom, it would not start saying that I had a corrupt file that needed repair. I can not boot the CDrom at the moment to try to repair it, since the CDrom does not boot. The CDrom is set to Cable Select, and if maybe I set it as the Master IDE device, it might boot, when I select the CD boot option. I will work on this at a later date when I have more time. It is just one of many backup computers that I have, so it is not critical. I had it all configured, and it was working just fine, until I moved it into the bedroom and tried to boot it. It might be that it has a faulty SCSI controller or hard drive, but during the many reboots during installation and configuration, I had no problems with it. Well, it just goes to show the best efforts can frequently be to no avail. Still, in working with the HP Kayak XA computer, I learned something about the older technology. CIO

Note: <888> 01/04/04 Sunday 4:25 A.M.:
<http://marsrovers.jpl.nasa.gov/home/index.html> or same [Mars Exploration Rover Mission: Home](#) . CIO

Note: <888> 01/04/04 Sunday 3:55 A.M.: NASA TV
<http://www.nasa.gov/multimedia/nasatv/index.html> with feed on the NASA Mars Rover. I also went through my email. CIO

Note: <888> 01/04/04 Sunday 3:55 A.M.: I am still configuring the HP Kayak XA computer. I will use it as another emergency backup computer, so I will not be using it regularly, except to check it to make sure it is still working. Configuration is coming along just fine, and I about done configuring it, and then I will run some utilities on it. It has a 300 MHz Pentium II processor with 160 megs of memory, so it just has enough horsepower to run the programs that I have put on it. Well, I guess we could call it part of the "Dumpster Computer Repair Skunk Works Project". Sound is working on it, so I will put the headphone set from the AMD backup computer which has speakers anyway. It also has the HP Lan card and another Lan card, so technically it could be used for networking. CIO

Note: <888> 01/04/04 Sunday 2:30 A.M.: I am still working on configuring the HP Kayak XA computer. I made this dinner. I took one Purdue boneless breast of chicken breast, and I rinsed it off in cold water, and I dried it with a paper towel. I put it in a Pyrex pie dish, and I rub both sides with a little olive oil. I then seasoned both sides with Old Bay Seasoning, garlic powder, celery salt, ground black pepper, chicken and meat seasoning, Italian spices, oregano, and basil. I put about a quarter of a cup of Rene Junot white wine in the dish with a few tablespoons of La Choy low sodium soy sauce. I put five minced gloves of garlic on the top of the chicken. I cooked it in the Farberware convection oven at 350 degrees Fahrenheit for 35 minutes. I had the chicken with

steamed white rice, and I put the juices on both the chicken and the rice. I also had steamed fresh asparagus and broccoli, and I ate the dinner with a glass of iced tea. CIO

Note: <888> 01/03/04 Saturday 11:20 P.M.: I went through my email. CIO

Note: <888> 01/03/04 Saturday 10:45 P.M.: I was awake at 3 P.M., when a friend called. I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went back to sleep until 7 P.M.. I vacuumed my apartment, so the house cleaning is now done. I cleaned up, and I went out. I stopped by CVS. I drove down by the waterfront. I briefly sat out at the Greenwich Library. It was damp out, so I did not walk. I went by the Exxon gasoline next to the Greenwich Library, and I bought \$2 of regular unleaded gasoline at \$1.839 a gallon for about 30 miles per gallon. I then went by the Stop and Shop, and I bought four half gallons of Tropicana Premium orange juice original flavor for \$2 each half gallon, a Marie Callender chicken tenders dinner for \$3, fresh asparagus at \$2.49 a pound for \$2.46, a 19 ounce bottle of Texas Best Barbeque sauce original rib style flavor for \$2.99, a quart of Stop and Shop strawberry preserves for \$2.99, a Spanish yellow onion at .99 a pound for .84, a bulb of fresh garlic at \$2.99 a pound for .48, a 48 ounce container of Quaker old fashioned oatmeal for \$3.99, and just before the asparagus, they rang up an unknown item as the same weight at the asparagus "Sar Grnd Chourco" for \$3.70, which was the cost of the Purdue boneless breasts of chicken at \$1.99 a pound for \$3.70 for \$28.45 total. I then returned home, and I put away my purchases. I drank some iced tea. I just chatted with a couple of relatives. CIO

Note: <888> 01/03/04 Saturday 7:15 A.M.: I will finish configuring the HP Kayak XA backup computer later on today, when I wake up. I shut it down. I went through my email. I will now shut down the primary computer, and I will go to bed soon. CIO

End of Scott's Notes week of 01/03/04:

Note: <888> 01/03/04 Saturday 6:15 A.M.: I am mostly finished with the configuration of the HP Kayak XA backup computer. I still have at least another hour or two to finish it off. I will now send out my weekly notes. CIO

Note: <888> 01/03/04 Saturday 4:55 A.M.: I am still configuring the HP Kayak XA backup computer. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I used the Dole Tuscany salad greens instead of spinach. For the cheddar cheese part, I used Vermont extra sharp cheddar cheese and 2% low fat extra sharp cheddar cheese. I had the salad with iced tea. CIO

Note: <888> 01/03/04 Saturday 3:25 A.M.: I am still configuring the backup HP Kayak XA computer. I took the World Wildlife Federation www.wwf.org 2003 calendar off the refrigerator door, and I put it to the left of the AMD backup computer in the bedroom. CIO

Note: <888> 01/03/04 Saturday 1:55 A.M.: Since I have not been doing much reading off the internet this morning, I have been listening to 106.7 FM with my Emerson wireless headphones. I am recharging the spare pair of rechargeable batteries, and they will be charged at 8 A.M.. CIO

Note: <888> 01/03/04 Saturday 1:25 A.M.: I was up at 7 P.M. this past evening. The HP Kayak XA computer would not work, so decided to format the hard drive and reinstall the operating system. I have just finished doing that. I will start configuring it shortly. I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. While installing the operating system on the HP Kayak XA computer, I did my house cleaning and watering the plants. I still have to do the vacuuming, which I will do after 9 A.M. in the morning, when I will not disturb my neighbors. CIO

Note: <888> 01/02/04 Friday 11:45 A.M.: I had problems configuring the HP Kayak XA computer, so I shut it down for now. I finished eating the can of smoked almonds. I will now have some iced tea, and I will go to bed soon. CIO

Note: <888> 01/02/04 Friday 8:00 A.M.: I am still working on the systems maintenance upgrade on the HP Kayak XA computer. I chatted with a friend. I drank some iced tea. CIO

Note: <888> 01/02/04 Friday 4:55 A.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . For the cheddar cheese portion, I used Vermont extra sharp cheddar cheese. I had the salad with iced tea. I put the iced tea away in the refrigerator. CIO

Note: <888> 01/02/04 Friday 3:25 A.M.: I am installing some updates on the backup HP Kayak XA computer. CIO

Note: <888> 01/02/04 Friday 2:30 A.M.: As a point of reference, a relative asked me today how much I weigh. I just weighed myself on my bathroom scale, and I presently weigh 208 pounds before eating my primary meal of the day. I will probably have my usual salad www.geocities.com/mikelscott/salad.htm in about another hour or so. CIO

Note: <888> 01/02/04 Friday 2:15 A.M.: I went out after the last message. I drove down by the waterfront. I then drove over to Walgreen's in Old Greenwich, and I bought two nine ounce cans of Walgreen's smoked almonds for \$1.99 each can, three 11 ounce cans of Madam mandarin oranges for \$1 all, and three eight ounce Air Wick air fresheners in three scents, Green Apple and Honeysuckle, Crisp Breeze, and Sparkling Citrus for .99 each with the store circular coupons for the Madam mandarin oranges and the Air Wick air fresheners plus .18 tax for \$8.13 total. I then went downtown to Greenwich Avenue, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I then returned home. I am making up a batch of iced tea www.geocities.com/mikelscott/icetea.htm using one each of the five different types of Twinings 25 pack of five different Twinings tea, eight America's Choice orange pekoe

tea bags, one Salada orange pekoe tea bag, four Lipton green tea bags, and two Bigelow orange pekoe tea bags. I am not using sugar either. I ate six medium handfuls of smoked almonds along with some iced tea. CIO

Note: <888> 01/01/04 Thursday 10:25 P.M.: I will now shut down the computer, and I will clean up and go out for some fresh air. CIO

Note: <888> 01/01/04 Thursday 10:05 P.M.: I chatted with a relative. I am microwaving a Stouffer's Lean Cuisine 13 ounce glazed chicken dinner, which I will eat with a glass of iced tea. CIO

Note: <888> 01/01/04 Thursday 9:40 P.M.: I chatted with a relative. I watched the New Years concert from Vienna, Austria with Walter Cronkite hosting the show. I only saw about the last two thirds of the show. I listened to it with my headphones connected to my stereo amplifier connected to my television. CIO

Note: <888> 01/01/04 Thursday 8:05 P.M.: I chatted with a friend and a relative. I ate two mandarin oranges. I went through my email. CIO

Note: <888> 01/01/04 Thursday 6:45 P.M.: I was up at 4 P.M.. I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I watched a bit of television. I rested a bit more. CIO

Note: <888> 01/01/04 Thursday 4:55 A.M.: I ate two mandarin oranges. I did some regular computer work. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 01/01/04 Thursday 3:40 A.M.: I went out after the last message, and I put the glove box organizer in my Hyundai glove box, and I put the insurance and registration information in the glove box organizer to have it handy. I mailed the large envelope at the Valley Road Post Office. I then went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I next drove down by the waterfront. I then returned home. I drank some iced tea. CIO

Note: <888> 01/01/04 Thursday 1:20 A.M.: I installed the Red Hat Linux 9.0 updates on the Dell backup computer. I printed out a report. While I was looking for a large envelope to mail it, I found two souvenir coffee cups in my desk drawer with a large number of spare ink pens. I put the two souvenir coffee cups with the ink pens in them on the Danish end table on the right side of the bedroom desk to the right side of the IBM Cyrix computer. I found a large mailing envelope, and I will go out shortly to mail the report. I will put the computer on standby. I will also put the glove box organizer in my Hyundai glove box, and I will put the insurance and registration cards in the glove box organizer. CIO

Note: <888> 01/01/04 Thursday 12:05 A.M.: Happy New Years! CIO

Note: <888> 02/29/04 Sunday 11:40 P.M.: I did some regular computer work. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 02/29/04 Sunday 10:55 P.M.: I did some regular computer work. I moved the old computer CDs from below the sideboard in the bedroom to the bottom shelf of the CD rack to the right side of the computer chair. I moved the computer tool kits to the left side of the old tool box that my left handed Kensington wireless mouse sits on. CIO

Note: <888> 02/29/04 Sunday 9:25 P.M.: I switched my three calendars from February to March. CIO

Note: <888> 02/29/04 Sunday 9:05 P.M.: I finished going through my email. CIO

Note: <888> 02/29/04 Sunday 8:35 P.M.: 58th Interdepartmental Hurricane Conference, Charleston, South Carolina, March 1 - 5, 2004 IHC

Note: <888> 02/29/04 Sunday 7:50 P.M.: I checked www.airborne.com , and my Microsoft Office Suite 2003 Professional arrived at South Norwalk, Connecticut at 9:43 A.M. yesterday, but its estimated delivery date here is not until Wednesday March 3, but possibly it might arrive tomorrow. It says it was shipped ground from Kent, Washington 2/25/04 at 8:11 P.M., so it made good time to this coast by ground. CIO

Note: <888> 02/29/04 Sunday 7:25 P.M.: I watched a bit of CSPAN. I have a 1:45 P.M. inspection tomorrow from the Greenwich Housing Authority, so I will probably not be going out until after that. I will now do some regular computer work. CIO

Note: <888> 02/29/04 Sunday 6:30 P.M.: I went out after the last message. I drove down by the waterfront. I the drove over to Tod's Point, and I walked out to the southwest picnic area, and I then walked out to the southeast point. I then went by the ATM machine at Putnam Trust Bank of New York in Old Greenwich. I next went by CVS in Old Greenwich. They have two Coca Cola lamps there for \$10 at 50% off instead of \$20. I then went by Staples in Old Greenwich, and I browsed the clearance rack, but they did not have much there or anything that I needed, so I did not buy anything. I then went downtown, and I sat out for a while. I did not walk because although it was warmer above 50 degrees Fahrenheit, I felt a bit fatigued. I then returned home. I helped a neighbor get a piece of plastic stuck underneath his car out. I sat out for a while by the baseball field viewing the indoor ice skating rink. I then went back into my apartment, and I had a message from a relative, and I called the relative back, and the relative said they would call back. I then made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I use a 4.25 ounce tin of pink crab meat instead of tuna fish and for the cheddar cheese portion, I used Stop and Shop Vermont extra sharp cheddar cheese. I used all of the other regular ingredients. I had the salad with iced tea. The Lipton tea at CVS is still expensive at two 100 count boxes of orange pekoe tea bags for \$4.99, but I have plenty of tea here in reserve. CIO

Note: <888> 02/29/04 Sunday 1:20 P.M.: I will now eat a piece of apple pie with a glass of iced tea, and I will then clean up and go out to enjoy the day.

Note: <888> 02/29/04 Sunday 1:15 P.M.: Well, I watched a bit of television. They seem to be worried about weapons of mass destruction. I happened to stumble across a unique weapon of potentially destructive force, when I was put on Lipitor to lower my cholesterol. I started eating salads with canned fish, instead of other types of meats. With all of the roughage from the greens and other items in the salad, one gets such a methane gas buildup in one's digestive track that one seems to be constantly emitting a non stop stream of digestive gas that if one is not familiar with the smell of such sulfur type odors such as one would have around an oil refinery, one basically is not too socially acceptable in mixed company. Basically one has about the same potential lethal objective of a horse in a barn when it breaks wind. I could for the same price of the salad diet go back to the meat, poultry, pork, and fish diet with rice and cooked vegetables, but I have stocked up on the major ingredients of my salad and tinned fish diet, so it would take a while to readjust my pantry provisions and used them up to return to a fresher smelling diet. This has been pretty much the case since the end of June 2003 when I started the salad and tin fish diet. However, I have a feeling it is a healthier diet despite the odor problems, so since I really do not entertain many people at home, and since I spend most of my time out in public in the open air, it is not really a problem until I have to go inside for some errand. I could always increase my budget for CVS Enzyme tablets which are the generic equivalent of Beano, but that would mean having to increase my monthly expenses on another health supplement. CIO

Note: <888> 02/29/04 Sunday 11:45 P.M.: I was up at 10 A.M., and I had breakfast of oatmeal, toast with raspberry jam, orange juice, vitamins, supplements, and coffee. I have been watching Cspan local cablevision channel 65 on the Senate Intelligence Oversight committee briefing. CIO

Note: <888> 02/28/04 Saturday 9:20 P.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 02/28/04 Saturday 8:50 P.M.: I relaxed a bit. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . For the cheddar cheese portion, I used Stop and Shop Vermont extra sharp cheddar cheese. I used all of the other regular ingredients. I had the salad with iced tea. I relaxed a bit after dinner. Basically, although I pay close to \$50 a month for Cablevision Family television service, I actually do not watch it too much, since I find its content frequently is not very conducive towards instructive thought. It seems a shame to waste such a vast communications network on innocuous material that is of little relevance to day to day living. I guess each program has its niche group of watchers, but at close to \$600 a year, I could probably buy a set of encyclopedias and learn more. However, it is part of normal childhood development in this country to be programmed on the electronic media, since the country is so spread apart, it gives people some sort of shared experience when they can not always travel to far off destinations or remote locations in other parts of the country. I see so many people walking around here since they have New York City experience that, it would

seem from my experience in Manhattan that although I worked as a clerk typist for CBS news briefly in the spring and summer of 1973 that when I went out and explored Manhattan not many people actually owned or used televisions. However, I do recall knowing a few people whom had quite a few books in their apartments, which generally meant that they had accumulated so many books, they could no longer afford to move or relocate when they ran out of space. I only have about 400 books in my apartment, most of which I have not read, but most of which are on subject matter that I have read in other books in my formal education. Thus, although some of them are a bit dated, they can occasionally be handy reference information. However, on any popular subject, there are always a great many books, so more than likely different authors and even censors have different viewpoints as to the real quality and accuracy of their writings. Much could be said for the vanity press that some people pay to publish to advertise or promote their viewpoints or personal family viewpoints compared to the liberal penny press, which frequently has an ax to grind. It would seem to me that so many of the veteran New York press writers were historically heavy drinkers of alcohol that their primary sources of information was cocktail party and bar room or club gossip, which any informed individual would know is not always the most accurate information. In my investigations in New York City, since most everyone else there regards everyone else there as a tourist, people float around investigating their neighbors, but with all the cleaver people in New York, it sooner or later comes down to the fact that they are probably trying to sell one some item or real estate in another location, so as to enrich themselves. Thus I am not a member of the Trump school of philosophy, which is basically that if you build it, they will come, since a great many people in the country live in more rural environments in the country by choice, it would seem that conservationists far out number, the relatively small number of people in the urban environments that happen to make a big noise. I guess from what I hear reported recently that Manhattan is actually very quiet and peaceful, so not many people are actually venturing into the city. Thus there are probably a few of the older white glove Fifth Avenue type of elderly women around with their long time family associates, whom probably leisurely stroll around familiar landmarks that have for many years been a presence in the city on the Hudson. I would imagine the press in Manhattan does listen to some of the old guard there, so it would seem to me that, they probably are not interested in the viewpoint of a walker, since a great many of the carriage trade have never had a chance to enjoy the ambience of a peaceful walk in their more urban environment. However, it is the nature of Manhattan that they also tend to be dependant on the outer areas for goods and services, so as far as I can tell, the only parts in Manhattan that originally belonged there are a few trees and rocks in Central Park. I suppose the small group of owners could get together and have it all marked "Return to Sender", and then it would be back to the way it was about 1640 when the Dutch established a trading post there. However, I would imagine it was the nature of the trading post in Manhattan, it was not only meant to service Manhattan but the other areas along the neighboring waterfronts and interiors of the inland empire. Thus from what I can tell, whatever the viewpoint of myself here relative to Manhattan is very limited, since I was frequently on a night schedule, I did not actually interact with that many people except people whom happened to be awake late at night. I suppose since currently I have only been to Manhattan twice in 12 years, because I was mugged at knife point by someone from Bermuda, and that since the current mayor of Manhattan spends weekends

in Bermuda which was founded by pirates that the current crop of people in Manhattan are nothing more than a group of pirates that have temporarily laid siege to the City. However, more than likely the plot is to try to lure a large number of people into Manhattan, so some terrorist group can wreck havoc. As long as the vast majority of people stay out of Manhattan, it would seem that by keeping ones various pieces separated as much as possible, the outside forces in Manhattan will have little chance to interfere with the daily life of normal every day Americans. CIO

Note: <888> 02/28/04 Saturday 6:05 P.M.: Of course in conservative areas like Greenwich, Connecticut, old guard people tend to be a bit more conservative in their spending also. Thus if one saw some old timer in a beat up old blue Cadillac, it might be the sheriff or chief of police whom was just making the rounds in that old gas hog. Since the old timers tend to be more sedentary, about the only thing they enjoy in their advanced age after they have made a lot of money is a good meal. Thus they usually tend to be overweight, and they tend to eat too much, which generally means they do not live as long as their wives, whom seem to end up with everything sooner or later. Then there is another group whom seem to prosper off the widows, since they know how to cater to their affairs, which their husbands usually managed. Thus since over 77% of the private money in the United States of America is controlled by women over 70 years old, it basically comes down to the fact that the group whom influence this group of older women exercise a considerable amount of influence. However, a great many of the women having lead conservative frugal lives just simply continue with their knitting and pursuing their normal affairs and really do not pay much attention to the larger events in the world as the public media continually report it. Thus one is more than likely to influence the real financial decisions makers by advertising in a magazine like Good House Keeping versus using the tombstone press of the Wall Street Journal. Whatever the case as a hermit like pensioner, I do not feel like getting involved with the larger public relations squabbles as they relate to the world in general, since generally when one is on a low income bracket in this town, one does yield much influence, and one generally is too busy trying to make ends meet. I just chatted with a friend, and he told me that www.greenfield.com is opening up Worldwide offices, so they are going international. However, it is more than likely a niche group activity in the computer field they are pursuing, and once they go international their local expertise might not be applicable to the larger world in general. From my viewpoint here in Greenwich, Connecticut the most internationally attuned individuals in town are the hard working fellows from India that run the news stands, since in their public jobs on main street dealing with a diverse crowd, they actually have a clearer idea of what the scope of international activity is here as it relates to the English speaking language. However, I never see many of the Asian community using any of the services offered locally here in town, so they obviously drive elsewhere to obtain certain services and goods at cheaper prices. CIO

Note: <888> 02/28/04 Saturday 4:10 P.M.: I took a short nap. I also ate a piece of apple pie after the soup. I guess there is not much going on. I am just having a lazy relaxing Saturday afternoon at home. There is really no point going out and dealing with the busier activity downtown, since I am quite comfortable here at the moment. I have spent

so many years downtown, I am not the least bit curious as to what the normal activity is of the weekend shoppers versus the week day shoppers. Basically, as far as I can tell, there are so many people in this area whom live in more remote sections that like in the old days in farming communities, they enjoy their Saturdays downtown shopping, since when one lives up in back country Greenwich or Banksville, New York or even up in the boon docks of Bedford, New York, they begin to feel sort of isolated in their rural splendor, so like the farmers of old days, they come to town to see what their more urban cousins are up too, and of course all of the local merchants know it, and they are eagerly lining their pockets to pay their rent which mostly goes back to a bunch of New York City real estate tycoons, whom can afford to employ highly paid workers in New York, whom can afford to move out here in the country and shop at the so called Company stores. Thus it is a never ending cycle of urban suburban commerce that never seems to end, and of course the quaint country folk that sell gasoline to the big City slickers are obviously living more comfortably than many of their urban cousins seem to realize. I basically realized when my family first moved here in 1961, and because we enjoyed outdoor sports, we joined the Greenwich Country Club, and many times I saw that the earlier names on the Greenwich Country Club trophy plaques back in the 1920s were those of the Rockefeller family winning various trophies that this was a one horse company town or what one would more simply call an Exxon company town. At the moment, I do not feel like going through the routine of cleaning up just to go out and buy gasoline. However, despite the fact that the Rockefellers over advertised themselves, other long term residents in the country actually owned the real estate where the oil was pumped from, so those families were also some of the original partners in Exxon, and they more than likely since they were more traditional and conservative were able to retain their wealth from the oil producing properties and never felt any reason to cater to big city slickers whom were out to fleece them. Thus although the Rocks made a few dollars off of oil, more than likely other families are also involved in the oil business and more than likely the families that knew how to transport the oil probably made some money too, since if you can not get your product to market, you are not going to be making any money. Thus from what I know we could just simply declare Irvine, Texas a sister village to Greenwich, Connecticut, so when they decide to come up here in the warmer weather, they would not have to adjust to the discomfort of dealing with an inhospitable business community. Of course from what I know, winter is probably not over yet, since more than likely the mid 50s temperature of the next few days are just a teaser. The warmer weather makes me want to sit back and relax, but at the moment I am not just yet turning on my air conditioner. CIO

Note: <888> 02/28/04 Saturday 2:15 P.M.: I heated and ate a 18.8 ounce can of Campbell's New England clam chowder, which I had with about 40 small cut Arnold garlic and herb croutons. I ate the soup with a glass of iced tea. I checked my mail. I will now put the computer on standby, and I will take a nap. CIO

Note: <888> 02/28/04 Saturday 1:30 P.M.: Actually the Caribbean nautical chart map was drawn in 1886 with updates to 1967, and it is in black and white, not like the more current nautical charts at Land Fall Navigation nearby, so more than likely when it was new after 1967, it cost less than \$10, since that is all I paid for a coast of Maine chart

about ten years ago. However, it is sort of a novelty, since it was located in this town, and people lost interest in it. More than likely the original owners used it on some adventure and once they got down there, they "Went Native", and they probably never returned to tell their story at the Explorers Club in Manhattan, which I once found an apartment two doors away from for a art gallery operator in Manhattan with the restaurant La Galoue in between which was much favored by the Duke of Windsor and his small group of friends. The apartment at East 70th Street just east of Madison Avenue on the south side of the street back in 1974 was about \$350 a month for a second story main floor front studio about 30 feet by 30 feet with small kitchenette and bathroom in a prosperous neighborhood close to the Frick and other art orientated activities. Alas, I just found it for a friend, I never rented it myself, so I do not have rent control on it. However, I did meet up with the friend in Nantucket in 1975, and he told me was going to sublet it, while he worked at a gallery near the Pompadou center in Paris. So possibly the friend still has the lease on that apartment. I would think one would be foolish to have given it up, considering what Manhattan real estate prices are today. It also had about 11 foot high ceiling with a fireplace and big bay windows. Basically, it was one of those well maintained brownstones in an expensive neighborhood. The gallery operator had me attend a nearby gallery opening with a prominent New York politicians like retired governor W. Averell Harriman, which gallery was across the street from the Austrian consulate to the United Nations, so more than likely I have already touched base with a certain group of established New York democrats considering, one of my roommates at Lake Forest College was Robert Wagner's stepson, and another classmate at Taft's father was deputy mayor of New York, so more than likely any contacts I had with the New York political establishment were at the highest level, and it is the nature of Franklin Roosevelt's advisors such as W. Averell Harriman, they were independently wealthy, and were known at the dollar a year men in his administration. Thus having done my time in New York around various political groups alas, I was never paid, so alas I am one of those forgotten dollar a year people left out to pasture in Connecticut. CIO

Note: <888> 02/28/04 Saturday 12:55 P.M.: I did research, a piece of glass 28" by 41" single thickness costs \$24.25 <http://www.mirror.com/windows.asp> , a black wooden framed 28" by 41" by .75" by .75" basic black frame would cost about \$50 [The Frame Shop 28" by 41" black frame](#) , mat board would cost about \$10, the Caribbean Map would probably cost \$20 to \$100 if one could find about a 50 year old map, and hooks and wire would cost \$3 and mounting and framing would cost about \$50, so conservatively my Caribbean framed map would cost with tax and shipping would cost \$200 to \$300 on today's market prices, so at a \$20 cost to me, it is sort of amusing that no one bought it for the last six months for \$40 at the Greenwich Hospital Thrift. I guess it is not most people's taste in decorative arts, but they frequently are willing to spend much more money on vacationing in such locations. CIO

Note: <888> 02/28/04 Saturday 11:05 A.M.: I was up at 7 A.M., and I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I relaxed a bit. Today is suppose to be warmer, but I think I would rather go out later in the day, since the Big Bucks movers and shakers always seem to hog the downtown area on Saturday mornings. When my family first returned to Greenwich, Connecticut in

1961, the average house cost less than \$50,000 which was much the same price of houses anywhere else in the country. A great many houses at the time in Greenwich were less than \$25,000. However, since we are a bedroom community near the New York City area, the highly paid corporate and financial types from Manhattan tend to drive up the real estate prices, so now the average price of a house is close to a million dollars. Thus there has been an over 2000% inflation rate in the price of housing in this community in 43 years. Still certain items like Social Security have only risen 2% to 3% per year, so people whom are dependant on less inflationary sources of income have become financially squeezed. In my particular case whenever I get a Cost of Living Increase from Social Security, other financial benefits and supplements are decreased, so in reality in 20 years I have never had a cost of living increase. Basically the United States government is suppose to have Economists, but it seems that they are more prone towards generating inflation to reduce the actual value of the United States Government debt. Thus besides being the largest not for profit tax collectors in the country, they are also the largest cause of economic net worth loss in the country, which indeed could be considered another unfair tax. However, as the real estate becomes more expensive the local municipal government is also able to increase local property taxes on the long term residents. However, there are a great many of the voting public whom do not actually own property and actually have very little net worth in the homes since they are mortgaged. Still they assume because of their numbers they can ease out the long term tax payers because of their numbers. This is not a practical solution, since a great many of the long term tax payers also happen to volunteer their services to this community where they have lived a long time, and they also seem to have professional backgrounds having lived and worked in this area for a long time. Thus when new arrivals whom are programmed on other experiences from living in other areas will frequently find that the old guard are more reserve about the speculative nature of the new arrivals business and politics in this area. To put it simply, just because one can afford to buy a cup of coffee at Starbucks and relax in town, it does not mean one represents the town or that one has any influence in the town in terms of the way the town is run or governed. Since a great many former residents whom worked for the town still have relatives here and since a great many of the same former residents are dependent on pensions from the town, quite a few highly trained professionals work behind the scenes in this town to maintain the financial integrity of the town, so that the long term conservative financial obligations are met by the town government. Thus a great many town administrators are not highly paid, but they have skills and knowledge of the community that represents the continuity of the town of Greenwich as it administers its financial obligations. Much could be said about other financial institutions in this community, since they frequently represent individuals whom may not be seen frequently in the downtown area of Greenwich, which is actually a very small part area wise of the entire town. Thus unless one sells dresses, you will probably not get rich networking on Greenwich Avenue. Still since the town is well known for having a certain level of financial prosperity, a great many people frequently spend time here trying to cultivate business contacts in their locations of business which frequently are less costly to operate. In other words people whom come here to shop in the Silk Stocking district are not here because they think it is cheaper. Even the financially frugal crowd at the Greenwich Hospital Thrift shop which has to pay over \$6,000 a month in rent find bargains or they would not be there. Since I do not know

anything about women's clothing, I would imagine with the expensive women's clothing shops here in Greenwich, there is also expensive high price clothing in the thrift shops, which people seek out for the lower prices of used clothing. In a town like Greenwich with so many families, it is frequently the case that the skinny women whom are well dressed, once they get married and have children start to put on weight, and they also tend to have less money because they have families, so this rather large group in town delights in finding clothes in the thrift shops, and they frequently donate their clothes from when they were thinner, so that the young skinny women just starting out can occasionally find bargains that they normally would not be able to afford. Of course just because one dresses in expensive clothes, it does not mean that one has any more money. Basically, I do not dress up better myself, because my better clothes are a bit dated, and they tend not to fit me with the extra weight having gone from 145 pounds to 205 pounds. However, I still keep them around in case I ever manage to lose weight again. I have a suit that would fit me at my current weight, but there is no point in wearing it, since I would not have anymore money, which people whom wear suits are generally expected to have a little extra spending money. Also on cold days, when one spends a lot of time outside, suits tend not to be too warm. Thus if one can not afford the cost of coffee at Starbucks, there is no point in wearing a suit to be warm and comfortable inside. Basically, the only people I see wearing suits here are the professionals in the offices, and it is the nature of their services that to deal with them tends to cost money. Of course on Saturday mornings in a town like Greenwich a lot of the professional suit crowd goes downtown, and they tend to wear khakis and a sweater of whatever looks more democratic. However, it is the nature of their persona that they still exercise the same level of influence despite the fact they are not in their business attire. However, once they retire and they do not have the high levels of income coming into their financial reserves, they tend to be more democratic, once they gain the viewpoint of what their other retired associates are doing with their spare time. In other words if one is going clam digging at Tod's Point, I would not try wearing your Wing Tips. Thus the formal nature of Greenwich as it is presented in the media is not the usual case, since a great many people also have to do maintenance themselves, and when they pursue such past times, they tend to wear more informal attire. In other words, just because someone has paint on their clothes does not mean they are financially hard up, and it could mean they are fortunate enough to own property that they can afford to paint and maintain. Well dressed people walking around downtown whom do not seem to be local residents and whom do not seem to have any general purpose here, more than likely are enjoying the local ambience trying to make connections with the business community. However, since my family is pretty much the original business family in this area, I tend to let the Bank of New York take care of business while I fiddle with my hobbies. CIO

End of Scott's Notes week of 02/27/04:

Note: <888> 02/27/04 Friday 10:45 P.M.: I relaxed a bit. I will now send out my weekly notes. I will then shut down the computer, and I will go to bed. It is suppose to be warmer the next few days, so I will try to continue to be on a daytime schedule. I have appointments on next Tuesday and Thursdays during the daytime. Well stay warm. The Texas democratic party is once again sending me email against the Republican party

<http://www.funsnap.com/1/bushgirl.swf> . Unfortunately it is the nature of the role of commander and chief that the current President if I am not mistaken President Bush could exercise executive privilege and send a lot of Texas government employees to some more sober place like Prudhoe Bay, Alaska to find out what freezing Yankees already know. It is the nature of private money on private property, that the owners can exercise their own judgment as to what they do with their property. I recently read in a four month old Time magazine that Canada has more energy than Saudi Arabia, so more than likely since the Queen of England is also the Queen of Canada that her subjects are still relative warm inside up north. The people in Texas have been south for so long with their canaries in their warm homes that they will find out that the canaries were originally used by the Germans that brought them here to detect natural methane gas buildups in coal mines. From what I know about coal miners, I would rather not mess with them, unless of course one remembers that John Harvard's father was a coal miner. Basically the people down in Texas whom stay there too much of the time are so hot so much of the time that they frequently forget that there is more to this world than bar room beer humor, particularly as they get older and they might need the services of more expert people up north. When one speaks English, it is the nature of the English speaking language that the people speaking English tend to get smarter the further north one goes. Ultimately, for the 10 cent Canadian dime award, what is on the reverse side of the Canadian dime opposite Queen Elizabeth II's engraving. It looks to be some sort of sailing craft. More than likely the real vessel exists somewhere in the world. On the United States dime we still have parsley on the reverse side of our dime with Franklin the coal miner on the front side. Basically, I guess one could stay and eat parsley in the United States of America or try sailing where the Canadians found bounty, but from what I hear tell, it is a much harder life there. I heard reports on the New York media that Canadians still eat moose stew, which might not be as enjoyable to the tenderloin crowd down around the Rio Grande. Next time someone in Texas wants people up north to "Remember the Alamo", one better remember that those people whom fought and died there still have relatives living in this country, and more than likely they are as formidable as their relatives, and I am not talking about the actors in the movie of the same name. Well from what I can tell up north, we probably could make money selling beer in Texas in the summer, since more than likely not too many of the ingredients for beer are available in large quantity in Texas. I also seem to remember that our local cablevision company in Connecticut use to show pictures of quaint farm people down in Texas doing the Texas "Two Step". Basically I guess the sidewalks get so hot in Texas in the summer where they can afford cement, that they are what one would call down there Tender Foots. It is much the opposite up north that the cold cement tends to make one more sure footed until one slips on black ice. Basically, the Texans seem to spend too much time watching Ted Turner's bar room gossip from Atlanta, and if they ever ran out of batteries for their remote controls on their big screen television and had to lift a book to find out something else than what they learned in grade school, they might be surprised that it is still a big world out there, much larger than Texas. Basically, it is my viewpoint, that the whole internet is nothing but a bunch of frustrated writers in India letting off their creative energies on the World. We all know that India tends to be a frugal country, so there is not much money in trying to shake down India unless one wants more curry in one's rice. Basically curry in the hot climate of Texas would help the individuals not feel the heat. During the

hot summers here, I recommend a few dashes of curry in tomato juice for relief from the heat. Since we never hear much from India, I would imagine they are saving their energies for producing tea. Well stay warm. CIO

Note: <888> 02/27/04 Friday 9:20 P.M.: I went back out after the last message. I went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I stopped by CVS, and I bought a white Djeep disposable lighter for \$1.89 plus .11 tax for \$2 total. I noticed that this Sunday for next week's sale items, they will have 100 bag packages of Lipton orange pekoe tea on sale. I have noticed during my walks that regularly on Fridays that someone or a number of individuals throw American Online CDs on the street at the top of Greenwich Avenue around the Pickwick Plaza. I suppose if one could find out whom does it, one could fine them for littering. I completed my walk, and I used the bathroom in the senior center. I then drove down by the waterfront. I next went by the Greenwich Library. I was told they have a copy of the National Geographic with the Greenwich, Connecticut story at the reference desk, if one can not find it in general circulation. I then returned home. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm, but this time I used a tin of King Oscar sardines instead of tuna fish. For the cheddar cheese portion, I used Stop and Shop Vermont extra sharp cheddar cheese. I also used all of the other regular ingredients. I had the salad with iced tea. I opened up the new white Djeep lighter to have available for use. I use them since they last four times as long as a Bic lighter, and they also seem to work in the very cold weather and in the wind, if one shields them. However, it is the nature of butane lighters, when they get very cold below freezing, they tend not to be as strong. I suppose that is why many people still prefer Zippo lighters with Ronson lighter fluid, but unfortunately cold steel lighters in one's pocket might be seen as a security threat since they would set off metal detectors unlike plastic lighters. CIO

Note: <888> 02/27/04 Friday 2:40 P.M.: I went out after the last message. I went by Putnam Trust Bank of New York on Mason Street. I then went by the Greenwich Hospital Thrift Shop. Everything is still half price. I bought for half price for \$20 a 28 inch by 41 inch framed map of the Caribbean from Guadeloupe to Trinidad with about a one inch thick wooden frame around it, and it is framed in glass. I then returned home. I used a triple nail OOK hook, and I hung it beneath the framed tapestry of the Unicorn to the right side of the bathroom door. One can only see it when the bathroom door is closed. I moved the Audubon print of the Great Blue Heron to beneath the mirror on the bathroom door hallway side. I moved the Moulin Rouge painting to above the white framed mirror above the white bureau in the bedroom. I cleaned the glass on the Caribbean map. I will now go back out again. It is a nice day as far as I can tell. CIO

Note: <888> 02/27/04 Friday 12:45 P.M.: I made and ate my homemade onion soup www.geocities.com/mikelscott/onionsoup.htm which was quite enjoyable. I used one three inch yellow Spanish onion and one two inch diameter red Bermuda onion along with all of the other usual ingredients. I had the soup with a glass of iced tea. I also had a piece of apple pie. I will now shut down the computer, and I will go out shortly as soon as I dress warmly. Even though it is warmer out at 38 degrees Fahrenheit, I still wear two

pairs of cotton long underwear, since I tend to spend a bit more time outside walking around than just dashing from a car to a shop. CIO

Note: <888> 02/27/04 Friday 11:25 A.M.: I showered and cleaned up. I threw out the paper and garbage from the bathroom. I picked up my mail. CIO

Note: <888> 02/27/04 Friday 9:40 A.M.: I chatted with a relative at 11 P.M. last night. I was up at 5:30 A.M. this morning. I chatted with a friend. I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. Since Saturday and Sunday might be warmer with temperatures up to 50 degrees Fahrenheit, I decided to do my house cleaning today instead of Saturday. I just finished house cleaning and watering the plants. I used CVS cleaner with bleach instead of Lysol Island Breeze cleaner, so the apartment smells a bit like bleach. I listened to Radio 107.6 FM with my Emerson Wireless headphones. I am now recharging the Radio Shack nickel cadmium rechargeable batteries, and they should be charged at 4:30 P.M.. The other pair of freshly charged batteries is in the Emerson wireless headphones. I threw out the garbage. CIO

Note: <888> 02/26/04 Thursday 10:20 P.M.: About 10:05 P.M. the lights blinked for a split second, but my computer did not go off. I relaxed for a bit after the last message. I put the tea in the refrigerator. I will now shut down the computer, and I will go to bed. CIO

Note: <888> 02/26/04 Thursday 8:35 P.M.: Over the last 15 years that I have lived in my current location, I have made my apartment very comfortable, although it is a bit cramped, since I am always buying items at our local thrift shops. I have never had any security problems, and my neighbors respect my privacy like I respect their privacy. Occasionally some friends visit but not very often recently. I have never had any personal property disappear, and since it is a quite small apartment which I keep well organize, I would notice if anything were amiss. Occasionally I misplace or hide items from myself. On my personal computer setup, since the modern systems are very complex, about the only irregularity is that the volume control on my audio is frequently turned up to the maximum, when I normally keep it at about 50%. Thus if someone were clever enough to gain entrance to my apartment, and bypass the password security on my computer systems, the only evidence would be that they are probably deaf. However, with a cable modem it could be an outside hacker or some other system irregularity. For someone to gain access to my apartment, it would have to be with cooperation of my neighbors whom would notice right away and whom are very vigilant. If not it would have to be someone whom looked like me, which is unlikely, since then they would have to have a car like mine with the same license plate and other irregularities. Thus it is highly unlikely someone would go through such complex activities to gain access to a modest apartment for no reason what so ever. The fact that the inkjet cartridges ran out of ink after three months without hardly any use could mean that they might have dried up, which they can do, if they are not used regularly, particularly since they were generic cartridges. The \$15.86 missing in my accounts could have been a transaction error, but with all the simple transactions, I do it is highly unlikely. All, I can think about is that I

must have bought something that I forgot about. One could think like Sherlock Holmes, and one could say that someone is using my computer for some subterfuge, and they are gaining admittance to my apartment using disguises, and that they turn the volume up, since they are listening to remote broadcasts of inferior audio quality, and that being hard up Russian type spies from the old cold war school of espionage, their weakness is cheap Vodka, and they somehow pilfered funds from me to buy a 1.5 liter bottle of cheap Vodka. However if this were the case, it is more than likely someone would have taken note. More than likely the systems are complex and they occasionally change their system settings, the ink in the inkjet printer dried up from lack of use, although I have left ink cartridges in it for longer periods with use, and \$15.86 was part of an even sum of money such as \$15 for a cab ride to Westchester airport, so the individual could flee the country by whatever type of aircraft they might have available. However, since it is highly unlikely that a person with a private aircraft would need to use my apartment, it is more than likely the individual might have needed the money to travel locally on our train system. Since only once this month, I can recall having kept that much money in the apartment, and my records showed that I spent it the following day without going to the bank again, it is hard to imagine anything more complex or obscure. Still, with all the clever types of people in this area, I have made note of the facts, which is basically part of the routine of maintaining a log. Whatever, the case I can not imagine anything out of the ordinary unless I am just getting older and absent minded. CIO

Note: <888> 02/26/04 Thursday 8:05 P.M.: I heated on both sides at 12 minutes a side in the Farberware convection oven at 425 degrees Fahrenheit six America's Choice fish filets from one box, 15 America's Choice onion rings and 15 America's Choice potato puffs. I also mixed three tablespoons of horseradish with a third of a cup of Heinz ketchup for a condiment to go with the baked food. I had it all for dinner with a glass of iced tea. I am now making up a batch of iced tea www.geocities.com/mikelscott/icetea.htm. I am not using sugar in it, but I am using a couple of teaspoons of Angostura bitters. I am also using 10 Salada orange pekoe tea bags, 5 Lipton green tea bags, and one each of the five different types of Twinings five type variety pack. CIO

Note: <888> 02/26/04 Thursday 6:35 P.M.: I went out after the last message. I made my 3 P.M. appointment which was a bit later today. I then went downtown, and I sat out briefly. I then drove down by the waterfront. I next returned home. I tried to figure out in my accounts for the \$15.86 that I can not account for missing. Since I usually only take out from the bank as much as I need for a day's expenses, I never have that much in my wallet at the apartment, so it would not have disappeared from the apartment. I never have anyone visiting here anyway. I keep track of my expenses daily on the computer, and I was balanced out at the first of the month. Since it is not too hard to keep track of \$20 withdrawals and one's daily expenses, it is hard to figure out what happened to it or what expense I forgot to record. I checked my accounts, and they all seem to be in order. Besides grocery expenses which are already high this month, I have not made too many expenses besides my regular ones. In other words, I have not bought that much at the thrift shops this month. It is highly unlikely that someone picked my pocket downtown and put back my wallet. Since my transaction processes are usually very simple, I can

not figure out the reason for the imbalance. Since I like to be precise in my accounting, it is still a mystery. Basically when one studies in accounting and when one has worked in a bank, frequently it is an imbalance that shows some accounting error or transaction error. Still from my records, I can not figure out the reason for the discrepancy. I chatted with a relative. CIO

Note: <888> 02/26/04 Thursday 2:05 P.M.: I will now shut down the computer, and I will go back out. CIO

Note: <888> 02/26/04 Thursday 1:50 P.M.: I watched some television after the last message. I ate a piece of apple pie. I went to bed about 10 P.M.. I woke up at 4 A.M., and I ate breakfast of oatmeal, toast with raspberry jam, orange juice, vitamins, supplements, and coffee. I went back to bed until 6:30 A.M., when I chatted with a friend. I then cleaned up, and I went downtown about 7:30 A.M.. I walked the entire length of Greenwich Avenue. I sat out at various locations. I stopped by CVS, and I bought five 8 ounce bags of Necco candy tart hearts for .09 each plus .03 tax for .48 total. I then completed my walk, and I ran into another regular walker. We walked back up to the top of Greenwich Avenue, and then we walked east on East Putnam Avenue as far as Christ Church. We then walked down Milbank Avenue as far as the center of town, and we parted company. I used the bathroom at the senior center. I then drove down by the waterfront. I walked out onto the pier. I then went by Putnam Trust Bank of New York on Mason Street. I then went by the Greenwich Hospital Thrift Shop. I bought a wicker and wood rack about two foot by two foot by five inches deep with a center shelf in brown color for \$1.50. I then went by the Stop and Shop, and I bought a quart of Stop and Shop strawberry preserves for \$2.99, a three pound bag of organic Spanish yellow onions for \$1.99, two half gallons of Tropicana premium orange juice with double vitamin C for \$2 each, Rosenberg blue cheese from Denmark at \$7.05 a pound for \$4.93, a 10 ounce box of fresh mushrooms for \$2.29, and 10 ounces of fresh spinach for \$1.99 for \$18.19 total. I use a couple of tablespoons of crumbled Danish blue cheese in my salads, since I think the mold is good for you. I then went by the Arnold bread outlet, and I bought a loaf of Hearty Health Nut nutty grain bread for .99 and a 5.5 ounce box of Arnold large cut garlic and herb croutons for .99 for \$1.98 total. I then returned home. I put the brown wicker and wood shelf rack on the floor to the right side of my primary computer chair. I took out all the computer CDs from the left wall rack behind the left monitor, and I put them in the shelf rack on the floor along with my computer tool kits and WWF digital camera. I also took out the driver CDs from bags and boxes in the bedroom, and I put them on the floor shelf rack too. I moved the empty ink cartridges in their boxes from the right wall shelf rack to the left wall shelf rack. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm. I used a tin of sardines that I chopped instead of tuna fish. For the cheddar cheese portion, I used Stop and Shop Vermont extra sharp cheddar cheese. I had the salad with all of the other regular ingredients. I am throwing out a number of plastic packaging boxes that I had on the white bureau in my bedroom. When I balanced my accounts on the computer, I came up \$15.86 short, which I can not figure out where it disappeared to, since I keep exact record of my expenses. I have a 3 P.M. appointment today. I have the 5 bags of Necco

candies on the floor in a bag in the left living room closet, and I have another three bags in the top drawer of my mahogany bureau in the bedroom. CIO

Note: <888> 02/25/04 Wednesday 8:15 P.M.: I finished going through www.geocities.com/mikelscott/scotwork.htm . I will now shut down both computers, and I will go to bed soon. CIO

Note: <888> 02/25/04 Wednesday 8:00 P.M.: I finished running the maintenance utilities on the Dell backup computer. I also did a three part backup from the C: to the D: drive, and I ran Norton Speed Disk on the C: drive. CIO

Note: <888> 02/25/04 Wednesday 7:45 P.M.: I finished going through my email. CIO

Note: <888> 02/25/04 Wednesday 7:35 P.M.: I received notification from Microsoft that my copy of Microsoft Office 2003 Professional shipped today via Airborne Ground, so I guess it will be a while before it arrives. CIO

Note: <888> 02/25/04 Wednesday 7:00 P.M.: I am heating a 18.8 ounce can of Campbell's New England clam chowder, which I will have with a glass of iced tea. CIO

Note: <888> 02/25/04 Wednesday 6:25 P.M.: I have the Dell backup computer configured, and it is running just fine. I now have to run the system utilities. Then I will do a C: drive to D: drive backup. Then I will run Norton Speed Disk. CIO

Note: <888> 02/25/04 Wednesday 3:40 P.M.: I am installing programs on the Dell backup computer. I checked my mail again, and I did not get any mail. I had a telephone call to change an appointment next week to a day later. CIO

Note: <888> 02/25/04 Wednesday 1:40 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I used a 4.25 ounce can of flaked pink crab meat. For the cheddar cheese portion, I used 50% Kraft Cracker barrel baby Swiss cheese and 50% Stop and Shop Vermont extra sharp cheddar cheese. I used all of the other regular ingredients. I had the salad with iced tea. I will now drink a 50% Folgers' instant and 50% Folgers' decaffeinated instant coffee. CIO

Note: <888> 02/25/04 Wednesday 12:30 P.M.: On the Dell backup computer with Windows XP SP2 beta 1 #2082, I was able to successfully install Norton System Works 2003 and Norton Personal Firewall 2003, and I also installed the updates. They are running just fine. I ran Norton Win Doctor. The XP firewall seems to work with them also. However, the XP beta startup security program does not indicate that the XP Firewall is working when it seems to be working. I am restoring my data and other files to the C: drive from the backup on the D: drive. I checked the mail again, and it has not arrived. I also installed the Siemens router port. CIO

Note: <888> 02/25/04 Wednesday 11:05 A.M.: The test of the NOAA weather warning radio which is scheduled for this time on Wednesday went off at 11:02 A.M.. CIO

Note: <888> 02/25/04 Wednesday 11:00 A.M.: I threw out some garbage outside. I have the XP SP2 beta 1 #2082 installed on the Dell backup computer. I turned off indexing on the C: drive. I also disabled automatic updates. I disabled the XP Firewall, until I try to install Symantec Firewall 2003. I installed the updates and rebooted, and the second time I ran the updates, it took a few minutes to find and install the last update. I then made a backup with System Restore, and I will install Norton System Works 2003 run the updates and then install Norton Firewall 2003 and run the updates and then enable the XP SP2 beta firewall. CIO

Note: <888> 02/25/04 Wednesday 10:15 A.M.: I finished going through my email. Yesterday, I went through most of www.geocities.com/mikelscott/scotwork.htm , before I started working with the new XP beta on the Dell backup computer. CIO

Note: <888> 02/25/04 Wednesday 9:55 A.M.: I have XP installed on the Dell backup, and I did some minor configuration, and I am in the process of installing XP SP2 beta 1 #2082 from the local hard drive install file that I copied to its C: drive. CIO

Note: <888> 02/25/04 Wednesday 8:55 A.M.: I formatted the C: drive on the Dell backup computer. I am now installing Windows XP. I will then install Windows XP SP2 beta 1 #2082 upgrade, which I have the full 350 meg. file for on CD. I will then do some minimal system configuration, and I will restore the data files from my backup files on the D: drive. This still will take most of the day. I imagine the Symantec Norton System Works 2003 and Norton Firewall 2003 will work on a clean install, since the problem was probably with old registry entries. CIO

Note: <888> 02/25/04 Wednesday 8:25 A.M.: The beta #2082 is downloaded. I can not get the Symantec programs to install on the Dell backup computer. I will now format the C: drive on it, and I will do a new install and configuration. This should take some time like most of the day. I think what I will do is do a new install, and then put the betas on it, but I will not waste all of the time configuring it. However, it is my backup computer, and I have other backup computers. The question is whether to configure it as a stable backup computer or a beta machine, either way will take a bit of time. CIO

Note: <888> 02/25/04 Wednesday 7:55 A.M.: On the Dell backup computer with Windows XP SP2 beta 1 #2082, I could not get Norton System Works 2003 and Norton Firewall 2003 to install after I had uninstalled them all and removed their entries including running Norton Win Doctor from the CD to clean up the registry. Since the beta seems to be a bit of a problem, I am uninstalling it right now. I will then have the basic Windows XP setup, and I could either configure it, or I could restore the backup of Windows XP SP2 beta 1 #2055. I will see how the system works after uninstall. When I was trying to install Norton System Works, it would not do a full install, but kept changing back to a few megs. of files to install for some odd reason. It might be a Symantec problem and not a XP beta problem. I will see if it installs after uninstalling the XP beta. I could always format the drive and do a clean install and configuration from scratch which would take a day or two, but I do not think I would want to put the XP beta on again. CIO

Note: <888> 02/25/04 Wednesday 6:40 A.M.: I was up at 5:30 A.M.. I had breakfast of oatmeal, toast with raspberry jam, orange juice, vitamins, supplements, and coffee. I am downloading the XP SP2 beta 1 #2082 install file which has about an hour and a half to go. I will now work on configuring the Dell backup computer. CIO

Note: <888> 02/24/04 Tuesday 9:50 P.M.: I can not get Norton System Works 2003 and Norton Firewall 2003 to work with the beta on the Dell backup computer. I tried reinstalling them, and some of their updates will not install. I am tired, so I shut down the Dell backup computer. I will now shut down the primary computer. I will eat a piece of apple pie with some iced tea. I will then go to bed. CIO

Note: <888> 02/24/04 Tuesday 8:10 P.M.: I have the new XP SP2 beta 1 #2082 installed on the Dell backup computer with the updates. I now have to do some configuring and reinstallations of programs. CIO

Note: <888> 02/24/04 Tuesday 7:15 P.M.: I am installing the new beta #2082 of Windows XP SP2 beta 1 on the Dell backup computer. I had to reinstall Windows XP overriding my existing Windows XP settings, but I did not reformat the drive, but I will have to reconfigure it after installation and reinstall some of the programs. However, that is part of beta testing. The download from the small install file is going fast. I have 11 minutes to go on the download. It is not suppose to a stable beta, but it does have a lot of new features supposedly. CIO

Note: <888> 02/24/04 Tuesday 4:30 P.M.: [Microsoft Adds More Features to XP Service Pack 2](#) and [Microsoft Adds More Features to XP Service Pack 2](#) . The beta site is busy now, and I have not been able to get it to download. CIO

Note: <888> 02/24/04 Tuesday 3:50 P.M.: I used my pill cutter, and I cut 50 aspirin in half, and I put them in my bottle of half size aspirin, and I take one every day when I wake up with my vitamins and supplements. CIO

Note: <888> 02/24/04 Tuesday 3:25 P.M.: I checked my mail. I found this link to check my Microsoft shipment <https://status.microsoft.upgrade.com/orderstatus/default.asp> , however it returns an error message, when I use it. CIO

Note: <888> 02/24/04 Tuesday 2:25 P.M.: I chatted with a friend. I took a 10.75 ounce can of Campbell's condensed mushroom soup, and I put in a microwave proof pot with lid, and I added three ounces of Rene Junot white wine and six ounces of milk and 1/4 teaspoon of parsley and 1/4 teaspoon of basil and a tablespoon of olive oil and five 1/8th inch thick sliced medium mushrooms, and I mixed it all together. I then heated it in the General Electric microwave oven on medium level for seven minutes. I served it with about 12 large cut croutons and parsley sprinkled on it. I ate the soup with a glass of iced tea. CIO

Note: <888> 02/24/04 Tuesday 12:35 P.M.: I checked outside. It is 33 degrees Fahrenheit outside, one degree above freezing, and it is snowing lightly outside, but at the moment, it does not seem to be accumulating. CIO

Note: <888> 02/24/04 Tuesday 12:15 P.M.: I went through my email. CIO

Note: <888> 02/24/04 Tuesday 11:55 A.M.: I woke up from my nap about 10:30 A.M., when I had a telephone call about a charity basketball game at the Greenwich High School on May 7, 2004 with spin off team from the Harlem Globe Trotters. I explained to them that I would not be able to attend. I watched a bit of CSPAN television that had Connecticut Senator Christopher Dodd whom we hardly ever hear about here in Connecticut. I will now do some regular computer work. I also ate a piece of apple pie which I had with iced tea. CIO

Note: <888> 02/24/04 Tuesday 8:10 A.M.: I will now put the computer on standby and take a nap. CIO

Note: <888> 02/24/04 Tuesday 7:55 A.M.: I chatted with a friend. The friend mentioned an internet company in his real estate building at <http://www.country-living.com/> in Wilton, Connecticut called [Greenfield Online - Leading the Research Revolution](http://www.geocities.com/mikelscott/salad.htm) . I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I made the salad with a tin of King Oscar sardines instead of tuna. For the cheddar cheese portion, I used Kraft Cracker barrel baby Swiss cheese. I used all of the other regular ingredients. I had the salad with iced tea. CIO

Note: <888> 02/24/04 Tuesday 6:20 A.M.: I went out after the last message. I walked the entire length of Greenwich Avenue. I sat out at various locations. I noticed a Starbucks employee had to wait an hour for someone to open up the shop at 5:25 A.M.. I guess the shop manager is not as punctual as the early rising employee. I also sat out at various locations. I found a champagne cork with VCP and a anchor on top and on the bottom it has the same with VEUVE CLICQUOT PONSARDIN, so I guess someone was in a festive mood last night. I found it across the street from the Ginger Man restaurant. I completed my walk, and as usual the various sanitation trucks were out. I also walked the train station area. I drove down by the waterfront. I walked out onto the pier, and I could see a few ducks in the water. I then returned home. CIO

Note: <888> 02/24/04 Tuesday 3:50 A.M.: I put away the laundry. I will now shut down the computer, and I will clean up, and I will go out for some fresh air. CIO

Note: <888> 02/24/04 Tuesday 3:05 A.M.: I was up at 1 A.M.. I started two loads of laundry. I have 15 minutes to go on the dry cycle. I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I put clean linens on the bed in the bedroom. CIO

Note: <888> 02/23/04 Monday 4:30 P.M.: I chatted with a relative. I will now shut down the computer, and I will go to bed. CIO

Note: <888> 02/23/04 Monday 3:50 P.M.: I made up a fresh batch of homemade hummus www.geocities.com/mikelscott/hummus.htm . I used two 4.25 ounce cans of California black crushed olives for the olive portion, and a clove of elephant garlic for the garlic portion. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . For the cheddar cheese portion, I used Kraft Cracker barrel baby Swiss cheese. I also used all of the other regular ingredients. I had the salad with a glass of iced tea. CIO

Note: <888> 02/23/04 Monday 2:05 P.M.: I went out after the last message. I went by Putnam Trust Bank of New York on Mason Street. I saw a DHL truck in their parking lot, so maybe today, they will be delivering my Microsoft Airborne package, since DHL uses the Airborne title. I then went by the Greenwich Hospital Thrift shop, and everything continues to be half price. I then went downtown, and I walked the entire length of Greenwich Avenue. I sat out at various locations. I stopped by CVS, and I bought buy one get one free of Reach Performance medium full head toothbrushes for \$2.99 both and from the 90% off rack, I bought four 8 ounce packages of Necco tart conversation heart candies for .09 an 8 ounce bag plus .20 tax for \$3.55 total. I used the bathroom at the senior center. I then drove down by the waterfront. I walked out onto the pier with the sea gulls. I then drove over to the Arnold bread outlet, and I bought a Entenmann's home-style apple pie for \$1.89 less 10% senior discount of .19 for \$1.70 total. I then went by Smoke for Less in Byram, and I bought a carton of Seneca Ultra Lights 100s for \$31 total. I then returned home. I drank some ice tea. I will fill up the candy dish on the right side of the mahogany bureau with a bag of the NECCO hearts. I will replace my two current two brushes with the Reach tooth brushes. CIO

Note: <888> 02/23/04 Monday 10:35 A.M.: I rested until 9:30 A.M.. I cleaned up. I will now go out. I will shut down the computer before leaving. CIO

Note: <888> 02/23/04 Monday 7:20 A.M.: I made and ate a serving of onion soup www.geocities.com/mikelscott/onionsoup.htm . This time I used one peeled and sliced three inch yellow Spanish onion and one two inch peeled and sliced red Bermuda onion along with all of the other usual ingredients. I ate the onion soup with iced tea. I also ate a piece of apple pie. I will now put the computer on standby, and I will rest for a while. CIO

Note: <888> 02/23/04 Monday 6:10 A.M.: I finished going through my email. It says here [Paul Thurrott's SuperSite for Windows: Microsoft Office System 2003 Editions Review](#) that for the copy of Microsoft Office 2003 Professional that I will receive this week that I am allowed to install it on three machines, which is what the Microsoft representative said at the TS2 conference where I got the certificate for it. CIO

Note: <888> 02/23/04 Monday 5:20 A.M.: [Microsoft Creates a Stir in Its Work With the U.N.](#) . CIO

Note: <888> 02/23/04 Monday 5:00 A.M.: During my last couple of years in Manhattan up until February 1982 when it was minus 24 degrees Fahrenheit, my roommate worked as the head of word processing for a prominent lawyer named Cyrus Vance whose office

was across the street from the IBM headquarters at Madison Avenue and 57th Street, so I occasionally checked out the bamboo in the lobby of the IBM building. Well back in those days at Polaroid in the summer of 1971, I worked with the computers at the Polaroid film factory on Interstate 128 in Waltham, Massachusetts. I did punch card entry for my programs. I worked with flow sheets, and I also wrote a spread sheet program in Cobol, which worked successfully on the IBM 360 once the data had been entered from the programming sheets into punch cards. That following fall at Lake Forest College www.lfc.edu they gave me 3 course credits for the summer internship program which permitted me to graduate that following June 1972. I needed the three credits, because I had twice flunked Dr. Shockley's course in Quantum Mechanics in advanced calculus, and one other course, which I can not remember at this moment. In presenting the material for the three course credits, I presented all of my work from Polaroid which I had copies of in print outs along with the IBM 360 manuals that taught me how to program in Cobol. Lake Forest College kept the material and never gave it back to me. However, spread sheet programs began to appear out of Borland in Santa Cruz, California around 1982 where a number of my fellow Lake Forest College alumni were working at the time. At the time during the summer internship at Polaroid in the summer of 1971, I was neither an employee of Polaroid or IBM, but I was paid \$200 a week as an independent subcontractor working on computers. During that same period I was interested in the chain printers they were using, so I designed a Laser printer which worked with an actual laser beam. I never built a prototype, but I showed the design to Joe Costello who was the head of personnel at Digital Computers. I also back in the summer of 1968 when I was working as a research photographer for Polaroid at Polaroid's research facility on Osborne Street in Cambridge, Massachusetts, I described in the photography photo laboratory in our office, my concept of X-ray lithography, which supposedly was invented by Intel back in 1965. In the computers offices at that time in 1971, they had 300 baud teletype machines connected to main frames that were part of the original internet that was developed nearby at MIT www.mit.edu . Also at Technology Square near MIT and Osborne street they had the backup computers for NASA. Also across from Osborne Street was the NECCO candy wafer factory. While at the Taft School in Watertown, Connecticut they had computers, but the individuals involved in the school computer club would not let me use them, but as I recall they were mostly used by the Taft School astronomy club since they had a very good telescope in the science laboratory. Alas at Greenwich Country Day, we did not have computers, but I did spend quite a bit of time in the photography laboratory as a photographer for the school year book. Of course before moving to Greenwich in 1961, I lived nearby Huntsville, Alabama in Decatur, Alabama, so with the NASA people nearby, I played with Gilbert chemistry sets, model electric trains, and I assembled model airplanes out of plastic and balsa wood along with other models of ships. I seem to recall back then reading Popular Mechanics like I did when I was down in the Florida Keys in the mid 1970s. CIO

Note: <888> 02/23/04 Monday 4:25 A.M.: I finished watching Kevin Maney talk about [Wiley::The Maverick and His Machine: Thomas Watson, Sr. and the Making of IBM](#) . Having lived in this area since 1961, I do not need to be reminded that IBM is also a player in this area. I remember when I lived in Key West from October 1976 in the

winter through the winters of May 1978, I frequently saw someone with a red LaCoste alligator shirt at tea time in one of the local discothèques in Key West, Florida that I assumed was a retired marine, since he wore a red shirt. He had a military haircut, and a military demeanor like he was a pilot. What I noticed is that the individual had the same look at Thomas Watson Junior, but I never bothered to ask the individual if he were a relative, since a great many senior people in the military seemed to have had the same look. I once attended a debutant party in June 1971 for one of Thomas Watson Junior's daughter, and since I had been programming IBM 360 computers at Polaroid the previous summer with punch cards and code writing sheets, I recognized both Thomas Watson Junior and Arthur Watson. The party was at the roof garden of the St. Regis hotel in Manhattan, where I used to get my hair cut in the basement during the 1973 to 1982 period. I was too shy to chat with them, but I happened to get in the elevator after having a few drinks, and it was one of those old time elevators with a 360 degree operator's lever, and since the elevator operator was not there, I decided to run the elevator, and since I was inexperienced at running the elevator, I gave the occupants the ride of their life which included the two Watson brothers. Thus although I tried to get a job with IBM many times, I guess they remembered their ride, and they never gave me a job with IBM. In the Maney presentation, he says there are no major memorials or buildings named after the Watson family which is incorrect, since they have the Watson Business and Economics Library at Columbia University <http://www.columbia.edu/cu/lweb/indiv/business/>, the Watson research center at IBM <http://www.watson.ibm.com/>, and the new pavilion under construction at the Greenwich Hospital <http://www.greenhosp.org/home.asp> will be named after them since the family are local residents. On a lesser note, although I received notification from Microsoft Airborne with a tracking number, it does not work with DHL airborne, and although it says it will be two day airborne, it also says 5 to 7 days delivery for the Microsoft Office Suite 2003 Professional package, so I might have to be here to sign for it when it arrives. This might mean that I will have to stay around the apartment during this week until it arrives, since I can not track it. We will have to wait and see what develops. CIO

Note: <888> 02/23/04 Monday 2:10 A.M.: After the last message, I drank a 50% Folgers' instant coffee and 50% Folgers' decaffeinated coffee. I chatted with a relative. I went to bed until 1 A.M.. I had breakfast of oatmeal, toast with raspberry jam, orange juice, vitamins, supplements, and coffee. On book TV on channel 66 on our local cablevision system, there is suppose to be someone on at 2:30 A.M. in 20 minutes talking about Thomas Watson Sr. CIO

Note: <888> 02/22/04 Sunday 11:05 A.M.: I rested a bit more. I am a bit bored being inside, so maybe I have Cabin Fever. I guess I will clean up, and I will go out for a little daytime activity. I will now shut down the computer. CIO

Note: <888> 02/22/04 Sunday 9:45 A.M.: I also ate a piece of apple pie. I still feel a bit tired. I guess all of the cold that I have endured during the past few months has caught up with me, and I still feel a bit tired. CIO

Note: <888> 02/22/04 Sunday 9:25 A.M.: I rested since the last message. I also chatted with a friend. I am microwaving a Maria Calendar 14 ounce chicken tenders dinner, which I will eat shortly with a glass of iced tea. CIO

Note: <888> 02/22/04 Sunday 5:30 A.M.: I went through my email. CIO

Note: <888> 02/22/04 Sunday 5:20 A.M.: [CNN.com - Spot, spaniel born in first Bush White House, dies - Feb. 21, 2004](#) . CIO

Note: <888> 02/22/04 Sunday 5:10 A.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . Instead of a can of tuna fish, I used a 4.25 ounce can crumbled Bumble Bee pink crab. For the cheddar cheese portion, I used Kraft Cracker barrel baby Swiss cheese. I had the salad with a glass of iced tea.

Note: <888> 02/22/04 Sunday 3:55 A.M.: [Wired News: Russia Tests New Wonder Weapon](#) . CIO

Note: <888> 02/22/04 Sunday 3:15 A.M.: [Russia Tests Missile That Could Evade U.S. Defense](#) . CIO

Note: <888> 02/22/04 Sunday 3:05 A.M.: I had the tiny screw fall out of my reading glasses. The right ear piece became detached. I was able to find the tiny screw on the dining room table place mat where I had placed my eye glasses. I reinserted and tightened the tiny screw along with the screw on the left ear piece, so now my reading glasses are secure for a while. I keep two sets of eye glass screw drivers on my dining room table, along with some spare tiny screws. They are available by the cash registers at the Food Emporium, which is not opened all night on weekends. CIO

Note: <888> 02/22/04 Sunday 2:40 A.M.: Well, I noticed the original movie Robin Hood was on television tonight on the Turner movie channel. When I first returned here over 20 years ago from living in Manhattan and Nantucket, I said I would try to be the sheriff of Sherwood Forest. Well, I have partially succeeded in that occasionally I spend time around the Greenwich Hospital Thrift Shop on Sherwood Place. The local youth in this rural environment tend to be like Robin Hood and his merry band of woodsmen compared to their more urban cousins whom occasionally venture out into this forested area. Of course the Big City Slickers are well known for their own escapades. We do have an archery practice range at the Montgomery Pineum reserve. I even have a Swiss cross bow in my apartment that I bought at the ELDC thrift shop for about \$5 about 15 years ago. Alas I have no arrows for the cross bow. Still, I will keep a keen eye out for William Tell and Robin Hood or any of their followers. CIO

Note: <888> 02/22/04 Sunday 2:20 A.M.: I ate a piece of apple pie before going to bed after the last message. I woke up during my sleep, and I ate 10 saltines. I finally woke up at 10 P.M., and I ate breakfast of oatmeal, toast with raspberry jam, orange juice, vitamins, supplements, and coffee. I then went back to sleep until a short time ago. I will

now do some computer work. In the mail, I received a nice picture of George and Laura Bush with a form and an envelope for campaign contributions. CIO

Note: <888> 02/21/04 Saturday 11:25 A.M.: I went outside briefly. I checked the mail which has not arrived. I will now shut down the computer, and I will go to bed soon. I received notification that the Microsoft Office Suite 2003 has been shipped two day airborne, so I guess I will receive it on Monday. Well, it has warmed up, and it is currently 39 degrees Fahrenheit, and it feels like 34 degrees Fahrenheit
<http://www.weather.com/weather/local/06830> . CIO

Note: <888> 02/21/04 Saturday 10:40 A.M.: I am microwaving a Swanson's 11 ounce boneless white meat fried chicken dinner, which I will eat with a glass of iced tea. CIO

Note: <888> 02/21/04 Saturday 10:15 A.M.: I vacuumed my apartment. CIO

Note: <888> 02/21/04 Saturday 9:30 A.M.: I went out after the last message. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I used the bathroom at Starbucks. I then drove down by the waterfront. I next went by the ATM machine at Putnam Trust Bank of New York on Mason Street. I then went by the Greenwich Exxon station next to the library, and I bought \$2.35 of regular unleaded gasoline at \$1.959 a gallon for about 27 miles per gallon. I then went by the Stop and Shop, and I bought eight 4.25 ounce cans of Bumble Bee pink crab meat for .99 a can, two 6.5 ounce dry cans of Stop and Shop California medium black pitted olives for .99 each, a 16 ounce container of Stop and Shop grated parmesan cheese for \$4.99, a 17 ounce bottle of Rienzi balsamic vinegar for \$2.99, fresh plum tomatoes at \$1.99 a pound for \$3.56, 10 ounces of fresh spinach for \$1.50, 16 ounces of baby carrots \$1.50, 10 ounces of fresh mushrooms \$1.99, and fresh broccoli crowns at \$1.99 a pound for \$1.73 for \$28.16 total. I then went by the Arnold Bread outlet, and I bought two 5.5 ounce boxes of Arnold large cut garlic and herb croutons for .99 each, a loaf of Arnold whole wheat oat bread for .99, a Entenmann's home-style apple pie for \$1.89 less 10% senior discount of .49 for \$4.37 total. I then returned home, and I put away my purchases. I drank some iced tea. CIO

Note: <888> 02/21/04 Saturday 5:10 A.M.: I will now shut down the computer, and I will clean up. I will then go out for a walk downtown, and I will also do some errands once the stores open. CIO

Note: <888> 02/21/04 Saturday 4:55 A.M.: I made and ate my usual salad
www.geocities.com/mikelscott/salad.htm . I used all of the regular ingredients. For the cheddar cheese portion, I used 2/3 Stop and Shop Vermont extra sharp cheddar cheese and 1/3 Kraft Cracker Barrel Baby Swiss cheese. For the grated parmesan cheese, I used Stop and Shop no fat grated parmesan cheese topping. I also opened the 6 ounce jar of 4C imported grated Parmesan and Romano cheese, and I put it in the empty Stop and Shop no fat grated parmesan cheese container. I had the salad with iced tea. CIO

End of Scott's Notes week of 02/21/04:

Note: <888> 02/21/04 Saturday 3:10 A.M.: I will now send out my weekly notes. CIO

Note: <888> 02/21/04 Saturday 2:40 A.M.: I was up at 10 P.M., and I had breakfast of oatmeal, toast with raspberry jam, orange juice, vitamins, supplements, and coffee. I just finished my house cleaning and watering the plants. I still have to do my vacuuming, which I will do after 9 A.M., so I will not disturb my neighbors. I listened to 107.6 FM with the Emerson wireless headphones. I am now recharging the Radio Shack nickel cadmium rechargeable batteries that I used in them, and they should be ready at 10 A.M.. I have a fully charged pair in the Emerson wireless headphones. I like listening to music when I do house cleaning, because it makes it go by faster. CIO

Note: <888> 02/20/04 Friday 4:00 P.M.: I will now shut down the computer, and I will go to bed soon. I might just nap for a while. I also chatted with a relative. CIO

Note: <888> 02/20/04 Friday 1:45 P.M.: I went out after the last message. I went downtown, and I walked the entire length of Greenwich Avenue. I sat out at various locations. I also walked the train station area. During my walk, I stopped by CVS, and I picked up a prescription at \$1.50 cost, and I also bought ten 3.75 ounce tins of Beach Cliff sardines in water for .50 each for \$6.50 total. I then completed my walk. I next drove down by the waterfront. I then went by Putnam Trust Bank of New York on Mason Street. I then went by the Greenwich Hospital Thrift shop, and I bought a 40 inch brown leather belt with brass buckle for \$3.75. Everything there is half price. I next went by the Greenwich Library. I then returned home, and I drank some iced tea. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I used a tin of sardines that I chopped instead of tuna. I also added the soy oil. I used Stop and Shop Vermont extra sharp cheddar cheese, and I also used no fat Stop and Shop grated parmesan cheese. I used all of the other regular ingredients. I had the salad with iced tea. CIO

Note: <888> 02/20/04 Friday 6:50 A.M.: I chatted with a friend. I will now shut down the computer, and I will clean up, and I will go out after that. CIO

Note: <888> 02/20/04 Friday 5:55 A.M.: I went to bed after the last message. I was up at 10 P.M., and I ate breakfast of oatmeal, toast with raspberry jam, orange juice, vitamins, supplements, and coffee. I checked my mail. I went back to bed until 4 A.M.. I just ate a 18.8 ounce can of Campbell's New England clam chowder, which I had with ten large cut croutons. I also drank some iced tea. I also made a 50% Folgers' regular instant and 50% Folgers' decaffeinated instant coffee, which I drank. Recently in the last 48 hours my allergies have been bothering me again, as if a cat had been in my apartment. Since as far as I know, a cat has not been in my apartment, the other possibilities are my neighbor downstairs has a cat, but that in the past has never bothered me. Also I saw on the television that there are major dust storms in Texas, so possibly the dust storms have changed the air quality in this area too. I do not seem to have any mold growth in the refrigerator. The only other possibility in terms of change in routine is that I might be allergic to the raspberry jam, I recently started eating instead of strawberry jam. However, once about five years ago, my cat allergies were activated when I was driving in back country by the reservoir, and possibly some sort of wild cat

jumped on top of my Volvo, and whatever it was activated my cat allergies. Possibly there is another wild cat in this area, but I am not sure I would sense it from inside at a distance. Well, this morning, I feel a bit better anyway. I have not cleaned up in 48 hours, so maybe I am allergic to myself. CIO

Note: <888> 02/19/04 Thursday 4:35 P.M.: Traditionally the British colonial subjects enjoy tea in the American colonies around 4 P.M., hopefully with some scones and cakes. After the last message, I ate a Nature's Valley granola bar, and then I relaxed a while. I am having a hard time falling asleep. I checked my mail twice, but it has not come as of a half hour ago. I just ate a 12 Nabisco saltines with 1/8th inch thick slices of Stop and Shop Vermont extra sharp cheddar cheese on them along with some iced tea. In the heated up Republican versus Liberal political campaign in the American political process, the Bush Cheney group are saving money on bumper stickers so far, but I have seen one with their name on it that says "Bush Cheney Compassionate Colonialism". I am not sure how to interpret that one. Basically, from an old guard American viewpoint, it is fun to see all the newly arrived fresh face immigrants in this country, but having been to Europe a half dozen times, I have also seen how hard they tend to work and they also tend to be very regimented. Basically, supposedly the population density of Belgium for example is the densest population in the world per area. Thus I guess when the Belgium people visit here, they enjoy a little open space. Basically, I still call my public housing complex "Flanders's Field" named after Flanders's which is the area between the Belgium Netherlands' coast and the English coast, which about 50,000 years ago was above water before it was swallowed up by the English French channel. Thus the area that was once known as Flanders is now under water. When that happened more than likely the people whom lived there took off exploring other parts of the world around the oceans, so more than likely the Flemish were the original discoverers of America, since their old home was under water. I have been told that the Vikings have been also mining copper in Michigan for 50,000 years, so newly arrived Europeans should realize that their relatives long ago preceded them. Basically what we have in current history in America is the revised history in America to make it easier to learn without having to go back to far in time. I never studied pre European American history, but more than likely there are a small group of people somewhere that know about it like the stories of the Mud people. Whatever, the case I have heard more traffic from the local airport today, so more than likely some people are either returning from vacation or coming to visit us. It is hard to tell what really goes on here, since so many people constantly pass us by, since our downtown area can be a bit expensive except maybe for CVS. Still we do our best to try to be hospitable to strangers should they take the time to stop by. My local guide for this area recently has been busy with other more profitable ventures, so I do not know anyone to recommend for sightseeing excursions, but more than likely some of our regular visitors are already familiar with the area. I suppose, I could try to be more helpful, but on a limited budget, I can only recommend to people to be frugal and to save their money for a rainy day. The town motto here is "Frugality and Fortune", but with all of this news about possible terrorists attacks, it would not hurt for some people to try to be modestly prepared as best as one can afford it with common sense. I do not watch much television just a small bit of what is on it, so as far as I can tell without having gone out in the last 36 hours, the situation pretty much remains the same in this area. Still for people from

warmer areas, it might be a bit chilly. Still, I am enjoying relaxing at home today. I will now shut down the computer again, and I will try to get to sleep. CIO

Note: <888> 02/19/04 Thursday 11:55 A.M.: I chatted with Microsoft Small Business solutions at 1-800-626-6307. I am a bit tired, so I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 02/19/04 Thursday 10:30 A.M.: If one needs a calendar try this link <ftp://ftp.tekcolor.com/latest/CALPS-01UA.PDF> . Of course I can not afford this Xerox color laser printer for \$999 <http://www.office.xerox.com/perl-bin/response.pl?26303> , but maybe some of the more enterprising individuals in this area can. Of course, it would also cost money to run the Xerox printer, which might be more expensive than the inkjet printer. CIO

Note: <888> 02/19/04 Thursday 10:20 A.M.: For some odd reason my Epson Stylus Color 880 printer which I bought the day before "911" ran out of ink, and I have only used it to print out test pages and cleaning since I put in new ink cartridges from www.3dayinkjet.com about three months ago. It is peculiar that it ran out of ink. I tried resetting the cartridges with Scotch tape, but they were out of ink. I finally put in the two new one black and one color original Epson cartridges that I had obtained from Entree computer in exchange for the two Epson 800 cartridges that I had bought for half price for about \$27 when Marx Brothers was going out of business. Thus it seems to be very expensive to run a inkjet printer which I hardly ever use. I bought the Minolta QMS PagePro 1250W laser printer, so I would not have expensive ink cartridge bills. I also have three other HP laser printers which have full toner cartridges. Thus whatever seems to be making my Epson Stylus Color 880 inkjet printer continually run out of ink, when it is hardly ever used by me is getting to be very expensive. If it is a ghost or something using it, I wish they would consider the cost to me. I originally paid \$80 for it and the week after "911" I got another \$10 back from Staples in Old Greenwich, since it had price protection and was \$10 cheaper. However at the time it was marked down from \$150, so it is a very good inkjet printer, and not one of the less expensive models. It is running fine now with the new ink cartridges. I put the old ink cartridges in the boxes on the wicker rack on the shelf to the right of the primary computer. CIO

Note: <888> 02/19/04 Thursday 8:50 A.M.: I threw out my garbage. CIO

Note: <888> 02/19/04 Thursday 8:15 A.M.: I rested a bit. I am now microwaving a Swanson 11.75 ounce roast turkey breast and stuffing dinner, which I will have with a glass of iced tea. CIO

Note: <888> 02/19/04 Thursday 6:55 A.M.: I worked on my email. I will now put the computer on standby, and I will rest a bit. CIO

Note: <888> 02/19/04 Thursday 5:00 A.M.: Cool News: [NSF - OLPA - PR 03-135: ABANDONED PENGUIN COLONIES MAY HELP REFINE ANTARCTIC CLIMATE STUDIES](#) . CIO

Note: <888> 02/19/04 Thursday 4:40 A.M.: Specifically, my friend told me at around 10 P.M. last night that yesterday that there were using special tactical units at the Guggenheim museum <http://www.guggenheim.org/> which she was told they revolved them around the city on a rotating basis. Thus if New York City is using such high levels of security, I would imagine they are worried, since extra security costs money. CIO

Note: <888> 02/19/04 Thursday 4:25 A.M.: I just woke up from my nap. I ate about 15 saltine crackers with some iced tea. It would seem to me that although the United States government never tells us very much, that they must know something, or they would not be spending all this money on terror prevention. I am not sure how it is relevant to our area, since most people only know what is in the Greenwich Time and on local television and the internet. However, I suppose some people whom travel into Manhattan for work would have a better idea of the larger picture. At the moment, <http://www.dhs.gov/dhspublic/> is at yellow level, so whatever activity is going on in Manhattan is part of their normal preparedness which they have kept in effect since "911". Still, since I am more expert at running computers than I am at walking around at night in cold weather, I have not gone out yet. Although it is warm at 25 degrees Fahrenheit outside with a wind-chill of 16 degrees Fahrenheit <http://www.weather.com/weather/local/06830> at the moment, I feel like it might be damp outside, which since I have arthritis would bother me. Generally when I can feel the dampness inside, it means it is damp outside. The humidity level is 56% outside which is enough to make an arthritis sufferer feel a bit cranky. CIO

Note: <888> 02/19/04 Thursday 1:30 A.M.: I relaxed a bit. I put the ice tea in the refrigerator. I will now put the computer on standby, and I will take a nap. With the apartment being kept cooler, one frequently feels more comfortable in bed. CIO

Note: <888> 02/19/04 Thursday 12:05 A.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I used Stop and Shop Vermont extra sharp cheddar cheese with the salad, and I also used Stop and Shop no fat grated parmesan cheese topping. I used all of the other regular ingredients. I had the salad with iced tea. I am also making up a fresh batch of iced tea www.geocities.com/mikelscott/icetea.htm . I am using 10 Salada orange pekoe tea bags, 5 Lipton green tea bags, and one each of the five different types of Twinings tea in the five variety pack. I am not using sugar, but I am using a couple of tablespoons of Angostura bitters. The friend whom called me from Manhattan told me that they are still using antiterrorist tactical forces around Manhattan and New York City, so I would imagine that it is not really safe to visit the city. Locally here our top notch antiterrorist tactician is probably in hibernation, since I have not seen any of the local skunks downtown since winter began, but I have seen raccoons, and I would imagine in back country various coyotes, wolves, bears, mountain lions, cougars, and bob cats are probably still prowling around. Whether any of them ever venture into the downtown residential areas is opened for debate. About the only back country wildlife I ever see south of Putnam Avenue is an occasional deer or fox. A local resident brought up the subject of Conyers Farm yesterday, and I mentioned that I had tried getting a relative to buy all 4,400 acres in 1978 when it was offered for \$7 million dollars, thus the current residents have seen the value of their property increase

substantially. Back in the spring of 1975, when I was try to quit smoking cigarettes, and I was much younger and in better physical shape, I tried camping out and swimming at the local Conyers Farm lake around mid April to mid June that year, when the water turned mucky from too much algae buildup. I once swam the entire length of the lake, but since I am not a very good swimmer, I took my time. I would not advise other young people to try that unless they were skilled swimmers, since even a skilled swimmer can get cramps and drown particularly in cold water. A number of the local high school students were out there using the property then. I met Louis Rosenstill and other of his family members whom were resident owners of the property at the time. Louis Rosenstill use to walk the property with three Russian wolf hounds, so more than likely he kept the wolf hounds, because he had wolf problems. The local caretaker from Banksville, New York on the property advised me that bears were frequently seen on the property. Since wildlife frequently returns along its long natural tracks in the woods, more than likely the polo crowd with horses are probably worried about their live stock. I was advised a couple of years ago, one should keep a radio going in the barn to scare away wildlife. I also once saw a Florida grey panther around the polo fields in Boca Raton, Florida. More than likely the back country people keep dogs, so more than likely when the dog barks at night, it means there is some animal or someone out in the woods. Of course it could just be Yeti paying a house call. CIO

Note: <888> 02/18/04 Wednesday 10:05 P.M.: I put the AARP expiration stickers on my two AARP cards. One of them I keep in my wallet, and the other one is on my bedroom desk in the Harry's Bar ashtray from Venice, Italy, which I found many moons ago at the Old Greenwich rummage room thrift shop. The current expirations stickers that I received today are for May 2005. I have been told by two relatives that in some locations that AARP offers driving course renewal programs which certain insurance companies like GEICO give a premium deduction on their rates to their customers whom take the AARP course. However, I am not sure whether it is offered in this area or not. On CSPAN earlier they showed the CSPAN bus touring Grant's Tomb in Manhattan. When I used to live on West 74th in Manhattan near Riverside Park, I would occasionally walk up north to around West 96th street where I believe Grants Tomb is located in Riverside Park. Back then up until 1982, Grant's tomb was covered with a lot of graffiti, but I recalled that they have since restored it. A friend of mine showed me Ulysses S. Grant's house in North Salem, New York, and it still a beautiful home, which I think is still in private hands. I believe Grant also lived in New York City. He had publishing debts in publishing his memoirs, and his friend Mark Twain helped him publish him memoirs. Mark Twain lived nearby North Salem, New York about 30 miles away in Redding, Connecticut. His estate was recently put up for sale. Well, not much happening in this neck of the woods. I chatted with a friend. CIO

Note: <888> 02/18/04 Wednesday 8:55 P.M.: I woke up at 4 P.M., and I ate breakfast of oatmeal, toast with raspberry jam, orange juice, vitamins, supplements, and coffee. I went back to bed until 8 P.M.. I watched some television. I checked my mail, and I got my www.aarp.org renewal information, which I already have paid for. CIO

Note: <888> 02/18/04 Wednesday 8:35 A.M.: I finished going through my email. Being fairly good at photo analysis, I think this picture most accurately represents what President Bush looks like in person
<http://www.georgewbush.com/news/photoalbum.aspx?gallery=7> . I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 02/18/04 Wednesday 7:15 A.M.: I heated and ate a 18.8 ounce can of Campbell's New England clam chowder, which I ate with a glass of iced tea. I put in about 20 Arnold large cut garlic and herb croutons. I tried logging onto my Siemens router SpeedStream 2614 4-Port DSL/Cable Router with the default IP address. It prompted me for a password. I found my Siemens router quick-start guide in the Optimum Online bag that I keep on my white bureau in the bedroom with the Optimum information. I used the default password in the instructions. I then reset the Siemens router to its defaults and ran "Simple Setup". I then rebooted the computer, and it is pretty much running the same. I chatted with a friend. CIO

Note: <888> 02/18/04 Wednesday 4:40 A.M.: Basically in the downtown area of Nantucket, the houses are so close together that everyone knows everyone else's business. I had two friends from New York whom lived two or three houses away from one of my rentals on India street where I rented a room, and during a six to eight month season, I would only see either of them two or three times. Thus even as small of an area like Nantucket, people get lost in the crowd. Basically, Nantucket after Fairfield county is suppose to be the third wealthiest county in the United States and of course Nassau county on the North Shore of Long Island is suppose to be the wealthiest. Thus when one looks across to the south from the south shore of Connecticut towards the north shore of Long Island, one is viewing where all the money is going to. Since one never hears very much about Long Island and Nassau County in the national media, it would seem that they are wealthy and clever enough to control their public relations. About the only thing we ever hear about it in this neck of the woods is occasionally advertisements on the television for the North Shore Medical Hospital facility. As I recall when I lived out there about 21 years ago to 26 years ago, it is about ten times busier than this area, and there seems to be a lot of prosperity. Thus I suppose if they closed the Queens midtown tunnel and other ways of transportation such as the Long Island railroad, the Long Islanders whom are making all of the money in New York City would have to go back to growing potatoes. It is my viewpoint, that since a member of the Scott family founded South Hampton, and one time owned all of Long Island until 1700, when he moved to Jamaica which was suppose to be more profitable that more than likely there are some remnants of our family heritage out on Long Island, but I am not sure. More than likely it is plaque in South Hampton, Long Island. I have visited the Hamptons about a half dozen times over the years, and it seems quite remote from the busier activity in this area. Basically, from what I know if my family members have been around for so long, more than likely some of them might still own long established properties in some of those various locations. CIO

Note: <888> 02/18/04 Wednesday 4:25 A.M.: For the multi lingual international crowd whom are under whelmed by the United States of America media, many of them

frequently forget there are over 8 million or more people up in Canada whom speak French mostly in Quebec. Thus I would say it is fair to say that they have their own viewpoint of their neighbors to the south. When I use to visit in Florida in the mid 1970s, the most common sign in front of beach front hotels and motels was "Nous Parlons Francais", or something like that. Thus I would dare say the French Canadians are probably large investors in Florida. However, locally here in Greenwich, Connecticut, I have only counted 118 cars from Canada in the last 20 years or more, so it would seem to me that the Canadians have enough room up their way without traveling down our way. When I lived in Nantucket over 20 years ago during my last summer there, I occasionally worked with an individual named Ian Greenshield whom was French Canadian whom did casual maintenance around the island. He sort of looked like a Beefeater on the Beefeater gin bottle. He claimed to have been a body guard for Jackie Kennedy Onassis in Stowe, Vermont, and the last project he had me working on was painting the trim on Admiral Halsey's house off the Polpis road facing on the Nantucket harbor. The eaves area of the house had lots of bees. After that, I also once saw him walking the beach in Kennebunk, so more than likely there were French Canadians there occasionally. Ian enjoyed drinking alcohol, and he always seemed to have a different girl friend every day or several times a day, so he was quite popular. He told me his son lived in Fort Lauderdale, and his father sat around some old hotel in Montreal and owned the Greenshield Bank. However, there is no reference to the Greenshield bank on the internet, and the only reference to Greenshield is that it is the name of the Rothschild family home in Europe. Thus maybe Rothschilds live in Montreal also. Ian was friends of the Grennon family on Nantucket from Concord, Massachusetts and Stowe, Vermont whom owned real estate and the Languedoc restaurant on Nantucket. A great many of the employees of the Languedoc restaurant in the summer worked for the Stowe, Vermont ski patrol in the winter, so the Languedoc group was always amused to see me every spring coming up from Key West, Florida. Needless to say, I once cleaned up their bar Sister Kate's in Stowe, Vermont after the ski season which took about a week to clean up. They had rented the bar to someone called "Rock", so more than likely this Rock character was a cold weather person. That spring in 1983, as I recall was the last time I was in Stowe, Vermont, so more than likely the cold winters have taken their toll on the cold weather group up there. Since I have been up north really since about the spring of 1979, except for one two month vacation in Key West back in 1982, I would imagine that life has evolved into new generations in those localities. Ian lived above the firehouse in Nantucket, so a great many people regarded him as a security type of individual. We once witnessed an event which was terrifying. I recall it was a hot July weekend, and we were driving east on the dirt road from Surf Side towards the Nobodeer beach at the end of the runway of the airport. Ian had bought an old rusted GMC Jimmy with removable roof. There were approximately 500 or more people at that beach location at the end of the runway, and we could see it along the beach road from about a half mile away. One could here lots of people yelling and screaming, and the water seemed to be quite red. Ian observed the scene, and he said we better drive back into town, and I then went to work that late afternoon. We were at such a long distance away, it just looked like another beach day. Still, I regularly walked to that beach from town all the time after that, so as far as I could tell over the years, nothing ever happened there that I was aware of. About the only thing that happened there was that Preston's bar across from the

airport burned down a number of years before my final summer in 1983, so they built the Mews disco on the Surfside road. Since most of the time I did not have a car on Nantucket, my viewpoint was mostly limited to the comings and going in town, and those places like the beach I either walked or jogged to. Occasionally I would walk up to Sconset on the Sconset road, and I would walk back the Polpis road which was more dangerous. Also occasionally, I would walk to Madekat. Thus my viewpoint was more limited to the downtown area of Nantucket. I suppose the four wheel drive crowd had a larger overall perspective. However, I did try to use the Nantucket library regularly to keep informed of Off Island events. Thus people whom seem to have television always seem to think they know more, and since during that time when I traveled and lived in those locations, I did not have television, I was not aware of a great many events that other people were better informed on. However, the media in the United States of America does not cover too much, so when one uses one's own two eyes, one frequently sees more. I suppose all of the French Canadians whom have traveled through this country over the years would also have their own perspectives too. CIO

Note: <888> 02/18/04 Wednesday 3:00 A.M.: Inexpensive generic computer without the operating system [Accessmicro Computers Motherboards and Laptops \\$50 rebate for \\$249 total cost on generic computer system without operating system](#) . CIO

Note: <888> 02/18/04 Wednesday 2:45 A.M.: I did some minor tweaks on the Dell backup computer. CIO

Note: <888> 02/18/04 Wednesday 1:45 A.M.: I woke up from my nap two times, and I ate 10 saltine crackers each time. I guess now that I am awake again, I will do some more computer work. CIO

Note: <888> 02/17/04 Tuesday 10:40 P.M.: I am a bit tired, so I will go to bed early. I will now shut down the computer, and I will go to bed. CIO

Note: <888> 02/17/04 Tuesday 10:15 P.M.: [Yahoo! News - Tech Tuesday Free Software](#) . CIO

Note: <888> 02/17/04 Tuesday 10:10 P.M.: I chatted with a relative. CIO

Note: <888> 02/17/04 Tuesday 9:20 P.M.: I made and ate my usual salad [www.geocities.com/mikelscott/salad.htm](#) . I used a 3.75 ounce tin of Beach Cliff sardines, which I chopped into small pieces, and I added it all to the salad with the soy oil, instead of tuna fish. For the cheddar cheese portion, I used Cabot's [www.cabotcheese.com](#) 50% less fat Vermont cheddar cheese, and I also used Stop and Shop no fat grated parmesan cheese topping. I also used all of the other regular ingredients. I had iced tea with the salad. CIO

Note: <888> 02/17/04 Tuesday 7:50 P.M.: I did not fall asleep until 5 A.M. this past morning. I ate about 10 Nabisco saltines. I did not wake up early enough for my emissions inspection appointment at the Shell Station on East Putnam Avenue and

Sherwood Place, which was at 12:45 P.M.. I did wake up about 1:30 P.M.. I ate breakfast of oatmeal, toast with raspberry jam, orange juice, vitamins, supplements, and coffee. I then cleaned up, and I went out. I went by Putnam Trust Bank of New York on Mason Street. I then went to my 4 P.M. appointment. I then went by the Shell station on East Putnam Avenue at Sherwood Place to reschedule my appointment. I am now scheduled for 4:30 P.M. on Tuesday March 2, 2004. I next went downtown, and I walked the entire length of Greenwich Avenue including the train station area. I sat out at various locations. I stopped by at CVS, and I bought two 32 ounce spray bottles of CVS cleaner with bleach for .99 each and one 16 ounce bottle of CVS wool wash for .99 plus .18 tax for \$3.15 total. I then completed my walk. I next drove down by the waterfront. I then went by the Greenwich Library, and I just drove around the parking lot, I did not go in. I next went by Smoke for Less in Byram, and I bought a carton of Seneca Ultra Lights 100s for \$31 total. I then returned home, and I drank some iced tea. CIO

Note: <888> 02/17/04 Tuesday 3:35 A.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . For the cheddar cheese portion, I used Cabot's www.cabotcheese.com 50% less fat Vermont cheddar cheese. I also used Stop and Shop no fat grated parmesan cheese topping. I had the salad with iced tea. I will now shut down both computers, and I will go to bed soon. I have to be up at 10:30 A.M. for my daytime appointments. CIO

Note: <888> 02/17/04 Tuesday 2:25 A.M.: Here in Greenwich, Connecticut late at night and during the early morning hours, there is not much in the way of warmer hospitality for casual travelers except the Greek owned Greenwich Glory Days dinner across from the YMCA on East Putnam Avenue one and half blocks east of the top of Greenwich Avenue. Since the railroads are not very profitable anymore, they do not keep the train station opened all night for casual travelers. On weekdays at night the Food Emporium is opened 24 hours, and also the small Shell gasoline station on West Putnam Avenue is opened 24 hours. Of course if one breaks the law, the Greenwich Police can frequently offer hospitality, but that can be expensive by the time was pays a lawyer and a fine. Also we have hotels and inns, but it is the nature of this area that they are very expensive. The cheapest lodging that I know of in Greenwich, Connecticut is the Howard Johnson's motor lodge <http://www.hojo.com> in the Riverside section of town. If one calls their 800 telephone number at 1-800-446-4656 they supposedly can offer a discount rate from the usual \$109 a night plus tax for \$83.99 a night plus tax. Their web site says they also offer a 20% discount to AARP American Association of Retired Persons <http://www.aarp.org/> , but those rates are not always available. I called the 800 number, and they told me the current lowest rate they can offer at the Greenwich, Connecticut Howard Johnson's is \$83.99 a night plus tax. There is hour local bus service from that location in the daytime on week days. CIO

Note: <888> 02/17/04 Tuesday 1:45 A.M.: Of course when dealing with the Saudi Arabians and other people from the Middle East, they were traditionally nomadic following their wandering herds of goats and sheep. They usually stayed in middle eastern style tents which probably would not be too practical in the northern parts of the

world. However, since they had goats and sheep, they more than likely had warmer woolen and goat hair garments to stay warmer when it got cold. It supposedly gets cold in the Middle East too, so I suppose it depends on what one is use to. I have never visited the content of Africa, but I have been as far south as Selchuk, Turkey, Crete, the south coast of Greece, Malaga, Spain, and Lanzarote in the Canary Islands, so more than likely I have seen a few people from further south of there. Of course that was over 30 years ago, and the world has changed. Locally here in the United States of America, one needs credit in the United States of America currency dollars to generally afford to live here and maintain a lifestyle. Occasionally people trade items in exchange for items of like value. Whatever, the case in the north country because of the cost of heating and maintenance, it can be very expensive to travel outside of the normal tourists' areas. I suppose the oil barons have their lodges where they entertain people from warmer areas of the world. Whatever, the case the largest lodge I have seen in this area is the lodge at Harriman State Park, which is one of those Adirondack lodges. However, there are large homes in this area, but the people in the large homes frequently travel, and they have their own private networks of friends and associates. In other words, some of the homes up north might not be very warm in the winter. Once again, it depends on what one is use to. Although I keep my apartment at 70 degrees Fahrenheit during the winter which is very expensive, there are plenty of people whom are more frugal whom live in colder environments indoors around 50 degrees Fahrenheit. I have a friend who has plenty of money, and for many years he use to come to visit my apartment just because I always kept the temperature at 70 degrees Fahrenheit, when his own personal house was frequently 50 degrees Fahrenheit in the winter and very hot in the summer. Thus keeping an average temperature in an apartment on a year round basis from around 65 degrees Fahrenheit to 75 degrees Fahrenheit is a more expensive lifestyle. Of course when working with computer equipment which generates heat around electronics, it helps to have a cooler environment on a year round basis. When I went to the Microsoft conference at the Holiday Inn at Bridgeport, Connecticut two weeks ago, the Microsoft representative from Waltham, Massachusetts commented the conference room at 72 degrees Fahrenheit was a bit too hot. However, since Bridgeport is also where the Royal Dutch Shell tankers deliver oil for this area of Connecticut and it is also where Northeast Utilities has a large power plant, more than likely they can afford to keep it warmer. I was once given free hospitality in Bridgeport, Connecticut because a computer hacker working for a local Connecticut politician falsified information on a United States of America Federal computer network 20 years ago. Thus since at the time, I was not as computer aware, it is obvious that various politicians including government employees can use this technology to their own advantage. Thus one of the reasons for keeping the computer log is to let people know what I am up to doing, so others whom might try to profiteer off other peoples experience, connections or long time family affiliations know exactly what I am up to and basically how simple life can be when one ignores the salesmen on television. CIO

Note: <888> 02/17/04 Tuesday 12:45 A.M.: Chicago, Illinois pied a terre
http://www.forbes.com/2004/02/16/cx_bs_0216how.html . If I am not mistaken Chicago, Illinois' Astor Street also intersects with Scott street at the intersection of which location, my father lived during his first marriage. It is convenient to the Ambassador West and

Ambassador East Hotels, and I believe the Ambassador East still has the dining room called the "Pump Room" with their very large black Nubian waiters wearing feathered head dresses such was the style in the old world court of some long forgotten Sultan. CIO

Note: <888> 02/17/04 Tuesday 12:35 A.M.: Well since all of the movers and shakers seem to have headed south for the winter, we seem to have mostly the local group of people whom have lived in this area for a considerable amount of time. Since a great many of them are frugal Yankees, more than likely they might also be stockholders in larger international investments. Whatever, the case the movers and shakers that seem to fly in and out of this area on business jets seem not to be in this area during the winter, since from an economics point of view it costs too much money to store and maintain a business jet in this area in the winter. Thus the corporate types whom are dependant on their business jets, more than likely are in warmer locations, where they can maintain their aircraft more cheaply. I would imagine it costs quite a bit of money to heat an aircraft hanger up north in the winter. I suppose when they get down south around the more frugal retired stockholders, they are more closely observed by the real owners and not the absentee management in this area. CIO

Note: <888> 02/17/04 Tuesday 12:15 A.M.: Since it would be too difficult to remove all the items from the shelf in the bedroom window and to try to climb over the various LAN cables to get up to the curtain rod to install the Saudi Arabian flag in the bedroom window, I decided to hang the Saudi Arabian flag over the open bedroom door which I always keep opened with a Rubbermaid hamper containing smaller pairs of pants and on top of the hamper are a couple of old laptop computers with their cases. The Saudi Arabian flag covers the mirror on the bedroom door, and it partially covers the invitation to the George W. Bush and Richard Cheney inaugural invitation. I could lower the invitation, so it is all seen, but I do not feel like hammering the OOP nail at this hour of the morning. I also rediscovered in the long mahogany bureau the very large United States of America 49 star flag, which I have no room to display. It was very popular when Alaska became the 49th state before Hawaii a couple of years later became the 50th state. I bought it at the New Canaan, Connecticut visiting nurse thrift shop for \$5 about 15 years ago. It was folded in a traditional manner, so it might have been used at some ceremonial occasion when they folded it. I have since refolded it in the traditional manner of a triangle. I used to display it on my bedroom wall in two different locations, so it has tiny nail holes in it. CIO

Note: <888> 02/16/04 Monday 11:55 P.M.: I is currently 19 degrees Fahrenheit with a wind-chill temperature of -13 degrees Fahrenheit. Since I frequently feel like the Swiss house boy in my own chilly apartment, I could always try to make it feel warmer. I currently have a large United States of America, large Netherlands, and large Great Britain flag displayed over my living room curtains going from left to right. I also on top of my two primary 19 inch computer monitors have two small Swiss flags to reflect the neutral nature of the internet, since much of it started in Switzerland. I also above my dining room table on the left side computer speakers have a small French and small Belgium flag. I also on the Dell backup computer monitor adjacent to my primary

computer, I have from left to right small Canadian, Scottish, Norwegian, Danish, and Swedish flags. I have in reserve if I want to make it feel like it is warmer, a large Saudi Arabian flag, which I have stored in the long mahogany bureau in the living room. I have room to display it over my bedroom window, but since I am not Saudi Arabian, and since I figure the Saudis can afford their own flag, I will have to consider whether to try flying it again or not. At this moment, it would be quite difficult with all the accumulated junk in the bedroom window to try to climb up there to once again to try to fly it. Since I consider the other flags important in a cold climate, I will have to contemplate the interior decoration from a Swiss point of view before I make any rash decisions. I basically could do it, but the last person that told me that they were Saudi Arabian lived in Key West, Florida, and although I have seen the Saudi Arabian flag flying many times at the Waldorf Astoria in Manhattan, New York, New York, I am not sure if the area is still friendly to them or not. Basically with this cold winter, they must be making some American wampum along with whatever else they seem to be invested in. At the moment, I think it is too cold here for camel racing. CIO

Note: <888> 02/16/04 Monday 11:30 P.M.: I restored my copy of the Microsoft Investor portfolio tracking portfolio, and it is now back where it should be at a total value of \$1,328,628 and the number of Sun Microsystems shares is only around 3,000 shares. Maybe when I put the Sun Java virtual machine on my Dell backup computer which interacts with the Microsoft Investor portfolio, it changed the numbers. I also reuploaded the download for my Microsoft Investor portfolio <http://moneycentral.msn.com/investor/home.asp> at www.geocities.com/mikelscott/scopor01.zip. Remember this is just a tracking portfolio meant to track the stock market, it is not meant to outperform the stock market like an investor might try to do. CIO

Note: <888> 02/16/04 Monday 11:10 P.M.: I printed out the two Microsoft emails regarding the beta testing. On the Dell backup computer with the Windows XP SP2 beta 1 full install, I also installed the Customer Support Diagnostics for Service Pack 2 for Windows XP beta 1. I am not sure, but the beta on the Dell backup might expire around August 13, 2004 after six months in which case I would have to install another operating system and reconfigure the computer. However from reading the beta newsgroups, I saw mentioned that Microsoft frequently gives beta testers a final copy of the released version. Whether, one would have problems installing it or not is another question. One can not install Windows XP current released version over the beta. Also on the beta newsgroups it says they do not recommend installing updates or final releases over betas. I suppose I will have to deal with that eventual possibility when the time arrives. I also noted at the Microsoft TS2 conference, when they chatted about the free copy not for redistribution of Microsoft Office Professional 2003 that I will be receiving for attending the conference, they mentioned that one is allowed to install it on three machines. I personally am not a stockholder in Microsoft, but I have a relative who owns a bit of stock in Microsoft, so in using the Microsoft products which I have bought and the betas which I am also using, I try to be encouraging towards the company's prospects, but I do not do anything that would undermine the company profitability or its position towards the client user software group. Since I am not a lawyer, but I have read quite a bit of

Microsoft public relations over the years, I felt that I am in compliance with the Microsoft EULA agreements as I perceive them. However, I do have a couple of old outdated backup computers that I have installed the beta on, and although I am not testing the beta on them, they are available for emergency use for web browsing or word processing in an emergency situation if we ever have one in this area which is close to New York City which is considered a terrorist target potentially in the future. However, none of the computer equipment would be useful, if we did not have electricity or cable modem access in this area, so we are dependent on a larger group in this area despite our own internal resolve to maintain the sanctity of our private homes. The reason I mention this is that on my own personal computer which I keep secure with password protection, I have noticed certain system changes which I have not performed myself. One of the most recurrent system changes in the Volume control on the sound volume slider in the audio settings is frequently turned up to the maximum, when I normally keep it at about 40%. Since I have good firewall protection, either someone is hacking into the system and changing the settings, or when I depart my apartment to go downtown for a walk, someone is gaining access to my apartment and possibly using my computers, and the fact that nothing much ever changes, it would indicate to me that the individual is deaf or hard of hearing and forgetful to reset the audio control. However, if this were the case in terms of my lease arrangement with the Greenwich Housing Authority and my own private constitutional rights this would be considered a violation of my own personal security, and if it were the case, it would be impossible for it to happen without my other neighbors taking note of the intrusion unless it was someone whom they would not challenge. Still, if someone were gaining access to my apartment, it would mean also that besides the computer equipment potentially other items like my food or drink might be tampered with. Still, it could be just a system malfunction or a hacker trying to show my firewall setup is not secure. I once tried about three years ago to put motion detector software on my computer cameras, which meant leaving the computers turned on, and the time I did it, the software was tampered with. This would indicate to me that if there were intrusions in my apartment or tampering with the computers from externally or internally, that there is a certain level of sophistication in terms of the intruder. However, it would seem to me with a large number of foreign nationals in residence in this area, that if the intruders were gaining access to my apartment, that more than likely they do not respect the various codes of conduct as they relate to this matter as they are established in this country. Whatever, the case it might also explain the change in the Microsoft Investor portfolio, but it seemed to me when I loaded it on the Dell backup computer, it crashed twice trying to go through a lengthy synchronization process in which case possibly when the portfolio is loaded simultaneously on two computers, it reports a different price level, or once again the portfolio index was tampered with from internally or externally on the primary computer before I loaded the copy on the Dell backup computer. Since the copy on the Dell backup computer came from my download on the Yahoo Geocities server, it is possible that someone tampered with the download on the Yahoo Geocities server. I believe I have a copy on my local hard drive on the primary computer to try to see if that makes a difference. In the current state of the portfolio there seems to be a lot of Sun Microsystems stock, which since in the original portfolio setup about four years ago, it would have contained about 100 shares, the current level of 30,000 shares would indicate a lot of splitting activity in the stock price

of Sun, or some potential hacker as some sort of relationship with Sun Microsystems which does produce very power computer equipment if one is Unix savvy. Whatever, the case it is still a mystery. CIO

Note: <888> 02/16/04 Monday 9:55 P.M.: I made and ate [Michael Louis Scott's Onion Soup](#) . I had the onion soup with a glass of iced tea. I used a Spanish yellow onion. CIO

Note: <888> 02/16/04 Monday 8:50 P.M.: I ate about eight Nabisco saltines. I left a message with a friend about 7:30 A.M. this morning. I went to bed about 8 A.M.. I was up at 4 P.M., and I had breakfast of oatmeal, toast with raspberry jam, orange juice, vitamins, supplements, and coffee. I went back to bed until 8 P.M.. I watched a bit of television. I have to be at the Shell gasoline station tomorrow at 12:45 P.M. to have my emissions checked on my Hyundai, and I also have a 4 P.M. appointment. I guess I will not go out, and I will work on the computer. Around 4 A.M. this coming morning, I will try to sleep until about 10:30 A.M.. CIO

Note: <888> 02/16/04 Monday 6:10 A.M.: I finished going through the Microsoft Windows XP SP2 beta 1 newsgroups. I ate 12 Nabisco saltine crackers with 3/16 slices of Cabot's www.cabotcheese.com 50% reduced fat Vermont cheddar cheese on them. I finished going through my email. Since today is the President's Holiday, there is not much news. I shut down the backup computer. I will now shut down the primary computer. I will go to bed soon. It is currently 10 degrees Fahrenheit, and the wind-chill is -4 degrees Fahrenheit <http://www.weather.com/weather/local/06830> . I also turned off the DeLonghi oil filled radiators. CIO

Note: <888> 02/16/04 Monday 4:30 A.M.: I am still reading the Microsoft Windows XP SP2 beta 1 newsgroups. I ate the last piece of cherry pie with some iced tea. CIO

Note: <888> 02/16/04 Monday 1:55 A.M.: I am reading the Microsoft Windows XP SP2 beta 1 newsgroups. I turned on the backup Dell computer with the beta, and I logged onto the Microsoft Investor Portfolio <http://moneycentral.msn.com/investor/home.asp> , and in 24 hours while the exchanges were closed my tracking portfolio www.geocities.com/mikelscott/scopor01.zip went from \$1,350,000 to about \$1,897,084 which is sort of peculiar. I did put the portfolio on the Dell backup computer with the beta as well as having it on my primary computer. When I put it on the Dell backup computer earlier yesterday morning, it kept crashing trying to synchronize with the Microsoft Money server, although it works fine now. Whatever, the case it is sort of strange that it would show such a great discrepancy while the markets were closed. Maybe it is in Canadian dollars. CIO

Note: <888> 02/15/04 Sunday 11:55 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I used a 3.75 ounce tin of Beach Cliff sardines in soy oil instead of tuna, and I chopped the sardines, and I also added the soy oil to the salad. For the cheddar cheese portion, I used 75% Stop and Shop Vermont extra sharp cheddar cheese and 25% Cabot's 50% reduced fat Vermont cheddar cheese. I also used Stop and Shop no fat grated parmesan cheese topping. I used all of the other regular

ingredients. I had the salad with a glass of iced tea. I also made up a fresh batch of homemade hummus www.geocities.com/mikelscott/hummus.htm . For the olive portion, I used two 4.25 ounce cans of chopped California black olives. For the garlic portion, I used one large clove of elephant garlic. I used all of the other regular ingredients. CIO

Note: <888> 02/15/04 Sunday 10:40 P.M.: I had a telephone call from a friend about noon today. I was up at 4 P.M., and I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went back to bed until 6 P.M.. I cleaned up, and I went out. I went by the Exxon gasoline station next to the Greenwich Library, and I bought \$5.10 of regular unleaded gasoline at \$1.899 a gallon for about 24 miles per gallon usage. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. During my walk, I stopped by CVS, and I bought two 33 ounce spray bottles of CVS window cleaner for .99 each, a 25 ounce bottle of Ivory ultra concentrated dishwashing liquid classic scent for \$1.99, two CVS heavy duty scrub sponges for .99 both, a 3.5 ounce CVS bleach toilet bowl cleaner for \$1.99, four 3.75 ounce tins of Beach Cliff sardines in water for .50 each tin plus .42 tax for \$9.37 total. For some odd reason, they had one package of 50 Bretam and Taylor Earl Grey Tea bags on the shelf at CVS, but it is not a product that they sell, so I gave it to the front counter for them to keep. Perhaps a customer dropped it by mistake. I then completed my walk. I used the bathroom at Starbucks. I next drove down by the waterfront. I then went by the Stop and Shop, and I bought buy one get one free of Progresso New England clam chowder 18 ounce cans for \$2.49 both, a 10 ounce bag of fresh spinach for \$1.50, a 10 ounce box of fresh mushrooms for \$1.99 for \$5.98 total. I then went by the ATM machine at Putnam Trust Bank of New York on Mason street. I then returned to the Stop and Shop, and I bought two three liter cans of Bertolli Classico full bodied and mild olive oil imported from Italy \$9.99 each \$8 off a can for \$19.98 total. I then returned home, and I drank some iced tea. I had a message on the answering machine from a relative. I left a message with that relative. I chatted with another relative. I turned on the two oil filled electric DeLonghi radiators in the living room to medium level setting of 4 of 6 to add a bit of extra heat in the living room area. It is currently <http://www.weather.com/weather/local/06830> 13 degrees Fahrenheit with a wind-chill of 2 degrees Fahrenheit. I will put one of the heavy duty scrub sponges by the kitchen sink. CIO

Note: <888> 02/15/04 Sunday 7:55 A.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 02/15/04 Sunday 7:50 A.M.: [Staples Special Savings Konica Minolta 1350W laser printer \\$80 off instantly for sale for \\$99.98](#) . CIO

Note: <888> 02/15/04 Sunday 7:40 A.M.: I finished going through my email. I finished running Norton Speed Disk on the Dell backup C: drive. I did a few tweaks and added Optimum Rhapsody after I did the backup. I shut down the Dell backup computer. CIO

Note: <888> 02/15/04 Sunday 6:55 A.M.: On the Dell backup computer with Windows XP Professional full install SP2 beta 1, I ran my basic maintenance utilities. I then did a

C: drive to E: drive backup in two parts. I ate a piece of Cherry pie with a glass of iced tea. I am now running Norton Speed Disk on the C: drive of the Dell backup computer. CIO

Note: <888> 02/15/04 Sunday 5:45 A.M.: I pretty much have the Dell backup computer completely setup with Windows XP Professional full install SP2 beta 1. I have about 5 gigabytes of hard drive space on the C: drive used out of 14.3 gigabytes total space on the C: drive. I transferred my data files from the primary computer along with my working URLs or Favorites. I only installed the programs that I regularly use. When I installed the email accounts and the newsgroup for the Microsoft beta, I found out in the beta newsgroup that there is a download fix "KB834004" at the Microsoft SP2 beta web site for the Epson print spooler problem. I downloaded it, and I installed it, and the Epson Stylus Color 880 printer is now working just fine. I have it setup as the primary printer on the Siemens' LAN port and also on the LPT port, since I have an LPT cable available by the Epson printer to also use. I can not think of anything else to do. I guess I will now do a C: drive to E: drive backup. CIO

Note: <888> 02/14/04 Saturday 11:05 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm. For the cheddar cheese portion, I used Stop and Shop Vermont extra sharp cheddar cheese, and I also used Stop and Shop no fat grated parmesan cheese topping. I also used all of the regular ingredients. I had the salad with a glass of iced tea. CIO

Note: <888> 02/14/04 Saturday 10:00 P.M.: I chatted with a relative, and I left a message with another relative. CIO

Note: <888> 02/14/04 Saturday 9:00 P.M.: I put the old CDs from the behind the primary computer monitor, and instead of putting on the bedroom desk, I put them on the floor underneath the left side of the sideboard in the bedroom. I am still in the process of configuring the Dell backup computer with Windows XP Professional full install SP2 Beta 1. It is all going along without any problems. However, the Epson printer driver for my Epson Stylus Color 880 printer for Windows XP still does not work although it installs. I deleted it. I have the HP LaserJet IID setup on the Siemens port and the Minolta PagePro 1250W setup on the USB port. I also installed the Logitech cordless wheel mouse driver which prompted me that my Logitech cordless mouse had low batteries, so I installed new AAA Energizer batteries in the Logitech cordless mouse. Most of the primary programs are installed and updated. CIO

Note: <888> 02/14/04 Saturday 6:20 P.M.: I was up at 4:30 P.M.. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I am now configuring the Dell backup computer which will take a while. CIO

Note: <888> 02/14/04 Saturday 11:05 A.M.: I did some configuration on the Dell backup computer. I shut it down. I will now shut down the primary computer, and I will go to bed soon. On the wicker rack behind the left computer monitor, I took out the CDs that I no longer use, and for now they are on my bedroom desk. I have the ones I need

for configuration out, and I will put them back with the ones that I use more often after I am finished with configuration. CIO

Note: <888> 02/14/04 Saturday 10:15 A.M.: I was able to get Microsoft Passport working on the Microsoft Beta web site by enabling all cookies in my web browser. I then was able to get a product key for Microsoft Windows XP Professional Full Install SP2 beta 1. It is good for 30 activations, but I only needed one. It installed without any problems on the Dell backup computer. I installed the updates. I copied the install CD to the hard drive. The Dell backup is a 366 MHz computer with 384 megs of memory and a C: drive of 14 gigabytes and a E: drive of 8 gigabytes with the CD drive on the D: drive. I will now configure it until I get tired, which I already am. CIO

Note: <888> 02/14/04 Saturday 8:30 A.M.: On the Dell backup computer, I did a Windows ME floppy boot and ran Fdisk, and I deleted the Red Hat Linux 9.0 partitions and the other partitions. I am now installing on the Dell backup computer Windows XP Professional SP2 beta 1 that I downloaded earlier. It will expire after some undetermined amount of time, probably six months. I do not know whether I need a registration key or not. When I try to log onto the beta web site, it says I need to log on with my Microsoft Passport, but there is no way except to log out. I think if one is logged on too long, it expires and one has to let it reset. CIO

Note: <888> 02/14/04 Saturday 7:50 A.M.: I burned the *.iso files and the *.exe file for Windows XP SP2 beta one to CDs. CIO

Note: <888> 02/14/04 Saturday 6:55 A.M.: I ate a piece of cheery pie with a glass of iced tea. I chatted with a friend for a while. I am finished downloading the *.iso files for Windows XP SP2 beta 1. CIO

Note: <888> 02/14/04 Saturday 5:40 A.M.: I took the Radio Shack rechargeable Nickel Cadmium batteries out of their charging position in the Radio Shack battery charger below the Orion television in the living room. I now have a fully charged spare pair of batteries. I am doing system maintenance on the Dell backup computer. I have 50 minutes to go on the last *.iso file download. CIO

Note: <888> 02/14/04 Saturday 4:45 A.M.: I have been going through my email. I am in the process of downloading the third and final *.iso file. I have about two hours to go on it. I also have been doing some system maintenance on the Dell backup computer. CIO

Note: <888> 02/14/04 Saturday 2:55 A.M.: I am installing 60 megs of updates on the Dell backup computer Red Hat Linux 9.0 partition. CIO

Note: <888> 02/14/04 Saturday 2:40 A.M.: I finished downloading the *.iso of Microsoft Windows XP Professional SP2 beta 1 complete install. However, if I chose to use it, I would have to request a product key from the Microsoft beta web site, since it is a complete install. It would probably expire after six months from the release of the beta

on December 11, 2003 or six months from when installed which is usually Microsoft's procedure. I am now downloading the *.iso file for just the Windows XP SP2 beta 1 upgrade, which one should be able to use from CD to upgrade an existing XP system. Still, one has to remember it is still a beta. I also have the smaller 2.5 meg file for downloading from installation, which is for slower dialup users. I will then download the *.iso file for Windows XP SP2 beta 1 for the Customer Diagnostics and Support CD. Thus the downloads should be done about 7 A.M. to 8 A.M. this morning. The downloads are available in English, Japanese, and German. Also there are other downloads for support such as HCT "hardware compatibility testing" and there is a complete Home edition download with the beta too, which I do not need. I can not figure out why Microsoft has them posted on a server that is limited to 53 KB/sec. bandwidth instead of the usual high speed connection. Maybe Microsoft is short of band width, or I suppose one can split their server software to limit bandwidth, so more people can use it at one time. One is suppose to keep the beta software secure, and it is not for general distribution. Product registration keys that are released outside of the beta test program for example on the internet will cause the beta tester to be terminated. I am now going through my email. I will then read some of the newsgroups on Windows XP SP2 beta 1 which I am registered for with the beta program also. CIO

Note: <888> 02/14/04 Saturday 1:55 A.M.: Happy St. Valentine's Day. I went out after the last message, and I went downtown. I drove by the train station area and down by the waterfront. I then walked the length of Greenwich Avenue, and I sat out at various locations. I then drove by the waterfront again. I next went by the ATM machine at Putnam Trust Bank of New York. I then drove by the Food Emporium, but they are closed tonight. I just now returned home, and I drank some iced tea. I have 20 minutes to go on the first *.iso file which is the complete install of Windows XP Professional with SP2 beta 1. I will also download the *.iso file for the XP SP2 beta 1 upgrade and the *.iso file for the utility configuration program, which should take a few more hours. I have already downloaded the *.exe file for the upgrade of Windows XP upgrade SP2 beta 1. Once they are downloaded to the different folders on the D: drive, I will burn them to CD to have them available for future use. I will eventually delete the three *.iso files from the D: drive, since I will probably need the space for C: to D: drive backups in the future. CIO

Note: <888> 02/13/04 Friday 11:35 P.M.: I will now shower and cleanup. I will go out after midnight, so I will not be going out on Friday the 13th. I will leave the computer running with the download process of the *.iso files. CIO

Note: <888> 02/13/04 Friday 11:10 P.M.: I am downloading one large Microsoft Windows XP SP2 *.iso file and I have two more queued for download. It will probably take several hours to six hours. I am just about to eat the spaghetti and tomato sauce that I refrigerated last night with some grated low fat parmesan cheese along with iced tea.

Note: <888> 02/13/04 Friday 10:35 P.M.: I chatted with a relative. CIO

End of Scott's Notes week of 02/13/04:

Note: <888> 02/13/04 Friday 9:50 P.M.: I am the process of downloading some Windows XP beta SP2 files to have available, but I will probably not be installing them on the primary computer, since when I installed it before the Epson Stylus Color 880 printer would not work. However, I can get a CD key to have them temporarily put on one of the backup computers. The downloads seem to take over an hour, and I will probably also download the *.iso file for Windows XP Professional SP2 beta too, but I would also need to register for a CD key for that too. I guess I could beta test the Windows XP SP2 beta on my backup computer to give them performance reports, but it would not be as fast as the primary computer, which I should keep for regular work. I will now send out my weekly notes. CIO

Note: <888> 02/13/04 Friday 9:10 P.M.: I was awoken at 1 P.M. this afternoon by a call from Microsoft about the TS2 conference, and I was asked if I would be interested in purchasing the Microsoft Action pack. I told them I would not be. I did tell them about the TS2 DVD not working, and they gave me a number to call at 800-630-6740 about getting another one. I then ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I watched a bit of television. I then slept until 6 P.M.. I checked the mail. I heated and ate a 18.8 ounce can of Campbell's New England clam chowder which I had with about 15 Arnold large cut croutons. I also ate it with a glass of iced tea. I then did my house cleaning and watering the plants. I did the vacuuming first, so I would not disturb my neighbors later in the evening. I just threw out the garbage. I listened to the stereo system on radio 107.6 FM with my Emerson Wireless headphones while doing the cleaning. I just put a fresh pair of fully charged rechargeable Radio Shack Nickel Cadmium batteries in the wireless headphones, and I am charging the pair that I used. They should be fully charged at 4 A.M.. CIO

Note: <888> 02/13/04 Friday 3:20 A.M.: I will now shut down the computer, and I will go to bed. CIO

Note: <888> 02/13/04 Friday 3:10 A.M.: I went through part of www.geocities.com/mikelscott/scotwork.htm. I did a System restore backup. I then tried running a registry maintenance utility which shall remain nameless, and when I rebooted the Norton Anti Virus protection and Norton Internet Security 2004 did not boot up. I did a system restore, and the system is now running fine. The registry repair utility found 440 errors, but I figured it was best to restore the system before I used the utility. I uninstalled the utility. I then ran Norton Win Doctor. I then changed in the System Properties of My Computer under Advanced and then Performance, I changed it to "Adjust for Best Performance" with "Smooth Edges of Screen Fonts" selected as the only option. Thus although my system does not look as good with as with all the other settings selected, it is a lot faster and more responsive. CIO

Note: <888> 02/13/04 Friday 12:10 A.M.: Friday the 13th. I just ate 12 Nabisco saltine crackers with 1/8th inch thick slices of Vermont extra sharp cheddar cheese on them along with a glass of iced tea. CIO

Note: <888> 02/12/04 Thursday 11:10 P.M.: I went through my email. CIO

Note: <888> 02/12/04 Thursday 10:55 P.M.: I ate a piece of Cherry pie with iced tea. I set up the newsgroup for the Microsoft beta, but I have to wait 24 hours for the password to clear. CIO

Note: <888> 02/12/04 Thursday 9:50 P.M.: I chatted with a friend and a relative. CIO

Note: <888> 02/12/04 Thursday 9:10 P.M.: I tried watching the DVD movie, but the DVD was defective, and it would not work. I returned it back to the Greenwich Library, and I looked for another DVD or videotape, but there was not anything I felt like watching. I just now returned home. CIO

Note: <888> 02/12/04 Thursday 8:00 P.M.: I went out after the last message. I went downtown, and I walked the entire length of Greenwich Avenue. I sat out at various locations. I used the bathroom at the Senior and Arts center. I then drove down by the waterfront. I next went by the ATM machine at Putnam Trust Bank of New York on Mason Street. I then went by the Greenwich Library, and I read the Greenwich Time and P.C. Magazine. I checked out the DVD movie "Lord of the Rings, the Two Towers". I then went by Val's Liquor pantry at the Stop and Shop plaza, and I bought a 10 ounce bottle of Angostura bitters for \$8.79 plus .53 tax for \$9.32 total. I then went by the Stop and Shop, and I bought three half gallons of Tropicana premium orange juice with calcium for \$5 all, a bunch of broccoli at .79 a pound for .94 and plum tomatoes at \$1.99 a pound for \$2.81 for \$8.75 total. I then returned home, and I drank some iced tea. I heated a large pot of water to boiling, and I boiled a 16 ounce package of Mueller's thin spaghetti noodles for 9 minutes. I also heated a half of a quart jar of Ragu primavera tomato sauce in a microwave proof container in the microwave oven on reheat. I put Ragu sauce on half of the cooked spaghetti noodles along with a few tablespoons of Stop and Shop no fat grated parmesan cheese topping. I had it all for dinner with iced tea. I put the remaining noodles in a Rubbermaid container with the remaining Ragu sauce, and I put it in the refrigerator. I will now watch the movie. CIO

Note: <888> 02/12/04 Thursday 3:25 P.M.: I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I checked the mail. I will now shut down the computer, and I will clean up and go out. CIO

Note: <888> 02/12/04 Thursday 2:25 P.M.: I just woke up. CIO

Note: <888> 02/12/04 Thursday 4:55 A.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I use 1/8th thick slices of the cold baked garlic herbal chicken that I made a couple of days ago instead of tuna fish. For the cheddar cheese portion, I used Stop and Shop Vermont extra sharp cheddar cheese. I used twice the regular amount of Danish blue cheese, and I also used Stop and Shop no fat grated parmesan cheese topping. I did not use any broccoli. I had the salad with iced tea. I will now put the computer on standby, and I will rest a bit. CIO

Note: <888> 02/12/04 Thursday 3:45 A.M.: I went through my email. I received this link <http://www.connect-ms.com> . CIO

Note: <888> 02/12/04 Thursday 2:50 A.M.: I put the laundry away. I tried watching the Microsoft DVD TS2 disk on my DVD player. However, the TEAC DVD player would not work. I tried resetting it by unplugging the plug from the rear plug on the right most power strip in the left bookcase to the left of the right stereo bookcase, but it still would not work. I took all the items off the TEAC DVD player top, and it worked just fine. Usually if one puts too much weight on it, it does not work. I moved the wooden remote control holders to the left back of the blue couch. I put the MP3 CDs on the other CDs in the left bookcase. I put the videotape rewinder on the rear right arm of the long green couch. I left the Emerson wireless headphones on the TEAC DVD player. It works fine, but the Microsoft TS2 DVD disk gives a disk error, although the Windows XP DVD disk works just fine. I put both Microsoft DVD disks in the black Microsoft tote bag, which I put on top of the spare Rubbermaid hamper at the bedroom entrance with the old laptop computers and their cases. Thus the TEAC DVD player is ready to use. To use it one has to turn on the Orion television with the remote control on the brass and glass coffee tables by turning on the cable box and then the Orion television. One then uses the Orion television remote on the same brass and glass coffee table to switch the TV/AV switch to AUX1 and the TEAC DVD feed comes through if turned on. Of course one has to use the TEAC DVD remote control to control the TEAC DVD player, and it is kept in the wooden remote control holder. CIO

Note: <888> 02/12/04 Thursday 1:25 A.M.: I have 35 minutes to go on the dry cycle. I received email from Microsoft Beta testing that I have been accepted for the Windows Update beta and the Windows XP SP2 beta, but they are not posted on their web site yet. However, since I already have tried Windows XP SP2 beta, I will not be installing it again on my primary computer, since my Epson Stylus Color 880 printer did not work with it. I guess I could put the Windows Update beta on the backup Dell computer. CIO

Note: <888> 02/12/04 Thursday 12:50 A.M.: I started two loads of laundry. I am just about ready to start the dry cycle. I also put clean linens on the bed in the bedroom. CIO

Note: <888> 02/11/04 Wednesday 11:55 P.M.: I woke up from my sleep, and I finished eating the can of smoked almonds. I was up at 9:45 P.M. when a relative called. I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I watched some television, and I rested briefly some more. CIO

Note: <888> 02/11/04 Wednesday 2:05 P.M.: I just ate a piece of cherry pie with some iced tea. I will now shut down the computer, and I will go to bed. CIO

Note: <888> 02/11/04 Wednesday 1:35 P.M.: I went out after the last message. I went by Smoke for Less in Byram, and I bought a carton of Seneca Ultra Lights 100s for \$31 total. I then went by the Arnold Bread outlet, and I bought a fresh loaf of whole wheat natural oat bread for \$2.39 and two 5.5 ounce boxes of Arnold large cut garlic and herb croutons for .99 each, and a Entenmann's cherry pie for \$1.89 less senior discount of 10% of .63 for \$5.63 total. I then went by the Valley Road post office, and I mailed a letter. I next went by the Greenwich Hospital Thrift shop. I then went downtown, and I went by the Merry Go Round Mews Thrift Shop. All clothes are 50% off. I bought the Random

House Audiobook of 6 tape cassettes of "Dutch a memoir of Ronald Reagan" by Edmund Morris for \$3. The box had some water damage, but the tapes looks all right. I then drove down by the waterfront, and I walked out on the pier. I then went by the Greenwich Library, and I read the Greenwich Times and P.C. World magazine. I just now returned home, and I drank some iced tea. I put the Reagan audiobook to the right of the stereo system on top of the videotapes. CIO

Note: <888> 02/11/04 Wednesday 9:40 A.M.: I printed out a Valentine's Day card for a relative, and I have it ready to mail. I had to reset the black ink cartridge in the Epson Stylus Color 880 printer. The ink cartridges are fairly new in it. However, the black ink cartridge indicator light was flashing, so I took it out, and I put a small piece of Scotch tape over the bottom opening and reinserted it, and the light went out. I ran the Head Cleaning Utility 3 times and the Epson Stylus Color 880 printer is working just fine. I do not use it that much, since I have the Minolta QMS Page Pro 1250W laser printer, but I have to remember to run the Epson print head utility once a month to keep it clean, so it does not clog up. I will now go out shortly. CIO

Note: <888> 02/11/04 Wednesday 9:05 A.M.: I rested. I have a call from a friend at 6:45 A.M. this morning. I heated and ate a 18.8 ounce can of Campbell's New England clam chowder with 12 Arnold large cut croutons. I also had drank a cup of Lipton green tea with about an ounce of lemon juice in it. I watched some television. CIO

Note: <888> 02/11/04 Wednesday 3:15 A.M.: I read some news. I will now shut down the computer, and I will rest. CIO

Note: <888> 02/11/04 Wednesday 2:50 A.M.: I went out after the last message. I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I drove down by the waterfront. I then used the ATM machine at Putnam Trust Bank of New York on Mason Street. I then returned home. CIO

Note: <888> 02/11/04 Wednesday 12:20 A.M.: I rested for a half hour after the last message. I ate a few handfuls of smoked almonds while reading with some iced tea. I read about two dozen back issues of Computer and Technology magazines. I threw out all the old magazines and periodicals including the four foot stack including alumni magazines on the right side of the day bed. I used my grocery wire cart to carry them down. I will now clean up, and I will go out for some fresh air. I will put the computer on standby. CIO

Note: <888> 02/10/04 Tuesday 8:00 P.M.: I reheated the garlic herbal chicken along with the steamed white rice and chicken cooking juices, and I ate it with steamed fresh broccoli with a small bit of olive oil and a glass of iced tea. I also ate about a half of a 16 ounce jar of CVS lightly salted dry roasted peanuts. I will not put the computer back on standby and rest a while. CIO

Note: <888> 02/10/04 Tuesday 7:00 P.M.: I removed Cacheman from my computer. I ran Ad-aware 6.0, Spybot, RegCleaner, Norton WinDoctor, Disk Cleanup, and I did a

backup of the System with System Restore. I also installed two Microsoft Windows updates. CIO

Note: <888> 02/10/04 Tuesday 5:35 P.M.: I finished going through my email. CIO

Note: <888> 02/10/04 Tuesday 4:55 P.M.: I fell back to sleep until about a half hour ago. I turned off the water on the toilet, and I flushed it. I then used a potato brush and tooth brush that I keep in the top left drawer of my mahogany bureau in the bedroom to clean the inside of the back tank of calcium build up. I then turned on the toilet water again, and I flushed it a number of times to flush out the residue and make sure it functioned properly. I put in a new CVS Clorox toilet tank tablet in the tank. Ever since I had the problem with the toilet overflowing last July, I now wait whenever I flush for the toilet to run its complete cycle and quit filling the tank. CIO

Note: <888> 02/10/04 Tuesday 1:30 P.M.: I was up at noon, when someone from IBM called me to do a survey, which I answered. I then ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I received another survey from www.npca.org. I was thinking about staying in this afternoon and doing some computer work. I have a lot of computer work to catch up on. Particularly I have a couple of dozen computer periodical news weeklies to catch up on. However, today is very nice, and the temperature is 47 degrees Fahrenheit, so maybe I will go out. I will have to think about it. CIO

Note: <888> 02/10/04 Tuesday 3:25 A.M.: I went through some of www.geocities.com/mikelscott/scotwork.htm. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 02/10/04 Tuesday 3:10 A.M.: Yesterday, I ate a Nature's Valley granola bar before going to bed. CIO

Note: <888> 02/10/04 Tuesday 2:45 A.M.: I just finished going through my email. I checked the Lindbergh radio in the bedroom and National Public Radio 88.5 FM is now working. I changed the plug on it from the power strip on the Danish end table on the Danish desk to the wall plug that turns on with the bedroom lights. CIO

Note: <888> 02/10/04 Tuesday 1:40 A.M.: MenuetOS.org OS bootable from a floppy. CIO

Note: <888> 02/10/04 Tuesday 1:05 A.M.: [Wired News: Stay Fat and Live Long](#). CIO

Note: <888> 02/10/04 Tuesday 12:45 A.M.: I finished off eating the bag of corn chips, and I also ate a bowl of lightly salted dry roasted peanuts. I just remembered when I was mentioning in my notes the other night about the disposition of various geopolitical groups, there is another geopolitical group that the United States of America does not belong to. It is the Commonwealth of Nations, and because it also includes the billion people of India, there are roughly about 2.5 billion people in the Commonwealth of

Nations. I think the Commonwealth of Nations was formed out of the remains of the old British Colonial Empire, so many of them have long held ties with the British. If I am not mistaken the Monarch of England Queen Elizabeth II is also the Head of State of a number of Commonwealth Countries. CIO

Note: <888> 02/09/04 Monday 11:30 P.M.: I am running the updates on the other three backup computers. I chatted with a relative. I put the ice tea in the refrigerator. CIO

Note: <888> 02/09/04 Monday 10:05 P.M.: I rinsed in cold water the three remaining halves of boneless breasts of chicken, and I dried them with a paper towel. I put in a Pyrex pie dish, and I rubbed all sides with a couple tablespoons of olive oil. I then turned them bottom side up, and I seasoned them with Old Bay Seasoning, garlic powder, celery salt, chicken and meat seasoning, ground black pepper, basil, oregano, Italian spices, parsley, and Hungarian paprika. I then turned them bottom side down, and I poured on about three tablespoons of La Choy low sodium soy sauce and about a quarter of a cup of Rene Junot White wine. I then seasoned the tops of the boneless chickens breasts with the same herbs and spices as the bottom, and I minced one clove of Elephant garlic, I spread the pieces over the tops of the chicken. I then baked them in the Farberware convection oven at 350 degrees Fahrenheit for 35 minutes. I had one of the chicken breasts with steamed white rice with the cooking juices from the chicken and steamed fresh broccoli with a small bit of olive oil. I refrigerated the other two cooked chicken breasts with the remaining rice and cooking juices in Rubbermaid containers, to be reheated tomorrow for dinner and one cold with a salad the day after. I had the dinner with iced tea. I chatted with a relative. CIO

Note: <888> 02/09/04 Monday 9:35 P.M.: I normally keep my Lindbergh radio in the bedroom tuned to National Public radio for the Stamford and Greenwich, Connecticut area at 88.5 FM, but at the moment since I checked two hours ago and presently, they are only putting out a signal, they are not broadcasting <http://www.wnpr.org/> . There must be some technical difficulty. CIO

Note: <888> 02/09/04 Monday 8:30 P.M.: I also put the family portrait file holder on the AMD backup computer CPU, and I put the Radio Shack electronic clock and silver plate portrait frame of the Canadian quarter with Queen Elizabeth II on it on the IBM Cyrix CPU. I am now making a batch of www.geocities.com/mikelscott/icetea.htm . I am put 9 Salada orange pekoe tea bags, five Lipton green tea bags, and one each of the five variety pack of Twinings tea, and the last one of the Bigelow orange pekoe tea bags that I bought at Staples in Port Chester, New York a couple of years ago as a clearance item. However, I still have plenty of other tea in the apartment along with coffee. I will now put my little folding suit case cart by in my Hyundai rear area of the hatch pack compartment in the rear of the car. I used it to move the monitor. CIO

Note: <888> 02/09/04 Monday 7:50 P.M.: I was up at 1 P.M. this afternoon. I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I cleaned up, and I went out. I went by Putnam Trust Bank of New York on Mason Street. I then went by the Greenwich Hospital Thrift Shop, and I bought a

Hewlett Packard HP Ultra VGA 1280 17 inch monitor manufactured in 1999 for \$20 and a World Wildlife Federation www.wwf.org 2004 calendar for \$1 for \$21 total. I then went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I then drove down by the waterfront, and I walked out on the pier, and I checked out the harbor front vista. I then returned home. I installed the HP Ultra VGA 1280 17 inch monitor with the AMD backup computer on the brass and glass coffee table on the Danish desk in the bedroom, and I put the 17 inch Royal monitor on top of the IBM Cyrix 233 MHz with 64 megs of memory CPU on the Danish end table on the Danish desk. I moved the Lindbergh radio to on top of the green leather case on top of the right side of the mahogany bureau. Connecticut Public radio does not seem to be broadcasting at the moment. I put the backup Radio Shack NOAA weather radio on top of the stack of scrap paper in the bedroom window. I put pewter bowl with all the spare pairs of sun glasses on top of the right speaker on the right side bedroom chest of drawers on the right side of the bed. I moved the 41st Presidential souvenir cups to the center area of the bedroom Danish desk. They contain various pens. I hung the World Wildlife Federation 2004 Calendar on top on the right side panel of the hallway closet in the hallway, so I now have three calendars in the apartment. One is also on the apartment inside door of the USGA calendar and the other is on the refrigerator of horses. I also am installing the updates on the two computers that I worked with. I have four backup computers in the bedroom, but with the NetGear Hub, one can only run three online with the cable modem at the same time. However, I can also run the primary and the living room backup computers at the same time with the cable modem, so that I can have five on line at the same time with the high speed cable modem. I also have two backup cable modems. I technically could also run a sixth computer from the Siemens router in the living room, since it has a spare port. Although there is not room for a third computer in the living room, with a long enough LAN cable one could run a laptop computer. I also drank some iced tea. CIO

Note: <888> 02/09/04 Monday 2:10 A.M.: Well not much going on in this section of the Tundra, so I guess I will now shut down the computer, and I will go to bed. I did eat five 1.25 inch by 1.5 inch by .25 inches pieces of Kraft Cracker barrel baby Swiss cheese, and I drank some iced tea. CIO

Note: <888> 02/09/04 Monday 12:30 A.M.: Of course Lake Forest College www.lfc.edu was just north of Fort Sheridan, which was in charge of recruiting for the United States Army and south of Great Lakes Naval Station which was a large Navy Hospital facility which also did some basic training for the United States Navy. Thus there was fairly adequate security in the area, but down on the Farm in Knollwood, Illinois, we did not have K-9 Security like in Key West, Florida, it was mostly Grey Wolf security which tends to be more invisible except to the keen observer. Of course besides wolves, there were a few mixed breed domestic dog and wolf mixtures also in the woods. I recall there was a bowling alley just west of the farm across the highway and there were a couple of road house bars in the area and a Dairy Queen. The owner of the Dairy Queen had a collection of antique cars including a 1906 Rolls Royce roadster with wicker doors, so obviously the people in the area had seen better times. Towards the end of my stay in Illinois in 1971, I recall they had built a large mall north of the farm, so the

area is probably more heavily populated. Around October 1978, I revisited Lake Forest College with a friend, and I drove into the Farm, and I recall there was a Chevrolet dealership on the southeast corner of Waukegan Road and I-176. Other than that at the time, the area did not seem to have changed too much. It is the nature of the Midwest of the United States of America that there is plenty of land, and farms are still relatively cheap. However, the Lake Forest, Illinois area is probably one of the more expensive areas in the Midwest, so property on the outskirts of town was probably held in conservation. In Libertyville, Illinois there was the much more Stately farm of Adlai Stevenson, and halfway from the Knollwood farm to Libertyville, Illinois there was the International Harvester Factory now I believe part of Navistar. Beyond Libertyville, Illinois in McHenry, Illinois was the retreat for the Archdiocese of Chicago, which quite an opulent campus like setting with brick buildings and golf course and reflecting pools and pedestals with statues. It was suppose to be the retreat for the Vatican if they were ever thrown out of Rome, Italy by the Communists. I recall visiting it a couple of times, and I once visited it a day or two after a snow storm, and there was not a tire track or foot print in the snow in the large complex. Lake Forest College at the time was a Presbyterian college and nearby south of it on Sheridan Road was also an old world looking Jesuit Monastery. There was also a catholic girls college south of the monastery called Barat College and a girls prep school called Fairy Hall. I believe west of Lake Forest, there was also Lake Forest Academy which was the private day school in town. While attending Lake Forest College, they also built a new public high school at Kennedy Road and Waukegan Roads on the southwest corner, so the area at the time was growing. However, with the Midwest in industrial decline and most the industrial Midwest becoming the Rust Bucket of America, I suppose the area is not as upscale as when I attended college there. In the expensive Lake Michigan frontage property of the area, there was a marble villa and other European style homes on small pieces of property in the expensive town. I recall in Libertyville, Illinois there was also a Yugoslavian Orthodox Church where an exiled king of Yugoslavia was buried after he died after a career of working as a Bank Officer in Las Angeles, California. I was an observer at the Funeral outside of the small church, and I recall the graveyard had the pictures of many other people buried there on the headstones. I think the church had a blue onion style dome. Since not much ever happens in the Midwest in terms of the International World Events, people frequently would remember that event around 1971. I suppose it is the nature of Adlai Stevenson having served at the United Nations after World War II, he might have collected some international refugees around him in Illinois, but from what I could tell at the time, most people were middle of America type people. Basically, the Lake Forest, Illinois community was a comfortable community and quite a few people were business and financial people and a large number seemed to have seats on the Commodity Exchange in Chicago, Illinois. Thus I dare say, if they should ever have enough energy to travel away from their community, they probably would be able to afford to pay their bills. However, it is the nature of the Midwest of the United States, that people are very sedentary, so unless they get too cold and venture south, they usually stay put indefinitely. In the heat of the summer, some of them travel north up into Canada for cooler weather too. Basically the Chicago, Illinois area has about 9 to 10 months of winter and 2 to 3 months of summer, so it is a bit like the northern areas of Europe and Russia. I heard rumors that White Russian exiles were also living

comfortably out there. Still, once one goes west of the Lake Michigan frontage property, there is only the vast plains of America and a very rural environment. CIO

Note: <888> 02/08/04 Sunday 11:00 P.M.: This is a picture of the Farm House in Knollwood, Illinois that I rented from the fall of 1970 through December of 1971 www.geocities.com/mikelscott/mlsfarm70.jpg . CIO

Note: <888> 02/08/04 Sunday 10:45 P.M.: I relaxed a bit. I ate a bowl of corn chips and three 1.5 inch by 5/16th inch by 1 inch slices of Kraft Cracker barrel Baby Swiss cheese. I drank some ice tea with the corn chips. I recall, when I finally gave up the lease on the Farm House in Knollwood, Illinois, we sublet the place to students from Northwestern University, and we sold them the furniture including additional items in the house for around \$200. Basically the farm was on 40 acres about seven miles northwest of Lake Forest College with the Knollwood Country Club on two sides, Interstate 176 on the north side and with an old railroad track bed running east to west along side of it and woods to the west for about a mile before there was the main Chicago to Milwaukee railroad line with a rail switching yard and a number of older railroad cars and odd railroad items. One could frequently hear railroad cars being coupled and uncoupled all night long, so it was a relatively quiet area. Back then number 2 fuel oil was .12 a gallon and we even toyed with the idea of buying old Mercedes Diesel automobiles, so one could run them on the Diesel fuel oil instead of paying about .27 a gallon for premium gasoline. I also recall there was a large colony of dormant bees in the front porch roof and walls, which possibly became more active in warmer weather. The house was warm enough with a barn for storing two cars and a manure pile. We used the Culligan man for water filtration, but high amounts of sulfur in the water are suppose to be very good for longevity. Back then a lawyer named Mr. Michaels in Lake Bluff, Illinois rented the farm, but I am not sure if he owned it or if he represented the owner. It was sort of my version of the Doonesbury Farm like this where I presently live is Flanders Farm. Well, anyway I had one of my 15 watt candelabra bulbs burn out in the right most sconce above the primary computer, so I replaced it with another used one, which is a tricky procedure reaching over the computer monitors. I was just able to do it. I have two new four packs of General Electric 25 watt Candelabra bulbs, which I will eventually use when the 15 watt ones start going out. CIO

Note: <888> 02/08/04 Sunday 8:40 P.M.: Back in the old days at college at Lake Forest College www.lfc.edu in Lake Forest, Illinois from 1968 to 1972 beginning in the fall of 1970 through 1971, I rented a farm house west of Lake Forest, Illinois in Knollwood, Illinois at 1014 Rockland Road halfway between Libertyville, Illinois and Lake Bluff, Illinois, and I shared it with four other roommates initially. I recall the rent was about \$250 a month, and we split it about evenly. We needed to furnish the house, so I went to the Salvation Army in Waukegan, Illinois, and for \$50, I bought a gas stove, sofa, dining room table and six chairs, and a full size bed, mattress and box spring along with a desk and chair, coffee table and a round hallway pedestal table, refrigerator and other miscellaneous items for that \$50 price, they also delivered the merchandise in a big red truck to the Farm about 20 miles away. To compared the local Fairfield Country thrift shops in this area to what items cost out in the Midwest of the United States of America

today, one might find this web site interesting

http://www.salarmychicago.org/frames/extd_your_help/donations.htm which goes to show that prices seem to have risen outside this area also. CIO

Note: <888> 02/08/04 Sunday 8:15 P.M.: I chatted with a friend. CIO

Note: <888> 02/08/04 Sunday 7:10 P.M.: I reheated in the microwave oven the garlic herbal chicken that I made last night along with the steamed white rice and cooking juices. I also put about 3/4 inch of water in the larger rectangular microwave container with sliding tops that I bought at Wal-Mart for \$10 in the microwave cookware kit, and I put in about four stalks of broccoli crowns, and I pushed the Vegetable button on the microwave, and the broccoli came out just fine. I had the dinner with iced tea. CIO

Note: <888> 02/08/04 Sunday 6:00 P.M.: I went out after the last message. I went downtown. I found a empty package of Camel cigarettes with a British customs stamp on it. It was one of those half size packs that the British use. Thus somebody from the United Kingdom or someone whom had traveled there recently was parked or walking downtown. I walked the entire length of Greenwich Avenue. I sat out at various locations. I stopped by the new Blimpie Sandwich shop, and they have a nice warm sandwich shop and coffee beverage area. It is run by the same group that have Zyn Stationary. I also stopped by Harringtons of Vermont, and I told them about my idea for Jack Daniels smoked hams cured in Jack Daniels whisky. I noticed they have some nice French Roquefort cheese there along with their other specialty items. I put another United States quarter at the base of the north lamp at the senior center, so there are now two quarters, in case anyone finds them, and wants to make a telephone call. Friend of Animals was protesting at the movie theatre on Greenwich Avenue against people whom wear fur. I stopped by the 70% off rack at the Greenwich Hardware store. I stopped by CVS, and I bought a 16 ounce jar of CVS lightly salted dry roasted peanuts for \$1.50. I then walked up to the top of Greenwich Avenue as usual. I chatted with the proprietor of the cell phone store. I stopped by the Subway sandwich shop, and they have a very good product too, plus they bake their own fresh bread and rolls, but alas they have no warm place to sit down inside, so it caters more to the office and automobile crowd. I suggested that someone should put a fish and chips shop on Greenwich Avenue. I then suggested Bang and Olufsen that they should make large LCD screens for computers, which they do not. I then completed my walk. I next drove down by the waterfront on Steamboat Road, and I walked out to the end of the pier. I then drove around the Grass Island area. I returned home, and I drank some iced tea. I had a telephone message on my answering machine. CIO

Note: <888> 02/08/04 Sunday 2:00 P.M.: I watched a bit of television. It is amazing how the television media in the United States of America focuses on such a limited number of characters. In one hour walk on Greenwich Avenue in the daytime, one sees more characters than all the United States of America television seems to be able to show in a year. Thus the old U.S.A. television is a very limited media in terms of what it covers. Well, I guess I will now clean up, and I will go out to see what is happening in

the broader world around me, which includes the 20 million people in the New York City area, some of whom occasionally venture through this area, and then the local merchants whether they sell coffee, rags, or gasoline seem to make a little bit of wampum off the traffic. CIO

Note: <888> 02/08/04 Sunday 12:30 P.M.: I had a call at 6:30 A.M. this morning. I was up at 11 A.M., and I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I was rethinking my list of the world's major population groups, and I mentioned in last night's notes that in a world population of 6.5 billion people, there are 2.5 billion people whom speak various dialects of Spanish, 1.2 billion of Chinese origin, 1 billion from India, and there are also 1 billion Muslims, so that leaves 800 million people from everywhere else in the world. Thus with the world's minority populations so spread out all over the world, it is important this large minority group of 800 million people have better communications to stay in touch. Thus the internet helps facilitate this activity. In the last two decades we have had a large influx of Spanish speaking people in this Fairfield County, Connecticut area, but there were large Spanish groups already in the Manhattan area before this occurred. Basically most of the Hispanic groups here claim to be from Columbia or Brazil. However, on a number of times when I explored the Port Chester, New York flea market, the most common flag displayed was the Cuban flag, so although nobody says they're from Cuba, the fact that they were trying to sell large numbers of Cuban flags would seem to indicate to me that a large number of them are Cuban exiles who had earlier resettled into the Miami and south Florida area, and later moved up north. Also Chicago use to have the second largest Cuban exile community and then Union City, New Jersey. Thus where ever they come from, the Hispanic groups seems to have melded into this area in much the way they have in Southern California. Apparently in Mexico the going wage is \$1.50 an hour and here the Hispanic population is earning upwards to \$8 an hour and more. Of course this area is a lot more expensive to live in than in the Latino areas of America. I suppose if the wage scale goes any higher, the Hispanic community will price themselves out of the labor market, and other groups like the Asian, Canadian, or European groups might displace them at the higher wage scale. Whatever, the case the wealthier people in this area seem to need to employ the Hispanic work population to maintain their environment, so they can continue to work in their more highly paid Manhattan area. CIO

Note: <888> 02/08/04 Sunday 1:25 A.M.: About an hour ago, I ate a couple bowls of corn chips. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 02/08/04 Sunday 1:10 A.M.: Basically in the world of International Business and International Economics, most of it is irrelevant as it relates to this area. Basically the only economic trend in this area for all of these years is that the Scottish are probably one of the most frugal people in Europe, and once they chopped down most of their forests, they had to start paying the German wood choppers which included the Kaiser for forest timber. Thus the Kaiser made money which he leant the Rothschild family which in turn used it to develop other forest areas, so hopefully the Germans could continue to make money off the frugal Scottish. Thus we have had this Western Expansion for the last 400 years for lack of timber in rugged highlands of Scotland.

However, if one ventured into the north country of this area, there seems to be plenty of timber that is well managed. Thus although the bankers seem to know it all from the Harvard Business School, they only know about managing other people's property, it does not mean the bank itself actually owns the property. From my perspective, locally in this area, once one gets on Greenwich Avenue or any other primary commercial street in this area, one of the business entrepreneurs in this area which is well known was P.T. Barnum whose motto was that a "Sucker Was Born Every Minute". Thus when dealing with the carnival or circus school of business, one should be careful on weekends, and wait until the regular more reputable business people set up shop on weekdays. From my perspective, since I am only about 1/8th Scotch Irish, 1/4th French, 1/8th German, and 1/2 Dutch, I have a more continental viewpoint that the more isolated frugal Scottish whom seem to have their original sheep skin to fall back on in times of trouble. However, more than likely the real Scottish being cheap never leave Scotland, but only let those leave and represent them whom might have some sort of idea of what the Scottish mentality is all about. Thus since the Dutch and French are neighbors of the Germans, it would seem to me that whomever the Scottish have chosen to represent them would not be as intimidating as the real Scottish are. The real Scottish are a quite formidable people which is why a great many of them served in the British Armed Forces in the Commonwealth. The Dutch were more merchant seamen and traders whom seemed to prosper off the existing trade between foreign nations and the larger hemisphere of the Eastern Hemisphere whom were land locked. Thus from my viewpoint if one wants to conquer the ocean or the people whom live peacefully around the ocean, your only chance might be to join some local Navy and see the World. I mentioned tonight at the Food Emporium, one character in Nantucket use to sell smoked pheasants, but one never saw any pheasants around Nantucket, so it was a curiosity as to where they came from. However, I use to see a few in near back country here in Greenwich, and when I was out at Lake Forest College www.lfc.edu which is a much colder area, there were quite a few pheasants, since they like the corn fields in the fall after the farmers harvest them, since there tends to be a bit of grain left in the fields to feed on, if the hunters or wolves do not get them first. However, if one does not harvest a field of corn, one is more than likely to end up with a lot of crows, and then one would end up trying to "Eat Crow" as opposed to "Judge Crow". Basically on the waterfront, the sea gulls know quite a bit, but once one goes into the interior of the country, the Crows know a lot more, since they see a lot more of the land. The crows obviously try to keep an eye on the waterfront, but frequently they get run off by the sea gulls. Back during the great wars of this century when there were shortages of food in this country, I believe they use to send hunters to Gull Islands like Nantucket to shoot the large flocks of sea gulls for additional food, but like in the Alfred Hitchcock movie "The Birds" that probably back fired, since although one might see quite a lot of sea gulls for hunting, when a few thousand suddenly turned into a few million more than likely the sea gull hunters ended up a sea gull droppings. Thus in nature and conservation, one has to be careful about what one hunts or harvests. Basically an area like Scotland in the old days was just a front outpost for the larger Eastern Hemisphere which like to keep an eye on its shores. Thus I would imagine even before the first Europeans ventured into the Western Hemisphere, the Eastern Hemisphere had problems with individuals from the Western Hemisphere showing up and trying to blend in. Whatever, the problem is

locally, it is my viewpoint the large numbers of so called Hispanic workers in this area might actually be Asian that speak Spanish, since having been to Spain, I have a viewpoint as to what the actual Spanish people look like. Moreover, I mentioned tonight that Spain tends to be a very "Old World" country, and they do not try to do everything the modern way, but frequently use old Time Tested methods. Thus since certain areas of the world have lots of personnel like Chinese areas of influence, Spanish speaking areas, or India places of influence, they frequently use large numbers of people for certain tasks instead of more modern expensive procedures, which they use in more modern industrial areas. Since there are suppose to be 1.2 billion people of Chinese connection, 1 billion of India connection, and 2.5 billion people whom speak various dialects of Spanish that adds up to 4.7 billion people on a planet of 6.5 billion people whom have some sort of large affiliation, which leaves the other 1.8 billion people as a lose connected minority watching all of the other larger numbers come and go about their various businesses. I sometimes think the various two great wars of this century were caused by large numbers of people working their way from the sub continent or Asia towards what they perceived to be a goal somewhere in Western Europe, which may or may not have made sense, since all the places along the way or further due north from their regions might have more insight into their goals. I believe Gingus Khan was from Mongolia, so just because the horses took off for better feeding, we now deal with a larger Arabic speaking group whom refer to the Khan family, and it would seem to me the indigenous people in the areas where this Khan family have traveled would have their own perspective and viewpoint as to what their mission was in their travels. Possibly the American Indians were also descended from the same tribe of people, but Gingus Khan had horses where the American Indians supposedly did not have horses until the Spanish arrived. Whatever the case like the circus people they seem to have built up some sort of political base, but whether it will fly on Monday morning when more level headed people prevail is open to question. CIO

Note: <888> 02/07/04 Saturday 11:05 P.M.: Free words of advise. Large numbers of elderly people tend to live during the winter in warmer areas where they grow large amount of vegetables on a year round basis. Also elderly women tend to outlive their elderly husbands. Also in the old days elderly women would live on tea and toast. Today in the modern world of communications, we seem to have locally here a bread factory and sufficient energy to make toast. However, we also know that they produce tea in warmer areas of the world along with the vegetables. Thus basically from a philosophical point of view the "the Whole World is Run by a Little Old Lady whom Owns a Vegetable Garden". However, the transport and grocery people up north tend to be a more mercenary group of people since they have expenses to pay, so basically they are looking at the bottom line here and not the overall picture. Whatever, the case it pays to be frugal and to buy sale items when they are on sale. Since a large number of the local young people are so busy working in business on their individual shopping sprees, they frequently do not have the time to watch their Ps and Qs which is derived from the old Wall Street expression of Prices and Quotes. However from what I know, a lot of the people here have quite a bit of long time experience working here, however when they try to transfer that experience to other areas, it is not necessary applicable, because other areas also have individuals with long time experience. Basically, I just speak about what

I know locally. I do not try to comment on what I see broadcast on the electronic media. The town of Greenwich is suppose to have a budget for essential services, so assuming their regular personnel are not on vacation, the town should be able to provide the general services, it usually does on a year round basis. However, it is the nature of this area that for people coming from the south it tends to be cold in the winter. It is also basic reality that we can not change the weather in this area as it occurs on a four season basis. Thus when it is cold in this area, the people whom might own property here on a year round basis and whom only occupy it during the warmer months might not realize it takes another group of people whom are use to colder weather to maintain the property when they are not here. Also some people whom are from colder areas on a year round basis find this area enjoyable during the winter months, since it is not as cold as the colder areas. Thus on a four seasons basis, one might see different people coming here for various periods of residence, since we are suppose to be an international business community besides a suburban bedroom community. Thus if one is newly arrived in this area, and one has business or family connections in this area, it would seem reasonable that one would contact them when venturing into this area. CIO

Note: <888> 02/07/04 Saturday 9:50 P.M.: I went out, and I went downtown. I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I stopped by CVS, and I bought two 1.76 ounce tins of Altoids one citrus sour and the other tangerine sour for \$1.99 for one and a penny for the second plus .12 tax for \$2.12 total. I also stopped by the 70% off rack at the Greenwich Hardware store and Bang and Olufsen <http://www.bang-olufsen.com/> which has very high tech Danish electronics equipment. I chatted with one of the salesmen about technology. I suppose one could configure a large high resolution LCD screen for a computer, but I am not sure if the internet has the content that would need such a screen. Also such a configuration would be quite expensive. I completed my walk. While I was standing at the Senior Arts center, I found a U.S.A. quarter that someone had dropped from a bench in front of the building in a puddle of cold water. I put it on the pedestal base of the north lamp in front of the building. Unfortunately, one can no long make a telephone call on Greenwich Avenue for a dime or a quarter, I think a local telephone call now costs .50 or two quarters. I then drove down by the waterfront, and I walked out onto the end of the pier. I next went by the Exxon gasoline station next to the Greenwich Library, and I bought \$9 of regular unleaded gasoline at \$1.899 a gallon for about 28 miles per gallon this week. I used more gasoline this week because I made the trip to Bridgeport, Connecticut this past Thursday. I next went by the Food Emporium, and I bought the second to the last of packages of boneless breasts of chicken at \$1.99 a pound for \$4.46, two eight ounce bars of Cabot's www.cabotcheese.com Vermont 50% less fat cheddar cheese for \$1.49 each bar and a pound of Nabisco Original Premium saltine crackers for \$2 for \$9.44 total. One of their customers fell on his butt as he was walking from the parking area down the steeply inclined driveway that had frozen over. Although they have cut groves in the pavement, it still ices over at the entrance to the Food Emporium. I suppose they should put more sand in slippery locations which tends to stay in place versus melting like salt or salt substitutes does. However, I would imagine the store employees do no like cleaning up after the sand tracked into the store. We have the same problem at my building in that the sidewalks were not sanded, and one of the tenants is now wearing a neck brace from

having slipped and fallen. When one has days like today when it warms up and melts in the daytime, and then it freezes again at night, and it can become very hazardous when walking. Also rubber sneakers or athletic shoes tend to be more slippery and hazardous, and there are better winter type shoes that have better traction. I then returned home, and I drank some iced tea. I took the five halves of boneless chicken breasts, and I rinsed them in cold water, and I dried them with a paper towel. I put three in a Rubbermaid container in the refrigerator for cooking later. I put two in a Pyrex pie dish, and I rubbed all sides with about two tablespoons of olive oil. I then turned the bottom side up, and I seasoned them with Old Bay Seasoning, garlic powder, celery salt, chicken and meat seasoning, ground black pepper, basil, oregano, Italian spices, parsley, and Hungarian paprika. I then turned them bottom side down, and I poured on about three tablespoons of La Choy low sodium soy sauce and about a quarter of a cup of Rene Junot White wine. I then seasoned the tops of the boneless chickens breasts with the same herbs and spices as the bottom, and I minced one clove of Elephant garlic, I spread the pieces over the tops of the chicken. I then baked them in the Farberware convection oven at 350 degrees Fahrenheit for 35 minutes. I had one of the chicken breasts with steamed white rice with the cooking juices from the chicken and steamed fresh broccoli with a small bit of olive oil. I refrigerated the other cooked chicken breast with the remaining rice and cooking juices in a Rubbermaid container, to reheated tomorrow for dinner. I had the dinner with iced tea. CIO

Note: <888> 02/07/04 Saturday 2:55 P.M.: I chatted with a friend at 7 A.M. this morning. I was up at 11 A.M., and I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I just finished my house cleaning and watering the plants. I ate a Quaker low fat white cheddar flavored corn cake with some iced tea. I listened to the Emerson wireless headphones while doing house cleaning playing 106.7 FM. I am recharging the Radio Shack rechargeable Nickel Cadmium AAA batteries that I used, and they should be charged at 10 P.M.. I have a fully charged pair in the Emerson wireless headphones. I will now shut down the computer, and I will clean up and go out. CIO

Note: <888> 02/07/04 Saturday 12:05 A.M.: I ate two bowls of corn chips along with a glass of iced tea. Actually I feel more productive when on a late night early morning schedule, but still it is enjoyable to be out and about in the daytime. I will now shut down the computer, and I suppose I will go to bed soon. CIO

Note: <888> 02/06/04 Friday 11:25 P.M.: I watched a bit of television. I sometimes think it is not worth the electricity let alone the money one pays for Cablevision, but it is suppose to be for relaxation, so I suppose it serves its purpose for people whom are too tired to think. Mostly on the web, I read technology news, which I suppose if one were not interested in technology, one would find it not too interesting. Thus my reading list of links www.geocities.com/mikelscott/scotwork.htm might not seem interesting, but if one were in the business of information technology, it would help one stay informed about current events in the business. CIO

End of Scott's Notes week of 02/06/04:

Note: <888> 02/06/04 Friday 9:25 P.M.: I drank a cup of Lipton green tea with a couple of teaspoons of lemon juice. I watched a bit of the American television media. Apparently it is such a low budget communications media, it is hard for them to come up with any original programming or content. However, I guess it is mostly intended for children and elderly shut ins. I suppose it serves its purpose, but most people here seem to prefer to read a book compared to web browsing or television or media watching. Basically there are quite a large number of new books as usual in the Greenwich Library, but most of them are selling their own brand of soap. However, I suppose if one were to continue to read enough, one would find some original content. Basically in my writing effort of my web log, I do not try to provide any original content or imagination, since I am not being paid for it, I do not feel like putting any effort into my writing. Well, I will now send out my weekly notes. CIO

Note: <888> 02/06/04 Friday 8:15 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . For the cheddar cheese portion, I used Kraft Cracker Barrel baby Swiss cheese, and I used all of the other regular ingredients, but I used six olives instead of eight olives, and I used Stop and Shop no fat grated parmesan cheese topping. I had the salad with a glass of iced tea. CIO

Note: <888> 02/06/04 Friday 7:00 P.M.: I went out after the last message. I went by Putnam Trust Bank of New York on Mason Street. I then went by the Greenwich Hospital Thrift Shop. I next went downtown to the central Greenwich Post Office, and I obtained a money order at .90 cost to pay my Northeast Utilities Electricity bill. I mailed the bill in at the post office. I then walked the entire length of Greenwich Avenue and the train station area. I did not sit out at various locations because it was raining. During my walk, I stopped by CVS, and I bought two 1.76 ounce tins of Altoids one citrus sour and the other tangerine sour for \$1.99 the first one and the second one for .01 plus .12 tax for \$2.12 total. I completed my walk. I then drove down by the waterfront. I next went by the Greenwich Library, and I read the Greenwich Times. David Ogilvy <http://www.davidogilvy.com/> has a nice cottage for sale on the waterfront on Field Point Circle and the Belle Haven area of the waterfront. I guess some people do not like the cold damp winters on the waterfront and pull up stakes and move to Palm Springs, California or other drier environments. The only time I was ever in Palm Springs was at I recall around December 1978, and it was about 50 degrees Fahrenheit at sunset, but all the Date palm trees looked like they had seen warmer days. I next went by the Food Emporium, and I bought two of the packages of Twinings tea containing five each of five different types of tea for \$3.19 each box and three packages of Salada 100% Green tea each containing 40 bags each for \$2.49 each box for \$13.57 total. I then returned home. I drank some iced tea. I put the Salada tea in the right living room closet on the shelf with the Salada orange pekoe tea that I already have, and I put the Twinings tea on the wooden shelf above the kitchen sink. I guess I will be using more green tea in my ice tea mixture in the future. I put the Altoids on the Danish bar with the Queen Elizabeth II whisky jug. In the Greenwich Time www.greenwichtime.com they have a story today the two buildings on the top of Greenwich Avenue just south of Pickwick Plaza is are to be condemned since they were damaged by fire. I also noticed that the vintage building where the antiques shops are on the lower right side of Greenwich Avenue have a "Unfit

for Human Habitation" signs posted since the fire two nights ago, so maybe they are going to be condemned too. Times are changing around town. I suppose next they will tear down the Food Emporium and build an office complex on its valuable property, and I suppose they could have underground parking and a Food Emporium on the ground level. Sooner or later, they probably will do that, since it is valuable property. CIO

Note: <888> 02/06/04 Friday 2:05 P.M.: I heated and ate a 18.8 ounce can of Campbell's New England clam chowder, which I had with a glass of iced tea. I will now shut down the computer, and I will clean up, and I will go out on this rainy afternoon. CIO

Note: <888> 02/06/04 Friday 1:25 P.M.: I just got up. I checked my mail. I received my Northeast Utilities electricity bill which included my electric heat. For this past month, it was \$176 of which I will have to pay the monthly average of \$95. CIO

Note: <888> 02/06/04 Friday 9:40 A.M.: I will now put the computer in standby mode, and I will rest for a while. CIO

Note: <888> 02/06/04 Friday 9:30 A.M.: I finished going through my email. I ate a bowl of corn chips with some iced tea. CIO

Note: <888> 02/06/04 Friday 8:25 A.M.: [THIS MIGHT BE INFORMATIVE](#) and [Sun Clock](#) . CIO

Note: <888> 02/06/04 Friday 8:05 A.M.: I was up at 6:30 A.M.. I chatted with a friend. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. Today is Ronald Reagan's 93rd birthday [Ronald Reagan's Birthday - February Fundays](#) and <http://www.reaganfoundation.org/> and [Ronald Reagan Presidential Foundation & Library-Send President Reagan a Birthday Message](#) . CIO

Note: <888> 02/05/04 Thursday 11:25 P.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 02/05/04 Thursday 11:05 P.M.: I chatted with a relative. I microwaved and ate a Maria Callendar chicken tenders dinner, which I had with iced tea. I was given some web site addresses at the Microsoft conference. They are <http://www.handsonlab.com/> , <http://www.my-etrust.com/microsoft/> , <http://members.microsoft.com/partner/default.aspx> , <http://sbs2003.msuspartners.com> , <http://www.msuspartners.com> , and <http://members.microsoft.com/partner/salesmarketing/PartnerMarket/ActionPack/> . CIO

Note: <888> 02/05/04 Thursday 9:25 P.M.: I registered to receive for free in 6 to 8 weeks Microsoft Office 2003 Professional System [Microsoft Office 2003 Professional How to Buy](#) , which normally would cost \$500. Thus it was worthwhile besides the useful information to attend the Microsoft conference, since I also will receive a most excellent software package for free. CIO

Note: <888> 02/05/04 Thursday 8:55 P.M.: I had a telephone call at 6:30 A.M. this morning from a friend. I then ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I then fell back to sleep until 11 A.M.. While I was checking my mail, I noticed the Greenwich Housing Authority representative was not busy, so I was able to present my paperwork for the current lease application process. I was thus free this afternoon. I called the Holiday Inn in Bridgeport, Connecticut, and I was told I could still attend the Microsoft TS2 event <http://www.connect-ms.com/msts2/>, so I cleaned up. I then drove up to the Holiday Inn in Bridgeport, Connecticut which was fairly easy to find in the downtown area there. I parked in the Holiday Inn garage on Level 5. I arrived at the presentation just as it was beginning. The presentation lasted from 1 P.M. to 5 P.M. with a break about 3 P.M., and another about 4:15 P.M.. I had a cup of Lipton tea at the second break. The presentation was very informative explaining the Microsoft Small Business Server and other products. After the presentation, I was given a Microsoft black tote bag holding the presentation information. I was also given a certificate for a free Microsoft Product, which I think is Microsoft Office Suite 2003. I have to apply for it online. I then returned to the parking garage, and I got my parking stub, and then I returned to the Holiday Inn, and they validated the parking receipt, so I did not have to pay for it. I then thanked the Microsoft presenter who was a New England Patriots fan. I then returned to the garage, and I did not have to pay for parking. I then drove down to Norwalk, Connecticut, and I toured CompUSA. I next toured Best Buy. I then went to Staples in Old Greenwich, Connecticut, and I bought three rolls of Scotch Magic tape 3/4 inch by 27.7 yards each roll #810 made my 3M for \$2.99 all three plus .18 tax for \$3.17 total. I then drove to downtown Greenwich, and I sat out briefly. I next drove down by the waterfront, and I walked out onto the pier. It is a bit easier now to get out on the pier, but it is still a bit slippery. I then returned home. I drank some iced tea. I had a call from a friend, so I tried to return the call, but the friend was not there. I will put the spare rolls of Scotch tape on the bedroom desk with the Scotch tape dispenser. CIO

Note: <888> 02/04/04 Wednesday 10:35 P.M.: I will now shut down the computer, and I will watch a little bit of television before going to bed. CIO

Note: <888> 02/04/04 Wednesday 10:25 P.M.: I chatted with two relatives. I ate the last piece of Entenmanns's apple pie. CIO

Note: <888> 02/04/04 Wednesday 9:05 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm. For the cheddar cheese portion, I used Kraft Cracker barrel baby Swiss cheese, and instead of tuna fish, I used 1/8th inch thick slices of garlic and herbal boneless breast of chicken I baked a few nights ago. I also ate the salad with iced tea. CIO

Note: <888> 02/04/04 Wednesday 7:55 P.M.: I went out after the last message. I went by the Greenwich Hospital Thrift Shop. I then went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. During my walk, I stopped by the central Greenwich Post Office, and I bought 10 Purple Heart .37 U.S.A. postage stamps for \$3.70 total. I also stopped by CVS, and I bought two tins of Altoids

1.76 ounce sours one of tangerine sours and the other of citrus sours for buy one for \$1.99 and get the second for .01 plus .12 tax for \$2.12 total. I completed my walk. I then stopped by the waterfront, and there were two full size white swans on the waterfront. I next went by the Greenwich Library, and I read the Greenwich Times. I then went by the Stop and Shop, and I bought three half gallons of Florida Natural Home-style Squeezed orange juice for \$5 all, a 48 ounce container of Quaker Old Fashioned oatmeal for \$3.99, a 20 ounce bag of Tostitos super size restaurant style white corn chips for \$2.99, two 18 ounce jars of Smucker's raspberry jam for \$2.50 each, a four pack of six ounce cans of Star-Kist solid white albacore tuna fish for \$3.99, a 11.5 ounce Swanson's turkey dinner for \$2 and a 11.5 ounce Swanson's chicken cutlet dinner for \$2, two 18 ounce cans of Goya chick peas for \$1.09 each can, six 4.25 ounce cans of California crushed olives for 3 for \$2, two 6.5 ounce dry cans of California medium black pitted olives for .99 each, a liter of Italic Spanish extra virgin olive oil for \$5.99, a 17 ounce bottle of Rienzi balsamic vinegar for \$2.99, a 6 ounce container of 4-C grated Romano and Parmesan cheese for \$2.99, four 8 ounce bars of Stop and Shop Vermont extra sharp cheddar cheese for \$1.99 each, Rosenborg Danish Blue cheese at \$6.99 a pound for \$4.16, a 8 ounce container of Colombo vanilla yogurt for .67, broccoli crowns at \$1.99 a pound for \$1.43, a three pound bag of red Bermuda onions for \$3.29, 10 ounces of fresh spinach for \$1.50, a bulb of elephant garlic for \$1.99 for \$65.44 total. I then returned home, and I used my cart to bring up my purchases. I drank some ice tea. I put the Altoids with the other Altoids on the Danish bar behind the Queen Elizabeth II whisky jug. I also open up one each of the two different flavors of Altoids, and I put them in my Steuben style glass bowl on the right side of the long mahogany bureau in the living room. I am keeping my used Altoids tins on the bedroom desk. CIO

Note: <888> 02/04/04 Wednesday 2:45 P.M.: I will now shut down the computer, and I will clean up. I will then go out to enjoy this warmer day. CIO

Note: <888> 02/04/04 Wednesday 2:35 P.M.: I finished going though my email. I am throwing out a six month opened jar of Hellmann's low fat mayonnaise. CIO

Note: <888> 02/04/04 Wednesday 2:15 P.M.: I went through part of my email. I made up some www.geocities.com/mikelscott/onionsoup.htm , and I ate it with a glass of iced tea. CIO

Note: <888> 02/04/04 Wednesday 12:45 P.M.: I chatted with a friend at 6:45 A.M. this morning. I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went back to bed until 11 A.M.. I watched some television. I checked my mail. I did some minor errands around the apartment. CIO

Note: <888> 02/03/04 Tuesday 10:10 P.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 02/03/04 Tuesday 10:05 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I used 1/8th inch thick slices of the boneless breast of chicken that I cooked two nights ago. For the cheddar

cheese portion, I used 50% Cabot's 50% reduced fat Vermont cheddar cheese and 50% of Kraft Cracker Barrel baby Swiss cheese. For the grated Parmesan cheese portion, I used Stop and Shop no fat grated parmesan cheese topping. I used all of the other regular ingredients, except I used 6 olives instead of 8 olives. I ate the salad with a glass of iced tea. CIO

Note: <888> 02/03/04 Tuesday 8:40 P.M.: I put the Netgear 4 port hub on the left front of the Danish desk in the bedroom. I have its power transformer connected to the power strip in between the left IBM Cyrix CPU without the monitor and the right AMD CPU. One has to turn on the power strip to activate the Netgear 4 Port Hub. Of course one has to have the Motorola Cable Modem and the Siemens router in the living room turned on for them to work. There is a 50 foot LAN cable that runs through the false ceiling from the Siemens router to the bedroom Netgear 4 Port Hub. I ran the updates on the three backup bedroom computers. I then shut down all the bedroom systems. I would imagine the Siemens printer ports should still work on the bedroom computers that connect to the living room printers, but two of the bedroom backup computers also have the HP Laser printers. CIO

Note: <888> 02/03/04 Tuesday 8:05 P.M.: I put away the laundry. I left the socks to dry on the day bed. I have all three backup computers in the bedroom working online with the Netgear 4 Port 10BaseT Ethernet Hub model EN 104TP. I had three spare LAN cables. I took one of them which was not being used off of the Siemens four port router. Thus with the two online computers in the living room, I have the primary computer in the living room and the backup computer in the living room and the three backup computers in the bedroom for a total of five computers that can be online all at the same time. In an emergency if we had power, we would be able to be internet connected for a larger group. However, the living room computer is adjacent to the backup computer, so it would be hard to use both at the same time, and it would be a bit cramped in the bedroom, but technically three skinny people could use the bedroom setup all at the same time. CIO

Note: <888> 02/03/04 Tuesday 6:45 P.M.: I took the advise of the associate, and I put the moldy Jell-O, the contents of the three containers of year old homemade yogurt, and two unopened older containers of Colombo yogurt, and I put them all in a five layers of plastic shopping bags, and I tied them together. I showered and cleaned up, and when I went out, I threw out the moldy items in the dumpster. I then went by Putnam Trust Bank of New York on Mason Street. I next went by the Shell Oil gasoline station on Sherwood Place and East Putnam Avenue, and I made an appointment for Tuesday February 17, 2004 at 12:45 P.M. to have my Connecticut Emissions done on my Hyundai. I then went by the Greenwich Hospital Thrift Shop, and I bought a Netgear 4 Port 10BaseT Ethernet Hub model EN 104TP with power transformer for \$5. I then went downtown to the central Greenwich Post Office, and I bought three money orders at .90 cost each to pay my Verizon telephone, Cablevision television, and Optimum Online computer cable modem bills. I then mailed the bills at the central Greenwich Post Office. I then walked the entire length of Greenwich Avenue. I did not sit out at various locations because it was raining heavily. I did stop by briefly at the Greenwich Hardware

store, and I also went by CVS, and I bought four tins of Altoids 1.76 ounces each two of Tangerine sour and two of citrus sours for buy one get one for a penny for .99 each altogether for \$3.96 total. I completed my walk, and I then drove down by the waterfront. I next went by the Greenwich Library, and I read the Greenwich Times. I then went by Smoke for Less in Byram, and I bought a carton of Seneca Ultra Lights 100s for \$31 total. I then returned home. I put the Altoids on the Danish bar behind the Queen Elizabeth II whisky jug. I started two loads of laundry, and I have 20 minutes to go on the dry cycle. I put \$10 on my laundry card. CIO

Note: <888> 02/03/04 Tuesday 12:55 P.M.: I ate a piece of apple pie before going out yesterday, and I also ate some triscuts the night before last. I ate a piece of apple pie this past evening before going to bed, and I also ate some triscuts. I was awoken at 6 A.M. this morning by a telephone call from a friend. I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went back to bed until about 11 A.M.. I finished eating the box of triscuts, and I ate a piece of apple pie. I called the laboratory at the Greenwich Hospital, and I described the mold, and they said I should call the Greenwich Health Department. I called the Greenwich Health Department, and they said I probably should put it in a bag and throw it out. They said if I wanted to know more about it, I would have to hire an independent laboratory. I have a friend whom works for an independent laboratory, whom I might call up, but I do not know if they work with mold or not. I put clean linens on the bed in the bedroom. I will now shut down the computer, and I will clean up. I will then go out and pay bills. I just received email from my 4 P.M. appointment yesterday, and they suggested that I clean the inside of my refrigerator to avoid any mold or bacteria allergies. CIO

Note: <888> 02/02/04 Monday 10:40 P.M.: I reheated one of the garlic herbal chicken breasts that I made last night along with the rice, which I ate with some of the chicken cooking juices. I also drank some iced tea. I am tired, so I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 02/02/04 Monday 9:35 P.M.: I went out after the last message. I went by Putnam Trust Bank of New York on Mason Street. I was reminded that Fleming from Scotland discovered penicillin, which I should have remembered. However, I still am curious as to whether I have come up with a mold similar to penicillin if it is not penicillin. I have a neighbor whose son works for Pfizer, so possibly a spore from penicillin got into my environment, and I also had antibiotics when I had hernia surgery a year ago. Anyway, I intend to keep the gelatin mold mixture for a while and see how it develops. I also put a sample with the entire mold circle white and light blue in a small Rubbermaid container in a bag of ice in my freezer. I emailed a number of associates. After the bank, I ran into a fellow walker, and we had coffee at Starbucks at the shopping plaza next to the YMCA. We then walked east on the Post Road to Christ Church and back, and then I gave the fellow walker a ride from the shopping plaza back downtown, and we parted company at the Wachovia Bank on Benedict Place. I then paid my rent there. I next drove down by the waterfront. I then went by the Greenwich Hospital Thrift Shop. I then parked downtown about 4 P.M., and it was such a nice day, I decided to go for a walk. However, I forgot my 4 P.M. appointment. I walked the entire length

of Greenwich Avenue. I sat out at various locations. I stopped by briefly at the Greenwich Hardware store and CVS. I completed my walk, and I then returned home. I left a message to reschedule my appointment. I drank some iced tea. I chatted with two different relatives. I then thought for a while, and I emailed some associates. I also received my Minolta \$70 rebate today on the Minolta QMS PagePro 1250W laser printer I bought about two and a half months ago. CIO

Note: <888> 02/02/04 Monday 12:10 P.M.: I heated and ate a 18.8 ounce can of Campbell's Select New England clam chowder, which I put 20 Arnold large cut croutons in. I ate the soup with a glass of iced tea. I will now shut down the computer, and I will clean up. I will pay bills if any arrive in the mail, and I will go out after I clean up. I have a 4 P.M. appointment today. CIO

Note: <888> 02/02/04 Monday 11:35 A.M.: I have plenty of food in the apartment, so food is not a problem, but sometimes we forget items in the refrigerator, which may or may not be important as they mature. As I recall Louis Pasteur developed penicillin, but recently on the United States television, they have been saying that Pfizer www.pfizer.com developed penicillin. The president of Pfizer is supposedly a local resident, so maybe he would know more about the current state of penicillin development. A recent news story suggested that if Bird Flu should reach pandemic proportions, more than likely there would not be enough vaccine in the world. If I am not mistaken in the usage of penicillin the body tends to lower alternative immunities, which means that in future usage of penicillin it might be as effective, so it is frequently best not to take penicillin unless, it is absolutely necessary. CIO

Note: <888> 02/02/04 Monday 11:05 A.M.: I checked the mail, but it is not here. They have an electrician downstairs, and they are installing electrical cable in the community room to install more electrical heat in the community room, but the hallways in the building remain cold. I checked in my refrigerator, and I have three containers of homemade vanilla yogurt that I made about a year ago. One of them looks normal, but two others are mostly a combination of a clear and dark liquid with sediment on the bottom. I wonder if they would have some sort of new mold culture too that was more advanced about a year old. I will continue to treat my apartment like a laboratory environment, but my mother the nurse would probably urge that I throw the Jell-O and yogurt out, but I am still curious about them, and I think somebody with advanced mold and spore skills should examine the two different sets of cultures. Alas, I do not have any moldy jelly, since I have been eating it more regularly. CIO

Note: <888> 02/02/04 Monday 10:20 A.M.: I emailed reseau@pasteur.fr about the mold spots on the gelatin mixture. The mold spots are white about 5/8 inch in diameter with turquoise blue spots in the middle about 1/4 inch in diameter. CIO

Note: <888> 02/02/04 Monday 9:35 A.M.: I have always called my apartment a branch of the Pasteur Institute <http://www.pasteur.fr/>. I use to keep Tropical Angel Fish in my aquarium here until I started into computer research ten years ago. I use rinse the

aquarium filter charcoal weekly and bake it in a 550 degree oven for about an hour to recycle the carbon that I used in the aquarium filter. It got me to thinking with all of the natural items in angelfish feces from areas like the Amazon River in Brazil that any mold that might develop in the carbon which I also kept frozen in the refrigerator freezer before recycling, might be immune to temperatures from 20 degrees Fahrenheit to 550 degrees Fahrenheit or some sort of genetic mutant mold. I occasionally buy Danish Blue cheese or other blue cheeses because they contain a certain mold that I think is good for you, and I use small amounts in my salads. On January 8, 2004, I made up a batch of sugar free sparkling Champagne Jell-o with a little Rene Junot white wine, orange juice and canned DelMonte peaches and their syrup, and I ate some a couple of times the following week, and then I forgot about it. I just noticed on the remaining two thirds of the Jell-O mixture there are interesting mold spots developing in much the same way, one would culture a mold in a Petri dish gelatin. Since because of the environment has remained relatively stable in my apartment for 15 years reflecting our native environment in this area as it relates to the Scott's world travels which would have dust from their travels on certain items in the apartment like the family couch, it would be interesting to investigate the mold to see if it is some new scientific breakthrough in mold and spore research or just another variant of a typical mold that is produced frequently in this area. I am not sure whether to throw it out or to let it continue to develop to see how it develops and grow. I think we should have a local pharmaceutical laboratory examine the mold to see if by chance we have come up with anything new or not. Thus for now, I will let the moldy Jell-O remain in the refrigerator to see what develops. CIO

Note: <888> 02/02/04 Monday 9:00 A.M.: I finished going through my email. CIO

Note: <888> 02/02/04 Monday 8:05 A.M.: If in the next week, a interesting group of people start to converge in the New York City area and the surrounding area, it is because of this event [The Westminster Kennel Club | Latest News: Another Full House For 2004](#). It is not that these people are particularly well financed, but they save their pie money and invest in a yearly event. Basically, people whom own pets and dogs are a large share of the population in the United States of America, so a great many people whom show their pooches at the Dog Show are breeders, and the sponsors are those whom manufacture items that support the industry. If one is interested in a particular breed or just likes dogs, it can be an interesting event, but basically it is not as low key as the "Putting on the Dog" event here in Greenwich, Connecticut. We also use to have an "Adopt a Dog" fund raising event, and the wool carpet in my living room apartment was bought for \$40 at a "Adopt a Dog" tag sale about 14 years ago. It was donated by a well known local celebrity, and it seems to have held its own over the years. I suppose people with dogs will be following the event closely to see how their particular breeds fair. Frequently with smaller children in a community like ours, we have a number of smaller breed dogs around besides the larger breeds that local owners are seen walking around town. This time of year, Tod's Point beach park is opened to the general public and dogs, but one is required to use one of the clear plastic gloves made available for free in the southeast beach area to clean up after their dog's mess. I suppose we probably have someone downtown in the early morning trying to enforce canine regulations as they relate to the early morning dog walkers. Also by the Bruce Museum we have a local dog

pound that seems to draw attention, and I would imagine there is always a temporary resident there every once in a while. CIO

Note: <888> 02/02/04 Monday 7:15 A.M.: Today is Ground Hog's Day, so if the ground hog sees his shadow, we will have six more weeks of winter, which actually would not be too bad. I was up at 5:15 A.M. this morning. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I will now do some regular computer work. On the business front locally, I suppose it is important to try to network with other people, but since most of the local business community here is already established, they do not seem to feel like networking with any new people. However, since the Scott family was one of the original business partners in the New Amsterdam colony, I suppose we are already networked with most of the established business community. Thus we have so much influence whatever we suggest or back seems to be successful. The only person that contacted me yesterday has a family involved with <http://www.bbh.com/>, <http://www.up.com/>, and he dabbles in race horses www.nyra.com. However, I did chat with other people yesterday whom are involved in equally complex operations whom because I chat with them randomly, I am not totally familiar with the complete scope of their operations. A lot of people in this area seem to have some sort of Midwestern United States connection, so the old guard blue bloods in this area are actually a bit put off when people try to do business in this area, when they frequently think they control everything. However, it is frequently those families from further west that are the original business partners in this area before the more recently arrived families in this area put up stakes. However, a number of the more recently arrived families might have been some of the original foreign investors, and more recently in the last 100 years or so, they have come over to personally supervise their investments. CIO

Note: <888> 02/01/04 Sunday 7:50 P.M.: I ate a piece of apple pie. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 02/01/04 Sunday 7:15 P.M.: With the four halves of boneless breasts of chicken, I made garlic herbal chicken breasts. I rinsed the chicken breasts in cold water, and I dried them with a paper towel. I put a couple of tablespoons of olive oil in a Pyrex pie dish, and I rubbed all sides of the chicken breasts in the olive oil. I then seasoned the bottom sides of the chicken breasts with Old Bay Seasoning, garlic powder, celery salt, ground black pepper, chicken and meat seasoning, Italian spices, oregano, basil, Hungarian paprika, and parsley. I then turned the seasoned bottom sides down, and I poured on the breasts and into the dish about a quarter of a cup of Rene Junot white wine and several tablespoons of La Choy low sodium soy sauce. I then seasoned the tops of the chicken breasts with the same seasonings. I next minced a large glove of Elephant garlic, and I spread the pieces over the chicken breasts. I then baked them in the Farberware convection oven at 350 degrees Fahrenheit for 35 minutes. I ate one of the chicken breasts with the juices, and I put the other three in the refrigerator in a Rubbermaid container. I had the chicken with steamed white rice with the chicken juices and steamed broccoli stalk pieces with a little bit of olive oil. I also had a glass of iced tea. I chatted with a friend. CIO

Note: <888> 02/01/04 Sunday 4:50 P.M.: I put the Altoids in the Steuben style glass bowl inside the Delft style bowl on the right side of the long mahogany bureau in the living room. I put one of the Altoids tin containers on the dining room table holding some small odd items and the other one on the bedroom desk. CIO

Note: <888> 02/01/04 Sunday 4:30 P.M.: I went out after the last message. I went by CVS on Greenwich Avenue, and I picked up a prescription at \$1.50 cost. I also bought four 18.8 ounce cans of Campbell's Chunky New England Clam Chowder for 2 for \$2.99 for \$7.48 total. I then drove down to the center of downtown. I walked the entire length of Greenwich Avenue including the train station area, and I sat out at various locations. I stopped by at CVS again during my walk, and I bought 3.25 ounces of Paprika for .99, 2.75 ounces of Ground Cinnamon for .99, 2.875 ounces of Cayenne pepper for .99, a 1.5 liter bottle of CVS yellow mouthwash for \$3.69 plus .22 tax for \$6.88 total. I then brought two 1.76 ounce tins of Altoids one of citrus sours and one of tangerine sours buy one get one free for \$2 both plus .12 tax for \$2.12 total. They did not have 3 volt battery display Christmas light candle holders to use the bulbs I bought yesterday. I will use the other bulbs for night light bulbs. I am not sure whether it would be safe to use the battery bulbs with 120 volt electrical current. I completed my walk. I then used the bathroom at the senior and arts center. I sat out for a while. I then drove down by the waterfront. I next went by the Greenwich Library, and this month's National Geographic magazine with the polar bears on it and the Greenwich, Connecticut story was not available. I then returned home, and I put away my purchases, and I drank some iced tea. CIO

Note: <888> 02/01/04 Sunday 10:25 A.M.: I heated and ate a 18.5 ounce can of Progresso New England clam chowder which I put 10 Arnold large cut garlic and herb croutons in. I had the soup with a glass of iced tea. I will now shut down the computer, and I will clean up, and I will go out. I chatted with a relative. CIO

Note: <888> 02/01/04 Sunday 9:30 A.M.: I ran Ad-aware 6.0, SpyBot, Regcleaner, Norton WinDoctor, System Restore Backup, Disk Cleanup on the C: drive, Norton Fast and Safe CleanUp, Norton Disk Doctor. I then did a C: drive to D: drive backup in 7 different parts. I next ran Norton Speed Disk on the C: drive. While doing all of this, I went through part of www.geocities.com/mikelscott/scotwork.htm on the Dell backup computer. CIO

Note: <888> 02/01/04 Sunday 6:40 A.M.: I was up at 5 A.M., and I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I opened up one of the packages of 10 CD jewel cases and two were broken, so I threw them away. I put the other eight on the wicker rack to the right of my primary computer. I noticed yesterday, when I was at Zyn stationary, they have lots of copies of the National Geographic with polar bears on it, which has the article on Greenwich, Connecticut in it. I will read it in the library. I will now run the computer maintenance utilities, and then do a C: drive to D: drive backup, and then run Norton Speed Disk. This should take about three hours. I can watch a little bit of television while doing it or use the Dell backup computer. CIO

Note: <888> 03/31/04 Wednesday 10:35 P.M.: I ran the previous mentioned procedures. I read the back issues of the Greenwich Post and Greenwich Citizen while doing the computer maintenance. I also read some tech periodicals. I still have a lot of computer technology periodicals and other periodicals to read. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I used a tin of sardines that I chopped. For the cheddar cheese portion, I used Stop and Shop Swiss cheese. I used all of the other regular ingredients. It is suppose to continue raining until Friday, so I will not be going out this evening. I will now put the computer on standby, and I will rest for a while. CIO

Note: <888> 03/31/04 Wednesday 7:05 P.M.: I was up at 3 P.M., and I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went back to bed until 6 P.M.. It is raining out, so I will not be going out at this moment. It is suppose to rain steadily until midnight, and then it is suppose to be sporadic showers. I will now run Ad-aware 6.0, SpyBot, Norton Win Doctor, a System Restore backup, a Disk Cleanup of the C: drive, Norton Disk Doctor, RegClean, and then I will do a seven part backup of the C: drive to the D: drive. CIO

Note: <888> 03/31/04 Wednesday 6:05 A.M.: [Daylight Saving Time starts in Europe and North America](#) this Sunday at 2 A.M. moves forward to 3 A.M.. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 03/31/04 Wednesday 5:55 A.M.: [CNN.com - Dutch farewell Queen Juliana - Mar 30, 2004](#) , [BBC NEWS World Europe Dutch bid farewell to ex-monarch](#) , [BBC NEWS In Pictures In pictures: Queen Juliana's funeral](#) . CIO

Note: <888> 03/31/04 Wednesday 5:35 A.M.: I finished going through my email. A tip you may have forgotten, if you want your web browser to open in Full Screen, set it to Full Screen, and then Press "CTRL-Y" combination to set it. Then after you close it and reopen Internet Explorer, it will be in full screen. CIO

Note: <888> 03/31/04 Wednesday 5:15 A.M.: [GeorgeWBush.com :: Kerry's Gas Tax Calculator](#) . CIO

Note: <888> 03/31/04 Wednesday 4:30 A.M.: I am going through my email. [Microsoft Office Live Meeting - Download.com - Free downloads, shareware, and more.](#) . CIO

Note: <888> 03/31/04 Wednesday 3:55 A.M.: I heated and ate a 18 ounce can of Progresso New England clam chowder with 20 Arnold large cut croutons along with a glass of iced tea. I just found this story for Connecticut smokers [Greenwich Time - Taverns prepare to comply as deadline for smoking ban nears](#) . CIO

Note: <888> 03/31/04 Wednesday 3:20 A.M.: I made a backup of my Outlook 2003 contacts and my Outlook Express address book, and I copied them to the USB drive. The USB 32 MB drive is now filled up. I will leave it sitting to the left of my primary computer on the bronze Eiffel Tower trivet. CIO

Note: <888> 03/31/04 Wednesday 2:40 A.M.: I was able to fit on the 32 MB USB drive my Favorites in *.zip format, my directory www.geocities.com/mikelscott/scotlis.htm and my password program. I ran the disconnect applet program on the primary computer, and I unplugged it. I replugged in the USB 2.0 cable for the Minolta laser printer. I now have the information for transferring to other computers. However, it was just a test, I might leave it empty for future data transfer operations, but for now I will leave the information on the USB drive. I attached the blue strap that came with it to the device, and it also came with drivers for Windows 98 which I do not need. CIO

Note: <888> 03/31/04 Wednesday 2:15 A.M.: The Favorites reduced in size by a factor of 4, so they will not all fit one USB drive. However, I have them in *.zip format, which takes up about 19 megs. Once I put my directory on, I could copy them onto the backup computer, however two of them already have most of them, and it is not really necessary. The copying of large files is fast with the USB drive, so I will use the USB drive for copying files between computers. Although for use I could copy all of the URLs to two 32 MB USB drives, I do not think it is necessary, since I do not use them that much, and the *.zip format is fine enough. I suppose I can use the USB drive for other file transfers too. CIO

Note: <888> 03/31/04 Wednesday 1:25 A.M.: I plugged the USB portable drive into my computer front USB 2.0 port, and I removed the Minolta Laser printer cable temporarily. I am trying to copy my Favorites to the USB drive. However, on a hard drive they take up about 235 megabyte of disk space, but they only comprise less than 5 megabytes of space, so since the memory might be actual space as opposed to hard drive formatting, they might actually fit on the USB drive. Of course it takes a bit of time. CIO

Note: <888> 03/31/04 Wednesday 1:05 A.M.: I went out after the last message. I went by the Stop and Shop, and I bought a 10 ounce bag of fresh spinach for \$1.99 and a 3 ounce container of Stop and Shop grated parmesan cheese for .99 for \$2.98 total. I then went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I then drove around the train station area. I then drove down by the waterfront. I noticed downtown, they now have a highway barricade at the entrance to Grigg street off Greenwich Avenue, so through traffic is not permitted through there at the moment. I am not sure what the situation is there, but maybe they are going to do some construction there. I then went by the ATM machine at Putnam Trust Bank of New York on Mason Street. I next went over to Walgreen's in Old Greenwich which is opened all night. I noticed packages of Alkaline batteries are on sale for .99 and with the store coupon, one can get three tins of sardines for .99 all. They also have a few computer accessory items on sale. I bought a Computer Essentials 32 MB USB Portable Drive or what they call a pen drive for half price for \$14.99 plus a package of Marlboro Lights 100s for \$4.12 plus \$1.15 tax for \$20.26 total. They have about four more USB drives left. They keep them locked up with a number of other computer items, so the manager has to open the rack. I just now returned home, and I drank some iced tea. CIO

Note: <888> 03/30/04 Tuesday 9:25 P.M.: I chatted with a relative. I will now shut down the computer, and I will clean up, and I will go out. CIO

Note: <888> 03/30/04 Tuesday 8:55 P.M.: I reheated and ate the remainder of the Ronzoni linguine and the Francesco Rinaldi tomato and basil sauce which I put a couple of tablespoons of grated parmesan cheese, and I ate it with a glass of iced tea. I then drank a 50% Folgers' decaffeinated instant and a 50% Folgers' instant coffee. I always put a bit of milk in my coffee. I watched some television. CIO

Note: <888> 03/30/04 Tuesday 7:35 P.M.: Before going to bed, I ran Norton Win Doctor, and I did a system backup with System Restore, then I ran Disk Cleanup on the C: drive. I have 2.6 gigabytes of hard drive space left on the C: drive. I left the computer on, and I ran Norton Speed Disk on the C: drive while I was asleep. I was up at 2 P.M., and I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went back to bed until 6:15 P.M.. I watched the NBC national news. I threw out some garbage, and I checked the mail. CIO

Note: <888> 03/30/04 Tuesday 7:15 A.M.: I finished watching Princess Juliana's funeral. God rest her soul. I tried to put it on the television, but the Real Player does not work with secondary monitors, so I watched it on the primary monitor with the sound playing through the television. I tried reinstalling the Nvidia drivers, but that did not make it play the Real Player on the television. I use the Nvidia drivers from www.mdm.com for my Mad Dog Prowler 440SX AGP 4X video card instead of the ones from Nvidia. Thus I only watched the last one hour and 45 minutes of the funeral, since I was tinkering with the system for a while after the last message. I chatted with a friend for a while about a half hour ago. I am a bit tired, so I will shut down the computer, and I will go to bed soon. I will eat two Quaker low fat corn cakes and some iced tea before going to bed. Despite the sadness of the advent, it was enjoyable to see all the Dutch citizens and the Dutch Royal family and the House of Orange, the foreign visitors, and the other Royals from around the world. I guess since I grew up in a Dutch American household, it is a more important event to me despite its sadness, however it tends to bring us all closer together in our grief. The tulips should be up in a couple of weeks, they are about half way out of the ground downtown here. CIO

Note: <888> 03/30/04 Tuesday 3:35 A.M.: Princess Juliana's funeral is being broadcast on this link at the current time <http://www.rtvnh.nl/tvpopup/livetv.rpm> . CIO

Note: <888> 03/30/04 Tuesday 3:05 A.M.: Live stream links for Princess Juliana's funeral http://www.nos.nl/prinses_juliana/index_1.html?paginas/nieuws.html~output and time schedule http://www.koninklijkhuis.nl/juliana/www/persberichten2.php?Lang=EN&Pe_id=10&Id=6 . At the moment the broadcast links are not working, but the Netherlands Time is seven hours ahead of us, so the procession should have started by now. CIO

Note: <888> 03/30/04 Tuesday 2:55 A.M.: I updated the Real Player 10 beta to the final release version, and I also updated Real Arcade. I installed the updates, and I configured them. CIO

Note: <888> 03/30/04 Tuesday 2:20 A.M.: I watched a Dutch television report on NOS Journaal <http://www.nos.nl/> and <http://wwitv.com/portal.htm> in Dutch, and it showed the crypt where all of the House of Orange are buried. Also this page has more information http://www.nos.nl/prinses_juliana/ . CIO

Note: <888> 03/30/04 Tuesday 1:55 A.M.: More recent photos and news stories of Princess Juliana passing away [CNN.com - Dutch queen mother dies - Mar 20, 2004](#) and [Telegraph News Holland bids farewell to its bicycling ex-monarch](#) and of course [In Memoriam Prinses Juliana der Nederlanden](#) . CIO

Note: <888> 03/30/04 Tuesday 1:25 A.M.: I put the ice tea in the refrigerator. I watched some television. I also have been told quite a number of times over the years that I also look like Peter Jennings of A.B.C. news. Although, I might have a similar appearance, I believe Peter Jennings is a couple of inches taller than I am, he also has brown hair and brown eyes, while I have grey blond hair and blue eyes. However, because of the similar appearance, I have had a number of people over the years try to tell me news stories. Since I have not really watched that much television during my adult life, I was not aware of the similarity until it was brought to my attention a number of times. Having been a professional photographer at Polaroid during the summers of my college years and with all of the walking that I have done in my life, I suppose I have been more visible to the general public than the average individual. However, since one is perfectly attuned to looking at one's own image in the mirror, it frequently does not draw attention to one, when one sees one's similar image on the street, since one has seen it so many times. I suppose since Peter Jennings is from Canada, there would be other people in the north country of North America with the similar appearance. Whatever the case, I have local experience in this area, which someone whom simply looked like myself would not necessarily have. However, since I have rather severe arthritis, in the colder damp weather, I do not spend that much time outside. CIO

Note: <888> 03/30/04 Tuesday 12:20 A.M.: When I lived in Nantucket, people use to ask me if I were living at my grandmother's house, and I was confused since my grandparents lived in the Midwest of the United States of America. However, when I attended the Taft School <http://www.taftschoool.org/> in Watertown, Connecticut from 1965 to 1968, I had a classmate in the class behind me that look similar to me. That same classmate's family had a little farm in Nantucket that was put on the market for \$80 million dollars last summer, so more than likely I was confused with that friend. I believe his family lives nearby in Bedford, New York, and they own or are involved with Tucker Electronics <http://www.tucker.com/> . Since that classmate lived in Bedford, New York where John Jay the first United State's Supreme Court Chief Justice was from, and since John Jay's mother was a Scott, we might be distant relatives thus the family resemblance. However with families like the Scotts and the Jays which have been in this country for so long, there are hundreds of thousands of distant relatives, many of them

which do not carry the same family name or resemblance. For example when I attended Lake Forest College www.lfc.edu, I had a classmate with the last name Gates, but their family owned Gates Tire and Rubber, not the other outfit. Thus with many people in America that have the same genetic stock and with many people having similar names, it is easy to get people mixed up, if one does not keep track. Usually people do not bother me very much, since I am pretty limited on finances, but since I am part of Old Guard stock, there could be individuals whom look similar to me whom are better financed. Of course it is the nature of the Scott family which have had such long term involvement with the United States Military, that there could also be members of the family whom are still involved in such a capacity or with other services. CIO

Note: <888> 03/29/04 Monday 11:50 P.M.: I chatted with a relative. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm. Instead of tuna fish, I used a 4.25 ounce can of flaked pink crab meat. For the cheddar cheese portion, I used Stop and Shop Swiss cheese. I used all of the other regular ingredients. I had the salad with a glass of iced tea. I am now making a batch of iced tea www.geocities.com/mikelscott/icetea.htm. I am using 10 Salada orange pekoe tea bags, 5 Salada green tea bags, and one each of the five different types of Twinings five variety pack. I am not using sugar, but I am using two teaspoons of Angostura bitters. CIO

Note: <888> 03/29/04 Monday 9:40 P.M.: I was up at 4 P.M., and I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went back to bed until 6:30 P.M., and I then had a friend call up. The friend is coming out to spend the night on this Sunday night about 7 P.M., and then the friend has to travel eastward into Connecticut. The friend said he would take me out to dinner. I then cleaned up, and I went by the Greenwich Library, and I read the Greenwich Times. I then went downtown, and I stopped by Zyn stationary, and I bought a #28 scratch card for a dollar, but I did not win. I did not walk Greenwich Avenue because it is very damp out, and it feels like Europe like one were sitting in a bath tub full of ice cubes. I then drove down by the waterfront. I next went by the Food Emporium, and I bought a half gallon of Tropicana orange and pineapple juice for \$2.50. I then returned home, and I drank some iced tea. CIO

Note: <888> 03/29/04 Monday 8:25 A.M.: I will now shut down the computer, and I will try to go to bed. CIO

Note: <888> 03/29/04 Monday 8:10 A.M.: Sometimes uninformed individuals underestimate the resolve of the United States Government when they take action domestically. Once when I left Key West, Florida in the spring of 1977, I happened to visit a friend in Durham, New Hampshire, and there were about fifty thousand well educated well financed white Northern European origin individuals whom had organized a demonstration against building the Seabrook Nuclear Power Plant. They were called the Clam Shell alliance. When I monitored their demonstration at the Seabrook Nuclear Power Plant construction site, it did not surprise me that the United States Government came up with enough personnel to arrest and house all of them for an undetermined amount of time, since after the arrests, I went down to Williamsburg, Virginia, and then I

returned to Nantucket, I do not know what eventually happened to them all. Possibly that formidable group of people that I saw in Key West, Florida were United States Department of Energy personnel, and since much of their activities are kept secret, but it is well known they have a quite formidable budget and all of the latest technology, gadgets, and security tools. Thus if they were deployed in this area, I would imagine they would stand out a bit. However, this is all just theory as to whether they were such personnel or not. My father worked for a number of construction companies, so maybe what I saw down in Florida were some of his associates involved in the construction business. In my travels, I have seen personnel from Fluor Daniel, Bechtel, Olympic and York, Turner Construction, Stone and Webster, Halliburton, Waste Management, the United States Army Corps of Engineers, the United States Navy Seabees, Tischman Construction, Trump Construction, Browning Ferris, the United States Department of Energy, NASA, Debeers, Phelps Dodge, Endicott, Peabody, Red Adair, Long Star Cement, ABB Asea Brown Boveri, the United States Department of Transportation, Tennessee Valley Authority, Wolfson Construction, Volpe Construction, Co Ed, Northeast Utilities, various railroads, various oil companies, and a few other lesser known engineering groups not to mention their suppliers. I suppose it might be from the fact that my father was an engineer or when I was in Key West, Florida; members of the Dupont family were there, and their original product was dynamite. However, being partly of Scottish origin, maybe all of these construction people drank a product from Scotland, but from my experience most of the rich corporate engineer types in this town drink Jack Daniels which is commonly available in 1.5 liter bottles in this area. I suppose in those areas, where the people are bigger, they sell it by the keg. Of course once one gets on a computer, one can not drink alcohol because it requires a certain level of precise thinking. CIO

Note: <888> 03/29/04 Monday 6:55 A.M.: I was once told that Admiral Hyman Rickover [Hyman Rickover - Father of the Nuclear Submarine](#) was living in retirement in Key West, Florida when I was down there in the mid 1970s. With all the elderly people from the U.S. Navy down there at that time, I am sure other well known U.S. Navy personalities were also down there. It seemed to me at some times down there in Key West, Florida, there were about two thousand tall men whom were about six foot six inches to over seven feet tall, and a great many of them had beards. What they actually did, I never found out, since whom ever was in charge of such a formidable group kept it a secret. I had a few theories that they were United States Military Special Forces, U.S. Army Corps of Engineers building the new bridges down there, Oil workers on furlough, U.S. Air Force personnel down from the DEW line, United States Federal Marshals, Canadians on Vacation, Texas Rangers, U.S. Border Patrol, National Park Service, or they could have been just big people whom like to fish. When I was last there in February 1982, I did not see them there, so more than likely they had moved on to other locations. They were taller and more formidable than the personnel I have seen at United States of America Presidential Inaugurals. CIO

Note: <888> 03/29/04 Monday 6:15 A.M.: I rested a bit, and I watched some more television. I suppose some time in the future this URL will be handy www.rentarobot.com . I just stumbled across www.wn.com . CIO

Note: <888> 03/29/04 Monday 3:25 A.M.: I rested a bit, and I watched a bit of television. CIO

Note: <888> 03/29/04 Monday 2:05 A.M.: I will now put the computer on standby, and I will take a nap. CIO

Note: <888> 03/29/04 Monday 1:40 A.M.: I am boiling a 16 ounce box of Ronzoni #17 Linguine for 12 minutes, which I will heat with half of a 26 ounce jar of Francesco Rinaldi tomato and basil which I reheated in the microwave along with a couple of tablespoons of grated parmesan cheese. I will have the meal with a glass of iced tea, and I will refrigerate the remainder. CIO

Note: <888> 03/29/04 Monday 12:35 A.M.: I freed up some disk space, and I now have 2.78 gigabytes free space on the C: drive. I could uninstall a couple of programs that I never use like Encarta, but at the moment, the space is not needed. I also have 1.81 gigabytes of music MP3s that I never listen to, but it took time to collect them, so I keep them. CIO

Note: <888> 03/29/04 Monday 12:05 A.M.: I deleted some of the back issues of Zenio downloads, so I have 2.5 gigabytes of free space on the C: drive. CIO

Note: <888> 03/28/04 Sunday 11:55 P.M.: Since it is currently 76% humidity <http://www.wunderground.com/cgi-bin/findweather/getForecast?query=06830> , I will not be going out for a walk this morning, since with my arthritis, I would not be too agile. I noticed after tomorrow, there are chances of rain all week. CIO

Note: <888> 03/28/04 Sunday 11:35 P.M.: I put away my laundry. I consolidated two different Documents folders in My Documents folder, so I do not get them confused. CIO

Note: <888> 03/28/04 Sunday 10:50 P.M.: [CNN.com - Northbound lanes on I-95 reopen - Mar 28, 2004](#) . CIO

Note: <888> 03/28/04 Sunday 10:45 P.M.: If one lives in the New York area and has extra money for good quality food The Food Emporium has a number of locations <http://www.thefoodemporium.com/locations.asp> , unfortunately they are not opened all night on weekends. CIO

Note: <888> 03/28/04 Sunday 10:30 P.M.: I went through my email. CIO

Note: <888> 03/28/04 Sunday 10:10 P.M.: I have 45 minutes to go on the dry cycle. I said hello to a couple of my neighbors. CIO

Note: <888> 03/28/04 Sunday 9:40 P.M.: I started two loads of laundry, and I have five minutes to go on the wash cycle. I threw out some garbage, and I moved my car nearer to my side of the building. I put clean linens on the bed in the bedroom. CIO

Note: <888> 03/28/04 Sunday 8:55 P.M.: I microwaved and ate a 17 ounce Boston Market chicken and noodles dinner, which I ate with iced tea. I also drank a 50% Folgers' instant and 50% Folgers' decaffeinated instant coffee. When I was living in Manhattan up until February 1982, I recall occasionally reading the New York Times. I recall that previous summer before moving out, that there were a series of stories about a Canadian woman that worked for Morgan Stanley in Manhattan and also lived in Nantucket. The stories reported that she had disappeared I recall during that previous fall without a trace, and they never found her again. The stories mentioned that she use to walk along the beach, and they mentioned that the Nantucket police chief had come down to Manhattan to investigate. Thus possibly the woman might have been snatched off the beach by some killer whale, since there would have been evidence that she had gone swimming if she had been caught in a rip tide. I recall my last extended stay in Nantucket through the spring, summer, fall of 1983 until the end of November, I had regularly swam on the south shore of Nantucket at various locations, and as the fall progressed, I did not swim for about six weeks. Around the third week of October 1983, there were some warm days, so I went out by the Mount Vernon Farm, and I went swimming about 100 yards off shore. I was swimming east along the shore, when I was suddenly caught by a very strong force of current in the water, and I did not know what to initially do. I briefly tried to swim back to shore, and since I was not a strong swimmer, I decided to swim with the Rip Tide which was not very difficult since it was propelling me strongly east along the shore. I managed to stay afloat and around the Sewer beds just web of Surfside where there was a sand spit projecting out in the water, I was brought close enough into shore, where I could make it back onto land. Thus I was propelled by the Rip Tide for about a mile west to east along the shoreline. I never swam along that shoreline again. It was my theory that as the colder weather sets in, the currents around the south shore of Nantucket change from what they normally are during the warmer months during the summer. Since a great many people walk the shores of Nantucket and occasionally go in swimming in the water, this is possibly what happened to the woman that disappeared off the island two years before. There were also some stories in the Nantucket Inquirer Mirror about the event. Shortly after that a relative's house was broken into in Florida, so I left the island, and met the relative in Boston at the airport, and I drove down with the relative to Florida to investigate, and I recall stopping in Greenwich along the way. I think I cashed a check at Putnam Trust in Riverside from an employer in Nantucket. I recalled also that Rand Insurance had been my insurance company, when I had a car a couple of years before. My relative returned back up north flying, and I left her area in Florida, and I visited Fort Lauderdale, and I was there during the Granada invasion when all the tall people were there around the Halloween time. I had rented the black Hertz rent a car Mercury Cougar which the windshield wipers did not work on, and when I left Fort Lauderdale, I traded it in for a gold Mercury Cougar, and I visited with another relative on the west coast of Florida, and I then returned back to Nantucket, I recall flying there from Tampa. There was also a tropical storm when I drove down to Fort Lauderdale and for most of the time that I was there. I stayed in Nantucket until Thanksgiving Time when I took the Ferry off the island to Hyannis, and I recall staying up all night in the airport, and I read in their newspaper they were having a memorial service in Hyannis marking an anniversary of the John F. Kennedy's death. I then caught a Provincetown Boston airlines embarcadero turbo prop made in Brazil, from

Hyannis to LaGuardia. I had seen John Van Airesdale the airline owner before, and he was the pilot, and I noticed Jacqueline Kennedy Onassis was sitting a couple of seats in front of me. She was met by someone when we arrived in New York, and I then went to Grand Central Station, and I went up to Toronto on the Amtrak, and I spent about a week there staying in at the Anglican seminary at the University of Toronto and walking around Toronto, and I then returned back to New York via Amtrak, and while the trains stopped over in Buffalo, New York, I called a friend, and I chatted with his father, and the friend was living out on Long Island. I then spent about a week walking around Manhattan with no place to stay in Manhattan, and I would sit up all night at the East Side airline terminal with my bags checked there. After all of the walking in Toronto and Manhattan, my ankles were swollen up about four times their normal size, so I called my father from LaGuardia airport, and he told me I should come out to Greenwich. I caught an airport limousine to Greenwich, and I checked into the Greenwich Hospital for about a week. I then ended up being discharged, and I spent another week walking around Manhattan staying at the East Side airline terminal. I would use the upstairs tennis club to clean up. My ankles became swollen again, so I checked back into the Greenwich Hospital for another week. Finally they got me a social worker, and my social worker found me a room on Milbank Avenue a week before Christmas 1983, and I have been here ever since, and I have gradually become more established. I saw a democratic politician from Florida downtown yesterday, so maybe other people from Florida are back here early. For historical hurricane weather information I found this link <http://weather.greenwichtime.com/tropical/>. I now have to start laundry. CIO

Note: <888> 03/28/04 Sunday 7:25 P.M.: As I recall, NBC News out of New York had a satellite news truck down on Steamboat Road filming live coverage of Hurricane Gloria [Weather Underground: 1985 Hurricane Archive](#) back in September 1985, so they might still have archival videotape coverage of this area during that event. CIO

Note: <888> 03/28/04 Sunday 6:45 P.M.: After the last message, I could not fall asleep. I called the Greenwich Police about 6:30 A.M., and I reported the incident down by the waterfront on Steamboat Road yesterday at 5:30 P.M.. I told them when I went down to the pier on Steamboat Road about 5:30 P.M. after my walk on Greenwich Avenue, I noticed a red or burgundy, but more like cherry new Dodge Durango possibly or that style pickup truck with New York license plate. It was parked with the front facing out, and it had a Plexiglas bug screen on it that said "Keep on Trucking". When I got out of my car, I chatted with one local walker about the upcoming hurricane season and what happened down there during hurricane Gloria in 1985. There were two couples down at the end in cars enjoying the view and three other individuals sitting on the pier besides the lone fisherman fishing off the west side of the pier with a trout fishing rod. When the other people sitting on the pier departed, the fisherman started to leave, and I asked if the fishing was any good. He responded that he got tired of sitting on the couch, so he decided to go fishing. I mentioned the fact about the military activity in the area, and the fisherman said he was a Korean war veteran. The fisherman was about 6 foot 1 inches tall weighing about 240 pounds, and he had a noticeable pot belly stomach. He was bald, and he seemed congenial enough. About that time he pulled out a Buck knife and flung it open, and then he put it back. I mentioned that the first week of June was the best fishing

for Striped Bass off Madaket in Nantucket. About that time the fisherman pulled out and flung open his buck knife again, and I might have talked some more. I did not think too much about it but made note in my subconscious since over the 20 or more years I have gone down by that pier, fisherman have always used knives around their fishing activity on the waterfront, and unless one is use to it, it can make people feel nervous. One long term resident on the road also carries a Buck knife, and when I lived in Nantucket all of the fisherman seemed to carry Buck knives, so maybe that is why I talked about Nantucket. The fisherman left in his truck, and I left shortly thereafter, and I returned home. That is a little more of the substance of what I told the Greenwich Police Department when I called them about 6:30 A.M.. About 7:30 A.M., we had my building fire alarm go off, and I got up to investigate, and there was the smell of burnt toast in the downstairs north hallway. One of the residents whom has the key to the security system was trying to reset it. Shortly there after that four fire trucks from the Byram fire department arrived, and they investigated the toast fire for about 20 minutes. I noticed the Byram fire department seems to be physically in very good shape, so I assume we are well protected here. It was enjoyable to see a lot of young faces. My neighbors had responded to the alarm, and they were just waking up. I went back to my apartment, and I had a telephone call from a friend whom is also Dutch American. He told me in an old library or archive in Albany, New York, they had found an old journal recording the earliest Dutch exploration and settlement of North America around 1609. Parts of it were damaged, but the content of the remaining content of the Journal has been published called "Island at the Center of the Earth". He gave me the name of the author, but I can not remember it. He told me the colonial Dutch capitol was at Albany. I ate a Nature's Valley strawberry yogurt bar. I then fell asleep until about 2 P.M., when a relative called. I next ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I then fell back asleep until about 6 P.M.. CIO

Note: <888> 03/28/04 Sunday 4:00 A.M.: Well, I am tired, so I will now shut down the computer, and I will reheat the remaining Kraft macaroni and cheese and chicken broth rice, and I will eat them with some iced tea. CIO

Note: <888> 03/28/04 Sunday 3:40 A.M.: Of course with this group of so called Whalers in Nantucket, their favorite hangout was a restaurant bar up from the Wharf called "The Brotherhood of Thieves", so more than likely they were also descended from pirates. I suppose when one shows up there for a vacation, they might go off island and take advantage of one's home environment, but it might be just an observation point to watch travelers, and they actually might be from other places out of our jurisdiction like Canada or elsewhere. However, a lot of people in Nantucket had native Irish accents, so more than likely they were from Ireland, however with all of the Hollywood type people there, they could have simply been from California practicing their craft on the east coast. Summer resorts are well known for attracting theatrical types. Whatever, the case it is my viewpoint that there are not any rich people in the world, there are just a group of people whom constantly advertise themselves as being rich surrounded by large groups of con artists whom take advantage of the individuals whom try to curry favor with the so called rich individuals. Since locally here in Greenwich, Connecticut which is suppose to be a wealthy town, there never seem to be any rich people, but just a lot of people

walking around hoping to be rich, the concept of rich must be sometime they have bought off their television sets, and they probably would have a little spare money if they did not pay for Cablevision or waste so much time watching television. Maybe everyone is just working at the going wage, just trying to get ahead. It is really hard to tell. Since a great many people go to Nantucket from Greenwich besides all of the people from down south and locally in New England, I would imagine for the young people, it is where various New England families and their schools network during their free summers, so historically they return there like lemmings running into the sea. The Pierce family name which is associated historically politically and more recently in the current Bush administration is on Nantucket since it is the name of the high school and S.S. Pierce also supplies food, and Sysco Brands were there which also came from Houston. Of course just because somebody might know somebody there, does not mean they are always there, and it does not guarantee that one will not be swept away by a Rip Tide current or become part of the Food Chain by a Great White Shark or a Killer Whale. I think this concept of political people summering in summer resorts started with the advent of mass transportation, and it was like the suburbs a way of selling transportation services, so their investors could make profits. I have always felt more comfortable at home, since I work on maintaining it mostly year round. CIO

Note: <888> 03/28/04 Sunday 3:15 A.M.: I was just thinking about the recent news story about the Wright Whale in distress tangled in fishing lines off the Carolina coast. I suppose since the endangered Wright Whale is only about a year old, one could try to fool it by using mother Wright Whale sounds to get it to relax, so they could remove the threatening fishing lines. CIO

Note: <888> 03/28/04 Sunday 2:55 A.M.: Of course, I got back at my friend from Nantucket and Key West and California whom was trying to pull dirty tricks on me, I once had him walking for about a half of day down Alligator Alley hitch hiking with no one offering us a ride as we walked along the quaint canals along Alligator Alley which may or may not have had the reptile of the same name. We did see the old airport along that stretch of road which was famous in his godfather's exploits. Of course with another friend from Nantucket and Key West and Long Island, I once camped out on the Appalachian Trail where there were Bear Country warnings, and we also camped out on Hilton Head Beach, where we had tracks around our tent from a 14 foot long alligator. Thus when one takes off traveling from Greenwich, Connecticut to these so called deluxe beach resorts, one may run into types of wildlife that one might not regularly encounter in one's normal routines here in Greenwich, Connecticut. For all I know back country is full of Mountain Lions and Bears and the Tod's Point area has the same reptiles and there are wolves roaming over the entire area. I ate two Quaker low fat corn cakes about an hour ago. CIO

Note: <888> 03/28/04 Sunday 2:30 A.M.: Of course locally here in Connecticut, it is no big secret that Sikorsky <http://www.sikorsky.com/> makes helicopters, and it is no big secret that the Cheyenne contract was cancelled and the U.S. government is thinking of using a European helicopter for Marine 1, so maybe locally Sikorsky is lobbying for their own product line. Thus maybe some foreign buyer might be interested in their product

line. However, since I am not in the market myself for a helicopter, since I believe "If Man Were Meant to Fly, He Would Have Wings". However, I was told that they use them for medivacs and other non military purposes as well. Whatever, the case every story has its own context as the story is told, so frequently people whom travel around and see lots of things get the story out of context, since it is the nature of traveling, one tends to not be as well informed, an individual like myself who just sits at home reading the Press. Whatever, the case I would imagine people from Sikorsky tend to be active in this area, if only to test their product line. However, the owners of Sikorsky is UTC www.utc.com a company that makes other products that compete with www.ge.com . So maybe with the Bill Gates group so much in the news with their Microsoft Information on the internet, UTC and GE are trying to sell Bill's father's old company Boeing www.boeing.com some sort of aircraft engine to go with their aluminum. Needless to say, I will remind any big heavy fat security type truckers that it is the nature of aviation that aviation personnel tend not to weigh as much historically unless one is using a C5A [Lockheed C5A Galaxy](#) which could probably carry a whole truck. However, if one had that type of money, one would not need to be driving a truck, unless one possibly were on active duty in the United States Military and then more than likely one would get a free ride, but at the moment, I do not know many people whom would want to be driving where they are advertising their current driving experience although the gasoline is cheaper there. CIO

Note: <888> 03/28/04 Sunday 1:55 A.M.: When dealing with truckers whom provide information, one has to realize they frequently know more because they travel around, and a lot of them are veterans because they are a tough group of people, however it is the nature of trucking since they also carry valuable cargo, they also carry security devices. However, when truckers are also Carnival type people which some of them are, they can try to scare an individual or secure family away from their established community, and then they can steal the removed individual or family's personal belongings for profit, and if they are part of a network of theatrical like carnival people, they can even try to impersonate that family or individual within the community for additional profit. However, with more modern criminal investigation techniques, these problems frequently only happen to the more gullible and sections of the population and the elderly community whom may not be as aware. In other words the information on our televisions comes out of a Cablevision System from Norwalk, Connecticut which is connected to Westbury or Woodbury, Long Island, so if the information at those key points were suspect, one could always try using other sources of communications. Some of the old timers here still use Ham Radios, and I still personally keep a Zenith Shortwave Radio. If I am not mistaken the United States Air Force might use Zenith equipment too, so more than likely with all sorts of satellites today, if the U.S. Government did issue a warning, and this area were under siege, it is possible that one could pick up information on a Shortwave Radio from Chicago, or some other location. We do know that "911" happened since the World Trade Center, I can assure you from my observations at Tod's Point is no longer there. However, when dealing with complex strategists, it is hard to believe anything else than what the local television broadcasts. Having lived and worked around communications for a good deal of my life, it would seem that we are only as informed here as the general public at large. However, there are

so many people walking around that never say anything, it sometimes seems like a larger group is working this area that knows more. Whether, they are providing accurate information or pursuing some type of a criminal scheme is opened to question. I do know that just because people wear blue jeans does not mean they are in the United States Navy. Having lived around the United States Navy, I can assure their personnel are more formidable than what one might see on Greenwich Avenue. However, as one gets older and lives around senior citizens generally the medical community looks like everyone else in the general public, and they tend to be just as out of shape. CIO

Note: <888> 03/28/04 Sunday 1:20 A.M.: Basically in a free country we do have a free press, but we also have United States government censorship. Thus what I hear on the grapevine when I network around town locally may or may not be accurate. However, I would assume if there is a realistic threat to the public welfare in general, the United States government would inform the general public at the right time. Since I have dealt with so many scenarios of Carnival type people of trying to scare members of the general public for profit, I sometimes tend to be spectacle of information, and its relevance to our daily lives. We all do know that there are potentially hazardous facilities in this country that are heavily guarded against terrorists, but whether we are in the way of security personnel in this area or not is the question. As I have mentioned on my web site before, one of the original purposes of my web site was similar to that of an electricity maintenance man in the area running the web site to let some engineer know whom could be anywhere in the world that the electricity here in Greenwich, Connecticut 06830 U.S.A. is still working. However, a reader of my notes might interpret that is up to their own insight. Of course the content of my web site comes from Greenwich, Connecticut, but I upload it to the Yahoo server in California, so if the Yahoo server did not work, it does not mean that there is anything wrong here. I suppose the Greenwich Time information www.greenwichtime.com might actually come from this area, and I have been told that IBM www.ibm.com actually comes from Armonk, New York, so if those sites continue to function, there is still electricity in this area. CIO

Note: <888> 03/28/04 Sunday 1:00 A.M.: In terms of the recent content of my notes, as I reported over a week ago, there was some local military information given to me a week ago last Thursday, which I can not report on the internet, since during times of War and Terrorism, one does not report military activity. However, I have told a number of friends and associates. The content of the information has relevance to various terrorist threats that have relevance in this area. However, I suppose if some friend or associate were curious they could call me up. However, I have a feeling compared to what is known and observed in other areas around the country, it is not considered important other than the fact I have more education on that potential threat than the average layman. Since I hardly travel outside of this area, I suppose the people traveling around would know more anyway. That is all that I can write. CIO

Note: <888> 03/28/04 Sunday 12:25 A.M.: However, I figured out one thing today, since Groningen in the Netherlands where both sides of my mother's family were from is in Westphalia on the German border with the Netherlands, and since it once was part of Germany, and since my paternal Grandfather was half German, since my paternal

Grandmother could possibly have been half German, since her Gard family name comes from France, Sweden, or Germany then that would mean I am 5/8 to 3/4 German, which means possibly with all the Billionaires in Germany and with all of the new found prosperity in Germany, I might be able to find some sort of niche in Germany if I was forced out of this country. However, since I only know a few words of German, I would not be as capable as I am here. Also another friend's grandmother's family were part of the Kaiser's consular staff in Manhattan, and the apartment I use to use in Manhattan is now the site of the German consulate in Manhattan, so I might potentially have some German friends and connections. I have only been to Germany twice, once in 1980 when I went to Frankfurt, Germany for four days before Christmas, and the other time was when I traveled through Germany to go to Innsbruck, Austria and then I returned through Germany. However, since the Germans have fought two major wars in this century and since they were occupied for a half of a century, they probably would not be friendly to myself, since I have the United States of America experience for 54 years. However, there are other German families in areas of America, whom have lived here since before the American Revolution, since the British Colonial government used Hessian guards from Germany to maintain peace and stability through out the Colonies in the old days. Thus in any event, I was told when I first came back here off Nantucket 20 years ago by a German professor who had taught Physics at Columbia University for 50 years, the reason people are not friendly towards me is that I look German. I guess he should have known. Still when I visited Germany and the Netherlands, it was enjoyable to noticed that people were not unfriendly towards me based on appearance. I also lived around Germans working for NASA in Huntsville, Alabama and Cambridge, Massachusetts. I also used the Mercedes Benz dealership in Lake Forest, Illinois most every day for parts during my 3.5 years of college there. I also gave a copy of a Borland spread sheet in German to the Mercedes Benz dealership in Greenwich, when I first started working on home computers 11 years ago. One of my friends moved to Germany for a while. I also have chatted with Germans over the years, so possibly there is some connection there. I also was told by a German professor at the White Plains, New York Civic center, when I bought my first computer telephone modem about 11 years ago that I was probably being foolish for looking at the internet. Whatever, the case I have done my best as I know it based on the information in the United States of America and 54 years experience here. I also keep some German beer in the refrigerator in case I every give up and try to relax.

CIO

Note: <888> 03/27/04 Saturday 11:50 P.M.: Also the same so called friend who was friends of Ted Kennedy's doctor, and whose grandfather was Richard Nixon's neighbor in Key Biscayne, Florida was involved with the occult in California. The person one enticed me to climb the water tower in Nantucket, and then he tried to convince me that if I jumped off I would live. I declined. Thus having dealt with other people around various political groups over the years with equal mischievous, I am somewhat distrustful of strangers, and I well know that people will conspire to cause problems. Greenwich, Connecticut is a very wealthy established town, so lots of people come here and take low paying jobs or manage to live on the fringes of the economic prosperity, just so they can cause some sort of mischief. It is like the scenario of the janitor in the hospital doing away with the patients. Whatever, the case since various Greenwich residents have been

involved in various political activities worldwide including the Rockefeller economy and the Bush activity in the CIA, more than likely residents of this area have enemies, or just by being a resident in this area, one is perceived as being an enemy. Since I am a long term resident, and since I have had contacts with established people in the community in living here during my residency, I tend to support the status quo in the town, because I know once one lives here for an extended period of time, there are very few other places that one will find with the ambience of this community. Thus I do not suffer from the syndrome that the Grass is Always Greener on the Other Side, since I have explored other areas, and people were not as well informed as to what our skills here and capabilities are. Since a good education and local experience are useful towards living in this area, I suppose the town manages to keep me around, since I do not upset the status quo. Quite frankly anymore, it is my viewpoint that the town is more of an international business community, and since I have some expertise and experience in that field, I find it a congenial community to live in. I have not found any other countries offering me residency based on my experience. I recently contacted the Dutch consulate in Manhattan to see I would be eligible for Dutch citizenship since my mother is 100% Dutch, and they emailed me back that to be a Dutch Citizen in the time frame that I was born, I would have to have a Dutch father and not a Dutch mother. However, my father did live and work at the Hague in the Netherlands as well as Antwerp in Belgium, so I suppose there is some connection there on both sides of the family and both sides of the Atlantic. CIO

Note: <888> 03/27/04 Saturday 11:25 P.M.: I just finished going through my email.
CIO

Note: <888> 03/27/04 Saturday 11:10 P.M.: Actually, I do own a few French style cooking knives and about four Swiss Army knives, but by the time one were able to use them in a defensive situation, one would be a goner. Basically from what I know the modern security forces are so high tech, the rest of us are basically decoys. In my normal routine here in Greenwich, I lived down on Steamboat Road for five years, and I have spent over 20 years regularly walking Greenwich Avenue, and I have also driven down by the waterfront for the last 17 years that I have owned a car and the last 15 years that I have not lived there. Since I lived down there for 5 years, and since for about the first 2.5 years I did not have a car, I am familiar with the area and the local neighbors and visitors. I actually enjoy not living in the downtown area anymore, since I tend to have more privacy. When one lives downtown, and when one walks out of one's door, one never knows what one will walk into. Basically from experience, I have dealt with such a large cross section of people down by the waterfront that are different from the people whom one sees regularly downtown, I am beginning to think that the regular waterfront people are taking advantage of the situation to the detriment of the neighbors in that area, since I see very few of the neighbors in that area ever venture down to the pier. Although I may go down there everyday, I generally do not spend that much time down there, I frequently just drive down there and turn around. I suppose in another 20 years we will have robots armed with modern security devices patrolling the town, but since I am not a security official, I am just going by normal routine based on my experience of living here

for about 43 years. The most frequent group of people down by the waterfront are our local veterans, and they frequently only tell one as much one needs to know. CIO

Note: <888> 03/27/04 Saturday 10:35 P.M.: Part of the reason I am disabled is that in living around the waterfront all of these years and elsewhere I have been threatened so many times that I tend to take it for granite, and I let the local security deal with such affairs, since I have no way of defending myself personally. For example all of the time in Nantucket, people were always pulling out Buck knives and threatening people. This past evening when I was on the waterfront chatting a local fisherman whom I had not seen before whom was driving a red pickup truck in the process of talking he pulled a buck knife out at me and flashed it twice. Since it is the nature of fisherman along the waterfront that they carry knives, one becomes use to such behavior. It is like all of the knives that one encounters when working in a French restaurant. Whatever, the case I have advised people around here with all the Texans in this area, the Texans do not bother with buck knives, but they prefer something called the Texas two step, which generally means the Texans when they travel within or outside of Texas tend to armed with some sort of self defense mechanisms. However, locally with all of the rich high technology people around here, for all I know they have more modern high technology devices such as laser guns which are being used. Thus I generally only talk with people whom I have seen before and chatted with. CIO

Note: <888> 03/27/04 Saturday 10:15 P.M.: Of course in my days in Nantucket, when somebody was no long seen around the island in Nantucket, they were assumed to have just left the island. I guess no one ever thought they might have been eaten by a killer whale. However, with modern satellite photos from around the world, frequently those people whom track activity with satellites frequently see more about what happens with unexplained activity than what historically might have been conventional wisdom. Thus I suppose over the years, the Natural accident phenomena might have explained why occasionally it seems people disappear around the shore line. I have seen the pictures on the Discovery channel of Killer Whales beaching themselves on the rocks in Alaska to eat walruses, so I guess much the same could happen in any other part of the world to any animal including human beings whom might be near the shore. Of course it could also happen on a boat too. Whatever, the case when around the water it is frequently important to use one's own instincts based on experience. Now that in so many resort areas around the waterfront, the Chamber of Commerce is so important, they probably do not report incidents which would cause a drop in business. Of course there is one large group of people, whom it is the nature of their business called the United States Navy or any other world navies that in pursuing their careers, they tend to spend a great deal of time around the various waterfronts around the world, and I would assume that would also include the various Coast Guards. Of course the fishermen and nautical transportation people also spend time on the various oceans as do small groups of individuals such as oceanographers and recreational boaters. Thus in their network of information and knowledge, they would frequently know more than the average land lubber. Basically, I am more of a shore person along the shore, I do not actually spend any time on the water to speak of. When I am on the waterfront, I am frequently cloud watching or star gazing since the open waterfront is frequently the best viewpoint. Of

course once one gets into the open shore areas of the oceans, it also means a lot of walking, since a great deal of ocean front is not accessible by Four Wheel Drive vehicle compared to what one might find in the tourist areas. Thus frequently some areas are only accessible from shore if there is a way to get ashore. When I lived in Nantucket, a lot of people use to use different names, and although I always used my own name, a few friends since I only managed to read about one fourth of it, and since I always wore a red flannel shirt, Lee Jeans, and Adidas Country sneakers use to call me Billy Budd from Herman Melville's novel, because I sort of had the look as the character in the movie, and because I would occasionally drink a Budweiser around the waterfront. Since when I was not working and when I was not around the shoreline, I also spent a great deal of time around the Harbor Marina, more than likely I saw a few people whom owned boats, but since I was never inclined to go out on the ocean, the only time I recall going on a boat besides the Nantucket Ferry, was a few trips on a scallop boat in the spring of 1977, when I was helping to open Sea Scallops. Thus if one is not experienced around the ocean, but if one has lived around the ocean long enough to respect it, more than likely one will learn what one is suppose to do around the ocean when venturing out on a boat. One local fisherman told me recently that he had taken the Coast Guard training course, and he was prepared to go down with his ship. Since owning a boat is a very expensive affair, I am not qualified in terms of nautical activity. However, living around the ocean front over the years, I have heard a lot of different stories. One person in Fort Lauderdale in the fall of 1976 told me one sailor would take a different girl out on his boat every night and come back alone, and certain people thought that might be suspicious, so it tends to make one think about what happens around the waterfront. One also hears stories that piracy and slavery still exists around the various waterfronts around the world, so one should be careful when venturing near the waterfront. CIO

Note: <888> 03/27/04 Saturday 9:15 P.M.: I chatted with a relative. CIO

Note: <888> 03/27/04 Saturday 8:30 P.M.: The worst thing about any deep water shore like the south shore of Nantucket or any other ocean front is potentially a Killer Whale can swoop ashore, and pull one right off the shore and eat one like a seal, walrus or a sea lion. It happens frequently around the ocean. I use to know someone that looked like the fellow that trained Killer Whales at Sea World in Miami, and I suppose a cleaver enough Killer Whale trainer could also train the whale if released into the wild back in the ocean to intercept and pull pedestrians or bathers off the shore. The same individual was a close friend in Nantucket of Teddy Kennedy's doctor, so if such an incident happened by premeditated arrangement, the same individual would be subject to the direct political repercussions of such a planned accident of nature. Since Killer Whales are heavily in the wild in Argentina, and since the same individual use to speak Spanish and have lots of Argentinean friends, and since the Russian government along with the Dutch government and the old Nazis are heavily involved with Argentina, it would seem to be they would be considered involved in such a planned accident. Of course since the Killer Whales as we know from the movie Free Willie are in abundance on the west coast of the United States and since a lot of these high technology individuals were around the same friend on the west coast of the Unites States, and since there is also a Sea World on the west coast, it would seem to me that they should learn the old tricks do not work

anymore. It is sort of peculiar that the same friend with all of the thousands of people whom I knew was also the only person to show in Key West, Florida when I lived there. However, since the same friend had C.I.A. connections, it is possible that it could be some misguided plot on the part of the United States' government behalf. That is why I would recommend to individuals to stay near the shallow water, but even the shallow water can have gators and crocs. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . For the cheddar cheese portion, I used Stop and Shop Swiss cheese. CIO

Note: <888> 03/27/04 Saturday 7:00 P.M.: I had two calls from a relative this morning, and then I slept until about 2 P.M.. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I cleaned up, and I went out. I went by Smoke for Less in Byram, and I bought a four packages of Seneca Ultra Lights 100s for \$3.25 a package for \$13 total. I then went by the Greenwich Exxon station next to the Greenwich Library, and I bought \$3.75 of regular unleaded gasoline at \$1.999 a gallon for about 24 miles per gallon. I then went downtown, and I walked the entire length of Greenwich Avenue. I sat out at various locations. Along my walk, I stopped by CVS, and I picked up a prescription at \$1.50 cost to me. I completed my walk. I then drove down by the waterfront. I reminded one local waterfront observer that back around 1985 during Hurricane Gloria, the waves on Steamboat Road were breaking up to the Indian Harbor Yacht Club entrance, and the flooding reached to where the current Delamar Hotel was, and flooding reached into the Island Beach parking lot. That was in hurricane winds of about 70 miles per hour. I also mentioned that three years ago, when the hurricane hit North Carolina, the United States Navy in Monterey, California had an IBM super computer with weather information, and they knew the hurricane was going to hit North Carolina, and they did not alert anyone in the media on the east coast of the United States, even though they knew three days before hand. I also mentioned that I had covered the south shore of Nantucket and Nantucket in general until 20 years ago, and I mentioned the south shore of Nantucket is very dangerous with rip tides. Since a current democratic candidate for President John Kerry has a summer home on Nantucket more than likely on the south shore of Nantucket, it will attract additional inexperienced people into that area, which if they do not know the nature of the water particularly on the south shore of Nantucket, it can be very dangerous. My only advise if one is caught in a rip tide is to try to swim with the direction of the rip tide and hope one is brought back into shore. The few beach areas around Kennebunkport tend to be in coves, which do not have the same sort of rip tides, but either set of beaches in Nantucket or Kennebunkport would have your usual cross section of dangerous sharks. Generally only experience swimmers should venture into deeper ocean waters, and one frequently has to remember that what one was able to do when one was younger, one frequently is not able to do the same thing when one is older. I remember, about twenty five years ago, a Prime Minister of Australia was eaten by a shark, so thus security provided by a government is not necessary enough in certain natural situations. I guess it could be equally said about tropical weather www.geocities.com/mikelscott/weather.htm . I believe coming up in the first week of April, this tropical weather forecast comes out <http://typhoon.atmos.colostate.edu/forecasts/> for the 2004 season. Since the Washington D.C. area was hit by a hurricane this past season, it is my theory that the hurricanes are

pushing further north each year recently with the warmer summers and warmer Atlantic oceans, so possibly this coming season the same Virginia and Washington D.C. area could be hit again or even further north into Maryland, Delaware, and New Jersey, and possibly in a year of two into this area or even further north. I wrote in my notes about two to three years ago that Washington D.C. was going to be hit by a hurricane. Thus in hurricane season tropical storm preparedness, it does not hurt to keep a weather eye early in the season, and it does not mean that the traditional hurricane areas still will not be effected. I was also recently reminded by a neighbor with Florida experience that Alligators and Crocodiles tend to still be a problem in southern tropical areas. CIO

Note: <888> 03/26/04 Friday 11:55 P.M.: I went through some of www.geocities.com/mikelscott/scotwork.htm . I will now shut down the computer, and I will go to bed soon. Maybe I will watch a bit of television too. I will also reheat some macaroni and cheese and some of the chicken broth rice, which I will have with iced tea. CIO

Note: <888> 03/26/04 Friday 11:20 P.M.: The Zenio Reader does not work, unless one disables the Norton Internet Security Firewall. It does not prompt to allow it be accessed by the Norton Firewall, but it does work with the Norton Firewall disabled. I ran Norton Win Doctor, and I ran Disk Cleanup on the C: drive. I only have about 1.66 gigabytes of hard drive space free on the C: drive, but I suppose that is enough. CIO

Note: <888> 03/26/04 Friday 10:45 P.M.: I went through my email. CIO

Note: <888> 03/26/04 Friday 9:30 P.M.: I ate a Nature's Valley strawberry and yogurt granola bar. CIO

End of Scott's Notes week of 03/26/04:

Note: <888> 03/26/04 Friday 8:45 P.M.: I rested until 7:30 P.M.. I watched some television. I will now send out my weekly notes. CIO

Note: <888> 03/26/04 Friday 5:15 P.M.: I made up a fresh batch of homemade hummus www.geocities.com/mikelscott/hummus.htm . I used two 4.25 ounce cans of California black olives, along with one teaspoon of Old Bay seasoning instead of a half, a whole clove of chopped elephant garlic for the garlic portion, and I also added a tablespoon of olive oil. I used all of the other regular ingredients. I then made and ate my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I used a tin of sardines that I chopped. For the cheddar cheese portion, I used Stop and Shop Swiss cheese. I used all of the other regular ingredients. I had the salad with a glass of iced tea. I will now put the computer on standby, and I will take a nap. CIO

Note: <888> 03/26/04 Friday 3:30 P.M.: I was up at 10 A.M. this morning. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I checked my mail. I chatted with a relative. I did my house cleaning and watering the plants. I listened to the most of the third tape of "Dutch" about Ronald

Reagan. Locally further east of us, there might be traffic problems [Greenwich Time - Fiery crash closes I-95](#) , since I have not been out, I am not sure if the commuters going east in the evening are backing up in this area or not, but more than likely they are, since the highway tends to be full most of the time in the daytime and evening. CIO

Note: <888> 03/26/04 Friday 12:35 A.M.: I ate a Nature's Valley strawberry yogurt bar. I drank some iced tea. I will now shut down the computer, and I will go to bed soon. I guess I will do house cleaning when I wake up later today. CIO

Note: <888> 03/26/04 Friday 12:15 A.M.: I guess since other than the time that I lived for a while in Manhattan, I have lived most of my life in relatively high security areas, most of the people whom I have lived around have much the same viewpoint about security, and they prefer to maintain as much as they can afford to pay for. In my particular case, since I can not afford security, I have always been law abiding, and I have spent most of my life walking around observing, although since I have read so much I tend to be a bit near sighted. Thus frequently when we seem to have had increased security in areas where I have lived, it simply seems to have been more senior people with experience walking around versus the young adventurers. Since I have lived in military areas such as Lake Forest, Illinois, Key West, Florida, Nantucket, Massachusetts and Pensacola, Florida, I have tried to maintain contacts with the military over the years, and with both local law enforcement where I have lived and with military and veterans whom I have come into contact, I have always been willing to volunteer information. However, since I have always been a civilian, my area of expertise has always been in those areas which I have studied, and not in those areas where other professionals have gained their training. Since I currently live in a highly professional community, I know the limits of my knowledge versus some of my neighbors whom have more experience and more information. I have frequently said the internet is just public relations based on public information available to the general public, it is not meant to be top secret or need to know classified types of information. Thus if one is searching out public information, there are many resources available through the internet, which one might normally have to pursue from more standard archival research facilities. However, in archival research information, the information frequently is what those in authority had the budget to publish, it is frequently not all of the information. However, it is my viewpoint, that the various archival institutions that I have studied in this country tend to keep volumes of information that over time gets lost in the storage process as newer archives are created. Also since a great many of the archival information records were kept in churches and institutions which may not have continued in existence, it would seem to me that over time a lot of the historical archival information gets lost over time. Thus I would assume that other world record repositories are in much the same shape with other conflicts disrupting the normal historical archival process. For example, although my internet log has been keep for about five years, it would be lost on the internet if I did not update it over a six month period. Not that my internet experience has any relevance to larger world events, it just helps me keep track of random technical and routine experiences, which since I live in a more complex sociological atmosphere in this community, my neighbors would find my experience mundane and tedious. It is the nature of the affluent class in this community that they prefer their creature comforts to the tedious process of

record keeping. However, since I had the spare time when I returned to this community 20 years ago, and since about 11 years ago, IBM's stock was so financially weakened that the company was about to be taken over by Leveraged Buyout Venture Capitalists and since I figured a large number of members and institutions within this area had invested in IBM, I thought by relearning modern computers and accessing the internet, it would more properly use the technology that in some cases had been gathering dust on the shelves in research laboratories before a new group of young enthusiasts took up the task of advancing it. Since I am more adept at theory than the actual mechanical process of technological innovation, I have watched with bemusement as the information super highway was developed, however with some regret at all the other printed information in books and elsewhere that was not being read. Whatever, the case I have volunteered my time, since I had the support of the local community, and since quite frankly, I did not have anything else to do except maybe walk around Manhattan, which tends to be a lot more expensive and risky as one gets older. Thus I have settled into my niche in the suburbs, which frequently seems more secure, until one needs some sort of more advanced service or facility that might be available in a larger metropolis. In other words, since nobody seems to be interested in contacting me out of Manhattan, I suppose it is just another world away, and since I did my time there, it just makes me tired whenever I think about going in there. I am sure it has not changed much, but I would imagine everyone is now 22 years older, since I moved out of there 22 years ago. CIO

Note: <888> 03/25/04 Thursday 10:50 P.M.: I seem to have put on 10 pounds, I have gone from 205 pounds to 215 pounds, so at the current weight, I do not think I would make a very good swimmer. I suppose, I have not been as active during the colder weather. It is sort of hard to imagine myself weighing so much, because until 1983 at age 33, I generally weighed only 135 to 145 pounds, but back then I was a lot more active. Thus I have put on about 80 pounds, since I left Nantucket a little over 20 years ago. I guess if one eats fish most of the time, one tends to weigh less, but with the price of fish in this area, I am limited to canned fish. CIO

Note: <888> 03/25/04 Thursday 10:30 P.M.: When I was in Europe during the first five months of 1972 in trying to take some time off from my studies and get away from it all during my studies there, besides visiting Lanzarote, I also visited Crete and Hydra. Lanzarote is much more remote and isolated than the other two islands. When one looks at a map of Lanzarote, not only is one sitting way out there in the middle of the Atlantic ocean, the nearest mainland is also the western Sahara desert. One can sort of develop a Papillion complex, as if one were on Devil's Island. However, I noticed tonight the constellation Hydra is in the southern sky. I suppose when one is young and one starts reading Hesse, one ends up in all sorts of remote locations in one's adventures. However, generally with about six billion people on the planet, one is never entirely alone, so even some of the most remote places seem to have substantial populations. Since I like the ocean and hearing the sound of the surf, I enjoyed my visit to Lanzarote, as well as the other two Mediterranean islands. However, it is easy to take off on adventures when one is young, but frequently when one is older, one enjoys the creature comforts that come with staying at home. I suppose any time one shows up in an isolated area, one starts to seek out more activity, and of course in Lanzarote, the two large islands Santa Cruz and

Vera Cruz to the south are much more populous and developed than the more recently volcanically evolved island of Lanzarote. I had pretty much forgotten about it in April 1977, when I was down in Key West, and I was driving out of Key West with a friend, when we heard on the car radio that a KLM and a Pan AM 747 had crashed together in Santa Cruz, and since we were both Dutch and since we had both grown up around Pan AM, we returned to the Pigeon House patio where Pan AM had its first ticket office, and we left a peace offering of a Monte Cristo cigar box with a peanuts in the shell in the cigar box. It may have seemed odd at the time to any onlookers, but that was pretty much all we had to offer. As we traveled north, we were not really aware of the evolving story, and we even stopped by Space Mountain at Disney World before visiting St. Augustine. Thus when one is sitting on edge of the ocean, one frequently is attuned to another edge of the ocean or some island further out there, where the stars are much clearer. It is sort of like the spirit of Atlantis, when one has lived around the ocean for so many years listening to its call. However, as I get older, I am basically afraid of the ocean, so I never venture out on it, except once or twice a summer on the Island Beach Ferry. Last summer, I did not even take the Island Beach Ferry. Well, I suppose the colder weather here teaches us more respect for the ocean compared to the warmer tropical areas of the world which are more alluring, but which can be equally if not more so dangerous. In other words, the deeper the ocean, the fish tend to be bigger too. At the moment, I do not feel like becoming part of the Food Chain. CIO

Note: <888> 03/25/04 Thursday 9:50 P.M.: I chatted with a relative and a friend. CIO

Note: <888> 03/25/04 Thursday 8:50 P.M.: Before I ate the rice mixture, I ate another third of the Kraft macaroni and cheese mixture that I made last night with iced tea. Another note about Spain, it is a very traditional country like Italy and France, so people whom worked in one profession for generations tend to stay in those professions, so for outsiders they generally need their own money or need to have some special skill to earn a living. CIO

Note: <888> 03/25/04 Thursday 8:30 P.M.: I took a cup of Carolina enriched rice, and I rinsed it in hot water in a bowl, and I strained it through a wire strainer rinsing it with hot water. I then put the cup of rice in the China Village rice steamer, and I added a 14 ounce can of Swanson's chicken broth, and then I added a teaspoon of sesame oil, two tablespoons of olive oil, and a teaspoon of Italian spices, and I put the inner and out lids on it. I microwaved it in the General Electric microwave oven for 11 minutes on high, and I am now letting it stand for five minutes. I will thin eat about one third of it with a glass of iced tea. I will refrigerate the remainder in a Rubbermaid container. It should taste a bit like saffron rice, which unfortunately only rich Arabs can afford. I have lots of food in the apartment, but I am just eating some warmer food to feel warm inside instead of my usual salads. CIO

Note: <888> 03/25/04 Thursday 7:45 P.M.: I will post a quick explanation about my story about visiting Spain in 1972 while I was touring Europe during the first five months of 1972. I had attended Lake Forest College www.lfc.edu which was south of Great Lakes Naval station and north of Fort Sheridan. I had once toured the Chicago stock

yards when I had a fraternity initiation requiring myself and some fellow students to visit the stock yards. I knew that Lake Forest, Illinois was home to the Armour, Swift, and Cudahy families involved in meat packing along with a small group of people whom helped start McDonalds. When I arrived in Italy, we eating very thin cracker types of pizzas with a little tomato sauce and no cheese. Mostly, we ate pasta and occasionally we would eat a half inch thick biftek a la Florentine, which is a half inch thick steak sautéed in olive oil, butter, lemon juice, white wine, and garlic called Etruscan cooking or Northern Italian cooking. When I was in France, the common sandwich Cheval a la pain, which is a ground horse meat on slices of bread. When I went to Spain, I figured since they are historically into Bull fighting that they might have some beef. Thus although the home port for the United States Mediterranean fleet was Naples, Italy; more than likely when the U.S.S. Enterprise visited Barcelona, they were probably able to procure large amounts of good quality Spanish beef, which it is the nature of the United States military, they tend to enjoy a substantial meal like a steak or a prime rib of beef, particularly all of those young sailors whom do not have to worry about their cholesterol. Thus more than likely, they found what they were looking for in Spain, since when one rides a train in the interior of Spain, one sees hundreds of miles of range land which obviously can support a large population of cattle. However, when I was traveling down the east coast of Spain on the train, I think they call it the Costa De Sol, the Sun Coast, I saw hundreds of miles of beach resort hotels and other accommodations much like the Florida coast, so obviously large numbers of people used the facilities during the hot Spanish summer, but they did not look too busy during the Spanish winter, which is not too cold for northern Europeans to enjoy a bit of warmer weather. Thus as I have said many times to run a robust military, it takes a skinny farmer or rancher. Since it is the nature of farming or ranching one tends to deal with a lot of chores and mechanized equipment, the people whom actually farm tend to be thinner and fit, unlike shareholder farmers whom have probably never seen the back side of a horse's ass. CIO

Note: <888> 03/25/04 Thursday 7:15 P.M.: I went out after the last message. I gave my electricity information to the building superintendent who will turn it in to the the Greenwich Housing Authority. I then made my 3 P.M. appointment. I next went by the Greenwich Hospital thrift shop. I then went downtown, and I stopped by Zyn stationary, and I bought a #28 Winner Wonderland scratch card for a dollar. I then walked lower Greenwich Avenue, and I stopped by VanDamm interiors, and I viewed their showroom. I mentioned another Dutch decorator whom use to help in New Amsterdam. I then sat out at the Greenwich Post Office plaza, and I scratched the scratch card for a \$2 winner for a dollar profit. I then redeemed it at Zyn Stationary. I then walked the upper section of Greenwich Avenue, and I stopped by CVS. I picked up a prescription at CVS at a \$1.50 cost. I then completed my walk. I chatted with a local on the way. I used the bathroom at the senior center. I then drove down by the waterfront. I next read the Greenwich Times at the Greenwich Library. I then returned home, and I drank some iced tea. CIO

Note: <888> 03/25/04 Thursday 1:55 P.M.: I went to bed after the last message. I woke up at 5 A.M., and I ate a 8.5 ounce box of Triscuts with some iced tea. I went back to sleep until noon. I ate breakfast of oatmeal, toast with strawberry jam, orange juice,

vitamins, supplements, and coffee. I threw out some garbage, and I checked the mail. I made two copies of the Northeast Utilities report on my electricity usage for the previous year. I will give the original to the Greenwich Housing Authority for their usage, since they requested it. The NOAA weather warning radio just did a Tornado test warning. I have a 3 P.M. appointment, so I will now shut down the computer, and I will clean up.
CIO

Note: <888> 03/25/04 Thursday 2:50 A.M.: [Microsoft Says Proposed Settlement Would Have Been Better For European Consumers](#) . I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 03/25/04 Thursday 1:55 A.M.: Of course, when I was in Spain <http://www.angelfire.com/mac/egmatthews/worldinfo/europe/spain.html> during the winter of 1972, Francesco Franco was still in charge. Most all of the people wore black. When I arrived the first time in Barcelona traveling from Grenoble and Florence, it was about 1 P.M. in the afternoon on a weekday during Siesta, and I first exchanged money for pesetas. I think it was about 62 pesetas to the dollar, but I might have exchanged lire or francs, and when I exited the train station wearing my Swiss Army back pack that I had bought in the Florence, Italy flea market for \$5, as I walked down the street towards the center of town, I had to walk down the center of the street because there were guards with machine guns standing about five feet apart for quite some distance, but as I got towards the Pedestrian Ramblas or center main street in the city, the guards were no longer lined along the street but were strolling the Ramblas. The Ramblas was quite long leading up from the harbor where the Replica of Columbus' ship was. During the first trip there, I ate lunch at the Barcelona Yacht Club, and they served me a seven course meal with wine at about 3 P.M. in the afternoon, which is not their dinner hour for about \$3 with tip. It was a very enjoyable meal with a view of the harbor, and I had about six waiters waiting on me, since no one else was at the dining room. The Spanish tend not to eat dinner until after 10 P.M. at night. On initial arrival though, I walked up the Ramblas viewing all the stalls, and I enjoyed seeing all the bird sellers. The buildings were old looking but quite substantial. When I got to the top of the Ramblas, which was about a three mile walk, there was a large plaza with outdoor cafes, and I had coffee. There was a big sign overlooking the plaza that said "Sears", so having been attending college at Lake Forest College www.lfc.edu in Illinois, I felt sort of at home. I was using either Fodor's or Arthur Frommer's Europe on \$5 a day. I met some English speaking students, and they were enjoying sitting outside at the cafe. It was not cold to me in February having attended college in Illinois. I met a Dutch student traveler from Rotterdam named Perry, and I do remember his last name, but I will not mention it for privacy sake. He knew English and was coming back from Morocco, and we started talking about our travels. Perry's father worked for the Dutch postal system. Perry and I found a room near the Barcelona Yacht Club for about a dollar a night, and after siesta, we explored the night life of Barcelona. He gave me a package to hold for him, when I left the following day or two to return to Grenoble. He was going to stay on for a few more days before returning to Rotterdam. I returned to Grenoble where friends of mine were studying at the University of Grenoble, and their rental was adjacent to a villa with a discothèque called "Birdland". I spent a few days there, and then I returned to Florence, Italy. While

in Barcelona, Perry had told me that Spain had no pharmaceutical laws, so he told me I should buy something called Bustaid which are sort like "Nodos" to stay awake, since when one travels on low budget, one frequently finds oneself sitting up all night on a train or in a train station. I bought about \$50 worth which at a dollar for about 50 pills were quite enough. They contained Phenobarbital and methamphetamine and vitamins and were quite heavily used through out Europe in exchange for not drinking too much coffee, which then was called Nescafe. I packaged them all in a plastic bag instead of carrying them in their bottles. I returned to Florence after a week in Grenoble, and I spend about a week in Florence. My fellow students liked the Bustaid to stay awake for studying. When we were in Illinois, one of my classmate's families whom were with us in Italy owned Roche pharmaceutical, so we occasionally had used methamphetamine to stay awake during some very long days, but I do not recall ever abusing it. When you have three 50 page papers to write in three days, those things happen. Of course in Europe we did not have electric typewriters, so we had to write everything long hand. I then returned from Florence, Italy to my friends in Grenoble, and after some time there, one of my friends wanted me to deliver a note to a girl friend of his at the Lido Bar in Barcelona. I then returned to Barcelona, and I found the Lido bar, but nobody knew my friend's girl friend. The United States of America aircraft carrier Enterprise was there, so there were a lot of sailors on the waterfront. I tried to find my friend Perry, but after a few days to no avail, I found out from the Dutch consulate that he had hitched a ride on the Enterprise to Rotterdam. I then returned to Grenoble for another week or two. I still had the package that Perry had given me to carry, and I finally found out that it was something illegal from Morocco which my friends told me that I did not know anything about. I did not know what to do with it, and my friends sold it to some hippie friends of theirs for \$200 and gave me a thousand Francs. Thus with all my traveling, I could have gotten into trouble crossing between different country's borders, and sometimes people will try to set you up. Anyway, I had the thousand Francs, so I returned to Florence, Italy still using my Bustaid to stay awake. I recall Bustaid was made by Roche. Anyway, it was cheaper than two dollar cups of Cappuccino. Apparently what Perry had given me to carry would have only cost about \$20 in Morocco, but supposedly it is illegal in southern Europe, but suppose to be legal in Holland. I did not use any of it, but I was told by a professor that warriors in North Africa use to smoke it before going to War. It is a good thing he did not bring it on the Enterprise, or Europe might not be there. Well I then returned from Grenoble to Florence, Italy, I met two Norwegians in the Florence flea market whom looked like the only two people having fun during a rather cold winter, and they told me they were coming from Lanzarote. Since I had a U-Rail student pass, I went back to Barcelona for a day staying up all night in the train station in Lyon on the way and possibly having stopped in Grenoble again and then from Barcelona on down to Malaga thinking I would catch a ferry to Lanzarote, but it was suppose to be a long trip on deck by sea. I then instead caught a \$40 Iberian flight to Lanzarote, and I spent about three weeks there exploring the island on a Moped the first half of the time, and the last half of the time I spent with a Norwegian family with a son named Rhone whose father was a pilot with S.A.S., and they lived by the airport. I explored Lanzarote, and since there is not much water there, I did not clean up until I left. Rhone showed me parts of the Island that I had not seen like a deluxe resort. I also spent some cold nights before I met them camping out on a couple of different beaches with British travelers from the

Isle of Wright. I explored some volcanic craters with black sandy lava and all over the island onions were growing. I liked the simple village of Playa Blanca, and I used to sit on the rocky beach there with some Danish backpackers and we would drink inexpensive beers at sunset out of a old Coca Cola cooler with ice. The island had good tasting fish fried in olive oil. There were quite a few Germans there with a sense of humor from drinking beer, since water was just as expensive as beer. Rhone like watching the planes come and go from the airport, which they did twice a day. We would roast chickens to eat, and I showed him how to make French Fries. I did clean up before, I left to get on the plane, so he and his family saw what I looked like cleaned up instead of all salty from the ocean. I hope I did not use up all of their water in the cistern. Rhone asked me to get him a Borcelena hat like I was wearing which they sold for \$2 in the Florence flea market. I used it to keep the pigeons from relieving themselves on my head in Florence. I never got a chance to get him a hat, but when I returned to Lake Forest, Illinois, I lost my hat on a train while going between Lake Forest and Chicago. I had bought a piece of brocade and sewed it around the base part of the upper part of the hat where it goes up from being flat. Thus when I left Lanzarote, I took the Iberia plane to Seville, and then I took the all night train to Madrid, and then I never left the train station in Madrid, and I caught the more expensive Fast train which I had to pay for instead of using my U-Rail pass to get to Pisa that same day and back to Florence, for exams the next day. I do not recall, if I made it to my art exam or not, but I think I recall taking the exam, but since I had not been going to classes, I might not have done well on the art exam. I could not see much point in just sitting in a classroom looking at Art projection slides, when I had a chance to explore parts of Europe. That winter was a very cold winter, and there was a coal strike in England, so there were a lot of English speaking people visiting in southern Europe. Thus that is a quick summary of my visits to Spain and other parts of Europe before I left from Italy for Greece and Turkey in April of 1972. CIO

Note: <888> 03/24/04 Wednesday 11:10 P.M.: I do not speak any Spanish except for a few words, but this is a picture of the Spanish Royal family [The Spanish Royal Family](#) , which more than likely I probably have seen at one time or another. Since I have visited Spain, they might have also have seen me, but that was 32 years ago, so more than likely they have forgotten my walk around in Barcelona, Malaga, and Lanzarote. I did travel through Seville and Madrid, but I did not visit them, since I was in a rush to get back to Florence, Italy for my final exams the next day. I did ride the high speed train from Madrid to Pisa, but on the train from Seville to Madrid, I had to sit next to a 500 pound women, whom I do not think had bathed in her entire life, I suppose because Spain is a dry country. I also rode the train from Florence and Grenoble a few times to Barcelona, and I recall when riding the train down to Malaga, I was sharing it with three United States servicemen, and they were drunk, and they damaged the mahogany wood work in the train. I did not do any damage myself, since I always behaved like a gentleman. However, after walking around various cities all day, I would frequently travel to another city, so I could sleep on the overnight train, and I would take off my Frye boots, which unfortunately did not smell very good to the other passengers. According to a report, I read a few years ago, the Spanish Royal family are not particularly wealthy, and they have a net worth around about \$2.5 million dollars, however they tend to command a lot of respect in the Spanish speaking world, and I read a few years ago that the people of

Spain got together and bought the King a yacht. I think they vacation in Mallorca the island off of Spain south of France in the Mediterranean. Since the Spanish seem to be in this area in large numbers over the last 20 years, they could have snuck in here as Latino refugees, and no one might have noticed. However, more than likely their Spanish speaking associates might have noticed. Since there are probably more people whom speak Spanish in the Western Hemisphere than the Eastern Hemisphere, I doubt if it would have gone unnoticed. I have a videotape with Prince Felipe at the Statue of Liberty Tall Ships celebration in New York Harbor about 15 years ago. I think he is about 6 foot 6 inches tall, so if he showed up here, we might notice him. The King of Spain H.M. King Juan Carlos I is also a pilot, so he must occasionally leave the Hacienda in Spain for other ports. Prince Felipe is suppose to marry on May 22, 2004 to Letizia Ortiz <http://www.royalty.nu/Europe/Spain/> . Thus, when it gets cold here, more than likely a few people have visited Spain from time to time. CIO

Note: <888> 03/24/04 Wednesday 10:10 P.M.: The Optimum Online mail server does not seem to be working at the moment, so I can not check my email. CIO

Note: <888> 03/24/04 Wednesday 9:45 P.M.: On the four backup computers in the bedroom, I installed the updates, and I installed the copy of www.geocities.com/mikelscott/nasa002.htm . CIO

Note: <888> 03/24/04 Wednesday 8:40 P.M.: Keyboard story [TCPalm: Tapping the keys](#) . CIO

Note: <888> 03/24/04 Wednesday 7:45 P.M.: I boiled eight cups of water, and I opened a 14 ounce box of Kraft www.kraft.com Deluxe macaroni and cheese dinner, I put the macaroni in to boil 11 minutes. I will thin drain the noodles in a colander, and I will put them in a large metal mixing bowl. I will then add a couple of tablespoons of olive oil and a teaspoon of Italian spices and mix it into the noodles. I will than add the cheese from the cheese packet, and I will mix it all together. I will eat about one third of the mixture with some iced tea, and I will refrigerate the remaining mixture in a Rubbermaid container. CIO

Note: <888> 03/24/04 Wednesday 7:15 P.M.: When I drive over to Old Greenwich from the Steamboat Road area, I usually drive through Bruce Park. I then go over I-95 at exit 4 on Indian Field Road, and I turn right after I-95 at the Red Cross headquarters. I then drive over by the Cos Cob train station, and I proceed along north on River Road to East Putnam Avenue. After heading east on East Putnam Avenue and crossing the Mianus River bridge, I turn right at St. Catherine's church, and I drive south on that road until after I cross the train tracks, and I turn left, and I proceed east along that road, and until I come out at the rotary in Old Greenwich near the shore near the Old Greenwich Presbyterian Church. I head east from the rotary. I then turn right at the Old Greenwich fire station, and I head south down to Tod's Point. I usually come back a similar way, but after the rotary by the Old Greenwich Presbyterian church going west, I turn right and cross the train tracks at the next crossing east from the way I came, and I drive by the two schools, and proceed back usually driving back on East Putnam Avenue to the top of

Greenwich Avenue. Thus one is able to see a bit more of the waterfront on the way over. I noticed the Old Greenwich Fire House is celebrating their 100th Anniversary <http://sbvfd.com/> , and I also noticed the Greenwich Red Cross <http://greenwich.ctredcross.org/> which needs to update their web site since it is now located by the exit 4 ramp of I-95 at Indian Field Road is raffling off a red Mustang GX convertible at \$50 a ticket with the drawing around March 30, 2004. CIO

Note: <888> 03/24/04 Wednesday 6:55 P.M.: I made up my homemade onion soup www.geocities.com/mikelscott/onionsoup.htm . I had the soup with a glass of iced tea. CIO

Note: <888> 03/24/04 Wednesday 5:50 P.M.: I was up at 11 A.M. this morning. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, and supplements. I cleaned up, and I went out. I drove down by the waterfront in central Greenwich. I then drove over to Tod's Point, and I took the 2.5 mile walk around Tod's Point. I sat out at various locations. I then stopped by the Rummage Room thrift shop in Old Greenwich. I next drove down by the waterfront in central Greenwich. I then went by the Greenwich Hospital Thrift Shop, and I bought 10 Imation floppy disks for \$1 all. I next went downtown in central Greenwich, and I walked lower Greenwich Avenue and the train station area. I used the bathroom at the senior center. I just now returned home, and I drank a glass of iced tea. CIO

Note: <888> 03/23/04 Tuesday 10:55 P.M.: Well, I am tired, so I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 03/23/04 Tuesday 10:30 P.M.: <http://www.georgewbushstore.com/> for Bush political souvenir items. Back during the previous election race, they had six inch square plastic signs with rubber suction cups, so one could stick them in one's car window to advertise one's political preference. They were like those "Baby on Board" signs. Thus if one had a newer car, one did not have to use a bumper sticker, and if one was driving through hostile political territory, one could quickly remove it. I suppose there is still a market for them, so I guess one can keep an eye out for them. I suppose at the Republican convention, one might make money selling them, if no one else beats one to it. Since Greenwich, Connecticut is a somewhat diplomatic town, a lot of people do not advertise their political convictions. I updated my homepage with a Bush - Cheney campaign advertisement script. Since most people know I am ardently Republican, most people do not bother talking to me about politics, since although I am Republican, I do not actually know much about politics, since I focus on computer technology. However, since most Republicans seem to be well read, they generally have a consensus of opinion on certain viewpoints from their experience. CIO

Note: <888> 03/23/04 Tuesday 9:05 P.M.: I am heating in the Farberware convection oven at 400 degrees Fahrenheit for 12 minutes each of two sides six Stop and Shop fish cakes, 16 America's Choice onion rings, and 16 America's Choice tater tots. I mixed a half of a cup of Heinz ketchup with three tablespoons of horseradish, and I will using it

for flavoring the meal. I will have the meal with a glass of iced tea. I went through my email earlier. CIO

Note: <888> 03/23/04 Tuesday 7:55 P.M.: I went out after the last message. I went downtown, and I walked the entire length of Greenwich Avenue. I stopped by CVS during the walk. I used the bathroom at the senior center. I drove down by the waterfront. I went by the Greenwich Library, and I read the Greenwich Times. I just now returned home, and I drank some iced tea. CIO

Note: <888> 03/23/04 Tuesday 3:30 P.M.: I ran Ad-aware 6.0. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I used a tin of sardines that I chopped. For the cheddar cheese portion, I used Stop and Shop Vermont extra sharp cheddar cheese. I used all of the other regular ingredients. I listened through my stereo system to 88.5 FM National Public Radio. I will now shut down the computer, and I will clean up, and I will go out for some fresh air. CIO

Note: <888> 03/23/04 Tuesday 2:15 P.M.: If one uses this page <http://www.geocities.com/mikelscott/lang.htm> my various directory pages are translated, and the subsequent links are also translated. Thus my volcano directory with its thousand links and the pages from those links are translated into five different languages from English. CIO

Note: <888> 03/23/04 Tuesday 2:10 P.M.: I installed three Microsoft Office 2003 Professional updates. I also ran Norton Win Doctor. CIO

Note: <888> 03/23/04 Tuesday 1:25 P.M.: I went through my email. I applied for a few more free computer magazines. CIO

Note: <888> 03/23/04 Tuesday 12:20 P.M.: Last Thursday afternoon, I was told about a nearby military situation, but for security reasons, I can not mention it on the internet. I have told a few friends and contacts about it. Still, it more than likely has been going on for a long time, so it is not really news anyway. CIO

Note: <888> 03/23/04 Tuesday 11:30 A.M.: I was awake at 10 A.M., and I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I guess since we still have cold weather here, people are still in their winter doldrums. Well sooner or later it should warm up, and then we will see all of the people migrating up north from down south whom frequently travel through this area on their way to points further up north. With the influx of travelers, it might make it busier in this area, but I am not sure if it will be any economic stimulus for the area or not. Generally the retired people down south live on fixed incomes, so they do not always have the type of money that our Big City neighbors might have when they visit here in the summer. Locally here, the retired people are upset because the local real estate taxes have gone up quite a bit recently. Whatever, the case it seems the economic boom in this area is only limited to those whom profiteer off Wall Street. Apparently the local real estate market here in Greenwich, Connecticut has reached its maximum, and the prices are so

expensive nothing is moving. Thus until prices start to come down, there might not be any further activity in the real estate market. The donations are way down at the Greenwich Hospital Thrift shop, so people are probably not buying new items. Still people seem to get by using Yankee ingenuity. One fire fighter in Stamford, Connecticut was making extra money hunting and butchering deer. Since Greenwich is suppose to be a wealthy town, people tend to maintain appearances, until they finally can not afford to anymore. I was told the longest member of the Greenwich Country Club sold her house in back country and moved into a condominium downtown. There are what seem to be a lot of new families with money, and since they live here, they probably are contributing to the local economy. Of course the younger generation invest in different activities compared to the older generation. Since the Greenwich Times and the other two local newspapers the Greenwich Post and the Greenwich Citizen never print many stories about the town government and what it is doing, most people are left out in the dark about the town government and what its budget appropriations are. Thus one has to be on the inside track to know what is going on. I would dare say the same movers and shakers might be controlling the town, but it might be from their winter hideaways. Still the town seems to be running properly, and essential services seem to be maintained. Thus I would suppose if one could afford to live here, one would find out that not much has changed, but it is still as cold as ever. There are busier and slower days, so it is all a matter of timing as to what one's perception of the community is. Well, over here on this side of town, it tends to be a lot colder, since with electric heat, one has to be able to afford to pay for it, and electric heat tends to be damp anyway. Thus one eventually gets use to the colder indoor temperatures. I have noticed the senior and arts center downtown is warm and the Merry Go Round Mews thrift shop and the Greenwich Library are warm, so thus I would daresay, some people whom can afford it are living in warmer homes. However, they say maintaining a cooler environment is healthier for one, so possibly the Hot House people are not feeling as well. Well, since people in Greenwich tend to be private, no one really knows what is going on until some emergency situation meets the public eye. Personally I am getting by here just fine the way I have always gotten by, and if I get colder I just wear my heavy terry cloth bathrobe. Since I generally spend some time outside every day, I tend to get my share of fresh air, but I generally go out later in the day. CIO

Note: <888> 03/23/04 Tuesday 1:50 A.M.: I rested a while. While resting I ran Norton Antivirus 2004. It found 7 problems, and it deleted two problems automatically, and I deleted the other five. I ate the last of the Snyder low fat corn chips along with a glass of iced tea. I will now shut down the computer, and I will go to bed. It is a bit cold out at 18 degrees Fahrenheit with a wind-chill of 12 degrees Fahrenheit. CIO

Note: <888> 03/22/04 Monday 11:10 P.M.: I went through my email. I chatted with two friends and a relative. I put the ice tea in the refrigerator. I will now shut down the computer, and I will go to bed. CIO

Note: <888> 03/22/04 Monday 9:30 P.M.: Windows XP Service Pack 2 Technical Preview is now available to anyone for download
<http://www.microsoft.com/technet/prodtechnol/winxppro/sp2preview.mspx> . I have it

installed on my Dell backup computer, and it works just fine. However, I believe if one installs it, one will have to uninstall it to install the final version due the beginning of the second half of this year. On my Dell backup computer uninstalling the earlier beta did not seem to effect the programs configured after its installation. However, if I am not mistaken, the beta is only good for six months, then one would have to install the final version. Since it is still a beta, I will not be installing it on my primary computer. CIO

Note: <888> 03/22/04 Monday 9:20 P.M.: Computer case for hot locations
<http://www.uptime4u.com/lgh1.htm> . CIO

Note: <888> 03/22/04 Monday 9:15 P.M.: For republican gift buying try
<http://www.reaganlibrary.com/store/> at <http://www.reaganlibrary.com/> . CIO

Note: <888> 03/22/04 Monday 8:40 P.M.: I am microwaving a 16 ounce Boston Market Swedish meatballs dinner, which I will have with a glass of iced tea. CIO

Note: <888> 03/22/04 Monday 8:25 P.M.: I chatted with a friend. CIO

Note: <888> 03/22/04 Monday 7:25 P.M.: I went out after the last message, and I went by the Greenwich Hospital Thrift Shop. I then went downtown, and I walked the entire length of Greenwich Avenue. I stopped by CVS. I sat out at various locations. While I was sitting out at the top of Greenwich Avenue in front of Pickwick Plaza, there was a sure sign of spring. With all the birds eating the berries in the berry tree, I had one bird accurately relieved itself on the front of my coat. Thus this time of year, one should be careful about sitting underneath that particular tree. I finished my walk, and I then used the bathroom at the senior center to clean off my jacket. There was a local contractor on a construction project just south of CVS using a nail gun that bothered some local people. I then drove down by the waterfront. I saw one of the regular waterfront residents at the Greenwich Hospital Thrift shop today. In spending many years around various waterfronts and in this location since 1961, I have reminded people many times, that individuals at the Russian Consulate in Glen Cove, Long Island have been eavesdropping across Long Island sound since before World War II. Thus more than likely other parties whom are interested in their neighbor's activities have been doing much the same over the years. Thus although people spend a great deal of money for privacy on the waterfront, there is not very much privacy, since it is not too complicated to intercept sound over water. I guess much the same could be said for cellular telephone frequencies. Since wealthy people frequently have important private business, it is more than likely the eavesdroppers have profited over the years. Whatever, the case one still would have to sort out fact from fiction, and there is so much information today, I am not sure how valuable random conversation would be anymore. Today, one tends to have to be well enough educated to understand the more complicated information. Thus with the internet, more than likely there is an equally adept group whom monitor people's internet activity too. Since it is the nature of government that it is controlled by various political groups, more than likely the so called government monitoring of communications is frequently used for political purposes. Whatever, the case people in this area tend to say so little, it would seem to me that there is not much original thought just public relations.

I next went by the Greenwich Library, and I read a back issue of P.C. Magazine. I then returned home, and I drank some iced tea. I just remembered, it is Earle Grey tea and Major Grey's chutney. I am in the process of making up a new batch of iced tea www.geocities.com/mikelscott/icedtea.htm . I am using 10 Salada orange pekoe tea bags, 5 Salada green tea bags, and one each of the five different types of Twinings five variety pack of tea. I am not using sugar, but I am using a couple of teaspoons of Angostura bitters for the 12 quart mixture. CIO

Note: <888> 03/22/04 Monday 2:40 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I used a 4.25 ounce can of pink crab meat that I flaked. For the cheddar cheese portion, I used Stop and Shop Vermont extra sharp cheddar cheese. I used all of the other regular ingredients. I had the salad with a glass of iced tea. I guess since I am of northern European extraction, I should not mind the cooler weather here. I also guess, since I have the grey L. L. Bean winter coat, I could pretend to be Major Grey of the British Army the tea expert. Whatever, the case I will now shut down the computer, and I will clean up, and I will go out. I guess, instead of spending a lot of money parking downtown, I could hang out down at the pier on Steamboat Road where it does not cost to park and the Greenwich Library. Of course it also does not cost to park at the Greenwich Hospital thrift shop. If one has tried it, one has to be careful when eating www.geocities.com/mikelscott/onionsoup.htm because the way I make it, it gives one enough natural gas if everyone ate it to be one of the world's largest sources of energy. Thus I usually do not eat it, if I am going out in public. CIO

Note: <888> 03/22/04 Monday 1:15 P.M.: Don't tell Exxon <http://www.shellcreditcard.com/> , of course one could try this [Exxon Mobil Credit Cards](#) . Of course I always pay cash, so I do not have any debt, which is the way I prefer to manage my accounts. Thus unlike the millions of other people in this country, I am not living on Credit, if you get my drift. CIO

Note: <888> 03/22/04 Monday 1:05 P.M.: I am going through the Microsoft XP beta RS2 newsgroups. I threw out my garbage. I picked up my mail. Since it is towards the end of the month, I am low on money, since I had to pay \$65 for my new Connecticut driver's license this month, and I also paid \$20 for my Connecticut emissions test. I also spent \$20 for the glass framed map of the Lesser Antilles, and I paid \$15 for the glass framed picture of Stowe, Vermont, and I also bought the grey L.L. Bean overcoat for \$16.25. Thus because my spending was up a bit, I have less money to explore around town at the end of the month. I have enough money, food, and cigarettes to make it until the end of the month, but I will have to watch my budget. Also, this past winter seems to have been the coldest winter, since I came off Nantucket 20 years ago, and it still seems a bit cold out for this time of year. Thus instead of wasting my time sitting on a bench downtown and paying for parking or reading the computer press in the Greenwich Library, I am quite comfortable at home. I have plenty of back issues of the computer press to read, not to mention my regular work on the internet. I suppose one of these days, it will warm up, and I will be paying money for the air conditioner to stay cool thus one is a victim of one's own routines. CIO

Note: <888> 03/22/04 Monday 12:20 P.M.: I went through my email. CIO

Note: <888> 03/22/04 Monday 11:55 A.M.: I went to bed after the last message. I chatted with a couple of friends about 10:30 P.M.. I woke up at 8 A.M.. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went back to sleep until now. CIO

Note: <888> 03/21/04 Sunday 9:30 P.M.: I chatted with a relative. I will now shut down the computer, and I will go to bed. CIO

Note: <888> 03/21/04 Sunday 8:55 P.M.: I ate a piece of apple pie with some iced tea. CIO

Note: <888> 03/21/04 Sunday 8:35 P.M.: From this page [In Memoriam Princess Juliana](#) at [In Memoriam Prinses Juliana der Nederlanden](#), I printed out the color photo in 8" X 10", and I framed it in a clear plastic frame, and I hung it on the wall to the right of the day bed above another picture. I also send my condolences. I also printed out two of the pictures with the laser printer, and I put one in my photo album, and I put one on the dining room table. CIO

Note: <888> 03/21/04 Sunday 7:45 P.M.: The Dutch are not that Rich, read the bottom of this page [BBC NEWS Business Dutch royalty denies billionaire status](#). I suppose, they could always go back to making wooden shoes. I guess since the British took over the Dutch East Indies company during the latter half of the 19th century, the Dutch have not had their income from "VOC". However, since the Dutch were some of the earliest settlers in this part of the world, I would imagine some of the Dutch of New Amsterdam are modestly established, but the Dutch are like the Scottish, and they are known for their frugality. U.S.A. news on Queen Juliana passing away [HollandSentinel.com Former Dutch queen visited here twice 03/21/04](#). Life goes on [BBC NEWS World Europe Dutch celebrate royal baby birth 12/08/03](#). In Memoriam, [Queen Juliana](#) and [BBC NEWS World Europe Country profiles Timeline: The Netherlands](#). CIO

Note: <888> 03/21/04 Sunday 7:15 P.M.: However, in chatting about the Scott family might not have much relevance, since I am only 1/8th Scott although I bear the name, thus I am not as formidable as some of my other cousins. I am also half Dutch which tends to be larger than Scotts, 1/8th English, 1/8th French, and 1/8th German. The largest person, I have seen physically in this area was about 12 years ago, when they were having a G8 conference in Maastricht in the Netherlands. At the same time, a person showed up here selling Gouda cheese from Maastricht in the Netherlands, and he was well over seven feet tall probably weighing over 500 pounds or more but not fat with large wooden shoes and wearing Dutch pantaloons while he was trying to sell 500 pound wheels of Gouda cheese at the Food Emporium here locally. What I noticed was that he had the same look as Prince Charles of England, but he was a much larger person. I suppose he would have equally large relatives back home. I heated and ate the other half of the fettuccini Florentine with the half of jar of Aunt Millie's traditional tomato sauce

which I put a few tablespoons of grated parmesan cheese on. I had it all with a glass of iced tea. I called four friends and a relative, but none were there. CIO

Note: <888> 03/21/04 Sunday 6:10 P.M.: Although recently the Scott family are known for having a member of their family in the weather business, the Scott family has been around since the earliest settlement of northern Europeans in the United States of America. From my reading one of the largest land owners in Colonial Virginia was a Scott. Also in the New York area, one of the first settlers in New Amsterdam was a Scott. There were two Scott families in the beginning of New Amsterdam, and they each had farms in Manhattan. One of them was sexton of the first Dutch Reform Church. Also, John Jay's mother was a Scott. Also another Scott discovered Long Island, and established the first settlement in South Hampton, Long Island. That Scott owned all of Long Island until 1700, when he moved to Jamaica. Also the Scott family name is mentioned in the earlier days in Nantucket and around Beaufort, South Carolina. I know the Marquis of Queensbury family name is Scott, so possibly the younger children of that family not being heirs because of primogeniture were given colonial land grants in the new world. Whatever the case, I have only read the literature here, I have not researched the information in other European archives such as the Lloyd's ship registry which might have more information. Also Windfield Scott was from the Virginia branch of the family, although he lived in New York when he moved the United States Military Academy to West Point, New York. CIO

Note: <888> 03/21/04 Sunday 5:25 P.M.: I went out after the last message. I drove down by the waterfront. I then went downtown, and I walked the entire length of Greenwich Avenue. I sat out at various locations. During my walk, I stopped by the ATM machine at Putnam Trust Bank of New York on Mason Street. I then stopped by CVS, and I bought a 24 roll bundle of Charmin toilet paper for \$4.99 plus .30 tax for \$5.29 total. I then completed my walk. I next went by the Greenwich Library, and I read P.C. World magazine. I then went by the Exxon gasoline station next to the Greenwich Library, and I bought \$5 of regular unleaded gasoline at \$1.999 a gallon for about 24 miles per gallon. I then went by the Stop and Shop, and I bought a 10 ounce bag of fresh spinach for \$1.50, broccoli crowns at \$1.99 a pound for \$2.55, a 10 ounce box of fresh mushrooms for \$1.99, 2 pounds of baby carrots for \$3.29, plum tomatoes at \$1.99 a pound for \$2.35 for \$11.68 total. I then returned home, and I put away my purchases. I drank a glass of iced tea. CIO

Note: <888> 03/21/04 Sunday 1:20 P.M.: I will now shut down the computer, and I will clean up. I then will go out for some fresh air. CIO

Note: <888> 03/21/04 Sunday 1:00 P.M.: I went through my email. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . This time instead of tuna fish, I used a tin of sardines that I chopped, and for the cheddar cheese portion, I used Stop and Shop Vermont extra sharp cheddar cheese. I had the salad with all of the other regular ingredients. I ate the salad with a glass of iced tea. I then made a 50% Folgers' instant and a 50% Folgers' decaffeinated instant coffee, which I am about to drink. CIO

Note: <888> 03/21/04 Sunday 10:55 A.M.: I watched television after the last message. I went to bed about 10 P.M., and I was up at about 6 A.M.. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I watched President Bush's campaign rally on Cspan from yesterday down in Orlando, Florida. I went back to bed. I just woke up. CIO

Note: <888> 03/20/04 Saturday 8:20 P.M.: I will now shut down the computer, and I will watch some television before going to bed. CIO

Note: <888> 03/20/04 Saturday 7:50 P.M.: I chatted with a relative. I took a 10 1/4 ounce can of Campbell's condensed tomato soup, and I added 2 ounces of Rene Junot white wine and six ounces of water and about 1/8 teaspoon of Italian spices, and I heated it in a microwave proof plastic pot in the microwave oven under reheat. I put about 20 large cut croutons in it, and I ate it with a glass of iced tea. I also ate a piece of apple pie. CIO

Note: <888> 03/20/04 Saturday 6:55 P.M.: [MSNBC - Former Dutch Queen Juliana dies at 94](#) and [BBC NEWS World Europe Beloved Dutch queen mother dies](#) . CIO

Note: <888> 03/20/04 Saturday 6:40 P.M.: I finished running Norton SpeedDisk on the C: drive on the Dell backup computer. I am now running Ad-aware 6.0. CIO

Note: <888> 03/20/04 Saturday 6:35 P.M.: I threw out some garbage, and I checked the mail. Since it is a bit damp out, and since I have work to keep me busy, I have just been working on the computer at home. CIO

Note: <888> 03/20/04 Saturday 6:10 P.M.: I completed the C: drive to D: drive backup on the Dell backup computer in three parts. I watched some television while doing it. I am now running Norton Speed Disk on the C: drive of the Dell backup computer. CIO

Note: <888> 03/20/04 Saturday 4:50 P.M.: I finished going through my email. I am doing a three part C: to D: drive backup on the Dell backup computer. CIO

Note: <888> 03/20/04 Saturday 4:25 P.M.: I rested for a while. I ate two bowls of Snyder's white corn chips along with some iced tea. I watched a bit of television. I ate a Nature's Valley strawberry yogurt granola bar. CIO

Note: <888> 03/20/04 Saturday 1:20 P.M.: I shut down the Dell backup computer. I will now put the primary computer on standby, and I will take a nap. CIO

Note: <888> 03/20/04 Saturday 1:00 P.M.: I am boiling up a 12 ounce box of San Georgio fettuccini Florentine for 13 minutes half of which I will have with half of a 26 ounce jar of reheated Aunt Millie's traditional tomato sauce along with grated parmesan cheese. I will put the remainder in the refrigerator. I will have it to eat with iced tea. On the Dell backup computer, the new Windows update site does not work. The new beta update is working fine. CIO

Note: <888> 03/20/04 Saturday 12:20 P.M.: Too much of the High Life Forbes.com: [Most Luxurious Places To Dry Out](#) . CIO

Note: <888> 03/20/04 Saturday 12:05 P.M.: I finished the beta install of Windows XP Service Pack 2 Release Candidate 2 on the Dell backup computer. I am in the process of going through my email. CIO

Note: <888> 03/20/04 Saturday 11:50 A.M.: Changing of the Guard <http://www.coursey.com/> and [ZDNet AnchorDesk: Good-bye, farewell, and amen](#) . CIO

Note: <888> 03/20/04 Saturday 11:25 A.M.: I have the Dell backup computer configured, and I am now installing Windows XP Service Pack 2 Release Candidate 2 on it. CIO

Note: <888> 03/20/04 Saturday 10:15 A.M.: I sent out my weekly notes. I uninstalled the earlier Windows XP SP2 beta on the Dell backup computer, and it restarted all right. I am now running Norton Win Doctor on it. I will check it programs to see if they run properly. I will also put www.starrynight.com on it. Once I get all the programs checked, and I know they are running all right, I will put the Windows XP Service Pack 2 Release Candidate 2 on it. CIO

End of Scott's Notes week of 03/20/04:

Note: <888> 03/20/04 Saturday 9:30 A.M.: I was up at 8 A.M.. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I burned the Windows XP Service Pack 2 Release Candidate 2 *.iso download to a CD. I tried installing it on the Dell backup computer, but I need to uninstall the earlier beta before I can install the newer one. If I uninstall the earlier beta, it will also uninstall all of the programs that I installed after the earlier beta installation. I will thus leave it as is for now. I put the beta CD in a CD envelope, and it is on the top right shelf of my CD shelf on the floor to the right of my primary computer chair. I will now send out my weekly notes. CIO

Note: <888> 03/19/04 Friday 8:05 P.M.: I chatted with a relative. I watched some television. I finished the Windows XP Service Pack 2 Release Candidate 2 *.iso download to the D: drive. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 03/19/04 Friday 5:55 P.M.: I threw out the garbage. I moved my car around to the regular parking place. It is a bit damp out, but most of the snow has melted. CIO

Note: <888> 03/19/04 Friday 5:25 P.M.: I am downloading slowly the Windows XP Service Pack 2 Release Candidate 2 which is a very slow to download. I turned on television, and there is more on television about Donald Trump. I guess because he has New York City tourist attractions he likes to advertise himself. It is sort of odd that there

are a lot of people whom are worth a lot more money whom drive around in old cars and old clothes, which we call "Old Money". Whatever, the case his advertising the Capitalist Entrepreneur spirit in the New York area seems to draw a lot of young entrepreneurs. Yesterday, I saw two skinny girls at the Greenwich Hospital Thrift shop whom did not look like they could lift a Webster's dictionary, and they were buying hundreds of books, I guess to open a bookshop or furnish their own library, so some how I guess they were able to transport all that weight despite their skinny appearance. I suppose with all the billionaires in the world today, the private security people are making money protecting them. I noticed one person around Christmas time that would make interesting private security. It was a young fellow at CVS on Greenwich Avenue whom was about 20 years old, and he had my look when I was that age a long time ago. However, he was about 7 feet 2 inches tall with about size 24 feet. More than likely he probably plays College Basketball or some other tall people activity. Still, when one is of average height, one should remember that there are substantially bigger people in this world, whom one does not see in this area that often. The biggest group of people I have even seen in my life was not at a Presidential Inaugural or a Winter Olympics, it was in Fort Lauderdale in October 1983, where I visited before moving back to Greenwich, Connecticut. There were five to ten thousand of them of white northern European appearance, with about a third of them elderly close to seven feet tall, and a third of them middle age between about six feet and seven feet tall, and a third of them were teenagers whom were mostly over six feet to six feet six inches tall. Thus if one were a mere six feet tall, one felt like a midget. I remember seeing a picture at the Bahia Mar of an American General that looked a bit like what I thought Omar Bradley looked like. I do not know if they were from there, off a cruise ship, or just visiting from elsewhere. At the same time there were millions of cars on the Florida highways and that was the time of the St. George's Granada invasion. Since during that time I drove a black Ford Mercury Cougar from Hertz rent a car and then when during the tropical storm the windshield wipers did not work, I traded it in for a gold Ford Mercury Cougar from Hertz, I call it the Army of the South or the Imperial Army or the Army of Black and Gold. Obviously, they still exist somewhere in this country or elsewhere in this world, so I would dare say, if anyone has ever seen them moving around as civilians in force, they are a formidable and numerous presence. I use to joke about Donald Trump that I had a friend in New York whom was J.P. Morgan's grandson, and he had lived with the Krump family in Germany, and he never seem to run out of money. I thus thought that maybe someone got the Trump money mixed up with the Krump money which would also be sizeable. CIO

Note: <888> 03/19/04 Friday 2:50 P.M.: I rested for a while. I ate a half of a 8.5 ounce box of triscuts with some iced tea. I watched a bit of television. CIO

Note: <888> 03/19/04 Friday 11:55 A.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . For the cheddar cheese portion, I used Stop and Shop Vermont extra sharp cheddar cheese. I had the salad with a glass of iced tea. I will now put the computer on standby, and I will take a nap. CIO

Note: <888> 03/19/04 Friday 10:40 A.M.: I updated my NASA directory. It is at www.geocities.com/mikelscott/nasa002.htm . I still have the old NASA directory at www.geocities.com/mikelscott/040.htm . I incorporated it into the downloadable file at www.geocities.com/mike2scott2003/scott008.zip. CIO

Note: <888> 03/19/04 Friday 9:55 A.M.: I was up at 5:30 A.M., and I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I did my house cleaning and watering the plants, and I just finished it all. I checked outside, and it looks like we had about six inches of light powdery snow, and it presently is not snowing. The driveway is cleared, and the building maintenance personnel are plowing the walks. I checked with the Greenwich Library, and they are opened today. My Columbia 2.4 megahertz cordless telephone by the primary computer was not working, but it now works, so maybe it was not put in the charging cradle properly. CIO

Note: <888> 03/18/04 Thursday 10:35 P.M.: I have a theory about established money versus Forbes or Capitalist type of money which is of more Western Hemisphere origin. It is possible that there are wealthier individuals in the world, but they do not track their wealth in terms of U.S. dollars. Possibly despite our propaganda, there still could be an Emperor of some country like India, China, or Russia whom does not have many U.S. dollars, but possibly has other valuable assets such as land with minerals or whatever. Thus since they exercise, so much control, they really live in a world where, they have had everything they needed for so long, they are more like self sufficient farmers versus modern capitalists on the move. Whatever, the case when one looks at the Forbes list, one mostly sees net worth in terms of corporate equity, and anyone whom has ever had to pay a mortgage knows that there seems to be another group out there that actually seems to own property in terms of real estate. Thus maybe one of the wealthiest people in the world might be some obscure land owner up in Canada or whatever. Forbes listing of wealth is tracked in terms of modern accounting, where possibly some properties have never changed hands for so many generations that there is really no way to assign a value to it, since it is basically in a permanent trust in perpetuity. The Forbes are well known in the United States of America, since they advertise wealth in a capitalist system, but they have been here for a little over a 100 years, and more than likely since they could not afford to stay in Europe, they came here to seek their fortune. Possibly in advertising wealth, they manage to intermarry with established families, but from what I know they are suppose to be a business publication as such, and for those people whom do not do business in their sphere of influence, they do not have much relevance. In other words, the truly long term historically wealthy people seem to manage to maintain their wealth since they control everything from soup to nuts if you get my drift. Thus it is pretty much the purview of their public relations personnel to control the content of what is printed locally in their jurisdictions. Thus when we turn on or read our media here, we are pretty much getting a story that someone is permitted to tell us, but it does not mean that it is the whole story or even a relevant story to our jurisdiction. Basically my viewpoint on the Microsoft activity on the internet is that they are a group of clever engineers whom grew up around Boeing, which we generally assume is adept at engineering, so maybe the Boeing aircraft company is using Microsoft and the internet for some sort of public relations. Having never been out in the Northwest, maybe they

are just tired of us sit at home types for always ignoring them all of these years, when they have traveled our way, so basically when they have traveled here so many times, since they obviously have that ability, they have over the years interreacted with all of the other groups whom have traveled here, while the content stay at home types here, never really seemed to noticed any change in reality other than prices seem to be getting more expensive, and television although it has better reception has less relevant content. It almost seems that the television is primarily trying to recruit people for the United States of America Military, when one has to face the fact in the New York City area, most people are involved in other professions. Thus I would advise, if one does not intend to join the military, one should read more, one should not watch so much television. Anyway, I am a bit tired, and not much seems to be happening locally. I guess with the higher prices for gasoline as they continue to rise since we had a colder winter, more people would prefer to use the energy to heat their homes versus looking at frigid real estate. I will now shut down the computer, and I will go to bed. CIO

Note: <888> 03/18/04 Thursday 9:40 P.M.: Having been a long time watcher of Microsoft, I just noticed that Mike Maples is no longer with the company, and he is living in quiet retirement in Austin, Texas, and apparently, he is not that rich anymore, since he is no longer on the Forbes list of 400 richest Americans. I once recall seeing him there with a net worth of about 1.2 Billion dollars, so I guess he was not able to keep up with inflation. Well, I guess other Microsoft personnel could learn that when the money runs out, your piece of plastic credit card is not worth very much. Whatever, the case, I suppose Microsoft has so many people trying to curry favor with it, it much be seeing an interesting cross section of the world. I suppose, when push comes to shove, computer people tend not to look like movie stars, but some of them seem to afford trophy wives or partners, so they frequently are ignored in the general public when ever people see the other half. Such is life. CIO

Note: <888> 03/18/04 Thursday 9:05 P.M.: After the few inches of snow tomorrow morning, we might have some warmer weather coming our way. It is currently 52 degrees Fahrenheit in Sun Valley, Idaho weather.com - Local Weather Page Sun Valley, Idaho . CIO

Note: <888> 03/18/04 Thursday 7:55 P.M.: I heated and ate a 18 ounce can of Progresso mushroom soup, which I had with a glass of iced tea. CIO

Note: <888> 03/18/04 Thursday 6:50 P.M.: I went out after the last message, and I arrived early for my 3 P.M. appointment. Before my 3 P.M. appointment, I chatted with a local sailor. After my appointment, I drove down by the waterfront, and I chatted with a couple of regular waterfront observers. A truck from the United States of America Fish and Wildlife Service also showed up there too. I next went by the Greenwich Library, and I read the Greenwich Times. I told a couple of the reference librarians at the Greenwich Library, about my updated Volcano list www.geocities.com/mikelscott/volcanoe02.htm . I then returned home, and I chatted with a couple of neighbors. I drank some iced tea, and I ate five saltines with 1/4 inch thick slices of Stop and Shop Vermont extra sharp cheddar cheese on them. CIO

Note: <888> 03/18/04 Thursday 1:55 P.M.: I chatted with a relative. I microwaved a 17 ounce Boston Market home-style chicken and noodles dinner, which I ate with a glass of iced tea. I then ate a piece of apple pie. I have a 3 P.M. appointment, so I guess I will go out again shortly. CIO

Note: <888> 03/18/04 Thursday 12:45 P.M.: I went out after the last message, and I went by the Greenwich Hospital Thrift shop spring opening. There were about 25 people there waiting for them to open at 8:30 A.M.. Lots of used clothes dealers were buying loads of used women's clothing. The merchandise was going fast. I then went downtown, and I cleaned off the snow from the two benches at the Veterans monument across from the senior center, the four benches at the Post Office plaza, the three benches at the senior center, the bench across from Starbucks, and the two near benches in the Greenwich Common. I have frequently cleaned off the benches in the center of town when it snows over the years, but I usually do it at night when not many people see me. I sit on so many of those benches, that I enjoy it when they're dry. I then walked down Greenwich Avenue, and I stopped by Blimpie, and I bought two cheese and egg croissant sandwiches for \$1.05 each for \$2.10 total. They have the cheaper price for take out. I ate them at the train station. I then walked up Greenwich Avenue, and I stopped by the Merry Go Round Mews thrift shop. Everything is half price, and for clothing, it is \$20 a bag. I then walked up to the top of Greenwich Avenue, and I stopped by the 70% off rack at the Greenwich Hardware store, and I stopped by CVS. There was a bus load of Japanese tourists walking around downtown. I then completed my walk, and I sat out at one of the cleared off benches. I then returned home. I chatted with a relative. CIO

Note: <888> 03/18/04 Thursday 7:20 A.M.: I will now shut down the computer, and I will clean up, and I will go out. CIO

Note: <888> 03/18/04 Thursday 7:15 A.M.: [Yahoo! News - 100-Foot Asteroid to Make Closest Pass](#) . CIO

Note: <888> 03/18/04 Thursday 7:00 A.M.: I was up at 2 A.M., and I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I then went back to bed until 6:15 A.M.. I chatted with a friend. If one is visiting this area, <http://www.extendedstay.com/> in Elmsford, New York has rooms for about \$600 a week, of course the weekly rate in Champaign Urbana, Illinois is only \$290 plus tax. It snowed a couple of inches last night, and the roads are suppose to be slippery. The Greenwich Hospital Thrift shop is suppose to have their spring preview opening this morning at 8:30 A.M..

Note: <888> 03/17/04 Wednesday 4:50 P.M.: I ate a piece of apple pie with a glass of iced tea. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 03/17/04 Wednesday 4:15 P.M.: I made up a volcano email list. I sent out an announcement about the new volcano directory. I copied the new directory to the local hard drive on my five backup computers. CIO

Note: <888> 03/17/04 Wednesday 1:55 P.M.: I created a new Volcano directory page with the current working links www.geocities.com/mikelscott/volcanoe02.htm . Most of the links should work. I also posted it in the downloadable directory www.geocities.com/mike2scott2003/scott008.zip . CIO

Note: <888> 03/17/04 Wednesday 1:15 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I used a 4.25 ounce can of flaked pink crab meat instead of tuna fish. For the cheddar cheese portion, I used Stop and Shop Vermont extra sharp cheddar cheese. I used all of the other regular ingredients. I had the salad with a glass of iced tea. CIO

Note: <888> 03/17/04 Wednesday 11:55 A.M.: I went out after the last message. I went by the Greenwich Hospital Thrift shop, however they cancelled their opening today. They will have their spring opening tomorrow. I then went downtown. Since we had about five inches of snow, and since I like sitting out downtown, and since no one else seems to do it, I took the snow brush from my car, and I cleaned off the snow from the two benches at the veterans monument across from the senior center, from the three benches at the senior center, from the four benches at the post office plaza, and from the bench across from Starbucks. Thus there are plenty of clean benches for one to sit on outside to enjoy the winter weather. I then walked the entire length of Greenwich Avenue. The bench at the top of Greenwich Avenue is still covered with snow as are the benches across from CVS. I sat out for a while in the center of town. I used the bathroom at the senior and arts center. I then drove down by the waterfront. I then went by Putnam Trust Bank of New York on Mason Street. I next went by the Greenwich Library. I read the Reserved Desk February 2004 copy of National Geographic with the article on Greenwich. I cleaned off the snow from the two benches at the Greenwich Library too. I then went by the Arnold Bread outlet, and I bought two 5.5 ounce boxes of Arnold large cut garlic and herb croutons for .99 each, a fresh loaf of Arnold oat grain bread for \$1.98, a Entenmann's apple pie for \$1.89 less 10% senior discount of .49 for \$4.37 total. I then went by Smoke for Less in Byram, and I bought a carton of Seneca Ultra Lights 100s for \$31 total. I then returned home, and I drank some iced tea. We supposedly might have more snow during the next couple of days. CIO

Note: <888> 03/17/04 Wednesday 7:15 A.M.: I heated and ate a 18.8 ounce can of Campbell's New England clam chowder, which I had with about 20 large cut croutons. I had the soup with a glass of iced tea. I will now shut down the computer, and I will clean up, and I will go out. I will get to the Greenwich Hospital Thrift shop earlier, so I can find a parking place. CIO

Note: <888> 03/17/04 Wednesday 6:55 A.M.: If one can not afford money at a thrift shop, try www.freecycle.org . One man or woman's trash, is another person's treasure. CIO

Note: <888> 03/17/04 Wednesday 6:35 A.M.: I am in the process of going through my email. I chatted with a friend. The Greenwich Hospital Thrift shop is suppose to have their spring opening at 8:30 A.M. this morning. CIO

Note: <888> 03/17/04 Wednesday 4:30 A.M.: I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I watched some television. I put away the laundry. CIO

Note: <888> 03/17/04 Wednesday 2:50 A.M.: I tried to sleep yesterday, but I did not fall asleep until 4 P.M.. I ate the last piece of apple pie and a third of the 10 ounce can of smoked almonds. I woke up at 2 A.M. today. I started two loads of laundry, and I am just about ready to start the dry cycle. I put clean linens on the bed in the bedroom. There seems to have been about five inches of snow. CIO

Note: <888> 03/16/04 Tuesday 11:45 A.M.: I threw out some garbage. I checked the mail. I chatted with a relative. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 03/16/04 Tuesday 11:00 A.M.: I ate one fourth of a 10 ounce can of smoked almonds. When my guest was here earlier this morning, I gave the guest a tin of tangerine Altoids. The guest took the Altoids, but left the tin. I just made my homemade onion soup www.geocities.com/mikelscott/onionsoup.htm . I had the soup with a glass of iced tea. CIO

Note: <888> 03/16/04 Tuesday 9:35 A.M.: I went out after the last message. I walked the entire length of Greenwich Avenue. I sat out at various locations. I used the bathroom at the senior center. The Committee on Aging was holding a meeting with Connecticut State Representative William Nickerson whom I think is the minority whip in the Connecticut senate. I advised the senior center representative that it was suppose to start snowing at 10 A.M. all day with five to seven inches of snow. I next drove down by the waterfront. I then stopped by the Greenwich Library, and I chatted with a Greenwich Library employee. I just now returned home, and I drank some iced tea. CIO

Note: <888> 03/16/04 Tuesday 6:00 A.M.: I reheated the tomato sauce and noodles from yesterday, and I put a few tablespoons of grated parmesan cheese on the mixture, and I ate it all with iced tea. I will now shut down the computer, and I will clean up, and I will go out for some fresh air. CIO

Note: <888> 03/16/04 Tuesday 5:15 A.M.: The NOAA weather radio went off this past afternoon at about 3 P.M.. I was up again at 5:30 P.M., when the building alarm went off, and I checked it, and it was a false alarm. I then had a telephone call from a friend about 11 P.M.. The friend told me he would come out to visit this morning. I made breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. My friend arrived at about midnight. We chatted for a while. My friend did some work on the internet. I printed out my friend's book www.johnsbolton.net with Microsoft Word 2003 with page numbering, it came to 119 pages in a different font. I bound it an Oxford Clip binder, and my friend put a stickly label on it. My friend browsed some web sites. We chatted some more. My friend just left about 5 A.M.. It is

suppose to start snowing here this morning at 10 A.M. until this evening with a accumulation of 5 to 7 inches of snow. CIO

Note: <888> 03/15/04 Monday 2:30 P.M.: I read some news. I went outside, and I threw out some garbage. I am a bit tired, so I will shut down the computer, and I will go to bed soon. CIO

Note: <888> 03/15/04 Monday 1:50 P.M.: I went out after the last message. I went by Putnam Trust Bank of New York on Mason Street. I then drove down by the waterfront. I next returned to the central Greenwich area. I walked the entire length of Greenwich Avenue. I sat out at various locations. During my walk, I stopped by CVS, and I bought 10 fourteen ounce cans of Swanson's chicken broth for two for .99 for \$4.95 total. I then completed my walk. I sat out for a while. It looks like some of the bulbs are beginning to come out in the flower bed around the veterans monument across from the senior center. I suppose their blooms will possibly be out in two to three weeks. It is currently 55 degrees Fahrenheit, so it has warmed up a bit. I next went by the Greenwich Library, and I read P.C. Magazine. I then went by Smoke for Less in Byram, and I bought a carton of Seneca Ultra Lights 100s for \$31 total. I then returned home. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I used a tin of sardines that I chopped instead of tuna fish. For the cheddar cheese portion, I used Stop and Shop Vermont extra sharp cheddar cheese. I used all of the other regular ingredients in the salad. I had the salad with iced tea. CIO

Note: <888> 03/15/04 Monday 7:50 A.M.: I worked a bit on my email. I will now shut down the computer, and I will clean up, and I will go out. CIO

Note: <888> 03/15/04 Monday 7:25 A.M.: I am about to boil a 12 ounce box of Ronzoni roasted garlic fettuccini for 10 minutes. I will have of it with half of a reheated 26 ounce jar of Francesca Rinaldi tomato garlic and onion sauce which I will reheat in a microwave proof container in the microwave. I will refrigerate in a Rubbermaid container the remaining half of the garlic fettuccini and the remaining half of the jar of tomato sauce. I will have the fettuccini and tomato sauce with a few tablespoons of grated parmesan cheese along with a glass of iced tea. I put the new batch of iced tea in the refrigerator. CIO

Note: <888> 03/15/04 Monday 6:25 A.M.: The Kensington Wireless mouse was acting a bit buggy, so I uninstalled and reinstalled the Microsoft Intellipoint 5.0 drivers that I use with it. I cleaned its rollers, and I finally think I was able to fix it by installing new Energizer AAA batteries. One has to make sure that its contact wires makes contacts with the batteries, since I have put small pieces of paper behind the terminal wires to push them out a bit, so they make contact. It seems to be working fine now. CIO

Note: <888> 03/15/04 Monday 5:35 A.M.: I ran Ad-ware 6.0, Spybot, and Norton Win Doctor. I am making up a fresh batch of www.geocities.com/mikelscott/icetea.htm . I am using one each of the five different types of Twinings tea five variety pack, five Salada green tea, and 10 Salada orange pekoe tea bags. I am not using sugar. CIO

Note: <888> 03/15/04 Monday 4:20 A.M.: For some odd reason, all my startup programs were not starting, so I did a System Restore from yesterday's backup. The system is working fine now. CIO

Note: <888> 03/15/04 Monday 3:45 A.M.: I ate a piece of apple pie before going to bed after the last message. I was up at 11 P.M.. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went back to bed until just now. I will now do some regular computer work. CIO

Note: <888> 03/14/04 Sunday 11:10 A.M.: I went downtown after the last message. I walked lower Greenwich Avenue, and I stopped by the Blimpie sandwich and coffee shop, and I bought a egg and cheese croissant sandwich for \$1.05. I then ate it at the train station. I next walked up to the top of Greenwich Avenue. I then stopped by CVS, and I bought buy one get one free of four roll packs of Quilted Northern double roll toilet tissue for \$2.99 both four packs plus .18 tax for \$3.17 total. I then started walking down Greenwich Avenue. I met up with another local walker, we walked back up Greenwich Avenue, and then we walked east as far as the Christ Church parking lot on East Putnam Avenue. We then walked back and down Greenwich Avenue, and we parted company at the senior and arts center. The town of Greenwich Parks and Recreation department are setting up for the St. Patrick's Day parade. There will be no parking allowed on Greenwich Avenue from 11 A.M. to 5 P.M.. I guess the St. Patrick's Day parade is some time after noon. www.greenwichtime.com should have more details. Today's St. Patrick's Day parade in Greenwich, Connecticut is suppose to start at 2 P.M., so one should get there a bit earlier. There is extra parking on the side streets of Greenwich and at the town hall as well as the train station area. I next drove down by the waterfront. I just now returned home, and I drank some iced tea. I will now shut down the computer, and I will go to bed shortly. CIO

Note: <888> 03/14/04 Sunday 7:00 A.M.: I will now put the computer on standby, and I will dress warmly, and I will go back out to enjoy the cool fresh morning air. CIO

Note: <888> 03/14/04 Sunday 6:50 A.M.: I tried watching television, but at this time of day, it is nothing but infomercials. I found this web site in case there are any Dutch people whom need information <http://www.netherlands-embassy.org/> in the United States of America. I also think K.L.M. still has offices over in White Plains, New York www.klm.com , but now they merged with Northwest Airlines, for all I know they have offices in Alaska. I have never flown K.L.M. that I can recall, although I am mostly Dutch. The Dutch spend so much time catering to other people, they frequently forget about their own people, whom are left wandering when the tulips will come up. Locally, I suppose they might be up earlier this year around the second to third week of April. If one needs to buy tulips next fall to plant for the coming spring, one can always trying buying them from Holland, Michigan <http://www.tuliptime.com/> which has their own tulip festival. The couple in the picture have that familiar Dutch look. To buy bulbs from Holland, Michigan try <http://www.dutchbulbs.com/> . Locally here in Greenwich, I spend a lot of time keeping an eye out on one of our local tulip patches. I suppose, if I were more enterprising, I would go into Manhattan to the wholesale flower market and

buy fresh cut flowers from the Netherlands, and try to peddle them on Greenwich Avenue, but I am usually on a night schedule like the New Amsterdam Night Watch, so I do not think I would want to fight all the traffic coming out from New Amsterdam in the morning to peddle tulips. I suppose, the Dutch have forgotten about New Amsterdam, and they are now exploring the rest of the world. However, since the Dutch have been around New Amsterdam for close to 400 years, they might have some businesses they have forgotten about. Well, whatever the case, I will continue to keep an eye out for Dutch people, however whenever they see me since I have that familiar Dutch look, they tend to take me for granite like the tulips. Maybe we should think about building a windmill in one of the parks downtown. Of course today, the Irish will be strutting their stuff, so I guess the Dutch could make money selling green carnations. I suppose the local gardeners, are so busy tending their gardens and getting ready for spring, they do not have much time for the internet and communications. Still, there is probably a world of gardening information on the internet along with all of the other information. I suppose if any important Dutch people show up, we will not notice them because of all the big Dutch dragoons that accompany them. I saw one such fellow recently in the Greenwich Library, and he looked like one of those big turkey farmers, one sees near Holland, Michigan. Thus when one sees people whom are quite rotund, possibly the Dutch are around, so remember to watch out for smaller Dutch people too. For more information on visiting the 75th anniversary of Tulip Time, try <http://www.holland.org/>. If the Dutch frequently do not seem to be with it, it is because they are historically tradition bound and tied to the soil, so the more modern approaches to life in this more urban environment, frequently overwhelm them. I was tipped off that the Dutch might be around last Thursday afternoon, when I found a discarded Heineken <http://www.heineken.com/> beer can down by the waterfront on Steamboat Road. Well, I will keep a keen eye out for Dutch people. I have only been up since 9 P.M., so technically, I could go out some more in this cold <http://www.weather.com/weather/local/06830?lsw=06830&lwsa=WeatherLocalUndeclared> 21 degree Fahrenheit weather that feels like 17 degrees Fahrenheit. Basically, it feels pretty much like Amsterdam here with the cold damp north sea air, it feels like one were sitting in a bath tub full of ice cubes. CIO

Note: <888> 03/14/04 Sunday 4:55 A.M.: I ate nine saltines with slices of Vermont extra sharp cheddar cheese on them along with some iced tea. CIO

Note: <888> 03/14/04 Sunday 4:25 A.M.: I finished going through my email. CIO

Note: <888> 03/14/04 Sunday 4:05 A.M.: I am in the process of going through my email. I ate a piece of apple pie with some iced tea. CIO

Note: <888> 03/14/04 Sunday 3:05 A.M.: Locally if one did not feel comfortable in the plush hotels and inns of Greenwich, Connecticut www.geocities.com/mikelscott/greenw.htm, there are quite a few hotels in the Westchester County, New York. Besides all of the deluxe hotels in White Plains, New York, if one is looking for a Spanish ambience, the Marriott Courtyard in Rye, New York on the Port Chester, New York border [Courtyard Rye -- Rye, NY USA ; Hotel Rates and](#)

Reservation Information Available at Marriott.com might have what one is looking for. Also nearby the Rye Town Hilton Hilton Rye Town might have some hospitality. Here in Greenwich, Connecticut we have the pricey Delamar <http://www.thedelamar.com/> , the Hyatt Hotel in Old Greenwich <http://greenwich.hyatt.com/property/index.jhtml> , the reasonable Howard Johnson's Howard Johnson Motel, Riverside, Connecticut Property Information, along with the Homestead Inn The Homestead Inn Greenwich Connecticut - Discount Hotels Search , The Stanton House Inn The Stanton House Inn Bed and Breakfast, Greenwich, Connecticut on 1st Traveler's Choice Travel and Lodging Directory of Bed and Breakfast, Country Inns, and Small Hotel. , the Harbor House Inn in Old Greenwich Harbor House Inn Bed and Breakfast, Old Greenwich, Connecticut on 1st Traveler's Choice Travel and Lodging Directory of Bed and Breakfast, Country Inns, and Small Hotel. , and for visitors whom know members of the Greenwich Country Club Greenwich Country Club - Greenwich, CT - Golfable Golf Courses Directory , they have private rooms reserved for members and their guests. Alas, most people whom can afford to belong to the Greenwich Country Club, more than likely would be down south playing golf elsewhere this time of year, so don't expect your club member friends to be here at this time. I suppose, one could also sleep in their car at the North or South bound Darien, Connecticut rest area on Interstate I-95. We also have a homeless shelter in Stamford, Connecticut which is probably busy this time of year. If one were changing planes, I suppose one could sit up all night at the local Westchester Country Airport Westchester County Airport . There also are a lot of hotel and motels in Stamford, Connecticut and the other nearby areas including the Stamford, Connecticut Y.M.C.A. Stamford Ct. YMCA Hotel . Also with New York City about 25 miles west of us, there are more than likely places to stay there and the surrounding area. Since this area this time of year has fewer visitors, there more than likely are competitive rates if one shops around. However, locally here in Greenwich, Connecticut the real estate tends to be quite expensive, so people tend to be more private, and they tend not to offer hospitality to people off the street, since they worry about security. Most of my friends locally seem to have their own homes, so I never really have many guests, and the Greenwich Housing Authority limits guest's stays to three days. I guess they believe in that old saying "Fish and House Guests Stink after Three Days". New York City is not much friendlier. When I came off Nantucket more than 20 years ago, I walked around Toronto, Canada and New York City for about a month, and no one offered me hospitality, so I eventually got tired of walking, and I returned to Greenwich, Connecticut which is where I consider myself to be at home. CIO

Note: <888> 03/14/04 Sunday 2:20 A.M.: I went out after the last message. I went by the Exxon gasoline station next to the Greenwich Library, and I bought \$4 of regular unleaded gasoline at \$1.999 a gallon for about 25 miles per gallon usage. I then went downtown, and I walked the entire length of Greenwich Avenue. I sat out at various locations. I also walked around the train station area, which when the train station is closed means walking west on Railroad Avenue until the crosswalk in front of the train station and then walking back to Greenwich Avenue. I then drove down by the waterfront. On the way down to the waterfront, I drove around the lower parking level of the train station south side parking area and around the east bound ramp for the train station boarding area. I then returned home. I then made and ate my usual salad. For the

cheddar cheese portion, I used Stop and Shop Vermont extra sharp cheddar cheese. I used all of the other regular ingredients. I had the salad with iced tea. I watched a program on the Fox channel about the Border Patrol Activity in the United States of America. Back here on the Rio Byram, I noticed the other day when I went over to Port Chester, New York which has a large Hispanic population that next to Costco on the property cleared around it, they have put up the steel frame for another large building. I am not sure what will be located there. However, the steel frame is as large as Costco. There is quite a bit of other cleared property in that area, so they will probably be pursuing other construction in that area too. The long time residents of Port Chester, New York that I have talked to, do not like all of the new construction, but I have seen quite a lot of Greenwich, Connecticut people over the years shopping in the downtown Port Chester, New York area along with Costco, Home Depot, and the stores at the A&P shopping plaza, since Greenwich does not offer similar stores at lower prices. I would imagine quite a lot of people from Rye, New York also shop at the same stores, since Rye, New York does not have a very large commercial district. I will now do some regular computer work. CIO

Note: <888> 03/13/04 Saturday 9:30 P.M.: I was up at 7 A.M., and I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, and supplements. I went back to bed. I chatted with a relative around noon. I was awake at 6 P.M., and I heated and ate a 16 ounce Boston Market boneless chicken filet dinner, which I had with iced tea. I went back to bed until 8:30 P.M.. I chatted with a friend. The friend wants me to link his web page from my homepage, so I did. It is [DIVERSITY The Anti-Merit People by John S. Bolton](#). I drank a cup of coffee. At the moment, it is a clear starry night, so one can use [www.starrynight.com](#) to star gaze. I will now shut down the computer, and I will clean up, and I will go out. CIO

Note: <888> 03/13/04 Saturday 1:35 A.M.: I will now shut down the computer, and I will go to bed. CIO

Note: <888> 03/13/04 Saturday 1:15 A.M.: I went through my email. CIO

Note: <888> 03/13/04 Saturday 12:55 A.M.: I am in the process of going through my email. I finished off eating about a third of a 12.5 ounce bag of Snyder's low fat tortilla chips along with some iced tea. CIO

End of Scott's Notes week of 03/12/04:

Note: <888> 03/12/04 Friday 10:00 P.M.: I will now send out my weekly notes. CIO

Note: <888> 03/12/04 Friday 9:45 P.M.: I chatted with a relative. Studying the reports on the terrorist attacks in Madrid, when they mentioned the terrorist group said the next attack is 90% complete in planning, it would seem to indicate that the next attack involves more complicated methods, since they quantified it with the 90% complete message. Since the United States of America and Madrid, Spain have already been the targets of terrorist attacks, it might seem logical the next attack might be London,

England, since they are also allied in the war with Iraq. Also the fact that it happened 2.5 years after "911" on the 11th day, would mean that they might be using some sort of reference guide for planning their attacks. I am not an expert on astrology, but I know a great many middle eastern people follow astrology closely, so perhaps some astrologer is coordinating the terrorist attack dates with astrological charts. It is hard to tell, but I suppose we will all have to continue to be vigilant. Since the terrorists seem to try to attack in the center of cities, perhaps they are planning a dirty bomb or some other similar device in London, England. However, since there are large numbers of middle eastern and other international groups in London, it might not make sense, but that was much the same case with the World Trade Center. Since there are over a billion people that follow various varieties of the Muslim religion and its branches, they obviously have quite a few people whom are cooperating with them in various aspects of their planning and their subterfuge. Since the international community is important to international trade, it would seem that those individuals whom cooperate with the terrorists are risking their assets which could be seized if they are found cooperating with the terrorists. Thus we will have to wait and see what happens next with this shadowy group of figures that continue to cause disruption in the world. CIO

Note: <888> 03/12/04 Friday 8:45 P.M.: Well, I finished my coffee. I watched a bit of television. Well, there is not much happening here at the Rio Byram. I could go out, but I think I will just have a quiet night at home working on the computer. CIO

Note: <888> 03/12/04 Friday 7:55 P.M.: I was awake at 7 P.M.. I heated and ate a 18.8 ounce can of Campbell's New England clam chowder along with a glass of iced tea. I then ate a piece of apple pie. I am just about ready to drink a cup of coffee. CIO

Note: <888> 03/12/04 Friday 1:35 P.M.: I made up a fresh batch of homemade hummus www.geocities.com/mikelscott/hummus.htm . For the garlic portion, I used one large and one medium clove of elephant garlic. For the olive portion, I used two 4.25 ounce cans of California black crushed olives. I used all of the other regular ingredients. I then made and ate my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I used a tin King Oscar sardines from Norway. For the cheddar cheese portion, I used Stop and Shop Vermont extra sharp cheddar cheese. I used all of the other regular ingredients. I had the salad with iced tea. I will now check my mail. I will put the computer on standby, and I will take a nap. CIO

Note: <888> 03/12/04 Friday 11:40 A.M.: I was up at 6:30 A.M., and I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I did my house cleaning and watering the plants. I took the two DeLonghi oil filled radiators out of the living room sofa area, and I put them on the far side of the bedroom. Since I do not think it will be extremely cold anymore, and since they are expensive to use, I do not think I will need them anymore this winter. I threw out my garbage. While doing my house cleaning, I listened to the second Ronald Reagan tape "Dutch" with my Emerson wireless rechargeable headphones playing the stereo tape deck through the stereo system. I am now recharging the AAA Radio Shack rechargeable batteries, and

they should be fully charged at 5:30 P.M.. I also have the fully charged second pair of batteries in the Emerson wireless headphones. CIO

Note: <888> 03/11/04 Thursday 11:05 P.M.: I read some news. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 03/11/04 Thursday 10:25 P.M.: I relaxed a bit. I ate a piece of apple pie. CIO

Note: <888> 03/11/04 Thursday 8:50 P.M.: I went back to bed. I was up at 1 P.M.. I ate a 18.8 ounce can of Campbell's New England clam chowder, which I had with a glass of iced tea. I then cleaned up, and I made my 3 P.M. appointment. I next went by the Greenwich Hospital Thrift shop. They do not have much left, but what is left is \$10 a brown grocery bag and half price for other items that do not fit into a bag. They are going to have their spring review opening on Wednesday March 17, 2004. I then went down by the waterfront, and I chatted with some local waterfront observers. I then went downtown, and I walked lower Greenwich Avenue. I then walked up Greenwich Avenue, as far as the ATM machine at Putnam Trust Bank of New York, and I used it for a withdrawal. I did not complete my walk, because I felt the call of nature, and I used the bathroom at the Senior and Arts center. I then went by the Greenwich Library, and the Greenwich Time was not available. I read Popular Mechanics, and they had an interesting article on the Queen Mary II and another article about salvaging the sunken 700 foot auto transport with 7000 luxury automobiles out of the Scottish, Welsh, English, Danish, German, Dutch, Belgium, and French channel. I guess one should beware of low mileage luxury cars in the Netherlands at unheard of low prices with a slightly fishy odor. As I recall they were SAABs, Volvos, and Audis. I next went by the Stop and Shop, and I bought a 16 ounce Boston Market Swedish meatballs dinner for \$2.99, and a 16 ounce Boston Market fried chicken filet dinner for \$2.99, a Entenmanns apple pie for \$2.50, a 10 ounce box of fresh mushrooms for \$1.99, broccoli crowns at \$1.99 a pound for .78, 10 ounces of fresh spinach for \$1.50, a 16 ounce bag of baby carrots for \$1.50, and plum tomatoes at \$1.99 a pound for \$3.34 for \$17.59 total. I then returned home, and I put away my purchases. I microwaved a 16 ounce Boston Market Swedish meatballs dinner, which I ate with a glass of iced tea. CIO

Note: <888> 03/11/04 Thursday 10:25 A.M.: I have not made it to the pier on Steamboat Road today [Address Imagery View Steamboat Road Pier, Greenwich, Connecticut 06830](#) . Since when I first returned to Greenwich, Connecticut over 20 years ago after living out on Nantucket, after about six months, I lived at 700 Steamboat Road for four and a half years. Since I moved away to Byram over 15 years ago, I have still driven down there most every day to enjoy the view of Long Island sound and to do a bit of nautical bird watching. During the colder months, it is not too busy down there, but in the summer months, it can be quite busy and hard to find a parking place. Thus, although I do not live there anymore, I have kept an eye on the area. However, Royal Bank of Scotland Greenwich Capital <http://www.gcm.com/> is in residence at 600 Steamboat Road, so more than likely there might be some financial expertise there, that I have not managed to accumulate while I have been bird watching. Since they seem to afford such

pricey real estate, they must be a fairly profitable operation and since they are owned by the Royal Bank of Scotland <http://www.rbs.co.uk/> which is the oldest company in the Americas, they are more than a small business operation. Just like "VOC" is the oldest company in the world, and it is a Netherlands company. Whether any of these old colonial companies have managed to retain assets and remain profitable is subject to debate. I suppose it is the administrative oversight of their home base operations that know the real story. Thus from a certain technical point, we are still a colonial enterprise, but other than knowing that RBS is 10% owned by the largest bank in Spain, I am not sure whom the other owners might be. I suppose, it could be someone like Scrooge McDuck sitting up at his bank in Scotland. However, since the Scottish are a thrifty group, they will have to be on the lookout for lavish spending Irishmen at this Sunday's St. Patrick's Day parade on Greenwich Avenue. Of course in Scotland, Robert Burns' birthday is a similar holiday, if one happens to remember it. I gave up drinking Scotch whisky when I was about 15 years old, when I drank a 50 year old bottle of Scotch that did not really agree with me, but I occasionally tried a little bourbon while I was in college, and I switched to wine when I lived in Europe, which when I returned to America during the economic recession of the early 1970s I drank mostly coffee and an occasional Perrier. When I first came off Nantucket, I met someone whom was a doctor that worked for one of the many Rockefeller groups, and his job was to try to prevent people at the United Nations from drinking so much alcohol. I recall the doctor drank Perrier with a few dashes of Angostura bitters and smoked Benson and Hedges 100 ultra light cigarettes. Thus since more than likely he would have a sober viewpoint of New York City all of these years, it would seem to me that the same doctor would probably know more. CIO

Note: <888> 03/11/04 Thursday 8:30 A.M.: I woke back up at 7:30 A.M., and I ate two bowls of corn chips, I drank some iced tea. I then drank a cup of coffee. I have a 3 P.M. appointment today. CIO

Note: <888> 03/11/04 Thursday 3:30 A.M.: I watched a bit of television. I will now put the computer on standby, and I will take a nap. CIO

Note: <888> 03/11/04 Thursday 2:30 A.M.: I went through my email. CIO

Note: <888> 03/11/04 Thursday 1:55 A.M.: I downloaded and installed [Microsoft Office Assistance: Using the Microsoft Outlook Personal Folders Backup tool](#) . CIO

Note: <888> 03/11/04 Thursday 1:45 A.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I used a 4.25 ounce can of pink crab instead of tuna fish. For the cheddar cheese portion, I used 1/3 Wisconsin white cheddar and 2/3 Stop and Shop Vermont extra sharp cheddar cheese. I used all of the other regular ingredients. I had the salad with a glass of iced tea. CIO

Note: <888> 03/11/04 Thursday 12:35 A.M.: At the moment, I pay about \$52 a month for the Cablevision Family package, I also pay about \$46 a month for my Optimum Online cable modem service. Their business solution which I think would permit one to

run a server is available for \$60 a month with cablevision <http://www.lightpath.net/solutions/internet/business/pricepage.html> , so for about \$15 a month more if one were a not-for-profit, one could have unlocked IP addresses, so one could one a server. However, I am not sure what their qualifications are for not for profit. Also having run a server before besides the hardware and software expenses, there is also the time and effort to provide content, which most people would probably ignore anyway, since most people are attuned to professional content and are not keen on home movies. Still, it is an option and not to much of a significant price increase. Also a server could be run on an older computer, since it would not need all of the advanced features of a newer computer. However, one would also have to run it and maintain it, but one would be able to have logs to know about one's user base, and one could try Microsoft's or Apache's or Real's server software and other content creation software. I suppose if one were a musician or amateur video film maker, one could also provide content, but once one became involved in the activity, there would be additional costs that more than likely along with the time, one would suddenly find it is a little bit more expensive than the additional \$15 a month, but it still would be part of a learning experience, if one were willing to create content. Of course, if one were selling a product or service, one would not be not for profit, and one would have to pay the higher rate.

CIO

Note: <888> 03/10/04 Wednesday 11:55 P.M.: Windows XP Professional full install can be obtained for \$154 down from the regular \$300, when one orders it with a hardware system from [Accessmicro Computers Motherboards and Laptops Windows XP Full Install for \\$154 when ordered with computer system from www.accessmicro.com](http://www.accessmicro.com) .

CIO

Note: <888> 03/10/04 Wednesday 11:40 P.M.: My stock market index www.geocities.com/mikelscott/scopor01.zip which works with the portfolio in <http://moneycentral.msn.com/investor/home.asp> was down 1.53%, so I guess the stock market is going through a period of readjustment. My index is not meant to out perform or under perform the market, it is simply meant to track the market. CIO

Note: <888> 03/10/04 Wednesday 11:00 P.M.: I put a three plug adaptor in the HP LaserJet control panel plug, so both the HP LaserJet IID and HP LaserJet 6 P turn on when one turns on the HP Laser switch on the lower control panel. I suppose my apartment is getting a bit cramped with all of the electronics and other items, but since all my computer activity is not for profit, I can not afford to expand to a larger environment. Still, it is comfortable and workable for me. I suppose, I have reached the point, where if anything new comes into the apartment something else will have to go out. However, having paid money for what I potentially might give back to a thrift shop, I am somewhat hesitant at disinvesting my investments. I once met someone from Denmark whom had graduated from Columbia business school, and in his apartment, all he had in his living room was a chrome and glass table with a laptop and a chrome lamp and chrome and leather chair on a white rug, so I guess there is also the Spartan school of office design.

CIO

Note: <888> 03/10/04 Wednesday 10:35 P.M.: I was awake at 7 P.M.. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I opened up my last 34 ounce bag of Eight O'clock hazelnut coffee beans, and I filled the Braun coffee grinder, and I filled the mason jars that I keep my coffee beans in. Next month, I will have to keep an eye out for Eight O'clock coffee on sale at the Food Emporium. I have enough for this month. Well, anyway I have paid all my bills. I also watched a bit of television. I find the television news a bit vexing. It seems that when one does not watch television, one has a more relaxing life. I suppose that is why more people prefer to read. Of course, I am still reading mostly technical information off the internet. I suppose if one wants to be entertained, one can read one of the many new books in the Greenwich Library. Whatever the case, with all the publishing that goes on in this area, it is really sort of amusing that nothing much is ever written about this area except the advertisements in our local paper. I suppose with all the diverse groups here, no one wants to try to project a consensus viewpoint for fear of alienating the other groups. Still, still since the Greenwich Time www.greenwichtime.com is owned by the Tribune Company out of Chicago, and since the movie theatres tend to represent Hollywood, I suppose one has the option at looking at the Greenwich Post or the Greenwich Citizen. However, it is the nature of this area being a corporate bedroom community that a great many of the residents do not live here for extended periods of times, so one frequently knows more from talking to the retired people whom have chosen to stay here for an extended period of time. Of course Greenwich magazine also has local information. However, it is the nature of our local publications that they tend to cater to the Carriage Trade. Still since we have a great many younger people whom are educated elsewhere including New England, we tend to see the younger population reflecting those areas, where they have been educated before they returned here to start their careers. Part of my original idea in publishing my web site and downloadable directory was to encourage more younger people to work in the high technology area in this area instead of gravitating out to the West Coast where so much of this technology has its origins. Since we are on the East Coast, we frequently are in touch with those whom first show up from the west coast of the Eastern Hemisphere with new products or ideas. Since I have invested so much time and money in my computers and my internet activity, I guess I should try to work with it more instead of simply exercise walking and observing on Greenwich Avenue. I frequently see a lot more people whom I know from Greenwich over in Port Chester, since quite a few people in Greenwich need to buy other items besides fashion off of Greenwich Avenue, particularly if one is maintaining a house. However, the local Greenwich Hardware store beside its store on Greenwich Avenue also has a large warehouse store in Banksville, New York, so frequently one will find there what one is looking for in terms of professional home maintenance. Since it is over 20 years since I have done home maintenance other than my individual apartment, I imagine the nature of the business and industry has changed considerably. However, working on a keyboard all of these years, I am not really in shape to do the heavier work that home improvement and maintenance involves. Still, computer skills are useful in this area, since we have a lot of businesses and offices, which seem to use this equipment. I recently noticed that the Wachovia bank is still using older systems with six inch monitors at their teller stations, so there is always room for improvement, if one can convince the head office to upgrade their equipment. CIO

Note: <888> 03/10/04 Wednesday 1:55 P.M.: I went out after the last message. I went by the Greenwich Hospital Laboratory, and I had my post physical laboratory work done. I then sat out briefly downtown. I then went by Putnam Trust Bank of New York on Mason Street. I then went by the Greenwich Hospital Thrift shop. I next went by Charles Stuttig Locksmith, Inc. on Greenwich Avenue, and I had two keys cut for "The Truck Club" steering wheel lock for \$5 each plus .60 tax for \$10.60 total. I then drove down by the waterfront. I next went by the Arnold Bread outlet, and I bought three 5.5 ounce boxes of Arnold garlic and herb large cut croutons for .99 each and a loaf of oat multigrain bread for .99 less 10% senior discount of .40 for \$3.56 total. I then went by the ATM machine at the Bank of New York in Port Chester, New York. I then went by Home Depot, and I bought five Duracell #2032 3 volt lithium batteries for \$1.18 each plus .44 tax for \$6.34 total. I then returned home. I put the Lithium computer CMOS batteries in my top left living room desk drawer. I put one of the club keys in a hidden place, and I put the other one with a second spare car key I keep in my apartment. I now have four The Truck Club keys. I then reheated the other half of spaghetti noodles that I made a day ago along with reheating the other half of the 26 ounce jar of Ragu parmesan and Romano tomato sauce which I put a few tablespoons of grated parmesan cheese on. I had the meal with iced tea. I then went back out, and I went by Putnam Trust Bank of New York on Mason Street. I then went by the Central Greenwich Post Office, and I obtained two money orders at .90 cost each to pay my Verizon telephone bill and my Northeast Utilities bill. I mailed both bills. I then went by the Merry Go Round Mews thrift shop. I then returned home, and I drank some iced tea. I chatted with a relative. I will now shut down the computer, and I will go to bed. I have a 3 P.M. appointment tomorrow. I spent a dollar on parking today. CIO

Note: <888> 03/10/04 Wednesday 7:30 A.M.: Since I have not eaten since before midnight, I will now shut down the computer. I will then go out and get my physical follow laboratory work done at the Greenwich Hospital laboratory which I believe the laboratory opens at 8 P.M.. CIO

Note: <888> 03/10/04 Wednesday 7:20 A.M.: I took the HP LaserJet 6P laser printer from the right side of the bedroom AMD backup computer, and I put it on the oak table between the Minolta QMS 1250W laser printer and the Epson Stylus Color 880 printer. I connected it to the D port on the Port box to the right side wall of the primary computer on the top wicker rack right side, and I disconnected the power cable for the HP LaserJet IID printer from the lower control panel switch, and I connected the HP LaserJet 6P to it. I have it set up to work with all of the computers with the Siemens router port with leads into the port box. I left the Port Box on D, and for the Epson Stylus Color 880 printer, it is A, and for the HP LaserJet II D, it is C. On all of the backup computers, the HP LaserJet 6 P is the default printer. I filled it with paper. However, I moved the HP LaserJet 4 L printer from the left side of the bedroom mahogany bureau to the right side of the bedroom AMD backup computer, and I set it up on the LPT1 port as the default printer. Thus when one turns on HP Laser from the lower control panel of the primary computer, the HP LaserJet 6 P is setup to work. I will have to change the port box to A whenever, I want to use the Epson. I moved the Lindbergh radio from the right side of the bedroom mahogany bureau to the left side. I put the backup NOAA weather radio on

the green box on the right side. I moved my recent print outs from the small oak table where I put the HP LaserJet 6 P printer to the blue cane oak chair to the left of the primary computer on the right side of the dining room table along with my recent receipts. Although the primary computer work area is a bit crowded, it still is a workable setup. I have the spare laser printer paper underneath the small mahogany table the Minolta laser printer sits on. I also had to put a World Book encyclopedia yearly update book underneath the Minolta laser printer to raise it higher, so its feed tray clears the HP LaserJet 6 P laser printer. I only use the HP LaserJet IID for printing out my Scott's Notes every four months. I still have about 2,000 pages on its relative new cartridge. On the Minolta laser printer, I should have about 850 pages on its half full starter cartridge. On the HP LaserJet 6 P and 4 L, I do not know the amount of cartridge use on them, but they both have good printouts, although slower than the Minolta. CIO

Note: <888> 03/10/04 Wednesday 5:30 A.M.: I finished going through my email. CIO

Note: <888> 03/10/04 Wednesday 5:10 A.M.: Estate planning considerations Forbes.com: [Florida or Bust](http://Forbes.com) , of course on might die sooner down there, if one were hit by a tropical storm www.geocities.com/mikelscott/weather.htm . CIO

Note: <888> 03/10/04 Wednesday 4:50 A.M.: I have not checked in a few years to see if Perrier U.S.A. www.perrier.com is still across the street, since they were bought out my Nestle <http://www.nestle.com/> . However, I did read that one of Nestlé's primary stockholders is Forbes.com: [Forbes World's Richest People 2004 #11 Liliane Bettencourt](http://Forbes.com) . Well, I still have two virtually new bottles of L'Oreal shampoo in the bathroom that I never used. I bought them on sale at CVS a couple of years ago. CIO

Note: <888> 03/10/04 Wednesday 4:35 A.M.: Of course for the frugal traveler, this might be handy L.L.Bean: [Rolling Adventure Duffle](http://L.L.Bean) . CIO

Note: <888> 03/10/04 Wednesday 4:30 A.M.: I guess if one could afford this Forbes.com: [Will Rolls Drop The Top?](http://Forbes.com) , one could afford a hat and sunscreen and some place warm to drive it. I suppose it would look sort of smart in pink in one of those tropical hideaways. CIO

Note: <888> 03/10/04 Wednesday 4:15 A.M.: I installed Microsoft Office 2003 updates SP3. In installing it, I was prompted to put in the Office 2003 Professional CD and the FrontPage 2002 CD. This link was mentioned in the Greenwich Time www.greenwichtime.com this week <http://www.lillianvernon.com/> for a prosperous local web site. I saw two deluxe charter buses from Boston downtown this evening having a dinner at the Gaiety restaurant. They had a web site on their sides from Boston, but I can not find it or remember it. Locally the Fjord Fisheries charters has merged with the Delamar Hotel <http://www.thedelamar.com/>, so now the Delamar has seaside and bus charters for visitors. CIO

Note: <888> 03/10/04 Wednesday 3:25 A.M.: I read this article CNN.com - [Study backs coffee as diabetes protection - Mar 9, 2004](http://CNN.com) , so I decided I better drink more

coffee. I just had another cup of coffee. Maybe if I drink more coffee, I will not sleep as much, but rest is also good for one, and too much coffee drinking supposedly is linked to other problems. I filled out a form to mail to Northeast Utilities. I still have not received my Northeast Utilities bill this month, so I have not yet paid my electricity bill this month. CIO

Note: <888> 03/10/04 Wednesday 2:25 A.M.: I finished the updates on the five backup computers. I also did some minor configuration changes. CIO

Note: <888> 03/10/04 Wednesday 1:00 A.M.: I went out after the last message. I went by the Greenwich Library, and I read the Greenwich Times. I then went downtown, and I walked the entire length of Greenwich Avenue. It is still bit cold and damp out. I used the bathroom at the Senior and Arts center. I drove down by the waterfront. I then went by the Food Emporium, and I bought a two pound bag of yellow onions for \$2.29, two 18 ounce cans of Progresso cream of mushroom soup for .99 each, two 12 ounce packages of San Giorgio spinach pasta for .89 each, two 26 ounce jars of Francesca Rinaldi tomato sauce one garlic and onion and the other basil and herb for .99 each, a quart of America's Choice lemon juice for \$2.19, a 12.5 ounce bag of Snyder's 40% less fat tortilla chips for \$1.69, broccoli crowns at \$1.99 a pound for \$1.91 for \$13.82 total. I then returned home. I put away my purchases. I drank some iced tea. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I use a tin of sardines that I chopped instead of tuna fish. For the cheddar cheese portion, I use Wisconsin white cheddar cheese. I had the salad with all of the other usual ingredients. I had it with iced tea. I then started running updates on the five backup computers. The AMD backup computer on the Danish desk needed a new disk #2032 CMOS battery which I put in. I am still installing the updates. CIO

Note: <888> 03/09/04 Tuesday 7:55 P.M.: I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I then rested some more. Now that I am rested, I will shut down the computer. I will clean up, and I will go out. CIO

Note: <888> 03/09/04 Tuesday 5:15 P.M.: I just woke up. I checked my mail earlier, and I have not received any mail for the last two days. CIO

Note: <888> 03/09/04 Tuesday 4:00 A.M.: I will now take a nap. CIO

Note: <888> 03/09/04 Tuesday 3:50 A.M.: I watched another Sherlock Holmes movie. CIO

Note: <888> 03/09/04 Tuesday 2:05 A.M.: I will now put the computer on standby, and I will take a nap and maybe watch some more Sherlock Holmes on the bedroom television. It is warmer watching television in bed. However, the cold English weather in the Sherlock Holmes movies does not make one feel warmer. CIO

Note: <888> 03/09/04 Tuesday 1:40 A.M.: I put three quarts of water in a five quart Revere pot along with a teaspoon of olive oil and a half teaspoon of salt, and I am in the process of bringing it to a boil with the lid on it. I will then boil a package of Mueller's thin spaghetti noodles for eight minutes. I will reheat half of a 26 ounce jar of Ragu parmesan and Romano tomato sauce in a microwave proof plastic pot with lid, and I will add the heated sauce to half of the drained spaghetti noodles. I will put about three tablespoons of grated parmesan sauce on top of the sauce. I will have it for dinner with iced tea. I will refrigerate the remaining noodles in a Rubbermaid container along with the remaining tomato sauce in the jar. CIO

Note: <888> 03/09/04 Tuesday 12:30 A.M.: I went through my email. CIO

Note: <888> 03/09/04 Tuesday 12:05 A.M.: I finished watching the Sherlock Holmes movie. Before I watched it, I finished off eating the bag of corn chips along with a glass of iced tea. CIO

Note: <888> 03/08/04 Monday 10:50 P.M.: I watched parts of two Sherlock Holmes movies on the Turner movie channel 76 this evening. I suppose another one is coming on now and another after that. I guess will watch some more. CIO

Note: <888> 03/08/04 Monday 9:55 P.M.: Today is Commonwealth Day <http://www.thecommonwealth.org/>. The Commonwealth includes one third of the world's population. I was up at 5 P.M. today. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, and supplements. I went out, and I went by the Fleet Bank across from Smoke for Less in Byram, and I used their ATM machine at \$1.25 cost. I then went to Smoke for Less, and I bought a carton of Seneca Ultra Lights 100s for \$31 total. I then returned home, and I drank my coffee. I watched some television. I went back to bed until 9 P.M.. I watched some more television. The snow showers have quit, but it is still cold and damp out, so I do not think I will be going out this evening. CIO

Note: <888> 03/08/04 Monday 6:15 A.M.: I ran Ad-aware 6.0, Norton Win Doctor, RegClean, Registry Mechanic, SpyBot, and I deleted the Programs Allowed settings in Norton Internet Security 2004, and then I rescanned them. I will now shut down the computer, and I will go to bed soon.

Note: <888> 03/08/04 Monday 4:05 A.M.: I ate two large bowls of corn chips along with a glass of iced tea. CIO

Note: <888> 03/08/04 Monday 3:20 A.M.: I put the 15 day demo of StarryNight www.starrynight.com on my computer, and I set it up for the latitude and longitude of Greenwich, Connecticut [Free ZIP Code Lookup with area code, county, geocode, MSA/PMSA](#), but alas it is overcast out, so I can not check to see if it is correct with the current sky. CIO

Note: <888> 03/08/04 Monday 2:20 A.M.: I did some regular computer work. I used two cups of concentrated bleach, and I washed my shower curtain, the shower curtain liner, and the bath mat, and they are back in the tub shower area. CIO

Note: <888> 03/08/04 Monday 12:55 A.M.: [Sky and Telescope - A House Call for a Hubble House Call](#) . CIO

Note: <888> 03/08/04 Monday 12:30 A.M.: Thus when I was kicking around Santa Cruz, California up until after election day in 1980, more than likely some people were involved in work at this site <http://www.ucolick.org/> and of course, in the Canary Islands on a clear night one can see forever <http://antwrp.gsfc.nasa.gov/apod/ap020819.html> and <http://www.ing.iac.es/PR/tour/orm.html> and <http://www.ing.iac.es/> . CIO

Note: <888> 03/08/04 Monday 12:15 A.M.: For star gazers [NCSA Astronomy Digital Image Library](#) and [NASA ADS: ADS at Harvard](#) . CIO

Note: <888> 03/07/04 Sunday 11:55 P.M.: I went through my email. I knew my way around Lake Forest, Illinois while I attended college there because I also drove a taxi cab there the last year and a half. Lake Forest, Illinois is a very quiet town, and it had fairly good security since Fort Sheridan was just to the south and Great Lakes Naval Station was just to the north. It however is like Chicago, Illinois in terms of the weather in that there are basically ten months of winter and two months of summer, and it tends not to have the milder fall and spring seasons. However, since it is a colder climate the students tend to spend more time inside reading, and quite a few of my classmates have become successful. I guess since the East Coast Ivy League and the other prominent colleges on the East and West Coasts tend to overshadow the Midwest, not many people on the coasts of America seem to respect educational degrees from the Midwest. Particularly since I did not have an advanced degree, I never seemed to get an advanced job in the corporate world of Wall Street in this area. Still, I manage to get by tinkering with my computers. I once read about ten years ago, that six of the top 10 Fortune 500 CEOs in the United States of America had degrees in Engineering from the University of Illinois <http://www.uiuc.edu/index.html> where <http://www.ncsa.uiuc.edu/> is also located, so obviously there is some expertise still in the Midwest. CIO

Note: <888> 03/07/04 Sunday 11:30 P.M.: Lake Forest College www.lfc.edu at [Address Imagery View Lake Forest College, Lake Forest, Illinois 60045 just west of Lake Michigan](#) . CIO

Note: <888> 03/07/04 Sunday 11:15 P.M.: The Farm, at 1014 Rockland Road in Knolwood, Illinois just west of Lake Bluff, Illinois does not appear to be there anymore [Address Imagery View 1014 Rockland Road, Lake Bluff, Illinois site of the old Farm which use to look like this http://www.geocities.com/mikelscott/mlsfarm70.jpg](#) . Well, I guess that is progress. Site of William McCormick Blair's old Farm on Lake Michigan just north of Lake Bluff, Illinois [Address Imagery View Farm north of Lake Bluff, Illinois on Lake Michigan](#) who was one of the founder of Ducks Unlimited

<http://www.ducks.org/> , of course I might be wrong, and it could be the Lake Shore Country Club, where I once went to a debutant party. CIO

Note: <888> 03/07/04 Sunday 10:45 P.M.: [TerraServer Image Courtesy of the USGS 71 Vinci Drive, Greenwich, Connecticut USA 06830, my building is just northwest of the baseball diamond](#) . CIO

Note: <888> 03/07/04 Sunday 10:15 P.M.: I went out after the last message. I went downtown. I walked most of the entire length of Greenwich Avenue and the train station area. During my walk, I stopped by CVS, and I bought a 96 ounce bottle of CVS liquid bleach for \$1.49, a 1.5 liter bottle of CVS yellow mouthwash for \$4.19, a six one ounce bar package of Nature's Valley granola bars for \$1.99, two cans of Ajax cleaner for .39 each, and a one bottle of Gold Emblem Italian spices for .99 plus .39 tax for \$9.83 total. Since my purchases were heavy, I did not walk up to the top of Greenwich Avenue, but I returned to my car. I also sat out for a while. I then drove down by the waterfront. I next went by the Exxon gasoline station next to the Greenwich Library, and I bought \$4.80 of regular unleaded gasoline at \$2.059 a gallon for about 27 miles per gallon. I then went by the Stop and Shop, and I bought two half gallons of Tropicana premium orange juice with Calcium for \$2 each, two 8.5 ounce boxes of Nabisco Triscuits 40% reduced fat for \$2 each, four ten ounce bars of Stop and Shop Vermont extra sharp cheddar cheese for \$2.50 each, two Boston Market 17 ounce chicken and noodles dinners for \$2.99 each, and a 16 ounce Boston Market Swedish meatballs for \$2.99, and 10 ounces of fresh spinach for \$1.50 for \$28.47 total. I then returned home. I brought my cart down to the parking lot to bring up my purchases. I then put away my purchases. I drank some iced tea. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . For the cheddar cheese portion, I used Wisconsin white cheddar cheese. I had the salad with iced tea. I chatted with a relative. I drank a cup of coffee. I watched a National Geographic Special about Lord of the Rings. CIO

Note: <888> 03/07/04 Sunday 4:30 P.M.: I was awake at 1 P.M.. I made breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I started making a batch of www.geocities.com/mikelscott/icetea.htm . I used ten Salada orange pekoe tea bags, one each of the five different types of the five variety pack of Twinings tea, three Lipton green tea bags, and two Salada green tea bags. I did not put sugar in the mixture. I went back to bed until 4 P.M.. I then put the ice tea in the refrigerator. I will now clean up, and I will go out. CIO

Note: <888> 03/07/04 Sunday 3:55 A.M.: I watched a bit of television. I have to make some ice tea when I wake up later today. I will now shut down the computer, and I will go to bed. CIO

Note: <888> 03/07/04 Sunday 2:35 A.M.: There is good news on the local economic front, if one can wait until late August and early September 2004. The National Republican Party www.gop.com is having their convention in Manhattan from Monday August 30, 2004 through Thursday September 2, 2004

<http://www.thegreenpapers.com/P04/R.phtml> and

<http://www.nycvisit.com/content/index.cfm?pagePkey=872> , and that following weekend should be Labor Day weekend, so it would seem some big spending republicans might show up in this area to help fuel the local economy. Of course, Manhattan is such a big place, it is hard to tell, if any of them will feel the need to come out here. Of course that time of the year, it still can be quite hot in this area. CIO

Note: <888> 03/07/04 Sunday 1:40 A.M.: On my first trip up and down the coast of California between southern California and San Francisco, I did not know that a friend from Nantucket and Key West was attending the University of California at Santa Cruz, so I did not stop by to visit, but I do recall on the first trip up the coast driving through Santa Cruz, California from Carmel in a very dense fog. On later trips I visited the friend in Santa Cruz, California, and I recall trying to use the Fortran computer terminals in the computer laboratory at the University there, but I only knew Cobol, I did not know Fortran. I also recall seeing a few of my classmates from Lake Forest College there, and one trip in the Subaru, I recall seeing a red and white Volkswagen van with Massachusetts license plate that ended in "K" which only the license plates in Nantucket and Williamstown, Massachusetts did. On the last trip in the 1973 two door Burgundy Volvo in the fall of 1980, there were about five hundred old Volvos parked on campus as part of some sort of Rally. I also recall that the King of Sweden was in San Francisco with the Royal Swedish symphony. I was also informed that the Netherlands government had a consulate in Santa Cruz, California. I recall seeing lots of Brussels sprouts ready for harvest in the fall, and a lot of them were twice the size of what I was use to seeing. Down in Watsonville towards Carmel, they also had strawberries. I did drive the Pacific Coast highways south to north and back quite a number of times on the various trips. I also visited Stamford University on most trips. I recall once visiting U.C.L.A. and once visiting U.C. Irvine. I visited U.C. Santa Barbara quite a few times. Well, the computer industry as we know it today was not as well developed, and on the last two trips, I met with the head of Xerox Parc whom had a house in Laguna Beach whom looked a lot like a famous New York politician, and I also met in Santa Cruz, California with a native Californian whom had attended M.I.T.. I also recognized a few people from Back East along my various excursions. I recall seeing a friend from Manhattan outside the Getty Museum in Malibu on a Labor Day holiday around 1979. Since I enjoy being around the ocean, I did not spend much time in the interior areas such as Bel Aire or other well known areas, but I do recall driving through it once. I also went through Palm Springs two or three times. Of course the viewpoint from the highway or commercial streets is always different than when one lives there. CIO

Note: <888> 03/07/04 Sunday 12:55 A.M.: I just microwaved a Maria Callender's 16 ounce Chicken Parmigiana dinner, which I will have shortly with a glass of iced tea. CIO

Note: <888> 03/07/04 Sunday 12:35 A.M.: I went through half of the periodical literature that I had accumulated over the last month. I did not read the computer and technical press. I threw out the material that I went through. When I went outside, I noticed it is a bit colder at

<http://www.weather.com/weather/local/06830?lsw=06830&lwsa=WeatherLocalUndeclared> at 43 degrees Fahrenheit with winds gusting to 35 miles per hour. This colder blustery winter evening on what appears to be a full moon reminded me of my first trip across the United States in October 1978. I had bought a 1972 yellow Subaru station wagon in Nantucket a couple of months before for \$150. I put a new clutch in it by removing the engine and installing the new clutch plate which took about two weeks during the slower time in Nantucket. The Subaru had a Polaroid employee sticker on it, and another sticker from Dillon, Colorado. I left the island with a friend, and we drove back down to Greenwich, and visited briefly with my mother. We then stopped by one of my sisters' house outside Philadelphia. We then headed west to Chicago and visited another sister. We next went down to Champaign, Illinois, and we visited my paternal grandparents. I recall staying with my grandparents on the first trip, and then on a following trip, I stayed at the Lincoln Log Cabin Motel in Champaign, Illinois, and on another trip, I stayed with my grandfather's brother. We then visited my other sister in Tulsa, Oklahoma. Next driving down towards west Texas, we had the windshield brake at Midland, Texas when the gasoline station attendant did not close the hood all the way, and the hood blew up on the highway, and broke the windshield. We thus arrived in southern California with a broken windshield. We stayed at a motel in Dana Point, California, and I did some surf casting for about a week relaxing from the trip. I lacquered my surf casting rod, which I had wrapped with blue thread for additional strength. I never did catch any fish in California. After exploring the Laguna Beach area, we drove up the coast highway to San Francisco, and we arrived there on Columbus Day. The city was closed to vehicle traffic because the Queen of Spain was visiting, so we walked around the various tourist sights. I recall the American Railroad convention was also going on at the Hyatt hotel in San Francisco. I recall then driving back down south again touring Carmel, and Santa Barbara, and returning to Laguna Beach after about two weeks. We worked in Laguna Beach delivering telephone books until about Thanksgiving day when we were evicted from our motel in Laguna while cooking a Thanksgiving turkey. We ate the turkey in the Subaru at the beach parking lot in Dana Point, where I believe the new Ritz Hotel is located. During that time we also camped in our car in the mountains east of San Juan Capistrano, where it was a bit cool at night. I recall one general store where they raised guinea pigs. We also visited the San Diego area and the beach communities to the north of it as far as Long Beach. Weekends were busy, but the weekdays were not too busy. The day after Thanksgiving when we got our last pay check for delivering telephone books, we headed east to Las Vegas, north to Salt Lake City, east for two days through a blizzard in the Rockies. I found two used Continental snow tires with studs at a Sears tire dump in Dillon, Colorado that I had mounted on my car at a Amoco gasoline station in Vail. We drove through the blizzard over Eisenhower pass, and we arrived in Denver and spent the night at the airport. The next day we drove around Denver, we then spent another night at the airport. We then headed east in an ice storm, and somewhere in east Kansas, we had a hose fixed on the radiator around midnight. We arrived at Russell, Kansas at sunrise during the ice storm, and the famous coffee shop was closed. We drove over to Tulsa, and stopped by briefly at my sister's house. We drove through floods through Arkansas and Louisiana. There were tornadoes in the pan handle of Florida, and there was a hurricane watch on when we arrived in Key West. After a couple of days there, I found a new windshield that I

installed at a junk yard in Fort Lauderdale, we visited my friend's sister in Daytona, and around Christmas Time we returned to Long Island, where my friend's family lived. I recall house sitting in Greenwich that Christmas, and that Christmas Eve, I installed an air conditioner in the Subaru, which I also had gotten at the junk yard in Fort Lauderdale, but it never worked. We brought out a Christmas Tree from Banksville, New York to the house on Long Island. Thus it was about a two month odyssey. What I basically learned spending that much time outside traveling was that a great deal of the United States of America is very cold except Florida and southern California. CIO

Note: <888> 03/06/04 Saturday 10:30 P.M.: I have a foot high stack of periodical literature, which I will start going through. CIO

Note: <888> 03/06/04 Saturday 10:05 P.M.: I rested until 9 P.M.. I watched a bit of television. CIO

Note: <888> 03/06/04 Saturday 7:35 P.M.: I made up www.geocities.com/mikelscott/onionsoup.htm . I had the onion soup with a glass of iced tea. I will now put the computer and standby, and I will rest for a short while. CIO

Note: <888> 03/06/04 Saturday 6:00 P.M.: I chatted with a relative. I went through my email. CIO

Note: <888> 03/06/04 Saturday 4:30 P.M.: After the last message, I ate 10 Saltines with 3/16 inch thick slices of Wisconsin white cheddar cheese. I went to bed about 3 A.M.. I had a telephone call from a friend about 6:30 A.M.. I woke up again at 10:30 A.M.. I dressed up, and I went over to the Valley Road Post Office, with the Priority Mail envelope containing Barbara Bush's book "Reflections, Life After the White House". I had it in a priority mail envelope, but not a Flat Rate Priority mail envelope, so on top of the 11 U.S.A. 37 cent flag stamps I had on it for \$4.07, I had to add .83 more postage for \$4.90 total. I also bought five Purple Heart .37 postage stamps for \$1.85 plus the .83 for total of \$2.68. I obtained three Priority Mail Flat Rate envelopes and three light Priority Mail envelopes and five priority mail stickers. I returned home, and I rested until noon. I put the Priority Mail envelopes and stickers on the black plastic box underneath the right side of my bedroom desk. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. In my kitchen entrance on the right lower wall, I have a glass framed print of a Martha's Vineyard street scene that the frame came apart on. I glued it together with Elmer's glue, and I held it together with grey duct tape. I am letting it dry, before I rehang it. I rested some more until 4 P.M.. I watched a bit of television. I ate a bowl of white tortilla chips along with a glass of iced tea. CIO

End of Scott's Notes week of 03/06/04:

Note: <888> 03/06/04 Saturday 12:45 A.M.: I went out after the last message. I went by the Valley Road Post Office, but the mail boxes have security information labels that one is not allowed to mail a package over 16 ounces with stamps from the mail box. The book weighs 1 pound 12 ounces. I then went downtown. The same labels are on the mail

boxes at the central Greenwich Post Office. They open at 6 A.M. on Saturday for the lobby and the windows open at 8 A.M.. I then walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I then drove down by the waterfront. I then returned home. I will now send out my weekly notes. Then I will shut down the computer, and I will go to bed. I will try to get up early enough tomorrow to mail the package, but there is really no rush on it. CIO

Note: <888> 03/05/04 Friday 10:30 P.M.: I put away the laundry. I chatted with a relative. I packaged up the Barbara Bush autographed book "Reflections, Life After the White House" in a two day priority mail envelope addressed to a relative. I have it sealed, and I put 11 U.S.A flag stamps on it for \$4.07 total of the required \$3.85 postage. I will now dress up warmly, and I will go out and mail it at the Valley Road Post Office. I will then go downtown for some fresh air. I will put the computer on standby. CIO

Note: <888> 03/05/04 Friday 9:05 P.M.: I brought up one load of laundry, and I have another load of laundry in the dryer with 40 minutes to go. CIO

Note: <888> 03/05/04 Friday 8:35 P.M.: [Montserrat volcano explodes sending ash 20,000 feet into sky](#) . CIO

Note: <888> 03/05/04 Friday 8:25 P.M.: I showered and cleaned up. CIO

Note: <888> 03/05/04 Friday 8:00 P.M.: I started one dry cycle, and I have 47 minutes to go on it. The other two dryers are busy, so I will start the second load dry cycle when I finish the current load dry cycle. CIO

Note: <888> 03/05/04 Friday 7:35 P.M.: I threw out the garbage. I started a load of laundry, and I have five minutes to go on the wash cycle. I put clean linens on the bed in the bedroom. It is a bit damp out, so I am not sure whether I will be going out after I finish the laundry. CIO

Note: <888> 03/05/04 Friday 6:40 P.M.: I chatted with a relative. I finished my coffee. CIO

Note: <888> 03/05/04 Friday 6:15 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I used a tin of sardines that I chopped instead of tuna fish. For the cheddar cheese portion, I used Wisconsin white cheddar cheese. I used all of the other regular ingredients. I had the salad with iced tea. I will now make and drink a cup of coffee. CIO

Note: <888> 03/05/04 Friday 4:50 P.M.: I had a telephone call from a friend about 6:30 A.M. this morning. I was awake about noon. I checked the mail. I had breakfast of oatmeal, toast with raspberry jam, orange juice, vitamins, supplements, and coffee. I chatted with a friend. I did my house cleaning and watering the plants. I listened to part of the Ronald Reagan book "Dutch" that I have in a books on tape format. I got up to the part where he goes to Eureka college. I listened to it through my stereo speakers, since it

was during the daytime. I threw out the garbage. It is very foggy and damp out. In the old days in Washington D.C., they use to call the State Department "Foggy Bottom" since it was located near the Potomac River, and it was always in the Fog. Much could be said the same about Greenwich, Connecticut at the present. CIO

Note: <888> 03/05/04 Friday 1:55 A.M.: I took some more time out and watched Cspan. It seems from the Cspan broadcasts that the Washington D.C. government on the Potomac River is still working, which if one does not watch Cspan, but watches the regular news network, they do not tell one that much. Thus if one wants to know a bit about what the United States of America government is doing, one has to watch Cspan, and not the news. However to get Cspan, one has to subscribe to cablevision, which costs money. So although it is public access, it is not for free. Naturally the U.S. Government turns out a lot of information, and they have always had public hearings. However, the news bureaus tend to cover what sells soap, so they do not always cover Washington D.C.. Basically in the old days, there seemed to be more going on in Washington D.C. than we get on the news here today. From this perspective on the internet in Greenwich, Connecticut near IBM's World Headquarters in Armonk, New York, we actually hear more about Washington state via information on Bill Gates and his company Microsoft than we hear about the Federal Government and Washington D.C.. I guess since we are New England, we have more of the Village mentality than the National approach. However, once one is bounced out of Manhattan for lack of funds, there is really no need to go back, since they always expect people to continually to shell out money for the experience of traffic and congestion. It was my experience with Manhattan that they simply deal with what is there at the moment, and then they deal with what comes next like a train station. I suppose one day no one will show up, and then it will be just an over engineered metropolis, but if one knows Manhattan and its environment like I do, besides the residential and business sections, there are the large advanced hospital complexes which a great many people from outside the urban area frequently need. Also it is part of the hub of a vast communications and transportation network, so if one feels a bit left out in the crowd, one can always retreat to some more quiet nearby retreat. For all the years, I went into Manhattan around midnight, which is only about 20 to 25 minutes away, it was like visiting an empty stage set, but if one stays to long into the early morning, it suddenly gets very busy again. Basically, I think it is the nature of Manhattan and the expensive prices of real estate that the population there is more focused on monetary reward than spiritual values. Still, since so many of them walk a lot, they seem to be more physically fit than their suburban and rural cousins. Whatever, the case the urban population I dealt with did not seem to be programmed or educated the way I was in my formal education, and during most of my time there, they treated me as a casual visitor. I guess, so many of them have come out this way and been underwhelmed, that they soon forget, that part of the country experience is to learn to relax. I happened to noticed this past Sunday about 50 people walking around Tod's Point coming and going from the Old Greenwich, Connecticut commuter railroad station with day packs on their packs, so it seemed to be a large excursion of urban visitors into our area on foot, but they could have just have as easily have been foreign visitors. Since, there are probably over a million people whom pass through this town every week, I tend to treat the traveling public like the primary orders on the Starship Enterprise,

which is not to interfere with the normal evolution and timeline of the planets involvement. In other words, I do not want strangers to come into my apartment and treat it like a souvenir shop, since I tend to try to keep items orderly despite the cluttered nature of the apartment. It would seem to me that whom ever is encouraging travel into this area would probably own real estate and income producing assets, so I would recommend people visiting to visit the movers and shakers in this area, and not simply the low level volunteers whom seem to just get by on subsistence income. Anyway I ate a half of a 10 ounce can or five ounces of smoked almonds along with some iced tea. Since I watched Cspan, I did not do much computer work. I will now shut down the computer, and I will go to bed. CIO

Note: <888> 03/04/04 Thursday 11:05 P.M.: I chatted with a relative. I watched some hearings on CSPAN. Judging by the base of the hearings in Washington D.C., they are still going at that old slow deliberate pace as characterized by the old guard whom seem to frequent that town. Of course as Everett Dirksen said, "A Billion Dollars Here, and A Billion Dollars There, and Pretty Soon It is Real Money". Well, the trickle down theory of economics does not really seem to work up here in Greenwich, Connecticut, because by the time the public money is siphoned off in New York, when it reaches this point in Connecticut, there is not much left but private enterprise. It may not make sense to some local economists, but I once read that at the height of their economic influence, the Rockefeller family had two thousand lawyers in New York, and six thousand lawyers in Chicago. It makes me wander, with this latest list of wealthy people around the world Forbes.com [The World's Richest People](http://Forbes.com/The-Worlds-Richest-People) , how many lawyers are making all the money, while everyone else takes a back seat. Locally here in Greenwich, Connecticut, besides the financial people the medical profession seems to be making some money also. I suppose, once one gets into the real world of real prices and what goods and services are worth, I wander what my minor volunteer efforts have been worth over the years over what it has cost for me to live here. Basically, considering I have a fairly good academic back ground with some computer expertise recently in the last 11 years, I can reflect from experience. However, much of what I have read in the last ten years on the internet is more public relations than real world fact, so in that fine line between fact and fiction, it is hard to tell where I stand within the community compared to everyone else. Basically as a long term resident from a family of long term residence, I generally try to look at the whole picture and not just the bottom line in my savings account. It is hard to deal with a community that respects tradition, when many of our neighbors in New York do not. CIO

Note: <888> 03/04/04 Thursday 9:30 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I made the salad with a 4.5 ounce can of pink crab meat instead of tuna fish, and for the cheddar cheese portion, I also used 50% Vermont extra sharp cheddar cheese and 50% Wisconsin white cheddar cheese. I used all of the other regular ingredients. I had the salad with a glass of iced tea. CIO

Note: <888> 03/04/04 Thursday 8:05 P.M.: I was up at 10 A.M. this morning when a relative called. I called back the relative. I had breakfast of oatmeal, toast with raspberry jam, orange juice, vitamins, supplements, and coffee. I checked my mail. I went out at

about 12:30 P.M., and I had my yearly physical done at the Greenwich Hospital outpatient clinic. I have to have some follow laboratory work done, and I can not eat the breakfast that morning that I do the follow up laboratory work. I need to have a Colonoscopy, which they can schedule for May 21, 2004. It would be done at a nearby medical facility about a quarter of a mile away, but one has to take laxatives and be on a clear liquid diet the day before. One also gets a local anesthetic for the procedure which takes about 15 minutes, although one spends two to three hours at the facility to complete it. Since one has a local anesthetic, one needs one to have help to return one back home, and I am not sure if my regular helper would be available then. Thus I have to check if my regular helper would be available before I schedule the procedure. One is suppose to have one done after age 50. Also there are 600 people waiting for the volunteer medical professionals that perform the procedure, so more than likely I should try to have it done then. It is basically to inspect for cancer of the colon. I then made my usual Thursday appointment. I next went by Putnam Trust Bank of New York on Mason Street. I then went by the Greenwich Hospital Thrift Shop. I bought a 13 inch diameter blue and white check fruit bowl made in Thailand about four inches high with a apple and pear painted on the bowl blue and white check design. It cost \$2. I bought a Oswald Jacoby backgammon set made of plastic with all of its pieces for \$2, and I also bought a like new unused signed copy by Barbara Bush of her book "Reflections, Life After the White House" for \$5 for \$9 total. I then went downtown, and I walked the entire length of Greenwich Avenue. I sat out at various locations. I stopped the Greenwich Hardware store, and they have a number of new useful items on their 70% off rack in front of the store. I bought a "The Truck Club" regularly \$69.95 for \$20 plus \$1.20 tax for \$21.20 total. I then completed my walk. "The Truck Club" is a red solid steel steering wheel locking device. It came with two keys, and it works just fine on my Hyundai. I will get more keys made when I have time. I have the two keys on my two key chains. I used the bathroom at the senior and arts center. I then drove down by the waterfront. I next returned home. I put the fruit bowl on the dining room table to the left of the left computer monitor, and I put various loose items in it. I moved the Putnam Lodge Masonic centennial plate to my bedroom desk with some paper work on it. I checked the backgammon game to see if it has all of its pieces, and I put it underneath the center of the blue sofa. I will keep the autographed Barbara Bush book in a plastic bag, so it does not get dusty, and I put it on the left side of the center shelf on the center bookcase in the hallway. I drank some iced tea when I returned home. "The Truck Club" steering wheel lock is installed on my Hyundai, and I will regularly use it now, when I park, but I am not sure I need to use it downtown, since I do not think my Hyundai is a high priority target with all of the other deluxe type automobiles around, but it does provide a bit more security locally at home. I put \$10 on my laundry card. CIO

Note: <888> 03/03/04 Wednesday 11:00 P.M.: I chatted with a relative. I ate half a 10 ounce can of smoked almonds. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 03/03/04 Wednesday 10:20 P.M.: I went through my email, and I chatted with one of the same relatives again. CIO

Note: <888> 03/03/04 Wednesday 9:35 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I used a 7.5 ounce can of flaked Icy Point Alaska canned salmon. I had to sift through it with my fingers to remove the bones. For the cheddar cheese portion, I used Stop and Shop Vermont extra sharp cheddar cheese. I had all of the other usual ingredients. I had the salad with iced tea. I chatted with two relatives. CIO

Note: <888> 03/03/04 Wednesday 7:40 P.M.: I was up at 11 A.M. this morning. I had breakfast of oatmeal, toast with raspberry jam, orange juice, vitamins, supplements, and coffee. I picked up my mail. I cleaned up, and I went out. I went by Putnam Trust Bank of New York on Mason Street. I then went by the central Greenwich Post Office, and I obtained two money orders at .90 cost each to pay my Cablevision and my Optimum Online cable modem service. I also bought 10 U.S.A. flag stamps at .37 each for \$3.70. I noticed this address for printing out postage and shipping tags for the U.S. post office at <http://usps.com/clicknship> . I mailed the bills. I then went by the Merry Go Round Mews thrift shop. I then sat out briefly downtown. I then drove down by the waterfront. I then drove over to Old Greenwich, and I got my hair cut at Off Center hairstylists for \$18 plus \$5 tip for \$23 total. I then went by the Old Greenwich Rummage Room thrift shop. I then went CVS in Old Greenwich, and I bought buy one get one free of 32 ounce CVS cleaner with bleach in spray bottles for \$2.29 both and two 10 ounce cans of Smoked almonds for \$1.99 each plus .14 tax for \$6.42 total. I then went out to the southwest parking area at Tod's Point and then the southeast concession area. I then returned to central Greenwich, and I went by the Greenwich Hospital Thrift shop, and I bought an extra large three quarters length grey L.L. Bean medium to heavy weight winter coat with plaid wool lining for half price for \$16.25 and a 24 inch by 32.5 inch glass framed print of Stowe Vermont dated 1981 by Vera Beckerhoff for \$15 for \$31.25 total. Everything is 50% off at the Greenwich Hospital Thrift shop, but there is also a \$20 a bag sale going on for lose clothing items. I then went downtown, and I walked the entire length of Greenwich Avenue. I sat out at various locations. I used the bathroom at the senior and arts center. I then went by the Stop and Shop, and I bought two Snyder's 40% less fat bags of white tortilla chips for \$1.69 each, a 48 ounce container of Quaker Old Fashioned oats for \$3.99, two 96 ounce containers of Tropicana Premium orange juice with calcium for \$2.99 each, a 32 ounce jar of Stop and Shop strawberry preserves for \$2.99, a 16 ounce bar of Stop and Shop Swiss cheese for \$3.99, a package of Quaker low fat popcorn cakes for \$2.39, a 16 ounce container of Stop and Shop grated parmesan cheese for \$5.99, a bulb of elephant garlic for \$1.99, Rosenburg Danish blue cheese at \$7.05 a pound for \$6.05, two 16 ounce containers of Rienzi balsamic vinegar for \$2.99 each, two 28 ounce containers of Goya chick peas for \$1.09 each, six 6.5 ounce dry cans of California medium black pitted olives for .99 each for \$50.85 total. I then returned home. I used my cart from my apartment to bring up my groceries. I put away my purchases. I drank some iced tea. I hung the Stove Vermont picture in front of the shelves of my solid oak bookcase on top of the mahogany bureau in the bedroom. I used a 30 pound OOK hook. I hung the grey L.L. Bean www.llbean.com coat in my right living room closet. CIO

Note: <888> 03/03/04 Wednesday 12:30 A.M.: I went through some of www.geocities.com/mikelscott/scotwork.htm . I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 03/02/04 Tuesday 11:35 P.M.: I went through my email. Outlook 2003 is working just fine, but I noticed that it does not have a Newsgroup option, so I will continue to use Outlook Express for Newsgroups. I put the Outlook Express desktop icon in the Office desktop folder, so I do not mistakenly open Outlook Express instead of Outlook 2003. The Norton Anti Spam filtering and advertising blocking seems to be working just fine. I can not figured out how to close out the left tree frame, so the email takes up the entire width of the monitor. CIO

Note: <888> 03/02/04 Tuesday 10:30 P.M.: I chatted with a relative. I got Microsoft Outlook 2003 to send and receive by creating a new account by selecting "Mail" from the Control panel and creating a new account. I then imported my mail and address and data or old mail files. It all works fine. I deleted the default "outlook" account, and set it up to open my new account. I set up some of the options in Outlook 2003. CIO

Note: <888> 03/02/04 Tuesday 9:35 P.M.: I made up a batch of fresh homemade hummus www.geocities.com/mikelscott/hummus.htm . For the olive part, I used two 4.25 ounce cans of crushed California black olives, and for the garlic, I used one large clove of elephant garlic. I used all of the other regular ingredients. I made and ate my usual salad. For the cheddar cheese portion, I used Stop and Shop Vermont extra sharp cheddar cheese. I used all of the other regular ingredients. I had the salad with ice tea. I chatted with a relative whom will call back in a little while. CIO

Note: <888> 03/02/04 Tuesday 8:00 P.M.: I was up this morning at 11 A.M.. I had breakfast of oatmeal, toast with raspberry jam, orange juice, vitamins, supplements, and coffee. I checked my mail. I cleaned up, and I went out. I went by Putnam Trust Bank of New York on Mason Street. I then went by the Wachovia Bank on Benedict Place, and I paid my rent. I then drove over to the Greenwich Town Hall, and the first Tuesday of every month the Connecticut Department of Motor Vehicles Driver's License bus is there. I checked with them, and they said I could renew my driver's license which expires May 9, 2004, and it would be a \$65 fee not in cash but check or credit card for six years. I then walked over the Greenwich Post Office, but there was a long line. I then went to Zen Stationary, and I got \$65 Western Union money order at a dollar cost. I then returned back to the DMV bus, I had my drivers license renewed and the new photo taken. It is now good until May 9, 2010. I sat out at the town hall for a while. I made my 3:30 P.M. appointment. I then went to the Shell station on East Putnam Avenue at Sherwood Place, and they did my emissions inspection at a \$20 cost. I bought two combination tail light brake bulbs for \$3.70 both, and I installed them on either side of rear of my Hyundai, since one of the brake bulbs was burned out. It is a very easy procedure from inside the rear hatch back area to do it. I then went downtown, and I went to the Central Greenwich Post Office, and I obtained a money order at .90 cost to pay my AT&T telephone bill for the last three months. I mailed it. I then walked the entire length of Greenwich Avenue. I sat out at various locations. I used the bathroom

and the Senior and Arts center. I then drove down by the waterfront. I then went by the Arnold Bread outlet, and they did not have any pies, and I bought a 5.5 ounce box of Arnold large cut croutons for .99 less .10 for 10% senior discount for .89 total. I then voted in the local republican primary at the grade school behind the Byram fire house. I then went by Smoke for Less, and I bought a carton of Seneca Ultra Lights 100s cigarettes for \$31 total. I then returned home. I drank some iced tea. CIO

Note: <888> 03/02/04 Tuesday 1:30 A.M.: I can not get Microsoft Outlook 2003 to Send/Receive . I will work on it later today. I will now shut down the computer, and I will go to bed. CIO

Note: <888> 03/02/04 Tuesday 12:20 A.M.: On the primary computer, I reinstalled Microsoft Works 2002 and Microsoft Home Publisher 2000. CIO

Note: <888> 03/01/04 Monday 10:45 P.M.: I went out after the last message. I went by the Exxon gasoline station next to the Greenwich Library, and I bought \$5.60 of regular unleaded gasoline at \$1.959 a gallon for about 27 miles per gallon. I then went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I then drove down by the waterfront. I then went by the Stop and Shop, and I bought broccoli crowns at \$1.99 a pound for \$1.83, a 10 ounce box of fresh mushrooms for \$2.29, a 10 ounce bag of fresh spinach for \$1.50, fresh plum tomatoes at \$1.99 a pound for \$2.85, a 16 ounce bag of baby carrots for \$1.99, a 16 ounce bar of Stop and Shop white Wisconsin cheddar cheese for \$3.99 for \$14.45 total. I then returned home, and I put away my purchases. I drank some iced tea. CIO

Note: <888> 03/01/04 Monday 7:50 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I used a tin of sardines that I chopped along with Stop and Shop Vermont extra sharp cheddar cheese for the cheddar cheese portion. I had the salad with iced tea. I finished running Norton Speed Disk on the C: drive on the Dell backup computer. I shut it down. I will now put the primary computer on standby, and I will go out. CIO

Note: <888> 03/01/04 Monday 6:50 P.M.: On the primary computer, I ran Ad-aware 6.0, Norton Win Doctor, Norton Disk Doctor, and then I did a seven part C: drive to D: drive backup. I just finished running Norton Speed Disk on the C: drive. On the Dell backup computer, I installed all of the programs for Norton Works Suite 2002. I ran the same utilities on it. I did a C: drive to D: drive backup. I will shortly run Norton Speed Disk on it. I left the Norton Works Suites 2002 copies of the CD disks in their case in the CD rack, so the fifth disk is ready to run Norton Street and Maps. I put the mailing package with the original disks for Microsoft Office Professional 2003 with the other programs on the white bureau in the bedroom. CIO

Note: <888> 03/01/04 Monday 2:55 P.M.: I installed Microsoft Office Professional Edition 2003, Microsoft Office OneNote 2003, and Microsoft Business Contact Manager for Microsoft Outlook 2003 on the primary computer. I activated Microsoft Office Professional Edition 2003. I tried installing it on the Dell backup computer, but it only

permits one copy to be activated. I will install Microsoft Works Suite 2002 on the Dell backup computer. I had my apartment inspection, and I passed without any problems. I configured and imported the settings and data files for Microsoft Outlook 2003 on the primary computer. I had a telephone call from a relative. CIO

Note: <888> 03/01/04 Monday 1:05 P.M.: I made copies of the three CD disks for Microsoft Office Professional Edition 2003, Microsoft Office OneNote 2003, and Microsoft Business Contact Manager for Microsoft Outlook 2003, and I put each of the original and duplicate CDs in jewel cases, and I made cover sheets with the Product Activation Keys for both the originals and duplicates. I put the originals in the original mailing envelope with the product information, which for the moment, I have on the near side back of the blue sofa. I always make copies of my original CDs and install from them, so as to preserve the original CDs. I am suppose to be able to install three copies, so I will put one copy on the primary computer, and I will put one copy on the Dell backup computer, and I will keep one copy in reserve. CIO

Note: <888> 03/01/04 Monday 12:15 P.M.: I have both the primary and the backup Dell computer ready to install Microsoft Office 2003 Professional. It just arrived from DHL. CIO

Note: <888> 03/01/04 Monday 11:25 A.M.: I was up at 9 A.M. today. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I picked up my mail, and I checked outside. It is a very nice day, but alas I have to wait around here until 1:45 P.M. for my apartment inspection by the Greenwich Housing Authority. It is currently 58 degrees Fahrenheit. My Microsoft Office 2003 Processional program from Microsoft is scheduled for delivery today, so I will also have to stay around and wait for delivery from DHL also. It is such a nice day, I would rather be out at Tod's Point, but alas I have to work. I guess I will now uninstall Microsoft Word and Excel for XP which I have on my computer from the Microsoft Home Suite. I also might have to uninstall Norton Internet Security 2004 and Norton System Works 2003 and reinstall them to get the Norton Anti Spam to work with Microsoft Outlook 2003. CIO

Note: <888> 04/30/04 Friday 10:40 P.M.: I went through half of my week's email. I watched some television. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 04/30/04 Friday 9:05 P.M.: I printed out a card to mail to a relative. I also printed out 30 calling cards on pieces of paper, which I will keep in my wallet. I have the calling cards, so I do not have to talk about my web activates, which can be tiring. I also ran the cleaning cycle on the Epson Stylus color 880 printer. CIO

End of Scott's Notes week of 04/30/04:

Note: <888> 04/30/04 Friday 7:10 P.M.: I browsed some web sites. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . This time for the tuna fish portion, I used a 6 ounce can of chopped tuna fish. I also did not use cheddar cheese. I did used

about seven artichoke heart quarters. I used all of the other regular ingredients. I had the salad with a glass of iced tea. I will now send out my weekly notes. CIO

Note: <888> 04/30/04 Friday 4:40 P.M.: I finished house cleaning and watering the plants. CIO

Note: <888> 04/30/04 Friday 2:30 P.M.: I was up at 11:30 A.M., I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I checked my mail, and I received a letter from Vice President Cheney on an old legal matter. He said they would have the Justice Department look into it. I also received my Bank of New York Master Card. I activated it over the 800 telephone number. I then logged onto <http://www.smokemcheapcigarettes.com/>, and I ordered five cartons of Seneca Ultra Lights 100s for \$11.25 a carton, and a carton of Misty Slim Ultra Menthol 100 Box for \$19.20 for a friend plus \$1.20 shipping charge for each carton for \$82.35 total. I then made out a check with my new check book to pay my GEICO automobile insurance payment. Keeping track of my transactions with <http://www.bnyonline.com/> and Microsoft Money 2002 can be a bit confusing at first. I transfer money from my savings account to my checking account to cover online debit charges or checks, and I have to keep a \$100 minimum balance in the checking account. Of course, I will be able to buy cheaper cigarettes until I finally quit smoking, and I will not have the cost of money orders at the post office. I could pay my bills online with <http://www.bnyonline.com/>, but I prefer to have the cancelled check for a receipt of payment. I now will do my house cleaning. CIO

Note: <888> 04/30/04 Friday 12:10 A.M.: I chatted again with the same relative. I reheated the remaining half of the vermicelli along with the remaining half of the Francesco Rinaldi low salt tomato sauce, and I put three tablespoons of grated parmesan cheese on it. I ate it with a glass of iced tea. I sent out an email regarding the affidavit. I will now shut down the computer, and I will go to bed. CIO

Note: <888> 04/29/04 Thursday 9:45 P.M.: I went out after the last message. I went by Putnam Trust Bank of New York on Mason Street. An officer notarized the legal document that I had prepared. We chatted for about a half hour about economics. I then made my 3 P.M. appointment at the usual place, but I did not park in the garage since I was late, I parked on Lafayette Place and paid .50 to park. My 3 P.M. appointment reviewed the document. I then went downtown to the central Greenwich post office. I paid another .50 to park for \$1 total. I then mailed the legal document Priority Mail which was \$4.90, and I also asked for delivery confirmation which cost an extra .45 for \$5.35 total. I can check delivery confirmation over the internet. I then walked the entire length of Greenwich Avenue, and I sat out at various locations. During my walk, the same local horse enthusiast whom suggested Limestone in the first poll position which I got confused with Birdstone also suggested Tapit, but had reservations since it is the 18th poll position. I told him I did not know anything about horses, but I liked the name "Read the Foot Notes" which is in the 14th position. I then walked some more around Greenwich Avenue during my walk, and I stopped by CVS. They have a number of discounted sale items in the office supply area. I bought a 3M Scotch 4" X 6" Photo

Laminating package with five two sided sheets for half price for \$2 and a Master Lock Padlock #3D for 75% off for \$1.75 and from the clearance shelf, I bought a 2 ounce tube of Gillette Right Guard Xtreme Sport antiperspirant deodorant cool peak for \$1.50 plus .32 tax for \$5.57 total. I also stopped by the Greenwich Hardware store, and I bought two feet of 1 inch oval 3/16 th inch thick chain for \$1.19 a foot plus .14 tax for \$2.52 total. I then completed my walk, and I used the bathroom at the senior and arts center. They cut down the old cherry tree on the north west side of the senior center this week, and they replanted it with a new cherry tree. There are some pruned limbs that need to have black pitch or pruning paint put on them. I next drove down by the waterfront. I then went by the Greenwich Library, and I read the Greenwich Time. I next returned home. I drank some iced tea. I put the bottle of French white wine that I had on the Danish bar, in the center hallway bookcase cabinet, and I also have a few other alcoholic beverages in the same cabinet, and I then put the chain that I bought around the cabinet handles, and I locked it with the Master Lock pad lock. I put the two keys in a secret place. I then laminated my bank information card that I keep in my wallet, and my last cardboard calling card. I will print out some more calling cards on paper, since paper is cheaper than cards. I can use the Avery 5371 Label setting in Microsoft Word, and then cut the sheets of paper into 10 cards. I put the remaining laminate material in my top center desk drawer. I just chatted with a relative. CIO

Note: <888> 04/29/04 Thursday 1:30 P.M.: I heated and ate a 18.8 ounce can of Campbell's select New England clam chowder, which I ate it with a glass of iced tea. I will now shut down the computer, and I will clean up. I will then go out. I have a 3 P.M. appointment. CIO

Note: <888> 04/29/04 Thursday 12:50 P.M.: I printed out some paper work to do with an affidavit that I have to send to someone. I have it ready to mail, but first I have to have it notarized at Putnam Trust Bank of New York on Mason Street. CIO

Note: <888> 04/29/04 Thursday 11:05 A.M.: [The New York Times > Business > Exxon Mobil Earnings Before Items Rise on High Energy Prices](#) . CIO

Note: <888> 04/29/04 Thursday 10:45 A.M.: I picked up my mail. CIO

Note: <888> 04/29/04 Thursday 9:55 A.M.: I was awake at 8 A.M., and I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. It is my personal perspective that well established people have so many items to keep track of in their travels and multiple homes that frequently without better communications, the individuals or family members whom work for them get confused, and they end up sending fur coats to Brazil and beach chairs to Norway. Thus when one is trying to live and run homes in multiple environments, it is frequently important to have better communications. Since I stay one place year round, I personally do not have those problems, but I have a relative whom other family members try to assist whom maintains a northern and a southern home, so it can be confusing without better communications. One would think that with all the modern cheap communications, they would take time to telephone or call. However, it is the nature of people when they are traveling between

different locations, they get a bit confused and somewhat disorientated, so what their normal focus is at home might become confused in their travels. Since none of my relatives ever chat with me or stop by to view the large selection of items I have accumulated in my apartment over these last 20 years, I assume they are not too interested in viewing them. However, some of those relatives are due to stop by in the second week of June 2004, so possibly they will find some items of interest to take to the other relative's northern home along with the day bed. At the current moment, my apartment is beginning to look like a gift shop, so perhaps, it will be a bit more spacious after I rearrange it without the day bed. CIO

Note: <888> 04/28/04 Wednesday 10:10 P.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 04/28/04 Wednesday 9:50 P.M.: I boiled a 16 ounce box of Stop and Shop vermicelli for six minutes, and I heated half a 26 ounce jar of Francesco Rinaldi low salt tomato sauce, and I refrigerated half of the vermicelli and the other half of the tomato sauce, and I put a few tablespoons of grated parmesan cheese on the vermicelli and tomato sauce, and I ate it with a glass of iced tea. I chatted with a friend. CIO

Note: <888> 04/28/04 Wednesday 8:00 P.M.: I was up at 8 A.M. this morning. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I cleaned up. I checked my mail. My new checks for my checking account arrived. I probably will only use them for paying bills. I normally do not spend that much money. I next went out, and I went by Putnam Trust Bank of New York on Mason Street. I then went by the Greenwich Hospital Thrift shop. I bought a full size beige fitted sheet for \$3 and a full size baby blue fitted sheet for \$4 for \$7 total. I noticed they have a nice large blue color oriental rug there for \$3,000. I next drove through town and through Bruce Park and along the waterfront over to Tod's Point in Old Greenwich. I walked the 2.5 mile walk around Tod's Point. I chatted with a local teacher whom was teaching about volcanology <http://www.little-scientists.com/>, and I gave him my calling card. I noticed a family friend's daffodils were out in bloom. I sat out for a while at the south east concession area. I then drove to downtown Old Greenwich, and I went by the Old Greenwich First Congregational Church rummage room thrift shop, and I bought two white pillow cases there for .50 each plus .06 tax for \$1.06. Their linens were half price today. They did have about 20 white twin sheets. I next went by CVS, and I bought a 10 ounce can of lightly salt cashews for \$2.50 and a CVS Clorox toilet tank drop-in tablet for \$1.99 plus .12 tax for \$4.61 total. I then went by the Feinsod Hardware store, and I bought a package of four National 30 pound brass picture hooks with nails similar to OOK hooks for \$1.99 plus .12 tax for \$2.11 total. I then returned to the Old Greenwich Rummage room, and I checked the white sheets, but they did not have any full size ones. I then returned back to central Greenwich, and I went by the Greenwich Hospital Thrift shop, and I bought a yellow pillow case for \$2 and a grey and brown striped pillow case for \$2 for \$4 total. I then walked about 3/4 of the length of Greenwich Avenue up and back. I cut short my walk to get to the Arnold Bread outlet. I then went to the Arnold Bread outlet, and I bought a Entenmann's apple pie for \$1.89 less 10% senior discount of .19 for \$1.70 total. I then returned home, and I chatted with some neighbors. When I

started up my computer Norton Antivirus 2004 gave me an error message that I had to reinstall it. I thus uninstalled Norton System Works 2003 and Norton Internet Security 2004, and I did a safe boot deleting the "C:\Program Files\Common Files\Symantec Shared\" folder which one has to do to reinstall Norton Internet Security 2004 with Norton Anti Virus 2004. I then installed Norton Internet Security 2004 with Norton AntiVirus 2004, and I installed the updates. I then installed Norton System Works 2003, and I installed the updates. I next ran Norton Win Doctor. I will now drink some iced tea. CIO

Note: <888> 04/27/04 Tuesday 8:20 P.M.: I noticed one Old Guard member of our community today has traded in his old white SAAB sedan for a new grey SAAB sedan. I took noticed when we almost bumped fenders today as he was leaving the Shell station at Sherwood Place and East Putnam Avenue. I guess since SAABs are made in South Carolina, although they are a Swedish car, they could be considered a Swedish American car. I also think General Motors www.gm.com owns stock in SAAB <http://www.saab.com/> . Well, I will now shut down the computer, and I will go to bed. CIO

Note: <888> 04/27/04 Tuesday 8:15 P.M.: I relaxed a while. I drank some iced tea. There is not much happening over here at the Rio Byram. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 04/27/04 Tuesday 6:50 P.M.: I went out after the last message. I drove directly down by the waterfront, and I observed the downtown area. I then went by the Greenwich Hospital Thrift Shop. I noticed they had a vintage print of the Lee family Homestead in Virginia. Alas, I would expect a member of the Lee family to buy it. I then drove by the center of town, and I observed the tulips at the tulip bed across the street from the Senior center at the veterans monument. I noticed that all of the tulips are red and white striped this year, which reminds me of either the Red Cross, Switzerland, Canada, or Denmark, since those groups all use Red and White. I noticed one salmon tulip bulb in the group. I suppose there are lots of other tulip beds in the area to observe. Traditionally the Dutch use to plant tulips in front of everything that they owned. However, the tulip is not native to Holland, but it is a wild flower from Turkey. Whatever the case with the recent tulip mania, I suppose the warmer weather brings a few people out from the cold. I noticed a few people returning from down south. I next went by the Greenwich Town Hall for my 4 P.M. appointment. I noticed they have already turned on the air conditioning in the building, so the Greenwich Town Hall is a cold weather group of people. I then returned home, and I drank some iced tea. I relaxed for a bit. I then ate 16 Town House crackers with 1/8th inch thick slices of Stop and Shop Wisconsin white cheddar cheese on them. I ate them with some iced tea. CIO

Note: <888> 04/27/04 Tuesday 1:05 P.M.: Since the United States of America and its allies are still at war with a hostile nation, I would think it would not be necessary to dress more formally during daytime activities, and it should be generally accepted that blue jeans or khakis are considered standard dress wear for daytime activities. However, some of the formal members of our business community whom might make their clients

feel more insecure if they did not dress more formally will probably still continue to dress more formally. Some days, one just does not feel like dressing up. I will now shut down the computer. I will now clean up and get ready to go out. I have a 4 P.M. appointment. CIO

Note: <888> 04/27/04 Tuesday 12:45 P.M.: I chatted with a relative. I checked my mail. I received a membership application for <http://www.usni.org/> which is \$35 a year, but alas my shore pay never came in after 50 years in the U.S. Navy, so maybe I was just working for a box of Cracker Jacks <http://www.crackerjack.com/home.htm> . CIO

Note: <888> 04/27/04 Tuesday 10:45 A.M.: My Microsoft Investor portfolio <http://moneycentral.msn.com/investor/home.asp> and use with www.geocities.com/mikelscott/scopor01.zip shows that Royal Dutch Shell www.rd.com paid a .74 a share dividend today Investors Centre - Latest Dividend Announcement: Royal Dutch . I guess someone in the Netherlands is making money at tulip time. CIO

Note: <888> 04/27/04 Tuesday 10:30 A.M.: I rested for a while. I finished off eating the other half of the 12.5 ounce bag of white corn chips with some iced tea. CIO

Note: <888> 04/27/04 Tuesday 8:10 A.M.: The computer is receiving a DNS attack, so I will shut it down for a while, and I will rest. CIO

Note: <888> 04/27/04 Tuesday 7:15 A.M.: I proofed "Frederick Von Mierers" or "Life on the Poor Side of Beekman Place" . I am now microwaving a Stouffer's 12.5 ounce Lean Cuisine chicken with mushrooms dinner, which I will eat shortly with a glass of iced tea. CIO

Note: <888> 04/27/04 Tuesday 5:50 A.M.: I published a note about someone that I once knew in Manhattan "Frederick Von Mierers" or "Life on the Poor Side of Beekman Place" . CIO

Note: <888> 04/27/04 Tuesday 2:40 A.M.: I did not fall asleep until about 6 P.M.. I ate a half of a 12.5 ounce bag of Snyder's 40% less fat white corn chips along with some iced tea before falling asleep. I was up at 1:30 A.M., and I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. CIO

Note: <888> 04/26/04 Monday 2:20 P.M.: I will now shut down the computer, and I will go to bed soon. However, I will first eat a piece of apple pie with a glass of iced tea. CIO

Note: <888> 04/26/04 Monday 2:10 P.M.: More water information <http://www.worldwater.org> and <http://www.worldwater.org/links.htm> . At the moment, we seem to be getting quite a bit of rain in Greenwich, Connecticut which is normal for this area. CIO

Note: <888> 04/26/04 Monday 1:40 P.M.: I went out after the last message, and I went by Putnam Trust Bank of New York on Mason Street. I then went by the Greenwich Hospital thrift shop. I next drove down by the waterfront. I then drove over to Staples in Old Greenwich, and I bought a 3 pack of Staples clamp binders for \$5.99 and a 500 sheet package of 24LB Staples laser paper for \$4.98 plus .66 tax for \$11.63 total. I chatted with one employee who was concerned about drought conditions in Columbia caused by rapid deforestation and erosion, and he was wondering if there were anyway to find underground water with satellite technology. I told him I would email him. These sites might be of interest to him <http://www.rainwaterharvesting.org/> and <http://southport.jpl.nasa.gov/>. I suppose one might also be able to use infrared satellite photos <http://www.goes.noaa.gov/> to find underground water. I told him that I thought the study of water management was called "hygronomy", but there does not seem to be much mention at Google on it. Also there is Hydrology <http://etd.pnl.gov:2080/hydroweb.html> and <http://www.ghcc.msfc.nasa.gov/GOES/>. I will email the individual shortly, since he gave me his email address. He told me he had an older brother whom had a chemical engineering degree from the University of Illinois. I next went by Smoke for Less in Byram, and I bought a carton of Seneca Ultra Lights 100s cigarettes for \$31 total. I returned home, and I drank some iced tea. I put the new laser paper underneath my Minolta laser printer, and I put the clip binders with the other ones on the left hallway bookcase with my other clip binders. CIO

Note: <888> 04/26/04 Monday 8:15 A.M.: I watched a bit of television including the television show "Lost World" <http://www.lostworldtv.net/>, which I sort of enjoy, since it seems to use a bit of scientific fact for its script. I think Sir Arthur Conan Doyle <http://www.sherlockholmesonline.org/> also wrote Sherlock Holmes. Well, I will now shut down "HAL", and I will clean up, and I will go out for some errands. I think I should remember to bring my umbrella. CIO

Note: <888> 04/26/04 Monday 6:40 A.M.: I chatted with a friend, and the friend told me that some kids pulled off the electric meter off his farm's chalet about six weeks ago, and although the electric meter had been repaired, he has to go up there to check for frozen pipes. This is at a location about two hours north of here, so it is colder. CIO

Note: <888> 04/26/04 Monday 6:10 A.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm which I had with iced tea. I threw out some garbage. It is suppose to rain all day, so I will not be going out for a walk this morning. However, I will probably go out for some errands at 8:30 A.M. this morning. Back in the old days in Holland in the Netherlands that swamp area west of Germany and North of Belgium and south of Denmark, the tulip almost replaced money [Tulips history Holland](#). When I use to live in New Amsterdam about 20 miles west of my current home, there use to be a group of volunteers whom lived on Park Avenue in Manhattan whom would plant tulips in the center street islands on Park Avenue. It was always fun to see the tulips in bloom, and I suppose it reminded old Dutch New Yorkers of their Dutch Heritage. Well, I guess this week is tulip week in this area, so one can always admire the tulips in one's travels in this area. CIO

Note: <888> 04/26/04 Monday 4:45 A.M.: [The New York Times > New York Region > Stung by Suit, Greenwich Weighs Ban on Sledding](#) . I went through my email. CIO

Note: <888> 04/26/04 Monday 3:50 A.M.: I ate three piece of .25 inch by 1.5 inch by 1 inch slices of Stop and Shop Wisconsin white cheddar cheese. I installed and ran [TechTV | Free File: SpywareBlaster](#) . CIO

Note: <888> 04/26/04 Monday 3:05 A.M.: [TechTV | Free File: SpywareBlaster](#) . CIO

Note: <888> 04/26/04 Monday 3:00 A.M.: I unplugged my DeLonghi toaster oven, and I cleaned out the crumbs from it by opening the bottom panel and wiping the crumbs out from it. CIO

Note: <888> 04/26/04 Monday 2:35 A.M.: I watched television after the last message, and I chatted with a friend about 6:30 A.M. before going to bed. I was up at 10 P.M. when a relative called. I had breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I went back to bed until about 1:30 A.M.. I watched a bit of television. I guess I will now do some regular computer work. [John Kerry Jewish roots](#) [Senator John Kerry's Jewish roots and membership in Skulls and Bones](#) and [John Kerry has Jewish roots -- who knew? \(February 07, 2003\)](#) . Also a friend of mine whom knows the inside Manhattan gossip told me that John Kerry had an affair with a senate intern and he also was alleged to have beat his first wife. If so many items about John Kerry's personal life and back ground have been covered up by the liberal media, it sort of makes one wonder what other skeletons might be in his closet. He also attended schools in Switzerland [swissinfo Travel - Central Switzerland John Kerry's school in Switzerland](#) . Thus if the liberal media is so protective of their candidate in disclosing personal information about him, it sort of makes one wonder if we do indeed have a free press in this country. CIO

Note: <888> 04/25/04 Sunday 10:30 A.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 04/25/04 Sunday 9:05 A.M.: I watched some television after the last message. I chatted with a friend. I watched a bit more television. With the family basic Optimum online cablevision package, there does not seem to be much original content on television, and it is mostly repeats. I frequently think about canceling my cablevision service and saving the \$50 a month, but I occasionally like watching some of the news stories. The political news stories do not interest me too much, since most of the liberal press have a bias against the republican party. However, most people through out the country know this, and the way I figure it, President Bush will win again this November. I took the last 1/3 of a pound of cold eye round, and I sliced it into quarter inch thick slices, and I put Lea and Perrins Worcestershire sauce on it, and I ate it with a reheated half of a 15 ounce can of Green Giant sweet tender baby green peas with a small bit of olive oil on them. I had the meal with a glass of iced tea, then I ate a piece of apple pie. CIO

Note: <888> 04/25/04 Sunday 6:15 A.M.: After completing the update work, I shut down the five backup computers. I will now put the primary computer on standby, and I will rest for a while. CIO

Note: <888> 04/25/04 Sunday 5:10 A.M.: I have been doing some routine systems maintenance on the five backup computers. I ate three 1.5 inch by 1/4 inch by 1 inch slices of Stop and Shop Wisconsin white cheddar cheese with some iced tea. CIO

Note: <888> 04/25/04 Sunday 3:15 A.M.: I tried going to bed after the last message, but I did not fall asleep until about 5 P.M.. I ate the last remaining crumbs of the open package of white corn chips. I was up at 11 P.M., and I ate breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I watched on the Turner movie channel [Russians Are Coming, the Russians Are Coming, The \(1966\)](#). Since Nat Benchley is a local writer here in town that also lives in Sconset out in Nantucket, it was enjoyable seeing the familiar terrain of the Cape Cod Island. If I am not mistaken the movie was filmed on Cuttyhunk <http://www.cuttyhunk.com/> which is one of the smaller islands off Cape Cod. I had seen the movie a couple of times before, but it is enjoyable to see what the island looked like back in 1966. I have never been to Cuttyhunk, but I used to know someone whom knew the writer Xaviera Hollander whom apparently use to live on Cuttyhunk in the summer. I sort of like the beginning part about how damp it is around the ocean, and how it aggravates one's arthritis. When I used to live in Nantucket, visitors to the island used to sleep for about the first week until they got use to the dampness. The high moisture content on oceans islands tends to make one tired or it could be the lower barometric pressure. Locally here in the Greenwich, Connecticut New York area, I have read the Russian consulate to the United Nations has 6,000 personnel, and there have been over a half million Russians immigrants to the New York area in the last 20 years since the Wall came down. However, I suppose over time, they have also spread out over the Americas, since they obviously would explore other areas besides the New York area. Since I do not go to Manhattan as much anymore, exactly one time in 10 years, I do not see as many Russians, as I use to see, when I was walking around the Manhattan Russian consulate on East 65th street near where Richard Nixon use to have his Town House. I suppose the more professional Russians have mixed into the New York professional market, but more than likely they are all involved in International Business. My father use to know Dr. Armand Hammer whom use to do business with Russia, so more than likely I have met a number of Russians over the years. However, Russians to relax people frequently tell people they are from Scandinavia. I believe there is also a Russian consulate in the Riverdale section of the Bronx, and there is another one in Glen Cove, Long Island. Thus any long term Russian residents in the Greenwich, Connecticut or the neighboring area would probably know whom I am. Recently two different people in Greenwich whom live and work downtown have told me I look like someone locally named Jim Larkin whom I do not seem to know. I read on the internet that Jim Larkin was an Irish labor organizer on the waterfront in Ireland and the United Kingdom <http://www.iol.ie/arena/webpages/larkin/> in the 19th century, so maybe the Jim Larkin here has a relative. Since I am supposed to have Jim Larkin's look, possibly he also was around the waterfront in Manhattan when I covered the waterfront area in Manhattan, and maybe we were confused with each other.

I do not recall having met a Jim Larkin here in town. However, frequently when one sees someone whom looks like oneself, one does not notice that individual, since that image is the image one is most frequently use to seeing in the mirror. However, there is a young fellow whom looks I did when younger, whom I might have seen before

<http://www.astro.ucla.edu/~larkin/> or maybe he has a father of the same name that would look more like me. I originally bought my first home computer about 12 years ago, and before getting on the internet about nine years ago, I use to dial up a local computer BBS in Old Greenwich, Connecticut run by Jim Bolster with lots of information on Astronomy and Astrophysics. Last I heard about five years ago, Jim Bolster was working at an astrophysics observatory in Argentina. I used to visit another friend Jim Eldert at the University of California at Santa Cruz from 1978 to 1980 where the Lick Observatory <http://www.ucolick.org/> was located. Also when I last lived in Manhattan until February 1982, I use to live on West 74th Street at a friend's apartment which was near the Natural History Museum <http://www.amnh.org/> with its planetarium. Thus having grown up around NASA before I moved to Greenwich, Connecticut in 1961, more than likely there are certain people whom I was around in the early days whom might still be around or whom might have children in similar scientific endeavors. CIO

Note: <888> 04/24/04 Saturday 2:45 P.M.: I ate a piece of apple pie with a glass of iced tea. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 04/24/04 Saturday 2:05 P.M.: I went out after the last message. I sat out for a while downtown. I ran into a local morning walker, so we walked up to the top of Greenwich Avenue and as far east on East Putnam Avenue as Christ Church. We then walked back west on East Putnam Avenue as far the Kinko's copy center, and then we walked down the back alley way as far as West Elm Street, and then we walk back to the center of Greenwich by the post office and parted company. I sat out for a while more. I then drove down by the waterfront. I chatted with one of the regular fishermen. I then went by the Greenwich Hospital Thrift Shop. For \$2 I bought a Eveready spot light, with orange flasher and fluorescent tube with batteries that did not work except intermittently. I also bought for a dollar a four pack of Duracell D batteries which were dated to be used by January 1993 for \$3 total. I then went by the Greenwich Library, and I read the Greenwich Time. I next returned to my car and the white quartz clock with the hands had fallen off the dashboard. I guess because I used Turtle Wax dashboard protector, the sticky patch on the Velcro strips would not hold its weight. Since it had a clamping apparatus, I put the white quart clock with hands on the passenger side door map pocket, where one can see it easily from the driver's side. I then returned home. I received a birthday card in the mail from a relative, and they told me they would be picking up the day bed and box spring and mattress from my living room in June to take it up to another relative's in Kennebunkport, Maine. Thus I will soon have some extra room in the apartment to spread out the remaining items. When they stop by in June, I will try to see if they need any other items that I might have around my apartment. I next checked out the Eveready spot light, and the problem was that the bulb in the spot light beam part of it was lose, and once I installed it securely it worked properly. There is not a cover for the florescent tube part, but it all works fine enough. I will keep it in the apartment on the Danish bar behind the Queen Elizabeth II whisky jug next to the heavy rubber RayOVac

flash light. The florescent light part would be handy for an electricity black out. Also the batteries in the four pack of Duracell D batteries work just fine, so I guess they do not wear out over time as quickly as the manufacturer thinks, but they might not last as long. Then I took my winter gloves, scarves, and knit caps off the small shelf behind the apartment door beneath the wall clock, and I put them on the lower shelf in the hallway sweater closet. I then took the Eveready large beam lantern from the floor, and I put it on the shelf with the RayOVac Sportsman flash light that was already there along with the four pack of D batteries that I just bought along with 5 new Walgreen Ultra Alkaline D batteries and three Fuji alkaline D batteries in opened packs. In the second down smaller drawer in the blue kitchen bureau where I keep my other spare batteries, I also have two packages of two Polaroid alkaline D batteries and two packages of two CVS alkaline D batteries along with all of the other batteries. I also have on the floor behind the apartment door a small Eveready beam lantern and two Eveready lantern batteries one of which I think is unused and the other is partially used. I also have all of the other flash lights around the apartment. I drank some iced tea. CIO

Note: <888> 04/24/04 Saturday 7:50 A.M.: I heated and ate a 18.8 ounce can of Campbell's Chunky New England clam chowder. I ate the soup with a glass of iced tea. I will now shut down the computer, and I will go back out. It looks to be a nice day. CIO

Note: <888> 04/24/04 Saturday 7:30 A.M.: I took the white Quartz clock with hands off my refrigerator door, and I took it down to my Hyundai, and I used new Velcro strips to place it on the dash board of my Hyundai where I had the Quartz LCD clock. The Quartz LCD clock tends to overheat in the summer and not work, so hopefully the white Quartz clock with hands will work better. I put the Quartz LCD clock on my refrigerator door. CIO

Note: <888> 04/24/04 Saturday 6:55 A.M.: I noticed in the Greenwich Post recently <http://www.acorn-online.com/greenwichhome.htm> that the Harvest Time Assembly of God <http://www.htag.org/> has a new home and other Greenwich churches <http://www.greenwichcommunitypage.com/ReligiousOrgs.htm>. I remember when the Harvest Time assembly of God was first meeting in the YMCA, and I remember when they use to be on Old Track Road. I recall responding to an advertisement in a local paper about someone looking for church property about 10 years ago, and I recall calling them up at about 1 A.M. in the morning to tell them there was property available on King Street. I wonder if it was the same group that I called. I also recall the Harvest Time Assembly of God bringing me a turkey for Christmas about five years ago. It is enjoyable to see that they have grown and prospered. In my residence in Greenwich as a youth, I attended the Round Hill Community Church, and I also attended a few times the Presbyterian Church and Christ Church. Thus being in the down town area, I see a lot of church people all the time. Of course there are other churches in Greenwich that do not seem to have made the long list. Recently I have not attended church too much since I am frequently on a night schedule. I recall the last time I attended church was at the Madison Avenue Presbyterian church when the United States Navy Academy glee club

was there in February 2002 in Manhattan during my only trip there in about ten years.
CIO

Note: <888> 04/24/04 Saturday 6:15 A.M.: I went out after the last message. I went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I checked out my new ATM card at the Putnam Trust Bank of New York ATM machine on Greenwich Avenue, and it works just fine. During my walk, I noticed all the daffodils are out and the tulips are just beginning to come out. I sat out for a while, and I listened to the morning birds. I then drove down by the waterfront. I next went by the Exxon gasoline station next to the Greenwich library, and I bought \$5.45 of regular unleaded gasoline at \$2.079 a gallon for about 26 miles per gallon. I also bought a cardboard Christmas tree Nu-Car scent for \$1.18 plus .07 tax for \$1.25 for \$6.70 total. I put the Nu-Car Christmas tree scent on the driver's side rear seat belt hook, and I threw out the old one. I just now returned home. I believe the tulip festival <http://www.tuliptime.com/> is in Holland, Michigan <http://www.holland.org/> and <http://www.thehollandsentinel.net/> and <http://www.dutchvillage.com/> from May 1, 2004 to May 8, 2004. This year is the 75th anniversary "Diamond Jubilee". CIO

Note: <888> 04/24/04 Saturday 3:45 A.M.: I put the iced tea in the refrigerator. I checked outside, and it has quit raining, but it is still damp out. I will put the computer on standby, and I will go out for an exercise walk. CIO

End of Scott's Notes week of 04/24/04:

Note: <888> 04/24/04 Saturday 2:55 A.M.: Remember next Saturday is <http://www.kentuckyderby.com/2004/> . A local horse player here in Greenwich, Connecticut likes this horse http://www.kentuckyderby.com/2004/derby_coverage/derby_entrants/birdstone/ , however anything can happen in a horse race, so do not forget <http://www.kentuckyderby.com/> and <http://www.interbets.com> . Of course one could also go up to Norwalk, Connecticut OTB to place a wager http://www.trackinfo.com/pl/pl_otbs.html or in New York City <http://www.nycotb.com/> . Of course one could also watch it at the <http://www.jockeyclub.com/> if one were a member. I have a friend whom works for www.nyra.com , so maybe he knows more. I will now send out my weekly notes. CIO

Note: <888> 04/24/04 Saturday 2:25 A.M.: Messy finger prints on the screen [SAMSUNG's Digital World - Press Center Internet Refrigerator](#) . CIO

Note: <888> 04/24/04 Saturday 2:15 A.M.: Old Dude music www.neverfellow.com . I am just finishing going through my email. It is suppose to continue to rain until 4 A.M.. CIO

Note: <888> 04/24/04 Saturday 1:30 A.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I sliced three 1/4 inch thick slices of the cold eye round beef, and I cut them into half inch wide strips. For the

cheddar cheese portion, I used Stop and Shop Wisconsin white cheddar cheese. I used all of the other regular ingredients. I am now making up a batch of www.geocities.com/mikelscott/icetea.htm . CIO

Note: <888> 04/24/04 Saturday 12:15 A.M.: I rested until noon yesterday, when a relative called and told me about this article <http://www.nytimes.com/2004/04/23/nyregion/23queen.html> . I then slept until 6 P.M.. I then got up, and I vacuumed my apartment. I then had breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I watched the NBC evening news. I checked my mail. I then went back to bed until 10 P.M.. I cleaned up, and I went out. I went by the Food Emporium, and I got there before midnight, so I got this past week's sale items. The Food Emporium starts each new week's sale items at midnight between Friday and Saturday. They are opened all night weekdays through Friday night Saturday morning. I bought a quart of America's Choice lemon juice for \$2.19, a quart of America's Choice strawberry jam for \$2.79, two 17 ounce bottles of Monari balsamic vinegar for \$2.49 each, four Stouffer's 13.5 ounce Lean Cuisine different varieties of chicken dinners for \$2.29 each. I got a chicken with mushrooms, chicken Florentine, glazed chicken, and chicken Tuscan meals. I also bought a 20 ounce bag of America's Choice frozen onion rings for \$1.79 and a 30 ounce bag of mini potato pancakes for \$1.69 for \$23 total. I then drove down by the waterfront. Since it was raining, I did not walk. I stopped underneath the Steamboat Road Interstate I-95 bridge for a cigarette break out of the rain. I then returned home, and I put away my purchases, and I drank some iced tea. CIO

Note: <888> 04/23/04 Friday 4:40 A.M.: I ate 16 low fat Town House crackers each with a 1/4 inch by 3/4 inch by 1 1/2 inch pieces of Wisconsin white cheddar cheese on them along with a glass of iced tea. I will now shut down the computer, and I will rest for a while. CIO

Note: <888> 04/23/04 Friday 4:25 A.M.: I went through my email. I also sent out an email pertaining to someone else's inquiry on a legal matter. CIO

Note: <888> 04/23/04 Friday 1:40 A.M.: I was up at 9 P.M.. I chatted with a relative. The relative told me that the Queen Mary II encountered 70 foot seas on its way across the Atlantic to Manhattan, so it must have been a rough crossing. I had breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I took the new signed photograph of President Bush, and I put it in the frame holding the Bush Cheney inaugural invitation, and I hung it to the right side of the day bed beneath the Queen Elizabeth II, President and Laura Bush photograph above the magazine rack. I move the memorial picture of Princess Juliana to above the sweater closet door, where the Bush Cheney inaugural invitation was. I took the winter comforter off the bed in my bedroom, and I packaged it up in the plastic wrapper it came in, and I put it on my center bedroom closet shelf. I did my house cleaning and watering the plants. I still have to do the vacuuming. While doing my house cleaning, I listened to the final tape number 6 of Dutch about Ronald Reagan. I listened to it with my Emerson wireless headphones. I am now recharging the Radio Shack rechargeable nickel

cadmium batteries, and they should be fully charged by 8 A.M.. I have a fresh pair in the Emerson wireless headphones. I threw out the garbage including the waste paper and the garbage from the bathroom. I put a new CVS Clorox toilet tank tablet in the bathroom toilet tank. It is suppose to be raining this morning, so I will be staying inside. CIO

Note: <888> 04/22/04 Thursday 4:20 P.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 04/22/04 Thursday 4:15 P.M.: I went out after the last message. I made it to my 3 P.M. appointment. I returned home. I ran Norton Speed Disk on the C: drive while I was out. I just ate a piece of apple pie with some iced tea. CIO

Note: <888> 04/22/04 Thursday 2:00 P.M.: I received a nice signed picture in the mail of President Bush <http://www.georgewbush.com/>. I will look for a frame to put it in. I received a package from a relative via UPS. I downloaded and installed the 60 day demo of Microsoft Money 2004, but it works just the same way with www.bny.com as Microsoft Money 2002, so I uninstalled it. I will now shut down the computer, and I will now go back out for my 3 P.M. appointment. CIO

Note: <888> 04/22/04 Thursday 1:15 P.M.: I reinstalled Microsoft Money 2002, and it works just fine. However, it does not import the information from www.bny.com. I am not sure if Money 2004 would are not. However, www.bny.com online works just fine. CIO

Note: <888> 04/22/04 Thursday 12:30 P.M.: I went out after the last message. I went by Putnam Trust Bank of New York on Mason Street. I opened a free checking account for life providing I maintain a \$100 minimum balance. I also received \$10 off a \$20 check order. I will also receive a Master Card debit card. I received a temporary ATM card until I receive the card. I also signed up for online banking at www.bny.com and online bill paying. I next went by the Greenwich Housing Authority, and I gave them my signed lease information. I then went by the Greenwich Hospital Thrift shop, and I bought a parallel printer cable for \$3. I then drove down by the waterfront. I next went by the central Greenwich Post Office, and I bought 10 Washington D.C. stamps for .37 each for \$3.70 total. I then went by the Merry Go Round Mews thrift shop. I next went by the Arnold Bread outlet, and I bought two 5.5 ounce packages of Arnold garlic and herb large cut croutons for .99 each, a Entenmann's apple pie for \$1.89, and a loaf of Freihofer's oat nut bread for \$1.35 less 10% senior discount of .52 for \$4.70 total. I then returned home. I heated a 18.8 ounce can of Campbell's New England clam chowder which I ate with 12 large cut croutons and a glass of iced tea. I then checked out www.bny.com online banking. To get it to work with Microsoft Money 2002, I have been prompted to reinstall Microsoft Money 2002, which I will do now. I have a 3 P.M. appointment this afternoon. CIO

Note: <888> 04/22/04 Thursday 7:55 A.M.: I was up at 6 A.M.. I watched television. I will shut down the computer. I will now get dressed and go out for some daytime activity. CIO

Note: <888> 04/22/04 Thursday 2:25 A.M.: I will now put the computer on standby, and I will lie down for a nap for a while. CIO

Note: <888> 04/22/04 Thursday 2:10 A.M.: I ran Ad-aware 6.0, Spybot, and Norton WinDoctor. I did a System restore backup. I ran Disk Cleanup on the C: drive. I turned off Norton AntiVirus 2004, and I installed Windows XP SP2 Release Candidate 1 #2096 upgrade. I then ran the Windows updates. I next did a System Restore backup of the C: drive. I then ran Disk Cleanup on the C: drive. I next ran Norton WinDoctor. The system is running just fine with the upgrade. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I sliced three 1/4 inch thick slices of the cold eye round beef, and I cut them into half inch wide strips. For the cheddar cheese portion, I used Stop and Shop Wisconsin white cheddar cheese. I used all of the other regular ingredients. I had the salad with a glass of iced tea. CIO

Note: <888> 04/21/04 Wednesday 11:55 P.M.: I went out after the last message. I went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I then drove down by the waterfront. I next went by the Food Emporium, and I bought a head of organic broccoli for \$1.99 and a 12.5 ounce bag of Snyder's low fat white corn chips for \$1.69 for \$3.68 total. I then returned home, and I drank some iced tea. I moved the black and white comforter from the blue sofa to the end of the bed in the bedroom for when I take naps. I ran the Symantec updates for Norton Internet Security 2004. I will now do a backup with System Restore. I will then run Disk Cleanup on the C: drive. I will then install Windows XP SP2 Release Candidate 1 #2096 on the primary computer. I had a call this morning at 11:30 A.M. from Microsoft about www.microsoft.com/livemeeting/ , and I explained I had not had time to evaluate it yet. CIO

Note: <888> 04/21/04 Wednesday 9:00 P.M.: I will now shut down the computer, and I will clean up, and I will go out. It is suppose to rain around midnight. CIO

Note: <888> 04/21/04 Wednesday 8:40 P.M.: I was up at 6:30 P.M.. I watched some of the evening news. Today is Queen Elizabeth II's 78th birthday <http://www.royal.gov.uk/> , but she does not celebrate it until June when it is warmer in England. I had breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I chatted with a relative. I am thinking about opening a Bank of New York www.bny.com checking account with a Master Card debit card, so I can order cigarettes from <http://www.smokemcheapcigarettes.com/> more cheaply, and I also could pay my bills with personal checks instead of United States post office money orders. For the free checking one has to keep a \$100 in one's bank account, so I might just do the individual charge per check method. I will have to think about it. With the debit card, one can only spend the amount in one's checking account. It is not a credit card. I would still keep my Bank of New York savings account. CIO

Note: <888> 04/21/04 Wednesday 6:05 A.M.: Somebody in India with money <http://www.maharajajodhpur.com/> . CIO

Note: <888> 04/21/04 Wednesday 4:55 A.M.: I watched some television. I ate the last piece of apple pie with some iced tea. I will now put the computer on standby, and I will rest a bit. CIO

Note: <888> 04/21/04 Wednesday 4:00 A.M.: <http://www.smokemcheapcigarettes.com/> at the web site Seneca cigarettes are \$11.25 a carton, and they soon will also except checks for payment for those people whom do not have credit cards. CIO

Note: <888> 04/21/04 Wednesday 3:45 A.M.: I went through my email. CIO

Note: <888> 04/21/04 Wednesday 3:25 A.M.: [The New York Times New York Region A Ship So Big, the Verrazano Cringes](#) . CIO

Note: <888> 04/21/04 Wednesday 3:05 A.M.: I ate a 1/4 inch by 1.2 inch by 2 inch slice of Stop and Shop Wisconsin cheddar cheese with some iced tea. [Technology News Article Reuters.com Top Internet Countries](#) . CIO

Note: <888> 04/21/04 Wednesday 2:30 A.M.: I finished reading some of the computer technical press and other periodical press. CIO

Note: <888> 04/21/04 Wednesday 12:30 A.M.: I rested a bit. I watched some television. I will now read some of the computer magazines and periodical press that I have accumulated recently. CIO

Note: <888> 04/20/04 Tuesday 11:30 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I sliced two 3/8 inch thick slices of the cold eye round beef, and I cut them into half inch wide strips. For the cheddar cheese portion, I used Stop and Shop Wisconsin white cheddar cheese. I had the salad with a glass of iced tea. I will now put the computer on standby, and I will rest some more. CIO

Note: <888> 04/20/04 Tuesday 10:10 P.M.: I was up at 3 P.M. today, and I ate breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I fell back to sleep until 9 P.M.. I chatted with a relative. I put all of my recipes on a separate page from the homepage <http://www.geocities.com/mikelscott/recipe.htm> . I will now check the mail downstairs. CIO

Note: <888> 04/20/04 Tuesday 6:05 A.M.: I microwaved and ate the Stouffer's chicken Florentine dinner, which I ate with a glass of iced tea. I put a little bit of olive oil on the carrots. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 04/20/04 Tuesday 5:20 A.M.: I went out after the last message, and I dropped off a calling card at the Shell gasoline station on West Putnam Avenue. I then went by the Food Emporium, and I bought a half gallon of Florida Natural orange juice for \$2.50, a 10 ounce bag of Harvest select all natural spinach for \$2.49, a 13.25 ounce Stouffer's Lean Cuisine chicken Florentine for \$2.39, and a 12.5 ounce Stouffer's Lean

Cuisine chicken with mushrooms for \$2.39, a 12 ounce box of mushrooms for \$2.49, a 16 ounce bag of baby carrots for \$1.79, and plum tomatoes at \$1.99 a pound for \$3.24 for \$17.29 total. I was told by one of the staff about [Bazooka Adware and Spyware Scanner - Free spyware scanner](#) . I will install it shortly. I then returned home, and I put away my groceries, and I drank some iced tea. CIO

Note: <888> 04/20/04 Tuesday 3:15 A.M.: I went out after the last message. I walked the entire length of Greenwich Avenue. I sat out at various locations. I went by the train station area, and they still are working at the train station area at night on the bridges and the track. One of the maintenance personnel told me they need to replace the electrical towers which they have not allocated money for. The project there is a \$30 million dollar project. The engineering company is an engineering company with Harris in the name and three more other names. I next drove down by the waterfront. I next went by the ATM machine at Putnam Trust Bank of New York on Mason Street. I then went by the Shell station on West Putnam Avenue, and I gave them my last calling card. Another acquaintance whom I had not seen in a while came into the station, so I retrieved the calling card, and I gave it to the other acquaintance. I lower the air in my tires from 35 PSI to 32 PSI. As it warms up, the air in one's tires increases with the increased temperature. I will now use my last two Avery 5371 sheets to print out 20 more calling cards. I will then go back out to give one to the Shell Station. When I was out before the Food Emporium was closed, so I will check back to see if they are now opened. CIO

Note: <888> 04/20/04 Tuesday 12:20 A.M.: At 12:02:30 A.M., the lights and electricity just blinked for a couple of seconds, and I had to restart the computer. It is currently 74 degrees Fahrenheit, and since I did not wake up until 3 P.M. this afternoon, I think I will go out and do a little star gazing, just to familiarize myself with the local turf at night to see if it is still pretty much the same. Tuesday nights and Wednesday morning are generally the slowest time of the week at night. I will put the computer on standby. CIO

Note: <888> 04/19/04 Monday 11:50 P.M.: I put away my laundry. I guess too many people in this area watch too much television because it is a colder area. Thus the military activity on the television tends to scare civilians whom have not lived around the military and whom frequently know about as much about the military as what is in the modern cinema. Having lived and traveled around the U.S. Military when I was not in Greenwich, although I have not actually been involved in combat, I know the U.S. Military is a quite large group of people whom are well funded. Thus since I have seen certain elements of the U.S. military and their activities at a modest level, I feel somewhat secure that they are capable of protecting this country. Also since the U.S.A. has two friendly neighbors on their borders and two large oceans on either side with a well equipped U.S. Navy to secure the oceans, we have a very good level of military protection in this country. However, all I know is what I read in the civilian press versus military communications. Since in times of war, it would be against journalistic principles to publish information on the U.S. military except what they chose to publish, I can not really say much more. It would seem to me if the military news in the public media scares people, they should try looking at other information. I remember during World War II, the civilians in the United States whom were not involved in the military

effort worked in the defense production industry producing the materials needed by the military. Also a great many people whom were not involved in the military or production worked on such efforts as Victory gardens and salvage drives. Since Greenwich, Connecticut is a well established community, the citizens may feel, they do not have the time to help out on some certain level. I guess we have not reached that point yet in this more modern world where some of the old fashioned techniques might still work. Whatever the case from my viewpoint, my modest apartment is well maintained, and all of the computers are working well, so what on my limited budget, I have been able to do is successful. However, there is always something else that others can do. I suppose since people prefer not to bother me, since I am disabled, I just simply do what I think is best. In my writing, I try to do it in a friendly Midwestern style versus the tombstone press of the New York press. I obviously know other styles of writing from having traveled and read quite a bit. Since I read so much technical information on the internet, I tend to write short summaries with just the basic facts. In other words, I do not write like I were writing a movie script or great literature. Since I chat with various people through out the day, I find out occasional information that I do not report, since it might be more sensitive information to the individuals involved. Thus a lot of what I write is more a historical memoir or log of activity that I can remember a bit of now versus what the current reality might be in that same location today. Since we have mass communications in this country today, more than likely people seem to all know the same news, so I tend to look at more technical reports which most people would find boring, since as a self trained engineer, I have some back ground in the technical field that other people might not have. What ever the case, I suppose those people in the public arena with White House fever will soon find out, they are not going anywhere without money, and to have money to influence public policy, one generally has to work at some profession or skill. Thus at the moment, I see a great many democrats using the Greenwich library as a political platform which is their right, but at the same time, the other political parties have the equal rights to use it too, and since over half the town population might not be U.S. voting citizens along with visitors and guests, they more than likely would have other non political interests relevant to their homelands. Since I think more like a reference librarian on the internet, I tend to focus my insight towards what I know is available on the internet, and not what is personally financially profitable or politically advantageous. Since the republican party control the Executive branch of government at the current moment, there are probably a large number of displaced democratic operatives. However, just because they once worked in government and they might once again work in government in the future does not mean they have the right to pretend that they are still in government when in fact they are not. It is my personal viewpoint that most of the full time government officials do not change very much with elections, since most government work is not as highly paid as the private sector, and there are so many complex procedures that the entrepreneurial spirit is frequently stifled. Whatever, the case if all that people are upset about is what is on television, they can disconnect their cable television service and read a wide variety of printed press available. When I went to Lake Forest College www.lfc.edu, there was a wide variety of printed material available because the Donnelly family of R.R. Donnelly <http://www.rrd.com/> had donated the library and there was a large variety of printed information to read. It is my primary belief the purpose of the library is for reading and

obtaining reading material, so the concept of networking in the library to me is anathema. I have used the Greenwich Library for 43 years, so obviously I know a few other library users. I suppose, since I do not pay attention much to the younger generation whom seem to be in business, I am more involved in other more technical computer research in the reading material I read in the Greenwich library, and since I have the internet at home with ample communications, I would imagine if anyone wanted to email me, they would be able to do so. Thus by keeping my web presence very simple, I do not pretend to be a great metropolitan university lording it over the simple idiots in the country. From what I know a great many academic people from the New York University systems live in this area, so just because the fact there is the internet, they more than likely are waiting to publish their books or other publications in which case, they might earn some money unlike me who takes the time to volunteer my two cents. CIO

Note: <888> 04/19/04 Monday 10:10 P.M.: I have 25 minutes to go on the dry cycle of the laundry. I chatted with a relative. I reheated the remaining half of the steamed rice from yesterday and a half of a 15 ounce can of Green Giant green peas, which I ate with four 1/4 inch thick slices of the cold eye round beef with Lea and Perrins Worcestershire sauce. I had it all to eat with a glass of iced tea. CIO

Note: <888> 04/19/04 Monday 9:05 P.M.: I put clean linens on the bed in the bedroom yesterday. I just started two loads of laundry, and it has 25 minutes to go on the wash cycle. CIO

Note: <888> 04/19/04 Monday 8:45 P.M.: I had a telephone call from a friend about 6:30 A.M. this morning. I was awake at 3:00 P.M. this afternoon. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I cleaned up, and I went out. I went downtown, and I walked the entire length of Greenwich Avenue. I sat out at various locations. During my walk, I stopped by CVS, and I bought two 32.5 ounce bottles of GlowIt tough acting orange cleaner degreaser and multi-purpose cleaner for .88 each and a 19 ounce bottle of Ajax antibacterial dish washing liquid for .77 less a \$2.50 bonus bucks coupon for .03 total cost. I then completed my walk, and I sat out at various locations. I next drove down by the waterfront. I then went by the Greenwich Library, and I read the first section of the Greenwich Time. I then returned home, and I chatted with some neighbors, and I drank some iced tea. CIO

Note: <888> 04/19/04 Monday 4:15 A.M.: Of course since Greenwich, Connecticut is supposedly still an Exxon company town, we could try to get some wealthy Exxon personnel from Irvine, Texas to come up here for medical treatment at our local hospital <http://www.greenhosp.org/home.asp> under the Exxon www.exxon.com company medical plan, so maybe we might make a little money in Greenwich. Of course, I am not sure whether White Plains, New York is still an Exxon company town, but they have <http://www.burke.org/home.cfm> and <http://www.wcmc.com/>. Of course the Greenwich Hospital is affiliated with <http://www.med.yale.edu/> and of course New York City has <http://cpmcnet.columbia.edu/>, <http://www.mskcc.org/mskcc/html/44.cfm> ,

<http://www.gnyha.org/> , <http://www.med.cornell.edu/> , <http://www.nym.org/> ,
<http://www.svcmc.org/portal/default.asp> , <http://www.einstein.edu/> ,
<http://www.montefiore.org/> , <http://www.wehealnewyork.org/> ,
<http://www.nyudh.med.nyu.edu/> , <http://www.med.nyu.edu/> ,
<http://www.nyfoundling.org/> , <http://www.med.nyu.edu/Bellevue/> ,
<http://www.northshorelij.com/> and <http://www.nyp.org/> . Thus if one can not get medical care within one hour of this area, more than likely one has not looked hard enough. I am sure there are other more specialized medical facilities in this area too. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 04/19/04 Monday 3:30 A.M.: When I first arrived in Fort Lauderdale, Florida during the third week of September 1976, I noticed there was a Howard Hughes medical clinic in Fort Lauderdale, and I saw lots of TWA airline personnel which Hughes owned at the time. I thus figured that one of the so called homeless people around town might be Howard Hughes. The one homeless man that I dealt with regularly was Wiley Middleton, and he was 72 years old with blue eyes and about 5 foot 10 inches tall, and I recall he had a very noticeable groin hernia, which I was always curious that he never had treated. My surgery for the same condition a year ago last February at the Greenwich Hospital with arthroscopic surgery was not too difficult. However, Howard Hughes was supposedly 6 foot 4 inches tall, so Wiley was not Howard. I have a picture from the internet of Howard Hughes in my apartment with the Spruce Goose which I can not find on the net presently, but these are still there <http://securehosts.com/fecha/hughes.htm> , <http://www.booksmags.com/books/search/res/r371354.html> . There is a gardener in Greenwich whom works for the Public Works Department that has his same look, but not as tall. I have not seen him in about six months. Also when I first came back to Greenwich over 20 years ago, I use to go to a church group twice a week for the first five years, and the person whom ran the church group use to belong to Howard Hughes' family Episcopal church in Houston, Texas. That person moved to Figure 8 Island, North Carolina and when her husband died, she moved to her daughter's in California. Thus since the Hughes network not only has roots in Texas but California, maybe other Hughes associates are moving out to California to get away from the cold up north. I also recall when Microsoft started getting big, they moved the Spruce Goose to Oregon <http://www.sprucegoose.org/>, and possibly since Hughes as an aviator was involved with Boeing www.boeing.com in Seattle, Washington, more than likely there might be a Hughes Microsoft connection. Also since I just saw on local television that there is still 40 feet of snow in some locations at Crater Lake in Oregon, and since Hughes as a geologist as well as an aviator would know something about Crater Lake, possibly if he were still alive, he could be living on the island in the center of Crater Lake monitoring the Volcano. I think the name of the mountain in which Crater Lake is located is Scott mountain. Also my paternal grandfather had the same look as Howard Hughes. Since the Scotts and Hughes were both first families of Virginia, there might some kinship there too. Thus if we do not seem to be part of the Rockefeller network, we could always pretend to be part of the Hughes network. CIO

Note: <888> 04/19/04 Monday 2:45 A.M.: Before the last message, I cut my toe nails and my finger nails. It is a little known fact that after one is dead, their hair, finger nails, and toe nails continue to grow, because all of them are composed of dead skin. CIO

Note: <888> 04/19/04 Monday 2:40 A.M.: Basically the computer error on the Federal Crime network computer network when I was last in Key West with a number of senior government officials was caused by an individual whom I attended Greenwich Country Day, the Taft School, and Lake Forest College with. The computer person also worked for NASA and Harris Electronics at one time, and he also used to live in Lowell Weicker's guest cottage on Lake Avenue where the individual grew up at the same location. Whatever, the individual's political motivation for misusing his access to the Federal Computer network is hard for me to determine, since when I was last in Key West in February 1982, I was around a gardener whom looked like Ronald Reagan and a resident of Salisbury, Connecticut that looked like former President Bush. Moreover the same computer operator was dismissed from Lake Forest College for causing similar problems, and the same individual's family claim to be close friends of a Supreme Court Judge. Since the same individual was close childhood friends of a Rockefeller relative whom I also attended schools with, it would seem to me that his political motivation might have been against the conservative wing of the Republican Party, since while I was at Greenwich Country Day which is basically a Rockefeller funded school in its origins, I openly campaigned against Nelson Rockefeller in his republican primary run. I openly campaigned for Barry Goldwater whom seemed to be a bit more conservative in times of conflict, not to mention I personally liked Nelson, so I did not want him to get shot like Kennedy. Whatever, the individual's political motivations were, it would seem to me that more than likely he would continue to practice dirty tricks, and where there is one, more than likely there are more. If the individual is still around here, I no longer recognize the individual, but I would imagine since his family is also an established part of the Greenwich Community, he would be more than likely still in this area. The same individual also showed up back at Lake Forest College a number of times after he was dismissed from the college, and since he was from here, I always tried to be congenial. Whatever, the reason for causing the problem on the computer network down in Key West it was probably to my advantage to get back up north, since the last time I was down there in February 1982, we really did not have any security, and while visiting the two other individuals mentioned for coffee one night, I noticed when departing their trailer near the Boca Chica navy base that there was a coral snake on the door step. Thus since I was not adapted to Key West when I was last went down there because of the cold up north, more than likely my old habits of camping out which I did in 1976 to 1978 would have gotten me into trouble. Also the arresting Cuban police officer arrested me, because he claimed that I was Nazi because I wore Bosche and Lomb sun glasses which are quite common up north. Moreover, while I was down there I was around another individual that looked like Nelson Rockefeller, Steve Buel who looked like Tennessee Williams or Adolph Hitler without the mustache and supposedly he owned a million head of dairy cattle in Wisconsin and ran the Fennimore cheese dairy cooperative in Wisconsin, Rick Todd from North Tarrytown, New York, and Bob Russell whom ran a small health resort guest house in Key West, and Buel, Todd, and Russell use to spend a lot of time driving a Izy whom was a Saudi Arabian around town like they worked for

him. Izy spent most of his free time on a prayer rug at Louis' Patio where the Windsurfers including Mel Fisher's children use to sunbath back in 1978. I think most of them might have been down there while I was there in 1976 to 1978. Thus although Key West had gotten busier the local chamber of commerce did not like me running around like Tom Sawyer, but wanted me to look more like a resort person which is a more expensive look to maintain. On that trip I also met someone from Canada that looked like Prince Andrew and a former United State Navy medic named Miller, from New Haven, Connecticut that knew Lowell Weicker and he gave me a morphine pill when I got third degree sunburn and turned purple. Thus since I was around the establishment down there, they obviously did not want me around for some reason, since the winter in 1976 to 1978, they did not seem to have any money, so on that last trip in 1982, they seemed to have so much money that they did not seem to think that I was very important to keep an eye on. Basically, it was my perspective that the people in the Monroe County jail on that trip looked healthier and more like your average cross section of Americans than the people supposedly running Key West. Whatever, the case it is my personal viewpoint that since Key West is in Monroe county, Florida which is a democratic county, they simply did not like republicans. I also recall that there was a Navy frigate about a quarter of a mile off shore from the Casa Marina, so maybe they did not want me to see some sort of military activity. I did see people whom might have been Scandinavian whom I had seen down there before as well as someone that looked like Andwar Sedat of Egypt and Queen Nord of Jordan. Of course, for all I know one of those Cuban looking people might have been her husband. Whatever, the case they were not too friendly. I suppose possibly someone was being held up north in the cold, so they might have selected me to be a hostage, but it sure was not the expected vacation that I expected. Any way after about a month in jail at the Monroe County Jail, they flew me by the Federal Air Marshal air service by prop planes from Key West to Titusville, Florida, and then to Virginia Beach, Virginal, and then to Bridgeport, Connecticut and then after waiting a month in Bridgeport, Connecticut since I did not have \$150 bail, they took me to court, and they then said it was all a mistake and set me free. Basically to me, it seemed like a big waste of the tax payers money for no other reason than some idiot was probably playing power politics. From what I know when I live here and stay locally in Greenwich, those types of situations do not seem to occur. Of course once burned, twice shy, so I have never bothered returning to Key West, although I have returned to Florida a few times. It is my viewpoint as the Executive branch changes in the United States government every four years, so does the disposition of friends and enemies in this country. So thus although I am a member of the republican party, I do not work for the U.S. Government, although I am dependant on them for financial security, thus locally in my networking here in Greenwich, I try to take a Swiss or Swedish or neutral perspective. CIO

Note: <888> 04/19/04 Monday 1:30 A.M.: I ate two bowls of corns chips with some iced tea. I turned on some television with some of www.booktv.org about Hemingway. It reminded me of something, although it has been a long time since I read any Hemingway. I think it was only during high school. When I returned to New York in January 1973, I occasionally would have a drink. There use to be two bars on the east side called Daly's Daffodil and Daly's Dandelion. Daly's Daffodil was at about 3rd

Avenue and 62nd street and Daly's Dandelion was at First Avenue and 59th Street. I use to go to Daly's Dandelion more often because it is was not too busy, and it was near the Ford Modeling agency, so it was sort of an amusing crowd. There were two young aspiring actors that worked there as waiters named Michael Bright and John Michael Barrett. The lived on Minetta Place in Greenwich Village where both Faulkner and Hemingway had lived in a carriage house. Michael Bright was from Stonington, Connecticut and his uncle was a neurosurgeon at Sloan Kettering hospital and John Barrett was from Bloomington, Indiana, and he had been raised by George Bernard Shaw's mistress. One of the regular customers in the bar at the time was Shawn Hemingway whom had been to school in Switzerland, and we all used to chat with him. When a few years later, I was in Key West other members of the Hemingway family were down there. Since I did not have a typewriter when I was in Europe the winter before, I did a lot of writing in blank page journals while I traveled. Whatever, happened to those journals, I do not recall. I suppose since the Hemingway family were from Michigan where my mother's family were from, we might have known them earlier. Whatever, the case, when I was in school, I read quite a lot, and the professors always kept saying "Publish or Perish", so now that I have a very good computer with word processing, it is easier to write, but since I do not travel very much anymore, I do not have must first hand experience to write about except my daily routine. I do recall the last time I spoke with Shawn Hemingway, he had fallen off a bar stool at Daly's Dandelion, and we took him the emergency room at Sloan Kettering. I do recall him telling me that he had never been to Key West. I also noticed that the person that I just saw on television did not bare much resemblance to the Shawn Hemingway on Book TV just now, so maybe Hemingway had more than one relative named Shawn Hemingway. Whatever, the case I use to enjoy chatting about my adventures in Europe at that time. I suppose so many people go to Europe anymore, it is pretty hard to come up with any real new content. I still enjoy trying to recall past adventures on my keyboard. I suppose locally here in Greenwich, I never mention that there is a little league baseball field in the field behind the building and a skating rink, and I never mention these facts, since I do not pay much attention to them, but I noticed recently the Boys of Summer have returned again. I only went into the ice rink twice in the last 20 years about 18 years ago to take a friend from Brazil ice skating. I never do much descriptive activity about Steamboat Road where I lived for 4.5 years before moving here a little over 15 years ago. Basically in 20 years, a lot of Steamboat Road has been fixed up a bit with renovations of some of the shore homes, but from outward appearance, the renovated Delamar Hotel is about the only noticeable improvement. I do not spend much time around Grass Island, since I have to drive through a bit of traffic congestion to get there, and I enjoy brief views of Long Island sound from Steamboat Road more. It is sort of like walking out to the beach, which I did most every day on Nantucket. I also have to drive through a bit of traffic to get out to Tod's Point, so it is not as easily accessible as one might think. There is not really too much traffic in the mile drive for me to Greenwich Avenue, where I frequently walk. I do not go to Byram Shore very often, since it does not have much of a view of Long Island sound. Well, I suppose once one has seen the open ocean views on Nantucket the viewpoints from the shore in Greenwich, Manhattan, or Key West seem quite limited. However, I also suppose as one gets older, one enjoys the comfort of more neighbors and more facilities. I do recall down in Key West a great many people spoke

French because of the large number of French Canadians there, so frequently since I did not know Spanish, I spent a lot of time speaking broken French. I was once thrown in jail once because of a computer error, and one of the cell mates who was quite large bunched me quite hard in the jaw and face a number of times. I finally got him to quit doing it since there was no way at 135 pounds I could hit back hard enough by telling him, "I was glad he knew how to hold his punches." He never hit me after that. Basically it has been my pattern for most of life in pursuing an investigation or a story to be lead astray down a detour road of pursuit to see where it all leads. It is sort of the concept of the "Road Less Traveled". However, once one makes that detour, one frequently increases the traffic so much on that detour, that it becomes the "Road Most Traveled". When I was down in Key West, somebody use to write about one article a week in the New York Times about Key West, so gradually it became busier. It is the nature of living 22 miles east of Manhattan that this area tends to be busy all the time except maybe late at night. I do not go out much late at night anymore, since although it is warmer, I recently seem to enjoy typing notes on the computer compared to star gazing on Greenwich Avenue. I really have not regularly walked at night since about a month before 911, so I suppose there is a whole new group of night strollers after this period of time. Still having done it so many times, I suppose once it warms up, I might try it some more. I have noticed that the printing and copy shop just south of Starbucks is closed and Van Damm interiors further south is relocating. Plus there are the two buildings where there were fires, which are due for demolition. Whatever, the case the general ambience of Greenwich Avenue has not changed too much over the years. In the morning there are the maintenance personnel and more early rising senior citizens and commuters. At lunch time, there is the business community. In the afternoon, there are the house wives shopping with their children and the students. In the early evening, there are the commuters and the day workers pursuing their after work activities. At night, there is the restaurant crowd, the pub and coffee shop crowd, and the movie crowd, and quite a few exercise walkers. After about 10 P.M., there is just the occasional commuter and hospital personnel walking back and forth to the train station with a few pub crawlers. After 2 A.M., there is not much of anyone, except some of the janitorial personnel going about their jobs. By 5 A.M., it begins to pick up with early morning joggers and walkers and the delivery trucks and early rising commuters and maintenance personnel. Thus having seen Greenwich downtown for over 20 years this time around at different times 7 days a week for 24 hours a day, I pretty much know what the downtown area is like at all times of the day, much the same way I use to know Manhattan. However, since I have spent so much time exercise walking downtown which is cheaper than a golf course or a gym, I suppose some of the locals might have the misconception that I am security personnel. Quite frankly when my family could afford it, I much more preferred the routine in back country of doing chores and gardening and playing golf, which is a much more expensive past time than watching the daily pedestrian traffic on Greenwich Avenue. However having lived in busy urban environments since I lived in Florence, Italy in 1972 I am quite use to the busier urban environment. Whatever, the case I suppose it is also enjoyable being on this side of town, where it is a bit quieter than the downtown area, particularly since I am frequently sleeping during the daytime. Thus I have become accustomed to my environment. Since gardening in back country can become all consuming, it is enjoyable to have a bit of free time for other activities. CIO

Note: <888> 04/18/04 Sunday 11:05 P.M.: I watched a Book TV show with Mike Deaver about his new book about Nancy Reagan. I ate a piece of apple pie with a glass of iced tea. CIO

Note: <888> 04/18/04 Sunday 9:35 P.M.: I took the 2.5 pound eye round beef roast, and I seasoned all sides with Old Bay seasoning, garlic powder, celery salt, ground black pepper, Italian's spice, oregano, basil, and Texas Best mesquite barbecue sauce. I am cooking it on the roasting rack in the metal baking pan in the Farberware convection at 325 degrees Fahrenheit for 45 minutes. I will eat two 3/8 inch thick slices of it with the cooking juices along with steamed white rice and steam fresh broccoli and iced tea. I make the steamed rice by rinsing a cup of Carolina enriched rice in a large bowl under hot water, and then I strained it with a metal wire strainer underneath hot water, and I put the cup of rinsed rice in the China Village rice microwave rice steamer with 14 ounces of water and two tablespoons of olive oil and a teaspoon of sesame oil, and I put the inner and outer lids on the China Village rice steamer, and I will heat it in the General Electric microwave oven for 11 minutes and let it stand for five minutes. I will eat half of the rice and I will refrigerated the rest in a Rubbermaid container. I will also put about a teaspoon of olive oil on the steamed fresh broccoli. I will have the dinner with a glass of iced tea. CIO

Note: <888> 04/18/04 Sunday 8:40 P.M.: I was up at 3 P.M., and I had breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I chatted with a relative. I cleaned up, and I went out. I went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. During my walk, I sat out at various locations. I stopped by CVS, and I bought from the center 90% off rack four 14 ounce bags of Brach's premium peacock eggs or jelly bean type candies with real fruit pectin for .19 each bag plus .05 tax for .81 total. I then completed my walk. I next drove down by the waterfront. I then returned home, and I drank some iced tea. I put the jelly beans in the bag with the candied hearts on the floor in the left living room closet. I also got on my receipt a \$2.50 extra bucks coupon. CIO

Note: <888> 04/18/04 Sunday 4:55 A.M.: I watched a bit of television. Of course if one has read a bit of Hemingway on I believe the Spanish revolution, when the revolutionists marched into Madrid, he wrote there were "Four Columns surrounding Madrid, and there was a Fifth Column in Madrid", thus the term "Fifth Columnists". Well, anyway Hemingway was from Michigan and spoke Spanish, and my family is from Illinois and Michigan besides living elsewhere, and besides English I have studied a little bit of French and Latin, so I some times can makes sense of the Latin languages, but I do not speak any Spanish, and my French is very broken. I remember, when I lived down south, I saw the movie taken from Hemingway's book "For Whom the Bells Toll", and living in the peaceful south at the time, it showed graphically the story of the Spanish revolution. Well, today is another day, so I will now shut down the computer, and I will go to bed soon, and I suppose today will be another day. CIO

Note: <888> 04/18/04 Sunday 3:35 A.M.: During June 2001 before 911, I had two friends come up from down south to visit, and they are in residence in Manhattan right

now. At that time, I had a candid conversation with them at Starbucks on Greenwich Avenue, and I explained to them briefly my assessment of the area. I said with all the large numbers of newly arrived people here from the Eastern Hemisphere, it was like an invading army, and possibly they were coming here during times of peace, so as not to be there during times of conflict. I explained to my friends that this country is not as wealthy as it once was, and it was my viewpoint that unlike World War I and II when the Americans went overseas, if there were ever to be another conflict some time in the future, more than likely the invading forces would be arriving on our own shores. To my surprise my well educated friends agreed with me. What sort of time frame, we are talking about is opened to second guessing. However, with the large commitment of U.S. military forces and supplies to the Iraq effort, it obviously has drawn down our reserves, so I would imagine current allies are accessing our potential vulnerabilities in the future. I told my friends that I had toured most of America, and from a military point of view, there was not really much worth stealing, and they agreed with me too. Whatever, the case I suppose some of our many visitors in the last couple of decades since the wall came down have been accessing us militarily. However, what the time frame of any future events which potentially could occur would be up to how well we maintain our current state of military preparedness. Realistically, it could be something like the western half of the Eastern hemisphere invading the eastern half of the Eastern hemisphere, and the Western Hemisphere would be like a highway rest area between both sides. Still on the shores of the Eastern Hemisphere, there are large numbers of people whom have seen conflict before, so they are not as secure as some of the residents of this country whom sit comfortably in the middle of this country reading the news stories. However, currently from my point of view this area pretty much remains the same as it has always been, since I have lived here, except the population has increased over the years and there are a lot more foreign cars and other imports. CIO

Note: <888> 04/18/04 Sunday 2:30 A.M.: I ate two bowls of corn chips with some iced tea. Basically although the Scott family has been in America for close to 400 years and were settled on the east coast of the United States and Canada very early in its European settlement, I suppose since they were hearty explorers, seamen, and farmers. However, my particular branch of the family were out in Illinois before my father moved our family here in 1961 in a corporate move. Illinois also tends to be fairly developed and established. Since a great deal of Illinois land is involved in agricultural purposes, besides growing field corn they also grow large amounts of Soy Beans. When one sees the Archer Daniel Midland <http://www.admworld.com/> trucks arrive at the Arnold Bread factory here in Greenwich, Connecticut, they obviously are supplying a large amount of the grains used by the Arnold bakery which is owned by George Weston foods <http://www.georgewestonfoods.com.au/>. Thus beside the commodity brokers in Illinois, I would suppose people around my family out there were also in touch with the Asian community in Asia to supply Soy Beans which are used in Soy Sauce a common additive to Asian foods. My grandfather Scott's brother once told me he had been to China over 40 times selling soy beans to the Chinese, and I suppose he also sold them in Japan. Thus when one eats a corn chip, more than likely somebody in Illinois are nearby is making money, and much could be probably said for soy sauce or other Midwestern food ingredients which are distributed all around the world. I suppose when one begins to

realize how large the Midwest is in the United States and one adds the Canadian plains, one is talking about a large geographical area in which food and grains are produced. I suppose although about 5% of Americans are now involved in the agricultural business with mechanization, I would imagine there are still a large amount of people whom are involved in the food business at other levels of manufacture and distribution. Basically from what I know about my family's roots in the Midwest, they were established members of their communities, but since they were primarily agricultural communities, they were not particularly wealthy, but they managed to make a living, and when I use to visit my relatives in the Midwest, it seemed they were living comfortably. However, I suppose since this area is so busy compared to other areas, they would not feel as comfortable in this area, since it is also very expensive. However, since my paternal grandfather was a locomotive engineer on the Illinois Central railroad which had about 50,000 miles of track in Illinois, I would imagine he would have known other railroad people. Also since he lived in Champaign Urbana, Illinois where NCSA <http://www.ncsa.uiuc.edu/> is located, there are obviously highly intelligent computer people there with ample funding from the government. Since I only visited that location, and I never actually lived there, I am not really that familiar with the area, but I would imagine in the more rural academic environment, they are able to concentrate more fully on their work. Of course Internet Explorer was developed from NCSA Mosaic which was also developed there. Whatever the case, I suppose in time some of their other work will be made available to the general public. I saw this web site while browsing Starbucks today www.hp.com/recycle. Whatever, the case since most people in this area are programmed on New York media, it has been my experience in this area for 43 years not many people are interested in the Midwest, since it is a lot colder and more isolated out there. However, like any areas where there is less distraction, the academic community out there has plenty of time for reading, so they tend to be well informed. I suppose if one were to check out one's local library more closely, one would find they also publish quite a bit of printed material. CIO

Note: <888> 04/18/04 Sunday 1:10 A.M.: I went through my email. CIO

Note: <888> 04/18/04 Sunday 12:15 A.M.: I watched a little bit of television. I guess I will now go through my email. CIO

Note: <888> 04/17/04 Saturday 11:00 P.M.: I went out after the last message. I went by the Greenwich Library, and I read the Greenwich Time. I went downtown, and I drove down by the waterfront. I then went downtown, and I walked the entire length of Greenwich Avenue. I sat out at various locations. I bought a number 28 Winner Wonderland scratch card for a dollar, but I did not win. I used the ATM machine on Greenwich Avenue at Putnam Trust Bank of New York. After I finished my walk, and I went by the Exxon gasoline station next to the Greenwich Library, and I bought \$5.65 of regular unleaded gasoline at \$2.039 a gallon for about 24 miles per gallon. I then went by the Food Emporium, and I bought an eye round roast at \$2.99 a pound for \$7.39, two 96 ounce containers of Tropicana premium orange juice with calcium for \$2.99 each, and a 12.5 ounce bag of Snyder's 50% less fat white corn chips for \$1.69 for \$15.06 total. I then returned home. I made and ate my usual salad

www.geocities.com/mikelscott/salad.htm , but this time I used a 4.5 ounce can of flaked crab and for the cheddar cheese portion, I used Stop and Shop Wisconsin white cheddar cheese. I used all of the other regular ingredients, and I ate the salad with a glass of iced tea. I chatted with a relative. CIO

Note: <888> 04/17/04 Saturday 3:25 P.M.: I was up at noon. I had breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I worked on some email. I will now shut down the computer, and I will clean up, and I will go out. CIO

Note: <888> 04/17/04 Saturday 5:05 A.M.: I have never made an international telephone call with my Net2Phone account www.net2phone.com , because I did not know anyone to call overseas, but I just found this London, England telephone number [44] (0)20 7499-9000 for the United States of America Embassy in London, England <http://www.usembassy.org.uk/ukadres.html> and I tested it. Basically, in Net2Phone one selects the country prefix which is 44 for London, and then one dials the rest of the number. I got through to an operator at the U.S. embassy, and it sounded clear as a bell, but I did not actually hear Big Ben in the back ground. I gossiped briefly working the grapevine. The Net2Phone rate to London is .05 a minute <http://dcs.net2phone.com/consumer/commcenter/rates.asp> . I guess since I only speak English well, I can only call English speaking places internationally, but since I have been so busy on the computer for the last 12 or so years, I have not managed to really keep up on all the contacts I once had. Since most of the people I know seem to be established, I assume they would contact me if they had reason to do so, since more than likely they could afford the cost. I guess since there are all sorts of security problems with travel anymore, not as many people are traveling. I was told by a local British resident recently that there is a lot of security coming from England into this country. However, it has always been my experience when reentering this country from abroad that there is always a lot of security. I guess for those individuals coming from more rural areas, it looks like a lot of security, but from my viewpoint, it is just the normal activity for a busier transportation hub. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 04/17/04 Saturday 3:50 A.M.: Basically from what I can tell, we get a lot of people whom travel through this area because a small group of people advertise themselves as being from this area, when in fact affluent people frequently have multiple homes, so they are not always at the place they advertise themselves as living at. Since my family has lived at multiple locations, I maintain the best communications that I can afford. However, since this area is near a lot of transportation hubs, it would seem to me that a great many other people are in the same boat so to speak. From what I can tell, if people whom I supposedly know do not contact me, it is because they do not have any matters which to discuss with me. Basically since I constantly maintain my rather outwardly simple apartment which is quite complex because of the computer activity, it is not what one might expect. However, since I live on disability income with modest assistance from a family member and government subsidies, I try to be cooperative with the local governments and I continually communicate with family members. Basically

by being eligible for subsidized housing and by watching my expenses by buying grocery sale items and other thrift shop items, I made ends meet. However, I do smoke cigarettes which is expensive, and I do have other fixed expenses, so I really can not afford any other sort of entertainment outside of my apartment other than walking and reading, and bird watching. Since I run a complex apartment, I only entertain a few friends and family members when they are in the area. Basically since it is a bit crowded with all of the second hand items that I have accumulated, most people would find it claustrophobic unless perhaps they had been traveling in a cabin on a cruise ship or some other limited living hospitality. However, a great many people up north live in smaller residents, since up north one has to pay to heat one's residence during the winter. Thus I have never done anything wrong or illegal, but a certain vocal and conspicuous minority in this community seem to avoid individuals whom are affiliated with the republican party and conservative politics, and they also seem to try to provoke trouble, when they should realize that during the times they are in the minority they should try diplomacy and not hostility towards the status quo. It is my impression that besides the tax payers a great many other people here volunteer their professional skills, and from a political stand point, probably close to half the full time residents of Greenwich are probably not United States citizens, so they prefer not to involve themselves in the various political activities in this area. In other words many people come here poisoning the wells before other people arrive. CIO

Note: <888> 04/17/04 Saturday 3:00 A.M.: When I first returned to Manhattan around January 1973 after college and living elsewhere, I was already familiar with Manhattan, since I had lived out here in Connecticut since June 1961. With the economic toll the Viet Nam war took, Manhattan had not changed very much. About the only noticeable change was that instead of large amounts of coal dust in the air from coal burning furnaces, there was an improved air quality at least in the winter. While living in Manhattan, I mostly walked since the subways were an expensive .35. My father gave me \$5 a week walking around money, and I stayed at my sister's apartment and ate my food there. I dressed up in a suit most every day while job hunting. Basically with the decline of the Viet Nam war, the economy was already in a down turn. I occasionally would go to student bars in the student areas and chat with other students. Since I lived the previous year in Europe, I was used to meeting and chatting with Europeans many of which were in Manhattan. Since I usually dressed in a suit or dress pants with a wool jacket and top coat, I probably looked a bit more prosperous than some of the other students. Of course from the period of 1961 to 1973 after living in Europe on a leaner diet, I was still about 135 pounds, so I basically was just wearing my old school clothes. Most of the people I interviewed with job hunting appeared to be a bit overweight. Since I was thin it was not too difficult to walk a lot. However, it was my impression that there were not that many young people in Manhattan except on weekends, when they came in from the suburbs. Most of the people I knew were starting out jobs and lived in the upper east side. Since I was more of an academic and since I had lived in Europe, I explored Greenwich Village which was a student area, and after my sister was married, I lived in Greenwich Village from about May to July of 1973. A friend from Illinois also lived nearby. At the time I paid \$40 a week for a room on a \$85 a week take home salary after taxes from C.B.S.. Basically after paying to take the subway uptown and to transfer on a

bus to West 57th street and eating my meals in the C.B.S. cafeteria, there was not much money except for laundry. Once it got hot in Manhattan that June 1973, I did visit South Hampton once on my own via train, and I was surprised the A&P grocery store out there cashed a check for me off Chemical Bank with just my CBS identification. I think later that summer I was house guest in South Hampton of a family from Bedford, New York whom my friend from Illinois knew. At the time I did not know that the Scotts were the original settlers of South Hampton. Whether there were still any relatives out there is open to speculation after close to 400 years of immigration and many people taking the family name. Around July of 1973 after CBS fired me, I moved back home with my parents and family whom had moved down from Weston, Massachusetts back to Greenwich, Connecticut. Thus I spent time helping to move into the house and gardening around the house. That September 1973, my father cosigned a loan for me to buy a 1971 four door Volvo from Mr. Peabody here in Greenwich for \$1,750. I recalled the banker was named Mr. DuPont, and he worked in the bank across Bob's Sports in Darien. With the car, I was able to get a job working at Boodles in Greenwich. Since I had a car, I would occasionally go into Manhattan late at night after work as a waiter. Some times when I was not working, I would go to art events such as openings at the Museum of Modern Art. I basically learned at CBS, that the New York Times sold out every morning at the CBS newsstand, so I learned to read it. I recall on Friday's they published an article about various events happening around New York City. I think about November that year, the oil embargo started, and I was able to get gasoline at the Round Hill store or the Darien I-95 rest area or the Hess station in Riverside. In Manhattan, they had gasoline at the Hess station on 10th Avenue around 46th street, the Shell Station on Houston street, the Mobil gasoline station next to Rockefeller University, and occasionally the Mobil station across from the C.B.S. broadcast center on west 57th street, and I recall a Marathon gasoline station across the Queensboro Bridge on the way to Long Island. That was about all that was available for gasoline then, and possibly some occasional stations in the Bronx on the way into Manhattan. I knew people in Manhattan, so around December 1973, when business was so slow in the suburbs that the restaurant fired me through no fault of my own, I would spend more time in Manhattan helping out a friend whom had a going business catering to the establishment. Thus although we were never really paid, we got the occasional free restaurant meal, free taxi ride, and invitations to the occasional party. Still there was the business to run, and I recall answering my friend's telephone from 50 to 100 times a day and taking messages while he was away on appointments. Thus I knew his network of contacts and associates. Since I was already familiar with Manhattan, I kept myself busy going to museums mostly the Metropolitan Museum, and I basically knew where the working people in Manhattan spent free time versus the tourists. Since I had a minor in fine art from college besides my B.A. in Economics, I thought if banking did not work out, possibly something in the art world would. However, living in Manhattan requires a lot of walking, so occasionally I would go back out to the suburbs which back then were pretty quiet, and I would do chores and gardening around home. I sold the Volvo around February of 1973. Thus I pretty much continued that routine until April 1975, when I tried to quit smoking cigarettes by camping out in the woods at Conyers Farm and swimming and doing chores around home. I recall I built a raft about 20 feet by 20 feet out of an old dock on the Conyers Farm lake, which was quite substantial, since I knew

how to frame a house. I went up to Nantucket from mid July to mid August stopping first at Martha's Vineyard. I tried looking into Yale that Fall, and I moved to South Carolina the first of 1976, so I do not recall going into Manhattan after that previous April, except once. A friend of mine's godmother had gotten into a car accident in Glen Cove, Long Island, so I took some dried flowers from our garden, I packaged them up, and I left them with her door man on East 68th street. I suppose it might have been odd, but I could not afford fresh flowers, and there were plenty of fresh flowers around. I recall my friend's god mother was in charge of a number of charity events including the Long Island garden show, so she must have thought we were pretty hard up in Connecticut. Actually the flowers when I picked them from our family property might have been something like fresh honey suckle, and I recall putting wet toilet paper and tin foil around them before I packed them up and dropped them off. Later that summer when I first arrived in Nantucket a friend of my friend told me his god mother had died from her injuries, and when my friend showed up in Nantucket, it was strange he did not mention it, or seem to know it. I did not mention it to him, and I left the day after he arrived after we had a fight about another gardening product that he brought with him to Nantucket. I had another friend on Nantucket whom I told about that. Basically by the time I moved to South Carolina, I was looking forward to some southern hospitality, but the winter in Greenville, South Carolina while I was working at Daniel construction expediting was almost as cold as up north, but shorter. I recall seeing lots of cars on the nearby interstate heading down to Florida. When I returned back home to Greenwich a day before the Fourth of July with a U-Haul trailer, I was just in time to see the Tall Ships in New York Harbor for the bicentennial and all of the pageantry. The day after the fourth of July, I saw Queen Elizabeth II and Prince Phillip touring Bloomingdales department store. I was told that King Olaf of Norway was at F.A.O. Schwartz toy store. I then returned to Nantucket for part of the month of August and that September around the third week, I ventured down to Florida on my own, which is another different story. I recall having my traveling belongings in the car, and I had returned to Greenwich, after leaving Nantucket and driving around New England a bit and then returning to Greenwich, and I think I had a fight with my mother, so I said I was going out for frozen orange juice at the A&P, and for some odd reason when I left the A&P, instead of returning home, I just kept driving south to Florida, until pretty much the next thing I remember is two days later, I was exhausted relaxing on Fort Lauderdale beach. I do recall driving down A1A the whole way once I got to Florida, and the first beach activity I saw was around Fort Lauderdale, so at that point I quit going south. It was like I was hypnotized. However, at the time I was worried about being thrown out of my family home with winter coming up, so I figured I would have a warm winter down south. I had already applied for Interstate unemployment benefits from South Carolina in Stamford, Connecticut, but they did not arrive in Florida until that following April, so in the lean times in between, I went from 185 pounds to 125 pounds, but I made some friend since I had South Carolina license plates on my 1966 Chevrolet Biscayne 4 door blue sedan that I had bought from a Daniel construction coworker originally from Texas and it even had a oil bath air filter on the air filter when I originally bought it. Of course that is another story. CIO

Note: <888> 04/17/04 Saturday 1:40 A.M.: I reread my note, which took a while. I ate a piece of apple pie with iced tea. I had to resecure my the two screws on my eye glasses since one of them came out. It took a while to find the tiny screw that came out. CIO

End of Scott's Notes week of 04/16/04:

Note: <888> 04/16/04 Friday 10:55 P.M.: I went out after the last message, and I went by the Greenwich Library. I reminded the reference librarian about the United States Library of Medicine reference site <http://www.nlm.nih.gov/>. I mentioned to the reference librarian that when I was in Greece during the spring of 1972, I met the head of the International Red Cross whom my traveling companion recognized. During that same time there was a small pox epidemic in Yugoslavia near where we would be traveling, so all of my group that I was traveling with got small pot inoculations. I had one also when I was a child. I read the Greenwich Time. I then went downtown, and I walked the entire length of Greenwich Avenue. I sat out at various locations. I then drove down by the waterfront. I then returned home. I will now send out my weekly notes. CIO

Note: <888> 04/16/04 Friday 7:55 P.M.: I will now shut down the computer, and I will clean up, and I will go out for some downtown activity. CIO

Note: <888> 04/16/04 Friday 7:25 P.M.: I woke up last night, and I ate 10 Town House low fat crackers and a Nature's Valley granola bar with some iced tea. The night before, I woke up, and I ate 3 Quaker low fat popcorn cakes. I have managed to lose some weight recently, and I have gone from 215 pound to 208 pounds. I woke up at 2 P.M. this past afternoon, and I ate breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I checked my mail. I did house cleaning and watering the plants. I took the Styrofoam sheets off the front of my General Electric Profile 15,500 BTU air conditioner with remote control. I have clean filters in it. I used some duct tape to tape some loose insulation on the louver area on the inside of the vent area. I plugged it in to the heavy duty air conditioner extension cord, and I put the remote control on the right brass and glass coffee table, so I have it all set up for warmer weather service. I turned off the heat in the living room, and I turned it off in the bedroom. I now have the air conditioner fan on bringing in a little fresh air. This time of year the sun starts to hit my west facing windows over the roof outside my windows, so the apartment tends to warm up in the afternoon. However, it still gets a bit chilly at night. I threw out the garbage, and I chatted with a neighbor. I will now reheat the other half of the vermicelli from last night along with the remaining half of the 26 ounce jar of Francesco Rinaldi low salt tomato sauce which I will eat with a few tablespoons of grated parmesan cheese and iced tea. While doing my house cleaning, I listened to tape 5 of the audio book "Dutch" about Ronald Regan with my Emerson wireless headphones connected to my stereo system. After I finished the tape, I put in a fresh pair of Radio Shack rechargeable Nickel cadmium batteries, and I am charging the used pair, which should be fully charged about 2 A.M. this coming morning. CIO

Note: <888> 04/16/04 Friday 12:25 A.M.: I did some regular computer work. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 04/15/04 Thursday 11:25 P.M.: I ate a piece of apple pie along with some iced tea. Basically, there is not much happening locally here in Greenwich, since it is still cooler in this area, although for the locals it was perfectly comfortable today, since the temperature was up to about 55 degrees Fahrenheit. Today, I also stopped by Greenwich Capital <http://www.gcm.com/>, and I gave them one of my calling cards, and I also stopped by the Delamar Hotel <http://www.thedelamar.com/>, and I also gave them a couple of my calling cards. I reminded the desk clerks that their property flooded during Hurricane Gloria <http://www.geocities.com/hurricane/hurricanegloria.htm>, but the previous owners rebuilt the sea wall, which probably would not do much good since the water would just run around from the end of the harbor by Arch street. However, we usually do not get severe tropical storms here like down south. As I recall in Hurricane Gloria, the wind was a worse problem compared to the flooding, however at the time, I did not have a car, so I was not able to explore what it looked like afterwards other than downtown walking. However, it is the nature of this area with so many established residents whom winter down south, that we tend to keep a weather eye down south, even when we are not there. I guess a great deal of the country with retired parents down south also feel the same. CIO

Note: <888> 04/15/04 Thursday 11:00 P.M.: I went through my email. CIO

Note: <888> 04/15/04 Thursday 10:40 P.M.: [The New York Times > Home & Garden > Guy Décor: The Bachelor and the Dust Bunny](#) . CIO

Note: <888> 04/15/04 Thursday 10:15 P.M.: I guess when Bill Gates sells, he has to pay taxes [Yahoo! - Insider Trades - GATES, WILLIAM H. III](#) and [Bill Gates Net Worth Page](#) . Alas owing to my minimal net worth, I do not owe any taxes. I wonder if American Indians have to pay taxes. I have never read whether they do or not. Of course if one were living in North Florida around the Jacksonville, Florida area where German cars first come off the boat, one might get first choice of the latest and newest German products at this local Jacksonville, Florida car dealer <http://www.brumosporsche.com/> . I once was taken on a test drive in one of their Mercedes 600s back in 1972 through the everglades on a Tiger hunt like a Maharaja from India. Raj Mikan use to have fun in the old days. I suppose one could try test driving a Hummer <http://www.hummer.com> in the Everglades, but I am not sure it would be must protection against gators and cats. CIO

Note: <888> 04/15/04 Thursday 7:40 P.M.: I went out after the last message. I remembered that my 3 P.M. appointment was cancelled today. I went by the Greenwich Hospital Thrift Shop. I then drove down by the waterfront. I next went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I stopped by the Greenwich Hardware store on my walk. I then went by the Greenwich Library, and I read the Greenwich Time. During my activity today, I gave out some of my calling cards. I next stopped by Mercedes Benz of Greenwich <http://www.greenwich.mercedescenter.com/mbcenter/b/index.jhtml> , and I gave them one

of my calling cards. I was told Bob Watson still owns the dealership. I suppose with all of the people driving German cars around here, there might be some German citizens here too. Today is income tax day in the United States of America, and I guess even if one is a foreign national, one still has to pay income tax on money one earns in this country. I next returned home. I boiled for six minutes a package of Stop and Shop vermicelli, and I refrigerated half, and I use half with a half of 26 ounce jar of reheated Francesco Rinaldi low salt tomato sauce which I put on the vermicelli along with a few tablespoons of grated parmesan cheese, and I ate it all with a glass of iced tea. CIO

Note: <888> 04/15/04 Thursday 1:50 P.M.: I put the ice tea in the refrigerator. I showered and cleaned up. I will now go out for my 3 P.M. appointment. CIO

Note: <888> 04/15/04 Thursday 1:15 P.M.: On a point of reference, when I flew down to Ronald Regan's inaugural in January 1980, I said I returned on the Time Magazine private jet. When I was leaving Washington National airport on that trip, I ran into some people from Greenwich whom invited me aboard a 727 jet with a green tail fin with a large blue T on the tail fin. I assumed it was the Time magazine company jet which landed us at Westchester Country airport, but no one told me it was the Time magazine jet. I just assumed the T stood for Time. However for all I know it was the Trump jet or Transamerica jet or some other organization that began with T like Texaco which at the time at offices in White Plains, New York. Most all of the people seemed to be Greenwich people, so they seemed to know me. When I arrived at Westchester airport, I took a Greenwich taxi to the Greenwich train station, and I caught a train to Stamford, and I changed trains to New Canaan where I was living at the time. On the train to New Canaan, I recall chatting with a pale blond haired blue eyed teenage boy who said he was from Brazil, which did not make sense, since he was so pale. There were lots of Fairfield County people around the whole trip, so maybe other people would remember better. CIO

Note: <888> 04/15/04 Thursday 12:50 P.M.: I was up at 11 A.M.. I had breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I checked my mail, and my 2004 Greenwich beach pass and automobile beach sticker arrived. This year's Greenwich automobile beach sticker is sort of a dark pink. The beach pass good until April 30, 2007 is sort of a salmon pink. I peeled off the 2003 automobile beach sticker, and I scraped the remaining glue off with my Stanley scraper knife. I then put the new 2004 automobile beach sticker in the lower left from the inside windshield in my Hyundai. I am making up a batch of www.geocities.com/mikelscott/icetea.htm . I have a 3 P.M. appointment today. CIO

Note: <888> 04/14/04 Wednesday 11:55 P.M.: I ate 15 Town House low fat crackers with slices of Land O Lakes Pepper Jack cheese on them with a glass of iced tea. I ate the last three Quaker low fat popcorn cakes this past morning when I woke up. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 04/14/04 Wednesday 10:15 P.M.: I updated [Michael Louis Scott's Biography 1950 to 1997](#) with this additional log information

<http://www.geocities.com/mike2scott2003/scobio2.htm> which I linked from the bio page. It does mention people's names that I have met in that period, but since I meet so many people all the time, I do not consider it an invasion of privacy, just an amusing log of activity. CIO

Note: <888> 04/14/04 Wednesday 9:05 P.M.: I watched some television including a chat session between Governor Rowland <http://www.ct.gov/governor/site/default.asp> and Chief Deputy Minority Leader State Senator William Nickerson <http://www.senatereps.state.ct.us/senainfo/Nickerson.htm> . However, I am not sure if it was a new program or a rebroadcast of a program that I have seen before. I noticed that Governor Rowland looks a bit like Tom Ridge <http://www.whitehouse.gov/homeland/ridgebio.html> . Well anyway since I have not been out today, I have a bit of Cabin Fever. However, it is warming up and once it quits raining so much, I am sure there will be plenty of time to venture out during the warmer weather coming up this spring. I suppose, since I learned to type at Eastern Middle School when I was about 16 years old, I have an advantage over other people on the internet. I posted my biography that I put together a number of years ago [Michael Louis Scott's Biography 1950 to 1997](#) . CIO

Note: <888> 04/14/04 Wednesday 7:30 P.M.: I went through my email. CIO

Note: <888> 04/14/04 Wednesday 6:55 P.M.: Since there are suppose to be occasional rain showers this evening, I will not be going out. CIO

Note: <888> 04/14/04 Wednesday 6:45 P.M.: I heated and ate a 18 ounce can of Progresso creamy mushroom soup with about 30 croutons, and I had it was a piece of apple pie and a glass of iced tea. I then copied my new directory files to the USB 32 meg. pen drive. I then noticed the Radio Shack audio control wall phone was not working in the kitchen which has been a problem. I removed the phone from the wall, and I cut the telephone sliding connector off of its red and green wires. I then soldered an eight inch piece of telephone wire with a connector plug to the phone red and green wires. I then taped them with electrical tape. The phone still did not work properly, but it worked just fine on another jack. I then removed the kitchen phone wall plate, and I tightened the connecting wires in their sliding slots behind the wall plate. I tested the Radio Shack wall phone, and it worked just fine. Since the bedroom telephone jack wires run through the kitchen wall phone plate for the apartment phones to work, the wires in the kitchen wall phone plate have to be tight. I reconnected the kitchen wall phone plate. I reconnected the Radio Shack audio control wall phone to the kitchen phone wall plate, and it works just fine, and the other telephones in the apartment work just fine. Thus when removing the kitchen Radio Shack audio control wall phone, one has to disconnect it from the wall plate and unplug it like a normal phone wire from a phone jack. This all took some time, but there should not be any problems anymore. CIO

Note: <888> 04/14/04 Wednesday 4:30 P.M.: I updated www.geocities.com/mikelscott/desc.htm . I uploaded the recent changes to [Download](#)

Scott's Internet Directory "scott008.zip" 2.26 megs and open "scotlist.htm" in web browser 04/14/04 .

Note: <888> 04/14/04 Wednesday 4:05 P.M.: I proofed www.geocities.com/mikelscott/weather.htm . CIO

Note: <888> 04/14/04 Wednesday 3:15 P.M.: I was up at noon. I had breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I checked my mail. I spent two hours reading the computer periodical press. I threw out those magazines that I read. CIO

Note: <888> 04/14/04 Wednesday 12:30 A.M.: [G.C.C. Address Imagery View G.C.C. .](#) I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 04/13/04 Tuesday 11:35 P.M.: It is the nature of publishing my web log and the nature of the internet that it tends to be for individuals on a lower budget, and it is not meant to compete with the big budget operations on the internet. Since most of the world lives on a low budget, I would imagine it has a certain small group of curious users, possibly those whom are trying to live on a modest budget in an unfamiliar environment. However, since I have lived here since 1961 and since I have lived in other areas such as Manhattan, Nantucket, New Canaan, and Key West where people from Greenwich also live, from experience I know after 43 years, there is no point in trying to get ahead, since basically the Greenwich environment is a matriarchal environment in which a group of Amazon type women control the purse strings and the general economic welfare of the town. Thus since I grew up in a matriarchal family, I am familiar with this environment. It would seem to be that since there has been substantial inflation on the price of food and other items in the past year that there should be a comparative increase in the budget for subsistence income. I have noticed that only the blue color workers in town seem heavy and a few Asian visitors, and everyone else seems to be getting thinner. There is an old saying that "One Can Not Be Too Thin or Too Fair", but during times of conflict and potential terrorism, it might not hurt for the younger generation to have a little extra body fat in case they have to do field work or assist in other emergency capacity. However, since a great many of the tax payers here are office workers, it is the nature of their professions working with office equipment that they tend to be a thinner group of people. However, since I do most of my observation when walking downtown which consists mostly of women's shops, I suppose if I went over to some location like Home Depot, the people would be a bit beefier. Whatever, the case since I have pursued computers for 12 years this time around, I suppose the office crowd downtown in Greenwich is quite familiar with computers, and since they are trying to protect their corporate confidentiality with their clients, they are not a very chatty group except for when they are trying to curry favor with business customers. Thus since I do not interfere with the status quo with the local business community I seem to maintain my status here. However, since my family were amongst the original business partners in this area going back almost 400 years, I would imagine there are probably still members of the family in the business community in this area whom would be better versed in the exact nature of some of the complex business arrangements in this area. Since a great

many of the community might be focused on television, and since the community also has a hospital, it is the nature of hospital personnel that they tend not to look like television celebrities but just your average cross section of world wide citizens. Since the senior community control the town, I would imagine they need the attention of the hospital personnel more than the theatre community whom also might move around this community. Basically since a great many people need exercise, I have noticed that many people use the downtown area for exercise. Whatever, the case it is the nature of the downtown area of Greenwich, it is actually a very small part of the entire real estate area of the town of Greenwich, and economically it is also a small part of the overall economic picture of this area. In other words, the shop operations on Greenwich Avenue are not Fortune 500 operations, and therefore, it would seem to me that those representatives of Fortune 500 companies in this area would probably have a greater economic impact on the area as they interrelate with their bankers and financial advisors whom also have economic influence. CIO

Note: <888> 04/13/04 Tuesday 10:55 P.M.: I went through my email. CIO

Note: <888> 04/13/04 Tuesday 9:10 P.M.: I went out after the last message. I went by the Greenwich Town Hall for my 4 P.M. appointment an hour early. I went to the town parks and recreation department, and I filled out the required information for a new beach permit and beach parking permit. I made my 4 P.M. appointment. I then went downtown, and I walked the entire length of Greenwich Avenue. During my walk, I stopped by the 70% off rack at the Greenwich Hardware store. I did not sit outside during my walk, because it was raining. I next drove down by the waterfront. I then went by the Greenwich Library, and I read the Greenwich Time and P.C. Magazine. I then returned home. I made up a fresh batch of homemade hummus www.geocities.com/mikelscott/hummus.htm . I use two 4.25 ounce cans of crushed California black olives and a clove of elephant garlic along with the other usual ingredients. I then made and ate my usual salad www.geocities.com/mikelscott/salad.htm . For the tuna portion, I used a 6 ounce can of Bumble Bee chunk light tuna and for the cheddar cheese portion, I used Land O Lakes Pepper Jack cheese. I used all of the other regular ingredients. I had the salad with a glass of iced tea. CIO

Note: <888> 04/13/04 Tuesday 2:15 P.M.: I read all of the periodical literature except the computer press. I threw out what I read. I still have a large stack of computer press. I chatted with a relative to wish them Happy Birthday. I will now shut down the computer, and I will clean up. I have a 4 P.M. appointment. CIO

Note: <888> 04/13/04 Tuesday 12:20 P.M.: I did not fall asleep until 1:30 A.M. this morning. I had a telephone call from a friend at 6:30 A.M.. I was awake at 10:30 A.M.. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I picked up my mail. I have a 4 P.M. appointment this afternoon. I have a lot of periodical literature mostly on computer technology to read, so I think instead of working on the computer, I will read some of it. CIO

Note: <888> 04/13/04 Tuesday 12:05 A.M.: United States National Library of Medicine <http://www.nlm.nih.gov/>. I will now shut down the computer, and I will go to bed soon.
CIO

Note: <888> 04/12/04 Monday 11:25 P.M.: I rehung the battery operated door bell, which I keep in the bedroom, so I can hear people visiting at my door, and the batteries still work. I have it set to play the "Blue Bells of Scotland". I bought it for about \$8 at Odd Job, when I first moved in to this apartment about 15 years ago, and I ran door bell wire from the apartment door into the bedroom, and I think I purchased the ringer button separately elsewhere. I moved all my computer tech magazines that I have not read along with other periodical literature that I have not read to the top of the magazine rack on the right side head of the day bed. It is about an eight inch high stack of periodical literature. Thus when one sits on the far side of the blue sofa, they are no longer there anymore. I threw out the old grocery store circulars in the trash. I put the 30 calling cards in my car. I have 7 more in my wallet. Basically, it is my impression locally people presently in Greenwich are not very interested in tropical storms, since they are use to dealing with so much colder weather in the winter. However, when some of the retired and southern people venture north in the tropical storm season there seems to be an interest. Also since Connecticut is known as an insurance state, there is obviously some actuarial and risk management involvement in terms of the insurance industry in New York, Connecticut, and elsewhere around the country and the world and those insuring against risk in those areas effected by tropical storm activity. Basically as an economist, I know the biggest variable is the weather. Whatever, the case I personally am not involved in the insurance business, and I just study what is made available freely over the internet. However, I do have family members, friends, and associates living in those areas at risk. I have read that there are 80 million U.S. citizens living along the shoreline from the south coast of Texas to the north of Maine, not to mention the Latin and Caribbean areas. Thus it is a large population group that is aware. During the last three years, the tropical storms have been moving further north in the tropical storm season, so areas like the Carolinas, Virginia, Washington D.C., Maryland, and Bermuda have been more effected than normal. Also if the trend continues, it would mean those areas further north would be effected. From what I know it is not the air temperature as much that effects the tropical storm activity, but the ocean temperature, and although it is currently cold here in Connecticut, the weather down south has been very warm for a while, so the ocean water in the tropical storm areas is heating up more. I have not proofed my tropical storm page since last season, but it is available at www.geocities.com/mikelscott/weather.htm for people to make their own best judgments as to their risks. Also the United States government since 1978 has sold low cost flood insurance, so more people take the risk of living in the effected areas. Since from what I hear, it is very busy down south with the colder winters, it is hard to tell what portion of that group might be venturing north with the terrorists threats since 911, and I suppose they might go to more remote parts of the country up north, but still the New York City metropolitan area offers many essential services which many people seek out in their travels away from home. CIO

Note: <888> 04/12/04 Monday 9:50 P.M.: As a point of reference, I currently have 17 mirrors in the apartment, if I counted right. I use the mirrors to make the apartment feel larger, since they not only reflect light, but they also make the apartment feel a little bit more spacious. CIO

Note: <888> 04/12/04 Monday 9:15 P.M.: I had five sheets of the Avery 5731 labels left, so I printed out 30 more calling cards on three of the sheets, but this time instead of the zip code "06830-2902", I printed out "06830 U.S.A.", but the rest of the format remains the same. My family lived in Martinsville, Virginia from 1953 to 1954, so I might have possibly visited Washington D.C. during that period, but I do not recall. The first time I recall visiting Washington D.C. was around February 1961, when I flew up from Decatur, Alabama on the Chemstrand Gulf stream, and we stopped over at National airport, and while walking through National airport, my father introduced me to the head of the Atomic Energy Commission. We then continued our journey up to Westchester County airport, and it might not have been in the Gulf Stream which is a turbo prop, but it might have been in a D.C. 3, since the Chemstrand and Monsanto company had a large fleet of company jets, they rotated the planes occasionally when one traveled on them, which I did quite a bit down south, so by the time I arrived here I was an experienced air traveler in the days of Planter Peanuts for snacks on the plane with box lunches and a soda pop for the kids. Later that year around June 1961, we moved up to Stamford, Connecticut, and when we drove north, and we toured through Mount Vernon and Washington D.C. on the way up north. One summer when I was about 15 living in Greenwich at that time, I drove down to Virginia with a couple of other people from old Virginia families, and we might have driven through Washington D.C. on our way to stay in Williamsburg and touring some James River plantations in Virginia, and I recall attending a wedding at the Boars Head Country Club and the Country Club of Virginia or some similar names. Thus more than likely we drove back north through Washington D.C.. I recall driving down south with my family for a family vacation in Pompano Beach, Florida around 1965 during the winter, so we might have driven through Washington D.C. on that trip both ways. I recall driving through Washington D.C. on my trip north from Greenville, South Carolina in July 1976, and I walked around Washington D.C. a bit during a few hour break. I recall the following September, I drove down to Florida, but I think I might have taken the Chesapeake Bay tunnel bridge, so I might not have gone through Washington D.C.. I recall that spring 1977 driving north through Washington D.C.. That same spring after the Seabrook demonstration, I hitchhiked from New Hampshire through Washington D.C. to Williamsburg, Virginia where I stayed a few days, and then I hitchhiked back north again returning to Nantucket probably traveling through Washington D.C.. I recall hitchhiking that following fall down through Washington D.C. on my way to Florida, and I was held temporarily in jail in Richmond, Virginia for hitchhiking on the Interstate for a few hours before they let me go. Since I could not hitchhike the Interstate Highway in Virginia, I think I hitchhiked a local road through Williamsburg, Virginia and down to Virginia Beach and down the coast highway into the Carolinas where one could hitchhike and then down to Florida, but I might have gotten a ride from the ramp near a military base in the Carolinas, all the way down to Fort Lauderdale. The following spring 1978 I hitchhiked north with a friend as far as Washington D.C., and we caught a city bus to the Amtrak station in

Washington and took the train north to Stamford, Connecticut. In the fall of 1978 after a trip to California in the yellow Subaru and then down to the Florida Keys, I returned north with a friend before Christmas 1978 probably driving through Washington D.C.. I recall that winter of 1979 driving back down south again to Florida around Daytona and then returning early in the spring to the New York area which would have required going through Washington D.C. each way. I think also around 1979, I might have driven down to visit a relative in Philadelphia, and on the return trip I might have driven down to Washington D.C., and then driven back to the New York area, and it might have been around the time of the Pennsylvania nuclear accident called "Three Mile Island". I recall possibly in the fall of 1979 driving out to California in the same yellow 1972 Subaru wagon, and when the Iran helicopter rescue attempt was happening and the U.S. forces were on military alert, I drove from California on Route 10 East down to the Florida Keys and then back north to the New York area, which would have meant going through Washington D.C. around December 1979. I recall on my last trip to California in the Burgundy Volvo in September 1980, we drove from Greenwich to Nantucket, to Montreal to Toronto to Key West via Washington D.C. west across Route 10, and after election day in November 1980, we sold the car about a week later and flew back to New York. I think the next time I was in Washington D.C. would have been for Ronald Reagan's first inaugural, which I think was in January 1981. I did visit between his first inaugural and former President Bush's #42 inaugural twice as mentioned in the earlier note. I think the trip that I flew down for a day and back was about six weeks after Reagan's first inaugural, and the person sitting next to me the plane looked like Ed Messe the United States Attorney General. Then there was the previous mentioned trip to Washington D.C. in February 1983 before I went to Oslo, Norway. The next time I was there, I attended former President Bush's #42 inaugural in January 1989 as mentioned in the earlier note. I think the following winter in 1990 when former President Bush was in Argentina and it was zero degrees in Washington D.C., I drove down there for a few days with a friend, and after the visit, the friend went quail hunting in Virginia, and I returned via Amtrak to this area. This picture was taken then <http://www.geocities.com/mikelscott/mlsdc.jpg> . That was the last time I recall being in Washington D.C., and on that trip we toured the White House along with the Capitol and a few other sites and we stayed once again at the Dutch Inn now the Thomas Jefferson Inn. Since there is a big world out there much of which I have not seen, if I ever get enough money to travel again, I probably will want to explore other areas, since I have seen quite a bit of Washington D.C.. I recall on my driving trips north to south and back going through Washington D.C., I stopped by Dulles airport a few times since it was an enjoyable exercise walk away from the city, and I recall once driving by Andrews Air Force base when I went around the east side on the belt way. I have visited in various trips the Botanical Garden next to the Capitol, Georgetown University, the National Cathedral, the White House, the Capitol, the Smithsonian, the National Air and Space Museum, the Washington Monument, the Lincoln Memorial, the train station, Stephen Decatur House, Lafayette Park, the Willard Hotel, the Canadian Embassy, the National Gallery, and I have driven near the Pentagon and Arlington National cemetery. I think when I moved to Greenville, South Carolina in January 1976, the plane down there also stopped at National Airport, and possibly on some air trips down south and back, the

plane might have stopped at one of the Washington D.C. airports. I just chatted with a relative. CIO

Note: <888> 04/12/04 Monday 7:10 P.M.: Before the last message, I heated and ate a 18.8 ounce can of Campbell's New England clam chowder which I added 20 large cut croutons too, and I ate it with a glass of iced tea. I then ate a piece of apple pie with more iced tea. I normally do not drink alcohol very much, so in those few times, I traveled to the Washington D.C. establishment which is actually quite transient, they probably thought I drank that much all the time. Unfortunately since I have driven automobiles a lot in the suburbs for a good deal of my life, I do not drink much in the suburbs, but when I did not have a car in places like Europe, Nantucket and Manhattan, I would occasionally have a drink, particularly during very cold winter nights. However, before I quit drink alcohol almost completely, my normal routine was to have one or two beers on weekends, and that was pretty much it. Basically, although I keep alcohol in the apartment, I can not afford to get use to drinking it, since not only the cost of alcohol is expensive, but also one would have to walk or hire a taxi cab to travel. Basically, from what I can tell, I have never had a serious alcohol drinking problem, and about the worst it has ever been was when I was on spring break in Bermuda in 1968, my freshmen orientation first month in September 1972 at Lake Forest College, and the first five weeks in Florence, Italy in January and February 1972, I drank quite a bit of cheap Chianti and occasionally I would have a drink during the rest of that trip until I returned home in May 1972. When one is busy and low on funds, one does not drink too much alcohol. CIO

Note: <888> 04/12/04 Monday 6:45 P.M.: I secured the frame with a small nail and duct tape on the Audubon blue heron picture, but I forgot to straighten the print, so it is slightly crooked, but it still looks all right, since it is the nature of the print that it looks a bit crooked anyway. I originally got the Audubon pictures in a portfolio set at the Merry Go Round Mews thrift shop for \$5 about 15 years ago, when I first moved here. Two friends with whom I visited Washington D.C. to see former president number 42 George Bush's inaugural in 1988, which we actually did not make it to the inaugural, since it was a very cold day, so we watched it on a small television at the Dutch Inn now the Thomas Jefferson Inn on Thomas Jefferson street in Georgetown. Before Ronald Reagan's inaugural in 1981 the night before, I was bought about five triple Vodka's on a cold night in Greenwich Village, which I stayed up all night, and since I had clothes and belongings to travel, I decided to go to Washington D.C. for the inaugural, I flew down on a \$40 Braniff flight with Prince Boni Sakhir of Saudi Arabia. We were the only two passengers on the jet. I changed into my suit on the jet, so during the inaugural, I was a bit under the weather. After inaugural that time, I had a butterscotch sundae at the ice cream parlor in the basement of the Washington Hilton, and I saw Ronald Reagan again that evening in the lobby when he appeared at the Medal of Honor reception. I recall, I was drinking a Drambuie in the lobby cocktail lounge when he showed up. Since the Hilton was filled up, I was told by a cab drivers about the Dutch Inn in Georgetown. I stayed there that night, and I returned the following day via the Time magazine jet to Westchester airport and back up to New Canaan, Connecticut where I was living at the time. I think I also had another drink that trip to Washington D.C., when I went across the street from the Hilton after the inaugural to the Sheraton, and I recall having a Vodka tonic and sitting

next to outgoing Admiral Stanfield Turner or someone that looked like him. During former President Bush's inaugural, during the inaugural myself and my two friends, and one of my friend's fiancée, we all had lunch in the basement of the Dutch Inn watching the inaugural, and I noticed that Happy Rockefeller was sitting behind George and Barbara Bush on the inaugural stand, so she has a good seat. We each drank about five alcoholic drinks while watching and as usual, I drank vodka and tonic. We also had drinks and wine at the dinner before inaugural ball and we had drinks at the inaugural ball, but at that point I can not remember how many we had all together. We were not driving, we were using Washington D.C. taxi service. I recall the following night after inaugural, I went to the 1782 Inn in Georgetown, and I met a Georgetown University heart surgeon that I had met on a previous trip between those two inaugurals, and I had a few Vodka tonics, and I was invited back to his house to meet his wife, and we sat up all night chatting on general subjects. The heart surgeon was a very brilliant man, and he looked like the actor James Mason, and he might have been related to the family that once owned the Stamford Advocate and the Greenwich Time, since both family names were the same. The heart surgeon told me he had been Lyndon Johnson's heart surgeon, and he had done thousands of heart operations, and he had also done many autopsies, and he claimed smoking and cholesterol were not the biggest causes of heart disease but stress was. Since the heart surgeon was Old Guard, and since his generation had gone through major challenges, I did not think it odd that he drank alcohol, since a great many of his generation did unlike the current generation. Anyway the same two friends sometime after the inaugural were visiting me in Greenwich, and I showed them the Audubon prints, and they liked them, so I gave one third of the prints which were mostly field birds to one friend, and I gave another third of the prints which were mostly inland water birds to another friend, and I keep most of the other third of prints which were mostly marine, sea, tropical, and swamp birds. Of course we divided the Audubon bird prints quickly, and I recall they had been part of some insurance company promotion about 40 years ago. I recall during Ronald Reagan's first term in office, I returned to visit Washington D.C. once for a day flying each way and walking around and once again after I finished the garage apartment in Long Island around February 1983 before I visited Norway, and it was at that time I met the heart surgeon. I also have traveled through Washington D.C. a number of times going north and south with the seasons when I was younger. CIO

Note: <888> 04/12/04 Monday 4:55 P.M.: I was up at 7 A.M. this morning. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I cleaned up, and I went out. I went by Putnam Trust Bank of New York on Mason Street. I then went by the Greenwich Hospital Thrift shop. I bought a Radio Shack weather radio for a dollar. I then went downtown, and I walked the entire length of Greenwich Avenue. During my walk, I stopped by the senior center before and after my walk to use the facilities. I also stopped by the Greenwich Hardware store and CVS. I sat out at various locations. Through out my activity yesterday and today, I have given out 33 cards with my web site address to various acquaintances including two cards to some to pass then around. I mention that I have a Tropical Weather page www.geocities.com/mikelscott/weather.htm . I next drove down by the waterfront, and I then went by the Greenwich American Red Cross, and I gave them a few of my cards

with the internet information and suggesting they study the tropical weather page. I noticed a small photograph of Dorothy Walker Bush on the wall. I guess they can not afford a bigger picture. I guess her son and grandsons get the bigger pictures. I mentioned I had met the head of the International Red Cross in Athens, Greece in April 1972 when I was traveling with a Harriman family relative. I also for a short spell in the fall of 1972 lived across from the Red Cross ambulance fleet in Chicago, and I also lived eight blocks north of the New York Red Cross headquarters in Manhattan during 1980 to 1982, so I probably have seen some Red Cross personnel in my life, and having studied Hemingway when I was in Key West, I use to tell people I volunteered for the Red Cross, however I have never been trained by them, and I do not actively use their offices, but I try to keep them informed based on what I know. I have only given blood twice in my life, since they tend not to want blood from non smokers, since smoker's blood gives recipients nicotine fits. I next went by the Greenwich Hospital Thrift shop again. They seem to have more stuff with people doing spring house cleaning. I bought a 44 inch by 31 inch size of frame with mirror in new shape for \$45. The maple frame is curved about two inches deep and about 3.5 inches wide with scrolling around the edges on the mirror side. It looks quite well. It has mirror wire strung to hang it vertically. I then went by the Greenwich Hardware store, and I bought a single OOK three nail 100 pound hanger for \$2.49 and a package of two 2 nail fifty pound hangers for \$2.49 plus .30 tax for \$5.28 total. I then went by the Arnold Bread outlet, and I bought two 5.5 ounce boxes of Arnold garlic and herb croutons large cut for .99 each and a loaf of Arnold nutty oat grain bread for .99 less 10% senior discount of .30 for \$2.67 total. I then left the store, and then I returned, and I bought a Entenmann's apple pie for \$1.89 less 10% senior discount of .19 for \$1.70 total thus \$4.37 total for both purchases. I then went by Smoke for Less in Byram, and I bought two cartons of Seneca Ultra Lights 100s for \$31 each carton for \$62 total. I then returned home. I used two pairs of heavy winter gloves that I keep in the back left hatch back area of my car to carry the mirror up by its hanging wire. I then brought up the other items. I then took down the 20 inch by 30 inch mirror from the bedroom door. I had it hanging on two heavy hex wood screws into the door. I put the 100 pound OOK hanger slightly above and in between the two Hex wood screws. I then moved the 32 inch by 44 inch mirror with 1.75 inch maple frame from above the day bed to hanging on the opened bedroom door. Thus the bedroom door can not be shut now, since the mirror is wider than the door. I have a Rubbermaid hamper in front of the lower part of the door with my old laptop computers in their bags and a Microsoft TS2 conference bag. I moved the George W. Bush and Richard Cheney framed inaugural invitation from the bedroom door to above the sweater closet above the weather instruments. I hung the mirror that I bought today above the day bed on the three molly bolts I have fastened to the wall, so it is very secure. I moved the glass framed Lindbergh picture from the left side of the day bed to the left side lower of the bathroom hallway entrance wall. I moved from there the Audubon Louisiana heron picture to the lower half of the hallway side of the bathroom door. I moved the picture from there of the Audubon great blue heron to above the right sconce above the day bed. I moved the glass framed print of Notre Dame from there to above the left sconce above the day bed along side of the print of the Paris City Hall. I moved the 2 foot by 28 inch mahogany framed mirror from the right side of the bedroom entrance to wear the Lindbergh picture was above the left side of the day bed. I put the picture of George W. Bush and Laura Bush with Queen

Elizabeth II to the right of the right parsons lamp above the day bed, and I moved the picture of Princess Juliana beneath the right parsons lamp. The mirror that I took off the bedroom door which is about 20 inches by 30 inches I hung on the right side of the bedroom entrance with two 50 pound OOK hangers each with two nails. I put one of my used 9 volt batteries that I used in one of the two smoke detectors, and I put it in the Radio Shack weather radio. It works just fine. I put a heavy duty AAA Walgreen's battery in my key chain flash light. I then put the Radio Shack weather radio beneath the radio in the console recess beneath my dashboard in my Hyundai. CIO

Note: <888> 04/11/04 Sunday 10:00 P.M.: I went out after the last message, and I picked up my two guests at a private home in Greenwich where they had Easter dinner. We then drove downtown, and we walked up Greenwich Avenue and some of the side streets, and we then walked down Greenwich Avenue and some of the side streets. We then drove down by the waterfront. We then went over to Gopher Ice Cream at the Cos Cob shopping plaza by the Mobil gasoline station just east of Indian Field Road. My two guests had some ice cream and sorbet treats. Because of my cholesterol, I do not eat ice cream anymore. We then drove up North street, and my guests toured another private place, and then we drove across Clapboard Ridge Road and down Lake Avenue. I showed my guests the completed stone work facing they did on the Cole Auditorium at the Greenwich Library. I then took my guests to the Greenwich train station, and they caught the 8:12 P.M. train into Manhattan. I mentioned that I would like to see the Queen Elizabeth II <http://www.qe2.org.uk/itinerary.html> and the Queen Mary II <http://www.qm2.org.uk/itinerary.html> on Sunday April 25, 2004, when they both are at port in Manhattan at the same time before sailing to Southampton, England, however usually at the end of the month, I am low on funds, so I probably will not be going into the city. I then returned home, and I heated a 18.8 ounce can of Campbell's New England clam chowder which I put 20 large cut croutons into, and I ate it with a glass of iced tea. I then ate a piece of apple pie with some more iced tea. I am a bit tired, so I will now shut down the computer, and I will go to bed. CIO

Note: <888> 04/11/04 Sunday 4:50 P.M.: I am going to pick up my guests now. I will put the computer on standby. CIO

Note: <888> 04/11/04 Sunday 4:05 P.M.: If my guests are arriving by train from Manhattan which they might be, the next train due in Greenwich is at 4:29 P.M.. They might have gotten their trains mixed up, since the schedule changed on April 4, 2004. CIO

Note: <888> 04/11/04 Sunday 3:40 P.M.: I am still waiting for my guests to call. CIO

Note: <888> 04/11/04 Sunday 2:40 P.M.: I chatted with a relative. The relative told me that she could use a cordless and a regular telephone. CIO

Note: <888> 04/11/04 Sunday 2:15 P.M.: I drank a 50% Folgers's instant and 50% Folgers's decaffeinated instant coffee. I cleaned up. I am waiting for my guests to call at 3 P.M.. CIO

Note: <888> 04/11/04 Sunday 1:25 P.M.: I reheated and ate the remaining half of the vermicelli and the remaining half of the 26 ounce jar of Francesco Rinaldi traditional tomato sauce which I put three tablespoons of grated parmesan cheese on it with a small bit of dried parsley, and I ate it all with a glass of iced tea. I watched a bit of television. I am suppose to have two guests visit at 3 P.M., so I will now clean up. CIO

Note: <888> 04/11/04 Sunday 11:55 A.M.: I chatted with a relative. CIO

Note: <888> 04/11/04 Sunday 11:15 A.M.: I went through my email. CIO

Note: <888> 04/11/04 Sunday 10:35 A.M.: I updated Scott's homepage, so it translates into 12 different languages from the links on this page
www.geocities.com/mikelscott/lang.htm . CIO

Note: <888> 04/11/04 Sunday 9:55 A.M.: I was up at 7 A.M., and I had breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I put one of my information cards in my mail box downstairs covered with scotch tape. I added <http://babelfish.altavista.com/> to my homepage at www.geocities.com/mikelscott/ and I put it on www.geocities.com/mikelscott/lang.htm , but the Java Script does not work for links for some odd reason, but it does work from the homepage and from <http://babelfish.altavista.com/> . I have two friends coming to visit at about 3 P.M. today, but they are suppose to call first. CIO

Note: <888> 04/11/04 Sunday 12:55 A.M.: I went through my email. I will now shut down the computer, and I will go to bed. CIO

Note: <888> 04/11/04 Sunday 12:35 A.M.: I heated and ate a 18.8 ounce can of Campbell's New England clam chowder, which I added a dozen large cut croutons to. I had the soup with a glass of iced tea. CIO

Note: <888> 04/10/04 Saturday 11:55 P.M.: I went out after the last message. While I was dumping out the garbage, I found in the dumpster a General Electric big button eight memory dial telephone, which I retrieved. I then went downtown, and I walked the entire length of Greenwich Avenue. I sat out at various locations. I stopped by the Greenwich Avenue branch of Putnam Trust Bank of New York ATM machine and then CVS during my walk, and I bought two packages containing a 16 ounce bottle of European Mystique papaya-mango shampoo and a 16 ounce bottle of European Mystique papaya-mango conditioner for \$1.79 each two bottle pack plus .22 tax for \$3.80 total. I then completed my walk, and I sat out some more. I then drove down by the waterfront. I chatted with a couple of local waterfront observers. I then went by the Exxon gasoline station next to the Greenwich Library, and I bought \$6.10 of regular unleaded gasoline at \$1.999 a gallon for about 30 miles per gallon usage. I then went by the Food Emporium, and I bought two 36 ounce bags of Eight O'clock Hazelnut coffee beans for \$4.99 each bag for \$9.98 total. I then returned home. I put a new Duracell 2032 lithium battery in the General Electric telephone since the one in it was corroded. I put it on the right side drawer that projects from the living room desk next to the long green couch, and I

connected it to the telephone system through the U.S. Robotics external modem on top of the Dell backup computer. I programmed it with seven speed dial numbers of family and a friend along with the emergency 911 number. I printed out copies of my telephone list, and I put one underneath the Columbia cordless telephone by the primary computer, underneath the AT&T telephone on the Danish bar, underneath Columbia big button telephone by my bedroom bed, and one in my wallet, and one on the cork board in the kitchen. I also cleaned out some old cards from my wallet. I gave out some of my web site cards tonight to various people whom I dealt with. I will also put a copy of the telephone list in my automobile glove box. I drank some iced tea. I now have the Radio Shack audio control wall phone in the kitchen, the Uniden cordless telephone on the Danish bar, the AT&T button phone on Danish bar, the Northwestern Bell button phone by the Queen Anne chair underneath the Orion television, the General Electric button phone I just put in, the Columbia cordless 2.4 gigahertz telephone by the primary computer, the Spectra princess phone by the primary computer with a Radio Shack speaker phone, the Spectra princess style wall phone in the bathroom, in the bedroom the Columbia big button telephone on the bed night stand, and the Radio Shack cordless telephone on the Danish desk with a Radio Shack speaker phone, not to mention Net2Phone through the high speed Optimum Online cable modem service. Thus I have ten telephones in the apartment plus the two speaker phones and the internet Net2Phone through the computer. Although few people ever call me, I have my apartment set up so a number of people could chat through the same telephone line. Alas, I do not have a cell phone, but since I was on a night schedule for so many years and frequently still am, few people call me during the day time except family and a few friends. Still, when the telephone rings, I do not have far to go to pick up the telephone. I guess when one has a cell phone, one has to look around for it. CIO

Note: <888> 04/10/04 Saturday 6:35 P.M.: I chatted with a friend. I rested until just now. I will now shut down the computer. I will eat a piece of apple pie with some iced tea. I will shower and clean up. I will go out. About 2 P.M., there was a report on the traffic channel that a truck had knocked down a pole on the Boston Post Road in Greenwich, but I did not recognize the name of the cross streets. CIO

Note: <888> 04/10/04 Saturday 1:45 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . For the cheddar cheese portion, I used Stop and Shop Vermont extra sharp cheddar cheese. I used all of the other regular ingredients. I had the salad with a glass of iced tea. I will now put the computer on standby, and I will take a nap. CIO

Note: <888> 04/10/04 Saturday 11:55 A.M.: I went through my email. CIO

Note: <888> 04/10/04 Saturday 11:50 A.M.: Local Tectonics event coming up <http://www.ldeo.columbia.edu/~mspieg/CMG2004/> . CIO

Note: <888> 04/10/04 Saturday 11:40 A.M.: <http://volcanoes.usgs.gov/update.html> . CIO

Note: <888> 04/10/04 Saturday 11:15 A.M.: More than cheese in Vermont
<http://www.vermontcountrystore.com/> . CIO

Note: <888> 04/10/04 Saturday 11:05 A.M.: [University of California Scripps MARIANAS EXPEDITION](#) and [BBC NEWS Science/Nature Double whammy link to extinctions](#) . CIO

Note: <888> 04/10/04 Saturday 10:45 A.M.: www.lfc.edu makes news
<http://www.princetonreview.com/college/research/bestvalue/default.asp> and [Lake Forest College by the Princeton Review](#) . CIO

Note: <888> 04/10/04 Saturday 10:35 A.M.: I am going through my email. This link for developers <http://channel9.msdn.com/> . CIO

Note: <888> 04/10/04 Saturday 10:10 A.M.: I chatted with a relative. CIO

Note: <888> 04/10/04 Saturday 9:20 A.M.: I was up at 6:30 A.M., and I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I watched some television while drinking my coffee. I have a package of Avery 5371 White Business cards which had 8 remaining blank sheets of ten blank business cards each sheet, and I used four of them to print out 40 cards with my name, address, telephone number, email address, and web site. I packaged 38 of them with a green rubber band to keep in my car, and I put two of them in my wallet. If one has a card, it is easier to explain one's activity by referring a new acquaintances to one's web site. I bought the package of Avery business cards as a clearance item from Staples for .50 a few years ago. The remaining blank cards are in my center desk drawer in the living room. Microsoft Office Word 2003 has the label and envelope program that has the Avery labels as one of the label items for proper formatting. However, I guess if one could also print out the cards on a blank piece of paper and cut them with a scissors, but occasionally when I chat with people, I have a difficult time explaining what I have been doing on the internet and elsewhere around town, so I just refer them to my web site. Since there are a lot of movers and shakers around here, I like to keep in perspective what I am doing. CIO

Note: <888> 04/09/04 Friday 11:20 P.M.: I watched some television. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 04/09/04 Friday 9:55 P.M.: The new Radio Shack wall phone with audio control which I put in the kitchen was not working again because of a faulty connection. I studied the connector piece on the slider on the phone and the receptacle on the wall, and I determined that the connector piece was not projecting far enough into the receptacle. I was able to fix this by removing the connector piece on the phone from the slider bar, so it projects about 1/8th of inch further into the wall receptacle. Then by exerting a little pressure when installing the phone onto the wall receptacle, I was able to get to make a solid connection and secure it with the sliding lever on the side of the phone for securing it to the receptacle plate. Thus it now works just fine, and there

should be no more problems with usage having it become disconnected since it is firmly secured. CIO

End of Scott's Notes week of 04/09/04:

Note: <888> 04/09/04 Friday 8:15 P.M.: I finished dinner. I will now send out my weekly notes. CIO

Note: <888> 04/09/04 Friday 7:30 P.M.: I am bringing to a boil a half of a six quart Revere pot of water in which I added a half of a teaspoon of salt and a teaspoon of olive oil, and I will put in it a 16 ounce box of Stop and Shop vermicelli, and I will boil it six minutes. I will use half and refrigerate half in a Rubbermaid container. I will heat half of a 26 ounce jar of Francesco Rinaldi traditional tomato sauce, and I will put it on the vermicelli along with a few tablespoons of grated parmesan cheese. I will have it all for dinner with iced tea. I will refrigerate the remainder of the jar of Francesco Rinaldi traditional tomato sauce. CIO

Note: <888> 04/09/04 Friday 7:10 P.M.: I went out after the last message. I went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. During my walk, I stopped by Bank of New York on Mason Street, and then CVS, and I bought four 18.8 ounce cans of Campbell's Select New England Clam Chowder, buy one get one free for \$2.49 for two, a 6.25 ounce jar of celery flakes for .99, and four 6 ounce cans of Bumble Bee solid white albacore tuna fish for .99 each for \$9.93 total. After I completed my walk, I drove down by the waterfront. I then drove over to the Mobil Old Greenwich car wash, and I had my Hyundai washed for \$5. I removed the radio antenna by unscrewing it, when I put it through the car wash. I then towel dried any remaining moisture and reinstalled the antenna. I shook out the driver's side floor mat. Then for a dollar, I vacuumed the car floors and the seats, so it is much cleaner inside. I then drove over to Tod's Point, and I parked at the southwest parking area, and I dusted off my dashboard with a towel from the back of my car. I then sat out for a short spell. I next drove over to the southeast parking area. I chatted with a regular beach observer, and she enjoyed seeing the children fly kites. She gave me a book by Henry Drummond titled "The Greatest Thing in the World". She recommended me to read it. It is about Christian Living. I mentioned various churches that I knew of in the this area and Manhattan. I next returned to downtown Greenwich, and I sat out for a while. I then drove down by the waterfront. I then went by the Stop and Shop, and I bought a 10 ounce bag of fresh spinach for \$1.99 and a six ounce jar of 4C parmesan and Romano grated cheese for \$1.99 for \$3.98 total. I then returned home, and I drank a glass of iced tea. CIO

Note: <888> 04/09/04 Friday 12:05 P.M.: I saw this web site on television this morning <http://www.backcountrystore.com> for the outdoors types in the colder weather. I heated and ate a 18.8 ounce can of Campbell's New England clam chowder, which I put 20 large cut croutons in, and I ate it all with a glass of iced tea. We are suppose to have rain Sunday through Wednesday <http://www.weather.com/weather/local/06830> . I am about

to update <http://www.tropicdesigns.net/weatherpulse.html> . I will now shut down the computer, and I will go out for some fresh air.

Note: <888> 04/09/04 Friday 11:25 A.M.: I turned the living room thermostat down to 70 degrees Fahrenheit, and I turned off the Lasko box fan that I use to circulate the heat. CIO

Note: <888> 04/09/04 Friday 11:20 A.M.: Happy Good Friday. I chatted with a friend last night about 9 P.M., and she and her husband are coming out to visit on Easter Sunday about 3 P.M.. I ate 2/3rds of a 9 ounce can of smoked almonds. I chatted with a relative about 10 P.M.. I woke up at 6 A.M.. I watched television for an hour. I ate breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I did my house cleaning and watering the plants. I put the throw rug that I found discarded the other day underneath end of the bedroom bed rolled up. I took my long heavy Rainforest winter coat from the brass coat rack at the head of the day bed, and I put it on the left side of the right living room closet. I moved my lighter weight jackets and coats from the left of the right living closet to the right side where they are more accessible. I threw out the garbage. I set a couple other clocks in the apartment for daylight savings time. While doing my house cleaning, I listened to the fourth tape of "Dutch" Ronald Reagan's biography with the Emerson Wireless headphones. I am now recharging the pair of Radio Shack Nickel cadmium batteries that I used, and they should be charged by about 5:30 P.M.. I threw out the garbage, and I picked up the mail. It is clear and sunny and 60 degrees Fahrenheit outside right now. CIO

Note: <888> 04/08/04 Thursday 7:50 P.M.: I turned the living room thermostat back up to 78 degrees Fahrenheit, and I set the box fan above the wall radiators to low to circulate the warm air to take some of the dampness out of the apartment. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 04/08/04 Thursday 7:20 P.M.: I went out after the last message. I went by Putnam Trust Bank of New York on Mason Street. I then went by the Greenwich Hospital Thrift Shop. I bought for \$7.50 a Radio Shack Heavy-Duty Wall Phone ET-3240 43-3240 White with Volume Control and a Traditional Bell Ringer. I then went downtown to the central Greenwich Post Office, and I bought a money order at .90 cost plus face value to pay for my Northeast Utilities electricity bill. I mail it at the post office along with a birthday card. I went by the Merry Go Round Mews Thrift Shop. They have a nice solid drop leaf mahogany table there for \$200, and I noticed they also have a blue velour love seat for \$500, and I noticed men's bow ties are three for a dollar. I then sat out for a while. I next made my 3 P.M. appointment. I then went downtown, and I started to walk lower Greenwich Avenue, but it started to rain, so I returned home. I drank some iced tea. I then took off the white spectra princess type wall phone off the kitchen wall, and I put on the Radio Shack wall phone in its place. I also used the longer 10 foot headset cord that was on the spectra phone, and I put the Radio Shack headset cord on the spectra phone. The Radio Shack phone seemed to have a bit of static and it did not always work, and I finally figured out there was a problem with the two wire contacts on the phone. I was able to get it to make better contact by spreading with an

eye glass screw driver the two parallel slider slots where the contact wires are, so they were slightly V shape and make better contact with the wall mount plate terminal wires. It all seems to work fine now, but if one were to jar the phone too much, it might still not make contact and then would need to be adjusted. Since I frequently talk on the kitchen phone when I am sitting by the kitchen stove fan smoking a cigarette, it helps to be able to turn the volume up. I took the white spectra phone, and I plugged it into the Radio Shack speaker phone on the dining room table next to the left primary computer monitor, and I placed the spectra phone to the left of the Radio Shack speaker phone. I then made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I used a tin of sardines that I chopped instead of tuna fish, and for the cheddar cheese portion, I used Stop and Shop Vermont extra sharp cheddar cheese. I use all of the other regular ingredients. I had the salad with a glass of iced tea. CIO

Note: <888> 04/08/04 Thursday 10:45 A.M.: I ate a piece of apple pie with some iced tea. I have to pay my electricity bill which came yesterday. I have an appointment on Tuesday April 13, 2004 at 4 P.M.. I printed out a birthday card that I will mail to a relative. I will now shut down the computer, and I will clean up, and I will go out. CIO

Note: <888> 04/08/04 Thursday 9:50 A.M.: I put away the laundry. I started up both the Compaq 486 laptop with 8 megs of memory and the Acer 486 laptop with 4 megs of memory to have their batteries charge up. I think the Compaq holds a charge, but the last time I tested the Acer, its battery would not hold a charge. I never use them, but I keep them around for mobile word processing in case I ever had to do it. CIO

Note: <888> 04/08/04 Thursday 8:50 A.M.: I chatted with a relative last night, and they told me it would be too expensive to rent a truck to take the pineapple post day bed up to Kennebunkport, Maine, since the day bed with box spring and mattress only cost \$70 at the Merry Go Round Mews thrift shop about four years ago. Thus it will be staying here for the indefinite future. I have a friend with a station wagon, but he is always too busy to drive up to Kennebunkport, Maine, and his Buick Roadmaster station wagon is over 11 years old with over 100,000 miles on it, so it might be too much wear and tear on the Buick to drive all the way up to Kennebunkport, Maine and back. The last time we did a few years ago, he had to pay for a new transmission when it broke on the way down. I have noticed in my observations around town that a lot of Old Guard citizens and Veterans drive Buick Centuries, so I guess that is the preferred car of the senior community, if they can afford the higher amount that they cost plus to maintain them. Also last weekend, I saw for the third time in as many years someone park in front of the senior center in a new Audi, and have their front bumper catch on the stone curb, and when they tried to back up, the outer plastic covering on the bumper pulled off from the inner Styrofoam that cushions the bumper. One would think that the Germans with all of their advanced engineering skills would be able invent a bumper for the Audi that does not pull off when it catches on a curb. I have not noticed any other cars have the same problem. I think what they have to do is have the plastic bumper covering project further underneath the Audi, so it does not catch on curbs. CIO

Note: <888> 04/08/04 Thursday 8:25 A.M.: Since it is warmer outside, I turned the thermostat in the living room from 78 degrees Fahrenheit which keeps the room at 72 degrees Fahrenheit down to 70 degrees Fahrenheit, and the living room is now 68 degrees Fahrenheit. I have the thermostat in the bedroom set at 60 degrees Fahrenheit, which I kept it at all winter except on colder nights. I never turn on the heat in the bathroom. I turned off the box fan on the living room window shelf that I use to circulate the living room heat through out the apartment. CIO

Note: <888> 04/08/04 Thursday 8:15 A.M.: I was up at 6 A.M.. I ate breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I started two loads of laundry, and I have 35 minutes to go on the dry cycle. I put clean linens on the bed in the bedroom. I threw out some garbage. CIO

Note: <888> 04/07/04 Wednesday 10:00 P.M.: I finished off eating a third of a box of CVS wheat thin crackers along with some iced tea. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 04/07/04 Wednesday 8:30 P.M.: I chatted with a friend, and I left messages with three friends and a relative. CIO

Note: <888> 04/07/04 Wednesday 7:30 P.M.: I went out after the last message. I went by the Greenwich Hospital Thrift shop. I bought for \$5 a black canvas director's chair that sits about three feet high off the ground on folding wooden legs. Since it folds up, I put it in the back of my Hyundai Accent hatchback area. I then drove down by the waterfront, and I sat out in the director's chair on the pier off Steamboat Road, and I used my binoculars that I keep in my car to observe the waterfront. From what I could tell, they seem to have built a lot of new buildings on the north shore of Long Island. I chatted with a British couple. I told them about the fact that people have been eaves dropping across the waterfront for over a half of a century. I suppose from both sides. I also told them that all of the corporate CEO and managers live on the south shore of Connecticut in Fairfield County, while the owners whom have had so much money for so long that they do not know what they own, live on the North Shore of Long Island in Nassau and Suffolk counties. However, down by the colder waterfront out in the wind, it is still a bit colder than downtown. I next went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. During my walk, I stopped by Zyn stationary, and for a dollar, I bought a number 28 scratch card Winner Wonderland, but I did not win. I also stopped by CVS, and I bought four 32 ounce Fantastik orange action spray bottles with contents for \$1.99 each and a five pack of Bic lighters for \$2.49 plus .63 tax for \$11.08 total. I also stopped by the Greenwich Hardware store. I then completed my walk. I next went by the Greenwich Library, and I read the Greenwich Times. I next returned home, and I baked in the Farberware convection oven at 400 degrees Fahrenheit six America's Choice fish cakes, 15 America's Choice frozen miniature potato pancakes, and 14 America's Choice frozen onion rings for 12 minutes on each of two sides. I mixed up a half of a cup of Heinz ketchup with three tablespoons of horse radish to have a seafood sauce to go with the baked items. I had it all with a glass of iced tea. I then chatted with a relative. CIO

Note: <888> 04/07/04 Wednesday 12:55 P.M.: I threw out some more garbage. I am still waiting for the mail to come. I will now shut down the computer, and I will clean up, and I will go out. It is currently 56 degrees Fahrenheit outside, so it has warmed up a bit. CIO

Note: <888> 04/07/04 Wednesday 12:25 P.M.: I made and ate www.geocities.com/mikelscott/onionsoup.htm . I had the soup with a glass of iced tea, and then I ate a piece of apple pie. CIO

Note: <888> 04/07/04 Wednesday 11:25 A.M.: I threw out the garbage. One of my neighbors threw out a 5 foot by 8 foot rug which is green with stars, so I rolled it up, and I retrieved it to my apartment, and I put it by the bedroom door entrance. Sometime in the near future, a relative will be driving north through this area with a rental truck, and they will pick up the pineapple post day bed and its box spring and mattress, and they will take it up to Kennebunkport, Maine to a relative's house. Then I will move the long mahogany bureau in the middle of the living room to against the far living room wall with the two Danish end tables on either side of it. I will then have room to pull out the blue couch further away from the long green couch, and the rug that I just found should fit in between the two couches just fine. I will get rid of the smaller DuPont Orlon rug. I will then put the 2 foot by 4 foot brass and glass coffee table that I have on the Danish desk in the bedroom in between the two couches, and I will put the two small brass and glass end tables on either end of the blue couch. Of course, I can not do this until the relative comes through with the truck, which might be over a month. The relative might want to pick up some other items, since my apartment tends to be a bit cluttered right now. I checked the mail, and it has not arrived yet. CIO

Note: <888> 04/07/04 Wednesday 10:50 A.M.: I put the ice tea in the refrigerator. CIO

Note: <888> 04/07/04 Wednesday 10:35 A.M.: I chatted with a relative. CIO

Note: <888> 04/07/04 Wednesday 9:55 A.M.: I went through my email. CIO

Note: <888> 04/07/04 Wednesday 9:25 A.M.: I was up at 6 A.M., and I chatted with a friend. I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went back to bed until 8:30 A.M.. I am making up a fresh batch of iced tea www.geocities.com/mikelscott/icetea.htm . Recently I have seen advanced elements of the group that spend the winter down south coming north into our area. Whether they will spend the summer here or go further north is opened to question. Since there are large numbers of them that regularly move through this area on their way up north, we are use to seeing them starting about the first of April. However, whether they will be resting their laurels in this area or moving into the north country, I do not really know. CIO

Note: <888> 04/06/04 Tuesday 7:55 P.M.: [BBC NEWS In Pictures In pictures: Queen in France](#) , [BBC NEWS UK Queen urges strong ties with US](#) , [Entente Cordiale The Centenary](#) . Je suis un peu fatique, et je veux reste. I am a bit tired, and I wish to rest. I

will now shut down the computer, and I will go to bed. Usually when the seasons change, I get a bit tired. I suppose now that the weather is changing, it is effecting my biological clock. During the winter, when it is cold, I feel more energetic, but when it starts to warm up, I begin to feel a bit tired at first until I get use to the warmer weather conditions. At the moment, it is 47 degrees Fahrenheit outside. I have not walked much in the last few days, since I have been on a different schedule, and during the daytime schedule, it costs too much money to park downtown for a walk which can take over an hour and cost .25 a half hour. Thus I have not been walking as much. Since I have low blood pressure, when I take it a walk, it tends to wake me up a bit and get me going. CIO

Note: <888> 04/06/04 Tuesday 6:30 P.M.: I went out after the last message. I went by the Arnold Bread outlet, and I bought a Entenmann's apple pie for \$1.89 and a loaf of whole grain low fat oat bread for .99 less 10% senior discount of .29 for \$2.59 total. I then drove down by the waterfront. I checked the oil in my car, and it is fine. I checked my glove compartment document folder holder, and the yellow registration slip that I had in it had expired, but in an envelope in the glove compartment, I had my current registration. I put it in the document holder. I then went by Putnam Trust Bank of New York on Mason Street. I next went by the Greenwich Hospital to pay a minor bill of \$2, but they told me it was an accounting error, and I did not need to pay it. I then returned home, and I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . For the cheddar cheese portion, I used Stop and Shop Vermont extra sharp cheddar cheese. I had the salad with a glass of iced tea. I then rested for a while. I next ate a half of a box of CVS wheat thin crackers and then I ate the remaining fifth of a 9 ounce can of Smoked almonds. I then watched some television. However, all of the television seems to be programmed for young children, so there was not any television for me to watch. It has warmed up to 51 degrees Fahrenheit, but I feel lazy, so I will just continue relaxing at home. CIO

Note: <888> 04/06/04 Tuesday 9:10 A.M.: I went through the Microsoft information that I received yesterday, and I put it with the Microsoft TS/2 conference bag that I have on my Rubbermaid hamper at the entrance to the bedroom. The information that I received yesterday is basically a few pamphlets on the Microsoft Open License Program, a clipboard, a spiral notebook calendar, and a Microsoft pen. It lists these links <http://www.msusapartnerreadiness.com/webcast/saleswebcasts.asp> , <http://members.microsoft.com/partner/licensing/softwareadvisor/> and <http://members.microsoft.com/certpartner/help/rsc/default.aspx> . I will now shut down the computer, and I will clean up, and I will go out. CIO

Note: <888> 04/06/04 Tuesday 8:45 A.M.: I checked my Hyundai service list, and I am not due for any Hyundai shop service, until 48,000 miles. I currently have about 39,650 miles on the car, and I am due for a oil change at 40,800 miles. I chatted with a relative. CIO

Note: <888> 04/06/04 Tuesday 7:55 A.M.: My guest the night before last finished eating the bag of corn chips. My guest also noticed that when he was riding in my Hyundai that the front passenger side retractable seatbelt did not work properly. I

extended it after I got out of the car yesterday, and I left it fastened. It is hard to draw out the belt from the retainer since it catches, when one tries to draw it out, and one has to let it retreat a number of times before extending it out far enough to cover the passenger. If one is looking for items in this area, try looking at www.bargainnews.com . CIO

Note: <888> 04/06/04 Tuesday 7:45 A.M.: I just finished going through my email. CIO

Note: <888> 04/06/04 Tuesday 7:15 A.M.: I went to bed after the last message. I chatted with a relative about 10 P.M.. I was awake at 5:30 A.M.. I ate breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I took the Lasko box fan out of the living room window where I use it to blow the heat from the electric radiators around the apartment in the winter. I removed both of its louvered side panels, and I washed them in the kitchen sink. I also cleaned the fan blades and the interior of the fan housing. I then reassembled it, and I put it back in the living room window in front of the G.E. Profile 15,500 BTU air conditioner with remote control, which I have covered with Styrofoam. I turned the Lasko fan on low, and I now have it blowing the electric heat around the apartment. CIO

Note: <888> 04/05/04 Monday 6:15 P.M.: My guest just called up, and he is headed back to Long Island. I will now shut down the computer, and I will go to bed soon. It is suppose to be cold tonight. CIO

Note: <888> 04/05/04 Monday 5:25 P.M.: About a year ago, I had given my guest my Land's End aqua marine colored Eisenhower jacket, and while my guest was here, I gave him my other similar aqua marine Eisenhower jacket made by Patagonia. Neither fit me, since I weigh 215 pounds, but they fit my guest whom weighs about 155 pounds. I have plenty of other clothes that size. I noticed today that the ELDC thrift shop is no longer in business at the Cos Cob shopping plaza next to the Mobil station just east of Indian Field Road. I called Microsoft back about a phone message about Microsoft's New Livemeeting program www.microsoft.com/livemeeting/ , which I have not had time evaluate, but since I am on a limited budget, I will not be buying it. I heated and ate a 18.8 ounce can of Campbell's Select New England Clam chowder which I ate with 20 large cut croutons and a glass of iced tea. I also ate a piece of apple pie. CIO

Note: <888> 04/05/04 Monday 3:50 P.M.: After the last message, my guest and I both cleaned up. My guest had a glass of orange juice. We drove over to McDonalds, and my guest had breakfast of a sausage, egg, and cheese muffin with a potato pancake. I had already eaten breakfast. We returned to my apartment, and my guest picked up his belonging, and then we each drove our respective cars, and I showed my guest the way to North Street, so he could drive up to the Merritt Parkway. I then left him at the beginning of North Street, and I went by the Greenwich Hospital Thrift shop, and I bought a Every Ready black and yellow flashlight for a dollar. I then drove down by the waterfront. I next went by Putnam Trust Bank of New York on Mason Street. I used the bathroom downstairs there besides doing some banking business. I then drove over to Walgreen's in Old Greenwich, and I bought a 12 pack of Walgreen Ultra Alkaline D batteries for \$9.99, two nine ounce cans of Smoked Almonds for \$1.99 each, three 11 ounce cans of

Madame mandarin oranges for .39 each with store coupon, and three 6 ounce cans of Bumble Bee chunk light tuna for .39 each with store coupon plus .60 tax for \$16.91. I then went by the Old Greenwich Rummage Room. I next drove out to Tod's Point, and I parked by the southwest parking area, and I enjoyed the view. I ate half of the can of almonds for lunch. I fed a fourth of the can of almonds to the squirrels, crows, sparrows, and cardinals in the bush in front of me. I then went to the southeast parking area, and I sat out for a while, and I used the bathroom there. I then went by Staples in Old Greenwich, and I bought a damaged package of 500 sheets of Staples legal laser paper for \$2.60 and a 25 pack of slim jewel cases for \$4.44 plus .42 tax for \$7.46 total. I then returned to the center of Greenwich, and I sat out briefly for a while downtown, and I then returned home. I put in the new D batteries in the Every Ready flash light and the other black rubber flashlight I had in the car, and I put in three new batteries in the RayOVac metal Sportsman flashlight, and I brought it up from the car, and I put it on the rack behind the apartment entrance door. I decided not to leave it in the car, because when it rolls around on the floor of the car, it turns on and runs out of power. I put the other five D batteries in a bag in the top left drawer of the blue kitchen bureau. I put away the other food items. I filled my Minolta laser printer with more paper. I put the CVS legal laser paper in a plastic bag to reduce moisture, and I put it underneath the table holding the Minolta laser printer. I put the 25 slim jewel cases on the printer port box to the right side of the primary computer on the wicker rack on the wall. I received at my door while I was out a Microsoft software advisor kit which has Microsoft information that I will look at later. I drank some iced tea. CIO

Note: <888> 04/05/04 Monday 8:45 A.M.: I checked the weather outside, and it is clear and currently 26 degrees Fahrenheit. I made breakfast of oatmeal, toast with strawberry preserves, pineapple orange juice, vitamins, supplements, and coffee. My guest is still asleep, but when he woke up briefly, he said he would be up soon. He has to drive to Ansonia, Connecticut today, which I think is on this side of New Haven. I do not travel much in this area, so I do not know where a lot of places are. It seems colder than normal for this time of year, but I can remember when it has snowed here during the first week of May back around 1971. I remember that because I was returning from Tobago, and when we flew into Kennedy airport during that time, there was snow on the ground as we transferred to Boston, and then I returned to Chicago. Thus since we have had a colder winter, and if the pattern holds, which it can do for a up to 15 year cycle, this colder weather for extended periods might be here to stay for more than a decade compared to the warmer winters we have experienced during the previous 15 years or so. Weather tends to go in long term cycles. I hear tell, it is quite busy down in Florida, and I also hear that it is a lot colder out in the Midwest of the United States of America. I suppose with all of this cold weather, the energy companies will be making more money, and of course we will be paying more for energy. My guest just woke up. CIO

Note: <888> 04/05/04 Monday 7:10 A.M.: I cleaned up after the last message. My guest arrived shortly thereafter. We chatted for a while. My guest drank two St. Pauli Girl dark beers along with eating some white corn chips. We went out about 10:30 P.M., and we drove downtown down by the waterfront. I showed my guest the view of Long Island, and that the lights were still on out on Long Island. We then went by the Glory

Days Diner on East Putnam Avenue. My guest bought dinner. We both had iced tea. My guest had a cheese omelet with bacon and Rye toast. I ate a Caesar Salad with baked slices of grilled chicken. We chatted over dinner. We then returned back to my apartment. My guest went to bed on the day bed in the living room about midnight, and I went to bed at the same time. I just got up, and my guest is in no rush this morning, so he is still sleeping. CIO

Note: <888> 04/04/04 Sunday 8:00 P.M.: I rested until a half hour ago. I had one friend call and say he would not be able to make it to visit. However, another friend will be arriving to stay the night shortly. The friend has to drive further east in Connecticut in the morning, so he will save the time coming from Long Island. CIO

Note: <888> 04/04/04 Sunday 2:35 P.M.: I rested a bit. I watched some television. I ate two large bowls of corn chips with some iced tea. Not much happens in the suburbs during rainy weekends, since people are not able to pursue their outdoor activities. Since the people in the suburbs are not as literate as their big city slicker neighbors, the suburban people are probably involved in other activities such as Sunday dinner, which frequently can be enjoyable, if one can afford it. Since it is not safe frequently to drive during lots of rain, people just stay home and reflect upon sunnier days. I suppose there might be a few English residents poking around town trying to make the spare pound or two, since they are used to lots of rain. Generally here in the New York state area, we average about 40 inches or more of rain a year <http://www.the-home-improvement-web.com/State-Facts/New-York.htm> which works out to about one inch a week, however for some odd reason New York City's central park averages about 10 days a month or about one day in every three days, it rains in New York City, so although it supposedly rains less in the suburbs, anyone whom has lived in this area for a long time would be used to rain, so get used to it. Rain information <http://www.met.utah.edu/jhorel/html/wx/climate/daysrain.html> . Thus having lived in New York City and having spent 20 years here in Greenwich, Connecticut walking downtown and having lived in wet areas like Nantucket, Boston, Chicago, and Florida, the rain does not bother me at all. I just have to readjust to it, when it occurs. CIO

Note: <888> 04/04/04 Sunday 11:25 A.M.: I will put the computer in standby mode, and I will rest for a while. I am supposed to have a guest come out to visit for the night at 7 P.M. this evening. Obscure facts [The House of Bush: Born in a Bank](#) . CIO

Note: <888> 04/04/04 Sunday 11:00 A.M.: The Queen Mary II will be in Lanzarote on April 6, 2004 <http://www.qm2.org.uk/itinerary.html> . CIO

Note: <888> 04/04/04 Sunday 10:55 A.M.: If you forgot <http://www.dhs.gov/dhspublic/> . CIO

Note: <888> 04/04/04 Sunday 10:45 A.M.: How to get rid of goose poop http://www.pestproducts.com/goose_buster.htm . CIO

Note: <888> 04/04/04 Sunday 10:40 A.M.: <http://www.abc.net.au/outbackhouse/> CIO

Note: <888> 04/04/04 Sunday 10:25 A.M.: I watched a bit of television including a show on Channel 21 about light houses in California. CIO

Note: <888> 04/04/04 Sunday 8:10 A.M.: Art story [News Danish Carlsberg collection coming to London](#) . I suppose next they will be drinking Carlsberg elephant beer in London. I was told a few years ago by a Swedish visitor whom spent a lot of time sitting in our local Starbucks that if I ever go to Stockholm, I am going to end up sitting in a coffee shop. I suppose with the colder Swedish weather that would be better than sitting on a bench outside. CIO

Note: <888> 04/04/04 Sunday 7:50 A.M.: It is rather strange that all of these so called environmentally friendly activists will spend a few gallons of gasoline to buy a \$3.30 cup of coffee, when it would be far simpler to stay at home and make one's own coffee. Of course the not so rich and not so secure like to strut their stuff hoping to advance themselves up the caffeine ladder of life. I recently noticed that coffee beans have gone up in price, so maybe Starbucks should raise their prices, so they can more properly reflect the price of doing business, particularly at the central Greenwich, Connecticut business address, which is very expensive rental real estate, so when some out of Towner parks their butt their pretending to be Lord of the Roost, they might find out, that the Greenwich people probably do it in their locations too. Thus in strutting their stuff pretending to be ecologically friendly, they are actually using up quite a bit of energy. Whatever, the case so many of them work so hard on weekdays, they enjoy the ambience of Greenwich on weekends, which I actually find mundane and sort of boring with all the burned out corporate types, when the group we seem to see during the weekdays is actually more colorful and interesting. Thus from 7 day a week 24 hour a day perspective, one has to keep everything in perspective. [Albany, N.Y. -- timesunion.com Starbucks story](#) . CIO

Note: <888> 04/04/04 Sunday 7:35 A.M.: [Taipei Times - archives Hungry Polar Bears the Biggest Hazard in Arctic golf game](#) and <http://www.icelandnews.com/> . CIO

Note: <888> 04/04/04 Sunday 6:40 A.M.: I ate a piece of apple pie. I watched a bit of television, and it is still the usual programming the people seem to prefer in the suburbs. I checked outside, and although it is not raining, it is still quite damp out, which individuals like myself whom have arthritis generally try to avoid, so I guess I will not be going out. Basically, I could bundle up and go out, but since I spend most of my free time when I am not outside or doing household chores or resting, I generally spend that extra time reading on the internet. Of course if I get tired of reading off the internet, I could always read some of the periodical literature that I receive. I also keep my notes up to date. One tends to get a bit of cabin fever staying in, but since I can not afford the warm ambience of Starbucks downtown, in the current weather conditions, I would not feel comfortable sitting on a bench downtown. I guess, I will make and drink a cup of coffee at my own version of Starbucks or Chez Mike's. CIO

Note: <888> 04/04/04 Sunday 5:10 A.M.: I ate two large bowls of corn chips with some iced tea. If one has not figured it out, with daylight savings time, it will be lighter later in

the evening, but it will be darker earlier in the morning, so sunrise this morning will be at 5:33 A.M. and there is suppose to be rain all day

<http://www.weather.com/weather/detail/06830> , so I do not think I will be going out.

Maybe there is some vintage movie on television

<http://entertainment.msn.com/TV/guide/Default.aspx> , which at the moment is "White Zombie" . CIO

Note: <888> 04/04/04 Sunday 4:25 A.M.: I went through my email. CIO

Note: <888> 04/04/04 Sunday 4:00 A.M.: Daylight Saving Time starts in Europe and North America Spring forward an hour on our time. I was up at 10 P.M., and I chatted with a relative. I had breakfast of oatmeal, toast with strawberry preserves, pineapple orange juice, vitamins, and supplements and coffee. I chatted with a relative. I watched a Fox broadcast with Laura Bush and Karen Hughes. I then checked outside, and it felt a bit damp. Since it is warm and comfortable inside, I went back to sleep until a short time ago. I set all my clocks and watches ahead. Well today's date is 04/04/04 that does not happen too often, so it is a unique date. I believe today is also Palm Sunday. CIO

Note: <888> 04/03/04 Saturday 1:50 P.M.: I reheated the other half of the spaghetti noodles and half of the jar of tomato sauce that I had last night, and I added several tablespoons of grated parmesan cheese, and I ate it all with iced tea. Before I did that, I checked my mail. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 04/03/04 Saturday 12:20 P.M.: I went out after the last message. I sat out briefly downtown. I then drove down by the waterfront. I next went by the Exxon gasoline station next to the Greenwich Library, and I bought \$4.75 of regular unleaded gasoline at \$1.999 a gallon for about 25 miles per gallon usage around town. I then went by the Stop and Shop, and I bought five 16 ounce boxes of Stop and Shop vermicelli for \$2 all, four half gallons of Minute Maid not from concentrate premium orange juice with calcium for \$1.50 each, a 48 ounce container of Quaker old fashioned oatmeal for \$3.99, a box of ten quart packages of Stop and Shop dried milk for \$6.99, four 25.5 ounce jars of Francesco Rinaldi traditional tomato sauce with no salt for .99 each, a 32 ounce jar of Stop and Shop strawberry preserves for \$1.99, a 17 ounce bottle of Monari balsamic vinegar from Modena, Italy for \$2.99, a five ounce jar of House of Tsang pure sesame oil for \$2.99, two 13 ounce boxes of Keebler reduced fat Townhouse crackers for \$2.50 each box, four 18.8 ounce cans of Campbell's New England clam chowder for two for \$2.69, a bulb of elephant garlic for \$1.99, a 3 pound bag of yellow onions for \$3.29, two Rosenborg extra creamy Danish blue cheeses at \$7.99 a pound for \$3.96 and \$3.08, two four packs of six ounce cans of Chicken of the Sea solid white albacore tuna fish for \$3 for two four packs with card, four 6.5 ounce cans dry weight of California medium black pitted olives for .99 each can, two 28 ounce cans of Goya chick peas for \$1.09 each, two 8 ounce bars of Land O Lakes Monterey Jack and Pepper Jack cheese for \$2 each, a 14.75 ounce can of Bumble Bee Alaska pink salmon for .99 for \$71.23 total. I chatted there with a local about my experiences down south. The local said he had never been down south. I then went to the Food Emporium, and I bought a 36 ounce bag of Eight O'clock Hazelnut 100% Arabica coffee beans for \$7.99 since the bag was priced \$7.99,

although it rang up \$8.99. I used my Food Stamp allotment for all of the purchases. I then returned home, and I used my cart that I keep in the apartment to bring up my purchases. I next put away my purchases, and I drank some iced tea. CIO

Note: <888> 04/03/04 Saturday 6:45 A.M.: My energy assistance from the NEON program although it has been approved, it has not yet been deposited by the Federal government into my electricity account, so I may have to pay my electricity account this month. However, if it comes later, I will not have to make a payment later in the summer, when I tend to be more active. I guess when the Arab sheiks are here in the summer with their energy business partners, they like to see us living better with our energy assistance. However, I happen to know one Arab that lived in Connecticut when I was at prep school at Taft, and not many people knew he was Arab, since he said he told them he was from Louisiana, however another classmate used an alias which was my same last name to keep an eye on him, and when the Arab sheik left, my classmate with the Alias claimed he was kicked out of school for listening to a transistor radio. We had very strict rules which included no drinking alcohol on campus, no smoking except for seniors, no television except in master's apartments, and students also were not permitted radios, so what we knew basically came from reading a lot, since the school library had lots of printed information. I made up a grocery list, so I guess I will shut down the computer, and I will clean up, and I will go out and do a bit of grocery shopping. CIO

Note: <888> 04/03/04 Saturday 6:05 A.M.: The right most sconce candelabra bulb on the dining table wall burned out. I took out the other three Satco 15 watt bulbs, and I replaced all four with Philips 25 watt DuraMax long life bent tip candelabra light bulbs output 145 lumens energy used 25 watts life 2000 hours or 1 1/2 years. I put the three used 15 watt Satco bulbs in their boxes, and I put them back in the mahogany bureau drawer in the bedroom where I keep various bulbs. CIO

Note: <888> 04/03/04 Saturday 5:45 A.M.: I finished going through my email. CIO

Note: <888> 04/03/04 Saturday 5:10 A.M.: [PC Magazine: Top 100 Web Sites](#) . CIO

Note: <888> 04/03/04 Saturday 4:35 A.M.: I ate a piece of apple pie with some ice tea before I wrote the previous note. CIO

Note: <888> 04/03/04 Saturday 4:15 A.M.: After I sent out my weekly note, I took the time to read it, and although it makes sense to me based on my experience, it might not make sense to other people in other locations. Still, when I was at Lake Forest College www.lfc.edu , they always said publish or perish. When I returned from Europe in June of 1972 to Weston, Massachusetts where my family lived, I had seen some waterfronts in Europe, and I was familiar with the waterfront in Massachusetts area. I spent that summer at Lake Forest, Illinois, and in the fall, I went down to Jacksonville, Florida and St. Thomas, I then returned to Chicago, Illinois, and since they were not friendly to Nixon republicans, I returned to Weston, Massachusetts, and then around January 1973, I moved down to Manhattan staying with my sister on the East side of Manhattan. From about mid April 1973 to July 1973, I worked as a clerk typist at C.B.S. news at the

broadcast center on West 57th Street, and I saw about five thousand French sailors walking by the building coming off a French aircraft carrier. I figured by their numbers, they would know more than C.B.S.. That was during the Watergate period of broadcasting, so there was not much original news being published. Since I was on a limited budget, I rented a room in on West 9th Street at the St. Clair Residence for about \$40 a week, and I shared a bathroom down the hall from about April through June of 1973. The room did have a non working fire place. A friend from Illinois lived nearby on 13th street just east of Fifth Avenue. Since I was earning about \$85 a week after taxes, I used the subway to get back and forth to work, but in my free time I walked around Manhattan. Thus from about January 1973 to July 1973, I spent a lot of time walking around Manhattan familiarizing myself again with Manhattan. Since Richard Nixon's daughter lived nearby on the east side, there were a lot of republicans in the area, although New York City tended to be a democratic environment like all urban centers. I explored the city, and that July 1973, my family moved back to Greenwich, Connecticut, so I moved back home, and I quit working at CBS, since I had a hard time waking up early enough in the morning to be at work at 10:30 A.M., so they would have the paperwork done for the evening news, which back then was filmed a half hour ahead of time, and then broadcast if there were no mistakes. If there were a mistake or late breaking news, they broadcast live. At the end of the day, I would watch the broadcast at CBS, since I did not have a television at home. When I was fired for being late for work, I enjoyed being back in Greenwich, and since I had use of the family car, I could explore around Connecticut as well as visiting in Manhattan. That fall, I worked locally at Boodles restaurant in Greenwich and their Scarsdale restaurant Sassafra as a waiter. I made from \$40 to \$100 a night. That fall, I think was when the oil embargo started, and there was no oil from the middle east. Since my father had cosigned a loan with a bank in Darien for me to buy a 1971 four door blue Volvo 244 sedan for \$1,750 from Peabody's garage in Greenwich, I would occasionally drive into Manhattan at night after work and explore around. By the winter of 1974, the oil embargo was causing major shortages of gasoline and fuel oil, and gasoline was hard to come by at the few gasoline stations selling it. I had friend in Manhattan, so during one snow storm, I dented the left side of my Volvo when the automatic transmission shifted, and it slid into a guard rail on the Connecticut turnpike after buying gasoline at the rest area there on the turnpike in Darien, since there was no gasoline for sale in Greenwich. I would stay with a friend in Manhattan near the United Nations, and I recall once my car was towed. I would go back and forth to Greenwich spending time at both locations. Around April and May 1974, I stayed with some friends in Chelsea, but going back and forth got to be too expensive. I recall selling the Volvo around March of 1974. I thus had to use the train when going back and forth, and I had to do a lot more walking. In the summer of 1974, I was around both Manhattan and Greenwich not doing too much but routine maintenance since the economy was in decline. I continued the routine of going back and forth until about April 1975. Of course the friends in Manhattan generally thought suburban people were not too interesting, since they were caught up with their larger Manhattan networks. Some of my friends were from Long Island, so I would visit out in Oyster Bay and Locust Valley, Long Island. Still those were cold winters, and there was not much energy available. The friends on the east side of Manhattan had buildings heated with steam from the East Side power plant south of the United Nations, so they had fairly

warm comfortable apartments, which is why they needed to run the air conditioners all winter, since frequently it is hard to regulate steam heat. The railroad tracks underneath Manhattan would supply the power generation plant with plenty of coal to keep running for lack of oil. I spent a lot of time walking around exploring Manhattan including the waterfront areas on the west side, but with the lack of energy, it looked like everyone had left town. Still, I did not meet that many people from Connecticut, since Connecticut did not have much energy, but the mass transportation did work, so lots of people were using it. Basically like today even then Manhattan was expensive, so one spent a lot of time walking around in lieu of spending money. I stayed continually out in Greenwich from about April 1974 until July 1974 swimming at Conyers Farm and doing chores around home. I then went up to Nantucket for about a six weeks, and I returned to Greenwich around Labor Day. I went up briefly for a week to Yale thinking about continuing my education, and I then after the first of the year in 1976, I worked in Greenville, South Carolina for Fluor Daniel construction company on traffic and expediting, and I quit the job just before the fourth of July to return to Greenwich and Manhattan for the tall ships with all of my belongings that I had moved down to South Carolina. I then went up to Nantucket for some time, and around the third week of September 1976, I went back to Florida, since we did not have enough energy at home in Connecticut. Thus until I returned to live in Greenwich in December 1983 in that period I was traveling between Greenwich, Connecticut, Florida, Long Island, Manhattan, Nantucket, and California when I was not staying at one of those locations. One gets tired of traveling and sleeping on other people's sofas, so it is nice having my own home, and a more settled existence. CIO

End of Scott's Notes week of 04/03/04:

Note: <888> 04/03/04 Saturday 12:40 A.M.: I chatted with a friend shortly after starting to lie down. I just woke up. I will now send out my weekly notes. CIO

Note: <888> 04/02/04 Friday 8:30 P.M.: I will now put the computer on standby, and I will rest for a while. CIO

Note: <888> 04/02/04 Friday 8:15 P.M.: I am boiled a 16 ounce package of Mueller's thin spaghetti noodles, which I will eat half of with half of a 26 ounce jar of Ragu Parmesan and Romano tomato sauce which I will reheat in the General Electric microwave oven on reheat. I will refrigerate the remaining unused portion. I will put a few tablespoons of grated parmesan cheese on the meal, and I will eat it with iced tea. CIO

Note: <888> 04/02/04 Friday 7:40 P.M.: I read the American Express information. I called them on their 800 number 1-877-621-7786 or www.americanexpress.com/prefgold1 in Orem, Utah, and I chatted working the grapevine for about an hour or more. I was told by their sales representative that they have had seismic vibrations of 2 to 3 on the Richter scale in the Orem, Utah area. I believe there are volcanoes in that area, but I can not find which one. I use to chat with WordPerfect personnel there about eight years ago, and I was told they had a volcano

which I thought was interesting since Microsoft was also near a volcano. Perhaps it is these reported events <http://volcanoes.usgs.gov/yvo/monitoring.html> that they are feeling in Orem, Utah. I was told by American Express that although \$130 fee is waived the first year, I would have to pay it after that. Since I have no travel plans, I will not be getting the American Express Gold card, but it is nice to know they think I am eligible. I chatted with a relative. CIO

Note: <888> 04/02/04 Friday 5:00 P.M.: I was up at 2:30 P.M.. I went out without cleaning up. I went by the ATM machine at Putnam Trust Bank of New York on Mason Street. I then went by the drive-up teller at the Wachovia Bank on Havemeyer Place, and I paid my rent to the Greenwich Housing Authority. I then went by the Greenwich Hospital Thrift shop, and I gave them the extra bags that I had collected. I bought another crystal cut glass shade like the other five that I had bought yesterday, and I paid a dollar for it. I now have six of them. I put it with the others behind the Lindbergh radio on the mahogany bureau in the bedroom. I then returned home. I put \$15 on my MacGray laundry card, and I now have \$21.35 on it. I vacuumed my apartment, so I am now done vacuuming. American Express sent me an American Express gold card application, with a card without my name, so I am not sure if it is a valid card or not. Since I am on limited income, I will probably cut it up. However, it would be handy in emergencies or for buying bargains online. I will have to think about it and read the details in the paperwork that came with it. In my earlier note chatting about my paternal grandfather that was surrounded by millions of acres of corn and a father whom was a well educated organic chemist, I suppose besides the option of making corn whiskey, they could have had another option of making methyl butyl ethanol which is a common additive in gasoline in North America during the warmer months to reduced air pollution. CIO

Note: <888> 04/02/04 Friday 7:45 A.M.: I will now put the computer on standby, and I will try to rest some more. CIO

Note: <888> 04/02/04 Friday 7:40 A.M.: [Yahoo! News - 3 Intense Hurricanes Forecasted in 2004](#) and [EXTENDED RANGE FORECAST OF ATLANTIC SEASONAL](#) . CIO

Note: <888> 04/02/04 Friday 7:05 A.M.: I put a box of six America's Choice fish filets and 14 America's Choice frozen onion rings, and 14 America's Choice potato miniature pancakes on a baking sheet, and I am cooking them in the Farberware convection oven at 425 degrees Fahrenheit for 12 minutes a each of two sides. To serve with them, I mixed three tablespoons of horseradish along with a half of a cup of Heinz ketchup, and I will dip the cooked items in the seafood sauce. I will eat it all with a glass of iced tea. CIO

Note: <888> 04/02/04 Friday 5:45 A.M.: I used to know somebody that had the complete works of Edgar Cayce <http://www.are-cayce.com/> in his apartment near Beekman Place in Manhattan in the old days, and his houseman was named Ed with another last name. However, during those cold winters, there was a bit of alcoholic refreshment in the apartment, and I recall, we actually left the Frederick Air Conditioner

going all winter, so it was a colder group of people whom spent a bit of time outside in the cold weather. Since people like Nelson Rockefeller were in political office, and since Edgar Cayce was a confidant of Nelson Rockefeller, all I could figure out, was that they were not alcoholics, but they spent so much time in areas of extreme cold, which people from down south are not familiar with that those locals would occasionally have a drink of alcohol. I am not sure the relevance of it all, but when one is down south for extended periods of time, one's blood thins out, so possibly when one comes north, and one is not operating mechanized machinery such as automobiles, occasionally in the old days, alcohol helped people ward off the cold. Of course everything in moderation. I guess it is all what one is use to. I suppose somebody from say where it is 80 degrees Fahrenheit would say 40 degrees Fahrenheit is really not that cold, but once they hit minus 40 degrees Fahrenheit below zero, their attitude might change. Where I went to Lake Forest College, Richard Widmark also attended that college, and he made the movie "The Bedford Incident" [All Movie Guide: The Bedford Incident](#) , which if one has ever seen it, it is a really cold looking movie like Dr. Zhivago or Ice Station Zebra, but for me here locally it is not too bad presently at 40 degrees Fahrenheit outside. I will now put the computer on standby, and I will rest a bit. CIO

Note: <888> 04/02/04 Friday 5:15 A.M.: [whisky merchants Kentucky bourbons, corn and rye whiskey off license shop](#) , but the only source of corn whiskey in the United States of America is supposedly [Other Whiskey Brands - Corn, Rye, Blended and Canadian Whiskeys - Heaven Hill Distillers](#) , but I always joke since there were millions of acres of corn around my paternal grandfather in Illinois, and since my father was a well educated organic chemist from that area that more than likely they had the capability of making the stuff and even exporting it, so maybe this is where this stuff comes from [Corn And Rye Whiskey, United States, Mellow Straight Corn Whisky 50%](#) , of course back in the hill country of Appalachia and Arkansas, and other more rural areas, I think they still call it White Lightning, so if you happen to stumble across any of it in old gallon glass jugs or mason jars, don't tell any revenueurs, since more than likely it is probably still freely produced in the North America, it is just harder to find, since they have gotten more cleaver. From what I hear tell, it is sort of smell and tastes like lighter fluid, and if it is too strong, it will make one go blind. CIO

Note: <888> 04/02/04 Friday 4:45 A.M.: Of course there is a better alternative to Scotts lawn care products that might be cheaper, if one were a frugal Scotsman. In the American west, when they tried introducing sheep to range land, the cattlemen did not like it, because when sheep craze, they do not cut the grass, but they pull up the grass by its roots thus causing the grass to be harder to reproduce itself. I guess this is what caused much of the desert conditions in certain parts of the world. However, in an area like Scotland, there is so much moisture and rain, more than likely sheep were cultivated successfully there, since with the rocky soil, the grass seemed to continue to grow anyway despite the introduction of sheep. However, if one has sheep, more than likely one as a byproduct called Sheep dip or Sheep manure. I have frequently recommended to White House personnel here in the United States of America to spread Sheep manure on their lawn, and it stinks so bad nobody will come within miles of the place, so it would offer additional security and privacy. However, once the sheep manure gets blended into

the soil, one actually ends up with a very nice lawn, which might be cheaper than calling Scotts, but of course one would need a source of Sheep manure. If one has ever traveled around America and smelled farms where they spread sheep manure, you would know what I mean, but it does truly smell when first applied. Of course if one's environment supported sheep, one would also have extra wool to stay warm, and if one were a carnivore, I suppose one could eat a bit of mutton too. Of course if one were living around the King of Cornwall, one more than likely could stay warm with some corn whisky, which I hear tell is still available in some areas of the world. CIO

Note: <888> 04/02/04 Friday 4:20 A.M.: Coming up May 1, 2004
<http://www.kentuckyderby.com/2004/> . CIO

Note: <888> 04/02/04 Friday 4:20 A.M.: [BW Online April 5, 2004 Online Extra: ExxonMobil: More Power Ahead?](#) and [BW Online April 5, 2004 Online Extra: Why ExxonMobil "Makes Bets Early"](#) . CIO

Note: <888> 04/02/04 Friday 4:10 A.M.: A job for Scotts <http://www.scotts.com/> could be this assignment [Headline news from Sky News - Witness the event London Parks Need 100 Million Pounds for Repair](#) . However, I am not sure London is ready for a bunch of Midwestern gardeners. CIO

Note: <888> 04/02/04 Friday 3:50 A.M.: [CTV.ca - Prince William tabloid photos dismay royals - CTV News, Shows and Sports -- Canadian Television](#) and [Headline news from Sky News - Witness the event Sun Banned in Royal Row](#) . CIO

Note: <888> 04/02/04 Friday 3:15 A.M.: I had a telephone call from a relative about 10 P.M.. We chatted for about a half hour. I then ate breakfast of oatmeal, toast with strawberry jam, pineapple orange juice, vitamins, supplements, and coffee. I then did my house cleaning and watering the plants. I just finished it all except vacuuming, which I will do in the day time, when I will not disturb my neighbors. I just threw out the garbage, and I put the extra bags in my car to give back to the Greenwich Hospital Thrift Shop. CIO

Note: <888> 04/01/04 Thursday 5:50 P.M.: I drank some more iced tea. I will now shut down the computer, and I will go to bed soon. I will do house cleaning when I wake up tomorrow. CIO

Note: <888> 04/01/04 Thursday 5:35 P.M.: A relative just called from <http://www.rougehotel.com/> in Washington D.C. where they got a good discount rate through one of the internet travel sites. Their cell phone cut off, so I did not get to talk much about their visit. CIO

Note: <888> 04/01/04 Thursday 5:15 P.M.: I ate a Quaker fat free popcorn cake and a Nature's Valley strawberry yogurt granola bar along with some iced tea. CIO

Note: <888> 04/01/04 Thursday 4:35 P.M.: I went out after the last message, and I went by Putnam Trust Bank of New York on Mason Street. I then went back by the central Greenwich Post Office, and I bought three money orders at a cost of .90 each for \$2.70 cost of the money orders plus the face value of the money orders. I then mailed in the money orders to pay my Verizon telephone bill, my Cablevision bill, and my Optimum Online bill. I then went by the Greenwich Hospital Thrift shop, and I returned the three video camera tapes for \$6 credit, and I bought five cut glass crystal lamp shades for \$1 each and two bronze gold like goblets for \$1 each for \$7 total less \$6 credit for an additional dollar I paid them. I then made my 3 P.M. appointment. I next returned home. I put the two goblets on the top of the center bookcase in the hallway. I put the five crystal lamp shades with the other spare glass lamp shades and hurricane globes behind the Lindbergh radio on the mahogany bureau in the bedroom. I drank some iced tea. I sorted out some shopping bags and packing paper to give back to the Greenwich Hospital Thrift Shop. I told people today about www.wn.com and <http://www.wnnetwork.com/>, which between those two web sites, there is enough news information to keep one busy reading the news to see what one might be missing in just watching a small bit of the television news. Of course one has to have the time to read all of their news. I noticed today in Byram near the Byram Veterans House and the Byram Fire House at the Lutheran church on Delevan Avenue, they now have a Japanese Gospel Church posting their sign their too. CIO

Note: <888> 04/01/04 Thursday 12:30 P.M.: I will now eat a piece of apple pie with some iced tea. I will then go out again. I have a 3 P.M. appointment today. I will now shut down the computer. CIO

Note: <888> 04/01/04 Thursday 12:10 P.M.: I went out after the last message. I went by Putnam Trust Bank of New York on Mason Street. I then went by the central Greenwich post office, and I obtained a money order at .90 cost to pay my GEICO automobile insurance. I mail it there to GEICO, and I also mail two other envelopes. I then drove down by the waterfront. I next went by the Greenwich Hospital Thrift Shop, and I bought four unopened Maxell Normal Bias UR 90 minute tapes for \$1 each, and two unopened JVC TC-20 SHGM tapes for \$2 each, and one unopened Minolta 8 MM P6-60 tape for \$2. I did not know what type tapes my Sony Handy Cam used, but it uses Super 8, so I will try to return the last three tapes for \$6 refund. I then went by the Greenwich Library, and I read the Greenwich Times. I then went by the Stop and Shop, and I bought a half gallon of Florida Natural orange juice for \$2.99, 24 ounces of Stop and Shop Monterey Jack cheese for \$3.99, 16 ounces of Stop and Shop grated parmesan cheese for \$5.99, 17 ounces of Monari balsamic vinegar for \$2.99, broccoli crowns at \$1.99 a pound for \$1.71, plus tomatoes at \$1.99 a pound for \$2.31, a quart jar of Stop and Shop strawberry preserves for \$2.99, a 10 ounce box of fresh mushrooms for \$2.29, a 20 ounce bag of Tostitos restaurant style white corns chips for \$2.99 for \$27.25 total. I then went by the Arnold bread outlet, and I bought a loaf of nutty oat grain bread for .99, a Entenmann's apple pie for \$1.89, and two 5.5 ounce boxes of Arnold large cut Zesty Italian croutons for .99 each less 10% senior discount of .49 for \$4.37 total. I then went by Smoke for Less in Byram, and I bought two cartons of Seneca Ultra Lights 100s for

\$31 each carton for \$62 total. I then returned home, and I brought up my purchases, and I drank some iced tea. CIO

Note: <888> 04/01/04 Thursday 7:30 A.M.: I heated and ate a 18 ounce can of Progresso New England clam chowder, which I put 20 large cut croutons in, and I had it with a glass of iced tea. I will now shut down the computer. I will clean up, and I will go out. CIO

Note: <888> 04/01/04 Thursday 6:55 A.M.: I updated and configured Win Amp. CIO

Note: <888> 04/01/04 Thursday 6:45 A.M.: [Microsoft Executive E-Mail: Current Edition](#) . CIO

Note: <888> 04/01/04 Thursday 6:35 A.M.: [NOAA National Hurricane Awareness Week](#) and of course www.geocities.com/mikelscott/weather.htm is still there. There Greenwich Time www.greenwichtime.com shares offices with Yachting magazine <http://www.yachtingnet.com/yachting/> , so more than likely with all of the people locally here whom travel back and forth down south, there is probably a little bit of hurricane experience in this area, not to mention Connecticut is suppose to be involved with the insurance industry. CIO

Note: <888> 04/01/04 Thursday 6:15 A.M.: I went through my email. CIO

Note: <888> 04/01/04 Thursday 5:40 A.M.: I rested a bit, and I watched some television. I ate a Quaker low fat popcorn cake. I drank a 50% decaffeinated instant Folgers' coffee and a 50% Folgers' instant coffee. I changed my three calendars to April. I threw out the old papers and some garbage. I took down the Saudi Arabian flag from the bedroom door where I had hung it, since it is warmer here, and for the time being we not that dependent on their oil for heat as much. I put it in its box in the middle drawer of the long mahogany bureau in the living room on the right side. CIO

Note: <888> 04/01/04 Thursday 2:45 A.M.: I will now put the computer on standby again, and I will try to rest, and I will try to get back on a daytime schedule again. CIO

Note: <888> 04/01/04 Thursday 2:20 A.M.: I went to bed until about 1 P.M., and I then watched some television. I called GEICO www.geico.com , and they told me they had sent me a new policy on March 5, 2004. I was able to get my policy reduced by about \$40 a year from \$712 a year because I only drive about 5,000 miles a year or less. I found the new policy underneath some papers on my desk along with the insurance card. I will pay it later on today. CIO

Note: <888> 05/31/04 Monday 10:45 P.M.: I watched President Bush's wreath laying and speech from Arlington National Cemetery Memorial Day event, and I watched the Memorial Day Concert from the Mall. CIO

Note: <888> 05/31/04 Monday 7:30 P.M.: I went through my email. CIO

Note: <888> 05/31/04 Monday 7:00 P.M.: I watched some television. CIO

Note: <888> 05/31/04 Monday 6:00 P.M.: I put in two tablespoons of olive oil in a medium frying pan, and I added a small bit of Italian spices and ground black pepper, and

I brought it to a simmer over medium high heat, and I added the two remaining salmon cakes that I made yesterday, and I fried them over medium heat for four minutes a side and for the last minute, I added a couple of tablespoons of Renet Junot white wine, and I simmer it off. I also reheated remaining rice and Green Giant French green beans, and I ate it all with a glass of iced tea. I then ate a piece of cheese cake. CIO

Note: <888> 05/31/04 Monday 5:10 P.M.: I cut myself shaving while cleaning up, so I put a band aid on my left cheek beneath my ear. I went out after the last message. I went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I noticed someone lay burgundy carnations at the veterans monument downtown. I think they lay a wreath on Veterans day. I stopped by CVS during my walk, and I bought for 75% off a Amity Tri-Fold Windows wallet insert for .50 and for 50% off a Southwestern Bell duplex jack to convert one outlet into two for \$1.75 plus .14 tax for \$2.39. I completed my walk. I sat out for a while. I then went down by the waterfront. The pier on Steamboat Road besides being the pier on Steamboat Road is also the U.S. Navy memorial pier. I next returned home. I put the trifold clear plastic holder in my wallet with some cards that were not protected. I put the duplex wall jack in my top left mahogany bureau drawer. I drank some iced tea. CIO

Note: <888> 05/31/04 Monday 1:10 P.M.: Happy Memorial Day. I was up at 11 A.M.. I had breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I watched on the Turner Movie Channel, the end of the movie about the "Battle of Britain". There are suppose to be showers starting at 4 P.M. this afternoon, so I will now shut down the computer, and I will clean up, and I will go out. CIO

Note: <888> 05/31/04 Monday 1:50 A.M.: I worked on the web for a while. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 05/31/04 Monday 1:20 A.M.: I looked at www.geocities.com/mikelscott/nasa.htm . I then watched NASA TV [NASA - NASA TV Landing Page](#) . I reset my Mad Dog Electronics www.mdmm.com AGP 8X 64 meg video card to Clone mode, so with the RCA plugs I have from the video card and the sound card, I input the content into the Orion television in my living room after I switch it with the Orion remote control with the TV/AV switch to Aux2, and thus with the Windows Media Player opened in the Iiyama monitor, I see the content also on the Orion television. One also has to change the video card from the Plantronics headset to the Creative Labs PCI MP3+ Live card too. The Real Player does not work in clone mode on the television monitor, but I have not checked it in over a month since the new upgrade, so maybe it works now. CIO

Note: <888> 05/30/04 Sunday 11:10 P.M.: I entered my profile at www.classmates.com .

Note: <888> 05/30/04 Sunday 10:15 P.M.: I put six America's Choice fish cakes from a 12 ounce box on a metal tray with 12 onion rings and 12 miniature potato pancakes, and I

baked them on each of two sides for 10 minutes a side in a 400 degree Fahrenheit Farberware convection oven. I also mixed a half of a cup of Heinz ketchup with three tablespoons of horse radish, and I used it for a condiment on the dinner. I had the dinner with a glass of iced tea. I also went through my email before eating. CIO

Note: <888> 05/30/04 Sunday 8:50 P.M.: I watched the CSPAN presentation on the World War II memorial dedication <http://www.wwiimemorial.com/> this morning at midnight. Another group of older people showed up in Washington D.C. today ABCNEWS.com : [Bikers Roll to White House to Praise Bush](#) . I guess with June 1 coming in another day, the summer visitors are returning from down south with the warmer weather we are enjoying here. Of course the temperature and weather are all relative depending on what one is use to. CIO

Note: <888> 05/30/04 Sunday 8:30 P.M.: I went out after the last message. I went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I stopped by CVS during my walk. I also walked around the train station area. I next drove down by the waterfront. Two of the most regular fishermen have shown back up again. I then sat out for a while at the Greenwich Library parking lot. I then returned home, and I watched some television. I just ate a piece of Cheese cake with some iced tea. CIO

Note: <888> 05/30/04 Sunday 3:30 P.M.: I chatted with a relative. I opened a 14.75 ounce can of Bumble Bee Alaska King salmon, and I picked out the bones on a plate. I then flaked it, and I added 1/8 of teaspoon of Old Bay Seasoning and 1/4 of a teaspoon of Basil, and I mixed it all together. I then divided it into 4 parts, and I formed four patties out of the mixture. I heated a couple of tablespoons of olive oil in a small frying pan, and I brought it to a simmer over medium high heat, and then I added two of the salmon patties, and I lowered the heat to medium, and I fried them for four minutes on each side seasoning them with ground black pepper. For the last minute, I added a tablespoon of Rene Junot white wine. I refrigerated the other two patties in a plastic container. I had them to eat with steamed white rice and a half of 14.5 ounce can of Green Giant French green beans steamed along with a glass of iced tea. I made the rice the usual way with the China Village rice steamer. I took a cup of Carolina white rice, and I rinsed it in hot water in a metal bowl. I then rinsed it with hot water in a wire strainer, and I added it to the China Village rice steamer with 14 ounces of water, two tablespoons of olive oil, and a teaspoon of sesame oil, and I put the inner and outer lid on it, and I microwaved it for 11 minutes, and I let it stand for five minutes. I ate half of the rice, and I refrigerated the other half in a Rubbermaid container. For the last four minutes of the rice cooking cycle, I put the Green Giant French Green Beans in the bean water in a small Rubbermaid container to heat. I also added a teaspoon of olive oil to the green beans after I strained the water out of them. I also refrigerated the other half of the green beans in a small Rubbermaid container. I watched some television while doing this. I will not shut down the computer, and I will clean up, and I will go out. CIO

Note: <888> 05/30/04 Sunday 1:45 P.M.: I finished the C: drive to D: drive backup. CIO

Note: <888> 05/30/04 Sunday 12:05 P.M.: I was up at 9:30 A.M.. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I watched some television. I will now do a System Restore backup, then run Disk Cleanup on the C: drive, then run Norton Disk Doctor, and then I will do a 7 part backup from the C: drive to the D: drive. This will take about 1.5 hours. CIO

Note: <888> 05/29/04 Saturday 10:40 P.M.: I chatted with a relative. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 05/29/04 Saturday 10:05 P.M.: [Forbes.com: Inside Track](http://www.forbes.com) . CIO

Note: <888> 05/29/04 Saturday 10:00 P.M.: [ic Newcastle - Forces career hint from Prince , BBC NEWS England Gloucestershire William hints at military career , William hints at joining armed forces](http://www.bbc.co.uk/news/england-gloucestershire) and <http://www.wn.com/> for other news. I ate a piece of cheese cake with some iced tea. CIO

Note: <888> 05/29/04 Saturday 8:45 P.M.: Prince William down on the Farm [http://news.bbc.co.uk/media/video/40213000/rm/ 40213139 william17 hunt vi.ram](http://news.bbc.co.uk/media/video/40213000/rm/40213139_william17_hunt_vi.ram) . CIO

Note: <888> 05/29/04 Saturday 8:35 P.M.: I ran Norton WinDoctor and Ad-aware 6.0. CIO

Note: <888> 05/29/04 Saturday 8:20 P.M.: I watched some television. They had that program on television that they always keep running about the Nile Crocodile in Africa. Apparently it can get up to 26 feet long, so Egyptologists should beware. I went through my email. CIO

Note: <888> 05/29/04 Saturday 7:05 P.M.: I threw out some garbage. One of my long time neighbors is moving to a nursing home. CIO

Note: <888> 05/29/04 Saturday 6:40 P.M.: I went out after the last message. I drove over to Tod's Point in Old Greenwich, and I walked the 2.5 mile walk around Tod's Point. It was a clear day, and one could see the Jersey shore, which is a very clear day. I noticed a group of junior high school students dressed up like ship wreck survivors from "Lord of the Flies" . Another resident was trying to fix his prop on his boat. There was a large group at the beach, and I am sure quite a few of the pale people will be sunburned. White distilled vinegar is most excellent for a sun burn and quite inexpensive, but it does stink a bit. I sat out at a few locations during my walk. I next drove over to the waterfront in central Greenwich. I then went by the Arnold Bread outlet, and I bought a loaf of Arnold Nutty Branola bread for \$1.35, a Entenmann's Deluxe French Cheese Cake for \$1.89, and a 5.5 ounce box of Arnold Zesty Italian large cut croutons for .99 for \$4.23 total. I then returned home, and I chatted with a neighbor. I made up a fresh batch of homemade hummus www.geocities.com/mikelscott/hummus.htm, and I used all of the regular ingredients, but for the garlic I use a clove of elephant garlic. I then made my usual salad www.geocities.com/mikelscott/salad.htm . This time instead of tuna fish, I

used a tin of chopped sardines, and for the cheddar cheese portion, I used Wisconsin extra sharp white cheddar cheese. I had the salad with a glass of iced tea. CIO

Note: <888> 05/29/04 Saturday 12:20 P.M.: There was a loud explosion at 4:30 A.M. this morning. I did not go outside and investigate. I had a telephone call from a friend at 7:30 A.M. this morning, and it was 35 degrees Fahrenheit in Johnson, Vermont. I was up at 10:30 A.M. this morning. I had breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I noticed that the broccoli rubber band that I have fastened around the battery compartment lid of my Chinese made tiny vacuum cleaner had broken. So maybe when the rubber band broke, it made the explosion type noise. I put two new broccoli rubber bands on the tiny vacuum battery compartment lid. I use the device for cleaning dust out of the computer. I will now shut down the computer. I will then clean up, and I will go out and enjoy the nice day. I guess I will head over to Tod's Point for a walk. CIO

Note: <888> 05/29/04 Saturday 2:10 A.M.: I sent out an email. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 05/29/04 Saturday 12:25 A.M.: I went through my email. CIO

Note: <888> 05/28/04 Friday 11:55 P.M.: Of course most established people already own their own horse farms, so they do not need to buy one of these [Forbes.com: Most Expensive Equestrian Properties In The U.S.](#). Of course if one could not afford a horse farm, one could always join the United States Army Cavalry or some other Cavalry of some foreign nation. I think since the Queen of England likes horses, a lot of her followers tend to keep horses around the world. Whatever, the case the last time I rode a horse was on the Greenwich Country Day lacrosse fields around May 1975, and as I recall it threw me into the woods at the end of the field by the Greenwich Country Club, when it came to an abrupt stop. I also rode horses regularly when I lived in Decatur, Alabama from 1956 to 1961 for \$5 an hour at the local riding staple, which was a bit pricey for Alabama in those days. I also rode horses at Lookout Mountain Camp when I attended camp there around the summers of 1957 and 1958. At my age and weight of 210 pounds, I would feel sorry for myself with arthritis and I would feel sorry for the horse having to bear my weight. However, I do remember somebody that looked like Prince Phillip in Manhattan whom use to drive a Hanson Carriage in Central Park during the winter. He use to wait outside the Plaza Hotel with his horse drawn carriage, so maybe he comes over here and moonlights as a carriage driver. I recall the second to the last time, I was at the Waldorf Astoria around 10 years ago on a zero degrees night in February, the doorman looked like the Aga Khan, so maybe the two of them are competing in New York based on their skills here in America, since they might have got tired of spending money and are trying to earn money. Of course, maybe they were just volunteering their services. Since the Waldorf Astoria <http://www.hilton.com/en/hi/hotels/index.jhtml?ctyhocn=NYCWAHH> is owned by the Hilton Hotels, and since they are basically a Swiss operation like a lot of first class hotels, and since the Aga Khan is a Swiss citizen, he might have invested in it. It is really hard

to tell anymore whom is the real person, and whom is just the look a like, but of course the real people usually have the toys and associates to go along with their persona. CIO

End of Scott's Notes week of 05/28/04:

Note: <888> 05/28/04 Friday 10:45 P.M.: I called up the United States of America embassy in London, England with www.net2phone.com for 4.9 cents a minute at 44 02074999000 , and I chatted with the night duty U.S. Marine on duty figuring the British whom are well known for eves dropping would be listening in on the conversation. I gave them a quick summary of the situation here and my web address along with an inquiry about a job for a friend of mine whom is quite skilled in British, Canadian, Scottish, Irish, and America relations through his network of equestrian friends. However, I am sure the British in such a situation would have to have approval of the Queen of England, but another friend of mine once shoveled horse manure at one of the Royal estates, so I would imagine my other friend would be equally qualified in some sort of equestrian activity, and since relatives of his once controlled and possibly still do the world's largest transportation network, I would imagine they would be able to figure out some way to get him there if he chose to work there. I also mentioned that steaks here in the United States of America are over \$10 a pound, so a lot of us are eating leaner diets of salads. I then microwaved and ate a Stouffer's 12.5 ounce Lean Cuisine chicken with mushrooms dinner. I had the dinner with iced tea. I will now send out my weekly notes. CIO

Note: <888> 05/28/04 Friday 9:20 P.M.: I threw the Compaq IJ200 printer out, and I put it in front of one of the blue recycling bins. However, one of my neighbors came by and threw it in the dumpster, and the various parts came apart, so I was not able to retrieve it. I did retrieve the cord, and I put it on the floor in the sweater closet. I chatted with another neighbor. CIO

Note: <888> 05/28/04 Friday 8:20 P.M.: I am going to put the Compaq IJ200 color printer that I bought for \$50 down from \$100 about five years ago out by the dumpster. It still works slowly, but it needs new cartridges. I am also throwing out the 58X CD box. I put the 45X CD that I bought as a clearance item for \$9.95 inside another box, and I have the empty postal boxes and shipping material stored on the speaker to the left side of the bedroom window. I will now go outside to put them out. CIO

Note: <888> 05/28/04 Friday 7:35 P.M.: I went out after the last message. I went by the Greenwich Hospital Thrift shop, and it is closed the next few days during the Memorial Day Holiday. I drove downtown, and I gave the Belmont Rack Track MTA [MTA LIRR - Packages - Belmont Park](#) information to a local horse enthusiast. I then drove down by the waterfront. I sat out by the waterfront until just before 5 P.M., so I would not have to pay for parking. I then went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I stopped by CVS during my walk. I also used the bathroom at the senior and arts center. I next went by the ATM machine at Putnam Trust Bank of New York on Mason Street. I next went by the Exxon gasoline station next to the Greenwich Library, and I bought \$5 of regular unleaded gasoline at

\$2.359 a gallon for about 28 miles per gallon usage. I then went by the Stop and Shop, and I bought broccoli crowns at \$1.99 a pound for \$2.33, a 10 ounce box of fresh mushrooms for \$2.29, and a 10 bag of fresh spinach for \$1.99 for \$6.61 total. I then returned home. I drank some iced tea. CIO

Note: <888> 05/28/04 Friday 3:25 P.M.: I just heard thunder, but it is suppose to be just partly cloudy this afternoon. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I did not use broccoli and for the cheddar cheese portion, I used Stop and Shop Swiss cheese. I used all of the other regular ingredients. I had the salad with iced tea. I just heard thunder again, but the weather forecast does not call for thunder storms. I will now shut down the computer, and I will clean up, and I will go out. CIO

Note: <888> 05/28/04 Friday 2:20 P.M.: I chatted with a friend. My French teacher from the Greenwich Country Day School <http://www.greenwichcds.org/> and a long time Greenwich volunteer passed away this past week [Greenwich Time - Frank J. Nicholson Obituary](#) . He was one of the few long time residents that I recognized over the years. We will all miss him. CIO

Note: <888> 05/28/04 Friday 1:35 P.M.: [Yahoo! News - Looming Atlantic Hurricane Season Seen as Busy](#) . CIO

Note: <888> 05/28/04 Friday 1:30 P.M.: I plugged in the headset which hangs between the two primary computer monitors into the Columbia 2.4 gigahertz cordless telephone, so it is available for use without having to plug it in. I also keep a regular telephone and speaker phone at the same location beneath and the to the left of the left primary computer monitor. CIO

Note: <888> 05/28/04 Friday 1:30 P.M.: I was up at 9 A.M., and I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I did my house cleaning and watering the plants. I also took off the bathroom fan vent and cleaned it, and I also vacuumed out the accumulated moldy dust from the fan enclosure. I threw out the garbage, and I picked up my mail. I also threw out the accumulated mailings on the left front of the bedroom desk. My normal house cleaning routine involves watering my three plants. I then put Lysol Island Breeze cleaner about 40% to 60% water in a bowl I keep next to the Queen Elizabeth II coronation portrait on the window shelf for scent control. I use a pump action spray cleaner with a damp cloth and towel for drying, and I clean the bathroom sink area, the toilet and toilet area, and the shower stall. I then used Comet or Ajax cleaner to clean the bath tub. I then use a damp cloth, and I dust wipe the surfaces in the bathroom, the hallway, the bedroom, the living room, and the kitchen. I use a spray cleaner, and I clean in the kitchen the counters, stove, stove fan area, stove back splash area, the refrigerator, and the toaster oven, the bookcase cupboard area, and the kitchen sink. I then empty the Danish cookie tin of cigarette ashes into a double shopping plastic bag, and I put it into the garbage bag, which I replace with a fresh garbage bag. I then vacuum the entire apartment moving any small pieces of furniture to get at vacuuming areas. I generally use the Hoover upright vacuum,

but I also have an Electrolux power nozzle vacuum. I then use mirror and glass cleaner, and I clean the glass tables, mirrors, the television screens, and picture glass with paper towels and the cleaner. I then use my computer screen sponge cleaner, and I clean the computer monitors. I then straighten up the pillows and slip covers on the two sofas. I then spray the toilet and toilet area with Lysol disinfectant spray. I then throw out the garbage. It generally takes about two and a half hours to three hours. I also do any minor maintenance that needs to be done. CIO

Note: <888> 05/27/04 Thursday 8:55 P.M.: I will drink some iced tea. I will shut down the computer, and I will go to bed soon. CIO

Note: <888> 05/27/04 Thursday 8:15 P.M.: I ate a Quaker low fat corn cake and a California black pitted medium size olive along with some iced tea. I guess after 14 years of owning and using Personal Computers, I have become a bit sedentary, and I have gone from about 155 pounds when I bought my first computer to 210 pounds today, and I once weighed 230 pounds recently. I guess I could give up on the computer and take up disco dancing to lose weight, but I do not think it would be very easy on my arthritis. However, I would like to lose about 40 pounds, but the only way I know to do that is to fast, which as the moment is not a very practical possibility. CIO

Note: <888> 05/27/04 Thursday 7:45 P.M.: For those of you whom need to travel between the New York area and the Florida area, try www.flysong.com . I use www.sidestep.com to search for cheap flights, and this time of year there are no longer cheap flight between Westchester Airport and Florida, however if seems that with the increased cost of fuel, flights from Westchester Airport have also gone up. However, I never travel anyway, since I am an armchair traveler. The last time I flew by air was when I traveled from New York's Kennedy airport to Orly Airport in Paris, for the Albertville, France Olympics in 1992 with a side trip before the Winter Olympics to Amsterdam, which you can see in this picture, I was a bit thinner <http://www.geocities.com/mike2scott2003/mls-nl.jpg> compared to my current 210 pounds. CIO

Note: <888> 05/27/04 Thursday 7:05 P.M.: I chatted with a husband of a relative. I microwaved and ate a 18 ounce can of Campbell's New England clam chowder, which I ate with some iced tea. I threw out some garbage. CIO

Note: <888> 05/27/04 Thursday 5:35 P.M.: I ate 13 Keebler Town House crackers with 1 inch by .75 inch by .125 inch slices of Stop and Shop Swiss cheese on them along with some iced tea. On this Saturday, the National World War II Memorial <http://www.wwiimemorial.com/> will be dedicated. I suppose it will be a bit difficult for some veterans to be at both www.usma.edu at 9 A.M. and <http://www.wwiimemorial.com/> at 2 P.M. on the same day, but it is rumored that some people named the Wright Brothers have invented a contraption that could get one to both events, if it were properly coordinated. Defense Secretary Donald Rumsfeld is suppose to be the speaker at the West Point Graduation this Saturday at 9 A.M. at Michie Stadium, and it is suppose to be a sunny day, so one should bring one's straw hat. Of

course as usual at the end of May when I do some spring maintenance, I am always low on funds, so I will not be attending, but about a fourth of the seats in the stadium are opened to the general public, and it is the nature of the event, they tend to have good security there. For more information

<http://www.usma.edu/dops/Graduation2004ParentGuide.pdf> . CIO

Note: <888> 05/27/04 Thursday 5:05 P.M.: [TCPalm: Hurricane tracking gets more accurate](#) . CIO

Note: <888> 05/27/04 Thursday 4:55 P.M.: I went out after the last message. I drove down by the waterfront. I then went to my 3 P.M. appointment, which I had earlier at 2:30 P.M.. I then went by the Greenwich Hospital Thrift shop and clothes are 50% off. I then drove down by the center of town, but the only 25 cent an hour parking meter had glass in it, so I did not park there. I did not feel like paying .75 for an 1.5 hours at .25 a half hour. I next drove down by the waterfront, and since I did not have my straw hat, I did not sit out. I also did not walk as usual, because my right knee's arthritis is bothering me a little bit. I next returned home, and I drank some iced tea. I received a thank you note from President Bush for my \$5 donation at www.georgebush.com . CIO

Note: <888> 05/27/04 Thursday 1:10 P.M.: I reheated the Stop and Shop vermicelli left over from yesterday along with the remaining Francesco Rinaldi no salt traditional tomato sauce, and I put a couple of tablespoons of grated parmesan cheese on it. I ate it with a glass of iced tea. I will now shut down the computer, and I will clean up, and I will go out. I have a 3 P.M. appointment. CIO

Note: <888> 05/27/04 Thursday 12:35 P.M.: I went through www.geocities.com/mikelscott/scotwork.htm . CIO

Note: <888> 05/27/04 Thursday 12:10 P.M.: [ic Newcastle - Prince Charles meeting Dalai Lama](#) . CIO

Note: <888> 05/27/04 Thursday 12:05 P.M.: [XP SP2 delayed until July](#) . CIO

Note: <888> 05/27/04 Thursday 11:50 A.M.: I just had a telephone call changing an appointment from June 8 to June 7. CIO

Note: <888> 05/27/04 Thursday 11:45 A.M.: I went outside, and I threw out some garbage. I checked my mail, but it is not here yet. I put away the ice tea in the refrigerator. On the right side of my left Indian moccasin house slipper the twine that holds it together had started to unravel, so I tightened it, and I retied it. About six stitches are not secured, so it is a little bit looser. I resodered my copper bracelet that I wear on my left wrist for arthritis, so it the copper strands on it will not unravel. Also there was a sharp point on it that would catch on my clothes that I removed. CIO

Note: <888> 05/27/04 Thursday 10:50 A.M.: I went through my email. CIO

Note: <888> 05/27/04 Thursday 10:15 A.M.: I printed out the Belmont Park train schedule [MTA LIRR - Packages - Belmont Park](#) for a local race horse enthusiast. Also there is a new casino at <http://www.saratogaraceway.com/> and [Saratoga Raceway Gaming Casino](#) . It was built by <http://www.perini.com/> in three months. CIO

Note: <888> 05/27/04 Thursday 9:50 A.M.: They have graduation at the United States Military Academy at West Point <http://www.usma.edu/> , New York this Saturday at Michie Stadium starting at 9 A.M.. For more information <http://www.usma.edu/Graduation/2004/GraduationWeek2004ParentsGuide.pdf> . Also New York City has Fleet Week 2004 under way <http://www.fleetweek.navy.mil/> . A local citizen asked me about this information [MTA LIRR - Packages - Belmont Park](#) . CIO

Note: <888> 05/27/04 Thursday 9:35 A.M.: I was up at 8 A.M.. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I am now making up a fresh batch of www.geocities.com/mikelscott/icetea.htm . CIO

Note: <888> 05/26/04 Wednesday 10:40 P.M.: I went out after the last message. I walked the entire length of Greenwich Avenue, and I sat out at various locations. The bench at the top of Greenwich Avenue has dried, and it looks very nice repainted brick red. I noticed they have cut down some of the bushes around the veterans' monument, so I guess they are continuing relandscaping the central downtown area. I guess it was a bit overgrown. I next drove down by the waterfront, and one of the Fjord fishing charter yachts was moored off Belle Haven making the waterfront look busier than it actually is. I then went by the Greenwich Library, and I read the Greenwich Time. I next returned home, and I chatted with a relative. I then used the Farberware convection oven at 425 degrees Fahrenheit, and I cooked on both sides for nine minutes each side a 12.5 ounce box of Stop and Shop fish sticks, 12 America's Choice Frozen onion rings, and 12 America's Choice frozen miniature potato pancakes. I mixed a half of a cup of Heinz ketchup with three tablespoons of horseradish, and I used it on the cooked items. I ate it all with a glass of iced tea. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 05/26/04 Wednesday 6:20 P.M.: I decided not to rest. I will now shut down the computer, and I will go out for a little downtown activity. It feels like every one has the rainy day blues, but it is only overcast. CIO

Note: <888> 05/26/04 Wednesday 5:50 P.M.: I will now put the computer on standby, and I will take a nap. CIO

Note: <888> 05/26/04 Wednesday 5:35 P.M.: I ate four .25 inch by 1.5 inch by 1 inch slices of Stop and Shop Swiss cheese and 18 Town House crackers along with some iced tea. CIO

Note: <888> 05/26/04 Wednesday 4:40 P.M.: I read through all of the magazines except for the computer and technology magazines. I threw the ones out that I read. CIO

Note: <888> 05/26/04 Wednesday 3:35 P.M.: I went through a couple of alumni magazines. One fellow classmate Chris Kluge from Lake Forest College www.lfc.edu is making marionettes <http://www.chriskluge.com/>. I recall Chris was German American. I also once transformed a garage apartment out in Plandome, Long Island into a mother in law apartment for a German family that I knew. The previous owner was a German puppeteer, so I guess the Germans are into pulling strings. I also use to watch Howdy Duty. CIO

Note: <888> 05/26/04 Wednesday 3:10 P.M.: I finished going through the past month's weekly newspapers. I threw them out. CIO

Note: <888> 05/26/04 Wednesday 2:05 P.M.: I sorted through the past month's newspapers and periodical literature including the computer trade publications. I will now start reading through them. CIO

Note: <888> 05/26/04 Wednesday 1:30 P.M.: I am boiling for six minutes a 16 ounce box of Stop and Shop vermicelli half of which I will refrigerate and the other half of which I will put on a half of a 26 ounce jar of reheated Francesco Rinaldi no salt traditional tomato sauce, and I will add a couple of tablespoons of grated parmesan cheese, and I will eat it with a glass of iced tea. CIO

Note: <888> 05/26/04 Wednesday 12:55 P.M.: I went through my email. CIO

Note: <888> 05/26/04 Wednesday 11:55 A.M.: I threw out some garbage. It is a rainy day, so I will stay in for now. CIO

Note: <888> 05/26/04 Wednesday 11:35 A.M.: I ate two Quaker low fat corn cakes during the night. I was up at 7:30 A.M.. I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went back to bed until 11 A.M.. I watched the Weather Channel briefly on television. CIO

Note: <888> 05/25/04 Tuesday 8:25 P.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 05/25/04 Tuesday 8:10 P.M.: I microwaved and ate a Stouffer's Lean Cuisine 12.5 ounce chicken Tuscan dinner. I had the meal with a glass of iced tea. I have noticed with the war on that either people are getting fatter in this area or fatter people are showing up. One has to remember that there are up to 40 million people in the New York City metropolitan area, so this area is constantly changing on a day to day, hour to hour basis. However, when one lives here as long as I have, one tends to get the impression that it is a slower moving town than it actually is, since I tend to be on a non working schedule, and I frequently do my errands during the less busy time of the day. One also has to remember that during the Rush Hour periods, the area seems actually busier than it actually is as large volumes of traffic pass through this area. Also it is the nature of the waterfront area that there are always different people showing up to view it, and it is the nature of the New York City metropolitan area that visitors tend to be

somewhat indifferent to the natives and visa versa. Whatever the case, I probably will continue my normal routine for the foreseeable future. There was just this news flash on Fox [FOXNews.com - Top Stories - U.S. Officials Concerned About Summer Security](#) , so I guess those whom are able and can afford it should continue to be vigilant as they go about their normal routines. I suppose so many people tend to watch television too much, they do not know how to be vigilant compared to professional observers. CIO

Note: <888> 05/25/04 Tuesday 7:00 P.M.: I went out after the last message. I drove down by the waterfront in central Greenwich, and I spent some time studying the clouds to see if I saw any funnel clouds passing over us this time of year, which happens frequently. I the drove over to Grass Island, and I chatted with another regular fisherman. I then went back by the Greenwich Hospital Thrift Shop. I next went to my 4 P.M. appointment. I then returned home, and I drank some iced tea and ate three .25 inch by 1 inch by 1.5 inch slices of Stop and Shop Swiss cheese. I watched Tony Blair's press conference on television. I watched a small part of a vintage southern style movie on the Turner Movie channel. I got a little bit of color today from the time out in the sun. I wore my Chinese made Australian style straw bush hat. The most regular fisherman has not shown up, but I might have seen him about two weeks ago in a red Honda. He is suppose to be a local Greenwich resident, so maybe he is busy with the internet. It is my personal viewpoint that if one is conservative with ample funds, one should not waste money on broker fees and commissions and the risks of the stock markets, but one should put their money in long term United State Treasury bills which pay about 4 to 5 percent interest [Long Term U.S. Government Bond Yield Data, Trend, and Forecast](#) , and although one will not earn large gains to keep up with inflation, one will not risk losing one's capital in a market depreciation. CIO

Note: <888> 05/25/04 Tuesday 1:30 P.M.: I will now shut down the computer, and I will go back out. I have a 4 P.M. appointment. CIO

Note: <888> 05/25/04 Tuesday 1:15 P.M.: I threw out some garbage. I just checked in with another family home town. CIO

Note: <888> 05/25/04 Tuesday 12:25 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I used a 4.25 ounce can of flaked pink crab, and instead of the cheddar cheese portion, I used Stop and Shop Swiss Cheese. I did not use broccoli. I used all of the other regular ingredients. I ate the salad with a glass of iced tea. I chatted with one long term retired resident today, and the resident was asking me whether we should create own local militia. I think to form a Local Militia today, one has to have permission from the chief town constable, which in Greenwich, Connecticut would be the first selectman. However, Greenwich, Connecticut is suppose to have a very good police force, so I am not sure a local militia would be necessary or not. However, in times of terrorist threats it would not hurt to have an increased neighborhood security watch and particularly in the downtown and more urban sections of the community and around key infrastructure elements. However this would require funding for transportation, communications, and proper security procedures, and I do not think the town currently has any sort of budget for such activity.

One would also have to coordinate with other neighboring towns and governments in such an effort. I remember in England in World War II, they had volunteer air raid wardens and other sorts of civilian efforts such as the Red Cross. However, at the moment the weather is warmer, I am not sure how many people would want to pursue such activities in the colder weather. We do have a mobile community with a great many people with communications, but from a defensive point of view if Push Came to Shove, I am not sure how many of the professional business people would be prepared to deal with such a situation. Also in a town as large as Greenwich, Connecticut with the large amounts of traffic we experience, it might be hard to have an effective organization compared to what one would have in a more village like atmosphere. Also, I am not sure if private property owners would want to permit access to their properties for supervision purposes. Thus the whole question is still up in the air. CIO

Note: <888> 05/25/04 Tuesday 11:10 A.M.: I went out after the last message. I went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I toured CVS. I noticed the building maintenance department at Pickwick Plaza were painting the bench at the top of Greenwich Avenue brick red. I completed my walk. I noticed they now have a central loop transport bus that works the downtown area and office park area for the commuters in the morning. I then drove down by the waterfront. I then went by the Greenwich Library, and I read the Greenwich Time. I just now returned home, and I drank some iced tea. CIO

Note: <888> 05/25/04 Tuesday 6:40 A.M.: I will now shut down the computer, and I will clean up. I will then go out and face the early morning caboose kids. It is suppose to be a pleasant day today. CIO

Note: <888> 05/25/04 Tuesday 6:35 A.M.: I put away my laundry. CIO

Note: <888> 05/25/04 Tuesday 6:00 A.M.: I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I have 10 minutes to go on the laundry dry cycle. CIO

Note: <888> 05/25/04 Tuesday 5:05 A.M.: I had a telephone call from a relative after the last message last night. I was up at 4 A.M.. I am just about ready to start the dry cycle on two loads of laundry. I put clean linens on the bed in the bedroom. CIO

Note: <888> 05/24/04 Monday 9:20 P.M.: I will now shut down the computer. I will turn off the NOAA weather radio and leave the slip of paper on the dining table to remind me turn it back on in the morning. I will go to bed soon. CIO

Note: <888> 05/24/04 Monday 9:10 P.M.: I watched President Bush's speech. It was very effective letting the general population know what the situation was with the military situation in Iraq. It is unfortunate that the three prime time networks chose not to cover it, but I guess they produce mostly children's programming, so they do not cover important national affairs. One has to realize when dealing with the general television

audience that they cover all age groups, education levels, and nationalities within the country, and not just the professional business class in the New York suburbs. CIO

Note: <888> 05/24/04 Monday 7:45 P.M.: President Bush is speaking on television at 8 P.M. EDT <http://www.whitehouse.gov/> . CIO

Note: <888> 05/24/04 Monday 7:40 P.M.: I checked outside, and it still looks a bit ominous. I microwaved and ate a 12.5 ounce Stouffer's Lean Cuisine chicken with mushrooms dinner, which I ate with a glass of iced tea. CIO

Note: <888> 05/24/04 Monday 6:55 P.M.: I chatted with a relative. My relatives that were going to take the day bed up to Maine from my apartment were going to put it on their car roof, which I did not think was a good idea. I have a friend that said he would take me and the day bed up in his Buick station wagon some time in the future. There are still severe thunderstorm warnings for central Fairfield County at the present, but here it is clear. CIO

Note: <888> 05/24/04 Monday 5:50 P.M.: I just put two copies of the tide charts in the back of my Hyundai. I will now print out another copy of the tide chart for the apartment. Just to show what one can do with the internet [Greenwich Country Estate for sale in Japanese](http://www.greenwichcountryestate.com/) or in English <http://www.greenwichcountryestate.com/> for the Scottish Country Gentleman who is not afraid of Mountain Lions because not even a Mountain Lion will mess with a skunk . CIO

Note: <888> 05/24/04 Monday 5:05 P.M.: I went out after the last message. I went by the Arnold Bread outlet, and I bought a loaf of Arnold Branola bread for \$1.59 and a 5.5 ounce box of Arnold large cut Zesty Italian croutons for .99 less 10% senior citizen discount of .26 for \$2.32 total. I then drove down by the waterfront. Somebody did not clean up after their dog down there. I gave my copy of the Greenwich Harbor tide chart from May to October 2004 <http://www.maineharbors.com/ct/tidectw.htm> to another local waterfront observer. I then went by the Greenwich Hospital Thrift Shop. They have 50% off clothes there. I then went downtown, and I mailed the Hyundai horse power letter at the Greenwich Post Office. I then walked the entire length of Greenwich Avenue. I sat out at various locations. While, I was up at the top of Greenwich Avenue, and I walked over to Putnam Trust Bank of New York on Mason Street. Then on the way down Greenwich Avenue, I stopped by CVS, and I picked up a prescription at \$1.50 cost to me. I then completed my walk. I then went by the Greenwich Library, and I read the Greenwich Time. I next returned home. I drank some iced tea. The NOAA weather warning radio went off for severe thunder storm warnings until 9 P.M. this evening [Weather Hazards for Northern Westchester County, NY](#) . I will now print out two more copies of the tide charts. CIO

Note: <888> 05/24/04 Monday 12:10 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I did not use broccoli, since I ran out of broccoli. For the cheddar cheese portion with the other two cheeses, I used Stop and Shop Swiss Cheese. I also had the salad with a glass of iced tea. I went outside, and I

checked my mail. I got a post card from a Danish email pen pal from Bali, Indonesia. I will now shut down the computer, and I will clean up, and I will go out. The Microsoft Money Portfolio says Berkshire Hathaway Class A stock is now down \$45. CIO

Note: <888> 05/24/04 Monday 10:45 A.M.: My Microsoft Money Portfolio has an error today, and it says that Berkshire Hathaway class A stock is down -\$80,040.00, which obviously must be a mistake. It sort of makes one wander about the other quotes. CIO

Note: <888> 05/24/04 Monday 10:40 A.M.: I put the two 2 foot by 2 foot purple and burgundy pillows back at the head of the day bed, and I put the two smaller orange pillows on either end of the blue sofa. I moved the floral pattern 2 foot by 2 foot pillow from the day bed, and I reversed it, so it is olive drab, and I put it at the end of the blue sofa adjacent to the maple table, so one will not knock their head on the maple table when sitting on the blue sofa. CIO

Note: <888> 05/24/04 Monday 10:15 A.M.: I used the Epson printer to print out the envelope to Hyundai. For using the Epson printer, one has to change the serial port box on the upper right wall wicker rack above the primary computer CPU to A:Epson. For printing out envelopes one removes the regular inkjet paper, and one moves the lever inside the printer cover UP for the wider thickness envelope, and one selects the Epson printer in the word processor and the tools Labels and Envelope tool. One also can select which way to feed it, and I always add the delivery point bar code. I also ran the cleaning cycle on the Epson printer, and I returned the port box back to D:HP LaserJet 6P printer which also has an envelope sheet feeder. Since I have four laser printers including the new high speed Minolta QMS PagePro 1250W laser printer, I generally use the laser printers for my printing needs. I do not use the Epson Stylus Color 880 printer which I bought the Sunday before 911 at Staples, since the ink for it is more costly. However, I can order cheaper ink cartridges for it from www.3dayinkjet.com. I do not print out that much color material. I suppose if one were printing out travel tickets, though one could use the Epson printer, since some travel companies might want them in color. I have a new Epson color and black ink cartridge in it, so I should not need replacement ones soon. CIO

Note: <888> 05/24/04 Monday 9:45 A.M.: I called Hyundai <http://www.hyundaiusa.com/> at 1-800-633-5151 [Hyundai Consumer Affairs FAQ](#), and under the horse power lawsuit, I do not have an extended warranty. Thus I will apply for the \$120 dealer credit. I was told as a second owner that my five year warranty expires June 17, 2004. As the second owner, I do not get the extended 10 year /100,000 mile Powertrain Limited Warranty. At the moment, I only have slightly over 40,000 miles on my 1999 Hyundai Accent L 2 door hatch back. I will now fill out the form for the Hyundai settlement on the horse power lawsuit indicating I want the \$120 dealer credit instead of the \$75 debit card. I also moved my Columbia bedroom telephone around, so it faces out from the left night stand, so if is not as easy to knock the telephone handset off the base unit. CIO

Note: <888> 05/24/04 Monday 8:25 A.M.: This activity today [Yale University Commencement](#) will probably draw additional visitors in the area, so keep an eye out for any Bull Dogs. CIO

Note: <888> 05/24/04 Monday 8:05 A.M.: Byram story [Greenwich Time - Residents ponder what to call a slice of town](#) . In the old days Byram, Connecticut part of Greenwich, Connecticut use to be the first town in Connecticut when coming out of New York City, so couple wanting to get married would frequently wake up the Justice of the Peace that lived here at any time of the day, so they could get married without the usual waiting period in New York City. They would just pay their \$5 fee to the Justice of the Peace, and then they would be hitched. There was an article a number years ago in the Greenwich Time www.greenwichtime.com that is how Lucille Ball and Dezi Arnez originally got married, so that is probably the most important event that ever happened in Byram, Connecticut. The Justice of the Peace use to live in my building, but I think he has since moved elsewhere. However, the name Byram is originally the shortened from the expression "Buy Rum" which might have been one of the original businesses in Byram, Connecticut. Well anyway the cross border trade between New York and Connecticut can be seen in this area. A great many people in Greenwich, Connecticut shop in Port Chester, New York, since they some times have less expensive items. However as Connecticut residents, they should remember their sales tax is then going to New York instead of Connecticut, so for big ticket items, they should probably shop up at the stores in Norwalk, Connecticut, so Connecticut gets the sales tax. Since I live in housing administered by the Greenwich Housing Authority that is the state of Connecticut public housing, I would rather see Connecticut get the taxes instead of New York which already has too much money. CIO

Note: <888> 05/24/04 Monday 7:45 A.M.: I get a big kick about of the hypocrisy of John Kerry and all of the liberals pretending to be environmentalists, when they show up on television riding a bicycle, when everyone knows the environmentalists use more fuel than average people traveling around by jet to promote their environmental causes. Perhaps some of these environmentalists should present their travel logs to see how much energy they actually do use. CIO

Note: <888> 05/24/04 Monday 7:40 A.M.: I watched some television. I am not going out until about 10 A.M. this morning, since there is suppose to be rain until then. CIO

Note: <888> 05/24/04 Monday 6:55 A.M.: Also another resident on Steamboat Road has a younger brother who is the head of Goldman Sachs in Japan, which did the original IPO for Microsoft. Yahoo was started by two Japanese. I own a 12 inch Panasonic color television, which I keep in my kitchen. I have for my primary computer monitor a Iiyama Vision Master Pro 450 XGA 19 inch monitor. I also have a Technics stereo amplifier, a Technics turntable, a JVS videotape machine, a Crown tape deck, and I am sure some of the other components in my apartment are made in Japan. I also have a book on Emperor Hirohito of Japan who besides being Emperor of Japan was also an oceanographer. When in Key West, Florida, we use to stay in the old Peace Corps Casa Marina hotel which the Peace Corps used for training, and one of the signs on one of the

door said Palau which was one of Emperor Hirohito's favorite reefs. Also the state of Maine exports over \$40 million a year in Sea Urchins to Japan as of 10 years ago. When I talked to Prince Edward Island yesterday, they told me the Graham Lobster Company still exists in New Brunswick, Canada, but I can not see any reference to them on the internet. They use to be the largest lobster wholesaler on the east coast of America, so they are probably still in business. I took the two 2 foot by 2 foot burgundy and purple Navaho pattern style pillows from the day bed, and I put them on either end of the blue sofa, so one does not knock one's head when lying down on the maple table which overhangs the blue sofa. I put the two orange pillows from the blue sofa on the day bed.

CIO

Note: <888> 05/24/04 Monday 6:25 A.M.: With all of the Japanese residents and visitors in this area, I would like to make note of my family's involvement with the Japanese. When we lived in Decatur, Alabama from 1956 to 1961 our house was constantly filled with Japanese business associates. The company my father worked for Chemstrand did business with the Japanese company Mitsubishi setting up textile factories in Japan. Many times I traveled on the company plane full of Japanese between Decatur, Alabama and Pensacola, Florida where Chemstrand had factories in both locations. The Japanese would frequently come over to our house and cook meals, and they were very efficient in the kitchen. I remember once one Japanese business man made me a origami paper frog that I left on the plane. I also remember Woolworths department store use to have a lot of inexpensive items made in Japan. When we moved here to Greenwich, Connecticut in 1961, we sort of lost track of the Japanese, but I remember like in Decatur, Alabama, my parents continued to make trips to Japan. Once around 1962, they returned with a nine inch Sony black and white television with battery power package, so I knew the Japanese were somewhat high tech. When my father was at Polaroid from 1968 to 1973, Polaroid would not let dad travel to Japan, so when Polaroid came out with instant movie film, about that same time Sony came out with betamax video. While in college in Illinois at Lake Forest College www.lfc.edu and from talking with my paternal grandparents, I learned that Illinois sold a lot of soy beans for soy sauce to the Japanese. At the same time back in Boston where my family were living, Bill Takakaki was regularly visiting our house in Weston, Massachusetts while he was attending Harvard Business School. Bill's father was the president of Mitsubishi. I returned to New York City in 1973, and there was not much evidence of the Japanese around, but around February 1975, I threw a party for about two thousand people in a loft above the Oldsmobile General Motors show room on West 57th street. They had set up lots of temporary aquariums with tropical fish, and there were a lot of younger people there as well as the adult crowd. I remember drinking a few Jack Daniels drinks, and as I begin to socialize, I was chatting with one Japanese fellow about my age whom told me he was a concert pianist. We chatted about music, and he told me his name was Lance. We were all having a good time, and there were about 200 security guards there. I was later told that Lance was the grandson of the emperor of Japan, but I do recall he spoke English very well. I did not meet many Japanese after that, but around 1981 in New York City, I was told the Bank of Tokyo had become a major player in the New York City business community. Since by then I had traveled out to California about five times including a trip to Hawaii, I had seen the Japanese on the west coast of America. I do not

recall running into any Japanese in Florida or Nantucket. When I returned to Greenwich in December 1983, I started spending time around the waterfront in Greenwich, and one Japanese family moved down by the waterfront shortly there after. The Japanese American school moved to Greenwich shortly after that. I recalled reading some time about 15 years ago, that the Japanese owned half of the Hyatt Hotel in Greenwich. There is also a Japanese grocery store by exit 5 on Interstate 95 in Greenwich. I have been told that Mitsubishi has a country club up in Armonk, New York. When I went to former President Bush's inaugural in Washington D.C. in 1989, I chatted with General Macarthur's wife Gene Macarthur whom was surrounded by a dozen Marine Honor Guards whom worked for the Joint Chiefs of Staff. Current President Bush speaks fluent Japanese. Thus since the Japanese do not spend much time outside in cold weather, when it begins to warm up, one tends to see more of them. I chatted with two Japanese bankers down on the waterfront yesterday whom are interested in buying property in this area. I have chatted with them before. Since I can not afford all of the high technology items that the Japanese make, but I keep track and constantly read about the high technology items that the Japanese make, I know they are very capable in technology, and many of us use their products or their components in other products assembled elsewhere. However, currently I am using more Korean items such as my Hyundai automobile and General Electric air conditioner, since they seem to be less expensive. I do have a set of Japanese tea cups in the apartment that have never been used in their original packing box. CIO

Note: <888> 05/24/04 Monday 5:45 A.M.: I had a telephone call from a friend after the last message. I ate a Nature's Valley granola bar. I went to bed. I woke up during the night, and I ate a 7.5 ounce box of CVS wheat crackers. I was up at 4 A.M. this morning. My bedroom telephone had fallen off the receiver, so my telephone was not working until just recently. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. CIO

Note: <888> 05/23/04 Sunday 6:10 P.M.: [CompUSA.com - Four Days Only! Save up to 75% with Huge Clearance Savings!](#) . [CNN.com Specials West Nile Virus](#) . I went though my email. I went outside again. It has cleared for now, but it still looks ominous. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 05/23/04 Sunday 5:45 P.M.: Scattered thunderstorms are suppose to continue through out this evening. Try <http://www.tropicdesigns.net/> for a weather program. CIO

Note: <888> 05/23/04 Sunday 5:20 P.M.: The severe thunderstorm warning has been extended to 6 P.M.. It looks like it might be coming in here soon. Depending on the severity, I might shut down the computer soon, and depending on how long it lasts, I might not restart but go to bed soon. CIO

Note: <888> 05/23/04 Sunday 5:00 P.M.: [Weather Hazards for Northern Westchester County, NY Severe Thunderstorm Warning for this area at the moment](#) . CIO

Note: <888> 05/23/04 Sunday 4:40 P.M.: I received in the mail this week information from <http://www.gov.pe.ca/visitorsguide/> and one can call them at 1-888-PEI-PLAY . However as the weather warms up here, I suppose we will have Canadians traveling north through this area to return to their home land. Since my college roommate was from East Aurora, New York and his family were involved with both the British Royal family and the United States of America and Canadian government, more than likely his group of friends would know more about the north country. However, I was told that the Canadian Prime Minister <http://pm.gc.ca/> Paul Martin and his government are up for reelection on June 28, 2004 [Toronto Star TheStar.com - News/News Canadian Prime Minister Election set for June 28, 2004](http://www.thestar.com/News/News_Canadian_Prime_Minister_Election_set_for_June_28_2004) . Thus any Canadians wanting to vote should get back home or send in an absentee ballot. I chatted with the 800 number. I just chatted with a relative. CIO

Note: <888> 05/23/04 Sunday 3:20 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I did not use broccoli, since I ran out of broccoli. For the cheddar cheese portion with the other two cheeses, I used Stop and Shop Swiss Cheese. I also had the salad with a glass of iced tea. I put the three Tree of Life place mats on the maple table. CIO

Note: <888> 05/23/04 Sunday 2:15 P.M.: I was up at 6:30 A.M. this morning. I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I then cleaned up, and I went out. I went by the Exxon gasoline station next to the Greenwich Library, and I bought \$7.75 of regular unleaded gasoline at \$2.339 a gallon for about 25 miles per gallon usage. I then drove down by the waterfront. I chatted with another one of the regular fishermen. I then went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I stopped by the Greenwich Hardware store, and I bought two three inch wall molly bolt assemblies for .43 each plus .05 tax for .91 total. I then completed my walk. I used the bathroom at Starbucks. I then drove back down by the waterfront. I cleaned up a bit of the weekend refuge, since the Park and Recreation department does not do it on weekends. I chatted with two other regular waterfront observers that I had not seen since last summer. I tested the NOAA weather radio that I keep in my car. I then went by the Greenwich Library, and I sat out for a while. I chatted with the local ornithologist, and I asked him about the large African egg at the tag sale yesterday. He said it sounded too big to be a ostrich egg. I mentioned that it might be an Elephant ostrich egg. I also asked if it might now be a giant condor egg. I suppose it could also be a python egg or giant alligator or crocodile egg or dinosaur egg or anaconda or iguana egg or something else big and nasty, but maybe it is just a plastic egg covered in leather with a monkey on it. Well, the same tag sale is still on down by the waterfront just north of Indian Harbor as well as the Craft festival which has \$5 admittance. I next returned home, and I chatted with a neighbor. I drank some iced tea. I then took the two brass hooks from off the wall on the right side of the bedroom entrance in between the shelves of the wire rack. I used the two molly bolt assemblies to hang on underneath the Audubon Louisiana Heron picture just to the left of the wire rack, and I hung my belts on it. I hung the other brass hook with wood screws on the outside upper right door trim of the bedroom door. I hung my blue jeans and daily shirt there. I left the black handle regular and the black handle

Phillips screw driver on top of my yellow tool box on the floor of the sweater closet, so one can get at them without pulling out the tool box. CIO

Note: <888> 05/22/04 Saturday 9:45 P.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 05/22/04 Saturday 9:30 P.M.: I microwaved a Stouffer's 10.5 ounce vegetable lasagna, which I put a tablespoon of grated parmesan cheese on. I will eat it shortly after it cools with a glass of iced tea. CIO

Note: <888> 05/22/04 Saturday 9:05 P.M.: [CNN.com](http://www.cnn.com) - [Bush falls on bike ride - May 22, 2004](http://www.cnn.com) . I took three 15 foot extension cords that I have, and I plugged them into the new power strip underneath the living room desk to have them available for laptop use. CIO

Note: <888> 05/22/04 Saturday 8:35 P.M.: I went out after the last message. I went over to Port Chester, New York, and I went by Home Depot. I bought a six outlet power strip with three foot cord for \$2.97 and two Stanley <http://www.stanleyhardware.com/> packs of 4 three inch corner braces for \$3.49 each pack plus .75 tax for \$10.70 total. I returned home. I found my black handle Phillips screw driver that I had been looking for in the tool box I keep in the rear of my Hyundai. I put it in my apartment linen closet yellow tool box. I then installed the corner braces on the maple table between the legs and the table with one on each of the two direction sides 90 degrees opposite each other on the legs and table. Each brace had two Phillips screws on each angle side. I drilled the holes and fastened the screws. I also added two more screws to each of the four 2 inch braces that came with the table. I then vacuumed up the drill dust. Thus the table is now perfectly stable. I could have gotten four inch braces for twice the price, but I did not think they were necessary, and they did not come with screws. I received a telephone call from some relatives that were traveling, and they are now back in this country. During their trip they visited the town on the north shore of Germany where the V2 rocket program started, and they also visited London, St. Petersburg, Helsinki, Stockholm, Oslo, Copenhagen, and Berlin. I would imagine they have a bit of Jet Lag. I plugged in the new power strip into the existing power strip underneath the living room desk, so if one wanted to use laptop computers with the new Ethernet hub, there is an available power source. I went outside briefly. CIO

Note: <888> 05/22/04 Saturday 4:50 P.M.: The maple cutting board table that I bought for \$10 is slightly unstable, since it only has four 2 inch corner braces for the lateral length, but it would be more stable if I put eight four inch corner braces on it, so I think I will go over to Home Depot and get them. The table surface is slightly bowed in, since it had the covering on it which caused it to dry out unevenly, but it is still very usable. I will now put the computer on standby and go out. CIO

Note: <888> 05/22/04 Saturday 4:15 P.M.: At the tag sale, I went to this morning, they had an ostrich egg from Africa covered with a design wrapping on it with a monkey for \$10, but since I do not have room for an ostrich in my apartment if it hatched, I decided

not to get it. However, it seemed to me to be bigger than an ostrich egg, so maybe it was from some animal or bird bigger than an ostrich. I recall seeing one like it before, but I can not recall where. CIO

Note: <888> 05/22/04 Saturday 3:50 P.M.: I went through my email. CIO

Note: <888> 05/22/04 Saturday 3:35 P.M.: [Gates touts the merits of blogs in speech to CEOs](#) . CIO

Note: <888> 05/22/04 Saturday 3:30 P.M.: [The New York Times Opinion Affordable Housing in Crisis](#) . CIO

Note: <888> 05/22/04 Saturday 3:05 P.M.: I threw out the garbage. Earlier today before I went out, I did a System Restore, and then I ran Disk Clean Up on the C: drive, and I ran Norton Speed Disk on the C: drive, while I was out. CIO

Note: <888> 05/22/04 Saturday 2:25 P.M.: I made and ate www.geocities.com/mikelscott/onionsoup.htm . For the garlic, I used a clove of elephant garlic. I used all of the other regular ingredients. I ate the onion soup with a glass of iced tea. CIO

Note: <888> 05/22/04 Saturday 1:20 P.M.: The maple butcher block table came with a clear plastic coating on the top of it to protect it, so one should not try to cut on it, or it would scratch the coating. CIO

Note: <888> 05/22/04 Saturday 1:05 P.M.: I went out after the last message. I sat out downtown briefly. I then went by the Greenwich Hospital Thrift shop. I bought a Yale University www.yale.edu about 20 ounce commemorative mug for \$2 from the Yale University Coop. I then went by Putnam Trust Bank of New York on Mason Street. I then drove down by the waterfront, and I gave a former neighbor a May to October 2004 tide chart for the Greenwich Harbor. I viewed the waterfront. I then left the area, and by the Bruce Museum, I noticed they were having a craft fair and tag sale for \$5 admittance. I drove over by the neighborhood north of Indian Harbor, because I saw a sign for a tag sale near that location. I went to the small tag sale, and for \$20 I bought a maple butcher block table. It is a one inch thick solid maple top by 19 3/8" wide by 49 1/4" length with four 28.5 inch round colonial type legs of the same maple color made from what looks to be pine. I had to unscrew four of the steel angle braces to unscrew the legs to get it into the car. It also came with a sheet of glass which is quarter inch by 18.5 inches by 33.25 inches. I put it all carefully into the back seat of my Hyundai covering the glass with towels. I then returned home. I carried up the items in three different trips. I drank some iced tea. I put the Yale University mug with other Harvard University items on the right bookcase shelf. Neither of the schools I attended, but I have visited both many times. I then reassembled the table. I pushed in the blue sofa, so it is against the day bed. I put the CD rack at the bedroom door entrance. I put the butcher block table at the near side end of the blue couch. I moved over the French sitting chair towards the closets about five inches, so the table fits in more evenly. It gives me a nice working or serving area. I

put the two round hurricane type shades with two square brass candle holders with candles on the table. I then removed the items from the long mahogany bureau, and I dusted it and cleaned and polished the top. I then cleaned the piece of glass that came with the table, and I put it on the long mahogany bureau. It is about four inches short on each side and about an inch too wide on the front and back sides, but it fits well, and it preserves the surface of the long mahogany bureau, particularly since I have the large pathos plant on it in two Chinese ceramic bowls. I remembered to water the plants. I put the other items back on the long mahogany bureau. I also put the Williamsburg mug with red wax in it on the left hallway bookcase, and I moved the Faberge type goose egg to the top of the center book case sitting on top of the sand dollar box which contains a large sand dollar. I went outside briefly. CIO

Note: <888> 05/22/04 Saturday 7:30 A.M.: I ate a Quaker low fat corn cake. I will now shut down the computer, and I will clean up, and I will go out. CIO

End of Scott's Notes week of 05/22/04:

Note: <888> 05/22/04 Saturday 6:30 A.M.: It is probably why no one ever bothered the U.S. Air Force NORAD headquarters out at Cheyenne Mountain, since it was so heavily surrounded by Mountain Lions people did not dare venture into the area surrounding the facility. I just chatted with a friend who knows a lot about conservation, and he told me there has never been a Mountain Lion spotted in Westchester or Fairfield counties, but there are Bob cats. He did say a few years ago, that they released Mountain Lions into the wild in the Catskills and Adirondack region of upstate New York. Whatever, the case I suppose my friend is never on a night schedule however when Mountain Lions would be around. My friend had a problem with mice getting into his 1992 Buick Roadmaster station wagon heating and cooling system, so he has to figure out a way to vacuum out the mice nests. I will not put the mirror in front of the Plexiglas to the left of the air conditioner. We are suppose to have scattered thunderstorms and showers today, so bring one's umbrella when going out. Whatever, the case I will now send out my weekly notes. CIO

Note: <888> 05/22/04 Saturday 5:35 A.M.: Well, it is trade off making the apartment more easily accessible for a fireman versus it less accessible for a Mountain Lions. I guess I could think about making some sort of executive decision, but for now I will leave it as is. I also had a telephone call yesterday afternoon inviting me to a Ziff Davis conference in Manhattan, and I explained to them that I do not go to Manhattan anymore, since I got mugged by someone from Bermuda 11 years ago. CIO

Note: <888> 05/22/04 Saturday 5:25 A.M.: The last time I worried about Mountain Lions, I also worried about a Mountain Lion hopping on the flat roof outside of my apartment and getting in through the Plexiglas which would kick in inwards since it is mounted against the window frame on the inside with duct tape. The Plexiglas fills up the space to the left of the air conditioner. Last year, I remedied the situation by putting the mirror that I have hung to the left of the bathroom door behind the Plexiglas, so if a Mountain Lion jumped on the flat roof, it would see its reflection and possibly be scared.

However, the mirror looks good presently where it is. I guess I could put other items in its place. We should think about it. However, in an emergency it would be easy for someone like a fireman to kick in the Plexiglas on the side of my air conditioner to gain access to the apartment, and if I put the mirror there, and there was an emergency and they pushed in the Plexiglas and broke the mirror, there would be seven years of bad luck. My mother's house in Kennebunkport, Maine is out in the woods, and when ever I am smoking a cigarette out on the deck, I worry about a Mountain Lion hopping off the roof. However, the local residents living up in the woods of Maine for so long do not seem to worry about such things. Of course if one were really worried about Mountain Lions and other such critters on land, one could run away and join the U.S. Navy, but they occasionally have to come into port around the world, so one would occasionally be exposed to habitat on dry land. CIO

Note: <888> 05/22/04 Saturday 4:25 A.M.: I went to bed after the last message, but first I ate a Nature's Valley granola bar and two Quaker low fat corn cakes. I was up at 3:30 A.M.. On Mountain Lions, the way I figure it, Ronald Reagan and Nelson Rockefeller probably had problems with Mountain Lions, so they ran for President to have extra security. The Skakels, Hemsleys, and Martha Stewart also had problems with Mountain Lions too, so they wanted to go to jail for extra security. Martha Stewart besides the house in Westport, Connecticut where she threw lots lucrative fund raisers for Bill and Hilary Clinton, also has a couple hundred acre estate in Bedford, New York where she would also have Mountain Lion problems. More than likely other people over the years have had Mountain Lion problems. I believe Andrew Jackson's wife smoked a pipe supposedly for tuberculosis, but possibly she was smoking tobacco with tiger urine scent from India, so as not to be bothered by Mountain Lions. I guess since John Jay's family lived in Bedford, New York, they probably had Mountain Lion problems, so more than likely Mountain Lion problems have caused problems through out the histories of the Americas. Even the White House has a fence around it probably to keep out Mountain Lions. Probably lots of people live out on Nantucket and Bermuda hoping not to be bothered by Mountain Lions, so what ever the case it is hard to tell whether the newspapers actually ever tell the real stories. More than likely Bill and Hilary Clinton have Mountain Lion problems in Chappaqua, New York, and IBM in Armonk, New York probably has Mountain Lion problems, thus it is this area's little secret, which people do not want to talk about, since it would effect the price of real estate, but since deer are every where in the Americas, more than likely Mountain Lions are everywhere in the Americas. CIO

Note: <888> 05/21/04 Friday 2:05 P.M.: I watched some television. I guess with the Rockefellers selling their property in Manhattan at premier locations means that they are moving elsewhere to points unknown. I suppose with terrorism in the world today, the want better security. Whatever the case Manhattan without the support of their vast fortune will probably become a shanty town. Basically, when the primary stockholders pull up stakes, it begins to look like the inevitable might happen, and the great hoards of people in the eastern hemisphere might invade us. I suppose one could take refuge in New Zealand, and I have thought about it before, however since New Zealand has only been above water for about 10,000 years, I always worry that it might resubmerge itself

in the ocean some time in the future. Whatever the case there are other established families in the country, but I suppose when the primary movers and shakers pull up stakes, they have ample intelligence and inside information as to what the coming scenario might be for our area in the near future. I suppose, as I told a couple of friends in June before 911 that another great war would be happening or World War III, and this time they would be coming here, because we can not afford to fight on their shores anymore. I am not talking about the conflict or war in Iraq at the present, but I am talking about conflict with the greater powers in the eastern hemisphere. I suppose with their new economic freedom and their exploration of this country, they feel that we would be easily taken over, however, the United States of America is part of the Western Hemisphere, which includes about 2.5 billion freedom loving people, so they also might object to interlopers from the Eastern Hemisphere trying to exercise undue influence in this hemisphere. Since I am of European origin from a family that has worked in this hemisphere for 400 years, I would rather not take sides in such an exercise of futility, and I know that the great oceans that divide us can provide a margin of security that some people tend to over look on a quick flight across them. Whether the new immigrants on our shores are seeking political freedom or whether they are fifth columnists, it will be up to them to prove or disprove themselves. Since in virtually every language there are people whom are long term residents here, it is more than likely the long term residents here have their viewpoints from experience versus what the public relations media tend to say to try to encourage sales of goods and services. Since we are talking about vast numbers of people, it is all still opened to speculation. However, it tends to be the trend in the northern countries that the populations are not as dense, since with the colder climates, there are lots of people whom prefer the warmer climates to the colder climates. Thus with the warmer weather we get our visitors and migratory residents into this area whom pay taxes on a year round basis, but actually only use the area for a relatively short period of time. Thus since a great many of them are long term residents, they have their viewpoints and as opposed to some of the more recently arrived residents. I went though my email, and I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 05/21/04 Friday 12:35 P.M.: Rockefeller property for sale Forbes.com: [Rockefeller Seller](#) . CIO

Note: <888> 05/21/04 Friday 12:15 P.M.: The MSNBC report on the Mountain Lion attack in California last night said that, "Anywhere one has deer, one will also have Mountain Lions." I suppose that would also apply to cougars and panthers. I remember, when I rented the farm outside of the town of Lake Forest, Illinois, while I was attending college at www.lfc.edu , we had problems with wolves and mixed breed dogs and wolves. One should thus stay vigilant when going outside at night. CIO

Note: <888> 05/21/04 Friday 11:55 A.M.: I picked up my mail downstairs. CIO

Note: <888> 05/21/04 Friday 11:15 A.M.: One can buy a large can of Sir Walter Raleigh pipe tobacco from this site for \$13.66 plus shipping [Sir Walter Raleigh: Welcome to Your Tobacco Shop 1](#) at <http://www.smokemcheapcigarettes.com/> . CIO

Note: <888> 05/21/04 Friday 11:10 A.M.: I finished doing my vacuuming. I checked with the Verizon telephone operator, and they are still working on this side of town. The news this morning said that the Southern Bell Telephone company and Southern New England Telephone companies were on strike, and I had thought during a war, they were not suppose to go on strike. When I was listening to 106.7 this morning while doing my house cleaning, they said the weather was suppose to be hot today, and it was suppose to go up above 85 degrees Fahrenheit, but at the moment the internet forecast <http://www.weather.com/weather/local/06830?lswe=06830&lwsa=WeatherLocalUndeclared> says it is 68 degrees Fahrenheit with a high expected today of 77 degrees Fahrenheit, so the weather forecasts at the moment are not the same. CIO

Note: <888> 05/21/04 Friday 10:25 A.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I forgot to use the can of flaked white solid albacore tuna fish. For the cheddar cheese portion, I used Kraft Cracker Barrel white Vermont extra sharp cheddar cheese. I had the salad with a glass of iced tea. I got to think the last few times I have got to thinking about Mountain Lions, I remembered that in the earlier colonial days in America when there were problems with Mountain Lions that the Colonial farmers imported tobacco from India that had Tiger scent in it, since the Tigers would urinate in the India tobacco fields. Thus when a farmer or hill person was smoking tiger scent tobacco, the Mountain Lions would tend to stay away from the scent of Tigers. I figured that was the reason one of the older tobaccos in the Americas that has been distributed was called Sir Walter Raleigh pipe tobacco which came in India tiger colors of Orange and Black. It is distributed by the Brown and Williamson Tobacco Corporation from Louisville, Kentucky 40232 U.S.A., and they have a telephone number for inquiries which is 1-800-341-5211. I called their number and the customer service representative did not know whether they still use Tiger urine in their tobacco or not. I was told that their lose leaf tobacco is distributed by another tobacco company call Lane Tobacco, but there is no mention of them on the internet except for Stimson Lane, which UST <http://www.ustinc.com/> owns. However, if I am not mistaken Brown and Williamson's <http://www.brownandwilliamson.com/> parent company is the British American Tobacco <http://www.bat.com/> , which might know more about tobacco here and in India, and whether the facts as I relayed them are accurate or not. However, whatever the case if one had seen the program on MSNBC this morning with the young gal whom was attacked by a Mountain Lion in California while riding her Mountain Bike, one would think twice about so called nature expeditions. Well anyway, I still have two packages of Sir Walter Raleigh pipe tobacco, which I bought a couple of years ago at Zyn stationary. CIO

Note: <888> 05/21/04 Friday 8:20 A.M.: I went outside, and I put my Greenwich Country Day alumni sticker in the right lower rear of my Hyundai window. I chatted with some neighbors. I installed Microsoft Messenger 6.2 <http://messenger.msn.com/> . CIO

Note: <888> 05/21/04 Friday 7:00 A.M.: I finished my house cleaning and watering the plants except for vacuuming. I will do the vacuuming after 8 A.M., when I will not disturb my neighbors. I threw out the garbage. It is suppose to be mostly cloudy and

mild today

<http://www.weather.com/weather/local/06830?lswe=06830&lwsa=WeatherLocalUndeclared> . From past experience this is type of weather we have when mountain lions are migrating north from the south this time of year. CIO

Note: <888> 05/21/04 Friday 4:35 A.M.: I will now do my weekly house cleaning and watering the plants. I will listen to my stereo system 106.7 FM with my Emerson Wireless headphones. CIO

Note: <888> 05/21/04 Friday 4:00 A.M.: I was up at 1:30 A.M., and I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I just sent out this note:

from Mike Scott, Friday, 3:55 A.M., 05/21/04 notes about Mountain Lions and other cats:

One thing about living in back country just reminded me about something this morning I saw about Mountain Lions just now on MSNBC.

About four years ago, I was doing one of my usual walks about 3 A.M. to 4 A.M. in the morning downtown, and I was sitting on my usual bench by the veterans monument downtown. I thought I felt a seismic vibration, and I got to worrying about the dam in back country off Lake Avenue where the town water works is and where Lowell Weicker use to live.

Since I once lived in back country, I know my way around. I drove up Lake Avenue when I felt the seismic vibration, and I noticed it was a lot darker at night than I use to remember. I drove around the west side of the reservoir, and I looked at the dam, and it all seemed in order. Just as I was coming out the access road from the dam driving about 5 to 10 miles per hour, since I was shifting gears with my old Volvo, I felt my car suddenly put on additional weight of what seemed to be easily over a 100 pounds. I had my car window down, and since the cranking mechanism was broken, and the only way I could raise it was by holding both sides outside of the car, I was not able to raise the car window.

I have very bad cat allergies, and when the weight came on to the car, I noticed my cat allergies were activated. I felt it might be some sort of wild animal or kid had jumped on the roof of the car or was hanging on to the bumper with a skate board. I did not see anything, and I continued on to Lake Avenue west on to Clapboard Ridge Road to north on Round Hill Road and west on Porkchuck Road road across Riversville Road, and across the road from Riversville Road to Cliffdale Road where the Skakles use to live. I was driving to drive over to the Westchester Airport, where I knew they had security and surveillance cameras. However in the dark at 4:30 A.M. in the morning no one was around.

I remember at the entrance to Sachem Farm where the Skakles use to live, I saw a

car coming from the other direction just east of where they rebuilt the small ravine bridge, and the car turned into the Sachem Farm driveway. I do not know whether they saw anything on the roof of my car or not. I continued to the airport, and I got out at the Hertz rent a car both, where some I know named Garth was working, and I told him what had happened. There were no claw marks that I could tell on the Volvo, but I do know the Volvo had put on 100 to 200 pounds of weight. My cat allergies were definitely activated.

There were reported bear sighting in the Greenwich Time the following day.

When I slept in my earlier Volvo by Ronald Reagan's ranch near Hidden Valley east in the mountains of Santa Barbara, California, there were reports of Mountain Lions in that area. I also saw a Grey Panther which is similar near the Polo Fields in Boca Raton, Florida when I was sleeping in my car during the winter of 1978.

Thus this is still wild America, and it is my theory with all the deer in back country it attacks Mountain Lions into this area. I know out west, Mountain Lions jump on the backs of trucks and hitch rides.

The fellow Chris I knew from a few years ago that was homeless from Jay Peak, Vermont use to have problems with Mountain Lions in Vermont, which was why he felt secure working at Christ Church and living there. I think he is still living around the Navy in New London.

Also, it is my theory when I lived at the abandoned Casa Marina Hotel in Key West, Florida, there were 200 stray cats in the building, and one of them might have been a panther kitten. I think a Florida panther picked up all the stray cats and left them in the building.

Whatever the case if one were to live in back country Greenwich, one would probably need a big guard dog or a relative that went to the college of Smith and Wesson if you get my drift.

At our house on Cornelia Drive, our St. Bernard dog was always barking at other animals in the woods.

When walking downtown at night I always worry about Mountain Lions in the big trees at the Greenwich Common.

I do know a former resident in my building George Frost use to be an Idaho sheriff, and he moved here because he got tired of dealing with Mountain Lions.

It is my theory that the Mountain Lions which might be in this area follow a migratory track along the ridge areas going along the mountain ranges, and they could easily be in this area this time of year.

I also have a theory that if one has a domestic cat at home, they will not bother one, but that is just a theory.

I know they travel around at night, and they have a 100 square mile range.

I think similar problems were experienced around the Rockefeller property in North Tarrytown, New York also.

If you want to know anything more about back country, let me know.

Mike Scott

Copies To Others:

Note: <888> 05/20/04 Thursday 6:25 P.M.: I chatted with a relative. I will now shut down the computer, and I will go to bed. CIO

Note: <888> 05/20/04 Thursday 5:20 P.M.: ABCNEWS.com : New Underwater Volcano Discovered . CIO

Note: <888> 05/20/04 Thursday 5:15 P.M.: Net heads if you missed it while you were doing your gardening <http://www.www2004.org> . CIO

Note: <888> 05/20/04 Thursday 5:10 P.M.: I went out after the last message. I made my 3 P.M. appointment. However, since I have been up since 3 A.M. this morning, I decided to come back home after my appointment. I drank some iced tea. CIO

Note: <888> 05/20/04 Thursday 2:10 P.M.: I will now shut down the computer, and I will go out for my 3 P.M. appointment. CIO

Note: <888> 05/20/04 Thursday 2:00 P.M.: I chatted with a relative. The relative needed a spread sheet program, and I told the relative about the free Office Suite at <http://download.openoffice.org/1.1.1/index.html> . I then made and ate my usual salad www.geocities.com/mikelscott/salad.htm . For the cheddar cheese portion, I used Kraft Cracker Barrel Vermont extra sharp white cheddar cheese. I had the salad with a glass of iced tea. I will now print out two more sets of May to October 2004 sets of Greenwich Harbor tide sheets <http://www.maine harbors.com/ct/tidectw.htm> . CIO

Note: <888> 05/20/04 Thursday 12:10 P.M.: I went out after the last message. I went by Putnam Trust Bank of New York on Mason Street. I then stopped by another former neighbor's residence, and I gave the former neighbor a Greenwich Harbor Tide chart.

The former neighbor told me that the former neighbor whom I left a tide chart at their mail box yesterday fell while walking down Steamboat Road, and he broke some ribs. He is not doing well, and he is in the hospital. Let us all pray that he soon recovers. I saw the former neighbor that hurt himself six weeks ago in the Greenwich Hospital Thrift shop, and he looked just great after spending the winter in Peru. I guess one has to adjust to the cooler weather here, when one comes north. I next drove down by the waterfront. I chatted for a while with one of the regular returning fishermen. I then went by the Greenwich Hospital Thrift Shop. I next went by the Stop and Shop, and I bought a quart of fresh plum tomatoes for \$3.49, a 16 ounce bar of Stop and Shop Swiss cheese for \$2.99, and a five pound bag of yellow onions for \$3.49 for \$9.97 total. I then returned home, and I put away my purchases, and I drank some iced tea. I did not walk Greenwich Avenue today, because when on a daytime schedule, it is expensive to park downtown at a quarter a half hour.

Note: <888> 05/20/04 Thursday 8:10 A.M.: I just ate a 13.25 ounce Stouffer's Lean Cuisine Chicken Florentine dinner with a glass of iced tea. I will now shut down the computer, and I will go out, and I will enjoy the day on a modest budget. I have a 3 P.M. appointment this afternoon. CIO

Note: <888> 05/20/04 Thursday 7:20 A.M.: I finished going through my email. CIO

Note: <888> 05/20/04 Thursday 7:10 A.M.: It is my theory that Canary Island volcanic activity could possibly generate large tidal waves that sweep westerly across the Atlantic ocean, possibly causing disruption on the eastern shores of the Western Hemisphere. However, it is just a theory. CIO

Note: <888> 05/20/04 Thursday 7:10 A.M.:

TENERIFE Canary Islands 28.271°N, 16.641°W; summit elev. 3715 m

Local volcanologists reported that there was increased seismicity at Tenerife in mid-May, according to a news article. The article stated that during several days before 18 May there were "five successive low-intensity earthquakes in the island's most volcanically active zone in the area between Mont Teide and Santiago del Teide." The director of the Estación Vulcanológica de Canarias stated that the earthquakes, which were less than M 2, could be an early sign that something unusual was happening at the volcano.

Background. The large triangular island of Tenerife is composed of a complex of overlapping Miocene-to-Quaternary stratovolcanoes that have remained active into historical time. The NE-trending Cordillera Dorsal volcanic massif joins the Las Cañadas volcano on the SW side of Tenerife with older volcanoes, creating the largest volcanic complex of the Canary Islands. The most recent stage of activity beginning in the late Pleistocene consists of the construction of the Pico Viejo and Teide edifices. Tenerife was observed in eruption by Christopher Columbus, and several other flank vents on the Canary's most active volcano have been active during historical time.

Note: <888> 05/20/04 Thursday 6:55 A.M.: Somebody should check with Rhone Dietrin on Lanzarote to see if he knows anything about a possible volcanic eruption in Tenerife [Yorkshire Post Possible Volcanic Eruption in Tenerife](#) and [Global Volcanism Program - Volcanoes of the World - Tenerife - Volcano Information](#) . Since I started my web activity over 10 years ago, it was to help out Rhone Dietrin on Lanzarote in the Canary Islands in case he was still living there. I never managed to track him down. He would be about 45 years old, and his father would still probably be a pilot with S.A.S.. Rhone speaks Norwegian his native language, Spanish, and English, and his family use to have the little two bedroom bungalow at the end of the runway in Lanzarote. They were the only family that ever offered me free hospitality in Europe during all the times that I traveled there. More than likely there are a number of people visiting Spain and possibly the Canary Islands, because the King of Spain Juan Carlos' son Prince Felipe is getting married this Saturday in Madrid, Spain. CIO

Note: <888> 05/20/04 Thursday 6:25 A.M.: I chatted with a friend. The friend is taking the Coast Guard training course up in Bridgeport, Connecticut. I advised the friend to be an active boater on the waterfront, one needs to be a very good swimmer too, particularly in the colder waters of Long Island Sound where one can get cramps from the cold water. Since I am more like Bubba the Beached warm water whale, I do not venture out into the colder waters of Long Island Sound at 210 pounds, and since in the warmer waters down south, one can easily develop skin cancer over time, although I observe around the waterfront, I do not actually go out on the water. I have been around the waterfront for so long, I tend to respect it more than the average person that just views it occasionally or even once in a life time. CIO

Note: <888> 05/20/04 Thursday 5:55 A.M.: I was up at 3:30 A.M.. I had breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I sent out some email. I suppose this web site is relevant this time of year http://www.pestproducts.com/goose_buster.htm and <http://www.msnbc.msn.com/id/4638582/> . I noticed in yesterday's Greenwich Time www.greenwichtime.com that this article [Greenwich Time - Local office park attracts several new financial firms](#) says there are a large number of hedge funds in Greenwich, Connecticut. However, www.forbes.com says this about Hedge Funds [Forbes.com: The Hedge Funds the Sleaziest Show On Earth](#) , thus the local business community should be somewhat weary about some of their local neighbors. I reregistered at the free Forbes web site, so I think I now have two accounts there. CIO

Note: <888> 05/19/04 Wednesday 5:45 P.M.: I will now shut down the computer, and I will go to bed soon. It seems the sun might have come out, so I suppose the evening strolling will be a little bit more enjoyable than today's earlier weather. I still suspect that someone or a group of individuals might check out my apartment while I am out of the building, which although nothing ever seems to have disappeared from the apartment, I can not figure out why with all of the opulent places in Greenwich, why they would want to check out my apartment, however I did notice when I returned today that the lights in the apartment were on, when I always turn them off when I leave. However, occasionally I have a visitor, which although when I am not here, I never seem to notice it, it can also

make one uncomfortable after the visitor leaves, and one returns to one's apartment. As I recall, the Greenwich Housing Authority has a routine bug and insect exterminator that services the building, so what ever the exterminator sprays in the apartment can occasionally cause problems for the residents depending on whether they are allergic to insecticide or not. Possibly that was the case today, when I found the lights on in the apartment when I returned. However, there might be some volunteer acting as a private security expert, whom might notice things about the apartment, which I never seem to notice, and many times I suspected it was just the "Old Ghost of Flanders", which many long term Greenwich, Connecticut residents are use to dealing with. Well, enjoy the sun that I perceive coming through my drapes. I am off to sleep. I just checked www.cl-p.com and the United States of America Federal government still has not placed my NEON energy assistance grant into my electricity account. Although, I received the grant letter in February 2004, one has to wait for the congress to pass the legislation funding. Last year the grant was in the account by the first of May, so I guess the funding for the NEON energy assistance program has not gone threw yet. CIO

Note: <888> 05/19/04 Wednesday 4:50 P.M.: I am a staunch Bush supporter because I am a staunch republican, and from my experience I could say a lot worse things about the democrats, but I happened to stumble across this group of web pages, which might explain what other people are looking at [George Bush: #41 The Unauthorized Biography by Webster G. Tarpley and Anton Chaitkin](#) . I suppose it says more than our local press says. Since I hardly have much time to watch television anymore, pretty much what I read is what I know, but having been raised and educated in this environment for a good deal of my life, I can understand how people try to over simplify an area with over 20 million people. One reason, I seem to know more about the democrats is that since I was always a staunch republican, I have had more than my share of democrat tricksters try to cause problems in my life, so I can imagine at the much higher levels of national office, their tricks are even worse. Basically, one learns more from experience than other people's propaganda attempts. By Greenwich, Connecticut standards, the Bush family was never particularly wealthy, so they participated in a more ordinary life style, but it is only the long term families that seem to appreciate their efforts, and I am sure they have made some enemies along the way, as I am well aware my family also has. I guess a lot of people read too much propaganda, and they do not know the real story. Whatever, the case since the liberal minority currently out of power have managed to take over most of the Ivy League colleges in this country, they are very cleaver at manipulating public opinion and taking advantage of their Ivy League privileges. However, when it comes to supporting and building those institutions that other long term families have built over hundreds of years, they do not seem to realize that a much larger group has been watching their manipulations for a great deal of time, and it is what Richard Nixon frequently said that the "Silent Majority" frequently knows more. CIO

Note: <888> 05/19/04 Wednesday 4:00 P.M.: I microwaved and ate a 12.5 ounce Stouffer's Lean Cuisine chicken with mushrooms dinner, which I had with a glass of iced tea. CIO

Note: <888> 05/19/04 Wednesday 3:05 P.M.: I went out after the last message, and I went by Putnam Trust Bank of New York on Mason Street. I then went by the Greenwich Hospital Thrift Shop. I bought a Mainstays decor three different types Liquid Soap Dispenser white color for \$7.50, a brushed brass parsons type light which swivels for \$5, and a white wicker two shelf rack for \$5 for \$17.50 total. I then went downtown, and I went by the Merry Go Round Mews thrift shop, and they also have lots of new merchandise like the Greenwich Hospital Thrift shop did. The volunteers were planting the garden at the Merry Go Round Mews retirement home. I next chatted briefly and walked briefly with a local downtown resident. I then walked up to the Greenwich Hardware store, and I bought a package of two 50 pound capacity OOK hooks with carbide nails for \$2.49 plus .15 tax for \$2.64 total. I then returned to the central downtown area, and I sat out for a while. I noticed they have done some nice gardening around the senior center with bushes planted behind the benches in front of the senior center. However, one has to be careful when sitting downtown around bushes in the summer, since sometimes they have wasps or other bugs in them. I also remember last summer about a half dozen people whom regularly sit in the Greenwich Common got Lyme Disease, and it is still very prevalent in this area, so when one is outside one should be careful about Deer Ticks. I next drove down by the waterfront. I left the May through October 2004 Greenwich Harbor tide charts at a former neighbor's mail box. I then went down by the water. There were no sea gulls around the pier, so I thought it might hold off from raining, because the sea gulls usually sit around the pier when it is raining. Still it looked like it was going to rain. I then returned home, and I brought up my purchases. I used the two 50 pound OOK hooks with carbide nails to hang the two shelf white wicker rack on the left side wall of the bathroom sink. I raised the Hummingbird print above it. I hung the parsons type brushed brass swivel lamp to the right of the orange and gold mirror on the wall to the right of the primary computer, so it hangs over the Epson printer. I have it extended straight out. I used two wall anchors to hang it. I took the 100 watt bulb out of it which is a fire hazard, since it would get very hot with brass, and I put in the used General Electric 25 watt frosted tubular bulb. It has a rheostat on the fixture switch, so one can lower the light intensity. It adds a bit of low lighting around my computer work area. Possibly one could put a 40 watt version of the same bulb in it, but I would not put any large wattage in it. The tubular shaped bulb keeps a distance from the brass shade, so it does not heat it up. I have 40 watt clear tubular bulbs, but they are for the parsons standing lamp next to the long green couch, and they are two long for the new fixture. The new fixture uses the same bulbs as the Rembrandt print of the Polish rider light fixture which can only use 25 watt frosted tubular bulbs. I hung the soap dispenser above the wall tile on the center rear of the bath tub shower area. It has pump action dispensers for three different types of liquid soap. I used the English labels from left to right for Shampoo, Conditioner, and Soap. I then filled the shampoo dispenser with European Mystique shampoo, the Conditioner dispenser with European Mystique conditioner, and the soap dispenser with Wal-Mart Equate antibacterial clear liquid soap. Thus I do not have the plastic shampoo bottles in the bath tub area anymore, but I left the soap dish with the bar of soap. The dispenser pumps are about six feet above the tub area, so any short individual would have to use the shampoo bottles in the wire rack to the right of the toilet. I primed the soap dispenser pumps by pushing them a few times, which one has to do when refilling them. They have window indicators to indicate when

they are low and need to be refilled. I left the new white wicker rack empty, since at the moment, I can think of anything to put in it. I showed the building custodian what I had done during the last few days. I washed the plate with the Great Seal of the United States of America that I have hanging on the bathroom wall on the upper right wall of the toilet at eye level, not out of disrespect, but it is a location that any guests will not miss it, and they will have time to contemplate it while using the facilities. I relaxed a bit trying to stay away, since I have been awake since 9 P.M. yesterday evening, and I have to be back on a daytime schedule, so I can make my 3 P.M. appointment tomorrow. CIO

Note: <888> 05/19/04 Wednesday 8:00 A.M.: I finished going through my email. I will now shut down the computer, and I will eat a piece of apple pie with iced tea. I will then go out on a rainy day. Rainy day blues for anyone just waking up. CIO

Note: <888> 05/19/04 Wednesday 7:50 A.M.: I chatted with a friend. I went outside, and I chatted with a neighbor. There is a new Chinese Office Suite in English and Japanese from <http://www.eioffice.com/> and <http://www.resii.com.tw/> and in English <http://www.evermoresw.com.cn/weben/index.jsp> and Japanese <http://www.eio.jp/>. They are suppose to offer competition to Microsoft. They certainly have a large market where they are coming from. Maybe Paul Allen should invest in a Kayak. CIO

Note: <888> 05/19/04 Wednesday 5:45 A.M.: Wharf rats beware <http://www.powerandmotoryacht.com/megayachts/0803top100/index1.html> and <http://www.powerandmotoryacht.com/megayachts/> and <http://www.powerandmotoryacht.com/>. However, I am not surf if the Viking Yacht is bigger or not, however if I am not mistaken, it is Norwegian owned, but it is in a different class, since it is a sailing racing yacht. I do know that I read that the Viking is bigger than the King of Saudi Arabia's Yacht which was bigger than the British Royal Family Yacht the Britannia, however when one gets into yachts of country's frequently their navies have specialized yachts that do not draw much attention since they do not travel far from their home ports. However, with the Yacht Viking, since it is a sailing racing yacht, it might not be able to fit into Long Island Sound, since frequently on a sailing racing yacht, the keel is as deep as the mast is high. I can not find reference to it on the internet at the moment. CIO

Note: <888> 05/19/04 Wednesday 5:30 A.M.: Another big boat story [The Seattle Times: Business & Technology: Paul Allen resurfaces in cable waters](#). CIO

Note: <888> 05/19/04 Wednesday 5:25 A.M.: Anyone know what time it is <http://direct.msn.com/>. CIO

Note: <888> 05/19/04 Wednesday 5:00 A.M.: [Greenwich Time - A taste of Balsamic Vinegar](#). CIO

Note: <888> 05/19/04 Wednesday 4:55 A.M.: I put away the ice tea in the refrigerator. I am now going through my email. CIO

Note: <888> 05/19/04 Wednesday 4:10 A.M.: I had not used my two free Juno email accounts in over two months, so I reactivated them by using them. I will have to remember to do that every two months or so. I do not have room for my Sterling PCI modem on my primary computer, since I am using the LAN card, PCI video card, Audio Card, and AGP video card, which uses up all my slots. However in an emergency if I needed to use Juno Free Dialup if the cable modem did not work, I have my U.S. Robotics External X2 modem hooked up to the serial port on the Dell backup computer. I also could hook it up to the serial port pass through device on the remote control mouse base with serial port pass through that I have hooked up to the serial port on my primary computer. I use the remote control mouse if I am using the TV out line on my AGP card to my television, which I can do, and I also have sound hooked up to the television. However, at the moment I have the Plantronics headset sound drivers loaded, but I can quickly change to the Creative MP3+ sound drivers in the Sounds and Audio Devices icons which would permit me to use the Andrea Electronics microphone and ear piece, the 10 computer speakers, or output to the stereo system or television, or headphones. However, recently I have not used those options since the computer speakers in my apartment along with my computer setup are in the southwest corner of the living room, and the computer speaker sounds would bother my neighbor downstairs, however I have the Plantronics headphone and microphone set to use, which are a good enough substitute. Since the layout in my apartment is the ideal layout, there is no point of even thinking about changing it. However, I will make a little room in the apartment during the second week of June, when some relatives pick up the day bed to take to a new guest room in another relative's house in Kennebunkport, Maine. I will then have room to move the long mahogany bureau and two Danish end tables in the living room to where the day bed is on the north wall, and then I will be able to pull the blue sofa another 2 feet further away from the long green sofa. I will put the brass and glass coffee table on top of the Danish desk in the bedroom in between the two sofas with the two brass and glass end tables on either end of the blue sofa. Whether I will have room for the French sitting chair at the apartment entrance is still open to conjecture. Still, it will make the living room seem larger. However, I still have the two backup computers on top of the brass and glass coffee table in the bedroom one of which is actually on top of the square Danish solid fruit wood table. Thus if I also use the square Danish fruit wood table in the living room, I would not have room for one or two of the backup computers, unless I figured out some way to make room for them on the Danish desk. Thus my apartment is like Rubik's Cube, and when one moves one item, one frequently has to move a lot more of other items. Also I have a lot of various items stored underneath the day bed such as an IBM selectric type writer, and a Panasonic word processing type writer, an old Bissell rug shampoo machine, some computer parts boxes, and who knows what else along with some cables. I put labels with scotch tape covering them on my Dell backup computer control panel for the switches for the modem, speakers, and hub. CIO

Note: <888> 05/19/04 Wednesday 2:25 A.M.: Generally when it warms up around here in Greenwich, Connecticut, I set my General Electric Profile 15,500 BTU air conditioner with remote control to 72 degrees Fahrenheit on low fan with no moving louvers and no exhaust vent. 72 degrees Fahrenheit is the median temperature here year round. Occasionally on warmer days, I turn it down to 70 degrees Fahrenheit, since during the

warmer months, the sun in the afternoon and evening hits my westerly facing windows. However, unfortunately during the colder months, that is not the case. I also have the General Electric maintenance contract paid up at about \$74 a year on my General Electric Profile 15,500 BTU air conditioner with remote control until September 11, 2004. I generally get it, since the unit cost close to \$600 four years ago and since it weighs 85 pounds, I would rather not have to move it or pay to have it serviced. Thus for now, we are fine as far as cooling, but I will have to pay around August for the service contract to be renewed. Of course having paid about \$225 on the service contract since I bought it, one could argue at today's cheaper prices for similar units, I would be able to buy a new one, but at least for another year or two, I will keep renewing it. My Sears unit that I had here the first 11 years only needed to be maintained once, but it was a chore carrying down to the car and taking it over to the Sears repair station in Stamford, Connecticut and back. Since I do not know anyone whom is willing to help me with heavy lifting, I now use my cart that I keep in the back of my car for heavier items. I suppose moving so much stuff over the years is why I needed the hernia operation a year ago. I just ate my usual salad www.geocities.com/mikelscott/salad.htm . I used about 18 sliced baby carrots instead of 8, since at the moment carrots are cheap. For the cheddar cheese portion, I used Kraft Cracker Barrel Vermont extra sharp cheddar cheese. I used all of the regular ingredients. I am getting low on Rosenberg Danish blue cheese, which I use a few crumbs of in the salad, because I think the mold is good for one. I will have to remember to buy some more in the future. Of course during the end of the month, with all the recent maintenance expenses, my budget is low. I also opened up the last 3 liter container of Bertolli Classico olive oil, which I transferred part of into two smaller containers for easier usage. I am now making up a fresh batch of www.geocities.com/mikelscott/icetea.htm . CIO

Note: <888> 05/19/04 Wednesday 12:45 A.M.: I put the recent computer receipts and order forms in the Christmas wrapping shipping package that I keep my computer receipts in, and I put it on the right side file holder on the Danish bedroom desk. I put the package of 16 Radio Shack wire connector nuts that I did not use in the top box on the right side floor of my hallway sweater closet. CIO

Note: <888> 05/19/04 Wednesday 12:35 A.M.: [Yahoo! News - NOAA Expects Above Normal 2004 Hurricane Season](#) . CIO

Note: <888> 05/19/04 Wednesday 12:35 A.M.: I just boiled some water in the General Electric microwave oven, and I left my two tooth brushes in the boiling water. I then put my three Water Pik tips in the boiling water along with my throw away razor. I then ran the boiled water through my Water Pik cleaning the inside of the three Water Pik tips and the inside of the Water Pik. I also put boiling water in my bathroom sink glass, and I cleaned it out along with the Water Pik water holder. Thus for now, they all should be a bit cleaner. The inside tubes of Water Pik devices tend to build up bacteria and mold, so it is a good idea to run boiling water through them every so often. CIO

Note: <888> 05/19/04 Wednesday 12:20 A.M.: Of course there is a cheaper way to improvise a germ eliminator, and that is if one boiled water in the microwave oven for tea

of coffee, one could dip one's tooth brush in to the boiling water before using it to make tea or coffee. CIO

Note: <888> 05/19/04 Wednesday 12:10 A.M.: I watched some television after the last message, and I did not fall sleep until 8 A.M. this morning. I ate a bowl of white corn chips before going to bed. I had a call from a friend about 10 A.M.. I was up at 4 P.M., and I ate breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I went back to bed until 9 P.M. I cleaned up, and I went out. I went by the Stop and Shop, and I bought buy one get one free of 16 ounce packages of baby carrots for \$1.99 both, a 10 ounce bag of fresh spinach for \$1.99, and a 10 ounce box of fresh mushrooms for \$2.29 for \$6.27 total. I then walked the entire length of Greenwich Avenue and the train station. I sat out at various locations. I next drove down by the waterfront. I noticed somebody fleeing the tropical storm season has parked a large boat at the <http://www.thedelamar.com/> . Unfortunately the Greenwich, Connecticut harbor is such a small harbor, that one can not moor the large boats that one is use to seeing down south. The ship Viking is suppose to be the largest private yacht in the world, but it will not fit into Greenwich Harbor. I am not sure if it would even fit into Long Island Sound. I noticed somebody from UST <http://www.ustinc.com/> in the Stop and Shop, and since they are a local company and one of the largest tax payers locally, I try to be curious to them. UST has its corporate headquarters across the street from the Greenwich Library, and a former neighbor of my family was Mrs. Peterson whose husband was president of United States Tobacco. It was her bequest of \$25 million dollars to the Greenwich Library that built the new Peterson Business and Music addition to the Greenwich Library, which is a great asset to the town. Also if one has tracked UST's stock performance <http://finance.yahoo.com/q?s=UST> and <http://finance.yahoo.com/q/bc?s=UST&t=5y&l=on&z=m&q=l&c=> , they have out performed the technology sector during the last 20.5 years I have been sitting across the street from them in the Greenwich Library. Thus they are a great asset to the community, and I think possibly they might expand their presence by buying the Levers Brother building next door, which will be vacated when they move to Trumbull, Connecticut. Since it is the nature of the tobacco and wine business, one is in relationships with individuals from warmers parts of the world, one more than likely sees individuals associated with UST during the routine of using the Greenwich Library. I also noticed this item <http://www.germterminator.com> on an infomercial this morning, and I will probably buy it next Christmas, since it looks like and interesting device when I have the funds. The infomercial on television says it is only \$20 but the web site says it is actually \$99.95, so they are actually practicing some deceptive advertising on television. Still it looks like a worth while device. However, one has to remember in the process of drinking water or using water to brush one's teeth, one is probably consuming germs from the water, since it is the nature of water that it is hard to keep germ free. I also noticed somebody from Korea bought my old web site domain mrscott.com . CIO

Note: <888> 05/18/04 Tuesday 2:55 A.M.: Well, I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 05/18/04 Tuesday 2:45 A.M.: Well, I spent \$72 with shipping for the 6,000 sheet remanufactured laser toner cartridge for my Minolta QMS PagePro 1250W laser printer from www.infinityimaging.com , \$12.11 for the parts from www.outletpc.com plus \$6.69 shipping, and the second half of the order from www.outletpc.com was \$61.03 plus \$9.92 shipping, the order from www.directron.com was \$17.93 and \$7.35 shipping, and the Antec 80mm SmartCool case fan from Staples was \$12.99 plus .78 tax, so for my current maintenance upgrade of my computer system and network, I spent for \$176.06 on parts plus \$23.96 UPS shipping, plus .78 tax for a grand total of \$200.80 plus a bit of web surfing looking for items and a bit of know how to install them and a bit of persistence to try to maintain my systems up to snuff. Thus life in the home computer world ain't cheap, but considering that I am paying \$46 a month for online cable modem service from www.optimum.net , I guess one has to do one's best to make ends meet. I do enjoy being online on the internet, and I enjoy writing my notes, so it keeps me busy. CIO

Note: <888> 05/18/04 Tuesday 2:00 A.M.: Since I bought the barebones Northgate Computer from www.accessmicro.com in December 2002 for \$320 plus about \$30 shipping which included the case, power supply, AMD Athlon XP 2000 processor and a 512 meg. 2100MHz memory chip, it only had a one year warranty, which means the warranty is no longer in effect, so I am not voiding the warranty by changing the parts. I have added the two 20 gigabyte hard drives, the two double round IDE cables, the, 58X CD player, 24X10X40X CR/RW player, Windows XP Professional Upgrade, a 256 meg. 2100 MHz memory chip, Creative Live MP3+ audio card, Mad Dog AGP 4X 64 meg. video card, Diamond Stealth 32 meg. PCI video card, LAN card plus all of the other accessories attached to it along with the parts that I just put into it, so it is a very good system, and I plan to keep it for a while. I have the five 233 Mhz to 366 MHz backup desktop computers, which I can use if the primary system ever fails. Around March 2003, I shipped the Barebones system without the parts back to Access Micro, when the system fail, and it has worked fine ever since. CIO

Note: <888> 05/18/04 Tuesday 1:10 A.M.: I finished going through my email. One of these days, I have to get around to reading all the printed periodical material that I have received, which is mostly on computers and technology. CIO

Note: <888> 05/18/04 Tuesday 12:50 A.M.: I did something I normally do not do this past evening, when I went to Staples in Old Greenwich. Instead of driving along Putnam Avenue, I drove from exit 2 to exit 5 to and from Staples on I-95. There was not too much traffic at 7 P.M., and I guess it is good for my Hyundai to go a little faster occasionally instead of local driving to clean out the spark plugs. I also still have to call the local Hyundai dealership to see if the previous owner obtained any extra warranty time on the car in the low horse power lawsuit that I received a settlement notice on, since instead of taking the \$150 shop credit or \$75 debit card, I think I would rather have the extra warranty time, if the previous owner had applied for it. I would imagine Hyundai would know about the warranty. I have a 5 year or 50,000 mile warranty, and I think the 5 year warranty is just about up, although the car only has 40,000 miles on it. In my apartment with the four port network hub in the bedroom and the eight port network hub in the living room, technically a larger group of people could be online in an

emergency situation, although it would be crowded providing we had cable modem and electricity service. Of course since I am mostly here by myself most of the time, it would seem a bit crowded, and also since I have many personal items lying around the apartment, I do not think I am planning to open the place up to the general public unless possibly in an emergency, since I would prefer not to have my apartment treated as a gift shop. CIO

Note: <888> 05/18/04 Tuesday 12:25 A.M.: I read reviews on the parts that I ordered and installed, and they seem to be top of the line parts. The system is definitely running quieter, and it seems to be running smoother and more responsive with a bit more speed. Possibly the old 250 watt power supply was not strong enough for my computer with all the additional parts and items in it. I am most pleased with its overall performance, and some of the benchmarks have gone up. I am in the process of going through my email. I put the old IDE ribbon in my Syntax motherboard box on the white bureau in the bedroom. Since I now have two rounded double IDE cables in the computer, there should be better ventilation around the hard drives. When installing the Arrow 500 watt power supply, I did not have to install the power supply to the case switch, since the case switch is connected to the motherboard, so I just plugged the power supply to the motherboard and the IDE devices and that was it. I am also running the Antec SmartCool fan off the power supply instead of the motherboard, except the white RPM? or temperature? wire is attached to the motherboard. CIO

Note: <888> 05/17/04 Monday 11:20 P.M.: [CNN.com - Above-normal hurricane season forecast - May 17, 2004](#) . CIO

Note: <888> 05/17/04 Monday 11:10 P.M.: I reheated in the microwave in microwave proof containers, the remaining half of the vermicelli and the remaining half of the Francesco Rinaldi no salt tomato sauce which I put a few tablespoons of grated parmesan cheese on, and I ate it all with a glass of ice tea. CIO

Note: <888> 05/17/04 Monday 10:30 P.M.: I reattached the Defcon loud siren security cable lock to the CPU case. I hope I never hear it, but I am sure my neighbors will. I hooked up the four port USB 1.0 hub to the back of the CPU on the last remaining of the four USB 1.0 ports on the back, and I put the USB 1.0 four port hub between the CPU and the right monitor stand, so it is next to the Andrea Electronic microphone I still have hooked up. I put the two 10 foot USB cables behind the four port USB hub. I still have the two USB 2.0 ports on the front of the computer, one of which I use for my Minolta QMS PagePro 1250W laser printer. I hooked up the 8 port Network Hub to the printer power supply switch on the Dell backup computer control panel. I used a 10 foot extension cord since the power supply is bulky to fit on to the control panel. I set the 8 port Nway Network Switching Hub on the top front of the Dell backup computer CPU. I connected it to the Siemens router with a 9 foot LAN cable. I connected to the eight port Nway Network Switching Hub a 10 foot and a 9 foot LAN cable, which I stored behind the sofa pillow. Thus with this setup, one would be able to run up to seven laptop computers if one had the enough long LAN cables, but it might be tricky stepping over the all the LAN cables. I can not afford wireless, and LAN cables are faster. I moved the

family picture from the Dell backup CPU to the window shelf. I put the ground strap back behind four port USB hub. I packaged up the old parts in the boxes that the new parts came with, and I also put the CPU thermal compound tube that I ordered in the box with the old CPU cooler. Since the old CPU cooler, Power Supply, and Case Fans are still good, in a failure of the new components, I would have back up parts, until I obtained new parts. I put the spare case screw lock and key and the other case screw lock key in a secure location. I also order a CPU switch and 10 feet of red wire and 8 feet of black wire that I have stored in the same shipping box. I put the shipping foam peanuts in a plastic bag in my bedroom window. I put the Intel CRN network card in the same shipping box with the wrapper for the new Antec SmartCool case fan. I put the shipping box with the various items on top of the clothes gift box on the left backup computer monitor on the bedroom side board. I opened up the box for the new laser cartridge to examine its contents, but I will not open the sealed laser cartridge packaging, until I need it. I put it on the floor to the left of the left mouse pad wooden support box which is underneath the dining room table. I put the shipping receipts in the blue and white bowl on the dining room table along with the battery receipt from RadioShack yesterday and the Staples receipt for the case fan. Thus the primary system has had it power supply, CPU cooler, and case fan replaced along with the rounded IDE cable for better ventilation. The 20 gigabyte C: drive on the primary computer is about two years old, and the 20 gigabyte D: drive is three years old, but it is never use except for backups. If one want to use the 8 port network hub, one would have to turn on the primary computer cable modem, Siemens router, and then the printer switch on the Dell backup computer control panel to turn on the 8 port network hub, and connect a laptop cable with one of the LAN cables available. Thus I have done some maintenance on the primary computer, which is about 18 months old, and I have the over all system set up to be more flexible with LAN and USB connections. Plus I have the new 6,000 sheet laser cartridge ready to install when I use up the starter cartridge in about 400 sheets at 1250 pages. CIO

Note: <888> 05/17/04 Monday 8:55 P.M.: I have the computer up and running with the new parts. I removed the old 250 watt power supply, and I installed the Arrow ATX 500 watt power supply. It was a mater of removing the old cables and installing the new cables in the same locations. The Arrow power supply has more connectors, since it is a more powerful power supply, and it also has dual fans for cooling. I then removed the memory, and I removed the old CPU cooler, and I installed Spire www.spire-coolers.com 5F271B1L3 FalconRock II CPU cooler. It came with the CPU thermal compound already on it. It was a straight forward procedure disconnecting the wire and replacing the wire. I had ordered a case fan, but the one that I ordered was a two wire fan, and I needed a three wire fan, so I did not use it. I disconnected the ribbon cable from the CD and CD/RW drives, and I replaced it with the rounded IDE cable with three connectors. I took out the LAN card, and I installed the Intel Pro/100 VE 10/100 Mbps CNR network card. I test the system with a spare power cable, and it turned on properly with the new power supply and CPU cooler working. I then put the cover on, and I reconnected it, and when I booted it, plug and play did not recognize the Intel CNR card. I downloaded on the backup computer the drivers for it, but the system did not still recognize the card, although it installed the drivers, but they did not work. I then decided since the old case fan was making noise to get another one. I found one on Staples web site. I shut down

the computer, and I drove over to Staples in Old Greenwich. I bought the Antec 80mm Smartcool case fan for \$12.99 since the web listed it as \$12.99 versus the store price of \$17.99 plus .78 tax for \$13.77 total. I then returned home. I uninstalled the Intel CNR network card driver. I then shut down the computer, and I detached the cables. I opened up the case, and I removed the old case fan which was noisy, and I installed the new case fan using the four pin cable to the power supply and one pin to control it off the motherboard. The Antec Smartcool fan has a temperature sensor, so it varies the case fan speed with the temperature. It has double ball bearings, since it is running off the power supply, it does not draw power from the mother board. It is a lot more quiet than the old case fan. I then took out the Intel CNR network card, and I installed the PCI network card. I then tested the system to make sure the fans worked. I then put the cover on it using one of the case cover lock screws. I then reattached the computer, and it is all working just fine and much quieter. I still have to hook up the Network 8 port hub and the four port USB hub, and straighten up the work area, but it seems to have been a successful maintenance upgrade without any problems. CIO

Note: <888> 05/17/04 Monday 4:35 P.M.: I opened up all three boxes, and all of the parts that I ordered arrived. I will now shut down the computer, and I will disconnect it from its wires, and I will open it up, and I will install the new parts. This should take about one to two hours. CIO

Note: <888> 05/17/04 Monday 4:20 P.M.: I was up at 2:30 P.M.. I ate breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I went outside and waited for UPS www.ups.com, and I chatted with some neighbors. The three UPS packages arrived at 4:04 P.M.. I will now open up the boxes to check their contents. CIO

Note: <888> 05/17/04 Monday 11:20 A.M.: After the last message, I ate two bowls of white corn chips, and then I went to sleep. I had two crank fax calls. All three packages are out for delivery according to UPS tracking as of 7:58 A.M.. I picked up my mail downstairs. I will continue to rest. CIO

Note: <888> 05/17/04 Monday 5:35 A.M.: I did some regular internet work. I checked outside briefly, and I threw out some garbage. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 05/17/04 Monday 5:00 A.M.: I ran RegClean, Ad-aware 6.0, Spybot, and Norton Win Doctor. CIO

Note: <888> 05/17/04 Monday 4:35 A.M.: I installed the update for Real Player 10 Basic. I configured it and installed its updates. CIO

Note: <888> 05/17/04 Monday 4:00 A.M.: I printed out five sheets of laser paper with Microsoft Office Word 2003 Avery #5371 business card format, and then I cut each sheet of ten calling cards with a pair of large scissors, and I now have 50 more calling cards. I put half in my wallet, and I kept half for future use. The second 1.3 pound UPS package

from www.directron.com shipped from Stafford, Texas arrived at Norwalk, Connecticut at 3:07 A.M. this morning, so I guess I will receive all three packages today. CIO

Note: <888> 05/17/04 Monday 3:05 A.M.: I switched my Logitech cordless mouse from Mouse Channel 2 to Mouse Channel 1, which seems a bit more responsive. CIO

Note: <888> 05/17/04 Monday 3:00 A.M.: I went through my email. CIO

Note: <888> 05/17/04 Monday 2:55 A.M.: Pollen forecast weather.com - Allergies Forecasts Greenwich, Connecticut 06830 . CIO

Note: <888> 05/17/04 Monday 2:25 A.M.: I boiled about a gallon of water in a six quart Revere pot with the lid on, and I added a teaspoon of olive oil and a half teaspoon of low sodium salt, and one it started boiling, I removed the lid, and I added a 16 ounce box of Stop and Shop vermicelli, which I am boiling for six minutes. I will reheat in the General Electric microwave in a microwave proof container with lid, a half of a 26 ounce jar of Francesco Rinaldi no salt traditional tomato sauce, and I will put it one half of the vermicelli with several tablespoons of grated parmesan cheese, and I will have it for dinner with a glass of iced tea. I will refrigerate the other half of the vermicelli in a Rubbermaid container along with the remaining half of the jar of tomato sauce. CIO

Note: <888> 05/17/04 Monday 2:00 A.M.: The seven pound UPS package coming from www.outletpc.com from Las Vegas, Nevada arrived at Norwalk, CT. at 1:18 A.M. this morning, the 1.3 pound package coming from www.directron.com from Stafford, TX. left Chelmsford, Mass. at 11:42 P.M. this past evening, I assumed destined for Norwalk, Ct., and two pound package from [Infinity Remanufactured Toner Cartridges](#) with the laser cartridge shipped from Chantilly, VA. arrived at Norwalk, Ct, on May 15 at 3 A.M., so it looks like possibly all three packages might be delivered later on today. CIO

Note: <888> 05/17/04 Monday 1:55 A.M.: A couple of weeks ago, I replaced the little LCD clock that I used to keep on my car dash board that did not work in the heat with the Quartz moving hands clock that I keep on the right map pocket of my passenger side door, since it works in the heat that builds u in the car in the summer. I had put the LCD clock on my refrigerator door, but it fell off tonight because the Velcro glue would not adhere to the refrigerator door. When one presses it to adhere to the Velcro, it also causes the disk lithium battery to depress the electrical contact too far, so it does not work. I raised the contact, and I took the Velcro off, and I used its little wire stand, and I put it on the top side of my left primary computer monitor to easily see the time. I also reset it. I then took off the school magnetic labels and other magnetic labels from the refrigerator door, and I removed the duct tape that held on the horse calendar hook. I put the labels in my center top desk drawer. I rehung the horse calendar with one of the magnetic hooks from the wire rack to the right side of the apartment entrance door. I took one of the three boxes of "As Seen on TV Orange Eliminator" cleaner from underneath the bathroom sink. I bought them for 75% off from CVS for \$2.50 each last fall. I opened up the spray bottle of orange glo cleaner. I used some Ronson lighter fluid to clean off the duct tape glue from the refrigerator and other heavy stains. I then used

the Orange Glo cleaner to clean the front and the side and the edges of the White Westinghouse refrigerator and the bottom shelf. I also cleaned the rubber lining. It looks much better clean without all the labels and other items stuck to it. I left the Connecticut Poison Control Center number 1-800-272-3433 sticker attached to the freezer door, and I use two of the magnetic hooks to rehang the two Williamsburg blue pot holders on the refrigerator door. I also cleaned the wall to the right of the refrigerator. Thus it looks a lot whiter, better and neater. CIO

Note: <888> 05/17/04 Monday 12:40 A.M.: I was just look at an old link that did not work, and it refers to <http://www.csit.fsu.edu/> and it refers to <http://www.csit.fsu.edu/HHP/>, so I guess I might have been around Howard Hughes people when I saw a lot of TWA people and Howard Hughes medical people in Fort Lauderdale, Florida back in the fall of 1976. In the field of science as well as aviation, Howard Hughes people keep popping up all the time, frequently when it is warm down south. I also noticed this evening at the First United Methodist church across from the YMCA, they have a summer bible study program this June called "Lava, Lava", but I do not know if it has anything to do with travel to volcanoes or other tropical locations or why they are using the term. I recall once being told that Howard Hughes' family attended an established Episcopal Church in Houston, Texas, but we all know from the press that Howard was surrounded by the Mormons, since he thought they were more conservative. Whatever, the case, I am sure the Hughes legacy lives on in terms of different ventures around the world, but I am still not going to subscribe to DirecTV ADSL, just so I can run a server. CIO

Note: <888> 05/17/04 Monday 12:30 A.M.: I went out after the last message. I drove down by the waterfront, and I observed the western sky, and there is what looks like a bright star in the western sky gradually descending that I think is the Comet Neat. One can not see its tail, since there is so much extra light in the New York City area. I then went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I then drove back down by the waterfront. I then returned home. On the way home, I noticed there is a yellow Connecticut Light and Power www.cl-p.com truck working on the underground cables across from the Splash car wash, which I suppose is what caused the power failure earlier today. Since they are working on the electric power in this area, one should save one's computer work more frequently in case there is a power interruption again, and anyone running servers might have to reset them. I replaced the Polaroid 40 watt bulb in the left parsons lamp above the day bed with the same bulb, since it had burned out. I some times use lower wattage bulbs in those areas where one might focus, so the bulb wattage is not too bright. There is no more new activity on the www.ups.com tracking activity on my three shipments. From past experience, UPS usually starts back up to work at midnight between Sunday and Monday. Hopefully the three packages will arrive today. I will be resting this afternoon waiting for them to arrive. CIO

Note: <888> 05/16/04 Sunday 9:35 P.M.: There is no new activity on www.ups.com tracking on the three packages scheduled for delivery for tomorrow. I will now shut down the computer, and I will clean up, and I will go out. CIO

Note: <888> 05/16/04 Sunday 9:25 P.M.: I chatted with a relative. I will now take the batteries out of the charger. CIO

Note: <888> 05/16/04 Sunday 9:10 P.M.: It is suppose to be clear tonight, so maybe one will be able to see the comet Neat high in the western sky at this moment. CIO

Note: <888> 05/16/04 Sunday 9:05 P.M.: I was up at 7:30 P.M., and I had to reset some clocks and turn the air conditioner back on since the electricity power had gone off for a short while. I had breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I will take the RadioShack Nickel Metal Hydride Rechargeable AA batteries out of the Radio Shack charger at 9:30 P.M., when they are fully charged. I will put them back in their packaging and leave them on top of the TEAC DVD player next to the charger to have available for use. I will switch back the RadioShack charger setting from Nickel Metal Hydride to Nickel Cadmium to have available for use in charging my AAA Nickel Cadmium batteries when I use them with the Emerson wireless headphones. CIO

Note: <888> 05/16/04 Sunday 11:45 A.M.: I went out after the last message. I chatted with a neighbor, and while I was chatting my allergies bothered me, so I went upstairs, and I took a Benadryl <http://www.benadryl.com/>. I went by the Exxon gasoline station next to the Greenwich Library, and I bought \$5.25 of regular unleaded gasoline at \$2.259 a gallon for about 35 miles per gallon usage. I probably was not able to fill the tank all the way up, since I was at the second self service pump, which is on more of an incline, so I got better gasoline mileage, which means next time, I fill up at the first pump, I will probably get less gasoline mileage. I then went downtown, and I chatted a bit with some waterfront observers down by the waterfront. I was suspicious about the weather, whether it would rain or not. I then went downtown, and I started to walk the length of Greenwich Avenue, but my arthritis was bothering me, so I cut short my walk, and I only walked about a block. I next went by the ATM machine at Putnam Trust Bank of New York on Mason Street. I then drove over to Radio Shack in Cos Cob, and I waited a half hour for the store to open at 10 A.M.. I bought a four pack of RadioShack www.radioshack.com Nickel Metal Hydride Rechargeable batteries 2000mAh 23-528 for \$19.99 and a package of RadioShack 16 count assortment of wire connectors 64-3507 for \$1.69 plus \$1.30 tax for \$22.98 total. I then returned back downtown, and I sat out for a while. I then returned home. I next changed my RadioShack battery charger from Nickel Cadmium to Nickel Metal Hydride, and I am charging the four batteries I just bought at Radio Shack. Apparently Nickel Cadmium occasionally have memory loss, and the need to be fully recharged when they are not fully discharged. However, Nickel Metal Hydride need to be fully discharged before recharging. I have four Radio Shack Nickel Cadmium AAA batteries that I use with my Emerson Wireless headphones. I set my bedroom alarm clock to go off at 9 P.M. to indicate that the batteries are fully charged. I had a former neighbor call from down by the waterfront who wants a copy of the next six months of tide charts <http://www.maineharbors.com/ct/tidectw.htm>, so I printed out a copy, and I will keep them in my car with my copy, and I will give them to him when I see him next. I will now eat a piece of apple pie and drink some iced tea. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 05/16/04 Sunday 7:10 A.M.: I will now shut down the computer, and I will clean up, and I will go out. CIO

Note: <888> 05/16/04 Sunday 6:45 A.M.: I am microwaving a Stouffer's Lean Cuisine 13 ounce glazed chicken dinner, which I eat with a glass of iced tea. CIO

Note: <888> 05/16/04 Sunday 6:20 A.M.: I checked the weather outside, and it seems to have cleared up. The LCD screen on the Sony AM/FM Walkman went blank after a while, when I removed the new AA alkaline batteries, and I reinstalled the batteries, and it now works just fine. I set the five channel presets to some radio station that I occasionally listen to. I bought it at the Greenwich Hospital Thrift shop for a dollar about a year ago. CIO

Note: <888> 05/16/04 Sunday 5:50 A.M.: The power just blinked for a fraction of a second. I took the two AA alkaline batteries out of the Sony Walkman AM/FM radio, and maybe once the power on the LCD screen runs down, it will reset itself. I will wait a few days to see if that happens. When I used to practice with a bull whip in Decatur, Alabama when we lived there from 1956 to 1961, I did it for a certain reason. As I recall I use to carry it with me, when I went bird watching. We lived in a four bedroom brick house at 1920 Stratford Road in Decatur, Alabama, and frequently, I would walk north on Stratford Road to then end of the road past all of our neighbors. I would then cross through some barbed wire fencing, and then after a bit of a hike on a dirt road, I would walk through a cattle grazing area, I think owned by the Wolverine company which was also in Decatur to the south shore of the Tennessee River. I would do a lot of bird watching and reptile watching along the shore of the Tennessee River, since I had done it down in Florida earlier in my youth when I encountered alligators. I do not recall seeing alligators in the Tennessee River, it was mostly tad poles and minnows. However, in the cub scouts we were taught the local nature, so I would keep a keen eye out for rattle snakes, water moccasins, and copper head snakes which were prevalent in the local area. Since we would be venturing into marsh land areas, one would have to be careful. Since the cattle when we walked through the pasture would occasionally chase me, I found the bull whip handy in case any of them tried to bother me. I recall on the Wolverine picnic grounds, they had a coca cola vending machine which we were always trying to figure out how to get free cokes out of. Also in the fall since we were in the Tennessee flyway which is a large bird migration path in the country on different days there would be different flocks of birds, and on some days there would be what seemed to be millions of starlings, and other days the skies would be covered with Canadian Geese. We also would see lots of wood peckers, king fishers, cardinals, and many other migratory birds. Since there were a lot of hunters in the area, other areas were set off for game bird hunting, and once my father broke his leg while goose hunting in climbing a barbed wire fence. He had a compound fracture, and it took him about six months to recover, when he was able to resume water skiing on the Tennessee River, which he enjoyed doing. CIO

Note: <888> 05/16/04 Sunday 5:25 A.M.: I finished going through my email. CIO

Note: <888> 05/16/04 Sunday 4:25 A.M.: I found my Sony AM/FM walkman which had fallen down on the floor behind the Queen Anne chair when I was rearranging some video tapes that it sat on. It needed new AA alkaline batteries which I put in it. The radio part worked just fine, but while I was pressing different buttons to try to set a preset, the radio part froze up on 1060 KHz, and it no longer responds to pressing the buttons. However, the tape feature works just fine. I put it on the wire rack with my other radios by the apartment entrance door. CIO

Note: <888> 05/16/04 Sunday 3:30 A.M.: When we moved up north from Pensacola, Florida in 1956 to Decatur, Alabama, when my father was transferred to the Chemstrand Acrilan plant, where he eventually became plant manager, we would make regular trips down to Pensacola, Florida on the company DC3 plane sometimes accompanied by lots of Japanese business associates whom worked for Mitsubishi textiles in Japan which Chemstrand had business relationships with. I think my father traveled also frequently in that time to the United Kingdom, since during that time, the British made textile looms and needles and other textile manufacturing equipment. I recall back around 1957, my father visited Mexico, and he gave me a Mexican bull whip when he returned which I was quite expert at using as a youngster. I would frequently sit out in the driveway in the afternoon practicing using the Bull Whip. Alas after we moved to Greenwich, Connecticut it finally wore out and broke. I recall back in 1965, when we were suppose to be transferred to 1765 Paso Del La Reforma in Mexico City, Mexico where my father was to run a Monsanto manufacturing facility, my father visited Mexico a number of times on that business deal, but it fell through when the Mexican government wanted to own 50% of the operation. I recall when he returned from one trip, he gave me a Mexican guitar, which I never learned how to play. Since that was about the time, I was graduating from Greenwich Country Day, a great many of my classmates thought that I had moved to Mexico City, when indeed, all we did was sell our house in Greenwich, and we moved to New Canaan, Connecticut where the mayor of Mexico City also owned a house. The current president of Mexico is named Fox, and it is rather curious that our neighbors across the street from our last house in Greenwich, Connecticut on Cornelia Drive were also named Fox, and the widow that lived in the house with her son had worked for Time magazine. I recall we sold the house on Cornelia Drive around 1976 for not very much money by today's standard. Thus as a long term Connecticut resident, I have enjoyed seeing other groups of people whom are affiliated with the various corporate activities as they relate to this area. However, I do not speak or write Spanish, so I do not know frequently what they are up to or talking about. Supposedly 12 families own most of the country of Mexico, and former Connecticut Governor Lowell Weicker is related to one of those families. When I use to stay at Fred's apartment in Manhattan from 1973 to 1975 <http://www.geocities.com/mikelscott/fred.htm> , he use to get duty free liquor from the New York City Mexican consulate which he served at parties. Since Fred also spoke Spanish, and since he had lived with the Saltonstall family when they were Nixon's ambassador to Spain, and since he had been in Key West, Florida before I met him in October 1976, he obviously had other Spanish connections. Also since our mutual friend Jim Eldert from Syracuse, New York also spoke Spanish, the two of them seemed to know about what was going on as far as the Spanish, when I was left communicating in English my native language. Thus having been to Spain, I know it is an Old World

country, and since Prince Felipe of Spain <http://theinternetforum.co.uk/rf/felipe1.php> is getting married on May 22, 2004 <http://www.royalty.nu/Europe/Spain/>, more than likely most of the same guests that were at Prince Frederick of Denmark's wedding will also be sticking around Europe for the Spanish royal wedding. Thus the first lesson that one learns in travel and tourism, is that when one group takes off traveling abroad, frequently another group comes back our way. CIO

Note: <888> 05/16/04 Sunday 2:50 A.M.: I get Jeb Bush's email from Florida every week [Governor Jeb Bush's - In The News](#), and this week it says it costs the state of Florida \$17,286 for the State of Florida to keep each prisoner in jail for a year, so they are looking for cheaper social alternatives. I use to tell people that back in 1976 when I was down in Florida that it costs more to keep people in jail than to send them to college. One has to realize that when I lived in Florida from 1954 - 1956, we were probably middle to upper middle class, since my father was the assistant plant manager for the Chemstrand Nylon plant in Pensacola, Florida, which at the time if I am not mistaken was one of the larger employers in the state of Florida. They employed a lot of women, while their husbands were away in the U.S. Navy. When I went down to Florida in September 1976 on my own trying to blend end to find out what Florida was really like off the beaten tourist track, I discovered it still is a southern state with many rural poor people just making ends meet. Thus once one gets away from the tourist beach strips on the sun coast, a prosperous person might be like a Texan wearing a straw cowboy hat driving a pickup truck, since more than likely the people whom own the land in Florida which is also a ranching and agricultural state would tend to be country folk and would have some economic prosperity. However, since I already knew how to pick oranges, I was not inclined to go into the business, since according to the New Yorker magazine last July 2003, immigrants in Florida are paid \$40 a day for picking eight tons of oranges, and most of that money is spent in the migrant labor camps for subsistence needs. Thus although we get cheap fresh orange juice up here in Greenwich, Connecticut, it is off the sweat of the backs of poor illegal immigrants whom live in virtual slavery in the migrant camps. They usually go back home after a year or two, and it is a group of people whom the tourists in Florida rarely see. Since a classmate at the Taft School in Watertown, Connecticut use to boast that his father was the head attorney for the Florida Citrus growers association, I suppose they have a separate pecking order down in Florida, and locally since the company headquarters are nearby for PepsiCo <http://www.pepsico.com/> which owns Tropicana orange juice along with other items we consume for breakfast such as Quaker Oats, there is a bit of local influence in terms of the orange groves down in Florida, however it is my personal point of view that the Gators still control the swamps, and we are all just temporary visitors. CIO

Note: <888> 05/16/04 Sunday 2:30 A.M.: I received a message in Dutch about this Dutch web design ezine <http://www.smallzine.nl/>, since I am half Dutch but I do not read or speak Dutch, I can not make hide nor hair of it. However, knowing the Dutch are cleaver in Art and Design, if one knows Dutch, I am sure it is an interesting Ezine. CIO

Note: <888> 05/16/04 Sunday 2:15 A.M.: I woke up from a clap of thunder about 1:45 A.M.. I watched some television. I ate a piece of apple pie with iced tea. CIO

Note: <888> 05/15/04 Saturday 9:55 P.M.: I just got a tired spell, which I tend to do with my low blood pressure just before it rains. I will now shut down the computer, and I will take a nap. It will probably rain while, I am resting. There is rain in the forecast from now through tomorrow. CIO

Note: <888> 05/15/04 Saturday 9:30 P.M.: I made up a fresh batch of homemade hummus www.geocities.com/mikelscott/hummus.htm . I used a 6.5 ounce dry weight of California black olives along with all of the other regular ingredients. I then made my usual salad www.geocities.com/mikelscott/salad.htm . For the cheddar cheese portion, I used Stop and Shop white cheddar cheese. I had the salad with iced tea. I threw out the garbage. Thunder storms are supposedly coming into this area. There is a lot of lightning, but it is not producing thunder yet, so it is a ways off. If the thunder storms come closer and yield more lightning, I will shut down the computer. CIO

Note: <888> 05/15/04 Saturday 8:00 P.M.: For accurate weather information down by the waterfront in Greenwich, Ct, try [Indian Harbor Yacht Club, Greenwich, Connecticut 06830 U.S.A. Real-Time Weather](http://www.inharc.org/) . Of course this time of year, there might be sailors on the waterfront whom do not have the internet on their pleasure crafts. CIO

Note: <888> 05/15/04 Saturday 7:45 P.M.: Of course I happen to know a little bit about steam locomotives powered by coal, since my paternal grandfather operated one for 50 years on the Illinois Central railroad for 20 years as a fireman and 30 years as a locomotive engineer. If I am not mistaken the Pullman cars had steam heat and the freight trains which had a caboose at the end of the train used a coal stove, since they would not have heated the freight cars with steam. Thus I call the Hartwick Radio Company stove a caboose stove which they would have used anywhere where coal was plentiful. The Hartwick Radio Company was located in Tennessee, so they must have coal down there besides all the cheap electricity from the Tennessee Valley Authority <http://www.tva.gov/> hydroelectric dams, however at the moment Henry Ford is not transferring me to Muscle Shoals, Alabama, so I can take advantage of cheaper electricity. CIO

Note: <888> 05/15/04 Saturday 7:25 P.M.: I noticed at Home Depot in Port Chester, New York last night that they have 10,000 BTU 115 volt Maytag www.maytag.com air conditioners for about \$239, 15,000 BTU 115 volt Maytag air conditioners for \$359, and a 25,000 BTU Maytag air conditioner with 220 volts for around \$500. I can not recall the exact prices, but those are close. I also noticed they have a pickup truck that they rent there. Of course for the best air conditioning units that money can buy besides central air conditioning Friedrich air conditioning units <http://www.friedrich.com/> are generally considered the best. A friend <http://www.geocities.com/mikelscott/fred.htm> whose apartment in Manhattan I use to use during the winters of 1973 to 1975 which were cold during the oil embargo kept his Friedrich air conditioner going all winter during those winters, so I generally assumed he was a cold weather person. He also knew Carol Maytag. When I first moved here over 15 years ago, I bought a coal stove for \$50 at a tag sale on Mayfair lane here in Greenwich, where my friend's partner lived. The coal stove was in near like new condition besides the broken fire grate since somebody had

tried to burn wood in it. It was basically an old railroad caboose stove. It was manufactured by the Hartwick Radio company which was since acquired by Maytag. The president of Maytag bought the coal stove from a friend of mine in exchange for three Maytag refrigerators, three washers, and three dryers. It is suppose to be in the president of Maytag's office. My friend gave me a \$100 for it, which I used to buy my Phillips 5 disk CD player. All of the pieces of the fire grate were there, so a person with a foundry would have been able to cast a new one. I thought since we have so much coal in this country that they could actually reproduce the old Hartwick Radio company coal stove. I suppose in the days of Eleanor Roosevelt traveling around the country by rail and visiting coal mines, she probably warmed herself in the Pullman car near a similar coal stove. Thus any of us could consider ourselves the Maytag repair man. CIO

Note: <888> 05/15/04 Saturday 6:55 P.M.: The night light in the bathroom that always stays on burned out, so I had extra Christmas tree type bulbs, so I put a red bulb in the night light, which casts a red light. I also have a night light in the kitchen that goes on and off in the dark, and I keep the Sylvania long life tubular bulb on all the time in the book light on top of the center hallway bookcase. It is still 84 degrees Fahrenheit outside, so I am staying inside by the air conditioner. I have told several people this week that if one does not want to feel the summer heat when it arrives, one can keep chilled tomato juice in the refrigerator and in a 6 to 8 ounce glass of chilled tomato juice one can add about 1/8th of a teaspoon of India hot curry, and the curry helps one not to feel the heat. Of course it is the nature of my apartment which some refer to as the Lincoln sitting room because of the picture of Abraham Lincoln that in Illinois it tends to be colder most of the time. Generally in Illinois there is 10 months of winter and only about two months of summer, so once it warms up in Illinois people start to feel the heat more intensely. I recall one summer in Illinois after I graduated from Lake Forest College www.lfc.edu in 1972 when I returned from Greece, a group of friends and myself went up to the thousand islands north of Sault St. Marie, and each family had a private cabin on a separate island, and we were attending a wedding where the church was on a separate island, and I was suppose to be the photographer. At the last minute, I was told not to take pictures because Howard Hughes was attending the wedding, so I kept a keen eye on the guests to try to figure out which person was Howard Hughes. I recall seeing quite a few tall people since Midwestern people tend to be taller, and possibly one of the guests was indeed Howard Hughes, since he was 6 foot 4 inches tall. Alas I was not in very good shape for taking pictures, since the island cabin we were staying in had an earthen ware crock of about five gallons inserted in a water cooler type stand containing Corby's whisky which friends tell me stands for Canadian boot leg whisky. Although we were there in July 1972, when it was about 50 degrees Fahrenheit in the day time and would go down to 20 degrees Fahrenheit at night, I suppose in the winter when it goes down to minus 80 degrees below zero Fahrenheit they might need the Canadian whisky. However, the cabins we used were not winterized, so I doubt if they were used in the winter except by bears. However, a great many prominent Chicago, Illinois families had cabins in the thousand islands which are the group of islands that lie between Lake Superior and Lake Michigan. I recall we arrived on Canadian Dominion Day, so we could not buy liquor, and the next day was Sunday, so we could not buy liquor, and the following day was the Fourth of July, so we could not buy liquor, so we were left to drinking the Corby's

whisky. Up in the Berkshire Mountains, they have the local Tanglewood music event in the summer and nearby Greenwich at Caramoor in Katonah, New York, they have a similar summer music event, and on the north shore of Chicago, they have the Ravenswood music event in the summer. Locally here in Greenwich, Connecticut, we also have music events in Roger Sherman Baldwin park down by the waterfront in the summer. One of my roommates in college knew the head of the Chicago Chamber Music ensemble. CIO

Note: <888> 05/15/04 Saturday 6:25 P.M.: I had a telephone call from Microsoft on Thursday about a TS2 [Connect with Microsoft](#) conference on Tuesday May 18, 2004 from 1 P.M. to 5 P.M. at the Trumbull Marriott Merritt Parkway, 180 Hawley Lane, Trumbull, Connecticut 06611 [Connect with Microsoft](#) or call 1-877-359-5901 . There are certain restrictions such as one has to be employed as a technology provider, and those attending will be receiving a DVD disk with conference information, and a certificate. The last TS2 conference I attended in February 2004, the certificate was good for Microsoft software including Microsoft Office 2003. I guess Microsoft qualifies me as an attendee, since they keep inviting me, and also a relative is a stockholder in Microsoft. I will not be attending the event, however since I attended the same event in February 2004. CIO

Note: <888> 05/15/04 Saturday 6:05 P.M.: Well, there is no news on my three UPS [www.ups.com](#) shipments, so I guess all three shipments are still scheduled for delivery on Monday. I guess I will be staying in on Monday until they arrive, and I will then install the parts and accessories. Usually UPS arrives in the afternoon on weekdays. CIO

Note: <888> 05/15/04 Saturday 6:00 P.M.: I chatted with a friend. The small mahogany shelf that I took down from the wall behind the apartment entrance door to the right, I put on top of the left hallway bookcase. I hung the hat rack above the inside door way of the bedroom door which does not close because of the large mirror that I have hung on the door making the entrance appear wider. I hung six of my baseball style hats on the hat rack. One has to be taller to reach them. I took the oval picture of Abraham Lincoln from above the bookcase in the kitchen entrance, and I hung it to the left of the right parsons lamp above the day bed. I moved the oil painting of white flowers in gilt frame by Lisa Polemus from there, and I hung it to the right of the left sconce above the day bed to the left of the large mirror. I took the 15 inch by 30 inch mahogany mirror with curved top from the left side wall at the bathroom entrance, and I hung it above the cupboard blue bookcase on the left wall of the kitchen entrance. I took the 24 inch by 30 inch mirror from the floor by the bedroom door, and I hung it on the left side wall at the bathroom entrance. CIO

Note: <888> 05/15/04 Saturday 4:45 P.M.: I did not fall asleep until 8 P.M. this morning. I finished off the bag of Snyder's white corn chips. I woke up at 3 P.M., and I had breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I went outside briefly, and it is currently 84 degrees Fahrenheit [weather.com - Local Weather Page Greenwich, CT. 06830](#) . Since it is warm outside, I will stay by the air conditioner which I have set at 70 degrees Fahrenheit, and it is about

74 degrees Fahrenheit in the apartment presently. I will now print out the tide charts for Greenwich, Connecticut for the next six months

<http://www.maineharbors.com/ct/tidectw.htm> . I will put one copy on the back seat of my Hyundai, and I will give another copy to a neighbor. CIO

Note: <888> 05/15/04 Saturday 4:20 A.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 05/15/04 Saturday 4:10 A.M.: I tried sending the email to the one AOL user without different URLs, but it kept bouncing back from AOL, I just sent it without any URLs, so hopefully it will go through. I am not sure what the offending URL was. CIO

Note: <888> 05/15/04 Saturday 3:00 A.M.: One of my emails was bounced back by AOL because supposedly one of my URLs in the text of the message has generated a high volume of complaints. I wonder which URL it was. This evening when I installed the wire racks, I moved the flight bags which use to hang on the hat rack on the wall by the apartment door to the left living room closet floor on top of the shoes. I have a vintage Gucci flight bag, a Air Canada flight bag, a vintage KLM flight bag, and a vintage Pan Am flight bag. I microwaved a 10.5 ounce Stouffer's chicken pot pie, which I will eat in a few minutes with a glass of iced tea. CIO

End of Scott's Notes week of 05/15/04:

Note: <888> 05/15/04 Saturday 2:00 A.M.: I went out after the last message. I walked the entire length of Greenwich Avenue, and I sat out at various locations. A discothèque party was just getting over at Richard's and the Blue Cafe was busy, however they had Railroad Avenue blocked off for repairing a water main break. After my walk, I drove down by the waterfront. I then returned home. I move the quart cans of old tomato juice that I use for removing skunk odor should the need arrive. I put them on the lower side of the rack behind the apartment door. I move the three rechargeable seltzer bottles from the Danish bar, and I put them on the bedroom wire rack, with the various coffee cups and coffee cup tree I had on the Danish bar. I also put the Queen Elizabeth II whisky jug, the cut glass water bottle, and the empty Dom Perigon bottle on the wire rack in the bedroom. I also put the seltzer bottle CO2 cartridges on the wire rack in the bedroom. I also took the 12 bottles from the variety pack of Kennebunkport, Maine shipyard ale, and I moved them on the wire rack in the bedroom. They are about two years old, and they were refrigerated for the first year, and for the last year, they have been resting underneath the French sitting chair at the apartment entrance. Thus the bedroom wire rack is filled up, except for a space where the light switch is. I left the two brass hooks on the same wall as the wire rack, since they are attached by toggle bolts, and I did not feel like loosing the toggles. Also when I parked downtown this evening, my odometer turned to 40,000 miles on my 1999 Hyundai Accent two door hatchback. Since I bought it with 31,800 miles around September 1, 2002, I have driven around 8,200 miles in 21 month, or about 390 miles average driving a month, which includes two round trips to Kennebunkport, Maine last summer. I also moved some small items off the dining room

table, and I reorganized the bookcase pantry shelf at the kitchen entrance. It now has a bit more room, and there are no boxes, cans, or bags on the kitchen floor. I left the two big white 16 ounce coffee cups with saucers in the bookcase. Thus there is a cleared off area on the Danish bar too, and I put one of the flashlights back on it for easy retrieving. I have a several year old bottle of Keoem sparkling Concorde grape juice on the wire rack in the bedroom. I also have two packages of three .75 liter bottles of Perrier 2000 underneath the French sitting chair and four packages of three .75 liter packs of Perrier 2000 in between the two levels of the Danish bar and three single .75 liter bottles of Perrier on the wire rack in the bedroom and three chilled .75 liter bottles in the refrigerator for a grand total of 24 .75 liter bottles of Perrier in the apartment. They are all from the Perrier 2000 vintage, but only 18 are still in their three bottle Perrier 2000 packaging. Of course since Perrier www.perrier.com is over a billion year old bubbling spring water, it never really goes out of date. According to UPS tracking www.ups.com the 7 pound package left Secaucus, New Jersey at 12:04 A.M. this morning, the laser cartridge departed Shrewsbury, Mass. this past evening at 11:13 P.M., and the 1.3 pound package is still in Chelmsford, Mass.. I will now send out my weekly notes.

Note: <888> 05/14/04 Friday 10:40 P.M.: I went out after the last message, and I drove over to Home Depot in Port Chester, New York. I bought two Closetmaid Eight-Tier Wire Racks 72" high by 18 7/8" wide X 5" deep ClosetMaid - LAUNDRY 8 Tier Wire Rack for \$28.78 each plus \$4.32 tax for \$61.88 total. I used my debit card to purchase them at the self check out counter, since there was a line at the cash register. I was able to fit both of them in through the rear of the car, since they fit inside of each other. I returned home. Each unit came with six screws, six wall anchors, and six clamps. I raised the wooden electric clock to the right of my apartment entrance to as high as it would go. I removed the hat rack and the small mahogany shelf. I removed the other items against the wall between the kitchen entrance and the apartment door. I then cleaned the floor area. I then put the clamps on the wire rack, and I marked the drill holes with a small drill hole. I then drill 1/4 inch holes, and I installed the six wall anchors, and I then secured the unit with the six screws to wall. The bearing weight of the unit is resting on the floor. I put my flash lights, lanterns, one quart and one cup Danish coffee presses, transistor and emergency radios, spare flash light and lantern batteries, the set of Japanese tea cups, the hand grind coffee grinder on the wire rack, along with my Fire Sentry fireproof case at the bottom. There is thus more room in the blue bookcase at the kitchen entrance. I then installed the other wire rack the same way on the right side of the bedroom entrance way. I took down the heavy mirror from that wall, and I put it on the floor beneath the mirror on the open bedroom door. I moved the NASA shuttle picture to the back of the bathroom door, and I took the Audubon Louisiana Heron print from the bathroom door, and I hung it above the wire rack. I have not put anything in that wire rack yet. All three wire racks are quite secure, since they are resting on the floor secured to their respective walls. I will now eat a piece of apple pie with iced tea. I will put the computer on standby, and I will go out. It is suppose to rain around 1 A.M.. CIO

Note: <888> 05/14/04 Friday 6:35 P.M.: I microwaved and ate a Stouffer's Lean Cuisine 12.5 ounce chicken with mushrooms dinner. I had it with a glass of iced tea. I will now shut down the computer, and I will clean up. I will then go out. CIO

Note: <888> 05/14/04 Friday 6:05 P.M.: I finished house cleaning and watering the plants. I threw out the garbage. I checked UPS tracking and the laser cartridge arrived at Shrewsbury, Mass. at 3:05 P.M. this afternoon, the 1.3 pound package from Texas arrived at Chelmsford, Mass. at 3:40 P.M. this afternoon, and the 7 pound package from Las Vegas is still in Secaucus, New Jersey. CIO

Note: <888> 05/14/04 Friday 3:15 P.M.: I ate breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I threw out some garbage. I showed the building custodian the wire rack that I put in the bathroom. I will now do my house cleaning. I will shut down the computer while I do my house cleaning. CIO

Note: <888> 05/14/04 Friday 1:25 P.M.: I just woke up. I guess, they are now hitched [BBC NEWS | World | Europe | Danish prince marries Australian](#) .

Note: <888> 05/14/04 Friday 5:40 A.M.: [CNN.com - Royal wedding fever grips Denmark - May 14, 2004](#) , [The Royal Wedding - Media Service](#) , [The Danish Monarchy](#) , [The New York Times > International > Australian Woman to Wed Her Danish Prince](#) . I will now put the computer on standby, and I will try to rest some more. CIO

Note: <888> 05/14/04 Friday 4:50 A.M.: I woke up at 3:30 A.M.. I finished off eating the dry roasted peanuts with some iced tea. I search the internet for 6 foot high by 19 inch wide by 5 inch deep wire racks, but I find no mention of them in that size. Although the Home Depot www.homedepot.com web site does not mention them, they might carry them at their stores. I could possibly put one on the right side of the wall in the bedroom entrance, another on the wall to the right of the apartment entrance and remove the bookcase from the left kitchen entrance wall and put one there. Of course I would have to first find them and be able to afford them. My 7 pound UPS package arriving from Las Vegas, Nevada from www.outletpc.com arrived at Secaucus, New Jersey at 3:06 A.M. this morning, the laser printer cartridge from [Infinity Remanufactured Toner Cartridges](#) departed Laurel, MD. at 3:53 A.M. this morning. All three packages are still scheduled for delivery on Monday, May 17, but it looks like the 7 pound shipment is running a bit ahead of schedule. CIO

Note: <888> 05/13/04 Thursday 10:30 P.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 05/13/04 Thursday 10:10 P.M.: My remanufactured 6,000 sheet laser cartridge that I ordered for \$72 for my Minolta QMS PagePro 1250W laser printer from [Infinity Remanufactured Toner Cartridges](#) departed from Chantilly, Virginia at 9:32 P.M. this evening via UPS, and it is due to be delivered this Monday May 17, 2004 with the other two orders coming via UPS. CIO

Note: <888> 05/13/04 Thursday 10:00 P.M.: [Yahoo! News - More Evidence Points to Meteor in Mass Extinction](#) . CIO

Note: <888> 05/13/04 Thursday 9:50 P.M.: After I ate the lasagna, I ate a piece of apple pie with a glass of iced tea. The Comet Neat is still in the western sky, but with all the overcast weather recently, I have not been able to see it. CIO

Note: <888> 05/13/04 Thursday 9:15 P.M.: I am now microwaving a 10.5 ounce Stouffer's lasagna with meat sauce, which I will have with a glass of iced tea. CIO

Note: <888> 05/13/04 Thursday 9:10 P.M.: I use to have a can of Black Flag wasp spray that I bought about two years ago, when I had a wasp in my apartment, but about two weeks ago, the can started to leak, so I threw it out. I just weighed myself, and I weigh 210 pounds. I just chatted with a friend. CIO

Note: <888> 05/13/04 Thursday 8:40 P.M.: I was up at 10 A.M.. I ate a Stouffer's Lean Cuisine 12.5 ounce chicken fettuccini dinner along with some iced tea. I checked my mail. I went out, and I stopped by the Arnold Bread outlet, and I bought a loaf of Arnold oat nut grain bread for \$1.35, a 5.5 ounce box of Arnold large cut Italian seasoning croutons for .99, a Entenmann's apple pie for \$1.89 less 10% senior discount of .42 for \$3.81 total. I then went by Putnam Trust Bank of New York on Mason Street. I next drove over to Old Greenwich to Off Center hair stylists, and I had my hair cut for \$18 plus \$5 tip for \$23 total. I then went by the Old Greenwich Rummage Room thrift shop. I next drove out to Tod's Point, and I sat out briefly at the southwest parking area. I then used the bathroom at the southeast beach area. I chatted with somebody from Kansas City, Missouri. I next went by Staples, and I bought a 500 sheet package of Staples laser paper for \$4.98 plus .30 tax for \$5.28 total. I then made my 3 P.M. appointment. I next went by the Greenwich Hospital Thrift Shop, and I bought for \$3 a six foot high by 19 inch wide six shelf white wire rack about five inches deep. I put it in my Hyundai through the hatch back opening. I then went downtown, and I walked the entire length of Greenwich Avenue. I sat out at various location. On the way up Greenwich Avenue, I stopped by the Greenwich Hardware store, and I bought three carburetor cable clamps for a dollar all. The wire shelf had three similar clamps on it. I then on the way back down Greenwich Avenue from the top, I stopped by the Greenwich Hardware store again, and I bought a package of six wall anchors for hallow walls # 10 - 12 with screws for \$1.49 plus .09 tax for \$1.58 total. I then completed my walk, and I used the bathroom at the senior center. I next drove down by the waterfront. I then returned home. I drank some iced tea. I put the new laser paper underneath the open package of laser paper underneath the Minolta laser printer table. I checked the wire shelf, and it fit in just perfectly against the wall to the right of the bathroom toilet. I took off the picture of "A Friend In Need" of dogs playing poker, and I rehung it to the right side of the bathroom sink above the small shelf. I move the plate of the "Great Seal of the United States" further to the right on the wall to the right of the toilet, so the wire shelf would fit in. I put the wire shelf in position, and I put the three carburetor cable clamps along its right side, and the three plastic clamps that came with it, I put two at the top and one in the middle center. I had to take the wicker shelf off from above the toilet temporarily, but one can not drill into

the corner at that point because of aluminum studs. I marked the clamps with small drill holes. I then drilled quarter inch wide holes into the sheet rock, and I put in the six wall anchors, and I secure the wire shelf with the six screws. Since the wire shelf rests on the floor, most of its bearing weight is on the floor, not the wall. I then took all my cleaning supplies and other toiletries from the floor to the left of the bathroom sink, and I put them all in the new white wire rack. They filled up the entire rack. I move the three boxes of home cleaners from the bathroom entrance to underneath the bathroom sink. Thus the bathroom entrance and the area around the sink on the floor is a little less cluttered, and my cleaning supplies and toiletries are neatly arranged. I then went outside, and I sat out briefly. CIO

Note: <888> 05/13/04 Thursday 3:50 A.M.: I ate a bowl of dry roasted peanuts with a glass of iced tea. I surfed the net a bit. I will now shut down the computer, and I will rest for a while. CIO

Note: <888> 05/13/04 Thursday 3:10 A.M.: I went through my email. CIO

Note: <888> 05/13/04 Thursday 2:50 A.M.: I went out after the last message. I went downtown, and I walked the entire length of Greenwich Avenue including the train station area. I sat out at various locations. I then drove around the train station area, and they are still working on the Arch Street railroad bridge at night. I then drove down by the waterfront. I next went by the Food Emporium, and I bought four half gallons of Tropicana Premium orange juice with calcium for \$2.50 each, two 13.5 ounce Stouffer's Lean Cuisine chicken with mushroom dinners for \$1.99 each, a Stouffer's 12.5 ounce glazed chicken dinner and a Stouffer's 12.5 ounce chicken fettuccini dinner each for \$1.99 each for \$17.96 total. I then returned home, and I put away my purchases, and I drank some iced tea. I now have 7.5 half gallons of Tropicana Premium orange juice with calcium, which should be enough to last until the end of the month. I do not care if it is a couple of weeks old. CIO

Note: <888> 05/12/04 Wednesday 11:55 P.M.: I threw out some garbage. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I used a tin of chopped sardines, and for the cheddar cheese portion, I used Stop and Shop white cheddar cheese. I used all of the other regular ingredients, and I ate the salad with a glass of iced tea. I will now put the computer on standby, and I will clean up, and I will go out. CIO

Note: <888> 05/12/04 Wednesday 10:40 P.M.: On my Minolta QMS 1250W laser printer, I have used 770 pages on the 1250 page starter cartridge. I just ordered for \$72 with free UPS ground shipping the 6,000 page cartridge from [Infinity Remanufactured Toner Cartridges](#) , a [Compatible Minolta Pageworks Pagepro 8E 8L 1100 1250w Toner Cartridge - Replaces Minolta 1710405-002,1710399-002,1710511-001](#) . Thus when I run out of toner in the starter cartridge, I should have 6,000 sheet of printing capacity from the new cartridge. I just opened up a new 500 sheet package of Staples laser paper, and I filled the Minolta 1250W laser printer with paper. The remaining paper, I keep in

box in a sealed plastic page to prevent moisture, which I keep underneath the laser printer table. CIO

Note: <888> 05/12/04 Wednesday 8:55 P.M.: I had a telephone call about 10 A.M. this morning about how to set up an eye appointment. I slept until 4 P.M.. I ate breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I went back to bed until 8 P.M.. I watched some television news. I threw out some garbage. I picked up the mail. CIO

Note: <888> 05/12/04 Wednesday 9:15 A.M.: I ate a bowl of dry roasted peanuts with iced tea. I did some computer web surfing. I will now shut down the computer, and I will go to bed again. CIO

Note: <888> 05/12/04 Wednesday 7:25 A.M.: I went through my email. I chatted with a friend. The friend wanted to know the name of a book that he saw me reading some years ago about the ocean. I know it also included some information about sailing on a schooner to Barbados. From searching on the Internet, I think the book was called "The Living Ocean" by Elizabeth Collins. CIO

Note: <888> 05/12/04 Wednesday 5:05 A.M.: I ate a bowl of peanuts before going to bed. I just woke up, and I ate a Nature's Valley strawberry and yogurt bar along with some iced tea. CIO

Note: <888> 05/12/04 Wednesday 12:40 A.M.: I put one of the new cans of tomato juice in the refrigerator, and I put the other underneath the blue sofa. I labeled the old can dated to expire March 2003, and I wrote on it "Old Skunk Juice". I will use it if I ever get sprayed by a friendly skunk. I put it underneath the yellow French sitting chair at the apartment entrance. I will now shut down the computer, and I will go to bed soon.

Note: <888> 05/12/04 Wednesday 12:25 A.M.: I checked outside, but there is haze in the west, so I was not able to see the comet. I will look later this week if the evening sky is clear. CIO

Note: <888> 05/11/04 Tuesday 11:50 P.M.: At the moment according to SaryNight, there is a Comet called "Neat" 24 degrees above the horizon in the west. CIO

Note: <888> 05/11/04 Tuesday 11:25 P.M.: I put away my laundry. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . Instead of a can of solid white albacore tuna fish, I used a 6 ounce can of flaked tuna fish. For the cheddar cheese portion, I used Stop and Shop white cheddar cheese, and I used all of the other regular ingredients. I had the salad with a glass of iced tea. CIO

Note: <888> 05/11/04 Tuesday 9:40 P.M.: I was up at 12:30 P.M.. I had breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I put clean linens on the bed in the bedroom. I turned on the General Electric Profile 15,500 BTU air conditioner with remote control. It is cooling off the apartment

nicely. I set it at "Cool", 70 degrees Fahrenheit, low fan speed, with the exhaust louver closed. I then cleaned up, and I went out. I made my 4 P.M. appointment. I then walked the entire length of Greenwich Avenue. I sat out at various locations. I stopped by CVS, and I bought a 16 ounce jar of dry roasted lightly salted peanuts for \$1.99. I then finished my walk. I next drove down by the waterfront. I then went by the Greenwich Library, and I read the Greenwich Time. I then went by the Stop and Shop, and I bought broccoli crowns at \$1.99 a pound for \$2.41, two 48 ounce cans of Stop and Shop tomato juice for \$1.39 each, two four packs of six ounce cans of Star Kist solid white tuna fish for \$2.99 a four pack, and a bulb of elephant garlic for \$1.99 for \$13.16 total. I then returned home, and I put away my purchases, and I drank a glass of iced tea. I next started two loads of laundry, and I currently have 45 minutes to go on the dry cycle. There is no new news on the larger 7 pound UPS package that shipped from Las Vegas last night at 8:35 P.M., but the smaller 1.3 pound package arrived in Houston, Texas and departed at 4:19 A.M., and then it departed Mesquite, Texas at 2:49 P.M. this afternoon. CIO

Note: <888> 05/11/04 Tuesday 4:55 A.M.: Earlier I finished off the jar of dry roasted peanuts. I also ate three 3 inch by 1.5 inch by .25 inch slices of Stop and Shop white cheddar cheese with some iced tea. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 05/11/04 Tuesday 4:35 A.M.: I went through my email. CIO

Note: <888> 05/11/04 Tuesday 3:55 A.M.: I uninstalled and reinstalled a couple of times Quicken 2003, and it still will not register, because of a script error. I have it still setup, and I restored the backup file after reinstalling it. I put away the ice tea in the refrigerator. I watched some television. The second UPS package has departed Las Vegas, Nevada. They are both due for delivery on Monday May 17, 2004. One package weighs 7 pounds coming from Las Vegas, Nevada, and the other package coming from Stafford, Texas weighs 1.3 pounds. CIO

Note: <888> 05/11/04 Tuesday 12:40 A.M.: I am making up a batch of iced tea www.geocities.com/mikelscott/icetea.htm. I received notification that the two computer parts orders from www.outletpc.com that I ordered this past weekend shipped UPS www.ups.com from Stafford, Texas this evening at 10:23 PM and the other order from www.directron.com has sent billing information to UPS, but has not been picked up yet.

Note: <888> 05/10/04 Monday 11:45 P.M.: I hear thunder off in the distance. I have three vacuum cleaners. I have a Hoover upright vacuum, a Electrolux vacuum with a regular hose and metal poles with vacuum attachment and upholstery brush. It is about 25 years old. I have a 20 year old Electrolux vacuum with a hose with the power nozzle attachment. It one were going to use the newer Electrolux with the metal poles or upholstery brush, one would use the hose from the older model, since it would be difficult to detach the power nozzle from the hose on the newer model. I also have plenty of bags for all models and spare belts for the Hoover. CIO

Note: <888> 05/10/04 Monday 11:40 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I did not use broccoli and for the cheddar cheese portion, I used Stop and Shop white cheddar cheese. I used all of the other regular ingredients, and I ate it with a glass of iced tea. CIO

Note: <888> 05/10/04 Monday 10:15 P.M.: I ate two bowls of dry roasted peanuts before going to bed this morning. I was up at 1 P.M., and I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I then cleaned up, and I went out. I went by Putnam Trust Bank of New York on Mason Street. I then went by the Greenwich Hospital thrift shop. I then went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. During my walk, I stopped by CVS, and I bought a 1.5 liter bottle of yellow mouthwash for \$4.19 plus .25 tax for \$4.44 total. I next went by the Greenwich Hardware Store, and I bought two General Electric 25 watts frosted tube bulbs PC:13487 25T10/F CD for \$3.99 each plus .48 tax for \$8.46 total. I then completed my walk. I used the bathroom at the senior and arts center. I sat out in front of the senior and arts center. I noticed that besides cutting down the one willow tree at the northwest corner of the property and moving the other willow tree just south of it to where the cut down willow tree was, today they cut down the white birch tree at the northwest corner of the senior center and arts center. It does not make sense to me why they cut it down, unless the police administration building wants a view of Greenwich Avenue, which was blocked by the trees. I next drove down by the waterfront. I then went by Radio Shack in Cos Cob, and I bought a package of the parts for a two position interlocking connector #274-222 for \$1.99 plus .12 tax for \$2.11 total. I then went by the Greenwich Library, and I read the Greenwich Time and the New York Times. I was showed in the New York Times in the top left editorial section by a fellow library reader that the U.S. Government is debating whether to eliminate Section 8 Housing Vouchers which would effect two million recipients. This obviously would aggravate the homeless problem. I get rental assistance for my Connecticut public housing, but I am not sure whether it is from Section 8 Federal funds or the Connecticut general fund. In any event, I plan to stay where I am living for the rest of my life as long as I am able to get around, so I guess the only way I would be moving is "Feet First". Having been homeless during my visits to south Florida during the winter from 1976 to 1978, I do not feel like becoming homeless, so hopefully the Federal Government will not eliminate any subsidy I might need. I suppose though if it came down to needing money to pay my rent, I might depend for a short period of time from relatives, but since I am elderly and disabled, I probably would have to look into moving to another country such as Canada or Holland which I would be eligible for from my family background, and hopefully the social benefits would take care of me. I then returned home. I put the two new frosted 25 watts tube bulbs in the picture light above the Rembrandt print of the Polish Rider. One of the old two were burned out. I saved the other used one in my bulb drawer in the bedroom mahogany bureau. I bought the Radio Shack 2-Position Interlocking Connector to possibly use to repair my Electrolux vacuum power nozzle, but when I opened up the vacuum hose spout with the electric interface, and I took it apart, I decided to crimp slightly the female receptacles to make a better connection. I then reassembled it, and it worked initially, and then I noticed that the hose spout nozzle cover tended be a little lose when fasten on with the two screws causing the

round electrical contact rails not to make a steady electrical connection. I fixed it by wrapping black electrical tape around the nozzle cover to make it fastened on more tightly, and the Electrolux power nozzle seems to work just fine now with the vacuum cleaner. I will put the Radio Shack parts package in a cardboard tray on the floor of my hallway sweater closet, where I keep other electrical items. CIO

Note: <888> 05/10/04 Monday 4:55 A.M.: There is an error in the Quicken 2003 registration script which causes it not to work. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 05/10/04 Monday 4:25 A.M.: I installed Intuit www.intuit.com Quicken 2003 New User Edition. I exported my Microsoft Money 2002 files, and I imported them into Quicken 2003. However, I can not get Quicken to Register Online and to create a user account. I will try to maintain my accounts in both programs, which will take a bit of extra time. I checked out the Intuit web site for information on the registration problem, but nothing worked. The updates do work. CIO

Note: <888> 05/10/04 Monday 1:55 A.M.: I opened up a birthday present from a relative. I received a size 40 inch waist by 30 inch length pair of Calvin Klein blue jeans which fit just fine. I received a large Polo by Ralph Lauren Williamsburg blue color polo shirt and a large Chereskin casual light green beige short sleeve dress shirt. However, in the shirts I tend to be extra large size. I can either save them and hope I lose weight which I hope to do some time soon or since I received the TJ Maxx sales slip for the Chereskin shirt and the jeans, however I did not receive the sales slip for the polo shirt, my relative said I could exchange them, if I needed to. I will have to think if I want to drive all the way to Norwalk to TJ Maxx to exchange them, or keep them in hope that I will lose weight. I will wait until I have a chance to discuss it with my relative. I also received a Intuit Quicken 2003 new user edition CD and a American Greetings CreataCard disk. I will now see how much disk space they take up, and possibly put them on my computer. CIO

Note: <888> 05/10/04 Monday 12:45 A.M.: Since I was born on May 9, 1950 at 10:30 P.M. Central Standard Time in Alton, Illinois, I guess I am now officially 54 years old. I placed another computer parts order at <http://www.outletpc.com/> for a Spire FalconRock II Socket A/370/462 Ultra Quiet CPU Cooler (up to AMD 3400+) for \$9.67, a Nway 8 Port 10/100 Mbps Auto Sensing Switching Ethernet HUB (silver color) \$18.78 total, a Sunon 80 X 80 mm Sleeve Bearing 2 - pin case fan \$1.98, a Artic Ceramique High Density Thermal Compound Syringe 2.7 g (22-32 Applications) \$2.38, a Arrow 500 Watt ATX Power Supply 500 W (RETAIL) \$22.48, a 4-Port Mini USB for PC-Mac \$5.74 for \$61.03 subtotal plus \$9.92 UPS ground shipping for \$70.95 total. When I get all three shipments that I have ordered this weekend, I will do some maintenance on my primary computer, and upgrade the case fan, power supply, CPU cooler, CD drive IDE cables, connect the 4 Port USB mini hub, connect a Lan cable from the Siemens router to the Nway HUB to be placed on the Dell backup computer CPU, so technically with the LAN cables I ordered, a few people could be online in my living room with Laptop computers should the need arise. Since my primary computer is about 18 months old, the moving

parts such as power supply, CPU cooler, and case fan need to be maintained. I will also install case locks on the CPU, and I will put in the CNR network card and reinstall the PCI X2 telephone modem. Thus when all three orders that I ordered this weekend arrive, I will probably do the maintenance upgrade on my primary computer CPU and setup. Possibly they will be here by next weekend depending on UPS, since they will not be fulfilled until today. CIO

Note: <888> 05/09/04 Sunday 10:25 P.M.: I went to bed after the last message. A friend called at 6:30 A.M. this morning, and we chatted. I ate a bowl of dry roasted peanuts. I then went back to bed until 3 P.M.. I ate breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I then chatted some more with the same friend. I the cleaned up, and I went out. I decided to vary my routine, since it is my 54th birthday. I went over to Costco www.costco.com , and I toured the store with a store pass. To be a member, it costs \$45 a year, but since at the moment, I do not need any of their discounted items, I am not a member. I toured the store, and I noticed they have a 19 inch flat panel LCD Princeton monitor for \$559, a 10,000 BTU Panasonic air conditioner for \$220 and a 10,000 BTU Carrier air conditioner for \$240. I checked out the food department upstairs and ground sirloin beef is \$1.99 a pound, pork loin roasts and pork tenderloins are \$2.99 a pound, Gouda cheese is \$3.99 a pound, and New York Strip steaks and delmonico steaks are \$8.69 a pound. The last time I toured the store around Christmas time in 2002, New York strip steaks were \$3.99 a pound, so the price of beef steaks have gone up. I toured the waterfront plaza to the north and east of the store along the Byram river. If I ever need a discounted item, I might take out a membership if the discount pays for the membership. I next drove down by the waterfront in Greenwich. I then stopped by Manero's and their meat department was closed, where I had planned to get a steak sandwich with onions, but I was able to order one to go at the bar. I bought a steak sandwich to go cooked medium rare on a subway roll with onion rings on the sandwich for \$7.95. I ate it on the steps of Greenwich Capital <http://www.gcm.com/> , Royal Bank of Scotland <http://www.rbs.co.uk/> overlooking the harbor. I then drove up to Greenwich Avenue, and I bought a regular cup of coffee at Starbucks for \$1.70 plus .30 tip for \$2 total, and I drank it front of the senior center, where on a nice day, one can enjoy a cigarette outside. Somebody has left an orange Department of Public Works dump truck in front of the Senior Center along with some garbage bags. I next walked the entire length of Greenwich Avenue, and I sat out at various locations. I stopped by CVS, and I bought two packs of three pair each pack of Hanes Cushion Crew white socks size 6 - 12 for \$2.99 each three pack for \$5.98 total. I then went completed my walk. I sat out for some more. I then drove back down by the waterfront again. I next went by the Food Emporium at closing time, and I bought a 13 5/8 ounce Stouffer's chicken fettuccini dinner for \$1.99 and a 12.5 ounce Stouffer's lean cuisine with mushroom dinner for \$1.99 for \$3.98 total. I then returned home, and I put away my purchases and drank some iced tea. I ate the last piece of French butter crumb cake. CIO

Note: <888> 05/09/04 Sunday 4:00 A.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 05/09/04 Sunday 3:55 A.M.: I looked at the local public media television provided by Cablevision, and it seems to be the usual weekend programming. CIO

Note: <888> 05/09/04 Sunday 2:40 A.M.: After eating the chicken pot pie, I ate two bowls of corn chips with some iced tea. CIO

Note: <888> 05/09/04 Sunday 1:20 A.M.: I am microwaving a 10 ounce Stouffer's chicken pot pie, which I will eat with a glass of iced tea. CIO

Note: <888> 05/09/04 Sunday 12:50 A.M.: Well Happy 54th Birthday to me. I was just remembering for those of you whom are not familiar with the motto of the state of Florida which applies to other parts of the world. It is "In God We Trust, All Others Pay Cash". I ate a piece of French butter crumb cake before going to bed yesterday morning. I was up at 4 P.M. this past afternoon. I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I had a telephone call from a friend, and his relative had lost the stone in her wedding ring while collecting plants in her garden for mother's day church. They could not find it. I suggested using a wire strainer or colander to sift the dirt in the garden. I then showered and cleaned up. I then left a message with my friend, and I suggested they should check sink drains. I then went downtown, and I went by Zyn stationary, and I bought a Western Union www.westernunion.com money order for a dollar cost to pay my Northeast Utilities electricity bill. I then filled it out, and I mailed it at the outdoor box at the central Greenwich Post Office. I next walked the entire length of Greenwich Avenue. I sat out at various locations. I went by CVS, and I bought two 7.5 ounce boxes of wheat crackers for \$1.79 buy one get one free, a 16 ounce jar of Gold Emblem dry roasted peanuts for \$1.99, a three pair pack of Haines white socks for \$2.99, a 10 count pack of CVS type S.O.S. soap pads for .99, a 33 ounce spray bottle of CVS window cleaner for .99, two 12.5 ounce CVS spray furniture polish for .99 each, six 14.75 ounce cans of Bumble Bee Alaska pink salmon for .99 each plus .24 tax for \$16.91 total. I then completed my walk carrying my items. I then sat out for a while. I next drove down by the waterfront, and I chatted with a local waterfront observer. I then went by the Exxon gasoline station, and I bought \$6.60 of regular unleaded gasoline at \$2.159 a gallon for about 23 miles per gallon usage. I then went by the Stop and Shop, and I bought a 10 ounce bag of fresh spinach for \$1.99. I then returned home, and I put away my purchases, and I drank some iced tea. I received a message from a friend on my answering machine that he had sifted the garden dirt with a wire screen, and he had found his mother's wedding ring stone, so he was very relieved. I guess persistence in a crisis tends to pay off. CIO

Note: <888> 05/08/04 Saturday 8:35 A.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 05/08/04 Saturday 8:25 A.M.: I logged onto www.directron.com and I ordered two CPU Case Security Locks, works like a case screw but requires a key to open for \$2.99 each, 12 feet 20AWG Red wire .99, 10 feet 20AWG black wire .99, two 9 foot RJ45 LAN cables for \$1.99 each, a Directron Rounded IDE dual device cable with boots in white 24 inch length for \$4.99, a AT Power Supply Push button switch for

computer \$1 for \$17.93 subtotal plus \$7.35 UPS ground shipping for \$25.28 total. Thus with the last two orders, I have bought some inexpensive parts over the internet that would cost considerably more locally. CIO

Note: <888> 05/08/04 Saturday 7:15 A.M.: I ate a piece of French butter crumb cake with some iced tea. CIO

Note: <888> 05/08/04 Saturday 6:40 A.M.: I called www.bny.com 1-800-CALLBNY and I was able to figure out that my \$5 donation to the Greenwich Country Day School www.gcds.net needed the Card Security Code from my Master Card debit card, so it went through and the \$5 donation to the Greenwich Country Day School Annual fund has been made. I chatted with the Bank of New York representative for a while. CIO

Note: <888> 05/08/04 Saturday 5:40 A.M.: I ordered from <http://www.outletpc.com/> a Intel Pro/100 VE 10/100 MBPS CNR Network Card for \$5.78, two 10 foot USB 2.0 cables for \$1.99 each and a 10 foot Crossover RJ45 Cat5E Ethernet cable 10/100 MBps for \$2.35 for \$12.11 subtotal plus \$6.69 UPS Ground Shipping for \$18.80 total. Since I only have 3 PCI slots in my computer, all of which are used, I can free up a slot by using the Intel CNR Network card in my CNR slot on the Syntax motherboard. CIO

Note: <888> 05/08/04 Saturday 4:30 A.M.: I have been browsing www.accessmicro.com , www.jab-tech.com , and www.tigerdirect.com to see if there are any small items or bargains, but at the moment, I do not see anything I need. I have thought about getting this [CPU Security Lock, works like a case screw but requires a key to open, -cg](#) , but there is a \$10 minimum order and shipping. I do not need any ink or toner cartridges at the moment, and I usually get them at <http://xtremetoner.com> , but I figure with printer supplies, I can be like Dell and order them when I need them. I will now study <http://www.directron.com/> . CIO

Note: <888> 05/08/04 Saturday 2:00 A.M.: I finished going through most of my email. CIO

Note: <888> 05/08/04 Saturday 12:40 A.M.: I am going through my email. I just made a \$5.00 donation online to the college I attended Lake Forest College <http://www.lakeforest.edu/> in Lake Forest, Illinois. I specified it be used for the Annual fund for Economics. I would imagine that people in Illinois would appreciate the significance of \$5, since Abraham Lincoln's portrait is on the \$5 bill, also \$5 in Illinois will buy about as much goods and services as \$10 on the east coast of the United States. I think some colleges still hold bake sales to raise money from their alumni, but alas I do not live near the old campus. While attending Lake Forest College www.lfc.edu besides majoring in Economics for four years and a minor in Fine Arts, I also had time to work afternoons six days a week in a local bank there, and I also drove a taxi cab and restored old Mercedes. Thus I was living better by the standards of that time than I am doing today, but having majored in conservative economics, I have learned to stretch a dollar, which is hard in this area. If I were the Lake Forest College alumni office, they could buy two ten pound bags of Carolina rice for about \$2.50 a ten pound bag, and locally in

Illinois soy sauce is cheap, and they could probably make it through to better times. When I attended Lake Forest College, there were a certain group of apathetic students that said that LFC stood for "Last F***ing Chance", but since my father's family were from Illinois, I took my college days seriously, although I was frequently working so hard, I did not always make it to my scheduled classes. However, my parents did pay real hard earned money for me to attend college, so I graduated with above average grades, and I received a Bachelor of Arts degree in Economics. One of the many definitions of Economics is the "Management of One's Home", not to be confused with the more complex economics on the world's stage. CIO

Note: <888> 05/07/04 Friday 11:20 P.M.: I ate four 1.75 inch by 1.35 inch by .30 inch slices of Stop and Shop white cheddar cheese along with some iced tea. CIO

End of Scott's Notes week of 05/07/04:

Note: <888> 05/07/04 Friday 10:20 P.M.: I chatted with some neighbors. My guest arrived at 6:20 P.M.. We chatted for a while. My guest gave me the \$20.40 that I paid for ordering him a carton of Misty Ultra Light 100 Menthol cigarettes. My guest will probably have me order more for him in the future. We next drove down by the waterfront. We chatted with a former neighbor down there. We next went over to the East Putnam Avenue shopping plaza next to the YMCA. My guest treated me to a birthday dinner at the Hunan Gourmet Chinese restaurant. I had a spring roll for appetizer which was a \$1.50. We each had Chilean sea bass with ginger and scallion sauce along with white rice for \$15.95 per person. We also had green tea. The bill was around \$40 plus tip. My guest told me that Stew Leonard's sells Chilean sea bass for \$23 a pound, so the large portions we had were an excellent value. My birthday is in two days on May 9 <http://www.geocities.com/mikelscott/resumee.htm> . We sat outside at the tables nearby afterwards, and we had a cigarette. We then drove down Greenwich Avenue again, and we returned to my apartment building. We chatted with a neighbor. My guest, and I chatted at my apartment for a while. My guest left at 9:30 P.M.. I ate a piece of French butter crumb cake with some iced tea. I will now send out my weekly notes. CIO

Note: <888> 05/07/04 Friday 5:05 P.M.: [Buffalo.com\(SM\) - Duty Free Cigarette Links](#) . CIO

Note: <888> 05/07/04 Friday 5:00 P.M.: According to a neighbor the art street festival was last night [Greenwich Time - Town festival brings art works to the masses](#) . I checked the passenger side front seat belt, and it seems to be working just fine now. One simply does not pull it out too fast. I have a friend coming down at 5:30 P.M. to take me out to dinner. CIO

Note: <888> 05/07/04 Friday 4:35 P.M.: Greenwich Arts festival is suppose to be tonight www.greenwicharts.com and [Greenwich Time - Takin' it to the street: Art to the Avenue returns to Greenwich](#) . CIO

Note: <888> 05/07/04 Friday 4:25 P.M.: I woke up after the last message this morning, and I ate a piece of French butter crumb cake. I was up at noon today. I ate breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I did my house cleaning and watering the plants. I threw out the garbage. In the mail, I had a notification from Hyundai on my 1999 Hyundai Accent that I am due a \$75 debit from them due to a lawsuit on the horse power on the car. Other models are due up to \$250 debits. They can be used at the dealership for merchandise. I will have to fill out the form for the debit. I also noticed in a promotion from Bank of New York www.bny.com that the life time free checking promotion does not require a minimum balance, so I will have to check with my Bank of New York branch on Mason street to see what the case is. They had told me that I am required to keep a \$100 minimum deposit in the checking account. On my 1999 Hyundai Accent the passenger side front seat belt does not pull out too easily. I will have to see if I still have the five year warranty on the car to get it fixed for free. I would imagine it should not break. I will now go outside and fiddle with it to see if I can repair it myself by pulling it all the way out and letting it retract. It is 78 degrees Fahrenheit outside, and I am currently running the air conditioner, since the apartment heats up with the westerly afternoon sun. However, it is suppose to go down to 45 degrees Fahrenheit tonight and be cooler on Saturday. CIO

Note: <888> 05/07/04 Friday 1:55 A.M.: Well, I have to be on a daytime schedule today, so I will now shut down the computer, and I will do house cleaning later on today when I wake up before my guest arrives. CIO

Note: <888> 05/07/04 Friday 1:45 A.M.: Of course the 2,000 marines give or take a thousand that I saw having a Sunday beach break on Huntington Island, Georgia in the first week of May in 1978 were not wearing Marine uniforms, but just swim wear, so it was hard to tell whether they were Marines or not, but they seem to have short 1/4 inch long military type hair cuts, and they seemed to be in good physical condition, and I was familiar that Paris Island was near by. Of course my friend and I both had long hair down to our waists, so we looked more like hippies. However, I did notice that Huntington Island, Georgia has a large Marine burial ground, and when we were in the town, nobody gave us a ride hitchhiking and we had to walk everywhere, which was quite a hike. However, we had done so much walking down in Key West, that it was not too difficult. If one walk in the Old Town Area of Key West from the Gulf of Mexico to the Atlantic about 1.75 miles on the various cross streets for about six to twelve trips each way each day, one gets quite a bit of exercise not to mention walking up Roosevelt Boulevard at far north as the airport along the beach. Of course all we usually go to eat down there was a Cuban sandwich and orange juice for breakfast which is basically a ham and cheese sandwich on Cuban bread occasionally yogurt and a orange for lunch and either a veggie sandwich for dinner or a plate of rice and beans. Thus for poorer travelers in Florida, there is not as much southern hospitality as one might think. I do recall once the Salvation Army in Key West gave us a can of corn, and I do recall that the Herb Garden in Key West let us charge modest amounts of food, and I paid off my bill there every season before I left Key West. Basically down in south Florida, there are so many large numbers of elderly getting by on marginal incomes that there is not much charity

down there, so since we were spending our own money, one would have to call it a cheap vacation. My father once asked me in the winter of 1977 to come up to meet him at Miami airport when he was arriving from Brazil on Varig airlines, and when I arrived at the airport with my last funds, there were a lot of displays at the airport, and he bought me a Miller beer, and he left on a connecting flight. I was expecting some sort of financial assistance, but apparently he was not able to offer it. I felt sort of strange drinking a Miller beer at Miami airport at 10 A.M. in the morning, but I somehow made it back down to Key West hitch hiking after taking the bus up to the airport. Thus frequently when so called rich relatives show up, they are not able to help out their poorer relatives, and since most of my immediate family and friends know I live on a modest income, they do not expect financial assistance from me. CIO

Note: <888> 05/07/04 Friday 1:15 A.M.: Of course on a more northern note, I noticed when I was looking at my electricity account www.cl-p.com that my past April 2004 electricity usage which includes electric heat was 75% higher than in April 2003, so it was a cooler April this year plus in December 2003, electricity rates were raised 10% in December 2003. My Northeast Utilities Electricity account still has not received the NEON electricity supplement that I get from the Federal Government each year, so possibly I will have to pay an electricity bill in May when it arrives. Thus living here in Greenwich, Connecticut, I tend to do things based on the four seasons basic here, although I have experience elsewhere. During the winter of 1979, when we spent some time in Daytona, Florida after venturing down to Key West and living in Port Washington, Long Island at my friend father's house, the food budget was so lean in Daytona, Florida until we got our \$60 a month food stamps, that I recall a major meal was a box of spaghetti noodles boiled and a four ounce can of tomato paste diluted with about two parts water. Of course, I am eating more up north, because in colder weather one needs more body fat. Back during that period in the 1970s, I had weighed 185 pounds when living in Greenville, South Carolina, and after the first winter in Florida in 1976-1977, I went down to 125 pounds, and until I returned to Greenwich, Connecticut in December 1983, I continued to weigh 135 pounds, so I did not eat as much. I recall, I think I bought the prime rib roast with food stamps at Bonjournos in Stamford, Connecticut after the winter in Daytona in 1979. I did use to try fishing in Daytona, Florida with my surf casting rod and my usual Hopkins lure, but I never caught anything from the break water on the south end of Daytona Beach and not in the Florida Keys and not at Jones Beach and not in California. However, I did once catch 78 blue fish and two striped bass out on the south shore of Nantucket by the Old Navy Quonset Hut at the end of Lyon Farm road in Nantucket in October of 1978, and I filleted them on the beach, and I sold them to the Languedoc restaurant where I worked for about .50 a pound. With the profits, I bought a blank surf casting rod that split in half and a reel and tackle, and I began the long tedious process of wrapping the ferrules and the entire rod eventually which I finally finished lacquering it in California later on that fall of 1978, and the lacquer bubbled because of the humidity along the coast of California, and in the fall of 1980 after Ronald Regan was elected, I left it with the reel at the Shell station on the highway in Santa Barbara for \$10 of gasoline to get to Laguna Beach, and a week later we left California for the last time selling the 1974 two door Burgundy Volvo for \$1,250 at a cash for your car place outside the entrance to Disney Land. Thus although the

fishing was good in Nantucket, it was not very good everywhere else I tried around the country. CIO

Note: <888> 05/07/04 Friday 12:45 A.M.: I have friends in Manhattan whom also have a home in Sea Island, Georgia, and they have repeatedly invited me down to visit. Although, I know it is very nice down in Sea Island, Georgia having lived down south during colder winters, if I ever went down south, I would probably not want to come back for the colder winters up north. However, one time when a friend and I thought the season was over in Key West, Florida during the spring of 1978, we went up to the Appalachian Trail starting in Ashville, North Carolina, and for about four days we hiked the trail north in the first week of May, until it started to snow. What bothered me on the trail in the Pisgah National Forest, is there were lots of signs posted by Champion Paper company warning about Bears in the area. Since we were only armed with a pen knife, I was somewhat nervous about our hiking expedition. On about the fourth day it began to snow, we found a Christian hostel in the mountains of North Carolina in a small town. I remember buying an Acrilan blanket for extra warmth, and we stayed in the hostel for a couple of days. We then hitchhiked down to the Hilton Head shore line, and we got a ride with someone that had worked for Daniel construction in Greenville, South Carolina. In Hilton Head, we pitched our tent on the north side of the island on the beach, and during the night, my friend woke me up, and said there was a hoot owl outside the tent. I sort of had a feeling it was not a hoot owl, but I did not want to scare my friend. Since for defense, I only had a pen knife, I started boiling hot water on the little butane camp stove to make tea. We never did venture outside the tent that night, but the next morning, there were tracks from about a 14 foot long alligator around the tent. We then spent another night on the beach at Huntington Island and woke up that Sunday morning surrounded by about 2,000 Marines on the beach having a little recreation time. We then started hitchhiking back south again to Key West, Florida, and we got a direct ride down to Key West with someone whom seem to know us whom looked a bit like Jimmy Buffett and was going to visit Jimmy Buffett, so we picked up our May allotment of Food Stamps in Key West, and we stayed another week or so, before finally hitch hiking up as far north as Washington D.C. where we caught a train to Stamford, Connecticut and returned to my mother's apartment in Byram. I recall being so hungry after that winter in Florida, I use my food stamps to buy a standing rib prime roast at Bonjournos over in Stamford, Connecticut. A few days later we returned to Nantucket for the summer around mid May in 1978. Possibly the time I used the Food Stamps at Bonjournos in Stamford, Connecticut was after the following lean winter in Daytona Beach, when we returned north in the yellow Subaru. I can not remember now. CIO

Note: <888> 05/06/04 Thursday 11:55 P.M.: Upcoming G8 information
<http://www.g8online.org/> and <http://www.g8usa.gov/> . CIO

Note: <888> 05/06/04 Thursday 9:40 P.M.: I made and ate my usual salad
www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I sliced the remaining two 3/8 inch thick slices of cold eye round beef, and I cut them into half inch wide strips. For the cheddar cheese portion, I used Cracker Barrel white Vermont sharp cheddar cheese and Stop and Shop white cheddar cheese. I used all of the other regular

ingredients, and I ate the salad with a glass of iced tea. I am trying to register online with www.cl-p.com , but their online registration is slow to work. CIO

Note: <888> 05/06/04 Thursday 8:15 P.M.: I was up at 9 A.M. this morning when a friend called. I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went back to bed until noon. I then got up, and I cleaned up. I then went downtown, and I went by Putnam Trust Bank of New York on Mason Street. I then went by the Wachovia Bank on Benedict Place, and I paid my rent to the Greenwich Housing Authority. I then returned home. I picked up my mail, and I chatted with a relative. I then made my 3 P.M. appointment. I next went by the Greenwich Hospital Thrift Shop, and I bought a fairly new Sylvania 4 head hi-fi stereo on screen display easy operation VHS/HQ 19 Micro head VCR with remote control for \$10. I also bought a blue and white pillow case for a dollar, a white and pastel pattern pillow case for .50, a pastel pattern pillow case for .50, and a blue and white and green pattern pillow case for a dollar for \$13 total. I then walked the entire length of Greenwich Avenue. I sat out at various locations. I chatted with a couple from Argentina in French. This evening, they were having the arts festival downtown with horse drawn carriages and strolling musicians and other festivities. The Colony florists next to Starbucks has lots of pretty flowers on display. They have local art in the store windows. I next drove down by the waterfront. I then went by the Greenwich Library, and I read the Greenwich Time. I returned home, and I hooked up the Sylvania VCR to the 20 inch Proscan television in my bedroom. It automatically setup itself. I set it to play on the Proscan channel 3, but it might automatically recognize it. It seems to work just fine. I put the new batteries in the VCR remote control. I just chatted with a friend whom is coming down around 5:30 P.M. tomorrow to take me out to dinner. CIO

Note: <888> 05/05/04 Wednesday 11:40 P.M.: I will now shut down the computer, and I will go to bed soon. I will first eat a piece of apple pie with some iced tea. CIO

Note: <888> 05/05/04 Wednesday 11:25 P.M.: I watched some television. CIO

Note: <888> 05/05/04 Wednesday 10:20 P.M.: I went through my email. CIO

Note: <888> 05/05/04 Wednesday 9:50 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I sliced three 1/4 inch thick slices of cold eye round beef, and I cut them into half inch wide strips. I also put on the salad five artichoke heart quarters. For the cheddar cheese portion, I used Cracker Barrel white Vermont sharp cheddar cheese. I used all of the other regular ingredients, and I ate the salad with a glass of iced tea. CIO

Note: <888> 05/05/04 Wednesday 8:15 P.M.: I finished the C: drive to D: drive backup after the last message. I ran Norton Speed Disk on the C: drive, and while it was running, I cleaned up, and I went out. I went downtown, and I walked the entire length of Greenwich Avenue. I sat out at various locations. I then drove down by the waterfront. I next went by the Greenwich Library, and I read the Greenwich Time. I then went by the Stop and Shop, and I bought two 6.5 ounce dry weight of medium California black

pitted olives for .99 each can, two 28 ounce cans of Goya chick peas for \$1.09 each can, a 28 ounce bar of Stop and Shop white cheddar cheese for \$3.99, a 10 ounce box of fresh mushrooms for \$1.99, a 12.5 ounce bag of Snyder's 40% less fat white corn chips for \$1.69, a quart of fresh plum tomatoes for \$3.49, a 16 ounce bag of baby carrots for \$1.50 for \$16.82 total. I then returned home, and I put away my purchases. I had a telephone call from a relative whom is traveling just before they took off. The computer is running just fine. I put as one of my first Internet Explorer favorites weather.com - [Local Weather Page Greenwich, Connecticut 06830](http://LocalWeatherPageGreenwich.Connecticut06830), since I do not have Weather Bug running. Weather Bug runs just fine, but it seemed to be using a bit of startup system resources, so I will just stick with the link. CIO

Note: <888> 05/05/04 Wednesday 3:15 P.M.: I uninstalled Norton Internet Security 2004 and Norton System Works 2003 along with Live Update and Symantec events detect. I safe booted the computer, and I delete the "[C:\Program Files\Common Files\Symantec Shared](#)" folder. I then reinstalled and configured Norton Internet Security 2004 with Norton Antivirus 2004 and Norton System Works 2003 without Norton Antivirus 2003. I also ran the Norton Updates. The system all seem to be working just fine. I ran Norton Win Doctor and I did a System Restore Backup, and I did a Disk Cleanup on the C: drive. I will now run Norton Disk Doctor, and then I will do a seven part backup of the C: drive to the D: drive. I will run Norton Speed Disk on the C: drive after that. I will eat breakfast while doing that. CIO

Note: <888> 05/05/04 Wednesday 1:35 P.M.: Norton Internet Security 2004 and Norton Antivirus 2004 would not start. I disabled the Windows XP Firewall. I tried uninstalling Norton Internet Security 2004, but it would not uninstall because, I did not have administrator privileges. I ran "msconfig", and I tried unchecking Norton startup programs, but that did not make a difference, and I rechecked the Norton Programs in Startup. I finally ran "msconfig" and under "Services", "Symantec Event Manager" was not checked. I checked that to enable it and rebooted, and both Norton Internet Security 2004 and Norton Antivirus 2004 are running just fine. I also uninstalled Weather Bug. I will now run Norton Update, Norton Win Doctor, do a System Restore backup, then do a Disk Cleanup of the C: drive, and then I will run Norton Speed Disk on the C: drive. While doing this I will have breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. CIO

Note: <888> 05/05/04 Wednesday 12:05 P.M.: I was up at 11:30 A.M.. My cigarette order from <http://www.smokemcheapcigarettes.com/> arrived from the Seneca Indian reservation in Irving, New York up by the Great Lakes. I received five cartons of Seneca Ultra Light 100s at \$11.25 each carton and a carton of Misty Slim Ultra Menthol 100 Box for \$19.20 plus \$1.20 ship each carton for \$82.65. I now have enough cigarettes to last me into June. I also ordered a friend a carton. It took five days from the time I placed the order for them to arrive. I will now uninstall Norton Internet Security 2004 and Norton System Works 2003, since when I boot up the computer, they do not always start up. I will then reinstall them. CIO

Note: <888> 05/05/04 Wednesday 4:50 A.M.: I ran Ad-ware 6.0 and Spybot. I also uninstalled a couple of startup ad aware programs with Bazoooka. The computer is running a lot better with the maintenance that I did this evening. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 05/05/04 Wednesday 2:55 A.M.: I did some systems maintenance after the last message. I put in my Microsoft Windows XP Professional CD, and I ran install, and I selected "upgrade", and I reinstalled the operating system saving my current setup by using the "upgrade" option. I was prompted for the Syntax motherboard USB VIA drivers that are on the motherboard CD. It was a normal install. I then installed XP SP1 update and all of the other updates. I next ran Norton Win Doctor and Norton Disk Doctor. I had to reset the registry with this tweak [InfoWorld: Speed cleaning: February 28, 2003: By Brian Livingston: Platforms](#) . I then did a System Restore backup. I next ran Disk Cleanup on the C: drive which works much faster with the previous mentioned tweak. I still have 2.5 gigabytes of free space on the C: drive. By refreshing the system, it seems a bit more responsive, since it was beginning to get a bit sluggish. Of course everything in computers is relative to the observer. CIO

Note: <888> 05/04/04 Tuesday 11:05 P.M.: [The Queen's Award for Voluntary Service and BBC NEWS World Europe Polish president welcomed to UK](#) . CIO

Note: <888> 05/04/04 Tuesday 10:15 P.M.: I chatted with the same relative again. CIO

Note: <888> 05/04/04 Tuesday 9:45 P.M.: I chatted with a friend. CIO

Note: <888> 05/04/04 Tuesday 9:40 P.M.: I watched some television. I chatted with a relative. CIO

Note: <888> 05/04/04 Tuesday 8:20 P.M.: [ABCNEWS.com : New Medication Useful for Many Ailments](#) including quitting smoking. CIO

Note: <888> 05/04/04 Tuesday 8:05 P.M.: I went outside briefly. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I sliced three 1/4 inch thick slices of cold eye round beef, and I cut them into half inch wide strips. I also put on the salad five artichoke heart quarters. For the cheddar cheese portion, I used Cracker Barrel white Vermont sharp cheddar cheese. I used all of the other regular ingredients, and I ate the salad with a glass of iced tea. CIO

Note: <888> 05/04/04 Tuesday 5:45 P.M.: I went out after the last message. I went by Putnam Trust Bank of New York on Mason Street. I then went by the Greenwich Hospital thrift shop. I then went downtown, and I mailed my \$5 check donation to the Taft School Alumni Fund <http://www.taftschoool.org/> . I know a Japanese resident in town whom is interested in sending his daughter to Taft. It is very fine school started by President Taft's brother, and the Taft family of Ohio are still involved in running the school along with other activities. I next walked the entire length of Greenwich Avenue. I sat out at various locations. I stopped by the Greenwich Hardware store, and I bought

the last 4 inch by 6 inch German flag with a small flag pole for \$2.95 and a small plastic flag stand for .99 plus .06 tax for \$4 total. The German flag is a black stripe over a red stripe over a yellow stripe. I once worked out in Plandome, Long Island for a German American family whose older relative had worked for the Kaiser's general consulate in Manhattan before the Great Wars. I also used to visit with a friend in Manhattan whom spoke fluent German and had lived with the Krup family in Germany, and near where he had his modest apartment at 420 East 49th street is supposedly where the German Consulate to the United Nations is located at First Avenue and East 49th Street, but I have not seen it myself. Also before I moved to Greenwich, Connecticut in 1961, I lived around Germans whom worked for NASA. I also use to regularly visit the Mercedes Benz dealership in Lake Forest, Illinois while I was attending Lake Forest College www.lfc.edu when I was restoring old Mercedes for a little extra pocket money. I also have a Norwegian American friend whom races Porsches quite successfully. I first visited Germany during December 1980 to Frankfurt, Germany, and I spent about four days touring around Frankfurt. I found it very clean and well run. I noticed quite a few United State service personnel were stationed there. Also around 1988, I flew via Lufthansa to Düsseldorf, Germany, and then flew on to Munich to catch a bus to Innsbruck, Austria, and I returned the same way. Thus I have not seen too much of Germany, but what I have seen impressed me. I also on my first trip to Frankfurt took a local train to Stuttgart, Germany, and I toured the Mercedes Benz showroom, but I have not seen the factory. I have some relatives whom are taking a tour this month on [My Celebrity Cruises - Celebrity Constellation Cruises.](#), and as part of the cruise they will be taking a train to Berlin, Germany this month, since I do not think Berlin is on the ocean. I put the German flag on the U.S. Robotics external modem on top of the Dell backup computer. I thus have added it to my collection of flags. After finishing my walk, I drove down by the waterfront. I then went by the Arnold Bread outlet, and I bought an Entenmann's carb counting crumb topped French butter cake for \$1.89, a fresh loaf of Arnold 7 grain wheat bread for .99 and two 5.5 ounce boxes of Arnold's large cut garlic and herb croutons for .99 each less 10% senior discount of .49 for \$4.37 total. I then returned home, and I put away my purchases. I also put \$10 on my Mac Gray laundry card, so I now have \$20.55 total on it. CIO

Note: <888> 05/04/04 Tuesday 1:15 P.M.: I was up at 11 A.M., and I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I checked my mail. I made out a \$5 check to the Taft School Alumni Fund <http://www.taftschoool.org/>, which I will mail when I go out. I tried to make a \$5 donation at www.gcads.net, but the web site would not accept the Bank of New York Master Card debit card. I will wait until I receive a Greenwich Country Day School alumni solicitation, and I will then mail in a \$5 check, if I have the funds. I will now shut down the computer, and I will clean up, and I will go out soon. CIO

Note: <888> 05/03/04 Monday 11:50 P.M.: I read some internet news. I relaxed a bit. I ate a piece of apple pie and two bowls of white corn chips along with some iced tea. I will now shut down the computer, and I will go to bed. CIO

Note: <888> 05/03/04 Monday 10:35 P.M.: I finished going through my email. CIO

Note: <888> 05/03/04 Monday 10:15 P.M.: <http://music.download.com> . CIO

Note: <888> 05/03/04 Monday 9:30 P.M.: I am in the process of going through my email. Make a bootable CD <http://www.nu2.nu/bootcd/> . CIO

Note: <888> 05/03/04 Monday 8:10 P.M.: I just logged onto <http://www.hourofpower.org/support/> at <http://www.hourofpower.org/> and since their web site has a minimum donation of \$20, I called 1-800-9-POWER-9, and I used my Master Card Debit card to make a small \$5 donation. I met Dr. Robert Schuler about 17 years ago, when he was signing books in this area at the Stamford, Connecticut mall, and he prayed for me. From what I can tell, my life got better after that, so I enjoy supporting his church, which is part of the Reformed Church of America which has its roots in the Dutch Reform church which was in my mother's home town of Holland, Michigan, since a lot of Dutch people lived there. I believe Dr. Schuler's wife Arvella is on the board of trustees of Hope College <http://www.hope.edu/> in Holland, Michigan where a great many of my mother's family's relatives attended. Although they are small donations, I consider them seed money at this spring time of year. CIO

Note: <888> 05/03/04 Monday 7:30 P.M.: I watched the NBC evening news. I used my Master Card debit card from the Bank of New York to make a \$5 campaign contribution to the Bush - Cheney 04 campaign fund <http://www.GeorgeWBush.com/SupportOurPresident/> and <http://www.georgewbush.com/> select the "Donate" button and make your own donation. Remember, it is all the small donations that add up to a big political victory this fall. CIO

Note: <888> 05/03/04 Monday 6:00 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I sliced two 1/4 inch thick slices of cold eye round beef, and I cut them into half inch wide strips. I also put on the salad five artichoke heart quarters. For the cheddar cheese portion, I used Cracker Barrel white Vermont sharp cheddar cheese. I used all of the other regular ingredients, and I ate the salad with a glass of iced tea. It is suppose to rain through out this evening, so I will not be going out. However, tomorrow is suppose to be sunny. CIO

Note: <888> 05/03/04 Monday 4:55 P.M.: I made up a fresh batch of home made hummus www.geocities.com/mikelscott/hummus.htm . For the olive portion, I used a 6.5 ounce dry weight can of California black pitted medium olives, and for the garlic portion, I used two cloves of elephant garlic. I used all of the other regular ingredients, but instead of 1/4 teaspoon of celery salt which is no longer available at CVS, I used a teaspoon of celery flakes. I just put away the laundry. CIO

Note: <888> 05/03/04 Monday 3:50 P.M.: [Yahoo! News - Simmering NZ Crater Lake More Scary Than Mt. Doom](#) . CIO

Note: <888> 05/03/04 Monday 3:45 P.M.: I went out after the last message. I went by Smoke for Less in Byram, and I bought a carton of Seneca Ultra Lights 100s for \$31

total. That will probably be the last carton of cigarettes that I buy at Smoke for Less, since I expect my order from <http://www.smokemcheapcigarettes.com/> later this week, and I will order from them in the future. I next went by the Valley Road Post Office, and I mailed my Cablevision, Optimum Online, and Verizon bills. I then went by the Greenwich Hospital Thrift shop, but there was no parking there, so I did not go in. I then drove to the center of town, but there was no parking at the Board of Education parking lot where I usually park, so I did not sit out or walk downtown. I then drove down by the waterfront. I noticed the Launch sailor at the Indian Harbor Yacht club smokes cigarettes. A lot of people around the waterfront smoke cigarettes to keep the bugs away particularly in the tropics. I then went by the Greenwich Library, and I read the Greenwich Time. I chatted with a couple of regular library users. I then went by the Stop and Shop, and I bought four half gallons of Tropicana Premium orange juice with calcium for \$2 each, a 10 package box of quart packages of Stop and Shop dried milk for \$6.99, five 16 ounce boxes of Stop and Shop vermicelli for .40 each, a 48 ounce box of Quaker Old Fashioned oatmeal for \$3.99, two 10 ounce Stouffer's chicken pot pies for \$1.50 each, a Stouffer's 10 ounce vegetable and a Stouffer's regular 10 ounce meat lasagna for \$1.50 each, a 16 ounce jar of Classico roasted garlic and alfredo sauce for \$1.99, a 26 ounce jar of Classico four cheese tomato sauce for \$1.99, a 24 ounce bar of Stop and Shop white cheddar cheese for \$3.99, a quart jar of Stop and Shop strawberry preserves for \$2.99, two 17 ounce bottles of Monari balsamic vinegar from Modena, Italy for \$2.50 each, a 10 ounce bottle of Lea and Perrins Worcestershire sauce for \$2.79, a 16 ounce container of Stop and Shop grated parmesan cheese for \$5.99, a 12 ounce bag of Snyder's 40% less fat white corn chips for \$1.69, a package of Quaker low fat popcorn cakes for \$2.39, and two packages of five different varieties of five each for 25 total per package of Twinings tea for \$3.19 each for \$63.18 total. I then returned home, and I used my metal shopping cart that I keep in my apartment to bring up my groceries. I put away my groceries. I started two loads of laundry. I have 45 minutes to go on the dry cycle. I also washed in the washer machine my yellow Gortex wind breaker jacket, which I hung up in the shower tub area to dry. CIO

Note: <888> 05/03/04 Monday 11:35 A.M.: I ate 15 Town House crackers after going to bed last night. I was up at 9:30 A.M. this morning. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I put clean linens on by bed in the bedroom. I took off the heavy wool baby blue wool blanket from the bed, and I put it in the bedroom closet. I put on the light weight dark blue summer blanket along with the orange bed spread. I checked my mail. I made out checks to pay my Verizon, Cablevision, and Optimum Online bills. I will now shut down the computer, and I will clean up, and I will go out. CIO

Note: <888> 05/02/04 Sunday 10:55 P.M.: I sent a relative an email. I ate ten Town House crackers. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 05/02/04 Sunday 10:10 P.M.: I watched some television including the last half of the movie Robin Hood on the Turner Movie channel. I just now chatted with a relative. CIO

Note: <888> 05/02/04 Sunday 8:25 P.M.: I went out after the last message. I went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. During my walk, I stopped by CVS, and I noticed they have Planter's peanuts buy one get one free. One can get two 16 ounce cans of Planters cashew halves and pieces for \$5.99 both. Although, I was tempted to get them, I decided to stick with my diet, and not to get the snacks. I next drove down by the waterfront. I then took a drive through Bruce Park and north on Indian Field Road, and back west on East Putnam Avenue. I sat out at the library for a while. I moved the orange rubber bumper in front of the rail divider in the annex parking lot. I have seen people in their car hit the rail before, so with the orange bumper, hopefully they will see the rail. The kids are not suppose to skate board in the library parking lot, but they do occasionally. I suppose when they ride the rail, they move the bumper. I also noticed on the light pole on the east side of the street at the top of Greenwich Avenue, the Christmas tree lights timer is left open to the weather, and it still has an extension cord coming out of it. I next went by the ATM machine at Putnam Trust Bank of New York on Mason Street, and I found out that my BNY ATM card no longer works, since I activated my BNY debit card. I next drove back down by the waterfront, and I watched the approaching storm front and fog coming in. I then returned home. I had a message from a friend on my answering machine. I put away the ice tea in the refrigerator. I took the BNY ATM card out of my wallet, and I put it in a safe place, and I put the BNY debit card in my wallet. I ate a piece of apple pie with iced tea. CIO

Note: <888> 05/02/04 Sunday 5:05 P.M.: I will now shut down the computer, and I will clean up, and I will go out. I will let the tea steep while I am out. CIO

Note: <888> 05/02/04 Sunday 5:00 P.M.: I cut four slices of 1/4 inch thick cold eye round, and I put Lea and Perrins Worcestershire sauce on them, and I reheated the remaining half of the rice from yesterday, and I put a few teaspoons of La Choy low sodium soy sauce on the rice, and I ate it all with a glass of iced tea. I am now making a batch of www.geocities.com/mikelscott/icetea.htm . CIO

Note: <888> 05/02/04 Sunday 4:25 P.M.: I printed out the list of the different files that I back up in my seven part back up procedure in backing up the C: drive to the D: drive. I backed up the C: drive to the D: drive in seven parts. While doing this I corrected in black ink the page numbering of my print out of my last four months of notes. The total print out is now 3,166 pages long in Post Script Times Roman 12 bold font. CIO

Note: <888> 05/02/04 Sunday 2:30 P.M.: I will now run Norton Disk Doctor, and then I will do a seven part backup of the C: drive to the D: drive. CIO

Note: <888> 05/02/04 Sunday 2:20 P.M.: I printed out my last four months of notes. I got the page numbering mixed up, and I printed out 310 pages numbered at page 2751-3061, when it should have been 2856 -3166, but later on I will ink in the correct page numbers. I have the print out in two clip binder folders. It is also available for download at [Scott's Notes from June 1997 through April 2004, 3.41 Mbytes](http://www.geocities.com/mikelscott/mlsnote1.zip) <http://www.geocities.com/mikelscott/mlsnote1.zip> contains "mlsnote1.doc" pages 1 -

1582 January 1997 to December 2001 and "mlsnote2.doc" January 2002 through December 2003 pages 1583 - 2855" and "mlsnote3.doc" January 2004 through April 2004 pages 2856 - 3126" . The page number is different on the download from the printout, since it is in True Type Times New Roman as opposed the printout in Times Postscript. I chatted with a friend and a relative while doing the print out. I have the print out on the near side of the blue sofa. CIO

Note: <888> 05/02/04 Sunday 11:35 A.M.: Before going to bed after the last message, I ran Norton Speed Disk on the C: drive. I woke up after a couple of hours after it finished running, and I turned off the computer. I was up at 10 A.M., and I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I will now print out my last four months of notes on the HP LaserJet IID printer. CIO

Note: <888> 05/01/04 Saturday 11:30 P.M.: I did some regular computer work. I chatted with a relative. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 05/01/04 Saturday 10:30 P.M.: For Windows XP SP2 RC1 in the Add Remove programs, one has to check "Show Updates" to see the Windows update programs to uninstall. I uninstalled Windows XP SP2 RC1 and its updates, since my system seemed a bit unstable and slower with them. It was taking a long time to boot, and the Norton Internet Security Firewall 2004 and the Norton Antivirus 2004 programs were disappearing from the lower right tray like they were not working. After uninstalling Windows XP SP2 RC1, I ran Windows update. I then ran Norton Win Doctor and Ad-aware 6.0. I then did a System Restore backup, and I then ran disk clean up, and I have 2.52 GB of space left on the C: drive. The system is running much better, and there does not seem to be any problems. All of the startup programs are working. While doing this, I watched a NBC television movie about Tornado Hunting, and then I watched on FOX 67, President Bush's speech at the White House correspondents dinner. CIO

Note: <888> 05/01/04 Saturday 9:00 P.M.: I changed my three calendars to the month of May. I ate a piece of apple pie with a glass of iced tea. I checked www.usps.gov tracking, the legal document that I sent by Priority Mail from the central Greenwich, Ct. post office on 4:11 P.M. on this past Thursday afternoon was delivered at its destination in Kennesaw, Georgia today 9:09 A.M.. It had nothing to do with my work on the internet, but my web site contained copies of another web site pages from years ago, and the litigant needed verification that it was downloaded from the web site that it came from, which was still contained in the web site pages. I might be reimbursed for my expenses which were \$8.65. CIO

Note: <888> 05/01/04 Saturday 8:10 P.M.: I went out after the last message. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I chatted with another walker. I went by CVS, and I bought two packages of two Marks-A-Lot retractable permanent markers for 75% off for .75 each two pack plus .09 tax for \$1.59 total. I completed my walk, and I sat out for a

while. I used the bathroom at the senior center. I gave a dollar to the Greenwich High School Habitat for Humanity fund raising group in front of the Board of Education building. They want to raise \$5,000 for to build a solar house in Mexico. I noticed that tomorrow despite the impending rain, they are having the Knights of Columbus flea market sale at the Island Beach parking lot. I next drove down by the waterfront. I then sat out at the Greenwich Library for a while. I ran into the same walker, and since he had bronchitis, I gave him a ride home in my direction. I drank some iced tea. I opened up one of the two packs of markers, and I put one in the blue and white bowl to the left of the left computer monitor, and the other on my bedroom desk. I will leave the other package in the bedroom top right desk drawer. CIO

Note: <888> 05/01/04 Saturday 4:05 P.M.: I will now shut down the computer. Dinner should be ready in five minutes. I should be out of here around 4:30 P.M. to 4:45 P.M.. CIO

Note: <888> 05/01/04 Saturday 3:50 P.M.: The Kentucky Derby www.kentuckyderby.com comes on channel 4 WNBC television at 5 P.M. here <http://entertainment.msn.com/TV/guide/Default.aspx> . However, since it is nice this afternoon, and since it is suppose to rain the next couple of days, I will probably not watch it, but I will go out for a walk after I eat dinner. CIO

Note: <888> 05/01/04 Saturday 3:45 P.M.: I started the General Electric Profile 15,500 BTU air conditioner with remote control when I went out this morning setting it at 70 degrees Fahrenheit low fan with ventilation louver closed. It is currently about 72 degrees in the apartment with the westerly sun shining on my west facing windows. I closed the ventilation vent, since in the allergy season, it will not bring in fresh air. I took the 2.65 pound eye round roast, and I put in on a baking rack in a baking pan, and I seasoned it on all sides with Old Bay Seasoning, garlic powder, celery salt, ground black pepper, Italian seasoning, basil, oregano, and Texas Best Mesquite barbeque sauce. I am cooking it in the Farberware convection oven at 325 degrees Fahrenheit for 45 minutes. It has about 20 minutes to go. I will eat two 3/8 inch slices with the juices. I will steamed some quartered broccoli stalks, which I will eat with a bit of olive oil. I rinsed in a metal bowl a cup of Carolina white rice, and I rinsed it underneath warm water with a metal wire strainer. I then put the cup of rice in the China Village rice steamer with 14 ounces of water, two tablespoons of olive oil, and a teaspoon of sesame oil. I put the inner and outer lids on it, and I will microwave it on high in the General Electric microwave oven for 11 minutes, and I will let it stand for five minutes. I will eat half of the rice, and I will refrigerate the other half in a Rubbermaid container, and I will also refrigerate the remaining portion of the cooked eye round roast in a Rubbermaid container in the refrigerator. I will have the meal with a glass of iced tea. CIO

Note: <888> 05/01/04 Saturday 3:00 P.M.: I went out after the last message. I went by the Valley Road post office, and I mailed my GEICO insurance premium and a letter to a relative. I then went by Putnam Trust Bank of New York on Mason Street. I then went by the Greenwich Hospital Thrift Shop. I then went downtown, and I went by CVS, and I picked up a prescription at \$1.50 cost to me, and I bought another Master Lock padlock

at 75% off #803D for \$1.75 plus .11 tax for \$3.36 total. I then went by the Exxon gasoline station next to the Greenwich Library, and I bought \$4.80 of regular unleaded gasoline at \$2.079 a gallon for about 27 miles per gallon this week. I then went by the Stop and Shop, and I bought a half gallon of Florida Natural orange juice with calcium for \$2.50, two 13 ounce boxes of Keebler 50% reduced fat Town House crackers buy one get one free for \$3.59 both, a 10 ounce bag of fresh spinach for \$1.50, two 10 ounce bars of Cracker Barrel Vermont sharp white cheddar cheese for \$2.50 each, and a eye round roast at \$2.99 a pound for \$8.16 for \$20.75 total. I then went by the Vitamin Shoppe www.vitaminshoppe.com at the Port Chester A&P shopping center. They have coupons on the internet at <http://www.vitaminshoppe.com/centers/moneysavingcoupons.jhtml> . I had printed some out. I bought with my Vitamin Shoppe discount card B-complex 100, 100 capsules for \$5.95, E-400 IU with Wheat Germ oil and Lecithin 100 capsules \$7.18, Niacinamide 500 mg. 100 capsules \$4.76, deodorized garlic 500, 100 capsules \$4.48, E-400 IU, 100 soft gels \$4.95, two C-500 complex 100 tablets each bottle \$3.18 each, Multivitamins one daily with lutein and lycopene with no iron 100 tablets \$12.57, B-12 500 mcg 100 capsules \$4.76, and I used a \$10 off coupon that I had received in the mail for a purchase over \$50, so the total was \$41.01. I then returned home. It took a while for me to figure out a minor error in my Microsoft Money program, but I finally found it. I decided to take my Internet directory files off my 32 meg. USB drive, and instead I put on my Microsoft Money file which is about 29 megs. I drank some iced tea. I will put the extra Master Lock pad lock in my left top living room desk drawer. The www.usps.gov tracking says that the Priority Mail package that I mailed on Thursday afternoon has reached the town of its destination, but I am not sure if it has been delivered or not. CIO

Note: <888> 05/01/04 Saturday 9:40 A.M.: I was up at 8 A.M., and I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I will now clean up, and I will go out. I will start doing a full system scan with Norton Anti Virus 2004. CIO

Note: <888> 06/30/04 Wednesday 11:15 P.M.: I went through my email. There was not that much, because the email movers and shakers might be on vacation as of the first of the month. A little bird told me recently that the President of a computer company is traveling around the world currently. Of course for privacy reasons I can not divulge the computer company or the individual, but knowing the company, it is par for the course. CIO

Note: <888> 06/30/04 Wednesday 10:20 P.M.: I chatted with a friend and a relative. CIO

Note: <888> 06/30/04 Wednesday 9:15 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I used all of the regular ingredients except for the tuna fish, I used a tin of sardines that I chopped. For the cheddar cheese portion, I used Land-O-Lakes pepper jack cheese. I had the salad with a glass of iced tea. I decided keeping the LampLight Farms <http://www.lamplightfarms.com/> smokeless and odorless lighting oil in my three miniature hurricane lamps is potentially a fire hazard in

that it could cause a fire to accelerate, so I emptied the three miniature hurricane lamps, and I put the oil back in the LampLight Farms plastic bottle which I keep in a sealed glass spaghetti noodle jar on the small miniature shelves to the left in the kitchen. In a prolonged energy outage, I could always fill them. The miniature hurricane lamps still have a minimum of the oil remaining in them, which will evaporate over time. CIO

Note: <888> 06/30/04 Wednesday 7:35 P.M.: I did not fall asleep until 4 A.M. this morning. I ate the last 2 inch by 1.5 inch by 1 inch pieces of Cabot's www.cabotcheese.com 50% less fat Vermont white cheddar cheese. I also ate a bowl of corn chips along with some iced tea. I was awoken about 6:30 A.M. by a telephone call from a friend. I was finally up at noon. I had breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I went outside briefly, and I checked the mail. I cleaned up, and I went out. I drove over to the Arnold bread outlet, and I bought a 5.5 ounce box of Arnold Zesty Italian large cut croutons for .99 and a loaf of Arnold whole wheat bread for \$1.35 and on Wednesdays, one gets the senior discount of 10% off for .23 off in my case for \$2.11 total. I then drove down by the waterfront, and I chatted with some waterfront observers. I then went by the Greenwich Hospital Thrift Shop, and they were closed today for reorganizing new stock, but they will be opened tomorrow. I then went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. During my walk, I stopped by the Greenwich Hardware store, and I bought a large magnetic key hider for \$3.99 plus .24 tax for \$4.23 total. I then went by CVS, and I dropped off a roll of 24 exposure 35mm film for double prints, which should be ready in two days. I bought twelve 3.75 ounce tins of Beach Cliff sardines in water for two for .99 for \$5.94 total. I then completed my walk. I then went by the Greenwich Library, and I read the Greenwich Time, which had the article about the 30th anniversary of the Gulliver's discothèque fire [Greenwich Time - Firefighters reflect on anniversary of Gulliver's tragedy](#). I recall I was only at Gulliver's once or twice, but I recall visiting it around April or May 1975 with a couple of neighbors. I was aware of the fire since I read the Greenwich Time reports of it, and my mother had been one of the nurses that responded to the Greenwich Hospital in the emergency. As I recall about half of the victims were young students from France. I guess since I visited the bar discothèque in April or May 1975, they had rebuilt it. At the time I had quit smoking tobacco, and I recall the place was smoky, so I left shortly after arriving and having a bourbon and ginger ale. I recall upon leaving going up the steps to the parking lot, that the left side door as one exited was opened for entry, but the right side of the double doors was locked, so like on all auditorium doors instead of pushing on the handle when it is locked from the inside, I pushed on the spring lock door lock at the door jam, and it opened. I do not recall whether I was ever at Gulliver's before the fire or not. I recall the night of the Gulliver's fire, I was in Manhattan at the Le Jardin discothèque, and I spent the night at Steve Wheellock's apartment on east 60th street, and the following morning when we went out to breakfast on Madison Avenue, I saw the story in the New York Times. I recall the time I went to Gulliver's in April or May 1975, I road over with one of my neighbors Peter Fox on his motorcycle. As I recall Gulliver's was in the basement of a bowling alley. There were other exits around the discothèque dance floor, but I do not recall checking them to see if they worked or not. Presently, I think the office building where Perrier of America is located is at that location. I next returned home

after reading the Greenwich Time, and the large size magnetic key hider will not fit my Hyundai key, so I will keep it for a relative in Maine that needs one. I can get the extra large magnetic key hider at Charles Stuttig's locksmith at 158 Greenwich Avenue. I put away my purchases. CIO

Note: <888> 06/30/04 Wednesday 1:25 A.M.: One should remember this time of year to keep an eye on www.geocities.com/mikelscott/weather.htm . While up in Kennebunkport, Maine, I saw a rebroadcast of the Weather Channel Program on Hurricane Andrew. In quick summary hurricanes hit North Carolina three years ago, and the Virginia, Maryland, Washington D.C. area last fall, which might mean there might be a trend of hurricane activity pushing further north each year recently, which would mean the Chesapeake Bay area, Cap May, New Jersey area north to Atlantic City, New Jersey or even New York might be effected this year or in the next couple of years. Also during the last two years, Bermuda has been hit by a number of hurricanes. Thus as any sea dog knows, one should keep a weather eye, and with all the information on the internet, if one can afford to live near the ocean or have a boat, there is really no reason that one should not be able to afford to keep track of the weather on the internet or other weather information service. This image looks really great on my Sony FD Trinitron 21 inch monitor [NRL Monterey Satellite Photos](#) from the experts at [NRL Monterey Tropical Images](#) and [NRL Monterey Weather Satellite Products, Images & Movies](#) and [Naval Research Laboratory Monterey](#) and don't forget www.geocities.com/mikelscott/weather.htm . I recall when the hurricane hit North Carolina three years ago, the Navy Research Laboratory in Monterey, California knew three days before it happened from their IBM super computer modeling, but alas, they did not alert the people on the east coast about the impending hurricane. Thus one has to do a bit of research oneself on the internet, and not just rely on CNN for TV weather, since it is the nature of the media, they are not going to alert a large number of people and scare them, since it tends to be the general consensus that it is better for large numbers of people during a hurricane to take shelter locally as opposed to be traveling on the road should they fear one happening. The 2004 Atlantic Seasonal Hurricane Forecast [The Tropical Meteorology Project: \[FORECASTS\]](#) is for increased activity this season. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 06/30/04 Wednesday 12:15 A.M.: <http://www.webmaster-tool.co.uk/> . CIO

Note: <888> 06/29/04 Tuesday 11:35 P.M.: I finished going through my email. CIO

Note: <888> 06/29/04 Tuesday 10:15 P.M.: I installed the OfficeReady Essentials program. I chatted with a relative. When I chatted with another relative last night, the relative told me about a book that a friend had edited. This is the link to the book <http://www.utexas.edu/utpress/books/armver.html> . It is based on translations from the library at Heracleum near Pompeii, which was discovered underneath the basement of a laundry room, which contained Julius Caesar's father in law's library which was quite extensive since he was wealthy. Apparently the scrolls in the library were able to be read after being sealed in the volcanic ash with aid of technology from NASA. My relative's

friend is David Armstrong whom is working on deciphering the scrolls, since he can read the ancient Greek writings, and it is part of the Philodemus project, and there was a program on it on the Discovery Channel

<http://dsc.discovery.com/news/briefs/20030303/papyri.html> and <http://www.arethusa.net/>
 . CIO

Note: <888> 06/29/04 Tuesday 9:20 P.M.: I have gone through most of my email from the past week. I went to www.freebizmag.com , and I was able to download a free sample of OfficeReady Essentials [TemplateZone - OfficeReady Essentials - Converting Word to PDF & Excel to PDF, Invoice Template](#) . CIO

Note: <888> 06/29/04 Tuesday 7:35 P.M.: I made up a fresh batch of homemade hummus www.geocities.com/mikelscott/hummus.htm . For the garlic portion, I used two medium cloves of elephant garlic. I then made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I used all of the regular ingredients, except I did not use Danish blue cheese. For the cheddar cheese portion, I used Cabot's 50% less fat Vermont white cheddar cheese. I had the salad with a glass of iced tea. CIO

Note: <888> 06/29/04 Tuesday 6:05 P.M.: I went outside, and I chatted with a couple of neighbors. There were a few thin white lines from the Nu Finish <http://www.nufinish.com/> wax job that I put on my 1999 Hyundai Accent 2 door hatchback last October 2003. I have washed the car three times since then. The small white lines were from not buffing out the wax completely particularly on the passenger side. I took a terry cloth towel, and I buffed them out, and then I wiped and buffed them with a damp part of the towel. I keep a spigot handle in my car glove compartment for turning on the outside water faucet from the old days when I use to wash the car with a bucket and a hose. It looks better. I have to touch up with a small bit of black paint a couple of scratches. My Hyundai just turned to 41,000 miles while I was downtown. I am not due for a scheduled maintenance until 47,500 miles except for an oil and filter change at the next 3,000 mile interval. CIO

Note: <888> 06/29/04 Tuesday 5:00 P.M.: I was up at 10:30 A.M. this morning. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. As usual I watched television with my morning coffee. I cleaned up, and I went out. I went over to the Oil Star oil change place in Riverside, Connecticut, and I had my 1999 Hyundai Accent 2 door hatchback oil and oil filter changed and the fluids and other items checked for \$31.95 with a \$3 off coupon plus four quarts of Castrol 10W30 oil for \$3.25 plus .97 disposal charge for the old oil and \$1.98 tax for \$34.90 total. The Oil Star Service man found my spare key I had hidden underneath the car its case melted because it was too near the exhaust, so they gave me the melted case with the spare key I had hidden. I will have find another place to hide the key outside the car interior which is difficult. I went over to the Mobil Express car wash in Old Greenwich, and I had my car washed for \$5. I towel dried the remaining dampness afterwards. I then went by the Greenwich Hospital Thrift Shop. I next went by the Exxon gasoline station next to the Greenwich Library, and I put \$12.80 of regular unleaded gasoline \$2.299 a gallon. During my recent trip to Kennebunkport, Maine and back, I drove 570 miles including

local travel to and from the gas pumps, and I put in 11.236 gallons of gasoline at four fill ups during that period, so with extended travel mostly on the highway in fifth gear I averaged 50.729797080811676753292986828053 miles per gallon usage during extended highway driving and a small bit of local driving. I next went by the Greenwich Town Hall, and I paid the yearly property tax on my 1999 Hyundai Accent 2 door hatchback which was \$21.24. I then drove down by the waterfront. I next went by Putnam Trust Bank of New York on Mason Street. I then went by the Stop and Shop, and I bought broccoli crowns at \$1.99 a pound for \$2.29, two eight ounce bars of Land O Lakes Pepper Jack cheese for \$2 each, a 10 ounce bag of fresh spinach for \$1.99, a 10 ounce box of fresh mushrooms for \$2.29, a pound of fresh strawberries for \$2, a 16 ounce bag of baby carrots for \$1.50, a quart of plum tomatoes for \$3.49, a Super Size 20 ounce bag of Tostitos restaurant style taco chips for \$2.99, and a 8.5 ounce box of Triscut reduced fat crackers for \$1.99 for \$22.54 total. I then returned home, and I put away my purchases. I drank some filtered cold water. CIO

Note: <888> 06/28/04 Monday 11:10 P.M.: I chatted with a relative. I will now shut down the computer, and I will go to bed soon. CIO

End of Scott's Notes week of 06/28/04:

Note: <888> 06/28/04 Monday 9:10 P.M.: I went outside briefly, and I threw out some garbage. I will now send out my weekly notes a few days late. CIO

Note: <888> 06/28/04 Monday 8:35 P.M.: I am microwaving a Maria Callender turkey pot pie, which I will have with iced tea. I am a 100 miles over the 3,000 mile interval for an oil change on my Hyundai, so I will have the oil and oil filter changed and fluids checked tomorrow at Oil Star in Riverside, Connecticut. CIO

Note: <888> 06/28/04 Monday 8:15 P.M.: I have returned from Kennebunkport, Maine <http://www.geocities.com/mikelscott/137.htm> where I visited with a relative. I was awake on last Wednesday morning at 8 A.M.. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I packed the car. I waited around until I went to the bathroom #2, so I would not have to go to the bathroom #2 on the highway. I turned off the toilet and the air conditioner. I left at 10:15 A.M.. I drove over to King Street in Port Chester, New York, and I drove up to Westchester County airport, and I followed the road around to I-495 East. I took I-495 East to I-84 East. I took a break at the Danbury, Connecticut welcome center. I then drove east on I-84 East, and I took another break at the Southington, Connecticut rest area. I then drove east on I-84 East, and I took another break at the Vernon, Connecticut rest area. I followed I-84 East to the Massachusetts turnpike east, and I took another break at the rest area just after I got on the turnpike. I bought at the Exxon filling pumps at the rest area with my Bank of New Master Card debit card \$5.80 of regular unleaded gasoline at \$2.079 a gallon for over 50 miles per gallon usage, which I get with the fifth gear in my 1999 Hyundai Accent hatchback. I exited at the next exit to I-290 North paying a .50 toll. I followed I-290 north to I-495 north, and I took another break at the Lowell, Massachusetts rest area. I then followed I-495 north to I-95 north, and I took a break at

the New Hampshire turnpike welcome center. I then paid a dollar toll at the New Hampshire turnpike, and I proceeded to the Maine turnpike, when I paid a \$1.50 toll. I exited at the Wells, Maine exit, and I took U.S. 1 north, and after about two miles, I took the right turning into Kennebunkport, Maine. I arrived at my relatives house at 4:30 P.M. for a 6 hour and 15 minute trip and 276 miles door to door. I unpacked my car including the Danish cherry end table that I had brought up, and I chatted with my relative. We went out to dinner at the Wayfarer restaurant in Cape Porpoise, Maine, where I had the turkey special for dinner. We drove out to the point in Cape Porpoise. We then returned home, and we chatted, and watched a bit of television. I went to bed about 10:30 P.M.. I was up at 9 A.M. the next morning on Thursday, and I had breakfast of cheerios, toast with margarine, orange juice, vitamins, supplements, and coffee. I watered my relatives plants on the rear deck. I cleaned the gutters front and rear on the house, where I could reach them with the latter. I used rubber gloves and bucket to clean the gutters, and then I used a hose to rinse them out, and I put the webbing back over the rear gutters. I moved a hose around, and I water the plants around the house. I swept the pine straw off the driveway. I did some other minor chores. My relative, and I had fresh crab meat salad for lunch with iced tea. I cleaned up, and we went out, and we drove up U.S. 1 to South Portland, Maine. We went by Marshall's, Home Depot, T.J. Max, Wal-mart, and back in Biddeford, Maine, we went by Shaw's grocery store. We returned home, and my relative cooked me a Angus Beef Tenderloin filet mignon for dinner in a frying pan medium rare. I actually had 1.5 filet mignons, along with steamed broccoli and two ears of corn on the cob with iced tea. We sat out on the deck for a while, and I chatted with my relative, and we read the papers and watched television. I went to bed about 11 P.M., and I was up the following Friday morning about 10 A.M.. I had breakfast of cheerios, toast with margarine, orange juice, vitamins, supplements, and coffee. I hooked up a new hose and nozzle to the back deck of the house, since the old hose was leaking. I repaired the old hose with a splicer. We had gotten the parts at Home Depot. I watered the plants on the rear deck, and I set up the hose so it all on the deck coiled, but one has to turn it on from below. On the east side of the house where a stone wall had been rebuilt, I weeded the area around it, and I hoed it, and I then I raked it with a rake. I then used a Scott's hand spreader and Scott's grass seed to seed the area. We had gotten the spreader and grass seed at Wal-Mart the day before. I then watered the newly seeded area and the plants in front of the house. I hung another old hose at the front east of the house. We had lunch of fresh crab meat with salad and iced tea. We went for a drive, and we went by the Kennebunk Volvo and Saab <http://www.saabandvolvo.com/>, and my relative had some hydraulic oil put in the power steering pump of the 1998 Audi, and it quit making noise. We went by the nearby NAPA store, and we got windshield washer with deicer, which I put into the Audi. We went by the grocery store in Kennebunk. We went back by my relative's house. We took a drive in my Hyundai along the beach. We returned back to my relatives house, and for dinner we had baked Haddock, salad and broccoli and iced tea. We sat up and chatted, read the newspapers, and watched television until about 11 P.M.. I went to bed, and I was up at 10:30 A.M. on Saturday. I had breakfast of cheerios, toast with margarine, orange juice, vitamins, supplements, and coffee. It was raining out, so I did not do any outdoor chores. We went for a drive around Kennebunk and went by a lamp store in Kennebunk, a gardening shop, and antique shop, and we did some grocery shopping there. We had lunch of salad and turkey and Irish Swiss cheese

sandwiches along with iced tea. I took a nap. My relative went out for dinner, and I had baked filet of salmon with two ears of corn on the cob. I chatted with my relative, read the papers, and watched television, and I went to bed about 11 P.M.. I was up at 11 A.M. on Sunday, and I had breakfast of Cheerios, toast with margarine, orange juice, vitamins, supplements, and coffee. We went by a grocery store in Kennebunk. We returned home. We had turkey and Irish Swiss cheese sandwiches with salad for lunch with iced tea. We went over to beach for a while. I went out, and I took some still photographs and Sony Handycam video of the Dock Square area, the breakwater in front of the Colony Hotel, St. Anne's church, and Walker's Point. I then returned back to my relative's house, and I watered the plants on the rear deck and the front of the house and the new grass seed. For dinner, we had tacos with avocado chips fried ground round with onions, cheese, lettuce, and taco sauce along with iced tea. For desert, I had Hagen Daz vanilla ice cream. We chatted, read the papers, and watched television. I went to bed about 11 P.M., but first I packed most of my belongings. I was up at 9 A.M. today, and I had breakfast of cheerios, strawberries, orange juice, vitamins, supplements, and coffee. I helped my relative plant a plant. I packed the car, and I almost locked the keys in the car, but the rear hatchback was still unlocked. I said my good byes and thanks to my relative, and I left at 10:40 A.M.. I stopped by the Apple Mobil station in Kennebunkport, Maine, and I bought \$7.65 of premium gasoline at \$2.089 a gallon. I used my debit card for the purchase. I then left downtown Kennebunkport, Maine about 11 A.M.. I took a break at the Amtrak station at Wells, Maine. I then got on the Maine Turnpike South, and I paid the \$1.50 toll, and then I paid a dollar toll at the New Hampshire turnpike. I then took a break at the Massachusetts welcome center on I-95 south. I then took I-495 south, and I took another break at the Lowell rest area. I then followed I-495 south to I-290 south, and I got on the Massachusetts turnpike, and I took a break at the rest area. I called and cancelled an appointment for today. I put \$5 of regular unleaded gasoline at the Exxon pump \$2.059 a gallon. I exit the Massachusetts turnpike at I-84 west, and I paid a .50 toll. I followed I-84 west to Connecticut, and I took a break at the Connecticut welcome center. I then followed I-84 west across Connecticut, and there were very light sprinkles around Hartford. I got off I-84 west at the first Southbury exit, and I went to the mall parking lot for a break by the McDonalds. I then followed I-84 west to I-684 south, and I took a break at the rest area just before Armonk, New York. I then exited I-684 south at Westchester County airport, and I drove down King Street to just past the Merritt parkway, and I took a left in Glenville, and I returned home at 5:10 P.M. with the trip still at 276 miles door to door and 6 hours and 10 minutes. I unpacked the car. I chatted with my relative to let them know that I returned safely. I turned on the toilet and the air conditioner. I unpacked my luggage. I drank some iced tea and cold filtered water. I sorted through my mail. I received notification from Bank of New York not to do online transfers more than six times a month, which I will not do. I watered my apartment plants. CIO

Note: <888> 06/23/04 Wednesday 1:00 A.M.: I will not be updating this note for a while, because I will be away visiting a relative in Kennebunkport, Maine <http://www.geocities.com/mikelscott/137.htm> until about this coming Monday afternoon, when I will probably return. The way I drive up there if I remember correctly is that I drive up King Street from nearby in Port Chester, New York to I-684 east, to I-84 east, to

the Massachusetts Turnpike east, to the first exit for I-290 North to Worcester, to I-495 East, to I-95 north to the New Hampshire turnpike north to the Maine turnpike north to the Wells, Maine exit and I will drive into Kennebunkport. I tried to rest since 10 P.M. without much success. I finished eating the corn chips, and I ate a Nature's Valley granola bar with iced tea. I plan to wake up at 7:30 A.M. and leave around 9:30 A.M.. I will now shut down the computer. CIO

Note: <888> 06/22/04 Tuesday 9:55 P.M.: I finished going through my email. CIO

Note: <888> 06/22/04 Tuesday 9:25 P.M.: I finished packing. I went outside briefly. CIO

Note: <888> 06/22/04 Tuesday 8:00 P.M.: I went out after the last message. I went by the Exxon gasoline station next to the Greenwich Library, and I bought \$4.35 of regular unleaded gasoline at \$2.359 a gallon for about 25 miles per gallon usage. I then sat out briefly downtown. I then drove down by the waterfront. I returned home. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I used all of the regular ingredients, except the baby carrots and Danish blue cheese and for the cheddar cheese portion I used Cabot's www.cabotcheese.com 50% less fat Vermont white cheddar cheese. Instead of sliced mushrooms on the top of the salad, I put two Portobello mushrooms sliced in 1/4 inch thick slices. I cut off the dirty tips of the stem, and I rinsed the Portobello mushrooms underneath cold water before slicing it. Also instead of a sliced plum tomato, I used a whole fresh tomato about the size of a baseball that I cut into eights. I had the salad with a glass of iced tea. I went outside briefly. I just chatted with a friend. I will now do my packing. CIO

Note: <888> 06/22/04 Tuesday 4:30 P.M.: I put away both loads of laundry. I chatted with my relative in Maine, and my relative in Maine does not need the two telephones I was thinking about bringing up. However, my relative has a matching Danish Cherry end table like I have two of stacked up on top of each other to form the Danish bar at the apartment entrance. The lower one is the original matching one from the set, but it is a bit darker since I used dark Old English furniture polish on it a number of times. The upper one that I bought about a year and a half ago at the Greenwich Hospital Thrift shop for \$40 is more of the original cheery color. I removed the items from the upper Cherry Danish end table, and I took it off from on top of the other one. I cleaned and polished it with spray furniture polish. I was able to fit it in the back seat of my Hyundai by putting in upright and then flipping it upside down, so its weight rests against the back of the seat. I then took of the IBM Cyrix backup computer and monitor from off the square Danish Cheery coffee table on the left side of the Danish bedroom desk, and I cleaned and polished it with spray polish. I then put it on top of the lower Danish end table, so the Danish bar is still two levels. There is about a foot space on the upper level since the small Danish coffee table is not as large. I put all the items for the Danish bar back in position along with the telephone equipment, so it all looks pretty much the same. I did move the four three packs of Perrier 2000 to underneath the near side of the blue couch. I put the IBM Cyrex backup computer back on the left side of the Danish desk with the Royal monitor on top of it, so it is all connected to work along with the other backup

computers. I moved some of the smaller items around to reorganize that area. Thus the apartment is all back together and organized. I finished charging the Sony Handycam rechargeable battery, and I put it with the Sony Handycam video camera, and I have a RCA connector cord, and its charger out to pack to take with me to Maine. I will now clean up, and I will go out for a short spell. I have to fill the car up with gasoline. I will pack when I return. I will now shut down the computer. CIO

Note: <888> 06/22/04 Tuesday 1:55 P.M.: I was up at 11:30 A.M.. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I put clean linens on the bed in the bedroom. I have two loads of laundry to do, but only one washing machine was available, so I have ten minutes to go on that machine. I put the Sony Handycam rechargeable battery pack in the charger, and it should be charged by 3 P.M.. CIO

Note: <888> 06/22/04 Tuesday 1:55 A.M.: I read the Sony monitor manual, and I made some adjustments. It all seems to be working just fine. I did some regular computer work. I turned off the computer and monitors. I disconnected the monitor cable to the Sony monitor, and then I turned on the Sony Monitor, and I held the small joy stick to the right for over two seconds, and the self test screen showed up with the primary colors test screen indicating the monitor tests all right. I then turned off the Sony monitor, and I reconnected the video cable, and I rebooted the system. I changed my Vibra web cam settings to the default settings, so it works better. I moved the US Robotics external backup modem from on top of the Sony monitor to down below in between the two monitors on the table, since I probably will not be using it, since the cable modem is very reliable. It is still available if I should need to use it with Juno free dialup. I moved the X10 remote mouse control to underneath the right side of the left monitor. I put the little LCD clock on the top right of the Sony monitor. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 06/21/04 Monday 11:30 P.M.: [BBC NEWS Technology IBM seizes supercomputing crown](#) . CIO

Note: <888> 06/21/04 Monday 10:55 P.M.: I went out after the last message. I went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I stopped by CVS during my walk, and I bought four 2.7 ounce Mennen Speed Stick 24/7 time-released icy surge anti-perspirant deodorant sticks for .99 each and a Glade Plug-in oil refill Hawaiian Breeze scent for \$1.99 plus .36 tax for \$6.31 total. I then completed my walk. I used the bathroom at the senior and arts center. I next drove down by the waterfront, and I chatted with a local fisherman. He informed me that the Stripped Bass are now being caught in the Greenwich, Connecticut area. I remember, they use to run off Madaket off Nantucket Island, Massachusetts during the first week of June, so I guess with the cooler weather and cooler water temperatures up north this year, they are running later. I next sat out for a while at the bench at the Greenwich Library. I then went by the Food Emporium, and I bought a Ben and Jerry's 16 ounce butter pecan ice cream for \$3.59 less a dollar off store cash register coupon for \$2.59 total. I then returned home, and I drank some iced tea. I had one of those fax calls on my answering

machine. I put the new Glade Plug-in oil scent refill Hawaiian Breeze scent in my kitchen Glade scent holder with the tiny fan, so the apartment smells a little better. Since I walk so much, I guess my apartment always smells a bit like dirty sneakers. CIO

Note: <888> 06/21/04 Monday 7:25 P.M.: Earlier today, I cancelled the dental hygienist appointment I had for this Friday, and I will reschedule when I get back. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I used all of the regular ingredients, except the baby carrots and Danish blue cheese and for the cheddar cheese portion I used Cabot's www.cabotcheese.com 50% less fat Vermont white cheddar cheese. Instead of sliced mushrooms on the top of the salad, I put one Portobello mushroom sliced in 1/4 inch thick slices. I cut off the dirty tip of the stem, and I rinsed the Portobello underneath cold water before slicing it. I had the salad with a glass of iced tea. I will now go back out for an evening stroll. I will shut down the computer. CIO

Note: <888> 06/21/04 Monday 6:35 P.M.: CNN.com - [Connecticut's Rowland announces resignation - Jun 21, 2004](#) . CIO

Note: <888> 06/21/04 Monday 6:25 P.M.: All five backup computers now have their 17 inch monitors installed the way they were before I rotated them after the 19 inch Iiyama monitor malfunctioned. Thus the IBM Cyrix computer now has the Royal 17 inch monitor too. On the AMD backup computer in the bedroom on the brass and glass coffee table on the Danish desk, which is my third best computer, I put in a new Energizer #2032 lithium disk CMOS battery, and I reset the CMOS settings, so it now starts up just fine. I replaced the CMOS battery on the IBM Cyrex computer about five months ago. Thus all six desktop computers are go for operation, and five of them can be online at the same time, the way I have it all set up. Of course I still have an 8 port hub on the Dell backup computer in the living room, so with it turned on the and the two Lan cables that I have connected, one could operate two laptops or seven if one had extra Lan cables. CIO

Note: <888> 06/21/04 Monday 5:25 P.M.: I was up at 10 A.M., and I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I picked up my mail. I then cleaned up, and I went out. I went by Putnam Trust Bank of New York on Mason Street. I then returned back to my apartment, and I chatted with a neighbor. I then went by the Greenwich Hospital Thrift Shop. I bought a 21 inch diagonal Sony FD Trinitron GDM-F500 computer monitor made in 1999 for \$40. I paid for half of it in cash, and I paid the other half with my Bank of New York Master Card debit card. I used the folding cart that I keep in the back hatchback area of my Hyundai to carry it to the car. I returned home, and I brought it up to my apartment with the same cart. I disconnected from the primary computer the Dell 17 inch Trinitron monitor on the left side, and moved the 19 inch CompUSA monitor to the left side connecting it to the Diamond Stealth 32 meg. PCI video card that boots first. I put the 21 inch Sony FD Trinitron GDM-F500 http://www.ita.sel.sony.com/support/displays/legacy/GDM_man/GDMF500.pdf monitor in the center position to the right of CompUSA 19 inch monitor, and I connected it to the MadDog Multimedia 4X AGP 64 meg. video card that boots as the secondary monitor in

Windows XP with my desktop expanded to it. It works just fine. It has a four port USB hub on the back left and right hand sides of the base of the monitor that I connected up with one of my 10 foot USB cables from the back side of the primary computer to the last remaining free USB port to the input on the monitor. The USB hubs are hard to reach on the lower back side of the monitor stand, but they are available for use, and Windows XP recognized them plug and play. I cleaned off the magic marker \$40 price tag off the monitor with Ronson lighter fluid. I cleaned the monitor screen with glass cleaner, and I lightly wiped the rest of the monitor. It works very well. I adjusted the settings. I have it set to turn on with lower right control panel switch. I will use the large screen 21 inch monitor for web browsing. I put the U.S. Robotics Sportster 56X backup fax modem on the top right of the Sony monitor, with the web camera at the center front top of the monitor, with the X10 remote mouse base unit to the left of the web camera, and the X10 remote mouse on the left top side of the Sony monitor. I have the little LCD clock on top of the modem. This article says it cost \$1,899 when new five years ago, but it shows how fast equipment prices drop in the computer business for older equipment [Windows Magazine Sony Multiscan GDM-F500](#) . It was a very deluxe model in its time, and if I get a years use out of it, it will be worth the \$40 investment. I now have to rotate the 17 inch monitors on the backup computers. I also printed out the 18 page Sony monitor manual. CIO

Note: <888> 06/21/04 Monday 3:15 A.M.: I installed this small 30 day demo hard drive program on my computer [SoftwareVault.com - SIGuardian Lite: Estimate hard drive life.](#) . I will now shut down the computer, and I will go to bed. CIO

Note: <888> 06/21/04 Monday 2:30 A.M.: I made two CDs with one containing my Documents on my hard drive and the other containing important folders including various work. I made a copy of each of the CDs too. I put the two originals in the Fire Sentry safe box that I keep on the wire shelf at my apartment entrance, and I will carry the other set with me up to Maine, in case in an emergency I had to do some work if a computer were available. However, most of the CD contents are archival, and most of the work is already posted on the internet. Still besides the C: drive to D: drive backup that I make every month, I suppose I should keep up to date CD backups too. I am able to make CD backups easily with Nero Burning 5.5 that came with my CD/RW drive. CIO

Note: <888> 06/21/04 Monday 12:40 A.M.: The big button General Electric telephone on the living room desk right side was making static, so I exchanged its long headset cord with the Columbia Big Button telephone long headset cord by the bedroom bed, and both of them seem to work fine now. I suppose the original General Electric cord was not in tight enough. I plan to take the General Electric big button telephone and the Columbia 2.4 gigahertz cordless telephone and headset by the primary computer up to my relative's house in Maine, since the relative can use additional phones. Since I have three other cordless telephones in the apartment along with the telephones on cords, and since I hardly use any of them, and I usually just talk on a corded telephone or the internet, I think I can do without the two I am taking to Maine. I also plan to take up for possible use by another relative a waist 34 inch pair of Barney's Khakis that I never had the cuffs put on, and I never wore before I put on weight. I also plan to take up the Northern Trust

annual report. I might also take up one of the two matching Danish cheery wood end tables that I have stacked on top of each other, since the relative has one that matches it, and might need it. There is an additional new room that was put in this winter up in Maine. I guess I could take the square Danish table off the Danish desk in the bedroom, and I could stack it on the other Danish end table to keep the basic Danish bar set up at the apartment entrance. I think I might be able to get the Danish end table into the back seat of my Hyundai hatchback. Of course if my friend is able to drive me up as planned the last week of July in his 1992 Buick Roadmaster station wagon, I would then be able to take up the day bed too. Then I would have a little bit moving around room in my apartment. CIO

Note: <888> 06/20/04 Sunday 11:40 P.M.: I have 15 of the 50 calling cards that I printed out in black and white on the Minolta QMS PagePro 1250W laser printer left. I printed out 50 more calling cards in color with the Epson Stylus Color 880 printer, and they look better in color. I also changed the font to Microsoft Reference Sans Serif font size 8 or best to fit. I also corrected the misspelling of volunteer to volunteer. I also printed out 10 calling cards in color on a sheet of regular paper. I put two small and one medium binder clips and 10 paper clips in the blue and white bowl on the dining room table to have available for use. Thus I have on a modest budget continued to maintain my Pied A Terre modest apartment and office here in the United States of America in Connecticut in the New England part of the United States of America, which before the British settlement was called New Amsterdam, and before the Dutch settlement on the Map of Magellan was called "Nova Francia" or "New France". Thus the French were one of the earlier adventurers into this area. On my paternal Grandfather Clarence Scott's side of the family, I believe they first arrived in this country in at the Isle of Wight County, Virginia around 1632 <http://www.historicstlukes.org/> and my paternal grandmother Elizabeth Garde Scott's family the Garde family first arrived in this country at York, Maine <http://freepages.genealogy.rootsweb.com/~cafamilies/garde/> in 1634, and my mother's father Pieter Boven's family Boven <http://blacklake.biz/excerpt.htm> and mother's family Jeane Vanvylavelt? Boven were from the Dutch settlers whom settled in Holland, Michigan in 1847 <http://www.holland.org/index.pl?paID=6>, so my father's family were here for over 200 years before my mother's family arrived. Thus it seems my father's family for whom I have the last name of are historically here for a longer period of time, but if I am not mistaken in the area of Groningen, in the Netherlands where the Bovens were from, is part of WestFalia which once was part of Germany too, and at that location around 1952, Royal Dutch Shell oil discovered some of the largest natural gas deposits discovered up until that time, so possibly the Dutch cousins that were left behind in the Netherlands might have enjoyed a more prosperous existence. CIO

Note: <888> 06/20/04 Sunday 9:35 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm. I used all of the regular ingredients, and for the cheddar cheese portion I used Cabot's www.cabotcheese.com 50% less fat Vermont white cheddar cheese. Instead of sliced mushrooms on the top of the salad, I put one Portobello mushroom sliced in 1/4 inch thick slices. I cut off the dirty tip of the stem, and I rinsed the Portobello underneath cold water before slicing it. I had the salad with a glass of iced tea. During the fall of 1972, I saw Diana Ross and the Supremes at a

concert on the campus of Northwestern University. The same night in Chicago there was a concert with Elvis Presley that I could not get tickets for. I recall reading a lot of women with blue bouffant hairstyles showed up at the Elvis concert. Also during the winter of 1978, there was a small concert in Key West, Florida with the Supremes without Diana Ross that I attended with a couple hundred other people at a local bar there. I have not attended that many concerts in my life, since they tend to be expensive to attend normally. CIO

Note: <888> 06/20/04 Sunday 8:10 P.M.: I was up at noon. I had breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I cleaned up, and I went out. I went by the Greenwich Library, and I read the Greenwich Time and Business Week. Business Week had an article about High Technology companies, and IBM www.ibm.com is still suppose to be the largest high technology company. I next drove over to Tod's Point, and I took the 2.5 mile walk around Tod's Point. I sat out at various locations. I then went by Staples in Old Greenwich, and I bought the Staples variety pack of 250 color push pins, 20 small binder clips, 10 medium binder clips, and 150 jumbo vinyl paper clips all for \$2.94 plus .18 tax for \$3.12 total. I then drove back to downtown Greenwich. I parked up at the top of Greenwich Avenue, and I chatted and walked with another regular downtown observer. I then parked briefly and got out at my usual location. I then drove down by the waterfront. I then returned back via West Putnam Avenue, and I stopped by the Farm Stand located across from the Chrysler service center, and I bought four Portobello mushrooms at \$2.99 a pound for about \$3 and a ripe tomato for about .71 for \$3.71 total. I then returned home. It is reported in the Greenwich Time today [Greenwich Time - Diana Ross surprises town with free concert this Thursday June 24 at Roger Scherman Baldwin Park down by the waterfront](#) . Alas I am leaving town this Wednesday morning to visit a relative in Kennebunkport, Maine <http://www.geocities.com/mikelscott/137.htm> . I suppose the Liberals will try to take over in my absence, but for any uninformed individuals, I can assure one there are always a few Old Guard individuals left around. I will put the office supplies on my bedroom desk. CIO

Note: <888> 06/19/04 Saturday 9:50 P.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 06/19/04 Saturday 9:05 P.M.: CIO

Note: <888> 06/19/04 Saturday 7:35 P.M.: I went out after the last message. I went by the Exxon gasoline station next to the Greenwich Library, and I bought with my Bank of New York Master Card Debit card \$7.00 of regular unleaded gasoline at \$2.359 a gallon for about 31 miles per gallon usage. I went by the Greenwich Library, and I read the Greenwich Time. I then went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I stopped by CVS during my walk, and I bought three 14 ounce packages of Sufer Dude spice drops for .99 a bag plus .18 tax for \$3.15 total. During my walk, I sat out at the top of Greenwich Avenue, and I chatted with a fellow from Yugoslavia, but I was not able to find out whether Yugoslavia has volcanoes or not, but some of its neighboring countries do. I completed my walk. I then

drove down by the waterfront. I then sat out for a while at the Greenwich Library parking lot. I then went by the drive up ATM machine at Putnam Trust Bank of New York on Mason Street. I then went by the Food Emporium, and I bought a 48 ounce container of Quaker Old Fashioned Oats for \$3.99, a 9 ounce Weight Watchers Smart One grilled chicken in garlic sauce for \$1.93, a free roll of Viva paper towels with a store cash register coupon, and a free Stouffer's Lean Cuisine 8 ounce herb roasted chicken dinner and a free Stouffer's Lean Cuisine 9 ounce chicken Carbonara dinner for \$5.92 total. I got the Stouffer's meal for free because last week they were on sale for 50% off, but they forgot to take the sale price stickers off the case, so when they mistakenly rang up at full price, I got them for free. I made my purchases with my Bank of New York Master Card debit card. I then returned home, and I chatted with a neighbor. I put away my purchases. I drank a chilled 12 ounce A&W root beer in a frosted mug. The lower drawer in the refrigerator with the chilled beverages was stuck, but I was able to unstick it. CIO

Note: <888> 06/19/04 Saturday 1:45 P.M.: I will now shut down the computer, and I will clean up, and I will go out. CIO

Note: <888> 06/19/04 Saturday 1:30 P.M.: I climbed up, and I took the Swiss cross bow off the wall that I have hanging above my maternal grandfather's portrait. I tried untethering the bow string, but it is too hard to push the metal bow down to untether it. I dusted it off, and I put it back in place on the wall. I ate about 6 ounces of Planter's dry roasted lightly salted peanuts with some iced tea. I chatted with a relative. I am going to drive up to visit my relative in Kennebunkport, Maine <http://www.geocities.com/mikelscott/137.htm> on this Wednesday June 23. I probably will be staying through the weekend. I might also be going up the last week of July with a friend whom has a Buick Roadmaster Station wagon in which I would be able bring up the day bed. The weather is suppose to be clear this Wednesday for driving up. I need to lose some weight, I currently weigh 215 pounds. CIO

Note: <888> 06/19/04 Saturday 12:10 P.M.: I woke up during the night, and I microwaved a bag of Act II popcorn, which I ate with iced tea. I was up at 10 A.M.. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I chatted with a friend. I went outside, and I threw out some garbage. I picked up my mail. It's suppose to be cooler and nicer tomorrow, so I will not walk Tod's Point today, but I will wait until tomorrow. CIO

Note: <888> 06/18/04 Friday 11:30 P.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 06/18/04 Friday 10:45 P.M.: I went through my email. CIO

End of Scott's Notes week of 06/18/04:

Note: <888> 06/18/04 Friday 9:25 P.M.: I will now send out my weekly notes. CIO

Note: <888> 06/18/04 Friday 8:45 P.M.: I am microwaving a Maria Callender 16 ounce chicken pot pie, which I will eat with a glass of iced tea. CIO

Note: <888> 06/18/04 Friday 8:25 P.M.: I went over to Home Depot in Port Chester, New York after the last message. With my Bank of New York Master Card Debit Card, I bought from the self service checkout, three boxes of six 1 5/8" screws with plastic anchors about #12 screws for \$1.38 each package, a Closetmaid package #6610 of 7 wire shelf clips for \$1.77, a Closetmaid package #6606 of 2 shelf support brackets for \$4.19 plus .76 tax for \$10.86 total. I also got four Home Depot wooden paint sticks for free. I then returned home. I marked and put four of the wire shelf clips in between the existing clips on my left living room closet shelf back side by drilling holes. I then marked the support bracket, but first I fastened with two wall anchors and screws a double thickness of the paint sticks horizontally where the support bracket would rest against the wall. Thus the support bracket will not push through the sheet rock with weight, such as happened with the bedroom closet a while back. I then fastened the support bracket with a wall anchor and screw, and thus the left closet shelf with hanger slots is very secure. I put all of the small appliances on the floor of the left closet instead of the shelf, and I put the two empty suitcases and flight bags and plastic sheeting on the shelf for less weight. I rehung the clothes, and I put the remaining left living room closet items on the floor including my two heavy duty orange extension cords. I then used the two end brackets that the building custodian gave me, and I drill holes for wall anchors, and I installed the end brackets for the sweater closet shelf, and one of the screws on the right would not drill since there was an aluminum stud underneath the sheet rock, so I put the screw underneath the bracket in the existing hole supporting the bottom of the right bracket. Thus it is all back to normal. I then emptied the right living room closet. I then installed the three remaining wire shelf clips on the rear of the right living room closet with wall anchors and screws. I installed the support bracket with the paint sticks the same way for the right living room closet. Just as I finished drilling the last hole for the support bracket into the paint sticks, the electricity went off at 4:55 P.M.. It had blinked for a few seconds at 4:15 P.M.. I finished installing the bracket in the darkened apartment, and it is also very secure. I then put the clothes and the other items back in the right living room closet. I then cleaned up my working tools. I put the two remaining boxes of wall anchors and screws in my yellow tool box on the floor of the hallway sweater closet. I put the Slaymaker jump start battery system out in the bathroom with its emergency light, so I could see in the bathroom without lights. I then went out without cleaning up. After chatting with a neighbor, I went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I stopped by CVS, and I used my Bank of New York Master Card debit card to buy a six bar package of CVS moisturizing white bath beauty soap bars for \$3.49 plus .21 tax for \$3.70 total. I looked for jelly beans, but I guess with the Reagan funeral, they are out of them. I then completed my walk. I then returned home. I turned back on the air conditioner and air purifier, and I reset a few clocks. Thus we are back to normal. CIO

Note: <888> 06/18/04 Friday 1:50 P.M.: I took the clothes out of the left living room closet and most of the other items. I got two replacement brackets from the building custodian including four wall anchors and four screws. However, the replacement

brackets have different screw holes, so I used two brackets from my hallway sweater closet which had the same screw holes, and I fixed the left living room closet shelf hanger. The top left screw is held in with a molly instead of a wall anchor, but I had the replacement molly when the other one fell down behind the wall, when I removed it. Thus the left living room closet shelf is back in place. However, before I reinstall the clothing and other items, I will go over to Home Depot in Port Chester, New York to see if I can get two center shelf supports for each of the two living room closets like they use for wider closets. I will now throw on some work clothes and go over there. The apartment is messed up with all the items out of the left living room closet. CIO

Note: <888> 06/18/04 Friday 1:00 P.M.: I just had a minor disaster, the left living room closet shelf just collapsed because the end support pieces broke. I have a lot of my winter clothes hanging from the shelf rack, and I added my winter coats recently, so the extra weight must have caused it to collapse. I will repair it with similar supports from the sweater closet, and I will reduce the weight. CIO

Note: <888> 06/18/04 Friday 12:40 P.M.: I took a chilled 4.24 ounce can of Bumble Bee pink crab meat, and I opened the lid, and I drained and rinsed it with the lid on underneath cold water pressing the water out a few times. I put it in a metal bowl, and I added about 1/8 of a teaspoon of Old Bay Seasoning, and I also added a dozen chopped California medium pitted black olives, and I mixed it all together. I then added two heaping tablespoons of Hellmann's Just2Good 82% less fat mayonnaise, and I mixed it all together. I just opened the jar of Hellmann's Just2Good mayonnaise, and it said best if purchased by December 12, 2003, but it still should be good since it has not been opened. I refrigerated the jar after opening. I put the mixture on slices of Arnold 100% whole wheat 9 grain bread using four slices to make two sandwiches, which I cut across in half. I will have the crab sandwiches with a glass of ice tea now. CIO

Note: <888> 06/18/04 Friday 12:15 P.M.: [Greenwich Time - Archbishop of Canterbury headlines town fund-raiser](http://www.archbishopofcanterbury.org/) and <http://www.archbishopofcanterbury.org/> and <http://www.archbishopofcanterbury.org/about/index.html> . CIO

Note: <888> 06/18/04 Friday 11:55 A.M.: I was up at 7:30 A.M.. I ate breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I went outside, and I used Scotch tape to tape the Connecticut Bush Cheney '04 automobile window sticker that I made last night into the lower rear inside passenger side rear window of my Hyundai hatchback rear window. It does not interfere with my rear view mirror view out the back window. I then did my house cleaning and watering the plants. I cleaned the computer monitors with glass cleaner instead of the computer monitor screen duster. I threw out the garbage including the bathroom garbage and the paper recycle container in their respective containers outside. CIO

Note: <888> 06/17/04 Thursday 10:00 P.M.: I finished eating the last piece of cheese cake with some iced tea. I will now shut down the computer, and I will go to bed soon. I will do my weekly house cleaning, when I wake up tomorrow. CIO

Note: <888> 06/17/04 Thursday 9:35 P.M.: I went through my email. CIO

Note: <888> 06/17/04 Thursday 8:55 P.M.: For the latest Indonesia volcano news [Indonesia Directorate of Volcanology and Geological Hazard Mitigation Hot News](#) . CIO

Note: <888> 06/17/04 Thursday 8:45 P.M.: Journal of Volcanology and Geothermal Research <http://ees.elsevier.com/volgeo/> . CIO

Note: <888> 06/17/04 Thursday 8:10 P.M.: It is suppose to continue raining through out the evening, so I will not be going out for a walk. I looked at <http://www.georgewbushstore.com/> and Bush Cheney '04 static cling car stickers are \$1.25 apiece [The George W. Bush Online Store Static Cling Car Window Stickers Bush Cheney '04](#) , but shipping for four stickers would be \$5.95, so I decided not to order them. Instead I went to this web link [Bush Cheney '04Custom Posters](#) , and I created a Connecticut Bush Cheney '04 poster. When it opened in the Adobe Acrobat Viewer, I resized it to 45%, and then I did a snapshot of it which copied the image, and I pasted it into Microsoft FrontPage 2003 or Microsoft FrontPage Express, and then I printed out the image in color which came out on the page 4.5 inches by 3.5 inches. I then cut it out of the page. I then centered it in a 3M Scotch 4 inch by 6 inch photo laminating sheet, and I removed the sticker cover, and I sealed it around its edges. I thus have a very nice waterproof plastic sealed "Connecticut Bush Cheney '04" window sticker that I can scotch tape in the rear inside right hatchback window of my Hyundai next to the Greenwich Country Day alumni sticker. I have to make sure I do not obscure my rear driving vision though. CIO

Note: <888> 06/17/04 Thursday 7:00 P.M.: While I was at my 3 P.M. appointment, the lights momentarily blinked, probably from the electrical storm. Also when I returned home, I had to reset the clock on the microwave oven, so the lights blinked here too. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I used all of the regular ingredients, and for the cheddar cheese portion I used Cabot's www.cabotcheese.com 50% less fat Vermont white cheddar cheese. I had the salad with a glass of iced tea. CIO

Note: <888> 06/17/04 Thursday 5:50 P.M.: I went out after the last message. I went by the Arnold bread outlet, and I bought three 5.5 ounce boxes of Arnold garlic and herb larger cut croutons for .99 each, a loaf of Arnold Brannola expired bread for .99, and a Entenmann's Home-style apple pie for \$1.79 for \$5.75 total. I paid with my Bank of New York Master Card debit card. I then returned to west Putnam Avenue, and there was a traffic tie up. There was a wrecked Greenwich Police car at the pumps at the Shell gasoline station, and there was a wrecked Mercedes and other smaller imported car wrecked in the center of West Putnam Avenue on a wrecker across from Miller motor cars. It took about 20 minutes to get through the traffic and other police, fire, and ambulances were responding. I then went to Putnam Trust Bank of New York on Mason Street. I next made my 3 P.M. appointment. It started raining very heavily about the time that I left the bank. After my 3 P.M. appointment, I went by the Greenwich Hospital

Thrift shop. I bought a brass candle holder with a curved candle part with a spear in the center and a balance counter weight at the other end with about a 5 inch wide base for \$2. It had a Neiman Marcus sticker on it. I then returned home. I took the brass candle stick off the dining room table, and I put another cut crystal shade with it, and I put it on the left side of the wicker rack to the left of the primary computer with a little French tri-color ribbon on it. I used the cut crystal shade from the brass candle holder that was originally on the table, and I put about a half dozen broccoli rubber bands around its base, so the crystal shade fit into the new brass candle holder. I have the candle with crystal shade overhanging the trivet of the Breakers in Newport, Rhode Island. I hung a little red and white styrofoam Christmas candy cane on it. CIO

Note: <888> 06/17/04 Thursday 1:30 P.M.: I will now shut down the computer, and I will go out. There is this weather alert for the area [Weather Hazards for Northern Westchester County, NY](#) . CIO

Note: <888> 06/17/04 Thursday 1:00 P.M.: I sorted out the sun glasses on the wicker rack to the right of the bedroom bed. I cleaned the glassware on the dining room table, and I straightened it up some more. I moved the Northern Trust 2003 Annual report from the side maple table to on top of the Danish bar. I found some lens paper, which I put in the silver Parthenon box on the long mahogany bureau. I will now clean up. CIO

Note: <888> 06/17/04 Thursday 11:55 A.M.: After the last message, I moved the HP LaserJet IID laser printer on the dining room table back a few inches, so the paper trays fit into it without interfering with access to the kitchen entrance. I sorted out the papers on it and the wooden pineapple next to it. I moved the extra pairs of eye glasses, eye glass strap, and eye glass tools from the dining room table location to the wicker rack to the right side of the bedroom bed. Thus the dining room table is neater looking. I went to bed, and I was up at 10 A.M.. I ate breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I chatted with a relative. I checked my mail. I have a 3 P.M. appointment this afternoon. I will now clean up. CIO

Note: <888> 06/17/04 Thursday 1:10 A.M.: I watched some television. I will now shut down the computer, and I will go to bed. CIO

Note: <888> 06/17/04 Thursday 12:10 A.M.: I read about two years ago that Lawrence Livermore National Laboratory <http://www.llnl.gov/> had received a half billion dollar budget for some sort of volcanic research, but this is about all that I can find at their web site http://www.llnl.gov/str/pdfs/04_97.2.pdf . CIO

Note: <888> 06/16/04 Wednesday 11:50 P.M.: I sent out an email. I put the iced tea in the refrigerator. I ate a peanut butter sandwich with a glass of iced tea. CIO

Note: <888> 06/16/04 Wednesday 9:20 P.M.: I was given this web site today by one of the regular Greenwich Hospital Thrift Shop patrons. It is <http://www.waynegrreen.com/> and his predictions for a Armageddon type eruption of Yellowstone in September 2004

<http://www.waynegreen.com/wayne/badnews.html> . It is quite scary, let us pray it does not happen. CIO

Note: <888> 06/16/04 Wednesday 9:10 P.M.: I went out after the last message. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I stopped by CVS, and I bought a 12 roll package of a 1000 sheet rolls of Scott toilet paper for \$5.49 plus .33 tax for \$5.82 total, which I paid for with my Bank of New York Master Card debit card. On the way back down Greenwich Avenue, I stopped by the Bank of New York ATM machine on Greenwich Avenue, and I transferred funds into my checking debit card account at the ATM machine. I read this week that 4 million people have funds taken from them through internet piracy, but since I generally have such small amounts of funds in my account, and since I watch it closely, I do not worry as much. I completed my walk. I used the bathroom at the senior and arts center. I then went by the Stop and Shop, and I bought a 250 count package of Stop and Shop white napkins for \$1.50, a 10 ounce package of fresh spinach for \$1.99, three half gallons of Tropicana Premium orange juice with calcium for \$2 each, and a 16 ounce jar of Planter's dry roasted lightly salted peanuts for \$1.99 for \$11.57 total. I used my Bank of New York Master Card debit card to pay for the purchase. I then returned home, and I put away my purchases. I drank some filtered iced water. I am now making up a batch of www.geocities.com/mikelscott/icetea.htm . CIO

Note: <888> 06/16/04 Wednesday 5:35 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I used all of the regular ingredients, and for the cheddar cheese portion I used Cabot's www.cabotcheese.com 50% less fat Vermont white cheddar cheese. I had the salad with a glass of iced tea. I took the two Harvard www.harvard.edu butter plates from the wicker rack in the bedroom, and I washed them, and I put them underneath the brass candle holders underneath the hurricane globes on the maple side table in the living room. I will now shut down the computer, and I will go back out. CIO

Note: <888> 06/16/04 Wednesday 4:20 P.M.: I went out after the last message. I went by Putnam Trust Bank of New York on Mason Street. I then went by the Greenwich Hospital Thrift Shop. I then drove up North Street to the Merritt Parkway. There is construction during the daytime between North Street and Den Road to the east. I drove up to Route 7 in Wilton, Connecticut, and I went to T.J. Maxx. I was able to exchange the gift polo shirt and shirt sleeve dress casual shirt for \$29 store credit. They said the khakis did not come from T.J. Maxx. I bought a 27.5 inch by 33 inch cranberry red wood framed mirror for \$29.99 plus \$1.80 tax for \$31.79 total. It has hooks on the back for hanging it horizontal or vertical. I then went to Wal-Mart, and I bought a Mainstays home miracleware microwave food cover for \$1.97, a Brita Pitcher Filter for \$6.96, and a 8 pack ACT II Butter 94% fat free microwave popcorn for \$2 plus .54 tax for \$11.47 total, and I used my Bank of New York Master Card debit card to charge it. As I was exiting the store, I noticed about a dozen people running out of the store, and I thought it was a bit of an over response to a shop lifter, but apparently a customer had a heart attack in the parking lot. Within 5 to 10 minutes, the police, fire department, and the

Emergency Medical Technicians in the Ambulance were there administering life saving procedures. I left before the ambulance left. I then went to New Canaan, Connecticut to the Visiting Nurse New Canaan Thrift shop across the street from the fire house. One has to pay for parking in the adjacent lot with a solar powered parking slip dispenser at .25 an hour for only numbered parking spaces. I toured the New Canaan thrift shop, and there prices are up from when I was last there a few years ago. They are pretty much the same prices as the Greenwich Hospital Thrift Shop. I bought a pair of Hagar waist 40 inch by 29 inch length white khaki casual slacks for \$6, a pair of 40 inch waist by 30 inch length Stafford's from Thomasville, Georgia khakis for \$7.50 and a long sleeve light weight Madras Lord and Taylor burgundy and dark blue pattern extra large shirt for \$5 for \$18.50 total cash. I put my purchases in the car, and I sat out in front of the New Canaan old town hall for a while. I then walked around the central downtown area and the village green with the churches, and I returned from walking around the green and downtown area back to where my car was parked across the street from the fire house. I then returned home to my apartment in Greenwich, Connecticut via the Merritt Parkway. I brought up my purchases in two trips. I had mirror wire, so I strung it across the back of the red framed mirror to hang it vertically. I hung it on the left side wall at the bathroom entrance, where the narrower wood frame mirror was. I used two 50 pound OOK hooks. I then took the wicker rack off from behind the toilet, and one of the sailing pictures. I hung the wood frame mirror that I had just taken off with a 50 pound OOK hook and two 30 pound OOK hooks. I used a 20 pound OOK hook to hang the sailing picture above the mirror more securely, and another 20 pound OOK hook to hang the matching sailing picture to the right and above the wire rack on the right wall to the toilet. I used another 20 pound OOK hook to hang another sailing picture above the inside bathroom door. I put some of the items from the wicker rack that I removed on the wicker rack to left of the sink and some other items on the hand rail above the toilet tank. Thus the toilet area looks roomier with a mirror. I rehung the wicker rack to the right side of the bedroom bed above the speaker on the night stand with two 20 pound OOK hooks. I put some spare eye glasses and the VCR remote control on the wicker rack with two Harvard plates and a pewter dish. I do not need to use the new Brita water pitcher filter yet. It is a dollar cheaper at Wal-Mart than CVS. I will put the Act II popcorn in the blue bookcase cupboard and the Brita filter on the shelf in the cupboard above the kitchen sink and microwave cover on top of the microwave with the other one. I tried on the clothes that I bought and they fit fine, but the pants are almost a bit tight, so I guess I should try loose weight, but since they are already washed, they will not shrink anymore. Wal-Mart also sells a 5,000 BTU General Electric air conditioner for \$77. CIO

Note: <888> 06/16/04 Wednesday 9:45 A.M.: I had a telephone call from a relative at 9 P.M. last night and a another friend called at 11 P.M.. I was up at 7:30 A.M.. I had breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I have a pair of khakis, a polo shirt, and a short sleeve dress shirt to return and exchange at T. J. Maxx <http://www.tjmaxx.com/> , so when I go out, I will drive up to T.J. Maxx in Wilton, Connecticut up on Route 7. I will now shut down the computer, and I will clean up and go out.

Note: <888> 06/15/04 Tuesday 8:35 P.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 06/15/04 Tuesday 8:10 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I used all of the regular ingredients, and for the cheddar cheese portion I used Cabot's www.cabotcheese.com 50% less fat Vermont white cheddar cheese. I had the salad with a glass of iced tea. CIO

Note: <888> 06/15/04 Tuesday 7:00 P.M.: I went out after the last message. I went by the Greenwich Hospital Thrift Shop. I bought a Sony Radio Cassette Player WM-AF54 Walkman Sports with headphones for \$3. I then went down by the waterfront. I chatted with a regular fisherman. I then went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I stopped by the Greenwich Hardware store, and I browsed the 70% off rack. I bought from the rear of the top floor of the store for 50% off a green glass sugar jar pourer for \$2.49 and two six ounce green glass vinegar and oil pourers for \$4.19 both plus .40 tax for \$7.08 total. I then completed my walk, and I used the bathroom at the senior and arts center. I then returned home. I scraped off the labels off the sugar pourer and vinegar and oil pourers with my scraping blade, and then I scoured the remaining glue with a scouring steel sponge and hot water. I then filled the sugar pourer with sugar, and I put it on the dining room table, and I filled the oil pourer with olive oil and the vinegar pourer with balsamic vinegar, and I put them on the dining room table. I put in two new Walgreen Heavy Duty AA batteries in the Sony Walkman, and it works just fine. I noticed the original headphones have to have the ear pieces fitted into the ears for better listening quality. I put it on the wire rack behind the apartment entrance door with the other radios. I put CVS drain cleaner in the bathroom sink before I left, so I will now plunge it with the plunger and run hot water through it to clean it out. I am also running Win Doctor on the Dell backup computer. I drank some cold filtered water. I shut down the Dell backup computer. CIO

Note: <888> 06/15/04 Tuesday 2:05 P.M.: I went through my email. On the Dell backup computer, I finished installing Windows XP SP2 RC2 and the Updates update, and it is all running just fine. I put the Windows XP SP2 RC2 disk on the top right of the wicker rack to the right of the primary computer chair. I will now shut down the computer, and I will clean up, and I will go out. CIO

Note: <888> 06/15/04 Tuesday 1:30 P.M.: On the Dell backup computer, I finished the Windows XP Professional restore installation, and my configuration is installed as before. I am just finishing installing the Windows XP SP2 RC2 upgrade, and it is just about done installing. I ate a piece of cheese cake with iced tea. I am going through my email. CIO

Note: <888> 06/15/04 Tuesday 1:00 P.M.: I picked up my mail. CIO

Note: <888> 06/15/04 Tuesday 11:40 A.M.: I was up at 9:30 A.M.. On the Dell backup computer after the uninstallation in the last message, it would not start properly. I tried a System Restore restore, but that made it not start. I am now installing Windows XP

Professional with the restore option, and it seems be installing properly. I had breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I burned a copy of Windows XP SP2 RC2 to a CD. CIO

Note: <888> 06/14/04 Monday 11:55 P.M.: I uninstalled Windows XP SP2 #2142 off the Dell Backup computer, and I downloaded Windows XP SP2 RC2, and I will install it tomorrow on the Dell backup computer. I will now shut down both computers, and I will go to bed soon. CIO

Note: <888> 06/14/04 Monday 10:45 P.M.: I went through my email. CIO

Note: <888> 06/14/04 Monday 10:05 P.M.: I am microwaving a 13 5/8 ounce Stouffer's Lean Cuisine Chicken Fettuccini with broccoli, which I will eat with a glass of iced tea. CIO

Note: <888> 06/14/04 Monday 9:55 P.M.: I went out after the last message. I went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I used the bathroom at the senior and arts center. I drove down by the waterfront. I went by the Greenwich Library, and I read the Greenwich Time, and I started reading the article in National Geographic about "The End of Cheap Oil". I then went by the Stop and Shop, and I bought broccoli crowns at \$1.99 a pound for \$2.21, a bulb of Elephant garlic for \$1.99, a Maria Callender 16 ounce frozen chicken pot pie for \$2.50, and a Maria Callender 16 ounce frozen turkey pot pie for \$2.50 for \$9.20 total. I made the purchase with my Bank of New York Master Card Debit card, since I did not originally intend to purchase the pot pies. I then returned home, and I put away my purchases, and I drank some iced tea. CIO

Note: <888> 06/14/04 Monday 6:10 P.M.: I put away the laundry. I will now shut down the computer, and I will go out. CIO

Note: <888> 06/14/04 Monday 5:40 P.M.: I cleaned up, and I went through my email. CIO

Note: <888> 06/14/04 Monday 5:00 P.M.: I have 50 minutes to go on the dry cycle of the laundry. I will now shower and clean up. CIO

Note: <888> 06/14/04 Monday 4:40 P.M.: I read some more of the Northern Trust annual report. I ate a piece of cheese cake with iced tea. I slept from about 1:30 P.M. to 3:45 P.M., when I got a telephone call from Ziff Davis inviting me to a conference at Microsoft's New York headquarters, which I declined, since I do not go into Manhattan. I started two loads of laundry, and I am just about ready to start the dry cycle. I put clean linens on the bed in the bedroom. CIO

Note: <888> 06/14/04 Monday 12:20 P.M.: I ran Ad-aware 6.0. I then made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I did not use broccoli. For the cheddar cheese portion, I used Cabot's Cheese www.cabotcheese.com 50% less fat

Vermont white cheddar cheese. I used all of the other regular ingredients. I had the salad with a glass of iced tea. I will now shut down the computer, and I will take a nap. CIO

Note: <888> 06/14/04 Monday 11:20 A.M.: I picked up the mail downstairs. CIO

Note: <888> 06/14/04 Monday 10:35 A.M.: I chatted with a relative. I polished the kitchen cabinets with Orange Glo furniture polish. CIO

Note: <888> 06/14/04 Monday 9:45 A.M.: I have seven pairs of white sneakers and walking shoes, and I used Orange cleaner and degreaser to clean them up. They now all look better. CIO

Note: <888> 06/14/04 Monday 8:50 A.M.: After breakfast I took 54 aspirin, and I split them in half with my pill splitter, and I now have 108 half aspirin to take a half of a aspirin every morning with my vitamins and supplements, which is the equivalent of one baby aspirin. CIO

Note: <888> 06/14/04 Monday 8:45 A.M.: I was thinking about going over the www.vitaminshoppe.com in Port Chester, New York and spending \$16.99 for a 90 pill bottle of Coral Calcium, but this article [Coral Calcium](#) says one Tums is just as good, so for now I will take one Tums in the morning with my Vitamins and Supplements. CIO

Note: <888> 06/14/04 Monday 8:25 A.M.: I was up at 6 P.M., and I chatted with a friend. I had breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I threw out some garbage. It looks like there might be rain today supposedly starting at 10 A.M.. CIO

Note: <888> 06/13/04 Sunday 10:35 P.M.: I did some regular computer work. I microwaved and ate a 16 ounce Marie Callender chicken pot pie, which I ate with a glass of iced tea. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 06/13/04 Sunday 8:30 P.M.: I chatted with a relative. I finished eating the remaining half of a 9 ounce can of Smoked almonds with some cold filtered Brita water. I went out side to throw out the empty can of almonds. The skies seem to be clearing, so maybe the volcanic ash cloud is finished passing over us. CIO

Note: <888> 06/13/04 Sunday 7:20 P.M.: I went out after the last message. I went by the Exxon gasoline station next to the Greenwich Library, and I bought \$4.65 of regular unleaded gasoline at \$2.359 a gallon for about 27 miles per gallon usage. I then went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I stopped by CVS, and I bought two 7.4 ounce boxes of six Nature Valley Trail Mix fruit and nut bars for \$1.99 each box plus two 13 ounce bottles of Palmolive ultra antibacterial dish washing liquid for \$1.59 for both buy one get one free plus .10 tax for \$5.67 total. I then completed my walk. I then went down by the waterfront, and I chatted with a local observer. I noticed the skies today show evidence of the volcanic activity recently in Indonesia <http://www.volcano.si.edu/reports/usgs/index.cfm> where

there are three active volcanoes currently. I was told this past Monday that a jet flying over Indonesia had lost power in a volcanic ash cloud, and had descended to 12,000 feet to restart its engines and then once back up at the higher altitude, it had lost power again, and then when it descended to 12,000 feet, it was able to restart its engines once again. However, with the high mountains in Indonesia, I am not sure cruising at 12,000 feet would be safe. Whatever, the case the volcanic cloud cover has made it cooler here for this time of year. Currently it is 64 degrees Fahrenheit Weather Underground: Greenwich, Connecticut Forecast . I suppose this activity might mean a colder winter too. I next drove by the Greenwich Library parking lot, and I observed the same volcanic clouds in the skies coming out of the southwest. I noticed the Fuji Blimp was flying over the Buick Classic PGATOUR.COM - Buick Classic . I saw an old peach colored 1956 Buick Roadmaster downtown from California. I also think after the Buick Classic is over, some of the local Buick www.buick.com car dealers offer discounts on the Buicks that were used in the tournament. I next returned home, and I drank some cold water out of the Brita water filter container in the refrigerator. CIO

Note: <888> 06/13/04 Sunday 3:00 P.M.: I will now clean up, and I will go out to enjoy the nice blustery day. It is probably a good day for sailing or wind surfing today. CIO

Note: <888> 06/13/04 Sunday 2:45 P.M.: I woke up at 1:30 P.M.. I just finished watching former President George Herbert Walker Bush #41 make his second parachute jump of the day. I threw out some garbage. One of the alarms have been going off in the building for the last 20 minutes. I will now eat a piece of cheese cake with a glass of iced tea. CIO

Note: <888> 06/13/04 Sunday 8:05 A.M.: I made up a fresh batch of homemade hummus www.geocities.com/mikelscott/hummus.htm . For the garlic portion, I used one clove of elephant garlic. I then made and ate my usual salad www.geocities.com/mikelscott/salad.htm . For the cheddar cheese portion, I used Cabot's Cheese www.cabotcheese.com 50% less fat Vermont white cheddar cheese. I used all of the other regular ingredients. I had the salad with a glass of iced tea. I will now put the computer on standby, and I will rest a while. CIO

Note: <888> 06/13/04 Sunday 6:25 A.M.: I did a System Restore backup of the C: drive, and then I did a Disk Cleanup of the C: drive including eliminating all but the most recent system restore backup. CIO

Note: <888> 06/13/04 Sunday 6:20 A.M.: I finished going through my email. CIO

Note: <888> 06/13/04 Sunday 5:10 A.M.: I went through the last three weeks of the Greenwich Citizen and the Greenwich Post. I sorted through the other periodical literature. I went through the non computer and non technical periodical literature. I threw out what I read through. I still have a large stack of technical and computer periodical literature to go through. CIO

Note: <888> 06/13/04 Sunday 3:45 A.M.: I read up to page 50 of the Northern Trust 2003 Annual Report. It seems to be a very well managed bank and trust company. I ate half of a 9 ounce can of Walgreen's smoked almonds with some iced tea. CIO

Note: <888> 06/13/04 Sunday 1:35 A.M.: I slept since the last message. I had a telephone call about 4 P.M. from a friend. I was up at 11:30 P.M.. I ate breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I watched some television. I threw out some garbage. I picked up my mail. I will now start reading the Northern Trust annual report some more. I set the air conditioner at 70 degrees Fahrenheit, since it was a bit warm in the apartment. CIO

Note: <888> 06/12/04 Saturday 2:15 P.M.: I read the first 20 pages of the Northern Trust Bank annual report. I thought Northern Trust was just a small Chicago, Illinois bank, but it seems to have gotten a bit bigger, since I graduated from Lake Forest College www.lfc.edu in Lake Forest, Illinois back in 1972. They now have New York City and Stamford, Connecticut offices along with other offices elsewhere. I chatted briefly with a relative. I turned the General Electric Profile 15,500 BTU air conditioner with remote control up to 74 degrees Fahrenheit setting from 68 degrees Fahrenheit. It seemed a bit cool in here, but I guess after the cold winter, it is actually a bit warmer. I am a bit tired, so I will put the computer on standby, and I will take a nap. CIO

Note: <888> 06/12/04 Saturday 12:55 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I cut two 5/16 inch thick slices of cold eye round of beef, and I cut them into half inch wide strips, and I used them in the salad. That was the rest of the beef eye round. For the cheddar cheese portion, I use Cabot's www.cabotcheese.com 50% less fat Vermont white cheddar cheese. I used all of the other regular ingredients. I had the salad with a glass of iced tea. CIO

Note: <888> 06/12/04 Saturday 11:25 A.M.: I went through most of my email. I still have some of the more detailed email to go through. CIO

Note: <888> 06/12/04 Saturday 11:00 A.M.: I logged onto the Northern Trust Bank <http://www.nttrs.com> , and I logged onto their Annual Report site <http://www.nttrs.com/aboutus/investor/annual/index.html> , and I logged onto their annual report site for 2003 in *.PDF format <http://www.nttrs.com/aboutus/investor/annual/2003annualreport.pdf> , and I printed it out the 108 page report on my Minolta QMS PagePro 1250W printer. I bound it in a Staples Clamp binder, and I put it on the center of the side maple table at the apartment entrance side of the blue sofa. I have printed 991 sheets on the printer of the 1250 sheets on the starter cartridge, but of course I have the 7000 sheet cartridge still available that I bought last month from <http://infinityimaging.com/> for \$72 [Compatible Minolta Pagemworks Pagepro 8E 8L 1100 1250w Toner Cartridge - Replaces Minolta 1710405-002,1710399-002,1710511-001](http://infinityimaging.com/) . CIO

Note: <888> 06/12/04 Saturday 10:20 A.M.: I chatted with a relative. I am still going through my email. CIO

Note: <888> 06/12/04 Saturday 8:40 A.M.: According to the Connecticut Light and Power web site www.cl-p.com my \$535 CRT energy assistance has been put into my account and after paying off the existing amount owed which was higher after this winter's higher electricity bills, I have a remaining credit left of \$271.69. I am in the process of going through my email. CIO

End of Scott's Notes week of 06/12/04:

Note: <888> 06/12/04 Saturday 7:55 A.M.: I watched some of Ronald Reagan's funeral procession in California after the last message, and I went to bed. I woke up at 9:45 P.M., and I ate a piece of cheese cake with iced tea. I then watched Ronald Reagan's grave side service. I went to bed at 11 P.M.. I was up at 5 A.M.. I ate breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I took out the bag of old and ripped linens from above the false ceiling above the bedroom bed, and I went through them again, and I took out some good items and put them in the top drawer of the white bureau in the bedroom, and I threw out the old and ripped linens along with the Brita water filter box. I saved the parts for the Brita refrigerator mount water filter that I did not use in the right top cabinet in the blue bureau in the kitchen. There was a Packard Bell Windows 95 computer in the dumpster that I do not need. There was a Princeton 15 inch monitor that I took out, but it did not work, so I put it back in the dumpster. I have enough spare and backup computer systems and monitors at the moment. I chatted with a neighbor. I will now send out my weekly notes. CIO

Note: <888> 06/11/04 Friday 8:15 P.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 06/11/04 Friday 7:35 P.M.: I resorted the bed linens again, so the ones that I can use are in the top drawer of the white bureau, and the older ones are in the plastic bag above the false ceiling above the bed. I put two green linen dinner napkins in the top drawer of the mahogany bureau in the living room. I am microwaving a Maria Callender 14 ounce grilled chicken tenders dinner, which I will eat with iced tea. CIO

Note: <888> 06/11/04 Friday 7:00 P.M.: In my bedroom closet, I took my summer shirts from the far left side, and I put them in the left center of the closet, and I moved my winter shirts from the left center to the far left. I also emptied the center white bureau drawers of bed linens, and I put them in a plastic bag, which I put in the false ceiling above the bed. I put my summer shorts that fit me along with the bathing suits that fit me in the center drawer. The bottom drawer is full of summer shorts and bathing suits that are too small for me. I also have the top drawer full of linens that I regularly use on the bed. CIO

Note: <888> 06/11/04 Friday 6:00 P.M.: I went out after the last message. I drove over to Tod's Point, and I walked the entire 2.5 miles around Tod's Point. I used the bathroom at the southwest area. I then stopped by the First Congregational Rummage Room Thrift Shop in Old Greenwich, and I bought a stainless steel whisky sour strainer for .50 and a

Wedgwood blue plastic soap dish for a dollar plus .09 tax for \$1.59 total. I then went by Staples, and I bought a three pack of Staples Clamp Binders for \$5.99 plus .36 tax for \$6.35 total, and I used my Bank of New York Master Card Debit card for the payment. I then went by the Greenwich Hospital Thrift Shop, and I used my Master Card Debit Card, and I bought a Master Suite 8 Shelf Shoe Bag 8.5" X 12" X 46" made in Taiwan for \$4 and a Brita www.brita.com Refrigerator Model water filter for \$7.50 for \$11.50 total. I then went by Putnam Trust Bank of New York on Mason Street. I next went downtown, and I went by the Merry Go Round Mews thrift shop. All of their clothes are 75% off. I looked at their pants but none of them fit me, and neither did the suits and sports jackets. However, if one is about 6 foot 3 inches tall and weighs about 200 pounds on the far right side of the men's suit rack they have about 10 very good suits for \$10 to \$15. I sat out for a while downtown. I then drove down by the waterfront. I then returned home. I rotated my winter jackets and coats in my right living room closet putting them on the left side and some of them on the right side of the left closet. I put my light weight jacket on the right side of the right closet. In my left closet, I put my winter sports coats and suits on the right side and my summer weight suits and sports coats on the left side. I installed the closet shoe bag on the right side of the right closet. I then took out shoes from the left closet and put them in the shoe bag along with some from the right closet. I also moved my summer sneakers, sandals, and deck shoes from the left closet to the right closet floor. I soaked the Brita water filter for 15 minutes in cold water, and I put it in the Brita refrigerator model filter container. The filter looked like it might have been used once or twice, since it had a little moisture in it, but the unit is like new. I moved the Lindener Beer from the lower right shelf along with the Perrier and Stop and Shop tomato juice to the top right back shelf of the refrigerator, and I put the orange juice on the lower shelf on the right side. I then filled the Brita Refrigerator model filter with water, and I put it on the top refrigerator shelf on the right side in front. The Brita Refrigerator model has a spout for easy water dispensing. It should be chilled in a while. I put the whisky sour stainless steel strainer on the middle portion of the Danish bar, and I put the Wedgwood Blue plastic soap dish with a new bar of CVS beauty soap on the right back side of the kitchen sink. I drank some iced tea. I made another \$5 Campaign contribution with my Bank of New York Debit card online at <http://www.georgewbush.com/btlhome.aspx>. I saw a young fellow at the Greenwich Hospital Thrift Shop today with a United States Navy Academy shirt on that bore a striking resemblance to Ronald Reagan when he was about 21 year old. CIO

Note: <888> 06/11/04 Friday 8:50 A.M.: I was up at 4 A.M., and I had breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I did my house cleaning and watering the plants. I also cleaned the Honeywell Hepa air purifier outer charcoal filter with soapy water, and I cleaned its case. I put my Michael Scott name plate on the maple side board table, and I also put the little Brazilian stone map pen holder that a friend gave me on the right side of the Maple table. It use to have a silver Mark Cross pen, but when I lived on Steamboat Road, I invited three visitors from Ireland whom I did not know over for beer, and the pen disappeared. I have a Harvard pen in it that I bought at Staples. I also put a Post It Note holder on the right end of the table for telephone notes. I also to go with all of the other flags of convenience, on the right side I put a glass paper weight with a little confederate flag in

it. I chatted with a relative. I ate a piece of cheese cake with iced tea. I will now shut down the computer, and I will go out and enjoy the day. I will not watch Ronald Reagan's funeral, although it will be quite historical, I tend to get depressed watching funerals, and I would rather remember him when he was alive. Today is a national day of mourning, so it is also a holiday for government facilities and services. CIO

Note: <888> 06/10/04 Thursday 7:30 P.M.: I microwaved and ate a 16 ounce Maria Callender chicken pot pie, which I ate with a glass of iced tea. I will now shut down the computer, and I will go to bed shortly. I am tired, since I have been awake over 24 hours. CIO

Note: <888> 06/10/04 Thursday 6:30 P.M.: I went out after the last message. I mail my CTE grant information to the Connecticut Light and Power www.cl-p.com credit department. I then made my 3 P.M. appointment. I next went by the Greenwich Hospital Thrift Shop. I bought a 4" by 6" French flag with plastic pedestal for a dollar. I then drove down by the waterfront. I next went by the Stop and Shop, and I bought plum tomatoes at \$1.99 a pound for \$3.24, 10 ounces of fresh spinach for \$1.99, a box of fresh mushrooms \$1.99, and a 16 ounce bag of baby carrots for \$1.99 for \$9.21 total. I then went by the Arnold Bread outlet, and I bought a loaf of nine grain bread for \$2.59 and a Entenmann's cheese cake for \$1.89 for \$4.48 total. I then returned home, and I put the French flag that I bought where the larger French flag was on the center maple side board. I move the larger French flag beneath mirror above the dining room table on the wicker rack. I then relaxed for a while. CIO

Note: <888> 06/10/04 Thursday 1:25 P.M.: I ate a peanut butter sandwich. I turned the air conditioner down to 68 degrees Fahrenheit because I have a relative visiting up around Fiords in Norway to the Artic Circle, so in case any of them come down this way and look me up, they will be cool. I have a 3 P.M. appointment, so I will now shut down the computer. I think I will wear my Hemingway shirt today to go with the tropical weather. It is currently 75 degrees Fahrenheit weather.com - [Local Weather Greenwich, Connecticut Page](#) , so supposedly for the next ten days, the weather in this area will be mild. CIO

Note: <888> 06/10/04 Thursday 12:45 P.M.: I could not rest, so I watched some television. I sat outside briefly. I picked up my mail. I gave my calling card to two people in the building. I decided with the international G8 Conference <http://www.g8online.org/> and <http://www.g8usa.gov/> going on to make my apartment look a little bit more international looking with what I have available, and I could afford. I have hanging over the three living room windows a from left to right, the U.S.A, Dutch, and British Union Jack. I took the smaller U.S.A. flag and British flag from the bedroom, and I hung them off the lamp shades beneath each of the respective similar flags. I then took the smaller flags and on the Maple side board table, I put the French flag in the back at center in the mahogany and glass ash tray, and then along the back from left to right the Swiss flag, the Canadian flag, the Belgium flag, the Scottish flag, the Norwegian flag in front of the French flag, the Swedish flag, the Danish flag, the German flag, and then on the right end the other Swiss flag. I also took out from the long mahogany bureau the

large Saudi Arabian flag, and I hung it over the center hallway bookcase with two OOK nails. Thus we have put out our official symbols that we could afford. I figure since it is mostly cold in this area most of the time, we probably know more cold weather people, but since the Saudis make so much money off keeping us warm during the colder periods, they probably can afford to show up in this area, when it is warmer. Of course the printed press around here claims more of our energy comes from Canada for heating in terms of natural gas and coal tar sands derived fuel products, but I am rather sure a lot of the oil being consumed in transportation is probably coming from the Middle East. Whatever, the case I usually change some of the decor of the apartment with the seasons. I have the General Electric Profile 15,500 BTU air conditioner with remote control set at 70 degrees Fahrenheit, which cools the room down to about 74 degrees Fahrenheit and also takes some of the moisture out of the air. As I said before, when running computer equipment, it is important to try to keep it cooler, since electrical components tend to generate heat. I also moved the Steuben style glass vase and small Chinese vase to the left of the center living room window ledge lamp with Victorian lamp shade and the family picture in front of the Wayfarer restaurant in Cape Porpoise, Maine on top of the Dell backup computer CPU behind the 8 port hub. CIO

Note: <888> 06/10/04 Thursday 8:05 A.M.: I went through some of my email. I will now shut down the computer, and I will go to bed soon. I have a 3 P.M. appointment today. CIO

Note: <888> 06/10/04 Thursday 6:25 A.M.: I saw in the news that Margaret Thatcher was at the Capitol Memorial for Ronald Reagan. I recall seeing her at the Hyatt Hotel reception in Greenwich about 14 years ago. CIO

Note: <888> 06/10/04 Thursday 6:15 A.M.: I printed out the calling cards on the Minolta Laser printer in black and white since the cost of printing on the laser printer is negligible, each calling card costs me \$.01462 or about 1.5 cents a card. Earlier I adjusted the color settings on my CompUSA 19 inch monitor that I got about five years ago for \$429 plus tax. It was one of my major investments in my entire internet setup, and about two thirds of the price was a Christmas gift from a friend. CIO

Note: <888> 06/10/04 Thursday 5:40 A.M.: I made up a calling card that is vertical, and for the top half is the picture of myself underneath I.M. Pei's glass pyramid at the Louvre 12 years ago, and the bottom half has this text:

<http://www.geocities.com/mikelscott/mlsparis.jpg>

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Personal Computer Systems

Technician and Volunteer

Reference Work on the Internet

I know I spelled Volunteer wrong, but I think it looks better that way. I printed out five sheets of 10 calling cards for 50 total. I will keep 10 in my wallet and 40 in reserve. I put the remaining 95 sheets of calling cards in their moisture proof packages in their box underneath the table underneath the Minolta QMS PagePro 1250W laser printer. CIO

Note: <888> 06/10/04 Thursday 4:25 A.M.: I scanned and copied my CTE energy grant letter, and I printed out a cover letter, and I put both in an envelope to mail to the Connecticut Light and Power www.cl-p.com credit department. I will now use Microsoft Home Publishing 2000 to print out some calling cards. I will try to do a fancier design. CIO

Note: <888> 06/10/04 Thursday 3:55 A.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm. Instead of tuna fish, I cut two 5/16 inch thick slices of cold eye round of beef, and I cut them into half inch wide strips, and I used them in the salad. For the cheddar cheese portion, I use Cabot's www.cabotcheese.com 50% less fat Vermont white cheddar cheese. I used all of the other regular ingredients. I had the salad with a glass of iced tea.

Note: <888> 06/10/04 Thursday 2:30 A.M.: I went out to my Hyundai hatchback, and I got the collapsible luggage cart out of the back of the car, and I brought it up to my apartment. I used it to bring down the 19 inch Iiyama monitor downstairs, and I put it on the right inside front of the dumpster. I then put the luggage cart in the back of my Hyundai. I then went back up to my apartment, and I moved from the AMD backup computer in the bedroom the Hewlett Packard Ultra VGA 1280 monitor to the Dell backup computer, and I connected it. I then moved one of the Dell backup monitors from the left HP backup computer to the AMD backup computer. I then moved the Dell monitor from the right HP backup computer to the left HP backup computer. I then moved the Royal monitor from the IBM Cyrix backup computer to the right HP backup computer, and I connected them all. When I started the AMD backup computer, I had to set up the CMOS properties. I just put in a new CMOS battery about three months ago, and the one before that was less than six months old. Possibly since I hardly ever turn it on, something is draining down the CMOS battery. I put the Priority Mail box with my

Seneca cigarettes on the IBM Cyrix computer CPU. I started up the Dell backup computer in the living room, and it is running just fine with the HP Ultra VGA 1280 monitor. I took the Norwegian flag off the Dell backup computer monitor, and I put it on the Dell CPU in front of the German flag. One the Dell backup computer monitor, I still have the Canadian, Scottish, Swedish, and Danish flags. Thus the apartment is pretty much back in order again. CIO

Note: <888> 06/10/04 Thursday 1:05 A.M.: I did not get around to printing out my calling cards yet. I started up the primary computer, and the right Iiyama 19 inch monitor would not start. I tried my usual procedure of trying to start it with out the video cable connected, but it would not start. The green power light would come on for a split second if I had the video cable removed, and I disconnected and reconnect the power cable. Since it was not working, I disconnected it, and I took the cover off and looked at the components, and I removed the main circuit board briefly, and it all looked in order. I checked the cable connectors, and the small fuse underneath the main circuit board was fine. After fiddling with it for some time and testing it, I put it back together, and tested it one more time to no avail. I put it by the apartment entrance door to be taken out and dumped some time soon. I bought if from the Greenwich Hospital Thrift Shop in February for \$30. I move my CompUSA 19 inch monitor to the right center of the primary computer connected to the Mad Dog AGP 4X 64 meg video card. I took the Dell Trinitron 17 inch monitor off the Dell backup computer, and I put it to the left of the primary computer and set it to boot off the Diamond Multimedia PCI 32 meg video card. I have the PCI video card set to boot first and the AGP video card as the secondary video card. Thus my desktop with the icons are to the left, and the right monitor with the larger monitor and higher resolution video card is for web browsing or what ever else I want to move over to the front and center monitor. I moved the US Robotics Sportster Voice 56K Faxmodem to on top of the left monitor, but I still do not have it hooked up, and it is just for backup. I also have the X10 wireless remote control mouse on the right side of the left monitor. Thus it is still basically the same setup, but the left monitor is a 17 inch monitor. CIO

Note: <888> 06/09/04 Wednesday 9:30 P.M.: I received my Compulabel Business Cards <http://www.compuforms.com/business.htm> via UPS this afternoon at 3 P.M.. Thus it was a very speedy delivery from New Jersey via UPS in less than 36 hours since I ordered them. I was up at 7 A.M., and I watched the Memorial Ceremony for Ronald Reagan from the U.S. Capitol. I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I will now use the Microsoft Home Publishing 2000 program to print out some business or calling cards on my Minolta QMS PagePro 1250W laser printer. CIO

Note: <888> 06/09/04 Wednesday 11:50 A.M.: I ate a peanut butter sandwich with iced tea. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 06/09/04 Wednesday 11:35 A.M.: I went out, and I chatted with a couple of neighbors. It is hot out, and it is suppose to go up to 90 degrees Fahrenheit today, but it is not suppose to last

<http://www.weather.com/weather/local/06830?lsw=06830&lwsa=WeatherLocalUndeclared> . It is suppose to be cooler for the next ten days. I checked my mail, and I got my electricity bill that I do not have to pay. I mentioned to a neighbor that when it is hot like today, one can take 1/8th of a teaspoon of India Hot Curry and put it in 6 to 8 ounces of chilled tomato juice and mix it, and the India Hot Curry helps one not feel the heat, and the tomato juice helps one not taste the curry to much. If one has not forgotten about it, the tropical weather season will be coming up soon, and it might once again effect points further north <http://www.geocities.com/mikelscott/weather.htm> . I saw Dragon Flies last Saturday when I was at Tod's Point, and that is a sure sign of tropical weather. CIO

Note: <888> 06/09/04 Wednesday 11:00 A.M.: I went out after the last message. I drove down by the waterfront. I took my deck chair out of the back of my Hyundai hatch back, and I sat out for a while on the pier on Steamboat Road. I chatted with a couple of other waterfront observers. I can not figure out whether the electricity was off this morning at 1:30 A.M. when it appeared all of the electricity was off in the Belle Haven section of town. Possibly with the hot weather we have rolling brown outs. I checked the oil level on my car, and it is still fine. I still have about 500 miles to drive, before I am due for an oil change. I next sat out for a while downtown. I then went by Putnam Trust Bank of New York on Mason Street. I next went by the Greenwich Hospital Thrift shop. I bought for \$10 about a 10 foot by about 5 foot white quilted linen chair throw. I saw someone wearing a shirt from the Million Dollar Cowboy bar in Jackson Hole, Wyoming. I mentioned that I thought the original bar of that same name was in Cody, Montana. However, I think there is also a Cody, Wyoming. I then returned directly home. I put the white linen quilted throw on the French reproduction sitting chair at my apartment entrance next to the Danish bar. It looks quite presentable, and fits well. I possibly could also use it on the day bed, but I have a nice Navajo blanket on the day bed. I called up the credit department at Connecticut Light and Power www.cl-p.com at 1-800-286-2828, and they told me if I send a copy of my CTE, Inc. Energy Program grant letter, I would not have to make any more electricity payments until my grant was used up, although it has not been yet received. I generally like to have some spare funds in the summer when I am more active. I drank some iced tea. CIO

Note: <888> 06/09/04 Wednesday 6:30 A.M.: I went through part of my email. For today <http://www.weather.com/outlook/health/allergies/weather/tenday/06830> , and it is suppose to be hot, so I will go out now for a little cooler morning air. I will now shut down the computer. Quote of the day, "Every new day begins with possibilities. It is up to us to fill it with the things that move us towards progress and peace." Ronald Reagan. On a computer maintenance note, I actually enjoy warmer weather, but when maintaining computers that generate heat, it is important to keep them cooler with air conditioning on warmer days, so I thus keep my apartment General Electric Profile 15,500 BTU air conditioner with remote control set at 72 degrees Fahrenheit, and on the warmer days, I set it at 70 degrees Fahrenheit. CIO

Note: <888> 06/09/04 Wednesday 5:40 A.M.: I took out the six inch square mahogany box with glass ashtray in it from the top left shelf of the bookcase cupboard, and I put it on the maple side table in between the two hurricane glass shades with brass candle sticks

and candles in them. It freed up a little space in my cupboard bookcase for the items that I just bought. The computer system seems to be running just fine. CIO

Note: <888> 06/09/04 Wednesday 5:10 A.M.: I did a System Restore to last Saturday June 5, but the Logitech Wireless mouse kept misbehaving. I put in two new AAA Energizer Alkaline batteries, but it still did not work. However, the Logitech wireless mouse and keyboard are made in China, and in Asia, the AAA batteries have a longer positive pole. I have installed little slips of paper in the Logitech Wireless mouse to push out the wire contacts a small fraction, so they make contacts with American batteries. However, one of the wire contacts had slipped down and was not making contact. I raised it up with the small pieces of paper behind it, but it went back down when I installed the battery. I used my small eye glasses screw driver to pry it up further into position, and it is now working just fine. I have it set to Channel 1, and with the new batteries and the contacts in position, it seems to be working just fine. CIO

Note: <888> 06/09/04 Wednesday 4:20 A.M.: I went out after the last message. I ran Norton Anti Virus 2004 on the primary computer while I was out, but it had frozen up when I returned on a Cache folder. Still the system ran fine after I rebooted. Possibly power saving features interfered with the program. I also had mouse problems after the last message, and when I rebooted without the cable modem turned on, they still occurred. On my Logitech wireless mouse, I switched from channel 2 to channel 1. I then cleaned up, and I went out. I walked the entire length of Greenwich Avenue, and I sat out at various locations. It apparently was hot today. I tried using the ATM at the Greenwich Avenue branch of Putnam Trust Bank of New York, but the machine was temporarily out of order. I chatted with a Scottish fellow that I have chatted with before, and he was watering the hanging plants on Greenwich Avenue. He told me the United States of America government is permitting Mexican residents to drive on the highways of the United States of America with Mexican driving permits and registration, which I did not know. He also said that lots of trucks were being stopped on the Merritt Parkway which is limited to cars because the Mexicans or Latinos can not read the signs in English. He also told me that one can still obtain Balmoral <http://www.balmoralcastle.com/> Scotch whisky Balmoral Castle Whisky in Scotland, and his son had brought some back for him on a recent visit. I chatted with him about the little bit I know about British affairs. I then completed my walk. I drove down by the waterfront, and it was unusual, because all of the houses on the waterfront were dark. Possibly there was a power outage, but the lights are on here. I then used the ATM machine at Putnam Trust Bank of New York on Mason Street. I next drove over to Walgreens www.walgreens.com in Old Greenwich, and I ripped out the store circular coupons for the items that I was interested in purchasing. With the store coupons, I bought six packages of ACT II microwave popcorn for 3 for a \$1, three 3.7 ounce tins of Commander sardines in soy oil for 3 for \$2, four 6 ounce cans of Geisha crab meat for \$1.50 each, three eight ounce cans of Geisha sliced pineapple for .39 each, three 4 ounce cans of Geisha pieces and stems mushrooms for .39 each, three 5 ounce cans of Armour Vienna sausages for .39 each, three 16 ounce boxes of Deerfield Farms baking soda for .39 each, two 7 ounce cans of Barbasol close shave gel with aloe for .99 each, a two pack of Walgreen AA heavy duty batteries for .39, a 9 ounce can of Walgreen roasted and

salted almonds for \$2.99 plus .14 sales tax for \$20.18 total. I saved \$12.66 with the Walgreen store coupons and \$2.60 on Walgreen advertised specials. I then returned home, and I drank some iced tea. I will now put away my purchases. CIO

Note: <888> 06/08/04 Tuesday 11:40 P.M.: I chatted with a relative. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm. Instead of tuna fish, I cut two 5/16 inch thick slices of cold eye round of beef, and I cut them into half inch wide strips, and I used them in the salad. For the cheddar cheese portion, I use 50% Stop and Shop Wisconsin white cheddar cheese and 50% Cabot's www.cabotcheese.com 50% less fat Vermont white cheddar cheese. I used all of the other regular ingredients. I had the salad with a glass of iced tea. Basically when my family first moved here to Greenwich, Connecticut in 1961, one of our family's original friends in Greenwich owned a cheese company in Wisconsin, which they sold to American Home Products now www.wyeth.com which is involved in a lot of products worldwide, however the individual worked for American Home Products, he might have sold the cheese company to Kraft <http://www.kraft.com/> which, also has quite a few other food products besides cheese. When I last visited Key West, Florida in February 1982, when it was minus 24 degrees Fahrenheit below zero in New York City, I met a man named Steve Bahl whom owned Fennimore Cheese <http://www.fennimorecheese.com/> in Wisconsin, which supposedly had a million head of Dairy cows. Steve looked like Adolph Hitler or Tennessee Williams, but he talked like Tennessee Ernie Ford. Steve lived above a funeral parlor on Simonton Street near Caroline street in Key West, and he seemed to be escaping the colder weather in Wisconsin, which was probably colder than New York. I recall Steve seemed to know some of my family from the Midwest, and he seemed to know we are somewhat established. Thus there is more than one cheese connection in our family. I will now shut down the computer, and I will clean up, and I will go out for a walk. CIO

Note: <888> 06/08/04 Tuesday 9:25 P.M.: I logged on to Connecticut Light and Power www.cl-p.com and this month's bill which I have not received yet, does not show that I have been credited with the \$535 CTE, Inc. Energy Program that the grant letter that I received from them on January 12, 2004 says that I would be receiving. I called up Connecticut Light and Power at 1-800-286-2000, and the told me I should call the Connecticut Light and Power credit department at 1-800-286-2828, which is opened week days from 8 A.M. to 6 P.M. except 4:30 P.M. on Friday. I put the grant letter on the dining room table to have available for when I get around to calling. Possibly I will be awake at 8 A.M. tomorrow morning, so I will make the call then. CIO

Note: <888> 06/08/04 Tuesday 8:55 P.M.: After the last message, I chatted with a neighbor. I went to bed, and I was up at 4 P.M.. I ate breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I went back to bed until 8 P.M.. I watched some television. I picked up some mail. I changed my three calendars from May to June. CIO

Note: <888> 06/08/04 Tuesday 6:25 A.M.: I will now shut down the computer, and I will go to bed soon. I just noticed when I read the Greenwich Time

www.greenwichtime.com that my mouse froze up because of the Java script they put in their web pages, and I had to restart. Everyone knows that IBM has a lot of too clever people in this area whom know quite a bit about computers. However, as if I do not need to remind IBM, individuals and groups affiliated with business relationships with IBM worldwide can always terminate their agreements should IBM not continue to maintain a professional level of conduct. I am NOT implying that IBM has put bad code in the Greenwich Time web pages. What I do know for sure is that because of IBM's notoriety within the computer field, they also attract all sorts of hostile individuals and groups into this area seeking to reek havoc for their own private or personal gain or curiosity. Thus I do not think the professionals at IBM would be bothered with hacking, but I am sure they have attracted those into the area, whom would take advantage of the situation. Even today, when my right monitor would not turn on, it might imply that someone had accessed my computer and started it up differently than I normally start it up, which would have caused the right monitor not to function until I reset it. I have frequently seen evidence of someone tampering with my computer equipment, but realistically with a cable modem open to anywhere in the world and since the systems are so complex, it just as easily could be someone from half way around the world. As I said before hacking tricks tend to start happening when the children start to get out of school on vacation. Perhaps we should make the children learn a higher level of professional responsibility, but it could be some other factor like my neighbors next door whom also have computers might be using a wireless mouse and their frequency interferes with my frequency. With the internet and personal computers, we are talking about thousands of variables, so nothing is absolutely certain. However, with the cable modem turned off, the problem does not happen, so it would imply that someone outside my immediate environment is accessing my system through the cable modem internet service. Well time for bed. CIO

Note: <888> 06/08/04 Tuesday 5:55 A.M.: Of course the weather we experiencing just about now is the same weather that we had about four years ago during the third week of May, so some groups that travel with the weather or so possibly an individual or members of that same group when that incident happened are now in this area traveling north. I just ate a piece of cheese cake with iced tea. Generally when one has predator hunters in an area like this during certain times of the season, one also learns to keep predator wolves around, so you better check in with Grey Wolf or White Wolf. I have learned at night White Wolf security is fairly reliable, since a wolf is good at sniffing out potentially hostile intrusions. Of course there are more dangerous animals, but wolves are good at working around people. Well for all I know, the local activity in this area seems slower than normal, so possibly with all the news stories about terrorist threats in this area, people are avoiding this area for better or worse. Of course it could be just because it is colder than normal for this time of year recently. CIO

Note: <888> 06/08/04 Tuesday 5:25 A.M.: I have observed the waterfront on Steamboat Road for the last 20 years, since I moved down to Steamboat Road in June of 1984 and lived there for five years. In 20 years, I have seen just about everyone from around the world down by the waterfront depending on the seasons. I can recall about two years ago, we had a group of Ecuadorian Headhunters fishing on the pier in July and August, and although I saw them every day, I did not try to pick up casual conversation with

them. I suppose some of the indigenous Indians also return to this area was there traditional Happy Hunting Grounds. I recall during the third week of May about four years ago, while I was walking south from the parking lot at the southwest picnic area of Tod's Point, someone took a shot at me with a rifle from the waterfront or it appeared to be that. I reported it in my notes at the time. I was walking south from the parking lot, and as I was walking underneath the main limb that over hangs the path, a large section of bark fell off the lower side of the limb. I did not think much of it, but I sat out at about the second picnic bench watching the birds on the waterfront. As I returned back down the path, I noticed stuck on a galvanized nail about a foot up from the base of the same tree, there was a 1.5 inch by 1.5 inch florescent orange target marker. I immediately departed the scene, and I informed an under cover police officer whom was stationed in the southwest parking area. My old 1976 White Volvo was parked behind some bushes at that location, so I was probably not identified with my car. Whatever, the case I told the gate guard, the Riverside Shopping Plaza post office, the group of police officers playing baseball in Bruce Park, the fishermen at Grass Island, some of the staff at the Indian Harbor Yacht Club, and the Greenwich Library reference librarian. I am not sure what the purpose was for using me for target practice, but I was much thinner thin, and I was wearing my size 38 Brook Brothers Leather bomber jacket from New Zealand with my olive green Australian bush hat, so I might have been mistaken for someone else at the time whom would have weighed about 170 pounds. I also called the Greenwich Police Department when I got home. There was no feed back or inquiry by law enforcement at the time. However on my own investigations in the same area shortly there after, I did noticed the clamming signs at Tod's Point in the same southwest picnic area had rifle shot holes in them. It is hard to tell how someone could fire from an opposite shore, unless they were on a boat. I was warned by one of the local veterans at Grass Island, whom looked like Buddy Epson that, "There Ain't No More Kentucky Wind Anymore", which implied the modern weapons are extraordinarily accurate. Whatever, the case that same day, there was Ku Klux Klan rally in Connecticut as I recall in either Hartford or Wallingford, and I recall seeing a lot of traffic more than usual in the area. Current President Bush was on the campaign trail, and that evening he appeared on the news from Kennebunkport, Maine, so possibly he might have been traveling through this area on his way to Kennebunkport. Since I have a vague resemblance to him particularly at a distance, someone might have staked out this area. I do not think I was the intended target, since I am one of the most commonly seen people in the Greenwich, Connecticut area. Whatever, the case it was during that time when people from down south were traveling up north, so possibly I might look like someone from down south associated with this area that people might not like. Of course when my hair is longer, I also look a little bit like Donald Trump too. Whatever, the case the bullet holes in the clamming signs at the beach were real, the florescent orange target market at the base of the tree was real, and the large section of bark falling off the base of the tree limb over hanging the park was real. Thus I feel a little bit more comfortable sitting around the police station downtown in my free time. Of course the wealthy people in this area can also afford expensive weaponry, so possibly one of their children got into their father's gun rack. CIO

Note: <888> 06/08/04 Tuesday 4:05 A.M.: Basically as a teenager, I was not too big, so I was not into contact sports. At age 18, I only weighed about a 125 pounds <http://www.geocities.com/mike2scott2003/mls1968.jpg> , so when I came back to Greenwich, Connecticut in December 1983, I was up to about 145 pounds at age 33, which was a very healthy weight. However, sitting in front of the computer for 14 years, although I am somewhat expert at the internet and personal computers, I currently weigh 210 pounds, so I am grossly overweight and out of shape. I keep trying to lose weight, but from what I can tell, my system must be slowing down, since although I do not eat too much, I have not managed to lose weight. In about the first two years back in Greenwich, I went from 145 pounds to 230 pounds, and about the time I went to Europe for the Winter Olympics in 1992, I was back down to 165 pounds. However, I still hope that sooner or later I will lose some weight, if only to have it easier on my joints with arthritis. CIO

Note: <888> 06/08/04 Tuesday 3:35 A.M.: I ordered a box of a hundred sheets of Avery Style 5371 10 white laser business cards per sheet for a 1000 cards total from this site <http://www.compuforms.com/business.htm> . They cost \$14.62 with free UPS ground shipping from five different locations and in my case from New Jersey. When I tried to transfer additional funds from my Bank of New York Savings Account to my Bank of New York Checking Account over the internet, it said that I had exceeded my maximum amount of debits. I called up the Bank of New York 1-800-CALL-BNY, and they explained to me that I am only allowed six online or telephone debits from my savings account a month, and the rest of them have to be in person at the bank or ATM. I had enough funds in my Master Card Checking Debit card to cover the purchase, so it went through. They also explained to me on my Exxon gasoline purchase this past Sunday, the system works by charging one's account a dollar to verify the transaction and then in two to three days the amount of transaction is posted to one's account. CIO

Note: <888> 06/08/04 Tuesday 2:15 A.M.: I went through my email. I chatted with a night security official at another location. CIO

Note: <888> 06/08/04 Tuesday 1:45 A.M.: Of course when I originally walked over to Pennsylvania Avenue from the Hilton, and I walked up Pennsylvania Avenue to the Capitol, I spotted the trouble makers in the crowds, so on the way down Pennsylvania Avenue in line with the Presidential limousine, I had about a one mile running start to knock down the six 500 pound men. Thus any physics major could tell one that velocity and a small amount of weigh can upset a much larger weight. I was going through some personal items, and I noticed a made in China lap watch that was not working. I put in a new 2025 lithium battery in it, and it still does not work. I left the new battery in it. Maybe it will reset itself sooner or later with power. CIO

Note: <888> 06/08/04 Tuesday 12:45 A.M.: I was able to finance my political activity because being Scottish and Dutch, I tend to be very frugal. When I graduated from Lake Forest College www.lfc.edu in June 1972, when I returned to our house outside of Boston, my father gave me a Rolex watch similar to a chronometer <http://www.rolex.com/> . It was silver with a small blue and a small red square, and I

never wore it, although it was meant for marine use. I left it in the drawer in my desk. Somehow over all of the years of moving it from Greenwich, Connecticut to Greenville, South Carolina, to Norwich, Vermont to Philadelphia and to New Canaan and back to Philadelphia, it disappeared. At the time I got it, I think it cost \$750, so if you look at Rolex's web site, one can see how expensive they are today. I thought about it recently because I have seen a tall younger fellow wearing the same watch driving a Ferrari. It sort of makes me think about those old stories that people wearing Rolex watches are usually retired from other more important duties. Still, I guess I could try to search out from Rolex if they have a record of the watch's number, since each Rolex watch has a unique number. I recall my father spent a great deal of time in Europe, so more than likely it was purchased in Europe. If Rolex has a record of the watch, and its current owner, one would be able to figure out how it came to be in someone's else ownership. I just left it in my desk drawer, and one day it was not there anymore. Also my 1954 Schwinn bicycle with Bendix brakes in mint condition disappeared in the same moves along with my Superman comics and Harry Truman autograph and World War I brass infantry compass. Thus when one tries to be politically involved one frequently seems to lose personal belongings, and one seems to get gradually poorer versus private enterprise. CIO

Note: <888> 06/08/04 Tuesday 12:05 A.M.: I chatted with another relative. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I cut two 5/16 inch thick slices of cold eye round of beef, and I cut them into half inch wide strips, and I used them in the salad. For the cheddar cheese portion, I use Stop and Shop Wisconsin white cheddar cheese. I used all of the other regular ingredients. I had the salad with a glass of iced tea. I received a gift in the mail from one relative from another relative. It is a Ralph Lauren XXL baby blue and white 3/8 inch horizontal strip polo shirt. It should fit me just fine. I still have to return the two other gift shirts to T.J. Maxx in Norwalk, Connecticut when I have the time. Since the nation is in mourning for Ronald Reagan, I am maintaining a more somber routine until after the funeral on Friday. I attended President Reagan's inaugural in 1981, so I would imagine there will be a lot of deja vue friends showing up in Washington D.C. for his funeral. I recall standing on Pennsylvania Avenue before the inaugural, I noticed Ed McMahon of the Tonight Show was standing next to me, and he stuck out because he was tall. I always wonder how many people I did not recognize at the event. I had been up all night having cocktails the night before the inaugural at a student bar in Greenwich Village near where President Reagan's son lived. I use to see a lot of students from California there. I was given three double Vodkas on the rocks by a bar patron, but since I do not normally drink, they generated my enthusiasm for the upcoming event. I took the train to the plane at Kennedy Airport, and I bought a \$40 airline ticket on Braniff airlines to Washington D.C.. I just had my overnight bag, which contained a Brooks Brother's suit. I was one of only two passengers on the jet, which was strange, but the other passenger looked like Prince Boni Sadr the oil minister for Saudi Arabia. Well, anyway I changed into my suit on the jet, and from National Airport, I took a taxi to the Hilton Hotel near Lafayette Square, and I checked my bag. I then attended the inaugural, and it was a cold January Day. I recall that there was some sort of commotion with some of the spectators as Ronald and Nancy Reagan passed in the limousine down Pennsylvania

Avenue, and there were lots of cameras on at the event. I will not go into the details, but it was my impression that some out going President Carter's people were creating the commotion, and since Ronald Reagan was currently president, I tried to avoid the commotion, and I eventually was knocked to the ground by a half dozen 500 pound African American men whom were not being friendly towards the President. I was rescued by a couple of the secret service agents on the Parade detail who took me to a hospital to check me for injuries since in the process of knocking down six 500 pound people, I might have injured myself, and I eventually made it back to the Hilton Hotel. I walked across the street to the Sheraton Hotel, and I drank a Vodka and Tonic sitting next to a United States Navy Admiral that looked like Admiral Stansfield Turner having a drink, Jimmy Carter's CIA chief. I then returned to the Hilton next door, and I went downstairs, and I ate a Butter Scotch sundae in the ice cream parlor in the basement. I then sat out in the Hilton Lobby, and about 7 P.M., when I had just ordered and proceeded to drink a Drambuie Scotch liquor <http://www.drambuie.com/> on the rocks, I noticed there was some additional activity. The Hilton Hotel was full of officers wearing military uniforms, and I was simply wearing my old Brooks Brother's suit, I got when I was 16 years old, which fit me at 150 pounds. I was told the President would be arriving shortly for the reception for the Metal of Honor recipients which was the first reception President Reagan attended. I do not know in the crowd if I saw him or not, so I guess the only time I saw President Reagan was during the inaugural parade for sure. After the event a taxi driver at the Hilton gave me a ride to the Dutch Inn in Georgetown now the Thomas Jefferson Inn on Jefferson Street, and I spent the night there, since they had accommodations unlike the downtown hotels. The following morning, when I went out to National Airport, some Greenwich people recognized me, and they gave me a free ride on a 727 jet with a "T" on the tail fin, and I arrived back that afternoon at Westchester Country Airport, and I took a taxi to the Greenwich train station, and I caught a train back up to where I was living in New Canaan, Connecticut. Thus in young republican politics when I was 30 years old, it was all a great adventure during a couple of cold winter's days. I recall paying about \$65 for one night for the room at the Dutch Inn. Well, having seen all of the enthusiastic republicans at Ronald Reagan's inaugural, I always wondered if anyone took note of the Bush's entourage, since President Bush #40 was his Vice President. Whatever, the case my road to Washington D.C. on that trip had started on a summer vacation in Kennebunkport, Maine with family, and we all saw George Bush #40 playing tennis and later on at a town reception on the Village Green, when he had gotten the Vice President nomination. After that I made two trips to California in support of the Reagan Bush ticket with a side trip to Hawaii. Thus the political process can involve a lot of travel and dealing with lots of people including a great many like minded individuals. I noticed on that Inaugural Day in January 1981, there were not that many cold weather people in the crowd, but coming from Connecticut I was use to the cold, and I do not recall even wearing a winter coat, which at the time I did not own one. I recall in the apartment in New Canaan, Connecticut also about only food was a bowl of Jelly Beans, so at the beginning of the Reagan era, life was very lean, and it was full of lean and hungry people. CIO

Note: <888> 06/07/04 Monday 9:55 P.M.: I was up at 2:30 P.M.. I had breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and

coffee. I cleaned up, and I went out. I went to my 4 P.M. appointment. I then went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I used the ATM machine on Greenwich Avenue at Putnam Trust Bank of New York at their Greenwich Avenue branch. During my walk, I stopped by the 70% off rack at the Greenwich Hardware store at the front of the store. They have a bin in the 70% rack full of electronic items. I bought a tan Gemini 25 foot modular coil telephone cord for \$1.80 and a GC Electronics 6 foot Video cable for \$1.50 plus .20 tax for \$3.50 total. I completed my walk. I used the bathroom at the senior and arts center. They have done some more landscaping around the Senior and Arts center including laying Belgium block curb stones, which look more like finished field stone. I then drove down by the waterfront. I next went by the Greenwich Library, and I read the Greenwich Time. I then went by Val's Liquor at the Stop and Shop shopping plaza, and I bought a 10 ounce bottle of Angostura bitters for \$8.79 plus .53 tax for \$9.32 total. I then went to the Stop and Shop, and I bought a bottle of Gumout concentrated fuel system cleaner for \$3.99 plus .24 tax for \$4.23 total. I then went by Exxon, and I put the Gumout fuel system cleaner in my Hyundai, and I filled up the tank with .40 of regular unleaded gasoline at \$2.359 a gallon for about 30 miles per gallon usage. One is suppose to use the Gumout fuel system cleaner every 3,000 miles. I then returned home. No one retrieved the old Packard Bell computer and 15 inch monitor that I put out by the dumpster that a neighbor had thrown out, and the same neighbor finally threw it in the dumpster. Realistically companies like IBM I was told shred four semi truck loads of computers every week up at the salvage yard in New Haven, Connecticut, and there is a company in Chicago that recycles 300 million old computers every years, so there is not much of a market for used computers that are more than 3 to 5 years old, since maintaining them can be more hassle and expense than they are worth. I put the 25 foot tan coil telephone cord on the AT&T phone on the Danish bar, so it now has a longer cord. I put the 6 foot video cable from the Proscan television in the bedroom to the Sylvania VCR, so the VCR now has enough cable to be centered on the top of the television, and there should be a better signal. I put the 2 foot cable that I took off of it on the bottom of the hallway sweater closet. I chatted with a relative. I was told that a friend of hers named Armstrong whom is an expert in ancient scripts will be appearing on the Discovery Channel in a presentation on the Pillars of Herclaneum. I then started up the primary computer, and the right Iiyama 19 inch monitor did not start. When this happens, which it has not done so in a long time, one has to shut down the computer and turn off the Iiyama monitor, and disconnect the monitor cord at the monitor, and then turn it on, so it comes back on and then reconnect the monitor video cable and then restart with both monitors turned on. Then with my current setup having it as the secondary monitor on boot up, it should start properly, which it did. The Iiyama monitor has signal select, so it has to get the right signal to start up, which I explained in my notes, when I bought it used for \$30 at the Greenwich Hospital Thrift shop back around February 2004. Well, the system is running just fine.

CIO

Note: <888> 06/07/04 Monday 9:15 A.M.: I will now shut down the computer, and I will get up at 1:30 P.M. to get ready for my 4 P.M. appointment. CIO

Note: <888> 06/07/04 Monday 9:10 A.M.: I could not sleep, so I did a little straightening up. I threw out three old quart cans of plum tomatoes and crushed tomatoes, a bottle of Log Cabin pancake syrup, partially used bottles of Heinz red and white vinegar, and a partially used bottle of French's Dijon mustard. I also took the Arm and Hammer baking soda in the freezer and the refrigerator, and I poured some it down the kitchen drain, the bathroom sink drain, and the bath tub drain. I put in new boxes of Arm and Hammer baking soda in the freezer and the refrigerator. I put the single cup white Salton coffee maker on the lower side left of the bedroom closet. I put the 12 inch Griswold frying pan with glass lid on the top shelf of the lower center kitchen cabinet. I put the coffee filters from the left kitchen shelf on the lower shelf of the left top cabinet. I moved the three thermoses to the right of the Farberware oven on top of the refrigerator. I threw out the accumulated pharmacy plastic pill bottles and Altoid tins. I threw out three old computer cards from the right bottom bedroom desk drawer. I also disconnected the Packard Bell monitor and CPU, and I kept the power cables and mouse and keyboard, and I put the CPU and monitor with the card on top of a small refrigerator to the left side of the dumpster. CIO

Note: <888> 06/07/04 Monday 6:20 A.M.: I ate a large bowl of corn chips and a piece of cheese cake with some iced tea. I will now shut down the computer, and I will go to bed soon. I have a 4 P.M. appointment today. CIO

Note: <888> 06/07/04 Monday 5:45 A.M.: I went through my email. CIO

Note: <888> 06/07/04 Monday 5:10 A.M.: I worked on the old Packard Bell computer. I opened up the case, and it was quite dusty, so I used my miniature vacuum cleaner to clean it out as well as I could. I removed the cards and the case fan in the cleaning process. I also took out the Intel Pentium 70 processor, and I put in a spare Intel Pentium 133 processor that I had. The CMOS still recognizes a Pentium 70 Processor, but the one I put in seems to work a bit faster. The system only has 24 megs of memory. For the LAN card, I installed Micronics Windows 95 drivers. I was able to get it to on line. I tried the installing Internet Explorer 4.0, but its download site no longer works. I tried the Opera browser, but it would not work properly, and I tried another browser that would not install. I finally downloaded Netscape 3.0, and it works just fine on the old Packard Bell computer, so technically it is online. There is a U.S. Robotics modem driver that I need to install. The old Packard Bell computer with Windows 95 shows basically the state of the art of the industry about nine years ago, thus it is more of a museum piece, but it does work. I cleaned the case, and I set it up on the right side of the Maple side table with the 15 inch monitor. I had two powered cords for it, and a Microsoft PS/2 mouse, and a PS/2 keyboard that I took off one of the HP backup computers. I have it shut down for now. However, I could work in the future on configuring it with older programs, however it is so slow compared to my other five backup computers, I do not think I will want to be keeping it. I am not sure what the purpose is of working on it, if I am just going to dump it or give it to another thrift shop other than the Greenwich Hospital Thrift shop. However, it does work for web browsing, and it would do word processing, but there are so many more much more powerful computers easily obtained in the surplus used market in this area. CIO

Note: <888> 06/07/04 Monday 1:05 A.M.: I disconnected the Dell backup computer, and I opened up the computer on the maple side table which is a good working area. I put in the Sterling PCI V90 modem that I had taken out of the primary computer, when I installed the second video card. I closed up the case and reconnected it. Windows recognized it plug and play, so there is now an internal modem in the Dell backup computer. CIO

Note: <888> 06/07/04 Monday 12:05 A.M.: For dinner, I had three 1/4 to 3/8 inch thick slices of cold beef eye round roast with Lea and Perrins Worcestershire sauce, steamed fresh broccoli with a little bit of olive oil, reheated rice left over from yesterday, and a glass of iced tea. I used the steamed hot water to clean my tooth brushes. CIO

Note: <888> 06/06/04 Sunday 11:20 P.M.: I ate a two bowls of corn chips with iced tea before going to bed this morning. I was up at 4 P.M.. I chatted with a relative. I had breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I showered and cleaned up. I had a message on my answering machine when I got out of the shower. I went downtown, and I went by CVS, and I picked up a prescription for a \$1.50 cost. I then went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I chatted with one local, and he had boxed the winning ticket with two of the three winners in the Belmont yesterday including Birdsong, so on a \$2 ticket he got \$84. I stopped by CVS during my walk. I then finished my walk, and I drove down by the waterfront. I then went by the Exxon gasoline station next to the Greenwich Library, and I bought \$7.50 of regular unleaded gasoline at \$2.359 a gallon for about 25 miles per gallon usage. I used my Master Card Bank of New York Debit card to pay for the transaction, but when I pressed Debit it would not work, but the attendant tried it and pressed credit, and it went through. However, when I returned home, the \$7.50 debit does not show up on the account, but there is a \$1 debit today. I wonder what the problem is. I will have to see how it looks tomorrow after transactions are posted. I drank some iced tea. I took the U.S. Robotics Sportster Voice 56 Fax External modem off the Dell backup computer, and I put it on the right top side of my right monitor on the primary computer and plugged it into the serial port. It installed itself plug and play, and is available for use, should the cable modem not work. I then disconnected the serial cable from the serial port, and I plugged in the X10 remote control mouse, and I installed the driver for it, and it works just fine. I left the X10 remote control mouse plugged into the serial port for now. I have the base unit on top of the monitor turned off with the little switch on its right side. I left the X10 remote control mouse on the top of the right monitor to the left of the base unit. One can use the mouse remote control when viewing content on the television monitor. This all took a bit more time to figure out than I have indicated, still the system is just running fine. CIO

Note: <888> 06/06/04 Sunday 7:15 A.M.: I have Windows 95 installed on the Packard Bell computer, but I still have to configure it a bit to get it online. I watched French President Jacques Chirac and Queen Elizabeth II at D-Day ceremonies and the news of Ronald Reagan passing away. I guess we will all have a bit of time to remember him in better times. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 06/06/04 Sunday 5:45 A.M.: I have been watching the D-Day ceremonies on television including President Bush's speech. I downloaded from www.seagate.com a low level format program, and I did a quick low level format of the Packard Bell computer Connor C: drive. I then ran Fdisk, and I did not enable large hard disks, but it recognized the full 1.2 gigabyte hard drive. I then formatted the C: drive. Instead of booting the A: drive with the Windows ME boot disk, I booted it with the Windows 98 Boot disk. When I started to install Windows 95, it prompted me there was still a disk caching utility running, but when I prompted it to install anyway, it seems to have continued installing normally, so I am 60% done with the Windows 95 installation. One has to remember in the old days, the older computers were a little bit more complex, so remembering some of the procedures for dealing with installation problems helps with the older computers. Possibly the disk caching that the Windows ME boot disk installs interfered with the normal Windows 95 installation.

Note: <888> 06/06/04 Sunday 1:55 A.M.: I was unable to get Windows 98 to installed on the Packard Bell computer. I went outside briefly. I am now trying to install Windows 95 on it. On both Windows 95 and Windows 98 as I first run setup, I get an error message that I have a compressed disk utility installed. I have run Fdisk and removed and installed the partition, and I have formatted the C: drive. I can ignore the error, but I have a feeling that might be the problem. CIO

Note: <888> 06/06/04 Sunday 12:20 A.M.: Happy D-Day. I put the ice tea in the refrigerator. The Packard Bell computer is 55% through installing Windows 98, and I will put Windows 98 Second Edition on it. I can not put Windows ME on it, since Windows ME needs 32 megs of memory. It also does not have USB ports, but in its day, it did the job. If I have any problems, I will put Windows 95 on it, which was on it when I was given it. I finished going through my email. CIO

Note: <888> 06/05/04 Saturday 11:35 P.M.: I made a \$5 contribution to the Ronald Reagan Foundation http://www.reaganfoundation.org/member_contribute/ with my Master Card Bank of New York Debit card. CIO

Note: <888> 06/05/04 Saturday 11:20 P.M.: I ate a piece of cheese cake with some iced tea. CIO

Note: <888> 06/05/04 Saturday 11:00 P.M.: I restarted the installation on the Packard Bell computer, and it has 40 minutes to go. CIO

Note: <888> 06/05/04 Saturday 10:40 P.M.: The old Packard Bell computer seems to be in the process of a long rebooting process in which it configures itself, but the bottom line is still moving, so it has not frozen up. I will just let it do its thing. I am making up a fresh batch of www.geocities.com/mikelscott/icetea.htm . I am still using the five green tea bags in the recipe, until I use them up, and then I will use the Twinings loose leaf green tea. Instead of steeping the tea in the Revere pot that I boil the water in, I am using a Rubbermaid Cake holder which has a large plastic lid to put the water in and steep the

tea, with the cake container base for the cover. Thus hopefully the tea will have less of a metallic taste. CIO

Note: <888> 06/05/04 Saturday 9:40 P.M.: I took the beef eye round roast that I bought last night at the Food Emporium for \$3.99 a pound that weighs a little bit over three pounds, and I seasoned it on all sides with Old Bay Seasoning, garlic powder, chicken and meat seasoning, ground black pepper, celery salt, Italian seasoning, Basil, Oregano, and Texas Best Mesquite barbeque sauce, and I am cooking it on the roasting rack in the roasting pan in the Farberware convection oven at 335 degrees Fahrenheit for 45 minutes. I am also making up a batch of rice in the China Village rice steamer. I rinsed a cup of Carolina rice in hot water in a metal bowl, and I then strained it in a wire strainer underneath hot water, and I put the rice in the China Village rice steamer with 14 ounces of water along with two tablespoons of olive oil and a teaspoon of sesame oil, and I put the inner and outer tops on it, and I will microwave it in the General Electric microwave oven for 11 minutes, and let it stand for five minutes. I will eat three 1/4 inch thick slices of the beef with the juices along with half of the rice and steamed fresh broccoli along with iced tea. I will put a little bit of olive oil on the broccoli. I will refrigerate the remaining beef in a Rubbermaid container along with the rice in another Rubbermaid container. It should all be done in about 7 minutes. CIO

Note: <888> 06/05/04 Saturday 8:30 P.M.: Since the older Packard Bell computer is a slower Pentium 90 processor probably with only 24 megs of memory and a 4X CD player, the installation is slower about 25% complete, but it seems to installing just fine. CIO

Note: <888> 06/05/04 Saturday 8:15 P.M.: I retrieved the 15 inch monitor from the dumpster, and I will check it later to see if it works. It is missing its stand. CIO

Note: <888> 06/05/04 Saturday 7:55 P.M.: A relative called, and I watched the Belmont Stakes <http://www.nyra.com/belmont/>. Birdstone won [SI.com - More Sports - Birdstone nips Smarty Jones at Belmont - Saturday June 5, 2004 7:19PM](#), and I had told several people to bet on it in the Kentucky Derby. The owner Marylou Whitney is a friend of a friend of mine that works around horses for www.nyra.com and Nick Zito is one of the best trainers. Birdstone paid \$74 to win \$14 to place and \$8.60 to show <http://newdata.drf.com/results/05/rBEL05.html?rn=695331>, so it must have been a good day at the races for some of Marylou's friends. I chatted with my relative again. I am installing Windows 98 Second Edition on the older Packard Bell Pentium 90 computer. It seems to be installing and running just fine. I will then configure it with some other programs. I have historically called this "Computer Dumpster Therapy". I do not know whether I will keep, it or pass it on to another thrift shop that takes lesser merchandise than the Greenwich Hospital Thrift shop. I did not take the 15 inch monitor that came with it out of the dumpster, but I suppose I could, but I have no place to put it anyway, and I do not feel like climbing in the dumpster, but maybe later I will think about it. I guess I could use a broom to pull it over the edge of the dumpster and salvage it, but more than likely no one would want it anyway. There are suppose to be showers through out the evening, so I will not be going out. CIO

Note: <888> 06/05/04 Saturday 6:15 P.M.: We are truly saddened to hear about Ronald Reagan passing away today <https://www.ronaldreaganmemorial.com/> . I chatted with a friend before going to bed this morning. I ate two bowls of corn chips. I chatted with a friend before going to bed this morning. I was up at 4 P.M. this afternoon. My shipment of 7 cartons of Seneca Ultra Light 100s cigarettes arrived from <http://www.smokemcheapcigarettes.com/> . I ate a bowl of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. One of my neighbors was throwing out an older Packard Bell Pentium 90 computer with 24 of memory and 1.2 gigabyte hard drive. I have it set up to reconfigure. It seems to work just fine, but it would be a bit slow compared to the newer systems. CIO

End of Scott's Notes week of 06/05/04:

Note: <888> 06/05/04 Saturday 5:10 A.M.: I actually keep the hospitality bar set up in case any relatives ever visit with friends, and since that might happen also during the colder weather when they might be visiting from warmer climates, which is why I call it Red Cross Emergency Supplies, and since a couple of relatives are qualified nurses, if they showed up, they would know how to display and serve the various supplies from the Red Cross Emergency supplies hopefully without the 8 year old olives and cocktail onions, but who knows they might has a little extra kick to a martini. I once read that when former President Bush was Ronald Reagan's Vice President, he climbed over the wall separating the Vice President's house the former house for the Chief of Navy Operations restored by former Vice President Nelson Rockefeller, and the then Vice President Bush offered the British ambassador next door a martini. Of course that was during times of peace, so I would imagine that during times of war the politicians do not drink as much as they once historically did. However, at the moment since the President of the United States of America is out of the country on an overseas trip, I would imagine the Vice President is in charge while he is away which is usually standard procedure. There are suppose to be a great many dignitaries at the D Day ceremonies on June 6 at Normandy, France including Queen Elizabeth II, so I would imagine it would be a high protocol event. I will now send out my weekly notes, and then I will shut down the computer, and I will go to bed shortly there after. CIO

Note: <888> 06/05/04 Saturday 4:30 A.M.: I am microwaving a Stouffer's Lean Cuisine 13 ounce glazed chicken dinner, which I will eat shortly with a glass of iced tea. CIO

Note: <888> 06/05/04 Saturday 4:15 A.M.: I just took the two AAA Radio Shack Nickel Cadmium rechargeable batteries out of the charger, so both sets that I use for the Emerson Wireless headphones are fully charged. CIO

Note: <888> 06/05/04 Saturday 4:10 A.M.: My mouse just stopped twice, and I had to reboot twice. I am using the computer without the cable modem turned on to see if it is a hacker, which is highly unlikely. I originally purchased the liquor on December 16, 1997 and set up the bar. At Var Max Liquor pantry just west of me in Port Chester, New York on U.S. 1, I paid \$36 for 1.75 liters of Dewars Scotch, \$18.50 for 1.75 liters of Smirnoff Vodka, \$17 for 1 liter of Canadian Club, \$18 for 1 liter of Jack Daniels with two Jack

Daniels glasses, 1 liter of Mount Gay Rum for \$18, 1 liter of Gordon's Gin for \$13, one 12 ounce bottle of Noilly Prat dry vermouth \$4, 1 liter of Moet and Chandon White champagne for \$24, and that is when I bought the mixers and some wine, so at the time I spent \$162 on liquor and \$40 for mixers, additives, and bar accessories. I changed the mouse to channel 2 from channel 1, so maybe a hacker is trying to interfere with my note. However, since I have three firewalls, including the Windows XP firewall, the Norton Internet Security 2004 firewall, and the Seimen's router firewall, it would seem unlikely. The mouse software says the battery and signal are fine. It sort of makes me wonder whom could be hacking me, and it also reminds me that this time of year when kids start to get out of school, there are frequently hackers. However, if the system is being hacked, it shows a certain level of sophistication to get through three firewalls, and it might be caused by the resources being used up opening the large Microsoft file to search my old logs. I will turn on the cable modem shortly to post this note and see if it continues to happen. CIO

Note: <888> 06/05/04 Saturday 3:15 A.M.: I searched my notes, and I originally purchased the bar items and liquors on December 16, 1997, so they are seven and a half years old, but I am not sure how well liquor ages in glass bottles, but they have generally been kept around 70 to 72 degrees Fahrenheit out of the sun light. The champagne might be expensive vinegar for all I know. Of course some of the items were purchased more recently. However, if I had invested the same money in computers or computer parts or software 7.5 years ago, they would not be worth very much. Of course if a bunch of pirates broke into my apartment, I would be out my investment, but pirates generally have ample supplies of rum. CIO

Note: <888> 06/05/04 Saturday 2:45 A.M.: I just unlocked the bar, and it is all still there. I also have a .25 liter bottle of Noilly Prat Vermouth, 25% remaining of a .750 liter bottle of Mr. Boston Peppermint Schnapps that someone left in the laundry room one morning, a small two ounce jar of cocktail onions, a small four ounce bottle of cocktail olives, two 1.5 liter bottles of Rene Junot white wine plus the other unopened one in the refrigerator, a 1.5 liter bottle of Bellejour Curvee Blanc, a .750 liter bottle of 1998 Les Jamelles Merlot, a .750 liter bottle of 1998 Domaine Chiroulet white Gascony wine, .750 liter bottle of Martinelli's Sparkling Cider, and a .750 liter bottle of Koem Sparkling grape juice at the bedroom entrance side shelf. The latter two I bought two to three years ago. Plus on the same side rack, I still have the 12 bottles of Kennebunkport Ship Yard Ale variety collection two years old, and refrigerated the first year, and on the Danish bar with the bar tender supplies and glassware, I also have a box of 8 packets of Bar-Tender's whisky sour mix. I also have two quart bottles of lemon juice, two 48 ounce cans of Stop and Shop tomato juice, Lea and Perrins Worcestershire sauce, horse radish, and about three ounces of Angostura bitters left. I just locked up the bar again. I also have a .750 liter bottle of Moet and Chandon champagne that I bought five years ago, when I set up the bar that has been refrigerated the first two years, left standing one year, and refrigerated the last two years. Of course it might have been more than five years ago that I set up the bar, I can not remember precisely now, but it would probably be in my logs. Of course the bar onions and olives might not still be good, but I have fresh onions and canned olives, and whatever the case, it is all still ready in reserve. CIO

Note: <888> 06/05/04 Saturday 2:05 A.M.: I just searched this http://www.totse.com/en/politics/political_spew/timeline.html , and the Charter of Virginia was signed in 1606, but what I was trying to remember is a different event, possibly a volcanic event or event around a volcanic area. In my left kitchen counter drawer, I had two metal tea balls on one chain and a single tea ball on a chain with a holder, and I put them on the rack behind the tea pots. I unsealed the Twinings green tea, but I did not break the inner seal, and I put it between the two tea pots on the shelf directly above the kitchen sink. I took the Lindener Spezial Hanover German beer six pack that I bought about three years ago out of the lower drawer of the refrigerator, and I put it on the lower right shelf. I also took out about four of the ten bottles of the St. Pauli dark German beer that I bought two years ago from the same lower drawer, and I put them on the refrigerator side door. In the lower drawer, I also had a mixture of about 16 cans of Diet Coke, Diet Sprite, A&W root beer, and seltzer cans that I removed with the remaining St. Pauli dark beer, and I put in from underneath my sofa a 12 pack of Barq's root beer, and about six Diet Cokes, and six Diet Sprites, and then I returned the other items on top of the new items. The soda was bought about 10 months ago, as I recall. The German beer has been refrigerated since I bought it. I do not normally drink alcohol, except for using a little Rene Junot white wine in my cooking, but I keep it around for entertainment purposes. I frequently joke of all the different items that I have bought over the years, the only thing that has gone up in price that I still have is the alcohol. The alcohol contents of the bar which are securely locked up were purchased by me over time and mostly about five years ago, when a relative from down south was suppose to visit in the winter, so I used Christmas gift money that Christmas to set up a bar, which quite frankly has never been used except for a small amount of Vodka on cold nights, a little white wine for cooking, and occasionally Mount Gay Rum for tropical fruit salad flavoring, or a little bit of Jack Daniels for flavoring sautéed boneless center cut pork chops, which I decided was a little extravagant, so I have about 40% of the .750 liter bottle of Jack Daniels left, along with mostly fully stocked other basic bar items. I also replenished the 1.5 liter bottle of Smirnoff last fall along with the remaining bottle about 50% of a 1.5 liter bottle, and I had to buy a new .750 liter bottle of Gordon's Gin about two years ago, when two house guests drank a whole bottle of Gordon Gin unknown to me, and I think I also have a 1.5 liter bottle of Mount Gay rum plus a couple of ounces remaining in another bottle. I also have a .750 liter bottle of Canadian Club from the original purchase, and a 1.5 liter bottle of Dewar's Scotch, a .750 liter bottle of Kailua, and a bottle of Gilbey's mixer and about a dozen plastic liter bottles of Schweppes tonic water, Canada Dry Club soda, Canada Dry Ginger Ale, and Canada Dry Club Soda, and possibly Seltzer water, plus the old seltzer bottles are full with about three year old hurricane water, and I recall about 18 .750 liter bottles of Perrier. The plastic soda mixer bottle have collapsed inward for some reason after five years, so I do not know if they still have their carbonation or not. I have three month old ice in the refrigerator. Thus the apartment does have entertainment facilities, but it is so crowded in the apartment with furniture, it might be awkward for a large crowd. I think I also have three or four bottles of wine, but at the moment, the bar is securely locked up, and I do not feel like going through the effort to investigate more. There is also glassware in the bar along with the glassware on display in the apartment. CIO

Note: <888> 06/05/04 Saturday 12:55 A.M.: I went out after the last message. I chatted with a neighbor. I went downtown, and I walked the entire length of Greenwich Avenue including the train station. I sat out at various locations. I noticed someone with an Adidas <http://www.adidas.com/> sweat shirt, and I mentioned that there is a very large Adidas warehouse up on the north side of Toronto next to York University where the Scott Library is and also the Adidas warehouse is next to a Royal Canadian Air Force base <http://www.airforce.forces.ca/>, which is probably a colder area of the world. I use to wear Adidas Country sneakers for many years, until they became unavailable. I now have lots of shoes, but mostly for exercise walking I wear Reebok walking shoes <http://www.reebok.com/defaultPage.asp>, but I still have Adidas, Nike www.nike.com, Prince and other types of old sneakers including U.S. Rubber or Uniroyal <http://www.uniroyal.com/> canvas deck shoes. I complete my walk. It seems more younger people are about, so possibly they are beginning to get out of school. I next drove down by the waterfront, and the fisherman told me the fishing was not any good. I suppose it is still too cold for the Blues to be running, since it is cooler this spring. I next went by the Food Emporium, and the usual night staff are there. I used my Master Card Bank of New York debit card, and I bought four 26 ounce jars of America's Choice tomato marinara sauce for \$1.69 each, a head of Foxy broccoli for \$2.50, a eye round beef roast for \$3.99 a pound for \$12.45, and a 100 gram or 3.53 ounce tin of Twinings Loose Leaf Gunpowder Green Tea for \$5.69 for \$27.40 total. I then returned home, and I put away my purchases. I will now drink some iced tea. It says on the Twinings tin that it was established in 1706, so they will be having their 300th anniversary in 2 years. I read the other day about some other event that will be having their 400th anniversary in 2 years, but I can not remember now what happened in 1606, but I suppose it will come back to me. CIO

Note: <888> 06/04/04 Friday 8:55 P.M.: I finished my house cleaning and watering the plants. I heard on the FM stereo 106.7 FM, which I listened to with my wireless headphones that it is suppose to rain the next two days, but this evening is clear. I will put the computer on standby. I will now throw out the garbage, and I will go downtown. CIO

Note: <888> 06/04/04 Friday 6:20 P.M.: I am microwaving a 16 ounce Maria Callender chicken pot pie which I will eat with a glass of iced tea before doing my house cleaning. I will vacuum first, so I will not disturb my neighbors later on while doing house cleaning. CIO

Note: <888> 06/04/04 Friday 6:05 P.M.: I was up at noon. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I cleaned up, and I went by the Greenwich Hospital Thrift Shop. I bought for \$10 with my Master Card debit card a like new and clean twin size waterproof and anti-bacterial form fitted mattress pad. It came in packaging for a Lady Jane Churchill quilted throw. I next went by the Greenwich Hospital out patient clinic, and I had the follow up for my physical. I need to get my blood checked for cholesterol this October, and everything else is fine, but I should try to quit smoking. I then went by Putnam Trust Bank of New York on Mason Street. I next went by CVS, and I dropped of my prescription for Lipitor. I next went by

the Stop and Shop, and I bought a 8 ounce bar of Cabot's 50% less fat Vermont sharp white cheddar cheese for \$1.99 and a 10 ounce bag of fresh spinach for \$1.99 for \$3.98 total. I then went by the Arnold Bread outlet, and I bought two 5.5 ounce boxes of Arnold large cut garlic and herb croutons for .99 each and a Entenmann's Deluxe French cheese cake for \$1.89 for \$3.87 total. I guess I am looking younger in the summer, because they did not give my 10% senior discount the last two times. I then returned home. I moved out the maple side table and the blue sofa out, and I stripped the day bed. I put the new twin size mattress pad on it which fits just fine which is a heavy duty form fitted mattress pad, and it came with a smaller secondary mattress pad, which I put on top of the primary mattress pad. They appeared to be either unused or recently washed since they were clean. I then remade the day bed, and I put the blue sofa and maple side table back into position. I guess if I had a guest, I could pull out the blue sofa a bit for them to use the day bed. However, the day bed might be going up to a relative's house in Kennebunkport, Maine this summer. The sheets on the day bed have been used once since they were cleaned by one guest whom I do not think has fleas. I put \$15 more on my Mac Gray laundry card, so I now have \$21.15 on it. I made out a check and put it in an envelope to pay my Verizon telephone bill. I drank some iced tea. I will now do my house cleaning and watering the plants. I will put the mattress pad packaging on the shelf in the bedroom closet. CIO

Note: <888> 06/04/04 Friday 2:30 A.M.: I will now shut down the computer, and I will eat a bowl of taco chips with some iced tea. I will then go to bed soon. CIO

Note: <888> 06/04/04 Friday 2:15 A.M.: Of course in World War II, Spain was neutral, so the Canary Islands were neutral too. I once heard that Allied Coast Observers use to sneak on to the Canary Islands and live in caves, so they could observe passing enemy ships along the Canary Island coast line. However, I have not read any detailed accounts of such events. I added this link to the bottom of my notes www.geocities.com/mikelscott/qe2qm2.jpg . CIO

Note: <888> 06/04/04 Friday 1:35 A.M.: I always wondered if anyone reading my web log as ever kicked back and enjoyed Lanzarote <http://www.lanzarote.com/> after all the years I have talked about it since I visited there in February 1972. It seems to have gotten built up a bit. Raquel Welch made the movie "A Million Year B.C." there, and there use to be a picture of Raquel Welch in the bar "Fat Tuesdays" in New Canaan, Connecticut, so there is a local connection in this area to Lanzarote. Whatever, the case I have never actually met anyone else whom has been there. However, one can listen to the sound of Lanzarote at <http://www.powerfmradio.com/listen.htm> . I guess one could go there and fast to lose weight and disco for exercise, and maybe one might come back a little bit healthier. However, if anything went wrong, one is way out there in the middle of the Atlantic wandering whom else might be there. Originally after the first week of visiting Lanzarote in February 1972, I met Rhone Dietrin. He was very amusing, and besides speaking Norwegian and Spanish, he also spoke English in case one liked chatting in English instead of broken French with the Spanish. CIO

Note: <888> 06/04/04 Friday 1:00 A.M.: I went through my email. CIO

Note: <888> 06/04/04 Friday 12:30 A.M.: I have Windows XP SP2 build 2142 installed on the Dell backup computer with the two updates. I am half way done going through my email. CIO

Note: <888> 06/03/04 Thursday 11:45 P.M.: Feel like going native [Current Vacancies Montserrat Volcano Seismologist](#) , alas I am not qualified. CIO

Note: <888> 06/03/04 Thursday 11:35 P.M.: [The Seattle Times: Business & Technology: Paul Allen's rocket set to launch June 21](#) . CIO

Note: <888> 06/03/04 Thursday 11:25 P.M.: I downloaded Windows XP SP2 build 2142, and I copied it to a CD. I uninstalled Windows XP SP2 RC1 on the Dell backup computer with the other SP2 updates. I am now installing Windows XP SP2 2142 on the Dell backup computer. CIO

Note: <888> 06/03/04 Thursday 9:15 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . For the cheddar cheese portion, I used Stop and Shop Wisconsin extra sharp white cheddar cheese. I used all of the other regular ingredients. I had the salad with a glass of iced tea. I put the clean mattress pad, clean linens, and clean bed spread on the bed in the bedroom, and it is all made up and back together again. CIO

Note: <888> 06/03/04 Thursday 8:00 P.M.: I have 55 minutes to go the dry cycle for the orange bed spread and mattress cover. I am drying each one in a separate machine. Earlier when I did the laundry, I also washed and dried the door mat that I put over the woven rattan door mat. CIO

Note: <888> 06/03/04 Thursday 7:45 P.M.: I have a 3:45 P.M. follow up on my physical tomorrow, which I have to get to at 3 P.M. for check up and pre physical follow up work. I guess I will do my house cleaning after that. CIO

Note: <888> 06/03/04 Thursday 7:35 P.M.: I put away the laundry. I chatted with a neighbor in the laundry room whose telephone modem does not work on his Compaq computer for AOL. The neighbor dropped the Cablevision Cable Modem. He told me with basic cable television service for \$12 a month, he gets 97 channels, which is about what I get for \$52 a month. He said it costs cablevision too much money to provide less channels. Maybe, I should think about changing my Optimum Online television package to the basic service, since I hardly ever watch it anyway. I opened up my freshly made bed in the bedroom, and I took off the mattress pad and the orange bed spread, and I am now washing each in a separate machine, and I have 15 minutes to go on the wash cycle. They both can be dried in the dryer. I also flipped the mattress over, and I rotated it top to bottom, which one should do every six months. [CNN.com - Princess Diana's mother dies at 68 - Jun 3, 2004](#) . CIO

Note: <888> 06/03/04 Thursday 6:30 P.M.: I opened up the celery salt which is a bit tricky. I also opened up the pepper corns, and I filled the pepper mill on the dining room

table. Since pepper along with other spices such as cloves and cinnamon were one of the original products of the Dutch East Indies company known as "VOC", I think it is important to keep whole pepper corns around. CIO

Note: <888> 06/03/04 Thursday 6:15 P.M.: I was up at noon. I ate breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I cleaned up, and I went out. I went by the Greenwich Hospital Thrift Shop. Starting in late June, they are going to open at 8 A.M. Monday through Saturday and close at 5 P.M. on weekdays and 1 P.M. on Wednesday and 4 P.M. on Saturday, so they will have longer hours. I then made my 3 P.M. appointment. I next went by the Stop and Shop, and I bought four half gallons of Tropicana Premium orange juice with calcium for \$2 each, four 16 ounce Maria Callender frozen chicken pot pies for \$2.50 each, a 14.5 ounce Maria Callender chicken tenders dinner and a 14.5 ounce Maria Callender white turkey breast meat dinner each for \$2.50 each, a McCormick's 4.25 ounce jar of whole peppercorns for \$3.69, a 4 ounce jar of Stop and Shop celery salt \$1.69, a 48 ounce container of Quaker Old Fashioned Quaker Oats for \$3.99, two four packs of six ounce cans of Star-Kist solid white tuna fish for \$4.99 each and a third four pack for \$1.50, a 26 ounce jar of Barilla Puttanesca green and black olive tomato sauce for \$2.50, two quart jars of Stop and Shop strawberry preserves for \$2.99 each, a 16 ounce container of Stop and Shop grated parmesan cheese for \$4.99, two 28 ounce cans of Goya chick peas for \$1.09 each, four eight ounce bars of Cabot's <http://www.cabotcheese.com/index.php> 50% less fat Vermont sharp white cheddar cheese for \$1.99 each, three 6.5 ounce dry cans of Stop and Shop medium California olives for .99 each, Rosenberg Danish blue cheese at \$7.99 a pound for \$2.96, a 20 ounce bag of Tostitos Super Size restaurant style tortilla chips for \$2.99 for \$76.38 total. I then returned home, and I had my grocery cart in the back of the car that I brought down with me when I went out, and I used it to bring up my groceries. I then put away my groceries. I next started two loads of laundry, and I have 35 minutes on the dry cycle. I put clean linens on the bed in the bedroom. I drank some iced tea. The Stop and Shop does not carry loose leaf green tea, but just green tea in bags. CIO

Note: <888> 06/03/04 Thursday 3:40 A.M.: I did some regular computer work. I will now shut down the computer, and I will go to bed soon. I have a 3 P.M. appointment today. CIO

Note: <888> 06/03/04 Thursday 2:50 A.M.: I submitted the Windows Media 10 beta bug report to Microsoft using the Microsoft Beta Client available for download from Microsoft. With Windows Media Player 9.0, I was able to Search for Media Files without it crashing by unselecting the two advanced search options, and I did a New Files and all Existing Files in Library search. It worked just fine that way. CIO

Note: <888> 06/03/04 Thursday 1:40 A.M.: When I installed the Windows Media Player 10.0 beta, I discovered that my "<C:\Documents and Settings\All Users\Windows>" folder had disappeared although the content of the folder still appeared on the desktop including my desktop icons and favorites. I ran System Restore to before I installed the Windows Media Player 10.0 beta, and the folder returned. I then installed it again, and it

caused the same problem again. Although the folder is invisible its contents still exist, and they are not moved to another folder as far as I can tell. Thus it would be a major problem with the beta. I then ran system restore again to before I installed the Windows Media Player 10.0 beta. After rebooting, I did a system restore backup, and then I ran disk cleanup on the C: drive. The system seems to be back to normal. CIO

Note: <888> 06/03/04 Thursday 12:55 A.M.: I installed Net2Phone 2.1 www.netphone.com . I installed the Windows Media Player 10.0 beta, but it still crashes when I search for media files like Windows Media Player 9.0 did. I will fiddle with it some more. The corporate types are still trying to make money by moving people around [MSNBC - Where's the best place to live in America?](#) . Since a lot of the corporate types tend to drink alcohol, they tend to consider the best places to live are those where the local constables will not be too tough on them for drinking alcohol or if they get into other trouble. They think Los Alamos, New Mexico is the best place to live, but that might be as far as the dry clear sunny weather, but unfortunately the rattle snakes like the same weather too. So much for experts. CIO

Note: <888> 06/03/04 Thursday 12:20 A.M.: I finished off eating the cheese cake along with some iced tea. I just downloaded this [Windows Media Player 10.0 beta - WinPlanet Windows Software Reviews and Downloads](#) , and I will now install it. CIO

Note: <888> 06/02/04 Wednesday 11:50 P.M.: The Devon Horse Show and Country Fair is on from May 27 through June 5 <http://www.thedevonhorseshow.org/dhs2004/content/home.htm> . I use to have a classmate at Lake Forest College from Devon, Pennsylvania whom seemed to know a lot about horses. I remember he arrived at Lake Forest College www.lfc.edu with about 40 formal riding suits. Of course it is generally the case that people whom own horses can also afford to own ample property to stable them on, so although the horse crowd does not draw much attention in this suburban town, nationwide they are a fairly substantial group of people. CIO

Note: <888> 06/02/04 Wednesday 11:30 P.M.: I went through my email. CIO

Note: <888> 06/02/04 Wednesday 10:30 P.M.: House cleaning details [Royal Insight June 2004 Focus Windsor Castle](#) . CIO

Note: <888> 06/02/04 Wednesday 10:10 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I used all of the regular ingredients and for the cheddar cheese portion, I used Stop and Shop Wisconsin extra sharp white cheddar cheese. I ate the salad with a glass of iced tea. I just chatted with a relative. I heard from my relative that they raised the Homeland Security Threat Advisory Level to yellow the third highest of the five stages <http://www.dhs.gov/dhspublic/> . CIO

Note: <888> 06/02/04 Wednesday 8:30 P.M.: I took my baby picture off the wall in the bedroom to the right of the television, and I hung it to the left of the television above the door bell chime. I then took the small mahogany rack that I use to have hanging behind

my apartment entrance door, and I hung it around the bedroom thermostat location to the right of the television with OOK nails. I then moved the Radio Shack NOAA weather warning from on top of the Dell backup computer to the lower shelf of the smaller mahogany rack in the bedroom, and I also put my backup NOAA weather warning radio on the same lower shelf moving it from the top of the mahogany bureau in the bedroom. I have them both plugged in and ready to go, but only the primary white one is turned on. I moved it from the living room area, since when it goes off, it might bother my neighbor downstairs in that location. I found this web site [Flexbeta - Windows Media Player 10 Download](#) , and I registered with [www.longhornfiles.com](#) , and I downloaded the beta which came from Russia in a *.rar file. I am not sure at the moment how to install it or whether I should install it. It looks like we might continue to have rain this evening, so I will not be going out. CIO

Note: <888> 06/02/04 Wednesday 7:25 P.M.: I was up at 1 P.M.. I checked the mail, and it was not in yet. I ate breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I had a telephone call about a Microsoft OEM conference at the Central Park Plaza Hotel as I recall next week in Manhattan, and they gave me this web site [www.microsoft.com/oem](#) , but I can not find any information on their web site about the conference. I explained to the caller that I would not be attending the conference in Manhattan, since I do not have the resources to travel into Manhattan. I cleaned up, and I checked my mail again, and it had arrived. I then went out, and I paid my rent to the Greenwich Housing Authority at the Wachovia Bank Branch drive up teller on Benedict Place. I then drove down by the waterfront. I noticed a storm front coming in from the northwest. I then went by the Greenwich Hospital Thrift Shop, and I bought two Microsoft PS/2 mice for a dollar each and two 11 watt Philips frosted sign lamp bulbs for .50 each for \$3 total. I then went downtown, and I mailed a letter at the central Greenwich Post Office. I did not walk, since it looked like it was going to rain. I then went to the Greenwich Library, and I read the Greenwich Time. I chatted with a couple of reference librarians. I used a library internet terminal, and I looked at [http://www.erh.noaa.gov/er/okx/](#) , and the satellite photo indicated there was a weather front coming in, so I chatted some more with the reference librarian. I then returned home. I connected one of the Microsoft PS/2 mice to one of the HP backup computers on the bedroom sideboard, and I put the other Microsoft PS/2 mouse with the Compaq PS/2 mouse I took off the HP backup computer, and I put them both on the window shelf behind the other two backup computers. Thus both of my HP backup computers have Microsoft PS/2 mice, and my two other backup computers have Microsoft Serial mice, and I have mice in reserve. I will put the two 11 watt bulbs in my bedroom mahogany bureau drawer, where I keep other bulbs. CIO

Note: <888> 06/02/04 Wednesday 4:40 A.M.: I do not have any USB 2.0 devices, but besides the four USB 1.0 ports in the back of my computer, I also have two USB 2.0 ports in the front of my computer. I have the Minolta QMS PagePro 1250W laser printer plugged into one of the USB 2.0 ports, and I moved my USB 4 port hub from the back of the computer to the other USB 2.0 port. I do not know if it means that if devices plugged into it will go at USB 2.0 speed or not if they are USB 2.0. I also moved the USB 4 port hub to in between my right Iiyama 19 inch monitor underneath the switch wedged in

between the stand. It is more accessible at that location. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 06/02/04 Wednesday 3:55 A.M.: In the Real Player, I had it search for media files, and when I did the same search with the Windows Media player, it crashed, but it maintained my existing searches. CIO

Note: <888> 06/02/04 Wednesday 3:05 A.M.: I printed out and read the Truth in Tea information. I guess in my ice tea recipe www.geocities.com/mikelscott/icetea.htm , I could use whole green tea instead of green tea bags. I would imagine with the large Asian community in this area that one could buy whole green tea instead of the fragmented green tea in green tea bags. Also I guess after I boil the water in the Revere Pot, I could steep the tea in my hard rubber Rubbermaid cake holder upside down in the lid, which would hold the five quarts of boiling water and the tea. I guess, I also could increase the amount of green tea that I use. However, I will first have to use up the Salada green tea that I have in reserve. I use the other teas because I think the other teas have certain benefits too. Whatever, the case I will have to think about it. I believe one can buy whole leaf green tea from Twinings, but it would be more expensive than the green tea bags on sale. One would also have to strain it with a fine enough tea strainer, which more than likely would be made from metal. CIO

Note: <888> 06/02/04 Wednesday 2:15 A.M.: Tea information <http://www.teaforhealth.com/library/pdfs/TheTruthInTea.pdf> from <http://www.teaforhealth.com/> . CIO

Note: <888> 06/02/04 Wednesday 1:55 A.M.: [Best places to retire Greenwich, Connecticut for poor hermits](#): CIO

Note: <888> 06/02/04 Wednesday 1:10 A.M.: I checked out Cordless Telephone batteries at www.radioshack.com and they have the cordless telephone battery for my Uniden for \$16, GE 900 MHz for \$11, and they can order or might have the one for my Columbia 2.4 Gigahertz telephone for \$13. However at the moment, all of my cordless telephones seem to work, but since I hardly ever use them, I am not sure what their battery state is. The GE and Uniden might be over 3 years old, and the Columbia 2 years old. Thus they are probably due for replacement, but since I never use them hardly at all, since I am usually near a corded telephone, it is not necessary to replace them at the moment. Radio Shack seems to be as good at prices as other sites on the internet. CIO

Note: <888> 06/01/04 Tuesday 11:40 P.M.: Of course for those of you whom like to travel in a crowd, the Belmont Stakes <http://www1.nyra.com/belmont/> is this Saturday, and one can get there by train via [MTA LIRR - Packages - Belmont Park](#) . I have a friend that works for NYRA, so if one contacted him, he could probably show one the inside track. CIO

Note: <888> 06/01/04 Tuesday 11:35 P.M.: The Greenwich Concours d'Elegance Classic Car Show <http://www.greenwichconcours.com/> and [Greenwich Time](#) -

Greenwich gears up for annual car show is this weekend at Roger Sherman Baldwin park across the harbor from the Delamar Hotel <http://thedelamar.com/> . It is \$20 for each day or \$30 for both days, and they are suppose to have the most impressive collection of vintage automobiles on the East Coast of the United States of America comparable to the Pebble Beach, California Concours d'Elegance <http://www.pebblebeachconcours.net/> . They sometimes have vintage boats too. Alas, I will no longer be circling the Greenwich Show in my vintage 1976 Volvo 240, which I had towed to Le Blancs junking in Norwalk, Connecticut back around September 1, 2002, when its spring mount collapsed on the right front side, but my current 1999 black Hyundai Accent Hatchback has been running just fine, and it only has 40,000 miles on it. Back around April 1971, my family returned for our second vacation at the Mount Irvine Club in Tabago, and we rented Billy Fraser's house on the ocean by the club. Billy Fraser was Lord Strathalmond Times Online - Industry sectors , and he had a very nice house that he rented to us next to Mr. Colin whom was the Chairman of the Board of British Petroleum www.bp.com , and I always wondered if they had anything to do with <http://www.fraseryachts.com/> , but the first Lord Strathalmond was suppose to have been Prime Minister of New Zealand <http://www.fraserchief.co.uk/twochiefs.html> , and I recall the chief engineer building the Mount Irvine Club back in the early 1970s was from Australia, and he was always worried about going native. The local colonial British residents the Bishop family had a sugar cane and palm tree plantation with a sugar mill that they lived in, and they rented us in the winter of 1970 a modest house across the road from the beach on the east side of the island opposite the west side of the island where the more private Mount Irvine Club was. CIO

Note: <888> 06/01/04 Tuesday 10:45 P.M.: I made up a grocery shopping list for when my Food Stamps allocation becomes available this Thursday on the third of the month. I generally stock up on repetitively purchased items at the first of the month. CIO

Note: <888> 06/01/04 Tuesday 10:25 P.M.: For those of you whom are short of time www.peapod.com delivers your groceries from Stop and Shop. Also if you have been using a Stop and Shop card for a while, the Stop and Shop card number can be entered into one's Peapod site, and one gets a list of items that one has regularly bought. Apparently the cost of food is going up. If one gets Food Stamps like I do, one can also use them at Wal-Mart in Norwalk, Connecticut for extra savings, providing one can afford to go up there and deal with the traffic getting there. CIO

Note: <888> 06/01/04 Tuesday 9:30 P.M.: I went through my email. I chatted with a relative. CIO

Note: <888> 06/01/04 Tuesday 8:40 P.M.: I watched some television. I will now go through my email. CIO

Note: <888> 06/01/04 Tuesday 7:50 P.M.: Royal Geographic Society <http://www.rgs.org/> is now online. CIO

Note: <888> 06/01/04 Tuesday 7:45 P.M.: I ate a piece of cheese cake with iced tea. CIO

Note: <888> 06/01/04 Tuesday 7:05 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I used all of the regular ingredients, except for the cheddar cheese portion, I used Stop and Shop Wisconsin white extra sharp cheddar cheese. I had the salad with a glass of iced tea. CIO

Note: <888> 06/01/04 Tuesday 5:50 P.M.: I went out after the last message. I went by Putnam Trust Bank of New York on Mason Street. I then went by the Greenwich Hospital Thrift Shop, and I bought two 2 foot by 2 foot heavy dark green pillows for \$3 each for \$6 total. I then went downtown to the Central Greenwich Post Office, and I obtained a money order at .90 cost to pay my GEICO automobile insurance. I also bought 20 U.S.A. flag stamps for .37 each for \$7.40. I mailed my payments for GEICO, AT&T, Cablevision, and Optimum Online. I then walked the entire length of Greenwich Avenue, and I sat out at various locations. During my walk, I stopped by the Greenwich Hardware store, and they have new items on their 70% off rack. I also stopped by CVS, and I bought two one liter bottles of CVS yellow mouthwash for \$2.50 each plus .30 tax for \$5.30 total. I then completed my walk, and I used the bathroom at the Senior and Arts center. I then drove down by the waterfront, and the two most regular fishermen were there. I chatted briefly with a couple from Spain, and I warned them about the impending bad weather. I then returned home. I put the two dark green pillows on either end of the blue sofa. I move the one large olive green floral pillow and the two orange pillows to the day bed. I drank some iced tea. NOAA weather radio is going off with warnings for [Weather Hazards for Northern Westchester County, NY](#) , which probably includes our area, although there is no alert for our area yet. Westchester since it is the neighboring county to the west frequently gets the alert before we do. CIO

Note: <888> 06/01/04 Tuesday 2:00 P.M.: After I cleaned up, I picked up my mail. I made out checks to pay my AT&T, Optimum Online Cable Modem, and Cablevision bills. I will now shut down the computer, and I will go out. CIO

Note: <888> 06/01/04 Tuesday 1:05 P.M.: I ate breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I checked the mail, but it has not arrived yet. I prepared some bills to pay. My Greenwich Housing Authority bill was in error, and it is being resent today. I will pay it when it arrives. I will clean up. I will check the mail for more bills before I leave. CIO

Note: <888> 06/01/04 Tuesday 11:35 A.M.: I was up at 11 A.M., and I just ordered seven cartons of Seneca Ultra Lights 100s for \$11.25 a carton plus \$1.20 a carton shipping for \$87.15 total. I ordered them from <http://www.smokemcheapcigarettes.com/> . CIO

Note: <888> 06/01/04 Tuesday 12:20 A.M.: I ate about 20 Town House crackers while watching television. I did some web browsing. One of the screws came out of my eye glasses' frame, and I reinstalled it, and I tightened the screws on it and my other pair of

eye glasses and my regular sun glasses. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 07/31/04 Saturday 11:45 P.M.: I am continuing to install software and updates on the Gateway backup computer. I replaced a light bulb in the center lamp on the living room window shelf. I put in two new heavy duty AA and two new alkaline AA batteries in the RCA Proscan television remote control in the bedroom. CIO

Note: <888> 07/31/04 Saturday 11:10 P.M.: I am continuing to install software and updates on the Gateway back up computer without any problems. I am in the process of making up a fresh batch of www.geocities.com/mikelscott/icetea.htm . CIO

Note: <888> 07/31/04 Saturday 10:15 P.M.: I was awake at 8 P.M.. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I put the 50X CD drive in the backup Gateway computer, and it works just fine with the faster CD drive. I put the old CD drive in the DVD box on top of the laser printer to the right of the AMD backup computer in the bedroom. I am installing more programs on the backup Gateway computer. CIO

Note: <888> 07/31/04 Saturday 12:45 P.M.: I watched some television, while I was trying to install a program on the Gateway backup computer. However, the CD drive was much too slow for installing the program, so I cancelled it. When I wake up tomorrow, I will put the 50X CD drive, I took out of the primary computer, and I will put it in the Gateway backup computer which should solve the problem. I microwaved and ate a bowl of Act II microwave popcorn, which I ate with some iced tea. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 07/31/04 Saturday 10:40 A.M.: I went outside briefly, and I chatted with some neighbors. I picked up my mail. CIO

Note: <888> 07/31/04 Saturday 9:40 A.M.: I am still configuring the Gateway backup computer. It is going along fine. I am just installing some basic programs and settings. CIO

End of Scott's Notes week of 07/31/04:

Note: <888> 07/31/04 Saturday 7:50 A.M.: I went outside briefly, when I mailed the letter downstairs. I will now send out my weekly notes. CIO

Note: <888> 07/31/04 Saturday 7:30 A.M.: I went out after the last message. I went downtown, and I walked the entire length of Greenwich Avenue including the train station area, and I sat out at various locations. I used the ATM machine at the Greenwich Avenue branch of Putnam Trust Bank of New York. I next drove down by the waterfront, and the usual fishermen are there. I then went by the Exxon gasoline station next to the Greenwich Library, and I bought \$4 of regular unleaded gasoline at \$2.279 a gallon for 27 miles per gallon usage. I then went by the Food Emporium, and I bought

four half gallons of Tropicana premium orange juice with Calcium for \$2.50 a half gallon, two Stouffer's Lean Cuisine 11.5 ounce Chicken teriyaki bowl dinners for \$2.29 each, two 26 ounce jars of Ragu six cheese tomato sauce for \$1.29 each, plum tomatoes at \$1.29 a pound \$2.46, a 10 ounce package of fresh spinach for \$2.50, a 10 ounce box of fresh mushrooms for \$2.50 for \$24.81 total. I then returned home, and I put away my groceries. I am still working on the installations on the Gateway backup computer, but it is going just fine. I have to go downstairs right now and mail a letter in the mail room. I drank some iced tea, when I first returned home. CIO

Note: <888> 07/31/04 Saturday 4:15 A.M.: I moved the IBM Cyrix computer on to the floor behind the sideboard in the bedroom. I showered and cleaned up. I will go out for a walk shortly. At this time, since sunrise is at 5:50 A.M., one should bring their sun glasses. I will shut down the primary computer, and I will leave the cable modem on for the Gateway computer to download some updates. I am using the transformer from the Slaymaker jump start system to charge the Slaymaker rechargeable lantern, and once it is charged, I will move it back to the jump start system. CIO

Note: <888> 07/31/04 Saturday 3:20 A.M.: The generic operating system is installed on the Gateway system, and it is running online. The Slaymaker rechargeable lantern power transformer quit working on the LinkSys hub, so I put on the Coby AC power adaptor that I had, and I set it to 4.5 volts, and I used the right plug to plug into the LinkSys hub which works just fine. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm. Instead of tuna fish, I used three 1/4 inch thick slices of cold eye round beef which I cut into half inch wide strips. For the cheddar cheese portion, I used Stop and Shop Swiss cheese. I did not use any mushrooms, since I am out of mushrooms. I used all of the other regular ingredients. I had the salad with a glass of iced tea. CIO

Note: <888> 07/31/04 Saturday 1:15 A.M.: Installation seems to be progressing normally on the Gateway computer. CIO

Note: <888> 07/31/04 Saturday 12:30 A.M.: I have the Gateway computer cleaned and setup on the left side of the bedroom desk with the Royal 17 inch monitor on top of the CPU case with a Microsoft PS/2 mouse and a Dell PS/2 keyboard connected to it. I put in a new #2032 CMOS battery that I had. I connected its telephone modem to the telephone wall outlet. I set up the LinkSys 8 port hub using my Slaymaker rechargeable lantern power transformer, and I have the other three backup computers and the Gateway computer plugged into the hub with LAN cables. I am formatting the drives on the Gateway, and I will then install a generic operating system that I have available. I put two 14 foot LAN cables on the LinkSys hub with the cables resting beneath left side of the bedroom desk. I put three 14 foot LAN cables on the 8 port Hub sitting on the Dell backup computer in the living room, and I have the cables resting behind the left pillow on the green couch. I put three VGA cables in the my cable box underneath the living room desk. The Slaymaker rechargeable lantern never really holds a charge anymore, so I do not needs its power supply. CIO

Note: <888> 07/30/04 Friday 10:40 P.M.: I installed an Internet Explorer update and the onboard LAN RealTek device driver update. CIO

Note: <888> 07/30/04 Friday 10:35 P.M.: I was up at 5 P.M., and I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went back to bed until 7:30 P.M.. I did my house cleaning and watering the plants. I chatted with a relative. I threw the garbage outside. I will now examine the inside of the Gateway computer. I will then clean the case with some bleach to make it clean looking again. I will then disconnect the IBM Cyrix computer from the left side of the bedroom desk, and I will put the Gateway computer in its place. I will then configure the Gateway computer. I will put the IBM Cyrix which is a 233 Mhz computer with 64 megs of memory underneath the maple side table at the end of the blue couch. CIO

Note: <888> 07/30/04 Friday 8:00 A.M.: I will now shut down the computer. It is running just fine. I will go bed soon. When I wake up today, I will do my house cleaning. CIO

Note: <888> 07/30/04 Friday 7:55 A.M.: I went outside, and I chatted with some neighbors. I do not have time to look inside the Gateway computer. I put it underneath the Maple sideboard at the end of the blue sofa for now. I might just end up giving it to a thrift shop. A neighbor who works at the Greenwich Hospital Thrift shop told me, they only take computers made by 1998 or after, so it would be eligible. I will now check my email briefly. CIO

Note: <888> 07/30/04 Friday 7:10 A.M.: The Dell backup computer is connected back up. With the Bridge Connections feature connecting the three networks the Cable modem stays online without any problems. CIO

Note: <888> 07/30/04 Friday 6:45 A.M.: To Bridge all three network connections, in the networking windows, one has to disable the XP firewall in all three network connections, and then one highlights the three networks, and selects the option from the menu to "Bridge the Network Connections". It seems to keep the network connections working this way, and it is smoother. The speed is still pretty much the same at 3484.2 kbps. CIO

Note: <888> 07/30/04 Friday 6:30 A.M.: I connected the Gateway, and I booted it. After it ran scandisk automatically to repair the C: drive, the system booted. I think it is a 350 Mhz Pentium II computer with 128 megs ram, a 8 gigabyte hard drive and a half a gigabyte hard drive. It is running Windows 95, and it is setup for Networking. It has two USB ports, a 56K U.S. Robotics modem, and a LAN Card. As is it goes online my cable modem connection works with it. On my primary computer, I had a problem keeping the cable modem network connections working, so once I got all three network connections goings, I disabled the Firewall on all three network connections, and I selected the option to Bridge all three connections. I will now see if they keep working together. I will now disconnect the Gateway computer, and I will put the Dell backup computer in its normal place and reconnect it. I will inspect the inside of the Gateway computer. CIO

Note: <888> 07/30/04 Friday 5:10 A.M.: I took four slices of Arnold oat bread, and I spread Hellmann's Just 2 Good low fat mayonnaise on four slices of bread. I then spread Gold's hot horseradish on two slices. I then cut six 3/8 thick slices of cold eye round of beef, and I put three slices on each of two pieces of bread with mayonnaise, and I seasoned the beef with ground black pepper. I then cut four 3/8th inch thick slices of onion, and I put two slices of onion side by side on top of the beef on each sandwich, and I seasoned it with ground black pepper. I then put the top slices of bread with the mayonnaise and horseradish on the sandwiches, and I cut them in half across. I ate the sandwiches with a glass of iced tea. I will now disconnect the Dell backup computer, and I will connect the Gateway computer, and I will test it. CIO

Note: <888> 07/30/04 Friday 4:30 A.M.: I went out after the last message. I went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I chatted with another town employee. I checked the lights on my car, and they all work. I then drove by the lower level train station dumpster area, and I retrieved a Gateway 2000 GP6-350 tower computer manufactured in 1998 and a Linksys 10/100 8 Port Workgroup Switch with out the transformer. I then drove down by the waterfront, and I stood out for a brief spell. I then returned home. I brought up the Gateway computer and the Linksys hub with my small cart that I keep in my car. I will test the Gateway later. It is really not worth anything, but I will see if it works, and what I can do with it. It might be better than one of my backup computers, but if it should stay and not be dumped one of the backup computers would have to go. However, the Gateway is a big case that takes up more room. There was a 15 inch monitor there with some cables. CIO

Note: <888> 07/30/04 Friday 1:45 A.M.: I ran Norton Win Doctor. I showered and cleaned up. I will now go out for some fresh early morning air. I will first run Ad-aware 6.0. I will shut down the computer, while I am out, since I can not put it on standby in my present configuration. CIO

Note: <888> 07/30/04 Friday 12:55 A.M.: I decided it would be better to have the Plantronics headset installed into one of the USB ports on the D-Link hub which is powered separately, so I removed the four port hub from it with the longer cable, and I plugged it into the right rear hub of the Sony monitor, and I plugged the Plantronics headset into the D-Link hub. The Plantronics headset seems to work even better. I have the four port hub with the longer cord placed underneath the left side front of the Sony monitor for easy access with four vacant USB ports. I also have one vacant USB port on the other four port hub with the shorter cable. I reinstalled all three of my networks earlier, but I think the Optimum access is cutting in and out for some reason. I will now reboot and reset the cable modem by turning it on with the Siemens router turner off and the computer turned off, but first I will reset the Siemens router by turning it on with the cable modem and computer turned off. CIO

Note: <888> 07/30/04 Friday 12:15 A.M.: I have all of the USB devices installed and configured. The computer system is running just fine. On the Sony monitor hubs, I put the Vibra web cam on the left side USB port, and the Visioneer 4400 scanner and 32 meg

pin drive on the right side USB ports. There is a spare USB port on the left side of the Sony monitor. On the four port USB hub with the shorter cable, I have plugged into it, the USB to Cable modem cable, the Minolta QMS PagePro 1250W laser printer, and the EpsonStylus Color 880 printer. I have that four port hub resting on the coffee table to the right of the CPU in front of the D-Link hub. On the four port hub with the longer cable, I have the hub set beneath the right side front of the Sony monitor with the Plantronics DSP500 headset plugged into it. Although that four port hub is not powered, it should get more power from the D-Link hub, and the Plantronics DSP500 headset works just fine. There are three USB ports in that hub, and it is convenient for use. CIO

Note: <888> 07/29/04 Thursday 10:50 P.M.: I chatted with a relative. I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I shut down the computer, and I decided to connect my USB hubs differently. Since the USB hubs draw off from the motherboard power when connected to the PCI USB card, I connected only the D-Link 3 port USB and LAN hub which is powered by separate power to the one PCI USB port, and I left the other empty. I then connected the three four port USB hubs including the Sony Monitor hub to the three D-Link USB hubs and, and I placed the one four port empty hub with the longer cable beneath the front right of the Sony monitor. I now have to configure the USB devices and their drivers for the ones that did not install plug and play right away. The USB network devices to the cable modem are working just fine. Thus when done, the USB devices should draw less power from the motherboard, since they will be powered by the D-Link powered hub. CIO

Note: <888> 07/29/04 Thursday 8:55 P.M.: I will now try running Norton AntiVirus 2004 with the increased Virtual Memory. I will go outside my building briefly, and then I will have some breakfast. CIO

Note: <888> 07/29/04 Thursday 8:50 P.M.: With the increased Virtual Memory, the onboard motherboard USB ports still do not work. Since they once worked, there obviously is a fix. Via recommends reinstalling the operating system. I tried reinstalling the Windows XP Professional operating system from the Upgrade option, but the system still would not reboot in setup despite a few CMOS changes. I restored the CMOS settings, and I disabled the onboard motherboard USB ports, and I then booted the computer regularly again. The computer is still booting fine. When one abandons an install, and the computer still boots, one has to change the default in the C:\boot.ini file by running MSCONFIG and setting the regular boot. One then has to remove the attributes out of the boot.ini file and edit it to remove the line of code that boots setup and then save it and restore the attributes. Then one has to remove the setup file folder from the root directory which can have different names, but one of them is quite large. Well, anyway the system is still running just fine. CIO

Note: <888> 07/29/04 Thursday 7:35 P.M.: I called up Syntax at 1-888-796-8298 number 2 button for technical support. I chatted with Mat, and he suggested that I check my motherboard dip pin to see if it is set to 133Mhz, which I did and it was. He also suggested disabling the L2 cache, and it did not seem to make any difference, so I

enabled it again. When I rebooted, I got a message that Windows was increasing my "Virtual Memory" which I have never gotten before. After it increased my "Virtual Memory" to a larger size, Ultra DMA now works on my hard drives without any problem. I guess disabling the L2 cache and booting, and then enabling the L2 cache and booting again activated the system to increase my Virtual Memory. Perhaps since I installed Windows XP with all the devices removed and the CMOS settings disabled along with the CPU caches disabled, my virtual memory settings were not high enough. Of course with Ultra DMA working the system is now faster. I will now check and see if the onboard USB motherboard ports work. Perhaps the increased Virtual Memory makes a difference. CIO

Note: <888> 07/29/04 Thursday 5:40 P.M.: Norton AntiVirus 2004 full system scan on my computer froze the computer again. Although the computer basically runs fine, I might have some sort of problem with my onboard motherboard IDE controller or my onboard motherboard USB VIA controller too, and the two might be related. I tried to call Syntax the motherboard manufacturer, but they requested me to leave a number for them to call back. Still the system works fine for my basic use. CIO

Note: <888> 07/29/04 Thursday 2:50 P.M.: I went to bed after the last message. I just woke up late, so I will not make it to my 3 P.M. appointment. I got a toilet tank rubber water stopper from the building custodian, and I put it in my toilet, so it does not leak a small amount of water in the bowl after flushing. I will now go back to sleep. I will run Norton Anti-Virus 2004, while I rest. CIO

Note: <888> 07/29/04 Thursday 6:25 A.M.: I went through part of www.geocities.com/mikelscott/scotwork.htm . I searched through the Microsoft downloads for Windows XP, but I could not find any that I do not already have. The computer system is running fine. It seems relatively clear across the Atlantic for now [NRL Monterey Satellite Photos](#) . The Queen Mary was in New York yesterday [QM2 - Itinerary - 2004](#) , but they won't be back until September 17. The Queen Elizabeth II [QE2 - Itinerary - 2004](#) is not due until December 21. I chatted with a friend. I have an appointment at 3 P.M. this afternoon, so I will now go to bed. CIO

Note: <888> 07/29/04 Thursday 5:15 A.M.: Penny for your thoughts [Telegraph News Consumer debt hits trillion mark](#) . The glade plug in refill that I filled last Friday evaporated by yesterday, so this time I used a 60% solution of English Leather Cologne and 40% solution of 91% Isopropyl alcohol instead of 50% and 50%, and I fill the container only to a half inch from the top, so there is some air in it to evaporate. CIO

Note: <888> 07/29/04 Thursday 4:15 A.M.: I put a microwave coffee mug with water in it in the General Electric microwave oven, and I pressed the beverage button to heat the water. I then took my ice cream scoop, and I heated it in the hot water, and I used it to scoop out one scoop of Haagen-Dazs <http://www.haagendazs.com/> chocolate frozen yogurt and put it in a bowl, and then I dipped the ice cream scoop in the hot water again, and I scooped out another scoop. I then ate the Haagen-Dazs chocolate frozen yogurt. CIO

Note: <888> 07/29/04 Thursday 3:40 A.M.: I went through my email. CIO

Note: <888> 07/29/04 Thursday 3:15 A.M.: I went outside, and I threw out some garbage. CIO

Note: <888> 07/29/04 Thursday 3:00 A.M.: I installed the three Office 2003 and Office One Note updates. They are large files, but one also needs the Office 2003 and Office One Note CDs to install them, which I have. I am going through my email. CIO

Note: <888> 07/29/04 Thursday 1:55 A.M.: I put away my laundry. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I cut three 1/4 inch thick slices of cold eye round beef, and I cut them into half inch wide strips, and I put them in the salad. For the cheddar cheese portion, I used Norwegian Jarlsberg cheese. I used all of the other regular ingredients. I had the salad with a glass of iced tea. CIO

Note: <888> 07/29/04 Thursday 12:15 A.M.: I made up a fresh batch of homemade hummus www.geocities.com/mikelscott/hummus.htm . For the garlic portion, I used one large clove of elephant garlic. I have five minutes until the laundry is done on the dry cycle. CIO

Note: <888> 07/28/04 Wednesday 11:40 P.M.: I woke up at 4:30 P.M.. I had breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I went outside, and I picked up the mail. I rested some more, and I watched some television until about 7:30 P.M.. I cleaned up, and I went out. I walked the entire length of Greenwich Avenue, and I sat out at various locations. I stopped by CVS during my walk, and I also used the bathroom at the senior and the arts center. I next drove down by the waterfront, and I stood out down there for a brief spell. I then went by the ATM machine at Putnam Trust Bank of New York on Mason Street. I next went by the Stop and Shop, and I bought a 10 pound bag of Carolina enriched rice for \$4.69, a loaf of Arnold Oat Bran bread for \$3.09, fresh broccoli crowns at \$1.29 a pound for \$1.10, a 16 ounce bag of Stop and Shop frozen sliced zucchini for .99, a 16 ounce bag of Stop and Shop chopped frozen broccoli for .99, and a 5 ounce bottle of House of Tsang pure sesame seed oil for \$2.50 for \$13.36 total. I then returned home, and I put away my groceries, and I drank some iced tea. I then started two loads of laundry, and I have 40 minutes to go on the dry cycle. I put clean linens on the bed in the bedroom. For the last two weeks, I have been buying fresh Arnold bread at the Stop and Shop for about \$2 more a loaf than buying the week old Arnold bread at the Arnold bread outlet. The fresh Arnold bread tastes a bit better, but at this rate it would cost me about a \$100 more a year plus, I buy other items at discount prices at the Arnold bread outlet. CIO

Note: <888> 07/28/04 Wednesday 8:10 A.M.: I received email that my Red Hat Service name is going to be deleted in two weeks, since I have not used it in six months, since I no longer run Red Hat on any of my systems. I will now run Norton Win Doctor, and then I will shut down the computer, and I will go to bed soon. CIO

Note: <888> 07/28/04 Wednesday 7:30 A.M.: I found the latest CMOS bios update for my Syntax SV266M motherboard at <http://www.mydrivers.com/dir74/d29821.htm> . I used the Award Bios Flash for Windows, and I reflashed my CMOS with the more recent Syntax SV266M bios dated July 15, 2003 instead of the old one dated September 16, 2002. Actually the one dated September 16, 2002 was for a similar Biostar motherboard. Thus although both bios look the same on the computer besides the date, it might make a difference. I changed the Access Mode for the Hard Drives from LBA to Auto. I enabled auto for the UDMA for the IDE1 in the CMOS. However, I still have it set in the device manager for IDE1 to PIO instead of UDMA. Actually the computer works most the time in UDMA, except my test file for the Adobe Reader Download install, the C: drive Disk Cleanup which goes through the stored Microsoft Office installation files, and Norton Anti-Virus 2004. It also would not work for the Sun Java installation. Thus in PIO mode, I do not have to work about those problems hopefully. I explained earlier in my notes what the problem might be. I microwaved and ate a bag of ACT II popcorn, and I drank it with iced tea. With the new Syntax bios the computer seems a bit more responsive. CIO

Note: <888> 07/28/04 Wednesday 5:10 A.M.: In the CMOS I reset the Access Mode for the two Hard Drive to "LBA". I changed the errors to "All but keyboard". I disabled the Typeamatic rate. I disabled Smart for Hard Drives. I changed PNP OS to No. The computer still boots the same, but these are some of the defaults that I did not have. DMA still does not work on the hard drives, but I explained that earlier. CIO

Note: <888> 07/28/04 Wednesday 4:00 A.M.: A few days ago in my current configuration, when I tried reinstalling Windows XP Professional upgrade by the Upgrade option, after the system went through the first install section, when it went to reboot, the system would not reboot. I tried disabling the CMOS settings and also the IDE1 UDMA option, but it still would not reboot. I did remove the USB cables, but I did not remove the cards. I removed the card when I did the new install a couple of weeks ago along with the USB and other devices along with disabling the CMOS settings and disabling the CMOS settings for the CPU as well during the first part of installation and on reboot enabling the CPU cache to speed up installation. In the earlier configuration a month ago before I installed XP SP2 RC2 and the system crashed, I use to be able to refresh the system with the Windows XP Professional upgrade Upgrade option with the cards and other onboard motherboard USB devices connected, which is not the case anymore. However, just before I tired to install XP SP2 RC2, I was getting the occasional computer freeze, so maybe there is something wrong with my VIA onboard IDE controller and VIA onboard USB ports, but since although one can buy the same motherboard currently for \$50, I do not think it is a motherboard problem, and probably if I ever bought another motherboard, I would buy about a \$100 ASUS 6 PCI slot motherboard and Antec case to hold it for about \$100, but I do not think it is worth putting \$200 into my system when one can buy a complete new system with everything for about \$350. Thus since my computer system is working just fine except for XP system installation, I will not worry about it. I did upgrade the CMOS bios about a year ago for the Syntax SV 266M motherboard, and it is now dated 09/16/02, but the Bios configuration is the same except for the date. Also it worked just fine before the XP SP2

RC2 crash install. Possibly the XP installation problem might be fixed by installing Windows ME first and then upgrading to XP. Since my previous configuration before the XP SP2 RC2 crash was on the hard drives of my older computer which was upgraded from Windows Me to Windows XP and which hard drives I transferred to the current barebones system and I ran the repair option from Windows XP install, but it worked just fine, and after installation, I was able to do upgrade installs to refresh the system. It would seem to me that I must be missing out on something in my testing of the system. CIO

Note: <888> 07/28/04 Wednesday 2:50 A.M.: I found this page [DMA/UDMA and CD drives](#) , and it said with an Award Bios and Via controller to enable UDMA, one could try to disable IDE UDMA in the Award CMOS bios, which I did, and when I rebooted, it had the option for Multi-Word DMA, which I enabled. I test whether UDMA works by trying to install the Adobe Reader download file, which in UDMA it still freezes on my computer. I returned the setting to DMA, and I left the IDE UDMA setting for IDE1 Master and Slave disabled in my bios. This page [PCI IDE Bus Mastering](#) says that UDMA can malfunction if two IDE drives on the same IDE are not the same, which is the case in my computer since the newer C: drive supports UDMA 6 and the older D: drive supports UDMA 4. I do not think in my current case with the two internal hard drives on IDE1 and the DVD/CD and the CD/RW drive on IDE2 that I have enough cable in my IDE cables between the end connector and the middle connector to connect each hard drive as master in IDE1 and IDE2 and still be able to connect the CD drives, since although I have long round IDE cables, the length between the end connector and the middle connector is not long enough to reach from the hard drives to the CD drives in my current case configuration where the internal hard drives are set below the CD drives and floppy disk. Since it is not that important to me to be going slightly faster in UDMA mode instead of slower PIO mode, I will leave the current configuration as is. Not only to change it would I have to remove the drives to set the drive master slave selection pins, but in removing one hard drive, I also have to remove the memory. I would also have to disconnect all of the cables from the computer to work on it. Since, it might not work anyway, I will wait and think about doing it. I still do not think the cables are long enough anyway between the end connectors and the middle connectors. CIO

Note: <888> 07/28/04 Wednesday 1:25 A.M.: I put more laser paper in the Minolta QMS PagePro 1250W laser printer. The best computer person in my class at Greenwich Country Day is back down in Melbourne, Florida. I hope he stumbles across my web page at www.geocities.com/mikelscott/weather.htm , but I have a feeling living near NASA, he knows more information that is available on the internet, if one has clearance. However, he was not the best computer in my class at the Taft School in Watertown, Connecticut, there were at least a dozen people in that class that were better in computers than he was, and he knows it. CIO

Note: <888> 07/28/04 Wednesday 1:05 A.M.: www.gcds.net sent me a alumni login and password for their site, so I updated my information. They had the wrong email address. CIO

Note: <888> 07/28/04 Wednesday 12:25 A.M.: With my current setup with the three networks connected to my primary computer working off the Motorola surfboard cable modem with www.optonline.net , I am currently getting at this hour of the morning 3,481.2 kbps connection according to http://reviews.cnet.com/7004-7254_7-0.html?tag=cnetfd.dir . CIO

Note: <888> 07/28/04 Wednesday 12:20 A.M.: UPS tracking shows that my package was delivered at 3:04 P.M. yesterday. I now have five spare 10 foot USB cables, 10 spare fourteen foot LAN cables, six spare 25 LAN cables plus I have one spare 10 foot LAN cable on the 8 port Ethernet hub. I have the spare cables in the box underneath my living room desk in their packaging. I also have the LAN cables that are in use on the primary and five backup desktop systems. That is all that I can afford to keep in reserve, but should an emergency occur with the four port Siemens router, the 8 port Ethernet Hub and the 4 port Ethernet hub, technically more people with laptops would be able to use my cable modem if we had electricity and the cable modem worked. Of course since IBM and a lot of other computer and technical firms are located in this area, many people whom understand the technology tend to have backup systems and reserved components. CIO

Note: <888> 07/27/04 Tuesday 11:55 P.M.: I downloaded the free local www.juno.com install program to have available for use should the cable modem fail. It is good for 10 free hours telephone dialup a month on local numbers here in Greenwich, Connecticut. I will not install it unless I should need it, since it seems to alter the system configuration. I currently do not have the U.S. Robotics external telephone modem attached to the serial port, since I have the X10 wireless mouse attached to the serial port. However, when I do connect the U.S. Robotics external telephone modem to the serial port, it installs plug and play without any other drivers. CIO

Note: <888> 07/27/04 Tuesday 11:50 P.M.: I microwaved some fresh broccoli in a microwave proof cooking container with a half inch of water by pressing the vegetable button on the General Electric microwave oven. I also reheated in the microwave the remaining half of the rice from last night. I cut four 1/4 inch thick slices of the cold eye round beef, and I put Lea and Perrins Worcestershire sauce on the cold beef, and I ate it all with a glass of iced tea. I put a little bit of olive oil on the broccoli. CIO

Note: <888> 07/27/04 Tuesday 11:15 P.M.: I went out after the last message. I went by the Greenwich Library, and I read the Greenwich Time. I then went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. It started raining during my walk. I used the bathroom at Starbucks. I chatted with a WiFi user at Starbucks from California about computers. I drove down by the waterfront. I got out of the rain for a while, and I parked at the lower level parking garage at the Greenwich train station which is protected from the rain. I then returned home. I had two messages from relatives on the telephone answering machine. I called back one of the relatives. When I went out, I found a 8 inch square white and blue Corning cooking casserole dish, a 10 inch square white and blue Corning cooking casserole dish with lid, and a 12 inch square Pyrex glass casserole dish on the trash bin, and I retrieved them to

my apartment, and when I returned I washed them, and I put them underneath the center kitchen counter to have them available for use in cooking. I think they are for ovens not microwave ovens, although they might possibly work in microwave ovens. CIO

Note: <888> 07/27/04 Tuesday 7:10 P.M.: I ate breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I chatted with a friend. I will now shut down the computer, and I will clean up, and I will go out in this rainy weather. I will probably go by the Greenwich Library, since it tends to be dry inside there. CIO

Note: <888> 07/27/04 Tuesday 4:55 P.M.: I was up at 3:30 P.M.. The package from www.outletpc.com was delivered at my door by UPS. I opened it and the 5 ten foot USB cables were there and the D-Link USB Hub and 10/100 Ethernet port device were in the package. I put the five USB cables in the box underneath my living room desk with the LAN cables. The D-Link hub is powered, so I took an extension cord from the floor off the power strip in front of my desk, and I connected it to the upper Belkin Control panel switch for my Siemens router. I plugged both the D-Link hub and Siemens router power transformers into the extension cord, and I placed the two transformers connected to the extension cord on the wicker rack on the wall to the right of my primary computer CPU. The D-Link hub came with a USB cable, and I disconnected one of the four port USB hubs from the PCI USB card, and I plugged in the D-Link Hub. I put the D-Link Hub on the coffee table to the right of my CPU case where the other USB hubs are. I plugged into the 3 D-Link USB hub ports, my Plantronics DSP-500 headset, the USB cord to the Motorola surfboard cable modem, and the four port USB hub device. I put the four port USB hub device on the mouse pad on the right in front of the CPU to have it readily available. I disconnected a LAN cable from the Siemens router that went my 8 port ethernet hub on top of the back up Dell computer, and I plugged in that LAN cable from the Siemens router to the new D-Link USB hub with the 10/100 Ethernet port. I took the LAN cables from the Siemens routers to the Dell backup computer LAN cable, and I plugged it into the 8 port ethernet hub. I took one of the two available LAN cables from the 8 port hub, and I plugged it into the Dell backup computer LAN card. Thus to use the Dell backup computer online, not only does the Cable modem and Siemens routers have to be turned on, but so does the 8 port Ethernet hub which one turns on from the Dell backup computer control panel. I then started up the primary computer, and all the devices installed plug and play without any problem. I now have three networks installed on the primary computer. The onboard LAN, the cable modem USB connection, and D-Link Ethernet port are the three connections. I could disable the onboard motherboard LAN, but I will leave it going for now. I have the Windows XP firewall enabled on all three connections. All of the other USB devices are working just fine. Thus to turn on the computer, one still turns it on the same way, since the router switch turns on both the Siemens router and D-Link hub. CIO

Note: <888> 07/27/04 Tuesday 7:20 A.M.: I went outside, and I chatted with a neighbor. I will now shut down the computer, and I will go to bed. CIO

Note: <888> 07/27/04 Tuesday 6:35 A.M.: I tried to install the Sun Java Virtual machine a few times, but my IDE driver froze the machine a few times on PIO mode. I finally ran Driver Update in the Device Manager on the Via Busmaster IDE controller, and it installed a different version of the file, so I guess my IDE controller is now more stable. I also changed in the CMOS video init from PCI to AGP. The system booted fine, and the Sun Java Virtual Machine download installed without any problems, except I had to disable the Norton Internet Security 2004 firewall for the installation to work. UPS tracking shows that my package left UPS in Norwalk, Connecticut out for delivery at 6:15 A.M. this morning. Frequently UPS packages come later in the day at 4 P.M., but I noticed a UPS delivery truck making a delivery here two days ago at 9 A.M.. I will now go outside for a morning break. CIO

Note: <888> 07/27/04 Tuesday 5:00 A.M.: I will now install the Java Virtual Machine for Windows XP <http://java.com/en/index.jsp> . CIO

Note: <888> 07/27/04 Tuesday 4:45 A.M.: I watched some television. The movie "Tea House of the August Moon" is on television. My apartment in Greenwich, Connecticut is sort of my own Greenwich, Connecticut version of "Tea House of the August Moon". UPS tracking shows that the package that I ordered from www.outletpc.com arrived at Norwalk, Connecticut at 2:15 A.M. this morning. If one were ordering more complex computer items, I find that the site <http://www.directron.com/> has a larger variety of basic computer items than does www.outletpc.com . Of course there are so many sites to chose from on the internet, I guess one Windows shop just about forever. CIO

Note: <888> 07/27/04 Tuesday 3:25 A.M.: Earlier, before I went out for my walk this past evening, I ran Ad-aware 6.0. CIO

Note: <888> 07/27/04 Tuesday 3:20 A.M.: [Yahoo! News - IBM to Build Supercomputer for U.S. Military](#) . CIO

Note: <888> 07/27/04 Tuesday 3:10 A.M.: New Microsoft blog site <http://channel9.msdn.com/> . CIO

Note: <888> 07/27/04 Tuesday 2:35 A.M.: I went through my email. My package from www.outletpc.com left Stratford, Connecticut at 1:50 A.M. this morning probably for the UPS delivery depot in Norwalk, Connecticut, so probably it will be delivered today. I guess UPS will be waking me up some time today. CIO

Note: <888> 07/27/04 Tuesday 1:50 A.M.: Dinner was delicious. My UPS delivery from www.outletpc.com left Las Vegas, Nevada July 19, 2004 at 11:01 P.M., and it arrived in Secaucus, New Jersey July 23, at 9:15 P.M., and it departed Secaucus, New Jersey on July 24, at 1:07 A.M., and it arrived in Parsippany, New Jersey at 1:49 A.M., and it took time off yesterday and over the weekend, and it departed Parsippany, New Jersey on July 26 at 8:29 P.M., and it arrived this past evening on July 26 at Stratford, Connecticut at 10:17 P.M., so it looks like it might make delivery today, since if it makes it to Norwalk, Connecticut this morning, they will probably deliver it today. I ordered

from www.outletpc.com five USB 2.0 ten foot cables for \$1.99 each <http://store.yahoo.com/outletpc/c0229.html> and a D-Link 3 Port USB Hub 10/100 Ethernet Adaptor Combo for \$12.54 <http://store.yahoo.com/outletpc/c4615.html> plus \$7.58 UPS ground shipping from Las Vegas, Nevada for \$30.07 total. CIO

Note: <888> 07/27/04 Tuesday 1:00 A.M.: I went out after the last message. I went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I chatted with a walker whom said he would email me his web site for buying discount merchandise on the internet. I completed my walk. I drove down by the waterfront. I then went by the Food Emporium. I bought two 128 ounce containers of Arm and Hammer sensitive skin liquid detergent for \$2.49 each, and a eye round beef roast at \$2.99 a pound for \$10.85 for \$16.15 total. I then returned home, and I drank some iced tea. I put the eye round roast on a roasting rack in a roasting pan, and I covered all sides with Old Bay Seasoning, garlic powder, chicken and meat seasoning, ground black pepper, celery salt, Italian spices, and Texas Best Mesquite barbeque sauce. I am cooking it in the Farberware convection oven at 335 degrees Fahrenheit for 45 minutes. I also took 8 ounces of Carolina enriched white rice, and I rinsed it underneath hot water in a metal bowl, and then I strained it underneath hot water in a wire strainer, and I put it in the China Village microwave rice steamer, and I added 14 ounces of water, two tablespoons of olive oil, and a teaspoon of sesame oil. I put both the inner and out lids on the China Village microwave rice steamer, and I heat it in the microwave oven for 11 minutes and then let it stand five minutes for perfect rice. I will also steam with a cover pot and steamer tray with water underneath the steamer tray some fresh broccoli crowns for 15 minutes total time to boil the water to steam and steam the broccoli. I will eat three 3/8th inch thick slices of the eye round of beef with the beef juices with half of the rice and the steamed broccoli along with a glass of iced tea. I will refrigerate in a Rubbermaid container the remaining beef and in another Rubbermaid container the remaining rice. One use to be able to buy the China Village microwave rice steamer at the Food Emporium for \$15. I am not sure whether it is still available or not. CIO

Note: <888> 07/26/04 Monday 7:35 P.M.: I went back to bed until 6 P.M.. I ran Norton AntiVirus 2004, and it went through most of the system before it froze, but it did not find any problems. I ate breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I went outside briefly, and I picked up the mail. There is no more news on UPS tracking on my package, so I guess after they are shut down for two days over the weekend, it takes them a day to catch up with the back log. I will now shut down the computer, and I will go out. I guess I am back on a night schedule. According to <http://www.w3.weather.com/weather/local/06830>, there is suppose to some rain later on this week. CIO

Note: <888> 07/26/04 Monday 4:35 P.M.: I was up at 3:30 P.M.. Nothing has changed on UPS tracking, and there is no sign of UPS. I called my 4 P.M. appointment and chatted briefly, and I rescheduled the appointment. I changed two light bulbs that burned out. I might either rest some more or eat breakfast. I will now try running Norton AntiVirus 2004 again. CIO

Note: <888> 07/26/04 Monday 10:00 A.M.: I tried to run Norton AntiVirus 2004, but it froze on my mail folder. I will try it later on when I have the time. I ran Norton Disk Doctor on the C: and the D: drives. I just cancelled my 4 P.M. appointment, so I can get some sleep. No news from UPS tracking, but the package is scheduled for delivery today. I will now shut down the computer, and I will go to bed. As far as I can tell, the computer is running just fine. CIO

Note: <888> 07/26/04 Monday 9:05 A.M.: I rebooted after the last message. I had a problem with the network keeping the computer from rebooting, so I did a System Restore back to this past Saturday, and the system is booting just fine and running just fine. I will now shut down the computer and rest for a while. No news from UPS tracking today so far. CIO

Note: <888> 07/26/04 Monday 6:55 A.M.: I went outside, and I chatted with a couple of neighbors. I will now shut down the computer. UPS tracking last shows my package from www.outletpc.com was in New Jersey on July 24, and there is no new activity yet, so I do not know whether it will arrive today or not. I will go to bed soon, and I will be up around 1 P.M. for my 4 P.M. appointment. CIO

Note: <888> 07/26/04 Monday 5:50 A.M.: I unplugged my two USB hubs from the back of the computer when I was shut down, and I enabled the onboard motherboard USB devices in the CMOS, and I rebooted, and I reinstalled the drivers for the onboard motherboard USB devices. Although the device manager says they work including the two front USB 2.0 ports, they only recognize USB devices plugged into them as unrecognized USB devices that do not work. I can only think that since the onboard motherboard USB devices were disabled when I installed Windows XP Professional that possibly some key file or files were not installed because they were disabled. I enabled them after installing Windows XP Professional to find out they did not work last week, which is why I took out the LAN card and installed the two port USB PCI card which does recognized my USB devices right away without any problem. I next shut down the computer and disabled the onboard motherboard USB devices in the CMOS, and I plugged in the two USB hubs to the two USB PCI card. When I rebooted the system would not boot because of the network, so I turned off the cable modem and rebooted, and the computer booted properly. I then turned on the cable modem, and the network reinstalled itself, and then I rebooted without any problem. In my current configuration using the onboard motherboard LAN and the USB cable connected to the cable modem, I can not seem to repair the network without rebooting, which is not really any problem, since the network never really needs to be repaired. When I receive the USB hub with LAN connection that I ordered from www.outletpc.com, I will replace one of my hubs on the computer with the USB hub and LAN connection and setup a third network connection from the Siemens router to the USB hub and LAN connection that I will have plugged into the USB PCI card. I could use the spare hub on my Dell backup computer, or I could plug it into one of the primary computer hubs, but I do not need that much USB hub space at the moment. The computer seems to be running just fine as it is configured. However, when the network repaired itself, I noticed something interesting when one views the Network Devices in the Device Manager and selects to show hidden

devices, there are another 11 network device drivers running on the system besides the onboard LAN and Cable modem connection, so only some tech person would know what all those hidden network devices are doing. CIO

Note: <888> 07/26/04 Monday 1:30 A.M.: For those people with Potomac fever [NYTimes.com](http://www.nytimes.com) 2004 Election Guide . CIO

Note: <888> 07/26/04 Monday 12:55 A.M.: I went through my email. My UPS package is still down in New Jersey, so I do not know if it will be delivered today or not. I have a 4 P.M. appointment today. CIO

Note: <888> 07/26/04 Monday 12:40 A.M.: I ate the last third of a 10 ounce can of smoked almonds with some iced tea. CIO

Note: <888> 07/25/04 Sunday 11:55 P.M.: What got me to thinking about Florence, Italy was I noticed this evening during my evening stroll, that a newspaper is being delivered in a plastic bag that advertises Carapelli olive oil <http://www.carapelli.com/> which I did not buy last time when I bought the three liters of Bertolli <http://www.bertolli.com> extra virgin olive oil for about \$23, since the Carapelli olive oil at the Stop and Shop was only available in regular olive oil and not extra virgin olive oil. CIO

Note: <888> 07/25/04 Sunday 11:50 P.M.: Of course this major event in Florence, Italy <http://www.32igc.org/home.htm> happens August 20-28, 2004, and it might explain from the world's leading experts what is happening in the world of Geophysics or Geology or what the kids call Rock Hounds are interested in. I lived in Florence, Italy during the winter of 1972, when I minored in Renaissance Art at the University of Grenoble, France extension in Florence, Italy. I greatly enjoyed Florence, Italy, but it is as cold as New York in the winter, and it is equally warm in the summer. I stayed at the Pension Adria on the fifth floor of a building on the southwest corner of the Santa Trinita bridge overlooking the Arno River. Luciano whom manages the Pensione Adria is the youngest of 13 brothers in the hotel business in Europe, and his oldest brother use to manage the Savoy Hotel in London, so they are quite an expert family in hospitality. I paid about \$40 a week for an inside room without a view for less noise from the street traffic, and that included continental breakfast and five course dinners without wine included in the cost. Of course back then the Frescobaldi wine was not too expensive in Florence, Italy since it is native to the Tuscan region of Italy. The native food of Florence, Italy is Etruscan cooking with if basically thin slices of meats sautéed in olive oil, butter, garlic, lemon juice, herbs and spices and white wine, and it is very tasty. They eat a large meal about 1 P.M. to 2 P.M. and then they have siesta. In the evening from about 7 P.M. to midnight, they also have another less filling dinner type of meal. Florence, Italy is very cosmopolitan with lots of specialty shops with fine Italian leathers and woolen goods, and during the winter the general public are very well dressed even by European standards. Of course the little town up on the mountain on the north side overlooking Florence, Italy called Fiesole has some breathtaking views overlooking the city, and it would be cooler with cleaner air. There is bus service to Fiesole. Since the Medici were and probably

still are one of the primary moving forces in that region of Italy, they have a comfortable house near the Pension Adria, and the Medici house called the Medici Palace has a nice walled garden around it. On the hill behind the Medici Palace, there is the Piazza Michelangelo, and the small villas there are suppose to be on the most expensive real estate in Europe. Need I say more, if one can afford the trip, a visit to Florence, Italy is well worth the time and experience. CIO

Note: <888> 07/25/04 Sunday 11:25 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . For the cheddar cheese portion, I used Norwegian Jarlsberg cheese. I used all of the other regular ingredients. I had the salad with a glass of iced tea. CIO

Note: <888> 07/25/04 Sunday 10:00 P.M.: I woked up during the early morning, and I ate two Quaker low fat corn cakes. I was up at 2 P.M., and I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went back to bed until 5:30 P.M.. I chatted with a friend and a relative. I went out, and I went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I stopped by CVS, and I bought two 12 ounce cans of Lysol disinfectant crisp linen scent for \$2.49 each and a 1 liter bottle of CVS yellow mouthwash for \$1.99 plus .48 tax for \$8.45 total. I ran into another walker, and I walked back down Greenwich Avenue. I then walked the other walker up to the top of Greenwich Avenue where his car was parked. I then returned back down Greenwich Avenue, and I use the bathroom at Starbucks. I then drove down by the waterfront, and I chatted with one of the regular fishermen. I was told by another friend that fishes Long Island sound in a boat up in Norwalk, Connecticut, they are catching blue fish, stripped bass, and snappers. I am not sure whether they are red snappers, which I think one catches down south, but I don't think one catches them here. I then sat out briefly at the Greenwich Library. I just now returned home, and I drank some iced tea. CIO

Note: <888> 07/25/04 Sunday 2:45 A.M.: Well, there is not much going on, and it is suppose to rain much of this coming week. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 07/25/04 Sunday 2:30 A.M.: Well, if Krakatau erupted with major force again, I guess there would be cold winters up north, and we would want to email our friends in Brazil or rough it in Key West, Florida at the <http://www.casamarinakeywest.com/> . Of course, Key West is now more expensive than Greenwich, Connecticut, so unlike 1976 when one could live in abandoned buildings like the Casa Marina, in Key West, now I think it is close to \$400 a day. Of course there are lots of other places down south, and the general ambience of Key West www.liveduvalstreet.com generally does not cater to the Puritan sensibilities of people from up north, so if they have Big Bucks, they can try to afford one of the mega mansions in Palm Beach, Florida that can cost close to \$50 million bucks, of course there are many poorer areas down south, where the weather is equally enjoyable without the plush comforts of the Gold Coast of Florida. I suppose though, New Yorkers still tend to flock together in various locations. I personally feel if there were ever another winter like the

Winter of 1882 when Krakatau last had its last major eruption, some location like Tobago would be enjoyable, but as one gets older, ones needs to be aware that one should also live near major medical facilities. Thus although the grass always seems greener on the other side of the warmer world, those of us whom are use to the colder temperatures of the winters up north will probably tough it out here. I suppose some tropical residents have to worry about www.geocities.com/mikelscott/weather.htm during the upcoming tropical storm season. I have theory that volcanic activity is increased by solar flare activity from the sun, so maybe it also has an effect on tropical weather. However, generally when it is cooler, particularly if the ocean water is cooler, there is not as much tropical storm activity. CIO

Note: <888> 07/25/04 Sunday 1:35 A.M.: I finished going through my email. CIO

Note: <888> 07/25/04 Sunday 12:55 A.M.: Krakatau active
<http://www.vsi.esdm.go.id/news/index.htm> and
<http://www.volcano.si.edu/world/volcano.cfm?vnum=0602-00=> .

KRAKATAU Indonesia 6.10°S, 105.43°E; summit elev. 813 m

In July there was an increase in the number of gas-and-steam emissions from the crater of Anak Krakatau. In addition, the number of volcanic earthquakes increased from 1-4 per day before 5 July, to ~57 per day, then dropped to 2-17 earthquakes per day by mid-July. The Alert Level at Krakatau was raised from 1 to 2 (on a scale of 1-4). Visits to the crater were prohibited.

Background. The renowned Krakatau volcano lies in the Sunda Strait between Java and Sumatra. Collapse of the ancestral Krakatau edifice, perhaps in 416 AD, resulted in a 7-km-wide caldera. Remnants of this volcano formed Verlaten and Lang Islands; subsequently Rakata, Danan, and Perbuwatan volcanoes were formed, coalescing to create the pre-1883 Krakatau Island. Caldera collapse during the catastrophic 1883 eruption destroyed Danan and Perbuwatan volcanoes, and left only a remnant of Rakata volcano. The post-collapse cone of Anak Krakatau (Child of Krakatau), constructed within the 1883 caldera at a point between the former cones of Danan and Perbuwatan, has been the site of frequent eruptions since 1927. CIO

Note: <888> 07/25/04 Sunday 12:20 A.M.: I went through half of my email. I ate 2/3 of the 10 ounce can of smoked almonds with some iced tea. CIO

Note: <888> 07/24/04 Saturday 11:15 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . For the cheddar cheese portion, I used Norwegian Jarlsberg cheese. I ate the salad with a glass of iced tea. CIO

Note: <888> 07/24/04 Saturday 9:50 P.M.: I went out after the last message. I went by the Exxon gasoline station next to the Greenwich Library, and I bought \$4 of regular unleaded gasoline at \$2.279 a gallon for about 28 miles per gallon usage. I then went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various

locations. During my walk, I stopped by CVS, and I bought two 32 ounce spray bottles of CVS cleaner with bleach at one for \$2.29 and the second one for a penny, and a 10 ounce can of Smoked Almonds for \$2.49 for \$4.93 total. I then completed my walk. I next drove down by the waterfront. I then returned home. I had a message from a friend on my answering machine. I drank some iced tea. CIO

Note: <888> 07/24/04 Saturday 6:35 P.M.: I have my the IDE cables and the Master Slave settings set properly on my drives. Maybe my system does not really support HDMA, although it does work, except it freezes on large file transfers. I just now chatted with a relative. I will hold off on reading my email. I will now eat a peanut butter sandwich with a glass of iced tea. I will then clean up, and I will go out. CIO

Note: <888> 07/24/04 Saturday 6:05 P.M.: This page has information about configuring one's drives and IDE cables <http://www.viaarena.com/?PageID=94> . At the moment, I have the first C: drive and the second D: drive as IDE1 master and slave, and I have the DVD/CD and the CD/RW as IDE2 master and slave. Although I have long round IDE cables, I do not think they would stretch far enough to support each hard drive on a separate IDE cable and still connect to the CD drives in my present computer case configuration. CIO

Note: <888> 07/24/04 Saturday 6:00 P.M.: I installed a different VIA IDE driver <http://www.viaarena.com/?PageID=340> , but when I rebooted it activated XP product activation, but I did not reactivate right away. When I tried HDMA with the VIA IDE Miniport driver, it still would freeze, so I returned to the other VIA IDE driver, which I set in PIO mode, and the computer system runs fine again. I then tried to reactivate Windows XP online, but it would not go through since I had activated it three times in trying to reinstall it last week. I finally activated it over the telephone with an activation ID number that I entered. Thus XP is now activated again. I was given a Microsoft Technical support number 1-800-939-5700 in India, and I chatted with them. They told me that since I had bought Windows XP separately from CompUSA about a year and a half ago, and since I have never used technical support, that I am entitled to two major incidents of free technical support along with unlimited installation and uninstallation technical support. Since at the moment, my computer system is running just fine, I will not use the free Microsoft technical support that came with Windows XP Professional. I also do not intend to install Windows XP SP2 final release, since I do not want to go through the problems of reinstallation that I have been through the last three weeks should Windows XP SP2 crash the system where I can not recover it. I will now continue going through my email. I noticed some people from India around recently, so maybe Microsoft is here watching us. Possibly the APM not working in Power Settings is caused by the fact that I am using a generic Opti PCI USB port card, which on another type system causes APM not to work. Still since my onboard USB ports do not work properly, I will continue to use the Opti PCI 2 port USB card with the USB devices attached to it. Last week when I reinstalled Windows XP Professional Upgrade on the system with a Syntax SV266 M motherboard, I had to install it on a formatted C: drive, and for the first stage of installation file copying, I had to have all the PCI cards and other devices including USB removed and the CMOS settings disabled including disabling the

CPU CMOS caches, and it installed, and then on reboot, I enabled the CPU cache to speed up the process. After installation, I installed the cards and devices, and the system worked just fine. However, one time after XP installed without the Cards and Devices installed and with the CMOS settings disabled except the CPU cache, I tried to install XP SP2 RC2, and the system crashed. Thus I am hesitant about trying to install the final release XP SP2 when available. I also have tried disabling the CMOS HDMA IDE settings to PIO, but that did not work either. There is no reference to the problem on the internet. About the only option is to detach my second IDE drive during XP installation. Also the same problem exists for the basic Windows XP Professional upgrade refresh option, and on reboot without the cards and USB and other devices installed and with the CMOS settings disabled except for the CPU cache, the upgrade procedure did not work. Only a fresh install worked with that procedure. Still at the moment, the computer is running just fine along with all of its USB devices, and I will now continue going through my email. CIO

Note: <888> 07/24/04 Saturday 3:30 P.M.: I was awake at 1:30 P.M.. I ate breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I went outside briefly, and I picked up the mail. I chatted with a relative. I will now start going through my email. CIO

Note: <888> 07/24/04 Saturday 3:05 A.M.: I looked at some technical pages relating to my computer system. I downloaded from www.northgate.com the VIA IDE drivers they had for my Syntax SV 266 M motherboard. I installed them. I think they are pretty much the same as what I already had on my computer. I am tired, so I will now shut down the computer, and I will go to bed. CIO

Note: <888> 07/24/04 Saturday 12:45 A.M.: I chatted with a relative. CIO

End of Scott's Notes week of 07/23/04:

Note: <888> 07/23/04 Friday 11:50 P.M.: I will now send out my weekly notes. CIO

Note: <888> 07/23/04 Friday 11:20 P.M.: I went out after the last message. I went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I stopped by the ATM machine at Putnam Trust Bank of New York on Greenwich Avenue. After I completed my walk, I drove down by the waterfront. I then went by the Stop and Shop, and I bought a bulb of elephant garlic for \$1.99, a 16 ounce bag of baby carrots for \$1.50, a 10 ounce bag of fresh spinach for \$1.99, fresh broccoli crowns at \$1.29 a pound for \$1.66, a three pound bag of onions for \$2.79, a pound of Stop and Shop Swiss Cheese for \$4.39, a 16.5 ounce bottle of Monari balsamic vinegar for \$2.50 for \$16.82 total. I then returned home. I had a message on the answering machine from a relative to email another relative about the size of the day bed, so maybe they could take it up to Maine in mid August in their station wagon. I drank some iced tea. CIO

Note: <888> 07/23/04 Friday 8:25 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . For the cheddar cheese portion, I used Norwegian Jarlsberg cheese. I used all of the other regular ingredients. I had the salad with iced tea. I chatted with a relative before I ate my salad, and I called back the relative briefly on another matter. I will now shut down the computer, and I will clean up, and I will go out to do some errands. CIO

Note: <888> 07/23/04 Friday 6:55 P.M.: I chatted with a relative. CIO

Note: <888> 07/23/04 Friday 5:45 P.M.: I went to bed after the last message. I had a friend call be at 6 A.M. this morning. I was finally up at 1:30 P.M.. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I checked the mail. It is currently raining out until tomorrow. I did my house cleaning and watering the plants. I threw out the garbage. I refilled the Glade plugin scent refill above the kitchen counter with a 50% mixture of Old English cologne and 50% mixture of 91% Isopropyl alcohol. I ran Norton Speed Disk on the C: drive while doing house cleaning. I will now run "bootvis.exe" to speed up the boot process. CIO

Note: <888> 07/23/04 Friday 4:10 A.M.: I will now shut down the computer. I will go to bed soon. When I wake up later today, I have to do my house cleaning. CIO

Note: <888> 07/23/04 Friday 3:55 A.M.: After I uninstalled XP SP1, the IDE HDMA still did not work. I then reinstalled XP SP1 and all of the other updates. I microwaved a bowl of popcorn which I ate with iced tea. The emergency pull cord alarm went off in the building about a half an hour ago, but it was a false alarm, and the alarm system was reset. I ran Disk Cleanup on the C: drive after doing a system restore backup. I ran Norton WinDoctor and then Ad-aware 6.0. The system seems to be running better, but it still has the few minor faults. Still over all, it is a lot better than three weeks ago this Saturday, when I first had the system failure while trying to install Windows XP SP2 RC2. Since the system runs fine in IDE PIO mode, I do not think I have an onboard motherboard IDE controller problem. Now the Nvidia and the Speaker and the Norton Internet Security 2004 firewall icons are not appearing in the lower right tray, but they are easily activated each time I boot, if I need them. I will now run Norton SpeedDisk for about a week to give the system time to sort out the most frequently used files. After that I will run bootvis to speed up the bootup process a little bit. I have 9.49 gigabytes of free space on the C: drive and 10.1 gigabytes of free space on the D: drive. CIO

Note: <888> 07/22/04 Thursday 10:55 P.M.: HDMA is a feature of XP SP1. I will now try uninstalling XP SP1 and then try HDMA, and then reinstall XP SP1 and try HDMA. CIO

Note: <888> 07/22/04 Thursday 10:40 P.M.: I tried getting IDE HDMA working by disabling disk caching on the hard drives, but that did not work. I now have them set at IDE PIO with the disk caching on the hard drives enabled. When I chatted with my friend earlier, I was told that he would not be able to drive me up to Maine next week. I chatted with my relative in Maine, and I will either go up there myself in September or

with my friend with the station wagon to take the day bed if he is available. The day bed only cost \$75, and since it has been here for some time, there is no real rush on it. Also if I go up in September, I can stay longer to visit and possibly do some work, which would be harder in the hot weather. CIO

Note: <888> 07/22/04 Thursday 9:25 P.M.: I was able to get System Restore working. When I checked it I thought it turned it on, but it was turning it off, so I when I unchecked it, it turned it on. I guess when one wears glasses on the computer, one has to look at the small print closely. CIO

Note: <888> 07/22/04 Thursday 8:55 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I used a tin of sardines that I chopped. For the cheddar cheese portion, I used Norwegian Jarlsberg cheese. I used all of the other regular ingredients. I had the salad with iced tea. I chatted with a friend. I went outside briefly, and I chatted with a neighbor. CIO

Note: <888> 07/22/04 Thursday 7:25 P.M.: I tried doing a Windows XP Professional upgrade mode install, but when the system rebooted on Windows Setup, it would freeze. I tried various CMOS settings including disabling most of the settings, but it still would not boot. I finally returned to the previous setup, and deleted the Windows Setup in the boot.ini file. The system is still running just fine as it was before. I cleaned the Kensington Wireless mouse by scraping the rollers and wiping the ball and rollers with a cotton swap with alcohol, so the mouse is now more responsive. I uninstalled the Microsoft Intellipoint driver, so it is just using the Microsoft PS/2 mouse driver at the moment. I checked the batteries, and they are all right. I think the problem was the base unit was too far back, so I moved it forward. The Norton Internet Security 2004 Firewall icon is now appearing in the lower right tray. I guess, I could do a new install if I ever have serious problems. I would have to do it the same way, I did it last week. When I worked on it last week, I tried other IDE cables, and that did not make a difference. I use to be able to refresh the Windows XP Professional system with the upgrade mode, which does not work anymore. Perhaps some of the Windows SP1 upgrades are causing the problem. I did not try removing the cards for the upgrade, since last week that did not make any difference with the problem. The fact that the IDE HDMA does not work along with my onboard motherboard USB devices along with the other problems leads me to believe it could be a hardware problem. Still for now the system is running just fine. The "[C:\System Volume Information](#)" file is not accessible set at "Read Only", but it supposedly is empty, and I can not change its attributes. I would imagine this is what is causing the System Restore function not to work. Whatever, the problems are with the computer, it seems to be a number of problems that can not be troubleshooted at the moment. Last week, I also cleared and reflashed the CMOS, and that did not make a difference either. The memory tests out fine too. I also have tried the Microsoft drivers instead of the VIA drivers and that did not make a difference. CIO

Note: <888> 07/22/04 Thursday 4:50 P.M.: I made my 3 P.M. appointment. I then went by the Greenwich Hospital thrift shop. I then returned a DVD disk at the Greenwich Library audiovisual drop outside. I just now returned home, and I drank some iced tea.

Before booting the computer, I unplugged the two USB device hubs from the back of the computer USB PCI card. In the CMOS I selected AGP for the video, and I disabled Assign IRQ to VGA. I also enabled the onboard motherboard USB ports. When the computer booted it installed the generic video driver. I will now try to reinstalled Windows XP Professional in the upgrade mode from the copy I have on the C: drive. If it does not install, I will just leave the computer the way it was before with the previous mentioned problems. If it hopefully does install, I will basically have the same setup as before, but hopefully the previous mentioned problems will be fixed. CIO

Note: <888> 07/22/04 Thursday 1:50 P.M.: I was up at 10:30 A.M.. I tried reinstalling Windows XP Professional upgrade on the computer with a upgrade installation, but it would not boot. I was able to reboot into the old configuration. The Norton Internet Security Firewall icon does not display in the lower right hand tray. Also System Restore does not work. I copied the XP cd to the C: drive. I am just finishing eating breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I will shut down the computer shortly. I have a 3 P.M. appointment. I will clean up shortly and go out for the appointment. I will stop by the library after the appointment and return a CD. Then I will return home. I might try uninstalling the AGP video card drivers and removing the AGP card, and then try reinstalling Windows XP Professional in an upgrade with just the PCI card in the computer. CIO

Note: <888> 07/21/04 Wednesday 11:35 P.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 07/21/04 Wednesday 11:20 P.M.: I changed a few minor settings in the CMOS. I can not get Advanced Power Management to work in Windows XP. I enabled the Windows XP Firewall for both the onboard LAN network and for the USB connection network to the cable modem. Basically the system is running just fine. I suppose when I originally installed Windows XP with most of the CMOS settings disabled, possibly certain key parts of the operating system were not installed like support for the onboard motherboard USB, Advanced Power Management, and IDE UDMA, but since the system is running just fine as configured at the moment, and it is completely configured, I will not worry about those three problems at the moment. CIO

Note: <888> 07/21/04 Wednesday 9:50 P.M.: I went out after the last message. I walked the entire length of Greenwich Avenue, and I sat out at various locations. I stopped by CVS, and I bought five 14 ounce bags of Surfer Dude spice drops for .99 each plus .18 tax less \$2 CVS bonus bucks for \$3.15 total. I noticed that Polaroid is now selling computer printer inkjet cartridges. I then completed my walk. I did not bother driving down by the waterfront, because when I do not have enough time, I do not go by the waterfront. I then went by the Greenwich Library, and I read the Greenwich Time. I next went by the Stop and Shop, and I bought a 10 ounce box of fresh mushrooms for \$2.29, a fresh loaf of Arnold Oat nut bread for \$2.50, a 16.5 ounce bottle of Monari balsamic vinegar for \$2.50 for \$7.29 total which I paid for with my debit card. I then returned home, and I drank some iced tea. I chatted with a friend for a while. CIO

Note: <888> 07/21/04 Wednesday 5:30 P.M.: I chatted with a relative. I will now shut down the computer, and I will clean up, and I will go out for an evening stroll. CIO

Note: <888> 07/21/04 Wednesday 4:55 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . For the cheddar cheese portion, I used Norwegian Jarlsberg cheese. I used all of the other regular ingredients. I had the salad with a glass of iced tea. CIO

Note: <888> 07/21/04 Wednesday 3:35 P.M.: I reinstalled the latest Via 4 in 1 drivers. I tried a fix for the UDMA problem, but it did not work, so I am still running the computer on IDE PIO mode. CIO

Note: <888> 07/21/04 Wednesday 1:10 P.M.: I reinstalled the VIA drivers, but the HDMA still does not work. I could try changing the two hard drives from IDE1 master slave to both on IDE1 and IDE2 as master, but since it use to work as is, I do not think there is any point. I went outside briefly. I aired out my car from the heat. The quartz sweep hand clock in the car is working in the heat that builds up. I noticed the passenger side rear tire is missing its valve cap. CIO

Note: <888> 07/21/04 Wednesday 12:15 P.M.: I was up at 9 A.M., and I had breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I went outside briefly, and I picked up the mail. I booted the computer, and I uninstalled the Nvidia drivers for the AGP card, and I set the two video card system to boot PCI first. When the system rebooted again, the Nvidia drivers installed, and the Nvidia icon came up in the lower right hand corn on the task bar for controlling the multiple monitor settings. I have it now set for Clone to play the television monitor too. I tried putting the computer IDE setting to HDMA, but it still freezes, so I put it back to PIO. The motherboard USB ports do not work with the current settings still. Still as I now have the system setup, it is still working fine. I think I will try reinstalling the VIA drivers from the Syntax SV-266M motherboard CD instead of the latest downloaded drivers, I now have on the system. It seems like there is something wrong with my VIA drivers on the system since the IDE and USB are both VIA driver driven devices. CIO

Note: <888> 07/20/04 Tuesday 10:55 P.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 07/20/04 Tuesday 10:20 P.M.: I went through my email. CIO

Note: <888> 07/20/04 Tuesday 10:05 P.M.: I ate three .75 inch by .25 inch by 2 inch slices of Land-O-Lakes pepper jack cheese, eight Town House crackers, and a bowl of corn chips with some iced tea. CIO

Note: <888> 07/20/04 Tuesday 9:05 P.M.: I put away the laundry. I chatted with a friend. CIO

Note: <888> 07/20/04 Tuesday 7:55 P.M.: My UPS order from www.outletpc.com is scheduled for delivery on Monday July 26, 2004. However, UPS usually arrives at 4 P.M., and I have a 4 P.M. appointment downtown that day. Earlier in that day, I will be moving the day bed out of the apartment and rearranging the furniture in the living room. I guess I could always leave a note for UPS to leave the package. CIO

Note: <888> 07/20/04 Tuesday 7:50 P.M.: I took a shower and washed my hair to get the loose hairs off my head from the hair cut. When I clean out the contents from underneath the day bed today, I also found another old cable modem, which I put on the side board in the bedroom between the two backup computer monitors. I have another older cable modem on the left side of the side board. I also found two older flat PS2 keyboards, which I put on top of the left monitor on the bedroom side board. CIO

Note: <888> 07/20/04 Tuesday 7:15 P.M.: I went out after the last message. I went by Putnam Trust Bank of New York on Mason Street. I then went by the Greenwich Hospital Thrift Shop, and I donated the Technics tape deck with RCA cable, the blue IBM selectric typewriter, and the Panasonic word processor typewriter. I toured the thrift shop. I then drove over to Old Greenwich, and I got my hair cut at Off Center hair stylists for \$18 plus \$5 tip for \$23 total. Since there is currently hot weather, I got it cut a little bit shorter than normal. I then toured the Old Greenwich Rummage Room thrift shop. I next went out to Tod's Point to the southwest parking area, and I walked out to the southwest picnic area, and I enjoyed the view. I then returned to downtown Greenwich, and I walked lower Greenwich Avenue, and I sat out at various locations. I used the bathroom at the senior and arts center. I then returned home. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I used a tin of sardines that I chopped. For the cheddar portion, I used Land-O-Lakes Pepper Jack cheese. I used all of the other regular ingredients, and I had the salad with a glass of iced tea. I started two loads of laundry, and I have 50 minutes to go on the dry cycle. I put clean linens on the bed in the bedroom. I threw out some garbage. CIO

Note: <888> 07/20/04 Tuesday 12:35 P.M.: I put an RCA cable with the Technics tape deck. I put the Technics tape deck, IBM blue selectric typewriter, and the Panasonic word processor in my car. I will take them by the Greenwich Hospital Thrift Shop, and if they don't want them, I will take them by the Old Greenwich Rummage Room. I will now shut down the computer. I will eat a peanut butter sandwich with iced tea, and I will then clean up. I will then go out. CIO

Note: <888> 07/20/04 Tuesday 11:55 A.M.: I was up at 8 A.M. this morning. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I moved out the blue sofa and maple side table, and from underneath the day bed, I took out the blue IBM selectric typewriter and the Panasonic word processor, and I put them outside by the dumpster along with an old Technics tape deck for anyone to grab. I also threw out all the empty boxes underneath the day bed. I put the Bissell rug cleaner and its attachments in the bedroom closet. I removed the instructions from the boxes, and I put them with other instructions in the bag underneath the bed in the bedroom. The Motorola Surfboard CD, Microsoft Intellitype Pro Keyboard CD, and the Kensington

wireless keyboard and mouse disk, I put in the CD rack to the right of my computer chair. I found a 50 foot cable TV cable along with a few shorter ones that I put underneath the bedroom bed. I put three empty 3.5 inch floppy disk cases on the shelf in the left living room closet. I moved the AT&T wall phone underneath the bed in the bedroom. I found a USB cable in the cable modem box. I use the six foot USB cable that I found to connect the Minolta QMS PagePro 1250W laser printer, and I used the longer 10 foot USB cable from it to connect the EpsonStylus Color 800 printer. When I started the computer with the Epson printer turned on, it installed plug and play. I installed the Epson Status monitor. Thus when the Epson printer is turned on, one can see the amount of ink used. It currently is a little of half full for both the color and black ink cartridges. Thus one does not have to use the Epson off the Siemens router and the port box. It will still work off the Siemens router and port box for the backup computers. I received a "W04" sticker in the mail, and I put it in left lower rear corner of my 1999 Hyundai Accent hatchback. It is more conspicuous than the "Connecticut Bush Cheney 04" sticker in the same location. Thus I have everything cleared out from underneath the daybed, and I have it ready to be moved next Monday. The blue IBM selectric typewriter, I bought last summer at the sidewalk sales from Marks Brothers for \$10, and it works just fine, and the Panasonic word processor works fine too. CIO

Note: <888> 07/19/04 Monday 10:00 P.M.: I took a cold 6 ounce can of Bumble Bee pink crab meat, and I opened the lid, and I left the lid on it, and I rinsed it underneath cold water squeezing out the water a half dozen times. I then put the crab meat in a steel mixing bowl, and I flaked it. I then added a couple of tablespoons of Hellmann's Just 2 Good low fat mayonnaise, and I mixed it all together. I made two sandwiches out of it, which I ate with a glass of iced tea. I went outside briefly. The leather couch outside that someone discarded has been retrieved by someone else. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 07/19/04 Monday 9:25 P.M.: I went through my email. CIO

Note: <888> 07/19/04 Monday 9:15 P.M.: <http://www.newairplane.com/> . CIO

Note: <888> 07/19/04 Monday 9:00 P.M.: I went out after the last message. I went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I picked up a prescription at CVS. I then went by the Greenwich Library, and I read the Greenwich Time, and I checked out a DVD disk. I then returned home. I tried playing the DVD disk with PowerDVD player, but it uses lower video settings, which I was not able to set. However, it plays fine in the Windows Media Player. I fiddled with the Nvidia video settings, and although it is still active, the icon in the lower right hand corner of the desktop no longer displays, so one can not change the Nvidia settings from that icon. I switched it to dual view, and it quit displaying even when I rebooted. However, the computer is still working pretty much the same. I chatted with a friend. CIO

Note: <888> 07/19/04 Monday 3:25 P.M.: I filed a beta bug report with Microsoft concerning Windows XP SP2 RC2 via their email beta link. I will now shut down the computer, and I will clean up, and I will go out. CIO

Note: <888> 07/19/04 Monday 3:00 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . For the cheddar cheese portion, I used Land-O-Lakes pepper jack cheese. I used all of the other regular ingredients. I had the salad with a glass of iced tea. Yesterday, when I made the salad, I also made up a fresh batch of homemade hummus www.geocities.com/mikelscott/hummus.htm . I used two cloves of elephant garlic for the garlic portion plus all of the other regular ingredients. CIO

Note: <888> 07/19/04 Monday 1:55 P.M.: Since my Northgate computer which I bought as a barebones system from www.accessmicro.com now part of Northgate has a Syntax SV 266M motherboard which is made by Biostar one of the largest motherboard manufacturers, and since when last week, I did a clean install of Windows XP without the cards running off both the onboard AGP and another time with the AGP card by setting the CMOS at the most user friendly settings, and since both times Windows XP SP2 RC2 would install, but the computer would not reboot, and since Syntax SV 266M motherboard is the same motherboard as was frequently in the Home Shopping Network computer system marketed by Tiger Direct, I would imagine quite a few people have similar systems whom might be having problems with the XP SP2 RC2 update, and possibly the final release. Since I am an XP SP2 RC2 beta tester for Microsoft, after lunch I will have to let them know on their beta site. CIO

Note: <888> 07/19/04 Monday 1:40 P.M.: I shut down the computer, and I plugged in the X10 remote control mouse base unit into the serial port, and I rebooted, and Windows XP installed it with a Microsoft Serial mouse driver. When one turns on the base unit which is now off, the X10 remote control mouse which I have underneath the right side of the left monitor works just fine. It primarily is for using when one views media content on the Orion television when used as a monitor, which I also have the computer set up to do. CIO

Note: <888> 07/19/04 Monday 1:25 P.M.: I finished the C: drive to D: drive backup in seven parts. It took a little bit longer, since in PIO mode for the hard drives, it is slower than UDMA mode. While, doing the backup, the power blinked for a split second, so I had to restart one of the backups over. While doing the backup, the mail arrived, and my order from <http://www.smokemcheapcigarettes.com/> of 6 cartons of Seneca Ultra Light 100 cigarettes arrived which is pretty fast since I reordered them last Thursday. I read through the last two weeks of periodical literature, and I threw it all out. Also while doing the backup, I moved the left night stand, and I cleaned and organized some files in my lower two file drawers blocked by the night stand of my four drawer file cabinet, and I put in a couple of bags of receipts from the lower drawer of the two drawer file cabinet on top of the four drawer file cabinet. I also threw out a bag of old Cablevision and Telephone receipts. I organized the top two drawers of the four drawer file cabinet, so there is more space. I then organized the paperwork and receipts on my desk, and I put the recent bill receipts in the top front of my four drawer file cabinet. Thus there is no

long any paper work or receipts on the desk in the bedroom, so there is more room to work at it. I also cleaned out some of the paperwork from the blue bowl on the dining room table. CIO

Note: <888> 07/19/04 Monday 9:35 A.M.: I was up at 8 A.M.. I had breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I went outside briefly. The leather couch is still available in the garbage area. I will now do a system restore backup. I will then run Disk Cleanup on the C: drive and Norton Fast and Safe Cleanup. I will then do a C: drive to D: drive backup in 7 parts. CIO

Note: <888> 07/18/04 Sunday 10:25 P.M.: I looked at some web sites. I chatted with a relative. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 07/18/04 Sunday 7:55 P.M.: I went through www.geocities.com/mikelscott/scotwork.htm . I went outside, and I threw out some garbage. After having tried install Windows XP SP2 RC2 on my computer with a fresh install of Windows XP without success, I will not be attempting to install the finished product, since when it will not install probably, I do not want to go through the hassle of reinstalling my system and its configuration again. CIO

Note: <888> 07/18/04 Sunday 6:30 P.M.: I went out after the last message. I went by the Exxon gasoline station next to the Greenwich Library. I bought \$10.55 of regular unleaded gasoline at \$2.299 a gallon for about 27 miles per gallon usage. I then went downtown, and I walked lower Greenwich Avenue including the train station area. I then walked up Greenwich Avenue with another regular walker. I chatted with the other walker for a while. I then drove down by the waterfront. I next went by the Stop and Shop. I bought three 96 ounce containers of Tropicana orange juice with calcium for \$2.99 a container, a 10 ounce bag of fresh spinach for \$1.99, broccoli crowns at \$1.29 a pound for \$1.33, a quart of plum tomatoes for \$3.59, a 10 ounce box of fresh mushrooms for \$2.29, a 16 ounce bag of baby carrots for \$1.50 for \$19.57 total. I then returned home. I used my cart that I keep in the apartment to bring up the orange juice, and I put my groceries away. I then made and ate my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I used a tin of chopped sardines, and for the cheddar cheese portion, I used Land-O-Lakes pepper jack cheese. I used all of the regular ingredients. I had the salad with a glass of iced tea. I watched some television. I chatted with a relative. I watched some television. CIO

Note: <888> 07/18/04 Sunday 10:45 A.M.: I went outside briefly. I ran Norton Win Doctor. I will now shut down the computer, and I will clean up, and I will go downtown. CIO

Note: <888> 07/18/04 Sunday 10:25 A.M.: [Yahoo! News - Fourth Try's the Charm for Rocket Launch](#) . CIO

Note: <888> 07/18/04 Sunday 10:20 A.M.: I moved the box of LAN cables that I ordered from www.outletpc.com from underneath the Maple side table at the end of the blue couch to underneath the living room desk, so they are not conspicuous. I deleted some folders that I do not need from the C: drive. I now have 9.8 gigabytes of free space on the C: drive. I uninstalled Norton System Works 2003, and I reinstalled it without Norton AntiVirus 2003. Norton Update now works for it too. CIO

Note: <888> 07/18/04 Sunday 8:45 A.M.: I adjusted the power savings settings in the CMOS after the last message, but System Standby still does not work, and I can not find any trouble shooting information about the problem. I went to bed after the last message. I was awake at 7:30 A.M. this morning. I had breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I went outside briefly, and somebody has discarded a tan leather couch in very good condition. Alas I do not have room for it. I will now resend last week's notes in Rich Text Format, so the hyperlinks work. CIO

Note: <888> 07/17/04 Saturday 5:10 P.M.: I put the iced tea in the refrigerator. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I did not use home made hummus www.geocities.com/mikelscott/hummus.htm in it, since I have not gotten around to making it. I just now tried putting the computer on Standby, but the icon for that action does not work. I will check the CMOS power management settings, which I think are all right. I will now shut down, and I will take a nap. I feel a minor tired spell coming on. CIO

Note: <888> 07/17/04 Saturday 3:30 P.M.: I went through my past weeks email, which I was not able to do with the system being reconfigured. I noticed in the Norton AntiSpam 2004 program, the default settings move email from Forbes www.forbes.com automatically into the Norton AntiSpam folder, which seems to be a serious error in judgment on Peter Norton's part. Perhaps California business people do not like New York business people. CIO

Note: <888> 07/17/04 Saturday 1:25 P.M.: Before going to bed this morning, I took the 6 foot USB 2.0 gold cable that I paid about \$20 for at Walgreen's, and I disconnected it from the Minolta QMS PagePro 1250W laser printer, and I connected it to the Motorola Surfboard cable modem, so the higher quality USB cable is running off the cable modem, which I think it is a better alternative. I connected the Minolta laser printer with a regular 10 foot USB cable. I went to bed after the last message, and I was up at 11 A.M.. I had breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I am now making up a batch of www.geocities.com/mikelscott/icetea.htm . I went outside briefly, and I checked the mail. I will look in my backup programs for the old saved email, but it is not that important if I can not find them. Most of it is old saved technical email much of which is probably a bit dated. I do have copies of all the email that I sent out in "My Documents" folder. CIO

Note: <888> 07/17/04 Saturday 3:30 A.M.: I tried to search for a backup file of my saved emails, which is suppose to end in *.pst in the Outlook program, but I can not find it in its normal archive setting or the Documents and Settings folder, which on the old system because of multiple installations is quite complex to navigate its tree in the backup program to look for it. Since I had about 5,600 saved emails, it would be a large file, but at the moment I can not find it in my old backups. I am a bit tired, so I will now go to bed soon. CIO

Note: <888> 07/17/04 Saturday 1:50 A.M.: I downloaded Atom Time <http://www.atomtime.com/download.html> , and I am just about ready to install it. I can not remember where I put the Microsoft demo DVD CD that I got about a year ago to try out my DVD drive on the computer. As I recall it sat on my TEAC DVD player for a long time close to a year, but it would not play on it. I think the folder it came with said it had movie clips of whales along with the technical demonstration. I recall, I put in a plastic CD. It was just a free promotional object, it was not anything valuable. I did not have time to go by the Greenwich Library today to check out a DVD to test the drive either. I am a little tired, since I have been up since 6 A.M., but I intend to try to stay up until about 4 A.M.. I also installed three Microsoft updates. They updates for the Norton System Utilities 2003 do not work for some reason, but the program does not have that many updates. I tried the error fixes suggested by Norton, but the only other solution left is to uninstall all of my Norton program, which I do not feel like doing. Still the Norton System Works 2003 works just fine, but I did not use its Norton AntiVirus 2003, since I have Norton AntiVirus 2004 from the Norton Internet Security 2004 program. I think I might have put Norton System Works 2003 on one of the backup computers, so maybe that registration is interfering with the update. CIO

Note: <888> 07/17/04 Saturday 1:00 A.M.: On Sunday, I put a new CVS toilet tank bleach tablet in the toilet tank. For some reason the one I put in some time ago never really dissolved, but it got lighter and turned into a coral like material. Perhaps the PH in our local water supply has changed. I will have to buy another one when I have time. I am trying to stay up to get back on a later schedule. Since I have a large supply of can goods in the apartment, I really do not need to do that much grocery shopping. However, I need to reserve funds for my trip to Kennebunkport, Maine and also in August, I will probably have to pay my General Electric maintenance contract on my General Electric Profile 15,500 BTU air conditioner which remote control, which contract expires on September 11, 2004 and the annual cost is about \$73. Since I tend to be use to cooler climate conditions, I need the cooler air in my apartment during the summer, particularly since I run the computer equipment here. CIO

Note: <888> 07/17/04 Saturday 12:05 A.M.: I went to www.outletpc.com, and I ordered five USB 2.0 ten foot cables for \$1.99 each <http://store.yahoo.com/outletpc/c0229.html> and a D-Link 3 Port USB Hub 10/100 Ethernet Adaptor Combo for \$12.54 <http://store.yahoo.com/outletpc/c4615.html> plus \$7.58 UPS ground shipping from Las Vegas, Nevada for \$30.07 total. I will be able to use the USB Ethernet HUB to power my LAN connection without having to use the onboard motherboard LAN connection, which I do not like doing, although it does work. I worry it might quit working like my

onboard motherboard USB. I also will have extra USB devices. I guess with the extra USB ports, I can put one of my four port USB devices with the Dell backup computer. I will also have extra USB cables. The 50X CD drive that I took out of the primary computer yesterday is in the box that the DVD/CD player came with. For now I will leave the possibly defective 58X CD in my Dell backup computer, since possibly the problem with it might have been the HDMA now reduced to PIO mode setting on my hard drives on the primary computer. I do not think there is any point in having two CD players in the Dell backup computer, but I have not tested it yet. CIO

Note: <888> 07/16/04 Friday 11:35 P.M.: I relaxed a bit. I received back in my Bank of New York MasterCard debit account the funds from the first order at <http://www.smokemcheapcigarettes.com/> that was cancelled this month. I also received notification that my current order should arrive by Priority Mail in 8 business days or less. I guess the opened up the Canadian border again to cigarettes from Canada. I am still am confused how the manage to grow tobacco up in Canada. Maybe the import tobacco from some other place like Cuba and package it in Canada. If the Seneca cigarettes are Cuban tobacco, it would explain why they are very good cigarettes at a reasonable price. I still for health reasons will have to quit smoking some time in the near future. Possibly I will try to quit smoking after all the excitement of the Republican convention and the area begins to quiet down after Labor Day. I generally spend a few days relaxing in bed to try to quit smoking cigarettes.

End of Scott's Notes week of 07/16/04:

Note: <888> 07/16/04 Friday 7:55 P.M.: I went outside briefly, and I chatted with a neighbor. I will now send out my weekly notes. CIO

Note: <888> 07/16/04 Friday 7:10 P.M.: I went out after the last message. I went by the Greenwich Hospital Thrift Shop. I bought a French copper fish sauté frying pan that is oval shaped for frying about two trout or other similar fish. It cost \$5. I chatted with a veterans relative that inquired about where one could buy a flag for a veterans cemetery plot. I told the veteran's relative that the Greenwich Hardware store sells those flags. I next went downtown during the sidewalk sales, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I stopped by CVS, and I picked up a prescription. I next drove down by the waterfront. I returned home. I drank some iced tea. I cleaned the copper fish fry pan with a soft scouring pad and dishwashing soap, so as not to scratch the tin on the inside. I hung it on the kitchen wall just to the right as one enters the kitchen. I did not have any OOK hooks, so I used a standard screw. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I used all of the usual ingredients, but instead of tuna fish I used a tin of sardines that I chopped. I also did not use homemade hummus www.geocities.com/mikelscott/hummus.htm , since I have not got around to making it yet. I had the salad with a glass of iced tea. CIO

Note: <888> 07/16/04 Friday 12:15 P.M.: After the last message this morning, I restored some more personal files to the My Documents folder including my telephone dialing list, which I put an icon on the Desktop for. I went to bed about 1:30 A.M., and I

was awake at 6 A.M.. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went outside briefly. I did my house cleaning and watering the plants. I chatted with a relative while doing house cleaning. The relative might have a DLC-7 Cuisine Art food processor in another house which the whisk attachment is made to work with, so I will take it up to Maine when I go up there in a week and a half. I had the bag break in my Hoover upright vacuum cleaner, so a small bit of dust was released into the apartment, which I cleaned up. I put a new bag in the Hoover upright vacuum cleaner. I have three Glade plug in scent devices in the apartment. One is above the kitchen counter, another is behind the Panasonic television in the kitchen, and the third is plugged into the wall behind the Minolta QMS PagePro 1250W laser printer. I refilled all three with a 50% - 50% mixture of English Leather cologne and 91% Isopropyl alcohol, which should work. I have a small perfume funnel on the Danish bar that I use to fill the refills. I use a small screw driver to pry off the lids. I threw out an empty refill since the wick on it was broken. I also put a mixture of two dozen drops of liquid plant food with water in to my three house plants for a little nourishment. I will now shut down the computer, I will now eat a peanut butter sandwich with iced tea. I will then clean up, and I will go out. CIO

Note: <888> 07/16/04 Friday 12:30 A.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 07/15/04 Thursday 11:55 P.M.: I will now install <http://tropicdesigns.net/weatherpulse.php>, and don't forget to look at <http://www.w3.weather.com/weather/local/06830>. CIO

Note: <888> 07/15/04 Thursday 11:20 P.M.: I am microwaving a bag of ACT II popcorn, which I will eat shortly with iced tea. CIO

Note: <888> 07/15/04 Thursday 11:10 P.M.: This current satellite photo, if I am not mistaken is called a Bermuda High [NRL Monterey Satellite Photos](#)

Note: <888> 07/15/04 Thursday 11:05 P.M.: These links from my notes a couple of weeks ago are still important [NRL Monterey Satellite Photos](#) from the experts at [NRL Monterey Tropical Images](#) and [NRL Monterey Weather Satellite Products, Images & Movies](#) and [Naval Research Laboratory Monterey](#) and don't forget www.geocities.com/mikelscott/weather.htm and for the final authority in these matters try www.nhc.noaa.gov and [Hurricanes, Typhoons and Tropical Cyclones Page by the Naval Research Laboratory](#). [Forecast tracks and satellite photos of current and archived storms by the Naval Research Laboratory \(NRL\) Monterey.](#) and [NRL Monterey Weather Satellite Products, Images & Movies](#). CIO

Note: <888> 07/15/04 Thursday 10:20 P.M.: I installed the PowerDVD XP program that came with the DVD/CD player. I then installed the Creative drivers and programs available for my SoundBlaster Live sound card. There do not seem to be any problems with the computer. Since I do not have an available DVD disk in the apartment, I have not been able to see how the DVD player works on my computer. When I do my house

cleaning tomorrow, I will look for the Microsoft presentation DVD disk that I once had here that I now can not seem to find. I now have 9.15 gigabytes of free space on the C: drive. I also took the Y adaptor off the sound card microphone port, and I plugged the Andrea Electronics microphone with adaptor directly into the port, so it sounds better without static. I put the "Sounds and Audio Devices" icon on the desktop, and I currently have it set up to play the Plantronics DSP 500 headset, since I do not use the SoundBlaster Live card very often anymore, since all of my computer speakers disturb my neighbors. Also I concentrate better in the quiet. CIO

Note: <888> 07/15/04 Thursday 7:55 P.M.: The computer is running just fine. I ate a peanut butter sandwich with a glass of iced tea. I went outside briefly. I can not seem to find the Microsoft DVD presentation disk, but I am sure it is around here somewhere. I recall Microsoft sent it to me about a year ago. I use to have it sitting on my TEAC DVD player, but now I can not seem to find it in my CD collection. I think I had it in a CD jewel case. CIO

Note: <888> 07/15/04 Thursday 7:15 P.M.: I went out after the last message, and I went by the Greenwich Hospital Thrift Shop. Housewares were 50% off, so I bought a Cuisinart DLC-055 Made in Japan Whisk Attachment for Cuisinart DLC-7 series processor for \$1.75. I then made my 3 P.M. appointment. I returned home about 3:45 P.M., and I sat outside. UPS arrived with my package from www.outletpc.com at 4 P.M.. They usually arrive around here at 4 P.M., so I guess we are at the end of their route. Of course back in the good old days when UPS had their headquarters across the street, I guess we were the beginning of their route. UPS use to be a private company, but once they moved to Atlanta, they started offering employee profit sharing, and it is a very profitable company. I believe the Anney Casey foundation is still in Greenwich, Connecticut, or the last time I looked about seven years ago, they were. I opened up the package. I put the ten 14 foot LAN cables and the six 25 foot LAN cables in their packages on the floor underneath the maple side table by the end of the blue sofa. Thus they are ready for use with the HUBs in the apartment should an emergency occur. I have a 8 port hub, a 4 port hub, and a 4 port router, so they could come in handy, and technically, I could have a bunch of people working off my cable modem with their laptops off the hubs if I used the cables to put the hubs in the hallway. I also have a 50 foot LAN cable stretched through the apartment ceiling for the four port hub in the bedroom. I also have seven other eight to ten foot LAN cables with my existing setup. At the moment, we have no emergencies, just the Greenwich Sidewalk sales are going on, so lots of shoppers are shopping downtown. I next installed the 16X DVD and 48X CD Norcent www.norcent.com internal player with Smart-Burn technology, but it is not a DVD burner, but it does access all DVD and CD formats. Its model number is DR166. I bought it for \$15.99 and the 14 foot cables were .99 apiece, and the 25 foot cables were \$2.25 apiece, and I also got another four port USB hub for \$4.89 that I installed off the second USB PCI card slot, and both USB hubs are on the right side of the CPU case on the table that the CPU case sits on and UPS shipping was \$9.39 for \$53.67 that I have already paid for when I ordered them. I went to install the software that came with the DVD player called PowerDVD XP by Cyberlink. However, it uses the Adobe Acrobat reader to read its manual, so I downloaded it from www.adobe.com and when I went to

install the Adobe reader the system froze. I began to think about what the problem might be. I tried changing my IDE drivers from VIA to Microsoft, and I changed some of my CMOS setting that relate to the hard drives, and that did not help. I have a two year old 20 gigabyte Maxtor hard drive and a three year old 20 gigabyte Maxtor hard drive, and although the VIA drivers recognize their UDMA capable settings, the drive IDE would freeze at the higher speed, so I switched them to PIO mode, and that solves the installation problem that I got at the higher speed. I will leave them at that setting, since I do not like the system freezing. Thus the computer hard drives will be a bit slower, but they should last longer, and the over system will be more stable. I thus have the Adobe Acrobat Reader installed. The DVD player was recognized plug and play. I looked for a Microsoft DVD presentation disk that I use to have by my TEAC DVD player for video, and I can not find it to test the new computer DVD player. I will now install the DVD software. I also still have to install the Creative drivers for my Creative MP3+ Live sound card, since they come with sound card programs and devices settings that the XP default drivers do not have. With the PIO setting on the IDE hard drives, Disk Cleanup on the C: drive now works, and I have 10.441 gigabytes of hard drive space on the C: drive. The Cuisinart Whisk attachment does not work with my Cuisinart Classic model, but I think I have a relative with the DLC-7 model. Cuisinart also use to have U.S.A. offices in Greenwich, but I am not sure that is still the case or not. I also switched the computer to boot from AGP instead of PCI, but once it boots, it is still the same setup, but the Windows XP boot up in on the Sony monitor at the center, and the icons are still on the left monitor that is PCI. CIO

Note: <888> 07/15/04 Thursday 1:50 P.M.: I have a 3 P.M. appointment, so I will now go back out. I will come back directly after my 3 P.M. appointment to wait for UPS. I have a note for the UPS delivery man on the front door downstairs. CIO

Note: <888> 07/15/04 Thursday 1:20 P.M.: I went out after the last message. I went by the Arnold bread outlet, and I bought a loaf of oat bread for .99 and a 5.5 ounce box of Arnold large cut Zesty Italian croutons for .99 for \$1.98 total. I then drove down by the waterfront on Steamboat Road, the Greenwich of Department of Public works was doing some cleanup work down there including cutting down the overgrown Kudzu along the wire fence at the Indian Harbor Yacht Club. They told me they had found a lot of discarded needles down there. I then went over to Tod's Point, and I chatted with a local businessman that rent Port O Potties over at the Four Winds farm in North Tarrytown, New York. I did not take the walk around Tod's Point, because the weather looked like it might be changing. I then returned home. My UPS package still has not arrived. I ate a peanut butter sandwich with a glass of iced. I sat for a while. The computer is running just fine. CIO

Note: <888> 07/15/04 Thursday 8:45 A.M.: I finished running Norton Speed Disk. I chatted with a neighbor outside while it finished running. I will now shut down the computer, and I will go out. The computer is running as well as it ever has. It is running just fine. CIO

Note: <888> 07/15/04 Thursday 7:40 A.M.: I chatted with a friend. My friend is driving me up on Tuesday July 27, 2004 to visit with a relative in Kennebunkport, Maine <http://www.geocities.com/mikelscott/137.htm> until Friday morning July 30, when we will drive down. We will use his station wagon to take the day bed from my apartment up to Kennebunkport, Maine. I have the USB 32 meg. pen drive attached to the right rear USB port on the Sony monitor for backup of my Microsoft Money 2002 file. After I installed the Real programs and their updates, I installed Optimum Online Rhapsody music program. I installed Ad-aware 6.0, and I ran it. I went outside briefly. I installed Microsoft Home Publisher Deluxe 2000. I did a System Restore backup. I ran Norton Win Doctor. I have 9.79 gigabytes of hard drive space on the 20 gigabyte C: drive. I will now run Norton Speed Disk. I basically have the computer reconfigured and running just fine. I could always order a USB LAN adaptor for about \$10 from www.outletpc.com when I have the funds and maybe some more USB cables. If I used a USB LAN adaptor, I would not have to use the motherboard LAN. I will go out after I run Norton Speed Disk. I will put a note on the front door of the building to have the UPS delivery man have a neighbor sign for my package and leave it at my door. However, since I have a 3 P.M. appointment today, I might not be here later. However, UPS usually comes after 4 P.M.. CIO

Note: <888> 07/15/04 Thursday 6:30 A.M.: I ate breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I went outside briefly. I will now install the Basic free Real Player and the Real Games program. CIO

Note: <888> 07/15/04 Thursday 5:20 A.M.: I went to bed after the last message. I chatted with a relative. I microwaved and ate a bag of ACT II popcorn with some iced tea. I went back to bed. I was up at 4:45 A.M. this morning. I put Ccleaner on the computer, and I ran it. I checked Microsoft's web site, and "msocache" contains about 250 megs of files that Microsoft Office uses to repair itself without asking for the CD. If one deleted them, one would have to use the CD when ever one repairs it which is one of the menu options. I can do a C: drive cleanup with Norton Fast and Clean or CCleaner. I can also delete the System Restore backups with Disk Cleanup on the D: drive. Since I have enough free space, I will not worry about it. CIO

Note: <888> 07/14/04 Wednesday 7:50 P.M.: I installed the tweak for disk cleanup, so it works faster. However, disk cleanup freezes the computer when it scans the Office 2003 setup files. I looked at Microsoft technical support, and they say the files are located in a folder called "msocache", but when I search for that folder the system froze again. The problem is supposedly caused by a corrupted file. Whatever, the case at the moment, I can not figure out the solution. I did run Norton Disk Doctor and Norton WinDoctor. I was able to delete the old System restore backup files in a Safe Boot. I now have 10.4 gigabytes of free space on the C: drive. I think I would free up more space, if I could delete the Office Setup files and get Disk Cleanup working again. I can not find the solution on the internet other than the Disk Cleanup tweak. Well, the system is still running much better, and I am basically just tweaking the system a bit. I did install the Microsoft wireless wheel mouse Intellipoint driver. Well, I am tired, and I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 07/14/04 Wednesday 6:40 P.M.: The UPS package that was scheduled to arrive today never arrived. I guess it will be here tomorrow, but I have a 3 P.M. appointment tomorrow. I finished installing the Microsoft Outlook 2003 programs and their updates. I enabled the cable modem network which is 12 meg, and the onboard LAN network is up to a 100 meg. I ate a 18.8 ounce can of Campbell's Select New England clam chowder with a couple of dozen croutons and a glass of iced tea. It seems like it might rain soon. CIO

Note: <888> 07/14/04 Wednesday 4:20 P.M.: I installed Microsoft Office 2003. I moved my car to its usual parking place. I ate a peanut butter sandwich with a glass of iced tea. I imported my folders that are not system folders from my backups along with my Favorites and my stored files. I put the stored files in My Documents folder. I configured Outlook 2003, and I imported my email addresses and I downloaded my email. I do not think I will import my old saved emails, but I have copies of the ones that I sent in My Documents folder. I have to let Norton Anti Spam 2004 go through its learning process again. I have 7.7 gigabytes of free space on my C: drive, and probably will not install Microsoft Encarta 2002 and National Geographic maps, since I hardly ever used them. I still have to install Microsoft Office OneNote 2003, Microsoft Business Contact Manager for Microsoft Outlook 2003, Microsoft Home Publisher Premium 2000, the Real Player, and some smaller downloads like Ad-aware 6.0. I disabled in the Networking the second onboard LAN modem connected to the Siemens router which goes at 12 Meg. , which I can quickly enable it I need it for printing through the Siemens printer port. The cable modem USB connection is just as fast. I should be receiving my package from UPS from www.outletpc.com with my computer parts order shortly. I reordered from <http://www.smokemcheapcigarettes.com/> six cartons of Seneca Ultra Light 100s cigarettes for \$11 a carton plus \$1.20 a carton postage via Priority U.S. Mail, for \$73.20 total. Hopefully the \$61 will be put back on my debit account soon. I will now go outside for a break. The computer system is running just fine. CIO

Note: <888> 07/14/04 Wednesday 11:35 A.M.: I checked the mail, and my cigarettes did not come. I just chatted with <http://www.smokemcheapcigarettes.com/> at 1-903-988-8812 , and they explained to me that my \$61 order for five cartons of Seneca Ultra Light 100 cigarettes were held up, because the U.S. customs stopped two semi trucks of Seneca cigarettes at the Canadian border for inspection for a week. They said my \$61 payment has been refunded to my MasterCard Debit card, and I have to replace the order, which I will do shortly. At the moment <http://www.bnyonline.com/> is not working, so I can not transfer money into the account to cover the new order. I have 13 packages of Seneca cigarettes left. CIO

Note: <888> 07/14/04 Wednesday 10:55 A.M.: I took a break, and I went outside. I installed Microsoft Money 2002 and Microsoft Works 2002. I will now go back outside for a break. CIO

Note: <888> 07/14/04 Wednesday 9:00 A.M.: I have the previous mentioned USB devices installed. I connected the Plantronics DSP 500 headset and the Vibra Web Cam to the left back USB ports on the Sony monitor stand. I connected the Visioneer 4400

scanner to the right back USB port on the Sony monitor stand. I have all of their software installed and working just fine. On the Visioneer PaperPort software, one has to install a printer fix that I had already and installed. I installed the EpsonStylus Color 880 printer on the Siemens router printer port. I could not get it to install on a USB port. I configured Netmeeting. I installed Net2Phone. I installed Nero Burning 5.5 plus the update. I installed the HP LaserJet IID and HP LaserJet 6P on the Siemens router printer port. Thus all of my four printers are connected. CIO

Note: <888> 07/14/04 Wednesday 7:30 A.M.: I went outside briefly. I ate breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. Beside having a new install of Windows XP Professional and the SP1 and other updates on my computer, I have installed Norton Internet Security 2004 and Norton System Works 2003. I also have installed the Minolta USB drivers and the Siemens router printer drivers. Also I have Microsoft FrontPage 2002 installed. I will now install the Plantronics DSP 500 USB headset, the Visioneer 4400 USB scanner, the Creative Vibra USB web cam. I will installed the EpsonStylus Color printer on the Siemens port, so it will work off the backup computers' Siemens' ports. I guess if I had another 10 foot USB cable, the Epson printer could also be run off the USB port box. I will now start installing the USB devices and their software. CIO

Note: <888> 07/14/04 Wednesday 6:05 A.M.: I went to bed at 8 P.M., and I chatted with a friend before going to bed. I was up at 4 A.M.. I disabled the onboard USB hubs. I put the 2 Port USB PCI card in my computer, and the USB devices now work. I have the four port hub connected to it, and the Sony monitor hub connected to the four port hub, and I am getting another 4 port hub today. I only have 3 PCI slots with the PCI video card, the Creative Sound Blaster Live MP3+ sound card, and the two port USB PCI card. I took out the LAN card from my computer. I connected directly from the USB hub to my Motorola Surfboard cable modem with a 10 foot USB cable that I had, and I also connected to the Siemens router my onboard LAN, so I now have two onboard connections working fine along with the USB devices, which I will start installing after breakfast. It all seems to be working fine, and at http://reviews.cnet.com/7004-7254_7-0.html?tag=cnetfd.ld, I am currently getting 3035.7 kbps which is pretty dang good. All of the devices installed plug and play. CIO

Note: <888> 07/13/04 Tuesday 6:55 P.M.: I was up at midnight on Sunday, and I tried installing Windows XP SP2 RC2, and the machine failed on installation, and I was not able to get it to boot up to restore the previous setup. This lead to a long series of events of booting and rebooting to no avail. I finally formatted my C: drive. Since the CD player was not working properly on the primary computer, I exchanged it with the one on the Dell computer and visa versa. I tried installing Windows XP on the C: drive, but it would not install. I tried changing CMOS settings to get it to install, and after a long period of trying, I disabled most of the CMOS settings including the processor cache settings, and I was able to get XP to start installing. Once it rebooted on setup, I increased the CMOS processor settings to normal to increase speed. Thus XP installation took about 1.5 hours at the slower speed. I can not figure out why it would not install with the regular settings. I tried removing all my cards and USB devices and that did not

make a difference. I tried restoring my backups onto the C: drive, but the system would not start. I then reinstalled XP again. This was all quite a time consuming process. When I woke up, I ate blueberries, strawberries, with vitamins and supplements, and orange juice. Towards the end of my day about 6 P.M., I ate a Maria Callender chicken pot pie with a glass of iced tea, and I snacked on some corn chips. I chatted with a relative during the day. I went to bed at 8 P.M., and I was up at 2 A.M. on Monday morning. I ate breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, orange juice, and coffee. I tried installing XP SP2 RC2 on the fresh install of XP, but it failed, and I had to reinstall XP again through the same slow process. I then started installing my programs and devices drivers from scratch. I was having a problem with my USB devices not being recognized. I worked on that problem for most of the day to no avail. I made my 4 P.M. appointment. I ate a peanut butter sandwich with iced tea and a bowl of blueberries. I went to bed about 5 P.M., and I was up at midnight on Tuesday morning today. I ate breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I chatted with a friend about 6:30 A.M.. I tried restoring my backup system files from my backups again, and the system would not reboot again. I then reinstalled XP again. I return the CMOS settings back to normal once XP is installed. I suppose whatever the problem is, it might be caused by my two video cards, but I only installed with the AGP video card in the system, and I tried once with the PCI to no avail and the onboard AGP was not any faster. Since my system has been relatively stable for the last 1.5 years that I have had it, I have not tinkered with the system which has a Syntax SV 266M motherboard. Most of this Tuesday morning, I tinkered with the USB port problem. The Microsoft and Via USB 1.0 and 2.0 drivers install without any problem, and they are indicated as working in the devices. However, when I plug in a device it recognizes an unrecognized device, and not the proper device that I am installing. This includes all my USB devices. For lunch today, I had my usual salad www.geocities.com/mikelscott/salad.htm with all of the regular ingredients. For the cheddar cheese portion, I used Land-O-Lakes pepper jack cheese. I had the salad with a glass of iced tea. I have been taking regular breaks including going outside. I have set up some of the programs on the computer, and it is all working fine, but I still have quite a bit of work to do installing and configuring programs and devices. I have just about exhausted all the options on the USB device problem. I think it is a software problem not a hardware problem. I could remove my sound card, and try my USB port card which I have in another backup computer, which I might do tomorrow, but since my onboard USB devices are shown as working properly, I am not sure what the problem is. I have installed the USB device drivers and the Microsoft updates. I will be able to restore my favorites and data and record files eventually. I am quite exhausted, so I will shut down the computer shortly. I will then eat a peanut butter sandwich with a glass of iced tea, and I will go to bed soon. I do not have my Office Suite 2003 Outlook program installed, so I have not been able to look at my email since Saturday. Well, the system is running much better with the clean install, but I do not think I will be trying to install XP SP2 RC2 or the final version, since I will not want to go through this all again. Hopefully, I will figure out the USB port problem, and I have checked all of the CMOS possibilities. I should get the package via UPS from www.outletpc.com tomorrow with the LAN cables, DVD/CD player, and USB port box. I can not track it with the tracking email. Also my order from

<http://www.smokemcheapcigarettes.com/> had not arrived I guess because of last week's holiday. Well, good night. CIO

Note: <888> 07/10/04 Saturday 3:20 P.M.: After a long time after the last message, I was only able to get the computer with XP SP2 RC2 to boot once more. I decided to uninstall it, which I just did, and the computer is back to the way it was before I installed it. I had an earlier beta of XP SP2 RC1 working just fine on the computer before. Possibly when I ran RegSupreme over a week ago which started causing me problems, it might have changed settings so XP SP2 RC2 does not work properly. I have the CMOS set back again to boot PCI also. Well it was basically 12 hours of wasted time, but it was a learning experience. I could try doing a fresh install of XP with the upgrade feature, and that might make XP SP2 RC2 install and work properly, but that will have to wait until some time in the future, or I will just wait until the final release comes out. Possibly the AGP and PCI video cards with the two monitor system is causing the problem. I just microwaved a Stouffer's Lean Cuisine 9 ounce chicken Carbonara dinner, which I ate with a glass of iced tea. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 07/10/04 Saturday 11:45 A.M.: The computer rebooted a second time without any problems. Maybe the problem was the "reboot" from the VIA program in the startup group that one sees when one runs "msconfig". I ran Norton Win Doctor. I reconnected the USB devices. I have the CMOS set to boot AGP instead of PCI. Thus the Sony FD Trinitron 21 inch monitor is the #1 monitor in the front center position, and the CompUSA 19 inch monitor is to the left with all of the icons on it, and I use the Sony for web browsing. The mouse still moves through the monitors from left to right and back. CIO

Note: <888> 07/10/04 Saturday 11:10 A.M.: After the last message, I installed Windows XP SP2 RC2. It installed without any problems, but the computer would not reboot properly. Over the next 7 hours, I tried CMOS settings, unplugging monitors, and disconnecting USB devices. I got it to boot properly in safe mode once, and once regularly. I currently have it booted again for the third time, and at the moment it is running fine, but I probably tried booting it hundreds of times to get to this point. The system once it boots properly runs just fine and is much more responsive. However, at the moment I have the option of uninstalling XP SP2 RC2 or trying to reboot again to see if it now boots properly, which it did not do before. I was able to get it to boot this time by not having the cable modem turned on while it booted. Also the Windows XP SP2 RC2 firewall does not work with the Norton Internet Security 2004 firewall installed. I removed two "reboot" items from my startup menu in MSCONFIG, which might have cause the startup problems. They were put in there, when I reinstalled the VIA AGP, IDE, and USB drivers off my Syntax motherboard CD. Well, I guess after I post this message, I can live dangerously and try to reboot. CIO

Note: <888> 07/10/04 Saturday 3:15 A.M.: Of course Illinois begins with an "I", so maybe some cheap person from Illinois is in charge, and he only bought the encyclopedia that began with "I" to find out more about Illinois. I went out after the last message, and

I went downtown, and I walked the entire length of Greenwich Avenue. I sat out at various locations. I chatted with a maintenance man working on the street sign outside of 3 Pickwick Plaza that says 3 Pickwick Plaza in bronze relief letters. His truck was from South Windsor, Connecticut, and I have a friend who works for the state of New York for the New York State Racing Authority, and the only question he ever asked me about Connecticut is how to get to South Windsor, Connecticut, and since Connecticut is suppose to have more horses per capita than any state in the United States, I guess there are still equestrian types and horses in Connecticut. I thought I heard a horse whinny when I went outside this evening which would be unusual for this area. After I finished my walk, I sat out downtown for a while. I then drove down by the waterfront. I then went by the Food Emporium. Their weekly sales begin at midnight on Saturday morning, so although the sale items are not yet marked in the aisles, they are still on sale. I bought a 48 ounce container of Quaker old fashioned oatmeal for \$3.99 and a pint of Haagen-Dazs <http://www.haagendazs.com/> coffee yogurt ice cream for \$1.99 and a pint of Haagen-Dazs raspberry sorbet ice cream for \$1.99 for \$7.97 total. I then returned home. When one has ice cream that is very hard from the freezer, one can put a cup of water in the microwave oven in a microwave proof container and heat it on beverage heat, and then one can place the metal ice cream scoop or large metal spoon in the heated water to make it easier to get out of the container. I ate two scoops of Ben and Jerry's butter pecan ice cream finishing off the container. CIO

Note: <888> 07/10/04 Saturday 12:25 A.M.: I put away the laundry. I ate a peanut butter sandwich with iced tea. On my current viewpoint of the world situation as I have said many times before, it is like the governments and the media are stuck on the I countries like Iraq, Italy, Iran, Israel, Ireland, Indonesia, Iceland, IBM, Internet, and so forth. If one looks at an encyclopedia there are plenty of other countries that start with other letters. I have about a 1960 edition of the World Book Encyclopedias that I bought at the Merry Go Round Mews thrift shop a number of years ago for \$20 that seems to have more real information than I see on the internet. Also I have a set of the American Encyclopedias from around 1970 underneath the French reproduction sitting chair at my apartment entrance that I bought from the Greenwich Library for .50 a book, and they happen to be missing the "I" volume, so maybe our so called experts are only have that "I" volume for reference. So much for chit chat, I will now shut down the computer, and I will go downtown. CIO

Note: <888> 07/09/04 Friday 11:35 P.M.: [VOANews.com](http://www.voanews.com) [Powerful October Blast from Sun Scorches Solar System](http://www.voanews.com) . CIO

Note: <888> 07/09/04 Friday 11:25 P.M.: I showered and cleaned up. I have 15 minutes to go on the dry cycle of the laundry. Along with the pottery bowl with the homemade candle on the pine table at the left side of the bathroom entrance, I put a rose ceramic candle holder made by the Old Harbor Candle company from Hyannisport, Massachusetts. I have a candle in it too. I have so many different items around the apartment from all my ventures into the thrifts shops over the years that the best thrift shop is my own apartment. CIO

Note: <888> 07/09/04 Friday 10:55 P.M.: I have 45 minutes to go on the dry cycle. I drank a glass of orange juice with vitamins and supplements. I will now shower and clean up. CIO

Note: <888> 07/09/04 Friday 10:40 P.M.: I removed the tops of ten medium large strawberries, and I quartered them lengthwise, and I rinsed them in a wire strainer underneath cold water, and I also rinsed 1/3 of a pint of blue berries, and I mixed them together, and I ate them with iced tea. I chatted with a relative. I started two loads of laundry, and I have three minutes to go on the wash cycle. I put clean linens on the bed in the bedroom. CIO

Note: <888> 07/09/04 Friday 8:50 P.M.: I just woke up. CIO

Note: <888> 07/09/04 Friday 1:00 P.M.: I went out after the last message, and I chatted with a neighbor. I then drove over to Tod's Point in Old Greenwich, and I took the 2.5 mile walk around Tod's Point, and I sat out for a while at the southwest picnic area. I then went by Staples, and they do not have the clearance section anymore. I next went by the Greenwich Hospital Thrift shop, and with my debit card, I bought a four gallon stainless steel cauldron or pot with lid for \$12 and a 17.5 inch square pine pedestal table with drawer and spindle legs for \$10 for \$22 total. I then returned home. I put the stainless steel cauldron or pot on top of the Farberware convection oven on top of the refrigerator. I used lemon oil, and I polished the pine table. I put it just to the left as one enters the bathroom. Once the lemon oil dries, I will put a ceramic dish with handmade candle on it and maybe some other items. I cleaned out all the empty spray bottles and other plastic bottles from underneath the kitchen sink, and I organized the remaining items underneath the kitchen sink. I threw out the plastic spray bottles. I vacuumed the apartment. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . For the cheddar cheese portion, I used Land-O-Lakes Monterey Jack cheese. I had the salad with a glass of iced tea. I will now take a nap, and I will shut down the computer. CIO

Note: <888> 07/09/04 Friday 6:35 A.M.: I was up at 4 A.M., and I had breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I did my house cleaning and watering the plants. I will vacuum later, when I will not disturb my neighbors. While doing house cleaning, I did a C: drive to D: drive backup in seven parts of the computer. I then ran RegClean. The order from www.outletpc.com with the DVD/CD drive, 10 fourteen foot LAN cables, and 6 twenty five foot LAN cables, and the USB 4 port device with arrive next Wednesday July 14 according to UPS www.ups.com tracking. I will now shut down the computer, and I will clean up, and I will go out. CIO

Note: <888> 07/08/04 Thursday 6:45 P.M.: I went through my email. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 07/08/04 Thursday 5:50 P.M.: I changed a setting to enable Ultra DMS for the secondary IDE channel in the hardware settings, so at the moment the 58X CD player seems to work. I uninstalled the Minolta QMS 1250W laser printer and rebooted, and it

installed plug and play. One has to have it plugged into the lower front USB 2.0 port not the upper USB 2.0 port which has the USB port box plugged into it. I am microwaving a Maria Callender 12 ounce boneless breast of turkey dinner, which I will eat soon with a glass of iced tea. CIO

Note: <888> 07/08/04 Thursday 5:10 P.M.: I went out after the last message. I made my 3 P.M. appointment. I went by the Greenwich Hospital Thrift Shop. I chatted with a regular customer there. I then sat out briefly downtown. I saw the Tibetan monks at the Senior and Arts center enjoying the weather. I then went by the Arnold bread outlet, and I bought two 5.5 ounces boxes of Arnold Zesty Italian larger cut croutons for .99 and a loaf of Arnold oatmeal low carb bread for .99 for \$2.97 total. I then returned home, and I drank some iced tea. CIO

Note: <888> 07/08/04 Thursday 2:05 P.M.: I had breakfast of oatmeal, toast with strawberry preserves, orange juice, and coffee. I ran Norton Antivirus 2004 while having breakfast. I will now shut down the computer, and I will clean up, and I will go out for my 3 P.M. appointment. CIO

Note: <888> 07/08/04 Thursday 11:50 A.M.: I had a telephone call from a relative at 10:30 A.M., which woke me up. I ran "bootvis" to decrease the boot time. Yesterday, when I had the computer case opened, I put in a new lithium #2032 CMOS battery. CIO

Note: <888> 07/08/04 Thursday 8:25 A.M.: I installed the Windows XP updates. The system froze during the process, and I reinstalled the Microsoft Intellipoint mouse 5.0 driver, and that seemed to solved the problem. I chatted with a neighbor outside while installing the updates. I just threw out the 18 inch tall stack of computer technical magazines, since I do not have the time to read the old issues. I ran Norton Win Doctor. The computer is running just fine as far as I can tell. It does seem to take longer to boot up, but in a week when I run Norton Speed Disk, it will probably boot faster. I will now shut down the computer. I will go to bed until 12:30 P.M., when I will get up to get ready for a 3 P.M. appointment. CIO

Note: <888> 07/08/04 Thursday 6:20 A.M.: I finished installing XP SP1A, and it fixed the problem that I had with Microsoft Office Suite 2003 not starting, so it works fine now. Also the NVIDIA program loaded, so it is still working on the computer. I will now eat a piece of apple pie with iced tea. The computer is running just fine, and even better, since I refreshed the system. I will now run Norton Win Doctor. CIO

Note: <888> 07/08/04 Thursday 5:25 A.M.: I checked with the Microsoft Knowledge base, and it said the Office Suite 2003 has that problem when one has not rebooted after installing XP SP1A, since I had not installed SP1A yet, I downloaded, and I will now install it, and see if that fixes the Office Suite 2003 problem. CIO

Note: <888> 07/08/04 Thursday 5:05 A.M.: I tried installing XP SP2 RC2, but it froze. I was able to uninstall it when the computer rebooted by selecting the monitor initial boot as AGP instead of PCI where it would freeze. I then when the computer rebooted

uninstalled XP SP2 RC2. When the system rebooted after that, my monitors were out of left right alignment, and I fixed this problem by uninstalling the AGP card drive, and booting with video init of PCI, and then rebooting, and the monitors are now left #1 right center #2. My Microsoft Office Suite 2003 programs are not working, so I will now have to work on that. I could do a restore from my backup last Saturday, but the current system seems more stable, so I will try to fix Microsoft Office Suite 2003. Also I need to install the Nvidia program, if I want the television to work as a third monitor. CIO

Note: <888> 07/08/04 Thursday 1:20 A.M.: I sorted out the computer technical magazines on the magazine rack at the right side of the day bed. If I do not get around to looking at the 18 inch tall stack of computer technical magazines soon, I might throw them out. I went through the last three weeks of the Greenwich Post and the Greenwich Citizen. I threw out them out. I finished running Norton Speed Disk on the C: drive. The computer seems a little bit slower booting than before. I do not want to take the chance of putting XP SP2 RC2 on the computer until the final version comes out. The computer is running just fine. I have a 3 P.M. appointment today, so I will probably work on the computer this morning and then rest. I will now go through my email. CIO

Note: <888> 07/07/04 Wednesday 11:40 P.M.: I had a call from a friend at 7:30 P.M.. I was up at 10:30 P.M.. I will eat breakfast of blueberries and strawberries, orange juice, vitamins, and supplements. I installed the Creative Live sound drivers and programs. I tried running the AT&T CD lens cleaner on the 58X CD player, but I guess the player is defective, and it froze the computer. Thus one should not use it, until I replace it with the DVD/CD player next week. I ran the lens cleaner on the CD/RW player without any problem. I will now run Norton Speed Disk on the C: drive. I will stay in and read periodical and technology literature while Norton Speed Disk runs on the C: drive. CIO

Note: <888> 07/07/04 Wednesday 4:05 P.M.: I have all of the Windows XP updates installed except XP SP2 RC2, which I might install at a later time. I will now shut down the computer, and I will go to bed directly. CIO

Note: <888> 07/07/04 Wednesday 2:45 P.M.: I installed Windows XP SP2 RC2, but the system would not boot. After a lengthy period of troubleshooting, I discovered my CD player was defective, so it produced a faulty install. I used my CD/RW player, and I reinstalled Windows XP with the restore function, and it booted properly. I did some minor configurations, and the system is back up and running fine. I now have to install the updates. I will not try to install Windows XP SP2 RC2. I guess it is just as well that I ordered the new DVD CD player. I reheated the remaining spaghetti noodles and sauce, and I added some grated parmesan cheese, and I ate it around 11 A.M. with some iced tea. CIO

Note: <888> 07/07/04 Wednesday 4:05 A.M.: I went to www.outletpc.com, and I ordered a Norcent 16X read for DVD and 48X read for CD media drive for \$15.99 <http://www.outletpc.com/c1231.html>, 10 fourteen foot RJ45 Cat5 Ethernet network cables for .99 each <http://www.outletpc.com/c0289.html>, six 25 foot RJ45 Cat5 Ethernet cables for \$2.25 each <http://www.outletpc.com/c0293.html>, one 4 port USB 114 mini

USB hub for \$4.89 <http://www.outletpc.com/c4607.html> plus \$9.39 United Parcel ground service shipping for \$53.67 total. Once I receive them, I will be able to play DVD disks on my computer, and I will also have enough cables in an emergency to use the Ethernet hubs for multiple users. I had the computer freeze a couple of times, so I turned the air conditioner down to 70 degrees Fahrenheit from 72 degrees Fahrenheit, so maybe the problem will not occur with a cooler room. However, I think the problem might be caused from when I used RegSupreme which might have changed a system setting. To try to fix the problem, since I have already removed previous backups of System Restore, I am going to install Windows XP beta SP2 RC2 to see if it eliminates the problem. I will have to uninstall it once the final release comes out. CIO

Note: <888> 07/07/04 Wednesday 2:50 A.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I used all of the regular ingredients, and for the cheddar cheese portion, I used Land-O-Lakes Monterey Jack cheese. I had the salad with a glass of iced tea. CIO

Note: <888> 07/07/04 Wednesday 1:15 A.M.: I was up at 4 P.M., and I had breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I checked the mail. I went back to sleep until 10:30 P.M., when I chatted with a relative. I cleaned up, and I went out. I walked the entire length of Greenwich Avenue, and I sat out at various locations. It was not too busy this evening, and they had live music at the Thataway cafe as I strolled by. I drove down by the waterfront. I just now returned home, and I drank some iced tea. I received in the mail, a 8 inch by 10 inch photograph of President George W. Bush and his wife First Lady Laura Bush. I put it in the frame where I had just the picture of President Bush, which hangs above the magazine rack at the right side of the day bed beneath the photograph of Queen Elizabeth, President Bush and First Lady Laura Bush with the picture of Abraham Lincoln to the left of the other two pictures. I made a campaign contribution of \$5 to the Republican National Committee online at www.gop.com/victory2004/ . This is to support other republican candidates in the general election this November. I used my Bank of New MasterCard debit card to make the donation. CIO

Note: <888> 07/06/04 Tuesday 9:45 A.M.: I sorted the programs in my start menu into subfolders. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 07/06/04 Tuesday 8:55 A.M.: I went out after the last message. I drove down by the waterfront in central Greenwich. I then went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I used the bathroom at Starbucks coffee shop. I then sat out for a while down by the waterfront, and I chatted with one of the regular fishermen. I then went back downtown, and I sat out for a while. I used the bathroom again at Starbucks. I then went to the Stop and Shop, and I bought a 10 ounce box of fresh mushrooms for \$2.29, a 3 pound bag of onions for \$2.79, a 16 ounce bag of baby carrots for \$1.50, fresh broccoli crowns at \$1.99 a pound for \$2.23, a 10 ounce bag of fresh spinach for \$1.99, two pints of fresh blueberries for \$1.50 each pint for \$13.80 total. I then returned home, and I drank some iced tea, and I put away my purchases. I then microwaved a Weight Watchers Smart Ones 9 ounce grilled

garlic chicken dinner, and I ate it with a glass of iced tea, and then I ate a small piece of apple pie. CIO

Note: <888> 07/06/04 Tuesday 4:05 A.M.: I ate the ice cream and strawberries. Specifically, the sound settings on my Plantronics headset were changed when I returned from Kennebunkport, Maine, which would indicate to me that somebody was chatting on the internet with my computer. Whomever, the mysterious individual is, he or she must be very clever like Spiderman. Whatever, the case since I smoke cigarettes, the smoke from cigarettes and the nicotine in my blood tend to keep mosquitoes away. I will now go back outside for a while. I will put the computer on standby. I did raised the air conditioner setting from 70 degrees Fahrenheit to 72 degrees Fahrenheit, so maybe with the warmer apartment, the computer is warmer. CIO

Note: <888> 07/06/04 Tuesday 3:45 A.M.: Mosquito magnet web site <http://www.mosquitomagnet.com/> and [CNN.com Specials West Nile Mosquito Virus](http://www.cnn.com/Specials/WestNileMosquitoVirus/). CIO

Note: <888> 07/06/04 Tuesday 3:30 A.M.: I am letting the ice cream soften, so it will be creamier with the strawberries. I still have another quart of fresh strawberries. Since I started the computer this morning, it has frozen up three times when I ran a *.bat file that opens the DOS prompt. I had to restart each time, but it does not do it every time I open the DOS prompt or run the *.bat file. It is most curious that it would happen. I did detect that some sound settings had changed on my computer while I was away two weeks ago as if someone were tampering with it. However, it is the nature of a cable modem despite my three firewalls that it is open to tampering from anywhere in the world. I suppose with the children out of school locally they could also be practicing their hacking skills. Whatever, the case I will have to remind individuals whom use Optimum Online, that Optimum does monitor such hacking attacks, so if they are local they will be caught sooner or later and have their optimum service terminated. CIO

Note: <888> 07/06/04 Tuesday 3:15 A.M.: The Queen Mary II was here this past weekend <http://www.qm2.org.uk/itinerary.html> and they will be back on July 28. I cut off the tops of 17 medium to medium large strawberries, and I split them lengthwise into quarters, and I rinsed them in a wire strainer underneath cold water. I put in a bowl one large ice cream scoop of Ben and Jerry's butter pecan ice cream, and I covered it with the strawberries. I will eat it all with a glass of iced tea shortly. CIO

Note: <888> 07/06/04 Tuesday 2:15 A.M.: One can order a .750 liter bottle of Balmoral 15 year old whisky over the internet for 30 British pounds and 17 British pounds air freight to the United States [Balmoral Castle 15 year old Scotch whisky](#) , but if they thought you had that type of money, they might bring it personally and start charging to you name at one of the local clubs. Of course the British and the Scottish generally save the whisky for the colder winter months [Climate of England / Britain and Scotland](#) . CIO

Note: <888> 07/06/04 Tuesday 1:55 A.M.: I went through my email. I noticed on a sign posted downtown that the Cambridge University Choir was at Christ Church locally on

Saturday July 3, so I guess we had some limey visitors. At the moment, it does not seem like they are around, unless they are saying their prayers or meditating. I suppose with all of the people away, this area seems pretty slow, but from past experience the first three weeks of August are usually slower, when more people are away. However this week during the last week of August and the first couple days of September before Labor Day, New York city will host the Republican convention, so maybe some fat cat republicans will come out here and spend some wampum. At the moment, not much is going on after a holiday. I suppose one could go to the Glory Days diner and have a cup of coffee, but they generally prefer one to order and pay for a whole meal. I also suppose the teenagers that spend time around the diner late at night might be put off by having adults invade their turf. Since my apartment is cool and comfortable with the General Electric Profile 15,500 BTU air conditioner with remote control, I do not feel like moon watching this morning. However, if one needs an air conditioner, Wal-Mart at two locations in Norwalk, Connecticut or Route 7 on the Wilton border and on U.S. 1 west of downtown Norwalk was selling General Electric 5,000 BTU air conditioner for \$77 plus tax and I suppose for about \$129 plus tax, one could get a 10,000 BTU model. I also noticed at Home Depot in Port Chester, New York that they sell Maytag 15,000 BTU air conditioners for \$359 plus tax, and they also have 10,000 BTU and 5,000 BTU models. Also Costco locally in Port Chester, New York sells a Panasonic 10,000 BTU air conditioner for \$219 plus tax and a Carrier 10,000 BTU air conditioner for \$229 plus tax. Thus I guess with the warmer weather summer has finally arrived. The current temperature is 74 degrees Fahrenheit <http://www.weather.com/weather/local/06830> , so it is not exactly hot yet, but it goes up into the 80s during the day. I suppose the British Royal family are up in Balmoral castle <http://www.balmoralcastle.com/> , where it is cooler <http://www.bbc.co.uk/weather/ukweather/scotland/index.shtml> , so I guess the British and Scottish being frugal do not have to buy air conditioners in their cooler weather and would probably settle for a cool frosty ale. CIO

Note: <888> 07/06/04 Tuesday 1:20 A.M.: After dinner, I took two of the three ounce Stop and Shop parmesan and Romano grated cheese containers, and I cut off their tops, and I transferred their contents to the larger 8 ounce Stop and Shop grated parmesan cheese container which is easier to pour from. CIO

Note: <888> 07/06/04 Tuesday 12:55 A.M.: I am boiling four quarts of water in a Revere pot in which I added a teaspoon of olive oil and a few pinches of salt. I will boil a 16 ounce package of Stop and Shop vermicelli for six minutes. I will eat half and refrigerate half in a Rubbermaid container. I will reheat in the microwave oven in a microwave proof container half of a 26 ounce jar of Classico four cheese tomato sauce. I will refrigerate the other half. I will put the tomato sauce on the vermicelli and I will cover it with about 2.5 tablespoons of grated parmesan cheese, and I will eat it all with a glass of iced tea. CIO

Note: <888> 07/05/04 Monday 11:55 P.M.: I was up at 4 P.M., and I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went back to bed until 9 P.M.. I cleaned up, and I went out. Both the Food Emporium and the Stop and Shop are closed. I drove down by the waterfront. I then walked the

entire length of Greenwich Avenue, and I sat out at various locations. I then drove down by the waterfront, and I just now returned home, and I drank some iced tea. CIO

Note: <888> 07/05/04 Monday 4:50 A.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 07/05/04 Monday 4:45 A.M.: [BW Online | November 4, 2003 | The Many Shapes of Tomorrow's PC](#) . CIO

Note: <888> 07/05/04 Monday 4:30 A.M.: I went ate six pieces .25 inch by 1.5 inch by 1.25 inch of Land-O-Lakes Pepper Jack cheese with some iced tea. CIO

Note: <888> 07/05/04 Monday 3:50 A.M.: I went through some more computer hardware web sites. I went through my email. The computer hardware web sites that I looked at are www.tigerdirect.com , <http://infinityimaging.com/> , <http://www.compuforms.com/> , <http://www.nextag.com/> , <http://www.directron.com/> , <http://geek.pricegrabber.com/> , <http://www.globalcomputer.com/> , <http://www.hmcomp.com/> , <http://www.myinks.com/> , <http://www.lasertonerstore.com/asp/home/home.asp> , <http://store.yahoo.com/outletpc/> , <http://www.gotoforms.com/> , <http://www.provantage.com/> , <http://www.systemax.com/divisions.htm> , <http://xtremetoner.com/> , www.compusa.com , www.staples.com , www.circuitcity.com , www.jab-tech.com . Of course, since I have looked at these web sites regularly, and since I am on a modest budget, what I have managed to accumulate in terms of computer technology is all that I need. CIO

Note: <888> 07/05/04 Monday 1:00 A.M.: My Scott grandparents used to live in Champaign, Illinois, where my grandmother was a school teacher, and my grandfather was a railroad engineer on the Illinois Central railroad. My grandfather also owned two farms comprising about 2,000 acres of land near Robinson, Illinois <http://www.city-data.com/city/Robinson-Illinois.html> , and as I recall, he sold them to my grandmother's relatives of the Gard family that lived in that same area. I recall visiting that area a number of times. I was once told that James Jones wrote the book "From Here to Eternity" in a cabin on my grandfather's farm near the Wabash river. I recall, they raised corn, soy beans, pigs, and chickens on the farms. Of course being Illinois, it was mostly corn. My grandfather Scott around 1958 spent \$50,000 to buy a bull dozer, so he could build a levy to prevent flooding on the farm from the Wabash river. I recall, a furniture maker in Greenwich, Connecticut once went out there, and bought a stand of hard wood trees off my grandfather Scott's farm to make some furniture. I think my mother's desk is made from those same trees. Of course city people whom venture that far out into the country, frequently feel a bit isolated amongst their more rural cousins. I recall playing with pet wolf pups and fighting with my cousins in the chicken coop. I once read that Marathon oil built a refinery there that refines about 365,000 barrels of oil a day coming mostly from those old slow oil pumpers all over down state Illinois that pump a couple of barrels per day. Before mideast oil, they were a valuable source of oil. CIO

Note: <888> 07/05/04 Monday 12:40 A.M.: I looked at some computer hardware web sites. However, I did not see anything I need to purchase. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I used a tin sardines that I chopped. For the cheddar cheese portion, I used Land-O-Lakes pepper jack cheese. I used all of the other regular ingredients. I had the salad with iced tea. CIO

Note: <888> 07/04/04 Sunday 9:50 P.M.: I ate a bowl of corn chips before going to bed about 8 A.M.. I was up at 4 P.M. when a relative called. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I cleaned up, and I drove down by the waterfront in central Greenwich. I chatted with a local waterfront observer. I then drove back up to central Greenwich, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I stopped by CVS, and I bought two 6 ounce tubes of Crest www.crest.com Rejuvenating Effects energizing mint fluoride activity toothpaste for two tubes for \$4.99 plus .30 tax for \$5.29 total. I then completed my walk. I just now returned home, and I can hear the fireworks from nearby Port Chester, New York. CIO

Note: <888> 07/04/04 Sunday 6:45 A.M.: I went back out after the last message. I went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I then drove down by the waterfront. I chatted with a couple of fishermen at the Royal Bank of Scotland. I then went by the ATM machine at Putnam Trust Bank of New York on Mason Street. I then sat out at the Greenwich Library parking lot for a while. I then drove over to Walgreens in Old Greenwich, and I bought a package of six AA Ultra-Alkaline batteries for \$3, a package of two 9 volt batteries ultra-alkaline for \$3, and two bottles of Advil Liqui-gels 180 Liqui-Gels for \$10 each bottle plus .36 tax for \$26.36 total. I then drove back to the center of town, and I sat out for a while. I then drove back down by the waterfront, and I chatted with a couple more local fishermen. I just now returned home. I will now take a Advil Liqui-gel before going to bed instead of a CVS brand Tylenol, since Advil is suppose to be better for arthritis. I will now shut down the computer, and I will go to bed soon. I will eat a piece of apple pie with some iced tea before going to bed. CIO

Note: <888> 07/04/04 Sunday 2:05 A.M.: I will put the computer on standby, and I will now go back out and moon watch. CIO

Note: <888> 07/04/04 Sunday 1:45 A.M.: Happy Fourth of July. I went out after the last message. I went by the Food Emporium, and I bought four half gallons of Minute Maid children's orange juice with vitamins for \$1.99 each for \$7.96 total. I then went by the Exxon gasoline station next to the Greenwich Library, and I bought \$4 of regular unleaded gasoline at \$2.299 a gallon for about 25 miles per gallon usage. I then went by the Stop and Shop, and I bought two quart jars of Stop and Shop strawberry preserves for \$2.99 each, three 28 ounce cans of Goya chick peas for \$1.29 each, a three liter container of Bertolli extra virgin olive oil for \$21.99, two eight ounce bars of Land-O-Lakes Monterey Jack cheese for \$2 each, two 16.5 ounce bottles of Monari balsamic vinegar for \$2.50 each, a four pack of Star-Kist solid white albacore tuna fish for \$1.50, four 3 ounce containers of Stop and Shop parmesan and Romano grated cheese for .99 each, a pound

of strawberries for \$2, eight 6.5 ounce dry weight cans of Stop and Shop California medium black pitted olives for .99 each can for \$63.21 total. I then returned home, and I used the shopping cart from my apartment that I had brought with me to bring up the groceries. I then put away the groceries. I then made up a batch of iced tea www.geocities.com/mikelscott/icetea.htm . I left it to steep, while I went out. I went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I next drove down by the waterfront. I then returned home, and I put the iced tea in the refrigerator. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . For the cheddar cheese portion, I used Land-O-Lakes Pepperjack cheese. I had the salad with iced tea. CIO

Note: <888> 07/03/04 Saturday 8:20 P.M.: I finished running the computer maintenance utilities. I watched a bit of television while doing it. I ate a piece of apple pie with iced tea. I printed out 50 more calling cards in color. I cleaned up. I will shut down the computer. I will now go out and do some grocery shopping. CIO

Note: <888> 07/03/04 Saturday 4:40 P.M.: After the last message, I ate a peanut butter sandwich with iced tea. I went to bed, and I chatted with a friend from 6:30 A.M. to 7:15 A.M.. I was awake at 2 P.M.. I had breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I picked up my mail downstairs. I made out a check to pay my Verizon telephone bill. I will now run Norton WinDoctor, Ccleaner, do a System Restore backup, run Disk Cleanup on the C: drive, run Norton Disk Doctor, and then I will do a Norton backup from the C: drive to the D: drive in seven parts. Then I will run Norton Speed Disk. CIO

End of Scott's Notes week of 07/03/04:

Note: <888> 07/03/04 Saturday 4:00 A.M.: I went out after the last message, and I mailed the photographs at the Valley Road Post Office box in the lobby. They weighed less than four ounces, so they were all right to mail. One can not mail more than 16 ounces at the post office box mail boxes after hours because of security reasons. I next went downtown, and I walked the entire length of Greenwich Avenue. I sat out at various locations. I used the restroom at the Thataway cafe. After I completed my walk, I drove down by the waterfront. I then went by the Food Emporium. I used my debit card, and I bought a piece Norwegian Jarlsberg slightly skim cheese at \$5.99 a pound for \$11.20 total. I will not use it for my salads, but I will keep it for guests or special occasions. Hopefully, it will last a while in the refrigerator. I chatted with another grocery shopper. I just now returned home. I will now send out my weekly notes. I will then shut down the computer, and I will go to bed. CIO

Note: <888> 07/02/04 Friday 11:55 P.M.: I will go out shortly, and I will mail the photographs. CIO

Note: <888> 07/02/04 Friday 11:45 P.M.: I went out after the last message, and I went by CVS, and I picked up my double print photographs at \$9.69 cost, which I paid for with my debit card. I then went further downtown, and I walked the entire length of

Greenwich Avenue, and I sat out at various locations. I used the bathroom at Starbucks. I then drove down by the waterfront, and there were quite a lot of people fishing down there after 9 P.M. at night, when they are not suppose to be there, so I guess the fish are running. I then went by the Greenwich Library, and I sat out for a while. I then went by the Stop and Shop, and I bought four three ounce containers of Stop and Shop parmesan and Romano grated cheese for .99 each, and two eight ounce bars of Land-O-Lakes pepper jack cheese for \$2 each, and a 16 ounce bag of Stop and Shop frozen California snow pea medley of vegetables for .99 for \$8.95 total. I then returned home, and I chatted with a neighbor. I ate a piece of apple pie with iced tea. I will send one copy of the photographs to a relative, and I will put the other ones in my photo album. CIO

Note: <888> 07/02/04 Friday 7:25 P.M.: I will now shut down the computer, and I will clean up, and I will go out. CIO

Note: <888> 07/02/04 Friday 7:10 P.M.: I am microwaving a Stouffer's 8 ounce lean cuisine herb roasted chicken dinner, which I will eat with a glass of iced tea. I took the Entenmann's Home-style apple pie out of the freezer last night, and I let it defrost. CIO

Note: <888> 07/02/04 Friday 6:45 P.M.: I ate a bowl of corn chips before going to bed about 4 A.M.. I was up at noon. I checked my mail. I went out, and I went by Putnam Trust Bank of New York on Mason Street. I then went by the Wachovia Bank on Benedict Place, and I paid my rent to the Greenwich Housing Authority. I then returned home, and I did my house cleaning and watering the plants. I chatted with a friend while I was doing house cleaning. I just threw out the garbage. It is just beginning to rain lightly. The weather forecast locally is calling for isolated thunderstorms until 9 P.M.. CIO

Note: <888> 07/02/04 Friday 1:35 A.M.: I looked at some web sites. The site where I ordered my Northgate barebones computer system from www.accessmicro.com a year and a half ago has been taken over by www.northgate.com, so they offer a different product line now, but they offer a 20% discount to www.accessmicro.com customers. I was unable to change my Profile at their site, since I had a different profile, when I ordered the computer. I ate five 2 inch by .75 inch by 3/8th inch pieces of Land-O-Lakes pepper jack cheese. I received a post card from a relative whom took a cruise to Norway recently up the northern fjords. The post card was from Norkkapp, Norway at 71 degrees, 10', 21" North, which is as far north as one can go north, and still be able to mail a post card. I will shut down the computer shortly, and I will go to bed. When I wake up later on today, I will do my weekly house cleaning, which was not done last week, because I was away in Kennebunkport, Maine <http://www.geocities.com/mikelscott/137.htm>. I suppose with Canada day yesterday, and the Fourth of July this Sunday, and the first of the month yesterday, that Kennebunkport, Maine is a bit busy. However, we are six hours driving less further north here, so we get the occasional tourists here whom like to enjoy our beaches, golfing, tennis, equestrian events, sailing, and suburban lifestyles, if one can afford it. I suppose the stripped bass would be running about now in Kennebunkport, Maine. Of course

disabled volunteers like myself tend to keep busy when all the able bodied people are thinking about vacation. CIO

Note: <888> 07/01/04 Thursday 11:45 P.M.: I mailed the Optimum Online and the Cablevision payments in the mail room downstairs. I chatted with a neighbor. CIO

Note: <888> 07/01/04 Thursday 11:05 P.M.: I made out checks to pay my Optimum Online and my Cablevision bills. I will mail them tomorrow. CIO

Note: <888> 07/01/04 Thursday 10:35 P.M.: I logged onto <http://www.smokemcheapcigarettes.com/>, and I ordered five cartons of Seneca Ultra Lights 100 cigarettes for \$11 a carton plus \$6 U.S. postage for \$61 total. CIO

Note: <888> 07/01/04 Thursday 10:25 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm. For the cheddar cheese portion, I used Land-O-Lakes pepper jack cheese. I did not use Danish blue cheese, but I used all of the other regular ingredients. I had the salad with a glass of iced tea. I went outside, and I chatted with some neighbors. CIO

Note: <888> 07/01/04 Thursday 6:35 P.M.: I ate a bowl of corn chips before going to bed. I had a call from a friend at 9 A.M. this morning, but I was too tired to talk very much. I was up at 12:30 P.M.. I picked up my mail. I had breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I cleaned up, and I went out. I went by Putnam Trust Bank of New York on Mason Street. I then went by the central Greenwich Post Office, and I obtained a money order to make the final of four payments on my six month GEICO automobile insurance payment. The money order cost .90, and I mailed it at the central Greenwich Post Office along with another letter. I then made my 3 P.M. appointment. I next went by the Greenwich Hospital Thrift shop, and I bought four solid oak folding TV tables with stand for \$20. They must weigh about 50 pounds all together since they are solid oak. They tend to be more sturdy, since they are heavier. I then went by Charles Stuttig's locksmith at 158 Greenwich Avenue, and I bought a extra large Magnetic Hide a Key box for \$4 plus .24 tax for \$4.24 total. I then returned home. I used my folding cart that I keep in the back of my Hyundai to bring up the solid oak folding TV tables. I move the brass hat rack from the end of the day bed, and I put it in front of the open bedroom door, and I put the folding solid oak TV tables at the right front end of the day bed. I put my folding cart back in the Hyundai. I threw out the old warped plastic hide a key box. I started two loads of laundry, and I have 25 minutes to go on the dry cycle. I put clean linens on the bed in the bedroom. I ran SpyBot 1.3, and I checked the errors that it found, and they are all cookies and bookmarks, so they are not critical spyware, so since it freezes trying to remove them, I will just leave them as is. I drank some cold filtered water. CIO

Note: <888> 07/01/04 Thursday 6:20 A.M.: I got Spybot Search and Destroy 1.3 working by selecting advanced mode and deselecting "c2.lop" [Driving with Dawn: c2.lop revisited](#) and its related entries which I think are four all together. After the program completely runs, and it shows on my computer 83 entries that need to be deleted, it

freezes on deletion. I will work on it again later on today. I went outside briefly and threw out some garbage. I will now shut down the computer. I have a 3 P.M. appointment today, and I also should pay some bills. I will get up about noon, and see what bills might have arrived that I have to pay. I will now go to bed. CIO

Note: <888> 07/01/04 Thursday 4:35 A.M.: Happy Canada Day <http://www.calendar-updates.com/Holidays/Canada/canada.htm> . After the last message, I ran Ad-aware 6.0. I then ran Norton Win Doctor. I tried running SpyBot Search and Destroy 1.2, but it would freeze my system. I uninstalled it, and I installed version 1.3, but it would also freeze my system. I watched a movie on the Turner Movie channel about old New York. I cut off the tops of 10 medium to large fresh strawberries, and I split them into quarters lengthwise, and I rinsed them underneath cold water in a wire strainer. I put them on two scoops of Ben and Jerry's Butter Pecan ice cream, and I ate it all. I tried to figure out the problem with Spybot. I downloaded and installed <http://www.ccleaner.com/> , and I deleted all the items it selected except old shortcuts, which I think are still valid. I then downloaded and installed the 30 day demo of RegSupreme 1.2 <http://www.macecraft.com/downloads/> , and I did a deep scan, and I eliminated a couple of thousand invalid registry entries. I had already uninstalled Spybot 1.3 and put 1.2 back on the machine. Anyway Spybot 1.2 and 1.3 still freeze my machine. It use to work. Anyway the computer is still running just fine. CIO

Note: <888> 08/31/04 Tuesday 11:55 P.M.: I went outside, and I threw out some garbage. I mailed a letter in the letter box down in the mail room. If one happens to be walking downtown on Greenwich Avenue, and it seems a bit pricey, the second biggest business in town after real estate is represented on West Putnam Avenue with lots of automobile show rooms, and the restaurants which are more expensive than the grocery stores such as McDonalds, Wendy's, and Duncan Donuts are also on West Putnam Avenue, so one can have a big Mac and look at the latest Mercedes Benz. We happen to have a large German population in residence in town, and judging by all of the German automobiles for sale in this town, somebody from Germany must be making money off the sales of all of the German automobiles. However, I once read that the Ford family through their private shares in Ford Motor Company and through the Ford Foundation control about 80% of the Ford Motor Company's stock worldwide, so obviously though they are not as expensive as Mercedes Benz, somebody obviously makes money off Fords. I also once read that Margaret Thatcher lived in Henry Ford's private apartment in London, and I always wondered what she did if Henry showed up. I also read recently that Margaret Thatcher is currently on vacation in the United States of America, so besides what one sees on the television, there are also people whom frequently visit in this area from other areas, and thus I have come to regard the United States of America as the giant rest area for those people from the western half of the eastern hemisphere going to visit the eastern half of the eastern hemisphere and visa versa. Thus living in this area, we always see lots of people from Europe traveling to Asia and lots of people from Asia traveling to Europe. I once recall seeing both Margaret Thatcher and Mao Tse Tung traveling to opposite continents in New York, while they were not paying official visits to the United States of America, and one has to release being a communications and transportation hub in this area close to New York City, we get a lot of people traveling

through this area on their way to other destinations. Also in Florida this time of year as well as Southern California there tends to be people from Argentina and Chile and Australia and South Africa and New Zealand trying to avoid the winters in the southern hemisphere. CIO

Note: <888> 08/31/04 Tuesday 11:25 P.M.: I finished watching the republican convention. Since there seems to be an increase of other activity in this area other than the normal routines, I am a little bit busier downtown than normal, thus I do not have the time to spend as much time on the computer as I normally do. However, as it begins to get cooler in this area and the area begins to slow down to its slower more indoor type of activity, I will try to resume more of my regular computer activity. Since there are a great many computer people in this area, the computer activity is important in terms of keeping ordinary communications on other events outside of this area that might otherwise escape the local media such as www.geocities.com/mikelscott/weather.htm , however once the hurricane season is over down south the general opinion of the southern people whom live down south is that we have a worse time during our long winters than they do during their hurricane seasons. Thus, I guess it depends on what one is use to on a four seasons basis in whatever environment that one happens to live in. Quite frankly we spend some very cold days in this town during the winter, which visitors during the summer might not realize. Also we have a lot of residents from further north in the north country whom live here because they think the winters are milder here than further up north. CIO

Note: <888> 08/31/04 Tuesday 9:15 P.M.: I chatted with another relative. CIO

Note: <888> 08/31/04 Tuesday 8:25 P.M.: I chatted with a relative. CIO

Note: <888> 08/31/04 Tuesday 7:40 P.M.: I went outside briefly. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . For the cheddar cheese portion, I used Stop and Shop Wisconsin extra sharp cheddar cheese. I had the salad with all of the other usual ingredients. I ate the salad with a glass of iced tea. CIO

Note: <888> 08/31/04 Tuesday 5:50 P.M.: I checked the mail. I noticed at www.geocities.com/mikelscott/weather.htm Hurricane Frances is now tracking further north around Coco Beach and Daytona Beach <http://www.nhc.noaa.gov/ftp/graphics/AT06/refresh/AL0604W5+GIF/312053W5.gif> , but it is such a big storm, it looks like it will effect most of the state of Florida. If one were on limited income in the state of Florida, one could take a Greyhound Bus or Amtrak train to Atlanta and stay in an inexpensive motel like a Days Inn, but at the moment the storm still keeps changing course, so it might yet come ashore in at the barrier islands of Georgia or the Carolinas. CIO

Note: <888> 08/31/04 Tuesday 5:20 P.M.: I was up at 9 A.M.. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went outside briefly, and I chatted with some neighbors. I cleaned up, and I went out. I went by the Greenwich Hospital Thrift Shop. Bags of clothing and linens are \$10 and

everything else is half price. I went downtown, and I spent a dollar on parking for 2 hours, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I chatted with various people. I stopped by the Greenwich Hardware store. If one is looking for a low budget lunch in downtown Greenwich, there is a hot dog truck parked by the Greenwich Common. Also across the street from the Greenwich Train station on Railroad Avenue, at Harrington's of Vermont <http://www.harringtonham.com/> they make sandwiches to go for about \$6 or \$7 which tend to be gourmet sandwiches. I noticed while getting into my car, the door stop guide was loose where it is attached to the frame. I drove down by the waterfront. I then went by the Greenwich Library, and I fixed the door stop guide by tightening the bolt with a wrench kit that I keep in the hatchback area of my car. I then went into the Greenwich Library, and I read the Greenwich Time. I next returned home, and I drank some iced tea. I noticed that my Minolta QMS PagePro 1250W laser printer was not working, but I fixed it since when I changed USB cables on it, I did not push the USB cable far enough into the printer, so now it works. CIO

Note: <888> 08/30/04 Monday 11:55 P.M.: I finished watching the Republican convention. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 08/30/04 Monday 10:10 P.M.: Down in Florida, somebody better tell Jeb Bush, they better hold on to their hats www.geocities.com/mikelscott/weather.htm , [NRL Monterey Satellite Photos](http://www.nrl.noaa.gov/monterey/satellite/photos/) , <http://www.nhc.noaa.gov/ftp/graphics/AT06/refresh/AL0604W5+GIF/302053W5.gif> , and <http://www.nhc.noaa.gov/index.shtml> . I chatted with a relative. I have been watching the Republican convention from nearby Manhattan. Manhattan is the name of the Indian tribe that my family bought the farm from in 1640. I suppose if any frugal republicans come out here to check out the area, they can always get an inexpensive meal at the Greenwich Hospital providing they have the energy to walk from the Greenwich train station about 1.35 miles north to the Greenwich Hospital. Of course there are a lot more expensive dining establishments along the way. Of course in the day time, one can always go the delicatessen at the Stop and Shop. I suppose one could always splurge on a steak sandwich from Maneros or a Subway sandwich up towards the top of Greenwich Avenue. Alas, since we are close to Manhattan, our prices tend to be similar to those of Manhattan. Of course the Blimpie Sandwich shop still sells an egg and croissant sandwich for a dollar. CIO

Note: <888> 08/30/04 Monday 8:15 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I used a tin of sardines that I chopped. For the cheddar cheese portion, I used Stop and Shop Wisconsin extra sharp cheddar cheese. I had the salad with a glass of iced tea. I watched a bit of the Republican convention. CIO

Note: <888> 08/30/04 Monday 6:50 P.M.: I went out after the last message. I went by the Greenwich Hospital Thrift Shop. Everything is half price and bags of clothing and linens are \$10. I bought a six outlet power strip with surge protector for .50. I then went by Putnam Trust Bank of New York on Mason Street. I then drove down by the

waterfront. They are in the process of scraping off the old asphalt off Steamboat Road, and I guess once the weather is nice, they will be repaving it again. Greenwich Capital Royal Bank of Scotland is also repaving their court yard. I next went downtown, and I walked the entire length of Greenwich Avenue. I stopped by the Greenwich Hardware store, and one of their sales representatives inquired about Microsoft Windows XP SP2, and I told the sales representative that I had a copy on CD in my car, so I walked back to my car, and I got it, and I gave it to the Greenwich Hardware store sales representative. The sales representative said they had a Dell computer running Windows XP, so it should install without any problems. I explained they should copy the SP2 upgrade file on the CD to the hard drive and install from the hard drive. I next stopped by CVS, and I bought a two pack of CVS automatic blue tablet toilet bowl cleaner for \$1.29 for two tablets plus .08 tax for \$1.37 total. Recently the CVS Clorox toilet bowl tablets that I usually buy for \$1.99 have not been dissolving in my toilet tank, possibly because there is more chlorine in the water. I completed my walk. I then went by the Greenwich Library, and I read the Greenwich Time. I next went by the Stop and Shop, and I bought a 16 ounce jar of Planters Dry Roasted peanuts for \$1.99, a package of Twinings five packages of five different varieties of tea for 25 bags total for \$3.19, and fresh broccoli crowns at \$1.69 a pound for \$1.22 for \$6.40 total. I returned home. I noticed out by our dumpster someone left a Bissell upright vacuum cleaner that looks like it might work with a full bag. If it did work there is vacuum shop in Byram and another shop nearby in Port Chester, New York that might have the Bissell bags. I drank some iced tea. I put the power strip connected to the other power strip on the floor by the living room desk with two extension cords plugged into it, so it is available for use with laptop computers should the need arise in the apartment with my LAN cables connected to the cable modem. I set my computer to display all the icons in the tray when it starts up. Some times one has to log off and log back on to get them all to display. Also today the D-Link LAN has not been installing on boot up, but if one turns on and off the Siemens router, once the computer is booted the D-Link LAN installs. I also have the RealTek motherboard onboard LAN connected, and I have the two LANs bridged together. CIO

Note: <888> 08/30/04 Monday 2:00 P.M.: I woke up during the night, and I ate some smoked almonds. I was up at 10 A.M., and I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went outside, and I picked up the mail. I went back to bed until 1:30 P.M.. I finished eating the can of smoked almonds. It is clear now, but we are suppose to get some rain later on this afternoon. I will now clean up, and I will go out. The computer seem to be running just fine, but of course, since I have it set on PIO mode for the IDE ports, it is a bit slower. [Yahoo! News - Farmers' Almanac Predicts a Wild Winter versus The Old Farmer's Almanac - Weather Center](#) and of course www.geocities.com/mikelscott/weather.htm . CIO

Note: <888> 08/29/04 Sunday 9:55 P.M.: I downloaded and installed and ran for Windows XP SP2 [Microsoft Baseline Security Analyzer V 1.2.1](#) . I chatted with a relative. The Windows XP SP2 upgrade is available for complete download in English, Chinese simplified, Chinese traditional, French, German, and Korean from this link [Download details: Windows XP Service Pack 2 for IT Professionals and Developers](#) for

the full download for high speed internet users. The beta test site also had it in Japanese in released to manufacturing, but it has not been released on the Microsoft web site yet. I chatted with a relative. I will now shut down the computer, and I will go to bed. CIO

Note: <888> 08/29/04 Sunday 8:55 P.M.: I reheated and ate the other half of the rice that I made today, and I ate it with a glass of iced tea. CIO

Note: <888> 08/29/04 Sunday 8:10 P.M.: Since Standby on the computer does not work, I enabled Hibernate, which I never use, but now it is available. I ran update on the Via Bus Master IDE controller driver, and it updated the files. On the Primary IDE channel, I switched it from UDMA to PIO, since when I was trying to install the Real Player update to 10.5 the install froze, and in PIO mode it installed without any problems. I will leave it in PIO mode for now, since the system froze before the update just playing the Real Player in full mode. I ran Norton Win Doctor 2003. I also changed my Performance settings to the Minimum with just "Smooth Edges of Screen Fonts" and "Use Visual Styles on Windows and Buttons" as the only two options enabled. CIO

Note: <888> 08/29/04 Sunday 6:35 P.M.: I ate half a 10 ounce can of CVS smoked almonds with some iced tea. It seems there is a bit of tropical storm activity coming our way www.geocities.com/mikelscott/weather.htm .

Note: <888> 08/29/04 Sunday 5:50 P.M.: I went out after the last message. I went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. It is a bit warm out. I then returned home, and I drank a cold 12 ounce can of Diet Coca Cola www.coke.com in a cold frosted mug. I then drank some cold filtered water in the same cold frosted mug. While downtown, and I noticed that the stone masons are putting the facing stones on a new Brooks Brothers <http://www.brooksbrothers.com/> store just north of the Greenwich Hardware store just north of Saks Fifth Avenue <http://www.saksfifthavenue.com/Entry.jsp> . CIO

Note: <888> 08/29/04 Sunday 3:45 P.M.: For my meal, I took a 14.75 ounce can of Bumble Bee Alaska King salmon that I procured back on sale at CVS early this June when it was on sale for .99 a can as it is this week. I removed the lid, and I used the lid to squeeze out the water. I then put the canned salmon on a dinner plate, and I picked through it with my fingers about a half inch diameter section at a time removing all the quarter inch in diameter small bones that felt hard to the fingers. I do this very carefully so as not to have any bones in the salmon. I then put it in the Cuisinart food processor with a third of a cup of Arnold regular cut seasoned croutons, 1/8th of a teaspoon of Old Bay seasoning, a dash of ground pepper, a few dashes of celery salt, and 1/8th of a teaspoon of Italian spices and a tablespoon of La Choy low salt soy sauce, and I ran the Cuisinart food processor until it was an even consistency removing the lid occasionally to mix it with a mixing spoon, so all of the ingredients were evenly mixed together. I then formed the salmon mixture into three round paddies about 3/4 inch in diameter, and I put them on a plate to have available for cooking. I then rinsed in a steel bowl under hot water a cup of Carolina enriched rice, and I then put the rice in a wire strainer, and I rinsed it underneath hot water, and I put the rice in the China Village Rice cooker with 14

ounces of water, a teaspoon of sesame oil, a tablespoon of olive oil, a tablespoon of La Choy low salt soy sauce, a few dashes of Old Bay seasoning, 1/8th of a teaspoon of Italian spices, a couple dashes of ground pepper, a few dashes of celery salt, a couple of dashes of India hot curry, and a few dashes of Chinese five spice seasoning. I put the inner and out lids on the China Village rice cooker, and I put in the General Electric microwave oven on high for 11 minutes. I then let it sit for five minutes with the lid on after cooking, so the rice absorbs the moisture. Ten minutes before the rice is finished sitting, I put four tablespoons of olive oil in a frying pan, and I brought it to a simmer over medium high electric burner heat about four minutes time, and then I put the three salmon patties in the frying pan, and I cooked them two and a half minutes a side until brown on the outside, and then I added about tablespoon of La Choy low salt soy sauce and a couple of tablespoons of lemon juice, and I let them simmer for about two minutes on one side, and then I flipped them and added about tablespoon of La Choy low salt soy sauce and a couple of tablespoons of lemon juice, and I simmered them another two minutes on the second side. I took half of the rice, and I spread it about a half inch thick over a regular size dinner plate, and I put the three salmon cakes evenly spaced on the rice with any remaining cooking juices on them. I then sprinkled on a coating of grated Romano cheese on each salmon cake, and I sprinkled a little dried parsley on them. I had the meal with a glass of iced tea. I put away my laundry. Earlier today before I went out, and I refilled the Glade plug-in scent refill by prying off the lid with a screw driver, and with a tiny funnel I keep on the Danish bar, I filled it about 60% full with English Leather cologne and about 40% 90% isopropyl alcohol, and I put the lid back on, and I reused the refill. I will now shut down the computer, and I will go back out. CIO

Note: <888> 08/29/04 Sunday 2:05 P.M.: I was up at 9 A.M., and I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I put clean linens on the bed in the bedroom. I showered and cleaned up. I went downtown, and I stopped by the Exxon gasoline station next to the Greenwich Library, and I bought \$6 of regular unleaded gasoline at \$2.239 a gallon for about 29 miles per gallon usage this week. I then went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I stopped by CVS, and I bought two 10 ounce cans of CVS smoked almonds for \$1.99 a can for \$3.98 total. I noticed they have 14.75 ounce cans of Bumble Bee Alaska salmon on sale for .99 a can. I chatted with another downtown resident. I then completed my walk. I drove down by the waterfront. I then returned home, and I drank some iced tea. I started two loads of laundry, and I have a few minutes to go on the wash cycle. CIO

Note: <888> 08/28/04 Saturday 11:00 P.M.: I read one note that the Nvidia driver and XP SP2 might cause the Zinio Reader not to work. I tried disabling hardware acceleration and Direct X 3D, but the Zinio Reader still did not work. I turned on all the Performance settings. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 08/28/04 Saturday 10:05 P.M.: I heard some fireworks going off about fifteen minutes ago. I tried reinstalling the Zinio Reader again. It does not seem to want to work with Windows XP SP2. I have not been able to get it to work, since I installed

XP SP2. The Zinio site does not say anything about XP SP2. I also uninstalled the latest Nvidia driver, and I am using the 5.2.16 driver dated 10/06/03. The latest Nvidia driver says it has not passed the XP compatibility test. CIO

Note: <888> 08/28/04 Saturday 9:10 P.M.: I ate two scoops of Hagen Daz low fat raspberry sorbet. CIO

Note: <888> 08/28/04 Saturday 8:25 P.M.: I went through my email. I ran Ad-aware Personal SP. I ran Norton Win Doctor 2003. I ran CCleaner. CIO

Note: <888> 08/28/04 Saturday 6:30 P.M.: I rested until 5 P.M.. I watched some television. I finished off eating the container of Hagen Daz low fat chocolate yogurt ice cream about one scoop. I replaced the burned out 100 watt light bulb next to the television above the Queen Elizabeth II Life magazine coronation portrait with a 40 watt bulb, since the lower wattage light bulb will make looking at the television easier. CIO

Note: <888> 08/28/04 Saturday 2:15 P.M.: I went outside, and I picked up the mail. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I had the salad with all of the usual ingredients. For the cheddar cheese portion, I used Stop and Shop New York extra sharp cheddar cheese. I had the salad with a glass of iced tea. I will now shut down the computer. I will take a nap, and then I will clean up, and I will go out. CIO

Note: <888> 08/28/04 Saturday 12:50 P.M.: I finished updating and a few minor tweaks on the backup computers. I shut them all down. When I tested restarting the Linksys 8 port hub in the bedroom with one of the backup computers, it started up and went online without any problems. CIO

Note: <888> 08/28/04 Saturday 11:55 A.M.: I started the backup computer in the bedroom, and I had a problem getting the Linksys 8 port hub to go online. I tried the 8 port hub from the Dell backup computer, and there was still a problem. When I put the 8 port hub back on the Dell backup computer, it would not go online. I disconnected the USB cable that went to the cable modem from the D-Link hub, and my hubs started working. I guess it was causing a conflict with the hubs working off the Siemens router. I connected that shorter USB gold cable to the Minolta QMS PagePro 1250W laser printer from the same four port hub that I had the longer USB cable on. I put the longer USB cable back in the cable box underneath the desk in the living room. I have connected to the Dell backup computer 8 port hub two 14 foot LAN cables and two 24 foot LAN cables ready to use in the living room. I have them coiled with wire ties on them to keep them from becoming tangled. The Linksys 8 port hub is working in the bedroom, but to get it to work, I connected the fifty foot cable from the living room Siemens router to the #8 port instead of the uplink port. I have the five backup computers in the bedroom connected to it along with two 14 foot LAN cables. I am running maintenance updates on the backup computers in the bedroom. Since all of the computers are coming off the Siemens router, there is additional firewall protection from the Siemens router. On some of the bedroom computer network cards, I had to set them

to 10 MBS full duplex instead of auto negotiate, and all five computers seem to be running just fine. I will turn them all off as soon as I finish the updates to see if the Linksys 8 port hub starts up and connects from shut down with the computers turned off and then started. CIO

Note: <888> 08/28/04 Saturday 8:20 A.M.: Happy Birthday to a long lost friend. I was up at 5 A.M., and I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went back to bed until 7:30 A.M., when the Radio Shack personal talking electronic alarm clock went off by mistake. I set it not to go off. CIO

End of Scott's Notes week of 08/27/04:

Note: <888> 08/27/04 Friday 8:25 P.M.: I will now send out my weekly email notes. I will then shut down the computer, and I will go to bed. CIO

Note: <888> 08/27/04 Friday 8:20 P.M.: I reheated the other half of the rice that I made today, and I ate it with a glass of iced tea. CIO

Note: <888> 08/27/04 Friday 7:55 P.M.: I reinstalled the Zinio Reader. CIO

Note: <888> 08/27/04 Friday 7:25 P.M.: I ran some maintenance utilities on the Dell backup computer. I put the iced tea in the refrigerator. CIO

Note: <888> 08/27/04 Friday 6:35 P.M.: I took the speaker off the top of the small bookcase in the bathroom, and I put it on the lower shelf on the left side. I filled the rest of the lower shelf with older periodical literature, and I put the remaining periodical literature on the left side of the top shelf, and most of the top shelf is free. The top of the bookcase has a duck placemat on it centered to the right, and the two candles and candle holders on the left of the top. Thus most of the top of the bookcase is free for placing items on a temporary basis for bathroom use. Also on the IBM Cyrix backup computer that I set up on the right side of the Danish desk in the bedroom, I have it set to turn on with the control panel for the AMD backup computer with the printer and aux1 switches. CIO

Note: <888> 08/27/04 Friday 6:00 P.M.: I did a System Restore backup. I ran Ad-aware SE. CIO

Note: <888> 08/27/04 Friday 5:15 P.M.: I microwaved a bag of Act II low fat popcorn, which I ate with a glass of iced tea. I watched some television while eating the popcorn. I am now making up a fresh batch of www.geocities.com/mikelscott/icetea.htm . CIO

Note: <888> 08/27/04 Friday 4:25 P.M.: I went out after the last message. I went by the Greenwich Hospital Thrift Shop. What little remains is half price and \$15 a bag for linens and clothes. I then drove downtown, and I drove down by the waterfront. I next drove over to Tod's Point, and I sat out for a while at the southwest picnic area. It was

not very busy at the beach. I then returned to central Greenwich, and I sat out downtown a while. I did not walk because it is later in the day for me, since I was up at 5 A.M.. I then went by the Greenwich Library, and I toured the building. The Greenwich Time was not available, but lots of people were enjoying the air conditioning at the library. However, it closes at 5 P.M. on Friday in July and August. I sat out at the library for a while cloud watching. I just now returned home, and I drank a glass of cold filtered water. CIO

Note: <888> 08/27/04 Friday 11:40 A.M.: I did a little bit of internet work. For my meal, I took a 14.75 ounce can of Bumble Bee Alaska King salmon that I procured back on sale at CVS early this June when it was on sale for .99 a can. I removed the lid, and I used the lid to squeeze out the water. I then put the canned salmon on a dinner plate, and I picked through it with my fingers about a half inch diameter section at a time removing all the quarter inch in diameter small bones that felt hard to the fingers. I do this very carefully so as not to have any bones in the salmon. I then put it in the Cuisinart food processor with a third of a cup of Arnold regular cut seasoned croutons, a teaspoon of dried parsley, 1/8th of a teaspoon of Old Bay seasoning, a dash of ground pepper, a few dashes of celery salt, and a quarter of a teaspoon of Italian spices, and I ran the Cuisinart food processor until it was an even consistency removing the lid occasionally to mix it with a mixing spoon, so all of the ingredients were evenly mixed together. I then formed the salmon mixture into three paddies about 3/4 inch in diameter, and I put them on a plate to have available for cooking. I then rinsed in a steel bowl under hot water a cup of Carolina enriched rice, and I then put the rice in a wire strainer, and I rinsed it underneath hot water, and I put the rice in the China Village Rice cooker with 14 ounces of water, a teaspoon of sesame oil, a tablespoon of olive oil, a few dashes of Old Bay seasoning, a quarter teaspoon of Italian spices, a couple dashes of ground pepper, a few dashes of celery salt, a couple of dashes of India hot curry, and a few dashes of Chinese five spice seasoning. I put the inner and out lids on the China Village rice cooker, and I put in the General Electric microwave oven on high for 11 minutes. I let it sit for five minutes with the lid on after cooking, so the rice absorbs the moisture. Ten minutes before the rice is finished sitting, I put four tablespoons of olive oil in a frying pan, and I brought it to a simmer over medium high electric burner heat about four minutes time, and then I put the three salmon patties in the frying pan, and I cooked them two minutes a side until brown on the outside, and then I added about a sixth of a cup of Rene white wine and a couple of tablespoons of lemon juice, and I let them simmer for about 90 seconds on one side, and then I flipped them and added about a six of a cup of Rene Junot white wine and a couple of tablespoons of lemon juice, and I simmered them another 90 seconds on the second side. I took half of the rice, and I spread it about a half inch thick over a regular size dinner plate, and I put the thee salmon cakes evenly spaced on the rice with any remaining cooking juices on them. I then sprinkled on a generous coating of grated Romano cheese on each salmon cake, and I sprinkled a little dried parsley on them. I suppose in a restaurant, one could also sauté some skinny asparagus to put with them at the same time one cooked the salmon cakes, but I did not have any asparagus available. I had the meal with a glass of iced tea. I will now shut down the computer, and I will clean up, and I will go out. CIO

Note: <888> 08/27/04 Friday 9:55 A.M.: I was up at 5 A.M.. I watched some television news. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I chatted with a friend. I did my house cleaning and watering the plants. The repaired Sears Kenmore upright vacuum cleaner works just fine. I disconnected the two foot tube from the hose, and I put it in its slot with the upholstery attachment, so the hose is more compact when one uses it for floor vacuuming. I had it set at low. I threw out the garbage including the bathroom waste basket garbage and paper. CIO

Note: <888> 08/26/04 Thursday 8:55 P.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 08/26/04 Thursday 8:50 P.M.: I happened to notice the first sign of winter when I was outside a little while ago. I saw a flock of Canadian Geese flying south in V formation. CIO

Note: <888> 08/26/04 Thursday 8:05 P.M.: I went outside, and I chatted with some neighbors. CIO

Note: <888> 08/26/04 Thursday 7:15 P.M.: I chatted with a couple of relatives. I noticed on this link that Hurricane Frances has changed course <http://www.nhc.noaa.gov/ftp/graphics/AT06/refresh/AL0604W5+GIF/262048W5.gif> and www.geocities.com/mikelscott/weather.htm and [National Hurricane Center Tropical Prediction Center](http://www.nhc.noaa.gov/tropical/) and [NRL Monterey Satellite Photos](http://www.nrlmri.noaa.gov/satellite/) . CIO

Note: <888> 08/26/04 Thursday 5:40 P.M.: I went out to my 3 P.M. appointment after the last message. I then went downtown, and I used the bathroom at the senior and arts center. I drank a cup of spring water there. I then walked upper Greenwich Avenue. I stopped by the Greenwich Hardware store, and I toured CVS. I sat out at various locations. I just now returned home, and I drank a cold glass of filtered water. CIO

Note: <888> 08/26/04 Thursday 2:25 P.M.: I chatted with a relative. I will now shut down the computer and go out. CIO

Note: <888> 08/26/04 Thursday 1:50 P.M.: I went out after the last message, and I dropped off the Royal 17 inch monitor and the Dell generic 17 inch monitor at the Greenwich Hospital Thrift shop. I then drove half way down Greenwich Avenue, and I returned home. I made up a fresh batch of home made hummus www.geocities.com/mikelscott/hummus.htm . I used two cloves of Elephant garlic. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I used a tin of sardines that I chopped, and for the cheddar cheese portion, I used Stop and Shop New York extra sharp cheddar cheese. I used all of the other regular ingredients, but I used six sliced mushrooms instead of three sliced mushrooms. I ate the salad with a glass of iced tea. I threw out some garbage. I picked up my mail. I have a 3 P.M. appointment. CIO

Note: <888> 08/26/04 Thursday 10:40 A.M.: I went out after the last message. I went downtown, and I walked lower Greenwich Avenue, and I sat out at various places. I then drove down by the waterfront. I next went by the Greenwich Hospital Thrift Shop, and I bought the two Dell M990 [Documentation: Dell M990 Color Monitor User's Guide](#) 19 inch monitors for half price for \$10 each for \$20 total. I then returned back to my apartment, and I used my cart that I keep in the back of my Hyundai hatchback to bring up the two Dell 19 inch monitors. I connected one to the Dell backup computer. I connected other to the AMD backup computer in the bedroom. I moved the CompUSA 19 inch monitor with the Gateway backup computer. I put the Dell Trinitron 17 inch monitor with HP Kayak XA backup computer. I put HP Ultra VGA 1280 17 inch monitor with the HP dual Pentium II backup computer. I put the generic Dell 17 inch monitor with the IBM Cyrix backup computer. The Dell M990 monitors were manufactured in the year 2000, and they had a retail price of \$400 new. The Dell M990 monitor on the Dell backup computer has a slight 1/16 inch spec on it that won't come off, but it is not very noticeable. I will put the 17 inch Royal monitor and the 17 inch Dell generic monitor in my car and give them back to the Greenwich Hospital Thrift shop. I am not giving them the power cords, since I keep those for testing other units. I have lost five pounds, and I am down to 210 pounds weight. I will now shut down the computer, and I will go back out. I have a 3 P.M. appointment today. CIO

Note: <888> 08/26/04 Thursday 6:50 A.M.: I will now shut down the computer, and I will eat a peanut butter sandwich with iced tea. I will then clean up, and I will go out. I have a 3 P.M. appointment today. CIO

Note: <888> 08/26/04 Thursday 6:35 A.M.: I went to bed after the last message. About 9 P.M., I had a call from a fund raiser for the Greenwich Police Department. I explained at the end of the month that I do not have much money. The fund raiser kept being persistent, and I explained that I was the "Volunteer Chief" as in "Chief of Internet Volunteers" and as such I do not receive a compensation, and as such I can not afford to give money to the Greenwich Police Department. The fund raiser was very persistent, and I explained that over 20 private security agencies work this town along with the Secret Service and F.B.I.. The fund raiser hung up in a huff. I hope the fund raiser does not think that since I mentioned the figure 20 does not mean that I will give them \$20. It would seem to me that the general public pays enough money in taxes to pay for the Greenwich Police department that if they can not afford anymore, they should not have to donate when they can not afford it. I found the caller very persistent and also calling at 9 P.M. at night was very late in my schedule yesterday after I had been asleep for over 2 hours. I woke up at 1:30 A.M., and I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I then went back to bed until 6 A.M.. I watched the last five minutes of the ending of the movie "The Yellow Rolls Royce" which is one of my favorite movies. CIO

Note: <888> 08/25/04 Wednesday 6:20 P.M.: I went outside, and I chatted with some neighbors. I checked the fluids underneath the hood of my car. I just chatted with a relative. I will now shut down the computer, and I will go to bed. CIO

Note: <888> 08/25/04 Wednesday 5:05 P.M.: Tropical depression six is now Tropical Storm Frances [National Hurricane Center Tropical Prediction Center](#) and [NRL Monterey Satellite Photos](#) . CIO

Note: <888> 08/25/04 Wednesday 4:55 P.M.: I went outside briefly, and I chatted with some neighbors. I put the Sears Kenmore upright vacuum parts packaging and the shipping receipts and the copy of the order bill on top of the laser printer on the dining room table. I ate a peanut butter sandwich with a glass of iced tea. CIO

Note: <888> 08/25/04 Wednesday 4:05 P.M.: DHL www.airborne.com arrived with the package from Sears containing the two Sears Kenmore upright vacuum cleaner belts. One is a spare. I installed the belt on the Sears Kenmore upright vacuum cleaner. I will put the spare with the bags and belts on top of the clothes pack on the right side of the bedroom closet. CIO

Note: <888> 08/25/04 Wednesday 3:20 P.M.: I went out after the last message. I went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I stopped by CVS, and I bought a 12 roll package of Scott 1000 sheet rolls of toilet paper for \$5.99 and a liter bottle of CVS yellow mouth wash for \$1.99 plus .48 tax for \$8.46 total. I then completed my walk, and I drove down by the waterfront. I gave a copy on CD of Microsoft Windows XP SP2 RTM (released to manufacturing) on CD in Japanese to a former Japanese neighbor of mine. A few people were fishing. I then went by the Greenwich Hospital Thrift Shop, and I bought a Cobalt Blue with brass handle seltzer bottle made in Austria for \$2.50 and 2 foot by 2 foot by 10 inch deep dark wood 2 shelf bookcase for \$10. I then went by Putnam Trust Bank of New York on Mason Street. I then went by the Greenwich Library, and I chatted with a couple of regular users. I then went by Stop and Shop, and I bought a 1.1 pound container of Campari tomatoes for \$2.50, a bulb of elephant garlic for \$1.99 and a 10 ounce box of mushrooms for \$1.99 for \$6.48 total. I then went by the Arnold Bread outlet, and I bought a 5.5 ounce box of Arnold Italian style regular cut croutons for .99 and a 5.5 ounce box of Arnold Seasoned regular cut croutons for .99 and a loaf of Freihoffer's low carb oat bread for \$1.05 less 10% senior discount of .30 for \$2.73 total. I then returned home. I brought up my purchases. I put the toilet paper in the bedroom closet with the other paper items. I put the yellow mouth wash on the rack in the bathroom. I put the food in the kitchen. I rinsed out the seltzer bottle, and I put in fresh water in it, and I charged it up with a CO2 cartridge, and I put it with the other three charged seltzer bottles on the lowest shelf of the rack at the bedroom entrance. I moved the Queen Elizabeth II whisky jug to on top of the Danish bar front and center. I then wiped the small bookcase with a damp cloth, and I polished it with spray furniture polish. I put it on the left wall just inside the bathroom. I put the stereo speaker on top of it sideways on the left, along with the cranberry color Old Harbor Candle Company candle holder from Hyannisport, Massachusetts and the large yellow candle in a green ceramic bowl. I took the folding oak dining tables that were there, and I put them on the left side entrance of the bedroom in front of the mirror hanging on the open door. I took the mahogany magazine rack that was there, and I emptied it of most of its contents, and I put the older magazines on the lower shelf of the bathroom bookcase. I move the steel music CD rack from the bedroom

entrance to in front of the left side of the Danish bar to the left of the small brass and glass end table. I cleaned the magazine rack with a damp cloth, and I polished it with spray furniture polish. I move the other small brass and glass end table to the left side front of the long green sofa, and I still have the Nantucket ash tray on it, and I filled the Greenwich Country Club Zippo lighter and the United States Marine corps Zippo lighter with Ronson lighter fluid and both of the two Zippo lighters are in the Nantucket ashtray and working. I put the magazine rack at the left end of the maple side table on the near end of the blue sofa. I filled it with the more current magazines and other recreational reading. I went outside a few times, and I chatted with neighbors. DHL www.airborne.com arrived with a delivery from Sears www.sears.com of the eight Sears Kenmore upright vacuum cleaner bags. I guess they will deliver the two vacuum belts tomorrow. I put a new vacuum cleaner bag in the Sears Kenmore upright vacuum cleaner, and I put the remaining seven on the top of the hanging clothes pack on the right side of my bedroom closet with the vacuum bags for the Hoover upright and Electrolux units and the Hoover belts. I threw out the old vacuum bag. Yesterday, I put the spare light for the Sears Kenmore upright vacuum cleaner in my top left bedroom mahogany bureau drawer with other electrical items. CIO

Note: <888> 08/25/04 Wednesday 7:10 A.M.: I moved the HP 4L laser printer from the right side of the AMD backup computer in the bedroom on the desk to on top of the HP 2D Laser Printer on the dining room table. I connected its power cord to the three plug adaptor that powers the other two HP laser printers off the control panel, and it is connected to the B: port on the control box on the wicker rack on the wall to the right of the primary computer. I set it up on the Siemens LAN port on the primary computer, and I will set it up on the backup computers at a later time, when I have time to turn them on and set it up. I moved the IBM Cyrix 233 MHz computer from beneath the bedroom side board to on top of the AMD backup computer, and I moved the Royal monitor from on top of the right side board monitor to the right side of the AMD backup computer, and I connected the IBM Cyrix up with the monitor, LAN cable, keyboard, and mouse. I have the keyboard resting on the monitor to give room for desk bric a brac. Thus I have five backup computers setup and ready to go in the bedroom, but it would be a little crowded except for five tiny skinny people to try to use. I still have the Dell backup computer and the primary computer in the living room. I will now shut down the computer, and I will clean up, and I will go out for some daytime activity. CIO

Note: <888> 08/25/04 Wednesday 6:05 A.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I did not have garlic to make a fresh batch of hummus www.geocities.com/mikelscott/hummus.htm , so I did not use hummus. For the cheddar cheese portion, I used Stop and Shop extra sharp cheddar cheese, and I used Stop and Shop New York extra sharp cheddar cheese. I had the salad with all of the other regular ingredients. I ate the salad with a glass of iced tea. CIO

Note: <888> 08/25/04 Wednesday 4:45 A.M.: I went through my email. CIO

Note: <888> 08/25/04 Wednesday 4:20 A.M.: I went through the last six weeks issues of the Greenwich Post and the Greenwich Citizen, and I threw them out with the grocery

store circulars and the computer periodical literature that I did not have time to read with some other periodicals. I saved some of the more eclectic magazines. I will now go through my email. CIO

Note: <888> 08/25/04 Wednesday 3:15 A.M.: This Tropical Depression 6 has formed [Tropical Depression SIX](#) and [National Hurricane Center Tropical Prediction Center](#) and [NRL Monterey Satellite Photos](#) . CIO

Note: <888> 08/25/04 Wednesday 3:10 A.M.: While I was sleeping yesterday around 2 P.M., I had somebody call me from Hyundai in San Diego to remind me that I needed my 45,000 mile service checkup done, but I told them that I only had about 42,000 miles on the car, so I do not need it done yet. I actually think from the service chart that I have, I only need an oil change and oil filter change done at 45,000 miles, which I can have done at Oil Star, and the next major service check is due at 48,000 miles. About 3 P.M. DHL delivered the light bulb that I order from Sears for the Sears Kenmore upright vacuum cleaner. I guess tomorrow they will deliver the vacuum bags and belts. I went back to bed until 10 P.M.. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went outside briefly, and I picked up my mail. I then went back to bed until 2:30 P.M.. I will now do some regular computer work. I also have to sort out my computer periodical literature and other periodical literature, much of which I do not have time to read, so I will throw it away. CIO

Note: <888> 08/24/04 Tuesday 10:25 A.M.: On my Sears www.sears.com order for the Sears Kenmore upright vacuum cleaner parts, the two belts shipped on 8/23, and the 8 vacuum cleaner bags shipped on 8/23, and the bulb shipped on 8/22. I channel surfed on the television. I watched President Bush's press conference from Crawford, Texas from yesterday on Cspan. I guess he is like me, and he does not iron his shirts, but prefers the fresh from the dryer look. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 08/24/04 Tuesday 9:00 A.M.: I threw out the garbage, and I chatted with some neighbors outside. It is getting late in the day for me, since I got up at 10 P.M. last night. CIO

Note: <888> 08/24/04 Tuesday 7:10 A.M.: I installed the latest Via 4 in 1 drivers version 2.4.1.0 . The scan with Norton Win Doctor 2003 now works on the first two active X scans. However, the program scan with Norton Internet Security Professional 2004 still freezes. CIO

Note: <888> 08/24/04 Tuesday 6:50 A.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I used a tin of sardines that I chopped instead of tuna fish. For the cheddar cheese portion, I used Stop and Shop extra sharp cheddar cheese. I used all of the other regular ingredients. I had the salad with a glass of iced tea. CIO

Note: <888> 08/24/04 Tuesday 5:30 A.M.: I checked my computer system security with [Symantec Security Check](#) , and it showed my Ping port was not Shielded but open. As I recall when I installed Windows XP SP2, and I last tested the security all of my ports were shielded. I tried changing some of the firewall settings for Norton Internet Security 2004, but the Ping port was still open. I tried enabling the XP SP2 firewall, but the Ping port was still opened. I tried some other settings to no avail. I reset my Siemens router to the default settings. I then uninstalled Norton Internet Security 2004 and Norton System Works 2003. One had to do a safe boot after uninstalling them to remove the "[C:\program files\common files\symantec shared](#)" folder and its contents, so one can reinstall them. I then reinstalled the copy of Norton Internet Security 2004 Professional by mistake that I had returned when I had problems before I got Norton Internet Security 2004. It installed all right, so I left it on my machine, and it recommended disabling the XP SP2 firewall, which I did. It is not that much different than Norton Internet Security 2004, but the product activation worked. I then installed Norton System Works 2003. I installed the updates. However, the [Symantec Security Check](#) still shows the Ping port is open, and there does not seem to be any remedy that I can find on the internet. I guess I will have to live with it. Also in Internet Security 2004 Professional when I scanned for programs, it freezes, so I will add programs as they pop up with security alerts. Also the first two Norton Win Doctor 2003 Active X scans both freeze now. I did do a Norton Win Doctor scan of the system without the first two tests. Overall the system is still running the same. I still do not like having the open Ping port, since as I once recall it was shielded. CIO

Note: <888> 08/24/04 Tuesday 12:05 A.M.: I was up at 10 P.M., and I had breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I called up the Oyster Bay Cove, Long Island, New York 1-516-922-6363 police department about a missing person. I was looking at this link [NRL Monterey Satellite Photos](#) and there is a hurricane like formation that has not formed yet northeast of Brazil. Frequently people whom live by the waterfront and forget whom they are, it is caused by the fact that they spend so much time outside, that they can get hit by lightning and forget whom they are. It happens all the time to people outdoors, camping, hiking, in the military, playing golf, mountain climbing and sailing. CIO

Note: <888> 08/23/04 Monday 2:55 P.M.: I microwaved and ate a Stouffer's 13 5/8 ounce chicken fettuccini lean cuisine dinner, which I ate with a glass of iced tea. I went outside, and I chatted with a neighbor. I had my August 30 appointment changed to September 13. I will now shut down the computer, and I will go to bed. CIO

Note: <888> 08/23/04 Monday 12:40 P.M.: I remembered this morning when I was talking about International Harvester now Navistar www.navistar.com which used to be one of my neighbors in Knollwood, Illinois nearby they had a International Harvester factory in Libertyville, Illinois. I met members of the McCormick family affiliated with that company while at college in Lake Forest, Illinois. Of course they have other factories elsewhere too. On one road trip across country, I happened to get tired and as usual back in the period from 1978 to 1980 during my four road trips across country, on one of those road trips I stopped by Wittenberg College now www.wittenberg.edu

Wittenberg University. I stayed at a fraternity house, and I went to a beer party before I resumed my trip the next day. While driving around the town Wittenberg University was in named Springfield, Ohio, I noticed they had an International Harvester factory that made the personal size vehicles similar to the old Wiley's Jeep, but slightly larger. I guess it was basically a farm vehicle for chores, but I have only seen a few of them around the country, so I guess they were not popular with the urban set, but they did not look too expensive and they were wider than the Jeep. Possibly they still make some sort of similar vehicle there if one is in the market for a utility type vehicle. I recall the people were very friendly there. I found this link on the International Trucks http://www.navistar.com/site_layout/index.asp from this site <http://www.ci.springfield.oh.us/>, so International is still the largest employer in Springfield, Ohio if you ever need a truck, but I am not sure if they make a personal size truck such as these http://www.navistar.com/site_layout/militarybusiness/index.asp and <http://www.smartruck3.com/>, which seem to be a little more elaborate than the simple farm vehicle they made around the time that I visited. On the farm in Knollwood, Illinois there was a 1947 International Pickup truck with a crank out front window that I actually might own still, since the person I sold it to for \$10 never took possession of it. CIO

Note: <888> 08/23/04 Monday 11:45 A.M.: I went out after the last message. I drove down by the waterfront and some new fishermen were there. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I used the bathroom at Starbucks. I then drove over to Putnam Trust Bank of New York on Mason Street. I checked on my account, and what I did earlier this morning was the correct procedure to correct the situation, so now I will only be billed a \$1.99 a month for internet banking privileges instead of \$4.99 a month for internet banking with bill paying. I then went by the Greenwich Hospital Thrift Shop. Everything is half price and clothes and linens are \$15 a brown paper bag. I then went by the Greenwich Library, and I read the Greenwich Time. I chatted outside with another regular library user. I then went by the Stop and Shop, and I bought 10 ounces of fresh spinach for \$1.99, a 16 ounce bag of baby carrots for \$1.99, and fresh broccoli from Maine for .99 a pound for \$1.25 for \$5.23 total. I then returned home, and I picked up my mail. I drank some iced tea. CIO

Note: <888> 08/23/04 Monday 5:25 A.M.: After the last message, I logged back on to <http://www.bnyonline.com/>, then I looked at www.outletpc.com then I looked at www.greenwichtime.com. Then I started to run Weather Pulse, and my computer froze. I tried rebooting, and it would not reboot. I tried several times to no avail. I finally did a System Restore from a Safe boot up, and it took longer for the System Restore than normally, and when the system rebooted, I did a Safe Boot again to complete the system restore. I then booted normally, and the computer booted without any problems. I tried Weather Pulse, and the program ran all right. I can not figure out what the problem was, but over the last few months, I have had major system problems at this hour on Monday morning, so possibly it could be an early bird hacker causing the problem. Whatever the case, I have notified Optimum Online that certain strange events are occurring occasionally, so I imagine if there is a hacker getting through my Norton Internet Security Firewall, they will notice the activity sooner or later. I am not good enough at

reading system logs to determine the problem myself. The only other alternative would be that some person or persons are gaining physical access to my apartment and causing the problems on the computer, which would have other ramifications too in terms of invasion of privacy and private security. Also it could be small bugs in Microsoft Windows XP SP2, but overall it seems fairly stable. Since the system worked fine for a day, I do not think it is the newer Nvidia driver, but it could always be that too, since when I originally installed XP SP2 the newer Nvidia driver caused a problem. Since it is suppose to be a nice day, I was thinking of going out early this morning for some fresh air, since I only got up at 7:30 P.M. last night. I guess I will now shut down the computer, and I will go out for some early morning activity. Since I have had additional expenses this month despite the fact that I did not have an automobile insurance payment or an electricity payment, I am still on a limited budget, so there is not that much I can do during the daytime besides sit and walk and observe. CIO

Note: <888> 08/23/04 Monday 4:20 A.M.: I checked my banking account at <http://www.bnyonline.com/>, and I noticed a \$4.99 charge on my checking account for a bank charge. I called 1-800-CALLBNY, and I chatted with the bank representative. The bank representative explained to me on my free checking account that the Internet Service is only available for free for the first two months. After that there is a \$4.99 charge for internet banking with online bill baying, but there is only a \$1.99 internet banking charge, if one does not use online bill paying, which I don't. I had them change my internet banking to the \$1.99 charge a month with no internet bill paying. I guess I am stuck with this month's \$4.99 charge, since I must have missed something in the fine print of the free checking account offer with internet banking and Master Card debit card. I guess I can afford the \$1.99 charge a month charge for the convenience of internet banking. CIO

Note: <888> 08/23/04 Monday 3:10 A.M.: I finished watching the History Channel program "D Day to Berlin". I will now do some regular computer work. CIO

Note: <888> 08/23/04 Monday 2:10 A.M.: I finished the backup of the C: drive to the D: drive with Windows XP backup ASR automatic system recovery. I placed the D: drive files into the C: drive for the backup to the D: drive. After the backup, I placed the D: drive files back from the C: drive to the D: drive. I then made a backup to the D: drive of the Documents and Settings folder and then another backup of all the files on the C: drive to the D: drive except the music files, Document and Settings, Program Files, System Volume Information, Windows, and System State folders. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm with all of the usual ingredients. For the cheddar cheese portion, I used Stop and Shop extra sharp cheddar cheese. I had the salad with a glass of iced tea. I have been watching the History Channel Program of "D Day to Berlin". I also ran Norton Speed Disk on the C: drive. CIO

Note: <888> 08/22/04 Sunday 11:20 P.M.: I was up at 7 P.M., and I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went outside briefly. I went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I then went by the Stop and Shop, and I

bought four half gallons of Tropicana Premium orange juice with calcium for \$2 each for \$8 total. They only carry Hoover Vacuum cleaner belts and Eureka and Hoover vacuum bags at the Stop and Shop. I then returned home, and I put the orange juice in the refrigerator, and I drank a glass of iced tea. I will now use Windows XP backup, and I will perform a full system ASR Automatic System Recovery backup, which will take an hour with other maintenance operations I have to perform. CIO

Note: <888> 08/22/04 Sunday 10:30 A.M.: Well, if one wants to order souvenir items for the Republican convention, try this link <http://www.therepublicanstore.com/> . Well, I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 08/22/04 Sunday 10:00 A.M.: I ate two scoops of Hagen-Daz frozen coffee yogurt. For any visitors from the warmer tropical climates whom have not experienced winters up north, they might research this weather information fact sheet <http://www.usatoday.com/weather/wcstates.htm> . I guess I have experienced more than my share of cold weather up north over all of these years, so when it is cooler in August this time of the year, and it was 55 degrees Fahrenheit earlier this morning, it might mean that we are in for a colder winter up north coming up. CIO

Note: <888> 08/22/04 Sunday 8:55 A.M.: I installed the latest NVIDIA driver 6.1.7.7 for my Mad Dog AGP Prowler 4X 64 meg. video card. It seems to be working just fine. Before installing the newer video driver, I had to uninstall the old NVIDIA driver. I also had to disable Norton Antivirus 2004 while installing the new driver. I then ran Norton Win Doctor 2003 on all but the first two tests. I then ran it on the second test, but this time it froze on the first test. Still the system is running just fine. I set the NVIDIA driver to make the Sony FD Trinitron monitor appear a little bit more brilliant. CIO

Note: <888> 08/22/04 Sunday 7:40 A.M.: Apparently the Dell 21 inch M1110 color monitor cost \$899 new in 1998, and today it sells refurbished for about a \$100, so I go a good deal on the monitor. I looked at this page <http://support.ap.dell.com/docs/monitors/6981E/> , and I reset the Dell M1110 monitor to the factory defaults, which one can do by pressing switch 9 and 10 and power switch http://support.ap.dell.com/docs/monitors/6981E/controls_and_indicators.htm . Of course after all of these years on computers, my eyesight is probably like Mr. McGoo. However, for big bucks computer people, I found this web site <http://www.lcdmonitors.philips.com/folder3/21-inch-lcd-monitor.html> , so it shows our Dutch cousins with the tulip guilders have a fairly expensive product for the user market. Of course, one would have to make sure if one were using a LCD monitor, one was using the right video card with DVI support. This page has some information on the subject <http://www.techbargains.com/video-products/product-reviews.cfm> . CIO

Note: <888> 08/22/04 Sunday 5:20 A.M.: The safest investment in the United States of America [Long Term U.S. Government Bond Yield Data, Trend, and Forecast](#) , but unfortunately if I am not mistaken, one has to pay Federal Income tax on T Bill earnings, where one could invest in riskier higher yield tax free municipal bonds, but depending on

the municipality, one could be at risk of losing one's investment if the municipality defaulted on their bonds. CIO

Note: <888> 08/22/04 Sunday 5:05 A.M.: Greenwich Time, Steamboat Road Pier, Blue Fish story [Greenwich Time - Blue fishing, a town summertime staple](#) . As I have told many of those blue fish regulars many times that I don't think the blue fishing on the end of the pier on Steamboat Road is that good compared to my experience in Nantucket. The first time I tired blue fishing in Nantucket was the first week of October in 1978, when John Cooper a fellow dishwasher at the Languedoc restaurant and also a landscaper for Lou Grossman took me blue fishing. He drove me out by the old U.S. Navy Quonset hut on the south shore of Nantucket at the end of Lyon Farm Road off the road from the Sconset rotary to Sconset, and during that two hours in the evening, I caught 78 blue fish and 2 stripped bass, sometimes two at a time. I tried fishing a lot after that experience particularly during my first trip to California, and I never caught any fish out in California. However, I suppose on remembering that first time blue fishing on Nantucket, and from seeing stories on Discovery channel, I could have been like one of those walruses on the rocks in Alaska, and I guess technically a killer whale or some other big fish could swim in the water with the blue fish and pull one right off the sandy south shores of Nantucket. I cleaned the fish on the beach that day, and as I recall, I sold them to the Languedoc restaurant for .35 a pound fileted. I used my profits to buy a two piece blank yellow fiberglass surfcasting rod that split in half, a Penn Reel, 50 pound test line, a yellow plastic tackle box, filet knife, farrells, Hopkins lures, and other fishing tackle items at the fish tackle store near the A&P parking lot. The Hopkins lures are what I used to catch the blue fish and stripers. On the road trip to California later that month, while I was out there, I took the farrells off my surf casting rod, and I wrapped it with blue nylon thread which was the same nylon thread that I used to make my back pack from the Heminway thread company of Steamboat Road in Greenwich, Connecticut. After I wrapped the entire surf rod with the nylon thread, and I wrapped the farrells on it with the same nylon thread, I primed it with lacquer primer and then I lacquered about five coats of lacquer on the rod waiting a day for it to dry between each coat and lightly sanding it with fine steel sand paper. Unfortunately in the damp California surf air, the rod did not dry properly between lacquer coats, and after about a week the lacquer bubbled. On my last trip to California, on election night in 1980 when Ronald Reagan looked like he was going to win the election, I was in Santa Barbara at the Montecito Inn witnessed by a local Greenwich lawyer. I was out of funds, so I left the fishing rod, tackle box, and Penn reel at the Shell gasoline station on the coast highway as it went through Santa Barbara. The attendant gave me \$10 of gasoline, and I drove down to Laguna Beach for the victory party, and about five days later, I sold the 1973 two door Burgundy Volvo made in Belgium for about \$1,250 at a cash for your car place in Anaheim, California near the entrance to Disney Land, and I flew back with a friend to New York. That was the last time I was on the west coast or California. I never had enough money or time to visit Disney Land in California. CIO

Note: <888> 08/22/04 Sunday 3:40 A.M.: I finished going through my email. CIO

Note: <888> 08/22/04 Sunday 3:30 A.M.: After reading this article [Forbes.com: Dutch Treat](#) , I think I will call my apartment, the Rembrandt suite. CIO

Note: <888> 08/22/04 Sunday 3:00 A.M.: I watched some television, but there is not much original programming this time of year, just reruns. I ate 20 Townhouse crackers. They tend to be a bit stale because living around the waterfront with lots of moisture, crackers get a bit damp. I know of people whom live near the waterfront that keep crispers in their kitchens or pantries to keep their crackers dry. CIO

Note: <888> 08/22/04 Sunday 1:30 A.M.: I read the June 2004 issue of Country Living magazine from England while I was at the Greenwich Hospital dental clinic on Friday afternoon. There was an article about energy problems in England. Apparently the wind powered electricity generating wind mills only work about 25% of time and most of the United Kingdom's energy resources from coal are depleted. Also the oil and gas from the north sea are running out fast and might not be available in the near future. Most of England's energy needs are being met by natural gas from Russia and the former Russian republics, Iran, and Algeria. The writer of the article mentioned that 80% of France's energy comes from nuclear energy, and more than likely some time in the near future England would have to turn to nuclear energy to meet its energy needs. The article also mentioned that in 50 years of nuclear energy worldwide, less people had died from nuclear energy accidents than die in a single week from automobile wrecks on the roads in England. I wonder how many people might actually die sooner for a lack of energy to stay warm during the colder months. I read on the BBC last winter that 50,000 people in the United Kingdom die from the cold every winter. It sort of makes one wonder what the real world priorities are of the so call environmental groups whom seem to continue to pursue more energy per capita per person than most people in the western world consume in their ordinary work day life in the western world. Of course in other areas of the world because of climate or a more rigorous lifestyles, they do not consume as much energy. I mentioned when I was down on the waterfront this past evening that the last time I was in Toronto, Canada about 21 years ago, all of Toronto was full lit up at night, and there did not seem to be any lack of electricity because of the large amount of electricity available from the power generation plants at Niagara Falls. CIO

Note: <888> 08/22/04 Sunday 1:00 A.M.: With all of the discussion about a Phelps family member at www.nbcolympics.com , there are other members of the Phelps family probably involved in <http://www.phelpsdodge.com/> which is another one of those companies that one does not hear much about, but more than likely they might make something that one occasionally might use. CIO

Note: <888> 08/22/04 Sunday 12:55 A.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I used all of the regular ingredients except instead of tuna fish, I used a tin of sardines that I chopped. For the cheddar cheese portion, I used Stop and Shop extra sharp cheddar cheese. I ate the salad with a glass of iced tea. CIO

Note: <888> 08/21/04 Saturday 11:40 P.M.: I had a telephone call from a friend this morning about 7 A.M.. I slept until 6 P.M.. I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went outside, and I chatted with a neighbor. I gave the neighbor a 10 foot telephone extension cord that I left outside the neighbor's apartment door. I then cleaned up, and I went downtown. I went by the Exxon gasoline station next to the Greenwich Library, and I bought \$7.30 of regular unleaded gasoline at \$2.259 a gallon for about 30 miles per gallon usage. I walked the entire length of Greenwich Avenue including the train station area, and I sat out at various locations. I used the ATM machine at Putnam Trust Bank of New York on Greenwich Avenue. I toured CVS and Scott toilet paper goes on sale tomorrow for \$4.99 for a dozen rolls of a thousand sheets. Scott toilet paper is not quilted like Charmin, but it works better in certain septic and sewer systems, since it does not clog as easy as the quilted variety which is more comfortable. Also a liter bottle of CVS mouthwash will be \$1.99. I then completed my walk. I next went down by the waterfront, and I chatted with some of the regular fishermen. I then went by the Stop and Shop, and I bought a 10 ounce bar of Stop and Shop New York extra sharp cheddar cheese for \$2.50 and a 10 ounce bar of Stop and Shop Vermont extra sharp cheddar cheese for \$2.50 plus a 10 ounce box of fresh mushrooms for \$2.29 for \$7.29 total. I then returned home, and I drank some iced tea. Before I went out, I moved the Scotch 3M paper binding kit in a box from the bedroom closet floor to the false ceiling above the bed in the bedroom. I put the Sears blue and grey Kenmore upright vacuum cleaner in the bedroom closet with the three other vacuum cleaners, so it is now not in the way in the bathroom. I brought up my straw hat from the car, and I put it on the brass hat and coat stand in front of the sweater closet in the hallway with my Greenwich Country Club golf hat, the smaller straw hat, and the Australian bush canvas hat. I noticed while I was downtown that the public bus leaving from in front of the train station traveling east had a bicycle rack for two bicycles on the front of the bus, so perhaps in the future if more people use bicycles, they will want to install larger bicycle racks on the public buses. Alas though, Connecticut is not as flat as the Netherlands, so people whom tend to ride bicycles have to be in better shape with all of the hills not to mention dealing with the traffic, since there are no bicycle lanes to speak of. CIO

Note: <888> 08/21/04 Saturday 1:40 A.M.: I will now shut down the computer. I will eat a bowl of wheat crackers with iced tea. I will then go to bed. CIO

Note: <888> 08/21/04 Saturday 1:35 A.M.: I ran the repair feature of Microsoft Office 2003. I then ran the Office updates. I installed one update for Contact Manager. I then ran Norton Win Doctor without the first two Active X tests. I then ran the second Active X test. I then ran the first Active X test with the scanning features disabled. I then ran the first Active X test with the scanning features enabled. Thus Norton Win Doctor fixed all the problems without freezing. I then did a System Restore backup. I then ran Ad-aware SE personal. I then ran CCleaner with the remove cookies feature disabled. CIO

Note: <888> 08/21/04 Saturday 12:15 A.M.: Of course if one were cleaning up after a hurricane www.geocities.com/mikelscott/weather.htm or a volcano <http://www.geocities.com/mikelscott/volcanoe02.htm> , I don't think a Sears Vacuum

cleaner would help much, but <http://www.allstate.com/> or www.geico.com might help, but as I recall after Hurricane Andrew, State Farm <http://www.statefarm.com/> quit issuing new insurance policies in Florida, and I am not sure about Allstate or GEICO. I once knew somebody from John Hancock insurance <http://www.johnhancock.com/> in Florida, and I would imagine Aetna <http://www.aetna.com/index.htm> , Travelers <http://www.stpaultravelers.com/> or <https://www.travelerslife.com/> or Prudential www.prudential.com or General Reinsurance www.genre.com or eventually Lloyd's <http://www.lloyds.com/> might be helpful. I once ran into somebody from Lloyds that claimed they lost a lot of money in Hurricane Andrew, but that is a different story, we will not dwell on at the present. Of course the United States government does sell flood insurance too <http://www.fema.gov/nfip/whonfip.shtm> . CIO

Note: <888> 08/20/04 Friday 11:45 P.M.: I looked at this link [Floor Care Accessories at sears.com](#) , but their web site does not tell which parts items are for which model numbers which is a serious error on Sears' part, so more than likely they hope you will show up in the store and buy something you had not plan on buying. I think in the business, they call that a loss leader. CIO

Note: <888> 08/20/04 Friday 11:20 P.M.: The Sears parts web site does not show any parts for the sale model yet including bags and belts, but I suppose that takes time, but more than likely bags and belts would be at the store. CIO

Note: <888> 08/20/04 Friday 11:05 P.M.: Of course the vacuum cleaner on sale is normally \$40 more plus about \$3 more tax, so I actually have saved about \$90. The unit I have is the same configuration as the one on sale, but it is blue and gray as opposed to green and gray. It does not have the capability of using the extra filters including the Hepa filters which would be another \$20 plus the tax, which I don't think the extra filters come with the sale unit but are available as additional items. CIO

Note: <888> 08/20/04 Friday 10:55 P.M.: Thus compared to the one on sale for \$40 plus \$9.50 shipping and about \$2.50 tax, I have saved \$52 minus \$5 or about \$47 by repairing the older Sears Upright Vacuum, which on my budget is quite a lot of money. CIO

Note: <888> 08/20/04 Friday 10:45 P.M.: Well basically since the Sear Upright vacuum cleaner that I got for free by our dumpster because it had a broken belt is like the one on sale but a couple of years older probably. Thus it only cost me that \$7.99 shipping and handling which includes the cost of shipping the bags too, \$2.99 for each of the two belts, and one is a spare, and a spare light bulb for \$2.99 and the vacuum bags for \$10.99 plus \$1.68 tax for \$29.63 total, thus the actual cost of the Sear Upright Vacuum cleaner to me is only about \$5 which is a fourth of the cost of the shipping and the cost of the belt to repair it, and of course I would need the bags and the spare parts in the future to continue to use it. CIO

Note: <888> 08/20/04 Friday 10:35 P.M.: I could have gone over to the new Sears at the Galleria in White Plains, New York to get the parts, but I figured it would have been

about \$4 in gasoline and wear and tear on the car to save the \$8 shipping and handling, so I decided not to venture over there. Plus by not going there, I do not have the temptation to spend money on other items. Of course, I could have bought the new upright vacuum cleaner for \$12 more tomorrow with tax there, but alas, I still would have had to buy the vacuum bags which would have been another \$12 with tax, so by repairing the slightly used one, I have saved about \$24 plus the gasoline and wear and tear on the car. Also I imagine in August, it would be a bit warm driving in White Plains, New York, since my car does not have air conditioning. CIO

Note: <888> 08/20/04 Friday 10:25 P.M.: I just noticed that in the Sears www.sears.com circular starting tomorrow [Sears.com Circular](http://www.sears.com) that the same vacuum [Kenmore Upright Vacuum, Swing Green w/Dark Gray at sears.com](http://www.sears.com) is \$10 cheaper starting tomorrow for \$39.99 for half price. I also figured out that one can have it shipped to Greenwich, Connecticut for \$9.50 plus about \$1.60 tax. Thus if one is thinking about getting an upright vacuum cleaner, it is a good deal. I paid for the parts I ordered nearly that much, but it included \$8.00 shipping and handling, plus I ordered 8 vacuum bags for \$11, so the repair parts were only \$9 plus tax with the shipping and handling. I chatted with two relatives, and I went outside briefly. CIO

End of Scott's Notes week of 08/20/04:

Note: <888> 08/20/04 Friday 8:40 P.M.: I dusted off the inside and outside of the Sears Kenmore upright vacuum cleaner. I cleaned and reinstalled the foam sponge air filter inside the unit by running it underneath hot water and rinsing it out. I will now send out my weekly notes. CIO

Note: <888> 08/20/04 Friday 8:20 P.M.: I had a little wooden folding chair which I had for soaking my feet in the bathtub with a Rubbermaid container from under the sink with Epsom salts which folding chair I had in the bathroom on the wall where the Sear Kenmore vacuum is now, so to make room I put the folding wooden chair underneath the far rear side of the blue sofa. It is a tight fit, but it is easy to access, if one needs it. I also use the folding wooden chair for changing smoke detector batteries and ceiling fixture lights and storing the Christmas decorations in the false ceiling in the living room. CIO

Note: <888> 08/20/04 Friday 8:10 P.M.: One of my neighbors discarded a broken Sears Kenmore upright vacuum today model number 116.39109991 similar to this unit [Kenmore Upright Vacuum, Swing Green w/Dark Gray at sears.com](http://www.sears.com) . I retrieved it from the dumpster area, and I inspected it. It had a broken belt. It also had a full vacuum bag. I noticed the neighbor had bought a new vacuum at Sears, because they are on sale through today. I decided to fix the unit. I ordered from Sears online www.sears.com two belts part #4369591 for \$2.99 each, a package of eight vacuum bags part #50688 for \$10.99 and a bulb part #5240 for \$2.99 plus \$7.99 shipping and handling and \$1.68 tax for \$29.63 total. I can track the order at <http://www3.sears.com/orderstatus.html> . It may seem a little bit expensive to spend on a used vacuum, but the bags were more than one third, shipping and handling and tax were one third, and the other parts were less than one third. I do not have room in my bedroom closet for it, so I placed it in the bathroom

along the wall toward the toilet to have it handy. I still have the old Hoover upright, the Electrolux with the hose and power nozzle, and the Electrolux with just the hose and metal tubes with brush attachment. On the Sears Kenmore unit, I can wash the sponge air filter. CIO

Note: <888> 08/20/04 Friday 6:00 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . This time instead of using a can of tuna fish, I used a 4.25 ounce can of shredded crab meat. For the cheddar cheese portion, I used Stop and Shop extra sharp cheese. I did not use mushrooms, since I am out of mushrooms. I had the salad with a glass of iced tea. I will now go outside briefly to throw out some garbage and check the weather. CIO

Note: <888> 08/20/04 Friday 4:45 P.M.: I went outside, and I did my previous mentioned errands. I picked up my mail. Earlier today, I moved the brass coat rack from the bathroom entrance to in front of the hallway sweater closet. I do not use the sweater closet much this time of the year, and I do not want to catch my toe on the brass pedestal of the brass coat rack. During the colder days of the winter, when I wear my Rainforest down filled overcoat, I hang it on the brass coat rack to have it readily available. However, currently it is 84 degrees Fahrenheit and feels like 92 degrees Fahrenheit <http://www.w3.weather.com/weather/local/06830> . The NOAA weather radio just went off [Weather Hazards for Northern Westchester County, NY](http://www.weather.gov/nyw) . CIO

Note: <888> 08/20/04 Friday 4:25 P.M.: I went out after the last message, and I went by the Arnold Bread outlet. I bought two 5.5 ounce boxes of Arnold seasoned regular cut croutons for .99 each and a loaf of Arnold stone ground wheat bread for \$1.89 for \$3.87 total. I then drove down by the waterfront. I next went by the Greenwich Hospital Thrift Shop. Everything is still half price except those items marked not half price and clothes and linens are \$20 a bag. There is not too much merchandise left, but one never knows what one will find. I then arrived at noon an hour early at the Greenwich Hospital dental clinic, and at 1 P.M., the dental hygienist started cleaning my teeth. They were dirty, and it took about an hour, and they also took a full set of dental x-rays. I then went back by the Greenwich Hospital Thrift Shop, and they had two 19 inch made in year 2000 Dell monitors for \$20 each which at half price would be \$10 each. I bought a 20 inch Dell M1110 monitor for \$20 not half price. I used my cart that I keep in the hatchback area of my Hyundai to carry it to the car. I then returned directly home, and I carried up the Dell monitor to my apartment. I disconnected the CompUSA 19 inch monitor from the left side of my primary computer setup, and I connected the Dell 20 inch monitor with the existing cables, since the 20 inch Dell came with out cables. It works just fine, and I now have two 20 inch CRT SVGA and UVGA monitors on my primary computer setup. I have them both at the same level, and the Dell sits on books on the dining room table to raise it up to the same height as the Sony 20 inch monitor that is at the center position. I have the Dell at about a 40 degree angle to the Sony monitor. From the Dell backup computer in the living room, I put the Dell Trinitron monitor with the AMD backup computer in the bedroom. I connected the 19 inch CompUSA monitor with a VGA cable that I had to the Dell backup computer in the living room. The CompUSA 19 inch monitor is about five years old. I bought it for about \$429 plus tax at CompUSA in

Norwalk. Actually \$279 of it was paid for by a friend as a Christmas gift that year. I move the HP Ultra VGA 17 inch monitor from the AMD backup computer to on top of the Gateway 2000 backup computer, and I moved the Royal 17 inch monitor from the Gateway 2000 to on top of the right Dell monitor on the sideboard in the bedroom. They are all connected up and running. I now have the Royal monitor for the IBM Cyrix computer that I do not have set up, but although it is 233 Mhz, it only has 64 megs of memory, but it does work. Maybe I should offer it to a thrift shop, but I am not sure they would want it. I adjusted and degaussed the 20 inch Dell monitor. Thus I have an even better primary computer setup. I will now go out to put the cart back in my car, and I will throw out my old ink cartridges that I had saved. CIO

Note: <888> 08/20/04 Friday 10:20 A.M.: I will now shut down the computer, and I will clean up, and I will go out. It is warmer today <http://www.w3.weather.com/weather/local/06830> with a high of 87 degrees Fahrenheit expected. I will eat a peanut butter sandwich with a glass of iced tea before cleaning up and going out. CIO

Note: <888> 08/20/04 Friday 10:05 A.M.: I woke up during the night, and I ate a couple bowls of wheat crackers. I was awake at 7 A.M.. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I did my house cleaning and watering the plants. I just threw out the garbage. I have a 1 P.M. dental appointment today. CIO

Note: <888> 08/19/04 Thursday 9:15 P.M.: I watched a Travel channel television show about the Bahamas. Of course, since I am not very good in the sun anymore, and since I do not drink alcohol anymore, I guess that is not a travel getaway option for myself. I once visited Paradise Island in the Bahamas around January 1978. It was a pleasant few days escape from Florida where I was camping out at the time. I guess, one would have to get use to the tropical lifestyle to enjoy the Bahamas. At the moment, it is still not too cool yet in Greenwich, Connecticut, and it was actually a bit warm today. I suppose in travel and tourism, it is what one is use to. I will now shut down the computer, and I will go to bed, since I did not have much sleep today. CIO

Note: <888> 08/19/04 Thursday 7:50 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I used a tin of sardines that I chopped. For the cheddar cheese portion, I used Stop and Shop extra sharp cheese. I used all of the other regular ingredients. I had the salad with a glass of iced tea. CIO

Note: <888> 08/19/04 Thursday 6:45 P.M.: I was up at 12:30 P.M.. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I cleaned up, and I made my 3 P.M. appointment. I stopped by the Greenwich Hospital Dental clinic, and they had a cancelled appointment, so I have an appointment to get my teeth checked tomorrow at 1 P.M., so I will be back on a day time schedule. I then went by the Greenwich Hospital Thrift Shop. Everything is mostly half price and linens and clothes are \$20 a bag. I next walked the entire length of Greenwich Avenue, and I sat out at various locations. I used the bathroom at the senior and arts center. I then drove down

by the waterfront, and it seems like Long Island Sound is still there. I then went by the Greenwich Library, and I read the Greenwich Time, and I read the Time magazine special edition on El Qaida. I just now returned home. I drank some iced tea. CIO

Note: <888> 08/19/04 Thursday 6:50 A.M.: If you can afford a safe deposit box <http://goldinfo.net/> and MintProducts.com . Alas, no one seems to have found the Lost Dutchman goldmine after all of these years of searching. However, the price of gold coins seems to be at a 10% premium compared to the spot price of gold [Live Market Quotes](#) , thus gold coins are not a good investment. I just chatted with a friend. I will now shut down the computer, and I will go to bed. CIO

Note: <888> 08/19/04 Thursday 6:05 A.M.: Charley aftermath hurricane information [The News-Press](#) . CIO

Note: <888> 08/19/04 Thursday 5:40 A.M.: I finished going through my email. CIO

Note: <888> 08/19/04 Thursday 4:55 A.M.: [Windows Your Way](#) . CIO

Note: <888> 08/19/04 Thursday 4:50 A.M.: 842242 - [Some programs seem to stop working after you install Windows XP Service Pack 2](#) and [Windows XP SP2 P.C. Magazine](#) . CIO

Note: <888> 08/19/04 Thursday 4:45 A.M.: I am going through my email. I shut down the HP Kayak XA computer and the bedroom hub. CIO

Note: <888> 08/19/04 Thursday 4:00 A.M.: [Recover From a Bad SP2 Install \(Microsoft\)](#) . CIO

Note: <888> 08/19/04 Thursday 3:55 A.M.: I tried starting the HP Kayak XA computer, but it would not start, and since I had had the same problem before, I disconnected the cables, and I opened the case, and I pressed on all the cable connections and the memory. I put the Opti USB 1.0 2 port USB PCI card in it. I then closed the case and reconnected the cables. It booted without any problems. I downloaded and installed the HP Kayak XA onboard sound drivers. I then finished configuring the computer. I am now running one last maintenance utility on it. I put the ice tea in the refrigerator. CIO

Note: <888> 08/19/04 Thursday 1:45 A.M.: I put away my laundry, and I ate my salad. I am now making a batch of www.geocities.com/mikelscott/icetea.htm . CIO

Note: <888> 08/19/04 Thursday 12:20 A.M.: I made my usual salad www.geocities.com/mikelscott/salad.htm , but I did not eat it yet. I will eat it after I fold and put away the laundry shortly. I used all of the regular ingredients, and for the cheddar cheese portion, I used Heluva A Good muenster cheese. I will have the salad with a glass of iced tea. CIO

Note: <888> 08/18/04 Wednesday 11:40 P.M.: I had a call from a relative in Maine after the last message this morning. The day bed is assembled in the bunk room in the basement in the house in Maine, and my other relatives scrubbed it with Fantastik and still wool to remove the old finish, and then they applied Formby's furniture finish http://www.formbys.com/products/face_lift.cfm to it to clean up the finish, and then they put a new box spring and mattress with it from Sam's Club <http://www.samsclub.com/>, and they have the pine table next to it, so it apparently it looks very nice. I was up at 6 P.M., and I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went outside briefly. I put clean linens on the bed in the bedroom. I then cleaned up, and I went out. I went by the Stop and Shop, and I bought a 10 ounce bar of Stop and Shop white cheddar Wisconsin cheese for \$2.50 and 10 ounce bar of Stop and Shop Vermont extra sharp cheddar cheese for \$2.50, fresh broccoli crowns for .79 a pound for .65, a 16 ounce bag of baby carrots for \$1.50, plum tomatoes at .99 a pound for \$1.68, and a 10 ounce bag of fresh spinach for \$1.99 for \$10.82 total. I went by the Greenwich Library, and I read P.C. Magazine. I then drove by the lower level of the Greenwich Train station office building parking lot, and the dumpster has lots of 20 inch computer monitors, but I can not lift them, and I have no room for them. I then drove down by the waterfront. I then by Starbucks and I used the bathroom. I next walked the entire length of Greenwich Avenue, and I sat out at various locations. I then returned home. I started two loads of laundry, and I have 50 minutes to go on the dry cycle. I washed my yellow Dupont Gortex wind breaker, and I have it drying in the bathroom shower tub area. CIO

Note: <888> 08/18/04 Wednesday 10:45 A.M.: I ate a bowl of wheat crackers with some iced tea. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 08/18/04 Wednesday 10:25 A.M.: I finished configuring the HP Kayak XA backup computer. I could not get the onboard sound to work, but I will work on that at a later time. I shut it down along with the bedroom hub. CIO

Note: <888> 08/18/04 Wednesday 9:15 A.M.: On the primary computer, I ran Ad-aware SE personal. I am running maintenance utilities on the HP Kayak XA backup computer. CIO

Note: <888> 08/18/04 Wednesday 8:20 A.M.: There is a new version of Ad-aware <http://www.lavasoftusa.com/support/download/>. CIO

Note: <888> 08/18/04 Wednesday 7:20 A.M.: I am still configuring the HP Kayak XA computer. I went outside briefly. CIO

Note: <888> 08/18/04 Wednesday 6:05 A.M.: I had a problem getting the Linksys 8 port hub working on the bedroom backup computers, but I finally disconnected all of the cables including the power cable, and I changed the multiple power adaptor plug to another similar one, and it would not work on 3 volts, and it is suppose to use 3.3 volts, but it works on 4.5 volts. I am still in the process of configuring the left HP Kayak XA computer. Today, I received a Bush Cheney 04 bumper sticker in the mail, and since I

already have a W04 bumper sticker, I sent it to a relative in Kennebunkport, Maine <http://www.geocities.com/mikelscott/137.htm> . I mailed it at the Valley drive post office, when I went out the first time this past evening. CIO

Note: <888> 08/18/04 Wednesday 2:15 A.M.: I took the second power strip that I had on the floor in front of the living room desk, and I used it to connect the cordless telephone wires, answering machine, and lamps on the maple table. I put the white extension cord on the floor in the left living room closet. I put the three prong adaptor and the three plug converter in the top left mahogany bureau drawer in the bedroom. CIO

Note: <888> 08/18/04 Wednesday 1:55 A.M.: There is another tropical storm front northeast of Brazil [NRL Monterey Satellite Photos](http://www.geocities.com/mikelscott/weather.htm) , so remember to keep www.geocities.com/mikelscott/weather.htm handy. I put the two foot by four foot Saudi Arabian hospitality flag back up on the center hallway bookcase in case any oil sheiks down south decide to come back north to escape the tropical weather fronts. I made up a fresh batch of homemade hummus www.geocities.com/mikelscott/hummus.htm . I used two cloves of elephant garlic in it. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I used a tin of sardines that I chopped. For the cheddar cheese portion, I used Heluva A Good muenster cheese. I used all of the other regular ingredients. I had the salad with a glass of iced tea. I will now finish configuring the left HP backup computer on the sideboard in the bedroom. CIO

Note: <888> 08/18/04 Wednesday 12:15 A.M.: I was up at 6 P.M. this evening. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went outside briefly, and I picked up the mail. I showered and cleaned up, and I drove over to Radio Shack in Cos Cob, and I brought the receiver for my General Electric cordless 25 channel telephone that I bought about six years ago. It had been in my bedroom desk drawer. I bought a Radio Shack cordless telephone nickel-cadmium rechargeable battery 3.6 volts 350 mAh #23-197 for \$11.49 and .69 tax for \$12.18. The salesman installed it for me. I then returned home, and I connected the base unit for the General Electric 25 channel cordless telephone to the telephone splitter beneath maple side table at the end of the blue couch, and I used a AC power 3 plug adaptor and a 3 pole to 2 pole adaptor to plug in the power supply to the existing extension cord with the General Electric answering machine and the Uniden cordless phone. I put the receiver in the cradle to charge the battery. I still had the AT&T corded phone at that location too. I then went out, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I used the bathroom twice at Starbucks. I then drove down by the waterfront. I next went by the ATM machine at Putnam Trust Bank of New York on Mason Street. I then drove over to CVS at the Riverside Shopping center, and I bought a Southwestern Bell inline coupler to connect two telephone lines together for \$2.99 plus .18 tax for \$3.17 total. I then returned back to central Greenwich, and I drove down Greenwich Avenue again. I then returned home. I have several spare 10 foot telephone cords in my top left living room desk drawer, so I took one, and I used a spare telephone line splitter, and I connected it underneath the Queen Anne chair to the existing tree of

telephone line splitters that come off a cable from my bedroom wall and connect my living room telephones and modems. I then connected the AT&T corded telephone from the maple side table, with the inline coupler, and I placed the AT&T telephone on the far right side of the mahogany bureau next to the French reproduction sitting chair for easy well lit telephone conversation at a convenient location. I moved the Revere bowls to the center of the Danish bar, and I moved the display case with family picture and Greek parthenon silver plate box to the left side of the mahogany bureau. I put the Nantucket ashtray on the small brass and glass end table on the entry side of the blue sofa, and I put the Netherlands Club of New York trivet on the other small brass and glass side table beneath the Danish bar. The General Electric 25 channel cordless telephone is partially charged, and it works just fine. I now have seven corded telephones and four cordless telephones in the apartment, and they all work. I also have the Net2Phone program on my computer with the cable modem for talking domestically for 2 cents a minute. CIO

Note: <888> 08/17/04 Tuesday 10:45 A.M.: Well, the system seems to be running fine again. I can not figure out if it is system incompatibilities, buggy hardware, or some sort of hacker or intrusion. However, since I have excellent firewall protection, I doubt if it is a hacker or intruder, since there would be no logical reason for someone to waste their time bothering me, since there are a lot more lucrative targets. Since the system seems to run flawlessly most of time, I tend to think that is not the problem. Possibly it is just that my 20 month old hardware is not as compatible with the newer system. Anyway on my budget, I will have to live with it as is, and it seems fine for now. The virus might have come on the DVD software disk, and the new Norton AntiVirus 2004 update detected it. There does not seem to be any system damage from the deleted virus. The fact that ActiveX can lead to problems, my only option would be to restore the Internet Explorer settings to Default, but I have not changed them unless some other program changed them. I am tired, so I will now shut down the computer, and I will go to bed. CIO

Note: <888> 08/17/04 Tuesday 10:10 A.M.: I restored my Microsoft Money 2002 backup file which was three days old, and I updated the most recent entries, and the Microsoft Money 2002 backup to floppy disk now works. I went outside before I did that. CIO

Note: <888> 08/17/04 Tuesday 9:20 A.M.: I ran [Symantec Security Check](#) . I passed the test perfectly. The test installed another ActiveX control. I then ran Norton WinDoctor 2003 by running all but the first two tests, then the second test, and then the first test, and it fixed all of the problems. However, if one tries to run all of the tests at the same time, the system freezes. The test alerted Norton AntiVirus 2004 that I had the "Hope.860" virus in my Power DVD "updateipr.exe" file, but when I scanned with Norton AntiVirus 2004, it did not find it. I uninstalled Power DVD which is the DVD program that came with the DVD drive, since I do not use it. I then ran Ad-aware 6.0, but the system froze on the cookies scan, so I deleted my cookies, and I ran Ad-ware 6.0 and it did a complete scan without finding any problems. Possibly the problem that I have had with the Norton Win Doctor 2003 and Norton AntiVirus 2004 might be caused by the fact that I have UDMA enabled on my IDE 1 controller in the device manager. Still, the system seems to be running fine without any problems. I guess basically one can check out the system

indefinitely, but one of these days, I will have to get back to reading the tech news, however during the vacation time, there is really not that much tech news at the moment. CIO

Note: <888> 08/17/04 Tuesday 7:25 A.M.: [Symantec Support XP SP2 FAQ](#) . CIO

Note: <888> 08/17/04 Tuesday 7:20 A.M.: I tried doing a Norton Win Doctor 2003 scan, and the first option Windows Registry Active X agents caused my system to crash, so I disabled the first option. It has worked before, so possibly the recent Symantec update caused it to crash. The alarm bell went off at 6:55 A.M., but it was reset shortly there after. CIO

Note: <888> 08/17/04 Tuesday 6:35 A.M.: I ran the Symantec Update, and the Norton Internet Security 2004 firewall was updated. However, it recommended and turned off the Windows XP firewall, so possibly when I had the XP firewall enabled, it might have disabled the Norton firewall. I will leave it with the Norton firewall enabled which is the recommended settings by Norton Internet Security 2004. Possibly, one can only have one firewall enabled. CIO

Note: <888> 08/17/04 Tuesday 5:35 A.M.: I mention in my notes about 20 months ago that in times of war in the United States of America that espionage and other similar endeavors are considered a Capitol Felony [Text of Texas Penal Code Sec. 12.31.](#) , and one can be tried and convicted to the fullest extent of the law under those statutes. CIO

Note: <888> 08/17/04 Tuesday 5:10 A.M.: I had a technical problem after the last message. I entered my \$5 donation to the American Red Cross disaster relief fund in my Microsoft Money 2002 program, and when I was closing it, it went to save the backup file to floppy disks which it does once a week. While it was saving it to the first of five floppy disks since it is a large file, the system froze. When I rebooted the computer, it would not start. I tried booting it a few more times to no avail. The system however would boot in Safe Mode, so I did a system restore to two days ago. When I booted after the system restore, the computer would not boot, so I booted to Safe Mode again, and the system booted in Safe Mode and completed the System restore process. I then booted the computer regularly with the cable modem turned off without any problems. I tried closing the Microsoft Money 2002 program again, and it froze at saving it to the first floppy disk again. I went through the same procedure again to get the computer going again. I noticed my router lights were blinking steadily, so I call Optimum Online tech support at 1-203-348-9211. However, I remembered that the Siemens router blinks constantly when the three networks are bridged together, so I determined that I did not have a DNS attack going on. I chatted with the tech support representative about what I had been doing for the last month and a half. He said I would probably have a more reliable system if I did not use the USB networks, but I explained that for now it worked just fine. I could always take out the USB card and install the network card again, but I think it is less drain on the motherboard resources having the USB card than using the motherboard USB ports. The system is running fine, but I have not gotten much work

done tonight at all. I turned off the weekly backup to floppy disks option in the Microsoft Money 2002 program. CIO

Note: <888> 08/17/04 Tuesday 2:35 A.M.: I made a \$5 online donation to the American Red Cross Disaster Relief fund <https://www.redcross.org/>. CIO

Note: <888> 08/17/04 Tuesday 2:20 A.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm. I used all of the regular ingredients. For the cheddar cheese portion, I used a Heluva A Good muenster cheese. I had the salad with a glass of iced tea. CIO

Note: <888> 08/17/04 Tuesday 12:55 A.M.: I had a telephone call from a relative about 10 A.M. yesterday morning. I got up about 2:30 P.M. yesterday afternoon, and I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went outside briefly and I picked up my mail. I then went back to bed until 6 P.M.. I filled out a form for the Social Security service. I cleaned up, and I went out. I went by the Greenwich Library about 8 P.M., and I read Smart Computing magazine. I toured some of the other parts of the library to see what was going on in other sections besides the periodical section. I then went downtown, and I mailed the Social Security form at the central Greenwich Post Office, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I chatted with another night time person. I drove down by the waterfront. I then went by the Food Emporium, and I checked out their sales brochure. Everything is expensive there. I guess it is because the price of oil recently has risen from \$30 a barrel to \$46 a barrel which tends to drive up the price of other items particularly those items dependent on transportation. I chatted with the same individual that I had chatted with downtown. I then returned home, and I drank some iced tea. CIO

Note: <888> 08/16/04 Monday 1:25 A.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 08/16/04 Monday 1:00 A.M.: I relaxed a bit. I ate a bowl of peanuts finishing off the jar. I had the peanuts with a glass of iced tea. CIO

Note: <888> 08/15/04 Sunday 11:35 P.M.: I went out after the last message. I went by CVS on Greenwich Avenue, and I picked up a prescription. I also bought buy one get one free or two boxes of CVS thirty bags of 13 gallon kitchen plastic garbage bags for \$3.69 plus .22 tax for \$3.91 total. I then drove down by the waterfront. I next drove over to Staples in Old Greenwich, and I bought a box of 100 slim CD jewel cases 50 clear and 50 translucent for \$12.44 and two packages of 50 TDK CD/R disks for \$9.94 a package plus \$1.94 tax for \$34.26 total. I then went out to Tod's Point. I drove around the point, and I parked at the southeast parking area. I chatted with a resident. The resident's car battery had run down, so I jump started it with cables that I have in the back of my Hyundai. I had to pull close to the other car for the cables to reach. I have a Slaymaker jump start system in my apartment, but I do not keep it in the car because it gets too hot and cold in the car depending on the season. I noticed on the positive poll on my Sears

battery that the connector was loose, so I used a wrench that I keep in the back of my car, and I loosened it, and I pushed it down all the way, and I tightened it securely. I also checked the negative terminal. I can not imagine why it was loose, but I suppose it has been that way for some time. I then chatted with another visitor. I next drove back to downtown Greenwich, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I used the bathroom at Starbucks. I next drove down by the waterfront. I then returned home. I put the two TDK CD/R bundles on the floor to the rear and right of the computer. I put the box of CD jewel cases on the left living room closet floor. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I used all of the regular ingredients except, instead of tuna fish, I used a 6 ounce can of flaked crab that I rinsed and drained, and for the cheddar cheese portion, I used Heluva A Good Muenster cheese. I had the salad with a glass of iced tea. I keep my spare plastic garbage bags above the stove. CIO

Note: <888> 08/15/04 Sunday 3:10 P.M.: I was up at 10 A.M., and I had breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I went back to bed until 2 P.M.. I chatted with the relative that received the day bed, and they are trying to improve and clean the finish on the day bed. I suggested using lemon oil, which I have always found to be an easy way to brighten up old wood furniture. I went outside, and I chatted with a neighbor, and I threw out some garbage. If one looks at [NRL Monterey Satellite Photos](#) , one can see two clearly defined hurricanes out in the Atlantic ocean which are the ones that I was worried about last Sunday. Hurricane Danielle is suppose to track north in the Atlantic and avoid land fall [DANIELLE](#) and Hurricane Earl is headed towards the Yucatan and possibly Texas [EARL](#) . One has to remember this is just the beginning of the tropical storm season, so one should regularly check www.geocities.com/mikelscott/weather.htm . I will now shut down the computer, and I will clean up, and I will go out. CIO

Note: <888> 08/15/04 Sunday 4:30 A.M.: French information [List of French monarchs - Wikipedia, the free encyclopedia](#) . I will now shut down the computer, and I will go to bed soon. I guess any republicans left in the area should try to save their money until the end of the month, so they can try to look presentable during the nearby Republican convention in case any big wigs venture out this far. CIO

Note: <888> 08/15/04 Sunday 2:50 A.M.: I went through my email earlier. Basically from what I know not much is happening locally, since during this time of year people tend to be on vacation. Still, since we are near a major metropolitan area, there tends to be people in this area most of the time. Of course a lot of people from the neighboring communities work here, so they tend to keep an eye on the place, when some of the locals are busy with other matters. From what I know from studying and observing the weather locally this past summer, it looks like it might be a colder winter, so more than likely those areas to the north of us will be even colder this winter. Generally in this area when we have colder winters, the people from the warmer countries tend to go back down south, and we tend to get people from the areas north of us living here during the winter. In other words, there tends to be a lot of French speaking Canadians whom seem to work their way down here treating this area like a spring day during the winter.

Whatever, the case we will have to wait and see to see how the winter develops. However, for those people whom like to plan their budgets ahead, more than likely they will be spending more money on heating utility bills than in past winters. Since I tend to acclimated to the colder temperatures of this area already, more than likely my upcoming heating electricity bills for this upcoming winter will probably tend to be the same as in past winters. One energy saving tip, is one can go to Models sporting goods at the Port Chester, New York shopping center, and for about \$8 top or bottom one can buy cotton sweat pants or tops which tend to be warmer for lounging around one's home in the winter, so one does not need to keep the thermostat as high. CIO

Note: <888> 08/15/04 Sunday 2:25 A.M.: This page [Belgium Population](#) and [CIA - The World Factbook -- Belgium](#) says the Netherlands has a higher population than Belgium, so I guess with all of the over crowding in Belgium, some of the Belgium population has moved to the Netherlands [CIA - The World Factbook -- Netherlands](#) to make it the highest population density in Europe. Basically one could figure it out oneself by dividing the number of square miles or kilometers into the population of the country. Both of them are on the north sea, so they might also have a lot of bog people whom tend not to mingle to well with their urban cousins and might not be counted. CIO

Note: <888> 08/15/04 Sunday 2:00 A.M.: The country with the highest population density in the world is the country of Belgium. Although, it is only about the size of Fairfield County, Connecticut, this person must be surrounded by a lot of people [Albert II of Belgium - encyclopedia article about Albert II of Belgium](#). Free access, no registration needed. What does Albert II of Belgium mean? What is Albert II of Belgium? Provided by the [Free Online Encyclopedia](#). . Of all the European monarchies the Belgium Royal family is suppose to be the most old world and staid of the group. Since it is not a very large country, the Belgium people are not use to traveling very much, since they risk leaving their country if they travel too far in any direction. However, they tend to be cousins of both the French and Dutch which I also am, so I feel comfortable around the Belgium people, but I do not speak Flemish or Dutch, but I have studied four years of French. My father lived a good deal of his working career in Belgium, so I know a little bit about it. Also since my mother is Holland Dutch American, she also knows something about the area. Whatever, the case Belgium is also suppose to have fine dining. I suppose since Belgium was once part of Flanders before it sank under water 50,000 years ago, some of the Flemish still are in Belgium, and since the Ghost of Flanders has appeared in this apartment, I call my Greenwich Housing Authority public housing building at 71 Vinci Drive, "Flanders's Farm" , since possibly the Flemish when their country sank under water 50,000 years ago might have sailed away and established colonies elsewhere. I call the pier on the end of Steamboat Road Flanders Pier. Thus since more than likely there are other Flemish people around the waterfronts around the world, they like to keep in touch about Flemish life in various other parts of the world. However, since I do not know Flemish or Dutch, I would have only have spoken to Belgium people that I have met in English or poorly spoken French. The Belgium royal family are not known for very much, other than the fact that Queen Victoria's husband Prince Albert was King Leopold of Belgium's nephew, so King Leopold helped finance his nephew's family, and so they became more prominent in the English language. CIO

Note: <888> 08/14/04 Saturday 11:15 P.M.: I went out after the last message, and I went by the Greenwich Library. I chatted with another local library user for a while. We walked across the street to Kinko's twice. The other library user reported that he was walking at the top of Greenwich Avenue on Thursday when a man hole exploded, and I told the other library user that on previous occasions it was just squirrels or rats gnawing on the cables. When we departed company, I noticed that the reason the subject matter came up, was that there was another man hole explosion on East Elm Street across from the Greenwich Time he must have seen before he started talking to me, and the electric company had their trucks there to fix the problem. Since it was about to rain anyway, and I did not know if there were any other problems downtown, I did not walk Greenwich Avenue, and I did drive down by the waterfront. I then returned home. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I used a tin of chopped sardines instead of tuna fish. For the cheddar cheese portion, I use Heluva A Good Muenster cheese. I used all of the other regular ingredients. I had the salad with a glass of iced tea. I relaxed a bit. I went outside, and I chatted with a neighbor. I chatted with a relative. I am working on my email. I ate a bowl of peanuts with some iced tea. CIO

Note: <888> 08/14/04 Saturday 3:25 P.M.: I moved the Lindbergh radio to the right side of the mahogany bureau in the bedroom, and I put it on the green leather box. I moved the metal file folder holder from the right monitor on the bedroom side board to the left side of the mahogany bureau. I removed the spare Seneca cigarettes from their box, and I put them on the bedroom closet shelf on the right side. I collapsed the box, and I put it underneath the bed. Thus the two monitors on the side board in the bedroom connected to the HP backup computers do not have anything on top of them, so they are ready for use. I also have two LAN cables connected to each of the living room and the bedroom hubs, so one could use laptop computers off of them, and I also have all of the other spare cables underneath the living desk. I ate a peanut butter sandwich a glass of iced tea. I will now shut down the computer, and I will clean up, and I will go out. CIO

End of Scott's Notes week of 08/14/04:

Note: <888> 08/14/04 Saturday 2:05 P.M.: I tried calling a relative. I will now send out my weekly notes.

Note: <888> 08/14/04 Saturday 2:00 P.M.: Happy Birthday to a relative. I was up at 8 A.M., and I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I moved the Abraham Lincoln portrait to the left side of the left sconce, and I put the family grouping of pictures in the dark green and golf leaf design frame to the lower left of the right sconce. I went back to bed until 1:30 P.M.. I replaced the bulb in the lamp on the oak bookcase on top of the mahogany bureau in the bedroom with a 100 watt bulb. To reach it I used the folding chair that I keep in the bathroom. I went outside, and I picked up the mail downstairs. CIO

Note: <888> 08/14/04 Saturday 12:30 A.M.: I will now shut down the computer, and I will go to bed soon. I ate a bowl of peanuts with iced tea. CIO

Note: <888> 08/14/04 Saturday 12:15 A.M.: I finished watching the opening ceremonies of the Athens Olympics 2004 on <http://www.nbcolympics.com/> . CIO

Note: <888> 08/13/04 Friday 10:15 P.M.: I went out after the last message. I went downtown, and I walked the entire length of Greenwich Avenue. I sat out at various locations. I stopped by CVS during the walk, and I bought a box of 80 Hefty Easy Flaps 13 gallon tall kitchen bags for \$5.99 and a 22 ounce spray can of CVS foaming carpet cleaner which is good for upholstery too for \$3.99 plus .60 tax for \$10.58 total. I next used the ATM machine at the Greenwich Avenue branch of Putnam Trust Bank of New York. I then completed my walk. I next drove down by the waterfront. I then went by the Exxon gasoline station next to the Greenwich Library, and I bought \$6.40 of regular unleaded gasoline for \$2.259 a gallon for about 28 miles per gallon usage. I then went by the Stop and Shop, and I bought a 10 ounce box of mushrooms for \$2.29, fresh broccoli crowns at \$1.69 a gallon for \$1.64, a 10 ounce bag of fresh spinach \$1.99, a 42 ounce container of Quaker Old Fashioned oat meal for \$3.99, a 24 ounce bar of Stop and Shop extra sharp cheddar cheese for \$4.99, two Maria Callender 16 ounce bread chicken parmegiana dinners for \$2.29 each, and a Maria Callender breaded chicken 16 ounce dinner for \$2.29 for \$21.77 total. I then returned home. I turned on the Summer Olympics, and I am still watching the parade of nations <http://www.athens2004.com/> . I microwaved and ate a Maria Callender 16 ounce breaded chicken parmegiana dinner, which I ate with iced tea. I also put grated parmesan cheese on the chicken parmegiana. CIO

Note: <888> 08/13/04 Friday 6:25 P.M.: I finished the house cleaning and watering the plants. I put a little liquid plant fertilizer in the plant water. The TEAC DVD player would not work, which it does not, if there is weight on the top of it. I took off the family picture off of it, and I hung it to the left of the left sconce. I move the picture that was there to beneath the right sconce beneath the picture of Abraham Lincoln. Beside my normal house keeping routine, I also vacuumed the furniture. I was able to reset the TEAC DVD player by unplugging its plug, and it now works. I put new AA Energizer batteries in the TEAC remote control, and I left the TEAC remote control unit on top of the TEAC DVD player. I threw out the garbage. It is beginning to rain. I will now go out to do some errands. I will shut down the computer. CIO

Note: <888> 08/13/04 Friday 3:50 P.M.: I moved the book on antique cars to the center hallway bookcase. I moved the 4 inch magnifying reading glass to the right bookcase in the hallway. I move the two wooden remote control holders to the window shelf to the right of the plants. I put the two brass candle holders with white candles and the two 15 inch tall hurricane globes on the brass and glass coffee table. I do not have anything on the two smaller brass and glass coffee tables. I microwaved and ate a 13.25 ounce Stouffer's Lean Cuisine chicken Florentine meal, which I ate with a glass of iced tea. I move the blue sofa and maple side table a little further away from the entrance area, so the entrance area is more spacious. I will now do my house cleaning and watering the plants. CIO

Note: <888> 08/13/04 Friday 3:10 P.M.: I chatted with a relative. CIO

Note: <888> 08/13/04 Friday 3:00 P.M.: I finished moving the furniture around. It all looks a lot better. I have a lot of extra pillows stacked on the bed in the bedroom, some of which I might get rid of in the near future. I put the linens from the day bed in plastic bags in the false ceiling above the bed in the bedroom. I have the two wool throws underneath the end of the bed in the bedroom. I also put the damask comforter in the false ceiling. I have the AMD backup computer sitting on the Danish desk in the bedroom hooked up. I had to move the ceiling tile with the smoke detector in the living room closer to the kitchen, since it was above a lamp fixture that caused it to go off. I threw out the old Dupont Orlon throw rug that I replaced with the larger antique rug. On the wall where the day bed was, I have the Danish bar from the left, the long mahogany bureau, and the French sitting chair. I put the magazine rack with the periodical literature at the bedroom door entrance. I put the oak folding tables where the square table was in the bathroom on the left wall as one enters. I went outside for breaks a few times. I received the General Electric Service contract on my General Electric Profile 15,500 BTU air conditioner with remote control good until September 12, 2005. I paid it a week or so ago. The living room is a lot more spacious looking and more comfortable. I have the two couches about five feet apart across from each other with the antique rug on the floor between them with the two foot by four foot brass and glass coffee table set up in between the two couches. I still have the maple side table against the near end of the blue couch with the telephone equipment and lights and the other same items on it. I have about 30 inches between the back of the blue couch and the living room closets. I have one of the small brass and glass coffee tables at the near end of the blue couch and the other one in front of the Danish bar. One can enter the sitting area from either end of the blue couch. The overall effect is much more pleasing. My steel folder holder is on top of the right monitor on the side board in the bedroom. I put the cups with the pens on the lower shelf of the left bookcase in the hallway. CIO

Note: <888> 08/13/04 Friday 10:30 A.M.: My relatives arrived at 9:30 A.M. to pick up the day bed. We took the day bed apart. They decided not to take the box spring and mattress, so we discarded them by the dumpster outside. They took the day bed frame apart and put it inside their car, so they don't have to carry the box spring and mattress on the roof. I also gave them the pine square table at the bathroom entrance. The items are for another relative's house in Kennebunkport, Maine <http://www.geocities.com/mikelscott/137.htm> . They left at 10:20 A.M. to get a coffee downtown, and then they are back on the highway ahead of the rain. I will now rearrange the furniture putting long mahogany bureau on the wall where the day bed was with the Danish bar and separate the two sofas further apart and put an antique rug I have on the floor in between them with the brass and glass coffee table from on top of the bedroom desk in between them with the two smaller brass and glass end tables on either end of the blue sofa. I have a lot of day bed linens and spreads and mattress pads to store away. CIO

Note: <888> 08/13/04 Friday 9:20 A.M.: [Key West Hurricane Local Statement](#) . CIO

Note: <888> 08/13/04 Friday 9:10 A.M.: I was up at 6:30 A.M.. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I

checked outside. I watched the hurricane news www.geocities.com/mikelscott/weather.htm . I showered and cleaned up. My relatives whom are coming to pick up the day bed called at 9 A.M., and they are just crossing the George Washington Bridge coming north, so they should be here soon to pick up the day bed. I went outside briefly. CIO

Note: <888> 08/12/04 Thursday 11:25 P.M.: I will now shut down the computer, and I will go to bed soon. I am suppose to have my relative call between 7 A.M. and 9 A.M. about picking up the day bed. CIO

Note: <888> 08/12/04 Thursday 11:20 P.M.: I ate a bowl of peanuts. I called up <http://www.laconchakeywest.com/> at 1-305-296-2991 , and I chatted with the desk manager. I told him he was probably in the safest location in Key West. He told me they are expecting a seven foot tide surge, and I read that Tampa is expecting a 14 foot tide surge. Key West weather warning [Hurricane Local Statement Key West, Florida](#) . <http://www.liveduvalstreet.com/> shows not many people are moving around in downtown Key West. The desk clerk at La Concha said there were news media people down there covering the story. CIO

Note: <888> 08/12/04 Thursday 10:25 P.M.: I called the Casa Marina in Key West, Florida <http://www.casamarinakeywest.com/> at 1-305-296-3535 , and I suggested to them that they should evacuate the hotel and go to the La Concha Hotel <http://www.laconchakeywest.com/> which I believe is a little bit taller hotel. CIO

Note: <888> 08/12/04 Thursday 10:00 P.M.: I went outside briefly. I chatted with a relative. I found this story about the Florida Hurricanes [TCPalm: Charley could flood parts of Tampa; 800,000 in Florida told to evacuate](#) and remember www.geocities.com/mikelscott/weather.htm and for the god's eye view [NRL Monterey Satellite Photos](#) . CIO

Note: <888> 08/12/04 Thursday 8:45 P.M.: [Slipstreaming Windows XP Service Pack 2 and Create Bootable CD - Windows-Help.NET](#) . CIO

Note: <888> 08/12/04 Thursday 8:40 P.M.: This a Microsoft page with the XP SP2 RTM download available in English, German, Korean [Download details: Windows XP Service Pack 2 for IT Professionals and Developers](#) . CIO

Note: <888> 08/12/04 Thursday 8:25 P.M.: The Microsoft Windows XP SP2 service pack RTM (released to manufacturing) is available in the German Version from this link [Windows XP Service Pack 2 download in German](#) . Although it is also available in Japanese, I can not find it on the internet. CIO

Note: <888> 08/12/04 Thursday 7:50 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . For the cheddar cheese portion, I used Heluva A Good Muenster cheese. I did not use mushrooms. I had the salad with a glass of iced tea. CIO

Note: <888> 08/12/04 Thursday 6:30 P.M.: I went out after the last message. I went by the Arnold bread outlet, and I bought two 5.5 ounce regular cut Arnold garlic and cheese croutons for .99 each and a loaf of Arnold Oat bran bread for \$1.45 for \$3.43 total. I then went by the Mercedes Benz dealership on West Putnam Avenue, but they do not have anyone whom uses Windows XP in German there. I then drove down by the waterfront. I next went by the Greenwich Library, and I read the Greenwich Time and P.C. Magazine. I sat out and watched the weather a bit. I chatted with another regular walker. I did not walk downtown today, because I still have some computer work to do. I returned home, and I drank some iced tea. CIO

Note: <888> 08/12/04 Thursday 3:15 P.M.: I ate a peanut butter sandwich with a glass of iced tea. I will now shut down the computer, and I will clean up, and I will go out. CIO

Note: <888> 08/12/04 Thursday 2:15 P.M.: I was up at 10 A.M.. I chatted with a relative. The two relatives are not sure whether they will be coming by tomorrow morning to pick up the day bed or not. It depends on the weather, and they will call me tomorrow morning. If they do pick it up, they are going to put the box spring and mattress on the car roof and cover it with heavy plastic sheeting, but if it is raining, they might delay their trip until Saturday morning. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I had the package from <http://xtremetoner.com/> with my two Epson StylusColor 880 color and two black ink cartridges which came in about two days priority mail from the west coast. I put the new ink cartridges, on the top shelf of the wicker rack behind the 19 inch left monitor above the old used ink cartridges on the lower shelf. The four port USB 2.0 PCI card also arrived from <http://www.pcimicro.com/>. I went outside, and I checked my mail. I got another copy of Horse Illustrated magazine. I took out the two port USB 1.0 card from the computer, and I installed the four port USB 2.0 PCI card. I plugged the D-Link 3 USB port device with LAN, the Sony monitor 4 port USB hub, and the two four port USB hubs into the USB 2.0 ports on the rear of the computer. When I booted and after some tweaking all of the devices were recognized and the drivers for my USB devices were installed, and they all are working just fine. I still have the cable modem install the same way with one USB cable from the D-Link USB hub to the cable modem USB port, one LAN cable from the D-Link LAN to the Siemens router, and one LAN cable from the onboard LAN to the Siemens routers, and I have all three LANs bridged with firewalls enabled. I do not know whether USB 2.0 devices will play through my HUBs or not, since they are not USB 2.0 hubs, but maybe that does not matter. I am currently getting 3607.4 kbps from [CNET Bandwidth Meter Speed Test - Bandwidth Test](#). CIO

Note: <888> 08/12/04 Thursday 2:40 A.M.: On <http://www.liveduvalstreet.com/>, I saw an old friend of mine who is still down in Key West, Florida. I guess he moved out of Malibu, California. I think he should look at www.geocities.com/mikelscott/weather.htm, but he has weathered worse storms. I finished configuring the HP Vectra XU 6200 backup computer. I have the HP Kayak XA backup computer back up and running, but I still have to configure it. I connected two LAN cables to it, since it has two LAN connections. I thus have five backup computers capable of running, and one slower IBM

Cyrix in reserve not connected besides the primary computer. I never really use the backup computers, and I have mostly used them for beta testing. However, in an emergency they would be able to be used if there was electricity and cable modem working here. I shut down the two HP backup computers. For an overall view of the Atlantic Ocean try [NRL Monterey Satellite Photos](#) . I will now shut down the primary computer, and I will go to bed. CIO

Note: <888> 08/12/04 Thursday 1:40 A.M.: I finished going through my email. CIO

Note: <888> 08/12/04 Thursday 12:15 A.M.: On the primary computer, I ran Ad-aware 6.0 and Norton Win Doctor. I am still doing maintenance on the HP backup computers. I ate a bowl of dry roasted peanuts and a half dozen triscuits finishing off the box. I had them with some iced tea. CIO

Note: <888> 08/11/04 Wednesday 10:45 P.M.: <http://www.liveduvalstreet.com/> . CIO

Note: <888> 08/11/04 Wednesday 10:40 P.M.: I went outside briefly. Remember one should check www.geocities.com/mikelscott/weather.htm , if one is down south. CIO

Note: <888> 08/11/04 Wednesday 10:20 P.M.: I did some maintenance on the AMD backup computer in the bedroom, and I am still doing maintenance on the two HP backup computers in the bedroom. I microwaved and ate a 14 ounce Maria Callender chicken tenderloins dinner, which I ate with some iced tea. CIO

Note: <888> 08/11/04 Wednesday 8:30 P.M.: I took the case cover off the HP Kayak computer, and I checked the cables, and whatever I did, it now works fine. I will do some system maintenance on both HP backup computers. CIO

Note: <888> 08/11/04 Wednesday 7:05 P.M.: I just woke up from my nap. I watched a little bit of the news. CIO

Note: <888> 08/11/04 Wednesday 2:30 P.M.: It is suppose to be raining soon which tends to make me tired with the lower barometric pressure, so I will not log off the computer, and I will rest for a while. CIO

Note: <888> 08/11/04 Wednesday 2:20 P.M.: The Queen Mary II is due to arrive back in New York on September 17, 2004 <http://www.qm2.org.uk/itinerary.html> which is the day before Stillman Rockefeller's funeral at Christ Church here in Greenwich, so maybe the old world British and the old world Americans will be converging at that time. CIO

Note: <888> 08/11/04 Wednesday 2:15 P.M.: I chatted with a friend. I watched some television. I ate half a bowl of Arnold Zesty Italian large cut croutons, a half dozen triscuits, and two and a half .75 inch by .25 inch by 2 inch slices of Heluva A Good Muenster cheese along with some iced tea. CIO

Note: <888> 08/11/04 Wednesday 1:05 P.M.: Weather Hazards for Northern Westchester County, NY . CIO

Note: <888> 08/11/04 Wednesday 1:00 P.M.: I went outside briefly. I picked up the mail. The first issue Horse Illustrated magazine arrived that I subscribed to for free. I ate a bowl of peanuts with some iced tea. CIO

Note: <888> 08/11/04 Wednesday 12:05 P.M.: I chatted with a couple of relatives, and we researched these two web sites on heel spurs <http://www.painfree-eswt.com/> and <http://heelspurs.com/index.html> . Locally here in Greenwich, Connecticut, it was reported that James Stillman Rockefeller aged 102 passed away yesterday at his home in Greenwich, Connecticut Greenwich Time - James S. Rockefeller dies at 102 . CIO

Note: <888> 08/11/04 Wednesday 11:00 A.M.: I was up at 9:30 A.M.. I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. The National News and the Weather Channel report that Hurricane Bonnie is heading towards the Pensacola and Panama City, Florida region and that Hurricane Charlie is headed towards the Florida Keys www.geocities.com/mikelscott/weather.htm . I went outside, and it is sultry here, but it is only 73 degrees Fahrenheit here <http://www.w3.weather.com/weather/local/06830> , but having sat by my air conditioner most of this summer working on the computer, it feels warmer. CIO

Note: <888> 08/11/04 Wednesday 1:10 A.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 08/11/04 Wednesday 12:55 A.M.: The worse case scenario of an "811" meltdown of the Internet would be that millions of people will not be able to check and trade their stock market portfolios and like lemmings to the sea, there might be mass selling causing panic in the equity markets. Thus an "811" meltdown of the world equity markets would be an economic assault on the world economy as we know it, but once again that is just the worst case scenario. Maybe so many people are on vacation that nothing will happen, since recently the internet has been quite fast with everyone at the beach or where ever they happen to Holiday. CIO

Note: <888> 08/11/04 Wednesday 12:40 A.M.: If the computer industry keeps up the way it is currently going from an economic point of view, we are all going to end up like "Max HeadRoom" The Dominion - Max Headroom , or as the writer Villards David better known as Winston Churchill said in his book "Advise to My God Children", "Always Eat Rice With a Spoon." CIO

Note: <888> 08/11/04 Wednesday 12:25 A.M.: I hate to say it, but when I few million people or more try to download the Windows XP SP2 RTM (released to manufacturing) download of 266 megabytes, we might be testing the limits of the internet capacity, so it will be interesting to see how many people download it, and if the internet infrastructure is up to the task. CIO

Note: <888> 08/10/04 Tuesday 11:25 P.M.: Windows XP SP2 Final RTM (released to manufacturing) is available for download on the internet from this link <http://www.softpedia.com/public/scripts/downloadhero/13-9-177/> , but it is a 266 meg. file download, so unless one has a cable modem, it would take quite a while. CIO

Note: <888> 08/10/04 Tuesday 10:05 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I used a tin of sardines that I chopped. For the cheddar cheese portion, I used Heluva A Good Muenster cheese. I used all of the other regular ingredients. I had the salad with a glass of iced tea. If any computer people have not figured it out, many of the people whom produce software code for programs like Windows XP are not volunteers, and they contract out for certain job assignments based on their experience and what their employers are willing to pay. Once the project is complete and released to distribution, they tend to go back to their homes until the next project comes around and is completed. I still have a Texas Longhorn steer horn in my apartment that was made as into an ashtray, and now that Microsoft Windows XP SP2 is completed, Windows Longhorn <http://www.microsoft.com/windows/longhorn/default.mspx> is still under development and not scheduled for release until early in 2006, so I guess once its beta is available and if I have the time and resources to test it, and if Microsoft lets me beta test it, I will be working on it, but I would imagine we will not see the beta probably until this winter at the earliest. I suppose it would run on my primary computer, but I do not think I would want to use it for an early beta. Basically I did not do a lot of beta testing on XP SP2 except install the different betas and then uninstall them, until I had to recreate my entire system starting July 1, 2004, when XP SP2 RC2 totally crashed my system. However, since it was a fairly fresh install on my system, the final release of XP SP2 installed almost flawlessly. CIO

Note: <888> 08/10/04 Tuesday 8:25 P.M.: I took the three canvas blue and white ground level beach chairs out of the false ceiling in the bedroom, and I put them on the back seat of my Hyundai behind the driver's seat. I now have those three canvas beach chairs, two long stretch plastic beach chairs in the back hatch back area of the Hyundai and the black and wooden canvas director's chair in the car. However, with the beach chairs, there is only room for three people in the car, but if I ever needed to transport 4 or 5 smaller people all together, I could put the three canvas beach chairs back in the apartment, and once the cold weather comes, I will put them back in the false ceiling in the bedroom. I chatted with a neighbor. CIO

Note: <888> 08/10/04 Tuesday 6:50 P.M.: I put the Styrofoam packing peanuts and other packing material in the bag in the false ceiling above the bed in the bedroom. I also have three canvas blue and white ground level beach chairs up there, about eight humidifiers, about a dozen stuffed pillows, my Minolta laser printer box, and Northgate computer shipping box. CIO

Note: <888> 08/10/04 Tuesday 6:40 P.M.: I ran the Symantec Live Update program. CIO

Note: <888> 08/10/04 Tuesday 6:10 P.M.: I went outside briefly to throw out the box. Since I live on a limited income, I keep a lot of spare items around the apartment that might come in handy at some future date. CIO

Note: <888> 08/10/04 Tuesday 5:50 P.M.: I had about eight computer parts shipping boxes and cigarette box shipping boxes, that I broke down by removing the tape on the bottoms, and I collapsed them, and I stored them underneath the bedroom bed. I put the shipping foam peanuts and other shipping bubble wrap in a bag in my bedroom window. I put the box with computer parts and the DVD/CD drive box and the old broken CD drive in the box on the speaker to the left in the bedroom window. To make room for the broken down boxes, I will throw out the Pure N Simple water filtration box and its literature, but I will save its videotape on my stereo bookshelf rack with other tapes and the faucet connector parts, I put on the floor in the hallway sweater closet. CIO

Note: <888> 08/10/04 Tuesday 5:25 P.M.: I changed the three calendars in the apartment from July 2004 to August 2004. I have a Welbilt bread machine, Krups steamer, Italian pasta machine with parts, and Hamilton Beach juicer on the floor of the left living room closet along with all of the other kitchen items in the apartment. CIO

Note: <888> 08/10/04 Tuesday 5:15 P.M.: Blenders come in handy, since one can use them to make cold frosty drinks in the summer or if one is very careful not to overfill them, so the lid comes off hot soups in the winter. One can also use them to make baby food or food for older people whom do not have many teeth. I also have a Cuisine Art food processor in the kitchen with blades in the cabinet above and a spare Cuisine Art food processor in the bedroom closet. I had a bag of ice cubes in the refrigerator that were about a year old, so I threw out that ice, and I put in ice from the ice trays that is about eight months old, and I put in fresh water in the eight ice trays in the freezer. I also have a small Rubbermaid container in the ice bag in the freezer in my refrigerator that has a sample culture of the penicillin mold that I found growing in my refrigerator about eight months ago that I reported on at that time. I have kept it frozen in the ice bag since then. Basically in my volunteer computer operation, I pretty much do everything myself in the apartment, but a large group of town employees still maintain the building and the surrounding environment and we have an experience group of volunteers. CIO

Note: <888> 08/10/04 Tuesday 4:45 P.M.: I chatted with another relative. Earlier, when I chatted with another relative, they mentioned that another relative visiting that relative was making a milk shake and the blender malfunctioned, and the contents went over the kitchen. That relative wanted to know if I had a blender to send up with the day bed, and I do. However that relative mentioned that the relatives moving the day bed were planning to put the box spring and mattress on the roof of the car, which I do not think is safe. When I was driving up to Kennebunkport, Maine at the end of June, I saw a car with a box spring and mattress on the roof, and the front end of the mattress was blowing up in the air four feet like an air foil, which I do not think is a very safe driving condition, since it changes the aerodynamics of the vehicle, not to mention if the box spring and the mattress came off the roof, it would be a very unsafe hazard on the highway. I advised against bringing up the day bed box spring and mattress on the roof of the car when I

chatted with the other relative. The other relative said they would call me back. I have about a 20 year old Hamilton Beach 14 speed Instablend blender, which I just cleaned up, and I put on the kitchen counter, so the relatives if they do come through could take that up too. I also cleaned the Braun hand mixer which I have on the right wall shelf. The Greenwich Hardware store has two Braun blenders on the 70% off shelf. CIO

Note: <888> 08/10/04 Tuesday 3:30 P.M.: I was up at 1 P.M.. I went outside, and I picked up the mail. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I chatted with a relative. I went back outside briefly. Two of the sofas in the community room have disappeared, perhaps they are being reupholstered. I have seen lots of people in the area this summer as usual from down south including many people from the wealthier areas of Florida. I have also seen various other groups of people whom travel through this area in the summer including the usual cross section of gypsies that seem to like to frequent the wealthier areas. In the computer software business, since Microsoft is releasing the Windows XP SP2 update for free in the next couple of weeks, there would seem there would be no rush by the software pirates to dry to distribute it illegally. However, since over 50,000 people beta tested Windows XP SP2, it would be widely in distribution. However, since it does incorporate software protection features against pirated versions of the software, more than likely any hackers or software pirates whom were not beta testers might try to obtain the final release, since they would want to try to crack the software protection features, so they could update their pirated software. I am volunteering helping Microsoft out, since they gave me a free copy of Microsoft Office 2003 when I attended the TS/2 Security conference at the Holiday Inn in Bridgeport, Connecticut this past February. Basically, I have beta tested Windows XP SP2 since December 2003, and possibly Microsoft might give me a free full version copy of the final released product. If not, I still have my own copy of Windows XP Professional upgrade that I paid \$200 plus tax for at CompUSA in Norwalk, Connecticut in December 2002, and I received a \$50 mail in rebate from Microsoft for attending a Windows XP conference at the Stamford Marriott before I bought the product. Since IBM uses 400,000 licensed copies of Windows XP in their worldwide operations, I would be a little hesitant at calling IBM's personnel software pirates, but I suppose to many of the naive non computer users, it might seem that way. However, since I am half Holland Dutch, and since the Dutch with Philips developed CD technology, and since the Dutch are cleaver in that technology, more than likely some of my Dutch cousins and their associates have tried to copy copywrited music and computer software with CD technology probably along with videos. However, since I spend most of my time trying to work on the software systems part of the computer and reading technology reports, I have a feeling that some of the local beer boys whom may or may not have computers seem to think they know more about computers than they actually do. Basically the computer people in this area know the key players, and just because somebody works as a trucker, janitor, grounds keeper or food service employee in a technology company in this area or another area, it does not mean that individual knows what the real technology people know about the business and who is whom. CIO

Note: <888> 08/10/04 Tuesday 5:50 A.M.: I am a bit tired, so I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 08/10/04 Tuesday 5:10 A.M.: I microwaved and ate a Stouffer's Lean Cuisine Cafe Classics bowl Chicken Teriyaki white meat chicken with long grain white rice, snap peas, carrots, and red peppers 11.5 ounce portion, and I ate it with a glass of iced tea. CIO

Note: <888> 08/10/04 Tuesday 4:40 A.M.: I went out after the last message. I drove over to King Street in Port Chester, New York, and I drove up to IBM in Armonk, New York. When driving in back country at night one has to drive slowly and keep a keen eye out for deer of the Bambi type, since they frequently jump out in front of cars. This trip I did not see any deer. I delivered the Microsoft Windows XP SP2 RTM Japanese version to the IBM Security personnel working there at night at about 3 A.M. EDT. I then returned to central Greenwich via King Street and Glenville Road. I chatted with a town employee downtown. I drove down by the waterfront. I then went by the ATM machine at Putnam Trust Bank of New York on Mason Street, and I used the ATM machine. I just now returned home, and I drank some iced tea. CIO

Note: <888> 08/10/04 Tuesday 2:15 A.M.: I finished the download of Microsoft Windows XP SP2 RTM Japanese Version. I made three CD copies and put them in jewel cases and labeled them. I will now make like the pizza delivery man and deliver one copy to the security gate up at IBM Armonk, New York. I am sure they would rather have a Planet Pizza from Greenwich, Connecticut, but maybe they will get use to eating rice. CIO

Note: <888> 08/10/04 Tuesday 1:30 A.M.: IBM tells users not to install Windows XP update , IBM goes slow on XP update - News - ZDNet , SP2's new firewall: Better than nothing, but not good enough - News - ZDNet . I am 60% through downloading. Technically, since I am a Microsoft OEM and a beta tester, I guess I am allowed to release the final release of XP SP2 to interested parties, but usually I let the younger professionals do that. However, we are in a unique situation, since a lot of the reps are on vacation right now, and I am probably the only one in the area in proximity. I have been up since 6 A.M. yesterday in the morning, but if it is important, after I copy the Japanese download of XP SP2 to CD, I could technically make it five miles back to IBM Armonk to deliver it. However that is a dangerous road at night when one is tired, and I would rather not drive it tonight. If one thinks it is really important, they could have the decency to give me a telephone call to let me know. However, if they can not afford the fifty cents for a local pay phone or if they do not have a telephone of some sort, I would doubt that they are the truly interested parties, since the interested parties are not afraid to communicate. My experience with the final release of Windows XP SP2 so far is that it is very stable and increased my computer performance by about 25 percent and since I mostly use Microsoft products I have no problems with it. However, IBM is a major player in this area, and I have been over there many times. Also since the Japanese community are workaholics and since they are probably not on vacation and since they are probably the largest venture capitalists in this area during the last 20 years having done things like buy several trillion dollars of United States government debt during the last 20 years, I suppose I could go out of my way to get it over to Armonk. My local Japanese contact more than likely is not available. However, my insurance man at

GEICO www.geico.com would probably prefer me not to be driving when I am extremely tired. Don't forget www.geocities.com/mikelscott/weather.htm and [NRL Monterey Satellite Photos](#) . CIO

Note: <888> 08/10/04 Tuesday 12:25 A.M.: I am now downloading the Japanese version of Windows XP SP2 final release, which takes a while because Microsoft's beta download server only goes at 56 KBS. You don't suppose it is all coming out of someone's home telephone line. CIO

Note: <888> 08/10/04 Tuesday 12:20 A.M.: I put away the iced tea in the refrigerator. CIO

Note: <888> 08/09/04 Monday 11:45 P.M.: I had something funny happen today when I was driving up King Street to IBM. A pickup truck passed going the other way around Anderson Hill Road, and a large amount of paper items flew out of the back of the pick up truck. While I drove up to IBM, I heard a scraping noise, which I thought might be a car problem. The security guard at the gate at IBM did not say anything, but when I was walking out of Putnam Trust Bank of New York on Mason Street after I returned to Greenwich, I noticed about a three foot by two foot piece of white quilted type packing material stuck underneath my left front wheel housing which was causing the car to make a little bit extra noise until I removed it, when I discovered it. CIO

Note: <888> 08/09/04 Monday 11:05 P.M.: I bought my Epson StylusColor 880 color printer the day before 09/11/2001 <http://911digitalarchive.org/> , so it sort of has sentimental value to me. I recall it was a \$149 printer on sale at Staples in Old Greenwich, Connecticut for \$79.99. I also recall going back to Staples the week after 911, and they gave me an additional \$10 off under their price protection policy, since it was for sale \$10 cheaper. I have used it for my inkjet printing ever since. The current Epson made color and black ink cartridges which are half full were obtained from Entree computer, when they exchanged Epson 800 color and black ink cartridges that I had mistakenly obtained from Marx Brother's going out business sale for half price. I just now ordered from <http://xtremetoner.com/> for the EpsonStylus Color 880 printer two black #T019201 ink cartridges for \$5.95 each and two color #T020201 ink cartridges for \$8.95 each plus \$8.75 U.S. post office priority mail which was only about \$2 more than UPS ground for \$38.55 total. I printed out my receipt. I also reinstalled the Epson Status monitor, which now works when one prints out. It has been a very reliable cost effective printer these last three years, but I do not use it too much since I have the laser printers. Still, it comes in handy for printing out my Christmas letters and other color projects occasionally. I now have to separate the calling cards that I printed out. CIO

Note: <888> 08/09/04 Monday 10:05 P.M.: I just discovered that my calling cards have the wrong email address on them. The ones that I have been handing out have "mikscot@optonline.net" instead of "mikescot@optonline.net" . I guess after looking at computers all of these years, my eye sight is not that clear. I will email the address "mikscott@optonline.net" about the error. I printed out 58 new calling cards with the right email address. I emailed mikscot@optonline.net , and it is not a valid email

address. I must have handed out about 150 calling card with the wrong email address. I guess when one looks at computers all of these years, one has a hard time reading the fine print. CIO

Note: <888> 08/09/04 Monday 8:40 P.M.: I went out after the last message. I made it to my 4 P.M. appointment. I then drove down by the waterfront and some of the usual fishermen were there. I then drove over to Radio Shack in Cos Cob, and they have a number of clearance items. I bought a Radio Shack Digital Home Messenger Center regularly \$29.99 for \$4.97 plus .30 tax for \$5.27 total. I then sat out downtown for a while. I returned home, and I put four new AAA Duracell alkaline batteries in the Radio Shack Home Messenger Center, and I tested it, and it works just fine. It has four message box buttons each of which will record and play back up to 12 messages for a total of 60 seconds for each message box. I placed it on the right side of the Maple side table next to the Danish bar by the French sitting chair near the wire telephone with the instructions underneath it. I took the picture of President Bush and First Lady Laura Bush that I had in an inexpensive frame, and I put it in the brass frame that I bought today, and I rehung it in the same location on the right side of the day bed. I also have another picture of President Bush and the Bush Cheney Inaugural invitation underneath the picture that shows. I took the inexpensive frame that had a picture of the Russian Tall Ship training vessel the C.R.F. Kruzenshtern , and I hung it on the wall in the bathroom with my other ship pictures. C.R.F. stands for Czar's Royal Fleet, but in Russian it would be spelled differently. I then took four family pictures, and I put them in the green and gold floral design frame that I bought today, and I placed it on the left side of the TEAC DVD player beneath the Orion television in the living room. I am in the process of making up a batch of www.geocities.com/mikelscott/icetea.htm . Also today when I was coming back from IBM, and I was driving down Glenville Road, which I hardly ever do, I noticed at the old farm on Glenville Road, they have a Farm Stand where they sell sweet corn, and I suppose other produce. There is another farm stand on West Putnam Avenue near the oil company across from the Chrysler dealership service garage. The electricity just blinked, but the computer did not go off. CIO

Note: <888> 08/09/04 Monday 3:10 P.M.: I was up at 6 A.M. this morning. I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I checked the weather outside. It seems to be a nice day. I just noticed on the internet that IBM www.ibm.com paid a .18 a share quarterly dividend. I did not know that that this morning, but after I cleaned up. I took a blue and a green rubber band, and I fastened them around the Microsoft www.microsoft.com Windows XP SP2 final release CD disks one each in English and German, and I inserted a calling card. I then drove up to IBM's World Headquarters in Armonk, New York, which is only about five miles north of me in Byram, Connecticut next to Greenwich, Connecticut, I dropped off the two CD disks at IBM's security gate with the security guard for IBM to evaluate. I mentioned the names of a couple of IBM people that my family is suppose to know. I noticed they have a helicopter pad by the gate, but the helicopter that was just landing or taking off looked like something out of the Wright Brothers, so maybe IBM should check out United Technologies and buy one of them Sikorsky helicopters like this [Sikorsky](#) . However, although the helicopter looked like a pile of junk, it might be well maintained,

so it might be reliable. I personally would not ride on that IBM helicopter I saw at the IBM gate, but maybe it was not an IBM helicopter, but just a visitor's helicopter. I hope the corporate brass at IBM enjoy the final version of Windows XP SP2, which I have found to be significantly better. I next drove back to Greenwich, and I went by Putnam Trust Bank of New York on Mason Street, and then I went by the Greenwich Hospital Thrift shop, and I bought an 8" X 10" malachite type color in dark green and gold floral design picture frame that is free standing for \$5 and a brass 8" by 10" picture from for \$1.50 for \$6.50 total. I then went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I toured the Greenwich Hardware store and CVS. I used the bathroom at the senior and arts center. I think the senior center serves an inexpensive lunch to seniors. I then returned home. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . For the cheddar cheese portion, I used Heluva A Good Muenster cheese. I used all of the other regular ingredients. I had the salad with a glass of iced tea. My cigarette order of seven cartons of Seneca Ultra Lights 100s cigarettes arrived from <http://www.smokemcheapcigarettes.com/> , and I will open up the package shortly. I now have 9 and a half cartons of cigarettes which should last me a while. I have my usual Monday biweekly appointment today at 4 P.M.. CIO

Note: <888> 08/08/04 Sunday 10:45 P.M.: I ate a bowl of Planter's Dry Roasted peanuts with some iced tea. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 08/08/04 Sunday 9:55 P.M.: One of the relatives that I chatted with today told me that some of my other relatives would be coming now to visit on Friday August 13, 2004 in the morning to pick up the day bed from my living room and to take it up to the other relative's house in Kennebunkport, Maine <http://www.geocities.com/mikelscott/137.htm> . Let's hope it is all right to do it on Friday the 13th. CIO

Note: <888> 08/08/04 Sunday 9:30 P.M.: I downloaded and installed the Zinio Reader www.zinio.com , and I also downloaded the last month's worth of magazines that I subscribe to for free. CIO

Note: <888> 08/08/04 Sunday 8:30 P.M.: I went out after the last message. I went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I stopped by CVS, and I bought sixteen 3.75 ounce tins of Beach Cliff sardines in water for two for .99 for \$7.92 total. I then drove down by the waterfront and some of the native American Indians have returned to their Happy Hunting Grounds. I next sat out for a while on one of the benches at the Greenwich Library parking lot. I then went by the Stop and Shop, and I bought a 12.5 ounce Maria Callender chicken tenders dinner for \$2.29 and a Maria Callender 12.5 ounce turkey white meat slices with stuffing dinner for \$2.29, a 16 ounce bag of baby carrots for \$1.50, broccoli crowns at \$1.49 a pound for \$1.44, plum tomatoes at .99 a pound for \$1.56 for \$9.08 total. I then returned home, and I put away my groceries, and I drank some iced tea. CIO

Note: <888> 08/08/04 Sunday 3:30 P.M.: I chatted with a relative. I put away the laundry. I tested my sound card speaker system by listening to

<http://www.powerfmradio.com/listen.htm> . Those limeys in Lanzarote never get Island Fever. I made up a fresh batch of homemade hummus
www.geocities.com/mikelscott/hummus.htm . I made and ate my usual salad
www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I used a tin of chopped sardines. For the cheddar cheese portion, I used Heluva A Good Muenster cheese. I used all of the other regular ingredients. I had the salad with a glass of iced tea. The Optimum Online mail server is still not working yet. I will now shut down the computer, and I will clean up, and I will go out. It is 72 degrees Fahrenheit outside right now
<http://www.w3.weather.com/weather/local/06830> . I am worried it is going to be a cold Norwegian winter coming up this winter. Of course some Norwegians go to Brazil, and they even use to fly the Norwegian flag at the Atlantic Shores Beach club in Key West, Florida, so Norwegians being seafaring people tend to get around. CIO

Note: <888> 08/08/04 Sunday 1:10 P.M.: [CNN.com - Microsoft releases free Windows upgrade - Aug 6, 2004](#) . CIO

Note: <888> 08/08/04 Sunday 1:05 P.M.: I started two loads of laundry. I have ten minutes to go on the wash cycle. I put clean linens on the bed in the bedroom. CIO

Note: <888> 08/08/04 Sunday 12:20 P.M.: I chatted with a relative with Net2Phone for an hour. I have been studying this satellite photo from the Navy Research laboratory in Monterey, California [NRL Monterey Satellite Photos](#) , and there is a very large cloud formation over Sub Saharan Africa, which this time of year moves in a westerly direction over the Atlantic, and it is usually such large cloud formations that can create ideal hurricane conditions in the Atlantic Ocean and the Caribbean depending on other factors like the ocean water temperatures. I looked for an online link for A.H. Riise in St. Thomas, the Virgin Islands for online duty free shopping, but I guess one can not buy duty free online, and I suppose one would have to actually visit there to buy Duty Free Shopping at AH Riise on Main Street Charlotte Amalie - [Photos of St. Thomas, US Virgin Islands](#) . CIO

Note: <888> 08/08/04 Sunday 10:45 A.M.: The APC UPS might actually work, but my primary computer setup off the power strip includes the CPU 500 watt power supply, the 19 inch and 21 inch monitors, the cable modem, and the router, so possibly if the wattage on the APC UPS was only like 500 watts, it might not have been able to handle the heavier load off my system. CIO

Note: <888> 08/08/04 Sunday 10:10 A.M.: The Optimum email server is not working at the moment. CIO

Note: <888> 08/08/04 Sunday 9:55 A.M.: I was up at 7 A.M.. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went outside, and I chatted with some neighbors. I chatted with a friend. I took the APC UPS unit off the plug in the bedroom, and I plugged it into the wall behind the primary computer, and I plugged in the primary computer power strips into it. I started up the computer, but I guess the APC UPS does not hold a charge, because it lost power to the

computer after about a minute after it was started up. When I tried to reset it, it would not send power to the power strips. Thus I took it off, and I plugged in the power strip again directly to the wall outlet. Thus I have the same setup as before. I will plug in the APC UPS in the bedroom to see if it charges up some more, but I do not think it works.
CIO

Note: <888> 08/08/04 Sunday 2:20 A.M.: I am tired, so I will now shut down the computer. I will then go to bed. CIO

Note: <888> 08/08/04 Sunday 1:50 A.M.: I sent this note to the Microsoft XP SP2 beta installation and configuration newsgroup:

XP SP2 final release successful installation 080704

Final Release Installation successful without any major problems.

Basic Configuration:

Northgate Computer with 500 watt power supply
 Syntax SV 266 M motherboard SV266M bios July 15, 2003
 AMD Athlon XP 2000+ processor
 784 meg. memory
 2 twenty gigabyte hard drives on IDE 1
 DVD/CD CD/RW
 Sound Blaster Live MP3+ PCI audio card
 Generic 2 Port USB PCI card
 Diamond Stealth 32 meg. PCI card
 Mad Dog MultiMedia AGP 4X 64 Meg. Prowler Nvidia type MX 420 card
 Plug and Play Compusa 19 inch monitor of PCI video card
 Sony FD Trinitron 21 inch monitor on AGP card
 Double monitors set up
 Kensington Wireless wheel mouse with PS/2 mouse driver and wireless keyboard
 2 USB printers
 Plantronics USB headset
 Visioneer 4400 Scanner USB
 Vibra USB web cam
 D-Link USB hub with Lan
 Motorola Cable modem
 one network from USB D-Link Lan to Siemens router
 one network from motherboard Lan to Siemens router
 one network from USB port on D-Link to cable modem USB port
 All three networks bridged together
 one Sony monitor 4 port USB hub
 two generic 4 port USB hubs
 four onboard USB 1.0 ports
 two onboard USB 2.0 ports
 Siemens Router with serial port connected to Motorola Surfboard cable modem

two serial laser printers on Siemens port
X 10 wireless remote control serial mouse
3rd television monitor with audio input feed

Windows XP Professional Upgrade new install with SP1 update and all other updates
Norton Internet Security 2004
Norton AntiVirus 2004
Microsoft Office Suite 2003
common other programs that most people use

!!!!!!!

XP SP2 final release installed without any major problems.
On first boot after installation procedure, with CMOS setting for Video of AGP init
the system froze when the PCI monitor woke up.
On first retry boot with CMOS setting for Video of PCI init
the system froze at the same point.
On second retry boot with CMOS setting for Video of AGP init
the system booted successfully into Windows without anymore problems recognizing
both monitors and all other devices. Possibly the first two boots recognized each monitor or card separately.

I tried to install the latest Nvidia drivers 07/15/04, but they are not XP certified, and the system became unstable. I tried uninstalling them unsuccessfully. I then did a System Restore to the original successful install state.
I then reinstalled the same latest Nvidia driver program, and on reboot the old Nvidia driver from 2003 was installed instead successfully along with the VIA AGP video bridge that supports the motherboard from the original VIA 4-1 in drivers that were already on the system.

Initially Norton Win Doctor 2003 would not work and froze the machine. I ran it without the two Active X scans, and it ran successfully. I then ran each Active X scan separately, and the first removed 40 errors and the second removed 18 errors.
After that Norton Win Doctor ran successfully.

Disk Cleanup on the C: drive froze at the Office 2003 setup files. I have the tweak installed to speed up Disk Cleanup.

Disk Cleanup from the D: drive to remove the old System Restore files worked successfully.

Over All the system is running just fine after the few minor problems. It has about a 25% increase in performance based on my judgment not Bench Mark.

I am most pleased with the final release particularly with the way it installed successfully without many problems on my current configuration.

Good Job Microsoft.

Mike Scott

End of Note: CIO

Note: <888> 08/08/04 Sunday 12:25 A.M.: Some relatives are suppose to stop by Saturday August 14, 2004 to pick up the day bed from my living room and take it up to another relative's house in Kennebunkport, Maine <http://www.geocities.com/mikelscott/137.htm> . Of course we have planned to move it before, and it has not panned out, so I will believe when I see it. CIO

Note: <888> 08/08/04 Sunday 12:20 A.M.: Happy Birthday to a relative. I installed and activated the Microsoft Reader <http://www.microsoft.com/reader/default.asp> , and it recognized the existing books and other Microsoft reader format information my computer. CIO

Note: <888> 08/07/04 Saturday 11:55 P.M.: I shut down the Gateway backup computer. I burned to CD two copies of the XP SP2 final release for the German Version of XP. CIO

Note: <888> 08/07/04 Saturday 11:10 P.M.: I have finished the maintenance on the Dell backup computer, and I am just about ready to shut it down. I am still doing maintenance on the Gateway backup computer in the bedroom. For beta testers XP SP2 final release to manufacturing is available in English and German presently, and I am downloading the German version in case I run into a German XP SP2 beta tester with a slow internet connection, or maybe I could lose a CD copy of it at the Mercedes Benz dealership here in Greenwich when I have the time. When I first got into personal computers about 14 years ago this time around, I stopped by the local Greenwich, Connecticut Mercedes Benz dealership, and I gave them a German copy of the Borland Spread Sheet program that I happened to buy from a local Symantec employee at a tag sale or some other unlikely location. The primary computer seems to be running just fine. XP SP2 makes the XP system much more responsive, particularly since it refreshes all of the XP files on the system. Of course to install it, one has to own a registered copy of Windows XP, and it supposedly will not install on pirated copies of XP. Since I am a registered Windows XP SP2 beta tester as well as a Microsoft OEM, although I have never managed to sell any Microsoft products, although I talk and write about them all the time, I have to go by the rules of Microsoft beta testing and Microsoft OEM representation which are clearly explained on the internet. It is not within my jurisdiction to release the final release of

the beta copy of Windows XP SP2, but I did give a copy today to someone whom knows another beta tester with a slow internet connection. If word gets around that it is a very stable and reliable final release, I think more people will be eager to try it, when it is finally released to the general public on August 28, 2004 as I recall reading. CIO

Note: <888> 08/07/04 Saturday 10:15 P.M.: When I tested the two old HP computers on the side board table in the bedroom, the one with the monitor on the right and the lower of the two stacked CPUs works. However, the upper HP CPU with the monitor on the left either has a defective SCSI drive or it lost its operating system. It is an older 233 Mhz. I will have to test it later on when I have some time. I am running some maintenance utilities on the Dell backup computer and the Gateway backup computer. CIO

Note: <888> 08/07/04 Saturday 9:40 P.M.: I moved my D: drive files temporarily to the C: drive in a D folder. I then did a full system Automatic System Recovery backup of the entire system to the empty D: drive, and the procedure also creates a floppy disk for XP setup recovery. I moved the D: drive contents back to the D: drive. I then did a backup of my key C: drive files, My Documents folder, and music. I then ran Norton Speed Disk on the C: drive. They system is running quite well. I was also able to clean up the old System Restore backup files by running Disk Cleanup on the D: drive, which also has the option to remove all but the newest system restore backup. I have 8.71 gigabytes of free space on the C: drive and 3.64 gigabytes of free space on the D: drive. I am also doing some system maintenance on the backup computers. I need to install the Microsoft reader program on the primary computer when I have time because I still have my saved books on the hard drive. CIO

Note: <888> 08/07/04 Saturday 6:40 P.M.: I ran each of the Active X scans in Norton Win Doctor 2003 separately, and they each ran to completion. They fixed 68 problems. I then ran an entire scan with Norton Win Doctor 2003, and it showed no more problems. Possibly when I tried uninstall the Nvidia driver this morning, and it did not uninstall, and then when I tried to install the newest Nvidia ForceWare Release 60 graphics driver <http://www.nvidia.com/page/software.html> , but instead on reboot the system chose to install the older Nvidia driver and the VIA AGP bridge, it fixed the problem that I was having with Norton Win Doctor. Basically the VIA AGP bridge is one of the VIA four in one motherboard programs which should have been on the computer already. CIO

Note: <888> 08/07/04 Saturday 6:10 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . For the cheddar cheese portion, I used Helva a Good Muenster cheese. I used all of the regular ingredients. I had the salad with a glass of iced tea. CIO

Note: <888> 08/07/04 Saturday 4:45 P.M.: I went out after the last message. I went by Putnam Trust Bank of New York on Mason Street. I then went by the Greenwich Hospital Thrift Shop, and I bought a APC uninterruptible power supply for \$2.50. I then went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at

various locations. I viewed the 70% off rack at the Greenwich Hardware store. I toured CVS and starting tomorrow, they will have sardines for two tins for .99. I used the bathroom at the senior and arts center. I went down by the waterfront, and I chatted with some of the regular waterfront observers. I then went by the Greenwich Library, and I read the Greenwich Time. I then went by the Exxon gasoline station next to the Greenwich Library, and I bought \$5 of regular unleaded gasoline at \$2.259 a gallon for 28 miles per gallon usage. I then returned home. I plugged in the APC uninterruptible power supply in the bedroom next to the Slaymaker battery jump start system. I will let it charge up for a day before I test it. I checked my mail. I got my www.cl-p.com electricity bill, and it was up to \$145 in July from \$95 in June. I think there might be some sort of mistake, since normally it is about \$95 in July. I did have the air conditioner for a couple of weeks set at 68 degrees Fahrenheit instead of 70 degrees Fahrenheit, but that should not have made a \$50 difference. The billing period is also for a longer period of five weeks. Also the electricity rate was raised this past December 2003. I still have credit on my electricity account, so it is already paid. I still have \$32.10 credit on the account. Connecticut Light and Power is currently deducting the full amount of the bill against the credit instead of the budgeted amount of \$95 a month. CIO

Note: <888> 08/07/04 Saturday 10:00 A.M.: I will now shut down the computer, and I will clean up, and I will go out. CIO

End of Scott's Notes week of 08/07/04:

Note: <888> 08/07/04 Saturday 9:15 A.M.: I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I have Norton System Works 2003 installed on my computer, so the version of Norton Win Doctor is from that package. I will now send out my weekly notes. CIO

Note: <888> 08/07/04 Saturday 8:20 A.M.: I ran Norton Win Doctor without the first two Active X options selected. I ran CCleaner with the defaults except for cookies. I ran Norton Fast and Safe Clean Sweep. I currently have 7.3 gigabytes of free space on the C: drive. The computer seems to be running just fine. Earlier when I restored the system with System Restore after I had installed the new Internet Explorer updates interface, I am not sure if I now have the old or the new updates interface, but it currently shows that I do not need any Windows Updates. I have automatic updates disabled. CIO

Note: <888> 08/07/04 Saturday 8:10 A.M.: Last night before going to bed, I ran Norton Disk Doctor. I just ran Ad-aware 6.0. I went outside briefly. It is cool this morning at 58 degrees Fahrenheit <http://www.w3.weather.com/weather/local/06830> . CIO

Note: <888> 08/07/04 Saturday 7:40 A.M.: I stayed up until midnight. There are a couple problems with the Windows XP SP2 final version new install. One is that the computer freezes on Disk Cleanup on the C: drive. The other is that it freezes on Norton Win Doctor when running the first two Active X scans. I tried fixing this by installing the newest Nvidia ForceWare Release 60 graphics driver <http://www.nvidia.com/page/software.html> , but that did not seem to improved the

system, and it seemed a bit unstable, so I did a System Restore to the way the computer was when I first installed XP SP2. It now has the Nvidia driver from 10/06/03 version 5.2.1.6, but besides those two problems, the system seems to be running very stable. I had a telephone call from a friend about 7 A.M. this morning. CIO

Note: <888> 08/06/04 Friday 10:00 P.M.: I will now shut down the computer, and I will go to bed. The Standby feature still does not work, but I never really used that feature much anyway. CIO

Note: <888> 08/06/04 Friday 9:40 P.M.: I chatted with a friend. I am microwaving a Kraft Its Pasta Anytime 11.5 ounce alfredo and noodles dinner, which I will have with a glass of iced tea. CIO

Note: <888> 08/06/04 Friday 9:10 P.M.: I installed the new Windows Update in Internet Explorer. In XP SP2 the firewall for my LANS and Bridge are enabled and working. I ran Norton Win Doctor, and it fixed 17 problems. I chatted with a relative and a friend. The computer system is running just fine. CIO

Note: <888> 08/06/04 Friday 8:25 P.M.: The XP SP2 final release installation went smoothly on my system except for one minor problem. After installation and on reboot the first time on my two monitor system booting AGP init in the CMOS when the PCI monitor came awake the system froze. I then booted again, and set it boot to PCI init in the CMOS and the system froze at the same point. I then changed my video init in the CMOS back to AGP and booted again, and the system finally booted successfully completing the installation process. I would imagine the boot process did something with the video. However, once the system booted, it was setup the same as before with the Windows XP SP2 features. I did not enable automatic updates. I did a system restore backup, and then I rebooted again to save my first startup settings. The system seems to be running normally. I will now check it out and look for any updates. CIO

Note: <888> 08/06/04 Friday 8:20 P.M.: XP SP2 final release is install successfully on my primary computer system! CIO

Note: <888> 08/06/04 Friday 7:35 P.M.: Well, it is August and not much is going on, so I will go ahead and install the XP SP2 final release. If all goes well, I should be back up and running in 40 minutes or less. I will disable Norton AntiVirus 2004. CIO

Note: <888> 08/06/04 Friday 7:30 P.M.: I deleted my seven part C: drive to D: drive backup on the D: drive. I then did a full backup of the computer system using the Automated System Recovery backup procedure which created one large backup file on the D: drive and a ASR floppy disk that one can run from text mode XP setup by pressing the F2 button. I also backed up my folders except program and system files, My Documents Folder and the music files. I do not have room on the D: drive for the installed program and system files in smaller backups, but I have it all in the ASR backup. Before doing the ASR backup, I moved the contents of my D: drive to the C: drive, so during the ASR backup the D: drive was empty, and then I returned the D: drive

contents to the D: drive from the C: drive. I was able to download the final version of Windows XP SP2 from the beta site to my D: drive, and I also burned it to a CD. I am debating whether to try to install it or not. I went outside a couple of times and watched television while downloading the final release of XP SP2. CIO

Note: <888> 08/06/04 Friday 4:20 P.M.: I ate a Nature's Valley granola bar. I watched some television. CIO

Note: <888> 08/06/04 Friday 2:50 P.M.: I went through my email. CIO

Note: <888> 08/06/04 Friday 1:45 P.M.: I tested my sound card output into the stereo system with the wire that one connects hanging above the orange mirror. The sound output from the sound card works in the stereo system when the wires are connected together and the CD option button on the stereo is selected. I tested it with the XP DVD video of the Living Ocean. I installed a couple of screen savers from the DVD disk too. I will now run Norton Win Doctor. CIO

Note: <888> 08/06/04 Friday 1:15 P.M.: I scanned the Microsoft Windows XP SP2 beta newsgroups. I noticed that there was the suggestion for SP2 that if one had an Nvidia video card which I do that one should install the latest drivers in the Nvidia ForceWare Release 60 graphics driver <http://www.nvidia.com/page/software.html> . I downloaded the software package, and then I uninstalled my current Nvidia drivers in the Add/Remove software panel. I then rebooted which is part of uninstallation. However, when I tried to extract the latest Nvidia software package, the system froze twice. I then did a Safe Boot, and I was able to extract and install the Nvidia software package. However, when it came to installing the latest Nvidia GeForce4 MX 440 driver, I was prompted that it had not passed the Windows XP compatibility test, so I did not install it, and I let the Nvidia software package finish its installation process. I then did a normal boot. In the device manager, the Nvidia video driver showed a problem, so I tried installing the new Nvidia software package from the extracted file, and then I rebooted. The Nvidia driver showed a problem in the device manager, so I ran Update driver, and it installed the previous driver version 5.2.1.6 dated 10/06/2003. I then rebooted, and the system is running just fine. I had to reconfigure my multiple monitor settings. However, I am not sure if the current driver would be Windows XP SP2 compatible or not. However, since presently I do not intend to install SP2 once released, it does not really matter. One should remember, I tried installing it with one each of the two video cards PCI and AGP and with just the one board AGP video and in all three cases it did not install and crashed my system. Possibly it is the second hard drive on IDE1 with my Syntax SV266M motherboard, but I do not want to risk a complete system crash to try the SP2 beta currently available. When the final release of SP2 is released soon, I will look at how it is released whether as one update or a group of updates which might be safer for my particular system. Around noon I ate a half of a 12 ounce jar of dry roasted peanuts with iced tea, and I just now ate a dozen triscuits with iced tea. CIO

Note: <888> 08/06/04 Friday 10:40 A.M.: I finished my house cleaning and watering the plants. I also cleaned the kitchen stove fan and its filter which gets dirty from my

smoking cigarettes there, when I turn on the kitchen fan to smoke cigarettes in my apartment at that location. I also sprayed Febreze on the fabric items in the apartment. I also used one of the Electrolux vacuum cleaners to vacuum up behind the long green sofa and the around the edges of the carpet to pick up loose dirt and dust. Last night I also noticed the Honeywell Hepa air purifier was not turned off, so I turned it on. If the electricity goes off, it has to be restarted whenever there is a power failure. I threw out the garbage, and I picked up my mail. I will now do some computer work. I figure that although it is a nice day, the purpose of having a computer beside doing computer maintenance on it, is also to do some computer work on it, which I normally do when I am not maintaining it. CIO

Note: <888> 08/06/04 Friday 7:05 A.M.: I just ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. As usual I watched some of the Fox News <http://www.foxnews.com/> while having my coffee. I will now do my house cleaning and watering the plants. Although I can not put the computer on standby, I can Log Off, and I can let Power Saving features take effect. CIO

Note: <888> 08/06/04 Friday 5:45 A.M.: I was up at 4:30 A.M.. I watched some television. I went to <http://www.pcimicro.com/>, and I ordered [SYBA USB 2.0 4+1 PORTS RETAIL BOX](#) for \$7.50 including shipping. CIO

Note: <888> 08/05/04 Thursday 9:05 P.M.: I will now shut down the computer, and I will go to bed. CIO

Note: <888> 08/05/04 Thursday 8:35 P.M.: I microwaved a Kraft Pasta anytime alfredo dinner, which I had with a glass of iced tea. I chatted with a friend. I ate half of a 12 ounce jar of dry roasted peanuts with iced tea. CIO

Note: <888> 08/05/04 Thursday 7:25 P.M.: I chatted with a friend. CIO

Note: <888> 08/05/04 Thursday 6:45 P.M.: I played the Microsoft XP DVD Do Amazing Things, and I watched the 40 minute video about the Ocean. If one moves the Windows Media Player to the center computer Sony Monitor, and turns on the Orion television and selects the AV mode for AUX 2 with the Orion remote, one can view the same content on the larger television monitor in very good quality. One also has to enable the Creative Live MP3+ sound card, and there is a feed into the television monitor for sound. However, since I have so many speakers plugged into the Y jacks plugged into the two sound card speaker ports, the output into the television is very weak, and one has to put the television sound on maximum volume which I do not like doing to get weak audio. I suppose one could connect the two wires on the orange mirror to the right of the primary computer, and since the wire feeds into the stereo system, if one presses the phono button on the stereo amplifier as I recall or the CD button or one of the two, it plays the computer sound card output into the apartment stereo speaker system which should be loud enough since it is amplified, however one would have to be careful not to disturb the neighbors. CIO

Note: <888> 08/05/04 Thursday 4:50 P.M.: I downloaded installed the Microsoft Windows Memory Diagnostic Program <http://oca.microsoft.com/en/windiag.asp> , and I created the memory test boot diskette, and I ran one cycle of the memory test, and my computer memory passed the memory test, so my computer memory is just fine. CIO

Note: <888> 08/05/04 Thursday 4:10 P.M.: I relaxed a bit. I went outside briefly. I assigned the usual password to Windows logon, so I can log off and activate the screen saver and secure the computer, since standby mode does not work. According to Microsoft to activate Standby, I would have to reinstall the operating system. However, since to reinstall the operating system, I would have to disable the features such as power management that Windows XP recognizes and thus installs the Standby feature, thus Standby probably would not be installed anyway, and I would be back to the current state. Microsoft announced that it will release Windows XP SP2 soon, but I do not intend to install it. In my earlier notes, I mentioned that when I did the new install of Windows XP, I tried installing Windows XP SP2 RC2 on my system with the Syntax SV266M motherboard with all of the cards, USB, other devices removed and disconnected, and the CMOS settings all disabled that could be disabled, and SP2 RC2 would crash the system, and one would not be able to recover from it except to reformat the hard drive and reinstall Windows XP. I thus do not have the time to risk crashing my system just to install the SP2 update. Also I already have downloaded and installed all of the other updates, so I have most of SP2 anyway. However, I did not disconnect the second hard drive on IDE1 which supposedly can cause a problem on installation and possibly with XP SP2 installation. However, I do not want to take the chance to see if that would permit me to install XP SP2. Having spent five weeks mostly full time to get the system back to its current state, I do not feel like facing a major period of reconfiguring my computer. Also possibly beta testers might get a free copy of the full version of the final release. If I do get that, I can put it on my Dell backup computer. Since I have Norton Internet Security 2004, I already have most of the same security features if not better offered by XP SP2. CIO

Note: <888> 08/05/04 Thursday 2:35 P.M.: I do not have my 3 P.M. appointment today or next Thursday. I went out after the last message, and I went by the Greenwich Hospital Thrift Shop. All of their merchandise continues to be half price. I bought a two tiered oak CD rack about 18 inches by 12 inches by about 5 inches for a dollar. I then went downtown, and I spent a dollar parking, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I stopped by the Greenwich Hardware store 70% rack in the front of the store, and they still have two sets of snow chains on sale. They also have 75 watt sunlight bulbs for about \$10. I then went by CVS, and I bought two 11.5 ounce Kraft Pasta Anytime microwave alfredo meals for \$1.99 each for \$3.98 total. I then completed my walk. I sat out for a while. The flower bed around the veterans monument has flowers that sort of look like red snap dragons, and they are attracting a lot of bumble bees this year, particularly in the early morning hours. I then drove down by the waterfront, and I chatted with one of the regular fishermen. I then went by the Stop and Shop, and I bought seven 6 ounce cans of Bumble Bee solid white albacore tuna fish for \$1 each, two 6.5 ounce dry weight cans of California black pitted olives for .99 each, a 10 ounce box of fresh mushrooms for \$2.29,

a five pound bag of yellow onions for \$3.49, a 10 ounce bag of fresh spinach for \$1.99 for \$16.75 total. I remember something while I was sitting on the veterans bench downtown. I put the Microsoft Windows XP presentation DVD CD in my Microsoft Windows XP presentation bag at my bedroom entrance along with the TS/2 presentation bag which has the TS/2 DVD disk. I put both of the DVD disks by my primary computer on the top CD rack to have ready to view. I next returned home, and I picked up the mail. I put away my groceries. I put the new CD rack on top of the existing two shelf wicker rack to the right of my primary computer chair, and I rearranged the computer CDs in both racks with the most important ones towards the top. Thus I have more room for computer software CDs if I can ever afford them. CIO

Note: <888> 08/05/04 Thursday 9:05 A.M.: I took down the Saudi Arabian flag from the center hallway bookcase, and I folded it up, and I put it in the center drawer of the living room long mahogany bureau on the far right side underneath some clothes. I decided the current weather is too cool, so more than likely any Saudi Arabians would not be showing up anytime soon. Basically the Saudi Arabian hospitality flag is occasionally flown trying to curry favor with the energy people in hopes to get more heating assistance for my apartment and our building which tends to be rather cold during the winter. We do not actually expect any Saudis would show up for hospitality, but I recall during the cold winters of the early 1980s in Manhattan, the Saudi Arabian flag was flying along the United States flag at the Waldorf Astoria hotel in New York, and it was about the only place in Manhattan that was actually warm. Since at the moment, the general public might be suspicious of middle eastern symbols, I will not fly it for now. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . For the cheddar cheese portion, I used Heluva A Good Muenster cheese. I had the salad with a glass of iced tea. I will now shut down the computer, and I will clean up, and I will go downtown for some errands. CIO

Note: <888> 08/05/04 Thursday 7:30 A.M.: I went to <http://www.smokemcheapcigarettes.com/> , and I order seven cartons of Seneca Ultra Lights 100 box cigarettes for \$11 a carton plus \$1.20 a carton Priority U.S. Mail shipping for \$85.40 total. CIO

Note: <888> 08/05/04 Thursday 7:15 A.M.: I left a telephone message with a friend whom might be coming down to visit this afternoon. I watched some television. I went outside, and it seems to have quit raining for now. CIO

Note: <888> 08/05/04 Thursday 6:20 A.M.: [Greenwich Time - Guard steps up rail security](#) and [Greenwich Time - State, town tighten security](#) increased security is being detailed in this area as a result of the Orange Alert in nearby Manhattan from [DHS Department of Homeland Security DHS Home Page](#), so the general public should try to stay vigilant and alert. CIO

Note: <888> 08/05/04 Thursday 6:15 A.M.: The relative visiting Campobello, Maine visited Canada during the trip and told me there is a bridge across the Bay of Fundy going into Canada. I recall that the Bay of Fundy has fifty foot ocean tides, so one should

be careful, if one is thinking about going clamming there. The local weather is cooler here in Greenwich, Connecticut <http://www.w3.weather.com/weather/local/06830> down into the mid 50s Fahrenheit at night. I suppose with four volcanoes having gone up in Indonesia in the past five weeks and one expected to go off 80 miles west of Anchorage, Alaska, they might be making the weather in the north country cooler. I suspect with the cooler summer this summer, we might be in for a colder winter this upcoming winter will mean we will have more expensive heating bills. It is currently 63 degrees Fahrenheit this morning at 6 A.M. in Greenwich, Connecticut. My August bill for Connecticut Light and Power <http://www.cl-p.com/> is not posted yet, but I have a surplus in my electricity account from the NEON Energy assistance program. They July bill usage was about \$95. Of course using my energy assistance to stay cool in the summer, when I actually might need it more during the cold winter is a decision that I have made, since computer equipment generally needs to be kept cooler. CIO

Note: <888> 08/05/04 Thursday 5:35 A.M.: I ran Ad-aware 6.0. I just remembered that one is suppose to clean one's air conditioner filter once a month. I had not cleaned it since this past mid April. I removed the front grate, and I cleaned it with my potato brush and soapy water. Beside the filter that came with the General Electric Profile 15,500 BTU air conditioner with remote control, I have a standard foam air conditioner filter draped over the original. I cleaned both of the filters in soapy hot water, and I rinsed them underneath cold water and I squeezed out the water from the foam filter. I then reinstalled the filters and the front grate. I spread the foam filter over the front of the original filter, and then I make sure it is stretched to fit, and then I secure its edges by reinstalling the original filter underneath. CIO

Note: <888> 08/05/04 Thursday 5:00 A.M.: I went to www.georgewbush.com/contribute/, and I donated \$5. I printed out a receipt. There is something wrong at the donation site, because it was difficult to print out the receipt page, which did not want to be printed out, but I finally go it to print out. CIO

Note: <888> 08/05/04 Thursday 4:25 A.M.: The General Electric Service contract web site started working www.GEAppliances.com/spp, so I paid my Service Contract on my General Electric Profile 15,500 BTU air conditioner with remote control for the next billing period from September 12, 2004 through September 12, 2005, and of course it was already paid up through September 12, 2004 before I made this payment. I printed out four copies of the receipt. I paid for it with my Bank of New York MasterCard Debit card. The cost was \$75.95 plus \$4.56 tax for \$80.05. Well, I now do not have to worry about the air conditioner until September 12, 2005. It a in home service contract, so if anything goes wrong, all I have to do is call them. CIO

Note: <888> 08/05/04 Thursday 4:10 A.M.: I went to bed after the last message. I had a telephone call from my Thursday 3 P.M. appointment telling me it is cancelled for the next two weeks because of vacation. I had a telephone call from a relative on vacation in Campobello, Maine. Later on I chatted with another friend whom might be coming down to visit this afternoon. I was up at 2 A.M., and I had breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I went outside,

and it is raining lightly. I checked my mail from yesterday, and I received the Service Contract Bill from General Electric Service Protection Plus out in South Dakota at 1-800-626-2224 www.GEAppliances.com/spp, and it is less than quoted on the telephone earlier this week. It is \$75.95. I could pay it over the internet, but currently their payment web site does not work or with personal check, but I generally pay large purchases with U.S. Postal Money orders, so I will go to the bank and the post office this morning to pay the payment on the air conditioner service contract. They offer a similar air conditioner today, but it does not come with Remote Control, but it is less expensive. When I bought my air conditioner for \$585 plus tax from Partridge and Rockwell, the box and instructions said 15,500 BTU, but on the side of the air conditioner chassis, it says 14,000 BTU. I can not figure out why GE does not offer it with the remote control anymore. I think the Panasonic model comes with a remote control. CIO

Note: <888> 08/04/04 Wednesday 12:45 P.M.: Well, I went outside briefly. I ate half a 12 ounce jar of Stop and Shop dry roasted peanuts with some iced tea. I will now shut down the computer, and I will go to bed. Life on the night side of Greenwich is not as exciting as life on the day side. I suppose all of the nine to five office types are strutting their stuff during vacation, but I also suppose since they have homes to maintain, they are probably doing a little bit of maintenance themselves while the weather is warmer. CIO

Note: <888> 08/04/04 Wednesday 11:50 A.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm. I put a tin of chopped sardines in the salad instead of tuna fish. For the cheddar cheese portion, I used Heluva A Good Muenster cheese. I used all of the other regular ingredients. I had the salad with a glass of iced tea. I watched some television. I am just ending my day, so I do not plan to go downtown. CIO

Note: <888> 08/04/04 Wednesday 9:50 A.M.: I ran Norton Win Doctor. I ran Norton Disk Doctor. I then ran Norton Speed Disk. I then went outside briefly while Norton Speed Disk was running. CIO

Note: <888> 08/04/04 Wednesday 9:05 A.M.: I tested the sound card sound system with the Andrea Electronics headset and computer speakers, and it did not work at first, and then I got the blue screen error. I then rebooted, and there was no problem with reboot, but for the Creative Live MP3+ card in Sounds and Audio devices, it installed a D version of the SB Live! Sw Synth driver, however the Andrea Electronics microphone headset works just fine as do the computer speaker setup and the Panasonic headset. I then returned the setting back to the Plantronics headset, and it works just fine too. CIO

Note: <888> 08/04/04 Wednesday 8:30 A.M.: I shut down the computer. I then traced the input wire from the Stereo System to the computer. Basically it is large jack plug not connected to the front stereo headphone output jack hanging on the left side of the Queen Anne chair beneath the stereo system. It can be plugged into one of the double terminal jack plugs which now hold the plugs for the Emerson wireless headphones and the Stereo headphones that are hung from the living room desk. I connected that wire where it connects behind the living room desk, and then again beneath the laser printer table, and

the final end is connected into a Y adaptor that also contains the Andrea Electronics microphone which Y adaptor is plugged into the sound card microphone jack, since the sound card does not have an input jack. When I rebooted, the system recognized a new Media Control Device in the Sound setting of Device Manager. In the Audio setting for Sounds and Audio Devices, there is a new sound setting of SB Live! Synth [FF80] which sounds just fine with Plantronics headset instead of the Microsoft device setting. Since it installed itself that way automatically, I assume that is the preferred setting. I did not test the stereo to sound card input, but I assume it works if plugged into the stereo output jack on the front of the stereo as mentioned before. However, when the Andrea Electronics microphone is plugged into a Y adaptor, it tends to have a weak signal. As I recall the stereo input this way works fine though. I also have another headphone set hanging on the left side of the Queen Anne chair that can be connected to the stereo system headphone output jacks. Since both stereo input and output cables to the computer sound card are currently disconnected, it does not pose a risk to the computer ground fault setup should the stereo system have an electrical surge. CIO

Note: <888> 08/04/04 Wednesday 7:15 A.M.: In the Sounds and Audio devices settings, I turned off the Windows XP sounds, so the system sounds will not interfere with the online audio sounds. Since I mostly used the Plantronics DSP 500 headset, I changed the audio settings from 4 speakers to headset. If I enabled the Creative Live MP3+ sound card, I would also want to enable the 4 speaker setting for my computer speakers. I technically could do this since my neighbor downstairs below the flat roof moved to another apartment, so that apartment downstairs is temporarily vacant. However, at night I might disturb my neighbor directly downstairs too, but that apartment has the bedroom beneath my bedroom, and my adjacent neighbors on my floor next to my computer setup corner which is next to their living room corner, so they would probably not notice it at night. However, in the daytime, they might hear the speakers. Thus although I have ten computer speakers set up on my primary computer system, I never use them. I also have three speakers on the Dell backup computer and a pair of speakers on the AMD backup computer. I also have 15 speakers in the apartment connected to my stereo system, but I do not use them much since I might disturb my neighbor on the other side. I also have the Emerson wireless headphones connected to the stereo system. I also have a Panasonic headset connected to the Creative Live MP3+ sound card which would work off the sound card if the computer speakers are turned off. It also has the Andrea Electronics headset connected to it. I also have a regular set of headphones connected to my stereo system which I have hung underneath the living room desk. I can also connect the output from Creative Live MP3+ sound card by connecting the cable hanging on the orange mirror to the right of the primary computer which is connected to my stereo input to play computer sound into the stereo system. I think I have a cable setup to input sound from the stereo system into the sound card, but I think it is currently disconnected and lost in all the cables around the computer system. I also have audio output from the sound card to input into the Orion television when one uses it as a third computer monitor for viewing internet video. Thus I have a wired multimedia system which I hardly ever use, so I will not disturb my neighbors. I basically spend so much tweaking the system, I hardly ever use its other multimedia capabilities. CIO

Note: <888> 08/04/04 Wednesday 6:40 A.M.: I went outside briefly. When one subscribes to Optimum Online cable modem service, one gets the Rhapsody music service for free. I tried using it, but it kept councing out. I finally changed my Plantronics DSP500 USB headset from the D-Link powered hub which runs off the USB PCI card but is separately powered, and I changed it to one of the front two CPU USB 2.0 ports, and it was recognized plug and play, and at least with Rhapsody it is all working just fine, and it is not councing out. I am listening to 50s Rock. I suppose the D-Link hub powering the cable modem USB connection, and the D-Link LAN USB connector was getting too much through put. Anyway it is working just fine with the Plantronics DSP 500 headset plugged into one of the front USB 2.0 ports. I could buy a USB 2.0 PCI card to replace the USB 1.0 PCI card in the computer, but I think the Plantronics DSP 500 headset is the only device that works better with USB 2.0, but it is not persay a USB 2.0 device. I guess that would mean that Net2Phone with the same headset would work better too. I unplugged the four port USB device with the longer cable from the left rear of the Sony monitor, and I plugged it into the vacant port on the D-Link USB hub with LAN. I placed the four port hub with the longer cable on the lower right side front of the Sony Monitor. CIO

Note: <888> 08/04/04 Wednesday 4:45 A.M.: I went through my email. CIO

Note: <888> 08/04/04 Wednesday 4:30 A.M.: Reality hits home that the Country is at war [Wired News: The Danger of the Dead](#) . CIO

Note: <888> 08/04/04 Wednesday 3:50 A.M.: I finished backing up the C: drive to the D: drive in seven parts. The computer system is running just fine, but with so many people away on vacation this time of the year, there is not as much internet content to look at. It seems hurricane Alex is passing up a vacation in Bermuda and instead planning to visit England and France [Hurricane Alex five day tracking map](#) . CIO

Note: <888> 08/04/04 Wednesday 2:40 A.M.: I went to bed after the last message. I chatted with a relative about 9 P.M.. I got up at 1:00 A.M.. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. Since I was able to make major system changes two nights ago, I will now do another C: drive to D: drive backup in 7 parts. I will first do a System Restore Backup, and then I will run Disk Cleanup on the C: drive. CIO

Note: <888> 08/03/04 Tuesday 6:05 P.M.: Well, I am a little bit tired, so I will shut down the electronic abacus, and I will go to bed soon. I suppose I will be up early in the morning. CIO

Note: <888> 08/03/04 Tuesday 5:40 P.M.: If one wants to find one's way around Cody, Montana/Wyoming, this link might be helpful [Cody, Montana/Wyoming - Medium-Scale Topographic Map](#) . Of course, I saw that movie where in the end, the guy got eaten by a giant grizzly bear, so I guess I will stay here and watch Yogi Bear or Smokey the Bear. It would seem to me, we use to have a local here for a good part of the year that drove a

brown GMC sport utility vehicle with Wyoming license plates, so maybe that individual would know more. CIO

Note: <888> 08/03/04 Tuesday 5:30 P.M.: I watched some summer reruns on television. They seem to be pretty much the same reruns we had last summer. I noticed recently that Warren Buffet's wife whom died recently was summering in Cody, Montana. Someone I once met whom is in the railroad business also lives in Cody, Montana, and Buffalo Bill was also from Cody, Montana. I recall Jimmy Buffet was also from Montana. I use to tell people if they ever had to hide out in the United States of America, they could go to Truck Stops of America in Montana, which I believe is somewhere in the middle of Montana on Interstate 90. They then could venture out a day or two in different directions, and be truly lost in the great open spaces of America. Of course some people whom prefer their creature comforts just visit Canada, where the Canadian dollar is less expensive than the U.S. dollar. Of course the United States of America under increased terrorism watch is watching its borders more closely. I suppose by now people are at their summer destinations. Whatever the case pretty soon it will be cooler again, so one should use the warmer weather to get ready for the colder weather. Since some of us stay here on a full time basis, we have a different perspective of our local community than the summer visitors have. Basically from what I know the town of Greenwich remains pretty much the same as it always is for this time of year. I have noticed the people around recently seem a little bit heavier, but since I put on a bit of weight in the last 12 years sitting at the computer, I suppose other people have too. Maybe the older more sedentary people are simply more visible during the warmer weather. CIO

Note: <888> 08/03/04 Tuesday 3:10 P.M.: I ate about half of a 12 ounce jar of Stop and Shop dry roasted peanuts with some iced tea. I went outside, and I chatted with a few neighbors. CIO

Note: <888> 08/03/04 Tuesday 1:35 P.M.: I picked up my mail. I got a subscription offer from Newsweek magazine for the Newsweek Professional Network for \$25 a year, but since I do not have the time to read Newsweek, I will not subscribe. I have a good friend whom seems to have time to read Newsweek, but at the moment he is cruising with his family from New York to Bermuda through Hurricane Alex www.geocities.com/mikelscott/weather.htm, so lets hope Queen Victoria's daughter's relatives in Bermuda will offer him the usual British Security, which he is usually entitled too. However, I think he is from a United States Navy family as well as a Great Britain family, so I would imagine he would know more about Bermuda customs than I do. I once sailed with the same friend from Piraeus the port of Athens, Greece to Crete on an overnight voyage through rough seas in the Mediterranean, but the 20 foot waves we experience then might be surpassed by the hurricane waves now, but from the reports that I have read, it is not too intense of a hurricane. If he had a problem, he could always call me up, and I could check with some local U.S. Navy people if they could help out. CIO

Note: <888> 08/03/04 Tuesday 12:15 P.M.: I went out after the last message. I went downtown, and I sat out for a while. I walked from my usual parking area up Greenwich

Avenue to the Greenwich Hardware store. I looked for the shorter three inch 25 watt tubular bulbs, but they only carry the four inch ones. I then used the bathroom at Starbucks, and I sat out for a while. I then drove down by the waterfront. I next went by the Stop and Shop, and I bought two quart jars of Stop and Shop strawberry jam for \$2.99 each, four 16.5 ounce bottles of Monari balsamic vinegar for \$2.50 each, ten 6 ounce cans of Bumble Bee solid white albacore tuna fish for a \$1 each, four 8 ounce bars of Heluva A Good Muenster cheese for \$1.99 each, a 28 can of Goya chick peas for \$1.29, four 6.5 ounce dry weight cans of California black pitted medium olives for .99 each can, four 3 ounce cans of Stop and Shop grated parmesan cheese for .99 each, and four 3 ounce cans of Stop and Shop grated parmesan and Romano cheese for .99 each, and two 96 ounce containers of Tropicana low acid orange juice for \$2.99 each for \$53.09 total. I then returned home, and I put away my groceries, and I drank some iced tea. I always rotate my stock, when I buy new items, so the older items are at the front of the shelf. I next went to the Vitamin Shoppe at the Port Chester, New York A&P shopping center, and I bought 100 capsules of E-400 with EPA and DHA for \$13.17, two jars of 100 capsules of Niacinamide 500 mg. for \$4.77 each, a jar of 100 capsules of deodorized garlic 500 for \$5.37, a jar of 100 tablets of one daily no iron multivitamins with lutein and lycopene for \$13.17, and a jar of 100 capsules of B-Complex 100 for \$9.47 less a \$10 off coupon for a purchase over \$50 for \$45.49 total. I then parked at the Food Emporium in Greenwich, and I walked next door to the Fashion Light Center which is hard to park at, and I bought three Bulbrite 25 watt medium base torpedo frosted bulbs long life 2500 hours for \$1.35 each plus .24 tax for \$4.29 total. I then went to the Food Emporium, and I bought two 13.5 ounce Lean Cuisine Chicken Florentine dinners for \$2.39 each, and a Chicken with mushrooms and a Chicken Fettuccini dinner each for \$2.39 each for \$9.56 total. I then returned home, and I put away my groceries. I drank some iced tea. I put two of the 25 watt frosted Torpedo bulbs in my picture light that hangs above the print copy of Rembrandt's Polish Rider, the original which hangs in the Frick Museum in New York. The torpedo bulbs are cheaper than the tubular bulbs and they last longer. In metal fixtures, one does not put in two great of a wattage, because it can cause the fixture to overheat. I put the remaining torpedo bulb and the good remaining tubular bulb from the picture light in my light bulb drawer in the mahogany bureau in the bedroom. CIO

Note: <888> 08/03/04 Tuesday 7:00 A.M.: I ran RegClean and Norton Win Doctor. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . For the cheddar cheese portion, I used Stop and Shop Swiss cheese. I used all of the regular ingredients. I had the salad with a glass of iced tea. I will now go back out, and after a while downtown, I will do some grocery shopping at the Stop and Shop. CIO

Note: <888> 08/03/04 Tuesday 5:25 A.M.: I went out after the last message. I went by the Valley Road post office, and I mailed the payments on my Cablevision, Optimum Online, and Verizon bills. I then went downtown, and I walked the entire length of Greenwich Avenue including the train station area, and I sat out at various locations. I next drove down by the waterfront, and one of the regular fishermen were there. I then drove over to CVS at the Riverside Shopping Plaza, and I bought two 16.9 ounce spray bottles of Febreze spray fabric deodorizer for \$1.99 each, two 20 ounce jars of Planters Dry Roasted peanuts for \$1.99, two 11.5 ounce Kraft Pasta Anytime alfredo dinners for

\$1.99, a 16 ounce spray bottle of Renuzit Super Odor Neutralizer orchard garden scent for \$2.99, a 100 yards of CVS mint waxed dental floss for \$1.99, four 4 packs of Duracell coppertop AAA batteries for \$1.99 a four pack, a 72 tablet bottle of Tums Maximum Strength Ultra assorted fruit tablets for \$2.99 plus \$1.02 tax for \$28.89 total. I then went by the Food Emporium, but their computers for the Food Stamp card were not working, so I did not buy anything. I chatted a bit about technology with the night stock clerk. I then returned home. I sprayed some of the Febreze spray fabric deodorizer on my sofas and other furniture fabrics in the apartment. I drank some iced tea. When I first booted the computer, a device driver gave the computer the blue screen of death which normally never happens. When I rebooted the second time, the system recovered and is running normally. I will go out later this morning for some grocery shopping after 7 A.M.. CIO

Note: <888> 08/03/04 Tuesday 1:15 A.M.: I ate a dozen triscuts with iced tea before going to bed. I was up at 11:30 P.M.. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I made out checks to pay my Verizon, Cablevision, and Optimum Online bills, and I have them ready to mail. I will now clean up, and I will go out for a walk and other errands. CIO

Note: <888> 08/02/04 Monday 1:40 P.M.: I went outside briefly, and I chatted with a neighbor. I will now shut down the computer, and I will go to bed. CIO

Note: <888> 08/02/04 Monday 1:25 P.M.: Microsoft Money Central <http://moneycentral.msn.com/investor/home.asp> has updated their portfolio tracking program. My Kensington cordless wheel mouse which came with Kensington cordless keyboard just froze. I replaced the two AAA batteries with Energizer AAA batteries, and it is working just fine now. I do not use the Microsoft Intelpoint mouse driver which works with it giving other options because I think it is more responsive with the PS/2 mouse driver. However, I can not check the battery level until it runs out. There is nothing wrong with the Microsoft Intelpoint driver, but if one gets the options wrong, it can mess up. I could use the Kensington Mouse driver, which I quit using because it did not wake the computer up from Standby, but since Standby does not work, that option is not relevant at the moment. I was thinking of shutting down, but I will try to stay up for a while to get on more of a daytime schedule. CIO

Note: <888> 08/02/04 Monday 12:15 P.M.: I went outside, and I picked up my mail. I received my Verizon, Cablevision, and Optimum Online bills, which I will make out checks for later on today, after I sleep. I called General Electric Service Protection Plus out in South Dakota at 1-800-626-2224 www.GEAppliances.com/spp, and they told me they had sent me a new bill for \$80.35 to cover my maintenance contract on my General Electric Profile 15,500 BTU air conditioner with remote control that I bought in June of 2000. I should receive the bill soon, and I will pay it when I receive it to keep the maintenance contract in force. My current contract expires September 11, 2004. I put the stamps and my rent receipt on the bedroom desk. CIO

Note: <888> 08/02/04 Monday 11:25 A.M.: I went outside after the last message, and I met up with the building custodian as he was arriving for work. He gave me a new

fluorescent circular bulb for the kitchen light fixture, and I installed it myself. I did not throw out the old fixture right away until I was sure the new one worked when the fixture was off for a while. I next drove over to the Arnold bread outlet, and I bought two 5.5 ounce boxes of Arnold Italian regular cut croutons for .99 and two 5.5 ounce boxes of Arnold Garlic and Herb large cut croutons for .99 each and a fresh loaf of Arnold 12 grain bread for \$2.19 for \$6.15 total. I then went by Gateway Automotive, and I bought four one inch tire valve extenders for .25 each for a \$1 total. I put them on my tires, and I put the three valve caps in the glove compartment. I next drove down by the waterfront. I then went by the Greenwich Hospital Thrift Shop. Everything is 50% off. I next went by Putnam Trust Bank of New York on Mason Street. I then went by the Wachovia Bank on Benedict Place, and I paid my rent. I then went downtown, and I went by the central Greenwich Post Office, and I bought 20 U.S.A flag stamps for .37 each for \$7.40 total. I next went by the Stop and Shop, and I bought fresh broccoli crowns at \$1.69 a pound for \$1.34, two Stop and Shop 3 ounce Parmesan and Romano grated cheese for .99 each, buy one get one free of 12 ounce Stop and Shop dry roasted peanuts for \$2.29 both, a 8 ounce bar of Heluva a Good Muenster cheese for \$1.99, and a 16 ounce bag of baby carrots for \$1.50 for \$9.10 total. I then returned home, and I put away my groceries. The kitchen light worked, so I threw out the old circular fluorescent light bulb. I put \$10 on my laundry card, and I now have \$19.55 on my laundry card. I drank some iced tea. CIO

Note: <888> 08/02/04 Monday 7:10 A.M.: I chatted with a friend. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I used a tin of sardines that I chopped. For the cheddar cheese portion, I used Stop and Shop cheddar cheese. I used all of the other regular ingredients. I had the salad with a glass of iced tea. Remember to keep track of www.geocities.com/mikelscott/weather.htm . Tropical Storm Alex is still out there. I will now shut down the computer, and I will clean up. I will then go out for a brief spell and do some errands. CIO

Note: <888> 08/02/04 Monday 5:55 A.M.: I tried the Windows XP Professional Upgrade update install option, but on reboot the computer still froze. I returned the system to way it was before I tried it. CIO

Note: <888> 08/02/04 Monday 5:25 A.M.: I ran the Add New Hardware wizard, and it installed Advanced Power Management APM on my computer, which I enabled. I changed some power management settings in the CMOS, but the Standby feature still is greyed out, when one goes to Turn Off the computer. CIO

Note: <888> 08/02/04 Monday 5:05 A.M.: I just fixed something major on the computer. Under Device Manager, my computer was listed as a MPS Uniprocessor PC, and I was able to change it to Standard PC. When I rebooted the setting was installed plug and play, and when I was prompted to reboot again, I also enabled the onboard motherboard USB ports in the CMOS, and when the computer booted it no longer had the option for MPS Uniprocessor PC, but only Standard PC, which is the desired option. Also I tested my front USB 2.0 ports with the removable pin drive, and my onboard USB ports now work too. I put the pin drive back on the right rear of the Sony monitor. I guess this is because the computer is setup as a Standard PC. Well, I now have a surplus

of USB ports besides my three four port hubs, I have four USB 1.0 ports in back of the CPU case and two USB 2.0 ports on the front of the case. However, I could remove the PCI USB card and install the LAN card, but since the onboard USB ports use power from the motherboard, I will continue to use my D-Link independently powered USB LAN hub. Since the computer works fine as is, I will not change the current setup. I do not think the Standard PC setting would make a difference in trying to upgrade Windows XP by the upgrade method, since I think the install procedure takes that hardware setting into account. Still, it is nice to have the onboard motherboard USB ports working and to have the right computer CPU setting. It should make the computer more reliable. CIO

Note: <888> 08/02/04 Monday 3:45 A.M.: I went outside briefly. On this page towards the bottom <http://forums.viaarena.com/messageview.cfm?catid=13&threadid=56161> , there is a procedure list for installing Windows XP on a VIA 266M system, which is basically the procedure I went through a few weeks ago, when I installed the operating system. There was one other suggestion that suggested if one has a second hard drive on the first IDE cable, one should disable it. Since at the moment, I have my system configured and it is running fine, I do not want to go through the hassle of pulling all of the cards and reinstalling the Windows XP operating system via the upgrade method and then having to reconfigure my system again. I will make a copy of the step by step list linked above. CIO

Note: <888> 08/02/04 Monday 3:20 A.M.: I tried copying my Windows XP Professional Upgrade CD to the C: drive, and I then tried an upgrade installation from the copy on the C: drive, but it still does not reboot setup. I returned the system back to its previous state. The only way that I can think the installation might work is if I disabled the multiple monitor feature in Windows XP, and then tried an installation with either AGP or PCI only working, but I recall trying this before, and it did not work. Still since the computer is running fine, I will not worry about it. I really do not feel like putting anymore money into a 20 month old computer, particularly since a better upgrade motherboard and case that would hold a motherboard with more PCI slots would cost about 2/3 of the price of what a new system with everything installed would cost. Since it has worked just fine for this long, I will not worry about it. I guess I will not be trying to install Windows XP SP2, since I do not want to risk having my system crash. Basically, my Syntax SV266M motherboard is an inexpensive but reliable motherboard, and if I just upgraded the case and motherboard, I would still have other old parts in my system, which would need to be replaced sooner or later. Still for now, it is all working just fine. CIO

Note: <888> 08/02/04 Monday 1:25 A.M.: [Reuters Latest Financial News Full News Coverage NASA Satellite set for Mercury](#) . CIO

Note: <888> 08/02/04 Monday 1:15 A.M.: [MSNBC - Alaska volcano stirs after 12-year lull](#) . CIO

Note: <888> 08/02/04 Monday 12:50 A.M.: I uninstalled and reinstalled the Plantronics DSP500 program. When I installed it before, it prompted me to install parsedrv.exe, and

when I did that all my sound setting were set at default maximum which is a bit loud. With that setting, when one listens to it, it automatically reduces the volume except it does not automatically reduce the volume with Net2Phone. Thus by not installing parsedrv.exe and just installing the Plantronics program, one is able to set one's own preferences for the sound settings. Also some times the speaker icon shows up in the tray and sometimes it does not. I have a Sounds and Audio Devices icon on the desktop, so one can restore the speaker icon, if it happens not to show up. Also sometimes the Norton Internet Security 2004 Firewall icon does not show up in the tray too. One can get around this after rebooting, if they do not show up, by logging off and then logging back on, and they seem to show up the second time around. Also Microsoft Messenger, sometimes wants to log on twice. Basically the computer is running just fine. Although, I can not reinstall Windows XP via the upgrade method the way I use to do, and I can not figure out why not. Also the onboard motherboard USB ports do not recognize USB devices, so I disabled them, and I am using a PCI USB card. Also the Standby mode does not work, since Advanced Power Management does not show up in the power settings, but I hardly ever used Standby. Power saving features do seem to work though. Thus after a month the computer is completely restored back to a better state, and it works just fine too. I also noticed that with the Network Bridge enabled connecting the three network connections to the cable modem, one can not turn off the cable modem and the Siemens router from the control panel, and then have them work, when one turns them back on. If one wants to run the computer without the cable modem for utility maintenance, one needs to boot the computer with the cable modem and Siemens router turned off. If one turns off the Cable modem and Siemens router while they are working with the Network Bridge and the three Network connections to the cable modem, one has to shut down, reset the cable modem by turning it on and off with the Siemens router turned off, and then boot the computer with the cable modem and the Siemens router turned on. I would not have this problem, if I just used the onboard motherboard LAN, but I like having the three Network connections to the cable modem. By connecting them all together with the Network Bridge feature in Networking, it keeps all three networks alive simultaneously, and they do not need to be restored or enabled. Thus it is a more stable system. CIO

Note: <888> 08/02/04 Monday 12:10 A.M.: After I did the C: drive to D: drive backup in seven parts, I ran Norton Speed Disk on the C: drive. I watched some television, while running Norton Speed Disk. I went outside briefly. CIO

Note: <888> 08/01/04 Sunday 10:15 P.M.: I woke up while sleeping, and I ate a dozen triscuts. I was finally awake at 9 P.M.. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I will now do a seven part C: drive to D: drive backup. CIO

Note: <888> 08/01/04 Sunday 12:10 P.M.: Well, I am a bit tired, so I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 08/01/04 Sunday 11:20 A.M.: I looked at my Windows Update history, and I reinstalled three Windows Updates that failed to install. I just ran Norton Win Doctor. CIO

Note: <888> 08/01/04 Sunday 10:35 A.M.: I succeeded in doing a full system scan with Norton AntiVirus 2004 by selecting the option to Scan Files Using SmartScan. It did not report any problems. I watched some television while doing the scan. I microwaved and ate a bag of Fat Free ACT II popcorn, which I ate with a glass of iced tea. CIO

Note: <888> 08/01/04 Sunday 9:00 A.M.: First storm of the season CNN.com - [Tropical storm warning issued for Carolinas - Jul 31, 2004](http://www.geocities.com/mikelscott/weather.htm) and www.geocities.com/mikelscott/weather.htm . CIO

Note: <888> 08/01/04 Sunday 8:55 A.M.: I ran Norton AntiVirus 2004 a few times, and I analyzed the fact that it freezes. I turned off the power saving features in the CMOS and the power saving features in Windows XP, and it did not freeze. However, it kept freezing towards the end of the scan at "<C:\Windows\Driver Cache\i386>" probably on the 72 meg file driver.zip . I turned off scanning of compressed files, and it still froze at the same location. However, since at that point which is most of the hard drive, it did not find any viruses, I assume my hard drive is virus free. Since I can not delete the file, although it is a compressed file, I will just have to live with it as it is. I returned my power saving settings to their usual state. I watched some television while Norton AntiVirus 2004 was running. CIO

Note: <888> 08/01/04 Sunday 6:50 A.M.: I tried running Norton AntiVirus 2004 before I went out, but it froze again. I will have to study the Symantec web site to see if I can find the fix, or I guess I can reinstall or repair it. I went out after the last message, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I chatted with another morning walker and a town employee. I next drove down by the waterfront and two other of the regular fishermen were there. I just now returned home, and I chatted with a couple of neighbors. I drank some iced tea. CIO

Note: <888> 08/01/04 Sunday 3:40 A.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I used the remaining half inch wide strips of cold eye round of beef. For the cheddar cheese portion, I use Stop and Shop Swiss cheese. I used all of the other ingredients. I had the salad with a glass of iced tea. For the last two days, when I woke up the kitchen ceiling florescent light would not turn on, when I tried to turn it on, and I had to remove the fixture cover, and adjust the wire harness into the circular tubular florescent bulb get it to turn on. Possibly it needs a new circular tubular bulb, which the building custodian provides. I will leave it on all the time for now, so I do not have to go through the hassle of getting to turn on. I will now shut down the computer, and I will clean up. I will go out for a walk after that. It is suppose to shower at 7 A.M. this morning, so I am going out earlier. CIO

Note: <888> 08/01/04 Sunday 2:25 A.M.: I finished configuring the Gateway backup computer. I just shut down the Gateway backup computer. CIO

Note: <888> 08/01/04 Sunday 1:45 A.M.: I went through my email. CIO

Note: <888> 08/01/04 Sunday 1:05 A.M.: I put the ice tea in the refrigerator. I have the backup Gateway computer all configured. I am running a maintenance utility on it now. It has about 5 gigabytes of free space on the 8 gigabyte hard drive. Its inboard telephone modem works too, and I downloaded the Juno free dialer on it, but I did not install it, however it would be available for use if the cable modem did not work. I also have the Juno free dialer download saved on my primary computer and installed on the Dell backup computer. The Gateway has onboard sound, but I do not have speakers or a headset plugged into it. The sound jacks are on the rear of the Gateway. It also has two USB ports on the rear. It seems to be running just fine, and like all five backup computers they are online with the cable modem and configured for use along with the primary computer. I still have the old IBM Cyrix which is configured but not connected up. Thus I have seven desktop computers in the apartment and two old laptops for a total of nine computers along with all of their devices and monitors. CIO

Note: <888> 09/30/04 Thursday 11:00 P.M.: [CNN.com](http://www.cnn.com) - Scientist: Mount St. Helens likely to erupt - Sep 30, 2004 . I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 09/30/04 Thursday 10:40 P.M.: I watched the U.S.A. presidential debate. I finished going through the paper work for going to the Connecticut Department of Motor Vehicles in Danbury, Connecticut tomorrow <http://www.ct.gov/dmv/site/default.asp> . CIO

Note: <888> 09/30/04 Thursday 9:40 P.M.: I am watching the U.S. Presidential debates on television. I went out after the last message. I went by the Exxon gasoline station next to the Greenwich Library, and I bought \$15.50 of premium unleaded gasoline at \$2.399 a gallon for about 23 miles per gallon usage. I then went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I used the bathroom at the Senior and Arts center. I stopped by CVS walking up and down Greenwich Avenue, and I toured the store, and then on the second visit, I looked for one of the Christmas Tree automobile scent cards, but they were not available. I drove down by the waterfront. I then went by the Greenwich Library, and I read the Greenwich Time. I next went by the Stop and Shop, and I bought a half gallon of Stop and Shop 2% low fat milk for \$2.69, and a Maria Callender 14 ounce turkey and stuffing dinner for \$2.29, and a Maria Callender 14 ounce chicken tenders dinner for \$2.29 for \$7.27 total. I then returned home. I took a four ounce can of sliced mushrooms, and I drained and rinsed the water out of it with the lid. I put a few tablespoons of olive oil in a small sauté pan, and I heated it over medium high electric heat, and I sautéed the mushrooms over medium heat. I put about four 4.5 tablespoons of olive oil and two pads of margarine in my 10 inch omelet pan, and I heated it over medium high electric heat. I sliced eight 1 inch by 2 inch by 1/8th inch slices of Swiss cheese. I cracked three extra large eggs in a metal bowl, and I added about 1/8th of a cup of 2% low fat milk and a quarter of a teaspoon of Italian spices, and I whisked it all together with a metal whisk. Once the olive oil was heated in the omelet pan and the mushrooms were heated, I added the egg mixture to the omelet pan, and I lower the heat to medium. I put a lid on the pan, and I let it cook, until it began to harden on top. I then flipped the omelet with a spatula, and I cover one half of it with the Swiss cheese slices and about 75% of the mushrooms. I then folded the bare half over the covered half, and put it on a warm dinner plate. I put the remaining slice of Swiss cheese on it and the remaining sautéed mushrooms and covered it with a medium to light covering grate parmesan cheese. While cooking the omelet, I also toasted two slices of bread, and I put two pads of margarine on each and spread it, and I cut the toast in half. I had it all for dinner with a glass of 2% low fat milk. I don't

wash my omelet pan, but I just wipe it dry with a paper towel, so it does not stick in the future, and it gradually conditions the omelet pan. I will continue to watch the U.S. Presidential debate, which I have been listening to since it started. CIO

Note: <888> 09/30/04 Thursday 5:05 P.M.: I was up at 10 A.M. on Wednesday yesterday. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I showered and cleaned up. I called a Greenwich Taxi at about 11:30 A.M. at 1-203-869-6000. I left here about 11:45 A.M., and I was dropped off at the Railroad Avenue side of the Greenwich Train station for \$6.20 taxi fare and \$1.80 tip for \$8.00 total. The ticket windows was closed, and since the train station pedestrian overpass is closed for reconstruction, I walked around to the other side via Arch Street. I bought a ticket from the ticket vending machine for \$2.25 for Greenwich to Stamford. I then caught the local train to Stamford. I then went to the Amtrak www.amtrak.com counter, and I cancelled my reservation for train #173 at 2:56 P.M., and I bought a ticket for train #93 at 12:56 P.M. to the 30th street station at Philadelphia, Pa. for \$52. I bought a copy of the New York Times from the newsstand for a dollar. My train was about 15 minutes late, and I boarded it when it arrived. I read the New York Times on the train down to Philadelphia, and we arrived with stops at about 3:50 P.M.. The Amtrak train from Stamford, Connecticut south makes a stop at Newark International airport for flight travel. I was met at the train station in Philadelphia by two relatives, and we drove out to their house in the suburbs with a stop at a local grocery store. I tried starting the 1995 Volvo 850 turbo station wagon, but since it had not been started in three weeks the new battery was run down. Possibly the alarm had run down the battery. I chatted with my relatives, and when another relative returned back to his house, we jump started the Volvo and let it idle for about an hour and a half to charge up the battery. We all had dinner of outdoor grilled marinated flank steak, Uncle Ben's flavored rice, and salad, and I had soda water to drink. I chatted with my relatives. We turned off the Volvo, and it started right up again. We took it for a test drive, and it seem to be running fine. It has 98,400 miles on it. It has a six disk CD changer in the spare tire compartment. It has metal alloy wheels with low profile tires with about 5 to 8 thousand miles tread remaining. I also got a set of four tires on steel rims in case I wanted to eventually replace the tires with less expensive tires. The Volvo has all of the deluxe features of the Volvo of that period, and it was dealer maintained and checked out recently and serviced. I studied the owner's manual briefly. I chatted with my relatives. I went to bed at 11 P.M.. I was up at 7 A.M. today. We tested the Volvo, and it started right up. I had breakfast of Cheerios, half of a muffin, orange juice, vitamins, supplements, and coffee. My relatives gave me the signed Volvo title and a Bill of Sale reflecting that it is from my sister for a dollar. Thus I should not have to pay Connecticut tax when I transfer its title and registration tomorrow at the Danbury DMV office, since it is a gift from a relative. I have to go to the Danbury office to do a VIN number search in doing the out of state title transfer. I showered and cleaned up. I chatted with my relatives. I left my relatives house at 9:15 A.M., and I took the Pennsylvania turnpike east to the New Jersey turnpike north for a \$2 toll. I stopped at the Woodrow Wilson rest area. I got off at exit 11 at the Garden State Parkway north for \$2.10 toll. I paid three .35 tolls on the Garden State Parkway, and I stopped at a rest area near Newark, New Jersey. I got on the connecting road to the Tappan Zee bridge, and I paid a \$3 toll to cross the Tappan Zee bridge, and I

took I-287 south to I-95 east one exit to the Byram, Connecticut exit for 146 miles total and three hours and 15 minutes travel time. I drank some iced tea. I cleared out the floor of the left living room closet, and I used my cart to bring up the four steel rim tires, and I put them on the floor of the left living closet. I carried down the tools and other items I had removed from the Hyundai, and I put them in the Volvo in relatively the same places as they were in the Hyundai. Thus the rear part of the Volvo is filled up to window level, and there is cover to cover the rear cargo area, so it does not show. I have the paper work upstairs in my apartment on the Volvo. I have one key with a remote switch device for the door and alarm, and I am being sent a second. I also have the Valet key, which I put on my spare key chain in the apartment. The Valet key works as a regular key, but the glove box does not work with it. The Volvo is still registered and insured by my relative until I transfer the paper work tomorrow. The kitchen appliances that were on the floor of the left living room closet, I put on underneath the maple table behind the blue couch. I put the shoes and extension cord in the right closet. I moved the old floppy disk boxes underneath the French antique reproduction sitting chair. I chatted with a relative. I microwaved and ate a 12.5 ounce Stouffer's Lean Cuisine chicken and mushrooms dinner, which I had with a glass of iced tea. Earlier, I also drank a cold Diet Coke in a frosted mug. The Volvo runs just fine, but I have to familiarize myself with some of the instrumentation. I will go out shortly to fill up the car with gasoline. The Volvo uses premium gasoline, and its gasoline filler flap opens when the car is unlocked. I will also put the Elephant republican sticker on the lower driver's side rear window. I am most pleased with the Volvo. CIO

Note: <888> 09/28/04 Tuesday 11:15 P.M.: I will now shut down the computer, until I return with the 1995 Volvo 850 green turbo station wagon with 95,000 miles on this Thursday afternoon, which will be my new car. I will watch some television before going to bed soon. For Vero Beach, Florida hurricane damage information try http://www.tcpalm.com/tcp/press_journal . I have two relatives that live in Vero Beach, Florida during the winter, so it is a matter of concern to me and many other Greenwich, Connecticut people and from this area also live there. CIO

Note: <888> 09/28/04 Tuesday 11:10 P.M.: The Queen Mary II <http://www.qm2.org.uk/itinerary.html> will be docking in Manhattan tomorrow on Wednesday September 29, 2004 for a cruise to Quebec. They are coming down from Portland, Maine today, so more than likely they got the rain from Hurricane Jeanne that is currently dropping some rain here. CIO

Note: <888> 09/28/04 Tuesday 10:55 P.M.: I went through my email. CIO

Note: <888> 09/28/04 Tuesday 10:25 P.M.: I put together an overnight bag to take with me down to Philadelphia, Pa. on the train. I will stay up until midnight, and I will get up at 10 A.M. tomorrow. CIO

Note: <888> 09/28/04 Tuesday 9:45 P.M.: I printed out my itinerary for the my trip tomorrow. I chatted with a relative. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I used all of the regular ingredients except, I

used a tin of sardines that I chopped instead of tuna fish, and I used a peeled sliced cucumber. For the cheddar cheese portion, I used Stop and Shop Swiss cheese. I ate the salad with a glass of iced tea. CIO

Note: <888> 09/28/04 Tuesday 8:05 P.M.: I have a Amtrak reservation from Stamford, Connecticut on Train #173 leaving at 2:56 P.M. tomorrow and arriving at the 30th Street station in Philadelphia, Pa. at 5:25 P.M. at a cost of \$52. I will be picked up by my relatives at the train station in Philadelphia. A couple of hours before the train departs from Stamford, I will call a Greenwich Taxi 1-203-869-6000 to take me from my apartment to the Greenwich train station where there is a local train every half hour to Stamford, Connecticut. I chatted with a friend and a relative. CIO

Note: <888> 09/28/04 Tuesday 6:30 P.M.: I chatted with a friend. I picked up my laundry downstairs, and I chatted with a neighbor. I put away my laundry. CIO

Note: <888> 09/28/04 Tuesday 4:55 P.M.: I finished showering and cleaning up. I have 15 minutes to go on the dry cycle of the laundry. [TCPalm: Press Journal](#) and [Weather Hazards for Southern Fairfield, CT](#) and [National Weather Service Forecast Office - Upton, NY](#) . CIO

Note: <888> 09/28/04 Tuesday 4:20 P.M.: I threw out some garbage. I started the dry cycle on the laundry, and I have 50 minutes to go until its done. I will now shower and clean up. CIO

Note: <888> 09/28/04 Tuesday 3:55 P.M.: I started two loads of laundry, and I have ten minutes to go on the wash cycle. I also put clean linens on the bed in the bedroom. CIO

Note: <888> 09/28/04 Tuesday 3:10 P.M.: I woke up this morning, and I ate a bowl of triscuits with iced tea. I did not fall asleep until 6 A.M.. I had a telephone call at 11 A.M. from a relative. I had another call from my state worker. I had a telephone call about the Hyundai, but I told them it was sold. Today is the last day the advertisement in the newspaper runs, so I did not cancel it. I was up at 1 P.M. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I picked up my mail downstairs. I chatted with a neighbor. Yesterday, before my relatives visited, I put a Glade plug-in oil scent Hawaiian Breeze scent refill in the glade scent dispenser in the kitchen, so the apartment smelled better. CIO

Note: <888> 09/28/04 Tuesday 2:00 A.M.: This Wednesday on Amtrak www.amtrak.com from Stamford, Connecticut to the 30th street station in Philadelphia, PA. , there is a 8:24 A.M., 9:28 A.M., 11 A.M., 12:56 P.M. , 2:56 P.M., and 3:26 P.M. costing \$52 and taking about two and a half hours. All but the first is reserved coach. I called Amtrak at 1-800-USA-RAIL, and they told me I can make a reservation without paying the fare until I arrive at the train station of departure, if making the reservation less than 24 hours before departure. If more than 24 hours, I have to pay when I make the reservation. I still have to wait to see what my relatives say in the Philadelphia area. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 09/28/04 Tuesday 1:20 A.M.: I went outside briefly. I bought the 1999 Hyundai Hatchback Accent L on August 26, 2002 with the help of a relative that financed it. I paid \$3,200, \$150 purchase tax, \$130 auto registration over two years, \$20 emissions, \$1,448.82 maintenance which included new Sears Michelin 175 70/13 tires, front end alignment, dealer maintenance, oil and filter changes, new battery, and other maintenance items, and property tax of \$54.55 for a total over two years of \$5,003.37. On the car itself without registration cost, emissions inspection cost, and property tax it cost \$4,798.92 for the purchase, tax, and maintenance. I sold the car for \$1,950, so it cost \$2,842.82 to own the car for 25 months, or \$113.96 a month plus insurance, gasoline, property tax, registration, and emission inspection. I gave the sale money back to my relative that helped finance the Hyundai less the cost of what it will cost me to register the Volvo and transfer its title. Automobile registration, gasoline, insurance, drivers license, emissions inspection, and property tax cost \$2480.28 or about \$99.22 a month, so without my relative financing the car, I would not have been able to afford it. Since I am getting the Volvo from a relative for a dollar, I will not have the automobile depreciation costs. When I bought the car, it had 31,800 miles on it, and I sold it with 42,300 miles, so I put 10,500 miles on the Hyundai, and it thus cost with depreciation me and my relative \$.507 or 50.7 cents a mile to own and operate the Hyundai. CIO

Note: <888> 09/27/04 Monday 11:00 P.M.: I am just about ready to eat a Stouffer's Lean Cuisine 13 5/8 ounce chicken fettuccini dinner with broccoli and a glass of iced tea. CIO

Note: <888> 09/27/04 Monday 10:45 P.M.: I chatted with two relatives and a friend. I called www.geico.com at 1-800-42GEICO, and I cancelled my Hyundai insurance, and the policy on the 1995 Volvo 850 Turbo starts at midnight tonight. They emailed me the insurance cards, and I printed out four copies. I got \$100,000, \$100,000 \$300,000 liability, collision and comprehensive, and it is the same rate as I was paying on the Hyundai. They will bill me to start the new policy after the current policy expires October 7, 2004. I got a quote on \$20,000 renters insurance, and it would be \$14 a month with an initial payment of \$50, which I might get starting at the first of the month. The renter's insurance is sold by GEICO with www.travelers.com as the insurance company. I called a relative back to tell them I had insured the Volvo. I am not sure yet whether I will pick it up in the Philadelphia area traveling down by train, or if it will be delivered. To register the Volvo, I have to do a VIN identification search at the Danbury, Connecticut DMV <http://dmvct.org/>, but currently their web site does not work. Since I am getting the Volvo as a gift for a dollar from my sister, I will not have to pay Connecticut state tax on it, but I will need proof that the seller for a dollar is my sister, which hopefully she will provide. The VIN identification search can not be done at the Norwalk, Connecticut DMV office. CIO

Note: <888> 09/27/04 Monday 7:30 P.M.: My relatives stopped by briefly. I will go back down to Philadelphia on Wednesday to see them and pick up the Volvo. CIO

Note: <888> 09/27/04 Monday 6:05 P.M.: I sold the Hyundai. I have the relatives whom are giving me the Volvo stop by here in an hour on their way down from Maine. I

will go down to their house in the Philadelphia area on Wednesday on the train to pick up the Volvo, and I will return back here on Thursday with the Volvo. It is suppose to rain on Tuesday. CIO

Note: <888> 09/27/04 Monday 4:35 P.M.: I woke up, and I ate a Nutri-grain bar. I was up at 2 P.M.. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went outside, and I picked up the mail. I showered and cleaned up. I went outside, and I chatted with a neighbor. I cancelled my 4 P.M. appointment. I am waiting for the party to come and buy my Hyundai at 5 P.M.. I was able to move the task bar to the left monitor. CIO

Note: <888> 09/27/04 Monday 12:25 A.M.: I watched the hurricane coverage from Florida through the internet. I returned my computer system to its previous settings. I can not get the task bar to move from the right monitor to the left monitor, when I changed the left monitor to be the primary monitor. I went outside briefly while watching the coverage. I will now shut down the computer, and I will go to bed. I intend to stay in tomorrow until 5 P.M. when the party comes to buy my Hyundai. I will have to cancel my 4 P.M. appointment. CIO

Note: <888> 09/26/04 Sunday 11:15 P.M.: I chatted with a relative. I have Channel Five NBC from Indian River Country, Florida http://www.tcpalm.com/tcp/press_journal playing on my television through my internet connection. I was able to get its sound to work by changing the Creative Sound Mixer to four speakers, and I have the Real Player working on the right Sony Monitor, which I set as the primary monitor, so it plays through my Orion television. I turned off the air conditioner in my apartment, since it is cool outside. CIO

Note: <888> 09/26/04 Sunday 10:45 P.M.: I went outside briefly and threw away some garbage. The elevator broke today, but the Otis Elevator repairman was here, so hopefully it will be repaired soon.

Note: <888> 09/26/04 Sunday 10:30 P.M.: [Yahoo! News - St. Helens Activity May Signal Explosion](#) . CIO

Note: <888> 09/26/04 Sunday 10:25 P.M.: I went through my email. CIO

Note: <888> 09/26/04 Sunday 10:20 P.M.: I chatted with a friend and a relative. I left a message with a friend. I ate a 12.5 ounce Stouffer's Lean Cuisine roasted chicken with mushrooms dinner with a glass of iced tea. I ate a bowl of triscuts. I watched some television. CIO

Note: <888> 09/26/04 Sunday 8:50 P.M.: I made a System Restore backup. I ran disk cleanup on the C: drive, and I removed the older System Restore backup files. I then transferred the D: drive files to the C: drive in a D: folder. I then used the XP backup program with the Automatic System Recovery option, and I backed up the entire C: drive to the empty D: drive. I then transferred the D: drive contents from the C: drive D: folder

back to the D: drive. I then backed from the C: drive to the D: drive, the My Documents folder, and then the Music files and then all of the other files except the C:\Windows and the "C:\Program Files" in three separate backup files in a D:\backupc folder. I now have 7.11 gigabytes free space on the C: drive and 2.86 gigabytes free space on the D: drive. I then ran Norton Speed Disk on the C: drive. I rebooted and the computer system is running just fine, and all of its regular maintenance is done. I watched some television while doing all of this, and I also went outside. I also chatted with a relative. Once I have finished the sale on the Hyundai tomorrow at 5 P.M., I will have to go down to the Philadelphia area on the train to pick up the Volvo at a relative's house. However, for the drive back the next day, I will have to make sure the weather is clear, so I have not yet determined my travel plans for that event. Also I want to wait until the Hyundai sale is finalized. Since I have probably sold the Hyundai, I will not be driving it until the new owners take possession. Thus I will not be downtown in Greenwich much, until I return to Greenwich with the Volvo some time in the near future. CIO

Note: <888> 09/26/04 Sunday 6:05 P.M.: I showered and cleaned up. I went outside, and I chatted with some neighbors. I will now do a C: drive to D: drive backup of my computer system. CIO

Note: <888> 09/26/04 Sunday 3:30 P.M.: I had a telephone call from a relative at noon today. I chatted with another relative. Then a party called up to look at my Hyundai for sale. I chatted with another friend. I ate two Nutri-Grain bars. The couple showed up to look at my Hyundai. They took it for a test drive. They agreed to buy it. They will be stopping by tomorrow evening at 5 P.M. to make the final transaction. I took the for sale sign out of the Hyundai window. I chatted with another relative. Once I have sold the Hyundai, I have to pick up the Volvo in the Philadelphia area at another relatives. I might be able to drive down on Wednesday with two other relatives to the Philadelphia area whom are driving through this way. If not I will have to take the train down to the Philadelphia area. The relatives driving through this area are think about some time in the near future about possibly having me go to down to Florida, if there are any problems with their house in Florida which was in the path of hurricane Jeanne. I left a message with another relative. CIO

Note: <888> 09/26/04 Sunday 4:40 A.M.: I watched some television. I ate a bowl of triscuts. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 09/26/04 Sunday 3:05 A.M.: I went through my email. CIO

Note: <888> 09/26/04 Sunday 2:35 A.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm. For the cheddar cheese portion, I used Stop and Shop Swiss cheese. I also used half a sliced peeled cucumber. I made the salad with all of the other usual ingredients. I had the salad with a glass of iced tea. I watched some hurricane coverage on television. CIO

Note: <888> 09/26/04 Sunday 12:40 A.M.: I ate a Nutri-Grain bar, and I went out after the last message. I went by the Exxon gasoline station next to the Greenwich Library,

and I bought a dollar of regular unleaded gasoline at \$2.159 a gallon for about 25 miles per gallon usage. I then went downtown, and I bought a number 27 scratch card at Zen stationary for a dollar, and then I walked the entire length of Greenwich Avenue. I sat out at various locations. I had to use the bathroom, and since Starbucks in closed for remodeling until October 4, I used the bathroom at the Food Emporium. I bought a 36 ounce bag of Eight O'clock hazelnut coffee beans for \$7.99, a dozen extra large eggs for \$1.79, a 12.5 ounce Stouffer's Lean Cuisine chicken fettuccini dinner for \$2.50, a 13.5 ounce Stouffer's Lean Cuisine chicken with mushrooms dinner for \$2.50 for \$14.78 total. I then drove down by the waterfront. I next returned home, and I started watching hurricane Jeanne coverage on television. I took down my shower curtain and shower curtain liner and Rubbermaid bath mat, and I washed them in the washer machine with about a pint of bleach to remove the mold and soap scum. I then rehung the shower curtain and liner, so they are now fresh. CIO

Note: <888> 09/25/04 Saturday 7:45 P.M.: I chatted with two relatives. I reinstalled the Weather Pulse program, but it still tends to be a bit buggy. I will now shut down the computer, and I will clean up, and I will go out. CIO

Note: <888> 09/25/04 Saturday 6:30 P.M.: I ate a Nutri-Grain bar before going to bed. I had a telephone call from a friend at 6:30 A.M. this morning. I ate a bowl of triscuts. I chatted with a relative at about 10 A.M.. I finally woke up at 5 P.M.. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I had a message on the answering machine from a relative. I went outside, and I picked up some mail from the mail room. We had a letter from the Greenwich Housing Authority that individuals unknown have been stealing furniture from the community room downstairs. CIO

Note: <888> 09/25/04 Saturday 6:00 A.M.: I ran Norton Speed Disk on the C: drive. I ate a Kellogg's Nutri-Grain raspberry bar with some iced tea. I went outside briefly. It is bit damp out. I watched television while running Norton SpeedDisk. I will now shut down the computer, and I will go to bed. CIO

Note: <888> 09/25/04 Saturday 4:00 A.M.: I finished going through my email. Human interest story from Florida [TCPalm: Alcohol on list of necessities for many](#) from [TCPalm: Press Journal](#) . For the better heeled whom don't worry about tropical weather [BBC NEWS South Asia White tea - pick of the crop](#). Tea Time half way around the world. CIO

Note: <888> 09/25/04 Saturday 3:10 A.M.: In the Norton Internet Security 2004 firewall settings, I increased the settings from the recommended setting of medium to high. I also blocked ping in the Firewall settings, but when I tested the firewall with [Symantec Security Check](#) , it showed the ping ports are still open. Basically when one is dealing with a user friendly technology, it does not have the same security that one might find in Black Box technology that is somewhat more expensive and complex to operate. Still even Black Box technology is fairly simply to override if one understands the principles behind it. CIO

Note: <888> 09/25/04 Saturday 2:20 A.M.: The last two times, I sent out copies of my weekly notes to three U.S. government recipients along with the other recipients, I have had my computer malfunction in the process of sending them when other email goes through without any problems. Also previously the Optimum Online server would reject them until, I tried to send them a number of times. The fact that the process of sending the notes seems to aggravate someone with the capability of monitoring and hacking my system causing system damager, it would seem to me the individual or individuals responsible are in violation of the law as established by the Federal Communications Commission. Below is a copy of the note I sent to my usual Scott's Notes recipients. Note Follows:

Scott's Notes, Technical Note 09/25/04

In the process of sending out Scott's Notes on a weekly basis to the three U.S. government

recipients that I send them to, I break them up into 8 to 10 parts to send the longer note of my log.

However, recently and for some time in the past, whenever I send the notes, my computer malfunctions or does

not send them, when other email goes through without any problems.

It is like somebody is monitoring my internet activity that does not like me sending the notes.

Since I know the U.S. Government would not do this, since it would be against the procedures established by the

Federal Communications Commission, I can only assume some outside agents of influence in this area with capability

of monitoring my internet activity is responsible. Thus if they show such a high level of sophistication in terms of hacking

and intercepting email communications more than likely they are involved in other more serious forms of criminal activity.

It would seem to me that if the agents of deceit are intercepting communications, they would have a separate agenda from

the current U.S. government and more over if it happens to me in simple internet activity, more than likely more important

communications are being monitored and stopped or intercepted.

Very Seriously Yours,

Michael Louis Scott

Greenwich, Connecticut 06830-2902

End of Email. CIO

End of Scott's Notes week of 09/25/04:

Note: <888> 09/25/04 Saturday 12:45 A.M.: One should remember to look at <http://www.nhc.noaa.gov/index.shtml> , <http://www.geocities.com/mikelscott/weather.htm> , [NRL Monterey Satellite Photos](#) , with the latest hurricane Jeanne tracking at <http://www.nhc.noaa.gov/ftp/graphics/AT11/refresh/AL1104W+GIF/250323W.gif> and <http://www.nhc.noaa.gov/ftp/graphics/AT11/refresh/AL1104W5+GIF/250323W5.gif> . I had one telephone call this morning on my Hyundai for sale [1999 Hyundai Accent L for sale with 42,500 miles at Greenwich, CT. USA, for \\$1,950 cash](#) . The party said they might call back, but they did not, but they said they were interested in a car with air conditioning, which the Hyundai does not have. If nobody buys it by next Tuesday, the Greenwich Time will advertise it for another week for free for the cost I have already paid for the advertisement at [Greenwich Time - Classifieds Search Mike Scott's Hyundai](#) and <http://www.cars.com/go/search/detail.jsp?tracktype=usedcc&searchType=21&paId=155350674&pageNumber=0&numResultsPerPage=50&largeNumResultsPerPage=0&sortorder=descending&sortfield=PRICE+descending&certifiedOnly=false&recnum=19&leadExists=false&criteria=K-%7CE-%7CM-19%7CB-6000%7CD-218%7CN-N%7CR-50%7CI-1%7CP-PRICE+descending%7CQ-descending%7CZ-06830&aff=scni> including being published in the classified advertisements of the Greenwich Time and the Stamford Advocate. I will now send out my weekly notes, and then I will do some regular computer work. CIO

Note: <888> 09/24/04 Friday 11:55 P.M.: I went out after the last message. I went by the Greenwich Library, and I read the Greenwich Time. I then went by CVS on Greenwich Avenue, and I bought a Pioneer Photo Album with 100 magnetic pages or 50 sheets style no. LM-100 for \$7.99 plus .48 tax for \$8.47 total. I then walked the entire length of Greenwich Avenue, and I sat out at various locations. I peeked behind the paper on the windows at Starbucks' remodeling, and it is completely gutted. I noticed on the railroad station movie theatre marquis, they are having the Greenwich Film Festival on Sunday September 26. I suppose it will bring out some movie buffs. I next drove down by the waterfront. I then went by the Food Emporium, and I bought a 16 ounce bar of Stop and Shop Swiss cheese for \$4.39, a 10 ounce bag of fresh spinach for \$1.99, a 10 ounce box of fresh mushrooms for \$2.29, and two Stop and Shop blue toilet bowl cleaner tablets for .99 each for \$10.77 total. I then returned home, and I drank some iced tea. I had a message from a relative on the answering machine. I will now put my most recent batch of photographs from my last two trips to Kennebunkport, Maine in the new photograph album. I will put the new photo album on the far right of the photograph

album shelf on the center hallway bookcase. I will then do some regular computer work. I suppose if one were once again being encouraged to evacuate the coastal area in Florida, and if one were on limited income, and if gasoline were still available in Florida, one could try to drive up to Atlanta again or take the bus <http://www.greyhound.com/> or train <http://www.amtrack.com/>, and if a Days Inn <http://www.daysinn.com/> or other inexpensive motel were not available in the rush to get out of Florida, one could see if there was room at www.extendedstay.com or <http://www.motel6.com/>, and of course there are many other hotel and motel chains and independent operators such as <http://www.holidayinn.com/>. Of course for larger budgets in Ashville, North Carolina www.biltmore.com has guest facilities. I once gave a relative for Christmas in Florida, a book called "Bed and Breakfast Inns in America", which if one could afford it might be a more interesting way to travel to see some of the local color. Of course, with so many people having to continually evacuate Florida this hurricane season, I suppose lots of people are taking "pot luck" and sleeping in shelters or other places of shelter. Of course if one does mind cooler weather, there is lots of room in the New York area including Greenwich, Connecticut <http://www.geocities.com/mikelscott/greenw.htm> or in Chicago, Illinois or even Canada for that matter. For the group of retired people called the "Leafers" whom come north for the fall foliage tours, the trees are still green here. Also retired people could help defer the cost of a trip to Canada by buying cheaper pharmaceutical prescriptions, which I am sure they already know about. CIO

Note: <888> 09/24/04 Friday 7:55 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm. I used a tin of sardines that I chopped instead of tuna fish. For the cheddar cheese portion, I used Kraft Cracker Barrel 2% low fat sharp cheddar cheese. I also used a half of a cucumber that I peeled and sliced. I made it with all of the other usual ingredients. I ate it with a glass of iced tea. I chatted with a relative. I will now shut down the computer, and I will go out soon. CIO

Note: <888> 09/24/04 Friday 6:05 P.M.: I finished house cleaning and watering the plants. The apartment does not look as neat with all of the car items stored in the apartment. The Sears Kenmore upright vacuum cleaner also pulled up a couple feet of a few strands of the carpet in the kitchen, so there is a vacant line space in the napping. I chatted with a relative. I told the relative that while at the relative's house in Kennebunkport, Maine <http://www.geocities.com/mikelscott/137.htm> after hurricane winds pasted over the house on this past Saturday afternoon, I saw a large blue or grey heron in the tidal pond in front of the house. As I have said many times before the birds have more sense about the weather than humans, since they spend so much time outside. I don't know about herons, but they frequently come north with hurricane winds. Also after a hurricane in Scotland once, they saw Pelican on the St. Andrew's golf course. In the old days in Key West, they said if the Pelicans disappeared, a hurricane would be coming, and in Biscayne Bay in Miami, they said if the Flamingos disappeared a hurricane would be coming. Also since the eye or center of hurricane Jeanne is suppose to track up the coast of Florida from Fort Pierce or Vero Beach north along the northern Florida east coast, and the Georgia and Carolina's coasts, even though the west or southern side of the hurricane will be over land with less intense winds, more than likely with the more violent winds on the east side of the hurricane over the Atlantic Ocean off

shore, there could a larger than normal storm surge causing increased flooding. I will now throw out the garbage. CIO

Note: <888> 09/24/04 Friday 3:10 P.M.: I chatted with a friend. I left messages with three relatives. These two news stories about hurricane Jeanne are available [Greenwich Time - Hurricane watch puts Florida's East Coast on high alert](#) , [TCPalm: Press Journal](#) , [Yahoo! News - 350,000 Asked to Evacuate As Jeanne Nears](#) , [FOXNews.com - U.S. & World - Fla. Braces for Jeanne; Ivan Hits Gulf Again](#) , [ABCNEWS.com : Hurricane Jeanne Threatens Florida](#) , [CNN.com - Fourth hurricane eyes Florida - Sep 24, 2004](#) and [MSNBC - Bahamas, Florida brace for Hurricane Jeanne](#) . Maybe Prince Harry will help with the retired British residents in Florida [BBC NEWS UK Prince Harry set for army career](#) . I will now do my house cleaning. CIO

Note: <888> 09/24/04 Friday 2:15 P.M.: I was up at 11 P.M., and I had a telephone call from a party interested in my Hyundai for sale [1999 Hyundai Accent L for sale with 42,500 miles at Greenwich, CT. USA, for \\$1,950 cash](#) . They said they would call back after 2 P.M., when I returned from my appointment. I had breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I cleaned up, and I went out for my 1 P.M. appointment. I just now returned. I will now do my house cleaning while I wait for anyone to call about my car. I heard on the Fox News that hurricane Jeanne is heading towards the Vero Beach and Fort Pierce, Florida area with 100 mile an hour winds about 8 A.M. on Sunday morning. So one should study [Michael Louis Scott Tropical Weather](#) , [National Hurricane Center Tropical Prediction Center](#) , <http://www.nhc.noaa.gov/ftp/graphics/AT11/refresh/AL1104W+GIF/241453W.gif> , and [NRL Monterey Satellite Photos](#) . CIO

Note: <888> 09/24/04 Friday 3:00 A.M.: I ate two scoops of Hagen Daz raspberry sorbet. I watched some television. I will now shut down the computer, and I will go to bed. I have a 1 P.M. appointment today. CIO

Note: <888> 09/24/04 Friday 1:15 A.M.: [MSFT: Basic Chart for MICROSOFT CP - Yahoo! Finance](#) if one is interested in how Microsoft has performed. CIO

Note: <888> 09/24/04 Friday 12:45 A.M.: I went out after the last message. I went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I chatted with another regular walker. I did not drive by the waterfront, because I had to go by the Stop and Shop before it closed. I went by the Stop and Shop, and I bought two boxes of 8 bars each box 10.4 ounces total per box of Kellogg's Nutri-Grain Cereal Bars raspberry low fat for \$2 each box, a dented 18.8 can of Campbell's Select creamy potato and roasted garlic soup for .55, a 16 ounce bag of baby carrots for \$1.99, broccoli crowns at \$1.69 a pound for \$1.76, two cucumbers for .50 each, a quart of plum tomatoes for \$2.99 for \$11.80 total. I ate two of the Nutri-Grain bars outside the store for a bit of quick energy. I then returned home, and I put away my purchases. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I put in half of a peel sliced cucumber, and for the cheddar cheese portion, I used Kraft Cracker Barrel 2% reduced fat sharp cheddar cheese. I used all of the other regular ingredients. I ate the

salad with a glass of iced tea. I have noticed recently with the remains of the hurricanes coming over this areas that we are getting the tropical insects and allergies from the tropics in this area, so if one feels a bit congested when outside, one might have hurricane allergies. Remember to look at www.geocities.com/mikelscott/weather.htm and <http://www.nhc.noaa.gov/index.shtml> and <http://www.nhc.noaa.gov/ftp/graphics/AT11/refresh/AL1104W5+GIF/240303W5.gif> and [NRL Monterey Satellite Photos](#) . Alas, I have only been down south about three times since a bad experience down south in February 1982, so I do not have much local experience in that area anymore compared to the new experts, but a relative keeps telling me they might invite me down this winter. CIO

Note: <888> 09/23/04 Thursday 8:20 P.M.: I chatted with a relative. I will now shut down the computer, and I will clean up, and I will go out. CIO

Note: <888> 09/23/04 Thursday 8:05 P.M.: One of the Greenwich Library's long time users has passed away [Greenwich Time: Dr. Edward Keefe](#) . When Dr. Keefe was heading up the senior's physical fitness class at the Greenwich Hospital and a regular user of the Greenwich Library about 12 years ago, I gave him a copy of Bill Gate's biography and recommended that he should invest in Microsoft. Dr. Keefe looked a lot like Nelson Rockefeller and was equally smart. We had not seem around much in the last year. I once told him he looked he looked like the Archduke Ferdinand sitting around waiting for something to happen. Dr. Keefe used word processors before personal computers, and he always told me he used a word processor called a "Viadeck". He also once told me he was descended from the Emperor Charlemagne [Charlemagne's Biography](#) , and one could frequently see him around St. Mary's Church on Greenwich Avenue. He also drove an old blue Cadillac and looked like one of those retirement community chiefs of police that one sees down in Florida. We will all miss him dearly. CIO

Note: <888> 09/23/04 Thursday 7:15 P.M.: I went through my email. CIO

Note: <888> 09/23/04 Thursday 6:35 P.M.: I was up at 5 P.M., when I had a telemarketing call from www.hourofpower.org . I chatted with the Christian fund raiser explaining why I could not afford to give money. I then had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went outside, and I chatted with some neighbors. I signed for a UPS package for another neighbor, and I left it outside of his door. CIO

Note: <888> 09/23/04 Thursday 10:15 A.M.: I went outside, and I chatted with some neighbors and the building custodian. I chatted with a relative on the telephone. I will now shut down the computer, and I will go to bed. I have a 1 P.M. appointment tomorrow, so I have to be awake in the afternoon. CIO

Note: <888> 09/23/04 Thursday 8:50 A.M.: I ran BootVis. I enabled the XP SP2 firewall, but the [Symantec Security Check](#) shows that the Ping Port is still opened. However, with Optimum Online, every time one reboots, one gets a different IP address, so it is less of a problem than it might appear. I found this site <http://www.grn.com/>

while looking for Gibson Research <http://www.grc.com/> to check my ports. The ping port still shows up on the Gibson Research tests. I disabled remote assistance in my XP SP2 firewall. Still the system seems fairly secure. CIO

Note: <888> 09/23/04 Thursday 7:40 A.M.: I downloaded and installed <http://analyzer.symantec.com/default.asp> , and I opened an account. I then went to [Symantec Security Check](#) , and I tested my computer. I closed the ping port in Norton Internet Security 2004 , but it still shows up on the test. Everything else is fine. CIO

Note: <888> 09/23/04 Thursday 6:40 A.M.: I checked out the Symantec web site www.symantec.com and Norton System Works 2005 is available for download off the internet as a upgrade for \$40 http://nct.symantecstore.com/0001/upgrade_center.html , but it does not say that it includes Norton Utilities. Anyway, I was able to get Norton Win Doctor 2003 to work by doing a scan with out the first two tests, and then I did the second test, and then I did the first test without the Analysis agents, and there are no problems. I also installed the latest version of Live Update, and ran the updates. I then did a safe boot, and I ran Norton Antivirus 2004, and there were no problems. I went outside while running it, and I watched some television. CIO

Note: <888> 09/23/04 Thursday 4:10 A.M.: I changed under the hardware settings for System from the VIA drivers to Microsoft XP drivers for the VIA drivers. The system seems a bit more stable with the Microsoft drivers, and it starts faster and is a bit more responsive. I also changed the IDE drivers to Primary and Secondary. In Microsoft Money I changed the option to backup the Money File to "select option", so I do not have to back it up on exit which freezes the computer in compressed mode. However, a manual backup in compressed mode works, so I can have a smaller file to store for backup on my pin drive. I tried running full Norton Win Doctor 2003 test, but the system still froze. I will look at the Symantec web site for a solution. CIO

Note: <888> 09/23/04 Thursday 3:15 A.M.: I was informed by the night clerk at the Food Emporium that they found the 12 foot alligator that got away from the zoo in Alabama during Hurricane Ivan. However, anyone whom has been down south would know that there are over 2.5 million wild alligators in Florida and over 40 thousand crocodiles and caimans not to mention all the ones in the neighboring states like Texas, Louisiana, Mississippi, Alabama, Georgia, and South Carolina along with the countries and islands further south, so just because they found the one that escaped from the zoo does not mean there are not more left in the wild. More than likely there are similar big creatures in Sri Lanka since they also exist in India. CIO

Note: <888> 09/23/04 Thursday 2:45 A.M.: I chatted briefly with someone from Sri Lanka this evening, and I told them about my web site and gave them my card. They said there are not volcano problems on Sri Lanka, but I know they do have typhoon problems. I found these three links [Columbia University Center for Hazards and Risk Research](#) and [Identification of Global Natural Disaster Risk Hotspots - Sri Lanka Case Study](#) and [CIA - The World Factbook -- Sri Lanka](#) and as any tea lover knows [Tea and Sri Lanka](#) and [Sri Lanka Tea Board](#) and <http://www.pureceylontea.com/History.htm> , but I am not sure

what local brands here of tea might be from Sri Lanka or Ceylon tea as it was known before World War II. The person I chatted with from Sri Lanka said that Europeans were damaging Sri Lanka, but I am not sure what they meant in what terms. CIO

Note: <888> 09/23/04 Thursday 1:20 A.M.: I went out after the last message. I went by the Exxon gasoline station next to the Greenwich Library, and I bought \$10.61 of regular unleaded gasoline at \$2.159 a gallon for about 35 miles per gallon usage on the highway and locally since I returned back to Greenwich. I then went downtown, and I walked the entire length of Greenwich Avenue including the train station area, and I sat out at various locations. They have finished repaving the sidewalk in front of the veterans monument, and they have fall flowers planted. They are now in the process of repaving sidewalks further up Greenwich Avenue. I noticed in the dumpster outside Starbucks they have their old coffee stained furniture that they are throwing away. I drove down by the waterfront. I then went by the Food Emporium. I bought two 20 bag boxes of Bigelow Japanese style green tea for \$2.50 a box, and a five variety pack of five each of the Twinings teas or 25 bags total for \$3.39 a two bulb package of General Electric Reveal 40 watt torpedo regular size base bulbs for \$3.49 for \$12.09 total. I then returned home. I put the ice tea in the refrigerator to chill. I installed one of the 40 watt Reveal torpedo bulbs in my brass light fixture that hangs off the wall above the Epson printer. I turned its rheostat up about 60%, so the fixture does not get too hot. The 25 watt tube bulb in the fixture was blinking like it was ready to burn out. I use the torpedo bulbs since they are cheaper than the tube bulbs. I will now do some regular computer work. CIO

Note: <888> 09/22/04 Wednesday 9:15 P.M.: I chatted with a friend and a relative. I made up a fresh batch of homemade hummus www.geocities.com/mikelscott/hummus.htm . I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I used a tin of sardines that I chopped instead of tuna fish. For the cheddar cheese portion, I used Kraft www.kraft.com Cracker Barrel 2% low fat sharp cheddar cheese. I used all of the other regular ingredients. I ate the salad with a glass of iced tea. I am making up a fresh batch of www.geocities.com/mikelscott/icetea.htm . My relative will not be delivering the 1995 Volvo 850 turbo wagon tomorrow, but I will wait to take possession of it after I have sold the Hyundai. I chatted with a relative. I will now shut down the computer, and I will let the tea steep, and I will go out for some outdoor activity. CIO

Note: <888> 09/22/04 Wednesday 6:35 P.M.: I chatted with one friend. I left messages with seven other friends and two relatives. I think the problem with the computer occasionally freezing is caused by both hard drives being on the primary VIA IDE controller on the primary cable. The Via web site says that if this occurs, one should put each hard drive on a separate cable, however, on my machine the length between the second device and the primary device connectors on the cables are not long enough to stretch from each hard drive to the DVD or CD/RW drives, however I have not tested it for sure. I suppose with only about six inches between the primary connector and the secondary connector on my round IDE cables with my current case configuration, one

could try to find a IDE cable with a greater distance or a connector IDE cable extender. CIO

Note: <888> 09/22/04 Wednesday 6:05 P.M.: I showered and cleaned up. I found my Connecticut emissions inspection form for the Hyundai in the items that I removed from the car. I will now go out to put it in the glove box of the Hyundai. I will be back up shortly in case anyone calls. I will probably be staying here until about 8 P.M. this evening. CIO

Note: <888> 09/22/04 Wednesday 5:20 P.M.: I went outside briefly. I chatted with two relatives. I had a call from an interested party about my Hyundai, and they said they would call me back at 8 A.M. tomorrow morning. The Hyundai is also listed by the Greenwich Time at www.cars.com at http://www.cars.com/go/search/detail.jsp?tracktype=usedcc&searchType=21&paId=155350674&pageNumber=0&numResultsPerPage=50&largeNumResultsPerPage=0&sortorder=descending&sortfield=PRICE+descending&certifiedOnly=false&recnum=19&leadExists=false&criteria=K-%7CE-%7CM-_19_%7CB-6000%7CD-_218_%7CN-N%7CR-50%7CI-1%7CP-PRICE+descending%7CQ-descending%7CZ-06830&aff=scni . CIO

Note: <888> 09/22/04 Wednesday 4:05 P.M.: I had a call from a friend at 6:30 A.M. this morning. I was up at 11 A.M., and I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went outside, and I checked my mail. I went back to bed until about 3:30 P.M.. My ad in the www.greenwichtime.com for my Hyundai also appears on their web site at [Greenwich Time - Classifieds Search Hyundai for Sale](#) . I have not had any telephone calls on the Hyundai. CIO

Note: <888> 09/22/04 Wednesday 1:30 A.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 09/22/04 Wednesday 1:00 A.M.: I checked www.geocities.com/mikelscott/weather.htm , <http://www.nhc.noaa.gov/ftp/graphics/AT11/refresh/AL1104W5+GIF/220253W5.gif> , and [NRL Monterey Satellite Photos](#) , and it looks like possibly hurricane Jeanne might head towards the Carolinas. Of course Bermuda might be in the way too. CIO

Note: <888> 09/22/04 Wednesday 12:55 A.M.: I finished going through my email. CIO

Note: <888> 09/21/04 Tuesday 11:35 P.M.: I went outside, and I threw out some garbage. I also used a damp paper towel to clean off some bird crap off the hood of my car. Birds always seem to target clean cars. I now have 549 emails to go through from over the last week. CIO

Note: <888> 09/21/04 Tuesday 11:00 P.M.: I went out after the last message, and I went by the Arnold bread store factory outlet. I bought a loaf of oat wheat grain bread for \$2.19 and two 5.5 ounce boxes of Arnold regular cut croutons one seasoned and one garlic and herbs for .99 each for \$4.17 total. I then went by the Greenwich Hospital

Thrift Shop. I bought a AT&T 25 foot telephone extension cord for \$2. I then drove down by the waterfront. I then drove up to Darien to the Exit 13 car wash, and I used the power spray wash wand for \$5 in tokens to spray off and wash my car. I used the high pressure spray wash to try to wash off some of the wax residue from when I waxed the car a year ago. I then returned to downtown Greenwich. I parked by the veterans monument, so pedestrians could see the for sale sign. I paid a dollar for parking for two hours. I walked the entire length of Greenwich Avenue, and I sat out at various locations. I toured CVS, and I used the bathroom at the Senior and Arts center. Starbucks in downtown Greenwich is under remodeling until October 4, 2004. I next went by the Greenwich Library, and I read the Greenwich Time. I then went by the Stop and Shop, and I bought four half gallons of Tropicana Premium orange juice with calcium for \$2.50 each, a four pack of Chicken of the Sea solid white albacore tuna fish for \$3.99 all, a bag of five pounds of yellow onions for \$3.49, 10 ounces of fresh spinach for \$1.99, and a 10 ounce box of fresh mushrooms for \$2.29 for \$21.76 total. I then returned home. I put away my purchases, and I drank some iced tea. I started up the computer, and it started having problems. I worked on trying to fix the problems by changing different settings. I finally changed the IDE drivers to the Microsoft VIA IDE drivers and the Standard IDE and ESDI controller drivers. I also installed the latest NVIDIA video driver. I also ran Bootvis. I changed the Microsoft Money program not to compress the backup file, which was causing the computer to freeze. Right now the system seems to be running just fine. However, last night before I went to bed, I tried running Norton AntiVirus 2004, and the system froze, and once again it froze this evening. It seems when doing intensive IDE controller work, the system might still freeze, but for now it is working. I chatted with one relative, and I left a message with another relative and a friend. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I did not use the homemade hummus www.geocities.com/mikelscott/hummus.htm , since I have not made up a fresh batch. For the cheddar cheese portion, I used Kraft Cracker barrel 2% low fat sharp cheddar cheese. I used all of the other regular ingredients. I had the salad with a glass of iced tea. I will now do some regular computer work. CIO

Note: <888> 09/21/04 Tuesday 1:00 P.M.: I will now shut down the computer, and I will shower and clean up. I will then go out. CIO

Note: <888> 09/21/04 Tuesday 12:50 P.M.: I was up at 11 A.M.. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I watched President Bush's speech at the United Nations. I went outside, and I picked up the mail. I called the Greenwich Time and Stamford Advocate at 203-629-2204, and I placed this ad for a week at a \$50 cost. Ad follows:

Hyundai, Accent L, 1999, 2 dr. hatchback,
42,500 miles, Black, 5 speed manual, PS,
PB, AM/FM Cas., \$1,950 cash, 203-531-6754

CIO

Note: <888> 09/21/04 Tuesday 1:40 A.M.: I made up a new sign to put in the driver's side rear windows of my Hyundai reflecting the current price and the current mileage. I do not put another sign on the other side since it obstructs driving visibility. I went outside, and I put it in the window of the Hyundai. I started having system problems with the computer, so I did a System Restore to 09/11/04. I changed my IDE 1 settings to PIO, so I could install the latest version of Ad-aware SE. I then ran the program. I ran Ccleaner. I ran Norton Updates. I ran Norton Win Doctor, and all the tests work except, the system crashes on the first test that scans the Active X files even when I disable all the tests and have the IDE 1 set to PIO. I will go to bed shortly. I will do a full system scan with Norton Antivirus 2004 while I am asleep. I ate a bowl of peanuts with iced tea. CIO

Note: <888> 09/20/04 Monday 11:30 P.M.: I updated [1999 Hyundai Accent L for sale with 42,500 miles at Greenwich, CT. USA, for \\$1,950 cash](#) . CIO

End of Scott's Notes week of 09/20/04:

Note: <888> 09/20/04 Monday 10:50 P.M.: I will now send out my weekly notes. CIO

Note: <888> 09/20/04 Monday 10:05 P.M.: Last Tuesday, I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I left for Kennebunkport, Maine last Tuesday morning at 9:30 A.M.. Along with my clothes and other personal items, I brought up a box 40 new various size Rubbermaid containers that I bought at Lechters for \$10 going out of business sale on Greenwich Avenue around Christmas time about four years ago. I stopped by Putnam Trust Bank of New York on Mason Street. I then went by the Exxon station next to the Greenwich Library, and I bought \$2.25 of regular unleaded gasoline at \$2.259 a gallon for about 25 miles per gallon. I then drove up Glenville Road by the Farm stand where they sell lots of fresh produce. I then drove up King Street, and I turned into the Westchester Airport access road, and I followed New King Street around to I-684. I followed I-684 East to I-84 East, and I took a break at the Connecticut welcome center. I then followed I-84 East, and I took a break at the rest area at Southington, Connecticut. I chatted with a General Electric employee. I then followed I-84 East, and I took another break at the Vernon, Connecticut rest area. I then got on the Massachusetts turnpike, and I took a break at the Charlton rest area. I bought a McDonald's filet of fish sandwich for \$2.80, a medium French fries for about \$1.50 plus tax, the total was about \$4.80. They did not give me a receipt. I had my meal with a glass of ice water. It was hard to figure out how to get ice water out of the soda machine, since it was the same lever as the orange drink, but one has to push the water button not the lever. At the Exxon pumps, I bought \$7 of regular unleaded gasoline at \$1.909 a gallon for about 45 miles per gallon usage. I then exited at the first exit for I-290 north for Worcester, Massachusetts paying a .50 toll. I then followed I-290 north to I-495 east, and I took a break at the Lowell, Massachusetts rest area. I then followed I-495 east to I-95 north, and I took a break at the New Hampshire turnpike rest area. I paid a \$2 toll at the New Hampshire turnpike. I followed it to the Maine turnpike, and I paid a \$1.50 toll at the Maine turnpike. I exit at the Wells, Maine exit which is the first exit after the toll. I took a break at the Wells, Maine Amtrak

railroad station. I followed Route 1 north to the turn off for Kennebunkport, which I think is Route 9 east, and I followed it into Kennebunkport, Maine to my relative's house. The entire trip was 283 miles, and it took about six and a half hours. I unloaded the car. I chatted with my relative. My relative took me out to dinner at the Wayfarer Restaurant on Route 9 in Cape Porpoise, Maine

<http://kennebunkbeachmaine.com/links.htm> . I had a cup of clam chowder, and baked seasoned sea scallops and roll and ice water. My portion of the meal was about \$14. I then returned back to my relatives, and we watched television about hurricane Ivan

www.geocities.com/mikelscott/weather.htm . My relative's house in Florida had minor damage from hurricane Frances. My relative's gardener in Florida is from Jamaica, and his father was killed by hurricane Ivan when it passed over Jamaica. Friends of my relative had their homes damaged in Florida by hurricane Frances. I went to bed about 11 P.M., and I slept until 10:30 A.M. Wednesday morning. I do not smoke cigarettes in my relatives house but out by the front garbage cans or out on the deck which is a bit cool at night this time of year. The following morning, I had breakfast of Cheerios, toast, vitamins, supplements, coffee, and orange juice. I watered the plants on the deck, and I swept it off. I went out with my relative, and we dropped some items off at the St. David's thrift shop. We went by Rite Aid drug store in Kennebunk. I dropped off some photographs. We then drove north to Shaw's supermarket in Biddeford, Maine. My relative did some shopping. We then picked up the photos at Rite Aid. Part of the photos were from my trip to Kennebunkport, Maine this past June during the last week of June, and the remainder were from this trip. We then returned to my relative's house. I had dinner of a medium fried sirloin steak with baked potato and salad and cranberry juice and Poland Spring sparkling water. We watched more television about the hurricane weather in Florida, and since my relative also subscribes to the New York Times, I would read the New York Times in the evening. I went to bed about midnight. On Thursday morning for breakfast, I had cheerios, toast, vitamins, supplements, orange juice, and coffee. I went out for an hour at the beach in front of the Colony Hotel. My relative gave me lunch of a spinach quiche which I had with cranberry juice and Poland Spring sparkling water mixture. We drove around the downtown area of Kennebunkport, Maine and we did some errands. For dinner on Thursday night I had baked flavored filet of salmon, corn on the cob, and sautéed zucchini slices and salad and the same cranberry juice and Poland Spring sparkling water mixture. After dinner, I went out for a walk in downtown Kennebunkport, Maine, and I explored the shop windows. I then returned to watch the hurricane news and read the New York Times. I went to bed about midnight, and I was up about 10 A.M. on Friday. On Friday for breakfast I ate scrambled eggs, toast, bacon, orange juice, vitamins, supplements, and coffee. I watered the plants on the deck on Thursday evening, and I watered the plants in the front of the house on Friday morning. My relative, and I then drove up to South Portland, Maine on U.S. 1. We stopped by Wal-Mart in Biddeford, Maine and then Shaw's grocery store. My relative bought gasoline at the Getty station in Biddeford, Maine. We toured the Christmas Store in South Portland, Maine. We went by the U.P.S. store next to the Portland, Maine airport, and for a 2 foot by 2 foot by 2 foot shipping box, they wanted \$16, so we did not get it. We then went by T.J. Maxx. We next went by Pringles bread sandwich shop, and I ate a steak sandwich with a glass of coffee which was about \$8. We then went by Marshall's. On the way back we stopped by the U-Haul store in Saco, Maine, and we

bought two 2 foot by 2 foot by 2 foot shipping boxes for \$2.50 each. We returned back to my relative's house, and my relative made the cracked crab recipe from the food section of the New York Times a couple days before. I had the dinner with a cranberry juice and sparkling Poland Spring water mixture drink. We watched more of the hurricane news and read the New York Times, and of course we chatted. On Saturday, it rained, so I got up about 11 P.M., and I had breakfast of bacon, cheerios with sliced peaches, toast, orange juice, vitamins, supplements, and coffee. I went by Chic's Lobster house, and I bought some clam chowder, and then I went by the Kennebunkport hardware store, and I bought some bath tub caulk. The Republican party in Kennebunkport, Maine was having a lobster bake for \$10 a person on the Town Green to welcome President Bush home, but I did not want to wait out in the rain to see if he would be showing up. I did hear sirens from the motorcade though later on about the time it quit raining. I had lunch of Chic's Lobster House clam chowder. I caulked the master bathroom shower stall and the front bedroom shower stall and a little bit on the downstairs shower stall. I went for a walk downtown, and at the gift shop by the bridge, I bought a Republican elephant 2004 auto sticker for \$2 and .06 tax for \$2.06, and then I went by the Colony Hotel beach. I then drove around downtown Kennebunkport with my relative. I had dinner of a large tossed salad with cold flaked filet of salmon and the same drink mixture. We watched the news and read the paper and chatted. I went to bed about midnight, and I was up about 11 A.M. on Sunday. I had breakfast of cheerios with sliced bananas, toast, bacon, orange juice, vitamins, and supplements, and coffee. I went downtown, and I walked around. I used the bathroom at the reception center, and I made a dollar donation. I bought at the Big Apple Mobil station \$7.60 of regular unleaded gasoline at \$1.959 a gallon for about 45 miles per gallon usage. I took some photographs, and I went out by the Colony Hotel beach. My relative, and I went to Federal Jack's for dinner <http://www.federaljacks.com/>. I had the fried haddock and fried potatoes or fish and chips and a glass of iced tea, which was about \$14. I returned with my relative back to my relative's house, and we chatted and read the Sunday New York Times, and we watched the news. I packed my belongings, and I went to bed about midnight. I was up at 8 A.M. this morning. I had breakfast of cheerios with sliced bananas, bacon, toast, orange juice, vitamins, supplements, and coffee. I also had lunch most every day while I was visiting up in Maine including Clam chowder, Spinach quiche, turkey and cheese sandwiches, and salads. I packed the car. I said good bye and thank you to my relative, and I left my relative's house at 9:20 A.M. I followed Route 9 west out of Kennebunkport to Route 1 South. I turned right to the access road from Well's Maine to the Maine Turnpike. I took the Maine Turnpike South, and I paid the \$1.50 toll. I took a break at the Massachusetts welcome center on I-95 south, and then I took I-495 west, and I took a break at the Lowell rest area. I then I took I -290 south to the Massachusetts Turnpike. I stopped at the Charlton rest area, and I ate a turkey and cheese sandwich with some Poland Spring water that my relative gave me. I put in \$5.55 or regular unleaded gasoline at \$1.909 a gallon for about 45 miles per gallon. When I got off the Massachusetts Turnpike at the next exit, the traffic would not let me into the line, so I tried what they called the Fast Lane, but there was no toll collector, so I guess the Fast Lane is like Easy Pass, so I was unable to pay the .50 toll, and I still have the toll ticket. I guess, they might photograph my license plate, so I will wait to see if I hear from them. I then took I-84 west, and I took a break at the Connecticut welcome center. I then drove

west on I-84, and I got off at Southbury, Connecticut, and I took a right turn and right turn and right turn to the McDonalds adjacent to I-84. I bought a strawberry parfait for a dollar and .06 tax for \$1.06. I then headed west on I-84 to I-684 south, and I took a break at Bedford Hills, New York rest area. I then got off at the Armonk, New York Westchester Airport exit, and I took the access road to King Street south, and I drove down to the first left after Merritt parkway which is a side road to Glenville Road, and then I took Weaver Street south to the Post Post Road, and I returned to my apartment in Byram. I returned back here at 4 P.M., so the trip took six hours and 40 minutes, and it was 283 miles. I carried up my belonging. I had CD folder slipped underneath my door by DHL from Microsoft which was the XP SP2 update on it. The CD folder caused the door not to open because of the raised carpet, so I fixed it by pushing down the carpet. I left a message with my relative in Maine about my safe return. I unpacked my belongings. I did two loads of laundry. I sorted through my mail. I ate a 13 ounce Stouffer's Lean Cuisine chicken tenders tender with a glass of iced tea. I chatted with three different relatives, and I left a message with a friend. I have decided to try to sell my Hyundai <http://www.geocities.com/mikelscott/hynfs.htm> for \$1950. I could have the Volvo delivered by my relative from Pennsylvania on this Thursday. I will have to check with the Greenwich Time about what their advertising rates are and if they have a weekend special rate. CIO

Note: <888> 09/20/04 Monday 6:50 P.M.: I returned back to my apartment from my vacation to Kennebunkport, Maine <http://www.geocities.com/mikelscott/137.htm> at 4 P.M. this afternoon. I will post a note in a little while about my activities. CIO

Note: <888> 09/14/04 Tuesday 12:15 A.M.: I will now shut down the computer. I will not be updating my Notes until I return from vacation up in Kennebunkport, Maine <http://www.geocities.com/mikelscott/137.htm> probably around next Monday. Remember to keep an eye on www.geocities.com/mikelscott/weather.htm . I will probably be up around 7:30 A.M. this morning, and I will leave around 10 A.M.. CIO

Note: <888> 09/14/04 Tuesday 12:05 A.M.: I finished packing. I went outside briefly. CIO

Note: <888> 09/13/04 Monday 10:55 P.M.: I chatted with a relative. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I used a tin of sardines that I chopped. For the cheddar cheese portion, I used Kraft Cracker Barrel 2% low fat cheese. I used all of the other regular ingredients. I had the salad with a glass of iced tea. I will now start packing. CIO

Note: <888> 09/13/04 Monday 9:25 P.M.: I put away the laundry. I chatted with the relative in Maine about bringing up the Queen Anne chair. I brought it downstairs, and although I can fit it into the back hatchback area of the Hyundai with the rear seat down, the entire rear view vision is obscured. I decided that would be unsafe to drive long distance, so I brought the Queen Anne chair back upstairs, and I put it back in its regular place in front of the stereo system between the far ends of the sofa and couch. I told the relative I would not be bringing it up. If one is curious how I was able to bring the Queen

Anne chair downstairs and back, I hoisted it on my head without the cushion. Needless to say, I am a bit exhausted. CIO

Note: <888> 09/13/04 Monday 8:05 P.M.: I woke up at 2 P.M. this morning, and I ate a bowl of dry roasted peanuts with iced tea. I had a hard time falling asleep until 6 A.M., so I watched television on and off. I woke up at 11 A.M.. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I figured nobody from Saudi Arabia would be showing up this late in the summer to help out with our winter energy needs, so I took the 2 foot by 4 foot Saudi Arabian hospitality flag down from the center hallway bookcase, and I folded it up, and I put it in the right center mahogany bureau drawer in the living room. I still have all of the other cold weather country flags displayed. I then cleaned up, and I went out. I went to the Greenwich Hospital dental outpatient clinic, and I had the follow up on my dental x-rays. I have to schedule an appointment in two weeks for some dental work. I next drove over to the Old Greenwich Mobil Express car wash, and I had my Hyundai washed for \$5. I then drove over by FedEx at exit 6 of the New England Thruway where the new Stamford Hyundai <http://www.hyundaiofstamford.com/> is now located, and they told me, they would not be able to give me any near the www.kbb.com value of the car. I then drove up to Sandovals www.sandovalsautocenter.com and they offered me twice as much as Stamford Hyundai, but it was less than half of the \$2,250 I am asking. They both use the same dealer book for appraising cars. I then returned to central Greenwich. I saw an ABC news truck by Bruce Park possibly reporting on the alligator in park pond story. I left my car parked on Greenwich Avenue, so any strollers could see the for sale signs. I walked to the Greenwich Avenue branch of Putnam Trust Bank of New for parking change and to use the ATM. I made my 4 P.M. appointment. I then walked the entire length of Greenwich Avenue. I stopped by CVS, and I bought twelve 3.75 ounce tins of Beach Cliff sardines in water for two for .99 for \$5.94 total. I sat out at various locations. I returned home. I returned an inquiry call about the Hyundai, but the party was not interested. I chatted with my relative in Kennebunkport, Maine <http://www.geocities.com/mikelscott/137.htm> , and I am going to drive up there to visit tomorrow leaving here between 9 A.M. and 10 A.M. and arriving there about six hours later. I stop at most of the rest areas on the way going my usual route as this past June. I will probably stay up there through the weekend and return next Monday when it should be sunny after any possible rainy weather from the remains of hurricane Ivan. I started two loads of laundry, and I have 15 minutes to go on the dry cycle. I put clean linens on the bed in the bedroom. I am charging up the Sony Handycam battery. I will take the usual items that I take up along with some warmer clothing in case it is cooler at night. CIO

Note: <888> 09/12/04 Sunday 11:05 P.M.: I watched the Fox News Report on Hurricane Ivan www.geocities.com/mikelscott/weather.htm . I chatted with a relative. Because of scheduling problems, I will not be going up to Kennebunkport, Maine on September 22, however, if I should be able to sell the Hyundai tomorrow, I could go down to Pennsylvania on the train to pick up the Volvo, and then drive it up to Kennebunkport, Maine this week, and come down the following Monday after the rainy weather. I also could take the train to Kennebunkport, Maine via Wells, Maine and come

back in time to receive the Volvo if I wanted it dropped off on September 22. However, I first have to sell the Hyundai. If I can not sell the Hyundai tomorrow at either of the two dealers, I probably should advertise it in the Greenwich Time and Stamford Advocate and hope I sell it by September 22. However, I could go up to Kennebunkport this Tuesday and come back on next Monday after the rainy weather, and not take delivery on the Volvo until I sell the Hyundai after I had returned from Maine. Thus it is a mixed kettle of fish. I will wait to see what develops tomorrow. I will now shut down the computer, and I will go to bed. CIO

Note: <888> 09/12/04 Sunday 10:00 P.M.: I finished going through my email. CIO

Note: <888> 09/12/04 Sunday 9:05 P.M.: I looked at the weather with my Weather Pulse weather program for Greenwich, Connecticut and Kennebunkport, Maine next week, and it is suppose to rain in this area and Kennebunkport, Maine this coming Friday, Saturday, and Sunday, I guess from Hurricane Ivan's remains. I called my relative in Maine, and we agreed that I would not want to be driving down from Maine that weekend, so we decided to cancel my trip up to Kennebunkport, Maine this Tuesday. I have a relative delivering the 1995 Volvo 850 Turbo station wagon which is registered on Wednesday September 22, so I will take possession of the Volvo then, and I will follow in the Volvo my relative in the in their other car up to Kennebunkport, Maine on that day for my visit. Thus I will still try to sell the Hyundai tomorrow at Stamford Hyundai or up in Darien, but if they are not interested or do not offer a price that I feel is fair, I will then advertise it for the rest of the week in the Greenwich Time and the Stamford Advocate. I will now go through my email. CIO

Note: <888> 09/12/04 Sunday 8:35 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I used a tin of sardines that I chopped. For the cheddar cheese portion, I used Kraft Cracker Barrel 2% low fat sharp cheddar cheese. I used all of the other regular ingredients. I ate the salad with a glass of iced tea. I chatted with a relative. I went outside briefly, and I moved my car to its usual place. One of my neighbors threw out a sofa that is available by the dumpster. I will now go through my email. CIO

Note: <888> 09/12/04 Sunday 6:45 P.M.: I slept on and off until 6 A.M. this morning, and I watched some television. I also ate a bowl of dry roasted peanuts with some iced tea. I then slept until noon. I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I then cleaned up, and I went out about 2 P.M.. I stopped by the Exxon gasoline station next to the Greenwich Library, and I bought \$6.05 of regular unleaded gasoline at \$2.159 a gallon for 27 miles per gallon usage. I was told by the cashier that Steve Peterson who used to sell used cars at the Exxon gasoline station is now at Sandoval's of Darien, Inc. quality pre-owned automobiles, buy, sell, and consignment at 35 Post Road in Darien, Connecticut 06820, sales telephone number 1-203-656-0089 and 1-203-656-0135 <mailto:sandovalcars@aol.com> at web site www.sandovalsaotocenter.com . I will check with them tomorrow on the sale of my Hyundai along with Stamford Hyundai. I next went downtown, and I parked my Hyundai with the for sale signs adjacent to the sidewalk by the veterans monument, and I

then walked the entire length of Greenwich Avenue, and I sat out at various locations. I stopped by CVS, and I bought a five pack of Bic lighters for \$2.99 plus .18 tax for \$3.17 total. At the top of Greenwich Avenue, I walked west to the Greenwich Library, and I read the Greenwich Time. I then returned back down Greenwich Avenue. I sat out at various locations along my walk. I then drove down by the waterfront. I returned home, and I drank a glass of cold filtered water. I then used glass cleaner, and I cleaned my Hyundai car windows inside and out with paper towels, and I also cleaned the dashboard. I then chatted with a relative. I then put a new Christmas Tree New Car Scent hanging scent card on the hook behind the driver's side of the car, so my Hyundai smells better. Although I am a cigarette smoker, I never smoked in the Hyundai and neither did the original owner, so the Hyundai is smoke free automobile. CIO

Note: <888> 09/12/04 Sunday 2:10 A.M.: I finished watching the storm coverage. I put a new 9 volt alkaline battery in my General Electric answering machine. I will now shut down the computer, and I will go to bed until morning, when I will be back on a day schedule. I did not have a chance to go through my email. CIO

Note: <888> 09/12/04 Sunday 1:15 A.M.: I went outside briefly. I am watching a Fox News Special on Hurricane Ivan from Key West, Florida on channel 67 on our local cable vision system. CIO

Note: <888> 09/12/04 Sunday 12:50 A.M.: I microwaved a 14 ounce Stouffer's Lean Cuisine grilled chicken and penta pasta dinner, which I am just about to eat with a glass of iced tea. CIO

End of Scott's Notes week of 09/11/04:

Note: <888> 09/11/04 Saturday 11:45 P.M.: I made three copies of the Hyundai title for my records. I printed out three copies of a Bill of Sale to be filled in that I put in the glove box of the Hyundai. I collected the sales receipts for the Hyundai maintenance that I had done while I owned the car along with Sears receipts for the Michelin tires and the Sears International battery and the Oil Star oil change receipts, and I put them in a Priority Mail envelope on the back seat of the Hyundai. I made up two For Sale signs with the sale information that I scotched taped into the two back seat side windows on either side of the car. I went outside to do all of this. I probably will not be going out, and I will go to bed after going through my email, so I will be back on a day schedule. Remember to look at www.geocities.com/mikelscott/weather.htm . I will now send out my weekly notes. CIO

Note: <888> 09/11/04 Saturday 10:10 P.M.: I went outside briefly. I made up a for sale web page for my Hyundai at [1999 Hyundai Accent L for sale with 41,700 miles at Greenwich, CT. USA, for \\$2,250 cash](http://www.geocities.com/mikelscott/salad.htm) . CIO

Note: <888> 09/11/04 Saturday 9:10 P.M.: I was up at 9 P.M. last night, and I ate my usual salad www.geocities.com/mikelscott/salad.htm . For the cheddar cheese portion, I used Stop and Shop 2% low fat sharp cheddar cheese. I made the salad with all of the

usual ingredients. I had the salad with a glass of iced tea. I went back to bed afterwards until 7 A.M. this morning. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went back to bed until 4 P.M. this afternoon. I chatted with two relatives twice each about my Hyundai and the Volvo. The 1995 Volvo 850 turbo station wagon is ready to be picked up by me in Pennsylvania or delivered to me, and it is registered where I could drive it right away. However, first I have to sell my 1999 Hyundai Accent L hatchback with 41,700 miles. I went outside, and I removed from the back window of the Hyundai the Greenwich Country Day School sticker, the "W04" sticker, the GEICO sticker from the side window, and the Greenwich, Connecticut beach sticker from the front window. I also removed the contents of the car except for the registration and the insurance card. This included removing about 400 pounds of stored items including tools, beach chairs, and another items in the rear hatchback area of the car. I loosened the license plate bolts, so they will come off easily with a Phillips screw driver that I have in the glove box. I put the items that I removed from the Hyundai in my apartment underneath the maple side table and the mahogany end tables. I chatted with Stamford Hyundai, and they said they would look at the car on Monday afternoon. However, I have a 1:30 P.M. appointment at the dentist on Monday afternoon and another 4 P.M. appointment. I will also check tomorrow with Steve at Greenwich Exxon next to the Greenwich Library whom buys used cars. Kelly Blue Book www.kbb.com says that a 1999 Hyundai Accent L with 41,700 miles with five speed manual transmission and no air conditioning in a private party sale in excellent condition is \$2,870 and in good condition is \$2,555 and the Blue Book dealer trade in value is \$1,850 in excellent condition and \$1,635 in good condition. The car has two small dings and a four inch ding. However, it has new Michelin 175 70R/13 all season radial tires with only 10,000 miles and it also has the new Sears International battery bought last December. The tires were about \$400 and the battery was about \$100. Also I have had the Hyundai maintained by Norwalk Hyundai which is now Stamford Hyundai with all the scheduled maintenance jobs which were about \$500 in the last two years that I have owned the car. Its next scheduled maintenance besides oil change is at 48,000 miles. They current oil and filter change has less than a thousand miles on it. The car runs fine, and there have not been any problems with it. The Hyundai is black, and the finish is in excellent condition except for a couple of minor scratches. I guess I will try to sell it for \$2,250 which is the difference between the dealer and the private party values. However, I might have to sell it for less to the dealer. It does have an AM/FM stereo cassette deck. I will make up signs to put in the two side rear windows. I will also make up a Bill of Sale to have ready to go. Thus the car is ready to sell, and once I sell it I can take possession of the Volvo. I chatted with another relative. I ate a 13 ounce Stouffer's Lean Cuisine chicken fettuccini dinner with ice tea. I will now make up a web page to advertise the car on the internet. Depending on what I am able to do with the sale of the Hyundai, it might effect my travel plans this Tuesday to Maine, and I might have to delay them to next week, or sell the Hyundai after I return. CIO

Note: <888> 09/10/04 Friday 2:50 P.M.: I went to bed after the last message. I was awake at 2 P.M. because I could not sleep. I ate a bowl of Doritos guacamole chips with some iced tea. I watched television on and off about the hurricane situation until 5 A.M.. I fell back asleep, and I woke up at 6:30 A.M.. I ate breakfast of oatmeal, toast with

strawberry jam, orange juice, vitamins, supplements, and coffee. I cleaned up, and I left the apartment about 8:45 A.M.. I drove east on U.S. 1 to Bedford Street in Stamford, Connecticut, and I showed up for my appointment at the state of Connecticut office about 9:30 A.M.. However, the person I was suppose to see today was out sick this week, so the receptionist entered the fact that I had shown up and said it would not be necessary to return for my state of Connecticut redetermination. I then returned back to my apartment via U.S. 1. I then did my house cleaning and watering the plants. I fixed the barometer by the sweater closet that is part of the wall weather station. It had fallen off the wall a couple of months ago, when I brushed by it. I opened it up, and I centered the adjusting screw with the back of the case, and then I adjusted it to 30.8 which is what the Jensen barometer said on the back of my apartment door. It should work properly now. I threw out the garbage, and I picked up the mail. The package of seven cartons of Seneca Ultra Lights 100s cigarettes arrived from <http://www.smokemcheapcigarettes.com/> via Priority Mail. I will now shut down the computer, I will eat a peanut butter sandwich with some iced tea. I will then go to sleep for a while, since I did not get enough sleep last night. Remember to keep an eye out on www.geocities.com/mikelscott/weather.htm . CIO

Note: <888> 09/10/04 Friday 12:05 A.M.: I will now shut down the computer, and I will go to bed. I will be up at 7 A.M. to get ready for my 10 A.M. appointment in Stamford, Connecticut. CIO

Note: <888> 09/09/04 Thursday 11:40 P.M.: Local Key West, Florida news [KeysNews.com](http://www.KeysNews.com) - [The Florida Keys Only Daily Online News!](http://www.KeysNews.com) . If hurricane Ivan should head up towards Key West, Florida, and if one were planning to stay there, I would take refuge on one of the upper floors of <http://www.laconchakeywest.com/> . As I recall it is about seven or eight stories tall in the center of Key West away from the ocean. Of course much of Key West is less than a foot above sea level, so more than likely there would be flooding. More than likely the more expensive Casa Marina <http://www.casamarinakeywest.com/> on the east side of the island on the ocean would be evacuated. For local street action in Key West www.liveduvalstreet.com shows that it is not very busy down there at the moment. CIO

Note: <888> 09/09/04 Thursday 10:55 P.M.: I chatted with a relative. I went outside, and I threw out some garbage. I moved my car to the usual place. I then ate two bowls of Doritos guacamole chips with some iced tea. Local Florida news is at http://www.tcpalm.com/tcp/press_journal with these stories [TCPalm: Florida Keys to be evacuated because of Hurricane Ivan](#) and [TCPalm: Bush pledges help for Treasure Coast](#) and [TCPalm: NASA securing space center for possible strike by Ivan](#) and [TCPalm: Frances deals citrus industry severe blow](#) and www.geocities.com/mikelscott/weather.htm and [National Hurricane Center Tropical Prediction Center](#) and [IVAN Tracking](#) and [NRL Monterey Satellite Photos](#) . Basically from what I can tell the entire state of Florida is threatened by Hurricane Ivan. Thus if one were down there, particularly in the Florida Keys, I would recommend visiting Atlanta, Georgia again. If there are no inexpensive Days Inns, one might try <http://www.extendedstay.com/> which seems to have good rates for longer term residents. If one has a bit of money, <http://www.biltmore.com/> might get wet, but they supposedly

have a new large conference center there. Also locally in Greenwich, Connecticut there are expensive places if one is coming up north [Greenwich, Connecticut Links Scott's Internet Hotlist](#) , but for under a hundred dollars a night the Howard Johnson's [www.hojo.com](#) motel in Riverside, Connecticut part of Greenwich is about the least expensive motel, and I believe they offer a cheaper rate from their 800 telephone number. Of course if one were young and traveling, there is a YMCA in Stamford, Connecticut. Of course the larger New York metropolitan region is nearby, but I do not know much about it, since I hardly leave this area. However, tomorrow morning I have a 10 A.M. appointment at the State of Connecticut office on Bedford Street in Stamford, Connecticut, so I will be making one of my rare trips out of town. Of course, if one were down in Florida, one would have to evaluate if one were capable of traveling, and if one could afford to travel and what one's personal risks might be. CIO

Note: <888> 09/09/04 Thursday 9:25 P.M.: I was up at 10 A.M.. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went back to bed until 1:30 P.M.. I chatted with somebody. I cleaned up, and I went out to my 3 P.M. appointment. I then went by the Greenwich Hospital Thrift Shop, and I bought a six foot Belkin parallel port cable for .50 and a square tile with the Bedford, New York court house in 1787 for .25 for .75 total. I then went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I toured the front of the Greenwich Hardware store and CVS. I drove down by the waterfront. I read the Greenwich Time newspaper at the Greenwich Library. I went by the Stop and Shop, and I bought a Boston Market 16 ounce chicken primavera dinner for \$2.99, fresh broccoli crowns at .99 a pound for \$1.64, and a 15 ounce bag of Doritos guacamole chips for \$2.50 for \$7.13 total. I then returned home. I drank some iced tea. I put the Bedford, New York court house tile to the left side of my dining place at the dining table above the Williamsburg, Virginia tile. On the LPT port box, I disconnected the HP 4L laser printer cable from the B port, and I connected the Belkin cable that I bought. I tried to get the Minolta QMS PagePro 1250W laser printer to work off the Siemens router port, but it would not work. Possibly it is that either the Belkin cable or the cable to the port box is not a 15 wire parallel cable and might be a 14 wire cable. Still the Minolta printer works off the USB port, but I have not been able to network it to the backup computers. I left it connected to the parallel cable though. I microwaved and ate the 16 ounce Boston Market chicken primavera dinner, and I had it with a glass of iced tea. CIO

Note: <888> 09/08/04 Wednesday 11:40 P.M.: I am a little bit tired, so I will shut down the computer, and I will go to bed soon. CIO

Note: <888> 09/08/04 Wednesday 11:30 P.M.: I chatted with a relative. I made and ate my usual salad [www.geocities.com/mikelscott/salad.htm](#) . Instead of tuna fish, I used a tin of sardines that I chopped. For the cheddar cheese portion, I used Kraft Cracker Barrel 2% low fat sharp cheddar cheese. I used all of the other regular ingredients. I ate the salad with a glass of iced tea. I watched some television. CIO

Note: <888> 09/08/04 Wednesday 9:15 A.M.: I ate 2/3rds of a 10 ounce can of smoked almonds this morning, when I woke up during the middle of the night. I had a hard time

falling asleep. I rested on and off. A friend called me at 6:30 A.M. this morning. I finally woke up about 4 P.M.. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I picked up my mail downstairs. I cleaned up, and I went out. I picked up two prescriptions at the CVS pharmacy on Greenwich Avenue. I then walked the entire length of Greenwich Avenue, and I sat out at various locations. I stopped by CVS again, and I bought for half price two 6.4 ounce tubes of Crest tartar control toothpaste with fluoride for \$2.25 both and a white Djeep cigarette lighter for \$1.89 plus .25 tax for \$4.39 total. I then completed my walk. I used the bathroom at the senior and arts center. I drove down by the waterfront. I then went by the Greenwich Library. I just now returned home, and I drank some iced tea. CIO

Note: <888> 09/08/04 Wednesday 12:10 A.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 09/07/04 Tuesday 11:50 P.M.: I finished going through my email. CIO

Note: <888> 09/07/04 Tuesday 11:20 P.M.: When I go up to Maine, I will take out all of the beach chairs, mechanics tools, and other items from the rear hatchback area of the Hyundai and other loose items lying around the car in case I sell it up there. If I should sell it up in Maine, I can take the train back, and in a few days the Volvo would be delivered here. I also have a dental appointment for Friday September 13, but since there is no Friday September 13, I have to check out the actual date and time. I also have an appointment this Friday at the Connecticut state office in Stamford, Connecticut, so I guess for the near future, I will be on a day schedule. I ate a dozen Town House crackers with half inch by 1.25 inch by 1/8th inch thick slices of Stop and Shop New York sharp cheddar cheese with some iced tea. CIO

Note: <888> 09/07/04 Tuesday 10:50 P.M.: I went outside briefly. I am just doing regular computer work. I guess sooner or later, I will be getting the Volvo. It will be the fourth Volvo I have owned. I believe the car is some sort of shade of blue. It has been maintained well, so it should not be any problems in my normal driving routine, but I will have to get new tires for it. CIO

Note: <888> 09/07/04 Tuesday 9:35 P.M.: I chatted with the same relative again. I could have the Volvo delivered here to me on September 22. Also the Volvo is registered in my sister's name, so I would not have to pay Connecticut sales tax. I still need the Hyundai to get to Maine and back, and then I would have to sell it before I register the Volvo. About an hour ago, I microwaved a 15.75 ounce Stouffer's Lean Cuisine chicken fettuccini dinner, which I had for dinner with iced tea. CIO

Note: <888> 09/07/04 Tuesday 9:30 P.M.: I chatted with a relative. I am driving back up to Kennebunkport, Maine on Tuesday September 14, so I might try to sell the Hyundai up there, since more people up there might be in the market for a less expensive car. CIO

Note: <888> 09/07/04 Tuesday 9:05 P.M.: This site says <http://www.ct.gov/dmv/site/default.asp> and [Department of Motor Vehicles](#) says I do not

need to have an out of state car inspected, but I need to do a VIN number verification, which the Norwalk office can not do, and I guess I would have to go to Danbury. CIO

Note: <888> 09/07/04 Tuesday 9:00 P.M.: Between the waterfront on Steamboat Road and the Greenwich Hospital Thrift shop today, I stopped by Peabody's garage, and I inquired if they would want to buy my 1999 Hyundai Accent with 41,600 miles in very good condition. They explained to me it would be hard to resell, since nobody wants stick shift cars without air conditioning. I inquired because a relative has offered me their 1995 850 turbo Volvo station wagon with 95,000 miles. My Hyundai only has ten thousand miles on a new set of Michelin tires, and it is has a new battery, and it has been dealer maintained. There are no problems with it. The Volvo although it is a more deluxe car would need new expensive tires in 5,000 miles and since it has more miles would more than likely would have more maintenance costs. However, it is a much safer car. Thus if I were to get the Volvo, I would need to sell the Hyundai to pay for part of the Volvo. Kelly Blue Book www.kbb.com shows what each of the cars are worth approximately. Although the Volvo would be partially a gift, I would have to pay state sales tax on it, and I would have to have it inspected since it is an out of state car. The relative would help me out on the expenses, but I am not sure I want to deal with a deluxe car with 95,000 miles, when I have low mileage on the Hyundai. Still safety is a consideration. I would first have to sell the Hyundai, hopefully for \$2,750, and then I would have to get a temporary Connecticut license plate to transfer the Volvo from the Pennsylvania area here, and once I had it inspected, I could register it. However, if I sold the Hyundai first, I would have problems getting around until I acquired the Volvo, and I would need transportation to pick up the temporary license plate at Connecticut Motor Vehicles on the Norwalk Wilton border. Since I only drive about 5,000 miles a year, the Volvo would probably last me about 10 years or more, and it would be safer to drive to Maine for my summer trips to Maine. Still, I have to be able to sell the Hyundai first, get transportation to motor vehicles to get the temporary plate, although possibly the relative would be able to deliver the Volvo from Pennsylvania in the near future, and I might be able to use the current registration to have it inspected and registered. Thus I have some new matters to possibly deal with, and I first I would need sell the Hyundai. CIO

Note: <888> 09/07/04 Tuesday 8:05 P.M.: I was up at noon. I chatted with a relative a few times. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I cleaned up, and I went out. I went by the Arnold Bread outlet, and I bought two 5.5 ounce boxes of Arnold cheese and garlic regular cut croutons for .99 each, a 5.5 ounce box of Arnold cheddar and garlic croutons regular cut for .99, and a loaf of Arnold oat bran bread for \$1.45 for \$4.42 total. I then drove down by the waterfront. I next went by the Greenwich Hospital Thrift shop, and I bought a wireless door bell set for \$1. I then drove over to Old Greenwich to the Mobil Express car wash, and I got my car washed for \$5. I towel dried the remaining moisture after having the car washed, and I shook out the driver's side mat. I then went by the Second Congregational Church Rummage Room thrift shop in Old Greenwich. They told me they will accept used computers for donations. I then went out to Tod's Point, and I parked at the southeast parking area, and I walked around the 2.5 mile walk around Tod's Point. It was a nice day, and not many people were out there. I kept a keen eye out in case that seven

foot alligator from Bruce Park was in the marshes. I sat out at various locations on my walk. I then returned back to central Greenwich. I sat out downtown for a while. I used the bathroom at the Senior and Arts center. I drank a few cups of Deer Park spring water from the cooler at the Senior and Arts center. I then went by the Greenwich Library, and I read the Greenwich Time. I then went by the Stop and Shop, and I bought a 10 ounce bag of fresh spinach for \$1.99, a 24 ounce bag of Roma plum tomatoes for \$2.49, and a 16 ounce bag of baby carrots for \$1.50 for \$5.49 total. I then returned home. I plugged in the buzzer unit for the wireless door bell into the wall socket behind the long green sofa. I put a fresh 9 volt alkaline battery in the wireless button unit, and I mounted it to the right side of my apartment entrance door, above the wired door bell button that activates the base unit in the bedroom that plays Blue Bells of Scotland when it is pressed. Thus I now have a door bell unit in the bedroom and one in the living room. When the bedroom unit plays, one can hear it through out the apartment, but the sound of the wireless unit in the living room can only be heard in the living room and kitchen and hallway. CIO

Note: <888> 09/07/04 Tuesday 4:55 A.M.: I will now shut down the computer, and I will go to bed. CIO

Note: <888> 09/07/04 Tuesday 4:15 A.M.: Looking at all of the damage to mobile homes or manufactured homes during the last two hurricanes in Florida, it reminded me of a fellow that I once met in Key West, Florida whom looked like Ronald Reagan. He had an Airstream trailer <http://www.airstream.com/> parked next to the Boca Chica Naval base since World War II, and it seemed to have survived over time. Thus although they are smaller than double wide trailers and other more modern trailers, they might be more sturdy against hurricane winds, if one did not mind the discomfort of a smaller living environment. CIO

Note: <888> 09/07/04 Tuesday 4:05 A.M.: I finished going through my email. I always said at my age of 54 or 42 when I first became involved with personal computers that I did not pursue a career in the personal computer technology field because I did not want to end up sleeping in my car with a laptop computer on the beach in California or where ever computer people end up when the road runs out for their careers. However, since we live on the ocean or close to the ocean here on Long Island Sound, I will keep a keen eye out for computer people whom end up sleeping in their cars around our waterfront when their computer careers begin to run out in this area. However about 20 years ago, we had the program Max Headroom about a nirvana computer world gone array, so I suppose whatever the case here, I have used what little spare funds I have to invest in this technology, so I will stick with it. CIO

Note: <888> 09/07/04 Tuesday 3:50 A.M.: British Royal Insight <http://www.royalinsight.gov.uk/> . CIO

Note: <888> 09/07/04 Tuesday 3:25 A.M.: I went out after the last message. I mailed two letters at the Valley Road post office. I picked up an American Online 9.0 disk there, but I will probably not use it, although I could get AOL content for \$10 a month with my

Optimum cable modem connection. However, I do not feel like using my debit card, since possibly they would add on other charges once they had its number. I next walked the entire length of Greenwich Avenue including the train station area. I sat out at various locations. I then drove down by the waterfront. I just now returned home, and I drank some iced tea. CIO

Note: <888> 09/07/04 Tuesday 1:05 A.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . For the cheddar cheese portion, I used Stop and Shop New York sharp cheddar cheese. I used all of the other regular ingredients. I ate the salad with a glass of iced tea. I will now shut down the computer. I will clean up, and I will go out. CIO

Note: <888> 09/06/04 Monday 11:50 P.M.: I put my laundry away. I finished the paper work, and I have it ready to mail. CIO

Note: <888> 09/06/04 Monday 9:15 P.M.: I started the dry cycle, and I have 55 minutes to go. I put \$20 on the Mac Gray laundry card, and I now have \$25.15 left on the laundry card. I have some paper work to do. CIO

Note: <888> 09/06/04 Monday 9:05 P.M.: I was up at 4 P.M., and I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I am now using a 50% mixture of hazelnut and 50% decaffeinated coffee. I went back to bed until 8 P.M.. I watched some television. I am just about to start the dry cycle on two loads of laundry. I put clean linens on the bed in the bedroom. CIO

Note: <888> 09/06/04 Monday 4:25 A.M.: I went through my email. I will now shut down the computer, and I will go to bed. CIO

Note: <888> 09/06/04 Monday 4:20 A.M.: I ate a bowl of triscuits with some iced tea. CIO

Note: <888> 09/06/04 Monday 3:25 A.M.: I refilled the Glade plugin refill in the kitchen with a 60% mixture of English Leather cologne and 40% of 91% isopropyl alcohol leaving about a half inch from the top for air to get in. CIO

Note: <888> 09/06/04 Monday 3:05 A.M.: I proofed and updated www.geocities.com/mikelscott/weather.htm . Some of the NRL links were dated, but it looks like the NRL server in Monterey is a bit overloaded. CIO

Note: <888> 09/06/04 Monday 2:35 A.M.: I posted a few comments at <http://web.tcpalm.com/tcp/blogs/hurricanefrances/000265.html> including this link on making safe water <http://www.epa.gov/safewater/faq/emerg.html> . CIO

Note: <888> 09/06/04 Monday 1:25 A.M.: I went to <http://www.smokemcheapcigarettes.com/> , and I ordered seven cartons of Seneca Ultra Lights 100s for \$11 a carton plus \$1.20 a carton postage for \$85.40 total. CIO

Note: <888> 09/06/04 Monday 1:05 A.M.: I went outside, and I threw out some garbage. I chatted with a relative. I watched the television news on hurricane Frances. Presently hurricane Ivan poses a threat to the same area in Florida in another week www.geocities.com/mikelscott/weather.htm and <http://www.nhc.noaa.gov/index.shtml> and [NRL Monterey Satellite Photos](#) . I put away the ice tea in the refrigerator. CIO

Note: <888> 09/05/04 Sunday 11:00 P.M.: I chatted with a relative. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . For the cheddar cheese portion, I used Stop and Shop New York sharp cheddar cheese. I used all of the regular ingredients. I had the salad with a glass of iced tea. I am making up a fresh batch of www.geocities.com/mikelscott/icetea.htm . CIO

Note: <888> 09/05/04 Sunday 9:00 P.M.: I went out, and I walked the entire length of Greenwich Avenue and the train station area, and I sat out at various locations. I toured CVS. I drove down by the waterfront. I went by the Stop and Shop, and I bought five 16 ounce packages of Stop and Shop vermicelli for \$2 all, a bulb of elephant garlic for \$1.99 and four buy two get two free of 18 ounce cans of Progresso New England clam chowder for \$2.49 for two for \$8.97 total. I then returned home, and I drank some iced tea. CIO

Note: <888> 09/05/04 Sunday 5:35 P.M.: I chatted with a relative and a friend. I ate half of a 10 ounce can of smoked almonds with iced tea. I will now clean up, and I will go out. CIO

Note: <888> 09/05/04 Sunday 4:20 P.M.: I woke up after the last message, and I ate half of a 10 ounce can of smoked almonds. I had a telephone call from a friend at 7 A.M.. I chatted with two relatives at 10 A.M.. I finally woke up at 2:30 P.M.. I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I made my coffee with 50% hazelnut and 50% decaffeinated coffee. I drank my coffee outside in my Starbucks travel coffee mug. I carried up the three beach chairs from the back seat of my Hyundai, and I put them in the false ceiling above the bed in the bedroom. I chatted with a relative. CIO

Note: <888> 09/05/04 Sunday 3:35 A.M.: I ate four ounces of triscuit crackers with some iced tea. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 09/05/04 Sunday 2:35 A.M.: I finished going through my email. CIO

Note: <888> 09/05/04 Sunday 2:10 A.M.: [Forbes.com: Tobago Glow](http://Forbes.com:TobagoGlow) . CIO

Note: <888> 09/05/04 Sunday 1:55 A.M.: <http://www.flahurricanefund.org/> . CIO

Note: <888> 09/05/04 Sunday 1:15 A.M.: I went out after the last message. Someone had discarded a pair of 12 foot jumper cables by the dumpster, so I put them in the right rear of my Hyundai hatch back area. I then went by the Exxon gasoline station next to the Greenwich Library, and I bought \$5.30 of regular unleaded gasoline at \$2.199 a gallon for about 24 miles per gallon usage. I then went downtown, and I walked the

entire length of Greenwich Avenue including the train station area, and I sat out at various locations. I next drove down by the waterfront. They have repaved with asphalt Steamboat Road and Oneida drive. I next went by the Food Emporium, and I bought a 39 ounce bag of Eight O'clock decaffeinated 100% Arabica coffee beans for \$11.99, a box of five each of five different types for 25 total of Twinings tea for \$3.39, and two Stouffer's Lean Cuisine 13 5/8 ounce chicken fettuccini, a 14 ounce Lean Cuisine chicken penne, and a 13 ounce Lean Cuisine glazed chicken each for \$2.39 each for \$24.94 each. I returned home. I opened up the bag of decaffeinated coffee beans. I labeled my backup Braun coffee grinder "Decaf", and I filled it with decaffeinated bean. I took the three plug adaptor off the power strip underneath the maple table, and I plugged it into the left most wall socket in the kitchen, and I plugged the decaf Braun coffee grinder into it. I placed it on the left front of the kitchen counter. I filled two jars that I labeled "Decaf", and I put one on the counter behind the decaf Braun coffee grinder with the regular hazelnut coffee beans. I have the regular Braun hazelnut coffee grinder on the left shelf in the kitchen. Thus I can have either hazelnut when I wake up, and decaf anytime for the rest of the day. William Morris in his book "Dutch" about Ronald Reagan, said that Ronald Reagan said that his doctor said when he became president, he would live 20 years longer if he drank decaffeinated coffee. I then made a cup of decaffeinated coffee, and I drank it while watching the hurricane news on television. CIO

Note: <888> 09/04/04 Saturday 8:35 P.M.: I made up a fresh batch of homemade hummus www.geocities.com/mikelscott/hummus.htm . I used two cloves of elephant garlic. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I used a tin of sardines that I chopped. For the cheddar cheese portion, I used Stop and Shop Vermont extra sharp cheddar cheese. I used all of the other regular ingredients. I ate the salad with a glass of iced tea. According to <http://www.nhc.noaa.gov/ftp/graphics/AT06/refresh/AL0604W+GIF/042108W.gif> the eye of hurricane Frances will come ashore centered on Hobe Sound, Florida [Hotel and road map of Florida - World Sites Atlas](#) . Of course the eye is suppose to be 75 miles in diameter, and the north side of the eye is suppose to be more severe winds and storm surge. The water is suppose to go out south of the eye. <http://www.nhc.noaa.gov/index.shtml> , www.geocities.com/mikelscott/weather.htm , and [NRL Monterey Satellite Photos](#) .

Note: <888> 09/04/04 Saturday 6:45 P.M.: I chatted with two relatives. I have been listening to the Weather Channel on Hurricane Frances www.geocities.com/mikelscott/weather.htm . I printed out with the HP LaserJet IID printer the last four months of my "Scott's Notes" from pages 3167 to 3450. I bound them in two Oxford Clip binders that I have left on the maple side table. The entire file of my notes is available for download from [Scott's Notes from June 1997 through August 2004, 3.72 Mbytes](#) <http://www.geocities.com/mikelscott/mlsnote1.zip> contains "mlsnote1.doc" pages 1 - 1582 January 1997 to December 2001 and "mlsnote2.doc" January 2002 through December 2003 pages 1583 - 2855" and "mlsnote3.doc" January 2004 through August 2004 pages 2856 - 3376" . CIO

Note: <888> 09/04/04 Saturday 4:10 P.M.: I was up at 10 A.M., and I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went outside, and I picked up the mail. I went back to bed until 2 P.M.. I watched hurricane Frances news www.geocities.com/mikelscott/weather.htm on television. I watched a rerun of President Bush's acceptance speech at the Republican convention on Cspan. I changed my IDE setting from PIO to DMA, so the computer runs faster again. Hopefully it will not freeze. CIO

End of Scott's Notes week of 09/04/04:

Note: <888> 09/04/04 Saturday 1:30 A.M.: I downloaded and installed the new release of Windows Media Player version 10 [Download Center Windows Media Player](#) . I will now send out my weekly email of Scott's Notes. I will then shut down the computer, and I will go to bed. CIO

Note: <888> 09/04/04 Saturday 12:35 A.M.: Hurricane Frances tracking <http://www.nhc.noaa.gov/ftp/graphics/AT06/refresh/AL0604W+GIF/040258W.gif> shows the eye of the hurricane coming ashore between Jupiter and Hobe Sound about 8 P.M. this evening, so it has shift about 35 miles south. [NRL Monterey Satellite Photos](#) and <http://www.nhc.noaa.gov/index.shtml> and www.geocities.com/mikelscott/weather.htm and [Welcome to PalmBeachPost! Storm Special](#) . I was told by another person that lots of people leaving the storm area have been running out of gasoline in north Florida, and they have been abandoning their cars along I-95 north, since there is no gasoline available. CIO

Note: <888> 09/04/04 Saturday 12:20 A.M.: I ate a half of a 10 ounce can of smoked almonds with a glass of iced tea. I watched some television. CIO

Note: <888> 09/03/04 Friday 11:05 P.M.: I went out after the last message. I went downtown, and I walked the entire length of Greenwich Avenue. I sat out at various locations. I stopped by CVS, and I bought a package of 10 CVS twin blade disposable razors for \$3.69, two 10 ounce cans of CVS smoked almonds for \$1.99 each, three 18 ounce bottles of Bulls Eye barbeque sauce for .99 each plus .22 tax for \$10.86 total. I then completed my walk. I used the bathroom at Starbucks at the beginning and the end of my walk. They are repaving the sidewalk in front of the veterans monument along with the other locations, they have repaved along Greenwich Avenue including the new intersection at Fawcett Place and Grigg street and Greenwich Avenue. They are still working on the stone front of Brooks Brothers. I next went by the Stop and Shop, and I bought two 10 ounce bars of Kraft Cracker Barrel 2% low fat sharp cheddar cheese and two 10 ounce bars of Kraft Cracker Barrel 2% low fat extra sharp cheddar cheese each for \$2 each, a three liter can of Carapelli olive oil for \$17.99, two quart jars of Smuckers strawberry jam for \$3.99 each, three 28 ounce cans of Goya Chic peas for \$1.99 each, a 10 ounce box of fresh mushrooms for \$2.29, a 16 ounce jar of Planters dry roasted peanuts for \$1.99 each, fresh broccoli crowns at \$.50 a pound for \$.53, three 8.5 ounce boxes of Triscuits low fat crackers for \$1.99 each, a 10 ounce box of 10 quart packages of CVS dried milk for \$6.99, two 16.5 ounce bottles of Monari balsamic vinegar for

\$3.59 each, six 6.5 ounce dry cans of Stop and Shop medium black pitted California olives for .99 each can, four buy one get one free of 18 ounce Quaker Old Fashioned oats for two for \$2.49 for \$79.40 total. I then returned home, and I carried up my groceries with my cart that I keep in my apartment, and I put away my groceries. I drank some iced tea. I chatted with two relatives. I am listening to the television about the hurricane information. CIO

Note: <888> 09/03/04 Friday 6:05 P.M.: I made out a check to pay my electricity bill to Northeast Utilities. After this bill, I will be back next month on the \$95 a month budget amount. I will now clean up, and I will go out. CIO

Note: <888> 09/03/04 Friday 5:45 P.M.: I threw out the garbage. I am just about to eat a Maria Callender 14 ounce turkey dinner with a glass of iced tea. CIO

Note: <888> 09/03/04 Friday 5:15 P.M.: I finished house cleaning and watering the plants. I chatted with two relatives. I will now throw out the garbage. It was reported about an hour ago that hurricane Frances www.geocities.com/mikelscott/weather.htm is moving in more of a westerly direction towards Palm Beach, Florida, and they are boarding up the Breakers Hotel. Tracking [FRANCES](#) shows the eye coming ashore at 2 P.M. on Saturday between Stuart and Fort Pierce [Hotel and road map of Florida - World Sites Atlas](#) . CIO

Note: <888> 09/03/04 Friday 1:55 P.M.: I went outside briefly, and I picked up the mail. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I chatted with www.cl-p.com , and I will pay the balance of my electricity bill. I will now do my house cleaning and watering the plants. I continue to have the Weather Channel playing on the televisions. Local news story [Greenwich Time - Crocodile hunters call off their search](#) . CIO

Note: <888> 09/03/04 Friday 11:50 A.M.: I woke up last night, and I ate a half of a 10 ounce can of smoked almonds with some iced tea. I had a friend call at 7 A.M. this morning. I was up at 10 A.M.. I chatted with a relative twice and another relative. I looked at [TCPalm: Frances slows, reduces intensity slightly](#) , <http://www.nhc.noaa.gov/ftp/graphics/AT06/refresh/AL0604W+GIF/031453W.gif> , <http://www.nhc.noaa.gov/index.shtml> , www.geocities.com/mikelscott/weather.htm , [NRL Monterey Satellite Photos](#) , and I looked at the cable news channels, and I am now watching the weather channel. Currently hurricane Frances has 115 mile winds, and it is a category 3 hurricane. However, the current tracking is for the eye to come ashore between Vero Beach, Florida and Stuart, Florida, however as it goes over the water between the Bahamas and Florida, it might pick up with intensity again or change course. The storm is moving slower, so it will last longer when it passes over. The CNN correspondent is in Melbourne, Florida. A lot of Greenwich, Connecticut people have homes in Vero Beach, Florida, so we keep an eye on Vero Beach, Florida. They say the hurricane winds will extend 85 miles from the eye, and there could be up to 20 inches of rain and a 14 foot storm surge. I will now eat breakfast of oatmeal, toast with strawberry

jam, orange juice, vitamins, supplements, and coffee. I will then do my house cleaning and watering the plants. CIO

Note: <888> 09/03/04 Friday 1:35 A.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 09/03/04 Friday 1:25 A.M.: I ate a bowl of dry roasted peanuts with some iced tea. CIO

Note: <888> 09/03/04 Friday 12:10 A.M.: I went out after the last message. I went downtown, and I walked the entire length of Greenwich Avenue including the train station area. I sat out at various locations. I used the ATM machine at Putnam Trust Bank of New York on Greenwich Avenue. I used the bathroom at Starbucks. I drove around the train station area, and I drove down by the waterfront. I went to the Food Emporium, and I bought two half gallons of Florida Natural orange juice with calcium for \$2 a half gallon for \$4 total. I returned home, and I drank some iced tea. CIO

Note: <888> 09/02/04 Thursday 9:00 P.M.: I studied www.geocities.com/mikelscott/weather.htm . I chatted with a relative. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . For the cheddar cheese portion, I used Stop and Shop Vermont extra sharp cheddar cheese. I had the salad with a glass of iced tea. I chatted with another relative. I will now shut down the computer, and I will go out for a walk. I would like to watch President Bush's convention speech, but I am already pro Bush Cheney, so I will continue some of my other usual volunteer activity. CIO

Note: <888> 09/02/04 Thursday 6:50 P.M.: I went out after the last message, and I mailed my payments for my Cablevision and Optimum Online at the Valley Road post office. I then went by the Wachovia Bank on Benedict Place, and I paid my rent to the Greenwich Housing Authority. I then made my 3 P.M. appointment. I then went by the Greenwich Hospital Thrift shop, and I bought a matching pair of two two level mahogany end tables with leather tops in the Bombay style of furniture. They are about 50 years old, but I think they are reproductions not the original Bombay furniture. They were \$10 apiece for \$20, and I bought a pair of 50 foot speaker cords for a dollar and a package of two General Electric extra long life night light bulbs for .50 for \$21.50 total. One of the tables has a cigarette burn in the leather top. I was able to get them both in my car. I then returned home. I brought them up, and I polished them with furniture polish spray in the hallway. I then moved the blue sofa four inches closer to the long mahogany bureau and about ten inches closer to the long green couch. I moved the brass and glass coffee table centered between the two sofas, so there is about ten inches between the edges of the coffee table and the sofas. I moved the maple side table behind the blue sofa, and I centered it on the back of the blue sofa. I moved the two cordless telephones and answering machine to the near side of the blue sofa. I rearranged the flags, and I have the two lights centered on the back of the table. I put the two mahogany end tables back to back at the near end of the blue couch at the apartment entrance. I moved the brass and glass end table from the front of the Danish bar to the near front of the blue

sofa. I moved various bric a brac items from around the apartment on to the end tables. Thus I have a more formal apartment entrance. I put the speaker cords on the floor of the sweater closet, and I replaced the red bulb in my bathroom night light with a clear bulb. I went outside briefly. CIO

Note: <888> 09/02/04 Thursday 1:45 P.M.: I went outside briefly, and I picked up my mail. I made out checks to pay my Cablevision and Optimum Online cable modem bills. I will now shut down the computer, and I will clean up, and I will go out. I have a 3 P.M. appointment. CIO

Note: <888> 09/02/04 Thursday 12:30 P.M.: I was up at 10:30 A.M., and I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went outside briefly. CIO

Note: <888> 09/02/04 Thursday 12:25 A.M.: I went outside briefly. I will now shut down the computer, and I will go to bed. CIO

Note: <888> 09/01/04 Wednesday 11:55 P.M.: I put the chains in the rear left hatchback area of my Hyundai. I chatted with a relative whom is concerned about hurricane Frances www.geocities.com/mikelscott/weather.htm hitting her winter home. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . This time I used a tin of sardines that I chopped instead of tuna fish. For the cheddar cheese portion, I used Stop and Shop Wisconsin and Vermont extra sharp cheddar cheeses. I used all of the other regular ingredients. I ate the salad with a glass of iced tea. I watched the republican convention. This is a good map of the state of Florida, if one wants to compare the hurricane maps with the actual map of the state of Florida [Hotel and road map of Florida - World Sites Atlas](#) . CIO

Note: <888> 09/01/04 Wednesday 9:10 P.M.: I went out after the last message. I went by the Greenwich Hardware store, and from the 70% off rack in the front of the store, I bought a set of two Laclede Cable Type Radial Tire Chains that are adjustable to fit my Michelin front P175/70R-13 all season radial tires for \$15 plus .90 tax for \$15.90 total. I don't think you need a set of chains for the rear tires on a front wheel drive car. I then went by the Greenwich Hospital Thrift shop. I next went downtown, and I walked lower Greenwich Avenue, and I sat out at various locations. I chatted with another village regular. I then drove down by the waterfront. I then went by the Greenwich Library, and I read the Greenwich Time. I next went by the Stop and Shop, and I bought a 16 ounce container of Stop and Shop grated parmesan cheese for \$5.99, two 8.5 ounce boxes of Nabisco Triscuit low fat crackers for \$1.99 each box, a 24 ounce bag of Roma plum tomatoes for \$2.49, a 10 ounce bag of fresh spinach for \$1.99, a 16 ounce bag of baby carrots for \$1.99 for \$16.44 total. I then returned home, and I drank some iced tea. I will put the chains in the their container in the rear hatch back area of my car, but before the colder weather I should prefit them to my automobile tire size. CIO

Note: <888> 09/01/04 Wednesday 2:55 P.M.: I was up at 10 A.M., and I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I

chatted with some neighbors, and I picked up my mail. I cleaned up. I made out checks to pay my Verizon and my AT&T telephone bills. I went out, and I mailed the checks at the Valley Road Post Office. I then went by Putnam Trust Bank of New York on Mason Street. I next returned home. I noticed on this page for Hurricane Frances tracking [FRANCES](#) and this story from the Vero Beach, Florida newspaper [TCPalm: Frances on unpredictable course](#) that they are worried that it might come ashore in that area. Of course it is such a large storm, it would effect most of Florida, and it still could change course. These links are still available <http://www.nhc.noaa.gov/index.shtml> and www.geocities.com/mikelscott/weather.htm . I chatted with two relatives, and I left a message with another relative. I have relatives whom live in Vero Beach, Florida during the winter. I will now go back out. CIO

Note: <888> 09/01/04 Wednesday 12:50 A.M.: I finished going through my email. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 10/31/04 Sunday 11:50 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I used a tin of sardines that I chopped. For the Cheddar cheese portion, I used Stop and Shop Swiss cheese and Stop and Shop Vermont extra sharp cheddar cheese. I used all of the other regular ingredients. I ate the salad with a glass of iced tea. I watched some television. I ate two black licorice sticks. While I was downtown walking, someone asked me where the Asiana cafe was, and I did not know where it was. It is suppose to be a Chinese restaurant. I guess it is the restaurant where the old Tucson's bar and restaurant used to be according to this directory [Greenwich, Connecticut Chamber of Commerce Dining in Greenwich](#) . CIO

Note: <888> 10/31/04 Sunday 9:40 P.M.: I was up at 2 P.M. this afternoon. I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went back to bed until 5 P.M.. Last night I ate three black licorice twists, and when I woke up I ate two, and I just ate three. I chatted with a friend, and I left a message with another friend. I put out by the dumpster, my old Royal coffee maker that I bought at the Old Greenwich Rummage Room thrift shop for \$2 about six years ago, and someone picked it up while I was out. The blue corduroy love seat is still there. I went downtown, and I walked the entire length of Greenwich Avenue including the train station area, and I sat out at various locations. I stopped by CVS, and I bought two 7 ounce bags of black licorice twists for \$1.19 each plus .14 tax for \$2.52 total. I then completed my walk. I sat out briefly. I then drove down by the waterfront. I just now returned home. I drank some iced tea. I mailed a letter downstairs in the mail room. CIO

Note: <888> 10/31/04 Sunday 4:55 A.M.: I did some regular internet work. I will now shut down the computer, and I will go to bed. CIO

Note: <888> 10/31/04 Sunday 3:00 A.M.: I just thought about something, that it is this time of year in the back country areas of this area, that more than likely the Mountain Lions, Panthers, Bob Cats and Cougars might be traveling through this area on their annual migration further south. However, since it currently warmer in this area than normal, they might linger in this area. Also I have been told around horses that a radio going in the barn is suppose to keep coyotes away, but I don't think that would stop a predator cat. This is based on many years of experience out at night in this area, and I don't care what any so called environmental read estate experts claim because their ultimate goal is to sell real estate. If you want to know how I know some of this, it is because it has been leaked from NASA and other satellite agencies that have the capability of tracking such wild life. It once use to be my opinion that if one kept a domestic cat around the house, the big cats would not bother one's environment, that is only conjecture, and I have nothing to prove it might work. CIO

Note: <888> 10/31/04 Sunday 2:25 A.M.: When I reset up the apartment, since there is hardly any room under the new sofa, I also put the folding wooden card table chair behind the directors chair, so it is handy to use. I also moved the warm unopened 48 ounce can of Stop and Shop tomato juice on the wire rack behind the apartment entrance door. It is next to the two old cans of the same tomato juice that I keep for eliminating skunk odor, should I ever be sprayed by a skunk at night. I have them labeled "Old Skunk Juice". It is unusual this summer and fall, I have not seen any skunks like I normally do all the time. As I said in my notes about nine months ago, when I was commenting on the large amount of skunks in the area, that I spotted a great horn owl in the trees by the baseball field, so more than likely we have more great horned owls in the area that area eating the skunks. Last year we had one skunk the size of raccoon, so maybe that was the head skunk, and maybe when it took off, all of the other skunks did too. Also with the increased traffic in the area, there might be more road kill. CIO

Note: <888> 10/31/04 Sunday 1:20 A.M.: Both sofas look so nice, I do not feel like lying on them. Hopefully, I will get use to relaxing on the new one soon. Of course, one will have to straighten up the cushions on the new one, which was not the case with the old blue one. CIO

Note: <888> 10/31/04 Sunday 1:05 A.M.: Also the old blue couch is still outside by the dumpster if anyone wants it. CIO

Note: <888> 10/31/04 Sunday 1:50 A.M.: Happy Halloween. I went outside twice. The second time I set the clock back on my Volvo an hour to end daylight savings time. I then came back upstairs, and I set back my clocks and watches in the apartment. Thus in ten minutes give or take, it will be 1 A.M. Eastern Standard Time ending daylight savings time. In other words, one will have a 25 hour day or an extra hour to sleep. CIO

Note: <888> 10/30/04 Saturday 11:55 P.M.: I went out after the last message. I went by the Greenwich Library, and I read the Greenwich Time. I then went downtown, and I walked the entire length of Greenwich Avenue including the train station area. I sat out at various locations. I used the bathroom at Starbucks after my walk. I then drove down

by the waterfront. I then went by the Stop and Shop, and I bought two 10 ounce bars of Stop and Shop Vermont extra sharp cheddar cheese for \$1.99, a 8 ounce container of Stop and Shop low fat grated parmesan cheese for \$2.69, a 16 ounce bag of baby carrots for \$1.50, a bag of fresh spinach for \$1.99, fresh broccoli crowns at \$1.69 a pound for \$2.08, a 10 ounce box of fresh mushrooms for \$2.29, a quart of plum tomatoes for \$3.49 for \$17.53 total. I then returned home. I put away my groceries. While going upstairs, I noticed they had discarded a sofa from the community room because, they put in a new long and matching love seat sofa in the community room. I went outside with my Husky 2.25 million watt rechargeable lantern, and I measured the sofa. It is 38 inches wide, 20 inches high, and 7 feet long. I figured it would fit into my apartment. A neighbor from across the street help me carry up the cushions, and I showed the neighbor my apartment. Then another stronger neighbor help me drag the sofa to my apartment building elevator. I then was helped to put it in the elevator. Then I took it out of my elevator myself, and I dragged it to the hallway near my apartment taking it up six steps. I then moved the mahogany end tables into the hallway, and I removed the items from underneath the short blue corduroy sofa, and I took the cushions off the corduroy sofa, and I put them in the hallway. I then brought the blue corduroy sofa out of the apartment. I then brought in the new longer sofa. I put it in the same location as the other sofa. I then moved the maple side board further down towards the French reproduction sitting chair. I then put one mahogany end table along side the near end of the new sofa, and I put one of the small brass and glass end tables in front of it at the same end. I then put the other mahogany end table facing out towards the door from behind the new sofa backed against the maple side table. I then put all of the bric a brac and other items back in their same place as before. I put the backgammon game underneath the new sofa at the far end. I put the 3 packs of Perrier to the side and underneath the directors chair. I sprayed the new sofa with Febreze to freshen it. I put the black and white checked comforter along the back side of the new sofa with the blue and the grey knit comforter on top of it. I put two of the large beige pillows from the other green sofa at either end of the new sofa with the strawberry pillow in the middle. The two large green pillows that were on either end of the blue sofa, I put on either end of the green sofa with the third large beige pillow in the middle. I had to recenter the large brass and glass coffee table. The box of 500 legal envelopes from Staples, I put underneath the bedroom bed. I then took the blue corduroy sofa back downstairs the same way, and I left it by the dumpster. I then brought down the blue corduroy sofa cushions, and I put them on the sofa by the dumpster. The new sofa has down filled cushions, and it has a nice slightly worn but still in good shape beige with autumn leaf design of rose olive and gold which have a slight peach glow. Underneath the slip cover is a gold olive corduroy fabric. Since I am 6 feet tall, a 7 foot long sofa is more comfortable. Also since it is in the center of the room, it does not get the winter drafts that the long green sofa gets in front of the high outside windows with the elevated ceiling creating a large draft on cold winter days. It all looks quite inviting and quite comfortable by New York City Metropolitan Pied A Terre apartment standards. I chatted with a relative, and I told the relative what I had done. I started up the primary computer again, and the Siemens router did not work again, so I connected the cable modem directly to the primary computer motherboard LAN. Well, anyway if it is still there my old blue corduroy love seat that I paid \$50 for at the Greenwich Hospital Thrift shop about 10 years ago is out at the dumpster getting a slightly misty cleaning. I

have washed the cushion covers and spary the blue sofa with upholstery cleaner twice in the last ten year, and most recently it was done about three years ago. CIO

Note: <888> 10/30/04 Saturday 1:55 P.M.: Sad news CNN.com Princess Alice Oldest British royal dies at 102 - Oct 30, 2004 . I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I used a tin of sardines that I chopped. For the cheddar cheese portion, I use Stop and Shop Swiss cheese. I used all of the other regular ingredients. I had the salad with a glass of iced tea. I will now shut down the computer, and I will clean up, and I will go out. CIO

Note: <888> 10/30/04 Saturday 12:45 P.M.: I threw out some garbage. I picked up the mail. I chatted with a relative. CIO

Note: <888> 10/30/04 Saturday 11:55 A.M.: I closed the Ping port on the Siemens router, and I rebooted, and Symantec Security Check says that it is now in Stealth mode. I will now go downstairs to check the mail. CIO

Note: <888> 10/30/04 Saturday 11:25 A.M.: I chatted with a friend. I might have been able to fix the Siemens router problem. The TCP Optimizer program from www.speedguide.net possibly changed some of my Motorola Surfboard Cable Modem settings. I used the Optimum Online setup disk, and I reinstalled the Cable Modem entering my account number. Right now the Siemens router is working properly. I also changed the LAN cable from my Siemens router to the LAN port on the computer. I am not sure if it is a permanent fix or not. The Symantec Security check though shows the Ping Port is now open, so I will see if in the Siemens Router setup, I can shut it. CIO

End of Scott's Notes week of 10/30/04:

Note: <888> 10/30/04 Saturday 10:05 A.M.: I chatted with a relative at 9 P.M. last night. I was up at 7 A.M. this morning. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. It seems it will be a rainy day today. This Sunday morning October 31, 2004 Halloween morning at 2 A.M. daylight savings time ends, and at 2 A.M., one sets back their clocks to 1 A.M.. I ran Ad-ware SE <http://www.lavasoftusa.com/software/adaware/> , I then downloaded and installed [The home of Spybot-S&D!](http://www.lop.com/help.html#how). Spybot froze, when I went to remove the detected items at the "C2.lop" files, so I used the Advanced features, and I selected "C2.lop" to be ignored. Spybot then ran successfully. I then used this download <http://lop.com/help.html#how> to uninstall "C2.lop". Thus hopefully my system is free of Spyware. I also ran Bazoooka [Bazoooka™ Adware and Spyware Scanner - Free spyware scanner](http://www.bazoooka.com) , and it did not detect any spyware. I also uninstalled the Microsoft Intellipoint 5.0 mouse driver, and I ran Norton WinDoctor 2003, and I rebooted. I will now send out my weekly notes. CIO

Note: <888> 10/29/04 Friday 7:50 P.M.: Well, I ate three pieces of black licorice twists. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 10/29/04 Friday 7:40 P.M.: Well, I dare say, since it will be a cold winter up north, somebody will be drinking Rum in the North Country, so ergo whomever sells and distributes rum, more than likely should be able to pay their bills providing they have reputable, honest, sober accountants whom don't drink the Rum themselves. CIO

Note: <888> 10/29/04 Friday 6:15 P.M.: Rum drinks on the run, Key West, Florida Fantasy Festival <http://floridakeyswebcams.tv/> or www.livedualstreet.com , X-rated content. CIO

Note: <888> 10/29/04 Friday 5:55 P.M.: Earlier today when the mail arrived, I received the three cartons of Seneca Ultra Lights 100s that I ordered from <http://www.smokemcheapcigarettes.com/> for \$11 a carton plus \$6 postage, which I paid \$39 total for when I ordered them this past Sunday. They came in a three carton package instead of a larger box, so I guess people frequently order three cartons, which if one were a pack a day smoker would be about a month's supply. Recently, I think I have been smoking a little bit more, but I have not been keeping track. I moved the directors chair from beside the television chest, and I cleaned out and sorted through all of the empty electronics boxes. I saved the instructions and any spare parts, and I put them in a double thick plastic bag back in the cabinet on the left side, and I also took the bags of more recent electronics instructions and spare parts from underneath the bed, and I put it in the same place in the television cabinet in front of the other bag. I have lots of 5.25" floppy disk holders with 5.25 inch floppy disks on the right side of the cabinet along with the back side left of the cabinet. I also put the three 3.5 inch floppy disk holders on top of the electronics information and parts bags. I put back the directors chair in the same spot adjacent to the cabinet. To get into the false ceiling above the antique French chair slightly in front, I use the small solid wool oak table from the kitchen as a step latter. I did not use the folding wooden card table chair, which I now keep underneath the far rear of the blue sofa. With my current weight of 214 pounds by my bathroom scale, it would be risky to use the folding card table chair. I threw out the old electronics boxes, but I did save in the cabinet some small boxes that might be useful for shipping at some time in the future. CIO

Note: <888> 10/29/04 Friday 4:10 P.M.: I cracked three eggs, and I mixed them with a whisk in a steel bowl with a couple of tablespoons of milk, and I used my 10 inch omelet pan, and I put in a couple of tablespoons of olive oil and a couple pads of margarine, and I heated it over medium high electric burner, and I put in the egg mixture, and I reduced the heat to a small bit below medium, and I let the omelet cook until it was solid enough to turn over, and I flipped it with a spatula, and I added on both sides two 1/4 inch sliced plum tomatoes and five 8 1.5 inch by 1 inch by 3/16th inch slices of Stop and Shop Swiss cheese, and I put it on plate, and I added a thin layer of grated parmesan cheese. I ate with it two pieces of toast each spread with two slices of margarine and cut in half. I also had a glass of iced tea with it. I wiped the omelet pan with a paper towel to keep it seasoned instead of washing it. CIO

Note: <888> 10/29/04 Friday 2:40 P.M.: There was another attempt to connect to my computer using the Netbus Trojan with Symantec www.symantec.com Norton Internet

Security 2004 detected and blocked. I finished my house cleaning and watering the plants. I also cleaned the burners on the General Electric stove. I also cleaned the edges around the kitchen sink with CVS bleach spray and a old tooth brush. I went outside, and I threw out the garbage. I picked up mail. I received notification from the Connecticut Department of Social Services that because of funding cut backs, there would be a decrease in the NEON energy assistance program. Thus for what funds are available, individuals should apply earlier. I guess my karma with Saudi Arabia is running out, so I put the Saudi Arabian flag back up on the center hallway bookcase. One always hangs it with the sword upright on the left side for anyone else whom happens to own one but does not know how to hang or drape a Saudi Arabian flag. I also locked the Red Cross Emergency supplies liquor cabinet with a chain and pad lock. Although we still have visitors from Florida around and summer residents whom live in Florida in the winter, none of them seem to know me, since during my recent years in Florida up until 1982, I spent all of my time living outside during the winter, when I was younger and much fitter. However, since they are basically still fighting the Civil War down there, they like the Scott family from Virginia, but they are not too friendly with the Scott family from Illinois. Needless coming from a family from Illinois and Michigan, I will probably survive the warmer winters in Connecticut. Of course the last time I lived in Illinois up until 1972, number 2 fuel oil was only 12 cents a gallon, and I was earning over \$200 a week plus other part time activities like selling antique Mercedes, so I could afford my \$55 a month rent on the farm next to the Knollwood Country Club in Lake Forest, Illinois, and I could afford to eat out for breakfast every morning at Jim Mitchell's restaurant for \$2, and I could afford to fill up my gasoline tank with Amoco now owned by British Petroleum gasoline which back then was about 29 cents a gallon, and I could afford to go to the movie for \$1.25, and I could afford to get my hair cut for \$2, and I could afford to buy salmon steaks at the Lakeside Food market for 39 cents a pound, and I could afford to take Bachelors of Arts degree in Conservative Economics at Lake Forest College, and I could afford to buy a six pack of Schlitz beer for .59, and I could afford a .35 one ounce Old Crow or Jim Beam bourbon on a cold night which I drank with ice and a few ounces of Canada Dry ginger ale, and I could afford my \$200 a year Allstate automobile insurance, and I could afford to have dress shirts cleaned and pressed at the Chinese laundry for .35, and I could afford to have sports jackets dry cleaned for a dollar, and I could afford to have pants cleaned and pressed for .50, and I could afford student passes on most airlines to anywhere in the United States for \$50, and I could afford \$5 oil changes, and I could afford, studying in Europe which was much cheaper, and I could afford keeping a St. Bernard dog, which ate 50 pound bags of dried dog food along with canned dogged food, and I could afford to go down to Chicago and have a drink and play backgammon, and I could afford chat with friends and relatives and never have a phone bill over \$20, and I could afford to furnish the entire farm house with furniture from the Salvation Army in Waukegan, Illinois delivered for about a total of \$50, and I could afford cruise around to explore the local area on the north shore of Chicago, Illinois in one of my vintage Mercedes, and I could afford eat hamburgers at McDonalds for .15 each along with French fries for .15 and a coke for a dime, and I could afford to buy half gallons of frozen concentrated orange juice for .29, and I could afford to support small charities, and I could afford to buy my own books new a for a few dollars, but text books were more expensive at around \$20 apiece, and I could afford to throw parties for my

friends and neighbors and offer hospitality, and I could afford to go to public events, and I could afford to travel on the railroad, and I could afford know other people who supposedly could afford to do things, and I could afford to express my personal opinion. Thus since I am more economically insecure, I am more reserved, and since I also having majored in Economics, individuals or large groups of individuals whom are tremendously in Debt, frequently try to create mass inflation, so their debt is less expensive to pay off, thus since the United States of America is the largest debtor around here along with United States citizens, more than likely the United States government is creating mass inflation to lessen its debt obligations. Obviously back then I could also afford to buy new shoes, and since I am more frugal in my older years, even if I had the money I would still be frugal. The motto for the town of Greenwich, Connecticut is "Frugality and Fortune" which translated into British English is "Penny Thrifty and Pound Foolish". Whatever the case coming from a family that has lived around this area for close to 400 years, I think I will manage to survive for the rest of my life here, but if need be the trees might not. Well all of the experts from other parts don't seem to have the local experience here to deal with outside elements on a four seasons basis, but like when there are more Spanish from warmer areas in the summer here, there are more French Canadians from colder areas here in the winter. I will have to remember to dress warmly whenever I go outside. CIO

Note: <888> 10/29/04 Friday 8:55 A.M.: I am in the process of doing my house cleaning. I did a special cleaning of the Water Pik and Braun electric toothbrush. I used an old tooth brush to clean them better with CVS spray bleach cleaner. I also cleaned the rust from around the bathroom sink with an old tooth brush and steel scouring pad. I am a little slow moving this morning. I ate 14 Town House crackers with 3/4 inch by 1.25 inch by 1/4 inch slices of Stop and Shop Swiss cheese. I checked on the customer service hotline for my \$120 rebate on my previously owned Hyundai, and the rebate is only good at a Hyundai dealership and not until November 15, 2004. Someone from out in the nether world of the internet tried to connect to my computer with the Netbus trojan [Netbus trojan](#) thus although Norton Internet Security 2004 caught it and stopped it, my computer is not entirely shielded if outside intruders can attempt to attack it. I suppose because I am backing www.georgewbush.com, liberal computer people like those around MIT have tried to attack my computer. However, I should remind them MIT is not too comfortable if it is not heated in the winter. I read in the New York Times a liberal publication when I last visited Kennebunkport, Maine in September while the President was there that Bill Gates is backing George W. Bush. Also I have a feeling that the old dirty tricks don't work anymore. Since because of my previous work history, my internet activity is constantly monitored by the United States government, any intruders into my internet activity would also be monitored and eventually apprehended. I would advise any internet intruders to read one James Bamford's books on the National Security agency, if they think their Mickey Mouse computers are that stealthfully secured. Well, I was also told that the Stop and Shop company also owned by the Dutch company Ahold also owns the Costco www.costco.com warehouse shopping chain, so I might some time soon take out a Costco card for about \$45, since it is only about a mile from me, and it would more than likely offer me some savings. However, I do not have much room in my apartment for storage and stocking up. CIO

Note: <888> 10/29/04 Friday 7:05 A.M.: I chatted with a friend. I will now do my house cleaning and watering the plants. CIO

Note: <888> 10/29/04 Friday 6:10 A.M.: I was up at 3 A.M. this morning. I ate breakfast of oatmeal with a sliced banana, orange juice, vitamins, supplements, and coffee. I connected the Siemens router to my computer and cable modem, and the computer would not go online. I finally connected the computer back up directly to the cable modem. I chatted with Optimum Online, and they have not changed any of the hardware or software settings. Technically it could be a problem with the Siemens router, but I can not afford the expense of replacing it at this time. I paid about \$30 for it, since it was on sale about three years ago at CompUSA for \$20 off from \$100 with a \$50 mail in rebate. It had a two year warranty. Anyway it does seem to take a little bit longer to log onto the internet when I first boot up with the computer connected directly to the cable modem, so maybe this is effecting the Siemens router. Well, Thank God Its Friday, so this morning it is now time for house keeping and watering the plants. I noticed this story which might be of interest to any waterfront types [TCPalm: Harbor Branch tours are no more](#) . There are a lot of people from Nantucket around the Harbor Branch Oceanographic Institution since they were funded by the Johnson family foundation and members of the Johnson family also lived by the Jetties Beach in Nantucket. Nautical types seem to like going North and South like snow birds. I hear tell people are now returning back to Florida for the winter. To see how Florida fits into the rest of the world try [NRL Monterey Satellite Photos](#) and remember if one speaks English that England is further north than Hudson's Bay, Canada, so the English tend to be a cold weather group of people. CIO

Note: <888> 10/28/04 Thursday 8:00 P.M.: I ate two black licorice twists when I first returned home, and I just ate four black licorice twists. I will now shut down the computer, and I will go to bed. I have been awake for 27 hours. I will do my house cleaning when I wake up tomorrow. I have a theory that the warmer weather that we have experienced recently is just an earlier Indian Summer than normal. The flowers are still out, and the leaves have not turned. However, normally Indian Summer is about mid November, and to have it three weeks earlier might mean a colder winter. I think Indian Summer is caused when the oceans in the southern hemisphere start to heat up this time of year, and they send warmer waters north in the northerly currents, and if one lives by the ocean, one experiences a brief spell of warmer weather before winter sets in. CIO

Note: <888> 10/28/04 Thursday 7:15 P.M.: I went out after the last message. I went downtown, and I sat out for a while. I went by the Merry Go Round Mews thrift shop, and I toured the store. I then made my 3 P.M. appointment. I next went by the Greenwich Hospital Thrift shop. Everything is half price. I bought a pair of tan [www.llbean.com](#) 6 inch high size 10 winter boots like those [L.L.Bean: Bean Boots by L.L.Bean®, Men's 6"](#) for \$5. They are in very good condition almost like new. I am actually foot size 9 1/2 width C, but with heavier winter socks, the boots should fit me just fine. I also bought a pale yellow and pale blue with thin cherry stripes chair pillow for \$1.50. It has grids on the bottom side, so it won't slip. Thus I spent \$6.50. Since I was tired, I forgot to get a receipt. I then returned home. I had a message on my

answering machine from a relative. I put the L.L. Bean boots in my right living room closet with my other shoes. I put the decorative chair pillow on the directors chair, so it feels more comfortable. I relaxed a bit. I took the DeLonghi toaster oven baking tray, and I put the toaster oven on broil, and I put Hellmann's mayonnaise on two slices of bread, and I covered each piece of bread with three 1.25 inch by four inch by 1/8th inch slices of Stop and Shop Swiss cheese, and I seasoned its with Italian seasoning and a small amount of celery salt, and I heated it under the toaster oven broiler until it melted the cheese a bit without it running. I ate them for dinner with some iced tea. I reset the DeLonghi toaster oven to toast. When using the DeLonghi toaster oven because it generates heat, one has to have the kitchen stove fan on high, and frequently it sets off one of my own two smoke alarms in the apartment by the entrance but not the central building smoke detector system, so one has to be tall enough to reset the smoke alarm on the cieling even though it just goes off from the heat not smoke. One should know that heat rises. I tried starting the primary computer with the Siemens router, and it would not go online. Since it worked during the slow time this morning, there is something wrong with Optimum Online's service as it relates to my Siemens router, which they are not willing to deal with or have not figured out. Since it happens during busier times of the day, I would imagine the problem is with the Optimum Online service, and it has changed their setup. It does take a longer now for the computer when connected directly to the cable modem to go on line, so perhaps it is increased activity with Optimum Online usage, which I have never had problems with before. I think in the Advanced Siemens router setup program, one can set the time for it to search for an IP address, which with a longer time, it might still work during the busier time of the day. For now, I will leave the cable modem connected directly to the computer. CIO

Note: <888> 10/28/04 Thursday 12:55 P.M.: I will now shut down the computer, and I will go out. CIO

Note: <888> 10/28/04 Thursday 12:25 P.M.: I am microwaving a 16 ounce Maria Callender breaded chicken parmesan dinner, which I will eat with a glass of iced tea. CIO

Note: <888> 10/28/04 Thursday 12:05 P.M.: I brought the Queen Anne chair downstairs, and my relative ran into some traffic which is not unusual for this area. They arrived here about 11:30 A.M., and they picked up the Queen Anne chair to take up to Kennebunkport, Maine <http://www.geocities.com/mikelscott/137.htm> to deliver to another relatives house. They put it in their Volvo sideways which is a new larger one than mine, so the driver could see out of the driver's side rear window. They left here about 11:45 P.M. to stop by Starbucks on Greenwich Avenue for coffee. They said there was major construction on I-84, so they are going to take the Merritt Parkway to I-91 and assume go the same way that I always go from Hartford, Connecticut. I called another relative to let them know that they had picked up the Queen Anne chair. I still have a 3 P.M. appointment today, so I will probably be going to bed after that. CIO

Note: <888> 10/28/04 Thursday 10:20 A.M.: One of my relatives called, and they will be here in about 30 minutes. I have a 3 P.M. appointment today, so after they leave, I

will take a nap and then go out to my 3 P.M. appointment. I had a lot of sleep this week, so I should have no problems staying up that long. I was up at 5 P.M. last evening. CIO

Note: <888> 10/28/04 Thursday 9:45 A.M.: I put some more Heinz white vinegar in a bowl on the living room window shelf for scent control in the apartment. My relatives should be here shortly to pick up the Queen Anne chair. CIO

Note: <888> 10/28/04 Thursday 9:15 A.M.: I don't think it is safe to have a pointed object sticking up in the middle of the living room walk way, so I move the large French flag to on top of the Danish bar in the glass popcorn bowl. CIO

Note: <888> 10/28/04 Thursday 9:10 A.M.: I moved my large 8 inch by 12 inch French flag from on top of the computer speakers to the maple side table with the other smaller flags. It has a dangerous point on the end of it, so one has to be careful not to fall against it. CIO

Note: <888> 10/28/04 Thursday 8:55 A.M.: A few day ago, I filled the Australian Outback Survivor canteen hanging from the brass hat and coat rack behind the apartment entrance door with Brita filtered water to have available should we not have fresh water. CIO

Note: <888> 10/28/04 Thursday 8:45 A.M.: I moved the folding oak table in front of the book case below the stereo system back into the stand with other folding oak tables. I put the CD rack with the CDs to the left of the stand. I put the telephone books on top of the stand. I put the folding wood and black canvas directors chair in front of the folding oak table stand, so it is available for seating at that location. Since it is not too big one has access to the stereo system, the books, and CDs. One can also move it easily if one wants to open up the four foot by four foot by 20 inch cabinet that the stereo speakers and Orion television sits on. Presently I just have a lot of old 5.25 inch floppy disk cases and old 5.25 inch floppy disks stored in it. I also have a large number of empty boxes from electronics purchased in it. If I cleaned it out, I would be able to use it for more useful storage, but now with the Queen Anne chair not in that location, it is more easily accessible with the light folding directors chair in that location. I have nicked named the large cabinet the Princess Diana memorial television cabinet, since I bought it the Saturday morning at the Greenwich Hospital Thrift Shop before she passed away. I was so exhausted after being up all that previous night that after carrying it into my car and carrying it up to my apartment, I slept until my eldest sister called me about 1 A.M. that Sunday morning to tell me that Princess Diana had been in a car wreck, so it has a bit of sentimental value. I have not looked in it in so long, one never knows what one will find, but I think it is mostly empty boxes and possibly the instructions for some of the electronics. The directors chair is not as comfortable as the Queen Anne chair, but if I ever had a number of people over at my apartment, it would be considered comfortable enough along with the other furnishings. My relatives plans to have it reupholstered and use it in their house in Maine where it originally came from after being in another relatives house and my apartment. CIO

Note: <888> 10/28/04 Thursday 7:55 A.M.: I threw out some garbage. I also connected the 8 port Ethernet switch on top of the Dell backup computer directly to the Siemens router, and I also have the Dell backup computer now connected directly to the Siemens router, so one does not need to turn on the Ethernet port for the Dell to go online. CIO

Note: <888> 10/28/04 Thursday 7:35 A.M.: The AMD backup computer in the bedroom is running just fine. It goes online when one has the cable modem turned on and the Siemens router turned on and one turns on the Linksys hub in the bedroom by turning on the power strip between the computers on the left side of the desk. The power strip is behind the Radio Shack speaker phone. Also a couple of days ago, I moved the second power strip from the floor by the living room desk to the right side of the primary computer, and I have it plugged into the control panel router switch, and I have the Siemens router transformer plugged into that power strip. I am running some updates on the AMD backup computer in the bedroom. Well for now the Siemens router seems to be working. Maybe one just has to let it warm up for a minute before turning on the primary computer. However, it could be that with so many devices connected to routers and hubs on Optimum Online's service, they are running out of IP addresses. CIO

Note: <888> 10/28/04 Thursday 6:35 A.M.: At the moment the Siemens router is working properly. With primary computer turned off, I followed the Optimum Online instructions, and I first turned on the cable modem until the four green lights were all lit up. I then turned on the Siemens router, and I let it warm up for over a minute, and when I started the primary computer, it went online without any problems. I will now setup the Cmos settings on the AMD backup computer, and see if it goes online in the bedroom. I once ran it at 450 Mhz which is the processor speed, but it would occasionally freeze, so I lowered its Cmos setting to 366 Mhz. It seems like its Cmos battery runs out in it less than a year, which means there might be a power drain, or maybe I just lost track of time. CIO

Note: <888> 10/28/04 Thursday 6:10 A.M.: I replaced the Lithium 3 volt #2032 Cmos battery in the bedroom AMD 450 MHz computer running at 366 Mhz on the bedroom desk. I will now shut down the primary computer and cable modem to see if I can get the Siemens router working, so the backup computers work online. CIO

Note: <888> 10/28/04 Thursday 5:30 A.M.: I put the ice tea in the refrigerator. Since about Labor Day in 1990 when I bought my first personal computer a Apple IIE for \$100 at a tag sale on Round Hill Road from somebody whom worked for J.P. Morgan from Belgium, I have been using personal computers regularly since then. I replaced the Apple IIE with a PC DOS computer that November which I bought in New Canaan, Connecticut for \$250 from somebody from Holland, Michigan and Lake Forest, Illinois, and it was an Compaq 286. Thus times have changed in the personal computer activities for me. After 14 years of personal computer activity, I have a certain level of professional experience, which not everyone just buying a new personal computer would necessarily have. Also in my formal education, I learned a bit about some of the engineering principals that computers are involved with. I recall those first few years of personal computers before I went online with Netcom on the internet, I use to dial up

computer bulletin boards BBS computers and download files. One of them was in Old Greenwich, Connecticut which was a local telephone call run by Jimmy Bolster, and it had lots of files on astronomy. I later lost my telephone usage for a couple of years because of an \$850 telephone bill over time from calling up computer bulletin boards long distance. One of the retired volunteers now deceased that I use to chat with occasionally had taught physics at Columbia University for 50 years and held a PHD degree from Harvard University in Physics. He was not very impressed with the internet as it was evolving. Still I think Jimmy Bolster ended up at one of the world's top observatories in Argentina, and the lunar eclipse reminded me tonight that the computers for some people are just another tool in their profession. This story [Next-gen Data Center Forum SGI, Intel Build NASA Supercomputer at Next-gen Data Center Forum](#) and [SGI - Press Releases: NASA, SGI and Intel Build and Deploy 'Columbia' in Record Time: New Supercomputer World's Most Powerful](#) and [SGI](#) recently reminded me that the tech people on the west coast of the United States of America seem to get all the funding, while we here on the east coast are just left with week old broccoli from California. Of course since I met the head of Xerox Parc in California in 1980 on my last trip there, I suppose despite the fact that he looked like Governor Nelson Rockefeller of New York, he might have had some technical expertise in the computer field, but at the time the people around him were building the twin nuclear reactors at San Onofre, California, so there were quite a few electricians around at the time. I still can figure out why Optimum Online's internet service is not letting my Siemens router work, so I can have the backup computers all on line in an emergency too. I obviously have to have them online to maintain them too. CIO

Note: <888> 10/28/04 Thursday 4:20 A.M.: If one needs directions to the pier on Steamboat Road in Greenwich, Connecticut follow these directions to Maneros [Manero's Steakhouse Restaurant, Butcher Shop, Wedding & Banquet Facilities in Greenwich, CT. directions](#) and then head south about 500 yards and one will be at the pier at the end of Steamboat Road which is not too busy once it gets colder. However, for those of you whom have never seen the ocean before, Tod's Point is more breath taking off Old Greenwich, Connecticut, but there is an admission charge for out of towners until December 1. However, usually if one gets there at sunrise when the gate is first opened, there is usually not anyone at the gate, so one can get in for free. CIO

Note: <888> 10/28/04 Thursday 4:10 A.M.: Of course anyone in the Orange Juice crowd might find this story interesting [Boat show drops anchor again in Fort Lauderdale: South Florida Sun-Sentinel](#) . Having lived around the waterfront for most of my life, I alas do not know how to operate a boat, since I am not a good swimmer, I am afraid to go out on the water. However, when I once tried to get a job on a boat in Fort Lauderdale, Florida, I ended up starving on the beach in Fort Lauderdale where I arrived the third week of September 1976 after going out to buy frozen orange juice at the A&P where the Food Emporium is now in Greenwich, Connecticut, when I left the A&P that evening, I just kept driving until I reached Fort Lauderdale, Florida beach. It was warm about the first week there, then it got cold, and by Thanksgiving Day that year, it was 21 degrees Fahrenheit in Fort Lauderdale, Florida at 7 A.M. according to the bank sign next to the Swimming Hall of Fame. Of course there were some Nordic people around, since King

Olaf of Norway was visiting the area. One can imagine how cold it was back up north. I weighed 185 pound when I arrived in Fort Lauderdale having lived in Greenville, South Carolina the previous winter working for Daniel Construction before it became part of Fluor Daniel construction. I used to regularly go to the Winn Dixie supermarket nearby in Greenville, South Carolina, and I would eat lots of Carolina steaks. However, when my unemployment compensation did not finally arrive in Florida until April of 1977, I was down to about 125 pounds, but I was a very good swimmer at the lesser weight. I recall the head lifeguard on Fort Lauderdale beach drove a Cherry Red Porsche with Colorado license plate "COORS" , so on those colder days he was comfortable on the colder Fort Lauderdale beach. I knew someone from Cheshire, Connecticut and someone else from Lewiston, Maine and they were comfortable on the cooler days. I suppose when one's blood thins out in Florida during the winter in the warmer climates, when one comes back north as I found out it is hard to adjust to the colder temperatures. I recall when working that following summer at the Gordon Folger Hotel, I found the pot scrubbing over a couple of sinks of hot water next to the heavy cast iron stove a bit warm and comfortable compared to the cool Nantucket June weather. Thus it depends on what one is use to. When I first returned to Manhattan after having graduated from college at Lake Forest College www.lfc.edu in Lake Forest, Illinois, I had spent the previous winter not in Illinois but southern Europe, so I was use to warmer weather. However having spent three winters in Illinois and living in Boston, I was also use to cold weather, and I would frequently walk around those first winters in New York without a winter coat and wear Sperry top siders without socks which was the current fashion. I do recall wearing a wood sports jacket and sweater. As the L.L. Bean www.llbean.com web site says, there is no such thing as cold weather if one is dressed properly for it. CIO

Note: <888> 10/28/04 Thursday 3:30 A.M.: Almost free hamburgers Montana Legend Steak Burger Challenge at <http://www.montanalegend.com/> . My promotion code which I will not be using is "EMHT7" , so the first one to use my promotion code will get my free burgers plus \$14.50 shipping and handling. Sounds good, but I have to watch my cholesterol. Of course one could just go down to West 14th street on the Hudson River in Manhattan, and see if any of the local meat packers can spare some beef on the hook. I spent a lot of years walking around the meal packing district in Manhattan, and I have seen many a side of beef being delivered into that city on many a cold night. I also recall there was a steak house nearby called the Old Homestead <http://www.OLDhomesteadrestaurant.com/> , but their web site seems to be not working at the moment. Of course locally here in Greenwich, Connecticut down on the waterfront, I think we still have Maneros <http://www.maneros-greenwichct.com/> , which might have a little beef available if one happens to have a little extra American wampum. CIO

Note: <888> 10/28/04 Thursday 2:45 A.M.: I ate two black licorice twists. I listened to some music with free Rhapsody music radio player available from Optimum Online www.optimum.net . I cleaned my Kensington wireless mouse rollers. I sprayed some Febreze The Tide Fabric Care Network - Products Febreze on the Queen Anne chair. I will now spray some more around the apartment furniture to give it that fresher smell. CIO

Note: <888> 10/28/04 Thursday 1:35 A.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . For the cheddar cheese portion, I used Stop and Shop Swiss cheese. I used all of the other regular ingredients. I ate the salad with a glass of iced tea. I am now making up a fresh batch of www.geocities.com/mikelscott/icetea.htm . I will now do some regular computer work. CIO

Note: <888> 10/27/04 Wednesday 11:55 P.M.: I went out after the last message. I went by the Greenwich Library, and I read the Greenwich Time and the new issue of P.C. Magazine about multimedia computers. I already have my computer set up as a multimedia computer with it hooked up to my stereo system and my primary television. I was bothered by a fly while trying to read in the Greenwich Library. It is unusual for them to be around this time of year. I next drove down by the waterfront, and I chatted with a former neighbor. Some fishermen were out there, but they were not having very much luck. I think the blue fish and striped bass season is just about over. I left the waterfront about 9 P.M.. I then used the bathroom at Starbucks. I walked the entire length of Greenwich Avenue including the train station area, and I sat out at various locations. I noticed two NBC News 30 trucks <http://www.nbc30.com/index.html> setting up a broadcast in front of the senior and arts center, but other than that it was a quiet night. I next went by the Food Emporium, and I toured the store more thoroughly looking for items that I might normally not notice. I bought a America Cooks Stainless Steel 2 tablespoons coffee scoop for \$1.49 plus .09 tax for \$1.58 total. I chatted with one of the regular night time store employees about different companies represented at their store. I also chatted with another regular customer. I showed the regular customer my Volvo. I then returned home. I put the Queen Anne chair out in the hallway with a note saying it will be picked up at around 10 A.M. Thursday morning. I drank some iced tea. I put the new coffee scoop by the new Braun coffee machine. I had two messages on my answering machine from relatives and another from a friend. I enjoyed watching the lunar eclipse while walking Greenwich Avenue, but it was a bit too cold and damp to watch it down by the waterfront, besides it says one is not suppose to park there after 9 P.M.. CIO

Note: <888> 10/27/04 Wednesday 6:15 P.M.: I woke up while asleep, and I ate three black licorice twists. I slept until 11 A.M. this morning. I chatted with a relative. I checked the mail. I ate breakfast of oatmeal with sliced banana, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went back to bed until 5 P.M. At 2 P.M., I had a recorded message from <http://www.shaysforcongress.org/> . There is a total lunar eclipse tonight starting at Eastern Daylight time about 9:15 P.M. and going on for about two hours. When I woke up at 5 P.M., I moved the Queen Anne chair from in front of the stereo system to the apartment entry area, and there is about 10 inches on either side of it to get around it. I will put it out in the hallway, when I return from my walk this evening. My relatives will pick it up at about 10 A.M. on Thursday morning. I moved the New Zealand sheep's skin throw from it, and I put it on the French sitting chair. I put the small pillow that says "With My Luck When My Ship Comes in, I will be at the Airport" on the French reproduction sitting chair. From the bedroom entrance, I move the stand with four small solid oak folding tables to beneath the stereo system, and

I set out one of the folding tables in front of the stand. I moved the upright CD rack to the right of that small table. I have the new telephone books on the floor underneath the folding table. I also have my brief case there. I will throw out the old telephone books. I put the green pillow with a strawberry on it on the blue sofa in the center. Thus the bookcase with all of its books beneath the stereo system is open, and the folding table does not have anything on it, and it is easy to get at the stereo system. I put the 17 inch Dell computer monitor at the bedroom entrance on top of the Rubbermaid hamper with my pants that are too small for me. Thus the bedroom entrance is a little bit more open. I ate two black licorice twists. I will now shut down the computer. I will eat a peanut butter sandwich with a glass of iced tea. I will then shower and clean up and go out. CIO

Note: <888> 10/27/04 Wednesday 2:45 A.M.: I did some reference work on the internet. There is not much happening, so I will now go to bed, so I can be up earlier. I have relatives stopping by this Thursday morning at 10 A.M. to pick up the Queen Anne chair from my apartment, so I will have to be awake then. I will now shut down the computer, and I will go to bed. CIO

Note: <888> 10/27/04 Wednesday 2:05 A.M.: Another search engine <http://www.mamma.com/index.html> . CIO

Note: <888> 10/27/04 Wednesday 1:55 A.M.: I just noticed that the Times of London <http://www.timesonline.co.uk/> is free to access again. One can keep abreast of the Royal family's activities by searching it with the term "Court Circular" . It shows that they actually keep a very busy schedule. CIO

Note: <888> 10/27/04 Wednesday 1:45 A.M.: [Bales Travel from United Kingdom and Telegraph Travel China: The warriors and the dancers](#) . CIO

Note: <888> 10/27/04 Wednesday 1:20 A.M.: I ate four pieces of black licorice twists. I watched some television. CIO

Note: <888> 10/27/04 Wednesday 12:20 A.M.: I finished going through my email. CIO

Note: <888> 10/27/04 Wednesday 12:10 A.M.: [PC Magazine: Top 101 Web Sites](#) . CIO

Note: <888> 10/27/04 Wednesday 12:05 A.M.: I ate three pieces of black licorice twists along with nine Town House crackers with nine .75 inch by 2 inch by 1/8th inch slices of Kraft Monterey Jack cheese on them along with some iced tea. I replaced the far right candelabra bulb above the primary computer with another used one that works. CIO

Note: <888> 10/26/04 Tuesday 11:30 P.M.: While touring the Greenwich Hardware store today <http://www.greenwichhardware.com/> , I was told that Bill Clark a local Greenwich Historian, Author, and Representative Town Meeting representative for the central Greenwich district is coming out with a new \$150 book on the History of

Greenwich, Connecticut which is illustrated with water colors. Since Bill has told me he is distantly related to the British Royal family, and since he was well educated at Harvard University www.harvard.edu , perhaps he got Prince Charles <http://www.princeofwales.gov.uk/> to paint some of the water colors if he ever happened to come through this area. I suppose Bill would know that Judge Clark's family in Bedford, New York are one of the earliest families in this area, so perhaps Bill is related to them, and anyone settling in Bedford, New York more than likely would have to come through Greenwich, Connecticut first. I have mentioned before that John Jay's [John Jay Homestead near Bedford, New York](#) mother was a Scott, so perhaps I am distantly related to John Jay, and therefore distantly related to Bill Clark, and therefore distantly related to the British Royal family. However, from my family history in Champaign, Illinois, I think I am related to the Winfield Scott branch of the family. The Scott family in Virginia were one of the earliest settlers with a land grant for half of the area of Virginia. Winfield Scott help start the United States Military academy at West Point, New York, and he is buried there. He was also 6 foot 4 inches tall, which for his time was tall. He also had town house in New York City across from the Forbes building just west of Fifth Avenue on 13th street, which today is the Italian Studies Institute for New York University. However, since the Scott family name was the family name of the Marquis of Queensbury, and since in England a Marquis is the highest rank of nobility after the Royal family, and there are only two Marquis in England, that because of premogeniture, possibly younger sons of the Marquis of Queensbury settled in Virginia and New York, so possibly all of those branches of the Scott family are related. Of course after 400 years in this country, they would have a lot of relatives not to mention late arrivals and those left back in the Eastern Hemisphere. CIO

Note: <888> 10/26/04 Tuesday 10:40 P.M.: I ran Ad-ware SE [Ad-Aware SE Personal - Software - Lavasoft](#) . CIO

Note: <888> 10/26/04 Tuesday 10:20 P.M.: While cooking dinner, my computer with Norton Internet Security 2004 blocked an attempt to install Back Orifice [The Back Orifice "Backdoor" Program](#) . I selected the option to block it. I then ran the Symantec Security Check [Symantec Security Check](#) , and it showed all ports and everything was in stealth mode. I now have ping in stealth mode too. I guess the Siemens router opens up the ping port. I printed out this page [Answer Optimum Online Router Problem](#) , which I might try later. I suppose without the Siemens router not connected to my system, I might actually have better security. However, since someone or program tried to install Back Orifice, it would appear that somehow someone on the internet or Optimum online network is trying to penetrate my system. CIO

Note: <888> 10/26/04 Tuesday 9:55 P.M.: I cracked three eggs, and I mixed them with a whisk in a steel bowl with a couple of tablespoons of milk, and I used my 10 inch omelet pan, and I put in a couple of tablespoons of olive oil and a couple pads of margarine, and I heated it over medium high electric burner, and I put in the egg mixture, and I reduced the heat to a small bit below medium, and I let the omelet cook until it was solid enough to turn over, and then I flipped it with a spatula, and I added on one half side two 1/4 inch sliced plum tomatoes and five 2 inch by 1 inch by 1/8th inch slices of

Kraft Monterey Jack cheese, and I folded the uncovered side over the side with the cheese and tomatoes, and I put it on plate, and I added on top eight more 1/4 inch slices of plum tomatoes and three more slices of cheese along with a thin layer of grated parmesan cheese. I ate with it two pieces of toast each spread with two slices of margarine and cut in half. I also had a glass of iced tea with it. I wiped the omelet pan with a paper towel to keep it seasoned instead of washing it. I chatted with a relative. When I got the Volvo I also got a set of four snow tires on steel rims, but they only have about 3/32nds of an inch of tread left on them, so I will not be using them. Since I can not afford to buy two complete sets of tires, I will more than likely next year when the current low profile tires wear out which are on the metal alloy wheels, I will try to get a set off all season tires for the metal alloy wheels if they are available, thus I will only have to rotate the tires from front to back instead of changing them with the seasons.

CIO

Note: <888> 10/26/04 Tuesday 8:40 P.M.: I was up at 1 P.M. this afternoon. I ate breakfast of oatmeal with a sliced banana, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I checked the mail. I cleaned up, and I went out. I went by the Arnold Bread outlet, and I bought a loaf of Arnold Stone Ground whole grain bread for \$1.35 and a 6 ounce box of Arnold regular cut seasoned croutons for .99 for \$2.34 total. I then stopped by Grass Island, and I noticed they have repaved the road with new asphalt at Grass Island, and they are putting in new top soil for landscaping the areas with grass and bushes, so they are sprucing up the area. Last summer they put in new granite curb stones along the drive. I noticed in the Volvo that the ABS light was on, and the blinkers did not work. I finally figured out, when one starts the Volvo, when one first turns it on before starting the starter motor, one has to wait for a few seconds for the ABS light to go out, and then when one starts the starter motor, all of the electronics start up properly including the blinkers and other lights and all the dashboard lights go out including the ABS light. I next drove down by the waterfront on Steamboat Road. I then went by the Greenwich Hospital Thrift Shop, and most of their merchandise is half price. I then went downtown, and I walked the entire length of Greenwich Avenue including the train station area. I stopped by the Greenwich Hardware store on the way. I stopped by CVS, and I bought a 7 ounce bag of black licorice twists for \$1.19 plus .07 tax for \$1.26. I used the bathroom at the Senior and Arts center after my walk. I noticed a Fox News New York Truck <http://www.fox5ny.com/> in front of the senior center. I next went by the Greenwich Library, and another library user gave me a "GW04" sticker that I had asked for. I put it on the tailgate rear lower driver's side window just above the Republican elephant. I then read the Greenwich Time, P.C. Magazine, and Smart Computing Magazine. I then returned home, and I drank some iced tea. When I started the primary computer, the Siemens router would not assign an IP address again for the system to go online. After fiddling with the configuration for a while to no avail, I uninstalled the Network and the onboard RealTech LAN drivers, and I shut down, and I connected the primary computer onboard RealTech LAN directly to the cable modem bypassing the Siemens router. I then booted the system, and it just installed the TCP/IP stack which is all that I need for going online, and I did not install the Microsoft Networks option. Thus the computer is running fine now, but I am not networked at the moment to the backup computers. I can not figure out what the problem is, but with

Optimum Online, recently they are slow at assigning the IP addresses even when not connected to the Siemens router, so maybe this effected the performance of the Siemens router, or perhaps Optimum is trying to discourage users from using routers and networking. It is hard to say. CIO

Note: <888> 10/26/04 Tuesday 5:35 A.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 10/26/04 Tuesday 5:15 A.M.: I finished going through my email. CIO

Note: <888> 10/26/04 Tuesday 4:50 A.M.: My Hyundai \$120 debit card is not good until I receive the PIN number sometime in a day or two, but I guess I could use it as a VISA card, if I wanted to buy any items off the internet. However, since it is the end of the month, and I am low on funds, I will wait until I get the PIN number to use it to withdraw the cash from any PLUS ATM [Visa - Global Gateway - Credit Cards and Other Payment Solutions](#) , which includes the NYCE ATM machine at Putnam Trust Bank of New York on Mason Street. CIO

Note: <888> 10/26/04 Tuesday 4:25 A.M.: I went outside, and I put the maintenance records in the Volvo. Thus the Volvo since it was new has had \$4,600.83 of maintenance done. However, other work was done on the car under warranty which was not charged, and new tires were put on the car once which have a little over a quarter of an inch of tread left. I would imagine oil changes were done under the new car warranty too. I do not know if the exhaust system was ever replaced or not. However, I feel it is a most excellent car for my needs. CIO

Note: <888> 10/26/04 Tuesday 3:55 A.M.: I sorted through the service records on the Volvo, and I organized them by date and mileage. I then printed out a log the service records with the date, mileage, what maintenance was done, and costs. It seems to me the Volvo is completely maintained and up to date in its maintenance. The Volvo service record is available at www.geocities.com/mikelscott/volvo01.htm . I put the service record and the print out of the service log in a clear Staples clamp binder, and I will now go outside now and put it behind the driver's side seat in the map pouch on the back side of the seat facing the driver's side rear seat. CIO

Note: <888> 10/26/04 Tuesday 1:15 A.M.: I rested a bit. I was up at 1 A.M.. I ate a three pieces of black licorice twists. I will now do some regular computer work. CIO

Note: <888> 10/25/04 Monday 9:40 P.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 10/25/04 Monday 9:35 P.M.: I chatted with a relative. CIO

Note: <888> 10/25/04 Monday 9:25 P.M.: [Yahoo! News - Scientists: Volcano Monitoring Funds Low](#) . I shut down the computer for an hour and a half, and it rebooted and went online with the Siemens router without any problems. While the

computer was off, I drank a glass of orange juice with vitamins and supplements. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I used a tin of sardines that I chopped. For the cheddar cheese portion, I used Kraft www.kraft.com Monterey Jack cheese. I used all of the other regular ingredients. I ate the salad with a glass of iced tea with a small bit of orange juice in it. CIO

Note: <888> 10/25/04 Monday 7:55 P.M.: I went outside briefly. I now have the Siemens router working properly. I printed out the Siemens router manual. In my TCP/IP settings for the onboard RealTek LAN, I manually entered the Siemens IP address and other information, and I rebooted. The computer would not go online, so I logged onto the Siemens setup web page, and I entered the defaults. I noticed it said that I was online. I then changed the TCP/IP settings to automatic, and the computer was able to go online. I rebooted a couple of times leaving the entire system turned off for a while, and it rebooted properly. In doing this procedure, I had the D-Link Hub with LAN disabled, so the last time I rebooted, I disconnected it from the computer, so I only have one network item enabled. Anyway for now the computer seems to be running fine with the Siemens router. CIO

Note: <888> 10/25/04 Monday 6:30 P.M.: I searched for routers with print servers, and I found this [7 Port Ethernet Broadband Router with Print Server \(DLink-DI707P\) - PriceGrabber.com - Comparison Shopping Beyond Compare and D-Link DI-707P 7-Port Broadband Router Plus Print Server](#) , but according to Dlink, it does not work with certain HP printers, and I have three HP printers. Also I will tinker some more with the Siemens router, before I order a replacement. CIO

Note: <888> 10/25/04 Monday 5:10 P.M.: I called Optimum Online tech support, and they reset my cable modem, and it work initially with the hub connected to the system, but when I rebooted it did not work. I connected the Siemens Speedstream SS2614 router with printer port, and it did not work, and it would not assign an IP address. They suggested uninstalling XP SP2, but I tried booting one of my backup computers with Windows 98, and it would not work, so it is not XP SP2. I checked the mail. I received my Hyundai rebate on the horsepower lawsuit, and they send me a www.mycount.com debit card for \$120. I called Optimum Online again, and they said it was definitely that my Siemens router definitely add a problem, and it was not assigning IP addresses. I guess I could buy or order a new router with my Hyundai debit card, but I need one with a printer port. The same model of the Siemens router on the internet is about \$70 to \$80, and I originally bought it from CompUSA with a \$50 mailin rebate, but I think the two year warranty has expired. Anyway I connected the cable modem directly to the computer onboard LAN. One can select the Run command and enter "CMD" and then enter "ipconfig" and "ipconfig /release" and "ipconfig /renew" to assign the IP addresses, which does not work when the Siemens router is connected. I guess the obvious answer is that it malfunctioned. CIO

Note: <888> 10/25/04 Monday 1:15 P.M.: I was up at 1 P.M.. I checked the mail, but it is not here. I booted the computer, but it still will not obtain an IP address and go online with the Siemens router connected. I connected the Motorola cable modem LAN cable

directly to the motherboard onboard LAN port, and it works. Of course the printer network and other backup computers will not go online. I could try using one of my other Ethernet Hubs, but I still would not have network printing. CIO

Note: <888> 10/25/04 Monday 6:10 A.M.: I will now shut down the computer. I will then go to bed shortly. CIO

Note: <888> 10/25/04 Monday 5:55 A.M.: I have the computer running off the Siemens router again. I went through a number of configurations trying to get it to work. Basically the Siemens router seems to work all right. I have it connected into the onboard LAN. I was able to fix the system by disconnecting the USB to LAN port with three USB ports device. I disconnected its power and disconnected it from its USB cable and LAN cable, and the computer seems to boot up and work just fine. I also reconfigured the Siemens router with the defaults. Thus as far as I can tell the computer is working just fine. CIO

Note: <888> 10/25/04 Monday 2:50 A.M.: I reconnected the Siemens router after turning it on and off with no cables connected to it, and it worked when I rebooted. However, when I was setting it up from its setup page, it quit working again. I restored it to its factory defaults, and I disconnected it again. I then disconnected the cable to it, and I pressed the reset button. I also did a System Restore to before I ran TCP optimizer. I will now try connecting up the Siemens router again to see if it works now. CIO

Note: <888> 10/25/04 Monday 12:35 A.M.: I called Optimum Online tech support at 1-203-348-9211, and they tested my Cable Modem, and they said the Siemens router was not assigning an IP address. I tried setting the Siemens router to its factory defaults, and it still would not work. I finally connected the Cable modem directly to the motherboard LAN, and the system went online. I can not figure out what the problem is with the Siemens router unless the TCP Optimizer program that I ran yesterday morning before shutting down somehow messed up the IP address assigning of the Siemens router. I will have to work on it. Anyway the computer is online for now. CIO

Note: <888> 10/24/04 Sunday 11:15 P.M.: I was up at 11 A.M. this morning, and I chatted with a friend. I ate breakfast of oatmeal with a sliced banana, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went back to bed until 4 P.M.. I chatted with a relative. The relative with her husband is stopping by my apartment around 10 A.M. on this Thursday morning to take up the Queen Anne chair to Kennebunkport, Maine www.geocities.com/mikelscott/137.htm . I will thus have a little extra space left in the apartment. I will see if there are any other items they want to take up. I ate a peanut butter sandwich with a glass of iced tea. I cleaned up, and I went out. When I chatted with the relative, I was told all of the service records for my Volvo are in a folder behind the driver's seat. I went out, and I went through the service records. All of the service has been done on the Volvo that I can think of. Its fuel filter was replaced at 75,000 miles, the car had a new timing belt and spark plugs and rear disk brake pads at 92,000 miles, so at 98,750 miles, the car is totally maintained. I brought up the service records, and I will make up a list of everything that has been done and at what mileage.

Also something called the Lambda which I think has something to do with emissions was replaced at 92,000 miles. The brake fluid was replaced recently too. The Volvo was Volvo dealer maintained. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area, and I sat out at various locations. During my walk, I stopped by CVS, and I bought four buy one get one free of Campbell's 18.8 ounce cans of Chunky New England clam chowder for \$2.49 for two cans for \$4.98 total. After my walk, I used the bathroom at Starbucks. I then drove by the waterfront. I next went by the Stop and Shop, and I bought a 10 ounce bag of fresh spinach for \$1.50. I then went by the Food Emporium, and I looked for a bottle of Old English dark furniture polish, but neither store had it. A neighbor had asked me to look for it. I then returned home. I drank some iced tea. I chatted with a friend. I chatted with a relative. I left a message with another relative. I took down the Saudi Arabian flag from the center hallway bookcase in my apartment, since with the colder weather, I doubt if any Saudis will be visiting, and I think they have enough money for their own place, so they do not need hospitality. I decided if any people from Florida are still up north, they might be cold, and need some alcoholic liquid refreshment, so I unlocked the padlock and chain from the liquor cabinet on the lower half of the hallway center bookcase. Although, I do not drink liquor myself, I keep it available for entertaining relatives and friends whom might stop by along with the Danish bar setup. Presently the internet is not working, so I can not post this message. I did notice a sign that the English might be around because, I saw a Twinings Tea display at the Food Emporium at the front of the store with English Breakfast tea and Earle Grey tea that said, "With Love from England." CIO

Note: <888> 10/24/04 Sunday 12:40 A.M.: I ate a 10 ounce can of CVS lightly salted cashews and three black licorice twists with some iced tea. I went to www.speedguide.net, and I used the TCP Optimizer download <http://www.speedguide.net/downloads.php> to optimize my settings including the network settings. ***Additional note to this note, I do not recommend TCP Optimizer, because after using it my Siemens router quit working, Try at your own risk.*** I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 10/23/04 Saturday 11:20 P.M.: I went through my email. CIO

Note: <888> 10/23/04 Saturday 10:00 P.M.: [BBC NEWS Health Smokers' genetic arthritis risk](#). CIO

Note: <888> 10/23/04 Saturday 9:55 P.M.: I made up a fresh batch homemade hummus www.geocities.com/mikelscott/hummus.htm. In it I also used one very large clove of elephant garlic. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm. I used a tin of sardines that I chopped instead of tuna fish. For the cheddar cheese portion, I used Kraft www.kraft.com extra sharp cheddar cheese. I used all of the other regular ingredients. I ate the salad with a glass of iced tea. I threw out the garbage. I left a message with a relative. CIO

Note: <888> 10/23/04 Saturday 7:50 P.M.: I went out after the last message. I went downtown, and I used the bathroom at the Senior and Arts center. I walked the entire

length of Greenwich Avenue, and I sat out at various locations. During my walk, I stopped by the Korean fruit and vegetable stand, and I bought five Chiquita bananas for .88. I toured CVS. I noticed at the top of Greenwich Avenue, the sidewalk construction crew have left the padlock open on the Portapotty. This could present a hazard, since if someone were using the Portapotty, someone could lock them inside of it. After my walk, I used the bathroom at senior and arts center. I then drove down by the waterfront. I chatted with a former neighbor. I then returned to the center of town, and I used the bathroom at Starbucks. Supposedly as one gets older, one has to go to the bathroom more often. Also drinking the ice tea makes one go to the bathroom more often. I next went by the Exxon gasoline station next to the Greenwich Library, and I bought \$11.70 of premium unleaded gasoline at \$2.539 a gallon for 14 miles per gallon usage. I then returned home, and I reset the Volvo dashboard computer, which one is suppose to do after one fills up the Volvo. I chatted with a neighbor. I drank some iced tea. I turned the thermostat up before I left to 75 degrees Fahrenheit, and the apartment is currently 72 degrees Fahrenheit. CIO

Note: <888> 10/23/04 Saturday 3:20 P.M.: I reheated the vermicelli and tomato sauce from last night, and I put a little grated parmesan cheese on it. I ate it all with a glass of iced tea. I will now shut down the computer, and I will clean up, and I will go out. Local temperature in Greenwich, Connecticut weather.com - Local Travel Page Greenwich, Connecticut USA . CIO

Note: <888> 10/23/04 Saturday 2:55 P.M.: I put away the laundry. CIO

Note: <888> 10/23/04 Saturday 2:15 P.M.: I went to <http://www.smokemcheapcigarettes.com/> , and I ordered three cartons of Seneca Ultra Lights 100s for \$11 a carton plus \$6 postage for \$39 total. CIO

Note: <888> 10/23/04 Saturday 2:00 P.M.: I woke up during the night, and I ate 15 Town House crackers with fifteen 3/4 inch by 1.5 inch by 3/32 inch slices of Kraft extra sharp cheddar cheese. I was up at 9 P.M. this morning. I ate breakfast of oatmeal with a sliced banana, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went outside, and I checked the mail. The AT&T 705 telephone occasionally had a problem hanging up, so I moved it from besides the French reproduction chair to beside the Queen Anne chair beneath the Orion television. I moved the big button Northwest Bell telephone with speaker phone and long headset cord next to the French reproduction chair, and they both seem to be working fine now. I programmed the memory buttons on the AT&T 705 telephone and I added the Net2Phone access numbers to the memory buttons on the Northwest Bell telephone. I chatted briefly with a friend. I picked up the mail. I have 15 minutes to go on the dry cycle on two loads of laundry. I put clean linens on the bed in the bedroom. I turned the heat up in the living room to 74 degrees Fahrenheit, so the living room will be 70 to 72 degrees Fahrenheit. I also have the Lasko box fan on the living room window shelf blowing the heat on low speed into the apartment instead of letting it flow into the false ceiling which creates a minor draft but is more energy efficient. I chatted with a relative. CIO

Note: <888> 10/23/04 Saturday 1:00 A.M.: I ate three pieces of black licorice twists. I will now shut down the computer, and I will go to bed soon. CIO

End of Scott's Notes week of 10/22/04:

Note: <888> 10/22/04 Friday 11:55 P.M.: I did some regular internet work. I will now send out my weekly notes. CIO

Note: <888> 10/22/04 Friday 11:05 P.M.: I went outside briefly. The latest Braun www.braun.com model coffee maker is this one [braun kf600 Coffee Makers - Find, Compare and Buy at BizRate](#) with this product description [Braun - Impressions Design Collection Coffee Maker in Stainless Steel](#) . I put a gallon of water in a six quart Revere pot, and I added a half teaspoon of salt and a teaspoon of olive oil, and I brought it to a boil with the lid on. I then boiled for six minutes with the lid off a 16 ounce package of Stop and Shop vermicelli, which I drained in a colander, and I put half on a dinner plate with tongs, and I put the other half in a Rubbermaid container in the refrigerator. I also used the reheat button the General Electric microwave oven to heat half of a 26 ounce jar or 13 ounces of Ragu six cheese tomato sauce, and I put the remaining half in the jar in the refrigerator. I added the tomato sauce to the noodles, and I added a thin layer of grated parmesan cheese, and I ate it all with a glass of iced tea. CIO

Note: <888> 10/22/04 Friday 9:35 P.M.: I went out after the last message. I went by the Greenwich Hospital Thrift Shop, and I bought a AT&T www.att.com #705 twelve memory button white telephone for \$3. I then went downtown, and I walked the entire length of Greenwich Avenue in a different pattern. I used the bathroom at the Senior and Arts center. I then walked lower Greenwich Avenue, and then I walked up Greenwich Avenue. I stopped by the Greenwich Hardware store, and I view the 70% off rack. I then used the ATM machine at the Greenwich Avenue branch of Putnam Trust Bank of New York. I then returned to the Greenwich Hardware store and from the 70% off rack, I bought a former display item black Braun <http://www.braun.com/> Aroma Deluxe time control #KF 580 B coffee maker with gold filter and Brita water filter [braun kf580 Coffee Makers - Find, Compare and Buy at BizRate](#) and [Braun AromaDeluxe Time Control 10 Cup Coffeemaker KF 580](#) and Braun, KF580B, Braun KF580-B AromaDeluxe 10 Cup Coffee Maker, Black - [NowOnSale.com](#) regularly \$132.99 at the Greenwich Hardware store for \$32.90 plus \$1.97 tax for \$34.87 total. I then walked down Greenwich Avenue, and I put the Braun coffee maker in my Volvo. I then used the bathroom at the Senior and Arts center. I sat out for a while. I then walked up Greenwich Avenue, and I toured CVS. I then completed my walked up Greenwich Avenue, and I sat out briefly at the top of Greenwich Avenue, and I returned down Greenwich Avenue to my car, and I sat out briefly. I then drove down by the waterfront and some of the regular fishermen were there. They never seem happy to see me, although I go down there most every day. I then went by the Greenwich Library, and I read the Greenwich Time. I chatted with one of regular library users like I always do with some of the regular library users. I then returned home. I took the Krups coffee maker and espresso machine off the left side of the kitchen entrance bookcase, and I put it on the lower left part of my bedroom closet. I moved my dress shoes from the bedroom closet to both living room closets. I also took

the Royal coffee maker from my left back kitchen counter, and I also put it on the lower left side of the bedroom closet. I put the new Braun KF 580 B coffee maker on the left top of the kitchen entrance bookcase. I installed the Brita water filter in it, and I put the water filter space filler next to the machine to have handy if I ever do not use the water filter. The water filter is suppose last two months with regular use, so it will last me longer, since I normally do not brew a full pot of coffee. I set the time on the Braun coffee maker, and I set it to turn off automatically after an hour. I left the gold filter in the basket. I put beneath it a new box of 100 count of #4 Melita brown coffee filters and a open box of the same with a few left in it. One has to run a cycle of water through it to clean the machine and filter, which I will do later. I put the ATT 705 telephone by the French reproduction sitting chair, and I will program its memory buttons at a future time. I used a telephone line two way splitter, and I added to the connector cord beneath the maple side table, the General Electric big button phone, which I placed on the mahogany side table at the apartment entrance. I drank some iced tea. CIO

Note: <888> 10/22/04 Friday 2:40 P.M.: I woke up during the night, and I ate the remaining four ounces of lightly salted cashews. I was up at 10 A.M. this morning. I ate breakfast of oatmeal with a sliced banana, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went outside, and I picked up my mail. I chatted with an associate. I did my house cleaning and watering the plants. I threw out the garbage. I will now eat a peanut butter sandwich with a glass of iced tea. I will then clean up, and I will go out. I noticed when I went to the Splash car wash across the street on West Putnam Avenue next to the Mobil gasoline station a couple days ago before waxing my car, that I paid \$7.50 for the Express car wash, but there is a sign in front that from 6 P.M. to 8 P.M., the Express car wash is \$5 which includes a free vacuum. Thus I guess, since it costs \$5 for the Express car wash in Old Greenwich at the Mobil Express car wash all the time, but since it costs money to drive over there, I will probably be getting my Volvo washed nearby after 6 P.M. at night as long as it continues to be \$5. It obviously costs money to drive all the way over to Old Greenwich. Of course on some nice days, I do go out to Tod's Point in Old Greenwich to enjoy the view of Long Island sound, and the occasional walk around the point, which is quite enjoyable during the fall, when it is not too windy. CIO

Note: <888> 10/21/04 Thursday 11:25 P.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 10/21/04 Thursday 11:00 P.M.: The Optimum Online mail server is not working, so I can not check my email. I ate about 6 ounces of a 10 ounce can of lightly salted cashews with some iced tea. CIO

Note: <888> 10/21/04 Thursday 10:05 P.M.: I chatted with a relative. I left a message with an associate. I ate three black licorice twists. CIO

Note: <888> 10/21/04 Thursday 8:50 P.M.: I woke up last night, and I ate a few black licorice twists. I was up at 8 A.M. this morning. I ate breakfast of oatmeal with a sliced banana, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I

watched the first half of the original Tarzan movie, and then I fell back to sleep until 1 A.M.. I ate a few licorice twists. I cleaned up, and I went out. I went by Putnam Trust Bank of New York on Mason Street. I went by the Greenwich Hospital Thrift Shop. I made my 3 P.M. appointment. I went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I stopped by CVS, and I bought a 10 ounce can of CVS lightly salted cashews for \$2.99. After my walk, I used the bathroom at the senior and the arts center. I drove down by the waterfront. I then went by the Greenwich Library, and I read the Greenwich Time. I next returned home. I received from via Fedex from www.shoplet.com the Plantronics M10 AC adaptor. I took the batteries out of the Plantronics M10 transformer, since I think having them in might keep it from working on AC power, and then I plugged the AC adaptor into the power strip to the left of my primary computer control panel, and I plugged it into the Plantronics M10 transformer, so it has a steady power supply all the time when turned on. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm. I use a tin of sardines that I chopped instead of tuna fish. For the cheddar cheese portion, I used Kraft extra sharp cheddar cheese. I used all of the other regular ingredients. I ate the salad with a glass of iced tea. CIO

Note: <888> 10/21/04 Thursday 12:45 A.M.: I went through my email. I will now shut down the computer, and I will go to bed soon. I have a 3 P.M. appointment today. CIO

Note: <888> 10/21/04 Thursday 12:20 A.M.: I ate three pieces of black licorice twists and two 2 inch by 1 inch by .25 inch pieces of Kraft Monterey Jack cheese. CIO

Note: <888> 10/20/04 Wednesday 11:30 P.M.: I went outside again, and I put a new Ocean Breeze Christmas Tree scent card in the Volvo hanging from the left rear driver's side window hook. I made up a sign saying "Please Do Not Remove Air Conditioner" and I put it on my outside apartment door, so when the maintenance personnel come tomorrow to remove the air conditioners, they will not try to take my air conditioner out. The building custodian already knows, but I put the sign there in case he is not around when they show up. CIO

Note: <888> 10/20/04 Wednesday 10:55 P.M.: I went outside briefly, and I threw out some garbage, and I chatted with a neighbor. I checked my car to make sure that I locked it. When I chatted with a relative earlier, they told me that if one takes an antistatic Cling Free type cloth and soaks it in vinegar and put it with clothes that smell of cigarette smoke in the dryer for 10 minutes, it will remove the cigarette smoke. I am not sure if one uses heat in the dryer cycle or not. I was also told to remove cigarette smoke from a room, one can put out a bowl of vinegar. Since I only smoke in my apartment next to the kitchen fan, my apartment does not smell too much of smoke, but I did put out a bowl of Heinz white vinegar on the living room window shelf along with the bowl of Lysol to eliminate smells. I suppose since I smoke cigarettes and eat food with garlic and since I walk a lot getting smelly shoes that I personally might smell a bit, but since I have lived in Italy and visited countries like France, Spain, and Greece where they use garlic and smoke tobacco, I am not alone in having some body smells in this area. I also filled my Zippo Greenwich Country Club and Zippo United States Marine Corps lighters with

some of the Ronsonol lighter fluid. It one uses a Zippo lighter, it is a smart idea to also keep a couple of spare flints in the bottom of the lighter where one fills it to have available should the flint one out. CIO

Note: <888> 10/20/04 Wednesday 10:25 P.M.: I went out after the last message. I went downtown, and I chatted with a local. I then walked the entire length of Greenwich Avenue including the train station area, and I sat out at various locations. I used the bathroom at the Senior and Arts center before and after the walk. During the walk, I stopped by CVS, and I bought a 8 ounce container of Ronsonol lighter fluid for \$2.77, two 7 ounce packages of black licorice twists for \$1.19 each, two 1.5 liter bottles of CVS yellow mouthwash for \$4.39 each, and a 6.4 ounce tube of Crest baking soda and peroxide whitening fresh mint tooth paste for \$1.77 with a .85 ounce bonus tube of Crest Whitening Expressions toothpaste plus .94 tax for \$16.64 total. After my walk, I drove down by the waterfront. I went by the Greenwich Library, but I had a hard time reading the Greenwich Time, since I brought my sun glasses instead of my reading glasses. I then went by the Stop and Shop, and I bought two half gallons of Tropicana light and healthy premium orange juice for \$2 each, a 16 ounce bag of baby carrots for \$1.50, broccoli crowns at \$1.79 a pound for \$1.72, a 10 ounce box of fresh mushrooms for \$2.29, and a quart of plum tomatoes for \$3.69 for \$11.79 total. I then returned home, and I chatted with a neighbor. I put away my purchases. I chatted with a relative. I drank some iced tea. CIO

Note: <888> 10/20/04 Wednesday 5:10 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I did not use tomatoes or broccoli. For the cheddar cheese portion, I used Kraft Monterey Jack cheese. I used all of the other regular ingredients. I ate the salad with a glass of iced tea. I will now shut down the computer, and I will clean up. I will then go to downtown Greenwich for my usual routines. CIO

Note: <888> 10/20/04 Wednesday 4:05 P.M.: I went back out, and I used paper towels and 70% Ethyl rubbing alcohol to remove a bit more of the residual wax from the plastic bumper parts and trim plastic parts. There is still a small bit of haze on them, but most of it is gone. CIO

Note: <888> 10/20/04 Wednesday 3:30 P.M.: I went out after the last message. I went to the Splash car wash across the street on West Putnam Avenue, and I had the Express wash done on my Volvo for \$7.50 and a dollar tip for \$8.50 total. I then returned back to my building parking lot, and I used the Mothers www.mothers.com Premium HotWheels car wax to wax the Volvo. I use a small hand terry cloth towel, and I applied the wax to one section of the car at a time about three square feet or whatever the section was. I then would apply the wax to the next section, and I would buff with a large terry cloth towel the previous section. I was done by 1 P.M.. I then threw out the hand towel that I applied the wax with, and the gold buffing towel, I put underneath the lower rear compartment of the Volvo. I left a light blue towel in the upper rear area to use to dry the Volvo after car washes. I then came upstairs, and I use Ronson lighter fluid and liquid soap to remove the wax from my hands. I then took the Ronson lighter fluid and glass cleaner and paper towels outside, and I use a paper towel and Ronson lighter fluid to

remove the wax from the plastic molding edges and plastic bumper areas where it overlapped, and most of it came off and is not visible. I then used the glass cleaner and paper towels, and I cleaned the windows on the inside and the outside. I use glass cleaner and paper towels to clean the metal alloy wheels. I took off the "Support Our Troops" magnetic ribbon sticker before the car wash, and I put it on the dash board. One is suppose to wait two days after waxing for the wax to cure before applying the magnetic ribbon sticker again. The Volvo looks just great. I used about 2/3rds of a container of the Mothers wax, and I put the remaining container and the other new container on the floor of the sweater closet in the hallway with the other car care items. I refilled the Glade plug-in refill in the kitchen with a 60% mixture of English Leather cologne and 40% 91% isopropyl alcohol, and I left about a half inch from the top for air to get in. I use a screw driver to pry off the lid, and I use miniature perfume funnels like they sell in the cooking section of the Greenwich Hardware store to fill the Glade Plug-in refill. I cut off the part of the miniature funnel, so it fills faster. One could also use a similar type funnel with the tip cut off for refilling the miniature two ounce liquor bottles that people frequently carry to BYO "Bring Your Own" parties. I left a message with a relative. CIO

Note: <888> 10/20/04 Wednesday 11:40 A.M.: I was up at 8 A.M.. I had breakfast of oatmeal with a sliced banana, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went outside briefly, and I put the Greenwich Country Day alumni sticker on the right lower rear of my Volvo rear window. I went back to bed until 11 A.M.. I went out, and I picked up the mail. It looks like it is clear, so I will go across the street and have the car washed, and I will then wax it. CIO

Note: <888> 10/19/04 Tuesday 8:10 P.M.: I reheated the other half of a 16 ounce box cooked vermicelli and the other half of a 26 ounce jar of Master Choice marinara sauce, and I put a thin layer of grated parmesan cheese on it. I ate it all with a glass of iced tea. I will now shut down the computer, and I will go to bed. CIO

Note: <888> 10/19/04 Tuesday 7:15 P.M.: The mail came about 7 P.M.. It is taking longer to deliver because our regular mail person seems to be away elsewhere. CIO

Note: <888> 10/19/04 Tuesday 6:35 P.M.: I went through my email. CIO

Note: <888> 10/19/04 Tuesday 6:25 P.M.: I checked the mail, and it still has not arrived. I chatted with a relative. I am going through my email. CIO

Note: <888> 10/19/04 Tuesday 5:45 P.M.: I am going through my email. I looked at the www.llbean.com web site to see about any winter items that I might need such as winter socks [L.L.Bean: Socks](#) , and I looked at Amazon.com : [Apparel / Departments / Shoes / Men's Shoes / Boots](#) , but we are not really in that much of a polar region, and I have gotten by with what I already have in past winters. I have a pair of Alpine boots with a faulty side zipper, but they still work. I guess I can always poke around this area looking for boots too. CIO

Note: <888> 10/19/04 Tuesday 5:15 P.M.: Forbes.com: [Volvo Voltage](#) . CIO

Note: <888> 10/19/04 Tuesday 5:10 P.M.: I am just doing some regular computer work. I checked the mail, and I was told, it is not suppose to arrive until about 7 P.M.. I guess it is late today. I ran Ad-aware SE and Norton Update. I will now continue regular computer work. CIO

Note: <888> 10/19/04 Tuesday 3:45 P.M.: www.w3.org [King of Spain photo Yahoo! News - World Photos - AP](#) and [Yahoo! News - Chirac: Europe Can Do More in Science Race and Chronologie CERN/W.Pauli](#) and [Welcome to CERN](#) . I suppose they are still spending money supercollider physics. CIO

Note: <888> 10/19/04 Tuesday 3:40 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I used a tin of sardines that I chopped. For the cheddar cheese portion, I used Kraft Monterey Jack cheese. I did not use broccoli. I used all of the other regular ingredients. I ate the salad with a glass of iced tea. I threw out some garbage. The mail still has not arrived. CIO

Note: <888> 10/19/04 Tuesday 1:50 P.M.: Once when I was wandering around Nantucket back in 1976, I got a tired spell, and I decided to take a nap in one of the local grave yards before returning back to town. I found a comfortable spot, and I took my nap. As I recall, it was beneath a monument with the family name Folger in a cemetery where there were not a lot of headstones because it was a Quaker cemetery. I later learned that particularly monument marked Benjamin Franklin's mother's grave, and during a following summer around 1977 or 1978, I read in the Nantucket Inquirer Mirror that it had been hit twice by lightning. Maybe the spirit of Benjamin Franklin's mother is why I got better at electricity and other electrical components. Also during the summers of 1977 and 1978, I also worked as dish washer and pot scrubber at the Gordon Folger Hotel. It does not show up on my social security records, since I was trying to be incognito, so I gave them the wrong social security number. I recall being in the staff photo during one of those summers. Once when I was cleaning up the Gordon Folger hotel kitchen, they told me to do an extra good cleaning job on the floor, so in the mop bucket in the hot water, I put in a gallon of bleach and two quarts of ammonia which I should not have done, because that created a large amount of ammonia chloride gas, and they had to clear out the entire dining room and kitchen, and there was a special party of guests at dinner that night, but since I worked so hard, I held on to my job. I guess the Folders later went into the coffee business. CIO

Note: <888> 10/19/04 Tuesday 1:20 P.M.: I chatted with a friend at 6:45 A.M. this morning. I ate breakfast of oatmeal with eight small sliced strawberries, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I ate a few black licorice twists. I went back to bed, and I woke up at 12:30 P.M.. I ate a few black licorice twists. Anyone whom eats black licorice twists should know that licorice is a natural laxative, so if one eats black licorice twists, one tends to be regular. I threw out some garbage, and I checked the mail, but it has not arrived yet. CIO

Note: <888> 10/18/04 Monday 11:55 P.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 10/18/04 Monday 11:45 P.M.: I microwaved and ate a 11.5 ounce Kraft Pasta anytime Alfredo dinner, which I ate with a glass of iced tea. I ate three pieces of black twisted licorice. CIO

Note: <888> 10/18/04 Monday 10:50 P.M.: I went out after the last message, but first I ate a peanut butter sandwich with a glass of iced tea. I went by the Arnold Bread outlet, and I bought a loaf of Arnold Oat bread for \$1.45. I then went by Putnam Trust Bank of New York on Mason Street. I then went by the Greenwich Hospital Thrift Shop, and I bought a box of 10 Smead #BE1299 #83052 blue clamp binders for \$3 all. I then made my 4 P.M. appointment. I next went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. During my walk, I stopped by the Greenwich Hardware store, and from the 70% off rack, I bought two 16 ounce bottle packages of Mothers www.mothers.com HotWheels Premium Wax for \$3.90 each box plus .47 tax for \$8.27 total. Each package came with a little Mothers HotWheels auto toy. I completed my walk. I drove down by the waterfront. I stopped by the Greenwich Library, and I read the Greenwich Time. The liberals at the Greenwich Library keep giving me the Third Degree whenever I chat with them which is considered against the rules of library conduct, so I just give them the standard public relations replies. Since I have read more than them in more accurate libraries versus public relations type libraries, I obviously do not have the time to explain in detail what takes a more formal education to learn over a longer period of time. I next returned home. I ate two black licorice sticks. I spent about an hour looking for an accounting error in my Microsoft Money 2002 program, but I found the error, except for \$2.43 which I put on other expenses. I suppose if I am rested, and we get a warmer day, I might have the car washed at the Splash car wash on West Putnam Avenue across the street from me for \$5, and I could try to wax the Volvo, so it is protected from the elements for the winter. I will put the two little car toys on the right hallway bookcase shelf with the little Model T auto toy. CIO

Note: <888> 10/18/04 Monday 2:10 P.M.: I went out, and I picked up my mail. I had three letters for a neighbor in my mail box, which I left outside the neighbors door. I will now shut down the computer, and I will go out. I have a 4 P.M. appointment. CIO

Note: <888> 10/18/04 Monday 1:45 P.M.: The Andrea Electronics microphone and ear piece should work off the Creative Live MP3+ sound card, but I have it plugged into the microphone jack with a Y splitter, and the signal is not strong enough. However, on the Y splitter, I also have the input into the microphone jack from the Stereo system, which should work, but I never use it. I will leave it as is with the Platronics DSP500 headset enabled. CIO

Note: <888> 10/18/04 Monday 1:30 P.M.: I downloaded and installed Bazooka <http://www.kephyr.com/spywarescanner/index.html> , it showed me how to take BDE off the computer. DHL <http://www.dhl-usa.com/home/home.asp> delivered to me some Microsoft Open Licensing information, which I will have to study more closely later. I

took the front lower doors off the Microwave cart holding my printers, and I put the two doors the right side of the cart, and I used duct tape and scotch tape to tape the door hardware and screws to the inside upper right of the lower section of the cart. I put my spare printer paper on the lower shelf. I moved the four inch stack of old paper print outs to the middle shelf to the right of HP LaserJet 6P printer. I put the Panasonic headphones which work off the Creative Live MP3+ sound card when it is enabled on the left side of the living room desk. CIO

Note: <888> 10/18/04 Monday 12:20 P.M.: I went through my email. I ate three black licorice twists. CIO

Note: <888> 10/18/04 Monday 11:40 A.M.: I was up at 8 A.M. this morning. I showered and cleaned up, and I did not eat. I went over to the Greenwich Hospital laboratory, and I had my blood drawn for the follow up on my Lipitor monitoring. I chatted with a person from www.xerox.com delivering to the hospital one of those \$2,750 fax laser machines. I was told it is all modular for servicing. I then returned home. I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I used the lens cleaner and lens paper, and I cleaned my reading glasses and sun glasses, and I also cleaned my primary and backup computer monitor screens. For the computer monitor screens, I used the lens cleaner that I bought at the Greenwich Hardware store and the special monitor cleaning sponge. I will now do some regular computer work. CIO

Note: <888> 10/17/04 Sunday 8:50 P.M.: I ate a ten ounce can of lightly salted cashew nuts with some iced tea. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 10/17/04 Sunday 8:05 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . For the cheddar cheese portion, I used Stop and Shop Swiss cheese. I used all of the other regular ingredients. I ate the salad with a glass of iced tea. I watched a bit of television, and I relaxed. I ate three pieces of black licorice twists. CIO

Note: <888> 10/17/04 Sunday 5:35 P.M.: I was up at 8 P.M. this morning. I had breakfast of oatmeal with seven sliced strawberries, and I also put cinnamon and milk with my oatmeal, two slices of toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I chatted with a relative. I cleaned up, and I went out. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I stopped by the Greenwich Hardware store, and I took some time to tour the whole store, so I will know where everything is, when I need certain items locally, which is usually the case. They did not have the 3M Command hook replacement strips. From the downstairs front display case, I bought a 2 ounce bottle of Lenz-Clean Lens Cleaner for \$2.75 total. It is good for both eye glasses and computer screens, and I put it to the left side of the backup Dell computer Compaq monitor next to my computer screen sponge cleaner. I next stopped by CVS, and I bought a 10 ounce can of lightly salted cashews for \$2.99 and a 7 ounce bag of black

licorice twists for \$1.19 plus .07 tax for \$4.25 total. I got \$2.50 of CVS extra bucks, so I bought another 10 ounce can of lightly salted cashews for .49 with the \$2.50 CVS extra bucks. I completed my walk, and I used the bathroom at Starbucks. I next drove down by the waterfront. I gave another library user a ride to the Greenwich Library, where I read the Greenwich Time. I then stopped by the Stop and Shop, and I bought a 10 ounce box of fresh mushrooms for \$2.29 and a half gallon of Tropicana light healthy orange juice for \$2 for \$3.72 total. I gave .50 to the Knights of Columbus fund raiser for retarded citizens at the Stop and Shop entrance, as I exited the store. I then returned home. CIO

Note: <888> 10/17/04 Sunday 12:50 A.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 10/17/04 Sunday 12:15 A.M.: I reconnected the HP LaserJet 4L cable to the printer port box. I have the HP LaserJet 4L printer sitting on top of the HP LaserJet IID printer. I actually do not use the HP LaserJet 4L and the HP LaserJet 6P printers, but I keep them for backup. I use the HP LaserJet IID printer for printing out my notes every four months in Times Roman Postscript font, since they usually are about 300 pages, and it is a heavy duty printer, and fast in Postscript mode. I put a new \$95 toner cartridge in it, when I got it a few years ago, and it probably still has 60% remaining on the cartridge. It has a counter, but I never bothered checking the counter, when I put in the new cartridge. Thus I have all four laser printers hooked up to my system along with the EpsonStylus color 880 printer. All the printers except the Minolta laser printer are connected to the port box, so they are all on the Siemens printer port off the Siemens router. Thus I can print to them from any of seven computers online in the apartment. CIO

Note: <888> 10/16/04 Saturday 11:15 P.M.: I took the eight volumes of the after World War I veterans books along with the two others of the 10 volume collection of "Progress of Nations", and I put them in the bathroom bookcase. I put five rolls of Scott toilet paper in front of them. I put the small Audubon bird watchers book and a few other pamphlets on the lowest shelf of the left hallway bookcase. I put the two 3M hook packages with their spare adhesive tapes on top of the printer switch box to the right side of the primary computer on the wall on the wicker rack. I will have to check at the Greenwich Hardware store to see if they sell packages of the 3M hook adhesive tapes. I got the 3M Command hooks, since one is able to remove the adhesive strips and hooks from the surfaces that one attaches them to, and in case I have to move my monitors around. CIO

Note: <888> 10/16/04 Saturday 10:20 P.M.: I went outside briefly. Since the microwave cart has higher edges, I had to balance the printers that overlap, so I put the thin book on Lake Superior underneath the Epson printer to balance it, and I put the thin Time Life book on Russia and a Duck decoy placemat and two America's cup place mats to balance the printer stand holding the Minolta printer. On the small mahogany table with inlaid leather top which is actually a tea table, I put the two stacks of six coasters each stack that I bought last week and two Christmas tree coasters on the back side, and

in the front middle of the table, I put one of those solid gold dinner plates that people are always stealing from the Vanderbilt's dinner parties that I bought for a dollar at the Greenwich Hospital Thrift shop. Of course being in the Connecticut the Brass state, it might actually be brass or brass plated, but we like to pretend its sold gold. If one knew anything about Gold, one would know a solid Gold dinner plate would weigh a lot more, so obviously it is not gold. I chatted with a relative. I put the tea in the refrigerator to become iced tea. CIO

Note: <888> 10/16/04 Saturday 8:40 P.M.: In the area to right of my primary computer, where I had the small dark oak table and the small mahogany table with inlaid leather top, I took the printers off of them, and cleared the stored paper from underneath them, and I removed the two tables. I then put the maple and white microwave cart in that location to the right of my primary computer. I left the cabinet area of the cart empty, since there is not room enough to open the doors. I put the HP LaserJet 6P laser printer on the lower middle shelf to the left. I stored my new paper to the right of that. On the top shelf to the left, I put the EpsonStylus Color 880 printer and on the top shelf to the right, I put a printer stand with Minolta QMS PagePro 1250W printer on top of the printer stand. My recently printed papers are inside the printer stand. In the space to the right of that on the desk to the left of Compaq monitor for the Dell backup computer on the desk, I put a four inch stack of older print out papers. The small dark oak table, I put to the left as one enters the kitchen with the wooden bread box on top of it, and other food items stored on top and underneath it. In front of the Danish bar, I put the small mahogany table with inlaid leather top, and it is the same level of the lower end table that makes up the Danish bar. Thus it is a small table with room for putting beverage glasses or other items, that I will leave clear of items on top. Thus the sitting area in the living room area is still a bit more spacious by my standards, but one can not walk around the far end of the blue sofa, and one has to exit the living room sitting area from the way one enters. CIO

Note: <888> 10/16/04 Saturday 7:15 P.M.: I threw out the garbage. Somebody or persons unknown had thrown out a pine or light maple microwave cart with white tile top, middle white Formica shelf and lower cabinet with doors. I brought it up to my apartment and dried it off, and I put it in front of the Danish bar. It is 33 inches high, 18 inches deep, and 25.75 inches wide, and it is on small coaster wheels. I moved the brass and glass coffee table 12 inches away from the cart, so the doors have room to open on the cart. I will not put anything on it, and I will leave it available for an open buffet cart or serving cart, if one wanted to use it for making beverages in front of the Danish bar. Of course to get the items out of the Danish bar, one would have to move the cart out a bit. Since it was free, it was just the effort of moving it, and it does not clutter up the apartment, and it fits in just fine. However, next spring when relatives come through or a friend drives me up to Maine, the Queen Anne chair is going back up to Maine, so I will then put the microwave or serving cart in the location of the Queen Anne chair, where it will fit in just fine. CIO

Note: <888> 10/16/04 Saturday 6:20 P.M.: I boiled a gallon of water in a six quart Revere pot, and I added a tablespoon of olive oil and a half of teaspoon of salt. I then

boiled a 16 ounce package of Stop and Shop vermicelli for six minutes. At the same time I reheated in the microwave a half of a 26 ounce jar of Master Choice marinara sauce in a microwave proof plastic pot with lid, and I put half of the vermicelli on a plate with the marinara sauce, and I refrigerated the jar with the other half of the marinara sauce, and I put the remaining vermicelli in a Rubbermaid container in the refrigerator. I covered the vermicelli and marinara sauce with a thin layer of grated parmesan cheese, and I ate it all for dinner with a glass of iced tea. I hung the Plantronics DSP500 headset on the right jumbo 3M hook, so it is more handily stored, but if one uses the Visioneer 4400 scanner on top of the CPU and has to open the lid, one will first have to move the Plantronics DSP500 headset. I am now making up a fresh batch of www.geocities.com/mikelscott/icetea.htm . I will now throw out some garbage. CIO

Note: <888> 10/16/04 Saturday 4:45 P.M.: I went out after the last message. I went by the Exxon gasoline station next to the Greenwich Library, and I bought \$12.75 of premium unleaded gasoline at \$2.539 a gallon for about 15.2 miles per gallon usage around town. I next went by Putnam Trust Bank of New York on Mason Street. I then went by the Greenwich Hospital Thrift Shop, and I bought a box of 11 seltzer cartridges made in Hungary for .50. I then went downtown, and I chatted with a local. I walked the entire length of Greenwich Avenue including the train station area, and I sat out at various locations. I stopped by the Korean vegetable and fruit market, and I bought four Dole bananas for .80 all. I stopped by CVS during my walk, and I bought a hand painted tea pot of a French Chef for 75% off for \$2.49 plus .15 for \$2.64 total. Also on my walked, I used the bathroom at the senior and arts center twice. I also stopped by the Greenwich Hardware store, and I bought a 3M Jumbo Command adhesive hook for \$4.99 plus .30 tax for \$5.29 total. Then upstairs at the Greenwich Hardware store, I bought a red, white, and blue "Support Our Troops" magnetic ribbon for \$2 plus .12 tax for \$2.12 total. When I completed my walk, I put it on the passenger side rear of my Volvo. I next drove down by the waterfront. I then started to go for a drive in back country, and I drove up Old Church Road, but by the time I got to North Street, I remembered how expensive gasoline is, so I cut across Parsonage Road, and I drove by the Nathaniel Whitherall retirement home, and I drove down Husted Lane, and I drove by my family's old house on Cornelia Drive which has been torn down to build a new house under construction. I then drove west on North Maple, and back south on Lake Avenue, and then north on Glenville Road to Valley Drive and back to West Putnam Avenue to my apartment, so I used about 12 miles of driving from the time that I filled up the car. I then put the large 3M hook on the right side of my right computer monitor, and after it sets for an hour, I will hang the Plantronics DSP500 headset for the computer from the right side of the right monitor. I put the French chef teapot on the second shelf up from the floor of the right hallway bookcase. I move the core sample from that location to the bottom shelf of the left bookcase in the hallway. I put the Seltzer cartridges with the other ones on the rack to the right as one enters the bedroom. I chatted with a relative. CIO

Note: <888> 10/16/04 Saturday 9:35 A.M.: I put about 3 teaspoons of olive oil and three pads of margarine in my 10 inch omelet pan, and I heated it over medium high electric heat. I sliced eight 1.25 inch by 2 inch by 1/8 th inch slices of Stop and Shop Swiss

cheese. I cracked three extra large eggs in a metal bowl, and I added about 1/8th of a cup of 2% low fat milk, and I whisked it all together with a metal whisk. Once the olive oil was heated in the omelet pan, I added the egg mixture to the omelet pan, and I lower the heat to a little lower than medium. I let it cook, until it began to harden on top. I then flipped the omelet with a spatula, and I covered one half of it with the five slices of the cheese. I then folded the bare half over the covered half, and put it on a warm dinner plate. I put the remaining three slices of cheese on it and covered it with a medium to light covering grated parmesan cheese. While cooking the omelet, I also toasted two slices of bread, and I spread two pads of margarine on each and spread it, and I cut the toast in half. I had it all for dinner with a glass of iced tea. I don't wash my omelet pan, but I just wipe it dry with a paper towel, so it does not stick in the future, and it gradually conditions the omelet pan. I will now shut down the computer, and I will clean up, and I will go out. CIO

Note: <888> 10/16/04 Saturday 8:45 A.M.: Fix up that old sofa like I did [Buy the Sure Fit Soft Twill Solid Slipcover from SmartBargains.com](#) or <http://www.surefit.net/> . CIO

Note: <888> 10/16/04 Saturday 8:20 A.M.: Another discount web site <http://www.smartbargains.com/> . CIO

End of Scott's Notes week of 10/16/04:

Note: <888> 10/16/04 Saturday 7:40 A.M.: After the last message, I ate a 5 ounce tin of Armour Vienna franks with a couple of teaspoons of Bournier whole grain Dijon style mustard. I then went to bed. About 9:30 P.M., I chatted with a relative in Vero Beach, Florida http://www.tcpalm.com/tcp/press_journal , and I was told lots of houses have blue tarps on their roofs from hurricane damage. I was also told that they are giving lots of hurricane relief money to Miami, Florida which did not have any hurricane damage. I then slept until 2:30 A.M.. I had breakfast of oatmeal with five sliced strawberries, two pieces of toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went back to bed until 7 A.M.. I went outside, and I threw out some garbage, and I chatted with some neighbors. I will now send out my weekly notes. CIO

Note: <888> 10/15/04 Friday 2:10 P.M.: I picked up the mail. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 10/15/04 Friday 1:25 P.M.: I checked outside, and the mail person is just beginning to distribute the mail. CIO

Note: <888> 10/15/04 Friday 1:10 P.M.: I watched some television. I ate about three pretzel rods and three 1 inch by 1.75 inch by .25 inch slices of Swiss cheese. CIO

Note: <888> 10/15/04 Friday 12:05 P.M.: I went through my email. CIO

Note: <888> 10/15/04 Friday 10:55 A.M.: I am now studying <http://www.amongprices.com/> . CIO

Note: <888> 10/15/04 Friday 10:50 A.M.: I looked at www.overstock.com , and they are still a bit pricey for me, but with today's increased prices, they might have some bargains. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I use a tin of sardines that I chopped instead of tuna fish. For the cheddar cheese portion, I used Stop and Shop Swiss cheese. I used all of the other regular ingredients except mushrooms. I ate the salad with a glass of iced tea. I threw out the package of week old Portobello mushrooms, since they looked a bit old. CIO

Note: <888> 10/15/04 Friday 9:05 A.M.: I finished house cleaning and watering the plants. I threw out the garbage. CIO

Note: <888> 10/15/04 Friday 5:50 A.M.: I was up at 3:30 A.M.. I had breakfast of oatmeal, two pieces of toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I checked the General Electric big button phone with the Plantronics headset attached to it, and the speed dial buttons on the General Electric big button phone did not preserve the numbers that I had programmed into them. I checked, and the Plantronics headset also works at setting 5 on my AT&T www.att.com #6402U01A telephone made in Hong Kong. The AT&T is probably my best corded telephone. I attached the AT&T telephone to the Plantronics headset to the left side of my primary computer on the dining room table. I made up a label with the speed dial memory 12 telephone preset names, and I scotched taped it onto the AT&T telephone. I then programmed it with 12 telephone numbers, and it all works just fine. I moved the General Electric big button telephone on to the mahogany bureau in the living room next to the French reproduction sitting chair with the white throw. I put the 3 volt #2032 disk battery back in it that I had taken out yesterday, and I put the new #2032 battery back in its packaging. Thus the General Electric telephone does not have preset dialing buttons stored in memory, since its memory does not work, although the General Electric telephone does work for chatting. I cleaned the Northwest Bell telephone next to the Queen Anne chair beneath the Orion television. I will now do my house cleaning and watering the plants. CIO

Note: <888> 10/14/04 Thursday 8:25 P.M.: I microwaved a 10 ounce can of Campbell's New England clam chowder, which I ate with a glass of iced tea. I chatted with a friend. The friend caught a 42 inch 32 pound striped bass, so they must be running about now. I will now shut down the computer, and I will go to bed. CIO

Note: <888> 10/14/04 Thursday 7:20 P.M.: I chatted with the relative that returned to Florida, and the relative is doing fine, but tired. Obviously, there is a bit of work to done down there. CIO

Note: <888> 10/14/04 Thursday 6:25 P.M.: I went out after the last message. I went by the Greenwich Hospital Thrift Shop, and I bought a cigarette lighter to cigarette lighter jump start system for automobiles for \$2. I put it on the package shelf behind the rear seat in the Volvo. I moved the emergency glass breaking hammer to in between the front seats in the arm rest compartment. I then went by the Merry Go Round Mews thrift shop, and I bought a 28.75 inch by about 18.75 inch size with frame mirror with a lengthwise octagonal shape with an imitation dark oak finish on the frame for \$10. I then went to

my 3 P.M. appointment. I next went by the Greenwich Hardware store, and I bought a package of two 50 pound OOK hooks for \$2.99, a package of three 30 pound OOK hooks for \$2.99, and a 3M Command large plastic hook with adhesive strips which can be removed for \$3.29 plus .56 sales tax for \$9.83 total. I then drove down by the waterfront. I next returned home. I brought up the mirror, and I cleaned it off. I hung it on the wall above the toilet, and it looks just fine. I took down the NASA shuttle picture from the hallway side of the bathroom door, and I put it behind my bed head board. On the hallway side of the bathroom door, I put a 50 pound OOK hook, and I hung the mirror that I replaced above the toilet on the lower half of the door beneath the other mirror, so with a five inch gap between mirrors, one gets a full length mirror perspective when the door is closed. I then put the 3M plastic hook on the top left side of the left computer monitor, so I can hang my Plantronics telephone headset off of it, but first it has to set for an hour, and it is now ready, so I hung the headset on it. The package and the spare adhesive strip is in my center desk drawer. I chatted a relative, and my other relative arrived safely in Florida. The memory speed dial buttons on the General Electric big button phone were not working properly, so I replaced the lithium 3 volt #2032 battery with a new Duracell one, so hopefully they will now work, which they do after a half hour of inactivity on the phone. CIO

Note: <888> 10/14/04 Thursday 12:45 P.M.: I cleaned the cordless phones. I showered and cleaned up. Google Desktop Search finished indexing the desktop. I will now shut down the computer, and I will go out. CIO

Note: <888> 10/14/04 Thursday 11:55 A.M.: I will now shower and clean up. I will go out and do some errands before my 3 P.M. appointment. I will leave the computer running, so the Google Desktop Search can finish indexing my computer. I will turn off the monitor. CIO

Note: <888> 10/14/04 Thursday 11:45 A.M.: I installed Google Desktop Search <http://desktop.google.com/> . CIO

Note: <888> 10/14/04 Thursday 11:35 A.M.: I read through the last past six weeks of the Greenwich Citizen and the Greenwich Post. I chatted with a relative that is at the airport departing for Florida today for the season. I went outside, and I threw out the old newspapers. CIO

Note: <888> 10/14/04 Thursday 10:00 A.M.: I mailed a letter downstairs in the mail room. I threw out some garbage. I have a 3 P.M. appointment today, but I don't think I will be going out before it, since it is a bit damp out, and I warm and comfortable at home. CIO

Note: <888> 10/14/04 Thursday 9:35 A.M.: I ran Norton Win Doctor. I ran Ad-Aware SE. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . For the cheddar cheese portion, I use Stop and Shop Swiss cheese. I used all of the other usual ingredients. I ate the salad with a glass of iced tea. The Net2Phone Stamford, Connecticut access number works from here in Byram, Greenwich, Connecticut, if one

dials 203-325-0539 with out a beginning 1. Of course to use Net2Phone access numbers in neighboring communities, one should have toll free dialing to those neighboring communities. My Net2Phone calling card feature for telephone to telephone calls is now working. CIO

Note: <888> 10/14/04 Thursday 7:45 A.M.: [Weather Hazards for Southern Fairfield, CT](#). CIO

Note: <888> 10/14/04 Thursday 7:20 A.M.: I finished going through my email. CIO

Note: <888> 10/14/04 Thursday 6:00 A.M.: I updated my personal telephone list, and I printed out copies, and I put them by or underneath or besides my telephones. I tried accessing my Net2Phone account from the telephone instead of the internet, and from the telephone it says that it is closed. I emailed www.net2phone.com to reactivate it, so it also works from the telephone. On my Verizon telephone plan, I have local dialing to neighbor communities for the rate that I pay which includes Port Chester, New York and Stamford, Connecticut. However, the Net2Phone 3.9 cents a minute local number to Port Chester, New York works at 1-914-612-1307, but the local number to Stamford, Connecticut at 1-203-325-0539 does not work. Net2Phone also has a 800 number for 6.9 cents a minute at 1-800-840-7438. I set up the speed dial numbers on my General Electric big button telephone by my primary computer, and while doing it, I accidentally dialed 911, and the Greenwich Police called me back to see if there were any problems. I told them I must have made a mistake in setting up the speed dial numbers, and there was no problem. On the General Electric big button telephone, the first speed dial number is the Port Chester, New York Net2Phone 1-914-612-1307 access number, and the second speed dial number is my Net2Phone account number, so once the Net2Phone telephone card option works, I will dial with the first Speed Dial button on the General Electric big button phone, the Port Chester New York Net2Phone access number, second the second button for the Net2Phone account number, then enter my personal PIN number, and then press a speed dial number or enter a number for the long distance telephone call at 3.9 cents a minute. Of course I have to wait for Net2Phone to enable this feature of my account again. Also one has to have money on their Net2Phone account which I do. Of course through the computer, Net2Phone's charge for computer to telephone calls domestically in the USA is 2 cents a minute, but some times one wants to make a telephone call when the computer is turned off. Also on my AT&T www.att.com long distance plan for \$10 a month minimum connect fee, I have to make \$5 a month in calls at 10 cents a minute, or I will be charged for them anyway. CIO

Note: <888> 10/14/04 Thursday 3:45 A.M.: I went to bed after the last message. I chatted with a relative whom visited Manhattan yesterday. I ate a bowl of the last of the Doritos guacamole chips, which I ate with a glass of iced tea. I woke up at 2:30 P.M. I watched the last half hour of the rebroadcast of the Presidential debate. I thought it was Friday night not Wednesday night. I ate breakfast of oatmeal with four sliced strawberries, two pieces of toast with strawberry jam, orange juice, vitamins, supplements, and coffee. CIO

Note: <888> 10/13/04 Wednesday 6:20 P.M.: I chatted with a relative, and I ate my meal. Remember to occasionally check [Mount St. Helens VolcanoCam - Mount St. Helens National Volcanic Monument](#) and [USGS Cascades Volcano Observatory \(CVO\)](#) . David Johnston [Geological Society - News - Mt St Helens - twenty years on](#) and [The Man Who Gave Everything](#) and [CVO Website - David A. Johnston](#) whom died in the eruption of Mount St. Helens in 1980 worked out of the University of Illinois [University of Illinois at Urbana-Champaign](#) where my paternal grandparents were from. I will now shut down the computer, and I will go to bed soon. As it gets colder, I probably will be doing more work on the computer and the internet as usual. CIO

Note: <888> 10/13/04 Wednesday 5:35 P.M.: I am microwaving a Stouffer's Lean Cuisine 13.25 ounce chicken Florentine, which I will eat soon with a glass of iced tea. CIO

Note: <888> 10/13/04 Wednesday 5:15 P.M.: I installed two Windows XP SP2 updates, and I rebooted. CIO

Note: <888> 10/13/04 Wednesday 5:05 P.M.: I left a telephone message with a friend. I went outside briefly, and it looks like it is going to rain tomorrow [weather.com - Local Travel Page Greenwich, Ct.](#) . CIO

Note: <888> 10/13/04 Wednesday 4:40 P.M.: I chatted with a relative and a friend on the Plantronics headset, and they said it sounded just fine. I have the speed dial numbers wrong on the General Electric big button phone, so I have to reprogram them when I have the time. CIO

Note: <888> 10/13/04 Wednesday 4:10 P.M.: On the <http://www.shoplet.com/> web site when I ordered the adaptor, I should have made the order over \$25, and it would have been free shipping. CIO

Note: <888> 10/13/04 Wednesday 3:55 P.M.: I got the Plantronics system working on the General Electric big button phone. This is the headset [Plantronics Supra H51](#) with this adaptor [Plantronics M12](#) , and I followed these instructions http://www.plantronics.com/media/media_resources/literature/user_guides/userguide_m12_en.pdf . I then tested it by calling the Verizon operator, and the Verizon operator said it sounded just fine. There are different settings underneath the small panel, and I put it at 5 for the General Electric 2-9267A big button telephone, and it worked. I set the outgoing volume at the middle level. I put in two new CVS AA alkaline batteries in the unit. I move the princess style phone that it did not work with to the right side of the Dell backup computer, and I moved the General Electric big button telephone to the left side of my primary computer on the dining room table. I have it connected into the Radio Shack electronic amplifier system. I have the Plantronics Vista M12 unit set to have the General Electric telephone headset work, and once one lifts the receiver, one can push the headset or middle button, and the headset will work. I have the headset hanging from the left monitor draped around the CRW www.crw.com red answer ball. Although, I do not use the line telephone very much for outgoing calls because I use Net2Phone, I do chat

with relatives and friends regularly on the line phones when they call me. I ordered the Plantronics AC/DC wall adaptor for the M12 unit from this link [AC power adapter for Plantronics MX10/M12 headset phones by PLANTRONICS PLN2650301](#) for \$8.92 and \$5 UPS shipping for \$13.92 total. Since the Plantronics headset and amplifier are an expensive item at retail, I figured that I should also have the AC DC power adaptor to use it. Staples carries the item on the internet, but I am not sure they have it in our local store. CIO

Note: <888> 10/13/04 Wednesday 1:55 P.M.: I went out after the last message. I went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I used the bathroom at the senior and arts center. I then drove down by the waterfront. I then went by Putnam Trust Bank of New York on Mason Street. I then went by the Greenwich Hospital Thrift Shop. I ran into a former neighbor whom I had not seen in a while, and I was happy to see the former neighbor. At the Greenwich Hospital Thrift Shop, I bought a Plantronics www.plantronics.com H51 Supra One Ear Headband Headset <http://store.yahoo.com/ahernstore/h51.html> and Plantronics M12 Vista Universal Modular Adapter <http://www.ahernstore.com/m12.html> with headset extension cord all for \$5. I helped a neighbor load a computer table into my Volvo with the seats down, and I delivered it back to my building with my neighbor, and I put it in the neighbors apartment. I then put the Volvo rear seats back up. I tried to get the Plantronics adaptor and headset to work, but I could not get it to work. I tried putting new batteries in it, and I tried it on several different telephones. Instead of returning it for \$5 refund, I will try getting to work at a later time. I left the batteries in it that came with it. It might be a problem with telephones that I am trying to use it on. I moved my Volvo to its usual place. I picked up my mail. CIO

Note: <888> 10/13/04 Wednesday 7:15 A.M.: Dinner was delicious. I will now shut down the computer, and I will clean up, and I will go out for some daytime activity. CIO

Note: <888> 10/13/04 Wednesday 6:45 A.M.: I finished reading the Volvo Owner's Manual. Basically at 100,000 miles the fuel filter needs to be replaced and the EGR valve needs to be cleaned, so hopefully that has been done. I have about 98,600 miles on it currently. I will now reheat the barbecue boneless breast of chicken breast, steamed white rice, and steamed baby green peas, which I will eat with a glass of 2% low fat milk. CIO

Note: <888> 10/13/04 Wednesday 4:25 A.M.: I emailed the relative that I got the Volvo from about whether the fuel filter was replaced, when it was recently serviced. I put away the laundry. I will now start reading the second half of the Volvo owner's manual. CIO

Note: <888> 10/13/04 Wednesday 3:20 A.M.: I was up at 1 A.M.. I had breakfast of oatmeal with half of a sliced banana, two slices of toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I started two loads of laundry, and I have 40 minutes to go on the dry cycle. I put clean linens on the bed in the bedroom. I took off the summer blanket from the bed, and I put on the winter blanket. I also put the heavy

comforter at the end of the bed, and I will spread it out over the bed once it gets colder. I put another comforter on the far end of the blue sofa. I threw out some garbage. I refilled the Glade plug-in refill in the kitchen with a 60% mixture of English Leather cologne and 40% of 91% isopropyl alcohol leaving a half inch of air at the top. I am able to remove the lid of the Glade plug-in refill with a standard screw driver, and I use a miniature funnel to fill it. CIO

Note: <888> 10/12/04 Tuesday 3:45 P.M.: I heated and ate a 18.8 ounce can of Campbell's Select garlic and potato soup, which I ate with a glass of iced tea. I filled out the Volvo change of ownership card to send to Volvo. I chatted with a relative. I will now shut down the computer, and I will go to bed. CIO

Note: <888> 10/12/04 Tuesday 2:35 P.M.: While at Stamford Volvo www.stamford.com I chatted with the service manager, and I was told an oil and oil filter change is \$40, so I will have it done there, since it is only about \$5 more than Oil Star, and Volvo recommends using Volvo oil filters which are better for a Volvo. My relative that previously owned the car had the car totally checked out before I took possession of the Volvo, so I guess the 100,000 mile checkup has been done. I looked in the Volvo manual, and it says at 100,000 miles the fuel filter needs to be replaced, so I will check to see if it has been done. If they had to do it, it would be \$85. Also the told me, they do NOT recommend that the engines be steamed cleaned, since it potentially could cause problems. The EGR system is suppose to be cleaned at 100,000 miles too. Thus I have about 2650 miles until the next oil change, which they recommend being done every 3,000 miles. CIO

Note: <888> 10/12/04 Tuesday 2:15 P.M.: I went out after the last message. I went by Putnam Trust Bank of New York on Mason Street. I then drove down by the waterfront. I next drove over to Stamford Volvo www.stamfordvolvo.com , and I toured the new car showroom to see what the new models look like. I then went to the parts department, and I bought the headlamp wiper blades wiper blade kit #274432-4 for \$19.95 plus \$1.20 tax for \$21.15 total. I then had a duplicate key made of the primary key for \$21.27 total. Thus I now have three primary keys and one valet key. The spare keys I keep in my apartment. I next drove over to Old Greenwich, and I toured the Rummage Room thrift shop. I then drove out to Tod's Point, and I parked and sat out at both the southwest parking area and the southeast parking area. I then stopped by the office building at River Road in Cos Cob with all the Christopher Shays and Bush Cheney signs thinking it might be a republican campaign office, but it is not. According to one of our local political representatives that I chatted with the Republican campaign office is in Stamford, Connecticut. I then went by the Greenwich Hospital Thrift Shop. I next went by the Greenwich Library, and I read the Greenwich Time. I then returned home. I went upstairs, and my Fedex package from www.llbean.com arrived. I looked at the Volvo owners manual, and it said the headlamp wiper blades just snap on, so I went out, and I installed the new pair of headlamp wiper blades. I put the old pair one of which is still good in the box, and I put them in the luggage compartment lower compartment. I then came upstairs, and I opened up the L.L. package that contained the items on the web linked from L.L.Bean: Factory Stores , and then on the top right of the Factory store

page, I clicked on Online Bargains [L.L.Bean: Sale](#) , that I bought for \$22.95 in extra large size in harvest yellow [L.L.Bean: Trail Model Fleece Pullover](#) and for \$14.95 in blue and extra large [L.L.Bean: Two-Layer Duofold® Underwear, Pants](#) plus \$6.95 shipping via Fedex for \$44.85 total. They fit me fine. I put the Duofold underwear pants on the right side of the bedroom door entrance with the other cotton long underwear pants. I put the harvest yellow fleece pullover on a hanger, and I hung it in the left living room closet sideways, so it is easily accessible. I called the Greenwich Housing authority, and I left a message with our tenant representative that I had changed cars, but I still have the same Connecticut license plate, and I gave the Volvo year and model and color. CIO

Note: <888> 10/12/04 Tuesday 8:25 A.M.: Dinner was delicious. I will now shut down the computer. I will unplug the AC power charger from the power strip and from the Husky lantern. It should be fully charged. I will then go back out downtown. CIO

Note: <888> 10/12/04 Tuesday 7:50 A.M.: I took two boneless breasts of chicken, and I put them in a Pyrex pie dish, and I rubbed them in olive oil on both sides. I seasoned both sides with garlic power, Old Bay Seasoning, chicken and meat seasoning, ground black pepper, celery salt, basil, and Italian spices. I put Kraft Bulls Eye barbeque sauce on both sides. I am cooking them in the Farberware convection oven at 350 degrees Fahrenheit for 35 minutes. I will eat one, and I will refrigerate the other in a Rubbermaid container. I am also steaming a 10 ounce package of America's Choice frozen baby peas, half of which I will eat, and the other half I will refrigerate in a Rubbermaid container . I also rinsed in a metal bowl underneath hot water a cup of Carolina white rice, and I strained it in a metal strainer underneath hot water. I put it in the China Village rice cooker, and I added 14 ounces of water, two tablespoons of olive oil, and a teaspoon of sesame oil. I put the inner and outer lids on the China Village rice steamer, and I put it in the microwave oven on high for 11 minutes, and then I let it stand with the lids on it for five minutes. I will also eat half of the rice. I will refrigerate the other half in a Rubbermaid container, and I will eat it all with a glass of ice tea shortly.

Note: <888> 10/12/04 Tuesday 7:05 A.M.: I tested the Husky lantern, and it works fine. I will continue to let it fully charge until 9 A.M.. One is suppose to let it stand for two minutes before using it after charging. I cleaned the air filters on my 15,500 BTU General Electric Profile air conditioner with the remote control. I then disconnected it from its heavy duty extension cord, and I put the remote control in the remote control holder behind the green sofa on the window shelf. I then checked the duct tape surrounding the two layers of Plexiglas to the left the air conditioner, and the duct tape is still in good shape. I put a layer of duct tape around the edges to add more strength and seal out any small leaks. I pushed in some insulation hand towels around the air conditioner. I put the sheets of Styrofoam to the left and in front of the air conditioner, and I held them in place with duct tape. I took the large bobby pins off the curtain above the air conditioner, and I put them on the window sill to the right of the air conditioner, so the curtain now hangs down over the air conditioner to provide additional thermal barrier. Thus I have it secured against winter drafts. I moved the Lasko box fan in front of the air conditioner on the window shelf to have available to blow on low fan the electric heat from the radiators out into the room once I turn the heat on instead of letting

it rise into the false ceiling, once it gets cold. I spackled all the picture hook holes and other sheet rock holes in the apartment, so they are now covered up with spackle, and it should dry about the color of the white paint. I chatted with a friend. I rehung the 2 foot by 4 foot Saudi Arabian hospitality flag from the center hallway bookcase, since with amount of energy we consume in this area during the winter, we all know somebody in Saudi Arabia is making money, not that any of them ever need to look me up. I also put another pair of mittens and heavy ski gloves out on the mahogany end table by the apartment entrance with the other pair of gloves, two knit caps, and four scarves. CIO

Note: <888> 10/12/04 Tuesday 4:35 A.M.: I chatted with a relative after the last message. Today when I was departing from downtown, and I saw two black Chevrolet vans from Vermont, one of them had Rossignol <http://www.rossignol.com/> on it, and the other had Scott snowboards <http://www.scottusa.com/> on it, which I would take as a sure sign of colder weather. I also noticed recently a charter bus loading people up with skis and ski equipment at the south Greenwich train station outdoor parking lot across from the Delamar hotel, so possibly there is snow in the mountains in the north country. I was up at 12:30 A.M., and I had breakfast of oatmeal with half of a sliced banana, two slices of toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I cleaned up, and I went downtown. I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. There is a new sports shoe shop just south of the Greenwich Avenue movie theatre that sells soccer shoes. I drove down by the waterfront. I returned home. Although my Volvo has a faulty light bulb indicator light, I checked the lights anyway, and they are all alright. For my Slymaker lantern and Slaymaker auto battery jump start system, I can not find parts for either on the internet. They Slymaker lantern might be knock off, since it is made in China. CIO

Note: <888> 10/11/04 Monday 3:25 P.M.: I will now shut down the computer, and I will go to bed. CIO

Note: <888> 10/11/04 Monday 3:15 P.M.: I took a four ounce can of sliced mushrooms, and I drained and rinsed the water out of it with the lid. I put a few tablespoons of olive oil in a small sauté pan, and I heated it over medium high electric heat, and I sautéed the mushrooms over medium to low heat stirring them regularly. I put about four 4.5 tablespoons of olive oil and two pads of margarine in my 10 inch omelet pan, and I heated it over medium high electric heat. I sliced seven 1 inch by 2 inch by 1/8 th inch slices of Stop and Shop cheese. I cracked three extra large eggs in a metal bowl, and I added about 1/8th of a cup of 2% low fat milk, and I whisked it all together with a metal whisk. Once the olive oil was heated in the omelet pan and the mushrooms were heated, I added the egg mixture to the omelet pan, and I lower the heat to medium. I let it cook, until it began to harden on top. I then flipped the omelet with a spatula, and I covered one half of it with the five slices of the cheese and about 90% of the mushrooms. I then folded the bare half over the covered half, and put it on a warm dinner plate. I put the remaining two slices of cheese on it and the remaining sautéed mushrooms and covered it with a medium to light covering grated parmesan cheese. While cooking the omelet, I also toasted two slices of bread, and I put two pads of margarine on each and spread it, and I cut the toast in half. I had it all for dinner with a glass of 2% low fat milk. I don't

wash my omelet pan, but I just wipe it dry with a paper towel, so it does not stick in the future, and it gradually conditions the omelet pan. CIO

Note: <888> 10/11/04 Monday 2:20 P.M.: I went out after the last message, and I went by Home Depot at Port Chester, New York. I bought three Duracell 3 volt disk #2032 batteries for \$1.96 each, four Duracell 3 volt disk #2025 batteries for \$1.96 each, a Belkin six outlet 3 foot cord power strip for \$2.97, two packages of four Philips DuraMax 15 watt clear long life bent tip bulbs for \$2.49 a package, a 8 ounce container of Custom Building Products Interior Spackling paste for \$1.97, a Allway 1.25 inch #09001 putty knife for \$3.64, and a Husky 2.25 million candle power corded, cordless, rechargeable spotlight with built in stand and area utility light for \$24.99 plus \$3.92 sales tax for \$56.19 total. I noticed that Home Depot does not have small hand baskets for when one makes small purchases, and I had to carry all of my items, since the if I had put the items in a cart, the small batteries might have fallen out. I next returned to Greenwich, and I went by the Greenwich Hospital Thrift shop. Lamps are half price. I then went downtown, and there is no charge for parking today on the Columbus Day holiday. I walked the entire length of Greenwich Avenue and the train station area. I used the bathroom at Starbucks since the Senior and Arts center is closed. I sat out at various locations. During my walk, I stopped by CVS, and I bought two 35 ounce bottles of Lysol All Purpose Disinfectant cleaner lemon breeze scent for \$2.50 each plus .30 tax for \$5.30 total. I also used the ATM machine at Putnam Trust Bank of New York on Greenwich Avenue. I next drove down by the waterfront. I then went by the Stop and Shop, and I bought a half gallon of Stop and Shop 2% low fat milk for \$2.69, a package of 18 Stop and Shop large white eggs for \$1.50, a 24 ounce bar of Stop and Shop Monterey Jack cheese for \$4.99, buy one get one free of ten ounce bags of spinach for \$1.99 both 10 ounce bags, and a couple of days slightly old pound package of Portobello mushrooms for .99 for \$12.16 total. I then went by the Arnold Bread outlet, and I bought a fresh loaf of Arnold country wheat bread for \$2.19 and a 5.5 ounce box of Arnold Seasoned croutons regular cut for .99 for \$3.18 total. I then returned home. My headlights on the Volvo were set to come on when one turns on the ignition which is the Canadian setting, since the Canadians run their automobile lights 24 hours a day. However, since it is light around here in the winter, I used a little screw drive in the compartment between the seats, and I turn the little screw by the headlight switch from the extreme right to the extreme left, so the lights only come on when I turn them on with the light switch. Thus I should save on replacing exterior light bulbs on the car. I read this detail in the first half of the Volvo manual, and I still have to read the second half of the Volvo manual. I brought my purchases up to my apartment, and I connected the power strip to the existing power strip underneath the maple side table giving me additional power outlets at that location. I opened the Husky lantern, and I read the instructions. I plugged its AC transformer into the power strip by the maple side table, and I plugged it into the lantern to charge. I also opened the lantern stand for it to sit properly. I will leave the Husky lantern at that location to have it available easily. It can not be run off AC power, but it has DC automobile cigarette adaptor with long cord that it can be run off directly with out charging. The first AC charge takes 20 hours and then 12 to 15 hours for recharges after that. One has to disconnect it after charging. It will be fully charged at 9 A.M. tomorrow morning. The 2.25 million watt beam works for at

least 20 minutes on a charge and the work light works for up to 14 hours. I guess I could plug it into my Volvo cigarette lighter and use it to signal Long Island across Long Island sound in case anyone were watching at night, but alas I don't know Morse Code <http://www.babbage.demon.co.uk/morseabc.html> . The main spotlight beam bulb is replaceable and the battery is replaceable, and it is good for 500 charges. My old Slaymaker million watt lantern has not been holding a charge for the last year. I also put a new 2025 3 volt disk battery in my second remote keyless entry devise for the Volvo on my lobster key chain. I put the spare 3 volt disk batteries in my left top desk drawer with the other ones. I put the putty knife and spackle with my tool on the floor of the sweater closet in the hallway. I put the spare bent tips bulbs in my bedroom mahogany bureau with the other bulbs. CIO

Note: <888> 10/11/04 Monday 7:05 A.M.: I steamed the other half of a pound of angle cut sliced asparagus in a microwave proof plastic pot covering the asparagus with water and pressing the vegetable button on the General Electric microwave. In the microwave oven I also reheated the barbeque boneless breast of chicken that I made last night and the other half of the steamed white rice, all of which I ate with a glass of iced tea and a cup of coffee. I watched a bit of television. For green tea health information <http://www.teaforhealth.com/> . I went through some of my regular computer sites. I will now shut down the computer, and I will clean up, and I will go out. I think I will first go over to Home Depot www.homedepot.com in Port Chester, New York, when I first go out. CIO

Note: <888> 10/11/04 Monday 5:20 A.M.: My www.llbean.com order is due to arrive tomorrow according to Fedex www.fedex.com tracking. I am not sure whether I will open it right away or save it for a Christmas present. It depends on whether I need the Polar Fleece pull over and Durafold long underwear or not. I went through my email. CIO

Note: <888> 10/11/04 Monday 4:35 A.M.: I printed out fifty calling cards, and I will keep 10 in my wallet. Besides my personal information and picture, I put "Volunteer Personal Computer Systems Technician and Reference Work on the Internet". At the far end of the blue couch, beside having my car maintenance items stored underneath the maple side table and mahogany end table, at the far end of the blue sofa at the end of the blue sofa, I have my two full length folding beach chairs, and my director's chair, and underneath that end of the blue sofa, I have the folding wooden card table chair, and above my bed in the bedroom in the false ceiling I have my three ground level blue and white folding beach chairs, thus I have five beach chairs stored in the apartment besides the directors chair and the folding wooden chair, I use to stand on for high reaching. CIO

Note: <888> 10/11/04 Monday 3:25 A.M.: Happy Columbus Day. Columbus Day is the day in Nantucket when the summer people leave to discover America, so keep an eye out for any people traveling from Nantucket. After the last message, I replaced the gold towel covering my stored car maintenance items in the apartment with a light blue towel, so I have two medium blue towels and a light blue towel covering them. I was awake at

9 P.M., when I chatted with a relative. I had breakfast of oatmeal with half of a sliced banana, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went back to bed until 2:30 A.M.. I turned on MSNBC, and there was a program about the volcanic eruption in Montserrat <http://www.mvo.ms/>, which showed how dangerous volcanic eruptions are and the devastation of the capitol of Montserrat named Plymouth. I will now print out some more calling cards. CIO

Note: <888> 10/10/04 Sunday 1:05 P.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 10/10/04 Sunday 1:00 P.M.: I heated a 18 ounce can of Progresso New England clam chowder, which I ate with a glass of iced tea. I checked outside twice briefly. CIO

Note: <888> 10/10/04 Sunday 12:50 P.M.: Mount St. Helens steaming at the moment <http://www.fs.fed.us/gpnf/volcanocams/msh/>. CIO

Note: <888> 10/10/04 Sunday 12:10 P.M.: Of course if anyone wants to surrender to the Queen, the Queen Mary II arrives in Manhattan tomorrow from Portland, Maine for a cruise back to jolly old England <http://www.qm2.org.uk/itinerary.html>, but I read last winter that 50,000 people die every year in the United Kingdom for lack of heat according to the BBC, so unless one has the Pounds to afford such an adventure, I would advise against it. CIO

Note: <888> 10/10/04 Sunday 12:05 P.M.: I took the hanger off the bath robe, and I hung it from the hook, so it does not protrude as much in to the bathroom doorway entrance, and I hung the bath towel from the hook over the mirror. I also put the packages of mollies that I did not use in the yellow tool box in the hallway sweater closet. CIO

Note: <888> 10/10/04 Sunday 11:35 A.M.: I went out after the last message, and I chatted with some neighbors. I went by Exxon next to the Greenwich Library to see if they have the "Support Our Troops" magnetic ribbons to put on cars, but they only had "God Bless America" magnetic ribbons. I then drove down by the waterfront, and I chatted with some of the regular fishermen. I then went downtown, and I chatted with a couple of morning people. I sat out briefly, and I stopped by Zyn stationary, but they did not have the magnetic ribbons. I then drove by the Greenwich Hardware store <http://www.greenwichhardware.com/>, and they have both the red, white, and blue and the yellow magnetic "Support Our Troops" ribbons, but there is a warning on them that since they are magnetic and can rust, they will damage a car's paint, unless one moves them every 24 hours. Although I support our troops, I do not feel like damaging my car's paint job, so I did not buy one. I did buy a Amerock made in Taiwan from Rockford, Illinois BP404C solid brass garment hook with four mounting screw holes and six brass screws for \$9.99 and three 2 pack of 3 inch by about a quarter inch 5024 toggle bolts for \$1.29 a package of two plus .83 sales tax for \$14.69 total. I then returned home. I tried mounting the brass hook on the left inside of the bathroom door above the mirror, but I

drilled 17 holes, and I kept hitting the aluminum studs. I finally mounted it with four brass screws on the left inside door frame, and it is very secure with four brass screws. I then took the cranberry bathrobe off the brass hat and coat valet rack in the living room, and I hung it on the brass bathroom hook with a heavy duty plastic hanger along with my bath towel. Thus the mirror is not covered by the bath towel hanging from the hook above it. However, the bath robe does hang a bit in the bathroom door opening, but it is not a solid object. I then moved the ship pictures around to cover the drilled holes in the sheet rock. When I have time, I will buy some spackle, and I will fill them. However, for now it is perfectly presentable. I then moved the brass hat and coat rack valet stand from the far end of the blue sofa, and I put it in front of the wire shopping cart rack behind the apartment entrance door, and I still have the summer hats on it. I drank some iced tea. CIO

Note: <888> 10/10/04 Sunday 6:30 A.M.: I just added a link to the tide charts at the bottom of my homepage www.geocities.com/mikelscott/ . Since I was up at 7 P.M. last night, and since it will be daylight soon, I will go back out for some daytime activity. I will now shut down the computer. CIO

Note: <888> 10/10/04 Sunday 6:05 A.M.: Since I spend so much time out walking at night during the winter, I think I should be eligible for a flu shot [Greenwich Time - Scramble on to make best use of flu vaccine](#) . CIO

Note: <888> 10/10/04 Sunday 5:55 A.M.: I finished going through my email. CIO

Note: <888> 10/10/04 Sunday 4:50 A.M.: I signed up at www.britainusa.com . CIO

Note: <888> 10/10/04 Sunday 4:40 A.M.: I ate the last scoop of Haagen Dazs <http://www.haagen-dazs.com/> raspberry sorbet. I will now go through my email. CIO

Note: <888> 10/10/04 Sunday 4:15 A.M.: I just used this form <http://www.britainusa.com/functions/feedback/enquiry.asp> to email the British consulate in Manhattan with this message.

My web site is at:

<http://www.geocities.com/mikelscott/>

I use to be a neighbor of yours in Manhattan, and I spent many a cold winter's night walking around your consulate and consular residences.

One of the apartments I worked out of was

at 420 East 49th street in Manhattan, so obviously I know the neighborhood. Also the Scotts were about the first United Kingdom family in Manhattan arriving with the first Dutch settlement. Since I quit going into Manhattan at night to walk around the east side of Manhattan after I was mugged by Shawn Robinson from Bermuda 11 years ago, you have not had my expert experience, which I put towards the internet. I am still in Greenwich, Connecticut U.S.A. 06830-2902. My mother is still a neighbor of the Bushs in Kennebunkport, Maine, so I let the U.S. government deal with the British now instead of dealing with them directly myself, however I do stop by the Greenwich, Connecticut

library most every day after my walks downtown. I saw someone a week ago last Friday at the Valley Road post office here in Greenwich with her chauffeur that looked like Lady Thatcher. I have seen people in Greenwich that look like most other prominent British subjects, so it is up to you to determine if they are the real ones or just actors trying to profiteer off the wealthy established Greenwich residents. I try to present a viewpoint like Arthur Clarke reporting from America on my web log at:
<http://www.geocities.com/mikelscott/note02.htm>

Any questions or information let me know. Owing to arthritis and limited income, I will probably never be visiting the United Kingdom in my life time, but I have tried to help our on this side of the pond.

Yours Truly,

Michael Louis Scott

CIO

Note: <888> 10/10/04 Sunday 3:15 A.M.: I chatted with the Casa Marina desk in Key West, Florida <http://www.casamarinakeywest.com/> at 1-305-296-3535, and I told them about the ghost that I used to see in the Casa Marina, when I lived there while it was under renovation back during the winter of 1978. The fellow was from Poland, and he told me had heard about the ghost. I then chatted with the British Embassy in Washington D.C. at 1-202-588-7800, and I told them about an unusual sighting at the Valley Road post office in Greenwich, Connecticut a week ago last Friday. I then called the U.S.A. Embassy in London at 44 02074999000 , and I told them about the same sighting. Since I try to respect visitors and residents privacy in this town, I can not relate the nature of the sighting. Of course lots of people look like prominent British citizen and others try to impersonate them, so I will let the British experts figure out the case. For British travelers, this page might be useful
<http://www.britainusa.com/functions/contact.asp> . CIO

Note: <888> 10/10/04 Sunday 2:30 A.M.: I enjoyed dinner. After dinner, I ate the last of the dried papaya strips. CIO

Note: <888> 10/10/04 Sunday 2:00 A.M.: I refrigerated in a Rubbermaid container two of the boneless breasts of chicken that I bought. I took the other two, and I put them in a Pyrex pie dish, and I rubbed them in olive oil on both sides. I seasoned both sides with garlic powder, Old Bay Seasoning, chicken and meat seasoning, ground black pepper, celery salt, basil, and Italian spices. I put Texas Best mesquite barbeque sauce on the bottom side of the chicken and Kraft Bulls Eye barbeque sauce on the top side. I am cooking them in the Farberware convection oven at 350 degrees Fahrenheit for 35 minutes. I will eat one, and I will refrigerate the other. I am also steaming over medium high heat a half pound of inch long sliced asparagus for fifteen minutes in a Revere pot with lid with the steamer tray in the pot with an inch of water to hold the asparagus. I also rinsed in a metal bowl underneath hot water a cup of Carolina white rice, and I

strained it in a metal strainer underneath hot water. I put it in the China Village rice cooker, and I added 14 ounces of water, two tablespoons of olive oil, and a teaspoon of sesame oil. I put the inner and outer lids on the China Village rice steamer, and I put it in the microwave oven on high for 11 minutes, and then I let it stand with the lids on it for five minutes. I will also eat half of the rice. I will refrigerate the other half in a Rubbermaid container, and I will eat it all with a glass of ice tea shortly. CIO

Note: <888> 10/10/04 Sunday 1:05 A.M.: I went downtown after the last message. I went by the Exxon gasoline station next to the Greenwich Library, and I bought \$12 of premium unleaded gasoline for \$2.439 a gallon for about 13 miles per gallon usage. I also bought a Double Dollars scratch card for a dollar, but I lost when I scratched it off, when I returned home. I then went downtown, and I walked the entire length of Greenwich Avenue including the train station area, and I sat out at various locations. I then drove down by the waterfront. I next went by the Food Emporium, and I bought a package of boneless breasts of chicken for \$2.99 a pound for \$5.95, 16 ounces of Driscoll's strawberries for \$2, two half gallons of Tropicana Premium orange juice with 50% less calories for \$2 each, fresh asparagus at \$2.49 a pound for \$2.51, a 20 ounce bag of America's Choice onion rings for \$1.79 for \$17.25 total.

Note: <888> 10/09/04 Saturday 9:05 P.M.: I will now shut down the computer, and I will go out after I shower and clean up. CIO

End of Scott's Notes week of 10/09/04:

Note: <888> 10/09/04 Saturday 8:35 P.M.: I will now send out my weekly notes. CIO

Note: <888> 10/09/04 Saturday 8:20 P.M.: I chatted with two relatives. One relative down in Vero Beach, Florida http://www.tcpalm.com/tcp/press_journal just spent 10 hours cleaning the mold out of her refrigerator, and said it was pretty bad down there. The relative said none of the usual restaurants are open except one, and they are serving hurricane lunches and dinners. CIO

Note: <888> 10/09/04 Saturday 7:50 P.M.: I had a telephone call from a relative at 11 A.M.. I woke up at 4 P.M.. I had breakfast of oatmeal with half of a sliced banana, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went outside, and I picked up my mail downstairs. I went back to bed until 7:30 P.M.. I restored the startup programs on my computer by running "msconfig" . I had made up a list of them when I originally unchecked them. CIO

Note: <888> 10/09/04 Saturday 3:10 A.M.: Instead of reading the Volvo manual, I watched some television. I ate two bowls of guacamole Doritos chips and three papaya strips with some iced tea. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 10/09/04 Saturday 1:30 A.M.: I went out after the last message. I went downtown, and I walked the entire length of Greenwich Avenue including the railroad

station area. I sat out at various locations. I drove down by the waterfront. I just now returned home, and I ate two dried papaya strips. I will start reading the Volvo manual again. CIO

Note: <888> 10/08/04 Friday 10:50 P.M.: I will now shut down the computer, and I will shower and clean up. I will then go out for some fresh air. CIO

Note: <888> 10/08/04 Friday 10:35 P.M.: I am microwaving a Maria Callender's 16 ounce country fried chicken dinner with gravy and mashed potatoes and corn on the cob, which I will eat soon with a glass of iced tea. CIO

Note: <888> 10/08/04 Friday 10:10 P.M.: I am listening and watching to the Presidential debate on television. After the last message, I sorted through my periodical literature, and I threw out most of the computer magazines that I do not have time to read along with some other periodical literature. I saved the weekly local newspapers to catch up with the local news. I did not fall asleep after the last message until about 6 A.M. I ate 10 Town House crackers with 1 inch by 1.5 inch by 1/8th inch slices of Kraft Monterey jack cheese. I also ate two dried papaya slices. I had a telephone call from a relative at 11 A.M. this morning. I was up at 5 P.M.. I had breakfast of oatmeal with half of a sliced banana, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I moved the brass coat rack from behind the far end of the blue sofa, and I put it against the wall in front of the bath towel rack in the bathroom. I left the hats on it, and I hung my burgundy bathrobe on it. I hung my long down filled Rainforest winter coat from a wooden coat hanger on the open bathroom door. I went outside, and I move my Volvo by the apartment entrance, and I unloaded the items in the rear cargo area of the Volvo, and I put them by the building entrance. I put the three pairs of jumper cables and the roof rack tie down straps underneath the cargo area in the storage area. I put the Volvo back in its usual storage area. I used my cart, and I brought the items up to my apartment. I put them underneath the mahogany end tables and underneath the maple side table. I cover the items underneath the maple side table with two blue and one gold towels, so they are not as conspicuous. My tool box and other tool items are underneath the mahogany end tables. According to the label on the tire cables, they will not fit on the Volvo. I guess I should get rid of them. The only item in the open part of the back cargo area is my collapsible cart, I use to haul items. Thus I do not have the extra weight in the rear end of the Volvo, so it should be more economical to drive. Now that I have the rear cargo area empty in the Volvo, I can use it for moving items that I might want to dispose of from the apartment or for groceries or other items and still have room for four to five passengers in the Volvo. Also it should be less wear and tear on the rear suspension system. I picked up my mail, and I received the second Volvo key with remote control opener, so I now have two full service keys with remote controls along with the Valet key. I am keeping the Valet key and the second key with the remote control opener in the apartment. I did my house cleaning and watering the plants. CIO

Note: <888> 10/08/04 Friday 3:40 A.M.: I read half of the 1995 Volvo 850 Turbo station wagon owner's manual. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 10/08/04 Friday 1:35 A.M.: I ate two dried papaya strips. I am still in the process of reading the Volvo manual. I will have to check to see if the fuel filter has been replaced or not which is due to be replaced at a 100,000 miles. Everything else looks like it probably has been done except for maybe cleaning the EGR system. I will have to check with my relatives the previous owners. I also found a change of ownership card, which I will fill out and mail in to Volvo. I also took from the left living room closet shelf the two empty suit cases, the empty flight bags, the bag with my sunscreen and beach towels, and the three 3.5 inch floppy disk cases, and I put them in the false ceiling in front of the French reproduction sitting chair. I took the four kitchen appliances, and I put them on the left living room closet shelf. I went outside briefly. I am thinking in the daytime of taking the items from the rear of the Volvo wagon and putting them on the floor underneath the tables in the living room in my apartment again. Although the living room would not look as neat, I would have 400 pounds less weight in the Volvo for better fuel economy, and the rear compartment area would be available for transporting larger items than could fit in the back seat of the Volvo. I have the original sales slip, and the Volvo when it was new 10 years ago was a \$35,000 with tax value car, so I would like to treat it well and take care of it. I could always cover the items stored on the floor in the apartment to make it look neater. Basically with the rear area of the Volvo cleared, I would also be able to move some items out of the apartment like redundant computer equipment and maybe some other items. It would also be easier if I had to transport a party with luggage should the need ever arise. Possibly once I removed some of the other items from the apartment, I would be able to store the car items less conspicuously in the apartment. However, today after I sleep, I will be doing my usual house cleaning, so I will have to think about it some more. Now back to reading the Volvo manual. CIO

Note: <888> 10/07/04 Thursday 11:45 P.M.: I reheated the half of the 16 ounce box of Stop and Shop cooked vermicelli along with the half of a 26 ounce jar of Master Choice marinara sauce in microwave proof containers, and I put on a coating of grated parmesan cheese, and I ate it all with a glass of iced tea. I will start reading the 1995 Volvo 850 Turbo manual shortly. CIO

Note: <888> 10/07/04 Thursday 10:50 P.M.: I woke up this morning for a while, and I ate a bowl of triscuts and two dried papaya sticks. I finally woke up at 1 P.M.. I had breakfast of oatmeal with half of a sliced banana, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I cleaned up, and I made my 3 P.M. appointment. I then went by the Greenwich Hospital Thrift shop, and I bought a like new donated by the Greenwich Hospital Compaq V90 19 inch monitor for \$20. Today it still sells new for considerably more. I next went by the ATM machine at Putnam Trust Bank of New York on Mason Street. I then went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. During my walk, I picked up a prescription at CVS, and I also stopped by the Greenwich Hardware store. As I was completing my walk, I ran into another regular walker, and we walked back up Greenwich Avenue, and we toured the J. Crew shop where the old Greenwich Drug store use to be, although it looks the same, it is now a new building. We walked from the top of Greenwich Avenue east on East Putnam Avenue, and we took a break at the tables outside of Whole Foods. We then continued our walk to the parking lot on the east side

of Christ Church by Old Church Road, and then we walked back and took a break at Whole Foods outdoor tables, and then we continued back down Greenwich Avenue to the senior and arts center where we parted company. I used the bathroom at the senior and arts center. I checked out the prices at Starbucks www.starbucks.com by the senior and arts center, and although they raised their more deluxe coffee prices to close to \$3, one can still buy a basic cup of coffee there for \$1.40 which is a pretty good deal for Greenwich Avenue considering they pay \$50,000 a month to rent that location, and thus to sit inside in a comfortable atmosphere on Greenwich Avenue for \$1.40 to \$3 a cup of coffee is a reasonable bargain considering what the prices are at the other shops in the area. However, recently that location has not been busy. My theory is they operate the shop newly remodeled at a loss to advertise the brand name to the local investor community. I normally do not drink coffee or other beverages when I am out of my apartment, since I drink so much iced tea, I would frequently have to go to the bathroom more often, when there might not be a bathroom available. I next drove down by the waterfront, and the youngsters still have not gotten cold yet, so they are still hanging out down by the waterfront. I next went by the Greenwich Library, and I read the Greenwich Time. I then returned home, and I used my cart that I keep in the back of my Volvo wagon to carry up the Compaq V90 19 inch monitor. On the bedroom side table, I moved the 17 in monitor from the HP Vectra XU computer to the floor by the open bedroom door, and I then put a canvas bag with the Acer 484 4 meg laptop on top of that monitor, and I put the Rubbermaid hamper with the slacks that do not fit me on top of it, and then the Compaq laptop 486 with 8 megs of memory and its case on top of that. I moved the 19 inch Dell monitor from my living room Dell backup computer to the HP Vectra XU computer in the bedroom. I put the Compaq V90 19 inch monitor with the Dell backup computer, and I adjusted its settings. I then took the cart back down to the Volvo, and I put it in the rear area. I then brought up the 1995 Volvo 850 Turbo wagon monitor manual to try to read tonight instead of working on the computer. I also drank some iced tea. CIO

Note: <888> 10/07/04 Thursday 3:35 A.M.: I ate three pretzel rods with some iced tea. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 10/07/04 Thursday 3:05 A.M.: I went through my email. CIO

Note: <888> 10/07/04 Thursday 2:20 A.M.: I logged onto L.L. Bean www.llbean.com, and on the lower left side of the page, I clicked on Factory stores [L.L.Bean: Factory Stores](#), and then on the top right of the Factory store page, I clicked on Online Bargains [L.L.Bean: Sale](#), and I bought for \$22.95 in extra large size in harvest yellow [L.L.Bean: Trail Model Fleece Pullover](#) and for \$14.95 in blue and extra large [L.L.Bean: Two-Layer Duofold® Underwear, Pants](#) plus \$6.95 shipping via Fedex for \$44.85 total. Hopefully the purchases will help me be a little bit warmer this upcoming colder winter. CIO

Note: <888> 10/07/04 Thursday 1:25 A.M.: I put \$25 on my Net2Phone www.net2phone.com account, so I now have \$33.44 on the account. I can chat through the internet for 2 cents a minute in the United States, and use my Net2Phone card for a telephone to telephone call, it is 3.9 cents a minute. Also there is a PC2Phone rate of 4.9

cents a minute to the United Kingdom which is suppose to be an English speaking area of the world, if one wants to chat or even 4.9 cents a minutes to France, if one needs to practice their French or even 3.9 cents a minute to Australia. Alas, when I am on a night schedule here in America, there does not seem to be many people to talk to. Of course if two people have high speed internet connections, they can use Net2Phone to chat for free over the internet. CIO

Note: <888> 10/07/04 Thursday 1:05 A.M.: I checked the cables along my exterior walls to make sure they are not in contact with the electric radiators, so the cables do not melt when I have to turn the heat on. I tied one cable back up with a double looped broccoli rubber band, which I hang the rubber band from a OOK hook. CIO

Note: <888> 10/07/04 Thursday 12:30 A.M.: This is the web site that Dick Cheney mentioned in the debates last night <http://www.factcheck.org/>. CIO

Note: <888> 10/07/04 Thursday 12:25 A.M.: I made up a fresh batch of homemade hummus www.geocities.com/mikelscott/hummus.htm . I used two cloves of elephant garlic in the hummus. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I use a tin of sardines that I chopped. For the cheddar cheese portion, I used Kraft www.kraft.com Monterey Jack cheese. I used all of the other regular ingredients. I ate the salad with a glass of iced tea. CIO

Note: <888> 10/06/04 Wednesday 10:50 P.M.: When I returned home, I also put \$10 on my Mac Gray laundry card, and I now have \$19.85 left on the card. I put out my four scarves, two knit caps, and my pair of brown leather gloves on the mahogany side table at the apartment entrance. I also hung my four pairs of cotton long underwear on the right hook at the bedroom entrance. Today before I left the apartment, I moved all of my summer shirts from the left center of the bedroom closet to the far left, and I put all of my winter shirts in the left center position. I have an ample supply of winter clothes. CIO

Note: <888> 10/06/04 Wednesday 10:30 P.M.: I showered and cleaned up. I chatted with a relative. On the Uniden Cordless telephone, one has to make sure when one puts it back in the cradle that one giggles it, so it makes contact and the green charging light comes on. I went out, and I mailed the Northeast Utilities electricity payment at the Valley Road post office. My monthly budget amount has been raised 6% from last year, but according to the broadcast media, it is suppose to be a colder winter. I next went by Val's liquor store at the Stop and Shop shopping center, and I bought a 10 ounce bottle of Angostura bitters for \$8.79 plus .52 tax for \$9.31 total. I noticed that wine prices have gone up a lot. I then went downtown, and the usual parking area I park at by the Board of Education is closed for pouring cement on the sidewalk at its entrance, so I parked on the other side of the board of education across from the post office. I walked the entire length of Greenwich Avenue including the train station area. I picked up two Greenwich and one New Haven line train schedules. I stopped by the Korean fruit and vegetable market just south of the post office, and I bought a package of dried papaya spears for \$3.49 a pound for \$3.18 and three Dole bananas for .56 for \$3.74 total. I used the ATM

machine at Putnam Trust Bank of New York on Greenwich Avenue. I went by CVS, and I bought two United States of America flag sets with wall stands for 90% off for \$1.29 each and two RTH 7 piece coaster sets for .87 each plus .10 tax for \$4.42 total. I then bought four 10 packs of black Scripto stick pens for .25 each package plus .06 tax for \$1.06 total. During my walk I noticed that pedestrians are using the Porta Potty at the top of Greenwich Avenue that the sidewalk construction people have placed there. I completed my walk and sitting out for a while. I drove down by the waterfront. I then went by the Greenwich Library, and I chatted with another library volunteer. I returned home. I left the two U.S.A. flag sets in the back of my Volvo station wagon in the luggage area where I keep my mechanics tools and other car maintenance items. I put the two coaster sets on the Danish bar to have available. I put the pens with the spare laser printer paper underneath the living room desk on top of the box of spare computer cables. Yesterday I also put the tube of CPU to CPU cooling fan silicone grease in the left top desk drawer of the living room desk. I drank some iced tea. CIO

Note: <888> 10/06/04 Wednesday 4:25 P.M.: I went outside, and I chatted with a neighbor after breakfast. Norton Antivirus 2004 removed one Ad-aware virus file, and it did a complete scan without any other problems. I made up a check to pay my electricity bill to Northeast Utilities www.cl-p.com. I will now shut down the computer, and I will clean up, and I will go out. CIO

Note: <888> 10/06/04 Wednesday 2:40 P.M.: I just woke up. I will eat a breakfast of oatmeal with half of a sliced banana, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I will now do a full system scan with Norton Antivirus 2004. CIO

Note: <888> 10/06/04 Wednesday 4:30 A.M.: Forbes.com: [Finding Oil Under Salt](#). I ate three pretzel rods with iced tea. I will now shut down the computer, and I will go to bed soon. It is a bit colder here at 39 degrees Fahrenheit presently weather.com - [Local Weather Page Greenwich, Connecticut](#). CIO

Note: <888> 10/06/04 Wednesday 4:05 A.M.: [CVO Photo Archives - Mount St. Helens - 2004](#) and [Mount St. Helens VolcanoCam - Mount St. Helens National Volcanic Monument](#) and I finished going through my email. CIO

Note: <888> 10/06/04 Wednesday 3:00 A.M.: I went out after the last message. I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. They are still repaving the sidewalks on Greenwich Avenue. I drove down by the waterfront. I went by the Shell gasoline station on West Putnam Avenue, and I checked the air in my tires for 32 pounds per square inch all around. The left front tire was down a couple of pounds. At the Shell gasoline station, I bought a Christmas Tree Ocean Breeze auto air freshner scent card for \$1.39 plus .08 tax for \$1.47 total. I put it in the glove box to have available. I just now returned home, and I drank some iced tea. Norton Speed Disk had finished running on the C: drive. CIO

Note: <888> 10/06/04 Wednesday 12:50 A.M.: I finished the backup of the C: drive to the D: drive with XP backup automated system recovery. I also backed up in one file all the files except the system and program files and in another backup the "My Documents" folder and in a third backup the music files. While doing the backups, I boiled a 16 ounce box of Stop and Shop vermicelli for six minutes. I ate half and refrigerated half. I reheated half of a 26 ounce jar of Master Choice Marinara sauce which I put on the vermicelli along with grated parmesan cheese. I ate it all with a glass of iced tea. I will now run Norton Speed Disk on the C: drive, and I will go out while doing it. CIO

Note: <888> 10/05/04 Tuesday 11:25 P.M.: I finished watching the Vice Presidential candidates debate. I installed Norton Internet Security 2004 and Norton System Works 2003 and the latest version of Live Update. I installed the Norton Live updates. One of the Live update WMI files still does not install, but all of the others did. I ran Norton Win Doctor and Ad-aware SE. I will now do a C: drive to D: drive backup with XP Backup Automated System Recovery after having moved the D: drive files to the C: drive to backup the entire C: drive to the empty D: drive. I will first run Disk Cleanup. I put the iced tea in the refrigerator. CIO

Note: <888> 10/05/04 Tuesday 9:40 P.M.: I put away the laundry. Since the computer is now working properly, I will now uninstall and reinstall Norton Internet Security 2004 and Norton System Works 2003 and run the updates. Hopefully the Norton WMI features will be installed that presently are not working. CIO

Note: <888> 10/05/04 Tuesday 9:10 P.M.: I clipped my finger nails and my toe nails. I showered and cleaned up. I am making up a fresh batch of www.geocities.com/mikelscott/icetea.htm. I have five minutes until the dry cycle is done on the laundry. I am watching the Vice Presidential candidates debate. CIO

Note: <888> 10/05/04 Tuesday 8:10 P.M.: I was up at 6 P.M. when I had a call. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went outside, and I picked up the mail downstairs. I have the Uniden cordless phone plugged in, and it seems to be charging. One has to make sure when one puts it in the cradle that the green light comes on for it to charge. Sometimes, the green light does not come on, if one puts it in the cradle wrong. I put clean linens on the bed in the bedroom. I am just about ready to start the dry cycle of two loads of laundry. CIO

Note: <888> 10/05/04 Tuesday 11:55 A.M.: Good news, I have the computer all fixed, except for some minor tweaking. Earlier, I ate 10 Town House crackers with ten 1.5 inch by 1 inch by 1/8th inch slices of Kraft Cracker Barrel sharp cheddar cheese with some iced tea. I then tried installing the VIA drivers from my motherboard CD, but it did not improve the system. I then returned the IDE PCI drivers to the XP non VIA drivers. I then copied the XP SP2 CD that Microsoft sent me to my D: drive. I then set the IDE 1 to PIO mode, and I installed XP SP2, which took a while, since PIO mode is slower. I tried to reboot, and the system would not reboot. I chatted with a friend. I then fiddled with the CMOS settings and the system would still not boot. I then opened up the CPU case, and I removed all of the cards except the PCI video card, and I had already set the

CMOS to PCI video. The system booted. I restored some of my CMOS settings and rebooted. I then moved the case over to the dining room table to work on it. I removed the memory. I unmounted the CPU cooler. This permitted me to remove the C: drive. I then exchanged the C: drive from underneath the floppy drive, and I put it in the drive holder that hangs below the drive rack. I put the D: drive where the C: drive use to be. The drive holder below the floppy drive is a quick mount holder that does not work with my drives and there is only room for one screw to tighten it in. I was able to mount the C: drive with four screws, and it is in a cooler part of the case. My new Antec Cobra IDE 133 cable has enough length between the two end connectors to connect the two drives on IDE1. Before in the drive bay underneath the floppy drive, I had the C: drive upside down to permit it to connect with the existing cable length, and it was held in by only one screw. Now both drives are right side up, but the D: drive is only held in by one screw. My computer case does not permit access from one side. I then reconnected the cables. I put more CPU grease on my CPU cooler fan, and previously the CPU grease that came with the CPU cooler fan did not cover my CPU properly leaving part of it without CPU grease. I remounted the CPU cooler fan. I reinstalled the memory. I put back in the cards. I used my small computer vacuum to clean off some dust off the motherboard. I checked my cables for alignment and clearance. I then put the case cover back on, and I connected the CPU to the external cables except the USB cables. I then booted, and the computer booted properly. I then setup the dual monitor settings. I then connected my USB cables, and all the devices showed up in my hardware settings. I then tested the system with Norton Win Doctor 2003, and it did not freeze. I then installed the latest VIA drivers, so I now have the IDE PCI drivers with the latest VIA drivers instead of the XP defaults. I have the IDE settings at DMA. I then tested the system with Norton Win Doctor 2003, Microsoft Money 2002 compressing backup files, and Internet Security 2004 Firewall 2004 searching for internet enabled programs, and all of them worked with out any problems, when previously they did not. Thus the system is up and running as well as it has been running in quite a long time. I still can not get Norton Update to install the Internet Security 2004 WMI updates. I will have to look into that later. Well, I still have some system maintenance to do on the new install, but possibly moving the C: drive to another upright more secure position changed its performance, or more silicone grease on the CPU. Anyway the primary computer system is running much better. I will now shut down the computer. I will eat a peanut butter sandwich with some iced tea. I will then go to bed after being awake 25 hours. CIO

Note: <888> 10/05/04 Tuesday 5:05 A.M.: I changed the Via IDE and the Via PCI drivers to the generic Windows XP drivers. The system hopefully might be a bit more stable. I was able to get Microsoft Money 2002 to compress my Money backup file for storage on my pen driver by running the backup compress option with PIO mode on my C: drive. Norton Win Doctor 2003 still freezes the system, unless I run it with all put the first two options, then the 2nd option, and finally the first option. I ran the System File checker, and I have three print spool files that are not signed and the two NVIDIA files that are not signed from the latest version, but the earlier NVIDIA driver does not make a difference on my system. I did notice that in the "C:\Windows\System32" folder, I have two files "secupd.dat" and "secupd.sig" that are not digitally signed, and according to this page <http://www.jsiinc.com/SUBR/tip8500/rh8521.htm> they are part of Product

Activation, and without them the Windows XP system would not boot. What has me curious is why they are not digitally signed, and when I ran System File checker about a month ago, they were not there, just the three printer spool files. It would seem someone has been tampering with my computer system's Windows XP Product Activation file for it not to be digitally signed. I might try to extract the files from my Windows XP Professional CD and install them on my computer to see if that fixes the problem. "secupd.dat was last modified on August 2, 2004 at 2:20 P.M., and "secupd.sig" was last modified on April 10, 2002 at 6:18 P.M.. CIO

Note: <888> 10/05/04 Tuesday 2:10 A.M.: I reconnected the Uniden cordless telephone, and it seems to be working and not beeping anymore, but it still needs to charge up for 24 hours. My two General Electric and the Uniden Cordless telephones now all have new rechargeable batteries. Generally cordless telephone batteries last about two to three years. My Columbia 2.4 gigahertz cordless telephone is about two years old, but it still works fine. I think its battery is a special order item at Radio Shack. I will now test the computer system with some procedures to see if it freezes or not. CIO

Note: <888> 10/05/04 Tuesday 1:15 A.M.: I went out after the last message. I went by the Greenwich Library, and I watched it closed. For those of you whom are night owls, the Scott Library and York University in the northern suburbs of Toronto, Canada <http://www.library.yorku.ca/ccm/Home/homepage.jsp> use to be opened 24 hours a day 7 days a week except Christmas Day, but according to their web site, they now have regular hours, so I guess they can not get people to work at night in Canada either. I next went downtown, and I walked the entire length of Greenwich Avenue and the train station area, and I sat out at various locations. I used the bathroom at Starbucks, and the new remodeling job looks quite spacious and more festive. I next drove down by the waterfront. It seems like Long Island Sound is still there. I then went by the ATM machine at Putnam Trust Bank of New York on Mason Street. I then went by the Food Emporium <http://www.thefoodemporium.com/>, and I bought two 12 ounce boxes of America's Choice fish cakes for \$1.99 each box, a 4 ounce box of Bremner wafers for \$1.99, two 28 ounce cans of Goya chick peas for \$1.19 each, two 26 ounce jars of Newman's Own www.newmansown.com tomato and garlic sauce for .99 each jar, a 13 ounce bag of Doritos www.doritos.com guacamole chips for \$2, a 5 ounce box of America's Choice thin chocolate covered thin mints for .99, four eight ounce bars of Kraft www.kraft.com cheese two Monterey Jack, one sharp cheddar, and one jalapeño for \$1.99 each bar, and two 17 ounce bottles of Master Choice white wine vinegar for \$1.14 each for \$25.46 total. I then returned home, and I drank a cold Diet Coke www.coke.com in a frozen mug. I put away my purchases. I will mix the Monari balsamic vinegar and the white wine vinegar 50% - 50% in my plastic squeeze bottle to have available for use on salads. Latest news on Mount St. Helens [MSNBC - Mount St. Helens emits plume of steam, ash](#). For anyone interested in volcanology, one can try [Michael Louis Scott's Volcanoes and Earthquakes and Geoscience Directory #2 March 17, 2004](#) and [Scott's Old List of Volcanoes and Earthquakes and Geoscience Directory](#) and currently www.volcano.si.edu is busy occasionally. CIO

Note: <888> 10/04/04 Monday 8:20 P.M.: I had a telephone call, but since the Uniden cordless telephone is not charged, it interferes with incoming calls and disconnected the call. I disconnected the telephone cable to the Uniden cordless telephone until it is fully charged. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . For the cheddar cheese portion, I used Kraft Cracker Barrel 2% low fat sharp cheddar cheese. I used all of the other regular ingredients. I had the salad with a glass of iced tea. I will now shut down the computer, and I will go back out. CNN.com - [Mount St. Helens lets off steam](http://Mount.St.Helens.lets.off.steam) - Oct 4, 2004 CIO

Note: <888> 10/04/04 Monday 7:00 P.M.: I was up at 11:30 A.M. this morning. I had breakfast of oatmeal with a sliced half of a banana, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went outside, and I picked up the mail. I showered and cleaned up. I went by the Wachovia Bank on Benedict Place, and I paid my rent to the Greenwich Housing Authority. I then went by the central Greenwich post office, and I obtained money orders at .90 each to pay my Verizon telephone bill, Cablevision, and Optimum online cable modem bills. I mailed them at the post office. I paid .75 parking meter fees downtown. I sat out for a while, and I used the bathroom at the senior and arts center. I then drove down by the waterfront. I then went by Radio Shack www.radioshack.com in Cos Cob, and I bought for my Uniden cordless spread spectrum cordless telephone a Radio Shack #23-964 cordless telephone nickel-cadmium rechargeable battery for \$15.69 and for my General Electric 900 Mhz cordless telephone a Radio Shack #23-298 cordless telephone nickel-cadmium rechargeable battery for \$11.49 plus \$1.63 tax for \$28.81 total. I brought the cordless telephones with me, and the sales clerk installed the new batteries in the cordless telephones. They have to charge up for 24 hours before they are fully charged. Now all four of my cordless telephones in the apartment should work. I then went by the Old Greenwich Mobil Express Car wash, and I had my Volvo washed for \$5. I then went by Staples www.staples.com , and I bought two packages of 500 sheets of Staples laser paper for two packages for \$7, a package of three Staples clamp binders for \$5.99, and a Antec Cobra ATA-133 IDE round cable for \$14.98 plus \$1.68 tax for \$29.65 total. I then drove back downtown, and I sat out for a while, and I used the bathroom at the Senior and Arts center. I then went by the Arnold Bread outlet, and I bought a loaf of fresh Arnold Healthy multigrain bread \$2.27, a 5.5 ounce box of Arnold regular cut Seasoned croutons for .99 and a 5.5 ounce box of Arnold garlic and cheese regular cut croutons for .99 for \$4.25 total. I then went by the VitaminShope www.vitaminshoppe.com , and I bought a 300 capsules of MSM 1000 for \$32.57, 100 tablets of One Daily multivitamins with no iron for \$12.97, 100 capsules of Deodorized Garlic 500 for \$5.57, 100 tablets of C-500 complex for \$5.17, and a 100 capsules of B-12 500 mcg for \$5.17 less a \$10 off coupon that I had for buying over \$50 for a total of \$51.45. I then returned home. I put the two cordless telephones in their cradles to charge up. I installed the Antec IDE 133 Cobra Cable in my primary computer. I chatted with a relative. The computer still freezes when compressing my Microsoft Money file, I will have to see if in other activity it freezes. Still with the new cable it seems more responsive. The new cable has a ground connector on the IDE cable that I connected to ground to the floppy drive screw to case. I now have about six months worth of Vitamins with the reserves that I already had. CIO

Note: <888> 10/04/04 Monday 2:15 A.M.: I finished going through my email. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 10/04/04 Monday 2:05 A.M.: I finished going through my email. CIO

Note: <888> 10/04/04 Monday 1:35 A.M.: I took a four ounce can of sliced mushrooms, and I drained and rinsed the water out of it with the lid. I put a few tablespoons of olive oil and a pad of margarine in a small sauté pan, and I heated it over medium high electric heat, and I sautéed the mushrooms over medium to low heat stirring them regularly. I put about four 4.5 tablespoons of olive oil and two pads of margarine in my 10 inch omelet pan, and I heated it over medium high electric heat. I sliced seven 1 inch by 2 inch by 3/16 th inch slices of Kraft Cracker Barrel 2% low fat sharp cheddar cheese. I cracked three extra large eggs in a metal bowl, and I added about 1/8th of a cup of 2% low fat milk, and I whisked it all together with a metal whisk. Once the olive oil was heated in the omelet pan and the mushrooms were heated, I added the egg mixture to the omelet pan, and I lower the heat to medium to low. I let it cook, until it began to harden on top. I then flipped the omelet with a spatula, and I covered one half of it with the five slices of the cheese and about 75% of the mushrooms. I then folded the bare half over the covered half, and put it on a warm dinner plate. I put the remaining two slices of cheese on it and the remaining sautéed mushrooms and covered it with a medium to light covering grated parmesan cheese. While cooking the omelet, I also toasted one slice of bread, and I put two pads of margarine on it and spread it, and I cut the toast in half. I had it all for dinner with a glass of 2% low fat milk. I don't wash my omelet pan, but I just wipe it dry with a paper towel, so it does not stick in the future, and it gradually conditions the omelet pan. CIO

Note: <888> 10/04/04 Monday 12:55 A.M.: I went out after the last message. I went by the Stop and Shop, and I bought a 16 ounce bar of Stop and Shop Swiss cheese for \$4.39, two half gallons of Tropicana Premium orange juice with calcium 50% less calories for \$2 each, a 6 ounce container of Old Bay Seasoning for \$2.99, a 10 ounce bag of Bachman pretzel rods for \$1.69, two 3 liter containers of Botticelli olive oil for \$7.99 each, two 16.5 ounce bottles of Monari balsamic vinegar \$2.79 each, two Stop and Shop <http://www.stopandshop.com/> 3 ounce containers of grated parmesan cheese for .99 each, two Stop and Shop 3 ounce containers of grated parmesan and Romano cheese for .99 each, a quart jar of Stop and Shop strawberry preserves for \$2.99, a 16 ounce bag of baby carrots for \$1.50, broccoli crowns at .79 a pound for .76, for \$43.84 total. I then went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. The fire department responded to a call at the building that houses the Versailles restaurant, but they left within 45 minutes. Starbucks www.starbucks.com looks like it is finished remodeling, and they look like they will be opened this morning. Also the Baccarat <http://www.baccarat.fr/> shop looks like they are finished remodeling, and of course there is a new Brooks Brothers store <http://www.brooksbrothers.com/> store just north of Saks Fifth Avenue <http://www.saksfifthavenue.com/> which is still waiting for their front doors to be repaired after the accident last week. I also noticed that this Friday October 8 and Saturday October 9, the Presbyterian Church at the top of Greenwich Avenue is going to have a

Tag Sale. I next drove down by the waterfront. I then returned home, and I used my folding cart to bring up my groceries, and I put them away. I drank some iced tea. CIO

Note: <888> 10/03/04 Sunday 9:40 P.M.: I will eat shortly a Maria Callender 14 ounce grilled chicken tenders dinner with iced tea. I will now shut down the computer, and after I eat I will go out. CIO

Note: <888> 10/03/04 Sunday 9:30 P.M.: I chatted with two relatives. CIO

Note: <888> 10/03/04 Sunday 8:50 P.M.: I have Norton Internet Security 2004 installed on the computer, and I ran the updates, and all of the updates installed except "WMI". I will work on that later. I also installed Norton System Works 2003. The system still occasionally freezes, and all that I can think to do is order another IDE 100/133 dual connector round cable and see if that fixes the problem. I disabled all of my startup programs except the Norton Internet Security 2004 programs. I have the IDE 1 set at DMA. CIO

Note: <888> 10/03/04 Sunday 5:45 P.M.: I was up at 3 P.M.. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went outside, and I removed all the items from my Volvo in the rear compartment area. I used the AT&T CD lens cleaner, and I cleaned my Volvo CD player. I then put in six CDs, three Elvis and two Beatles CDs that I made up from their most popular songs and the Frank Sinatra Duets CD. The CD player plays perfectly. I put all the items back in the rear storage area the same way. I showered and cleaned up. I will now uninstall and reinstall Norton Internet Security 2004 and Norton System Works 2003. I will install the latest version of Live Update, and when I run the Norton Updates, I will run it from a safe boot with networking support, so the system should not freeze on the updates installation procedure. I will also set the IDE 1 driver to PIO mode for the process and then return it to DMA. This should take less than an hour. CIO

Note: <888> 10/03/04 Sunday 10:10 A.M.: I had problems installing the Norton programs, and I got system freezes. I uninstalled Windows XP SP2 and the other SP2 updates. The system seems a bit smoother and more stable with SP1, but I still get occasional freezes when trying to install programs. I installed the Norton's programs, but there was a problem, so I will have to uninstall and reinstall them again. I went outside briefly a few hours ago. I will now shut down the computer, and I will go to bed. CIO

Note: <888> 10/03/04 Sunday 3:10 A.M.: In uninstalling the Norton Programs, the system froze. I disconnected the computer case from the cables, and I opened it up. I replaced the long round primary IDE cable to the two hard drives, with the shorter primary IDE ribbon that came with the computer, and then I reconnected the computer. Well, that fixed the problem, which is the obvious solution, and the computer is no longer freezing. I will now reinstall the Norton programs. CIO

Note: <888> 10/03/04 Sunday 1:05 A.M.: I went to sleep after the last message. I will now uninstall Norton Internet Security 2004 and Norton System Works 2003, and then I will reinstall them. CIO

Note: <888> 10/02/04 Saturday 8:50 P.M.: I will now shut down the computer, and I will rest. CIO

Note: <888> 10/02/04 Saturday 8:40 P.M.: After I shut down the computer this past morning, I put a new 3 volt Energizer lithium disk battery #2025 in the Remote Keyless entry device for my Volvo. I woke up briefly, and I ate six one inch by one inch by 1/8th inch slices of Swiss cheese on six Town House crackers and about a half dozen other Town House crackers. I had them with some iced tea. I was awake at noon today. I had breakfast of oatmeal, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I went outside briefly, and I picked up my mail. I chatted with a relative. I showered and cleaned up. I went out, and I drove by Gateway Auto Supply at 154 Prospect Street, and I bought a container of Pennzoil <http://www.pennzoil.com/> Fuel Injection cleaner for \$2.99, a quart of Valvoline <http://www.valvoline.com/> 10W40 oil for \$2.25 and two Christmas Tree New Car scent cards for \$1 each for \$7.24 total. I put the quart of Valvoline 10W40 oil in the rear luggage compartment of my Volvo where it is easily obtained. I hung one of the scent cards on the hook by the driver's side rear seat window, and I put the other one unused in the glove box. I then drove down by the waterfront. I drove over to Old Greenwich, and I had my hair cut at Off Center barbers for \$18 plus \$5 tip for \$23 total. They had the Old Greenwich, Connecticut fire house <http://sbvfd.com/> open for the 100th anniversary celebration. I then drove out to Tod's Point, and I parked at the southwest parking area, and I chatted with two other regular waterfront observers. I then drove back to downtown Greenwich, and I sat out briefly. I set my two AM and two FM radio buttons on the Volvo. I then went by the Exxon gasoline station next to the Greenwich Library, and I put in the Pennzoil fuel injection cleaner in my fuel tank, and I bought \$11.65 of premium gasoline at \$2.399 a gallon for about 22 miles per gallon usage, most of which was highway driving. I then returned home. I had a message on my answering machine from a relative. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I use a tin of sardines that I chopped instead of tuna fish, and for the cheddar cheese portion, I used Kraft Cracker Barrel 2% low fat sharp cheddar cheese. I used all of the other regular ingredients, and I had the salad with a glass of ice tea. CIO

Note: <888> 10/02/04 Saturday 3:40 A.M.: The previous mentioned note did not fix the problem. I will uninstall and reinstall Norton Internet Security 2004 and Norton System Works 2003 later on today when I have time. I need to be on a day time schedule part of the time earlier this coming week to pay my first of the month bills. I have been awake for 20 hours, so I will now shut down the computer, and I will go to bed. As it gets colder, I seem to have more time to spend on the computer, since I do not spend as much time outside. CIO

Note: <888> 10/02/04 Saturday 3:20 A.M.: I need to uninstall and reinstall Norton Internet Security 2004, since the Norton AntiSpam icon features do not appear in

Microsoft Outlook 2003 as they should. I will do that later. But first I will run Ad-aware to see if it possibly fixes the problem. CIO

Note: <888> 10/02/04 Saturday 2:25 A.M.: I am microwaving a Stouffer's Lean Cuisine cafe classics bowl Chicken Teriyaki 11.5 ounce meal, and I will add a 1.5 teaspoons of La Choy low sodium soy sauce after cooking and mix it into the Chicken Teriyaki, which I will eat with a glass of iced tea. CIO

Note: <888> 10/02/04 Saturday 2:05 A.M.: [CNN.com - Scientists monitor Mount St. Helens after eruption - Oct 1, 2004](#) . CIO

Note: <888> 10/02/04 Saturday 1:55 A.M.: I replaced a 40 watt bulb in the small wall lamp above my Minolta QMS PagePro 1250W laser printer with a new 40 watt bulb. Around May 2004, I ordered a 6000 sheet remanufactured toner cartridge for my Minolta laser printer for \$72 from <http://infinityimaging.com/> . Since the Minolta starter cartridge was good for 1250 pages, it just ran out at 1115 pages. I put in the new 6,000 sheet remanufactured cartridge, and it works just fine. I could not reset the counter by the method in the manual that I keep available on the chair to the left of the computer. However, this does not matter. I will leave it, so I have the entire life usage of the Minolta laser printer. I ran off a few test copies, and it is now at 1118 sheets produced. Thus it is all set to go, and I restocked it with fresh paper. Once I am sure it is all right, I will send back the old cartridge to Infinity in the new toner cartridge shipping box with the free UPS shipping label provided. CIO

End of Scott's Notes week of 10/02/04:

Note: <888> 10/02/04 Saturday 12:20 A.M.: I cut eight 1 inch by 1 inch by 1/8 inch pieces of Swiss cheese, and I put them on eight Town House crackers, and I ate them with a bit of iced tea. About a month ago, I bought a \$50 set of tire cables for snow and ice traction for my previously owned Hyundai, and I paid \$15 for them at the 70% off shelf at the Greenwich Hardware store, but I can not return them. I do not think they will fit on the tire profile I have on the Volvo, so I will have to figure out what to do with them. The Volvo I believe has front wheel drive, which is good traction on snow and ice if one has the proper tires with enough tread, which I do. It also has a roof rack, and I have tie down cables for the roof rack in the spare tire compartment, which is currently covered with stored items in the rear compartment. I need to rearrange the stored items, so the tool box is more available. Also I have to remember to put in six CDs in the CD player in the spare tire compartment. The spare tire is donut spare tire, and not a full size spare tire. I also have to study the owners manual and other information when I have time. Since I never listen to audio when I drive, since I find it distracting, and I like to keep my ears open for hearing, I probably will not be using the sound system much and like a lot of other things on the Volvo, I have to figure out how to use it all the devices and switches. I never smoke tobacco in my cars anymore, so I will continue to maintain the smoke free environment in the Volvo. I will now send out my weekly notes. CIO

Note: <888> 10/01/04 Friday 11:40 P.M.: I went outside, and I checked my tires on the Volvo. My Volvo has metal alloy wheels with low profile wide Yokohama AVID V4 2205 / 55R16 / 89V tires which on the internet discount tire sites are about \$89 apiece. They have 5,000 to 10,000 miles wear left on them. They are similar to the Michelin www.michelin.com MXV4 tire which at Sears www.sears.com which currently has tires on sale, and various tires run from about \$80 to \$140 apiece on Sears web site, but I am not sure if they are the same low profile tires or not, but the numbers are similar. The Costco www.costco.com web site lists the particular tire size that I have for my particular 1995 Volvo 850 Turbo Wagon as 205/55R16 89V, Option 1 which run about \$150 a tire for various Michelin tires, thus if in the future I want to keep the Metal Alloy wheels, with tax, mounting, speed balancing, at Costco I would be paying about \$750 for a new set of tires. Of course people with fancy tires tend to be skinny, so I would not have to worry about eating anyway. At www.samsclub.com they are special order. Well anyway, at the rate I drive, my tires on the Volvo are good for another year, so I will wait until Christmas 2005 for new tires on the Volvo, and a lot can happen between now and then. I checked the oil underneath the hood today, and it was fine. The engine compartment is a bit dirty, and about 18 years ago, I had my Volkswagen Dasher station wagon engine steamed cleaned at the Exxon station across the street from me on West Putnam Avenue and the New York border for \$20, so maybe some time in the future, I can have them steam clean the engine compartment. The Volvo has a moon roof and most of all of the accessories that came with that model. CIO

Note: <888> 10/01/04 Friday 10:25 P.M.: I installed the Microsoft IP 5.0 mouse driver to go with my Kensington Wireless mouse, which is similar to the Microsoft Wireless Wheel Mouse. The later version 5.2 of the IP driver does not support the Wireless Wheel Mouse. CIO

Note: <888> 10/01/04 Friday 9:55 P.M.: I finished my house cleaning and watering the plants. I chatted with a relative. I threw out the garbage. I called GEICO www.geico.com , and I let them know my Volvo title had been transferred to me, and the Volvo was registered in Connecticut in my name, and that I have a factory installed alarm in the Volvo. For \$15 more a six month period, I also took out the coverage which provides up to \$30 a day should I need a rental car, if I have a claim on the Volvo, and it is in the shop. I chatted with the GEICO representative about this area. CIO

Note: <888> 10/01/04 Friday 6:10 P.M.: I was up at 7 A.M. this morning. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I showered and cleaned up. I went by Putnam Trust Bank of New York, and they notarized my Volvo title free as a courtesy to customers. I then drove up Glenville Road to King Street to the airport extension road to New King Street to I-684 East to I-84 East, and I took a break at the Connecticut welcome center rest area. I then took exit 5 and I followed the instructions [DMV: Danbury Office](#) to go to the Danbury, Connecticut Department of Motor Vehicles office, which I had to go to get a VIN ID on my car. The way is also marked by signs in Danbury. I got the forms from the receptionist. They did the VIN ID check. I filled out the form. I then received number 240 to wait in line when number 211 was being waited on. It took about an one hour and twenty minutes of

waiting. The registrar gave me the tax exemption since the car was a gift from my sister. I paid a VEH XFR fee of \$11, TSB Fee of \$9, Title fee of \$25, and the VIN ID inspection \$10 for \$55 total. I had my tools out in the car to transfer my existing Connecticut license plates from my Hyundai to the Volvo, so I took off the Pennsylvania plates, and I put on my Connecticut plates front and rear with the Mercedes Benz of Greenwich, Connecticut license plate frames. I then cleaned my hands in the DMV bathroom, and it all took about 2 hours. I was told that I could wait until I got home to transfer the plates, but since it was a nice day, I transferred them there. I returned back home via the same way. I stopped at the I-684 rest area in Armonk, New York, and I saw lots of retired people from Florida heading south. I then returned home. I sorted out my paper work, and I put the registration and the new GEICO insurance card that I received today in my Volvo glove box paper work holder. I went inside briefly. I used a scraper that I keep in my kitchen bureau, and I scraped off the Pennsylvania emissions stickers. I put my pink Greenwich, Connecticut beach vehicle identification ID sticker in the driver's side lower corner of the front window. I used scotch tape, and I put my Connecticut Bush Cheney 2004 sticker in the drivers side rear side window. I then drove over to the Valley Road post office, and I obtained at .90 cost a money order to pay my first of four installments on my GEICO automobile insurance six month policy. I mailed it there. I then returned home, and I microwaved a Maria Callender 14 ounce sliced turkey and stuffing dinner, which I ate with a glass of 2% low fat milk. I had two messages from a relative, and the relative just called back. I will now do my house cleaning and watering the plants. CIO

Note: <888> 11/30/04 Tuesday 4:50 P.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 11/30/04 Tuesday 4:30 P.M.: I watched some television. I put the tea in the refrigerator to become iced tea. CIO

Note: <888> 11/30/04 Tuesday 3:20 P.M.: I went through my email. CIO

Note: <888> 11/30/04 Tuesday 2:25 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I used all of the regular ingredients, however instead of tuna fish, I used the remaining two slices of Butterball boneless breast of white turkey meat, which I cut into 1/4 inch thick by half inch wide strips. For the cheddar cheese portion, I used Norwegian Jarlsberg cheese. I ate the salad with a glass of iced tea. I am now making up a fresh batch of www.geocities.com/mikelscott/icetea.htm . CIO

Note: <888> 11/30/04 Tuesday 12:30 P.M.: I ran the maintenance utilities on the primary computer. I showered and cleaned up. I chatted with a neighbor. I went out about 8 P.M.. I went downtown, and I walked upper Greenwich Avenue, and I sat out at various locations. I stopped by and viewed the lobby of <http://www.bankofamerica.com/> on Greenwich Avenue. My father use to bank in the bank with the green dome, when it was called the First National Bank of Greenwich. I chatted with one of the officers. I

used the bathroom at the senior and the arts center. I then drove down by the waterfront. I then went by the Greenwich Hospital Thrift Shop. I bought a multicolor golf umbrella for \$3. I put the umbrella on the umbrella tray behind the rear seat in my Volvo station wagon. I then went by Putnam Trust Bank of New York on Mason Street. I used the bathroom downstairs by the vault. I did some other banking transactions like getting parking quarters for parking downtown. I then went back downtown, and I went by the Merry Go Round Mews thrift shop. They have a number of items there. I noticed a very nice worsted wool Dunhill black pin strip suit size 40L for \$40. They have a fainting couch for \$200, a pair of ornate Italian palazzo sitting chairs for \$500 apiece. They took in a carved wood mirror which is not yet priced. I noticed for some reason, they had a HP LaserJet 6P printer like I have for a backup laser printer for \$150. I think \$25 would be more realistic, since one can buy new laser printers which are faster for \$100. I then walked lower Greenwich Avenue, and I sat out briefly downtown. I returned home. I chatted with a neighbor. I picked up my mail. I received my automobile registration renewal, and I have to pay by mid January 2005 \$75 for the registration and \$10 for the emissions fee for \$85 total. CIO

Note: <888> 11/30/04 Tuesday 5:55 A.M.: I chatted with a relative about 9 P.M. last night. I was up at 4:30 A.M.. I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I will now do a System Restore backup on the C: drive. I will then run Disk Cleanup on the C: drive. I will then use Windows XP backup to do a Automatic System Recovery Backup. I then will run Norton Speed Disk. CIO

Note: <888> 11/29/04 Monday 6:45 P.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 11/29/04 Monday 6:00 P.M.: FOXNews.com - Politics - Bush Visits Northern Neighbor, which is still south of England . CIO

Note: <888> 11/29/04 Monday 5:10 P.M.: Good deal [Staples Circular Savings Konica Minolta 1350W laser printer \\$99.72 plus the governor](#) . CIO

Note: <888> 11/29/04 Monday 4:40 P.M.: I made up another page of links [Michael Louis Scott's Computer Online Stores](#) . CIO

Note: <888> 11/29/04 Monday 2:50 P.M.: I ran Windows and Office update. If one wants to try Office 2003, there is a free 60 day demo available for download on the internet [Office Standard Edition 2003 Trial Software](#) . CIO

Note: <888> 11/29/04 Monday 2:00 P.M.: I finished going through my email. CIO

Note: <888> 11/29/04 Monday 1:35 P.M.: I picked up my mail downstairs. I put three teaspoons of olive oil and two pads of margarine in my 10 inch omelet pan, and I heated it over medium high electric heat, and once the fat began to bubble, I lowered it to a little lower than medium. I had already broken three eggs in a metal bowl, and I added a

couple of tablespoons of milk, and I mixed it altogether with a whisk. I added the egg mixture to the omelet pan, and I let it heat until it was solid enough to flip over. I then flipped it over with a spatula. I then let it heat a little more until that side was cooked a little bit and it was puffy. I then slid it on to a microwave proof plate, and I added two large sliced plum tomatoes sliced into 3/16 inch thick slices and 4 triangle slices 3 inches at the base 5 inches high by 3/32th inch thick slices of Norwegian Jarlsberg cheese, and I seasoned it with Italian seasoning, and I put it all in the General Electric microwave oven with a microwave cover, and I heated it on reheat for half of the reheat time to melt the cheese and warm the tomatoes. I then slid the open face omelet on another plate and sprinkled it with grated parmesan cheese. I also added two slices of toast with two slices each of margarine, and I cut the toast in half. I ate it all with a glass of iced tea. I wipe the omelet pan with a paper towel after cooking, so it remains seasoned instead of washing it, which would wash off the seasoning. I then ate a piece of pecan pie, and I refrigerated the remaining pecan pie like the box suggested. CIO

Note: <888> 11/29/04 Monday 11:55 A.M.: I went out after the last message, and I saw our garbage truck removing the dumpster contents with the old computer items I threw away. I walked the entire length of Greenwich Avenue, and I sat out at various locations. I stopped by CVS during the walk. Solid white albacore tuna fish is on sale for .99 a can. I was told by a Greenwich town employee that Torrington, Connecticut [TORRINGTON, CONNECTICUT](#) is economically depressed, and people are living in buses up there. I suppose once one gets out of this area, the reality of the less prosperous New England economy becomes real. I noticed that in the window of the Korean grocery store the Greenwich Produce company just south of the Greenwich Post Office, there is a sign saying they are going out of business due to the poor economic conditions in this area. I next drove down by the waterfront, and the construction tent that blew into Steamboat Road yesterday has been removed from Greenwich Capital Markets [www.gcm.com](#) owned by the Royal Bank of Scotland [www.rbs.co.uk](#). I next went by the Greenwich Hospital Thrift Shop. They still have lots of Christmas merchandise. One never knows what one will find there. I then went by the Greenwich Library, and the Greenwich Time [www.greenwichtime.com](#) was not available. I then went by the Arnold bread outlet, and I bought a Entenmann's 22 ounce Pecan pie for \$1.79 and a loaf of Arnold Natural 100% whole wheat oat bread for \$2.19 for \$3.98 total. I then returned home. I drank some iced tea. I chatted with a relative. CIO

Note: <888> 11/29/04 Monday 6:40 A.M.: I put three quarts of water in a five quart Revere pot, and I added a teaspoon of olive oil, and a few dashes of salt. I brought it to a boil with the lid on it, and I put in a 16 ounce box of Stop and Shop vermicelli, and I boiled it for 6 minutes without the lid. While boiling the Vermicelli, I put a half of a 26 ounce jar of Newman's Own roasted garlic and tomato sauce in a microwave proof plastic pot, and I put the lid on it, and I heated it on the Reheat cycle. I drained the vermicelli in a colander, and I put half of it on a dinner plate, and I added the heated sauce, and I added a thin layer of grated parmesan cheese. I refrigerated the other half of the sauce in the jar and the other half of the vermicelli in a Rubbermaid container. I ate the meal with a glass of iced tea. I will now shut down the computer, and I will clean up, and I will go out. The current weather is [Weather Underground: Greenwich, Connecticut Forecast](#). CIO

Note: <888> 11/29/04 Monday 5:30 A.M.: I ran Norton Win Doctor and Ad-awareSE. CIO

Note: <888> 11/29/04 Monday 5:10 A.M.: I downloaded and installed www.weatherscreen.com . It seems to work very well with some additional features. To get it for free, one has to give them two friend's email addresses. CIO

Note: <888> 11/29/04 Monday 4:50 A.M.: I tried looking at www.almanac.com for the weather forecast for the first week of January 2005, but they now charge \$5 for their weather forecasts. CIO

Note: <888> 11/29/04 Monday 4:30 A.M.: The two packages containing [Save on the Dream Suite Automatic Warming Blanket at SmartBargains.com](#) that I was able to get cheaper for \$27.95 for a full size blanket in Ecru color plus \$6.95 shipping were shipped via www.ups.com from Sharonville, Ohio on 11/28/04 at 8:03 P.M. and is scheduled for delivery on December 2, 2004. CIO

Note: <888> 11/29/04 Monday 4:00 A.M.: I chatted with a relative at 9 P.M.. I am going down to visit with relative in Vero Beach, Florida from Wednesday January 5, 2005 until the following Wednesday January 12, 2005. I will take a Greenwich, Connecticut taxi [Greenwich Taxi Inc - Airport Transportation Service - Greenwich, CT - CONNECTICUT](#) for \$6.20 plus \$1.80 tip to the Greenwich Connecticut train station. I will then take [MTA - Metro-North Railroad](#) from Greenwich to Grand Central Terminal for \$10.25, and then I will catch the airport bus [The Most Departures To Manhattan - New York Airport Service](#) from Grand Central Terminal to La Guardia airport for \$12. The buses use to leave from Park Avenue on the south side of Grand Central Terminal by the Phillip Morris building. I will then fly Delta Airlines flight #619 Boeing 757 departing 01/05/04 at 1 P.M. from La Guardia (LGA) and arriving at 3:37 P.M. at Atlanta Hartsfield Jackson International airport (ATL). I will then transfer to Delta Flight #469 McDonnell Douglas MD-80 Jet at 4:38 P.M. from Atlanta to Melbourne, Florida (MLB) arriving at 6:02 P.M.. I will be picked up at the airport by a relative for the short journey to Vero Beach, Florida. On Wednesday January 12, 2005, I will either have a relative drive me to the Melbourne, Florida airport or take a local airport limousine for \$50. I will depart Melbourne, Florida at 8 A.M. on Delta flight #4519 Canadair Regional Jet 700 arriving at Atlanta at 9:29 A.M., and then I will transfer to Delta flight #512 McDonnell Douglas MD-80 jet leaving at 10:30 A.M. and arriving at New York La Guardia at 12:47 P.M.. I will return via the same transportation that I took from Greenwich to La Guardia. The fare on Delta from www.sidestep.com is \$182. My relative booked me the fare, and all total it was \$184.40. My relative is sending me the tickets. I next chatted with another relative. I then ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went back to bed until 2:30 P.M.. CIO

Note: <888> 11/28/04 Sunday 12:40 P.M.: I did some regular computer work. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 11/28/04 Sunday 11:35 A.M.: I went through my email. I chatted with a friend. The Farmers Almanac calls for a colder snowier winter this winter [Farmers Almanac Long-Range Forecasts](#) . CIO

Note: <888> 11/28/04 Sunday 10:55 A.M.: [ABC News: Largest Quake Since Oct. Hits St. Helens](#) and [Mount St. Helens VolcanoCam - Mount St. Helens National Volcanic Monument](#) . CIO

Note: <888> 11/28/04 Sunday 10:50 A.M.: [Weather Hazards for Northern Westchester County, NY](#) . I chatted with a neighbor, and I checked outside, and it is raining quite heavily [Weather Underground: Greenwich, Connecticut Forecast](#) and [Weather Underground: Greenwich, Connecticut Forecast](#) . CIO

Note: <888> 11/28/04 Sunday 10:35 A.M.: I ate the last piece of pumpkin pie with whipped cream and a glass of iced tea. I chatted with a relative. CIO

Note: <888> 11/28/04 Sunday 10:00 A.M.: I chatted with a relative. I watched some television including the last 15 minutes of [www.hourofpower.org](#) which is on our local cable television system cable system on channel 45 from 8 A.M. to 9 A.M. on Sunday morning. I met Dr. Schuller about 18 years ago, when he was signing a books at the Stamford, Connecticut mall. I recall there were a lot of women there from the Dutch Reform Church in Rye, New York. Dr. Schuller's wife Arvella Schuller is on the board of trustees of Hope College [www.hope.edu](#) where my mother's family is from in Holland, Michigan. There are quite a few Dutch reform churches in Holland, Michigan. I recall my mother's family use to go the 3rd Dutch Reform church which was near my Grandmother Boven's home. I have seen Dr. Schuller's son Robert Schuller Junior in the Greenwich Library before, but whenever I see him, I think he is Brian Williams from N.B.C. since they look a bit the same, but I think Robert Schuller Junior is taller. CIO

Note: <888> 11/28/04 Sunday 8:10 A.M.: I went out after the last message. I went by the Exxon gasoline station next to the Greenwich Library, and I bought \$7 of premium gasoline at \$2.479 a gallon for 15.9 miles per gallon usage averaging driving 13 miles per hour around town. I then went downtown, and I started to walk Greenwich Avenue, but it started raining, and I cut short my walk after a half of block. It is too windy to use an umbrella. I drove down on Steamboat Road, and at about 7 A.M., the road is block by the steel pole frame construction tent with plastic on it that is about 100 feet long by 20 feet wide that was blown off of the front courtyard of Greenwich Capital Market [www.gcm.com](#) owned by the Royal Bank of Scotland [www.rbs.co.uk](#) . It is blocking most of the road, and the steel frame would easily weigh over more than several tons. The steel frame tent is being used to protect the brick repaving project in the courtyard of Greenwich Capital Markets. I did not see any police there, but I am sure they know since there is always security in the reception area of Greenwich Capital Markets. I then returned home. I came upstairs, and my sunglasses were missing, so I went back downstairs, and I found them in my car. I chatted with a neighbor. CIO

Note: <888> 11/28/04 Sunday 5:50 A.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I used two 3/8th inch thick slices of the Butterball boneless white turkey breast that I cut into half inch wide strips, about one to two inches long. I also used three artichoke hearts that I cut into quarters. For the cheddar cheese portion, I used Stop and Shop Swiss cheese. I used all of the other regular ingredients. I ate the salad with a glass of iced tea. I will now shut down the computer, and I will clean up, and I will go out. CIO

Note: <888> 11/28/04 Sunday 4:15 A.M.: I thought about it, and the French reproduction antique chair is a truly comfortable chair despite its skinny carved wooden arms, so I went outside, and I brought it back up to my apartment. I put it where it was before to the right of the long mahogany bureau in the living room at the hallway entrance. I put the white quilted slip cover back on it with the New Zealand sheep's skin on top of that and the small throw pillow that says, "With my Luck, When my Ship Comes in, I will be at the Airport." I moved the Uniden cordless telephone to the right open drawer of the living room desk drawer, and I took the generic corded white phone off, and I put it underneath the bedroom bed, since it did not seem to work. I move the small brass and marble lamp onto the small mahogany tea table. I put the two small brass and glass end tables in front of the DeLonghi oil filled radiator in front of the Danish bar, and I moved the large brass and glass coffee table further down against them. I put the third new office chair that I had where the French antique reproduction chair is, and I put it in between the two sofas at the sitting area entrance closer to the long green sofa, so there is about a two foot entrance space between it and the new sofa and in front of the brass and glass coffee table. Thus assuming three people to each sofa, and three office chairs, and the French chair, I have ten comfortable sitting places in my living room besides the computer swivel chair, and three dining room table bent oak chairs. If I ever turn on the DeLonghi oil filled radiators, I would have to move the items a bit around them. However, it all looks fine, and it is a comfortable setup. Thus the items that I got rid of cost me about \$328.25. CIO

Note: <888> 11/28/04 Sunday 3:00 A.M.: I just checked outside, and the computer items are still in the dumpster. The two mahogany end tables have been retrieved, but the magazine rack and the French reproduction antique chair are still there. The French reproduction antique chair has thin carved wooden arms, and I clued the left arm back together when it broke, and its yellow brocade fabric is dirty. It is similar to the furniture that Richard Wheelwright use to make and was used by the United States State department. It is heavily upholstered with lots of springs and stuffing. Today new it would probably cost about \$2,000. One can not lift it by the arms, or they might break again. One lifts it by the seat. It weighs about 60 pounds and is about 30 inches wide by 30 inches high by about 24 inches deep. It was obviously made for a large individual. CIO

Note: <888> 11/28/04 Sunday 2:35 A.M.: I went to bed after the last message. I had a telephone call from a friend at about 5 P.M.. I woke up at 10 P.M., and I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went back to bed until 1:30 A.M.. I took off three LAN cables from the bedroom hub,

and I put them on top of the cable box underneath the living room desk. The two LAN cables not connected to the two bedroom computers, I coiled and secured them with wire ties, so they are available for use with laptops. The items that I threw out yesterday originally cost me \$15 about 13 years ago for the French reproduction antique chair, \$10 each recently for each of the mahogany end tables, \$2.50 for the magazine rack, and the maple side table cost me \$10 about a year ago at a tag sale, and I put about \$10 of Stanley angle irons on it to reinforce the legs, and the American Academic Encyclopedia set cost about \$5.75. The two old HP computers were free as was the keyboard drawer, and one of them had a \$10 LAN card in it. The old AMD 233 MHz computer was about \$230 seven years ago for the case, motherboard, memory, LAN card and CPU. Two of the Dell 17 inch monitors cost \$10 at the Greenwich Hospital thrift shop, and the third Dell 17 inch Trinitron monitor was \$20. Thus I threw out about \$343.25 of items at my cost, when I purchased them. CIO

Note: <888> 11/27/04 Saturday 2:40 P.M.: I did one thing before going to bed. I took the bent oak chair out of the kitchen, and I put it to the right of my bedroom desk next to the bed. I then retrieved the small wooden chair from the dumpster which is more comfortable with its seat and back cushion, and I put it next to the stove in the kitchen to have a more comfortable smoking chair in the kitchen. The maple side table has already been retrieved from the dumpster area. I chatted with a relative. Now I will go to bed. CIO

Note: <888> 11/27/04 Saturday 1:30 P.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 11/27/04 Saturday 1:15 P.M.: I have been a bit busy. I went out after the last message, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I then drove by the lower parking garage train station dumpster, and there were three maple wood office chairs with purple upholstery in the dumpster. I put one in the back of my Volvo station, and then I drove down by the waterfront. I thought about it, and I figured I could get the other two chairs in my Volvo station wagon if I put the rear seat down, so I put the rear seat down. I then returned to the dumpster, and I was able to get the other two chairs in the Volvo station wagon. I then returned home. I brought the chairs upstairs outside of my apartment outside in the hallway. Over the next four hours, I took out the French reproduction sitting chair with the mended arm, the maple side table, two mahogany end tables, the small wooden chair, the magazine rack, three Dell 17 inch monitors, and the two HP computers and the oldest AMD 233 MHz computer, and a computer keyboard drawer. I put the computer items in the dumpster, and I left the furniture besides the dumpster. I threw out in the dumpster the set of American Academic Encyclopedias which were missing the I volume. I also threw out all of my periodical literature. I slid my newer sofa back, so it is about 2.5 feet away from the closet doors and five feet away from the opposite sofa. I centered the brass and glass coffee table in between them. I put my two long folding beach chair and my directors chair in front of the stereo bookcase, and then I put one of the three office chairs in front of them. I put the oak folding tables at the bedroom door entrance. I put the two foot Christmas tree on the center of the brass and glass coffee table. I put another of the

three office chairs where the French reproduction chair was to the right of the long mahogany bureau. I put the New Zealand sheep's skin throw over it. I put the third office chair perpendicular to the new sofa, so it faces the kitchen entrance at the apartment entrance. I put the mahogany tea table at the end of the new sofa next to the new office chair. I put the big button and the two cordless telephones and the answering machine on it. I put the remaining 19 inch monitor from the side table in the bedroom to the right side on the bedroom desk. I stored my automobile parts and accessories underneath the side table in the bedroom along with the computer mice and keyboards. I put the cables from the computer items that I threw away on top of the cable box underneath the living room desk. I put the small flags on the side table in the bedroom with 2.25 million watt rechargeable lantern. I reorganized the remaining bric-a-brac, so it makes some sense. I put the small brass and marble pedestal lamp on the near side small brass and glass end table. I put the wire CD rack in front of the Danish bar and the DeLonghi oil filled radiator in front of the Danish bar too. In one turns on the DeLonghi oil filled radiator, one should move the wire CD rack further away. I put my knit caps, scarves, and gloves on the right side of the side table in the bedroom. I used my small cart from the back of the Volvo for bringing down the computer items. I put the throws from the French reproduction chair in plastic bags in the false ceiling above the bed in the bedroom. The apartment living room now looks a lot more spacious, and the bedroom looks a bit less cluttered. In the future I still have to sift through some more items. I made a number of trips outside doing all of this. I picked up my mail. I am now keeping the new periodical material on the bookcase in the bathroom. I ate a piece of pumpkin pie with whipped cream and drank a glass of iced tea. CIO

End of Scott's Notes week of 11/27/04:

Note: <888> 11/27/04 Saturday 4:10 A.M.: I cut a individual servings worth of broccoli crowns in smaller pieces, and I heated them in a microwave proof plastic pot with lid on the vegetable cycle of the General Electric microwave oven. I cut two 1/2 inch thick slices of the Butterball white meat boneless turkey breast, and I put them on a microwave proof dinner plate, and I added the remaining mushroom gravy and the remaining cooked rice and the remaining Stove top stuffing, and I put the plate with the food with a microwave lid on top of it in the microwave oven, and I heated it all on the Reheat cycle. I then put the hot plate on another plate. I strained the broccoli, and I put it in a bowl with a teaspoon of olive oil, and I ate it all with a glass of iced tea. I will now send out my weekly notes. I will then shower and clean up, and I will go out for a walk. My electric blanket has shipped via UPS www.ups.com in two separate packages, but there are no shipping details yet. CIO

Note: <888> 11/27/04 Saturday 3:15 A.M.: I got my full size electric blanket in Ecru color for \$15 cheaper yesterday. It has gone up in price [Save on the Dream Suite Automatic Warming Blanket at SmartBargains.com](#) . CIO

Note: <888> 11/27/04 Saturday 3:05 A.M.: I put the laundry away. CIO

Note: <888> 11/27/04 Saturday 2:25 A.M.: After the last message, I went outside, and I threw out some garbage. I chatted with a neighbor. I did my vacuuming. I ate a piece of pumpkin pie with whipped cream. I went to bed. At 10:30 A.M. a friend called up. I microwaved and ate a bag of ACT II microwave popcorn. I went back to bed. At 3 P.M. I chatted with a relative. I woke up at 8 P.M., and I ate breakfast of oatmeal with a sliced banana, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I chatted with a relative. I watched some television. I went back to bed until midnight. I started two loads of laundry, and I have 35 minutes to go on the dry cycle. I put clean linens on the bed in the bedroom. I only have the heat turned on in the living room. I generally do not turn the heat on in the bedroom unless it gets very cold. I am warm enough with my comforter on the bed, and when I get the electric blanket, I will be warmer. I do not turn on the heat in the bathroom. I keep a Lasko box fan going on low on the living room window shelf do blow heat out into the room instead of having it rise into the false ceiling with six feet of air space above it. I noticed when I removed the television cablevision wall plate to check its connections that there does seem to be insulation in the walls, but there are probably areas where it leaks. I have the air conditioner and the area around it insulated with styrofoam, and the one winter that I took it out, it was not any warmer or cheaper. Also we have single pane windows. We do have thick brick exterior walls, but a lot of the masonry is cracked, so the cold wind blows into the walls. However having lived here for the last 16 years, I am use to it. The first eight years, the electric heat was included in the rent, but for the last eight years, we have had to pay for the electric heat, so I keep it cooler. Also last January 2004, the www.cl-p.com electricity rate went up 12% and it is now going up another 17%. Of course I have low blood pressure, so when I go to bed, I tend to feel colder whatever the room temperature until I finally get enough sleep and wake up. CIO

Note: <888> 11/26/04 Friday 8:25 A.M.: I will now shut down the computer. I will do my vacuuming, and then I will go to bed soon. [Yahoo! News - Flu Pandemic Inevitable, Plans Needed Urgently -WHO](#) . CIO

Note: <888> 11/26/04 Friday 7:55 A.M.: Interesting note to Americans on this link [Balmoral Castle Whisky](#) . I noticed on signs on merchants stores on downtown Greenwich Avenue, they are going to have the Festival of Lights on Sunday December 5, 2004 from 3:30 P.M. to 6:30 P.M. with different events taking place. CIO

Note: <888> 11/26/04 Friday 7:35 A.M.: I updated [Download Scott's Internet Directory "scott008.zip"](#) 2.27 megs and open "scotlist.htm" in web browser 11/26/04 . CIO

Note: <888> 11/26/04 Friday 7:30 A.M.: I added a few more links to [Michael Louis Scott's Online Shopping List](#) . CIO

Note: <888> 11/26/04 Friday 6:00 A.M.: I ate piece of Pumpkin pie with whipped cream and iced tea. CIO

Note: <888> 11/26/04 Friday 5:00 A.M.: I went out after the last message. I went downtown, and I walked the entire length of Greenwich Avenue including the train

station area, and I sat out at various locations. The wind had thrown some foam insulation boards that are being thrown out in front of Victoria's Secret, and they were all over the sidewalk, so I stacked them in two separate piles, so the sidewalk is now clear. I could have brought them home to put in my windows to insulate them, but Styrofoam does burn, so it would be a fire hazard, so I will not try to use the material, although it would make it warmer in my apartment. I met the owner of the building that Victoria's Secret is in about 15 years ago, and he is a wealthy Greek that bought the property and built the building, but I am not sure if he still owns it or not. I next drove down by the waterfront. I noticed the last office building on the right on Steamboat Road has a large "For Rent" sign in its windows. I am not sure if it is the entire building or just some office space. They do have a dock on the harbor as well as a patio though for summer enjoyment. I next stopped by the ATM machine at Putnam Trust Bank of New York on Mason Street. I then returned home, and I drank some iced tea. I went to [Save on the Dream Suite Automatic Warming Blanket at SmartBargains.com](#), and I ordered the electric blanket in full size in Ecru color for \$27.98 plus \$6.95 shipping for \$34.93 total. Until Sunday [www.smartbargains.com](#) offers free shipping on orders over \$50. I will be a little low on money at the end of the month, but as it gets colder here, I figure it is worth having an electric blanket on the bed in the bedroom as well as a comforter. CIO

Note: <888> 11/26/04 Friday 1:35 A.M.: I cut a individual servings worth of broccoli crowns in smaller pieces, and I heated them in a microwave proof plastic pot with lid on the vegetable cycle of the General Electric microwave oven. One can get the microwave proof cookware at [www.walmart.com](#). I cut two 17/32nds thick slices of the Butterball white meat boneless turkey breast, and I put them on a microwave proof dinner plate, and I added half of the remaining mushroom gravy and half of the remaining cooked rice and half of the remaining Stove top stuffing, and I put the plate with the food with a microwave lid on top of it in the microwave oven, and I heated it all on the Reheat cycle. I then put the hot plate on another plate. I strained the broccoli, and I put it in a bowl with a teaspoon of olive oil, and I put the remaining half can of Ocean Spray whole cranberry sauce in a bowl, and I ate it all with a glass of iced tea. I will now shower and clean up, and I will go out for a walk. CIO

Note: <888> 11/26/04 Friday 12:20 A.M.: I went to bed after the last message. I chatted with a relative about 10:30 A.M.. I chatted with another relative about 3 P.M.. I woke up at 5 P.M., and I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went back to bed. I woke up at 8:30 P.M., and I chatted with one relative twice and another relative. I did my house cleaning and watering the plants. I still have to do the vacuuming, when I will not disturb my neighbors later this morning. I threw out some garbage. It has gotten colder again [Weather Underground: Greenwich, Connecticut Forecast](#), but it is actually below freezing since there are frozen ice drops on my Volvo. CIO

Note: <888> 11/25/04 Thursday 9:10 A.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 11/25/04 Thursday 8:55 A.M.: I went through my email. CIO

Note: <888> 11/25/04 Thursday 8:50 A.M.: I am going through my email. I chatted with a friend. New links for Hour of Power Windows of Hope <http://www.hourofpower.org/windowofhope/register.cfm> . CIO

Note: <888> 11/25/04 Thursday 8:15 A.M.: Sherman discovers Europe: [ShermansTravel.com — Screened Listings, Deal Reviews, Objective Editorial](#) . CIO

Note: <888> 11/25/04 Thursday 7:20 A.M.: [Greenwich Time - Saluting one of their own](#) and the headlines in the Greenwich Time today in the newspaper box on Greenwich Avenue says that Connecticut Light and Power www.cl-p.com are going to raise the electricity rates 17%. They raised them 12% this past January. CIO

Note: <888> 11/25/04 Thursday 7:05 A.M.: I went out after the last message. I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. It seems to have cleared a bit, and it is quite nice out. I noticed that starting at 5 A.M. on this Friday morning after Thanksgiving www.kbtoys.com is having a sale. Also www.radioshack.com also has a sale on the Friday after Thanksgiving. I enjoyed looking at all of the Christmas decorations on Greenwich Avenue. After my walk, I drove down by the waterfront, but there were no fishermen there. One would think with the warmer weather, they would be fishing. I next stopped by Cumberland Farms www.cumberlandfarms.com on West Putnam Avenue on the Port Chester Greenwich border, and I bought a 7 ounce container of Garelick Farms light whipped cream for \$2.39. I noticed across the street, they are building a new office building or apartment complex just east of the Perrier headquarters if they are still there. I chatted with a neighbor. I then ate a piece of pumpkin pie with some of the whipped cream on it along with a glass of iced tea. CIO

Note: <888> 11/25/04 Thursday 3:20 A.M.: I will go back out shortly, and I will check out our local environment. CIO

Note: <888> 11/25/04 Thursday 3:00 A.M.: Basically in the time it took to cook a Mrs. Smith's frozen pumpkin pie, I made and ate my Thanksgiving dinner. I cooked the Mrs. Smith's 2 pound 5 ounce pumpkin pie in the Farberware convection oven putting it on a baking sheet at 375 degrees Fahrenheit for 55 minutes. It now has to sit for 2 hours. If I go out sometime soon, I will pick up some whipped cream at Cumberland Farms just across the border on West Putnam Avenue in Port Chester, New York. While doing that I made up a batch of rice the usual way with the China Village rice steamer. I put a 17 ounce can of Swanson's chicken broth in a pot with four tablespoons of butter and a teaspoon of Italian spices, and I brought it to a boil, and then I put in the 15 ounce package of Kraft www.kraft.com Stove Top Stuffing let it stand for five minutes off the heat, and then I fluffed it with a fork before serving. I took a 10.5 ounce can of Franco American mushroom gravy, and I put it in a sauce pan, and I added ten 1/4 inch thick sliced medium to large mushrooms, and I heated it over medium heat with a lid under the mushrooms shrank. While the rice was sitting for five minutes after cooking, I put in a microwave proof plastic pot with lid a half of a cup of water and one large service of broccoli crowns cutting into smaller pieces, and I heated it on the vegetable cycle on the

General Electric microwave oven. After that was done, I cut two 3/8th inch thick slices of the Butterball www.butterball.com boneless breast of white turkey meat which is already cooked, and I put them on a microwave proof plate with a microwave lid, and I heated them on the Reheat cycle for about three minutes. I then served on a different dinner plate, one third of the rice, one third of the stuffing, the two turkey slices with one third of the mushroom gravy on them and in a separate bowl the broccoli with a teaspoon of olive oil on it, and in another bowl a half of a 15 ounce can of www.oceanspray.com whole cranberry sauce. I ate it all with a glass of iced tea, and I just finished the dishes, and I am letting the pie cool. Local weather calls for rain and thunderstorms today [Weather Underground: Greenwich, Connecticut Forecast](#) ,although it will be warmer.

CIO

Note: <888> 11/25/04 Thursday 1:15 A.M.: Happy Thanksgiving Day. I went out after the last message. I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. The local youth were using the local pubs. The wind is out of the south, and it is currently raining, but today Thanksgiving Day should be warmer and clear. There usually are a large number of volunteers on Central Park West in Manhattan blowing up the large cartoon character balloons for the New York Thanksgiving Day parade, so with the wind and the rain, they would be having additional problems stabilizing the balloons. I am thinking about preparing my Thanksgiving Day meal in a little while instead of Friday morning when I am awake. I will probably wake up tomorrow evening during today, but I would not be eating my primary meal until Friday morning. Thus in a little while, I will prepare and eat my Thanksgiving Day meal. Before I went out, I ate a Celeste 7 ounce Deluxe pizza with some iced tea. CIO

Note: <888> 11/24/04 Wednesday 9:45 P.M.: I was up at 5 P.M., and I ate breakfast of a oatmeal with a sliced banana, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went downstairs, and I threw out some garbage. I then picked up my mail. I next went to bed until 9 P.M.. According to this it is raining, but at the moment it is clear [Weather Underground: Greenwich, Connecticut Forecast Wednesday](#) . I suppose I could clean up and go out. However, it depends on the conditions at the time I get out there as to whether I will take a walk or not. Last night there was nothing going on except for the local youth hanging out at some of our local pubs which is par for the course during the Thanksgiving Holidays. I suppose tomorrow night on Thanksgiving night the family people will be going to the movies. Realistically not much ever happens in the suburbs, but since people maintain large complex homes, it keeps them busy doing their chores. I guess I will be having my Thanksgiving meal late tomorrow night since I seem to be on a later schedule. I frequently go to a later schedule at the end of the month when I am low on funds, and it does not cost too much money to go downtown for a walk. However, my apartment is like my bank, and I am comfortable, and I have enough non perishable foods, so I never complain. However, not many people in this area seem to be awake on a later schedule anymore, since it costs so much to live here, they have to keep busy working in the day time. Thus on my schedule, I feel more like the Maytag repair man. CIO

Note: <888> 11/24/04 Wednesday 8:40 A.M.: I will now shut down the computer, and I will go to bed soon. I ate two more black licorice twists. CIO

Note: <888> 11/24/04 Wednesday 7:55 A.M.: One can order the Abercrombie and Fitch <http://www.abercrombie.com/> catalog free online at <http://www.abercrombie.com/anf/onlinestore/html/catalog.html> . The kids in the catalog look more like the kids that I grew up with, since most of my friends were the outdoors types. This dude I am sure will be popular at the Winter Olympics Abercrombie & Fitch Stars on the Rise which are next suppose to be in Turin, Italy in 2006 INTERNATIONAL OLYMPIC COMMITTEE - WINTER OLYMPIC GAMES, TURIN, ITALY . When I was last in Albertville, France in 1992, I mentioned when I was in Chamonix, it might be nice to travel through the St. Bernard Pass from Switzerland to Italy. Italy can be a very colorful and festive country, but alas I don't think it is as cheap now as it was when I visited in 1972. However a pack of Marlboros back then in Italy was about \$5, when French cigarettes were about \$2 and a Fiasco of Chianti was \$3 and a weeks stay at the Pension Adria at the Santa Trinita bridge in Firenze, Italia with continental breakfast and five course dinner was \$40 plus the cost of wine. Of course one had to put a 100 lire coin about 16 cents back then at 585 lire to the dollar in the bath hot water heater for about three minutes of spray hot water in the tub. A cappuccino with cream filled pastry was about a dollar. A train ride to Rome from Florence was about \$20. A borcellino hat was about \$2. Dinner at lunch time was about \$3 and dinner late at night at one of the late night restaurants was about \$4. The more enterprising youth in Florence would put down black felt clothes on the Ponte Vecchio, and sell gold trinkets. Since there was very little crime in the area, the felt secure in displaying their gold on the street. However, the population is fairly dense in the old part of the city in the daytime everyone is watching everyone like something out of a Machiavellian script. However at night when there is no Fiat automobile www.fiat.com or www.alfaromeo.com traffic, one can walk about the Renaissance streets in the early morning hours, and only see the spray cannon street cleaning machine which also washes off the cars. If the street cleaner sees you, he will turn off the spray when he passes by. If he does not see you, you get a free shower. I frequently have told people their street cleaning machines do a better job of cleaning the streets, since they wash down everything every night including the fronts of buildings, cars, sidewalks, streets, and whatever else is left outside. Alas, I am not to good at standing out in cold mountainous areas anymore, so more than likely I will not be making it to Turin, Italy, also because of lack of funds. CIO

Note: <888> 11/24/04 Wednesday 6:55 A.M.: I just microwaved and ate a Celeste 7.26 ounce Suprema pizza, which I ate with a glass of iced tea. We all know that www.chase.com bought www.jpmmorgan.com . Two days ago, I saw somebody walking around looking like he should be the chairman of J.P. Morgan Chase. He looked like he had eaten half the Angus cattle in Scotland, but more than likely he can afford Lipitor www.lipitor.com after all the beef he looks like he has eaten. Of course by fat people's standard, he is still small because he can still walk around easily. J.P. Morgan Private Banking has an office next to the Greenwich Police station on Mason street, so more than likely the head of J.P. Morgan shows up occasionally. He actually looks more like a

Morgan than a Texas cattle baron, but whatever the case since we know the Morgan family were once pirates, they more than likely would be able to spend some money in our locally depressed economy. Of course the Morgan Bank still has an office in London, and I am not sure if that was acquired by Chase or not. From what I can tell the local economy is in a downturn, since the price of fuel is so high. Also I was told by the night manager of Starbucks on Greenwich Avenue that they would be opened on Thanksgiving Day, but I am not sure what hours. Usually the Versailles restaurant next to Starbucks is open and as usual the Glory Days diner on the Boston Post Road is always open. Rue de Croissant has a "Cease Work" order in their window on their remodeling project, so possibly they did not have the right building permits. They are also remodeling the Texaco gasoline station at Arch Street and Railroad Avenue. According to the Greenwich Time <http://www.greenwichtime.com/> about six months ago that gasoline station as well as the Shell station at Sherwood Place and East Putnam Avenue and the Exxon gasoline station next to the Greenwich Library are owned by a wealthy Texas oil individual whom acquired them a long time ago. The individual thought they were over accessed at their \$350,000 value, so perhaps the individual has not been here in a long time. More than likely the individual or company would have other oil interests. Somebody else told me the Volpe family owned them, but the Volpes might just keep an eye on them. I believe the Volpe family are in the highway construction business, since they built a great deal of the Interstate Highway System with the Volpe construction company out of Boston, Massachusetts. Volpe was Dwight Eisenhower's Secretary of Transportation, and there is a Volpe <http://www.volpe.dot.gov/> National Transportation Systems Center in Cambridge, Massachusetts, so more than likely they travel around and see more. CIO

Note: <888> 11/24/04 Wednesday 5:45 A.M.: In my formative years in Decatur, Alabama before I moved here in 1961, I use to use the Carnegie Library in Decatur, Alabama which had lots of sea novels since Decatur was named after Stephen Decatur a United States Navy admiral famous for fighting the Barbary pirates off the North African coast. In reading the many sea novels, it seemed a great many treasures were always being lost at sea including gold, thus I was never really too interested in looking for gold if it only ends up getting lost anyway. With my friends in Decatur, Alabama at the southwest side of the Walter Jackson grade school play ground we did find petrified dinosaur eggs and in the stream beds south east of Decatur, we found lots of Indian artifacts including Indian arrow heads. I used to use my grandfather Boven's Indian Head pennies that my mother had saved to buy penny candy at the local candy store down the road from our house. I once found a V nickel in the dirt around our house. However, at the moment although most people think that America has been sifted and sorted through thoroughly over the last half of a millennium, it is such a large continent and people are always in such a rush, there is always no telling what one might find on a more closer examination of this continent. Still as I told a couple of friends from a church group in Sea Island, Georgia on a hot June day before "911", I had been all over the United States and there is nothing worth stealing from a military point of view. It was my viewpoint after our country going overseas frequently during this century, that since we can not really afford to fight long wars overseas indefinitely, the next time the aggressive powers would probably be coming here, and we would have to defend our country here. Of

course it is hard to put a value on Freedom and Liberty unless one knows what slavery and oppression is. I dare say most Americans would fight at home for their Freedom and Liberty, so any outside aggressors would have a very difficult time of it. I recall Eleanor Roosevelt in planning the defense of the United States during World War II in case we were invaded wanted all of our citizens to plant Poison Ivy around the churches and to put Golden Rod in all of the public buildings, so I guess having been exposed to both in Alabama, the new arrivals having just arrived here have lots to learn about the American way of life. I dare say some of the more fundamental American Indians are still hiding secrets from the long term European American residents. We do know a lot of the American Indians and the African slaves were cannibals, so maybe that is why there are so many missing people. Of course we still also have dangerous wildlife in the Americas too, so it is better to stay near the cement sidewalks and urban areas. CIO

Note: <888> 11/24/04 Wednesday 4:45 A.M.: The Australian waterproof matches were in a match box with orange, black, and white lettering, and I thought they would be useful for lighting a cigarette on a rainy day in Nantucket. My identification at the time showed that I was resident of New Canaan, Connecticut where the Chief of Police also had the last name Scott. When I returned back from California, there were quite a few Californians working around the Shell station next to the train station in New Canaan, and that winter which was very cold, there were also Hawaiians with lots of body fat working at the Mobil gasoline station on the Merritt parkway in New Canaan. However, at the time the area was still in major recession, and although I attended Ronald Reagan's first inaugural at my own expense, it was not until I returned from Nantucket in December 1983 about 21 years ago to this area that this area started to improve financially, lest we forget. CIO

Note: <888> 11/24/04 Wednesday 4:30 A.M.: Over the last three hours, I also ate seven black licorice twists. I recall in the Jan Sport day pack, I think besides the other items mentioned, I had a pair of Lee blue jeans, a pink and a blue LaCoste <http://www.lacoste.com/> polo shirt, my Greek fisherman's blue and white shirt that Joel gave me in Laguna Beach, California. I think I put the five ounce Swiss Credit gold bar that was numbered inside a box of Australian waterproof matches, and I think I also had another box of Australian waterproof matches which I found at a camp store in Laguna Beach when I bought the Jan Sport day pack. I also had a pair of long underwear knit bottoms. I probably had my toiletry kit. The United States passport would have been in my brown leather passport holder. I probably had some souvenirs from my travels. It may seem strange that I was using gold instead of American Express travelers checks, but at the time gold went from about \$250 a ounce to over \$850 an ounce, and there was gold fever <http://www.kitco.com/> in the country. At every airport there was a Deak Perrara gold exchange with long lines. I recall exchanging the 2.5 ounce Kaiser Wilhelm gold coin for some lesser coins and cash at the coin store in Huntington Beach, California after I returned to California from Hawaii. It seems like the people in California were honest, since I would leave my Jan Sport day pack on the beach in Laguna Beach with the gold coins and cash all day, and frequently leave it, and nobody would ever take it. However, after being around the honest Californians, when I returned back to the Manhattan area, unfortunately they are not that honest here. I used some older gold coins to exchange for

the newer gold coins, and although they were older, they never went up in value when the spot value of the newer gold coins went up. Of course, I also was around Mel Fisher's group in Key West, Florida when they were on their salvage dive for the gold they found there too. Since one of my relative's husband's father was the chairman of Newmont mining, it would be safe to say that they probably had seen gold before. They use to joke in California, "All the Gold in California is buried in a Bank in Beverly Hills". Whatever the case after that experience, I no longer keep precious metals or gems around me anymore. I do have a Canadian quarter with Queen Elizabeth II's engraving on the front, and possibly the Canadian quarter is real silver unlike the U.S. quarter. I also have a few old pennies that never went up in value along with my plate block stamp collection that never went up in value. I am acquainted with somebody from DeBeers from South Africa, so possibly they would know more about what happened to the gold that I was carrying. For all I know it was used to start Microsoft. CIO

Note: <888> 11/24/04 Wednesday 3:50 A.M.: I had a lot of witnesses in the places that I visited, and I did not do anything wrong, so it is my perspective that the fact that the individual that took my passport in the Jan Sport day back with the \$6,800 in gold more than likely looked a little bit like me, since the individual used my passport in Amsterdam according to American Express. The fact that the individual used a stolen United States passport and the individual stole \$6,800 in gold would lead me to believe the individual might not be a United States citizen and whatever the case, the facts were reported to the New Canaan, Connecticut, Port Washington, New York, SoHo Manhattan and West Side Manhattan police precincts as well as the United States FBI and the United States State department. I was told by the United States State department that at the time they had no way of tracking lost or stolen passports. From my viewpoint, Interpol probably know more, but if it was an individual or youth of some prominence they might have covered it up. However, since I was 30 years old at the time, and since I tended to look younger, the individual using the passport might have been younger. Whatever, the case more that likely since it happened in this area, the individual still might live in this area or probably still returns to this area for other similar mischief. Since I obtained the five ounce Swiss Credit bar and three one ounce gold Canadian maple leaf sovereigns from Sam Sloat's coin dealership in Westport, Connecticut possibly they might have tipped somebody or somebody might have been watching their store. I did have permission to use the funds that I was using at the time, since my relatives were away, and I was dealing with this area when it was very economically depressed and in major recession at that time in 1980 as well as a good deal of Manhattan. Since the people I was staying with in Manhattan and Port Washington, Long Island claimed to be United States State department employees, although they were also associated with the New York German consulate, it would seem to me that the democrats were playing dirty tricks because of my support for the upcoming republican administration. If this happened to me on a simple basis, one can imagine what happened at higher levels in democratic administrations. CIO

Note: <888> 11/24/04 Wednesday 3:00 A.M.: Well, when I got back to New York or New Canaan, Connecticut to be exact, I was planning to move to Norway, and just before I left Greenwich, I bought a 1974 Burgundy Volvo 2 door sedan at John Delia's Subaru dealership here in Greenwich for \$1,750, and I gave them my old 1972 Subaru that had

been across country and down to Florida. I had a small amount traveling funds in cash and a 5 ounce Swiss Credit bar and three 1 ounce Canadian Maple Leaf Sovereigns in a Jan Sport Day Pack which were worth about \$6,800 plus some personal items like spare jeans and shirts. I had planned to drive up to Canada leave the Volvo there and fly to Norway, and thus I would have a car whenever I returned. However, I either left the day pack with the gold in the Subaru when I switched cars, or it was taken from the Volvo when I parked at Westchester airport to check flight schedules, or when I stopped at my friend's mother's apartment whose family were United States State department employees and I parked on Riverside Drive in Manhattan or when I parked in SoHo for dinner, and I discovered it missing when I checked the trunk of the Volvo later that evening in Port Washington, Long Island where my friend was picking up his passport and belongings at another family residence. I thus was not able to make the trip to Norway with my friend whom was not very keen on moving to Norway, so with what little funds remained we drove back out to California, and we hung around Santa Barbara, Laguna Beach, and Santa Cruz, California traveling until after election day when we sold the Volvo in Anaheim, and returned back to New York shortly after election day. Whatever happened to the Jan Sport day back is still a mystery, and it had my United States passport in it, which according to American Express was used in Amsterdam in the Netherlands sometime after that before I ever got there. Thus from what I can tell, certain parties with government connections in one country or another are covering for the person that took my passport with the Jan Sport day bag and the traveling funds. My own expenses for traveling in that period, since I was rather frugal were the cost of the Volvo, gasoline to California, a trip for one to California, then to Hawaii, to Maui, to Hawaii, back to California, a few local flights in California, the Hyatt in Maui, a couple nights in Carmel, about a half dozen nights in a cheap motel in Laguna beach, two expensive dinners but mostly light meals, and two airline tickets back from California. Many nights I slept on the beach or in the Volvo to save money. Thus the bulk of the funds were lost. The sale of the Volvo in Anaheim in November 1980 for \$1200 permitted us to fly back and provided some living expenses in New York when we returned to my friend's mother's apartment. Since I knew quite a few Norwegians, I thought I would be better off living off the social welfare system in Norway than sleeping on friend's couches which I had been doing for a quite a bit of time until then. CIO

Note: <888> 11/24/04 Wednesday 2:20 A.M.: I remember after I left Kennebunkport, Maine in July 1980 when former President Bush #41 had just gotten the Vice Presidential nomination with Ronald Reagan, I went out to California to see what the Reagan group was about, and while I was out there, I thought I would visit Hawaii, so I caught a plane to Hawaii and a puddle jumper to Maui, and I booked a room in a simple beach motel for about \$20 a night. However, it looked like it might be hot, so I kept the key, and I checked into the Hyatt Regency in Maui at Lahaina, Hawaii Hyatt.com Maui hotels [Hyatt Regency Maui Resort and Spa](#) into the least expensive ground floor inside room for about \$90 a night, and I put the air conditioning on the maximum. I did not eat much there, since it was an expensive hotel, but I did have the occasional breakfast buffet of tropical fruits, corn beef hash, and eggs. I had one expensive dinner, which was about six large shrimp scampi with a half of a bottle of inexpensive German Riesling wine, and the whole meal was about \$75, which I thought was expensive, but it was a beautiful dining

room overlooking the ocean with waterfalls and very high ceilings and sort of a paradise atmosphere. They also had a discothèque downstairs with local youth, and I would wear my pink linen pants with my linen Filipino shirt with the shirt tail out, and I would drink vodka and tonic. The music really was not what I was use to listening to back in New York. I recall after a week, the manager asked about the bill, and I was told it was about \$750, so I gave him a one ounce Canadian gold maple leaf sovereign coin with Queen Elizabeth II's image on the front side which was worth about \$875. I think he gave me change back of about \$100, so I could afford to travel to the airport and fly back to the main island of Hawaii, where I received some help near Pearl Harbor refinancing myself with a 2.5 ounce gold coin with Kaiser Wilhelm on it and some spare change. CIO

Note: <888> 11/24/04 Wednesday 1:50 A.M.: I added a few more links to [Michael Louis Scott's Online Shopping List](#) . CIO

Note: <888> 11/24/04 Wednesday 12:50 A.M.: I went out after the last message. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. After I completed my walk, I drove down by the waterfront. I then returned home. My odometer on my 1995 Volvo 850 Turbo green station wagon just turned to 99,000 miles, so I have driven it about 750 miles, since I got it around the first of October 2004 which includes bringing it up from the Philadelphia area and driving it to Danbury to register it. I drank some iced tea. CIO

Note: <888> 11/23/04 Tuesday 10:20 P.M.: I chatted with a relative. I put three teaspoons of olive oil and two pads of margarine in my 10 inch omelet pan, and I heated it over medium high electric heat, and once the fat began to bubble, I lowered it to a little lower than medium. I had already broken three eggs in a metal bowl, and I added a couple of tablespoons of milk, and I mixed it altogether with a whisk. I added the egg mixture to the omelet pan, and I let it heat until it was solid enough to flip over. I then flipped it over with a spatula. I then let it heat a little more until that side was cooked a little bit and it was puffy. I then slid it on to a microwave proof plate, and I added two large sliced plum tomatoes sliced into 3/16 inch thick slices and 10 slices of 2 inch by 1.5 inch by 3/32th inch thick slices of Stop and Shop Swiss cheese, and I seasoned it with Italian seasoning, and I put it all in the General Electric microwave oven with a microwave cover, and I heated it on reheat for half of the reheat time to melt the cheese and warm the tomatoes. I then slid the open face omelet on another plate and sprinkled it with grated parmesan cheese. I also added two slices of toast with two slices each of margarine, and I cut the toast in half. I ate it all with a glass of iced tea. [Greenwich Time - Slain Marine comes back to Greenwich](#) . I will now shut down the computer, and I will now go back up for a walk. It is suppose to rain tomorrow [Weather Underground: Greenwich, Connecticut Forecast](#) .

Note: <888> 11/23/04 Tuesday 8:55 P.M.: I was up at 2 P.M. this afternoon. I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I threw out some garbage, and I picked up my mail. I chatted with an associate. I went back to bed until 7 P.M.. I chatted with a relative. I cleaned up, and I went out. I went by the Stop and Shop, and I used my \$25 Thanksgiving voucher, and I bought a

boneless cooked Butterball www.butterball.com white meat turkey breast at \$4.29 a pound for \$7.85, two half gallons of Minute Main Premium orange juice for \$1.99 each, a 16 ounce container of Stop and Shop grated parmesan cheese for \$5.99, broccoli crowns at \$1.69 a pound for \$1.41, a six ounce dry can of California black pitted olives for .99, a 16 ounce bag of baby carrots for \$1.99, a 6.5 ounce box of Kraft www.kraft.com Stove Top stuffing for \$1.50, a 8.5 ounce box Kraft Nabisco triscuts for \$1.99 for \$25.70 total. I then returned home, and I put away my purchases, and I drank some iced tea. Because, I used the \$25 voucher, they keep the grocery receipt, so I did not get a grocery receipt. CIO

Note: <888> 11/23/04 Tuesday 5:10 A.M.: [Save on the Dream Suite Automatic Warming Blanket at SmartBargains.com](#) . I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 11/23/04 Tuesday 4:10 A.M.: I read about a year ago on the internet that Greenshield was the name of the Rothschild family home in Europe, so maybe they branched out with this health care site [Green Shield Canada Welcome](#) or [Greenshield Investment Group](#) or [Greenshields Brewery & Pub Raleigh's Original Brewpub](#) or [University of Windsor - Lancers - Main - Greenshield Therapy Clinic](#) or [Greenshield Resources Ltd.](#) or [Surface Water Management for Athletic Turf - GreenShield Systems - Drainage, slit drainage, turf drainage, sand channel, sports turf - Drainage, slit drainage, turf drainage, sand channel, sports turf](#). However, the Ian Greenshield I knew in Nantucket was a French Canadian contractor whom also built barns in Stowe, Vermont and claimed he had worked as a body guard for Jackie Onassis and he also had me work on my last project painting Admiral Halsey's small Cape cottage on Nantucket Harbor near town off the Polpis road. I remember its eaves and trim which we were painting were full of bees. Ian looked like the actor Sean Connery and he had a lot of friends and he enjoyed a drink. CIO

Note: <888> 11/23/04 Tuesday 3:50 A.M.: I went through my email. CIO

Note: <888> 11/23/04 Tuesday 3:45 A.M.: French beach shanty for sale [Forbes.com: Rothschild Beach Retreat](#) . CIO

Note: <888> 11/23/04 Tuesday 3:00 A.M.: I noticed something rather humorous earlier this evening which frequently happens out here. There are a great many visitors to Manhattan whom do not speak English very clearly, and they ask the information booth at Grand Central Station how to get to Greenwich and are directed out here on the train when they actually are trying to find Greenwich Village in lower Manhattan. This evening, I noticed a couple of young European student back packers downtown enjoying our town probably thinking it is Greenwich Village. More than likely they are probably camping in one of our local parks. I suppose if they surface in the daytime, we could all wear our old blue jeans and tie dye T-shirts and try to make the area look like Greenwich Village with a few random guitar players and other street musicians and hippie type atmosphere. However, I am not really sure they are camping out here, but more than

likely they probably are, unless they ran into other young people whom spoke their language. CIO

Note: <888> 11/23/04 Tuesday 2:30 A.M.: I went out after the last message, and I walked the entire length of Greenwich Avenue and the train station area, and I sat out at various locations. I chatted with the Kennedy Security guard working on the Baccarat store www.baccarat.fr remodeling operation. After I completed my walk, I drove down by the waterfront. I then stopped by the Shell gasoline station on West Putnam Avenue, and I checked the air in my Volvo tires for 32 pounds per square inch. I toured the station shop, and I said Good Evening to the regular station manager. I just now returned home, and I drank some iced tea. CIO

Note: <888> 11/22/04 Monday 11:35 P.M.: I made up a fresh batch of homemade hummus www.geocities.com/mikelscott/hummus.htm . For the garlic portion, I used a one ounce bulb of fresh garlic. I used all of the other regular ingredients. I then made my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I used a tin of sardines that I chopped. For the cheddar cheese portion, I used Stop and Shop Swiss cheese. I used all of the other regular ingredients. I ate the salad with a glass of iced tea. Since around the holiday time we tend to be a little short shifted at night, I will go back downtown for a little bit of moon watching on the New Amsterdam night watch. It is 46 degrees Fahrenheit right now [Weather Underground: Greenwich, Connecticut Forecast](#) . I will leave the computer turned on while I go out. CIO

Note: <888> 11/22/04 Monday 9:50 P.M.: I installed the www.sidestep.com travel search engine on my Computer. According to it, round trip from LaGuardia or J.F.K. to Florida is about \$145, but round trip from Westchester airport to Florida is about \$450, so I guess it would pay to fly out of a major New York airport, but it can cost about \$100 round trip to get to the airport from here. I suppose one could take the train to Grand Central for about \$10 from Greenwich, Connecticut, and there is probably a bus from Grand Central to the LaGuardia or J.F.K. for about \$20 give or take. However, one can take the Amtrak train from the Stamford, Connecticut to Newark International Airport for \$33, but one would also have to pay from Greenwich to Stamford and to get to and from the Greenwich train station. I think there are livery bus services in the area that pick one up at their residence and delivers one to the airport and return, and they are probably not too much more expensive. CIO

Note: <888> 11/22/04 Monday 9:35 P.M.: I received a telephone call today that I will not be receiving my renter's rebate until January 2005, so I will be having a leaner Christmas Holiday this year. Maybe it will come in time for Russian Orthodox Christmas which comes later than Western Christian Christmas. I took my fairly sturdy chair from in front of the stereo system, and I removed the cushion, I use it to stand up on to reach into the false ceiling above the maple side table. I took out the Christmas pine cone wreath with the CVS ornaments, and I hung it on the outside of my apartment door. I took out the two foot tall artificial Christmas tree with about a dozen and a half ornaments, and I put it on the mahogany tea table in front of the Danish bar. I noticed downtown a lot of the Christmas decorations are out, so now I have mine out. CIO

Note: <888> 11/22/04 Monday 9:00 P.M.: I was up at 3 P.M.. I ate breakfast of oatmeal with a sliced banana, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went downstairs, and I threw out some garbage, and I picked up some mail. I cleaned up, and I went out. I went by the Arnold Bread outlet, and I bought two 6 ounce boxes of Arnold regular cut cheese garlic croutons for \$1.19 each, and a loaf of Arnold low carb bread for \$2.39 for \$4.77 total. I then drove down by the waterfront. I next went downtown, and I walked the entire length of Greenwich Avenue including the train station area, and I sat out at various locations. I toured CVS, and after my walk, I used the bathroom at the senior and the arts center. I then went by the Greenwich Library, and I read P.C. Magazine and Smart Computing magazine. I then went by the Stop and Shop, and I bought a 10 ounce bag of fresh spinach for \$1.99. I then returned home. I used a chair at the apartment building front entrance, and I climbed up on it by the plug at the corner of the entrance roof for the holiday Italian lights, and I reset the circuit breaker between the two outlets, and the lights on the trees work, but the lights around the front entrance roof do not work. They come on when the spotlight is turned on at night. I left the lights going, and they look more festive. I then came upstairs, and I drank some iced tea. I chatted with a relative. CIO

Note: <888> 11/22/04 Monday 4:45 A.M.: I looked at www.aol.com for a while. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 11/22/04 Monday 3:45 A.M.: I went through my email. I ate two pieces of black licorice twists. CIO

Note: <888> 11/22/04 Monday 3:15 A.M.: I uploaded the download of [Download Scott's Internet Directory "scott008.zip" 2.27 megs and open "scotlist.htm" in web browser 11/22/04](#) with the most recent changes. CIO

Note: <888> 11/22/04 Monday 2:30 A.M.: I updated [Michael Louis Scott's Online Shopping List](#) . CIO

Note: <888> 11/22/04 Monday 1:25 A.M.: I updated [Michael Louis Scott's Online Shopping List](#) . CIO

Note: <888> 11/21/04 Sunday 11:55 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I used the remaining about of the cooked cold top round of beef, which I sliced into quarter inch thick slices a half inch wide and one to three inches long. For the cheddar cheese portion, I used Stop and Shop Swiss cheese. I used all of the other regular ingredients. I ate the salad with a glass of iced tea. CIO

Note: <888> 11/21/04 Sunday 10:30 P.M.: I was up at 3 P.M.. I ate breakfast of oatmeal with a sliced banana, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went back to bed until 6 P.M.. I ate two black licorice twists. I chatted with a relative and a friend. I cleaned up, and I went downtown. I stopped by the Stop and Shop, and I bought a 5 pound bag of yellow onions for \$2.99 and a two bulb

two ounce package of garlic for .89, and a dated 10 ounce package of mushrooms for .99 for \$4.87 total. I then went downtown, and I walked the entire length of Greenwich Avenue including the train station area, and I sat out at various locations. I stopped by CVS, and I bought four 6 ounce cans of Star-Kist solid white albacore tuna fish for .99 each for \$3.96 total. After my walk, I used the bathroom at Starbucks. I noticed on their display shelf, the sell coffee brewer cleaner for \$4.95 to decalcify and remove the oils from a coffee brewer. However one can also run white vinegar though the coffee pot to do the same thing and then run fresh water through it. I next drove down by the waterfront. I then returned home, and I drank some iced tea. CIO

Note: <888> 11/21/04 Sunday 3:50 A.M.: [BBC NEWS UK Prince denies he is out of step](#) . I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 11/21/04 Sunday 3:25 A.M.: I added a few more standard links to [Michael Louis Scott's Online Store List of Mostly Computer Tech Stores](#) . CIO

Note: <888> 11/21/04 Sunday 2:30 A.M.: I posted the list of mostly computer technology online stores that I look at frequently and it contains some other shopping links. The link is [Michael Louis Scott's Online Store List of Mostly Computer Tech Stores](#) . CIO

Note: <888> 11/21/04 Sunday 2:05 A.M.: I looked at some links for sales items.

Note: <888> 11/21/04 Sunday 12:45 A.M.: I went through my email. CIO

Note: <888> 11/21/04 Sunday 12:35 A.M.: I had two fax type calls on the telephone that I hung up on. I am listening to some classical music on the AOL radio link. CIO

Note: <888> 11/20/04 Saturday 11:25 P.M.: [ABC News: Bush Pulls Top Security Agent From Fracas](#) . Well, a friend of mine hangs out with someone bigger than Andre the Giant <http://www.andrethegiant.com/> , and the fellow bigger than Andre the Giant, I think is from Guatemala, so he speaks Spanish and is a Consolidated Edison employee, so if President Bush is having security problems in Chile, we could send him down, but one would have to check with ConEd about his whereabouts. However, he is not as big as the Gouda cheese salesman from Matrich in the Netherlands. CIO

Note: <888> 11/20/04 Saturday 11:05 P.M.: I made my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I sliced two half inch thick slices of cold cooked top round of beef, and I sliced it into half inch strips, and I put it on the salad. For the cheddar cheese portion, I used Stop and Shop Swiss cheese. I used all of the other regular ingredients. I ate the salad with a glass of iced tea. CIO

Note: <888> 11/20/04 Saturday 9:40 P.M.: I went out after the last message. I went by the Exxon gasoline station next to the Greenwich Library, and I bought \$7 of premium gasoline at \$2.479 a gallon for 13.9 miles per gallon usage averaging driving 11 miles per hour around town. I went downtown, and I walked the entire length of Greenwich

Avenue and the train station area. I sat out at various locations. During my walk, I stopped by the ATM machine at Putnam Trust Bank of New York on Greenwich Avenue. I stopped by CVS, and I bought two buy one get one free of 16 ounce cans of Ocean Spray whole cranberry sauce for \$1 both cans and a seven ounce package of black licorice twists for \$1.19 plus .07 tax for \$2.26 total. I then completed my walk. They have finished repaving the sidewalk at the top of Greenwich Avenue on the east side of the street in front of Pickwick Plaza. After my walk, I used the bathroom at Starbucks www.starbucks.com. They have not been too busy since they remodeled the store and raised their prices, but one still can get you basic cup of coffee there for \$1.40. I next drove down by the waterfront. They are still repaving the brick facade entry patio of Greenwich Capital Market www.gcm.com owned by the Royal Bank of Scotland www.rbs.co.uk. They use about half inch thick veneer bricks, and I think it would be smarter to use thick slate of regular thick bricks or some other paving material, because over time the veneer bricks will crack and break again. I then went by the Food Emporium, and I bought five 16 ounce boxes of Ronzoni #9 thin spaghetti noodles for \$2 all, a 2 pound 5 ounce frozen Mrs. Smith's pumpkin pie for \$1.99, and four 26 ounce jars of Francesco Rinaldi tomato spaghetti sauce two of which are three cheese and two tomato, garlic, and onion for .99 each jar for \$7.95 total. I then returned home. I chatted with a neighbor. I drank some iced tea. I chatted with a relative from San Antonio, Texas, and I was told the San Antonio, Texas animal shelter has to put to sleep or gas 90% of the animals turned into it, because only 10% are claimed. CIO

Note: <888> 11/20/04 Saturday 4:40 P.M.: I had a telephone call from a friend at 9 A.M.. The first two times the bedroom Columbia corded phone rang, it did not work, so I picked it up on the cordless telephone in the living room. I chatted with my friend. I then changed the long cord on the handset of the bedroom Columbia telephone with a regular size one, and it now works. The longer cord on the telephone before, I think had a loose connection. I went back to bed until 1 P.M.. I checked outside my apartment, and the package from www.sierratradingpost.com arrived. I then went back to bed until 3 P.M.. I opened the package from www.sierratradingpost.com, and the four cotton turtlenecks for \$8.95 each [Medalist Cotton Turtleneck \(for Men\)](#) one 2XL in Teal, one 2XL in dark teal, one XL in Red, and one XL in Navy plus \$8.25 postage for \$44.05 total are just fine. I unwrapped them, and I put them on the middle left hallway sweater closet shelf. I keep my collapsed shipping boxes underneath the right side of the bed in the bedroom. I checked my mail downstairs, and I received my 1995 Volvo 850 Turbo station wagon Connecticut title. I put it in the usual place I keep my important papers. I ate breakfast of oatmeal with a sliced banana, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. My primary computer started up all right connected to the Siemens router, so whatever the problem, it was more than likely a problem with the Optimum Online www.optimum.net service which is now fixed. I will now shut down the computer, and I will clean up, and I will go out. CIO

Note: <888> 11/20/04 Saturday 5:30 A.M.: I checked out the AOL www.aol.com content. There is quite a bit of content, once one gets beyond the opening screen. I will use it for the test period of two months to see if I want to keep it. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 11/20/04 Saturday 4:50 A.M.: [Queen Elizabeth II The State Opening of Parliament - This week's Statements and Events from BritainUSA](#) . CIO

Note: <888> 11/20/04 Saturday 4:15 A.M.: I went through my email. CIO

Note: <888> 11/20/04 Saturday 3:50 A.M.: [TigerDirect.com AOL Optimized PC with \\$23.90 per month AOL contract for a year](#) . CIO

Note: <888> 11/20/04 Saturday 3:40 A.M.: Currently, I do not have plans to move to India where it is warmer [Yahoo! News - India to Create a High-Tech City for Cos.](#) . I will continue to try to survive in my current low cost cooler area of the world. I have been told that San Antonio, Texas has a new Silicone Valley type of area. I know Toyota built a new factory there and CVS is opening stores there. CIO

Note: <888> 11/20/04 Saturday 3:25 A.M.: I read some computer news. I cut three 5/16th inch thick slices of cold top round of beef, and I put a few teaspoons of cold horse radish on them with Lea and Perrins Worcestershire sauce. I ate the beef with a 15 ounce can of Green Giant corn that I reheated in the microwave oven. I am not going out for a walk, since I have been doing chores since noon today, and it is currently 85% humidity [Weather Underground: Greenwich, Connecticut Forecast](#) which is not good for arthritis. CIO

Note: <888> 11/20/04 Saturday 2:15 A.M.: Earlier today, when I did my house cleaning, I also washed my hair brush and comb in hot water and liquid dishwashing detergent. I put the tea in the refrigerator to become iced tea. I put away the laundry. CIO

End of Scott's Notes week of 11/20/04:

Note: <888> 11/20/04 Saturday 1:00 A.M.: I have 45 minutes to go on the dry cycle. My [www.sierratradingpost.com](#) order for four [Medalist Cotton Turtle necks \(for Men\)](#) arrived at the Norwalk, Connecticut DHL facility at 7:23 A.M. on Friday 11/19/04, and it arrived at the United States Postal Service at 2:11 P.M., so possibly it will be delivered today. I will not send out my weekly notes. CIO

Note: <888> 11/20/04 Saturday 12:40 A.M.: I have five minutes to go on two loads of laundry on the wash cycle. I threw out some garbage. I put clean linens on the bed in the bedroom. CIO

Note: <888> 11/19/04 Friday 11:35 P.M.: I woke back up at 10 P.M.. I watched some television including the Opening of the Kuwait City Council on Cspan 2 channel 66. Most informative. I think they should put the Greenwich, Connecticut Representative Town Meeting on television, so we know what they are up to. I am in the process of making up a batch of [www.geocities.com/mikelscott/icetea.htm](#) . CIO

Note: <888> 11/19/04 Friday 7:30 P.M.: I reheated in the microwave oven the other half of the vermicelli and Master Choice marinara sauce which I put on a thin layer of grated parmesan cheese, and I ate it all with a glass of iced tea. I will now shut down the computer, and I will rest a while. CIO

Note: <888> 11/19/04 Friday 6:30 P.M.: I finished house cleaning and watering the plants. I ran Norton Antivirus 2004 while doing my house cleaning. I also ran Spybot Search and Destroy a number of times. I am having a problem with removing some cookies and Dcom entries, but I will leave it as is for now. I chatted with my relative whom had the hip surgery, and my relative just received a couple of pints of O negative blood. My relative is being moved a rehabilitation facility tomorrow morning. Two of my sisters and my relative are O negative, and I am O positive. I threw out all of the garbage including the bathroom garbage and the waste paper. I received a \$25 Holiday Aid food voucher good at the Stop and Shop and the Greenwich Foot Mart. I will probably use it on Wednesday to get a smoked Butterball <http://www.butterball.com/> boneless turkey breast with some of the trimmings. At the moment I have plenty of food at home and a well stocked pantry. CIO

Note: <888> 11/19/04 Friday 2:55 P.M.: I ran Norton Win Doctor, Ad-aware SE, and Spybot Search and Destroy with c2.lap disabled. However, it had problems with removing part of a games program in the "<C:\Program Files\Wildtangent>" directory. I then ran Norton Win Doctor again. I will now do my house cleaning and watering the plants. CIO

Note: <888> 11/19/04 Friday 2:00 P.M.: I ate a quarter of a 12 ounce jar of dry roasted peanuts when I woke up during my sleeping period. I was up at noon. I ate breakfast of oatmeal with a sliced banana, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I then went outside, and I threw out some garbage, and I picked up the mail. The primary computer started up with the Siemens router. On the primary computer, I reinstall AOL 9.0 to get it to install AOL Port Magic which would control the Siemens router. However, AOL 9.0 port magic interfered with the Google Desktop Search engine, and the computer would not go online. I uninstalled AOL Port Magic, and the computer seems to be working fine with the Siemens router connected. I will now do my house cleaning and watering the plants. CIO

Note: <888> 11/19/04 Friday 3:00 A.M.: I have America Online www.aol.com 9.0 installed on the primary and the Dell backup computers. With the Siemens router connected when installing on the Dell backup computer, it installed a Networking program to work with the Siemens router, which might not be installed on the primary computer, since it was directly connected to the Cable modem when I installed the AOL 9.0 program. I will have review it more when I have the time. I will now shut down the computer. I will go to bed soon. CIO

Note: <888> 11/19/04 Friday 1:10 A.M.: I received the AOL www.aol.com 9.0 CD a few days ago with a free 2 month offer. I installed the AOL 9.0 CD, and when it prompted me for which plan, I had to call them up at 1-866-854-1015 , and I requested

and got the \$14.95 a month plan for people whom already have broadband connections. I had to give them my debit card information, and I will be billed for the third month after January 18, 2005. I think I will keep AOL because I also get high speed video such as CNN and ABC along with other offerings. I will have to study it more. I have the AOL name of "MSCOTTGreenwich" , and although it does not work with AOL as a screen name, I still have the AOL instant message name of "mmikescott" . I will now set it up on the Dell backup computer too. I will have to remember to leave \$14.95 in my debit card account, so when AOL bills me, it will not be overdrawn. I thus have more news and options with the AOL package. However, the Real Player in AOL only works on my left monitor. I think there is a way to fix that, but I can not recall how now. CIO

Note: <888> 11/18/04 Thursday 11:40 P.M.: I studied USNews.com: [Health: Best Hospitals 2004](http://USNews.com) , so I guess I am in good hands since I am on limited income, and since the <http://www.greenhosp.org/home.asp> is affiliated with Yale New Haven Medical Center <http://info.med.yale.edu/> . Of course if I started sleep walking, I would be in New York a 100 feet away which is a whole different kettle of fish. Well, not much happening here on the east side of New Amsterdam. CIO

Note: <888> 11/18/04 Thursday 11:00 P.M.: USNews.com: [Health: Best Hospitals 2004](http://USNews.com) . CIO

Note: <888> 11/18/04 Thursday 10:40 P.M.: www.sierratradingpost.com has winter gloves [gloves](http://www.sullivanglove.com/html/glove_size.html) too. One can use this chart [http://www.sullivanglove.com/html/glove_size .html](http://www.sullivanglove.com/html/glove_size.html) to check one's glove size. In my case, I am a size 9 glove. I have one pair of good dress gloves and a pair of ski gloves and a pair of heavy ski mittens. However, I normally do not wear gloves, because I am afraid of losing them. I am always finding one glove on Greenwich Avenue. If I had saved them over the years, I would have quite a collection. CIO

Note: <888> 11/18/04 Thursday 10:15 P.M.: My www.sierratradingpost.com order of four turtlenecks [Medalist Cotton Turtleneck \(for Men\)](http://www.sierratradingpost.com) arrived at the Wilmington, Ohio sorting facility at 8:35 A.M. this morning. CIO

Note: <888> 11/18/04 Thursday 10:00 P.M.: I chatted with my relative that had hip surgery yesterday, and my relative is recovering just fine. CIO

Note: <888> 11/18/04 Thursday 8:45 P.M.: I reheated in the microwave oven the remaining rice and small peas from last night. I cut two half inch slices of cold beef, and I put five teaspoons of horse radish on them along with Lea and Perrins Worcestershire sauce. I ate it all with a glass of iced tea. CIO

Note: <888> 11/18/04 Thursday 7:50 P.M.: I was up at 10 A.M. this morning. I ate breakfast of oatmeal with a sliced banana, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went outside, and I threw out some garbage. I picked up my mail at the mail room. I called about my Renter's rebate, and they called me back to tell me they would look into it. I then cleaned up, and I went out. I drove

Train station west New York bound side is locked up, one could take a train from the Stamford, Connecticut bound out of New York east bound side of the Greenwich, Connecticut train station to Stamford, Connecticut and then use the elevators on the Stamford platform to transfer to the New York bound side. However, the east bound side of the Greenwich train station is on a very steep hill on either side, so one would have difficulty in a wheel chair getting up that steep hill, however a slow walker could probably make it. There is generally taxi service on the east bound side in Greenwich until the last train about 1 A.M.. Starbucks on Greenwich Avenue has handicap accessible bathrooms, but it has about a 10 inch high stone threshold, so it would be hard to get into in a wheel chair. However, there are other restaurants and coffee shops in Greenwich with more user friendly thresholds. CIO

Note: <888> 11/17/04 Wednesday 9:50 P.M.: Inexpensive Microsoft product [Microsoft Works 4.0](#) and [Money: SoftwareOutlet](#) . CIO

Note: <888> 11/17/04 Wednesday 9:45 P.M.: I went through my email. CIO

Note: <888> 11/17/04 Wednesday 9:20 P.M.: I just chatted again with my relative that had hip surgery, and my relative is now going to get some rest. My relative is at another location not here. CIO

Note: <888> 11/17/04 Wednesday 8:45 P.M.: Dinner was delicious. I will have lots of cold beef left over for chef's salads and sandwiches. CIO

Note: <888> 11/17/04 Wednesday 8:25 P.M.: I will have the meal ready to eat in a little over five minutes. CIO

Note: <888> 11/17/04 Wednesday 8:15 P.M.: I went out after the last message. I went by the Greenwich Hospital Thrift shop, and they had their Christmas items up for sale for their Christmas preview. With all the Christmas items, I was lucky to find a parking place. I bought a plaid decorated with ribbon photograph album for \$3.50. I then went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I chatted with a few regulars downtown. After my walk, I used the bathroom at the senior and the arts center. I then drove down by the waterfront. I then went by the Greenwich Library, and I read the Greenwich Time. I then went by the Stop and Shop, and I bought a top round roast beef for \$1.99 a pound for \$8.32, a 10 ounce jar of Helluva-a-Good horse radish for \$2 and a 32 ounce bottle of Borden's real lemon juice for \$2.79 for \$13.11 total. I remembered, I had a \$2 off store coupon, so I bought two buy one get one free of 18 ounce cans of Progresso New England clam chowder for \$2.69 both less \$2 off coupon for .69 total. I then returned home, and I chatted with a neighbor. I then took the top round roast beef, and I put it on a roasting rack in a roasting pan, and I seasoned all sides with Old Bay Seasoning, garlic powder, chicken and meat seasoning, celery salt, Italian spices, ground black pepper, and Kraft Bulls Eye barbeque sauce. I put it in the Farberware convection oven at 350 degrees Fahrenheit, and I am cooking it for 55 minutes and let stand for five minutes before carving. I am also making up a batch of rice the usual way with the China Village rice steamer. I will also use the

reheat button to heat a 15 ounce cans of Lesueur very young small early peas. I will eat three 3/8th inch thick slices of the beef with Lea and Perrins worcestershire sauce and with half of the rice and half of the peas, and I will refrigerate the rest in Rubbermaid containers. I just chatted with my relative whom had hip surgery today, and my relative is doing well, but it will take two to three weeks to recover. CIO

Note: <888> 11/17/04 Wednesday 1:45 P.M.: My www.sierratradingpost.com order of four turtle necks [Medalist Cotton Turtleneck \(for Men\)](#) shipped DHL/USPS www.dhl.com from Aurora, Colorado on 11/16/04 at 9:29 P.M.. I probably will get it on Monday, but maybe Saturday. I will now shut down the computer, and I will clean up, and I will go out. CIO

Note: <888> 11/17/04 Wednesday 1:30 P.M.: I went to bed after the last message. A friend called at 7 A.M.. I slept until 11 A.M.. I ate breakfast of oatmeal with a sliced banana, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went outside, and I threw out some garbage. I picked up my mail. I went back to bed until about 1 P.M.. I chatted with a relative, and my relative who was having hip replacement surgery came through the surgery all right and is now recovering. CIO

Note: <888> 11/17/04 Wednesday 1:15 A.M.: I ate half of a 12 ounce jar of dry roasted peanuts with some iced tea. I watched some vintage television on the Turner movie channel. I actually enjoy the old movies, but I do not have the time to watch them, since I am busy on the internet. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 11/16/04 Tuesday 11:55 P.M.: I went out after the last message. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. They are still installing the Christmas tree lights downtown. I also noticed a long time fixture on Greenwich Avenue, the Baskin Robbins ice cream parlor at the top of Greenwich Avenue has gone out of business. I guess it was a victim of the ever increasing rents on Greenwich Avenue. Of course one can always buy ice cream at the grocery stores. I next drove down by the waterfront. I noticed coming through town, they are just about complete with the expansion of the Arch street railroad bridge underpass. On the new stairs to the platforms on the west side of Arch street one has to go up four levels to get to the train station level. Of course there is an elevator in the Greenwich railroad station. However that is not opened all the time. Thus individuals coming out on the train would be restricted in their activity on the north side of the train station, if they were impaired from climbing long flights of stairs. However, on the south side of the train station, it is at ground level. They are also in the process of building a new stairway overpass over the tracks, but once again that would only be for the able bodied. I was under the impression that the public transportation was suppose to be available to the handicapped and disabled, but having climbed many a stair in the subways of New York, I guess that is not really the case. I next drove down by the waterfront. I then returned home, and I drank some iced tea. I just received intruder attacks from Apt Technologies in Santa Cruz, California. I do not have the time to

continually report on intruder attacks, so in the future, I will only report on Trojan attacks. CIO

Note: <888> 11/16/04 Tuesday 8:35 P.M.: Latest intruder attack from Ilink Limited in Hong Kong. I chatted with a relative whom is having surgery tomorrow. I will now shut down the computer, and I will go out for a while after I clean up. CIO

Note: <888> 11/16/04 Tuesday 8:15 P.M.: Latest intruder attack from CHTD, Chunghwa Telecom Co., Ltd., in Taipei, Taiwan. CIO

Note: <888> 11/16/04 Tuesday 8:05 P.M.: The latest intruder attack was from Road Runner-Commercial in Herndon, Virginia. I took a five quart Revere pot, and I put in a teaspoon of olive oil, a few dashes of salt, and about 3.5 quarts of water, and I brought it to a boil over high heat. I then boiled over medium high heat a 16 ounce box of Stop and Shop vermicelli for six minutes. I drained it in a colander, and I put half on a plate, and I refrigerated the other half in a Rubbermaid container in the refrigerator. While boiling the vermicelli, I also reheated in a plastic microwave pot with lid in the General Electric microwave oven half of a 26 ounce jar of Master Choice marinara tomato sauce, and I put the remaining half in the jar in the refrigerator. I put the heated tomato sauce on the cooked vermicelli, and I added a thin layer of grated parmesan cheese. I ate it all with a glass of iced tea. CIO

Note: <888> 11/16/04 Tuesday 7:05 P.M.: Latest intruders are from Cable i Televisio de Catalunya in Spain and IIAT Customers Servers Farm in Russia. Judging from the IP addresses that my Norton Internet Security 2004 firewall is reporting, knowing something about probability and the distribution of internet sites, it seems that possibly it is some hacking program simply posting random IP addresses and not actually coming from the servers reported. Judging from the IP address locations, it would seem to be someone from California based on what their regional education might be in that area and not a very high level of education at that. It basically seems to be someone educated on television with hacking capabilities on the internet. CIO

Note: <888> 11/16/04 Tuesday 6:55 P.M.: I finished going through my email. CIO

Note: <888> 11/16/04 Tuesday 6:50 P.M.: Latest intruder IP2000-ADSL-BAS in France. CIO

Note: <888> 11/16/04 Tuesday 6:35 P.M.: I am going through my email. Latest intruder from DoD Network Information Center, Vienna, Virginia. CIO

Note: <888> 11/16/04 Tuesday 6:20 P.M.: The latest intruder attack came from Comcast Cable in Cherry Hill, New Jersey and unknown and then the Red Lion Inn and Casino in Elko, Nevada. I just downloaded RoboForm www.roboform.com, but I decided not to install it since it is only a 30 day free demo that is crippled, but one can buy the full version for \$30. CIO

Note: <888> 11/16/04 Tuesday 6:05 P.M.: The latest intruder attack came from Telefonica del Sur S.A. in Valdivia, Chile. CIO

Note: <888> 11/16/04 Tuesday 5:50 P.M.: [BBC NEWS Entertainment Team 'replaces' Cooke's Letter](#) , and I just had another attack from within the Optimum network. CIO

Note: <888> 11/16/04 Tuesday 5:45 P.M.: The latest intruder attack came from the Japan Network Information Center in Japan and a persistent attack from China Telecom in China. I also have had two annoying fax type calls today. CIO

Note: <888> 11/16/04 Tuesday 5:40 P.M.: One can buy Norton Internet Security 2005 and download it from this link [Norton Antivirus Software, Internet Security Firewalls, Downloads, Virus Updates and more.: Index of All Products](#) or discounts upgrades if one already owns an earlier product [Norton Antivirus Software, Internet Security Firewalls, Downloads, Virus Updates and more.](#) . CIO

Note: <888> 11/16/04 Tuesday 5:25 P.M.: [ABC News: Lost Luggage Becomes Found Treasure](#) and the latest intruder attack IP address came from within the Optimum Online system. Thus we have local hackers attacking our systems too. One has to setup Norton Internet Security 2004 or later to show inbound attacks. The latest came from Sympatico HSE in Toronto, Ontario. Thus although Optimum Online www.optimum.net assigns a new IP address every time one logs onto their system, there are plenty of hackers and attackers out there constantly attacking one's systems, so one needs to use a Firewall to prevent such intrusions. CIO

Note: <888> 11/16/04 Tuesday 5:05 P.M.: If one uses Norton Internet Security 2004 or later, and one has Java installed, one can click on Statistics and Attacker Details to find out whom intruders are. The latest intruder was from Cablespeed in Millersville, Maryland. One can also click on [Visual Tracking](#) and enter the IP address of an attacker if one has it. One can cut and paste the IP address into the URL address by entering the key strokes "Ctrl-C" to copy and "Ctrl-V" to paste. However, one first needs the IP address, which I think only Norton Internet Security 2004 or later gives, but possibly other firewall programs do as well. CIO

Note: <888> 11/16/04 Tuesday 4:40 P.M.: Local Marine killed in Iraq [Greenwich Time - Former Greenwich Catholic school student dies in Iraq](#) . CIO

Note: <888> 11/16/04 Tuesday 4:35 P.M.: I was up at 11 A.M. when a friend called. I ate breakfast of oatmeal with a sliced banana, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went outside, and I threw out garbage. I picked up the mail. I watched President Bush's news conference. I went back to bed. I was up at 3:30 P.M.. I just turned on the primary computer, and as soon as I turned it on an IP address from Hanaro Telecom Co. in Seocho-Ku, Korea attempted to intrude on my computer. The intrusions are coming from a town near the Korean border, so maybe North Koreans are attempting to intrude on my computer. Possibly they are mad that I sold my 1999 Hyundai Accent, but I still have my General Electric Profile 15,500 BTU

air conditioner with remote control that was made in Korea. Maybe they are mad that I am advertising cheaper bananas at the Korean fruit and vegetable store next to the Greenwich Post Office. In the old days the "Moonies" were always snooping around me, because they would see me awake at night. Also the local Lutheran church next to the Greenwich Town Hall has a Korean church using their facilities. I also know the "Moonies" sell flowers in our neighborhood on holidays. Possibly it is some old friend from the military that got transferred to Korea. www.hanaro.com is Korea's fastest internet service. Well, I am still waiting for my old 1999 Hyundai Accent L rebate card to be activated on November 16, which is today. I will have to stop by Stamford Hyundai to see if they accept it. I am suppose to have \$120 on the card to only be used at a Hyundai dealership. I just had the computer intruded on from 268 Bush street in San Francisco, California by "PPPoX Pool". CIO

Note: <888> 11/16/04 Tuesday 4:05 A.M.: The latest intrusion attempt came from ThePlanet.com in Dallas, Texas, but for all I know, people must be really bored to keep trying such activity, unless they are trying to sell tech support or hardware after they mess up someone's computer in which case, they could be prosecuted for a Class A felony fraud. I will now shut down the computer, and I will go to bed. Stay warm if you are in the cold country. CIO

Note: <888> 11/16/04 Tuesday 3:45 A.M.: The latest intrusion detection was from Asia Infonet Co., Ltd., Din Daeng, Thailand and earlier one from China. Of course, I know enough about the internet to know that clever enough individuals can fake IP addresses. I once dealt with a software engineer that drank too much bourbon that traveled around for the U.S. government. Needless to say from what I know about software engineering, there is no real reason to bother my computer operation, unless someone is trying to keep me busy on the computer, so I do not spend as much time downtown. However during time of war, such activity could be considered close to counter espionage, which during time of war could be tried as a Capitol offence. However, that would only be the case if I were a high level government official, however if such individuals are bothering me, more than likely they are bothering more important individuals as well. CIO

Note: <888> 11/16/04 Tuesday 3:15 A.M.: Other intrusions have come from Mountain Cablevision LTD. Hamilton, Ontario; America Online, Dulles, Virginia; Korea Telecom, Korea; Korea Network Information, Korea; Hanaro Telecom, Korea; Neostrada Plus, Wroclaw, Poland; Dacom Corp., Korea; and Sequent Computer Systems, Inc., Essex Junction, Vermont. They have tried to install the Back Orifice and the Netbus Trojan virus programs to remotely control my computer. Norton Internet Security 2004 has detected and blocked them, but I sort of wonder what the point is, unless it is some sort of spider crawling around the internet randomly targeting vulnerable computers. CIO

Note: <888> 11/16/04 Tuesday 2:20 A.M.: I uninstalled and reinstalled Sun Java, and I got the Norton Internet Security 2004 Attacker details working with the Java, and the last two attacks came from www.conxion.net which is now <http://www.navisite.com/infrastructure-services.cfm> . In the future, I will have to use that feature of Norton Internet Security 2004 to see where attacks are coming from. The last

attack came from the Santa Clara, California, which is out there in the Silicone Valley, so perhaps some web head thinks I have not been working hard enough on the computer. However for the last few years since 911, I have been spending quite a bit more time outside in the weather year round doing other routines, so I have not been able to keep up with the tech aspects of the internet as much as I would like. I feel like putting the techie in Santa Clara, California in some place like Juno, Alaska, so they would begin to know at my age it is not easy being out in the weather as much as I am. CIO

Note: <888> 11/16/04 Tuesday 12:50 A.M.: Big Bucks Belkin Wireless router [Welcome to Belkin - Wireless Pre-N Router](#) and [Belkin Wireless Pre-N router review - Routers - CNET Reviews](#) and [Belkin Pre-N Networking Report](#) and and one would need a Wireless Pre-N Network card [Welcome to Belkin - Pre-N Wireless Networking](#) and [Belkin F5D8230-4 Wireless Pre-N Broadband Router \(Belkin-F5D82304\) - PriceGrabber.com - Comparison Shopping Beyond Compare](#) . Of course with these items your neighbors might tap into your network connection, and more than likely if they put it in some place like a coffee shop or library, it would probably be fairly effective. I have been doing some regular internet work. CIO

Note: <888> 11/15/04 Monday 10:35 P.M.: I microwaved and ate a Campbell's 18.8 ounce chunky Salisbury steak with mushrooms and onions soup, which I ate with a glass of iced tea. CIO

Note: <888> 11/15/04 Monday 10:00 P.M.: I went out after the last message. I went by the Arnold bread outlet, and I bought a loaf of Arnold whole wheat oat bread for \$1.45 and two 6 ounce boxes of Arnold regular cut seasoned croutons for .99 each for \$3.43 total. I then made my 4:15 P.M. appointment. I next went downtown, and I walked the entire length of Greenwich Avenue including the train station area. I sat out at various locations. I used the bathroom at the Senior and Arts center. I stopped by CVS, and I bought a 3 ounce jar of Gold Emblem black pepper for .59, a 2.5 ounce jar of Gold Emblem garlic powder for .59, and a .75 ounce jar of Gold Emblem oregano for .59 for \$1.77 total. After I completed my walk, I also stopped by Zyn stationary. I next drove down by the waterfront, and I took the time to get out my car, and I viewed the ducks on the waterfront. I next went by the Greenwich Library, and I read the Greenwich Time and P.C. Magazine. I then went by the Stop and Shop, and I bought two 28 ounce cans of Goya chick peas for \$1.19 each can, a dented 8 ounce can of Stop and Shop stems and pieces mushrooms for .35, two dented 15 ounce cans of Lesueur very young small early peas for .35 each, a dented can of DelMonte chunky mixed fruit 15.25 ounces for .35 for \$3.78 total. I then returned home, and I drank some iced tea. I chatted with a relative. CIO

Note: <888> 11/15/04 Monday 3:10 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I use a tin of sardines that I chopped instead of tuna fish. For the cheddar cheese portion, I used Stop and Shop Vermont extra sharp cheddar cheese. I use all of the other regular ingredients. I ate the salad with a glass of iced tea. I left a message with a friend. I will now shut down the computer, and I will clean up, and I will go out for my 4:15 P.M. appointment. CIO

Note: <888> 11/15/04 Monday 1:45 P.M.: I left a message with some relatives, and I chatted with another relative. CIO

Note: <888> 11/15/04 Monday 1:20 P.M.: [Greenwich Time - Olive C. Watson, hospital donor, dies at 86](#) . CIO

Note: <888> 11/15/04 Monday 1:15 P.M.: I sorted out some paperwork for my energy assistance application this Thursday, which I have to do in person. CIO

Note: <888> 11/15/04 Monday 12:25 P.M.: I was up at 8 A.M., and I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went back to bed until 11 A.M.. I received my package from www.sierratradingpost.com containing two extra large white turtlenecks [Medalist Two-Layer Midweight Performance Turtleneck \(for Men\)](#) and two large pairs of grey heather Fox Merino wool casual socks [Fox River Merino Wool Casual Socks \(for Men and Women\)](#) plus \$8.25 shipping for \$46.05 total. I unpacked them, and I put the socks in the long mahogany bureau right side bottom drawer, and I put the turtle necks on the second shelf down right in the sweater closet in the hallway. The turtlenecks are made from a DuPont www.dupont.com miracle fabric. Both the socks and turtlenecks are machine washable and low tumble dry. I picked up the mail downstairs. I had a telephone call, and my appointment is changed from 4 P.M. to 4:15 P.M. this afternoon. I went back to www.sierratradingpost.com , and I ordered four cotton turtlenecks for \$8.95 each [Medalist Cotton Turtleneck \(for Men\)](#) one 2XL in Teal, one 2XL in dark teal, one XL in Red, and one XL in Navy plus \$8.25 postage for \$44.05 total. CIO

Note: <888> 11/14/04 Sunday 11:20 P.M.: I went outside briefly again. I will now shut down the computer, and I will go to bed now. CIO

Note: <888> 11/14/04 Sunday 11:10 P.M.: I went outside again briefly. I did some routine computer work. CIO

Note: <888> 11/14/04 Sunday 9:15 P.M.: I microwaved, and I ate a Stouffer's 16 ounce white meat chicken pot pie, which I had with a glass of iced tea. I saved the Stouffer's box which has the browning foil on the top inside to use with the Pepperidge Farm chicken pot pies which do not have the browning foil in their box. I went outside briefly, and I threw out some garbage. CIO

Note: <888> 11/14/04 Sunday 8:05 P.M.: I went out after the last message. I went by the Greenwich Library. I then drove down by the waterfront. I next went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I stopped by CVS, and I bought a 100 ounce container of Gain liquid detergent for \$2.97 and a 1 ounce jar of Italian spices for .59 plus .18 tax for \$3.74 total. I then finished my walk. I next went by the Stop and Shop, and I bought a dozen large eggs for \$1.69, two half gallons of Tropicana Premium orange juice with calcium for \$2.50 each, and a quart of plum tomatoes for \$3.49 for \$10.18 total. I then returned home, and I drank some iced tea, and I ate two black licorice twists. CIO

Note: <888> 11/14/04 Sunday 4:00 P.M.: I had a fund raising call for the Special Olympics <http://www.specialolympics.org/>, but I can not afford to donate at the moment, but one can donate online. I will now shut down the computer, and I will clean up, and I will go out. CIO

Note: <888> 11/14/04 Sunday 3:35 P.M.: I went through my email. I put three teaspoons of olive oil and two pads of margarine in my 10 inch omelet pan, and I heated it over medium high electric heat, and once the fat began to bubble, I lowered it to a little lower than medium. I had already broken three eggs in a metal bowl, and I added a couple of tablespoons of milk, and I mixed it altogether with a whisk. I added the egg mixture to the omelet pan, and I let it heat until it was solid enough to flip over. I then flipped it over with a spatula. I then let it heat a little more until that side was cooked a little bit and it was puffy. I then slid it on to a microwave proof plate, and I added two large sliced plum tomatoes sliced into 3/16 inch thick slices and 10 slices of 1.5 inch by 1.25 inch by 1/8th inch thick slices of Stop and Shop Vermont extra sharp cheddar cheese, and I seasoned it with Italian seasoning, and I put it all in the General Electric microwave oven with a microwave cover, and I heated it on reheat for half of the reheat time to melt the cheese and warm the tomatoes. I then slid the open face omelet on another plate and sprinkled it with grated parmesan cheese. I also added two slices of toast with two slices each of margarine, and I cut the toast in half. I ate it all with a glass of iced tea. CIO

Note: <888> 11/14/04 Sunday 2:10 P.M.: Of course some people just think Greenwich, Connecticut is just another Rock Resort <http://www.rockresorts.com/>. CIO

Note: <888> 11/14/04 Sunday 1:40 P.M.: I went to bed after the last message. I woke up during the night, and I ate the remaining fourth of a 12 ounce can of CVS mixed nuts. I was up at 8 A.M. this morning, and I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I then went back to bed until 12:30 P.M. I watched a bit of television. I will now do some regular computer work. As far as the Greenwich Time www.greenwichtime.com is concerned its main advertising revenue is derived from advertising Greenwich, Connecticut real estate, so more than likely it would not be in its interest to print anything that was detrimental to Greenwich, Connecticut real estate <http://www.geocities.com/mikelscott/gwreal.htm> values. However, having lived here most of my life in Greenwich, Connecticut nothing much happens worth reporting most of the time anyway. It is just because we have a lot of clever writers, certain news events tend to get over reported. I once met Otis Chandler Junior out living on a 40 acre avocado ranch in a Buckmaster Fuller house in Oceanside, California, and as I recall, he did not even have any printed matter in his house besides Architectural Digest. I think he has since move to Chicago, Illinois since he acquired the Chicago Tribune Company <http://www.tribune.com/> which owns the Times Mirror company [Times Mirror Company \(the\) Profile Information at Business.com](http://www.timesmirror.com/). However like the Hearst family, the Chandler family have other business interests besides the Newspaper business. I also ate four black licorice twists. CIO

Note: <888> 11/13/04 Saturday 10:45 P.M.: I microwaved a 7.26 ounce Celeste Suprema pizza, which I ate with a glass of iced tea. I will now shut down the computer, and I will go to bed. CIO

Note: <888> 11/13/04 Saturday 10:15 P.M.: Of course if one has the ingredients and equipment at home, one can try to make this version of a pizza
<http://www.geocities.com/mikelscott/pizza.htm> . CIO

Note: <888> 11/13/04 Saturday 10:05 P.M.: Over the years, I have noticed quite a few people enjoying a meal at one of our local pizza parlors next to the Greenwich train station and movie theatre called Planet Pizza, and I just recently noticed they have a web site <http://www.planetpizza.com/> . I was once told by one of their employees that their biggest corporate customer was IBM www.ibm.com up in Armonk, New York, and I joked they should deliver motherboards in pizza boxes. Apparently quite a few Italians seem to work locally for IBM, so some of them seem to think it stands for Italian Business Machines, but it stands for International Business Machines. I believe the Italian Business Machine company is www.olivetti.com , which use to have a nice modern building on the west side of Park Avenue in Manhattan at 59th street. However, the last time I checked the bamboo at IBM's office in Manhattan at the southwest corner of Madison Avenue and 57th Street was about two years ago during the G8 conference. CIO

Note: <888> 11/13/04 Saturday 9:40 P.M.: I went out after the last message. I drove downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I used the bathroom at the Senior and Arts center, and I stopped by CVS. I noticed on a bulletin message on the front door of the Senior and Arts center that only people over 75 years of age or older will be able to get flu shots when they are offered at the Greenwich High School some time in the near future and also younger people with special medical conditions. I next drove down by the waterfront. I then stopped by the Exxon gasoline station next to the Greenwich Library, and I bought \$10.75 of premium gasoline at \$2.499 a gallon for 14.4 miles per gallon usage this week averaging driving 12 miles per hour locally around town. The Volvo has a dashboard computer that gives me this information, which I reset after I fill up the Volvo. I chatted with a relative. I watched a program on CNN about Saudi Arabia being at a Cross Roads which was somewhat informative. Apparently they have a large youth population there, and they have 30% unemployment, but they are working on programs there to put the local population to work. I remember recently back around 1973, I visited with a friend from East Aurora, New York, and we visited his grandfather down in Gladstone, New Jersey, and his grandfather had a traditional British stone country house with out buildings. His grandfather had worked as a honor guard for Queen Victoria, and I guess in Queen Victoria's time, they did not have much energy, because during that winter evening, I noticed the temperature inside the house was below 50 degrees Fahrenheit. Thus he must have had some Scottish blood in him too or some other product from Scotland. CIO

Note: <888> 11/13/04 Saturday 4:15 P.M.: I went outside briefly. One of my neighbors told me that my next door neighbor got into a car wreck, but she has returned home

safely. However, her car was pretty badly damaged. I chatted with www.dhl.com, and I was told that my package from www.sierratradingpost.com was delivered to the local United States post office, so it will be delivered here on Monday. I will now shut down the computer, and I will go out for some fresh air. I also chatted with someone else on the telephone. CIO

Note: <888> 11/13/04 Saturday 3:05 P.M.: According to www.airborne.com, my www.sierratradingpost.com package left South Norwalk, Connecticut for delivery at 12:48 P.M. today, and it is scheduled for delivery at 2:57 P.M. today, so I better stick around to see if it arrives. CIO

End of Scott's Notes week of 11/13/04:

Note: <888> 11/13/04 Saturday 2:30 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm. I use a tin of sardines that I chopped instead of tuna fish. For the cheddar cheese portion, I used Stop and Shop Vermont extra sharp cheddar cheese. I used all of the other regular ingredients. I ate the salad with a glass of iced tea. For middle age individuals like myself whom take Lipitor www.lipitor.com to control one's cholesterol, I have chosen not to eat too much beef to keep my cholesterol down. So I am not necessarily a vegetarian, and the salads costs just as much as a cooked dinner of beef, poultry, fish, or pork. Also they tend to take more time to prepare. On arthritis, I read this book "The Arthritis Cure" by Jason Theodosakis Amazon.com: [Books: The Arthritis Cure: The Medical Miracle That Can Halt, Reverse, and May Even Cure Osteoarthritis](#) about five years ago. Today, I take double strength of Glucosamine Hydrochloride 1500 mg. and Chondroitin Sulfate 1200 mg. once a day and twice a day MSM 1000 mg., and it does seem to help with my arthritis. However, the book says the first remedy takes about three months to take effect. The MSM is an anti-inflammatory, so it helps with the pain. Along with my Vitamins and supplements, when I wake up, I also take a half of a aspirin and an Advil, and I take a Tylenol before I go to bed. I will now send out my weekly notes. I will then shut down the computer, and I will clean up, and I will go out. CIO

Note: <888> 11/13/04 Saturday 12:30 P.M.: I just picked up the mail including the grocery store circulars, and starting today at the Food Emporium, premium aged boneless Angus sirloin steaks are \$4.99 a pound, and starting tomorrow at the Stop and Shop top round roast is \$1.99 a pound, and starting next week on Thursday, Friday, and Saturday at Porricelli's boneless chicken breasts are \$1.88 a pound, so if one can afford the gasoline to shop around, one can still eat in Greenwich, Connecticut providing one has a kitchen. CIO

Note: <888> 11/13/04 Saturday 12:05 P.M.: Last winter, I was told by a customer with bad arthritis at the Putnam Trust Bank of New York parking lot on Mason Street here in Greenwich, Connecticut that a good cure for arthritis is soak white raisins in gin. This week while making my 3 P.M. Thursday appointment, I read in a two week old U.S. News and World Report that Teresa Heinz Kerry suggests soaking white raisins in Gilbey's gin for two weeks, and this article says that one is suppose to eat nine of the

white raisins a day for arthritis [New York Daily News - Home - Michael Goodwin: She's out there](#) , but it does not say what one is suppose to do with the Gin. I might have to try it some time. The person who told me about it at Putnam Trust Bank of New York on Mason Street looked like a prominent democrat associated with Berkshire Hathaway <http://www.berkshirehathaway.com/> who is suppose to live in Omaha, Nebraska, but may indeed visit out here too. He once told me he lived in Scarsdale, New York when I tried to interest him in buying the General Reinsurance building on Steamboat Road now the Greenwich Capital <http://www.gcm.com/> building owned by the Royal Bank of Scotland <http://www.rbs.co.uk/> . I also was reminded one of the best values on beef in Greenwich, Connecticut is that one can buy chopped beef at Manero's butcher chop for \$2.49 a pound [Manero's Steakhouse Restaurant, Butcher Shop, Wedding & Banquet Facilities in Greenwich, CT.](#) according to their web site at <http://www.maneros-greenwichct.com/> . One could also look for hamburger buns at the Arnold bread outlet. CIO

Note: <888> 11/13/04 Saturday 11:30 A.M.: I put away both loads of laundry. According to www.airborne.com , my www.sierratradingpost.com order two extra large white turtle necks [Medalist Two-Layer Midweight Performance Turtle neck \(for Men\)](#) and two large pairs of grey heather Fox Merino wool casual socks [Fox River Merino Wool Casual Socks \(for Men and Women\)](#) plus \$8.25 shipping for \$46.05 total arrived at the DHL facility in Norwalk, Connecticut at 9:37 A.M. this morning via Allentown, Pa. from Salt Lake City, Utah, with the original shipment from Cheyenne, Wyoming on 11/10/04. However, it is suppose to be delivered by the United States Post office, so I guess DHL has to transfer it to the post office for delivery. Apparently www.dhl.com partnered with the post office on deliveries which included delivering to U.S. Post Office boxes for those of you whom do not have home delivery, although they do most of the shipping. CIO

Note: <888> 11/13/04 Saturday 10:30 A.M.: I read this week in the British Press that British Petroleum www.bp.com earns a million dollars an hour profit [BBC NEWS Business 'Strong global demand' boosts BP](#) . CIO

Note: <888> 11/13/04 Saturday 10:25 A.M.: [FOXNews.com - Politics - Saudi Royal Family Faces Troubles](#) . CIO

Note: <888> 11/13/04 Saturday 10:10 A.M.: I started the second load of laundry, and I have 23 minutes to go on one load of laundry and 53 minutes to go on the second load of laundry. CIO

Note: <888> 11/13/04 Saturday 9:50 A.M.: I went to bed after the last message. I woke up during the night, and I ate a third of a 12 ounce can of CVS mixed nuts. I was finally awake at 8 A.M., and I ate breakfast of oatmeal with a sliced banana, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I started two loads on laundry, and I just started one dry cycle, and I am waiting for another dryer for the second load. I put clean linens on the bed in the bedroom. I threw some garbage out, and it looks like we had a small bit of sleet, snow, and frost over night, which is melting quickly in the current temperatures as it rises above freezing [Weather Underground: Greenwich, Connecticut Forecast](#) . CIO

Note: <888> 11/12/04 Friday 10:55 P.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 11/12/04 Friday 10:05 P.M.: I chatted with someone before leaving after the last message. I then went by the Greenwich Library, and I chatted with a couple of regular library users. I then went by the Greenwich Hospital thrift shop, and I chatted with another computer user. I then went downtown, and I walked the entire length of Greenwich Avenue including the train station area. I used the bathroom at the senior and arts center. I also stopped by CVS, and I bought four 14 ounce bags of spice drops for .25 each bag and .06 tax for \$1.06 total. After I completed my walk, I drove down by the waterfront. I then went by the Greenwich Library again, and I chatted with another local library user. I then returned home, and I chatted with some neighbors. I drank some iced tea. I put three teaspoons of olive oil and two pads of margarine in my 10 inch omelet pan, and I heated it over medium high electric heat, and once the fat began to bubble, I lowered it to a little lower than medium. I had already broken three eggs in a metal bowl, and I added a couple of tablespoons of milk, and I mixed it altogether with a whisk. I added the egg mixture to the omelet pan, and I let it head until it was solid enough to flip over. I then flipped it over with a spatula. I then let it heat a little more until that side was cooked a little bit and it was puffy. I then slid it on to a microwave proof plate, and I added three small sliced plum tomatoes sliced into 3/16 inch thick slices and 10 slices of 1.5 inch by 1.25 inch by 1/8th inch thick slices of half Stop and Shop Swiss cheese and half Stop and Shop Vermont extra sharp cheddar cheese , and I put it all in the General Electric microwave oven with a microwave cover, and I heated it on reheat for half of the reheat time to melt the cheese and warm the tomatoes. I then put the microwave proof plate with the open face omelet on another plate. I also added two slices of toast with two slices each of margarine, and I cut the toast in half. I ate it all with a glass of iced tea. CIO

Note: <888> 11/12/04 Friday 2:20 P.M.: I microwaved and ate a 18.8 ounce can of Campbell's <http://www.campbellsoup.com/> savory chicken with white and wild rice soup, which I ate with a glass of iced tea. I will now shut down the computer, and I will clean up, and I will go out. CIO

Note: <888> 11/12/04 Friday 2:00 P.M.: I woke up during the night, and I ate a half of a 12 ounce can of CVS mixed nuts. I was up at 8 A.M., and I ate breakfast of oatmeal with a sliced banana, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went back to bed until 10 A.M.. I did my house cleaning and watering the plants. I also cleaned the metal filter on the stove fan, and I put out in the living room area the two DeLonghi oil filled radiators to have available for extra heat during the winter. However, they do use a bit more electricity. I do not have them turned on at the moment, but they are easy enough to turn on. While doing the house cleaning at 11:30 A.M., I watched Prime Minister Blair's [10 Downing Street website](http://www.10 Downing Street website) and President Bush's www.whitehouse.gov press conference. I threw out the garbage. I picked up the mail. I received in the mail from <http://www.smokemcheapcigarettes.com/> seven cartons of Seneca Ultra Lights 100s which I ordered for \$11 a carton plus a \$1.20 a carton postage.

I just had a strange telephone call saying it was only good for an answering machine.
CIO

Note: <888> 11/11/04 Thursday 7:55 P.M.: When I toured the National Gallery www.nga.gov back in January 1989 after former President Bush's #41 inaugural, I noticed the Chester Dale art collection [Chester Dale Art Collection National Gallery of Art](#) and [Chester Dale - Biography](#) which I took interest in, since the collection seemed as large as the Mellon collection, but I had not heard of it before. Since my father's name was Louis Dale Scott, I thought Chester Dale might have been a long lost relative. I will now shut down the computer, and I will go to bed. CIO

Note: <888> 11/11/04 Thursday 7:40 P.M.: I opened up a bag of spice drops, and I put them in the glass bowl on the small brass and glass coffee table by the new sofa. CIO

Note: <888> 11/11/04 Thursday 7:15 P.M.: [CNN.com - IBM has world's fastest supercomputer - Nov 10, 2004](#) and not cheap [MSN Autos - 2004 Maybach Maybach - Pricing and <http://beta.search.msn.com/>](#) . CIO

Note: <888> 11/11/04 Thursday 6:05 P.M.: I live at the west end of automobile row in Greenwich, and I noticed at the secondary Mercedes Benz showroom just south of the main Mercedes Benz [Mercedes-Benz of Greenwich, Greenwich CT, Mercedes-Benz](#) showroom on West Putnam Avenue, there is a long two tone Mercedes Benz that might be a <http://www.maybachusa.com/> . Also at Miller Motor Cars <http://www.millermotorcars.com/> across the street by where they are building their new Bentley garage at the old showroom they have a long black Bentley limousine, so there are some pretty pricey cars in this neck of the woods. I just chatted with a relative. CIO

Note: <888> 11/11/04 Thursday 5:10 P.M.: I am microwaving a Pepperidge Farm chicken primavera 16 ounce pot pie with garlic and herbs, which I will eat with a glass of iced tea. CIO

Note: <888> 11/11/04 Thursday 4:50 P.M.: I went out after the last message. I went by the Greenwich Hospital Thrift Shop. I next watched the Veteran's Day ceremony at the Greenwich, Connecticut post office for about an hour. I then walked the entire length of Greenwich Avenue and the train station area, and I sat out at various locations. During my walk, I stopped by the Korean vegetable and fruit market, and I bought five Dole bananas for .89, and the Greenwich Hardware store, and I bought another "Support Our Troops" magnetic sticker for \$2 and .12 tax for \$2.12 total. I also stopped by CVS, and I bought a 12 ounce can of CVS mixed nuts for \$2.50 and four 14 ounce bags of spice drops for .25 each bag plus .06 tax for \$3.56 total. I also used the bathroom at Starbucks. I next drove down by the waterfront. I then went by the Stop and Shop, and I bought from the damaged goods rack a 12 ounce jar of Stop and Shop dry roasted peanuts for .75, a dented 18.8 ounce Campbell's Chunky savory chicken with white and wild rice for .35, a dented 18.8 ounce Campbell's Chunky Salisbury steak with mushrooms and onion soup for .85, a dented Campbell's 18.8 ounce Chunky chicken with vegetable soup for .85, and two Stop and Shop blue toilet bowl cleaner tablets for .99 each plus .12 tax for

\$4.90 total. I then made my 3 P.M. appointment. I then returned home, and I brought up my purchases, and I went back down with a roll of Scotch tape, and I taped the "Support Our Troops" magnetic ribbon on the inside driver's side rear side window. Thus one can not steal it or lose it in the car wash. I did not put it in the rear window because it would obscure my rear vision. One of my neighbors told me that there were four matching pillows to my new sofa in the community room, so I brought them up to my apartment. Each is about a foot square with matching fabric. I put two of each at each end of the sofa with the three large beige pillow along the back of the sofa. CIO

Note: <888> 11/11/04 Thursday 9:20 A.M.: Earlier, I ate two black licorice twists, and I just ate two more. I went through my email. I will now shut down the computer, and I will eat a peanut butter sandwich with some iced tea. I will then shower and cleanup, and I will go out. Today is Veteran's Day, so our local banks and the Greenwich Library <http://www.greenwich.lib.ct.us/> will be closed, and there is probably no mail delivery and schools are probably out, but it seems to be a nice day [Weather Underground: Greenwich, Connecticut Forecast](#) . CIO

Note: <888> 11/11/04 Thursday 8:45 A.M.: Some rather bleak pictures of Greenwich, Connecticut [Weather Underground: Search Current Weather Related Photos Greenwich, Connecticut 06830](#) . CIO

Note: <888> 11/11/04 Thursday 8:35 A.M.: I went to bed after the last message. I had a telephone call from a relative about 6:30 P.M.. I slept until 4 A.M. this morning. I ate breakfast of oatmeal with a sliced banana, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went back to bed until 8 A.M., and I watched a brief bit of television. CIO

Note: <888> 11/10/04 Wednesday 2:30 P.M.: I will now shut down the computer, and I will take a nap. CIO

Note: <888> 11/10/04 Wednesday 2:05 P.M.: I chatted with a relative in San Antonio, Texas, and they said that a Union Pacific freight train wrecked into a warehouse, and it was carrying Burlington railroad stock, and that was the sixth train wreck in San Antonio, Texas this year. CIO

Note: <888> 11/10/04 Wednesday 1:40 P.M.: I went outside briefly, and I checked the mail. I then made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I used a tin of sardines that I chopped instead of tuna fish. For the cheddar cheese portion, I used Stop and Shop Swiss cheese. I used all of the other regular ingredients. I went back outside, and I threw out some garbage. I picked up my mail. I came back upstairs, and although it is a nice day, it is a bit cool in my apartment, so I put my full length of GAP long underwear on that I bought at the GAP www.gap.com for Christmas about seven years, and I have never worn them very much. I have them underneath the casual pants and sweat shirt that I am wearing around the apartment. If it gets really cold, I can always wear my long heavy cranberry full length terry cloth bathrobe that I bought about two years ago at the Merry Go Round Mews thrift shop for \$17.50. I have plenty of

winter clothes, but I frequently when I am in a rush forget to dress warmly enough. Although it is a nice day out, I am just having a relaxing quiet day at home. CIO

Note: <888> 11/10/04 Wednesday 11:20 A.M.: The NOAA weather radio test from Upton, New York [National Weather Service Forecast Office - Upton, NY](#) just went off. CIO

Note: <888> 11/10/04 Wednesday 11:15 A.M.: I went through my email. CIO

Note: <888> 11/10/04 Wednesday 11:05 A.M.: My www.sierratradingpost.com order shipped from Cheyenne, Wyoming yesterday 11/10/04 at 1:48 A.M. via www.airborne.com , but according to them from Salt Lake City, Utah. I am in the process of going through my email. CIO

Note: <888> 11/10/04 Wednesday 9:40 A.M.: [Yahoo! News - Sanofi Diet Drug Gets Raves, Caution from Doctors](#) . CIO

Note: <888> 11/10/04 Wednesday 9:35 A.M.: I ate a six ounce can of Blue Diamond smoked almonds before going to bed. I was up at 4 A.M., and I ate breakfast of oatmeal with a sliced banana, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went back to bed until 8:30 A.M.. I watched some television. It is currently 34 degrees Fahrenheit [Weather Underground: Greenwich, Connecticut Forecast](#) . CIO

Note: <888> 11/09/04 Tuesday 5:10 P.M.: I had a fairly quiet routine day. It seemed a bit slower today, I guess because it was colder outside [Weather Underground: Greenwich, Connecticut Forecast](#) . I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 11/09/04 Tuesday 4:35 P.M.: [Mozilla - Home of the Firefox web browser, Thunderbird and the Mozilla Suite](#) and [BBC NEWS Technology Firefox browser takes on Microsoft](#) . CIO

Note: <888> 11/09/04 Tuesday 4:20 P.M.: Lost horizons [Forbes.com: Most Expensive Homes Of The Past](#) . CIO

Note: <888> 11/09/04 Tuesday 3:25 P.M.: I ate two black licorice twists. I relaxed a bit. I put three teaspoons of olive oil and two pads of margarine in my 10 inch omelet pan, and I heated it over medium high electric heat, and once the fat began to bubble, I lowered it to a little lower than medium. I had already broken three eggs in a metal bowl, and I added a couple of tablespoons of milk, and I mixed it altogether with a whisk. I added the egg mixture to the omelet pan, and I let it head until it was solid enough to flip over. I then flipped it over with a spatula. I then let it heat a little more until that side was cooked a little bit and it was puffy. I then slid it on to a microwave proof plate, and I added three small sliced plum tomatoes sliced into 3/16 inch thick slices and 10 slices of 1.5 inch by 1.25 inch by 1/16th inch thick slices of Stop and Shop Swiss cheese, and I put it all in the General Electric microwave oven with a microwave cover, and I heated it on

reheat for half of the reheat time to melt the cheese and warm the tomatoes. I then put the microwave proof plate with the open face omelet on another plate, and I sprinkled it with grated parmesan cheese and a few dashes of Italian seasoning. I also added two slices of toast with two slices each of margarine, and I cut the toast in half. I ate it all with a glass of iced tea. CIO

Note: <888> 11/09/04 Tuesday 1:05 P.M.: I went out after the last message, and I think we had our first frost, and I scraped the frost off my Volvo windows with one of the snow brushes and ice scrapers that I keep on the floor behind the driver's seat. I then went downtown, and I walked the entire length of Greenwich Avenue, and I sat out at various locations. I stopped by CVS during my walk, and I bought a Glade Oil plug-in refill Hawaiian Breeze for \$2.50, a 7 ounce bag of black licorice twists for \$1.19, and two packages of four buy one get one free of RTH made in China blunt tip chandelier bulbs 25 watts long life clear medium base B11 130 volts for \$3.99 both packages of four plus .46 sales tax for \$8.14 total. I will use the bulbs in my Rembrandt print of the Polish Rider that has a brass picture light over it and in the small swivel brass light hanging out from the wall to the right of my primary computer chair. After I completed my walk, I used the bathroom at the senior and the arts center. I then drove down by the waterfront and some of the regular fishermen are still fishing there, so I guess the fish are still biting. I then went by Putnam Trust Bank of New York on Mason Street. I next went by the Greenwich Hospital Thrift Shop, and everything is half price. I then went by the Greenwich Library, and I read the Greenwich Time. I next went by the Stop and Shop, and I bought four buy one get one free of Campbell's 18.8 ounce cans of New England clam chowder for \$2.69 each two, a dented 16 ounce can of Bush's baked beans for .75, a dented 18.8 ounce can of Campbell's Chunky savory chicken with white and wild rice for .35, a 16 ounce bag of baby carrots for \$1.50, fresh broccoli crowns at \$1.99 a pound for \$2.01, a 10 ounce bag of fresh spinach for \$1.50, a old package of plum tomatoes for \$1.06, and a 10 ounce box of fresh mushrooms for \$2.29 for \$14.91. I guess 1491 was the year that Columbus got hungry in Europe and decided to discover America, but quite frankly since the Phoenicians [Phoenicians history lebanon middleeaset Phoenicia Arabic arabs](#) covered the oceans for 3,000 years they might have gotten here before Columbus. I then returned home, and I drank some iced tea. I received a message from a relative that is traveling to visit another relative today. CIO

Note: <888> 11/09/04 Tuesday 6:50 A.M.: I chatted with a friend. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I used all of the regular ingredients, but I used a tin of sardines that I chopped instead of tuna fish. For the cheddar cheese portion, I used Stop and Shop Swiss cheese. I ate the salad with a glass of iced tea. I will now shut down the computer, and I will clean up, and I will go out. CIO

Note: <888> 11/09/04 Tuesday 5:10 A.M.: Life in the tropics after a hurricane [TCPalm: Storms give rise to fruit fly swarms](#) . CIO

Note: <888> 11/09/04 Tuesday 4:55 A.M.: Earlier I ate two black licorice twists, and I just ate two more and two triscuts. I watched a bit of period television on the Turner

movie channel. Well, not much happening in the New York area, but they still think a sucker is born every minute, so they are still looking for low paid help, which frequently can barely afford to live here. In other words, frequently here, it looks like the Circus is in town. CIO

Note: <888> 11/09/04 Tuesday 4:10 A.M.: Needless to say just because I take local fitness walks on Greenwich Avenue does not mean that I am a security agent. Many people take fitness walks and great many of them walk in the New York Metropolitan area, so if one wants to be a security agent that walks try joining the www.goarmy.com or <http://www.army.mil/>, of course that is only for the fit and young, and there are other alternative services like <http://www.geocities.com/mikelscott/dod.htm>, not to mention other opportunities world wide. I was once told that the French Foreign Legion <http://www.foreignlegionlife.com/> or <http://www.ambafrance-us.org/atoz/legion/index.asp> will take people until age 45, and also one is eligible for French citizenship after three years of service but not guaranteed it, only on a case by case basis. Of course it might help if one spoke French. CIO

Note: <888> 11/09/04 Tuesday 3:45 A.M.: I just noticed that <http://www.brinkshomesecurity.com/> is headquartered in Irving, Texas where <http://www2.exxonmobil.com/> is headquartered, so we must have some local people here affiliated with them. However, Wells Fargo <http://www.wellsfargo.com/> does not locally seem to be in the security business anymore, but locally we use to have <http://www.wackenhut.com/> in Hartford, Connecticut and a number of locations in New York. Also locally in Greenwich, Connecticut beside the Greenwich Police Department <http://www.greenwichct.org/PoliceDept/PoliceDept.asp>, we also have Google Search: Kennedy Security near Greenwich, CT, which have local experience, and I have chatted with Roger Kennedy before about the possibility of alligators in this area during the warmer months. However, since Greenwich, Connecticut is a New England town, and since New Englanders are frequently thrifty and frugal like the Greenwich town motto, "Frugality and Fortune", we frequently rely on our wits and based on what our budget can afford. Of course the wealthier people also employ other private security agencies as well as various other government agencies which are too numerous to count. CIO

Note: <888> 11/09/04 Tuesday 3:20 A.M.: I found this web site advertising Thomas Cook <http://www.cheap.co.uk/thomas-cooke-travel-agents/>, so I guess instead of being a Posh "Port Out Starboard Home" travel agency, they have gone into the low budget travel business. However for many years Thomas Cook did have an office on Railroad Avenue across from the Greenwich, Connecticut train station, but I have not looked recently to see if they are still there or not. CIO

Note: <888> 11/09/04 Tuesday 2:55 A.M.: After the last message, I picked up my mail. I received in the mail a package of from a relative that had a blue Alex Cannon from Rowayton, Connecticut denim shirt large size regularly \$59.50 for \$29.99 from T.J. Maxx www.tjmaxx.com style 498631 and a pair of Bungalow Brand waist 40 inch length 30 inches 70% Rayon 30% Polyester made in Jordan with a suggested retail price of \$48. However, the pants are more summer pants, but the denim shirt with a pullover

would be comfortable for winter. Of course, I could wear the summer pants with my long underwear like I frequently do with other summer pants. I removed the tags, and I hung them in my living room closet. I also received a 1 day pass for www.samsclub.com where they only charge one an additional 10%, however it is not good in Elmsford, New York which is my nearest Sams. I ate the other half of the 12 ounce can of CVS mixed nuts with a glass of iced tea. I went to bed at 4 P.M.. I was up at 11 P.M.. I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I changed the four AAA batteries in my RCA remote control for my Proscan television in the bedroom. I put in two new AAA Energizer batteries, one Walgreen's heavy duty AAA battery, and a slightly used Energizer AAA battery. I still have spare batteries including three four packs of Duracell AAA batteries, but I did not feel like them using them for the remote control. I save them for my Kensington Wireless mouse. I move the wooden carved pineapple from the salad bowl on the dining room table, and I put the spare apartment keys and Volvo keys that were hanging on it in the relish dish next to the salad bowl. I put the wooden pineapple on the top shelf of the mahogany end table at the apartment entrance. When I knew Helen Kress Williams from Manhattan and Oyster Bay, Long Island, we visited her 40 acre estate in Oyster Bay, Long Island where the main house had burned down in 1926, and only the gate house remained. However, there was a brick wall around the property near Sagamore Hill the Teddy Roosevelt family home. By the garage she had her own gasoline pump with the Pegasus flying horse from Mobil www.mobil.com on it, but alas during the early 1970s oil embargo the pump did not work, so she had to buy gasoline at the Marathon <http://www.marathon.com/> oil station just across the Queensborough Bridge as one left Manhattan. On either side of the brick entrance gate each side was topped with a large stone pineapple. She explained it was the Christian symbol of hospitality from the days when the Boston missionaries went to Hawaii. Of course during the wars of this past century the pine apple was also a slang term for a hand grenade which would not necessarily be Christian hospitality. Just like Cook's travel from England is named for Captain Cook, but most people forget that Captain Cook was eaten by the Hawaiians. I can find a web site for Cook's of England, so they must have gone the way of the Guni bird or been eaten. Back in April 1975, when I tried quitting smoking cigarettes, I tried camping out at the Conyers Farm lake and swimming in the brisk spring fed water. Some of the other local area residents were also doing the same thing, and I met Louis Rosenstiel whom owned the property and his daughter, and I visited in their home. His caretaker on the property Siegert told me there were bears on the property, and Louis Rosenstiel use to walk the property with three very large Russian wolf hounds which I would have thought he might have used to keep wolves away. Locally I have been told that a cousin of Paul Allen of Microsoft fame named Jim Allen is in partnership with Peter Brant at Conyers Farm, so possibly Paul Allen is involved in the \$54 million dollar corporate purchase the 80 acre polo farm at Conyers Farm, which I think might have been the old Rynwood estate. I emailed Paul Allen about this property <http://www.greenwichcountrystate.com/> that Preferred Properties <http://www.pproperties.com/> was offering, and his people emailed me back, they would look into it. Knowing Greenwich Real Estate, it is my viewpoint that Round Hill Road real estate is more desirable than North Street real estate, but perhaps Paul Allen did not want to be a neighbor of Leona Helmsley. Whatever the case, the transaction was handled by Roger Pierson in private for the parties involved, so no one

knows whom is behind the transaction. However, if one were living in either location, I would recommend a Russian wolf hound, since wolves and other wild life do not seem to respect private property rights. Of course if it were Paul Allen www.paulallen.com , he would be use to wildlife coming from the upper northwest which is full of wild life.

CIO

Note: <888> 11/08/04 Monday 12:40 P.M.: I went outside briefly. I checked the mail, but it has not arrived. I will now shut down the computer, and I will go to bed directly.

CIO

Note: <888> 11/08/04 Monday 11:15 A.M.: I went out after the last message. I went downtown, and I sat out for a while. A little before 9 A.M., I walked over to the Wachovia Bank on Havemeyer Place, and I paid my rent to the Greenwich Housing Authority. I then drove down by the waterfront. I next went by the Greenwich Hospital Thrift Shop, and most all merchandise remains half price. I bought a moss green medium size wooden sitting chair with spindle back for \$2.50 and a plaid yellow, lime green, and cranberry chair cushion for \$1.50 for \$4 total. I then returned home. I brought up the chair and the cushion. I cleaned the chair with Windex orange cleaner. I pressed in one of the chair support dowels which was a tight fit without glue, so the chair is more stable. I moved the directors chair from the front of the stereo system bookcase by the Orion television, and I folded it up with out its black canvas back which I stored inside the folded directors chair, and I stored it at the far end the down filled sofa along with the beach chairs and they are covered by the blue towels, so it is not conspicuous. I then took the moss green medium size wooden chair, and I put it where the directors chair was, and it fits just fine in that location. I put the blue and yellow cushion from the directors chair on the seat of the moss green wooden chair and I tied the yellow, lime green, and cranberry plaid chair cushion to the back spindles of the chair to use as a back cushion. Since I weigh 210 pounds, it is very stable with me sitting on it, so any smaller individuals whom it is basically designed for, it would be stable and comfortable enough to sit on. Plus it is light enough to move, if one wanted to get behind it to take out the solid oak folding table set or folding wooden card table chair or open up the television cabinet. I still have the spare three packs of Perrier www.perrier.com 2000 stored under the chair in that location. I obtained the Perrier 2000, when on my birthday on May 9, 2000, I bought about \$250 of Perrier at the Food Emporium for about \$2.59 a three pack, and I later returned about \$150 of it, when I needed money. The rest I guess was gradually drunk over the years. However, I still have 24 3/4 liter bottles of Perrier, and 18 of them are in the Year 2000 three packs. Of course, the last time I looked about 13 years ago, Perrier's Western Hemisphere headquarters were across the street from me on West Putnam Avenue by the New York border. However, recently although Great Waters of France which owns Perrier was bought out by <http://www.nestle-watersna.com/> which owns a number of other water and sparkling water companies. I keep three of the Perrier bottles refrigerated in the refrigerator, but although I think it is very healthy for one to drink, I do not drink it myself hardly at all, since it is very expensive. When I worked at the Languedoc restaurant in Nantucket, they also use to have little Perrier bottles on the tables with flowers in them, and I use to see the product around Manhattan, but alas the last time I was in France about 13 years ago for the

Albertville, France winter Olympics, I did not see any evidence of Perrier around France, it was all Evian. CIO

Note: <888> 11/08/04 Monday 8:15 A.M.: I microwaved a 6.65 ounce Celeste Deluxe pizza, which I ate with a glass of iced tea. I will leave the computer going, and I will go downtown for a short period before I pay my rent to the Greenwich Housing Authority at the Wachovia Bank on Havemeyer Place. CIO

Note: <888> 11/08/04 Monday 7:45 A.M.: A million acres is less than 40 miles by 40 miles [square mile conversion - index of conversions to and from square miles](#), so there are less than 1/16th of that in Greenwich, Connecticut USA, ergo there are about one acre for every resident, which means a lot of people spend a lot of time raking leaves this time of year. Of course there is probably some clever local business person that sells all of our leaves for other uses like compost. CIO

Note: <888> 11/08/04 Monday 6:50 A.M.: I ate a half of a 12 ounce can of CVS mixed nuts with some iced tea. The Banana boat has been showing up more often in Manhattan recently [QM2 - Itinerary - 2004](#). Local weather in Greenwich, Connecticut that dairy farm town 20 miles east of Manhattan [Weather Underground: Greenwich, Connecticut Forecast](#). CIO

Note: <888> 11/08/04 Monday 5:40 A.M.: I went out after the last message. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I chatted with a dog walker. In the downtown sidewalk repaving project, they have been stalled on completing the sidewalk construction outside the Pickwick Plaza and the Chase bank. I don't think they ran out of cement, but for some odd reason it is just bare ground and gravel and a Porta Potty. Perhaps it is some mass conspiracy to keep the local youth from creating a disturbance skate boarding there. We will have to see what develops there over time. Maybe they are planning to pave the sidewalk outside the Chase Bank with gold, but first they have to find the gold. During my walk, outside Carlson travel, I found an open older discarded Compaq computer. I salvaged from it a 32 meg and a 64 meg memory chip, a two USB port PCI card, and a AMD K2 366 MHz processor. After my walk, I drove down by the waterfront. I next returned home about 2 P.M.. My procedure for starting the primary computer with the Siemens router for the backup computers works. However, at the moment I have it connected directly to the cable modem. I then did some Mickey Mouse maintenance on the backup computers. On the IBM Cyrix computer in the bedroom, I took out the IBM Cyrix 233 MHz MMX processor that only ran at 183 MHz, and I installed the AMD K2 336 MHz processor, and I used some of the CPU thermal grease that I keep in my top left living room desk drawer, when I put the CPU fan back on. It took a while, but I finally got the motherboard dip pins set right for the AMD processor, but when it boots, it only registers at 233 MHz, which is still faster. I also put the 2 USB port PCI card in the computer, which in the future will be known as the AMD 233 MHz processor. I put the IBM 233 MHz MMX Cyrix processor in the little box in my second down left living room desk drawer along with the Intel 133 MHz processor that I kept as a souvenir. In the backup Gateway computer, I had a 128 meg memory chip, so I added

the 64 meg and the 32 meg memory chips, so it now shows 224 megs. This took a while but the backup computers in the bedroom still work online with the Siemens router and the Linksys Hub. I am trying to stay awake until 9 A.M., so I can pay my rent to the Greenwich Housing Authority at the Wachovia www.wachovia.com Bank branch at Havemeyer Place. CIO

Note: <888> 11/07/04 Sunday 10:40 P.M.: I microwaved and ate a 18.5 ounce can of Campbell's steak and potatoes soup, which I ate with a glass of iced tea. It is currently 61 degrees Fahrenheit, so I will go out for a walk downtown. CIO

Note: <888> 11/07/04 Sunday 9:45 P.M.: I ate a black licorice twist, and I chatted with a relative. CIO

Note: <888> 11/07/04 Sunday 9:05 P.M.: When you consider that I recently spent about \$13 a battery for my three cordless telephones at Radio Shack which are older models, one can buy a new 2.4 gigahertz cordless telephone for about \$15 according to this [Phones - Find, Compare, and Buy at Shopping.com Cordless Telephones](#) . CIO

Note: <888> 11/07/04 Sunday 8:55 P.M.: I just woke up from my nap. I saw on the news that a lot of anti Bush people are trying to move to Canada, and emigration applications have gone up six fold. It does not make sense to me, since although Canada initially seems more civilized, it is a much harder life up in Canada, once one has to earn a living. It would seem to me that since I have only counted 122 Canadian license plates in Greenwich, Connecticut in 21 years since I returned off of Nantucket that Canadians can not afford to visit the New York area. According to this the Canadian dollar is getting stronger and the U.S. dollar is getting weaker [Monthly Average Graph \(American Dollar, Canadian Dollar\) 2003](#) . The head of International for Monsanto www.monsanto.com use to be Canadian. When I was just out of college, and some friends took me to Fort Erie race track outside Toronto, Canada where the Queen Mother was presenting the trophy, I met the head of General Motors in Canada. I worked with someone in Nantucket from Montreal whom was affiliated with the Rothschild family. The last time I was in Key West, I ran into someone from Chicago, Illinois that looked like Cardinal Cody, and he told me his sister owned 25% of Molson's brewing. I still own a Air Canada flight bag. Basically Canada economically is not much different than the USA, but the people tend to be physically much larger. Hudson's Bay Company is www.hbc.com and still opened for business. I use to know people from Olympia and York. Whatever, the case I would dare say we have some Canadian in our local woods. Louis Rosenstiel that used to own Conyers Farm was a Canadian that owned Schenley Liquor <http://www.thekirkwoodgroup.com/beverages/spirits/whisky/schenley/> now owned by <http://www.bartoninc.com/> . Locally Peter Brant is also Canadian. Whatever the case, Canada also has a lot grain fed beef which is suppose to be superior to corn fed beef. However, it gets colder in Canada, so more than likely one would be cold if one ever went outdoors. Both Toronto and Montreal each have over 20 miles of underground pedestrian streets for shopping, so one can avoid the cold. CIO

Note: <888> 11/07/04 Sunday 2:20 P.M.: I chatted with a relative [ABC News: Volcano Terms](#) and <http://abcnews.go.com/Technology/popup?id=133588> . I will now shut down the computer, and I will rest for a while. CIO

Note: <888> 11/07/04 Sunday 1:20 P.M.: I ate two black licorice twists. CIO

Note: <888> 11/07/04 Sunday 1:00 P.M.: The last time I was in Key West, Florida was in February 1982. I went down there because it was minus 25 degrees below zero Fahrenheit in New York City, and my room mate whom worked for Cyrus Vance in New York City kicked me out of the apartment we shared, so her son could move in. I stayed a week with somebody in New York from Hollywood, Florida whom had to leave New York City to go the island of St. Bartholomew's on an assignment for Vogue magazine. I thus did not have any place to stay in New York City, and since it was so cold in New York City, I flew down to Key West with a stop over at National Airport, West Palm Beach, Miami, and arriving at Key West, Florida. That night while enjoying a few Vodka and orange juices, I met Steve Bahl at a local pub in Key West, and a mutual acquaintance told me he owned a million head of dairy cattle in Wisconsin, so I would imagine with the temperatures in New York City at that time it was even colder in Wisconsin. Steve looked like Adolph Hitler and talked like Tennessee Ernie Ford which is a common accent in the southeast. I am not sure how many dairy cows he actually owns, but he might be part of one of those large dairy cooperatives. This time of year when it is cooler, they can start shipping cheese, so if one is interested in Wisconsin cheese, this is their web site <http://www.fennimorecheese.com/> . One of my parents original friends in Greenwich, Connecticut back in 1961 owned a Wisconsin cheese company too. When I went down to former President Bush's #41 inaugural in 1989, I walked into the Georgetown Inn with a few friends and found myself at the Wisconsin reception party with then governor Tommy Thomson and Bart Star was also there. Needless to say there was lots of free food there, so we helped ourselves and ate quite a lot of free food that was very good. Thus if one ever attends a Presidential inaugural be sure to stop by at the Wisconsin reception, since they seem to have a lot of food in Wisconsin. I still have a picture somewhere in my apartment from the Greenwich Time about 15 years ago of someone named Smith from Wisconsin whom was walking across America in a kilt with bag pipes. Since I went to Lake Forest College www.lfc.edu which is only about 20 miles south of the Wisconsin border in Lake Forest, Illinois, I have probably met other people from Wisconsin. One local here drives a van with Wisconsin license plates. CIO

Note: <888> 11/07/04 Sunday 12:35 P.M.: I made up a fresh batch of homemade hummus www.geocities.com/mikelscott/hummus.htm . For the garlic portion, I used a medium whole bulb of garlic. I then made and ate my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I used a tin of sardines that I chopped. For the cheddar cheese portion, I used Stop and Shop Swiss cheese. I used all of the other regular ingredients. I ate the salad with a glass of iced tea. CIO

Note: <888> 11/07/04 Sunday 11:05 A.M.: I went out after the last message. I went downtown, and I walked the entire length of Greenwich Avenue and the train station. I

sat out at various locations. I stopped by CVS during my walk, and I bought a 7 ounce package of black licorice twists for \$1.19, a 12 ounce can of mixed nuts for \$2.50, and a 100 ounce bottle of Tide <http://www.tide.com/> Mountain Spring scent liquid detergent for \$5.49 plus .40 tax for \$9.58 total. I then completed my walk. I used the bathroom at Starbucks. I drove down by the waterfront. I returned home. I noticed the magnetic red white and blue "Support Our Troops" ribbon was not on the rear of my Volvo. Perhaps it came off in the car wash this week. I have the primary computer set up to go online with cable modem without the Siemens router, and if I need to use the Siemens router, I will use the procedure mentioned earlier in my notes today. CIO

Note: <888> 11/07/04 Sunday 7:00 A.M.: I microwaved a Celeste 7.26 ounce Suprema pizza, which I ate with a glass of iced tea. I will now shut down the computer. I will shower and clean up. I will then put the tea in the refrigerator to chill. I will then go out for some early morning activity. Current temperature in Greenwich, Connecticut is 45 degrees Fahrenheit [Weather Underground: Greenwich, Connecticut Forecast](#) . CIO

Note: <888> 11/07/04 Sunday 6:30 A.M.: [FOXNews.com - U.S. & World - St. Helens Lava Dome Still Growing](#) . CIO

Note: <888> 11/07/04 Sunday 6:25 A.M.: I finished going through my email. CIO

Note: <888> 11/07/04 Sunday 6:10 A.M.: High cost of aging in this area [Greenwich Time - Nursing homes among priciest in U.S.](#) . CIO

Note: <888> 11/07/04 Sunday 5:50 A.M.: I am making up a fresh batch of www.geocities.com/mikelscott/icetea.htm . I moved the cow horn ashtray from in front of the Life magazine coronation picture of Queen Elizabeth II to on top of the stereo speaker where the modem and router were along with the stuffed duck made of Black Watch cloth. CIO

Note: <888> 11/07/04 Sunday 5:25 A.M.: I shifted the 50 foot LAN cable that runs through the false ceiling to the bedroom so there is more cable by the primary computer. I then disconnected the HP Laser 4L printer sitting on top of the HPIID laser printer from the printer port box, and I moved the printer port box to the right side front of the primary computer on the white coffee table. This permitted me to move the Siemens router from the corner on the stereo speakers to underneath the Minolta laser printer stand just to my right at the primary computer and just to the right of the Siemens router on the left side of the desk I was able to put the Motorola surfboard cable modem which I attached a 15 foot white extension cord to its power, so both are still turned on by the same switches on the Belkin control panel. Thus if the Siemens router does not go online when one starts up the cable modem and primary computer, one can simply unplug the left most cable from the Siemens router front that goes into the primary computer motherboard LAN connector and plug it into the back of the cable modem which is about six inches away. It is all about a foot and a half from the primary computer chair, so it is an easy reach, should one need to change the cables around to get the Siemens router working. I moved

my stack of paper printouts from underneath Minolta printer stand to on top of the HP 6P laser printer on the middle shelf left side of the printer cart. CIO

Note: <888> 11/07/04 Sunday 4:35 A.M.: [CNN.com - New lava dome grows inside Mount St. Helens - Nov 6, 2004](#) . CIO

Note: <888> 11/07/04 Sunday 4:30 A.M.: I was up at midnight. I ate breakfast of oatmeal with a sliced banana, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went back to bed until 4 A.M.. When I started up the computer it would not go online with the Siemens router, so I switched the cable around, so it goes online directly from the cable modem to the computer. Then I switched the cables around to include the Siemens router, and the computer went online again. I guess to obtain the computer IP address, one can not have the Siemens router connected now, but once one obtains the IP address with the cable modem, the Siemens router works. I switched the placement of the Siemens router and the cable modem on top of the speaker in the corner to the right of the primary computer, so the cable modem is to the left and its rear LAN port is more accessible for switching the LAN cable at startup to include the Siemens router. However, I only need the Siemens router working when I am using one of the backup computers, which I do not do very often. However, since it is about a 20 second routine and a stretch to change the cables around, I can do it very quickly if I need to use the Siemens router for the backup computers. CIO

Note: <888> 11/06/04 Saturday 4:05 P.M.: Nice picture at the moment of Mount St. Helens [Mount St. Helens VolcanoCam - Mount St. Helens National Volcanic Monument](#) . I received my rent bill today, so I will pay it on Monday. I will now shut down the computer, and I will go to bed. The primary computer is running as good as it ever has. Also [BBC NEWS Programmes Click Online Internet heads into the super-fast lane](#) . Another shopping site <http://www2.shopping.com/> . CIO

Note: <888> 11/06/04 Saturday 3:40 P.M.: This microwave oven rice steamer seems like the same as the China Village Microwave Rice Steamer that I use <http://fantes.com/microwave.htm#rice> or [Microwave Rice Steamer](#) , but I am not sure the second link for the same name Joyce Chen includes the steam circulating inner lid that the first one does. The China Village one that I use came from the Food Emporium for \$15 about four years ago, so perhaps they still carry it. My basic rice recipe is to wash a cup of Carolina enriched white rice in a bowl with hot water, then I strain it with a wire strainer rinsing it with hot water, then I put the cup of rice in the rice steamer with 14 ounces of water two tablespoons of olive oil and a teaspoon of sesame oil, and I put the inner and outer lids on it, and I microwave it in my three year old 1100 watt General Electric microwave oven for 11 minutes, and then I let it stand for 5 minutes to finish cooking and then I serve it. My recipe differs from the one that came with the China Village rice cooker, but by trial and error, I came up with the way I cook it. However, different microwave ovens have different power, so the cooking time might vary. One of these days, I might change to brown rice which is suppose to be more nutritious [Microwave brown rice cooks faster - The Honolulu Advertiser - Hawaii's Newspaper](#) . Presently I have a new 10 pound bag of Carolina enriched white rice and about two more

pounds opened, which is about \$5 a 10 pound bag at the Stop and Shop, and I also have about a pound and a half of brown rice, and I also have a five pound bag of Della Japanese sushi rice which comes from Arkansas. I noticed once when I toured the Japanese grocery store which is mostly in Japanese by exit 5 on I-95 across from the Riverside shopping center that they have lots of expensive over \$20 a 10 pound bag of Japanese rice. CIO

Note: <888> 11/06/04 Saturday 2:35 P.M.: I chatted with a relative. I was told about this story [KeysNews.com - The Florida Keys Only Daily Online News! 75,000 pounds cocaine seized](#) . CIO

Note: <888> 11/06/04 Saturday 2:10 P.M.: I ate a peanut butter sandwich with a glass of iced tea. CIO

Note: <888> 11/06/04 Saturday 1:45 P.M.: I called back to www.sierratradingpost.com , and they said to call back in an hour. I chatted with a relative. I picked up my mail. I let a neighbor use my computer for a little bit. I sorted through my periodical magazines, and I threw out all the computer magazines. I called back to www.sierratradingpost.com at 1-800-713-4534 , and I changed my order for the [Medalist Two-Layer Midweight Performance Turtleneck \(for Men\)](#) from a large royal blue and a large white one to two extra large white ones and the existing order for the socks, thus the order total amount is still the same. Although I have a size 44 chest, I also have a large pot belly, so I figured the larger turtle necks would fit better, although the polyester is not suppose to shrink in the dryer. If one needs socks that are on sale this links list lots of socks [socks](#) . CIO

Note: <888> 11/06/04 Saturday 11:25 A.M.: I ate two pieces of black licorice twists. I went downstairs, and I checked the mail, but it still has not arrived yet. CIO

Note: <888> 11/06/04 Saturday 11:05 A.M.: I went out after the last message. I went by the Exxon gasoline station next to the Greenwich Library, and I bought \$7.55 of premium gasoline at \$2.499 a gallon for 14.9 miles per gallon usage. I then went by the Greenwich Hospital Thrift shop and everything is still half price. I next went downtown, but since I was tired from my extended activity yesterday, I did not take a walk. I then drove down by the waterfront and some of the usual fishermen are there. I then sat out for a while in Bruce Park. I next went by the Arnold Bread outlet, and I bought a loaf of Arnold 100% whole wheat oat bread for \$2.19, a 6 ounce box of Arnold seasoned croutons regular size for .99, and a 5.5 ounce box of Arnold garlic and herb croutons larger size for .99 for \$4.17 total. I then returned home. I checked the oil in my Volvo engine, and it is fine. I then drank some iced tea. I started up the primary computer, and it started up online with the Siemens router. I then called <http://www.sierratradingpost.com/> at 1-800-713-4534, and they are located in Cody, Wyoming. I checked to see if I could change my order for the turtle necks [Medalist Two-Layer Midweight Performance Turtleneck \(for Men\)](#) from large to extra large. They said that I could, but I would have to wait an hour until the order was in their system, so I will call back in an hour. I noticed that one can Search by Savings at this link [Sierra Trading](#)

Post: Search by Savings , and there are some even better bargains including socks which at this time I can not afford. CIO

Note: <888> 11/06/04 Saturday 7:55 A.M.: I put three tablespoons of olive oil in a small six inch skillet, and I heated it over medium high electric burner heat for about two minutes, I then put the other salmon pattie that I made last night, and I heated it 4.5 minutes a side halfway between medium high and medium heat. I also added two pads of margarine for each side. I also reheated with the General Electric microwave oven vegetable button the rice from last night and a can of Green Giant green beans in a plastic microwave proof plastic pot with lid including the bean can water. Once I drained the water off the beans after heating, I put on a couple of teaspoons of olive oil. I ate it all with a glass of iced tea. I unplugged and took apart the Honeywell Hepa air purifier, and I washed the outer carbon filter in soapy hot water, and I rinsed it off with hot water, and I squeeze out the excess moisture, and I put it back around the inner paper filter, which one can not clean. I put it back up on the top of the bookcase above the stereo, and I set it on low speed. I will now shut down the computer, and I will clean up, and I will go out. Current weather in Greenwich, Connecticut 06830 U.S.A. Weather Underground: Greenwich, Connecticut Forecast . CIO

Note: <888> 11/06/04 Saturday 6:45 A.M.: I did a search of turtlenecks on the internet, and I found this web site <http://www.sierratradingpost.com/> , and I bought a white and a royal blue Medalist two-layer midweight performance turtle necks for men in large size for \$12.95 each Medalist Two-Layer Midweight Performance Turtleneck (for Men) and two pairs of Fox River Merino Wool Casual Socks for men or women for size large grey heather color for \$5.95 each pair Fox River Merino Wool Casual Socks (for Men and Women) plus \$8.25 U.S. Post Office 6 day delivery for \$46.05 total. I will thus after some warmer clothes when the colder weather occasionally sets in this area. CIO

Note: <888> 11/06/04 Saturday 5:00 A.M.: I went through my email. CIO

End of Scott's Notes week of 11/06/04:

Note: <888> 11/06/04 Saturday 4:00 A.M.: I was up at midnight, and I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went back to bed until 2:30 A.M.. I tried starting up the primary computer with the Siemens router, and it would not go online. I started it up without the Siemens router, and it went online. I turned off the computer, and I tried installing the other cable modem that I have, but it would not go online unless I opened another account. I reinstalled my regular cable modem, but first I turned it on without the cable and LAN connected to it to recycle its settings. I then started it up with the Siemens router connected, and it went online. However, once it goes online for a while, it usually starts up with the Siemens router. I will have to wait for it to be off for an extended period of time to see if it goes online with the Siemens router. I also went to <http://www.speedguide.net/downloads.php> , and I downloaded and installed TCP Optimizer, and I first saved my current settings, and then I optimized my settings including network adaptors, and I rebooted. I also stretched the cable to the cable modem a little further to the left from the wall cable, so it

there is more play in the cable modem cable. It works fine now, but once I shut down for an extended period, I will have to see if the Siemens router goes online. Perhaps recycling the cable modem by turning it on for a short period and then off with both LAN and cable disconnected might have fixed the problem. I will now send out my weekly notes. CIO

Note: <888> 11/05/04 Friday 4:05 P.M.: A friend called at noon, and said he would be coming out to visit at 1:30 P.M.. I drank a cup of coffee, and I showered and cleaned up. I waited outside for my friend to arrive. My friend arrived at 1:30 P.M.. We came up to my apartment, and I gave my friend the grand tour of the apartment. We chatted for a while. I made lunch for us. I microwaved a Pepperidge Farm 16 ounce chicken pot pie primavera for my friend, and I microwaved a Stouffer's 16 ounce chicken pot pie for myself. My friend drank two Sprites in a frosted mug. I drank some iced tea. We chatted for a while. My friend left at 3:45 P.M.. I will now shut down the computer, and I will go back to bed. CIO

Note: <888> 11/05/04 Friday 11:00 A.M.: I checked the mail. I took the comforter and the blue and grey knit throw from the back side of the new sofa, and I put them along the top back of the green sofa. I still have not received my rent bill this month. I will now shut down the computer, and I will go to bed. CIO

Note: <888> 11/05/04 Friday 10:35 A.M.: While doing the backup, I heated and ate a 18.5 ounce bowl of Campbell's steak and potatoes soup, which I ate with a glass of iced tea. After I did the Automated System Recovery Backup from the C: to the D: drive, I backed up the non system C: files, the My Documents files, and the music files. I then ran Norton Disk Doctor on the C: and D: drives. I then ran Norton Speed Disk on the C: drive. I next ran Norton Antivirus 2004 on the entire system. I went outside briefly. I replaced the Kensington Wireless mouse batteries with two new AAA Energizer batteries. They system seems to be running just fine. I also did my apartment vacuuming while running the computer maintenance programs. Earlier this morning, Norton Internet Security 2004 stopped hacker attempts a number of times of Netbus Trojan. I find it peculiar that it is so easy for an intruder to get through Optimum Online's security procedures, since every time I boot up, Optimum assigns a new IP address. CIO

Note: <888> 11/05/04 Friday 7:05 A.M.: I ran Ad-aware SE and Norton Win Doctor. I will now do a system restore backup and then I will run disk cleanup. I will then do a full automatic system recovery backup from the C: drive to the D: drive. This will take about an hour. CIO

Note: <888> 11/05/04 Friday 6:45 A.M.: I went to <http://www.smokemcheapcigarettes.com/>, and I ordered seven cartons of Seneca Ultra Lights 100s for \$11 each carton plus \$1.20 a carton priority mail shipping for \$85.40 total. I plan to quit smoking some time in the near future, but it is easier to try to quit when one has cigarettes at the right time. Hopefully this will be my last cigarette order. I chatted with a friend. I noticed at the Food Emporium that ground sirloin beef is \$2.99 a pound and whole Purdue oven stuffer chickens are .79 a pound. CIO

Note: <888> 11/05/04 Friday 6:00 A.M.: I went out after the last message. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I used the ATM machine at Putnam Trust Bank of New York on Greenwich Avenue. I drove down by the waterfront. I then went by the Food Emporium, and I bought two Pepperidge Farm www.pepperidgefarm.com 16 ounce alfredo chicken pot pies and two chicken primavera chicken pot pies for \$2.50 each, and four Stouffer's www.stouffers.com 16 ounce chicken pot pies for \$1.66 each, a 16.5 bottle of Monari balsamic vinegar for \$2.99, a large piece of Norwegian Jarlsberg cheese at \$4.99 a pound \$12.18, and a 64 ounce bottle of Heinz distilled white vinegar for \$2.59 for \$35.30 total. I then returned home, and I put my purchases away. I put some more Heinz white vinegar in the bowl by the center lamp on the window shelf in the living room for odor control. CIO

Note: <888> 11/05/04 Friday 2:55 A.M.: I finished my house cleaning and watering the plants. I still have to do the vacuuming. I moved the large beige pillow from the middle of the green sofa to the middle of the new sofa with the other two beige pillows on either end. I put the green pillow with the strawberry in the middle on the green sofa, so there is a wider area when one stretches out on the green sofa. I threw out the garbage including the Braun coffee box. I will now go out for some outdoors activity. I guess this is part of being part of the Honorary New Amsterdam Night Watch. It will take me a few minutes to dress warmly before going out, and I will turn off the computer. CIO

Note: <888> 11/05/04 Friday 12:15 A.M.: I took a 15 ounce can of Bumble Bee Alaska salmon, and I opened the lid, and I squeezed out the water with the lid. I put the salmon on a plate, and I went through it bit by bit with my fingers looking for and removing any small bones. I then put it in the CuisineArt food processor, and I seasoned it with Old Bay Seasoning, Celery salt, and Italian seasoning, and I ran the food processor for a short cycle about a half dozen times. I then formed the salmon into two patties. I left one on the plate, and I refrigerated the other in a Rubbermaid container. I then rinsed a cup of Carolina enriched rice in a metal bowl underneath hot water, and I strained it in a wire strainer, and I rinsed it with hot water from the sink spray attachment. I then put the rice in the China Village microwave rice steamer, and I added 14 ounces of water and two tablespoons of olive oil and a teaspoon of sesame oil. I then put the inner and outer lids on it, and I put it in the General Electric microwave oven on high for 11 minutes. I let it stand with the lids on it for five minutes outside the microwave oven to finish the cooking process. 11 minutes before the rice was done cooking, I put three tablespoons of olive oil in a medium fry pan on the front medium electric burner on medium high. After about two minutes when the oil was heated, I turned the burner between medium high and medium electric heat. I then put the salmon cake in the fry pan, and I cooked it for 4.5 minutes adding two pads of margarine, and then I flipped it carefully, and I cooked the other side for 4.5 minutes with two more pads of margarine. While the other items were waiting to be done, I took a 14 ounce can of Green Giant green beans, and I put them in microwave proof plastic pot with lid with the can water, and I put them in the General Electric microwave oven, and I pressed the vegetable button. When they were all done about the same time, I put half of the rice on a dinner plate with the cooked salmon cake, and I refrigerated the other half of the rice in a Rubbermaid container. I strained the

beans with a metal straining spoon, and I put them in a bowl with a couple of teaspoons of olive oil on them. I ate it all with a glass of iced tea. I will now do my house cleaning and watering the plants. I will not vacuum until after 8 A.M. in the morning, so as not to disturb my neighbors. CIO

Note: <888> 11/04/04 Thursday 10:40 P.M.: I ate the 5 ounce can of Blue Diamond smoked almonds before going to bed this morning. I had a telephone call from a friend this morning at about 10:30 A.M.. I woke up at noon. I ate breakfast of oatmeal with a sliced banana, toast with strawberry preserves, orange juice, vitamins, supplements, and coffee. I picked up my mail downstairs. I tried starting the computer with the Siemens router connected, but it would not go online, so I started it with the cable modem connected directly to the computer, and it works fine that way. I think Optimum Online www.optimumonline.net has changed the way the computer connects because even with the cable modem connected directly, it now takes more time to connect. I made out a check to Northeast Utilities www.cl-p.com to pay my electricity bill. I showered and cleaned up. I went out, and I stopped by the Valley Road post office to mail my electricity payment. I then made my 3 P.M. appointment. I have to schedule a dental appointment at the Greenwich Hospital dental clinic after the first of the year. I went by the Greenwich Hospital Thrift Shop and most everything is half price. I then went by CVS on Greenwich Avenue, and I picked up a prescription. I then went by the Greenwich Library, and I read the Greenwich Time. I noticed that the October 2004 National Geographic magazine <http://www.nationalgeographic.com/> has an article about the volcanoes in Hawaii, which I will have to read when I have time. I returned home about 5 P.M., and I went back to bed. I had a telephone call from a relative about 9:30 P.M.. CIO

Note: <888> 11/04/04 Thursday 5:05 A.M.: I went through my email before the last message. I will now shut down the computer. News on Queen Elizabeth II [State Visit of HM Queen Elizabeth II to Germany](#) . I will eat some Blue Diamond smoked almonds with some iced tea. I will go to bed soon. I will leave the Siemens router connected to see if it works, when I restart the computer later on today. CIO

Note: <888> 11/04/04 Thursday 4:35 A.M.: I did a www.ussearch.com about my friend whom is posting poetry from prison, and judging from the same addresses posted a few years ago, I remembered he use to work for <http://www.royaldoulton.com/> , so unless he is smuggling contraband in the China, I doubt if he did anything wrong. However, it would explain when one sees him, there seems to be lots of British around. I remember, he use to think he was King James of Scotland, but in my formal education, I have not heard of any recent monarchs in Scotland. Whatever the case, more than likely he has come through the New York area over the years, and chosen not to look me up, since more than likely since he is from New York, he would know lots of other people. Of course like me, he has cousins that look the same. I also remembered he was friends of one of the members of the oldest families in Greenwich, Connecticut whom was majoring in law at UCLA, so more than likely if he got into trouble, he would have legal representation. Whatever the case, I also had another friend whom moved to California back in 1967, so maybe the two of them caught up with each other. I guess Californians

move so fast when they come back east, they forget about the people whom they once knew when overwhelmed by the millions of people whom live in this area. A local observer told me I now look like Doug McClure when he use to make movies, but other people seem to still think I look like Peter Jennings. My bio is still posted at my web site at <http://www.geocities.com/mikelscott/resumee.htm> , so after having posted it for 14 years, I do not think it will lead to gainful employment, so I will continue to volunteer in my own way. CIO

Note: <888> 11/04/04 Thursday 3:10 A.M.: I checked my cable connection where it comes out of the living room wall, and the two foot gold cable that went from the wall plate to the gold four way splitter that has three connections for television and one for the gold cable to the cable modem, and the cable to the wall plate connector seemed a bit looser than it should be. I removed the wall plate, and I removed the cable feed to the wall plate, and I removed the two foot gold cable from the four way connector and cable wall plate, and I connected the cable feed directly to the four way gold connector, and I stuffed in a small hand towel in the wall plate metal housing to reduce the cold draft. Also there is a cable without a screw thread connector that leads to the bedroom cable wall plate which does not work. Possibly I could fix that in the future. The cable speed is still about the same at 3.4 megs, but I turned off the Cable modem and the Siemens router for ten minutes, and I then with the computer turned on, I turned on the cable modem and then the Siemens router, and it connected up right away to the internet without any problems. However, this is a slow time of day, so maybe Optimum does not have problems this time of day. I put the two foot gold cable on the bottom right of the sweater closet in the hallway. Well anyway without the wall plate connector, there should be less static on the cable modem connection as well as the television cable connections. CIO

Note: <888> 11/04/04 Thursday 1:55 A.M.: I reconnected the Siemens router, and it is now working fine with the Cable modem. It seems that there might be some problem with the Optimum service when it is busier that prevents the Siemens router from working correctly. Thus it would seem to me to be a Optimum Online www.optimum.net problem, which does not occur when its service is less busy. CIO

Note: <888> 11/04/04 Thursday 1:35 A.M.: I put away my laundry. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I used a tin of sardines that I chopped instead of tuna fish. For the cheddar cheese portion, I used Stop and Shop Swiss cheese. I used all of the other regular ingredients. I ate the salad with a glass of iced tea. CIO

Note: <888> 11/03/04 Wednesday 11:50 P.M.: A relative called at 7:30 A.M. this morning. I was up at 4:30 P.M.. I ate breakfast of oatmeal with a sliced banana, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I picked up the mail downstairs. I put clean linens on the bed in the bedroom. I chatted with a relative. I cleaned up, and I went out. I took my Volvo for a drive on Interstate I-95 from exit 2 to exit 5 driving it up to 55 miles per hour to burn out the carbon from the spark plugs, since I normally do not drive much on the highway. I stopped by at Staples in Old Greenwich,

and I toured the store. They do not sell a router with a printer server, but a regular router is \$50 plus tax. I then went to the Mobil Express car wash, and I had my Volvo washed for \$5. I then towel dried any remaining moisture with the blue towel I keep in the rear of the Volvo. I then drove back to downtown Greenwich, and I walked the entire length of Greenwich Avenue and the train station area. I used the bathroom at the Senior and Arts center, and I sat out at various locations. I drove down by the waterfront. None of the fishermen are there, so I guess the fishing season is over. I then went by the Stop and Shop, and I bought a loaf of Arnold Healthnut bread for \$3.09, two 1 pound bars of Stop and Shop Swiss cheese for \$3.69 each, four half gallons of Tropicana Premium light and healthy reduced calories orange juice with calcium for \$2 each, three frozen Celeste Deluxe and three frozen Celeste Supreme six inch pizzas for buy one get two free for \$2.49 each three, a 17 ounce bottle of Colavita aged balsamic sweet vinegar of Modena, Italy for \$2.99, a 48 ounce container of Quaker old fashioned oatmeal for \$3.99, a 18.5 ounce dented can of Campbell sirloin and beef soup for .60, a 10 quart package of Stop and Shop dried milk for \$6.99, two 6.5 ounce dry cans one jumbo and one medium of California black pitted olives for .99 each, two quart jars of Stop and Shop strawberry preserves for \$1.99 each, a 25 bag package of five different types of Twinings tea for \$3.19, and two bulbs of regular garlic at \$2.79 a pound for .67 for \$47.84 total. I then returned home, and I used my cart from my apartment to bring up the groceries. I found someone's apartment keys on the east side door of the building, and I put them on the bulletin board by the mail room. I started two loads of laundry, and I have 30 minutes to go on the dry cycle. I also put \$5 on my MacGray laundry card, and I have \$14.05 remaining on the laundry card. When I started up the primary computer, I tried starting it with the Siemens router attached, but it does not work. It still does work connected directly to the cable modem. Perhaps, I could try one of my other two older cable modems, but I do not think that is the problem. CIO

Note: <888> 11/03/04 Wednesday 4:45 A.M.: I ate a bowl of triscuts. I watched some television. I ate two black licorice twists. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 11/03/04 Wednesday 4:00 A.M.: I watched some Fox News on television. It looks like both President Bush and Vice President Cheney www.georgewbush.com are pretty much assured reelection. There is some dispute about the Provincial ballots in Ohio, however statistically Bush Cheney would still win Ohio. They are also leading in three of the remaining four states. I decided that since the community room is frequently locked up within our locked building the food that I stocked up in the community room kitchen would not really be available, and most of my neighbors seem to have enough food. Also since most all of the canned items are less than six month old, they are good for another six months to a years, so even though I am bored of looking at them, I decided I might use them during this upcoming winter, so I brought them back up to my apartment, and I put them back in their shelves to have available for use. If they ever start to get too old, I can always take them over to Help A Neighbor at Christ Church on East Putnam Avenue. Although currently I am in a balanced budget cycle, frequently unexpected events can throw off that budget. Thus I will have the canned goods in reserve, and generally during the winter, I tend to eat more canned goods. CIO

Note: <888> 11/03/04 Wednesday 2:30 A.M.: I finished going through my email. CIO

Note: <888> 11/03/04 Wednesday 1:50 A.M.: I ate two black licorice twists. Bush Cheney are ahead in Iowa with 7 electoral votes [FOXNews.com](http://www.foxnews.com) - [You Decide 2004 Iowa](http://www.foxnews.com) . CIO

Note: <888> 11/03/04 Wednesday 1:20 A.M.: I put three teaspoons of olive oil and three pads of margarine in my 10 inch omelet pan, and I heated it over medium high electric heat, and once the fat began to bubble, I lowered it to a little lower than medium. I had already broken three eggs in a metal bowl, and I added a couple of tablespoons of milk, and I mixed it altogether with a whisk. I added the egg mixture to the omelet pan, and I let it head until it was solid enough to flip over. I then flipped it over with a spatula. I then let it heat a little more until that side was cooked a little bit and it was puffy. I then slid it on to a microwave proof plate, and I added two sliced plum tomatoes sliced into 3/16 inch thick slices and 10 slices of 1.5 inch by 1.5 inch by 3/16th inch thick slices of Stop and Shop Vermont extra sharp cheddar cheese, and I put it all in the microwave oven with a microwave cover, and I heated it on reheat to melt the cheese and warm the tomatoes. I then put the microwave proof plate with the open face omelet on another plate, and I sprinkled it with grated parmesan cheese and a few dashes of Italian seasoning. I also added two slices of toast with two slices each of margarine, and I cut the toast in half. I ate it all with a glass of iced tea. CIO

Note: <888> 11/03/04 Wednesday 1:10 A.M.: Bush Cheney won Alaska's three electoral votes, so they are one vote short from victory <http://www.foxnews.com/> . CIO

Note: <888> 11/03/04 Wednesday 1:05 A.M.: Bush Cheney are leading in New Mexico with five electoral votes [FOXNews.com](http://www.foxnews.com) - [You Decide 2004 New Mexico](http://www.foxnews.com) . I guess conservative retired people whom do not like arthritis pain and are not afraid of rattle snakes are voting for Bush Cheney in New Mexico. CIO

Note: <888> 11/03/04 Wednesday 1:00 A.M.: Bush four electoral votes from victory [FOXNews.com](http://www.foxnews.com) . CIO

Note: <888> 11/03/04 Wednesday 12:15 A.M.: I went out after the last message, and I went by the Greenwich Library. I chatted with a British citizen as I was leaving. I then walked the entire length of Greenwich Avenue including the train station area, and I sat out at various locations. At the beginning of the walk, I mailed my Cablevision and my Optimum online cable modem and my Energy Winter Protection plan form at the outdoor box at the central Greenwich post office. They are putting the Christmas lights out on Greenwich Avenue. I then drove down by the waterfront. I then went by the ATM machine at Putnam Trust Bank of New York on Mason Street. I then went by the Stop and Shop, and I bought four Chiquita bananas slightly green at \$1.46 a pound for \$1.01 and two dented 18.8 ounce cans of Campbell's steak and potatoes soup for .60 each for \$2.21 total. I then returned home. From the community room kitchen cupboard, I took out the two cans of Campbell's New England clam chowder and brought them back up to my apartment, and I put in the steak and potatoes soup in the community room kitchen

cupboard. I then came upstairs, and I drank some iced tea. I studied the Fox News <http://www.foxnews.com/> web site and from the U.S. House drop down menu, one can get the results for the Presidential race state by state. From this list of electoral votes <http://www.fec.gov/pages/elevote.htm> and from what I can assume from what I know that the more urban democratic areas report in sooner and the more rural republican areas report in later, it presently looks like President Bush is doing well in Florida, but it looks like Kerry will pick up California. From all of the other states I looked at in Wisconsin and New Hampshire the races are very close with Kerry slightly ahead, thus Wisconsin could determine the outcome of the election. That is my analysis of the Fox News information without watching television. Of course Alaska and Hawaii might tip the difference. CIO

Note: <888> 11/02/04 Tuesday 7:50 P.M.: I had a call from a friend today whom did not know whether he was leaving town or not. I slept until 6 P.M.. I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I picked up the mail downstairs. I chatted with a friend, and I left two messages with relatives. I made out checks to pay my Optimum Online cable modem and my Cablevision service, and I will mail the payments when I go out. I also filled out the Winter Protection Plan form. I will now shut down the computer, and I will go out. CIO

Note: <888> 11/02/04 Tuesday 7:55 A.M.: [DHS | Department of Homeland Security | DHS Home Page](#) is at elevated at yellow. I went over to the New Lebanon school at 23 Mead Avenue, and I voted for the Republican ticket all six candidates on the ballot including President Bush and Vice President Richard Cheney www.georgewbush.com . I then returned home. Apparently they have to do a poll count on the hour which takes five to ten minutes, so it would be better to arrive a little before the half hour, so one would not have to wait as long. It seems like there is going to be a large turn out. I will now shut down the computer, and I will go to bed for the day. I guess will be up tonight watching the poll results. Have a good day. CIO

Note: <888> 11/02/04 Tuesday 6:35 A.M.: I will now put on some warm clothes and go out and vote. It is currently 45 degrees Fahrenheit [Weather Underground: Greenwich, Connecticut Forecast](#) . I will leave the computer turned on. CIO

Note: <888> 11/02/04 Tuesday 6:25 A.M.: I did Whois search on www.prisonerexpress.org and it seems to be coming out of Cornell University www.cornell.edu with links to the Huntington Library <http://www.huntington.org/> , and we all know that the President of Taiwan and Taipei attended Cornell and that the Huntington Library is out on the west coast closer to China, and I know the individual involved was the first person I recommended to Microsoft as an employee, and the person involved use to hang out around Howard Hughes www.hughes.com group of people, so maybe it is just another way of trying to sell me DirectTV, which I am not allowed to have, since I live in a public housing complex. I do know the individual so called involved as a prisoner use to be the Disk Jockey in the volunteer church radio station in Santa Cruz, California near Fort Ord, supposedly which radio station as a collection of over a million old records. Whatever the case, I would tend to agree some

of the current music is not what we are use to listening too, but I suppose much was the same with our current generation when they were younger. I happen to know of a bar in Laguna Beach, California near where the head of Xerox Parc whom looked like Nelson Rockefeller lived, and Laguna has a street named Hughes boulevard, so possibly if the person were in prison, it would be by choice or for protective custody. It does not say on the web site which prison or in what country. However, there used to be a line of poetry "We are all just prisoners here, of our own device" from the Eagles song "The Hotel California" which also happens to be across from the bar in Laguna Beach where I celebrated Ronald Reagan's victory 24 years ago on election night. Thus they must be having so much fun out in California, they don't want to be bothered with nerds on the east coast until their ground starts shaking or they don't get their high tech pay checks. Whatever the case, I have no intentions of leaving my comfortable living accommodations just to see what the other side of the country does for lifestyle when realistically, I am only 20 miles from Manhattan, which is a lot easier to get to than the strawberry fields of California. When we were younger and more foolish the prisoner in question and I once walked all the way down most of Broadway barefoot in a foot of snow, just to show that we were use to colder weather when no one was around. Of course, I once use to pretend to be the Barefoot Mailman in Florida too. I went outside briefly, and noticed another Housing Authority personnel was around. I checked the kitchen in the community room to make sure that the supplies were still there. I watched some television about Alexander Hamilton. I suppose a little bit before 7 A.M., I will drive over to vote, so I can sleep all day. CIO

Note: <888> 11/02/04 Tuesday 4:25 A.M.: I am just doing a little bit of routine computer work. If one studies this site, it will show what can happen to one, when one loses track of their friends <http://www.prisonerexpress.org/deception.html> . If one searches the last name "Eldert", it will show the name of someone that I once knew and many other people once knew, but perhaps it is not the same person, but by the writing it sounds like the same person. Of course what prison it is, is open to conjecture. Alas, I am not a lawyer, and I have no financial resources to use towards such a cause, but just emailing a few friends and contacts to look into the matter. I ate 12 Town House crackers with twelve 1.5 inch by 1.5 inch by 1/8th inch slices of Stop and Shop Vermont extra sharp cheddar cheese. CIO

Note: <888> 11/02/04 Tuesday 12:55 A.M.: Happy Election Day. I cleaned the Propert kitchen scale, and I left it on one of the little wooden shelves on the left side of the kitchen. Occasionally starting this time of year we get members of the wayfaring public traveling into our building and checking out the community room kitchen for supplies. In the past I left food in it that was not perishable. I put about 30 pounds of various canned foods and other food supplies in the shelves of the right cabinet in the community room kitchen in case any stranded travelers need a cup of soup or canned vegetable or fruit in their travels. I also put four cups and four spoons with the other items. Alas I have no pork and beans. I will have to remember to check the cupboard in a month to see if it was used. CIO

Note: <888> 11/01/04 Monday 11:00 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I used a tin of sardines that I chopped. For the cheddar cheese portion, I used Stop and Shop Vermont extra sharp cheddar cheese. I used all of the other regular ingredients. I ate the salad with a glass of iced tea. I also ate three black licorice twists. I went outside, and I reset the odometer on my Volvo to zero miles. I checked out the community room and the community room kitchen. They have the electric fan going in there to keep it warm along with the central heating, so it is warm and comfortable, but I think they should turn off the electric fan at night to save energy. I should have donated the old Royal coffee maker to the community room kitchen, since there is not a coffee maker in there. There are a couple of very old jars of coffee in the community room kitchen refrigerator that I donated a long time ago, and also some cans of coffee in the cupboard. I also noticed that the two palm plants in the community room kitchen are plants from my apartment that I donated. Also the big palm plant in the green Mexican earthenware pot in the center window alcove in the community room is one that I donated. Since I keep my apartment window drapes drawn, the plants were not doing well in my apartment. I still have the one large pathos plant and two small miniature palms that manage to survive in my apartment. CIO

Note: <888> 11/01/04 Monday 9:00 P.M.: I was up at noon today. I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went downstairs, and I picked up the mail. I made out a check to pay my Verizon telephone bill. I cleaned up, and I went out. I went by Putnam Trust Bank of New York on Mason Street. I then went by the central Greenwich post office, and I mailed my Verizon telephone payment, and I obtained a United States Post Office money order at .90 cost to pay my GEICO www.geico.com automobile insurance payment, and I mailed it. I straightened up the Bush Cheney sign www.georgewbush.com in front of the post office which had been knocked askew by some passer by. I then went to my 4 P.M. appointment. I also set up an appointment in the future to apply for the NEON energy assistance program. I then walked the entire length of Greenwich Avenue, and I sat out at various locations. During my walk, I went by the Greenwich Hardware store and from the 70% off rack, I bought a Good Cook adjustable cheese slicer for \$1.20, a Good Cook grill turner for \$1.20 and a Good Cook Angled Tongs for .75 plus .19 tax for \$3.34 total. I also stopped by CVS, and I bought ten 2.75 ounce tins of Beach Cliff sardines in water for .49 each, two 19 ounce bottles of Ajax antibacterial orange dish washing soap .88 each, two 26 ounce Windex multi-surface sparkling orange spray bottle containers for \$1.99 each, and two 6 ounce cans of Blue Diamond smokehouse almonds for buy one get one free for \$3.19 both plus .34 tax for \$14.17 total. I then completed my walk. I used the bathroom at the senior and the arts center. I then went by the Greenwich Library, but I forgot to read the Greenwich Time. I then went by the Exxon gasoline station next to the Greenwich Library, and I bought \$9.25 of premium gasoline at \$2.519 gallon for 14.1 miles per gallon usage. When I returned home, I reset the Volvo trip computer, and I averaged 11 miles per hour driving around town. I will hang the new kitchen utensils from the steel rack hanging from the kitchen ceiling. I received a telephone call from the local republican headquarters, and I told them I would be voting for www.georgewbush.com tomorrow. When I went out this afternoon, I noticed somebody

had retrieved the blue corduroy love seat from besides the dumpster, so I hope someone is comfortable. CIO

Note: <888> 11/01/04 Monday 2:20 A.M.: I put a few teaspoons of olive oil in a small frying pan, and I heated it over medium high electric heat. I then turned it down to medium, and I sautéed a five ounce can of Armour Vienna sausages with a few dashes of black pepper. I then ate them with some Bournier Dijon mustard. I also had some iced tea. I will now shut down the computer, and I will go to bed. CIO

Note: <888> 11/01/04 Monday 1:50 A.M.: I finished going through my email. CIO

Note: <888> 11/01/04 Monday 1:30 A.M.: I ate a bowl of triscuts and two black licorice twists. I turned on the television, but it is the usual children's entertainment programming. CIO

Note: <888> 11/01/04 Monday 12:25 A.M.: Maybe [Michael Louis Scott's Web Site and Directory](#) should have an executive dinner at [Greenwich, Connecticut Chamber of Commerce Morton's the Steakhouse](#) which seems to be now at 35 Church Street where Lucas' steakhouse use to be. Alas, it would not be good for my cholesterol or budget. The last time I looked at Costco www.costco.com about six months ago, a New York strip steak was \$8.59 a pound. Also at <http://www.stewleonards.com/> about two months ago, filet mignon cost about \$6.59 a pound, but it would cost big bucks to drive to Stews. CIO

Note: <888> 12/31/04 Friday 10:20 P.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 12/31/04 Friday 10:15 P.M.: My guest, and I went downtown, and we walked the entire length of Greenwich Avenue, and we sat out at various locations. We then drove down by the waterfront. We then returned back to my apartment, and I chatted with a few relatives. CIO

Note: <888> 12/31/04 Friday 8:05 P.M.: I put the one pound piece of Atlantic salmon in a Pyrex pie dish, and I put in about a half of cup of Borden lemon juice, and I put a few tablespoons of olive oil on it, and I cooked it in the Farberware convection oven at 325 degrees Fahrenheit for 20 minutes. I also steamed a pound of cut asparagus and a dozen medium mushrooms which I put a little olive oil on them after cooking. I also reheated the mashed butternut squash which has a little bit of butter, honey, and maple syrup on it. We ate it all with a glass of iced tea. We then ate pieces of the homemade apple pie that my guest made. We will now go out for a walk. CIO

Note: <888> 12/31/04 Friday 6:35 P.M.: My guest, and I went out, and we drove down by the waterfront. We then drove through Bruce Park and back on Putnam Avenue, and I stopped by the ATM machine at Putnam Trust Bank of New York on Mason Street. We then drove through town, and then I went by the Exxon gasoline station next to the Greenwich Library, and I bought \$11.25 of premium unleaded gasoline at \$2.359 a gallon

for 14.6 miles per gallon usage averaging driving 13 miles per hours around town. We then returned back to my apartment, and I chatted on my friend's cell phone with a relative. CIO

Note: <888> 12/31/04 Friday 4:30 P.M.: I installed the latest Nvidia driver [Nvidia Forceware driver WinXP/2k - \(66.93\)](#) . CIO

Note: <888> 12/31/04 Friday 4:15 P.M.: My guest has arrived with Christmas cookies, a homemade apple pie, and cooked butternut squash. CIO

Note: <888> 12/31/04 Friday 3:55 P.M.: While I showered and cleaned up, I started running Norton Antivirus 2004, and it is done running without any problems. [CNN.com - Aid arrives as toll tops 135,000 - Dec 31, 2004](#) , [ABC News: World Relief Efforts Reach Devastated Asia](#) , [FOXNews.com - U.S. & World - Indonesian Toll May Top 100,000](#) , [FOXNews.com - U.S. & World - Missing Swedes Estimated at 3,500](#) , [FOXNews.com - U.S. & World - Toll Passes 121,000; Relief Effort Grows](#) , [VOA News - Bush Boosts Tsunami Aid to \\$350 Million](#) , [VOA News - Tsunami Death Toll Reaches 125,000](#) , [VOA News - Tsunami](#) , [The New York Times > International > International Special > Bush Pledges \\$350 Million in Aid to Stricken Areas of Asia](#) , [Economist.com | After the Indian Ocean quake](#) , [Tsunami Times of London](#) , [Indonesia enters New Year in mourning. 01/01/2005. ABC News Online](#) , [InformationWeek > Tech firm donations > Microsoft Gives \\$3.5 Million To Tsunami Relief > December 31, 2004](#) , [International Herald Tribune Many still in need as aid trickles in](#) , [Khaleej Times Online EU has 300 million euros ready to send to Asia quake nations](#) , [BBC NEWS | Asia-Pacific | Animated guide: The tsunami disaster](#) , [BBC NEWS | Asia-Pacific | US pledges \\$350m in tsunami aid](#) , [President Commits \\$350 Million for Tsunami Relief Efforts](#) , [President to Send Delegation to Assess Relief Aid](#) , [President Discusses Support for Earthquake and Tsunami Victims](#) , [Greenwich Time - World Relief Efforts Reach Devastated Asia](#) , [International Red Cross Asian earthquake and tsunamis](#) and [American Red Cross - Preparing Communities for Emergencies and Keeping People Safe - Preparedness](#) , [American Red Cross - Credit Card Contribution](#) and on a local note [Greenwich Time - Vaccine offered for residents over 50 at regional clinics](#) . CIO

Note: <888> 12/31/04 Friday 2:10 P.M.: I was up at 9:30 A.M.. I ate breakfast of oatmeal with a sliced banana, toast with grape jelly, orange juice, vitamins, supplements, and coffee. I chatted with a friend whom is coming down to for dinner and stay the evening at 4 P.M.. I did my house cleaning and watering the plants. I threw out some garbage. I chatted with some neighbors. I reset the circuit breaker on the outdoors holiday lights, so they work when the outdoor lights are turned on. I will now clean up. CIO

Note: <888> 12/31/04 Friday 12:50 A.M.: Well, the Sony FD Trinitron 20 inch monitor seems to be working now with the CMOS setting set at Video Init of PCI instead of AGP. It has not gone fuzzy or blurred in an hour. I will now shut down the computer, and I will go to bed soon. I guess I will do my house cleaning when I wake up later on today. I have guest coming over between 3 P.M. and 4 P.M.. CIO

Note: <888> 12/31/04 Friday 12:40 A.M.: [CNN.com - Tsunami death toll tops 118,000 - Dec 30, 2004](#) , [CNN.com - Thousands of Americans missing after tsunamis - Dec 30, 2004](#) , [CNN.com - Sri Lanka train survivor describes wall of water - Dec 30, 2004](#) , [CNN.com - 'Dream holiday' turns nightmare - Dec 30, 2004](#) , [ABC News: Tsunami Death Toll Soars Past 117,000](#) , [ABC News: Bush to Send Powell, Delegation to Asia](#) , [FOXNews.com - Politics - Bush Sending Powell, Brother to Asia](#) , [FOXNews.com - U.S. & World - Tsunami Death Toll Tops 119,000](#) , [VOA News - Asian Disaster Relief Efforts Encounter Unparalleled Logistical Difficulties](#) , [VOA News - US Begins Delivering Supplies to Tsunami Disaster Area](#) , [The New York Times > International > International Special > Aid: Many Still in Need as Aid Is Trickling to Stricken Area](#) , [The New York Times > International > International Special > Gauging Disaster: How Scientists and Victims Watched Helplessly](#) , [Tsunami Times of London](#) , [BBC NEWS | Asia-Pacific | UN urges 'special' wave response](#) , [BBC NEWS | World | Asia-Pacific | Nordic tourist death toll climbs](#) , [Asian tsunami toll jumps to over 125,000, fear lingers](#) , [Greenwich Time - Tsunami Toll Tops 119,000; Aid Trickles In](#) . CIO

Note: <888> 12/30/04 Thursday 11:50 P.M.: I am not getting the signal line on the Sony monitor that I use to get with the other cable, but the Sony monitor blurred after five minutes. I rebooted and changed the CMOS video init to PCI, and I will now wait and see what happens. I am online, but I do not think it is an online problem such as a hacker. However, we do know it worked in Safe mode when I was not online. CIO

Note: <888> 12/30/04 Thursday 11:25 P.M.: I adjusted the Nvidia settings for the Mad Dog Multimedia card. I did a reboot, and I selected for PCI to be the first video mode to boot instead of AGP. I booted in Window XP safe mode with the cable modem turned off. I set the Sony Monitor to power saver of 60 minutes in the monitor menu settings instead of 1 minute. For a half hour the Sony monitor did not blur or go fuzzy, so I do not think it is a problem with the Sony monitor. I then shut down, and I switch back the monitor cables, so the Sony Monitor is on the Mad Dog multimedia 64 meg. AGP video card, and the Dell monitor is on the Diamond Multimedia 32 meg. PCI video card. I did notice on the video cable connected from the Sony monitor to the Mad Dog AGP video card, the thread screws do not screw in all the way, so there could be conceivable a loose connection if it pulls out a little bit. I replaced the video cable with a new Dell video cable that I had that the thread screws screw in tightly. I connected the other USB devices to the Sony monitor. I then rebooted, and set the CMOS to AGP video init and then booted with the cable modem turned on. I will now see if the new video cable or the other setting changes I did fixes the problem. I can work on the computer while I wait to see it that fixed the problem of blurring on the Sony monitor. CIO

Note: <888> 12/30/04 Thursday 9:35 P.M.: The Sony monitor has faded out again, so I will have to replace it. This will take 10 to 15 minutes. I will now shut down. CIO

Note: <888> 12/30/04 Thursday 9:20 P.M.: Both monitors are clear right now, I will have to wait some more to see what if anything happens. CIO

Note: <888> 12/30/04 Thursday 8:55 P.M.: The Sony monitor went fuzzy again. Before I replace it, I will exchange both monitors with both video cards to see if that makes a difference. CIO

Note: <888> 12/30/04 Thursday 8:40 P.M.: I disconnected the Sony 20 inch monitor, and I put it on the dining room table, and I removed the four screws that hold the back of the case on. The two upper ones are on either side behind plastic covers. I then removed the six screws that hold the metal shielding cover on top on the inside, and I removed the metal shielding. I then used my tiny electronics vacuum, and I vacuumed the electronic parts and wires. I then used a regular Electrolux vacuum with hose and brush nozzle, and I vacuum the larger dusty areas. I then reversed the hose on the outlet of the Electrolux vacuum, and I blew out with the air the accumulated dust on the inside of the monitor covering the wires, electronic components, and other areas. I moved a few wires that were touching the rear of the glass tube. To avoid shock from the built up electric charge in the picture tube, I put on rubber gloves and rubber shoes, and I pushed down the heavy cable that goes into the glass picture tube to make sure it is making contact. I also pushed in on the other end where it goes into the electronics. The inside of the Sony monitor was quite dusty and dirty, so maybe that caused it not to work properly. I then put the shielding and the case cover back on the monitor, and I reconnected it. I am now testing it to see if it fades out or goes fuzzy again after five minutes. The Sony monitor also has four USB ports that I use. I had to remove the 3M hook from the right side of the monitor to open up the case. CIO

Note: <888> 12/30/04 Thursday 7:20 P.M.: I ate the pizza. The Sony monitor went fuzzy again, so I will now disconnect it and open it up and try to fix it. I once had a problem with a small spider climbing into it, and I heard a zap when that happened. CIO

Note: <888> 12/30/04 Thursday 7:05 P.M.: I checked the video cable on the back of the Sony monitor where it connects to the monitor, and it was loose, so I tightened the hand turn thumb screws on the cable, and I rebooted the computer, and I adjusted the monitor settings in the monitor control menu. I will now see if it fades out or goes fuzzy after a short period or not. The pizza is ready. CIO

Note: <888> 12/30/04 Thursday 6:45 P.M.: I opened up the Stouffer's 11.75 ounce box containing two double cheese French bread pizzas, and I put them in a aluminum baking pan that I keep on top of the General Electric microwave oven, and I put them in the Farberware convection oven at 325 degrees Fahrenheit for 18 minutes, a shorter baking time, since convection ovens cook faster. I will eat them with a glass of iced tea. I will now shut down the computer, and I will try to fix the Sony monitor or replace it. CIO

Note: <888> 12/30/04 Thursday 6:25 P.M.: I went out after the last message. I went by Putnam Trust Bank of New York on Mason Street. I then went by the Greenwich Hospital Thrift Shop, and I bought a 8 inch by 10 inch red leather picture frame with glass for a dollar. I then went by my 3 P.M. appointment. I next drove down by the waterfront, and since it was a warmer day, I walked out on to the pier to enjoy the view of Long Island Sound. I found a plastic place mat which contained a picture of the solar

system with both English and French titles. I left it on the back seat of the Volvo with the black comforter. I then went by the Stop and Shop, and I bought three 6.5 ounce dry cans of California black pitted olives for .99 each, a 10 ounce bag of fresh spinach for \$1.99, a few day old 10 ounce box of fresh mushrooms for .99, and a piece of fresh Atlantic salmon at \$5.99 a pound for \$5.54 for \$11.49 total. I have a total Stop and Shop savings card total this year of \$617.95. My CVS card savings for this year are \$423.67. Thus with both savings cards, I have saved this year a \$1,041.62. Of course the Greenwich, Connecticut grocery and drugstore prices tend to be higher than the national average. I then went by the Food Emporium, and I bought four 5 ounce packages of Master Choice saffron rice for .59 each, two half gallons of Tropicana orange juice with calcium for \$2.50 each, and fresh asparagus at \$1.99 a pound for \$1.87 for \$9.23 total. I then returned home, and I had a message from my friend that he would not be coming down this afternoon. My friend called, and he will come down tomorrow afternoon between 3 P.M. and 4 P.M., and we will have the salmon, saffron rice, fresh asparagus and mushrooms for dinner tomorrow night on New Years Eve. My friend will spend the evening on New Years Eve, and we will take a walk at Tod's Point on New Years Day. It is suppose to be 60 degrees on New Years Day. I am fixing my friend a good meal, since he will be dropping me off and picking me up at the airport when I travel to Florida next week and the week after. I then paid my final of four payments for my six month GEICO www.geico.com automobile insurance policy online where they deduct it in a few days from my checking account. I will not have GEICO automobile insurance payments in February or March. I pay about \$800 a year for automobile insurance coverage of \$100,000, \$100,000, \$300,000 which also includes collision and comprehensive insurance along with liability. The right Sony monitor keeps turning fuzzy, so after dinner, I will try to fix it by taking the cover off and checking the connections and cleaning it with my small electronics vacuum. If that does not work, I will move from the Dell backup computer the 19 inch Compaq monitor to the left side, and I will use my 20 inch Dell monitor for the right side. I will also have to change the 3M hooks on the sides of the two primary computer monitors, but they are the 3M hooks that remove easily. I would then take the spare 19 inch Dell monitor from the bedroom desk, and I would put it with the Dell backup computer. CIO

Note: <888> 12/30/04 Thursday 12:35 P.M.: I have four backup 19 inch monitors if the Sony 20 inch monitor malfunctions, but for now it is still occasionally working all right. I will now shut down the computer, and I will clean up, and I will go out for my 3 P.M. appointment. I will see how the Sony Monitor works when I get back. I have a guest at 4:30 P.M.. CIO

Note: <888> 12/30/04 Thursday 12:15 P.M.: [Yahoo! News - Tsunami Death Toll Rockets to 114,000](#) , [Yahoo! News - Asian Tsunami Disaster](#) , [CNN.com - Tsunami death toll tops 116,000 - Dec 30, 2004](#) , [Greenwich Time - Tsunami Death Toll Rockets to 114,000](#) , [BBC NEWS | Asia-Pacific | Ocean disaster toll hits 114,000](#) , [VOA News - Massive Relief Efforts Begin for Millions of Tsunami Victims, Rescuers Say Much More Needed](#) , [ABC News: Tsunami Death Toll Rockets to 114,000](#) , [ABC News: Tsunami May Have Carried Some Permanently to Sea](#) , [FOXNews.com - U.S. & World - Tsunami Death Toll Hits 114,000](#) , [Tsunami Times Online](#) , [The New York Times > International](#)

> [International Special](#) > [Disaster: Bush Promises Long-Range Help as Impatience Grows in Region](#) . My right Sony 20 inch FD Trinitron monitor is occasionally fading out, but when I turn it off and on it comes back on all right. CIO

Note: <888> 12/30/04 Thursday 11:55 A.M.: I had a telephone call from a relative before I went to bed last night. I then went to bed. At 7 A.M. this morning, I had a telephone call from a friend. My friend will come down to visit at 4:30 P.M. this afternoon. I was up at 10 A.M.. I ate breakfast of oatmeal with a sliced banana, toast with grape jam, orange juice, vitamins, supplements, and coffee. I threw out some garbage. I have a 3 P.M. appointment this afternoon. CIO

Note: <888> 12/29/04 Wednesday 7:45 P.M.: I put the tea in the refrigerator to become iced tea. I chatted for a long period with a friend whom add extra minutes on his cell phone that are due to expire at the end of the year. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I did not use hummus. Instead of tuna fish, I used a tin of sardines that I chopped. I used three black olives, and seven small stuffed green olives. For the cheddar cheese portion, I used Stop and Shop Vermont extra sharp cheddar cheese and Kraft Cracker Barrel extra sharp white cheese. I used all of the other regular ingredients. I ate the salad with a glass of iced tea. I finished running Norton Speed Disk on the C: drive. I am tired, so I will now shut down the computer, and I will go to bed soon. [News Earthquake changed earth's rotation and time](#) , [BBC NEWS | Asia-Pacific | Wave toll 'could exceed 100,000'](#) , [ABC News: Tsunami Extended Coverage](#) . CIO

Note: <888> 12/29/04 Wednesday 4:40 P.M.: I changed the hardware configuration around. I have the Siemens router connected to the Motorola cable modem. From the Siemens router LAN ports, I have the primary computer LAN on LAN port 1, the bedroom LAN connection on LAN port 2, the AT&T wireless router on LAN port 3, and the 8 port Ethernet Switch next to the Dell backup on LAN port 4. I have the power to the AT&T router connected to the left labeled switch on the Dell backup computer control panel. With this setup the backup computers and any wireless computers can print to the printers connected to the port box connected to the Siemens router. I installed the 54 Mbps 802.11g Wireless LAN USB 2.0 on the primary computer, and I disconnected its LAN cable, but first I installed the wireless drivers. When I plugged the 54 Mbps 802.11g Wireless LAN USB 2.0 to one of the two front USB 2.0 ports it was recognized, and it went online. It is interesting that it also detects another Netgear Wireless router at about half the same high speed, so it must be in a nearby apartment or in a neighboring building. I set up the default settings on the AT&T wireless router without any security. I connected the HP PhotoSmart 1000 printer into the extension cord for the cable modem, so it always has power for the memory card slots, but one has to turn it on to print with the switch on the printer. I ran all of the utilities, but I still have to run Norton Speed Disk. The AT&T wireless router with receiver a few feet away gives me the same internet speed as with the direct LAN connection. However, I will not be using it much since I have the direct LAN connection, but it is available for emergency wireless laptop use in the apartment are nearby in the building. To use the Dell backup computer online now, one also has to turn on the 8 port Ethernet adaptor

which is switched on from the Dell backup computer control panel. I will now turn off the AT&T wireless router, and I will disconnect the 54 Mbps 802.11g Wireless LAN USB 2.0 and place it on the left side of the keyboard shelf of the Dell backup computer to have available for use with a laptop with USB port. Of course one would need to install the drivers. It would be the same to use the Siemens printer port in that one would need the drivers. I put the two CDs from the two devices in jewel cases, and I put them in the top center CD rack to the right of the computer chair, but for now, they are on top of it. I will now run Norton Speed Disk on the C: drive. CIO

Note: <888> 12/29/04 Wednesday 2:05 P.M.: I ran the utilities mentioned in the previous note including Norton Disk Doctor. I went outside, and I threw out some garbage, and I chatted with some neighbors, and I picked up the mail. I started making a batch of www.geocities.com/mikelscott/icetea.htm. I finished the C: drive to the D: drive backup with Windows backup Automatic System Recovery. I still have to backup the My Documents folder with its Favorites. At 1:15 P.M. FedEx www.fedex.com delivered the [AT&T 6850G 108Mbps 802.11g Wireless Router - CompUSA.com](http://www.compUSA.com). I need to make a sign for outside my apartment door for people at my door to ring both door bells, because I am not use to hearing the living room door bell, which is not very loud. I connected the AT&T wireless router transformer to the power strip to the right of the primary computer CPU that turns on with the router switch on the Belkin Desktop control panel. I moved the Texas long horn ashtray from on top of the speaker in the corner to the right of the primary computer, and I put it on top of the left monitor on the right side. I put the AT&T wireless router on top of that speaker which is in the corner about five feet off the floor, and I connected with a spare LAN cable the AT&T wireless router to the cable Motorola cable modem, and and the AT&T wireless router's first LAN port to the Siemens router. I turned on the Router switch on the Belkin control panel underneath the right monitor, and the computer went on line with that configuration. The AT&T wireless router came with a CD with drivers and software and manual that I have yet to look at. I also have not tested the Wireless LAN USB 2.0 adaptor. However, I should be sending out a 2.4 gigahertz WiFi signal. I will now back up the "My Documents" folder and then run Norton Speed Disk. CIO

Note: <888> 12/29/04 Wednesday 11:55 A.M.: I was up at 10 A.M.. I ate breakfast of oatmeal, toast with grape jelly, orange juice, vitamins, supplements, and coffee. My order for the AT&T wireless router from www.compUSA.com is on the FedEx www.fedex.com delivery truck from Stamford, Connecticut for delivery. I will wait for it to be delivered. [Yahoo! News - Aid Arrives As Asia Death Toll Tops 76,700](http://www.yahoo.com), [CNN.com - Tsunami death toll tops 80,000 - Dec 29, 2004](http://www.cnn.com), [BBC NEWS | Asia-Pacific | Wave toll 'could exceed 100,000'](http://www.bbc.co.uk), [FOXNews.com - U.S. & World - Death Toll Near 77,000, Disease Feared](http://www.foxnews.com), [VOA News - Rescue Teams Reach Remote Areas in India, Sri Lanka](http://www.voanews.com), [The New York Times > International > International Special > Disaster: Toll Exceeds 70,000 as Bodies Wash Ashore; Many Missing](http://www.nytimes.com), [The New York Times > International > International Special > Disaster: Toll Exceeds 70,000 as Bodies Wash Ashore; Many Missing](http://www.nytimes.com), [Greenwich Time - Aid Arrives As Asia Death Toll Tops 76,700](http://www.greenwichtime.com). I will now run Norton Win Doctor, Ad-aware SE, do a System Restore Backup, run Disk Cleanup,

and then do a C: drive to D: drive backup with Windows Backup Automatic System Recovery. CIO

Note: <888> 12/29/04 Wednesday 2:45 A.M.: I put 18 one inch by two inch by 3/32nds inch slices of Stop and Shop Vermont extra sharp cheddar on 18 Town House crackers, and I ate them with some iced tea. I have been on the internet now, I think for over 10 years and using personal computers for 14 years. When I originally started to use the internet with Netcom, one of the first web links I looked at was the one of the NASA Radar imaging satellite photographing volcanoes in the Cascades Range. I developed the web directory of Volcano links [Michael Louis Scott's Volcanoes and Earthquakes and Geoscience Directory #2 March 17, 2004](#) and [Volcanoes and Earthquakes and Geoscience Directory](#) and [Volcanos and Earthquakes and Geoscience, Scott's Internet Hotlist](#) as part of my downloadable directory [Download Scott's Internet Directory "scott008.zip" 2.30 megs and open "scotlist.htm" in web browser 12/20/04](#). Most of the links came from reading [Global Volcanism Program | Volcanic Activity Reports](#) which I subscribed to via email and from looking at other Volcano web sites mostly in English. Since I live on limited subsistence income, I received a small amount of financial help from my family to help pay for the computer activity which is very expensive. I once applied to the United States Government through Congressman Christopher Shays of Connecticut for a \$50,000 grant to continue my directory activity, but I was turned down, and the state of Connecticut quit paying for the electricity in the building that I live in which included electric heat, so my expenses went up. There was not too much interest in the directory or the volcano category, and after the terrorist attack of "911", Excite @Home went out of business, and Cablevision's new internet service provider Optimum.net would not allow static IP addresses, so one could run a internet server, and I could not afford a dedicated line to run the server, so I used the free geocities.com web site to run most of the substantial content from my old server. I also let the internet names mikescott.net and mikescott.org lapse. I never received any communications ever on my internet work from anyone involved in computers over the last two years except two emails from Bill Gates, one of which was encrypted, so I could not read it, and one from Tim Berners Lee, saying to keep up the good work. However, as the internet evolved, the technology evolved and my downloadable directory concept became a bit out of date. I did read on the internet that the United States government had funded Lawrence Livermore Laboratory [Lawrence Livermore National Laboratory](#) a billion dollars for research into volcanic problems. However, none of that funding was ever made available to me. Thus my internet presence is more of a home brewed presence based on my personal experience on limited income. It is really more of a public relations effort on my part to show that individuals whom by Yuppies are considered over the hill can still add their presence to main stream life in the world. Having only read one book in the last two years called "Krakatoa" by Simon Winchester [Simon Winchester Krakatoa](#), it explained to me what happened back in 1882 when Krakatoa erupted which included a major tsunami. Thus the recent events without the volcanic eruption have mirrored that event in terms of the tsunami events recently in that part of the world. I am not a geologist or volcanologist, I just read the reports that others publish. I do know it is common knowledge after an earthquake around the ocean one can have a tsunami event. Most of the less developed countries still have seismic equipment as well as

communications, but in an area like the Java sea where seismic events are so frequent due to the tectonic nature of the area, the general public probably becomes complacent over time and does not respond to warnings or alerts. It is my personal viewpoint that the recent earthquake could be caused by volcanic activity from the same fault as Krakatoa, and another major Krakatoa like event could occur sometime in the near future causing even more devastation. I have a theory that increased solar activity from the Sun excites the earth's core causing more tectonic activity, but it is only a theory. Since there are over 75,000 volcanoes on the planet earth and other major tectonic problems, more than likely the United States Government and other world governments and agencies are well aware of the geological nature of the planet and its risks, but unfortunately the human species is best adapted to this planet. I suppose the old conventional history and wisdom in the sub continent knows the historical nature of the area, but as Eastern and Western cultures intermingle different priorities seem to come to the forefront. Whatever, the case, I am tired, and I will now shut down the computer, and I will go to bed soon. [BBC NEWS | Asia-Pacific | Asia earthquake toll still rising](#) . CIO

Note: <888> 12/29/04 Wednesday 12:40 A.M.: [CNN.com - Hundreds of Americans missing - Dec 28, 2004](#) , [CNN.com - Tsunamis kill more than 56,000 - Dec 28, 2004](#) , [CNN.com Specials Tsunami Reports](#) , [CNN.com - Huge aid effort gathers speed - Dec 28, 2004](#) , [CNN.com - Survivors face disease threat - Dec 28, 2004](#) , [CNN.com - Tsunamis shatter celebrity holidays - Dec 28, 2004](#) , [SI.com - More Sports - SI model Nemcova survives tsunami - Tuesday December 28, 2004 2:41PM](#) , [ABC News: Tsunami Death Toll Soars Past 58,000](#) , [ABC News: Hundreds of Americans Missing in Asia](#) , [ABC News: U.S. on Guard for Tsunami Risks](#) , [FOXNews.com - U.S. & World - Tsunami Death Toll Tops 55,000](#) , [VOA News - Tsunami](#) . CIO

Note: <888> 12/28/04 Tuesday 11:55 P.M.: I went out after the last message. I found a nice Danish maple wooden chair with red leather seat that someone had left by our building dumpster. I put it in the back of my Volvo. I then went by the Greenwich Library. I next went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I stopped by Zyn stationary during my walk to pick up a couple of books of matches to have available, which I put in the side map holder of my Volvo's driver's door. During my walk, I sat out at various locations. I drove down by the waterfront. I then went by the Greenwich Hospital Thrift shop, and I left the chair by their front entrance. I then went by the Food Emporium, and I bought two 8.5 ounce boxes of Nabisco Triscuts for \$1.60 each, and three 12 3/8ths ounce boxes of Stouffer's French bread pizza for \$5 all including two of Double cheese and one Deluxe for \$8.16 total. I then returned home.

FedEx [www.fedex.com](#) seems to have messed up on my shipment and sent it back to Memphis for a day. The FedEx log follows. CIO

Note: <888> 12/28/04 Tuesday 6:50 P.M.: I put the last of the green beans, an individual serving of broccoli, and six medium mushrooms in the five inch diameter by four inch high microwave proof plastic pot, and I added 1.5 inches of water, and I put the lid on, and I heated it on the vegetable cycle three times in the General Electric

microwave oven. I drained it, and I put the vegetables in a large soup bowl, and I added three pads of margarine and a couple of teaspoons of olive oil. I also took the remaining inch thick piece of prime rib beef roast, and I put it on a microwave proof dinner plate along with the remaining Grey Owl Canadian Lake wild rice, and I put the microwave cover on the plate, and I heated it for three minutes on medium heat power level 5. I ate it all with a glass of iced tea. The package I am expecting from FedEx is still at the Jamaica Queens, New York FedEx ramp since 8:30 A.M. this morning. I guess it will arrive tomorrow, so I will have to wait for it tomorrow. I will now shut down the computer, and I will clean up, and I will go out. CIO

Note: <888> 12/28/04 Tuesday 5:50 P.M.: [VOA News - UN: Tsunami Devastation Worst Ever](#), [VOA News - Powell Expects Massive International Response to Tsunami Disaster](#), [FOXNews.com - U.S. & World - Tsunami Death Toll Tops 52,000](#), [FOXNews.com - Health - Disease May Claim More Lives Than Tsunami](#), [FOXNews.com - U.S. & World - Western Bodies Litter Thai Beaches](#), [FOXNews.com - U.S. & World - UNICEF: Child Survivors in Jeopardy](#), [CNN.com - Tsunami death toll could top 60,000 - Dec 28, 2004](#), [CNN.com - Indonesia struggles to bury dead - Dec 28, 2004](#), [CNN.com - Scientists: Quake shifts islands - Dec 28, 2004](#), [CNN.com - Families await word from tourists in Asia - Dec 28, 2004](#). CIO

Note: <888> 12/28/04 Tuesday 5:20 P.M.: I went through my email. CIO

Note: <888> 12/28/04 Tuesday 4:15 P.M.: I made my bed, and I washed the breakfast dishes. I will now put the bag of M&M peanut candies in the Steuben like bowl by the Danish bar. Back in the old days in Alabama, we once discovered that if you put M&M regular candies a Coca Cola, it would fizz. CIO

Note: <888> 12/28/04 Tuesday 3:45 P.M.: I put the new Connecticut registration in the locked Volvo glove box. CIO

Note: <888> 12/28/04 Tuesday 3:15 P.M.: I checked the mail. I received my Connecticut registration for the next two years for the Volvo. I put the January 2007 sticker on the Volvo license plate. I still have to make three copies of the new registration and existing title, which I will put in the metal file holder on the mahogany bureau in the bedroom. I will then put the new title in the paper work holder in the Volvo glove compartment. I chatted with a friend. [Yahoo! News - Asia Struggles to Cope With 52,000 Dead](#), [CNN.com - Race on to save tsunami survivors - Dec 28, 2004](#), [BBC NEWS | Asia-Pacific | Quake prompts enormous aid effort](#), [BBC NEWS | Have Your Say | Asian Quake - Missing Persons](#), [CNN.com - Shock and loss in Sri Lanka - Dec 28, 2004](#), [Greenwich Time - Asia Struggles to Cope With 44,000 Dead](#), [AmeriCares - Humanitarian Lifeline to the World - Home](#), [International Committee of the Red Cross \(ICRC\) - Home](#), [American Red Cross - Preparing Communities for Emergencies and Keeping People Safe - Preparedness](#). CIO

Note: <888> 12/28/04 Tuesday 2:15 P.M.: I woke up during the night, and I ate a half of a 9.75 ounce can of Planter's whole cashew nuts. I was up at 8 A.M., and I ate breakfast

of oatmeal with a sliced banana, toast with grape jelly, orange juice, vitamins, supplements, and coffee. I went back to sleep until now. Fedex received my package at the Jamaica, New York ramp at 8:30 A.M. this morning, but it does not show that it is out for delivery. However, from past experience the Fedex Jamaica, New York delivery person is an independent subcontractor, whom usually shows up here around 6 P.M. in the evening, so even though it does not show that it is out for delivery, since the independent subcontractor is handling the shipment. The CompUSA www.compusa.com order for [AT&T 6850G 108Mbps 802.11g Wireless Router - CompUSA.com](#) now shows up as having been taken off my debit card from <http://www.bnyonline.com/> which shows the total charge of \$32.99, \$8.50 Fedex two day shipping, and \$2.49 tax for \$43.98 total. There is a cheaper one at CompUSA this week [Belkin Wireless DSL Cable Gateway Router, 802.11g - CompUSA.com](#), but one would have to wait two to three months for the \$45 rebate. I guess I have to wait around for Fedex to show up again. CIO

Note: <888> 12/28/04 Tuesday 12:25 A.M.: Of course the Chinese use [The Abacus: Introduction](#) which I use to know how to use in Decatur, Alabama when I lived around the Redstone Arsenal nearby in Huntsville, Alabama which was one of the first NASA [NASA](#) research centers. The reason it was in Huntsville, Alabama is because Senator John Sparkman of Alabama was a long time serving senator in the United States congress for over 50 years, and being one of the senior senators, he put the research facility in Alabama. Also it was near the Tennessee River which has over a dozen hydroelectric dams as part of the Tennessee Valley Authority [TVA](#) which at the time had the cheapest electricity in the United States of America. However, Henry Ford's www.ford.com planned city at [Muscle Shoals, Alabama: Main-Homepage](#) never took off, when I last visited it around 1958, it was just streets and curb stones that were laid out in the 1920s, but no one ever wanted to move there. However, as a Yankee whom once lived in that area, they are not too friendly to their northern cousins all the time. I will now shut down the computer, and I will go to bed soon. [Yahoo! News - Climbing Asian Death Toll Passes 22,500 mentions 600 Swedish citizens missing](#) and [BBC NEWS Asia-Pacific Disaster poses huge aid challenge](#). CIO

Note: <888> 12/27/04 Monday 11:30 P.M.: I chatted with a relative. I microwaved and ate a Maria Callender 16 ounce turkey pot pie. I saved the box with the browning wrapper and the microwave proof pie holder to use with non microwave proof pot pies. My www.compusa.com order for [AT&T 6850G 108Mbps 802.11g Wireless Router - CompUSA.com](#) is still being sorted at the Fedex www.fedex.com sort facility in Memphis, Tennessee. I know they had snow in South Carolina, so maybe they had snow in Memphis, or maybe Elvis is trying to prevent me from having wireless capabilities. Of course there are a lot of Elvis look alike, but more than likely he would still have a few friends in Memphis. One of the first internet web sites was http://www.elvis.ru/eng_index.shtml, so since as it says in the book a "Man Called Intrepid" by William Stephenson [The Man Called "Intrepid" - William Stephenson](#), those whom had the talent for music also had the same talent in computer skills in code breaking on the Enigma Machine [The Enigma cipher machine](#). Alas I never had such skills, so I just write the way I see it based on my background and familiarity with the

English language, but I do try to protect the privacy of my fellow citizens, since living so close to IBM Armonk www.ibm.com there might be someone around here whom knows something about the subject, but as I recall in the old days, they used Univacs Machines on a Mission - Computerworld , but even Queen Victoria had a steam driven computer back in the 1850s which might still work. CIO

Note: <888> 12/27/04 Monday 9:35 P.M.: I went out after the last message. I went by the Arnold Bread outlet, and I bought a fresh loaf of Arnold multigrain bread for \$2.27. The last two times I went there, they were out of Arnold croutons. I then drove down by the waterfront on Steamboat Road. I chatted with a visitor from London, and the visitor had a digital camera and was interested in our waterfront. I pointed out the sites. The visitor looked like a safe enough individual, and he bore a family resemblance to a famous British citizen, so I offered to show him around our waterfront. I drove him along our waterfront through Bruce Park, and then along the waterfront along River Road in Cos Cob and after I crossed the Mianus River bridge on U.S. 1, I turned left, and I drove through a local neighborhood in Riverside, and then I drove through Old Greenwich, and I drove the visitor out to Tod's Point. The visitor had a digital camera, and he photographed the New York skyline which was visible on a clear day. We walked out to the southwest picnic area, and I showed the visitor more of Long Island Sound. I then showed him the southeast beach area and the view to the east. We then drove back to the center of town, and I showed the visitor the Greenwich Country Club, since the visitor was wearing a sports jacket. I noticed they have torn down the Old Squash and Racquet ball courts, and they are building some sort of new facility. I then returned to the Greenwich Train Station, and I dropped the visitor off. The visitor is staying in Manhattan. He seemed to know quite a bit about computers. I then walked the entire length of Greenwich Avenue and the train station area. The visitor had left the train station. I went by CVS, and I then walked back down Greenwich Avenue to the ATM machine at Putnam Trust Bank of New York on Greenwich Avenue. I then returned back to CVS, and all of their Christmas merchandise is 50% off. I bought the last five Holiday gift packs containing one ten ounce can of Planter's www.planter.com Deluxe mixed nuts and one ten ounce can of Planters Jumbo cashews for half price for \$2.99 each gift pack of two cans, and three buy one get one free of Advil 50 count tablets for \$4.99 for a 100 tablets total, and a 14 ounce bag of M&M red and green candied peanuts for \$1.49 less a \$4 off coupon when I bought over \$30 of merchandise for \$27.41 total. I then completed my walk, and I used the bathroom at the senior and the arts center. I next went by the Greenwich Library, and I read the Greenwich Time. I then went by the Food Emporium, and I bought two gallons of Master Choice White vinegar for \$1.85 each, three Stouffer's 12 3/8th ounces French bread pizzas for \$5 all three two deluxe and one double cheese and a forty bag box of Salada green tea for \$2.49 for \$11.17 total. I then returned home, and I brought up my purchases. I put my purchases away, and I drank some iced tea. CIO

Note: <888> 12/27/04 Monday 1:15 P.M.: Yahoo! News - Tidal Waves Kill 23,700 in Nine Countries . I microwaved a 18.8 ounce can of Campbell's Select chicken noodle soup which I added about two dozen Arnold large cut sourdough croutons too. I ate it all

with a glass of iced tea. I will now shut down the computer, and I will clean up, and I will go out. CIO

Note: <888> 12/27/04 Monday 12:40 P.M.: The grandson of the King of Thailand [Biography of H.M.K. Bhumibol Adulyadej](#) and [The King of Thailand's Birthplace and The King's Photo Album Main](#) was killed in the tidal wave in Thailand [Scotsman.com News - Latest News - Seven Day Funeral for Thai King's Grandson](#) and [The Royal Family : Princess Ubol Ratana](#) and possibly [Yahoo! GeoCities Bhumi Jensen](#) . CIO

Note: <888> 12/27/04 Monday 12:25 P.M.: I put the wireless USB 2.0 wifi adaptor in its box and its paperwork on top of the scanner on top of the primary computer CPU. I washed the breakfast dishes. When FedEx arrived, I also picked up my mail. I made my bed. I locked up the Red Cross Emergency supplies again in the lower cabinet of the center hallway bookcase, and I draped the Saudi Arabian flag over the center hallway bookcase, since sooner or later we will need their energy in this area as it gets colder. CIO

Note: <888> 12/27/04 Monday 11:55 A.M.: My package from [www.newegg.com](#) containing [Newegg.com - XTERASYS XN-2133G Network - Wireless Adapters](#) for \$20 plus \$4.99 FedEx Saver Shipping for \$24.99 just arrived. CIO

Note: <888> 12/27/04 Monday 11:45 A.M.: [Thailand Hospital Death List](#) , [U.S. State Department Crisis Preparedness](#) . CIO

Note: <888> 12/27/04 Monday 10:55 A.M.: I chatted with Bank of New York, and they still do not show the CompUSA charge. CIO

Note: <888> 12/27/04 Monday 10:45 A.M.: I woke up during the night, and I ate a half of a 9.75 ounce can of Planter's Deluxe whole cashew nuts. I was up at 8 P.M. when a friend called. I chatted with a relative, and my relatives whom were in Thailand are now in Burma, so they are all right. I ate breakfast of oatmeal with a sliced banana, toast with grape jam, orange juice, vitamins, supplements, and coffee. I went downstairs briefly. I chatted with a relative and a friend. My wireless USB received from [www.newegg.com](#) is out for delivery to me via FedEx [www.fedex.com](#) . I could either sign the receipt they left on Friday and go out, or I could wait for them to arrive probably this afternoon. My AT&T wireless router from [www.compusa.com](#) is being sorted by FedEx in Memphis. I checked with CompUSA, and they were credited by my MasterCard Bank of New York debit card, but it still does not show up on my account. So there must be a problem with MasterCard or Bank of New York that it does not show up. [Yahoo! News - Tsunami Kills 22,000 in Nine Countries](#) , [CNN.com - Asia quake death toll tops 23,000 - Dec 27, 2004](#) , [FOXNews.com - U.S. & World - Aid Workers Rush to Areas Hit by Tsunamis](#) , [ABC News: Tsunami Kills 22,000 in Nine Countries](#) , [BBC NEWS | Asia-Pacific | Asia battles earthquake aftermath](#) , [Greenwich Time - Tidal Waves Kill 22,000 in Nine Countries](#) , [The New York Times > International > Asia Pacific > Untold Numbers Are Missing in 6 Countries](#) , [Asian quake, tsunami toll soars near 23,000- The Times of India](#)

. I turned down the thermostat in the apartment to 76 degrees Fahrenheit, and it is now 72 degrees Fahrenheit in the apartment. CIO

Note: <888> 12/26/04 Sunday 11:25 P.M.: [BBC NEWS | South Asia | Asia wakes to tidal catastrophe](#) , [CNN International - Search tsunami](#) , [News 12,300 killed as tsunami sweeps across Asia](#), [WN Asia - News from WN Network](#) , [Yahoo! News - Asia Quake's Tsunamis Kill Nearly 11,800](#) , [Yahoo! News - Asian Tsunami Kills 12,600, Many More Homeless](#) , [FOXNews.com - U.S. & World - Tsunamis Leave Thousands Dead](#) , [FOXNews.com](#) , [ABC News: Asia Quake's Tsunamis Kill Nearly 11,800](#) , [Greenwich Time - Asia Quake's Tsunamis Kill Nearly 11,800](#) . I will now shut down the computer, and I will go to bed. [Weather Underground: Greenwich, Connecticut Forecast](#) . CIO

Note: <888> 12/26/04 Sunday 10:20 P.M.: I went out after the last message. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I stopped by CVS during my walk, and I bought a 40 yard roll of 3M grey duct tape for \$4.99, two packages of four RTH 100 watt bulbs for .99 each package, and two packages of four buy one get one free of Charmin wild flower scented toilet paper for \$3.29 both packages plus .62 tax for \$10.88 total. I then completed my walk. I used the bathroom at Starbucks. It snowed about 1.5 inches during my walk, and then it quit. The road surface looked slick, so I did not drive down by the waterfront. On my 1995 Volvo 850 Turbo station wagon, I have a "Winter" switch that is suppose to give the front wheel drive more traction, so I turned it on. The Volvo has ABS brakes. However, I only have 3/32nds of an inch tread on the tires, and they are not mud and snow tires but high speed highway tires. The Volvo slipped a little bit a couple of time, but I drove over to the Stop and Shop, and I bought Chiquita bananas at .69 a pound for \$1.97 total. The store was closing at 9 P.M. early because of the snow. I then returned home very slowly. I ate the last piece of apple pie with whipped cream along with a glass of iced tea. I put the 3M duct tape on the floor in the hallway sweater closet. CNN has this latest new story on the disaster in Asia [News Quake, Tsunami Devastate Asia; Over 11,300 Dead](#) . CIO

Note: <888> 12/26/04 Sunday 6:50 P.M.: I put away the laundry. I will now go out for some fresh air. CIO

Note: <888> 12/26/04 Sunday 6:15 P.M.: The charge from [www.compusa.com](#) to order the AT&T wireless router has not shown up on my debit card account yet. CIO

Note: <888> 12/26/04 Sunday 6:05 P.M.: I have 25 minutes to go on the dry cycle of the laundry. I showered and cleaned up. I hung my wet woolen items over the bedroom door to dry. CIO

Note: <888> 12/26/04 Sunday 5:15 P.M.: I started two loads of wash, and I have ten minutes to go on the wash cycle. I also put clean linens on the bed. CIO

Note: <888> 12/26/04 Sunday 4:35 P.M.: I cut the bone off the remaining piece of prime rib of beef, and I sliced it in half with the white handle bread knife so I had about

two inch thick pieces. I put it on a microwave proof plate and along with half of the remaining wild rice, and I covered it with a microwave cover. I then put in the microwave proof plastic pot which is about four inches high and five inches in diameter, I added individual portions of fresh green beans, broccoli, and six medium mushrooms and an inch of water. I put the lid on the vegetables, and I heated it twice on the vegetable cycle in the General Electric microwave oven, and I then took it out and left it with the lid on to stay warm. I then heated the beef and rice in the General Electric microwave oven on medium or setting 5 for two minutes. I put the hot beef plate on another plate, and I strained the vegetables and put them in a large soup bowl with a little bit of olive oil and margarine. I ate it all with a glass of iced tea. CIO

Note: <888> 12/26/04 Sunday 3:30 P.M.: I recall in the book on Krakatau [Simon Winchester Krakatoa](#) , [Krakatau](#), [Sundra strait](#) ,[Global Volcanism Program](#) | [Krakatau](#) | [Summary](#) , [Indonesia Hot News](#) by Simon Winchester that it mentioned that when Krakatau erupted in 1882, a Tsunami did hit the west coast of Chile and Peru. CIO

Note: <888> 12/26/04 Sunday 3:15 P.M.: [Pacific Tsunami Warning Center - Ewa Beach, Hawai'i](#) , [Pacific Tsunami Warning Center - Bulletins](#) , [Tsunami Bulletin Number 2](#), and [Tsunami Bulletin Number 1](#). CIO

Note: <888> 12/26/04 Sunday 3:10 P.M.: [CNN.com - Asia quake death toll nears 10,000 - Dec 26, 2004](#) , [CNN.com - Quake '5th largest since 1900' - Dec 26, 2004](#) , [CNN.com - World reacts to tsunami disaster - Dec 26, 2004](#) . CIO

Note: <888> 12/26/04 Sunday 3:00 P.M.: [FOXNews.com - U.S. & World - 168 Dead, 1,900 Injured in Thailand](#) , [FOXNews.com](#) , [FOXNews.com - U.S. & World - Thousands Dead After Earthquake in Southeast Asia](#) , [FOXNews.com - U.S. & World - Tidal Waves Swamp Indonesia](#) , [FOXNews.com - U.S. & World - 2,000 Killed in Southern India](#) , [FOXNews.com - U.S. & World - Tidal Waves Kill 4,500 in Sri Lanka](#) , [FOXNews.com - U.S. & World - Tsunamis Kill 28 in Malaysia](#) , [FOXNews.com - U.S. & World - Powerful Tremor Jolts Bangladesh](#) , [FOXNews.com - U.S. & World - Fast Facts: Major World Earthquakes](#) . CIO

Note: <888> 12/26/04 Sunday 2:50 P.M.: [BBC NEWS | South Asia | Sea surges kill thousands in Asia](#) , [BBC NEWS | News Front Page](#) , [BBC NEWS | In Depth | At-a-glance: Countries hit](#) , [BBC NEWS | Have Your Say | Your experiences of Asian disaster](#) , [BBC NEWS | In Pictures | In pictures: Asian quake disaster](#) , [BBC NEWS | World | Asia-Pacific | Maldives appeals for flooding aid](#) , [BBC NEWS | World | Relief teams head for quake zone](#) , [BBC NEWS | UK | Chaos as Britons stranded in Asia](#) , [BBC NEWS | World | Asia-Pacific | Tourists caught up in destruction](#) , [BBC NEWS | World | South Asia | Timeline: Quake disaster](#) , [BBC NEWS | World | Asia-Pacific | Indonesia braced as deaths mount](#) , [BBC NEWS | World | South Asia | South India struck by quake waves](#) , [BBC NEWS | World | Asia-Pacific | Sri Lanka searches for survivors](#) , [BBC NEWS | World | Asia-Pacific | Thailand resorts hit by floods](#) , [BBC NEWS | World | Africa | Sea surges reach E African coast](#) , [BBC NEWS | Asia-Pacific | Reporters' log: Asian quake disaster](#) , [BBC NEWS | South Asia | Eyewitness: Sri Lanka tsunami](#) . CIO

Note: <888> 12/26/04 Sunday 2:15 P.M.: I was up at 8 A.M., and I had breakfast of oatmeal, toast with grape jam, orange juice, vitamins, supplements, and coffee. I went back to bed until 11:30 P.M.. I chatted with a relative. I chatted with a friend. I chatted with another relative. I have a couple of relatives traveling in Thailand, and these news stories are available [CNN.com - Phuket paradise washed away - Dec 26, 2004](#) , [Phuket Gazette - online English newspaper for Phuket, Thailand, with daily news, classified ads, yellow pages, business listings, upcoming events, event calendar, phuket events](#) , [ABC News: Asian Quakes' Tsunami Kill More Than 8,000](#) and [Yahoo! News - Asia Quakes' Tsunamis Kill Nearly 10,000](#) . CIO

Note: <888> 12/25/04 Saturday 10:15 P.M.: I chatted with a relative, and my relatives arrived at their destination in Florida. I will now shut down the computer, and I will go to bed soon. CIO

End of Scott's Notes week of 12/25/04:

Note: <888> 12/25/04 Saturday 9:25 P.M.: I tried calling some relatives whom have not arrived yet. I will now send out my weekly notes. CIO

Note: <888> 12/25/04 Saturday 9:10 P.M.: I went through my email. CIO

Note: <888> 12/25/04 Saturday 8:40 P.M.: I ate a bowl of corn chips and two black licorice twists. CIO

Note: <888> 12/25/04 Saturday 8:05 P.M.: I went downtown after the last message, and I walked the entire length of Greenwich Avenue and the train station area. On the way up Greenwich Avenue, I noticed the Gaiety restaurant is opened. I stopped by CVS, and I bought a 6.2 ounce tube of Crest Whitening toothpaste with a bonus Glide floss pick for \$1.99 plus .12 tax for \$2.11. With a CVS coupon, I also got a free 16 ounce bag of Twissler black licorice bits worth \$1.99. I then walked up to the top of Greenwich Avenue, and I sat out briefly, and on the way down Greenwich Avenue, I stopped by CVS again, and I bought a 9.75 ounce can of Planter's Deluxe whole cashew nuts for \$2.99. I then finished my walk, and I sat out briefly. I then drove down by the waterfront and around town. I noticed also that the Japanese Albi restaurant and the China Pavilion restaurants are opened on lower Greenwich Avenue as well as the movie theatre. I noticed Chinese restaurant Hunan Gourmet next to the YMCA is opened as well as the Asiana restaurant across from the Second Congregational church. I then returned to the central Greenwich Avenue area, and I walked lower Greenwich Avenue and I walked west on Railroad Avenue, and I viewed the Rolls Royce, Bentley, and Ferrari dealership, and they have a nice grey Bentley Coupe there that looks very sporty. I then walked up Arch Street to Grigg Street and east on Griff street back to Greenwich Avenue and my car. I then returned home. I ate a piece of apple pie with whipped cream and along with three black licorice twists. It is currently 25 degrees Fahrenheit [Weather Underground: Greenwich, Connecticut Forecast](#) . CIO

Note: <888> 12/25/04 Saturday 3:40 P.M.: Christmas dinner was delicious. The prime rib roast tasted like filet mignon. I will now shut down the computer, and I will clean up, and I will go out for a walk. CIO

Note: <888> 12/25/04 Saturday 2:45 P.M.: The beef and rice that I do not eat, I will put in the refrigerator in Rubbermaid containers. Current weather [Weather Underground: Greenwich, Connecticut Forecast](#) . CIO

Note: <888> 12/25/04 Saturday 2:40 P.M.: The meal is cooking along just fine. It should be ready in a little over 25 minutes. I will put a little bit of olive oil and margarine on the vegetables. I have a saw tooth bread knife that should carve the beef all right. I guess I will eat about a third of the beef or about .87 pounds with the bone. CIO

Note: <888> 12/25/04 Saturday 2:15 P.M.: On the Grey Owl Canadian Lake wild rice, I brought four cups of water to a boil in a pot with a few dashes of celery salt and two tablespoons of olive oil and a teaspoon of sesame oil, and I added the wild rice, and I reduced the heat on the electric burner to between medium and low, and I cooking it for 55 minutes with the lid on. I will drain the rice with a metal wire strainer. I will start cooking the beef shortly. CIO

Note: <888> 12/25/04 Saturday 1:50 P.M.: I chatted with a relative in Texas. I looked at this site [Roasted Prime Rib, Standing Rib Roast, Rib Roast](#) , and since I am cooking only half of the standing rib roast that weighs about 2.6 pounds, I will cook it in the Farberware convection oven on a roasting rack in a roasting pan at 325 degrees Fahrenheit for 45 minutes for medium rare, and then I will let it stand for about 5 minutes before carving. I will season it with celery salt and ground black pepper. I will also steam fresh broccoli and fresh green beans and half dozen medium mushrooms. I will follow the instructions on the Grey Owl Canadian wild rice. It will take a while. My other relatives that are still in the country are traveling down to Florida, so they should have arrived via air by now. CIO

Note: <888> 12/25/04 Saturday 12:20 P.M.: Merry Christmas. I was up 6 P.M., and I ate breakfast of oatmeal, toast with grape jam, orange juice, vitamins, supplements, and coffee. I went back to bed until noon. For Christmas my 1995 Volvo 850 Turbo station wagon was a gift from a relative. I also ordered a number of items earlier this month mentioned in my notes. CIO

Note: <888> 12/24/04 Friday 11:40 P.M.: I received email that [www.compUSA.com](#) shipped the wireless router via 2 Day FedEx [www.fedex.com](#) , and it is due for delivery on Tuesday December 28, so it looks like I could spend both Monday and Tuesday waiting for FedEx to arrive. Of course since the package that I did not get today was not suppose to arrive until Monday, so possibly the one from CompUSA in Garland, Texas will arrive the same time, since it is 2 day FedEx. Of course, I only need the devices should I want to set up a small sitting area where an individual could use the wireless router with the USB 2.0 wireless receiver providing the laptop had a USB 2.0 hub, but more than likely at a slower speed on a USB 1.0 hub. Of course many newer laptops are

already WiFi ready. I am a bit tired, so I will now shut down the computer, and I will go to bed soon. I received this email back from the FBI regarding a spam email that was of questionable character. FBI reply follows.

Dear Mr. Scott,

THIS IS NOT AN AUTOMATED RESPONSE

Thank you for your submission to the FBI Internet Tip Line. If you have a specific complaint about unsolicited commercial e-mail or spam, use the form on the US Federal Trade Commission Web site, located at [https://rn.ftc.gov/pls/dod/wsolcq\\$.startup?Z_ORG_CODE=PU01](https://rn.ftc.gov/pls/dod/wsolcq$.startup?Z_ORG_CODE=PU01).

You can also forward spam directly to the FTC at SPAM@UCE.GOV without using the complaint form.

For your information, the Internet Tip Line (ITL) was created on 9/11/01, in response to the terrorist attacks upon America. We quickly established a mechanism for the public to submit information to the FBI via the Internet, and we have thus far received over 1,000,000 tips from around the globe. Our operation is completely automated and paperless. Submitted tips are received immediately, reviewed within minutes and prioritized by trained Professional Support personnel, and Agents set action leads within the hour, as appropriate.

We encourage you to share this information with your family, friends, and co-workers, and encourage them to not hesitate to submit information they may deem of interest to the FBI.

IMPORTANT - NOTE THE FOLLOWING:

The FBI does not maintain an email address to submit information or attachments to directly; therefore, please do not reply directly to this message via your email client. The FBI maintains an automated system that is designed to track all information received, to ensure that all tips are addressed in a timely and efficient manner.

Therefore, please visit the FBI.GOV Web site again should you have occasion to submit additional information. We WILL NOT open or respond to "reply" email.

End of FBI email. CIO

Note: <888> 12/24/04 Friday 10:45 P.M.: I went downtown after the last message. I walked the entire length of Greenwich Avenue and the train station area. During my walk, I stopped by CVS, and I bought a 9.75 ounce can of Planter's Deluxe cashew nuts for \$2.99. I completed my walk. I then drove down by the waterfront. I was told by another resident on Steamboat Road that the electricity was turned back on Steamboat Road at 10 P.M. on this past Thursday night. I then went by the Exxon gasoline station

next to the Greenwich Library, and I bought \$9 of premium unleaded gasoline at \$2.399 a gallon for 14.6 miles per gallon usage driving at an average of 12 miles per hour. I only drove 35 miles since I filled up the tank on this past Tuesday, but when I filled up the tank on Tuesday, I used the middle self serve pump at Exxon station which never works properly and cuts off too soon, which means when I filled up this evening at the self serve pump on the east side of the three pumps, I was able to fill up the Volvo completely as usual. The middle pump cuts off too soon, and it has been that way for over a year, but I guess with the increased cost of gasoline prices, Exxon can not afford to fix it. They obviously know its broken. The Exxon gasoline station next to the Greenwich Library is one of those vintage 1950s Art Deco Standard Oil gasoline stations that once were very common around America. Both the Food Emporium and the Stop and Shop were closed. I returned to the center of town, and I chatted with another citizen. I then walked lower Greenwich Avenue and the train station area. Since on Christmas Eve, it was not too busy, there were a lot of night time places closed. I used the bathroom at the Greenwich Avenue movie theatre. The movie theatre at the Greenwich railroad station is undergoing renovation. I then returned to my Volvo, and I returned home. I had a notification from FedEx www.fedex.com that they had tried to deliver the package from www.newegg.com , but I was not here, so they will try to deliver it on Monday. I guess I will have to stay around on Monday until they deliver it, or I can leave the notification on Monday signed, and they will leave it at the front outside door, which I would rather not do. I can not use the wireless receiver until I receive the wireless router anyway. I chatted with a relative. CIO

Note: <888> 12/24/04 Friday 4:35 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . For the cheddar cheese portion, I used www.cabotcheese.com Vermont extra sharp cheddar cheese. I used all of the other regular ingredients. I ate the salad with a glass of iced tea. I will now shut down the computer, and I will clean up, and I will go out for a walk downtown. CIO

Note: <888> 12/24/04 Friday 3:05 P.M.: One of the four scone lights above the dining room table burned out, and I did not have an individual spare one, so I replaced all four with Philips www.philips.com Dura Max clear 15 watt bent tip bulbs. I put the three used ones back in the bulb drawer in the mahogany bureau in the bedroom. CIO

Note: <888> 12/24/04 Friday 2:25 P.M.: I was up at 6 A.M.. I ate breakfast of oatmeal with a sliced banana, toast with grape jam, orange juice, vitamins, supplements, and coffee. I went back to bed until 10 A.M.. I chatted with a friend. I did my house cleaning and watering the plants. I also took down the Saudi Arabian flag from the center hallway bookcase, since I do not think they would be around this time of year, and it will make the apartment look more Christmas festive with the items in the center hallway bookcase displayed. I also unlocked the lower cabinet on the center hallway bookcase which contains the Red Cross emergency supplies. I also turned up the apartment living room thermostat from 76 degrees Fahrenheit to 78 degrees Fahrenheit, so it is now about 73 degrees Fahrenheit in the apartment. I will leave it at the warmer temperature through out the weekend before I turn it back down two degrees Fahrenheit. Since the Saudi Arabian flag symbolized how much energy we consume here, I will also

put it back up after New Years, if I remember. I also threw out the garbage. I am now cleaning the apartment with white vinegar in a spray bottle instead of orange cleaner spray. I also put the larger antique type chair in the kitchen at my primary eating place at the dining room table, and I moved the small oak chair from the dining room table to the kitchen with the cushion and quilted back cushion and a blue towel over the seat cushion. I have the chair at the dining room table slightly tilted back, so it can be pushed in further. I think it is mahogany, and it has a colonial design on it part of which is chipped off. I found it discarded on Greenwich Avenue at Best and Company during the 20 degree Fahrenheit morning I was walking around last week. CIO

Note: <888> 12/23/04 Thursday 9:35 P.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 12/23/04 Thursday 8:55 P.M.: I microwaved a Celeste 6.65 ounce frozen deluxe pizza, and I also microwaved a Banquet 7 ounce chicken pot pie which I took out of the aluminum pan, and I put in a plastic microwave proof 1.75 inch high pot that I slipped into the Stouffer's chicken pot pie box with microwave browning paper on top, and I microwaved it all for 8 minutes on temperature setting medium or 5. I ate it all with a glass of iced tea. My www.newegg.com Fedex www.fedex.com order is suppose to arrive Monday December 27, 2004 by 4:30 P.M.. My www.compUSA.com order probably takes longer because CompUSA is supposedly owned by a Saudi Arabian front company in Mexico, and since the Mexicans are never in a rush and have a "manyana" outlook on life, once Pablo gets his donkey out back of the office in Mexico and processes the order, and ships it via some yet unknown delivery method, it will arrive here in a little less than 2 weeks. The AT&T wireless router is made in Taiwan, so perhaps they have to drop ship their orders from Taiwan. Whatever the case, it will come in handy, if I ever have to run a small office here for a few users to use my high speed cable modem with their wireless laptops. Since I tend to be a very private individual in a retirement home of private older people, more than likely any individual with a wireless laptop trying to use the system would have access to my apartment from knowing me. I have a few friends and family that have a broader number of contacts, but if they ever visited, they might need to sit around on the comfortable furniture in my apartment and surf the internet, since on my limited budget in Greenwich, there is not much else to do. Of course since I have four computers in the apartment connected to the internet through LAN cables, and since I also threw out three computers and four monitors recently, I am currently NOT in need of a wireless laptop, but I have seen a great many travelers wandering around this area with them, so perhaps, someone that I know might be able to afford to use one. Whatever the case, this time of year, my apartment tends to be cooler and damper, so I can not guarantee a visitor the creature comforts that they might expect at home in my 450 square foot apartment. However, a great many New York metropolitan residents maintain simple small Pied A Terre apartments, and many times I have seen larger groups crowd into small apartments. However since I have a lot of electronics in the apartment, I do not try to entertain in the apartment, because I do not want the electronic systems to be disturbed. I maintain my apartment more like a user friendly home apartment office. It has taken 16 years at this particular location to build up to this level communications within my current setup in the apartment. Since most people in this

town rely on the wider communications networks, I do not think many people actually pay much attention to my log on my work and lifestyle and house keeping routines.
CIO

Note: <888> 12/23/04 Thursday 7:05 P.M.: I went out after the last message. I went by Putnam Trust Bank of New York on Mason Street. I then went by the Greenwich Hospital Thrift shop. They will not be opened tomorrow. I then went to my 3 P.M. appointment which was running a half hour late. I next went by the Greenwich Library. I read the Greenwich Time. One long time library user apparently moved back to Wisconsin. I chatted with a Netherlands resident living here about the Dutch in America. I then went by the Stop and Shop, and I chatted with a former neighbor from Steamboat Road, and the electricity is apparently out on Steamboat Road around 5 P.M.. I bought a Hotel Style Beef Rib roast at \$4.99 a pound on sale for \$4 a pound off for \$30.44, two 10.5 ounce cans of Campbell's mushroom gravy for .99 both, a 10 ounce box of fresh mushrooms for \$2, a 6 ounce box of Grey Owl Canadian Lake Wild Rice 100% Naturally Grown Lake and River Wild Rice for \$3.99, fresh green beans at .99 a pound for .99, four half gallons of Florida Natural orange juice with calcium for \$2.50 each for \$48.47 total. I had the butcher cut the roast into a 2.60 pound section and a 3.5 pound section. I then returned home, and I drank some iced tea. I put my groceries away, and I wrapped the 3.5 pound section of the roast which was already wrapped in plastic wrap, and I put four plastic bags around it, and I tied them with plastic wire ties, and I put it in the freezer to save until some future date. I will use the 2.60 pound section on Christmas Day for my Christmas dinner along with the other ingredients. I chatted with a relative.
CIO

Note: <888> 12/23/04 Thursday 12:45 P.M.: I picked up my mail downstairs. I took the two remaining salmon cakes, and I put three tablespoons of olive oil in a eight inch diameter frying pan along with two pads of margarine, and I heated it over medium high electric heat, until it started to bubble, and I added the salmon cakes, and I reduced the electric burner heat to medium, and I cooked them 4.5 minutes per side. I reheated in the microwave oven the rice and baby peas left over from yesterday. I ate it all with a glass of iced tea. I will now shut down the computer, and I will clean up, and I will go out. I have a 3 P.M. appointment today. CIO

Note: <888> 12/23/04 Thursday 11:40 A.M.: I made up a list of my Nikai/Osaka made in China Super Touch Panel Caller ID Phone MT-1019 with super touch panel memory speed dial telephone numbers with numbers by each number, so one can easily find them on the LCD panel of the phone by pressing "Save" and then scrolling through the different saved telephone numbers with the up or down buttons. Once one has dialed or selected a long distance telephone number, one can just press "IP1", and the phone dials my Net2Phone Port Chester, New York access number and enters the account number and PIN number and dials the selected telephone number for 3.9 cents a minutes domestically and in Canada. If one knows the number of the saved memory telephone number, it is easier to find by number from the list. There are 30 saved telephone numbers on the list. One can dial an access number on it manually, but that takes a lot of buttons, so the dedicated "IP1" number for my account works better and is faster. I still

have over \$15 on the account, and I can recharge it over the internet with my debit card, when funds get low. Also on the Nikai/Osaka telephone, one does NOT press the "Delete" button for three seconds, or one will delete all the Memory Saved telephone number, which would happen too if one removed the batteries too. I chatted with a friend. CIO

Note: <888> 12/23/04 Thursday 9:35 A.M.: I chatted with a friend. When I travel down to Florida on January 5 and return on January 12, my friend is going to give me a ride to the LaGuardia airport and pick my up at the LaGuardia airport on my return thus I will not have to deal with the larger crowds in Manhattan in getting to the airport. CIO

Note: <888> 12/23/04 Thursday 9:10 A.M.: I ate the last 2.5 ounces of Planter's Deluxe cashew nuts and two black licorice sticks. Well on a rainy day in Greenwich, Connecticut [Weather Underground: Greenwich, Connecticut Forecast](#) although it is warmer today not much is really going on. The regular crowd whom do not like spending money because they are thrifty Yankees are probably sitting in the Greenwich Library [Welcome to the Greenwich Library](#) where it does not cost money to enjoy their services and enjoy their warmer environment, but for the automobile drivers, it does cost money to drive there. Lots of wives leave their husbands there while they shop downtown and another group of people having their cars repaired at the nearby automobile dealerships also use the library while their cars are being repaired. For a great many of the regular walkers or travelers in town, the library is part of their regular walking routine to see what is going on and gossip. It is my viewpoint, that a certain group whom does not really pay for the services of the Greenwich Library through local taxes tends to over use the library facilities, since they come from neighboring towns, which do not have such extensive library facilities, but they do pay automobile taxes on gasoline to travel here. Since they can afford to live in this area, and since they can afford to travel in this area, although they may or may not work in this area, they obviously enjoy a higher standard of living in their nearby environments, so possibly they are working the town of Greenwich, Connecticut [Welcome to the official Town of Greenwich Connecticut Web site](#) in order to sell the less expensive goods and services in other neighboring towns which might be more expensive in Greenwich, Connecticut. Since nobody ever calls me up on a local basis, it would seem to me, they all know that I can afford to partake in their higher standard of living as it relates to the town of Greenwich. Thus by staying home, I save money, but I do have a 3 P.M. appointment today. CIO

Note: <888> 12/23/04 Thursday 8:15 A.M.: My [www.newegg.com](#) order from yesterday, shipped via [www.fedex.com](#) from Edison, New Jersey yesterday at 2:30 P.M., and it left the FedEx origin location in Edison, New Jersey at 9:08 P.M. yesterday, so [www.newegg.com](#) is a local vendor in this area with very good prices. The [www.compusa.com](#) order from two days ago is still waiting to be processed, so CompUSA takes longer for their internet orders up to 10 days or more according to their billing information. CIO

Note: <888> 12/23/04 Thursday 7:55 A.M.: The Nikai/Osaka made in China Super Touch Panel Caller ID Phone MT-1019 with super touch panel that I bought at Walgreen's www.walgreens.com in Old Greenwich last week for \$10 is like this [Nikai-Osaka QL-800 Super Touch Panel Phone with Radio](#) , but it does not have the radio feature. It works quite well, once one figures out how to program it. They have a \$10 mail in rebate on the Atomic Clock weather panels this week, but I can live without one. I just checked with Walgreens at 203-637-1029, and they still have lots of the Nikai/Osaka made in China Super Touch Panel Caller ID Phone MT-1019 with super touch panel telephones at the front of their store in Old Greenwich, Connecticut for \$10. It is about the best bargain I have found on a new item on sale for Christmas this year. Of course one has to figure out how to program it. CIO

Note: <888> 12/23/04 Thursday 7:10 A.M.: Before going to bed, I chatted with a relative, and I programmed the IP1 button on the Nikai/Osaka made in China Super Touch Panel Caller ID Phone MT-1019 with super touch panel. I programmed the IP1 button by entering the Port Chester, New York Net2Phone access number, then 10 pauses, then my Net2Phone account number, the 10 pauses, then my Net2Phone PIN number, and then I save it all. One uses the IP1 button by entering the long distance telephone number one wants to call or selecting one from the memory feature by selecting Save and then scrolling up or down to the specific number, then one presses IP1, and the telephone dials Net2Phone's local access number, enters the account and PIN number, and then dials the long distance telephone number. For the local access number of Net2Phone [Net2Phone - Net2Phone Direct Calling Card - U.S. Access Numbers](#) , they charge 3.9 cents a minute for domestic telephone calls including Canada all the time. The rates are slightly higher for overseas telephone call like London, England, where they supposedly also speak English for 4.9 cents a minute. Of course one also has to have funds in one's Net2Phone telephone account number. I went to bed about 10 P.M.. I was up at 5 P.M., and I ate breakfast of oatmeal with a sliced banana, toast with grape jam, orange juice with vitamins and supplements, and a cup of coffee. I went outside, and I threw out the garbage, and I also chatted with a neighbor. CIO

Note: <888> 12/22/04 Wednesday 8:05 P.M.: I ran Norton Win Doctor 2003 and Ad-awareSE. I chatted with a relative. I will now shut down the computer, and I will go to bed in a little while. CIO

Note: <888> 12/22/04 Wednesday 7:45 P.M.: I ran Windows XP update earlier today, and it installed three security updates and one critical update, and I also ran Office 2003 update, and it installed one minor update. CIO

Note: <888> 12/22/04 Wednesday 7:40 P.M.: I ate four .25 inch by 2 inch by .85 inch slices of Stop and Shop Vermont extra sharp cheddar cheese, a piece of apple pie, and two ounces of whole cashew nuts. CIO

Note: <888> 12/22/04 Wednesday 7:10 P.M.: White House Christmas Card 2004 [Red Room to be Highlighted in 2004 White House Christmas Card](#) at www.whitehouse.gov . CIO

Note: <888> 12/22/04 Wednesday 6:50 P.M.: Information the HP PhotoSmart 1000 [1100/1000 PHOTOSMART PRINTER REVIEW - Steve Hoffmann's Photography](#) and [Compare Prices and Read Reviews on Hewlett Packard PhotoSmart p1000 Ink-jet Printer at Epinions.com](#) . Of course the ink cartridges are still expensive, so I will now be using it too much, and since I do not take many pictures, I do not have a digital camera. CIO

Note: <888> 12/22/04 Wednesday 5:55 P.M.: I finished going through my email. CIO

Note: <888> 12/22/04 Wednesday 5:25 P.M.: I am doing some regular computer work. I took my CVS Ear Wax Removal System ear drops, and since I am a bigger person instead of the recommended 10 drops, I put in 22 drops in one ear at a time, and then I held my head sideways for 10 minutes timing it with a egg timer and watching television making sure the ear drops stay in my ear working them pressing on the ear a bit, and then I used the CVS ear rubber ball type syringe, and I filled it with hot water that I put in the sink, and I rinsed out the ear with a full ear syringe a half dozen times, and a lot of ear wax came out of each ear. I did this one ear at a time. I can now hear much better. CIO

Note: <888> 12/22/04 Wednesday 3:45 P.M.: I put Vice President Dick and Lynne Cheney's Holiday Greetings letters in one of the two spare clear Plexiglas frames, and I hung it with a OOK nail on the wall to the right of the primary computer underneath my maternal grandfather Boven's portrait. CIO

Note: <888> 12/22/04 Wednesday 3:20 P.M.: I opened a 14.75 ounce can of Bumble Bee Alaska King salmon, and I left the lid on, and I rinsed it underneath cold water. I then drained it with the lid on it. I then emptied the salmon onto a plate, and I picked through it looking for any bones. I then put it in the Cuisine Art food processor, and I added a 1/8th of a teaspoon of Old Bay Seasoning, a teaspoon of dried parsley, a few dashes of ground black pepper, a few dashes of celery salt, and a half teaspoon of Italian seasoning, a half of a cup of Arnold large cut sour dough croutons, and one large fresh egg. I then blended the ingredients in the food processor, until they were all evenly mixed together. I then used a large tablespoon, and I scooped out four even size patties building them on a plate. I refrigerated two in a Rubbermaid container. I then heated over medium high electric heat in a 8 inch skilled three tablespoons of olive oil and two pads of margarine. Once the fat began to bubble, I added the two salmon patties, and I lowered the electric heat to medium, and I cooked them 4.5 minutes per side. I also made up a batch of rice the usual way in the China Village rice steamer. I also reheated in the microwave oven in a microwave proof plastic pot with lid half of a 15 ounce can of Le Sueur baby green peas with half of its water, and I refrigerated the other half in a small Rubbermaid container. I put the salmon patties on a dinner plate with half of the rice, and the other half of the rice I refrigerated in a Rubbermaid container. I put the drained heated peas in a bowl, and I ate a little bit of olive oil. I ate the salmon patties, rice, and baby green peas for dinner with a glass of iced tea. I read on the internet that people over 50 years of age which includes me are now allow to get flu shots, so I will have to look into getting one. CIO

Note: <888> 12/22/04 Wednesday 1:50 P.M.: On the kitchen chair, I was able to slide the white quilted pillow cover over the thin chair cushion, and I once again have it attached to the back of the chair with the draw strings on the quilted pillow cover, so the back of the kitchen chair is more comfortable, and I still have the blue towel on the white chair cushion to prevent staining. CIO

Note: <888> 12/22/04 Wednesday 1:35 P.M.: I went out after the last message, and I went downtown. I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. During my walk, I stopped by CVS, and I bought two 7 ounce boxes of Gold Emblem cheese crackers for .99 each and a 7 ounce bag of black licorice twists for \$1.19 plus .07 tax for \$3.24 total. I then completed my walk. I used the bathroom at the senior and the arts center. I went by Putnam Trust Bank of New York on Mason Street. I then drove over to Old Greenwich, and I got my hair cut at [The Haircut Place](#) for \$18 plus \$5 tip for \$23 total. I then walked over to the Second Congregational church Old Greenwich Rummage Room thrift shop, and everything is half price. I bought a 14 inch diameter and three inches thick round blue and white chair cushion for \$2 plus .12 tax for \$2.12 total. I then toured the Old Greenwich CVS store. I then drove out to Tod's Point, and I sat out at the southwest parking area enjoying the view. There was a large plume of smoke coming from the direction of Rye, New York rising up into the sky several hundred feet, so maybe there was a fire over there. I then drove back to central Greenwich, and I went to the Greenwich Hospital Thrift shop, and I bought a 20 inch square quilted mainly white color pillow cover for \$2.50, a dark green wooden 8" X 10" picture frame for \$1, and a medium dark oak 8" X 10" picture frame for \$1.50 for \$5 total. Everything is half price at the Greenwich Hospital Thrift Shop. I then returned home, and I picked up my mail. I drank some iced tea. I put the round chair cushion on the blue bent oak chair at the dining room table. I put the back cushion on the chair in the kitchen down on the seat with blue towel on it, and I slid the quilted pillow case on the back of the chair, so it is not cushioned, but it looks nice. I was going to try to put the chair back cushion inside of the pillow case on the back, but it will not fit. I took out the picture of Queen Elizabeth II with President Bush and Laura Bush from the Plexiglas frame, and I put the picture in the dark green wooden frame, and I rehung it in the same place above the French reproduction chair by the hallway entrance. At that same location, I took out the picture of John D. Rockefeller and the separate picture of Queen Beatrice of the Netherlands, and I put both pictures in side by side in the medium dark oak frame, and I rehung it in its same location. I put the two spare Plexiglas picture frames in the bedroom window on its shelf. CIO

Note: <888> 12/22/04 Wednesday 6:50 A.M.: I will now shut down the computer. Current weather is still a bit cold at 25 degrees Fahrenheit [Weather Underground: Greenwich, Connecticut Forecast](#) . I will shower and cleanup and go out for some morning activity. CIO

Note: <888> 12/22/04 Wednesday 6:25 A.M.: I order this [Newegg.com - XTERASYS XN-2133G Network - Wireless Adapters](#) for \$20 plus \$4.99 FedEx Saver Shipping for \$24.99. It will work with the [AT&T 6850G 108Mbps 802.11g Wireless Router - CompUSA.com](#) that I ordered yesterday, and it can be used on the USB 2.0 port on either

a desktop computer of Laptop Computer. Thus when both components arrive, I will have my apartment setup for wireless networking. CIO

Note: <888> 12/22/04 Wednesday 5:25 A.M.: I was up at 4 A.M.. I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. CIO

Note: <888> 12/21/04 Tuesday 7:55 P.M.: I programmed the new LCD telephone with 30 memory speed dial telephone numbers. I will now shut down the computer, and I will go to bed. CIO

Note: <888> 12/21/04 Tuesday 6:25 P.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . For the cheddar cheese portion, I used Stop and Shop Vermont extra sharp cheddar cheese. I used all of the other regular ingredients. I ate the salad with a glass of iced tea. CIO

Note: <888> 12/21/04 Tuesday 5:10 P.M.: I went outside, and I threw out some garbage. I turned on the DeLonghi oil filled radiator by the primary computer chair to take out some of the dampness from the living room area. I have it set at medium and temperature setting of 4. CIO

Note: <888> 12/21/04 Tuesday 4:45 P.M.: I was able to fix the Zinio Reader www.zinio.com with this hint [Zinio.com Crashes](#) . CIO

Note: <888> 12/21/04 Tuesday 4:00 P.M.: I possibly could order one each of AT&T [6550G 108Mbps 802.11g Wireless PCI Adapter - CompUSA.com](#) or [AT&T 6750G 108Mbps 802.11g Wireless Notebook Adapter - CompUSA.com](#) in a couple of days, since they are on sale at a very good price to have available for use should I ever need them in the future, but similar compatible devices will probably be on sale in the future too. We will have to think about it. More information on 802.11g [802.11g - a Whatis.com definition](#) and [Making the Choice: 802.11a or 802.11g](#) . However, my 2.4 gigahertz cordless Columbia telephone near the computer might interfere with it or other neighbor's 2.4 gigahertz devices. I do not use the printer port on the Siemens router except for the backup computers to print and only on the primary computer for the HP LaserJet IID printer every four months. I have my other printers on the primary computer connected via USB cables, so I could leave the [AT&T 6850G 108Mbps 802.11g Wireless Router - CompUSA.com](#) connected all the time, and only switch to the Siemens router, when I need to print from the backup computers. On the HP PhotoSmart 1000 printer that I installed last night, its power source is turned on by the left switch on the control panel for the Dell backup computer which is labeled. CIO

Note: <888> 12/21/04 Tuesday 3:25 P.M.: I ordered this item from www.compUSA.com . It is a [AT&T 6850G 108Mbps 802.11g Wireless Router - CompUSA.com](#) which at the store is normally \$69.99, but an online order had a \$37 instant rebate fro \$32.99 plus I ordered two day shipping for \$8.50 instead of \$5 ground shipping, and it had about \$2.49 tax for \$43.98 total. The order receipt says it takes 7 to 10 days to ship. I do not have this yet [AT&T 6550G 108Mbps 802.11g Wireless PCI Adapter - CompUSA.com](#) or

[AT&T 6750G 108Mbps 802.11g Wireless Notebook Adapter - CompUSA.com](#), and at the moment I do not have the available funds to order either. I probably do not need it though since I have my desktop personal computers connected via the Siemens router and LAN cables. However, at the rebate price for the AT&T wireless router, I will have it available to use with a wireless laptop if I ever get one, or someone else needs to use one in my apartment. I do not know whether one can connect the AT&T wireless router to the Siemens router, or one has to connect it directly to the Motorola cable modem, but it would be simple enough to change the cable from the cable modem, since it is directly to the right of the computer chair. It is a very good price for the latest technology. CIO

Note: <888> 12/21/04 Tuesday 1:55 P.M.: I finished going through my email. CIO

Note: <888> 12/21/04 Tuesday 12:05 P.M.: I woke up last night, and I ate a third of a 9.75 ounce can of Planter's deluxe whole cashew nuts. I woke up at 10 A.M. this morning. I ate breakfast of a bowl of oatmeal with a sliced banana, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I checked the mail. I will now go through my email. CIO

Note: <888> 12/21/04 Tuesday 2:05 A.M.: I setup some of the options in Outlook 2003, but I can not figure out why my relative could not receive its attachments. I still have 344 emails to go through sometime. I will now shut down the computer, and I will go to bed soon. Stay warm. CIO

Note: <888> 12/21/04 Tuesday 1:40 A.M.: It is suppose to warm up for the rest of the week until Saturday [Weather Underground: Greenwich, Connecticut Forecast](#) . I microwaved a Celeste 6.65 ounce Deluxe pizza, and I took a 7 ounce Banquet chicken pot pie out of its aluminum plate, and I put it in a low plastic microwave proof pan, and I slid it into the Stouffer's chicken pot pie box with the crisper paper, and I microwave it for 5 minutes. I ate it all with a glass of iced tea, and then I ate a piece of apple pie. CIO

Note: <888> 12/21/04 Tuesday 12:30 A.M.: I went out after the last message, and I went by the Arnold bread outlet, and I bought a loaf of Arnold All Natural Whole wheat oat bread for \$1.45, two 5.5 ounce boxes of Arnold larger cut sourdough croutons for .99 each, and a 1 pound 10 ounce Entenmann's apple pie for \$1.79 for \$5.22 total. I then went by Putnam Trust Bank of New York on Mason Street. I next went by the Greenwich Hospital Thrift Shop, and everything is half price. I bought a Hewlett Packard HP Photo Smart 1000 printer with 10 foot parallel printer cable and a HP51649A color cartridge for \$10. I then went downtown, and I mailed at the central Greenwich Post Office the photo copies of my Volvo registration and title to a relative and my Northeast Utilities electricity payment and my Connecticut Department of Motors Vehicles registration renewal on the Volvo and the emissions. I then walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. During my walk, I stopped by CVS, and I bought a 9.75 ounce can of Planters deluxe whole cashews for \$2.99. After my walk, I used one of the snow brushes in the back seat floor of my Volvo to clean off the snow from the benches by the veterans monument and in front of the senior center. I then used the bathroom at the senior and the arts center. I

then drove down by the waterfront. I next made my 4 P.M. appointment. In the parking lot at my 4 P.M. appointment, there was a man whom had a flat tire on his fairly new BMW convertible. He got the lug nuts off, but the wheel was frozen on the car, so he had to call a tow truck to help him out. When I finished my 4 P.M. appointment, he was just leaving. I next went by the Greenwich Library, and I read the Greenwich Time. I then went by the Exxon gasoline station next to the Greenwich Library, and I bought \$12 of premium unleaded gasoline for \$2.399 a gallon for 13 miles per gallon usage driving an average of 14.6 miles per hour. I then went by the Stop and Shop, and I bought a 10 ounce bag of fresh spinach for \$1.99, a 3 pound bag of yellow onions for \$1.99, and four Campbell's 18.8 ounce dented cans of soup for .35 each for \$5.38 total. One of the soups is Salisbury steak, one is burger bits, and two are chicken noodle. I then returned home, and I brought up my purchases in two trips. I then picked up my mail. I received in the mail a Christmas letter from Vice President Cheney. I then drank some iced tea. I then chatted with a couple of relatives, and the one relative received the Volvo title and registration that I sent by Outlook Express email. Something must be wrong with my Outlook 2003 email settings. I then took the family picture off the Dell backup computer, and I put it on top of the left primary computer monitor. I put the Ethernet network router from on top of the Dell backup computer, and I put it on the desk in front of it with the LAN cables facing up, and the lights down. I then put the HP Photo Smart 1000 printer on top of the Dell backup computer lengthwise. I then connected its parallel cable to the B port on my port box to the right of the primary computer connected to the Siemens port. I then connected a 10 foot USB cable from the HP Photo Smart 1000 printer to one of my USB hubs to the right of the primary computer CPU. I booted up the primary computer, and I downloaded the HP Windows XP printer drivers and a photo editing program. I then installed the HP drivers for the USB port, and it showed the HP printer color and black cartridges are two thirds full. I then printed out some test pages, and it works just fine. I cleaned and aligned the cartridge with the utilities. I then install the HP printer to the Siemens LPT port, and it only works that way if one has the USB cable unplugged from the back of the HP printer. However to use the USB cable, one can still have the LPT Siemens port connected. The HP printer utility gives one the option of selecting which port. It is available from a tray icon. I then installed the HP Image Zone express program. It came up with a picture of Prince William and Princess Maxima of the Netherlands that I had save on my computer, so I printed it out in 3.5 inches by 5 inches in color on the HP printer, and it came out just fine. I put it in the picture frame that held the old Paris post card by my apartment door. I then printed out a picture of Queen Beatrix of the Netherlands about 4.5 inches by 6 inches, and I cropped the paper, and I put it in the clear Plexiglas frame along side the picture of John D. Rockefeller hanging above the French antique reproduction chair with the sheep skin. I then printed out in 8 inches by 10 inches in black and white this years' Christmas picture of Prince Charles and Prince William and Prince Harry, and it is bit fuzzy since the original download was much smaller. I then went downstairs, and I got another one of my clear Plexiglas frames, that I had used for an elevator sign, which is not needed, and I put the picture of Prince Charles and sons in it, and I hung it above the apartment entrance door to the left of the picture of Howard Hughes with the Spruce Goose. The HP Photo Smart 1000 printer was made in 1999, so it is probably 4.5 years old, but it was probably a \$250 plus inkjet printer in its time. It works very well. It has a lot of other

features such as photo memory card readers and a separate tray for photo paper. I did not get the instructions with it, but it seems to work very well. The extra color ink cartridge that came with it will not work with it. I will do some research on the ink cartridges some time in the future, when I have some time. It is a very good back up inkjet printer, considering my Epson Stylus Color 880 is three years old, but I still have two spare black and two spare color cartridges for it. <http://xtremetoner.com/> says that a black cartridge for the HP costs \$15.50 and a color cartridge for it costs \$23.95, and the HP51649A spare color cartridge that came with it is for the DeskJet 600 series, so it won't work. This links shows them for \$12.95 and \$17.95 respectively [HP PhotoSmart 1100 Cartridges from The Printer Ink Warehouse - The BEST choice for HP PhotoSmart 1100 Cartridges](#) . Of course the HP Photo Smart 1000 is still my backup inkjet printer, so I will probably not be using it much unless something happens to the Epson Stylus Color 880 inkjet printer. I also spent \$1.50 downtown parking today. CIO

Note: <888> 12/20/04 Monday 11:55 A.M.: I have not received a reply on the email yet, so I will send to the relative two copies of the Volvo title and registration via the United States post office. I microwaved and ate a 18.8 ounce can of Campbell's New England clam chowder, which I put a handful of croutons with. I ate it with a glass of iced tea. I have a 4 P.M. appointment today. It is currently 12 degrees Fahrenheit [Weather Underground: Greenwich, Connecticut Forecast](#) . I checked the mail downstairs, and it has not arrived. It is plenty comfortable in my apartment. I will now shut down the computer, and I will shower and clean up, and I will then go out for some outside activity. I will dress warmly, but I am not sure that I will walk Greenwich Avenue or not depending how I feel. CIO

Note: <888> 12/20/04 Monday 10:35 A.M.: I felt a heat flash or a little bit faint, so I lied down on the green sofa for a while. I chatted with a relative. I just resent twice with Outlook Express instead of Outlook 2003 the Volvo title and registration that I sent three times before with Outlook 2003. Perhaps there is something wrong with my Outlook 2003 settings. CIO

Note: <888> 12/20/04 Monday 9:30 A.M.: I checked downstairs briefly, and I chatted with a neighbor. I transferred my updated directory to the Dell backup computer and some other files. I made out checks to pay my Northeast Utilities bill www.cl-p.com and my Connecticut Department of Motor Vehicles registration and emissions tax of \$85. I will now put the tea in the refrigerator. CIO

Note: <888> 12/20/04 Monday 8:05 A.M.: I turned on the two DeLonghi oil filled radiators in the living room to medium and temperature setting four to provide a little extra heat in my apartment living room. I am making up a fresh batch of www.geocities.com/mikelscott/icetea.htm . Yesterday when my guest was here, I gave him the Bedford, New York court house trivet, since he was raised in Bedford, New York although he no longer lives there. Also I gave him the set of new snow and ice tire cables, since they do not fit on my Volvo, and my guest frequently visits Vermont where he has relatives whom might be able to use them. CIO

Note: <888> 12/20/04 Monday 7:35 A.M.: I updated [Download Scott's Internet Directory "scott008.zip"](#) 2.30 megs and open "[scotlist.htm](#)" in web browser 12/20/04 . CIO

Note: <888> 12/20/04 Monday 7:25 A.M.: I was up at 3 A.M.. I ate breakfast of oatmeal with a sliced banana, toast with grape jelly, orange juice, vitamins, supplements, and coffee. I went back to bed until 6 P.M.. I watched part of a movie with Randolph Scott. I checked outside, and there was a couple of inches of snow so far. I heard the snow plow outside about 3 A.M. this morning. Local weather is cold at 10 degrees Fahrenheit [Weather Underground: Greenwich, Connecticut Forecast](#) , so it is a bit cold outside at the moment. I also added this page [Michael Louis Scott's Short Online Shopping List](#) to my interactive directory which might be easier to use than [Michael Louis Scott's Online Shopping List](#) , and I linked both from the homepage. CIO

Note: <888> 12/19/04 Sunday 5:55 P.M.: I went outside briefly after the last message. The east of the building outside door lock is broken on the outside, so one can not enter the building from that side. My guest arrived at 2:30 P.M.. We chatted a while. We then went for a drive downtown and by the waterfront and returned back to my apartment, and we chatted some more. My guest just left. I will now shut down the computer, and I will go to bed. CIO

Note: <888> 12/19/04 Sunday 1:45 P.M.: I went out after the last message. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I toured CVS. I next drove down by the waterfront. I then went by the Stop and Shop, and I bought a 16 ounce bag of baby carrots for \$1.50, broccoli crowns at \$1.79 a pound for \$1.74, and a 10 ounce box of fresh mushrooms for \$1.99 for \$5.23 total. I so far on my Stop and Shop card have \$585.20 savings year to date. On my CVS card, I have about \$365 in savings year to date. I then returned home. I drank some iced tea. I chatted with a friend. The friend is coming down to visit in about an hour. I noticed at the Stop and Shop beef roasts are on sale, and the restaurant standing rib roast was off from \$8.99 a pound for only \$4.99 a pound, but it still would be over \$20, and I don't eat that much meat anymore. CVS also has 9 ounce cans of deluxe Planters cashews for \$2.99, in case you have to feed a parrot. CIO

End of Scott's Notes week of 12/19/04:

Note: <888> 12/19/04 Sunday 8:30 A.M.: I updated [Download Scott's Internet Directory "scott008.zip"](#) 2.29 megs and open "[scotlist.htm](#)" in web browser 12/19/04 . I will now send out my weekly notes. I will then shut down the computer, and I will clean up, and I will go out for some fresh air.

Note: <888> 12/19/04 Sunday 7:55 A.M.: I added some more links to [Michael Louis Scott's Online Shopping List](#) . CIO

Note: <888> 12/19/04 Sunday 5:25 A.M.: I made and drank a cup of coffee. For coffee now, I grind a 50% mixture of 8 O'clock hazelnut and decaffeinated coffee beans, and I

brew it in my Krups espresso cappuccino machine with about 10 ounce of water, and I add milk. For large amounts, I would use my Bran coffee maker. I noticed when I was in the Food Emporium on Friday night that a roast beef is about \$12.99 a pound, so a four pound roast beef would be over \$50, so we do not eat such luxury items anymore, not to mention living by myself, I would not be able to consume it all before it went bad. It did look tempting however. If one is looking at food items in America, and one is not from here and not familiar with the food items available, I would not buy the Alpo www.alpo.com brand of foods, since although it would probably not hurt you, it is meant for pet or domestic animal consumption. I also updated with a few more links [Michael Louis Scott's Online Shopping List](#) . CIO

Note: <888> 12/19/04 Sunday 4:05 A.M.: I put away the laundry. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I use a tin of sardines that I chopped instead of tuna fish. For the cheddar cheese portion, I used Cabot [Cabot Cheese](#) - award winning Vermont cheddar Monterey Jack cheese. I used all of the other regular ingredients. I ate the salad with a glass of iced tea. CIO

Note: <888> 12/19/04 Sunday 2:15 A.M.: I was up at 8 P.M. last night. I chatted with a relative. I ate breakfast of oatmeal with a sliced banana, toast with grape jelly, orange juice, vitamins, supplements, and coffee. I went back to bed until 12:30 A.M.. I am doing two loads of laundry, and I have 25 minutes on the dry cycle. I put clean linens on the bed in the bedroom. I have my wool socks hanging over the bedroom door to dry. I do not like putting wool items in the dryer. CIO

Note: <888> 12/18/04 Saturday 9:25 A.M.: I updated [Michael Louis Scott's Online Shopping List](#) with a few more links. I also updated [Download Scott's Internet Directory "scott008.zip" 2.29 megs and open "scotlist.htm" in web browser 12/18/04](#) . [BBC NEWS Europe Freak storms kill six in France](#) . I will now shut down the computer, and I will go to bed. CIO

Note: <888> 12/18/04 Saturday 1:00 A.M.: Today when I did the house cleaning, I also cleaned out the vinegar bottle on the dining room table with the mold that built up in it. It did not seem to be penicillin mold. I then put in clear white vinegar. CIO

Note: <888> 12/18/04 Saturday 12:55 A.M.: I put three teaspoons of olive oil and three pads of margarine in my 10 inch omelet pan, and I heated it over medium high electric heat, and once the fat began to bubble, I lowered it to a little lower than medium. I had already broken three eggs in a metal bowl, and I added a couple of tablespoons of milk, and I mixed it altogether with a whisk. I added the egg mixture to the omelet pan, and I let it heat until it was solid enough to flip over. I then flipped it over with a spatula. I then let it heat a little more until that side was cooked a little bit and it was puffy. I then slid it on to a microwave proof plate, and I added two sliced plum tomatoes sliced into 3/16 inch thick slices and 12 slices of Vermont extra sharp cheddar cheese 1.25 inch by 1.25 inch square, and seasoned it with Italian seasoning, and I put it all in the microwave oven with a microwave cover, and I heated it on reheat for half of the normal cycle to melt the cheese and warm the tomatoes. I then put the microwave proof plate with the

open face omelet on another plate, and I sprinkled it with grated parmesan cheese. I also added two slices of toast with two slices each of margarine, and I cut the toast in half. I ate it all with a glass of iced tea. CIO

Note: <888> 12/17/04 Friday 11:45 P.M.: I went out after the last message. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I stopped CVS, and they are sold out of Hanes long underwear, but I have plenty of long underwear for myself. I used the bathroom at the senior and the arts center twice. I chatted with another citizen. I drove down by the waterfront. I then toured the Stop and Shop. I then went to the Food Emporium and used the bathroom, and I bought a 40 bag box of Salada green tea for \$2.49. I just now returned home, and I drank some iced tea. CIO

Note: <888> 12/17/04 Friday 5:50 P.M.: I finished my house cleaning and watering the plants. I threw out the garbage. I am just about to eat a Maria Callender 14 ounce grilled chicken tenders dinner, which I will eat with a glass of iced tea. I will now shut down the computer, and after I eat, I will clean up and go out. Current temperature is 36 degrees Fahrenheit [Weather Underground: Greenwich, Connecticut Forecast](#) .

Note: <888> 12/17/04 Friday 2:45 P.M.: I microwaved and ate a 18.8 ounce can of Campbell's split pea and ham soup with a glass of iced tea. I ran Norton Win Doctor 2003 and Ad-awareSE. I will now do my house cleaning and watering the plants. CIO

Note: <888> 12/17/04 Friday 2:15 P.M.: The send and receive feature of Microsoft Outlook 2003 quit working, so under the Help feature I ran the Microsoft Office 2003 repair feature, and it is now working just fine. CIO

Note: <888> 12/17/04 Friday 1:40 P.M.: I woke up during the night, and I ate a 10 ounce can of CVS smoked almonds. I was up at 6 A.M.. I ate breakfast of oatmeal, toast with grape jam, orange juice, vitamins, supplements, and coffee. I went back to bed until 10 A.M., when I chatted with a relative. The relatives that gave me my 1995 Volvo 850 Turbo station wagon needed copies of my registration and title since in Pennsylvania, it still showed up that they owned it. I went out to the car, and got the registration, and I scanned both the title and registration, and I emailed the scanned copies to my relative. I keep the title in my apartment in a hidden place. I made three copies each of the title and registration which I put in the metal file holder on the upright mahogany chest in the bedroom. I put the registration back in the Volvo. I then went out to Putnam Trust Bank of New York on Mason Street, and I did some banking business. I then returned home. I chatted with a relative. I washed my breakfast dishes, and I made my bed. CIO

Note: <888> 12/16/04 Thursday 10:00 P.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 12/16/04 Thursday 9:10 P.M.: I did not fall asleep until about 9 A.M. this morning. I chatted with a friend and a relative. I woke up at 1 P.M.. I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I

went out to my 3 P.M. appointment. I showed my 3 P.M. appointment the blank rifle cartridge that I found earlier this morning, and my 3 P.M. appointment said it was a blank. I put it back in the Yale cup when I returned home. I next went to the Greenwich Hospital thrift shop. They are short of staff, and they need someone to price the women's clothes that are stacking up in the back room. I then went downtown, and I walked up Greenwich Avenue, and I stopped by the Greenwich Hardware store, and I dropped of a prescription at CVS. I then walked up to the top of Greenwich Avenue, and I continued my walk after enjoying the view from the bench in front of the United States Trust Company, Morgan Stanley office, and the Chase bank of the Presbyterian Church in downtown Greenwich and whatever else is on Lafayette Place beside the Greenwich Hospital a block further north. I then walked the entire length of Greenwich Avenue and the train station area. I used the bathroom at the senior and the arts center. I then walked back up to CVS, and I picked up my prescription. I then used the bathroom at the senior and the arts center again. I found someone's eye glass lens that I left on the front table at the senior and the arts center. I then drove down by the waterfront. I next went by the Greenwich Library. Another patron hit the guard rail in the east parking lot, and I have kept telling the Greenwich Library for years, they need to put hard rubber bumpers on the guard rail to protect the patron's cars that hit it. They also should have higher more visible warning signs or markers, so individuals can see that it is there. I have seen at least a half dozen people over the years hit that guard rail. They also have put grey caulk into the sidewalk divide spaces and other areas around the east Library sidewalk which is still very wet, so individuals should be careful around there. Recently the Greenwich Time has not been available when I use the Greenwich Library, so I have not been able to read it. I then went by the Stop and Shop, and I bought Chiquita bananas at .69 a pound for \$1.61. I bought the ones that were still a mixture of green and yellow color, so they will not be too ripe when I get around to using the last ones. I then returned home, and I chatted with a neighbor. I then microwaved and ate a 6.65 ounce Celeste deluxe frozen piazza, and a 7 ounce Banquet chicken pot pie which I microwave in a plastic microwave dish for 4 minutes in a Stouffer's chicken pot pie box with crisper paper. I ate it all with a glass of iced tea. I noticed that I have an interesting mold growing on the top of my balsamic vinegar bottle that I never use on the dining room table. I suppose I should throw it out, but it probably should be researched first to see if it is a variant of the penicillin mold that I found growing in my refrigerator a year ago. I did preserve a sample of that mold in my freezer in a bag of ice in a small Rubbermaid container. I also moved the third blue bent oak chair from the dining room table into the bedroom between the desk and the upright mahogany bureau, so there is more clearance room at the kitchen entrance. CIO

Note: <888> 12/16/04 Thursday 5:35 A.M.: I put a folded blue towel on the chair in the kitchen, so it will stay clean, since the cushion is white fabric, and I have my Krups coffee make on the counter above it, coffee might possibly spill on it at one time or another. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . For the cheddar cheese portion, I used Stop and Shop Vermont extra sharp cheddar cheese. I used all of the other regular ingredients. I ate the salad with a glass of iced tea. I will now shut down the computer, and I will go to bed soon. I have a 3 P.M. appointment

today, so I will be up around noon. It is still a bit cold outside [Weather Underground: Greenwich, Connecticut Forecast](#) . CIO

Note: <888> 12/16/04 Thursday 3:45 A.M.: I went out after the last message. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I found a discarded Chippendale type chair with white petit point cushion in front of Best and Company just north of the senior and arts center. I put it in the back of my Volvo. After I completed my walk, I drove down by the waterfront. While driving around the train station area, I noticed on the new pedestrian overpass that they are building, it looks like they are also going to install an elevator on either side. I also noticed that they are painting or striping the road at the I-95 intersection with Arch Street at Exit 4, so I guess the railroad overpass bridge work construction project is done at that location, but they still have to finish the platform area of the train station. While sitting at the bench at the north side of the veterans monument, I found what looked to be they same blank rifle cartridge on the ground that I found last night, and I turned into the Greenwich Police, so I picked it up, and I kept it this time. I next went by the Food Emporium, but the staff is there, but they have the store closed. I then went by Putnam Shell on West Putnam Avenue, and I chatted with the regular night person. He gave me one of their Norman Rockwell year 2005 calendars. I returned home, and I hung the calendar up on the back side of my apartment entrance door. I brought up the chair, and I took out the other chair from between the stove and hutch, and I put the new chair there. It is more comfortable to sit on when I smoke cigarettes by the kitchen stove fan. I put the back cushion from the other chair on the new chair. I then moved the regular bent oak chair that I sit on to eat to the left at the round oak dining table, and I put the chair from the kitchen which does not match the other dining chairs, but is much more comfortable with its cushion in my normal dining spot at the round oak table. Since I weigh 210 pounds the bent oak chairs with their hard wooden seats are a bit uncomfortable, so I will now be more comfortable sitting on the chair that I placed in my regular dining spot. It takes more time in the colder weather to dress up more comfortably and warm and to undress, but I was perfectly comfortable while I was outside tonight. It was not very busy out, but all the Christmas and Holiday lights are out on Greenwich Avenue along with the shop displays, so it looks very festive. I put the Pearl Harbor memorial day rifle shell blank casing in the Yale cup that I have on my right hallway bookcase. CIO

Note: <888> 12/15/04 Wednesday 11:55 P.M.: I reheated the vermicelli and tomato marinara sauce from last night, and I put on a thin layer of grated parmesan cheese. I ate it all with a glass of iced tea. I got rid of the humidifiers, since I have not used them in the last several years, since it does not get that dry in the apartment with the lesser amount of heat. Also the humidifiers put out lots of white chorine dust in the apartment which attaches itself to the electronics components in the apartment covering it with a dusty layer of white film which can effect the electronics. One can eliminate this by using the humidifier water filters which filter the chlorine and other particles out of the humidifier water, but the filters can be expensive if you can find them. I will now shut down the computer, and I will clean up and take a warm shower. I will then dress warmly, and I will go out downtown for my usual walk. CIO

Note: <888> 12/15/04 Wednesday 11:20 P.M.: As this story says with the additional demand on the heating systems during colder weather it is necessary to have an additional fire watch in the area in case anything goes wrong [Greenwich Time - Winter makes an early appearance](#) . CIO

Note: <888> 12/15/04 Wednesday 11:10 P.M.: Since it is currently 21 degrees Fahrenheit outside [Weather Underground: Greenwich, Connecticut Forecast](#) , I went to my cold weather option, and I turned on the two DeLonghi oil filled radiators to medium at temperature level 4, so they will provide a little extra warmth in the living room area. I do not turn the thermostat higher, since I do not like having the electric wall radiators too hot. Once the DeLonghi oil filled radiators heat up, there should be a more even heat in my apartment. Currently the temperature at the window ledge above the electric radiators is 71 degrees Fahrenheit, and it is 72 degrees Fahrenheit on the far side of the living room away from the radiators, and it is 65 to 70 degrees Fahrenheit in the bedroom, and the barometer says it is very dry, but I am not sure if that inside or outside, since the barometer is inside. At least in the colder dry weather, it is better for my arthritis. It still feel a bit damp inside though, but I am doing just fine, and I am stocked up on plenty of food, and the other necessities of life for maintaining the apartment. I also have plenty of winter clothing. I put the CD I have of "Midnight in Moscow" on the top of my CD rack. I had to move the brass and glass tables a bit to provide moveable air space around the DeLonghi oil filled radiators. Of course, I will have to pay for the additional electricity. I still have not paid my electricity bill this month, but I expect a Christmas gift check any day now, so I will pay my electricity bill when I receive that check. Having lived up north most of my life, I am use to the colder weather. However, I did read this story in the Greenwich Time www.greenwichtime.com that the Brazilians are cold, but although I know people from Brazil and Trans Brazilian airlines, if they are in this area, they never call me up. Of course, if Niagara Falls up on the Canadian border ever freezes which it occasionally does, we would have less electricity in this area, and currently we still have the older nuclear reactors in the area. I am still flying the Saudi Arabian flag in the apartment on the center hallway bookcase, since it symbolizes how much energy we use to live up here in the north country, although over 60% of the New York areas energy actually comes from Canada. When I go out, though I generally turn off the DeLonghi oil filled radiators, since although I have heavy extension cords on them, I do not think one should leave them running when not in the apartment because of the additional cost. CIO

Note: <888> 12/15/04 Wednesday 10:20 P.M.: I chatted with a relative. I did notice last night that the Indians from the north country might have come down here to visit, since it is a lot colder up north. I noticed one young Indian downtown at CVS, and he was wearing rubber flip flops for foot wear, but he lots of body fat. Of course, he might have been from Hawaii too. Frequently the people from Alaska go back and forth between Alaska and Hawaii. The native Alaskans and the native Polynesians have so much body fat, they tend not to notice the cold unlike the thin northern Europeans. I remember there use to be Polynesians from Hawaii working the Mobil gasoline station on the Merritt parkway in New Canaan, Connecticut when we had the cold winter in 1982, and it was down to minus 26 degrees below zero Fahrenheit. I found this link to the Texas Hill

country [Texas Hill Country Online - Visitor & Travel Guide](#) and [Maps of the Texas Hill Country](#) , but I think that area is like the Appalachian mountains or the Ozarks, and they tend to be a very inbred group of locals whom do not trust outsiders. A relative there told me the temperature there is down to the mid teens Fahrenheit, so it is cold all over the country. I know it is down to freezing in Florida, and it is not yet winter. Of course when it gets cold up north, some of the wild game also tends to migrate further south into this region too. In the old days around the United States Navy in Key West, Florida, they use to play a song that said, "Don't Rock the Boat Baby." CIO

Note: <888> 12/15/04 Wednesday 9:50 P.M.: I washed the breakfast dishes, and I made my bed. I do know both the Hatfield and the McCoy families live in this area, so maybe they are still feuding. There also used to be a retired World War II veteran in this area that looked Buddy Epsen the actor of the Beverly Hillbillies fame. The individual has since died, but he grew up on the local waterfront, and he use to caddy for John Davidson Rockefeller, who he said was really cheap and only paid him a dime a round. About the last thing that old time veteran told me when he use to hang out on the waterfront was, "There Ain't No More Kentucky Wind Anymore.", which when translated from the American vernacular English of the hill country is that with the modern laser sighted rifle scopes, people tend not to miss their targets. However, other factors like being on a boat which is always rocking, or the wind, or the fact over a distance that the earth curves, could still imply that there is still Kentucky wind these day. Kentucky wind means when they take a shot at you, and they just miss you, and there is a slight breeze as it goes by. Maybe there is some sort of granny character out there like in the Beverly Hillbillies. However, the Appalachian mountain region of Kentucky is not referred to as the "Hill Country". There is an area in Texas referred to as "The Texas Hill Country". I am not exactly sure where it is in Texas though. The last time I drove over to North Tarrytown, New York about seven years ago before Christmas time in my old white 1975 Volvo, I stopped by the minister's house at the Union Presbyterian Church, and I gave him \$78 for the choir fund, which is all that I had on me at the time. When I returned to Greenwich, I saw a different group of people in Greenwich than usual, and the locals seem to have followed me down from North Tarrytown, New York. One individual looked a little bit like Wild Bill Hickcock. Of course if we are still having problems with the Indians, I would get a bit concerned if someone shows up looking like George Armstrong Custer. Of course from watching a lot of Sherlock Holmes on television over the years, frequently when something happens to a man, it is irate wife that is the source of the problem. CIO

Note: <888> 12/15/04 Wednesday 9:05 P.M.: I was up at 4 P.M., and UPS arrived and delivered my Hyundai Eisenhower light weight jacket from Danbury Hyundai. It fits just fine. I hung it in the left living room closet, and it will be useful in the spring and fall when it is warmer. It is currently 25 degrees Fahrenheit [Weather Underground: Greenwich, Connecticut Forecast](#) . I ate breakfast of oatmeal with a sliced banana, toast with grape jam, orange juice, vitamins, supplements, and coffee. I went back to bed until 8 P.M., and the television seems to have the usual programming that they provide when the children are home on Christmas vacation. I guess they are out earlier this year. I sent

this message out to some concerned parties this morning before going to bed. The text of the message is as follows:

from Mike Scott, rifle cartridge found at veterans monument last night on Greenwich Avenue in Greenwich, Connecticut

This past midnight, I was sitting at the north bench at the veteran's monument on a break from my usual walk having a cigarette, and on the ground at my feet, I found a two inch long by 3/8th inch diameter rifle casing with crimped head. I took it to the Greenwich Police, and they said it was a blank left over from the Pearl Harbor veterans ceremony. However, I do know that there is a casing like that holds a copper projectile, and I do know that it was not there on previous nights after the ceremony. I do know they had a Pearl Harbor ceremony, but I was not there, so I do not know if there was a 21 gun salute or not. However, it seems strange since I sit there every day, it was not there earlier.

Remember on a previous May evening about five years ago, when current President Bush was traveling through this area on the campaign before he was first elected, someone took a shot at me at Tod's Point on the walk to the southwest picnic area. I looked into that myself, and thought it could have come from the Bell tower at Indian Harbor or someone on a sailboat in the harbor. I did notice on Steamboat Road at the Indian Harbor Yacht Club, and individual boarding the launch with a small bag of golf clubs which is unusual that could have held a rifle. My white Volvo was parked behind the bushes at Tod's Point, so I was not associated with the Volvo, and there was a florescent orange target marker at the base of the tree where the bark was shot off of. At a distance, I could look a bit like Bush, but at the time I thought someone thought I might look like Donald Trump who would have enemies too. Also there is man from Harrison, New York in a black pickup truck or SUV van whom is a veteran and is also an Elk hunter in Canada, and he is always around the waterfront on Steamboat Road with his wife. Possibly it was his black pickup truck last Friday when my Volvo was moved. It is just a coincidence, it seems strange, and it should be a warning. Possibly we could have other VIPs in the area too. Stay warm; I am on a night schedule, about to go to bed. I probably will be going out at night again tonight.

Mike

End of Message:

My viewpoint about that incident five and a half years ago was with wealthy people in this area, they also have expensive toys, so possibly some youngster got into their father's gun cabinet and was practicing a little duck hunting. I have seen duck hunters around the waterfront during other holiday periods, and possibly some local family tries to bag a Long Island duck for their Christmas dinner. Of course it could be some Annie Oakley type whom is upset with the local men in general. CIO

Note: <888> 12/15/04 Wednesday 8:30 A.M.: I went out, and I chatted with the building custodian. I will now shut down the computer, and I will go to bed soon. [BBC NEWS Americas Missile defence shield test fails](#) . CIO

Note: <888> 12/15/04 Wednesday 7:50 A.M.: I chatted with a relative. CIO

Note: <888> 12/15/04 Wednesday 6:55 A.M.: If I am not mistaken, Winfield Scott ran for President of the United States of America on the Whig party against Zachary Taylor and lost, but he also had a falling out with the Whig party, and he started an alternative political party called the Democratic party. At one time in the early 1970s, there also were three United States senators at the same time in the United States senate with the last name Scott, one from Pennsylvania, one from Virginia, and one from North Carolina, so obviously the family has some political presence in the country today. CIO

Note: <888> 12/15/04 Wednesday 6:35 A.M.: Of course if anyone knows anything about polite society in Old New York, Lady Astor once built a ballroom in her house on Astor Place with a ballroom for 400 guests, which became known as the New York Society 400. I believe such established clubs as the Greenwich Country Club also have only 400 members, many of whom are from the original 400. Of course after hundreds of years, the 400 like the Mayflower society has greatly increased in numbers. The descendants of the Mayflower settlement in Plymouth, Massachusetts number over 20 million people. I have always worried that the number 400 might represent that the Europeans in New York, only had a 400 year lease on New Amsterdam founded in 1620, and in the year 2020, all of the Europeans would have to give back New Amsterdam to the Indians and return elsewhere, but I have never read that fact anywhere. Of course the New Amsterdam night watch is an honorary society of the founding families of New Amsterdam or New York, quite a few of them like my family which were Scottish or English and were not Dutch, and as seafaring families, they also included Norwegians. I am Dutch on my mother's side of the family named Boven that arrived here in America from the Netherlands in 1842 settling in the area that eventually became Holland, Michigan. However, there are still families in this area from the original founding families of New Amsterdam, and I have met a great many of them over the years. Also a Captain Scott, originally founded South Hampton, Long Island, and another Michael Scott owned all of Long Island until 1700, when he moved to Jamaica which was more profitable at the time due to the rum trade. Thus obviously the Scott family would have presence all over the east coast of the Americas in its inception, including the charter of Virginia. In 2007, we have the 400th anniversary of Virginia, so maybe someone down there will want to see me, since I am descended from Winfield Scott, the Virginia branch of the Scott family. Winfield Scott besides winning the war with Mexico, also was offered command of both the Union and the Confederate militaries during the Civil war, and since he was already in his 70s, he moved to Paris for the Civil war. He also helped start the United States Military academy at West Point www.usma.edu , and his town house is still in Manhattan just south of the Forbes building on west 13th street, and it is the Italian studies institute for New York University. He is buried at West Point. I believe he also participated in the French and Indian wars and the attempt to capture Quebec, and he more than likely was involved in the American revolution, but I have

never read in what capacity. The Scott and Mason families at one time each owned half of the chartered state of Virginia, and Scott is the family name of the Marquis of Queensbury family in England. There are only two Marquis in England, and they are the highest rank of Nobility after the immediate British Royal family. Thus possibly the lesser sons of the Marquis of Queensbury were given land grants in various colonies of the British empire. CIO

Note: <888> 12/15/04 Wednesday 5:55 A.M.: Bring home the bacon the REAL Canadian Bacon Co.: USDA-Approved Canadian Peameal Back Bacon and Greenwich Time - Meet the real Canadian bacon . I also have a friend with the last name Bacon whom was a roommate at Lake Forest College www.lfc.edu , and in the Lake Forest College alumni magazine, he claimed to be the head attorney for Saudi Arabia working out of a law firm in Boston Nixon Peabody LLP: Carter S. Bacon, Jr. , of course nobody has ever heard of the name Nixon, and I suppose nobody knows the Peabody family in Massachusetts. Bink as we use to call him was raised in the house next to the Bobby Kennedy's in Hyannisport, Massachusetts, so more than likely he would know that family too. However, the last time I spoke with him was in Nantucket around 1976, and I was darkly tanned from having spent the summer outside, so maybe he thought I was Saudi Arabian. Of course I later would show up in Nantucket more tanned after my winter visits in Florida and California. Whatever, the case in my old boy network from the Midwest, I still have to remind people that there are established level headed individuals in the Midwest, and the Northern Trust Company Welcome to Northern Trust manages 2.5 trillion dollars in assets for 400 private families. CIO

Note: <888> 12/15/04 Wednesday 5:20 A.M.: Of course the colonization of North America by the Vikings, the Dutch, the French, and the English and the Scottish came after other countries in Europe such as Spain, Portugal, Italy, Belgium, France, and the Netherlands had set up colonies and trading relationships in other parts of the Americas, Africa, and Asia. Thus the British Royal family never really had too much money until Queen Victoria married Prince Albert of Belgium whom was King Leopold of Belgium's nephew. King Leopold was wealthy from the trade and colonization in the Belgium Congo. Queen Victoria's children and grandchildren married into the royal families of Russia, Germany, Sweden, Norway, Denmark, Greece, and some other countries I forget now, thus they became established, so the various European royal families are not only linked through financial relationships but also birth. There is an old fashioned expression called "Robbing Peter to Pay Paul", which comes from the Christian church since Peter the apostle started the Christian Church and St. Paul was a tax collector before he changed to the Christian faith. Whatever the case, one should take whatever one's skill are, and try to make a living, because history is based on other people's experiences in other times, and currently the world is a much smaller and more complicated place, and the Asian economies are becoming more powerful. I was thinking recently, when container ships full of goods arrive from Asia, we should ship back container ships full of beer, so the Asians will have something in return for all of their hard work. The last time I was at Newark International airport about five years ago to drop off a friend for a flight to Florida, I noticed they still have one of the many Budweiser breweries near Port

Elizabeth, New Jersey, so it is convenient to the container ships. I threw out some garbage, and I checked outside briefly. CIO

Note: <888> 12/15/04 Wednesday 4:50 A.M.: How this fits into today's political economy is that the Bush family were friends of the Rockefeller family, and they worked for the Harriman family, and the Harrimans were able to barrow money from Belmont who was an agent of the Rothschild family. In the book on the Harrimans, it said that the Harrimans took care of matters that the Rockefeller family did not or were not able to handle personally themselves. Alas if any Germans show up asking for their money back, I do not speak German, and I think the money has long since been invested all over this country. CIO

Note: <888> 12/15/04 Wednesday 4:25 A.M.: I put 3.5 quarts of water in a 5 quart Revere pot, and I brought it to a boil with the lid on over high electric burner heat. I also put in a teaspoon of olive oil and a couple of dashes of salt. I then boiled with the lid off a 16 ounce box of Stop and Shop vermicelli for six minutes. While doing this, I put half of a 26 ounce jar of Master Choice marinara sauce in a plastic microwave proof pot with lid, and I heated it on reheat. I drained the vermicelli in a colander, and I put half on a dinner plate and half in a Rubbermaid container in the refrigerator. I put the remaining half of the marinara sauce in the jar in the refrigerator. I put the heated sauce on the cooked vermicelli, and I added a thin layer of grated parmesan cheese. I ate it all with a glass of iced tea. I have lived here since 1962, but some people do not seem to realize the Scott family longevity in this area. However, two members of the Scott family had two of the first farms in the New Amsterdam colony in Manhattan, and also John Jay's mother was a Scott, and the Jay family inherited the Scott family properties in this area. However, the Jay homestead in Bedford, New York was sold by the family in the middle of the 20th century. Also my mother's Bovan family are descended from the same family that was once quite established in this area called Vanderbilt, since my mother's grandmother's maiden name was Vanvylabelt, which is the correct Dutch pronunciation of Vanderbilt which is anglicized. Also, in this area, the only established family that seems to command respect is the Rockefeller family, and since Colonel Tom Scott after the Civil War was president of the Pennsylvania railroad which prospered because they were able to barrow money from the Warburg family bank, which was able to barrow money from the Rothschild family bank, and the Rothschilds were able to barrow money from the Kaiser of Germany at a quarter of a percent interest. The Kaiser was of course able to raise and levy taxes. Tom Scott as president of the Pennsylvania railroad organized the Standard Oil Trust for John Davidson Rockefeller, and he gave John Davidson Rockefeller the monopoly on hauling oil out of the Midwest on the Pennsylvania Railroad, so John Davidson Rockefeller prospered. However, Tom Scott's telegraph operator was a young man named Andrew Carnegie, and Andrew Carnegie also prospered. However, Tom Scott went bankrupt about 1874, when there was a stock market turmoil, and neither John Davidson Rockefeller or Andrew Carnegie would help him out in the stock market. However, other members of the Scott family still prospered and the actor Randolph Scott was married to Pierre DuPont's only daughter Ruth DuPont Scott, and as the only child of Pierre DuPont, she inherited 25% of DuPont and 25% of General Motors. Thus I still have the Scott family name. Also Warren Buffet's original

partner in Omaha, Nebraska was Chester Scott. My father's name was Louis Dale Scott and both he and my grandfather Clarence Scott were both from Champaign, Illinois, and my father as a corporate employee of a Rockefeller family company moved the family here to Greenwich, Connecticut in 1962. However, I can not hope to get lucky and marry a Rockefeller, since I am also already related to the Rockefeller family branch here. My father's mother was Elizabeth Gard Scott, and her mother's maiden name was Sinia Miller Clarence SCOTT/Mary Elizabeth Lizzie GARD , and her mother's maiden was Emmaline Handy Davidson William W GARD/Sinia MILLER and Daniel W GARD/Emmaline Handy DAVIDSON , so I am already related to the John Davidson Rockefeller family. I have met a few other members of the Davidson family in my life, and I attended Lake Forest College www.lfc.edu with a member of the Davidson family from Minnesota. Thus although I am personally very near sighted and awkward around equipment such as motorcycles, there might be other Davidson family members whom participate in the family company Harley-Davidson | Country Selector . However having the engineering skills which seem to run in many of these families might not also be the same skills it takes to lead a motorcycle group of riders or what ever groups use the products made by these skilled engineering families. CIO

Note: <888> 12/15/04 Wednesday 2:40 A.M.: I went through my email. CIO

Note: <888> 12/15/04 Wednesday 2:00 A.M.: Before I went out after the last message, I put the two pairs of gloves and mittens from the side board in the bedroom along the back of the down sofa with the other winter clothing accessory items. I then went out, and I drove over to Exit 2 of I-95 East, and I drove over to Exit 5 in Riverside, and I returned back via I-95 West to Exit 4 in central Greenwich at Arch street. Thus driving about 60 miles per hour, I helped clean out my Volvo's spark plugs and emissions system from when I normally drive more slowly all the time. I then parked downtown in the usual location, and I walked upper Greenwich Avenue first. I stopped by CVS which is opened until midnight until Christmas, and I bought four more Danish Plumrose 16 ounce canned hams for \$1.99 each for \$7.96 total. I then finished my walk up Greenwich Avenue, and I walked back down Greenwich Avenue, and I used the ATM machine at the Greenwich Avenue branch of Putnam Trust Bank of New York. I then sat out at the north bench on the north side of the veterans monument, and I had a cigarette. I noticed something hard in the dirt, and I pried it out of the dirt. It was about a 1.75 inch long and 3/8th inch diameter brass rifle cartridge casing with a crimped head. I took it over to the desk at the Greenwich Police department about 200 feet away, and I gave it to them. They said it was a blank probably left over from the Pearl Harbor Day ceremony at the Veterans Monument. I could not tell whether it had been fired or not, but the tip was still crimped. Starbucks cleaning crew arrived at midnight. I then walked lower Greenwich Avenue. I next drove down by the waterfront. I then went by the Food Emporium, and although their staff is there, they were closed for a break, and I am not sure whether they are there or not. I then went by the Cumberland Farms store on the Port Chester, New York and the Greenwich, Connecticut border, and I bought a dozen large white eggs for \$1.99. I then returned home, and I drank some iced tea. CIO

Note: <888> 12/14/04 Tuesday 10:05 P.M.: I put a new Polaroid 40 watt light bulb in the Parsons lamp on the left side of the far living room wall beneath the picture of Abraham Lincoln. Since I was born in Illinois and attended college in Illinois at Lake Forest College www.lfc.edu which is a lot colder than this area, I call my apartment the Lincoln coffee company, and I have ample supplies to serve coffee. I put my two knit caps with pairs of gloves and four scarves on the side of the near side down sofa, so they are easily available for use. I also have my polar bear hat on the hat rack behind the apartment door. There are other baseball type hats on the inside of the bedroom door hanging above the entrance, and I also have a pair of heavy snow mittens and a pair of heavy leather gloves on the right side of the bedroom sideboard sitting on top of the spare cable modems. I also moved the Radio Shack NOAA weather alert radio from the shelf rack to the right of the bedroom television to center left of the bedroom sideboard. I have it set to give out weather alerts. I have lots of winter clothing, so I am prepared to go outside after I shower and clean up. I put three teaspoons of olive oil and three pads of margarine in my 10 inch omelet pan, and I heated it over medium high electric heat, and once the fat began to bubble, I lowered it to a little lower than medium. I had already broken three eggs in a metal bowl, and I added a couple of tablespoons of milk, and I mixed it altogether with a whisk. I added the egg mixture to the omelet pan, and I let it heat until it was solid enough to flip over. I then flipped it over with a spatula. I then let it heat a little more until that side was cooked a little bit and it was puffy. I then slid it on to a microwave proof plate, and I added a quarter of a pound of quarter inch thick sliced Danish plumrose ham and ten 3/32nds inch thick by 1.25 inch by 1.25 inch slices of Stop and Shop Vermont extra sharp cheddar cheese evenly spread over the open faced omelet, and I seasoned it with Italian seasoning, and I put it all in the microwave oven with a microwave cover, and I heated it on reheat for half of the normal cycle to melt the cheese and warm the ham. I then put the microwave proof plate with the open face omelet on another plate, and I sprinkled it with grated parmesan cheese. I also added two slices of toast with two slices each of margarine, and I cut the toast in half. I ate it all with a glass of iced tea. I will now get ready to go out. I will leave the computer turned on, but I will turn off the monitors. CIO

Note: <888> 12/14/04 Tuesday 9:00 P.M.: My neighbor across the hall reported that she had squirrels climbing around inside her walls this afternoon. A relative told me the Greenwich Housing Authority should fix the problem with a critter catcher baited with sardines, since squirrels could chew on the electrical cables and cause a fire. I think the squirrels get into the apartment walls and ceiling at the southeast corner of the building since there are old rotten eaves around the gutters where they can get into the building. CIO

Note: <888> 12/14/04 Tuesday 8:50 P.M.: I watched television this morning until 9 A.M.. I went to bed. I had a telephone call from Danbury Hyundai, and the jacket I ordered with the \$120 rebate arrived, and they are sending it down to me. I heard on the news that people in China only earn a dime an hour. I ate breakfast of oatmeal with a sliced banana, toast with grape jelly, orange juice, vitamins, supplements, and coffee. I picked up the mail downstairs, and my Social Security SSI disability payments are being raised this upcoming year from \$564 a month to \$579 a month, or a \$15 a month increase

starting this January 2005. I went back to bed until 7:30 P.M.. I chatted with two different relatives. It is currently 27 degrees Fahrenheit, and it is suppose to go down to about 20 degrees Fahrenheit this evening [Weather Underground: Greenwich, Connecticut Forecast](#) . CIO

Note: <888> 12/14/04 Tuesday 6:15 A.M.: [Yahoo! News - Ten Percent of Bird Species to Disappear - U.S. Study](#) . [BBC NEWS | Europe | France shows off tallest bridge](#) . [BBC NEWS | UK | Elderly prisoners 'face neglect'](#) . [Swedish business ranks first in technology use](#) . I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 12/14/04 Tuesday 5:35 A.M.: I bought five of the Banquet 7 ounce chicken pot pies yesterday. They come in an aluminum tin pie pan instead of a microwave paper type pie pan, so one can not cook them as is in the microwave. However, they have crust on all sides, so I took my five inch wide by 1.75 inch high microwave proof plastic pan, and I put the Banquet chicken pot pie in it taking it out of the aluminum pie pan, and I then slid the plastic microwave proof pan into the Stouffer's chicken pot pie browning box, which has a browning type paper on the top side, and I microwaved it on high for four minutes, and it came out like a stuffed pie pastry with the chicken pot pie ingredients on the inside. I ate it with a glass of iced tea. One is not suppose to put aluminum or metal in a microwave oven. I bought my plastic Microwave cookset at Walmart www.walmart.com about four years ago for \$10, but they do not show any, but a similar set is available here [Wholesale - 18pc Microwave Cookware set KTMW18](#) or [Wholesale Kitchenware - KTMW18 - 18pc Microwaveable Cookware Set or 12 Pc. Cookware Set by NordicWare](#) . CIO

Note: <888> 12/14/04 Tuesday 3:45 A.M.: I went through my email. CIO

Note: <888> 12/14/04 Tuesday 3:15 A.M.: Of course it is the nature of areas in upstate New York such as Irvington and Tarrytown, New York since they are on the east side of the Hudson River, and they are exposed to winds out of the northwest during the winter as they come down the Hudson Valley, they tend to be a little bit colder over there. I am not sure if there is any warming effect off the Hudson River, when one is near it or not, such as we get near Long Island Sound. I suppose the cadets at the www.usma.edu are a little better protected from the elements, since they are on the west side of the river, but they are on a high bluff. However, as I recall they wear woolen military uniforms, which would tend to be warmer, but they would be expensive to clean. However, it is the nature of military personnel, they can shop at the PX at the post, and they save a little bit of money that way. Of course they have to be awake at 4:30 A.M., and they do not go to bed until about 10 P.M., so they put in a very long day, which individuals like myself are not really use to. However, when I was younger, I would frequently stay awake all the time while traveling, and I would take cat naps. Of course sooner or later one burns out. CIO

Note: <888> 12/14/04 Tuesday 2:40 A.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I used all of the regular ingredients, but I used a quarter of a pound or a fourth of a can of the Danish plumrose ham that I chopped into

quarter inch by half inch by various length strips instead of using tuna fish. For the cheddar cheese portion, I used Norwegian Jarlsberg cheese and Stop and Shop Vermont extra sharp cheddar cheese. I ate the salad with a glass of iced tea. I was thinking to save money, I could save my orange cleaner spray bottles which cost about \$2 each for a quart of orange cleaner in a spray bottle at CVS, and I could reuse them with Master Choice white vinegar that costs \$1.89 a gallon at the Food Emporium or \$2.49 a gallon for Stop and Shop white vinegar. There are plenty of uses for inexpensive white vinegar [The Vinegar Page](#) and [More Baking Soda and Vinegar Uses](#) and [Frugal Living](#) . Of course one has to be able to afford to buy the vinegar and transport it back to one's home. Needless to say, I am doing just fine, since I am use to living on a frugal budget. I still think since I only watch the television when I have breakfast that I could save \$54 a month on the Cablevision television bill, if I did not subscribe to it. However, usually when I discontinue Cablevision, something happens that I am interested in watching. However for a great many years I did not have cable television while I lived here, and I would sit in my old big comfortable leather reading chair underneath the brass pedestal lamp with Victorian lamp shade that I gave to a friend in Irvington, New York whom did not have a heating problem since he lived above a bakery, and I would read the Economist www.economist.com magazine which does a very good job on reporting on world events, but they are frequently a couple of weeks out of date, but they are very perceptive and insightful, and it is extremely well written. However, since I do not have the time to read it fully front page to back anymore since I have been on personal computers for 14 years, I guess I have missed out on their content. I also gave the friend from Minnesota in Irvington, New York the complete collection of Washington Irving's writings which I recall were about 24 volumes, since I had bought them at a church sale at the Episcopal Church in Tarrytown, New York for a few dollars. CIO

Note: <888> 12/14/04 Tuesday 12:45 A.M.: I was up at 4:30 P.M. this afternoon. I checked my mail downstairs. I ate breakfast of oatmeal with a sliced banana, two slices of toast with both strawberry and grape jam, orange juice, vitamins, supplements, and coffee. I make my oatmeal by putting a half of a cup of Old Fashioned oatmeal in a large microwave proof bowl, and I added a cup of water. In my General Electric microwave oven with 1100 watts, I microwave it with a microwave lid on the bowl for one minute and 40 seconds. I then put cinnamon and milk in the oatmeal and mix it, and I add a sliced banana. I next showered and cleaned up. I chatted with a couple of neighbors. I went by the Greenwich Library, and I read the Greenwich Time and P.C. Magazine. I then went downtown, and I used the bathroom at the senior and the arts center, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I stopped CVS on Greenwich Avenue which is opened until midnight until Christmas, and I bought two Progresso New England clam chowders for \$3 both, a 40 bag box of Lipton green tea for \$2.99, a two 16 ounce bottle set of European Mystique conditioner and shampoo for \$1.79 both, and a 10 ounce can of CVS smoked almonds for \$2.50 plus .11 tax for \$10.39 total. CVS and Walgreens in Old Greenwich are both opened 24 hours a day. I completed my walk, and I sat out for a while. I next drove down by the waterfront. I then went by the Food Emporium, and I bought on sale two 39 ounce bags of Eight O'clock decaffeinated 100% Arabica coffee beans for \$6.99 each, and a 36 ounce bag of Eight O'clock 100% Arabica Columbian coffee beans for \$5.99,

and a 36 ounce bag of Eight O'clock 100% Arabica Hazelnut coffee beans for \$5.99, and two boxes of 100 bags each of America's Choice orange pekoe tea bags for \$2.19 each box, and two 10 ounce bars of Kraft www.kraft.com Cracker Barrel white extra sharps cheddar cheese for \$2 each bar for \$34.34 total. Eight O'clock coffee <http://www.eightoclock.com/> is owned by Coca Cola www.coke.com . I then returned home, and I put away my purchases. I am currently a little low on funds, but I am stocked up on plenty of food and other necessities. CIO

Note: <888> 12/13/04 Monday 7:35 A.M.: I went out after the last message. I went by the ATM machine at Putnam Trust Bank of New York on Mason Street. I then drove by the waterfront. I then went by Walgreen's in Old Greenwich. I wanted to buy an Atomic clock with outdoor weather thermometer for \$5 off for \$15, but they were out of them. They do have a complete weather station with more features for \$35. I did buy a Nikai/Osaka made in China Super Touch Panel Caller ID Phone MT-1019 with super touch panel, Caller ID, Hold with music, 12 digit calculator regularly \$39.99 on sale for \$9.99 plus .60 tax for \$10.59 total. I then returned to downtown Greenwich, and I sat out briefly. I next returned home. I tested the new telephone with the Plantronics headset, but it does not work with it. I put it on the small tea table at the apartment entrance where the large General Electric big button telephone was. I programmed some of its functions, but I still has to be programmed for some of the other functions. I also put two AA alkaline batteries in it. I put the General Electric big button telephone on the side board in the bedroom, and I moved the Revere bowl with lid to on top of the Dictaphone on the left side of the bed. I just finished chatting with a friend on the new telephone, and it works just fine. I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 12/13/04 Monday 3:10 A.M.: I am going back out for a drive and a bit of time downtown. CIO

Note: <888> 12/13/04 Monday 2:45 A.M.: Obviously the price of gasoline in Greenwich, Connecticut is higher because of higher Connecticut gasoline tax and higher local property values and the cost of doing business. This page will show you some random gasoline prices worldwide [Selected World Gasoline Prices](#) and [Weekly Retail PrPremium Motor Gasoline Prices \(Including Taxes\)](#). Currently premium gasoline in the Netherlands is \$6.16 a gallon, so now you know why the Dutch ride bicycles. Alas, there is so much automobile traffic in this area, that it is not too safe for individuals to ride bicycles, but quite a few younger people and even some older people still walk, and we have a modest level of public transportation, but unfortunately after about 9 P.M. on its limited routes, it does not run except for the trains until a little after midnight. CIO

Note: <888> 12/13/04 Monday 12:55 A.M.: As I said in my notes last night, one should not believe everything one reads, such as [Federal analysts forecast oil prices will remain around \\$30 a barrel - 12/12/04](#) . It is my personal viewpoint that with oil currently at \$50 or more a barrel that with a colder winter and increased demand and more scarcity that oil could go to over a \$100 a barrel. Thus at the higher price of oil alternative energy sources such as coal degasification would be much more profitable, and I suppose people

would start looking into nuclear energy again. I remember in France about 13 years ago, I was paying over \$8 a gallon for gasoline, but that was mostly due to French taxes. CIO

Note: <888> 12/13/04 Monday 12:25 A.M.: I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I used all of the regular ingredients, but I used a half of a pound or half a can of the Danish plumrose ham that I chopped into quarter inch by half inch by various length strips instead of using tuna fish. For the cheddar cheese portion, I used Norwegian Jarlsberg cheese. I ate the salad with a glass of iced tea. I commented to a customer at the Stop and Shop tonight from Florida whom was buying imported white vinegar that conceivably, one could make an imitation of balsamic vinegar by using about one part Lea and Perrins Worcestershire sauce and seven parts regular white vinegar, but I have not tried it. I think balsamic vinegar is made from red wine that is fermented and aged in wooden casks. Of course the quality of the wine would also effect the quality of the vinegar. Also traditionally in the old days, the northern people did not have access to Vitamin C tablets or orange juice, but they did have apples which they made into apple juice and then into apple vinegar, or grapes which they made into vinegar, so they would take a teaspoon of vinegar with a glass of water to get their vitamin C supply particularly during the winter when food was not fresh. I suppose if one could not afford orange juice or vitamin C tables, one could do the same. Vitamin C is Acetic Acid and also happens in a different dilution formula also happen to be the same as used when developing photography prints when transferring from the Developer solution in to the Acetic Acid mixture to stop development and then into the fixer to fix the print and then to the wetting solution to remove spots. CIO

Note: <888> 12/12/04 Sunday 10:45 P.M.: I was up at 4 P.M. this afternoon. I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I cleaned up, and I went out. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I stopped by the ATM machine at the Greenwich Avenue branch of Putnam Trust Bank of New York. I went by CVS, and I bought two 16 ounce tins of Danish Absolutely divine low cholesterol butter cookies for \$2.99 both. I then finished my walk up Greenwich Avenue. I then went back by CVS, and I bought three 16 ounce Plumrose premium Danish hams for \$1.99 each for \$5.97 total. I then returned to the center of town, and I used the bathroom at Starbucks. I next walked lower Greenwich Avenue and the train station area again. At either end of Railroad Avenue between Arch street and Greenwich Avenue, they have the police blocking the road because of road repaving at Railroad Avenue and Arch Street. I guess it is part of the new bridge project that is basically almost complete, so the intersection going underneath the railroad is wider by one or two lanes along with the new railroad platforms and stairs. Of course they are still working on the railroad pedestrian overpass, so one has to walk around to get from one side to the other. The train station is now opened on Sunday, but it closes about 8 P.M.. I studied the Miller Motor Cars <http://www.millermotorcars.com/> dealership across the train station, and they have the usual display of Rolls Royces, Bentleys, and Ferraris. However, most of them are convertibles, so I guess they are catering to the warmer weather crowd. I then completed my walk. I next drove down by the waterfront. I then went by the ATM machine at Putnam Trust Bank of New York on Mason Street. I then

went by the Stop and Shop, and I bought five Banquet 7 ounce chicken pot pies for \$3 all, a four pack of six ounce cans of Chicken of the Sea solid white albacore tuna fish for \$3.99 all, a quart of plum tomatoes for \$3.99, a bunch of broccoli for .99 a pound for \$1.07, a 17 ounce bottle of Colavita Italian balsamic vinegar for \$2.99 for \$15.04 total. I then returned home. I drank some iced tea. I chatted with a relative. CIO

Note: <888> 12/12/04 Sunday 5:10 A.M.: Prince Charles' and Williams' and Harry's Christmas Card [BBC NEWS | UK | Relaxed princes on Charles's card](#) . I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 12/12/04 Sunday 4:15 A.M.: Better keep your long underwear www.geocities.com/mikelscott/lj.htm handy, cold weather is coming in Monday night for the rest of the week [Weather Underground: Greenwich, Connecticut Forecast](#) with lows around 20 degrees Fahrenheit. Of course for arthritis sufferers that can be good news, because usually when it is colder it is also drier. Of course one also has to pay more for energy which is suppose to go down [Federal analysts forecast oil prices will remain around \\$30 a barrel - 12/12/04](#) . CIO

Note: <888> 12/12/04 Sunday 4:00 A.M.: [The Observer UK News UK prepares for flu pandemic](#) . CIO

Note: <888> 12/12/04 Sunday 3:50 A.M.: Another one of those stories that the U.S. media can not afford to cover [The Observer International Berlusconi's top ally jailed for Mafia link](#) . CIO

Note: <888> 12/12/04 Sunday 3:25 A.M.: [ABC News: Bush Is 'Fit for Duty' After Physical](#) . CIO

Note: <888> 12/12/04 Sunday 3:15 A.M.: Well, look on the brighter side, it is cheaper for Europeans to travel here to visit us, so we do not have to go through all the effort to go over there to visit [The Observer Business William Keegan: America's biggest export is anarchy](#) . CIO

Note: <888> 12/12/04 Sunday 3:05 A.M.: I still have my older Braun espresso cappuccino machine working, but the newer one broke sometime in the past. I once had it repaired, and it was about a \$160 machine that I bought at the summer Greenwich sidewalk sales for \$40. I still have it, and I have thought about trying to fix it, but I do not have a triple blade Phillips type driver bit to open it up. I have it stored in my bedroom closet. I could take it to be repaired at the appliance repair shop on High Ridge Road in Stamford, Connecticut, but it might cost more to repair than I am willing to pay. I still have the new Braun coffee machine that I have not yet used. One has to run water through it once to activate the water filter, which I have not done yet. CIO

Note: <888> 12/12/04 Sunday 2:20 A.M.: I went through my email. CIO

Note: <888> 12/12/04 Sunday 2:00 A.M.: I ate a 6.65 ounce Celeste frozen deluxe pizza with some iced tea. I am just doing some regular computer work. CIO

Note: <888> 12/11/04 Saturday 11:55 P.M.: I added more recent photos of myself from this past September 2004 while up in Kennebunkport, Maine to <http://www.geocities.com/mikelscott/resumee.htm> and <http://www.geocities.com/mikelscott/xmas2004.htm> . CIO

Note: <888> 12/11/04 Saturday 11:35 P.M.: I ate a bowl of corn chips, two black licorice twists, and a two 4 inch by 1 inch by 1/4 inch pieces of Norwegian Jarlsberg cheese with some iced tea. CIO

Note: <888> 12/11/04 Saturday 9:15 P.M.: I went outside, and I put the black cotton comforter in the center of the back seat in my 1995 Volvo 850 Turbo station wagon. I also put a signed copy of my Christmas letter on the laundry room bulletin board. CIO

Note: <888> 12/11/04 Saturday 8:20 P.M.: I added various tire companies to [Michael Louis Scott's Online Shopping List](#) . CIO

Note: <888> 12/11/04 Saturday 7:45 P.M.: I chatted with my neighbor downstairs after the last message. My neighbors watches a lot of television unlike me. I told the neighbor that I had not followed the Peterson murder trial, and from what I know anyone could be set up with enough time and money and coconspirators. I do recall one news story that possibly members of the occult in California were involved in the murder which is a whole different kettle of fish. Since I was once advised by my grandfather Scott to believe nothing that I hear and half of what I see, it sometimes is hard to figure out what other people's reality is based on how much television they seem to watch and from where. Basically television comes into this area via Cablevision from Norwalk, Connecticut which comes out of Westbury, Long Island, so since much of what is on television seems to be California programming, it would seem to be there are a lot of people from California out on Long Island, which is par for the course since California people tend to gravitate towards the beach. Most of the Europeans and foreigners I know in this area prefer www.directtv.com which provides most of the entertainment programming they are use to. However, in this building that I live in which is administered by Greenwich Public Housing Authority, we are not allowed to have satellite television dishes, so we are limited to the Cable Television marketing concepts of media. Obviously they could install a central DirectTV antenna system, but that would probably cost more money, and more than likely Cablevision seems to be the preferred method of television viewing that the public housing residents whom can afford it prefer to watch. Whatever, the case since I was raised in an environment where I read most of the time, I use the Cable Television news as a handy reference to see what the general public is focused on. Since I have cable modem internet access in my apartment, I also look at a lot of other news that the cable news market does not cover. Since very few of the residents in my building use the Greenwich Library, I am not sure how well versed they are on the overall large amount of media available in the world today. If one simply looked at [World News - WN Network](#) , there is obviously a lot of news in the world

today that is not covered by the simpler cable news networks and other local media in this area. In the old days, the motto of the New York Times was "All the News that is Fit to Print", but today most news organizations' motto is "All the News that they can afford to cover". A great many of our local senior citizens still depend on the local radio station 1490 AM, but its content has changed in the last few years, since it is now providing more canned network programming by their new owners. After I chatted with my neighbor, I went to bed, and I was up at 11 A.M., when I picked up the package outside my door from <http://www.smokemcheapcigarettes.com/> that I ordered that contained 10 cartons of Seneca Ultra Lights 100s in the box. This should be enough to take me through January 2005, hopefully by which time I will be able to quit smoking cigarettes. I went back to bed, and I was up at 4 P.M.. I went outside, and I checked my mail, and I threw out some garbage. I chatted with a relative. I ran a cup of white vinegar through my Krups espresso coffee machine that I use for breakfast coffee, and then I ran a cup of water through it. Thus it now should be decalcified, and the coffee with breakfast tasted better. I ate breakfast of oatmeal with a sliced banana, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I put a new 100 watt light bulb in the central living room lamp with the Victorian lamp shade on the center window shelf. I received this email from www.geico.com.

GEICO General Insurance Company

Dear MICHAEL SCOTT,

Although the winter's most severe weather may still be a few weeks away, it is never too early to begin taking a few extra precautions to ensure your vehicle will make it through the upcoming winter months.

GEICO would like to offer the following precautionary tips to keep your vehicle running smoothly:

- Have your battery serviced.
- Check all lights and windshield wipers to make sure they are in proper working order. Change them if necessary.
- Examine your tires to ensure maximum performance.
- Have your vehicle cleaned and waxed to protect against the elements.
- Keep supplies handy such as a first aid kit, flashlights, tool kit, spare tire, blankets, water, shovels, jumper cables and flares.

Remember, winter weather puts extra demand on your vehicle's operating system that can potentially be harmful to the overall health of your car. Following these simple steps will go a long way towards ensuring the safety of your vehicle over the next few months.

For customer service, questions or feedback, please contact our [customer service department](#).

If you do not wish to receive future e-mails of this type, please reply to this message and type "remove" in the subject line. We will remove your name from our mailing list.

Mailing address: One GEICO Plaza, Washington, D.C. 20076

End of message from GEICO. I decided I have done most of their recommendations, but I do not like keeping flares in my car. I also do not have a first aid kit in the car. Water in the car would freeze around here. However, I decided to take the black cotton comforter off the back of the Scott family living room sofa in my apartment, and I will put it in the back seat of my Volvo to have available for warmth and comfort should the need arise. However, I do not driver far most of the time, but all of us in this area know that the weather in this area sooner of later will get a lot colder and more frigid, so one should be prepared. I keep my snow shovel which is actually a coal shovel in the left living room closet. I do not have all season mud and snow radial tires on the Volvo, but I have high speed highway tires which only have 3/32nds of an inch tread left on them. However, for local driving in this area during the winter, since I am near U.S. 1 about 100 feet away that should be fine. However, for highway or back country driving in lots of snow or slush or ice, I might have a problem. However, I tend to only drive in the winter once the roads are cleared. CIO

Note: <888> 12/11/04 Saturday 9:05 A.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 12/11/04 Saturday 9:00 A.M.: I put the updates into [Download Scott's Internet Directory "scott008.zip" 2.28 megs and open "scotlist.htm" in web browser 12/11/04](#) . CIO

Note: <888> 12/11/04 Saturday 8:35 A.M.: I updated [Michael Louis Scott's Online Shopping List](#) . CIO

End of Scott's Notes week of 12/11/04:

Note: <888> 12/11/04 Saturday 6:20 A.M.: I put the tea in the refrigerator to become iced tea. I will now send out my weekly notes. CIO

Note: <888> 12/11/04 Saturday 5:35 A.M.: A full size silk damask quilted bedspread like I gave to the Greenwich Hospital Thrift Shop cost over \$100 about 30 years ago, but not available today, at least on the internet. However, it was given to me about 16 years ago by a friend. It was also a bit dirty, since it was displayed and used when I smoked in my apartment before I started smoking at the kitchen fan like I have for the last couple of years. I think it was silk, and it was sort of a lime moss green satin finish. However, I told a Greenwich Hospital thrift shop employee whom is a neighbor that I was giving it to them, and since the person that gave it to me was also a former Greenwich Hospital thrift shop employee, more than likely more than a few people around the Greenwich Hospital thrift shop over the years have seen it. I actually was in such a rush to clear out the false ceiling above my bed that I did not take much notice as to what was in the bags that I

gave them other than what I could remember. Anyway, I could not afford to have it cleaned properly anyway. It would have looked nice draped along the back of the old Scott family sofa, since the moss green corduroy www.surefit.com cover on it is about the same color. However, I have a black and another white and light striped cotton comforter along the back of the Scott family sofa along with the blue and grey afghan. The two cotton comforters came from the dumpster at the ELDC thrift shop, which is now out of business. CIO

Note: <888> 12/11/04 Saturday 4:15 A.M.: I am in the process of making another batch of tea for iced tea www.geocities.com/mikelscott/icetea.htm . I also just made and ate my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I used a tin of sardines that I chopped. For the cheddar cheese portion, I used Norwegian Jarlsberg cheese. I used all of the other regular ingredients. I ate the salad with a glass of iced tea. CIO

Note: <888> 12/11/04 Saturday 2:15 A.M.: I went out after the last message. I went by the ATM machine at Putnam Trust Bank of New York. I then went by the Exxon gasoline station next to the Greenwich Library, and I bought \$8.25 of premium unleaded gasoline at \$2.459 a gallon for 13.5 miles per gallon usage averaging driving 11 miles per hour around town. I then went by the Stop and Shop, and I bought a 4 ounce container of Elmer's washable school glue for \$1.39, two Stop and Shop blue toilet bowl cleaner tablets for .99 each, a gallon of Stop and Shop white vinegar for \$2.59, and 10 ounces of fresh spinach for \$1.99 for \$8.15 total. I then went by the Food Emporium, and I bought a 4 ounce container of Sicilia lime juice for .99, two half gallons of Tropicana 50% less calories and enriched vitamin C orange juice with calcium for \$2.50 each, a gallon of Master Choice white vinegar for \$1.85, and a 39 ounce bag of O'clock 100% Arabica decaffeinated coffee beans for \$11.99 for \$19.83 total. I then went downtown, and I chatted with another citizen. I then next walked the entire length of Greenwich Avenue including the train station area, and I sat out at various locations. I next drove down by the waterfront. I then returned home. I used the wire cart that I keep in my apartment to bring up my purchases. I drank some iced tea. I used the Elmer's glue Elmers.com - [School Glues, Art Supplies, and other adhesives for every use.](#) to glue the handle on the lower drawer of the long mahogany bureau in the living room. I put the Elmer's glue on the floor on the hallway sweater closet. I secured the glued drawer handle with scotch tape until it dries. CIO

Note: <888> 12/10/04 Friday 8:55 P.M.: I am microwaving a Celeste Deluxe 6.65 ounce frozen pizza which I will eat with iced tea. I will now shut down the computer, and after the pizza, I will shower and clean up and go out. CIO

Note: <888> 12/10/04 Friday 8:30 P.M.: I finished the house cleaning and watering the plants. I also put in a new bag in the Sears www.sears.com Kenmore upright vacuum cleaner. I threw out the garbage. CIO

Note: <888> 12/10/04 Friday 5:30 P.M.: I ate a bowl of ACT II microwave popcorn with iced tea. I had a telephone call from a friend about 6:30 A.M.. I had another

telephone call from a relative about 11 A.M.. One of my relative's two poodles was hit by a car, so my relative is in the process of taking it to medical treatment. I received my package from www.sierratradingpost.com . It contained two pairs of Martin Gordon Reverse Pleat Corduroy trousers for men waist 40 inches inseam 30 inches in Taupe color for \$19.95 a pair [Martin Gordon Reverse Pleat Corduroy Trousers \(for Men\)](#) , a pair of Jacob Ash Sheepskin Leather gloves for men in large size in tan and black for \$9.95 [Jacob Ash Sheepskin Leather Gloves \(for Men\)](#) , a pair of Wickers Expedition Weight Comfortrel Wicking Underwear Bottoms for tall men in medium blue color extra large size for \$16.95 [Wickers Expedition Weight Comfortrel® Wicking Underwear Bottoms \(for Tall Men\)](#) , and three pairs of Fox River Wool Ragg Cabin Socks for men or women in medium size in khaki heather color for \$3.95 a pair [Fox River Wool Ragg Cabin Socks \(For Men and Women\)](#) for \$78.65 total plus \$10.50 www.dhl.com and United States Postal System www.usps.gov delivery in ten days for \$89.15 total. It is an expensive order, but it was over a \$167.05 in savings. I unpacked the items, and they all fit just fine. When opening my lower mahogany bureau drawer part of the drawer puller rail broke off, so I will have to glue it when I get some Elmer's glue. I picked up my mail downstairs. I ate breakfast of oatmeal with a sliced banana, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went back to bed until 4:30 P.M.. I will now do my house cleaning and watering the plants. It is suppose to be cold and rainy outside [Weather Underground: Greenwich, Connecticut Forecast](#) , and with my arthritis, I can feel the dampness. CIO

Note: <888> 12/09/04 Thursday 11:40 P.M.: I watched a bit of television. It generally seems a bit too violent for my tastes, but I guess that is what the general public prefers, since if it did not get the ratings from the viewers, the cable company would not provide that content. I will now shut down the computer, and I will go to bed soon. I ate two black licorice twists. CIO

Note: <888> 12/09/04 Thursday 10:20 P.M.: I chatted with a relative. I went through my email. CIO

Note: <888> 12/09/04 Thursday 8:40 P.M.: My order from www.sierratradingpost.com arrived via DHL www.airborne.com at the local United States Post Office www.usps.gov at 3:38 P.M. this afternoon, so it will probably be delivered tomorrow. CIO

Note: <888> 12/09/04 Thursday 8:30 P.M.: I reheated the vermicelli and tomato sauce from yesterday, and I ate it with a thin layer of grated parmesan cheese and a glass of iced tea. I can not afford to drive over to Glenville Road, but there use to be a family over there that sold Christmas trees and wreaths at Christmas time. Unless they changed their religion, they probably are still trying to earn a little money at Christmas time to help make ends meet. CIO

Note: <888> 12/09/04 Thursday 7:50 P.M.: Last night before going to bed, I ate 75% of a 10 ounce can of CVS lightly salted cashews. I just ate the remaining cashews. I put away the laundry. CIO

Note: <888> 12/09/04 Thursday 6:50 P.M.: I was up at 11:30 P.M. today. I ate breakfast of oatmeal with a sliced banana, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I chatted with a relative. I picked up my mail downstairs. I showered, and I cleaned up. I went out at 2:15 P.M. for my 3 P.M. appointment. I then went by the Greenwich Hospital Thrift shop. I next went downtown, and I stopped by CVS, and I picked up a prescription. I also bought a 7 ounce bag of black licorice twists for \$1.19 plus .07 tax for \$1.26 total. Because of the cold rainy weather, I did not walk today. I next drove down by the waterfront. I then went by the Greenwich Library, but the Greenwich Time was not available. I then returned home. I started two loads of laundry, and I have 35 minutes to go on the dry cycle. I also put clean linens on the bed in the bedroom. CIO

Note: <888> 12/09/04 Thursday 3:30 A.M.: I ran Ad-aware SE and Norton WinDoctor 2003. I will now shut down the computer, and I will go to bed soon. I will eat some cashew nuts and ice tea before going to bed. CIO

Note: <888> 12/09/04 Thursday 2:55 A.M.: I went outside briefly. CIO

Note: <888> 12/09/04 Thursday 2:35 A.M.: I updated [Download Scott's Internet Directory "scott008.zip" 2.28 megs and open "scotlist.htm" in web browser 12/09/04](#) . CIO

Note: <888> 12/09/04 Thursday 1:00 A.M.: I found this link [Forbes.com: Holidays 2004: Shopping Sites Not To Be Missed](#) , and I have started incorporating it into my list [Michael Louis Scott's Online Shopping List](#) . I also received a crank fax call around midnight. CIO

Note: <888> 12/08/04 Wednesday 10:00 P.M.: My [www.sierratradingpost.com](#) order was processed at the Wilmington, Ohio DHL [www.airborne.com](#) facility at 7:26 A.M. this morning their time. CIO

Note: <888> 12/08/04 Wednesday 9:50 P.M.: I was up at 8:30 A.M. this morning. I ate breakfast of oatmeal with a sliced banana, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I chatted with a relative about 10 A.M.. I went back to bed, and I was up at 1 P.M.. I took out all the items from the false ceiling above the bed in the bedroom except the three blue and white low level folding beach chairs. I threw out the Northgate computer box and the Minolta laser printer box, two old pillows and some shipping foam peanuts. I loaded into my Volvo which I parked by the side door seven humidifiers, a 3M binding kit, and in white plastic bags a dozen throw pillows, a green damask comforter, a new single bed mattress pad, and used linens for a single bed. I then showered and cleaned up. I then dropped off at the Greenwich Hospital thrift shop the items that I had packed into the Volvo. I then toured the Greenwich Hospital Thrift shop, and they have lots of items. I next went downtown, and I walked the entire length of Greenwich Avenue including the train station area. I stopped by CVS. I chatted with another citizen. I used the bathroom at the senior and the arts center. I then drove down by the waterfront. I then went by the Greenwich Library.

I next went by the Stop and Shop, and I bought two 8 ounce bars of Cabot Cheese - award winning Vermont cheddar Vermont Hunter's Seriously sharp Vermont cheddar cheese for \$2 each, a 18.8 ounce dented can of Campbell's split pea and ham soup for .49, 16 ounce bag of baby carrots for \$1.99, and a 10 ounce box of fresh mushrooms for \$1.99 for \$8.47 total. I then returned home. I next made up a fresh batch of homemade hummus www.geocities.com/mikelscott/hummus.htm . I used a whole medium bulb of garlic in it. I made and ate my usual salad www.geocities.com/mikelscott/salad.htm . I used all of the regular ingredients, but for the cheddar cheese portion, I used Norwegian Jarlsberg cheese. I ate the salad with a glass of iced tea. I chatted with a relative. I was told by the other citizen downtown that a electrical transformer had blown up at the Stamford Town Center shopping mall, and it will be closed for a few days for repairs The Advocate - Anchors open for business but officials are unsure when other stores will reopen . It might explain why Greenwich Avenue was busier than usual. CIO

Note: <888> 12/07/04 Tuesday 9:00 P.M.: I will now shut down the computer, and I will go to bed soon. Maybe I will watch a little bit more television. CIO

Note: <888> 12/07/04 Tuesday 8:55 P.M.: I watched a bit of television, but nothing caught my attention. CIO

Note: <888> 12/07/04 Tuesday 8:10 P.M.: I put three teaspoons of olive oil and three pads of margarine in my 10 inch omelet pan, and I heated it over medium high electric heat, and once the fat began to bubble, I lowered it to a little lower than medium. I had already broken three eggs in a metal bowl, and I added a couple of tablespoons of milk, and I mixed it altogether with a whisk. I added the egg mixture to the omelet pan, and I let it heat until it was solid enough to flip over. I then flipped it over with a spatula. I then let it heat a little more until that side was cooked a little bit and it was puffy. I then slid it on to a microwave proof plate, and I added one sliced vine ripen tomato sliced into 1/8 inch thick slices and 3 triangle shaped slices of Norwegian Jarlsberg cheese five inches high and three inches at the base by 1/16th inch thick, and seasoned it with Italian seasoning, and I put it all in the microwave oven with a microwave cover, and I heated it on reheat for half of the normal cycle to melt the cheese and warm the tomatoes. I then put the microwave proof plate with the open face omelet on another plate, and I sprinkled it with grated parmesan cheese. I also added two slices of toast with two slices each of margarine, and I cut the toast in half. I ate it all with a glass of iced tea. CIO

Note: <888> 12/07/04 Tuesday 7:05 P.M.: TEXT - Conference Report to Accompany S. 2845 - Intelligence Reform and Terrorism Prevention Act of 2004 and Yahoo! News - House Set to Approve Intelligence Bill . CIO

Note: <888> 12/07/04 Tuesday 7:00 P.M.: I made two backup copies of six CDs containing 1 CD of My Documents data files, two CDs of program files and three CDs of music files. I put one set in the CD rack to the right of the primary computer chair, and the other copy in the Fire Sentry security box at the apartment entrance in the lower shelf of the wire wall rack. CIO

Note: <888> 12/07/04 Tuesday 4:15 P.M.: I went through my email. CIO

Note: <888> 12/07/04 Tuesday 4:05 P.M.: <http://www.nessiebook.com/> . CIO

Note: <888> 12/07/04 Tuesday 3:50 P.M.: I put 3.5 quarts of water in a 5 quart Revere pot, and I brought it to a boil with the lid on over high electric burner heat. I also put in a teaspoon olive oil and a couple of dashes of salt. I then boiled with the lid off a 16 ounce box of Stop and Shop vermicelli for six minutes. While doing this, I put half of a 26 ounce jar of Barilla green and black olive tomato sauce in a plastic microwave proof pot with lid, and I heated it on reheat. I drained the vermicelli in a colander, and I put half on a dinner plate and half in a Rubbermaid container in the refrigerator. I put the remaining half of the Barilla sauce in the jar in the refrigerator. I put the heated sauce on the cooked vermicelli, and I added a thin layer of grated parmesan cheese. I ate it all with a glass of iced tea. CIO

Note: <888> 12/07/04 Tuesday 2:30 P.M.: I updated Windows Media Player version 9 to version 10. I ate two pieces of black licorice. There is one republican [Arkansas Lieutenant Governor Win Rockefeller](#) and [Win Rockefeller](#) for Lt. Governor that still has some beef [Winrock Farms](#) , but alas it just for breeding purposes. CIO

Note: <888> 12/07/04 Tuesday 1:40 P.M.: Remember Pearl Harbor [Pearl Harbor Memorial Page](#) . I was up at 9 A.M., and I ate breakfast of oatmeal with a sliced banana, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went back to bed until 1 P.M.. I went outside, and I threw out some garbage, and I picked up the mail. It is another dreary rainy day [Weather Underground: Greenwich, Connecticut Forecast](#). I will now wash my breakfast dishes and make my bed. CIO

Note: <888> 12/06/04 Monday 11:55 P.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 12/06/04 Monday 11:35 P.M.: My www.sierratradingpost.com order that I ordered on December 1, 2004 shipped from Aurora, Colorado via www.airborne.com at 7:25 P.M. today their time, and it is suppose to be delivered via the United States post office in about four to six days. I finished going through my email. CIO

Note: <888> 12/06/04 Monday 11:00 P.M.: Of course if you wash your Red union suit with your other white underwear, you would probably end up with pink underwear. I just chatted with a relative. CIO

Note: <888> 12/06/04 Monday 10:30 P.M.: I made up a page [Men's Mostly Long Underwear and Long Johns](#) . CIO

Note: <888> 12/06/04 Monday 10:05 P.M.: Need to stay warm,

[Men's Long Underwear Bottoms at Sierra Trading Post](#) ,

[Big and Tall Long Underwear at Sierra Trading Post ,](#)

[Essential Apparel Men's Long Underwear](#)

[Essential Apparel Morgan Long Handles Union Suit](#)

[J.E. Morgan Union Suits - Long Johns - Thermal Underwear, Long Johns, Union Suits,](#)

[All Outdoor Gear: Long Underwear - ALTREC.COM](#)

[Big and tall tee shirts,golf shirts,sweatshirts,outerwear,Carhartt apparel,work wear, underwear and socks,all at discount prices. ,](#)

[G.I. Polypropylene Thermal Underwear. Extreme Cold weather gear. - Thermal Underwear, Long Johns, Union Suits ,](#)

[Military Thermals: Cold Weather Thermal Wear](#)

[Kokatat Polartec 100 Liner Pant - ALTREC.COM ,](#)

[ReserveAmerica Gear Store - Outdoor Research Saturn Suit ,](#)

[ReserveAmerica Gear Store - Kokatat Polartec 100 Liner Pant ,](#)

[ReserveAmerica Gear Store - Outdoor Research Women's Banff Bodysuit ,](#)

[IMS-PLUS Polypropylene Long Underwear ,](#)

[L.L.Bean: Thermal ,](#)

[L.L.Bean: Two-Layer Duofold® Pants,](#)

[Wickers thermal weave underwear at Toms Variety ,](#)

[MEC Mid Weight Power Dry Long Johns Men's - Mountain Equipment Co-op,](#)

[LONG UNDERWEAR - The Underwear Guys](#)

[Fleece and Silk Long Underwear - Tops, t-necks, bras, pants](#)

[Online Catalog - Thermal Wear ,](#)

[Ski Pants, Ski Bibs, Ski Goggles, Ski Gloves- Great Deals - ADULT LONG UNDERWEAR & LAYERING PIECES](#)

[Men's Warmwear on sale at Chock Catalog.com](#)

Abelman Clothing

Forest City Surplus Canada - Online Shopping Cart ,

thermalunderwear

All Hail the Union Suit

and for the far north

Canada Goose . CIO

Note: <888> 12/06/04 Monday 9:00 P.M.: Weather Hazards for Southern Fairfield, CT
. CIO

Note: <888> 12/06/04 Monday 8:50 P.M.: I made my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I used the remaining cold eye round of beef, and I cut four 1/4 inch thick slices beef, and I cut them into half inch wide pieces. For the cheddar cheese portion, I used Norwegian Jarlsberg cheese. I used a vine ripe tomato instead of a plum tomato. I used all of the other regular ingredients. I ate the salad with a glass of iced tea. I put on my GAP www.gap.com full length long underwear on underneath my leisure clothes. CIO

Note: <888> 12/06/04 Monday 7:15 P.M.: I went out after the last message. I went by the Arnold bread store outlet, and I bought a loaf of 100% whole wheat bread for \$1.45. I then went to my 4 P.M. appointment. I next drove down by the waterfront. I then drove through town, and I was told that the Korean vegetable and fruit store Greenwich produce might be reopening, but it is still closed. I then drove by CVS, and I bought five Gillette www.gillette.com Right Guard Xtreme sport invisible solid anti-perspirant deodorant cool peak 2.8 ounce for \$1.99 each, 10 Beach Cliff 3.75 ounce tins of sardines with water for 2 for .99, five Star-Kist solid white albacore tuna fish for .99 each, and a 2.75 ounce jar of Gold Emblem cinnamon for .88 less a \$4 off store coupon plus .15 tax for \$16.88 total. I did not walk, since it is very cold and damp out. I next went by the ATM machine at Putnam Trust Bank of New York on Mason Street. I then went by the Greenwich Library, and I read the Greenwich Time. I next went by the Stop and Shop, and I bought vine ripe tomatoes at \$3.49 a pound for \$4.82, Chiquita bananas at .69 a pound for \$1.74, and a 20 ounce bag of Tostitos restaurant style corn chips for \$2.99 for \$9.55 total. At the current price of tomatoes, I might not be able to keep buying them in the future. They did not have any quarts of plum tomatoes for \$3.99. I then returned home, and I drank some iced tea. On Sunday, I put \$5 more on my laundry card, so I have \$17.85 total on it. CIO

Note: <888> 12/06/04 Monday 2:50 P.M.: I reheated in the microwave oven in a microwave proof plastic pot with lid a 18.8 ounce can of Campbell's Chicken and Dumpling soup which I put a hand full of Arnold crotons in, and I ate it all with a glass of

iced tea. I will now shut down the computer, and I will clean up, and I will go out. I have a 4 P.M. appointment. CIO

Note: <888> 12/06/04 Monday 2:20 P.M.: I finished the updates on the Dell backup computer. CIO

Note: <888> 12/06/04 Monday 1:25 P.M.: I copied some files to the Dell backup computer, and I am installing some updates on the Dell backup computer. CIO

Note: <888> 12/06/04 Monday 12:45 P.M.: I added the Christmas carol links to www.geocities.com/mikelscott/xmas2004.htm . CIO

Note: <888> 12/06/04 Monday 12:25 P.M.: Lighting of the National Christmas tree with blessing by Dr. Robert Schuller <http://www.hourofpower.org/video/video.cfm> . I went through my email. CIO

Note: <888> 12/06/04 Monday 11:55 A.M.: I noticed when I went out that somebody shot pink paint balls at the electricity power transformer and on the east sidewalk. I hope they don't start hitting cars with them, which would be considered a felony. I am not sure what type of pink paint it is and whether it washes off. Danbury Hyundai took the \$120 cost off my www.mycount.com card, so the jacket is now paid for, and the sale went through their VISA machine. I guess they will ship it to me when it arrives to them at the end of the week. CIO

Note: <888> 12/06/04 Monday 11:40 A.M.: I was up at 8 A.M.. I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I received a telephone call from Danbury Hyundai <http://www.danburydodge.com/hyundai.htm> , and for my jacket order, they needed the full account number from www.mycount.com , which I came them along with the correct expiration date. After breakfast I called them back, and they told me they would not run the Hyundai rebate card through the VISA machine, until they received the jacket. Thus with the shorter 10 digit number on the card, the \$120 balance still shows up. However, one can not enter the longer 16 digit number at www.mycount.com which is on the card form letter, which is the number that Visa will accept along with the correct expiration date. They said they would ship me the jacket when it arrives, and the \$120 on the card should cover shipping and taxes. Well, we will have to wait and see what happens. I looked for one of my SCOTT stickers to put in my Volvo back window, but I could not find one, but I did find small 3 inch by 5 inch U.S.A. flag sticker, so I went outside, and I put the U.S.A. flag sticker in my back passenger side Volvo window just above the Greenwich Country Day alumni sticker. It is a bit cold out [Weather Underground: Greenwich, Connecticut Forecast](#) . I picked up my mail. My www.sierratradingpost.com order shipped today, but it does not yet show up on DHL www.airborne.com tracking yet. CIO

Note: <888> 12/05/04 Sunday 10:00 P.M.: I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 12/05/04 Sunday 9:55 P.M.: I went through my email. I reinstalled www.zinio.com to get it working again. CIO

Note: <888> 12/05/04 Sunday 9:30 P.M.: [Yahoo! News - Icelandic Tin Bath Could Give Earthquake Warnings](#) . CIO

Note: <888> 12/05/04 Sunday 9:05 P.M.: I heard a bit of news from the other walker today. In the economically depressed dairy region of upstate North Tarrytown, New York, to make ends meet on the dairy farm, they built a small restaurant in one of the dairy barns. I can not seem to find a listing for it one the internet, but this link might have some reference material available [Rockefeller Sites](#) . I just chatted with a relative. CIO

Note: <888> 12/05/04 Sunday 8:35 P.M.: I was up at 11:30 A.M. this morning. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I cleaned up, and I went out. I drove downtown. I walked with another regular walker, and I walked up Greenwich Avenue and west of west Elm Street, and we stopped by William Pitt Real Estate <http://www.williampitt.com/> . We then went by the Greenwich Library. We next walked east on Putnam Avenue as far as Christ Church. We then walked back west on Putnam Avenue, and we stopped by Whole Foods to sit outside at the outdoor tables. We then walked down Mason Street, and we walked back west on Benedict Place, and we parted company around the senior and the arts center. I then sat out for a while, and I used the bathroom at the senior and the arts center. I next walk back up Greenwich Avenue to the ATM machine at Putnam Trust Bank of New York on Greenwich Avenue. I was told that when they scratch one's paint job on the car, it is called "keying" the car, because they usually use a key. I learned a trick or too when I was young, and if I found the individual, I would throw a balloon full of pink paint at their car. I next drove down by the waterfront, and it seems like there is still life out on Long Island from my viewpoint. I then went by Radio Shack in Cos Cob. I next went by the Greenwich Library. I then went by the Stop and Shop, and I bought five 6 ounce dry cans of California medium black pitted olives for .99 a can, two 8 ounce bars of Cabot [Cabot Cheese - award winning Vermont cheddar](#) Vermont Monterey Jack cheese for \$2 each, two 28 ounce bars of Goya chick peas for \$1.19 each, and fresh broccoli crowns at \$1.69 a pound for \$1.66 for \$12.99 total. I then returned home. I made my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I cut three 1/4 inch thick slices of cold eye round of beef, and I cut them into half inch wide pieces. For the cheddar cheese portion, I used Norwegian Jarlsberg cheese. I used all of the other regular ingredients. I ate the salad with a glass of iced tea. I chatted with a relative. I changed my order at [Hyundai Motor America](#) from the XXXlarge to XXlarge for the lightweight microfiber jacket 100% polyester and 100% nylon taffeta lining Eisenhower type light jacket in Khaki color which I used my Hyundai \$120 rebate www.myeccount.com card to order from Danbury Hyundai for \$109.65. They will call me to confirm the order, and I might have to pay tax or shipping. I then went to <http://www.smokemcheapcigarettes.com/> , and I ordered 10 cartons of Seneca Ultra Lights 100s box for \$11 each for \$110 plus \$1.20 each postage for \$12 for \$122 total. I

have three cartons currently, but I wanted to order enough to take me through my January 12 return from my week trip to Florida. CIO

Note: <888> 12/05/04 Sunday 4:25 A.M.: I was just thinking if there are any places like Buckingham Palace or the White House that are getting too expensive for their respective governments to maintain, they could just put a few polar bears or white bears in their fenced in compounds, and it would tend to deter intruders, and more than likely might attract more tourists in their urban environments. Of course somebody would have to pay the bear keepers. I remember when I was in turkey in May 1972, lots of the young boys would be seen strolling the streets with their pet bears, which seemed to be a quaint custom, of course they were young bears too. Thus I would imagine a few people in the north country probably still keep pet bears, but the last one I recall seeing one in terms of polar bears was Scandia at the Central Park Children's Zoo, but Scandia looked awfully cramped in her small cage, so maybe they returned her back to the wild, and maybe Scandia got home sick and returned back to the New York area looking for free meals and lodging. The December 2004 World Wildlife Fund calendar www.wwf.org is a picture of Polar Bears, and a British lady that use to live in my current building use to keep a picture of polar bears on her front door. Well, anyway I am tired, so I will now shut down the computer, and I will go to sleep soon. CIO

Note: <888> 12/05/04 Sunday 3:45 A.M.: I just finished going through my email. CIO

Note: <888> 12/05/04 Sunday 2:55 A.M.: Find a polar bear in your back yard, you can call [Zoos Worldwide](http://www.zoosworldwide.com) . CIO

Note: <888> 12/05/04 Sunday 2:10 A.M.: [Yahoo! News - Programs: a Checklist for Tuning Up Your PC](http://www.yahoo.com/news/programs/a-checklist-for-tuning-up-your-pc) . CIO

Note: <888> 12/05/04 Sunday 2:05 A.M.: I went out after the last message. I mailed the Verizon, Optimum Cable modem, and Cablevision payments at the Valley Road Post Office. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I chatted with another walker. It was a quiet evening unlike last night. I drove down by the waterfront. I just now returned home, and I drank some iced tea. CIO

Note: <888> 12/04/04 Saturday 10:25 P.M.: I made my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I cut two 1/4 inch thick slices of cold eye round of beef, and I cut them into half inch wide pieces. For the cheddar cheese portion, I used Norwegian Jarlsberg cheese. I used all of the other regular ingredients. I ate the salad with a glass of iced tea. In the old days around the family homes in this area, we use to use this group of people <http://www.pinkertons.com/> whom still are working this area. If the local business community has to use their services more, then the prices for their respective services will have to reflect the additional cost of security in other words the price of fuel will be going up. I will now shut down the computer, and I will clean up, and I will go out. CIO

Note: <888> 12/04/04 Saturday 8:45 P.M.: I went outside with my Husky 2.25 million watt lantern, and I checked the perimeter of the building, and I checked out my Volvo. There are actually two six inch scratches on it, and a 15 inch scratch on it, so if I had the authority, I would give the individual 27 months in jail, when I catch them. Although I have an older 10 year car, in an area like Greenwich, Connecticut where automobiles can frequently cost over \$100,000, we take vandalism very seriously. On an expensive car repairing scratches can cost thousands of dollars, so it would be considered a felony crime. Also since the gasoline tank flap was tampered with, it would seem we have gypsies in the area trying to steal gasoline out of automobiles. Whether it happened here at Vinci Drive or elsewhere downtown, it is hard to tell, but it seems like it happened downtown last night. The Greenwich Police department told me, they are going to increase patrols in the downtown area. I am charging up the Husky 2.25 million watt lantern, which takes 12 hours for it to be fully charged or when the green light comes on. Of course, I do not have any legal authority to convict somebody of vandalizing my Volvo, but I know plenty of other people that do. Somebody also scratched my Hyundai in the same location on the driver's side rear panel, and it was parked at the same location at the Board of Education, and as I mentioned before it was youngsters from Cos Cob that also scratched Nazi graffiti and racial slurs on the Greenwich Board of Education Van at the same location, as it was reported at the time in the Greenwich Time. I just finished chatting with a relative. Some neighbors downstairs are watching the Dutch opera on television. CIO

End of Scott's Notes week of 12/04/04:

Note: <888> 12/04/04 Saturday 6:40 P.M.: I chatted with a relative about 10 A.M.. I slept until 3:30 P.M.. I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I picked up my mail downstairs. I watched some television, and rested some more. I made out checks to pay my Verizon, Optimum Online cable modem, and Cablevision bills. Perhaps what happened last night was just bad timing on my part, but it seems strange since it is generally so quiet around here most of the time that anything out of the ordinary would ever happen here. Perhaps, we have some out of town visitors that nobody has taken note of. I will now send out my weekly notes. CIO

Note: <888> 12/04/04 Saturday 9:15 A.M.: I rested until 4 A.M. this morning, and I thought about something that happened last night. When I went downtown, and I went to park in the first parking place on the left at the Board of Education Parking lot. However, there was a black truck parked in the second parking place to the left to far over to the left, so I could not get into the first parking place on the left. I then parked in the third parking place to the left. There were about 20 youth around the loading platform at the Board of Education parking lot. When I was walking lower Greenwich Avenue and the train station area, two young white males asked me for a cigarette which I gave them. I was chatting with owner of the Figaro restaurant at the time. I then sat out in front of the senior center, and I smoked a cigarette. I then walked upper Greenwich Avenue, and I made my purchases at CVS, and I sat out at the top of Greenwich Avenue. I then returned to my Volvo, and I put my purchases in the Volvo, and I locked the Volvo. I

then went into the senior and the arts center, and I used the bathroom. I then sat out in front of the Senior and Arts center, and I smoked another cigarette. I noticed another white male with long hair about my age smoking a cigarette and drinking coffee whom looked a bit familiar. I was wearing my polar bear winter cap, so I was not easily recognized. I studied my car, and I tried to figure out what the problem was. I went back to my Volvo, and the car doors were unlocked, and I thought I might have forgotten to lock them. I then noticed that my Volvo was in the second parking place to the left not where I had parked it originally, but moved over one parking place to the left in the second spot. There was a white van parked in the third parking place, where I had originally parked. When I went to the Exxon gasoline station to get gas, my lockable gas tank filler lid would not open like somebody had tampered with it. I pressed on it, and I relocked and unlocked the Volvo, and it finally opened. I put \$13.25 of premium unleaded gasoline in the Volvo, which is about twice as much as I should have put in, since I drove the car only 45 miles since filling it up last Sunday, and I get 13 to 14 miles per gallon local driving. I returned home. I phoned this information into the police around 4:30 A.M., when I woke up after thinking about it. I then called GEICO insurance www.geico.com 1-800-841-3000, and I chatted with them. I then woke up at 6:30 A.M. when a friend called. Since it was daylight, I went out, and I checked my Volvo, and the gas tank filler lid looks like it has been pulled out a bit like someone tried to force it open, although it still locks. On the left rear panel there is a 15 inch scratch like somebody dragged a nail over it, and there is about a 5 inch scratch on the left rear door. I check my Volvo exterior most every day. Also when I returned home, my apartment lights were turned on, and I always turn them off. It seems to me that some persons are parties unknown might have gained access to my apartment to my keys for the Volvo which also includes the key for the truck bar steering wheel lock. Thus either the Volvo was driven about 20 to 30 miles while I was walking Greenwich Avenue which means somebody would have needed both keys or a group of people lifted the Volvo up, and moved it over one parking place. Also it was unusual at that time of night for somebody else to be out smoking a cigarette at the senior and the arts center about 9:30 P.M., but the person was also drinking coffee from Starbucks. There were a lot of out of state license plates last night, and I remember ones from North Carolina, Indiana, Virginia, and Georgia, which is unusual for this time of year. I also reported the information to my insurance company GEICO www.geico.com about 5 A.M., and I reported the additional information to the Greenwich Police department about 8:15 A.M.. In summary several years ago, I had somebody scratch my Hyundai at the same location, and the Greenwich Board of Education van also had Nazi and Racial graffiti scratched on it about the same time. The culprits of that incident were caught, and they lived in Cos Cob according to the Greenwich Time. I do have a "GW04" sticker on my Volvo rear window as well as a three star Republican elephant symbol and a Greenwich Country Day alumni sticker, so perhaps the vandals don't like those groups, or since I have been walking Greenwich Avenue daily for 21 years, maybe they do not like me. There was a larger police patrol car presence downtown last night compared to normal nights. We also have had gas cap vandalism and scratches on our cars at Vinci drive too, but it is hard to tell how or why my Volvo was moved over one place, and the car seems to have consumed an extra 30 miles of driving, although the odometer remained the same. It is all a mystery. I do not think I am absent minded, and I think there is some

mischievous foot. Also since yesterday was the third of the month when retired people usually get their social security, we frequently get gangs working the town around the third of the month. CIO

Note: <888> 12/04/04 Saturday 1:05 A.M.: I did some regular computer work. I will now shut down the computer. I will eat the last piece of pecan pie with whipped cream and drink some iced tea. I will then go to bed. Local weather here is still not too cold yet [Weather Underground: Greenwich, Connecticut Forecast](#) . CIO

Note: <888> 12/03/04 Friday 11:50 P.M.: I went out after the last message. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I stopped by CVS, and I bought a 10 ounce can of CVS lightly salted cashew nuts for \$2.50 and buy one get one free of Comet cleaner for .99 both plus .06 tax for \$3.55 total. After my walk, I used the bathroom at the senior and the arts center. I then drove down by the waterfront. I then went by the Exxon gasoline station next to the Greenwich Library, and I filled my Volvo all the way up with \$13.75 of premium unleaded gasoline at \$2.479 a gallon for 13 miles per gallon usage at 11 miles per hour average driving. I was able to put more in because the last two times I filled up, I did not fill it up all the way up. I then went by the Stop and Shop, and I bought four 10 ounce bars of Stop and Shop Vermont extra sharp cheddar cheese for \$1.99 each, two half gallons of Tropicana Premium orange juice with calcium for \$2.50 each, four 6.65 ounce Celeste Deluxe pizzas for \$1.25 each, a 16 ounce Maria Callender turkey pot pie for \$2.50, a 14 ounce Maria Callender chicken tenders meal for \$2.50, 10 six ounce cans of Bumble Bee solid white albacore tuna fish for \$1 each, five 26 ounce jars of Francesco Rinaldi tomato sauce with mushrooms, garlic, and green peppers for \$1 each, four boxes of Jolly Time microwave popcorn for \$1 each, a 10 quart 10 package container of Stop and Shop powdered whole milk for \$6.99, four quart jars of Stop and Shop grape jelly for \$1 each, five 18 ounce containers of Stop and Shop old fashioned oatmeal for \$1 each, a 10 ounce bag of fresh spinach for \$1.99, and a 8 ounce container of Stop and Shop low fat grated cheese topping for \$2.69 for \$62.63 total. I then returned home, and I used the wire cart in my apartment to bring up my purchases and put them away. I drank some iced tea. CIO

Note: <888> 12/03/04 Friday 6:50 P.M.: I made my usual salad www.geocities.com/mikelscott/salad.htm . Instead of tuna fish, I cut two 1/4 inch thick slices of cold eye round of beef, and I cut them into half inch wide pieces. For the cheddar cheese portion, I used Norwegian Jarlsberg cheese. I used all of the other regular ingredients. I ate the salad with a glass of iced tea. I went to www.hyundaiusa.com , and I ordered with my Ecount card which works like a Visa card from the Hyundai Rebate settlement, from the Hyundai Apparel and Merchandise link a Hyundai light weight khaki jacket in XXXlarge size for \$115.79. The card is good for \$120, but the Danbury Hyundai dealership first has to contact me to confirm the order. Also I am not sure if that includes tax or shipping in which case, I would probably have to pay more than the \$120 card. I ordered the larger XXXlarge size instead of XXlarge, since I think they run small. I will now shut down the computer, and I will clean up, and I will go out. Hopefully the Ecount Visa card will work online too. CIO

Note: <888> 12/03/04 Friday 4:00 P.M.: I was awake at 8 A.M., and I slept comfortably with the new electric blanket on. I only turned it on halfway, but it was much warmer in bed. One does not tuck in the side of it though. I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I went back to bed until 12:30 P.M.. I ate a piece of pecan pie with whipped cream and iced tea. I picked up my mail downstairs. I did my house cleaning and watering the plants. I threw out some garbage. I chatted with a neighbor. I talked on the telephone with a relative. I chatted on the telephone on another matter. CIO

Note: <888> 12/02/04 Thursday 11:15 P.M.: I microwaved and ate a Pepperidge Farm creamy alfredo white meat chicken and broccoli pot pie, and I used the Stouffer's pot pie box with the foil crisper, so the Pepperidge Farm crust came out crispy. I ate it with a glass of iced tea. The Pepperidge Farm pot pie is made in Canada, so I guess they like pot pies in Canada too. I will now shut down the computer, and I will go to bed. I will do my house cleaning when I wake up tomorrow. CIO

Note: <888> 12/02/04 Thursday 9:55 P.M.: I took the old blue electric blanket out of the dryer, and I folded it lengthwise about 15 inches wide, and I draped it over the end of the bed in the bedroom to have for napping without opening up the bed which is a cumbersome since there are a lot of throw pillows on it. I took the lighter white blanket off the end of the bed, and I put it along the back side of the down stuffed sofa to have available for warmth in the winter. I also have the two comforters and the blue and grey throw draped along the back of the green sofa. I got another one of those annoying fax type calls. CIO

Note: <888> 12/02/04 Thursday 9:05 P.M.: I posted [Michael Louis Scott's 2004 Christmas Letter](#) . CIO

Note: <888> 12/02/04 Thursday 8:55 P.M.: I put away the laundry. I have 15 minutes to go on the dry cycle for the old blue electric blanket. CIO

Note: <888> 12/02/04 Thursday 8:20 P.M.: I ate a piece of pecan pie with whipped cream on it along with a glass of iced tea. CIO

Note: <888> 12/02/04 Thursday 7:40 P.M.: I did two loads of laundry, and I have 40 minutes to go on the dry cycle. I am also finishing washing the old blue electric blanket that I took off the bed, and I will dry it once a dryer is available. I put clean linens on the bed along with new electric blanket which I hooked up. I will keep the old electric blanket in reserve for warmth. It no longer works as an electric blanket since it shorted out about three years ago. Still it is a good warm blanket. CIO

Note: <888> 12/02/04 Thursday 6:30 P.M.: I was given a mixed tracking number from www.smartbargains.com for my order [Save on the Dream Suite Automatic Warming Blanket at SmartBargains.com](#) . It showed two separate packages, when there is actually only one package. I called UPS and Smart Bargains, and after a long time on hold with Smart Bargains, we sorted out the problem. Anyway, the electric blanket just arrived

from UPS at 6:05 P.M.. I will now strip the bed, and I will do some laundry, and I will put clean linens on the bed with the electric blanket. I paid \$27.98 for the full size electric blanket in Ecru plus shipping of 6.95 for \$34.93 total. CIO

Note: <888> 12/02/04 Thursday 5:00 P.M.: I went out to my 3 P.M. appointment after the last message. I then returned back home about 3:50 P.M.. I took the UPS note off the outside door. I chatted with a friend.

Note: <888> 12/02/04 Thursday 1:35 P.M.: I cut three 1/4 inch thick slices of cold eye round of beef, and I put horseradish and Lea and Perrins Worcestershire sauce on them. I reheated the rice from yesterday in the microwave, and I use the vegetable cycle to cook an individual serving of broccoli. I ate it all with a glass of iced tea. I will now shut down the computer, and I will clean up. I will probably be coming directly back from my 3 P.M. appointment to wait or check up on the UPS delivery. CIO

Note: <888> 12/02/04 Thursday 12:55 P.M.: I finished preparing my Christmas cards. I will mail them at the Valley Road post office, when I go out for my 3 P.M. appointment. I picked up the mail downstairs. I will leave a note for UPS when I go out, if they have not arrived yet. Generally this time of year, they take more time for their delivery route. CIO

Note: <888> 12/02/04 Thursday 8:30 A.M.: I was awake at 6:30 A.M.. I ate breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I chatted with a relative. I watched President Bush's speech on Cspan from Halifax, Nova Scotia. UPS tracking www.ups.com shows that my order for [Save on the Dream Suite Automatic Warming Blanket at SmartBargains.com](http://SmartBargains.com) is out for delivery from Norwalk, Connecticut, but UPS does not usually arrive here until the afternoon. I have a 3 P.M. appointment this afternoon. I will now work in my Christmas Cards. CIO

Note: <888> 12/01/04 Wednesday 10:10 P.M.: Sad news to report for the Dutch community BBC NEWS Europe Netherlands 'Prince Bernhard dies' and Dutch Royal Household . I will now shut down the computer, and I will go to bed. CIO

Note: <888> 12/01/04 Wednesday 9:50 P.M.: I chatted with a relative. I ate a piece of pecan pie with iced tea. I chatted with a friend. CIO

Note: <888> 12/01/04 Wednesday 7:45 P.M.: I went out after the last message. I went by the ATM machine in the lobby of Putnam Trust Bank of New York on Mason Street. I then went by the Wachovia Bank on Benedict Place, and I paid my rent. I then drove down by the waterfront. I then used the bathroom at the senior and the arts center. I next walked the entire length of Greenwich Avenue including the train station area, and I sat out at various locations. I stopped by the Greenwich Hardware store. I went by CVS, and I bought two 10 ounce boxes of 10 packages each of Swiss Miss milk chocolate hot cocoa mix for .99 each box, two 7 ounce cans of Gillette shaving gel skin renewal formula for \$1.99 each, two 14 ounce cans of Comet cleaner buy one get one free for .99 both, two 7 ounce bags of black licorice twists for \$1.19 each plus .56 tax for \$9.89 total.

I then completed my walk. I used the bathroom at the senior and the arts center again. I then went by the Greenwich Library. I next returned home. I tried calling some relatives, but no one was home. The UPS www.ups.com shipment of two packages containing Save on the Dream Suite Automatic Warming Blanket at SmartBargains.com arrived at Hartford, Connecticut at 11:30 A.M. today, so it looks like it will be delivered tomorrow. CIO

Note: <888> 12/01/04 Wednesday 2:20 P.M.: I picked up the mail. I will now shut down the computer, and I will go back out. CIO

Note: <888> 12/01/04 Wednesday 1:50 P.M.: I am just about ready to eat the meal. CIO

Note: <888> 12/01/04 Wednesday 1:30 P.M.: I took the eye round roast, and I put it on a baking rack which I put it in a baking pan, and I seasoned it on all sides with Old Bay Seasoning, garlic power, poultry and meat seasoning, ground black pepper, celery salt, Italian spices, and Kraft www.kraft.com Bulls Eye barbeque sauce. I am cooking it in the Farberware convection over at 350 degrees Fahrenheit for 45 minutes, and then I let it sit outside the oven for five minutes. I will eat two 3/8th inch thick slices of it with the juices. I am making up a batch of rice with the China Village rice steamer the usual way. I will eat half of the rice and refrigerate the remaining beef and rice in Rubbermaid containers. I will also steam for 15 minutes in a Revere pot with lid with a steamer tray and 3/4 inch of water on high to medium high one person's portion of broccoli crowns. I will eat the dinner with a glass of iced tea. CIO

Note: <888> 12/01/04 Wednesday 12:40 P.M.: I went out after the last message. I went by Putnam Trust Bank of New York on Mason Street. I then went by the central Greenwich post office, and I obtained a money order at .90 cost to pay my GEICO automobile insurance premium. I also bought 20 Madonna and Child Christmas stamps for \$7.40 and 20 Santa Claus stamps for \$7.40 for \$15.70 in postage expenses. I mailed the GEICO and AT&T payments along with a report to a relative. I next drove down by the waterfront. I then went by the Greenwich Hospital Thrift Shop, and I bought 32 Christmas cards with envelopes for a dime apiece for \$3.20, a 1995 CVS Santa Claus ornament for \$1, a wooden car ornament for a dollar, a basket with holly ornament for .50, and a mouse ornament for .25 for \$5.95 total. I then went by the Greenwich Library, and I chatted about nature with an ornithologist. I then went by the Stop and Shop, and I bought two half gallons of Tropicana premium orange juice with calcium for \$2.50 each, a 18.8 ounce dented can of Campbell's Chicken dumpling soup for .60, a 8 ounce container of Stop and Shop low fat grated cheese topping for \$2.69, broccoli crowns at \$1.79 a pound \$1.68, a 10 ounce box of fresh mushrooms for \$2.39, and a eye round beef roast for \$3.49 a pound for \$10.36 plus a today's meat coupon \$2 off making it \$8.36 for \$20.76 total. I returned home, and I brought up my purchases. I put the Christmas cards with the other Christmas cards on the bottom right bookshelf of the left hallway bookcase. I put the CVS Santa Claus ornament with my other CVS ornaments on the pine cone and nut wreath hanging from my door. I will hang the other ornaments from my small 2 foot artificial tree. I drank some iced tea. CIO

Note: <888> 12/01/04 Wednesday 8:00 A.M.: I reheated in the microwave oven the cooked vermicelli and the contents of the jar of tomato sauce, and I put some grated parmesan cheese on it. I ate it all with a glass of iced tea. I printed out an envelope to send a relative a report. I will now shut down the computer, and I will clean up, and I will go out. CIO

Note: <888> 12/01/04 Wednesday 7:00 A.M.: I checked outside, and it seems to be raining a little bit, so my umbrella that I got yesterday will come in handy. CIO

Note: <888> 12/01/04 Wednesday 6:30 A.M.: I went to www.sierratradingpost.com , and I ordered two pairs of Martin Gordon Reverse Pleat Corduroy trousers for men waist 40 inches inseam 30 inches in Taupe color for \$19.95 a pair [Martin Gordon Reverse Pleat Corduroy Trousers \(for Men\)](#) , a pair of Jacob Ash Sheepskin Leather gloves for men in large size in tan and black for \$9.95 [Jacob Ash Sheepskin Leather Gloves \(for Men\)](#) , a pair of Wickers Expedition Weight Comfortrel Wicking Underwear Bottoms for tall men in medium blue color extra large size for \$16.95 [Wickers Expedition Weight Comfortrel® Wicking Underwear Bottoms \(for Tall Men\)](#) , and three pairs of Fox River Wool Ragg Cabin Socks for men or women in medium size in khaki heather color for \$3.95 a pair [Fox River Wool Ragg Cabin Socks \(For Men and Women\)](#) for \$78.65 total plus \$10.50 www.dhl.com and United States Postal System www.usps.gov delivery in four to six days for \$89.15 total. It is an expensive order, but it was over a \$167.05 in savings, and one needs to stay warm in the winter. CIO

Note: <888> 12/01/04 Wednesday 5:40 A.M.: I installed the www.aim.com upgrade. I also reinstalled the latest version [Download Java Software](#) . CIO

Note: <888> 12/01/04 Wednesday 5:20 A.M.: I got my GEICO www.geico.com and my AT&T bills ready to pay. I put \$15 on my MacGray laundry card, so I now have \$18.25 on the laundry card. CIO

Note: <888> 12/01/04 Wednesday 4:10 A.M.: I did a nozzle check and cleaning cycle on the Epson Stylus Color 880 printer. It seems to be in a good shape, and I have two spare black and two spare color cartridges for it. Thus it should be ready, when I get around to printing out my annual Christmas letter this year, which I think I will do in color. CIO

Note: <888> 12/01/04 Wednesday 4:05 A.M.: I was up at 2 A.M.. The original movie "Good Bye Mr. Chips" was on the Turner Movie channel, but since I had seen it many times before, I did not watch it. I had breakfast of oatmeal, toast with strawberry jam, orange juice, vitamins, supplements, and coffee. I watched the Cspan news about President Bush's visit to Canada. The last time I was in Canada was on a visit to Toronto, Canada about 21 years ago, but I still know quite a few Canadians whom live down here. I got a crank fax call about 3:30 A.M.. I exchanged the older General Electric 25 channel cordless telephone with the newer General Electric 900 MHz cordless telephone, so the more powerful General Electric 900 MHz cordless telephone is on the small mahogany

tea stand at the apartment entrance with the other telephone equipment. I put the older General Electric 25 channel cordless telephone on the left side of the bedroom desk. CIO