

<888> 09/30/13 Monday 11:40 P.M. I drank a 24 ounce glass of 50% Schweppes Ginger Ale and 50% punch.

<http://www.stamfordvolvo.com/index.htm> . When I was driving my 1976 Volvo 240 many years ago, I chatted with a Swedish girl down on the pier on Steamboat Road who apparently was

<http://www.kungahuset.se/royalcourt/royalfamily/hrhcrownprincessvictoria.4.396160511584257f218000503.html> . She was attending [www.yale.edu](http://www.yale.edu) at the time and living in Old Greenwich.

<http://www.gltrust.org/> Greenwich Land Trust

<http://www.bbc.co.uk/news/magazine-24328773> Finnish Saunas

!!!!!! Mystery 13th Century eruption traced to Lombok, Indonesia

'TomTato' tomato and potato plant unveiled in UK CIO

<888> 09/30/13 Monday 10:10 P.M. In watching "Last Tango in Halifax" this past Sunday evening, they talked about having eight foot snow drifts in Halifax, England, so I guess they have bad weather there in the winter. On October 1, as usual or today, a lot of the seasonal workers around here will be heading south for the winter to join the the larger number of winter residents down south. The weather is still nice here, but there is a bit of a chill in the air. There will probably still be a few hardy individuals left up north to face the oncoming winter. I have friends in Manhattan that live near the Winter Palace

<http://www.metmuseum.org/> . CIO

<888> 09/30/13 Monday 9:45 P.M. My order for 50 regular \$59 Executive 3-Button Camel Hair Blazer- Sizes 44-52 for \$62.53 with tax and shipping will not be available until November 1, 2013, since it is back ordered. CIO

<888> 09/30/13 Monday 9:30 P.M. I chatted with a friend that has a larger worldwide perspective than I do.

The PBS BBC program "Last Tango In Halifax" is centered around

[http://en.wikipedia.org/wiki/Halifax,\\_West\\_Yorkshire](http://en.wikipedia.org/wiki/Halifax,_West_Yorkshire) . CIO

<888> 09/30/13 Monday 8:40 P.M. I woke up at 8 P.M.. I picked up the mail. CIO

<888> 09/30/13 Monday 5:15 P.M. I ate the chicken and mashed potato dinner with Smart Balance Spread and extra virgin olive oil on the mashed potatoes, and a 12 ounce glass of Schweppes Ginger Ale. I will now rest some more. CIO

<888> 09/30/13 Monday 4:15 P.M. For the Volvo wagon, I ordered <http://www.jcwhitney.com/stant-locking-oe-replacement-gas-cap/p3038826.jcwx?filterid=d17227y2005g2j1> for \$20.30 with free shipping. CIO

<888> 09/30/13 Monday 3:45 P.M. I chatted with a friend, and I ate some almonds. I finally woke up at 3 P.M.. I went outside briefly, and I chatted with neighbors. CIO

<888> 09/30/13 Monday 12:45 P.M. I have the 24 hour CVS and the 24 hour Mobil Mini Mart nearby, and there is a small grocery store down by where Cumberland Farms used to be, but I am not sure what their hours are. I have plenty of food in the apartment, so I am fine for now. I will now take a nap. CIO

<888> 09/30/13 Monday 11:55 A.M. Greenwich Taxi at 1-203-869-6000 says that it is about \$10 from Vinci Drive in Byram to downtown Greenwich. Also Bus fare is \$1.30 <http://www.cttransit.com/Fares/> , but senior disabled is 65 cents which would include me. My local bus schedule is the 11A bus [http://www.cttransit.com/Uploads\\_Schedules/stam\\_11\\_wkdysched%2817%29.pdf](http://www.cttransit.com/Uploads_Schedules/stam_11_wkdysched%2817%29.pdf) and for weekends [http://www.cttransit.com/Uploads\\_Schedules/stam\\_11\\_satsunsched.pdf](http://www.cttransit.com/Uploads_Schedules/stam_11_satsunsched.pdf) , if I need to travel. I guess life in the fast lane is over for a while. CIO

<888> 09/30/13 Monday 11:00 A.M. I have finished selling the Audi and was dropped off back at home. I chatted with a relative twice. [www.geico.com](http://www.geico.com) told me it is better to keep my existing automobile insurance policy open until I get the the Volvo around Columbus Day. CIO

<888> 09/30/13 Monday 8:25 A.M. I will now go downtown to <http://www.carriagehousemotorcars.com/> to sell the Audi at 9 A.M.. CIO

<888> 09/30/13 Monday 7:50 A.M. I will now shower and clean up. CIO

<888> 09/30/13 Monday 7:15 A.M. I woke up, and I ate a Greek yogurt and 2 ounce of almonds. I finally woke up at 6 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 09/29/13 Sunday 9:10 P.M. I will now shut down the primary work computer, and I will go to bed soon. I have to be up at 6 A.M. to be at <http://www.carriagehousemotorcars.com/> to sell the Audi tomorrow morning at 9 A.M.. CIO

<888> 09/29/13 Sunday 7:55 P.M. "Last Tango in Halifax" is on Channel 13 PBS at 8 P.M.. CIO

<888> 09/29/13 Sunday 7:45 P.M. [Enrico Fermi \(Italian-American physicist\) -- Encyclopedia Britannica](http://www.britannica.com/entry/enrico-fermi)

N.S.A. Gathers Data on Social Connections of U.S. Citizens - NYTimes.com

Orbital's Cygnus freighter reaches International Space Station CIO

<888> 09/29/13 Sunday 7:35 P.M. <http://advancedbrainmonitoring.com/>

I ate the chicken and mashed potato dinner with Smart Balance Spread and extra virgin olive oil on the mashed potatoes, and two tomatoes cuts into sixths with Italian seasoning, ground black pepper, celery salt, grated parmesan and Romano cheese and extra virgin olive oil on them along with a 12 ounce glass of [www.coke.com](http://www.coke.com) . CIO

<888> 09/29/13 Sunday 6:25 P.M. I went out, and I walked upper Greenwich Avenue first. I stopped by CVS, and I bought two 16 ounce bags of CVS almonds for \$4.99 each for \$9.98 total. I sat out at various locations. I then walked lower Greenwich Avenue and the train station area. Instead of walking up lower Greenwich Avenue, I walked up Arch Street just to the west. The old Greenwich Post Office being converted to a Restoration Hardware store is completely gutted. They have removed the back side of the building I guess to expand it further out. After my walk, I sat out for a while surveying the weekend visitors from around the world. I then went by the Stop and Shop, and I bought a five quart box of Stop and Shop powdered milk for \$6.99, a 4.25 ounce McCormick whole peppercorns for \$6.39, bananas for .79 for .96 and two cooked chicken and mashed potato dinners for \$2.99 each with a dollar off manger's coupon for \$1.99 each for \$18.32 total. I then returned back home, and I put away my groceries. It seems all quiet on the Greenwich front. CIO

<888> 09/29/13 Sunday 3:30 P.M. I threw out the garbage and four old worn out umbrellas. I chatted with neighbors. I will now go downtown. CIO

<888> 09/29/13 Sunday 2:25 P.M. Here are my two first Mercedes back in 1968

<http://mikelouisscott.com/mb-1968.jpg>

<http://mikelouisscottcom.cv.siteprotect.net/mb-1968.jpg> CIO

<888> 09/29/13 Sunday 2:10 P.M. This is the car <http://www.carriagehousemotorcars.com/1957-mercedes-benz-190-sl--c-145.htm> that looks like a relative's old car that got me going into the showroom at <http://www.carriagehousemotorcars.com/> yesterday. As I recall, a relative bought the car used from a garage in Weston, Massachusetts back in 1971 for \$850. I will now shower and clean up. CIO

<888> 09/29/13 Sunday 12:55 P.M. I woke up at 11:30 A.M.. I chatted with a friend and a relative. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

End of Scott's Notes week of 09/28/13

<888> 09/28/13 Saturday 9:50 P.M. I chatted with two relatives.

The 2005 Volvo Station wagon that I am getting <http://www.kbb.com/volvo/xc70/2005-volvo-xc70/25t-wagon-4d/?pricetype=private-party&vehicleid=1912&intent=trade-in-sell&mileage=107000> had a new timing belt put on it this week, and this Wednesday they are putting new struts on it. I will get it some time after that, when a relative can deliver it. Thus I will be without a car for a week or two after this Monday, when I sell the Audi. I will now send out my weekly notes. I will then shut down the primary work computer. I will eat a Greek Yogurt, and then I will go to bed. I am really worn out recently from all of the traveling and automobile stuff. I need to get back to my normal schedule, where I do less and sleep and rest more and do computer internet research. CIO

<888> 09/28/13 Saturday 9:30

P.M. <http://www.britannica.com/EBchecked/topic/87732/Juan-Rodriguez-Cabrillo?source=ONTHISDAY>

<http://www.bbc.co.uk/news/magazine-24281727>

<http://www.bbc.co.uk/news/science-environment-24287207>

<http://www.bbc.co.uk/news/science-environment-21468664> CIO

<888> 09/28/13 Saturday 8:30 P.M. I ate the chicken and mashed potato dinner with Smart Balance Spread and extra virgin olive oil on the mashed potatoes and a 12 ounce glass of Schweppes Ginger Ale. Earlier I picked up the mail.

<http://en.wikipedia.org/wiki/Michaelmas> is tomorrow. In Scotland, it is legal to steal a horse on Michaelmas. CIO

<888> 09/28/13 Saturday 7:10 P.M. I went downtown, and I walked lower Greenwich Avenue and the train station area. The metal doors on the sidewalk in front of Meli Meli are fixed. I stopped by <http://www.carriagehousemotorcars.com/>, and I chatted with them. I then brought <http://mikelouisscott.com/audi1998.htm> for them to look at. I am selling it to them this Monday morning September 30, 2013 at 9 A.M. for \$1,750. I then returned home, and I took all of my stuff out of the Audi, and I removed the various parking stickers from the windows. Thus it is all ready to sell. They will remove my license plates and drive me home, so I do not have to work about those details. CIO

<888> 09/28/13 Saturday 3:30 P.M. I saw this truck <http://www.puppypipeline.com/> at the Vernon, Connecticut rest area on I-84 East, when driving up to Kennebunkport three weeks ago. CIO

<888> 09/28/13 Saturday 3:20 P.M. I will now shower and clean up. I will then go downtown to Greenwich Avenue. CIO

!!!!!! <888> 09/28/13 Saturday 2:20 P.M. Russian Royalty in Ohio  
<http://eng.tzar.ru/shows/show/?id=3220> . CIO

<888> 09/28/13 Saturday 1:55 P.M. I chatted with a relative at 10:30 A.M.. I finally woke up at 12:30 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. I chatted with a friend. CIO

<888> 09/28/13 Saturday 2:25 A.M. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 09/28/13 Saturday 1:55

A.M. <http://www.usatoday.com/story/money/cars/2013/09/27/ford-mark-fields-alan-mulally/2883195/>

[Expand Social Security | Democracy For America](#)

[The Great Hawaii ShakeOut - Get Ready!](#)

[http://www.nytimes.com/2013/09/27/business/mcdonalds-moves-toward-a-healthier-menu.html?nl=todaysheadlines&emc=edit th 20130927& r=0](http://www.nytimes.com/2013/09/27/business/mcdonalds-moves-toward-a-healthier-menu.html?nl=todaysheadlines&emc=edit_th_20130927&r=0)

<http://www.bbc.co.uk/news/magazine-24305284>

<http://www.bbc.co.uk/news/technology-24301733> CIO

<888> 09/28/13 Saturday 12:55 A.M. I ate the chicken and mashed potato dinner with Smart Balance Spread and extra virgin olive oil on the mashed potatoes, and two tomatoes cuts into sixths with Italian seasoning, Montreal Steak Seasoning, celery salt, grated parmesan and Romano cheese and extra virgin olive oil on them along with a 12 ounce glass of [www.coke.com](http://www.coke.com) . CIO

<888> 09/27/13 Friday 11:55 P.M. I went by the Stop and Shop, and I bought two chicken and mashed potato dinners for \$2.99 each, four 6 ounce Chaboni Greek yogurt for \$1 each, and a 59 ounce Florida Natural orange juice with calcium for \$3 for \$12.98 total. I then stopped by and toured CVS. I used the bathroom at CVS. I then went further downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I told a local security officer that the metal basement street doors in front of Meli Meli had its metal handle sticking up in the sidewalk, where someone could trip on it. He went to check it out. After my walk, I sat out some more, and I just now returned home, and I picked up the mail. The [www.time.com](http://www.time.com) arrived. I put away my groceries. CIO

<888> 09/27/13 Friday 9:20 P.M. I will now go downtown. CIO

<888> 09/27/13 Friday 8:40 P.M. I chatted with a relative. CIO

<888> 09/27/13 Friday 8:05 P.M. I woke up at 7:30 P.M.. I chatted with a relative. I ate some almonds. I will now shower and clean up. CIO

<888> 09/27/13 Friday 4:50 P.M. I ate a turkey and ham and Swiss cheese sandwich on 15 grain whole wheat bread with Hellmann's olive oil mayonnaise and Pringles sour cream and onion potato chips and a dill pickle slice and a 12 ounce glass of Schweppes Ginger Ale. I will now take a nap. CIO

<888> 09/27/13 Friday 4:00 P.M. <http://www.greenwichtime.com/national/article/Going-viral-First-ever-photos-Golden-eagle-4841877.php> . CIO

<888> 09/27/13 Friday 3:55 P.M. I chatted with a relative. Another relative will deliver the Volvo station wagon in two weeks. CIO

<888> 09/27/13 Friday 3:30 P.M. I finished cleaning the bathroom. When I cleaned the toilet, I also put in a new 9 ounce blue automatic bowl cleaner jar in the toilet tank. CIO

<888> 09/27/13 Friday 2:20 P.M. I went outside, and I chatted with the building custodian while he photographed the Audi. It is suppose to be clear this afternoon, but it looks like it might rain. Since I am part of the Dutch delegation in this area, and cleanliness is part of the Dutch culture, and since I have not cleaned the bathroom since May 2013, I will now clean my bathroom. CIO

<888> 09/27/13 Friday 1:45 P.M. I made a deal to sell the Audi to the building custodian for \$2,000 in a week or two, when I can get the Volvo Station wagon. I have a couple of other people interested in it, in case the deal falls through. CIO

<888> 09/27/13 Friday 12:35 P.M. I woke up at 11 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. I had a telephone call on something that I might do today. CIO

<888> 09/27/13 Friday 2:55 A.M. I ate three ounces of almonds. I will now shut down the primary work computer. I will then eat a 5.6 ounce Yoplait Greek Yogurt tangerine flavor. I guess I will then go to bed. CIO

<888> 09/27/13 Friday 2:05 A.M. <http://eng.tzar.ru/>

<http://www.panoramas.classic-ru.org/>

[http://en.wikipedia.org/wiki/Winter\\_Palace](http://en.wikipedia.org/wiki/Winter_Palace)

[http://en.wikipedia.org/wiki/Hermitage\\_Museum](http://en.wikipedia.org/wiki/Hermitage_Museum)

[http://en.wikipedia.org/wiki/Alexander\\_Palace](http://en.wikipedia.org/wiki/Alexander_Palace)

[http://en.wikipedia.org/wiki/Tsarskoye\\_Selo](http://en.wikipedia.org/wiki/Tsarskoye_Selo)

[http://en.wikipedia.org/wiki/Catherine\\_Palace](http://en.wikipedia.org/wiki/Catherine_Palace)

[http://en.wikipedia.org/wiki/Pavlovsk\\_Palace](http://en.wikipedia.org/wiki/Pavlovsk_Palace) CIO

<888> 09/27/13 Friday 1:15 A.M. I put away the clean laundry. CIO

<888> 09/27/13 Friday 12:40 A.M. <http://www.bbc.co.uk/news/business-24292897>

<http://www.bbc.co.uk/news/world-europe-24292947>

<http://www.bbc.co.uk/news/magazine-24135021>

<http://www.bbc.co.uk/news/technology-24283185>

<http://www.bbc.co.uk/news/science-environment-24271594>

<http://www.prisonplanet.com/secret-3g-intel-chip-gives-snoops-backdoor-pc-access.html>

I made a mistake in my earlier note. I did not buy Dannon yogurt, I bought Yoplait Greek yogurt. CIO

<888> 09/26/13 Thursday 11:55 P.M.

Dear Friends and Neighbors,

**PM Peak Service Plan (4-8pm) - From Grand Central Terminal:**

**For Stations Stamford through New Haven**

**Starting at 4pm – Express diesel train service from Grand Central Terminal and Harlem-125<sup>th</sup> Street to Stamford (30-minute frequency 4-5pm, 15-minute frequency 5-6:30pm and 30-minute frequency 6:30pm-8pm) connecting to electric train service making all local stops to New Haven**

**For Stations Rye to Old Greenwich**

**Starting at 4:30pm – Customers bused from White Plains to Rye to board electric train (30” frequency)**

**Waterbury Branch – Replacement Buses; Danbury and New Canaan Branches – Shuttle Service**

**For Stations New Rochelle to Harrison**

Starting at 4:11pm – Diesel service from Grand Central Terminal and Harlem-125<sup>th</sup> Street (30” frequency)

Mount Vernon East and Pelham

Customers bused from Harlem Line (Mount Vernon West station)

Updates on the Metro-North situation continue to be posted on DOT’s website ([www.ct.gov/dot](http://www.ct.gov/dot)) and on Metro-North’s website ([www.mta.info/mnr](http://www.mta.info/mnr)).

**Inicio - XIX Congreso Geológico Argentino - Córdoba - 2 al 6 de junio de 2014**

I have 45 minutes to go on two dry cycles. CIO

<888> 09/26/13 Thursday 11:30 P.M. I put clean linens on the bed. I started two loads of laundry, and I have 15 minutes to go on the wash cycles. I threw out the garbage and the old periodical literature. I watered the plants. CIO

<888> 09/26/13 Thursday 10:15 P.M. I ate a 16 ounce Marie Callender turkey pot pie with a 12 ounce glass of [www.coke.com](http://www.coke.com) . I called up Microsoft about something I noticed eight years ago out on Long Island.

I have never had too much money to explore New England, but one of my favorite small towns that I have seen in New England was

[http://en.wikipedia.org/wiki/Williamstown, Massachusetts](http://en.wikipedia.org/wiki/Williamstown,_Massachusetts) , but it is colder there in the winter and one of their former Dutch residents

[http://en.wikipedia.org/wiki/William Henry Vanderbilt III](http://en.wikipedia.org/wiki/William_Henry_Vanderbilt_III) . Another Dutch family out on Long Island <http://www.theodore-roosevelt.com/trfamily.html> . CIO

<888> 09/26/13 Thursday 8:45 P.M. I went out, and I went downtown to Greenwich Avenue. I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I stopped by the new [www.verizon.com](http://www.verizon.com) store just south of [www.starbucks.com](http://www.starbucks.com) . I stopped by Zen Stationary, and I played an Ace's High scratch card for a dollar, but I lost. I stopped by the [www.apple.com](http://www.apple.com) store. I stopped by the Greenwich Cigar store, and I played an Ace's High scratch card for a dollar, but I lost. I toured CVS, and I used the bathroom there. I stopped by the <http://greenwichbikes.com/> . After my walk, I sat out for a while enjoying the day. I then drove down by the waterfront on Steamboat Road. There are two small yachts at the <http://www.thedelamar.com/> and about a dozen fishermen on the pier taking up all of the parking at the end of the road. Manero's old parking lot across the street from 600 Steamboat Road is full of huge piles of dirt and rocks, so it looks like they are building a new office building there. I then went by the <http://www.greenwichlibrary.org/> , and I chatted with three staff members, and I used the bathroom there. I then went by the Stop and Shop, and I chatted with two locals. I bought a 48 ounce Quaker Old Fashioned Oatmeal for \$4.99, a 3.18 ounce McCormick's Montreal Steak Seasoning for \$3.59, a package of reduced produce tomatoes for \$1.57, four 5.3 ounce various flavors Yoplait

Greek Yogurt for \$1 each for \$14.15 total. I then returned home, and I picked up the mail. I chatted with a relative. CIO

<888> 09/26/13 Thursday 3:20 P.M. I chatted with a relative.

One could always see if there are any real estate values in [http://en.wikipedia.org/wiki/Lenox, Massachusetts](http://en.wikipedia.org/wiki/Lenox,_Massachusetts) , but it is probably cold there in the winter. I will now shower and clean up. I guess I will then go downtown to see if anyone wants to welcome me back to Greenwich, Connecticut area after my vacation in north country. Winter will probably be coming in a couple of months, so one might want to invest in <http://www.llbean.com/llb/search/?freeText=union+suit&init=1> .

<http://abcnews.go.com/US/wireStory/george-hw-bush-witness-sex-wedding-20375642>  
 . CIO

<888> 09/26/13 Thursday 2:20 P.M. When I was in Kennebunkport, Maine for two weeks, I noticed that the family that owns [www.match.com](http://www.match.com) that owns the property across the street from the Bush family compound at Walker's Point have two vacant lots for sale by owner, if anyone want to be a close Bush family neighbor in Kennebunkport, Maine. Also when I was reading the October 2013 <http://www.architecturaldigest.com/> I noticed the Reed family from Greenwich, Connecticut have their house for sale in Newport, Rhode Island for \$18 million, if you want to be a Vanderbilt neighbor. CIO

<888> 09/26/13 Thursday 1:45 P.M. I woke up at noon. I chatted with a relative. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed.

I received email from <http://us.webuyanycar.com/> that they would give me \$2,465 for my Audi at their Stamford, Connecticut location, but with the front window problem, it would probably be \$500 less. CIO

<888> 09/26/13 Thursday 1:25 A.M. A relative saw <http://www.bigidahopotato.com/> in Kennebunk, Maine last week.

[http://www.ebay.com/itm/ASUS-VivoTab-RT-TF600T-B1-Bundle-10-1-32GB-Wi-Fi-Win-8-w-KeyBoard-Dock/300961312924?pt=US\\_Tablets&hash=item4612b1309c](http://www.ebay.com/itm/ASUS-VivoTab-RT-TF600T-B1-Bundle-10-1-32GB-Wi-Fi-Win-8-w-KeyBoard-Dock/300961312924?pt=US_Tablets&hash=item4612b1309c)

[http://www.ebay.com/itm/Gateway-AMD-E1-1200-1-4GHz-4GB-500GB-Windows-8-Desktop-PC-SX2110G-UW308-/251346872049?pt=Laptops\\_Nov05&hash=item3a8570e6f1](http://www.ebay.com/itm/Gateway-AMD-E1-1200-1-4GHz-4GB-500GB-Windows-8-Desktop-PC-SX2110G-UW308-/251346872049?pt=Laptops_Nov05&hash=item3a8570e6f1)

I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 09/26/13 Thursday 12:55 A.M. [Global Volcanism Program | Smithsonian / USGS Weekly Volcanic Activity Report](#)

<http://www.nasa.gov/audience/forstudents/index.html>

<http://airandspace.si.edu/collections/>

<http://www.e-aircraftsupply.com/space-education/>

<http://nationalaviation.org/>

<http://www.opencolleges.edu.au/informed/lesson-plans/>

[http://reagan.convio.net/site/MessageViewer?em\\_id=11644.0](http://reagan.convio.net/site/MessageViewer?em_id=11644.0)

<http://www.youtube.com/user/montserratvolcanoobs>

<http://www.britannica.com/EBchecked/topic/202695/William-Faulkner?source=ONTHISDAY>

[http://www.nytimes.com/2013/09/25/business/energy-environment/atomic-goal-800-years-of-power-from-waste.html?nl=todaysheadlines&emc=edit\\_th\\_20130925&r=0](http://www.nytimes.com/2013/09/25/business/energy-environment/atomic-goal-800-years-of-power-from-waste.html?nl=todaysheadlines&emc=edit_th_20130925&r=0)

<http://www.bbc.co.uk/news/science-environment-24232896>

<http://www.bbc.co.uk/news/science-environment-24243107> CIO

<888> 09/25/13 Wednesday 11:50 P.M. I am about to eat another reheated chicken dinner with Smart Balance Spread and extra virgin olive oil on the mashed potatoes and a 12 ounce glass of 50% punch and 50% cold filter water. CIO

<888> 09/25/13 Wednesday 11:35 P.M. <http://www.greenwichtime.com/news/article/Power-failure-paralyzes-Metro-North-4841862.php> . CIO

<888> 09/25/13 Wednesday 11:25 P.M. I made 266 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching the movie "Thor". CIO

<888> 09/25/13 Wednesday 8:10 P.M. I chatted with a relative. I have to make 266 cigarettes which will take about three hours. CIO

<888> 09/25/13 Wednesday 7:40 P.M. I ate five ounces of almonds. CIO

<888> 09/25/13 Wednesday 6:50 P.M. I chatted with a friend. If one were stranded in Manhattan trying to get out to Connecticut, one could always take the Lexington Avenue subway out to Gun Hill Road in the Bronx, and then see if there is a public bus system to bring one into Connecticut. I still have not make cigarettes, but I am about to try again. CIO

<888> 09/25/13 Wednesday 5:55 P.M. I told Canadian Emergency telephone number at 1-613-996-8885, and they accept collect calls about the railroad problem. I think the electric railroad cars are made in Canada by <http://www.bombardier.com/en/home.html> . If one were in Stamford, Connecticut, one is not allowed to buy an [www.amtrak.com](http://www.amtrak.com) ticket to Penn Station in Manhattan, but technically one could try to buy an Amtrak ticket to Newark, New Jersey and get off at Penn Station. Of course life is so glamorous here in Greenwich, Connecticut, I am not sure why anyone would want to deal with Manhattan which is too busy for most people anyway, unless one happens to need to do some sort of business. One could always try to run private railroad cars pulled by diesel locomotives on the Amtrak train line. Of course I do not know if the railroad signal system is working properly or not, so it might be dangerous. CIO

<888> 09/25/13 Wednesday 5:40 P.M. I chatted with another relative. I will now make cigarettes. CIO

<888> 09/25/13 Wednesday 5:20 P.M. I chatted with a friend who might be interested in the Audi. I also chatted with a relative. CIO

!!!!!! <888> 09/25/13 Wednesday 4:35 P.M. No commuter trains, limited service. <http://www.greenwichtime.com/news/article/Metro-North-disruption-could-last-weeks-ConEd-4841862.php> . CIO

<888> 09/25/13 Wednesday 4:30 P.M. I threw out the garbage. I chatted with neighbors. I will now make cigarettes. CIO

<888> 09/25/13 Wednesday 3:30 P.M. I chatted with <http://www.brumos.com/> to see if they would be interested in my Audi. They told me, they would get back to me.

[http://www.pressherald.com/news/floating-mansion-to-dock-in-portland\\_2012-09-10.html](http://www.pressherald.com/news/floating-mansion-to-dock-in-portland_2012-09-10.html)

I will now shower and clean up. CIO

<888> 09/25/13 Wednesday 1:55 P.M. I chatted with a friend and two relatives. The friend might be interested in the Audi. CIO

<888> 09/25/13 Wednesday 1:20 P.M. I chatted with two relatives a couple of times. As it stands now, my relative is getting a couple of thousand dollars in repairs done on the <http://www.kbb.com/volvo/xc70/2005-volvo-xc70/25t-wagon-4d/?pricetype=private-party&vehicleid=1912&intent=trade-in-sell&mileage=107000> including a new timing belt and struts. However, they do not want my old <http://mikelouisscott.com/audi1998.htm> , so I have to find someone to buy it from me first, before I get the Volvo. My relative will be busy this week and next week, so I probably will not be able to get the Volvo for a while anyway. I am still trying to get back to my normal routine at home. Also on the Audi, if one got the two front window lift clips fixed, since the rubber windows tracks are sticky which caused the plastic clips to break, even if the plastic clips were replaced for \$500, technically the window clips could break again with the sticky window slides. I had used

silicone grease to lubricate them, but that did not seem to last long enough, since the driver's side front window plastic clip broke. I newer use the power windows, since it has good climate control. If I have the Audi still around October 8, 2013, I also have to renew my [www.geico.com](http://www.geico.com) automobile policy on it. However, once I get it sold, I will be refunded the policy difference amount when I insure the Volvo. I am dealing with busy relatives whom are making quick decisions based on their experience and resources, versus what I might otherwise do with my more limited resources and experience. CIO

<888> 09/25/13 Wednesday 11:55 A.M. I ate some almonds, and I went to bed. I woke up at 10:30 A.M.. I chatted with a relative. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed.

<http://www.amazon.com/gp/kindle/pc/download> . CIO

<888> 09/25/13 Wednesday 3:20 A.M. Well not much happening on the far side of the moon. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 09/25/13 Wednesday 2:15 A.M. If any Canadians are driving down south to Florida for the winter, there is a Canadian Emergency telephone number at 1-613-996-8885, and they accept collect calls. The Prime Minister of Canada <http://www.pm.gc.ca/eng/index.asp> and the Prime Minister of Norway <http://www.regjeringen.no/en/dep/smk.html?id=875> and Melinda Gates of the <http://www.gatesfoundation.org/> are all suppose to be at the [www.un.org](http://www.un.org) today. I even saw somebody that looked like Fred Mierers alias Fred Von Mierers whom is multi lingual if he is not pushing up tulips walking around this past evening. For the Country types there is this event going on in the area <http://princetonshowjumping.com/>. Of course nobody pays any attention to old time internet people, since they are not up to date on the more modern technology trends of the more mobil community. CIO

<888> 09/25/13 Wednesday 1:25 A.M. [Biltmore Email Newsletter](#)

<http://www.bbc.co.uk/news/science-environment-24224247>

<http://www.bbc.co.uk/news/science-environment-24208686> CIO

<888> 09/25/13 Wednesday 1:05 A.M. I reheated and ate one of the chicken dinners with Smart Balance Spread and extra virgin olive oil on the mashed potatoes and 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 09/24/13 Tuesday 11:45 P.M. I went by CVS on Greenwich Avenue, and I picked up a prescription. I bought two 12 packs of CVS disposable razors for \$8 each less a \$5 off \$15 CVS coupon and .70 tax for \$11.70 total. I then bought three 46 ounce Xtra Tropical Passion 2X detergent for \$1.49 each less \$4 off CVS bonus bucks coupon and .03 tax for .50. I then went further downtown. I chatted with two relatives on my wireless telephone.

I chatted with two regulars at Starbucks. I sat out for a while enjoying the cool evening. I then went by the Greenwich Library, and I chatted with three staff members. I then chatted with a local security individual using a Panasonic Toughbook, but he did not know which model number it was. I then went by the Stop and Shop, and I bought Stop and Shop deli sliced Swiss Cheese for \$5.99 a pound for \$2.82, deli sliced Danish ham for \$5.99 a pound for \$5.99, a two pound bag of baby carrots for \$2, two 24 ounce Chef's Crock mashed potatoes for \$2.50 each, buy one get one free of 12 ounce Purdue cutlets for \$3.99 for two packages, four 16 ounce Marie Callender turkey pot pies for \$2.50 each and two prepared barbecued two chicken leg and two thigh dinners each with two scoops of mashed potatoes for \$2.99 each less a dollar off each with the manager's coupon and 55 cents can return for \$31.23 total. I chatted with a local. I then returned home, and I put away my groceries.

!!!!!! I chatted with the relative who was going to give me the 2005 Volvo Station wagon, and they decided not to get rid of the Volvo, since they can not afford to buy a new Audi which costs about \$48,000. Thus for the indefinite future, I am still type cast the silver 1998 Audi A6. CIO

<888> 09/24/13 Tuesday 6:40 P.M. I woke up at 6:20 P.M.. I will now go downtown. CIO

<888> 09/24/13 Tuesday 3:15 P.M. I chatted with a relative. I will now take a nap. CIO

<888> 09/24/13 Tuesday 3:05 P.M. I ate a turkey and Swiss cheese sandwich on 15 grain whole wheat bread with Hellmann's olive oil mayonnaise and Pringles sour cream and onion potato chips and a 12 ounce glass of [www.coke.com](http://www.coke.com) . CIO

<888> 09/24/13 Tuesday 2:00 P.M. I threw out the garbage. I showed the Audi to the building custodian, and he said he might be interested in it. However, when I chatted with a relative, I was told not to sell it to somebody I know in case anything goes wrong with it. I chatted with another relative on the same subject. I chatted with neighbors.

The order for two packages of three 3 Pair Men's Boxer Shorts Underwear Assorted Plaid Waist Size 46" 50" 2X 3X | eBay for \$5 each 3 pack and \$5 shipping for \$15 total arrived. CIO

<888> 09/24/13 Tuesday 11:45 A.M. I woke up at midnight, and I worked on the FIC server until 1:30 A.M.. I ate some almonds. I finally woke up at 7:30 A.M. this morning. I chatted with three relatives several times and two friends. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed.

This Friday September 27, 2013 a relative is giving me a 2005 Volvo XC70 Station Wagon with 107,000 miles <http://www.kbb.com/volvo/xc70/2005-volvo-xc70/25t-wagon-4d/?pricetype=private-party&vehicleid=1912&intent=trade-in-sell&mileage=107000> . The following day Saturday they return and take away my

<http://mikelouisscott.com/audi1998.htm> which they will trade in elsewhere, unless I can sell it locally in between then. New Country Audi here in Greenwich is not interested in the old Audi, but they said one of their mechanics might be, if I check at the shop. I will keep the Volvo license plates and registration until I can register and transfer ownership next week. I will now shower and clean up. CIO

End of Scott's Notes week of 09/23/13

<888> 09/23/13 Monday 10:25 P.M. <http://www.congresogeologico.org.ar/>

I will now send out my notes for the last two weeks. I will then shut down the primary work computer, and I will go to bed soon. CIO

<888> 09/23/13 Monday 9:45 P.M. I ate a 19 ounce Stouffer's lasagna with grated parmesan and Romano cheese and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 09/23/13 Monday 8:55 P.M. After the last note yesterday, I finished packing, and I loaded the luggage in the Audi. I slept from 3 P.M. to 5 P.M.. I ate dip and crackers and watered down orange juice while watching television. For dinner, I ate beef tacos with watered down orange juice. I watched PBS BBC programming until 9 P.M., when I went to bed. I emptied the dishwasher. I woke up at 7 A.M.. I ate breakfast of oatmeal with sugar and sliced banana and milk, a blueberry muffin, a glass of watered down orange juice with vitamins and supplements and two cups of coffee with sugar and half and half. I showered, and I cleaned up. I striped the sheet off the bed. I finished packing. I said good bye to my relatives. I left at 8:45 A.M.. I drove north out of Kennebunkport on Route 9 and west on U.S. 1 to Wells, and I turned off for the I-95 Maine Turnpike road. I stopped at the Amtrak station, and I used the bathroom. I saw a rally of 20 new two door Audi coupes heading north as I got on I-95 south. I drove south on the Maine Turnpike and I paid a \$3 toll and then a \$2 toll on the New Hampshire Turnpike. I used the bathroom at the Massachusetts welcome area. I then got on I-495 West, and I stopped again at the Lowell rest area. I got on I-290 West, and I then got on the Massachusetts turnpike West. I stopped at the Charlton rest area, and I used the bathroom twice before and after eating half my turkey and provolone cheese sandwich. I chatted with a relative on my wireless telephone. I bought \$32.01 of self service premium for \$3.979 a gallon for 8.044 gallons at odometer reading of 73483 for 168.5 miles since I filled up when I arrived in Kennebunkport two weeks previously for 20.947 miles per gallon in mixed traffic. I then got off the I-84 exit west, and I paid a 50 cent toll. With the drive's side front window not working, it is hard to get tickets from automatic toll machines dispensers. I stopped at the Connecticut welcome rest area. I took I-91 South to the I-15 West on the Wilbur Cross Parkway leading to the Merritt Parkway, and I stopped at the North Haven rest area. I then stopped at the New Canaan rest area. I then got off at the North Street exit in Greenwich. I drove down North Street to downtown Greenwich, and I went by the Chase Bank at 19 West Putnam Avenue at 3:00 P.M.. I then went by the Department of Social Services at the Greenwich Town Hall, and I signed my Renter's Rebate Application. I then went by the A&P Fresh, and I bought a 12 pack of Thomas' English muffins for \$2.99 and bananas for .79 a pound for \$1.65 for \$4.64 total. I then went by the Putnam Shell at 401

West Putnam Avenue, and I bought \$23.01 of self service premium gasoline for \$4.499 a gallon for 5.115 gallons at odometer reading of 73615 miles for 131.2 miles driven since the previous fill up for 25,650 miles per gallon in mostly highway traffic. I then went by the Valley Road Post Office, and I picked up my mail. I then returned home, and I opened up the apartment and started the air conditioners. I unpacked the car. The apartment was in good shape, just warm. I unpacked. I chatted with a relative. I ate the other half of the turkey and cheese sandwich that I brought with me along with a 12 ounce glass of [www.coke.com](http://www.coke.com) and a 12 ounce glass of Schweppes Ginger Ale. I started the FIC server. I watered the plants. I sorted through the mail. My monthly food stamps have gone up from \$170 to \$179 a month. They are going to be installing new laundry machines in the building during the first days of October 2013, and we will be getting new laundry cards, so we are not suppose to have too much money on our old laundry cards, since they will not work. I also got a new CVS Key Ring Card. I do know if the old wallet card still will work. CIO

<888> 09/23/13 Monday 7:30 P.M. I got back to Greenwich, Connecticut at 3 P.M. this afternoon. More to come in a little while. CIO

<888> 09/22/13 Sunday 2:30 P.M. I went out with a relative, and I checked the air on the tires of the Audi at the Big Apple station in downtown Kennebunkport at 32 PSI. We then drove along the whole length of the Kennebunk beach, and we parked for a while watching the 20 surfers at the center of the east end of the Kennebunk beach. The Kennebunk beech is called Gooch's Beach. We then drove along the waterfront in Kennebunkport and returned home. For lunch I ate the last of the reheated meat loaf and a turkey, Swiss and Provolone cheese sandwich on pita bread with Hellmann's mayonnaise and bacon and sliced tomato along with a glass 50% ice drink and 50% watered down orange juice. I will now quit using the laptop computer and pack it way and start packing to leave for Greenwich, Connecticut tomorrow morning, whenever I wake up and get ready to leave. CIO

<888> 09/22/13 Sunday 12:10 P.M. It rained this morning, so the Sunday New York Times got wet out in the driveway despite the plastic cover. We are letting it drip dry over the kitchen chairs. I watered the plants on the front porch that did not get rain, and I also put bone meal around the honey suckle plants. There were two humming birds around the honey suckle plants this morning. We rotated and straightened up the sofa and chair cushions and pillows in the library. CIO

<888> 09/22/13 Sunday 10:45 A.M. I watched PBS BBC television until 10 P.M., and then I went to bed. I woke up at 9 A.M.. I ate breakfast of oatmeal with honey and sliced half of a banana and milk, a blueberry muffin, a glass of watered down orange juice with vitamins and supplements and two cups of coffee with sugar and half and half. I chatted with a relative. I will now shower and clean up. I made my bed. CIO

<888> 09/21/13 Saturday 8:35 P.M. I will now watch some television before going to bed in about another hour. CIO

<888> 09/21/13 Saturday 8:25 P.M. I woke up at 4:45 P.M.. I went for a drive with a relative along the Kennebunk beach. We sat out for a while watching the dog walkers on the center of the east end of the beach. We then drove along the waterfront in Kennebunkport. We sat out for a while at the parking area of St. Ann's Episcopal church enjoying the view. We then returned to my relatives' house. I ate dip and crackers and watered down orange juice. For dinner I ate 14 ounce center cut barbecued steak with two ears of corn on the cob with butter and cold slaw and a glass of watered down orange juice. I cleaned up the kitchen. I watched the end of the rebroadcast of the program about Prince William's conservation efforts in Africa. CIO

<888> 09/21/13 Saturday 2:40 P.M. I striped the double bed in the bunk room, and I have clean sheets ready to put on it, after it airs out. I vacuumed the library and the downstairs bunk room. I swept off the deck. I cleaned the bunkroom bathroom bath tub, sink area and toilet. I will now take a nap. CIO

<888> 09/21/13 Saturday 1:25 P.M. I went out with relatives and we did an errand downtown in Kennebunkport. We then drove north on Route 1 and got on the Maine Turnpike North in Biddeford and got off at the Scarborough exit. We filled up my relatives' car at Sam's Club. We then got the family car washed at the Maine Mall for free with a coupon from the dealer and \$4 for the under wash. We then dropped a relative off at the Portland Jet Port. We then drove back down south on the Maine Turnpike to Kennebunk, and we went to CVS. I used the bathroom there. We then went to Hannaford's for some groceries. I used the bathroom there. We then returned to my relatives' house. I unloaded the car. For lunch I ate a roast beef and turkey and Swiss cheese sandwich on 12 grain bread with Hellmann's mayonnaise and potato salad and a 12 ounce glass of watered down orange juice. I will now do some house cleaning. CIO

<888> 09/21/13 Saturday 8:50 A.M. I went to bed at 8:30 P.M.. I woke up at 6:50 A.M.. I ate breakfast of oatmeal with honey and sliced half of a banana and milk, a blueberry muffin, a glass of watered down orange juice with vitamins and supplements and a cup of coffee with sugar and half and half. I will now shower and clean up. I made my bed. CIO

<888> 09/20/13 Friday 8:05 P.M. [Hard Drives | Seagate](#)

<https://www.georgebushfoundation.org/SSLPage.aspx?pid=183>

[BBC News - New spiny rat discovered in 'birthplace of evolution'](#)

[BBC News - Norway election: Conservative Erna Solberg triumphs](#)

[BBC News - Norway abandons Mongstad carbon capture plans](#)

I will now watch a bit of television before going to bed earlier. CIO

<888> 09/20/13 Friday 7:50 P.M. I woke up at 5 P.M.. I put away my laundry. We went out at 5:25 P.M., and we drove over to the Wayfarer restaurant in Cape Porpoise, and me

two other guests. For dinner I had baked sword fish for \$21 with grated yellow and green squash with an orange sauce, a vegetable dish that a relative shared with me along with bread and butter and a glass of iced tea with lemon and Splenda sweetener. We said good bye to the guests, and we returned to my relatives' house driving along the waterfront in Kennebunkport. CIO

<888> 09/20/13 Friday 3:05 P.M. I went out with a relative, and we went by the Kennebunkport post office. We then drove the entire length of the Kennebunk beach and sat out at the west end of the east beach. We then went by H.B. Provisions. We then returned back to my relatives' house. I washed my Audi with Turtle Wax car wash. I then waxed it with DuPont [www.finaldetail.com](http://www.finaldetail.com) car wax. I then cleaned the inside windows and shook out the floor mats and dusted the dashboard. It took about one hour and 45 minutes all together. For lunch I ate a roast beef and Swiss cheese sandwich on 12 grain bread with Hellmann's mayonnaise and potato salad and a 12 ounce glass of Schweppes Ginger Ale with ice. I started the dishwasher. I started a load of colored clothes. I will now take a nap. CIO

<888> 09/20/13 Friday 10:05 A.M. I watched PBS "Michael Woods, History of England" for an hour and a half. I went to bed at 9:45 P.M.. I woke up at 8:50 A.M.. The housekeeper and yard person are here. I ate breakfast of oatmeal with honey and sliced half of a banana and milk, a blueberry muffin, a glass of watered down orange juice with vitamins and supplements and a cup of coffee with sugar and half and half. I will now shower and clean up. I made my bed.

I was told yesterday that when fishing for striped bass from a boat around here, one is only allowed one fish a day 22 inches to 28 inches or over 40 inches. CIO

<888> 09/19/13 Thursday 7:55 P.M. I left with relatives around 4:45 P.M., and we drove along the waterfront and dropped off a relative in the neighborhood of Goose Rocks Beach. We then drove by Cape Porpoise and back along the waterfront returning home. I chatted with a friend. We watched the local news and the ABC evening news, and I ate pepperoni, cheese, dip and crackers with watered down orange juice. For dinner I had the reheated Italian sausage and vegetable soup with two slices of Italian bread with butter and potato salad and watered down orange juice. I cleaned up the kitchen. I will now watch some television and possibly go to bed earlier. One of my relatives wants me to get up earlier, so I have breakfast and am dressed by 10 A.M.. CIO

<888> 09/19/13 Thursday 3:35 P.M. [BBC News - Curiosity rover's methane result challenges life theory](#)

[BBC News - Mice 'can lose innate fear of cats'](#)

[BBC News - Google spin-off Calico to search for answers to ageing](#) CIO

<888> 09/19/13 Thursday 3:10 P.M. I bought two packages of three 3 Pair Men's Boxer Shorts Underwear Assorted Plaid Waist Size 46" 50" 2X 3X | eBay for \$5 each 3 pack and \$5 shipping for \$15 total. CIO

<888> 09/19/13 Thursday 2:55 P.M. For lunch I ate a roast beef and Swiss cheese sandwich on 12 grain bread with Hellmann's mayonnaise and salt and vinegar potato chips and a 12 ounce glass of watered down orange juice. CIO

<888> 09/19/13 Thursday 2:10 P.M. I went out with a relative, and we went by the Kennebunkport post office. We then drove the entire length of the Kennebunk beach, and we sat out at the west end of the east beach. We then went by Port Lobster Kennebunkport, and my relative got a Lobster roll. We then drove along and back the waterfront of Kennebunkport. They have sewer drain construction in front of Port Lobster. CIO

<888> 09/19/13 Thursday 10:30 A.M.. On PBS, I watched a program about migrating birds and another program on why cruise ships sink. I went to bed at 9:45 P.M.. I woke up at 9:15 A.M.. I ate breakfast of oatmeal with honey and sliced half of a banana and milk, a blueberry muffin, a glass of watered down orange juice with vitamins and supplements and a cup of coffee with sugar and half and half. I will now shower and clean up. I made my bed. CIO

<888> 09/18/13 Wednesday 8:00 P.M.. I watched the ABC Evening news and ate dip, cheese, crackers and watered down orange juice. For dinner I ate reheated meat loaf and a baked sweet potato with butter and sliced tomatoes with lettuce and Italian dressing and watered down orange juice.

My plans have changed, and I will now be leaving Kennebunkport this Sunday or Monday September 22 or 23, 2013 to return to Greenwich, Connecticut.

My original interest in volcanoes developed, when I visited the Spanish island of Lanzarote - All About Lanzarote in the Canary Islands in February 1972. However, it was not as warm in February as I thought it might be. I will now watch some television, before going to bed around 10 P.M.. CIO

<888> 09/18/13 Wednesday 6:30 P.M.. Global Volcanism Program | Smithsonian / USGS Weekly Volcanic Activity Report

The impact of cultural and religious influences during natural disasters (volcano eruptions)

AIR Worldwide

Biltmore Email Newsletter

Texting and Driving Statistics

BBC News - Orbital's Cygnus space freighter embarks on maiden voyage

**BBC News - Microsoft releases fix for 'zero-day' IE browser bug CIO**

<888> 09/18/13 Wednesday 6:15 P.M.. I woke up at 5:15 P.M.. I swept off the deck and watered the plants on the deck. Another relative watered the plants in front and in the backyard flower box. I chatted with two friends.

**<http://www.vanityfair.com/society/2013/10/crisis-spain-royalty-abdication> CIO**

<888> 09/18/13 Wednesday 3:15 P.M.. I went out with relatives, and we went by the Kennebunkport post office. We then drove up Route 35 to Kennebunk. My relatives went to Marlow's card and gift shop. Just south of them is the computer operation [www.plixer.com](http://www.plixer.com) which is advertising on their street sign for help, but no walk-ins. We then went by Hannaford's and got some Seal Harbor Maple Walnut ice cream. I used the bathroom there. We drove along the Kennebunk beach to the west end and back. I used the port-o-potty at the east end of the beach by the road. We then went by Port Lobster, and one of my relatives got more crab meat. We then returned back to my relatives' house. For lunch I ate a roast beef and Swiss cheese sandwich on 12 grain bread with Hellmann's mayonnaise and salt and vinegar potato chips and a 12 ounce glass of watered down orange juice. I will now take a nap.

**Remembering Donal O'Brien, friend, mentor and hero - The Bird Watcher CIO**

<888> 09/18/13 Wednesday 12:15 P.M.. If one should buy a cheap Windows 8 or 7 computer, and one needs free software.

One would need this security program [Microsoft Security Essentials - Microsoft Windows](#) and these free programs with an email program [Windows Essentials - Download Windows Live Essentials](#) and this free Office program [Apache OpenOffice - The Free and Open Productivity Suite](#) and the Adobe PDF reader from [www.adobe.com](http://www.adobe.com) and the Flash Player from [www.adobe.com](http://www.adobe.com) for Windows 7 and the free messaging program from Microsoft at [www.skype.com](http://www.skype.com) . CIO

<888> 09/18/13 Wednesday 10:40 A.M.. I watched "Latinos in America" on PBS until 10 P.M.. I went to bed at 10:30 P.M.. I ate breakfast of oatmeal with honey and blueberries and milk, a blueberry muffin, a glass of watered down orange juice with vitamins and supplements and two cups of coffee with sugar and half and half. I will now shower and clean up. While outside, I saw a lumber truck in front and a Bud Light truck down by the waterfront. CIO

<888> 09/17/13 Tuesday 7:50 P.M.. I watched the ABC Evening news while eating dip and crackers and watered down orange juice. For dinner I ate Italian sausage rattitui vegetable soup and three slices of Italian bread with butter and watered down orange juice. I cleaned up the kitchen. CIO

<888> 09/17/13 Tuesday 6:15 P.M.. [KLM Journeys of Inspiration](#)

**Foundation for Family Literacy | Barbara Bush Foundation****<http://stream.une.edu/events>****George Bush Presidential Library Foundation****Visit Scotland CIO****<888> 09/17/13 Tuesday 5:50 P.M.. I woke up at 5:15 P.M.. CIO****<888> 09/17/13 Tuesday 2:45 P.M.. I went downtown with a relative to the Kennebunkport post office. We then walked over to the Colony Pharmacy and got a night light for \$3.67. We then went by the pet store. My relative then used the comfort station. We then went by H&B Provisions. We then drove along the Kennebunk beach to the far west end, and we sat out at the west end of the east end. We then returned to my relatives' house. The painter was here doing some touch up work. I put the new night light in the upstairs front bedroom bathroom. I ate a bowl of chowder and reheated pasta with butter and a glass of watered down punch. I will now take a nap. CIO****<888> 09/17/13 Tuesday 10:05 A.M.. I watched the Antiques Roadshow until 10 P.M.. I emptied the dishwasher. I went to bed at 10:30 P.M.. I woke up at 9 A.M.. I ate breakfast of oatmeal with honey and sliced banana and milk, a blueberry muffin, a glass of watered down orange juice with vitamins and supplements and a cup of coffee with sugar and half and half. I will now shower and clean up. CIO****<888> 09/16/13 Monday 8:05 P.M.. I watched the ABC Evening news and ate dip and crackers and watered down orange juice. For dinner I ate meat loaf, sautéed zucchini, baked potato with butter, tossed salad with Italian dressing and watered down orange juice. CIO****<888> 09/16/13 Monday 6:10 P.M.. Charles, Prince of Wales Facebook****VUELCO | Volcanic Unrest in Europe and Latin American Countries****Volcanic Risk Solutions****BBC News - Mars rover makes science 'pit stop'****BBC News - Online shopping: The pensioner who pioneered a home shopping revolution  
CIO****<888> 09/16/13 Monday 5:55 P.M.. I woke up at 5:15 P.M.. I mixed together a meat loaf that a relative had prepared which we will eat once it is cooked. CIO****<888> 09/16/13 Monday 3:55 P.M.. I went out with a relative to the Kennebunkport post office. I walked over to the Colonial Pharmacy, but they did not have any night light bulbs**

in stock. We then drove over to Bradbury's in Cape Porpoise, and my relative got some food along with two packages of two GE night light bulbs. We then returned back along the Kennebunkport waterfront to my relatives' house. I put out the garbage and the recycle material on the street for Tuesday pickup. I tried putting a new night light bulb in the fixture in the downstairs bunk room bathroom, but the fixture was burned out not the bulb. I took another night light from the upstairs front bedroom bathroom, and I put it in the downstairs bunk room bathroom. They yard person cut the front and the side yard today. I will now take a nap. CIO

<888> 09/16/13 Monday 2:05 P.M.. I put away the dry laundry. CIO

<888> 09/16/13 Monday 2:00 P.M.. I ate reheated pasta with butter and a four ounce piece of cold center cut barbecue steak and a couple of scoops of potato salad with watered down orange juice. CIO

<888> 09/16/13 Monday 1:25 P.M.. I made 114 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while listening to [www.foxnews.com](http://www.foxnews.com) . CIO

<888> 09/16/13 Monday 11:55 A.M.. I started a load of whites laundry. As it stands now, I will be returning and driving back home to Greenwich, Connecticut on Tuesday September 24, 2013. I will now make cigarettes. The housekeeper was here this morning. However, the yard person was not able to cut the grass because the lawn was still too wet. CIO

<888> 09/16/13 Monday 10:50 A.M.. I will now shower and clean up. CIO

<888> 09/16/13 Monday 10:35 A.M.. I watched the PBS program about Halifax and then part of Foyle's War. I emptied the dishwasher, and I went to bed at 10 P.M.. A relative watched part of Prince William's interview and it was about endangered wild African animals. I woke up at 9:20 A.M.. I ate breakfast of oatmeal with honey and sliced banana and milk, a blueberry muffin, a glass of watered down orange juice with vitamins and supplements and a cup of coffee with sugar and half and half. CIO

<888> 09/15/13 Sunday 7:45 P.M.. BBC News - Battle to save rare high brown fritillary butterfly

Prince William is supposed to be on [www.cnn.com](http://www.cnn.com) television this evening at 10 P.M. EDT giving an interview. CIO

<888> 09/15/13 Sunday 7:35 P.M.. I woke up at 5 P.M.. We drove along the Kennebunkport waterfront to Cape Porpoise. We went to Pier 77 Restaurant / The Ramp Bar and Grill, Cape Porpoise Maine and ate the Ramp menu from the couple of tables on the left side away from the dining room. We split an order of onions rings. I also had three slices of sour dough bread with olive oil and fish and chips and iced tea with a slice of lemon and Splenda sweetener. After dinner, we drove back along the waterfront of Kennebunkport back to the family house. CIO

<888> 09/15/13 Sunday 3:20 P.M.. I ate a bowl of clam chowder. I went for a drive with relatives along the entire length and back at the Kennebunk beach. We sat out briefly at the beach and returned home. We then went by Port Lobster briefly. I put the two large bags of dead flower clippings out by the road for Tuesday garbage pickup. There are lots of flower seeds in the dead flowers that could be used for future flowers. I will now take a nap. We are basically a Dutch American household here. CIO

<888> 09/15/13 Sunday 12:35 P.M.. Study: Many state seniors lack dental care - GreenwichTime CIO

<888> 09/15/13 Sunday 12:30 P.M.. I planted the purple Sokia Aster plant that we got at Home Depot yesterday in the backyard flower box, and I watered it. I checked the oil on the Audi, and it is just fine. Starting tomorrow September 16, 2013 anyone without a beach parking permit is allowed to park on the Kennebunk beach parking area, so we might have some extra visitors on the waterfront. CIO

<888> 09/15/13 Sunday 10:45 A.M.. I watched a BBC program "Waiting for Halifax" until 10 P.M., and then I went to bed. I woke up at 9:30 A.M.. I ate breakfast of oatmeal with honey and sliced banana and milk, a blueberry muffin, a glass of watered down orange juice with vitamins and supplements and a cup of coffee with sugar and half and half. I looked at a relative's baby on another relative's Iphone. I will now shower and clean up. Considering the British have dumped a lot of its citizens in America over hundreds of years, I think the British should give us some sort of aid for living overseas all of these years. CIO

<888> 09/14/13 Saturday 9:15 P.M.. BBC News - Japan launches 'affordable' Epsilon space rocket

I will watch a bit of television, and then I will go to bed. CIO

<888> 09/14/13 Saturday 9:05 P.M.. I woke up at 4:45 P.M.. I went with relatives for a drive along the Kennebunk beach to the west end, and then we returned to the east end and parked for a while watching the surfers and the dog walkers. We then drove along the Kennebunkport waterfront. We then returned back to my relatives' house. I ate popcorn with watered down orange juice and watched the Maine news report. For dinner I ate a 14 ounce barbecued medium rare center cut steak with Montreal Steak Seasoning, two ears of sweet corn on the cob with butter, sliced tomatoes and mozzarella cheese with herbal dressing and watered down orange juice. I cleaned up the kitchen. CIO

<888> 09/14/13 Saturday 2:50 P.M.. I went out with relatives to the Kennebunkport post office. The detour is not in place over the weekend. It looks like part of the road washed away just east of the Kennebunkport fire department. We drove over to Home Depot in Biddeford, Maine, and my relatives go a plant and some gardening supplies. One of their customers thought I worked there, since I was wearing a part orange polo shirt. We then went by T.J. Maxx. I stopped by Target next door. I used the bathroom at T.J. Maxx. On the way home, we stopped by La Flammes and got four ears of extra sweet corn for .50 an

ear. We stopped by the Lobster Company in Arudel on U.S.1 to get some more crab meat. We then returned back home in Kennebunkport. I reheated and ate the rest of the Lobster pasta and I also finished off the cold slaw, and I drank a glass of watered down orange juice. I started the dishwasher. I will now take a nap. CIO

<888> 09/14/13 Saturday 10:35 A.M.. I watched Tony Bennet duets on New Hampshire PBS television before going to bed at around 9:45 P.M.. I woke up at 9:20 A.M.. I ate breakfast of oatmeal with honey and sliced banana and milk, a blueberry muffin, a glass of watered down orange juice with vitamins and supplements and a cup of coffee with sugar and half and half. I put the remains of the old dead flowers from the flower box in back into two large garbage bags to have ready for disposal on the Tuesday morning garbage pickup. It seems to be sunny today. I will now shower and clean up. CIO

<888> 09/13/13 Friday 8:10 P.M.. I watched the ABC evening news and ate some dip and crackers and watered down orange juice. For dinner I had Lobster Pasta With Yellow Tomatoes and Basil - Recipes - The New York Times that a relative made with fresh lobster along with a glass of watered down orange juice. I cleaned up the kitchen. I will now watch a little bit of television before going to bed around 9:30 P.M..

Prince William and Kate Middleton hire William's former nanny Jessie Webb to help care for Prince George - hellomagazine.com CIO

<888> 09/13/13 Friday 5:25 P.M.. Greenwich Land Trust we are getting more rain again. CIO

<888> 09/13/13 Friday 5:10 P.M.. Brazen, Brutal and Unsolved: The Black Market of Art Theft - MEGAblog CIO

<888> 09/13/13 Friday 5:05 P.M.. I put away the dry laundry. With the help of a relative, we moved most of the porch furniture off the deck to the right side of the garage. We left three light chairs and three small light tables. I mopped the library and hallway floor leading from the deck to the garage, where the porch furniture had dripped on the floor. I also cleaned three small area rugs that got dripped on, and now they are drying in the garage on top of the porch furniture. I went out with relatives, and we went by the Kennebunkport post office. We then drove over to CVS in Kennebunk. We then went to the Irvine gasoline station, and we filled up the relatives' car. We then went by the Hannaford's grocery store and got some food and supplies. We drove the back detour way back to Kennebunkport. We saw a car from Washington state while on the detour and another car from Illinois while driving along the waterfront. It was raining heavily when we went out and did our errands. CIO

<888> 09/13/13 Friday 12:50. P.M. I started a load of laundry. I went out with a relative, and we went by Port Lobster Kennebunkport. We then drove down around the waterfront in Kennebunkport and then returned home. My relative bought me a lobster roll with a small bag of potato chips and cold slaw for \$9.99 which I ate for lunch with a glass of watered down orange juice. I started the dry cycle on the laundry. The sun has

come out. It is supposed to be a nice weekend, so we should have hoards of visitors in Kennebunkport for the weekend. CIO

!!!!!! <888> 09/13/13 Friday 11:20. A.M. \$149.99 with free shipping refurbished Gateway AMD E1 1200 1 4GHz 4GB 500GB Windows 8 Desktop PC SX2110G UW308 | eBay .  
CIO

<888> 09/13/13 Friday 10:10. A.M. I woke up at 8:55 A.M.. I ate breakfast of oatmeal with honey and sliced banana and milk, a blueberry muffin, a glass of watered down orange juice with vitamins and supplements and two cups of coffee with sugar and half and half. Watching the carpenters work on the house in front of my family's house, I am getting post traumatic stress syndrome from when I built the garage apartment out in Plandome Manor, New York in 1982. Of course with severe arthritis, I do not do that sort of work anymore. It is a rainy day so far in Kennebunkport, Maine. The housekeeper and the yard man are not coming today. I will now shower and clean up. CIO

<888> 09/12/13 Thursday 8:10. P.M. I ate cheese and crackers and watered down orange juice while watching the ABC Evening news. For dinner I ate a bowl of clam chowder and a tossed mixed salad with crab meat and a glass of watered down orange juice. I cleaned up the kitchen. CIO

<888> 09/12/13 Thursday 5:30. P.M. Ronald Reagan Presidential Foundation and Library: Email - Special Limited Time Offer on Our Patriotic Stars and Stripes Throw!

<http://www.bbc.co.uk/news/science-environment-24026153>

<http://www.bbc.co.uk/news/science-environment-24040130>

BBC News - Wave power generator bags Dyson award

BBC News - Prince William to swap armed forces for royal and charity duties

Kensington Palace - Wikipedia, the free encyclopedia

The Official Kensington Palace Website: Events And Opening Hours CIO

<888> 09/12/13 Thursday 5:00. P.M. I woke up to a thunderstorm at 4:30 P.M.. One of the more interesting discoveries I made at the Ogunquit Playhouse two summers ago was 28' Trailer | A Royal Flush, Inc. which are handy when one has lots of visitors. CIO

<888> 09/12/13 Thursday 2:00. P.M. I went out with relatives, and we went by the Kennebunkport post office. We then drove along and back the whole length of the Kennebunk beach. There was hardly anyone there on an overcast day, and downtown Kennebunkport was pretty slow. They have a detour on the east side of Kennebunkport towards route 1 the last four days, so to get to Route 1, one has to take the detour by the Kennebunkport police station. I ate a roast beef and Swiss cheese sandwich on 12 grain

bread with Hellmann's mayonnaise and cold slaw and a 12 ounce glass of watered down orange juice. I will now take a nap. CIO

<888> 09/12/13 Thursday 12:20. P.M. Prince William to leave military service, devote time to charities - CNN.com . CIO

<888> 09/12/13 Thursday 12:15. P.M. <http://www.nhc.noaa.gov/index.shtml> National Hurricane Center. CIO

<888> 09/12/13 Thursday 12:10. P.M. A relative cleared out the dead flowers in the flower box in back. We need to get large garbage bags to throw away the dead flowers. In the bunk room bathroom downstairs, I used needle nose pliers to reattach tightening the small screw on the towel hook to the right side of the bath tub and the left holder for the toilet paper holder roll. CIO

<888> 09/12/13 Thursday 10:55. A.M. I woke up at 9 A.M.. I ate breakfast of oatmeal with honey and sliced banana and milk, a blueberry muffin, a glass of watered down orange juice with vitamins and supplements and two cups of coffee with sugar and half and half. One of the carpenters working on the house in front of my relatives' house has to use our front hose for water, since they do not have water in the house under renovation. I will now shower and clean up. CIO

<888> 09/11/13 Wednesday 8:45. P.M. Global Volcanism Program | Smithsonian / USGS Weekly Volcanic Activity Report

Biltmore Email Newsletter

Prince William is supposed to be doing an interview on [www.foxnews.com](http://www.foxnews.com) this Sunday.

Donal O'Brien, Audubon Leader, Dies at 79 - NYTimes.com

I will now chat with my relatives, and I will go to bed in a little while. Severe thunderstorms in Kennebunkport, Maine tomorrow. CIO

<888> 09/11/13 Wednesday 8:10. P.M. At 3:30 P.M., I left with a relative, and we did an errand in downtown Kennebunkport. We then drove up Route 1 to Biddeford, Maine and got on the I-95 North to the Scarborough, Maine exit. We went to Sam's Club, and we got some supplies. My relative bought me a 10 pack of Burlington white socks for \$11.97. It was a 105 degrees Fahrenheit in the hot sun in the parking lot, although it was only 75 degrees around the waterfront in Kennebunkport. We then went to the Portland, Maine Jet Port, and we picked up a relative. We then drove back down I-95 South and got off the Kennebunk exit. We drove over to West Kennebunk, and we went to the Village Tavern. For dinner, I had sour dough bread with butter, sautéed beef tenderloin tips on a bed of baby spinach with au jus horse radish sauce and sautéed mushrooms with sweet onions for \$20 and a glass of iced tea with sweet and low and a lemon slice. I used the bathroom at the

restaurant. It was a most excellent dinner my relative treated us to. We then returned back to my relatives' house in Kennebunkport. I carried in the luggage. CIO

!!!!!!<888> 09/11/13 Wednesday 2:50. P.M. \$149.99 with free shipping refurbished Gateway AMD E1 1200 1 4GHz 4GB 500GB Windows 8 Desktop PC SX2110G UW308 | eBay CIO

<888> 09/11/13 Wednesday 2:30. P.M. I ate a roast beef and Swiss cheese sandwich on 12 grain bread with Hellmann's mayonnaise and garlic and cheese potato chips and a 12 ounce glass of watered down orange juice. I watched some cormorants which are the Chinese fishing bird fishing in the back yard tidal pond. CIO

<888> 09/11/13 Wednesday 1:30. P.M. I made 118 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while listening to www.foxnews.com . CIO

<888> 09/11/13 Wednesday 12:25. P.M. I put bone meal around the two rose bushes in front of the house and around the two peonies on the south side of the house, and I watered them. I also put seven Jobs tree spikes in the ground around the flowering plum tree in front of the house. I went downtown to the Kennebunkport post office, and I picked up the mail. I will now make cigarettes. CIO

<888> 09/11/13 Wednesday 10:10. A.M. I woke up at 8:45 A.M.. I ate breakfast of oatmeal with honey and sliced banana and blueberries and milk, a toasted bagel with butter, a glass of watered down orange juice with vitamins and supplements and two cups of coffee with sugar and half and half. I chatted with a relative. I will now shower and clean up. CIO

<888> 09/10/13 Tuesday 9:35. P.M. I read the October 2013 Architectural Digest. I emptied the dishwasher. I watched the www.whitehouse.gov speech. I will now go to bed. CIO

<888> 09/10/13 Tuesday 8:10. P.M. Introduction ESLAB

BBC News - Science 'could lose' duelling dinos

BBC News - Apple iPhone 5S and 5C handsets unveiled in California CIO

<888> 09/10/13 Tuesday 8:00. P.M. I ate crab meat and crackers and watered down orange juice while watching the ABC evening news. For dinner I ate three sautéed crab cakes and baked half of an acorn squash with sautéed mushrooms on both along with a glass of watered down orange juice. I cleaned up the kitchen. CIO

<888> 09/10/13 Tuesday 6:05. P.M. I woke up at 4:45 P.M.. I went with a relative for a drive along the Kennebunk beach to the west end and then on the return we parked part way down the east end and enjoy the view of dog walkers and surfers. As of Monday September 16, 2013; anyone can park there without a parking permit. We then returned to my relatives' house. CIO

<888> 09/10/13 Tuesday 2:45. P.M. I watered the plants and bushes in front and in back and on the deck. I swept off the deck. I started a load of white laundry. I went out with a relative, and we went by the Kennebunkport post office, and we mailed a package to other relatives. We then drove over to Cape Porpoise and viewed the waterfront. We then stopped by Bradbury's. For anyone not on cholesterol medication with money, they have 1.5 inch thick Delmonico steaks for \$9.99 a pound. We then returned along the waterfront in Kennebunkport. We saw a few "For Sale by Owner" signs. I started a dry cycle of laundry. I ate a bowl of Italian sausage and tomato soup, and a roast beef and Swiss cheese sandwich on 12 grain bread with Hellmann's mayonnaise and garlic and cheese potato chips and a 12 ounce glass of watered down orange juice. I will now take a nap. CIO

<888> 09/10/13 Tuesday 10:10. A.M. 6,100 passengers are getting off two cruise ships in Portland, Maine today. I just saw two large tourist buses headed towards Walkers Point. CIO

<888> 09/10/13 Tuesday 9:35. A.M. . I woke up at 8 A.M.. I brought in the newspapers. I ate breakfast of oatmeal with honey and sliced banana and milk, a muffin, a glass of watered down orange juice with vitamins and supplements and a cup of coffee with Splenda sweetener and half and half. I chatted with a relative. I will now shower and clean up. CIO

<888> 09/09/13 Monday 9:15. P.M. Ronald Reagan Presidential Foundation and Library: Email - We are Pleased to Announce: Reagan National Defense Forum

[http://news.holland.com/public/read\\_message.jsp;jsessionid=0;apw18?sigreq=1585601408](http://news.holland.com/public/read_message.jsp;jsessionid=0;apw18?sigreq=1585601408)

<http://content.cunard.com/cunard/?3edRpxjM.fi9SLOGslPf9jH3eMtfANKC3>

BBC News - New Vincent Van Gogh painting identified

BBC News - Volcano: Professor's 20 year study to convince colleagues

I will go to bed in a little while. CIO

<888> 09/09/13 Monday 7:50. P.M. I ate crackers and dip and watched the ABC and PBS evening news. For dinner, I ate baked breaded cod with sautéed flavored corn with bacon and steamed flavored asparagus with a glass of watered down orange juice. I cleaned up the kitchen. CIO

<888> 09/09/13 Monday 6:20. P.M. I woke up at 5 P.M.. We drove west and back along the Kennebunk beach. I put the garbage out for pickup tomorrow. CIO

<888> 09/09/13 Monday 3:15. P.M. On the Audi, I took the front driver's side door panel off, and I disconnected the power to the front window. I then installed about a 15 inch long board to support the window in an upright closed position. I then put the door panel back on. I had done the same previously on the passenger side front door, but I took the panel

off again to secure the board more tightly. I went out with a relative, and we went by the Kennebunkport post office. We then drove over to T.J. Maxx in Biddeford. My relative bought me a XXL cotton long sleeve Ralph Lauren shirt in white with blue and purple stripes with button down collar for \$13.99. We next stopped by the Lobster Company on U.S. 1 about a mile east of Hannaford's and we bought 8 ounces of fresh crab meat for \$9.75. We then returned back to my relatives' house. For lunch, I ate a roast beef and Swiss cheese sandwich on sourdough bread with Hellmann's mayonnaise and garlic and cheese potato chips and watered down orange juice. I helped empty the dishwasher. I will now take a nap. CIO

<888> 09/09/13 Monday 10:30. A.M. I woke up at 8 A.M.. I brought in the newspapers. I ate breakfast of oatmeal with honey and sliced banana and milk, a toasted bagel with butter, a glass of watered down orange juice with vitamins and supplements and a cup of coffee with Splenda sweetener and half and half. I chatted with a relative. I will now shower and clean up. CIO

<888> 09/08/13 Sunday 8:55 P.M. I ate dip and crackers and watched part of the ABC evening news. For dinner, I ate two chicken legs and slices of breast meat and two ears of sweet corn on the cob with butter and cold slaw and a glass of watered down orange juice. I chatted with two relatives. I watched some television. I will now go to bed. CIO

<888> 09/08/13 Sunday 6:10 P.M. I rested until 2 P.M.. I ate a smoked Swiss cheese sandwich with bacon and Hellmann's mayonnaise on pita bread and a bowl of lobster bisque and a dill pickle sliced with a glass of water. I chatted with a relative. I went out with a relative and we drove west along the Kennebunk beach, and then we drove north to Kennebunk. We stopped by CVS and a relative got a flu shot. We went by Hannaford's and we got groceries. We returned to Kennebunkport, and we drove along the waterfront. We returned back home. We put away the groceries. CIO

<888> 09/08/13 Sunday 1:10 P.M. I woke up at 3:30 A.M. this morning. I ate breakfast of oatmeal with honey, milk and sliced banana, a toasted English muffin with olive oil, a glass of 50% cold filtered water and 50% punch with vitamins and supplements and a cup of coffee with milk and Splenda sweetener. I showered, and I cleaned up and made my bed. I finished packing a few items, and I threw out the garbage. I left my building at 5:15 A.M. I drove east on Putnam Avenue to north North North Maple to north on North Street to the Merritt Parkway East. I stopped to go to the bathroom at the New Canaan rest area and the North Haven rest area. I got on I-91 North, and I stopped at the rest area to go to the bathroom. I then got on I-84 East, and I stopped at the Vernon rest area to go to the bathroom. I got on the Massachusetts turnpike, and I stopped at the Charlton rest area. At the turnpike entrance, the driver's side window went down, but it malfunctioned and would not go up. I raised it up by hand at the rest area, so now both front windows need to be fixed. I went to the bathroom before eating half my sandwich. I bought \$18.00 of self service premium Gulf gasoline for \$3.999 a gallon for 4.501 gallons at odometer reading of 73177 miles for 128.8 miles driven since Friday September 6, 2013 for 28.616 miles per gallon in highway traffic. I then got off at the Worcester exit for I-290 North, and I paid a 50 cent toll. I then got on I-495 North, and I stopped at the Lowell rest area. I got on I-95

North, and I stopped at the New Hampshire rest area. I chatted with a relative. I then paid a \$2 New Hampshire toll and a \$3 Maine Turnpike toll. I got off at the Kennebunk exit instead of the Wells exit, since there is bridge construction on Route 9 in Kennebunk that way. I went by the Circle K Irving gasoline station, and I bought \$18 of self service premium gasoline for \$3.879 a gallon for 4.641 gallons at odometer 73308 miles for 131.7 miles drive from the previous fill up for 28.378 miles per gallon. I drove to my family's house in Kennebunkport arriving at 11:15 A.M. for 266 miles driving. I said hello to a relative. I ate the other half of my sandwich. I brought in my luggage. I unpacked my baggage. I will now rest for a while.

End of Scott's Notes week of 09/07/13

<888> 09/07/13 Saturday 7:25 P.M.. I chatted with a relative. I will now send out my weekly notes. I will then shut down the primary work computer and the FIC server, and I will go to bed after that. I will wake up in the morning and once I am ready head up to Kennebunkport, Maine. CIO

<888> 09/07/13 Saturday 6:55 P.M.. I went outside, and I chatted with a neighbor. CIO

<888> 09/07/13 Saturday 5:35 P.M.. I made a turkey and Swiss cheese sandwich on 15 grain whole wheat bread with Hellmann's olive oil mayonnaise to take with me tomorrow on my trip to Kennebunkport, Maine. CIO

<888> 09/07/13 Saturday 5:00 P.M.. Elizabeth I (queen of England) -- Encyclopedia Britannica CIO

<888> 09/07/13 Saturday 4:45 P.M.. I ate two 3 ounce Purdue chicken cutlets and steamed baby carrots and 12 ounces of mashed potatoes with Smart Balance Spread and extra virgin olive oil and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Splenda sweetener and Stop and Shop lemon juice.

I doubled checked, and I did get a Forbes magazine a week ago. I guess since the Forbes are thrifty Scottish, they only publish once every two weeks. CIO

<888> 09/07/13 Saturday 3:45 P.M.. I finished packing. I renew my www.forbes.com magazine subscription last year for another two years for a \$20 discount subscription for the subscription that expired this July 2013, but the new subscription never came through, so I have to rely on the web site from now on, since I no longer get the printed magazine. I still get the www.time.com magazine though. CIO

<888> 09/07/13 Saturday 1:00 P.M.. I threw out the garbage. I chatted with neighbors. I took the two orange and black steel chairs out of the trunk of the Audi, and I brought them up to my apartment, and I stored them on the left side of the Sony television in the living room. I will now start packing. CIO

<888> 09/07/13 Saturday 11:10 A.M.. I will now shower and clean up. CIO

<888> 09/07/13 Saturday 11:00 A.M.. I chatted with a relative. CIO

<888> 09/07/13 Saturday 10:10 A.M.. I woke up, and I ate about two ounces of almonds. I finally woke up at 9 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 09/06/13 Friday 10:45 P.M.. Ronald Reagan Presidential Foundation and Library: Email - Live Webcast: Mark Levin at the Reagan Library - Sat. Sept 7th

Geosciences 2013 Conference - Pre-conference field trips | Online Registration by Cvent

Mysteries of the Ancient World

George Bush Presidential Library Foundation

Travel Back in Time to Ancient Greece and Rome

Nasa's LADEE Moon probe ready for lift-off , you'll see it fly by here.

Silver trumps gold in nano advance

Snowden leaks: US and UK 'crack online encryption'

I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 09/06/13 Friday 9:50 P.M.. I reheated and ate the chicken and mashed potato dinner with Smart Balance Spread and extra virgin olive oil on the mashed potatoes and a 12 ounce glass of Schweppes Ginger Ale. I chatted with a relative. CIO

<888> 09/06/13 Friday 8:55 P.M.. I chatted with a relative. CIO

<888> 09/06/13 Friday 8:35 P.M.. I chatted with a friend. I threw out the garbage. I went downtown. I walked the entire length of Greenwich Avenue and the train station area. The train station bathroom is closed after the morning rush hour. I used the new men's room at the Senior and the Arts Center. They are installing a new sculpture exhibit in front of the Senior and the Arts Center. Beside the metal sculptures in front on the ground, they are trying to hang three large airplane type wings from the trees. One them fell down about five feet on the lifting hoist after they thought they had it properly secured. If there is a high wind in a tropical storm in this area, they also might be blown away. Still it is a colorful display. On the way up Greenwich Avenue, I stopped by CVS, and I bought two 16 ounce bags of CVS almonds for \$4.99 each for \$9.98 total. I also went by the Chase Bank at 19 West Putnam Avenue. I sat in front of the new coffee shop "CFCF" chatting with another local walker. I also chatted with a new local resident from Illinois. I was told in the Polio epidemic in the late 1940s, that somebody at the Hinsdale,

Illinois high school died every six weeks from Polio. I sat out for a while. I chatted with two local cigar smokers that I had not seen in a while. I waved at another local couple as I was leaving. The Greenwich Police were lowering the local flags to half staff 'An unbelievable good kid' killed in Afghanistan'. I then went to the Stop and Shop. I bought bananas for .79 a pound for .92 and another chicken and mashed potato cooked dinner for \$2.99 for \$3.91 total. I chatted with a local resident about the media attention the town gets and a staff member. I then went by the Putnam Shell at 401 West Putnam Avenue, and I bought \$13.01 of self service premium V-Power gasoline for \$4.549 a gallon with a dime a gallon off with my Stop and Shop card for 2.861 gallons at odometer reading of 73048 miles for 32.8 miles driving since Saturday August 31, 2013 for 11.465 miles per gallon in mostly local traffic. I then checked the air on my tires for 33 Pounds Per Square Inch all around. I then returned home, and I picked up the mail. CIO

<888> 09/06/13 Friday 3:10 P.M.. ate a 14 ounce Marie Callender sweet and sour chicken dinner with Smart Balance Spread and extra virgin olive oil on the vegetables and a muffin and a 12 ounce glass of [www.coke.com](http://www.coke.com). I will now go downtown to the Happy Hunting Grounds of Greenwich Avenue. CIO

<888> 09/06/13 Friday 2:30 P.M.. I made 114 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching a National Geographic documentary "Jamestown". CIO

<888> 09/06/13 Friday 12:40 P.M.. I threw out the garbage including a dozen eggs that expired for over a month. I chatted with neighbors. I will now make cigarettes. CIO

<888> 09/06/13 Friday 11:30 A.M.. I will now shower and clean up. CIO

<888> 09/06/13 Friday 11:05 A.M.. I chatted with a local walker. CIO

<888> 09/06/13 Friday 10:05 A.M.. I woke up at 8:45 A.M.. I chatted with a relative. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. I chatted with a friend. CIO

<888> 09/06/13 Friday 4:35 A.M.. I put away the laundry. I will now go back to bed. CIO

<888> 09/06/13 Friday 3:55 A.M.. I ate a muffin. CIO

<888> 09/06/13 Friday 3:15 A.M.. I have 50 minutes to go on two dry cycles. CIO

<888> 09/06/13 Friday 3:05 A.M.. Basically from what I can figure out, a lot of my old network of friends consist of people whom use to live around East 67th Street in Manhattan. CIO

<888> 09/06/13 Friday 2:50 A.M.. I woke up at 1:45 A.M.. I put clean linens on the bed. I started two loads of laundry, and I have 20 minutes to go on the wash cycles. I threw out the garbage and the old periodical literature. I watered the plants. CIO

<888> 09/05/13 Thursday 6:15 P.M.. I picked up the mail, and I sat outside briefly. I chatted with a relative. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 09/05/13 Thursday 5:45 P.M.. I wonder if there is any truth to this Prison Planet.com » Rothschilds & Rockefellers – Trillionaires Of The World . Of course in Germany in the 1930s a trillion marks would not even buy a dozen eggs.

iFly KLM Magazine

Ronald Reagan Presidential Foundation and Library: Email - Ronald Reagan Signature Desk Accessories-Your Choice \$14.95!

Crazy Horse ONTHISDAY

Download Windows 8.1 Enterprise Preview

Laser-guided surgery finds brain cancer's boundary

Glasgow University team aims to help develop 'formula milk' for pandas CIO

<888> 09/05/13 Thursday 4:55 P.M.. My www.cl-p.com electricity bill for August 2013 was \$228.43 for 1544 kWh for 30 days at 51.47 kWh per day with an average temperature of 72.2 degrees Fahrenheit.

For August 2012 it was \$245.06 for 1604 kWh for 33 days and 48.61 kWh per day with an average temperature of 74.2 degrees Fahrenheit. CIO

<888> 09/05/13 Thursday 4:25 P.M.. I put the Mighty Light on the upper shelf of the wire rack behind the apartment entrance door, so it turned on when one opens the apartment door. I ate two 3 ounce Purdue chicken cutlets and steamed baby carrots and 12 ounces of mashed potatoes with Smart Balance Spread and extra virgin olive oil and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Splenda sweetener and Stop and Shop lemon juice. CIO

<888> 09/05/13 Thursday 3:05 P.M.. I threw out the garbage. I went by the www.chase.com bank at 19 West Putnam Avenue. I then went by the Wells Fargo Bank on Havemayer Place, and I paid my rent to the Greenwich Housing Authority. I then went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I chatted with the computer people in front of the Senior and the Arts Center. I stopped by CVS, and I used the bathroom. On the way down Greenwich Avenue, I stopped by CVS again, and I bought As Seen on TV Mighty

**Light for \$9.99 and .63 for \$10.62 total. I then went back down Greenwich Avenue, and I sat out for a while enjoying the day. They were pouring cement at the new Restoration Hardware store project at the old post office building. I next went by the Greenwich Library, and I chatted with a local, and I toured the place, and I used the bathroom on the second floor. I chatted with another local outside. I then returned home, and I chatted with neighbors. I put a 9 volt CVS alkaline battery in the Might Light, and I put it on the right front side of the shelf of the Ethan Allen IBM ThinkCentre computer. Thus when one walks by it, the light will turn on for 30 seconds or as long as one is in that area of about six feet distance. I might move it elsewhere depending on how it works there. CIO**

**<888> 09/05/13 Thursday 10:05 A.M.. I chatted with a relative. CIO**

**<888> 09/05/13 Thursday 9:00 A.M.. I will now shower and clean up. I will then go downtown. CIO**

**<888> 09/05/13 Thursday 8:45 A.M.. My 10:30 A.M. appointment was cancelled. CIO**

**<888> 09/05/13 Thursday 8:10 A.M.. Greenwich tops nation's priciest CBD list CIO**

**<888> 09/05/13 Thursday 8:05 A.M.. I woke up at 7 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO**

**<888> 09/04/13 Wednesday 9:15 P.M.. When one appreciates fine architecture, one also has to realize it is incredibly expensive to maintain older homes. One can look at the Avery Architectural Library at [www.columbia.edu](http://www.columbia.edu) and see the designs of a lot of the great old homes that use to be in America that like their occupants are no longer with us.**

**I ate a 14 ounce Marie Callender sweet and sour chicken dinner with Smart Balance Spread and extra virgin olive oil on the vegetables and a muffin and a 12 ounce glass of [www.coke.com](http://www.coke.com). I will now shut down the primary IBM PC DOS Windows Internet Computer, <http://mikelouisscott.com/computer.htm> and I will go to bed soon. I have a 10:30 A.M. appointment tomorrow, so I should be awake at 7 A.M.. CIO**

**<888> 09/04/13 Wednesday 8:15 P.M.. I chatted with a relative. CIO**

**<888> 09/04/13 Wednesday 7:05 P.M.. I chatted with a friend. CIO**

**<888> 09/04/13 Wednesday 6:45 P.M.. It is probably a tear down unless on likes bricks, so that makes it worth \$5 million an acre in back country \$25 Million Midcountry Mansion Hit The Greenwich Market This Week. That is an interesting property though, since if you walk across the street from it a little bit east of it, there is a tree shaded lane with a chain across it that leads to a secret piece of property that few people know about. Maybe the property shows up on Google Maps from the air and search "218 Clapboard Ridge**

Road in Greenwich, CT." from <https://maps.google.com/maps?hl=en&tab=wl> . Of course, there might be Mountain Lions or Bears on that property. The last time I looked at that house for sale, they had put in an invisible dog fence around the property. I went to a party there around 1967. CIO

<888> 09/04/13 Wednesday 6:05 P.M.. I picked up the mail. CIO

<888> 09/04/13 Wednesday 5:10 P.M.. I went outside. I found a Motorola bluetooth ear device that I gave to the building custodian to look into. The mail is being delivered right now. CIO

<888> 09/04/13 Wednesday 4:45 P.M.. I threw out the garbage.

Global Volcanism Program | Smithsonian / USGS Weekly Volcanic Activity Report

Museum Day Live! 2013 Registration

'Uncrackable' codes set for step up

African fish is fastest-maturing vertebrate

New timeline for origin of ancient Egypt

Soil samples reveal Richard III suffered from roundworm

Samsung unveils Galaxy Gear smartwatch accessory CIO

<888> 09/04/13 Wednesday 3:55 P.M.. I reheated the chicken and mashed potatoes dinner, and I put Smart Balance Spread and extra virgin olive oil on the mashed potatoes, and I ate it all with a 12 ounce glass [www.coke.com](http://www.coke.com) . Coca Cola used to be the World's Most Popular Brand Name, since it is a low cost product even by World Standards, it might still be. I think there might be somebody in Atlanta, Georgia that knows a little bit about Coca Cola and opposed to nearby [www.pepsi.com](http://www.pepsi.com) in Purchase, New York. CIO

<888> 09/04/13 Wednesday 2:45 P.M.. I threw out the garbage. I went downtown. I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. There were four senior citizens in front of the Senior and the Arts Center trying to get people to sign up for computer courses at the Senior and the Arts Center. I told them about the problem with computer hackers in this area and a few other things. I toured CVS. At the "As Seen on TV" section, they have a motion detector and light activated plug device for \$9.99 if one needs such a device. I stopped by the Citizen's Bank which owned by the Royal Bank of Scotland, and I told them about the "Monarch of the Glen" series on Netflix which shows a bit of what Scotland is really like. I chatted with someone walking a black German Shepard puppy that looked really smart. I chatted with a local tech person. After my walk, I sat out for a while. I used the bathroom at the Senior and the Arts Center. The new men's room is completed on the second floor, and it

looks really nice. They have removed the barriers from in front of the construction site on lower Greenwich Avenue on the west side of the street, and the sidewalk is now opened with scaffolding above it. I returned to the peaceful tranquility of Chez Vinci. I chatted with a couple on Greenwich Avenue who were looking for 15th Street and Heratio near Greenwich Avenue, where their other car was being repaired, and they finally figured it out that it was in Greenwich Village. Thus it shows how GPS can send people from Greenwich Village to Greenwich, Connecticut. CIO

<888> 09/04/13 Wednesday 11:00 A.M.. I ordered in 50 regular \$59 Executive 3-Button Camel Hair Blazer- Sizes 44-52 for \$62.53 with tax and shipping to be shipped after October 1, 2013, when I am back from Maine. I chatted with a relative.

I will now shower and clean up. I will then go downtown to observe the marvelous ambience of Greenwich Avenue and all of the quaint local citizens going about their village routines. CIO

<888> 09/04/13 Wednesday 9:25 A.M.. I woke up at 8 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. I will now make up a fresh batch of punch. CIO

<888> 09/03/13 Tuesday 8:55 P.M.. I reheated and ate the chicken and macaroni and cheese dinner and a 12 ounce glass of www.coke.com . I will now shut down the primary computer internet machine, and I will go to bed soon. Have a good night. CIO

<888> 09/03/13 Tuesday 8:15 P.M.. I chatted with a relative and a friend.

Diana Nyad '73 is the First Person to Swim from Cuba to Florida without a Shark Tank CIO

<888> 09/03/13 Tuesday 7:25 P.M.. I threw out the garbage. I went over to Jos. A. Bank in Cos Cob , and I picked up the black in 50 X-Long Traveler Tailored Fit Topcoat- Sizes 44-52 \$124.60 that I had the sleeves altered on. I then went downtown, and I sat out for a brief spell. I then went by the Stop and Shop, and I bought two Marie Callender 14 ounce sweet and sour chicken frozen dinners for \$2 each, and two 2 chicken leg and 2 thigh dinners and one dinner with 2 scoops of macaroni and cheese and one dinner with two scoops of mashed potatoes for \$2.99 each dinner with a dollar off each with the Manager's coupon for \$1.99 each and less 70 cents can return for \$7.28 total. I then returned home, and I picked up the mail. I got the www.lfc.edu alumni magazine. I put the overcoat with a plastic bag over it in the left living room closet to have available for more formal look on Greenwich Avenue and this area should the need arrive. CIO

<888> 09/03/13 Tuesday 5:10 P.M.. I will now go downtown for an errand. CIO

<888> 09/03/13 Tuesday 4:05 P.M.. American Red Cross

Tech's cash kings are sitting on billionsFukushima leaks: Japan pledges \$470m for 'ice wall' CIO

<888> 09/03/13 Tuesday 3:15 P.M.. I woke up at 3 P.M.. Back around the summer of 1964, I took Mechanical Drawing at Summer School at Central Junior High in Greenwich and during the summer of 1965, I took typing on an electric IBM Selectric at Eastern Middle School in Greenwich. After morning classes in the summer, on hot summer afternoons, I would go out and play 18 holes of golf at the Greenwich Country Club, so I used to have busier summers. Now in the energy depleted Northeast <http://www.ct.gov/dot/cwp/view.asp?a=2354&q=414574> , I spend more time at home working the internet. Microsoft has a big presence on the internet, but with over a billion customers, they are not interested in a lonely home user working the internet for over 20 years near [www.ibm.com](http://www.ibm.com) , since they do not sell software for super computers. Where my branch of the Scott family is from in Champaign, Illinois, they have the <http://illinois.edu/> with <http://www.ncsa.illinois.edu/> which is suppose to have a billion dollar year budget from the Federal Government, so obviously being near the <http://www.fnal.gov/> they are doing something out there besides growing corn. CIO

<888> 09/03/13 Tuesday 1:15 P.M.. I ate a 15.5 ounce Stouffer's stuffed pepper dinner with grated parmesan and Romano cheese and a 12 ounce glass of Schweppes Ginger Ale. I will now take a nap. CIO

<888> 09/03/13 Tuesday 12:40 P.M.. I turned off the Weather Warning signal on the NOAA weather radio, since it does not work properly in this area. I still have the weather warning turned on the Internet Weather station. CIO

<888> 09/03/13 Tuesday 12:25 P.M.. I made 126 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching a documentary "Alexandria". CIO

<888> 09/03/13 Tuesday 10:35 A.M.. When I went out yesterday, I mailed the Microsoft Money 2007 income versus spending report for August 2013 to an interested relative at the central Greenwich Post Office. CIO

<888> 09/03/13 Tuesday 10:30 A.M.. I threw out the garbage. I chatted with a neighbor. I will now make cigarettes. CIO

<888> 09/03/13 Tuesday 9:50 A.M.. Microsoft Goes All in and Buys Nokia's Device Business in \$7.17 billion Deal . CIO

<888> 09/03/13 Tuesday 9:15 A.M.. I chatted with a relative. I will now shower and clean up. CIO

<888> 09/03/13 Tuesday 7:50 A.M.. I woke up at 6:30 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces

glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 09/02/13 Monday 9:00 P.M.. 727-Pound Alligator Smashes State Records

<http://www.ct.gov/dot/cwp/view.asp?a=2354&q=414574> local I-95 traffic.

Monroe County Democrats who pretend they do not drink alcohol  
<http://www.liveduvalstreet.com/> , but just the tourists.

I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 09/02/13 Monday 8:10 P.M.. I ate a 13 ounce Marie Callender chicken parmesan dinner with Smart Balance Spread and extra virgin olive oil on the vegetables along with a 12 ounce glass of 50% punch and 50% Schweppes Ginger Ale. CIO

<888> 09/02/13 Monday 7:05 P.M.. Great Fire of London 1666

Drug Agents Use Vast Phone Trove, Eclipsing N.S.A.'s - NYTimes.com

The search for Suleiman the Magnificent's heart

Men's average height 'up 11cm since 1870s'

TB has human, not animal, origins - says study

'Walkie-Talkie' skyscraper melts Jaguar car parts CIO

<888> 09/02/13 Monday 5:45 P.M.. I woke up at 5 P.M., and I chatted with a relative. For old Nixon fans, this Bebe Rebozo, Loyal Friend in Nixon's Darkest Days, Dies at 85 is interesting. It says that he was involved in developing Fishers Island which the Vanderbilts once owned along with working for Pan Am. I guess Jimmy Eldert's grandfather who lived in Key Biscayne knew him. I recall back in the early 1970s, my parents entertained somebody named Mr. Arpin who was the President of AT&T, and on hind sight I recall, he looked a bit like Richard Nixon. That would have been in our house in Weston, Massachusetts, when my father was the vice president of manufacturing for Polaroid. When I was in south Florida back in the fall of 1976, I recall seeing somebody that looked like Pat Nixon outside the Fort Lauderdale library. Also I lived in the same neighborhood in Manhattan in the winter of 1973 as Tricia Nixon Cox and her husband. I recall during the period from October 1973 to February 1975, I spent a lot of time walking around the neighborhood where Richard Nixon's town house was which was near the Russian consulate. I also surf cast a few times in October 1978 off the Nixon beach in San Clemente, California, when I drove out from Nantucket with a friend John Bolton. Nantucket, San Clemente, and Hobe Sound, Florida use to have the three beacons for the Loran <http://en.wikipedia.org/wiki/LORAN> before GPS, so possibly being in those

three areas, somebody put a tracking device on my old 1971 yellow Subaru station wagon to keep track of me as I wandered around the country exploring America. Of course back in October 1978, gasoline was only 59 cents a gallon, and the Subaru got 52 miles per gallon, so it only cost about \$60 to drive to California. CIO

<888> 09/02/13 Monday 2:00 P.M.. I ate the chicken and mashed potato dinner with Smart Balance Spread and extra virgin olive oil on the mashed potatoes along with a 12 ounce glass of [www.coke.com](http://www.coke.com) . I threw out the garbage, and I chatted with neighbors. I will now take a nap. CIO

<888> 09/02/13 Monday 12:50 P.M.. I went out, and I said Good Morning to a neighbor. I threw out the garbage. I went by the Stop and Shop, and I bought buy one get one free of two six packs of Thomas' English muffins for \$4.19 both six packs and a two chicken leg and two thigh dinner with two scoops of mashed potatoes for \$1.99 with the dollar off Manager's Coupon for \$6.18 total. I then went by CVS on Greenwich Avenue, and I picked up a prescription, and I also got a flu shot. While waiting for the prescription, I chatted with a relative on my wireless telephone. I also used the bathroom there. I then went further downtown, and I chatted with a relative on my wireless again, then I walked the entire length of Greenwich Avenue and the train station area. I stopped by the [www.apple.com](http://www.apple.com) , and I chatted with one of their staff members. I was told their cheapest laptop is \$1,050 for a 13 inch laptop, which I think is quite expensive. I sat out at various locations. I stopped the <http://www.greenwichhardware.com/> , and I chatted with some of their staff members. I toured CVS again, and I used their bathroom. After my walk, I sat out for a while more, and I used the bathroom at [www.starbucks.com](http://www.starbucks.com) . I then returned home, and I chatted with a neighbor. CIO

<888> 09/02/13 Monday 7:45 A.M.. Toshiba Satellite C55-A5285 Laptop: Core i3 3120M 2.5GHz, 6GB DDR3, 750GB HDD, 15.6" 1366x768 LED, 6-Cell, Windows 8 \$230 after \$50 rebate + Free Shipping

I will now shower and clean up. I will then go downtown. CIO

<888> 09/02/13 Monday 7:05 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 09/02/13 Monday 6:05 A.M.. I chatted with a relative. I went to bed after the last note. I just woke up at 6 A.M.. The NOAA Internet Weather Station has been beeping about bad weather ahead. I have low blood pressure, so when it rains, I feel more tired than normal, and I sleep more. CIO

<888> 09/01/13 Sunday 6:55 P.M.. I ate the last three 1/4 inch thick slices of cold eye round of beef with hot horse radish and Lea and Perrins Worcestershire sauce and a Chef's salad with Ken's blue cheese dressing and extra virgin olive oil and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 09/01/13 Sunday 6:00 P.M.. I woke up at 5:30 P.M..

**David Frost, known for Nixon interview, dies at 74**

Here in Greenwich, China; one never knows what will happen next. Maybe Mao Tse Tung will reopen the China Pavilion restaurant on Greenwich Avenue, but this is available in Riverside Yangtze Riverside or nearby Byram <http://pandapavilion3.com/> or these other Chinese Food Greenwich . When I worked at Boodles as a waiter across the street from the Greenwich Library, technically it was a Chinese restaurant, since it had Chinese chefs. CIO

<888> 09/01/13 Sunday 9:50 A.M.. I ate a turkey and Swiss cheese sandwich on 15 grain whole wheat bread with Hellmann's olive oil mayonnaise and garlic and cheese potato chips and a dill pickle spear and a 12 ounce glass of [www.coke.com](http://www.coke.com) . I will now take a nap. CIO

<888> 09/01/13 Sunday 8:30 A.M.. I printed out the last four months of Scott's Notes which at 213 pages long, and I bound them into two clamp binders that I put on the [www.harvard.edu](http://www.harvard.edu) chair at the hallway entrance. They are available for download from:

Scott's Notes from January 2010 through August 2013, 4.5 Mbytes

<http://mikelouisscott.com/mlsnote3.zip> contains "mlsnote18.doc" pages 7653 -7892 January 2010 to April 2010, "mlsnote19.doc" pages 7893 -8142 May 2010 to August 2010, "mlsnote20.doc" pages 8143 - 8401 September 2010 to December 2010, "mlsnote21.doc" pages 8402 - 8664 January 2011 to April 2011, "mlsnote22.doc" pages 8665 - 8928 May 2011 to August 2011, "mlsnote23.doc", pages 8929 -9166, September 2011 to December 2011, January 2012 to April 2012, "mlsnote24.doc", pages 9167- 9404, May 2012 to August 2012 "mlsnote 25.doc", page 9405 - 9615, September 2012 to December 2012, "mlsnote26.doc", pages 9616 - 9851, January 2013 to April 2013, "mlsnote27.doc", pages 9852 - 10092, May 2013 to August 2013, "mlsnote28.doc", pages 10093 - 10306

<http://mikelouisscott.com/mlsnote28.pdf>

Scott's Notes from January 2010 through August 2013, 4.5 Mbytes

<http://mikelouisscottcom.cv.siteprotect.net/mlsnote3.zip> contains "mlsnote18.doc" pages 7653 -7892 January 2010 to April 2010, "mlsnote19.doc" pages 7893 -8142 May 2010 to August 2010, "mlsnote20.doc" pages 8143 - 8401 September 2010 to December 2010, "mlsnote21.doc" pages 8402 - 8664 January 2011 to April 2011, "mlsnote22.doc" pages 8665 - 8928 May 2011 to August 2011, "mlsnote23.doc", pages 8929 -9166, September 2011 to December 2011, January 2012 to April 2012, "mlsnote24.doc", pages 9167- 9404, May 2012 to August 2012 "mlsnote 25.doc", page 9405 - 9615, September 2012 to December 2012, "mlsnote26.doc", pages 9616 - 9851, January 2013 to April 2013, "mlsnote27.doc", pages 9852 - 10092, May 2013 to August 2013, "mlsnote28.doc", pages 10093 -10306

<http://mikelouisscottcom.cv.siteprotect.net/mlsnote28.pdf> CIO

<888> 09/01/13 Sunday 6:35 A.M.. I printed out two copies of the Microsoft Money 2007 Income versus Spending report for August 2013, and I have one copy read to mail to an interested relative.

Panama Canal expansion project CIO

<888> 09/01/13 Sunday 6:25 A.M.. I threw out the garbage. I sat out for a while. I picked up the mail from yesterday. CIO

<888> 09/01/13 Sunday 5:35 A.M.. I will now shower and clean up. CIO

<888> 09/01/13 Sunday 4:30 A.M.. I woke up at 3 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 10/31/13 Thursday 10:45 P.M. I printed out two copies of the Microsoft Money 2007 Income versus Spending report for October 2013, and I have one copy ready to mail to an interested relative. I will now shut down the primary work computer. I will then go to bed. I have a 1:30 P.M. appointment on Friday. CIO

<888> 10/31/13 Thursday 10:20 P.M. I heated a 15 ounce can of Chef Boyardee lasagna, and I ate it with a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 10/31/13 Thursday 9:40 P.M. [Afinia H479 H-Series 3D Printer | RadioShack.com](#)

<http://www.vmsg.org.uk/vmsg-edinburgh>

International Training

For Students | NASA

Collections | National Air and Space Museum

Space Education

National Aviation Hall of Fame

<http://www.opencolleges.edu.au/informed/lesson-plans>

Surfer Andrew Cotton on riding Portugal monster wave

Scientists decipher dog-tail wags CIO

<888> 10/31/13 Thursday 8:30 P.M. I chatted with a relative. CIO

<888> 10/31/13 Thursday 7:45 P.M. I threw out the garbage. I put away the laundry. CIO

<888> 10/31/13 Thursday 7:05 P.M. I reheated and ate the five fried chicken wing dinner with fried onions rings, and I drank a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 10/31/13 Thursday 6:35 P.M. Le Penguin: Classic French cuisine served in a fun, raucous setting CIO

<888> 10/31/13 Thursday 6:30 P.M. I have 50 minutes to go on two dry cycles. CIO

<888> 10/31/13 Thursday 6:10 P.M. I went out, and I threw out the garbage. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I was told they are not going to build the southern half of the new building where the Thataway patio used to be at the bottom of Greenwich Avenue on the east side. I was also told the Asians are trying to buy the Ipad Air early, so they can resell it at a profit. I stopped by CVS, and I used the bathroom. I bought two

three ounce Hormel bacon bits for \$2 each for \$4 total. I finished my walk, and then I walked over to Zen Stationary, and I bought a Ace's High scratch card for a dollar, but I lost. I then went by the Stop and Shop. They have finished repaving their half of the parking lot. I bought two prepared chicken dinners for \$2.99 each, two 16 ounce Stouffer's chicken pot pies for \$2.50 each, and bananas for .79 a pound for \$1.75 for \$12.73 total. I then returned home, and I picked up the mail. I put away my groceries. I put clean linens on the bed. I started two wash cycles, and I have 10 minutes to go on them. I threw out the garbage and the old periodical literature. I watered the plants. CIO

<888> 10/31/13 Thursday 1:40 P.M. I will now shower and clean up. I will then go downtown to see if anything is going on. CIO

<888> 10/31/13 Thursday 1:25 P.M. I chatted with a relative. I saw on <http://www.bloomberg.com/news/> that [www.apple.com](http://www.apple.com) is launching a new product today or Friday. They said there will be thousands of buyers for the black market lined up in front of their Fifth Avenue store. Maybe some of them should come out to the Greenwich Avenue store which might be less busy, but they might not have as much inventory of the new product. The Fifth Avenue store is suppose to sell out by 3 P.M.. <http://www.macrumors.com/2013/10/30/apple-stores-receiving-large-quantities-of-ipad-air-stock-ahead-of-fridays-launch/> and <http://www.bloomberg.com/news/2013-10-30/new-ipad-is-slimmed-down-speeded-up-rich-jaroslovsky.html> . The Apple Store on Greenwich Avenue is opening at 8 A.M. tomorrow for the Ipad Air <http://www.apple.com/ipad-air/> which will be starting at about \$500 to a \$1,000 <http://www.apple.com/retail/greenwichavenue/> . They told me it is traditional for people to line up in front of the Fifth Avenue store. If one is going to sit out all night at the Greenwich Avenue store on Halloween night, one better bring their umbrella, because it is suppose to rain. Starbucks is opened until about 10 P.M. and the Sundown Saloon is opened until 2 A.M. nearby. After that, there is no place to go to the bathroom, until Starbucks opens about 5:30 A.M.. Maybe the Apple stores should put out <http://www.aroyalflush.com/> for their launch events. CIO

<888> 10/31/13 Thursday 11:55 A.M. I woke up at 10:30 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 10/30/13 Wednesday 11:35 P.M. [Billionaire Jacqueline Mars Charged With Reckless Driving In Fatal Car Crash](#)

[The World's Most Powerful People 2013](#)

<http://www.forbes.com/powerful-people/list/>

I will now shut down the primary work computer, and I will eat a Greek yogurt. I will then go to bed. CIO

<888> 10/30/13 Wednesday 10:25 P.M. I ate a 14 ounce Marie Callender chicken pot pie with a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 10/30/13 Wednesday 9:35 P.M.

John Adams (president of United States) -- Encyclopedia Britannica

<http://www.volcano.si.edu/reports/usgs/>

Live Duval Street Web Cam in Key West, Florida :: Sloppy Joe's Bar ::

International Travel

Euro Travel - Answers.com

Asia Travel - Answers.com

Reebok FitHub Westchester – Now Open!

Earth-sized 'lava world' discovered

How sauropods swept with their necks

Singapore's dolphinarium makes waves CIO

<888> 10/30/13 Wednesday 9:00 P.M. Note about U.S. newspapers:

Easy Guide to Newspapers

1. The Wall Street Journal is read by the people who run the country.
2. The Washington Post is read by people who think they run the country
3. The New York Times is read by people who think they should run the country, and who are very good at crossword puzzles.
4. USA Today is read by people who think they ought to run the country but don't really understand The New York Times. They do, however, like their statistics shown in pie charts.
5. The Los Angeles Times is read by people who wouldn't mind running the country, if they could find the time, and if they didn't have to leave Southern California to do it.
6. The Boston Globe is read by people whose parents used to run the country and did a poor job of it, thank you very much.

7. The New York Daily News is read by people who aren't too sure who's running the country and don't really care as long as they can get a seat on the train.
8. The New York Post is read by people who don't care who is running the country as long as they do something really scandalous, preferably while intoxicated.
9. The Miami Herald is read by people who are running another country, but need the baseball scores.
10. The San Francisco Chronicle is read by people who aren't sure if there is a country or that anyone is running it; but if so, they oppose all that they stand for. There are occasional exceptions if the leaders are handicapped, minority, feminist, atheist dwarfs who also happen to be illegal aliens from any other country or galaxy, provided of course, that they are not Republicans.
11. The National Enquirer is read by people trapped in line at the grocery store.
12. The Tampa Bay Times is read by people who have recently caught a fish and need something to wrap it in.

End of Note: CIO

<888> 10/30/13 Wednesday 8:25 P.M. I sat outside briefly. There is more air traffic in the last day. Maybe people are going south for the winter. I picked up the mail. CIO

<888> 10/30/13 Wednesday 8:00 P.M. I woke up at 7:30 P.M.. I chatted with a relative. CIO

<888> 10/30/13 Wednesday 5:25 P.M. I ate a roast beef and Swiss cheese sandwich on 15 grain whole wheat bread with Hellmann's olive oil mayonnaise and Utz wavy potato chips and a dill pickle slice and a 12 ounce glass of Schweppes Ginger Ale. I will now take a nap.

The Aspen 50 – Forbes billionaires in Pitkin County CIO

<888> 10/30/13 Wednesday 4:25 P.M. I made 113 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching part 3 of "Great Expectations". CIO

<888> 10/30/13 Wednesday 2:20 P.M. I threw out the garbage. I chatted with neighbors. I called the Greenwich Housing Authority at 1-203-869-1138, and I placed a work order to have the bedroom air conditioner removed. I will now make cigarettes. CIO

<888> 10/30/13 Wednesday 1:10 P.M. I will now shower and clean up. Some time soon, I have to call up the Greenwich Housing Authority to have my bedroom air conditioner removed, but there is no rush at the moment. The bedroom air conditioner was reinstalled by the building custodian this past July 2013, and he put the lower edge on the outside of

the window sill, which means one has to lift it up over the window sill to slide it back out which would be very difficult for me. The living room air conditioner since it not too heavy is easy for me to remove. CIO

<888> 10/30/13 Wednesday 12:20 P.M. I woke up at 6 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. I went back to bed until 11 A.M.. I chatted with a relative. CIO

<888> 10/29/13 Tuesday 11:10 P.M. Four die as storm hits southern UK

Invaluable Naples treasure of San Gennaro goes on show

I will now shut down the primary work computer. I will then eat a Greek yogurt. I will then go to bed. CIO

<888> 10/29/13 Tuesday 10:35 P.M. [http://en.wikipedia.org/wiki/Hyman\\_G.\\_Rickover](http://en.wikipedia.org/wiki/Hyman_G._Rickover)  
. CIO

<888> 10/29/13 Tuesday 8:30

P.M. <http://www.britannica.com/EBchecked/topic/566754/stock-market-crash-of-1929?source=ONTHISDAY>

GEORISK 2014

William C. Lowe, Who Oversaw Birth of the IBM PC, Dies at 72 - NYTimes.com

GPS bullets are latest weapon for American police

Google launches build-your-own-phone project Ara CIO

<888> 10/29/13 Tuesday 7:55 P.M. I ate a reheated chicken and mashed potato dinner with Smart Balance Spread and extra virgin olive oil on the mashed potatoes and a 12 ounce glass of Schweppes Ginger Ale. I chatted with a relative. CIO

<888> 10/29/13 Tuesday 6:10 P.M. Yesterday, when I was at the [www.greenwichlibrary.org](http://www.greenwichlibrary.org) , I tried to explain to one of the reference librarians that a \*.jpg image such as is posted at [http://www.nrlmry.navy.mil/sat\\_products.html](http://www.nrlmry.navy.mil/sat_products.html) can contain viruses. However, the reference librarian did not understand what I was chatting about. The <https://earth.esa.int/web/guest/home;jsessionid=3B65070445B0731D23C069807B95CC3B.eodisp-prod4040> also has its own images that they might trust more. CIO

<888> 10/29/13 Tuesday 5:40 P.M. IBM PC pioneer William C Lowe dies, aged 72 . I sat down with somebody from [www.ibm.com](http://www.ibm.com) in December 1977 in a coffee shop in Boca

Raton, Florida off U.S. 1, and I designed on a coffee shop napkin my idea for a personal desktop computer based on what I knew about an IBM 360 that I had worked with 6 years before at [www.polaroid.com](http://www.polaroid.com), when I was an independent contractor writing COBOL programs. Of course none of the parts were yet invented for my design. The napkin was one of those standard folded napkins like one still sees today in many restaurants around the world. Later on that week, with my paycheck from the Le Vielle Maison as a dishwasher, I bought a new pair of Adidas Country sneakers for the standard \$40, and I buried my old pair at sea in the Boca Raton Inland Waterway Canal near my camp site on the beach on the Boca Inlet. I quit the job and left the area for the Bahamas in February 1978, when they started building a deluxe hotel at my camp site. As I recall, I was being paid \$2.15 an hour as a dishwasher before taxes and other deductions, so my weekly pay check was only about \$87 a week take home, which was not enough to afford a room in Boca Raton. CIO

<888> 10/29/13 Tuesday 5:20 P.M. Are Pink Mustaches the Future of Transportation? . I was thinking today with people not smoking cigarettes in Manhattan, they are not making money off of cigarette machines, but there might be money in condom dispensing machines with all of the young people in Manhattan. CIO

<888> 10/29/13 Tuesday 5:15 P.M. I threw out the garbage. I chatted with neighbors. The order with tracking of Track your package or shipment with FedEx Tracking on the order for 2XL in big in winter blue <http://www.kingsizedirect.com/large-size/Double-Brushed-Solid-Flannel-Shirt.aspx?PflId=154429&DeptId=23936&ProductTypeId=1&ppos=2&SplT=0&StyleNo=1641> for \$39.99 less one item 50% discount with coupon code "KS15103" for \$19.99 and \$7.99 shipping for \$27.98 total arrived. It is not a heavy flannel shirt like the [www.llbean.com](http://www.llbean.com) and <http://www.llbean.com/llb/search/?freeText=flannel+shirts&init=1> heavy flannel shirts, but it is heavy enough. CIO

<888> 10/29/13 Tuesday 3:55 P.M. One gardening tip that I did learn in Alabama is that my father once bought a truck load of cotton seed hulls to spread around the Cherry Laurel hedges on our property, but we never got around to spreading them around, so there was a big pile of cotton seed hulls on the southwestern corner of the property. I planted some daffodil bulbs in the cotton seed hulls, and the next spring the whole pile of cotton seed hulls were covered with daffodils which grew quite rapidly and in abundance in the cotton seed hulls. However, in Greenwich, Connecticut; there is probably a shortage of cotton seed hulls, since I do not think we grow too much cotton around here. CIO

<888> 10/29/13 Tuesday 3:35 P.M. Well not much happening out in the extreme corner of Greater Southwestern Connecticut. I was told by a friend in the know in Manhattan that New York City people can always recognize people from Connecticut because they always wear blue jeans. Maybe that is because the color of Connecticut license plates or there are a few people in the [www.navy.mil](http://www.navy.mil) out in the wood work in Connecticut. The deputy mayor of Manhattan <http://www.nyc.gov/portal/site/nycgov/menuitem.047d873163b300bc6c4451f401c789a0/inde>

[x.jsp?pageID=nyc\\_photo\\_slide&catID=1194&doc\\_name=http%3A%2F%2Fwww.nyc.gov%2Fhtml%2Fom%2Fhtml%2Fbios%2Fbio\\_om\\_dm\\_ed.html](http://www.nyc.gov/html/nypd/html/home/home.shtml) even has a house on Mayfair Lane in back country Greenwich, so we probably have some security here from the <http://www.nyc.gov/html/nypd/html/home/home.shtml> . I will now shower and clean up. CIO

<888> 10/29/13 Tuesday 1:35 P.M. Watch: Surfer rides huge wave into the record books . CIO

<888> 10/29/13 Tuesday 1:25 P.M. I woke up, and I ate four ounces of almonds. I finally woke up at noon. I chatted with a relative. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 10/29/13 Tuesday 12:15 A.M. Of course there is always competition [http://en.wikipedia.org/wiki/List\\_of\\_wealthiest\\_historical\\_figures](http://en.wikipedia.org/wiki/List_of_wealthiest_historical_figures) . As a youth I got interested in money, because I used to read the Donald Duck comic books about Uncle Scrooge [http://en.wikipedia.org/wiki/Uncle\\_Scrooge](http://en.wikipedia.org/wiki/Uncle_Scrooge) . I even have three nephews, but their names are not Huey, Dewey, and Louie. I will now shut down the primary work computer, and I will eat a Greek yogurt, and I will go to bed soon. CIO

<888> 10/28/13 Monday 11:50 P.M. For people who can not be bothered with Dutch Carpet Baggers [www.biltmore.com](http://www.biltmore.com) , there is another Dutch family that managed to survive in this area [http://en.wikipedia.org/wiki/William\\_Rockefeller](http://en.wikipedia.org/wiki/William_Rockefeller) which beget [http://en.wikipedia.org/wiki/William\\_Goodsell\\_Rockefeller](http://en.wikipedia.org/wiki/William_Goodsell_Rockefeller) which beget [http://en.wikipedia.org/wiki/James\\_Stillman\\_Rockefeller](http://en.wikipedia.org/wiki/James_Stillman_Rockefeller) which beget a lot more relatives. With that many relatives spending too much money over a hundred years, there might not be too much money left anymore, if you get my drift. I do not know how the richer relatives over in North Tarrytown are doing, and the only news reports I have read about them in the last thirty years is that they are raising Swiss Dairy cows over there, so they might be selling milk. I did once meet a large man in Greenwich who lived on the same street as one of the Bush family members, and he claimed his family had owned the North Tarrytown estate before the current owners, and all he told me was his daughter was playing basketball at the University of Connecticut. I think people are not too chatty about bankers around here. There use to be a William Rockefeller from Rye, New York who was President of <http://www.bnymellon.com/> , but I can not find any mention of him on the internet. CIO

<888> 10/28/13 Monday 11:15 P.M. Lee Jeans - Modern Man

Tracking is <http://www.ups-mi.net/packageID/Default.aspx#9274890000772712532508> on the order for [http://www.newegg.com/Product/Product.aspx?SID=k6-asj3oEeOOiKb2euH1nw0\\_yLl3\\_0\\_0\\_0&AID=10440897&PID=1225267&nm\\_mc=AFC-C8Junction&cm\\_mmc=AFC-C8Junction--cables--na-](http://www.newegg.com/Product/Product.aspx?SID=k6-asj3oEeOOiKb2euH1nw0_yLl3_0_0_0&AID=10440897&PID=1225267&nm_mc=AFC-C8Junction&cm_mmc=AFC-C8Junction--cables--na-)

na&Item=N82E16833617008&cm\_sp= for \$49.99 less \$10 with promo code "EMCWXVS67" and free shipping for \$39.99 total.

**Apple's 'record' Q4: 33.8 million iPhones, 14.1 million iPads, 4.6 million Macs sold | ZDNet**

Back in 1982, when Apple introduced the Lisa PC computer in Manhattan, it cost \$7,500 with two floppy disks. A local retired business man downtown told me today that at the same time, the www.ibm.com PC with two floppy disks cost \$10,000. Thus I think home computers have gotten cheaper.

**Antigua and Barbuda: The new Pirate Bay? | Intellectual property - InfoWorld**

**Prison Planet.com » Rothschilds & Rockefellers – Trillionaires Of The World** . I am told by a friend who is part of the "Old Guard" that the Rothschilds now run it all from some ship in an unknown location somewhere out there in the vast oceans of the world, so technically they would be considered pirates. They probably do keep communications with **Brown Brothers Harriman | Trust in Partnership** which is one of their long time private banks they are involved with in this part of the world. My best guess is the ship is probably around New Zealand, since it is probably the most remote developed part of the world.

**Too Big to Sail? Cruise Ships Face Scrutiny - NYTimes.com** , If one looks at the risk factors, driving an automobile is probably more dangerous than taking a cruise.

**Dolphin-inspired radar could help detect roadside bombs** CIO

<888> 10/28/13 Monday 9:30 P.M. The reason people from www.polaroid.com were on better terms with the New York City business community in the late 1960s and early 1970s is that like a lot of other major blue chip companies, they used to pay a million dollars a minute to advertise extensively on the three major television networks which use to broadcast to a lot more people than they do now with all of the other networks and the internet. CIO

<888> 10/28/13 Monday 9:00 P.M. I ate a reheated chicken and mashed potato dinner with Smart Balance Spread and extra virgin olive oil on the mashed potatoes and a 12 ounce glass of Schweppes Ginger Ale. Basically most people on the coasts of the United States of America are not familiar with people from the Midwest. People from the Midwest tend to work for lower wages because the cost of living there is less expensive, but it is also colder out there, so they have additional expenses with the colder weather. Also since a lot of food is grown and produced and packaged in the Midwest, they tend to eat more food out there. People do not smoke tobacco out there, but they do drink alcohol. They tend to be conservative in large numbers, because they are tax paying property owners, and a lot of them are descended from long resident American families and not recent immigrants. In the less densely populated areas in the Midwest, they tend to have larger family networks, and they also tend to be more neighborly. I always said, everyone's maiden aunt in the Midwest knows more than the CIA. Thus although the recent immigrants to this country have networks of associates from their country's of origin, the people in the Midwest tend

to be better networked with other long term American families. Even Warren Buffet's son farms corn near one of the former Scott family farms now the Gard family farm in down state Illinois. The Gard family name was my paternal grandmother's maiden name. However, I can assure you other than growing tomatoes, wax beans, carrots, and Swiss chard in a small garden in Alabama as a youth, I do not know how to farm. I did do a bit of gardening up north in my younger days, but since the summer season is short here, I tend to stick with computers year round. CIO

<888> 10/28/13 Monday 7:35 P.M. I went out, and I chatted with a neighbor. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I chatted with a couple of local walkers. I stopped by CVS, and I bought buy one get one free of 250 count CVS Vitamin C 500 mg for \$8.99 both and .57 tax for \$9.56 total. I then bought two 16 ounce CVS salted roasted almonds for \$4.99 each for \$9.98 total. I stopped by <http://www.petertesei.com/> and told them what little I know about politics which is not too much. I finished my walk, and I sat out for a while. I then walked down to the [www.apple.com](http://www.apple.com) store, and I tried to figure out how to use an Ipad, but it is too complicated for me. I think they should have chairs or stools in their stores, so older people can sit down for a while and try to figure out how to use the devices. Anyway the case is lost on me, since I could never afford to buy one anyway and do not find the smaller screen user friendly also. I then went by the Greenwich Library, and I chatted with three reference librarians and a local patron. I mentioned that [http://en.wikipedia.org/wiki/James Bamford](http://en.wikipedia.org/wiki/James_Bamford) books cover U.S. government surveillance. I then went by the Stop and Shop. They are repaving half of the parking lot. I bought a 16 ounce KC Masterpiece marinade for \$1.74, a six pack of Stop and Shop English muffins for \$1.69, two cooked chicken and mashed potato dinners for \$2.49 each for \$8.41 total. I then returned home, and I picked up the mail. I put away my groceries. I chatted with a friend and a relative. CIO

<888> 10/28/13 Monday 12:10 P.M. There was a cooking smoke fire alarm. The fire department arrived and reset the alarm. I threw out the garbage. I will now shower and clean up. I will then go downtown. CIO

<888> 10/28/13 Monday 10:55 A.M. I ate some potato chips, and I then went to bed. I woke up at 9:30 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 10/27/13 Sunday 9:25 P.M. I ate a muffin. I will now shut down the primary work computer. I will then go to bed. Sunday is suppose to be a day of religion and rest traditionally. CIO

<888> 10/27/13 Sunday 9:05 P.M. I chatted with a relative. I watched the last half hour of a PBS program about the "Tower of London". CIO

<888> 10/27/13 Sunday 8:15

P.M. <http://www.britannica.com/EBchecked/topic/509347/Theodore-Roosevelt?source=ONTHISDAY>

[http://www.smithsonianmag.com/specialreports/101-objects-that-made-america/?utm\\_source=smithsonianopic&utm\\_medium=email&utm\\_campaign=20131027-Weekender](http://www.smithsonianmag.com/specialreports/101-objects-that-made-america/?utm_source=smithsonianopic&utm_medium=email&utm_campaign=20131027-Weekender)

[Slaves of the Internet, Unite! - NYTimes.com](#)

[The toilet system turning human waste into energy](#) CIO

<888> 10/27/13 Sunday 7:35 P.M. I chatted with a friend. I ate a 15.5 ounce Stouffer's stuffed peppers dinner with grated Parmesan and Romano cheese and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 10/27/13 Sunday 6:25 P.M. I made 164 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching part 2 of "Great Expectations". CIO

<888> 10/27/13 Sunday 4:15 P.M. I threw out the garbage. I put the recent order of five pounds of Turkish pipe tobacco in 23 Ball mason jars. I will now make cigarettes. CIO

<888> 10/27/13 Sunday 3:05 P.M. The <http://www.princess.com/learn/ships/rp/> arrived in <http://www.portevergladeswebcam.com/> on its maiden voyage. CIO

<888> 10/27/13 Sunday 2:25 P.M. I chatted with a relative.

[Mount Etna eruption filmed over Sicily](#)

[Mount Etna erupts, sending lava and ash plumes into Sicilian sky](#) CIO

<888> 10/27/13 Sunday 1:55 P.M. I will now shower and clean up. I will then make cigarettes. CIO

<888> 10/27/13 Sunday 1:50 P.M. [Ebay Acer Refurbished](#) . CIO

<888> 10/27/13 Sunday 1:35 P.M. I chatted with a relative again. CIO

<888> 10/27/13 Sunday 1:30 P.M. Europeans discovering America <http://www.portevergladeswebcam.com/> . CIO

<888> 10/27/13 Sunday 1:25 P.M. I chatted with a relative. CIO

<888> 10/27/13 Sunday 12:30 P.M. I woke up at 11:15 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces

glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 10/26/13 Saturday 11:30 P.M. Just Books owner opens 3D printing business on Greenwich Avenue CIO

End of Scott's Notes week of 10/26/13

<888> 10/26/13 Saturday 11:15 P.M. <https://www.peabody.harvard.edu/node/437>

I will now send out my weekly notes. I will then shut down the primary work computer. I will then eat a Greek Yogurt. I will then go to bed. CIO

<888> 10/26/13 Saturday 10:35 P.M. Birthday Girl  
<http://www.britannica.com/EBchecked/topic/121809/Hillary-Rodham-Clinton?source=ONTHISDAY>

Paul Reichmann, Who Helped Develop the World Financial Center, Dies at 83

Watch Movies Online at Redbox Instant by Verizon Does not yet seem to work on Sony Streaming Media Device. CIO

<888> 10/26/13 Saturday 10:00 P.M. I chatted with a friend. When I had a chance to explore the north shore of Long Island 30 to 50 years ago, one of the more private conservation areas was the old estate area of  
[http://en.wikipedia.org/wiki/Lloyd\\_Harbor,\\_New\\_York](http://en.wikipedia.org/wiki/Lloyd_Harbor,_New_York) and  
<http://www.oldlongisland.com/search/label/Lloyd%20Harbor> . Of course, one would probably need to own a coal mine to heat some of those great old homes. CIO

<888> 10/26/13 Saturday 8:50 P.M. I chatted with a relative. CIO

<888> 10/26/13 Saturday 8:15 P.M. When I get the VOiP device, I can hook it into my second line phone system with my Radio Shack 43-433 two line phone switch that I have used on my Brother fax machine connection. However, Radio Shack no longer has them available, but a similar product is available from Korea [http://www.ebay.com/itm/Phone-Switch-Phone-Selector-Telephone-Line-RJ11-RJ12-/261083374465?pt=LH\\_DefaultDomain\\_0&hash=item3cc9c82381](http://www.ebay.com/itm/Phone-Switch-Phone-Selector-Telephone-Line-RJ11-RJ12-/261083374465?pt=LH_DefaultDomain_0&hash=item3cc9c82381) for \$19.99 with free shipping. One would be able to change the second phone system from the Optimum Voice to VOiP. CIO

<888> 10/26/13 Saturday 7:45 P.M. I ate three ounces of almonds. I then ate a 16 ounce Hungryman bourbon steak strips dinner with extra virgin olive oil and Smart Balance Spread on the vegetables and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 10/26/13 Saturday 6:30 P.M. I threw out the garbage. I used the Volvo navigation system to guide me to downtown Greenwich, and it works just fine. However, one has to follow the raised LCD screen instructions, and it does not have audio as far as I can tell. The Board of Education Parking lot will be closed tomorrow for <http://petpantryct.com/howlandprowl/index2013A.htm> . I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I stopped by the Greenwich Hardware store, and I bought a "New Car" Christmas Tree scent card for \$1.58 which I hung on the driver's side rear seat clothes hook of the Volvo. I also bought a flip open key ring for \$2.99 and tax. I chatted with another computer person. I chatted with a Greenwich Housing Authority official about my computer activity. I stopped by CVS, and I used the bathroom which took a while with all of the customers waiting in line. I saw a new [www.cadillac.com](http://www.cadillac.com) with the Connecticut Vanity plate "USA UN". I suppose some Anglophile type could get "UK UN" or "USA UK", but they might not be available and would be expensive. I bought buy one get one free of CVS 60 capsule time release B-100 for \$13.79 both and .88 tax for \$14.67 total. On the way down Greenwich Avenue, I gave to a local computer person walker the Seagate DiscWizard <http://www.seagate.com/support/internal-hard-drives/enterprise-hard-drives/savvio-15k/discwizard-master-dl/> that has the utility to write zeros to the hard drive to do a low level format that I had brought with me on CD in a plastic jewel case. The person was having hard drive problems that he mentioned on Monday. I told him I used to know the owner of a British software company called "Online Decisions" that made work stations, but they did not hire me in 1973, because I did not know Fortran or whatever software code they used. They had offices in Elmsford, New York and at the 666 Fifth Avenue building. I also mentioned the old "Beagle Brothers" shareware company from Steamboat Road in the old days over 20 years ago. After my walk, I went by the Stop and Shop. I bought a 12 ounce package of Purdue chicken cutlets for \$2.50, bananas for .79 a pound for \$1.77, two 15.5 ounce Stouffer's stuffed peppers for \$2.50 each, two 19 ounce Stouffer's lasagnas for \$2.50 each and .75 can return and \$2 off and \$1 off Stop and Shop coupons with card for \$10.52 total. I then returned home. I picked up the mail. I put away my groceries. Prince Charles <http://www.princeofwales.gov.uk/> is on the cover of [www.time.com](http://www.time.com) magazine this week. I chatted with a friend. I put the flip key ring on my primary key chain to collect the keys all together. CIO

<888> 10/26/13 Saturday 1:50 P.M. To make Quaker oatmeal, I put a half of a cup of Quaker Old Fashioned oatmeal in a microwave proof bowl, and I add a cup of water. I then put it in the microwave oven with a microwave lid on top of the bowl, and I microwave it for 1 minute and 40 seconds. I then add honey, milk, and a sliced banana. Enjoy your breakfast. I will now shower and clean up. I will then go downtown to the World Famous Shopping Street of Greenwich Avenue with lots of expensive stores for women, and not much left for men but the CVS drugstore, Marmot, Brooks Brothers, Richards, Rink and Racket, Ralph Lauren, Lucky Jeans, Vineyard Vines, J. Crew, the Greenwich Running Company, Jack Wills, the Greenwich Hardware store, restaurants, movies, bars, banks, Restoration Hardware Store, Apple, the Police Station and a cup of coffee. Hagen Daz went out of business on lower Greenwich Avenue. CIO

<888> 10/26/13 Saturday 12:10 P.M. I woke up at 11 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 10/26/13 Saturday 12:20 A.M. I will now shut down the primary work computer. I will eat a Greek yogurt. I will then go to bed. CIO

<888> 10/25/13 Friday 11:00 P.M. I bought [http://www.newegg.com/Product/Product.aspx?SID=k6-asj3oEeOOiKb2euH1nw0\\_yLl3\\_0\\_0\\_0&AID=10440897&PID=1225267&nm\\_mc=AFC-C8Junction&cm\\_mmc=AFC-C8Junction-\\_-cables-\\_-na-\\_-na&Item=N82E16833617008&cm\\_sp=for \\$49.99 less \\$10 with promo code "EMCWXVS67" and free shipping for \\$39.99 total.](http://www.newegg.com/Product/Product.aspx?SID=k6-asj3oEeOOiKb2euH1nw0_yLl3_0_0_0&AID=10440897&PID=1225267&nm_mc=AFC-C8Junction&cm_mmc=AFC-C8Junction-_-cables-_-na-_-na&Item=N82E16833617008&cm_sp=for%20$49.99%20less%20$10%20with%20promo%20code%20%22EMCWXVS67%22%20and%20free%20shipping%20for%20$39.99%20total.&free_shipping=1) If I ever have to make international telephone calls, it would be the way to do it. CIO

<888> 10/25/13 Friday 10:00 P.M. I hung out my long underwear in the hallway to have available. On cold nights, one should wear long underwear downtown along with warmer clothing.

### Seismo-surfing the Internet

Free Disaster Recovery Training for Volunteers | e-Training Inc.

Earthquake Archive Search & URL Builder

Keeping Your Family Safe During an Earthquake | Safe Sound Family

Earthquake Disaster Recovery Guide | HomeAdvisor

Ronald Reagan Presidential Foundation and Library: Email - Save \$100 on Ronald Reagan's Portrait in Bronze Sculpture-5 Days Only!

<http://www.britannica.com/EBchecked/topic/459275/Pablo-Picasso?source=ONTHISDAY>

Plaid Shirts buy one get one free \$39.99 for two plus shipping

[http://www.kingsizedirect.com/Product.aspx?Pfid=423688&ProductTypeId=1&affiliate\\_id=032&affiliate\\_location\\_id=01](http://www.kingsizedirect.com/Product.aspx?Pfid=423688&ProductTypeId=1&affiliate_id=032&affiliate_location_id=01)

Children urged to put away screens and play outside

Mac v PC - the battle resumes CIO

<888> 10/25/13 Friday 9:15 P.M. I ate a 18.25 ounce Stouffer's five cheese lasagna with grated parmesan and Romano cheese on it along with a 12 ounce glass of Schweppes Ginger Ale. I chatted with a relative. CIO

<888> 10/25/13 Friday 7:55 P.M. I used this form <http://www.volvocars.com/us/footer/contactus/pages/updatemycontactinfo.aspx> to contact Volvo that I am the new owner. CIO

<888> 10/25/13 Friday 7:45 P.M. I finished reading the owner's manual for the Volvo XC 70. Besides the AM/FM CD player with a remote 20 disk CD plus the 6 disk CD, it also has <http://www.siriusxm.com/>, but I am not sure I am going to pay the \$15 to \$19 a month to listen to it. The Volvo also has a sun roof, which I had noticed before. It also has the Volvo Navigation system, and the remote control for it, is in the front pocket of the seat of the driver's side front seat. I chatted with a relative. It says to use 10-30 oil in climates that go above 85 degrees Fahrenheit. The tires take 38 PSI. CIO

<888> 10/25/13 Friday 1:05 P.M. The Republican Party members with their massive internet resources in Greenwich, Connecticut can hit back with <http://www.petertesei.com/>. I will now shower and clean up. I might not be going out today, since I have work to do at home. After I shower and clean up, I think I will read my 2005 Volvo XC 70 manual, which I have not done yet. Nobody contacts me from Greenwich Avenue, so I guess they are mostly day trippers from elsewhere over there. The only thing about Peter Tesei's web site that catches my eye is that the Honorary Chairman Malcom Pray is supposed to have died a couple of months ago, so I do not think he has updated his web site recently.

<http://www.kingsizedirect.com/large-size/Double-Brushed-Solid-Flannel-Shirt.aspx?PflId=154429&DeptId=23936&ProductTypeId=1&ppos=2&SplT=0&StyleNo=1641> are buy one get one free today. CIO

<888> 10/25/13 Friday 11:40 A.M. No point going back to Illinois Illinois Biggest Atomic Dump as U.S. Fails to Pick Site. CIO

<888> 10/25/13 Friday 11:20 A.M. I woke up, and I ate one ounce of almonds. I finally woke up at 9:30 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 10/24/13 Thursday 11:20 P.M. I ate a Greek yogurt.

One of Fred Von Mierers last followers [http://www.stowetoday.com/stowe\\_reporter/news/police\\_blotter/article\\_3232dabc-ea35-11e2-a20c-001a4bcf887a.html](http://www.stowetoday.com/stowe_reporter/news/police_blotter/article_3232dabc-ea35-11e2-a20c-001a4bcf887a.html). Back in the spring of 1977, I cleaned up the bar Sister Kates in Stowe, Vermont after the winter ski season, so I know they drink up there, even without knowing the local expert around here. Sister Kates when I was cleaning it up

smelled like an old beer bottle. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 10/24/13 Thursday 10:20 P.M.

**!!!!!! Prince George christening: Official pictures released**

**Dutch King Willem-Alexander declares the end of the welfare state**

**George Bush Presidential Library Foundation**

**Hurricane Sandy Relief Note:**

**Dear Friends and Neighbors,**

**The state will open four intake centers today, October 24, in East Haven, Fairfield, Milford, and Norwalk to provide one-on-one assistance to homeowners seeking disaster assistance for losses caused by Storm Sandy.**

**Staff from the Department of Housing (DOH) will operate the Owner Occupied Rehabilitation and Reconstruction intake centers Monday through Friday from 9 a.m. to 7 p.m. and Saturdays from 9 a.m. to 3:30 p.m. Homeowners are encouraged to call the program's toll free hotline at 1-866-272-1976 Monday through Saturday from 8 a.m. to 10 p.m. to schedule an appointment or for more information.**

**Locations are as follows:**

**EAST HAVEN — 52 South End Road, Unit A**

**FAIRFIELD — Fairfield Senior Center, 100 Mona Terrace**

**MILFORD — Parson Government Center, 70 West River Street**

**NORWALK — Old Fire Department, 100 Fairfield Avenue**

**Assistance ranging from \$10,000 to \$150,000 is available to replace and rehabilitate homes, implement mitigation measures, and to make homes more resilient to future storm damage. Eligible expenses are those not covered by insurance, the Federal Emergency Management Agency, or any other sources of funding.**

**Property owners can visit the state's official CT Recovery website ([ctrecovers.ct.gov](http://ctrecovers.ct.gov)) or the Department of Housing website to learn more about either program.**

**I hope you found this information helpful. If you have any further questions about this or other state issues, please feel free to contact our offices.**

**Best Regards,**

**Livvy Floren, 149th District**

Stephen G. Walko, 150th District  
Fred Camillo, 151st District

End of Note:

CAMCOR | Oregon's High-Tech Extension Service

<http://www.britannica.com/EBchecked/topic/616264/United-Nations-UN?source=ONTHISDAY>

Tracking is Track your package or shipment with FedEx Tracking on the order for 2XL in big in winter blue <http://www.kingsizedirect.com/large-size/Double-Brushed-Solid-Flannel-Shirt.aspx?PflId=154429&DeptId=23936&ProductTypeId=1&ppos=2&Splt=0&StyleNo=1641> for \$39.99 less one item 50% discount with coupon code "KS15103" for \$19.99 and \$7.99 shipping for \$27.98 total .

Microsoft profits surge 17%, beating expectations

Greenland awards London Mining huge iron ore project CIO

<888> 10/24/13 Thursday 9:20 P.M. I put away the laundry. CIO

<888> 10/24/13 Thursday 8:45 P.M. I chatted with a relative. CIO

<888> 10/24/13 Thursday 8:00 P.M. I have 55 minutes to go on two dry cycles. CIO

<888> 10/24/13 Thursday 7:35 P.M. I put clean linens on the bed. I started two loads of laundry, and I have 15 minutes to go on the wash cycles. I threw out the garbage and the old periodical literature. I watered the plants. CIO

<888> 10/24/13 Thursday 6:40 P.M. I ate a 16 ounce Hungry-Man beef patty dinner with Smart Balance Spread and extra virgin olive oil on the vegetables and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 10/24/13 Thursday 5:50 P.M. I threw out the garbage. I chatted with a neighbor. I went by the Chase Bank at 19 West Putnam Avenue. I then went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I stopped by CVS, and I bought buy one get one free of CVS 100 count flush free Niacin 500 mg for \$8.49 and CVS 60 count MSM 1000 mg for \$7.49 for two and less a \$5 CVS coupon and .70 tax for \$11.68 total. I used the bathroom at CVS. I gave a quarter to someone that asked for one walking by at the top of Greenwich Avenue. After I finished my walk, I sat out for a while. I then went by the Stop and Shop, and I bought a 64 ounce Stop and Shop cranraspberry juice for \$2 and a 64 ounce Stop and Shop crangrape for \$2, 16 ounce Hungry-Man beef patties dinner for \$2.50, a 16 ounce Smart Balance Lite for \$3.09, and a four 6 ounce Chaboni strawberry Greek yogurt for \$4.29 for \$13.88 total. I then went by the Putnam Shell at 401 West Putnam Avenue, and I bought \$13.05 of self

service premium V-Power gasoline with a dime a gallon off with my Stop and Shop card for \$4.199 a gallon for 3.109 gallons at odometer reading of 107290 miles for 53.8 miles driven since Sunday October 20, 2013 for 17.305 miles per gallon in mixed traffic. I then returned home. I chatted with a health care worker. I put away my groceries. CIO

<888> 10/24/13 Thursday 1:40 P.M. I ran PC Cleaner. I ate a muffin. CIO

<888> 10/24/13 Thursday 12:45

P.M. <http://www.llbean.com/llb/search/?freeText=union+suit&init=1>

I will now shower and clean up. I will then go downtown to see if there are any high tech Geeks left around to see and be seen by. CIO

<888> 10/24/13 Thursday 11:55 A.M. <http://www.vailresorts.com/Corp/index.aspx>

Vail Resorts challenges pass holders to ski/ride all its resorts in Epic Race

<http://www.snow.com/epic-pass/passes.aspx?cmpid=PPC300187591> CIO

<888> 10/24/13 Thursday 10:55 A.M. At 8 A.M. the passenger from yesterday called to thank me for the ride. I finally woke up at 9:30 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 10/24/13 Thursday 12:10 A.M. I will now shut down the primary work computer. I will eat a muffin. I will then go to bed. CIO

<888> 10/23/13 Wednesday 11:40 P.M. Global Volcanism Program | Smithsonian / USGS Weekly Volcanic Activity Report

VUELCO | Volcanic Unrest in Europe and Latin American Countries

Nautilus Live

Foundation for Family Literacy | Barbara Bush Foundation

QUEEN MARY 2 10th Anniversary

Koch Brother Wages 12-Year Fight Over Wind Farm - NYTimes.com

Biltmore Wine Email Newsletter

Gold in trees leads to hidden deposits

**Rent 'unaffordable' for low-income families in third of UK****Prince George christened at Chapel Royal CIO**

<888> 10/23/13 Wednesday 10:15 P.M. I ate a 16 ounce Hungryman turkey dinner with butter and extra virgin olive oil on the vegetables and a 12 ounce glass of [www.coke.com](http://www.coke.com) . CIO

<888> 10/23/13 Wednesday 8:35 P.M. I chatted with a relative.

**22 Hours in Balthazar CIO**

<888> 10/23/13 Wednesday 7:40 P.M. Shortly after I started to take a nap, I had a telephone call from the passenger yesterday that needed another ride to pick up his car. I threw out the garbage. I was given eight 3 ounce cans of Libby's Vienna sausages by one of the health care workers. I went downtown, and I picked up the passenger. I drove over on I-95 east to exit 9 and back west on U.S. 1 for a mile and one turns right or north up the alley opposite the Toyota dealership. The name of the less expensive garage is "Razors". I then followed the passenger back to Greenwich. The passenger gave me \$10 for the gasoline for the trip. I then went downtown. I walked upper Greenwich Avenue. I used the bathroom at CVS. I picked up a prescription. I sat out at various locations. I then went by the Stop and Shop. I bought two 9.5 Utz wavy potato chips for \$2.99 each, a five quart box of Stop and Shop powdered milk for \$6.49, two 12 ounce generic honey for \$2.25 each, a 9.5 ounce Oscar Meyer mesquite deli sliced turkey for \$3.34, a 16 ounce Hungryman chicken bourbon dinner for \$2.50, a 16 ounce Hungryman steak bits dinner for \$2.50, and a 7 ounce Stop and Shop deli sliced Swiss cheese for \$3.59 for \$28.90 total. I then returned home. I picked up the mail. I put away my groceries. CIO

<888> 10/23/13 Wednesday 3:10 P.M. I ate a chicken and mashed potato dinner with Smart Balance Spread and extra virgin olive oil on the mashed potatoes along with a 12 ounce glass of [www.coke.com](http://www.coke.com) . I will now take a nap. CIO

<888> 10/23/13 Wednesday 2:30 P.M. **Scientists confirm most distant galaxy ever** CIO

<888> 10/23/13 Wednesday 2:20 P.M. I made 159 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching part 1 of "Great Expectations". CIO

<888> 10/23/13 Wednesday 12:05 P.M. **Prince George is christened in London** CIO

<888> 10/23/13 Wednesday 11:55 A.M. I will now make cigarettes. CIO

<888> 10/23/13 Wednesday 10:50 A.M. I will now shower and clean up. CIO

<888> 10/23/13 Wednesday 10:20 A.M. I chatted with a friend. CIO

<888> 10/23/13 Wednesday 9:25 A.M. I woke up at 8 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 10/22/13 Tuesday 8:55 P.M. I chatted with a relative.

<http://www.royal.gov.uk/>

The Prince of Wales and The Duchess of Cornwall to visit India and Sri Lanka

<http://www.princeofwales.gov.uk/>

Prince Harry emerges from 24 hour South Pole cold chamber training

I will now shut down the primary work computer, and I will go to bed. Tomorrow is a rainy day, so I guess I will be staying inside, since on rainy days I have arthritis. CIO

<888> 10/22/13 Tuesday 8:10 P.M. Saturated fat heart disease 'myth' . CIO

<888> 10/22/13 Tuesday 8:00 P.M. Gateway AMD E-1500 1.48GHz Desktop PC | SX2110G-UW23 refurbished \$179.99 with \$11.99 shipping . CIO

<888> 10/22/13 Tuesday 7:55 P.M. I ate a roast beef and Swiss cheese sandwich on 15 grain whole wheat bread with Hellmann's olive oil mayonnaise and Lays sour cream and onion potato chips and a dill pickle slice and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 10/22/13 Tuesday 6:20 P.M. I chatted with a relative.

24 Hours with the Greater New York Red Cross

vhub

GVM | Global Volcano Model

Exoplanet tally soars above 1,000

Meteorite may explain 'how Mars turned to stone'

Early Mars atmosphere 'oxygen-rich' before Earth's

'Sea serpent' found in US sparks earthquake myth talk CIO

<888> 10/22/13 Tuesday 5:20 P.M. I woke up at 4:20 P.M..

**Agenda 21 – Fema Camps 2013 – Depopulation Plans In America**

**FEMA CONCENTRATION CAMPS: Locations and Executive Orders**

**FEMA concentration camps CIO**

<888> 10/22/13 Tuesday 2:40 P.M. I ate a chicken and mashed potato dinner with Smart Balance Spread and extra virgin olive oil on the mashed potatoes along with a 12 ounce glass of [www.coke.com](http://www.coke.com) . I will now take a nap. CIO

<888> 10/22/13 Tuesday 1:45 P.M. I met up with person downtown I was following over to the garage in Stamford. We got on I-95 East and got off exit 9 and took the Route 1 West. On the north side of the street about a mile west opposite the Toyota dealership, there is a wide alley and about 200 feet down the alley is a small garage, where the individual is getting his Toyota fixed for 2/3rds the price of the dealership repair. They also have a welder back there, so possibly they have an arch welder, if anyone needs an arch welder. We returned the same way, and I got off Indian Field Road exit 4 and drove north to East Putnam Avenue, and then west. I dropped the passenger off at Whole Foods. I then went to CVS and picked up a prescription. I then went downtown, and I walked lower Greenwich Avenue and the train station area. I used the bathroom at the senior and the arts center. I walked up a block, and I ran into the passenger, and we chatted on a bench for a while. I then walked the passenger back to his place. There was a sad event going on that I witnessed. I then returned to my Volvo wagon. Somebody had parked within six inches of the driver's side door, so I had to get in on the passenger side which was awkward. I then went to the Stop and Shop, and I bought bananas for .79 a pound for \$2.01, a 7 ounce tub of Stop and Shop deli sliced roast beef for \$2.99, a six pack of Stop and Shop English muffins for \$1.69, and a chicken and mashed potato dinner for \$1.99 for \$8.68 total. I then returned home. I chatted with neighbors. I put away my groceries. I chatted with a relative. I chatted with a friend who has a relative going to work in England for less than six months. The relative needs to get their visa information process from this link <http://www.ukba.homeoffice.gov.uk/visas-immigration/> . It seems quite complex and expensive, even if one had the money to go over there. CIO

<888> 10/22/13 Tuesday 8:15 A.M. I ordered in 2XL in big in winter blue <http://www.kingsizedirect.com/large-size/Double-Brushed-Solid-Flannel-Shirt.aspx?PflId=154429&DeptId=23936&ProductTypeId=1&ppos=2&Splt=0&StyleNo=1641> for \$39.99 less one item 50% discount with coupon code "KS15103" for \$19.99 and \$7.99 shipping for \$27.98 total. I chatted with a local walker downtown. I am going to give the local walker a ride in about an hour. I will now shower and clean up and go out. CIO

<888> 10/22/13 Tuesday 7:45 A.M. It is the Seagate DiscWizard <http://www.seagate.com/support/internal-hard-drives/enterprise-hard-drives/savvio-15k/discwizard-master-dl/> that has the utility to write zeros to the hard drive to do a low level format. That would take a long time on a large hard drive, but it has a quick feature and one can always write zeros to the first 1% of the hard drive and then quit the

program. Doing a 1% zero write would probably also remove a boot sector virus from a hard drive. I mentioned it to the local walker, who was not able to start his computer or logon because of some sort of a problem. Of course after doing a low level format, one would have to reinstall and reconfigure the operating system. I will now make a copy of it for the local walker, since without a computer working, he can not download it.

Yesterday evening I saw new black <http://www.maybach-manufaktur.com/> downtown by Starbucks. I suppose it would be an alternative transportation to a Rolls or Bentley. CIO

<888> 10/22/13 Tuesday 5:50 A.M. I woke up and, and I ate a Greek yogurt. I finally woke up at 4:30 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 10/21/13 Monday 9:15 P.M. I chatted with a relative. I ate a chicken and mashed potato dinner with Smart Balance Spread and extra virgin olive oil on the mashed potatoes along with a 12 ounce glass of Schweppes Ginger Ale. I will now shut down the primary work computer, and I will go to bed. CIO

<888> 10/21/13 Monday 8:10 P.M. I went out, and I picked up the medical patient, and I returned the person home. I then went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I stopped by CVS, and I used the bathroom. I chatted with a regular walker who was having problems with his computer. I told him to use the Seagate Utilities to format his hard drive. He told me he had a copy. I told the person, I would bring a copy with me, the next time I go downtown. It does not seem to be available for download on the internet anymore. After I finished my walk, I stopped by Zen Stationary, and I played an Ace's High scratch card for a dollar, but I lost. I then went by the Greenwich Library, and I chatted with one of the reference librarians. I then went by the Stop and Shop, and I bought a four pack of fresh Boston coffee cake muffins for \$2.99, two cooked chicken and mashed potato dinners for \$1.99 each, and a Hungryman 16 ounce turkey dinner for \$2.50 for \$8.47 total. I then returned home, and I picked up the mail. I put away the groceries. My food stamps were lowered as of November 1, 2013 from \$179 to \$168. CIO

<888> 10/21/13 Monday 3:35 P.M. I going out to pick up the person now. CIO

<888> 10/21/13 Monday 3:25 P.M. [GEOL252 Field Studies and New Zealand Geology, Department of Geology, University of Otago, New Zealand.](#)

[The 5th International MAAR Conference | November 17-22, 2014. Querétaro, MX](#)

[Errors stymie Windows 8.1 updates on some devices](#)

[Baldness treatment a 'step closer'](#)

The Georgian skull discovery explained - in 90 seconds

Windows 8.1 update glitch stops RT starting up CIO

<888> 10/21/13 Monday 2:45 P.M. Kate Middleton's Shocking New Hairstyle Shows Us a Totally Different Side of Her . CIO

<888> 10/21/13 Monday 2:40 P.M. I heard from the individual that I am going to give a ride, and I am now going to pick up the individual at 4:45 P.M.. It is only about three blocks from my apartment building or a quarter of a mile. CIO

<888> 10/21/13 Monday 2:25 P.M. I chatted with a relative. CIO

<888> 10/21/13 Monday 2:15 P.M. I have to pick somebody up here <http://www.greenhosp.org/directions/500-W-Putnam-Ave> and drive them back home to downtown Greenwich at 5:30 P.M. today, so I am on a different daytime schedule. I will probably sit downtown for a while, after I drive the individual home. CIO

<888> 10/21/13 Monday 1:55 P.M. I had a friend whose grandmother retired to this place <http://glengariffcare.com/> in Glen Cove, Long Island. CIO

<888> 10/21/13 Monday 1:45 P.M. I ate a 16 ounce Hungryman chicken cutlet dinner with butter and extra virgin olive oil on the vegetables and a 12 ounce glass of [www.coke.com](http://www.coke.com) . CIO

<888> 10/21/13 Monday 12:55 P.M. I chatted with a friend cruising in an excursion boat off Oyster Bay, Long Island. He said it was a nice day at sea. I threw out the garbage. I chatted with neighbors. I got a telephone call reminding me to pick up a local walker at 5:15 P.M. and return the walker downtown. CIO

<888> 10/21/13 Monday 11:40 A.M. Last week, I threw out my aloe plant, since it dried up. Down south, Aloe plants can get very large with the warmer weather. In my research, the Skakels were wealthy enough to have a private home out in Nantucket, and the father also built a private 18 hole golf course in Jupiter, Florida. They probably had a large network of friend and associates in the local community. I use to have friends in the Belle Haven community, when the event happened; and because I had worked at C.B.S. News, they quit talking to me, whenever I saw them. When the event happened I was out of town elsewhere, so I did not read the local news stories at the time, just mostly what I have read in the [www.greenwichtime.com](http://www.greenwichtime.com) , since I returned in December 1983. Since I was ten years older than the individuals involved, I was not personal friends in their network of friends. I did have a roommate in college at [www.lfc.edu](http://www.lfc.edu) who was next door neighbors of the Bobby Kennedys in Hyannisport, so he might have met some of the Kennedys living next door to him, but he never told me whether he knew them or not. I will now shower and clean up. CIO

<888> 10/21/13 Monday 11:05 A.M. <http://listverse.com/2013/05/01/10-recently-caught-demented-serial-killers/>

<http://www.creators.com/opinion/diane-dimond/serial-killers-how-many-are-there.html>

I mentioned to someone yesterday that knew Michael Skakel that the [http://www.trutv.com/library/crime/notorious\\_murders/famous/moxley/index\\_1.html](http://www.trutv.com/library/crime/notorious_murders/famous/moxley/index_1.html) could have been a serial killer, since they lived near a highway. CIO

<888> 10/21/13 Monday 10:50 A.M. I woke up at 10:30 A.M.. CIO

<888> 10/21/13 Monday 8:55 A.M. I chatted with the local walker again. I will now rest some more. CIO

<888> 10/21/13 Monday 8:30 A.M. I chatted with a local walker. I am going to give the local walker a ride downtown at 5:15 P.M. this afternoon. CIO

<888> 10/21/13 Monday 7:20 A.M. I woke up at 6 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

End of Scott's Notes week of 10/21/13

<888> 10/21/13 Monday 12:25 A.M. Around February 1987, I was able to visit Innsbruck, Austria <http://en.wikipedia.org/wiki/Innsbruck> with a friend. From AAA on Long Ridge Road in Stamford, Connecticut, it was \$799 per person for round trip on Lufthansa and connecting bus from Munich and a week's stay at a nice small hotel with breakfast and dinner. I toured downtown Innsbruck. They did not use any of their cars. At the University they would study 12 to 18 hours a day. They did not have cash registers and just used change purses. I visited [http://en.wikipedia.org/wiki/Maximilian\\_I,\\_Holy\\_Roman\\_Emperor](http://en.wikipedia.org/wiki/Maximilian_I,_Holy_Roman_Emperor)'s tomb in the church there, but he is actually not buried there. I will now send out my weekly notes. I will then go back to bed. CIO

<888> 10/20/13 Sunday 11:50 P.M. [The BBC's first Man in Moscow](#) CIO

<888> 10/20/13 Sunday 11:15 P.M. I ate a roast beef and Swiss cheese sandwich on 15 grain whole wheat bread with Hellmann's olive oil mayonnaise and Lays sour cream and onion potato chips and a dill pickle slice and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 10/20/13 Sunday 10:10 P.M. I chatted with a relative at 5 P.M.. I ate three ounce of almonds. I finally woke up at 10 P.M.. CIO

<888> 10/20/13 Sunday 3:05 P.M. I reheated and ate the fish and chips dinner with a 12 ounce glass of [www.coke.com](http://www.coke.com) . I will now take a nap. CIO

<888> 10/20/13 Sunday 2:05 P.M. I went out, and I chatted with a neighbor. I threw out the garbage. I went by CVS on West Putnam Avenue, but they did not have what I was looking for. I went by CVS on Greenwich Avenue, and I bought three Edge 7 ounce gel extra moisturizing saving gel for \$3.49 each, and two 7.6 ounce Crest Complete with Scope for \$6.29 each and \$1.46 tax for \$24.51 total. I then bought buy one get one free of CVS 1200 mg. fish oil 240 capsule for \$23.49 both and buy one get one 50% off of CVS 1 liter multi-action mouth wash for \$6.79 and \$3.39 less \$9 in bonus bucks from the previous purchase and \$1.57 tax for \$26.24 total. I used the bathroom at CVS. I then went further downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I stopped by CVS again, and I used the bathroom. I bought four 18 ounce Progresso New England clam chowder for .99 each for \$3.96 total. I chatted with a local for a while. The republican campaign office on the north side of the street just east of Greenwich Avenue is not opened today, and the democrat campaign office on the west side of the street at the top of Greenwich Avenue is not opened today. I finished my walk, and I sat out for a while. I used the bathroom at Starbucks. I then drove over to the Stop and Shop. I bought a Hungry Man 16 ounce chicken cutlet dinner for \$2.50 and a cooked fish and chips dinner for \$2.99 for \$5.49 total. I then went by Putnam Shell at 401 West Putnam Avenue, and I bought \$19.02 of self service V-Powered gasoline for \$4.199 a gallon with a dime a gallon off with my Stop and Shop card for 4.529 gallons at odometer reading of 107236 miles for 67.2 miles driven in mixed traffic since Sunday October 13, 2013 for 14.838 miles per gallon. I then returned home, and I put away my purchases. CIO

<888> 10/20/13 Sunday 8:30 A.M. I will now shower and clean up. I will then go downtown for another adventure around the Starbucks celebrities. CIO

<888> 10/20/13 Sunday 7:25 A.M. I woke up at 6 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 10/19/13 Saturday 7:30 P.M. Titanic violin fetches £900,000 record price

I will now shut down the primary work computer, and I will go to bed soon. Not much seems to be happening anymore. I guess all of the writers that invent news in order to sell more publications have run out of ideas or they are not being paid anymore with all of the diverse content out there on the internet. Perhaps, one should look into what is really profitable about the internet versus what the hype is all about. It is basically inexpensive communications. It is not meant to be the last word in scholarly thought. From what I know a lot of seniors can not be bothered with the internet, since they are use to getting their news out of newspapers and television or radio. They do have a voice in the country. Also many people have larger networks of friends and associates, so they know

more than the reclusive computer people whom pound away at the keyboards. However, that does not mean they know more. If that were the case the person in the middle of town would know the most. Frequently a lot of people have different experiences and based on that experience they act differently compared to the individuals for whom ignorance is bliss. <http://en.wikipedia.org/wiki/Janus> CIO

<888> 10/19/13 Saturday 7:05 P.M. I chatted with a friend. I ate a Greek Yogurt. I threw out the garbage. I picked up the mail. The [www.time.com](http://www.time.com) magazine arrived. CIO

<888> 10/19/13 Saturday 4:35 P.M. Earlier I ate three ounces of almonds. I just ate three scoops of coffee ice cream. I chatted with a friend. CIO

<888> 10/19/13 Saturday 3:55 P.M. I made 239 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching parts 3 and 4 of "Daniel DeRonda". I chatted with a relative. CIO

<888> 10/19/13 Saturday 10:45 A.M. <http://www.statisticbrain.com/driver-fatality-stats-by-auto-make/>

<http://www.forbes.com/sites/jimgorzelay/2012/01/20/safest-cars-for-2012/> CIO

<888> 10/19/13 Saturday 10:25 A.M. The most ridiculous thing I read in a magazine while I was waiting for my appointment yesterday was that <http://www.miniusa.com/content/miniusa/en.html> makes a high performance model that goes 149 miles per hour <http://www.miniusa.com/content/miniusa/en/tools/learning/build.html> . I think that is too fast for a small car, if you get my drift. Two days ago, I charged up the three jump start systems and the two million watt rechargeable lantern in my bedroom. I will now make cigarettes. CIO

<888> 10/19/13 Saturday 9:20 A.M. Since I have the bad heel on my left foot, yesterday I tried wearing the new pair of <http://shop.reebok.com/us/product/men-classic-leather-shoes/EG541> that I bought for \$39 in March 2011. They seem to feel a bit better than my own worn out but still good Reeboks. CIO

<888> 10/19/13 Saturday 9:00 A.M. [23" Dell E2314H 1080p LED Monitor \\$95 + Free Shipping](#)

[21.5" Dell S2240T 1080p 10-Point Touch Screen Monitor \\$211 + Free shipping](#)

I will now shower and clean up. CIO

<888> 10/19/13 Saturday 7:25 A.M. I woke up, and I ate a Greek yogurt. I finally woke up at 6 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water

and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 10/18/13 Friday 7:45 P.M. I chatted with a relative. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 10/18/13 Friday 7:05 P.M. George Bush Presidential Library Foundation

!!!!!! Update from Windows 8.1 Preview to Windows 8.1 - Microsoft Windows Help

PC Mag Microsoft Windows 8.1

Sir Paul McCartney plays at free Covent Garden gig

IBM unveils computer fed by 'electronic blood' CIO

<888> 10/18/13 Friday 6:45 P.M. I ate a 15.5 ounce Stouffer's stuffed peppers dinner with grated parmesan and Romano cheese and a 12 ounce glass of Schweppes Ginger Ale. I picked up the mail. CIO

<888> 10/18/13 Friday 5:40 P.M. I went to my 1:30 P.M. appointment which ran late a bit early. After the appointment I went to downtown Greenwich Avenue to Charles Stuttig Lock Smith, and I got two copies of the Stant Gasoline cap key made for the Volvo wagon and two red Volvo key fobs for \$17.62 total. The Volvo gas flap door does lock, when one drives the car forward for a while. I put one each of the Volvo key fobs on each of the two Volvo ignition key rings and one of the Stant Gasoline cap keys on the Volvo valet key ring. I then sat out for a long while downtown enjoying people watching the Friday afternoon pedestrian crowd. It was quite busy. I then went by the Stop and Shop, and I bought two Simply Columbian ground coffee 12 ounce for \$3.49 each, a two pound bag of baby carrots for \$3.29, a Bermuda red onion for \$1.99 a pound for \$1.37, a bulb of garlic for .50, a 1.75 quart container of Friendly coffee ice cream for \$3.59, a four 6 ounce package of Chaboni blueberry Greek yogurt for \$4.29, a 3.5 ounce tube of Crest fluoride tooth paste for .49 and .03 tax for \$20.54 total. I then returned home, and I put away my purchases. CIO

<888> 10/18/13 Friday 11:45 A.M. I will now shower and clean up. I have a 1:30 P.M. appointment. CIO

<888> 10/18/13 Friday 7:45 A.M. I woke up at 6 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 10/18/13 Friday 1:45 A.M. Visit Scotland

Visit Holland

Download Microsoft Windows 8 Enterprise Evaluation

Norman Rockwell: Secret life of America's idyllic artist

Blow to multiple human species idea

Sleep 'cleans' the brain of toxins

Study: Just 227 tree species dominate Amazon landscape

Monkeys 'take turns in conversation'

Windows 8.1 gets global release

I will now shut down the primary work computer, and I will eat a Greek yogurt and go to bed soon. CIO

<888> 10/18/13 Friday 12:50 A.M. I put away the laundry. I have a 1:30 P.M. appointment today. CIO

<888> 10/17/13 Thursday 11:40 P.M. I ate a 14 ounce Marie Callendar chicken pot pie with a 12 ounce glass with a 12 ounce glass of [www.coke.com](http://www.coke.com) . CIO

<888> 10/17/13 Thursday 11:05 P.M. I have 55 minutes to go on two dry cycles of laundry. CIO

<888> 10/17/13 Thursday 10:20 P.M. I chatted with a relative. I put clean linens on the bed. I started two loads of laundry, and I have 15 minutes to go on. I threw out the garbage and the old periodical literature. I watered the plants. CIO

<888> 10/17/13 Thursday 7:15 P.M. I woke up at 6:45 P.M.. I woke up at 6:45 P.M.. I picked up the mail. The order with tracking of [Track your package or shipment with FedEx Tracking](#) on the order for four two packs of thermal socks from <http://www.thatdailydeal.com/index.php> for \$13.96 total with free shipping arrived. CIO

<888> 10/17/13 Thursday 2:00 P.M. I chatted with a relative. I ate the chicken and mashed potato dinner with butter and extra virgin olive oil on the mashed potatoes and a 12 ounce glass of [www.coke.com](http://www.coke.com) . I will now take a nap. I think if one keeps the internet in perspective, if one is at home a lot of the time, it is better than watching a lot of television, because it tends to keep the mind more active for older people as opposed to having people dictate to one from the television all of the time. With my bad heel on my left foot, I will not be walking downtown or moving around too much except when necessary in the near future. I should probably see a podiatrist, when I can schedule an appointment. CIO

<888> 10/17/13 Thursday 12:25 P.M. This shows a car on fire next to Volvo in Greenwich yesterday <http://blog.ctnews.com/realtime/2013/10/16/car-fire-in-riverside/> . CIO

<888> 10/17/13 Thursday 12:25 P.M. This says the gasoline flap locks after ten minutes to give one time to fill the gasoline tank  
<http://www.matthewsvolvosite.com/forums/viewtopic.php?f=10&t=29892> . CIO

<888> 10/17/13 Thursday 12:15 P.M. I went outside, and I put a lantern flashlight on the back seat of the Volvo wagon. I opened the locking gasoline flap, but when I closed it and locked the doors, it would not lock. The owners manual says that one has to drive forward for it to lock. I drove around the parking circle a couple of times, but it would not lock. Possibly one has to drive a further distance. I took off the non locking gasoline cap, and I stored it in the passenger side rear side storage compartment. I put the <http://www.jcwhitney.com/stant-locking-oe-replacement-gas-cap/p3038826.jcwx?filterid=d17227y2005g2j1> locking gasoline cap on. I put one each of the two Stant keys on each key ring. I will get a couple of copies made at a later day. While I was checking out the Volvo wagon, I opened up the lower rear storage compartment, and I checked out the battery. Since it is inside, one can not tell how old it is or not, but it looks brand new. There is no date on it to tell, when it was installed. CIO

<888> 10/17/13 Thursday 9:15 A.M. I reviewed the service records that I have on the 2005 Volvo wagon

<http://mikelouisscott.com/volvo-info/>

<http://mikelouisscottcom.cv.siteprotect.net/volvo-info/>

The 105,000 service was done on the 2005 Volvo Wagon by Volvo. However, I can not find a mention of when the Volvo last had its spark plugs replaced, since 60,000 miles; but I do not have all of the records, because two other relatives used the Volvo besides the relative I was given it by who was the original owner. I do know the air conditioning system was replaced this past summer by another relative. I will now shower and clean up. CIO

<888> 10/17/13 Thursday 8:30 A.M. I chatted with a relative twice. The relative is not getting my email, if it has internet links in it, just plain text messages. I was told just to use regular oil in the Volvo not synthetic. I was also told the battery has only been replaced once in the nine year life of the Volvo, so probably in the next year or two, it will need to be replaced. Optimum tested my email service by having me send and receive and email from them, and it works just fine. CIO

<888> 10/17/13 Thursday 5:50 A.M. I woke up at 5 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 10/17/13 Thursday 12:25 A.M. I will now go back to bed. CIO

<888> 10/16/13 Wednesday 11:55 P.M. Biltmore Email Newsletter

Ronald Reagan Presidential Foundation and Library: Email - Beautiful Reagan Library Keepsake Box-Special Offer \$14.95

Volcanology Field Camp

Meteorite pulled from Russian lake

Underwater wi-fi given test run to create 'deep-sea internet' CIO

<888> 10/16/13 Wednesday 11:35 P.M. I ate a roast beef and Swiss cheese sandwich on 15 grain whole wheat bread with Hellmann's olive oil mayonnaise and Lays salt and vinegar potato chips and a dill pickle slice and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 10/16/13 Wednesday 9:40 P.M. I had emailed <http://www.stamfordvolvo.com/index.htm> about my Volvo information, and they called me at 6 P.M. to let me know, they will get the information when I first bring it in for service. I probably will need an oil change in about a year. The oil was just changed. However, I do not know what type of oil the Volvo uses, and if it is the long distance type of oil that lasts 7,500 miles. Normally one should change the oil once a year, no matter how many miles one drives. I finally woke up at 9 P.M., and I chatted with a relative. I threw out the garbage. I picked up the mail. CIO

<888> 10/16/13 Wednesday 2:50 P.M. I ate the chicken and mashed potato dinner with butter and extra virgin olive oil on the mashed potatoes and a 12 ounce glass of [www.coke.com](http://www.coke.com) . I will now take a nap. CIO

<888> 10/16/13 Wednesday 1:25 P.M. I packed up the old Volvo license plate in paper towels and the Volvo paper work, and I put it in a large envelope addressed to a relative. I threw out the garbage. I went by the Valley Road Post Office, and I mailed the large envelope to the relative Priority Mail for \$5.60. I then went by the Greenwich Housing Authority, and I gave them copies of my Volvo registration and insurance card, so they can apply it to my McKinney Terrace II parking sticker. I then parked downtown in my usual place. I walked lower Greenwich Avenue and the train station area. They are unloading large pieces of steel from big trucks for the Restoration Hardware Store Greenwich Post Office project, so the sidewalk is closed at that location. I chatted with a few regulars. I then walked lower Greenwich Avenue and the train station area again. It looks like they might be remodeling the China Pavilion restaurant or some other vendor at that location. I stopped by <http://www.carriagehousemotorcars.com/> motors, and I gave them the unused back seat cigarette lighter from the Audi that I found. I also told them about <http://www.youtube.com/watch?v=9UP1Rn7Wj3s> to fix the front window clips on the Audi A6 which they did not know about. After I finished my second walk of lower Greenwich Avenue, I sat out for a while. I used the bathroom at the Senior and the Arts center. I then

drove over to CVS on Greenwich Avenue, and I bought two .75 ounce Italian spices for .99 and a 5.25 ounce garlic salt for .99 for \$2.97 total. I used the bathroom there. I then went by the Stop and Shop, and I bought a 48 ounce old fashioned Quaker Oats for \$4.99, a 64 ounce Stop and Shop cranraspberry juice for \$2, a 64 ounce crangrape juice for \$2, a 8 ounce Kraft parmesan and Romano cheese for \$3.99, bananas for .79 a pound for \$1.75, a 24 ounce Stop and Shop garlic, bacon, and cheese mashed potatoes for \$3, a 8 ounce Purdue short strips Italian for \$3.59, two 19 ounce Stouffer's meat lasagnas for \$2.50 each, a 59 ounce Simply Orange orange juice with calcium for \$3, two chicken and mashed potato dinners for \$1.99 each, a \$1.50 can return for \$31.80 total. I then returned home, and I carried up my groceries, and I put them away. The heel on my left foot is hurting again after all of the walking. CIO

<888> 10/16/13 Wednesday 9:05 A.M. I chatted with a relative. I will now go out. CIO

<888> 10/16/13 Wednesday 7:25 A.M. I still have the bad heel on my left foot, so I will not be walking Greenwich Avenue anytime soon. I will now shower and clean up. I have to go out for an errand around 9 A.M.. CIO

<888> 10/16/13 Wednesday 5:30 A.M. 18-foot-long sea creature found off Calif. coast  
. CIO

<888> 10/16/13 Wednesday 5:20 A.M. I woke up, and I ate a Greek yogurt. I finally woke up at 3:30 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted bagel with butter and olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. I made a couple of telephone calls on unrelated matters. CIO

<888> 10/15/13 Tuesday 9:05 P.M. I chatted with a relative. It is suppose to be foggy tonight and tomorrow. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 10/15/13 Tuesday 8:05 P.M. I ate a 14 ounce Marie Callendar chicken pot pie with a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 10/15/13 Tuesday 6:50 P.M. I went outside, and I looked at the Volvo Station wagon underneath the hood. I noticed there is no battery underneath the hood. However, this video <http://www.youtube.com/watch?v=sT-W7l8oeZI> explains where it located, and the two different ways to jump start it, should one ever need to jump start it. I chatted with neighbors. I picked up the mail. CIO

<888> 10/15/13 Tuesday 5:25 P.M. IRIS Webinars

The Russia Left Behind

Tommy Scott, Country Singer With a Traveling Medicine Show, Dies at 96 - NYTimes.com

Greenwich Land TrustAmaze project aims to take 3D printing 'into metal age'Flossie, the 50-year-old computer, to be resurrected CIO

<888> 10/15/13 Tuesday 4:20 P.M. I chatted with a friend. CIO

<888> 10/15/13 Tuesday 4:00 P.M. I woke up at 3:45 P.M., when <http://www.buydiscountcigars.com/> to tell me that there is a \$2 discount with coupon code "SAVE". CIO

<888> 10/15/13 Tuesday 1:40 P.M. I ate a ham and roast beef and Swiss cheese sandwich on 15 grain whole wheat bread with Hellmann's olive oil mayonnaise and Lays salt and vinegar potato chips and a dill pickle slice and a 12 ounce glass of [www.coke.com](http://www.coke.com) . I will now take a nap.

3 US economists win Nobel for work on asset prices CIO

<888> 10/15/13 Tuesday 12:40 P.M. I went downtown, and I did an errand. I chatted with a relative. I then drove up the Merritt Parkway to <http://www.ct.gov/dmv/cwp/view.asp?a=808&q=244600> , and I transferred the title and registration on my Volvo wagon for \$56 charge. Since it was a gift from a relative, I did not pay sales tax. There were only about 50 people ahead of me. I then took off the old license plate, and I put on my old Connecticut license plates front and rear. I chatted with a relative. I then returned home via the Merritt Parkway. I chatted with neighbors. I let the Greenwich Housing Authority know that I had changed my car. CIO

<888> 10/15/13 Tuesday 8:05 A.M. I threw out the garbage. I chatted with a neighbor. I will now head out downtown. CIO

<888> 10/15/13 Tuesday 7:15 A.M. The High Tech world has changed quite a bit since the early 1980s when we all use to hang out in a video bar in Greenwich Village watching "Joan Rivers". I will do an errand downtown this morning at 8:30 A.M.. I will drive up to <http://www.ct.gov/dmv/cwp/view.asp?a=808&q=244600> to register the Volvo this morning. I will now shower and clean up. CIO

<888> 10/15/13 Tuesday 6:20 A.M. I woke up, and I ate a Greek yogurt. I finally woke up at 5:15 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted bagel with butter and olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 10/14/13 Monday 9:45 P.M. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 10/14/13 Monday 9:15 P.M. I ate a 14 ounce Marie Callender turkey pot pie with a 12 ounce glass of Schweppes Ginger Ale. I chatted with a relative. CIO

<888> 10/14/13 Monday 8:20 P.M. I made 234 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching parts 1 and 2 of "Daniel DeRonda". CIO

<888> 10/14/13 Monday 5:15 P.M. I drank some 50% Schweppes Ginger Ale and 50% punch. Today is Canadian Thanksgiving Day  
<http://www.timeanddate.com/holidays/canada/thanksgiving-day> . CIO

<888> 10/14/13 Monday 5:00  
 P.M. <http://www.britannica.com/EBchecked/topic/181476/Dwight-D-Eisenhower?source=ONTHISDAY>

Apes comfort each other 'like humans'

Global warming will increase intensity of El Nino, scientists say

'Diamond rain' falls on Saturn and Jupiter

I will now make cigarettes. CIO

<888> 10/14/13 Monday 4:10 P.M. I woke up at 3:50 P.M., and I chatted with a relative. CIO

<888> 10/14/13 Monday 12:05 P.M. I ate a ham and Swiss cheese sandwich on 15 grain whole wheat bread with Hellmann's olive oil mayonnaise and Lays salt and vinegar potato chips and a dill pickle slice and a 12 ounce glass of Schweppes Ginger Ale. I will now take a nap. CIO

<888> 10/14/13 Monday 11:10 A.M. I chatted with a relative. I drove the neighbor to the appointment and back. I chatted with neighbors. CIO

<888> 10/14/13 Monday 10:00 A.M. I went by the Greenwich Hardware store, and I got four self tapping screws for \$4.64. I went by the ATM machine at the Chase Bank next to the Greenwich Hardware store. I then went by the Shell Station across the street from Whole Foods, and I got the Emissions test done for \$20. The Volvo passed without any problems. I used two of the self tapping screws to put the front license plate frame on the front of the Volvo wagon. I have to drive my neighbor at 10:15 A.M. to an appointment. CIO

<888> 10/14/13 Monday 7:55 A.M. The Greenwich Hardware store opens at 8 A.M. this morning. I will go over there now. CIO

<888> 10/14/13 Monday 7:30 A.M. I threw out the garbage. The Volvo wagon only has the rear Pennsylvania license plate. However, in Connecticut one also need a front license plate. I have the front license plate frame. However, I need to get two of the right size sheet metal screws to install it. Since today is Columbus Day, I do not think the Greenwich Hardware store is opened today. I put 150 feet of extension cable, the Black and Decker drill, and the Bosch drill bits on the back seat of the Volvo to have available for when I need to drill the two sheet metal screw holes. I can not drill the holes, until I know what size sheet metal screws I have. I chatted with a neighbor. I will be driving the neighbor at 10:15 A.M. this morning to an appointment. CIO

<888> 10/14/13 Monday 5:30 A.M. I will now shower and clean up. CIO

<888> 10/14/13 Monday 4:55 A.M. I chatteed with a friend about 6 P.M.. I woke up, and I ate a Greek yogurt. I finally woke up at 3:45 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted bagel with butter and olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

End of Scott's Notes week of 10/13/13

<888> 10/13/13 Sunday 5:15 P.M. I will now send out my weekly notes. I will then shut down the primary work computer, and I will go to bed after that. CIO

<888> 10/13/13 Sunday 4:15 P.M. My relative arrived at 12:15 P.M. to deliver the Volvo wagon. The relative gave me two sets of keys and a valet key along with the needed paper work. I dropped the relative off at the Greenwich train station. I then mailed a letter at the central Greenwich Post Office. I then went to the Stop and Shop. I bought a 48 ounce Quaker old fashioned oatmeal for \$4.99, bananas for .79 a pound for \$1.47, two 7 ounce Stop and Shop tubs of sliced roast beef for \$2.50 each, four 14.5 ounce Marie Callender chicken pot pies for \$2.50 each, four Chaboni Greek yogurt for \$1 each, a 16 ounce Smart Balance Lite for \$3.09, a 7 ounce package of Stop and Shop deli sliced Swiss cheese for \$3.59, two six packs of Stop and Shop English muffins for \$1.69 each, a chicken and mashed potato dinner for \$2.99 for \$38.51 total. I then went by the Putnam Shell at 401 West Putnam Avenue, and I bought \$25 of self service V-Power premium gasoline for \$4.299 a gallon for 5.816 gallons at odometer reading of 107168 miles. I do not know if the trip odometer was right, and I have yet to figure out how to reset it. The Volvo runs just fine and looks just fine. I then returned home, and I put away my groceries. I took all of the items from the Audi that I had store in the apartment, and I put them in the Volvo wagon. I also put the various sticker on the windows. I chatted with a relative. I chatted with neighbors. I am suppose to drive a neighbor to an appointment tomorrow morning. I chatted with another relative. I will now reheat the chicken and mashed potato dinner, and I will put Smart Balance spread and extra virgin olive oil on the mashed potatoes, and eat it all with a 12 ounce can of [www.coke.com](http://www.coke.com) . CIO

<888> 10/13/13 Sunday 11:55 A.M. I chatted with my relative with the Volvo, and he is about 20 minutes away. CIO

<888> 10/13/13 Sunday 11:30 A.M. My relative should be here anytime with the 2005 dark blue Volvo wagon <http://www.kbb.com/volvo/xc70/2005-volvo-xc70/25t-wagon-4d/?pricetype=private-party&vehicleid=1912&intent=trade-in-sell&mileage=107000> . CIO

<888> 10/13/13 Sunday 11:00 A.M. When one goes to [www.lfc.edu](http://www.lfc.edu) out in the Midwest and lives out in [www.nantucket.net](http://www.nantucket.net) and down south in Cayo Hueso, one learns to live like a hermit despite the larger metropolis in this area, but when on a night schedule in the suburbs, this area does not seem too busy. The 2005 Volvo wagon has four wheel drive which will be handy, if I dare to drive on snow in the winter. I usually do not drive on snowy roads, although I know how, because I worry about the other traffic on the road, which might not be as well equipped. CIO

<888> 10/13/13 Sunday 10:40 A.M. I chatted with a friend who happens to be in the area. CIO

<888> 10/13/13 Sunday 10:20 A.M. I chatted with a relative. CIO

<888> 10/13/13 Sunday 10:15 A.M. Once I get the Volvo wagon, I have to drop my relative off at the Greenwich train station. I then have to go by the Stop and Shop to get some food. I then have to fill up the tank on the Volvo which will be expensive. I then have to put the various stickers in the Volvo windows. I then have to move the stuff from the Audi that I have stored in the apartment back into the Volvo, so I will not be lingering downtown for my local friends to see the Volvo. Also probably on Tuesday I have to get the emissions checked. Then on either Tuesday or Wednesday I have to transfer the title and register the Volvo. I have to make sure the license plate bolts are easy to remove, so I can change the plates at the department of motor vehicles. CIO

<888> 10/13/13 Sunday 9:45 A.M. When my family lived in Weston, Massachusetts from 1968 to 1973, I knew two people that worked at the parts department at Alewife Volvo in Cambridge, Massachusetts and one person that worked the SAAB parts department on Commonwealth Avenue. However, I spent most of my extra money at the Peter Fuller Cadillac Mercedes Benz parts department on Commonwealth Avenue buying parts for my 1951 Mercedes Benz 300B 4 door sedan that I was restoring, but my daily family work car at [www.polaroid.com](http://www.polaroid.com) was a 1967 Mustang Convertible that was not very good on snow in the winter even with Firestone Wide Oval tires, but I did learn my way around to navigate the cow path streets of Boston and Cambridge and the surrounding area. One of my favorite trips was driving out to Concord, Massachusetts on Route 2 to take pictures of the area which had a lot of old historical houses in the downtown area along with the Concord Bridge which I think the British once burned down to start the American revolution. CIO

<888> 10/13/13 Sunday 9:15 A.M. I chatted with a relative. CIO

<888> 10/13/13 Sunday 7:50 A.M. I chatted with two relatives. Another relative is suppose to deliver the 2005 Volvo wagon around 11:30 A.M. this morning. CIO

<888> 10/13/13 Sunday 7:40 A.M. This shows why NOAA weather radio does not work in this area <http://www.nws.noaa.gov/nwr/outages.php> . CIO

<888> 10/13/13 Sunday 7:20 A.M. I threw out the garbage. I chatted with a neighbor. CIO

<888> 10/13/13 Sunday 6:30 A.M. I will now shower and clean up. CIO

<888> 10/13/13 Sunday 6:25 A.M. Back in 1983, one could escape Manhattan by taking the subway to a New York City airport, one could catch a \$85 one way flight on Provincetown Boston Airlines to Nantucket, but then one would have to pay a \$20 taxi fare to get from the airport to downtown Nantucket which was pretty slow compared to Manhattan. When I stayed at Mrs. Frances' guest house on 31 India Street it was \$5 a night for a bed in a shared room with three other beds with strangers. When I worked at <http://www.languedoc.com/> , they had bunks rooms in the basement of their guest house on Hussey Street that were about \$60 a week, but they were very Spartan conditions. Both places had shared bathrooms. CIO

<888> 10/13/13 Sunday 6:20 A.M. Out in Nantucket, I worked a variety of other jobs including painting, carpentry, baking, and opening sea scallops. Since the work changes with the seasons out in Nantucket, one has to be flexible. Actually washing dishes at night and in the early morning hours was a good night job. However, I worked so much; I did not have much of a social life other than napping on the beach with a bunch of strangers. The worst thing about being a low wage worker way out in Nantucket is that when the resort season ends, and one has to leave the island, and if one goes to Florida where nobody speaks English, one ends up starving and being homeless until it warms up back up north again. Thus it is better to stay up north in one's hometown and not wander around to far away resorts. CIO

<888> 10/13/13 Sunday 5:30 A.M. I woke up, and I ate three scoops of coffee ice cream. I finally woke up at 4:15 A.M.. I ate breakfast of oatmeal with honey and milk, a toasted bagel with butter and olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed.

Probably the worse thing about washing dishes out in [www.nantucket.net](http://www.nantucket.net) was that underneath the dishwashing machine there were three five gallon pales of chemicals for cleaning the dishes, and they were replaced every two to three days. Thus in the process of being a dishwasher, one would breath all of the chemicals in the steam from the dishwashing machine. CIO

<888> 10/12/13 Saturday 5:45 P.M. I chatted with a relative. I ate a Greek yogurt. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 10/12/13 Saturday 4:45 P.M. The order with tracking of [USPS.com](http://USPS.com)® - USPS Tracking™ on the order for 80 ounces of

<http://www.pipesandcigars.com/pesttupitoo.html#.UITqZFMQM78> for \$116.81 with free shipping arrived.

The order with tracking of [USPS.com](http://www.usps.com)® - [USPS Tracking™](http://www.usps.com) on the order for 10 cartons of [http://www.ebay.com/itm/Premier-Light-100s-Cigarette-Tubes-5-Boxs-1000-Tubes-filtered-tubes-RYO-/151138570566?pt=LH\\_DefaultDomain\\_0&hash=item23308f9146](http://www.ebay.com/itm/Premier-Light-100s-Cigarette-Tubes-5-Boxs-1000-Tubes-filtered-tubes-RYO-/151138570566?pt=LH_DefaultDomain_0&hash=item23308f9146) for \$33.90 and \$6.60 shipping for \$40.50 total arrived.

I chatted with neighbors. I picked up the mail. I threw out the shipping boxes. I chatted with neighbors. CIO

<888> 10/12/13 Saturday 3:15 P.M. There is a lot of traffic on the highway <http://www.ct.gov/dot/cwp/view.asp?a=2354&q=414574> despite [http://www.automobilemag.com/31/connecticut/fairfield/greenwich/gas\\_prices.html](http://www.automobilemag.com/31/connecticut/fairfield/greenwich/gas_prices.html) . CIO

<888> 10/12/13 Saturday 3:05 P.M. I was not able to sleep. I chatted with a friend and a relative. I went outside, and I chatted with neighbors. I ate a toasted bagel with butter and extra virgin olive oil and a 12 ounce glass of 50% punch and 50% Schweppes Ginger Ale. CIO

<888> 10/12/13 Saturday 11:05 A.M. I will now go back to sleep. CIO

<888> 10/12/13 Saturday 11:00 A.M. I chatted with a relative. I also need this form <http://www.ct.gov/dmv/LIB/dmv/20/29/AU-463.pdf> from my relative giving me the 2005 Volvo station wagon. CIO

<888> 10/12/13 Saturday 10:30 A.M. I did not fall asleep. I chatted with two friends. I chatted with two relatives. My relatives are not getting my email for some odd reason. When I send the same email from my primary work computer to my server, the server email program discards it. I can not figure out what is the problem. I also got email from a form claiming to be from [www.chase.com](http://www.chase.com) wanting my personal information. I called up Chase, and they told me it was a scam and to discard it, and I emailed the false form to <mailto:abuse@chase.com> . CIO

<888> 10/12/13 Saturday 7:00 A.M. I will now shut down the primary work computer, and I will go to bed. I will try to get up earlier, so I can be on a daytime schedule tomorrow to receive the Volvo wagon. CIO

<888> 10/12/13 Saturday 6:45 A.M. I ate a 6 ounce Greek yogurt. Since I started eating Greek yogurt two weeks ago, I have been having solid bowel movements instead of the reverse. I know yogurt has lots of enzymes that are good for the digestion. Greek yogurt [http://en.wikipedia.org/wiki/Strained\\_yogurt](http://en.wikipedia.org/wiki/Strained_yogurt) is also suppose to have other qualities. By reading the Smithsonian volcano reports <http://www.volcano.si.edu/> , I have learned a little bit about volcanoes, although I have no specific training in the field. After 22 years though, I do know how to run home computers.

When I got interested in Volcanoes early on during my internet activity. I learned that Paul McCartney had a house in Montserrat before the volcano erupted there as did Lord Mountbatten's family, so probably other British citizens had homes there. Microsoft is near Mount Rainier another volcano. The Rockefeller family vacation at Jackson Hole near the Yellowstone Super Volcano. I visited Lanzarote in February 1972 which is also a volcano. When I last lived in Manhattan up until February 1982, I lived on West 74th street a few blocks west of the Natural History, and I use to go to a pub behind the Natural History museum. In that period after the eruption of Mount St. Helens, the following two winters were very cold in Manhattan down to minus 26 degrees Fahrenheit, so areas further north were probably even colder. CIO

<888> 10/12/13 Saturday 5:30 A.M. CUNARD Fall Bonus Days

<http://www.britannica.com/EBchecked/topic/509257/Eleanor-Roosevelt?source=ONTHISDAY>

New ideas for how Earth core formed CIO

<888> 10/12/13 Saturday 5:00 A.M. I woke up at 4:45 A.M.. CIO

<888> 10/12/13 Saturday 1:25 A.M. I reheated and ate the same linguine, meatball and tomato basil sauce which I ate with grated parmesan and Romano cheese along with a 12 ounce glass of www.coke.com . I will now take a nap. CIO

<888> 10/12/13 Saturday 12:25 A.M. I got email from my relative giving me the 2005 Volvo wagon. They need to fill out this form and give it to me <http://www.ct.gov/dmv/lib/dmv/20/29/h31.pdf> . Also according to <http://www.dmv.org/ct-connecticut/title-transfers.php#Transferring-to-Family> , they have to sign the title "sister to brother", so I do not pay tax on the Volvo. I also need to get the Connecticut emissions done for \$20 before I transfer and register the Volvo. A relative is suppose to deliver me the Volvo this Sunday, so I need to be on a day schedule to receive it and drop the relative off at the train station.

I filled and printed three copies of this form: <http://www.ct.gov/dmv/lib/dmv/h-13.pdf> and this one <http://www.ct.gov/dmv/lib/dmv/20/29/b-301.pdf> in case I need it.

I might need to do a VIN verification

<http://www.ct.gov/dmv/cwp/view.asp?a=804&q=460746> . The Norwalk DMV office information is here <http://www.ct.gov/dmv/cwp/view.asp?a=808&q=244600> . CIO

<888> 10/11/13 Friday 10:10 P.M. I threw out the garbage. I could hear one or two hoot owls out in the woods. I picked up the mail. CIO

<888> 10/11/13 Friday 9:20 P.M. I will now shower and clean up. When I first returned to Greenwich, Connecticut in December 1983, after six months of living downtown, I ended up living down on Steamboat Road for four and a half years, where I became another

wharf rat before moving to Byram, Connecticut 25 years ago, and I started working with personal computers and the internet 22 years ago. Thus I am not looking to going back to restaurant work which I found to be too tedious. However, knowing something about cooking comes in handy, whenever one has to prepare one's meals on a daily basis. I guess, I am pretty good at keeping the Night Watch in the Western Hemisphere when the Eastern Hemisphere is just waking up. CIO

<888> 10/11/13 Friday 9:05 P.M. I chatted with a relative. CIO

<888> 10/11/13 Friday 8:10 P.M. I woke up at 6:30 P.M.. I chatted with a relative. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. CIO

<888> 10/11/13 Friday 8:50 A.M. I watched "Elizabeth I, the Virgin Queen, Part 2". I will now shut down the primary work computer. I will eat a Greek yogurt. I will then go to bed. CIO

<888> 10/11/13 Friday 5:35 A.M. I woke up at 5:20 A.M.. CIO

<888> 10/11/13 Friday 2:50 A.M. Paul McCartney's surprise Times Square concert I will now take a nap. CIO

<888> 10/11/13 Friday 2:35 A.M. I put three quarts of water in a five quart Revere pot, and I added a teaspoon of extra virgin olive oil and a dash of salt, and I brought it to a boil. I then boiled a 16 ounce box of fettuccini for 13 minutes and then drained it in a collander. While doing that I heated a 26 ounce Mancini Sunday meatball and tomato dinner in the microwave for 13 minutes. While doing that I put a 26 ounce jar of Prego basil tomato sauce in a pot with lid, and I seasoned it with garlic powder, ground black pepper, Italian spices, oregano, paprika, and celery salt, and I heated over medium lowering it to low heat. I put half of each on a dinner plate with grated parmesan and Romano cheese, and I ate it all with a 12 ounce glass of Schweppes Ginger Ale. I refrigerated the other half. CIO

<888> 10/11/13 Friday 1:10 A.M. <http://www.lalanguedoc.com/> served 225 meals a night when it was busy in season. The kitchen was staffed with three to four chefs, three dishwashers, one or two pot scrubbers, a salad and desert chef, one or two food prep workers, and couple of bakers when the restaurant was closed. One of the most tedious jobs when I first started out as a pot scrubber was cleaning the heavy 50 gallon stock pot which would sit on the stove all day, and have lots of burnt crud on the bottom inside. Cleaning lots of heavy French skillets is like lifting weights, so it gets one in good shape. One uses a steel scouring sponge and for the heavy baked on burnt stuff, a paint scrapper. One also has to get use to having a lot of irate French chef's with sharp chef's knives at one's back when one is a pot scrubber and learn to dodge the hot pots and skillets, when the chefs throw them in the large industrial sinks. Also one gets use to the smell of garlic cooking in the meals all of the time. I never learned the mixtures of herbs, spices,

and other ingredients that the chefs would use. When the kitchen staff were cleaning up in the early morning hours, the chefs would frequently relax by reading large cook books. Of course, I worked in a number of other restaurants before refining my skills at Le Languedoc. India House where Jimmy Eldert worked served a more English menu. The Gordon Folger Hotel in Nantucket and Le Vielle Maison restaurant in Boca Raton were more like large industrial kitchens. In a smaller kitchen with a large staff, one does not walk around as much, but hands a lot of items around a short distance, but it is a lot more chaotic. The last year I was at Le Languedoc in the summer of 1983, the chef liked playing disco music, when we cleaned up. We also got a small cut of the waiter's tips. Nobody knew what the waiters were doing, when they were not there, but some in the winter some worked for the Stowe ski patrol, and I think some were school teachers. One of the bakers at the Gordon Folger and later the bar tender at Le Lanquedoc was the bartender at the outside cabana at the Fogarty House in Key West. One of the waiters at Le Vielle Maison was from Hyannis along with all of the French Canadian chefs. CIO

<888> 10/11/13 Friday 12:35 A.M. Out in Nantucket, I did not make ham and cheese omelets, I made cottage cheese omelets. Also when I stayed at Mrs. Frances' guest house at 31 India Street, I used to make my own yogurt using Columbo yogurt for a starter. I was taught by Mrs. Frances' to cook a whole blue fish wrapped in aluminum foil stuffed with Hellmann's mayonnaise and fresh dill on a baking pan. I think one cooked it at 350 degrees Fahrenheit for 30 minutes. Henry's sandwich shop was like a Nantucket version of Subway sandwich. At the <http://www.languedoc.com/> besides being a dish washer and pot scrubber, I also had to clean up the whole kitchen at the end of the night which included throwing out hundred pound pails of garbage. I also did food preparation work such as pinching off the tips of 50 pound bags of green beans, peeling garlic and cutting it up in a Cuinsart. One of the most time consuming jobs was peeling a 50 pound bags of onions and cutting them up in the Industrial Cuisinart. They served a lot of delicious French onion soup. I also peeled a lot of fifty pound bags of potatoes. I also had to sweep the sidewalk in front of the restaurant every evening before they opened. When they were opening up the restaurant on April 1983, I found one of the missing Ming vases from the Jared Coffin House in the Cabana that the waiters used for a flower vase every night and ran through the dishwasher, until half way through the season, we figured out it was the missing Ming vase. There use to be an older gentleman sitting on the patio of the Jared Coffin house that looked like a famous New York State politician, but I never chatted with him to see if it might be him. There were even medical school students working in the kitchen of Le Languedoc, so I guess they learned to do surgery by boning New Zealand spring lamb. I got a meal at the beginning of work every evening at 4 P.M. around 5 P.M., and at the end of work, and I would frequently take the second meal home to my roommate who worked the night shift at Cumberland Farms. If I worked the shorter lunch shift, I would make a cottage cheese omelet before or after the lunch shift, and then go to the beach or for a jog before work at 4 P.M. to 4 A.M. shift. The younger dishwashers were not up to doing the heavier work, which is why I was the Head Dishwasher, when I retired in the fall of 1983 making \$8.25 an hour before taxes. The chef owner to avoid dehydration in front of the hot stoves would drink lots of bottles of [www.perrier.com](http://www.perrier.com) through out the night. I also got a free beer or other drink at the end of the night. I was allowed one glass of milk with dinner, but I could drink soda from the bar through out the night. CIO

<888> 10/10/13 Thursday 11:50 P.M. I put away the clean laundry. CIO

<888> 10/10/13 Thursday 11:10 P.M. Holland. The Original Cool.

Dear Friends and Neighbors,

Influenza vaccines for the 2013-2014 flu season are now available. The flu or influenza is a very contagious respiratory illness caused by influenza viruses. The virus can be very dangerous, especially to seniors, children, and those with existing health problems.

An effective way to prevent the spread of the flu is by getting vaccinated. This year's vaccine is now being sent to pharmacies and health care providers.

Flu clinics are available in Greenwich at the following locations:

**Thursday 10/10**

**3:00 - 6:00 PM**

**GREENWICH TOWN HALL**

**101 Field Point Road, Greenwich**

**Thursday 10/17**

**3:00 - 6:00 PM**

**EASTERN GREENWICH CIVIC CENTER**

**Harding Road, Old Greenwich**

**Thursday 10/24**

**3:00 – 6:00 PM**

**BENDHEIM WESTERN GREENWICH CIVIC CENTER**

**449 Pemberwick Road, Greenwich**

**Tuesday 10/29**

2:00 - 5:00 PM

**GREENWICH TOWN HALL**

101 Field Point Road, Greenwich

The Stamford Department of Health and Social Services is offering Flu Vaccination Clinics in the Government Center Lobby on the following dates:

Thursday 10/3 10am to 2pm  
 Thursday 10/10 10am to 2pm  
 Thursday 10/17 10am to 2pm  
 Thursday 10/24 10am to 5:50pm  
 Thursday 10/31 10am to 2pm  
 Thursday 11/7 10am to 2pm  
 Thursday 11/14 10am to 2pm  
 Thursday 11/21 10am to 5:30pm

In addition, the [HealthMap Vaccine Finder](#) website also informs residents of clinics sponsored by pharmacies and other providers where they can get seasonal flu vaccination shots. The website operates September 2013 through February 2014.

Please note that most immunization sites only give flu shots to adults ages 18+. Some sites will take children; however, most children receive a flu shot from their pediatricians.

[Wayne Gretzky \(Canadian ice hockey player\) -- Encyclopedia Britannica](#)

Tracking is [USPS.com® - USPS Tracking™](#) on the order for 80 ounces of <http://www.pipesandcigars.com/pesttupitoo.html#.UITqZFMQM78> for \$116.81 with free shipping.

[US Mercury astronaut Scott Carpenter dies at 88](#)

[Link to Oetzi the Iceman found in living Austrians](#)

[European origins laid bare by DNA](#)

[Ultrasound chip offers gesture control for mobiles](#)

[US Army plans 'Iron Man' armour for soldiers](#) CIO

<888> 10/10/13 Thursday 10:35 P.M. When I arrived back on [www.nantucket.net](http://www.nantucket.net) in summer of 1975 after not being there since the summer of 1972, Jimmy Eldert when he worked at India House use to do laundry on Strait Wharf. Later when the real estate got expensive, the old Laundromat was near Fair Grounds Road which was a hike from downtown with one's laundry. Jimmy Buffet use to play his guitar at that Laundromat. In the fall of 1977, they built a new Laundromat downtown near the A&P, and I lived upstairs with Bob Mullerin from Fairfield, painting the upstairs apartment. Bob Mullerin and Daniel Ladd were friends from Stowe, Vermont. Daniel Ladd looked a bit like me, and he was also from Manhattan. When I first started going to Key West in October 1976, there were a lot of Laundromats down there.

I have 55 minutes to go on two dry cycles. CIO

<888> 10/10/13 Thursday 10:05 P.M. I put clean linens on the bed. I showered, and I cleaned up. I started two loads of laundry, and I have 15 minutes to go on the wash cycles. I threw out the garbage and the old periodical literature. I watered the plants. CIO

<888> 10/10/13 Thursday 8:45 P.M. I chatted with a friend and a relative. CIO

<888> 10/10/13 Thursday 7:05 P.M. I woke up and ate two ounces of almonds. I finally woke up at 5:30 P.M., and I chatted with a relative. I picked up the mail. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. CIO

<888> 10/10/13 Thursday 9:05 A.M. Prince Philip makes mischievous quip as he gets back to work following Balmoral stay with the Queen

As gloriously McKitsch as a Gretna Green B&B! The decor may look like an explosion in a bric-a-brac store. But this oh-so revealing picture of the Queen in Balmoral just makes us love her more

I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 10/10/13 Thursday 8:35 A.M. I ate a 6 ounce Greek yogurt. My last term at [www.lfc.edu](http://www.lfc.edu) in the spring of 1972, I did a foreign study program for three months in Greece and Turkey after doing a three month foreign study program in Italy, France, Spain, and the Canary Islands earlier that winter. That spring it was a little bit warmer in Greece than the colder winter weather in Italy. I enjoying sitting out in Constitution Square opposite the St. George Hotel drinking the Greek wine they call Retsina. My class toured around the old archeological sites in Greece and Turkey. There were a lot of old Mercedes 300 B sedans in Athens, they used for taxi cabs, so they might still have some there. It is hard to figure out the alphabet in Greece, since they use different characters. However, I was able to buy an Opal station wagon outside of American Express for \$300 to drive to Turkey and back. [www.mobil.com](http://www.mobil.com) has a large refinery west of

Athens. I recall staying at the Main Line Hotel near Constitution Square, when we were not traveling. It was sort of an odd program with only five guys and 30 girls. The school supplied lunches during our travel which consisted of cucumber and cheese sandwiches which left one hungry. Thus I saw a lot of Greece. George Cary was on the program with me, but being Anglophile, he wanted to drop out of the program and run away to England, but I enjoyed the warmer weather in Greece. I knew Prince Phillip was from Greece, so there were probably a few other people enjoying the warmer weather. We also visited Hydra and Crete. I saw a SST take off from Athens airport one day while I was sunbathing at the beach. We ate a lot of souflakis and mousakas. Souflaki is sliced rotisseries lamb with greens, onion, and tomato on a flat bread, and mousaka is ground lamb with mashed potatoes. We also ate a lot of Greek salads which are very delicious and feta cheese omelets. When traveling in Europe back then, since I was younger, I enjoyed drinking the local wine, particularly since it was the same price as bottled water. If one wants to visit the Parthenon, one has to be in very good shape, since one has to walk up a lot of steps to get up the big hill. Thus I guess Europeans go to Greece and Southern Spain, the way people here go to Florida. CIO

<888> 10/10/13 Thursday 7:55 A.M. \$12 million Round Hill Road CIO

<888> 10/10/13 Thursday 7:45 A.M. I watched "Elizabeth I, the Virgin Queen, Part 1". CIO

<888> 10/10/13 Thursday 5:00 A.M. I woke up at 4:45 A.M.. I ate one ounce of almonds. CIO

<888> 10/10/13 Thursday 1:15 A.M. When I was at <http://www.taftschool.org/> from 1965 to 1968, once a week; they used to serve large overcooked Spanish omelets for a table of 12. However, in my senior year at [www.lfc.edu](http://www.lfc.edu) during Christmas Time, I went to a Deb party at the <http://www.onwentsiaclub.com/> at Christmas Time thrown by owner of <http://www.americanhospitalsupply.com/>, and for the late night early morning supper, they had chefs making fresh mushroom omelets which were delicious. While living out in exile out on [www.nantucket.net](http://www.nantucket.net) as a professional dishwasher pot scrubber on and off from 1975 to 1983, I mastered the art of making a three egg omelet with a eight inch French aluminum skillet over a natural gas flame burner. I only have electric burners today. However, I took my seasoned omelet pan, and I made an ate a three egg ham and Swiss cheese omelet which I ate with a toasted bagel with butter and extra virgin olive oil along with a 12 ounce glass of Schweppes Ginger Ale. To make the omelet I break three large or extra large eggs in a mixing bowl, and I add two tablespoons of milk and a little bit of Italian seasoning. I whisk it all together. Then in a eight inch seasoned skillet on a medium high electric burner, I added three pads of butter and two tablespoons of butter, and once the fat begins to bubble, I add the egg mixture and lower the burner to medium electric heat. Once the eggs are hardened enough on the bottom to flip the mixture, I flip it with a spatula, and I added the ham and cheese to one side, and once the omelet has puffed up a bit, I flip the empty side over the full side, and I put it on a plate. This method however works better on a natural gas burner where one can control the heat better. That

is not the traditional way of making an omelet, but it does make a puffy omelet. I will now take a nap. CIO

<888> 10/10/13 Thursday 12:15 A.M. Tracking is USPS.com® - USPS Tracking™ on the order for 10 cartons of [http://www.ebay.com/itm/Premier-Light-100s-Cigarette-Tubes-5-Boxes-1000-Tubes-filtered-tubes-RYO-/151138570566?pt=LH\\_DefaultDomain\\_0&hash=item23308f9146](http://www.ebay.com/itm/Premier-Light-100s-Cigarette-Tubes-5-Boxes-1000-Tubes-filtered-tubes-RYO-/151138570566?pt=LH_DefaultDomain_0&hash=item23308f9146) for \$33.90 and \$6.60 shipping for \$40.50 total.

Ronald Reagan Presidential Foundation and Library: Email - Live Webcast with Pulitzer Prize and National Book Award winner Scott Berg

Biltmore Wine Email Newsletter

Journal of Applied Volcanology - a SpringerOpen journal

IVHHN.ORG

LSU Geology

Tracking is Track your package or shipment with FedEx Tracking on the order for four two packs of thermal socks from <http://www.thatdailydeal.com/index.php> for \$13.96 total with free shipping.

Discovery 'could hold key to Alzheimer's treatment'

Computer chemists win Nobel prize

Ford car takes control of steering to avoid collisions CIO

<888> 10/09/13 Wednesday 11:30 P.M. I threw out the garbage. I walked over to the Mobil station on West Putnam Avenue, but they did not have any English muffins, but they have a mini Dunkin Donuts. I played a \$2,000 a Month for Life scratch card, but I lost. I then walked over to CVS at 644 West Putnam Avenue, and I bought four 6 ounce Chaboni blueberry Greek yogurts for \$1.50 each, a 16 ounce Blue Diamond Wabasi and Soy almonds for \$5.99, a loaf of Pepperidge Farm 15 grain bread for \$4.29, a six pack of Pepperidge Farm plain bagels for \$4.29 for \$20.77 total. I then bought a 15 ounce Alberto VO5 Kiwi and Lime shampoo for \$1.27 and a 15 ounce Alberto VO5 Kiwi and Lime conditioner for \$1.27 and .16 tax for \$2.70 total. I then walked back home to Chez Vinci. The dead raccoon on West Putnam Avenue is now gone. I put away my purchases. CIO

<888> 10/09/13 Wednesday 9:20 P.M. I will now shower and clean up. CIO

<888> 10/09/13 Wednesday 9:05 P.M. I chatted with a relative. Somebody called up about me doing an arthritis survey which is not in this area. I made up a fresh batch of punch. I

watched a Charlie Rose interview with <http://eileenrockefeller.com/> . Apparently David Rockefeller now has 12 great grandchildren at age 98. CIO

<888> 10/09/13 Wednesday 7:45 P.M. There was a cooking smoke fire alarm from an apartment downstairs. The fire department has arrived to check it out. It is safe to go back in the building. I picked up the mail. CIO

<888> 10/09/13 Wednesday 7:25 P.M. I chatted with a relative at 11:30 A.M.. <http://www.foxitsoftware.com/> called me at 3 P.M. about buy the trial PDF converter software that I used to convert the Volvo service records. I told them I was not interested. The trial software expires after 30 days. I finally woke up at 6 P.M.. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed.

[http://forecast.weather.gov/showsigwx.php?warnzone=CTZ009&warncounty=CTC001&fiwrewxzone=CTZ009&local\\_place1=&product1=Coastal+Flood+Advisory#.UIXj5FMQM78](http://forecast.weather.gov/showsigwx.php?warnzone=CTZ009&warncounty=CTC001&fiwrewxzone=CTZ009&local_place1=&product1=Coastal+Flood+Advisory#.UIXj5FMQM78)  
CIO

<888> 10/09/13 Wednesday 7:35 A.M. I chatted with a friend. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 10/09/13 Wednesday 6:50 A.M. I had dinner at this place back around 1974 with George Cary's parents and his cousin [\\$130 Million River House Residence Is Now NYC's Most Expensive Home For Sale](#) . Greta Garbo used to live across the street. Henry Kissinger also lives nearby. CIO

<888> 10/09/13 Wednesday 6:40 A.M. I ate a Greek yogurt. CIO

<888> 10/09/13 Wednesday 6:20 A.M. [1143 Sasco Hill Rd, Fairfield, CT 06824 \\$62 million](#)  
.

[Bradley Jack's \\$35M estate faces tax auction](#) CIO

!!!!!! <888> 10/09/13 Wednesday 5:40 A.M. [Is the world's largest super-volcano set to erupt for the first time in 600,000 years, wiping out two-thirds of the U.S.?](#) . CIO

!!!!!! <888> 10/09/13 Wednesday 5:30 A.M. [Yellowstone Supervolcano Alert: The Most Dangerous Volcano In America Is Roaring To Life](#) . CIO

<888> 10/09/13 Wednesday 5:10 A.M. I woke up at 4:30 A.M.. I ate about 20 almonds. CIO

<888> 10/09/13 Wednesday 2:55 A.M. I will now take a nap. CIO

<888> 10/09/13 Wednesday 2:35 A.M. Natural Hazards on the Island of Hawaii

Gates's Future Fuels Speculation as Microsoft Seeks New Chief

Higgs boson scientists win Nobel prize in physics

OECD: 'No bailout' for climate threat

Power surges 'cripple NSA data centre'

Disney develops way to 'feel' touchscreen images CIO

<888> 10/09/13 Wednesday 1:50 A.M. I ate a ham and Swiss cheese sandwich on 15 grain whole wheat bread with Hellmann's olive oil mayonnaise and Lays salt and vinegar potato chips and a dill pickle slice and a 12 ounce glass of www.coke.com .

http://www.theawl.com/2013/07/what-a-pack-of-cigarettes-costs-now-state-by-state

I ordered 10 cartons of http://www.ebay.com/itm/Premier-Light-100s-Cigarette-Tubes-5-Boxes-1000-Tubes-filtered-tubes-RYO-/151138570566?pt=LH\_DefaultDomain\_0&hash=item23308f9146 for \$33.90 and \$6.60 shipping for \$40.50 total.

They are also available here http://www.primewholesale.com/premier-filter-tubes-100-mm-2776-prd1.htm?productFeedId=5&utm\_source=shoppingFeed&utm\_medium=shoppingEngine&utm\_campaign=Shopping.com

I ordered 80 ounces of http://www.pipesandcigars.com/pesttupitoo.html#.UITqZFMQM78 for \$116.81 with free shipping. CIO

<888> 10/09/13 Wednesday 12:35

A.M. http://en.wikipedia.org/wiki/German\_prisoners\_of\_war\_in\_the\_United\_States . CIO

<888> 10/08/13 Tuesday 11:55 P.M. I made 144 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching "Nova, 3D WWII". CIO

<888> 10/08/13 Tuesday 10:00 P.M. I chatted with a neighbor. I threw out the garbage. I picked up the mail. I got my new www.geico.com insurance cards for the 2005 Volvo wagon policy that started today and runs through April 7, 2014. I will now make cigarettes. CIO

<888> 10/08/13 Tuesday 8:45 P.M. I will now shower and clean up. CIO

<888> 10/08/13 Tuesday 8:15 P.M. I cancelled the order for 50 regular \$59 Executive 3-Button Camel Hair Blazer- Sizes 44-52 for \$62.53 with tax and shipping. CIO

<888> 10/08/13 Tuesday 8:05 P.M. I ordered four two packs of thermal socks from <http://www.thatdailydeal.com/index.php> for \$13.96 total with free shipping. CIO

<888> 10/08/13 Tuesday 7:50 P.M. I chatted with a relative. CIO

<888> 10/08/13 Tuesday 7:00 P.M. I woke up at 5:30 P.M.. I chatted with a relative. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed.

<http://www.bensaunders.com/> CIO

<888> 10/08/13 Tuesday 6:40 A.M. I will now shut down the primary work computer. I will then go to bed. CIO

<888> 10/08/13 Tuesday 6:20 A.M. After I finished the garage apartment out in Plandome Manor, Long Island in February 1983; I earned \$8,000 for 10 months or 6,000 hours work. I traveled and bought a few items. However, by the time I tried to move to Scandinavia after paying \$800 for the S.A.S. package tour for a round trip ticket to Stockholm, Sweden and a week's stay at the S.A.S. Hotel there, when the S.A.S. jet landed in Scandinavia, it was at a military airport in Oslo, Norway. At the S.A.S. hotel in Oslo, Norway, they told me, I only had a one way ticket to Stockholm and no hotel reservations. I only had about less than a \$100, so I stayed for a few days at the Y.M.C.A. across the street from the S.A.S. Hotel in Oslo, and when the Y.M.C.A. kicked me out for not paying my bill, I walked around downtown Oslo, and around midnight the Best Western Hotel behind the palace let me stay there without money, until the United States Embassy sorted out the case in about a week or so. My father paid for my bills and return flight to J.F.K. in New York. The United States embassy in Oslo gave me a \$100 cash traveling money. When I got back to New York City, I spent about a week sleeping the airport with no money, until I went back out to Plandome Manor, Long Island; and the same friend gave me a \$100 that I used to fly up to [www.nantucket.net](http://www.nantucket.net) for the season. That was around Easter Time in 1983. Thus I have never been to Stockholm, Sweden; but I have been to Oslo, Norway. Besides a big United State Embassy building there, they have a large [www.shell.com](http://www.shell.com) building there next to the S.A.S. hotel and a large [www.ibm.com](http://www.ibm.com) building. I discovered the Russian Embassy is a modest chateau on the west side of the Frogmore park. They were friendly in Oslo, Norway; but I hardly ate any food while I was there besides Swedish WASA crackers, so I was a bit hungry and disorientated. This is what I looked like that fall after the summer in Nantucket <http://mikelouisscott.com/mike-scott-kennebunkport-maine-august-1983.jpg> before I returned to Greenwich, Connecticut in December 1983, where I have lived since then. I ate a Greek yogurt. CIO

<888> 10/08/13 Tuesday 5:40 A.M. Here I am with my first computer which was an Apple IIE, the only Apple computer I ever owned back in 1991 <http://mikelouisscott.com/mls-apple2-1991.jpg> . I bought it at a tag sale on Round Hill Road for \$100 from a J.P. Morgan

employee from Belgium, and I sold it a few months later for \$279. With the profit, I bought a used Compaq 286 AT computer in New Canaan, Connecticut for \$300 from Andy Ousterhaut who moved back to Illinois. Somehow the piggy bank in the picture disappeared. CIO

<888> 10/08/13 Tuesday 5:20 A.M. Forbes's \$12.9 Million Art, Killers Picture, Scrimshaw for Sale CIO

<888> 10/08/13 Tuesday 5:10 A.M. At 6 feet tall, I currently weigh 234 pounds, so I am bit on the chubby side of life. It would be nice to lose about fifty pounds. CIO

<888> 10/08/13 Tuesday 3:55 A.M. I woke up at 3 A.M.. I watched the part of "Last Tango in Halifax" that I missed last night, when I was chatting with a friend. CIO

<888> 10/08/13 Tuesday 1:55 A.M. I ate a 16 ounce Marie Callender turkey pot pie with a 12 ounce glass of www.coke.com . I will now take a nap. CIO

<888> 10/08/13 Tuesday 1:00 A.M. I ate three ounce of almonds.

The service records for the 2005 Volvo wagon in Microsoft Word format are here:

<http://mikelouisscott.com/volvo-info/>

<http://mikelouisscottcom.cv.siteprotect.net/volvo-info/>

The air conditioning system was also repaired this past summer 2013, but I do not have the service record at the moment. CIO

<888> 10/07/13 Monday 10:30 P.M. I threw out three old shipping boxes. It looks like the ice skating rink is now opened in the back yard. CIO

<888> 10/07/13 Monday 10:05 P.M. Nuclear fusion milestone passed at US lab

Cellular 'shipping' wins Nobel Prize

Pentagon-funded Atlas robot refuses to be knocked over

Nigeria's Venture magazine lists 55 billionaires

Baked in Britain, the millionth Raspberry Pi . CIO

<888> 10/07/13 Monday 9:35 P.M. I chatted with a relative. The vast population of Greenwich, Connecticut got to see Greenwich Avenue without me the two weeks I was away in Kennebunkport, Maine during September 2013, and now in October 2013 without a car until October 13, 2013, they are getting to see Greenwich Avenue again without me. Maybe with my Nordic instincts, they are saving Greenwich Avenue for me in the

colder weather. However, this past winter, I did not go out too much in January and February 2013, since I have gotten older, and I get tired after exercise walking on Greenwich Avenue. None of my deja vue acquaintances that I chat with, when I am downtown feel the need to chat with me by telephone, since they are daytime people, and I tend to be a night time person. CIO

<888> 10/07/13 Monday 8:20 P.M. I mailed the rent payment in the mail room downstairs. I threw out the garbage. I found a wet letter for the building custodian on the ground that I left outside his office. I picked up the mail. CIO

<888> 10/07/13 Monday 7:40 P.M. I chatted with a relative. Since I do not have a car to go downtown for a week, I will mail a check for my rent payment to the Greenwich Housing Authority. I will now shower and clean up. CIO

<888> 10/07/13 Monday 6:10 P.M. I had a telephone call changing my appointments every two weeks. I woke up at 5 P.M.. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 10/07/13 Monday 7:50 A.M. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 10/07/13 Monday 7:15  
A.M. [http://en.wikipedia.org/wiki/Scottish\\_Rite\\_Cathedral\\_%28Indianapolis%29](http://en.wikipedia.org/wiki/Scottish_Rite_Cathedral_%28Indianapolis%29) CIO

<888> 10/07/13 Monday 7:00 A.M. I ate a couple of ounces of almonds and a Greek yogurt. CIO

<888> 10/07/13 Monday 6:20 A.M. On the top of the white book shelf at the kitchen entrance, I have a [http://www.newegg.com/Product/Product.aspx?Item=N82E16882009052&cm\\_sp=DailyDeal\\_-82-009-052\\_-Product](http://www.newegg.com/Product/Product.aspx?Item=N82E16882009052&cm_sp=DailyDeal_-82-009-052_-Product) for short wave radio reception, and it also has a power hand crank. This solar powered one is now available, but hard to find <http://www.etoncorp.com/en/productdisplay/solarlink-fr360> . It is available here [http://www.amazon.com/American-ARCFR360R-Solarlink-Self-Powered-Flashlight/dp/B001QTXKDI/ref=sr\\_1\\_1?ie=UTF8&qid=1381140693&sr=8-1&keywords=FR360](http://www.amazon.com/American-ARCFR360R-Solarlink-Self-Powered-Flashlight/dp/B001QTXKDI/ref=sr_1_1?ie=UTF8&qid=1381140693&sr=8-1&keywords=FR360) ,but it does not have Short Wave . CIO

<888> 10/07/13 Monday 5:30 A.M. <http://www.swling.com/Radios.htm> . One could technically generate electricity with a bicycle gyro. CIO

<888> 10/07/13 Monday 5:10 A.M. Last I knew, we still have Carrier or Homing pigeons here in Greenwich, Connecticut for backup communications. CIO

<888> 10/07/13 Monday 4:55 A.M. Inside the Arctic Circle, Where Your Facebook Data Lives . CIO

!!!!!! <888> 10/07/13 Monday 4:35 A.M. In watching the Weather Channel program "Secrets of the Planet Earth", they said that a solar flare could knock out all electricity on the planet earth. Technically one could still have communications, if one had a "Solar Powered Short Wave Radio System". <http://www.swpc.noaa.gov/> Space Weather Prediction Center . CIO

<888> 10/07/13 Monday 4:05 A.M. China employs two million microblog monitors state media say CIO

<888> 10/07/13 Monday 3:45 A.M. I woke up at 3:25 A.M.. CIO

<888> 10/06/13 Sunday 11:55 P.M. I ate two 3 ounce Purdue chicken cutlets and steamed baby carrots and 12 ounces of mashed potatoes with Smart Balance Spread and extra virgin olive oil and a 12 ounce glass of [www.coke.com](http://www.coke.com) and a cup of green tea with Splenda sweetener and Stop and Shop lemon juice. I will now take a nap. CIO

<888> 10/06/13 Sunday 11:05 P.M. I chatted with a friend. I watched PBS [www.thirteen.org](http://www.thirteen.org) BBC programming of "Last Tango in Halifax" and "The Paradise". CIO

<888> 10/06/13 Sunday 7:15 P.M. I will now shower and clean up. CIO

<888> 10/06/13 Sunday 7:05 P.M. I chatted with a friend three times. CIO

<888> 10/06/13 Sunday 5:35 P.M. I chatted with a relative at noon. I finally woke up at 4 P.M., and I chatted with a relative. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

End of Scott's Notes week of 10/06/13

<888> 10/06/13 Sunday 6:15 A.M. I ate one ounce of almonds and two slices of deli ham and two slices of deli Swiss cheese. I will now send out my weekly notes. I will then shut down the primary work computer. I will then go to bed. CIO

<888> 10/06/13 Sunday 5:35 A.M. At [www.lfc.edu](http://www.lfc.edu) , I had a friend that was the first woman to graduate from [www.stamford.edu](http://www.stamford.edu) . She introduced me to the joys of <http://www.almaden.com/> Mountain White Chablis wine which was about \$4 a half gallon. I used to drink it frequently from about 1970 to 1973, and I enjoyed it also with sparkling mineral water [www.perrier.com](http://www.perrier.com) , and a twist of lime. When I was in Manhattan, I started drinking Rene Junot French white table wine, until I gave up liquor over 20 years ago. I guess once one quits drinking alcohol, one loses all of their friends, and one is left to

a life of solitude amongst tea drinkers. They probably still drink liquor in France, which is why one does not hear too much from them on the internet. CIO

<888> 10/06/13 Sunday 5:15 A.M. After a two week vacation with family in Kennebunkport, Maine and now another two weeks at home without a car, I am getting a lot of rest recently; which I might need after 30 years walking downtown Greenwich Avenue for better or worse. Basically private people do not normally spend that much time out in public, since they have homes and other labors to keep them busy. However, since I played a lot of golf as a youth, I enjoy walking in a relatively quiet environment. When I lived way out in [www.nantucket.net](http://www.nantucket.net), when I was not working; I enjoyed taking long walks on the quiet peaceful roads around the island. Of course in the suburban metropolitan New York City area, the roads are rather busy. I used to enjoy walking around the three mile walk at the Tod's Point beach park in Old Greenwich, but since it costs about two gallons of gasoline or about \$10 to drive there and back, I do not do that anymore. Since the senior center on Greenwich Avenue is 1.7 miles away, I find walking Greenwich Avenue, an enjoyable compromise. West Putnam Avenue for walking is way too noisy with all of the traffic. I could stroll around the baseball field in my backyard, but it is a short walk compared to the entire length of Greenwich Avenue and the train station area. I ate a Greek yogurt. Russians in Russia that eat yogurt all of the time, frequently live to be over a 100 years old, and they swear by their yogurt. Yogurt has a lot of enzymes that are good for the digestion system. CIO

<888> 10/06/13 Sunday 4:40 A.M. <http://www.pcmag.com/best-deals-today>

Windows 8.1 Now Available for Pre-Order

<http://www.microsoft.com/security/pc-security/malware-removal.aspx>

<http://careers.microsoft.com/>

Work in retail for Microsoft in London, England

<https://careers.microsoft.com/jobdetails.aspx?ss=&pg=0&so=&rw=14&jid=122764&jlang=EN&pp=SS> .

I guess in another week, when I get my 2005 Volvo station wagon, I will be able to travel all of the way to downtown Greenwich Avenue for exercise walking and people viewing. I do have a degree in Economics, so I know a little bit about the local business community. However, since I have not made any business contacts in the last 30 years, I guess there is no business at night around here. In the daytime, there are so many professionals; one tends to be overwhelmed. Everyone seems to have a different focus based on their nearby Manhattan experience. There is supposed to be business in nearby Stamford, Connecticut and White Plains, New York; but they have never shown interest in me in the 30 years, since I left Nantucket as a dishwasher pot scrubber, despite my 23 years of personal computer experience. I guess the younger generation is ahead of me, since I do not know software programming, and I do not have any office experience, except my home office. I always thought it might be interesting to visit England and Scotland, but at age

63, I might not be too comfortable in the colder climate 1500 miles further north than Hudson's Bay, Canada. Even in southern Maine, I feel a bit out of place, when I am up there on vacation in the summer. From what I can tell not many individuals look at my web sites, so it is just what I have learned how to do. CIO

<888> 10/06/13 Sunday 3:35 A.M. I watched the movie "Mansfield Park". CIO

<888> 10/06/13 Sunday 1:30 A.M. I woke up at 1:15 A.M.. CIO

<888> 10/05/13 Saturday 10:50 P.M. I will now take a nap. CIO

<888> 10/05/13 Saturday 10:35 P.M. I ate two 3 ounce Purdue chicken cutlets and steamed baby carrots and 12 ounces of mashed potatoes with Smart Balance Spread and extra virgin olive oil and a 12 ounce glass of [www.coke.com](http://www.coke.com) and a cup of green tea with Splenda sweetener and Stop and Shop lemon juice. If anyone can still afford to eat beef in Greenwich, Connecticut; there is still Manero's old butcher shop <http://www.yelp.com/biz/greenwich-prime-meats-greenwich> . CIO

<888> 10/05/13 Saturday 9:40 P.M. I chatted with a relative. I watched a 90 minute Elton John concert on PBS [www.thirteen.org](http://www.thirteen.org) . CIO

<888> 10/05/13 Saturday 7:15 P.M. Hydrogen: The car fuel of the future? CIO

<888> 10/05/13 Saturday 7:00 P.M. While in Kennebunkport, Maine; a relative had me do another DNA test to see if I am related to the John Scott family from [http://en.wikipedia.org/wiki/Caswell\\_County,\\_North\\_Carolina](http://en.wikipedia.org/wiki/Caswell_County,_North_Carolina) . Well, it is tobacco country. My relative has not gotten the DNA tests results back yet. CIO

<888> 10/05/13 Saturday 6:45 P.M. I threw out the garbage. I walked over to CVS at 644 West Putnam Avenue. There is still a dead raccoon on the road on the way there. I bought two 16 ounce Wabasi and Soy almonds for \$5.99 each bag, two 16 ounce CVS roasted almonds for \$4.99 each bag, two 6 ounce strawberry Chaboni Greek yogurt for \$1.50 each, and two 6 ounce blueberry Chaboni Greek yogurt for \$1.50 each for \$27.96 total. I then walked back home. I picked up the mail. CIO

<888> 10/05/13 Saturday 5:10 P.M. I chatted with a relative. I will now shower and clean up. CIO

<888> 10/05/13 Saturday 4:10 P.M. I woke up at 3 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 10/05/13 Saturday 5:35 A.M. <http://blog.ctnews.com/weather/2013/10/04/tropical-storm-karen-could-affect-connecticut/> . I will now shut down the primary work computer. I will eat a Greek yogurt, and I will go to bed. CIO

<888> 10/05/13 Saturday 5:00 A.M. <http://pcpartpicker.com/> . CIO

<888> 10/05/13 Saturday 4:45 A.M. [Tropical Storm Karen Coastal Watches/Warnings and 5-Day Forecast Cone for Storm Center](#)

CIO

<888> 10/05/13 Saturday 4:20 A.M. I woke up at 3 A.M., and I watched the Weather Channel Program "Secrets of the Earth". The program mentioned the <http://www.swpc.noaa.gov/> Space Weather Prediction Center. Also on a weather summary, they said there is a 3.5 foot blizzard of snow in South Dakota <http://www.accuweather.com/en/weather-news/snow-plains-rockies-fall-winte/18325976> . CIO

<888> 10/05/13 Saturday 12:45 A.M. I ate a 19 ounce Stouffer's meat lasagna with grated parmesan and Romano cheese and a 12 ounce glass of Schweppes Ginger Ale. I will now take a nap. CIO

<888> 10/04/13 Friday 11:50 P.M. [AARP 7 Things You Should Know About Depression](#)  
<https://www.georgebushfoundation.org/SSLPage.aspx?pid=183> CIO

<888> 10/04/13 Friday 11:10 P.M. I made 130 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching "Secrets of the Viking Sword". CIO

<888> 10/04/13 Friday 8:05 P.M. I chatted with a relative. I threw out the garbage. I chatted with neighbors. I picked up the mail. I will now make cigarettes. CIO

<888> 10/04/13 Friday 6:55 P.M. I will now shower and clean up. I guess I will be keeping the "Night Watch" tonight. CIO

<888> 10/04/13 Friday 6:45 P.M. I chatted with a friend. CIO

<888> 10/04/13 Friday 5:35 P.M. At noon the order with [Track your package or shipment with FedEx Tracking on the order for](#) <http://www.jcwhitney.com/stant-locking-oe-replacement-gas-cap/p3038826.jcwx?filterid=d17227v2005g2j1> for \$20.30 with free shipping arrived. I chatted with a relative. I went back to bed until 4:30 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 10/04/13 Friday 5:10 A.M. I will now shut down the primary work computer. I will then eat a Greek yogurt. I will then go to bed. CIO

<888> 10/04/13 Friday 4:10 A.M. <http://en.wikipedia.org/wiki/Night-watch> . From experience, I know there are people awake all night long in nearby Manhattan, but I guess they still do not know how to communicate with the outside world around them. A lot of people like the night time, because it is more peaceful. In Russia, everything is suppose to be opened 24 hours a day eight days a week, so people can more easily be on a night time early morning schedule. I know they do a lot of janitorial work at night besides having essential services such as medical and security working. Even out here in the remote stretch of southwestern Connecticut, we have a number of 24 hour services. I have not drunk alcohol in over 25 years, so I do not know if any people still drink alcohol in the early morning hours. I never drank much alcohol anyway, when I used to go to pubs, I just enjoyed listening to the music, since I could never afford to buy records, not to mention it was fun watching the people try to have a good time. We do get a large number of visitors in the New York City area, so they must be doing something, when they come here. I think in England the Pubs have to close at 11 P.M., but they have private clubs that stay open later. I think many of the private clubs have gambling. In the old days, the local kids used to like to go the I-95 Darien rest area to watch the travelers pass by in the area on their journeys from other parts of the country. In the moderate weather we have now there could even be fishermen on the waterfront. I think the military maintains night watches for security purposes. I miss the 24 hours grocery stores we use to have in Greenwich, but I guess there are not that many night people out here anymore. I suppose the local Greenwich Hospital <http://www.greenhosp.org/> must have least a hundred people awake at night. The Greenwich Police probably have 40 to 50 people awake at night. The fire department probably has at least 10 people awake. The front desks at the hotels would have people awake. The 24 hour gasoline stations would have people awake. With a younger population out here, there are always a few younger people moving around. There are probably a half dozen people awake on the GEMS ambulance service. With the internet, there are probably people conducting international activities in other parts of the world, when it is daytime there. I know the Foreign Currency traders work at night and the early morning hours. I guess I got use to being on a night schedule, because during the Viet Nam War, the country seemed to run 24 hours a day, so it was always busy. I left a message with <http://local.yahoo.com/info-10641289-putnam-shell-greenwich> that I would not be moving around until around October 13, 2013. Maybe I will get some sort of brain storm about doing something new on the internet or with my computers. I could always say that I am resting up for the launch of Windows 8.1 on October 18, 2013 Microsoft opens Windows 8.1 preorders before Oct. 18 launch , but there does not seem to be much interest in it with all of the rich people preferring the [www.apple.com](http://www.apple.com) experience.

Google Chromecast review: A daringly priced streamer that doesn't do much CIO

<888> 10/04/13 Friday 3:25 A.M. I ate about 20 almonds and 10 ounces 50% punch and 50% Schweppes Ginger Ale. CIO

<888> 10/04/13 Friday 2:55 A.M. I watched a little bit of television. CIO

<888> 10/04/13 Friday 12:40 A.M. An experience with living aviation history CIO

<888> 10/04/13 Friday 12:35 A.M. Igneous petrology and volcanology

<http://www.africanadvice.com/>

Steve Jobs' childhood home 'could become historical site'

My www.cl-p.com bill for September 2013 was \$105.91 for 647 kWh and 23.11 kWh per day over 28 days with an average temperature of 62.8 degrees Fahrenheit, and I was away for two weeks during the month with most of the utilities turned off.

My bill for September 2012 was \$96.54 for 564 kWh and 20.89 kWh per day for 27 days with an average temperature of 64.2 degrees Fahrenheit, when I was also gone for about two weeks with the utilities turned off. CIO

<888> 10/04/13 Friday 12:10 A.M. I ate a turkey and ham and Swiss cheese sandwich on 15 grain whole wheat bread with Hellmann's olive oil mayonnaise and Lays salt and vinegar potato chips and a dill pickle slice and a 12 ounce glass of www.coke.com . CIO

<888> 10/03/13 Thursday 11:15 P.M. I printed out two copies of the Volvo service records. CIO

<888> 10/03/13 Thursday 10:35 P.M. I put away the clean laundry. The new laundry machines seem to work just fine. My relative that is giving me the 2005 Volvo Station wagon emailed me all of the Volvo Service records in PDF format. The Volvo wagon seems to be in top notch condition with 107,000 miles on it. CIO

<888> 10/03/13 Thursday 9:20 P.M. I have 50 minutes to go on two dry cycles. Two each of the news washer machines and dryers are Maytag, and the two larger machines are Wascomat machines. CIO

<888> 10/03/13 Thursday 8:45 P.M. I put clean linens on the bed. I showered, and I cleaned up. I started two loads of laundry, and I have twenty minutes to go on the wash cycles. For some reason the large washer machine charged me \$3.00 instead of a \$1.50 on my card. I watered the plants. CIO

<888> 10/03/13 Thursday 7:30 P.M. I chatted with neighbors. I threw out the garbage. I picked up the mail. I got my rent statement from the Greenwich Housing Authority. There are new machines installed in the laundry room. There is a new card machine and two washer machines that cost \$1.25 and a larger washer machine that costs \$1.50 and two dryers that cost \$1.25 and a larger dryer that costs \$1.50. CIO

<888> 10/03/13 Thursday 6:15 P.M. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. CIO

<888> 10/03/13 Thursday 5:25 P.M. I chatted with an associate and a relative between noon and 1 P.M.. I finally woke up at 4:30 P.M.. I chatted with a relative. CIO

<888> 10/03/13 Thursday 4:50 A.M. I ate three ounce of almonds. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 10/03/13 Thursday 4:50 A.M. I once picked up a hitchhiker at night on Highway 666 [http://en.wikipedia.org/wiki/U.S. Route 491](http://en.wikipedia.org/wiki/U.S._Route_491) that sort of looked like me. His name was John, and he was traveling to Oakland, but he got off at a small casino motel on the south side of Reno. I think I was trying to find a short cut from Interstate 10 to San Francisco on my second trip to California after building a basement playroom at a relative's house near Philadelphia. I think on the return trip during the Iran Hostage rescue mission going on in Iran, I picked up two hitchhikers from Byram near Las Alamos, New Mexico on my way to Key West. CIO

<888> 10/03/13 Thursday 4:00 A.M. Pretty much no hitchhiking anymore <http://www.hitchhiker.50megs.com/custom.html> . They use to have ride boards on college campuses. Maybe there is an internet web site, where one can find rides to somewhere else. CIO

<888> 10/03/13 Thursday 3:20 A.M. <http://www.greenwichlibrary.org/evanced/lib/eventsignup.asp?ID=20866> . CIO

<888> 10/03/13 Thursday 2:55 A.M. One reason, I still smoke cigarettes at age 63 is that being out at night all of these years, I deal with a lot of people whom are drinking alcohol along with other night time diversions. However, I rarely go out after 10 P.M. anymore. There are wild animals in the country that are out at night, and I have dealt with Mountain Lions, Grey Panthers, Cougars, Bob Cats, Coyotes, Lynx, Jaguars, Skunks, Wolves, Bears, Red Fox, Owls, Bats, Rats, Alligators, Crocodiles, Sharks, Snakes and Raccoons at night, when no one was around here and other parts of the country. The scariest encounter was probably on the west shore of Lanzarote <http://www.lanzarote.com/> , when I was trying to camp out there on the beach, and in pitch black darkness I perceived that there might be something hostile around, but I never actually saw what it might have been. Maybe it was some some creature out of the sea. CIO

<888> 10/03/13 Thursday 2:30 A.M. I ate a Greek yogurt. I use to make my own yogurt, and I still could, but when I make up a batch of ten cups, I frequently would forget to eat it or not eat it, and it would go bad. CIO

<888> 10/03/13 Thursday 2:25 A.M. If you do not have a car in Greenwich, there is this for seniors <http://www.communityanswers.org/organization/callaride-of-greenwich-inc/> .

Also there is <http://www.communityanswers.org/organization/safe-rides/> for teens at night.

However, I see Red Cross vehicles picking up and dropping off seniors at my retirement complex, so they must also have a service for seniors and disabled individuals which is not mentioned on the internet, unless CallaRide uses Red Cross Vehicles. CIO

<888> 10/03/13 Thursday 1:50

A.M. <http://www.cttransit.com/seniordisabled/reducedfareidcard.asp> . CIO

<888> 10/02/13 Wednesday 11:35

P.M. <http://www.greenwichtime.com/news/article/Graham-Elliot-to-open-Greenwich-eatery-4864367.php> . CIO

<888> 10/02/13 Wednesday 11:30 P.M. Internet Explorer 11 is still too slow on my primary work computer, so I put Internet Explorer 8 back on by uninstalling Internet Explorer 11. I installed the Windows updates. I ran PC Cleaner Pro. I ate two scoops of coffee ice cream. The last 11A bus on week days from the Greenwich Train Station north side to my area of West Putnam Avenue is at 6:45 P.M. and a couple minutes later at the Stop and Shop, or I would have to walk home, if I were downtown after then. I obviously could try to walk it, since I have walked a lot in my life, but my left foot heel began bothering me a month ago, when I walked downtown Greenwich Avenue 11 days in a row. Since from what I know, there are no other Dutch American or Scottish American residents left in Greenwich, Connecticut, I have no contacts to rely on for alternative transportation. CIO

<888> 10/02/13 Wednesday 8:40 P.M. [IE11 Release Preview for Windows 7: 30% Faster than Other Browsers and Even More Support for Web Standards - IEBlog - Site Home - MSDN Blogs](#)

[Social Security Question and Answer](#)

[INGV — vobp2-workshop](#)

<http://www.aircanada.com/en/home.html>

[Travel Kit Itinerary](#)

<http://us-keepexploring.canada.travel/explore/places-to-go-/exf-sortby/recommended/exf-view/grid>

[What to pack - Canadian Air Transport Security Authority](#)

<http://www.greenwichlibrary.org/> is closed this Friday for staff maintenance.

[Harold M. Agnew, Physicist Present at Birth of the Nuclear Age, Dies at 92 - NYTimes.com](#)

[Supervolcanoes ripped up early Mars](#)

**Flowering plant origins pushed back 100 million years**

**Microsoft returns to CES Las Vegas tech show** CIO

<888> 10/02/13 Wednesday 8:05 P.M. I ate a 16 ounce Marie Callender turkey pot pie with a 12 ounce glass of [www.coke.com](http://www.coke.com) . CIO

<888> 10/02/13 Wednesday 7:00 P.M. I walked over to CVS at 644 West Putnam Avenue. Across from <http://www.jeepchryslerdodgecity.com/> in the east bound lane, there is a dead raccoon and a dead sea gull. At CVS, I chatted with a former neighbor, and I bought two Chaboni 6 ounce strawberry Greek yogurts for \$1.50 each and two blueberry Chaboni 6 ounce Greek yogurts for \$1.50 each, a pound of <http://www.garelickfarms.com/> butter for \$3.99 and a dozen Peter and Gerry's organic eggs for \$3.29 less a \$6.50 CVS bonus bucks coupon for \$6.78 total. I then bought a 100 capsule CVS 500 mg Vitamin C for \$5.79 and .37 tax for \$6.16 total. I then walked back home. There is a lot of traffic on West Putnam Avenue at that time of the day, and it is very noisy and not like the leisurely stroll on Greenwich Avenue that I am use to. CIO

<888> 10/02/13 Wednesday 5:30 P.M. I mailed my Microsoft Money 2007 Income versus Spending statement to an interested relative. I threw out the garbage. I chatted with neighbors. I picked up the mail. I chatted with a relative. The Volvo wagon is all set to be delivered on October 13, 2013. I will now walk over to CVS on West Putnam Avenue to get a few items. CIO

<888> 10/02/13 Wednesday 3:55 P.M. I will now shower and clean up. CIO

<888> 10/02/13 Wednesday 3:20 P.M. I chatted with a relative twice. My relative with the Volvo wagon is busy and will not be able to deliver it until around Sunday October 13, 2013. CIO

<888> 10/02/13 Wednesday 2:20 P.M. I woke up at 12:45 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. I chatted with a relative. CIO

<888> 10/02/13 Wednesday 1:40 A.M. How many redheads are there in the world?

**London Zoo tigers: Cameras capture tiger giving birth**

I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 10/02/13 Wednesday 12:30 A.M. <http://eatinstyle.net/index.php> coming to Greenwich Avenue. CIO

<888> 10/01/13 Tuesday 11:20  
P.M. <http://www.britannica.com/EBchecked/topic/97239/Jimmy-Carter?source=ONTHISDAY>

Track your package or shipment with FedEx Tracking on the order for <http://www.jcwhitney.com/stant-locking-oe-replacement-gas-cap/p3038826.jcwx?filterid=d17227v2005g2j1> for \$20.30 with free shipping.

Maine lobstermen threatened by climate change and Canada CIO

<888> 10/01/13 Tuesday 10:40 P.M. I ate a 19 ounce Stouffer's lasagna with grated parmesan and Romano cheese and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 10/01/13 Tuesday 10:00 P.M. I made 260 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching the movie "Vanity Fair". CIO

<888> 10/01/13 Tuesday 5:45 P.M. I threw out the garbage. I chatted with neighbors. I picked up the mail. I got my new laundry card from the Greenwich Housing Authority. They are going to install the new washer machines and dryers at 71 Vinci Drive on Thursday October 3, 2013, after which the old laundry cards will not work. I will now make cigarettes. CIO

<888> 10/01/13 Tuesday 4:35 P.M. I will now shower and clean up. CIO

<888> 10/01/13 Tuesday 4:30 P.M. \$149.99 with free shipping refurbished Gateway AMD E1-1200 1.4GHz 4GB 500GB Windows 8 Desktop PC | SX2110G-UW308 CIO

<888> 10/01/13 Tuesday 3:50 P.M. I chatted with a relative twice before waking up at 2 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. I chatted with a friend. CIO

<888> 10/01/13 Tuesday 4:05 A.M. I will now shut down the primary work computer, and I will eat a Greek yogurt. I will then go to bed. CIO

<888> 10/01/13 Tuesday 3:35 A.M. At [www.geico.com](http://www.geico.com), I took the Audi off my policy, and I went ahead and put the Volvo wagon on my policy which means about a 20% per year increase in my insurance policy payments. The Volvo is covered for me now, and the new policy starts October 8, 2013, although I will not be getting the Volvo wagon until after Columbus Day. I made the first policy payment of four monthly payments on the six month policy. The new three payments with the new policy will be more. For October 2013, I paid my <http://optonline.net/> Digital Cable TV, Optimum Boost Plus, Optimum Voice, and my <http://www.cl-p.com/> electricity bill, and my <http://www.verizon.com/> local telephone bill. CIO

<888> 10/01/13 Tuesday 2:00 A.M. I printed out two copies of the Microsoft Money 2007 Income versus Spending report for September 2013, and I have one copy ready to mail to an interested relative. CIO

<888> 10/01/13 Tuesday 12:35

A.M. [http://www.automobilemag.com/31/connecticut/fairfield/greenwich/gas\\_prices.html](http://www.automobilemag.com/31/connecticut/fairfield/greenwich/gas_prices.html) says that self service premium gasoline at the Shell Station in downtown Greenwich across from Whole Foods is almost \$5 a gallon, but it is 38 cents a gallon cheaper on West Putnam Avenue, if you are not afraid to drive over to Byram section of town where most of the automobile dealerships are. CIO

<888> 10/01/13 Tuesday 12:30 A.M. I heated and ate a 19 ounce can of Progresso hearty chicken noodle soup along with a 12 ounce glass of [www.coke.com](http://www.coke.com) . In researching [www.ibm.com](http://www.ibm.com) over the years, I read about 15 years ago in the New York Times that an elderly gentleman in his 90s living out on Long Island was the largest individual shareholder in IBM. CIO

End of Scott's Notes week of 11/30/13

<888> 11/30/13 Saturday 11:05 P.M. I will now mail out my weekly notes. I will then shut down the primary work computer, and I will go to bed soon. CIO

<888> 11/30/13 Saturday 11:00 P.M. I printed out two copies of my Microsoft Money 2007 Income Versus Spending Report for November 2013, and I have one copy read to mail to an interested relative. I put a forever stamp on the envelope. CIO

<888> 11/30/13 Saturday 10:50 P.M. Earlier today, I woke up from my nap, and I ate one ounce of almonds. I have noticed a lot of men downtown recently wearing suede shoes recently. I have a good pair of them, maybe I should wear them. CIO

<888> 11/30/13 Saturday 10:25 P.M. Farmers describe 'worst storm in 150 years' CIO

<888> 11/30/13 Saturday 10:15 P.M. The Dish: Moroccan prince dines on Greenwich Avenue

Back in February 1972, when I was in Malaga, Spain; I was thinking about catching a ferry boat to Morocco, but since I had long hair, I was told I would have to shave my head to go to Morocco. Thus instead I paid \$40 to catch an Iberia <http://www.iberia.com/us/> jet to <http://www.lanzarote.com/> which had quite a few northern European tourists. However, since I did not know Spanish, I had to speak my high school French. That is where I met the Norwegian Rhone Dietrin whose father was a pilot with S.A.S. <http://www.flysas.com/>. Rhone knew Spanish, Norwegian and English. Rhone would be about 56 years old today, so he is probably still in Lanzarote without the internet. CIO

<888> 11/30/13 Saturday 9:40 P.M. Brother HL-2240 Monochrome Laser Printer \$41 + Free Shipping

Dell E2414Hr 1080p 24" LED Monitor \$90 at Staples

\$159.99 with coupon code "CYBERWEEK" plus \$45 Kohls Cash Card Haier 32-in. 720p LED HDTV

\$149.99 after \$50 rebate Sceptre 32" Class (31.5" Diag.) 720p 60Hz LED HDTV E328BV-HDH CIO

<888> 11/30/13 Saturday 9:15 P.M. I chatted with a relative. I drank a 12 ounce glass of 50% punch and 50% Schweppes Ginger Ale. CIO

<888> 11/30/13 Saturday 8:35

P.M. <http://www.britannica.com/EBchecked/topic/610829/Mark-Twain>

<http://www.britannica.com/EBchecked/topic/529248/Stone-of-Scone>

<http://www.britannica.com/EBchecked/topic/117269/Sir-Winston-Churchill>

Global Volcanism Program | Smithsonian / USGS Weekly Volcanic Activity Report

Protective measures are a 'death sentence' for rare dolphin say campaigners

Indian probe begins journey to Mars CIO

<888> 11/30/13 Saturday 8:10 P.M. I reheated and ate another Thanksgiving dinner from <http://www.templesholom.com/> and the <http://www.familycenters.org/> of Greenwich, Connecticut. It was most excellent. It consisted of thick slices of white turkey meat with stuffing, cranberries, mashed potatoes, and French green beans. I put Smart Balance Spread and extra virgin olive oil on the vegetables. I ate it with a 12 ounce glass of Schweppes Ginger Ale. I did not eat the desert yet which consists of a small cake and home baked cookies. CIO

<888> 11/30/13 Saturday 7:35 P.M. I woke up at 6:15 P.M.. I picked up the mail. I looked at my fall 2013 Taft <http://taftschool.org/> Alumni magazine. I never hear from any of my classmates except a couple. I guess although they were good in sports, they do not know how to type. However, there are a lot of Taft School alumni in Greenwich, Connecticut; so they have their eyes and ears in this community. CIO

<888> 11/30/13 Saturday 2:00 P.M. I called up [www.staples.com](http://www.staples.com) at 1-800-333-3330 , and I waited for an hour and a half listening to modern classical music. They told me the order for [http://www.staples.com/Omnitech-10-Sheet-Cross-Cut-Shredder/product\\_154011?externalize=certona](http://www.staples.com/Omnitech-10-Sheet-Cross-Cut-Shredder/product_154011?externalize=certona) for \$24.99 and \$1.59 tax for \$26.58 total with free shipping is due for delivery by UPS on Tuesday December 3, 2013.

I reheated and ate the fish and chips dinner, which I ate with a 12 ounce glass of Schweppes Ginger Ale. I will now take a nap. CIO

<888> 11/30/13 Saturday 1:05 P.M. Tracking is [https://tools.usps.com/go/TrackConfirmAction?qtC\\_tLabels1=9361289949022101236225](https://tools.usps.com/go/TrackConfirmAction?qtC_tLabels1=9361289949022101236225) on the order for [oCOSMO 32-Inch 720p 60Hz LED HDTV \(Glossy Black\)](http://www.ocosmo.com/product_detail/39) and [http://www.ocosmo.com/product\\_detail/39](http://www.ocosmo.com/product_detail/39) for \$149 with \$20 off with a lightning deal and free shipping and \$9.46 tax for \$158.46 total. CIO

<888> 11/30/13 Saturday 12:40 P.M. I threw out the garbage. I chatted with a neighbor. I went by the Chase Bank at 19 West Putnam Avenue. I then went by the Well Fargo Bank at Havemayer Place, and I paid my rent to the Greenwich Housing Authority. I then gave \$1 to the Salvation Army Kettle by Starbucks on Greenwich Avenue. I then walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I stopped by the Greenwich Hardware store, and I chatted with some of the staff. I stopped by CVS, and I used the bathroom, and I chatted with a couple of staff members. I then sat out for a while, after I finished my walk. I then returned home. CIO

<888> 11/30/13 Saturday 8:35 A.M. I will now shower and clean up. I will then go downtown. CIO

<888> 11/30/13 Saturday 8:10 A.M. I setup the 23 inch Sceptre LCD TV in the bedroom, so it will be easy to replace with the new 32 inch LED TV. I put three CVS D Alkaline batteries in the Emerson lantern, and I have it setup on the dining table by the Epox computer and the Old Brooklyn lantern. CIO

<888> 11/30/13 Saturday 6:55 A.M. I woke up at 6 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 11/29/13 Friday 8:10 P.M. I chatted with a relative. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 11/29/13 Friday 7:10 P.M. I reheated and ate a fish and chips dinner with a 12 ounce glass of Schweppes Ginger Ale. I picked up the mail. I got my rent statement from the Greenwich Housing Authority. CIO

<888> 11/29/13 Friday 6:00 P.M. Cunard Black tie Friday

#### Amazon Black Friday Deals

I bought oCOSMO 32-Inch 720p 60Hz LED HDTV (Glossy Black) and [http://www.ocosmo.com/product\\_detail/39](http://www.ocosmo.com/product_detail/39) for \$149 with \$20 off with a lightning deal and free shipping and \$9.46 tax for \$158.46 total. I will put it in the bedroom, and I will use the Sceptre 23 inch LCD TV for a monitor on one of my other computers.

#### Email - FREE Air Force One Replica Plane With Your Purchase-Limited Time Offer! - Ronald Reagan Presidential Foundation and Library

#### Richest human fossil site found in South Africa

#### Ruth Harkness and Su Lin: The first panda to leave China CIO

<888> 11/29/13 Friday 3:55 P.M. I went out to my 1:30 P.M. appointment. In the future, I will have one appointment a month in the daytime. After my appointment I drove down Greenwich Avenue, but there was no parking; because there was a group of about a thousand people mostly young families in the Board of Education area waiting for the reindeer to show up at McArdle McMillan nursery <https://mcardles.com/> downtown. I then drove by the Greenwich Town Hall, where there was parking; but I was too tired to walk over to the event. I then went to the Stop and Shop, and they gave me back \$8.38 on my English Muffin purchase misprice. I then bought two prepared fish and chip dinners for \$2.99 each for \$5.98 total. I then returned home. We not have three Volvo wagons and one Volvo sedan on the property. I chatted with neighbors. CIO

<888> 11/29/13 Friday 12:25 P.M. \$399 with free shipping Sceptre 50" Class LCD 1080p 60Hz HDTV, X505BV-FHD

I will now get ready to go out to my 1:30 P.M. appointment. CIO

<888> 11/29/13 Friday 12:15 P.M. Acer G246HLAbd Black 24" 5ms Widescreen LED Monitor 250 cd/m2 ACM 100,000,000:1 (1000:1) \$100 with free shipping CIO

<888> 11/29/13 Friday 12:10 P.M. I ate a ham and turkey and American cheese sandwich on 12 grain whole wheat bread with Hellmann's olive oil mayonnaise and Utz wavy potato chips and a dill pickle slice and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 11/29/13 Friday 11:30 A.M. I threw out the garbage. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I stopped by Zen Stationary, and I played an Ace's High scratch card for a dollar, but I lost. I stopped by CVS. I used the bathroom there. I bought three 100 yard CVS mint wax dental floss for \$7.98 and a Emerson 21 LED battery powered lantern for \$14.99 less \$4 CVS bonus bucks and \$1.20 tax for \$20.17 total. Second Time around at the top of Greenwich Avenue had 50% off from 7 A.M. to 10 A.M. this morning. <http://www.jackwills.com/en-us/home> is 30% off today. After my walk, I went by the Stop and Shop. I bought bananas for .79 a pound for \$1.40, two 7 ounce tubs of Healthy Choice sliced honey turkey for \$2.50 each tub, a four 6 ounce cup of Chaboni blueberry Greek yogurt for \$4.29 and another peach one for \$4.29, a 7 ounce package of Stop and Shop deli sliced Swiss cheese for \$3.34, a 16 ounce Smart Balance spread with extra virgin olive oil for \$3 and two 6 ounce packages of Thomas' English muffins for \$8.38, but they were supposed to be buy one get one free for \$29.70 total. I will get a refund, when I got out to my 1:30 P.M. appointment. I then returned home, and I put away my groceries. CIO

<888> 11/29/13 Friday 7:50 A.M. \$99.99 with free shipping Dell - 24" LED HD Monitor - Black

Sperry Top-Sider Leeward 2-Eye \$59.99 with 10% off with coupon code "6PME1129131031"

I will now shower and clean up, and I will then go downtown. CIO

<888> 11/29/13 Friday 7:05 A.M. Dutch Baby Carriage that Prince George uses <http://www.bugaboo.com/>. CIO

<888> 11/29/13 Friday 6:25 A.M. I woke up at 5 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 11/28/13 Thursday 8:30 P.M. I chatted with a relative. I will now shut down the primary work computer, and I will go to bed. CIO

<888> 11/28/13 Thursday 7:10 P.M. I watched on Cspan part of the rebroadcast of the JFK funeral. CIO

<888> 11/28/13 Thursday 5:25 P.M. Do elephants grieve like people do?

Comet Ison battered in Sun encounter

Giant prehistoric toilet unearthed

Black Friday Laptop, Desktop, & Electronic Deals | DELL

\$200 with free shipping Samsung UN32EH4003 32-inch 720p 60Hz LED HDTV (Black)

CIO

<888> 11/28/13 Thursday 4:35 P.M. I woke up at 4:15 P.M.. I ate four home made cookies. CIO

<888> 11/28/13 Thursday 2:20 P.M. I reheated and ate my Thanksgiving dinner from <http://www.templeholom.com/> and the <http://www.familycenters.org/> of Greenwich, Connecticut. It was most excellent. It consisted of thick slices of white turkey meat with stuffing, cranberries, mashed potatoes, and French green beans. I put Smart Balance Spread and extra virgin olive oil on the vegetables. I ate it with a 12 ounce glass of Schweppes Ginger Ale. I did not eat the desert yet which consists of a small cake and home baked cookies. I will now take a nap. CIO

<888> 11/28/13 Thursday 1:40 P.M. The bedroom 23 inch Sceptre LCD television was not working. When I removed the bedroom air conditioner about three weeks ago, I moved the TV power strip, and I mistakenly disconnected the power to the HDMI two line splitter. I have it connected up again, so the bedroom 23 inch Sceptre LCD television now works. I do not watch much television in the bedroom, but I have it all set up. CIO

<888> 11/28/13 Thursday 1:25 P.M. Since my current paper shredder has been malfunctioning, I bought [http://www.staples.com/Omnitech-10-Sheet-Cross-Cut-Shredder/product\\_154011?externalize=certona](http://www.staples.com/Omnitech-10-Sheet-Cross-Cut-Shredder/product_154011?externalize=certona) for \$24.99 and \$1.59 tax for \$26.58 total with free shipping. CIO

<888> 11/28/13 Thursday 12:50 P.M. I chatted with a relative.

<http://www.staples.com/> opens at 8 P.M. this evening with Black Friday specials. CIO

!!!!!! <888> 11/28/13 Thursday 12:15 P.M. New Microsoft Surface Tablet 32 GB \$199 with free shipping with a \$150 savings two days only

<888> 11/28/13 Thursday 12:10 P.M. I chatted with a relative. I sorted out my old magazines from the magazine rack, and I threw them out with the garbage and the other old periodical literature. CIO

<888> 11/28/13 Thursday 10:30 A.M. I woke up at 10 A.M.. I made my bed. I will now shower and clean up. CIO

<888> 11/28/13 Thursday 9:10 A.M. \$74.99 with free shipping Dell B1163w Wireless Monochrome Laser All-In-One Printer, Copier, Scanner

\$79.99 with free shipping Dell B1163w Laser All-in-One Printer

\$99.99 with free shipping Dell B1165nfw Mono Laser Multifunction Printer

\$169.99 recertified free shipping 32 GB Microsoft Surface RT Tablet P3T-00003

I will now rest some more. CIO

<888> 11/28/13 Thursday 8:40 A.M. I woke up at 7 A.M.. I put a new Automactic Bowl Fresh in the toilet tank. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 11/28/13 Thursday 5:35 A.M. I will now go back to bed. CIO

<888> 11/28/13 Thursday 5:20 A.M. I put away the laundry. CIO

<888> 11/28/13 Thursday 4:40 A.M. For December 2013, I paid my <http://optonline.net/> Digital Cable TV, Optimum Boost Plus, Optimum Voice, and my <http://www.cl-p.com/> electricity bill, and my <http://www.verizon.com/> local telephone bill. CIO

<888> 11/28/13 Thursday 4:05 A.M. I have 55 minutes to go on two dry cycles. CIO

<888> 11/28/13 Thursday 3:45 A.M. I watered the plants. CIO

<888> 11/28/13 Thursday 3:35 A.M. I woke up at 2:30 A.M.. I put clean linens on the bed. I started two loads of laundry, and I have 25 minutes to go on two wash cycles. CIO

<888> 11/27/13 Wednesday 7:25 P.M. I ate 8 ounces of [https://www6899.sslsdomain.com/peninsulagrill/store/index.php?route=product/product&product\\_id=2](https://www6899.sslsdomain.com/peninsulagrill/store/index.php?route=product/product&product_id=2) . I chatted with a relative.

When I first came off [www.nantucket.net](http://www.nantucket.net) 30 years ago, and I had returned from Toronto, and I was living back in Greenwich, Connecticut; I went into Manhattan, and I met

somebody at a pub from Midland, Texas who was opening a French restaurant in Midland, Texas. I had seen earlier in the day at Saks Fifth Avenue, they had men's cashmere robes mispriced for \$89 instead of \$890, so when I told him that, he went out and bought a dozen of them for his friends in Texas. I can not remember his name, but he was using a friend's apartment on 2nd Avenue near 52nd street near where the A&P was in that neighborhood, so possibly it was somebody that I knew from my earlier period in Manhattan. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 11/27/13 Wednesday 6:00 P.M. When I was hanging out in a pub in Greenwich Village on Thanksgiving Eve in 1981, somebody came up to me, and told me; they would invite me to Thanksgiving Dinner, but I would not enjoy it, because they were Jewish, so I did not have anything to eat the following day. Later on February 1982, when I was asked to leave my apartment on a minus 20 degrees Fahrenheit day, I managed to survive because somebody else from Florida with Vogue magazine connections put me up for a while in an apartment on the East Side over a church with a lot of heat. When I later went back to Key West the last time in 1982, it was very busy down there, because it was so cold up north. Somebody from <http://www.carrvalleycheese.com/> put me up for a few days, and then I was left fending for myself; until I was exiled off the island. I guess Jimmy Eldert's friends still had some sort of influence down there. When I returned back up north by a rather tedious process, I spent 11 months out at Plandome Manor, Long Island building a garage apartment for 7,400 hours for \$1.15 an hour for somebody with [www.state.gov](http://www.state.gov) connections, and then after traveling to Washington D.C., New Haven, Bayonet Point, Florida, and Oslo, Norway, I returned to [www.nantucket.net](http://www.nantucket.net) for the season, returning to Greenwich, Connecticut in December 1983. Greenwich, Connecticut had changed a bit, since the I-95 Mianus River Bridge had fallen down the previous spring. One of the few people that bought me a free meal when I first returned looked like my diseased brother in law from Oklahoma, and he owned the Highway Moveable Barricade Machine, they used to change the lane direction on the highway, while the bridge was under reconstruction. CIO

<888> 11/27/13 Wednesday 5:40 P.M. I called up <http://www.peapod.com/?001=464&006=10019&linkid=SL> at 1-800-573-2763 , and they told me they do not take Food Stamp EPT for payment. Since the telephone call was answered in Lake Zurich, Illinois; they were willing to chat, so I gave them a briefing on some of the things I know about food.

When I used to be into cooking, when I had more time; I posted some cooking information here.

<http://mikelouisscott.com/recipe.htm>

My stuffing recipes used to be popular at Holiday times in the Winter. CIO

<888> 11/27/13 Wednesday 4:45 P.M. I picked up the mail. I got a \$20 food gift card for the Stop and Shop on West Putnam Avenue from the Department of Social Services. The local Stop and Shop

[http://www.stopandshop.com/our\\_stores/locator/store\\_details.htm?storeNumber=0616&storeType=GROCERY&groceryStoreMiles=10&gasStationMiles=10](http://www.stopandshop.com/our_stores/locator/store_details.htm?storeNumber=0616&storeType=GROCERY&groceryStoreMiles=10&gasStationMiles=10) is opened from 7 A.M. to 5 P.M. tomorrow on Thanksgiving Day. I chatted with neighbors. CIO

<888> 11/27/13 Wednesday 3:35 P.M. I went downstairs, and I checked the mail; but it is not here yet. I chatted with neighbors. CIO

<888> 11/27/13 Wednesday 3:00 P.M. Only a ninety day warranty, but good price refurbished \$459.99 with free shipping Acer Intel i7-3770 3.4GHz Desktop PC | VM4620G-Ui7377X

\$598 new Acer AME600-UR378 Desktop PC with Intel Core i7-3770 Processor,10GB DDR3 Memory,2TB SATA Hard Drive,Windows 8

\$550 with coupon code "64888" Lenovo H530 Desktop PC with free shipping

Dell XPS 8700 for \$649.99 with coupon code "HF08ZLDCXJM19W" with free shipping plus tax

\$700 plus \$30 shipping Dell XPS 8700 Desktop | Intel Core i7 | 1GB Graphics

<http://www.bestbuy.com/site/e-series-32-class-31-1-2-diag--led-720p-60hz-hdtv/1658871.p;jsessionid=32DB88830730697EC3B18669C7F1AF40.bbolsp-app03-128?id=1219058505163&skuId=1658871&st=1658871&cp=1&lp=1>

VIZIO - E-Series - 32" Class (31-1/2" Diag.) - LED - 720p - 60Hz - HDTV

\$189.99 with free shipping. CIO

<888> 11/27/13 Wednesday 2:25 P.M. I was told by one of the last four people I know in Manhattan that the Chinese and the Russians have bought all of the apartments in Midtown and the Upper East Side, but they do not live there, and they are just keeping them for "Safe Havens". I was also told that although the Plaza Hotel <http://www.theplazany.com/> is opened for business, the windows are dark at night all of the time like nobody is staying there. That is pretty much all I know about Manhattan from a direct observer besides what comes our way out here on the Tube. CIO

<888> 11/27/13 Wednesday 2:05 P.M. I threw out the garbage. I chatted with neighbors.

<http://www.redcross.org/stories/photos>

Tracking is UPS: Tracking Information and <https://tools.usps.com/go/TrackConfirmAction?qtctLabels1=92612999965344551000142022> on the order for [http://www.bonton.com/sc2/shop/bed-bath/down-alternative-comforters/livingquarters-reversible-microfiber-down-alternative-comforter\\_394765.html?utm\\_source=LSAFF&utm\\_medium=AFL&utm\\_campaign=LS&C](http://www.bonton.com/sc2/shop/bed-bath/down-alternative-comforters/livingquarters-reversible-microfiber-down-alternative-comforter_394765.html?utm_source=LSAFF&utm_medium=AFL&utm_campaign=LS&C)

**ID=LSAFF-AFL-LS&siteID=isIkAyUyNbM-IIsGjPsJKembGd1vy6Dieg in Olive and Reseda color in full or queen size for \$19.97 with free shipping with coupon code "FREESHIP" and \$1.27 tax for \$21.24 total.**

**Birth and death of stars captured by Very Large Telescope**

**Chernobyl's arch: Sealing off a radioactive sarcophagus**

**Marcos Rodriguez Pantoja: Did this man live with wolves?**

**Smashed Hits: Livin' On A Prayer**

**New species of wild cat identified in Brazil CIO**

<888> 11/27/13 Wednesday 12:55 P.M. I ate two 3 ounce Purdue chicken cutlets and steamed baby carrots cut lengthwise into quarters and 12 ounces of mashed potatoes with Smart Balance Spread and extra virgin olive oil and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Splenda sweetener and Borden lemon juice. CIO

<888> 11/27/13 Wednesday 11:50 A.M. I made 124 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching part 4 of "The Buccaneers". The <http://www.templeholom.com/> and the <http://www.familycenters.org/> of Greenwich, Connecticut delivered me a Thanksgiving dinner with desert and a Thanksgiving Card made up by a local youth. I will reheat it tomorrow for my Thanksgiving meal. I ate an ounce of almonds. CIO

<888> 11/27/13 Wednesday 10:00 A.M. I chatted with a relative. I will now make cigarettes. CIO

<888> 11/27/13 Wednesday 8:50 A.M. <http://www.prisonplanet.com/londons-mayor-says-we-should-thank-the-super-rich.html> CIO

<888> 11/27/13 Wednesday 7:55 A.M. I will now shower and clean up.

<http://www.royalyachtbritannia.co.uk/> CIO

<888> 11/27/13 Wednesday 7:25 A.M. <http://www.legacy.com/obituaries/greenwichtime/obituary.aspx?n=james-campbell&pid=168200296> also use to water the plants on Greenwich Avenue in the morning, and he also used to work at <http://www.balmoralcastle.com/> . CIO

<888> 11/27/13 Wednesday 6:30 A.M. I woke up at 5:15 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed.

<http://www.telegraph.co.uk/news/uknews/theroyalfamily/10477252/Prince-William-performs-alongside-Jon-Bon-Jovi.html> CIO

<888> 11/26/13 Tuesday 8:10 P.M. I chatted with a relative. I ate a ham and Swiss and American cheese sandwich on 15 grain whole wheat bread with Hellmann's olive oil mayonnaise and Utz wavy potato chips and a dill pickle slice and a 12 ounce glass of Schweppes Ginger Ale. I will now shut down the primary work computer, and I will go to bed. There is suppose to be a lot of rain for the next 24 hours. CIO

<888> 11/26/13 Tuesday 6:10 P.M. Cunard Europe Three For All CIO

<888> 11/26/13 Tuesday 5:25 P.M. <http://www.landajob.org/>

I ate a few day old muffin. I drank a cup of green tea with Splenda sweetener and Borden's lemon juice. After walking downtown on Greenwich Avenue for thirty years, I am a bit worn out after all of those years. Thus I need time to regain my focus into a more normal lifestyle. Of course I need the exercise, so on nice days when it is warmer, I might still try to exercise walk on Green Witch Avenue. Frequently New Yorkers come out here and take over the town. It is like they are all working for Mrs. Astor or Mrs. Vanderbilt. CIO

<888> 11/26/13 Tuesday 4:40 P.M. The order with tracking of UPS Tracking on the order for [http://www.staples.com/Dell-1160w-Wireless-Mono-Laser-Printer/product\\_77648](http://www.staples.com/Dell-1160w-Wireless-Mono-Laser-Printer/product_77648) Dell 1160w wireless laser printer for \$29.99 and \$1.90 tax for \$31.89 total with free shipping with 1500 sheet starter cartridge arrived. I will now open it up, but save it for a Christmas gift to myself. CIO

<888> 11/26/13 Tuesday 4:05 P.M. I woke up at 3:50 P.M.. CIO

<888> 11/26/13 Tuesday 1:00 P.M. I ate a 19 ounce Stouffer's meat lasagna with grated parmesan and Romano cheese on it along with a 12 ounce glass of Schweppes Ginger Ale. I will now take a nap.

<http://www.forbes.com/forbes-400/list/>

<http://www.forbes.com/billionaires/> CIO

<888> 11/26/13 Tuesday 12:20 P.M. If one has money, and one wants their picture taken, Fred Meyers alias Fred Von Mierers use to organize parties like this <http://newyorksocialdiary.com/nysd/partypictures> for people whom need to do something in Manhattan. CIO

<888> 11/26/13 Tuesday 11:55 A.M. I threw out the garbage. I moved three snow brushes from the rear of the Volvo wagon to the back seat passenger side to have them available in case I ever have to brush snow off the Volvo wagon. A neighbor called me up. I helped the neighbor move an old heavy HP color laser printer from his apartment to his car using my

little folding cart. I chatted with him about Manhattan in the early 1970s, when the Republican Party had some influence in the Federal government. CIO

<888> 11/26/13 Tuesday 10:10 A.M. I chatted with a relative. I ate two ounces of almonds. A storm could bring a month's worth of rain on Wednesday

[http://www.nrlmrv.navy.mil/htdocs\\_dyn\\_pregen\\_sat/PUBLIC/tc\\_pages/pages/tc13/IO/05B.LEHAR/ir/geo/1km\\_bw/full/20131126.1357.mtsat1r.x.ir1km\\_bw.05BLEHAR.75kts-967mb-129N-886E.100pc.html](http://www.nrlmrv.navy.mil/htdocs_dyn_pregen_sat/PUBLIC/tc_pages/pages/tc13/IO/05B.LEHAR/ir/geo/1km_bw/full/20131126.1357.mtsat1r.x.ir1km_bw.05BLEHAR.75kts-967mb-129N-886E.100pc.html) CIO

<888> 11/26/13 Tuesday 9:30 A.M. \$179 with free shipping Sceptre X322BV-HDR 32" 720p 60Hz Class LED HDTV CIO

<888> 11/26/13 Tuesday 8:30 A.M. I ordered [http://www.bonton.com/sc2/shop/bed-bath/down-alternative-comforters/livingquarters-reversible-microfiber-down-alternative-comforter\\_394765.html?utm\\_source=LSAFF&utm\\_medium=AFL&utm\\_campaign=LS&C\\_ID=LSAFF-AFL-LS&siteID=isIkAyUyNbM-IIsGjPsJKembGd1vy6Dieg](http://www.bonton.com/sc2/shop/bed-bath/down-alternative-comforters/livingquarters-reversible-microfiber-down-alternative-comforter_394765.html?utm_source=LSAFF&utm_medium=AFL&utm_campaign=LS&C_ID=LSAFF-AFL-LS&siteID=isIkAyUyNbM-IIsGjPsJKembGd1vy6Dieg) in Olive and Reseda color in full or queen size for \$19.97 with free shipping with coupon code "FREESHIP" and \$1.27 tax for \$21.24 total. CIO

!!!!!!<888> 11/26/13 Tuesday 7:35 A.M. <http://origin-www.bloomberg.com/news/2013-11-26/bayer-in-early-stage-talks-to-buy-cancer-drug-partner-algeta.html> CIO

<888> 11/26/13 Tuesday 7:05 A.M. Tracking is UPS Tracking on the order for [http://www.staples.com/Dell-1160w-Wireless-Mono-Laser-Printer/product\\_77648](http://www.staples.com/Dell-1160w-Wireless-Mono-Laser-Printer/product_77648) Dell 1160w wireless laser printer for \$29.99 and \$1.90 tax for \$31.89 total with free shipping with 1500 sheet starter cartridge. I will now shower and clean up. CIO

<888> 11/26/13 Tuesday 6:55 A.M. Well, the Internet Mouse Palace East is pretty much ready for Christmas. However, nobody ever visits me, since I still smoke RYO cigarettes, which I guess most people find offensive.

Norway Ministry of Justice and Public Security CIO

<888> 11/26/13 Tuesday 6:35 A.M. I put out the little artificial Christmas tree on the Samsung color laser printer at the apartment entrance. I also put the artificial wreath on the outside of the apartment front door. CIO

<888> 11/26/13 Tuesday 5:35 A.M. I woke up at 4 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 11/25/13 Monday 10:25 P.M. I chatted with a relative.

Save Now with Coupons and Discounts | Reynolds

Higgs boson book scoops Royal Society Winton Prize

UK-built video camera launches to International Space Station

Earliest 'shrine' uncovered at Buddha's birthplace

Report of gunman at Yale a hoax

I chatted with a friend. I will now shut down the primary work computer, and I will go back to bed. CIO

<888> 11/25/13 Monday 8:00 P.M. I ate a 15 ounce Hungryman chicken bourbon dinner with a Smart Balance Spread on the vegetables and a 12 ounce glass of 50% punch and 50% Schweppes Ginger Ale. CIO

<888> 11/25/13 Monday 7:00 P.M. I chatted with a relative at 3 P.M.. I woke up at 6:30 P.M.. I ate one ounce of almonds. I also drank a 12 ounce glass of 50% punch and 50% Schweppes Ginger Ale. I threw out the garbage. I picked up the mail. CIO

<888> 11/25/13 Monday 2:00 P.M. I will now shut down the primary work computer. I will then eat a Greek yogurt, and then I will go to bed. CIO

<888> 11/25/13 Monday 1:50 P.M. Person with gun reported at Yale CIO

<888> 11/25/13 Monday 1:35 P.M. Today only, leather jackets with coupon code "PREVIEW" and free shipping for \$179 plus tax down from \$750 for these three different leather jackets:

[http://www.josbank.com/menswear/shop/ProductDisplayView?CA\\_6C15C=988004999&catalogId=10050&productId=333533&storeId=11001&ddkey=http:ReferralView](http://www.josbank.com/menswear/shop/ProductDisplayView?CA_6C15C=988004999&catalogId=10050&productId=333533&storeId=11001&ddkey=http:ReferralView)

[http://www.josbank.com/menswear/shop/ProductDisplayView?CA\\_6C15C=1580512558&catalogId=10050&productId=394413&storeId=11001&ddkey=http:ReferralView](http://www.josbank.com/menswear/shop/ProductDisplayView?CA_6C15C=1580512558&catalogId=10050&productId=394413&storeId=11001&ddkey=http:ReferralView)

[http://www.josbank.com/menswear/shop/ProductDisplayView?CA\\_6C15C=988005000&catalogId=10050&productId=333534&storeId=11001&ddkey=http:ReferralView](http://www.josbank.com/menswear/shop/ProductDisplayView?CA_6C15C=988005000&catalogId=10050&productId=333534&storeId=11001&ddkey=http:ReferralView)

CIO

<888> 11/25/13 Monday 1:05 P.M. I ate 2 ounces of almonds. CIO

<888> 11/25/13 Monday 12:45 P.M. Email - A Sweet Deal: Exquisite Crystal Jelly Belly Jar! - Ronald Reagan Presidential Foundation and Library

Barn owl nestlings recognise their siblings' calls

NSA 'infected' 50,000 networks with malware

Computer uses images to teach itself common sense

Scottish independence: What would it mean for the rest of the UK? CIO

<888> 11/25/13 Monday 12:05 P.M. I threw out the garbage. I said hello to neighbors and the building custodian. CIO

<888> 11/25/13 Monday 11:15 A.M. I ate two 3 ounce Purdue chicken cutlets and steamed baby carrots cut lengthwise into quarters and 12 ounces of mashed potatoes with Smart Balance Spread and extra virgin olive oil and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Splenda sweetener and Borden lemon juice. CIO

<888> 11/25/13 Monday 9:25 A.M. Now that I can call England for 2 cents a minute, I could try calling one of these telephone numbers <http://www.royal.gov.uk/Contactus/ContacttheRoyalHousehold.aspx> to see what the Scott family is supposed to be doing in America after all of these years. I would think that Scotland with all of its North Sea oil money might try to help out some expatriate Scottish people, but maybe there are so many of them the money would not go very far. CIO

<888> 11/25/13 Monday 8:55 A.M. I ate two ounces of almonds. CIO

<888> 11/25/13 Monday 7:50 A.M. If one needs to speed up the Adobe \*.pdf file viewer, see thread 5 at <http://forums.adobe.com/thread/839984> . CIO

<888> 11/25/13 Monday 7:10 A.M. If you know anyone in London, England; one might be able to find their local telephone number here <http://www.whitepages.co.uk/> . However, from what I know about Manhattan in the old days, the British when they come to America, tend to network in the local pubs; so one is more than likely to meet somebody from England in a midtown Manhattan pub. I use to see passengers off the Queen Elizabeth cruise ship at the <http://www.kingcolebar.com/> . CIO

<888> 11/25/13 Monday 6:10 A.M. The last time I was in New Jersey was about 13 years ago. A local friend and I took another friend <http://mikelouisscott.com/chris2000.jpg> from <http://www.christchurchgreenwich.org/> down to Newark Airport to catch a plane to Daytona, Florida. While there I noticed a large Budweiser brewery <http://www.budweiser.com/> to the east around Port Elizabeth, New Jersey. With all of the pubs in the New York City area, they probably make money. CIO

!!!!!! <888> 11/25/13 Monday 5:45 A.M. Still might be time to order a Greenberg Smoked Turkey <http://www.gobblegobble.com/> . I still have 2 pounds of frozen coconut cake [https://www6899.ssldomain.com/peninsulagrill/store/index.php?route=product/product&product\\_id=2](https://www6899.ssldomain.com/peninsulagrill/store/index.php?route=product/product&product_id=2) from last Christmas 2012. CIO

<888> 11/25/13 Monday 5:20 A.M. There is no point in going out for a walk in 21 degree Fahrenheit weather. I guess <http://www.liveduvalstreet.com/> is making a lot of money with all of the Snow Birds. I will now shower and clean up. CIO

<888> 11/25/13 Monday 4:15 A.M. I woke up at 3 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 11/24/13 Sunday 2:25 P.M. I ate a day old muffin, a 5 ounce bag of fruit and nut trail mix, two slices of Danish ham, and four slices of American cheese. I will now shut down the primary work computer, and I will eat a Greek yogurt. I will then go back into hibernation mode which is back to sleep. CIO

<888> 11/24/13 Sunday 1:35 P.M. I chatted with a relative. CIO

<888> 11/24/13 Sunday 12:50 P.M. I just got a graving for this place <http://smokeyjoesribs.com/> , but I am afraid to drive that far on the highway, and it would be expensive. CIO

<888> 11/24/13 Sunday 12:45 P.M. It is warmer in London, England <http://www.bing.com/weather/search?q=temperature%20in%20london%20england&unit=F&qpvt=temperature+in+london+england&FORM=DTPWEA> . I guess we should open up Siberia Sam's Social Club again. CIO

<888> 11/24/13 Sunday 12:40 P.M. The window across the way is now closed. CIO

<888> 11/24/13 Sunday 12:35 P.M. I chatted with a relative.

the imperial family of Brazil

[http://en.wikipedia.org/wiki/Pa%C3%A7o\\_Imperial](http://en.wikipedia.org/wiki/Pa%C3%A7o_Imperial)

<http://www.bing.com/images/search?q=Brazilian+Royal+Palace&id=BC3C67013E62E64749B32BED3983507B8DE021C4&FORM=IQFRBA>

Empress Dowager Cixi: The Concubine Who Launched Modern China CIO

<888> 11/24/13 Sunday 11:35 A.M. I ate a 16 ounce Hungryman bourbon steak strips dinner with Smart Balance Spread and extra virgin olive oil on the vegetables and a 12 ounce glass of Schweppes Ginger Ale. I threw out the garbage. I chatted with neighbors. The apartment across from my apartment which is apartment 212 has the window wide open. My neighbors said the tenant is away, and they were going to try to contact a relative of the neighbor to close the window. I also left a message with the Greenwich Housing Authority at 1-203-869-1138 to let them know. It is going down to 15

degrees Fahrenheit tonight, so if the window were still opened, the water pipes could freeze. CIO

End of Scott's Notes week of 11/24/13

<888> 11/24/13 Sunday 10:05 A.M. I will now send out my weekly notes. CIO

<888> 11/24/13 Sunday 9:50 A.M. I made 124 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching part 3 of "The Buccaneers". CIO

<888> 11/24/13 Sunday 7:30 A.M. Recently on local television here in Greenwich, Connecticut coming out of Manhattan, they have been advertising <http://glenmorangie.com/>, so somebody in the United Kingdom must still have something of value to still sell. I will now make cigarettes. CIO

<888> 11/24/13 Sunday 6:35 A.M. I ordered [http://www.staples.com/Dell-1160w-Wireless-Mono-Laser-Printer/product\\_77648](http://www.staples.com/Dell-1160w-Wireless-Mono-Laser-Printer/product_77648) Dell 1160w wireless laser printer for \$29.99 and \$1.90 tax for \$31.89 total with free shipping with 1500 sheet starter cartridge. CIO

<888> 11/24/13 Sunday 5:55 A.M. I will now shower and clean up. CIO

<888> 11/24/13 Sunday 4:55 A.M. I chatted with a friend at 8 P.M.. I finally woke up at 3:30 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 11/23/13 Saturday 4:55 P.M. <http://www.greenwichtime.com/local/article/Denbigh-Farm-Riversville-Road-estate-on-site-of-5005919.php>

<http://www.greenwichtime.com/local/article/Not-so-rich-Fairfield-County-5001644.php>

<http://www.greenwichtime.com/news/slideshow/Coollest-photos-from-the-International-Space-74471.php>

<http://www.butterflyfarm.com/>

It is going down to 15 degrees Fahrenheit on Sunday night. Although it is getting colder here, the good news is that our friends down south in Florida and the Caribbean survived the hurricane season for now. This is what Florida looked like in the Old Days

<http://mikelouisscott.com/photo/old-florida-post-card-011506.jpg>

I would like Bubba the Beached Whale in a bathing suit today at 235 pounds at 6 feet tall and waist 50 inches.

I will now shut down the primary work computer. I will eat a Greek yogurt. I will then go to bed.

<888> 11/23/13 Saturday 4:05 P.M. Claims he had more money than Getty  
[http://en.wikipedia.org/wiki/James A. Chapman](http://en.wikipedia.org/wiki/James_A._Chapman)

[http://en.wikipedia.org/wiki/H. L. Hunt](http://en.wikipedia.org/wiki/H._L._Hunt)

<http://en.wikipedia.org/wiki/Nizam>

[http://en.wikipedia.org/wiki/File:Nizam%27s Chowmahela Palace, Hyderabad, India.JPG](http://en.wikipedia.org/wiki/File:Nizam%27s_Chowmahela_Palace,_Hyderabad,_India.JPG)

[http://en.wikipedia.org/wiki/Osman Ali Khan, Asaf Jah VII](http://en.wikipedia.org/wiki/Osman_Ali_Khan,_Asaf_Jah_VII)

<http://www.flickr.com/photos/10677010@N04/3179375745/>

[http://en.wikipedia.org/wiki/King Kothi Palace](http://en.wikipedia.org/wiki/King_Kothi_Palace)

[http://lifesun.info/picture/?picture=King Kothi Palace](http://lifesun.info/picture/?picture=King_Kothi_Palace)

[http://en.wikipedia.org/wiki/Chowmahalla Palace](http://en.wikipedia.org/wiki/Chowmahalla_Palace)

They probably eat more than a bowl of rice a day. CIO

<888> 11/23/13 Saturday 2:20 P.M. At [www.staples.com](http://www.staples.com) online today only, \$20 off \$100 or more purchase with coupon code "5836109321579359" CIO

<888> 11/23/13 Saturday 1:55 P.M. I chatted with a friend. I drank a glass of 50% punch and 50% Schweppes Ginger Ale.

<888> 11/23/13 Saturday 1:15 P.M. We had a false fire alarm in the building. I checked all of the hallways, but none of the apartment lights were on. They just turned it off. They checked the alarm system this past week, so it should be all right. CIO

<888> 11/23/13 Saturday 12:30 P.M. I chatted with a relative.

[Norwegian, 22, Takes World Chess Title - NYTimes.com](http://www.nytimes.com)

<http://www.familytreedna.com/>

[Cunard Europe Three For All](#) CIO

<888> 11/23/13 Saturday 11:10 A.M. Yesterday, it was 30 years ago that I left [www.nantucket.net](http://www.nantucket.net) and my glorious life of being a dishwasher pot scrubber. It was 30 years ago today that I saw Ted Kennedy at the Hyannis airport at 6 A.M. in the morning

and Jackie Kennedy Onassis was on the PBA Embarcadero prop plane to LaGuardia airport. I did not bother here. She was met at the airport by her boy friend the diamond dealer. However, I did not return to Greenwich right away. I took the Amtrak to Toronto, and I stayed for about a week at the University of Toronto Anglican seminary, and when I used the indoor swimming pool at the University of Toronto and with my Nantucket tan which was a bit darker, since I had been in Fort Lauderdale on Halloween during the Grenada invasion before returning back to Nantucket briefly, I was perceived as being from down south. After a week in Toronto, when I met a few people including somebody from Air Canada, I took the Amtrak back down to New York City. There was hardly anyone on the train, except the porters and a woman that looked like the Queen Mum of England with a little blond boy. In Buffalo, I called up George Cary, and his father gave me his telephone number out on Sands Point, Long Island at his aunt and uncle's house, but I did not call him, and I spent a week homeless in Manhattan staying up until 4 A.M. in pubs and the early morning hours at the East Side airline terminal, where I would clean up at the tennis club upstairs. Wolf <http://www.peugeot.com/en/> was also in the east side airline terminal building. After a week, I took the bus to J.F.K., because I had very swollen ankles, and I was going to fly down to my father's house near Tampa, but when I chatted with him, he told me to go out to Greenwich, so I took the airport limousine to the Showboat Hotel in Greenwich, and I had a Greenwich Policeman drive me to the Greenwich Hospital. They kept me there for a week, and gave me money for a bus ticket to my sister's house near Philadelphia, but I went back into Manhattan again for the same routine of walking around for another week, and ended up returning to the Greenwich Hospital again, where the State of Connecticut paid for me to have a complete \$7,500 medical physical from which they determined that I was disabled. I got a social worker who got me a small third floor attic apartment on Milbank Avenue shortly before Christmas with rent of \$240 a month paid by welfare, and I was given \$200 a month to live off which was mostly spent on food at the Greenwich Food Mart on Greenwich Avenue and the Finast grocery store nearby me and dinners every night at the Greenwich Hospital cafeteria. On Christmas Eve, I saw Cliff Robertson and Dina Merrill at Rue de Croissant across from the Greenwich train station. I went into Manhattan and met a house guest of Harry Helmsley from Denmark, and the following Christmas morning, the Greenwich Time said Harry and Leona Helmsley had bought the Topping estate up on Round Hill Road. In walking around Greenwich Avenue for the next three years before I got a car, I saw a lot of people in town. At night I would always see a lot of black SAAB sedans driving around like there were a fleet of them on the move. I have been in Greenwich, Connecticut ever sense then. CIO

<888> 11/23/13 Saturday 10:45 A.M. I reheated and ate three chicken tenders and the 12 ounce Spanish noodle dish which was more like a spinach quiche without the crust and a 12 ounce of Schweppes Ginger Ale. CIO

<888> 11/23/13 Saturday 9:50 A.M. I went out, and I went by the Putnam Shell at 401 West Putnam Avenue, and I bought \$10.02 of self service premium V-Power gasoline for \$4.199 a gallon with a dime a gallon off with my Stop and Shop card for 2.386 gallons at odometer reading of 107351 miles for 30.1 miles driven since Monday November 4, 2013 for 12.616 miles per gallon in mostly local traffic. I showed my Volvo wagon to the regular

night person. I then went downtown, and I chatted with a local walker. The local walker offered me \$10 to drive to Pathmark on the Greenwich Stamford border, but I do not like dealing with all of the traffic in that part of town near the Exit 5 ramp, so I declined. I then walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. They have apartments for rent on the upper floors of the new building at the bottom east side of Greenwich Avenue, if one wants to be in the center of everything. The new restaurant there is also advertising for help. I said hello to a Starbucks regular. They have Holiday lights on Greenwich Avenue on the block between Lewis Street and Elm Street. I stopped by CVS, and I bought two 16 ounce CVS lightly salted almonds for \$5 each, and two 5 ounce CVS fruit and nut mix for \$1.50 each, and a chicken Stove Top stuffing for \$1.50 and .19 tax for \$14.69 total. I then chatted with the local walker and walked him part way down Greenwich Avenue briefing him on what little I know about walking Greenwich Avenue. I can not afford to drive down on Steamboat Road to view the waterfront, because that costs an extra dollar in gasoline, but I would imagine it is still there. I showed the Volvo wagon to a local Swedish American walker. I then went by the Stop and Shop, and I bought two quart jars of Mount Olive Kosher dill spears for \$2 each, buy one get one free of 10.5 ounce Lays wavy potato chips for \$4.29 both, bananas for .79 a pound for .55, a 15 ounce Hungryman chicken Bourbon dinner for \$2.50, a 15 ounce Hungryman beef bourbon dinner for \$2.50, a 59 ounce Florida Natural orange juice with calcium for \$2.50, a 12 ounce prepared Spanish pasta meal for \$2.99 for \$17.68 total. They have partial boneless rib eye roasts for \$6.99 a pound, but I do not eat much beef, since I am on cholesterol medication. The [www.coke.com](http://www.coke.com) truck from Illinois showed up while I was in the parking lot. I then returned home, and I said hello to neighbors. I put away my groceries. CIO

<888> 11/23/13 Saturday 5:40 A.M. I threw out the garbage. I picked up the mail. I will now go downtown for an early morning walk. CIO

<888> 11/23/13 Saturday 4:35 A.M. I will now shower and clean up and continue the Byram night watch. Back in the old days, when people would take risks and drink alcohol in the early morning hours at the nearby bars in Port Chester, New York; at 4 A.M., when the bars closed there would be a mass exodus of people leaving Port Chester and crossing the Connecticut New York border back into Connecticut. Many of these people could be seen at the 24 hour diner across from the YMCA in Greenwich, but times have changed, and not many people like being awake in the early morning hours to no avail. I think on week days the local garbage men are just starting to go to work at this hour. CIO

<888> 11/23/13 Saturday 3:55 A.M. I made up a fresh batch of punch. I watched some of the [www.cnn.com](http://www.cnn.com) coverage of the 50th anniversary of the JFK assassination.

The order with tracking of [USPS.com](http://USPS.com)® - [USPS Tracking™](http://USPS.com) on the order for

three <http://www.ebay.com/itm/Premier-Light-100s-Cigarette-Tubes-5-Boxs-1000-Tubes-filtered-tubes-RYO/151169143703?trksid=p2047675.m1850&trkparms=aid%3D222002%26algo%3D>

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for \$16.95 each and \$7.45 shipping for \$58.30 total arrived. CIO

<888> 11/23/13 Saturday 2:55 A.M. I chatted with a relative at 8:30 P.M.. I then went back to bed until 1:30 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 11/22/13 Friday 1:40 P.M. I chatted with a relative. I will now shut down the primary work computer. I will eat a day old muffin and a Greek yogurt. I will then go to bed. CIO

<888> 11/22/13 Friday 1:05 P.M. <http://jfkmurdersolved.com/>

<http://jfkmurdersolved.com/lois1.htm>

<http://mcadams.posc.mu.edu/3tramps.htm>

[http://mcadams.posc.mu.edu/tramps\\_hasca.htm](http://mcadams.posc.mu.edu/tramps_hasca.htm)

<http://www.spartacus.schoolnet.co.uk/JFKoildepletion.htm>

<http://www.viewzone.com/lbj/lbj2.html>

"[http://en.wikipedia.org/wiki/Clint Murchison, Sr.](http://en.wikipedia.org/wiki/Clint_Murchison,_Sr.)"

"[http://en.wikipedia.org/wiki/Clint Murchison, Jr.](http://en.wikipedia.org/wiki/Clint_Murchison,_Jr.)"

[http://en.wikipedia.org/wiki/Wealthiest Americans %281957%29](http://en.wikipedia.org/wiki/Wealthiest_Americans_%281957%29)

How times have changed. CIO

My Grandfather Scott used to say "Believe Nothing That You Hear, and Half of What You See." CIO

<888> 11/22/13 Friday 12:25 P.M. I chatted with myself for a while trying to sort out the Kennedy assassination conspiracy theories. There are some obvious facts, although JFK was president of the United States, he came from an Irish Catholic political back ground. In Ireland today, there are 4.5 million people and in Northern Ireland, there are 2.5 million people. I am not sure what proportion of them are Catholic or Protestant. Still it is a small political base world wide, even with the possibility of twice as many of those people in other countries of Irish descent or partial descent. JFK might have made Japanese enemies in World War II. He was also fighting the North Vietnamese at the time

of his assassination, and since Mao Tse Tung in his political career was responsible for about 40 million deaths, it is possibly that some Asian enemy was behind the assassination. I do know Texas is such a vast state and the Southern Democrats were in charge of both houses of Congress at the time, it might have been possible to fudge the investigation towards their own political ends.

We had a false fire alarm from cooking smoke about an hour ago. CIO

<888> 11/22/13 Friday 9:35 A.M. [A review of popular JFK conspiracy theories, from a pair of enthusiasts](#)

Today is [http://en.wikipedia.org/wiki/Charles\\_de\\_Gaulle](http://en.wikipedia.org/wiki/Charles_de_Gaulle) 's birthday. Maybe the French did it. I once read Joe Kennedy Senior was a pro German supporter during World War II. CIO

<888> 11/22/13 Friday 9:15 A.M. [President John F. Kennedy: in profile](#) CIO

!!!!!! <888> 11/22/13 Friday 8:25 A.M. <http://www.webmd.com/prostate-cancer/guide/cryotherapy-prostate-cancer-treatment> . CIO

<888> 11/22/13 Friday 7:25 A.M. [http://en.wikipedia.org/wiki/Vietnam War casualties](http://en.wikipedia.org/wiki/Vietnam_War_casualties) . CIO

<888> 11/22/13 Friday 7:05 A.M. [Ten tips for a cozy winter in Holland](#)

Sign up for the Canadian Prime Minister's Email at <http://pm.gc.ca/> .

[Gateway refurbished SX Series AMD Dual-Core Processor 6GB DDR3 500GB HDD Capacity Desktop PC Windows 8 64-Bit SX2110G-UW23 \(DT.GEPAA.002\) \\$169.99 plus free shipping and \\$10 mail in rebate](#)

[Esa's satellite Swarm to map Earth's magnetic field](#)

[Gamma-ray burst brightest ever seen](#)

[Tim Berners-Lee says 'surveillance threatens web'](#)

[Jumbo jet safely takes off from tiny Kansas airport](#)

[Volcanic eruption gives birth to 'new island' in Japan](#) CIO

<888> 11/22/13 Friday 6:25 A.M. I ate a 16 ounce Marie Callender sweet and sour chicken dinner with a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 11/22/13 Friday 5:40 A.M. I put away the laundry. CIO

<888> 11/22/13 Friday 4:40 A.M. I put clean linens on the bed. I showered, and I cleaned up. I started two loads of laundry, and I have 20 minutes to go on the dry cycles. I chatted with a new neighbor, and I helped him put some items in his car. I showed the new neighbor my apartment. I threw out the garbage and the old periodical literature. I watered the plants. CIO

<888> 11/22/13 Friday 12:50 A.M. I woke up at 8:30 P.M., and I chatted with a relative. I went back to bed until 11:15 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. When I was down in Washington D.C. back in 1989 for President George H.W. Bush's inaugural, I stopped by Christopher Shay's office in the House Office building near the Capitol. I recall one back then was able to smoke a cigarette in his office. The last time I was down to Washington D.C. as I recall was around 1990, and I toured the city on a zero degree Fahrenheit day. President Bush was in Argentina, when I toured the White House. I was wearing a new pair of shoes, and my feet ached when walking the Mall. The Botanical garden green house next to the Capitol was warm. As I recall the friend that I was traveling with went down to Virginia to go quail hunting. I took the Amtrak train back to this area. On the train back, I chatted with somebody from Lakeville, Connecticut. Once one goes north of New York City in this area, one tends to be in the North Country which is more similar to Canada than life below the Mason Dixon line. CIO

<888> 11/21/13 Thursday 2:40 P.M. I will now shut down the primary work computer. I will then eat a day old muffin. I will then go to bed. CIO

<888> 11/21/13 Thursday 2:20 P.M. I chatted with a relative and a friend. CIO

<888> 11/21/13 Thursday 1:45 P.M. I ate the half pound of crab meat salad with a 12 ounce glass of Schweppes Ginger Ale. However, from what I could tell, it was not real crab meat but imitation crab meat better known as lump fish from Alaska. Back in February 1978, when I quit my job at Le Vielle Maison in Boca Raton, Florida; where I was earning \$2.15 an hour before taxes; I took my last pay check which was slightly less than a \$100, and I hitchhiked down to the Fort Lauderdale airport, and I paid about \$84 for a round trip ticket on Eastern Airlines to Nassau in the Bahamas, where I thought I might get a job working on a sail boat. I was given a free ride into downtown Nassau by a taxi driver, and I walked the entire length of the main street with the straw market. I saw a branch of the Bank of Nova Scotia, so I deposited my \$50 Christmas check from my grandparents and opened an account. However, once I returned back to Key West, and I was low on money, I called up the Bank of Nova Scotia in Miami, and I had them send me funds to the First National Bank of Florida in Key West. I do not know if they closed out the Bank of Nova Scotia account in Nassau in the Bahamas or not. I do not travel anymore, because fat old men are suppose to have money, and they are not suppose to live off the local color of the area they happen to travel to. My father knew Huntington Hartford, so he visited Paradise Island formerly Hogg Island, when it first opened, and he mentioned playing cards with Gary Player. CIO

<888> 11/21/13 Thursday 1:05 P.M. I threw out the garbage. I went downtown, and I stopped by CVS. I picked up two prescriptions. I bought two half liter bottles of Listerine Total Protection Zero mouthwash for \$3.99 each and .51 tax for \$8.49 total. Since Bunny Mellon's family owned Listerine, I guess people with <http://www.bnymellon.com/> use Listerine. Verizon was putting in new cables at the top of Greenwich Avenue. I reminded the cable guys that it was a professor from India that invented optic fibers at the University of California at Santa Cruz. I think either Bausch and Lomb or Owens Corning make optic fibers, I can not remember which. Also as I recall the last time I was in Palm Beach, Florida was around September 1980, when I drove down to Florida with a friend and then across Interstate 10 to California to add additional support to the Reagan Campaign. I did notice one particular feature of Palm Beach. The Palm Beach Post Office Square is called "Scott Square", so somebody named Scott must have lived there at one time. I next drove further down Greenwich Avenue, and I sat out for a while. They have three large cement trucks lined up along side the Restoration Hardware former Greenwich Post Office project, so they are pouring a lot of cement today or possibly concrete. I then went by the Stop and Shop. I saw a small U-Haul trailer there pulling an SUV from Florida, so I guess somebody is moving up north for the winter, or possibly going the other way. I did not ask. I bought fresh bananas for .79 a pound for .92, two 16 ounce Marie Callender sweet and sour chicken dinners for \$2.49 each, a seafood crab meat salad for \$2.49, a four pack of day old muffins for \$2 for \$10.39 total. They have a lot of the Thanksgiving supplies on display at the Stop and Shop. I then returned home, and I put away my groceries. CIO

<888> 11/21/13 Thursday 10:30 A.M. I just woke up. I will now go downtown briefly to do a couple of errands. I chatted with a relative. CIO

<888> 11/21/13 Thursday 6:30 A.M. I searched [http://en.wikipedia.org/wiki/Palm\\_Beach,\\_Florida](http://en.wikipedia.org/wiki/Palm_Beach,_Florida) for persons of interest in the JFK assassination, but they all pretty much look innocent enough. In families in Palm Beach, they do not mention a lot of other prominent families like the Phipps, Fords, and Harrimans, and Gates. I will now take a nap. CIO

<888> 11/21/13 Thursday 5:40 A.M. [Global Volcanism Program | Smithsonian / USGS Weekly Volcanic Activity Report](#)

[Business Resources for Entrepreneurs with a Disability | ShoreTel Sky](#)

[Ronald Reagan Presidential Foundation and Library](#)

[Biltmore Wine Email Newsletter](#)

[New waterproof surface is 'driest ever'](#)

[Black Beauty rock 'is oldest chunk of Mars'](#)

[Eating nuts 'may prolong life'](#)

Ancient DNA from Siberian boy links Europe and AmericaDavid Cameron's Twitter account followed 'high-class escorts'Reporting JFK's assassination: A BBC correspondent's notes CIO

<888> 11/21/13 Thursday 4:40 A.M. I ate a 16 ounce Marie Callender chicken pot pie with a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 11/21/13 Thursday 4:05 A.M. I made 149 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching part 2 of "The Buccaneers". CIO

<888> 11/21/13 Thursday 1:55 A.M. I will now make cigarettes. CIO

<888> 11/21/13 Thursday 1:25 A.M. I once read the JFK even before he went into politics use to drive around Palm Beach and Florida in an armor platted bullet proof Lincoln Continental, which would indicate he had security problems even before his entry into politics probably from his family's involvement in the profitable boot legging business. CIO

<888> 11/21/13 Thursday 1:05 A.M. I threw out the garbage. I picked up the mail. I got my \$700 Connecticut Renter's Rebate Check. It may seem like a lot of money, but with my food stamps having been lowered from \$200 a month to \$168 a month, they are running out by the third week of the month, so I have to spend more of my own money on food, which I guess the Renter's Rebate Check money will go towards. CIO

<888> 11/21/13 Thursday 12:20 A.M. I will now shower and clean up. CIO

<888> 11/20/13 Wednesday 11:30 P.M. I chatted with a relative at 9 P.M.. I woke up at 10:30 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed.

When JFK was assassinated, I was in eighth grade Latin class at the Greenwich Country Day School with Mr. Woodhall teaching. A student named Andy Stevens was sitting behind me, and he was listening to a transistor radio, and when he told the class what had happened, Mr. Woodhall went out in the hallway and prayed. As I recall, school was dismissed for the day after the news. CIO

<888> 11/20/13 Wednesday 6:25 P.M. I woke up at 5:45 P.M., when a friend called. The friend who is 71 years old went hunting for deer in Great Barrington, Massachusetts this week, and he shot a eight point buck. He hurt himself dragging it out of the woods though. I guess he will have a lot of deer meat in his freezer.

The order with tracking of

<http://wwwapps.ups.com/WebTracking/processInputRequest?tracknum=1Z0372FE0351449902> and

[http://wwwapps.ups.com/WebTracking/track?HTMLVersion=5.0&loc=en\\_US&Requester=UPSHome&WBPM lid=homepage%2Fct1.html pnl trk&trackNums=1Z08910W0373605087&track.x=Track](http://wwwapps.ups.com/WebTracking/track?HTMLVersion=5.0&loc=en_US&Requester=UPSHome&WBPM lid=homepage%2Fct1.html pnl trk&trackNums=1Z08910W0373605087&track.x=Track) on the order for XX-Large

[http://www.josbank.com/menswear/shop/Product\\_11001\\_10050\\_334896](http://www.josbank.com/menswear/shop/Product_11001_10050_334896) for \$17.99 and [http://www.josbank.com/menswear/shop/Product\\_11001\\_10050\\_336546](http://www.josbank.com/menswear/shop/Product_11001_10050_336546) in XX-Large in Cordovan for \$17.99 and

[http://www.josbank.com/menswear/shop/Product\\_11001\\_10050\\_396171](http://www.josbank.com/menswear/shop/Product_11001_10050_396171) in XX-Large Khaki/Teal/Blu/Brwn for \$17.99 and \$3.42 tax for \$57.39 total with free shipping on over \$50 order arrived.

<http://www.prisonplanet.com/jfk-assassination-and-coverup-new-evidence-and-testimony-emerges.html> . CIO

<888> 11/20/13 Wednesday 10:55 A.M. I ate a 19 ounce Stouffer's meat lasagna with grated parmesan and Romano cheese on it along with a 12 ounce glass of Schweppes Ginger Ale. I will now shut down the primary work computer. I will then go to bed. CIO

<888> 11/20/13 Wednesday 9:25 A.M. I threw out the garbage. I chatted with a neighbor. Since I am a Republican Party member, I have limited contacts with democrat party members such as the Kennedys. At [www.lfc.edu](http://www.lfc.edu) a friend and a roommate my sophomore year was the next door neighbor of the Bobby Kennedy family in Hyannisport. When I lived in Boston and Nantucket, I would see a lot of Irish with the Kennedy family look. I saw Ted Kennedy a few times out on Nantucket. I also saw him 30 years ago, when I had left Nantucket for good on the Hyaline ferry to Hyannis, and the morning after the 20th anniversary of the assassination I saw him at Hyannis airport at about 6 A.M., and Jackie was on the plane that I took down to LaGuardia. I also use to see her around Manhattan, particularly since Fred's apartment on East 49th Street was near Random House where Jackie worked. Ted Kennedy was suppose to have an apartment in the building on the East Side of First Avenue between 54th and 55th street. I also spent a lot of time at the Metropolitan Museum of Art which was across the street from Jackie's apartment. Also a relative in Vero Beach was a neighbor of JFK Jr., when he took flight lessons down there. With John Junior there was the Lycee Francaise near his mother's apartment building and the two hundred students there all had his same look, so I guess he blended in. CIO

<888> 11/20/13 Wednesday 8:20 A.M. I do not know much about the Kennedy assassination. I watched the television news reports at the time, and the following year, I read a number of Life Magazine articles on the event. I do recall Life Magazine printing an article that a couple of dozen witnesses to the assassination died mysteriously shortly there after. Around 1971, I read Mark Lang's book on the Kennedy assassination. Over the years there are lots of news stories about different suspects and conspiracies. It is documented fact that the foreign and domestic militaries and intelligence agencies have

snipers and hit teams, so it could have been any of a number of different players or just as the Warren report covered the event. I never read the Warren report. CIO

<888> 11/20/13 Wednesday 7:15 A.M. I ate a Greek yogurt. I will now shower and clean up.

<http://jfkmurdersolved.com/jfkwhy.htm> CIO

<888> 11/20/13 Wednesday 6:25 A.M. <http://www.foodbanklfc.org/> . CIO

<888> 11/20/13 Wednesday 6:20 A.M. NOAA Weather Warning is still not working in the New York City area <http://www.erh.noaa.gov/okx/products/static.txt> . CIO

<888> 11/20/13 Wednesday 6:15 A.M. I just woke up. CIO

<888> 11/20/13 Wednesday 3:30 A.M. I reheated and ate the chicken and mashed potato dinner with Smart Balance Spread and extra virgin olive oil on the mashed potatoes and a 12 ounce glass of Schweppes Ginger Ale. I will now rest for a while. CIO

<888> 11/20/13 Wednesday 2:50 A.M. [U-series Symposium, Sydney, 2014](#)

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three [http://www.ebay.com/itm/Premier-Light-100s-Cigarette-Tubes-5-Boxes-1000-Tubes-filtered-tubes-RYO/151169143703?\\_trksid=p2047675.m1850&\\_trkparms=aid%3D222002%26algo%3DSIC.FIT%26ao%3D1%26asc%3D11%26meid%3D2815818418460081338%26pid%3D100011%26prg%3D1005%26rk%3D1%26rkt%3D5%26sd%3D151138570566%26](http://www.ebay.com/itm/Premier-Light-100s-Cigarette-Tubes-5-Boxes-1000-Tubes-filtered-tubes-RYO/151169143703?_trksid=p2047675.m1850&_trkparms=aid%3D222002%26algo%3DSIC.FIT%26ao%3D1%26asc%3D11%26meid%3D2815818418460081338%26pid%3D100011%26prg%3D1005%26rk%3D1%26rkt%3D5%26sd%3D151138570566%26)

for \$16.95 each and \$7.45 shipping for \$58.30 total.

[Comet Ison brightens, but no fireworks so far](#) CIO

<888> 11/19/13 Tuesday 11:35 P.M. Tracking is <http://wwwapps.ups.com/WebTracking/processInputRequest?tracknum=1Z0372FE0351449902> on the order for the other two sweaters in XX-Large [http://www.josbank.com/menswear/shop/Product\\_11001\\_10050\\_334896](http://www.josbank.com/menswear/shop/Product_11001_10050_334896) for \$17.99 and [http://www.josbank.com/menswear/shop/Product\\_11001\\_10050\\_336546](http://www.josbank.com/menswear/shop/Product_11001_10050_336546) in XX-Large in Cordovan for \$17.99. CIO

<888> 11/19/13 Tuesday 11:05 P.M. I woke up at 8:30 P.M.. I chatted with a relative. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 11/19/13 Tuesday 1:00 P.M. <http://www.greenwichtime.com/news/article/Couple-arrested-on-gun-charges-in-Greenwich-4992234.php>

<http://blog.ctnews.com/hottopics/2013/11/19/martha-stewart-is-grossing-out-the-internet-right-now/>

I will now shut down the primary work computer, and I will go to bed. CIO

<888> 11/19/13 Tuesday 12:35 P.M. <http://dealnews.com/features/9-Things-That-Are-Surprisingly-Less-Dangerous-Than-Frying-a-Turkey/901766.html> CIO

<888> 11/19/13 Tuesday 11:55 A.M. I bought three <http://www.ebay.com/itm/Premier-Light-100s-Cigarette-Tubes-5-Boxes-1000-Tubes-filtered-tubes-RYO/151169143703?trksid=p2047675.m1850&trkparms=aid%3D222002%26algo%3DSIC.FIT%26ao%3D1%26asc%3D11%26meid%3D2815818418460081338%26pid%3D100011%26prg%3D1005%26rk%3D1%26rkt%3D5%26sd%3D151138570566%26>

for \$16.95 each and \$7.45 shipping for \$58.30 total.

I reheated and ate the chicken and mashed potato dinner with Smart Balance Spread and extra virgin olive oil on the mashed potatoes and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 11/19/13 Tuesday 10:40 A.M. I threw out the garbage. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. They are putting the Holiday Lights on the trees downtown or at least in front of Saks. They are also raking the leaves on the Greenwich Common. I stopped by CVS, and I bought two half liters of Listerine Total Protection for \$3.99 each and a 7.2 ounce Edge Ultra Sensitive shave gel for \$3.49 and .73 tax for \$12.20 total. I then bought a 16 ounce bag of CVS salted almonds for \$5 and two 12 ounce Gold Emblem honey for \$2.99 each less \$4 bonus bucks from the previous purchase for \$10.97 total. I then finished my walk, and I sat out for a while. I then went by the Stop and Shop. I bought a five quart pack of powdered milk for \$6.49, a 64 ounce Ocean Spray cranraspberry juice for \$2.50, a 64 ounce Ocean Spray crangrape juice for \$2.50, a two pound bag of baby carrots for \$3.29, bananas for .79 a pound for .62, a 24 ounce Simply Mashed mashed potatoes for \$2.50, a 12 ounce package of Purdue Italian chicken cutlets for \$3.34, two 16 ounce Marie Callender chicken pot pies for \$2.50 each, a half dozen Egglard large eggs expire December 18, 2013 for \$2.35, a six pack of Stop and Shop English muffins for \$1.69, and two prepared chicken and mashed potato meals for \$1.99 each for \$34.26 total. I then returned home, and I carried up my groceries, and I put them away. CIO

<888> 11/19/13 Tuesday 6:45 A.M. I will now dress up warmly. I will then go downtown for one of my regular walks. CIO

<888> 11/19/13 Tuesday 6:05 A.M. I went to bed after the last note. I just woke up. CIO

<888> 11/19/13 Tuesday 3:05 A.M. I ate a 14 ounce Marie Callender chicken pot pie with a 12 ounces of mashed sweet potatoes with Smart Balance spread and extra virgin olive oil and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 11/19/13 Tuesday 1:25 A.M. Tracking is  
[http://wwwapps.ups.com/WebTracking/track?HTMLVersion=5.0&loc=en\\_US&Requester=UPSHome&WBPM\\_lid=homepage%2Fct1.html\\_pnl\\_trk&trackNums=1Z08910W0373605087&track.x=Track](http://wwwapps.ups.com/WebTracking/track?HTMLVersion=5.0&loc=en_US&Requester=UPSHome&WBPM_lid=homepage%2Fct1.html_pnl_trk&trackNums=1Z08910W0373605087&track.x=Track)

on one of the three sweaters  
[http://www.josbank.com/menswear/shop/Product\\_11001\\_10050\\_396171](http://www.josbank.com/menswear/shop/Product_11001_10050_396171) in XX-Large Khaki/Teal/Blu/Brwn for \$17.99.

Email - Our New Catalog Has Arrived-15% OFF 2 Days Only! - Ronald Reagan Presidential Foundation and Library

Donate Funds | Online Donations | Giving to American Red Cross

VESUVIUS 2014

Etna volcano New SE crater paroxysm 16-17 Nov 2013

Mount Etna eruption lights up Sicily skies CIO

<888> 11/19/13 Tuesday 12:25 A.M. I showered, and I cleaned up. CIO

<888> 11/18/13 Monday 11:40 P.M. I woke up at 11:10 P.M.. CIO

<888> 11/18/13 Monday 9:20 P.M. I chatted with a relative twice. I will now rest some more. I guess my biological clock is changing with the colder weather sending me into Norwegian hibernation mode. CIO

<888> 11/18/13 Monday 8:15 P.M. I threw out the garbage. I picked up the mail. The order with tracking of USPS.com® - USPS Tracking™ on the order for <http://www.ebay.com/itm/like/321244930930> Microsoft Wireless Mobile Mouse 1100 for \$9.99 with free shipping and .63 tax for \$10.62 total arrived. I put a new 9 Volt CVS alkaline battery in the smoke detector above the living room dining table. CIO

<888> 11/18/13 Monday 7:30 P.M. I woke up at 6:30 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 11/18/13 Monday 10:45 A.M. Time Celebrates the Rothschilds Family when 4 weeks after JFK assassination!!

I will now rest some more. CIO

<888> 11/18/13 Monday 10:10 A.M. I ate one ounce of almonds. I also drank 12 ounces of 50% punch and 50% Schweppes Ginger Ale. CIO

<888> 11/18/13 Monday 10:00 A.M. <http://www.prisonplanet.com/stabilized-footage-of-jfk-assassination-shows-car-slowed-down-before-head-shot.html> CIO

<888> 11/18/13 Monday 8:15 A.M. I ordered in XX-Large [http://www.josbank.com/menswear/shop/Product 11001 10050 334896](http://www.josbank.com/menswear/shop/Product_11001_10050_334896) for \$17.99 and [http://www.josbank.com/menswear/shop/Product 11001 10050 336546](http://www.josbank.com/menswear/shop/Product_11001_10050_336546) in XX-Large in Cordovan for \$17.99 and [http://www.josbank.com/menswear/shop/Product 11001 10050 396171](http://www.josbank.com/menswear/shop/Product_11001_10050_396171) in XX-Large Khaki/Teal/Blu/Brwn for \$17.99 and \$3.42 tax for \$57.39 total with free shipping on over \$50 order. CIO

<888> 11/18/13 Monday 7:25 A.M. I threw out the garbage. I chatted with a neighbor. CIO

<888> 11/18/13 Monday 6:10 A.M. I woke up at 5:50 A.M.. I heard rain outside while I was asleep. I drank a 12 ounce glass of [www.coke.com](http://www.coke.com) . I will now shower and clean up. CIO

<888> 11/18/13 Monday 3:45 A.M. I will now rest some more. A low pressure weathere system coming in tends to make me tired, since I have low blood pressure. CIO

<888> 11/18/13 Monday 3:35 A.M. I woke up at 3:15 A.M., when the NOAA weather radio went off with a faint message that I could hardly hear. [http://forecast.weather.gov/showsigwx.php?warnzone=CTZ009&warncounty=CTC001&firewxzone=CTZ009&local\\_place1=3+Miles+N+Norwalk+CT&product1=Severe+Thunderstorm+Watch#.UonQfifWZXk](http://forecast.weather.gov/showsigwx.php?warnzone=CTZ009&warncounty=CTC001&firewxzone=CTZ009&local_place1=3+Miles+N+Norwalk+CT&product1=Severe+Thunderstorm+Watch#.UonQfifWZXk) CIO

<888> 11/18/13 Monday 2:05 A.M. I ate a ham and Swiss and American cheese sandwich on 15 grain whole wheat bread with Hellmann's olive oil mayonnaise and Utz wavy potato chips and a dill pickle slice and a 12 ounce glass of Schweppes Ginger Ale. I will now rest some more. CIO

<888> 11/18/13 Monday 1:20 A.M. [GHS may add two computer science classes](#)

<http://www.ncsa.illinois.edu/>

<http://illinois.edu/> CIO

<888> 11/18/13 Monday 1:05 A.M. I woke up at 12:45 A.M.. CIO

<888> 11/17/13 Sunday 10:45

P.M. <http://www.greenwichtime.com/news/slideshow/Downton-Abbey-Get-ready-for-Season-4-74238.php> I think I have only watched seasons 1 and 2, so possibly I missed season 3. I will now rest some more. CIO

<888> 11/17/13 Sunday 10:35 P.M. I woke up at 10:15 P.M.. I ate one ounce of almonds. CIO

<888> 11/17/13 Sunday 8:50 P.M. I chatted with a relative. I will now rest some more. CIO

<888> 11/17/13 Sunday 8:25 P.M. One never sees any Nordic people around here anymore. The last time I saw a large group of Nordic people was about 25 years ago in the summer outside of <http://newportscoop.com/restaurants/christies.html> in Newport, Long Island. I guess there are so few of them up north anymore and with the recession, they can not afford to get together in large groups anymore. CIO

<888> 11/17/13 Sunday 8:10 P.M. [Princeton University meningitis outbreak prompts vaccine import to New Jersey](#) . CIO

<888> 11/17/13 Sunday 7:50 P.M. <http://www.polarbearsinternational.org/> . CIO

<888> 11/17/13 Sunday 7:25 P.M. Bad weather in the country.

<http://www.news-gazette.com/>

[Deadly tornadoes hit Illinois, Indiana, Kentucky](#) CIO

<888> 11/17/13 Sunday 6:45 P.M. I woke up at 5:30 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

End of Scott's Notes week of 11/17/13

<888> 11/17/13 Sunday 6:45 A.M. I ate two ounces of almonds. I will now send out my weekly notes. I will then shut down the primary work computer. I will eat a Greek yogurt. I will then go to bed. CIO

<888> 11/17/13 Sunday 5:05 A.M. [http://thepeakofchic.blogspot.com/2011/03/whats-in-their-library-adam-lewis-part\\_23.html](http://thepeakofchic.blogspot.com/2011/03/whats-in-their-library-adam-lewis-part_23.html)

<http://www.ct.gov/dot/cwp/view.asp?a=2354&q=415220> CIO

<888> 11/17/13 Sunday 4:15 A.M. [A Russian GPS Using U.S. Soil Stirs Spy Fears - NYTimes.com](#)

[Criminal gangs targeting high-value works of art in UK](#)

[Trending: Why Jim Wolf's makeover video went viral](#) CIO

<888> 11/17/13 Sunday 3:15 A.M. I ate 8 ounces Purdue chicken Italian strips and steamed baby carrots and 12 ounces of mashed sweet potatoes with Smart Balance Spread and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Splenda sweetener and Borden lemon juice. CIO

<888> 11/17/13 Sunday 2:20 A.M. I made 221 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching part 2 of "Wuthering Heights" and part 1 of "The Buccaneers". CIO

<888> 11/16/13 Saturday 11:10 P.M. I threw out the garbage. I picked up the mail. I will now make cigarettes. Basically my viewpoint on smoking cigarettes is based on experience. Eisenhower and Roosevelt smoked cigarettes and Churchill smoked cigars and Hitler did not smoke, and we all know whom won. CIO

<888> 11/16/13 Saturday 10:10 P.M. I will now shower and clean up. CIO

<888> 11/16/13 Saturday 9:50 P.M. I chatted with a relative. The new shoes looks just great. I will now have a pair of black shoes to wear if I am wearing darker pants or my new black overcoat. I once saw Joe Nameth walking downtown in a long black overcoat at night, and he looked like a formidable character. CIO

<888> 11/16/13 Saturday 8:45 P.M. I chatted with a relative at 4 P.M.. The order with tracking of [USPS.com® - USPS Tracking™](#) on the order for <http://www.jimmyjazz.com/mens/footwear/reebok-workout-mid-ice-sneaker/V45685?color=Black> for \$44.95 in size 9.5 but for \$35 with coupon code AJ99 with free shipping for \$35 total arrived. I finally work up at 7:30 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 11/16/13 Saturday 6:00 A.M. I ate four ounces of Utz potato chips. I will now shut down the primary work computer, and I will go to bed soon. I will first eat a Greek yogurt. CIO

<888> 11/16/13 Saturday 5:55 A.M. He does sort of look like the Duke of Windsor <http://www.architecturaldigest.com/architecture/archive/baldwin> article 012000

[http://www.amazon.com/s/ref=nb\\_sb\\_noss\\_1?url=search-alias%3Daps&field-keywords=billy%20baldwin&srefix=billy+bald%2Caps&rh=i%3Aaps%2Ck%3Abilly%20baldwin](http://www.amazon.com/s/ref=nb_sb_noss_1?url=search-alias%3Daps&field-keywords=billy%20baldwin&srefix=billy+bald%2Caps&rh=i%3Aaps%2Ck%3Abilly%20baldwin) . CIO

<888> 11/16/13 Saturday 5:15 A.M. One of the reasons the Duke of Windsor [http://en.wikipedia.org/wiki/Duke\\_of\\_Windsor](http://en.wikipedia.org/wiki/Duke_of_Windsor) was sort of interesting besides what we know is that one of his best friends in the Bahamas was murdered, but the friend was one of the wealthiest people in the world owning a large gold mining facility somewhere up in Canada. Royalty tend to attract wealthy people and also criminals. CIO

<888> 11/16/13 Saturday 4:15 A.M. I called up the Scottish Police at 44-1786-289-070 <http://www.scotland.police.uk/contact-us/> , and I gave them a little bit of information based on what I know. They suggested that I contact our local police which I did.

I posted this note:

On a minor matter on my personal affairs. For 23 years, my computers and web sites have been constantly hacked. Since my server has little or no traffic, it always bothered me why anyone would waste their time. It did make me an expert at restoring hacked computers systems with a good backup program which take less than a half hour. Still what was the motive? I do live around IBM. However, I once lived in Key West in the winters of 1976 to 1978 and returned briefly in 1982. In the summers in that period when not in the New York area I was in Nantucket. My stepfather's diseased brother Gifford Agnew had a vacation house in Bequia. People in my public housing project visit Bequia. People I knew in Nantucket would go to Bequia, and I see it on the news with John McAfee. Still if someone with contacts in Bequia does not like me running my servers why would they waste so much time hacking me? I think John Kerry also has a house in Bequia.

My web sites are.

["http://mikelouisscott.com/"](http://mikelouisscott.com/)

["http://mikelouisscottcom.cv.siteprotect.net/"](http://mikelouisscottcom.cv.siteprotect.net/)

I did visit Tobago for three weeks in the winter of 1970 and 1971.

Possibly someone with a Scottish connection in Bequia that does not like me.

I know a lot of people come up north in the winter and have a hard time, but that is not my responsibility. It is equally hard for us that live here.

Michael Scott  
71 Vinci Drive, Apt. 206  
Greenwich, Ct. 06830-2902  
U.S.A.

End of Note:

at [https://www.cia.gov/cgi-bin/comment\\_form.cgi](https://www.cia.gov/cgi-bin/comment_form.cgi) . CIO

<888> 11/16/13 Saturday 2:20 A.M. [Email - Watch the Reagan National Defense Forum Live - Ronald Reagan Presidential Foundation and Library](#)

[just4airlines.com](http://just4airlines.com)

**Department of Mineral Sciences**

**Smithsonian Fellowships and Internships | Internships and Fellowships at the Smithsonian**

**Merritt Parkway Construction Note:**

Dear Friends and Neighbors,

The Connecticut Department of Transportation is announcing that a temporary barrier is being installed along the right shoulders on Route 15 in Stamford and New Canaan. The barrier work will begin in the southbound direction just north of the Exit 37 off ramp in New Canaan starting Monday night, November 18.

The project limits extend from the Greenwich town line in Stamford just north of Exit 31, North Street, to the vicinity of Exit 37, Route 124 (South Avenue) in New Canaan.

**LANE CLOSURE INFO –**

**Route 15 NB**

**Monday-Thursday 8 PM to 6 AM**

**Friday 8 PM to 11 AM Saturday**

**Saturday 7 PM to 10 AM Sunday**

**Sunday 8 PM to 6 AM Monday**

**Route 15 SB**

**Monday-Thursday 7 PM to 6 AM following day**

**Friday 7 PM to 9 AM Saturday**

**Saturday 7 PM to 10 AM Sunday**

**Sunday 9 PM to 6 AM Monday**

**Ramp Areas**

**Monday – Friday 10 AM TO 2 PM and 7 PM to 6 AM**

**Other Roadways**

**Monday – Friday 9 AM to 3 PM and 6 PM to 6 AM**

**Saturday and Sunday 6 PM to 10 AM**

**If you have any questions about this or any other state office, please feel free to contact me.**

**Best Regards,**

**Livvy Floren**

**State Representative for the 149th District**

End of Note:

**It's not about Windows: The repairable PC is dead CIO**

<888> 11/16/13 Saturday 1:45 A.M. I chatted with <http://www.cityoflondon.police.uk/CityPolice/Contact/> at 44-020-7601-2222 , and they told me they are not interested in <http://en.wikipedia.org/wiki/Bequia> matters. CIO

<888> 11/16/13 Saturday 1:15 A.M. I chatted with <http://www.marriott.com/hotels/travel/nycex-jw-marriott-essex-house-new-york/> about some past family business. They seemed to know who I was. CIO

<888> 11/16/13 Saturday 12:25 A.M. I chatted with the <https://www.google.com/#q=Key+West+Police+Department> at 1-305-809-1000 , and I left a message with their detective bureau on the Bequia situation based on what I know. I also mentioned that I read in the Taft School <http://www.taftschool.org/> alumni magazine back in 1973 that Joe Logan the head of the Physics Department and the Basketball Coach had been found murdered in a cheap motel room in Key West, but when I was down there; I did not find out anymore. The only person that I knew who had been to Key West before I first visited with the son of a John Hancock Insurance Executive from Cheshire, Connecticut on Halloween in 1976 was Rob Glore from Lake Forest, Illinois who went down there in September 1972 and established a craft shop and some time before I got down there Myles McGough from Katonah, New York was living with Jimmy Buffet. Also Fred Von Mierers had been down there before I met him in October 1973, and Fred once introduced me to Tennessee Williams on East 52nd Street as a neighbor of his. I never recognized him down in Key West though, if they were there, when I was there. My father Louis Dale Scott's first wife whom will remain unnamed was from a family that a business with a small branch office in Key West, and the business was the Household Finance Company which was bought out a few years ago by <http://www.hsbc.com/> , so as usual some banker somewhere in the world made money off of our efforts to rebuild the island community while I was there. I actually did my usual thing down there which is walking around and talking to people. I do know the <http://www.axa-equitable.com/home.html> financed the rebuilding of the Case Marina Hotel for Bill Marriott. They had a big sign in front of the hotel nobody could miss. I also know one of the people I knew down there was from a family that owned the largest chain of banks in Florida that nobody seems to know about back then. Also as I recall there were a lot of government people down there, because there were very cold winters up north, so the government with 140 miles of new four lane highway in the Florida Keys was spending a lot of money. As usual with construction, the local people thought the construction people were the security people, which is not always the case. CIO

<888> 11/15/13 Friday 10:40 P.M. I chatted with a relative. I ate a 16 ounce Pepperidge Farm chicken pot pie with a 12 ounce glass of Schweppes Ginger Ale. I chatted with an out of town security agency about the computer problems that I have had for a long time. It had just occurred to me that the problems might have their source in <http://en.wikipedia.org/wiki/Bequia> , since besides John McAfee being down there, I know

of a number of other people in this area around [www.ibm.com](http://www.ibm.com) that have places in Bequia, and it is an established fact that the Watson family of IBM also had a place nearby in Antigua. It sounds like they went native down there and are out of touch with what is happening in the real world around here for better or worse. At IBM sailing is just a hobby, it does not pay the bills, if you get my drift. CIO

<888> 11/15/13 Friday 8:25 P.M. It says he can teach you how to drive a Porsche <https://www.porschedriving.com/Instructor-Details.aspx?id=106> , but I was never big on having the gasoline tank in the front of the car. Still he could probably get you some place fast if you needed to go there by ground. We could start a new race across country from the Greenwich, Connecticut <http://new-country.porschedealer.com/> to [www.microsoft.com](http://www.microsoft.com) in Redmond, Washington. Bill Gates' people have advertised he likes driving a Porsche, so they might sponsor it. Of course I never travel, because I get motion sickness after not traveling too much for so many years, but there are probably some people willing to make the sacrifice to make the trip out west to see them all sitting in their informal attire at their local [www.starbucks.com](http://www.starbucks.com) or whatever they do. CIO

<888> 11/15/13 Friday 7:40 P.M. I went out, and I threw out the garbage. I chatted with a neighbor. I went to my 1:30 P.M. appointment. I then went downtown to Greenwich Avenue. I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I chatted with a local business person at the Greenwich Train Station who might know more than I do. On the way up Greenwich Avenue, I used the bathroom at the Senior and the Arts Center. They have remodeled the men's room on the ground floor, so it does not have the hot radiator going all of the time. I stopped by CVS, and I bought two 16 ounce bags of CVS salted almonds for \$5 each for \$10 total. On the way down Greenwich Avenue, I stopped by the AT&T store, and they told me the simm card from my Nokia Go Phone would work in a Samsung Galaxy Express phone they sell there for \$250. I chatted with another cigarette smoker outside the Gingerman restaurant. I used the bathroom again at the Senior and the Arts center. I then went by the Greenwich Library, and I chatted a while with one reference librarian. I chatted with a Ferrari driver in the parking lot. I then went by the Stop and Shop, and I bought a 48 ounce Quaker Old Fashioned Oats for \$4.99, a 10 ounce bottle of Kikkoman soy sauce for \$2.59, bananas for .79 a pound for \$1.73, a 24 ounce Simply Mashed mashed potatoes for \$2.50, a 12 ounce package of Purdue Italian chicken cutlets for \$3.34, two 14 ounce Marie Callender chicken pot pies for \$2.50 each, a four pack of 6 ounce Chaboni blueberry Greek yogurt for \$4.29, and a peach one for \$4.29, a loaf of Pepperidge Farm 12 grain bread for \$2.99, and a six pack of Stop and Shop English muffins for \$1.69 less .70 can return for \$32.71 total. I then returned home, and I picked up the mail. I put away the groceries. I wore my new Timberland shoes today, and my left foot heel is hurting just a little bit. CIO

<888> 11/15/13 Friday 11:35 A.M. I woke up at 11 A.M., and the building custodian was in my apartment checking the emergency pull cord system and the smoke alarms. I did not hear the door bell. While I was sleeping, I could hear the pneumatic drill again outside, and it sounded like they are tearing down more of the brick wall at the front entrance of the building. I chatted with a relative. I will now get ready for my 1:30 P.M.

appointment. I dress up for my appointments, since it is about the only time I have a chance to dress up, since Greenwich, Connecticut is so informal anymore. CIO

<888> 11/15/13 Friday 8:50 A.M. Prince Charles cuts his cake to celebrate his 65th birthday in India

Camilla: happy birthday Prince Charles, you're exhausting

Prince Charles: The heir at 65

Happy birthday Prince Charles! Royal grandpa turns 65

I will now rest a while. CIO

<888> 11/15/13 Friday 7:25 A.M. I woke up at 6:30 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted bagel with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 11/15/13 Friday 2:20 A.M. I ate two 3 ounce Purdue chicken cutlets and steamed baby carrots and 10 ounces of garlic mashed potatoes with Smart Balance Spread and extra virgin olive oil with a large sliced tomato seasoned with garlic powder, Italian spices, celery salt, white vinegar, extra virgin olive oil, and grated parmesan and Romano cheese and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Splenda sweetener and Borden lemon juice. I will now go back to bed. I have a 1:30 P.M. appointment today. CIO

<888> 11/15/13 Friday 1:05 A.M. Air France Winter Savers, including New York to Istanbul for \$580, but don't break the law there. CIO

<888> 11/15/13 Friday 12:25 A.M. I put away the laundry. In Cayo Hueso <http://www.liveduvalstreet.com/>, they only do laundry on rainy days, so if it does not rain for a while, things begin to smell a little bit ripe. They have about 25 coin laundromats down there. The most famous one is the Margaret Truman laundromat. CIO

<888> 11/14/13 Thursday 11:50 P.M. Email - Live Webcast: with Mark Halperin and John Heilemann, Friday 6pm PST - Ronald Reagan Presidential Foundation and Library

DNA hint of European origin for dogs

Forest change mapped by Google Earth

Quantum memory 'world record' smashed

Google wins digital library legal battle CIO

<888> 11/14/13 Thursday 11:05 P.M. I have 55 minutes to go on two dry cycles. CIO

<888> 11/14/13 Thursday 10:40 P.M. I put clean linens on the bed. I showered, and I cleaned up. I started two loads of laundry, and I have 10 minutes to go on the wash cycles. I threw out the garbage and the old periodical literature. I watered the plants. CIO

<888> 11/14/13 Thursday 9:00 P.M. I chatted with a relative. CIO

<888> 11/14/13 Thursday 8:10 P.M. I woke up at 7 P.M.. I picked up the mail. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted bagel with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. CIO

<888> 11/14/13 Thursday 10:00 A.M. Basically in Europe, everything is a lot more regimented than in America. I will now just down the primary work computer and eat a Greek yogurt and go to bed. CIO

<888> 11/14/13 Thursday 9:25 A.M. I got my hammer back from my neighbor. In the news business, one has to take the Swiss Neutral viewpoint in order to get all viewpoints on the subject matter. I have been to Switzerland a couple of times back in the winter of 1972 and the winter of 1992, and I was able to chat a little bit with my five years of American prep school French. The [www.un.org](http://www.un.org) also has major offices in Geneva, Switzerland along with quite a large number of banks. Still if one lives out of town up in the mountains in Switzerland like Greenwich, Connecticut; one still has to worry about Mountain Lions and other wild varmints. CIO

<888> 11/14/13 Thursday 8:55 A.M. <https://www.gov.uk/government/news/first-rivet-joint-aircraft-delivered-to-the-uk> . CIO

<888> 11/14/13 Thursday 8:50 A.M. Not too busy on I-95  
<http://www.ct.gov/dot/cwp/view.asp?a=2354&q=415220> . I ate three ounces of almonds. CIO

<888> 11/14/13 Thursday 8:05 A.M. [http://en.wikipedia.org/wiki/Saint\\_Sava](http://en.wikipedia.org/wiki/Saint_Sava)

[http://en.wikipedia.org/wiki/Peter\\_II\\_of\\_Yugoslavia](http://en.wikipedia.org/wiki/Peter_II_of_Yugoslavia)

[http://en.wikipedia.org/wiki/Alexander,\\_Crown\\_Prince\\_of\\_Yugoslavia](http://en.wikipedia.org/wiki/Alexander,_Crown_Prince_of_Yugoslavia) CIO

<888> 11/14/13 Thursday 7:35 A.M. While at [www.lfc.edu](http://www.lfc.edu) , I attended the funeral of Peter II of Yugoslavia in Libertyville, Illinois [http://en.wikipedia.org/wiki/Libertyville,\\_Illinois](http://en.wikipedia.org/wiki/Libertyville,_Illinois) . CIO

<888> 11/14/13 Thursday 7:25 A.M. Once the green tea steeps for about ten minutes, I will drink a cup of green tea with Splenda sweetener and Borden's lemon juice. I currently

weigh 235 pounds, so I probably should try to eat less to lose a little bit of weight which would make it easier for walking downtown, when ever I decide to try to do it again. Of course after walking Greenwich Avenue regularly for thirty years, I figure the younger generation needs the exercise, and they should get away from their electronic devices and see if anything is happening in the real world around here. There are probably some people still raking leaves around here this time of year. With all of the younger and older people in town, the able body middle age people should be able to find something to keep them busy around here. Since I have a comfortable work environment at home, I do not need to use the [www.greenwichlibrary.org](http://www.greenwichlibrary.org) as frequently as I once did in the past. However, if one is not too familiar with computers in the old wing on the ground floor just west of the bathrooms, they have a whole aisle of computer books that some novices might find interesting on the topic of computers. There is more to personal computers than just turning them on and off. CIO

<888> 11/14/13 Thursday 7:00 A.M. I chatted with a friend. I threw out the garbage. CIO

<888> 11/14/13 Thursday 5:25 A.M. [At a Philippine Hospital, Survivors Face Quiet Despair - NYTimes.com](#)

[IBM to Announce More Powerful Watson via the Internet - NYTimes.com](#)

[EMERGENCY: Help elderly victims of Typhoon Haiyan - AARP Foundation](#)

[Global Volcanism Program | Smithsonian / USGS Weekly Volcanic Activity Report](#)

[VolcanoDiscovery: volcano adventure tours & travel - Stromboli glows after a larger than normal eruption. \(Photo: mlyvers\) - Dancing With The Light Of A Million Mornings Kawah Ijen, East Java, Indonesia \(Photo: JessyEykendorp...](#)

Tracking is [USPS.com® - USPS Tracking™](#) on the order for <http://www.ebay.com/itm/like/321244930930> Microsoft Wireless Mobile Mouse 1100 for \$9.99 with free shipping and .63 tax for \$10.62 total.

[Typhoon Haiyan: US carrier to boost relief effort](#)

[2013 'one of warmest' on record](#)

[Iran develops sea rescue drone prototype in Tehran](#) CIO

<888> 11/14/13 Thursday 4:35 A.M. When I was at [www.lfc.edu](http://www.lfc.edu) from 1968 to 1972, for the last two years, I rented the Farm in Knollwood, Illinois with three other roommates. At Lake Forest College, when I got bored, I would occasionally drive down to O'Hare airport at night 25 minutes away and watch all of the travelers. Late at night on the Farm usually after Midnight if we were hungry, we would drive just west of the Farm to Interstate 94 that ran from Chicago to Milwaukee and at the exit and entrance ramps near Libertyville, Illinois; there was the Harvey's Oasis rest area. They would serve a big Farmer's

breakfast with three scrambled eggs, toast with butter, bacon, ham and sausages and hash brown potatoes, coffee and orange juice for about \$3. We would then sit there observing all of the late night travelers in the Midwest. The Farm was also near the International Harvester <http://www.navistar.com/navistar/> factory in Libertyville, Illinois, where they made farm equipment and during World War II, they also made Army tanks there. CIO

<888> 11/14/13 Thursday 3:40 A.M. I ate a 16 ounce Hungry-Man chicken bourbon dinner with Smart Balance Spread and extra virgin olive oil on the vegetables and a 12 ounce glass of 50% punch and 50% Schweppes Ginger Ale. I will now shower and clean up. CIO

<888> 11/14/13 Thursday 2:35 A.M. I woke up at 2:20 A.M.. CIO

<888> 11/13/13 Wednesday 10:40 P.M. I woke up at 10:20 P.M.. I ate one ounce of almonds and a 12 ounce glass of 50% punch and 50% Schweppes Ginger Ale. I will now go back to bed. CIO

<888> 11/13/13 Wednesday 7:45 P.M. I chatted with a relative. CIO

<888> 11/13/13 Wednesday 7:20 P.M. I ate a ham and Swiss cheese sandwich on 15 grain whole wheat bread with Hellmann's olive oil mayonnaise and Utz wavy potato chips and a dill pickle slice and a 12 ounce glass of Schweppes Ginger Ale. I am a bit tired, so I will go back to bed. CIO

<888> 11/13/13 Wednesday 6:15 P.M. I turned on the heat this morning. I set the living room thermostat at 72 degrees Fahrenheit, and I turned on the tower fan on the window ledge to blow the heat around. I set the bedroom thermostat at 70 degrees Fahrenheit, and I turned on the small fan to blow the heat around. CIO

<888> 11/13/13 Wednesday 6:15 P.M. I picked up the mail. CIO

<888> 11/13/13 Wednesday 6:00 P.M. The Timberland shoes fit just fine. However, I like to double tie my shoes; so they should make the shoe laces a few inches longer on either side for people whom like to double tie their shoes. More at regular price are available here <http://www.jimmyjazz.com/mens/brands/timberland> CIO

<888> 11/13/13 Wednesday 5:30 P.M. I made two extra copies of the Seagate Disk Wizard CD to have available. CIO

<888> 11/13/13 Wednesday 5:15 P.M. I woke up at 4:30 P.M.. The order with tracking of Track your package or shipment with FedEx Tracking on the order for <http://www.jimmyjazz.com/mens/footwear/timberland-3-eye-classic-lug-shoe/50009?color=Burgundy> in size 9.5 for \$79.97 less \$31.99 with coupon code EJ67 and \$10.72 shipping for \$58.70 total arrived. The FedEx delivery person explained to me that he had Vista on his computer and Windows 7 DVD would not boot to install on his computer. It sounded like he had a boot sector virus, so I gave him a copy of the Seagate DiscWizard <http://www.seagate.com/support/internal-hard-drives/enterprise-hard->

drives/savvio-15k/discwizard-master-dl/ that has the utility to write zeros to the hard drive to do a low level format. I chatted with a relative. CIO

<888> 11/13/13 Wednesday 3:05 P.M. I will now rest some more. CIO

<888> 11/13/13 Wednesday 1:40 P.M. I woke up at 12:30 P.M.. I chatted with a friend. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted bagel with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 11/13/13 Wednesday 4:40 A.M. I ate two ounces of almonds. It is now 27 degrees Fahrenheit outside. I will now shut down the primary work computer. I will then eat a Greek yogurt. I will then go to bed soon. CIO

<888> 11/13/13 Wednesday 3:45 A.M. Visit Scotland , but they will not let me have the money to visit there. I guess they do not like the fact that I am half Dutch American.

[\\$14 shoes.](http://www.6pm.com/null/4gIBMIIDA5x5.zso?s=recentSalesStyle/desc/&utm_source=et&utm_medium=email&utm_term=6pm_131112_massmail_all_A_row1-1collimage-image1_11121314Sale&utm_campaign=6pm_131112_massmail_all_A)

Biltmore Email Newsletter

Oldest big cat fossil found in Tibet

Vast Antarctic iceberg 'could threaten shipping'

Bacon painting fetches record price

One World Trade Center is 'tallest building in US'

Up close with the new 'Formula E' car CIO

<888> 11/13/13 Wednesday 12:35 A.M. If you need to test a Geiger Counter <http://www.mchrono.com/SKUSearch.asp?scriteria=WM00200> . CIO

<888> 11/12/13 Tuesday 11:55 P.M. I ordered <http://www.ebay.com/itm/like/321244930930> Microsoft Wireless Mobile Mouse 1100 for \$9.99 with free shipping and .63 tax for \$10.62 total. CIO

<888> 11/12/13 Tuesday 11:35 P.M. I ate two 3 ounce Purdue chicken cutlets and steamed baby carrots and 10 ounces of garlic mashed potatoes with Smart Balance Spread and extra virgin olive oil with a large sliced tomato seasoned with garlic powder, Italian spices, celery salt, white vinegar, extra virgin olive oil, and grated parmesan and Romano cheese

and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Splenda sweetener and Borden lemon juice. CIO

<888> 11/12/13 Tuesday 10:25

P.M. <http://www.llbean.com/llb/search/?freeText=union+suit&init=1>

<http://www.farmersalmanac.com/> is behind the reference desk at the <http://www.greenwichlibrary.org/> , if you need to look at the Winter Weather forecast. They are always right.

A neighbor of the [www.forbes.com](http://www.forbes.com) family in Far Hills, New Jersey might still have a snow mobile shop there.

My wealthy friend from East Aurora, New York had a secret. His father once told me, they would move out of the formal big summer house that I saw in the summer, and they would live in a small warm log cabin elsewhere on the property during the winter. CIO

<888> 11/12/13 Tuesday 9:55 P.M. [http://en.wikipedia.org/wiki/Fiddlehead\\_fern](http://en.wikipedia.org/wiki/Fiddlehead_fern)

<http://www.fiddleheadsfood.coop/>

Out of Stock <http://www.4nogins.com/purevermontmaplesyrup.aspx> .

[http://www.vermontpuremaple.com/buy\\_maple\\_syrup.htm](http://www.vermontpuremaple.com/buy_maple_syrup.htm) CIO

<888> 11/12/13 Tuesday 9:40 P.M. The best French restaurant in the area is <http://www.cremaillere.com/> , mais c'est tres cher. CIO

<888> 11/12/13 Tuesday 9:10 P.M. When I went to <http://www.taftschool.org/> from 1965 to 1968, I was a member of the Ski Club. We use to ski at <http://www.mohawkmtn.com/> and <http://www.catamountski.com/> . The son of the United States ambassador to France was also a member of the ski club at Taft, and he happened to be from Byram, Connecticut.

<888> 11/12/13 Tuesday 8:40 P.M. Tracking is Track your package or shipment with FedEx Tracking on the order for <http://www.jimmyjazz.com/mens/footwear/timberland-3-eye-classic-lug-shoe/50009?color=Burgundy> in size 9.5 for \$79.97 less \$31.99 with coupon code EJ67 and \$10.72 shipping for \$58.70 total. Having spent a great many years walking downtown on Greenwich Avenue at all hours of the day including the night time and early morning hours, I can assure you not much is happening on Greenwich Avenue on a cold fall night after rush hour. Of course on Friday and Saturday night people do go out to dinner at the many restaurants, and a few even do on week days. CIO

<888> 11/12/13 Tuesday 8:35 P.M. I threw out the garbage. I picked up the mail. Even though Greenwich, Connecticut is a small Republican Party red dot in a sea of blue democrats in this area; there are other prominent Republican Party members in other

parts of the country that keep track of the Republican Party members here. So we are not alone. CIO

<888> 11/12/13 Tuesday 7:50 P.M. I chatted with a friend and a relative. The deer hunting season is beginning about now. I will now shower and clean up. I do not plan to go downtown this evening, since I am more comfortable at home. CIO

<888> 11/12/13 Tuesday 7:10 P.M. I chatted with a relative. I guess more people will be hanging out at night at [www.starbucks.com](http://www.starbucks.com) on Greenwich Avenue now that it has gotten colder outside. It is suppose to go down to 23 degrees Fahrenheit tonight. Maybe we will get some Nordic visitors into the area. On cold nights here, we have had a volunteer group of the Freezing Norwegian patrol, but with the price of gasoline; they might not be able to afford to go downtown as much. Still one should get use to the cold weather, because it is not going away for another six months.

<http://marmot.com/content/about-us/marmot-stores/greenwich/> is having a party at their Greenwich Avenue store tomorrow night from 6 P.M. to 8 P.M. [http://www.jacksonhole.com/marmot-greenwich.html?utm\\_source=Jackson+Hole+Email&utm\\_medium=Header+to+Event+Page&utm\\_campaign=10.10.13+Greenwich+Marmot+Party](http://www.jacksonhole.com/marmot-greenwich.html?utm_source=Jackson+Hole+Email&utm_medium=Header+to+Event+Page&utm_campaign=10.10.13+Greenwich+Marmot+Party) . I have a Red Marmot jacket that is a bit tight that I could wear to it. CIO

<888> 11/12/13 Tuesday 6:00 P.M. I woke up at 5 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted bagel with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 11/12/13 Tuesday 5:45 A.M. I ate one ounce of almonds. I will now shut down the primary work computer. I will then eat a Greek yogurt. I will then go to bed. CIO

<888> 11/12/13 Tuesday 5:10 A.M. Tracking is [USPS.com](http://USPS.com)® - [USPS Tracking](http://USPS.com)™ on the order for <http://www.jimmyjazz.com/mens/footwear/reebok-workout-mid-ice-sneaker/V45685?color=Black> for \$44.95 in size 9.5 but for \$35 with coupon code AJ99 with free shipping for \$35 total.

### Objetivos del curso:

1st International Workshop on Volcano Geology Madeira, Portugal July 7-11, 2014

DCO Early Career Scientist Workshop APPLY NOW | Deep Carbon Observatory Portal

2013 Holiday Giving Catalog - American Red Cross

Cunard Military Personnel Special Offer

South Florida Faces Ominous Prospects From Rising Waters

Are there really 100,000 new Christian martyrs every year?

Falkland farewell for 'Space Ferrari'

Smartphone PIN revealed by camera and microphone CIO

<888> 11/12/13 Tuesday 4:15 A.M. I ate a 15.5 ounce Stouffer's stuffed peppers dinner with grated Parmesan and Romano cheese and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 11/12/13 Tuesday 3:05 A.M. I ate one ounce of almonds. CIO

<888> 11/12/13 Tuesday 2:05 A.M. I made 155 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching part 1 of "Wuthering Heights". It is enjoyable being able to watch the Netflix movies about England without all of the stress and danger and expense of traveling there to see what it really all about. CIO

<888> 11/11/13 Monday 10:55 P.M. I will now shower and clean up. CIO

<888> 11/11/13 Monday 9:25 P.M. I woke up at 8 P.M.. I chatted with a relative. I had a message from a friend. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 11/11/13 Monday 1:30 P.M. I finished the Windows 8.1 backup.

<http://blog.ctnews.com/weather/2013/11/11/chance-of-light-snow-in-interior-ct/>

I will now shut down the primary work computer, and I will go to bed. CiO

<888> 11/11/13 Monday 1:00 P.M. I chatted with a relative. CIO

<888> 11/11/13 Monday 12:45 P.M. On the IBM ThinkCentre by the Ethan Allen recliner, the Windows 8.1 and the Windows 7 partitions would not do a Complete PC Backup to the external hard drive, because with the Windows 7 boot manager partition which is a 100 megs, if it has less that 40 megs free space, the Complete PC backup program shows a not enough space error, despite the size of the backup media. To get around this first I created a 450 meg partition with a default drive letter. I then from Windows 8.1 created a new Windows 8.1 boot partition by typing from an Administrative DOS command "[http://download.cnet.com/MiniTool-Partition-Wizard-Home-Edition/3000-2094\\_4-10962200.html](http://download.cnet.com/MiniTool-Partition-Wizard-Home-Edition/3000-2094_4-10962200.html) C:\Windows /s F:" where F: is the new boot partition letter. I then used [http://download.cnet.com/MiniTool-Partition-Wizard-Home-Edition/3000-2094\\_4-10962200.html](http://download.cnet.com/MiniTool-Partition-Wizard-Home-Edition/3000-2094_4-10962200.html) to disable the Windows 7 boot partition, and I set the new Windows 8 boot partition active and apply the changes. When I rebooted the computer, I had to use the Windows 7 DVD to fix the Windows 8 boot manager to recognize Windows 7. However, the Windows 7 program activation comes up. However, that does not matter at the

moment. I boot Windows 8.1, and I search the term "File History" and from the bottom left of the page is the System Image backup program which now runs, if one does not select the 100 meg Windows 7 boot partition to backup with the other three partitions. Once one has the backup to an external hard drive, and then ones does a Paragon backup of the 100 meg System Reserve Windows 7 boot manager to the external hard drive, and then one can use the MiniTool Partition Wizard to disable the Windows 8 partition manager and enable the Windows 7 partition manager, so Windows 7 is then once again activated. If one were restoring the backup, one would first restore the Paragon backup of the Windows 7 boot manger System Reserve 100 meg partition, and then do the Windows 8.1 Complete PC backup restore of the full backup of the other three paritions. Of course once one does that, Windows 7 product activation would be activated, and one would then disable the Windows 8.1 boot manager and enable the Windows 7 boot manager with the MiniTool Partition Wizard. This link might be some help also <http://www.partition-tool.com/resource/windows-8-partition-manager/dual-boot-windows-7-and-windows-8.htm>  
 . CIO

<888> 11/11/13 Monday 10:25 A.M. I have the IBM ThinkCentre by the Ethan Allen recliner configured with Windows 8.1 and Windows 7 using the Windows 7 boot manager. However, with Windows 8 on it, I was able to use the Complete PC Backup for Windows 7 to backup the entire system to an external hard drive, which backup I still have. However, with Windows 8.1 and Windows 7 the Complete PC backup will not work from either partition. I was able to find a way to change the small 100 meg boot partition to another larger 490 meg boot partition, but when I did that it brought up Product Activation on Windows 7, so I change it back and got rid of product activation. I tried the free Paragon Backup, and it would not work from either partition either. Thus for now I do not have a backup of the new configuration to the Seagate 2TB external hard drive. I will now shut down the primary work computer. I will eat a Greek yogurt, and I will go to bed. CIO

<888> 11/11/13 Monday 3:40 A.M. [Mausoleum of the Aga Khan III](#) CIO

<888> 11/11/13 Monday 3:15 A.M. [New Theory: King Tut Died in a Chariot Crash](#)

[Typhoon Haiyan: Philippines destruction 'absolute bedlam'](#) CIO

<888> 11/11/13 Monday 2:40 A.M. I am now installing the Windows Updates on the IBM ThinkCentre by the Ethan Allen recliner. I then have to do some minor configuration work. I will then back it up to the Seagate 2 TB external hard drive.

I reheated and ate the chicken and macaroni and cheese dinner with a large sliced tomato seasoned with garlic powder, Italian spices, celery salt, white vinegar, extra virgin olive oil, and grated parmesan and Romano cheese along with a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Splenda sweetener and Borden's lemon juice. CIO

<888> 11/11/13 Monday 12:45 A.M. On the IBM ThinkCentre along side the Ethan Allen recliner, I installed the Windows 8.1 Pro Media version update on the second partition with

Windows 8 Pro. It all seems to work just fine, except the SIIG Audio card does not work with Windows 8.1, so I will use the motherboard audio like on the Windows 8.1 beta machine. I am now repairing the Windows 7 first partition by restoring its backup without repartitioning and reformatting the drive. I will then use the Windows 7 DVD to restore the boot manager, and then the Windows 8 Enterprise DVD to fix the Windows 8.1 part of the boot manager. It is a somewhat complex process, but I have done it many times before. Then as usual, I probably will not even use the computer very much, but it is my home office demo for Windows 8.1 if anyone happens to be interested for better or worse. CIO

<888> 11/10/13 Sunday 9:35 P.M. I ate one ounce of almonds. Available in on large size for men for \$39.40 with free shipping [http://www.brooksbrothers.com/Large-Tartan-Flannel-Lounge-Set/MN00094\\_GREN\\_XXL\\_.default,pd.html?cmp=bac\\_google\\_display\\_P\\_P\\_PLA\\_Product\\_Listing\\_Ad&utm\\_source=google&utm\\_medium=cpc&utm\\_term=&utm\\_content=All%20products&utm\\_campaign=P\\_P\\_PLA\\_Product\\_Listing\\_Ad&gclid=CNTzo5KBsbgCFcOe4Aodz0sAaQ](http://www.brooksbrothers.com/Large-Tartan-Flannel-Lounge-Set/MN00094_GREN_XXL_.default,pd.html?cmp=bac_google_display_P_P_PLA_Product_Listing_Ad&utm_source=google&utm_medium=cpc&utm_term=&utm_content=All%20products&utm_campaign=P_P_PLA_Product_Listing_Ad&gclid=CNTzo5KBsbgCFcOe4Aodz0sAaQ) . Other men's sleep wear on sale <http://www.brooksbrothers.com/sale/mens/sleepwear/0312,default,sc.html> . CIO

<888> 11/10/13 Sunday 8:50 P.M. I chatted with a relative. I threw out the garbage. I moved the Volvo wagon to its usual place. It is not very busy out on Sunday nights, although it might be busier tonight since tomorrow is a Holiday. However, I have nothing to do downtown, so I will stay home tonight and tend the home fires. CIO

<888> 11/10/13 Sunday 7:35 P.M. I will now shower and clean up. CIO

<888> 11/10/13 Sunday 5:50 P.M. I ate one ounce of almonds before going to bed after the last note. I woke up at 11:30 A.M., when the order with tracking of [UPS Mail Tracking](#) for

<http://www.calendars.com/Animals-SALE/Magic-of-Horses-2014-Wall-Calendar/prod201400008862/?categoryId=cat00014&seoCatId=cat1070002> for \$6.97

<http://www.calendars.com/England-National-Geographic-2014-Wall-Calendar/England-National-Geographic-2014-Wall-Calendar/prod201400006413/?categoryId=cat100020&seoCatId=cat100020> for \$14.99

<http://www.calendars.com/Scenic-America/America-2014-Wall-Calendar/prod201400003767/?categoryId=cat00736&seoCatId=cat00736> for \$7.99

<http://www.calendars.com/This-Day-in-History-2014-Wall-Calendar/This-Day-in-History-2014-Wall-Calendar/prod201400001039/?categoryId=cat00374&seoCatId=cat490038> for \$6.99

<http://www.calendars.com/Art-SALE/Van-Gogh-2014-Wall-Calendar/prod201400008760/?categoryId=cat00025&seoCatId=cat430042> for \$4.47

<http://www.calendars.com/Weather/Volcanoes-2014-Wall-Calendar/prod201400004210/?categoryId=cat00387&seoCatId=cat00387> for \$14.99 and a \$1 shipping and \$2.93 tax for \$59.98 total less 20% off \$50 order with coupon code "ACCESS20" for \$11.28 off for \$49.05 total arrived. I guess the post office delivers packages on Sundays.

I chatted briefly with a relative. I went back to bed until 4:15 P.M.. I chatted with a relative. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

End of Scott's Notes week of 11/10/13

<888> 11/10/13 Sunday 5:00 A.M. I guess I will continue to keep walking downtown, when I have the time, as long as my feet do not hurt me. It is good to get out and get a little fresh air and exercise. I will now send out my weekly notes. I will then shut down the primary work computer. I will eat a Greek yogurt, and then I will go to bed. CIO

<888> 11/10/13 Sunday 4:20 A.M. I ordered <http://www.jimmyjazz.com/mens/footwear/timberland-3-eye-classic-lug-shoe/50009?color=Burgundy> in size 9.5 for \$79.97 less \$31.99 with coupon code EJ67 and \$10.72 shipping for \$58.70 total. CIO

<888> 11/10/13 Sunday 3:40 A.M. I called up <http://www.cityoflondon.police.uk/CityPolice/Contact/> at 44-020-7601-2222 , and I reported to them what little I know about the James Edward Eldert situation down in Miami, Florida. From my viewpoint on researching the matter on the internet, more than likely Miami is not too user friendly to Northern people anymore, and the new money people down there, do not share the same viewpoint as some of the long time retired people down there. I am powerless to interfere in the matter, and I am doing my best myself to keep my head above water in this neck of the woods. However, there are more Dutch Americans in this area than probably down in Miami. All I know is that Franklin Delano Roosevelt who was a Dutch American president had a son that was mayor of Miami, and that is all that I pretty much all that I know. CIO

<888> 11/10/13 Sunday 2:35 A.M. I put \$10 on my Google Voice Account, and I tested the OBI 200 device by calling <http://www.claridges.co.uk/contact/> at 44-020-7629-8860, and the call went through right away, and it was clear as a bell for 2 cent s a minute. There are other VOIP providers that charge 1 cents a minutes to England, but since I do not know anyone overseas out of the U.S.A. anymore, it was just a test call. Thus the three minute call cost me 6 cents. CIO

<888> 11/10/13 Sunday 12:30 A.M. I adjusted the left living room closet door, so it swings more freely above the carpet.

!!!!!! Typhoon Haiyan: Thousands feared dead in Philippines

Peru: Hidden treasures thought to pre-date Incas CIO

<888> 11/09/13 Saturday 10:20 P.M. On lower Greenwich Avenue on the west side on the south side of the alley, they are in the process of remodeling the old China Pavilion restaurant into a new establishment called "Steam Table". It looks like at the former Greenwich Post Office project for the new Restoration Hardware store, they have installed most of the new steel girders and steel flooring and roofing, and they have removed the temporary steel braces holding up the old white brick walls. They still have a long way to go on that project. At the Veterans monument across from the Senior and the Arts center, they have put in grass sod on the triangular parts of the flower beds leaving rectangular flowers beds on both sides of the monument. There is still a vacant lot at the former Central Greenwich Fire Station, so they have not yet started new construction there. Last week a local security officer suggested they should put a "Beer Garden" on the vacant lot on the bottom east side of Greenwich Avenue, where they have built a new three story building with restaurant on the north side of the property. They are still doing foundation work on the construction project for the two new buildings just south of the "Steam Table". I have not been down on Steamboat Road in about six weeks, but the last time I was down there, they had lots of dirt, rocks, and fill for a new building project across the street on the East side of 600 Steamboat Road. CIO

<888> 11/09/13 Saturday 9:35 P.M. I chatted with a relative. I reheated and ate the chicken and macaroni and cheese dinner with a large sliced tomato seasoned with garlic powder, Italian spices, celery salt, white vinegar, extra virgin olive oil, and grated parmesan and Romano cheese along with a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Splenda sweetener and Borden's lemon juice. CIO

<888> 11/09/13 Saturday 8:15 P.M. I went out, and I went downtown. I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I toured CVS, and I used the bathroom there. I sat out for a while after my walk. I then went by the Stop and Shop, and I used the bathroom there, and I bought buy one get one free of 11 ounce Eight O'clock ground hazelnut coffee for \$6.99 both, a 12 ounce generic honey for \$2.25, a 9.5 ounce Utz wavy potato chips for \$2.99, Stop and Shop deli sliced white American cheese for \$5.99 a pound for \$6.17, deli sliced Stop and Shop Danish ham for \$5.99 a pound for \$6.17, a package of reduced produce tomatoes for \$2.22, bananas for .79 a pound for \$1.31, a 24 ounce Simply Mashed mashed sweet potatoes for \$2.50, a 59 ounce Simply Orange orange juice with calcium for \$3, a six pack of Thomas' New York Everything bagels for \$2.99, two chicken and macaroni and cheese dinners for \$1.99 each for \$40.57 total. I then returned home, and I picked up the mail. I put away the groceries. CIO

<888> 11/09/13 Saturday 4:25 P.M. I will now shower and clean up. I will then go out to explore the cold tundra area of Greenwich Avenue. CIO

<888> 11/09/13 Saturday 4:10 P.M. I am just finishing up installing the Windows Updates on the two computers in the bedroom. CIO

<888> 11/09/13 Saturday 3:10 P.M. I woke up at 2 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 11/09/13 Saturday 3:50 A.M. I finished installing the Windows Updates on all of the computers except the two bedroom computers. I will now shut down the primary work computer. I will then eat a Greek yogurt. I will then go to bed. CIO

<888> 11/09/13 Saturday 3:10 A.M. I ate a 19 ounce Stouffer's meat lasagna with grated parmesan and Romano cheese on it along with a 12 ounce glass of Schweppes Ginger Ale. I am still working on installing the Windows Updates on all of the computers. CIO

<888> 11/08/13 Friday 11:40 P.M. The Microsoft wireless 6000 V3 keyboard on the IBM ThinkCentre by the Ethan Allen recliner quit working. I tried replacing the batteries to no avail. I tried putting on a new Microsoft 5000 wireless keyboard and mouse, and it would not work either. I then put the Microsoft 5000 wireless keyboard and mouse system on the IBM ThinkCentre in front of the mahogany bureau, and it worked just fine. I moved the Microsoft wireless 6000 V2 keyboard and mouse from the IBM ThinkCentre in front of the mahogany bureau, and I put it on the IBM ThinkCentre in front of the Ethan Allen recliner, and it worked just fine. I installed the Windows Updates on the Abit computer and the IBM ThinkCentre on the dining table. I am now installing the updates on the two IBM ThinkCentres, I changed the keyboards on. CIO

<888> 11/08/13 Friday 9:10 P.M. <http://www.canada-goose.com/>

Evolution pioneer honoured by statue and new wasp genus

Monster storm roars into Philippines CIO

<888> 11/08/13 Friday 8:45 P.M. I chatted with a relative. CIO

<888> 11/08/13 Friday 8:20 P.M. I threw out the garbage. I picked up the mail. CIO

<888> 11/08/13 Friday 7:20 P.M. I woke up at 7 P.M.. I will now shower and clean up. There is no point in going out this evening, since I am more comfortable staying at home. CIO

<888> 11/08/13 Friday 5:05 P.M. I then ate a 16 ounce Hungryman bourbon chicken filet dinner with extra virgin olive oil and Smart Balance Spread on the vegetables and a 12 ounce glass of Schweppes Ginger Ale. I will now take a nap. CIO

<888> 11/08/13 Friday 3:45 P.M. Lenovo Outlet Deals . I did some computer maintenance. CIO

<888> 11/08/13 Friday 1:00 P.M. I woke up at noon. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed.

<http://www.businessweek.com/articles/2013-10-11/why-this-11-000-bicycle-makes-sense-for-hermes> CIO

<888> 11/08/13 Friday 3:40 A.M. I ate three ounces of almonds. I will now shut down the primary work computer. I will eat a Greek Yogurt. I will then go to bed.

Prince Charles' birthday is next Thursday, November 14 [http://en.wikipedia.org/wiki/Charles,\\_Prince\\_of\\_Wales](http://en.wikipedia.org/wiki/Charles,_Prince_of_Wales) . The way I figure it all of those people in Northern Europe in the Cold Country do not want to visit the Cold Country in the Western Hemisphere, when they come here, so they probably take Holidays here down south where it is warmer in the winter. However, some of them probably do come here in the summer. I guess it is probably cheaper to travel here in the winter, when it is less busy. CIO

<888> 11/08/13 Friday 2:10 A.M. I ordered <http://www.jimmyjazz.com/mens/footwear/reebok-workout-mid-ice-sneaker/V45685?color=Black> for \$44.95 in size 9.5 but for \$35 with coupon code AJ99 with free shipping for \$35 total. CIO

<888> 11/08/13 Friday 12:20 A.M. I made 216 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching parts 1 and 2 of "The Mystery of Edwin Drood". I also ate one ounce of almonds. CIO

<888> 11/07/13 Thursday 8:50 P.M. I chatted with a relative. I will now make cigarettes. CIO

<888> 11/07/13 Thursday 8:35 P.M. I ate two 3 ounce Purdue chicken cutlets and steamed baby carrots and 12 ounces of mashed potatoes with Smart Balance Spread and extra virgin olive oil and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Splenda sweetener and Stop and Shop lemon juice. CIO

<888> 11/07/13 Thursday 7:40 P.M. [Email - United States Flag Flown Over The Reagan Library-A Beautiful and Impressive Keepsake. - Ronald Reagan Presidential Foundation and Library](#)

More Asteroid Strikes Are Likely, Scientists Say - NYTimes.com

Monster typhoon Haiyan roars into Philippines

Fukushima nuclear plant set for risky operation CIO

<888> 11/07/13 Thursday 7:20 P.M. I put away the laundry. I ate two ounces of almonds. CIO

<888> 11/07/13 Thursday 6:20 P.M. Two other businesses near Vinci Drive and Western Junior High and West Putnam Avenue are the Chinese Dry Cleaner where the www.texaco.com gas station used to be. Also just west of there is the State Line Deli. The only time I was ever in the State Line Deli was about 22 years ago, when we had a 2.5 foot snow fall. Back then it was run by Brazilians. I was told by a neighbor that a local Mexican resident just won a million dollars on a scratch or lottery card at State Line Deli. CIO

<888> 11/07/13 Thursday 6:00 P.M. I have 50 minutes to go on two dry cycles. CIO

<888> 11/07/13 Thursday 5:50 P.M. I put clean linens on the bed. I also put the winter comforters and electric blanket on the bed. I showered, and I cleaned up. I started two loads of laundry. I picked up the mail. I lent a neighbor a hammer. I threw out the garbage and the old periodical literature. I watered the plants. I chatted with a relative. CIO

<888> 11/07/13 Thursday 3:55 P.M. I will now shower and clean up. CIO

<888> 11/07/13 Thursday 3:40 P.M. I chatted with a relative and a friend. The nearest business to me on West Putnam Avenue in Greenwich, Connecticut U.S.A. is http://www.jeepchryslerdodgecity.com/ if one needs a Jeep to get around in the snow in the winter, whenever it gets cold here. When I went to www.lfc.edu they used to make Jeeps in http://en.wikipedia.org/wiki/Kenosha, Wisconsin , but it seems they make them elsewhere now. I know they make them in China. CIO

<888> 11/07/13 Thursday 2:20 P.M. I woke up at 1 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 11/07/13 Thursday 5:45 A.M. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 11/07/13 Thursday 4:50 A.M. http://www.sochi2014.com/en/ CIO

<888> 11/07/13 Thursday 4:15 A.M. Top Scientist: Another Fukushima Quake Would Mean US Evacuation, 'Bye Bye Japan' CIO

<888> 11/07/13 Thursday 4:10 A.M. I woke up at 3:15 A.M.. I ate two ounces of almonds. I also drank a 12 ounce glass of 50% punch and 50% Schweppes Ginger Ale. I had a spare LAN cable setup on the Netgear switch box, so I disconnected it, and I plugged back in the kitchen Sony Stream Media device. CIO

<888> 11/06/13 Wednesday 10:00 P.M. Global Volcanism Program | Smithsonian / USGS Weekly Volcanic Activity Report

EGU2014

Visit Scotland

George Bush Presidential Library Foundation - Live Stream Offline Logo

Biltmore Wine Email Newsletter

Predatory 'king of gore' dinosaur discovered

Google solves mystery of barges off US coast . Back in Key West in the winter of 1977, they put the entire Pittsburgh symphony orchestra on a barge playing off the pier at Mallory Square at Sunset.

I will now shut down the primary work computer. I will then eat a Greek yogurt. I will then go to bed. CIO

<888> 11/06/13 Wednesday 9:30 P.M. I ate a roast beef and Swiss cheese sandwich on 15 grain whole wheat bread with Hellmann's olive oil mayonnaise and Utz wavy potato chips and a dill pickle slice and a 12 ounce glass of Schweppes Ginger Ale. I chatted with a relative. CIO

<888> 11/06/13 Wednesday 8:15 P.M. I took the Radio Shack two line switch off the telephone lines for the telephone modem on the second Dell Latitude D410 laptop, and I connected the Verizon line to the laptop directly. I then used two spare six foot telephone lines and a two telephone line couple to connect the Radio Shack two line switch device to the OPI device and the Optimum Voice connection into my two line telephone system setup. The OPI device is B: or the second button. I connected up the OPI device to the a spare LAN connectors on the TrendNet Router which I freed up by unplugging the LAN cable for the Sony streaming device in the kitchen. I might change it around later. I registered the OPI device with <http://www.obitalk.com/obinet/> and with Google Voice. However, Google Voice will not work with it as of May 15, 2014. Thus I will then have to use some other VOIP carrier for any out of the country telephone calls. It all works just fine, and my Google Voice telephone number rings back into it. I leave it unplugged and turned off, since I will not be using it much, since I still have Optimum

Voice. However, it is all set up; so if one plugs in its plug into the power strip just to the right of the primary computer keyboard it turns on, and then at the same location, one switches the Radio Shack telephone switch from A: Optimum Voice to B: OPI Google. I labeled its Google telephone number and the OPI 12 digit number on the device. Of course if some one has another OPI device, one can talk directly through the internet around the world between two devices without using a VOIP carrier but dialing the other persons 12 digit number. I chatted with two relatives and two friends with the device, and it works just fine. CIO

<888> 11/06/13 Wednesday 4:25 P.M. I went outside, and I chatted with neighbors. I was told they are going to remove an apartment downstairs by the entrance and another apartment on the second floor along with the two chimneys on the center roof to install the new elevator, so it might take the six months I was told to complete the project. I picked up the mail. I chatted with a relative. CIO

<888> 11/06/13 Wednesday 2:50 P.M. I threw out the garbage. I moved the Volvo closer to the building. With eight handicap spots eliminated with the new construction, they should put in some new handicap parking signs on the row just opposite the building. However, that might call for an executive decision in the higher up politics of the town. I chatted with neighbors. The new type of elevator that they are going to put in the building is a <http://www.schindler.com/> elevator. I will now shower and clean up. The order with tracking of <http://www.ups-mi.net/packageID/Default.aspx#9274890000772712532508> on the order for

<888> 11/06/13 Wednesday 1:00 P.M. I woke up at 11:45 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 11/06/13 Wednesday 3:10 A.M. The last time I saw fifty thousand people that looked like cousins was when I visited Toronto, Canada in December 1983 when it was zero degrees Fahrenheit there. I saw the fifty thousand people that looked like cousins coming out of the Toronto arena coming from a <http://www.argonauts.ca/> game, and they were mostly fair haired and blue eyed. Today I am mostly grey hair and blue eyed. Perhaps they did not recognize me back then up in Toronto, because I had spent the summer on the beach out in [www.nantucket.net](http://www.nantucket.net) , so I was a bit darkly tanned. I ate some potato chips. I will now shut down the primary work computer, and I will eat a Greek Yogurt, and then I will go to bed. It is suppose to be partly sunny today and go up to 59 degrees Fahrenheit. For the weather in Canada, one can look at [http://weather.gc.ca/canada\\_e.html](http://weather.gc.ca/canada_e.html) , and it will be about the same in Toronto. Possibly we have some sort of warming trend, so maybe the Nordic people here should move further up

North, but I am so established here, and without any funds to travel and explore, I will stay here in the third world metropolis of Greenwich, Connecticut knowing that it will get colder here sooner or later. One of the major influences that Canadians have on this area is that in cold weather when there is an ice storm and the power goes off, there are a lot of Canadian Electrical Utility people that show up in this area to restore the electrical power, and that also costs a lot of money. CIO

<888> 11/06/13 Wednesday 2:10

A.M. [http://en.wikipedia.org/wiki/List of Dutch Americans](http://en.wikipedia.org/wiki/List_of_Dutch_Americans)

[http://en.wikipedia.org/wiki/Dutch American](http://en.wikipedia.org/wiki/Dutch_American) CIO

<888> 11/06/13 Wednesday 1:00 A.M. [Programs | My Hope with Billy Graham](#)

[Cunard Europe Three For All](#)

[J.&J. to Pay \\$2.2 Billion in Risperdal Settlement - NYTimes.com](#)

[5 November 2013 Last updated at 12:55 ET Share this pageEmail Print Share this page](#) CIO

<888> 11/06/13 Wednesday 12:20 A.M. I ate a reheated chicken and mashed potato dinner with Smart Balance Spread and extra virgin olive oil on the mashed potatoes and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 11/05/13 Tuesday 11:15 P.M. After the last note, I drove over to the New Labanon school, and I voted in the local election. On the way back, I was stopped at the Stop Sign at Henry Street and Western Junior High, and a Greenwich Police car making a quick left turn off Western Junior High onto Henry Street in hot pursuit of a small blue subcompact almost hit my Volvo wagon, but narrowly missed. I then drove downtown, and I walked the entire length of Greenwich Avenue and the train station area. I stopped by the [www.apple.com](http://www.apple.com) store, and I tried the Ipad Air again, but although I figured out how to bring up the keypad on the screen, the device with the Safari web browser opened would not go online, although other applications on it seemed to go online. I also stopped by the <http://www.bang-olufsen.com/en> store, and I discussed Danish matters. I sat out at various locations. I chatted with a local resident. I toured CVS, and I used the bathroom there. I then sat out for a while enjoying the evening. I walked over to Zen Stationary, and I bought an Ace's High scratch card for a dollar, and I won \$40 for a \$39 profit. I then went by the ATM machine at the Chase Bank across the street. I then went by the Greenwich Library, and I chatted with two reference librarians. They have new Lenovo computers at the Greenwich Library with Windows 7. I used the bathroom there. I then read [www.pcworld.com](http://www.pcworld.com) magazine. I then went by the Stop and Shop. I chatted with a local computer person. I bought a four pack of 6 ounce Chaboni strawberry Greek yogurt for \$4.29 and a four pack of 6 ounce Chaboni blueberry Greek yogurt for \$4.29 less .70 can return for \$7.88 total. I then chatted with the local computer person some more. I then

gave the local computer person a ride to [www.mcdonalds.com](http://www.mcdonalds.com) . I then returned home, and I put away my groceries. CIO

<888> 11/05/13 Tuesday 4:05 P.M. I threw out the garbage. I chatted with neighbors. I picked up the mail. I will now go out and vote at the New Lebanon elementary school. I will then go downtown to see if anything is happening. CIO

<888> 11/05/13 Tuesday 2:55 P.M. I will now shower and clean up. CIO

<888> 11/05/13 Tuesday 1:55 P.M. I paid off my December 2013 and my January 2014 last two [www.geico.com](http://www.geico.com) insurance payments, so my Volvo automobile insurance policy is paid off until April 8, 2014, when the policy expires and has to be renewed again. CIO

<888> 11/05/13 Tuesday 1:40 P.M. I woke up at 12:30 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 11/05/13 Tuesday 2:40 A.M. Of course at age 63, I should not be out after 10 P.M. at night walking around. With the higher prices of fuel around here [http://www.automobilemag.com/31/connecticut/fairfield/greenwich/gas\\_prices.html](http://www.automobilemag.com/31/connecticut/fairfield/greenwich/gas_prices.html) , there are not too many people downtown on week day nights after rush hour. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 11/05/13 Tuesday 2:10 A.M. About four summers ago, I saw a solid black German Shepard dog about twice the size of a normal German Shepard on the road near the gate at Walkers Point in Kennebunkport, Maine. I thought it must be a very good security dog, but the secret service later told me, they did not have any such security dog at the compound, so maybe it was a large black [http://en.wikipedia.org/wiki/Eastern Timber Wolf](http://en.wikipedia.org/wiki/Eastern_Timber_Wolf) or just what I described before that ran astray. About six summers ago on my way up to Kennebunkport, Maine at the Lowell, Massachusetts rest area, I saw a trucker with a German Shepard dog with regular markings that was twice as large as any German Shepard that I had ever seen before including many police dogs that I have seen. Back in 1967, when my family was living on a farm in New Canaan, Connecticut; we owned a German Shepard that I trained to be a guard dog, since we were suppose to move to Mexico City, Mexico. It was a female called Tanya. We later gave it to another family, since the dog was too much to handle along with a dog house that I had built for it. The dog house was quite clever, since I built in the basement of our second house in New Canaan. I designed it with two by four frame and plywood construction, but the roof came off from the structure walls, so it could be carried out the basement in two pieces, where I built it. However, it still was quite heavy to move in two pieces. Instead of moving from New Canaan to Mexico City, the project fell through, since the Mexican government wanted 51% of the venture, so we just moved back to our old neighborhood in Greenwich after a few months at a temporary house near one of the reservoirs in town. The summer of 1967, I worked on framing that second house in

Greenwich. However, a year later in 1968, we moved to Wellesley, Massachusetts. Corporate families get moved around a lot. In the spring of 1970, I sold my Mercedes 220S convertible, and with the money, I bought a St. Bernard puppy at [www.lfc.edu](http://www.lfc.edu) for \$300 that I took home to our house in Weston, Massachusetts for a family dog. We had the same dog, when we returned to Greenwich in June 1973, but as I recall around that winter of 1974, we gave the dog away, since I was not around home much to take care of it. The St. Bernard was a female named "Brandy". I also had Brandy out at Lake Forest College for a while after she had grown up a bit around 1971. CIO

<888> 11/05/13 Tuesday 1:20 A.M. The most dangerous reptile in Florida is a [http://en.wikipedia.org/wiki/Coral\\_snake](http://en.wikipedia.org/wiki/Coral_snake) and currently there is no antivenom available domestically. In Boca Raton, Florida in February 1979, I also saw a large [http://en.wikipedia.org/wiki/Florida\\_panther](http://en.wikipedia.org/wiki/Florida_panther) by the Polo Fields one early morning. Of course in Byram, Connecticut; I saw a half grown [http://en.wikipedia.org/wiki/Black\\_panther](http://en.wikipedia.org/wiki/Black_panther) two summers ago by our building here at 71 Vinci Drive. I hope it is still not around fully grown. Thus anyone wandering around at night for the fun of it might encounter wildlife around here too. CIO

<888> 11/05/13 Tuesday 12:55 A.M. [The 10 Most Dangerous Dog Breeds Based on Biting and Fatality Statistics](#) . CIO

<888> 11/05/13 Tuesday 12:35 A.M. Thus I have had "Gatorphobia" most of my life.

Back at the end of April 1978, after leaving Key West with a friend; we hiked the Appalachian trail for four days north of Ashville, North Carolina. The trail was full of Bear warning signs. Because of snow, we left the trail and hitchhiked down to Hilton Head, South Carolina and camped out on the beach in our tent. In the early morning hours, I heard a noise outside the tent, and my friend said it was just a hoot owl. We did not have any weapons but a small camping knife. I turned on the butane stove and started boiling a pot of water. We did not go outside the tent, but I think the flame scared away whatever it was. The following morning there were tracks of a fourteen foot long alligator outside of our tent. We then camped out for a couple days in Beaufort, South Carolina on the beach just south of Paris Island. On that Sunday morning, there were hundreds of Marines on the beach enjoying the sun. We thought it was a bit cold, so we started hitchhiking back south, and we got a ride with Jimmy Buffet all of the way back to Key West, just in time to get our May 1978 Food Stamps. In Key West in the winter of 1978, we lived in abandoned buildings like the <http://casamarinaresort.com/> which had hundreds of stray cats. I was able to afford to go north, because I had money from an income tax return that I had filed while I was in Key West. After a week or more back in Key West, we hitchhiked as far north as Washington D.C., and then we took the Amtrak to Stamford, Connecticut; and we stayed back in Greenwich with a relative nearby, where I now live in Byram. We then headed up to [www.nantucket.net](http://www.nantucket.net) for the season. Another friend who ran a frozen yogurt stand in Key West in that period left Key West in March 1978 and hitchhiked to Santa Cruz, California instead of returning to Nantucket. CIO

<888> 11/04/13 Monday 11:55 P.M. So you think it is safe in Florida Vero Beach hunters find 12-foot alligator Oct. 30

When I was five years old in Pensacola, Florida; I went out in the row boat in the bayou across the street from my family's house. A eight foot long alligator swam up along side the row boat and eyed me for a while and kept me from rowing back to the dock, but it finally went away. Thus I have always been afraid of alligators. CIO

<888> 11/04/13 Monday 11:20 P.M. I ate a reheated chicken and mashed potato dinner with Smart Balance Spread and extra virgin olive oil on the mashed potatoes and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 11/04/13 Monday 10:25 P.M. I went out, and I stopped by the Chase Bank ATM at 19 West Putnam Avenue. I then went downtown, and I sat out for a while. I used the bathroom at Starbucks. I reset the clock back an hour on the Volvo. I then drove over to CVS on Greenwich Avenue, and I bought three 12 packs of Schweppes Ginger Ale for \$10 and a \$1.80 can deposit, and two 16 ounce Blue Diamond wabasi and soy almonds for \$5.99 each for \$23.78 total. I then went by the Stop and Shop. Their can return machine closes at 9 P.M.. I bought two chicken and mashed potato dinners for \$1.99 each, a 16 ounce Hungryman filet of chicken dinner for \$2.50, a 48 ounce Quaker old fashioned oats for \$4.99, a 8 ounce Kraft Parmesan and Romano cheese for \$4.19, bananas for .79 a pound for \$1.58, a six pack of Thomas' English muffins for \$1.99 for \$19.23 total. I then went by the Shell Station at 401 West Putnam Avenue, and I bought \$10 of self service premium V-Power gasoline for \$4.299 a gallon for 2.325 gallons at odometer reading of 107321 miles for 30.8 miles driving since Thursday October 24, 2013 for 13.248 miles per gallon in local traffic. I then returned home. I used my little folding cart to bring up the Ginger Ale. I put the folding cart back in the rear area of the Volvo wagon. I put away my groceries. CIO

<888> 11/04/13 Monday 7:50 P.M. <http://www.brantfoundation.org/>

### Cunard 2013 Special Events

Tracking is UPS: Tracking Information on the order for

<http://www.calendars.com/Animals-SALE/Magic-of-Horses-2014-Wall-Calendar/prod201400008862/?categoryId=cat00014&seoCatId=cat1070002> for \$6.97

<http://www.calendars.com/England-National-Geographic-2014-Wall-Calendar/England-National-Geographic-2014-Wall-Calendar/prod201400006413/?categoryId=cat100020&seoCatId=cat100020> for \$14.99

<http://www.calendars.com/Scenic-America/America-2014-Wall-Calendar/prod201400003767/?categoryId=cat00736&seoCatId=cat00736> for \$7.99

<http://www.calendars.com/This-Day-in-History-2014-Wall-Calendar/This-Day-in-History-2014-Wall-Calendar/prod201400001039/?categoryId=cat00374&seoCatId=cat490038> for \$6.99

<http://www.calendars.com/Art-SALE/Van-Gogh-2014-Wall-Calendar/prod201400008760/?categoryId=cat00025&seoCatId=cat430042> for \$4.47

<http://www.calendars.com/Weather/Volcanoes-2014-Wall-Calendar/prod201400004210/?categoryId=cat00387&seoCatId=cat00387> for \$14.99 and a \$1 shipping and \$2.93 tax for \$59.98 total less 20% off \$50 order with coupon code "ACCESS20" for \$11.28 off for \$49.05 total.

[Netflix tests 'ultra high definition' 4K video streams](#)

[US plans for hypersonic robot spy plane revealed](#) CIO

<888> 11/04/13 Monday 7:20 P.M. I moved the two DeLonghi oil filled radiators from the bedroom into the living room. I put one by the hallway entrance next to the legal chair. I put the other one behind the left side of the primary work computer chair. I hardly ever use them, but they are available for extra heat in case we get arctic conditions. CIO

<888> 11/04/13 Monday 6:25 P.M. [20 great international ski locations](#) CIO

<888> 11/04/13 Monday 6:20 P.M. I chatted with a relative at 4:30 P.M.. I picked up the mail. I went back to bed. I woke up at 6 P.M.. I chatted with a relative. I will now shower and clean up. In the colder time of the year, I think it is better to use any extra energy one can afford to stay warm at home, as opposed to driving downtown to watch people drinking coffee at Starbucks and walking around. However, tomorrow I will go out to vote for <http://www.petertesei.com/> and then do some errands downtown. At the moment I do not need to turn on the apartment heat, because the sun from the west in the afternoon warms up the apartment a little bit, and also the energy saving light bulbs put out about 4 degrees Fahrenheit of heat. Today I also trimmed the pathos plant on the right window ledge. CIO

<888> 11/04/13 Monday 4:00 P.M. I ate a 16 ounce Stouffer's chicken pot pie with a 12 ounce glass of Schweppes Ginger Ale. I shut the living room windows, and I turned off the fan. I will now take a nap. CIO

<888> 11/04/13 Monday 3:10 P.M. I threw out the garbage. They are working on installing the second elevator in the building, so they have cut down two cherry trees by the building entrance, and they are removing the brick wall adjacent to the building on the left side at the entrance. I went ahead and removed and stored away both air conditioners in my apartment. I did it by the procedure mentioned in my past Saturday notes. I also put two new AA alkaline batteries in the remote sensor for the LaCrosse weather station. I put the little folding cart that I used to move the heavy bedroom air conditioner back in the Volvo. I told the building custodian that I was able to do it myself, and I also cancelled the

work order with the Greenwich Housing Authority. Actually removing the air conditioners is not too difficult. It is moving all of the other smaller items and putting them back that takes time. I currently have the living room window opened, and a fan going in front of it. Once it cools off this evening, I will close the window and turn off the fan. Thus I am pretty much set for winter. All I have to do next is put the comforters on my bed, the next time I change the sheets. CIO

<888> 11/04/13 Monday 11:45 A.M. I woke up at 10 A.M.. There was leaf blower noise starting at 7 A.M. this morning and then pneumatic drill noise after that. I chatted with a relative. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 11/03/13 Sunday 11:30 P.M. I ate a roast beef and Swiss cheese sandwich on 15 grain whole wheat bread with Hellmann's olive oil mayonnaise and Utz wavy potato chips and a dill pickle slice and a 12 ounce glass of Schweppes Ginger Ale. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 11/03/13 Sunday 9:15 P.M. I cleaned the Ionic Pro air purifier. After spending seven weeks in Fort Lauderdale from third week of September 1976, when the King of Norway was on vacation down there; I drove down to Key West [www.liveduvalstreet.com](http://www.liveduvalstreet.com) on Halloween in 1976. Everything was boarded up, and there were very few people around. There were a few bars opened, and that was about it. When I hitchhiked down there from Fort Lauderdale around the second week of January 1977 after my 1966 Chevrolet Biscayne light blue 4 door sedan was towed for too many tickets at the empty park in front on the Swimming Hall of Fame, it had gotten busier in Key West, since it was a cold winter up north. It was even 21 degrees Fahrenheit at 7 A.M. on Thanksgiving Day morning at the Swimming Hall of Fame in Fort Lauderdale with the University of New Hampshire swim team swimming there. Thus the winter weather in Florida can effect how far south the snow birds go in their annual migrations. CIO

<888> 11/03/13 Sunday 8:40 P.M. \$29.99 plus shipping and tax Colorfast Casual Corduroy Pleated Front Pants Big/Tall

As Bush Settles Into Dallas, Golf Tees and Family Time Now Trump Politics - NYTimes.com CIO

<888> 11/03/13 Sunday 8:00 P.M. The Dish: Martha Stewart draws a crowd CIO

<888> 11/03/13 Sunday 7:40 P.M. In the right living room closet, I put my light coats and jackets on the left side and my heavier coats and jackets on the right side. CIO

<888> 11/03/13 Sunday 7:05 P.M. Potential Republican Party Candidate for President in 2016 [http://en.wikipedia.org/wiki/Jon\\_Huntsman, Jr.](http://en.wikipedia.org/wiki/Jon_Huntsman,_Jr.) . CIO

<888> 11/03/13 Sunday 6:45 P.M. Berlin's pink pipes: What are they? CIO

<888> 11/03/13 Sunday 6:35 P.M. I chatted with a relative. I threw out the garbage. CIO

<888> 11/03/13 Sunday 5:15 P.M. I decided not to go out. I moved my polar fleeces from the sweater closet to the left side of the left living room closet. I moved my knit caps, gloves, mittens, and scarves from the sweater closet to on top of the www.harvard.edu chair at the hallway entrance. I moved the tower fan and the pedestal fan from the hallway and the desk fan from on top of the Samsung color printer at the apartment entrance to the far right living room window ledge. I will now shower and clean up. CIO

<888> 11/03/13 Sunday 4:15 P.M. I ate two 3 ounce Purdue chicken cutlets and steamed baby carrots and 12 ounces of mashed potatoes with Smart Balance Spread and extra virgin olive oil and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Splenda sweetener and Stop and Shop lemon juice. I will now shower and clean up. I will then go downtown in 43 degree Fahrenheit weather. I guess winter is on its way, for those us whom live up north of the Mason Dixon line. CIO

<888> 11/03/13 Sunday 3:10 P.M. <http://en.wikipedia.org/wiki/Ahold> and <https://www.ahold.com/> is a Dutch company.

<888> 11/03/13 Sunday 3:10 P.M. Another large Florida real estate owner [http://en.wikipedia.org/wiki/St. Joe Paper Company](http://en.wikipedia.org/wiki/St._Joe_Paper_Company) .

<http://www.publix.com/> is one of the largest employers in Florida <http://en.wikipedia.org/wiki/Publix> . CIO

<888> 11/03/13 Sunday 2:30 P.M. Says the [http://en.wikipedia.org/wiki/Phipps family](http://en.wikipedia.org/wiki/Phipps_family) use to own a lot of prime property in Florida. CIO

<888> 11/03/13 Sunday 2:30 P.M. I woke up at 2:15 P.M.. CIO

<888> 11/03/13 Sunday 11:40 A.M. I will now take a nap. CIO

<888> 11/03/13 Sunday 11:30 A.M. I put my summer shirts on the far left of the bedroom closet. I put my winter shirts on the left center of the bedroom closet. CIO

<888> 11/03/13 Sunday 11:00 A.M. World traveler Gov. Rick Scott on 10th overseas mission: Are we getting jobs? . CIO

<888> 11/03/13 Sunday 10:15 A.M. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 11/03/13 Sunday 9:00 A.M. I woke up at 8 A.M.. I set my clocks back an hour to end day light savings time. CIO

End of Scott's Notes week of 11/02/13

<888> 11/02/13 Saturday 11:40 P.M. I will now send out my weekly notes. I will then shut down the primary work computer. I will then eat a Greek yogurt. I will then go to bed. CIO

<888> 11/02/13 Saturday 11:15 P.M. <http://www.bessemertrust.com/> now has a major presence at 600 Steamboat Road <http://www.bessemertrust.com/portal/site/bessemernew/menuitem.2ec12798f987150ed0db70106e730a6c/> in Greenwich, Connecticut; so I do not need to spend an extra dollar to drive down there anymore, whenever I happen to be downtown. Of course I will probably continue to drive down there about once a month to make sure the electricity is still working out on Long Island. CIO

<888> 11/02/13 Saturday 10:45 P.M. Email - Live Webcast: Lecture with Dr. Charles Krauthammer - Today 6pm PDT - Ronald Reagan Presidential Foundation and Library

I ordered <http://www.calendars.com/Animals-SALE/Magic-of-Horses-2014-Wall-Calendar/prod201400008862/?categoryId=cat00014&seoCatId=cat1070002> for \$6.97

<http://www.calendars.com/England-National-Geographic-2014-Wall-Calendar/England-National-Geographic-2014-Wall-Calendar/prod201400006413/?categoryId=cat100020&seoCatId=cat100020> for \$14.99

<http://www.calendars.com/Scenic-America/America-2014-Wall-Calendar/prod201400003767/?categoryId=cat00736&seoCatId=cat00736> for \$7.99

<http://www.calendars.com/This-Day-in-History-2014-Wall-Calendar/This-Day-in-History-2014-Wall-Calendar/prod201400001039/?categoryId=cat00374&seoCatId=cat490038> for \$6.99

<http://www.calendars.com/Art-SALE/Van-Gogh-2014-Wall-Calendar/prod201400008760/?categoryId=cat00025&seoCatId=cat430042> for \$4.47

<http://www.calendars.com/Weather/Volcanoes-2014-Wall-Calendar/prod201400004210/?categoryId=cat00387&seoCatId=cat00387> for \$14.99 and a \$1 shipping and \$2.93 tax for \$59.98 total less 20% off \$50 order with coupon code "ACCESS20" for \$11.28 off for \$49.05 total.

Drones: A rare glimpse at sophisticated US spy plane CIO

<888> 11/02/13 Saturday 9:20 P.M. I chatted with a friend. I ate a 19 ounce Stouffer's meat lasagna with grated parmesan and Romano cheese on it along with a 12 ounce glass of Schweppes Ginger Ale. I chatted with a relative. CIO

<888> 11/02/13 Saturday 7:25 P.M. I made 129 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching "Prince William and Katherine, a Royal Love Affair". CIO

<888> 11/02/13 Saturday 5:00 P.M. I threw out the garbage. I chatted with a neighbor. I picked up the mail. I have noticed downtown on Greenwich Avenue recently that I have seen quite a few individuals with medical boots on of their feet. I guess they have hurt their feet walking around Manhattan to no avail. I will now make cigarettes. CIO

<888> 11/02/13 Saturday 4:00 P.M. I chatted with two friends. I will now shower and clean up. It looks like it has clouded up, so I will not be going out. I guess I will make cigarettes after I clean up. I really have not been doing too much computer work recently, but I have gotten outside a bit more in the warmer weather. However, starting tomorrow it is suppose to be cooler. The weekend people in Greenwich tend to be office workers, so they are not too adept at getting routine maintenance work done. In 30 years back in Greenwich, I have not met any younger people willing to help me out on some minor maintenance problems. I guess we have to rely upon the weekday blue collar workers. I use to be able to do a lot of routine maintenance myself, but as I get older I am somewhat absent minded and not as adept as I once was. Trust me, I have done more of my share of routine maintenance in my lifetime, so I know a bit about it, but office workers although they make a lot of money are not much good at doing anything else besides sitting in Starbucks or whatever else they do. It is the job of the building custodian to remove the bedroom air conditioner, so I do not want to interfere with his job routine. Technically a fat guy like myself could more easily get on the roof outside my apartment through my next door neighbor's window, however when the bedroom air conditioner was reinstall this past July 2013, the building custodian was very adept at climbing outside my bedroom window to reinstall it. After paying my bills this month, I do not need to spend anymore money on computer items, but I should probably work at maintaining the systems that I already have, which I obviously know how to do. None of my four close friends in this area know anything about computers, so they think pretty much that I have gone bonkers spending all of my time fiddling with computers for the last 23 years, when there are so many other things to do. However, the neighboring village of the Manhattan Indians is not very friendly to tobacco smokers, so I avoid exploring their area, and I can not afford to go there anyway. Possibly since nobody that I know looks too much at my web sites, there is no interest in poor people from Greenwich, Connecticut from the rich people living on the lower Hudson River. However, having spent a bit of time there until 23 years ago, when I bought a personal computer, I might know a little bit about it, but I am not sure it is relevant anymore. CIO

<888> 11/02/13 Saturday 2:30 P.M. I made up a fresh batch of punch before going to bed. I finally woke up at 1 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50%

cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. I chatted with a relative. CIO

<888> 11/02/13 Saturday 3:35 A.M. I will now shut down the primary work computer. I will then go back to sleep. CIO

<888> 11/02/13 Saturday 2:50 A.M. Back in the fall of 1976, when I was reading the Fort Lauderdale, Florida newspapers; I read that Michael Vanderbilt [http://en.wikipedia.org/wiki/Vanderbilt\\_family](http://en.wikipedia.org/wiki/Vanderbilt_family) whom is my age owns a million acres <http://answers.yahoo.com/question/index?qid=20110327084247AAWPEnl> of land around Orlando, Florida. Not much seems to be mentioned about him on the internet, so I guess he is busy watching out for alligators. I once drove through that area south of Orlando in the spring of 1976, and I saw miles and miles of new citrus groves. I drank a 50% glass of punch and 50% Schweppes Ginger Ale. One of the first computer people I met 23 years ago, when I bought my first personal computer was Roger Schultz from Stamford, Connecticut who was a software engineer for <http://www.schweppes.com/>. From what I could tell Roger weighed between 500 and 700 pounds, so he probably made money off his software skills, although he lived in a small house near [www.abb.com](http://www.abb.com). He was a personal friend of Nancy Rockefeller, so he probably knew other people here in Greenwich, since his parents went to <http://www.christchurchgreenwich.org/>. CIO

<888> 11/02/13 Saturday 2:05 A.M. [Chinese journalists visit Greenwich](#). When I was in the [www.apple.com](http://www.apple.com) computer store yesterday on Friday, somebody walked in with a large dog that looked like a <http://www.fws.gov/nc-es/mammal/redwolf.html>. CIO

<888> 11/02/13 Saturday 1:15 A.M. I woke up at 12:30 A.M.. Since I am of Scottish and Dutch descent, one of my primary volunteer duties since the Scottish have the Black Watch and the Dutch have the Night Watch is that I have been awake at night and the early morning hours for much of the time since 1965. Also since both the Scottish and Dutch walk a lot, I also exercise walk, whenever I have the time. The daytime people, whenever they see me, when I happen to be on a daytime schedule seem to think I am a foreign visitor, since they are not use to seeing people with my look around here in the daytime. Thus I am back awake at night again until I get tired. I do not have a daytime appointment for two weeks. However, if the building custodian gets around to uninstalling my bedroom air conditioner, I will have to be awake some afternoon in the future, when he does that. It is still warm around here, so there is no rush to do that. I have noticed most of the air conditioners on the second floor of my building are still installed. To uninstall my bedroom air conditioner, I have to remove the items from around the bedroom window and walk way in the bedroom which takes about a half hour. Then the Plexiglas on the left side has to be removed, and it is held in place by duct tape. Since the air conditioner bottom lip is positioned on the outside of the bottom window lip, it can not be slid out inwards. The building custodian has to climb outside the bedroom window and lift it up over the bottom window lip back into the bedroom. Then he has to climb back inside the bedroom window. After that the air conditioner has to be lifted off the bedroom window ledge onto the bed which is a heavy lift, since the Panasonic 12000 BTU air conditioner

weighs about 60 pounds or more. From the bed, it has to be slid over towards the bedroom door, and then lifted onto the floor and slid into the hallway. From the hallway, I can use my little folding cart to move it into the living room and position it for storage for the winter behind the Ethan Allen recliner. Of course I have to move the legal sitting chair in the living room and the case of paper underneath it to do that. There is another option in that one could cover the lower bedroom window with fiberglass insulation covering the Plexiglas and air conditioner. However, I know how cold it can get here in the winter, so one might not want to do that. I did that once with the old living room air conditioner when the living room had the large single pane windows, and I did not notice a temperature difference in the winter or energy change. However, since I now have double pane windows in the apartment, I think it would be better to have them all closed properly. The living room air conditioner weighs about 40 pounds, and it is simple enough for me to remove the upper window screen and remove the duct tape on the outside and slide out the air conditioner and store it underneath the legal chair. I then insert the glass insert in the air conditioner opening. Obviously since I have had an \$8,000 groin hernia operation in the past, I would rather not be lifting the bedroom air conditioner around the bed area to remove it myself. At my weight 235 pounds and age 63, it would also be awkward to climb outside the bedroom window. CIO

<888> 11/01/13 Friday 9:40 P.M. I chatted with a relative. I ate a few ounce of almonds. I also ate a Greek yogurt. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 11/01/13 Friday 8:50 P.M. Toll Free 800 Number Directory

George Bush Presidential Library Foundation

My www.cl-p.com electric bill for October 2013 was \$163.12 for 1068 kWh for 29 days and 36.83 kWh per day with an average temperature of 55.7 degrees Fahrenheit.

For October 2012, it was \$156.99 for 987 kWh for 34 days and 29.03 kWh per day with an average temperature of 55.1 degrees Fahrenheit.

Elephant society 'still disrupted decades after cull'

Phone-hacking trial: Prince Harry message 'was hacked' CIO

<888> 11/01/13 Friday 7:20 P.M. I chatted with a relative. I reheated and ate the chicken and macaroni and cheese dinner along with a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 11/01/13 Friday 5:25 P.M. I chatted with a neighbor. I mailed a letter at the Valley Road Post Office. I went to my 1:30 P.M. appointment. While waiting for the appointment, I read part of the www.time.com magazine article about Prince Charles. I then went downtown. I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I stopped by the www.apple.com store, and they were

busy. I tried out the new Ipad Air. It does not seem very much smaller. They told me to get the keyboard to come up the application will recognize it and bring it up. I stopped by the Greenwich Cigar Store, and I played an Ace's High scratch card for a dollar, but I lost. I stopped by CVS, and I told them they should carry canes for the elderly, since there are a lot of elderly people around Greenwich Avenue. After my walk, I used the bathroom at the Senior and the Arts Center. I then returned home. I picked up the mail. I then went by the [www.chase.com](http://www.chase.com) bank at 19 West Putnam Avenue. I then went by the Wells Fargo Bank on Havemayer Place, and I paid my rent to the Greenwich Housing Authority. I ran into the owner of <http://www.carriagehousemotorcars.com/>, and he told me the 1998 Audi A6 now has a good home. I then returned home. I said hello to neighbors. CIO

<888> 11/01/13 Friday 11:45 A.M. I will now shower and clean up. I have a 1:30 P.M. appointment this afternoon. CIO

<888> 11/01/13 Friday 11:00 A.M. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 11/01/13 Friday 10:00 A.M. I renewed my subscription to [www.forbes.com](http://www.forbes.com) magazine for 20 issues for \$14.95. CIO

<888> 11/01/13 Friday 9:45 A.M. I woke up, and I ate two ounce of almonds. I finally woke up at 9 A.M.. For November 2013, I paid my <http://optonline.net/> Digital Cable TV, Optimum Boost Plus, Optimum Voice, and my <http://www.cl-p.com/> electricity bill, and my <http://www.verizon.com/> local telephone bill. I also paid my second payment of the four payments on my [www.geico.com](http://www.geico.com) automobile insurance bill. CIO

<888> 12/31/13 Tuesday 11:10 P.M. I reheated and ate a chicken and mashed potato dinner along with a popcorn chicken entree, and I put Smart Balance Spread and extra virgin olive oil on the mashed potatoes, and I ate it all with a 12 ounce glass of Canada Dry Diet Ginger Ale. I will now shut down the primary work computer, and I will go to bed. Happy New Years. CIO

<888> 12/31/13 Tuesday 9:55 P.M. Maybe they should put [http://en.wikipedia.org/wiki/Nanook\\_of\\_the\\_North](http://en.wikipedia.org/wiki/Nanook_of_the_North) on television. CIO

<888> 12/31/13 Tuesday 9:55 P.M. [Barbara Bush hospitalized in Houston](#) CIO

<888> 12/31/13 Tuesday 9:35 P.M. For some reason the Hipo weather display is not getting the weather display. The display gets the time off the FIC server, so I know its wireless is working, and the Hipo weather display on the server works. I tried reinstalling the software, and I changed the weather city to White Plains, New York which is actually Westchester County airport which is nearer to me. At the moment, it is not displaying the weather. Perhaps one of the weather servers is not working. It takes time to reboot the FIC server, so I worked with the new Nokia AT&T GoPhone while doing that. I have 1.5 gigabyte of space left on the phone besides the 16 gigabyte mini SD card.

4 to 8 inches of snow coming our way Thursday evening  
[http://forecast.weather.gov/showsigwx.php?warnzone=CTZ009&warncounty=CTC001&fi\\_rewxzone=CTZ009&local\\_place1=&product1=Winter+Storm+Watch#.UsN9LPvy3c8](http://forecast.weather.gov/showsigwx.php?warnzone=CTZ009&warncounty=CTC001&fi_rewxzone=CTZ009&local_place1=&product1=Winter+Storm+Watch#.UsN9LPvy3c8)  
 Russian Christmas <http://www.timeanddate.com/holidays/russia/christmas-day> is January 7, 2014, so don't take down the Christmas decorations, in case any Russians show up. CIO

<888> 12/31/13 Tuesday 7:10 P.M. I chatted with a neighbor. I picked up the mail.

The orders with tracking of  
[https://tools.usps.com/go/TrackConfirmAction?qt\\_c\\_tLabels1=9400110200883038224500](https://tools.usps.com/go/TrackConfirmAction?qt_c_tLabels1=9400110200883038224500) on the order for [Standard Sim to Micro Sim Card Punch Cutter + 2 Micro to Standard Sim Adapters](#) for \$4.22 with free shipping and the order with tracking of  
[https://tools.usps.com/go/TrackConfirmAction?qt\\_c\\_tLabels1=9400110200883043503379](https://tools.usps.com/go/TrackConfirmAction?qt_c_tLabels1=9400110200883043503379) on the order for [5 Port HDMI Switch Switcher IR Remote w/ Power Adapter HDTV Xbox 360 PS3 DVD Wii](#) for \$12.50 with free shipping arrived. I used the sim card cutter to cut the larger standard size sim card from my old Nokia GoPhone into the smaller micro sim card size for the new Nokia GoPhone. One has to make sure one cuts the gold portion of the old sim card in the punch out. It works just fine. However, I now have to enter the password twice when turning it on, since the old sim card had a password on it. Both passwords are the same. I installed the telephone directory from the old sim card into the new Nokia GoPhone. There was also a 16 gigabyte micro SD card in the old Nokia GoPhone that I put in the new Nokia GoPhone. It is for video and music and picture files. The sim card cutter came with two micro sim card to standard sim card adapters. I used scotch tape to put the new micro sim card in the adapter, and I put it in the old Nokia GoPhone. The old Nokia GoPhone now does not ask for a password. I still have the telephone directory on it that I had previously imported into the old Nokia GoPhone. Thus I now have \$235 on the new

Nokia AT&T GoPhone good until June 16, 2014. At that time I can add \$25 more to keep the balance. The old Nokia GoPhone plan is the ten cent a minute plan, and I do not know if that includes data or just talk time. The old Nokia GoPhone is now on the new AT&T plan which is \$25 a month for 240 minutes which expires on January 26, 2014. I will let it lapse, when it expires. Thus I still have my old AT&T GoPhone number of 1-203-252-0709. I do not plan to carry the new Nokia AT&T GoPhone outside the apartment when I leave, since I still have the free wireless Tracephone with 250 minutes a month. I do not know whether I should install my primary computer music files on the new Nokia GoPhone or leave the 16 gigabyte of storage for video and pictures. I updated the new Nokia GoPhone settings with Nokia online to preserve the phone information on the apps and settings that I have. I do not know if it also updates the telephone directory or not.

I hooked up the 5 port HDMI switch box to the Haier HDTV with input one being the Sony BluRay DVD and Streaming Media device and input 2 is the IBM ThinkCentre next to the Ethan Allen recliner. I place the switch box beneath and to the right of the Sceptre LED TV. Both hardware hookups work just fine. The power to the switch box is connected to the Scepter LED TV control panel under the far left monitor switch. I used the two sided tape to mount the IR sensor beneath the Sceptre TV, and I left the remote control on the far left of the Haier TV shelf. I have the bedroom HDMI cable hooked into the Sceptre TV as a second channel, but I could also move it to the 5 port HDMI switch box, if one wanted both cable boxes on the Haier HDTV. I chatted with a relative. CIO

<888> 12/31/13 Tuesday 4:00 P.M. I installed between 50 and 100 free applications on the Nokia Lumia 520 GoPhone (AT&T) which price seems to fluctuate between \$40 and \$90 on the Amazon web site. It seems to have about five hours of battery life in continuous use. I did notice one feature about it in using it. Since I am left handed, I hold it in my left hand and used the touch screen with my right hand. If one tried to hold it in the right hand and use the touch screen with the left hand, one might activate the buttons including the on and off button on the right side of the phone. Of course one could prop it up in one's lap and hold it from the top, when sitting down. It takes getting use to the small screen and the interface, but it is quite responsive, and I feel it was an excellent value for the \$40 I paid for it with free shipping. There are quite a lot of useful free applications. CIO

<888> 12/31/13 Tuesday 12:20 P.M. When I was in Cayo Hueso during the winters of 1977 and 1978, one of my sunbathing deja vue friend's father found over a billion dollars of Spanish gold coins, so they managed to survive down there. The poorer people in West Palm Beach are still trying to sell silver coins National Collectors Mint - U.S. Gov't Morgan Silver Dollars - Home . CIO

<888> 12/31/13 Tuesday 11:50 A.M. Friday night here, it is suppose to go down to two degrees Fahrenheit. There is still time to escape to <http://www.liveduvalstreet.com/> and the <http://casamarinaresort.com/> or for a cheaper experience the <http://keyambassador.com/> which is next to the airport, where one can park one's private jet [www.netjets.com](http://www.netjets.com) . CIO

<888> 12/31/13 Tuesday 11:40 A.M. I was told yesterday that the new construction on Steamboat Road across from 600 Steamboat Road where Bessemer Trust is, is for new

Japanese style condos such as are across the street from the Delamar Hotel. In building the foundation excavation, the debris that they have removed is being crushed into the large mountain of crushed gravel that they will use for making cement for other projects. They did that when they tore down the former Greenwich Fire Station, and they crushed up all of the old cement from that project. I have a relative that used to live in the Indian Harbor waterfront area, so I have always kept an eye on that area over the years, since I returned from [www.nantucket.net](http://www.nantucket.net) 30 years ago. I have a lot of experience as a wharf rat on the waterfronts around the world, but alas it is too expensive for me to drive down there regularly anymore. They also do not seem to appreciate my viewpoint on waterfront matters from the terra firma side of the waterfront. CIO

<888> 12/31/13 Tuesday 11:10 A.M. I chatted with a friend. I threw out the garbage. I took the two old Pennsylvania emissions stickers and the old Greenwich Senior Center parking permit off the inside windshield of the Volvo wagon with my Stanley glass scraper, and I put the new Greenwich Senior Center sticker on the inside driver's side lower part of the windshield. The new orange Greenwich Senior Center parking sticker number is 14054. I also put in a new Braun Oral B replacement head on my electric tooth brush. CIO

<888> 12/31/13 Tuesday 9:35 A.M. I chatted with a relative. I will now shower and clean up. CIO

<888> 12/31/13 Tuesday 8:50 A.M. I chatted with a friend.

\$75.58 with free shipping Seiki Digital SC22HY07 22.0-Inch 720p 60Hz LCD HDTV does not receive digital TV signals, read notes. CIO

<888> 12/31/13 Tuesday 8:20 A.M. For January 2014, I paid my <http://optonline.net/> Digital Cable TV, Optimum Boost Plus, Optimum Voice, and my <http://www.cl-p.com/> electricity bill, and my <http://www.verizon.com/> local telephone bill. CIO

<888> 12/31/13 Tuesday 7:20 A.M. I woke up at 6 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 12/30/13 Monday 9:45 P.M. \$65.86 with free shipping Seiki Digital SE20HS02 20-Inch 720p 60Hz LED TV (Black)

My relative received the order with tracking of [https://tools.usps.com/go/TrackConfirmAction?qt\\_c\\_tLabels1=9400110200793953157688](https://tools.usps.com/go/TrackConfirmAction?qt_c_tLabels1=9400110200793953157688) for Dorcy High Beam LED Aluminum Flashlight 100 Lumens Water Resistant 41-4287 which I ordered for free with a \$10 bonus coupon that they sent out.

Cost of Being Mayor? \$650 Million, if He's Rich - NYTimes.com

Helicopter rescue for ice-bound ship Akademik Shokalskiy

Thousands in El Salvador flee erupting Chaparrastique volcano

William to take Cambridge University agriculture course

Cash machines raided with infected USB sticks

It is suppose to go down to 18 degrees Fahrenheit here tonight and this coming morning.

I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 12/30/13 Monday 8:40 P.M. I reheated and ate a chicken and mashed potato dinner along with a popcorn chicken entree, and I put Smart Balance Spread and extra virgin olive oil on the mashed potatoes, and I ate it all with a 12 ounce glass of Canada Dry Diet Ginger Ale. I chatted with a relative. CIO

<888> 12/30/13 Monday 7:00 P.M. I threw out the garbage. I went downtown to the Senior and the Arts Center. I chatted with a former neighbor from the waterfront. I paid \$5 for a 2014 Senior Center Parking permit. I then walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I stopped by the Greenwich Cigar Store, and I bought an Ace's High Scratch card for a dollar, and I got an Ace that beat the dealer's King, but I only one another scratch card, and this time the dealer's King beat me. I stopped by CVS. I bought two boxes of 16 Hallmark Christmas cards for \$2.49 each box, a 16 roll bundle of Charmin double roll toilet paper for \$9.99, a Philips Dynamic Bass ear buds for the Nokia GoPhone for \$9.99, and four 9 ounce Dawn antibacterial dishwashing detergent for .99 each less a \$4 off \$20 CVS Bonus Bucks and \$1.58 tax for \$26.50 total. I then finished my walk downtown, and I sat out for a while. There was both an ABC and NBC news trucks at the north side of the Senior and the Arts center by the new Greenwich Police station. I then went by the Greenwich Library, and I chatted with two staff members. I then went by the Stop and Shop. I bought fresh bananas for .79 a pound for \$1.49, a 24 ounce package of Stop and Shop mashed potatoes for \$2.50, a package of three rib eye steaks for \$7.99 a pound for \$14.14, two 16 ounce Marie Callender chicken pot pies for \$2.50 each, a package of four red velvet muffins for \$2.99, two prepared popcorn chicken dishes for \$1.99 each, and two chicken and mashed potato dinners for \$1.99 each for \$34.08 total. \$20 of the bill was paid for with my Greenwich Department of Social Services Christmas Food Voucher. I then returned home, and I picked up the mail. The order with tracking of UPS Tracking on the order for Logitech - Z130 2.0 Speaker System (2-Piece) \$9.99 with free shipping and .63 tax for \$10.62 total arrived. I put away my groceries and other purchases. CIO

<888> 12/30/13 Monday 12:55 P.M. I will now shower and clean up and go downtown to explore the wanders of Greenwich Avenue and its many internet loafers. CIO

<888> 12/30/13 Monday 12:20 P.M. I woke up at 11 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 12/30/13 Monday 6:25 A.M. I will now shut down the primary work computer. I will eat a Greek yogurt and a 4.5 ounce piece of Milano cake. I will then go to bed. CIO

<888> 12/30/13 Monday 6:10 A.M. Under "import from file" at this page <https://col131.mail.live.com/default.aspx?rru=contacts&vw=cleanup#vw=default> , one can import a CSV file from the Microsoft Outlook Email program which one can make following these instructions <http://theapptimes.com/export-contacts-from-outlook-2010-to-a-csv-file/> , and it is different with earlier Outlook versions. Then the email contacts will show up in one's Hotmail account on the Nokia GoPhone. I had a problem getting the Nokia GoPhone to set up for my Optimum Email account. When I entered the outgoing server address, the setup program would close before I could finish, so I only entered a couple of characters in the outgoing server box, and I saved it, and then I changed it once it was saved. There is more than one way to skin a cat. I worked with the Nokia phone setting up a few other features. I can not figure out how to close an application on it without shutting it down. CIO

<888> 12/30/13 Monday 12:45 A.M. <http://www.windowsphone.com/en-US/How-to/wp8/videos> CIO

<888> 12/29/13 Sunday 11:55 P.M. On the Nokia Lumia 520 GoPhone (AT&T) which works with wireless LAN without paying for AT&T, one can also talk to it, to tell it what to do including web browser vocal searches with the Google App. Since I have the option of using Skype with wireless LAN with the Nokia GoPhone, I put \$10 more on my Skype account, so I now have \$12.31 on it. Here is a list of Windows Phone Apps <http://www.windowsphone.com/en-us/store> . There is also a [www.chase.com](http://www.chase.com) application. CIO

<888> 12/29/13 Sunday 9:30 P.M. I ate a 4.5 ounce piece of Pepperidge Farm Milano cookie cake. CIO

<888> 12/29/13 Sunday 9:15 P.M. Report: NSA intercepts computer deliveries CIO

<888> 12/29/13 Sunday 9:00 P.M. I woke up at 7 P.M., and I chatted with a relative. I chatted with a neighbor downstairs. I chatted with another relative. I ate a 18 ounce can of Progresso New England clam chowder with dried parsley in it and a 12 ounce glass of Canada Dry diet ginger ale. CIO

<888> 12/29/13 Sunday 2:00 P.M. I will now take a nap. CIO

<888> 12/29/13 Sunday 1:50 P.M. I made 128 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching part 1 of the 2002 movie "Dr. Zhivago". CIO

<888> 12/29/13 Sunday 10:40 A.M. I chatted with a relative. I ate a turkey and Swiss cheese sandwich on 15 grain whole wheat bread with Hellmann's olive oil mayonnaise and Lays sour cream and onion potato chips and a dill pickle slice and a 12 ounce glass of Canada Dry diet Ginger Ale. I will now make cigarettes. CIO

<888> 12/29/13 Sunday 9:00 A.M. I cleared up the old paper work on the two laptop computers at the apartment entrance. I did some systems maintenance on the IBM ThinkCentre by the Ethan Allen recliner. It is suppose to start raining at 10 A.M. this morning, so there is point in going out. CIO

<888> 12/29/13 Sunday 6:55 A.M. They are so hostile to cigarettes smokers in Manhattan, I have not set foot in Manhattan since March 4, 2008; when I went to the Microsoft Vista launch conference at the Sheraton Hotel at Broadway and 54th street. Since the British flag was flying at the Waldorf Astoria and on the way out in Grand Central Station when the trains were stopped I saw about three thousand business people with Prince Andrew's look and somebody that looked like Prince Charles with Gordon Brown looking at the newly refurbished Grand Central Terminal. On my trip to the Big Apple, I took these pictures to document the event.

<http://mikelouisscott.com/mls-030408/>

<http://mikelouisscottcom.cv.siteprotect.net/mls-030408/> CIO

<888> 12/29/13 Sunday 5:50 A.M. I will now shower and clean up. CIO

<888> 12/29/13 Sunday 5:05 A.M. I woke up at 4 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed.

<http://www.uso.org/> CIO

End of Scott's Notes week of 12/28/13

<888> 12/28/13 Saturday 6:30 P.M. Bean's Fleece Shirt, Traditional Fit Plaid \$39.99 with free shipping

Tracking is

[https://www.fedex.com/fedextrack/index.html?tracknumbers=61299998230232606411&cnt ry\\_code=us](https://www.fedex.com/fedextrack/index.html?tracknumbers=61299998230232606411&cnt ry_code=us) on the order for three in waist 50 silver birch Chaps Explorer Cargo Shorts - Big & Tall for \$14 each and two in waist 50 Chaps Oxford Club Flat-Front Shorts - Big &

Tall for \$12 each less coupon code "CELEBRATE" for \$13.20 off on over \$50 order and free shipping and \$3.35 tax for \$56.15 total.

I will now send out my weekly notes. I will then shut down the primary work computer. I will then go to bed. CIO

<888> 12/28/13 Saturday 6:30 P.M. I drank a 12 ounce glass of Lipton citrus green tea. CIO

<888> 12/28/13 Saturday 4:55 P.M. I woke up at 1:30 P.M., when a relative called that was going to be stopping by in 15 minutes. I made my bed, and I got dressed. I threw out the garbage. I drove over in my Volvo wagon with my two relatives following to <http://www.wendys.com/> on West Putnam Avenue. My relatives bought me lunch of a double Portobello mushroom hamburger with medium fries and medium diet [www.coke.com](http://www.coke.com) for \$8.59. We ate our meals. I showed my relatives my new Nokia Lumia 520 GoPhone (AT&T). They showed me some pictures on their cell phones. We then drove to the east bound side of the Greenwich Train Station, and we met another relative coming out on the train from Manhattan to pick up a bag of items he had forgotten, when he was dropped off earlier in Manhattan. That relative caught the next train back into Manhattan 11 minutes later. My other relatives left for their trip up north. I then drove to the ATM machine at the [www.chase.com](http://www.chase.com) bank at 19 West Putnam Avenue, and then I returned home. I did not get any mail today. CIO

<888> 12/28/13 Saturday 11:25 A.M. I will now shut down the primary work computer. I will then eat a Greek yogurt. I will then go to bed. CIO

<888> 12/28/13 Saturday 11:00 A.M. Woodrow Wilson (president of United States) -- Encyclopedia Britannica

Westminster Abbey (church, London, United Kingdom) -- Encyclopedia Britannica

Tracking is UPS Tracking on the order for Logitech - Z130 2.0 Speaker System (2-Piece) \$9.99 with free shipping and .63 tax for \$10.62 total.

Connecticut General Assembly - Acts Effective CIO

<888> 12/28/13 Saturday 10:30 A.M. I chatted with a relative. I ate a turkey and Swiss cheese sandwich on 12 grain whole wheat bread with Hellmann's olive oil mayonnaise and Lays wavy potato chips and a dill pickle slice and a 12 ounce glass of Canada Dry diet Ginger Ale. CIO

<888> 12/28/13 Saturday 9:00 A.M. Changes underway at bottom of Greenwich Avenue CIO

<888> 12/28/13 Saturday 8:45 A.M. I installed the Skype and Netflix apps on the Nokia Lumia 520 GoPhone. Technically one does not need to activate the AT&T GoPhone with

AT&T for their minimum monthly charge of \$25. One could just use it with LAN wireless and Skype for communications and LAN wireless for the other features. Since it is a small delicate device, it takes a bit of time to get use to its feature. The Netflix streaming media works just fine on it, but it would be expensive with AT&T wireless. I probably should order a pair of ear buds, but I think I have a pair around the apartment somewhere. CIO

<888> 12/28/13 Saturday 7:00 A.M. The Nokia Lumia 520 GoPhone (AT&T) and <http://www.nokia.com/us-en/phones/phone/lumia520/> works off the wireless LAN also. I will now study the instructions and try to familiarize myself with the phone. I used up the 1000 sheet starter cartridge in the Konica Minolta PagePro 1350W laser printer. I had in stock the 6000 sheet cartridge <http://www.abcink.com/minolta-qms-1710567-001-black-laser-toner-cartridge.html> which I just put in it. CIO

<888> 12/28/13 Saturday 3:30 A.M. With this link <https://www.wireless.att.com/activations/> , I activated the new Windows Nokia AT&T GoPhone, and I put it on the \$25 monthly plan on the account for \$27.29 charge with tax good until February 28, 2014. I installed the sim card and battery in the new GoPhone, and it seems to work just fine. However, the touch screen is a bit too small to look at. I am now charging it up. I found this page <http://www.windowsphone.com/en-US/How-to/wp8/windows-phone-app-for-desktop> to sync it with the computer. I will now shower and clean up. CIO

<888> 12/28/13 Saturday 1:15 A.M. I went back to bed until 1 A.M..

<888> 12/27/13 Friday 11:05 P.M. I ate a 20 ounce Stop and Shop macaroni and cheese dinner with grated parmesan and Romano cheese on it and a 12 ounce glass of Canada Dry diet Ginger Ale. I chatted with a relative. CIO

<888> 12/27/13 Friday 10:00 P.M. I watched a <http://siciliancookingplus.com/> cooking show on [www.cnn.com](http://www.cnn.com) . We probably should keep an eye out for any tourists that might show up in Greenwich, Connecticut in the Off Season around the Holiday Time. From my experience, we sometimes get people from the North Country showing up here in the Winter, since it is a lot colder further up North. Greenwich, Connecticut like New York City is as far north as Rome, Italy, so our climate is similar to Rome, except we can get some much colder weather, when the Arctic winds come out of the Northwest. I have a [www.rabittv.com](http://www.rabittv.com) device on the IBM ThinkCentre by the Ethan Allen recliner, and that computer content can be displayed on the Haier 32 inch HDTV. However, I guess some day unlike the Hipo Weather station, there will be a little device that one can plug into one's router without the computer, and it will broadcast a TV signal to an HDMI device plugged into one's television. Of course the Cable people would want money for such a device. I made my bed again. CIO

<888> 12/27/13 Friday 8:50 P.M. Ridiculous stuff rich people buy CIO

<888> 12/27/13 Friday 8:35 P.M. I woke up at 8:15, and I chatted with a relative. There is a video for installing the Hipo Weather station at [Hipo 7" Digital 5 Day Wireless Internet](#)

**Weather Forecast Station With Indoor and Outdoor temperature Display** about two thirds of the way down the page. Of the 14 people whom I sent one too, all but two have received them. CIO

<888> 12/27/13 Friday 5:10 P.M. I chatted with a relative. I will now go back to bed. CIO

<888> 12/27/13 Friday 4:40 P.M. I threw out the garbage. I picked up the mail. I got a \$20 Stop and Shop voucher from the Greenwich Department of Social Services. CIO

<888> 12/27/13 Friday 3:55 P.M. I ordered three in waist 50 silver birch **Chaps Explorer Cargo Shorts - Big & Tall** for \$14 each and two in waist 50 **Chaps Oxford Club Flat-Front Shorts - Big & Tall** for \$12 each less coupon code "CELEBRATE" for \$13.20 off on over \$50 order and free shipping and \$3.35 tax for \$56.15 total. CIO

<888> 12/27/13 Friday 3:25 P.M. The order with tracking of [https://www.fedex.com/fedextrack/index.html?tracknumbers=9261297641999804861658&country\\_code=us](https://www.fedex.com/fedextrack/index.html?tracknumbers=9261297641999804861658&country_code=us) on the order for **Nokia Lumia 520 GoPhone (AT&T)** and <http://www.nokia.com/us-en/phones/phone/lumia520/> for \$39.99 with free shipping and \$2.54 tax for \$42.53 total arrived. CIO

<888> 12/27/13 Friday 2:50 P.M. I chatted with a relative at 11 A.M.. I finally woke up at 1:15 P.M.. I chatted with a friend. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 12/27/13 Friday 5:35 A.M. I will now shut down the primary work computer. I will eat a Greek yogurt. I will then go to bed. CIO

<888> 12/27/13 Friday 5:30 A.M. I ordered four **Scandia Woods Turtleneck** in 2XL regular length in vintage blue for \$5.97 each and 20% off with coupon code "E1320" for \$4.80 discount and \$6.99 shipping for \$26.07 total. CIO

<888> 12/27/13 Friday 4:35 A.M. **NY Tri-state | Index** McDonalds

I bought **Dorcy High Beam LED Aluminum Flashlight 100 Lumens Water Resistant 41-4287** for free with my Super Points, and I had it sent to a relative.

To have a spare pair of speakers, I bought **Logitech - Z130 2.0 Speaker System (2-Piece)** \$9.99 with free shipping and .63 tax for \$10.62 total.

**Japanese volcanologists say several nuclear power plants at risk if major eruptions happen - The Japan Daily Press**

**Global Volcanism Program | Smithsonian / USGS Weekly Volcanic Activity Report**

<https://www.paypal.com/webapps/mpp/stampoutchecks> Charity Donation

[Cunard The Royal Upgrade Celebration](#)

Tracking is

[https://tools.usps.com/go/TrackConfirmAction?qt\\_c\\_tLabels1=9400110200883043503379](https://tools.usps.com/go/TrackConfirmAction?qt_c_tLabels1=9400110200883043503379) on the order for 5 Port HDMI Switch Switcher IR Remote w/ Power Adapter HDTV Xbox 360 PS3 DVD Wii for \$12.50 with free shipping.

[\\$34.65 with free shipping Amazon.com - La Crosse Technology WD-3307U Weather Direct 4-Day Multi-Line Wireless Forecaster - Weather Stations](#)

[E.R. Costs for Mentally Ill Soar, and Hospitals Seek Better Way - NYTimes.com](#)

[10 truly bizarre Victorian deaths](#)

[10 strange ways Tudors died](#)

[Met Office to offer daily space weather forecasts](#)

[China icebreaker heads to trapped Antarctic ship](#)

[Cryptolocker ransomware has 'infected about 250,000 PCs' CIO](#)

<888> 12/27/13 Friday 1:50 A.M. I ate a turkey and Swiss cheese sandwich on 12 grain whole wheat bread with Hellmann's olive oil mayonnaise and Lays wavy potato chips and a dill pickle slice and a 12 ounce glass of Canada Dry diet Ginger Ale. CIO

<888> 12/27/13 Friday 12:35 A.M. I went downtown to CVS on Greenwich Avenue. I bought a 250 count Flaxseed Oil 1000 mg for \$19.99 and three 12 packs of 12 ounce cans of [www.coke.com](http://www.coke.com) for \$10 and \$1.80 can deposit and \$1.90 tax for \$33.69 total. I then took an extended drive, and I drove down by the waterfront on Steamboat Road. There is a new house going in at Oneida Drive and Steamboat, and just south of that, there is a large mountain of dirt and fill where Manero's Parking lot used to be across the street from 600 Steamboat Road. It seemed pretty normal otherwise on Steamboat Road. I then went by the Stop and Shop. I bought buy one get one free of 9 ounce Lays Sour Cream and Onion potato chips for \$4.29 both, a 2 pound bag of baby carrots for \$2.50, bananas for .79 a pound for \$1.96, three 7 ounce tubs of Healthy Ones sliced turkey for \$7 all, a 24 ounce Stop and Shop garlic mashed potatoes for \$2.50, a four pack of 6 ounce Chaboni blueberry Greek yogurt for \$4.29 and another one of peach for \$4.29, a 7 ounce package of Stop and Shop sliced Swiss cheese for \$3.59, and a loaf of Pepperidge Farm 15 grain bread for \$2.50 for \$32.92 total. I then used the ATM machine at the Chase Bank at the Stop and Shopping Plaza. I then went by the Putnam Shell at 401 West Putnam Avenue, and I bought \$10 of self service V-Power premium gasoline with a dime a gallon off with my Stop and Shop card for \$4.199 a gallon for 2.382 gallons for 27.5 miles driven since Thursday December 5, 2013 at odometer reading of 107409 miles for 11.545 miles per gallon in

mostly local traffic. I then returned home. I used my little folding cart from the back of the Volvo wagon to bring up my purchases, and then I put the little folding cart in the back of the Volvo wagon. I then put away my groceries. CIO

<888> 12/26/13 Thursday 8:55 P.M. I chatted with a relative. I will now shower and clean up and go out. CIO

<888> 12/26/13 Thursday 8:00 P.M. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 12/26/13 Thursday 7:05 P.M. I woke up at 5 P.M.. I chatted with a friend. The building fire alarm went off and was then reset for a false alarm. I picked up the mail. The order with tracking of [https://tools.usps.com/go/TrackConfirmAction?qt\\_c\\_tLabels1=9400110200983005318109](https://tools.usps.com/go/TrackConfirmAction?qt_c_tLabels1=9400110200983005318109) for Hipo 7" Digital 5 Day Wireless Internet Weather Forecast Station With Indoor and Outdoor temperature Display for \$4.99 and \$2.99 shipping for \$7.98 total arrived. I put two new AAA alkaline batteries in it. I installed the USB sending device in the front USB port of the FIC server, and then I installed the software selecting Stamford, Connecticut as the home station. I rebooted the FIC server, and then I unplugged and plugged in the USB sending device, and I selected register on the weather icon on the FIC server and the register button on the display unit, and it all seems to work just fine. I also used the mode button to set the time and date settings manually, but the device also automatically updates those setting from the computer. I put the Hipo weather display on the top front of the FIC server. I put the little metal peg stand on it, for it to stand up properly. CIO

<888> 12/26/13 Thursday 9:50 A.M. I will now shut down the primary work computer. I will then eat a Greek yogurt. I will then go to bed. CIO

<888> 12/26/13 Thursday 9:15 A.M. \$199.99 with free shipping Insignia™ - 37" Class (36-1/2" Diag.) - LED - 720p - 60Hz - HDTV

CIO

<888> 12/26/13 Thursday 8:20 A.M. I ate a 14 ounce Marie Callender chicken and bacon pot pie with a 12 ounce glass of Canada Dry diet ginger ale. CIO

<888> 12/26/13 Thursday 7:40 A.M. I made 178 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching "Skyfall". CIO

<888> 12/26/13 Thursday 4:00 A.M. I put away the laundry. I will now make cigarettes. CIO

<888> 12/26/13 Thursday 3:10 A.M. \$179.99 with free shipping RCA - 32" Class (31-1/2" Diag.) - LED - 720p - 60Hz - HDTV

\$179.99 with free shipping Insignia - 32" Class (31-1/2" Diag.) - LED - 720p - 60Hz - HDTV CIO

<888> 12/26/13 Thursday 2:55 A.M. For the Haier HDTV, I bought 5 Port HDMI Switch Switcher IR Remote w/ Power Adapter HDTV Xbox 360 PS3 DVD Wii for \$12.50 with free shipping. CIO

<888> 12/26/13 Thursday 2:45 A.M. I have 55 minutes to go on two dry cycles. One of the joys of living near West Putnam Avenue in Greenwich, Connecticut is that not only do we have a 24 hour www.cvs.com , but we have three 24 hours gasoline stations with minimarts. There is the Shell, Mobil, and Exxon stations going from East to West in about a mile stretch. I was told by a relative that one of the CVS stores in Vero Beach, Florida is selling discounted HDTV sound bars for \$40, so I guess the older retired people whom are hard of hearing will enjoy them. CIO

<888> 12/26/13 Thursday 2:20 A.M. I put clean linens on the bed. I showered, and I cleaned up. I started two loads of laundry, and I have 20 minutes to go on the wash cycles. I threw out the garbage and the old periodical literature. I watered the plants. CIO

<888> 12/26/13 Thursday 12:50 A.M. <http://www.mercyships.org/home/>

[https://secure.unicefusa.org/site/Donation2?df\\_id=16000&16000.donation=form1](https://secure.unicefusa.org/site/Donation2?df_id=16000&16000.donation=form1)

<http://www.stjude.org/>

<https://www.aspca.org/> CIO

<888> 12/26/13 Thursday 12:20 A.M. I woke up at 9 P.M., and I chatted with a relative. I finally woke up at 11 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 12/25/13 Wednesday 2:05 P.M. It was on Christmas Eve back in 1977 when I had the night off from working as a dishwasher at La Vielle Maison in Boca Raton, Florida that I went to a coffee shop on U.S. 1, and I met somebody from www.ibm.com , and we sat down and chatted about computers as I knew them based on a IBM 360. I designed on a coffee shop napkin a sketch of a personal computer with motherboard, CPU, slots, hard drive and video card which is still pretty much the same today for a desktop computer. However, back then none of the parts were yet invented let alone the software. I will now shut down the primary work computer, and I will go to bed soon. Have a Merry Christmas. CIO

<888> 12/25/13 Wednesday 1:35 P.M. Phony Queen's Speech  
<http://www.youtube.com/watch?v=jXhMldcGh2A>

**Queen Elizabeth II - NOT the rightful heir to the Throne of England**

I chatted with a relative.

My new neighbor stopped by to see if I could look up a phone number. He also returned the \$10 that he had barrowed. I chatted with another relative. I ate two ounces of almonds, and I drank a 12 ounce glass of Lipton Citrus iced tea. CIO

!!!!!! <888> 12/25/13 Wednesday 10:25 A.M. Queen reflects in Christmas message

**2013 Christmas Message Queen Elizabeth II****The Queen's Christmas Broadcast 2013**

I chatted with a relative. CIO

<888> 12/25/13 Wednesday 9:10 A.M. Better buy some Forever stamps Price of stamps to go up 3 cents

Gates: Bezos 'overoptimistic' on drones CIO

<888> 12/25/13 Wednesday 9:00 A.M. I was told that Stowe, Vermont and Johnson, Vermont have electricity, but the towns north of there are iced over without electricity including Smugglers Notch. CIO

<888> 12/25/13 Wednesday 8:55 A.M. I got back up.

In turbulent Venezuela, gasoline will likely stay at pennies a gallon CIO

<888> 12/25/13 Wednesday 7:45 A.M. I chatted with a friend visiting relatives near Stowe, Vermont. He told me it is minus 2 degrees Fahrenheit. Of course up on top of the Mountain, it might be minus 40 degrees Fahrenheit. The friend is thinking of visiting <http://en.wikipedia.org/wiki/Bequia> later this winter. CIO

<888> 12/25/13 Wednesday 7:15 A.M. It is 16 degrees Fahrenheit outside right now. I am now going to take a nap.

It is zero degrees Fahrenheit in Stowe, Vermont

<http://www.bing.com/weather/search?q=Stowe%2c%20Vermont%20weather&unit=F&qpv=Stowe%2c+Vermont+weather&FORM=DTPWEA>

<http://www.stowe.com/>

<http://www.trappfamily.com/> CIO

<888> 12/25/13 Wednesday 5:40 A.M. I took a 10 inch skillet, and I put it on a large electric burner at medium high heat with two tablespoons of extra virgin olive oil in it, and after three minutes when the olive oil was hot, I put in a 16 ounce rib eye steak, and I cooked it for three minutes a side flipping it every minute. The first two sides, I put garlic powder, Montréal Steak Seasoning, and Italian Seasoning on each side the first time around, and I ate it with Lea and Perrins Worcestershire sauce and 12 ounces of garlic mashed potatoes with Smart Balance Spread and extra virgin olive oil and steamed baby carrots cut into quarters lengthwise and broccoli crowns with Smart Balance Spread and extra virgin olive oil and a 12 ounce glass of Canada Dry diet Ginger Ale and a cup of green tea with Splenda sweetener and Borden's lemon juice. That is about a \$10 meal at my cost which is way over my budget, but it will give me extra energy for exploring Greenwich Avenue during this Holiday Season.

Pictures of Christmas Dinner and my Christmas Gifts:

<http://mikelouisscott.com/mls-122513/>

<http://mikelouisscottcom.cv.siteprotect.net/mls-122513/> CIO

<888> 12/25/13 Wednesday 3:45 A.M. The new 'Wade' Sunglasses in Tortoise for \$10 with free shipping and .64 tax for \$10.64 look and fit just fine. For Christmas 2013, I also got <http://www.kbb.com/volvo/xc70/2005-volvo-xc70/> which was a gift from my mother who is doing just fine. With Christmas Money and my \$750 Renters Rebate check over the last six months, I also got

oCOSMO 32-Inch 720p 60Hz LED HDTV (Glossy Black) for \$150 and \$9 tax and three warranty for \$18 for \$177 total.

[http://www.amazon.com/Seiki-Digital-SE20HS02-20-Inch-Black/dp/B00E0EYIV4/ref=lh\\_ni\\_t?tag=dealnewscom&ie=UTF8&psc=1&smid=ATVPDKIKX0DER#productDetails](http://www.amazon.com/Seiki-Digital-SE20HS02-20-Inch-Black/dp/B00E0EYIV4/ref=lh_ni_t?tag=dealnewscom&ie=UTF8&psc=1&smid=ATVPDKIKX0DER#productDetails) for \$66.72 and two year warranty for \$6.63 and \$4.66 tax for \$78.01 total

[http://www.accessories4less.com/make-a-store/item/BOSTVEE10/BOSTON-ACOUSTICS-TVee-10-All-In-One-Soundbar-w/Powerful-Bass-Built-In/1.html?gclid=CN2e\\_KKuprsCFSRk7AodNwQA9g#!more](http://www.accessories4less.com/make-a-store/item/BOSTVEE10/BOSTON-ACOUSTICS-TVee-10-All-In-One-Soundbar-w/Powerful-Bass-Built-In/1.html?gclid=CN2e_KKuprsCFSRk7AodNwQA9g#!more) for \$49.99 and \$9.36 shipping for \$59.35 total

Dell 1160w wireless laser printer for \$29.99 and \$1.90 tax for \$31.89 total  
<http://accessories.us.dell.com/sna/productdetail.aspx?c=us&cs=04&l=en&sku=225-3111> .

[http://www.bonton.com/sc2/shop/bed-bath/down-alternative-comforters/livingquarters-reversible-microfiber-down-alternative-comforter-394765.html?utm\\_source=LSAFF&utm\\_medium=AFL&utm\\_campaign=LS&C ID=LSAFF-AFL-LS&siteID=isIkAyUyNbM-I1sGjPsJKembGd1vy6Dieg](http://www.bonton.com/sc2/shop/bed-bath/down-alternative-comforters/livingquarters-reversible-microfiber-down-alternative-comforter-394765.html?utm_source=LSAFF&utm_medium=AFL&utm_campaign=LS&C ID=LSAFF-AFL-LS&siteID=isIkAyUyNbM-I1sGjPsJKembGd1vy6Dieg) in Olive and

Reseda color in full or queen size for \$19.97 with free shipping with coupon code "FREESHIP" and \$1.27 tax for \$21.24 total

[http://www.ebay.com/itm/Tripp-Lite-Isobar-MT-6Plus-Surge-Protector-Supressor-6-Outlet-Phone-Fax-Black-/111230915163?pt=US\\_Surge\\_Protectors\\_Power\\_Strips&hash=item19e5e1125b](http://www.ebay.com/itm/Tripp-Lite-Isobar-MT-6Plus-Surge-Protector-Supressor-6-Outlet-Phone-Fax-Black-/111230915163?pt=US_Surge_Protectors_Power_Strips&hash=item19e5e1125b) for \$30

[http://www.ebay.com/itm/Tripp-Lite-Isobar-Touch-Master-Plus-MT-6-Surge-Protector-Supressor-Phone-Fax-/291020244980?pt=US\\_Surge\\_Protectors\\_Power\\_Strips&hash=item43c22887f4](http://www.ebay.com/itm/Tripp-Lite-Isobar-Touch-Master-Plus-MT-6-Surge-Protector-Supressor-Phone-Fax-/291020244980?pt=US_Surge_Protectors_Power_Strips&hash=item43c22887f4) for \$24

Scandia Woods Flannel Pajamas in 2XL in Dress Gordon for \$23.97 and \$6.99 shipping for \$30.96 plus with coupon code "PTAHF" get free shipping and \$4.79 off for \$19.18 total

NEW! SCANDIA WOODS MENS RED/BLACK FLANNEL PAJAMA SET SZ 2XL-- PERFECT FOR HOLIDAY for \$17.99 and \$8.76 shipping for \$26.75 total

Nokia Lumia 520 GoPhone (AT&T) and <http://www.nokia.com/us-en/phones/phone/lumia520/> for \$39.99 with free shipping and \$2.54 tax for \$42.53 total

Hipo 7" Digital 5 Day Wireless Internet Weather Forecast Station With Indoor and Outdoor temperature Display for \$7.99

[https://tools.usps.com/go/TrackConfirmAction?qt\\_c\\_tLabels1=9400109699937162077878](https://tools.usps.com/go/TrackConfirmAction?qt_c_tLabels1=9400109699937162077878) on the order for [http://www.ebay.com/itm/Philips-Digital-Gold-Plated-2-Way-HDTV-Coax-5-2300-MHz-indoor-Outdoor-Splitter-/261269117150?pt=US\\_Splitters\\_Combiners&hash=item3cd4da58de](http://www.ebay.com/itm/Philips-Digital-Gold-Plated-2-Way-HDTV-Coax-5-2300-MHz-indoor-Outdoor-Splitter-/261269117150?pt=US_Splitters_Combiners&hash=item3cd4da58de) for \$5.99

[http://www.ebay.com/itm/3-Port-HDMI-1-3-Selector-Switch-Box-Hub-Adapter-1080p-Splitter-HDTV-PS3-DVD-/131069161835?pt=US\\_Video\\_Cables\\_Adapters&hash=item1e8454b16b](http://www.ebay.com/itm/3-Port-HDMI-1-3-Selector-Switch-Box-Hub-Adapter-1080p-Splitter-HDTV-PS3-DVD-/131069161835?pt=US_Video_Cables_Adapters&hash=item1e8454b16b) for \$6.67

three 6

foot [http://www.newegg.com/Product/Product.aspx?Item=N82E16882850010&nm\\_mc=AF C-C8Junction&cm\\_mmc=AFC-C8Junction--na--na--na&cm\\_sp=&AID=10440897&PID=249294&SID=996728459](http://www.newegg.com/Product/Product.aspx?Item=N82E16882850010&nm_mc=AF C-C8Junction&cm_mmc=AFC-C8Junction--na--na--na&cm_sp=&AID=10440897&PID=249294&SID=996728459) main for \$3.99 each and \$2.50 off with promo code "EMCYTZT4997" for \$4.47 total

Standard Sim to Micro Sim Card Punch Cutter + 2 Micro to Standard Sim Adapters for \$4.22 with free shipping

<http://www.calendars.com/Animals-SALE/Magic-of-Horses-2014-Wall-Calendar/prod201400008862/?categoryId=cat00014&seoCatId=cat1070002> for \$6.97

<http://www.calendars.com/England-National-Geographic-2014-Wall-Calendar/England-National-Geographic-2014-Wall-Calendar/prod201400006413/?categoryId=cat100020&seoCatId=cat100020> for \$14.99

<http://www.calendars.com/Scenic-America/America-2014-Wall-Calendar/prod201400003767/?categoryId=cat00736&seoCatId=cat00736> for \$7.99

<http://www.calendars.com/This-Day-in-History-2014-Wall-Calendar/This-Day-in-History-2014-Wall-Calendar/prod201400001039/?categoryId=cat00374&seoCatId=cat490038> for \$6.99

<http://www.calendars.com/Art-SALE/Van-Gogh-2014-Wall-Calendar/prod201400008760/?categoryId=cat00025&seoCatId=cat430042> for \$4.47

<http://www.calendars.com/Weather/Volcanoes-2014-Wall-Calendar/prod201400004210/?categoryId=cat00387&seoCatId=cat00387> for \$14.99 and a \$1 shipping and \$2.93 tax for \$59.98 total less 20% off \$50 order with coupon code "ACCESS20" for \$11.28 off for \$49.05 total

<http://www.jimmyjazz.com/mens/footwear/reebok-workout-mid-ice-sneaker/V45685?color=Black> for \$44.95 in size 9.5 but for \$35 with coupon code AJ99 with free shipping for \$35 total

<http://www.jimmyjazz.com/mens/footwear/timberland-3-eye-classic-lug-shoe/50009?color=Burgundy> in size 9.5 for \$79.97 less \$31.99 with coupon code EJ67 and \$10.72 shipping for \$58.70 total

black in 50 X-Long [Traveler Tailored Fit Topcoat- Sizes 44-52 \\$106.80](#) , and .89 tax and \$13.95 shipping for \$120.75 total plus \$20 alterations for \$140.75 total.

[http://www.josbank.com/menswear/shop/Product\\_11001\\_10050\\_334896](http://www.josbank.com/menswear/shop/Product_11001_10050_334896) for \$17.99 and [http://www.josbank.com/menswear/shop/Product\\_11001\\_10050\\_336546](http://www.josbank.com/menswear/shop/Product_11001_10050_336546) in XX-Large in Cordovan for \$17.99 and

[http://www.josbank.com/menswear/shop/Product\\_11001\\_10050\\_396171](http://www.josbank.com/menswear/shop/Product_11001_10050_396171) in XX-Large Khaki/Teal/Blu/Brwn for \$17.99 and \$3.42 tax for \$57.39 total

Emerson Emergency Lantern at CVS for \$12

[La Crosse Technology Weather Direct WD-3308U-WAL 4 Day Internet Powered Wireless Forecaster](#) for \$32.99

[http://www.staples.com/Omnitech-10-Sheet-Cross-Cut-Shredder/product\\_154011?externalize=certona](http://www.staples.com/Omnitech-10-Sheet-Cross-Cut-Shredder/product_154011?externalize=certona) for \$24.99 and \$1.59 tax for \$26.58

I also spent about about \$175 on Christmas gifts that I sent out along with about \$40 for postage and Christmas Cards. I was able to afford some of the lavish spending with

Christmas money that I received and my Connecticut Renters Rebate. I think we probably have to get back to basics though. CIO

<888> 12/25/13 Wednesday 2:05 A.M. I ate a couple of ounces of almonds.

Book 'Em: In Bozeman, Foibles Yield Sentences of Note

<http://www.noradsanta.org/>

Email - Merry Christmas from the Ronald Reagan Presidential Foundation - Ronald Reagan Presidential Foundation and Library

Nasa astronauts repair pump in rare spacewalk CIO

<888> 12/25/13 Wednesday 12:25 A.M. Tracking is [https://www.fedex.com/fedextrack/index.html?tracknumbers=9261297641999804861658&country\\_code=us](https://www.fedex.com/fedextrack/index.html?tracknumbers=9261297641999804861658&country_code=us) on the order for Nokia Lumia 520 GoPhone (AT&T) and <http://www.nokia.com/us-en/phones/phone/lumia520/> for \$39.99 with free shipping and \$2.54 tax for \$42.53 total. CIO

<888> 12/25/13 Wednesday 12:15 A.M. Merry Christmas. Fred in his small apartment at 420 East 49th Street had a Pullman Kitchen with a bar set up on the counter at the entrance with about two hundred different bottles of liquors to meet the demand of anyone that might show up. I used to drink French white table wine. One of my more established friends and his family have left the United States of America for the Holidays and is currently on <http://www.britishairways.com/> and is due to land at Heathrow in London, England shortly from where he will drive up to Glasgow, Scotland in about six hours to visit his wife's relatives for Christmas Day. They have eight flights from JFK to Heathrow due to land this morning, so I guess a lot of people go to London for Christmas. It is currently 49 degrees Fahrenheit and raining in London <http://www.bing.com/weather/search?q=London%20weather&unit=F&qpvt=London+weather&FORM=DTPWEA> . I made my bed. CIO

<888> 12/24/13 Tuesday 11:15 P.M. I chatted with a relative. I went back to bed until 10:45 P.M.. Back on Christmas Eve in 1971, I did not make it home to Weston, Massachusetts; but instead I stayed back on the Farm in Lake Forest, Illinois, and I was an escort for one of my girl friends at the Passavant Hospital Debutant Ball at the Hilton Hotel in Chicago which was a very glamorous event with all of the "Old Guard" from Chicago. I returned the following week to Weston, and on New Year's Day 1972, I flew to Paris, and I caught a plane to Rome, and I took the train from Rome to Florence, Italy; where I was a student until Easter time, except for when I was traveling on my U-rail pass. In Manhattan, they also have <http://www.internationaldebutanteball.com/> which Fred Mayers alias Von Mierers and Helen Kress Williams use to help run. Fred use to bring lots of people from it back to his apartment at 420 East 49th Street, and we would sit and chat and have cocktails. Thus life was a bit more exciting back then than working as a waiter at Boodles in Greenwich, when they fired me and cut off all of the oil and gasoline in the

United States of America in the fall of 1973 which changed everything including the stock market to crash. I will now shower and clean up. Of course back then [www.polaroid.com](http://www.polaroid.com) was still a going company, although I had not worked for them since the summer of 1971, when I was an independent software engineer programming COBOL for IBM 360 main frame computer at their Interstate 128 film manufacturing facility in Waltham, Massachusetts. I will now shower and clean up. CIO

<888> 12/24/13 Tuesday 6:55 P.M. \$159.99 with free shipping Insignia™ - 32" Class (31-1/2" Diag.) - LED - 720p - 60Hz - HDTV

[http://forecast.weather.gov/showsigwx.php?warnzone=CTZ009&warncounty=CTC001&fi rewzone=CTZ009&local\\_place1=&product1=Special+Weather+Statement#.Urod0\\_vy3c8](http://forecast.weather.gov/showsigwx.php?warnzone=CTZ009&warncounty=CTC001&fi rewzone=CTZ009&local_place1=&product1=Special+Weather+Statement#.Urod0_vy3c8)

CIO

<888> 12/24/13 Tuesday 6:40 P.M. I chatted with a relative. CIO

<888> 12/24/13 Tuesday 5:25 P.M. I woke at 3:30 P.M.. I picked up the mail. I did not get the Christmas meal voucher from the Greenwich Department of Social Services this year. Perhaps it is lost in the mail. I took one of the rib eye steaks out of the freezer to eat tomorrow. I chatted with neighbors. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. 40 years ago in 1973 on Christmas Eve, I went to a party at friends at Park Avenue and 65th street, and then I went to a party at Barbara Rockefeller's at East 67th Street with fellows from [www.rockefeller.edu](http://www.rockefeller.edu) . I guess times have changed, and since I do not visit Manhattan anymore, they are unaware of me. CIO

<888> 12/24/13 Tuesday 6:05 A.M. Well, nothing going on in Dog Patch U.S.A.. I will now shut down the primary work computer. I will then eat a Greek yogurt, and then I will go to bed for the day. I might try to get up a little earlier in the late afternoon in case I want to get some Christmas Dinner at the grocery store. However, I do not have much of a Holiday appetite anymore. CIO

<888> 12/24/13 Tuesday 5:25 A.M. I ate one ounce of almonds. In the United States of America, when people dwell upon the President of the United States, they call it "White House Fever"; and in Washington D.C., they call it "Potomac Fever". I guess in other countries where they have Royalty, they call it "Palace Fever" or some equivalent in their foreign language. CIO

<888> 12/24/13 Tuesday 3:25 A.M. I ate two ounces of almonds. CIO

<888> 12/24/13 Tuesday 3:20 A.M. 95K Without Power in Northeast Due to Ice Storm CIO

<888> 12/24/13 Tuesday 2:05 A.M. 2013 Holiday Giving Catalog - American Red Cross  
Google's Schaft robot wins Darpa rescue challenge CIO

<888> 12/24/13 Tuesday 1:30 A.M. Tracking is:

[https://tools.usps.com/go/TrackConfirmAction?qtC\\_tLabels1=9400110200983005315160](https://tools.usps.com/go/TrackConfirmAction?qtC_tLabels1=9400110200983005315160)

[https://tools.usps.com/go/TrackConfirmAction?qtC\\_tLabels1=9400110200983005318062](https://tools.usps.com/go/TrackConfirmAction?qtC_tLabels1=9400110200983005318062)

[https://tools.usps.com/go/TrackConfirmAction?qtC\\_tLabels1=9400110200983005317249](https://tools.usps.com/go/TrackConfirmAction?qtC_tLabels1=9400110200983005317249)

[https://tools.usps.com/go/TrackConfirmAction?qtC\\_tLabels1=9400110200983005318000](https://tools.usps.com/go/TrackConfirmAction?qtC_tLabels1=9400110200983005318000)

<https://tools.usps.com/go/TrackConfirmAction!execute.action?formattedLabel=9400110200983005317850>

<https://tools.usps.com/go/TrackConfirmAction!execute.action?formattedLabel=9400110200983005315207>

<https://tools.usps.com/go/TrackConfirmAction!execute.action?formattedLabel=9400110200983005317973>

<https://tools.usps.com/go/TrackConfirmAction!execute.action?formattedLabel=9400110200983005317874>

<https://tools.usps.com/go/TrackConfirmAction!execute.action?formattedLabel=9400110200983005317836>

<https://tools.usps.com/go/TrackConfirmAction!execute.action?formattedLabel=9400110200983005317232>

[https://tools.usps.com/go/TrackConfirmAction?qtC\\_tLabels1=9400110200983005318116](https://tools.usps.com/go/TrackConfirmAction?qtC_tLabels1=9400110200983005318116)

[https://tools.usps.com/go/TrackConfirmAction?qtC\\_tLabels1=9400110200983005318161](https://tools.usps.com/go/TrackConfirmAction?qtC_tLabels1=9400110200983005318161)

<https://tools.usps.com/go/TrackConfirmAction!execute.action?formattedLabel=9400110200983005317225>

<https://tools.usps.com/go/TrackConfirmAction!execute.action?formattedLabel=9400110200983005318048>

<https://tools.usps.com/go/TrackConfirmAction!execute.action?formattedLabel=9400110200983005318109>

**on the orders for Hipo 7" Digital 5 Day Wireless Internet Weather Forecast Station With Indoor and Outdoor temperature Display**

One of the orders has also shipped, but there is no tracking information on it. CIO

<888> 12/24/13 Tuesday 12:50 A.M. I threw out the garbage. Old Man Winter is beginning to return to this area, and it seems to be getting colder. It is suppose to go down to 18 degrees Fahrenheit on Christmas morning. The 20 inch Sony Trinitron television that I got rid of a week ago disappeared on Sunday sometime, so perhaps somebody retrieved it. I picked up the mail. The Scottish and Dutch Night Watch continues to be in Full Force.

**[http://forecast.weather.gov/showsigwx.php?warnzone=CTZ009&warncounty=CTC001&fi  
rewxzone=CTZ009&local\\_place1=&product1=Hazardous+Weather+Outlook#.UrkgSfvy3c  
8](http://forecast.weather.gov/showsigwx.php?warnzone=CTZ009&warncounty=CTC001&fi<br/>rewxzone=CTZ009&local_place1=&product1=Hazardous+Weather+Outlook#.UrkgSfvy3c<br/>8)** CIO

<888> 12/23/13 Monday 11:45 P.M. I am listening to "Bing Crosby Christmas Classics"  
**[http://www.amazon.com/Christmas-Classics-Bing-Crosby/dp/B000HT36FA/ref=sr\\_1\\_1?ie=UTF8&qid=1387860159&sr=8-1&keywords=Bing+Crosby+Christmas+Classics](http://www.amazon.com/Christmas-Classics-Bing-Crosby/dp/B000HT36FA/ref=sr_1_1?ie=UTF8&qid=1387860159&sr=8-1&keywords=Bing+Crosby+Christmas+Classics)**

. **[http://en.wikipedia.org/wiki/Bing\\_Crosby](http://en.wikipedia.org/wiki/Bing_Crosby)** was from Tacoma, Washington in the same state Microsoft also happens to be in. In his successful years, he also owned a lot of orange juice groves in Southern California, Florida, Texas, and Spain. Thus in some parts of the country he is still popular. I once read that he was also from **[http://en.wikipedia.org/wiki/Coeur\\_d%27Alene, Idaho](http://en.wikipedia.org/wiki/Coeur_d%27Alene,_Idaho)** where they probably have plenty of potatoes for the hungry starving Irish in the rest of the world. I will now shower and clean up. Don't worry about me, I have enough canned food stored up in my apartment to survive the **[http://en.wikipedia.org/wiki/Great Blizzard of 1888](http://en.wikipedia.org/wiki/Great_Blizzard_of_1888)** . I guess the people in the ice storm area out in the Midwest and up north in Canada are not having too good of a Christmas without electricity. CIO

<888> 12/23/13 Monday 11:05 P.M. I ate a 19 ounce Stouffer's meat lasagna with grated parmesan and Romano cheese on it along with a 12 ounce glass of diet Canada Dry Ginger Ale and a cup of green tea with Splenda sweetener and Borden's lemon juice. CIO

<888> 12/23/13 Monday 10:15 P.M. I woke up at 8 P.M.. I chatted with a relative. I watched the St. Olaf choir from Minnesota perform their Christmas concert up in Oslo, Norway on Channel 13 PBS. The order with tracking of **[UPS Tracking](#)** on the order for **['Wade' Sunglasses](#)** in Tortoise for \$10 with free shipping and .64 tax for \$10.64 total was outside my door. I made my bed. CIO

<888> 12/23/13 Monday 5:05 P.M. I will now go back to bed. CIO

<888> 12/23/13 Monday 4:45 P.M. **[My son was a cheerleader at Yale, you know: Former President George H.W. Bush reveals his outrageous Houston Texans socks](#)** . CIO

<888> 12/23/13 Monday 4:35 P.M. I woke up at 2 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. Husky Health called me up to find out whom my primary health care provider is. I told them the Greenwich Hospital outpatient clinic, and they chose a doctor there named Dr. Tony Salvatore. They then gave me the telephone number for Connecticut Dental information at 1-855-283-3682. They told me to log onto <https://www.ctdhp.com/> and from there, one can search here [https://www.ctdhp.com/clients\\_find\\_dentist.asp](https://www.ctdhp.com/clients_find_dentist.asp) to find a dentist that takes their health care plan. CIO

<888> 12/23/13 Monday 5:30 A.M. I closed the living room window and turned off the fan. I will now shut down the primary work computer. I will then eat a Greek yogurt, and then I will go to bed. CIO

<888> 12/23/13 Monday 5:10 A.M. [Focus on Ocean's Health as Dolphin Deaths Soar - NYTimes.com](#)

[John Eisenhower, Military Historian and Son of the President, Dies at 91 - NYTimes.com](#)

['Massive' reservoir of melt water found under Greenland ice](#)

[Lives of fear for Egypt's Christians](#)

[Toronto and eastern Canada battered by winter storm](#)

[Canada embarks on North Pole claim](#) CIO .

<888> 12/23/13 Monday 4:30 A.M. [Youtube Hipo 7'' Digital 5 Day Wireless Internet Weather Forecast Station](#)

[Land trust honors member](#) CIO

<888> 12/23/13 Monday 3:50 A.M. I ate a turkey and American cheese sandwich on 12 grain whole wheat bread with Hellmann's olive oil mayonnaise and Lays wavy potato chips and a dill pickle slice and a 12 ounce glass of Canada Dry diet Ginger Ale. It sort of amusing that rich people advertise themselves all of the time, but they do not know how to communicate directly, so they are probably using their celebrity to sell some sort of goods or service. Poor people also have the ability to communicate, but they do not communicate, since it would be a waste of time, I guess. CIO

<888> 12/23/13 Monday 2:45 A.M. When I visited <http://www.lanzarote.com/> in February 1972, they served good fried fish and fried potatoes cooked in olive oil which was very tasty along with German beer. For some odd reason, when the British get bored with me, the Germans come to my rescue, although I do not know the German language. I guess having lived in German neighborhoods in Manhattan and knowing the German family out in

Plandome Manor, Long Island that were part of the Kaiser's consulate staff in Manhattan before World War I, I have been seen around a number of Germans. Plandome Manor was developed by the <http://www.metmuseum.org/>, where I spent a lot of time walking around, when I lived in Manhattan. On Christmas Eve about an hour before closing they have a Christmas Service around the Old World Christmas tree with all of its decorations. It is opened to the General Public, but not many people ever attend, since they are too busy with Holiday events. It is sort of strange the Dutch do not pay much attention to me, but I guess like the Germans one has to know their language. Being on the low economic latter in Greenwich, Connecticut; a lot of my neighbors seems to be Spanish or Latino speaking, so I never know what they are chatting about. Of course it was much the same way down in Cayo Hueso, Spain and the Canary Islands; when I visited those places. The most prosperous Latinos in this area seem to be the Greenwich Taxi cab drivers coming and going from the Greenwich Train Station. There are suppose to be a lot of them in nearby Port Chester, New York; but I can not afford to shop over there, and besides I enjoy the ambience of Greenwich Avenue; where people enjoy exercise walking now that it is too expensive to drive over to Tod's Point for an exercise walk. Old Greenwich is friendly, when one visits there, but like Greenwich Avenue, it can be expensive. CIO

<888> 12/23/13 Monday 1:55 A.M. Horton: New industrial revolution on Greenwich Avenue

I still think they should have a <http://www.arthurtreachersfranchising.com/> on Greenwich Avenue. Having lived way out at [www.nantucket.net](http://www.nantucket.net) and down in Cayo Hueso, I like their product line. Back in the 1970s in Manhattan, I used to eat at their restaurant on Third Avenue and about 63rd Street all of the time. They also use to have one where Wendy's is now located on West Putnam Avenue or nearby that location. CIO

<888> 12/23/13 Monday 1:25 A.M. I threw out the garbage. I sat outside for a while. It is 57 degrees Fahrenheit outside right now. All seems quiet in the Greater Metropolis of Byram, Greenwich, Connecticut. I opened the living room window, and I started the window fan to cool off the apartment and bring some fresh air into the apartment. CIO

<888> 12/23/13 Monday 12:25 A.M. I did some system's maintenance. I clipped my finger nails and toe nails. I will now use some lemon juice to remove the nicotine stains from my fingers and finger nails. I will then shower and clean up. CIO

<888> 12/22/13 Sunday 11:25 P.M. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. I watched "Downton Abbey". I had seen the particular episode before, but it was interesting watching to see how the English lived in the old days, when Americans were first becoming modern. CIO

<888> 12/22/13 Sunday 8:45 P.M. I chatted with a relative. "Downton Abbey" Season 3 is on channels 10 and 13 here from 9 P.M. to 11 P.M.. CIO

<888> 12/22/13 Sunday 8:15 P.M. I woke up at 6 P.M.. I chatted with a relative. I sent out 11 more Hipo 7" Digital 5 Day Wireless Internet Weather Forecast Station With Indoor and Outdoor temperature Display for \$2.99 and \$2.99 shipping for \$5.98 total each for \$65.78 Grand Total. I sent them to family, friends, and associates that I know use the internet quite a bit. I hope they work. With the previous order of four for \$7.98 each for \$31.92 that is 15 that I have ordered for \$97.70 total. CIO

End of Scott's Notes week of 12/22/13

<888> 12/22/13 Sunday 1:25 P.M. I will now send out my weekly notes. I will then shut down the primary work computer. I will then eat a Greek yogurt. I will then go to bed. CIO

<888> 12/22/13 Sunday 11:55 A.M. I put the other rib eye steak in the freezer. I normally do not eat too much red meat anymore, but I keep it in the freezer in case I need some extra energy. CIO

<888> 12/22/13 Sunday 11:50 A.M. I noticed the other night that the new large evergreen tree that somebody donated to the Greenwich Town Hall after the hurricane a couple of years ago knocked down the old one, now has a lot of very nice Christmas Tree lights on it. I also noticed from what I could see in the dark that the old www.exxon.com gasoline station next to the Greenwich Library has a wire fence around the vacant lot, and there seems to be a construction trailer there for the new www.chase.com bank they are going to build there. However, that is a very dangerous location for entering and exiting the parking lot, so one will have to be very careful when going there. I much preferred the old Putnam Trust Parking lot on Mason Street across from the YMCA before the Bank of New York bought it and sold all of the Putnam Trust people to the Chase Bank at 19 West Putnam Avenue next to the Knights of Columbus which is a Roman Catholic organization. The Protestant population is generally involved with the Scottish Rite Masons. Their old Masonic hall is now the Wells Fargo Bank, where I pay my rent to the Greenwich Housing Authority across from the vacant lot where the fire station used to be. They are also closing the Chase Bank branch just south of the former Greenwich post office, but there are still three within easy walking distance on Greenwich Avenue. The Chase Bank at the top of Greenwich Avenue has a safe deposit vault if one needs to store a back up of an external hard drive data information for safe keeping. The Bank of New York now on Mason Street still has the old Putnam Trust Safety Deposit boxes. The Peoples bank at the top of Greenwich Avenue closed about six months ago, but their new branch at the bottom of Greenwich Avenue is still there. The large new J.P. Morgan Bank across from the Greenwich Library in the former U.S. Tobacco headquarters seems to be fully staffed with a lot of large men whom are suppose to be bankers, and all I can tell about them is that some of them buy their take out lunches at the nearby A&P. The Citibank Branch is still at the Greenwich Train Station. Bank of America is at Greenwich Avenue and Elm Street. Webster Bank is on Mason Street. Greenwich Savings and Loan is on Mason Street. There are probably a few other banks around that I have not noticed, not to mention all of the hedge funds. Bessemer Trust is still trying to make a living on Steamboat Road and Northern Trust is on Mason Street. About all we are missing is

Wilmington Trust, but I know somebody in Bedford, New York that works for them. Also Citizen's Bank owned by the Royal Bank of Scotland is on Greenwich Avenue. Also Credit Suisse and Swiss Bank are in the neighborhood. CIO

<888> 12/22/13 Sunday 10:45 A.M. I ordered Hipo 7" Digital 5 Day Wireless Internet Weather Forecast Station With Indoor and Outdoor temperature Display for \$4.99 and \$2.99 shipping for \$7.98 total. I will hook it up to the FIC server which runs all of the time. I sent another one for the same price to Bill Gates who probably does not have one. I figure he probably runs a server all of the time. I had another one sent for the same price to the Dairy Farm computer lab over in North Tarrytown, New York; so they learn to keep an eye to the weather. I also sent one to the British Embassy in Washington D.C. for the same price. It would cost over \$75 to send it to England directly. CIO

<888> 12/22/13 Sunday 9:20 A.M. I drank a 12 ounce bottle of Lipton citrus green tea. I put one of the 16 ounce rib eye steaks in a freezer bag, and I put it in the freezer. I put the five pound bag of Dole potatoes in the lower refrigerator drawer. I am trying to cancel the order for small size pajamas for a friend, and I sent them email, but I will try to also call them at 9 A.M. on Monday morning. My friend might be larger than small size. He said he is 5 foot 7 inches and 145 pounds, so he might need a medium size which is not available as a sale item. CIO

<888> 12/22/13 Sunday 8:55 A.M. I woke up at 8 A.M.. I chatted with a friend. CIO

<888> 12/22/13 Sunday 3:10 A.M. I will now take a nap. CIO

<888> 12/22/13 Sunday 3:10 A.M. Nasa astronauts carry out spacewalk to repair pump

Bloodhound 1,000mph car to use Norwegian Nammo rocket

Blow up traffic on your way home CIO

<888> 12/22/13 Sunday 2:15 A.M. I ate a 14 ounce Marie Callender chicken and bacon pot pie with a 12 ounce glass of Canada Dry diet ginger ale. CIO

<888> 12/22/13 Sunday 1:50 A.M. I made 116 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching series 2, episode 7 and 8 of "Lilyhammer". CIO

<888> 12/21/13 Saturday 11:05 P.M. I will now make cigarettes. CIO

<888> 12/21/13 Saturday 10:55 P.M. I ordered Scandia Woods Flannel Pajamas in 2XL in Dress Gordon for \$23.97 and \$6.99 shipping for \$30.96 plus with coupon code "PTAHF" get free shipping and \$4.79 off for \$19.18 total. I had to enter the coupon code twice to get it to work. I sent another pair to a friend in Small in Royal Stewart for the same price. CIO

<888> 12/21/13 Saturday 9:45 P.M. <http://greenwichtownparty.com/> . CIO

<888> 12/21/13 Saturday 9:35 P.M. I checked outside. I arranged the five orange cones in front of the construction area parking. It looks to be a full moon outside on the first day of winter. It is currently 50 degrees Fahrenheit. I picked up the mail. CIO

<888> 12/21/13 Saturday 7:50 P.M. I went back to bed until 7:30 P.M.. I ate two ounces of cheddar Chex mix. I will now make my bed and shower and clean up. CIO

<888> 12/21/13 Saturday 2:05 P.M. I woke up at noon. I chatted with a relative. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 12/21/13 Saturday 3:30 A.M. Warm through Monday, and it will be down to 17 degrees Fahrenheit on Christmas Eve. I will now shut down the primary work computer. I will then go to bed. CIO

<888> 12/21/13 Saturday 3:20 A.M. [Experts Fear Nuclear Famine: "A Disaster So Massive in Scale that No Preparation is Possible"](#) CIO

<888> 12/21/13 Saturday 2:40 A.M. I moved my Volvo wagon to my building's parking lot from the in between area. There was a black and white tuxedo cat moving around. It is 48 degrees outside right now, so anyone driving down south for the winter is probably having an easy trip.

<http://www.liveduvalstreet.com/>

About the only international company with an office on Duval Street when I was in Key West in the winter from 1976 to 1978 was <http://www.gulfoil.com/> , and since Fred Mayers alias Von Mierers had been there years before me, and since some of his interior decorating clients were from the [http://en.wikipedia.org/wiki/Mellon\\_family](http://en.wikipedia.org/wiki/Mellon_family) , more than likely somebody down there knew what really was going on down there. I guess the main reason people were there instead of the mainland of Florida is that in the winter, it can be a lot warmer down there than the mainland of Florida.

If one looks at this [http://en.wikipedia.org/wiki/Wealthiest\\_Americans\\_%281957%29](http://en.wikipedia.org/wiki/Wealthiest_Americans_%281957%29) , the Mellon family could probably afford to live anywhere they wanted. When I was around Fred, and somebody mentioned the Mellon family name, I would say, "Honeydew, Cantaloupe, Watermelon". CIO

<888> 12/21/13 Saturday 1:45 A.M. Tracking is [UPS Tracking](#) on the order for '[Wade](#)' [Sunglasses](#) in Tortoise for \$10 with free shipping and .64 tax for \$10.64 total.

<http://www.gltrust.org/>

Envision

<http://www.lockergnome.com/homestead/feastables/2013/12/20/six-can-mini-fridge-coca-cola/>

Tracking is

[https://tools.usps.com/go/TrackConfirmAction?qtC\\_tLabels1=9400110200883038224500](https://tools.usps.com/go/TrackConfirmAction?qtC_tLabels1=9400110200883038224500) on the order for Standard Sim to Micro Sim Card Punch Cutter + 2 Micro to Standard Sim Adapters for \$4.22 with free shipping.

Email - Patriotic Ronald Reagan Library Polo Shirt \$44.95-3 Days Only! - Ronald Reagan Presidential Foundation and Library

George Bush Presidential Library Foundation

Lockerbie bombing: Services mark 25th anniversary

Neanderthals could speak like modern humans, study suggests CIO

<888> 12/20/13 Friday 11:55 P.M. I took a 10 inch skillet, and I put it on a large electric burner at medium high heat with two tablespoons of extra virgin olive oil in it, and after three minutes when the olive oil was hot, I put in a 16 ounce rib eye steak, and I cooked it for three minutes a side flipping it every minute. The first two sides, I put garlic powder, Montréal Steak Seasoning, and Italian Seasoning on each side the first time around, and I ate it with Lea and Perrins Worcestershire sauce and 12 ounces of garlic mashed potatoes with Smart Balance Spread and extra virgin olive oil and steamed baby carrots cut into quarters lengthwise and broccoli crowns with Smart Balance Spread and extra virgin olive oil and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Splenda sweetener and Borden's lemon juice. That is about a \$10 meal at my cost which is way over my budget, but it will give me extra energy for exploring Greenwich Avenue during this Holiday Season. CIO

<888> 12/20/13 Friday 10:30 P.M. I threw out the garbage. I went downtown. I chatted with two regulars. I walked the entire length of Greenwich Avenue and the train station area. Happy Hour at <http://primaryrestaurant.com/> was busy. I stopped by Zen Stationary, and I played an Ace's High scratch card, but I lost. I used the bathroom at Starbucks. Since my waist is shaped like a pear, my long underwear tends to fall down below my bottom while I am walking which is a nuisance. I stopped by CVS, and I picked up a prescription. I bought two 16 ounce bags of lightly salted CVS almonds for \$5 each for \$10 total. I then bought two Alberto VO5 15 ounce Kiwi and Lime shampoo and two Alberto VO5 Kiwi and Lime conditioner all for \$1.27 each and .32 tax for \$5.40 total. I finished my walk on a not too busy evening. I chatted with a relative on my wireless telephone. I then went by the A&P Fresh, and I bought a Bermuda red onion for \$1.49 a pound for \$1.27, a five pound bag of Dole potatoes for \$3.99, a package of three rib eye steaks for \$5.99 a pound for \$19.05, broccoli crowns for .99 a pound for \$1.08, bananas for

.79 a pound for \$1.67 and .50 can return for \$26.19 total. I then returned home, and I put away my purchases. I did not get any mail today in the mail box. CIO

<888> 12/20/13 Friday 5:00 P.M. It is all hooked up. The Sceptre HDTV and the Logitech sound system are on Aux1 and Aux2. One turns on the Master Switch on the control panel to turn them both on. I will now make my bed and shower and clean up and go out. CIO

<888> 12/20/13 Friday 4:45 P.M. I went back to bed after the last note. I just woke up. The order with tracking of [https://tools.usps.com/go/TrackConfirmAction?qt\\_c\\_tLabels1=9405509699938049251872](https://tools.usps.com/go/TrackConfirmAction?qt_c_tLabels1=9405509699938049251872) on the order for [http://www.ebay.com/itm/Tripp-Lite-Isobar-MT-6Plus-Surge-Protector-Suppressor-6-Outlet-Phone-Fax-Black-/111230915163?pt=US\\_Surge\\_Protectors\\_Power\\_Strips&hash=item19e5e1125b](http://www.ebay.com/itm/Tripp-Lite-Isobar-MT-6Plus-Surge-Protector-Suppressor-6-Outlet-Phone-Fax-Black-/111230915163?pt=US_Surge_Protectors_Power_Strips&hash=item19e5e1125b) for \$30 with free shipping just arrived. I will now install it underneath the 22 inch Sceptre LED HDTV in the living room. CIO

<888> 12/20/13 Friday 3:10 P.M. Central Greenwich intersection back open after pipe burst CIO

<888> 12/20/13 Friday 3:05 P.M. I chatted with a friend and a relative. CIO

<888> 12/20/13 Friday 1:30 P.M. I woke up at noon. My apartment was looked at by the Greenwich Housing Authority Development person along with the building custodian. I chatted with a relative and a friend. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. CIO

<888> 12/20/13 Friday 7:25 A.M. I will now shut down the primary work computer. I will eat a Greek yogurt, and then I will go to bed. CIO

<888> 12/20/13 Friday 6:55 A.M. I ordered 'Wade' Sunglasses in Tortoise for \$10 with free shipping and .64 tax for \$10.64 total. CIO

<888> 12/20/13 Friday 6:20 A.M. Traffic seems to be getting of at exit 3 I-95 South Bound <http://www.ct.gov/dot/cwp/view.asp?a=2354&q=415220> . CIO

<888> 12/20/13 Friday 5:15 A.M. I bought Nokia Lumia 520 GoPhone (AT&T) and <http://www.nokia.com/us-en/phones/phone/lumia520/> for \$39.99 with free shipping and \$2.54 tax for \$42.53 total. To cut the existing standard sim card on my current older Nokia Go Phone, I bought this sim card cutter Standard Sim to Micro Sim Card Punch Cutter + 2 Micro to Standard Sim Adapters for \$4.22 with free shipping. CIO

<888> 12/20/13 Friday 4:15 A.M. I watched some television. CIO

<888> 12/20/13 Friday 3:10 A.M. 2014 Rolls-Royce Wraith Review

<http://www.gaspricewatch.com/CT-connecticut/Greenwich/gas-prices/page-1/2.htm> CIO

<888> 12/20/13 Friday 2:50 A.M. I woke up at 2:30 A.M.. CIO

<888> 12/19/13 Thursday 11:40 P.M. I will now take a nap. CIO

<888> 12/19/13 Thursday 11:20 P.M. I ate a turkey and American cheese sandwich on 12 grain whole wheat bread with Hellmann's olive oil mayonnaise and Wise wavy potato chips and a dill pickle slice and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 12/19/13 Thursday 10:10 P.M. I put away the laundry. CIO

<888> 12/19/13 Thursday 9:35 P.M. [SSA - 2014 Annual Meeting](#)

[Global Volcanism Program | Smithsonian / USGS Weekly Volcanic Activity Report](#)

[Unlocking the scrolls of Herculaneum](#)

[Microsoft boss donates cow via Secret Santa programme](#)

Major Traffic Jam continues around the Greenwich Train Station and Exit 3 on I-95  
<http://www.greenwichtime.com/news/article/Water-main-break-snarls-Greenwich-traffic-5079964.php> CIO

<888> 12/19/13 Thursday 8:55 P.M. I chatted with a relative. I have 50 minutes to go on two dry cycles. CIO

<888> 12/19/13 Thursday 8:30 P.M. I put clean linens on the bed. I showered, and I cleaned up. I started two loads of laundry, and I have 15 minutes to go on the wash cycles. I picked up the mail. I watered the plants. CIO

<888> 12/19/13 Thursday 6:50 P.M. [\\$87.50 with free shipping Seiki Digital SC22HY07 22.0-Inch 720p 60Hz LCD HDTV](#)

[\\$88 with free shipping Seiki SE19HY10 19" 720p 60Hz LED HDTV](#)

[\\$239 with free shipping Sceptre 40" Class \(38.5" viewable\)LCD 1080p 60Hz HDTV, X409BV-FHD](#) CIO

<888> 12/19/13 Thursday 6:05 P.M. I woke up at 5 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. CIO

<888> 12/19/13 Thursday 5:35 A.M. I will now shut down the primary work computer. I will eat a Greek yogurt. I will go to bed. CIO

<888> 12/19/13 Thursday 5:25 A.M. Prince Harry, teammates evacuated from Antarctica to beat storm CIO

<888> 12/19/13 Thursday 5:15 A.M. Prince Harry Beard Update: Grizzly, Red and Perfect CIO

<888> 12/19/13 Thursday 5:05 A.M. Vanity Fair Greenwich's Outrageous Fortune CIO

<888> 12/19/13 Thursday 4:45

A.M. <https://www.google.com/search?q=Greenwich,+Connecticut+Images&tbm=isch&tbo=u&source=univ&sa=X&ei=x76yUtnHJdHLkAeCwYDAAg&ved=0CCoQsAQ&biw=1280&bih=805> CIO

<888> 12/19/13 Thursday 4:25 A.M. I ate 3.25 ounces of cheddar Chex mix. CIO

<888> 12/19/13 Thursday 3:55 A.M. Lake Avenue home sells for \$25 million

OMNOMCT's 3rd annual OmNomys CIO

<888> 12/19/13 Thursday 3:30 A.M. Biltmore Email Newsletter

Email - Ronald Reagan Movie Collection \$59.95-Two Days Only! - Ronald Reagan Presidential Foundation and Library

<https://www.lakeforest.edu/live/news/4233-our-winter-playground>

Chelsea Hotel: Uncertain future for 'bastion of Bohemia'

Naples' Girolamini: The looting of a 16th Century library

Gaia 'billion star surveyor' set for launch

Mystery early human revealed by DNA data

Aim to make artificial hearts 'permanent solution' CIO

<888> 12/19/13 Thursday 1:45 A.M. I ate a 19 ounce Stouffer's meat lasagna with grated parmesan and Romano cheese on it along with a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Splenda sweetener and Borden's lemon juice. CIO

<888> 12/19/13 Thursday 1:15 A.M. I made 141 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching series 2, episode 4 and 5 of "Lilyhammer".

The HDMI 3 switchbox did not work properly on the Haier HDTV setup in the living room. Instead, I connected a longer HDMI cable directly from the second HDMI Port on

the Haier HDTV to the Sony Streaming media device. I then connected a longer HDMI cable from the video card of the IBM ThinkCenter next to the Ethan Allen recliner to port one of the switch box. Thus to change from the Sony Streaming media device to the IBM ThinkCentre, one has to disconnect the HDMI cable from the Sony Steaming media device and plug it into output on the 3 switch switchbox. CIO

<888> 12/18/13 Wednesday 10:00 P.M. I unpacked 80 ounces of Turkish pipe tobacco into 18.5 quart mason jars or about 4.33 ounces per jar. CIO

<888> 12/18/13 Wednesday 9:30 P.M. Probably the best beef in Manhattan <http://theoldhomesteadsteakhouse.com/>, but it will cost you. CIO

<888> 12/18/13 Wednesday 8:45 P.M. I threw out the garbage. All of the snow and ice remaining on my Volvo wagon has melted. I picked up the mail. The orders with

tracking of

[https://tools.usps.com/go/TrackConfirmAction?qt\\_c\\_tLabels1=9400110200828003527873](https://tools.usps.com/go/TrackConfirmAction?qt_c_tLabels1=9400110200828003527873) on the order for [http://www.ebay.com/itm/3-Port-HDMI-1-3-Selector-Switch-Box-Hub-Adapter-1080p-Splitter-HDTV-PS3-DVD-/131069161835?pt=US\\_Video\\_Cables\\_Adapters&hash=item1e8454b16b](http://www.ebay.com/itm/3-Port-HDMI-1-3-Selector-Switch-Box-Hub-Adapter-1080p-Splitter-HDTV-PS3-DVD-/131069161835?pt=US_Video_Cables_Adapters&hash=item1e8454b16b) for \$6.67 with free shipping and

tracking of

<http://webtrack.dhlglobalmail.com/?trackingnumber=4200683092748901015478100002254401> on the order for three 6 foot [http://www.newegg.com/Product/Product.aspx?Item=N82E16882850010&nm\\_mc=AF C-C8Junction&cm\\_mmc=AFC-C8Junction- -na- -na- -na&cm\\_sp=&AID=10440897&PID=249294&SID=996728459](http://www.newegg.com/Product/Product.aspx?Item=N82E16882850010&nm_mc=AF C-C8Junction&cm_mmc=AFC-C8Junction- -na- -na- -na&cm_sp=&AID=10440897&PID=249294&SID=996728459) main for \$3.99 each and \$2.50 off with promo code "EMCYTZT4997" for \$4.47 total with free shipping arrived. I used one of the HDMI cables, and I hooked up the 3 port HDMI selector to the Haier HDTV. The Sony Steam Media device is switch number one. I can hook up the IBM ThinkCentre computer along side the Ethan Allen recliner to one of the other switch ports for large screen internet viewing.

I chatted with a friend and a relative. I will now make cigarettes. CIO

<888> 12/18/13 Wednesday 7:10 P.M. I will now shower and clean up. CIO

<888> 12/18/13 Wednesday 6:35 P.M. I woke up at 4:45 P.M.. I finished installing the updates on the IBM ThinkCentre by the Ethan Allen recliner. I am just finishing the backup of it to the Seagate 2TB external hard drive. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 12/18/13 Wednesday 7:15 A.M. While installing the updates, I watched series 2 episodes 3 and 4 of "Lilyhammer". I ate a five ounce bag of fruit and nut mix. I will now shut down the primary work computer, and I will go to bed. CIO

<888> 12/18/13 Wednesday 2:45 A.M. On the IBM ThinkCentre along side the Ethan Allen recliner, I am restoring the backup from a year ago which should work all right once I install the Windows updates. CIO

<888> 12/18/13 Wednesday 2:10 A.M. I ate two ounces of almonds. I am trying to restore different backups of the IBM ThinkCentre by the Ethan Allen recliner to get it running the way I want it to run. CIO

<888> 12/17/13 Tuesday 11:40 P.M. I ate a 18 ounce bowl of Progresso New England clam chowder with dried parsley and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 12/17/13 Tuesday 10:50 P.M. <http://www.ibm.com/investor/index.wss> CIO

<888> 12/17/13 Tuesday 10:35 P.M. I am doing system's maintenance of the IBM ThinkCentre along side the Ethan Allen recliner. CIO

<888> 12/17/13 Tuesday 9:25 P.M. I chatted with a relative. I ate two ounces of almonds. CIO

<888> 12/17/13 Tuesday 8:50 P.M. <http://www.britannica.com/EBchecked/topic/1071950/Wright-brothers>

Nasa orders urgent spacewalks for space station repairs

New findings hint at diamond deposits in Antarctica

Google Glass update lets users wink and take photos CIO

<888> 12/17/13 Tuesday 8:00 P.M. Vehicles are moving on I-95 <http://www.ct.gov/dot/cwp/view.asp?a=2354&q=415220> . CIO

<888> 12/17/13 Tuesday 7:20 P.M. About twenty years ago, I drove out to nearby Westchester County airport in a blizzard, and I met two Norwegian helicopter pilots that had flown over in the blizzard from MacArthur airport on Long Island in a Norwegian all weather off shore oil platform helicopter <http://www.defenseindustrydaily.com/norway-opens-up-sar-helicopter-competition-03020/> and <http://helihub.com/tag/norway/> and <https://www.google.com/search?q=Norwegian+all+weather+off+shore+oil+platform+helicopter&tbm=isch&tbo=u&source=univ&sa=X&ei=keiwUsvAG-JsQTXp4CACg&ved=0CCkQsAQ&biw=1280&bih=834> .

<888> 12/17/13 Tuesday 7:10 P.M. When I lived in Manhattan until February 1982, I knew quite a few people including John Barrett who was a waiter at the Spring Street

restaurant in SoHo <http://springstreetnatural.com/index.php> and later I heard he went on to become manager of Tavern on the Green in Central Park <http://www.centralparknyc.org/visit/things-to-see/south-end/tavern-on-the-green.html> . His family in Bloomington, Indiana owned the limestone quarry that was providing the limestone for the cathedral construction for <http://www.stjohndivine.org/> . Back around Christmas 1986, I went to the early Christmas Eve service at <http://www.christchurchgreenwich.org/> at around 7 P.M., and afterwards I drove into Manhattan to St. John the Divine, and I found a parking space right in front, and I and attended Midnight Christmas service there with about five thousand other people. Thus I would say it is safe to say, people in Manhattan have seen me in church. CIO

<888> 12/17/13 Tuesday 7:00 P.M. We have not reached this post yet <http://www.intrescue.info/hub/> . CIO

<888> 12/17/13 Tuesday 5:55 P.M. I threw out the garbage. I started up the Volvo wagon, and I let it warm up a bit, and I cleaned off a fresh layer of sleet and ice off the windows. I picked up the mail. I will now shower and clean up. CIO

<888> 12/17/13 Tuesday 4:30 P.M. I woke up at 2:30 P.M.. I cleaned about two to three inches of snow off my Volvo wagon. I chatted with neighbors. They have taken down one of the chimneys on the building for the freight elevator construction project. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 12/17/13 Tuesday 4:20 A.M. I thought for a while. I ate 4 ounces of almonds and a Greek yogurt. I will now shut down the primary work computer, and I will go to bed soon. CIO

<888> 12/17/13 Tuesday 2:15 A.M. [http://www.cnn.com/2013/12/05/world/gallery/2013-year-in-pictures/index.html?hpt=hp\\_c4](http://www.cnn.com/2013/12/05/world/gallery/2013-year-in-pictures/index.html?hpt=hp_c4) . CIO

<888> 12/17/13 Tuesday 2:15 A.M. I have it on my primary work computer, but I never used the New York Times Reader. I just looked at it, and it says it will be discontinued on January 6, 2014. CIO

<888> 12/17/13 Tuesday 2:10 A.M. Tracking is [https://tools.usps.com/go/TrackConfirmAction?qt\\_c\\_tLabels1=9405509699938049251872](https://tools.usps.com/go/TrackConfirmAction?qt_c_tLabels1=9405509699938049251872) on the order for <http://www.ebay.com/itm/Tripp-Lite-Isobar-MT-6Plus-Surge-Protector-Suppressor-6-Outlet-Phone-Fax-Black-/111230915163?pt=US> Surge Protectors Power Strips&hash=item19e5e1125b for \$30 with free shipping. I will set it up underneath the 23 inch Sceptre LED TV in the living room and remove the Philips squid from the setup. Control panels are hard to find anymore, which is why I bought another one. CIO

<888> 12/17/13 Tuesday 1:15 A.M. See, if you can find the error in this report <http://www.usnews.com/news/articles/2013/12/16/un-seeks-to-solve-growing-global-e-waste-problem> . CIO

<888> 12/17/13 Tuesday 1:05 A.M. I watched a little bit of television. There does not seem to be much interesting programming. For the \$100 I pay a month, there should be more interesting programming. CIO

<888> 12/16/13 Monday 11:40 P.M. I ate two 3 ounce Purdue chicken cutlets and steamed baby carrots cut lengthwise into quarters and 12 ounces of garlic mashed potatoes with Smart Balance Spread and extra virgin olive oil on the vegetables and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Splenda sweetener and Borden lemon juice. CIO

<888> 12/16/13 Monday 10:50 P.M. <http://www.nytimes.com/1983/06/27/nyregion/new-york-day-by-day-259256.html>

<http://www.yelp.com.sg/biz/buffalo-roadhouse-grill-new-york> use to serve a bacon cheeseburger with home fries for about \$3 in the 1970s.

The same thing was \$4 at <http://www.petestavern.com/> . They also have a most excellent Bloody Mary, but today the burger meal is \$13.25. I use to like eat bleu cheese bacon cheeseburgers which were slightly more.

For the Uptown Crowd, there was <http://www.pjclarkes.com/> and <http://www.zagat.com/r/jg-melon-new-york> . For a good pot roast dinner, there is <http://heidelbergrestaurant.com/> on East 86th Street. CIO

<888> 12/16/13 Monday 10:15 P.M. [Taft Alumni - Annual Fund](#)

[Connecticut Emergency Alerting and Notification Systems](#)

[The Royal Upgrade Celebration](#)

<http://www.americangreetings.com/ecards>

[http://www.networkworld.com/news/2013/121613-avaya-wifi-olympics-276776.html?source=NWWNLE\\_nlt\\_network\\_systems\\_2013-12-16](http://www.networkworld.com/news/2013/121613-avaya-wifi-olympics-276776.html?source=NWWNLE_nlt_network_systems_2013-12-16)

[http://www.amazon.com/gp/b/ref=pe\\_319940\\_93345590\\_pe\\_button/?&node=301793&device=desktop](http://www.amazon.com/gp/b/ref=pe_319940_93345590_pe_button/?&node=301793&device=desktop)

<http://www.britannica.com/EBchecked/topic/141223/Sir-Noel-Coward?source=ONTHISDAY>

['Remarkable' rocks within reach of Jade Rabbit rover](#)

Ancient hand bone dates origins of human dexterityNSA mass phone surveillance programme 'unconstitutional' CIO

<888> 12/16/13 Monday 9:20 P.M. Back in December 1973, I drove from Greenwich, Connecticut in about six inches of snow in my 1971 blue Volvo sedan to pick up George Cary at Newark airport coming in from Buffalo, New York. We then drove to Gladstone, New Jersey for him to visit his grandfather where the United States Equestrian team is now headquartered. During the visit, I noticed his grandfather who worked for Queen Victoria kept the house at about 45 degrees Fahrenheit. His grandmother had gone some place else that was warmer. After the visit, in the snow storm while driving through Far Hills, New Jersey where the [www.forbes.com](http://www.forbes.com) have a farm, we had the fan belt break on the Volvo. We found a snow mobile shop in Far Hills, New Jersey that was able to replace the fan belt. We then drove into Manhattan to Fred Von Mierer's girl friend's family's apartment at Park Avenue and about 92nd Street, and we attended a large Holiday party there. Besides George and myself and Fred and his girl friend's family friends, my youngest sister and her husband, Bob Griffin a [www.lfc.edu](http://www.lfc.edu) roommate and Jimmy Eldert were all there. After the party, George and I drove back to my family's house in Greenwich in the neighborhood where the Rockefellers and Bushs lived still driving in the blizzard which was up to about a foot of snow. My relatives were not home, since they were away elsewhere and there was no heat in the house for some odd reason. Thus I have seen worse times. Fred's apartment in Manhattan at 420 East 49th Street always had plenty of heat from the central Manhattan steam system, and it was so hot in the apartment; he had to keep the Frederick air conditioner going full blast on the coldest days of the winter. He and Helen Kress Williams used to keep a bottle of Stolichnaya Russian Vodka in the freezer for any guests that might drop by. CIO

<888> 12/16/13 Monday 8:45 P.M. I checked the backup high definition antenna setup in my apartment television setup. I get about 20 channels about half of which are Spanish and Chinese. I do get CBS and NBC. CIO

<888> 12/16/13 Monday 7:55 P.M. Skiing conditions must be good up north. 2 to 4 inches here tomorrow

[http://forecast.weather.gov/showsigwx.php?warnzone=CTZ009&warncounty=CTC001&firewxzone=CTZ009&local\\_place1=&product1=Winter+Weather+Advisory#.Uq-ggSfy3c8](http://forecast.weather.gov/showsigwx.php?warnzone=CTZ009&warncounty=CTC001&firewxzone=CTZ009&local_place1=&product1=Winter+Weather+Advisory#.Uq-ggSfy3c8)  
. CIO

<888> 12/16/13 Monday 7:40 P.M. I threw out the garbage. I picked up the mail. The order with tracking of [https://tools.usps.com/go/TrackConfirmAction?qt\\_c\\_tLabels1=9400109699937162077878](https://tools.usps.com/go/TrackConfirmAction?qt_c_tLabels1=9400109699937162077878) on the order for [http://www.ebay.com/itm/Philips-Digital-Gold-Plated-2-Way-HDTV-Coax-5-2300-MHz-indoor-Outdoor-Splitter-/261269117150?pt=US\\_Splitters\\_Coinbiners&hash=item3cd4da58de](http://www.ebay.com/itm/Philips-Digital-Gold-Plated-2-Way-HDTV-Coax-5-2300-MHz-indoor-Outdoor-Splitter-/261269117150?pt=US_Splitters_Coinbiners&hash=item3cd4da58de) for \$5.99 with free shipping arrived. I hooked it up to my television system network, so the Seiki LED TV in the kitchen and the Sceptre LED TV in the living room have even sharper pictures. CIO

<888> 12/16/13 Monday 6:40 P.M. I chatted with a relative. I will now shower and clean up. CIO

<888> 12/16/13 Monday 5:25 P.M. I chatted with a relative at noon. I finally woke up at 2:30 P.M.. I called up <http://www.att.com/shop/wireless/gophone.html> , and they changed my expiration date to June 16, 2013. They also reduced my rate from 25 cents a minute to 10 cents a minute. They told me I can not have more than \$500 on my account. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 12/16/13 Monday 6:35 A.M. [Insignia 24 inch LED HD Monitor \\$79.99 with free shipping](#)

On my AT&T GoPhone Account, I added \$25 for a \$27.29 charge with tax, so I now have \$237.44 on the GoPhone account good until March 16, 2014.

<http://www.greenwichtime.com/news/medical/article/Shaken-not-stirred-Did-007-have-alcoholic-tremor-5061663.php>

**Black Ice Warning**

[http://forecast.weather.gov/showsigwx.php?warnzone=CTZ009&warncounty=CTC001&fi\\_rewxzone=CTZ009&local\\_place1=&product1=Special+Weather+Statement#.Uq7kUyfy3c8](http://forecast.weather.gov/showsigwx.php?warnzone=CTZ009&warncounty=CTC001&fi_rewxzone=CTZ009&local_place1=&product1=Special+Weather+Statement#.Uq7kUyfy3c8)

I will now shut down the primary work computer. I will go to bed after that. CIO

<888> 12/16/13 Monday 5:00 A.M. I ate a 5.5 ounce bag of 65% reduce fat Chex chocolate turtle mix. CIO

<888> 12/16/13 Monday 3:10 A.M. [American Red Cross](#)

[http://www.smithsonianmag.com/ideas-innovations/Theres-a-1200-year-old-Phone-in-the-Smithsonian-Collections-231152081.html?utm\\_source=smithsonianopic&utm\\_medium=email&utm\\_campaign=20131215-Weekender](http://www.smithsonianmag.com/ideas-innovations/Theres-a-1200-year-old-Phone-in-the-Smithsonian-Collections-231152081.html?utm_source=smithsonianopic&utm_medium=email&utm_campaign=20131215-Weekender)

[J. Paul Getty \(American industrialist\) -- Encyclopedia Britannica](#)

[Sitting Bull \(Sioux chief\) -- Encyclopedia Britannica](#)

[Nero \(Roman emperor\) -- Encyclopedia Britannica](#)

[Google buys military robot-maker Boston Dynamics](#)

One has to remember, the only advise I have been given by the most senior British person that I have met in Greenwich, Connecticut; since I returned 30 years ago was, "You are not

suppose to know what goes on. Keep doing what your are doing. Get a Hair Cut. Stay Focused." That is about it. Years later, he told me something about "David", the Duke of Windsor [http://en.wikipedia.org/wiki/Duke\\_of\\_Windsor](http://en.wikipedia.org/wiki/Duke_of_Windsor) , but I figured he knew more than I being

British. <http://www.bing.com/images/search?q=Duke+of+Windsor&id=E4D3F7A11A82EAED2A852B6FC930B2A14F6F40A1&FORM=IQFRBA#view=detail&id=E4D3F7A11A82EAED2A852B6FC930B2A14F6F40A1&selectedIndex=0>

CIO

<888> 12/16/13 Monday 1:05 A.M. The new restaurant at the bottom of Greenwich Avenue is <http://eater.com/archives/2013/10/02/graham-elliott-is-opening-a-restaurant-in-greenwich-ct.php> and <http://primaryrestaurant.com/>

I guess he decided to say 76 forever <http://www.amaana.org/agakhan/bd12.htm> because <http://www.amaana.org/agakhan/bd13.htm> is not posted yet. I heard today they had two inches of snow in Egypt, and they did not know how to deal with it. CIO

<888> 12/16/13 Monday 12:10 A.M. I ate two 3 ounce Purdue chicken cutlets and steamed baby carrots cut lengthwise into quarters and 12 ounces of garlic mashed potatoes with Smart Balance Spread and extra virgin olive oil on the vegetables and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Splenda sweetener and Borden lemon juice. CIO

<888> 12/15/13 Sunday 10:55 P.M. I also chatted with somebody that I know downtown and another person I know at Starbucks. I suggested to them that some software programmer should write an application for the Iphone to tell if people are lying or not. I just put a new 9 volt alkaline battery in the Radio Shack NOAA weather radio in the bedroom. It has been getting a weak signal recently. I was also told there was a fire call at my building today while I was sleeping. I can not hear the fire alarm in my bedroom, when I am sleeping. On my Asus Internet Radio, there is a Internet Radio channel for Greenwich, Connecticut Police and Fire Calls, but another person told me their server is broken, so it does not work. CIO

<888> 12/15/13 Sunday 10:25 P.M. I went out, and I went by the Chase Bank ATM machine at 19 West Putnam Avenue. I then went by CVS on Greenwich Avenue. I bought three 12 packs of Canada Dry Ginger Ale for \$11 and \$1.80 can deposit for \$12.80 total. I got \$3 bonus bucks on the purchase that I forgot to use. I then bought buy one get one free of four packs of CVS alkaline 9 volt batteries for \$10.79 all 8 and .69 tax for \$11.48 total. I then used the bathroom at CVS. I then drove further downtown. I walked the entire length of Greenwich Avenue and the train station area. The new restaurant at the bottom of Greenwich Avenue is now opened, and they have valet parking, but they are suppose to be expensive. I chatted with two local people. The two ice sculptures are still out from last Sunday in front of the senior and the arts center. I stopped by CVS again, and I used the bathroom. I bought a 12 ounce bag of ground Gelvalia House Blend Swedish coffee for \$5.49. I chatted with a relative on my wireless telephone. I then finished my walk. I then

drove back around to Innovations Luggage on Greenwich Avenue, and I picked up some machine in a bag that I thought was a computer. I then drove over to the Stop and Shop and inspected the machine. It was a Karaoke TV machine. I left it at our dumpster, when I got home. I then bought at the Stop and Shop a 20 ounce Stop and Shop macaroni and cheese for \$1.99, two 19 ounce Stouffer's lasagna and meat sauce for \$2.50 each, a four pack of 6 ounce Chaboni strawberry Greek yogurt for \$4.29 and another one of peach for \$4.29 for \$15.57 total. I then returned home. I used my little folding cart from the rear of the Volvo wagon to bring up the Ginger Ale. I put it back in the Volvo wagon. CIO

<888> 12/15/13 Sunday 4:30 P.M. I will now shower and clean up. I will then go downtown. CIO

<888> 12/15/13 Sunday 3:45 P.M. I woke up at 2 P.M.. I went outside, and I threw out the garbage and the shipping box. I cleaned four inches of snow off the Volvo wagon. I chatted with two relatives. The Boston Acoustics sound bar has been hooked up to the Westinghouse TV at my relative's house by one of the other relatives. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, a 12 ounce glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

End of Scott's Notes week of 12/15/13

<888> 12/15/13 Sunday 4:50 A.M. I bought [http://www.ebay.com/itm/Tripp-Lite-Isobar-MT-6Plus-Surge-Protector-Suppressor-6-Outlet-Phone-Fax-Black-/111230915163?pt=US\\_Surge\\_Protectors\\_Power\\_Strips&hash=item19e5e1125b](http://www.ebay.com/itm/Tripp-Lite-Isobar-MT-6Plus-Surge-Protector-Suppressor-6-Outlet-Phone-Fax-Black-/111230915163?pt=US_Surge_Protectors_Power_Strips&hash=item19e5e1125b) for \$30 with free shipping.

Email - TODAY ONLY-Peace Through Strength Eagle Statue \$69.95! - Ronald Reagan Presidential Foundation and Library

I will now send out my weekly email. I will then shut down the primary work computer. I will eat a Greek yogurt. I will then go to bed. CIO

<888> 12/15/13 Sunday 3:00 A.M. Email - FREE Pillow with your Purchase of our Patriotic Throw-Limited Time Offer! - Ronald Reagan Presidential Foundation and Library

China's Jade Rabbit rover rolls on to Moon's surface

<http://www.bbc.com/future/story/20131212-say-goodbye-to-online-passwords> CIO

<888> 12/15/13 Sunday 2:15 A.M. <http://www.foxnews.com/us/2013/12/08/louisiana-company-uses-drones-to-hunt-feral-pigs/> . CIO

<888> 12/15/13 Sunday 2:05 A.M. I ate a 14 ounce Marie Callender chicken and bacon pot pie with a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 12/15/13 Sunday 1:25 A.M. Looks like a wreck in progress <http://www.ct.gov/dot/cwp/view.asp?a=2354&q=415226> . Possibly it is some sort of construction lights <http://www.ct.gov/dot/cwp/view.asp?a=2354&q=415224> . CIO

<888> 12/15/13 Sunday 12:35 A.M. I chatted with a friend. I made 185 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching series 2, episode 1 and 2 of "Lilyhammer". CIO

<888> 12/14/13 Saturday 9:05 P.M. I chatted with a relative.

<http://www.halegroves.com/>

<http://petersongroves.com/>

<http://www.kennedy-groves.com/>

<http://www.disneybeachresorts.com/vero-beach-resort/>

<http://www.johnsislandclub.org/>

Well they survived the Hurricane Season, so I guess people are heading down to

<http://mikelouisscott.com/photo/old-florida-post-card-011506.jpg> .

I will now make cigarettes. CIO

<888> 12/14/13 Saturday 8:00 P.M. <http://www.ct.gov/dot/cwp/view.asp?a=2354&q=415220> CIO

<888> 12/14/13 Saturday 7:55 P.M. I ate a turkey and American cheese sandwich on 12 grain whole wheat bread with Hellmann's olive oil mayonnaise and Wise wavy potato chips and a dill pickle slice and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 12/14/13 Saturday 7:00 P.M. I picked up the mail. It looks pretty bleak and snowy outside. Nobody picked up the old Sony 20 inch Trinitron TV, so with snow on it, it is a goner headed towards the recycle world. CIO

<888> 12/14/13 Saturday 6:45 P.M. I have the power control system hooked up to the Asus Netbook setup, and it all works just fine. I am now installing the Windows Updates on it. CIO

<888> 12/14/13 Saturday 5:55 P.M. I showered, and I cleaned up. The order with tracking of

<https://tools.usps.com/go/TrackConfirmAction!execute.action?formattedLabel=9405509699937160813235> on the order for [http://www.ebay.com/itm/Tripp-Lite-Isobar-Touch-Master-Plus-MT-6-Surge-Protector-Supressor-Phone-Fax-/291020244980?pt=US\\_Surge\\_Protectors\\_Power\\_Strips&hash=item43c22887f4](http://www.ebay.com/itm/Tripp-Lite-Isobar-Touch-Master-Plus-MT-6-Surge-Protector-Supressor-Phone-Fax-/291020244980?pt=US_Surge_Protectors_Power_Strips&hash=item43c22887f4) for \$24 with free shipping arrived. I will now hook it up to the Asus Netbook setup in the living room. Life at Siberia Sam's Social Club is getting back to normal. CIO

<888> 12/14/13 Saturday 4:05 P.M. Bells toll in Newtown for school shooting victims CIO

<888> 12/14/13 Saturday 3:25 P.M. I chatted with a relative at 10 A.M.. I finally woke up at 2:15 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 12/14/13 Saturday 4:25 A.M. How much gold is there in the world?

I will now shut down the primary work computer, and I will go to bed soon. Snow is suppose to start around 11 A.M.. CIO

<888> 12/14/13 Saturday 4:00 A.M. <http://www.celebritynetworth.com/articles/entertainment-articles/how-rich-is-the-rothschild-family/>

[http://en.wikipedia.org/wiki/Rothschild\\_family](http://en.wikipedia.org/wiki/Rothschild_family)

Prison Planet.com » Rothschilds & Rockefellers – Trillionaires Of The World CIO

<888> 12/14/13 Saturday 2:55 A.M. When one plays golf, one has to replace their divots after every shot, so the sod remains in good shape. I used to use the Vardon grip to hold the club. The last time I played golf was either in Kennebunkport around 1985 or at Bayonet Point, Florida around the same time. Once I got fat during starting in the winter of 1984, I went from about 155 pounds at Christmas Time in 1983 to about 215 pounds by 1986 in a period, when I did not have a kitchen or a car. I would eat yogurt and orange juice for breakfast. For dinner I would eat at the Greenwich Hospital Cafeteria where a meal was about \$2.50 to \$4. I was resting a lot in that period, since I was exhausted from my years of travel and work. When I got a car around October 1986, I started shopping at the local grocery stores, and I had a half size refrigerator, and a double hot plate and a few cooking utensils. I would sauté up something to eat on the hot plate. Of course hamburgers were a frequent item as was liver and onions or Lipton alfredo mix with imitation crab meat or boiled chicken breasts made into chicken salad. I did not have a freezer except ice trays. Somehow, I put on a lot of weight by slowing down my lifestyle and reading a lot from books I checked out of the Greenwich Library. I recalled about the time I got the yellow Volkswagen dasher in October 1986, I bought a 19 inch Samsung Color TV at Woolworths on Greenwich Avenue for \$86. I used it in the apartment on

Steamboat Road with rabbit ear antenna until I moved here in December 1988, and for a while here. After a couple of years of thrift shop TVs, I bought a 20 inch RCA Proscan TV at County Appliances in Stamford for about \$265 a lower price, since it was a clearance item. I kept that TV for about 15 years or more along with the 28 inch Orion TV I bought at Wal-Mart on Route 7 in Norwalk for about \$200 about 15 years ago, which I still have setup in my bedroom with all of the other televisions in the apartment. I still have the 24 inch Sony WEGA TV in the living room and the 30 inch Sony Trinitron in the bedroom. Both of those cost \$40 at the Greenwich Hospital Thrift Shop. I also have a 12 inch Panasonic TV in the bedroom and 12 inch JVC in the bathroom. The Panasonic cost \$79 at Best Buy in Norwalk about 10 years ago. The JVC was \$40 at the Merry Go Round Mews thrift shop about six years ago. The 20 inch Sony Trinitron that I discarded was \$40 from the Merry Go Round Mews thrift shop about five years ago. Of course I also have the four flat screen televisions all setup around the apartment. I took the Proscan TV to the family house in Maine about 7 years ago, where it was discarded after a few years. I bought another one like it for \$20 at the Greenwich Hospital Thrift Shop about seven years ago, but it malfunctioned after a couple of years. I had another large Sony television in the bedroom a few years ago that malfunctioned after a few months, so I tossed it. The reason for spending the money for the good flat screen televisions during the last two years is that I pay \$95 a month for high definition cable television which I have them hooked up to. However, I spend so much time on the computer, I do not watch too much television, particularly with Netflix without commercials available. I think I once had an older RCA television in the apartment, when I first moved here that I had bought at the Greenwich Hospital Thrift shop for \$20, but after a couple of years, it malfunctioned. There was also a period in my second to fourth years of personal computers that I did not have Cable Television, and I also lost my telephone because of a \$800 long distant telephone bill to computer bulletin boards. CIO

<888> 12/14/13 Saturday 1:50 A.M. <http://www.thenathanielwitherell.org/>

I ate 3.25 ounces of 65% reduced fat Chex Mix along with a 12 ounce glass of 50% punch and 50% Schweppes Ginger Ale. A similar drink in the old days at the Ninth Hole at the <http://www.greenwichcountryclub.org/> which consisted of 50% cold <http://www.welchs.com/> Grape Juice and 50% cold Canada Dry Ginger Ale was called a transfusion. I can not recall whether or not it was served on ice in a glass. Golfers in the summer get hot and thirsty, and at the mixed grill at the 18th hole, they would serve a pitcher of draught beer on ice, and for some reason they always had the best hamburgers. When my father got a corporate membership at the club back in 1962, it was about a \$5,000 bond, and one had to be approved by all of the membership. However, once one is out there on week days playing golf in the summer, the golf course was not too busy; but on weekends it was busy. The swimming pool and tennis courts were busy in the summer. Of course back in 1962 a complete set of golf clubs cost about \$300 and a good golf bag cost over \$50 and golf shoes were over \$50 and a new golf ball cost \$1.25. By today's prices, golf would be way too expensive for most people on minimal income. There are a number of public tennis courts in this area however. My last handicap in golf for 18 holes at the Greenwich Country Club was an eight back around 1968. I quit playing golf regularly once I started working at age 16 in the summer, but I kept up the game while at

the Taft School in the spring. While at [www.lfc.edu](http://www.lfc.edu) , I was too busy working and studying to try my hand at golf. I did try out for the Varsity golf team, but there were a number of scratch golfers at the college to my despair. I use to easily hit a 250 yard driver, but I was erratic on my short game. I used to have a Tony Lima putter that was a most excellent putter, but one day it disappeared. I still have my Haig Ultra Golf Clubs from around 1960 and my Naugahyde Burton Golf Bag from Jasper, Alabama along with two pairs of golf shoes with spikes. Golf gloves use to cost \$5. I never used a caddy, and I would frequently carry a full bag of clubs myself and walk the course, which was not easy for a skinny kid. CIO

<888> 12/13/13 Friday 11:15 P.M. [http://www.aarp.org/travel/travel-tips/info-11-2013/carry-on-essentials.html?cmp=NLC-WBLTR-MCTRL-121313-F1&USEG\\_ID=](http://www.aarp.org/travel/travel-tips/info-11-2013/carry-on-essentials.html?cmp=NLC-WBLTR-MCTRL-121313-F1&USEG_ID=)

[http://www.aarp.org/politics-society/history/info-10-2013/50-facts-about-jfk-assassination.html?cmp=NLC-WBLTR-MCTRL-121313-HT4&USEG\\_ID=](http://www.aarp.org/politics-society/history/info-10-2013/50-facts-about-jfk-assassination.html?cmp=NLC-WBLTR-MCTRL-121313-HT4&USEG_ID=)

Email - Live Webcast: Joe Scarborough at the Reagan Library. Friday, Dec 13. 7pm PST - Ronald Reagan Presidential Foundation and Library

Mud volcano to stop 'by decade's end' CIO

<888> 12/13/13 Friday 9:30 P.M. I have a battery powered sound machine that I can use to eliminate the construction noise in the daytime on week days, when I am trying to sleep.

<http://www.cnn.com/2013/12/13/world/south-pole-trek-harry/> CIO

<888> 12/13/13 Friday 8:55 P.M. I ate a 8 ounce medium rare boneless New York strip steak with Lea and Perrins Worcestershire sauce and 12 ounces of mashed potatoes with Smart Balance Spread and extra virgin olive oil and baby carrots cut into quarters lengthwise with Smart Balance Spread and extra virgin olive oil and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Splenda sweetener and Borden's lemon juice. CIO

<888> 12/13/13 Friday 8:00 P.M. I chatted with a relative earlier this afternoon. I just chatted with the same relative again.

4 to 8 inches of the white stuff

[http://forecast.weather.gov/showsigwx.php?warnzone=CTZ009&warncounty=CTC001&firowxzone=CTZ009&local\\_place1=&product1=Winter+Storm+Warning#.UqusSCfy3c8](http://forecast.weather.gov/showsigwx.php?warnzone=CTZ009&warncounty=CTC001&firowxzone=CTZ009&local_place1=&product1=Winter+Storm+Warning#.UqusSCfy3c8)

<http://www.greenwichtime.com/news/us/article/Northeast-braces-for-weekend-snow-sleet-storm-5061956.php> CIO

<888> 12/13/13 Friday 6:40 P.M. I took the old 20 inch Sony Trinitron CRT TV out of the kitchen, and I cleaned the area where it was to the left of the refrigerator. I took the APC power control center off the Asus Netbook in the living room, so the Asus Netbook will not

be setup until I get the power control center next Wednesday. I put APC power control center to the left of refrigerator plugged into the power strip behind it. I put the Labtec subwoofer speaker on the back side of the APC power control center with it facing to the left with it plugged into the second switch from the right on the APC power control center. I assembled the new 20 inch LED Seiki TV, and I put it on the front side of the APC power control center with it plugged into the first switch to the right. I ran the Audio cable from the Labtec subwoofer to the microphone jack on the Seiki TV, and I connected the coaxial cable to the Seiki TV. I put two telephone books on top of the subwoofer, and I placed the Sony Stream Media on top of the telephone books on top of the subwoofer and plugged the device into the third switch from the right, and I ran an HDMI cable from it to the only HDMI input on the Seiki TV. I then setup the Seiki LDE TV, and it works and sounds just great. I left the Seiki remote control and the Sony Media device remote control at the front side of the Seiki TV. I left the Cablevision box remote control on the small table just inside the kitchen. Thus it is all setup. To use the Sony streaming input device, one has to change the Seiki TV source to HDMI with its remote control and turn on the third switch from the right on the APC power control center and turn on the Sony Streaming media device with its remote control. The coaxial picture is sharp enough, but it will be even sharper, when I install the gold coaxial two splitter. I used my little folding cart, and I put the old Sony 20 inch CRT TV out by the dumpster for anyone to retrieve. It still works fine too. I kept the Sony remote control for the old Sony TV in the living room. I threw out the garbage. I picked up the mail. As of the first of the year, my EBT food stamps are going from the current \$168 to \$163. Thus although I got a \$11 SSI COLA increase, it is really only \$6, and possibly if they change my rent amount there will be no COLA increase. This happens all of the time, so in 27 years on SSI, I have never really gotten a real COLA increase. I will now shower and clean up. CIO

<888> 12/13/13 Friday 3:40 P.M. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. I will take the APC control panel off the Asus netbook setup and use it to setup the new TV setup in the kitchen. It will not be optimized setup until I get the gold coaxial two splitter next Wednesday. CIO

<888> 12/13/13 Friday 2:40 P.M. I woke up at 9 A.M., because the construction work was making noise. The order with tracking of [Track your package or shipment with FedEx Tracking on the order for http://www.accessories4less.com/make-a-store/item/BOSTVEE10/BOSTON-ACOUSTICS-TVee-10-All-In-One-Soundbar-w/Powerful-Bass-Built-In/1.html?gclid=CN2e\\_KKuprsCFSRk7AodNwQA9g#!more](http://www.accessories4less.com/make-a-store/item/BOSTVEE10/BOSTON-ACOUSTICS-TVee-10-All-In-One-Soundbar-w/Powerful-Bass-Built-In/1.html?gclid=CN2e_KKuprsCFSRk7AodNwQA9g#!more) for \$49.99 and \$9.36 shipping for \$59.35 total arrived. The FedEx man was still having problems with his computer. He was able to write zeros to the hard drive with the Seagate utilities, but the Dell XP install disk would not recognize the SATA hard drive. I suggested using the Seagate Utilities to partition the SATA hard drive. I took the Cambridge Sound system off the Haier HDTV setup in the living room. I put it on the Ocosmo TV setup in the bedroom plugged into the headphone jack. I will use the Labtec speakers from the bedroom on the kitchen TV setup. I put a three foot shelf underneath the Haier TV in the

living room, and I placed Boston Accoutics speaker system underneath the Haier TV connected to the headphone jack and on AUX1 on the speaker system. I programmed the speaker system remote control per the instructions. When one turns on the control panel master switch the power to the speakers and Haier TV comes on. When one turns on the Haier TV, the speaker system is recognized, since I set it at yellow input or input 2. I adjusted the levels on the speaker bar and the Haier TV, and it sounds just fine. I chatted with a relative. I ate a Greek yogurt. Around noon, I tried going to bed. About an hour later the order with tracking of UPS Tracking on the order for [http://www.amazon.com/Seiki-Digital-SE20HS02-20-Inch-Black/dp/B00E0EYIV4/ref=lh\\_ni\\_t?tag=dealnewscom&ie=UTF8&psc=1&smid=ATVPDKIKX0DER#productDetails](http://www.amazon.com/Seiki-Digital-SE20HS02-20-Inch-Black/dp/B00E0EYIV4/ref=lh_ni_t?tag=dealnewscom&ie=UTF8&psc=1&smid=ATVPDKIKX0DER#productDetails) for \$66.72 and two year warranty for \$6.63 and \$4.66 tax for \$78.01 total arrived. I will not install it in the kitchen until I get the control panel next Wednesday. I tried to go back to sleep, but the construction noise kept me away. I chatted with a relative. CIO

<888> 12/13/13 Friday 2:35 A.M. free shipping \*\$199.88 after \$80 Tech Savings\* 32" VIZIO LED Smart TV w/ Wi-Fi

\$189 with free shipping TOSHIBA 32L1300U - 32" Class (31.5" Actual Diagonal Size) 720p 60Hz LED HDTV

If you have a high speed cable modem, and need to chat with people in other countries, this [I will now shut down the primary work computer. I will eat a Greek yogurt, and then I will go to bed. It is suppose to be down to 15 degrees Fahrenheit this morning. CIO](http://www.newegg.com/Product/Product.aspx?SID=k6-asj3oEeOOiKb2euH1nw0_yLI3_0_0_0&AID=10440897&PID=1225267&nm_mc=AFC-C8Junction&cm_mmc=AFC-C8Junction-_-cables-_-na-_-na&Item=N82E16833617008&cm_sp= will save you money.</a></p>
</div>
<div data-bbox=)

<888> 12/13/13 Friday 1:35 A.M. Email - Nothing short of remarkable - General - Ronald Reagan Presidential Foundation and Library

Cámaras en los Volcanes

MAGNET

Global Volcanism Program | Smithsonian / USGS Weekly Volcanic Activity Report

<http://www.britannica.com/EBchecked/topic/545620/Frank-Sinatra>

Jupiter's icy moon Europa 'spouts water'

Hacking trial: Police 'told to leave Queen's nuts'

Hydrogen squeezed from stone could be new energy source CIO

<888> 12/13/13 Friday 12:50 A.M. Living in Greenwich, Connecticut on and off for 51 years, I have met a lot of people; but they always seem to be coming and going from other places, so I gave up on trying to keep track of anyone a long time ago.

I heated and ate a 15 ounce can of Chef Boyardee small ravioli, and I ate it with a 12 ounce glass of Schweppes Ginger Ale. When I met Roger Schultz about 23 years ago, he was a software engineer for Schweppes.

Tracking is

[https://tools.usps.com/go/TrackConfirmAction?qt\\_c\\_tLabels1=9400109699937162077878](https://tools.usps.com/go/TrackConfirmAction?qt_c_tLabels1=9400109699937162077878) on the order for [http://www.ebay.com/itm/Philips-Digital-Gold-Plated-2-Way-HDTV-Coax-5-2300-MHz-indoor-Outdoor-Splitter-/261269117150?pt=US\\_Splitters\\_Coinbiners&hash=item3cd4da58de](http://www.ebay.com/itm/Philips-Digital-Gold-Plated-2-Way-HDTV-Coax-5-2300-MHz-indoor-Outdoor-Splitter-/261269117150?pt=US_Splitters_Coinbiners&hash=item3cd4da58de) for \$5.99 with free shipping.

Tracking is

<https://tools.usps.com/go/TrackConfirmAction!execute.action?formattedLabel=9405509699937160813235> on the order for [http://www.ebay.com/itm/Tripp-Lite-Isobar-Touch-Master-Plus-MT-6-Surge-Protector-Suppressor-Phone-Fax-/291020244980?pt=US\\_Surge\\_Protectors\\_Power\\_Strips&hash=item43c22887f4](http://www.ebay.com/itm/Tripp-Lite-Isobar-Touch-Master-Plus-MT-6-Surge-Protector-Suppressor-Phone-Fax-/291020244980?pt=US_Surge_Protectors_Power_Strips&hash=item43c22887f4) for \$24 with free shipping.

Tracking is

[https://tools.usps.com/go/TrackConfirmAction?qt\\_c\\_tLabels1=9400110200828003527873](https://tools.usps.com/go/TrackConfirmAction?qt_c_tLabels1=9400110200828003527873) on the order for [http://www.ebay.com/itm/3-Port-HDMI-1-3-Selector-Switch-Box-Hub-Adapter-1080p-Splitter-HDTV-PS3-DVD-/131069161835?pt=US\\_Video\\_Cables\\_Adapters&hash=item1e8454b16b](http://www.ebay.com/itm/3-Port-HDMI-1-3-Selector-Switch-Box-Hub-Adapter-1080p-Splitter-HDTV-PS3-DVD-/131069161835?pt=US_Video_Cables_Adapters&hash=item1e8454b16b) for \$6.67 with free shipping.

Tracking is

<http://webtrack.dhlglobalmail.com/?trackingnumber=4200683092748901015478100002254401> on the order for three 6 foot [http://www.newegg.com/Product/Product.aspx?Item=N82E16882850010&nm\\_mc=AF-C-C8Junction&cm\\_mmc=AFC-C8Junction--na--na--na&cm\\_sp=&AID=10440897&PID=249294&SID=996728459\\_main](http://www.newegg.com/Product/Product.aspx?Item=N82E16882850010&nm_mc=AF-C-C8Junction&cm_mmc=AFC-C8Junction--na--na--na&cm_sp=&AID=10440897&PID=249294&SID=996728459_main) for \$3.99 each and \$2.50 off with promo code "EMCYTZT4997" for \$4.47 total with free shipping. CIO

<888> 12/12/13 Thursday 11:35

P.M. <http://www.greenwichtime.com/seen/slideshow/SEEN-Greenwich-Historical-Society-75962.php> CIO

<888> 12/12/13 Thursday 11:20 P.M. I put away the laundry. CIO

<888> 12/12/13 Thursday 10:45 P.M.

Michael Louis Scott's Christmas Letter 2013

Michael Louis Scott's Christmas Letter 2013

CIO

<888> 12/12/13 Thursday 10:10 P.M. I have 50 minutes to go on two dry cycles. One of the washer machines stopped with six minutes to go because it was unbalanced on the spin cycle. The door was also locked. I was able to get it going again by lightly pressing on the door a few times, and it started up again. CIO

<888> 12/12/13 Thursday 9:50 P.M. I went out, and I cleared a bit of ice from around the windshield wipers of the Volvo wagon. It started right up after standing for about four days in 22 degree Fahrenheit weather. The seat warmers work just fine. I went by the new downtown Greenwich Post Office, and I mailed my Christmas cards. The parking lot was filled after hours. They should have some after hour parking places for the post office only. I did not go by CVS, because all of the parking places on Greenwich Avenue were busy. The Christmas Lites on Greenwich Avenue appear to go from Lewis Street to Fawcett Place. I sat out briefly further downtown. The benches that I could see were cleared of snow and ice. I then went by the Stop and Shop. I bought bananas for .79 a pound for \$1.12, two 8 ounce packages of Purdue short cuts grilled chicken Italian for \$3.33 each, a 24 ounce Stop and Shop garlic mashed potatoes for \$2.50, two 14 ounce Marie Callender chicken pot pies for \$2.50, a 16 ounce Smart Balance Lite for \$4.19 less .55 can deposit for \$18.93 total. I then returned home, and I put away my groceries. I put clean linens on the bed. I started two loads of laundry, and I have five minutes to go on the wash cycles. I threw out the garbage and the old periodical literature. I watered the plants. CIO

<888> 12/12/13 Thursday 6:35 P.M. I threw out the shipping box. I picked up the mail. I ate a 14 ounce Marie Callender chicken and bacon pot pie with a 12 ounce glass of Schweppes Ginger Ale. I will now go downtown. CIO

<888> 12/12/13 Thursday 5:55 P.M. I finished my Christmas cards and letters. I did 33 of them, three of which are international mail for 37 \$.46 forever stamps used. The order with tracking of <https://tools.usps.com/go/TrackConfirmAction?qtctLabels1=9405509699939475351570> on the order for NEW! SCANDIA WOODS MENS RED/BLACK FLANNEL PAJAMA SET SZ 2XL--PERFECT FOR HOLIDAY for \$17.99 and \$8.76 shipping for \$26.75 total arrived. Also the order for 80 ounces of Peter Stokkebye Bulk Turkish Pipe Tobacco (by the ounce) for \$1.46 an ounce with free shipping on over a \$100 order for \$116.81 total arrived along with free calendar from them. I chatted with a friend.

Tracking is UPS Tracking on the order for [http://www.amazon.com/Seiki-Digital-SE20HS02-20-Inch-Black/dp/B00E0EYIV4/ref=lh\\_ni\\_t?tag=dealnewscom&ie=UTF8&psc=1&smid=ATVPDKIKX0DER#productDetails](http://www.amazon.com/Seiki-Digital-SE20HS02-20-Inch-Black/dp/B00E0EYIV4/ref=lh_ni_t?tag=dealnewscom&ie=UTF8&psc=1&smid=ATVPDKIKX0DER#productDetails) for \$66.72 and two year warranty for \$6.63 and \$4.66 tax for \$78.01 total. CIO

<888> 12/12/13 Thursday 12:35 P.M. I threw out the garbage. I put the Jupiter Jack in the compartment between the two front seats of the Volvo wagon. I put the Jupiter Jack information and cell phone holder in the map holder behind the driver's side front seat. I will now do my Christmas letter and Christmas cards. CIO

<888> 12/12/13 Thursday 11:20 A.M. To improve the coaxial signal on my kitchen and Sceptre televisions, I bought [http://www.ebay.com/itm/Philips-Digital-Gold-Plated-2-Way-HDTV-Coax-5-2300-MHz-indoor-Outdoor-Splitter-/261269117150?pt=US\\_Splitters\\_Coinbiners&hash=item3cd4da58de](http://www.ebay.com/itm/Philips-Digital-Gold-Plated-2-Way-HDTV-Coax-5-2300-MHz-indoor-Outdoor-Splitter-/261269117150?pt=US_Splitters_Coinbiners&hash=item3cd4da58de) for \$5.99 with free shipping. CIO

<888> 12/12/13 Thursday 10:55 A.M. I will now shower and clean up. CIO

<888> 12/12/13 Thursday 10:40 A.M. <http://blog.ctnews.com/weather/2013/12/12/snow-possible-this-weekend/> . CIO

<888> 12/12/13 Thursday 10:15 A.M. I woke up, and I ate half of a 6.5 ounce bag of 65% reduced fat Chex mix. I finally woke up at 8:30 A.M.. I chatted with a relative. The relative received the order with tracking of [Track your package or shipment with FedEx Tracking](#) on the order for a relative one [http://www.accessories4less.com/make-a-store/item/BOSTVEE10/BOSTON-ACOUSTICS-TVee-10-All-In-One-Soundbar-w/Powerful-Bass-Built-In/1.html?gclid=CN2e\\_KKuprsCFSRk7AodNwQA9g#!more](http://www.accessories4less.com/make-a-store/item/BOSTVEE10/BOSTON-ACOUSTICS-TVee-10-All-In-One-Soundbar-w/Powerful-Bass-Built-In/1.html?gclid=CN2e_KKuprsCFSRk7AodNwQA9g#!more) for \$49.99 and \$3.76 tax and \$7.84 shipping for \$61.59. Another relative will hook it up tomorrow. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. I got a Christmas Card yesterday from <http://www.georgebushfoundation.org/> . CIO

<888> 12/11/13 Wednesday 11:05 P.M. I will now shut down the primary work computer. I will then go to bed. CIO

<888> 12/11/13 Wednesday 10:25 P.M. I ate a Greek yogurt. CIO

<888> 12/11/13 Wednesday 9:40 P.M. I watched some television. I chatted briefly with a relative. I sorted out some lose items I brought up from the Audi, when I got rid of it. I even found a Jupiter Jack. I put the duffle bag they were on the top right hand bedroom closet shelf.

!!!!!! On Friday December 13, 2013 is the Aga Khan's 77th birthday <http://www.amaana.org/agakhan/bd13.htm> . His grandfather use to get his weight in diamonds <http://simerg.com/literary-readings/literary-reading-sir-sultan-muhammad-shah-aga-khan-iii-the-diamond-jubilee-an-incomparable-occasion-in-the-world/> .

<http://simerg.com/special-series-his-highness-the-aga-khan-iv/literary-reading-worldwide-honours-for-prince-karim-aga-khan-underline-impact-of-ismaili-imamats-contribution-to-humanity-2/> CIO

<888> 12/11/13 Wednesday 8:15 P.M. I renewed my [www.aarp.org](http://www.aarp.org) membership for another year for \$16. It is good until May 31, 2015.

CSUS Geology

Vulkanológia a Kárpát-Pannon térségben | ELTE KGT Vulkanológiai Csoport

<http://www.britannica.com/EBchecked/topic/179808/Edward-VIII>

Dinosaur asteroid 'sent life to Mars'

Esa's Cryosat mission detects continued West Antarctic ice loss

Yellowstone supervolcano 'even more colossal'

Experts explain Scotland's killer avalanches

<http://www.bbc.co.uk/programmes/b03l5lvh> CIO

<888> 12/11/13 Wednesday 7:20 P.M. I ate a turkey and American cheese sandwich on 12 grain whole wheat bread with Hellmann's olive oil mayonnaise and Wise wavy potato chips and a dill pickle slice and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 12/11/13 Wednesday 5:20 P.M. I threw out the garbage. I picked up the mail. I will now shower and clean up. CIO

<888> 12/11/13 Wednesday 4:50 P.M. From this list <http://stores.ebay.com/Surplus-Technology-PA/i.html?nkw=surge+protector&submit=Search&sid=966216401>, I ordered [http://www.ebay.com/itm/Tripp-Lite-Isobar-Touch-Master-Plus-MT-6-Surge-Protector-Supressor-Phone-Fax-/291020244980?pt=US Surge Protectors Power Strips&hash=item43c22887f4](http://www.ebay.com/itm/Tripp-Lite-Isobar-Touch-Master-Plus-MT-6-Surge-Protector-Supressor-Phone-Fax-/291020244980?pt=US%20Surge%20Protectors%20Power%20Strips&hash=item43c22887f4) for \$24 with free shipping. I will use it with the TV, speaker, streaming media device setup in the kitchen. CIO

<888> 12/11/13 Wednesday 4:20 P.M. I ordered three 6 foot [http://www.newegg.com/Product/Product.aspx?Item=N82E16882850010&nm\\_mc=AF C-C8Junction&cm\\_mmc=AFC-C8Junction--na--na--na&cm\\_sp=&AID=10440897&PID=249294&SID=996728459](http://www.newegg.com/Product/Product.aspx?Item=N82E16882850010&nm_mc=AF C-C8Junction&cm_mmc=AFC-C8Junction--na--na--na&cm_sp=&AID=10440897&PID=249294&SID=996728459) main for \$3.99 each and \$2.50 off with promo code "EMCYTZT4997" for \$4.47 total with free shipping. CIO

<888> 12/11/13 Wednesday 3:50 P.M. I ordered <http://www.amazon.com/Seiki-Digital-SE20HS02-20-Inch->

**Black/dp/B00E0EYIV4/ref=lh\_ni\_t?tag=dealnewscom&ie=UTF8&psc=1&smid=ATVDPK IKX0DER#productDetails** for \$66.72 and two year warranty for \$6.63 and \$4.66 tax for \$78.01 total. I will hook it up in the kitchen. CIO

<888> 12/11/13 Wednesday 3:00 P.M. To connected up the IBM ThinkCentre by the Ethan Allen recliner to the Haier HDTV, I ordered **[http://www.ebay.com/itm/3-Port-HDMI-1-3-Selector-Switch-Box-Hub-Adapter-1080p-Splitter-HDTV-PS3-DVD-/131069161835?pt=US\\_Video\\_Cables\\_Adapters&hash=item1e8454b16b](http://www.ebay.com/itm/3-Port-HDMI-1-3-Selector-Switch-Box-Hub-Adapter-1080p-Splitter-HDTV-PS3-DVD-/131069161835?pt=US_Video_Cables_Adapters&hash=item1e8454b16b)** for \$6.67 with free shipping. CIO

<888> 12/11/13 Wednesday 2:25 P.M. I woke up at 11 A.M., and I chatted with a relative. I went back to bed, and I finally woke up at 1 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 12/10/13 Tuesday 11:50 P.M. I ate an ounce of almonds. I will now shut down the primary work computer. I will then eat a Greek yogurt. I will then go to bed. CIO

<888> 12/10/13 Tuesday 11:15 P.M. I made 125 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching "Bel Ami" . CIO

<888> 12/10/13 Tuesday 8:45 P.M. If any of the young energetic young people downtown on Greenwich Avenue can afford to have a snow brush in their car, they should volunteer and clean off the snow and ice off the benches in front of the senior and the arts center, the former Greenwich post office, the veterans monument across the street from the senior and the arts center, the Greenwich Common, and if they have to the energy to walk the whole length of Greenwich Avenue and the train station area, there are a few other benches along the way. I will now make cigarettes. CVS on Greenwich Avenue usually sells snow brushes. That is part of what the Freezing Norwegian Patrol is suppose to do. CIO

<888> 12/10/13 Tuesday 8:05 P.M. Tracking is **[Track your package or shipment with FedEx Tracking](http://www.accessories4less.com/make-a-store/item/BOSTVEE10/BOSTON-ACOUSTICS-TVee-10-All-In-One-Soundbar-w/Powerful-Bass-Built-In/1.html?gclid=CN2e_KKuprsCFSRk7AodNwQA9g#!more)** on the order for a relative one **[http://www.accessories4less.com/make-a-store/item/BOSTVEE10/BOSTON-ACOUSTICS-TVee-10-All-In-One-Soundbar-w/Powerful-Bass-Built-In/1.html?gclid=CN2e\\_KKuprsCFSRk7AodNwQA9g#!more](http://www.accessories4less.com/make-a-store/item/BOSTVEE10/BOSTON-ACOUSTICS-TVee-10-All-In-One-Soundbar-w/Powerful-Bass-Built-In/1.html?gclid=CN2e_KKuprsCFSRk7AodNwQA9g#!more)** for \$49.99 and \$3.76 tax and \$7.84 shipping for \$61.59.

Tracking is **[Track your package or shipment with FedEx Tracking](http://www.accessories4less.com/make-a-store/item/BOSTVEE10/BOSTON-ACOUSTICS-TVee-10-All-In-One-Soundbar-w/Powerful-Bass-Built-In/1.html?gclid=CN2e_KKuprsCFSRk7AodNwQA9g#!more)** on the order for **[http://www.accessories4less.com/make-a-store/item/BOSTVEE10/BOSTON-ACOUSTICS-TVee-10-All-In-One-Soundbar-w/Powerful-Bass-Built-In/1.html?gclid=CN2e\\_KKuprsCFSRk7AodNwQA9g#!more](http://www.accessories4less.com/make-a-store/item/BOSTVEE10/BOSTON-ACOUSTICS-TVee-10-All-In-One-Soundbar-w/Powerful-Bass-Built-In/1.html?gclid=CN2e_KKuprsCFSRk7AodNwQA9g#!more)** for \$49.99 and \$9.36 shipping for \$59.35 total.

**[\\$199.99 with free shipping Insignia™ - 37" Class \(36-1/2" Diag.\) - LED - 720p - 60Hz - HDTV](#)**

<http://www.nytimes.com/2013/12/10/nyregion/new-york-state-hospital-cost-data-expose-big-markups-and-odd-bargains.html?nl=todaysheadlines&emc=edit th 20131210& r=0>

<https://health.data.ny.gov/Health/Hospital-Inpatient-Cost-Transparency-Beginning-2007dtz-qxmr>

[Email - Live Webcast: American Author of Suspense Novels Ted Bell, Tue, Dec 10th - Ronald Reagan Presidential Foundation and Library](#)

[8 Tricks to Optimize Windows 8.1](#)

[Juno probe makes first movie of Earth-Moon 'dance'](#)

[10 dangerous things in Victorian/Edwardian homes](#)

[Peter Higgs receives Nobel prize medal](#)

[Mars One invites school pupils to design first mission](#)

[Europe's rarest orchid rediscovered in the Azores](#)

I chatted with a relative. CIO

<888> 12/10/13 Tuesday 6:45 P.M. I ate a 8 ounce medium rare boneless New York strip steak with Lea and Perrins Worcestershire sauce and 12 ounces of mashed potatoes with Smart Balance Spread and extra virgin olive oil and baby carrots cut into quarters lengthwise with Smart Balance Spread and extra virgin olive oil and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Splenda sweetener and Borden's lemon juice. CIO

<888> 12/10/13 Tuesday 5:40 P.M. My appointment this Friday afternoon at 1:30 P.M. was cancelled earlier today.

<http://www.greenwichtime.com/local/article/Antiquarius-5049749.php> CIO

<888> 12/10/13 Tuesday 5:25 P.M. I threw out the garbage. The garbage bin and the recycle bin lids are heavy with snow on them, so I left them propped open. I chatted with a neighbor. I cleaned off the snow and ice off the three benches in front of the building. I cleaned off some ice and sleet off the Volvo wagon. It is freezing out, so it is getting slippery again. I got a picture of George and Laura Bush from the <http://www.georgewbushlibrary.smu.edu/>, and I put it on the mirror to the right side of the kitchen entrance. CIO

[http://forecast.weather.gov/showsigwx.php?warnzone=CTZ009&warncounty=CTC001&fi rewzone=CTZ009&local\\_place1=&product1=Special+Weather+Statement#.UqeT2ify3c8](http://forecast.weather.gov/showsigwx.php?warnzone=CTZ009&warncounty=CTC001&fi rewzone=CTZ009&local_place1=&product1=Special+Weather+Statement#.UqeT2ify3c8)

I put the five orange cones in front of the three parking places at the building entrance that are reserved for the construction work. I picked up the mail.

<888> 12/10/13 Tuesday 4:15 P.M. \$149.99 and \$5 shipping Deal of the Day Coby 32in LCD 1080p 120Hz Flat Panel HDTV I will now shower and clean up. CIO

<888> 12/10/13 Tuesday 3:20 P.M. I ordered for a relative one [http://www.accessories4less.com/make-a-store/item/BOSTVEE10/BOSTON-ACOUSTICS-TVee-10-All-In-One-Soundbar-w/Powerful-Bass-Built-In/1.html?gclid=CN2e\\_KKuprsCFSRk7AodNwQA9g#!more](http://www.accessories4less.com/make-a-store/item/BOSTVEE10/BOSTON-ACOUSTICS-TVee-10-All-In-One-Soundbar-w/Powerful-Bass-Built-In/1.html?gclid=CN2e_KKuprsCFSRk7AodNwQA9g#!more) for \$49.99 and \$3.76 tax and \$7.84 shipping for \$61.59. I chatted with a relative in Florida, and since the speaker system ships from nearby my relative in Florida, they might get it first. CIO

<888> 12/10/13 Tuesday 2:35 P.M. For one of my HDTV's I ordered [http://www.accessories4less.com/make-a-store/item/BOSTVEE10/BOSTON-ACOUSTICS-TVee-10-All-In-One-Soundbar-w/Powerful-Bass-Built-In/1.html?gclid=CN2e\\_KKuprsCFSRk7AodNwQA9g#!more](http://www.accessories4less.com/make-a-store/item/BOSTVEE10/BOSTON-ACOUSTICS-TVee-10-All-In-One-Soundbar-w/Powerful-Bass-Built-In/1.html?gclid=CN2e_KKuprsCFSRk7AodNwQA9g#!more) for \$49.99 and \$9.36 shipping for \$59.35 total. CIO

<888> 12/10/13 Tuesday 1:30 P.M. I woke up at 8:30 A.M., and I chatted with a friend for an hour. I went back to bed until 11:30 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. The building fire alarm went off for a cooking smoke alarm in a downstairs apartment, but there was no fire. I cleaned about three inches of snow off my Volvo wagon. CIO

<888> 12/09/13 Monday 11:10 P.M. [http://forecast.weather.gov/showsigwx.php?warnzone=CTZ009&warncounty=CTC001&firewxzone=CTZ009&local\\_place1=&product1=Special+Weather+Statement#.UqaSpyfv3c8](http://forecast.weather.gov/showsigwx.php?warnzone=CTZ009&warncounty=CTC001&firewxzone=CTZ009&local_place1=&product1=Special+Weather+Statement#.UqaSpyfv3c8)

I will now shut down the primary work computer. I will eat a Greek yogurt, and then I will go to bed. CIO

<888> 12/09/13 Monday 10:55 P.M. I reheated and ate the chicken and mashed potato dinner with Smart Balance Spread and extra virgin olive oil on the mashed potatoes and a 12 ounce glass of Schweppes Ginger Ale.

<888> 12/09/13 Monday 9:55 P.M. I fiddled with the Asus Internet Radio for a while. CIO

<888> 12/09/13 Monday 8:30 P.M. The Sennheiser wireless headset beneath the stereo system is connected to the Technics amplifier headphone jack. The Technics amplifier is connected to the Cablevision box on VCR 2 on the Technics amplifier, so if one mutes the

Haier TV, one can listen to it with the Sennheiser wireless headset through the Technics amplifier with the stereo speaker system muted. CIO

<888> 12/09/13 Monday 8:00 P.M. I chatted with a relative. The Asus Internet Radio does work. I put a new AAA alkaline battery in the Otto headset, and I left it to the left of the Asus Internet Radio, if I want to listen to it with the headset. The Otto headset has to be turned on and off with the switch on the ear piece. CIO

<888> 12/09/13 Monday 7:20 P.M. [DUST 2014 - International Conference on Atmospheric Dust](#)

[Sign up to receive a free 9-month subscription to Scottish Field magazine](#)

[Biltmore Wine Email Newsletter](#)

[Reagan Christmas Sweater - National Republican Senatorial Committee](#)

Tracking is

[https://tools.usps.com/go/TrackConfirmAction?qt\\_c\\_tLabels1=9405509699939475351570](https://tools.usps.com/go/TrackConfirmAction?qt_c_tLabels1=9405509699939475351570) on the order for [NEW! SCANDIA WOODS MENS RED/BLACK FLANNEL PAJAMA SET SZ 2XL--PERFECT FOR HOLIDAY](#) for \$17.99 and \$8.76 shipping for \$26.75 total.

[Coldest spot on Earth identified by satellite](#)

[Mid-East governments sign Red Sea-to-Dead Sea water deal](#)

[‘Digital gophers’ solve Mima mound mystery](#) CIO

<888> 12/09/13 Monday 6:30 P.M.

However, if you feel the need for some Christmas cheer from Vermont, you can always buy some [http://www.vermontpuremaple.com/buy\\_maple\\_syrup.htm](http://www.vermontpuremaple.com/buy_maple_syrup.htm) .

[The Vermont Country Store General Store | Classic Products | Hard to Find Products](#)

[Harrington's of Vermont](#)

[Shelburne Farms, Vermont](#)

[Garelick Farms](#)

[Cabot Cheese - Award Winning Vermont cheddar.](#)

and if Vermont is not your fancy, there is always

Carr Valley Cheese Co. - Wisconsin Cheddar, American Originals, Artisanal and Award Winning Cheeses

Smoked Turkeys - Great for Thanksgiving and Christmas!

Balmoral Estates Royal Gift Shop

Turduckens | \$85 Delivered | Order Now! | Fresh from CajunGrocer

It serves 125, takes eight hours to cook and is stuffed with 12 different birds ... now that really IS a Christmas dinner | Mail Online

better have it [www.fedex.com](http://www.fedex.com) if you can afford it Heal Farm - On Line Meat and Country Food and [http://www.healfarm.co.uk/product\\_info.php?cPath=32&products\\_id=621](http://www.healfarm.co.uk/product_info.php?cPath=32&products_id=621) , but I am not sure United States Customs would allow it. CIO

<888> 12/09/13 Monday 6:05 P.M. I picked up the mail. I chatted with a neighbor. I have read that 85% of the food in England is imported, so more than likely whomever exports food to them is making a pound or two. CIO

<888> 12/09/13 Monday 5:10 P.M. I ate three ounces of almonds. CIO

<888> 12/09/13 Monday 4:15 P.M. I threw out the garbage. I chatted with neighbors. CIO

<888> 12/09/13 Monday 2:40 P.M. On the oCOSMO 32-Inch 720p 60Hz LED HDTV (Glossy Black) in the bedroom, I bought the three year Square Trade protection plan for \$18.14 and \$1.15 tax for \$19.29 total. CIO

<888> 12/09/13 Monday 2:05 P.M. I will now shower and clean up. CIO

<888> 12/09/13 Monday 1:10 P.M. Multi-vehicle crash closed I-95 SB in Greenwich early Monday

I tried using the Asus Internet radio after not using it for a while, but at this moment it does not seem to work when trying to pull down radio stations from the internet. CIO

<888> 12/09/13 Monday 1:00 P.M. I woke up at 11 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed.

A few days ago, I charged up my three jump start systems and the two million watt rechargeable lantern.

The Five-Star Hotel Selling Everything Inside CIO

<888> 12/09/13 Monday 12:50 A.M. I will now shut down the primary work computer. I will eat a Greek yogurt. I will then go to bed. CIO

<888> 12/08/13 Sunday 11:20 P.M. [http://www.today.com/id/24982210/ns/today-today\\_health/t/boys-death-highlights-hidden-danger-dry-drowning#.UpOBYo0Vy95?cid=outbrain|DryDrowning](http://www.today.com/id/24982210/ns/today-today_health/t/boys-death-highlights-hidden-danger-dry-drowning#.UpOBYo0Vy95?cid=outbrain|DryDrowning)

<http://www.today.com/news/prince-harrys-antarctic-race-canceled-trek-will-go-2D11708516>

<https://www.google.com/search?q=James+Alexander+Philip+Theo+Mountbatten-Windsor&client=firefox-a&hs=1Ma&rls=org.mozilla:en-US:official&channel=rcs&tbm=isch&tbo=u&source=univ&sa=X&ei=k1WIUu6DCdXUsATe3IGYcG&ved=0CC4QsAQ&biw=1280&bih=834>

<http://www.britroyals.com/index.htm>

CIO

<888> 12/08/13 Sunday 10:50 P.M. I ate three ounces of Blue Diamond Wabasi and Soy almonds. CIO

<888> 12/08/13 Sunday 9:55 P.M. I threw out the garbage. The construction door to the left side of the building entrance was left propped open about four inches with a board. Since there are pipes in that area that might freeze, I took the board out and shut the door securely. The construction lights in that work area are still turned on. CIO

<888> 12/08/13 Sunday 9:30 P.M. [A Potato Battery Can Light Up a Room For Over a Month](#)

[Coupon Lawn - Where Online Shoppers Save](#)

I chatted with a relative.

<http://www.britannica.com/EBchecked/topic/335993/John-Lennon> . 33 years ago, I was out walking my roommate's daughter's white German Shepard from the west side of Manhattan through Central Park to the Waldorf Astoria, where the secret service photographed the White German Shepard with a Polaroid Land Camera, since the owner's grandfather was from California. Ronald Reagan was staying at the Waldorf Astoria on his first trip to Manhattan after being elected President. The owner of the dog who later went on to be the first European flight attendant with China Airlines was working at the liquor store at the Dakota apartment complex. When I walked back through Central Park, there was a police presence around the Dakota, so I walked back down the street to the south of it. The following morning in the newspaper, I learned that John Lennon had been shot that evening. I used to see John and Yoko around the neighborhood, but nobody ever bother them.

Mary, Queen of ScotsAlaska's Thin Line Between Camping and Homelessness

A friend of mine has a relative in Johnson, Vermont that raises lamas, and somebody shot and killed one of the lamas two days ago.

Inmarsat begins Global Xpress roll-out CIO

<888> 12/08/13 Sunday 8:15 P.M. I reheated and ate the chicken and mashed potato dinner with Smart Balance Spread and extra virgin olive oil on the mashed potatoes and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 12/08/13 Sunday 7:25 P.M. There is a private family party going on the community room, and one of the children pulled the emergency pull cord bell cord in the public bathroom, and it took about 25 minutes to turn off the alarm. CIO

<888> 12/08/13 Sunday 6:50 P.M. I threw out the garbage. I went by the Chase Bank [www.chase.com](http://www.chase.com) at 19 West Putnam Avenue. I then went downtown for the Greenwich Avenue Christmas stroll. There were a number of festive events going on. I walked the entire length of Greenwich Avenue and the train station area. I chatted with a local. I stopped by CVS, and I used the bathroom. I bought two 10.8 ounce Folgers Breakfast Blend coffee for \$3 each for \$6 total. I toured the new <http://www.makerbot.com/> store across the street from CVS. I told them it was my idea forty years ago for stone masons to carve stone for churches using lasers, but the idea never caught on. I was given a free cup of coffee coupon at <http://www.lepainquotidien.com/> by <http://greenwichbaptist.org/> and a \$50,000 Santa Bucks coupon by <http://www.yougoutourtract.org/>. I finished my walk, and I sat out for a while. I then went by the Stop and Shop. I bought two 64 Ocean Spray cranraspberry juice for \$2.50 each, two 64 ounce Ocean Spray crangrape juice for \$2.50 each, a 48 ounce Quaker Old Fashioned oatmeal for \$4.99, a 30 ounce jar of Hellmann's olive oil mayonnaise for \$5.29, a two pound bag of baby carrots for \$1.99, bananas for .79 a pound for \$1.60, Stop and Shop 24 ounce garlic mashed potatoes for \$2.50, two 14 ounce Marie Callender chicken pot pies with bacon for \$2.50 each, six Chaboni 6 ounce raspberry Greek yogurt for \$1 each, buy one Thomas' Honey Wheat 6 pack of English muffins for \$4.19 get two six packs free, and two chicken and mashed potato meals for \$1.99 each for \$48.54 total. I then returned home, and I carried up my groceries, and I put them away. I chatted with a relative. CIO

<888> 12/08/13 Sunday 1:30 P.M. I will now shower and clean up, and then I will go downtown. CIO

<888> 12/08/13 Sunday 12:15 P.M. I chatted with a friend who was doing laundry from 1 A.M. to 2:30 A.M.. I then went to bed about 3 A.M.. I woke up at 11 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements,

and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. I will now make up a fresh batch of punch. CIO

End of Scott's Notes week of 12/08/13

<888> 12/08/13 Sunday 12:45 A.M. Wilton factory is slice of Silicon Valley

I will now send out my weekly notes. I will then shut down the primary work computer, and I will eat a Greek yogurt, and then I will go to bed. CIO

<888> 12/08/13 Sunday 12:20 A.M. Ski Resort Web Cams in Southern Norway  
<http://www.snoweye.com/?page=no-s>

Ski Resort Web Cams in Northern and Central Norway  
<http://www.snoweye.com/?page=no-n>

!!!!!! <http://www.sochi2014.com/en/> Sochi Winter Olympics 2014. The friend that I went to the Winter Olympics with in Albertville, France in 1992 is too old to go into the cold country except for <http://www.stowe.com/>. Like my other older friends, we are all getting a bit to old to endure the colder weather outside for longer periods during the winter. CIO

<888> 12/07/13 Saturday 11:55 P.M. I ate 8 ounces of [www.coconutcakes.com](http://www.coconutcakes.com) with a glass of cold filtered water.

Mount Irvine Bay Hotel and Golf Club

Welcome to Sanibel Island.com!

Antigua and Barbuda

St Barts Vacation guide - St Barts villa rentals, Hotels Reservations, properties for sale, car rental, real estate, beaches, webcam views - St Barthelemy vacation | St Barths Online

Cayman Islands | Caribbean Vacation Packages, Honeymoon Caribbean

Luxury Resorts in Jamaica | Jamaica Resort & Hotel, Montego Bay | Round Hill Hotel & Villas

Bequia Tourism Association - welcome!

The Official St. Kitts Tourism Authority Website | [stkittstourism.kn](http://stkittstourism.kn)

Welcome to Nevis

! Barbados Tourism Encyclopedia - Official site of the Barbados Tourism Encyclopedia.

[Travel to Tobago | Tobago Vacations | Visit Tobago](#)

<http://mikelouisscott.com/mls-tobago-1971.jpg>

<http://mikelouisscottcom.cv.siteprotect.net/mls-tobago-1971.jpg>

I use to know somebody from Sao Paulo, Brazil <http://mikelouisscott.com/photo/mike-scott-and-friend-new-york-1987.jpg> that knew the [His Highness the Aga Khan's 76th Birthday - Mowlana Hazar Imam's 76th Birthday - December 13, 2012 Salgirah Khushiali Mubarak!](#) , but he has not visited me since I moved to 71 Vinci Drive 25 years ago, but he did tour the building with me the summer, before I moved in. Thus there has been a real Brazilian in this building at one time, not that it makes it any warmer.

If one does not mind cooler weather than the Florida Keys and points South, there is always the [Elbow Beach \(Paget, Bermuda\) | Expedia](#) or in Tampa, Florida [Don CeSar Beach Hotel | St Pete Beach Hotel | Loews Hotels - Loews](#) or in Fort Lauderdale for one's yacht at the [Fort Lauderdale Beach Hotels Bahia Mar or Pier 66 Fort Lauderdale Hotels & Florida Luxury Resorts - Hyatt Regency Pier Sixty-Six Resort and Spa](#) where the <http://www.forbes.com/> used to keep their yacht "The Highlander". In February 1982, when I finished the garage apartment in Plandome Manor, Long Island, I spent several weeks in Oslo, Norway at the Y.M.C.A. across the street from [Hotel Oslo. Book the stylish Radisson Blu Scandinavia Hotel, Oslo.](#) and the [Best Western West Hotel Oslo, Norway](#) . I thought about moving to Oslo, Norway to have a quiet more peaceful life amongst my native Nordic people, but my family insisted I come back to his country to live around the hodge podge of various people from around the world. [Burkhalter Travel / Travel Headquarters / Olson Travel](#) . There was six feet of snow on the ground in Oslo, Norway, when I got there, but by the time I left around St. Patrick's Day, it had all melted. I used to see [Olav V of Norway - Wikipedia, the free encyclopedia](#) walking around the Palace grounds in his black rain coat. CIO

<888> 12/07/13 Saturday 11:10 P.M. I bought [NEW! SCANDIA WOODS MENS RED/BLACK FLANNEL PAJAMA SET SZ 2XL--PERFECT FOR HOLIDAY](#) for \$17.99 and \$8.76 shipping for \$26.75 total. CIO

<888> 12/07/13 Saturday 10:55 P.M. I chatted with a friend. CIO

<888> 12/07/13 Saturday 9:05 P.M. [NROL-39](#)

[Air Force's mysterious space plane nears 1 year In orbit](#)

[Microsoft fights back against NSA 'snooping'](#) CIO

<888> 12/07/13 Saturday 8:45 P.M. I ate a 18 ounce bowl of Progresso New England clam chowder with dried parsley and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 12/07/13 Saturday 8:20 P.M. I woke up at 7:45 P.M.. I chatted with a relative twice. I picked up the mail. CIO

<888> 12/07/13 Saturday 4:45 P.M. I ate a 14 ounce Maria Callender turkey pot pie with a 12 ounce glass of Schweppes Ginger Ale with a few dashes of Angostura Bitters in it. I will now take a nap. CIO

<888> 12/07/13 Saturday 4:00 P.M. I ordered 80 ounces of Peter Stokkebye Bulk Turkish Pipe Tobacco (by the ounce) for \$1.46 an ounce with free shipping on over a \$100 order for \$116.81 total. CIO

<888> 12/07/13 Saturday 3:35 P.M. There was a false emergency pull cord alarm in the building. I threw out the garbage. I made 209 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching "Caravans". I chatted with a relative. CIO

<888> 12/07/13 Saturday 11:55 A.M. \$199.99 with free shipping Asus - 11.6" Touch-Screen Laptop - 4GB Memory - 320GB Hard Drive - Black . CIO

<888> 12/07/13 Saturday 11:50 A.M. I will now make cigarettes. CIO

<888> 12/07/13 Saturday 10:45 A.M. I ate one ounce of almonds. I will now shower and clean up. CIO

!!!!!! <888> 12/07/13 Saturday 9:15 A.M. Local restaurant delivery  
<https://www.townwaiter.com/>

<http://www.amaana.org/agakhan/bd13.htm> for Aga Khan's 77th birthday on December 13, 2013. CIO

<888> 12/07/13 Saturday 8:55 A.M. I made my bed again. CIO

<888> 12/07/13 Saturday 8:50 A.M. I rested some more until 8 P.M.. CIO

<888> 12/07/13 Saturday 5:10 A.M. I woke up at 4 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed.

Pearl Harbor Memorial Page

Pearl Harbor Memorial Page CIO

<888> 12/06/13 Friday 9:05 P.M. I will now shut down the primary work computer. I will eat a Greek yogurt. I will then go to bed. CIO

<888> 12/06/13 Friday 7:50 P.M. I ate a turkey and American cheese sandwich on 12 grain whole wheat bread with Hellmann's olive oil mayonnaise and Wise wavy potato chips and a dill pickle slice and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 12/06/13 Friday 6:45 P.M. I picked up the mail. I got my title for the 2005 Volvo XC70 wagon from the Connecticut Department of Motor Vehicles. I also got a notice from [www.ssi.gov](http://www.ssi.gov) that my SSI monthly payments are going from \$710 to \$721 a month as of the first of the year. CIO

<888> 12/06/13 Friday 3:50 P.M. EGU2014

Email - Ronald Reagan: The Notes Gift Set Only \$59.95-Plus Free Shipping! - Ronald Reagan Presidential Foundation and Library

Rare material shortages could put gadgets at risk CIO

<888> 12/06/13 Friday 3:05 P.M. I ate five old Thanksgiving cookies. CIO

<888> 12/06/13 Friday 2:30 P.M. I threw out the garbage. CIO

<888> 12/06/13 Friday 1:05 P.M. I will now shower and clean up.

Oil crews endure even after wind chill drops to almost minus 40 I hope it is not coming our way. CIO

<888> 12/06/13 Friday 12:15 P.M. I chatted with a friend. CIO

<888> 12/06/13 Friday 11:40 A.M. I woke up at 10 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 12/06/13 Friday 1:05 A.M. I ordered six more issues of [www.forbes.com](http://www.forbes.com) and a free Forbes travel bag all for \$4.95. I will now shut down the primary work computer. I will then eat a Greek yogurt. I will then go to bed. CIO

<888> 12/06/13 Friday 12:15 A.M. I ate two ounces of almonds, and a 12 ounce glass of 50% Schweppes Ginger Ale and 50% punch. CIO

<888> 12/05/13 Thursday 11:25 P.M. Cunard 2014 Special Events

[http://mcdonaldsnytristate.com/uploads/assets/images/email/12-5-13/12-5-13\\_email.htm](http://mcdonaldsnytristate.com/uploads/assets/images/email/12-5-13/12-5-13_email.htm)

NEMOH - Numerical, Experimental and stochastic Modelling of vOlcanic processes and Hazard

Walt Disney (American film producer) -- Encyclopedia Britannica

Amsterdam Has a Deal for Alcoholics - Work Paid in Beer - NYTimes.com

More men speaking in girls' 'dialect', study shows

Microsoft disrupts web fraud botnet ZeroAccess

NSA 'tracking' hundreds of millions of mobile phones

In pictures: Ford Mustang and the history of US muscle

I put away the laundry. CIO

<888> 12/05/13 Thursday 9:55 P.M. I have 55 minutes to go on two dry cycles. CIO

<888> 12/05/13 Thursday 9:30 P.M. I chatted with a relative. I put clean linens on the bed. I started two loads of laundry, and I have 15 minutes to go on the wash cycles. I threw out the garbage and the old periodical literature. I watered the plants. Today they started gutting the apartment above the building entrance for construction of the new freight elevator. They have a big dumpster and chute to dispose of the waste. I guess we now are officially a construction zone. It does make a bit of noise in the day time. CIO

<888> 12/05/13 Thursday 8:05 P.M. I woke up at 7:45 P.M.. I will now drink a cup of green tea with Splenda sweetener and Borden's lemon juice. CIO

<888> 12/05/13 Thursday 4:20 P.M. I ate a 8 ounce medium rare boneless New York strip steak with Lea and Perrins Worcestershire sauce and 12 ounces of mashed potatoes with Smart Balance Spread and extra virgin olive oil and baby carrots cut into quarters lengthwise with Smart Balance Spread and extra virgin olive oil and a 12 ounce glass of Schweppes Ginger Ale. I will now take a nap. CIO

<888> 12/05/13 Thursday 3:15 P.M. I went out, and I threw out the garbage. I went by <http://www.n-to-n.org/>, and I donated about 20 pairs of pants and a comforter. They were not too busy. I then went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I used the bathroom at the Senior and the Arts Center. They are not yet selling the 2014 parking permits. That is usually around the third week of December. I stopped by CVS, and I toured the store. I went by the Greenwich Post Office, and I bought 20 .46 forever Poinsettia stamps for \$9.20 and 20 .46 forever Madonna and Child stamps for \$9.20 for \$18.40 total. After I finished my walk, I sat out for a while. I then went by the Putnam Shell at 401 West Putnam Avenue, and I bought \$10.02 of self service premium V-Power gasoline for \$4.199 a gallon with a dime a gallon off with my Stop and Shop card for 2.386 gallons at odometer reading of 107382 miles for 30.4 miles driven since Saturday November 23, 2013 for 12.741 miles per gallon in mostly local traffic. I then returned home, and I ate an ounce of almonds.

New 2015 Ford Mustang coming your way CIO

<888> 12/05/13 Thursday 10:50 A.M. I will now shower and clean up and go out. CIO

<888> 12/05/13 Thursday 10:20 A.M. I woke up at 9 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 12/04/13 Wednesday 11:15 P.M. I used the form at <http://www.flysas.com/> to contact them about my trip in February 1983. I will now shut down the primary work computer, and I will go to bed soon. I will first eat a Greek yogurt. CIO

<888> 12/04/13 Wednesday 10:35 P.M. I gave \$3 to <http://wikimediafoundation.org/wiki/Home> at [https://donate.wikimedia.org/w/index.php?title=Special:FundraiserLandingPage&country=US&uselang=en&utm\\_medium=spontaneous&utm\\_source=fr-redir&utm\\_campaign=spontaneous](https://donate.wikimedia.org/w/index.php?title=Special:FundraiserLandingPage&country=US&uselang=en&utm_medium=spontaneous&utm_source=fr-redir&utm_campaign=spontaneous) . I use <http://en.wikipedia.org/wiki/Wikipedia> all of the time. CIO

<888> 12/04/13 Wednesday 10:30 P.M. With all of the financial institutions in Greenwich, Connecticut U.S.A., I think we should turn the town into a tax free principality like <http://en.wikipedia.org/wiki/Liechtenstein> . We pay over three billion dollars a year in taxes, and get very little of it back. CIO

<888> 12/04/13 Wednesday 9:45 P.M. [Global Volcanism Program | Smithsonian / USGS Weekly Volcanic Activity Report](#)

Ivan IV (tsar of Russia) -- Encyclopedia Britannica

My [www.cl-p.com](http://www.cl-p.com) electricity bill for November 2013 was \$147.92 for 972 kWh for 33 days and 29.45 kWh per day with an average temperature of 42 degrees Fahrenheit. For November 2012, it was \$141.57 for 887 kWh for 29 days for 30.59 kWh per day with an average temperature of 41.2 degrees Fahrenheit.

Email - Presidential Watches \$49.95-Limited Time Offer! - Ronald Reagan Presidential Foundation and LibraryProtest-hit Thailand marks king's birthdayWhat would the union jack look like if the Scottish bit were removed?

My personal viewpoint is that Scotland should remain a part of Great Britain, since Scotland only has 4.5 million people it might find a hard time defending itself without England's 65 million people to help.

Leg bone gives up oldest human DNA

USB Type-C cable plugs to be reversible

Shell's record-breaking Prelude takes to the water

Google robots may pose challenge to Amazon drones CIO

<888> 12/04/13 Wednesday 8:55 P.M. I chatted with a relative. CIO

<888> 12/04/13 Wednesday 7:55 P.M. In the bottom two drawers in the mahogany bureau in the bedroom, I had about 20 pairs of good pants waist 40 inches or less 30 inches length. I put them in the back seat of the Volvo wagon to donate to Neighbor to Neighbor also. I put the papers that I sorted out yesterday in the third drawer down. CIO

<888> 12/04/13 Wednesday 7:35 P.M. I reheated and ate three chicken tends and 12 ounces of mashed potatoes with Smart Balance Spread and extra virgin olive oil and a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Splenda Sweetener and Borden's lemon juice. CIO

<888> 12/04/13 Wednesday 6:30 P.M. I put the old comforter in a large plastic bag, and I put it in the back seat of my Volvo wagon to donate to <http://www.n-to-n.org/>, when I go out next. I chatted with neighbors. CIO

<888> 12/04/13 Wednesday 5:35 P.M. I threw out the garbage. I chatted with a neighbor. I lent the new neighbor a \$10 bill, since he had lost his last \$20 bill by mistake today. The neighbor, when I have time wants me to try to hook up an HDTV air antenna for him. From what I have tried, they do not work very well in this building. I then went downtown. I walked the entire length of Greenwich Avenue and the train station area. I was told they are going to build another new building on the northeast corner of lower Greenwich Avenue where the Thataway patio used to be. I used the bathroom at the Senior and the Arts Center. They are doing some renovation work in the lobby. I chatted with a local Swedish couple that have lived here for 50 years like I have. They also have a Volvo. I stopped by CVS, and I bought two 5.25 ounce garlic salt for .99 each and two .75 ounce Italian Spices for .99 each, and a 16 ounce bag of Blue Diamond wabasi and soy sauce almonds for \$5.99 for \$9.95 total. I chatted with the Greenwich Healthmart proprietor. I finished my walk, and I sat out observing another slow day on Greenwich Avenue. The Bloomberg news said today that if OPEC lets Iran export more oil, oil will go down to \$20 a barrel. I then went by the Stop and Shop, and I bought a 48 ounce Quaker Old Fashioned oats for \$4.99, a reduced grocery five quart pack of Stop and Shop powdered milk for \$3.24, Stop and Shop deli sliced American Cheese for \$5.99 a pound \$6.23, fresh bananas for .79 a pound for \$2.14, three boneless New York strip steaks for \$7.99 a pound for \$12.70, a 24 ounce Simply Mashed mashed potatoes for \$2.50, a cooked package of chicken tenders for \$2.60 and \$1.05 can return for \$33.35 total. I then returned home. I picked up my mail. The order with tracking of [UPS: Tracking Information](https://tools.usps.com/go/TrackConfirmAction?qtC_tLabels1=9261299996534455100014202) and [https://tools.usps.com/go/TrackConfirmAction?qtC\\_tLabels1=9261299996534455100014202](https://tools.usps.com/go/TrackConfirmAction?qtC_tLabels1=9261299996534455100014202)

2 on the order for [http://www.bonton.com/sc2/shop/bed-bath/down-alternative-comforters/livingquarters-reversible-microfiber-down-alternative-comforter\\_394765.html?utm\\_source=LSAFF&utm\\_medium=AFL&utm\\_campaign=LS&C\\_ID=LSAFF-AFL-LS&siteID=isIkAyUyNbM-IIsGjPsJKembGd1vy6Dieg](http://www.bonton.com/sc2/shop/bed-bath/down-alternative-comforters/livingquarters-reversible-microfiber-down-alternative-comforter_394765.html?utm_source=LSAFF&utm_medium=AFL&utm_campaign=LS&C_ID=LSAFF-AFL-LS&siteID=isIkAyUyNbM-IIsGjPsJKembGd1vy6Dieg) in Olive and Reseda color in full or queen size for \$19.97 with free shipping with coupon code "FREESHIP" and \$1.27 tax for \$21.24 total arrived. I put away my groceries. I will now put the new comforter on the bed. I will leave the blue comforter folded up on the foot of the bed. I will throw out the old light pattern comforter that is falling apart. CIO

<888> 12/04/13 Wednesday 12:15 P.M. I chatted with a friend. CIO

<888> 12/04/13 Wednesday 12:05 P.M. I chatted with a relative. CIO

<888> 12/04/13 Wednesday 11:20 A.M. I will now shower and clean up. I will then go downtown. CIO

<888> 12/04/13 Wednesday 10:15 A.M. I woke up at 9 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 12/04/13 Wednesday 2:15 A.M. I ate one ounce of almonds. I drank a 12 ounce glass of 50% Schweppes Ginger Ale and 50% punch. I will now shut down the primary work computer, and I will then eat a Greek yogurt, and then I will go to bed. CIO

<888> 12/03/13 Tuesday 11:25 P.M. I used the email link under title on this page <http://www.ct.gov/dmv/cwp/view.asp?a=803&q=244560> to send the information to the Connecticut DMV as to where my title is. CIO

<888> 12/03/13 Tuesday 10:40 P.M. I have not yet received the new title from the Connecticut Department of Motor Vehicles for my 2005 XC70 Volvo wagon. CIO

<888> 12/03/13 Tuesday 10:35 P.M. When I used to go over to White Plains, New York at night to a local pub there to see if any IBM computer people were around from around 1987 to 1992, I only met one person with an IBM connection. It was somebody from Westport, Connecticut that was always playing the 50 cent computer game and he told me his father was the Vice President in charge of personnel at IBM. What was strange about him is that he looked like Steve Jobs. Another friend there about 25 years ago was given the Seattle, Washington Chamber of Commerce video tape, and suddenly Microsoft became well known. I met a friend of the Aga Khan there, so it was a very international group of people. Since White Plains, New York has so many business contacts, they do not pay much attention to people from Greenwich, Connecticut. I did once go over there on Labor Day about 1984 or 1985 and I bought new Michelin tires for my Hyundai Accent at the old Sears store there. While waiting outside the store, I noticed an older man sitting on the steps of a small three story brick building on the east side of the old Sears there, and he

looked a bit like [http://en.wikipedia.org/wiki/Nelson\\_Rockefeller](http://en.wikipedia.org/wiki/Nelson_Rockefeller) , but there are so many Dutch people in this area with a similar look, it was probably just one of the other local Dutch people in this area. I think the last time I was in White Plains, New York was, when I drove through it to go to [www.bestbuy.com](http://www.bestbuy.com) to buy my Acer LCD monitors, when they were on sale at the Hartsdale store in July 2007. I do recall touring the new mall there that had a [http://en.wikipedia.org/wiki/Charles\\_Babbage](http://en.wikipedia.org/wiki/Charles_Babbage) software store there. Once CompUSA closed over there, I had no need to drive over then looking for computer parts. About 20 years ago, I went to the White Plains Auditorium to a computer parts fair to buy some computer parts. There is also a OfficeMax or Office Depot over in Hartsdale, New York. Before I got into personal computers 23 years ago, I use to keep a 40 gallon fresh water aquarium with Brazilian Amazon River Angel Fish, and I use to go to the Aquarium store in Hartsdale, New York to get the large black and white angel fish from Brazil. I think there was a large store next to it that sold artificial flowers. I was told by a former neighbor that the [www.cia.gov](http://www.cia.gov) has an office in Hartsdale, New York. When Microsoft launch Windows 95 with Midnight Madness at the CompUSA store in White Plains, New York, I drove over there shortly before midnight to buy it, and the store was not opened. One the way back through White Plains, New York, I saw a little dark skinned Hispanic in a small beat up foreign car being stopped by the White Plains, New York police for driving the wrong way on a six lane street, and there over 50 white Chevrolet police cars that had responded to the incident. The Unites States Secret Service also has an office in White Plains, New York. I think the last time I was in White Plains, New York might have been on a cold day to get a new battery at the new Sears store there, but they did not have one, but I do not recall which car or when it was. It might have been a battery for Buick wagon, which I eventually got a Deka battery at the Exxon gas station here in Greenwich the same day which would have been April 24, 2007 which would be before I got the Acer monitors. When I got the Acer monitors, I also drove to the Best Buy store across the Hudson River in Rockland county to get the larger 23 inch monitor. CIO

<888> 12/03/13 Tuesday 9:30 P.M. See what happened to the old [www.ibm.com](http://www.ibm.com) country club out on Long Island <http://villageclub.sandspoint.org/villageclub/> . The Gould Estate was just north of the IBM Country Club. The <http://www.hknc.org/> was just north of there. [http://en.wikipedia.org/wiki/W.\\_Averell\\_Harriman](http://en.wikipedia.org/wiki/W._Averell_Harriman) 's sister's house on the waterfront was just north of there. Back in November 1965, on a Taft School weekend, I visited a Taft School friend's house out there too. I can recall standing with some friends downtown on a Saturday morning at one of the railroad stops there, trying to figure out what goes on there compared to Greenwich, where I lived at the time. I think we were sneaking a little liquor, but I do not recall exactly at the time. CIO

<888> 12/03/13 Tuesday 9:05 P.M. I chatted with a relative. I ate the last three pieces of spice cake. CIO

<888> 12/03/13 Tuesday 8:25 P.M. CBGA 2014 - ALBANIA

Photovolcanica: Volcano, Penguin Photos and Information

Bhopal (India) -- Encyclopedia Britannica

**Odon childbirth device: Car mechanic uncorks a revolution CIO**

<888> 12/03/13 Tuesday 8:05 P.M. I reheated and ate a 18.8 ounce can of Campbell's New England clam chowder which I mixed some dried parsley into. I ate it with a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 12/03/13 Tuesday 7:40 P.M. I have been getting the subscription for the <http://www.greenwich-post.com/> to my apartment for a neighbor that died in a nearby apartment. I cancelled it here <https://classadz.vdata.com/HersamAcornCirc/SelectOption.aspx> . CIO

<888> 12/03/13 Tuesday 7:30 P.M. There was a cooking smoke fire alarm. The fire department arrived promptly and reset the alarm system. It is 25 years this week that I have lived in this building at 71 Vinci Drive and in a couple of weeks 30 years that I have been back in Greenwich from [www.nantucket.net](http://www.nantucket.net) . CIO

<888> 12/03/13 Tuesday 7:00 P.M. I woke up at 6:15 P.M.. I picked up the mail. I threw out the garbage. CIO

<888> 12/03/13 Tuesday 3:15 P.M. I will now take a nap. CIO

<888> 12/03/13 Tuesday 3:05 P.M. I ate a ham and turkey and American cheese sandwich on 12 grain whole wheat bread with Hellmann's olive oil mayonnaise and Utz wavy potato chips and a dill pickle slice and a 12 ounce glass of Schweppes Ginger Ale. CIO

<888> 12/03/13 Tuesday 2:05 P.M. \$179.99 with free shipping SCEPTRE X325BV-FMDR 32" LED Class 1080P HDTV with ultra slim metal brush bezel, MHL

<http://www.ct.gov/dot/cwp/view.asp?a=2354&q=415220> CIO

<888> 12/03/13 Tuesday 1:20 P.M. I sorted out the paper work to the right side of the bedroom desk chair. CIO

<888> 12/03/13 Tuesday 12:05 P.M. I chatted with a relative. CIO

!!!!!!<888> 12/03/13 Tuesday 11:35 A.M. Copy of foot fungus medicine note:

I had foot fungus from January 2011 until about April 2012.

After using Lamisil for about a year without any results, I finally did this

I bought for \$5 off a 8 ounce LAC-Hydran Five Moisturizing lotion for \$11.99 and .76 tax for \$12.75 total. I will mix it with remaining bottle of similar lotion for about 9 ounces and my last tube of CVS Athlete's Foot cream for 1.25 ounces and the small one ounce bottle of Tea Tree oil and 1.5 ounces of Mometasone Furoate Cream USP 0.1% and 4 ounce ounces

of Gold Bond Foot cream and seven ounces of CVS Adult Rash Ointment and 13 ounces of CVS Petroleum Jelly and 12 ounces of extra Virgin olive oil to thin the mixture to have my own formula of foot lotion. I have a 24 ounce B&G pickle jar of it in the refrigerator and a 13 ounce of it in a CVS petroleum jelly container in the bathroom to have available for use. I labeled the jar in the refrigerator with "Foot Cream 03/12", but the black magic marker will not work on the CVS petroleum jelly container in the bathroom.

I still have a pickle jar of it in the refrigerator. I would rub it on the foot fungus on my feet, and it cleared up my foot fungus after about two months. Since there is a lot of it, it does not wear off on one's socks when walking around.

If you have foot fungus underneath the toe nail, a dermatologist can get rid of it with laser treatment.

End of Note: CIO

<888> 12/03/13 Tuesday 11:20 A.M. On this page <http://mikelouisscott.com/03013112.htm> under 03/05/12 Monday 12:55 A.M. is the formula for the foot fungus cream that got rid of my foot fungus after about two months, when everything else I tried for the 14 months before did not work. Another relative has foot fungus now. CIO

<888> 12/03/13 Tuesday 10:20 A.M. I will now shower and clean up. CIO

<888> 12/03/13 Tuesday 9:25 A.M. I woke up at 8 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 12/02/13 Monday 10:55 P.M. I chatted with [www.cablevision.com](http://www.cablevision.com) , and there is no point in getting their free wireless router, if I already have one. I ate two ounces of almonds. I will now shut down the primary work computer, and I will eat a Greek yogurt, and then I will go to bed. I never drive over to White Plains, New York anymore; because even if one takes the busy back roads, there is way too much traffic to deal with over there.

NTSB: Train going too fast at curve before wreck CIO

<888> 12/02/13 Monday 8:55 P.M. I chatted with a relative. CIO

<888> 12/02/13 Monday 8:35 P.M. Cunard Cyber Monday

Email - TODAY ONLY-50% OFF OUR BEST SELLERS!!! - Ronald Reagan Presidential Foundation and Library

William Stevenson, 89, Dies - Wrote About Espionage - NYTimes.com

**The pre-history of the US dollar CIO**

<888> 12/02/13 Monday 7:55 P.M. I chatted with a relative. My Verizon telephone line became disconnected from the wall in the bedroom yesterday, when I was working in that area, so I now have it reconnected. I guess it has not worked for about 24 hours. CIO

<888> 12/02/13 Monday 7:30 P.M. I ate a 19 ounce Stouffer's meat lasagna with grated parmesan and Romano cheese on it along with a 12 ounce glass of Schweppes Ginger Ale and a cup of green tea with Splenda sweetener and Borden lemon juice. CIO

<888> 12/02/13 Monday 6:30 P.M. I threw out the paper shredder shipping box. I picked up the mail. CIO

<888> 12/02/13 Monday 6:10 P.M. I made 209 Premier Lights 100 MM filter Peter Stokkebye Turkish pipe tobacco cigarettes while watching "The Man Who Nobody Knew, In Search of My Father CIA Director William Colby". CIO

<888> 12/02/13 Monday 3:05 P.M. The order with tracking of UPS Tracking on the order for [http://www.staples.com/Omnitech-10-Sheet-Cross-Cut-Shredder/product\\_154011?externalize=certona](http://www.staples.com/Omnitech-10-Sheet-Cross-Cut-Shredder/product_154011?externalize=certona) for \$24.99 and \$1.59 tax for \$26.58 total with free shipping arrived. However, I discovered the older paper shredder in the bedroom does work properly. One just has to press down slightly on the machine to have it activate, since there is an overflow switch on the reverse side that needs to be pressed down. Thus I put the old paper shredder to the left side of the primary work computer, and the new paper shredder to the left side of the bedroom desk. The old paper shredder had a larger capacity. Back to making cigarettes. CIO

<888> 12/02/13 Monday 1:25 P.M. I threw out the garbage. I chatted with neighbors. I will now make cigarettes. CIO

<888> 12/02/13 Monday 12:15 P.M. They were just selling oCOSMO 32-Inch 720p 60Hz LED HDTV (Glossy Black) for \$119 with free shipping, but they sold out before I noticed it. I will now shower and clean up. CIO

<888> 12/02/13 Monday 10:35 A.M. I woke up at 9:15 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed. CIO

<888> 12/02/13 Monday 2:35 A.M. Amazon testing drones for deliveries

Tracking is UPS Tracking on the order for [http://www.staples.com/Omnitech-10-Sheet-Cross-Cut-Shredder/product\\_154011?externalize=certona](http://www.staples.com/Omnitech-10-Sheet-Cross-Cut-Shredder/product_154011?externalize=certona) for \$24.99 and \$1.59 tax for \$26.58 total with free shipping.

I will now shut down the primary work computer. I will eat a Greek yogurt, and I will go to bed. CIO

<888> 12/02/13 Monday 1:55 A.M. I ate 8 ounces of coconut cake and a 12 ounce glass of 50% Schweppes Ginger Ale and 50% punch. I tried another cable coupler on each of the three color set of three wires, and the Haier TV still did not recognized the three color signal. That is about all of the trouble shooting I can do on that matter. I took the generic pair of speakers off the second Dell Latitude D410 laptop, and I moved them to the Dell 4600i computer in the bedroom. CIO

<888> 12/02/13 Monday 12:50 A.M. To try to get the 3 color 3 wire component feature working on the Haier TV, I tried connecting the three wires to the Sceptre TV, but it still did not work. I tried switching the Cable boxes around, but it still did not work. I called Cablevision, and they said to make sure it is on Channel 3, but when I press Channel 3, it just changes it to the Cable Box signal. All I can think of is that the three wire cable from the bedroom cable box to the Haier TV is not one continuous cable, but two cables connected with three cable connectors. Possibly one or more of the cable connectors are shorted out. I do not use the three color three wire feature but HDMI, so it is not important to dwell on at the moment. It would have give me the option of having the bedroom cable box on the living room Haier TV, since I took the 3 switch off the system, but that is not important either. CIO

<888> 12/01/13 Sunday 11:10 P.M. I took the HDMI three switch off the living room Haier TV setup. I connected the HDMI cable from the bedroom HDMI splitter to the Sceptre TV to have available on source HDMI 1. I connected the living room Sony Blue Ray Streaming device to HDMI 2 on the Haier LCD TV. To use a second HDMI Cable Box signal from the bedroom or living room to either room, one has to have the source Master Switch turned on giving power to the HDMI splitter. I took the HDMI triple switch, and I connected it to HDMI 3 on the oCosmo TV with switch 1 connected to the Memorex DVD player and switch 2 connected to the living room HDMI Cable Box. Thus one can watch either Cable box on the oCosmo LED TV. The Sceptre LED TV in the living room is set to the default living room Cable box coaxial, but if the HDMI splitter is turned on from the Master Switch in the bedroom, and the Sceptre TV is changed to source HDMI 1, one can watch the bedroom cable box on it. I have one slight malfunction. The bedroom Digital Cable TV box is not sending out the three color signal for a three cable video connection on AV1 or AV2 on the Haier TV, but I never use that feature anyway. CIO

<888> 12/01/13 Sunday 9:05 P.M. Since I have Sony DVD Blue Ray steaming device connected to the living room Haier TV, I took the Memorex DVD player off the setup, and I placed it on the Subwoofer of the oCosmo TV setup plugged into the control panel and HDMI port 3. I left the other HDMI cable for the living room Cable Box feed to its side in case one wants to plug it back into HDMI 3 to watch the living room Cable Box off of it. However the Orion TV in the bedroom is also setup off the living room Cable Box, so it is a redundant that way. Thus one now can watch the Memorex DVD content on the oCosmo LED TV when its source is switch to HDMI port 3. I left the Memorex remote

control on top of the Memorex DVD player. My apartment has a very good news room type setup, but I do not have much news to report. CIO

<888> 12/01/13 Sunday 8:00 P.M. I woke up at 6:30 P.M.. I ate three slices of spice cake. I watched the new oCosmo LED TV for a while. It is enjoyable viewing from the bed in the bedroom. I chatted with a relative. I can hear the local jet traffic Westchester County - AirportMonitor - by Megadata - powered by PASSUR from the Thanksgiving Holiday travelers returning. CIO

<888> 12/01/13 Sunday 4:35 P.M. I ate a 16 ounce Marie Callender chicken pot pie with a 12 ounce glass of Schweppes Ginger Ale.

Officials: Speed a factor in Paul Walker crash

NYC train derailment kills 4, hurts more than 60

I will now take a nap. CIO

<888> 12/01/13 Sunday 3:25 P.M. I took the Sceptre 23 inch LED TV, and I put it on the oak TV tables in between the Sony television and the Haier HDTV in the living room. I connected power to it with the Phillips squid power strip. I took the Logitech 2.1 speaker system off the Dell 4600i computer in the bedroom, and I hooked it up to Sceptre 23 inch LED TV headset jack and to the Philips squid power strip. I connected the Sceptre 23 inch LED TV with a coaxial splitter to the Digital TV cable box. I put the remote control in front of it. It works just fine for an extra TV. One turns on the power to the speakers and TV with the Philips squid power strip. One can watch a different channel at the same time off the bedroom Digital Cable Box with the oCosmo Bedroom Power Control Centre turned on with the Haier TV set to HDMI 2 and the three port HDMI switch set to the bedroom HDMI cable instead of the Sony Streaming Media device or the Memorex DVD player. I ate one ounce of almonds. CIO

<888> 12/01/13 Sunday 1:05 P.M. I stored the oCosmo shipping box in the bedroom window. I will throw it out on a later date. CIO

<888> 12/01/13 Sunday 12:55 P.M. I have the oCOSMO 32-Inch 720p 60Hz LED HDTV (Glossy Black) hooked up in the bedroom. It looks just great and sounds just great with the 2.1 speaker system plugged into the SPDIF jack. In attaching the stand, I was short two of the four flat head screws, but I had two similar ones in my tool box. HDMI 1 is for the Digital Cable Box, HDMI 2 is for the Sony Stream Media device, HDMI 3 is connected to Memorex DVD player, when the master switch is turned on the living room TV set enabling the HDMI splitter. I chatted with a local walker and a relative. I have it all hooked up to the control panel which I control with the master switch which turns on the speaker, TV, and HDMI splitter all at the same time. CIO

<888> 12/01/13 Sunday 10:55 A.M. A neighbor just buzzed me. The order with tracking of [https://tools.usps.com/go/TrackConfirmAction?qt\\_c tLabels1=9361289949022101236225](https://tools.usps.com/go/TrackConfirmAction?qt_c tLabels1=9361289949022101236225)

on the order for oCOSMO 32-Inch 720p 60Hz LED HDTV (Glossy Black) and [http://www.ocosmo.com/product\\_detail/39](http://www.ocosmo.com/product_detail/39) for \$149 with \$20 off with a lightning deal and free shipping and \$9.46 tax for \$158.46 total was down in the mail room. I went downstairs, and I picked it up. I will now set it up in the bedroom. Sunday delivery by the Post Office makes things fast. CIO

<888> 12/01/13 Sunday 10:20 A.M. Official: Multiple deaths in NYC train derailment

I will now shower and clean up. CIO

<888> 12/01/13 Sunday 9:30 A.M. <http://www.foxnews.com/us/2013/12/01/metro-north-passenger-train-derails-in-nyc-leaving-some-cars-in-water/?intcmp=latestnews>

They are selling live Christmas Trees and Wreaths at the Chase Bank Parking lot at 137 West Putnam Avenue at Valley Road. In the 1970s in Manhattan, hippies from Vermont use to sell live Christmas Trees on First Avenue on the east side of the street between 50th and 51st street in the Beekman Place area. The same hippies from Vermont use to also sell live Christmas Trees at Broadway and West 72nd Street on the North West Corner. However, live Christmas Trees can be a fire hazard, so more than 75% of the people now use artificial Christmas Trees. They grow Scotch Pine Christmas Tree near Holland, Michigan if one happens to be out that way. They also sell live Christmas tree and wreaths at the Greenwich Hardware store branch on the west side of McDonalds on West Putnam Avenue. CIO

<888> 12/01/13 Sunday 8:50 A.M. I woke up at 7:15 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with olive oil, 12 ounces glass of 50% punch and 50% cold filtered water and vitamins and supplements, and a cup of coffee with milk and Splenda sweetener. I washed the breakfast dishes. I made my bed.

<http://www.foxnews.com/entertainment/2013/12/01/fast-and-furious-actor-paul-walker-dies-in-car-crash/>

[http://en.wikipedia.org/wiki/Paul\\_Walker](http://en.wikipedia.org/wiki/Paul_Walker) CIO