

Note: <888> 09/30/10 Thursday 10:10 P.M. I watched the movie "Inglorious Bastards" on the Showtime Movie Network. I chatted with a relative twice. The low barometric pressure is making me tired, so I will now shut down the primary Windows 7 computer, and I will go to bed soon.

I ate a two day old muffin earlier. CIO

Note: <888> 09/30/10 Thursday 8:20 P.M. I watched a little bit of television.

BBC News - A distant Earth-like exoplanet 'could have life' CIO

Note: <888> 09/30/10 Thursday 5:10 P.M. I put away the laundry. I chatted with a neighbor. I chatted with a friend.

These are the television channels, I get with the Cablevision IOSilver package Optimum IOSilver Package .

I will now eat the same hamburger dinner as last night, but with cheese on the hamburger. CIO

Note: <888> 09/30/10 Thursday 3:45 P.M. Rell activates EOC, some school districts dismissing early, as wind and rain pelt region - GreenwichTime CIO

Note: <888> 09/30/10 Thursday 3:20 P.M. I woke up at 11 A.M.. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted multigrain English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I washed the breakfast dishes.

I got the local weather warning from the town of Greenwich, Connecticut National Weather Service Watch Warning Advisory Summary

I chatted with a relative and a friend. I put clean linens on the bed. I started two loads of laundry, and I am just about ready to start the dry cycle. I threw out the garbage and the old periodical literature.

Note: <888> 09/30/10 Thursday 12:55 A.M. I watched on Channel 812 Starz channel, the movie "Robinson Crusoe" by Gardiner Defoe. I will now shut down the primary Windows 7 computer, and I will go to bed soon. Not much going on in the world anymore, since the media can no longer afford to make up any news. CIO

Note: <888> 09/29/10 Wednesday 10:35 P.M. I chatted with a relative.

Heavy rain and 64 to 72 degrees Fahrenheit tomorrow.

I upgraded my Digital Cablevision Television Service [www.cablevision.com](http://www.cablevision.com) to IOSilver for \$9.98 more a month for \$77.85 month. CIO

Note: <888> 09/29/10 Wednesday 7:55 P.M. I went out after the last note. I went way out east all of the way to downtown Greenwich Avenue. I walked the entire length of Greenwich Avenue and the train station area. I used the bathroom at the senior and the arts center. After I finished my exercise walk, I sat out for a while. I then by the Greenwich Library, and I chatted with some staff. I checked out the Windows 7 Digital Classroom which has a DVD which might be helpful. I then returned all the way back out west to my apartment. I picked up the mail. New tenants from some foreign country are moving into the building which is perfectly normal.

I will now make and eat an 8 ounce sautéed medium rare hamburger on a Kaiser roll with Country Dijon mustard and ketchup and my usual steamed vegetable mixture and a glass of watered down punch and a cup of green tea with splenda sweetener and Borden's lemon juice. CIO

Note: <888> 09/29/10 Wednesday 4:25 P.M. I will now shut down the computer, and I will go out for a walk. CIO

Note: <888> 09/29/10 Wednesday 3:40 P.M. I ate a day old muffin before going to bed this morning. I woke up at 9 A.M.. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted multigrain English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I washed the breakfast dishes. I made my bed. I surfed the internet. I made a call to the Greenwich Town hall about getting one of the Presidential toilet trailers downtown on Greenwich Avenue at the Board of Education Parking lot. We do get a lot of tourists here in town. I left a message with an associate of an associate. I chatted with a relative. The relative suggested that I make hamburgers out of the 7.67 pound eye round of beef which seemed like a good idea. I cut the eye round of beef up into about 1.5 inch cubic chunks with a serrated knife, and I put it through the Cuisine Art with about 4 to 6 pulses 60% full. I weight out 7 to 8 ounce portions. When forming hamburgers one does not compress them, but gently shapes them. I made 15 of the 7 to 8 ounce eye round of beef hamburgers, and then I put them in double baby carrot bags with the air squeezed out of them and sealed, and I froze 13 of them, and I left 2 in the refrigerator for short term use. I also trimmed the hard pieces of fat off the beef. 15 divided into the cost of

\$22.93 means they are costing me \$1.529 apiece. I sometimes make hamburgers with buns out of them or sautéed burgers with onions or I use one in my spaghetti mixture, so they come in handy.

I ate a ham and cheese sandwich on a Kaiser roll with sour cream and onion CVS style Pringles potato chips with a glass of watered down punch. I will now shower and clean up. CIO

Note: <888> 09/29/10 Wednesday 1:40 A.M. I will now shut down the primary Windows 7 computer, and I will go to bed soon.

Cloudy tomorrow and 62 to 75 degrees Fahrenheit.

When Florida gets three to six inches of rain today, it becomes more tropical, and unfortunately all of the reptiles and insects tend to come out of the ground which can change environment a bit.

Ask any Seminole Indian you happen to know. CIO

Note: <888> 09/29/10 Wednesday 1:10 A.M. I chatted with Key West Hotel Resorts & Florida Keys Beach Accommodations - Casa Marina Resort Key West , and they are not worried about getting three to six inches of rain today.

I made a new discovery while I was at the Ogunquit Playhouse for the presentation of "Chicago". To accommodate their crowds of guests, they have a trailer outside called the A Royal Flush, Inc. . I think they should have one of their trailers on Greenwich Avenue in the Board of Education parking lot to accommodate the night time visitors to Greenwich Avenue who frequently can not find facilities A Royal Flush, Inc. Luxury portable restrooms, Restroom Trailers, bathroom trailers, mobile restrooms . Since they are a Bridgeport, Connecticut company, it would not be too hard to get one of them in this area.

I think this one 24' Presidential trailer floorplan would be most practical for the downtown Greenwich Avenue area. CIO

Note: <888> 09/28/10 Tuesday 11:55 P.M. I chatted with a relative. I watched part of a movie. I decided to do something more useful. I went downtown to the Stop and Shop, and I bought a package of four, day old muffins for \$2, two 5 ounce Gold's hot horseradish for \$1.25 each, a 15 ounce bottle of Lea and Perrins Worcestershire sauce for \$4.39, a three liter can of Star extra virgin olive oil for \$20.49, a whole 7.67 pound eye round of beef for \$2.99 a pound for \$22.93 for \$52.31 total. I chatted with a few

locals. I then went downtown, and I observed an almost empty downtown Greenwich Avenue. I guess no one can afford to go out at night anymore. There was a tornado watch in the New York City area until 10 P.M. this evening. I then returned to the Stop and Shop, and I bought a head of broccoli for .99 a pound for \$1.06. I then returned home, and I said hello to a neighbor dumping the garbage. I put away the groceries. I will cook half the eye round of beef tomorrow and freeze the other half. So goes life on the poor side of town. CIO

Note: <888> 09/28/10 Tuesday 7:20 P.M. I chatted with a relative and some associates. I will now make and eat the same dinner as the last two nights. CIO

Note: <888> 09/28/10 Tuesday 5:05 P.M. Treasure Coast under tropical storm watch; system expected to become Tropical Storm Nicole » TCPalm.com

#### Tropical Depression SIXTEEN Tracking

Tracking is UPS: Tracking Information on the order for a twin size Save on the Aerobed 16in Style Series Guest Bed at SmartBargains.com for \$79.98 and \$9.95 shipping for \$89.93 total. However, according to the link, I was suppose to get a 10% discount and free shipping, so I called them up at 1-866-692-2742, and they are going to credit me the 10% discount and free shipping charge for a total of \$17.93 in a few days thus it will eventually cost me \$72.

#### BBC News - Stonehenge boy 'was from the Med'

#### BBC News - Iceland's volcanic eruption yields ash clues CIO

Note: <888> 09/28/10 Tuesday 3:55 P.M. I threw out the garbage. I picked up the mail.

#### National Weather Service Watch Warning Advisory Summary CIO

Note: <888> 09/28/10 Tuesday 2:30 P.M. It is suppose to be foggy today, but Greenwich, Connecticut is so poor, they can not afford a fog horn to warn passing vessels in the fog.

I ate a ham and cheese sandwich on a Kaiser roll with sour cream and onion CVS style Pringles potato chips with a glass of watered down punch. I will now shower and clean up. CIO

Note: <888> 09/28/10 Tuesday 1:40 P.M. I went to bed after the last note. I woke up, and I ate a whole wheat English muffin with Smart Balance spread and two granola bars. I went back to bed, and I finally woke up at 9 A.M. this morning. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted whole wheat English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I washed the breakfast dishes. I made my bed. I chatted with a local associate, and I chatted with a friend. I installed the Windows and McAfee updates on the FIC server, the IBM ThinkCentre Desktop, the Epox desktop, and the Abit desktop computers. CIO

Note: <888> 09/27/10 Monday 10:55 P.M. I have put the Brookstone traveler alarm clock underneath the center monitor on the primary Windows 7 computer. I moved the small LCD clock from there to underneath the IBM ThinkCentre computer.

MPJA - Power Supply, Power Supplies, Security Cameras, LCD, Fans, Etc.

BBC News - Surrey Satellite unveils high-resolution space project

BBC - Earth News - Dark Steller's sea eagle solves 100 year debate

I will now shut down the primary Windows 7 computer, and I will go to bed soon.

Thunderstorms tomorrow and 61 to 73 degrees Fahrenheit. CIO

Note: <888> 09/27/10 Monday 10:10 P.M. I chatted with a relative twice and a friend.

Just to be prepared for house guests or colder weather, I put the two United States Army [www.army.mil](http://www.army.mil) sleeping bags good to minus 30 degrees Fahrenheit behind the Ethan Allen recliner to have available for sleeping on the floor in the living room, in case they are needed.

I bought them a few years ago on Ebay for \$37.50 apiece, and they came from [Abilene, Kansas - Wikipedia, the free encyclopedia](#) where [Dwight D. Eisenhower - Wikipedia, the free encyclopedia](#) was from. CIO

Note: <888> 09/27/10 Monday 8:50 P.M. According the Greenwich Housing Authority, I am allowed to have guests for about three days, but I have noticed some people have guests slightly longer. However, I no longer have

the eight foot long Scott family sofa in the apartment, although I do have the comfortable Ethan Allen recliner.

I decided to order a twin size Save on the Aerobed 16in Style Series Guest Bed at SmartBargains.com for \$79.98 and \$9.95 shipping for \$89.93 total. However, according to the link, I was suppose to get a 10% discount and free shipping, so I called them up at 1-866-692-2742, and they are going to credit me the 10% discount and free shipping charge for a total of \$17.93 in a few days thus it will eventually cost me \$72. Although, I have not had many guests recently, I do have a larger network of friends and associates and family, so I figured, it would not hurt to be prepared. CIO

Note: <888> 09/27/10 Monday 6:35 P.M. I made 271 Gambler Premier Lights 100s filtered cigarettes while watching www.foxnews.com business report. I chatted with a friend. I will now make and eat the same dinner as last night. CIO

Note: <888> 09/27/10 Monday 3:00 P.M. I ate a ham and cheese sandwich on a Kaiser roll with sour cream and onion CVS style pringle potato chips with a glass of watered down punch.

Walmart.com: Cool Camping GameCot: Camping for \$30 and \$1.97 shipping to home

AeroBed Mattress Online shopping for brand names at discounted prices. Duvet covers, sheets, shoes, handbags & more; find the best bargains at SmartBargains.com

Walmart.com: Aerobed Kid's Twin Overnighter Bed, Blue: Furniture

I now have to make some cigarettes. CIO

Note: <888> 09/27/10 Monday 1:45 P.M. I woke up at 9 A.M.. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted whole wheat English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up. I threw out the garbage. I went out. I noticed there is a major construction project going on the southeast corner of Weaver Street and West Putnam Avenue where the hole use to be. I was told that it is suppose to be another www.cvs.com , but it looks too big to be just a CVS. I went by the Valley Road Post Office, and I picked up my mail that had accumulated while I was up in Kennebunkport, Maine. I then went by the www.chase.com bank on West Putnam Avenue just west of Greenwich

Avenue. I then drove down the entire length of busy Greenwich Avenue to the end of Steamboat Road. The 600 Steamboat Road building is still for rent. They are building another new building on Steamboat Road. I got out at the pier to enjoy the view on the waterfront. There were no fishermen there on a rainy day. They have installed a green Port-O-Potty at the entrance of the pier for people to relief themselves. I then drove over to the Greenwich Hospital Thrift shop on Old Track Road across from the new Hamilton Avenue school, and everything there today is half price. I bought a white bent bamboo magazine rack for \$12. I then returned home. I sorted threw the mail. I got a George H.W. Bush 2011 calendar which will come in handy at the beginning of the new year. The [Amazon.com: Van Gogh Notebook \(Decorative Notebooks\) \(9780486406107\): Vincent Van Gogh: Books](#) for \$1.50 arrived. I used it as a filler to get free shipping on the Hercules computer speakers. The two free WaterPik piks arrived that I got for filling out their survey. I put them in the bathroom medicine cabinet. I put the magazine rack on the right side of the Ethan Allen recliner with the current magazines in it. I moved the small brass and glass end table to the left side of the Ethan Allen recliner. CIO

Note: <888> 09/27/10 Monday 12:30 A.M. The British refugee boat is not coming back our way until Thursday, October 7, 2010 [QM2 - Itinerary - 2010](#)

The repair that I did on the primary Windows 7 computer last night was as follows. It booted up slowly, when I started up after returning home. I thought it might be a corrupted system, so when I tried to restore the Windows 7 backup, the DVD drive would not boot the Windows 7 DVD to restore the backup from the third internal hard drive. I had switched the drive cabling around before I left for Kennebunkport, Maine, so the 320 gigabyte Maxtor was the primary IDE master drive, and the 200 gigabyte Seagate was the primary IDE slave drive, and the 320 gigabyte Seagate drive was the secondary IDE master drive, and the LG DVD/RW drive was the secondary IDE slave drive with them all on Cable Select and new IDE cables. I solved the slow boot up problem and DVD boot problem, by making the 320 gigabyte Maxtor the primary IDE master drive, the 320 gigabyte Seagate the primary IDE Slave drive, the 200 gigabyte Seagate the secondary IDE master drive, and the LG DVD/RW drive the secondary IDE Slave drive. That solved all of the problems, and it was not necessary to restore the backup. Since I am using an older motherboard that does not support SATA drives, I can not use a SATA drive. I do have a spare identical Gigabyte motherboard that supports SATA drives, but I do not feel that at this point, I need to install it.

I heard on the news recently that 60% of the New York City area residents are first and second generation immigrants, so I guess most of the local people think that it is odd that my family has hung around this country for 400 years, when I guess most of the other people are always traveling around the world.

I will now shut down the primary Windows 7 computer, and I will go to bed soon. CIO

Note: <888> 09/26/10 Sunday 11:50 P.M. I chatted with a friend and a relative. I watched Hachi: A Dog's Tale | Hallmark Channel

On my Cablevision High Definition Service, the Hallmark Channel Hallmark Channel - Family, Holidays, Original Movies, TV Shows | Celebrate Life's Moments comes on Channel 191, and the Hallmark Movie Channel comes on Channels 193, 1193, and in high definition on channel 782 Channel Locator | Hallmark Channel.

The restaurant we ate at in Kennebunkport, Maine this past Friday evening was Bandaloop Restaurant . CIO

Note: <888> 09/26/10 Sunday 8:40 P.M. I watched the evening news. I watched part of the movie, "Please Don't Eat the Daisies". I watched an episode of the Simpsons. The season premier of the Simpsons just started at 8 P.M..

Now that it is getting cooler, everyone left the area to go back to Manhattan or down to Florida. Of course some of the locals still have to do routine errands.

Showers tomorrow and 61 to 63 degrees Fahrenheit. Back in the recession in the 1970s in Manhattan, some of the local entrepreneurs use to make money by selling \$2 umbrellas on the north side of Grand Central Station by the passage way through the Metropolitan Life building.

Of course back then cigarettes went from 59 cents to \$2 a package, so life got expensive in Manhattan. I do not drive to Manhattan, although it is only about 24 miles away, because there is too much traffic, and a lot of the streets have pot holes which cause wear and tear on the front end of automobiles.

I ordered Logitech Premium USB350 Headset 4 PC & MAC 980374-0403 - eBay (item 120575153749 end time Oct-23-10 13:30:23 PDT) for \$16.99 with free shipping. I will use it on the IBM ThinkCentre, and move the

Logitech headset from the IBM ThinkCentre to the primary Dell Latitude D410 laptop computer. CIO

End of Scott's Notes week of 09/26/10:

Note: <888> 09/26/10 Sunday 6:35 P.M. Taste the autumn flavors of Scotland

I will now send out my weekly notes for the last three weeks. CIO

Note: <888> 09/26/10 Sunday 5:35 P.M. With dinner, I also had a cup of green tea with splenda and lemon juice. I threw out the garbage and the rechargeable lantern that I brought down from Maine. It does not take a charge. I put the strap from it on another lantern that does work. I chatted with a neighbor.

If one should feel the need to dress as an English Country Gentleman or Lady, the J Barbour and Sons Ltd Warehouse Outlet store at the Kittery, Maine Gate Outlets on U.S. 1, 03904 at 1-207-439-1440 at <mailto:barbour.kittery@barbour.com> has many of their products for up to 75% off.

It would seem that Microsoft with all of their brains would make it easier to delete large groups of email such as one accumulates when on vacation. I have 2700 emails to delete, which probably will take a while. CIO

Note: <888> 09/26/10 Sunday 3:30 P.M. I woke up at 9 A.M. this morning. I ate breakfast of oatmeal with honey and milk, a toasted whole wheat English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I washed the breakfast dishes. I made my bed. I set up the Hercules speakers on the Abit computer in the bedroom. They work just fine. I am charging up the rechargeable lantern that I brought down from Maine. It is older, so I am not sure how long a charge will last. The light does come on, on it. I showered, and I cleaned up. Yesterday, I watered the plants. I threw out the garbage, and the speaker box. I went downtown, and I went by CVS. I bought two Alberto VO5 Kiwi Lime 15 ounce shampoo for .77 each and two of the conditioner for .77 each, and a two pack of Glade Plug-in Hawaiian Breeze refills for \$3.99 each less a \$1.50 off Glade CVS coupon and .33 tax for \$5.90 total. I went further downtown. The new remodeled Starbucks is opened. It does not look as comfortable at the old Starbucks. I walked lower Greenwich Avenue and the train station area. I walked as far north on upper Greenwich Avenue as Vineyard Vines, and I ran into a regular walker, and I walked back down Greenwich Avenue with

the regular walker chatting about recent events. I then drove over to the Stop and Shop, and I bought two 10 ounce Cracker Barrel Vermont Extra Sharp cheddar cheese for \$2.50 each, a dozen Eggland eggs expire November 6, 2010 for \$3.29, Stop and Shop premium orange juice with calcium for \$2.50, a 16 ounce container of Smart Balance lite spread for \$2.89, sliced Stop and Shop deli Virginia ham for \$5.99 a pound for \$9.01, Stop and Shop deli Swiss cheese for \$6.99 a pound for \$7.05, two six packs of Ramen noodles for .88 each six pack, a six pack of White Gem boneless breasts of chicken for \$1.99 a pound for \$7.52, a two pound bag of baby carrots for \$2.99, fresh Chiquita bananas for .69 a pound for \$1.78, broccoli crowns for \$.99 a pound for \$.58, a three pound bag of baby red potatoes for \$2.99 for \$47.36 total. I then returned home, and I brought up my groceries, and I put them away.

I paid my October 2010 payment for my [www.geico.com](http://www.geico.com) automobile insurance policy that starts October 8, 2010 through April 8, 2011. I have to make three more monthly payments on the policy. CIO

I will now make a baked breaded boneless breast of chicken with a couple of small baked red potatoes with Smart Balance spread, and steamed baby carrots and broccoli crowns with Smart Balance spread, and a glass of watered down punch. I made up a fresh batch of punch this morning also. CIO

Note: <888> 09/26/10 Sunday 1:50 A.M. After the last note in Kennebunkport, Maine this past Friday, I packed, and I loaded up the Audi. I went out to dinner with relatives in downtown Kennebunkport at Bandaloo Restaurant. I ate a 14 ounce rib eye steak with sautéed vegetables and mashed potatoes and a glass of iced tea. I returned to my relatives' house, and I watched television until 9 P.M.. I went to bed, and I woke up at 6:30 A.M. on Saturday morning. I ate breakfast of oatmeal with milk and half a sliced banana, a toasted English muffin with butter, a glass of 50% to 50% orange juice and cold filtered water, and a cup of coffee with Splenda sweetener and milk. I showered, and I cleaned up. I finished packing, and I loaded up the Audi. I stripped the sheets off the bed, and I washed them. I said good bye to relatives, and I left with a relative at 9 A.M.. We stopped by at Port Lobster, so a relative could get some Lobster rolls for the trip. I drove out of Kennebunkport, Maine on 9 North to U.S. 1 west to Wells, Maine, where we took the road to I-95 South or the Maine Turnpike. We stopped briefly at the Amtrak train station. We got off at exit 2 of the New Hampshire Turnpike to 101 west to Manchester, New Hampshire. We took I-291 West to exit for the airport, which I think was exit two. We parked at the short term parking, and I brought my relative's luggage in, and I checked her in. I used the bathroom at the airport, and

then I left. I paid a \$3 fee for less than one hour of parking. I took I-91 South to I-495 West, and I took a pit stop at the Lowell rest area. I then took I-290 West to the Massachusetts turnpike West. I stopped at the Chalmers rest area. I ate a ham, turkey, and cheese sandwich on pita bread that I brought with me, and I went to the bathroom. I chatted with a relative. I bought \$21.50 of self service premium gasoline for \$2.969 a gallon for 7.2 gallons for 169 miles driving since the day before, when I filled up at odometer reading of 67691 miles for 23.472 miles per gallon driving at highway speeds. I then got off at the Sturbridge exit, and I paid a 50 cent toll. I took I-84 West. I stopped at the Connecticut welcome center. I took I-91 South to I-15 West or the Wilbur Cross Parkway. The North Haven rest area is closed for renovation. I stopped at the Orange and the New Canaan rest areas. I took the North Street exit in Greenwich to downtown Greenwich about 4 P.M.. I went to the Chase Bank ATM just west of Greenwich Avenue on West Putnam Avenue. Because of a technical difficulty. I had to use the Chase ATM at the top of Greenwich Avenue twice. I stopped by CVS, and I picked up two prescriptions. I then went by the Courtesy Mobil station at 623 West Putnam Avenue. I bought \$17 of self service premium for \$3.279 a gallon for 5.183 gallons for 131 miles driving from the previous fill up at odometer reading of 67822 miles for 25.275 miles per gallon highway driving. I then returned home. I brought up my luggage. I chatted with a relative. It was a 300 mile trip today going by the Manchester airport instead of 265 miles the more direct way. I unpacked.

The order with UPS: Tracking Information on the order for ordered Amazon.com: Hercules XPS 2.1 20 2.1 Multimedia Speakers (Black): Electronics for \$24.01 was at my apartment as was

the order with tracking of UPS: Tracking Information on the order for two each for six total in 44 to 46 inches of green plaid, blue plaid, and red plaid Claybrooke Flannel Underwear - Boxer Shorts (For Men) - Save 50% for \$4.16 each and five Rockport Cotton Socks - Mixed Vertical Rib (For Men) - Save 65% in Khaki for \$1.93 each and \$7.95 shipping and for \$42.56 total.

I threw out the old Black and Decker dust buster, and I put the new one on the top of the sideboard in the bedroom. I also threw out the other shipping boxes.

I worked on the primary computer. I had a problem with its hard drive cabling, which I changed to fix the problem.

I ate a Stouffer's 21 ounce tomato meat lasagna with grated parmesan and Romano cheese and a glass of watered down punch. I will now shut down the primary Windows 7 computer, and I will go to bed soon. CIO

Note: <888> 09/25/10 Saturday 10:00 P.M. I got back to Greenwich, Connecticut at 4 P.M. this afternoon. More to come later. CIO

Note: <888> 09/24/10 Friday 4:05 P.M. I checked my oil after the last note, and I added a third of a quart of oil. I went out with a relative after the last note. We went by the Kennebunkport post office. We then went by Port Lobster. We then returned to my relatives' house. I then went out with another relative. We went downtown for an errand. We then went by the Big Apple Mobil gasoline station, and I bought \$6.75 of self service premium for \$2.909 a gallon for 2.322 gallons for 28.8 miles driving since last Friday a week ago at odometer of 67521 miles for 12.4 miles per gallon in mostly local traffic. I bought a spare quart of Mobil 10W30 oil for \$5.45, and I put it in the right rear compartment in the trunk of the Audi. We then returned back to my relative's house. I ate 1.5 lobster rolls with potato chips and watered down iced tea. I went out with another relative, and we went by the Pet shop in the center of downtown Kennebunkport. We then went by the photography shop in the lower village. We then returned to my relatives' house. I put away the laundry. Earlier in the day, I replaced the light bulb above the toilet in the map guest bedroom bathroom downstairs.

I started packing. I will now pack the computer, so I will not be updating this note, until after I return to Greenwich, Connecticut tomorrow. I will pack most of my stuff in the Audi shortly. I hope to be up at 7 A.M. tomorrow and leave here by about 9:30 A.M.. I have to drop a relative off at the Manchester, New Hampshire airport, and then I will drive back to Greenwich, Connecticut the same way I returned earlier this summer. CIO

Note: <888> 09/24/10 Friday 11:40 A.M. I mopped the kitchen floor. I am in the process of cleaning the bunk room toilet. I still have to shower and clean up. CIO

Note: <888> 09/24/10 Friday 10:30 A.M. I went to bed at 9:30 P.M. last night. I woke up at 9 A.M.. I ate breakfast of oatmeal with milk and half a sliced banana, a toasted English muffin with butter, a glass of 50% to 50% orange juice and cold filtered water, and a cup of coffee with Splenda sweetener and milk. It rained last night, so I do not have to water the plants. I did water the plants on the front porch and the tomato plant to give them a little extra water. I will now shower and clean up. CIO

Note: <888> 09/23/10 Thursday 8:30 P.M. [Gates Tops Annual List of 400 Richest - Forbes.com](#)

[Global Volcanism Program | Volcanic Activity Reports | SI / USGS Weekly Volcanic Activity Report |](#)

BBC News - Gates stays top of US rich list with \$54bn fortune

I will now shut down the computer, and I will watch television for a while.  
CIO

Note: <888> 09/23/10 Thursday 7:55 P.M. I watched the evening news eating dip and Canadian cheese and crackers. For dinner, I ate two barbecued hotdogs on buns with ketchup and Dijon mustard and a barbecued hamburger on a pita bread with Dijon mustard and ketchup and a glass of watered down iced tea. I cleaned up the kitchen. CIO

Note: <888> 09/23/10 Thursday 6:10 P.M. After the last note, I went out with two relatives. We went by the Kennebunkport, Maine post office. We then drove over to Wells, Maine, and we stopped by the Cumberland Farms to get some mints. We then drove down U.S. 1 to the Welcome to John Lane's Ogunquit Playhouse and we saw the Broadway Show "Chicago" which was very entertaining. The last Broadway show I saw was a "Chorus Line" there about 8 years ago. We then returned back to my relatives' house in Kennebunkport, Maine. It is a beautiful evening here, but downtown Kennebunkport has yet to get busy.

Morning showers tomorrow and 67 to 79 degrees Fahrenheit.

I will be leaving my relatives' house in Kennebunkport, Maine this Saturday September 25, 2010 about 9:30 A.M.. I have to drop off a relative at the Manchester, New Hampshire airport before driving back to Greenwich, Connecticut. CIO

Note: <888> 09/23/10 Thursday 12:50 P.M. I ate the reheated baked breaded filet of haddock from last night with potato chips and watered down orange juice.

Win 7 Key City

I am going out in a little while with my relatives. CIO

Note: <888> 09/23/10 Thursday 11:40 A.M. I showered, and I cleaned up.

R.W. Brown finished installing the two new coil springs on the automatic garage door, and it works just fine. They charged \$200 for the repair. We scotched tape a copy of the bill on the wall to the right of the garage door, so for future reference, we know whom to call.

Chinese Leader Wen Jiabao Talks to Executives in New York - NYTimes.com  
CIO

Note: <888> 09/23/10 Thursday 10:35 A.M. The garage door repair people have removed both coil springs from the automatic garage door, and they have the garage door opened now. They have gone to get the replacement coil springs. CIO

Note: <888> 09/23/10 Thursday 10:20 A.M. After the last note, I watched the DVD movie with my relatives of a movie called "A Man Called Dan". I went to bed at 10:30 P.M.. I woke up at 7:30 A.M. this morning to let a relative in the house that was locked out. I finally woke up at 9 A.M.. I ate breakfast of oatmeal with milk and half a sliced banana, a blue berry muffin, a glass of 50% to 50% orange juice and cold filtered water, and a cup of coffee with Splenda sweetener and milk. The garage door repair people arrived about 9:45 A.M.. They are working on the automatic garage door, but they will have to go get another coil spring to replace the one that broke. CIO

Note: <888> 09/22/10 Wednesday 7:55 P.M. I clean the lint out of the metal wire mesh underneath the kitchen window that keeps chipmunks from getting into the dryer tube. I watched the evening news while eating dip and crackers. For dinner, I ate baked breaded haddock, two ears of corn on the cob with butter, steamed broccoli with butter, tomato slices with mozzarella cheese, and a glass of watered down iced tea. I cleaned up the kitchen. I will now shut down the computer, and I will watch television and part of a DVD movie. CIO

Note: <888> 09/22/10 Wednesday 5:00 P.M. NASA Free Software CIO

Note: <888> 09/22/10 Wednesday 4:25 P.M. I went out after the last note, and I drove along the waterfront in Kennebunkport, Maine. I picked my relative up at the hairdresser. I then returned and dropped off my relative at the family house. I then drove downtown to the Kennebunkport drugstore, but they do not sell cigarettes there. I went to H.B. Provisions, and I bought two packs of Marlboro lights for my relative at \$8.17 a package. I then drove along the beach the whole way west on the Kennebunk beach. There were a lot of out of state license plates there, now that anyone can park there. I stood out briefly just east of the Narragansit condominium, and I enjoyed the view at low tide. I have not had the time to walk the beach this trip, since I have been busy on other activities. I then returned to the family house. The automatic garage door would not open. On inspection the large coil spring on the south side of the automatic garage door had broken. My other relative returned home shortly thereafter

in the family Volvo wagon, so no cars are stuck in the garage. I disconnected the power to the automatic garage door. We called an automatic garage door service number, and they called back, and they are coming here tomorrow at 10 A.M. to inspect it. If they have the right spring they will be able to repair it tomorrow. If not they will have to make a trip to Portland, Maine to pick up the right one and fix it later. I took the clothes out of the drier, and I put them away. I helped put away the groceries for my relative. CIO

Note: <888> 09/22/10 Wednesday 2:10 P.M. It rained a bit. There might be some isolated thunderstorms later this evening. I went out with a relative, and we went by Port Lobster, and my relative bought me a toasted Lobster roll for \$9.99. We then went by the Kennebunkport post office. I then dropped my relative off at a nearby hair salon Fringe. They have a Brazilian treatment to straightened kinky hair for \$400 which some of my relatives have had done in the past. I then returned home, and I ate the lobster roll with potato chips and watered down iced tea. I put the load of laundry in the drier. I have to pick my relative up at 2:30 P.M.. CIO

Note: <888> 09/22/10 Wednesday 12:55 P.M. I went to bed at 10:30 P.M.. I woke up at 10 A.M.. . I ate breakfast of oatmeal with milk and half a sliced banana, a toasted whole wheat English muffin with butter, a glass of 50% to 50% orange juice and cold filtered water, and a cup of coffee with Splenda sweetener and milk. I cleaned up the kitchen, and I started the dishwasher. I watered the plants in front, back on the deck. I put down the storm windows in the basement rooms except one window in the guest map room. I emptied the dishwasher. I emptied the downstairs dehumidifiers. I showered, and I cleaned up. I started a load of laundry. If one could make money off selling acorns from oak trees, we have a small fortune of acorns on the family property. CIO

Note: <888> 09/21/10 Tuesday 8:05 P.M. 15 Years on Conference - Montserrat Volcano Observatory

I ate dip and crackers while watching the evening news.

For dinner, I ate one of the reheated barbecue boneless breasts of chicken pounded thin with green onion and Asian sauce, and the rest of the reheated organic brown rice, a ear of corn on the cob with butter, and a piece of three berry pie with a glass of watered down iced tea. I will now shut down the computer, and I will watch television with my relatives, and I will possibly read the [www.nytimes.com](http://www.nytimes.com) .

Tomorrow is suppose to be partly cloudy and 55 to 84 degrees Fahrenheit in Kennebunkport, Maine. CIO

Note: <888> 09/21/10 Tuesday 5:05 P.M. I woke up at 9 A.M. this morning. I ate breakfast of oatmeal with milk and half a sliced banana, a toasted whole wheat English muffin with butter, a glass of 50% to 50% orange juice and cold filtered water, and a cup of coffee with Splenda sweetener and milk. I showered, and I cleaned up. I brought in the empty garbage can from the street. About 10:30 A.M., I left the house with two of my relatives, and we drove up to Portland, Maine by the jetport to an outpatient medical center, so my relative could have some stitches removed. We then went by Talbots Petit outlet store. While my relatives were there, I used the bathroom at Paneros. Paneros has free wireless internet. We then drove down by the waterfront in Portland, Maine. We went to Jay's Oyster Bar for lunch. I ate baked breaded haddock with steamed asparagus and rice pilaf and a tossed green salad with blue cheese dressing and a glass of iced tea. We noticed a sign on the Portland, Maine waterfront for halibut for sale for \$3.99 a pound, but I think that is for the whole fish and not the filet. We then drove back to Biddeford, Maine, and we went to T.J. Maxx. I toured [www.bestbuy.com](http://www.bestbuy.com) next door. They have a \$40 set of 2.1 computer speakers on sale for \$26. My relative bought me a six pack of white Goldtoe sports socks for \$7.99. We then returned to Kennebunkport, Maine, and we stopped by the post office there, and then I returned home. I picked a pink rose for a relative. CIO

Note: <888> 09/20/10 Monday 9:20 P.M. I woke up at 4:30 P.M.. I helped prepare dinner for a dinner party. Our three guests arrived at 6 P.M.. I had little rye crackers with cream cheese and smoked salmon and little crackers with a Canadian type cheese. For dinner, I had a barbecue boneless breast of chicken which was pounded thin and rolled with scallions and Asian seasoning, some sort of dark exotic rice, and steamed spinach with a lemon pastry and watered down iced tea. I cleaned up the kitchen, and I started the dishwasher. We said goodbye to our guests. I will now shut down the computer, and I will watch some television.

Sunny tomorrow and 55 to 71 degrees Fahrenheit. CIO

Note: <888> 09/20/10 Monday 2:45 P.M. I will now shut down the computer, and I will take a nap. CIO

Note: <888> 09/20/10 Monday 2:10 P.M. I woke up at 9 A.M.. I ate breakfast of oatmeal with milk and half a sliced banana, a toasted whole wheat English muffin with butter, a glass of 50% to 50% orange juice and cold filtered water, and a cup of coffee with Splenda sweetener and milk.

The yard person and the housekeeper were here this morning. I put the garbage cans and recycle material out by the street for pickup tomorrow morning. I showered, and I cleaned up. I went out with two relatives. We went by a bakery in Kennebunk, and a relative got desert for tonight. The downtown area of Kennebunk still has a lot of major road construction going on after a year or more. We went by the Irvine gasoline station, and my relative filled up the Volvo station wagon. We then went by Hannaford's grocery store, and we got groceries. We then went by the Kennebunkport post office. We then returned to my relatives' house.

For lunch I ate two ham, roast beef, and cheese sandwiches on pita bread and potato chips and a glass of watered down iced tea. I started the dishwasher. I emptied both dehumidifiers in the downstairs' bedrooms. CIO

Note: <888> 09/19/10 Sunday 10:40 P.M. [Power Outages - Bermuda.com](#)

I chatted with two friends. I chatted with a relative, while the relative was reading the Sunday [www.nytimes.com](#) . I did not get a chance to read it myself.

I will now shut down the computer, and I will go to bed soon.

Sunny tomorrow in Kennebunkport, Maine and 45 to 71 degrees Fahrenheit. CIO

Note: <888> 09/19/10 Sunday 8:25 P.M. I watched some television. I ate a few crackers with dip. For dinner, I ate four reheated ribs of leg of lamb, the reheated tomato, zucchini, and cheese casserole, and a piece of three berry pie and a glass of watered down iced tea. CIO

Note: <888> 09/19/10 Sunday 7:05 P.M. I woke up from my nap at 5:15 P.M.. I went with two of my relatives for a drive along the Kennebunk beach. We parked midway by the large condominium to watch about 30 surfers trying out their skills in the five foot waves. We then drove along the waterfront in Kennebunkport, Maine. We drove over to Bradbury's, and we stopped there briefly. We then drove out to end of the road in Cape Porpoise. We then returned to my relatives' house. One of the people that we had lunch with today has a relative that use to be the editor of [www.pcworld.com](#) magazine. CIO

Note: <888> 09/19/10 Sunday 3:55 P.M. I went out with a relative after the last note. We went to Federal Jacks for lunch, where we met two friends. I ate a blue cheese hamburger with French fries and tomato and lettuce, and a part of a fried potato shell and a glass of iced tea. While

waiting for the friends, I read the signs about how Federal Jack's makes their beer. I then returned to my relatives' house, and I will now take a nap. CIO

Note: <888> 09/19/10 Sunday 1:00 P.M. [Bermuda.com](http://Bermuda.com)

[Igor Attacks Beaches, Shoreline - Bermuda.com](http://Igor Attacks Beaches, Shoreline - Bermuda.com) CIO

Note: <888> 09/19/10 Sunday 12:35 P.M. [BBC News - BP finally seals leaking Gulf of Mexico oil well](http://BBC News - BP finally seals leaking Gulf of Mexico oil well)

[2010 GSA Annual Meeting - Short Courses](http://2010 GSA Annual Meeting - Short Courses) CIO

Note: <888> 09/19/10 Sunday 12:05 P.M. I chatted with a friend in Fairfield County who was making fish chowder with 12 porgies, he caught in Long Island Sound yesterday. I went out with a relative, and we drove over to Port Lobster for supplies. We are going to visit friends of a relative's this afternoon. CIO

Note: <888> 09/19/10 Sunday 10:35 A.M. I woke up at 7:30 A.M. to let a relative in the house that knocked on my window, because they were locked out. I finally woke up at 9:30 A.M.. I ate breakfast of oatmeal with milk and half a sliced banana, a toasted whole wheat English muffin with butter, a glass of 50% to 50% orange juice and cold filtered water, and a cup of coffee with Splenda sweetener and milk. I cleaned up the kitchen, and I started the dishwasher. I will now shower and clean up. CIO

Note: <888> 09/18/10 Saturday 11:20 P.M. We watched the DVD movie "White Nights".

[Hurricane IGOR tracking](http://Hurricane IGOR tracking)

[National Hurricane Center](http://National Hurricane Center)

[Michael Louis Scott Tropical Weather](http://Michael Louis Scott Tropical Weather)

[Greenwich Avenue Starbucks closed for makeover - GreenwichTime](http://Greenwich Avenue Starbucks closed for makeover - GreenwichTime)

Partly cloudy tomorrow in Kennebunkport, Maine and 50 to 75 degrees Fahrenheit.

I will now shut down the computer, and I will go to bed soon. CIO

Note: <888> 09/18/10 Saturday 8:40 P.M. For dinner, I ate five ribs of barbecue marinated rack of lamb, a baked sliced zucchini and sliced home grown tomatoes and cheese casserole and a baked potato with butter and a slice of three berry pie and a glass of watered down iced tea. I cleaned up the kitchen. CIO

Note: <888> 09/18/10 Saturday 6:55 P.M. Past presidential visits to Stamford and Greenwich - GreenwichTime CIO

Note: <888> 09/18/10 Saturday 6:45 P.M. I woke up from my nap at 5 P.M.. I drove the Audi with two of my relatives, and we went by the Kennebunk beach. We sat out for a while enjoying low tide watching a couple of fishermen fish and all of the dog walkers after 5 P.M.. We then drove along the waterfront in Kennebunkport. We stopped by St. Ann's church to enjoy the sunset. We then drove as far as Walker's Point, and we enjoyed the view from there. We then returned to my relatives' house. The cottage across the street from my relatives' had a tree cut down on the south side of their lawn today. CIO

Note: <888> 09/18/10 Saturday 2:30 P.M. Woot® : One Day, One Deal™

I put away the laundry. I will now take a nap. CIO

Note: <888> 09/18/10 Saturday 2:10 P.M. I went out with my relatives, and we went by the Kennebunkport post office. We then drove the entire length of the Kennebunk beach both ways. At the eastern end of the main beach, most of the parking spots were filled up, but the western section after the large condominium still had plenty of parking. We then returned to my relatives' house.

For lunch I ate the remaining barbecue cooked plank filet of salmon, a ham, roast beef and cheese sandwich on pita bread and potato chips and watered down iced tea. I have my laundry in the drier. CIO

Note: <888> 09/18/10 Saturday 12:10 P.M. I woke up at 9 A.M.. I ate breakfast of oatmeal with milk and half a sliced banana, a toasted English muffin with butter, a glass of 50% to 50% orange juice and cold filtered water, and a cup of coffee with Splenda sweetener and milk. I cleaned up the kitchen, and I started the dishwasher. The tree person came, and we showed him the large limb in back, and the small tree on the north side with a yellow flower, and the limb on the south side over the sidewalk, and the limb over the east side above the driveway that needs to be cut. He will be here next Saturday morning to do the work with his son. I used the Black and Decker leaf blower, and I cleaned the garage floor, the driveway and the

front sidewalk. I then washed and dried the Volvo station wagon with the Turtle Wax blue car wash detergent. I showered, and I cleaned up. I just started a load of laundry.

Note: <888> 09/17/10 Friday 10:30 P.M. I watched some television. I will now shut down the computer, and I will go to bed soon.

Sunny tomorrow and 54 to 71 degrees Fahrenheit.

Hurricane IGOR tracking

National Hurricane Center

Michael Louis Scott Tropical Weather

Greenwich Avenue Starbucks closed for makeover - GreenwichTime

CIO

Note: <888> 09/17/10 Friday 9:05 P.M. When our guest arrived, I ate triscuits with cheese and chutney and watered down iced tea. We all went to the Ramp in Cape Porpoise for dinner. I had the fish and chips dinner and part of a spinach salad and part of a Caesar's salad and a few fried clams and half of a cheese burger with cold slaw and a glass of ice tea. We returned to my relatives' house. We said goodbye to the guest.

Shark Attack on 09/06/2010 Judson Newton ( Bahamas ) \*\*\*Fatal\*\*\*  
Scavenged ? : 2010 Shark Attack Related Incidents Shark Attacks

Human torso found in Bahamas shark belly

Human remains found in shark's belly in Bahamas » TCPalm.com

Human remains in shark: Remains found in tiger shark caught in Bahamas - South Florida Sun-Sentinel.com

List Of The Day: 11 Shark-Infested Beaches CIO

Note: <888> 09/17/10 Friday 5:05 P.M. I chatted with a relative. We have a guest coming over at 5:30 P.M.. I will now shut down the computer.  
CIO

Note: <888> 09/17/10 Friday 4:15 P.M. I went out after the last note. I drove around the waterfront in Kennebunkport, Maine. I then drove the whole length of Kennebunk beach to west end. I then sat out by the

condominium at the center of the beach or the west end of the near beach. There were about a dozen surfers trying their luck in the moderate to light surf. There were also two horses on the beach and quite a number of walkers at low tide. I suppose you also have to clean up after your horses on the beach. Anyone can park at the Kennebunk, Maine beach after September 15, 2010; without a parking permit. I then went by the Big Apple Mobil gasoline station in downtown Kennebunkport. I bought \$18 of self service premium gasoline for \$2.969 a gallon for 6.064 gallons for 130.9 miles driving since last Thursday a week ago at odometer reading of 67492 miles for 21.5864 miles per gallon driving in mostly highway driving since I went to Portland, Maine and Kittery, Maine in the Audi. Also gasoline at the Big Apple Mobil station has gone up 5 cents a gallon for premium in a week. It is cheaper at the Irvine gasoline station in Kennebunk, Maine, but it would use gasoline to drive over there. I then parked across the street from the Kennebunkport, Maine post office for less than an hour, I walked around touring the downtown Kennebunkport area. There were a lot of retired people downtown, so I guess the younger generation cannot afford to visit. Possibly they are stuck in traffic on their way up here. I then returned to my relatives' house. CIO

Note: <888> 09/17/10 Friday 2:25 P.M. I ate two ham and roast beef and turkey sandwiches on pita bread with potato chips and watered down iced tea.

I chatted with relatives.

I will now shut down the computer, and I will go out for a drive along the Kennebunk beach. CIO

Note: <888> 09/17/10 Friday 1:15 P.M. I made 243 Gambler Premier Lights 100s filtered cigarettes while listening to [www.foxnews.com](http://www.foxnews.com) . I chatted with relatives, when I took a break. I showed one relative who still smokes cigarettes how I make them. CIO

Note: <888> 09/17/10 Friday 10:50 A.M. I woke up at 9 A.M.. I ate breakfast of oatmeal with milk and half a sliced banana, a toasted English muffin with butter, a glass of 50% to 50% orange juice and cold filtered water, and a cup of coffee with Splenda sweetener and milk. I chatted with a relative about tree removal that has been done. I showered, and I cleaned up. I will now make some cigarettes. CIO

Note: <888> 09/16/10 Thursday 10:05 P.M. I watched television with my relatives. I emptied the dishwasher. I will now shut down the computer and go to bed. CIO

Note: <888> 09/16/10 Thursday 8:35 P.M. I ate cheese and crackers and watered down iced tea while watching the evening news. For dinner, I ate filet of salmon barbecue on a wooden plank and seasoned with fresh garlic, dill, and brown sugar. I cooked the filet of salmon on the plank on the barbecue gas grill on medium low with the lid on the grill for 20 minutes. One has to soak the plank in cold water a few hours before using it, and one rubs the skin side of the filet of salmon with olive oil. I also had two ears of corn on the cob with butter and reheated Uncle Ben's long grain and wild rice and a glass of watered down iced tea. I cleaned up the kitchen, and I threw out the garbage. It has started raining, and it is suppose to rain all night with about an inch of rain expected.

[Global Volcanism Program | Volcanic Activity Reports | SI / USGS Weekly Volcanic Activity Report |](#)

[Queen Elizabeth II welcomes Pope Benedict XVI to Scotland - Chicago International Travel | Examiner.com](#)

[Obama visits Stamford and Greenwich - GreenwichTime CIO](#)

Note: <888> 09/16/10 Thursday 5:35 P.M. Tracking is [UPS: Tracking Information](#) on the order for ordered [Amazon.com: Hercules XPS 2.1 20 2.1 Multimedia Speakers \(Black\): Electronics](#) for \$24.01 and a [Amazon.com: Van Gogh Notebook \(Decorative Notebooks\) \(9780486406107\): Vincent Van Gogh: Books](#) for \$1.50 for \$25.51 with free super saver shipping. CIO

Note: <888> 09/16/10 Thursday 5:20 P.M. I left at noon with my relative. I drove my relative's Volvo station wagon. We took 9A west from Kennebunkport to U.S.1 west to Wells, Maine, where we drove north the short way to I-95 South. I stopped first at the Amtrak train station in Wells to go to the bathroom. We paid the \$2 toll at the Maine turnpike toll, and then we took Exit 2 for 101 West off the New Hampshire turnpike paying a 75 cent toll. We drove 101 West to Manchester, New Hampshire. I stopped at a truck weigh station to go the bathroom at the side of the highway. We took 91 South to 291 North to the exit at Willow Road. We drove three quarters of the way around the Manchester airport, where the next exit would have taken us more directly. By the Willow Road exit way, there is a [www.llbean.com](#) outlet store. We picked up my relative and her luggage at the front of the Manchester airport. We went out the direct way exit, and we stopped at the [www.mcdonalds.com](#) at the north side of the airport, and I used the bathroom. My relative bought me two quarter pound cheese burgers, which the second one was free with a coupon that my relative had. We then returned back to Kennebunkport, Maine the same way. I stopped at the Maine rest area, and I used the bathroom. Because of the

construction at the Wells, Maine exit road, we got off at the Kennebunk exit further north. We stopped at the Hannaford grocery store, and we got groceries. We then stopped at the Kennebunkport post office, and then we returned to my relatives' house. I paid 17 cents postage due on a letter from a relative. I put my visiting relative's luggage in the map room guest bedroom downstairs. It is about 75 miles each way to the Manchester, New Hampshire airport. CIO

Note: <888> 09/16/10 Thursday 11:30 A.M. I woke up at 9 A.M.. I ate oatmeal with honey and a half of a sliced banana, a toasted English muffin with butter, a 50% to 50% mixture of orange juice and cold filtered water with vitamins and supplements, and a cup of coffee with splenda sweetener and milk. I brought in the [www.nytimes.com](http://www.nytimes.com) . I chatted with a friend. The fire department paid a call at the neighbors house across the street from our neighbor to the north. Everything appears all right. I showered, and I cleaned up. We have to leave a little before noon to pick up the relative at the Manchester, New Hampshire airport.

[Help or hindrance? Obama to visit Stamford and Greenwich - GreenwichTime](#)

Back before the Conyers Farm property was developed in Greenwich, the Conyers Farm lake was where the local naturalist's club would go skinny dipping.

I chatted with another friend. I will now shut down the computer, and I will wait to leave for the Manchester, New Hampshire airport. CIO

Note: <888> 09/15/10 Wednesday 10:30 P.M. I ate dip and crackers and cheese and watched the evening news. For dinner, I ate baked breaded haddock, 1.5 ears of corn on the cob with butter and baked sliced tomatoes with cheese and a glass of watered down iced tea. I chatted with a friend. He told me that the [www.chase.com](http://www.chase.com) web site has been having problems for about a week. I watched some television with a relative.

[Help or hindrance? Obama to visit Stamford and Greenwich - GreenwichTime](#)

I will now shut down the Dell Latitude D410 laptop computer. I will be leaving Kennebunkport, Maine about noon tomorrow with a relative to pick up another relative at the Manchester, New Hampshire airport, and then we will return to Kennebunkport, Maine.

There is supposed to be one inch of rain tomorrow evening.

Evening showers tomorrow in Kennebunkport, Maine and 59 to 69 degrees Fahrenheit. CIO

Note: <888> 09/15/10 Wednesday 5:30 P.M. Internet Explorer 9A beta Beauty of the Web

Book a flight - KLM.com Dallas, Texas to Amsterdam in the Netherlands is \$695 round trip

Bargains on Boat Shoes Bargain Outfitters - Bargains, Discounts, Markdowns, Deals, on Boots, Clothing, Outdoor Gear at Bargain Outfitters and noticed the \$5 off \$25 discount coupon code of "BF2025"

Biltmore Email Newsletter

Over half my email now comes from www.forbes.com .

I was told that property taxes in Kennebunkport, Maine are half of what they are in Kennebunk, Maine, since Kennebunkport, Maine does not have a major public school system. CIO

Note: <888> 09/15/10 Wednesday 4:40 P.M. I went out after the last note with a relative. We drove along the waterfront in Kennebunkport, Maine. We went by the Kennebunkport, Maine post office. We drove along the waterfront in Kennebunk, Maine. I sat out by the waterfront briefly about halfway west down the beach. There were a few boats at low tide fishing for Stripers. We went by the Gourmet Kitchen Gallery, and they only have pecan barbecue blanks there for \$12.99. They are suppose to get some more cedar barbecue planks in next week, but I am not sure how much they would cost. Of course, one could possibly use a shingle. We stopped by Chick's lobster house, and my relative got a half pound of fresh crab meat for \$8.99

I noticed, when I was at www.samsclub.com a couple of days ago in Scarborough, Maine that one inch thick boneless shell steaks in three packs are \$7.47 a pound. At the Hanneford's grocery store, they are \$9.99 a pound.

I put away the laundry.

The \$19.88 Walmart.com: Altec Computer Speakers three-piece BXR1221/BX1221: Computers are \$24.88 at Walmart in Biddeford, Maine; which is their regular price all of the time.

I ordered Amazon.com: Hercules XPS 2.1 20 2.1 Multimedia Speakers (Black): Electronics for \$24.01 and a Amazon.com: Van Gogh Notebook (Decorative Notebooks) (9780486406107): Vincent Van Gogh: Books for \$1.50 for \$25.51 with free super saver shipping. I will put the speaker system with the Abit computer system in my bedroom back in Greenwich, Connecticut. CIO

Note: <888> 09/15/10 Wednesday 1:30 P.M. I emptied the two dehumidifiers in the downstairs bedroom last night. I went to bed at 10 P.M., and I woke up at 9 A.M.. I ate oatmeal with honey and a half of a sliced banana, a toasted English muffin with butter, a 50% to 50% mixture of orange juice and cold filtered water with vitamins and supplements, and a cup of coffee with splenda sweetener and milk. I took out the air conditioners from the library and the master bedroom. I put them on the floors by their windows sitting on beach towels. The screws for the library one are sitting on the unit. I put in the six Miracle Gro fruit tree spikes around the wild cherry tree in front. I put bone meal around the bushes underneath the front guest bedroom. I put fertilizer around the two azaleas in the back yard. I watered the plants in front and in back at the flower box and on the deck. I washed and the sheets and towels from the downstairs map room guest bedroom, and I put them back on the beds, and in the bathroom. I showered, and I cleaned up. I am doing a load of laundry. I chatted with Chase at their Mason Street, Greenwich, Connecticut office at 1-203-861-7379 , and they told me their web site was running this morning, but www.chase.com is now back down and not working. For lunch I ate barbecued hotdogs on buns with Dijon mustard and ketchup and potato chips and a glass of watered down iced tea. CIO

Note: <888> 09/14/10 Tuesday 8:45 P.M. I ate dip and crackers and watched the evening news. For dinner, I ate beef stroganoff on Uncle Ben's mixed and wild rice and steamed fresh spinach and one barbecue pork rib and a glass of watered down iced tea. I cleaned up the kitchen.

BBC News - Pricetag set for tiger conservation

I will now shut down the laptop computer, and I will read the www.nytimes.com and watch some television before going to bed. CIO

Note: <888> 09/14/10 Tuesday 6:20 P.M. I scratched some Hanneford Supermarket scratch cards that my relative collected this summer, but we only won a dollar. We went out after the last note, and we went by CVS in Kennebunk. We then went by the Hanneford grocery store in Kennebunk where the Super Stop and Shop used to be. My relative got some groceries. We then returned to my relatives' house. We chatted with a relative on the

wireless telephone. I unloaded the groceries. I went for a drive along the Kennebunk beach, and I sat out briefly. It was high tide, so not many people were there. Starting September 16, 2010; anyone can park there for out of town beach lovers. I drove by the Breakwater in Kennebunkport. I chatted with a local about the Bermuda Hurricane weather. I noticed the United States Secret Service were hauling the Zodiac boat from Walker's Point on a trailer out of the area, like possibly they are removing it before storm tides. They might know first. Hurricane surf and high tides in the fall could cause flooding in the Northeast. Hurricane tracking does not show Igor's path north of Bermuda yet. I chatted with a relative here, and I chatted with a friend. The [www.chase.com](http://www.chase.com) web site is still not working. CIO

Note: <888> 09/14/10 Tuesday 2:00 P.M. I ate a ham and cheese and turkey sandwich on pita bread with Cape Cod potato chips and a glass of watered down iced tea.

Hurricane Igor heading for Bermuda 8 A.M. this Sunday morning [Hurricane IGOR tracking](#)

[National Hurricane Center](#)

[Michael Louis Scott Tropical Weather](#)

It rained here briefly in Kennebunkport, Maine, but the sun is now out again.

Today it is suppose to be partly cloudy for the rest of the day after 3 P.M. with a high of 71 degrees Fahrenheit and a low of 50 degrees Fahrenheit. CIO

Note: <888> 09/14/10 Tuesday 1:15 P.M. [CHASE Home: Personal Banking | Personal Lending | Retirement & Investing | Business Banking](#) has not been working for the last couple of hours.

I ate a fresh strawberry milk shake.

I have two of the red folding chairs in the garage that I placed there last summer. I put three more of the red folding nylon chairs and a blue one in the southeast closet in the basement in the house. I bought them when they were 75% off at CVS the last two seasons, and they regularly sell for \$16.99. Now there is more room in the rear trunk of the Audi, when I drive my relative to the Manchester, New Hampshire airport on Saturday, September 25, 2010, when I will also be carrying my luggage to return to Greenwich, Connecticut. CIO

Note: <888> 09/14/10 Tuesday 12:45 P.M. [FOXNews.com](http://FOXNews.com) - UPDATE: New Drug-Resistant Superbugs Found in 3 States

\$19.88 Walmart.com: Altec Computer Speakers three-piece BXR1221/BX1221: Computers CIO

Note: <888> 09/14/10 Tuesday 11:55 A.M. I woke up at 9 A.M.. I ate oatmeal with honey and a half of a sliced banana, a toasted English muffin with butter, a 50% to 50% mixture of orange juice and cold filtered water with vitamins and supplements, and a cup of coffee with splenda sweetener and milk. I brought in the garbage can from the street. I cut the flowers off the hydrangeas in front of the house, and I put them in a large garbage bag to be thrown out on the street next Tuesday. I showered, and I cleaned up.

I am traveling with another relative to pick up another relative at the Manchester, New Hampshire airport this Thursday afternoon. That relative will stay up here until Saturday September 25, 2010, when I will drop the relative off at the Manchester, New Hampshire airport and then return to Greenwich, Connecticut. I have to cancel two appointments next week. I will take the four folding chairs out of the back of the Audi to have room for the relative's luggage. We will use my other relative's car to pick up the relative this Thursday.

More action in Greenwich, Connecticut [Greenwich Gossip](#)

I have enough cigarettes for my stay up here, but I might have to make some more soon. CIO

Note: <888> 09/13/10 Monday 10:35 P.M. I put the garbage out by the street for pickup tomorrow morning. I ate dip and crackers with watered down iced tea while I watched the evening news. For dinner I ate 5 barbecued baby back ribs and corn on the cob with butter and a glass of watered down iced tea. I cleaned up the kitchen. I read a couple of old Greenwich magazines. I watched some television. Currently I plan to return back to Greenwich, Connecticut on Thursday September 24, 2010.

The Brookstone Travel Clock that I bought today for \$10 down from \$30 has a small defect in that the tiny plastic pieces on the battery cover that hold on the cover are broken off, so the battery cover does not fasten properly. However, the plastic battery cover has a heavy duty rubber flap that fastens over it, so it still stays in place despite the small broken plastic pieces. Thus it is still useable.

I will now shut down the computer, and I will go to bed soon. I had a long day. CIO

Note: <888> 09/13/10 Monday 5:35 P.M. I emptied the dehumidifiers in the basement bedrooms yesterday. I woke up at 6 A.M. this morning. I brought in the [www.nytimes.com](http://www.nytimes.com) . I ate oatmeal with honey and a half of a sliced banana, a toasted English muffin with butter, a 50% to 50% mixture of orange juice and cold filtered water with vitamins and supplements, and a cup of coffee with splenda sweetener and milk. I showered, and I cleaned up. I went out with my relative at 8 A.M., and we drove over to Route 1 in Biddeford, Maine, and we drove up to Portland, Maine on I-95 North. We went to a dermatology medical clinic near the Portland Jetport, and we arrived there at 9 A.M.. I read magazines while my relative underwent minor surgery, and we left the medical clinic at noon. We then went by Sam's Club [www.samsclub.com](http://www.samsclub.com) in Scarborough, Maine on Route 1. They have large mums there for \$15.99. My relative bought some items and had a cold milk shake. I noticed pair of Bose [www.bose.com](http://www.bose.com) computer speakers there cost \$60, and a three piece 2.1 Bose system costs \$120. We then went back down Interstate 95 to Kittery, Maine. We went to the store outlets mall there. I paid half the \$2 toll at the Maine tolls. At the [www.barbour.com](http://www.barbour.com) outlet, my relative bought me a S1606 / XXL Cheviot Country Check 5-Green light flannel shirt for \$25. They retail for \$75. I then toured the Ralph Lauren store and J. Crew outlet. We stopped by the Bose outlet, but their computer speakers are 50% more than Sam's Club. I tried getting my relative a cup of coffee at Starbucks, but they were very busy. We went to Cuddledowns, and my relative browsed that store. I walked over to the Orvis outlet, and they seemed very expensive with \$180 Khaki pants marked down 60%. I noticed a quarter pound whopper at Burger King now costs \$6.19. We then went to the Black and Decker Clearance center, and I returned the faulty rechargeable lantern for \$17.82 credit. I then toured the Big and Tall men's store to the west of the Black and Decker outlet. They have brand names in larger sizes. I then went to the [www.brookstone.com](http://www.brookstone.com) outlet, and I bought a Night Glow travel clock in blue and silver for \$9.99 down from \$29.99 and .50 tax for \$10.49 total. We then went to [www.mcdonalds.com](http://www.mcdonalds.com) , and I got two Angus Deluxe wraps from \$1.99 each and a chicken wrap for \$1.49 for \$5.47 total. I also got a glass of water. My relative ate a chicken wrap and a glass of water. I ate the two Angus Deluxe wraps. We ate in the car. We then drove back up U.S. 1 to Wells, Maine and back east on Route 9A to Kennebunkport, Maine, and we returned to my relatives' house. I unloaded the car. At [www.samsclub.com](http://www.samsclub.com) , we got a rack of barbecue baby back ribs for dinner. CIO

Note: <888> 09/12/10 Sunday 8:35 P.M. PEM | The Emperor's Private Paradise: Treasures from the Forbidden City « Exhibits

I ate beef stroganoff on noodles for dinner with watered down iced tea and a glass of watered down iced tea and orange juice. I cleaned up the kitchen.

I watched television. I will now shut down the computer, and I probably will go to bed soon. I have be up earlier tomorrow morning. CIO

Note: <888> 09/12/10 Sunday 5:15 P.M. I chatted with relatives. Two of my relatives loaded the Volvo wagon, and we drove them to the Amtrak train station in Wells, Maine to catch the 3:40 P.M. train to Boston. We then returned to my relatives' house driving along the beach in Kennebunk, Maine. The beach had high tide, so it was not very busy. There was one fisherman at the east end of beach trying his luck. I heard that Stripped Bass might be running. When we returned to my relatives' house, I helped prepare Beef Stroganoff which will simmer until 5:30 P.M., when more ingredients have to be added. CIO

Note: <888> 09/12/10 Sunday 2:00 P.M. I went for a drive around the Kennebunkport waterfront. I parked by the Breakwater beach, and I enjoyed the view on a cool overcast day. I then returned to my relatives' house. I then chatted with relatives. For dinner, I ate a toasted Lobster roll with a cup of broccoli and cheese soup and potato chips and a cup of watered down iced tea. I helped clean up the kitchen. CIO

Note: <888> 09/12/10 Sunday 12:15 P.M. I worked the internet for a while. I chatted with relatives. I guess I will now shut down the computer, and I will possibly go for a drive. CIO

Note: <888> 09/12/10 Sunday 10:45 P.M. I woke up at 8 A.M.. I ate oatmeal with honey and a half of a sliced banana, a toasted English muffin with butter, a 50% to 50% mixture of orange juice and cold filtered water with vitamins and supplements, and a cup of coffee with splenda sweetener and milk. I chatted with relatives. I showered, and I cleaned up. I chatted with a friend. CIO

Note: <888> 09/11/10 Saturday 9:10 P.M. After the last note, I swept the sidewalk in front. I then watered the plants in front, and out back by the flower box, and on the deck. I watched some of the U.S. Open tennis with my relative, and we watched the Michigan State versus Notre Dame Football game. We left for a short spell to pick up other relatives nearby. We then finished watching the football game. I then drove two relatives downtown to Allison's restaurant for dinner. I then returned home, and I ate a 16 ounce

marinated barbecue sirloin steak with an ear of corn on the cob with butter and a small salad with lettuce and home grown tomato slices with vinaigrette dressing and a glass of watered down iced tea. I then helped clean up the kitchen. I will now shut down the computer, and I will watch television with my relative. CIO

Note: <888> 09/11/10 Saturday 4:40 P.M. I finished entering the telephone numbers into Skype. I chatted with a friend with Skype, and it works just fine. At 2.1 cents a minute for domestic calls, it is cheaper than 25 cents a minute with the AT&T Go Phone, but of course one needs a high speed internet connection to use [www.skype.com](http://www.skype.com) . I chatted with another friend earlier today with the wireless telephone. I will now shut down the computer, and I might take a nap or go for a drive or chat with a relative. CIO

Note: <888> 09/11/10 Saturday 3:50 P.M. I put away the laundry. I went out with a relative, and we drove by the Kennebunkport post office. We then drove over to Kennebunk, and we stopped by CVS. My relative bought me a little jeweler's screw driver kit with a few tiny screws for fixing eye glasses. I think it cost \$1.59. We then went by the ACE hardware store across the street. My relative paid for me to buy a 100 ounce bottle of Turtle Wax blue liquid car wash for \$6.49 plus tax. It says to use one ounce for every gallon of water. We then drove by the Kennebunk beach, and we sat out for a while. It was a very high tide with water over the lower part of the breakwater. We then returned to my relatives' house, and I put the Turtle Wax car wash detergent on one of metal shelves in the basement to the left of the laundry machines. I ate two ham and cheese and turkey sandwiches with mayonnaise on pita bread with sliced home grown tomato and some Cape Cod potato chips and a glass of watered down orange juice.

I have been entering my AT&T wireless telephone numbers into the [www.skype.com](http://www.skype.com) program which takes a while. CIO

Note: <888> 09/11/10 Saturday 12:15 P.M. BBC News - US marks 9/11 anniversary amid Koran-burning row

The generic USB hub does not seem to be working well on the primary Dell Latitude D410 laptop computer. I disconnected it, so the HP LaserJet 1018 laser printer and the laptop cooler pad and the keyboard light are not connected. The Dell Latitude D410 laptop has three USB ports with the docking station. I have the Microsoft wireless USB mouse plugged into the left side USB port, and the Plantronics DSP 500 USB headset and the Logitech Premium Notebook USB web cam plugged into the two rear USB ports. Thus the Dell Latitude D410 laptop will now work with Skype and

the web cam. If I need to use the other devices including the pen drive, I can always disconnect one of the two rear USB web devices, and plug in the other devices. I have a better octopus power USB hub at home that I will try on it, when I get back in about a week. CIO

Note: <888> 09/11/10 Saturday 10:30 P.M. I woke up at 8 A.M.. A tree person is working the yard. I ate oatmeal with honey and a half of a sliced banana, a toasted English muffin with butter, a 50% to 50% mixture of orange juice and cold filtered water with vitamins and supplements, and a cup of coffee with splenda sweetener and milk. I emptied the dishwasher. I showered, and I cleaned up. I am doing a load of laundry. CIO

Note: <888> 09/10/10 Friday 10:15 P.M. I took a nap until 5:30 P.M.. I went out for a drive by the Breakwater, where I stood out briefly. I then returned to my relatives' house, and I watched the evening news. We drove over to the Amtrak train station in Wells, Maine to pick up two other relatives visiting for the weekend. We returned to my relatives' house, and for dinner I ate two barbecue hamburgers from the grill on buns with ketchup and Dijon mustard and two ears of corn on the cob with butter, and a glass of watered down iced tea. I helped clean up the kitchen. I will go to bed soon. CIO

Note: <888> 09/10/10 Friday 4:15 P.M. [FOXNews.com](http://FOXNews.com) - Beware of Link: E-Mail Virus Plays Havoc With Internet

I will now take a nap for a while. CIO

Note: <888> 09/10/10 Friday 3:50 P.M. I went out with a relative after the last note. We drove over to the vacuum cleaner store on U.S. 1 in Biddeford, Maine. They were closed because of electrical problems. We then went to another vacuum store a third of a mile further west on U.S. 1, and we bought a dozen Electrolux bags for the older canister units for \$13.11 with tax. We then went by T.J. Maxx at the Biddeford shopping plaza. I used the bathroom there. While my relative was shopping there, I toured Best Buy next door. On their clearance table, they have an Open Box LG DVD player for \$36, but I do not need another one. We then went to the Hannaford grocery store in Kennebunk, and my relative got some groceries. We then went by CVS. We then went by the Kennebunkport post office. We then did another errand. We returned to my relatives' house, and I brought in the groceries. I tested the Electrolux vacuum cleaners, and they seem all right. I left the older one in the garage. I put the newer one with the power nozzle in the downstairs guest bedroom closet. I also put the new Electrolux bags on the closet shelf. I reheated the boneless breast of chicken and

vegetable mixture from last night, and I ate it all with a glass of watered down orange juice. CIO

Note: <888> 09/10/10 Friday 10:50 A.M. I went to bed at 11 P.M., and I woke up at 9 A.M.. I ate breakfast of oatmeal with milk and half a sliced banana, a toasted English muffin with butter, a glass of 50% to 50% orange juice and cold filtered water, and a cup of coffee with Splenda sweetener and milk. I showered, and I cleaned up. The housekeeper is here, and the yard person is cutting the grass. In a little while, I am going out with a relative to Biddeford, Maine for errands and to have the Electrolux vacuum cleaners checked out. CIO

Note: <888> 09/09/10 Thursday 9:10 P.M. I went out after the last note, and I drove around the waterfront of Kennebunkport. I stopped by the Breakwater beach, and I got out of the car for a brief spell to enjoy the view. I have been told the Colony Hotel in Kennebunkport is for sale. I next drove through downtown Kennebunkport, and I drove along the Kennebunk beach. I used the Port-O-Potty at the west end of the beach. I then sat out for a while at the center of the beach. Parking is supposed to be by permit until September 15, but I saw a lot of out of state license plates at the beach in the late afternoon. I then went to the Big Apple Mobil station in downtown Kennebunkport, and I bought \$16.25 of self serviced premium gasoline at \$2.949 a gallon for 5.511 gallons for 155 miles driving since the Massachusetts turnpike rest area at 67361 miles for 28.1256 mile per gallon driving recently in mostly in highway driving. I then returned to my relatives' house. I then went out with a relative in their car, and we drove along the waterfront in Kennebunkport to Cape Porpoise. We then drove back on Route 9 to the Sanborne's produce and seafood stand, and my relative got corn on the cob and picked crab meat. We then drove over to U.S. 1 to the Farm Stand near the Fire House, and we got two medium size zucchinis. We then returned back to my relatives' house. We ate dip and crackers, and I also had watered down iced tea while I watched the evening news. For dinner, I had baked boneless breast of chicken with Jack Daniels barbecue sauce on it, two ears of corn on the cob with butter, and baked zucchini with onions, tomato and cheese and olive oil. I ate it all with a glass of cold filtered water. I cleaned up the kitchen. I tested the Black and Decker rechargeable lantern after it had charged up for 24 hours, and it did not work. I will return to the Black and Decker Kittery outlet on my way down from Maine. I tested the new Black and Decker Dust Buster, and it works just fine. The Duster Buster that I paid \$24 for sells for \$37 at Wal-Mart, and the rechargeable lantern that I paid \$18 for sells for about \$30 on the internet. I then put two older Electrolux vacuum cleaners in the back of a relative's car to get checked out in Biddeford tomorrow. I will now shut

down the computer, and I will watch some television for an hour or so before going to bed. CIO

Note: <888> 09/09/10 Thursday 3:40 P.M. Romney stumps for Foley in Greenwich - GreenwichTime CIO

Note: <888> 09/09/10 Thursday 3:05 P.M. After the last note, I emptied the two downstairs bedrooms' dehumidifiers. I went to bed about 11 P.M., and I woke up at 8:30 A.M.. I brought in the [www.nytimes.com](http://www.nytimes.com) for a relative. I ate breakfast of oatmeal with milk and a half of a sliced banana, a four day old muffin, a 50% to 50% glass of orange juice and cold filtered water and a cup of coffee with milk and splenda. I put the breakfast dishes in the dishwashing machine. I put the smaller 30 inch by 4 foot U.S.A. flag on the flag pole in front. I folded up the larger flag military style, and I put it on the top shelf of the tool cabinet in the garage hallway entrance with the other flags. My relative gave me three two Polo and a Izod polo shirts, a cotton blue Polo shirt sleeve shirt, and a blue and yellow Jams bathing suit. They fit me just fine. I showered, and I cleaned up. I went to downtown Kennebunkport, Maine, and I parked on Temple street where there is free one hour parking by the post office. I got my hair cut at the Dock Square barbers for \$15 and \$5 tip for \$20. I now have shorter hair. I stopped by the post office. I returned to my relatives' house, and I trimmed some of the plants in the backyard flower box. I watered the plants front and rear. My relative fixed me a strawberry ice drink which was very good. My relative left on an errand. I washed the Audi, and I towel dried it. I then cleaned the inside windows, and I vacuumed it with the house Black and Decker Dust Buster. I chatted with a relative twice. The AT&T cordless telephone does not work in the Bunk room downstairs, so I hooked up a Vtech 5.8 GHz telephone cordless telephone system with a remote telephone that I put by the bed at the bathroom entrance. It seems to work fine, so once they are fully charged up, they should work just fine in the bedroom. I ate the remaining piece of barbecue smoked plank filet of salmon with the corn and yellow pepper and tomato and bacon bit mixture with a glass of watered down iced tea. CIO

Note: <888> 09/08/10 Wednesday 10:10 P.M. I took a nap after the last note. I got up at 5 P.M., and I went for a drive with my relative along the Kennebunk beach. I stood out by the beach for a while. We then drove around the Kennebunkport waterfront, and we returned to my relatives' house.

For dinner, I cooked on the gas barbecue grill a filet of salmon on a plank. The wooden plank was about 3/8<sup>th</sup> inches thick and 6 inches wide by about 15 inches long. It was soaked in water for 24 hours. My relative coated the

salmon with a couple tablespoons of brown sugar mixed with a teaspoon of dried dill. I put the gas grill on medium low, and once it was preheated, I cooked the salmon filet on the plank over medium low heat for 20 minutes with the lid on the grill. It tasted just great. I ate it with a corn and yellow pepper mixture with bacon and baked sliced tomatoes and a glass of watered down iced tea. I cleaned up the kitchen.

The Black and Decker rechargeable lantern works off an electrical extension cord. It needs to be charged up the first time for 24 hours. I am charging it now, and it should be fully charged by 7 P.M. tomorrow evening. It needs to be charged every two months if not used, and it is suppose to be charged up 24 hours after using it. I put its instructions in the hallway tool cabinet. I gave my relative the receipt for the two year warranty. I will figure out where to place it, once it is charged. I took the old yellow rechargeable lantern that is missing its power supply, and I put it in the back of the Audi to see if it works, once I get back down to Greenwich in a week and a half. I clean the house's two air conditioner filters. The filter on the master bedroom air conditioner was extremely dirty, probably keeping it from working properly. I watched some television with my relative. I will go to bed soon. CIO

Note: <888> 09/08/10 Wednesday 3:40 P.M. I chatted with a relative before going to bed last night. I woke up at 4 A.M.. I ate breakfast of oatmeal with honey, milk, and a sliced banana, a toasted English muffin with Smart Balance Spread, a glass of 50% punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up. I finished the items on my To Do List. I left the apartment at 6 A.M.. I threw out the garbage.

I headed east on Putnam Avenue to North Maple Avenue and then north on North Street to the Merritt Parkway East or I-15E. I stopped at the New Canaan rest area, and I used the bathroom. I stopped at the Orange rest area, and I used the bathroom. I got on I-91 North, and I stopped at the rest area, and I used the bathroom. I got on I-84 East, and I stopped at the first rest area near the end, and I used the bathroom. I got on the Massachusetts turnpike East, and I stopped at the Chalmers rest area. I used the bathroom. I ate a roast beef and Swiss cheese sandwich on a Kaiser roll that I brought with me. I chatted with a relative on the wireless telephone. I bought \$14.75 of Gulf Self Service Premium for \$2.989 a gallon for 4.936 gallons for 135.5 miles driving since the fill up on Sunday at odometer reading of 67206 miles for 27.452 miles per gallon highway driving at the speed limit. I then got off at the next exit for I-290 North, and I paid a 50 cent toll, and I followed it to I-495 Northeast. I stopped at

the Lowell rest area, and their welcome center and bathrooms are still closed going north. They have six port-o-potties there which are overfilled and quite dirty. You would think they would get it together in Lowell and reopen the welcome center. I then got on I-95 North, and I stopped at the New Hampshire rest area. I used the bathroom. I then paid a \$2 New Hampshire toll. I then go off at Exit 3 of the Maine turnpike and I went to the Kittery Mall outlets. The old Black and Decker outlet at the south end of U.S. 1 only sells tools and hardware now. They now have a new Black and Decker Clearance Center on the north end of U.S. 1 of the Kittery Mall Road. I went there, and I bought a gift for my relative a Black and Decker million watt rechargeable lantern SL331B-4 for \$16.97 and .85 tax for \$17.82 total. For my apartment in Greenwich, I bought a Black and Decker 12 Volt rechargeable Cyclonic Energy Dust Buster CHV12180ZR for \$21.97 and \$1.10 tax for \$23.07 total. I might have bought the last one in stock. I then got on the Maine turnpike North, and I used the bathroom at the rest area, then and I paid a \$2 toll. I got off at the Wells Saco exit, and I head south down to U.S. 1 east. I took the road I-9 South? Into Kennebunkport, Maine. I arrived at my relative's house at 1 P.M. after about 260 miles driving. I brought up with me a 4 foot by 6 foot U.S.A. flag, which I put on the flag pole. I chatted with my relative. I gave my relative one of the Johnson and Johnson Emergency kits for her car. I unpacked the Audi. My relative left for errands. I ate the other roast beef and Swiss cheese sandwich on a Kaiser roll with iced tea. I unpacked. I setup the primary Dell Latitude D410 laptop computer. There is wireless internet in the house. My relative returned, and I helped bring in the groceries. I will now take a short nap. CIO

Note: <888> 09/07/10 Tuesday 8:00 P.M. I chatted with a relative.

The order for two 24R2625 IBM Power Supply 225 Watt For Thinkcentre. New Pull. for \$17 each with free shipping for \$34 total was cancelled, because they are out of stock.

I will now shut down the primary Windows 7 computer, and I will go to bed soon. I will also shut down the FIC server. When I wake up tomorrow, I will get ready, and then I will drive up to Kennebunkport, Maine.

Morning showers tomorrow and 57 to 83 degrees Fahrenheit. CIO

Note: <888> 09/07/10 Tuesday 7:00 P.M. I went ahead, and I ate the whole salad that I made, and I ate it with a glass of watered down punch. I threw out the garbage. I chatted briefly with neighbors. CIO

Note: <888> 09/07/10 Tuesday 5:35 P.M. I chatted with a friend.

British Ambassador in Washington D.C. [Our Ambassador](#)

British Consulate-General New York [British Consulate-General - New York](#)

British Permanent Representative to the United Nations [Permanent Representative](#)

I will now use my remaining salad ingredients to make a salad. I might eat it a little later. CIO

Note: <888> 09/07/10 Tuesday 4:20 P.M. I went outside, and checked the outside area. I chatted with a neighbor. I threw out some garbage. I picked up the mail.

[BBC News - Dublin Mayor Gerry Breen expects Queen Elizabeth visit](#)

[CTV Southwestern Ontario - News GG designate David Johnston meets with Queen Elizabeth](#)

I guess she is still up in Balmoral Castle [Balmoral Castle](#)

[Balmoral Castle and Estate, online shop, gift shop, holiday cottages, fishing, scotland](#)

Not much news of the Prime Minister either [Number10.gov.uk](#)

His wife had a new baby daughter [Flickr: The Prime Minister's Office's Photostream](#) CIO

Note: <888> 09/07/10 Tuesday 3:15 P.M. [A reclusive 'Bunny' Mellon celebrates 100th birthday](#) CIO

Note: <888> 09/07/10 Tuesday 2:40 P.M. [Barclays Elevates Diamond to C.E.O. - NYTimes.com](#)

It looks like Bill Clark has quit publishing for a while [Greenwich Gossip](#) . Maybe he is writing another book on Greenwich, Connecticut. CIO

Note: <888> 09/07/10 Tuesday 2:20 P.M. I went outside briefly, and I chatted with neighbors. I missed a telephone call that did not leave a message. CIO

Note: <888> 09/07/10 Tuesday 12:45 P.M. I have pretty much finished packing. I still have a list of things to do before I leave tomorrow morning. I went outside, and I chatted with a neighbor and a town of

Greenwich official. The elevator is now working. I will now make and eat the same London Broil meal that I have been eating recently. CIO

Note: <888> 09/07/10 Tuesday 10:50 A.M. I woke up at 7:30 A.M. this morning, when a friend called. I ate breakfast of oatmeal with honey and a sliced banana, a toasted English muffin with Smart Balance spread, a glass of 50% punch and 50% cold filtered water, and a cup of coffee with Splenda sweetener and milk. I made my bed, and I washed the breakfast dishes. I showered, and I cleaned up. I threw out the garbage. I chatted with neighbors and a Greenwich Housing Authority employee. They are repairing the building elevator, so it does not work right now. I chatted with a relative. I have to start packing in a little while.

The order with tracking of UPS: Tracking Information on the order for two each for six total in 44 to 46 inches of green plaid, blue plaid, and red plaid Claybrooke Flannel Underwear - Boxer Shorts (For Men) - Save 50% for \$4.16 each and five Rockport Cotton Socks - Mixed Vertical Rib (For Men) - Save 65% in Khaki for \$1.93 each and \$7.95 shipping and for \$42.56 total will not arrive today. When I called them up at 1-800-742-5877, they told me, they can not put a hold on the delivery until it is actually received at UPS in Norwalk, Connecticut, which might be tomorrow morning, when I am asleep or getting ready to leave. If they do not deliver it tomorrow, I will try to put a hold on it, once I am in Maine. CIO

Note: <888> 09/06/10 Monday 10:05 P.M. I will now shut down the primary Windows 7 computer, and I will go to bed soon.

Partly cloudy tomorrow and 66 to 86 degrees Fahrenheit. CIO

Note: <888> 09/06/10 Monday 8:30 P.M. I ate my usual salad with watered down punch.

For the IBM ThinkCentre, I went ahead and order two 24R2625 IBM Power Supply 225 Watt For Thinkcentre. New Pull. for \$17 each with free shipping for \$34 total. I put a note with order not to ship them until after September 21, 2010. CIO

Note: <888> 09/06/10 Monday 7:00 P.M. I made 105 Premier Lights 100 MM filter Peter Stokkebye Norwegian shag pipe tobacco cigarettes while watching www.foxnews.com. I chatted with a friend about the price of tea in China. CIO

Note: <888> 09/06/10 Monday 4:45 P.M. I think my IBM ThinkCentre M52 Type 8213 is basically new from what I can tell. I did some research, and it

uses the Lenovo "24R2625" Power Supply which are available for replacement here [24R2625 items - Get great deals on Computers Networking items on eBay.com!](#) . I can order a spare one here [24R2625 IBM Power Supply 225 Watt For Thinkcentre. New Pull.](#) for \$17, but one needs to place a \$30 minimal order, so you could order two, and there would be free shipping. I will think about it, when I get back from Kennebunkport, Maine in a couple of weeks.

This says the "24R2625" power supply is the right part number [System service parts - ThinkCentre M52 \(type 8213\) Lenovo Support & downloads - System service parts - ThinkCentre M52 \(type 8213\)](#) . CIO

Note: <888> 09/06/10 Monday 3:50 P.M. I ate a 10 ounce sautéed top round London Broil with Lea and Perrins Worcestershire sauce and Jack Daniels barbecue sauce and my usual steamed vegetable mixture with Smart Balance spread and olive oil and a glass of watered down punch a cup of green tea with Splenda sweetener and lemon juice. CIO

Note: <888> 09/06/10 Monday 2:05 P.M. I woke up at 8 A.M. this morning. I ate breakfast of oatmeal with honey and a sliced banana, a toasted English muffin with Smart Balance spread, a glass of 50% punch and 50% cold filtered water, and a cup of coffee with Splenda sweetener and milk. I made my bed, and I washed the breakfast dishes. I chatted with a relative. I showered, and I cleaned up. I threw out the garbage. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I saw a sign in a store window that there will be a soap box derby on Greenwich Avenue next weekend. There were a lot of dog walkers out. I stopped by CVS, and I toured the store. It is still confusing finding one's way around the new store layout. I chatted with a local from Martha's Vineyard. I lent him \$2 for a cup of coffee at Starbucks. I overheard some people from Arkansas waiting to go to the GINGERMAN restaurant. I guess they can afford steak. I finished my walk, and I sat out for a while. I then drove down by the waterfront at Grass Island. There were a few people around the waterfront. John the fisherman was not there. I then drove by the east bound platform at the Greenwich railroad station, and there were a few Greenwich Taxi cabs lined up waiting for visitors. I then went by the Shell station on East Putnam Avenue across from the Whole Foods grocery store. They have free air for tires there. I checked all of my tires for 36 PSI. I then went by the parking lot at the Greenwich Library which is closed today on Labor Day. I then went by the Stop and Shop, and I bought a six pack of day old Kaiser rolls for \$1.25, Stop and Shop deli sliced rare roast beef for \$9.59 a pound for \$4.93, Alpine Lace Swiss Deli sliced cheese for \$7.99 a pound for \$2.40 and fresh Chiquita bananas for .69 a pound for .87 for \$9.45 total. I then returned home. I chatted with neighbors.

I put away my groceries. I will make two roast beef and Swiss cheese sandwiches on Kaiser rolls with mayonnaise to take with me on Wednesday morning, when I drive up to Kennebunkport, Maine.

Kennebunkport, Maine, Scott's Internet Holist

Kennebunkport, Maine, Scott's Internet Holist

The way I figure it, taking good sandwiches with one on the road is cheaper than eating at [www.mcdonalds.com](http://www.mcdonalds.com) . CIO

Note: <888> 09/05/10 Sunday 9:55 P.M. BBC News - Tiny solar cells fix themselves

AFP: Emergency extended in NZ's quake-hit Christchurch

Magnitude 7.0 - SOUTH ISLAND OF NEW ZEALAND

BBC News - In pictures: New Zealand earthquake

BBC News - New Zealand assesses quake damage

BBC News - Researchers develop tea bag filter that cleans water

I will now shut down the primary Windows 7 computer, and I will go to bed soon.

Sunny tomorrow and 59 to 80 degrees Fahrenheit. CIO

Note: <888> 09/05/10 Sunday 8:55 P.M. I have the Logitech webcam software installed on both partitions on the Panasonic Toughbook CF-29 laptop computer along with the Logitech C210 webcam drivers. After I ate dinner, I chatted with a friend driving back from Virginia, but his wireless phone kept breaking up. I chatted with a relative. I am doing a Windows XP Professional ASR backup of the Panasonic Toughbook CF-29 Windows XP Professional partition to the Maxtor external hard drive.

I received email today from Jimmy Eldert's freshman roommate at American University in 1973 or 1974, and he was wondering what ever happened to Jimmy Eldert. I emailed him what little I know. His roommate transferred to Northwestern University after his freshman year. CIO

Note: <888> 09/05/10 Sunday 4:35 P.M. I went out after the last note. I threw out the garbage. I went downtown to CVS on Greenwich Avenue. I

picked up a prescription. I bought four 12 packs of Thomas' English muffins for \$1.99 a 12 pack for \$7.96 total. I then walked a block east on Lewis Street. The Restaurant Jean-Louis - Greenwich, CT is located in that block. A lunch entree is \$15.99. The Black Forest bakery is also located on that block as is WGCH the Greenwich Radio station and a number of other specialty shops. Computer SuperCenter of Greenwich at Lewis and Mason streets. I then drove down Greenwich Avenue and east through Bruce Park, and I noticed when I crossed the new Indian Field Road bridge going north over I-95, it is almost complete. I drove along the side access road by the Welcome to the Frontpage - The Greenwich Red Cross and down along the Mianus River road where there are new buildings and the Palmer Point Marina for Marine supplies. I noticed the old Fjord Fisheries Fjord Catering - Catering for any event, at any venue or location! shop is for rent. I then crossed the Mianus River on East Putnam Avenue, and I turned right at St. Catherine's, and I drove through the local Riverside neighborhood along the railroad tracks to Old Greenwich. I drove out to Tod's Point, and it was quite busy. I sat out at the southwest picnic area enjoying the view of Long Island Sound and New York City. There were a few windsurfers out there and quite a few walkers. I then drove over to the southeast beach area, and I used the restrooms at the concession area, and then I viewed the area briefly. It was quite busy at the beach, and it is perfectly maintained.

I then drove by Staples in Old Greenwich, and I bought a three pack of clamps binders for \$8.29 and a Logitech C210 Webcam | Staples® for \$9.99 and a \$1.10 tax for \$19.38 total. I said hello to a local fire chief. I then drove back to central downtown Greenwich, and I sat out for a while watching the Greenwich Avenue strollers. I then went by the Courtesy Mobil gasoline station at 623 West Putnam Avenue, and I bought \$11 of self service premium gasoline for \$3.279 a gallon for 3.355 gallons for 37.4 miles driving since this past Tuesday at odometer reading of 67070 miles for 11.1475 miles per gallon in mostly crowded local traffic conditions. I then returned home. I picked up the mail. I received, my new www.geico.com insurance cards for the new policy that starts in October 2010, when I will pay the first premium. I will now take the old Intel web cam off the Panasonic Toughbook CF-29 laptop computer, and I will connect the new Logitech C210 webcam to it.

I will then make and eat my usual salad with watered down punch and a cup of green tea with spenda and lemon juice. CIO

End of Scott's Notes week of 09/05/10:

Note: <888> 09/05/10 Sunday 11:20 A.M. I will now send out my weekly notes.

Sunny today and 52 to 75 degrees Fahrenheit.

I will then go out for a walk and errands. CIO

Note: <888> 09/05/10 Sunday 9:40 A.M. After the last note, I slept in the Ethan Allen recliner. I woke up a couple times, and I watched parts of movies on the Turner movie channel. Around noon, I ate my usual salad with watered down punch. I slept some more in the Ethan Allen recliner and watched parts of the Turner Movies after that. I chatted with two relatives and a friend. Around 6 P.M., I ate a 8 ounce sautéed London Broil with my usual steamed vegetable mixture and watered down punch a cup of green tea. I finally went to bed at 8:30 P.M. after watching more television. I woke up this morning at 8:00 A.M.. I ate breakfast of oatmeal with honey and a sliced banana, a toasted English muffin with Smart Balance spread, a glass of 50% punch and 50% cold filtered water, and a cup of coffee with Splenda sweetener and milk. I guess I was a bit tired to have slept so much yesterday. I have been sleeping more recently, since I think being inside by the air conditioning all of the time tends to make one tired. I will now wash the breakfast dishes, and I will make my bed. I will then shower and clean up. Yesterday, I also ate a two day old muffin. CIO

Note: <888> 09/04/10 Saturday 7:00 A.M. I will now shut down the primary Windows 7 computer, and I will rest some more in the Ethan Allen recliner. CIO

Note: <888> 09/04/10 Saturday 6:40 A.M. Pedestrian death just down the hill Official: Greenwich woman struck, killed by truck - GreenwichTime CIO

Note: <888> 09/04/10 Saturday 6:35 A.M. I woke up at 4 A.M.. I did two loads of laundry. I put clean linens on the bed. I ate breakfast of oatmeal with honey and a sliced banana, a toasted English muffin with Smart Balance spread, a glass of 50% punch and 50% cold filtered water, and a cup of coffee with Splenda sweetener and milk. I threw out the garbage and the old periodical literature. I watered the plants.

My August 2010 www.cl-p.com electricity bill was \$271.62 for 30 days and 1529 kWh and 50.97 kWh per day with an average temperature of 74.6 degrees Fahrenheit.

For August 2009, it was \$266.68 for 1419 kWh for 29 days and 48.93 kWh per day with an average temperature of 73 degrees Fahrenheit. CIO

Note: <888> 09/03/10 Friday 9:35 P.M. I chatted with a relative. I will now shut down the primary Windows 7 computer, and I will go to bed soon.

Sunny tomorrow and 55 to 75 degrees Fahrenheit.

A relative told a relative that the hurricane went further east, and Nantucket only got 35 mile per hour winds. CIO

Note: <888> 09/03/10 Friday 8:55 P.M. I ate my usual salad and refrigerated half with out dressing. I ate it with a glass of watered down punch. Not much seems to happen in the world, when one does not go outside too much. I suppose if one quit paying for Cable Television nothing really happens. It seems to me the Western Hemisphere is way out there in the middle of nowhere on the planet, and most of the rest of the people in the other part of the planet do not pay too much attention to us here. I suppose it has been so long since any of us have explored the Eastern Hemisphere, we really have no idea about what is going on over there. From a few film clips that I have seen, they seem to have gotten more modern, while not much has changed in the Western Hemisphere, except we have better communications.

I remember, when I first got a personal computer over 20 years ago, I lost my telephone service for over two years from New York Telephone because of so many long distance telephone calls to computer BBS bulletin boards to download shareware. I also could not afford to pay for Cable Television. I am not sure what I did for communications in computers in that period. I think I had to pay off a \$875 long distance telephone bill to New York Telephone. I recall using the pay phone downstairs in the lobby. However, they took that pay phone away because non residents were using it too much. Since I do not know anyone in Connecticut most of my telephone calls were long distance particularly to New York State. I recall it was \$2.85 from Connecticut to call Long Island for three minutes, and it was only 35 cents to call Long Island from Port Chester, New York pay telephones. I recall spending a lot time at the noisy outside payphones at the Cumberland Farms, but they removed them because they thought there was suspicious activities going on there. I then used the payphone in the lobby of the Port Chester, New York police station. Thus today with cheaper long distance and wireless telephones we have better communications. However, one sort of gets talked out. With the internet, one does not have to go downtown to buy the newspapers. With the internet, one can buy some items at wholesale prices without going to the faraway discount stores. It is particularly useful for computer parts. One can try to figure out what is going on in England, since nobody that I know can seem to afford to visit there, since it is 2,000 miles further north than Hudson's Bay, Canada. However, supposedly they get the Gulf Stream, so it is not too cold there in the winter compared to here. They never show any cinema on the television with much snow in England, so it might be even warmer than

here in the winter. I do know they seem to drink more alcohol over there, since in the overcrowded conditions, it helps them relax and reduce stress.

In America, it is never too over crowded once one gets out of the urban areas which sometimes also are not too crowded. The urban areas tend to have lots of older people whom do not go outside much in hostile weather, but the people that work there tend to be younger, so the older people are always trying to attract younger people to fill their low paid work force. CIO

Note: <888> 09/03/10 Friday 7:00 P.M. Road runner gets best of wily coyote - Greenwich Real Time - Greenwich Time CIO

Note: <888> 09/03/10 Friday 6:45 P.M. \$109.99 plus \$19 shipping refurbished IBM ThinkCentre M52 Pentium 4 3.2GHz 1GB 40GB DVD XP Professional Small Form Factor IBM M52

\$119.99 plus \$19 shipping refurbished IBM ThinkCentre M52 Pentium 4 3.2GHz 1GB 80GB DVD XP Professional Small Form Factor IBM ThinkCentre M52

BBC News - Panda twins delight Japanese zoo CIO

Note: <888> 09/03/10 Friday 5:20 P.M. I went out after the last note. I went by the Chase Bank on West Putnam Avenue just west of Greenwich Avenue. I do not think they should play radio music in their branch. I then went by the Wachovia Bank on Havemayer Place, and I paid my rent to the Greenwich Housing Authority. I then went by the Stop and Shop. I bought two six packs of Stop and Shop multigrain muffins for \$2 each, a 16 ounce package of Smart Balance Light spread for \$2.89, five 5 ounce cans of Chicken of the Sea solid white tuna for \$1 each, two 12 ounce generic honey for \$2.49 each, two 48 ounce Quaker Old Fashioned Oats for \$4.99 each, two 64 ounce Stop and Shop grape juice for \$3.49 each, two Stop and Shop 64 ounce cranraspberry juice for \$3 each, a 10 ounce bottle of Kikkoman soy sauce for \$2.29, and a 16 ounce package of Stop and Shop Maple bacon for \$3.99 and a five quart package of Stop and Shop powdered milk for \$5.99 for \$52.10 total. I then returned home, and I used my cart that I brought with me to bring up my purchases. I put away the groceries. They no longer seem to stock the 10 quart boxes of quart packages of Stop and Shop powdered milk for \$7.99, so prices are going up again. CIO

Note: <888> 09/03/10 Friday 3:05 P.M. I ate the same dinner as yesterday, but I only ate a 8 ounce sautéed top round London Broil. I threw out the garbage. I picked up the mail. My rent state came from the Greenwich Housing Authority. I will now go out and pay the rent. CIO

Note: <888> 09/03/10 Friday 1:25 P.M. I woke up at 3 A.M.. I ate breakfast of oatmeal with honey and a sliced banana, a toasted English muffin with Smart Balance spread, a glass of 50% punch and 50% cold filtered water, and a cup of coffee with Splenda sweetener and milk. I went back to bed until 10 A.M.. I made my bed, and I washed the breakfast dishes. I showered, and I cleaned up. I threw out the garbage. I chatted with neighbors. I made 180 Premier Lights 100 MM filter Peter Stokkebye Norwegian shag pipe tobacco cigarettes while watching [www.foxnews.com](http://www.foxnews.com). CIO

Note: <888> 09/02/10 Thursday 8:25 P.M. I visited Key West, Florida in the 1970s with a blue 1966 Chevrolet Biscayne from South Carolina and also a yellow 1971 Subaru station wagon from Nantucket. I also visited Key West with a green duffle bag and a U.S. Army [www.army.mil](http://www.army.mil) tropical poncho and also a custom made blue canvas back pack from Nantucket made out of canvas from Hood Sails and Heminway thread from Steamboat Road in Greenwich, Connecticut. I currently have a Norwegian flag on the Nantucket back pack, but it is too heavy to carry when fully loaded. I also threw out the leather bottom for it, since it became mildewed. Jimmy Eldert when he left Key West, Florida in the winter of 1978 hitchhiked to California with a blue canvas duffle bag. When I visited him in Santa Cruz, California a couple of years later, he was the disk jockey for the Mission Church radio station that was just north of Fort Ord, so one never knows who his listeners were. I lost touch with him, when I got on the internet 21 years ago, since I figured since he could never afford to telephone me, and he basically was not too concerned with events back east. From what I can tell, they are more technologically advanced in California, so perhaps he has friends whom keep him up to date on the more rustic happenings back east. Since the internet came along about 20 years ago, we do not have as much time for gardening and raking leaves, but the local visiting workers seem to make a living in those activities. Jimmy Eldert's claim to fame was his grandfather was Richard Nixon's next door neighbor in Key Biscayne, Florida, so possibly he might know some other California republicans. However, he never showed any interest in politics, and he was mostly interested in the food and dairy business, so possibly he got too fat to fit into an airline seat and come back east.

I think possibly the California lifestyle was more agreeable to him compared to the harsh cold winters in upstate New York.

I just chatted with a friend who volunteers for the Red Cross around the country. I am a bit tired, so I will now shut down the primary Windows 7 computer, and I will go to bed soon. Evening showers tomorrow and 65 to 78 degrees Fahrenheit. CIO

Note: <888> 09/02/10 Thursday 6:50 P.M. I ate a day old muffin.

I chatted with a relative.

Apparently Molson Coors Brewing Company is still managing to survive. I remember the last time I was in Fort Lauderdale during the hurricane during Halloween in 1983 before I moved back to Greenwich, Connecticut; I managed to evacuate a can of Coors beer from Fort Lauderdale, Florida to my father's house in Newport Richey, Florida with the help a Hertz Rent A Car replacement of a gold Mercury Cougar, when then original black Mercury Cougar's windshield wipers did not work in the hurricane driving down from Vero Beach to Fort Lauderdale. After the hurricane in Fort Lauderdale, there was a very tall group of white people on the beach, and at the Bahia Mar Yacht Club, there was an eight foot tall oil portrait of General Omar Bradley. Also the Navy Blue Angels flew by in formation. However, I lost my sunglasses in the heavy surf, so I could not see too well in the bright sun after the hurricane. As I recall when I lived in Nantucket and Long Island, there was also plenty of Molson's beer around, so possibly I have seen some Canadians before. When I visited Key West, Florida last in February 1982, I ran into Cardinal Cody from Chicago, Illinois, and he told me his sister owned 25% of Molson's brewery in Montreal, Canada.

My relative told me the Boston news say that the hurricane is now suppose to move further south of Nantucket, but Hurricane EARL 5-Day Forecast Cone for Storm Center still shows it giving Nantucket a direct hit. However, those Arabs in Nantucket are lucky, since the have a local resource for temporary shelter Nantucket Tents | Sperry, Clear Span Tents & Accessories | Nantucket, We've Got You Covered! . There is so much old money out in Nantucket, possibly it is no longer a part of the United States of America, since it was Tory during the American Revolution, and for all I know it is like Bermuda a tax free haven for the jet set. CIO

Note: <888> 09/02/10 Thursday 6:00 P.M. I made a few telephone calls.

Tracking number is "1Z595A210317181381" at [www.ups.com](http://www.ups.com) on the order for two each for six total in 44 to 46 inches of green plaid, blue plaid, and red plaid Claybrooke Flannel Underwear - Boxer Shorts (For Men) - Save 50% for \$4.16 each and five Rockport Cotton Socks - Mixed Vertical Rib (For Men) - Save 65% in Khaki for \$1.93 each and \$7.95 shipping and for \$42.56 total. You get the additional 30% off with coupon code "EB083110B"

GEICO | GEICO Catastrophe Center -

GEICO | Report a Claim -

Hiding Criminal Activity on the Internet: Analyzing Peer to Peer and Social Networks -- Federal Computer Week

Hurricane Earl - weather.com

Microsoft Releases New 'Fix-it' for DLL Vulnerability - Security from eWeek

Global Volcanism Program | Volcanic Activity Reports | SI / USGS Weekly Volcanic Activity Report |

\$8.99 with free shipping Buy.com - McAfee Internet Security 2010 3 User

BBC News - Hurricane Earl barrels towards US East Coast

BBC News - Burger King sold to buy-out firm for \$3.26bn (£2.1bn)

BBC News - NYC sky-scrapers dim lights to help migratory birds

BBC News - Chinese tree flowers after 23 years at Wakehurst Place

BBC News - Memristor revolution backed by HP CIO

Note: <888> 09/02/10 Thursday 2:30 P.M. I went outside, and I threw out some garbage. I chatted with neighbors and the Optimum service person visiting a neighbor's apartment. I picked up the mail. The rent statements from the Greenwich Housing Authority have not arrived yet. CIO

Note: <888> 09/02/10 Thursday 1:05 P.M. It says here New England braces for high winds, heavy rains | The Portland Press Herald / Maine Sunday Telegram that Nantucket is getting ready for 100 mile an hour winds. A Complete Nantucket Island Travel Guide - Nantucket Island, MA 02554 . Town and County of Nantucket - Nantucket Storm Resources . Nantucket.net - Live Cams . Nantucket has loose sandy soil. Although the moors do not have many trees, the downtown area has some big old trees, and in storms I have seen some of those big old trees fall over, since they are not firmly anchored in the loose sandy soil. Le Languedoc Bistro a Nantucket Restaurant and Inn. Serving French cuisine on Nantucket for over 30 Years where I use to work is downtown, so if one does not have a car, it is in close walking distance to the downtown area. It is across the street from the Jared Coffin house and down the street from the Steamboat Authority. The owners also have a guest house nearby on Hussey Street. They also have a pub called Sister Kates in Stowe, Vermont; so some of the Stowe, Vermont ski patrol work at the Le Languedoc in the summer. Also a member of the Coffin family use to do some carpentry work

there. However, unless you want to peel 100 pound bags of onions and work until 4 A.M. in the morning cleaning up the kitchen, I would not apply for a job there unless you are really into cooking and cleaning up after cooking. They even have a small back yard terrace. The owners are well known on the island, and Al de Kuna the Matre Di has a photographic memory for all of his long time guests and diners. Neal and Ed Grennon have connections with people in Concord, Massachusetts too, so they know what is happening on the mainland, when one is isolated on the island. Yes they have a simple air conditioning system in the guest rooms at the Inn, but steep narrow steps.

I ate a sautéed 12 ounce top round London Broil with Lea and Perrins Worcestershire sauce and Jack Daniels barbecue sauce and my usual steamed vegetable mixture with Smart Balance Spread and olive oil and water down punch and a cup of green tea with splenda sweetener and lemon juice. Ian Greenshield use to do some work for them too, and he also built barns in Stowe, Vermont and his family owned Greenshield Investments in Montreal, Canada, and he looked a bit like a Beefeater on Beefeater Gin bottles. CIO

Note: <888> 09/02/10 Thursday 11:20 A.M. After the last note, I slept until 3 A.M. this morning. I ate the last several day old muffin before going to bed. I did wake up and chat with a relative. I also watched a bit of television. I ate breakfast of oatmeal with honey and a sliced banana, a toasted English muffin with Smart Balance spread, a glass of 50% punch and 50% cold filtered water, and a cup of coffee with Splenda sweetener and milk. I made my bed, and I washed the breakfast dishes. I showered, and I cleaned up. I threw out the garbage. I picked up yesterday's mail. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. On the way downtown, I noticed the Audi dealership had moved all of their cars from their parking lot, so I guess they expect flooding from the nearby Horseneck Brook. The manager at Starbucks told me the new Starbucks would have wireless internet. After my walk, I sat out for a while. I drove down by the waterfront on Steamboat Road. I told the building security officer at 600 Steamboat Road, they should make sure they have no vehicles in their garage. During Hurricane Gloria when I lived on Steamboat Road that building's garage flooded as did the old Showboat Motel lobby and parking lot, and there was two feet of water at the Island Beach Parking lot, and the waves over the pier on Steamboat Road were coming up to the entrance of the Indian Harbor Yacht Club. I told the most frequent fisherman down there to expect flooding. I do not think he has been fishing down there much this summer, since he is not tanned, which he should be if he were fishing there all summer. I then went by CVS on Greenwich Avenue, but they do not stock MSM there anymore. I then went

by the Cos Cob CVS, and I toured their shopping plaza waiting for CVS there to open at 8 A.M.. The area around Radio Shack in Cos Cob also tends to flood. The Cos Cob fire department has an emergency boat. Also the area around the Old Greenwich Presbyterian Church tends to flood as does Bruce Park. The Byram River can also flood. I chatted with a Verizon truck driver. Starting today, Verizon is offering Fios in Greenwich, Connecticut Verizon FiOS now available in Greenwich - GreenwichTime . I noticed that the Radio Shack which opens at 9 A.M. in Cos Cob has some emergency and weather radios on sale on their clearance table in the front of the store. Fiord Fisheries which opens at 8 A.M. has some gourmet food items. Starbucks across the street in Cos Cob was busy. The Republican campaign headquarters is on the second floor of the CVS shopping center there. The Greenwich Land Trust also has offices there too. When CVS opened at 8 A.M., I told them they should worry about flooding in their basement. They do not have the Thomas' English muffins in stock there which are on sale for a dozen for \$1.99. I bought buy one get one free of CVS MSM 1000 MG 60 capsules for \$7.49 both bottles and a CVS Calcium Antacid Tablets extra strength tropical fruit flavor 250 count for \$7.89 for \$15.38 total. I then returned to downtown Greenwich Avenue. The Millbrook Brook which runs by the Greenwich High School can also flood. I have seen several feet of water running over East Putnam Avenue at that location before. I sat out at the Senior and the Arts center. I chatted with a few people. I used the bathroom at the Senior and the Arts center. They are planning a Clam Bake at Tod's Point tomorrow. I chatted with the Canadian Emergency telephone line on my wireless telephone at 1-613-996-8885 , and they claimed to be watching the situation closely. I went by Zen Stationary, and I played a number 28 Sparkling Diamonds scratch card for a dollar, and I won \$2 for a dollar profit. I was told by the Senior Center staff, they all like the Morrison Cafeteria food that is now being served there. They now have Southern Fried chicken on the menu. I told them a bit about cooking. I mentioned all of the famous restaurants in Nantucket either have the Joy of Cooking cook book or the Fannie Farmer cook book. I think I have both of them. As it started to get busy, I departed the downtown Greenwich Avenue area. I noticed four Motorola communications trucks working at the new Greenwich Police station. I went by the Greenwich Library, and I told the staff about my tropical weather internet pages.

Michael Louis Scott Tropical Weather

Michael Louis Scott Tropical Weather

I was told their internet service was not working this morning, and they were working on their servers.

I then went by the Stop and Shop, and I bought top round London Broil for \$1.99 a pound \$6.85, a package of four day old muffins for \$2, broccoli crowns for \$1.99 a pound for \$1.13 and a five pound bag of baby red potatoes for \$2.99 for \$12.97 total. I then returned home, and I put away my purchases. The last few walks downtown, I have also used the ATM machine at the Chase Bank next to Saks Fifth Avenue, and today I stopped by the Chase Bank just south of Greenwich Post Office, and I chatted with them about tropical weather. I also chatted with the fellow with the yellow mop bucket leaving the Apple Computer store. CIO

Note: <888> 09/01/10 Wednesday 9:35 A.M. I ate my usual salad with a glass of watered down punch. I will now shut down the primary Windows 7 computer, and I will take a nap. I will throw out the garbage first and mail the letter to a relative in the mail room downstairs. CIO

Note: <888> 09/01/10 Wednesday 8:35 A.M. I ordered two each for six total in 44 to 46 inches of green plaid, blue plaid, and red plaid Claybrooke Flannel Underwear - Boxer Shorts (For Men) - Save 50% for \$4.16 each and five Rockport Cotton Socks - Mixed Vertical Rib (For Men) - Save 65% in Khaki for \$1.93 each and \$7.95 shipping and for \$42.56 total. You get the additional 30% off with coupon code "EB083110B" CIO

My weight is down from 225 pounds to 216 pounds. CIO

Note: <888> 09/01/10 Wednesday 7:20 A.M. Sunny and 69 to 92 degrees Fahrenheit today.

They're here: Bedbugs not just NYC problem - GreenwichTime

I usually wash my bed's mattress pad every six months, and I spray the mattress on both side and the box spring with Lysol disinfectant spray. I do not know if it works, but I have no signs of bed bugs in my apartment.

N.Y. to Try Again to Tax Indians' Cigarette Sales - NYTimes.com

VMSG 2011: Index

Savvy Chic Consignment Boutique - New York

QUT | Research higher degrees

BBC News - Hurricane Earl churns towards US east coast

BBC News - Animals point to ancient seaway in Antarctica

BBC News - Mammoth-killing space blast 'off the hook' CIO

Note: <888> 09/01/10 Wednesday 5:55 A.M. I returned the Windows 7 book to the Greenwich Library yesterday.

I printed out two copies of my Microsoft Money 2007 Income versus Spending report for August 2010. I will mail one copy to an interested relative.

I paid my [www.cablevision.com](http://www.cablevision.com) Digital Cable Television, Optimum Online Boost, and Optimum Voice Long Distance bills, my [www.cl-p.com](http://www.cl-p.com) electricity bill, and my [www.verizon.com](http://www.verizon.com) telephone bill. CIO

Note: <888> 09/01/10 Wednesday 5:05 A.M. I woke up a few times while sleeping after the last note. I chatted with a friend and a relative twice. I watched parts of two Clint Eastwood movies on the Turner Movie Channel. I finally woke up at 2 A.M. today. I ate breakfast of oatmeal with honey and a sliced banana, a toasted English muffin with Smart Balance spread, a glass of 50% punch and 50% cold filtered water, and a cup of coffee with Splenda sweetener and milk. I made my bed, and I washed the breakfast dishes.

I printed out the last four months of Scott's Notes. They are 249 pages long. I bound them in two clamp binders, and I laid them on top of the primary Dell Latitude D410 laptop computer on the oak dining table.

I posted them at:

Scott's Notes from June 1997 through August 2005, 4.81 Mbytes  
<http://mikelouisscott.com/mlsnote1.zip> contains "mlsnote1.doc" pages 1 - 1582 January 1997 to December 2001 and "mlsnote2.doc" January 2002 through December 2003 pages 1583 - 2855" and "mlsnote3.doc" January 2004 through December 2004 pages 2856 - 3605" and "mlsnote4.doc" January 2005 though April 2005 pages 3711 -4259"

Scott's Notes from September 2005 through December 2009, 5.49 Mbytes  
<http://mikelouisscott.com/mlsnote2.zip> contains "mlsnote5.doc" and "mlsnote6.doc" and "mlsnote7.doc" and "mlsnote8.doc" and "mlsnote9.doc" and "mlsnote10.doc" and "mlsnote11.doc" and "mlsnote12.doc" and "mlsnote13.doc" and "mlsnote14.doc" and "mlsnote15.doc" and "mlsnote16.doc" and "mlsnote17.doc" pages 4335 - 7652

Scott's Notes from January 2010 through August 2010, .9 Mbytes  
<http://mikelouisscott.com/mlsnote3.zip> contains "mlsnote18.doc" pages

7653 -7892 January 2010 to April 2010, "mlsnote19.doc" pages 7893 - 8142  
May 2010 to August 2010

and

Scott's Notes from June 1997 through August 2005, 4.81 Mbytes  
<http://mikelouisscottcom.cv.siteprotect.net/mlsnote1.zip> contains  
"mlsnote1.doc" pages 1 - 1582 January 1997 to December 2001 and  
"mlsnote2.doc" January 2002 through December 2003 pages 1583 - 2855"  
and "mlsnote3.doc" January 2004 through December 2004 pages 2856 -  
3605" and "mlsnote4.doc" January 2005 though April 2005 pages 3711 -  
4259"

Scott's Notes from September 2005 through December 2009, 5.49 Mbytes  
<http://mikelouisscottcom.cv.siteprotect.net/mlsnote2.zip> contains  
"mlsnote5.doc" and "mlsnote6.doc" and "mlsnote7.doc" and "mlsnote8.doc"  
and "mlsnote9.doc" and "mlsnote10.doc" and "mlsnote11.doc" and  
"mlsnote12.doc" and "mlsnote13.doc" and "mlsnote14.doc" and  
"mlsnote15.doc" and "mlsnote16.doc" and "mlsnote17.doc" pages 4335 -  
7652

Scott's Notes from January 2010 through April 2010, .4 Mbytes  
<http://mikelouisscottcom.cv.siteprotect.net/mlsnote3.zip> contains  
"mlsnote18.doc" pages 7653 -7892 January 2010 to April 2010,  
"mlsnote19.doc" pages 7893 -8142 May 2010 to August 2010

and in \*.pdf format at:

May 2010 through August 2010, pages 7893 - 8142

<http://mikelouisscott.com/mlsnote19.pdf>

and

May 2010 through August 2010, pages 7893 - 8142

<http://mikelouisscottcom.cv.siteprotect.net/mlsnote19.pdf>

CIO

Note: <888> 10/31/10 Sunday 11:00 P.M. I ordered two Croft and Barrow Flex-On Flat-Front Shorts - Big and Tall in size 46 in drawstring for \$3.40 each and two Chaps Flat-Front Basic Twill Shorts - Big and Tall in classic navy in 46 size for \$4.75 each less 15% with promo code "SPENDSAVE15" for \$2.45 discount and \$5.95 shipping for \$19.80 total. CIO

Note: <888> 10/31/10 Sunday 10:15 P.M. I ate a 21 ounce Stouffer's frozen tomato meat lasagna with grated parmesan and Romano cheese and a glass of watered down punch. I will drink a cup of green tea with splenda and lemon juice in a little while. CIO

Note: <888> 10/31/10 Sunday 9:10 P.M. I was born in Alton, Illinois, but I am not as tall as this Alton, Illinois resident World - The tallest man living on earth ever Robert Pershing Wadlow. CIO

Note: <888> 10/31/10 Sunday 8:55 P.M. I watched the CBS News Magazine program 60 Minutes with a story about how the Bill Gates family wants to have a State tax in Washington State and a story about a race horse. I chatted with a relative. I moved my Audi to its usual place.

Faster refurbished IBM ThinkCentre, but more money IBM M52 8215 3.0 1gb ram 80gb Hd DVD XPro SFF DDR2 - eBay (item 310239475152 end time Nov-04-10 10:57:11 PDT) . CIO

Note: <888> 10/31/10 Sunday 7:10 P.M. I woke up at 8 A.M. this morning. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I went back to bed until noon. I washed the breakfast dishes. I made my bed. I ate a day old muffin. I showered, and I cleaned up. I threw out the garbage. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. As I was standing on the corner of Arch Street and Greenwich Avenue on the northwest side, a white SUV with Florida license plates did not stop at the stop sign, which is why I always wait until the vehicles come to a full stop. Last night at the same location, a blue Cadillac almost ran me down crossing the cross walk at that location, which is why I am trying to wear white or light colored jackets at night. Frequently drivers do not see pedestrians on Greenwich Avenue, so one has to be very cautious. I stopped by CVS, and I browsed the store. I chatted with a friend on my wireless telephone. On the way back down Greenwich Avenue, I stopped by CVS again, and I used the bathroom. I bought another 12 pack of Thomas' English muffins for \$1.99. I then sat out for a while downtown. I felt lucky, so I went by Zen stationary, and I bought an Aces High scratch card for a dollar, and I won

\$25. I then went across the street, and I put the money in the Chase Bank ATM machine, so I would not be mugged with all of my money. I then toured the Apple computer store. I then walked lower Greenwich Avenue and the train station area. I then sat out for a while. I then went by the Greenwich Library, and I chatted with two reference librarians. I then chatted with two local walkers outside. I then chatted with the library security person. I then returned home. CIO

End of Scott's Notes week of 10/31/10:

Note: <888> 10/31/10 Sunday 12:15 A.M. GOP Donate Huckabee , I just donated them \$5.00.

Windows 7 Key | Office 2010 Key | Windows Server Key - LicenseKeyCity

OEM Soft Store - Easy and Fast Download

I ordered four Country Life RNA / DNA (100 mg / 10 mg) -- 100 mg - 100 Tablets - Vitacost for \$6.50 each less 10% today of \$2.60 only with source code "EMOCT" and \$4.99 shipping for \$28.39 total.

I will now send out my weekly notes.

I will then shut down the primary Windows 7 computer.

Mostly sunny and 52 to 33 degrees Fahrenheit. CIO

Note: <888> 10/30/10 Saturday 10:30 P.M. On Monday November 1, 2010, the Queen Mary II will be back in Manhattan QM2 - Itinerary - 2010 with more Limeys. They called the British "Limeys", since they were always getting scurvy while at sea, until they learned to use lime juice to ward off scurvy.

I chatted with a relative and a friend.

I ate a 8 ounce sautéed cheeseburger on a Kaiser roll with Dijon mustard and ketchup along with my usual steamed vegetable mixture of potato cubes, broccoli crowns, and baby carrots with Smart Balance spread and olive oil and watered down punch and a cup of green tea with splenda and lemon juice. CIO

Note: <888> 10/30/10 Saturday 8:10 P.M. I went out after the last note. I drove all the way over to Staples in Port Chester, New York. The Staples web site said they had one of these in stock Logitech Webcam C600 |

Staples® which was not on display, but they had one in the back room, and I bought it for \$29.99 and \$2.21 tax for \$32.20 total. I will use it as a backup web cam, in case any on mine fail. I then returned to Greenwich, and I went to the ATM machine at the Chase Bank just west of Greenwich Avenue on West Putnam Avenue. I then went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I used the bathroom at Starbucks midway through my walk and at the end of my walk. I stopped by CVS, and I bought four 12 packs of Thomas' English muffins for \$1.99 a 12 pack for \$7.96 total. I straightened up the Linda McMahon sign Pledge Your Vote » Linda McMahon for Senate that had fallen over at the top of Greenwich Avenue. I finished my walk. I then went by the Stop and Shop, and I bought a box of four day old muffins for \$2 and a 59 ounce bottle of Simply Orange orange juice with calcium for \$3.99 less a dollar off Stop and Shop Simply orange coupon for \$4.99 total. I then went by the Courtesy Mobil gasoline station at 623 West Putnam Avenue, and I bought \$11 of self service premium for \$3.299 a gallon for 3.335 gallons for 35.4 miles driving since a week ago Friday at odometer reading of 67969 miles for 10.615 miles per gallon in mostly local driving in traffic. I cleaned the outside windows and the headlights. I then returned home, and I put away my purchases. I put the Logitech C600 web cam on the shelf beneath the stereo system. CIO

Note: <888> 10/30/10 Saturday 4:05 P.M. I put away the laundry. I will now shut down the primary Windows 7 computer, and I will go out for a walk. CIO

Note: <888> 10/30/10 Saturday 2:50 P.M. I have 35 minutes to go on the dry cycle. I picked up my mail. CIO

Note: <888> 10/30/10 Saturday 2:10 P.M. I went back to bed until noon. I put clean linens on the bed. For lunch I ate two hotdogs on buns with Dijon mustard and ketchup and 1/4th a 5.3 ounce tube of Pringles salt and vinegar potato chips and a dill pickle slice and a glass of watered down punch. I showered, and I cleaned up. I started two loads of laundry, and I have 20 minutes to go on the wash cycle. I threw out the garbage. CIO

Note: <888> 10/30/10 Saturday 10:15 A.M. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I washed the breakfast dishes. CIO

Note: <888> 10/30/10 Saturday 9:05 A.M. I was awake at 7:30 A.M.. I paid my www.cablevision.com Digital Cable Television, Optimum Online

Boost, and Optimum Voice Long Distance bills, my [www.cl-p.com](http://www.cl-p.com) electricity bill, and my [www.verizon.com](http://www.verizon.com) telephone bill. I also charged up my AT&T Go Phone with another \$26.50 in time. Thus I have \$93.51 on it good until January 28, 2011. CIO

Note: <888> 10/29/10 Friday 10:30 P.M. NASA - Shuttle and Station

I will now shut down the primary Windows 7 computer, and I will go to bed soon.

Partly cloudy tomorrow and 44 to 57 degrees Fahrenheit. CIO

Note: <888> 10/29/10 Friday 9:50 P.M. I ate three scrambled eggs and four strips of fried thick bacon and a toasted English muffin with Smart Balance spread and a glass of watered down punch and a cup of green tea with splenda sweetener and lemon juice. I threw out the garbage. I tested the Audi key with the new batteries inserted properly. First it did not work, but once I opened the driver's door with the key and then turned on the car with the key, the remote key worked properly for keyless entry. I chatted with a relative. I watch Tom Ridge on Larry King talking about Homeland Security.

DHS | Homeland Security Advisory System . CIO

Note: <888> 10/29/10 Friday 7:40 P.M. I made 162 Premier Lights 100 MM filter Peter Stokkebye Norwegian shag pipe tobacco cigarettes while watching [www.foxnews.com](http://www.foxnews.com) . I threw out the garbage and the old periodical literature. I watered the plants. I chatted with neighbors. I picked up the mail. I chatted with an associate that I had not heard from in a while. CIO

Note: <888> 10/29/10 Friday 3:50 P.M. I ate the rest of the linguine and tomato meat sauce with grated parmesan and Romano cheese with a glass of watered down punch. I chatted with a relative. I took a nap until just now. CIO

Note: <888> 10/29/10 Friday 11:10 A.M. I woke up during the night, and I ate an untoasted English muffin. I moved the IBM Netvista computer from the window shelf lazy Susan to on top of the Panasonic air conditioner, so it is easier to access. I put the pedestal fan on the window shelf lazy Susan. I finally woke up at 6 A.M. this morning. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I washed the breakfast dishes. I

made my bed. I showered, and I cleaned up. I threw out the garbage. I went to the Greenwich Hospital Outpatient Clinic, and I got my Flu shot for the upcoming winter season. It was not very busy. I then went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I used the bathroom at the senior and the arts center before and after my walk. I stopped by CVS, and I toured the store. After my walk, I sat out for a while watching the regular morning pedestrian traffic. There was a group of people looking at the Greenwich Post Office downtown which is for sale. I then returned home. I put out the two DeLonghi oil filled radiators in the living room. One I put by the primary computer chair next to the oak dining table. I put the other one by the hallway entrance chair in front of the mahogany bureau. Thus they are available for additional heat in the winter. I had to reverse the two new batteries in the Audi key, since I put them in backwards.

!!!! [Windows 7 IBM ThinkCentre desktop computers IBM P4 items - Get great deals on PC Desktops, Windows 7 Home Premium items on eBay.com!](#), select Windows 7 option on left side of page. CIO

Note: <888> 10/28/10 Thursday 9:40 P.M. More IBM ThinkCentres [IBM P4 items - Get great deals on PC Desktops on eBay.com!](#)

I will now shut down the primary Windows 7 computer, and I will go to bed soon.

Partly cloudy tomorrow and 38 to 55 degrees Fahrenheit. CIO

Note: <888> 10/28/10 Thursday 8:10 P.M. If you look at [REAGANFOUNDATION.ORG | CONTACT US](#), one can call up 1-805-522-2977, and they still have people that are Republicans that speak English there. CIO

Note: <888> 10/28/10 Thursday 6:40 P.M. I went downtown after the last message. I sat out briefly. I ran into another local walker. I drove with the other walker in the walker's car over to the Citgo station in Cos Cob, where the other walker got gasoline. While driving through the Millbrook section of Greenwich just south of the Greenwich High School and south of East Putnam Avenue, I noticed on Mallard drive, someone has an older grey 4 door Buick Century sedan with a big "For Sale" sign in the window in their driveway. That particular model Buick is very popular with retired people. The other walker dropped me off at my 3 P.M. appointment, so I did not have to pay to park. After my appointment, I sat out briefly downtown. I then drove back home. I chatted with neighbors. I picked up the mail.

The order for [Logitech Premium USB350 Headset 4 PC & MAC 980374-0403 - eBay \(item 120575153749 end time Oct-23-10 13:30:23 PDT\)](#) for \$16.99 with free shipping arrived. I put it on the primary Windows 7 computer, and I set it up. It works just fine. I stored the Radio Shack USB headset that was on the primary Windows 7 computer on the shelf beneath the stereo system in the living room with the other spare headsets.

I put a new 395 disk battery in my Swiss Army watch. One opens up the back of a Swiss Army watch with the short blade on a Swiss Army knife. I then used a small nylon hammer to shut the back of the Swiss Army watch. I also put two new CR1620 batteries in my Audi key for the remote keyless entry. Since I never use the spare key, I did not stick new ones in the spare key. I have a lot of spare disk batteries for it along the computer motherboard batteries that I stocked up on a couple of years ago.

I will now eat a 18 ounce can of Progresso beef pot roast soup with a Kaiser roll with Smart Balance spread and a glass of watered down punch and a cup of green tea with splenda and lemon juice. CIO

Note: <888> 10/28/10 Thursday 1:35 P.M. For lunch I ate two hotdogs on buns with Dijon mustard and ketchup and 1/4th a 5.3 ounce tube of CVS Pringles style sour cream and onion potato chips and a dill pickle slice and a glass of watered down punch. I will now shut down the primary Windows 7 computer, and I will go downtown. I have a 3 P.M. appointment. CIO

Note: <888> 10/28/10 Thursday 12:50 P.M. Town of Greenwich, Connecticut Parking Violations hearings [Greenwich Town Departments - Parking Services](#) . CIO

Note: <888> 10/28/10 Thursday 12:45 P.M. [Global Volcanism Program | Volcanic Activity Reports | Smithsonian / USGS Weekly Volcanic Activity Report |](#)

[BBC News - Indonesia's Mount Merapi erupts again as victims buried](#)

[BBC News - Neutron star packs two Suns' mass in London-sized space](#)

[BBC News - Home computers discover rare star](#)

[BBC News - China aims to become supercomputer superpower](#) CIO

Note: <888> 10/28/10 Thursday 12:20 P.M. I threw out the garbage. CIO

Note: <888> 10/28/10 Thursday 11:45 A.M. I woke up at 8 A.M. this morning. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up. I threw out the garbage. I chatted with neighbors. The laundry room is closed today for maintenance. I will now make up a fresh batch of punch. CIO

Note: <888> 10/27/10 Wednesday 9:15 P.M. I chatted with two relatives. I will now shut down the primary Windows 7 computer, and I will go to bed soon. I have a 3 P.M. appointment tomorrow.

Partly cloudy and 44 to 70 degrees Fahrenheit tomorrow. CIO

Note: <888> 10/27/10 Wednesday 8:15 P.M. Church music Greenwich Gossip . CIO

Note: <888> 10/27/10 Wednesday 8:05 P.M. I made and ate spaghetti tomato meat sauce with linguine and grated Parmesan and Romano cheese and a glass of watered down punch. I refrigerated half to eat tomorrow. CIO

Note: <888> 10/27/10 Wednesday 4:25 P.M. BBC News - Assassin bug lures spiders by mimicking prey CIO

Note: <888> 10/27/10 Wednesday 3:25 P.M. I woke up at 6 A.M.. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I went back to bed until 11 A.M.. I washed the breakfast dishes. I made my bed. I have an appointment on Friday morning to get my flu shot at the Greenwich Hospital outpatient clinic. I chatted with a relative. I watch a movie on TMC. I ate a 18 ounce can of Progresso mushroom soup with a Kaiser roll with Smart Balance spread and watered down punch. I showered, and I cleaned up. I threw out the garbage. I chatted with a neighbor and the building custodian. I picked up the mail. It is suppose to start to get cooler starting on Thursday.

The George W. Bush Center groundbreaking on the internet on November 16, 2010 at 10:30 A.M. CST George W. Bush Presidential Center - Groundbreaking .

Prince Charles' pal killed in copter crash - mirror.co.uk

Prince Charles' birthday is November 14, 1948 Charles, Prince of Wales - Wikipedia, the free encyclopedia , so he is slightly older than me, and a bit more conservative. CIO

Note: <888> 10/26/10 Tuesday 10:20 P.M. Thunderstorms tomorrow and 53 to 68 degrees Fahrenheit.

I will now shut down the primary Windows 7 computer, and I will go to bed soon. CIO

Note: <888> 10/26/10 Tuesday 10:10 P.M. Greenwich Gossip

<http://www.mercedesbenzgreenwich.com/> still says I am using Internet Explorer 6, when I am using Internet Explorer 8 that comes with Windows 7 Ultimate. I guess they do not read their email. I was told by a neighbor that they moved their showroom to the old Infiniti showroom just east of them, and they are going to spend a year remodeling their primary showroom with a second story to be added on to the building.

I think the restaurant just north of J.G. Melon was called Fry's not to be mistaken with New York Fries - Wikipedia, the free encyclopedia CIO

Note: <888> 10/26/10 Tuesday 9:35 P.M. I ate three scrambled eggs and four strips of fried maple bacon and a toasted English muffin with Smart Balance spread and a glass of watered down punch and a cup of green tea with splenda sweetener and lemon juice.

If anyone ever has legal problems in Manhattan, there is a pub at around Third Avenue and 55th Street on the northeast corner just north of the Franklin Delano Roosevelt post office federal building called P. J. Clarke's . I use to eat their occasionally when I could afford one of their blue cheese bacon cheeseburgers with lettuce and tomato and home fries and a Welcome to Heineken beer from the bottle in a glass. It was rather expensive, and as I recall in the mid 1970s, it would cost about \$7.50, and I usually gave about a \$2.50 tip. They also have a bar where one can eat at instead of a table. Their hamburgers tasted like steak. I once ate there with a family from Greenwich, Connecticut that owned Bell Helicopter , so possibly they might have known some helicopter pilots. While eating there, I noticed quite a few of their patrons seemed to be in the legal profession. Needless to say, it was so expensive, there I found a few other places further uptown that had cheaper hamburgers like JG Melon - Upper East Side - New York Magazine Restaurant Guide and a similar restaurant just to the north of it one block. The newcomer in the area just south of it was Churchill's which does not seem to be listed anymore. As the City

became more prosperous with all of the Rockefeller republicans in office, [McDonalds.com](#) was able to establish a foot hold in New York City. Having covered the meat packing district when it used to be down in the Chelsea area of Manhattan, I knew a few places that sold a very good hamburger for around \$2, but it was not necessarily an Upper East Side preppy crowd.

For late night and early morning diners, there was always the [Brasserie - Midtown East - New York Magazine Restaurant Guide](#) in midtown and downtown, there was the [The Empire Diner](#) and [Chelsea's Empire Diner Set To Close Next Month - Gothamist](#) . Of course there use to be plenty of all night coffee shops in Manhattan and small restaurants that served very good meals too. CIO

Note: <888> 10/26/10 Tuesday 6:40 P.M. [Microsoft's Windows 8 Could Be Company's Riskiest Bet - Windows from eWeek](#)

[Warren Buffett Hires Todd Combs to Invest for Berkshire - NYTimes.com](#)

[Cheap Laptops for Tight Budgets | PCMag.com](#)

[Ubuntu 10.10 \("Maverick Meerkat"\) Netbook Edition Review & Rating | PCMag.com](#)

[BBC News - Deaths as thousands flee Indonesia volcano Merapi](#)

[BBC News - Ray Ozzie tells Microsoft to 'go beyond the PC'](#) CIO

Note: <888> 10/26/10 Tuesday 6:05 P.M. The order with tracking of [UPS: Tracking Information](#) on the order in Tall XXL in Field Khaki [Men's Chukar Jacket: Outdoor Apparel at L.L.Bean](#) for \$54.99 less \$10 promotional savings with coupon code "OCTOBER10" good through today and free shipping for \$44.99 total arrived. It fits me just perfectly. I had to pick it up in the mail room, so I went out briefly.

I chatted with a friend.

I was told by a neighbor, the reservoirs in Greenwich, Connecticut are really low, so we really need rain in this area.

[Tornadoes, high winds rip through Midwest, South - CNN.com](#) . The weather west of us tends to come our way.

Keep an eye out here [National Weather Service Watch Warning Advisory Summary](#) CIO

Note: <888> 10/26/10 Tuesday 5:00 P.M. I ordered two Regular Fit Straight Leg Jean - B&T | Lee.com in waste 46 inches and 30 inches long in pepperstone heavyweight denim for \$19 each half price and \$5.95 shipping for \$43.95 total. CIO

Note: <888> 10/26/10 Tuesday 4:15 P.M. I ran the Comodo System Cleaner, and it cleaned up 650 registry entries and 6000 files. CIO

Note: <888> 10/26/10 Tuesday 3:45 P.M. Comodo System Cleaner Review & Rating | PCMag.com

Free System Cleaner Software Download From Comodo CIO

Note: <888> 10/26/10 Tuesday 3:25 P.M. I ate a Stouffer's 21 ounce meat and tomato frozen lasagna with grated parmesan and Romano cheese on it with a glass of watered down punch. I threw out the garbage. I chatted with neighbors. CIO

Note: <888> 10/26/10 Tuesday 2:10 P.M. BBC News - Indonesia tsunami deaths increase after Sumatra quake

Thousands flee, some hurt as Mount Merapi erupts on Java

Global Volcanism Program | Merapi | Summary

In Dutch Language Pusat Vulkanologi & Mitigasi Bencana Geologi, Badan Geologi

They finished spackling the patches underneath the center living room windows and the caulking around that window and the bedroom window, and they also install a strip on the left side of the bedroom window. I put the various items back in their place. I chatted with a neighbor. CIO

Note: <888> 10/26/10 Tuesday 12:30 P.M. Best Deal on a Home Desktop computer \$64.99 and \$30 shipping IBM Netvista P4 2.4GHZ 512MB 40GB HDD CD XP Pro (IBM COM10093) : surpluscomputers.com

Same item and Vendor and \$59.99 and \$24.95 shipping here IBM Netvista P4 2.4GHz 512MB 40GB CD XP Pro |COM10093 - eBay (item 180577690671 end time Nov-01-10 07:16:11 PDT)

I woke up at 6 A.M. this morning. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee

with splenda sweetener and milk. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up. I chatted with a neighbor who wrecked his new Toyota Prius. Somebody else ran into him. I threw out the garbage. I went downtown, and I walked the whole length of Greenwich Avenue and the train station area. I chatted with a local Norwegian about shipping. I chatted with a local walker. I stopped by CVS, and I bought two 18 ounce cans of Progresso beef pot roast soup for .99 each and two 18 ounce cans of Progresso chicken and rice soup for .99 each for \$3.96 total. I finished my walk. I chatted with somebody from Martha's Vineyard about the scallop business out on Nantucket. I used the bathroom at the senior and the arts center. I then went by the Greenwich Library, and I chatted with one of the reference librarians about the IBM computer deal above. I then returned home. I chatted with neighbors. I put away the soup.

The building custodian just came to my apartment, and he is going to have two of the windows installers do caulking around the center living room window and the right side of the bedroom window, which they will do shortly. I moved the items off the window shelf in those areas. CIO

Note: <888> 10/25/10 Monday 7:35 P.M. Tracking is UPS: Tracking Information on the order in Tall XXL in Field Khaki Men's Chukar Jacket: Outdoor Apparel at L.L.Bean for \$54.99 less \$10 promotional savings with coupon code "OCTOBER10" good through today and free shipping for \$44.99 total.

I watched some television.

I chatted with a relative and a friend.

I ate the last Danish pastry.

Cloudy tomorrow and 61 to 70 degrees Fahrenheit.

I will eat a untoasted English muffin before going to bed.

I will now shut down the primary Windows 7 computer. CIO

Note: <888> 10/25/10 Monday 3:45 P.M. I went outside, and I chatted with neighbors. CIO

Note: <888> 10/25/10 Monday 1:45 P.M. I ate the same sautéed London Broil dinner that I have been eating recently.

I guess the new group of British prisoners have arrived in Manhattan by now QM2 - Itinerary - 2010 . I guess none of them have any communications devices to call me up, so I can give them free advise on surviving in America. When I used to live in Manhattan, I used to see plenty of them pub crawling in Manhattan, so possibly they no longer drink liquor anymore and have become more invisible. Maybe they are all living off of cups of tea at 4 P.M. in the afternoon for tea time. Possibly they can not afford transportation to come way out here in the suburbs of Greenwich, Connecticut which is the incredibly long distance of about 20 to 25 miles from midtown Manhattan. I guess they are not interested in the more rural aspects of America compared to the Big City indulgences. CIO

Note: <888> 10/25/10 Monday 12:10 P.M. The building custodian paid me a visit. He had me pull up the living room window shades to make sure the window weather stripping were properly installed which they were including the bedroom window. CIO

Note: <888> 10/25/10 Monday 11:20 A.M. I woke up, and I ate a untoasted English muffin. I finally woke up at 6 A.M. this morning. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I washed the breakfast dishes. I made my bed. I ate a Danish pastry. I showered, and I cleaned up. I threw out the garbage. I chatted with a neighbor. I made 137 Premier Lights 100 MM filter Peter Stokkebye Norwegian shag pipe tobacco cigarettes while watching on TMC a Katherine Hepburn movie filmed in Venice, Italy and the beginning of an Ingrid Bergman movie, both of which I had seen before. CIO

Note: <888> 10/24/10 Sunday 6:35 P.M. I watched the end of a movie "The Good German".

I chatted with a relative.

Cloudy tomorrow and 59 to 69 degrees Fahrenheit. I guess we are having "Indian Summer".

I will now shut down the primary Windows 7 computer, and I will go to bed soon.

I will eat a almond Danish pastry before going to bed. CIO

End of Scott's Notes week of 10/24/10:

Note: <888> 10/24/10 Sunday 3:35 P.M. I will now send out my weekly notes. CIO

Note: <888> 10/24/10 Sunday 3:25 P.M. I ate a 18 ounce can of Progresso Minestrone soup and a Kaiser roll with Smart Balance spread and a glass of watered down punch.

I put the vice grips back in the tool box in the Audi trunk. CIO

Note: <888> 10/24/10 Sunday 2:35 P.M. I went out, and I threw out the garbage. I went by CVS. I bought the last four 18 ounce cans of Progresso New England clam chowder for .99 each for \$3.96 total. I then bought an orange and a lemon Ajax 16 ounce liquid dishwashing detergent for .87 each and .10 tax for \$1.84 total. I then went further downtown. I walked the entire length of Greenwich Avenue and the train station area. I chatted with a local from Martha's Vineyard about the liquor business in New York and elsewhere. I stopped by the Greenwich Hardware store, and I bought a Master Plumber Toilet Flush lever with chrome metal handle for \$3.99 less a 40 cent discount and .22 tax for \$3.81 total. I stopped by CVS again. I bought two more 16 ounce lemon Ajax liquid dishwashing detergent for .87 each and .10 tax for \$1.84 total. While driving into town, I noticed the sign for J.P. Morgan at 100 West Putnam Avenue does not say J.P. Morgan on the west side of the sign but just 100 West Putnam Avenue. I think maybe Chase [www.chase.com](http://www.chase.com) should buy the Greenwich Post Office building, since it looks more like a bank than some of their other buildings. The only thing when people park across the street from that location at the Board of Education south parking lot, it is very dangerous crossing from the parking lot to the Post Office building, because drivers on Arch street do not seem to yield for pedestrians. After I finished my walk, I sat out for a while. I then went by the Stop and Shop, and I bought a box of three day old almond Danish pastries for \$1.75 and a dozen Eggland eggs for \$3.29 expire November 27, 2010, and fresh Chiquita bananas for .69 a pound for \$2.29 for \$7.33 total. I then returned home. I got the vice grips out of the tool box in the trunk of the Audi, so I could install the toilet handle. I put away my purchases, and I installed the toilet handle which is simple enough with the vice grips, and I also put in a new blue 9 ounce Walgreen's Automatic toilet bowl fresh jar. The toilet seems to work just fine. However, whenever I flush, I watch it go through it whole fill up cycle, since I once had it over flow out of the toilet handle hole, when the mechanism malfunctioned, and it flooded the floor in my apartment, which was a major hassle. It also flooded the neighbor's next door apartment and the apartment downstairs. Thus I now watch it go through it whole cycle, until it stops. CIO

Note: <888> 10/24/10 Sunday 9:35 A.M. I ate three scrambled eggs and five strips of fried thick bacon and a toasted English muffin with Smart Balance spread and a glass of watered down punch.

I chatted with a friend.

I will now shut down the primary Windows 7 computer.

I will wash the second breakfast dishes. I will then shower and clean up. I will then go out for a Sunday morning walk. CIO

What I think is the most significant invention in America recently 24' Presidential Restroom Trailer brought to you by A Royal Flush, Inc. - Portable toilets, Restroom Trailers, Portable Sinks, Trash Boxes, Grease Trap pumping, and more by a Bridgeport, Connecticut company. Possibly President Obama on his trip to Bridgeport, Connecticut this Saturday will get to try one out. He could park a few of them around the White House for the many tourists whom might need restroom relief. They definitely could use them in Manhattan. CIO

Note: <888> 10/24/10 Sunday 8:10 A.M. I chatted with a friend. CIO

Note: <888> 10/24/10 Sunday 6:55 A.M. I posted this:

1934 Psalm from the papers of George Bliss Agnew son of New York State legislator during Teddie Roosevelt's time

1934 Psalm from the papers of George Bliss Agnew son of New York State legislator during Teddie Roosevelt's time CIO

Note: <888> 10/24/10 Sunday 6:15 A.M. I woke up at 2:30 A.M.. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I went back to bed until 5:30 A.M.. I made my bed, and I washed the breakfast dishes. CIO

Note: <888> 10/23/10 Saturday 4:10 P.M. I ate the last muffin.

I watches a movie.

I went outside, and I picked up the mail.

I will now shut down the primary Windows 7 computer, and I will go to bed soon.

Cloudy tomorrow and 53 to 65 degrees Fahrenheit. CIO

Note: <888> 10/23/10 Saturday 1:00 P.M. I chatted with a relative.

[12 Best Government Websites -- InformationWeek](#)

[BBC News - Barbados Prime Minister David Thompson dies of cancer](#)

[BBC News - US surfer recalls deadly shark attack on his friend](#)

[BBC News - Runway opens at world's first spaceport](#) CIO

Note: <888> 10/23/10 Saturday 11:30 A.M. I ate a ham and cheese sandwich on a Kaiser roll with mayonnaise and a dill pickle slice with 1/4th of a 5.3 ounce tube of CVS Pringle style sour cream and onion potato chips and a glass of watered down punch. CIO

Note: <888> 10/23/10 Saturday 10:25 A.M. After the last note, I put away my summer quilt. I got out my winter comforters. I put an electric blanket on the bed with a comforter on the bed and another one on the end of the bed. I also put two smaller comforters with the Aerobed behind the Ethan Allen recliner. I hung out on the bathroom door, my two pairs of red L.L. Bean union suits [Two-Layer Union Suit: Long Underwear and Base Layer at L.L.Bean](#), and I also have two new unused pairs. I also hung on the hook to the right of the bedroom door two pairs of long underwear bottoms. I threw out the garbage. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I chatted with a local at the train station. I chatted with a Canadian in front of the Belgium bakery. I used the bathroom at Starbucks. I stopped by CVS, and I bought two buy one get one free of CVS 100 softgels garlic oil for \$5.49 both, a CVS 100 softgels Natural Lecithin 1200 mg. for \$2.74, a 500 caplet 500 mg. CVS Extra Strength Pain Relief Acetaminophen for \$9.99 and a 6.9 ounce box of chicken flavor Rice-A-Roni for \$2.15 less a \$4 off \$20 CVS internet coupon for \$16.37 total. I noticed that the bench that used to be in front of Credit Suisse is now at the top of Greenwich Avenue by the cross walk by Putnam Avenue, where it is very noisy with traffic. I think they should move it back further down Greenwich Avenue like in the Chase Plaza, so one does not get wet on rainy days. I sat out for a while after my walk. I then chatted with another regular walker. I then returned home.

I was told this by a relative NOAA - National Oceanic and Atmospheric Administration - NOAA: Another Winter of Extremes in Store for U.S. as La Niña Strengthens. CIO

Note: <888> 10/23/10 Saturday 5:30 A.M. I woke up, and I ate a untoasted English muffin. I went back to bed until 2:30 A.M.. I put clean linens on the bed. I did two loads of laundry. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I rotated my summer shirts with my winter shirts putting the summer shirts on the far left side of the bedroom closet and putting the winter shirts on the left center of the bedroom closet. I will now shower and clean up. I will then go out for an early morning walk. CIO

Note: <888> 10/22/10 Friday 6:20 P.M. I cleaned the Ionic Pro air purifier. I will now shut down the primary Windows 7 computer, and I will go to bed soon.

Mostly sunny tomorrow and 49 to 63 degrees Fahrenheit. CIO

Note: <888> 10/22/10 Friday 5:35 P.M. Microsoft Sales Of Windows 7 Licenses Hit 240M -- InformationWeek

Windows 7 Key | Office 2010 Key | Windows Server Key - LicenseKeyCity

Oil Sands Effort Turns on a Fight Over a Road - NYTimes.com

BBC News - Moon's water is useful resource, says Nasa CIO

Note: <888> 10/22/10 Friday 4:35 P.M. 10 Free Security Products You Can Download Now

I ordered in Tall XXL in Field Khaki Men's Chukar Jacket: Outdoor Apparel at L.L.Bean for \$54.99 less \$10 promotional savings with coupon code "OCTOBER10" good through today and free shipping for \$44.99 total. CIO

Note: <888> 10/22/10 Friday 3:30 P.M. After dinner, I put away the new white turtle necks in the sweater closet in the hallway. I made copies of the Oil Star receipt, and I put them with the original in the folder that holds the Audi paper work in the bedroom. I put one copy in the Audi in the folder behind the driver's seat that holds the same receipts. I moved the Audi to its usual place.

For the latest updates on the Audi, one can look at <http://mikelouisscott.com/audi1998.htm> .

I picked up the mail. I threw out the garbage and the old periodicals. I watered the plants.

I got the CTE Energy Assistance grant letter for 2011. The amount will be \$880. They usually do not put it into my CL&P account until March or April. CIO

Note: <888> 10/22/10 Friday 1:25 P.M. I chatted with a friend after the last note. I went to bed, and I woke up at 2:30 A.M.. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I went back to bed until 7:30 A.M.. I ate a blue berry muffin. I washed the breakfast dishes, and I made my bed. I showered, and I cleaned up. I went out, and I chatted with a neighbor. I took I-95 East, and I drove over to Oil Star Oil Change Center in Stamford, Connecticut. There was a jack knifed trailer truck just west of exit 9 blocking two west bound lanes on I-95 in the morning rush hour.

I had this done Oil Star Service package was \$38.79, with an extra charge for 1.25 quarts more of Castrol 10W30 oil of \$4.76, a disposal fee of \$1.77, a Audi-VW oil filter part number 0418156 for \$9, two Chevron Pro Guard Fuel Injector Cleaner \$15.98 less \$5 off discount coupon and \$3.92 tax for \$69.92 total. The power steering fluid, transmission fluid, windshield washer fluid, door hinges, coolant checked. The brake fluid is non accessible.

I then returned to Greenwich on U.S. 1 west. I drove out to Tod's Point, and I walked out to the southwest picnic area, and I enjoyed the view of Long Island Sound on a cool windy day. I then used the bathroom at the concession area at the southeast parking area. I then went by the Rummage Room thrift shop in Old Greenwich, and I toured the store. Men's suits there are 75% off. Bric-a-Brac is 50% off.

I then went by the Feinsod True Value hardware store, and I bought two Storm King Air Conditioner foam strips 1.25 inches square by 42 inches for \$5.58 both. They are to replace the strips that I ripped, when I took out the living room air conditioner. I then drove back to downtown Greenwich. I went by CVS, and I picked up a prescription. I bought buy one get one free of 60 capsule CVS MSM 1000 mg. for \$7.79 both. I went by the Merry Go Round Mews thrift shop, and I toured the shop. Everything is 50% off. I signed a petition to keep the shop there, since some powers that be are

thinking about shutting it down. They have a 30 inch Panasonic television there in a oak cabinet. I then use the bathroom at the senior and the arts center. I noticed the old U.S. Tobacco building across the street from the Greenwich Library, now has a sign in front of it that says J.P. Morgan Chase [www.chase.com](http://www.chase.com), so I guess they executive offices there. I went by the Courtesy Mobil station at 623 West Putnam Avenue, and I bought \$11 of self service premium gasoline at \$3.299 a gallon for 3.334 gallons for 49 miles driving during the last eight days at odometer reading of 67933 miles for 14.697 miles per gallon in mixed driving. I then returned back to my apartment. I chatted with a relative.

I will now make and eat the same sautéed 12 ounce top round London Broil with steamed vegetables and watered down punch and a cup of green tea with splenda and lemon juice that I have been eating recently.

The order with tracking of [FedEx Tracking](#) on the order for four [Croft and Barrow Turtleneck](#) in white in XXL for \$11.99 each less \$7.19 15% discount with promo code "FIFTEEN4U" and \$3.96 shipping and no tax for \$44.73 total just arrived. CIO

Note: <888> 10/21/10 Thursday 4:35 P.M. I watched some television. I threw out the garbage. I picked up the mail. I ate a blue berry muffin with watered down punch.

More of those British prisoners they keep sending over here will be arriving on Monday October 25, 2010 [QM2 - Itinerary - 2010](#). They can wear the prison strips for their Halloween costumes. I will now shut down the primary Windows 7 computer, and I will go to bed soon. Not much seems to be going on, but I hear more jet traffic, so somebody has the fuel to travel for no reason. CIO

Note: <888> 10/21/10 Thursday 2:55 P.M. I ate a Stouffer's 21 ounce tomato meat lasagna with grated parmesan and Romano cheese and a glass of watered down punch. I watched a bit of television. CIO

Note: <888> 10/21/10 Thursday 1:25 P.M. [Tropical Storm Richard forms, expected to head for Gulf of Mexico » TCPalm.com](#)

[Tropical Storm RICHARD 5 Day Forecast Cone](#) CIO

Note: <888> 10/21/10 Thursday 12:50 P.M. [Global Volcanism Program | Volcanic Activity Reports | SI / USGS Weekly Volcanic Activity Report |](#) CIO

Note: <888> 10/21/10 Thursday 12:10 P.M. I woke up at midnight. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I went back to bed until 7:30 A.M.. I ate a blue berry muffin. I ate a ham and cheese sandwich on a Kaiser roll with mayonnaise and a dill pickle slice with 1/4th of a 5.3 ounce tube of CVS Pringle style sour cream and onion potato chips and a glass of watered down punch. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up. I chatted with a relative. I threw out the garbage, and I chatted with neighbors. I picked up yesterday's mail. I made 164 Premier Lights 100 MM filter Peter Stokkebye Norwegian shag pipe tobacco cigarettes while watching [www.foxnews.com](http://www.foxnews.com). I went outside briefly, and I said hello to neighbors. CIO

Note: <888> 10/20/10 Wednesday 2:25 P.M. I watched a little bit of television. I will now shut down the primary Windows 7 computer, and I will go to bed soon. Tomorrow showers and 40 to 58 degrees Fahrenheit. CIO

Note: <888> 10/20/10 Wednesday 11:25 A.M. I chatted with a friend and a relative. Three trillion dollars in unfunded pension liabilities <http://www.americablog.com/2010/10/us-city-pension-funds-seeking-nearly.html>. I went outside, and I chatted with neighbors. I walked around the building. Although Cablevision does not have channels 5 and 9, one can get their content off the Cablevision Channel 25, I guess too for the World Series. I will now cook the same dinner as the last two days. CIO

Note: <888> 10/20/10 Wednesday 9:35 A.M. Tracking is [FedEx Tracking](#) on the order for four [Croft and Barrow Turtleneck](#) in white in XXL for \$11.99 each less \$7.19 15% discount with promo code "FIFTEEN4U" and \$3.96 shipping and no tax for \$44.73 total. CIO

Note: <888> 10/20/10 Wednesday 8:55 A.M. I went out after the last note. I threw out the garbage. I went downtown. I walked the entire length of Greenwich Avenue and the train station area. I noticed on the way downtown on West Putnam Avenue that the <http://www.mercedesbenzgreenwich.com/> has moved out of their primary showroom to the their new showroom where the Infiniti dealership used to be. They still have their service department, where it used to be. They have their old showroom set up for a party of some sorts. I also noticed that the new Subway sandwich shop in the new building on West Putnam Avenue is also opened. During my walk on Greenwich Avenue, I stopped by CVS which is opened on weekdays at 7 A.M., and I bought buy one get one free of CVS Glucosamine Chondroitin double strength 240 caplets for \$57.99 both. After I finished my walk, I sat out for a while. I

then went by the Stop and Shop, and I bought a 16 ounce container of Smart Balance spread for \$2.89, two 8 ounce Kraft parmesan and Romano grated cheese for \$3.69 each, two 8 ounce Kraft parmesan and Romano grated cheese for \$3.69 each, two 18 ounce Progresso mushroom soup for a \$1 each, two 18 ounce Progresso minestrone soup for \$1 each, a top round London broil for \$2.99 a pound for \$4.96 for \$19.23 total. I then returned home, and I said hello to neighbors, and I picked up yesterday's mail, and I put away my groceries. CIO

Note: <888> 10/20/10 Wednesday 6:10 A.M. I will now shut down the primary Windows 7 computer, and I will go out, and I will face a great adventurous walk on Greenwich Avenue watching the morning rush of Wall Street commuters at the Greenwich Train station. I guess they do not use the internet. CIO

Note: <888> 10/20/10 Wednesday 4:50 A.M. I ate a ham and cheese sandwich on a Kaiser roll with mayonnaise and a dill pickle slice with 1/4th of a 5.3 ounce tube of CVS Pringle style potato chips and a glass of watered down punch.

I ordered a spare USB headset Logitech Premium USB350 Headset 4 PC & MAC 980374-0403 - eBay (item 120575153749 end time Oct-23-10 13:30:23 PDT) for \$16.99 with free shipping. I will put it on the primary Windows 7 computer, and I will keep the one that I currently have on it as a spare.

I will now shower and clean up. CIO

Note: <888> 10/20/10 Wednesday 3:20 A.M. I chatted with an associate after the last note. I installed the Widows Live Essentials updates on the primary Windows 7 and the IBM ThinkCentre computers. I went to bed about 2:30 P.M.. I chatted with a friend briefly about 4 P.M.. I slept until 9:30 P.M.. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I went back to bed until 2:30 A.M.. I ate a blue berry muffin. I have a migraine head ache. I will now wash the breakfast dishes and make my bed. I will then shower and clean up. The reason that I no longer go out in the early morning hours for a walk anymore is that I am getting older, and there is no place at that hour to go to the bathroom. Thus I generally do not show up downtown now until 7 A.M., when Starbucks opens and the train station bathroom is opened. I also seem to have a weak blather, and I seem to have to go the bathroom more frequently possibly from drinking cups of green tea after my primary meal. CIO

Note: <888> 10/19/10 Tuesday 1:25 P.M. I will now shut down the primary Windows 7 computer, and I will go to bed soon. Tomorrow mostly cloudy and 47 to 60 degrees Fahrenheit. CIO

Note: <888> 10/19/10 Tuesday 12:45 P.M. I made a couple of telephone calls. I ate a blueberry muffin. A lot of the people my family and I use to know were involved in various aspects of energy production, particularly hydroelectric power. Thus if the lights ever quit working, more than likely there is probably something wrong with the generation source. There were a lot of elderly people downtown this morning today enjoying the sunny day. From what I know which is sometimes more than the locals whom seem to read only Greenwich magazine, there is a lot going on in the world, so if you happen to know how to do your research, you can probably figure it out.

For example with <http://mikelouisscott.com/fred.htm> , the last time I chatted with him, I suggest he visit Oslo, Norway. One of the U.S. government officials whom visited his apartment by the [www.un.org](http://www.un.org) was Albert Lillienthal who ran the TVA. I know they have built new dams in Iran and Norway, and such companies as Nord Hydro might be involved. The French also build turbines used in such large facilities. George Cary is from Buffalo, New York where the Niagara River dam is. Tony Pigato showed me lots of new pictures of hydroelectric dams in Brazil. John Bolton's family with their German and Chinese connections might have known people involved in building the Yanksee River dam. When I lived down south around the TVA, there were people involved with the Aswan dam in Egypt. I do not know anything about the local dams here in Greenwich, Connecticut; but they tend to be more modest structures. Where Microsoft exists there are a lot of hydroelectric dams in Washington State for Boeing's operations. In making aluminum, one uses a lot of electricity. My best friend at the Taft School had parents that had lived in China, and they were also involved with Wolfson construction that was involved with the construction of Hoover dam. CIO

Note: <888> 10/19/10 Tuesday 11:30 A.M. I went out after the last note. I chatted with the building custodian and a couple of neighbors. I went downtown to CVS. I bought a three pack of Schick Hydro razors worth \$8.99 that I got for free with a CVS coupon from the mail and a 8.4 ounce Schick Hydro shaving gel worth \$4.29 that I also got for \$3.99 off with a CVS coupon from the mail and buy one get one free of CVS 2000 mcg Vitamin B-12 time released 60 caplets for \$8.49 both and buy one get one free of CVS flush free Niacin 500 mg 100 capsules for \$8.39 both and .45 tax for \$17.63 total. I then bought three CVS Natural Lecithin 1200 mg 100 soft gels for half price for \$2.75 each bottle and buy one get one free of CVS

2000 mcg Vitamin B-12 time released 60 caplets for \$8.49 both less a CVS bonus bucks coupon of \$5 for \$11.71 total. I then used the bathroom at CVS. I then chatted with a regular walker from Martha's Vineyard. The regular walker needed money for coffee, so I gave the regular walker a dollar. I chatted about the bathroom situation downtown. I then went by the Senior and the Arts center, and I sat out for a while. I used the bathroom at the Senior and the Arts center. I then went by the Stop and Shop, and I bought four fresh muffins for \$3.99 and fresh Chiquita bananas for .69 a pound for \$1.63 for \$5.62 total. I then returned home. I chatted with a neighbor. I put away my purchases. I had closed the living room window this morning, because it was getting colder, but I opened it back up again today to get some fresh air and air out the apartment, since it is a nice day, but I will close it in a little while before I go to bed to keep the dampness out. CIO

Note: <888> 10/19/10 Tuesday 8:00 A.M. I move the Aerobed and its linens and the two [www.army.mil](http://www.army.mil) extreme cold weather good to minus 30 degrees Fahrenheit sleeping bags to behind the Ethan Allen recliner in the living room. There is still room for it to fully recline. I will now shut down the primary Windows 7 computer, and I will go out to do some errands. CIO

Note: <888> 10/19/10 Tuesday 6:40 A.M. I will now make and eat the same dinner as yesterday morning. I am not starving yet, and I have about 33 pounds of rice to help me make it through the winter. CIO

Note: <888> 10/19/10 Tuesday 6:20 A.M. If you look at [The Boeing Company](#), they are still testing their [Boeing: Commercial Airplanes - 787](#) . I read about six months ago, they are missing a part the size of a credit card before the can fully finish it. [Boeing Sets 787 First Delivery Date for Mid-First Quarter 2011 - Aug 27, 2010](#) . CIO

Note: <888> 10/19/10 Tuesday 5:45 A.M. I read some back issues of Maximum PC. I did not get around to the two most recent issues.

Not much happens in the U.S.A. anymore, since we are in a severe economic recession caused by the Obama and Democratic party government programs which have put a lot of people out of work, and cut back on content on the internet.

Since I have lived on disability income for the last 27 years, a lot of people are getting use to living like I have become accustomed to living over these many years. So although the "Nouveau Pauvre" seem to be increasing in this area, I have my web site available for them to research about how I manage to survive. Basically as a dependant of the State, there is not much I can do

about the Status Quo, but maintain my simple routines that I have developed over the years. For example, I have only been to about a half dozen movies in cinemas over the last 40 years, so when I see an old movie on television, it is frequently new to me. One only averages about a dollar a year in found money walking Greenwich Avenue, so it is not very profitable. For me it is a relief from Cabin Fever, but I have plenty of activities to keep me busy at home. I am more comfortable at home, and I have the means of keeping busy. I suppose not many people communicate with me, because they are busier with their daytime schedules, while I am frequently on a night time schedule. I guess the people whom fly up north from down south looking for a better life here are in for a rude awakening particularly as the weather gets colder and damper. The weather in the fall around here is what like winter in Florida feels like, so if one does not like camping out around here in the Fall season, one will not like camping out in Florida in the Winter season. The few people whom I know whom are more financially successful, recently seem to be spending more time watching television. I guess the people whom still have jobs are worrying about losing them, and possibly they are having to deal with salary cut backs. Basically, I have to survive another long cold winter. I do not go out as much in the winters anymore, because after a couple of afternoon walks, I tend to get worn out and more tired. Still I have my apartment routines to keep me busy. CIO

Note: <888> 10/19/10 Tuesday 3:05 A.M. <http://office.live.com>

Perspective from Greenwich, Connecticut U.S.A. of England and Europe [NRL Monterey Satellite Photos](#) CIO

Note: <888> 10/19/10 Tuesday 2:25 A.M. [FoxNews.com - Megachurch Birthplace of 'Hour of Power' Files for Bankruptcy in California](#)

Norway is still suppose to have money, but the North Sea oil is running out [kongehuset.no - English](#) .

[Crystal Cathedral Ministries : News : Press Release](#)

[BBC News - Microsoft software head Ray Ozzie resigns](#)

[BBC News - Chile's president gives mine rescue rock to Queen and PM](#) CIO

Note: <888> 10/19/10 Tuesday 1:40 A.M. I made up a fresh batch of punch. I threw out the garbage. I picked up the mail. CIO

Note: <888> 10/19/10 Tuesday 12:10 A.M. I could not fall asleep after the last note, although I tried to sleep. I retaped up with duct tape the sheet on the bedroom window. I ate a blueberry muffin and a untoasted English muffin. I watched some television. I chatted with a relative. I finally fell asleep around noon. I woke up at 6 P.M..

The order with tracking of UPS: Tracking Information on the order for a spare Newegg.com - HITACHI HDS721050CLA362 (0F10381) 500GB 7200 RPM 16MB Cache SATA 3.0Gb/s 3.5" Internal Hard Drive -Bare Drive for \$37.99 with promo code "EMCZYZR32" for the \$12 discount with free shipping arrived. I put it on the shelf with the other hard drives behind the Sony television in the living room.

I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I washed the breakfast dishes, and I made my bed. I chatted with a friend and a relative. I watched some television. I ate a blueberry muffin. I moved the table fan from on top of the Samsung color laser printer to the far right window shelf in the living room. I collapsed the pedestal fan at the hallway entrance, and I put it on top of the Panasonic air conditioner behind the Ethan Allen recliner.

I will now make and eat a ham and cheese sandwich on a Kaiser roll with mayonnaise and a dill pickle slice with 1/4th of a 5.3 ounce tube of CVS Pringle style potato chips and a glass of watered down punch. I will then shower and clean up. CIO

Note: <888> 10/18/10 Monday 6:40 A.M. I threw the garbage down the garbage chute.

BBC News - German radar satellites fly tight space waltz

BBC News - Identity fraud now costs £1.9bn, says fraud authority

BBC News - UK net is "not ready" for future

BBC News - Bill Gates: 'Expertise' will keep internet secure

Today mostly cloudy and 45 to 61 degrees Fahrenheit.

I will now shut down the primary Windows 7 computer. I might watch some television before going to bed. CIO

Note: <888> 10/18/10 Monday 5:05 A.M. I went ahead, and I took the two air conditioners out of the windows in the apartment, and I put them away as described below. I broke the piece of Plexiglas on the side of the bedroom air conditioner, but I might be able to use the old Plexiglas from the previous air conditioner, when I install it in the spring. The piece that I broke is 30 inches by 18 inches. I used my little folding cart from the trunk of the Audi to move the air conditioner from the bedroom to behind the Ethan Allen recliner. There is still room for it to fully recline, but it is very close to the Sony television. I put new batteries in the weather station remote sender, and I hung it outside the window from a thin telephone wire strung around the window handle, which should work just fine. If I need to access it, I have to take the screen off to get at it. I put the wicker breakfast tray in front of the living room window with a Lasko box fan on top of it to blow cool air into the apartment from the opened window. It is currently 51 degrees Fahrenheit outside and 72.5 degrees Fahrenheit inside the apartment living room. I have the bedroom window fully closed with the sheet still in front of it for privacy. The air conditioners were a bit difficult to get out, because the duct tape sealing them in was hard to remove, particularly the outside duct tape.

I will now make an eat a 10 ounce sautéed top round London Broil with my usual vegetable mixture and a glass of watered down punch and a cup of green tea with splenda and lemon juice. CIO

Note: <888> 10/18/10 Monday 2:25 A.M. On personal health matters, I need to a flu shot at the Greenwich Hospital outpatient clinic. I have not have my eyes checks in over eight years, and my one spare pair of reading glasses has a broken ear piece. I also need to get a crown put in by the dentist at the Stamford Town center on the decayed molar I have on my right rear lower jaw. That would take two visits.

I might leave the two fans set up, so I can blow the electric heat around in the winter. Although it is colder outside, the reason that I have not take the air conditioners out yet, it is easier to control the temperature with them installed this time of year, since the only other option would be to open the windows a small amount, which might be too cold. Also the sun still shines brightly against my windows in the afternoon. The building custodian still has not installed the window shade in the bedroom. CIO

Note: <888> 10/18/10 Monday 2:15 A.M. Well anyone with common sense around here knows that it will get colder around sooner or later, and once winter sets in, one still has to be prepared.

If you look at 1998 Audi A6 owned by Michael Scott , I last had my oil changed on September 28, 2009 at mileage 64,928; and I currently have 67,890 miles on the Audi, so I am due to have my oil and filter changed soon, once I get on a daytime schedule. I have a \$5 off coupon for Oil Star over in Stamford, Connecticut. I should have had the Audi washed, and I could have waxed it in about a half hour with the DuPont car wax that I have Car Detailing Wax | Car Detailing Kits | Final Detail , but I am not sure that I will get around to it or not before winter sets in.

In a week or so, once it gets a bit colder, I still have to take my two air conditioners out of the windows, and I am going to store both in the apartment, so I have them available right away once it gets warmer in the spring without waiting for the building custodian to take them out of storage. I thought I might store the Panasonic air conditioner from the bedroom behind the Ethan Allen recliner in the living room. I can move the two United States Army www.army.mil extreme cold weather good to minus 30 degrees Fahrenheit sleeping bags from behind the Ethan Allen recliner to beneath the bedroom window. I can also store the Aerobed there and its linen, and I can put the Frigidaire air conditioner from the living room beneath the chair at the hallway entrance. I have already moved the Lasko box fan from the hallway to behind the Sony television in the living room. I really do not have room to store the pedestal fan, so it might stay in the living room, where it is at the hallway entrance. I might be able to store the table fan on top of the Samsung color laser printer on the far right living room window shelf. When I take out the living room Frigidaire air conditioner, I have to put new batteries in the Oregon Scientific weather station sending unit hanging outside the window from duct tape, and I need to reposition it more securely with wire and string tied to the closed window above it. Still I have to get on a day time schedule for some of the activities, I need to do. It still goes up to 75 degrees Fahrenheit in the living room with just the fan going on the air conditioner, and I normally feel more comfortable at 70 to 72 degrees Fahrenheit. CIO

Note: <888> 10/18/10 Monday 1:25 A.M. Good deal on Turtlenecks for men here Croft and Barrow Turtleneck for \$11.99 and today Monday and Tuesday 15% off with promo code "FIFTEEN4U" and 99 cent shipping. I ordered four Croft and Barrow Turtleneck in white in XXL for \$11.99 each less \$7.19 15% discount with promo code "FIFTEEN4U" and \$3.96 shipping and no tax for \$44.73 total. CIO

Note: <888> 10/18/10 Monday 12:40 A.M. Living here in Greenwich, Connecticut in the Nordic country, we are living in the southern edge of the tropics, where it is warmer here than further north, because of the Long Island Sound. When I used to travel, when I was younger; I made a

number of friends from Vermont, most of whom were from Stowe, Vermont  
Official Guide to Stowe Vermont: Hotels, Skiing Vacations - Resorts,  
Lodging, Dining, Spa .

Office 2010 Professional Word still does not let one copy a web document to a server, unless the file is closed in Office 2010 Professional Word, which is why I keep using FrontPage 2002. It makes it difficult to post a continual web log. CIO

Note: <888> 10/17/10 Sunday 11:35 P.M. I woke up, and I ate a blue berry muffin. I finally woke up at 8 P.M.. I received the product key for Office 2010 Professional. I activated it on the primary Windows 7 computer. I did a Windows 7 Complete PC backup from the primary hard drive to the third internal hard drive. I then did a backup to the Bytecc external hard drive. The Office 2010 Professional product key is good for two computers, so I installed it on the IBM ThinkCentre. I then did a Windows 7 Complete PC backup to the Bytecc external hard drive. I also burned two copies of the Office 2010 Professional download to DVDs.

I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I washed the breakfast dishes, and I made my bed. I will shower and clean up soon. CIO

Note: <888> 10/17/10 Sunday 12:35 P.M. I will now shut down the primary Windows 7 computer, and I will eat a blue berry muffin, and I will go to bed soon. Have a good day. CIO

Note: <888> 10/17/10 Sunday 11:55 A.M. From Windows 7 Key | Office 2010 Key | Windows Server Key - LicenseKeyCity , I ordered the product key for Office 2010 Professional Office 2010 Professional Key [OFFPRO] - \$30.00 : Windows 7 Key | Office 2010 Key | Windows Server Key - LicenseKeyCity for \$30. It can activate the trial version which I downloaded here Microsoft Office Online Office Professional 2010 download link for trial . I downloaded it, and I installed it with the trial key. I chose the option to keep Office 2007 Professional on the primary Windows 7 computer. However, when it installed it installed just fine, but it eliminated Outlook 2007, keeping the other Office 2007 Professional Programs and also installing the Office 2010 programs including Outlook 2010. It works just fine however. From the Microsoft Office 2010 Tools folder, there is a link for Office Anytime Upgrade, where I can enter the new product key, when I receive it in less than 8 hours. Office Professional 2010 starts up giving one this link Welcome to Microsoft Office 2010 - Microsoft Office .

I went ahead and paid off my next three final monthly payments on my [www.geico.com](http://www.geico.com) automobile insurance policy which is now fully paid up until April 7, 2011. CIO

Note: <888> 10/17/10 Sunday 9:45 A.M. I chatted with a relative. CIO

End of Scott's Notes week of 10/17/10:

Note: <888> 10/17/10 Sunday 8:15 A.M. I went out after the last note. They have expanded the Mercedes Benz dealership on West Putnam Avenue into the Infiniti dealership where the Cadillac dealership used to be. They are working on the smaller Mercedes Benz dealership across the street from their primary dealership building <http://www.mercedesbenzgreenwich.com/> . I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. The bathroom at the Greenwich Train station does not open until 7:30 A.M. on weekends. I noticed there are a few new stores on Greenwich Avenue. The new pharmacy under construction across the street from CVS is called the Greenwich Drug Store. They have removed the green bench from in front of the Union Bank of Switzerland across from the AT&T store. I finished my walk, and I sat out for a while. I then drove down by the waterfront on Steamboat Road. I used the green Port-O-Potty there. There were two early morning Spanish fishermen that did not know English. I then went by the Stop and Shop. I bought a six pack of fresh blueberry muffins for \$2.49, a 12 ounce package of Stop and Shop sliced white processed cheese for \$2.69, four 21 ounce Stouffer's frozen tomato meat lasagnas for \$2.50 each, a top round London Broil for \$2.99 a pound for \$5.77, a two pound bag of baby carrots for \$2.99, broccoli crowns for \$1.99 a pound for \$2.97, and a three pound bag of baby red potatoes for \$2.99 for \$29.90 total. They have an emergency steam cleaning trailer in front of the Chase Bank just south of the Greenwich Post Office. The Greenwich Post Office has a for sale sign in front of it. Maybe they could put another Chase Bank in it. I also checked out the ATM machine at the Chase Bank down on central Greenwich Avenue, and they still were not completely working yet as it is off the internet right now. I will now send out my weekly notes. CIO

Note: <888> 10/17/10 Sunday 5:10 A.M. [Microsoft Expands Effort to Protect Nonprofit Groups - NYTimes.com](http://www.nytimes.com)

[Editorial Notebook - Running Against Food Stamps - NYTimes.com](http://www.nytimes.com)

Today sunny and 44 to 60 degrees Fahrenheit. I will now shut down the primary Windows 7 computer, and I will go out for an early morning walk. I

currently weigh 220 pounds, so I occasionally try to walk in nice weather hoping to lose weight and stay fit. CIO

Note: <888> 10/17/10 Sunday 4:40 A.M. I was thinking of ordering two white in size 2XL Hart Supercombed Cotton Turtleneck - Long Sleeve (For Men) - Save 56% for \$10.95 each and a Lauren by Ralph Lauren Voyager Pea Coat - Insulated (For Men) - Save 59% in black size 2XL for \$119.96 and with today's discounts only, the Pea Coat would be \$83.97 with free shipping for \$105.87 total all items. However, I have enough winter coats, and I might need the money later on this winter, so I decided not to order it. CIO

Note: <888> 10/17/10 Sunday 4:10 A.M. When I logged onto www.chase.com this past evening, their web site was not working. I called them up at 1-877-242-7372, and they told me, it would not be working until 11 A.M. EDT this morning. CIO

Note: <888> 10/17/10 Sunday 2:30 A.M. I woke up at 6 P.M., and I chatted with a relative. I went back to bed until 8 P.M.. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I put clean linens on my bed. I showered, and I cleaned up. I threw out the garbage. I did two loads of laundry. I picked up the mail. My renter's rebate arrived in the mail. I made 173 Premier Lights 100 MM filter Peter Stokkebye Norwegian shag pipe tobacco cigarettes while watching www.foxnews.com and a Cspan presentation by Dan Qualye. http://mikelouisscott.com/ryo.htm . I went downtown to the Chase Bank just west of Greenwich Avenue on West Putnam Avenue, and I deposited my Connecticut Renter's Rebate Check. Once it clears, I will probably pay off my www.geico.com insurance policy that needs three more payments for the policy running until April 7, 2011. I noticed the Barcelona cafe was full of young people. I sat out briefly downtown, and I then returned home. I will now make the same baked boneless breast of chicken dinner that I have eating recently. CIO

Note: <888> 10/16/10 Saturday 6:35 A.M. Partly cloudy and windy today and 43 to 59 degrees Fahrenheit.

I will now shut down the primary Windows 7 computer.

I will eat a Kaiser roll with Smart Balance spread. I will then either watch some television, or I will go to bed. I have to do laundry this evening, when I wake up. CIO

Note: <888> 10/16/10 Saturday 6:30 A.M. The movie "Dante's Peak" about a volcano eruption in the Northwest come on at 6:40 A.M. on channel 832 MOMAXHD on Norwalk Connecticut HD Cablevision System, but I don't get that channel. I have seen it twice before. CIO

Note: <888> 10/16/10 Saturday 6:15 A.M. This past evening around 6 P.M., I ate the last three day old Danish almond pastry. CIO

Note: <888> 10/16/10 Saturday 5:50 A.M. In Windows 7 Update, in the other updates, besides the language updates, there are also the hardware updates. I installed the Microsoft Mouse and Keyboard hardware update on the primary Windows 7 computer, and then I installed the Hardware Updates on the IBM ThinkCentre computer. I got an error message 80070103 on one of the updates which means the installed update is a better one. I took the generic Plantronics headset off the Dell Latitude D410 laptop computer, and I stored it with the other generic headset on the shelf below the stereo entertainment center. I put the new Logitech headset from CVS on the secondary Dell Latitude D410 laptop computer. I took the 3M Command hook off the left side of the left monitor of the primary Windows 7 computer, and I installed it on the left side of the Eizo monitor of the secondary Dell Latitude D410 laptop computer. It has to set for an hour before I hang the Logitech headset from it. To use the headset on the secondary Dell Latitude D410 laptop, one has to plug the audio jack into the control button on the rear left side of the laptop that controls the speaker system, and when plugged in, it over rides the speaker system. CIO

Note: <888> 10/16/10 Saturday 4:05 A.M. Windy day ahead National Weather Service Watch Warning Advisory Summary . CIO

Note: <888> 10/16/10 Saturday 4:00 A.M. I ate three scrambled eggs and four strips of fried maple bacon and a toasted English muffin with Smart Balance spread and a glass of watered down punch and a cup of green tea with splenda sweetener and lemon juice.

Note: <888> 10/16/10 Saturday 2:25 A.M. Tracking is UPS: Tracking Information on the order for a spare Newegg.com - HITACHI HDS721050CLA362 (0F10381) 500GB 7200 RPM 16MB Cache SATA 3.0Gb/s 3.5" Internal Hard Drive -Bare Drive for \$37.99 with promo code "EMCZYZR32" for the \$12 discount with free shipping.

IUGG 2011, 28 June – 7 July 2011, Melbourne, Australia | International Union of Geodesy and Geophysics Conference

BBC News - Baby killer whale born in Florida

BBC News - Dedication of new Hoover Dam bridge CIO

Note: <888> 10/16/10 Saturday 12:30 A.M. For Big Bucks Billionaires, if you look at this item Newegg.com - DELL Optiplex 380MT(468-7476-19IN) 19" Core 2 Duo E7500(2.93GHz) 4GB DDR3 250GB Intel GMA 4500 Windows 7 Professional , you can get it here for \$270 less with less memory and slightly slower processor DEll Optiplex 380 MT E5400 2.7GHZ/1GB/250GB/Black/New - eBay (item 280546653485 end time Nov-07-10 12:20:49 PST) and three 1 gigabyte DDR3 memory strips would cost about \$60, so it is about \$200 cheaper. Of course www.dell.com is now selling the same system at the moment for \$354 with free shipping, but it probably does not have Windows 7 Professional which you can buy at Win 7 Key City CIO

Note: <888> 10/15/10 Friday 11:05 P.M. I woke up at noon, when I chatted with another computer magazine person. I have been canceling all of my free computer magazines, because they call me up frequently and wake me up all of the time, when I am asleep in the day time. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I went back to bed until 4 P.M..

The order with tracking of UPS: Tracking Information on the order for a waterproof mattress pad JCPenney : Waterproof Mattress Pad in twin size for \$19.99 in white from www.jcpenny.com with free shipping with promo code "ITSVITAL" and \$1.20 tax for \$21.19 total arrived. I put it underneath the chair at the hallway entrance with the Aerobed and its linens.

I watched some television. I chatted with a friend. The friend has a house for sale at this web site Mary Beaton Stapleton | Real Estate Agent , but I am not sure which one it is.

I rested some more. I watched some television. I washed the breakfast dishes. I made my bed.

I ate a ham and cheese sandwich on a Kaiser roll with mayonnaise and 1/4th of a 5.3 ounce tube of CVS style pringle potato chips and a dill pickle slice and a glass of watered down punch. I chatted with a relative. I showered, and I cleaned up. I threw out the garbage and the old periodical literature. I picked up the mail. I watered the plants.

Being on a night schedule recently like I have been for more years than I can remember and being on the internet all of the time for about 20 years, I feel like "The Night Watchman of the Western Hemisphere". CIO

Note: <888> 10/15/10 Friday 3:45 A.M. I will now shut down the primary Windows 7 computer.

I will eat an almond Danish before going to bed. CIO

Note: <888> 10/15/10 Friday 3:10 A.M. Back in 1973, when I was a year out of [www.lfc.edu](http://www.lfc.edu) after spending six months in Europe at the last half of my senior year, I was fired that summer by [www.cbsnews.com](http://www.cbsnews.com) , and I was also fired that fall by Boodles restaurant in Greenwich and their other restaurant Sassafras in Scarsdale, New York. I had a job interview after that with a computer software company called "Online Decisions" which was producing a word processing program in Elmsford, New York. Online decisions made software for workstations, and it was a British company owned by Mr. Gerraud who we carpooled with, when we lived in Stamford, Connecticut for a year before moving to Greenwich in 1963. Online Decisions also had an office in the "666" building on Fifth Avenue in Manhattan. Elmsfords, New York is near the Rockefeller estate in North Tarrytown, New York. It also has a [www.samsclub.com](http://www.samsclub.com) . It is near the major hospitals and other facilities in White Plains, New York; so it can be quite busy as well as being close to Westchester County airport. It also is near the IBM Watson Research Center and close to IBM in Armonk. There are quite a few other companies in White Plains, New York also along with major department stores and five star hotels and the nearby the Doral Conference Center on the Greenwich border in Purchase, New York. The less expensive Extended Stay motels in Norwalk, Connecticut is near two Walmarts, Norwalk Hospital, Fairfield County and the busy I-95 corridor. The less expensive Meriden, Connecticut Extended Stay motel or Homestead Motel would be near Yale University and its medical center and New Haven, Connecticut with quite a few businesses. Thus depending on what one's focus might be any of the three in this immediate area might suit one's needs for about \$60 to \$110 a night. They have internet connections and cooking facilities. Thus for the frugal business traveler or other traveler Extended Stay Hotels – hotel rooms and suites for long term stays , they might have suitable accommodations. They also have senior citizen discounts of about 5% and discounts for stays longer than a week. CIO

Note: <888> 10/15/10 Friday 1:40 A.M. Global Volcanism Program | Volcanic Activity Reports | SI / USGS Weekly Volcanic Activity Report |

Tracking is UPS: Tracking Information on the order for a waterproof mattress pad JCPenney : Waterproof Mattress Pad in twin size for \$19.99 in white from www.jcpenny.com with free shipping with promo code "ITSVITAL" and \$1.20 tax for \$21.19 total .

BBC News - Campaign builds to construct Babbage Analytical Engine CIO

Note: <888> 10/15/10 Friday 1:05 A.M. I threw out the garbage down the garbage chute, since it raining cats and dogs outside. It is suppose to rain all day and be 45 to 54 degrees Fahrenheit. I picked up the mail. The Stop and Shop grocery circular says top round roasts are \$1.99 a pound this week. You can make good hamburgers out of top round roast.

For rainy nights in Greenwich, Connecticut; one can always go to the 24 hour diner across the street from the Y.M.C.A. on East Putnam Avenue. I have not been there in about 20 years, when I last visited with a friend from Irvington, New York. That was where I overheard the person that looked like http://mikelouisscott.com/fred.htm 's son talking about moving to East 54th street in Manhattan. There is another very good diner over in Irvington, New York by the I-287 exit to Tarrytown, New York just before the Tapan Zee bridge that is also opened 24 hours. That is near the Extended Stay Hotels – hotel rooms and suites for long term stays in Elmsford, New York. There is also another 24 diner near the www.mcdonalds.com in Port Chester, New York on U.S.1.

More common sense from Bill Clark Greenwich Gossip . CIO

Note: <888> 10/14/10 Thursday 11:50 P.M. I ate a 8 ounce cheeseburger on a Kaiser roll with Dijon mustard and ketchup along with my usual vegetable mixture and watered down punch and a cup of green tea with splenda and lemon juice.

I am not going to do a Windows 7 Complete PC backup to an external hard drive of the IBM ThinkCentre computer, since with the larger hard drive, I would not be able to restore it to a smaller hard drive. I have the two backups to external hard drives with the smaller 40 gigabyte partitions, and that is all I need to restore to a larger or smaller hard drive.

I will now shower and clean up. CIO

Note: <888> 10/14/10 Thursday 10:25 P.M. I ate a untoasted English muffin after the last note. I watched a movie about a spoof of Newport, Rhode Island until 9 A.M.. I went to bed. I had a computer magazine telephone call and a fund raising call for MS. I finally woke up at 3 P.M..

Tracking is USPS - Track & Confirm on the order for the spare power supply for the IBM ThinkCentre M52 Type 8213 computer IBM ThinkCentre A52, M55 225 Watt P.S. 24R2630 41A9631 - eBay (item 280551694563 end time Oct-19-10 17:46:05 PDT) . I bought it for a spare one for \$44.95 and \$10.95 shipping for \$55.90 total arrived. I inspected it, and it looks like new. I put it behind the www.harvard.edu chair beneath the stereo system with the other spare power supplies.

I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I washed the breakfast dishes.

I had a spare new Newegg.com - Seagate Barracuda 7200.12 ST3500418AS 500GB 7200 RPM 16MB Cache SATA 3.0Gb/s 3.5" Internal Hard Drive -Bare Drive for \$54.99 with free shipping, January 22, 2010. I took the 40 gigabyte SATA hard drive out of the IBM ThinkCentre, and I put in the 500 Gigabyte Seagate SATA hard drive. I restore my August 25, 2010 backup from the Bytecc external hard drive. I installed the Windows 7 updates. I expanded the hard drive with Disk Manager, so it now has 464 gigabytes of space. I am defragmenting it right now. I put the 40 gigabyte hard drive in the Seagate box, and I stored it on the shelf behind the Sony television. Thus I have more hard drive space on the IBM ThinkCentre.

The hard drive that I put in was my spare hard drive for the FIC server folder which is SATA, so I ordered another spare Newegg.com - HITACHI HDS721050CLA362 (0F10381) 500GB 7200 RPM 16MB Cache SATA 3.0Gb/s 3.5" Internal Hard Drive -Bare Drive for \$37.99 with promo code "EMCZYZR32" for the \$12 discount with free shipping.

I chatted with a relative. I will now make my bed. CIO

Note: <888> 10/14/10 Thursday 6:20 A.M. Afternoon showers today and 48 to 62 degrees Fahrenheit.

I will now shut down the primary Windows 7 computer, and I will go to bed soon.

I will eat a Danish almond pastry before going to bed. CIO

Note: <888> 10/14/10 Thursday 5:05 A.M. STAR Fine Foods - Borges USA distributes Star Extra Virgin Olive oil which is packaged in Spain from olive oil from Spain, Italy, Greece, and Tunisia Star Fine Foods Olive Oil. It says here <http://shop.starfinefoods.com/Extra-Virgin-Olive-Oil/p/STAR->

00011&c=Star@OliveOils , a 101 tin of extra virgina olive oil costs \$35.99, but at the Stop and Shop I only pay \$21.99, so I guess with all of the Spanish around here, it is cheaper. CIO

Note: <888> 10/14/10 Thursday 4:40 A.M. For any beef eaters around here, those seven pound eye round of beef are on sale at the Stop and Shop this week for \$2.99 a pound down from \$4.99 a pound, so you can butcher them up and then grind them up in a Cuisine Art make them into your own hamburgers.

Microsoft's Bing Gets a Social Aspect From Facebook - NYTimes.com

George W. Bush Is Back in the Rangers Front Row - NYTimes.com

Corn Prices Raise Worry Over Expensive Food - NYTimes.com

BBC News - Asteroid collision makes quite a picture

BBC News - Two million US PCs recruited to botnets

Hurricane PAULA 5 day tracking forecast CIO

Note: <888> 10/14/10 Thursday 3:45 A.M. Those jackets below are for spring and fall. I also have a much heavier grey 3/4th length L.L. Bean winter coat they not longer make and a pair of L.L. Bean classic snow boots. I have a couple of new pairs of other snow boots from Bargain Outfitters - Bargains, Discounts, Markdowns, Deals, on Boots, Clothing, Outdoor Gear at Bargain Outfitters , and if you sign up for their email list, they send you \$5 discount coupon codes.

I also have plenty of other winter clothes including two used and two new pairs of the red L.L. Bean Union suits. I have polar fleece pull overs and sweaters, corduroy trousers and blue jeans including flannel lined ones, heavier winter socks, scarves, knit caps, gloves, flannel shirts, turtle necks, and a Audi with fairly new tires with good tire tread. Thus whenever I make it outside this winter, I should be comfortable. I have heavier sports jackets too, if I need to dress up. I think I might have one Swedish double breasted pin stripe suit that might possibly still fit me at my larger size too, but I am not sure about that.

I also have a full length down coat, several parkas, another winter coats. In the winter, one can always layer one's clothing to stay warmer. We do occasionally get winter days, when it is below 20 Degrees Fahrenheit, but not many in recent winters, but that can change. CIO

Note: <888> 10/14/10 Thursday 3:30 A.M. Currently through December 20, 2010 L.L.Bean: Free Shipping on Clothing and Outdoor Gear for the Whole Family. has free shipping. I have various jackets from them. However, I have never gotten it together or afforded to buy this one Original Field Coat with Wool/Nylon Liner: Casual Jackets at L.L.Bean or this one Original Field Coat, Cotton-Lined: Casual Jackets at L.L.Bean in Saddle color is a must have for New England Preppies. I used to wear my father's jacket like it in Manhattan, when I lived there. I think later on I bought one in the Greenwich Hospital Thrift shop for \$20, but I gave it to a friend who needed a winter jacket, and it had holes in its pockets where I had dropped car battery acid on it. I still have the expensive brown Gortex hunting jacket, the blue Barn jacket, and the Saddle color Boat Builders jacket from www.llbean.com . The Original Field Coat was very handy, because it had lots of pockets, which today with all of the items people carry with them might be handy. They never go on sale, but with free shipping they are cheaper. There is an www.llbean.com outlet store one exit east of the Manchester, New Hampshire airport.

This might be handy for winter Scotch Plaid Flannel Shirt: Daily Markdown at L.L.Bean

If you search the word "Sale" at the www.llbean.com web site, you come up with sale items.

For winter warmth Two-Layer Union Suit: Long Underwear and Base Layer at L.L.Bean for men

Two-Layer Union Suit: Women's Apparel and Footwear at L.L.Bean

Search for "Union Suit" at www.llbean.com for more winter underwear.

They have a list of their outlet stores here Visit L.L.Bean Retail Stores. CIO

Note: <888> 10/14/10 Thursday 2:45 A.M. More details on the meal that I just cooked. First of all, I used to have 12 inch long aluminum oval fish baking pan that I never used, that I can not find. I have a lot of cooking items stored in my kitchen. However, possibly I gave it to a friend or a relative that cooks fish more often. We use to use them all of the time at the Le Languedoc Bistro a Nantucket Restaurant and Inn. Serving French cuisine on Nantucket for over 30 Years our on www.nantucket.net island.

I rinsed the boneless filet of cod that was about 1/3rd to a half inch thick underneath cold water, and I dried it with a paper towel.

I then cut it into two pieces, so it would fit into a 10 inch diameter round Pyrex pie baking dish. I then rubbed the Pyrex pie dish with olive oil. Then on a separate plate one side at a time starting with the skin side of the fish, I rubbed the filet of cod with olive oil, and then I seasoned it to taste with Old Bay Seasoning and Italian spices. I then coated it with seasoned Italian bread crumbs. I then did the same thing on the flesh side of the fish. I then placed the two pieces of filet of cod in the Pyrex baking dish skin side down. I microwaved three two inch diameter baby red potatoes that I had pricked a few times on each side with a fork for two minutes in the microwave oven. I then put them in the Pyrex baking dish with the filet of cod, and I rubbed the small red potatoes with olive oil. I baked it in the Sharp Convection Microwave oven on a five inch high stand to raise it up on Convection setting at 325 degrees Fahrenheit for 20 minutes. Once the dish was cooked, I placed it on my heat proof dinner plate to warm it up before serving it on the plate. I split open the three small potatoes, and I cut sliced though each side inside, and put Smart Balance spread and olive oil inside them.

While doing that I put about 3/4th of an inch of water in a two quart Revere pot with lid, and I put a steamer tray in it with the baby carrots and broccoli crowns. I split the broccoli crowns, so they are not too large. I started the pot on an electric burner on high with lid on it, and once it begins to steam, I lowered it to medium high for 15 minutes total time. I remove the steamer tray, and I serve the vegetables in a separate soup bowl with Smart Balance spread and olive oil on them. Recently I have been using Star Extra Virgin Olive oil from Spain which the Stop and Shop sells for about \$21 for three liters. With the remaining hot water from the Revere pot, I put it in coffee cup with a green tea bag and a packet of Splenda sweetener, and I let the tea steep while I eat dinner, and then I removed the tea bag and squeeze it, and I add a couple of teaspoons of lemon juice. I eat the dinner with my watered down punch, which is about 25% of my fruit juice punch mixture and 75% cold filtered water. It was a very good dinner for a change of pace from my usual meat meals. CIO

Note: <888> 10/14/10 Thursday 12:50 A.M. I watched a movie yesterday morning until 7 A.M.. I woke up at noon, and I chatted with a friend. I went back to bed until 5:30 P.M.. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I watched the [www.abcnews.com](http://www.abcnews.com) evening news. I washed the breakfast dishes, and I made my bed. I showered, and I cleaned up. I chatted with a relative. I threw out the garbage. I went by the Stop and Shop, and I bought a box of three day old Danish almond pastries for \$2, a 16 ounce package of Smart Balance Lite spread for \$2.89,

a half gallon of Tropicana premium orange juice with calcium for \$3 and fresh Chiquita bananas for .69 a pound for \$1.97 for \$9.86 total. I then went by the Greenwich Library, and I returned the DVDs that I checked out on this past Friday evening that I did not have time to watch. I chatted with the information desk. I then chatted outside with a chef from Nicaragua. I then went back by the Stop and Shop, and I used the bathroom. I bought a quart of Borden lemon juice for \$2.69 and a filet of cod from Alaska for \$5.99 a pound for \$3.89 for \$6.58 total. I then went downtown. I walked the entire length of Greenwich Avenue and the train station area. I chatted with some Asian computer people coming out of the new Chinese restaurant opposite Grigg street where the Italian wine bar used to be. I chatted with a carpenter at the corner of Grigg street and Greenwich Avenue where Meli Meli is building their new restaurant. I sat out at various locations. I finished my walk. I then drove way down south to the bottom of Steamboat Road, and there were not any fishermen on the pier trying to fish this time of year. Who knows stripped bass might be running south again. I then went by the Courtesy Mobil gasoline station on 623 West Putnam Avenue, and I bought \$8.50 of self service premium gasoline for \$3.199 a gallon for 2.656 gallons for 30 miles driving in the last 12 days at odometer 67884 miles for 11.295 miles per gallon in mostly local traffic. I then returned home, and I picked up the mail, and I put away my groceries.

I will now make a baked breaded cod dinner with small baked red potatoes and steamed baby carrots and broccoli crowns with Smart Balance spread and olive oil and a glass of watered down punch and a cup of green tea with splenda and lemon juice. CIO

Note: <888> 10/13/10 Wednesday 4:50 A.M. I will now shut down the computer, and I will watch a movie before going to bed.

Sunny today and 47 to 63 degrees Fahrenheit. CIO

Note: <888> 10/13/10 Wednesday 3:50 A.M. Greenwich Gossip CIO

Note: <888> 10/13/10 Wednesday 3:45 A.M. Afghanistan must embrace women's rights » George W. Bush Presidential Center

Tracking is USPS - Track & Confirm on the order for the spare power supply for the IBM ThinkCentre M52 Type 8213 computer IBM ThinkCentre A52, M55 225 Watt P.S. 24R2630 41A9631 - eBay (item 280551694563 end time Oct-19-10 17:46:05 PDT) . I bought it for a spare one for \$44.95 and \$10.95 shipping for \$55.90 total.

BBC News - Joy as first trapped Chile miners reach surface CIO

Note: <888> 10/13/10 Wednesday 3:25 A.M. I ate a ham and cheese sandwich on a Kaiser roll with mayonnaise and 1/4th of a 5.3 ounce tube of CVS style pringle potato chips and a dill pickle slice and a glass of watered down punch. CIO

Note: <888> 10/13/10 Wednesday 2:35 A.M. I finished installing all of the Windows Updates on all of the computers. CIO

Note: <888> 10/13/10 Wednesday 1:30 A.M. I looked for something on television to watch, but I did not find anything I felt like watching.

I will now start installing Windows Updates. CIO

Note: <888> 10/12/10 Tuesday 11:55 P.M. The Optimum Email server is not working at the moment. After the last note, I rested a bit. I ate a untoasted English muffin. From 7 A.M. to 9 A.M., I watched the movie "Bride's Head Revisited". I went to bed at 9 A.M., and I woke up at noon. I cancelled my 3 P.M. appointment. I chatted with a relative. I went back to bed until 8 P.M.. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk.

The order for \$7.99 with free shipping Buy.com - Logitech ClearChat Premium PC Headset - Bulk Packaging was outside my door. I put it on the Panasonic Toughbook CF29 laptop computer, and it works much better than the lower quality Logitech headset from CVS. I put that one on the right stereo system shelf with the other spare headset.

I chatted with a relative. I washed the breakfast dishes, and I made my bed. I cleaned the two air conditioner filters. It is suppose to be warmer in the daytime for at least another week, so I will leave them installed for now.

I cleaned the entire bathroom including the sink area, toilet and toilet area, the bath tub and shower area, and the mirrors. Thus it is a little bit neater and cleaner in the apartment. I showered, and I cleaned up. I threw out the garbage. I fixed the electronic front entry door which had the right side slightly opened and the left side left opened a few inches. It now works just fine. I picked up the mail. CIO

Note: <888> 10/12/10 Tuesday 4:45 A.M. This is the exact power supply that is in my IBM ThinkCentre M52 Type 8213 computer IBM ThinkCentre A52, M55 225 Watt P.S. 24R2630 41A9631 - eBay (item 280551694563 end

time Oct-19-10 17:46:05 PDT) . I bought it for a spare one for \$44.95 and \$10.95 shipping for \$55.90 total. It is suppose to be basically new.

I will now shut down the primary Windows 7 computer, and I will try to go to bed soon. I should be up at noon to get ready for my 3 P.M. appointment.

Morning showers today and 42 to 61 degrees Fahrenheit. CIO

Note: <888> 10/12/10 Tuesday 3:25 A.M. The order for the backup power supply for the IBM Lenovo ThinkCentre computer for \$30 with free shipping 24R2625 IBM Power Supply 225 Watt For Thinkcentre. New Pull. has been cancelled, since it out of stock. CIO

Note: <888> 10/12/10 Tuesday 2:55 A.M. For the AeroBed, I ordered a waterproof mattress pad JCPenney : Waterproof Mattress Pad in twin size for \$19.99 in white from www.jcpenny.com with free shipping with promo code "ITSVITAL" and \$1.20 tax for \$21.19 total. CIO

Note: <888> 10/12/10 Tuesday 2:15 A.M. I can across this diet product web site Four Ventures with a product called "Dietrin" like in Rhone Dietrin's name, but no mention of him. CIO

Note: <888> 10/12/10 Tuesday 1:55 A.M. I have a 3 P.M. appointment today.

See Jolly Old England London at Its Best - Virgin Vacations

Become an expatriate, fly to Europe one way for \$206 and try to get lucky or sleep in the rough at your favorite location  
[http://www.airfrance.us/US/en/local/resainfovol/meilleuresoffres/marketing\\_webfares3.htm](http://www.airfrance.us/US/en/local/resainfovol/meilleuresoffres/marketing_webfares3.htm)

Of course a U.S. passport would cost you at least a \$100

Of course, you have to buy a Welcome to www.urail.com here before you leave, if you want to travel and sleep cheaply on a train. I don't think you can buy them over there.

Of course a return ticket from Europe to the United States can cost three to four times as much, so one is better off buying a cheap round trip air fare, but they do have expiration dates, unless one is fairly sure, one does not return back to the Western Hemisphere. I once read about somebody that spent a few years sleeping in a French airport, so they do not offer much charity over there. Also frequently back packers have their passports,

funds, and money stolen, so even when prepared, one can end up in trouble.

BBC - Earth News - New carnivorous mammal species found in Madagascar

BBC News - Microsoft launches Windows Phone 7 smartphones CIO

Note: <888> 10/12/10 Tuesday 12:05 A.M. I am making and just about ready to eat in a little while a breaded boneless breast of chicken with three baked small red potatoes and steamed baby carrots and broccoli with Smart Balance spread and olive oil and watered down punch and a cup of green tea with splenda and lemon juice.

I guess it now cold enough in Wisconsin that they can now start shipping cheese.

Carr Valley Cheese Co. - Wisconsin Cheddar, American Originals, Artisanal and Award Winning Cheeses

La Valle cheese stores, Middleton cheese factory, Fennimore specialty cheeses, Carr Valley Cheese, Sauk County Wisconsin CIO

Note: <888> 10/11/10 Monday 11:20 P.M. I made 177 Premier Lights 100 MM filter Peter Stokkebye Norwegian shag pipe tobacco cigarettes while watching [www.foxnews.com](http://www.foxnews.com) . <http://mikelouisscott.com/ryo.htm> . I chatted with a relative.

A new shipment of prisoners arrives tomorrow QM2 - Itinerary - 2010 , and they will be back with more prisoners on October 25, 2010. CIO

Note: <888> 10/11/10 Monday 8:35 P.M. I have been mostly resting since the last note, and my back pain seems to be better. I woke up yesterday at 4 P.M.. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I watched television, and I rested. I ate a ham and cheese sandwich on a Kaiser roll with mayonnaise and 1/4th of a 5.3 ounce tube of CVS style pringle potato chips and a dill pickle slice around midnight. I rested, and I watched television. I woke up at 8 A.M., and I drank a glass of tonic water with Angostura bitters. I went back to bed until 5 P.M. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I washed the breakfast dishes. I made my bed. I threw out the garbage. I will now

make some cigarettes. My back pain seems to be better, but I have been taking two Tylenol every six to eight hours.

No boost for Social Security checks in 2011 - FoxNews.com

There was an article in the Greenwich Time this past Sunday Park-ing place: Trust wants to move Lyon House to playground - GreenwichTime that said, they are thinking of the moving the Lyon Farm homestead house from down the hill on West Putnam Avenue to behind 71 Vinci Drive in the playground. Thus since Lyon Farm is the oldest house in Greenwich, Connecticut; I guess Vinci Drive is the "Old Lyon Farm" compared to the "New Lyon Farm" up on Weaver Street.

House part of historic struggle - GreenwichTime

[http://www.greenwichpreservationtrust.org/Resources/TLH title search Kerschus.pdf](http://www.greenwichpreservationtrust.org/Resources/TLH_title_search_Kerschus.pdf)

Greenwich Preservation Trust

I use to also fish on the ocean off Lyon Farm Road in Nantucket, so I guess there were members of the Lyon family also in Nantucket.

There were three members of the Lyon family at Greenwich Country Day, when I attended school there, and as I recall one of them was my class photographer along with a few other classmates. Maybe we should start growing a Cash Crop here at Lyon Farm to make a little extra money. Traditionally Columbus Day is the day the "Old Guard" leave Nantucket [www.nantucket.net](http://www.nantucket.net) to discover America. CIO

End of Scott's Notes week of 10/10/10:

Note: <888> 10/10/10 Sunday 5:55 A.M. I will now send out my weekly notes.

Sunny today and 53 to 66 degrees Fahrenheit.

I will then shut down the primary Windows 7 computer and either rest or watch some television or one of the DVDs. CIO

Note: <888> 10/10/10 Sunday 5:45 A.M. I sent a list of American retail outlets to the Chinese shopping cart vendor.

<http://www.ebay.com/>

<http://www.llbean.com/>

<http://www.sierratradingpost.com/>

[www.smartbargains.com](http://www.smartbargains.com)

[www.walmart.com](http://www.walmart.com)

[www.overstock.com](http://www.overstock.com)

[www.sears.com](http://www.sears.com)

[www.target.com](http://www.target.com)

[www.cvs.com](http://www.cvs.com)

[www.walgreens.com](http://www.walgreens.com)

[www.homedepot.com](http://www.homedepot.com)

[www.stopandshop.com](http://www.stopandshop.com)

[www.amazon.com](http://www.amazon.com)

[www.buy.com](http://www.buy.com)

[www.kmart.com](http://www.kmart.com)

[www.costco.com](http://www.costco.com)

[www.samsclub.com](http://www.samsclub.com)

<http://www.aptea.com/>

<http://www.publix.com/>

<http://www.kroger.com/>

<http://www.albertsons.com/>

<http://www.target.com/>

<http://www.safeway.com/>

<http://www.ahold.com/>

<http://www.pathmark.com/>

<http://www.shoprite.com/>

<http://www.hbc.com/>

<http://www.thebay.com/>

<http://www.macys.com/>

<http://www.bloomingdales.com/>

<http://www.lowes.com/>

<http://www.staples.com/>

<http://www.iga.com/>

<http://www.winndixie.com/>

<http://www.truevalue.com>

<http://www.acehardware.com>

CIO

Note: <888> 10/10/10 Sunday 4:45 A.M. [Marijuana, Once Divisive, Brings Some Families Closer - NYTimes.com](http://www.nytimes.com) . I would not recommend driving a car.

YONGKANG ZHENFA LEISURE CO.,LTD. Foldable Shopping Bags

Yongkang Zhenfa Leisure Co., Ltd. - Shopping trolley, shopping cart, shopping basket

They look quite useful, particularly for people without cars. CIO

Note: <888> 10/10/10 Sunday 3:30 A.M. Church news Greenwich Gossip CIO

Note: <888> 10/10/10 Sunday 2:45 A.M. I am making and will eat shortly the same dinner as I ate the last couple of nights.

I hurt my back carrying the laundry. Hopefully the minor pain will go away soon. CIO

Note: <888> 10/10/10 Sunday 1:55 A.M. I put away the laundry.

I ordered a backup power supply for the IBM Lenovo ThinkCentre computer for \$30 with free shipping 24R2625 IBM Power Supply 225 Watt For Thinkcentre. New Pull. CIO

Note: <888> 10/10/10 Sunday 1:00 A.M. Archaeologists Find Mini-Pompeii Buried in Norway

When you look at <http://mikelouisscott.com/computer.htm> at the older new IBM ThinkCentre that I was able to put together for about \$250 and compare it to this new one Lenovo ThinkCentre M58p Desktop Computer Review - PCWorld for \$1,050; I think it was a good deal. CIO

Note: <888> 10/10/10 Sunday 12:30 A.M. I have 40 minutes to go on the dry cycle. I watered the plants. I said hello to a neighbor. CIO

Note: <888> 10/10/10 Sunday 12:20 A.M. I woke up at 10 A.M. in the morning when two friends and a relative called. I went back to bed until 4:30 P.M.. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I went back to bed until 6 P.M.. I chatted with a relative and a friend. I went back to bed until 9 P.M.. I watched part of a movie. I washed the breakfast dishes. I put clean linens on the bed. I showered, and I cleaned up. I started two loads of laundry. I threw out the garbage and the old periodical literature. CIO

Note: <888> 10/09/10 Saturday 4:55 A.M. I chatted with an out of town security official. I noticed on Greenwich Avenue, since the tree on the north side of St. Mary's was knocked down by a storm last spring, the entire side of the brick building to the north of it is exposed. It would probably look better if some wealthy catholic replaced the tree there. If they are low on money which the Catholics always claim because they have so many hardship cases, they could paint the side of the brick building to the north of it white and put green shutters on it with flower boxes hanging from the windows with ivy planted in the flower boxes. Ivy tends to do well year round, and I do not think you would have to water it. Of course they could dig up part of the driveway to the north side of St. Mary's and plant ivy along the wall of the building to the north of it. Then they would not have to paint it. However, I think ivy can wreck the sides of brick buildings over time.

I am a bit tired, so I will now shut down the primary Windows 7 computer, and I will go to bed soon.

Sunny today and 42 to 66 degrees Fahrenheit. CIO

Note: <888> 10/09/10 Saturday 3:50 A.M. [metabolic disorder: Definition from Answers.com](#) CIO

Note: <888> 10/09/10 Saturday 3:05 A.M. I chatted with a local security official, but they can never understand me, since I seem to speak a different dialect of English than they are use to listening to. I guess when one speaks English with a Dutch accent, they probably think I have had one too many <http://www.heineken.com/AgeGateway.aspx> , but since I have a protein metabolic disorder, I am not allowed to drink alcoholic beverages.

It says in the Fred web page below that his last apartment in Manhattan was at 405 East 54th street across the street from the Mayfair Restaurant. In the web log, it says that Queen Elizabeth II gave Fred the apartment. That would imply that Fred had some sort of British or Commonwealth connection. If he were related to the Meyers Rum family of Jamaica that might explain why marijuana was occasionally around his apartments until he turned to holistic medicine. In the old days when the hippies were smoking marijuana, it seems a lot of the adults were using valium, so I guess they all needed to slow down a bit. Fred's friend at 405 East 54th street was Joe McDonald who was the top male model in New York. Joe was from Chicago and had been the life guard on the beach in Chicago, when I lived at 31 East Elm Street in the same building that one of the Blairs lived in. I kept the checking account open from the Midwest Bank of Lake Forest, Illinois for "The Farm" on 1014 Rockland Road in Knollwood, Illinois, and

when I moved to 31 East Elm Street in Chicago, we used the same checking account to run the apartment. I think Tim McMurray who later died in Miami was allowed to use the account. Also at 405 East 54th street was Billy from South Carolina. Ema Mac Donald had lived at 405 East 54th street since the mid 1920s. When I met here about 20 years ago, she was working as a hair dresser's assistant in the neighborhood. Michael and Louis Mountbatten also had the penthouse at 405 East 54th street. It was all painted in white lacquer, and they smoked heavily. Teddie Kennedy also had an apartment in that building. Noel Coward also once lived at 405 East 54th street. I once saw John and Yoko Ono Lennon at the bakery in that building. It is a prewar building that runs through to East 55th street. Also the famous cross country Lock Stock and Barrel race that the movie the Cannon Ball Run was made about left originally from the garage at 405 East 54th street, so they probably had some pretty fancy automobiles in that garage. Joe MacDonald I think was related to Anne MacDonald Ford, so possibly they might have had a mechanic in the family. The young fellow from William Street in Greenwich that disappeared a few years ago also mentioned that he had moved to East 54th street somewhere. He looked like he could be Fred's son. The Rockefellers had town houses on East 54th street, so it is not necessarily a slum area. When I worked for six months at Daniel Construction in Greenville, South Carolina, I had Fred's telephone number and address in my limited address book on my desk, and when I got back to Manhattan for the Tall Ships on July 4, 1976, when I saw Queen Elizabeth II again and Prince Phillip at Bloomingdales Department store on July 5, 1976, I happened to noticed they were building a new high rise apartment building across the street from 405 East 49th street. There are two bars across the street from the Mayfair Restaurant which is on First Avenue and 54th street on the southeast corner. One is Crawfords and the other is Billys across First Avenue from the Mayfair restaurant. Apparently the Sports Editor for the New York Times drinks at one of those bars. The [www.nytimes.com](http://www.nytimes.com) use to first come out at the news stand at the southeast corner of 54th street and 2nd Avenue about 11:30 P.M. in the evening for those people who needed to be the first to know the news. I used to drive in from Greenwich, Connecticut living in the Rockefeller neighborhood to pick it up there, and I would network with a few Rockefeller employees.

Fred Von Mierers had a friend named Adam Ginowsky who was Polish and a fellow at Rockefeller University, and he lived with Barbara Rockefeller at East 68th street. Adam had a grant from the United States Federal Government to grow and study marijuana, so possibly the government marijuana business got way out of control once the younger generation got involved. CIO

Note: <888> 10/09/10 Saturday 1:05 A.M. FBI allegedly caught using GPS to spy on student - CNN.com CIO

Note: <888> 10/09/10 Saturday 12:45 A.M. I threw out the garbage.

I found this page on Fred Von Mierers Frederick Von Miers . However from what I can tell, there is not much interest in him anymore, so possibly he is actually dead, and possibly he just has relatives that look like him. Since he was suppose to be 14th generation Dutch New York, he could possibly have relatives out there in the wood work.

I noticed downtown, when I was walking this evening a large brand new tobacco or medium brown or bronze new chauffeured Rolls Royce pull up in front of the Restoration Hardware store. Its passenger looked very aristocratic like possibly a Bill Clinton or Aga Khan look-a-like. From what I saw briefly of the New York license plate, I think it was "ED" . More than likely it was not Bill Clinton, since he would have Secret Service protection. Expensive cars are common in this area, and sometimes the expensive car dealers like to show them off trying to get new customers. Of course it might have been a wealthy Hedge Fund person with name or initials "ED". Of course the old guard with money tend to like to drive older well maintained Buicks, and I think Olive Watson even use to drive a 10 year old Buick sedan. Of course from what I know there might be some new money in town from overseas that prefers to maintain a more traditional wealthy look, but even in England they maintain their older Rolls Royce motor cars for a long time. CIO

Note: <888> 10/08/10 Friday 11:40 P.M. On the Sharp Convection oven I made a mistake, and I pressed 150 degrees Fahrenheit instead of 350 degrees Fahrenheit, so I am having to recook the boneless breast of chicken again for another 35 minutes. It should be ready shortly. I already ate the steamed vegetables. CIO

Note: <888> 10/08/10 Friday 10:55 P.M. I chatted with a relative. I am now making the same dinner as last night that I will eat shortly. CIO

Note: <888> 10/08/10 Friday 10:10 P.M. I woke up at 12:30 P.M. today. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I went back to bed until 4:30 P.M.. I made my bed, and I washed the breakfast dishes. I showered, and I cleaned up. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. There were a lot of people out for dinner. I stopped by CVS, and I bought two eight roll

bundles of Scott Paper towels for \$3.50 each or \$9.29 off each and .42 tax for \$7.42 total. I used the bathroom at CVS. I finished my walk, and I sat out for a while. I then went by the Greenwich Library, and I read the Greenwich Time. I checked out a two DVD set on Germany and a movie called "Master and Commander". I chatted briefly with a local Swedish resident. I then went by the Stop and Shop, and I got my \$5 back on the day old Kaiser rolls they overcharged me for yesterday. I bought another package of 6 day old Kaiser rolls for \$1.25, a 15 ounce container of 4-C seasoned bread crumbs for \$1.67, a 12 ounce generic honey for \$2.49, five 26 ounce Ragu tomato sauce for spaghetti for \$1.67 each, five 16 ounce boxes of Ronzoni linguine for \$1 each, a 48 bag box of Stop and Shop green tea bags for \$2.50, a six pack of White Gem boneless breasts of chicken for \$1.99 a pound for \$7.92, broccoli crowns for \$1.99 a pound for \$1.97, and a three pound bag of baby red potatoes for \$2.99 for \$34.13 total. I then returned home, and I put away my groceries, and I also picked up the mail. I chatted briefly with a relative. CIO

Note: <888> 10/08/10 Friday 4:40 A.M. Otto grows into true tropical storm; hurricane status possible » TCPalm.com

I noticed while I was in Kennebunkport, Maine recently that somebody from Kingsburg, California looked at my web site Kingsburg, California - Wikipedia, the free encyclopedia which is a Swedish Village where they produce mainly raisin and table grapes and is headquarters of Sun-Maid - Wikipedia, the free encyclopedia . Somebody named Delia von Meyer is the Sun-Maid raisin girl.

When I lived in Firinze, Italia; they use to make Raisin Liqueurs which were enjoyable to drink.

Somebody that looks like Warren Buffet once told me at a local bank about this Gin-Soaked Raisins - Can Gin-Soaked Raisins Really Help Arthritis?

I will now shut down the primary Windows 7 computer, and I will go to bed soon.

Today sunny and 53 to 72 degrees Fahrenheit. CIO

Note: <888> 10/08/10 Friday 4:15 A.M. I ate a ham and cheese sandwich on a Kaiser roll with mayonnaise and 1/4th of a 5.3 ounce tube of CVS sour cream and onion Pringles style potato chips and a dill pickle slice and a glass of watered down punch. CIO

Note: <888> 10/08/10 Friday 3:15 A.M. [Global Volcanism Program | Volcanic Activity Reports | SI / USGS Weekly Volcanic Activity Report |](#)

[Microsoft: 16 security patches coming Tuesday, 4 critical for Windows 7 | NetworkWorld.com Community](#)

[The city lights of Edinburgh & Glasgow](#)

[A Push to Ban Soda Purchases With Food Stamps - NYTimes.com](#)

[Bomb squad probes "smoldering package" - GreenwichTime](#)

[BBC News - Dutch queen OKs government backed by Geert Wilders](#)

[BBC News - Twin pandas born at Madrid Zoo CIO](#)

Note: <888> 10/08/10 Friday 2:35 A.M. Now if the British are once again back in this area, I have to remind them that until about 8 P.M. at night, I still think the Port Chester, New York beer distributor has the largest supply of various beers and draft beer. They are across the street from the Life Saver apartment building complex in downtown Port Chester, New York, but the [www.costco.com](http://www.costco.com) in downtown Port Chester, New York might be cheaper and have other necessities. For night time people the Cumberland Farms on the Port Chester New York and Greenwich, Connecticut border is allowed to sell beer until 4 A.M.. I think the A&P at the Port Chester, New York shopping center sells a large supply of beer and alcohol until 4 A.M.. Nobody drinks alcohol and drives in this area anymore, because the local police are very severe. The Port Chester, New York taxis might run 24 hours, but the Greenwich taxis close about 1 A.M.. The British whom live in the urban areas tend not to drive cars too much, since they are heavily taxed, so they tend to drink more alcohol than their suburban counter parts. When I did a survey about 10 years ago, alcohol was cheaper in Connecticut and Wine was cheaper in New York State, but that might have changed. The primary cargo on the British cruise ships is they carry bonded liquors, so that is part of their business as they travel around the world. The Queen Mary II is in Barbados on December 22, 2010 and back in New York on Saturday, December 27, 2010, so they will probably be delivering a new cargo of Barbados Mount Gay rum to keep us warm for the winter. Lord Snowden once told me he has a house in Byram, Connecticut; but he spends the winter in Barbados, so he sometimes can be darkly tanned. I think he still owes me \$59 for a broken blinker light on the Hyndai Accent that he once bumped into at the old Greenwich Hospital Thrift shop, so I guess he could send me up two half gallons of Barbados rum in case I need any for guests this winter. Of course rum tastes good with Trinidad and Tobago

Angostura Bitters. Remember I am not allowed to drink alcohol, or I tend to take off traveling which can lead to financial problems in foreign countries or even at home in the U.S.A.. CIO

Note: <888> 10/08/10 Friday 2:00 A.M. Well, a new group of prisoners arrived today QM2 - Itinerary - 2010, and they will be returning with another group of prisoners this Tuesday October 12, 2010. Unfortunately with all of my frequent routines, I have not been able to clean my apartment since around the first of June 2010, so it is a bit dirty and disorderly compared to my normal house cleaning routines that I have not had time for. I was told by the Captain of the Queen Elizabeth II back around 1980 whom also had a house in Byram, Connecticut that the only thing they buy in United States of America is toilet paper, so they are lucky this week it is on sale for half price at CVS. CIO

Note: <888> 10/08/10 Friday 12:35 A.M. I can not find the old Smithsonian magazine article published in July a number of years ago that said Mount Rainier might erupt in our lifetimes.

I did find this reference Geologists worry about dangers of living 'under the volcano' | Science & Nature | Smithsonian Magazine from the July 1996 issue which is probably the issue that I was looking for that I seem to have lost.

Jon Krakauer Receives the 1997 Walter Sullivan Award

Article: Geologists worry about dangers of living 'under the volcano.'  
(Mount... | AccessMyLibrary - Promoting library advocacy

A couple of days ago, I looked at the building permit on the door of the new pharmacy across the street from CVS on Greenwich Avenue, it is not for another CVS, but for another pharmacy. The building permit number starts with "CV" which had me confused without my reading glasses.

There is suppose to be another new CVS in the new building being built at the southeast corner of Weaver Street and West Putnam Avenue in the Byram section of Greenwich, Connecticut; but since it seems that it might be a large building, I would think it will take over a year to complete judging by the size of the construction going on there. CIO

Note: <888> 10/07/10 Thursday 10:40 P.M. I am making and just about ready to eat a breaded boneless breast of chicken with two baked small red potatoes and steamed baby carrots and broccoli with Smart Balance spread

and olive oil and watered down punch and a cup of green tea with splenda and lemon juice. CIO

Note: <888> 10/07/10 Thursday 9:45 P.M. I woke up at 1:30 P.M.. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I went back to bed until 4 P.M.. I made my bed, and I washed the breakfast dishes.

I bought \$7.99 with free shipping Buy.com - Logitech ClearChat Premium PC Headset - Bulk Packaging . I will keep it as a spare. Since the headsets tend to be on all of the time, the computer is on, they can wear out.

I showered, and I cleaned up. I threw out the garbage. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I stopped by CVS, and I bought a 20 double roll bundle of Cottonelle Toilet tissue for half price for \$7.49 and .45 tax for \$7.94 total. I then finished my walk, and I sat out for a while. I then drove back by CVS, and I used the bathroom, and I bought another 20 double roll bundle of Cottonelle Toilet tissue for \$7.49 and .45 tax for \$7.94 total. I sat out for a while. I then went by the Greenwich Library, and I read www.pcworld.com magazine. I chatted with a staff member. I used the bathroom. I then went by the Stop and Shop, and I bought a six pack of day old Kaiser rolls for \$1.25 that they overcharged me charging me \$5, a 16 ounce box of Smart Balance spread for \$2.89, deli sliced Stop and Shop Danish ham for \$5.99 a pound for \$8.96, deli sliced Stop and Shop provolone cheese for \$5.99 a pound for \$9.16, a 15 ounce box of 4-C seasoned bread crumbs for \$1.67, a quart jar of B&G kosher dill pickles for \$2.99, two 16 ounce Oscar Meyer thick cut bacon for \$3.50 each, and fresh Chiquita bananas for .69 a pound for \$1.71 for \$39.38 total. I then returned home, and I brought up my purchases, and I put them away. I picked up the mail. I chatted with a relative. CIO

Note: <888> 10/07/10 Thursday 5:25 A.M. I threw out the garbage. I will now shut down the primary Windows 7 computer.

Partly cloudy and 49 to 70 degrees Fahrenheit today.

Not much happening in this area as far as I can tell. CIO

Note: <888> 10/07/10 Thursday 4:05 A.M. I made 105 Premier Lights 100 MM filter Peter Stokkebye Norwegian shag pipe tobacco cigarettes while watching www.foxnews.com . I watched part of a movie. CIO

Note: <888> 10/07/10 Thursday 12:15 A.M. I ate a Nature's Valley Sweet and Salty Nut Almond granola bar. I will now make some cigarettes. CIO

Note: <888> 10/06/10 Wednesday 11:45 P.M. Not much in the email today. CIO

Note: <888> 10/06/10 Wednesday 10:35 P.M. I woke up at noon today. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I surfed the internet. I chatted with a relative. I went back to bed from 4 P.M. to 6 P.M.. I washed the breakfast dishes. I made my bed. I ate a 8 ounce cheeseburger on a Kaiser roll with Dijon mustard and ketchup along with my usual vegetable mixture and watered down punch and a cup of green tea with splenda and lemon juice. I chatted with a relative. I watched some television. I showered, and I cleaned up. I will now make a fresh batch of punch. CIO

Note: <888> 10/06/10 Wednesday 2:25 A.M. As I recall, when I kept an eye on <http://mikelouisscott.com/fred.htm> Fred Von Mierers' apartment at 420 East 49th street from October 1973 to April 1975, I met quite a few jet set hippies from around the world. If Fred had any religious training other than spiritual highs from his friends and neighbors, they must have come from the 100 volume set of Edgar Cayce's A.R.E. that he kept in his bedroom closet. His Major Domo or butler was Edgar Powers who became an Episcopal minister at the Grace Episcopal Church | New York City which is suppose to be one of the wealthiest churches in New York City from the old days, when the 400 lived around nearby Astor Place.

I am a bit tired, so I will now shut down the primary Windows 7 computer, and I will go to bed soon.

A few showers today and 50 to 63 degrees Fahrenheit. CIO

Note: <888> 10/06/10 Wednesday 12:55 A.M. My eldest sister, once bought myself and another family member a What is chateaubriand? at Bern's Steak House in Tampa, Florida Bern's Steak House and Bern's Steak House > Bottom Menu > Menu > Dinner Menu . I guess from what I can tell from here Chateaubriand steak - Wikipedia, the free encyclopedia , it only a tiny portion of the whole cow. CIO

Note: <888> 10/06/10 Wednesday 12:25 A.M. I chatted with a friend.

Help Bill Gates not make too much money Win 7 Key City

BBC News - Dinosaurs' dominance 'helped by mass volcanism' CIO

Note: <888> 10/05/10 Tuesday 10:20 P.M. After dinner, I turned on one of the many National Broadcasting Company television stations, and there was a television show about the Rockefeller family and their various political activities. They claim they do not have much money anymore, but they seem to manage to stay in the lime light despite the price of tea in China. What has me confused, is that as I have seen before, it says they started construction on the World Trade Center in 1966. However, as I recall when I lived in Manhattan in 1973, I went downtown to Wall street a few times at night, and I recall back then seeing the foundation just beginning on the World Trade Center, so unless it took them seven years to dig the hole for the foundation, which I photographed on a videotape camera, it seems like the television people have their dates confused. When I first came off Nantucket in December 1983, and I returned back to Greenwich, Connecticut, I went into a pub in Manhattan, and I met somebody that looked like Nelson Rockefeller, and he claimed he was spending that Christmas with Happy Rockefeller. He said he was the doctor in charge at the United Nations trying to keep the diplomats from drinking liquor. As I recall, he drank Perrier with a dash of Angostura Bitters. He was with a pair of twins that I guess were relatives. CIO

Note: <888> 10/05/10 Tuesday 8:15 P.M. I woke up at 11:30 A.M. this morning. The order with tracking of UPS: Tracking Information on the order for 15 Premier LIGHT 100MM Tubes (200ct) for \$3.70 each and \$8.95 shipping for \$64.38 total arrived.

I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up. I went out, and I chatted with neighbors, and I threw out the garbage. I surfed the internet. I got my Greenwich Housing Authority rent statement in the mail. I went by the Chase Bank just west of Greenwich Avenue on West Putnam Avenue. I then went by the Wachovia Bank on Havemeyer Place, and I paid my rent to the Greenwich Housing Authority. I then went to my 3 P.M. appointment. They have new blue carpet pattern in the Greenwich Town Hall, and the walls are covered with a white style faux marble wall paper. My 3 P.M. appointment never showed up. I read an old copy of Vanity Fair. I then went by CVS. I picked up a prescription. I then bought two TUMS Extra Strength 750 assorted fruit 96 tablets for \$4.99 each less a \$5 off CVS coupon for \$4.98 total. I chatted with a local butcher about the Rockefellers in this area. I then went further downtown, and I chatted with a Starbucks coffee shop customer about Brazil. I then chatted

with the Greenwich Tobacco shop proprietor about Roll Your Own Cigarettes Ultra Lights 100s with filter . I then walked lower Greenwich Avenue and the train station area. I stopped by the Greenwich Cigar store briefly. I then sat outside briefly. I then returned to my apartment building. I picked up the mail.

My www.cl-p.com statement arrived, which I have already paid.

My bills for September 2010 for 29 days, when I was gone for 17 days with the hot water turned off was \$124.12 for 642 kWh and 22.17 kWh per day with an average temperature of 67.3 for September 2009.

My bill for September 2009, when I was gone for about 9 days with the hot water turned off was \$151.33 for 34 days and 762 kWh or 22.41 kWh with an average temperature of 62.7 degrees Fahrenheit.

I chatted with a relative. I will now reheat and eat the same spaghetti and linguine with grated parmesan and Romano cheese with watered down punch and a cup of green tea with splenda and Borden lemon juice. CIO

Note: <888> 10/05/10 Tuesday 12:10 A.M. I ate some mixed nuts. Afternoon showers today and 52 to 59 degrees Fahrenheit.

I have a 3 P.M. appointment today.

I will now shut down the primary Windows 7 computer, and I will go to bed soon. CIO

Note: <888> 10/04/10 Monday 10:50 P.M. I watched a little bit of television. I chatted with a relative.

I was having a problem with the Epox and Abit computers starting up, when one pressed the power button. I changed the CMOS settings for PWR BTN from Off to On, and that solved the problem, and they now both start up without any problems, when one presses the power button. I installed the Windows updates on the Epox computer. CIO

Note: <888> 10/04/10 Monday 7:50 P.M. Tracking is UPS: Tracking Information on the order for 15 Premier LIGHT 100MM Tubes (200ct) for \$3.70 each and \$8.95 shipping for \$64.38 total. CIO

Note: <888> 10/04/10 Monday 7:35 P.M. I made up a batch of spaghetti sauce and linguine noodles, and I ate half with grated parmesan and Romano cheese on it, and I refrigerated half. I ate it with a glass of watered

down punch and a cup of green tea with splenda and lemon juice. I threw out the garbage. I chatted with a relative of a neighbor. CIO

Note: <888> 10/04/10 Monday 5:40 P.M. BBC News - Water survey shows billions at risk of 'water insecurity' Maybe more people should live around the Great Lakes in the Midwest, but it is a bit colder there. CIO

Note: <888> 10/04/10 Monday 5:20 P.M. \$21.95 with free shipping Buy.com - Kingston 16GB DataTraveler 102 USB Flash Drive (White) CIO

Note: <888> 10/04/10 Monday 4:35 P.M. 10% off Aerobeds and entire order and free shipping for new customers Online shopping for brand names at discounted prices. Duvet covers, sheets, shoes, handbags & more; find the best bargains at SmartBargains.com . CIO

Note: <888> 10/04/10 Monday 4:25 P.M. I woke up while sleeping, and I ate 1/4th of a 20 ounce can of CVS deluxe mixed nuts. I finally woke up at noon. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted multigrain English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up. I threw out the garbage. I went by the A&P Fresh, and I bought a 33 ounce bag of Eight O'Clock Columbian coffee beans for \$15.49. I then dropped the Windows 7 book off at the book drop at the Greenwich Library. I then drove through the center of town, and not much was happening on a rainy day. I then went by the Stop and Shop, and I bought a 59 ounce container of Simply Orange orange juice with calcium for \$3.99, a 8 ounce jar of Grey Poupon Country Dijon mustard for \$2.99, a 12 ounce jar of Stop and Shop generic honey for \$2.49, a 48 ounce container of Quaker Old Fashioned oats for \$4.99, two 64 ounce Stop and Shop grape juice for \$3.49 each, two 64 ounce Stop and Shop cranberry juice for \$2 each, and a two pound bag of baby carrots for \$2.99 for \$28.43 total. I then returned home. I used my folding cart that I brought with me to bring up the groceries. I picked up the mail.

The Logitech Premium USB350 Headset 4 PC & MAC 980374-0403 - eBay (item 120575153749 end time Oct-23-10 13:30:23 PDT) for \$16.99 with free shipping arrived. I put it on the IBM ThinkCentre computer, and then I installed the updates on it. The new headset works just fine. I moved the other Logitech headset from the IBM ThinkCentre to primary Dell Latitude D410 laptop computer. I moved the older malfunctioning Persona DSP500 headset from there to the right stereo bookshelf with the other generic headset.

I put away the groceries. CIO

Note: <888> 10/04/10 Monday 1:15 A.M. I finished setting up the Windows XP Professional partition on the secondary Dell Latitude D410 laptop computer. I then installed the Windows 7 demo on the second partition. I then did a Windows 7 Complete PC backup to the Bytecc external hard drive.

I ate three scrambled eggs and four strips of fried maple bacon and a toasted English muffin with Smart Balance spread and a glass of watered down punch.

Showers today and 52 to 55 degrees Fahrenheit.

I will now shut down the primary Windows 7 computer, and I will go to bed soon. CIO

Note: <888> 10/03/10 Sunday 10:05 P.M. The threat level in the airline sector is up to Orange DHS | Homeland Security Advisory System CIO

Note: <888> 10/03/10 Sunday 9:50 P.M. On the second Dell Latitude D410 laptop, the Windows XP Professional ASR restore did not work properly. Thus I once again restored the Windows 7 beta Complete PC backup from the Maxtor external hard drive, and it works just fine. I am now installing the Windows XP updates. I then will install McAfee Internet Security 2009 on it and Skype. I could install the demo of Windows 7 on it, so I could make another Windows 7 Complete PC backup, which I might do.

I chatted with a relative. I showered, and I cleaned up. CIO

Note: <888> 10/03/10 Sunday 6:20 P.M. I watched television after the last note. I went to bed at 1:30 A.M.. I woke up at 9 A.M., when a relative called. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted multigrain English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I went back to bed until 2 P.M.. I washed the breakfast dishes. I made my bed. I restored the Vista Complete PC backup on the FIC server. I am now doing another Vista Complete PC backup of the FIC server from the first hard drive to the second hard drive. I will then do one to the Bytecc external hard drive. The secondary Dell Latitude D410 laptop would not boot properly. I tried to restore the Windows XP Professional ASR backup, but it would not recognize the floppy drive to restore the backup. I restored the Windows 7 beta Complete PC backup from the Maxtor external hard drive. I am now restoring the Windows XP Professional ASR backup from Windows XP ASR backup from the Samba

external hard drive. I will then have to resize the hard drive to eliminate the outdated beta of Windows 7.

I ate a ham and cheese sandwich on a Kaiser roll with sour cream and onion CVS style Pringles potato chips with a glass of watered down punch. I will now shower and clean up. CIO

End of Scott's Notes week of 10/03/10:

Note: <888> 10/03/10 Sunday 12:15 A.M. I ate a few day old muffin.

BBC News - US will issue travel warning for Americans in Europe

I will now send out my weekly notes.

Mostly cloudy tomorrow and 50 to 62 degrees Fahrenheit.

Fall back one hour on Sunday, November 7, 2010 when daylight savings time ends. Other places are here Daylight Saving Time Around the World 2010

I will then shut down the computer, and I will watch another movie on Channel 816 at 12:30 A.M. about Computer Nerds. CIO

Note: <888> 10/02/10 Saturday 10:05 P.M. I also stopped by the Apple computer store today, and I briefly browsed the internet.

I ate three scrambled eggs and six strips of fried maple bacon and a toasted English muffin with Smart Balance spread and a glass of watered down punch and a cup of, and a cup of green tea with splenda sweetener and lemon juice.

I chatted with a relative. I threw out the garbage. I moved my Audi to its usual place. CIO

Note: <888> 10/02/10 Saturday 8:05 P.M. I threw out the garbage. I chatted with neighbors. I went out, and I went by CVS in Cos Cob. I then went by the hardware store in Cos Cob. I then toured Radio Shack in Cos Cob. I then went by the end of the Christ Church tag sale. I then went by CVS on Greenwich Avenue. I went by the Greenwich Hardware store. I parked further down Greenwich Avenue. I walked the entire length of Greenwich Avenue and the train station area. I stopped by the Greenwich Cigar store, and I played a number 27 Spicy Hot Cash scratch card for a dollar, but I lost. I stopped by CVS on the way back up Greenwich Avenue

during my walk. I bought a Logitech Clearchat Stereo headset for \$22.79 and a 6.2 ounce tube of Crest Whitening Plus Scope toothpaste for \$2.75 less a \$4.50 off CVS bonus bucks and a \$5 off \$25 CVS internet coupon for and .96 tax for \$17 total. On the way down Greenwich Avenue, I noticed on the building permit on the building across the street and a bit south of CVS, they are building another CVS pharmacy. I guess CVS is getting to be like the Chase Bank in Greenwich sprouting up all over the place. I guess it is too far for some of their patrons to walk across the street, so they are putting one on both sides of the street. I finished my walk. I used the bathroom at the newly remodeled Starbucks. The new layout is quite nice, and people seem to be enjoying it. I then went by the Shell Station on East Putnam Avenue at Sherwood Place, but their air pump was broken.

I then went by the Stop and Shop, and I bought a six pack of day old Kaiser rolls for \$1.25, a 8 ounce jar of Grey Poupon Country Dijon mustard for \$2.99, two 10 quart packs of Stop and Shop powder milk for \$7.99 a ten pack, two 16 ounce Oscar Meyer thick cut bacon for \$7 both, a two pound bag of onions for \$1.50, fresh Chiquita bananas for .69 a pound for \$1.81, and a bulb of garlic for \$3.99 a pound for .56 for \$31.09 total.

I then went by the Shell station on West Putnam Avenue, and I put 35 PSI in all of my tires. I then went by the Courtesy Mobil gasoline station at 623 West Putnam Avenue, and I bought \$8.70 of self service premium for \$3.379 a gallon for 2.576 gallons for 30.4 miles driving since last Saturday at odometer of 67853 miles for 11.8 miles per gallon in mostly local traffic. I then returned home. I picked up my mail. I connected the Logitech Clearchat headset to the Panasonic Toughbook CF29 laptop computer, and it works just fine. I am installing the updates on it now. I put away my groceries. CIO

Note: <888> 10/02/10 Saturday 2:00 P.M. I woke up at noon, when a friend called. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted multigrain English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I washed the breakfast dishes. I made my bed. I chatted with a relative.

I did a Windows 7 Complete PC backup of the primary Windows 7 computer from the first hard drive to the second hard drive. I watered the plants yesterday.

I will now shut down the primary Windows 7 computer, and I will shower and clean up, and I will go out for a walk. CIO

Note: <888> 10/02/10 Saturday 1:20 A.M. Windows 7: The Top 10 Hidden Features | PCMag.com

BBC News - Change to 'Bios' will make for PCs that boot in seconds

BBC News - More than 100 arrests, as FBI uncovers cyber crime ring

Sunny today and 47 to 64 degrees Fahrenheit.

I will now shut down the primary Windows 7 computer, and I will go to bed soon.

I will eat a three day old muffin before going to bed. CIO

Note: <888> 10/02/10 Saturday 12:35 A.M. I mailed the letter in the mail room downstairs of the Microsoft Money 2007 September 2010 Income versus spending report to a relative. I threw out the garbage. CIO

Note: <888> 10/02/10 Saturday 12:10 A.M. I made 190 Gambler Premier Lights 100s filtered cigarettes while watching www.foxnews.com , and I also watched the movie "Angels and Demons". I chatted with a friend.

I ordered 15 Premier LIGHT 100MM Tubes (200ct) for \$3.70 each and \$8.95 shipping for \$64.38 total. CIO

Note: <888> 10/01/10 Friday 7:15 P.M. I opened up the Aerobed, and I spread it on the floor from the Ethan Allen recliner to the hallway entrance. I moved the magazine rack to the left. I plugged it into the hallway power strip, and I inflated it in about two minutes. It is quite comfortable. I then deflated it per the instructions, and I rolled it up, and I put it in its bag. I made two copies of the instructions, and one copy is in the bag with the Aerobed. I stored the two spare patches and copy of the instructions in the right mahogany bureau top drawer in the bedroom. I stored the Aerobed underneath the chair at the hallway entrance along with a fitted twin and regular twin sheet and the old light blue electric blanket that does not have a control panel. Thus it is all set to use. I threw out the shipping boxes.

I changed the Cable setup on the primary Windows 7 computer, and it seemed to have fixed the problems that I was having when the F: backup drive disappeared again. The Maxtor 320 gigabyte drive is the primary IDE master drive. The LG DVD/RW drive is the primary IDE slave drive. The Seagate 320 Gigabyte drive is the secondary IDE master drive. The Seagate 200 Gigabyte Drive is the secondary IDE slave drive. I also

changed some of the drive letters to reflect the new cabling. I booted the Vista partition, and I installed the Vista and the McAfee updates.

I chatted with a relative.

I will now make and eat a ham and cheese sandwich on a Kaiser roll with CVS Pringle style sour cream and onion potato chips with a glass of watered down punch. I will then make some cigarettes. CIO

Note: <888> 10/01/10 Friday 3:15 P.M.

I printed out two copies of my Microsoft Money 2007 Income versus Spending report for September 2010. I will mail one copy to an interested relative.

I paid my [www.cablevision.com](http://www.cablevision.com) Digital Cable Television, Optimum Online Boost, and Optimum Voice Long Distance bills, my [www.ci-p.com](http://www.ci-p.com) electricity bill, and my [www.verizon.com](http://www.verizon.com) telephone bill. CIO

Note: <888> 10/01/10 Friday 2:45 P.M. After the last note, I watched the Showtime movie, "Return of the Mummy". I then went to bed at 1:30 A.M.. I woke up at noon. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted multigrain English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I washed the breakfast dishes. I made my bed. I moved the oak dining room table over towards the kitchen wall about eight inches. I moved the case of CVS bottle water from underneath the chair at the hallway entrance the lower level of the bookcase at the kitchen entrance. I showered, and I cleaned up. I threw out the garbage. I said hello to neighbors. I picked up the mail.

The order with tracking of [UPS: Tracking Information](#) on the order for a twin size [Save on the Aerobed 16in Style Series Guest Bed at SmartBargains.com](#) for \$79.98 and \$9.95 shipping for \$89.93 total. However, according to the link, I was suppose to get a 10% discount and free shipping, so I called them up at 1-866-692-2742, and they are going to credit me the 10% discount and free shipping charge for a total of \$17.93 in a few days thus it will eventually cost me \$72 arrived. CIO

Note: <888> 11/30/10 Tuesday 9:45 P.M. Earlier today, I cleaned the Ionic Pro air purifier. A little while ago, I picked up the mail. I chatted with a relative. I ate a 18.8 ounce can of Campbell's New England clam chowder with a bulky roll with Smart Balance spread and a glass of watered down punch. I threw out the shipping boxes and the garbage. I will now shut down the primary Windows 7 computer, and I will go to bed soon.

Rain tomorrow and 58 to 32 degrees Fahrenheit. CIO

Note: <888> 11/30/10 Tuesday 8:25 P.M. (A47) Projet de vidéo sur l'éruption du Tungurahua - Le blog de bigben

Join the British Navy BBC News - Ex-Navy ship HMS Invincible in website auction

BBC - dot.Maggie: George W Bush's facetime at Facebook

I chatted with a friend.

The order with tracking of UPS: Tracking Information on the order from for Peter Stokkebye Bulk Tobacco , 86 ounces of Peter Stokkebye Amsterdam Pipe Tobacco for \$1.18 an ounce for \$101.32 total with free shipping arrived.

The smaller 6 ounce bag I tested. It is a longer cut and more moist tobacco. The longer cut will NOT work in the Premier injector cigarette machine. However, I put about two inches high at a time in the CuisineArt, and I cut it finer with the regular blade to the maximum of about six pulses, and in the finer cut it works just fine in the Premier cigarette injector machine. The cigarette I think taste like an American Eagle cigarette. It is a smooth cigarette, but since it is moister it draws more slowly, but it seems to be slightly milder than the Norwegian shag tobacco. Thus once I open up the five pound bag, I will stuff it uncut into the Ball mason jars, and I will cut a jar at a time as I make the cigarettes in the future. I made up one pack of the Dutch cigarettes to have to try occasionally until I start using them regularly.

I chatted with a relative. CIO

Note: <888> 11/30/10 Tuesday 3:35 P.M. I do not know whether or not this will work with my AT&T Go Phone simm card, but I went ahead and ordered Newegg.com - AT&T 3G PCMCIA Ultra Unlocked GSM Data/Air Card - Cell Phone Accessories for \$9.99 with free shipping. If it did work, it still

would be 25 cents a minute to use it for wireless AT&T internet with my AT&T Go Phone account. CIO

Note: <888> 11/30/10 Tuesday 3:20 P.M. I ate a ham and cheese sandwich on a Kaiser roll with a dill pickle slice and 1/4th of a 5.3 ounce tube of CVS Pringles style sour cream and onion potato chips and a glass of watered down punch. CIO

Note: <888> 11/30/10 Tuesday 2:40 P.M. Ex-Connecticut-congressman moves to Treasure Coast, disappears » TCPalm.com CIO

Note: <888> 11/30/10 Tuesday 1:55 P.M. I chatted with a relative after the last note. I went to bed, and I woke up at 6 A.M.. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up. I surfed the internet. I threw out the garbage. I went downtown, and I sat out for a while. I walked over to my 11 A.M. appointment. After my 11 A.M. appointment, I walked back over the central downtown, and I went by the Merry Go Round Mews thrift shop. They are not going to close now until the end of December 2010. They are looking for a new location with a cheaper rent. They have all of their Christmas items on display. I then returned to my Audi, and I returned back to my apartment.

I need some Post-it 3" X 3" Canary Yellow Laptop Pop-Up Note Refills, 10/Pack , when I make it over to Staples some time. They cost \$3.99. I do not think CVS carries them.

I found a small electronic calculator in my bedroom desk drawer, so I put a new AA alkaline battery in it, and I put it on top of the Sportster Fax Modem to the left of my primary Windows 7 computer. I just keep the Fax Modem around in case I ever have to use www.juno.com if the Cable Modem internet ever goes out. I do not have it configured for Windows 7, since Juno does not work well with Windows 7, but I think I have it configured on my laptops, and possibly on the Vista partition on the primary Windows 7 computer, but I have not tested it in a while.

The order for Amazon.com: Volcanoes 2011 Wall Calendar 12" X 12": Office Products for \$13.99 arrived. It is the same calendar as the other Volcano calendar, so I have a spare one.

The calendar for the \$20 donation to the Crystal Cathedral Crystal Cathedral Ministries : Welcome, and they send you this wall calendar 2011 THINK BIG Wall Calendar arrived yesterday. CIO

Note: <888> 11/29/10 Monday 7:55 P.M. I transferred the Mygica USB HDTV tuner that I already had from the IBM ThinkCentre M52 8213 to the IBM ThinkCentre M52 8215. They are both setup for it, so when I get the new one, I will put it on the other IBM ThinkCentre. I put the antenna on top of the Compaq 19 inch LCD monitor. I got out my spare Artec antenna. I went outside, and I picked up the mail. I chatted with a relative. I will now eat a piece of pumpkin pie with Cool Whip. I will shut down the primary Windows 7 computer, and I will go to bed soon. I have an 11 A.M. appointment tomorrow morning.

Afternoon showers tomorrow and 56 to 49 degrees Fahrenheit. CIO

Note: <888> 11/29/10 Monday 3:45 P.M. Microsoft Might Adopt Netflix Model - Forbes.com

GOP Store.com

From here Meritline.com Daily Deal , I ordered the Mygica A680B USB HDTV Tuner for \$16.99 with coupon code "MLC201115112930NL1" with free shipping for \$16.99 total. I will put it with the IBM ThinkCentre M52 8215 computer. I already have an HDTV antenna for it.

\$1.99 download Amazon.com: I Wish You A Merry Christmas: Bing Crosby: MP3 Downloads

Tracking is UPS: Tracking Information on the order from for Peter Stokkebye Bulk Tobacco , 86 ounces of Peter Stokkebye Amsterdam Pipe Tobacco for \$1.18 an ounce for \$101.32 total with free shipping.

BBC News - US shuts down file-sharing sites CIO

Note: <888> 11/29/10 Monday 2:50 P.M. Just to be on the safe side, I threw out the remaining slices of Butterball turkey breast in the dumpster. I chatted with neighbors. CIO

Note: <888> 11/29/10 Monday 2:30 P.M. Cruise ships, yachts get Internet at sea from S. Fla. firm » TCPalm.com CIO

Note: <888> 11/29/10 Monday 2:20 P.M. After I ate my meal, I cut off the remaining white turkey meat from the Butterball turkey breast, and I

wrapped it up in a baby carrot bag, and I stored it in the refrigerator to eat tomorrow. I threw out the turkey carcass, and I chatted with a neighbor.

I called up Butterball 1-800-BUTTERBALL [Butterball - Contact Us](#) , and they told me they only recommend it is safe to eat the turkey two to three days after cooking. Thus if it begins to stink or it older than three days, one probably should not eat anymore. Possibly I will not eat the remaining slices, but the ones that I just ate seemed all right. CIO

Note: <888> 11/29/10 Monday 12:35 P.M. I woke up at 6 A.M. this morning. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up. I surfed the internet. I threw out the garbage. I scrapped the frost off the Audi windows. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I chatted with a local walker. I used the bathroom at the Senior and the Arts center. I stopped by CVS. I bought buy one get one free of 9.5 ounce Triscuit crackers for \$4.99 both, two 15 ounce Alberto VO5 Kiwi and Lime conditioner for .77 each, a 20 ounce CVS yellow baby shampoo for \$4.39, and two CVS 5.3 ounce Pringles Style sour cream and onion potato chips for .99 each and .36 tax for \$13.27 total. I then bought buy one get one free of CVS 250 count Senior Spectravite Advanced Formula vitamins for \$15.29 both. I then used the bathroom at CVS. I then finished my walk, and I sat out for a while. I then returned home, and I chatted with a neighbor.

I will now make and eat the same reheated Thanksgiving dinner that I have been eating recently. CIO

Note: <888> 11/28/10 Sunday 6:15 P.M. I chatted with a relative. I will now shut down the primary Windows 7 computer, and I will go to bed soon.

Mostly sunny tomorrow and 48 to 39 degrees Fahrenheit. CIO

Note: <888> 11/28/10 Sunday 5:25 P.M. I chatted with two friends. I will now eat a piece of pumpkin pie with Cool Whip topping. CIO

Note: <888> 11/28/10 Sunday 4:45 P.M. [Charles Cary Rumsey](#)

[CHARLES C. RUMSEY DIES IN AUTO CRASH ON JERICHO TURNPIKE](#)

[Charles Cary Rumsey - Wikipedia, the free encyclopedia](#)

Mary Harriman Rumsey - Wikipedia, the free encyclopedia

Mary A. Fisk, 78, an Advocate Of Tutoring in Primary Grades - New York Times

Union Pacific: 1894-1969 - Google Books CIO

Note: <888> 11/28/10 Sunday 2:30 P.M. I ate the same reheated Thanksgiving meal that I have been eating recently. CIO

Note: <888> 11/28/10 Sunday 1:00 P.M. I went out after the last note. I threw out the garbage. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. However, on the way back up Greenwich Avenue from the train station area, I walked by the Rolls Bentley dealership, and they have a new Bentley sedan there with a drop head coupe configuration where the top only slides back from over the front seat leaving the back seat covered. I walked up Arch Street, and I looked at the reindeer at McArdle McMillan's nursery Santa, reindeer return to Greenwich - GreenwichTime . I was told by a local walker that I ran into later that the Merry Go Rounds Mews thrift shop is going to close this Tuesday for good. They also have removed the For Sale sign from in front of the Greenwich Post Office, so possibly they have a serious bidder. On the way up Greenwich Avenue, I stopped by CVS. I bought two 1 pound tins of lite Danish butter cookies for \$4.69 both. I then bought buy one get one free of CVS Vitamin E 400 IU USP 250 Softgels for \$15.29 both less a \$5 off \$15 CVS bonus bucks coupon that I got from the previous purchase for \$10.29 total. I chatted with a former neighbor. I ran into another local walker, so we walked back down Greenwich Avenue, and the other walker toured a couple of shops. We sat out for a while chatting about life down south in the old days. Earlier I had put the two week old red rose back on the veterans monument. I then went by the Stop and Shop, and I bought a 16 ounce package of Smart Balance Lite spread for \$3.29, a half gallon of Tropicana premium orange juice with calcium for \$3, a six ounce box of Stove Top turkey stuffing for \$1.50, fresh Chiquita bananas for .69 a pound for \$1.81, and a three pound bag of baby red potatoes for \$2.99 for \$12.59 total. I then returned home, and I picked up my mail from yesterday. CIO

End of Scott's Notes week of 11/28/10:

Note: <888> 11/28/10 Sunday 8:10 A.M. I will now send out my weekly notes. I will then eat an untoasted English muffin. I will then shower and clean up, and I will go out for a walk. Danish cookies at www.cvs.com are buy one get one free. CIO

Note: <888> 11/28/10 Sunday 7:25 A.M. I woke up at 8:30 P.M. last night, and I ate a piece of pumpkin pie with Cool Whip. I chatted with a relative. I went back to bed until 4 A.M.. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I washed the breakfast dishes. I went back to bed until 6 A.M..

\$99.99 with free shipping Seagate FreeAgent 2TB External Hard drive | Staples®

I will now make up a fresh batch of punch, and I will make my bed. CIO

Note: <888> 11/27/10 Saturday 12:40 P.M. I ate the same reheated Thanksgiving dinner that I have been eating recently. I will now shut down the primary Windows 7 computer, and I will take a nap. CIO

Note: <888> 11/27/10 Saturday 11:30 A.M. Mendenhall Research Fellowship Program

BrownTrout Calendars | Volcanoes 2011 Square Wall Calendar 2011 Calendar CIO

Note: <888> 11/27/10 Saturday 10:45 A.M. I made 127 Premier Lights 100 MM filter Peter Stokkebye Norwegian shag pipe tobacco cigarettes while watching [www.foxnews.com](http://www.foxnews.com) . I chatted with a friend.

At Peter Stokkebye Bulk Tobacco , they are out of Peters Stokkebye Norwegian Pipe Tobacco. However this page says Peter Stokkebye Pipe Tobacco - Amsterdam Blend is good for making one's own cigarettes.

Thus I ordered from Peter Stokkebye Bulk Tobacco , 86 ounces of Peter Stokkebye Amsterdam Pipe Tobacco for \$1.18 an ounce for \$101.32 total with free shipping.

More on the Peter Stokkebye Blends here Villiger Stokkebye International CIO

Note: <888> 11/27/10 Saturday 7:25 A.M. I will now shower and clean up. I will then make cigarettes. CIO

Note: <888> 11/27/10 Saturday 6:40 A.M. I put away the laundry. CIO

Note: <888> 11/27/10 Saturday 6:00 A.M. I have 10 minutes to go on the dry cycle. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I washed the breakfast dishes. I watered the plants. CIO

Note: <888> 11/27/10 Saturday 5:05 A.M. I chatted with a friend after the last note. I went to bed until 2 A.M.. I ate a piece of pumpkin pie with Cool Whip. I went back to bed until 4 A.M.. I put clean linens on the bed. I started two loads of laundry, and I have 10 minutes to go on the wash cycle. I threw out the garbage. CIO

Note: <888> 11/26/10 Friday 7:50 P.M. I finished the backup. I chatted with a relative.

Mostly sunny tomorrow and 42 to 32 degrees Fahrenheit.

I will now shut down the primary Windows 7 computer, and I will go to bed soon. CIO

Note: <888> 11/26/10 Friday 6:30 P.M. After dinner, I picked up the mail. I got a Christmas card from a relative. I then went outside, and I chatted with a neighbor.

The order with tracking of FedEx Tracking on the order from Seagate Cheap Hard Drives , I ordered the Seagate FreeAgent Go Special Edition Black Chrome 500 GB  
[http://drh1.img.digitalriver.com/DRHM/Storefront/Company/seagate/files/pdf/ds\\_fa\\_go\\_spec\\_ed.pdf](http://drh1.img.digitalriver.com/DRHM/Storefront/Company/seagate/files/pdf/ds_fa_go_spec_ed.pdf) for \$59.99 less 10% discount with promo code "SEAGATESTORAGE" for a \$6 discount and free shipping on a \$50 plus order and \$3.24 tax for \$57.23 total arrived.

I then went downtown, and I went by the Chase Bank on West Putnam Avenue just west of Greenwich Avenue. I then sat out downtown for a brief spell. It was quite busy downtown. I then went by the Courtesy Mobil gasoline station at 623 West Putnam Avenue, and I bought \$10 of self service premium gasoline at \$3.459 a gallon for 2.89 gallons at odometer reading of 68054 miles for 35.7 miles driving since Sunday November 14, 2010 for 12.353 miles per gallon in mostly local traffic. I then returned home. I will now use the new Seagate external hard drive to do a Windows 7 Complete PC backup of the IBM ThinkCentre 8215 computer.

The Queen Mary II is back in Manhattan tomorrow Saturday November 27, 2010 for another cruise down to the Caribbean [QM2 - Itinerary - 2010](#) . CIO

Note: <888> 11/26/10 Friday 3:25 P.M. I went outside, and I threw out some garbage. I will now reheat and make the same Thanksgiving Meal leftovers that I ate yesterday. CIO

Note: <888> 11/26/10 Friday 2:20 P.M. I ordered [Buy.com - McAfee Internet Security 2011 3 User 2 Year Protection](#) for \$19.99 with free shipping.

[Newegg.com - TODAY ONLY -- Newegg's ULTRA-SECRET Black Friday Deals!](#)

[15 Years on Conference - Montserrat Volcano Observatory](#)

[Volcanic Disaster Card Game](#)

[Global Volcanism Program | Volcanic Activity Reports | Smithsonian / USGS Weekly Volcanic Activity Report |](#)

[BBC News - Nine held in China after emperor family tombs' raid](#)

[BBC News - Dinosaur demise allowed mammals to 'go nuts'](#)

[BBC News - Hylas-1 net-dedicated satellite launches](#) CIO

Note: <888> 11/26/10 Friday 1:30 P.M. Safety first [Greenwich Gossip](#) CIO

Note: <888> 11/26/10 Friday 1:10 P.M. I woke up at 2 A.M.. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I washed the breakfast dishes. I watched television, and I rested until noon. About 9 A.M., I ate a 18 ounce can of Progresso Mushroom soup with a Kaiser roll with Smart Balance spread and a glass of watered down punch. I chatted with a relative. I made my bed. I showered, and I cleaned up. CIO

Note: <888> 11/25/10 Thursday 5:50 P.M. I ate a piece of pumpkin pie with some cool whip. I chatted with a relative. I will now shut down the primary Windows 7 computer, and I will go to bed. Have a good evening. CIO

Note: <888> 11/25/10 Thursday 5:10 P.M. BBC News - Three teenagers survive 50 days adrift in Pacific

BBC News - PC 'rebuilds Rome in a day' using pictures from Flickr CIO

Note: <888> 11/25/10 Thursday 4:15 P.M. Thanksgiving dinner was delicious. The turkey came out perfect. One has to remember, when using a convection oven, one does not need to cook as long. The stuffing was a bit too spicy. The pumpkin pie will be cooled down around 5 P.M.. I washed the dishes and pots and pans. I threw out the garbage.

Pictures of my Thanksgiving 2010 meal.

<http://mikelouisscott.com/mls-apt-112510/>

<http://mikelouisscottcom.cv.siteprotect.net/mls-apt-112510/> CIO

Note: <888> 11/25/10 Thursday 2:25 P.M. In the Farberware convection oven, the meat thermometer in the five pound Butterball turkey breast says it is 175 degrees Fahrenheit, or it is done after 1 hour and 40 minutes. Thus I took the turkey out of the oven. Convection ovens cook faster. I still have a half hour to cook the other items. CIO

Note: <888> 11/25/10 Thursday 1:55 P.M. I woke up at 6 A.M. this morning. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up. I threw out the garbage. I went downtown, and I picked up a prescription at CVS. I walked the entire length of Greenwich Avenue and the train station area. I stopped by CVS again on the way up Greenwich Avenue. I stopped by CVS and used the bathroom on the way down Greenwich Avenue. I sat out for a while enjoying the day. I returned home. I chatted with a friend for a while.

The Butterball defrosted turkey breast is five pounds. I opened it up, and I rinsed it off with cold water. I dried with a paper towel. I put it in on a roasting rack in a roasting pan breast side up. I rubbed it with olive oil. I seasoned it with garlic powder, ground black pepper, Italian spices and Montreal Steak Seasoning. I put it in a meat thermometer into the fleshy part of the breast. I set it for 175 degrees Fahrenheit. I put it in the Farberware convection oven at 325 degrees Fahrenheit. The Butterball instructions say it will be done in 2.5 hours at 3:10 P.M. or when at 175 degrees Fahrenheit. One is suppose to let it sit outside for ten minutes after

cooking. I will have steamed vegetables of sweet potato cubes and baby carrots with broccoli crowns with olive oil and Smart Balance spread on them, Stove Top turkey dressing with extra seasonings and olive oil instead of Kraft spread, Near East long grain and wild rice, Heinz roasted turkey gravy, and Ocean Spray whole cranberry sauce and watered down punch and a cup of green tea with spenda and lemon juice. After I finish cooking the turkey, I will start cooking the Mrs. Smith's 26 ounce frozen pumpkin pie which will take about an hour, and then it has to sit for an hour or two to cool. If eat some today, or whenever I eat some, it will be with Kraft Cool Whip topping on it. CIO

Note: <888> 11/25/10 Thursday 12:40 A.M. BBC News - Summit agrees tiger recovery plan

I will now shut down the primary Windows 7 computer, and I will go back to bed. CIO

Note: <888> 11/25/10 Thursday 12:05 A.M. Happy Thanksgiving. I woke up at 9:30 P.M.. I ate a sautéed 8 ounce eye round hamburger with two slices of processed American cheese on a Kaiser roll with ketchup and my usual steam vegetable mixture and a glass of watered down punch and a cup of green tea with splenda and lemon juice. I watched some television. I made my bed. I threw out the garbage. CIO

Note: <888> 11/24/10 Wednesday 3:40 P.M. I will now shut down the primary Windows 7 computer, and I will take a nap. CIO

Note: <888> 11/24/10 Wednesday 3:20 P.M. I woke up at 3 A.M. this morning. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I watched the movie "The Count of Monte Cristo". I went back to bed until 8 A.M.. I ate a three day old muffin. I did a complete house cleaning except for cleaning the bathroom, so the apartment is much cleaner. I cleaned the bathroom recently a couple of weeks ago. I chatted with a relative. I threw out the garbage. I picked up the mail.

The order for Amazon.com: Volcanoes 2011 Square 12X12 Wall Calendar (Multilingual Edition) (9781421661254): BrownTrout Publishers Inc: Books for \$11.19 arrived. I put it on the center hallway bookcase. I ate a ham and cheese sandwich on a Kaiser roll with a dill pickle slice and 1/4th of a 5.3 ounce tube of CVS Pringles style sour cream and onion potato chips and a glass of watered down punch. Somebody left the old GE 20 inch television from the community room outside my door, so I put it outside by the

dumpster. I showered, and I cleaned up. I went outside, and I chatted with a neighbor.

The order with tracking of UPS: Tracking Information on the order for LENOVO THINKCENTRE VIDEO CONNECTION ADD-ON 73P2516 - eBay (item 400142926121 end time Dec-07-10 13:12:16 PST) for \$14.33 with free shipping arrived. I installed it in the video slot in the IBM ThinkCentre M52 8215 computer. I changed the CMOS setting to PCI. I used one of the HDMI to VGA adapters to connect the monitor. It works just fine. CIO

Note: <888> 11/23/10 Tuesday 5:40 P.M. I chatted with neighbors. I picked up my mail.

I ate a three day old muffin.

Tomorrow sunny and windy 47 to 32 degrees Fahrenheit.

I will now shut down the primary Windows 7 computer, and I will go to bed soon. CIO

Note: <888> 11/23/10 Tuesday 4:55 P.M. EGU2011

BBC News - Royal Wedding date chosen by Prince William and Kate . I think you are allowed to send them wedding gifts.

BBC News - Two million US PCs recruited to botnets

BBC News - Strictly Come Surfing: Pupils teach pensioners about web

BBC - Earth News - Amur tigers on 'genetic brink' CIO

Note: <888> 11/23/10 Tuesday 4:05 P.M. I ate a 18.8 ounce can of Campbell's New England clam chowder with a Kaiser roll with Smart Balance spread and a glass of watered down punch. CIO

Note: <888> 11/23/10 Tuesday 2:55 P.M. After the last note, I threw out the garbage. I then went by the Chase Bank on West Putnam Avenue just west of Greenwich Avenue. I then went downtown. I used the bathroom at the senior and the arts center. I then walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I chatted with a local merchant about poison ivy. I stopped by CVS. I noticed today when I was making the cigarettes with the Premier cigarette machine that I do not use the palm of my right hand to turn the machine knob, but I turn it between my right hand thumb and first finger. Thus the skin irritation on

my right palm might be cause by the Alberto VO5 Kiwi and Lyme shampoo that I put in my right palm every day, when I wash my hair. While at CVS, I chatted with a relative of a former neighbor. I bought a 20 ounce bottle of CVS yellow baby shampoo for \$4.39 and .26 tax for \$4.65 total. I then finished my walk. I used the bathroom at the senior and the arts center again. They were having the seniors' Thanksgiving meal there. I then returned home. I chatted with a neighbor.

The order with tracking of FedEx Tracking on the order for spare used power supply IBM THINKCENTRE M52 SFF ATX 225W PSU FRU-24R2584 - eBay (item 310269220909 end time Dec-08-10 13:01:54 PST) for \$18 with free shipping was outside my door. It is the exact Delta Power Supply Model DPS-225HBA REV 03. I put it with its bubble wrap on the shelf beneath the stereo system with the other spare power supplies. I chatted with a relative for a while.

If you look on this map Detailed Texas Map - TX Terrain Map , the area of North Texas called the Pan Handle where nobody lives and there are no highways or towns on the map that I once looked at is different on this map. Its biggest city is Amarillo. I was told that it is a very dusty area, and they use to have some oil there. CIO

Note: <888> 11/23/10 Tuesday 10:10 A.M. Afternoon showers today and 56 to 39 degrees Fahrenheit. I will now shut down the primary Windows 7 computer, and I will go out for a walk. CIO

Note: <888> 11/23/10 Tuesday 9:35 A.M. I chatted with a relative. I will eat shortly a 21 ounce Stouffer's meat and tomato lasagna with grated parmesan and Romano cheese on it and a glass of watered down punch. CIO

Note: <888> 11/23/10 Tuesday 8:55 A.M. I made 178 Premier Lights 100 MM filter Peter Stokkebye Norwegian shag pipe tobacco cigarettes while watching www.foxnews.com . CIO

Note: <888> 11/23/10 Tuesday 5:40 A.M. Tracking is FedEx Tracking on the order from Seagate Cheap Hard Drives , I ordered the Seagate FreeAgent Go Special Edition Black Chrome 500 GB [http://drh1.img.digitalriver.com/DRHM/Storefront/Company/seagate/files/pdf/ds\\_fa\\_go\\_spec\\_ed.pdf](http://drh1.img.digitalriver.com/DRHM/Storefront/Company/seagate/files/pdf/ds_fa_go_spec_ed.pdf) for \$59.99 less 10% discount with promo code "SEAGATESTORAGE" for a \$6 discount and free shipping on a \$50 plus order and \$3.24 tax for \$57.23 total.

Yesterday morning I ate an untoasted English muffin and a two day old muffin. Also this past evening, I ate another two day old muffin.

F.B.I. Agents Raid 3 Hedge Fund Offices - NYTimes.com

Feds raid 3 hedge funds linked to trading probe - GreenwichTime

FedEx Tracking on the order for spare used power supply IBM THINKCENTRE M52 SFF ATX 225W PSU FRU-24R2584 - eBay (item 310269220909 end time Dec-08-10 13:01:54 PST) for \$18 with free shipping. CIO

Note: <888> 11/23/10 Tuesday 4:50 A.M. I woke up at 6 P.M. yesterday. The apartment inspection for the smoke detectors and emergency pull cords was cancelled. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I went back to bed until 8:00 P.M.. I chatted with a relative and a friend. I went back to bed until 3 A.M. this morning. I ate a ham and cheese sandwich on a Kaiser roll with a dill pickle slice and 1/4th of a 5.3 ounce tube of Pringles salt and vinegar potato chips and a glass of watered down punch. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up. I threw out the garbage. I picked up the mail. CIO

Note: <888> 11/22/10 Monday 10:50 A.M. I chatted with Seagate, and they can not cancel the order. Still it is a good deal, and they are now sold out of them. This item is available still \$69.99 with free shipping Newegg.com - Seagate FreeAgent Desk 1TB USB 2.0 Silver External Hard Drive ST310005FDA2E1-RK , but I do not need it yet. I will now shut down the primary Windows 7 computer, and I will go to bed soon.

Partly cloudy today and 61 to 48 degrees Fahrenheit. CIO

Note: <888> 11/22/10 Monday 9:00 A.M. I went out briefly, and I chatted with neighbors and the building custodian. The Fire Marshall is suppose to inspect the apartment smoke detectors and emergency pull cords today. CIO

Note: <888> 11/22/10 Monday 8:30 A.M. Photos: Prince William engagement to Kate Middleton - GreenwichTime CIO

Note: <888> 11/22/10 Monday 7:50 A.M. BBC News - Irish political uncertainty dents markets

BBC News - 'Eavesdropper' satellite rides huge rocket from Florida

BBC News - US envoy: N Korea nuclear plant 'provocative'

BBC News - Stuxnet 'hit' Iran nuclear plans CIO

Note: <888> 11/22/10 Monday 7:10 A.M. The Butterball Turkey cooking directions are sealed inside the wrapping. However, here Let's Talk Turkey , it says a defrosted unstuffed four pound turkey breast cooked at 325 degrees Fahrenheit takes 1.5 hours and needs to be at a minimal internal temperature of 165 degrees Fahrenheit at the thigh How to Cook a Turkey Article - Allrecipes.com.

Of course as a retired professional pot scrubber and dish washer, I know that cleaning the roasting pan might be one of the hardest parts. For baked on or burnt cooking pots or roasting pans, one can use a paint scraper or steel scouring sponge and a lot of elbow grease and hot water and dish washing soap. CIO

Note: <888> 11/22/10 Monday 6:25 A.M. My Butterball turkey breast will be pretty simple to cook providing the Farberware convection oven works. Basically one follows the instructions on the package, and when the bird watcher thermometer pops up, it is done. For advanced help Butterball - Celebrate Everyday . I have to use the Farberware convection oven with a baking pan and roast rack. The General Electric oven is blocked by the kitchen chair that I could always move. The Sharp convection oven will not hold the larger roasting pan.

Here is a turkey breast recipe Butterball - Turkey Breast and Sweet Potatoes , so at four pounds, it should not take more than two hours. They did have three Boars Head cooked turkey breasts at the Stop and Shop for \$7.99 a pound for about \$12, but I thought that was too expensive, but it is a lot less work to have it precooked, and just heat 1/4 inch thick slices in the microwave on medium power for about 90 seconds and add hot gravy. CIO

Note: <888> 11/22/10 Monday 6:00 A.M. Of course some rich people like a Crown Roast What is a Crown Roast? CIO

Note: <888> 11/22/10 Monday 5:50 A.M. Here is what a serving of four at www.costco.com for Beef Wellington costs Costco - Cuisine Solutions Beef Wellington , but of course one would have to know how to cook it.

How to Make Easy Beef Wellington

At Fresh milk products and great customer service at Stew Leonard's! a whole filet mignon is \$7.99 a pound Stew Leonard's Weekly Specials, Promotions, Events, Sales, and other Great Deals! , but one would have to spend a fortune in gasoline to drive to Norwalk, Connecticut. I guess that is why people from Norwalk, Connecticut seem fatter than around here.

Most grocery stores now sell premade puff pastry dough. You could skip the goose livers.

Easy Yorkshire Pudding Recipe - How to Make Yorkshire Puddings

<http://www.campbellskitchen.com/> . CIO

Note: <888> 11/22/10 Monday 5:10 A.M. Newegg.com - Pre-Black Friday Sale: Nab these deals before the mad rush!

Windows Event Log Management, Event Log Monitoring, Event Log Monitor :: EventLog Analyzer

Encrypt Emails and Messages CIO

Send Secret Audio Messages over the internet with this web site Morse Code - SOS , but the receiver would have to know Morse Code. I think some old time military people might still know Morse code. CIO

Note: <888> 11/22/10 Monday 4:30 A.M. Of course back in 1962, when my family first moved to this area, Tad's steak houses in Manhattan which were like fast food steak houses served a .75 inch thick sirloin steak with baked potato for \$1.99. However, back then sirloin steaks were about 59 cents a pound at the grocery store. Since I grew up eating beef and eat it now when I can afford it, except for when Prince Charles The Prince of Wales and his vegetarian friends show up. I even spent a lot of years covering the wholesale meat packing district in the West Village of Manhattan at night, where you can see whole sides of beef waiting to be cut up and distributed to hungry New Yorkers. I guess having gone to [www.lfc.edu](http://www.lfc.edu) where some of the most prominent meat packing families live in Lake Forest, Illinois, I learned a little bit about beef. However, while at Lake Forest College, they only served half inch thick steaks about once a month by the Szabo food caterers. After my sophomore year, I lived off campus on The Farm <http://mikelouisscott.com/photo/mike-scott-the-farm-illinois-1970.jpg> , and I cooked my own food or ate at local restaurants including [www.mcdonalds.com](http://www.mcdonalds.com) . I developed a taste for Norwegian salmon, and I ate Norwegian salmon a great deal of the time from the Lakeside grocery store, and it was about 59 cents a pound. Thus until about 1983, I was only about

135 pounds in weight. I did go up to 185 pounds during the six months, I lived in Greenville, South Carolina eating Win Dixie steaks every day for dinner. Now at 220 pounds, I constantly try to curb my appetite, but with the frequent walking that I do, it tends to make me hungry, when I can afford to eat. Up until about six years ago, a local friend would take me out to dinner about once a month, and we frequently ate at Chucks Steak House in Darien, Connecticut where a large prime rib of beef or New York Strip Steak was about \$18.95, but I have heard rumors that prices have gone up. I know the only time I was recently in a Burger King a Whopper was \$6.39. McDonalds being a large beef consumer actually has their own cattle ranches, thus they also produce the better cuts of beef besides hamburger. If you look at this menu, you can see beef has gotten a little bit more expensive as everything else has  
<http://www.chucksdarien.com/menu.htm> . CIO

Note: <888> 11/22/10 Monday 3:45 A.M. If you look at the order with tracking of UPS: Tracking Information on the order for LENOVO THINKCENTRE VIDEO CONNECTION ADD-ON 73P2516 - eBay (item 400142926121 end time Dec-07-10 13:12:16 PST) for \$14.33 with free shipping, it takes about six days driving non stop to get from Microsoft [www.microsoft.com](http://www.microsoft.com) in Redmond, Washington to Greenwich, Connecticut, but I do not think Bill Gates Bill Gates: Chairman works for [www.ups.com](http://www.ups.com) , but it would be another profitable company to own. CIO

Note: <888> 11/22/10 Monday 3:35 A.M. I ate a 12 ounce sautéed petit sirloin steak with steamed vegetables and watered down punch and a cup of green tea.

I was told by a friend in the know in Manhattan that they are going to tear down Whitney Museum of American Art and build a high rise building there. Back in the early 1970s when I could afford to visit Manhattan, I visited it many times, and I was even invited to Art Openings there. As I recall they had a second floor rear outside balcony, when one could smoke there which was convenient. Nearby as I recall on the southeast of 78th street corner and Madison Avenue, there was a very good cafeteria that I ate at many times, and in the evening it was not too busy and quite reasonably priced. I think a roast beef dinner of prime rib was \$6.95 with all of the trimmings. I can not recall if that included a beverage. I think the roast beef dinner at the Metropolitan Museum of Art The Metropolitan Museum of Art, New York: metmuseum.org was about the same price, but they served a better cut of roast beef in the sculpture garden. Of course back then, one could smoke in the Engelhard Court and enjoy the view outside of the cold snowy days in central park. With so many unemployed people today, the museums must be very busy. CIO

Note: <888> 11/22/10 Monday 2:05 A.M. I went out after the last note. I drove all of the way over to Walgreen's [www.walgreens.com](http://www.walgreens.com) in Old Greenwich on East Putnam Avenue. I bought four 40 bag packages of Lipton green tea bags for \$2.50 each box for \$10 total. I then bought four Automatic 9 ounce bowl fresh blue toilet bowl tank jars for \$1.99 each, two .5 ounce tubes of Neosporin for \$6.49 each tube, and four Walgreen's 1.75 inch by 3 inch Watershield Water-Resistant Adhesive Bandages 10 count for \$3.19 each box less \$3.20 for the fourth box and \$1.05 tax for \$31.55 total. The pharmacist suggested the Neosporin. I then went by the Greenwich Hospital Emergency room, and the receptionist told me the Neosporin should fix the problem with the sore in the palm of my right hand. They have valet parking there. I did not check in at the Emergency room, so there was no charge. I was also told to get the water proof bandages by the friend that I chatted with before I left. I then went downtown, and I sat out for a while. I walked over the running track behind the Greenwich Town Hall, and the two green port-o-pottie toilets are now gone, so they are not available at night. I walked the entire length of Greenwich Avenue and the train station area. I used the bathroom at the Thataway restaurant and bar. The new Greenwich Pharmacy across the street from CVS is now opened. There is another new shop going in just south of it. It was a quiet early morning walk. There are a few Christmas decorations out in some of the shops. They have not turned on any lights on the trees on Greenwich Avenue, but only a few merchants do that now. The lights on the tree on the north side of the veterans monument were working about a month ago, so possibly they might plug them into the light post next to it, when they think they should be lighted up. All three lights on the lanterns in front of the Greenwich Post Office are working, which I have never seen all three working before. I put the red rose back up on the veterans monument. When I returned home, I noticed the new [www.chase.com](http://www.chase.com) construction site just west of the Greenwich Library where the Exxon station use to be is now just a vacant dirt lot without any construction fence around it. It could be handy for a helicopter landing pad. I then returned home, and I put away my purchases. I rubbed a dab of Neosporin on the sore on my right hand palm, and I put one of the water proof bandages over it. CIO

Note: <888> 11/21/10 Sunday 10:25 P.M. I chatted with a friend. I showered, and I cleaned up. When I shampoo now, I am putting the shampoo in my left hand palm instead of my right hand palm, so as not to irritate the sore in my right hand palm.

I will now go to Walgreen's in Old Greenwich to get some Aloe cream for my right hand palm. I guess I will also get some blue toilet tank jars and some

Lipton green tea bag. I might stop by CVS while I am over there. I will now shut down the primary Windows 7 computer. CIO

Note: <888> 11/21/10 Sunday 9:05 P.M. I woke up at 6:15 P.M.. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I went back to bed until 8:30 P.M., when I chatted with a relative. I washed the breakfast dishes. I made my bed. I will now shower and clean up. CIO

End of Scott's Notes week of 11/21/10:

Note: <888> 11/21/10 Sunday 9:40 A.M. I ate a 18.8 ounce can of Campbell's New England clam chowder and a bulkie roll with Smart Balance spread and a glass of watered down punch. I will now send out my weekly notes. I will then shut down the primary Windows 7 computer, and I will go to bed soon. CIO

Note: <888> 11/21/10 Sunday 8:45 A.M. I went out after the last note. I went downtown, and I sat out for a while. I put the red rose that somebody left on Veterans' Day back on the Veterans monument. It look like the wind had blown it off. I stopped by Zen stationary and Starbucks, but I was too tired to walk. I then went by the Stop and Shop, and I bought a four pack of day old muffins for \$2, a six pack of Bulkie rolls for \$3.49, two 12 ounce Heinz Home-style roasted turkey gravy for \$1.25 each, a six ounce box of Near East Long Grain and Wild rice mix for \$2.75, two 16 ounce cans of Ocean Spray whole cranberry sauce for \$1 each, a 48 ounce box of Quaker Old Fashioned oats for \$4.99, two 6 ounce Stove Top turkey stuffing \$1.50 each, a Butterball uncooked turkey breast for \$2.79 a pound for \$11.49, a two pound bag of baby carrots for \$2.99, fresh Chiquita bananas for .69 a pound for \$1.66, broccoli crowns for \$1.99 a pound for \$2.43, two Louisiana golden yams for .50 a pound for .87 for \$40.17 total. I then put my groceries in the Audi, but I forgot something. I then went back in the Stop and Shop, and I bought two 8 ounce frozen Kraft Cool whip topping for \$1 each and two 26 ounce Mrs. Smith's frozen pumpkin pies for \$1.99 each for \$5.98 total. I then returned home, and I carried up my groceries, and I put them away. I used my \$20 Greenwich Department of Social Service voucher for part of the purchase. Thus I am all stocked up for my Thanksgiving Day meal, but I still have to cook it this Thursday. CIO

Note: <888> 11/21/10 Sunday 6:10 A.M. Today is suppose to be mostly sunny and 43 to 36 degrees Fahrenheit.

Royal replica for sale in Greenwich - GreenwichTime , of course it is not in a tropical area.

I went outside, and I threw out the garbage. There is only very light frost on the Audi windows, so I will go out shortly and do some grocery shopping at the Stop and Shop, when they open at 7 A.M.. I think I will go out now and check out downtown first. CIO

Note: <888> 11/21/10 Sunday 4:45 A.M. The information on the two IBM ThinkCentres is:

Model Number: MT-M 8213-DC1

Serial Number: LKTF381

Model Number: MT-M 8215-LUC

Serial Number: LKCNM95

CIO

Note: <888> 11/21/10 Sunday 4:05 A.M. Recent IBM ThinkCentre computer installations and other apartment changes  
<http://mikelouisscott.com/mls-apt-112110/>

<http://mikelouisscottcom.cv.siteprotect.net/mls-apt-112110/> .

I am not going to put out the Twin Size Aero Bed just to take a picture of it.

I ate a Nature's Valley trail mix bar before going to bed this past morning, and I just ate another one. CIO

Note: <888> 11/21/10 Sunday 2:50 A.M. IAVCEI - Downloads

I ordered Amazon.com: Volcanoes 2011 Wall Calendar 12" X 12": Office Products for \$13.99 and Amazon.com: Volcanoes 2011 Square 12X12 Wall Calendar (Multilingual Edition) (9781421661254): BrownTrout Publishers Inc: Books for \$11.19 with free shipping for \$25.18 total.

Greenwich Gossip

Middleton Place, Charleston S.C. CIO

Note: <888> 11/21/10 Sunday 2:00 A.M. I ate three scrambled eggs and three strips of fried thick bacon and a toasted English muffin with Smart Balance spread and a glass of watered down punch. CIO

Note: <888> 11/21/10 Sunday 1:10 A.M. I put away the laundry. Recently I have been on a lower calorie or smaller diet, so I do not have enough energy to walk around downtown at night plus I am getting older. On a limited budget, I think it is best to just keep busy at home at night. There are plenty of unemployed younger people whom can keep an eye on activity downtown. One does not find much money on the sidewalks on Greenwich Avenue. It works out to about a dollar a year. CIO

Note: <888> 11/21/10 Sunday 12:15 A.M. I tried to cancel the Seagate order by using this form <http://support2.seagate.com/> , but I am not sure whether it will work or not. I also tried replying to their receipt on a no reply email address. I can call them up on Monday at this telephone number at 1-800-SEAGATE between 8 A.M. and 6 P.M. CST [Contact Us | Seagate](#) . I can get a much larger external hard drive at [www.newegg.com](http://www.newegg.com) for slightly more, but I will wait to see if I can cancel the Seagate order.

I have 20 minutes to go on the dry cycle. CIO

Note: <888> 11/20/10 Saturday 11:20 P.M. I put clean linens on the bed. I showered, and I cleaned up. I started two loads of laundry, and I have 20 minutes to go on the wash cycle. I picked up the mail. I got my \$20 voucher from the Greenwich, Connecticut department of social services good at the Stop and Shop or the Greenwich Food Mart, so I can get a Thanksgiving dinner. I was thinking of making it simple this year and maybe just getting a couple of Stouffer's frozen turkey dinners, but I will see what develops. I threw out the garbage. CIO

Note: <888> 11/20/10 Saturday 9:50 P.M. I woke up at 4 P.M.. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I chatted briefly with a friend. I went back to bed until 8 P.M.. I chatted with a relative. I ate an untoasted English muffin.

From [Seagate Cheap Hard Drives](#) , I ordered the Seagate FreeAgent Go Special Edition Black Chrome 500 GB [http://drh1.img.digitalriver.com/DRHM/Storefront/Company/seagate/files/pdf/ds\\_fa\\_go\\_spec\\_ed.pdf](http://drh1.img.digitalriver.com/DRHM/Storefront/Company/seagate/files/pdf/ds_fa_go_spec_ed.pdf) for \$59.99 less 10% discount with promo code

"SEAGATESTORAGE" for a \$6 discount and free shipping on a \$50 plus order and \$3.24 tax for \$57.23 total.

I will now wash the breakfast dishes. I will then put clean linens on my bed. I will then shower and clean up. I will then do two loads of laundry. CIO

Note: <888> 11/20/10 Saturday 4:45 A.M. I ate a 18 ounce can of Progresso New England clam chowder and a toasted English muffin with Smart Balance spread and a glass of watered down punch.

I will now shut down the primary Windows 7 computer, and I will go to bed soon.

Partly cloudy today and 55 to 33 degrees Fahrenheit. CIO

Note: <888> 11/20/10 Saturday 4:00 A.M. [People Search](#) | [White Pages](#) | [Find People](#) | [FREE!](#) does not work very well.

#### GAC-MAC OTTAWA 2011 MEETING

[George W. Bush Presidential Center - Groundbreaking Webcast](#)

[Paypal](#) | [Shop Asia](#) CIO

Note: <888> 11/20/10 Saturday 2:55 A.M. For the IBM ThinkCentre M52 8215 computer, I bought this spare used power supply [IBM THINKCENTRE M52 SFF ATX 225W PSU FRU-24R2584 - eBay \(item 310269220909 end time Dec-08-10 13:01:54 PST\)](#) for \$18 with free shipping.

More of them are here [24R2584 items - Get great deals on items on eBay.com!](#) . CIO

Note: <888> 11/20/10 Saturday 2:00 A.M. I chatted with a local morning walker earlier this evening, and he did not witness the jewelry store robbery recently on Greenwich Avenue. CIO

Note: <888> 11/20/10 Saturday 1:50 A.M. I threw out the garbage and the old periodical literature. There is frost on the car windows. I picked up the mail. I watered the plants. CIO

Note: <888> 11/20/10 Saturday 12:45 A.M. I need to drive over to the Walgreen's in Old Greenwich one of these days to get four of these [Automatic Bowl Fresh Toilet Bowl Cleaner](#) | [Walgreens](#) for \$2.29

each, but I just put the last new one in the toilet, so there is no rush. I am afraid to go there, because I might buy something expensive on impulse which is cheaper on the internet. CIO

Note: <888> 11/20/10 Saturday 12:35 A.M. I ate a ham and cheese sandwich on a Kaiser roll with a dill pickle slice and 1/4th of a 5.3 ounce tube of Pringles salt and vinegar potato chips and a glass of watered down punch. I chatted with an out of town security agency. I will now shower and clean up. CIO

Note: <888> 11/19/10 Friday 11:40 P.M. I woke up around noon today, when the building custodian inspected my new apartment double pane windows with someone else. I went back to bed until 6 P.M... I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I chatted briefly with a friend. I went back to bed until 7 P.M.. I washed the breakfast dishes. I made the bed. I chatted with one of my best friends whom lost his job with New York Racing Association - Aqueduct after 30 years. He is thinking of moving his family elsewhere. I called him later to remind him a friend of my family works at Gulfstream Park down in Florida, but being a cold weather person, I am not sure he would want to move that far down south. I chatted with a relative.

The orders with tracking of Newegg.com - Computer Parts, PC Components, Laptop Computers, LED LCD TV, Digital Cameras and more! tracking on the order for Newegg.com - PNY 1GB 240-Pin DDR2 SDRAM DDR2 667 (PC2 5300) Desktop Memory Model MD1024SD2-667-V2 for \$22.99 and .99 shipping for \$23.98 total and the order for two VGA Adapter | DVI Adapter | Male DVI-I to Female VGA Adapter (DVI 24+5 Pin) - Meritline.com for \$4.85 both with free shipping were outside my apartment door. I put the video adapters in the left top desk drawer in the living room. I installed the memory chip in the IBM ThinkCentre M52 8215 computer, so it now has three gigabytes of computer memory.

I chatted with a relative. I watched the two different programs on NBC about Prince Charles and the Earth's Environment. In showing pictures of his office, I noticed he did not seem to have a computer in his office, so possibly in trying to save the environment, he is not going high tech. I have tried to be energy conscious in my routines by driving downtown fewer times each week. I also do not use as much heat in the winter, I let the energy saving light bulbs and computers put out a bit of extra heat in the apartment until it gets colder, when one has to use the electric heat.

The Fire Marshall and a Greenwich Housing Authority representative are going to inspect the apartment here on this Monday November 22, 2010 to make sure the building central fire alarm system works and that the emergency pull cords work. CIO

Note: <888> 11/19/10 Friday 8:20 A.M. I scanned the TV channels on the IBM ThinkCentre M52 8213 computer.

I searched the internet for a cheap spare power supply for the IBM ThinkCentre M52 8215 computer, but I could not find one. It is a Delta Power Supply Model DPS-225HB A Rev 03.

I ate four slices of deli cheese and two sliced of deli ham.

[Audio, photos detail Betteridge robbery - GreenwichTime](#)

I will now shut down the primary Windows 7 computer, and I will go to bed soon.

Mostly sunny and 46 to 36 degrees Fahrenheit today. CIO

Note: <888> 11/19/10 Friday 5:10 A.M. I watched on the TMC movie channel "55 Days at Peking". CIO

Note: <888> 11/19/10 Friday 2:45 A.M. [Welcome to the official website of the British Monarchy](#)

[The British Monarchy | Facebook](#) CIO

Note: <888> 11/19/10 Friday 1:45 A.M. [Dimensions in Dining - Bruce Museum Benefit is Fabulous Success - Events - Bruce Museum](#)

[Welcome to Ct Art Trail](#)

<http://brucemuseum.org/files/Same-Day-Pass.pdf>

[Association of Science-Technology Centers](#)

[Bruce Museum | Facebook](#)

[Bruce Museum](#)

<https://www.hpinkjetprintersettlement.com//>

Amazon.com: The Warren Buffetts Next Door: The World's Greatest Investors You've Never Heard Of and What You Can Learn From Them (9780470573785): Matthew Schifrin: Books

<http://www.theshackgiftguide.com/>

KLM Thought about a warm winter escape?

Time Warner Friends and Family Newsstand

Global Volcanism Program | Volcanic Activity Reports | Smithsonian / USGS Weekly Volcanic Activity Report |

BBC News - 'Alien' planet detected circling dying star

BBC News - Scientists picture Icelandic volcano's 'plumbing'

BBC News - Laser camera takes photos around corners CIO

Note: <888> 11/19/10 Friday 12:55 A.M. There use to be friendly people from Vermont whom would sell Christmas trees on the east side of First Avenue in Manhattan between 50th and 51st street at Beekman Place in front of Paul Mellon - Wikipedia, the free encyclopedia's son's florist shop. If the people from Vermont are too busy, I guess we could try to come up with some Dutch people from Holland, Michigan selling Scotch Pine Christmas trees.

I think Nelson Rockefeller - Wikipedia, the free encyclopedia still has the job playing Santa Claus for the Salvation Army The Salvation Army in front of Rockefeller Center. Of course, there are a lot of Elves around that nobody pays any attention too. CIO

Note: <888> 11/18/10 Thursday 11:50 P.M. On the Glen Beck show on www.foxnews.com today, Glen Beck said that Jay Rockefeller's Jay Rockefeller - Wikipedia, the free encyclopedia father was David Rockefeller David Rockefeller - Wikipedia, the free encyclopedia when in fact, the father of Senator Rockefeller of West Virginia is John D. Rockefeller III - Wikipedia, the free encyclopedia . There is a Rockefeller connection with www.foxnews.com in that Rupert Murdoch - Wikipedia, the free encyclopedia a few years ago bought Nelson Rockefeller's Nelson Rockefeller - Wikipedia, the free encyclopedia triplex penthouse apartment just north of the The Pierre Hotel New York which use to be owned by J. Paul Getty - Wikipedia, the free encyclopedia . When I use to drive into Manhattan between October 1973 and April 1975, I use to park on Mitchell Place just south of

Beekman Place where John D. Rockefeller III had an apartment at 1 Beekman Place along with the British Consulate to the [www.un.org](http://www.un.org). Towards the end of that period in Manhattan, they changed the parking zone to Diplomatic Parking for Diplomats, so I no longer had a convenient place to park my mother's 1973 copper brown Chevrolet Monte Carlo or my 1971 blue Volvo sedan. It was convenient to Fred's <http://mikelouisscott.com/fred.htm> who was working as an interior decorator for the wealthy in Manhattan. Of course shortly after I started parking there in October 1973, we had the Arab Energy Embargo, so it was hard to find gasoline in the New York City area. I was told by [George H. W. Bush - Wikipedia, the free encyclopedia](#)'s private pilot who lives nearby in Byram about 20 years ago that all of the oil back then was in tankers in the New York City harbor, and somebody ordered it not to be off loaded from the tankers.

I chatted with a relative. I ate a 12 ounce sautéed petit sirloin steak with steamed vegetables and watered down punch and a cup of green tea. I will now shower and clean up. CIO

Note: <888> 11/18/10 Thursday 10:30 P.M. I had a telephone call from a relative and an associate this morning and this afternoon. I finally woke up at 4 P.M.. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I chatted briefly with a friend. I went back to bed until 7 P.M.. I washed the breakfast dishes. I made the bed. I threw out the garbage. I chatted with a neighbor. I picked up the mail.

The order for two [32.0 Mega Pixel 6 LED USB PC Laptop Video Webcam+Mic - eBay \(item 390195964628 end time Nov-09-10 23:28:24 PST\)](#) for \$6.88 each with free shipping for \$13.76 total arrived. I took the Logitech QuickCam Communicate off the primary IBM ThinkCentre, and I put it on the new IBM ThinkCentre. It has a closer field of vision for a user working close the web cam. I put one of the new web cams on the original IBM ThinkCentre. I works just fine. One has to remember to focus the lens by turning the lens. I also hung another 3M Command hook on the right side the original IBM ThinkCentre 19 inch LCD monitor to hold its Logitech USB headset. I stored the spare new web cam and the older Intel web cam on the shelf beneath the stereo entertainment system. CIO

Note: <888> 11/18/10 Thursday 5:40 A.M. I ate an untoasted English muffin. If the spare HDMI to VGA video adapters do not arrive from China before the new IBM ThinkCentre video adapter card arrives, I can always use the HDMI to VGA video adapter off the Epox computer, since its video

card also has a VGA plug. I will now shut down the primary Windows 7 computer, and I will go to bed soon.

Mostly cloudy and 53 to 35 degrees Fahrenheit today. CIO

Note: <888> 11/18/10 Thursday 5:05 A.M. I ate a 18 ounce can of Progresso chicken and rice soup with a Kaiser roll with smart balance spread and a glass of watered down punch.

If you ever quit watching television in the United States of America, there is not really as much going on as you think considering the size of the country and how little news the news media actually covers. I guess a lot of women still watch television in the daytime which is why so many women are on television in the daytime. I guess the men are busy with the internet or what ever keeps them busy. Basically in the communications business, one has to remember that every area has their own particular focus based on what the local people think is important. In the case of Greenwich Avenue versus the rest of Greenwich, there are a great many private people whom live in the larger more rural sections of Greenwich, and a great many of them pay a lot of money in taxes, and they tend to expect their privacy to be maintained. If the wealthier people have to pay more money for security, they will have less money for the various charities they also support. CIO

Note: <888> 11/18/10 Thursday 3:50 A.M. [REAGANFOUNDATION.ORG](http://REAGANFOUNDATION.ORG) | [LIVE WEBCASTS George W. Bush November 18, 2010](#)

I cancelled the order for two [Newegg.com - Microsoft Windows 7 Family Pack/ Home Premium Upgrade - Retail 3 PCs](#) for \$129.99 each with free shipping for \$259.98 total. Yesterday, when I chatted with 1-800-RU-LEGIT , they told me that all the software pirates wanted was my money. I am beginning to think much is the same with Microsoft. I might want to do something else during the holidays like drive up to New Canaan, Connecticut and see what I see on the rebound. However, that might be too expensive. I really cancelled the Windows 7 Family pack, because I really can not afford it, even if I charged it and paid it off over time. So if and when the current product keys expire, I will just use Windows XP and Vista that I have plenty of valid product keys for.

<http://www.montserratvolcano.org/Merapi.htm>

Tracking is [UPS: Tracking Information](#) on the order for [LENOVO THINKCENTRE VIDEO CONNECTION ADD-ON 73P2516 - eBay](#) (item

400142926121 end time Dec-07-10 13:12:16 PST) for \$14.33 with free shipping.

Tracking is Newegg.com - Computer Parts, PC Components, Laptop Computers, LED LCD TV, Digital Cameras and more! tracking on the order for Newegg.com - PNY 1GB 240-Pin DDR2 SDRAM DDR2 667 (PC2 5300) Desktop Memory Model MD1024SD2-667-V2 for \$22.99 and .99 shipping for \$23.98 total.

Beat the winter blues in Scotland

IUGG 2011, 28 June – 7 July 2011, Melbourne, Australia | International Union of Geodesy and Geophysics General Assembly

IUGG 2011, 28 June – 7 July 2011, Melbourne, Australia | International Union of Geodesy and Geophysics Conference

BBC News - Forty Rolls Royce Airbus A380 engines 'need replacing'

BBC News - Antimatter atom trapped for first time, say scientists CIO

Note: <888> 11/18/10 Thursday 2:55 A.M. Greenwich Gossip

Avenue jewelers angered by lack of police presence at Lewis Street - GreenwichTime CIO

Note: <888> 11/18/10 Thursday 2:40 A.M. I made 262 Premier Lights 100 MM filter Peter Stokkebye Norwegian shag pipe tobacco cigarettes while watching www.foxnews.com . When one gets a callous in the palm of one's right hand from making cigarettes with the Premier cigarette tube machine, one can always cut open a Vitamin E capsule before one goes to bed, and rub it on the callous before going to bed. CIO

Note: <888> 11/18/10 Thursday 12:10 A.M. I did a Windows 7 Complete PC backup of the primary Windows 7 computer from the first hard drive to the second hard drive. Now back to making cigarettes. CIO

Note: <888> 11/17/10 Wednesday 10:50 P.M. I chatted with a friend. I threw out the garbage. I picked up the mail. I chatted with neighbors. I will now make cigarettes. CIO

Note: <888> 11/17/10 Wednesday 9:15 P.M. I ate a ham and cheese sandwich on a Kaiser roll with a dill pickle slice and 1/4th of a 5.3 ounce tube of Pringles salt and vinegar potato chips and a glass of watered down

punch. I chatted with a relative twice. I watched the NBC dateline program about Prince William and Kate Middleton. They said this Friday on NBC Dateline at 9 P.M. EST with Brian Williams, they are going to do a special with Prince Charles. I will now shower and clean up. CIO

Note: <888> 11/17/10 Wednesday 7:45 P.M. I woke up at noon. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I went back to bed until 5 P.M.. I washed the breakfast dishes. I made up a fresh batch of punch.

I chatted with Microsoft Piracy at 1-800-RU-LEGIT and then I chatted with Microsoft Sales at 1-800-426-9400.

Since on five of my desktop computers, I have Windows 7 Ultimate Product keys that probably will expire, since they are MSDN or Technet product keys, I ordered two Newegg.com - Microsoft Windows 7 Family Pack/ Home Premium Upgrade - Retail 3 PCs for \$129.99 each with free shipping for \$259.98 total. I will pay them off over time with my account there. I haven't plenty of Windows XP and Windows Vista licenses to upgrade them on to my five desktop PCs. The FIC server still runs Vista Ultimate. I will probably not reinstall them right away, but wait for the current product licenses to expire or when I have more time. Since I run simple systems without much software, it should not be too difficult when I get around to it.

50 Ways to Make the Most of Windows 7 | PCMag.com

The Best Free Software of 2009 | PCMag.com

I can use this free backup software to backup images of the Windows 7 Home Premium drives DriveImage XML Backup Software - Data Recovery Product

I will now make my bed.

I chatted with a relative. CIO

Note: <888> 11/17/10 Wednesday 4:25 A.M. Here at the bottom of the page, I found the part number for the IBM ThinkCentre M52 8215 video card Lenovo Support - Accessories for ThinkCentre A52 (type 8155, 8156, 8157, 8158, 8159, 8160) / M52 (type 8099, 8116, 8215, 9210, 9211) which is "73P2516".

It is available here [Compuvest Corp.](#) , but their shipping is expensive.

I cancelled my order here with free shipping here [Amazon.com: Lenovo ThinkCentre Video Connection Graphics Adapter - add-on interface board \( 73P2516 \)](#): [Electronics: Reviews, Prices & more](#) for \$21.47 with free shipping.

I finally ordered it here [LENOVO THINKCENTRE VIDEO CONNECTION ADD-ON 73P2516 - eBay \(item 400142926121 end time Dec-07-10 13:12:16 PST\)](#) for \$14.33 with free shipping.

I will now shut down the primary Windows 7 computer, and I will go to bed soon.

Morning rain and 60 to 41 degrees Fahrenheit. CIO

Note: <888> 11/17/10 Wednesday 2:35 A.M. [BBC News - Rare pink diamond sells for world record price of £29m](#)

[BBC News - Great whites in Med made 'wrong turn' 450,000 years ago](#)

[China's Tianhe-1A crowned supercomputer king](#) CIO

Note: <888> 11/17/10 Wednesday 1:35 A.M. For the new IBM ThinkCentre, I ordered [Newegg.com - PNY 1GB 240-Pin DDR2 SDRAM DDR2 667 \(PC2 5300\) Desktop Memory Model MD1024SD2-667-V2](#) for \$22.99 and .99 shipping for \$23.98 total. Thus it will have 3 gigabytes of memory. CIO

Note: <888> 11/17/10 Wednesday 1:10 A.M. The new IBM ThinkCentre has two memory slots with one 2 gigabyte PC2-5300 memory chip installed. I do not think it is necessary to install any more memory. I think the Windows 32 bit Operating system will only recognize 3 gigabytes of memory.

I ate a ham and cheese sandwich on a Kaiser roll with a dill pickle slice and 1/4th of a 5.3 ounce tube of Pringles salt and vinegar potato chips and a glass of watered down punch. CIO

Note: <888> 11/17/10 Wednesday 12:10 A.M. These are the PCI Express x1 video cards that would go with the new IBM ThinkCentre M52 8215 [Newegg.com - Computer Hardware, Video Cards & Video Devices, Desktop Graphics / Video Cards, PCI Express x1](#) , however even if I could afford one which is not really necessary, I worry their cooler fans or heat sinks might

make them too thick to fit in the lower slot of the PCI card riser which would face the rear of the SIIG PCI audio card. Thus I think I will wait on one. There are no other bargains elsewhere in PCI Express x1 video cards that I can find. I shut down the new IBM ThinkCentre. Its power cord is on the power receptacle without a switch on the control panel, but it does turn off, when the master switch on the control panel is turned off. CIO

Note: <888> 11/16/10 Tuesday 11:15 P.M. I have the original Western Digital SATA 400 GB hard drive installed in the new IBM ThinkCentre, and I have the operating system installed on it, and I have the partition expanded to 400 GB or slightly less. I will not back it up again, so I can use the current back to restore a smaller hard drive if needed. I defragmented the C: drive. When I tried to install the latest bios, it said it already had the latest bios. CIO

Note: <888> 11/16/10 Tuesday 9:50 P.M. Once I finished the backup of the 40 GB hard drive on the new IBM ThinkCentre to the Roswell external hard drive, I will put in the original Western Digital 400 GB SATA hard drive that it came with, and I will restore the backup to the larger hard drive, and expand it, so it has a 400 GB hard drive. Also the new IBM ThinkCentre has 2 gigabytes of ram and not 3 gigabytes of ram. It is running just fine.

I chatted with a relative.

BBC News - Royal wedding: Prince William and Kate congratulated CIO

Note: <888> 11/16/10 Tuesday 7:55 P.M. I went out after the last note. I threw out the garbage. I went by the Greenwich Library. All of the copies of the new George W. Bush book are checked out, and there is a long waiting list of people having reserved it. I chatted with a few locals. I then went to my 3 P.M. appointment, and I paid a dollar to park. I then went by the Stop and Shop. I bought a dozen extra large Eggland's Best eggs for \$3.29 expire December 23, 2010, a half gallon of Florida Natural orange juice for \$3.29, a 16 ounce package of Smart Balance lite spread for \$3.29, Stop and Shop deli sliced white American cheese for \$5.99 a pound for \$5.93, and Stop and Shop deli sliced honey cured ham for \$5.99 a pound for \$9.22, and a six pack of Prestige Kaiser rolls for \$2.49, and fresh Chiquita bananas for .69 a pound for \$1.73 for \$28.45 total. I then returned home, and I picked up the mail. I put away the groceries.

The order for \$107.50 IBM ThinkCentre M52 8215 Computer 3GHz, 3GB DDR2, 400GB - eBay (item 230546206836 end time Nov-09-10 21:40:36 PST) with free shipping shipped economy USPS on November 14, 2010 was outside my door. It looks like it might not be totally new. It is in very good

shape, and the box original IBM box was sealed, but it looks like it might be refurbished. It came with a refurbished XP Home disk and a IBM mouse and keyboard. The video card that I had for it will not fit in. I put the SIIG audio card in it. I connected the TrendNet USB Lan device and the other hardware. However, first I took out the Maxtor 400 GB SATA hard drive, and I installed my spare SATA 40 Gigabyte hard drive that was already configured for an IBM ThinkCentre. When I started it up, I changed some of the CMOS settings. Windows installed the hardware changes, and then I installed the Windows updates. I am now doing some minor configuration changes. It all seems to run just fine. The fact that it came with a refurbished XP Home disk leads me to believe it is not new, but the inside of the case is dust free and new looking, but there is some dust on the front holes of the desktop. Still it runs just fine. Once I have configured it, I will back it up to the Roswell external hard drive. CIO

Note: <888> 11/16/10 Tuesday 12:45 P.M. I will now shut down the primary Windows 7 computer. After I shower and clean up, I will go downtown and see if there are any cigarette smokers interested in computers running the Microsoft operating system which does not seem to be the case around here anymore with all of the Apple Ipad [www.apple.com](http://www.apple.com) users that seem to be in the area. Maybe [www.microsoft.com](http://www.microsoft.com) should buy the Greenwich Post Office and open up a show room there to get more exposure around [www.ibm.com](http://www.ibm.com) . I think [www.ibm.com](http://www.ibm.com) is still more user friendly towards Linux [www.ubuntu.com](http://www.ubuntu.com) , so I guess IBM does not have the money to buy the Microsoft operating systems, and we all know they had to sell their personal computer division to [www.lenovo.com](http://www.lenovo.com) , so they really are not even in the personal computer business anymore except for the older models mostly refurbished at are still in the after market distribution network. CIO

Note: <888> 11/16/10 Tuesday 12:25 P.M. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I washed the breakfast dishes.

I chatted with 1-800-RU-LEGIT Protect Yourself from Piracy , and they told me I should get my money back from Windows 7 Key | Office 2010 Key | Windows Server Key - Key Kingdom . I called up the [www.chase.com](http://www.chase.com) dispute hotline at 1-866-564-2262 , and they refunded me the \$126 that I paid for the invalid MSDN software license keys. Thus now as the Windows 7 product keys expire on my various desktop computers, I will have to install Windows XP Professional which will take some time, so I will do it as it happens, and there is no rush. I am beginning to think with all of the expenses and hassles of maintaining extra computers that nobody uses in

my backup office, I would be better off "Taking up underwater basket weaving". I am 60 years old, and I am beginning to feel my age, and I wear out more easily. However, it is easier to maintain computers today than it was 10 or 20 years ago, but I am older and slower. I am also thinking that it might be important to do some "HOUSE CLEANING" around my apartment instead of all of the computer maintenance. What we need is BROOM HILDA to show up in Greenwich and to put some order back into this town instead of the Wicked Witch of the West.

I will now shower and clean up. CIO

Note: <888> 11/16/10 Tuesday 10:20 A.M. I woke up yesterday at 5 P.M.. I picked up the mail. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk.

I chatted with Microsoft Protect Yourself from Piracy . They told me the pirate web sites just want my money. Windows 7 Key | Office 2010 Key | Windows Server Key - Key Kingdom is still running, so I do not know if they are legitimate or not. Their was site was down for a day. I noticed on the charge from them for the software licenses that I bought were bill to "Digital Solutions", but a Google search shows this Jail Management Software / Inmate Telephone - DSI-ITI,LLC. which is a Jail Management Software company which seems weird. I chatted with an out of town security agency. I chatted with two relatives. I went back to bed. I woke up, and I ate a 18.8 ounce can of Campbell's New England Clam Chowder and a Kaiser roll with Smart Balance Spread and a glass of watered down punch. I rested, and I watched television. About 4 A.M., I ate a cheese sandwich on a Kaiser roll with Pringles salt and vinegar potato chips and a dill pickle slice and watered down punch. I went back to bed until 9 A.M.. I made my bed. I have a 3 P.M. appointment today. CIO

Note: <888> 11/15/10 Monday 7:10 A.M. I used to try to sell these Navistar Defense in this area, but nobody was interested in them.

If you had a lot of money, you could probably buy a civilian version of this Navistar Defense VALANX JLTV painted black or blue or grey or even white for winter use or red for emergency or British Racing Green, but it might not go too fast with all of the weight.

When I get the new IBM ThinkCentre, I could take out the existing 400 or 500 gb. SATA hard drive, and put in my spare 500 gb. SATA hard drive and restore the backup I have of the other IBM ThinkCentre and change the

software product keys to the spare one that I have. That would save a couple of days of time. I would not want to overwrite the new XP Professional hard drive that comes with it, since I would erase the XP Professional Emergency restore partition, which is important if I ever had to use XP Professional on it.

I will now shut down the primary Windows 7 computer, and I will go to bed soon.

Cloudy today and 53 to 42 degrees Fahrenheit. CIO

Note: <888> 11/15/10 Monday 6:10 A.M. According to Ebay, the order for \$107.50 IBM ThinkCentre M52 8215 Computer 3GHz, 3GB DDR2, 400GB - eBay (item 230546206836 end time Nov-09-10 21:40:36 PST) with free shipping shipped economy USPS on November 14, 2010 which was a Sunday, and it is not estimated for delivery until November 15 to November 23, 2010, so I doubt if it will arrive today.

BBC News - Cocoa genome 'will save chocolate industry'

BBC News - Huge antenna launched into space CIO

Note: <888> 11/15/10 Monday 4:40 A.M. I ate three scrambled eggs and four strips of fried thick bacon and a toasted English muffin with Smart Balance spread and a glass of watered down punch and a cup of green tea with splenda sweetener and lemon juice. CIO

Note: <888> 11/15/10 Monday 2:45 A.M. I ran a cleaning cycle on the EpsonStylus Color C120 printer, and it seems to be running fine to print out my Christmas card envelopes in a few weeks. Currently both of my servers are not working. I am working on fixing the FIC server and I can not do anything about the remote server in British Columbia. People must be really bored if they are hacking my servers which only get about a half dozen hits a week. However, there are a lot of idiots in this world, so more than likely the internet has more than share of idiots. I am not the complaint department for Scott toilet paper, so if you are having problems with Scott toilet paper do not blame me. Perhaps when the rich visitors went back down south after the hurricane season, another group of people from elsewhere showed up to forage in this area before it gets cold. I do not think they came here to pick apples. We get people from around the world, but once it gets cold, we tend to have only mostly northerly people here, and it tends to get more peaceful. There is plenty of time for rest on the cold winter days, when people are stuck inside after a snow storm. New York City is suppose to have a social season in the fall and Christmas time,

but with a major recession going on in the area, there is probably not that much happening around there. I have noticed a lot more older used cars in this area compared to all of the new imported cars that I used to see. Perhaps residents from other neighboring communities are trying to get lucky in Greenwich, Connecticut which advertises itself too much. Actually New Canaan, Connecticut is a wealthier community, and it has fewer poor people, but it is also colder there in the winter.

Of course down south, we know a lot of the more established people drink too much alcohol, so possibly they live in Hollywood dream trips based on what they know about up north, and they are still waiting to see Bing Crosby in Christmas in Connecticut. It is really not like that here anymore at Christmas time, since recently we have not had much snow in Connecticut in December. With La Nina going on, we might even have a warmer winter, which I hope happens. However, for people whom have lived down south for longer periods of time, their blood tends to thin out, and they may actually feel colder in the local 50 degree Fahrenheit weather here compared to the temperatures of winter around here. Of course some people like winter weather, so possibly people from the southern hemisphere visit here, when it is summer in the southern hemisphere.

Basically New York City might be good for business, but there is not really too much there for tourists anymore considering the cost of travel and staying there. Of course some people just like to get away, so having travel fever; they will go anywhere that catches their imagination. Since I have my own computer setup <http://mikelouisscott.com/computer.htm> , I can always keep busy at home, and I do not need to waste my time downtown, when nobody is around. I have good enough communications, if someone needs to communicate. It seems to me, some people just like hanging out here, since it is a safer area than possibly where they live elsewhere. Whatever, the case the local tax payers pay for the services the town of Greenwich, Connecticut provides, so they have their own viewpoint versus what other from elsewhere might think.

The FIC server is now working. CIO

Note: <888> 11/15/10 Monday 12:25 A.M. I woke up at 4 P.M.. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I went back to bed until 6 P.M.. I washed the breakfast dishes, and I made my bed. I put out the little artificial Christmas tree on the Chinese teak stand on the lazy Susan on the living room window shelf to the left behind the Ethan Allen recliner. It turns on with the new IBM ThinkCentre control panel

switch. I do not leave the lights on very much, since although I have spare Christmas tree lights, it is a pain to remove the ornaments and string new lights on the Christmas tree. I put the artificial Christmas wreath with the CVS ornaments on the outside of the front door. I put the little green burlap Christmas wreath on the candlestick on the center of the oak dining table. I put a few small candles around the base of the Christmas tree. Basically around here, since we do not have much to do, we put out the Christmas ornaments before Thanksgiving time. Thus we have a much longer holiday season. I chatted with two relatives. One relative invited me down to Texas at Christmas time, but I am afraid to fly on airplanes. I cleaned the Ionic Pro air purifier. I ate a turkey and cheese sandwich on a Kaiser roll with a dill pickle slice and 1/4th of a 5.3 ounce tube of Pringles salt and vinegar potato chips and a glass of watered down punch. I now have the power for the Linksys wireless router connected to the new IBM ThinkCentre control panel, but I never use the wireless, since it seems people hack my systems, when I turn it on. However, it is still available. I showered, and I cleaned up. I need to get some new Walgreen's blue toilet cleaner jars, but it is not worth spending \$5 in gasoline to drive all of the way over to Old Greenwich for \$4 in toilet jars.

If one has speakers on their computers, one can use this web site to send Morse Code - SOS through any microphone or headset that one might have. However, I do not think many people know Morse code anymore. Maybe they have software to decrypt Morse code back into English. I hear a lot of it on my shortwave radio, so people do still use it.

Flight Test Cockpit Fire Encountered On Boeing 787 Dreamliner CIO

End of Scott's Notes week of 11/14/10:

Note: <888> 11/14/10 Sunday 5:00 A.M. Opinionator » Travels of a Teenage Prince Live Updates Feed

I will now send out my weekly notes.

I will then shut down the primary Windows 7 computer, and I will go to bed soon.

Partly cloudy and 58 to 47 degrees Fahrenheit. CIO

Note: <888> 11/14/10 Sunday 3:45 A.M. I ate a 12 ounce sautéed petit sirloin steak with steamed vegetables and watered down punch and a cup of green tea. CIO

Note: <888> 11/14/10 Sunday 2:25 A.M. IUGG 2011, 28 June – 7 July 2011, Melbourne, Australia | International Union of Geodesy and Geophysics Conference

Chinese Vase Is Sold in London for \$70 Million - NYTimes.com CIO

Note: <888> 11/14/10 Sunday 12:40 A.M. Last night I recharged the two million watt rechargeable lantern that I keep in the bedroom. If we ever have an emergency situation, I could signal the satellite with S.O.S. Morse Code Morse Code - SOS of three short flashes, three long flashes, and then three short flashes. However, there are so many people in the New York City area, there is generally someone out there 24 hours a day. CIO

Note: <888> 11/14/10 Sunday 12:15 A.M. I went out after the last note. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I used the bathroom at Starbucks midway through my walk. It was really slow downtown. It was basically as dead as door nails. I did not drive way down south to the pier on Steamboat Road, because it is too costly, and more than likely the fishermen from down there are some place down south. Quite frankly I could care less if the lights are on out on Long Island too. Long Island thinks it rules the world, and they are basically just a bunch of prisoners on the Scott's old potato farm. It is way too crowded out there for me. However, because it is surrounded by water, it tends to be warmer in the winter. I never go out there, because there is too much traffic driving through the New York City area to get there. After my walk, I went by the Courtesy Mobil gasoline station at 623 West Putnam Avenue which is opened 24 hours a day seven days a week. They have a mini Duncan Donuts coffee bar there. I bought \$6 of self service premium gasoline for \$3.399 a gallon for 1.764 gallons for 21.5 miles driving in the last eight days at odometer reading of 68018 miles for 12.188 miles per gallon in mostly local traffic this past week. I never drive over to the eastern part of Greenwich, because it is at least \$5 in gasoline to drive all that way. I cleaned the outside windows on the Audi. I returned home. I chatted with a neighbor. I called up the Greenwich Housing Authority at 1-203-869-1138 to report the vacant apartment downstairs has its window wide open, which I would imagine would be cold for the neighboring apartments. CIO

Note: <888> 11/13/10 Saturday 9:40 P.M. I put away the laundry. I found seven discarded wooden hangers in the laundry room that I retrieved. I chatted with a relative. I ate a turkey and cheese sandwich on a Kaiser roll with a dill pickle slice and 1/4th of a 5.3 ounce tube of Pringles salt and vinegar potato chips and a glass of watered down punch. I will now shut

down the primary Windows 7 computer, and I will go out for a walk. I will see if the Indians left any wooden nickels around. CIO

Note: <888> 11/13/10 Saturday 8:05 P.M. I have 35 minutes to go on the dry cycle. I threw out the garbage. CIO

Note: <888> 11/13/10 Saturday 7:45 P.M. I had a telephone call from a relative at 9 A.M. that has returned to the United States of America from a sea voyage. I finally woke up at 4 P.M.. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I went back to bed until 6 P.M.. I picked up the mail. I washed the breakfast dishes. I put clean linens on the bed. I showered, and I cleaned up. I started two loads of laundry, and I am just about ready to start the dry cycle. I also watched the British travel film "Around the World in 80 Day". CIO

Note: <888> 11/13/10 Saturday 7:00 A.M. I watched part of a Humphrey Bogart movie about the Merchant Marine. I ate an untoasted English muffin. I guess I could call them Sea Biscuits. I will now shut down the primary Windows 7 computer, and I will go to bed soon.

Sunny today and 62 to 41 degrees Fahrenheit. CIO

Note: <888> 11/13/10 Saturday 6:05 A.M. If there are any starving Europeans around, they could always think of investing in the King Ranch .

I am not starving yet, but we still have over a month until winter starts.

I have relatives in Texas, whom once mentioned that they might stop by in this area at Christmas Time, but I guess they turned Jewish, and they never showed up to visit after all of these years. For many years, I use to get my apartment ready for guests at Christmas Time, but nobody ever showed up in our colder weather to visit. I guess they prefer to linger at our Country Clubs during the summer months.

With the Samsung Color laser printer on the white bookcase at the kitchen entrance, I do not really have room to put the little two foot artificial tree Christmas tree there, unless I put it on top of the Samsung Color laser printer. However, I have to use it a few weeks before Christmas to print out my Christmas letters. I guess I could put the Christmas Tree on the Lazy Susan on the Window Shelf in the living room, and move the pedestal fan from there to the far right of the window shelf behind the Sony television.

Back in the good old days in south Florida, I use to see a few people from Texas, but they never paid much attention to me, because I smoked Marlboros back then, and I guess the Texans smoke other stuff.

I was never invited to eat any of the many barbecues I saw going on in south Florida while I was starving down there, thus I am not too keen on offering northern hospitality to starving southern people. If they do not have money to travel, they really should not come up here, since most of the food seems to come from down south.

Although, they do not like people from Illinois in this area, I manage to survive, since a great many of the Corporate people in Fairfield County, Connecticut have Midwestern roots. I learned while studying Economics at [www.lfc.edu](http://www.lfc.edu) John D. Rockefeller's III legal address was the The Drake Hotel in Chicago, Illinois. However, I am not sure whether he has any banks in Chicago or not. CIO

Note: <888> 11/13/10 Saturday 5:15 A.M. I watched a little bit of television and part of the beginning of the movie "Paris, Texas", which did not seem too interesting. I ate a 18 ounce can of Progresso pot roast soup and a hard roll with Smart Balance Spread and a glass of watered down punch. I guess since I am one of the poorest people in this area, I must be the head of the local Communist Party. Thus from my viewpoint, since China is now a wealthy Communist country, I must have a lot of wealthy friends in Greenwich, China. CIO

Note: <888> 11/13/10 Saturday 3:35 A.M. I have not used the two other product keys for Windows 7 Ultimate and the product key for Office 2010 Professional Plus. I also have another product key for Windows 7 Ultimate that is probably not any good. CIO

Note: <888> 11/13/10 Saturday 3:25 A.M. BBC News - Earth's pull 'shaped Moon's surface' I noticed the moon still seems to be there this morning. CIO

Note: <888> 11/13/10 Saturday 3:10 A.M. I threw out the garbage and the old periodical literature. I watered the plants. The apartment downstairs below mine and just to the west a bit is now vacant. CIO

Note: <888> 11/13/10 Saturday 2:30 A.M. I backup up the bedroom Abit computer first hard drive to the second hard drive. I then backed it up to the Roswell external hard drive. I showered, and I cleaned up. CIO

Note: <888> 11/13/10 Saturday 12:55 A.M. I am installing the Windows and other updates on the bedroom Abit computer. I rehung the sheet over the bedroom window with more duct tape. I ate a turkey and cheese sandwich on a Kaiser roll with a dill pickle slice and 1/4th of a 5.3 ounce tube of CVS style Pringles potato chips and a glass of watered down punch. I made the bed. CIO

Note: <888> 11/12/10 Friday 11:35 P.M. I washed the breakfast dishes. I was able to get the new Windows 7 Ultimate Product Key from <http://www.windowskeycity.net/> to Validate. When I went to "Resolve It" button, and went to the Validate Web Page, !!!! when one installs the Validate Addin, !!!! One has to select to install it on All Web Sites, and Not just the current Web Site. The Validation Process then worked properly, and Windows 7 Ultimate is working on the bedroom Abit computer again. Not that I ever use it. I still worry that Microsoft might hit me with "Non Genuine" for Windows 7 Ultimate sometime in the future, since it is a Microsoft MSDN product key. CIO

Note: <888> 11/12/10 Friday 10:45 P.M. [Bill Gates' father let off hit-and-run charge after 'senior moment' | Mail Online](#)

I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I chatted with a relative.

I received the product keys that I ordered. However, when I tried to use one on the Abit Windows 7 Ultimate computer, I received the alert that it was not Genuine. I called up at [Genuine Advantage Solution Center](#) , I called up the Windows 7 number at 1-866-530-6364, and they told me the product keys were Microsoft MSDN product keys, and they would not work. They then tried to sell me a \$300 copy of Windows 7 Ultimate. I emailed [Windows 7 Key | Office 2010 Key | Windows Server Key - Key Kingdom](#) , and they emailed me back

"

How to resolve difficulties:

If you are facing the bug not tells you not your windows product is not genuine, don't worry, just click the "go online and resolve it" button, everything will be fine. If it still not work, means your windows is not up to date or had been attacked previously, try to reinstall the windows, then enter the key.

"

which does not work on a clean install. It would seem Microsoft is using the web site for "Bait and Switch" trying to get people to buy a cheaper product key, and then when it becomes "non Genuine", they try to sell one the full retail version.

I chatted with a friend. Once the Non Genuine problem happens on the other Windows 7 Ultimate computers, I have an option. I still have Vista Ultimate on the primary computer on the primary partition. I have Vista Ultimate on the FIC server. I have a good copy one time install of Windows 7 on the IBM ThinkCentre which should stay good. The new IBM ThinkCentre comes with Windows XP Professional. I still have two unused copies of Windows XP Professional that are suppose to be good for two computers each. I also have a unused copy of XP Home and a unused copy of Vista Home. Thus as the Windows 7 computers become non functional with "non genuine" I can install the older operating systems. I really did not have much to do this coming winter anyway. As far as I know, one can not install a Product Key for Windows XP Professional, so one has to do a new install. Also I deleted all of my backups for Windows XP Professional and Vista except for the primary computer Vista partition and the FIC server Vista partition. I guess that is how Microsoft makes money off poor people. I can cancel the charge of \$126 for the bogus software, once it has cleared. CIO

Note: <888> 11/12/10 Friday 4:50 P.M. I woke up at 3:30 P.M.. The orders with tracking of [UPS: Tracking Information](#) and [UPS: Tracking Information](#) on the orders for [Newegg.com - SIIG IC-510012-S2 5.1 Channels 16-bit PCI Interface SoundWave](#) for \$19.99 with free shipping and [Newegg.com - TRENDnet TU2-ET100 USB to 10/100Mbps Adapter](#) for \$18.51 and \$2.99 shipping for \$41.49 total arrived about noon.

I received my \$118.72 refund on the bogus Microsoft Technet software.

I ordered [Windows Key + Office 2010 Key \[PROM\] - \\$54.00](#) : [Windows 7 Key | Office 2010 Key | Windows Server Key - Key Kingdom](#) Office 2010 Professional Key and Windows 7 Ultimate Key for \$54

and two [Windows 7 Ultimate Key 32 bit](#) for \$36 each for \$126 total.

I will put one product key of Windows 7 Ultimate on the primary Windows 7 computer, one on the bedroom Abit computer, and I will put the third product on the new IBM ThinkCentre along with Office 2010 Professional. It asks for whether 32 bit of 64 bit, and on the two Windows 7 Ultimate

product keys, I ordered 32 bit, but there was no choice on the combination deal. I do not think it matters, but one never knows. I will have an extra copy of Office 2010 Professional for another computer or laptop. I will order product keys for the existing IBM ThinkCentre and the Epox computer, when I think I can afford them, and I need them. CIO

Note: <888> 11/12/10 Friday 8:35 A.M. CEFNS | School of Earth Sciences & Environmental Sustainability

Northern Arizona University- School of Earth Sciences

Tracking is UPS: Tracking Information and UPS: Tracking Information on the orders for Newegg.com - SIIG IC-510012-S2 5.1 Channels 16-bit PCI Interface SoundWave for \$19.99 with free shipping and Newegg.com - TRENDnet TU2-ET100 USB to 10/100Mbps Adapter for \$18.51 and \$2.99 shipping for \$41.49 total.

BBC News - Eggs with the oldest known embryos of a dinosaur found

BBC News - Supercomputers 'will fit in a sugar cube', IBM says

Sunny today and 57 to 37 degrees Fahrenheit.

I will now shut down the primary Windows 7 computer, and I will go to bed soon. CIO

Note: <888> 11/12/10 Friday 8:05 A.M. I chatted with www.chase.com at the Chase Dispute center at 1-866-564-2262, and they will refund me the \$118.72 in the next 48 hours. CIO

Note: <888> 11/12/10 Friday 6:55 A.M. I put the Logitech LX 500 wireless keyboard and mouse back on the Abit computer in the bedroom. I will use the Microsoft Wireless 4000 keyboard and mouse on the new IBM ThinkCentre. The Abit computer does start up, but it seems like some of its features might be crippled.

Note: <888> 11/12/10 Friday 5:25 A.M. I ate a 12 ounce sautéed petit sirloin steak with steamed vegetables and watered down punch and a cup of green tea that I have been eating recently.

From this link Genuine Advantage Solution Center , I called up about my Microsoft Office products at 1-866-530-6599. They told me that the product key was valid for Office 2010 from Windows 7 Key | Office 2010 Key | Windows Server Key - Key Kingdom and Office 2010 Professional Key :

Windows 7 Key | Office 2010 Key | Windows Server Key - Key Kingdom and one can activate the trial version which one can download here Microsoft Office Online Office Professional 2010 download link for trial .

However, the product key for Office 2007 that I bought in July 2010 is another bogus Microsoft Technet product key.

I printed out receipts for the Microsoft Technet bad product keys.

\$31.40 for Windows 7 Ultimate Product Key on July 17, 2010

\$15.82 for Office 2007 Professional on July 19, 2010

\$48 for two product keys for Windows 7 Ultimate on July 20, 2010

\$23.50 for Windows 7 Product Key on July 12, 2010

Total of Bogus Microsoft Technet Software: \$118.72 bought off Ebay and paid for with Paypal account drawing off the Chase Bank. CIO

Note: <888> 11/12/10 Friday 2:40 A.M. Bad news. At Genuine Advantage Solution Center , I called up the Windows 7 number at 1-866-530-6364. I gave them the Product Keys on my five Windows 7 Ultimate Product Keys. All four Windows 7 Ultimate Product Keys that I bought off Ebay last July 2010 are Microsoft Technet Product Keys which means they will expire sooner or later on my four desktops. The fifth Windows 7 Ultimate Product Key on my IBM ThinkCentre is an OEM One Time Activation Product Key which is only good for one Activation, which means that if I have to reinstall it, it is no good. I will call up www.chase.com between 7 A.M. and 9 P.M. at 1-877-242-7372 tomorrow to see if they can still cancel the charges on my PayPal account that I paid for the four product keys off Ebay last July 2010.

When I have the funds and I need the correct product keys, I guess I can go to Windows 7 Key | Office 2010 Key | Windows Server Key - Key Kingdom and buy five Windows 7 Ultimate Key for \$36 or less depending on the quantity of purchase. Thus I am looking at about a \$180 charge for software if I want to continue to use Windows 7 Ultimate on the five desktop computers. Thus on the internet, one has to be cautious.

In Windows 7 Ultimate on the Abit computer, when I log on and get the Invalid Windows 7 page, if one chooses the first two options on the two pages that come up and go to the web page, the desktop does come up, and one can still use the computer, but I am not sure for how long.

At Microsoft Volume Licensing Home Page

While downtown this past evening, a young lady asked me for \$2 for the train elsewhere, so I gave the young lady \$2 to take the train elsewhere. CIO

Note: <888> 11/12/10 Friday 1:35 A.M. On the bedroom Abit computer, it still comes up that Microsoft Windows 7 Ultimate Product Key is not Genuine. When I go to Genuine Microsoft Software , it does not work when I try to Validate Windows, although it did, when I first installed Windows 7 Ultimate.

Note: <888> 11/11/10 Thursday 11:45 P.M. I woke up at 2 P.M.. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I went back to bed until 4 P.M.. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up. I threw out the garbage. I went downtown, and I stopped by CVS, and I picked up a prescription. I bought two 12 packs of Thomas' English muffins for \$1.99 each 12 pack for \$3.98 total. I then went further downtown. I walked the entire length of Greenwich Avenue and the train station area. I chatted a local www.navy.mil person. I chatted with a local shop keeper at the Nantucket canvas bag shop. They invited me in for a Margarita, but I do not drink alcohol. There were a number of parties going on downtown at various shops and offices. After my walk, I used the bathroom at Starbucks. I chatted with two Ipad users. One couple from France were using an Ipad. I gave them my calling card. I then went by the Stop and Shop. I bought a 16 ounce package of Smart Balance Spread for \$3.29, fresh Chiquita bananas for .69 a pound for .49, and two petit sirloin steaks for \$3.99 a pound for \$12.53 for \$16.31 total. I then returned home. There was no mail delivery today on Veterans Day. I put away my groceries. I chatted with a relative. I cleaned the corrosion off the battery terminals on my Logitech Wireless keyboard and mouse set with alcohol and cotton swabs. I then put in four new AA alkaline batteries.

I tried using it on the Abit computer in the bedroom, but when I started Windows 7 product activation came up, so I put the Microsoft wireless 4000 keyboard and mouse back on the Abit computer, and I restored the backup. Now product activation does not come up. I am now installing the Windows Updates on it. It seems rather strange that changing a mouse and keyboard would bring up Windows 7 Ultimate Product Activation. I will use the Logitech wireless mouse and keyboard on the new IBM ThinkCentre. I have a new unused Microsoft Wireless 6000 keyboard and mouse set, but I

want to save that for my primary computer, in case the same system malfunctions. I think I have a one or two year warranty from Staples on the current 6000 system. CIO

Note: <888> 11/11/10 Thursday 4:10 A.M. I will now shut down the primary Windows 7 computer, and I will go to bed soon.

Sunny today and 53 to 31 degrees Fahrenheit.

I will eat a four day old Danish pastry before going to bed. CIO

Note: <888> 11/11/10 Thursday 3:45 A.M. [REAGANFOUNDATION.ORG | LIVE WEBCASTS](#)

[Global Volcanism Program | Volcanic Activity Reports | Smithsonian / USGS Weekly Volcanic Activity Report |](#)

[Global Volcanism Program | Volcanic Activity Reports | Bulletin of the Global Volcanism Network | Volume 35, Number 8 \(August 2010\)](#)

[Geosciences @ Oregon State University | Geosciences](#)

[Biltmore Email Newsletter](#)

[BBC News - Costs of Nasa JWST to replace Hubble telescope balloon](#)

[BBC News - Migrants from the Near East 'brought farming to Europe'](#) CIO

Note: <888> 11/11/10 Thursday 3:05 A.M. I filled out the form for the Winter Protection Plan, and I mailed it in the mail room downstairs. CIO

Note: <888> 11/11/10 Thursday 2:20 A.M. I moved the computer equipment around as described in the note last night. Thus I am all set up to receive and configure the new IBM ThinkCentre.

I will now heat and eat a 18.8 ounce can of Campbell's New England clam chowder which I will eat with a hard roll with Smart Balance spread and a glass of watered down punch. CIO

Note: <888> 11/10/10 Wednesday 11:55 P.M. For the new IBM ThinkCentre, I ordered [Newegg.com - SIIG IC-510012-S2 5.1 Channels 16-bit PCI Interface SoundWave](#) for \$19.99 with free shipping and [Newegg.com - TRENDnet TU2-ET100 USB to 10/100Mbps Adapter](#) for \$18.51 and \$2.99 shipping for \$41.49 total. CIO

Note: <888> 11/10/10 Wednesday 11:35 P.M. I ordered two years of Forbes magazine for \$3.99 a year for \$7.98 total with coupon code "BUSINESS" from this link [Tanga - Product of the Day - Forbes Magazine Subscription](#) . I have over a year to go on my current subscription, so that means I now have over three years to go. However, if they do not merge both subscriptions, and one receives two copies, one can call up their circulation telephone number listed on the masthead page, and they will merge the subscriptions. CIO

Note: <888> 11/10/10 Wednesday 11:00 P.M. I woke up while sleeping, and I ate an untoasted English muffin. I finally woke up at noon. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I chatted with a friend and a relative. I went back to bed until 6 P.M.. I washed the breakfast dishes, and I made my bed. I ate a turkey and cheese sandwich on a Kaiser roll with a dill pickle slice and 1/4th of a 5.3 ounce tube of CVS style Pringles potato chips and a glass of watered down punch. I showered, and I cleaned up. I threw out the garbage. I picked up the mail. I made 211 Premier Lights 100 MM filter Peter Stokkebye Norwegian shag pipe tobacco cigarettes while watching [www.foxnews.com](http://www.foxnews.com) . At [www.usps.com](http://www.usps.com) , it says that it should take about five days for the new IBM ThinkCentre to arrive, if it was mailed today, which would be this coming Monday or Tuesday. CIO

Note: <888> 11/10/10 Wednesday 4:20 A.M. I will now shut down the primary Windows 7 computer, and I will go to bed soon.

Partly cloudy today and 54 to 35 degrees Fahrenheit.

I will eat a three day old Danish pastry before going to bed. CIO

Note: <888> 11/10/10 Wednesday 3:55 A.M. The new IBM ThinkCentre is being shipped by U.S. Mail economy shipping from [Columbia Township, Lorain County, Ohio - Wikipedia, the free encyclopedia](#) , so it might take a week to 10 days for it to arrive. Thus there is no rush to order additional parts for it at the moment.

On the left side of the oak dining table, I can move the bass speaker off the oak dining table and put it beneath the table, then there would be room to set the IBM ThinkCentre to be set further back on the table with the 19 inch Compaq LCD monitor on top of it, and the Microsoft wireless keyboard and mouse in front of the IBM ThinkCentre, which would be a workable setup. CIO

Note: <888> 11/10/10 Wednesday 3:30 A.M. I have this USB Ethernet adapter which is mispriced Viewcon Ve091 Usb 1.1 To 10/100 Mbps Fast Ethernet Adapter and should be about \$8 Viewcon VE091 USB 1.1 to 10/100 Mbps Fast Ethernet Adapter Viewcon VE091, and here are the drivers for it Realtek RTL8150L drivers and similar USB 2.0 devices are available here USB to RJ45 10/100Mbps Ethernet Adapter - Meritline.com . However the one that I have is only USB 1.0, and I think one would want a USB 2.0 device. There is no rush on it though. I do not like using the motherboard LAN, Audio, or Video to keep it from wearing out.

Also I will need this Buy.com - Siig SoundWave 5.1 PCI, but I will wait until after I received the new IBM ThinkCentre and when I have more funds. As I recall I have a spare headsets and web cameras coming. However, there is no rush at the moment. I do not have an extra keyboard drawer though, so one would have to work with the wireless keyboard on one's lap. Quite frankly besides computer systems improvements, I might want to do something else occasionally. CIO

Note: <888> 11/10/10 Wednesday 2:40 A.M. I have this video card \*NEW\* MSI ATI 128MB X600 Pro PCI-E Express x16 DVI VGA which might work with the new IBM ThinkCentre PCI Express x1 slot, but although the slots seem to be same for the x1 as the x16, I am not sure about compatibility. Also it is full height, and I am not sure if I need half height, but it runs side ways, so it might be full height. CIO

Note: <888> 11/10/10 Wednesday 1:55 A.M. I will move the Samsung Color laser printer from the far side of the oak dining table to on top of the bookcase at the kitchen entrance. I will move the primary Dell Latitude D410 laptop computer from the left side of the oak dining table to the far side of the oak dining table without the monitor and the speakers. I will set up the new IBM ThinkCentre on the left side of the oak dining table with the monitor and speakers that are there. I can use the second control panel that is on the right side of the FIC server for the new IBM ThinkCentre. I have a new Microsoft Wireless 6000 keyboard and mouse I can use with it. I have a spare copy of Windows 7 Ultimate and Office 2007 that I can put on it, if I don't want to use XP Professional. Since it is a new item, it probably has the XP Professional restore partition installed on its hard drive. Yes, my apartment is looking more like a computer laboratory versus an elderly man's retirement apartment. If I need any other parts such as a LAN card or a video card or audio card that will have to wait until I have more funds.

Lenovo Support & downloads - Detailed specifications - ThinkCentre A52 (type 8155, 8156, 8157, 8158, 8159, 8160) / ThinkCentre M52 (type 8099, 8116, 8215, 9210, 9211)

### Lenovo M52 8215 - ThinkCentre Desktops

It says here Lenovo ThinkCentre M52 8215 (Pentium D 3 GHz, 1 GB RAM, 80 GB HDD) - Desktops - CNET Archive , it is 64 bit, so I could install the 64 bit version of Windows 7 on it.

On draw back if you look here IBM ThinkCentre M52 8215-VFP Desktop Computer - Intel Pentium 4 541 3.2GHz, 2GB DDR2, 400GB HDD, Combo, Windows XP Pro (Off-Lease) at TigerDirect.com is that it says it only has one PCI slot. However, one could use USB audio and LAN devices on it, and save the one PCI slot for a video card.

Larger hard drive here IBM ThinkCentre M52 8215 Desktop Computer - Intel Pentium 4 3GHz, 3GB DDR2, 500GB HDD, DVDRW, Windows XP Pro (Off-Lease) at TigerDirect.com

However, here IBM ThinkCentre M52 8215-MUB Pentium 4 630 3.0GHz 1GB 80GB CDRW/DVD FDD XP Professional Small Form Factor - B IBM 8215-MUB ThinkCentre M52 , it also has a PCIe x1 slot on a riser card, so possibly one could use that for a video card. CIO

Note: <888> 11/10/10 Wednesday 1:05 A.M. I did something that I can not really afford. However, I went ahead and bid on and won this brand new item for \$107.50 IBM ThinkCentre M52 8215 Computer 3GHz, 3GB DDR2, 400GB - eBay (item 230546206836 end time Nov-09-10 21:40:36 PST) with free shipping.

Similar remanufactured and used product here IBM ThinkCentre M52 8215 items - Get great deals on items on eBay.com! CIO

Note: <888> 11/10/10 Wednesday 12:05 A.M. I chatted with a friend who had a relative pass away recently Mary Maloney Rumsey Obituary: View Mary Rumsey's Obituary by Newsday CIO

Note: <888> 11/09/10 Tuesday 10:15 P.M. IBM ThinkCentre 8215 without operating system \$45 and \$20 shipping IBM-Lenovo ThinkCentre 8215-29U desktop computer - USED - eBay (item 130453174797 end time Dec-08-10 20:12:51 PST) CIO

Note: <888> 11/09/10 Tuesday 9:45 P.M. George W. Bush Presidential Center - Groundbreaking

BBC News - George W Bush memoir: How to rehabilitate a president CIO

!!!! Note: <888> 11/09/10 Tuesday 9:10 P.M. Good deals on refurbished computers Affordable Upgrades items - Get great deals on Laptop Accesories, Networking and Telecom items on eBay Stores! coming out of Kentucky, the probably have access to military surplus and cheaper shipping from UPS's sorting center. They seem to have a large supply of surplus refurbished computers. You can buy an Intel P4 3.2 GHZ processor for \$10 bucks with free shipping items - Get great deals on Laptop Accesories, Networking and Telecom items on eBay Stores!. CIO

Note: <888> 11/09/10 Tuesday 8:15 P.M. You can buy this one now without the auction for \$109.99 with free shipping IBM M52 8212-1YU P4 3.0 GHZ DESKTOP COMPUTER XP 3 PRO - eBay (item 190466188862 end time Nov-11-10 13:10:44 PST). These have the XP Professional restore partition in case you mess up the operating system. CIO

Note: <888> 11/09/10 Tuesday 8:00 P.M. More refurbished IBM ThinkCentres here at good prices for the P4 3.0 GHZ rogerky items - Get great deals on PC Desktops, Windows XP items on eBay.com! including the M52 8212.

Friends of Sam IBM - Samuel J. Palmisano seem to be able to afford them, if no one else can. CIO

Note: <888> 11/09/10 Tuesday 7:10 P.M. I ate three scrambled eggs and four strips of fried thick bacon and a toasted English muffin with Smart Balance spread and a glass of watered down punch and a cup of green tea with splenda sweetener and lemon juice. CIO

Note: <888> 11/09/10 Tuesday 5:45 P.M. I woke up at 10 A.M. this morning. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I washed the breakfast dishes, and I made my bed. I showered, and I cleaned up. I surfed the internet. I threw out the garbage. I went downtown, and I walked lower Greenwich Avenue and the Greenwich Train station area. I stopped by the Apple Ipad store. I chatted with one of their sales people. I then walked over to my 3 P.M. appointment early. In the future I will have a different person at my 3 P.M. Tuesday appointments every two weeks. I chatted with a relative on the wireless

telephone. I then walked back to the Audi. I then returned home. I watched George W. Bush and the other Bush family members on the Oprah Windfrey television show at 4 P.M. on channel 3. George W. Bush's new book is available here for \$18.90 [Amazon.com: Decision Points \(9780307590619\): George W. Bush: Books: Reviews, Prices & more](#) and you get free shipping if you place a \$25 order. I picked up my mail. I chatted with the building custodian. Although my kitchen ceiling is only a foot or less clearance above the drop ceiling, I hear banging frequently in the kitchen from the attic above. I think it is caused by the wind on windy days. I checked the electric radiators in the bedroom and living room along the walls to make sure they were cleared of any wires. I set the bedroom thermostat at 70 degrees Fahrenheit. I set the living room thermostat at 78 degrees Fahrenheit. The temperatures tend to be 8 degrees cooler than what I set the thermostat at. It will take a bit of the dampness out of the apartment. CIO

Note: <888> 11/08/10 Monday 10:55 P.M. I ate a 18 ounce can of Progresso chicken and rice soup with a hard roll with Smart Balance Spread and a two day old Danish pastry with a glass of watered down punch. I will now shut down the primary Windows 7 computer, and I will go to bed soon.

Partly cloudy tomorrow and windy and 53 to 41 degrees Fahrenheit.

I have a 3 P.M. appointment tomorrow. CIO

Note: <888> 11/08/10 Monday 10:15 P.M. I watched the NBC interview with George W. Bush. He seems to be enjoying retirement.

They mentioned that next Tuesday night on November 16, 2010, Prince Charles is suppose to be on NBC with Brian Williams doing an interview.

[Welcome to the official website of the British Monarchy](#) says The British Monarchy Facebook web site is here  
<http://www.facebook.com/TheBritishMonarchy> . CIO

Note: <888> 11/08/10 Monday 7:50 P.M. I woke up at 1 P.M.. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I washed the breakfast dishes, and I made my bed. I copied the Server folder and the music files to the IBM ThinkCentre computer. I then installed the updates. I did a Windows 7 Complete PC backup of the IBM ThinkCentre to the Roswell external hard drive. I watched a James Bond movie that took place in Bolivia. I ate a ham and turkey and cheese sandwich on a Kaiser

roll with a dill pickle slice and 1/4th of a 5.3 ounce tube of CVS style Pringles potato chips and a glass of watered down punch. I showered, and I cleaned up. I threw out the garbage. I moved the Audi to its usual place. I picked up the mail.

Some Dell Fast GX280 computers here [bargain.pc items - Get great deals on Computers Networking items on eBay.com!](#)

More here [Dell GX280 items - Get great deals on PC Desktops, dell gx270 items on eBay.com!](#) CIO

Note: <888> 11/08/10 Monday 5:50 A.M. I have a spare hard drive for this [IBM 8183 SFF ThinkCentre P4, 2.4Ghz, Free SHIPPING !! - eBay \(item 270653119234 end time Nov-21-10 13:53:15 PST\)](#) , but it has two 256 meg. memory strips, and to put more memory in it would be expensive. Thus to upgrade it for Windows 7 would not be practical, but it would be good enough for XP Professional. However, I do not have anymore room to set up another computer, and I do not really need it.

I will now shut down the primary Windows 7 computer, and I will go to bed soon.

Rain and wind today and 42 to 38 degrees Fahrenheit.

I will eat a Danish pastry before going to bed. CIO

Note: <888> 11/08/10 Monday 3:55 A.M. I guess the [www.forbes.com](#) got cold [YouTube - interviews On board Forbes Magazine Yacht: The Highlander](#)

Kip Forbes without a tan [Mark Langrish, Greg Joye, Christopher \(KIP\) Forbes & Mike Montone - :|MANHATTAN SOCIETY|:Manhattan, New York City Event Photo Gallery](#) CIO

Note: <888> 11/08/10 Monday 2:30 A.M. I opened up my last jar of [Grill Mates® Montreal Steak Seasoning](#) to use on the sautéed London Broil. Since CVS changed their store around on Greenwich Avenue, I can not seem to find it there anymore. Perhaps the Stop and Shop has it. Of course, you can make it yourself [Montreal Steak Seasoning Recipe](#) .

I think the real reason wealthy Texas people go to England to socialize with English royalty has more to do with trade in trying to get the better hooch from the English in return for whatever Texas has to offer. CIO

Note: <888> 11/08/10 Monday 12:40 A.M. For a Shrimp Cocktail Shrimp Cocktail , you can always try Key West Hotel Resorts & Florida Keys Beach Accommodations - Casa Marina Resort Key West . Key West, Florida tends to be warmer in the winter than Vero Beach, Florida; but Vero Beach since I have family there is more comfortable.

Live Duval Street Web Cam in Key West, Florida :: Sloppy Joe's Bar :: CIO

Note: <888> 11/08/10 Monday 12:30 A.M. The 1998 Audi A6 owned by Michael Scott turned to 68,000 miles while I was downtown this past evening.

For people whom go to Vero Beach, Florida for the winter TCPalm.com: Local Treasure Coast, Florida News Delivered Throughout the Day.

You can always order fruit from Vero Beach, Florida Florida Honeybells - Oranges - Ruby Red Grapefruit & Citrus Fruit Gift Baskets - Hale Groves

Royal Riviera® Pears | Gourmet Food Gifts | Harry & David

Harry and David Gourmet Gifts, Gift Baskets, Fresh Fruit Gifts, Gourmet Chocolates and Monthly Gift Clubs.

Moose Munch® Snacks including Just Moose Munch® Snacks and Gifts with Moose Munch® Snacks | Harry & David CIO

Note: <888> 11/07/10 Sunday 11:55 P.M. CO Meeting Organizer EGU2011

Global Volcanism Program | Educational Resources | 10 Years of Weekly Volcanic Activity Reports | List of Questions

IVHHN.ORG

BBC News - Qantas makes more checks over A380 engine 'anomalies'

BBC News - Microsoft boss Steve Ballmer in sale of shares

BBC News - Facebook page for Queen Elizabeth CIO

Note: <888> 11/07/10 Sunday 10:30 P.M. I woke up at 2 P.M.. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I went back to bed until 6 P.M.. I ate a three day old muffin. I washed the

breakfast dishes, and I made my bed. I showered, and I cleaned up. I threw out the garbage. I went by the Stop and Shop. I bought a package of four day old raspberry Danish pastries for \$2, del sliced Stop and Shop oven roasted turkey for \$6.99 a pound for \$7.20, deli sliced Stop and Shop white American cheese for \$4.99 a pound for \$5.01, a package of six fresh Kaiser rolls for \$2.49, and fresh Chiquita bananas for .69 a pound for .88 for \$17.58 total. I then went by CVS, and I toured the store. They have little metal miniature cars for \$4.99. I used the bathroom there. I then went further downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I stopped by CVS again, and I chatted with one of the staff members. I chatted with a relative on my wireless telephone. I finished my walk, and I used the bathroom at Starbucks. I then sat out for a while. I then drove down by the waterfront on Steamboat Road, and it looks normal down there for this time of year. I then returned home. I put away my groceries. I will now make and eat the same 10 ounce sautéed top round London broil with steamed vegetables and watered down punch and a cup of green tea that I have been eating recently. During my walk, I found two October 2010 Greenwich magazines. I left one in the lobby entry way, and I put one in my magazine rack. Earlier I also made up a fresh batch of punch. I noticed downtown at the shop a few doors south of the Greenwich Post Office called Harry and David, they have cases of fresh Royal Rivera Pears and Moose Munchies. CIO

End of Scott's Notes week of 11/07/10:

Note: <888> 11/07/10 Sunday 4:55 A.M. [Microsoft vs. Software Piracy - Inside the War Room - NYTimes.com](#)

I watched the movie "Transsiberian". I will now send out my weekly notes. I will then shut down the primary Windows 7 computer, and I will go to bed soon.

Partly cloudy today and 48 to 34 degrees Fahrenheit. CIO

Note: <888> 11/07/10 Sunday 3:00 A.M. I ate a 18 ounce can of Progresso New England clam chowder with a hard roll with Smart Balance spread and a glass of watered down punch.

Note: <888> 11/07/10 Sunday 2:15 A.M. A relative is on a cruise at sea, and they charge 65 cents a minute to use the internet on board ship.

Not much seems to be happening in the world this weekend. CIO

Note: <888> 11/07/10 Sunday 1:50 A.M. I put away the laundry. I reset my clocks and watches to Eastern Standard time setting them back an hour. CIO

Note: <888> 11/07/10 Sunday 1:25 A.M. Fall back and hour at 2 A.M. Daylight Saving Time - Overview of Daylight Saving Time . CIO

Note: <888> 11/07/10 Sunday 1:05 A.M. I woke up at 9:30 A.M.. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I went back to bed until noon.

I ordered two VGA Adapter | DVI Adapter | Male DVI-I to Female VGA Adapter (DVI 24+5 Pin) - Meritline.com for \$4.85 both with free shipping.

I went back to bed. I chatted with a relative at 3 P.M.. I woke up at 7 P.M..

The order with tracking of USPS - Track & Confirm on the order for Buy.com - SanDisk 16GB Ultra Backup USB Flash Drive for \$24.99 with free shipping arrived. I picked up the mail. I backed up the copy of the server folder on the Epox computer to the USB Flash drive. I left it by the FIC server for updates. When shutting down the Epox computer, after one has turned off the control panel power switch to the computer, and one has to press the power button on the Epox case to completely shut it down properly, so it turns on properly.

I ate a ham and cheese sandwich on a Kaiser roll with a dill pickle slice and 1/4th of a 5.3 ounce tube of Pringles barbecue potato chips and a glass of watered down punch. I chatted with a relative. I went back to bed until 11:15 P.M.. I ate an English muffin. I washed the breakfast dishes. I put clean linens on my bed. I showered, and I cleaned up. I started two loads of laundry, and I have five minutes to go on the wash cycle. CIO

Note: <888> 11/06/10 Saturday 2:20 A.M. I will now shut down the primary Windows 7 computer, and I will go to bed soon.

Sunny today and 49 to 34 degrees Fahrenheit.

I will eat a three day old muffin before going to bed. CIO

Note: <888> 11/06/10 Saturday 2:00 A.M. I did a little bit of research on http://mikelouisscott.com/fred.htm . Besides the Ruth Montgomery information about lost worlds, I noticed the spelling "Miers". If one reverses

"Miers", one gets "sreim" . If one drops the s and the m or first and last letters, one gets "rei" as in REI – Holiday Gifts, Outdoor Gear, Equipment and Clothing . When I first met Fred in October 1973, he seemed to have only one long time friend besides Helen Williams, and it was Bill Barker whom ran a disothèque in "Nepal". Thus probably having been around Royalty such as Prince Charles, whom when he use to get mad would tell people to "Go Climb Everest" , maybe Fred took him at his word, and he is actually some sort of adventure seeker today. I know another friend of Fred's locally whom I have not seen in a year whom also is a mountain climber as opposed to a social climber. Fred might have been around the group of people I was around in Grenoble in 1972, so possibly he just the French Alpine Ski Patrol, or possibly with his middle eastern experience, he could be French Foreign Legion FRENCH FOREIGN LEGION. CIO

Note: <888> 11/06/10 Saturday 1:05 A.M. I threw out the garbage and the old periodical literature. I watered the plants. CIO

Note: <888> 11/05/10 Friday 11:55 P.M. To have spare web cams, I ordered two 32.0 Mega Pixel 6 LED USB PC Laptop Video Webcam+Mic - eBay (item 390195964628 end time Nov-09-10 23:28:24 PST) for \$6.88 each with free shipping for \$13.76 total.

Lung Cancer Deaths Reduced by CT Scans, Study Finds - NYTimes.com

BBC News - Discovery shuttle faces three-week delay CIO

Note: <888> 11/05/10 Friday 9:25 P.M. I woke up at 9 A.M. this morning. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I went back to bed until 2 P.M.. I washed the breakfast dishes, and I made my bed. The order with tracking of FedEx Tracking on the order for two Croft and Barrow Flex-On Flat-Front Shorts - Big and Tall in size 46 in drawstring for \$3.40 each and two Chaps Flat-Front Basic Twill Shorts - Big and Tall in classic navy in 46 size for \$4.75 each less 15% with promo code "SPENDSAVE15" for \$2.45 discount and \$5.95 shipping for \$19.80 total arrived. They fit just fine. I put them on the top shelf in the bedroom closet. I surfed the internet, and I installed the updates on the FIC server. I ate a ham and cheese sandwich on a Kaiser roll with a dill pickle slice and 1/4th of a 5.3 ounce tube of Pringles barbecue potato chips and a glass of watered down punch. The order with tracking of UPS: Tracking Information on the order for Newegg.com - SAMSUNG Black 22X DVD+R 8X DVD+RW 22X DVD-R 16X DVD-ROM 48X CD-ROM 2MB Cache IDE CD/DVD Burner - CD / DVD Burners \$13.49 with coupon code

"EMCZYNW77" good today only with free shipping arrived. I put it on the left side of the Sony Trinitron television in the bedroom. I showered, and I cleaned up. I threw out the garbage. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I stopped by CVS, and I bought four 18.8 ounce cans of Campbell's New England clam chowder for buy one get one free for \$3.39 both, and two 5.6 ounce Pringles salt and vinegar potato chips for \$1.50 each for \$9.78 total. I used the bathroom at CVS. I finished my walk. I chatted with two regular local visitors whom smoke cigars. I sat out for a while. I then went by the A&P Fresh, and I bought a 33 ounce bag of Columbian Eight O'clock coffee beans for \$15.49. I then went by the Greenwich Library, and I toured the facility. I then went by the Courtesy Mobil gasoline station at 623 West Putnam Avenue, and I bought \$8.01 of self service premium for \$3.299 a gallon for 2.429 gallons for 26.3 miles driving since last Saturday at odometer reading of 67996 miles for 10.8275 miles per gallon driving this week in mostly local traffic. I then returned back home. I picked up my mail. I put away my groceries. I chatted with a relative. I will now eat a 10 ounce sautéed in olive oil with ground black pepper, garlic powder, and Italian seasoning, and the last two minutes soy sauce for about eight minutes total CAB top round London broil with Lea and Perrins Worcestershire sauce and Jack Daniels steak sauce and my usual steamed vegetable mixture of baby red potato cubes, broccoli crowns, and baby carrots with Smart Balance spread and olive oil and a glass of watered down punch and a cup of green tea with splenda sweetener and lemon juice. CIO

Note: <888> 11/05/10 Friday 12:30 A.M. I will now shut down the primary Windows 7 computer, and I will go to bed soon.

A few showers today and 37 to 54 degrees Fahrenheit. CIO

Note: <888> 11/04/10 Thursday 11:55 P.M. Greenwich, Connecticut's most famous resident His Highness the Aga Khan's 73rd Birthday - Mowlana Hazar Imam's 73rd Birthday - December 13, 2009 . I was wandering, since he is a religious figure, if he gets a tax deduction on his various properties. Since his grandfather was the World's wealthiest person, and since they first moved here in 1922, the probably own a lot of property around here. However, when one searches Google, not much comes up on him. He is suppose to have 600 homes around the world. His biggest house is suppose to be a palace in New Deli, India. He also has a 600 room villa on the Isle of Capri. He has the villa in Geneva where Ronald Reagan and Gobachav held their peace conference. He is legally a Swiss citizen with a medical degree from www.harvard.edu . He was raised in Kenya. He is currently going through a billion dollar divorce from his second wife a

younger German rock star. He used his house here in Greenwich, Connecticut, when he was the high commissioner for refugees at the [www.un.org](http://www.un.org) . At the time he had two sons and a daughter attending Yale, Williams, and Radcliff. At his age, he seem to avoid publicity. A friend of mine had an introduction to him when he was a student in this area, and he rode in the Aga Khan's rolls royce, when he visited at another home on Central Park West. More than likely since a lot of older people look the same, nobody recognizes him anymore. Since he comes from an old wealthy family, he probably has a lot of relatives he has to support, so his money does not go that far anymore.

### Mowlana Hazar Imam's - Google Search CIO

Note: <888> 11/04/10 Thursday 10:55 P.M. I got a postal card today that Greenwich Automotive which used to be across the street from the Greenwich Library, is not just across the New York State line, the first building on the right hand side of the road across from the Carvel ice cream shop. That is very close to me, so I might use them for minor maintenance in the future.

Their address is:

Greenwich Automotive

11 Hillside Ave.

Port Chester, New York 10573

Service: 1-203-869-7860

Sales: 1-914-481-5150

Towing: 1-203-869-5523

Accessible Mobility: 1-203-869-4038

[www.getmemoving.com](http://www.getmemoving.com)

Chris Canavan is still their President. CIO

Note: <888> 11/04/10 Thursday 10:10 P.M. I chatted with a relative. I ate a 8 ounce sautéed cheeseburger on a Kaiser roll with Dijon mustard and ketchup along with my usual steamed vegetable mixture of potato cubes, broccoli crowns, and baby carrots with Smart Balance spread and olive oil

and watered down punch and a cup of green tea with splenda and lemon juice. CIO

Note: <888> 11/04/10 Thursday 7:50 P.M. Tracking is [USPS - Track & Confirm](#) on the order for [Buy.com - SanDisk 16GB Ultra Backup USB Flash Drive](#) for \$24.99 with free shipping.

[Cable Operators Squeeze More Out Of Fewer Customers - Forbes.com](#)

Tracking is [UPS: Tracking Information](#) on the order for [Newegg.com - SAMSUNG Black 22X DVD+R 8X DVD+RW 22X DVD-R 16X DVD-ROM 48X CD-ROM 2MB Cache IDE CD/DVD Burner - CD / DVD Burners](#) \$13.49 with coupon code "EMCZYNW77" good today only with free shipping.

[Tropical Storm TOMAS tracking](#). CIO

Note: <888> 11/04/10 Thursday 6:40 P.M. I woke up at 9:30 A.M. this morning. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I washed the breakfast dishes, and I made my bed. I copied through the LAN from the FIC server to the Epox computer D: drive, the Server folder. I then copied it also to the C: drive on the Epox computer. I then installed the updates on the Epox computer. I then did a Windows 7 Complete PC backup from the first hard drive to the second hard drive. I chatted with a relative. I ate a ham and cheese sandwich on a Kaiser roll with a dill pickle slice and 1/4th of a 5.3 ounce tube of Pringles barbecue potato chips and a glass of watered down punch. I threw out the garbage. The order with tracking of [UPS: Tracking Information](#) on the order for four [Country Life RNA / DNA \(100 mg / 10 mg\) -- 100 mg - 100 Tablets - Vitacost](#) for \$6.50 each less 10% today of \$2.60 only with source code "EMOCT" and \$4.99 shipping for \$28.39 total arrived. I picked up the mail. I made 210 Premier Lights 100 MM filter Peter Stokkebye Norwegian shag pipe tobacco cigarettes while watching [www.foxnews.com](#) . CIO

Note: <888> 11/04/10 Thursday 12:15 A.M. [AP reverses call of gobs race, says Foley leads - Election 2010 - Connecticut Election 2010 - Connecticut News](#)

I will now shut down the primary Windows 7 computer, and I will go to bed soon.

Rain today and 42 to 48 degrees Fahrenheit.

I will eat a day old muffin before going to bed.

More on Bill Clark [William J. Clark - Wikipedia, the free encyclopedia](#)

Maybe he is ghost writing W's book [Greenwich Gossip](#) . CIO

Note: <888> 11/03/10 Wednesday 11:30 P.M. [Global Volcanism Program | Volcanic Activity Reports | Smithsonian / USGS Weekly Volcanic Activity Report |](#)

I bought [Buy.com - SanDisk 16GB Ultra Backup USB Flash Drive](#) for \$24.99 with free shipping. I will use it to back up my server folder which is about 10 GB.

Tracking is [UPS: Tracking Information](#) on the order for four [Country Life RNA / DNA \(100 mg / 10 mg\) -- 100 mg - 100 Tablets - Vitacost](#) for \$6.50 each less 10% today of \$2.60 only with source code "EMOCT" and \$4.99 shipping for \$28.39 total.

[BBC News - Invisibility cloak closer with flexible 'metamaterial'](#)

[BBC News - Hologram messaging coming of age](#)

[BBC News - Impact 'catastrophe calculator' updated](#)

[Impact: Earth!](#)

[BBC News - Cameron reveals Silicon Valley vision for east London](#) good place for a new Max Headroom television show. CIO

Note: <888> 11/03/10 Wednesday 10:10 P.M. I chatted with a relative. I watched the end of a movie about the man that invented moving pictures that apparently died with about the price of a movie ticket as his net worth. CIO

Note: <888> 11/03/10 Wednesday 8:45 P.M. I ate a ham and cheese sandwich on a Kaiser roll with a dill pickle slice and 1/4th of a 5.3 ounce tube of Pringles salt and vinegar potato chips and a glass of watered down punch.

I chatted with a friend. CIO

Note: <888> 11/03/10 Wednesday 6:10 P.M. I woke up at 7 A.M. this morning. I ate breakfast of oatmeal with honey and milk and a sliced

banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I went back to bed until 11 A.M.. I chatted with a friend at 9 A.M.. I washed the breakfast dishes, and I made my bed. I chatted with a relative twice. I surfed the internet. I ate two hotdogs on buns with Dijon mustard and ketchup and 1/4th a 5.3 ounce tube of Pringles salt and vinegar potato chips and a dill pickle slice and a glass of watered down punch. I showered, and I cleaned up. I threw out the garbage.

I went out to the Stop and Shop. I bought a four pack of yesterday's muffins for \$2, a six pack of day old Kaiser rolls for \$1.35, a half gallon of Florida Natural orange juice for \$3, a 16 ounce package of Smart Balance lite spread for \$3.29, deli slices Land-O-Lake white cheese for \$5.99 a pound for \$6.47, deli sliced Boar's Head honey and maple ham for \$7.99 a pound for \$8.35, a quart jar of B&G kosher pickles for \$2.69, a 8 ounce jar of Grey Poupon Country Dijon mustard for \$2.99, two 12 ounce containers of generic honey for \$2.49 each, three Ocean Spray 64 ounce CranGrape for \$2.50 each, three 64 ounce Ocean Spray CranRaspberry for \$2.50 each, a 48 ounce container of Quaker Old Fashioned oats for \$4.99, a 10 ounce bottle of Kikkoman soy sauce for \$2.29, a cab top round of beef London Broil for \$3.99 a pound for \$5.15, a two pound bag of baby carrots for \$2.99, fresh Chiquita bananas for .69 a pound for \$1.45, broccoli crowns for \$1.99 a pound for \$2.25 and a 3 pound bag of baby red potatoes for \$2.99 for \$72.23 total. I then returned home. I used my folding cart that I brought with me to bring up the groceries and put them away. I also picked up the mail.

[\\$11.03 free shipping NEW Logitech C120 Webcam - Black 960-000542 - eBay \(item 400168171207 end time Nov-04-10 08:00:08 PDT\)](#)

I ordered [Newegg.com - SAMSUNG Black 22X DVD+R 8X DVD+RW 22X DVD-R 16X DVD-ROM 48X CD-ROM 2MB Cache IDE CD/DVD Burner - CD / DVD Burners \\$13.49 with coupon code "EMCZYNW77" good today only with free shipping.](#)

[DFS Direct Sales > Dell Refurbished Laptops`Used Laptops`Used Notebooks`Dell`PCs`Desktops`Monitors`Parts DELL Deals ,sometimes there are discount coupons available at this web site such as these \[Dell Financial Services Coupons and Promotion Codes.\]\(#\)](#)

[Dell Auction CIO](#)

Note: <888> 11/02/10 Tuesday 10:50 P.M. I chatted with a relative.

I will now shut down the primary Windows 7 computer, and I will go to bed soon. I have been awake 24 hours with a three hour nap this morning.

Sunny tomorrow and 42 to 51 degrees Fahrenheit.

I will eat a four day old muffin before going to bed. CIO

Note: <888> 11/02/10 Tuesday 7:40 P.M. The 25 watt bent tip bulb above the portrait of Abraham Lincoln burned out, which has me worried that the republicans might not be doing well today. I replaced it with a 15 watt bent tip bulb.

I will now make and eat a 18 ounce can of Progresso Minestrone soup with a hard roll with Smart Balance spread and a glass of watered down punch. CIO

Note: <888> 11/02/10 Tuesday 7:15 P.M. I went out after the last note. I threw out the garbage. I went downtown, and I picked up a prescription at CVS. I then parked further downtown, and I sat out for a while. I used the bathroom at the senior and the arts center. I then went by the Stop and Shop, and I bought a six pack of day old hard rolls for a \$1.50 and fresh Chiquita bananas for .69 a pound for .51 for \$2.01 total. I chatted with a local [www.army.mil](http://www.army.mil) person about the price of tea in China. I then returned home. I picked up the mail. I then went downtown to the Chase Bank just west of Greenwich Avenue on West Putnam Avenue. I then went by the Wachovia Bank on Havemeyer Place, and I paid my rent to the Greenwich Housing Authority. I then ate one of the hard rolls. I then walked the entire length of Greenwich Avenue and the train station area. I chatted with a local. I sat out at various locations. I stopped by CVS, and I bought four buy one get one free of Campbell's 18.8 ounce New England clam chowder for \$3.39 for two for \$6.78 total. I then finished my walk, and I sat out for a while. I left a message with a local walker from my wireless telephone. I then returned home. I chatted with the building custodian. The order with tracking of [UPS: Tracking Information](#) on the order for two [Regular Fit Straight Leg Jean - B&T | Lee.com](#) in waist 46 inches and 30 inches long in pepperstone heavyweight denim for \$19 each half price and \$5.95 shipping for \$43.95 total arrived. The fit just fine. I hung them up in the bedroom closet with the other blue jeans. I had a telephone call from an out of town Church worker who sounded tired.

My [www.ci-p.com](http://www.ci-p.com) electric bill for October 2010 for 31 days was \$153.30 for 826 kWh and 26.65 kWh per day with an average temperature of 54.4 degrees Fahrenheit.

For October 2009, it was \$115.46 for 24 days and 584 kWh and 24.33 kWh per day with an average temperature of 50.7 degrees Fahrenheit.

I secured the two latches on the left and right sides of the living room window today, so it is more securely closed. I doubt if I will be opening it anytime soon. CIO

Note: <888> 11/02/10 Tuesday 1:00 P.M. I will now shut down the primary Windows 7 computer, and I will go out for an errand. CIO

Note: <888> 11/02/10 Tuesday 12:35 P.M. Tracking is FedEx Tracking on the order for two Croft and Barrow Flex-On Flat-Front Shorts - Big and Tall in size 46 in drawstring for \$3.40 each and two Chaps Flat-Front Basic Twill Shorts - Big and Tall in classic navy in 46 size for \$4.75 each less 15% with promo code "SPENDSAVE15" for \$2.45 discount and \$5.95 shipping for \$19.80 total.

I donated \$20 to the Crystal Cathedral Crystal Cathedral Ministries : Welcome, and they send you this wall calendar 2011 THINK BIG Wall Calendar

BBC News - 'Balloon head' dolphin discovered CIO

Note: <888> 11/02/10 Tuesday 11:15 A.M. I woke up. I ate a three day old muffin.

PacificGeek.com - Surplus Computers and Wholesale Computer Parts has \$4.99 shipping today.

Heavy items like this are available \$66.49 Tripp Lite TE600 UPS System Save \$150 First 200 Orders Today TE600

They have a refurbished IBM ThinkCentre Type 8213 for \$166.99 ThinkCentre M52, 1 x P4 3 GHz/2 MB, FSB 800 MHz, RAM 512 MB, HD 1x40 GB, FDD, CD, LAN Gig EN, Modem: None, , OS License Only, Business black 8213-KUD

or a new opened box one for \$461.99 without the floppy drive Lenovo ThinkCentre M52, 1 x P4 3.2 GHz/1 MB, RAM 1 GB, HD 1 x 80 GB, Floppy - None, DVD, LAN EN, Fast EN, Gigabit EN, DT, , OS License Only, Business black 8213-WCM CIO

Note: <888> 11/02/10 Tuesday 7:55 A.M. I will now rest some more. Sunny today and 50 to 35 degrees Fahrenheit. CIO

Note: <888> 11/02/10 Tuesday 7:10 A.M. I went out, and I voted at the New Lebanon school. There was nobody in line yet at that hour of the morning. I then returned home. I chatted with a neighbor. I picked up the mail. CIO

Note: <888> 11/02/10 Tuesday 5:25 A.M. I will now get ready to go out and vote when the polls open at 6 A.M.. I will also make my bed. I should be there at the New Lebanon school about 6:15 A.M., socially late or later if I scrape frost off the Audi's windows. CIO

Note: <888> 11/02/10 Tuesday 4:10 A.M. I am making a baked breaded boneless breast of chicken with three small baked baby red potatoes and steamed broccoli crowns and baby carrots, and I will put Smart Balance spread and olive oil on the vegetables, and I will eat it all with a glass of watered down punch and a cup of green tea with splenda sweetener and lemon juice. CIO

Note: <888> 11/02/10 Tuesday 3:00 A.M. This is like the IBM LENOVO M52 8213 P4 3.2 PC 1GB RAM 80GB - eBay (item 230531408482 end time Nov-26-10 09:33:38 PST) IBM Lenovo M52 8213 that I bought like new with a 40 gigabyte hard drive with Windows 7 Ultimate and Office 2007 Professional for \$89 and \$30 shipping that I upgraded with more parts <http://mikelouisscott.com/computer.htm> , search "ThinkCentre".

This is the description Lenovo ThinkCentre M52 8213 - Pentium D 930 3 GHz - Desktops - CNET Archive

I watched the end of the movie "W" . CIO

Note: <888> 11/02/10 Tuesday 1:00 A.M. Refurbished IBM ThinkCentres, some with Windows 7 shack radio items - Get great deals on PC Desktops, 2.4 GHz or more items on eBay.com! CIO

Note: <888> 11/02/10 Tuesday 12:10 A.M. I ate two hotdogs on buns with Dijon mustard and ketchup and 1/4th a 5.3 ounce tube of Pringles salt and vinegar potato chips and a dill pickle slice and a glass of watered down punch. CIO

Note: <888> 11/01/10 Monday 11:25 P.M. I just washed the dishes after the last note. I then rested some more. The November 2010 calendar in the kitchen on the refrigerator has pictures of Worcestershire, England Worcestershire - Wikipedia, the free encyclopedia including a picture of Witley Court Witley Court - Wikipedia, the free encyclopedia Witley Court - Wikipedia, the free encyclopedia . Worcestershire is famous for Marinades

and Worcestershire Sauce from Lea & Perrins® . Nice picture of a steak at their web site. CIO

Note: <888> 11/01/10 Monday 5:50 P.M. I woke up this morning at 9 A.M.. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I faxed the Microsoft Money 2007 Deluxe October 2010 income versus spending report to an interested relative. I went back to bed until noon. I ate a two day old muffin. I chatted with a relative. I watched television, and I rested this afternoon. I seem to be low on energy. I just ate a 18 ounce can of Progresso New England clam chowder with a Kaiser roll with Smart Balance spread and a glass of watered down punch. I will now wash the dishes, and I will make my bed. I guess I will then shower and clean up. I got a telephone call from First Selectman Peter Tesei reminding me to get out to vote tomorrow, but the way I feel right now, I am not sure whether or not I will have the energy to make it out to vote. I guess I am a little bit low on protein. I have plenty of food <http://mikelouisscott.com/inventory.htm> , but I seem to be low on energy. Perhaps all of the walking recently has worn me out a bit. You have to remember, whenever I go out for a walk, I am dragging around 220 pounds of my body weight. I changed the calendars in the apartment this morning to November 2010. CIO

Note: <888> 11/01/10 Monday 12:25 A.M. Tracking is UPS: Tracking Information on the order for two Regular Fit Straight Leg Jean - B&T | Lee.com in waste 46 inches and 30 inches long in pepperstone heavyweight denim for \$19 each half price and \$5.95 shipping for \$43.95 total.

BBC News - Bronze Age hoard found intact in Essex field

3 suspects in custody after carjacking, crash that ends in police pursuit - GreenwichTime

Bidders line up to buy Greenwich Avenue post office - GreenwichTime

Sunny today and 49 to 35 degrees Fahrenheit.

I printed out two copies of my Microsoft Money 2007 Deluxe October 2010 income versus spending report. I will fax a copy to an interested relative in the near future.

I will now shut down the primary Windows 7 computer, and I will go to bed soon.

According to the 60 Minutes broadcast on Sunday evening, there is still money in the United States of America. The 5% of the wealthiest people in the United States of America control 40 trillion dollars in assets. However, for all I know it is farmland. CIO

Note: <888> 12/31/10 Friday 6:40 P.M. I ate a 18 ounce can of Progresso New England clam chowder with a Kaiser roll with Smart Balance spread and a glass of watered down punch and the last piece of pumpkin pie with the last of the Cool Whip lite. I chatted with a friend. I will now shut down the primary Windows 7 computer, and I will go to bed soon. I took down the six 2010 calendars in the apartment. I put the [www.hourofpower.org](http://www.hourofpower.org) and the George H.W. Bush Foundation 2011 calendars on the hallway sweater closet, and I put the IAVECI 2011 volcano calendar on the right side of the right living room closet.

Mostly cloudy tomorrow and 48 to 39 degrees Fahrenheit. CIO

Note: <888> 12/31/10 Friday 4:40 P.M. I went out after the last note. I threw out the garbage. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I stopped by CVS, and I used the bathroom. I bought two boxes 12 Hallmark Christmas cards for half price for \$6.99 each box and .84 tax for \$14.82 total. They have other boxes of Christmas cards in the front center area of the store for half price, but the supply is limited. I finished my walk. I noticed my Audi passenger side front door had about a 10 inch long key scratch on it down to the metal. It was not there, when I cleaned the snow off the car on Monday, so it either happened in my apartment parking lot during the last few days, when I did not go out or when I was parked downtown at the Board of Education Parking lot by the veterans monument. There happens to be a police camera on that location, so if the police were interested they could check out the videotape on that location. I then went by the Stop and Shop, and I bought a four pack of day old muffins for \$2, a 8 pack of Stop and Shop hot dog rolls for \$1.69, a six ounce Dannon plain yogurt for 50 cents, a 59 ounce container of Florida Natural orange juice for \$3, a six pack of Kaiser rolls for \$2.49, and fresh Chiquita bananas for .69 a pound for \$1.59 for \$11.27 total. I noticed that the beef tenderloin that I bought for \$9.99 a pound on Christmas eve is now \$16.99 a pound. I then stopped by briefly at the Chase Bank at the Stop and Shop plaza. I then went by Val's liquor to check prices. They do not have Rene Junot white table wine, but the red version is \$11.99. The last time I bought some at the Var Max liquor pantry in Port Chester, New York about five years ago, it was \$4.99, so liquor has gone up in price. Liter bottles of Mount Gay eclipse rum are \$29.99, so it has almost doubled in price in a couple of years. I then went by the Courtesy Mobil gasoline station at 623 West Putnam Avenue, and I bought \$7 of self service premium gasoline for \$3.549 a gallon for 1.972 gallons for 20.5 miles driving since Monday December 20, 2010 at odometer reading of 68168 miles for 10.396 miles per gallon driving in mostly local traffic. I cleaned the outside windows on the Audi. I then returned home. The order from [www.vistaprint.com](http://www.vistaprint.com) that I ordered 500 updated calling cards for \$7.74

and \$6.15 slow 21 day shipping for \$13.89 total arrived. I picked up the mail. I then went out to the Chase Bank on West Putnam Avenue just west of Greenwich Avenue, and while waiting to leave, I chatted with somebody with an Australian dog. The individual also had major key scratch marks on their Mercedes, so it must be a problem in this area. I then went by the Wachovia Bank, and I paid my rent to the Greenwich Housing Authority. I then returned home. I just chatted with a relative. CIO

Note: <888> 12/31/10 Friday 9:10 A.M. I am getting a bit of cabin fever. I will now shut down the primary Windows 7 computer. I will then shower and clean up. I will then go downtown to see if any of the big bucks billionaires are giving away wooden nickels to the Indians. CIO

Note: <888> 12/31/10 Friday 8:50 A.M. I washed the breakfast dishes, and I made my bed. I will now shower and clean up. CIO

Note: <888> 12/31/10 Friday 8:25 A.M. For my Brother MFC-8840D all purpose machine, I ordered Newegg.com - Rosewill RTCA-TN580 Replacement for Brother TN580, TN530, TN540, TN550, TN560, TN570 Black Toner Cartridge for \$19.99 with free shipping which according to Toner for Brother MFC-8840D should work as a spare replacement cartridge. CIO

Note: <888> 12/31/10 Friday 7:35 A.M. I woke up at 5:30 A.M.. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. There is not much happening in the snow covered tundra of Greenwich, Connecticut. I guess we have to stay stranded in our homes, until a relief party shows up. It supposedly is clear out, but with all of the local youth out of school, the town is letting them run the town, while the more senior adults relax in comfort in their snow covered homes. I still have enough food, until my new food stamp allocation becomes active on January 3, 2011. I am out of bananas, and I will not need more orange juice for punch for a few days. I am comfortable at home, but there is a lack of original programming on television. Maybe they should put "Sargent Preston and the Royal Canadian Mounted Police" back on television. I am normally the one whom cleans the snow off the benches downtown, but I suppose a more vigorous young person could try doing it with an automobile snow brush. I am still debating whether I should venture out and risk the chance of losing my parking place, or if I should just stay home, and let the local village idiots keep an eye on downtown Greenwich Avenue. It is nice being warm and comfortable at home, instead of walking in the cold downtown in the snowy landscape. I guess most of the younger people are gathering at Starbucks to watch the world go by. In the major Obama recession, there is no reason to take any

chance that might be costly to one's budget. One would think that now that the Republicans have taken over the House of Representatives, they could come up with some money for some experienced republicans to do something besides sit at home. Without extra money in the winter, there is no point venturing too far away from home. Obviously since the republican party knows whom I am, they could come up with some money after all of my years of volunteering. Thus from my view point, they are just another group of gypsies trying to shake down the establishment in this town. The republicans obviously pay a lot of money in taxes in this town, and we get very little back in terms of funding and services from the government. I have very good communications, but nobody communicates. My viewpoint is that the people with funding should get out there and do more. Since I have a functional home office, I am doing the best based on my budget, and not the budget of the local [www.chase.com](http://www.chase.com) bank which seems to think they control the town. Frequently when the Rockefellers and their associates get too big for their britches, I have to remind them of the Sherman Anti Trust Act, which I also know something about. CIO

Note: <888> 12/30/10 Thursday 5:35 P.M. I ate a four day old muffin with some watered down punch. I will now shut down the primary Windows 7 computer, and I will take a nap for a while. CIO

Note: <888> 12/30/10 Thursday 4:45 P.M. [Confessions of a Windows 7 pirate | ZDNet](#)

[Monsanto Has Room To Run, Analyst Says](#)

[\\$159.98 CompUSA.com | ST31000520AS Bundle | Seagate Barracuda 1TB Low Power Hard Drive Bundle](#)

[BBC News - Ariane 5 makes final 2010 flight](#) CIO

Note: <888> 12/30/10 Thursday 3:25 P.M. Waterfront cottage overlooking the Bush family compound at Walker's Point still available for \$2.8 million in Kennebunkport, Maine [Search Results Coldwell Banker Real Estate LLC](#)  
. CIO

Note: <888> 12/30/10 Thursday 3:15 P.M. I threw out the garbage. I chatted with a neighbor. I helped get a neighbor's son's car unstuck by rocking it out of the snow enclosed parking space. I picked up the mail. CIO

Note: <888> 12/30/10 Thursday 2:35 P.M. I showered, and I cleaned up.

The order with tracking number of "420068309101969010386921551646" at [www.usps.com](http://www.usps.com) for the order for Gigabyte GA-7VT600P-RZ Motherboard Socket A 462 SATA - eBay (item 110626681789 end time Dec-26-10 19:12:20 PST) for \$15.51 and \$14.70 shipping for \$30.21 total arrived. I put it in the lower Gigabyte motherboard box on the right side of the left living room closet shelf.

The order from Cell phone accessories, Mobile accessories - Motorola, Samsung, LG, Nokia, Nextel, Sony ericsson, Sanyo, Kyocera, Audiovox and Bluetooth I ordered Electronic Travel Charger For Nokia Cellular Phones (TC-1) - Nokia 5230 Nuron Chargers for \$2.99 and Universal USB Car Charger Kit With 4 Phone Connectors - Sony Ericsson W380a Car Chargers for \$5.99 and Outdoor Style Carrying Case For Nokia 2720 - Nokia 2720 Cases for \$4.59 and Holster For Nokia 2720 - Nokia Belt Clip / Holster for \$1.99 and LCD Protective Film For Cellular Phone (70mm x 110mm) - Dell Streak for \$1.99 less 7% savings with coupon code "CELL7" for \$1.19 discount for \$16.95 subtotal and \$4.99 shipping for \$20.75 total arrived. I put the parts by the Nokia cell phone on the dining table. However, I put the automobile power adapter on the middle shelf of the bookcase at the kitchen entrance.

The order for Epson T069120 Remanufactured Black Inkjet Cartridge for \$7.25 with free shipping arrived. CIO

Note: <888> 12/30/10 Thursday 1:40 P.M. I ate a baloney and cheese sandwich on a Kaiser roll with 1/4th of a 5.3 ounce tube of CVS Pringles style sour cream and onion potato chips and a dill pickle slice and a glass of watered down punch.

I made up a fresh batch of punch. CIO

Note: <888> 12/30/10 Thursday 12:25 P.M. I chatted with a relative and a friend. I washed the breakfast dishes, and I made my bed. CIO

Note: <888> 12/30/10 Thursday 11:25 A.M. I paid my bills for [www.cablevision.com](http://www.cablevision.com) Digital Cable Television, Optimum Online Cable Modem, and Optimum Voice Long Distance, and my [www.ci-p.com](http://www.ci-p.com) electricity bill, and my [www.verizon.com](http://www.verizon.com) local telephone bill. CIO

Note: <888> 12/30/10 Thursday 11:00 A.M. I woke up at 5:30 A.M.. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I went back to bed until 10:30 A.M.. CIO

Note: <888> 12/29/10 Wednesday 5:25 P.M. I checked the mail twice, and it did not arrive.

I chatted with a neighbor.

I will now shut down the primary Windows 7 computer, and I will go to bed soon.

Partly cloudy and tomorrow and 36 to 25 degrees Fahrenheit. CIO

Note: <888> 12/29/10 Wednesday 3:55 P.M. I was once offered a job to run a [www.coke.com](http://www.coke.com) stand in Key West, but nobody down there had any money, so there was no point. In the winter of 1978, Jimmy Eldert made about \$2 a day running a yogurt stand. It seems busier now [Live Duval Street Web Cam in Key West, Florida :: Sloppy Joe's Bar ::](#) , so there must a lot of snow birds are down there. It sort of makes one wander, if there is anyone left back up north. I can always call up the Canadian Emergency telephone number toll free or collect at 1-613-996-8885 and invite them down to visit here at the edge of the tropics in Greenwich, Connecticut. A lot of Miami, Florida people go to the Florida Keys for the weekend also. CIO

Note: <888> 12/29/10 Wednesday 3:20 P.M. When I lived in the Florida Keys, they use to eat sea turtles, so maybe they should put the sea turtle in the National Zoo.

I checked the mail, and it is not here yet.

Basically, in the time I was down in the Florida Keys, there were very cold winters up north, so it was quite busy in the Florida Keys, but it would go down to the mid 40s degrees Fahrenheit at night, so without warm clothing living outside, it was a bit cold and uncomfortable. I did come up with a [www.army.mil](http://www.army.mil) poncho, but it was quite damp to sleep in. Still I think one of the stray cats at the Case Marina might have been a baby cougar. So few people spoke English down there, I spent most of my time speaking high school French to French Canadians. The security officer at the Monroe County Library was from Chicago, Illinois, so he seemed to know I knew something in English. Back in January 1977, when they started rebuilding the old Casa Marina hotel for the Marriott Corporation, there was a sign in front of it explaining the construction saying it was being financed by the Equitable Life Insurance Company from Chicago, Illinois. There was always somebody from Missouri parked next to the Casa Marina in a black Mercedes Benz, so maybe he was one of Harry Truman's observers. There is not much to do in Key West if one does not have a house except to walk back and forth from the Gulf of Mexico to the Atlantic Ocean all day long and rest

on both sides of the walk. The Casa Marina side is a lot more peaceful. It is much longer walk up Roosevelt Boulevard to the Monroe County beach all of the way up to the Key West International airport. Although there are a lot of people at the beach, one has to wear flip flops when in the water, since it is not a sandy bottom but rough coral. There are plenty of public rest rooms, showers, and water fountains, for the person without a home. I originally tried sleep underneath the Parrish House at the Episcopal Church downtown, but when Jim Eldert arrived, he told me that would not do, so he had some friends with a trailer next to the rocket launchers at the Boca Chica Naval Base. I always was nervous if they launched the rockets, the trailer would catch on fire. I think back then Jim Eldert worked as a bus boy at the Pier House, and he taught Sunday School at the Baptist church, which was sort of strange since he was Roman Catholic, but I guess the Catholic Church down there was Spanish, so possibly Jim Eldert did not know Spanish. He was a student visiting out of the University of New Hampshire, and all of his friends with him were against building the Seabrook Nuclear Power Plant. I basically was living off of peanut butter sandwiches and oranges and yogurt. The Cubans seems to know that Jimmy's family had the house in Key Biscayne next to Richard Nixon. However, I guess they were never far north enough to know that my family was once established in Pensacola, Florida, before we moved up north to Decatur, Alabama and then the Fairfield County area of Connecticut. From what I know since Jimmy Eldert had [www.cbs.com](http://www.cbs.com) stationary with him, he must have also known somebody at C.B.S.. However, Jim Eldert was not my first friend in Key West. When I left Lake Forest, Illinois in October 1972, I drove down to Florida with Hurley Haywood to Jacksonville, Florida, and we drove along with Rob Glore who had a craft shop in Key West across the street from the post office and his cousin Whitney from Minnesota. However, I did not finally make it to Key West until Halloween in 1976, when I was living on the beach in Fort Lauderdale, I drove down to Key West with Brian Hibbs from Cheshire, Connecticut, and we went to a piano bar called Rotten Robby's. The whole island was deserted and boarded up, and not much was happening. Thus I did not return on my own to Key West, until after New Years in 1977, when my 1966 Chevrolet Biscayne blue four door sedan with South Carolina license plates was impounded by the Fort Lauderdale police for having too many parking tickets at the parking lot at the park by the Swimming Hall of Fame, so I did not have a car, and I think back then I took a bus down to Key West, and later on I would hitch hike back and forth from there to Fort Lauderdale a number of times. I enjoyed the drive along the Florida Keys highway. Around April 1977, I got my six months of unemployment checks from Daniel construction in Greenville, South Carolina, so I went back to Fort Lauderdale with Jim Eldert, and I got the car out of the impound lot, and we drove north to Disney in Orlando and then St. Augustine and then we stopped by Hurley Haywood's in Jacksonville, and then I gave Jimmy money

to take an Eastern Airlines jet back to the University of New Hampshire, and I drove up North. I stopped by Americus, Georgia, and I got about \$500 of car repairs done on the Chevrolet, and then I stopped Plains, Georgia to visit the Presidential home town. I then drove back up north. I recall stopping in Greenwich at the family house, and then I went out to Nantucket. I did not need the car anymore, so I gave it to the Nantucket Hospital Thrift shop along with a lot of my extra luggage. I left Nantucket to visit Jimmy at the University of New Hampshire for the Seabrook demonstration. I also hitchhiked up to Dartmouth College, and stayed at the Inn at Exeter, New Hampshire, and I recall also hitch hiking down to Williamsburg and Jamestown, Virginia, so by the time I got back to Nantucket, I was tired of traveling. I worked jobs opening scallops, opening restaurants, and a dish washer at a number of places, until I landed a full time job as a pot scrubber at the Gordon Folger Hotel for the rest of the summer. I recall they paid me \$1.85 an hour back then. I paid \$5 a day to stay on a bed at Mrs. Frances' boarding house at 31 India Street. The summer went by fast, because I was working all the time, and I recall I only saw Jimmy Eldert three times, and he was working at the India House three houses west of the boarding house. India house had a green Volkswagen station wagon, so Jimmy spent a lot of time driving around the island from what I could tell. CIO

Note: <888> 12/29/10 Wednesday 2:10 P.M. Jimmy Carter helps release loggerhead sea turtle - StamfordAdvocate CIO

Note: <888> 12/29/10 Wednesday 2:00 P.M. I made and ate my breaded boneless breast of chicken dinner with my Christmas steamed vegetable mixture and a glass of watered down punch and a cup of green tea with splenda and lemon juice. CIO

Note: <888> 12/29/10 Wednesday 12:30 P.M. I chatted with a friend and a relative. CIO

Note: <888> 12/29/10 Wednesday 12:05 P.M. Well up in www.nantucket.net after the Bicentennial Tall Ships on July 4, 1976 in New York Harbor where I saw Queen Elizabeth II and Prince Phillip at Bloomingdale's department store the following day, later that summer the Sail Loft up on Straight Wharf on Nantucket was selling over 400 different types of beer from around the world for any of the sailors that might have shown up from New York Harbor. CIO

Note: <888> 12/29/10 Wednesday 11:35 A.M. Back in the old days when Greenwich, Connecticut was poor, and the polo players were throwing keg parties, some of the simpler people up on Round Hill Road whom could not

afford to drive to Port Chester, New York where all of the beer barons made their money had an alternative solution.

I got a ten gallon stone crock from my Grandmother Boven's house in Holland, Michigan the last time I visited there around 1961. I then was able to buy quart cans of Pabst Blue Ribbon Malt syrup for about \$3 locally at the Greenwich Hardware store. In the 10 gallon crock, I would add about 10 gallons of well water from Round Hill Road area where we lived, and ten pounds of sugar, and as I recall two packages of Fleishman's yeast, and mix it all together. I would keep it in the basement where it was warmer near the furnace with its force air heating, so the house tended to smell like beer. [www.sears.com](http://www.sears.com) sold a hydrometer for beer making to measure the alcohol or possibly a comic book vendor or Popular Mechanics magazine advertisement, and once it sank to the right level in the beer mixture, after about three days, one would use a round wooden float with a hole in it for a long rubber tube, and one would siphon the beer off into 12 ounce Canada Dry Ginger ale bottles, and one could buy a bottle cap machine and bottle caps from the Sears catalog for about \$20 for the bottle cap machine and \$2 for a hundred bottle caps. Once the beer sat bottled at room temperature for about two weeks, the beer would be carbonated, and about a quarter inch of yeast would settle at the bottom of the beer bottles. Once it was refrigerated, it was a very good beer, but one had to be careful not to let the yeast at the bottom of the beer bottle go into the glass, when one poured it. I think legally one is allowed to make one's own beer in the United States of America. There might be some limit like 200 gallons per year per individual. I can not recall. It is the same with wine. Since the beer was in Ginger ale bottles, and since it was illegal to drink beer at Tod's Point, my older sister used to sell it to her boy friends at the beach for a dollar a bottle. Once a cat climbed through the basement window, and fell into the beer mixture to add a little flavor to it. That is how the Scott family got into the Dutch beer business with a Dutch stone beer crock from Holland, Michigan. Alas, we had to move out of town to the Boston area, where they tend to drink more beer. While at the Taft School in Watertown, Connecticut my senior year, I recall making up a batch of either home brew beer or cider, and I recall selling it to the seniors leaving school on a school bus for Christmas vacation. When the country became more prosperous, there was less of a demand for Pabst Blue Ribbon Malt syrup, so I do not think it is available anymore.

three packages of Fleishman's yeast back then was about 59 cents, but as I recall, one used a package for every five gallons, so that would be 40 cents.

10 pounds of sugar cost about \$1.30

a quart of Blue Ribbon Malt syrup cost about \$3  
and the bottle caps were about 2 cents a piece.

Thus for 10 gallons of beer it cost about \$4.70.

1280 ounces divided by 12 ounces is about 107 twelve ounce bottles.

works out to about 0.392 cents a bottle plus the 2 cent bottle cap or about 2.4 cents a bottle which must have been very profitable for my sister and her friends at the beach at a dollar a bottle. I recall some of her friends came visiting around the house trying to figure out where it came from, and they chased me around the house, when I challenged them, and one chased me on top of the two story roof up to the widow's walk, and I was able to get back down because I was young, think and quick leaving the beer stalker stuck on the roof. Thus at a very young age, I learned to be leery of my older sister's friends.

When I worked with the construction crew at the Polaroid construction site back in the summer of 1970 on Route 128 in Waltham, Massachusetts, they were also working on a Budweiser brewery in Manchester, New Hampshire. I guess both facilities used very large glass lined tanks. When I worked at Daniel Construction now a part of [www.fluor.com](http://www.fluor.com) expediting for the pharmaceutical plants in Manatee, Puerto Rico, they also were buy glass line tanks that were made in Nutley, New Jersey. One of my former neighbors here in Greenwich is involved with [SAB Limited](#) , so besides all of the other beer barons in Greenwich like Heineken, Budweiser, and Rheingold, we have local entrepreneurs in this area. Maybe we should build a microbrewery downtown on Greenwich Avenue like Federal Jacks in Kennebunkport, Maine. CIO

Note: <888> 12/29/10 Wednesday 10:25 A.M. For older computer motherboards and processors, this web site is very useful [iNet Shaper Technology items - Get great deals on items on eBay Stores!](#)

For more older processors [lfz70000 items - Get great deals on Computers Networking items on eBay.com!](#)

To have a spare CPU processor for my AMD Socket 7 462 computer systems, I ordered [AMD Sempron 2800+ SDA2800DUT3D SOCKET 462 100% WORK! - eBay \(item 230486932094 end time Jan-08-11 09:33:39 PST\) for \\$8.99 with free shipping.](#) CIO

Note: <888> 12/29/10 Wednesday 9:20 A.M. I threw out the garbage. I chatted with a neighbor. CIO

Note: <888> 12/29/10 Wednesday 8:20 A.M. My 3 P.M. appointment was cancelled for tomorrow. I do not have another appointment until next Tuesday at 11 A.M.. Thus I do not have to go out any time soon. CIO

Note: <888> 12/29/10 Wednesday 7:45 A.M. The BBC News Radio says that we all should have a daily dose of yogurt.

I still have my two 5 cup yogurt machines, but it takes a bit of time to make it.

I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk.

I will now wash the breakfast dishes and make my bed. I will then shower and clean up, which I have not done in two days.

Although the roads are relatively clear in this area, I can not go out for a walk downtown, since I would probably lose my limited parking space here. CIO

Note: <888> 12/29/10 Wednesday 6:30 A.M. I woke up at 5:45 A.M.. I ate two Clementines.

VPOW: Volcano Picture Of the Week - including Volcano Photo Archive

BBC News - Earth project aims to 'simulate everything' CIO

Note: <888> 12/29/10 Wednesday 1:15 A.M. I am a bit tired, so I will now go back to bed.

Sunny today and 39 to 21 degrees Fahrenheit.

In the winter here, when we are low on funds without much to do, we are like Russian bears, and we tend to hibernate. CIO

Note: <888> 12/29/10 Wednesday 12:50 A.M. I could buy a spare processor here AMD Sempron 3000+ Socket A 462 CPU - FSB 333 Athlon XP - eBay (item 320565071199 end time Jan-17-11 21:04:02 PST) for my AMD

XP Socket A systems, but since I have entire multiple backup systems, so I do not really need it.

I was outbid on the DFI KT600-AL Motherboard - eBay (item 220714173999 end time Dec-28-10 23:48:40 PST) over what I can afford, so somebody needs it more than I need it. There are plenty of KT600 motherboards here KT600 items - Get great deals on items on eBay.com! , if I ever need another one. CIO

Note: <888> 12/29/10 Wednesday 12:25 A.M. I ate a Stouffer's 21 ounce meat and tomato lasagna with some grated parmesan and Romano on it and a glass of watered down punch. CIO

Note: <888> 12/28/10 Tuesday 11:05 P.M. I woke up at 8 P.M.. I chatted with a relative. I went downtown, and I drove around the downtown area. West Putnam Avenue is clear, but there are only about 1.5 lanes open in both directions. They have all of the heavy equipment at the top of Greenwich Avenue for clearing off the snow off Greenwich Avenue. However, on lower Greenwich Avenue with cars parked on both sides of the street outside the pubs there, there is only one narrow lane open for traffic, and it does not look like a fire truck or ambulance would be able to get through in an emergency situation. Still that is normal after a blizzard. I returned back home. There are still tenants here whose cars are still blocked by snow accumulation. I am not sure what the policy is about town employees helping the older tenants get their cars out of the snow. Still over all the town looks to be in pretty good shape. I picked up the mail. I made my bed. CIO

Note: <888> 12/28/10 Tuesday 1:20 P.M. I ate a baloney and cheese sandwich on a Kaiser roll with 1/4th of a 5.3 ounce tube of CVS Pringles style sour cream and onion potato chips and a dill pickle slice and a glass of watered down punch.

I chatted briefly with a friend. As far as I know nothing unusual for this time of year is going on in this area. With all of the students home from school for the Holidays, the younger generation are probably trying to earn a little extra money in these recession torn times. Back in the old days, when Greenwich, Connecticut was a poor town, they use to throw keg parties, where you could drink as much beer as you want for \$5, but at today's prices a keg party would cost about \$50 a milk shake cup. I did notice that at the Thataway cafe on Greenwich Avenue, they are selling pitchers of Pabst beer for \$5, so there must be somebody from Illinois drinking there. I guess corporate executive types drink so much in business that when they become unemployed they keep drinking until the money runs out. The

cheapest place to drink in Greenwich use to be Augie's down by the Mianus River, where everyone seems to know everyone else's business. Since I do not drink liquor anymore, I have a more objective viewpoint. Obviously with all of the liquor stores in the area, somebody is still drinking alcohol for better or worse in this area. I have not been out since last Friday on Christmas Eve to see how bad it is in this area, so all I know is what is in the local press [www.greenwichtime.com](http://www.greenwichtime.com) . More than likely there are some people in back country whom are away, so they are probably worried about their properties. All I know this area probably will not be back to normal until the Monday after New Years, when people whom actually do work here are expected to be back at their jobs.

Since I have been on a night time schedule for a lot of years, I do not try to figure out what goes on here in the daytime. I have seen a lot of people drinking alcohol over the years at night, so it would not be considered unusual behavior in this area. In Manhattan there is a pub on every block, so more than likely with all of the New York City people in this area, some of them also drink alcohol here too. Before the internet, the best place I knew to pick up on news was the airport bar at Westchester County airport, where one could chat with various people coming and going from around the country. I once even saw two Norwegian pilots there who had brought over a Norwegian off shore oil rig helicopter over from Long Island in a blizzard, so having experience in the North Sea that Norwegian helicopter can even fly through blizzards with the right personnel. I think they are stationed out of McArthur airport out on Long Island which I think is near Roosevelt field.

I never go to Long Island, since I have a friend that lives out there that seems to know his way around, and from chatting with him, it is just a lot of traffic all of the time.

I will now shut down the primary Windows 7 computer, and I will take another nap. CIO

Note: <888> 12/28/10 Tuesday 12:15 P.M. Back in the old days, when I first learned how to drive in New Canaan, Connecticut up on the Farm across the street from the New Canaan Country Club, we use to drive down frequently to Greenwich, Connecticut where we were building another new house off Round Hill Road. We were so brave in our youth, we were not afraid to cross the Rio Grande better known as the Byram River, and we would go to Port Chester beer distributor or the other place just west of Cumberland Farms, and we would buy cases of Colt 45 Malt Liquor for \$4.50. We used our fake Bermuda draft cards and driver's licenses that we obtained at the Taft School in Watertown, Connecticut for \$5 each, since we were under 18 years old. Thus the foundation of the new house off Round

Hill Road was filled in with beer cans from Port Chester, New York. That summer of 1967, I was a non union carpenter for \$5 an hour framing the house off of Round Hill Road at about 125 pounds which was not easy. I recalled having to carry two 4 foot by 8 foot by 3/4inch sheets of plywood at a time up to the roof which I was strong enough to do. The house the last I knew was owned by the head lawyer for [www.abb.com](http://www.abb.com) , so I have a long time affiliation with them. Even when Ronald Reagan was elected President on election night in 1980, I ran into the same lawyer checking into the Inn at Montecito just south of Santa Barbara, and I went back down to Laguna beach for the election victory party where a number of construction people were building the twin nuclear reactors at SCE - San Onofre Nuclear Generating Station and about a week later I returned back from California for the last time to energy depleted Manhattan which only had the Saudi Arabian flag flying at the Walfdorf Astoria Hotel. I just heard on [www.foxnews.com](http://www.foxnews.com) that oil will be \$5 a gallon by 2012, if you heat your home with oil, but Natural gas which is more dangerous is down 20%. CIO

Note: <888> 12/28/10 Tuesday 11:30 A.M. I made 153 Premier Lights 100 MM filter Peter Stokkebye Amsterdam pipe tobacco cigarettes while watching [www.foxnews.com](http://www.foxnews.com) on television.

The 5 foot by 7 foot Union Jack that I have was bought many years ago at the Merry Go Round Mews thrift shop for \$15. Unfortunately they lost their lease, so at the end of the month, they will be closing their shop after all of these years. Many of the Old Guard from back country use to donate items and volunteer there, but I suppose a lot of them are now pushing up tulips or retired to Florida. CIO

Note: <888> 12/28/10 Tuesday 8:40 A.M. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I washed the breakfast dishes.

Storm leaves many in Greenwich without power - GreenwichTime

Storm brings 18 inches of snow to Greenwich - GreenwichTime

I will now make my bed, and then I will make some cigarettes. CIO

Note: <888> 12/28/10 Tuesday 7:20 A.M. I took a short nap. I watched a Cary Grant and Tony Curtis movie about a pink submarine in World War II.

I no longer have the big 4 foot by 6 foot 50 star U.S.A. flag in the apartment to fly on the hallway bookcases, since I gave it to a relative in

Kennebunkport, Maine this summer whom also happens to have a formal flag pole in front of the house that I fixed a couple of summers ago. I still have the even bigger full size 6 foot by 10 foot 49 star U.S.A. flag that I bought at the New Canaan Visiting Nurse thrift shop for \$5 back around 1986 that Dorothy Bush did not want back in 1989, since she could not afford a flag. I also have a small 5 by 8 inch 48 star flag that I bought for a quarter at the Greenwich Hospital thrift shop, and I waved it at the Biathlon at the Winter Olympics at Albertville, France back in February 1992 on world wide television during a blizzard. I also have the little 3.5 inch by 5 inch U.S.A. 50 star flag that I bought for \$5 at the Greenwich Hospital thrift shop last summer.

I still have the smaller 3 inch by 5 inch flags from the Nordic countries. I also have the big five foot by ten foot Scottish flag and the big four foot by six foot Union Jack. I also have the 3 foot by 5 foot Union Jack, Dutch tricolor, Swedish, Saudi Arabian, Bermuda and U.S. Air Force flags. However, when one flies them on the hallway bookcases, one can not see the smaller items on the hallway bookcase, which are important the overall appearance of the apartment.

Although I never met Dorothy Bush that I remember, I recall she looked like Helen Kress William's twin sister, so possibly somebody out there in Oyster Bay, Long Island knows something about these sailors that sail back and forth between Greenwich and Oyster Bay all of the time.

The senior British representative in Greenwich, Connecticut does not say much. He told me many years ago, I am suppose to keep doing what I am doing, and I am not suppose to know what goes on, and I am suppose to stay focused, and I am suppose to get a hair cut whenever I can afford it, which is not often. He has put on about 50 pounds, since he told me that, so he is eating well anyway.

I also still have the brass shield of Pall Mall in the apartment by the Ethan Allen recliner in the living room. CIO

Note: <888> 12/28/10 Tuesday 1:50 A.M. I will now eat a three day old muffin with some watered down punch.

I will shut down the primary Windows 7 computer, and I will go back to bed.

Partly cloudy and 34 to 23 degrees Fahrenheit today. CIO

Note: <888> 12/28/10 Tuesday 1:25 A.M. I am bidding on this [DFI KT600-AL Motherboard - eBay \(item 220714173999 end time Dec-28-10 23:48:40](#)

PST) , but I don't really need it, if anyone else needs it. It is new, so it is a good value for an older motherboard, and it has SATA1 connectors. CIO

Note: <888> 12/28/10 Tuesday 1:20 A.M. After the storm: cleaning up and staying safe - GreenwichTime CIO

Note: <888> 12/28/10 Tuesday 12:15 A.M. Tracking number is "420068309101969010386921551646" at [www.usps.com](http://www.usps.com) for the order for Gigabyte GA-7VT600P-RZ Motherboard Socket A 462 SATA - eBay (item 110626681789 end time Dec-26-10 19:12:20 PST) for \$15.51 and \$14.70 shipping for \$30.21 total.

My 11 A.M. appointment today has been rescheduled for Tuesday January 4, 2011 at 11 A.M..

BBC News - Neanderthals cooked and ate vegetables CIO

Note: <888> 12/27/10 Monday 11:05 P.M. I woke up at 9 P.M.. I ate a piece of pumpkin pie with Cool Whip lite. I picked up the mail. I printed out a Christmas letter and put it with a Christmas card, and I left it outside a neighbor's door. CIO

Note: <888> 12/27/10 Monday 2:40 P.M. I ate a eight ounce sautéed eye round of beef cheese burger on a Kaiser roll with ketchup with my Christmas steamed vegetable mixture which included besides the baby carrot slices and broccoli crowns also has asparagus slices and sweet potato cubes with Smart Balance spread and olive oil and a glass of watered down punch and a cup of green tea with splenda and lemon juice.

When I opened up the new 10 ounce bottle of Kikkoman soy sauce, it was very difficult to open. I might have broken my jar opener trying to open it. I finally used a knife to cut the red sealing ring. I still was not able to open it. I tried a damp cloth and a towel too. I finally was able to open it with my vintage blue Lolly Prince jar opener which is about the most useful item any politician has ever given me.

I will now shut down the primary Windows 7 computer, and I will take a nap. CIO

Note: <888> 12/27/10 Monday 12:55 P.M. Door Stop Alarm

Greenwich Land Trust | Make A Financial Contribution

Tracking number is "RA020329060CN" at [Welcome to International Registered Mail Tracking System](#) Client query for the order for two [2 IN 1 IDE TO SATA / SATA TO IDE CONVERTER ADAPTER NEW - eBay \(item 110622073795 end time Jan-06-11 23:10:35 PST\)](#) for \$4.90 each for \$9.80 total.

Tracking number is "RB339002853HK" at [Hongkong Post - Mail Tracking](#) for the order for [PCI SATA 4 PORT CONTROLLER NON RAID CARD WORK WINDOWS 7 - eBay \(item 110619273956 end time Jan-01-11 01:42:53 PST\)](#) for \$25 with free shipping.

I ordered [Scotland National Geographic 2011 Wall Calendar | CALENDARS.COM](#) for \$6.99 and [Wonders of the World 2011 Wall Calendar | CALENDARS.COM](#) for \$6.99 and [France 2011 Wall Calendar | CALENDARS.COM](#) for \$6.99 and [Cathedrals of the World 2011 Wall Calendar | CALENDARS.COM](#) for \$6.99 less 10% off with coupon code "MYEDU" for a \$2.80 discount and with free shipping on a \$25 order for \$25.16 total.

[BBC News - Travel chaos as blizzards hit eastern United States](#) CIO

Note: <888> 12/27/10 Monday 11:35 A.M. Parts of Nassau County, Long Island got over 20 inches of snow [Blizzard shuts down Monday commute for LI](#) .

[Snow conditions: Reports by community for Westchester | LoHud.com | The Journal News](#)

[Hundreds stranded at airport by storm | LoHud.com | The Journal News](#) CIO

Note: <888> 12/27/10 Monday 10:45 A.M. [Storm still wreaking havoc on region; snow to continue throughout morning - GreenwichTime](#) . CIO

Note: <888> 12/27/10 Monday 9:40 A.M. I woke up at 6:30 A.M.. Greenwich, Connecticut got 11 inches of snow, and Manhattan got 16 inches of snow, and Brooklyn got 20 inches of snow. Some parts of New Jersey got 24 inches of snow. Amtrak still is not running from Washington D.C. to Boston. The New York airports will not open until later this afternoon.

I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I washed the breakfast dishes, and I made my bed.

I went bundled up warmly, and I went outside. The building custodian has plowed the sidewalks in front of the building and the town of Greenwich has plowed Vinci Drive. Most of the snow had blown off my Audi, so I cleared the remaining snow off the Audi. I then drove it in and out of its parking place and compacted some of the snow underneath it. Thus I am good to go. I do not have any appointments until one tomorrow morning at 11 A.M.. I chatted with the building custodian and a neighbor. I chatted with two relatives. I will now shower and clean up. CIO

Note: <888> 12/26/10 Sunday 11:25 P.M. I watched some television. I will now shut down the primary Windows 7 computer, and I will go back to bed.

Snow tomorrow and 25 to 16 degrees Fahrenheit. CIO

Note: <888> 12/26/10 Sunday 10:20 P.M. I bought Gigabyte GA-7VT600P-RZ Motherboard Socket A 462 SATA - eBay (item 110626681789 end time Dec-26-10 19:12:20 PST) for \$15.51 and \$14.70 shipping for \$30.21 total. I will use it for a spare motherboard for my primary work Windows 7 computer. CIO

Note: <888> 12/26/10 Sunday 9:40 P.M. Well, if anyone paid attention to this remote area in southwestern Connecticut, you might find this Jeep Jeep dealership across the street from my apartment building Jeep Chrysler Dodge City, CT Jeep dealers in Greenwich, Connecticut, serving Stamford, Rye, White Plains NY, 06830 . Of course one could always join the www.army.mil and get one for free. CIO

Note: <888> 12/26/10 Sunday 9:25 P.M. I woke up, and I ate an untoasted English muffin. I finally woke up at 7:30 P.M.. I checked outside, there looks to be about 4 to 6 inches of snow, but it is drifting, so it is hard to tell. I chatted with a friend.

I ate a baloney and cheese sandwich on a Kaiser roll with 1/4th of a 5.3 ounce tube of CVS Pringles style sour cream and onion potato chips and a dill pickle slice and a glass of watered down punch.

Major storm strikes region; worst may be yet to come - GreenwichTime

FoxNews.com - Snowstorm Coats East, Frustrating Holiday Travel CIO

Note: <888> 12/26/10 Sunday 11:20 A.M. I will now shut down the primary Windows 7 computer, and I will take a nap. CIO

Note: <888> 12/26/10 Sunday 11:05 A.M. <http://www.news12.com/> and view weather traffic cameras in this area  
[http://www.news12.com/wide\\_frame.jsp?filename=/traffic/traffic\\_frame.jsp?section=cameras](http://www.news12.com/wide_frame.jsp?filename=/traffic/traffic_frame.jsp?section=cameras)

[http://www.news12.com/wide\\_frame.jsp?filename=/traffic/traffic\\_frame.jsp?section=video](http://www.news12.com/wide_frame.jsp?filename=/traffic/traffic_frame.jsp?section=video)

Several inches are suppose to be on the ground by dark.

Calling for 12 to 18 inches of snow.

Could be coastal flooding. CIO

Note: <888> 12/26/10 Sunday 10:55 A.M. Light snow has started in Greenwich, Connecticut U.S.A.. CIO

Note: <888> 12/26/10 Sunday 10:35 A.M. [BBC News - New Zealand's Christchurch hit by strong aftershocks](#)

[BBC News - Ka-Sat net-dedicated spacecraft ready for launch](#)

[BBC News - Coded American Civil War message in bottle deciphered](#) CIO

Note: <888> 12/26/10 Sunday 10:10 A.M. No snow here yet, but it is suppose to be snowing in Atlantic City, New Jersey. About a half hour ago, I saw a jet landing at Westchester County airport, so it will probably be one of the last planes out before the snow comes.

I chatted with a relative. They are suppose to get up to two feet of snow along the coast of Maine in Kennebunkport, Maine.

I reheated and ate the rest of the rice-a-roni from yesterday along with a piece of pumpkin pie and Cool Whip lite and a glass of watered down punch. CIO

Note: <888> 12/26/10 Sunday 9:10 A.M. I ordered [Amazon.com: Autel MaxiScan MS300 CAN OBD-II Scan Tool: Automotive](#) for \$22.35 and [Amazon.com: Accutire MS-4021B Standard Digital Tire Gauge: Automotive](#) for \$8 with free shipping on a \$25 order for \$30.35 total. I am suppose to be able to reset my "Check Engine" light with it on the Audi as well check the Audi for any other problems. CIO

Note: <888> 12/26/10 Sunday 8:35 A.M. \$14.99 with free shipping Newegg.com - Rosewill RX-DU101 2.5" & 3.5" USB 2.0 Docking Station

Amazon.com: Autel MaxiScan MS300 CAN OBD-II Scan Tool: Automotive \$22.35 plus free shipping on \$25 order. CIO

Note: <888> 12/26/10 Sunday 8:00 A.M. \$289.99 with free shipping Amazon.com: VIZIO E320VA 32-Inch 720p LCD HDTV, Black: Electronics CIO

Note: <888> 12/26/10 Sunday 7:50 A.M. Blizzard warning issued for southern Fairfield, New Haven counties; Winter storm warning for north - GreenwichTime

Major winter storm barrels up East Coast - GreenwichTime CIO

Note: <888> 12/26/10 Sunday 7:40 A.M. I threw out the garbage. I chatted with a friend that returned from Stowe, Vermont. During the blizzard tonight, there are suppose to be 50 to 60 mile an hour winds. Thus possibly there could be electrical outages. They are calling for up to two feet of drifting snow and more in Boston. CIO

Note: <888> 12/26/10 Sunday 6:25 A.M. I also ate a piece of pumpkin pie early this morning with Cool Whip lite. CIO

Note: <888> 12/26/10 Sunday 5:20 A.M. I chatted with four relatives after the last note. I went to bed. I woke up, and I chatted with two friends. I received a town of Greenwich automatic message about the upcoming blizzard. The town warning calls for 4 to 12 inches of snow, but frequently the town of Greenwich is optimistic. I finally woke up about 3:30 A.M.. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I watched on [www.booktv.org](http://www.booktv.org) programs about books about the man that invented computers and a book of photographs of writers' working environment Booknotes.

I will now wash the breakfast dishes and make my bed. I will then shower and clean up. CIO

Still calling for 11 to 16 inches snow National Weather Service Watch Warning Advisory Summary . I recall reading an article in the Greenwich Time about 20 years ago, about a man in Bedford, New York whom still makes and sells snow shoes. During one of the last major snow storms I

recall over 20 years ago, there were a number of people driving snow mobiles on the Boston Post Road. Also during a major snow storm, the power lines can fall down which can be hazardous for anyone venturing outside in this area. I am charging up my rechargeable lantern. CIO

End of Scott's Notes week of 12/25/10:

Note: <888> 12/25/10 Saturday 4:35 P.M. I put the pumpkin pie in a plastic bag in the refrigerator to eat later.

I watched some television.

I will now shut down the primary Windows 7 computer, and I will go to bed for the evening.

!!!!!! Blizzard warning 11 to 16 inches of snow starting at 6 A.M. tomorrow morning until Monday afternoon.

#### National Weather Service Watch Warning Advisory Summary

I will now send out my weekly notes.

I will then shut down the primary Windows 7 computer, and I will go to bed soon.

I chatted briefly with two friends.

Snow and wind tomorrow and 31 to 22 degrees Fahrenheit. CIO

Note: <888> 12/25/10 Saturday 2:20 P.M. Around noon, I made my Christmas dinner. I cooked a box of chicken rice-a-roni per the instructions, but I used olive oil and Smart Balance spread instead of butter or margarine. I steamed sweet potato cubes, broccoli crowns, slices of baby carrots, and slices of asparagus that I put olive oil and Smart Balance on.

When one considers that today a Whopper at Burger King costs \$6.35, my beef tenderloin for \$7.50 for 3/4ths of a pound was not too expensive. I put it on a roasting rack in a small broiler pan, and I rubbed it with olive oil, and I seasoned it lightly with Montreal Steak Seasoning. For rare, I cooked it in the Sharp Convection oven at 325 degrees Fahrenheit for 15 minutes. For medium rare, one would probably do 350 degrees Fahrenheit and two to three minutes longer. Since it is a very tender cut of meat, one does not want to over cook it. I ate one third of the rice-a-roni, and I refrigerated the rest. I ate it all together with a glass of watered down punch and a cup of

green tea with splenda and lemon juice. It was a delicious filling meal. I washed the dishes. I cooked a 26 ounce Mrs. Smith's pumpkin pie, and I am now letting it cool for two hours on a wire rack.

I chatted with two relatives.

Pictures of the Christmas Dinner and Christmas tree.

<http://mikelouisscott.com/mls-apt-122510/>

<http://mikelouisscottcom.cv.siteprotect.net/mls-apt-122510/>

CIO

Note: <888> 12/25/10 Saturday 10:50 A.M. I threw out the garbage. I chatted with a neighbor. CIO

Note: <888> 12/25/10 Saturday 10:15 A.M. I watched some television.

A relative called me up to wish me Merry Christmas. We chatted for a while.

I ate a day old muffin and a clementine.

I will make and eat my Christmas dinner around noon time.

Queen Elizabeth II's Christmas 2010 broadcast [Christmas Broadcast 2010](#)

[Queen Elizabeth II Christmas 2010 broadcast All videos](#) . CIO

Note: <888> 12/25/10 Saturday 8:40 A.M. [Royal Christmas without Prince William - FoxNews.com](#)

[BILTMORE in Asheville, North Carolina, Americas Largest Home and More!](#)

[Biltmore For Your Home](#)

[Clearance Biltmore® For Your Home Edith Bedding Collection - Belk.com](#) CIO

Note: <888> 12/25/10 Saturday 8:05 A.M. [BBC - Earth News - Tiger team marks 20 years of conflict resolution](#)

[BBC News - Christmas in space: ISS crew sends seasonal greeting](#) CIO

Note: <888> 12/25/10 Saturday 7:20 A.M. I opened up a gift from a relative, I got this in XXL in Royal Stewart Scotch Plaid Flannel Shirt: Flannel, Chamois and Lined at L.L.Bean .

I also got a small photograph album with pictures of my relatives at my niece's and her husband's wedding this past June 2010 up in Kennebunkport, Maine. It brings back fond memories of the warmer days of summer and good times. I put it underneath and in front of the living room Sony television with their wedding photograph. CIO

Note: <888> 12/25/10 Saturday 6:10 A.M. I will now shower and clean up. I will not be going out for an early morning walk, since it is 22 degrees Fahrenheit outside, and on Christmas morning, there would be no place to go to the bathroom. CIO

Note: <888> 12/25/10 Saturday 5:50 A.M. I put away my clean laundry. One of the primary Christmas gifts this year that I was bought early this past June 2010 by a relative was a new set of www.goodyear.com Allegra tires on the Audi 1998 Audi A6 owned by Michael Scott . CIO

Note: <888> 12/25/10 Saturday 5:25 A.M. Merry Christmas. I woke up at 3 A.M.. I turned on the Christmas tree lights. I put clean linens on the bed. I did three loads of laundry, and I have 5 minutes to go on three drier loads. I put two new AA alkaline batteries in the primary computer Microsoft wireless keyboard. I used duct tape to tape up the left side of the sheet on the bedroom window. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I washed the breakfast dishes. CIO

Note: <888> 12/24/10 Friday 6:40 P.M. I ate a day old muffin and a Clementine. Earlier this afternoon, I ate two Clementines. I watched some television. I chatted with a relative. I will now shut down the primary Windows 7 computer, and I will go to bed soon.

Cloudy on Christmas day and 32 to 25 degrees Fahrenheit. CIO

Note: <888> 12/24/10 Friday 5:00 P.M. Acqua alta: Venice floods and high water | Italy Heaven

Venice Floods (PHOTOS): Italy's Bad Weather Continues | WOPULAR

It happened two years ago too Venice under water - The Big Picture - Boston.com 2008 CIO

Note: <888> 12/24/10 Friday 4:45 P.M. Amtrak passenger service closer than you might think to a Treasure Coast return » TCPalm.com . CIO

Note: <888> 12/24/10 Friday 4:00 P.M. I threw out the garbage, and the old periodical literature and the hard drive shipping boxes. I picked up the mail. I watered the plants. CIO

Note: <888> 12/24/10 Friday 3:30 P.M. I went downstairs, and I checked the mail, and it is not here yet.

Swiss Judge Seeks Atomic Secrets Trial for C.I.A. Moles - NYTimes.com

<http://www.royal.gov.uk/ImagesandBroadcasts/TheQueensChristmasBroadcasts/ChristmasBroadcasts/ChristmasBroadcast2010.aspx> might be the link for Queen Elizabeth II's Christmas broadcast, once it is posted. The British do not exchange gifts on Christmas day, but the day after Christmas which is called "Boxing Day".

The order with tracking of USPS - Track & Confirm on the order for a new SEAGATE 7200.10 Harddrive Factory Sealed 300 IDE - eBay (item 280603970111 end time Dec-23-10 22:09:28 PST) for \$41 and \$6.90 shipping for \$47.90 total arrived.

The order for a new Seagate ST303204N1A1A-RK (320 GB, DMA/ATA-100 (Ultra... - eBay (item 250744958394 end time Dec-26-10 10:26:21 PST) for \$30 and \$5 shipping for \$35 total arrived.

I put them both on the book shelf behind the living room Sony television.

The order with tracking of USPS - Track & Confirm on the order for Epson T069 (T069120, T069220, T069320, T069420) Remanufactured Inkjet Cartridges Combo (4 Pack): One Each of Black, Cyan, Magenta, Yellow for \$24.95 less 30% with coupon code "abc30per" for \$7.49 off for \$17.46 total with free shipping arrived.

However, the Epson C120 printer uses two black cartridges, so I ordered another Epson T069120 Remanufactured Black Inkjet Cartridge for \$7.25 with free shipping. I will install the new ink cartridges, once I get the second black ink cartridge. CIO

Note: <888> 12/24/10 Friday 1:35 P.M. FoxNews.com - 'Iceberg Cowboy' Finds Archway in Middle of Ocean CIO

Note: <888> 12/24/10 Friday 1:10 P.M. I ate a eight ounce sautéed eye round of beef cheese burger on a Kaiser roll with ketchup with my usual steamed vegetable mixture which included besides the baby carrot slices and broccoli crowns also has asparagus slices and sweet potato cubes with Smart Balance spread and olive oil and a glass of watered down punch and a cup of green tea with splenda and lemon juice. CIO

Note: <888> 12/24/10 Friday 11:05 A.M. I woke up at 5 A.M. this morning. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up. I heard on the morning news there is a blizzard in down state Illinois, so it might be coming our way soon. I threw out the garbage. I chatted with neighbors. I went out, and I picked up a prescription at CVS. I then walked the entire length of Greenwich Avenue and the train station area. I walked for a while with one Norwegian resident. I stopped by CVS again, and I toured the store. On the way down Greenwich Avenue, I used the bathroom at CVS. I sat out for a while after my walk. The Greenwich Library is closed today. I stopped the Stop and Shop, and I bought a box of four day old muffins for \$2, a 8 ounce tub of Cool Whip Lite for \$1.25, fresh asparagus for \$3.79 a pound for \$3.75, fresh Chiquita bananas for .69 a pound for \$1.68, a five pound box of Clementines from Spain for \$3.99, two golden yams for .50 a pound for .69, and a beef tenderloin tip for \$9.99 a pound for \$7.59 for \$20.95 total. I paid for \$20 of it with my Greenwich Department of Social Services Voucher. I then returned home, and I put away my groceries. The butcher told me that I should cook the beef tenderloin in the convection oven at 325 degrees Fahrenheit for about 15 minutes. One does not want to over cook it. I will have it tomorrow for Christmas dinner with steamed yam cubes, sliced asparagus, baby carrots sliced and broccoli crowns with Smart Balance spread and olive oil, and Rice-A-Roni, along with a slice of Mrs. Smith's Pumpkin pie with Cool Whip lite and watered down punch. I was told today is a Holiday, so one does not have to pay to park downtown. CIO

Note: <888> 12/24/10 Friday 12:20 A.M. I will now shut down the primary Windows 7 computer, and I will go back to bed.

Partly cloudy today and 36 to 23 degrees Fahrenheit. CIO

Note: <888> 12/23/10 Thursday 11:15 P.M. I still have a spare used motherboard like the one below. The similar one in my primary Windows 7 work computer is the same, but it does not have the two SATA connectors. I do not plan to change my primary Windows 7 computer setup

anytime in the near future, so I could use another spare motherboard for it, but I can wait a while for now. Still in the future they will be harder to find.

I ate two hotdogs on buns with Dijon mustard and ketchup and 1/4th a 5.3 ounce tube of CVS Pringles style sour cream and onion potato chips and a dill pickle slice and a glass of watered down punch. CIO

Note: <888> 12/23/10 Thursday 10:30 P.M. Lots of my primary Windows 7 computer motherboards used here with SATA Gigabyte 7VT600P-RZ Socket 462 A MOTHERBOARD AMD KT600 - eBay (item 320561109134 end time Jan-08-11 23:22:29 PST) for \$78 with free shipping. When I threw out the bedroom Gigabyte computer last winter, I made a mistake and threw out this spare motherboard with it. CIO

Note: <888> 12/23/10 Thursday 10:05 P.M. I had a call from a relative around 4 P.M.. I went back to bed until 7 P.M.. I watched some television. I chatted with two relatives. I picked up the mail. I got my \$20 food voucher from the Greenwich department of social services, so I will go out and get my Christmas dinner tomorrow. I was thinking about having something simple like a good cut of steak or whatever is available. I chatted with a friend earlier that needed to get a customized shirt for his daughter's new horse named Dallas, and I suggested that they get a customized shirt from Custom Embroidered Shirts, Caps and Accessories! . However, one has to order four items on each order, so it can be more costly than just one shirt. CIO

Note: <888> 12/23/10 Thursday 2:40 P.M. The Norwegian and Danish and Amsterdam blends of Peter Stokkebye pipe tobacco are now available here again pipesandcigars.com Peter Stokkebye Bulk Tobacco .

Akihito (emperor of Japan [born 1933]) -- Britannica Online Encyclopedia

The United States Exploring Expedition, 1838-1842

Global Volcanism Program | Volcanic Activity Reports | Smithsonian / USGS Weekly Volcanic Activity Report |

email : Webview Ronald Reagan Centennial Gifts

Tracking is USPS - Track & Confirm on the order for Epson T069 (T069120, T069220, T069320, T069420) Remanufactured Inkjet Cartridges Combo (4 Pack): One Each of Black, Cyan, Magenta, Yellow for \$24.95 less 30% with coupon code "abc30per" for \$7.49 off for \$17.46 total with free shipping.

BBC News - Microsoft warns on IE browser bug

BBC News - Colossal pliosaur fossil secrets revealed by CT scanner

I will now shut down the primary Windows 7 computer, and I will take a nap. CIO

Note: <888> 12/23/10 Thursday 1:40 P.M. I ate a 18 ounce can of Progresso New England clam chowder with a Kaiser roll with Smart Balance spread and a glass of watered down punch. CIO

Note: <888> 12/23/10 Thursday 12:45 P.M. One can buy gifts from the British Royal family here Balmoral Estates Royal Gift Shop

One can buy a Turducken here Turduckens | \$85 Delivered | Order Now! | Fresh from CajunGrocer

In England, they serve a baked boneless pheasant stuffed inside of a baked boneless stuffed duck inside of a baked boneless goose.

It serves 125, takes eight hours to cook and is stuffed with 12 different birds ... now that really IS a Christmas dinner | Mail Online

!!!! Heal Farm - On Line Meat and Country Food . CIO

Note: <888> 12/23/10 Thursday 12:20 P.M. Certain rich relatives of mine eat this at Christmas Time Greenberg Smoked Turkeys . CIO

Note: <888> 12/23/10 Thursday 12:05 P.M. I took one eight ounce Ball mason jar of the Peter Stokkebye Amsterdam pipe tobacco that I had cut up in the Cuisine Art and one eight ounce Ball mason jar of the Peter Stokkebye Norwegian pipe tobacco as is, and I mixed it all together, and I then made 137 Premier Lights 100 MM filter Peter Stokkebye Amsterdam and Norwegian pipe tobacco cigarettes while watching www.foxnews.com on television. Blending the Amsterdam pipe tobacco that has been cut up in the CuisineArt with the Norwegian pipe tobacco as is makes I think a superior cigarette than either of the two blends separately. However, I currently can not afford to buy more Norwegian pipe tobacco to go with five pounds of Amsterdam pipe tobacco that I still have in reserve. CIO

Note: <888> 12/23/10 Thursday 8:55 A.M. High winds, flurries today; Snowstorm looks likely for Sunday-Monday - GreenwichTime

Flirting with foreclosure, YMCA scrambles to pay creditors - GreenwichTime

## National Weather Service Watch Warning Advisory Summary

I chatted with a friend heading to Stowe Mountain Resort | Ski Stowe | Vermont Ski Vacation

I will now make my bed, and I will shower and clean up. I will then throw out the garbage, and I will pick up the mail from yesterday. I will then make some more cigarettes. CIO

Note: <888> 12/23/10 Thursday 7:50 A.M. From [www.vistaprint.com](http://www.vistaprint.com) , I ordered 500 updated calling cards for \$7.74 and \$6.15 slow 21 day shipping for \$13.89 total. CIO

Note: <888> 12/23/10 Thursday 7:05 A.M. I ate three scrambled eggs and four strips of fried thick bacon and a toasted English muffin with Smart Balance spread and a glass of 50%punch and 50% cold filtered water with vitamins and supplements and a cup of coffee with spenda and milk. I washed the breakfast dishes. CIO

Note: <888> 12/23/10 Thursday 5:40 A.M. I woke up yesterday at 8 P.M.. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I washed the breakfast dishes. I chatted with a relative. I went back to bed until 10 P.M., when I chatted with a friend. I went back to bed until midnight. I ate a baloney and cheese sandwich on a Kaiser roll with 1/4th of a 5.3 ounce tube of CVS Pringles style sour cream and onion potato chips and a dill pickle slice and a glass of watered down punch. I went back to bed until 5 A.M. this morning. CIO

Note: <888> 12/22/10 Wednesday 11:55 A.M. I called up [www.ci-p.com](http://www.ci-p.com) at 1-800-286-2000 or 1-860-947-2000 , and they told me the electric rate with be going down 2 cents a unit at whatever unit rate they charge as of the first of the year. They also told me they are planning for snow in this area this Sunday, December 26, 2010 the day after Christmas.

I will now shut down the primary Windows 7 computer, and I will go to bed soon.

Today partly cloudy and windy and 35 to 27 degrees Fahrenheit. CIO

Note: <888> 12/22/10 Wednesday 11:05 A.M. I ate two hotdogs on buns with Dijon mustard and ketchup and 1/4th a 5.3 ounce tube of CVS Pringles

style sour cream and onion potato chips and a dill pickle slice and a glass of watered down punch. CIO

Note: <888> 12/22/10 Wednesday 10:00 A.M. From Cell phone accessories, Mobile accessories - Motorola, Samsung, LG, Nokia, Nextel, Sony ericsson, Sanyo, Kyocera, Audiovox and Bluetooth I ordered Electronic Travel Charger For Nokia Cellular Phones (TC-1) - Nokia 5230 Nuron Chargers for \$2.99 and Universal USB Car Charger Kit With 4 Phone Connectors - Sony Ericsson W380a Car Chargers for \$5.99 and Outdoor Style Carrying Case For Nokia 2720 - Nokia 2720 Cases for \$4.59 and Holster For Nokia 2720 - Nokia Belt Clip / Holster for \$1.99 and LCD Protective Film For Cellular Phone (70mm x 110mm) - Dell Streak for \$1.99 less 7% savings with coupon code "CELL7" for \$1.19 discount for \$16.95 subtotal and \$4.99 shipping for \$20.75 total.

I will use them with my new AT&T Nokia 2720 GoPhone Nokia 2720 - GoPhone® - Prepaid Cell Phone - Wireless from AT&T which one can now order for \$8.99, and if they ask you for a \$25 service plan, you can remove it from the cart at check out. CIO

Note: <888> 12/22/10 Wednesday 7:20 A.M. I ate the other half portion of rice that I made a couple of nights ago, and I ate it with some watered down punch.

On this item that I just purchased PCI SATA 4 PORT CONTROLLER NON RAID CARD WORK WINDOWS 7 - eBay (item 110619273956 end time Jan-01-11 01:42:53 PST), it is not SATA 2, and it uses the SiI3114 & 3114 - PCI to 4 Port SATA150 controller chip. Thus as a PCI card, it only has a transfer rate of 266 MBs, so there is not point having it as SATA 2. It looks to be the same as this more expensive item Amazon.com: New Vantec 6-Port Sata Ii 150 Pci Host Card W/Raid Retail Silicon Image SiI3114 Sata Controller Chip: Kitchen & Dining. I will install it in the vacant PCI slot in the primary work Gigabyte computer. I will try removing the Seagate IDE 320 gigabyte hard drive from it that I use only for backups, and save it for a spare primary boot drive. I will put in a spare 500 GB SATA hard drive that I have, and I will make a Windows 7 Complete PC backup of the system to it. However, I will then have to check if when one boots the Windows 7 DVD to restore the backup, if it recognizes the SATA hard drive working off the PCI slot or not. There is an option in booting to install a driver. Thus the SATA controller card may not be useable for a backup hard drive restore in Windows 7. It is suppose to be good for SATA DVD drives too.

This discounted SATA controller was available Promise Technology 4-PORT SATA300 TX4 Controller - eBay (item 250744590804 end time Dec-28-10

09:08:16 PST), and it is suppose to be a better more expensive one. However in these reviews although it is suppose to be faster, it says in one of the comments Reviews Promise SATA300 TX4 Storage controller- Serial ATA II- 300 MBps that it has a built in BIOS that can interfere with a computer booting up properly, although it might give an option to be able to boot from it, and I figured it might interfere with restoring a Windows 7 backup also.

These two items that I ordered 2 IN 1 IDE TO SATA / SATA TO IDE CONVERTER ADAPTER NEW - eBay (item 110622073795 end time Jan-06-11 23:10:35 PST) might permit me to boot a SATA hard drive from my primary work Gigabyte computer IDE controller as another option. They also have built in SATA power connections, which most of the ones at www.newegg.com did not. Of course on both items, one does not know if they work in one's system, until one tries them.

The same vendor has this \$14 Windows 7 audio card NEW PCI 8CH 7.1 SOUND CARD VIA WORK VISTA WINDOWS 7 - eBay (item 110619658816 end time Jan-01-11 19:01:14 PST), which might be better that these Buy.com - Siig SoundWave 5.1 PCI audio cards that I am using for my desktop Windows 7 computers, if you do not mind waiting for shipping from Hong Kong, China. CIO

Note: <888> 12/22/10 Wednesday 5:40 A.M. Top 10 Microsoft Stories Of 2010 -- InformationWeek

Wiley::Plates vs Plumes: A Geological Controversy

GEOLOGANDO Student Trips to Lanzarote

Global Volcanism Program | Volcanic Activity Reports | Bulletin of the Global Volcanism Network | Volume 35, Number 9 (September 2010)

email : Webview Ronald Reagan Centennial Update

I renewed my www.aarp.org membership for another year for \$16. It is now good until May 22, 2012.

BBC News - African elephant is two species, researchers say

BBC News - Neanderthal family found cannibalised in cave in Spain CIO

Note: <888> 12/22/10 Wednesday 4:35 A.M. From chunwai 1996 items - Get great deals on PCI I O Adapters, USB Accessories items on eBay Stores!

, I ordered PCI SATA 4 PORT CONTROLLER NON RAID CARD WORK WINDOWS 7 - eBay (item 110619273956 end time Jan-01-11 01:42:53 PST) for \$25 with free shipping. It should allow me to put SATA hard drives in my primary work computer. It is also Windows 7 compatible.

I also ordered two 2 IN 1 IDE TO SATA / SATA TO IDE CONVERTER ADAPTER NEW - eBay (item 110622073795 end time Jan-06-11 23:10:35 PST) for \$4.90 each for \$9.80 total. They are supposed to allow me to use my IDE controller with SATA drives. CIO

Note: <888> 12/22/10 Wednesday 2:40 A.M. I ate a baloney and cheese sandwich on a Kaiser roll with 1/4th of a 5.3 ounce tube of CVS Pringles style sour cream and onion potato chips and a dill pickle slice and a glass of watered down punch. I chatted with www.cablevision.com, and I told them they should put more family entertainment on their cable channels instead of all of the violence. I called up an out of town security agency. CIO

Note: <888> 12/22/10 Wednesday 1:15 A.M. I woke up, and I ate a Kaiser roll with Smart Balance spread. I woke up again at 10 A.M., and I chatted with a relative. I finally woke up at 6 P.M.. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I went back to bed until 9 P.M.. I washed the breakfast dishes, and I made my bed. I ate a untoasted English muffin. I showered, and I cleaned up. I chatted with a relative. I threw out the garbage. I went downtown, and I went by the Stop and Shop. I bought a 16 ounce package of Smart Balance spread for \$2.89, a 8 ounce jar of Grey Poupon Country Dijon mustard for \$2.99, a 32 ounce jar of Hellmann's Olive Oil mayonnaise for \$4.39, a 48 ounce container of Quaker old fashioned oatmeal for \$4.99, a 32 ounce bottle of Borden lemon juice for \$2.69, and a 10 ounce bottle of Kikkoman soy sauce for \$2.29 for \$20.24 total. I then went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I stopped by CVS which is opened late until midnight on December 23, 2010, and I bought two 6 ounce tubes of Colgate MaxWhite toothpaste for \$2.75 each and .33 tax for \$5.83 total.

I chatted with two computer engineers from -HOM3. We shared a cigarette outside of CVS. I then finished my walk. I then returned home. I picked up the mail. I put away my groceries. CIO

Note: <888> 12/21/10 Tuesday 5:30 A.M. I watched a bit of television. I ate a 18.8 ounce can of Campbell's New England clam chowder with a

toasted English muffin with Smart Balance spread and a glass of watered down punch.

I will now shut down the primary Windows 7 computer, and I will go to bed soon.

Today partly cloudy and windy and 34 to 24 degrees Fahrenheit. CIO

Note: <888> 12/21/10 Tuesday 3:25 A.M. Greenwich Gossip CIO

Note: <888> 12/21/10 Tuesday 3:15 A.M. I stood out in 28 degree Fahrenheit weather without my gloves on, and I took pictures of the lunar eclipse from about 15 minutes before it was full until it was full. That was all of the cold weather my cold hands could take.

<http://mikelouisscott.com/eclipse-122110/>

<http://mikelouisscottcom.cv.siteprotect.net/eclipse-122110/>

I will now have a cup of green tea with splenda and lemon juice. CIO

Note: <888> 12/21/10 Tuesday 2:00 A.M. Forbes: America's Best and Worse Banks

Tracking is USPS - Track & Confirm on the order for a new SEAGATE 7200.10 Harddrive Factory Sealed 300 IDE - eBay (item 280603970111 end time Dec-23-10 22:09:28 PST) for \$41 and \$6.90 shipping for \$47.90 total.

For my Epson Stylus C120 printer, I ordered Epson T069 (T069120, T069220, T069320, T069420) Remanufactured Inkjet Cartridges Combo (4 Pack): One Each of Black, Cyan, Magenta, Yellow for \$24.95 less 30% with coupon code "abc30per" for \$7.49 off for \$17.46 total with free shipping.

BBC News - Snow strands Christmas travellers across north Europe

BBC News - Skywatchers set for lunar eclipse CIO

Note: <888> 12/21/10 Tuesday 12:55 A.M. City of Placerville, CA

Kit Carson Lodge

Kirkwood Mountain Resort - Rare Earth

There has been 90 inch of snow in the last week here High chance of more snow. | Kirkwood Mountain Resort

I ate a baloney and cheese sandwich on a Kaiser roll with 1/4th of a 5.3 ounce tube of CVS Pringles style sour cream and onion potato chips and a dill pickle slice and a glass of watered down punch. CIO

Note: <888> 12/20/10 Monday 11:50 P.M. Not much snow yet in Truckee, California [Truckee, California \(96160\) Conditions & Forecast : Weather Underground](#)

[California State Snow Depth : Weather Underground](#)

271 inches of snow in Summit Meadow, California and Carson Pass, California

[Summit Meadow Lake, California](#)

[AirNav: KSIY - Siskiyou County Airport](#)

[Carson Pass \(1067\) - Site Information and Reports](#)

[Carson Pass - Wikipedia, the free encyclopedia](#)

[Carson Pass](#)

[ENFIA | Carson Pass Information Station](#) CIO

Note: <888> 12/20/10 Monday 10:55 P.M. I ate a Kaiser roll with Smart Balance spread after the last note. I went to bed, and I woke up at 6 P.M.. The \$48 that was taken out of my Chase Bank account was put back into my Chase Bank account, so I guess that matter is resolved. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I washed the breakfast dishes, and I made my bed. I showered, and I cleaned up. I chatted with a relative. I surfed the internet. I threw out the garbage. I moved the Audi to its usual place. I picked up the mail.

It is a clear sky tonight, here so one should be able to see the total lunar eclipse at 2:41 A.M. EST this morning December 21, 2010 [FoxNews.com - Amazing Spectacle: Total Lunar Eclipse Monday Night](#) . I guess the local astronomy club will be out in full force during the early morning hours. There is a big ring around the moon at the moment.

There is suppose to be up to 15 feet of snow in Sierra Nevadas east of southern California as a result of this rain [Powerful storm keeps pounding](#)

CA; more rain on way - FoxNews.com and Snow Report | Squaw Valley USA - Lake Tahoe Ski Resort . CIO

Note: <888> 12/20/10 Monday 10:50 A.M. For the last few days www.chase.com has been reversing the \$48 credit they gave me in early November 2010 on the charge for the fraudulent Windows 7 product keys that I bought in mid July 2010. I called them up in the Philippines this past Friday, and the \$48 charge was suppose to be refunded to me in two days which it has not been. I just called them up again at 1-866-564-2262, and they answered in Ohio, and they told me they had no record of the call this past Friday. They said they would investigate, and they would let me know in 24 hours or email me. I called up my local branch at 1-203-861-7379, and they said to wait for another day, and then get back to them.

I will now shut down the primary Windows 7 computer, and I will go to bed soon.

Today partly cloudy and windy and 32 to 22 degrees Fahrenheit. CIO

Note: <888> 12/20/10 Monday 9:30 A.M. If one needed a Seagate IDE 300 GB hard drive, they are available here for \$47 with free shipping from ServerSupply here HARD DRIVES ATA - IDE 300GB-7200RPM , but I was able to get the better models slightly cheaper on Ebay.

There is suppose to be 10% off any hard drive with promo code "emczzyr2" up to \$10 at Newegg.com - Hard Drives, External Hard Drives, Internal Hard Drives, Laptop Hard Drives, Portable Hard Drives, Computer Hard Drives, SATA Hard Drives, Hard Drive

They have this one Newegg.com - Western Digital Caviar Blue WDBAAV3200ENC-NRSN 320GB 7200 RPM 8MB Cache IDE Ultra ATA133 / ATA-7 3.5" Internal Hard Drive or a slightly cheaper model here

Newegg.com - Western Digital Caviar Blue WD3200AAJB 320GB 7200 RPM 8MB Cache IDE Ultra ATA100 / ATA-6 3.5" Internal Hard Drive -Bare Drive , so one can see that IDE hard drives have gone up in price. I use IDE hard drives on four of my six older desktop computers. CIO

Note: <888> 12/20/10 Monday 8:40 A.M. I bought a new SEAGATE 7200.10 Harddrive Factory Sealed 300 IDE - eBay (item 280603970111 end time Dec-23-10 22:09:28 PST) for \$41 and \$6.90 shipping for \$47.90 total. Now I will have another spare one. CIO

Note: <888> 12/20/10 Monday 7:35 A.M. I bought a new Seagate ST303204N1A1A-RK (320 GB, DMA/ATA-100 (Ultra... - eBay (item 250744958394 end time Dec-26-10 10:26:21 PST) for \$30 and \$5 shipping for \$35 total. I will use it as a backup hard drive for my primary computer system. I already have two like it in my system now. CIO

Note: <888> 12/20/10 Monday 6:25 A.M. Greenwich to introduce pay-by-phone parking for commuters - GreenwichTime CIO

Note: <888> 12/20/10 Monday 4:45 A.M. Not much seems to be happening way out here in Southwestern Connecticut anymore. I suppose with the higher prices of gasoline people are just staying home and maintaining the home fires. There is not much traffic anymore in the off hours. I guess nobody feels like being awake at night anymore, since it is not very profitable. I guess one could take up the moonshine business, but I suppose with advanced traffic monitoring on the waterfront, it would not be very profitable. I guess there is so much land in the north country, people do not feel like paying the higher real estate prices in this area, when there is a lot cheaper land not too much further north of here. Thus if one does not need to go to New York City to work, there is not much point in being in this area. However, since I manage to survive keeping an eye on this www.ibm.com bedroom community after all of these years, I suppose I have my own viewpoint compared to the daytime people. In some urban areas in the north country people work around the clock 24 hours a day, because in the extreme north, it can be darker for much longer in the winter. It is only 24 degrees Fahrenheit outside which is not too cold if one dresses for it, and gets plenty of rest and eats well enough. Basically in colder weather, one's body is using more energy, so one has to keep one's energy level up. Still I know people from further north of here, and they seem to enjoy the warmer weather in the winter here. I guess if one wanted to do an interesting news story on this area, one could explore the rest areas in Darien, Connecticut on I-95 and see where people are coming from and going to. I suppose more people are headed south this time of year. Although it is a long drive south in the winter from here, some people need their cars down south, so they drive down there, whenever they venture on down to Florida. From experience it is pretty bleak and cold out there on Interstate 95 south in the winter until about the time one gets half way down the coast of Florida, when it starts to warm up a bit. I suppose there are probably a few stranded travelers all of the time in this area, but I do not have the funds or the time to explore what is going on in the larger area around me. I would recommend to any highway travelers on I-95 south that they have sufficient funds to deal with an emergency, and there is probably not as much traffic on the highway in the winter as there use to be with the higher prices of fuel. Rental cars are not too expensive in

Florida, so if one is only staying a short time, it is probably cheaper to rent a car down in Florida versus the wear and tear on an automobile driving over a thousand miles south each way. Still in America, there are still Road Warriors out there exploring the Greater America for better or worse. If one should run out of money in Florida despite the warmer weather, it is a lot harder for people from out of state to make money, so you might become a bit uncomfortable if you become homeless or are left sleeping in your car on some roadside rest area. Generally once people get to driving a long distance, from experience they tend to keep on going until they get there. I never had any money to stay in hotels or motels when I drove north and south in the old days, so it would be just one long exhausting trip until I reached my destination. We might get a few Canadians heading south through this area, but I have not seen many Canadian license plates recently. Having been a neighbor of the [www.un.org](http://www.un.org) when I used <http://mikelouisscott.com/fred.htm> 's apartment in the old days at 420 East 49th street, I am always asking people where they are from, so I have some point of reference when dealing with them. Of course there are probably people from the New York City area also, whom do not like being asked where they are from. Most people ignore me downtown on Greenwich Avenue, because it is a younger crowd down there, and they do not seem to be too friendly to cigarette smokers whom enjoy fresh air. It was much the same in New York City in the old days, when I would wander around at night and in the early morning hours. Still even in the daytime, they are not too friendly around here. They seem to focus on people whom are in the media as opposed to your average run of the mill village idiot. Basically a lot of people around here tend to read a lot of books, so they can be quite well informed, so they frequently suggest to you to read a book about a subject matter as opposed to giving a stranger their life's story. CIO

Note: <888> 12/20/10 Monday 3:50 A.M. Sulfur in Magmas and Melts

BBC News - 'Oldest' Facebooker Lillian Lowe wins new pals CIO

Note: <888> 12/20/10 Monday 1:40 A.M. I ate a Kaiser roll with Smart Balance spread before going to bed. I woke up at 4 P.M.. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I went back to bed until 8 P.M.. I washed the breakfast dishes. I made my bed. I chatted with a relative. I showered, and I cleaned up. I threw out the garbage. I went by the Stop and Shop, and I bought a 59 ounce container of Florida Natural orange juice with calcium for \$2.50, a pound of Stop and Shop sliced white American cheese for \$3.49, a 16 ounce package of Smart Balance lite spread for \$2.89, sliced deli Boars Head white American cheese for \$5.99 a pound

for \$6.11, sliced deli Stop and Shop Wondabar sliced baloney for \$2.49 a pound for \$4.62, a 2 pound bag of baby carrots for \$2.99, fresh Chiquita bananas for .69 a pound for \$2.13, broccoli crowns for \$1.99 a pound for \$2.15 for \$26.88 total. I then went downtown, and I used the bathroom at Starbucks. I walked the entire length of Greenwich Avenue and the train station area. The train station was opened late. I stopped by CVS, and I bought two 12 packs of Thomas' English muffins for \$1.99 each 12 pack for \$3.98 total. I then bought a small jewelers eye glass screw drive with spare eye glass screws for \$1.99 and .12 tax for \$2.11 total. I then finished my walk. I then returned home, and I put away my purchases. I retrieved a 25% off CVS coupon, and I went back out to CVS on Greenwich Avenue. They are opened late until midnight on December 23, 2010. I looked at their GPS for Dummies for \$129.99 which I could have gotten for 25% off less another \$30 off with a store coupon that I got earlier, but I decided not to get it for around \$68, since it only has a three inch screen which I would not be able to read easily in the car. I then toured the store until they closed just before midnight. There was nothing that I needed with my 25% off coupon. I then went by the Courtesy Mobil gasoline station at 623 West Putnam Avenue, and I bought \$10 of self service premium for \$3.539 a gallon for 2.826 gallons 31.5 miles driving since Friday December 10, 2010 at odometer reading of 68148 miles for 11.147 miles per gallon driving mostly in local traffic. I then cleaned my outside windows. I then played a Holiday Magic scratch card for a dollar, but I lost. I then returned home. I will now make up a fresh batch of punch. I then will make up the same cheeseburger dinner that I ate a couple of nights ago. CIO

End of Scott's Notes week of 12/19/10:

Note: <888> 12/19/10 Sunday 4:45 A.M. I watched a bit of television.

I will now send out my weekly notes. I will then go back to bed.

Afternoon snow showers and 35 to 24 degrees Fahrenheit. CIO

Note: <888> 12/19/10 Sunday 3:25 A.M. Very good free computer system cleaner [Free Windows Registry Cleaner and Registry Repair Software | Comodo System-Cleaner, Speed Up Your PC](#) . CIO

Note: <888> 12/19/10 Sunday 2:50 A.M. I guess when sailing the east coast of America down to the Caribbean, it is Starboard Out and Port Home or "SOPH", so one has a view of the coast line.

I guess freezing Norwegian Patrol if they were not doing anything until 4 A.M. this morning could drive over to the A&P in Port Chester, New York and

buy a 1.75 liter bottle of Mount Gay Rum, the rum that invented rum for about \$40. When I worked with Ian Greenshield out in Nantucket up until early December in 1983, he told me rum was very important to the Canadian economy.

They use to have a pub over in White Plains, New York, where one might get a chance to watch a Rockefeller make money, but they had so many staff in attendance, nobody could figure out whom the real person might be.

Warmth for poor people Live Duval Street Web Cam in Key West, Florida :: Sloppy Joe's Bar ::

If you prefer to fly by air, one could always try to book a reservation at Mt Irvine in Tobago.

I still have Tony Pigato's family telephone number in Sao Paulo, Brazil <http://mikelouisscott.com/photo/mike-scott-and-friend-new-york-1987.jpg> , but he is so busy working for Trans Brazil Airlines Trans Brazil Airlines, New York NY 10001 -- MerchantCircle.com , I have not heard from him in 23 years. CIO

Note: <888> 12/19/10 Sunday 2:10 A.M. Nothing happening on the internet. I guess everyone got cold feet and went south for the winter.

She is back again today QM2 - Itinerary - 2010 . CIO

Note: <888> 12/19/10 Sunday 1:10 A.M. I woke up at 1 P.M.. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I went back to bed. I chatted with a relative at 4 P.M.. I went back to bed. I chatted with a relative at 6 P.M.. I went back to bed until 8 P.M.. I washed the breakfast dishes. I made my bed. I ate the other half of flavored rice that I made last night. I threw out the garbage. I picked up the mail.

I made 143 Premier Lights 100 MM filter Peter Stokkebye Norwegian shag pipe tobacco cigarettes while watching movies on television.

I will now prepare and eat a Stauffer's 21 ounce tomato and meat lasagna with grated parmesan and Romano cheese which I will eat with a glass of watered down punch and a cup of green tea with splenda and lemon juice. CIO

Note: <888> 12/18/10 Saturday 8:00 A.M. I will now shut down the primary Windows 7 computer, and I will go to bed soon.

Mostly sunny today and 34 to 26 degrees Fahrenheit. CIO

Note: <888> 12/18/10 Saturday 7:45 A.M. I was looking for information on SATA external hard drives with IDE motherboards, but instead I came up with this [\[Solved\] Sata hard drive as master on ide motherboard - Hard-Disks - Storage](#) that mentions this [IDE to Serial ATA or Serial ATA to IDE Adapter - Meritline.com](#) which might be handy, if I ever want to try to install a SATA hard drive on an IDE computer.

More here though [Installing a SATA hard drive on IDE motherboard](#)

[Newegg.com - BYTECC IDE Adaptor IDE to SATA Converter For Drive](#)

[Newegg.com - Koutech IO-ASA120 IDE to SATA II Device Adapter](#)

[Newegg.com - VANTEC CB-IS100 IDE to SATA converter](#)

[Newegg.com - SIIG SC-SA0512-S1 IDE to SATA HDD Adapter](#)

[Newegg.com - SYBA SY-IDE-SATAHD IDE to SATA Device Adapter](#)

[Newegg.com - StarTech PATA2SATA2 IDE to SATA Drive Motherboard Adapter](#)

[Amazon.com: Ide To Sata Drive Motherboard: Electronics](#)

[Newegg.com - Koutech IO-ASA220 Bi-Directional IDE/SATA Device Adapter](#)

[Newegg.com - SYBA SY-ADA45005 IDE to Dual SATA2 Adapter, Convert SATA & SATA2 Devices to IDE Port, RoHS.](#)

[Newegg.com - StarTech IDE2SAT IDE to SATA Drive Mounted Adapter](#)

[Newegg.com - SABRENT SBT-STDB IDE Ultra ATA-100/133 to SATA Port Mini Converter](#)

[Newegg.com - BYTECC SATA Adapter IDE to SATA Converter For Drive](#)

There is nothing about SATA external USB hard drives not working with IDE systems. CIO

Note: <888> 12/18/10 Saturday 5:40 A.M. I ate two hotdogs on buns with Dijon mustard and ketchup and 1/4th a 5.3 ounce tube of CVS Pringles style sour cream and onion potato chips and a dill pickle slice and a glass of watered down punch. CIO

Note: <888> 12/18/10 Saturday 4:50 A.M. I put away the laundry.

Bones found on island might be Amelia Earhart's - FoxNews.com CIO

Note: <888> 12/18/10 Saturday 4:00 A.M. I have now saved 833 square feet of rainforest about twice the size of my apartment Tropicana Juicy Rewards , thus I could say I have a back yard in Brazil. CIO

Note: <888> 12/18/10 Saturday 3:50 A.M. Ronald Reagan Library Holiday Gifts

I have 40 minutes to go on the two dry cycles. CIO

Note: <888> 12/18/10 Saturday 3:10 A.M. I woke up at 2 A.M.. I put clean linens on the bed. I started two loads of laundry, and I have 20 minutes to go on the wash cycle. CIO

Note: <888> 12/17/10 Friday 10:00 P.M. After dinner, I chatted with a relative. I watched a little bit of television. I think I will now shut down the primary Windows 7 computer, and I will go back to bed. CIO

Note: <888> 12/17/10 Friday 7:55 P.M. I threw out the garbage and the old periodical literature. I picked up the mail. I watered the plants.

I will now make and eat a sautéed 8 ounce eye round burger with two slices of processed cheese and ketchup on a Kaiser roll with half of a portion of my steamed flavor rice mixture and my usual steamed vegetables and a glass of watered down punch a cup of green tea with splenda and lemon juice. CIO

Note: <888> 12/17/10 Friday 7:15 P.M. Earlier I cleaned the Ionic Pro air purifier.

Although I am currently warm enough in my apartment at the moment, and it is warmer with the new double pane windows, once I get my December 2010 electric bill at the first of January 2011, and see how much the heat has cost this December, I might have to turn the heat down a bit to a cooler temperature in order to save money.

One reason, I do not drive my Audi as much is that I think it is better to use the energy to stay warm at home than to use it to heat up an automobile and sit out and walk in the cold on downtown Greenwich Avenue. CIO

Note: <888> 12/17/10 Friday 6:45 P.M. I woke up at 1 P.M.. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I washed the breakfast dishes. I made my bed.

I did a Windows 7 Complete PC backup of both partitions on the primary work computer to the Bytecc external hard drive.

I tested the Seagate FreeAgent Go 500 Gigabyte external hard drive on the three laptop computers all of which do not have SATA controllers, and it would not work on any of them.

I copied the server folder to the Seagate external hard drive and a few other files.

I chatted with a friend.

I will now shower and clean up.

[One of the World's Biggest Telescopes Is Buried Beneath the South Pole - FoxNews.com](#) CIO

Note: <888> 12/17/10 Friday 6:05 A.M. [Biltmore Email Newsletter](#)

[\\$41.99 with free shipping Newegg.com - Waterpik WP-100W Ultra Dental Water Jet](#)

[BBC News - Swarm satellite mission to try to sense ocean magnetism](#)

I finished backing up the IBM ThinkCentre M52 Type 8213 computer.

I will now shut down the primary Windows 7 computer, and I will go to bed soon.

Mostly sunny and 34 to 23 degrees Fahrenheit. CIO

Note: <888> 12/17/10 Friday 5:25 A.M. I ate the other half of the flavored rice that I made this past evening along with some watered down punch. I

am now backing up the IBM ThinkCentre M52 8213 computer to the Seagate external hard drive. CIO

Note: <888> 12/17/10 Friday 4:35 A.M. I am backing up the bedroom Abit computer to the Seagate external hard drive. CIO

Note: <888> 12/17/10 Friday 4:10 A.M. The Seagate FreeAgent Go 500 Gigabyte external hard drive does not work with a powered hub on the primary work computer. Actually the octopus hub that I had already tried it with is a powered hub.

Basically, when it is plugged into any of the USB 2.0 ports on the primary Gigabyte computer, its light do not stay on steady which it should, instead it blinks. It would lead me to believe, it is not getting enough USB 2.0 power from the computer.

It works on all of the other desktop computers. I have not tried it on the laptops yet. CIO

Note: <888> 12/17/10 Friday 2:35 A.M. This is the powered USB 2.0 hub that I am using on the Epox and have connected to the primary computer [7 Ports USB 2.0 Super Slim Compact HUB, Indicator Lights, AC Power Adapter Included - Meritline.com](#) . However, if you leave it continually connected, it burns out in about a year.

These powered USB 2.0 hubs are also available [10 Ports USB 2.0 Hub, Power Adapter Included, with AC Adapter, White with Silver - Meritline.com](#) and [10 Ports USB 2.0 Hub, Power Adapter Included - Meritline.com](#). CIO

Note: <888> 12/17/10 Friday 2:15 A.M. I keep telling people the Whitneys from Minnesota are making all of the money [Wheelock Whitney \(businessman\) - Wikipedia, the free encyclopedia](#) CIO

Note: <888> 12/17/10 Friday 2:10 A.M. The powered hub would not work off the primary computer Gigabyte motherboard USB 2.0 port, but it works off the octopus USB 2.0 hub connected to the PCI USB 2.0 card. Once the Epox backup is finished, I will test the Seagate external hard drive on the primary computer off the powered USB 2.0 hub. When using an external hard drive in devices under drives, I set its policy for optimize for speed, but that means you have to use the "Safely Remove Hardware and Eject Media" icon in the tray to disconnect the external hard drive. On a larger computer hard drive, it can take a while to back up to an external hard drive. CIO

Note: <888> 12/17/10 Friday 1:35 A.M. The Seagate FreeAgent Go 500 Gigabyte external hard drive works on the Epox computer when it is connected to the powered hub. After I finish the backup, I will try it again on the primary computer with the powered hub from the FIC server. CIO

Note: <888> 12/17/10 Friday 1:20 A.M. I am now doing a Windows 7 Complete PC backup of the C: drive on the Epox computer to the D: drive. It all seems to be running just fine.

I will then try to use the Seagate FreeAgent Go 500 Gigabyte external hard drive to back it up from the C: drive. Since I do not use it hardly at all, the Epox computer does not change very much. However, it is setup to be my backup server if the FIC server fails. I have the Server folder on it. I also just put my Music files on it, so it is also setup for more music and multimedia. The Hauppauge 1600 TV card works fine on it with the Windows 7 Media Center, but I can only feed the Cablevision Digital Cable box into it or just whatever channel the Cable box is set to. It gets 14 Mbps download and 6 Mbps second upload according to Speakeasy - Speed Test which is about the same as my primary work computer. CIO

Note: <888> 12/17/10 Friday 12:10 A.M. I put two new AA alkaline batteries in the primary computer Microsoft wireless mouse and the Epox computer Microsoft wireless mouse.

On the Netgear FA311 LAN card to get it to work with Windows 7 one has to change in the device manager its properties from "AutoSense" to 100MB/Full Duplex and then it works just fine. I am now installing the Windows 7 updates on the Epox computer. It is just one of my backup computers, but it has the Hauppauge 1600 TV card in it, but CLONE mode does not work with it in Windows 7 Media Player. I will try to install the Media Player update on it to possibly get it working in clone mode. I feel like I am still beta testing Windows 7 after all of this time.

I have the Vista FIC server setup to work in Clone mode at the moment connected to the Sony television in the living room. CIO

Note: <888> 12/16/10 Thursday 11:35 P.M. I put a new CMOS 2032 lithium battery in the Epox computer, and I reset the Bios. I also took out the old Belkin LAN card, and I put in a Netgear FA311 LAN card, and I installed its drivers. I am now installing updates on it. CIO

Note: <888> 12/16/10 Thursday 9:05 P.M. I chatted with a friend and a relative.

I tried connecting the Seagate Freeagent Go external hard drive directly to the two motherboard USB 2.0 ports on the primary work Gigabyte computer, but the system still would not install the correct drivers, but instead the "initio default controller" device driver. Once yesterday and once today, it did try to install the correct drivers, and then installation of the correct Seagate drivers failed.

Possibly there is not enough power to my USB 2.0 ports. The only other possibility is that the primary Gigabyte motherboard does not have SATA controllers, so possibly it will not recognize a SATA USB 2.0 external hard drive.

The only other option I have seen is to crack the Seagate external hard drive case, and put the SATA drive into a generic SATA case, but I would rather not do that, since it works on the other computers that I have tested. Plus it would void the warranty. CIO

Note: <888> 12/16/10 Thursday 7:25 P.M. I ate the same dinner that I ate two nights ago, but instead of small red baked potatoes, I had a half portion of my flavored rice. CIO

Note: <888> 12/16/10 Thursday 5:25 P.M. I woke up at 9 A.M.. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I washed the breakfast dishes. I made my bed. I chatted with a relative. I showered, and I cleaned up. I threw out the garbage. I went downtown, and I sat out for a brief spell. I then went to my 1:30 P.M. appointment. I then went by the Chase Bank on West Putnam Avenue just west of Greenwich Avenue. I then went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I stopped by the Senior and the Arts center, and I used the bathroom there. I stopped by the Greenwich Hardware store, and I chatted with some of the staff. I stopped by CVS, and I toured the store. I then sat out for a while. I then went by the Greenwich Library, and I chatted with the same staff member twice. I read [www.pcworld.com](http://www.pcworld.com) magazine. I then returned home, and I picked up the mail.

I received a letter that I am going to get a gift from [www.honeybell.com](http://www.honeybell.com). CIO

Note: <888> 12/16/10 Thursday 12:05 A.M. I went out, and I picked up the mail.

I will now shut down the primary Windows 7 computer, and I will go to bed soon.

I have a 1:30 P.M. appointment today.

Today mostly sunny and 31 to 22 degrees Fahrenheit. CIO

Note: <888> 12/15/10 Wednesday 11:25 P.M. The device drivers that Windows 7 installs for the Seagate FreeAgent Go 500 gigabyte external hard drive is "initio default controller".

I tried installing the Seagate external hard drive directly to two USB ports on my PCI USB 2.0 card at the rear of the desktop, and the same thing happened. From reading the tech notes on the internet, it is a common problem, and there does not yet seem to be a fix for it. CIO

Note: <888> 12/15/10 Wednesday 9:55 P.M. I woke up during the morning, and I ate a Kaiser roll with Smart Balance spread. I finally woke up at 11 A.M.. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I washed the breakfast dishes. I made my bed. I installed the Vista partition updates on the primary Windows 7 work computer. I then backed up both partitions on the first hard drive to the third hard drive.

I tried to back it up to the new Seagate FreeAgent Go 500 gigabyte external hard drive, the Primary Windows 7 computer would not recognize it in Windows 7. Instead it kept installing the device for another device driver that I forget its name. I spent about eight hours working on the problem. There is no solution for it. The Seagate external hard drive does work on the IBM ThinkCentres. Also Vista would not boot with it connected on the primary Windows 7 computer, and neither would safe boot on both partitions. Thus I will keep the Seagate FreeAgent Go external hard drives for the other computers that it might work on, when I have a chance to check them out. It might be that I am not getting enough power for both USB plugs of the drive. I did try connecting it directly without the docking station, and it just kept installing the forgotten driver. I will work on it in the future.

I chatted with a relative. I will now make and eat a Stouffer's 21 ounce meat and tomato lasagna with grated parmesan and Romano cheese and a glass of watered down punch. CIO

Note: <888> 12/14/10 Tuesday 11:35 P.M. I installed the Windows Updates on all of the desktop and laptop computers. However, I was not able to install the Windows Update for Vista on the Primary Windows 7 Vista partition on the primary work computer. I guess at about 11 P.M. Windows Updates slowed down.

I used to have a number of cold weather friends, but with the increasing price of gasoline in this area, they can no longer afford to come visit in this area.

Since I have been so busy on my computers and network recently, I have not had as much time to spend downtown, plus I also spend about six to seven hours a week stuffing my own cigarettes, which is about two days of walking in my spare time. Thus the folks that use to see me around all of the time, no longer get to see me around as much anymore. I usually go out for a walk after I first wake up and have breakfast depending on the time of day it is. I decided last winter, when there was no place to go to the bathroom downtown late at night and in the early morning hours not to go out during those hours anymore.

Also I am getting older, so I wear out easier than when I was younger. I also have to maintain my shopping and cooking routines and regular apartment maintenance besides the computers. All of which takes time. Still the more time I spend at home, things seem to be running better. I still have a number of magazines including back issues of [www.forbes.com](http://www.forbes.com) that I have not had time to read.

Since I have ample communications, and nobody communicates outside of family members and a couple of friends, I have a feeling the general community is basically unaware of my presence which is the way it should be. My family have always tried to be private in this Fish Bowl community. In the old days when we lived in back country and in New Canaan, we never went downtown except for school and the grocery and hardware stores. I guess with all of the New York City people here whom like to see and to be seen, we will continue to have a lot of exercise walker shoppers. Basically the Country Club people use to include a lot of corporate executives, and since Corporations have secrets, corporate people are not as friendly and social as the everyday village idiots and gossips. Since I have not been in a Corporation since July 1976, I do not have any corporate secrets, and since I once was a professional photographer up at Polaroid in Boston, I consider myself a professional observer more than a writer. With the large group of international residents here, it is frequently difficult to try to make sense of what is happening around town versus what the Greenwich Time publishes. Still since we are in the New York City area, it is my

viewpoint that this area will continue to have a lot of people in the area coming and going about their various routines, even if they do not live here.

I will now shut down the primary Windows 7 computer, and I will go to bed soon.

Tomorrow scattered flurries and 27 to 22 degrees Fahrenheit. It is currently 16 degrees Fahrenheit.

I got a package from a relative this evening via UPS. I will not open it until Christmas. CIO

Note: <888> 12/14/10 Tuesday 9:20 P.M. I ate the last piece of apple pie and a Kaiser roll with Smart Balance spread and a glass of watered down punch. CIO

Note: <888> 12/14/10 Tuesday 8:50 P.M. Seagate Cheap Hard Drives

Newegg.com - BIGGEST HOLIDAY SALE EVER! Over 120 jaw-dropping deals on laptops, cameras & more

BBC News - Life may have survived 'Snowball Earth' in ocean pockets

BBC News - 'Ice volcano' identified on Saturn's moon Titan CIO

Note: <888> 12/14/10 Tuesday 8:20 P.M. I chatted with two friends and a relative. CIO

Note: <888> 12/14/10 Tuesday 6:25 P.M. After my last note I chatted with a cold weather friend whom is not too cold. I picked up the mail, and I chatted with neighbors. I went out, and I went by the Chase Bank on West Putnam Avenue just west of Greenwich Avenue. I then went by the Greenwich Library, and I chatted with one of the staff members. I then returned home. CIO

Note: <888> 12/14/10 Tuesday 4:05 P.M. I am basically making the same dinner as yesterday, but making baked barbecued boneless breast of chicken instead. CIO

Note: <888> 12/14/10 Tuesday 3:10 P.M. I woke up during the morning, and I ate a poppy roll with Smart Balance spread. I woke up finally at 8:30 A.M. this morning. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda

sweetener and milk. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up. I threw out the garbage. I cleaned a little bit of snow off the Audi. I went to my 11 P.M. appointment. I then returned home.

I made 163 Premier Lights 100 MM filter Peter Stokkebye Norwegian shag pipe tobacco cigarettes while watching [www.foxnews.com](http://www.foxnews.com) .

Thieves bust into Avenue Apple Store, take tens of thousands of dollars in gear - GreenwichTime CIO

Note: <888> 12/13/10 Monday 9:25 P.M. I chatted with a relative.

I will now shut down the primary Windows 7 computer, and I will go to bed soon.

Cloudy and windy tomorrow and 24 to 19 degrees Fahrenheit.

I will eat a poppy roll with Smart Balance spread before going to bed. CIO

Note: <888> 12/13/10 Monday 9:00 P.M. I have the Nokia 2720 wireless phone setup. I can not figure out how to change it from the AT&T ring tone to something else though. I bought the Elvis "Suspicious Minds" Answer tone by mistake instead of the same Ring Tone. Thus it plays when somebody calls me up. It cost \$2.99. I now have \$51.62 left on my AT&T Go Phone until January 28, 2011. I am now charging it up. I put the old one in the new box with the new SIMM Card unactivated in the old wireless phone. The old SIMM card works just fine in the new Nokia 2720. CIO

Note: <888> 12/13/10 Monday 6:50 P.M. I picked up the mail.

The order with tracking of USPS - Track & Confirm on the order for a new Nokia 2720 - GoPhone® - Prepaid Cell Phone - Wireless from AT&T for \$9.99 and .60 tax with free shipping for \$10.59 total arrived. When buying this item, it asks you to buy the online minutes for \$25, but at checkout in the cart, one can remove the online minutes, if one does not need them. I hope one can use one's old AT&T SIMM card with it to preserve one's current wireless number and telephone directory.

I will now open it up, and see if it all works. CIO

Note: <888> 12/13/10 Monday 5:35 P.M. Asteroids expected to zip across the sky Monday night » TCPalm.com CIO

Note: <888> 12/13/10 Monday 5:15 P.M. [How to Install Windows on Google's Chrome OS Notebook | News & Opinion | PCMag.com](#)

[BBC - Earth News - New species of lemur discovered in Madagascar](#)

[BBC News - Microsoft's Paul Allen sees lawsuit thrown out](#) CIO

Note: <888> 12/13/10 Monday 4:05 P.M. When I cooked dinner, I did not steam the baby red potato cubes in my vegetable mixture, but instead I pricked two of them on both sides with a fork, and I microwaved them for one minute, and then I cooked them with the baked boneless breaded boneless breast of chicken breast. I put Smart Balance spread and olive oil with the baked potatoes and steamed vegetables. After dinner, I threw out the garbage. CIO

Note: <888> 12/13/10 Monday 2:00 P.M. I woke up while sleeping, and I ate a poppy roll with Smart Balance spread. I finally woke up at 6:15 A.M.. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up. I threw out the garbage. I went downtown, and I mailed two Christmas cards with Christmas letters at the central Greenwich Post Office. They still have the for sale sign in front of the central Greenwich Post Office, so I guess they still have not sold it yet. I sat out briefly. I then went to my medical appointment at the Greenwich Hospital Outpatient Clinic. My cholesterol is fine. My blood pressure is 117 over 73. I was told to keep using the Neosporin on my right hand. Otherwise I am fine. I then went downtown, and I used the bathroom at the senior and the arts center. I walked the entire length of Greenwich Avenue and the train station area. I stopped by Zen stationary, and I played a Holiday Magic scratch card for a dollar, but I lost. I also stopped by the Greenwich Cigar store, and I played another Holiday Magic scratch card for a dollar, but I also lost. I stopped by CVS, and I bought two 45 ounce Xtra Tropical 2X detergent for \$1.99 each and a 2 ounce tube of CVS regular strength of Neosporin type antibacterial ointment cream for \$9.99 and .24 tax for \$14.21 total. I finished my walk, and I put my purchases in the Audi. I then used the bathroom at the senior and the arts center. I got my new parking permit for 2011 for the senior and the arts center. They have an art sale going on their on the second floor this afternoon, if I read the sign right. I sat out for a while. I then went by the Stop and Shop, and I bought two six packs of day old Kaiser rolls for \$1.50 a six pack, two 12 packs of Thomas' English muffins for \$1.99 a 12 pack, a six pack of White Gem boneless breasts of chicken for \$1.99 a pound for \$8.38 and fresh Chiquita

bananas for .69 a pound for \$1.65 for \$17.01 total. I then returned home. I put away my purchases.

I will not make and eat a baked breaded boneless breast of chicken with my usual steamed vegetable mixture and watered down punch and a cup of green tea with splenda and lemon juice. CIO

Note: <888> 12/13/10 Monday 12:25 A.M. Happy Birthday His Highness the Aga Khan's 74th Birthday - Mowlana Hazar Imam's 74th Birthday - December 13, 2010 , where ever he may be. I am still a Scottish Presbyterian, Church of England Anglican, Episcopal, and Dutch Reform by religion.

I ate a Stouffer's 21 ounce meat and tomato lasagna with grated parmesan and Romano cheese with watered down punch.

I will now shut down the primary Windows 7 computer. I will go to bed soon. I have to be up at 6:30 A.M. today to make it to my 9:30 A.M. appointment.

Cloudy today and 42 to 22 degrees Fahrenheit. CIO

Note: <888> 12/12/10 Sunday 11:25 P.M. 4noggins.com - Peter Stokkebye still has the Amsterdam pipe tobacco which if put through the Cuisine Art can be used to make stuff your own cigarettes. They also still have the Danish and Turkish pipe tobacco which might be good as is for Stuff Your Own cigarettes.

A friend recommended using these Denicotea Cigarette Holder with Filters | 4noggins.com to reduce the tar and nicotine of cigarettes.

I should order Denicotea Cigarette Holder with Filters | 4noggins.com for \$16.99 and Denicotea Cigarette Holder Filters - Box of 50 | 4noggins.com for \$14.99 and BJ Long Bristle Pipe Cleaners - 10 Packs | 4noggins.com for \$9.75 and \$7.99 shipping for about \$50 total, but I can not afford them right now. CIO

Note: <888> 12/12/10 Sunday 10:25 P.M. This is the \$100 Sylvania Netbook at CVS YouTube - \$99 CVS Sylvania Netbook Computer - REVIEW!! which would be \$75 until midnight this evening with the 25% off CVS coupon I have good until midnight. One could try putting Ubuntu Netbook Netbook | Ubuntu on it. CIO

Note: <888> 12/12/10 Sunday 9:55 P.M. I did some light dusting. CIO

Note: <888> 12/12/10 Sunday 9:05 P.M. I tested the other four desktop computers, and they all work just fine. Microsoft Patch Tuesday is not until this Tuesday the second Tuesday of the month, when their Windows updates are available late in the evening. I tested the three laptop computers last weekend, when I installed the AT&T wireless card drivers on them, and they all worked just fine. I will now install the Ubuntu updates on the old IBM Netcentre. CIO

Note: <888> 12/12/10 Sunday 8:50 P.M. Aga Khan photo with his current family Imamat Day 2001 Mowlana Hazar Imam's 44th year of Imamat nine years ago.

I chatted with a relative.

I watched the end of 60 Minutes. CIO

End of Scott's Notes week of 12/12/10:

Note: <888> 12/12/10 Sunday 7:30 P.M. The 2006 Eruption of Augustine Volcano, Alaska

The New Way To Help Deflate Your Spare Tire!

email : Webview Ronald Reagan Centennial Postage Stamp Live Webcast

Edward VIII (king of United Kingdom) -- Britannica Online Encyclopedia

I will now send out my weekly notes. CIO

Note: <888> 12/12/10 Sunday 7:00 P.M. I threw out the garbage.

I saw on www.foxnews.com yesterday that the New York Times refuse to review this book Gray Lady Down: What the Decline and Fall of the New York Times Means for America , since the publisher did not send them a free copy. CIO

Note: <888> 12/12/10 Sunday 5:40 P.M. I went back to bed after the last note. I woke up at 4 P.M.. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I will now wash the breakfast dishes. I will make my bed. I will then shower and clean up. Since it is raining out, I will not be going out this evening. CIO

Note: <888> 12/12/10 Sunday 10:40 A.M. I got up at 10 A.M.. I ate a Kaiser roll with Smart Balance spread. I chatted with a friend. CIO

Note: <888> 12/12/10 Sunday 3:05 A.M. I am a bit tired, so I will now shut down the primary Windows 7 computer, and I will go back to bed. I have three day time appointments this coming week, so I have to get a on a daytime schedule for this coming week.

Rain and wind today and 51 to 41 degrees Fahrenheit. CIO

Note: <888> 12/12/10 Sunday 2:30 A.M. No wonder nobody recognizes him, the Aga Khan has put on weight His Highness the Aga Khan's 74th Birthday - Mowlana Hazar Imam's 74th Birthday - December 13, 2010 . I guess like his grandfather, he gets his weight in diamonds for his birthday. The proceeds of which go to his many charities, so I guess there will be more money for charity. CIO

Note: <888> 12/12/10 Sunday 2:15 A.M. If one looks at Connecticut Registration Verification and types in 01 Passenger and my Connecticut license plate number "840GXO", one will now see that its new expiration date is 01/20/2013. CIO

Note: <888> 12/12/10 Sunday 2:10 A.M. I ate a 21 ounce Stouffer's meat and tomato lasagna with grated parmesan and Romano cheese and a glass of watered down punch.

I do not think I will go out for a walk this morning, since 60 year old men should be not out at the wee hours of the morning, and also there is no place to go the bathroom downtown on Greenwich Avenue at this hour of the day. I guess the Mountain Lions, Wolves, Coyotes and Bears will have to go without my night time observation this morning. CIO

Note: <888> 12/12/10 Sunday 12:50 A.M. I chatted with a neighbor. I put away the laundry. With three driers, it is all dry. CIO

Note: <888> 12/11/10 Saturday 11:55 P.M. This is the quiet retirement home in the center of busy downtown Greenwich, Connecticut The Mews Greenwich Connecticut

I prepared two more Christmas cards and letters to mail. CIO

Note: <888> 12/11/10 Saturday 11:40 P.M. I have 35 minutes to go on three dry cycles. I forget to wash my L.L. Bean Union Suit Two-Layer Union Suit: Underwear and Accessories at L.L.Bean , but it can wait a week. CIO

Note: <888> 12/11/10 Saturday 11:15 P.M. I woke up while sleeping, and I ate a sour dough roll with Smart Balance spread. I finally woke up at noon. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I went back to bed until 8 P.M.. I ate a sour dough roll with Smart Balance spread. I washed the breakfast dishes. I chatted with two relatives. I put clean linens on my bed. I showered, and I cleaned up. I started two loads of laundry. I have about five minutes to go on the wash cycle. I picked up the mail. CIO

Note: <888> 12/11/10 Saturday 4:10 A.M. That reminds me the Aga Khan is a Swiss Citizen and a medical doctor with a medical degree from [www.harvard.edu](http://www.harvard.edu) , that politically as a Swiss Citizen he is suppose to remain neutral.

That also reminds me, one can sauté a sliced onion when one makes the cheese burger recipe below, and put the sautéed onions on top of the cheese burger.

I will now shut down the primary Windows 7 computer, and I will go to bed soon.

Today mostly sunny and 41 to 34 degrees Fahrenheit.

Fred <http://mikelouisscott.com/fred.htm> might have been a relative of the Aga Khan, since Fred talked a lot about the Isle of Capri [Capri - Wikipedia](#), the free encyclopedia besides eating there [Isle of Capri](#) in Manhattan, and since the Aga Khan keeps a 600 room villa on the Isle of Capri, possibly Fred had something to do with the Aga Khan. Maybe Fred just did not know whom he was. CIO

Note: <888> 12/11/10 Saturday 3:20 A.M. This local resident [His Highness the Aga Khan's 73rd Birthday - Mowlana Hazar Imam's 73rd Birthday - December 13, 2009](#) who has not updated his birthday web page at [Ismaili Web - Page Not Found](#) for his 74th birthday this Monday might have a lot of horses, since he is descended from [Genghis Khan - Wikipedia](#), the free encyclopedia who I guess made a fortune in onions, coming from the Onion River in Mongolia, maybe they still write like this [Old Uyghur alphabet - Wikipedia](#), the free encyclopedia . CIO

Note: <888> 12/11/10 Saturday 3:05 A.M. Out in the Midwest, they tend not to smoke cigarettes or tobacco. That means they can afford to spend more money on food. Also they tend to drive older used vehicles, so they

can afford more money for gasoline and vehicle repairs. Also in the country in the Midwest, everything is further apart, so one has to drive further when one makes a trip. However, the Midwestern people tend to represent a large selection of United States families whom have been in this country as long as my family as. They also tend to own property as opposed to being renters. As tax payers, they tend to have a lot of influence in this country compared to the transient penny press working out of a coffee shop. CIO

Note: <888> 12/11/10 Saturday 2:40 A.M. I think the channels I got with the Starz Cablevision subscription I got have too much violence particularly during the early morning hours. There are also too many reruns on it.

Not much happening around here as far as I can tell. I would imagine most of the summer people have gone back down to Florida or where ever else down south they go. Whether any Canadians have shown up yet is opened to debate. I have seen men around here wearing shorts like they are use to much colder weather. Since when I go for walks, I dress warmly in the winter, since I am usually outside for at least two hours. It is not like I am going from a warm car into a local business. If one takes the time to dress warmly, one can be comfortable outside in the cold. However, warmer winter clothes tend to be more expensive than lighter warm weather clothes. There are so many rich people in Greenwich that do not seem to do much work, that the group of people whom actually do work tend to be overworked, since they are keeping up with their employers' demands as well as their own personal routines. Since my family has maintained a presence in this area for over 400 years, I have a larger network of contacts than just the local first generation immigrants with money, whom seem to think they know it all. Of course they might have good contacts from where they came from, but more than likely it does not do them too much good once they are here. 60% of the New York City area is first and second generation immigrants, so possibly they are trying to bring a more modern lifestyle into our area compared with the simple way that we live compared to the more advanced areas, where they came from. I have traveled a bit around Western Europe, and it is just as quiet at night, as it is around here. The Southern European countries tend to rest in the hot afternoons, and they tend to be awake later at night. I have never been in England, but from what I know the Pubs are suppose to close there at 11 P.M., so they must get up early in the morning there. In New York State the pubs stay open until 4 A.M., but it might indicate that more people work there at night. Still, when I lived in Manhattan, it was relatively quiet after midnight. It is so expensive there that people have to work long hours there to afford to survive. There are rich people there, but some of them seem to prefer to travel with the seasons. Basically they seem to try to get younger people to work there to support the larger older generation of retired people

whom do not like paying the higher wages that more senior individuals might demand. Still the younger people get experience there, which they might find useful elsewhere. Since a lot of Manhattan people tend to be thin, they seem to have avoided me, ever since I put on weight. At 155 pounds, I had a lot of friends. However, around 1984, I went up to 215 pounds. Around 1992, I was back down to 170 pounds, and I had more friends, and I was more socially active. However, once I got involved with personal computers about that time, I ended up spending so much time around the computer that I put on the weight that currently keeps me at 220 pounds. I am not sure standing in a pub to network with people is a way to lose weight. There are gymnasiums here, where one can exercise. However, back in 1976, when I weighed 185 pounds in Greenville, South Carolina, I felt fine, but after the following winter of 1976 to 1977, when my unemployment checks did not arrive in Florida for six months, I went from 185 pounds to 125 pounds, and I stayed under 155 pounds until 1984. However, I found that when I was thin, I felt better, but larger people would frequently think they could take advantage of me, although I have always been a basically peaceful individual. At my current weight, I think they are more worried about me breaking the sidewalks, when I walk around. Still there are a lot of people in this area that are far more larger than myself, they just do not walk around as much as I do. The largest person I know in this area if he is still alive weighs about 800 pounds, but I have not seen him in about 20 years. The largest person that I have seen in the last few years was at the Microsoft Conference out in Hauppauge, Long Island at the Hyatt Hotel, and I think he probably weighed about 1200 pounds. He was only about six feet tall, but he was also about six feet wide. I guess either Microsoft or the Hyatt Hotel can afford to feed him. Of course out in the Midwest of America, there are lots of big people, so by Midwestern standards I would be considered smaller than average at my current size of 6 feet tall and 220 pounds. CIO

Note: <888> 12/11/10 Saturday 1:15 A.M. One can use the same hamburger recipe below to cook an 8 to 10 ounce 1.5 inch thick London Broil, but one does add the cheese, and one uses a little bit more olive oil to start off with, and a little bit more soy sauce towards the end, and one flips it in the soy sauce frequently towards the end leaving enough concentrated soy sauce to add as a sauce on top of the London Broil.

I will now water the plants. CIO

Note: <888> 12/11/10 Saturday 1:00 A.M. email : Webview Ronald Reagan Christmas Gifts

email : Webview Ronald Reagan Autobiography

Commission on the Chemistry of Volcanic Gases (CCVG)

Volcanoes of the World : Lee Siebert, Tom Simkin, and Paul Kimberly -  
University of California Press CIO

Note: <888> 12/11/10 Saturday 12:35 A.M. Before I went out this evening, I put about four ounces of Drano drain cleaner down the bathroom sink, and when I returned I ran hot water down the drain, and I used a toilet plunger to clean out the sink drain more. I also pulled up the sink plug a bit, so it drains more freely.

I ate the same cheeseburger dinner as last night.

Having gone to college at [www.lfc.edu](http://www.lfc.edu) better known as hamburger heaven, since the new money in Lake Forest, Illinois came from the [www.mcdonalds.com](http://www.mcdonalds.com) meat packing and restaurant chain fortune compared to the old money that came from the McCormick, Armour, Swift, and Cudahay farming and meat packing fortunes. Even one of my classmates family owned Oscar Meyer out in Ohio.

Having cooked and eaten more than my fair share of hamburgers in my life. I will now try to explain my current cheeseburger recipe.

I take one of the 8 ounce defrosted eye round of beef hamburger about 1.25 inches thick and about five inches in diameter.

I take an ordinary ten inch frying pan, and I put it on a larger electric burner, and I turned the electric burner to medium high electric heat, and I add two tablespoons of extra virgin olive oil.

After two minutes once the oil is hot, I add the hamburger in the center of the frying pan, and I sear it for one minute, and flip it over, and I season the seared side with garlic powder, ground black pepper, Italian seasoning, and McCormick's Montreal steak seasoning, and after a minute, I flip it back over, and I season the other side. I flip it every minute for the first six minutes. I then add three tablespoons of Kikkoman soy sauce and then flip the burger after 30 seconds, and I put two slices of processed white American cheese on it, and after 90 seconds, when most of the soy sauce has evaporated, I put the hamburger on a Kaiser roll with the remaining soy sauce drippings on the cheese, and then I add a generous amount of Heinz ketchup on top of the cheese and the top half of the Kaiser roll. It is a very good cheese burger from my point of view. Thus the actual burger cooking time is 8 minutes. One could adjust the cooking time to one's preference for the degree of medium rare to well done.

I usually eat it with my steamed vegetable mixture of baby red potato cubes with baby carrots and sprigs of broccoli crowns that I steam in a steamer tray with 1.5 inches of water in the pot underneath the steamer tray with lid on the pot, and once the steam is coming out of the pot, I lower it to medium high electric burner heat for 15 minutes total. I remove the vegetables from the steam tray into a large bowl, and I add dabs of Smart Balance spread and drips of extra virgin olive oil.

I use the remaining hot water in the pot to make a cup of green tea which I had splenda sweetener to and once the green tea bag has steeped in the cup for about 10 minutes, I squeeze it out, and I remove it, and I add a couple of teaspoons of Borden's lemon juice.

I usually eat the meal with a cup of my watered down punch which is about 20% punch of cranberry, grape and orange fruit juice with 80% cold filtered water. I sometimes use cranrapberry or crangrape juice. CIO

Note: <888> 12/10/10 Friday 10:35 P.M. I woke up at noon. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I went back to bed until 6 P.M.. I washed the breakfast dishes. I made my bed. I ate the remaining half of the rice that I made the other night and a piece of apple pie with watered down punch. I showered, and I cleaned up. I threw out the garbage and the old periodical literature. I picked up the mail. I went downtown, and I picked up a prescription at CVS. I then walked entire length of Greenwich Avenue and the train station area. I sat out at various locations. On the way back up Greenwich Avenue, I used the bathroom at CVS. They have an inexpensive netbook computer there for \$100, and I have a 25% off CVS coupon good through this Sunday. It runs Windows CE with 256 megs of memory, but I do not really need another computer. I chatted with a relative on my wireless telephone. I chatted with two cigarette smokers in front of the Gingerman cafe. I was told in Rhode Island, there is now a \$20 tax on a package of cigarette rolling papers. I finished my walk. I sat out for a while. It was pretty quiet for a Friday night. I then went by Courtesy Mobil gasoline station, and I bought \$7 of self service premium gasoline for \$3.539 a gallon for 1.979 gallons for 25.4 miles driving since that past Monday at odometer reading of 68115 miles for 12.835 miles per gallon driving in mostly evening local traffic. I then returned back to my apartment. CIO

Note: <888> 12/10/10 Friday 3:20 A.M. I ate a piece of apple pie with watered down punch.

I will now shut down the primary Windows 7 computer, and I will go to bed soon.

It is currently 15.4 degrees Fahrenheit outside my living room window. Today will be partly cloudy and 32 to 30 degrees Fahrenheit. CIO

Note: <888> 12/10/10 Friday 2:25 A.M. Tracking is USPS - Track & Confirm on the order for a new Nokia 2720 - GoPhone® - Prepaid Cell Phone - Wireless from AT&T for \$9.99 and .60 tax with free shipping for \$10.59 total.

Become a Charter Member of the Bush Presidential Center

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REMOTE SENSING, NATURAL HAZARDS AND ENVIRONMENTAL CHANGE, 28-29 July 2011

MEDIAVOLCAN :: Offre Spéciale Noël

Global Volcanism Program | Volcanic Activity Reports | Smithsonian / USGS Weekly Volcanic Activity Report |

Philippine Institute of Volcanology and Seismology

Kamchatka Volcanic Eruption Response Team

Selamat Datang di PVMBG

Instituto Geofísico - EPN

Volcanic Ash Advisories - Darwin VAAC

Instituto Nacional de Sismología, Vulcanología, Meteorología e Hidrología

Current Volcanic Ash Advisories - Washington VAAC - Satellite Services Division / Office of Satellite Data Processing and Distribution

Kamchatka Volcanic Eruption Response Team

Ingeominas: Instituto Colombiano de Geología y Minería

CENAPRED

Montserrat Volcano Observatory

SIMS workshop 2011

KLM celebrates its 1st year of Economy Comfort

BBC News - Student fees protest: questions on police handling

BBC News - 'I saw Prince Charles's car get attacked'

BBC News - Nasa sells shuttle PCs without wiping secret data CIO

Note: <888> 12/09/10 Thursday 11:50 P.M. I used a serrated carving knife, and I cut about a one pound strip of tough fat off the eye round of beef that really should not have been there. I then cut about 1.5 inch thick slices which I cut into 1.5 wide strips and then into about 1.5 inch cubes. I filled the Cuisine Art about 40% full about 16 ounces, and I ground the beef chunks into hamburger about seven pulses. I then weighed out 7 to 8 ounce amounts with my kitchen scale, and I formed them into compressed balls which I worked tightly, and then I flattened them on the wooden cutting board about 1.25 inches thick turning and flipping and forming them into hamburger patties. I then put two into a Rubbermaid container to use for the next two days. I put the rest into double baby carrot bags, and I sealed both bags compressing the air out. I then froze the other 11 hamburgers. I put the six that I had already frozen on the freezer door shelf, and the new 11 frozen hamburgers are on the bottom right front of the freezer stacked up two at a time side by side. I cleaned the kitchen utensils. I threw out the strip of fat in the dumpster outside. CIO

Note: <888> 12/09/10 Thursday 10:20 P.M. I went out after the last note. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I used the bathroom at Starbucks. I stopped by CVS, and I bought four 9 ounce Glade clean linen spray air fresheners for .88 each for \$3.73 total. I chatted with a relative on the wireless telephone. I stopped by CVS again, and I used the bathroom. After I finished my walk, I sat out some more in the 21 degree Fahrenheit weather. I then went by the Stop and Shop, and I bought a six pack of fresh Kaiser rolls for \$2.49 and a whole eye round of beef for \$2.99 a pound for \$19.26 for \$21.75 total. I then returned home. I will now make hamburgers out of the eye round of beef and freeze most of them. CIO

Note: <888> 12/09/10 Thursday 7:25 P.M. I ate a sautéed 8 ounce eye round hamburger with two slices of processed American cheese on a Kaiser roll with ketchup and my usual steam vegetable mixture and a glass of watered down punch and a cup of green tea with splenda and lemon juice. I will now go out for an evening walk. CIO

Note: <888> 12/09/10 Thursday 6:15 P.M. Greenwich Gossip

When I chatted with a friend recently, he told me that he and his family keep the thermostat in their house out on Long Island at 62 degrees Fahrenheit, so they must be cold weather people. CIO

!!!! Note: <888> 12/09/10 Thursday 6:10 P.M. BBC News - Royal car attacked in protest after MPs' fee vote

Tuition Protesters Attack Car Containing Prince Charles, Camilla - FoxNews.com

I threw out the garbage. I picked up the mail.

I made 129 Premier Lights 100 MM filter Peter Stokkebye Norwegian shag pipe tobacco cigarettes while watching www.foxnews.com . CIO

!!!! Note: <888> 12/09/10 Thursday 3:25 P.M. Tuition hike protesters attack car carrying Prince Charles, Camilla - CNN.com CIO

!!!! Note: <888> 12/09/10 Thursday 3:10 P.M. I chatted with a friend.

www.foxnews.com reports that Prince Charles and the Duchess of Cornwall are back safely in St. Jame's Palace. Their car window was broke, and their car was kicked by the student protestors. CIO

!!!! Note: <888> 12/09/10 Thursday 2:50 P.M. www.foxnews.com just reported on television here that Prince Charles" and Camilla's car was attacked by the student protestors in London, England. CIO

Note: <888> 12/09/10 Thursday 2:25 P.M. I woke up at noon. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I washed the breakfast dishes.

To upgrade my AT&T Go Phone, I ordered a new Nokia 2720 - GoPhone® - Prepaid Cell Phone - Wireless from AT&T for \$9.99 and .60 tax with free shipping for \$10.59 total. To order it, at check out, one removes the optional service plan. One can not transfer one's old AT&T Go Phone telephone number to it when ordering, so I will try using my old SIMM card. The phone has a camera which my old one did not.

I will now make my bed, and I will shower and clean up. CIO

Note: <888> 12/09/10 Thursday 3:30 A.M. Biltmore Email Newsletter

EGU

REMEMBER: Cell Phone Numbers Go Public this month. REMINDER..... All cell phone numbers are being released to telemarketing companies and you will start to receive sales calls.

.... YOU WILL BE CHARGED FOR THESE CALLS

To prevent this, call the following number from your cell phone: 888-382-1222.

It is the National DO NOT CALL list It will only take a minute of your time. It blocks your number for five (5) years. You must call from the cell phone number you want to have blocked. You cannot call from a different phone number.

HELP OTHERS BY PASSING THIS ON .. It takes about 20 seconds.

BBC News - Private space capsule's maiden voyage ends with splash

BBC News - IE9 introduces anti-tracking tool

BBC News - Audio slideshow: John Lennon

I will now shut down the primary Windows 7 computer, and I will go to bed soon.

Mostly sunny today and 30 to 19 degrees Fahrenheit. It is 23.5 degrees Fahrenheit outside my living room window right now.

CIO

Note: <888> 12/09/10 Thursday 1:30 A.M. My Christmas Letter is at:

<http://mikelouisscott.com/xmas2010.mht>

<http://mikelouisscottcom.cv.siteprotect.net/xmas2010.mht>

CIO

Note: <888> 12/09/10 Thursday 1:00 A.M. I went out, and I mailed the Christmas cards and letters at the central Greenwich Post Office. I put rubber bands on three different bunches of mail for local, out of town, and international. I sat out briefly. Mac Duffs Pub down on Railroad Avenue was busy. I returned home. When I started the Audi on a cold night, when I went out, and it was 25 degrees Fahrenheit, it started up right away. The battery is two years old in it. One tip however, particularly on cold days, when starting the Audi, but also all the time, when starting it, one does not press the gasoline accelerator, and it seems to start right up that way. Repeat, one does not press down on the gasoline pedal when starting the Audi.

I will now make and eat a 21 ounce Stouffer's frozen lasagna with tomato meat sauce, which I will put some grated parmesan and Romano cheese on, and I will eat it with a glass of watered down punch, and a cup of green tea with splenda and lemon juice. CIO

Note: <888> 12/08/10 Wednesday 11:55 P.M. I chatted with a relative. I did my Christmas cards, and I have them already to mail. I have 28 to mail. The Epson StylusColor C120 is out of ink, but I was able to print out the envelopes with the Minolta PagePro 1250W laser printer. I also am sending a color Christmas letter with the cards. I printed out the color Christmas letter with the Samsung CLP-315 color laser printer. I used 34 forever stamps to stamp them. Each envelope is one ounce. I will now go out an mail them at the central Greenwich post office. CIO

Note: <888> 12/08/10 Wednesday 6:50 P.M. I watched television until 3 A.M.. I had a telephone call from a friend at 8 A.M.. I finally woke up at 2 P.M.. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I went back to bed until 5 P.M.. I washed the breakfast dishes. I made my bed. I ate a piece of apple pie with Cool Whip. I showered, and I cleaned up. I threw out the garbage, and I picked up the mail.

Today is the 30th anniversary of John Lennon's death. Thirty years ago, I was living on West 74th street in Manhattan just east of Riverside Park. I went out for a walk that evening with my roommate's white German shepard dog, and I walked the dog by the Dakota apartment building where John Lennon lived on West 72nd street, and I walked the dog through Central Park, and down to the Waldorf Astoria Hotel, where Ronald Reagan was staying on his first visit to Manhattan after having been elected President. The Secret Service took pictures of the White German Shepard with a Polaroid Camera, since the owner's father was from Santa Rosa,

California. On the way back through Central Park, I noticed a commotion around the Dakota apartment building, so I followed the white German Shepard down West 71st letting it lead me away from trouble. The following morning, I saw on the news that John Lennon had been shot. The apartment building where I lived was just west of the Newport Jazz festival headquarters on West 74th street.

I will now make up a fresh batch of punch. CIO

Note: <888> 12/07/10 Tuesday 11:30 P.M. I will now shut down the primary Windows 7 computer, and I will go to bed soon.

Mostly sunny and 31 to 21 degrees Fahrenheit tomorrow.

I chatted with a friend. CIO

Note: <888> 12/07/10 Tuesday 11:15 P.M. I ate half of a batch of Michael Louis Scott's Microwave Oven Rice Recipe , and I also seasoned the whole batch with a tablespoon of soy sauce, Italian seasoning, and Old Bay Seasoning. I refrigerated the other half. CIO

Note: <888> 12/07/10 Tuesday 9:55 P.M. I went out after the last note. I threw out the garbage. I went by the Stop and Shop. I bought a dozen large Eggland eggs expire December 21, 2010 for \$3.19, a 16 ounce package of Smart Balance spread for \$2.89, four Stouffer's 21 ounce meat and tomato lasagnas for \$2.50 each, a two pound bag of baby carrots for \$2.99, fresh Chiquita bananas for .49 a pound for \$1.01, broccoli crowns for .88 a pound for .96 for \$21.04 total. I then went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I stopped by CVS, and I toured the store. I chatted with a relative on my wireless phone. I stopped by CVS again, and I used the bathroom. I then finished my walk. I sat out for a while on a cold night, but we all know it will get colder here, so it is really what one is use to. I then returned home. I put away my groceries. CIO

Note: <888> 12/07/10 Tuesday 7:05 P.M. I ate three scrambled eggs and four strips of fried thick bacon and a toasted English muffin with Smart Balance spread and a glass of watered down punch.

I will now go downtown to do some grocery shopping at the Stop and Shop. Since it is cold outside, I probably will not walk downtown, but I might sit out briefly. CIO

Note: <888> 12/07/10 Tuesday 6:10 P.M. BBC - Earth News - Mountain gorilla numbers have increased, census reveals

BBC News - Google unveils Chrome OS notebook for test scheme

Earlier I threw out the remaining jar of Heinz roasted turkey gravy and another jar old Heinz gravy. CIO

Note: <888> 12/07/10 Tuesday 6:00 P.M. It was a false alarm on the first floor north. One fire engine arrived, and the fire men reset the alarm. I moved the Audi to its usual place. I chatted with neighbors. The Greenwich Housing Authority night person also arrived to reset the alarm. CIO

Note: <888> 12/07/10 Tuesday 5:35 P.M. The Fire Alarm bell has been going off for about the last 15 minutes. The Alarm company has been working on the system this week and last week. CIO

Note: <888> 12/07/10 Tuesday 5:15 P.M. I threw out the garbage. I picked up the mail. CIO

Note: <888> 12/07/10 Tuesday 4:10 P.M. I woke up at 10 A.M.. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I washed the breakfast dishes. I made my bed. They were suppose to have a random apartment inspection by the State of Connecticut inspector today, but I guess they did not select me, because nobody showed up. I could hear some people prowling outside my apartment, but they did not ring my door bell. I took a nap in the Ethan Allen recliner. I watched some television. I chatted with a local walker. I ate a piece of apple pie with Cool Whip.

The order from here Meritline.com Daily Deal that I ordered the Mygica A680B USB HDTV Tuner for \$16.99 with coupon code "MLC201115112930NL1" with free shipping for \$16.99 total arrived. I put it on the IBM ThinkCenter M52 8213 computer along with the Artec high definition antenna. It works just fine. I installed the Windows Media Center update on it.

I am a bit pooped from walking the last two days, so I guess I will stay home today. I will now shower and clean up. CIO

Note: <888> 12/07/10 Tuesday 12:20 A.M. I ate a piece of apple pie with cool whip.

Pearl Harbor Memorial Page

Pearl Harbor Memorial Page

I will now shut down the primary Windows 7 computer, and I will go to bed soon.

Flurries and 33 to 24 degrees Fahrenheit today. CIO

Note: <888> 12/06/10 Monday 11:40 P.M. Of course the Vanderbilts seem to be in the education business anymore Vanderbilt University | Nashville, Tennessee , I guess because BILTMORE in Asheville, North Carolina, Americas Largest Home and More! is nearby, so I guess technically, they would be a southern family besides being a New York family. Vanvylavelt is the correct Dutch spelling of Vanderbilt, and all it simply means is "From the Area of the Velt" which is an areas in the Netherlands Ecologisch Leven en Tuinieren - Start . CIO

Note: <888> 12/06/10 Monday 11:20 P.M. Local lawn boys Greenrock Corp - Tarrytown, New York (NY) | Company Profile

I noticed that www.rinc.com controls www.rockefeller.com , but if one does a http://www.whois.net/whois/rockefeller.com , other similar Rockefeller domains come up. From what little I know about the Rockefellers, since they were in the oil business, they tend to prefer transportation activities as opposed to computer activites. CIO

!!! Note: <888> 12/06/10 Monday 10:40 P.M. If you can afford AT&T data wireless time of \$50 a month for 1 gigabyte of data or \$60 for 3 gigabytes of data and \$10 for each additional gigabyte of data, you might want to buy this bargain \$39.99 with free shipping Amazon.com: Sierra Wireless AT&T Lightning USB Aircard Modem: Electronics and http://www.att.com/buyasession/.

I stopped by the AT&T store on Greenwich Avenue to tell them about this bargain today. CIO

Note: <888> 12/06/10 Monday 9:35 P.M. One can verify their Connecticut vehicle registration expiration date here Connecticut Registration Verification . CIO

Note: <888> 12/06/10 Monday 9:30 P.M. Feds step up financial fraud probes in Conn. - GreenwichTime CIO

Note: <888> 12/06/10 Monday 9:00 P.M. I told you, it also gets cold down south Brrrrrr! Shelters to open, wind chill to make it feel like 20s for next two nights » TCPalm.com . CIO

Note: <888> 12/06/10 Monday 8:50 P.M. I chatted with a relative.

### 2010 National Book Awards, The National Book Foundation

#### BBC News - Government reveals super-fast broadband plans

Of course here in the United States of America, we tend to be a bit backwards, since we can not afford to do anything too modern. Yet being that way saves money. Basically since we are in the Western Hemisphere, we are not in contact with the more modern people in the Eastern Hemisphere, except for the small group of travelers that occasionally come our way to enjoy our old fashioned out of date way of life. I have noticed even the Apple store downtown is now employing older staff, since I guess the younger generation can not afford the expensive technology. If we have to go back to Ox Carts, I still have the Ox Yoke, I found in the Greenwich Hospital Thrift shop about 20 years ago. From what I hear we are as about as modern as it gets in America, and everywhere else one goes, it is a lot more old fashioned compared to the modern aspects of Greenwich. California claims to be modern, but they are bankrupt, and they do not have too much food to spare. The Midwest prefers to spend their money on food. The retired people down south seem to spend more money on health care, and they are not too interested in the internet. CIO

Note: <888> 12/06/10 Monday 7:40 P.M. I woke up at 10 A.M. this morning. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I went back to bed until 2 P.M.. I ate a piece of apple pie with cool whip. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up. I chatted with a relative. I threw out the garbage. I chatted with the building custodian. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I used the bathroom at the senior and the arts center midway through my walk. I toured CVS. I found a remote keyless entry device that I gave to the front desk at the Greenwich Police department. I gave a quarter to a youth whom asked for a quarter. I went by the Greenwich Library, and I chatted with a couple of the staff. I noticed when leaving the Greenwich Library, the fire brigade was outside the Barcelona restaurant across the street from the Chase Bank on West Putnam Avenue just west of Greenwich

Avenue. I returned home. I picked up the mail. I ate the same dinner as the last couple of nights.

Note: <888> 12/06/10 Monday 2:10 A.M. I noticed this evening, when I drove down by the waterfront on Steamboat Road, and I viewed Long Island from across Long Island Sound that there was a bright blue light a little bit further east than Oyster Bay possibly around Cold Spring Harbor. I am not sure what sort of nautical light that would be, but I do not recall seeing it before.

Not much really happens too much around the waterfront in the winter, since a lot of the waterfront people seem to be from down south. Some of the Nordic people around here like Ice Sailing, but I suppose one has to be fit and have a wet suit for that.

Since I do not have Nordic language skills, I can only converse with those whom have managed to learn a few words of English, and they are usually confused by what I chat about. Of course I have never been a good listener, since when somebody mentions something to me, I replay to that subject based on my experience.

It would seem to me, that there are probably still a lot of people around here, but particularly in the winter, they seem to enjoy being on a daytime schedule, and one does not seem to see that many people awake at night and in the early morning hours.

With all of the activities going on in this area in the daytime, I suppose people would find the night time and early morning hours somewhat boring compared to their more active lives in the daytime. Still if one likes quite and peace, the night time offers plenty of that around here.

I do not drive that far anymore, since on a limited budget with the high price of gasoline anymore, it would be too expensive to drive elsewhere. One of the few times I drove up to New Canaan, a few years ago, I noticed the Connecticut people way out in the country are much more opinionated and at Starbucks in New Canaan, they were expressing viewpoints which would imply prejudice. Since we have so many New York City people around here, we tend to get a much more diverse group of people compared to the more remote regions of Connecticut. Still the old Yankees have their viewpoints based on their experiences.

Very few people around here seem to know anything about the Midwest of America, and here they do not express any interest in the Midwest, since I

suppose they are afraid to travel into the interior of America where life is simpler and cheaper.

We probably get flight personnel from the Midwest around here, but they probably stick to themselves.

I think I will now shut down the primary Windows 7 computer, and I will either go to bed or rest for a while depending on how long I sleep.

Flurries today and 35 to 27 degrees Fahrenheit. CIO

Note: <888> 12/06/10 Monday 1:40 A.M. I ate the same dinner as last night. CIO

Note: <888> 12/06/10 Monday 12:15 A.M. I went out after the last note. I threw out the garbage. I went by the Stop and Shop, and I bought two eight packs of Stop and Shop hot dog buns for \$1.69 each and a 59 ounce container of Florida Natural orange juice for \$3 for \$6.38 total. I went by the Chase Bank ATM on West Putnam Avenue just West of Greenwich Avenue. I then went by CVS. I bought four 5.3 ounce tubes of CVS Pringle style sour cream and onion potato chips and two barbecue for \$1 each for \$6 total. I used the bathroom at CVS. I then went further downtown. I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. The train station was opened at 10 P.M. at night. After my walk, I drove down by the waterfront on Steamboat Road. The green port-o-potty is no longer there. There were not as many lights on the north shore of Long Island as there has been in the past. I then went by the Courtesy Mobil gasoline station at 623 West Putnam Avenue, and I bought \$12 of self service premium for \$3.479 a gallon for 3.45 gallons for 34.9 miles driving since Friday November 26, 2010 at odometer reading of 68089 miles for 10.116 miles per gallon driving in mostly local traffic. I then returned home, and I put away my purchases. CIO

Note: <888> 12/05/10 Sunday 8:45 P.M. I woke up at 9 A.M.. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I went back to bed until 3 P.M.. I ate a piece of apple pie with Cool Whip. I washed the breakfast dishes. I went back to bed until 6 P.M., when I chatted with a friend. I ate two hotdogs on buns with Dijon mustard and ketchup and 1/4th a 5.3 ounce tube of CVS Pringles style sour cream and onion potato chips and a dill pickle slice and a glass of watered down punch. I made my bed. I showered, and I cleaned up.

I made 117 Premier Lights 100 MM filter Peter Stokkebye Norwegian shag pipe tobacco cigarettes while watching [www.foxnews.com](http://www.foxnews.com) . CIO

End of Scott's Notes week of 12/05/10:

Note: <888> 12/05/10 Sunday 12:45 A.M. Meanwhile out here in the boon docks of Greenwich, Connecticut not much is happening.

I will now send out my weekly notes. I will then shut down the primary Windows 7 computer, and I will go back to bed soon.

Sunny today and 35 to 21 degrees Fahrenheit, so it a'int warm. CIO

Note: <888> 12/05/10 Sunday 12:15 A.M. Of course up in Norway, they have a different perspective [Webcam map of Norway \[Webcams in Norway\]](#) and [Webcams in Norway](#) CIO

Note: <888> 12/04/10 Saturday 11:55 P.M. I guess some people can still afford to drink alcohol [Live Duval Street Web Cam in Key West, Florida :: Sloppy Joe's Bar ::](#) CIO

Note: <888> 12/04/10 Saturday 11:15 P.M. Out west in California in the last 1970s, the only work I was able to find briefly was delivering telephone books for a couple of weeks. They also tend to give the jobs to the local people. Around here, I am grandfathered in as the elder guru of the internet around [www.ibm.com](http://www.ibm.com) . Since Armonk, New York is too far away to commute to in all of the traffic up dangerous King street, I have not applied for a job there since about 1974, although I have seen a lot of IBM people over the years. When I was living in exile in Chicago after [www.lfc.edu](http://www.lfc.edu) in the fall of 1972, I even lived next door to a 40 story IBM building in downtown Chicago briefly with my roommate from the Farm, before I moved into the more POSH neighborhood at 31 East Elm Street, and I quickly went bankrupt, and I returned back to Weston, Massachusetts where my family lived while we were involved with [www.polaroid.com](http://www.polaroid.com) . Since not much was happening in Boston back then, my family moved back to Greenwich, Connecticut in June of 1973, and it has been an odyssey ever since.

Michael Louis Scott's Resumee

Michael Louis Scott's Resumee

Since I like being awake at night maybe I could apply for a job as a night watchman up at Armonk, but I do not know anything about main frame hardware, and I tend to stay focused on the personal computers, I do not

think I would want to wander around there turning a key clock like night watchmen do. Besides, they probably use professional security people up there, since whatever they supposedly do is suppose to be top secret and important. From their web site, they do not tell one much about what they do.

From the Greenwich perspective, all I know is that they order a lot of pizzas from Planet Pizza downtown on Railroad Avenue in Greenwich, so there must be some fat Italians up there. CIO

Note: <888> 12/04/10 Saturday 11:00 P.M. They are not very friendly to poor northern people down south. They get so many snow birds showing up down south in the winter that the local population of retired people living on social security have a hard time dealing with all of their needs. I was only able to get a job briefly as a minimum wage dishwasher in Florida in the mid 1970s despite all of my advanced education. The locals tend to give the jobs to other local people, so there is no point looking for work down south if you happen to be unemployed up north. CIO

Note: <888> 12/04/10 Saturday 10:55 P.M. I ate three 5/16th inch thick slices of cold eye round of beef with horseradish and Lea and Perrins Worcestershire sauce on them along with my usual steamed vegetable mix with Smart Balance spread and olive oil on the vegetables and a glass of watered down punch a cup of green tea with splenda and lemon juice. CIO

Note: <888> 12/04/10 Saturday 9:50 P.M. I chatted with a relative.

Not much goes on at night in the suburbs unlike in the City, since people in the suburbs tend to be more active in the day time. I guess one can not shop and rake leaves in the suburbs at night. Of course a lot of people in the suburbs drive into Manhattan at night, or at least those that can afford it. However, the New York City people seem to be oblivious to the people from the suburbs, since a lot of New York City people are daytime people too. Of course there are a small group of people whom do manage to keep active at night. Having been on a night schedule for many years, I know in the old days, they use to write the newspapers at night. In the office environment in the City, a lot of the computers are also maintained at night as well as a lot of other maintenance goes on at night. The electric company obviously does a lot of maintenance at night, particularly when there is severe weather. Nobody ever networks with me at night, since I guess they do not regard what I do at night as being important. I guess the over fed rich people dining out at night is more important than what communications people do at night.

People really do not know how to communicate, since they spend a lot of time watching canned entertainment on television. I guess a lot of people read at night. Possibly some writers also write at night.

There is not much going on Greenwich Avenue at night, but a few people sitting in Starbucks surfing the internet and looking bored. Obviously if they had any money they would be surfing the internet from Manhattan, but there are a lot of suburban people whom like leading boring lifestyles as opposed to paying for night life in New York City.

It is the nature of the news business when there is nothing going on, one can report on other people's news.

I know a lot of the teenagers spend a lot of time at computer internet gaming, so possibly a lot more teenagers are doing that.

Some people are afraid to be seeing drinking alcohol near where they live, so they travel to other places to have a drink.

There are people in the travel business in this area, since Westchester County, New York airport is nearby. I use to go to pubs to see what was going on in this area, since I figured if people could afford to spend money on alcohol, they must be making money off some sort of activity in this area. I guess some people just drink to escape from reality.

It is probably too cold to go fishing around here this time of year. At age 60, I am no longer eligible for the Freezing Norwegian Patrol, so possibly some younger people are still out on Greenwich Avenue keeping an eye out for freezing visitors. Possibly we could import some Canadians, since this area would seem warm to them.

About the only thing I use to do was drive to New Canaan, Connecticut and have a cup of coffee at Starbucks there and walk the downtown area of New Canaan, so maybe bored people from New Canaan come down here and have a cup of coffee at Starbucks at walk Greenwich Avenue. Of course, if you like walking, one can do a lot of walking in New York City, but that is more costly, and it tends not to be too relaxing.

My last two friends in New York City are not actually not from New York City, but they live off the coast of Georgia, so in retirement, they like all of the excitement in New York City. Maybe they should put a Kentucky Fried chicken store in their neighborhood, so they would feel more at home.

The first [www.mcdonalds.com](http://www.mcdonalds.com) arrived in Greenwich about the time I moved here in 1961. Of course, in the 1950s there was a very busy McDonalds in Decatur, Alabama, and it even had the Golden Arches. Back then a hamburger with 15 cents, French fries were 15 cents and a [www.coke.com](http://www.coke.com) was 15 cents, so for 45 cents one could have a modest meal. They have gotten so expensive that I can no longer afford to eat there anymore. I have noticed that some of my wealthier friends whom would never be seen eating at McDonalds have started eating there since the Obama recession has come into full swing.

The items that I eat at home are more nourishing, and they tend to be cheaper, since I know how to cook.

The best deal for quick food I used to know in New York City when I lived there was the delicatessen at 52nd street and Second Avenue would sell a liverwurst sandwich for \$2.50 back in 1973. There was also a Souvlaki stand at University Place just north of 13th street, where a Soulvaki cost about \$2. Backing in 1973, a gourmet meal was Arthur Treacher's Fish and Chips for about \$3.50 or a roast beef sandwich from the delicatessen at 86th street just east of Madison Avenue for about \$4.

Thus food wise, I think I am doing better off in Greenwich, Connecticut as opposed to starving in New York City. CIO

Note: <888> 12/04/10 Saturday 8:45 P.M. [BBC News - Tungurahua volcano prompts evacuation in Ecuador](#)

[BBC News - Nasa shuttle launch delayed again for technical reasons](#) CIO

Note: <888> 12/04/10 Saturday 8:30 P.M. I put away the laundry. CIO

Note: <888> 12/04/10 Saturday 7:25 P.M. I have 30 minutes to go on the dry cycle. CIO

Note: <888> 12/04/10 Saturday 6:45 P.M. I woke up at 4 P.M.. I ate two hotdogs on buns with Dijon mustard and ketchup and 1/4th a 5.3 ounce tube of CVS Pringles style sour cream and onion potato chips and a dill pickle slice and a glass of watered down punch. I put clean linens on the bed. I showered, and I cleaned up. I started two loads of laundry, and I have 15 minutes to go on the wash cycle. I picked up the mail. CIO

Note: <888> 12/04/10 Saturday 12:20 P.M. I will now go back to sleep for a while. CIO

Note: <888> 12/04/10 Saturday 12:10 P.M. I gave a neighbor four cigarettes. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I washed the breakfast dishes.

I chatted with AT&T Go Phone customer service again. The data plans are only good for 30 days and after that one renews them or loses the remaining data. Their rate without the data plan is 1 cent a kilobyte.

I turned the heat up a bit in the apartment now that it is colder out.

At [www.cl-p.com](http://www.cl-p.com) the new bill is \$151.64 for 31 days in November 2010 for 814 kWh or 26.25 kWh per day with an average temperature of 44.7 degrees Fahrenheit.

For November 2009, it was \$149.42 for 34 days and 761 kWh and 22.38 kWh per day with an average temperature of 48.4 degrees Fahrenheit. CIO

Note: <888> 12/04/10 Saturday 10:30 A.M. I woke up at 8:30 A.M.. At 9 A.M., I called up the AT&T Go Phone customer service. They refunded me \$20 on my AT&T Go Phone account, so I now have \$64 on it, until January 20, 2011, when I have to refill it.

They told me they charge something like a dollar a kilobyte of megabyte for data which is way too expensive. They AT&T Go Phone does have a data packages for \$4.99 for 1 MB and \$19.99 for 100 MB.

I called up the local AT&T store on Greenwich Avenue at [AT&T Store Locator - Find out where to buy cell phones exclusively at AT&T at 1-203-629-8008](#) . and they have this device [AT&T - What is an AT&T AirCard?](#) and these [PC Cards & Laptop Connect Cards - Wireless from AT&T](#) , but they all want a two year contract. I was told that one can get one gigabyte a month for \$50 or three gigabytes a month of data for \$60, so it would be expensive, if one used the internet a lot. Also they told me they will sell you a simm card to have an account with another AT&T wireless device.

They also gave me this web site <http://www.att.com/buyasession/> for buying data plans.

I installed the AT&T Communications Manager 6.8.19 on the Panasonic Toughbook CF 29. CIO

Note: <888> 12/04/10 Saturday 4:15 A.M. I was able to get the AT&T Communications Manager version 6.8.19 to work on the two Dell Latitude D410 laptops. It also supports WiFi from the AT&T card which might be useful unlike the other two Communications Managers that I tried.

I only have \$44 left on my AT&T Go Phone, so I probably used about \$42 in trying out the card. I will chat with AT&T about getting a refund. The charge is for "GPRS". I put the simm card back in the AT&T Go Phone.

I will now shut down the primary Windows 7 computer, and I will go to bed soon.

I will eat a piece of apple pie with cool whip before going to bed.

Mostly sunny and 40 to 28 degrees Fahrenheit today. CIO

Note: <888> 12/04/10 Saturday 3:15 A.M. Although it works, one should not use the AT&T Go Phone simm card with the AT&T 3G PCMCIA card. On my AT&T Go phone account, for a three minute call, they charged me \$10.08, and for a 12 minute call, they charged me \$24.65 and another \$2.34 charge for a shorter call.

Also the version 7 of the AT&T Communications Manager does not work with the AT&T 3G PCMCIA card.

Version 6.5 works on the Panasonic Toughbook CF 29. However, when I tried to install it on the Dell Latitude D410 laptops, I got an Error 1326: with a message it could not retrieve a file.

I think this [Answer Center | AT&T](#) might fix the problem but at those high rates, there is no point installing it the AT&T Communication Manager 6.8.19.

Thus there is probably no point using the AT&T 3G PCMCIA card, unless I have 3G service, which I can not afford. CIO

Note: <888> 12/04/10 Saturday 12:10 A.M. The version of the AT&T Communications Manager that I installed from the CD to the Panasonic CF 29 Toughbook is 6.5. There is a newer version 7.0 here [AT&T Communication Manager - Free software downloads and software reviews - CNET Download.com](#) that I am installing on the two Dell Latitude D410 laptop computers.

I also noticed in the Pay As You Go Online that there is an option for \$20 a month? for unlimited nights and weekends. It does not say, but I assume it is per month. CIO

Note: <888> 12/03/10 Friday 11:10 P.M. I chatted with a relative.

The good news is that the Newegg.com - AT&T 3G PCMCIA Ultra Unlocked GSM Data/Air Card - Cell Phone Accessories for \$9.99 with free shipping works with my AT&T Go Phone Simm card. It did not come with its own simm card.

On the Panasonic Toughbook CF-29, I removed the Belkin wireless PCMCIA card, and I started up Windows XP Professional. I installed the AT&T communications dialer software from the CD. I then rebooted. I installed my AT&T Go Phone simm card in the AT&T 3G PCMCIA card, and once XP had booted up, I installed it in the PCMCIA slot on the Panasonic Toughbook CF 29, and it automatically installed the drivers.

In the AT&T Communications Dialer, I edited the dialer to include a new AT&T internet dialer.

I setup the connection with this information:

service type: packet  
Diled number: 8998881#  
access point: wap.cingular  
username: WAP@CINGULARGPRS.COM  
password: CINGULAR1

It did not work at first, so I disabled the McAfee firewall, and it then worked and went online to AT&T wireless, when I pressed "connect". When I enabled the McAfee firewall again, McAfee prompted me as to what type of network to set the AT&T dialer up as, and I selected "public". However, at 25 cents a minute, I will not be using it very much. Still it is an option in an emergency for an internet connection.

I will now set it up on the two Dell Latitude D410 laptop computers. CIO

Note: <888> 12/03/10 Friday 9:00 P.M. They now have a Christmas tree and wreath stand at the parking lot of the Chase Bank on West Putnam Avenue and Valley road on the east side of the parking lot.

The Greenwich Hardware store on West Putnam Avenue next to McDonalds also sells Christmas trees.

BBC News - Saudi King Abdullah undergoes second back operation

BBC News - X-37B US military spaceplane returns to Earth

BBC News - Nasa shuttle launch delayed again for technical reasons

BBC News - Operation Mincemeat: How a dead tramp fooled Hitler CIO

Note: <888> 12/03/10 Friday 8:25 P.M. After dinner, I threw out the garbage and the old periodical literature. I watered the plants. CIO

Note: <888> 12/03/10 Friday 6:25 P.M. I woke up at 5 P.M.. I chatted with a friend. I made my bed. I threw out the garbage. I chatted with a neighbor. I picked up the mail.

The order with tracking of Tracking Newegg.com - Computer Parts, PC Components, Laptop Computers, LED LCD TV, Digital Cameras and more! on the order for Newegg.com - AT&T 3G PCMCIA Ultra Unlocked GSM Data/Air Card - Cell Phone Accessories for \$9.99 with free shipping arrived. I will check it out after dinner.

I will now cook the eye round of beef, and I will eat two 7/16th inch thick slices and refrigerate the rest. I will eat it with my usual steamed vegetable mixture with Smart Balance spread and olive oil and watered down punch and a cup of green tea with splenda and lemon juice. CIO

Note: <888> 12/03/10 Friday 1:40 P.M. I ate a 18.8 ounce can of Campbell's New England clam chowder with a bulky roll with Smart Balance spread and a glass of watered down punch. I will now shut down the Windows 7 computer, and I will take a nap. CIO

Note: <888> 12/03/10 Friday 1:05 P.M. I chatted with a relative.

I made three copies of the new registration and the registration receipt, and I put them with my Audi folder in the bedroom. I put the new registration and a copy of the registration receipt in the paper holder in the glove box of the Audi. CIO

Note: <888> 12/03/10 Friday 12:25 P.M. I tried to go online to <http://www.dmvregren.ct.gov/> to renew my Audi registration, but the web site would not work with my primary Windows 7 computer. However, it did work with the FIC server Vista machine, so I have now renewed the Audi registration for \$85 until January 20, 2013. The center part of the renewal

form that they sent me recently is the New Registration. I will put it in the Audi along with a copy of my renewal receipt shortly. CIO

Note: <888> 12/03/10 Friday 11:30 A.M. I woke up at 6 A.M.. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up. I threw out the garbage. I brought my folding cart with me to the Audi. I cleaned the frost off the windows. I went downtown, and I went by the Chase Bank on West Putnam Avenue just west of Greenwich Avenue. I then went by the Wachovia Bank on Havemayer Place, and I waited a half hour for them to open at 9 A.M.. I paid my rent to the Greenwich Housing Authority. I then went by the Senior and the Arts center to use the bathroom. I then went by the central Greenwich Post Office, and I bought forty evergreen forever stamps for 44 cents each for \$8.80 total. I then went by the Stop and Shop, and I bought a package of six day old rolls for \$2, a 16 ounce package of Smart Balance spread for \$2.89, a 21 ounce Stouffer's frozen lasagna with tomato and meat for \$2.50, two 12 ounce generic honey for \$2.49 each, three Ocean Spray 64 ounce cranraspberry juice for \$2.50 each, three Ocean Spray 64 ounce crangrape juice for \$2.50 each, a 48 ounce Quaker Old Fashioned oatmeal for \$4.99, a 8 ounce Stop and Shop grated parmesan and Romano cheese for \$2.99, a 10 ounce Kikkoman soy sauce \$2.29, two quart jars of Vlassic kosher dill spears for \$2 each, a top round eye round roast for \$3.99 a pound for \$10.41, buy one get one free of 16 ounce Hormel maple bacon for \$5.99 both, fresh Chiquita bananas for .49 a pound for .94 for \$58.98 total. I then put the groceries in the rear of the Audi. I then used the bathroom at the Stop and Shop. I then bought buy one get one free of 24.5 ounce Entenmann's fresh home style apple pies for \$5.99 both for \$5.99 total. I then returned home. I used my cart to bring up my groceries. I put away my groceries. CIO

Note: <888> 12/02/10 Thursday 10:15 P.M. If one has spare money, one can order the 2011 RONALD REAGAN PRESIDENTIAL LIBRARY CALENDAR for \$12.95 less a \$1.30 discount with coupon code "Reagan40" for \$11.65 and \$9 shipping for \$20.65 total, or use the \$50 purchase promotion below and get it for free. I have to pay my Connecticut automobile registration this December of \$85 to renew it, so I will be a little low on funds, so I will not be able to order it. I have enough calendars at the moment. I am not getting England calendars this year, because they do not sell one with a lot of different pictures for each month, but only one picture per month. Such is life.

I will now shut down the primary Windows 7 computer, and I will go to bed soon.

Mostly cloudy tomorrow and 40 to 32 degrees Fahrenheit. CIO

Note: <888> 12/02/10 Thursday 9:30 P.M. email : Webview free Ronald Reagan calendar with \$50 purchase

Ronald Reagan Foundation Store

Battle of the Badges Blood Drive!!

Global Volcanism Program | Volcanic Activity Reports | Smithsonian / USGS Weekly Volcanic Activity Report |

Afar Rift Consortium

BBC News - 2010 sets new temperature records

BBC News - Multiple burials at Orkney Neolithic site CIO

Note: <888> 12/02/10 Thursday 9:05 P.M. I chatted with two relatives. I ate three scrambled eggs and four strips of fried thick bacon and a toasted English muffin with Smart Balance spread and a glass of watered down punch and a cup of green tea with splenda and lemon juice. CIO

Note: <888> 12/02/10 Thursday 7:00 P.M. I went out after the last note. I threw out the garbage. I went downtown, and I went by the Chase Bank just west of Greenwich Avenue on West Putnam Avenue. I then went by CVS. I picked up a prescription. I bought buy one get one free of CVS Flaxseed oil 250 softgels 1000 mg for \$19.99 both less \$4 off a \$20 purchase CVS internet coupon for \$15.99 total. I then went to my 3 P.M. appointment. I next went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I stopped by CVS again on the way up Greenwich Avenue. I stopped by the Chase Bank on West Putnam Avenue just west of Greenwich Avenue. I chatted with a couple of locals. I sat out at various locations. I used the bathroom at the senior and the arts center. I then went by the Greenwich Library, and I toured the ground floor. I chatted with two of the reference librarians. I then returned home. I picked up the mail. I got my rent statement from the Greenwich Housing Authority, so I will pay it tomorrow. CIO

Note: <888> 12/02/10 Thursday 1:20 P.M. I ate two hotdogs on buns with Dijon mustard and ketchup and 1/4th a 5.3 ounce tube of CVS Pringles style

sour cream and onion potato chips and a dill pickle slice and a glass of watered down punch.

I will now shut down the primary Windows 7 computer, and I will get ready to go out for my 3 P.M. appointment. CIO

Note: <888> 12/02/10 Thursday 11:55 A.M. Print Your Coupon Wendy's Free Natural French Fries coupon . You are only allowed to print out two coupons. CIO

Note: <888> 12/02/10 Thursday 11:20 A.M. I woke up at 7 A.M.. I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up. Donald [www.trump.com](http://www.trump.com) announced on [www.foxnews.com](http://www.foxnews.com) that he will announce in March 2011, whether or not he will run for President of the United States of America. He looks a bit overweight like he has been eating too many beef steaks, so I guess he needs to diet a bit and possibly join Weight Watchers. I threw out the garbage. I chatted with a neighbor. I made 129 Premier Lights 100 MM filter Peter Stokkebye Norwegian shag pipe tobacco cigarettes while watching [www.foxnews.com](http://www.foxnews.com) . CIO

Note: <888> 12/01/10 Wednesday 10:20 P.M. I will now shut down the primary Windows 7 computer, and I will go to bed soon.

Sunny tomorrow and 41 to 31 degrees Fahrenheit.

I have a 3 P.M. appointment tomorrow. CIO

Note: <888> 12/01/10 Wednesday 9:30 P.M. I chatted with a relative.

Tracking is [Tracking Newegg.com](http://Tracking>Newegg.com) - Computer Parts, PC Components, Laptop Computers, LED LCD TV, Digital Cameras and more! on the order for [Newegg.com](http://Newegg.com) - AT&T 3G PCMCIA Ultra Unlocked GSM Data/Air Card - Cell Phone Accessories for \$9.99 with free shipping.

Stamford Volvo, used Volvos [Stamford Volvo Used Volvos December Reduced Prices - Certified Pre-Owned](#)

As one gets older, they tend to slow down a bit. I have noticed since I turned 60 years old last spring, I do not seem to have as much energy for exercise walking downtown like I use to do all of the time. Of course last winter, I only went out on warmer sunny days from what I remember. I

guess the aging process is relevant to computers also. I think I used to be more active on the internet, but now I seem to only do computer activity by routine. Of course I am trying to conserve money, and I have had a number of computer hardware expenses recently in upgrading my overall computer network setup. Still compared to other activities like driving or adventuring into other areas, I feel my overall internet activity is a bit cheaper than some other activities might be. It would be nice to eat better food, but it eventually just goes down the toilet, and the lower cost food that I have been eating is just as nutritious.

I guess my generation is not as user friendly with the internet as I have become after working with personal computers since September 1989 when I used to use the telephone to call up Computer BBS bulletin boards, and I have been online on the internet, since September 1994.

I once had the email address "[mikescott@ibm.net](mailto:mikescott@ibm.net)" , but I guess they gave it to another Mike Scott. I think I once had the email address "[mikescott@netcom.com](mailto:mikescott@netcom.com)" also and possibly "[mikescott@att.net](mailto:mikescott@att.net)" . I once had the web address "[www.mikescott.net](http://www.mikescott.net)" and "[www.mikescott.org](http://www.mikescott.org)" and "[mrscott.com](http://mrscott.com)", but from what I can tell nobody was ever that too much interested in my internet activity, since I tended to maintain a low key presence, and since I did not feel like going into an internet business, I did not seek out any expertise or expansion of my activities, but kept working on the internet at my own pace and my own budget. I suppose the computer big wigs find me tedious, but from my viewpoint compared to writing a COBOL spread sheet in the summer of 1971 while working at Polaroid as an independent contractor and seeing the time it took to punch it out a punch card machine and test the simple program on an IBM 360 main frame, computers are now easier to use. I recall after writing that spread sheet, I spent a weekend camping out on the beach in the rain on Chapaquitic Island off Martha's Vineyard, so I have seen the famous bridge there. CIO

Note: <888> 12/01/10 Wednesday 8:00 P.M. [BBC News - How do you survive in the coldest place on Earth?](#)

One can lose 50% of their body heat through their head in the winter, so a smart person always wear a knit cap or warm hat to stay warm in the winter.

Starting tonight, it is suppose to get colder here [Greenwich, Connecticut \(06830\) Conditions & Forecast : Weather Underground](#) . CIO

Note: <888> 12/01/10 Wednesday 7:45 P.M. I ate three scrambled eggs and four strips of fried thick bacon and a toasted English muffin with Smart Balance spread and a glass of watered down punch and a cup of green tea with splenda and lemon juice.

Not much happens around here anymore, since by the end of November at the end of the hurricane season, all of the rich people have gone back down south for the winter leaving behind the poorer year round people whom try to eek out a living in this area, when not much is really happening. Of course the young people here watch so much television here from elsewhere, they live under the false allusion that something is going on here, when as far as I can tell not much is really happening. A lot of intellectual Greenwich, Connecticut people are in the publishing business, so by what they write, they hope to make money by convincing other people of their viewpoints including investments they hope might go up in value for their profit. CIO

Note: <888> 12/01/10 Wednesday 6:05 P.M. I rested, and I watched a bit about computers. I chatted with a neighbor about computers and the internet.

I ate a bulky roll with Smart Balance spread. CIO

Note: <888> 12/01/10 Wednesday 4:05 P.M. I will now shut down the primary Windows 7 computer, and I will take a nap. CIO

Note: <888> 12/01/10 Wednesday 3:35 P.M. Be king for a day in Edinburgh

Tracking is FedEx Tracking

Biltmore Email Newsletter

BBC News - Snowfall disrupts northern Europe's airports and roads

BBC News - Net neutrality rules set for showdown in the US

BBC News - GCHQ technology 'could be sold' CIO

Note: <888> 12/01/10 Wednesday 3:05 P.M. I picked up the mail. I chatted with a neighbor. CIO

Note: <888> 12/01/10 Wednesday 2:40 P.M. I ate two hotdogs on buns with Dijon mustard and ketchup and 1/4th a 5.3 ounce tube of CVS Pringles

style sour cream and onion potato chips and a dill pickle slice and a glass of watered down punch.

I will now pick up the mail. CIO

Note: <888> 12/01/10 Wednesday 2:10 P.M. I chatted with a relative.

The order for Buy.com - McAfee Internet Security 2011 3 User 2 Year Protection for \$19.99 with free shipping arrived. CIO

Note: <888> 12/01/10 Wednesday 1:35 P.M. When I was up in Oslo, Norway in February 1983, I noticed outside the Royal Norwegian Palace kongehuset.no - English , the local youth were smoking marijuana outside the Royal Palace by the botanical green house. It was explained to me by one of the Royal Norwegian Guards that in the Royal Norwegian Navy, when the sailors run out of good Virginia tobacco, they smoke rope made from hemp Rope, Hemp, Cannibis, Marijuna in North America Expose . CIO

Note: <888> 12/01/10 Wednesday 1:05 P.M. List of Dual Purpose Pipe Tobacco Brands Attention: PACT Act / Tobacco Shipping Changes Details Here : Rollyourown.com, One Stop RYO Tobacco Shop CIO

Note: <888> 12/01/10 Wednesday 12:45 P.M. If you can not find your brand of Peter Stokkebye pipe tobacco to use in cigarette injector machines at Peter Stokkebye Bulk Tobacco , they have it here at a more expensive price Peter Stokkebye Bulk 5 lb Bags | Pipe Tobacco

From Villiger Stokkebye International Cigarette Tobaccos , only those pipe tobaccos with similar names might be suitable for cigarette injector machines.

Stokkebye Pipe Tobacco : Rollyourown.com, One Stop RYO Tobacco Shop in stock here except Norwegian shag.

RYO Cigarettes | Roll Your Own Cigarette Tobacco | RYO Revolution has this link for cigarette pipe tobacco brands Pipe Tobacco for Roll Your Own Cigarettes | RYO Revolution CIO

The Peters Stokkebye Danish Export, Virginia Long Cut, Turkish Export, and Norwegian Shag seem to be hard to find, since I guess a lot of cigarettes smokers are buying it. However, the Amsterdam blend works in the Premier cigarette injector machine, once it is put through the Cuisine Art cut it finer.

<http://mikelouisscott.com/ryo.htm>

<http://mikelouisscottcom.cv.siteprotect.net/ryo.htm> CIO

Note: <888> 12/01/10 Wednesday 11:55 A.M. I mentioned yesterday that the Peter Stokkebye Amsterdam Pipe Tobacco with the Premier 100 filter cigarette tube with the tobacco shredded in a Cuisine Art tastes like an American Eagle cigarette. However, it actually tastes more like a Dunhill Light filter cigarette which is a very expensive cigarette. It only draws about half as fast as the Peter Stokkebye Norwegian shag Pipe Tobacco with the Premier 100 filter cigarette tube with the tobacco as is. Thus it is a much slower smoking cigarette. It is also an All American cigarette with only Virginia and Kentucky tobacco. CIO

Note: <888> 12/01/10 Wednesday 11:40 A.M. Just to be on the safe side, I have three extra regular smoke detectors in the apartment. One is in the living room, one in the hallway, and one in the bedroom. The 9 volt alkaline batteries in them were two years old, so I put three new Duracell alkaline 9 volt batteries in them, and I tested them, and they work just fine. I tested the old batteries with my battery tester, and they are in the low end of green or just barely good. I stored the old 9 volt alkaline batteries in the plastic bag containing old 9 volt batteries on the bedroom sideboard shelf. I will now change the calendars in the apartment. CIO

Note: <888> 12/01/10 Wednesday 11:20 A.M. On rainy days in Greenwich, Connecticut which we used to have a lot of in the past, we traditionally stay inside and work at home. Since at age 60, I have arthritis, I do not usually go out on rainy days.

Not much happening in terms of two way communications on the internet. I guess most people whom use the internet do not know how to type, so they do not feel like communicating. Still there is plenty to read on the internet. However, the general public although it reads a lot of free content, does not feel like paying writers for the content that they produce, thus the overall quantity and quality of free information on the internet tends to go down, although there are more users than ever. My web server does not have enough traffic to justify putting in advertising links, although I do promote a number of other web sites. Basically my viewpoint is from running my own computer laboratory based on my experience, not the experience of someone that might have a larger budget and more content to offer.

Still there is a niche for everyone on the internet, although in my particular case I do not have any products or services that I am trying to sell. I think more like a reference librarian based on my experience and not the experience of somebody sitting in a Manhattan coffee shop whom thinks

they know everything. Basically sitting in a coffee shop all day drinking coffee and surfing the internet can be a very expensive past time, unless one has a certain focus that might be relevant to the particular coffee shop. Younger people like to travel though, so they tend to end up as coffee shop lobbyists for what ever particular cause they may have to promote.

Since I have only been into Manhattan three times in 20 years, I do not have much current relevant experience to Manhattan. I did read an article in New York magazine yesterday while waiting for my appointment. It was about New York University in Greenwich Village and their plans to expand the Greenwich Village campus there and elsewhere. It mentioned that there are not 40,000 students on the Greenwich Village campus, so more than likely there are not that many older people down in Greenwich Village anymore besides a few tourists trying to relive the good old downtown days.

If one can not afford to live in Manhattan, there is very little point in trying to promote it out here, when we have plenty of alternative goods and services in our local area.

Some people with money can afford to have a lot of friends, but whether the cost benefit of a lot of friends is really worth it, when it comes to surviving in the real world is opened to debate. A lot of sales people try to promote their goods and services in Manhattan hoping to make a profit, but from my experience in Manhattan, the people that live there are just as cheap as the people in the suburbs.

Still we get a lot of traffic out here from New York City, so the local business people whom service that group of travelers tends to make a modest living out here.

They inspected the central building smoke detector in my apartment along with the emergency pull cords.

There is one alternative for killing time in Greenwich on a rainy day which is to go by the Greenwich Library. We tend not to get as many visitors there on rainy days. CIO

Note: <888> 12/01/10 Wednesday 10:40 A.M. I went downstairs, and I chatted with a neighbor. They are testing the alarm system in the building, but they still have not tested my apartment. CIO

Note: <888> 12/01/10 Wednesday 9:55 A.M. I chatted with a relative. I printed out two copies of the Microsoft Money 2007 November 2010 Income

Versus Spending report. I chatted with a relative. I faxed a copy of the report to the interested relative.

I ate breakfast of oatmeal with honey and milk and a sliced banana, a toasted English muffin with Smart Balance spread, a 50% to 50% glass of punch and cold filtered water, a cup of coffee with splenda sweetener and milk. I washed the breakfast dishes. I made my bed. I will now shower and clean up. CIO

Note: <888> 12/01/10 Wednesday 8:25 A.M. I woke up at 7 A.M..

I paid my bills for [www.cablevision.com](http://www.cablevision.com) Digital Cable Television, Optimum Online Cable Modem, and Optimum Voice Long Distance, and my [www.cl-p.com](http://www.cl-p.com) electricity bill, and my [www.verizon.com](http://www.verizon.com) local telephone bill.

The alarm company is suppose to inspect the emergency pull cords and smoke detectors today. CIO