End of Scott's Notes week of 01/31/09:

Note: <888> 01/31/09 Saturday 10:00 P.M.. <u>Heartland America: Specials: The Best Selling</u> <u>Brand Names at Discount Prices!</u>

Jackie Robinson -- Britannica Online Encyclopedia

Alaska Volcano Observatory Redoubt Color Code Orange Alert

Norway's Big Ethical Giant - Forbes.com

\$29.99 this coming week <u>Brother pt-1230pc Label Maker at Staples®</u>

\$59.99 this coming week <u>Brother pt-2430pc Label Maker at Staples®</u>

Venice Connected

BBC NEWS | Europe | Venice launches tourist website

BBC NEWS | Business | Davos 2009 | Cybercrime threat rising sharply

BBC NEWS | Business | Davos 2009 | Gates predicts four-year downturn

BBC NEWS | Science & Environment | Acid oceans 'need urgent action'

BBC NEWS | Science & Environment | Mammoth-killing comet questioned

I will now send out my weekly notes. CIO

Note: <888> 01/31/09 Saturday 8:05 P.M.. I made and ate my usual linguine and tomato meat sauce dinner with grated parmesan and Romano cheese, and I refrigerated half, and I ate it with a glass of watered down passion punch. I chatted with a friend. CIO

Note: <888> 01/31/09 Saturday 6:05 P.M.. At CVS, I also picked up for free a set of four 3D glasses for watching <u>IntruTM 3D</u>, 3D Animation with Intel and Dreamworks to watch <u>---</u> <u>MONSTERS VS ALIENS : In Theaters March 27, 2009 ---</u> CIO

Note: <888> 01/31/09 Saturday 5:55 P.M.. I woke up at 11:30 A.M. this morning. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I chatted with a relative. I showered, and I cleaned up. I went out, and I went by the Greenwich Hospital thrift shop, and I donated the brown wicker rack. I then went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I chatted with some local people. I used the men's room on the ground floor of the Senior and the Arts center, which is probably about the warmest room in town. I stopped

by the Greenwich Hardware store, and they do not carry electric shaver cords. I thought I might use one to fix my 1954 Zenith shortwave radio. When I have time, I can still test it with eight D batteries, which I think I have. I stopped by CVS, and I bought two 12 packs of Thomas' English muffins for \$1.99 each 12 pack for \$3.98 total. I weighed myself before showering, and I now weigh about 208 pounds, so I have lost about 10 pounds this winter so far. I finished my walk, and I used the bathroom at the senior and the arts center. I was given a January 2008 National Geographic on ''Indonesia's Ring of Fire Volcano Gods''. During my walk, I stopped by the TD bank, and I was told their IBM computers come from a warehouse in New Jersey like everything else. They gave me a TD ball point pen. After my walk, I drove down by the waterfront on Steamboat Road, and there were no sea gulls around, so possibly they are off flying on a nice day. I next went by the Greenwich Library, and I chatted with some of the staff and local patrons. I then returned home.

I picked up the mail. The <u>2.5" Black Aluminum Enclosure Case with IDE to USB 2.0</u> <u>Interface by SABRENT</u> for \$6.99 and a \$1.05 off with a coupon code that I can not remember for \$5.94 total with free shipping arrived. I left it on the Lazy Susan to have available once the Seagate IDE 2.5 inch 80 gigabyte hard drive arrives. CIO

Note: <888> 01/30/09 Friday 11:15 P.M.. I baked and ate 12 ounce box of America's Choice fish sticks which I put mixture of ketchup and horse radish on along with my usual vegetable mixture with olive oil on it. I ate it all with a glass of watered down passion punch. I will now shut down the primary Vista computer, and I will take a nap.

Note: <888> 01/30/09 Friday 10:15 P.M.. When I get the Seagate 2.5 inch PATA hard drive, I can temporarily put it in the 2.5" Black Aluminum Enclosure Case with IDE to USB 2.0 Interface by SABRENT once I receive it, and I can partition it with XP on the primary Dell laptop computer, and then I can use Seagate Technology - DiscWizard to clone the old hard drive on to the new hard drive, and then transfer the hard drives. I just put DiscWizard on the primary Dell laptop to have it ready to clone. CIO

Note: <888> 01/30/09 Friday 9:10 P.M.. Yesterday morning, I woke up and I ate about a dozen Danish cookies. This morning, I woke up, and I ate about 10 Danish cookies. I finally woke up at 3:30 P.M. this afternoon. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I chatted with a relative. I threw out the garbage and the old periodical literature. We have a new garbage service "City Carting". However, all of the recycle containers say "Cans and Bottles", and there are none designated for waste paper and newspapers. I chatted with a neighbor. No mail was received today. I watered the plants.

For the primary Dell Latitude CS laptop computer, I bought a 80GB 2.5" Seagate LD25.2 5400RPM ATA Hard Drive with 2MB Cache - New with 5 Year Seagate Warranty. (SEAST980210ALD) <u>http://eshop.macsales.com/item/Seagate/ST980210ALD/</u> for \$39.99 and \$4.99 UPS ground shipping for \$44.98 total. I will move the IBM 10 gigabyte ide 2.5 inch hard drive from the primary Dell laptop to the second Dell laptop. I will put the 4.8

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gigabyte hard drive from the second Dell laptop in the Toshiba laptop, which has a defective hard drive. Once the new hard drive is in the primary Dell laptop, I can restore the backup from the Maxtor external hard drive to configure it. I installed the Vista updates on the primary Vista computer and the FIC server. I am backing up the changes on the primary Dell laptop to the Maxtor external hard drive, and then I will do the same for the second Dell laptop. I ate a 1/5th piece of blueberry pie with a glass of watered down passion punch.

Note: <888> 01/30/09 Friday 6:35 A.M.. <u>The 25 Fastest-Growing Technology Companies</u> <u>In America - Forbes.com</u>

http://www.britannica.com/EBchecked/topic/509263/Franklin-D-Roosevelt

Japan Hits The Skids - Forbes.com

Glenlivet Golf

BBC NEWS | UK | England | Hampshire | HMS Daring makes home port debut

<u>BBC NEWS | UK | Type 45 Daring class destroyer</u> I guess the British are planning for some sort of war.

I will now shut down the primary Vista computer, and I will go to bed soon. CIO

Note: <888> 01/30/09 Friday 5:45 A.M.. I paid my electricity bill to <u>www.cl-p.com</u>. I paid my Digital Cable Television, Optimum Online Boost, and Optimum Voice bills to <u>www.cablevision.com</u>. I paid my bill to <u>www.verizon.com</u>. I ordered from <u>www.ordersmokesdirect.com</u> six cartons of King Mountain Ultra Lights in a box for \$16.99 a carton and \$16.47 shipping for \$118.41 total. CIO

Note: <888> 01/30/09 Friday 4:20 A.M.. I followed the instructions in the Dell Latitude CS service manual to remove the cover. I removed the two green bread tabs that I had slid in. I examined the DC Power Jack, and it seemed to be firmly soldered to the motherboard. However, without the battery, the primary Dell Latitude CS laptop would still lose its power if the cord was moved when not plugged into the docking station, but with AC adapter plugged directly in it. I used my large magnifying glass and a lantern, and I examined the inside of the DC Power Jack, and I noticed at the rear end of the DC Power Jack, there was a small piece of green plastic or some other substance. I was able to remove the piece that was about 3/32nds inch wide and about 5/16th of an inch long, and the power on the primary Dell Latitude CS computer continued to stay on, even when I moved the cord in various directions. I looked more closely, and I found another smaller piece inside. I reassembled the primary Dell Latitude CS laptop computer, and now hopefully if one wants to use it with the AC adapter without the docking station, there should be no more problems. I still would not recommend putting too much pressure on the DC Power Jack by moving it with the cord attached. The DC Power Jack seems to be soldered on the motherboard, so I would have to remove the mother board and try to

unsolder and solder in the replacement part, which would be much too risky unless dire circumstances called for it. Thus all systems seem go.

For the second Dell laptop, I could use these <u>Dell Latitude CS R LCD Hinge Cover</u> for \$8.86, but it is only a cosmetic feature, so I can live without them, and the minimal shipping would be \$17.55 from the Netherlands, so it is unlikely I will be buying them.

This is the CMOS battery they use <u>DELL LATITUDE CS CMOS BATTERY (7.2V,</u> <u>15MAH) P/N:8278P - eBay (item 150239935552 end time Feb-17-09 13:55:22 PST)</u>, if I ever need it.

These are what I was looking for $\underline{3550P}$ - Right Hinge Cap and $\underline{4550P}$ - Left Hinge Cap, but they are not really necessary. On the second Dell laptop, the left one is missing, and the right one is broken. CIO

Note: <888> 01/30/09 Friday 12:45 A.M.. I bought this item <u>DC Power Jack Dell</u> <u>LATITUDE CPx CPxH CPxJ CS CSR CSX - eBay (item 300268251805 end time Feb-19-09</u> <u>20:06:42 PST)</u> for \$4.99 with free shipping. I think if I ever need to use it on the primary Dell Latitude CS laptop computer, it would need to be soldered in, so I probably will not take the chance to replace it, unless I absolutely need to replace it. They seem to have the Dell Latitude Reserve batteries here if I ever need one. I use the one with five small batteries <u>eBay Seller: meditechny: Computers Networking items on eBay.com</u> CIO

Note: <888> 01/29/09 Thursday 10:45 P.M. Yesterday, I put a new blue toilet tank tablet in the toilet tank. I went out after the last note. I went to my regular Thursday 3 P.M. appointment. I do not have another Thursday 3 P.M. appointment until March 2009. I next went by the Greenwich Hospital Thrift shop. They have about a dozen used LCD monitors for sale from the Greenwich Hospital. The Compag LCD monitors are \$45 and the EIZO LCD monitors are \$25. I chatted with the staff trying to cheer them up on another usual slow business day. I suggest that all of the inexpensive glass ware on the two shelves on the east wall would fall off the shelf in an earthquake, or possibly if they put too much weight on the shelves, they would collapse. People frequently keep piling up items somewhere, and sooner or later the additional weight causes the shelf to collapse. I also chatted with a neighbor from Kennebunkport, Maine. I next went downtown, and I used the bathroom at the Senior and the Arts center. I stopped by the Greenwich Cigar store, and I played a Fast \$50's scratch card for a dollar, but I lost. I walked the whole length of Greenwich Avenue and the train station area. There were not many people out but younger unemployed fathers with younger children. I guess they have working mothers. I stopped by the Greenwich Hardware store. I told them about seeing an Austrian stove in the movie "The Third Man", and I mentioned that I had seen them in the rooms of the Maria Teresa Palace in Innsbruck, Austria, and the looked to be very energy efficient. They are ceramic stoves about 4 to 5 feet in diameter the height of the room with curves and with decorative accents. I am not sure what they burned in them or how they exhausted them, but they look like they would put out a lot of warmth. I went by CVS, and I saw an older acquaintance with what looked to be his younger sister, so I guess families are now car pooling to save on gasoline. I finished my walk, and I sat out briefly. I noticed

during my walk that TD Bank is using new IBM Personal Computers, so they must still make them new somewhere in the world like Canada. I stopped by the Greenwich Library, and I read PC Magazine. There seemed to be quite a few people enjoying the warmth in the library. One regular patron whom is older than me, said he wished that he was younger again. I then went by the Greenwich Automotive Services Gulf Station, and I bought \$4 of self service premium gasoline at \$2.359 a gallon for 1.694 gallons for 14.1 miles driving since last Thursday at odometer reading of 62131 miles for 8.32349 miles per gallon driving this past week. I then went by the Stop and Shop, and I bought a day old blue berry pie for \$3.50, a loaf of Nature's Promise multigrain bread for \$2.50, and broccoli crowns for \$1.79 a pound for \$1.22 for \$7.22 total. I then returned home. I picked up the mail. The order for two PQI 1GB 60X Secure Digital SD Card, Model AE21-1030-0101 for \$5.99 each with free shipping for \$11.98 total arrived. I put them unopened on the right hallway bookcase shelf with the camera case with the cameras. I chatted with a relative. I made and ate the same dinner as last night. I ate a 1/5th piece of blueberry pie too. Not much happening on this side of Greenwitch, Connecticut. CIO

Note: <888> 01/29/09 Thursday 2:15 P.M.. I installed <u>www.juno.com</u> free program good for 10 hours a month of both Dell Latitude CS laptop computers, and I configured it. In a power outage which does happen occasionally, the electricity and cable modem might not work, but frequently the Verizon telephone line works. I have battery power for the Dell laptops, and since with my Verizon package I have free adjacent community dialing, there are about a dozen local free Juno dialup numbers in Greenwich, Old Greenwich, Stamford, Armonk, and Port Chester. However, I only have the one Xircom telephone modem card. I ate a ham and cheese sandwich with 1/3rd of a 5.5 ounce tube of Pringle sour cream and onion potato chips with some watered down passion punch. I will now shut down the primary Vista computer, and I will get ready to go to my 3 P.M. appointment. CIO

Note: <888> 01/29/09 Thursday 12:05 P.M.. I woke up at 8 A.M.. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I chatted with a relative and a friend. I showered, and I cleaned up. I went outside, and I cleaned the snow off my Audi, and I helped clean the snow off a neighbor's car. I put two new AA alkaline batteries in the community room television remote control. I walked around the building, and the building custodian is putting ice removal pellets on the sidewalk, but it is still very slippery. I put the Xircom LAN and telephone modem card in the primary Dell Latitude CS laptop computer, and I will now install <u>www.juno.com</u> free dialup on it, so I can use it in case, I lose power to the primary systems. I have a 3 P.M. appointment this afternoon. CIO

Note: <888> 01/28/09 Wednesday 10:05 P.M.. I will now shut down the primary Vista computer, and I will go to bed soon. Weather permitting, I have a 3 P.M. appointment tomorrow. CIO

Note: <888> 01/28/09 Wednesday 9:30 P.M. Starbucks Brews A Bitter Cup - Forbes.com

Gold Resumes Long-Term Uptrend - Forbes.com

Updike, Laureate of American Suburbia, Dies at 76 - Forbes.com

Ten Surprising Presidential Hobbies - Forbes.com

In Pictures: 10 Surprising Presidential Hobbies - Forbes.com

Congressman Jim Himes, Representing the 4th District of Connecticut CIO

Note: <888> 01/28/09 Wednesday 7:30 P.M. At <u>eBay Store - THIS THAT THE OTHER</u> <u>IN COMPUTERS: LAPTOP PARTS, LAPTOPS, DESKTOPS</u>, I bought <u>DELL</u> <u>LATITUDE CS STANDER BATTERY 11.1V 3100MaH - eBay (item 360122992661 end</u> <u>time Feb-09-09 12:01:09 PST</u>) for \$26 and \$12 shipping for \$38 total and

DELL LATITUDE DOCKING STATON C PORT II - eBay (item 360080143544 end time Feb-12-09 15:37:28 PST) for \$10 and \$8 shipping for \$18 total for \$56 all together. CIO

Note: <888> 01/28/09 Wednesday 7:00 P.M.. I sautéed and ate about half or 13 ounces of the sirloin steak with steamed potato cubes and baby carrots with olive oil and watered down passion punch. I put some A1 Bulls Eye steak sauce on the steak. I put a new blue toilet tablet in the toilet tank today. CIO

Note: <888> 01/28/09 Wednesday 5:30 P.M.. I ate two tuna fish sandwiches for lunch with a glass of watered down passion punch. I chatted with a relative and a friend.

The order for \$33 with free shipping <u>NEW Dell Latitude CS/CSx Keyboard V411/1121P -</u> <u>eBay (item 200289091834 end time Feb-14-09 03:39:44 PST)</u> arrived.

The orders with tracking is <u>UPS: Tracking Information</u> on the order for two <u>Netgear</u> <u>FA511 CardBus 10/100 Ethernet Notebook Adapter: FA511R JustDeals.com Inc.</u> for .99 each and \$10.90 shipping for \$12.88 total.

and tracking is <u>UPS: Tracking Information</u> on the order for <u>Netgear WN511B Rangemax</u> <u>Next Wireless Notebook Adapter - eBay (item 310116513664 end time Jan-20-09 19:26:32</u> <u>PST)</u> for \$10.58 and \$3.95 shipping for \$14.53 total arrived.

I took the keyboard out of the primary Dell Latitude CS laptop, and I put it in the second Dell Latitude CS laptop. I put the new keyboard in the primary Dell Latitude CS laptop with docking station.

I moved the Netgear WG511T wireless card from the primary Dell laptop, and I installed it on the second Dell laptop.

I installed the Netgear WN511B wireless card on the primary Dell laptop.

I installed the two Netgear FA511 cards on each of the Dell laptops.

I have the primary Dell laptop in its docking station, so I left both of its cards on the right side in bubble wrap packages to have available for remote use. The laptop cards are plug and play.

I left the second Dell laptop wireless card in a bubble wrap package behind it to have available for wireless use, and the new FA511 LAN card is left in it for apartment use, since it does not have a docking station. I also took the USB mouse off of it, and I put a Dell PS/2 mouse on it. I disabled the D-Link USB Hub LAN, since it is not needed. Thus both Dell Latitude CS laptops or ready for use in the apartment or at remote locations.

Their current configurations are at <u>http://mikelouisscott.com/computer.htm</u> , search Latitude.

I went downstairs, and I chatted with the building custodian who had a rough day. It is now raining out heavily melting the snow, but it could turn to ice tonight and tomorrow morning. CIO

Note: <888> 01/28/09 Wednesday 12:25 P.M.. I woke up at 9 A.M.. I took down the two artificial wreaths off the front door, and I hung the octagon mirror on the front side of the front door with a 40 pound OOK hook. I still have to get rid on the brown wicker rack. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I chatted with a relative. I showered, and I cleaned up. I went downstairs, and I chatted with neighbors. There is about four inches of snow on the Audi. I will leave it on in case the rain turns to ice this evening, so with snow on the Audi, it would be easier to remove any ice. I chatted with a relative. CIO

Note: <888> 01/28/09 Wednesday 2:05 A.M.. Shipping is <u>UPS: Tracking Information</u> on the order for <u>Flannel Lined Blue Jeans Bargain Outfitters</u> - <u>Bargains, Discounts,</u> <u>Markdowns, Deals, on Boots, Clothing, Outdoor Gear at Bargain Outfitters</u> in inseam 30 inches and waist 46 inches with \$5 off with coupon code "BF1106" for \$14.97 plus \$5.99 shipping for \$15.96 total.

AARP: Take Action:

Worth the wait for IE 8 Release Candidate 1? | The Download Blog - Download.com

Bill Gates: It's the Teacher, Stupid - Forbes.com

AGU 2009 Joint Assembly

Goldschmidt2009: Goldschmidt[™]2009 -

<u>Celebration of Reading - Friday, February 13, 2009 - Hyatt Regency Coconut Point Resort & Spa - Bonita Springs</u>

Microsoft TechNet Evaluation Center

BBC NEWS | Science & Environment | Iceland sets major whaling quota

BBC NEWS | Science & Environment | Emperor penguins face extinction

I will now shut down the primary Vista computer, and I will go to bed soon. CIO

Note: <888> 01/28/09 Wednesday 1:10 A.M.. I hung the picture of Stowe, Vermont above the bedroom desk. I moved the print of ducks from that location to the lower front side of the bedroom door. I took down the inexpensive octagon mirror from that location. I guess I will donate the octagon mirror and the brown wicker rack to the Greenwich Hospital Thrift shop, since I have no place to hang them. CIO

Note: <888> 01/28/09 Wednesday 12:35 A.M.. I took the CDs out of the CD rack in front of the Sony TV stand, and I moved them inside of the Sony TV stand with two metal book ends on either shelf holding them upright. I moved the ink cartridges and ink refill kit from the brown wicker rack to the left of the primary Vista computer, and I put them in the second drawer of the mahogany bureau in the bedroom. I moved the two brass candle stick holders with crystal shades to on top of the book cases above the Sony TV. I removed the brown wicker rack from the wall, and I move over the French print to its place. I used the CD rack along with the CD rack from underneath the Samsung color laser printer to raise up the Brother all purpose machine about 10 inches, so it is now easier to service it. I put a collapsed breakfast tray underneath the Samsung color laser printer. When I put the Scott speakers on top of the left bookcase above the Sonv television, I removed the print of Stowe, Vermont, and I moved it to behind the bedroom door for safe keeping, until I can figure out somewhere to hang it, or I can give it to a friend who spends a lot of time in Stowe, Vermont. Thus it all looks a little bit neater, and the black glass doors on the Sony TV cabinet now show neatly. I moved the Zenith short wave radio that needs to be tested to on top of the right book case above the stereo system. I chatted with a friend earlier. CIO

Note: <888> 01/27/09 Tuesday 10:20 P.M.. I chatted with a friend last night around midnight. I woke up at 8 A.M. this morning. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I chatted with a relative. I showered, and I cleaned up.

I bought a <u>2.5'' Black Aluminum Enclosure Case with IDE to USB 2.0 Interface by</u> <u>SABRENT</u> for \$6.99 and a \$1.05 off with a coupon code that I can not remember for \$5.94 total with free shipping. It is only good for 2.5 inch IDE hard drives, but it might come in handy some time. I installed the windows updates on my three laptop computers. I moved the D-Link USB hub from the Toshiba laptop to the second Dell laptop. I ate lunch of hot dogs with buns with ketchup and mustard and watered down passion punch. I changed my clothes to go out.

I went by the new Chase Bank just west of Greenwich Avenue on West Putnam Avenue. Since it is hard to turn left there when coming from the west, I drove over by Valley Road by the Greenwich Hospital and then down Lafavette Place to Greenwich Avenue and west a half block to the new Chase Bank. There is a driveway behind them by the brick apartment building, and one possibly could drive down that driveway east and exit out Pickwick Plaza where there is a traffic light, but I am not sure which way the driveway runs. I used the ATM machine and I viewed the new bank. They gave me a corn muffin for a treat. I then went downtown, and I sat out for a while at the Senior and the Arts Center. I then went to my 3 P.M. appointment. I chatted with a relative on my wireless phone while waiting. I then went by the Greenwich Hospital Thrift Shop. I bought a white soup bowl with Burgundy rim for a dollar and a two deck of new cards from the Shore Line with Sand Piper decoys on them for \$2. I also bought a heavy duty Sony television stand trapezoid shape about 20 inch high and very sturdy for \$20 for \$23 total. I used my folding cart to put the Sony TV stand in the back seat of the Audi. I then went by the Stop and Shop. Apparently the premium Oscar Meyer hot dogs were not on sale last week, so I did not get a refund on the second pack I bought last Thursday. I bought a Manager's Special top sirloin steak for \$4.99 a pound for \$7.73, a 8 pack of Arnold Bakery larger size hot dog buns for \$3.19, six packages of Ronzoni thin linguine for .50 each box, and Chiquita bananas for .64 a pound for \$1.77 for \$15.69 total. I then returned home. I used my folding cart to bring up my purchases and the Sony TV stand and the mail. It took about two hours. I cleared the area in front of my 27 inch Sony television, and I put the Sony TV Stand on the TV chest. I then put the solid wooden tool box on top of the TV stand, and I slid the Sony television off the pair of Scott speakers onto the Sony TV stand. I moved the pair of Scott speakers to on top of the left bookcase. I cleaned the TV area while doing this. I moved the Sony TV with Sony TV stand into position, and it is still about the same height for easy viewing around the living room, but it is on a much more sturdy platform now. I did not put anything in the cabinet inside the Sony TV stand, but I put the CD rack with CDs in front of it. I rearranged some of the Bric-A-Brac, so the TV area is neater looking. I tried testing the old Zenith Shore Wave radio, and it came on briefly and went out. Possibly it has a faulty cord. I will test it with batteries when I have time. I put the folding cart in the Audi, and I threw out four old telephone books. I moved the Audi to its usual place. I chatted with a relative. I reheated and ate the last of the defrosted beef stew and turkey Kraft stove top stuffing, which I ate with watered down passion punch. I am not sure if the soup bowl is microwave proof or not. I put the double deck of playing cards on the Panasonic television by the French reproduction chair. CIO

Note: <888> 01/26/09 Monday 8:10 P.M.. I went out, and I chatted with a couple of neighbors. I will now shut down the primary Vista computer, and I will eat a baloney, ham, cheese sandwich with a dill pickle slice and 1/4th of a 5.5 ounce tube of Pringle sour cream and onion potato chips and watered down passion punch. Not much happening with the price of tea in China <u>Twinings of London - 300 years of expertise</u>. CIO

Note: <888> 01/26/09 Monday 6:45 P.M.. The primary Dell Latitude CS laptop computer has a 64 meg memory chip on top and a 256 meg memory chip on bottom, and the secondary Dell Latitude CS laptop has two 128 meg memory chips. They look like they possibly could take two 256 meg memory chips, but I don't think there is any reason to get more memory, since they work fine as is. I do not want to invest too much money into older laptop computers. I printed out the manual and put it in a clamp binder. I left it on the primary Dell Latitude CS laptop computer with the docking station for reference. CIO

Note: <888> 01/26/09 Monday 5:50 P.M.. The Dell Latitude CS service manual is free here <u>Download free Dell Latitude service manual: Dell Latitude CS Portable Computer Service</u> <u>Manual.pdf » OnlineFreeEBooks.net « the most imitated free ebook site</u> . I was able to remove the second Dell Latitude CS keyboard in less than five minutes following the manual instructions, and then I put it back in. I guess I will put the new one in the primary Dell Latitude CS with the battery, and move its keyboard to the second one. CIO

Note: <888> 01/26/09 Monday 5:20 P.M.. To fix the keyboard on the second Dell Latitude CS, I bought for \$33 with free shipping <u>NEW Dell Latitude CS/CSx Keyboard V411/1121P</u> - eBay (item 200289091834 end time Feb-14-09 03:39:44 PST). CIO

!!! Note: <888> 01/26/09 Monday 5:00 P.M.. 20% off Dell coupons from Dell Outlet <u>Dell</u> Outlet's Super Savings Clearance Event

discounts Dell : Accessories : Small & Medium Business

30% off with coupon code ''D3%lpSeries'' exp. 1/28/09 <u>Refurbished DELL Computers -</u> <u>Refurbished Dell Notebooks`Laptops`PCs`Desktops`Used Dell Computers | DFS Direct</u> <u>Sales_</u>CIO

Note: <888> 01/26/09 Monday 3:50 P.M.. <u>Microsoft To Kill Windows 7 Beta On Feb. 10 --</u> Microsoft Windows 7 -- InformationWeek

Pfizer Agrees to Pay \$68 Billion for Rival Drug Maker Wyeth - NYTimes.com

At Davos, Economic Crisis Culls the Guest List - NYTimes.com

\$200 Laptops Break a Business Model - NYTimes.com

Cheaper laptops <u>Newegg.com - Asus EeePC</u>

Night Light 1.3 Watt 110V LED Light Bulbs (Clear)

I tried looking at <u>http://new.bbc.co.uk/</u>, but the British are cheap, and it crashed my computer for the millionth time. I am beginning to think they do not use very good Firewall security at the BBC. However, I like the content of their web site, so I will look at sooner or later.

The order for <u>UPS: Tracking Information</u> on with coupon code "BF1144" for \$5 off shipping good through January 19, 2009; I ordered in 3XL <u>\$20 Guide Gear Flannel - Lined</u> <u>Denim Overalls, Blue, Men's Clothing, Guide Gear at Bargain Outfitters</u> for \$19.97 and .99 shipping for \$20.96 total arrived. "BF1106" is the current \$5 off coupon code though. I tried them on. They fit just fine. They have a fly in front, so you do not have to take them off, when you do number 1. I showed them to my neighbors. I hung them on a hanger on the left side of the left living room closet. My grandfather Clarence Scott use to wear overalls when he was a Fireman and a Steam Locomotive Engineer on the Illinois Central Railroad for 60 years. I read in a computer magazine today that the Union Pacific railroad that George Cary's relatives are still involved in, is still making money, and they plan to spend \$3.5 billion a year to improved their system including laying 350 miles of track in the southwest to make it double track. It apparently costs \$2 million a mile to lay track. That is probably if they do not have to build bridges or tunnels.

I was told that Tony Blair is now teaching at www.yale.edu to help make ends meet. CIO

Note: <888> 01/26/09 Monday 1:40 P.M.. Today, would be my father Louis Dale Scott's 89th birthday, but alas he passed away 19 years ago from the effects of Parkinson Syndrome after a very difficult corporate career. I woke up at 6:30 A.M. this morning. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up. I went outside, and I threw out some garbage, and I chatted with neighbors. I chatted with a relative. I read the recent computer periodical literature. I ate a noon time meal of half of the remaining beef stew reheated and 1/3rd of a 6 ounce box of Kraft turkey stove top stuffing along with a glass of watered down passion punch. I made up a fresh batch of passion punch. I saw Bill Gates on www.foxnews.com trying fund raise for his foundation. Apparently the value of his foundation is down 20%. I guess he will have to pull in his purse strings. I threw out the garbage and the old periodical computer literature. I observed the outside world. I chatted with the building custodian who does a most excellent job. Windows 7 beta is suppose to work with touch screen LCD monitors, so it might work in a bar or restaurant cash register system. A touch screen LCD monitor would be too cumbersome to use with regular computer work. CIO

Note: <888> 01/25/09 Sunday 9:05 P.M.. I ate two hot dogs on buns with mustard and ketchup and watered down passion punch. I went downstairs, and I chatted with a neighbor. I chatted with a friend. I will now shut down the primary Vista computer, and I will go to bed soon. Stay warm and have a good night. It is suppose to go down to 10 degrees Fahrenheit again tomorrow morning by 6 A.M.. CIO

Note: <888> 01/25/09 Sunday 7:05 P.M.. I went downstairs. It sounds like a full house in the community room. I chatted with some neighbors.

I guess one could send a text message with this <u>SMS Everywhere - Send A Message to a</u> <u>Cell Phone</u>, but it did not work. This works to send a text message <u>Free Text Messaging - Send Free Text Messages to Any</u> <u>Provider of SMS Texting.</u>, but you have to look up the receivers cell provider with the first six numbers with the Lookup link next to the "Select Provider".

I sent myself my telephone directory which I had in Microsoft Word via <u>www.hotmail.com</u> to the Nokia cell phone, and the telephone links in the directory and the web links on the page will work with the Nokia AT&T Go Phone, but that might be a bit expensive, but it is cheaper than talking.

I have \$65.35 left on the Nokia Go Phone good until March 16, 2008.

I ordered <u>Flannel Lined Blue Jeans Bargain Outfitters - Bargains, Discounts, Markdowns,</u> <u>Deals, on Boots, Clothing, Outdoor Gear at Bargain Outfitters</u> in inseam 30 inches and waist 46 inches with \$5 off with coupon code "BF1106" for \$14.97 plus \$5.99 shipping for \$15.96 total. CIO

Note: <888> 01/25/09 Sunday 4:00 P.M.. <u>Airbus A380 is a mixed blessing for LAX - Los</u> <u>Angeles Times</u>

Windows 7 Beta : Microsoft TechNet Forums

I ordered <u>Croscill Da Vinci Natural Toothbrush Holder Linens 'n Things - 1/25 - 80% off:</u> 1/25 - 80% off: Bath Accessories: Croscill Da Vinci Natural Toothbrush Holder for \$3.39

two <u>Croscill Bennington Fingertip Towel Holder</u> <u>Linens 'n Things - 1/25 - 80% off: Bath</u> <u>Accessories: Croscill Bennington Fingertip Towel Holder</u> for \$1.99 each

<u>Shades Shower Curtain Hooks</u> <u>Linens 'n Things - 1/25 - 80% off: Bath Accessories:</u> <u>Shades Shower Curtain Hooks</u> in black for \$1.99

for \$9.36 and \$12.99 shipping less \$5.52 shipping discount and \$1.01 sales tax for \$17.84 total.

2 days only .99 shipping on each item Kohl's CIO

I heard from <u>Mining Industry - Mines Mining Jobs Mine Equipment Australia - Home</u> in reference to my volcano directory, which I no longer maintain. CIO

Note: <888> 01/25/09 Sunday 2:40 P.M.. When I ate the reheated beef stew part of the molar on my lower right rear that needs a crown broke off. About 1/5th of it broke off, but it is not painful. I was given the names last week of three dental groups in nearby communities that might take Connecticut Medicaid. CIO

Note: <888> 01/25/09 Sunday 2:20 P.M.. I went downstairs, and chatted with neighbors. The community room is being rented by neighbors until 9 P.M. today. I ate some more of the beef stew with watered down passion punch and a cup of coffee with splenda and milk.

I fiddled with some of the other features of my Nokia AT&T Go phone. I setup my hotmail account at it. I never use it, but

my Hotmail email account is <u>mailto:mmikescott@hotmail.com</u>. I download the Elvis Ring Tone "Suspicious Minds" twice, and I saved it to the Ring Tone file for answering the phone and for Instant messaging ring tone. That cost the Go Phone account \$2.95 for each of the two downloads for \$5.90 total. I now have a little bit over \$66 left on the Go Phone.

I guess if Elvis still has a dime, he can buy 10 cups of coffee at <u>www.mcdonalds.com</u> at the Senior Citizen discount of 60 cents each cup of coffee. CIO

Note: <888> 01/25/09 Sunday 11:55 A.M.. Iceland business minister resigns - CNN.com

Prime Minister of Canada:

TheStar.com | Canada | Will budget rescue Canada and Tories? CIO

Note: <888> 01/25/09 Sunday 11:35 A.M.. I did some bottom fishing on the internet

Michael Louis Scott's Bottom Fishing Links

<u>http://www.geocities.com/mikelscott/bf.htm</u> . I chatted with another friend earlier. I chatted with a relative. CIO

Note: <888> 01/25/09 Sunday 8:40 A.M.. I posted my Beef Stew recipe <u>Michael Louis</u> <u>Scott's Beef Stew</u>. CIO

Note: <888> 01/25/09 Sunday 8:00 A.M.. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I put away the laundry. I chatted with a friend. I used the swivel sweeper to clean the rug at the apartment entrance. I showered, and I cleaned up. I will not go out for a walk this morning, since it is 8.2 degrees Fahrenheit outside <u>Greenwich, Connecticut (06830) Conditions & Forecast : Weather</u> <u>Underground</u>. It is 62.1 degrees Fahrenheit inside the apartment without the heat turned on. CIO

Note: <888> 01/25/09 Sunday 5:30 A.M.. I chatted with a relative before going to bed. I woke up at 4 A.M.. I am doing two loads of laundry. I have 40 minutes to go on the dry cycle. I put clean linens on the bed. CIO

End of Scott's Notes week of 01/24/09:

Note: <888> 01/24/09 Saturday 6:15 P.M. Brian Hausback CSUS :: home

VSSAC

Volcanoes 2009 Wall Calendar

BrownTrout Calendars | Volcanoes 2009 Wall Calendar 2009 Calendar

IFM-GEOMAR: Willkommen am IFM-GEOMAR

Future Ocean: Start Page

Future Ocean: About us

<u>Craig Barrett Retiring After 35 Years With Intel - Hardware - IT Channel News by CRN</u> and VARBusiness

Ballmer: Microsoft Faces Once-In-A-Lifetime Conditions - Software - IT Channel News by CRN and VARBusiness

<u>Heartland Data Breach Could Leave 100 Million Accounts Exposed - Security - IT Channel</u> <u>News by CRN and VARBusiness</u>

Hotel Deals In 10 Travel Hot Spots - Forbes.com

BBC NEWS | Technology | Britannica reaches out to the web

I will now send out my weekly notes. I will then shut down the primary Vista computer, and I will go to bed soon. I will first eat a ham and baloney and cheese sandwich with 1/4th of a 5.5 ounce tube of Pringle sour cream and onion potato chips and a dill pickle slice with watered down passion punch. CIO

Note: <888> 01/24/09 Saturday 4:40 P.M.. I woke up at 6 A.M.. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I finished configuring the second Dell Latitude CS computer, and it works just fine. I am now backing it up to the Maxtor external hard drive. I also cleaned it with glass cleaner. I chatted with a relative earlier today. I threw out the garbage, and I went downstairs twice. I chatted with neighbors, and I picked up the mail. For my primary dinner, I ate some more of the reheated beef stew with watered down passion punch. It is suppose to get colder tomorrow. CIO

Note: <888> 01/24/09 Saturday 12:55 A.M.. SP2 is just about done. Good Night. CIO

Note: <888> 01/24/09 Saturday 12:50 A.M.. I could not get Ubuntu to go online with the second Dell laptop, so I did a quick low level format, and then I started installing an extra copy of XP Home that I had. I am now installing the Windows Updates. About a dozen keys do not work on the laptop, but it works fine with the extra keyboard plugged into it. I plugged a generic USB mouse into it. I also updated its bios. I ate two 6 ounce cups of

berry yogurt. I also ate two hotdogs with buns and ketchup and mustard and watered down passion punch. As soon as I finish installing SP2, I will shut down the systems for the night, and I will go to bed. It has been an exhausting day. CIO

Note: <888> 01/23/09 Friday 5:45 P.M.. I connected the second Dell laptop power supply to the Abit computer power strip, so that power strip has to be turned on to the second Dell laptop to work. I put the external floppy drive and the external CD drive and their connector cable on top of the JVC videotape player in the bedroom. I will hook it up with a Microsoft wheel mouse and mouse pad too. CIO

Note: <888> 01/23/09 Friday 5:35 P.M.. The beef stew came out the best that I have ever made. It took about 3.5 hours to make and clean up after making it. I sautéed in a 6 quart Revere pot, the beef, chopped onions, and chopped garlic in olive oil and margarine with ground black pepper, Italian seasoning, and garlic powder. I then added the 14.5 ounce can of chicken broth and a quarter cup of white wine along with the other seasonings like I have done in the past, and I simmered the beef mixture for about one hour and fifteen minutes before adding the vegetables and a stick of butter, which I simmered another 45 minutes. I made about eight 2 cup servings. I ate one serving with watered down passion punch, and I froze three servings, and I refrigerated four servings. I then threw out the garbage, and I picked up the mail. I chatted with neighbors. Earlier, I chatted with a relative twice.

UPS delivered this for \$11 and \$10 shipping for \$21 total to have the extra parts that I can use and the second Dell Latitude CS laptop computer <u>Dell Pentium II Latitude CS - eBay</u> (item 120362799026 end time Jan-19-09 15:35:55 PST). All of the parts seem to work fine, except some of the keys do not work on the Dell laptop keyboard, so I am using a spare Dell laptop keyboard attached to it. Its LAN card also has telephone jacks. It has a 4.8 gigabyte hard drive and 256 megs of memory. I did a low level format on it. I then installed the latest version of Ubuntu on it. I am now installing the updates. I clear the remaining spot on the oak dining table beside the spot where I eat. That spot is opposite the small computer table. I will set up the second Dell laptop there with the Dell keyboard for now. CIO

Note: <888> 01/23/09 Friday 10:35 A.M.. I will brought in the Crystal Rock water for a neighbor. The tile men are here to do the apartment across from the mail room. I will now make the beef stew now. Basically one cuts the rump roast into .75 inch cubes, and then dice the vegetables into cubes and smaller parts, and then one browns the beef cubes in the large pot with diced onions and garlic and olive oil, and then one adds a 14.5 can of chicken or beef broth and then a quarter cup of wine, and the other herbs and seasoning, and then one brings it to a boil and adds the vegetables and lets one simmer it for about 1.5 hours. If I have room, I will try to freeze half of it. I will now shut down the primary Vista computer and get to work cooking. CIO

Note: <888> 01/23/09 Friday 9:50 A.M.. I had a spare 3 port D-link USB 1.0 powered hub, so I put a second power strip on the primary power strip of the Toshiba laptop by the French reproduction chair, and I plugged the Toshiba laptop and the powered hub into it,

so the Toshiba laptop now has a powered hub, and both the Toshiba laptop and hub can be turned off by the power strip, so they do not run all of the time. Of course the second Dell Latitude CS will be in that location, when I get it. I received email two days ago that it was mailed from New York, New York, where ever that is in New York. I will now watered the plants, and then throw out the garbage and the waste paper. CIO

Note: <888> 01/23/09 Friday 8:40 A.M. My camera inventory is:

http://mikelouisscott.com/camera.htm

http://geocities.com/mikelscott/camera.htm . CIO

Note: <888> 01/23/09 Friday 8:15 A.M..

Gadget Xact XG2500 Headset Cordless Telephone - XQ2500 - Buy.com \$20

To use with my cameras and video cam, I ordered two <u>PQI 1GB 60X Secure Digital SD</u> <u>Card, Model AE21-1030-0101</u> for \$5.99 each with free shipping for \$11.98 total. CIO

Note: <888> 01/23/09 Friday 7:35 A.M.. On other more important news, the Greenwich Hospital Thrift shop has three used Compaq 17 inch LCD monitors for \$45 each, but if one looks for sales items, you can buy new 19 inch LCD monitors for about \$100 each today, so that is no bargain, unless you feel the need to donate money to the Greenwich Hospital. CIO

Note: <888> 01/23/09 Friday 7:15 A.M.. <u>BBC NEWS | The Reporters | Justin Webb</u> Obama sworn in second time without bible. CIO

Note: <888> 01/23/09 Friday 7:00 A.M.. I woke up at 4 A.M.. <u>www.foxnews.com</u> said that Caroline Kennedy has been having an extramarital affair with her newspaper boy from the New York Times <u>Kennedy Spokesman Decries 'Mudslinging' Over Senate Bid -</u> <u>Presidential Politics | Political News - FOXNews.com</u> in other words Punch Sulzberger's son or grandson. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. CIO

Note: <888> 01/23/09 Friday 12:10 A.M.. Well not much happening. I will now shut down the primary Vista computer, and I will go to bed soon. CIO

Note: <888> 01/22/09 Thursday 11:35 P.M.. According to the battery icon, the Dell Latitude CS laptop will run about 2 3/4 hours on a full battery charge. It has power saving features too.

2009 Detroit Auto Show - MSN Autos

Three Herbs That Sweeten Your Breath - RealAge Tip of the Day

Union Pacific's Pricing Power - Forbes.com

The Worst Is Yet To Come - Forbes.com

<u>Microsoft Eliminating 5,000 Jobs - IT Channel - IT Channel News by CRN and VARBusiness</u>

Microsoft: 'We are not immune' to economy; Cuts 5,000 jobs; Earnings fall short | Between the Lines | ZDNet.com

Microsoft's Early Earnings Sink Street - Forbes.com

BBC NEWS | Americas | New footage of Hudson plane

BBC NEWS | Entertainment | Spanish police seize 'fake' Dalis

BBC NEWS | Science & Environment | A billion frogs on world's plates

BBC NEWS | Business | Microsoft to cut up to 5,000 jobs

BBC NEWS | Asia-Pacific | Japanese firms unveil 'robocop' CIO

Note: <888> 01/22/09 Thursday 9:35 P.M.. I slept until noon. I ate a baloney, ham, and cheese sandwich with 1/4th of a 5.5 ounce tube of Pringle sour cream and onion potato chips, and a dill pickle slice, and a glass of watered down passion punch. I chatted with a friend about the price of tea in China. I chatted with someone that speaks English. I showered, and I cleaned up. I picked up the mail. The NEW DELL CS BATTERY 04915U SEALED IN BAG - eBay (item 200298385423 end time Jan-17-09 19:53:37 PST) for \$45 and \$4.80 shipping for \$49.80 total arrived. I put it in the Dell Latitude CS laptop, and I set it to show the battery icon on the tray bar. When I returned home five hours later it was fully charged. It is a new Dell 8012 battery made by Sanyo, so it should be a top quality battery. I went out, and I went to my regular 3 P.M. appointment. I then went by the Greenwich Hospital Thrift Shop, and I bought four 4 inch silk lamp shades for a dollar each for \$4 total. I ran into a college classmate that I had not seen in a while. I then went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I used the bathroom at the Senior and the Arts center before and after the walk. I toured CVS, but there was nothing that I needed to buy. I walked over to the Chase Bank on Mason Street, and I used the ATM machine there. They will be opening their new office at the old Harvey Electronics building just west of Greenwich Avenue on January 26, 2009, so the Mason street branch will be closing soon. I do not know if they will be consolidating any of the other offices in the downtown area or not. After my walk, I drove down by the waterfront on Steamboat Road, and I figured since 600 Steamboat Road is now a British Government operation, I better keep a close eye on it. I then went by the Greenwich Library, and I toured the facility. It seemed busier than normal with the local youth. I

then went by the Greenwich Automotive Services Gulf station, and I bought \$4 of self service premium for \$2.359 a gallon for 1.694 gallons at odometer reading of 62116 for 21.9 miles driving since Saturday January 10, 2009 at 12.92798 miles per gallon driving for the last two weeks. I checked the tires for 32 PSI. I lost one the valve caps while checking the tires, and Chris gave me three more, so I now have two spare ones. I went by the Stop and Shop, and I bought a 10 ounce Guldens mustard for \$1.50, two Oscar Meyer 16 ounce premium beef hotdogs for \$4.39 each, but they were suppose to be buy one get one free, so I will have to get my money back on the second one, the next time I go downtown, and a bottom round rump roast for \$2.29 a pound for \$8.04, a two pound bag of baby carrots for \$2.99, and Chiquita bananas for .64 a pound for \$1.62 for \$22.93 total. I will make up a beef stew tomorrow with the bottom round rump roast and vegetables that I have. I returned home. I chatted with a relative. I will now eat two hotdogs on buns with ketchup and mustard and a glass of watered down passion punch. CIO

Note: <888> 01/22/09 Thursday 9:00 A.M.. I baked and ate 12 ounce box of America's Choice fish sticks which I put mixture of ketchup and horse radish on along with my usual vegetable mixture with olive oil on it. I ate it all with a glass of watered down passion punch. I will now shut down the primary Vista computer, and I will take a nap. When one lives in a colder apartment, it helps to climb into a warm bed a little bit more often. CIO

Note: <888> 01/22/09 Thursday 7:55 A.M.. I chatted with a friend.

Investors Trade Up For Northern Trust - Forbes.com

Tracking is <u>UPS: Tracking Information</u> on the order for two <u>Netgear FA511 CardBus</u> <u>10/100 Ethernet Notebook Adapter: FA511R JustDeals.com Inc.</u> for .99 each and \$10.90 shipping for \$12.88 total.

Tracking is <u>UPS: Tracking Information</u> on the order for <u>Netgear WN511B Rangemax Next</u> <u>Wireless Notebook Adapter - eBay (item 310116513664 end time Jan-20-09 19:26:32 PST)</u> for \$10.58 and \$3.95 shipping for \$14.53 total.

Madoff Domino Falls In Caribbean - Forbes.com

<u>Heartland Payment Systems Hit By Data Security Breach -- Data Breach --</u> <u>InformationWeek</u>

Buffett's Burlington Northern Binge - Forbes.com

Norwich University

Biltmore Email Newsletter

<u>32 inch LCD HDTV for \$350 with free shipping FREE SHIPPING + A FREE HDMI</u> <u>CABLE @ Geeks.com!</u>

BBC NEWS | Americas | 'Polite' Britons died on Titanic

BBC NEWS | Science & Environment | New evidence on Antarctic warming

BBC NEWS | Technology | Windows worm trickery for Vista CIO

Note: <888> 01/22/09 Thursday 6:35 A.M.. I spent quite a while looking for my USB 1.0 four port hub, and I can not seem to find it anywhere. I wanted to use it on the second Dell Latitude CS laptop computer. The phone rang once for some odd reason. CIO

Note: <888> 01/22/09 Thursday 3:35 A.M.. I woke up at 2 A.M.. I had a call about 3 P.M. about the Microsoft Money 2007 program that I downloaded and would not install, but earlier my money had been refunded. I explained that the Microsoft Money 2007 program would not install. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. The order for two Philips 5-Outlet PowerSentry 540J PowerSquid Surge Protector - S10056600103/17 - Buy.com for \$9.99 each and free shipping for \$19.98 total arrived. I put them on the wicker rack at the bedroom door entrance. I have a 3 P.M. appointment today. CIO

Note: <888> 01/21/09 Wednesday 8:05 A.M.. All of my friends are too busy surviving anymore, so we do not chat much anymore. I ate 12 baby carrots with Old Bay Seasoning on them. I will now shut down the primary Vista computer http://mikelouisscott.com/computer.htm , and I will go to bed soon. CIO

Note: <888> 01/21/09 Wednesday 7:50 A.M.. I ordered two <u>Netgear FA511 CardBus</u> <u>10/100 Ethernet Notebook Adapter: FA511R JustDeals.com Inc.</u> for .99 each and \$10.90 shipping for \$12.88 total. CIO

Note: <888> 01/21/09 Wednesday 7:20 A.M.. If you want to see what the Indian Harbor Yacht club looks like without braving the cold weather, just look at this <u>Indian Harbor</u> <u>Yacht Club</u>. As I recall, the only two members of the Indian Harbor Yacht Club I ever knew as a kid, were Rocky Shepard who is president of King Features, and Oivind Lorentzen who is married to Norwegian royalty. My family were members of the Vanderbilt Country Club known as the Greenwich Country Club <u>http://www.geocities.com/mike2scott2006/Greenwich-Country-Club.jpg</u> which use to have a coal furnace from Holland, Michigan, so it tended to be warmer in the winter, if you like bowling. CIO

Note: <888> 01/21/09 Wednesday 5:55 A.M.. As I told the lady in Chase Bank on Mason Street that looked like Wallace Simpson, it does not matter what the price of <u>www.ford.com</u> stock is, since it is basically a private company with 40% owned by the family, 40% owned by the foundation, and 20% owned by the retirement fund. I also recommended that she invest in Platinum mining stocks based on Henry Jonker's advice, since he was able to move from Steamboat Road to Beach Road in Belle Haven, Connecticut after reading Barons and the Financial Times of London in the Greenwich Library before the internet made him a fortune. Of course he was from South Africa, so perhaps he left some money behind there when he left, which is no longer there anymore. I made a mistake about my older half sister whom I thought lived in Kenya. I was wrong, she lives in Tanzania <u>Tanzania - Wikipedia, the free encyclopedia</u> working as a medical professional. Of course a few years ago, she had a boy friend eaten by a Crocodile, so it is probably not safe to bother here. CIO

Note: <888> 01/21/09 Wednesday 5:40 A.M.. The only person that I ever saw in Greenwich, Connecticut and Newport, Rhode Island that looked like Henry <u>www.ford.com</u> was driving an old burgundy Jaguar with Connecticut license plate "ROYAL". Perhaps those Irish mechanics from Michigan don't have any money, and they are just some royal family's chauffeurs. CIO

Note: <888> 01/21/09 Wednesday 5:25 A.M.. I made a couple of routine telephone calls to do with the price of tea in China. Not much seems to be going on here. The mileage as I recall on the Audi is about 62,152 miles. Since I am a long term resident of Greenwich, Connecticut, I have no inclination to visit other areas, just so people from those areas can show up here and rob what little that we have. CIO

Note: <888> 01/21/09 Wednesday 3:45 A.M.. <u>I.B.M. Tops Forecasts and Expects a Good</u> <u>2009 - NYTimes.com</u>. <u>www.kenradio.com</u> reports <u>www.ibm.com</u> has a new antitrust suit filed against it. CIO

Note: <888> 01/21/09 Wednesday 2:45 A.M.. Since RBS | The Royal Bank of Scotland | Personal, Private, Business & Corporate Banking is now 70% owned by the British Government, and since RBSGC is owned by them, their office they rent from Janus real estate in Manhattan at 600 Steamboat Road is now managed by the British Government. General Reinsurance sold the office building to Janus real estate recently for \$200 or \$300 million down from the asking price of \$400 million. RBS is suppose to be moving all of their operations to their new 40 story building in Stamford, Connecticut, so once they move Janus real estate will probably have new tenants there across from the sewage plant. From my experience having lived on Steamboat Road for five years and having observed it for 25 years, from what I have been told by the local fishermen in the summer, most of the local fishermen down at the end of the road at the pier are either, Polish, Italian, or Russian mafia, and I think a lot of Irish mafia are seen around the Indian Harbor Yacht Club, so if there were any electronic eves dropping going on down there, more than likely one of the local mafia groups would be involved. It is interesting most of the hacking on my computers quit happening about the time people from Illinois were elected to office, and I used to have two daily users on my computer systems from Illinois that have not looked at it in a while. According to the www.fbi.gov, if I figure out whom it is, I can file an affidavit with the Connecticut attorney general, and then the FBI will investigate. My only recent solution has been to shut down the Cable Modem for a while to reset the IP address. It seems like they might have possibly put a key stroke logger on my computer, since when I am writing something sensitive, the computer seems to get frozen. Possibly they are monitoring my notes with a key stroke logger, and if they do not like what I write they

freeze my computer. It would seem that after over 500 calls to the New Haven, Connecticut FBI, they would have looked into it, so more than likely the government is cahoots with the hackers. Having read the first third of James Bamford's book the Puzzle Palace, I know the National Security Agency has the means of monitoring all communications. Moreover, they would have assets, so if I could prove it was a government agency, I could sue them for my lost time and work and inconvenience they have caused me. It would seem to me that since more than likely the Unites States government would not waste their time hacking me, somebody that is doing something illegal around the waterfront here in Greenwich, Connecticut is trying to prevent me from reporting on the waterfront. Since eight years ago, somebody shot at me with a rifle while I was out bird watching at Tod's Point, I have ample reason to suspect illegal activity in this area.

I made and ate a three egg omelet with four 1.5 inch by 1.5 inch by .25 inch slices of Stop and Shop Vermont extra sharp cheddar cheese along with grated parmesan and Romano cheese on it. I also ate three fried strips of bacon with a toasted English muffin with margarine and watered down passion punch. I went outside, and I threw out the garbage, and I started up the Audi, and I moved it to its usual place, and I ran it for 10 minutes to warm it up a bit and charge it up a bit. It started up right away in 13 degree Fahrenheit weather with the new battery. I brought up the mail. The order for <u>Flexible USB LED</u> <u>Light, Snake Light, Black</u> for \$3.99 with free shipping arrived. I put it on the Dell laptop, and I moved the other snake light to the Toshiba laptop. The new snake light has a switch to turn it on and off. I chatted with the Delamar Hotel down by the waterfront, and they are dead slow, and they cost about \$300 night if one books discount rates through the internet. There are a half dozen five star hotels in White Plains, New York, so most business traveler usually go over there, since there is better security and more full time services. CIO

Note: <888> 01/20/09 Tuesday 10:35 P.M.. Before going to bed, I had three unrecognized telephone calls on my wireless phone. I woke up at 8 P.M., when I had a telephone call for Breast Cancer fund raising that woke me up. I chatted with a relative.

I bought <u>Netgear WN511B Rangemax Next Wireless Notebook Adapter - eBay (item</u> <u>310116513664 end time Jan-20-09 19:26:32 PST)</u> for \$10.58 and \$3.95 shipping for \$14.53 total. I will use it on the second Dell Latitude CS laptop computer. CIO

Note: <888> 01/20/09 Tuesday 3:00 P.M.. I ate a baloney and turkey and cheese sandwich with 1/4th of a 5.5 ounce tube of Pringle sour cream and onion potato chips and a dill pickle slice and a glass of watered down passion punch. I will now shut down the primary Vista computer, and I will take a nap for a while. CIO

Note: <888> 01/20/09 Tuesday 1:50 P.M.. I ate ten baby carrots with Old Bay Seasoning on them while I was watching the inaugural. After the inaugural, I went outside, and I cleaned about two inches of snow off the Audi. I chatted with some neighbors and the building social worker. I chatted with a relative. Well, it looks to be a sunny day out, but I usually only go out when I first wake up weather permitting. Believe it or not all of the work on computers is quite time consuming, and it tends to wear one out, also it is very

hard on the eyes. For me it is a little bit more time consuming than point and click in the Greenwich Library or whatever some of the other local computer experts think. After about twenty years of personal computers, I tend to know what I am doing computer wise, but I have not had much time to pay much attention to other matters at large. Needless to say because of my vintage age of close to 59 years, it never lead into any high tech jobs, but that I guess is for the younger generation to get some experience.

Once I know the second Dell Latitude CS laptop computer works, I might get this item <u>Netgear WN511B 802.11n RangeMax Next Wireless PC (Netgear NET11903) :</u> <u>surpluscomputers.com</u> for \$18.99 with free shipping. However, money is tight, and there is no rush to get it, since more than likely I will not be using them with wireless much anyway. Since I have a well developed office at home, there is no need to put up with the distractions at the Greenwich Library, although it is a warmer place to work this time of year. I have gotten use to the colder conditions in the apartment for now, but as I get older that might not always be the case. I know my older neighbors are feeling the effects of the colder apartments more than ever. CIO

Note: <888> 01/20/09 Tuesday 10:55 A.M.. I chatted with a relative. I am watching the inaugural. I microwaved and ate a 18.5 ounce can of Campbell's chicken noodle soup which I ate with 10 Bremner crackers along with a glass of watered down passion punch. CIO

Note: <888> 01/20/09 Tuesday 7:20 A.M.. For the second laptop computer or the primary one, I ordered <u>Netgear WN511B Rangemax Next 802.11n Wireless-N Notebook Adapter:</u> <u>WN511B-100NAR JustDeals.com Inc.</u> for \$12.95, three <u>Netgear FA511 CardBus 10/100</u> <u>Ethernet Notebook Adapter: FA511R JustDeals.com Inc.</u> for .99 each, <u>Netgear FA331</u> <u>10/100 Mbps PCI Ethernet Network Adapter: FA331 JustDeals.com Inc.</u> for \$3.95 and <u>Logitech X-240 2.1 Speakers for PC iPod Zune MP3 Player PDA: 970285-0403</u> JustDeals.com Inc. for \$24.95

Note: <888> 01/20/09 Tuesday 7:20 A.M.. <u>Chrysler May Have An Italian Stallion -</u> Forbes.com

Tracking is <u>UPS: Tracking Information</u> on with coupon code "BF1144" for \$5 off shipping good through January 19, 2009; I ordered in 3XL <u>\$20 Guide Gear Flannel - Lined Denim</u> <u>Overalls, Blue, Men's Clothing, Guide Gear at Bargain Outfitters</u> for \$19.97 and .99 shipping for \$20.96 total.

Statement On Fiat-Chrysler Alliance - Forbes.com CIO

Note: <888> 01/20/09 Tuesday 6:20 A.M.. I had a telephone call from a relative after I went to sleep last night. The answering machine took the call. I woke up at 2:30 A.M.. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I went back to bed until 5 A.M.. I

washed the breakfast dishes. I made my bed. There is suppose to be Black Ice out there this morning <u>National Weather Service Watch Warning Advisory Summary</u>. CIO

Note: <888> 01/19/09 Monday 7:00 P.M.. I am a bit tired. I will now shut down the primary Vista computer, and I will go to bed soon. I will eat a yogurt before going to bed. CIO

Note: <888> 01/19/09 Monday 6:50 P.M.. I bought this for \$11 and \$10 shipping for \$21 total to have the extra parts that I can use and the second Dell Latitude CS laptop computer <u>Dell Pentium II Latitude CS - eBay (item 120362799026 end time Jan-19-09 15:35:55 PST)</u>. I could either move the Toshiba hard drive to the second Dell Latitude CS or I could put the copy of XP Home on the Dell that is now on the Toshiba. CIO

Note: <888> 01/19/09 Monday 6:10 P.M.. Well, I guess the Old Farmer's Almanac report that it would be a mild winter was not too accurate, but sometimes it is cold in the beginning of winter, and then it warms up around here a bit like we possibly get a warming effect from the ocean. When I built the garage apartment out on Long Island, I was painting outside in February 1982, but after I finished it, and made a side trip to Florida and returned there was a foot of snow, and when I got to Oslo, Norway there was six feet of snow on the ground that melted in a few days which seemed sort of curious that it could melt that fast. CIO

Note: <888> 01/19/09 Monday 5:35 P.M.. <u>FRYS.com | Samsung CLP-315 color laser</u> printer \$129.99 plus shipping CIO

Note: <888> 01/19/09 Monday 5:10 P.M.. I watched part of a Sherlock Holmes movie on television. I went downstairs, and I checked the mail, but today is a holiday, so there is no mail. I chatted with a neighbor. I gave a neighbor \$.90 off my laundry card, so the neighbor could dry her laundry. It is once again snowing outside, so it seems like we once again have wintry conditions for better or worse. CIO

Note: <888> 01/19/09 Monday 2:20 P.M.. !!!!! There goes Steamboat Road <u>British Banking</u> <u>Rescue, Round Two - Forbes.com</u>

ABC News New White House Limo , but does it have gasoline.

<u>RBS'</u> Annus Horribilis - Forbes.com

What RBS Did Wrong - Forbes.com

\$150 23" DVI Rotating Widescreen LCD Monitor Just \$149.99 @ Geeks.com!

<u>\$10 with free shipping Barack Obama Historic Victory Collectable Plate / Stand &</u> Certificate of Authenticity : Obama-Plate - Buy.com

After Bailout, British Banks May Get More Billions - NYTimes.com

BBC NEWS | Business | UK banking plan faces criticism CIO

Note: <888> 01/19/09 Monday 1:30 P.M.. I woke up, when I had a computer magazine telephone call at 9 A.M.. I renewed my free subscriptions to Eweek and CIO magazines. I chatted with a relative. I ate a three omelet with four 1.5 inch by 1.5 inch by .25 inch slices of Stop and Shop Vermont extra sharp cheddar cheese and grated parmesan and Romano cheese on top of it along with four strips of fried bacon and a toasted English muffin with margarine and a glass of 50% passion punch and 50% cold filtered water and a cup of coffee with splenda and milk. I threw out the garbage. I cleaned about three inches of snow off the Audi. I chatted with neighbors. I chatted with the <u>Key West Hotel Resorts & Florida Keys Beach Accommodations - Casa Marina Resort Key West</u>. Well from what I can tell not much is going on down in Key West, Florida, but I am sure the kids are trying to figure out some way to make money. Maybe they should try raking sea weed off the beach and selling it to the Japanese. Of course we could do that in Greenwich, Connecticut, since we are also on the ocean here. CIO

Note: <888> 01/19/09 Monday 5:40 A.M.. I will now shut down the primary Vista computer, and I will go to bed soon. Have a good day. CIO

Note: <888> 01/19/09 Monday 3:20 A.M.. <u>BBC NEWS | UK | UK Politics | Tories plan</u> <u>'energy revolution'</u>

Sunday, January 25, 2009 at 8 P.M. On the National Geographic Channel, Channel 162 on my Cable System <u>Air Force One | National Geographic Channel</u>. CIO

Note: <888> 01/19/09 Monday 2:15 A.M.. I will now reheat and eat the same linguine and tomato meat sauce dinner which I ate yesterday along which I will eat with a glass of watered down passion punch. CIO

Note: <888> 01/19/09 Monday 1:35 A.M.. With coupon code "BF1144" for \$5 off shipping good through January 19, 2009; I ordered in 3XL <u>\$20 Guide Gear Flannel - Lined Denim</u> <u>Overalls, Blue, Men's Clothing, Guide Gear at Bargain Outfitters</u> for \$19.97 and .99 shipping for \$20.96 total. CIO

Note: <888> 01/19/09 Monday 1:20 A.M.. I installed the updates on the Bedroom Gigabyte computer. I left the speakers switched turned on, so they come on with the Control Panel speaker switch along with the AT&T wireless router that also connects up the LAN cable to the bedroom Gigabyte computer.

All of my speaker systems work with the desktop computer now.

If one need 2.0 or 2.1 speaker systems, these deals are available:

2.0 <u>Cyber Acoustics CA-2012rb Amplified Computer Speaker System - CA-2012RB -</u> <u>Buy.com</u> \$13.72 free shipping

2.1 SW-4109 Multimedia Speaker System - SW-4109 - Buy.com \$35.99 free shipping. CIO

Note: <888> 01/18/09 Sunday 11:55 P.M.. <u>\$20 Guide Gear Flannel - Lined Denim Overalls,</u> Blue, Men's Clothing, Guide Gear at Bargain Outfitters

http://chris.pirillo.com/whats-new-in-windows-7-window-management

Op-Ed Contributors - Places He Remembered - NYTimes.com

<u>Sale Creative Labs : Home Page - The leader in Digital Entertainment for your PC and the Internet</u>

Note: <888> 01/18/09 Sunday 11:25 P.M.. I ate two bowls of reduced fat Cheez-its after the last note. I was not able to fall asleep until noon. I chatted with a relative about 9 A.M.. I finally woke up at 5:30 P.M.. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I chatted with a relative and a friend. I showered, and I cleaned up.

I made up a web page of my primary Vista computer with the Gigabyte motherboard CMOS or BIOS settings <u>Primary Gigabyte Computer CMOS Settings</u> . CIO

End of Scott's Notes week of 01/18/09:

Note: <888> 01/18/09 Sunday 5:55 A.M.. <u>Are costly energy bills draining your wallet? Win</u> the power struggle - Los Angeles Times

Apparently the World organization of volcano observatories does not endorse this list <u>Annual Eruption Forecast</u>

American painter Andrew Wyeth dies at 91 - Los Angeles Times

Foreign maker of next Air Force One? That may not fly - Los Angeles Times

'92 Ponzi Case Missed Signals About Madoff - NYTimes.com

<u>Recipe Garlic-Roasted Tomatoes</u>

CompUSA.com Acer 22 inch wide screen \$160

<u>Global Volcanism Program | Volcanic Activity Reports | SI / USGS Weekly Volcanic Activity Report |</u>

BBC NEWS | Americas | Crane pulls airliner from Hudson

BBC NEWS | Business | Microsoft is accused by EU again

I will now send out my weekly notes. I will then shut down the primary Vista computer, and I will go back to bed. Stay warm. CIO

Note: <888> 01/18/09 Sunday 4:55 A.M.. I put away the laundry. I moved the AT&T wireless router to the bedroom window on top of the speakers which I also replaced with a pair of speaker that I think are good, since the switch did not work on the other pair of speakers. One has to turn on the AT&T wireless router with the bedroom gigabyte computer control panel switch that turns on the power strip. This also enables the AT&T router to send the signal to the LAN cable connected to the bedroom Gigabyte computer. I moved the Linksys wireless router in the living room from on top of the Minolta laser printer to the right of the FIC computer monitors, which printer I might need to use to on top of the speaker on the window shelf behind the FIC server monitors. The repair on the Dell Latitude CS laptop computer with the bread tabs works, but one should not apply pressure to the cord when connected to it, and one should not move it with the power cord connected to it such as working off one's lap, but use it on a stable surface. Of course once the battery is installed in it that will not be a problem either. I tested the Dell laptop downstairs in the lobby with it plugged into the plug on the south side of the lobby, and it picked up the Linksys wireless signal from my apartment at about 45% connection, and I was able to test its download speed at 450 kbps and upload speed at 200 kbps, so the wireless works just fine in the lobby. The AT&T wireless works the same in the lobby, but there is no need to leave it turned on, except to have wireless in the bedroom or when using the bedroom gigabyte computer. There is a wireless signal for Vinci drive in the lobby, community room, and the laundry that is not secured, but its internet access which is probably a cable modem is not turned on, so one can not use it to go online. CIO

Note: <888> 01/18/09 Sunday 2:00 A.M.. I started two laundry loads on the dry cycle with 45 minutes to go. I noticed the Exxon station down by the border with Port Chester, New York is all lighted up like it is opened at night. The Mobil station at Weaver Street and West Putnam Avenue across the street I think is opened 24 hours, and it has a convenience store and a Dunkin Donuts. Also as usual the Shell Station on West Putnam Avenue is opened 24 hours. Also the Colonial Diner across the street from the Y.M.C.A. is opened 24 hours. CIO

Note: <888> 01/18/09 Sunday 1:40 A.M.. I ate two hot dogs on buns with ketchup with watered down passion punch. I threw out the old Dijon mustard. I threw out the garbage. I had one other small problem with the Dell Latitude CS laptop computer. The power supply adaptor works fine on the Dell Docking station, but when it was plugged directly into the Dell laptop, it would only work when it was in a downward position, and if there was upward pressure on the laptop power adaptor, the power would shut off. I fixed this by cutting a plastic bread tab in half, and I doubled up the two halves, and I slid them into the case above the power adaptor with the Number 9 tip works just fine when plugged directly into the Dell Latitude CS laptop computer. The bread tabs are wedged in tightly,

so they should not come out unless, they are pulled out. I started two loads of laundry, and I five minutes to go on the wash cycle. I also put clean sheets on the bed. CIO

Note: <888> 01/17/09 Saturday 11:20 P.M.. I went ahead and bought <u>NEW DELL CS</u> <u>BATTERY 04915U SEALED IN BAG - eBay (item 200298385423 end time Jan-17-09</u> <u>19:53:37 PST)</u> for \$45 and \$4.80 shipping for \$49.80 total.

The Dell 04915U <u>Replacement Power Dell Latitude CS CSX Series 4400mAh Battery</u> is the more powerful battery. I hope it holds its charge. CIO

Note: <888> 01/17/09 Saturday 10:45 P.M.. I will keep track of this store to see if they offer the one more cheaply that nobody is interested in <u>eBay Seller: barrys supply: Computers</u> <u>Networking, Business Industrial items on eBay.com</u>. Just because this one is new <u>NEW</u> <u>DELL CS BATTERY 04915U SEALED IN BAG - eBay (item 200298385423 end time Jan-17-09 19:53:37 PST)</u>, it does not tell how old it is, and batteries after three years are more do not work, so one need a fresh one. CIO

Note: <888> 01/17/09 Saturday 10:35 P.M.. I woke up at 8:30 P.M.. I did some more bottom fishing for Dell Latitude CS batteries, and this is the cheapest <u>NEW DELL CS</u> <u>BATTERY 04915U SEALED IN BAG - eBay (item 200298385423 end time Jan-17-09</u> <u>19:53:37 PST)</u>, but just because it is new, one does not know how old it is which makes a difference. I can get one <u>\$53 with free shipping New Battery for 7012P 8012P Dell Latitude</u> <u>CS 3600mAh - eBay (item 370103800699 end time Jan-25-09 13:12:38 PST)</u> all of the time, so I guess I will wait until I think I might need one, if at all.

Of course some of the batteries listed below are more powerful too, which makes them slightly more expensive. However, for now, I do not think I need one, since I am not currently using the Dell Latitude CS at all. CIO

Note: <888> 01/17/09 Saturday 11:55 A.M.. I finished backing up the Abit computer. I made and ate my usual linguine and tomato meat sauce dinner, and I refrigerated half, and I ate it with a glass of watered down passion punch. I will now shut down the primary Vista computer, and I will take a nap. CIO

Note: <888> 01/17/09 Saturday 10:30 A.M.. I did some more bottom fishing on the Dell Latitude CS battery, and there is nothing new available for less than \$50. Since I probably would not be outside using it until May 2009 anyway, there is no point in ordering one. If I used it inside in some location like the Greenwich Library, they have electric plugs, so I would not need a battery. I chatted with a relative. I finished defragmenting both partitions on the Abit computer, and I am now doing an internal and external backups to save the changes. I do not know weather defragmenting changes the file structure or not, so I guess it is best to back it up. CIO

Note: <888> 01/17/09 Saturday 8:30 A.M.. Mt Irvine, Tobago. CIO

Note: <888> 01/17/09 Saturday 8:20 A.M.. It is 81 degrees Fahrenheit in Tobago <u>Tobago</u> <u>Crown Point, Trinidad And Tobago RSS</u> and from what I can tell, we are pretty much colder here in Greenwich, Connecticut than anywhere else on the planet. CIO

Note: <888> 01/17/09 Saturday 8:15 A.M.. Well, it is minus 22 degrees Fahrenheit on top of Mount Washington <u>Mount Washington, New Hampshire (03589) Conditions & Forecast</u> : <u>Weather Underground</u> and 50 degrees Fahrenheit in London, England <u>London, United Kingdom Forecast : Weather Underground</u>. Thus it is my view point that it is a bit colder here in Greenwich, Connecticut than normal. CIO

Note: <888> 01/17/09 Saturday 7:40 A.M.. Other places to warm up in Greenwich, Connecticut besides the Greenwich Hospital, the Senior and the Arts Center, and the Greenwich Library are the train station when it is opened and possibly the Y.M.C.A.. CIO

Note: <888> 01/17/09 Saturday 7:40 A.M.. Says it is .7 degrees Fahrenheit outside <u>Greenwich, Connecticut (06830) Conditions & Forecast : Weather Underground</u>. On colder days and nights in the past, I have called my apartment "Siberia Sam's Social Club". It was 60 degrees Fahrenheit in the living room, when I woke up this morning, and it was 50 degrees Fahrenheit at the inside outside wall. I have turned on the two DeLonghi oil filled radiators to medium at level 4, and it is now 62.4 degrees Fahrenheit by the weather station by the oak dining table. CIO

Note: <888> 01/17/09 Saturday 7:30 A.M.. Batteries available for the Dell Latitude CS laptop computer:

8012P Replacement Laptop Battery for Dell laptop Latitude cs \$60 plus \$12 shipping

<u>\$53 with free shipping New Battery for 7012P 8012P Dell Latitude CS 3600mAh - eBay</u> (item 370103800699 end time Jan-25-09 13:12:38 PST)

<u>\$61 plus shipping New Battery for 7012P 8012P Dell Latitude CS 3600mAh - eBay (item 370103800699 end time Jan-25-09 13:12:38 PST)</u>

<u>\$60 with free shipping Battery for Dell 7012P 8012P Latitude CS CSI CSR CSX - eBay</u> (item 270328409286 end time Jan-17-09 00:16:22 PST)

<u>7012P, 8012P - High Performance Lithium Ion Main Battery Pack for Dell Latitude CS 400</u> - <u>Kahlon</u> \$69 plus shipping

Li-Ion Battery for Dell Latitude CS/CSX Series \$95 with free shipping

<u>NEW DELL CS BATTERY 04915U SEALED IN BAG - eBay (item 200298385423 end</u> <u>time Jan-17-09 19:53:37 PST)</u> \$45 with \$5 shipping

Dell Latitude CS CSI CSX Laptop battery \$82 with free shipping

Battery for Dell 7012P 8012P Latitude CS CSI CSR CSX - eBay (item 270326237972 end time Feb-04-09 13:10:00 PST) \$48.94 and \$15 shipping

<u>Cheap IM-M150260-GB Laptop Batteries, battery for DELL IM-M150260-GB</u> \$59.56 plus shipping

IM-M150260-GB Replacement Laptop Battery \$59.99 plus \$8 shipping

DELL IM-M150260-GB Batteries wholesale, cheap IM-M150260-GB Batteries, DELL replacement Laptop Batteries supplier/manufacturer --battery-store.org \$59.46 plus shipping

<u>laptop battery for dell IM-M150260-GB, dell laptop battery, dell IM-M150260-GB for</u> <u>laptop battery</u> \$59.99 plus shipping

<u>Dell IM-M150260-GB battery, Dell IM-M150260-GB Laptop Batteryat USA b2cbattery.org</u> \$59.99 plus shipping

plus two cheaper used ones here 8012P, Computers Networking items on eBay.com CIO

Note: <888> 01/17/09 Saturday 7:00 A.M.. I chatted with a relative about 7 P.M.. I finally woke up at 5 A.M.. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I am in the process of deframenting the C: and D: drive partitions on the Abit computer. On the bedroom gigabyte computer, I installed the Ubuntu updates. It was 3 degrees Fahrenheit when I woke up this morning. CIO

Note: <888> 01/16/09 Friday 6:20 P.M.. I put the Windows Live programs on the Abit Windows 7 beta 1 partition, and they are useful since the beta does not have an email program which Windows Live includes. I also installed DTV4PC. I backed it up to the internal hard drive, and I am now backing up the few changes to the external Maxtor hard drive which does not take long. I will now shut down the primary Vista computer, and I will go to bed once the backup is complete. It is suppose to go back down to 8 degrees Fahrenheit here again tonight, so stay warm. I am wearing my sweat pants and rugby shirt over my underwear with a light pair of GAP union suit on top of that and then the heavier L.L. Bean red wool union suit on top of that along with warm socks and a knit cap. Besides the sheets, I have an electric blanket on the bed and two comforters, so I am warm enough in the unheated bedroom which is about 60 degrees Fahrenheit.

<u>Heartland America: The Best Bargains, Closeouts and Special Buys on Brand Name</u> <u>Electronics, Hardware, Housewares, Jewelry, Computers, Gifts and More!</u> sells Sunbeam electric blankets in various sizes

Heartland America: Sunbeam Electric Blanket

Heartland America: Full Sunbeam Electric Blanket

Heartland America: Sunbeam Arlington Full Electric Blanket .

I have a bit of intestinal gas or fart gas, since I have been using two year old or more Dijon mustard on the hot dogs, which I guess gives me Mustard gas or some similar effect.

I will now shut down the primary Vista computer, and I will go to bed once the backups are complete. CIO

Note: <888> 01/16/09 Friday 4:30 P.M. IBM Could Feel The Pinch - Forbes.com

<u>Citigroup In Pieces - Forbes.com</u>

Citi Breaks Up; Inflation Down - Forbes.com

Citigroup: The Breakup Investors Sought - Forbes.com

http://chris.pirillo.com/whats-new-in-windows-7-a-lot

U.S. Rescues Bank Of America - Forbes.com

Observatorio Vulcanológico y Sismológico de Costa Rica

Observatorio Vulcanológico y Sismológico de Costa Rica

Windows 7 Beta | Support, Deployment, Resources

<u>Circuit City Crumbles - Forbes.com</u>

Best of Show from CES 2009 - MSN Tech & Gadgets - CES 2009: Consumer Electronics Show - Slide Show - 1

BBC NEWS | Americas | NY mayor hails 'hero' crash pilot

BBC NEWS | Technology | Three million hit by Windows worm CIO

Note: <888> 01/16/09 Friday 3:00 P.M.. I woke back up at 8 A.M. this morning, when a friend called. It was three degrees below zero in Great Barrington, Massachusetts near the Butternut Ski area. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I chatted with a relative. I read the recent periodical computer literature including the computer magazines. I then threw them out. I threw out the garbage too. I picked up the mail. I watered the plants. I installed Commuter Associates Internet Security Suite on the Windows 7 beta 1 partition on the Abit computer

along with the most recent version of Microsoft Messenger 9. I also have already installed the most recent version of <u>www.openoffice.org</u>, so the Windows 7 partition on the Abit computer is for practical purposes a working office computer. I have not yet configured the email program, but that is not necessary, since I will not be checking my email on the beta computer. I am now backing up the changes to the second hard drive and then to the Maxtor external hard drive. I also watered the plants. I will now eat two Nathan hot dogs on buns with Dijon mustard and ketchup and watered down passion punch. I turned off the DeLonghi oil filled radiators electric heat around noon, and it is about 65 degrees

Fahrenheit in the apartment. CIO

Note: <888> 01/16/09 Friday 5:55 A.M.. I will now shut down the primary Vista computer, and I will go back to bed. It is currently 8 degrees Fahrenheit in Greenwich, Connecticut, and minus 22 degrees Fahrenheit in Kennebunkport, Maine and 63 degrees Fahrenheit in Key West, Florida. CIO

Note: <888> 01/16/09 Friday 5:35 A.M.. Xerox Phaser 6180/N Color Laser Printer \$200 with free shipping

Says here that Obama smokes cigarettes <u>Media Matters - Gibson called Obama's long-</u> <u>known cigarette smoking a ''dirty little secret''</u> and <u>Political Radar: Obama Admits</u> <u>Smoking Cigarettes in Last Few Months</u> and <u>Barack Obama says he won't smoke</u> <u>cigarettes in the White House -- chicagotribune.com</u> with Marlboro his preferred brand.

I made up another batch of Passion Punch.

Earlier, I watched President Bush's farewell address. I guess he will now have more time for Bone Fishing in Islamorada, Florida. CIO

Note: <888> 01/16/09 Friday 3:40 A.M.. It was 61 degrees Fahrenheit in my apartment, when I woke up. I turned on the two DeLonghi oil filled radiators in the living room at medium at level 4 temperature setting, and it is now 64.2 degrees Fahrenheit in the apartment. With my <u>L.L.Bean: Search Results Union Suits</u>, I am comfortable enough. CIO

Note: <888> 01/16/09 Friday 3:15 A.M.. I woke up at 12:30 A.M.. It is 8 degrees Fahrenheit here in Greenwich, Connecticut, and it is Minus 20 Degrees Fahrenheit in Kennebunkport, Maine. I ate a three egg omelet with processed cheese and grated parmesan and Romano cheese and five strips of fried bacon and a toasted English muffin with olive oil and watered down passion punch. I finished configuring the Windows 7 partition on the Abit computer. FTP to my server will not work and the Leadtek TV Expert PCI card does not work with Windows 7. I am backing it up to the second hard drive, and then I will back it up the Maxtor external hard drive. CIO

Note: <888> 01/15/09 Thursday 7:15 P.M.. The order for <u>Amazon.com: DELL 7012P</u> <u>Laptop Battery (Equivalent): Electronics</u> for \$7.95 and \$8.95 shipping for \$16.90 total was cancelled. **Biltmore Email Newsletter**

Cities and Volcanoes Commission of IAVCEI - Home

Shabby Chic Consignment Boutique

The Glenlivet Celebrate Burns Night January 25

Windows 7 Beta | Support, Deployment, Resources

BBC NEWS | Americas | Airbus crashes in New York river

<u>Key West Hotel Resorts & Florida Keys Beach Accommodations - Casa Marina Resort</u> <u>Key West is now Waldorf Astoria Collection</u>. Of course although Baron Hilton is supposedly behind the hotel chain, since the last time I looked the <u>His Highness the Aga</u> <u>Khan's 72nd Birthday - Mowlana Hazar Imam's 72nd Birthday - December 13, 2008</u> was the door man at the Waldorf Astoria, more than likely he is involved in the operation too or some of his minions.

This is about the best deal, I can find for the Dell Latitude CS battery <u>http://www.gizmos2go.com/dell-7012p-8012p-notebook-and-laptop-battery-cs-de8102nb_1-</u> <u>.html?utm_source=nextag_shopping&utm_medium=nextag&utm_campaign=product</u>, but I do not think it is worth spending anymore money on it.

This is the cold weather warning being put out:

"Hello, this is Peter Tesei, First Selectman of the Town of Greenwich with an important message. Due to the extreme cold weather conditions we are experiencing, Greenwich is offering three locations as emergency warming centers. The warming centers are The Greenwich Senior Center 299 Greenwich Avenue Thurs & Fri 8am 4pm The Greenwich Library -101 West Putnam Avenue Thu & Fri 9am-9pm, Sat. 9am-5pm & Greenwich Hospitals Main Lobby 5 Perryridge Road - Thu, Fri, Sat 8am to 6pm. For incidents after these hours please contact the Greenwich Police Department Non-Emergency Number at 1-203-622-8000 for assistance."

I am a bit tired, so I will now shut down the primary Vista computer, and I will go to bed soon. I will first eat two hot dogs with buns and ketchup and Dijon mustard and watered down passion punch. Have a good night and stay warm. CIO

Note: <888> 01/15/09 Thursday 4:30 P.M.. I was awake at 4:30 A.M. this morning. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I worked on configuring the Abit computer Windows 7 beta 1 partition. The Netgear USB Print Server PS121 will not work with it. However, I put a longer USB cable on the Samsung color laser printer, so one can disconnect it from the Netgear PS121 USB printer server and connect it directly to the front Abit USB 2.0 port, and that way the Samsung color laser printer will work with it. The Netgear FR114P printer router driver works, but one has to install it with administrative privileges. I have the Abit computer mostly configured with Windows 7, except I have not installed the Leadtek TV card program yet. I signed my new lease with the Greenwich Housing Authority at 10 A.M.. I ate a baloney and turkey and cheese sandwich on a Kaiser roll with a dill pickle slice and 1/8th of a 5.5 ounce tube of Pringle sour cream and onion potato chips. I showered, and I cleaned up. I went out, and I cleaned the small bit of snow off my car. I went to my 3 P.M. appointment, and I returned. I picked up the mail. It is suppose to go down to 6 degrees Fahrenheit this morning <u>Greenwich, Connecticut (06830) Conditions & Forecast : Weather Underground</u>. I chatted with a relative this morning. The Town of Greenwich has set up warming centers Greenwich officials prepare for single-digit temps - Greenwich Time . CIO

Note: <888> 01/14/09 Wednesday 11:15 P.M.. I guess now that all of the democrats are going to Washington D.C., the Republicans can go to <u>Live Duval Street Web Cam in Key</u> <u>West, Florida :: Sloppy Joe's Bar ::</u> . CIO

Note: <888> 01/14/09 Wednesday 11:05 P.M.. I am a bit tired, so I will now shut down the primary Vista computer, and I will climb back into a warm bed. Stay warm. I guess there is not much left of the "Freezing Norwegian Patrol", since the Norwegians seemed to have so much money, they all went south for the winter. CIO

Note: <888> 01/14/09 Wednesday 10:00 P.M.. I will make and eat the same steak dinner as last night. CIO

Note: <888> 01/14/09 Wednesday 9:55 P.M. I ordered <u>Flexible USB LED Light, Snake</u> <u>Light, Black</u> for \$3.99 with free shipping. CIO

Note: <888> 01/14/09 Wednesday 9:20 P.M.. Earlier, I installed the Windows updates on the FIC server. I also threw out the garbage, and I picked up my mail. I have to sign my lease with the Greenwich Housing Authority downstairs in the community room tomorrow between 10 A.M. and 1 P.M.. I also have a 3 P.M. appointment weather permitting. CIO

Note: <888> 01/14/09 Wednesday 8:45 P.M.. I chatted with a friend this morning, and I did a Vista complete PC backup from the first hard drive to the second hard drive. I ate half of 13.5 ounce box of reduced fat Cheez-its with some watered down passion punch. While I was asleep, I had a telephone call from Microsoft today, but I was too tired to talk. I woke up at 3 P.M.. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I chatted with a friend and a relative. I did a Vista complete PC backup of the primary Vista computer to the Maxtor external hard drive.

PacificGeek.com has \$4.95 shipping today.

I ordered from <u>Amazon.com: DELL 7012P Laptop Battery (Equivalent): Electronics</u> for \$7.95 and \$8.95 shipping for \$16.90 total. That is the battery of my Dell Latitude CS laptop computer that I found on Christmas day, and I have configured to work. I chatted with a relative.

I reattached by sewing on the buttons on each of my sleeves of my John Lauren quilted Stewart Dress shirt that I wear in cold weather.

There is suppose to be extremely cold weather the next two nights with temperatures down into the single digits <u>Greenwich</u>, <u>Connecticut (06830)</u> <u>Conditions & Forecast : Weather</u> <u>Underground</u>. CIO

Note: <888> 01/14/09 Wednesday 6:30 A.M.. I will now shut down the primary Vista computer, and I will go to bed soon. Have a good day. I ate some Triscuts yesterday morning. CIO

Note: <888> 01/14/09 Wednesday 6:15 A.M.. I was invited to beta test Norton Online Backup, so I downloaded the small program. They gave me 25 gigabytes of online storage space, so I backed up 9932 files mostly URLs or 2.92 gigabytes of files. It took about two hours to back up the files online. The beta lasts until January 15, 2010. I am suppose to get a free copy of Norton Ghost 3 to use with it, but I can not find the link to download it.

The Norton Backup Web Link is at <u>https://nobu-beta.backup.com/session/new</u>, but without the small program that I downloaded, one can not use it, I don't think.

While doing that I took down my Christmas decorations. I stored away the small artificial Christmas tree and the artificial wreath from the front door, and a few other small decorative items. I put the two artificial floral wreaths on the front door. I put the large beer stein with the missing handle on the teak stand on the lazy Susan along with a few other small bric-a-brac items on the oak dining table. I had a second power strip on the dining table for the Christmas tree lights, so I moved the power cords for the Samsung color laser printer and its Netgear USB print server to the second power strip, so to use the Samsung color laser printer on the Network, one has to turn on the second power strip. To symbolize the warmth in the apartment we have no longer felt for quite a long time during the winter, I put out the Brazilian pen holder that a Brazilian friend gave me over 20 years ago. However, I no longer have the engraved silver Mark Cross pen that came with it, since when I lived on Steamboat Road, I had three Irish visitors over for beer, and it seemed to have disappeared that evening. However, I replaced it with a www.harvard.edu pen that I bought at Staples as a clearance item that still works after all of these years. The primary Vista computer has not frozen since I put the third one gigabyte PNY PC3200 memory strip back in it along with the other two, so maybe my recent freezing problem was cause by switching the memory that I did when I put in the new 512 meg. video card in the Epox computer. I name my computers after their motherboards and locations and operating systems. However, I had blue screen problems with the previous memory setup, so maybe by changing some CMOS settings which I did earlier a week or more ago, I have solved any primary Vista computer problems. CIO

Note: <888> 01/14/09 Wednesday 4:10 A.M.. <u>Fee to Bill Clinton raises questions - Los</u> <u>Angeles Times</u>

News Analysis - Banks in Need of Even More Bailout Money - NYTimes.com

BBC NEWS | Americas | US 'fake death businessman' found

BBC NEWS | Americas | Blair receives medal from Bush CIO

Note: <888> 01/14/09 Wednesday 3:00 A.M.. <u>Western Partners Bail On Bank Of China -</u> <u>Forbes.com</u>

Rethinking IT - Forbes.com

<u>IBM US Announcement Letter Revised availability: IBM Lotus Notes and Domino 8.0.2</u> <u>national language versions</u>

Hot Hard Drive Deals @ Geeks.com!

<u>Search Product - ArtsCow.com | Digital Photo Prints, Photo Books & Custom Gifts</u> \$8.99 with free shipping with coupon code ''WALLCLOCK899'' , but it might ship from China, so you would pay customs duty on it.

I ordered two <u>Philips 5-Outlet PowerSentry 540J PowerSquid Surge Protector -</u> <u>S10056600103/17 - Buy.com</u> for \$9.99 each and free shipping for \$19.98 total. CIO

Note: <888> 01/14/09 Wednesday 2:15 A.M.. I installed the Windows updates on the primary Vista and the Abit computers. On the Abit computer, the Windows Media player would not work after reconfiguring the system. The fix is to delete the "DRM" folder which is in different places depending on your operating system, so now the Windows Media player works on the Abit computer. I am now copying the Server folder to the Windows 7 partition, since the first partition is invisible in Windows 7. I will then copy it to the second hard drive. I then have to do a backup to save the changes to the second hard drive and then to the Maxtor external hard drive. It seems like I do more systems maintenance with all of the computers in the apartment than actually using them. CIO

Note: <888> 01/14/09 Wednesday 1:00 A.M.. I did some system's maintenance. I took one of the 1 gigabyte PNY 3200 memory strips out of the Abit computer, and I put it in the primary Gigabyte computer. The 1 gigabyte generic memory that I took out the primary Gigabyte computer, I put in the Abit computer. I also removed the 93 gigabyte Maxtor hard drive from the primary Gigabyte computer, and I put it in as a second hard drive in the Abit computer, and then I backed up the first hard drive with both partitions to the second hard drive on the Abit computer. I took the spare LG DVD/RW drive, and I put it in the primary Vista Gigabyte computer. This took a while. Current system at http://mikelouisscott.com/computer.htm. CIO

Note: <888> 01/13/09 Tuesday 10:25 P.M.. <u>Citi Overall Expected After Morgan Stanley</u> <u>Deal - Forbes.com</u>

The Internet's Godfather - Forbes.com

Koryaksky volcano, webcam (KVERT)

KVERT information releases

CO Meeting Organizer EGU2009

EGU2009

IAMCP CIO

Note: <888> 01/13/09 Tuesday 9:35 P.M.. I finally got around to watering the plants last night, before I went to bed. I ate the sautéed steak with Lea and Perrins Worcestershire sauce and A1 Bulls Eye steak sauce. I sautéed a 13 ounce New York strip steak, by putting 1.5 tablespoons of olive oil in a 10 inch diameter frying pan on medium high electric burner heat, and I add two cloves of peeled and minced garlic. Once the olive oil bubbles, I turn the steak about every minute. After the first side has cooked for a minute, I season it with garlic powder, ground black pepper, and Italian spices, and then I do the other side after it has cooked for a minute. I basically cook about a .75 inch steak about four minutes a side all together. I then put the hot frying pan on a dinner plate to warm up the dinner plate, and when I put the steak on the dinner plate, I put the chunks of toasted garlic on top of it. This is a leaner less cholesterol way of cooking the steak instead of using butter with the olive oil.

I make the vegetable mixture by taking one medium size potato, and I cut it into 1/3rd inch cubic chunks. I put about .75 inch of water in plastic microwave pot with lid, and I add the potato chunks, about 10 baby carrots, and about six sprigs of broccoli, and I microwave it in a 1100 watt microwave oven on four vegetable cycles. I then drain the water out of the plastic pot with its lid, and I put the vegetables in a bowl with a couple of tablespoons of olive oil on them. I use a plastic squeeze bottle to dispense olive oil. One buy plastic microwave cookware at <u>www.walmart.com</u>. CIO

Note: <888> 01/13/09 Tuesday 8:15 P.M.. The order with tracking of <u>UPS: Tracking</u> <u>Information</u> on the order that I subscribed to the Lee Jeans newsletter from this link <u>Buy</u> <u>Lee Jeans, Denim Apparel, Pants, Shorts, Skirts, Capris and Khakis</u>[#] for a 20% off coupon code, they emailed me right away. Then at <u>New Lee Jeans 40% off with free shipping</u>, I ordered two 46 inch waste and 30 inch length in dark stone <u>Lee Store - Product Detail</u> <u>Regular Fit Jean - Big and Tall</u> for \$22.99 each pair less the 20% off coupon for \$9.20 reduction for \$36.78 total order with free shipping on over \$25 order arrived about 10 A.M. this morning. I woke up at 1 P.M.. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up. I went out to my 3 P.M.. appointment. I then walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I used the bathroom at the Senior and the Arts center before and after my walk. I stopped by CVS, and I bought two CVS SuperAdvanced soft toothbrushes for \$3 both and .18 tax for \$3.18 total. I walked by the Chase Bank on Mason Street, and I got some quarters to have available for parking downtown. I told them they should have bought the Greenwich Time building on East Elm street for a new bank, since it is safer to park there with safer entrance and exit from the parking area as opposed to the Putnam Avenue at Greenwich Avenue. The Van Driver men's clothing store building just east of the Greenwich Time building is also for sale. I finished my walk. I went by the Greenwich Library. I found a Mickey Mouse doll in the parking lot that I left at the reception desk lost and found. I chatted with a regular computer user. I then returned home. I picked up my mail. I chatted with my new neighbor from the Ukraine. I chatted with a relative. I tried on the new Lee Jeans. Waist 46 inches and length 30 inches is about the right size for me, since when I tuck my shirt in the winter, it uses an inch or so, and since I wear suspenders, it does not matter if they are a bit loose. Also when one sits down, one's belly tends to expand out, so they will be more comfortable in a sitting position. I will now make and eat the same sautéed steak and vegetable mixture, which I will eat with a glass of watered down passion punch. CIO

Note: <888> 01/13/09 Tuesday 4:10 A.M.. I tried out the tracking is <u>FedEx | Track</u> on the order for <u>Digital Concepts 5.1MP 4x Digital Zoom Camera/Camcorder w/2.0'' LCD Digital</u> <u>Concepts 35480</u> for \$31.99 and \$9 FedEx ground shipping for \$40.99 total. It seems to work just fine, but the video in a dark apartment does not come out too well.

Video link here http://mikelouisscott.com/mls-apt-011309/.

I used the 1 gigabyte SD card from the Polaroid digital camera. It is suppose to take 140 minutes of video. It uses three AAA batteries. I suppose in the daylight it would work better. I put it in the camera bag with my other digital cameras.

Whenever my computer gets hacked which happens several times a night by unknown hackers, I turn off the cable modem to reset the Cable modem IP address. I will now shut down the primary Vista computer, and I will go to bed soon. CIO

Note: <888> 01/13/09 Tuesday 2:00 A.M.. Sony Free \$10 Picture Card Confirm Promotion

Welcome to Windows 7 download beta 1

Windows 7 Beta Frequently Asked Questions (FAQ)

JPMorgan Gets Ahead Of The Game - Forbes.com

CES 2009 - CES news & blogs - CNET

IBM's Sharp New Focus - Forbes.com

Ballmer previews Windows 7 | Videos on ZDNet

<u>Microsoft Offers Unlimited Windows 7 Downloads - Software - IT Channel News by CRN</u> and VARBusiness

ABC News: Bush Holds Final News Conference

\$250 ThinkPad R51 Pentium M 1.6GHz Laptop w/Windows XP @ Geeks.com

BBC NEWS | Europe | Russia set to restart gas supply

BBC NEWS | Science & Environment | Rabbits devastate island wildlife

BBC NEWS | Technology | Windows 7 now 'available to all'

I have a 3 P.M. appointment today. CIO

Note: <888> 01/12/09 Monday 11:40 P.M.. I woke up at 3 P.M. today, when I had a computer telephone call from CVS. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I went back to bed until 5:30 P.M.. I chatted with a relative. I opened up the Abit computer, and I connected the front panel USB cable to the motherboard, so the front panel USB 2.0 ports now work. When I was building the Abit computer on the bed last night, I lost its generic case lock, which will probably surface some time in the future. I was told last Friday night at T-Mobile on Greenwich Avenue that they have shut down the 60 year old graphite reactor at the Brook Haven National laboratory across the way from Greenwich, Connecticut out on the North Shore of Long Island. I think it is in Cold Spring Harbor. I showered, and I cleaned up. I went out, and I went by CVS on Greenwich Avenue. I picked up a prescription. I also bought two 1 liter bottles of CVS oral antiseptic mouse rinse for \$2.99 each and .36 tax for \$6.34 total. I then went by the Chase Bank ATM machine on Mason Street. They are suppose to open their new office at the old Harvey Electronics store just west of Greenwich Avenue on January 26, 2008. That is a dangerous driveway to drive in and out. I then went downtown, and I walked the entire length of Greenwich Avenue and the train station area. Renaissance Capital seems to still be in business at the southeast train station building. I used the bathroom at the senior and the arts center. I stopped by CVS again, and I bought two 12 packs of CVS twin blades razors with rubber handles for \$3 each package and .36 tax for \$6.36 total. I finished my walk. I cleaned the snow and ice off the two benches on either side of the veterans monument across the street from the senior and the arts center. I clean off the three benches in front of the senior and the arts center. Thus the rest of the ice should melt in the daytime, so they will be comfortable to sit on for any cigarette smokes outside in the cold. I next went by the Stop and Shop, and I bought a 24 ounce box of VanderKamps frozen fish filets for \$4.21, five 14.5 ounce cans of College Inn low fat chicken broth for \$1 each, two 9.5 ounce tubs of Stop and Shop deli sliced honey ham for \$2.50 each tub, a two pound bag of baby carrots for \$2.99, fresh green Chiquita bananas

for .64 a pound for \$1.40, and fresh broccoli crowns for \$1.99 a pound for \$2.57 for \$21.17 total. I chatted with another computer person. I returned home, and I put away my purchases. I will now eat a sautéed precooked Plumrose 6 ounce ham steak with Dijon mustard on it, and my usual vegetable mixture with olive oil and a glass of watered down passion punch. CIO

Note: <888> 01/12/09 Monday 8:20 A.M.. <u>Alexander Hamilton -- Britannica Online</u> <u>Encyclopedia</u>

John Hancock birthday

To Get on the Web, Turn On Your TV - NYTimes.com

AGU 2009 Joint Assembly

!!! <u>Annual Eruption Forecast</u>

BBC NEWS | Special Reports | Audio slideshow: Bush's eight years

Hospital opens new surgery center - Greenwich Time

Cell Phones & Devices - | Wireless from AT&T, formerly Cingular

<u>McAfee Total Protection 2009 - MTP09EMB3RAA - Buy.com</u> 3 license \$15 with free shipping.

I will now shut down the primary Vista computer, and I will go to bed soon.

Earlier, I ate two Florida tangerines and a glass of watered down passion punch. CIO

Note: <888> 01/12/09 Monday 7:05 A.M.. I went ahead, and I removed the matsonic motherboard from the Matsonic computer, and I put in the Abit motherboard mentioned below, so it is now the Abit computer. I also installed one of the refurbished Thermaltake Volcano cpu coolers. It works just fine, and it boots from the DVD drive too. The front USB ports do not seem to work though. Perhaps, I removed the plug from the motherboard by mistake. I will check it later. I installed the plug and play drivers for the motherboard on the primary operating system, and it works just fine. I then installed Windows 7 on a second 40 gigabyte partition on the 160 gigabyte hard drive. I did a minimal configuration of Windows 7. I am now backing it up to Maxtor external hard drive. CIO

Note: <888> 01/11/09 Sunday 10:55 P.M.. I tried reflashing the bios on the Matsonic computer motherboard, but the AMI Bios Flash update would not work.

When I have time, I could try putting this motherboard <u>© AMDboard.com - Abit KW7</u> VIA KT880 Motherboard Special and <u>NOT your daddy's Abit board. SADLY. - Abit KW7</u> <u>Motherboard - Epinions.com</u> that I bought for \$35 and \$12 shipping for \$47 total November 2006, which more than likely would work with the existing operating system and Windows 7. CIO

Note: <888> 01/11/09 Sunday 7:00 P.M.. I did a Vista complete PC backup of the primary Vista computer from the first hard drive to the second hard drive, before going to bed early this morning. I also ate the last piece of cherry pie. I went to bed after the last note. I woke up at 11:30 A.M. this morning. I chatted with a relative. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I chatted with two relatives. I cleaned a few inches of snow and ice off the Audi. I put clean linens on the bed. I did two loads of laundry. I put Windows 7 on the Northgate Syntax computer on the second hard drive. It installed without any problems, however it does not show the first hard drive, so I can not at this point use it to backup the entire system. I still have to configure it a bit. I tried to put Windows 7 on the Matsonic computer, by changing the DVD/RW and CD/RW drives from Cable Select to Master Slave, and that still did not work, and then I tried the external USB DVD/RW drive, and that did not work. On the primary Vista computer, I did a Vista Complete PC backup from the first hard drive to the Maxtor external hard drive. I do not at this point have room to put Windows 7 on the primary Vista computer in a seperate partition. I have two new spare Maxtor 320 gigabyte hard drives, so possibly I could reconfigure the hardware to be able to put Windows 7 on in a seperate partition, but that would be a future project, I would have to think about. I will now eat the same dinner as last night. I will then shower and clean up. CIO

End of Scott's Notes week of 01/11/09:

Note: <888> 01/11/09 Sunday 2:20 A.M..

Download the Windows 7 Beta

I received a Christmas letter today with photographs of <u>Vice President of the United States</u> <u>- Richard B. Cheney</u> and <u>Mrs. Lynne Cheney</u>. I put in the frame on the upper ride side of the apartment entrance door.

<u>President Bush and Former President George H. W. Bush Attend Commissioning</u> <u>Ceremony of the U.S.S. George H.W. Bush</u>

Thomas Paine -- Britannica Online Encyclopedia

Windows 7 Public Beta Available For First 2.5 Million Participants

BBC NEWS | Europe | Istanbul's ancient past unearthed

BBC NEWS | Science & Environment | On the trail of the Arctic wolf

BBC NEWS | Technology | Greener shades at world's tech show

I will now send out my weekly notes. I will then shut down the primary Vista computer, and I will go to bed soon. CIO

Note: <888> 01/11/09 Sunday 12:50 A.M.. I was able to install Windows 7 X86 edition on the Epox computer without any problems. It works just fine. The Creative web cam and the Hauppauge TV card drivers are not recognized though. I will not configure it just now. I shut down the Epox computer. I sautéed one of the steaks, and I ate it with my usual vegetable mixture and a glass of watered down passion punch, and I ate it all with a glass of passion punch. Last I heard it is suppose to be wintry weather with sleet until 10 A.M. this morning <u>National Weather Service Watch Warning Advisory Summary</u>. CIO

Note: <888> 01/10/09 Saturday 10:30 P.M.. I woke up at 3 P.M. this afternoon when a relative called.

The relative was excited about seeing <u>USS George H.W. Bush commissioned - CNN.com</u> .

For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I threw out the garbage, and there was about four inches of snow on the ground.

!*!*!*! I was able to download Window7 X86 from <u>Windows 7</u> and going to <u>Windows 7</u> <u>Beta Customer Preview</u>. They send you an email with the Product registration and download link once you sign in.

I burned two copies of the Windows 7 X86 to DVD with Nero. I chatted with a relative and a friend.

I tried booting the Windows 7 DVD X86 on the Matsonic computer, but its DVD drive would not boot it. I tried some other CMOS settings. I finally shrunk the Epox computer second hard drive to make a 20 gigabyte partition, and I am now installing Windows 7 X86 on it without any problems. I will now burn two copies of the Windows 7 64 bit version. CIO

Note: <888> 01/10/09 Saturday 6:55 A.M.. Well not much happening over here in northwest Belle Haven, Connecticut. Me thinks that Microsoft is telling a fib about 2.5 million people being able to download Windows 7 beta. More than likely with all of the flooding in the Seattle, Washington area, they have experienced some sort of technical problems. Well, we are in for snow starting at 11 A.M. this morning, so get use to being inside. I do not drive until the roads are cleared, since my Audi only has about a 1/4th to 3/8th of an inch tread on the tires, and from experience, I do not think it is safe to drive in snowy slippery conditions despite any vehicle that one might have. I will now shut down the primary Vista computer, and I will go to bed soon. Stay cold and comfortable at home. I was told by the Doctor at the medical physical from Arkansas that a lot of people hurt themselves, when we had black ice on January 2, 2009. However black ice can occur anywhere, where it is above freezing in the daytime and freezes at night. CIO

Note: <888> 01/10/09 Saturday 5:40 A.M.. The <u>Slickdeals.net</u>, I ordered the two sided dog tag from <u>www.artscow.com</u> for \$1.99 arrived from China in the mail yesterday. I put it in the Lindbergh radio drawer in the bedroom. Thus since it ships from China <u>www.artscow.com</u> could incur customs duty.

Also the <u>eBay Store</u> - WATCH BATTERIES NOW: ENERGIZER BATTERY 371 to 390, <u>LITHIUM, ENERGIZER BATTERY 350 to 370</u> for my new Pulsar watch I ordered two <u>1</u> <u>#377/376 ENERGIZER WATCH BATTERY FREE SHIPPING</u> - <u>eBay</u> (item 200285644795 <u>end time Jan-06-09 16:40:23 PST</u>) for \$1.20 each for \$2.40 total. I was able to open up the back of the watch with my Swiss Army small knife blade. However, I was tired, I needed 373, so I ordered <u>5 373 ENERGIZER WATCH BATTERIES FREE SHIPPING</u> - <u>eBay</u> (item 190274977669 end time Jan-17-09 09:30:32 PST) for \$5.75 with free shipping, and both orders arrived. I put one of the 373 batteries in the Pulsar watch that I received for Christmas, so it now works. I put the extra dime batteries with the other batteries on the bedroom shelf.

On the trail of the Russian crown jewels - Los Angeles Times

CO Meeting Organizer EGU2009

CVS Writes Weak Prescription - Forbes.com

Windows 7 Beta: The Upgrade

Reasons to skip Microsoft's Windows 7 Beta download | Between the Lines | ZDNet.com

R.R. Donnelley's Diminishing Print - Forbes.com

Startup Repair In Windows 7 ~ IT Professionals

BBC NEWS | Africa | Supertanker crew 'safe and well'

<u>BBC NEWS | Technology | Hard drive destruction 'crucial'</u>, if you have time, you can just write zeros to it with a low level format hard drive utility. CIO

Note: <888> 01/10/09 Saturday 4:25 A.M.. I ate a piece of cherry pie after dinner. I found this link <u>http://www.papygeek.com/windows/telecharger-windows-7-beta-1-gratuitement/</u> that has the download links for Windows 7. I tried downloading the Windows 7 X86 version a couple of dozen times, but it always fails before 25% complete. I was able to download the 64 bit version, but I do not use 64 bit CPUs. You also have to download the small updates from Microsoft. The download links are to Microsoft not France. I guess the word ''telecharger'' means download.

I also found this fast download link for Windows 7 <u>Fast Download Access: Apps, Games,</u> <u>Movies, Music, & TV Shows!</u>, but when I tried to buy the three day pass for \$4.87, I was given an error message. For Windows 7 X86 you have to download the file "en_windows_7_beta_dvd_x86_x15-29073.iso". CIO

Note: <888> 01/09/09 Friday 10:55 P.M.. I went out after the last note. I went by <u>Cell</u> <u>Phones,Cellular Phone Plans,Prepaid Cell Phones,Free Cell Phones & Deals - Stick</u> <u>Together with T-Mobile</u> on Greenwich Avenue. I bought another T Mobile <u>Hotspot@Home</u> Linksys Wireless router Model No. WRT54G-TM for \$19.99 and a T-Mobile Nokia 2610 starter pack for \$6.99 and \$1.62 tax for \$28.60 total. I then went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I used the bathroom at the Greenwich Senior and Arts center. I stopped by CVS, and I bought a 2.5 ounce container of Gold Emblem garlic powder for .99. I then complete my walk. At the beginning of my walk, I chatted with two local cigar smokers. Not much seemed to be going on downtown during the colder evening. I then went by the Greenwich Library, and I chatted with a couple of the regulars.

I was given a flyer for the Rye, New York Arts Center way out west of us for the <u>The Rye</u> <u>Arts Center</u> which is showing "heavens above" photographs of the universe from the hubble telescope from January 13 to February 21, 2009 telephone number 1-914-967-0700 x 33.

I then went by the Greenwich Automotive Services Gulf station, and I bought \$6 of self service premium for \$2.399 a gallon for 2.499 gallons for 28.6 miles driving since last Friday at odometer setting of 62093 miles for 11.44457 miles per gallon this past week in mostly local traffic. I then went by the Stop and Shop, and I bought a four pack of New York strip steaks for \$5.99 a pound for \$14.56, a five pound bag of Maine potatoes for \$2.99, and four 18 ounce cans of Campbell's New England clam chowder for \$1.50 each can for \$23.55 total. I then returned home. I tested the Audi cigarette lighter with the Nokia cigarette lighter charger that I bought, and it works fine with the Nokia AT&T wireless go phone that I have. I left the cigarette lighter charger in the arm rest compartment between the seats. I brought up its box, but the case that came with it is too small. I put away my purchases. I threw out the garbage and the old periodical literature and the shipping box that came today.

<u>National Weather Service Watch Warning Advisory Summary</u> snow coming tomorrow afternoon, possibly over six inches of snow.

I will now reheat and eat the same dinner as the last five nights. CIO

Note: <888> 01/09/09 Friday 5:20 P.M.. I was awake at 3 P.M.. Windows 7 does not yet seem to be available for download yet. I chatted with relatives.

<u>T-Mobile HotSpot @Home Wireless Router by D-Link from T-Mobile Accessories:</u> <u>batteries, cases and belt clips, faceplates, chargers, adaptors, headsets, and more</u> for \$19.99 and \$5.99 shipping and \$1.56 tax for \$27.54 total arrived. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I will shower and clean up shortly.

My actual electricity bill for December 2008 at <u>www.cl-p.com</u> was \$168.70 which I have already paid the budget amount of \$90 for. I have a surplus from Energy assistance that makes up the difference. That is without using the electric heat.

The average temperature in December 2008 was 33.8 degrees Fahrenheit, and the average temperature for December 2007 was 34.2 degrees Fahrenheit.

For 32 days in December 2008, I used 770 KWH or about 27.5 KWH a day compared to 30 days in December 2007, when I used 1381 KWH or 46.03 KWH a day. From the bill, it now looks as of January 6, 2009, I might now be on the Night Time electric rate.

I will now shut down the primary Vista computer and get ready to go out. I will dress warmly. CIO

Note: <888> 01/09/09 Friday 7:10 A.M.. <u>Greenwichtime.com - Death Notices John M. Lee</u> <u>of the New York Times</u>. I will now shut down the primary Vista computer, and I will go to bed soon. Have a good day. Vista, New York if I am not mistaken is near Scott's Corners, New York nearby the town of New Canaan, Connecticut, so there are other Scott family members in the area. CIO

Note: <888> 01/09/09 Friday 6:55 A.M.. Nothing ever happens in Greenwich, Connecticut <u>Greenwich Time</u>, because when the "Old Guard" get back from their winter homes in Florida, they do not expect it to have changed too much despite all the turmoil of New York coming and going all of the time.

Byram group eyes purchase of historic homes - Greenwich Time . They Lyon family in Greenwich, Connecticut are suppose to be relatives to the Queen Mum of England's Scottish family Bowles Lvon. Possibly they left Greenwich, Connecticut and Lvon Farm to move to Lyon Farm Road out in Nantucket where Admiral Moore's family lived, and where I use to fish. It is pretty bleak out there in the winter. However, Nantucket had Scottish roots in that the so called original Quakers were actually Scottish, and they became Quakers, so they would not have to pay for a minister. Thus if the old Lyon house is down by the corner here, I am possibly living where the original Lyon Farm was, in which case there might be some historical connection to this property long since forgotten. I went to school with Wendy Lyon, and I knew the Lyon twins at one time. Wendy Lyon was one of the class photographers in my class of 1965 at Greenwich Country Day School. Nantucket remained Tory during the American revolution because the British Navy controlled a lot of the sea. However, Benjamin Franklin's mother was a Folger from Nantucket, so possibly her group of friends worked for the British while the men were out discovering America. Last I knew www.harvard.edu chairs at the Greenwich Hospital thrift shop only cost \$45, but you have to remember a cleaver chair builder in Concord,

Massachusetts designed it, so the rather large Harvard students could not hit each other over the heads with chairs in the dining rooms at the commons at Harvard in the old days. It is a lot colder in Cambridge, Massachusetts than in the New York area, so people tend to spend more time inside studying, when they are not working. CIO

Note: <888> 01/09/09 Friday 6:15 A.M.. <u>Richard M. Nixon -- Britannica Online</u> <u>Encyclopedia</u>

Elvis Presley -- Britannica Online Encyclopedia

Stephen W. Hawking (British physicist) -- Britannica Online Encyclopedia

Happy Homecoming Year! Scotland

<u>Rumor Mills Working Overtime On Reports Of Pending Layoffs At IBM, Microsoft - The</u> <u>Channel Wire - IT Channel News And Views by CRN and VARBusiness</u>

CRN Five Reasons Microsoft Plans Free Windows 7 Upgrades

Ballmer's Big Night - Forbes.com

Wal-Mart's Not Smiling - Forbes.com

Steve Ballmer's Rally Cry - Forbes.com

InternetNews Realtime IT News - Ballmer to CES: Windows 7 Beta Off and Running

EGU2009

CO Meeting Organizer EGU2009

<u>Global Volcanism Program | Volcanic Activity Reports | SI / USGS Weekly Volcanic Activity Report |</u>

Tracking is <u>UPS: Tracking Information</u> on the order that I subscribed to the Lee Jeans newsletter from this link <u>Buy Lee Jeans</u>, <u>Denim Apparel</u>, <u>Pants</u>, <u>Shorts</u>, <u>Skirts</u>, <u>Capris and</u> <u>Khakis#</u> for a 20% off coupon code, they emailed me right away. Then at <u>New Lee Jeans</u> <u>40% off with free shipping</u>, I ordered two 46 inch waste and 30 inch length in dark stone <u>Lee Store - Product Detail Regular Fit Jean - Big and Tall</u> for \$22.99 each pair less the 20% off coupon for \$9.20 reduction for \$36.78 total order with free shipping on over \$25 order.

Linksys by Cisco

Microsoft Partner Opportunities Tech Ed North America 2009

All-Things-Computer Special! \$499.99 Acer 250GB Laptop, \$259.99 24" LCD Monitor

Microsoft Windows 7 Beta 1 - At A Glance - Reviews by PC Magazine

Spector 360 - At A Glance - Reviews by PC Magazine

Six Vista annoyances fixed in Windows 7 | Ed Bott's Microsoft Report | ZDNet.com

<u>Reviewing Windows 7 | Paul Murphy | ZDNet.com</u>

Windows 7 Beta 1 - Unleashed! | Hardware 2.0 | ZDNet.com

Windows 7 Should be a Fixta Free For All | Tech Broiler | ZDNet.com CIO

!!!!! Note: <888> 01/09/09 Friday 4:45 A.M.. For Microsoft Technet Partners, IT is suppose to be here today at 3 P.M. Eastern Standard Time <u>https://partner.microsoft.com/us/40084742</u> Windows 7 Beta, but not yet, so you better get some rest. CIO

Note: <888> 01/09/09 Friday 4:05 A.M.. On the potato cube, broccoli, and baby carrot mixture that I microwaved in the microwave oven, I just put a little bit of olive oil on it instead of the au gratin mixture. I have a lot of butter and margarine that I have to use up a little bit at a time, or I could always wait until this summer when thinner relatives pass through this area on their way up to Maine. As I recall, the furthest north I have ever been in Maine is Brunswick, Maine. I recall after the Seabrook demonstration in the spring of 1977, I hitch hiked down to Williamsburg, Virginia, and on the return back up north to Durham, New Hampshire, I recall also hitch hiking up to Portland, Maine, where I stayed for a couple night at the Y.M.C.A., and then I recall hitch hiking up to Brunswick, Maine, and when I arrived at the entrance of Bowdon College, it was near dusk and cold, so I hitch hiked back down to Nantucket, where I usually had a roof over my head. As I recall, when I was at the New Hampshire Liquor store at the Portsmouth circle this summer buying Rothschild white wine, I noticed the Howard Johnson's is not longer there, where I once had a bowl of oatmeal on a cold night, but nearby is a Bickfords which is another Danish family in Greenwich, Connecticut. I recall Mike Bickford was mugged at the Bickfords at www.harvard.edu square while a student, there, so he probably moved it a little bit further north.

Michael Louis Scott's secret formula for a quick oatmeal breakfast.

Buy one 48 ounce container of Quaker Old Fashioned oatmeal for about \$4.99

Put one half cup of Quaker Old Fashioned oatmeal in a large microwave proof cereal bowl.

Add 7/8th cup of water.

Place in 1100 watt microwave oven with microwave lid on the bowl.

Microwave on regular setting for One Minute and 40 Seconds.

Remove from microwave oven.

Mix a half teaspoon of honey in the hot oatmeal.

Mix a couple ounces of milk in the oatmeal.

Put one sliced banana on the oatmeal.

That is the hearty bowl of oatmeal I have every day with my toasted English muffin, coffee with milk and splenda and 50% to 50% mixture of watered down passion punch. The passion punch being one third grape juice is good for the heart, and one third cranberry juice is good for the kidneys, and one third orange juice with calcium has a lot of vitamins and nutrients from down south that we seem to miss up north. I guess I have to go back to putting olive oil on my English muffins. Alas, although filet of salmon is only \$5.99 a pound at the Stop and Shop this past week, and I know it is good for you, I can not afford to eat it all of the time like I use to, since I have take up computers as a way to keep busy. Tuna fish is probably still good for you to as would be meatless spaghetti sauce and noodles. Down south peanut butter is always healthy for you.

If you are poor up north, you can get the same amount of vitamin C as a glass or orange juice by putting a teaspoon of white vinegar in a glass of water. CIO

Note: <888> 01/09/09 Friday 1:55 A.M.. I woke up at 3 A.M. yesterday morning. I ate a baloney and turkey and cheese sandwich on a Kaiser roll with 1/3rd of a 5.5 ounce tube of Pringle sour cream and onion potato chips a dill pickle slice and a glass of watered down passion punch. I checked the Epox computer setup to make sure it works in Clone mode with the primary monitor and the Sony high definition CRT television. It works just fine that way. However, I had the speakers plugged into the wrong Creative sound card jack, so I fixed that, and also the headset was not plugged into the rear USB 2.0 seven port device, so I plugged them in. The power to the seven port USB device is turned on by the switch for the HP printer, which I have not vet relabeled, and the HP printer is turned on by the control panel switch for the Northgate Syntax computer, but the HP laser printer is still attached to the Epox computer. I tested out the clone mode on the Sony television watching some of the www.mit.edu courses on physics. I then returned the Epox computer to two monitor mode with the ATI Catalyst program, and I shut down the Epox computer. I still can not get the Northgate Syntax computer to install the Vista home updates, but possibly the Microsoft server is busy. I filled out my new lease for the Greenwich Housing Authority, and I copied the paper work, I need to go with it. I sign it next Thursday, January 15, 2009 in the community room between 11 A.M. and 1 P.M.. I went back to bed from 9:30 A.M. to 11:30 A.M.. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with margarine, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up. I went downstairs, and I chatted with neighbors. I got my rent bill from the Greenwich

Housing Authority. I went by the Chase Bank on Mason Street. I then went by the Wachovia Bank on Benedict Place, and I paid my rent to the Greenwich Housing Authority. I then went to the Greenwich Hospital outpatient clinic, and I got the follow up on the medical physical I had before Christmas. My Cholesterol is 210 which is way too high, and my bad cholesterol is way too high too. The doctor gave me a prescription for Tricor 145 mg. once a day, and told me I should exercise more and try more of a Mediterranean diet which is expensive in this area, unless somebody sends the Sixth Fleet to the Mediterranean where it might be cheaper to eat that diet. I have to go back to get more laboratory work in six weeks, and then see the doctor two weeks after that. I then went by CVS, and I dropped off the prescription form. I then went further downtown, and I walked the entire length of Greenwich Avenue and the train station area. I stopped by the Senior and the Arts center, and I used the bathroom. I stopped by Subway barber, and they now cost \$20 for a hair cut. I stopped by the Greenwich Cigar store, and I played a Green Backs scratch card for a dollar, but I lost. I stopped by the Classic Barber shop, and they are also \$20. I really do not need a hair cut, since in colder weather long hair keeps your head warm. One can lose 50% of one's body heat through one's head in cold weather, so wear a warm cap or hat. I stopped by CVS, and I picked up my Tricor prescription, and I also bought a 12 pack of Thomas' English muffins for \$1.99. I tried using my AT&T wireless go phone outside, but it would not work. I stopped by T-Mobile store on Greenwich Avenue, and I bought a T Mobile Hotspot@Home Linksys Wireless router Model No. WRT54G-TM for \$19.99 and \$1.20 tax for \$21.19 total. I then went by the AT&T wireless store, and they checked out my wireless telephone, and they said the only problem was that one occasionally has to turn it on and off, and not leave it on all of the time, which I do. I then finished my walk, and I used the bathroom at the senior and the arts center. I then went by the Greenwich Library, and chatted with a couple of the reference librarians and the janitor. I then went by the Stop and Shop, and I chatted with a village local about the price of tea in China. I bought a 59 ounce container of Simply orange orange juice with calcium for \$3, a 16 ounce two eight ounce tub package of Smart Balance margarine for \$2.99, a three pound bag of yellow onions for \$2.49, Chiquita slightly green bananas for .64 a pound for \$1.66, and a bulb or garlic for \$2.99 a pound for .33 for \$10.47 total. I then returned home. I chatted with a relative. I installed the T-Mobile Linksys Wireless router where the other Linksys wireless router was, and I first configured it per instructions, and I named it "mike-scott" without password access. I tested it using my wireless Dell laptop computer. It works just fine. We have two weak signal password protected wireless signals in this area. However, my server would not work with it directly connected to the system per instructions. Thus I have it setup to work off the Netgear router, and I can turn it on and off with the left switch on the FIC server control panel. I disconnected the AT&T wireless router, but it is still in position available for use. I started to file my note, and my computer froze four different times, and I rebooted. I turned off the cable modem and the wireless router, and the computer does not freeze, so it would lead me to believe, I am being hacked through the internet access or the wireless router, since it happened more frequently than usual. However, I will try to run a non password protected wireless router, since at my apartment location, it would give wireless access in the building lobby, but if I am hacked, I obviously will not be able to do it. I was told by the www.fbi.gov in New Haven, Connecticut after over 500 telephone calls over the last three years, that if I can find out whom the hacker is, I can file an affidavit

with the Connecticut attorney general, and then the <u>www.fbi.gov</u> will investigate it. That obviously is why I have not been getting much real work done over the last three years. I will now make and eat the same dinner as the last four nights. CIO

Note: <888> 01/07/09 Wednesday 11:55 P.M.. I made and ate the same dinner as the last three nights. I also ate a Florida tangerine. I will now shut down the primary Vista computer, and I will rest for a while or go to bed. CIO

Note: <888> 01/07/09 Wednesday 9:55 P.M.. I subscribed to the Lee Jeans newsletter from this link <u>Buy Lee Jeans</u>, <u>Denim Apparel</u>, <u>Pants</u>, <u>Shorts</u>, <u>Skirts</u>, <u>Capris and Khakis</u>[#] for a 20% off coupon code, they emailed me right away. Then at <u>New Lee Jeans 40% off with free shipping</u>, I ordered two 46 inch waste and 30 inch length in dark stone <u>Lee Store -</u> <u>Product Detail Regular Fit Jean - Big and Tall</u> for \$22.99 each pair less the 20% off coupon for \$9.20 reduction for \$36.78 total order with free shipping on over \$25 order.

I chatted with a relative. CIO

Note: <888> 01/07/09 Wednesday 8:15 P.M.. <u>InternetNews Realtime IT News - Windows 7</u> Beta On Tap for Ballmer's CES Keynote

New Lee Jeans 40% off with free shipping

Monsanto's Latin Spice - Forbes.com

Windows 7 Should be a Fixta Free For All | Tech Broiler | ZDNet.com

Biltmore Email Newsletter

Hirohito -- Britannica Online Encyclopedia

Facing Losses, German Billionaire Takes Own Life - NYTimes.com

SSA - 2009 Annual Meeting

:: :: SCRIPPS INSTITUTION OF OCEANOGRAPHY, UC SAN DIEGO :: :::

:: SCRIPPS INSTITUTION OF OCEANOGRAPHY, UC SAN DIEGO : RESEARCH: POSTDOCTORAL SCHOLAR PROGRAM :::

BBC NEWS | Technology | Las Vegas welcomes CES 2009

2009 International CES, January 8-11 CIO

Note: <888> 01/07/09 Wednesday 6:20 P.M. I have 2:30 P.M. medical physical follow up appointment tomorrow. I woke up at 3 P.M.. When I tested the Linksys wireless router last night, it did not work. I tried it with another cable and setting it up at a different

location, but it still did not work. I never used it hardly at all, so some how it became defective. I had bought it a couple of years ago for \$20 in the Greenwich Hospital Thrift shop, so I do not think there is a warranty on it. The AT&T wireless router still works though. To have a spare wireless router in my overall setup, I ordered <u>T-Mobile HotSpot</u> @Home Wireless Router by D-Link from T-Mobile Accessories: batteries, cases and belt clips, faceplates, chargers, adaptors, headsets, and more for \$19.99 and \$5.99 shipping and \$1.56 tax for \$27.54 total. I will set it up as a second wireless router. I removed the Linksys router from the over setup. I defragmented the C: drive on the Dell laptop. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with margarine, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I threw out the garbage, and I picked up the mail. I had three annoying telephone calls from a bothersome neighbor. I just hang up on them. I will now setup my email accounts on the Dell laptop. I put the little USB light on the Dell laptop too. It is a nice feature, but it does not turn off except by unplugging it. CIO

Note: <888> 01/07/09 Wednesday 8:35 A.M.. I finished configuring the Dell Latitude CS laptop computer. I also did an XP Professional ASR backup of it to the Maxtor external hard drive. I ate piece of cherry pie. I watched two movies. The last one was "Russia House". I shut down the Dell Latitude CS laptop computer. I will now shut down the primary Vista computer, and I will go to bed soon. Have a good day. CIO

Note: <888> 01/07/09 Wednesday 1:25 A.M.. \$400 deal with free shipping <u>Acer Aspire</u> <u>AS5720-4516 15.4'' Notebook PC 15.4'' Widescreen Window</u>

SP3 is installed on the Dell laptop. Now I have to configure it. CIO

Note: <888> 01/07/09 Wednesday 12:55 A.M.. Former IBM President, Systems Executive Is Dead - IT Channel - IT Channel News by CRN and VARBusiness

I received this email about the Yellowstone earthquakes.

Beginning of email:

Dear Mr. Scott,

If you are asking whether these recent swarms at Yellowstone are normal, yes, they are.

The last time there was a swarm this large at Yellowstone was 1985. That swarm was significantly larger than this one. You can also consider that Yellowstone last had a volcanic eruption 70,000 years ago, whereas there have likely been scores or hundreds of swarms similar to this just in the past few thousands of years. Though the news articles might say that scientists are "baffled", that is a bit extreme. We see these a lot. We don't understand everything about them. Such is life when you study things that happen miles beneath our feet.

For current updates on Yellowstone, please visit http://volcanoes.usgs.gov/yvo/

Hope this helps.

Cheryl O'Brien USGS <u>crobrien@usgs.gov</u> (703) 648-5929 End of email:

Geeks.com - Priced right for the New Year! Compaq laptop \$210

BBC NEWS | Americas | Protecting Argentina's parrot colony CIO

Note: <888> 01/07/09 Wednesday 12:15 A.M.. Happy Russian Christmas <u>Russian</u> <u>Christmas</u>. I made and ate the same meal at the last two nights. I am installing SP3 on the Dell laptop. CIO

Note: <888> 01/06/09 Tuesday 10:25 P.M.. The Dell Latitude CS laptop computer is running just fine with XP Professional on the 10 Gigabyte IBM hard drive. The 400 MHz processor with 300 megs of memory seems fast enough. It only has USB 1.0 ports. I activated XP Professional, and I am now installing SP2, and then I will install SP3. CIO

Note: <888> 01/06/09 Tuesday 8:05 P.M.. I ate a piece of Cherry pie. I chatted with a relative. I showered, and I cleaned up. Ubuntu would not install on the Toshiba laptop because it is too old. I have an unused copy of XP Professional, so I am putting it on the IBM 10 gigabyte hard drive in the Toshiba laptop which has a CD drive, and then I will transfer the IBM 10 gigabyte hard drive to the Dell Latitude CS laptop where it was originally, and I will put the Toshiba hard drive back in the Toshiba laptop. I will then have to install the updates and configure the Dell laptop, which will take a while. I have already switch around their locations, so the Dell laptop is to the left of the primary Vista computer. I also switched their PCI cards. CIO

Note: <888> 01/06/09 Tuesday 4:50 P.M.. I woke up at 9:30 A.M. this morning, when a relative called. At 11 A.M. the orders with

tracking is <u>FedEx | Track</u> on the order for <u>Targus APA10US Mobile 70W Universal AC</u> <u>Adapter Targus APA10US</u> for \$19.99 and \$9 FedEx ground shipping for \$28.99 total and

tracking is <u>FedEx | Track</u> on the order for <u>Digital Concepts 5.1MP 4x Digital Zoom</u> <u>Camera/Camcorder w/2.0'' LCD Digital Concepts 35480</u> for \$31.99 and \$9 FedEx ground shipping for \$40.99 total arrived.

I put the Digital camera on the center right bookcase shelf in the hallway for now. I used the #9 tip on the Targus power supply on the Dell Latitude CS laptop, and it works just fine. The CMOS password was cleared. However, it would not recognize the USB DVD/RW drive for booting. It had a password protected copy of XP Professional on it. I switched the Dell IBM 10 gigabyte hard drive to the Toshiba laptop, and I am in the process of putting Ubuntu on the Toshiba laptop. I did a low level quick format of the 10 gigabyte IBM hard drive before starting to install Ubuntu. I put the Toshiba laptop 5 gigabyte hard drive in the Dell Latitude CS laptop, and its copy of XP Home works just fine. The 5 gigabyte hard drive is partitioned to eliminate two bad sectors, so it will not work with Ubuntu anyway. I will move the wireless PCI and LAN PCI cards from the Toshiba laptop to the Dell laptop. I will setup the Dell laptop with its docking station and USB DVD/RW external hard drive on the small computer desk to the left of the primary Vista computer, and I will put the Toshiba laptop with Ubuntu and a 2X LAN PCI card on the oak coffee table by the French reproduction chair. However in that setup, since the Dell laptop does not have a telephone modem, I will not have the potential for using the internet in case of a power outage, which really does not matter.

For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with margarine, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I threw out the garbage, and I picked up the mail. I made up another batch of passion punch. CIO

Note: <888> 01/06/09 Tuesday 1:55 A.M.. I will now shut down the primary Vista computer, and I will go to bed. CIO

Note: <888> 01/06/09 Tuesday 1:35 A.M.. <u>GG: Mineralogical Society: Special Interest</u> <u>Groups</u>

Job Description - Durham University

America's Best Big Companies - Forbes.com

Russian Christmas is this Wednesday January 7, <u>Russian Christmas</u>. I always leave my Christmas decorations up for a week after Russian Christmas in case any Russians are around, which in this is area is more than likely.

BBC NEWS | Science & Environment | Pink iguana rewrites family tree CIO

Note: <888> 01/06/09 Tuesday 1:10 A.M.. While making, eating and after dinner, I watched part of a vintage British movie about them evacuating London, when a mad scientist threatens to blow up London with a suitcase nurclear bomb. I did not watch then end to see if London is still there. It had some pictures of what London probably looks like anyway. Not that I will ever get a chance to visit there, after all of these years of helping the British find their way around America. CIO

Note: <888> 01/05/09 Monday 11:15 P.M.. I woke up at noon, and I chatted with a relative. I worked on the internet for about an hour, and then I went back to bed until 4 P.M.. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted

English muffin with margarine, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. About 6 P.M., the order with tracking is UPS: Tracking Information on the order for Newegg.com - SYBA SY-UEN-5SL 5.25" USB2.0 Aluminum External Enclosure, Big Cooling Fan, Support 3.5" HDD - External Enclosures for \$19.99 and \$8.97 shipping for \$28.96 total arrived. I removed the I/O Magic DVD/RW drive from its old case without power supply, and I put it in the new one, and I tested it, and it works just fine. The I/O Magic DVD/RW does not have sound, if I needed to use sound. I put it by the Dell Latitude CS laptop computer. I threw out the garbage. I picked up my mail. I showered, and I cleaned up. I went out, and I went by the A&P Fresh at the Riverside Shopping center, but they did not have powdered milk. I bought two 12 ounce packages of Kraft processed white cheese slices for \$5 both. I then returned to central Greenwich, and I went by the Stop and Shop, and I bought four 5 quart boxes of Stop and Shop powdered milk for \$5.59 each box, a two tablet package of 2,000 flushes blue for \$3.39, a day old bakery Cherry pie for \$2.50, two 11.4 ounce boxes of Stop and Shop frozen fish filets for \$3.69 each, and a bulb of garlic at \$2.99 a pound for .45 and .20 tax for \$36.28 total. I then drove around downtown, and I returned home. Not much seems to be going on. I put away my groceries. I watched part of a British movie on the Turner movie channel. I will now make and eat the same dinner as last night. CIO

Note: <888> 01/05/09 Monday 6:45 A.M.. I did some bottom fishing on the internet. I heard a number of airplanes last evening, so I guess people are back for work. Well, not much happening way out here in the Far Southwest of Greenwich, Connecticut. I guess now that I have gotten rid of all of the Rum Runners, I can call this the Scottsdale section of Greenwich, Connecticut. I will now shut down the primary Vista computer, and I will go to bed soon.

Tracking is <u>UPS: Tracking Information</u> is the order for <u>Newegg.com - SYBA SY-UEN-5SL</u> 5.25" USB2.0 Aluminum External Enclosure, Big Cooling Fan, Support 3.5" HDD -<u>External Enclosures</u> for \$19.99 and \$8.97 shipping for \$28.96 total is out for delivery.

Yellowstone Earthquakes Raise Fears CIO

Note: <888> 01/05/09 Monday 4:15 A.M.. I did some research, and I found several comments that the DeLonghi PAC A120E air conditioner tends to leak water and over time it gets worse. Thus since the order was at Amazon, I was able to cancel it without any problems. Moreover, I do not think a 12,000 BTU air conditioner would be powerful enough to cool my apartment with the windows facing the western sun in the summer, so I will continue to use the General Electric Profile 15,500 BTU air conditioner with remote control until which time I need a new one. Although it weighs quite a lot and is awkward to take out and install, I think I can handle that for the near future. Who knows it might even last quite a while longer. CIO

Note: <888> 01/05/09 Monday 1:45 A.M.. January 5, 2009 One Day Sale, HP® Official Store — Buy HP Laptops, Notebook PCs, Printers, Desktop Computers, Handhelds, Scanners, Monitors, and Calculators direct from the HP Home & Home Office Store

Sir Isaac Newton -- Britannica Online Encyclopedia

www.kohls.com free shipping through today.

BBC NEWS | Science & Environment | Inside the Pope's observatory CIO

Note: <888> 01/05/09 Monday 12:35 A.M.. I chatted with a friend after the last note. I rested until 9 P.M.. I ate a piece of cherry pie. I watched a bit of television.

Since it is very hot in my apartment without an air conditioner for over half the year, and although the General Electric Profile 15,500 BTU air conditioner with remote control is 8 years old, it still works fine, it is very difficult taking out and put in with the seasons.

I ordered this DeLonghi unit <u>Amazon.com: DeLonghi PAC A120E Pinguino 12,000-BTU</u> <u>Portable Air Conditioner with Eco-Friendly R410a Refrigerant Gas: Kitchen & Dining</u> for \$227.88. Thus since it does not install in the window, it will be easier to maintain. One just runs the hose out the window. I could use a longer hose and put it elsewhere in the room.

De'Longhi Product Detail - PAC A120E:PORTABLE AIR CONDITIONER

However, it is 15 inches in depth, so it probably would not fit on the window ledge, since it needs room for intake from the rear, but I could put it where the chair is beneath the stereo system is, since I never use that chair. Thus I will also not have the problem of removing it and installing it during the seasonal change. However, I might go ahead an install the General Electric until this spring, and use it for extra air conditioning, but I have plenty of time to thing about that. For the price with free shipping it is a good deal for my apartment that I have to keep cool, since it is necessary to keep the computers cool in the summer, and I also tend not to do very well working in warm temperatures.

It sells for considerable more elsewhere <u>DeLonghi PAC A120E Pinguino 12,000-BTU</u> <u>Portable Air Conditioner with Eco-Friendly R410a Refrigerant Gas Review | ZDNet:</u> <u>Reviews.</u> CIO

Note: <888> 01/04/09 Sunday 6:10 P.M.. I chatted with a relative. I made and ate a breaded boneless breast of chicken with my usual vegetable au gratin mixture and a glass of watered down passion punch. I will now shut down the primary Vista computer, and I will warm up a bit by taking a warm nap in a warm clean bed. CIO

Note: <888> 01/04/09 Sunday 4:05 P.M.. I put away the laundry. CIO

Note: <888> 01/04/09 Sunday 3:30 P.M.. I chatted with a relative. CIO

Note: <888> 01/04/09 Sunday 3:00 P.M.. I have 35 minutes to go on the dry cycle. CIO

Note: <888> 01/04/09 Sunday 2:40 P.M.. I woke up during the night, and I ate a piece of cherry pie. I finally woke up at 11 A.M. this morning. For breakfast I ate a bowl of

oatmeal with honey and a sliced banana, a toasted English muffin with margarine, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I chatted with a friend. I am doing two loads of laundry, and I am just about ready to start the dry cycle. CIO

Note: <888> 01/04/09 Sunday 1:20 A.M.. I will now shut down the primary Vista computer, and I will go to bed soon. Have a good night. CIO

End of Scott's Notes week of 01/04/09:

Note: <888> 01/04/09 Sunday 12:35 A.M.. <u>BBC NEWS | Asia-Pacific | Strong earthquake</u> rocks Indonesia

I will now send out my weekly notes. CIO

Note: <888> 01/03/09 Saturday 11:35 P.M.. <u>yellowstone earthquake swarm - Search results</u> for yellowstone earthquake swarm - CNN.com

vellowstone earthquake swarm - Google Search CIO

Note: <888> 01/03/09 Saturday 11:30 P.M.. <u>Yellowstone Earthquake Swarm: Updated -</u> <u>Capital Commerce (usnews.com)</u>

<u>Earthquakes Still Swarm Yellowstone Supervolcano Caldera - Capital Commerce</u> (usnews.com)

Yellowstone Earthquakes: Supervolcano Update - Capital Commerce (usnews.com)

Note: <888> 01/03/09 Saturday 11:10 P.M.. I ate ate a 1/5th piece of the day old cherry pie. CIO

Note: <888> 01/03/09 Saturday 10:35 P.M.. I chatted with a friend at 10 P.M. this morning. I woke up at 1 P.M.. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with margarine, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I watered the plants. I chatted with a friend. I showered, and I cleaned up. I went out, and I chatted with a neighbor. I went downtown, and I stopped by CVS. I used a \$6 CVS bonus bucks coupon, and I bought a 50 ounce 2X container of Tide with bleach alternative which was \$5.88. I then went downtown, and I checked out the downtown scene. I then went by the Stop and Shop, and I bought a day old cherry pie for \$2.50, a 64 ounce container of Minute Maid Premium orange juice for \$2.50, a one pound package of Stop and Shop processed white cheese slices for \$3.99, a dozen extra large jumbo eggs expire January 30, 2009 for \$2.39,a 16 ounce container of 4 C seasoned bread crumbs for \$2.99, a 16 ounce container of Billy Bee pure Canadian clover honey for \$3.99, a 48 ounce container of Quaker Old Fashioned oatmeal for \$4.99, two 64 ounce containers of Stop and Shop grape juice for \$2.50 each, two 64 ounce containers of Stop and Shop cranberry juice for \$2.79 each, three 8 ounce containers of Stop and Shop parmesan and Romano grated cheese for \$2.99 each, a 15 ounce bottle of Kikkoman soy sauce for \$2.29, a six pack of boneless breasts of chicken for \$1.79 a pound for \$6.82, a two pound bag of baby carrots for \$2.99, a five pound bag of Yukon yellow potatoes for \$3.99, Chiquita bananas for .64 a pound for \$1.40, broccoli crowns at \$1.99 a pound for \$3.04 for \$63.43 total. I then returned home. I used my folding cart I brought with me to bring up my groceries, and I also picked up my mail. I put away the groceries. I chatted with a relative. I was told they were having a Pink Floyd laser light show in San Antonio, Texas tonight. My relative told me that the news about the Yellowstone earthquakes came from <u>www.cnn.com</u>, but I can not find the story. I did find this story.

<u>Earthquake Swarm at Yellowstone Supervolcano: Update - Capital Commerce</u> (usnews.com)

I made and ate the same dinner as two and four nights ago, but I had diced potato chunks with the vegetables au gratin instead of flavored rice on the side. I chatted with a friend for a while before dinner and a friend of his too. Not much seems to be going on around here, but it did seem like there were more prosperous people than normal downtown today from what I normally see. Maybe some of the wealthier people with the economic recession are having to start to forage around for survival. I was told that <u>www.mcdonalds.com</u> sells seniors cups of coffee for I think it was \$.69 instad of \$.99. CIO

Note: <888> 01/03/09 Saturday 5:35 A.M.. I worked the grape vine, and I could not find out anything more. Well, right now it is not too cold in Yellowstone, Wyoming <u>Yellowstone, Wyoming (82190) Conditions & Forecast : Weather Underground</u> if anyone wants to check it out. I will now shut down the primary Vista computer, and I will go to bed soon.

Police project in final stages - Greenwich Time

Warmer this week <u>Greenwich</u>, <u>Connecticut</u> (06830) <u>Conditions</u> & <u>Forecast</u> : <u>Weather</u> <u>Underground</u> CIO

Note: <888> 01/03/09 Saturday 4:15 A.M.. On the subject <u>Recent Earthquakes for</u> <u>Yellowstone</u> about all I know is this <u>Global Volcanism Program | Yellowstone | Summary</u>. I did see the movie on television about two years ago called "Super Volcano" which as I recall was about Yellowstone having an eruption, and it was quite convincing. I know the local news anchor in Manhattan Jack Ford the son of former President Ford use to be a park ranger in Yellowstone while his father was president. Since none of the news media is covering any stories about it, I assume it means that with the geothermal springs there, they have lots of earthquakes. It is a large area, so maybe individuals in that area have not felt them. I do know about four years ago, when I chatted with the American Express 800 number in Utah, they told there were a lot of earthquakes around Yellowstone, so from my perspective it might not be a new story, but something that has been ongoing. CIO Note: <888> 01/03/09 Saturday 2:40 A.M.. Alas, the Ninth Circle and Uncle Charles are no longer down in Greenwich Village for any freezing sailors from the Commonwealth. However, as I recall on Greenwich Street about two blocks north of the ninth street at Little Charles Place, there use to be an all night coffee shop that served Eggs Florentine for about \$2. Eggs Florentine is like Eggs Benedict, but instead of having Canadian Bacon inside, it has spinach, which according to Poppie the Sailor Man is suppose to be good for you. I know it has lots of iron. Alas Olive Watson Oil is no longer around these parts, but she left a baby hospital in Greenwich, Connecticut in case anyone is having babies. I think all of the young sailors now hang out at some place I last heard of called "Splash" near the Norman Vincent Peale's Marble Collegeant Church, but anywhere around the waterfront, or for that sake anywhere in the New York City area, one could always be mugged. I once had somebody try to steal a \$5 Timex watch from me in Central Park, until I convinced the person, it was not really worth anything. There are probably a whole lot of new "Rat Holes" in New York City that I do not know about. In the old days, the "Old Guard" group of people from British Intelligence kept an eye out on the Greta Garbo Home for Wayward Boys, and as I recall it was just east of St. Vincent's Hospital on 13th street in Greenwich Village. The people whom live around Beekman Place in the United Nation's neighborhood tend to have jobs or money, or possibly they are house sitting for people whom always seem to be away traveling. The Upper East Side use to have a lot of upscale office workers whom had extra money for higher rents. Whether anyone really know what goes on in Manhattan or not is opened to debate. From my perspective having observed it from 1961 until about 1993 is that it is invaded by a different group of people everyday depending on the economy and the weather, so it changes all of the time. I quit going to Manhattan once I got on the internet over 15 years ago, since there was no need to gather the news from those writing and making the news. Some of the younger generation seem to have disposable income, so their focus might be different than the older generation whom might be more conservative with their money. In other words, I would not waste \$20 train fare to go into Manhattan round trip to observe a Microsoft conference, when they could just as easily put it on the internet for anyone interested. They obviously have some other motive like holding one hostage in Manhattan while somebody from Manhattan comes out here and makes a big fuss over nothing. Greenwich, Connecticut this century since the invention of modern air travel has been a bedroom community of world travelers, so more than likely a few people here have been to the same places from time to time, and the new generation might feel the need to travel if they can afford it, but the older generation has other priorities. I dare say, there is an experienced group of people here whom seen to be experienced at one comes back in our direction on the rebound. We do know http://mikelouisscott.com/fred.htm seems to have met everyone first with his multiple language skills, so possibly if people want to learn multiple languages, they should figure out how he learned them or whom or what group taught them to him. He could just as easily have been a foreign intelligence agent or a domestic agent, or possibly a bell boy at the Waldorf Astoria that picked up a lot of languages. CIO

Note: <888> 01/03/09 Saturday 1:55 A.M.. Leaked Windows 7 Beta Hides Vulnerabilities -News and Analysis by PC Magazine <u>Verizon Awarded Over \$33M in Cybersquatting Case - News and Analysis by PC</u> <u>Magazine</u>. CIO

Note: <888> 01/03/09 Saturday 1:20 A.M.. L'Oreal Family Mixed In With Madoff -Forbes.com

DrDavidWilliams.com: Amarante Macadamia Nut Oil

BBC NEWS | Europe | World's oldest person dies at 115

BBC NEWS | Science & Environment | Diamond clues to beasts' demise

BBC NEWS | Science & Environment | Pioneer of cyberspace honoured CIO

Note: <888> 01/03/09 Saturday 12:35 A.M.. I made and ate three egg omelet with four 1.5 inch by 1.5 inch by .25 inch slices of Stop and Shop extra sharp Vermont cheddar cheese, and five strips of fried bacon, and a toasted English muffin with margarine, and a glass of watered down passion punch. CIO

Note: <888> 01/02/09 Friday 11:35 P.M.. Also the two foot high brick wall on the north side of the Cole Auditorium of the Greenwich Library seems to have been knocked down in front of the handicap parking spaces as if somebody put their vehicle in forward instead of reverse when backing out from parking there. Judging from the brick work damage, the vehicle must have had a bit of damage too. CIO

Note: <888> 01/02/09 Friday 11:15 P.M.. During the recession in the early 1970s, I recall certain businesses did well. I recall in Manhattan at the time, yogurt and bagels were big sellers. I ate a lot of liverwurst sandwiches from the deli near the United Nations next to the A&P on Second Avenue and 52nd street. I recall a lot of Vermont people had businesses in downtown Greenwich Village, and one of the busiest at night and the early morning hours was David's Pot Belly named after a Pot Belly stove they had in the restaurant that sold hundreds of different types of omelets with English muffins and coffee for about \$3. They were located just west of Seventh Avenue on Christopher Street in the heart of the area where United States Government Military Intelligence use to frequent along with the smaller student population. CIO

Note: <888> 01/02/09 Friday 11:05 P.M.. I will not put the three license copy of McAfee Internet Security 2009 on my three primary computers, until the current copy of McAfee Internet Security 2008 expires in the middle of September 2009. I ate two tangerines before going out. I did not walk Greenwich Avenue tonight, because I am a bit tired and worn out, and it also looked like it might be slippery out with the possibility of black ice, which is an icy condition that one can not see at night or even the day time for that matter. There are suppose to be 150 financial hedge funds in Greenwich, Connecticut, so with the economic decline, more than likely there will be future financial failures in this area. Also I read in <u>www.forbes.com</u> when the hedge funds first started moving out here, they were the sleaziest game in town. The Greenwich Time wrote that the reason that they all moved out here was not because they were scarred of terrorism in Manhattan, but that they are not as closely regulated here in Connecticut as they would be in New York State, and that since the trial courts in Connecticut are backed up over 10 years, it can take a long time to bring a law suit to trial in case the hedge funds go bankrupt. Thus one should watch one's money. I recommended to the Chase Bank www.chase.com over a year and a half ago that one should put their money in United States Government long term treasury bills, but although their interest rate is low, one would not lose their money in an economic decline such as we have experienced. That judgment was based on the fact that the Royal Bank of Scotland had sold as of ten years ago over three trillion dollars of United States Government certificates of debt or treasury bills to the Japanese. A basic economic principle is that if you have a lot of money, and you buy something its price will go up, and just as easy its price will go down when you sell it. It is called the law of "Supply and Demand" a basic economic principle. I have noticed recently, there is not much activity around the southeast building at the Greenwich Train Station office plaza where the Russian fund Renaissance Capital use to be, so possibly they have moved or gone out of business. They use to be quite busy with lots of limousines coming and going, and when I checked them out on the internet, they were registered in Cyprus. The good news is that I got \$6 of CVS Bonus Bucks tonight that I will use on some future purchase. I have never worked for CVS, but I did once work for www.cbsnews.com during the two months of the Watergate hearings in the summer of 1973 as a clerk typist, and since it was a live feed from the Senate Hearings, there was not production going on there, and the only thing I noticed unusual at the Broadcast Center back then was a French aircraft carrier showed up with about two thousand French sailors. CBS News has never been profitable, CBS makes their money off the Soap Operas which Proctor and Gamble their biggest advertiser owns. CIO

Note: <888> 01/02/09 Friday 9:55 P.M.. I went out after the last note. I cleaned the snow and ice off the Audi. I went by the Greenwich Library, and I returned the Harry Potter DVD. I chatted with a local lawyer about the price of tea in China. I then went by the Chase Bank on Mason Street, and I used their ATM machine. I then went by CVS on Greenwich Avenue, and I chatted with the same local lawyer about the price of tea in China. I bought a 12 pack of Thomas' English muffins for \$1.99. I then went by the central Greenwich Post Office, and I mailed the Microsoft Money 2006 reports to an interested relative, and I also mailed the McAfee \$20 rebate information. I then went by the Greenwich Automotive Services Gulf station, and I bought \$5 of self service premium at \$2.299 a gallon for 2.173 gallons purchased at 28.1 miles driving since last Friday a week ago at odometer reading of 62064 miles for 12.93143 miles per gallon. I checked the tires for 32 PSI. They told me the same staff is still at the station. I then returned home. From what I can tell, the original Greenwich, Connecticut ties with China were not former ambassador Bush being assigned to China in the Nixon administration, it was that the Luce family of Time magazine lived here, and before they got into the magazine business in America, they were Christian missionaries in China. Also Herbert Hoover was a coal mining engineer in China, and his son has lived here in Greenwich, Connecticut for many years. Of course more than likely a few Chinese were doing laundry in Manhattan, before Greenwich, Connecticut evolved from a farming community to a suburban business center. CIO

Note: <888> 01/02/09 Friday 6:05 P.M.. I checked with the Greenwich Police at their non emergency number at 1-203-622-8000, and they said it was safe to drive on the roads. I guess I will go out after I shower and clean up and do some errands. I also had a wake up call at noon today from some group calling itself the United States Federation of Police Officers trying to fund raise, and I told them I have already done my fair share of walking in this area. I will now shut down the primary Vista computer. CIO

Note: <888> 01/02/09 Friday 5:45 P.M.. I ate a baloney and turkey and cheese sandwich on a Kaiser roll with 1/4th of a 5.5 ounce tube of Pringle sour cream and onion potato chips along with a dill pickle slice and a glass of watered down passion punch. I will now shower and clean up. CIO

Note: <888> 01/02/09 Friday 4:30 P.M.. I woke up during the night, and I ate two tangerines and I watched some television. I finally woke up at noon today. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with margarine, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I went outside, and I threw out the garbage and the old periodical literature. The order from <u>www.ordersmokesdirect.com</u> of 10 cartons of King Mountain Ultra Lights 100s in a box arrived. The order for <u>McAfee Internet Security 2009 - MIS09EMB3RAA -</u> <u>Buy.com 3 license</u> for \$27.99 with free shipping, and it has a \$20 mail in rebate arrived. I chatted with two relatives and a friend. I chatted with an out of town comment line twice. I went back downstairs, and the Otis Elevator person was here to fix a button on the elevator. I chatted a neighbor. I picked up the rest of my mail. I received a \$10 survey check from Knowledge Networks. I have the \$20 MaAfee rebate information ready to mail. It is close to freezing outside which could cause ice on the roads, so I do not plan to go out, since I do not want to risk the Audi.

Tracking is <u>UPS: Tracking Information</u> is the order for <u>Newegg.com - SYBA SY-UEN-5SL</u> <u>5.25'' USB2.0 Aluminum External Enclosure, Big Cooling Fan, Support 3.5'' HDD -</u> <u>External Enclosures</u> for \$19.99 and \$8.97 shipping for \$28.96 total.

<u>UPS: Tracking Information</u> on 15 inch diameter <u>Amazon.com: Winware Coupe Style</u> <u>Aluminum Pizza Trays: Kitchen & Dining</u> for \$6.99 and free shipping on a over \$25 order was just delivered along with a gift from a relative. From the relative, I received a Hugo Boss blue XXL polar fleece jacket and a Faconnable jeans turquoise plaid sports shirt in XXL both sold by <u>www.nordstrom.com</u>.

I put the aluminum 15 inch pizza pan on top of the Sharp convection oven in the kitchen. I put the blue polar fleece in the left living room closet and the turquoise dress shirt in my bedroom closet. CIO

Note: <888> 01/01/09 Thursday 8:45 P.M.. I ate the same dinner as two nights ago. I did a Vista Complete PC backup from the first hard drive to the second hard drive, and also to the Maxtor external hard drive. I watched the Harry Potter DVD. I chatted with a

relative. I will now shut down the primary Vista computer, and I will go to bed soon. Stay warm. CIO

Note: <888> 01/01/09 Thursday 3:55 P.M.. After I printed out my last four months of notes, I bound them in two clamp binders, and I put them on the Matsonic computer chair.

I posted the notes at:

Scott's Notes from June 1997 through August 2005, 4.81 Mbytes http://mikelouisscott.com/mlsnote1.zip contains "mlsnote1.doc" pages 1 - 1582 January 1997 to December 2001 and "mlsnote2.doc" January 2002 through December 2003 pages 1583 - 2855" and "mlsnote3.doc" January 2004 through December 2004 pages 2856 -3605" and "mlsnote4.doc" January 2005 though April 2005 pages 3711 -4259"

Scott's Notes from September 2005 through December 2008, 4.02 Mbytes http://mikelouisscott.com/mlsnote2.zip contains "mlsnote5.doc" and "mlsnote6.doc" and "mlsnote7.doc" and "mlsnote8.doc" and "mlsnote9.doc" and "mlsnote10.doc" and "mlsnote11.doc" and "mlsnote12.doc" and "mlsnote13.doc" and "mlsnote14.doc" pages 4335 - 6999

and

<u>Scott's Notes from June 1997 through August 2005, 4.81 Mbytes</u> <u>http://www.geocities.com/mike2scott2003/mlsnote1.zip contains ''mlsnote1.doc'' pages 1 - 1582 January 1997 to December 2001 and ''mlsnote2.doc'' January 2002 through</u> <u>December 2003 pages 1583 - 2855'' and ''mlsnote3.doc'' January 2004 through December 2004 pages 2856 - 3605'' and ''mlsnote4.doc'' January 2005 though April 2005 pages 3711 - 4259''</u>

Scott's Notes from September 2005 through December 2008, 4.02 Mbytes http://geocities.com/mike2scott20062/mlsnote2.zip contains "mlsnote5.doc" and "mlsnote6.doc" and "mlsdoc7.doc" and "mlsnote8.doc" and "mlsnote9.doc" and "mlsnote10.doc" and "mlsnote11.doc" and "mlsnote12.doc" and "mlsnote13.doc" and "mlsnote14.doc" pages 4335 - 6999

and

Michael Scott's Notes in *.pdf format from June 1997 to Date . CIO

Note: <888> 01/01/09 Thursday 2:05 P.M.. I woke up at 10 A.M.. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with margarine, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I went outside, and I threw out the garbage. I cleaned the last remaining powdered snow off the Audi. I wished a neighbor Happy New Years. I chatted with a relative. I printed out two copies of the Microsoft Money 2006 reports for December 2008, for the year 2008, for the year 2008 by month, and for the years 1991 through 2008 by years, and I have one copy ready to send to an interested relative. I will now print out my last four months of Scott's notes. CIO

Note: <888> 01/01/09 Thursday 12:05 A.M.. Happy New Years. It is currently 15 degrees Fahrenheit outside with a wind chill of minus one degrees Fahrenheit, and there is blowing snow but not snowing. I will now shut down the primary Vista computer, and I will go to bed soon. Stay warm. CIO

Note: <888> 02/28/09 Saturday 2:15 P.M.. I chatted with a relative. I also ate a piece of pumpkin pie. I will now shut down the primary Vista computer, and I will take a nap. Enjoy the afternoon, we are suppose to have a Light Wintry Mix for the weather tomorrow and snow on Monday, so be prepared for colder weather. CIO

Note: <888> 02/28/09 Saturday 12:05 P.M.. I will now eat the same London Broil dinner as two and four days ago. CIO

Note: <888> 02/28/09 Saturday 11:55 A.M.. For one of the Dell Latitude CS laptops, I ordered <u>Newegg.com - PLANTRONICS .Audio 70 3.5mm Supra-aural Analog PC Headset</u> for \$6.99 with free shipping. CIO

Note: <888> 02/28/09 Saturday 11:45 A.M.. I took the two foot USB mini cable out of the Hawking device box, and I am back to using it on the USB 2.0 hub on the Epox computer. When I get the new USB mini B cables, I will put them in the Hawking box. CIO

Note: <888> 02/28/09 Saturday 11:35 A.M. I was awake at 4 A.M. this morning. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes, and I made my bed. I chatted with a relative. I installed Microsoft Money 2007 on the FIC server and the other three desktop computers beside already having it on the primary Vista computer. I installed any recent changes. I backed up the FIC server and the other three desktops to both their second internal hard drives and the external hard drives. I noticed on www.foxnews.com this morning that Bill O'Reilly is from Manhasset, Long Island where the Wright Brothers hardware store is, so I guess he better stay in broadcasting instead of going into Home Improvement in nearby Plandome Manor, Long Island where an even more conservative group of people live. When I lived out on Long Island part time from 1978 to 1983, I spent a lot of time driving to my relative's house in New Canaan, Connecticut, and I did not pay much attention to Greenwich, Connecticut, because I thought it was bad luck, when I visited off the train the day Ronald Reagan was shot and all Hell broke lose, back around February 1981. CIO

Note: <888> 02/27/09 Friday 9:05 P.M.. I ate two hotdogs on buns with mustard and ketchup and a dill pickle slice and 1/3rd of a 5.5 ounce tube of Pringle low fat potato chips and a glass of watered down passion punch. I will now shut down the primary Vista computer, and I will go to bed soon. Partly cloudy tomorrow with a high of 35 degrees Fahrenheit. CIO

Note: <888> 02/27/09 Friday 7:35 P.M. <u>Redmond | News: Release Candidate of Vista SP2</u> <u>Now Available</u>

InternetNews Realtime IT News - Windows 7 Inches Ahead Amid Leaks on Ship Date

Henry Wadsworth Longfellow (American poet) -- Britannica Online Encyclopedia

Glenlivet XXV Whisky Event of the Year, alas computers and liquor do not mix.

The order from last week for two <u>Accessories - Microsoft Wireless Laser Mouse 5000 (63A-00006)</u> for \$12.90 each and \$6.99 shipping for \$32.79 total was cancelled for lack of supply.

Tracking is <u>UPS: Tracking Information</u> on the order for <u>Dell Latitude CS Laptop</u> <u>Motherboard Used For Parts - eBay (item 370156230208 end time Feb-08-09 08:55:19 PST)</u> for \$19.62 with free shipping.

<u>On Sale - Buy new, factory-sealed Creative Labs MP3 players, sound cards, speakers, cameras, and more</u>

For the Dell Latitude CS laptop computer mice, I ordered two <u>Logitech Cordless Click</u> <u>Optical USB Wheel Mouse - eBay (item 170306083663 end time Mar-26-09 15:11:21 PDT)</u> for \$6.99 each with free shipping for \$13.98 total.

This ebay store <u>eBay Seller: gro ovytech: Computers Networking, Video Games items on</u> <u>eBay.com</u> has other tech items with free shipping.

BBC NEWS | Science & Environment | Earliest 'human footprints' found CIO

Note: <888> 02/27/09 Friday 5:35 P.M.. To have a 15 foot one to possibly use for better reception from the neighbors in Kennebunkport, Maine, I ordered <u>Amazon.com: RiteAV - USB 2.0 A to Mini-B 5-pin Cable 15ft.: Electronics</u> from the bottom one here from New York <u>Amazon.com: Used and New: RiteAV - USB 2.0 A to Mini-B 5-pin Cable 15ft.</u> for \$2.99 and \$4.99 shipping for \$7.98 total. CIO

Note: <888> 02/27/09 Friday 4:50 P.M.. I chatted with a relative. I did a Vista Complete PC backup of the primary Vista computer from the first hard drive to the second hard drive and also to the Maxtor external hard drive. I ate a ham and cheese sandwich on a Kaiser roll with a dill pickle slice and 1/3rd of a 5.5 ounce tube of Pringle low fat potato chips along with a glass of watered down passion punch.

The <u>Hawking Technologies [HWDN2] Hi Gain Wireless-150N USB Dish Adapter (Mac & PC)</u> from this page <u>Amazon.com: Used and New: Hawking HWDN2 Hi-Gain Wireless-150N USB Network Dish Adapter</u>, that I ordered the one from Georgia <u>Amazon.com: 247eMall Storefront</u> and <u>Amazon.com: Used and New: Hawking HWDN2</u> <u>Hi-Gain Wireless-150N USB Network Dish Adapter</u> in the original retail box for \$24.59 and \$5.49 shipping for \$30.08 total arrived. I installed it on both Dell Latitude CS laptop computers, and it works just fine. It came without its USB cable, but I used the USB cable from the USB 2.0 hub on the Epox computer.

I ordered two <u>Amazon.com: 6ft USB Type A Male to Mini B (5 Pin) Male Cable:</u> <u>Electronics</u> for a penny each and \$5.96 shipping for \$5.98 total. I went outside, and I chatted with neighbors and the building custodian. I walked around the building. I chatted with <u>www.gop.com</u>, and they want me to send them \$5, but I will have to think about it, since expenses are getting tighter. I put the Hawking device on top of the scanner by the bedroom Gigabyte computer. In the mail, I received my first issue for a year of <u>www.forbes.com</u>. I also received a \$10 survey check from Knowledge Networks. CIO

Note: <888> 02/27/09 Friday 11:45 A.M.. <u>Microsoft Office Discount for US Students - The</u> Ultimate Steal- Office 2007 Software for \$59.95

I bought <u>Cheap OEM Software // Microsoft Money 2007 Deluxe \$25.40 download, should</u> <u>be able to use on multiple machines</u> for \$19.90 and \$5.50 download cost for \$25.40 total. I burned two copies to CD. I uninstalled Microsoft Money 2006 which updates had expired. I rebooted and installed Microsoft Money 2007, and then its updates. It converted my old Microsoft Money 2006 file to Microsoft Money 2007. It works just fine.

My Microsoft Money Index Portfolio that I started eight years ago with a 100 shares of 150 different stocks and 40% of Berkshire Hathaway A and B for a million dollar investment which at the height of the stock market was up to \$1,993,000 today is now worth only \$1,094,182.61, but in its eight years or so that I tracked it, it was once around after the first year down to \$875,000. It is an index portfolio, and it was not meant to outperform the stock market, but just to track it. Microsoft Money 2007 does not have product activation, so it can be used on multiple computers. CIO

Note: <888> 02/27/09 Friday 10:00 A.M.. I went outside, and I threw out the garbage. I chatted with some neighbors and a Greenwich Housing Authority official. I walked around the building. From the back yard, one can see a new Sunoco gasoline station, so maybe there is one down by the Connecticut New York border where the Exxon station used to be or possibly where the Gulf station used to be. The new cage around the home plate of the baseball field looks like it is mostly finished. They have an old pole that needs to be removed though. From what I can tell, with the economic recession going on all over the world, there are probably more younger unemployed people downtown, so they do not need to have me out there volunteering my time observing on Greenwich Avenue. I did that for 26 years in Greenwich, since I moved off Nantucket, and I also did that for ten years in Manhattan and a few other places where Manhattan people go. Alas nobody ever communicates with me, since they are more interested in dealing with people with money, and thus low income people with communications do not get much communications in either direction. Your would think, since we supposedly live in a democracy, someone would be interested in communicating with low income people, but they all seem to be more interested in following people whom they perceive to have money, which can frequently cost one money. The internet costs me a lot of money and time, but it is better than having uninformed people misrepresent one, based on what little they know. Greenwich, Connecticut is full of gossips whom really do not know much but soap operas, since they watch too much television. It is my viewpoint, it also costs me money to go downtown and volunteer my time, and there are plenty of other retired people with more money, whom might think about volunteering some of their time, as opposed to being sidewalk

philosophers. I guess with the economic recession, basically all we can do is try to maintain appearances. I have a feeling that nearby Westchester County is getting a lot more of our business, since a lot of the people I seem to see downtown in Greenwich are coming from that direction trying to get some of our business. Alas, New York television seems to generate most of the media attention around here, but once quits going to New York City, it is really not relevant. CIO

Note: <888> 02/27/09 Friday 8:05 A.M.. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes, and I made my bed. I will shower and clean up shortly. CIO

Note: <888> 02/27/09 Friday 6:50 A.M.. I woke up during the night, and I ate 1/4th of a tube of Ritz crackers. I finally woke up at 5:30 A.M.. I paid my electricity bill to <u>www.cl-p.com</u>. I paid my Digital Cable Television, Optimum Online Boost, and Optimum Voice bills to <u>www.cablevision.com</u>. I paid my bill to <u>www.verizon.com</u>. I ordered from <u>www.ordersmokesdirect.com</u> 10 cartons of King Mountain Ultra Lights in a box for \$18.49 a carton and \$24.43 shipping for \$209.33 total. CIO

Note: <888> 02/26/09 Thursday 9:15 P.M.. From <u>Outlet Center: Hard Drive Sale | Seagate</u>, I bought two Seagate 3.5 inch PATA Internal Drive 300 Gigabyte hard drive kits for \$39.99 each and \$7.99 shipping for \$87.97 total. That is better than half the normal price. They are suppose to have 5 year warranties too, so they should last me a while, when I need to use them. I will now shut down the primary Vista computer, and I will go to bed soon. Cloudy tomorrow with rain in the afternoon and a high of 53 degrees Fahrenheit. CIO

Note: <888> 02/26/09 Thursday 6:30 P.M.. I bought for \$2.99 <u>Amazon.com: The 99 Most</u> <u>Essential Mozart Masterpieces: MP3 Downloads: Various Artists</u>. They took a while to download, and then the download did it twice, so I had to delete the extra copies from the music folder, and then I copied them to the D: drive and the LAN storage device. One download is about one gigabyte in files.

Note: <888> 02/26/09 Thursday 6:15 P.M.. I studied some of the Dutch Royal family web site. I will have to look at it more, when I have the time. I do not speak Dutch, but since my mother is 100% Dutch from Holland, Michigan, I once thought about moving back to the Netherlands, where I might be around more of my native people, but I was told by the Dutch consulate in Manhattan to be repatriated to the Netherlands, you have to have a Dutch father, and not a Dutch mother. I guess at age 59, I would have a hard time getting use to another area, and it is very damp there, which is hard on the arthritis, like it is not damp on the west side of the Atlantic ocean. I guess because we are not longer able to go to New Amsterdam, they have forgotten about us. I installed the Quick Time viewer on the primary Vista computer, so I can view the content on the Dutch Royal Household web site. When my friend called last night, I ate a 1/5th piece of pumpkin pie afterwards, and I will eat another piece before going to bed tonight.

I received with tracking of <u>UPS: Tracking Information</u> on the order for <u>Guide Gear Short</u> <u>Jacket, Duck Brown, Men's Clothing, Guide Gear at Bargain Outfitters</u> for \$19.97 in 2XL with \$5 off with coupon code "BF663" and \$5.99 shipping for \$20.96 total. It fits quite well, and I hung it in the right living room closet. CIO

Note: <888> 02/26/09 Thursday 5:20 P.M.. I never got my Save the Children <u>Official Site -</u> <u>Save the Children: Helping Children in Poverty and Children in Need</u> Christmas Card from the Dutch Royal Household <u>The Dutch Royal House</u>, so I guess they are probably cutting back on postage expenses and using the internet. They still seem to spend a lot of money shipping flowers around the world.

The Dutch Royal House family photo

I tried printing out the Dutch family photo on the Samsung color laser printer, but it gave a out of memory error. I printed out two 4 inch by 6 inch copies of it with the HP Photo printer, and I put one over the Dutch royal couple's wedding photo that was hanging on the front entrance of my apartment, and I put the other one in my photo album. The one hanging on the front inside door has plastic wrap over it, since the glass on the frame broke, when it was hung above the light switch by the door, and kept falling on the floor. CIO

Note: <888> 02/26/09 Thursday 4:00 P.M.. <u>Windows 7 Tasksbar Multi-Monitor Support -</u> <u>Microsoft is not confirming - Softpedia</u>

<u>Microsoft Serves Up Vista SP2 Release Candidate - Software - IT Channel News by CRN</u> and VARBusiness

RBS: Safe But Not Sound - Forbes.com

Johnny Cash (American musician) -- Britannica Online Encyclopedia

<u>World Trade Center (building complex, New York City, New York, United States) --</u> <u>Britannica Online Encyclopedia</u>, 16 years since first attack.

Child's Life and Death Show British Politician's Human Side - NYTimes.com

<u>RBS</u> Posts Biggest Loss in British Corporate History - NYTimes.com

Vesuvius

<u>Global Volcanism Program | Volcanic Activity Reports | SI / USGS Weekly Volcanic Activity Report |</u>

Japan Meteorological Agency

ASAMA 2004

The Associated Press | The essential global news network

Russia Institute of Volcanology and Seismology Far Eastern Branch RAS

Russia Monitoring of volcanic activity

Tokyo VAAC

New Zealand GeoNet

New Zealand GNS Science

New Zealand EQC - Welcome

NASA Earth Observatory

volcarno.com

HOTSPOTS -University of Hawaii CIO

Note: <888> 02/26/09 Thursday 2:15 P.M.. <u>BBC NEWS | Americas | US fortune 'not solely</u> for dogs'

BBC NEWS | Americas | Chile volcano eruption continues

<u>BBC NEWS | UK | Scotland | Glasgow, Lanarkshire and West | Scots fir is 'tallest tree in</u> <u>UK'</u>

BBC NEWS | Health | Gene could allow lab-grown teeth

BBC NEWS | Science & Environment | More seeds for 'doomsday vault'

BBC NEWS | Technology | New MoD tech 'could save lives' CIO

Note: <888> 02/26/09 Thursday 1:50 P.M.. <u>Gov. Bobby Jindal's volcano remark has some</u> <u>fuming - CNN.com</u> CIO

Note: <888> 02/26/09 Thursday 1:10 P.M.. I had a telephone call from a friend last night about 10:30 P.M.. We chatted for about a half hour.

The friend mentioned this story <u>2 Money Managers Held in New Wall St. Fraud Case -</u> <u>NYTimes.com</u>.

Futures group suspends 2 Greenwich investors - Greenwich Time

One of my three roommates at www.lfc.edu my sophomore year was Carter Bacon, and his younger sister Robin Bacon was married to Paul Greenwood at one time. I am not sure if they are still married or not. I think the Bacon family were from the bankrupt Wall Street firm of Bacon Whitbold. I was a classmate at Greenwich Country Day School with George Whitbold, and his family ran the florist shop at the Waldorf Astoria. Back in the summer of 1968, when I first visited Nantucket on my own, I stayed on Orange Street in a small one bedroom apartment with about 200 other prep school students, and apparently the apartment was rented by George Whitbold. George Whitbold had a younger brother too, and they lived near the Greenwich Country Club. Anyway, Carter Bacon's mother lived next door to the Bobby Kennedy family in Hyannisport, so possibly the Kennedys have made or lost money in the Greenwood financial fraud. Caroline Kennedy also lives in North Salem, New York, so there are probably other people in that area involved too. Carter Bacon graduated from the University of Virginia school of law, and the last I heard he is practicing law at Nixon Peabody in Boston. He wrote in the Lake Forest College alumni magazine that he represents all of Saudi Arabia in Boston. He once sailed around the world solo on his father's sailboat from Grand Rapids, Michigan, so he also knows how to leave the country undetected. He goes by the alias "Bink".

There is also this story about North Salem, New York, since Stewart Mott lives in North Salem, New York <u>G.M. Loses \$9.6 Billion; Wagoner Back in Washington - NYTimes.com</u>. Richard Van Marter use to have a \$85,000 house in North Salem New York, he sold for \$150,000 about 10 years ago. It was sold to Richard about 25 years ago for \$85,000 by the Presbyterian Church in North Salem, New York which owned it for the minister, and after the church closed for lack of interest, they sold the house to Richard. Thus the horse people probably have financial problems these days.

Also I was told by a relative that the fellow Stamford in in the financial fraud in Antigua also had a large office in Vero Beach, Florida, so he probably defrauded people down there too.

I finally woke up at 4 A.M. this morning. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes, and I made my bed. I did my house cleaning for the first time since the Friday before Christmas, so the apartment is a lot cleaner. I threw out the garbage, and the old periodical literature. The building custodian is back, he was sick for a few days. I told him he should get a flu shot at the Greenwich Hospital outpatient clinic. They have to label the new recycle garbage cans besides bottles and cans, they have to label one newspapers and one mixed paper, so people do not mix up the recycle materials.

Coupon good for 10% to 16% off liquor at the nearby Var Max Liquor Pantry just across the border just west of Cumberland Farms in Port Chester, New York on U.S. 1 good until February 28, 2009 <u>Discount Coupon Greenwich Time | Greenwich Shopping - Liquor</u> <u>Stores - Var Max Liquor Pantry</u> I had the same dinner as two days ago. I went downstairs, and I chatted with neighbors. Earlier I chatted with a relative twice. I am a bit worn out from the house cleaning, so I will not be going out today. CIO

Note: <888> 02/25/09 Wednesday 6:20 P.M.. I heated and ate a 18 ounce can of Campbell's New England clam chowder, and I put a little bit of dried parsley on it. I chatted with a relative. I will now shut down the primary Vista computer, and I will go to bed soon. I think I might do house cleaning tomorrow after breakfast, when I wake up. CIO

Note: <888> 02/25/09 Wednesday 5:05 P.M.. Yesterday, I propped up the primary Vista computer with four French wine bottle corks that I cut on an angle, so the Microsoft wireless 6000 version 3 keyboard is on a sharper angle. I move the spices and other items from the top center kitchen cabinet to the metal and wicker videotape rack at the kitchen entrance. I put the new set of Chinese plates, saucers, and tea cups and silverware on the top center kitchen cabinet shelf. I straightened up the two lower shelves, and the same for the right kitchen cabinet. I have not done house cleaning since the Friday before Christmas, so sooner or later I have to that, now that I am not doing too much on the computer all of the time. Still the apartment is relatively clean. It does not make sense to me that they are redoing the baseball field home plate cage, since they did that a couple of years ago. However, that some times is volunteer project not funded by the town of Greenwich. In the old days before the Bushs came to glory, the Duke of Windsor set Greenwich, Connecticut on the map, when he dedicated a statue at the Electrolux factory in Old Greenwich, Connecticut. From the many people I have chatted with locally, more people seemed to have worked there than any other place. Alas, I do not know if the statue is there anymore or not. When I helped http://mikelouisscott.com/fred.htm run the apartment at 420 East 49th street in Manhattan, Wilbur Banks the Electrolux salesman from Greenwich even showed up there, and he sold Fred a new vacuum cleaner. Wilbur told me that Stillman Rockefeller had a large bar in his house on Glenville Road. Alas, I got rid of my two old Electrolux vacuum cleaners, since I did not have room for them, but I have the new Hoover machine that is somewhat awkward to use along with the older Sears upright that I fixed. I also got rid of the old Hoover upright. I spend so much time on the computers, that I frequently do not have time to get the larger perspective of the apartment, but it seems all right to me from my viewpoint. So one of the days, I will do house cleaning.

There do not seem to be any bargain basement bargains at <u>Michael Louis Scott's Bottom</u> <u>Fishing Links</u>. I think the Federal Government should use some of the Economic Stimulus package to give the non income tax paying low income individuals the same \$300 tax return that they did last spring, but how about \$500, since prices have gone up. CIO

Note: <888> 02/25/09 Wednesday 3:35 P.M.. Of course the Bush <u>www.georgebush.com</u> group after conquering the world of finance at <u>Brown Brothers Harriman & Co.</u> went into local Connecticut politics and were also involved in the local charity milk fund and the <u>Welcome to the Frontpage - The Greenwich Red Cross</u>, and when the younger generations got tired of playing horse shoes at Tod's Point, they moved to Texas and became involved with <u>Pennzoil</u> before branching off into private business and Texas politics and then at the National Level. Having been a resident in this area since 1961, with the first year in Stamford, Connecticut near where Vivian Vance lived before moving to Baldwin Farms North off Round Hill Road in 1962, I was aware of the Bush family for a long time, but alas since at my class at Greenwich Country Day School <u>Greenwich Country Day</u>, I was taught to be more private, since in my class of 66 people, I had a Rockefeller, Vanderbilt, Frick, Dodge, and Warburg along with a few people from Time magazine <u>www.time.com</u>, so we eventually moved to New Canaan, Connecticut for a year, when we spent all of our time driving down to Greenwich, and finally after living briefly next door to the Rockefellers on Alpine Road, we moved back to Baldwin Farms South and then we moved up to Weston, Massachusetts for a while before we returned back to Greenwich, Connecticut in the summer of 1973 where we lived near the Bushs, when we lived on Cornelia Drive, thus from my viewpoint, somewhere out there in the world, there might be someone who knows more than what is in the public media. Alas, I do not pay much attention to the public media, since it mostly is trying to sell one items that one can not afford. I ate a piece of pumpkin pie. CIO

Note: <888> 02/25/09 Wednesday 2:55 P.M.. The Seagate Outlet store starts its sale tomorrow <u>Outlet Center: Hard Drive Sale | Seagate</u> . CIO

Note: <888> 02/25/09 Wednesday 2:40 P.M.. I went out, and I picked up the mail. I chatted with a friend. Not much seems to happening out here in Southwestern Connecticut, but it is my viewpoint with all of the New York people whom cross over the border into Connecticut that they might be up to something in our area that I am unaware of. Of course in the tristate area, people commute back and forth all of the time, but with the large metropolitan area nearby, we get a constant ebb and flow of traffic from the New York City area, which varies hour to hour and day to day and week to week and month to month and season to season. Alas, since I have lived in New York City, and since I have also lived at over 40 other locations, I tend to have a larger viewpoint than some of the locals. With all of the media people in residence in town, we tend to get over advertised for the services that we offer. If is rather quaint that whenever I explored the New York City library, it was never very busy, but the Greenwich Library www.greenwichlibrary.org seems to be a lot busier with all of its free internet access. Not many people seem to read too much of the periodical press, and the way I figure it, it costs most of the users more money in gasoline to drive to the Greenwich Library than it would cost to have internet access at home, but I guess they enjoy the trip out here to the country. In the old days, the students use to come out here and rent bicycles and in the warmer weather, they use to enjoy our outdoor parks, now they seem to enjoy the excitement of the internet in the Country for whatever it is worth. Having covered the Metropolitan Museum of Art for 10 years in Manhattan during the last recession, it was never as busy as the Greenwich Library seems to be. It is too bad they never used it more during boom times, and they would have a better direction as to have planned their long term futures. In other words, I tend to be more conservative in my outlook as far as the economy, because I have a Bachelors of Arts Degree in Economics from www.lfc.edu which tends to give one a perspective as to what to expect in the economy. Alas they are not yet selling apples on the sidewalk for a dollar, but I am sure some high tech people are trying to figure out what is the point of all this communications equipment if nobody knows how to communicate.

Possibly they do not even know English as a first language, and they just show up here, because the Hollywood types over advertise this area. Connecticut originally got to be well known from Mark Twain, and then Bing Crosby with Christmas in Connecticut, and finally about 30 years ago, a lot of corporations started putting executive offices out here, and the locals liked it because it decreased the local property taxes letting the corporations to pick up the bill for the commercial real estate. Also my only job in Manhattan was at <u>www.cbsnews.com</u> as a clerk typist during the spring and summer of 1973 during Watergate, and if you can recall in the early 1960s Lucy and Dezi made Connecticut famous in their television series, but alas Lucy's daughter lived in Bedford, New York at one time, but Lucy and Dezi were married by the Justice of the Peace in Byram, Connecticut, when in the Old Days, you could cross the state line and get married anytime 24 hours a day in Byram. CIO

Note: <888> 02/25/09 Wednesday 1:25 P.M.. <u>Microsoft Backs Off on Severance Issue -</u> <u>News and Analysis by PC Magazine</u>

Microsoft's Ballmer outlines his seven big bets for 2009 | All about Microsoft | ZDNet.com

<u>\$100 Tiffany - Style Holloway Lamp, Furniture & Home , Brand Not Specified at Bargain</u> <u>Outfitters</u>

Pierre-Auguste Renoir (French painter) -- Britannica Online Encyclopedia

One day to bid, lost your house, move to a Yacht, search <u>www.ebay.com</u> for "Ocean Yacht", you can get one for a lot less than a house, but they probably cost a bit of money to maintain.

Sorry, it looks like you missed this one for \$23,000 <u>Martha's Vineyard Ferry For Sale On</u> <u>eBay - Boston News Story - WCVB Boston</u>. You could take it to your own private island, where ever that might be. Of course if you could afford a private island, you could also afford the \$6 million to fix it up.

BBC NEWS | UK | UK Politics | Cameron's 'beautiful boy' dies CIO

Note: <888> 02/25/09 Wednesday 12:50 P.M.. In economically depressed and recessed hard times in the Unites States of America, we can still enjoy our small pleasures. I made and drank a cup of Salada green tea with a packet of splenda sweetner and a teaspoon of Borden lemon juice. I also took the Mrs. Smith's pumpkin pie out of the oven to cool for two hours. CIO

Note: <888> 02/25/09 Wednesday 12:05 P.M.. I tested the Western Digital 160 gigabyte hard drive that failed in the FIC server, and the hard drive still works. I must have loosened its power cable, when I attached the ATI X1300 video card to the same power cable string in the primary Vista computer. I will keep it for a backup hard drive, so I do not need to buy another backup hard drive. I called Staples in Old Greenwich, and they still have a Western Digital 320 Gigabyte IDE hard drive for \$80. However, they no longer list them on their web site. I tested an older 20 gigabyte Western Digital Hard Drive in the bedroom Gigabyte computer, and it is defective and clanks. I noticed I had the primary IDE cable connected to the good hard drives in it wrong, so I configured it properly. I ate a ham and cheese sandwich on a Kaiser roll with a dill pickle slice and a 1/6th of a 5.5 ounce tube of Pringle sour cream and onion potato chips and a glass of watered down passion punch. I went downstairs, and I chatted with neighbors. I chatted with a relative. I am baking a 27 ounce Mrs. Smith's frozen pumpkin pie. CIO

Note: <888> 02/25/09 Wednesday 7:55 A.M.. Police look forward to summer move in date -Greenwich Time CIO

Note: <888> 02/25/09 Wednesday 7:45 A.M.. After I went to bed, I chatted with a friend about 10:30 P.M. last night. I woke up at 1:30 A.M.. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I went back to bed until 5:30 A.M.. I washed the breakfast dishes, and I made my bed. I threw out the garbage. I watched some chef on television that looked like www.jamieoliver.com . Maybe it was an older program. When I went outside, and I walked around the building. I noticed the building was built in 1925. One of my neighbors on the ground floor that has a garden each summer in back and has a garden hose coming out of his apartment window. It looks like the window has been left open 3 or 4 inches all winter. The bench by the corner of the building by the baseball field has one of its front wooden slats broken. They are also building a new wire metal cage around the baseball diamond. There is also still a broken window pane in the round attic window on the rear side of the building. The second Dell Latitude CS laptop computer would not start with the new generic USB 1.0 hub attached to its docking station, so I put the D-Link USB 1.0 powered hub on it, and it starts just fine. I moved the new generic USB 1.0 hub to the right side board bookcase shelf in the bedroom. CIO

Note: <888> 02/24/09 Tuesday 6:25 P.M.. I went downstairs, and I picked up the mail. I chatted with a relative. I am a bit tired, so I will now shut down the primary Vista computer, and I will go to bed soon. Stay warm. High tomorrow of 38 degrees Fahrenheit, and partly cloudy in the morning and sunny in the afternoon. I heard a bit more jet traffic this afternoon. CIO

Note: <888> 02/24/09 Tuesday 5:45 P.M.. Tracking is <u>UPS: Tracking Information</u> on I think on the order for <u>Logitech ClickSmart 310 Video WebCam and Digital Camera:</u> <u>961189-0403 JustDeals.com Inc.</u> for one cent and \$6.95 shipping for \$6.96 total.

Visit Britain

Audiovox Gmrs 2 - Way Radios With Charger, Electronics, Audiovox at Bargain Outfitters

<u>D-Link Express EtherNetwork DP-301U Print Server - DP-301U - Buy.com</u> \$20 with shipping

Dell Insprion Mini 9 \$99 with two year AT&T plan after \$350 mail in rebate

24-hour Sale + Free Shipping: \$599.99 Sony VAIO NS Laptop, \$99.99 Antec 900 Case

2009 Joint Assembly: Abstract Submissions

Glacier and Permafrost Hazards Working Group

Vacancies - Durham University

BBC NEWS | Business | US recession 'may last into 2010'

BBC NEWS | Science & Environment | Rare cheetah captured on camera CIO

Note: <888> 02/24/09 Tuesday 4:40 P.M.. I woke up at 4 A.M.. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes, and I made my bed. I threw out the garbage, and I chatted with neighbors. I finished copying the files to the Netgear LAN Storage Device. I have 66.4 gigabytes of files stored on it including the Server folder and files from the Primary Vista computer. I also made 10 folders for each of the nine computers and a spare tenth one. Also all nine computers are connected up to the Netgear LAN storage device. I backed up the changes on the Abit, Epox, and bedroom Gigabyte computer. I did not take the time to backup the changes on the laptops and the Northgate Syntax computer, which does not have a backup program. I installed the updates on the Northgate Syntax computer. For some reason, its LAN cable was disconnected from the Netgear switch, so I reconnected it. Also on the second Dell Latitude CS laptop computer would not boot, and when I removed the new generic USB 1.0 hub from it, it booted properly. I have an older Linksys USB 2.0 hub on the primary Dell Latitude CS laptop. However, I switch the new generic USB 1.0 hub with the other new generic USB 1.0 hub, and there was no problem, and then I tried the other one, and there was no problem. I went outside, and I checked the mail twice, and I chatted with neighbors. I ate a sautéed 8 ounce London Broil steak with steak seasoning and steamed vegetables with olive oil and watered down passion punch. It is cold outside, but the sun is warming up the apartment a bit. I saw the first sign of spring, a flock of robins flying by. One has to turn on the Netgear LAN storage device to have it work with the computers. Since it is basically a storage device, there is not a lot of need to use it all of the time. I thus have the files from my primary Vista computer hard drive saved on the second hard drive and the storage device, and also in the Vista Complete PC backup form on the second hard drive and two external hard drives. Not that is really necessary, but since I have the capability I save the files. CIO

Note: <888> 02/23/09 Monday 8:30 P.M.. I will now shut down the primary Vista computer, and I will go to bed right away. Have a good night and stay warm. High of 32 degrees Fahrenheit tomorrow and partly cloudy in the morning and sunny in the afternoon. CIO

Note: <888> 02/23/09 Monday 8:05 P.M.. I went downstairs, and I picked up the mail. I chatted with neighbors. I chatted with a relative.

The order with UPS: Tracking Information on the order for Netgear SC101 Storage Center Network Attached LAN HDD Enclosure: SC101-100NAR JustDeals.com Inc. and SC101 - NETGEAR.com and with Vista SP1 you use this software http://kb.netgear.com/app/answers/detail/a_id/953 and http://kb.netgear.com/app/answers/detail/a_id/667 and more information http://kb.netgear.com/app/products/model/a_id/2537 for \$19.95 and \$6.95 shipping for \$26.90 total arrived.

I put the new spare 320 gigabyte Maxtor hard drive in it. I set it up on the right side of the primary Vista computer center monitor. I set it to turn on and off with the right switch on the upper control panel. I still have to label the switch. I installed the Netgear SC101 software and the update on the primary Vista computer and the FIC server. It works just fine. I partitioned the drive into two 148 gigabyte partitions. It is only FAT32, so one can not do a Vista Complete PC backup to it, since that needs NTFS file system. I backed up the changes on both the primary Vista computer and the FIC server to their second hard drives. I copied some folders to the Netgear Storage drive. I am now copying the FIC server, server folder. Once that is done in about 30 minutes, I will start the FIC server, and I will shut down the primary Vista computer. I ate a ham and cheese sandwich on a Kaiser roll with 1/5th of a 5.5 ounce tube of Pringle sour cream and onion potato chips and a dill pickle slice and a glass of watered down passion punch. I am a bit tired, so once I have shut down the primary Vista computer and started the FIC server in a half hour, I will go to bed. CIO

Note: <888> 02/23/09 Monday 1:50 P.M.. I went out after the last note. I chatted with neighbors. I went by the Greenwich Hospital Thrift Shop. Most everything is 50% off. I bought a 4.5 foot high metal and wicker CD or videotape holder for \$2. I browsed the shop, but I could not find anything else I need. I then went by the Greenwich Hardware store, and I bought a grey five foot long Wiremold Cord Protector for \$12.99 less \$1.30 10% discount and .70 tax for \$12.39 total. I then went by CVS, and I picked up a prescription. I then went by the Stop and Shop, and I bought a six pack of day old Kaiser rolls for \$1.25, a quart jar of B&G kosher dill pickle slices for \$2.99, a top round London Broil for \$2.99 a pound for \$5.50 and another one for \$6.22 less two \$1.50 off Manager special coupons, , a two pound bag of baby carrots for \$2.99, broccoli crowns at \$1.79 a pound for \$1.93 and fresh Chiquita bananas for .67 a pound for \$1.89 for \$19.77 total. I then returned home. I tried to use my vice grips from the tool box in the rear of the Audi to straighten out one of the screw leg feet on the metal rack, and I almost broke it off, so I soldered it on more tightly upstairs. I put the rack behind the brass hat stand at the kitchen entrance. I cut a piece of the cord protector 18 inches long, and I used it to cover the cord in front of the Ethan Allen recliner. I put the rest in its box on the floor of the sweater closet in the hallway. I cut the two pound London Broil into 1.5 inch chunks, and I ground it up in the Cuisine Art into hamburger, and I made five about 7 ounce hamburgers that I put in double baby carrots bags, and I froze them. CIO

Note: <888> 02/23/09 Monday 8:30 A.M.. I made and ate the last of the cold beef with steamed vegetables and a glass of watered down passion punch. I threw out the garbage. I brought in the Crystal Rock water, and I left it outside a neighbor's door. I will now shut down the primary Vista computer, and I will shower and clean up, and I will go out and do some grocery shopping at the Stop and Shop. The road and sidewalks are clear, and there is no black ice around here. CIO

Note: <888> 02/23/09 Monday 6:00 A.M.. <u>Alamo (monument, San Antonio, Texas, United</u> States) -- Britannica Online Encyclopedia

BBC NEWS | Technology | Code-cracking and computers

<u>UPS: Tracking Information</u> on the order for <u>Netgear SC101 Storage Center Network</u> <u>Attached LAN HDD Enclosure: SC101-100NAR JustDeals.com Inc.</u> and <u>SC101 -</u> <u>NETGEAR.com</u> and with Vista SP1 you use this software <u>http://kb.netgear.com/app/answers/detail/a_id/953</u> and <u>http://kb.netgear.com/app/answers/detail/a_id/667</u> and more information <u>http://kb.netgear.com/app/products/model/a_id/2537</u> for \$19.95 and \$6.95 shipping for \$26.90 total is out for delivery. CIO

Note: <888> 02/23/09 Monday 5:40 A.M.. I made up a fresh batch of passion punch. CIO

Note: <888> 02/23/09 Monday 5:10 A.M.. Here is the page on it <u>Hawking Technologies</u> [HWDN2] Hi Gain Wireless-150N USB Dish Adapter (Mac & PC). CIO

Note: <888> 02/23/09 Monday 4:55 A.M.. On this page <u>Amazon.com: Used and New:</u> <u>Hawking HWDN2 Hi-Gain Wireless-150N USB Network Dish Adapter</u>, I ordered the one from Georgia <u>Amazon.com:247eMall Storefront</u> and <u>Amazon.com: Used and New:</u> <u>Hawking HWDN2 Hi-Gain Wireless-150N USB Network Dish Adapter</u> in the original retail box for \$24.59 and \$5.49 shipping for \$30.08 total. Well, now I will have the chance of using one of the Dell Latitude CS laptop computers in Kennebunkport, Maine, when I am there. CIO

Note: <888> 02/23/09 Monday 4:15 A.M.. I finished reading the computer periodical magazines, and I threw them out. I ate my usual cool beef and steamed vegetables dinner with watered down passion punch. I chatted with a relative. I went to bed at 1:30 P.M.. I woke up at 1:30 A.M. today. From what I can tell outside, there is black ice around, since we had rain yesterday and we have freezing conditions all day today. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes, and I made my bed.

Diplomats return to Greenwich http://www.greenwichtime.com/ci_11758553 .

To be able use the neighbor's wireless internet in Kennebunkport, Maine in future summers, one could order <u>Hawking Technologies [HWU8DD] Hi-Gain™ USB Wireless-G</u> <u>Dish Adapter</u> from <u>Amazon.com: Hawking HWU8DD Hi-Gain USB Wireless-G Dish</u> <u>Adapter: Electronics</u> or <u>Hawking HWU8DD Hi-Gain USB Wireless-G Dish Adapter -</u> <u>HWU8DD - Buy.com</u> for about \$60 with shipping, but they are the older models.

At the bottom of this page, you can get the older 150 model in an opened box for about \$29 with shipping <u>Amazon.com</u>: Used and New: Hawking HWDN2 Hi-Gain Wireless-150N <u>USB Network Dish Adapter</u> and slightly more at <u>HWDN2, Computers Networking items</u> <u>on eBay.com</u>.

The latest model <u>Hawking Technologies [HWDN1] Hi Gain Wireless-300N USB Dish</u> <u>Adapter (For Windows)</u> goes for \$90 to \$100 where ever one looks.

I might be able to afford the open box 150 model, but I am not sure it would have the range to the neighbors which is about 500 yards. We tried buying wireless internet in the house in Maine, and the 2.4 MHz cordless telephones interfered with it, from what I remember. CIO

End of Scott's Notes week of 02/22/09:

Note: <888> 02/22/09 Sunday 7:20 A.M.. <u>George Washington (president of United States) -</u> - Britannica Online Encyclopedia

BBC NEWS | Science & Environment | Telescope spies cataclysmic blast

BBC NEWS | Technology | Help for poor to access banking

I will now send out my weekly notes. I will then shut down the primary Vista computer, and I will read the recent computer periodical literature that I have received. CIO

Note: <888> 02/22/09 Sunday 6:55 A.M.. I put away the laundry. I ate the last piece of cherry pie. I showered, and I cleaned up. CIO

Note: <888> 02/22/09 Sunday 4:55 A.M.. I had a call from a friend. I woke up at 10 P.M.. I chatted with another friend. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I went back to bed until 3:30 A.M.. I am doing two loads of laundry, and I have 50 minutes left on the dry cycle. I put clean linens on the bed. I will now eat two hot dogs with buns and 1/4th of a 5.5 ounce tube of Pringle sour cream and onion potato chips and a dill pickle slice and a glass of watered down passion punch. CIO

Note: <888> 02/21/09 Saturday 12:10 P.M.. Well, I am a bit tired, so I will now shut down the primary Vista computer, and I will take a nap. Stay warm. CIO

7077

Note: <888> 02/21/09 Saturday 11:35 A.M.. How do I know Greenwich, Connecticut business is down the tubes. Well, the biggest business in Greenwich is real estate, then second automobiles, and then third the financial services industry, and if you can afford the time to watch television instead of trying to get lucky at Starbucks, the general consensus of the television media is that all three of those key businesses are down the tubes. Word on the street is that the wholesale beer distributor in Port Chester, New York known as the Port Chester Beer distributors is doing better, but that might not be the case, since they have to compete with the wholesale prices at nearby Costco. I did notice a Help Wanted sign at the top of Greenwich Avenue where Mike's barber shop use to be that now has a women's consignment shop for clothing. It is printed fact that the Greenwich Hospital even lost \$14 million last year. CIO

Note: <888> 02/21/09 Saturday 11:15 A.M.. I chatted with a relative. I drank a cup of green tea with splenda and lemon juice.

<u>Jaz Technologies, The Art of Computers</u> seems to have some of the better deals on hard drives. However, they will only get cheaper, so I will not be getting a spare one anytime soon. CIO

Note: <888> 02/21/09 Saturday 10:05 A.M.. I made and ate a three egg omelet with three slices of white processed cheese and grated Parmesan and Romano cheese and five strips of fried bacon and a toasted English muffin with olive oil, and I ate it all with a glass of watered down passion punch. Although the weather is not too cold for me, I figure with the recession I should save money on gasoline and not use up too much energy exercise walking, since it costs more money to eat the extra food to exercise walk. CIO

Note: <888> 02/21/09 Saturday 8:25 P.M.. The Greenwich Library has a new web address at <u>Welcome to Greenwich Library</u>. I renewed James Bamford's book "Body of Secrets".

How Harvard's Investing Superstars Crashed - Forbes.com

More savings in Scotland for 2009!

I went outside, and I threw out the garbage. It seems to be a sunny day. The television weather station advised people to wear sun glasses.

BBC NEWS | Science & Environment | Nasa delays space shuttle launch

BBC NEWS | Science & Environment | 'Superguns' of Elizabeth I's navy

I think I will pass on this <u>BBC NEWS | Science & Environment | Diary: New Guinea's</u> secret species

BBC NEWS | Science & Environment | Galaxy has 'billions of Earths' CIO

Note: <888> 02/21/09 Saturday 6:20 P.M.. I woke up at 1:30 A.M.. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda.

To have a better web cam for the primary Dell Latitude CS laptop computer, I ordered <u>Logitech ClickSmart 310 Video WebCam and Digital Camera: 961189-0403 JustDeals.com</u> Inc. for one cent and \$6.95 shipping for \$6.96 total.

I went back to bed until 5:30 A.M. I washed the breakfast dishes. I made my bed. I ate a 1/5th piece of cherry pie. CIO

Note: <888> 02/20/09 Friday 4:40 P.M.. I will now shut down the primary Vista computer, and I will get some rest. I probably will be on a night or early morning schedule, when ever I wake up. I have had so much sun in my life having lived down south, I guess they keep me on a night schedule, so I will not get too darkly tanned. CIO

Note: <888> 02/20/09 Friday 3:35 P.M.. I will now eat the same dinner at the last two nights. There does not seem to be much happening, but we are still suppose to maintain normal routine whatever that may be. The Senior British Diplomat that I know of here in Greenwich, Connecticut gave us strict instructions that we are suppose to keep doing what we do, and we are not suppose to know what goes on, and we are suppose to get hair cuts, when we can afford it, and we are suppose to stay focused. The reason I occasionally listen to the British is that besides the fact that they speak English which is my native language, they seem to have a view point of the larger over all picture, which I frequently do not have even with the internet. I also chatted with two relatives today and a friend. CIO

Note: <888> 02/20/09 Friday 3:25 P.M.. I threw out the garbage and old periodical literature. I watered the plants. I was inspected by the Greenwich Housing Authority Section 8 inspector, and it all went well. I went out, and I chatted with a neighbor. I picked up my mail, and I chatted with other neighbors. I guess I should try to do some regular computer work. In these economically recessed times, there is not much use in trying to generate business on Main Street. When I studied economics at <u>www.lfc.edu</u> three businesses were suppose to do well during recessions. They were fast food restaurants, breweries, and movies. Unfortunately I do not have any investment money to invest in anything anyway. I am suppose to stay focused on my current activities, and I am not suppose to dwell too much on the past which is not suppose to be relevant today. However, I am a firm believer in the old saying, "Man Who Does Not Read History is Bound to Repeat Himself." CIO

Note: <888> 02/20/09 Friday 1:35 P.M.. I woke up at 10 A.M.. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up. I went out, and I threw out some garbage. I chatted with a friend and a relative.

The order for two USB 1.0 <u>Asound 4 Port USB Hub - Blue - SALE PRICE: \$2.98</u> and \$4.36 shipping for \$10.32 total arrived. I installed one on the second Dell Latitude CS laptop, and I put the second one on the Toshiba laptop. I moved the D-Link powered hub to the spare parts area beneath the bedroom side board. I have my Greenwich Housing Authority Section 8 inspection in one half hour. CIO

Note: <888> 02/20/09 Friday 4:10 A.M.. I am a bit tired, so I will now shut down the primary Vista computer, and I will go to bed soon. Stay warm. I have a 2 P.M. appointment today for the Greenwich Housing Authority Section 8 inspector to inspect my apartment. CIO

Note: <888> 02/20/09 Friday 3:55 A.M.. I ate two hot dogs on buns with mustard and ketchup and 1/4th of a 5.5 ounce tube of Pringle sour cream and onion potato chips and a dill pickle slice and a glass of watered down passion punch.

BBC NEWS | Business | Anglo American to cut 9,000 jobs

BBC NEWS | Science & Environment | Alien life 'may exist among us' CIO

Note: <888> 02/20/09 Friday 3:15 A.M. <u>BBC NEWS | Americas | Volcano erupts in</u> southern Chile

World Challenge 09 CIO

Note: <888> 02/20/09 Friday 2:45 A.M.. Tracking is <u>UPS: Tracking Information</u> on the order for <u>Guide Gear Short Jacket, Duck Brown, Men's Clothing, Guide Gear at Bargain</u> <u>Outfitters</u> for \$19.97 in 2XL with \$5 off with coupon code "BF663" and \$5.99 shipping for \$20.96 total.

UBS Won't Play Ball On 'John Does' - Forbes.com

Set Up A PC-Based Security System - Computer Shopper

Big tax increase on tobacco

52,000 Had Secret UBS Accounts - Forbes.com

WD Readies 1TB, 2TB Home Network Hard Drives - Storage - IT Channel News by CRN and VARBusiness

No shipping costs until Sunday LEE Jeans

Switzerland Goes Soft On Secrecy - Forbes.com

Lots of Seagate hard drives here <u>T Q A Seagate - eCOST.com - electronics, computers,</u> <u>laptops, mp3 players</u>

The Swiss Bank UBS Is Set to Open Its Secret Files - NYTimes.com

http://staff.aist.go.jp/urai-minoru/tmp/Socorro_090126_ASTER.jpg

Greenwich Library web server is not working http://www.greenwich.lib.ct.us/. CIO

Note: <888> 02/20/09 Friday 1:35 A.M.. It says here <u>Remediation Period Library Hours</u>, the Scott Library first floor study space is now opened 24 hours only 5 days a week. I guess the Canadians do not study on weekends anymore. CIO

Note: <888> 02/20/09 Friday 1:00 A.M.. I chatted with a relative, and I was awake at midnight. I ate a 1/5th piece of cherry pie and a glass of watered down passion punch. There are not too many people awake at night in Greenwich, Connecticut, because they think they are entitled to make money here, and one only makes money in the daytime, and not much happens at night. I guess they are afraid of the dark out here. Even in Manhattan there are not too many people awake last at night and in the early morning hours. I have always found that I think better at night, since there are less distractions from the general public. However, I do not tend to make any money at night. When I use to cover Manhattan, the only people that I noticed making money at night were the currency futures traders at Citibank. They use to have lunch in the early morning hours at the Brasserie in the basement of the Seagram's building. Still, there is so little traffic around here at night, it is easier to move around. I use to drive out with http://mikelouisscott.com/fred.htm and Helen Williams to Oyster Bay, Long Island during the early morning hours. The A&P in Glen Cove, Long Island was opened 24 hours. Also there use to be a Marathon Oil 24 hour gasoline station across the Queensboro Bridge just in Queens where Helen Williams could still get gasoline during the previous oil embargo. I never noticed much automobile traffic in Manhattan at night. Some trucks make deliveries. They do a lot of maintenance at night, since it is too busy in the day time. The www.un.org was always empty even in the daytime like they really did not do their jobs, except for when somebody important showed up. Any location in Manhattan near a subway stop tends to be busier. Of course a lot of city people do not drive cars, so they tend to walk a lot more which is healthier for one. I have seen a lot of New York City people out here in the boon docks in Greenwich, Connecticut over the years, and they tend to come out on the train and walk around our downtown area, unaware of the larger suburban area that we are in. Since a lot of suburban people have automobiles, they can move around easier in the suburbs. The Lexus dealership in Greenwich, Connecticut is opened 24 hours 7 days a week, so if one has one of their cars, one can get it serviced at night. I do not investigate Westchester County airport anymore, because they are overly security cautious out there after 911. I do hear a few planes and jets coming and going. www.netjets.com is out there, but that costs a lot of money. In the old days, when I covered many pubs in Manhattan, the Ninth Circle had a curious group of people, but when I occasionally went out to J.F.K. airport, I noticed flight 009 was a high security flight on El Al to Tel Avis, Israel. Besides Amsterdam and Antwerp, Tel Avis is also one of the major diamond trading capitals of the world. Since Fred Von Mierers knew about those things, someone in one of those three locations might know where he is in the world. My best guess, since Fred looked like Queen Margarithe of Denmark, he might have been Danish. I

do know he used a Danish coffee press to make his Viennese blend coffee every day, when ever he woke up.

I imagine somewhere in the area, there is somebody awake at night. Remember on the busier side of the planet in the Eastern Hemisphere, they are just beginning to start there daytime schedules. Most of the people I have met over the years were daytime people, and after hanging around me at night, they have gone back to daytime schedules, since it is too boring for them at night.

Of course some people in the public sector have to work at night. When I was a Polaroid photographer, I once took a picture of a young African American boy sitting on the shoulders of a local college student in the Boston Commons. If Polaroid had that picture, it might have been Obama, but in those days Polaroid pictures did not last too long.

Alfred Eisenstat use to use a Graphlix camera to photograph around Manhattan at night. I would see him standing in the middle of a busy intersection in the middle of the street with camera set up on a tripod taking pictures at night.

Of course the government does not do much work at night anymore, since the daytime people control the budget.

A lot of night people think they are late night people when they stay up until midnight. In the old days, they called this the Grave Yard shift.

Nobody seems interested in night work. I think the Scott Library at York University on the north side of Toronto, Canada is opened 24 hours 7 days a week except Christmas, so somewhere in the world, there are people awake. Of course the Scott library is next to a Royal Canadian Air Force base, and when I lived in Key West, Florida the same group of people were down there. They also have an Adidas warehouse up there. Whatever the Canadians do at night, they do not spend much time communicating with me since I am down south in the Greenwich, Connecticut area. CIO

Note: <888> 02/19/09 Thursday 7:20 P.M.. I am a bit tired, so I will now go back to bed for a while. CIO

Note: <888> 02/19/09 Thursday 5:50 P.M.. I ate 11 dried prunes this morning. I woke up at noon. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up. I went out, and I threw out some garbage. I went to my 3 P.M. appointment. It was at the Greenwich Town Hall, I noticed that one of the Selectman has a Mini Copper parked in his parking place. I then went by the Chase Bank on West Putnam Avenue. I then went by the Greenwich Automotive Services Gulf station, and I bought \$5 of self service premium gasoline at \$2.559 a gallon for 1.953 gallons for 27.1 miles driving since 12 days ago at odometer reading of 62185 miles. I then returned home. I picked up the mail. I chatted with a neighbor.

The order for <u>Newegg.com</u> - <u>Sony Optiarc Black 22X DVD+R 8X DVD+RW 8X DVD+R</u> DL 22X DVD-R 6X DVD-RW 12X DVD-RAM 16X DVD-ROM 48X CD-R 32X CD-RW 48X CD-ROM 2MB Cache IDE 22X DVD±R DVD Burner - CD / DVD Burners for \$19.99 with free shipping arrived. Instead of sticking it in the FIC server as a second DVD/RW drive, I will keep it as a spare part.

The order for two <u>3 Super Bright LED Flexible Laptop USB LED Light Black - eBay (item 400031049517 end time Mar-14-09 21:24:38 PDT)</u> for \$4.80 for \$9.60 with free shipping arrived. I put one each on each of the two Dell Latitude CS laptop computers. I moved the snake light that does not turn on and off to the Toshiba laptop computer.

I will now eat the cold beef and vegetables dinner with watered down passion punch. I have the Section 8 Greenwich Housing Authority inspector tomorrow at 2 P.M.. CIO

Note: <888> 02/19/09 Thursday 7:35 A.M.. I ate another 1/5th piece of cherry pie. I installed the MaxBlaster 5 utilities. I tried to make an image of my C: drive to the second partition, but it was 100 megs too small. I tried to use the Vista utility to shrink the C: drive, but it only would shrink 300 megs for some odd reason. I am using about 85 gigabytes of space. I then did a Vista Complete PC backup from the C: drive to the second partition on the new hard drive. Of course that backup would not be good, if the hard drive crashed. I then saved the few changes to the second hard drive. I researched www.seagate.com hard drives on the internet and www.chiefvalue.com has a 500 meg. IDE hard drive for about \$80. The Seagate hard drives are suppose to have a five year warranty. Since I ordered the LAN external hard drive enclosure, I need to put a hard drive in there for backup, so the larger the better. However, I do not know if the LAN external hard drive enclosure would work with Vista Complete PC backup to do a restore, since when it loads, it might not recognize the LAN drive. There is an option to load drivers, so possibly they have already figured that out. I know most people are using SATA hard drives not IDE, and Seagate makes a SATA and IDE hard drive combination, but that is more expensive. My primary Vista computer does not have SATA capability, but I have an identical spare Gigabyte motherboard with SATA capability, and it is like the same one in the bedroom gigabyte computer. There is a recession on, and the primary directive to stretch a dollar as far one can. Thus I will probably be using the spare 320 gigabyte Maxtor hard drive for the LAN hard drive enclosure. Thus until I order another hard drive, I will not have a spare one. Well, it is time for me to rest. I have to be up at noon, since I have a 3 P.M. appointment. It is suppose to be sunny this afternoon. The primary Vista computer seems to be running just great.

What I was writing when the hard drive failed is that Greenwich, Connecticut use to be part of New Amsterdam, and Stamford, Connecticut was part of the New Haven Colony. The Dutch had a tradition of the Night Watch which use to be the fire brigade. There are Dutch reform churches in Rye, New York and Terrytown, New York, and quite a few in Manhattan. Also my mother's home town of Holland, Michigan has Hope College which is a Dutch Reform seminary. The Rockefeller family in North Terrytown, New York are suppose to be of Dutch origins. Their estate in North Terrytown is an old Dutch farm. They are suppose to be a private family with some historical wealth. However, since a lot of their resources were involved in Banking, they might not be as well off as they once were. Somewhere over there they raise Swiss Dairy cows. I do know you use to find their telephone numbers in the Social Register, but most of them work ordinary jobs in business, and they are not giving away dimes anymore. Thus from what I know, they probably have cut back a bit like everyone else. I once heard from a local business man here that when he visited the estate over there Happy was painting the park benches herself. Since they have a large lawn to cut, I would be afraid to show up there, since they might mistake me for a gardener, and put me to work cutting the grass. Well have a good morning. CIO

Note: <888> 02/19/09 Thursday 3:35 A.M.. Backup done. I checked with <u>www.wdc.com</u>, and under warranty under my no goods Western Digital hard drive serial number, they say the warranty on it expired on April 27, 2007, so it seems I only had a six month warranty on it. They have an upgrade policy where, one does not have to return the old hard drive, and I can get a new IDE 500 gigabyte hard drive for \$59 and \$7 UPS shipping for \$66 total. I will probably do that, when I can afford it. CIO

Note: <888> 02/19/09 Thursday 2:45 A.M.. I ate a 1/5th piece of cherry pie.

After that I was writing a web note about private Swiss Dairy farmers in this area, and my primary hard drive crashed.

Ths is the one that failed. <u>Staples Circular Savings Western Digital® 160GB internal hard</u> <u>drive</u> and <u>Western Digital 160GB Internal EIDE Hard Drive at Staples®</u> and <u>WD Caviar</u> <u>SE 160 GB EIDE Hard Drives (WD1600JB)</u> for \$64 with tax less \$10 Staples rebate for \$54 total bought November 2006

I think they have a three year warranty, so I will check out later about it.

I had two spare new Maxtor 320 gigabyte hard drives, so I installed <u>Maxtor 300GB Ultra16</u> <u>PATA Internal Hard Drive at Staples®</u> for \$49.99 and \$3.01 tax and free shipping with over \$50 order for \$53 total, bought August 2, 2008, and installed February 19, 2009. I will now backup the few changes. CIO

I also cleaned the front air filter on the primary Vista computer. I then restored my recent Vista Complete PC backup from the second hard drive. Thus I have 149 gigabytes partitioned on the new hard drive, and 149 gigabyte unpartitioned. I will leave it that way for now, since one can not restore to a smaller hard drive, so if it is smaller, I have that option. I also had to reactivate Vista. CIO

Note: <888> 02/19/09 Thursday 12:10 A.M.. <u>Global Volcanism Program | Volcanic Activity</u> <u>Reports | SI / USGS Weekly Volcanic Activity Report |</u>

GM Is Stuck With Saab - Forbes.com

BBC NEWS | Science & Environment | Skylon spaceplane gets cash boost CIO

Note: <888> 02/18/09 Wednesday 10:45 P.M.. I ordered <u>Guide Gear Short Jacket, Duck</u> <u>Brown, Men's Clothing, Guide Gear at Bargain Outfitters</u> for \$19.97 in 2XL with \$5 off with coupon code ''BF663'' and \$5.99 shipping for \$20.96 total. CIO

Note: <888> 02/18/09 Wednesday 10:15 P.M.. I ate 1/4th of a 5.5 ounce tube of Pringle sour cream and onion potato chips with my dinner. I chatted with a relative. On the primary Vista computer, I changed the two cables leading from the video card by switching them on the two LCD monitors. Thus the high definition television is now on the 22 inch LCD monitor. I set both LCD displays to 1440 by 900 pixels at 75 MHz, and the system boots just fine. However, I disabled the screen saver which in the previous settings caused the displays to switch around. CIO

Note: <888> 02/18/09 Wednesday 8:10 P.M.. I finished the minor adjustments to the Epox computer, and I backed up the changes to the internal hard drives of both the Epox and the primary Vista computers. I will now eat two hot dogs on buns with ketchup and mustard and a dill pickle slice and some watered down passion punch. I made my bed earlier. I will then shower and clean up. CIO

Note: <888>02/18/09 Wednesday 6:30 P.M.. I slept until 4 P.M.. I had a problem with the primary Vista computer, when it came out of screen saving mode, its monitors would not display properly. I fixed this by putting the Visiontek ATI Radeon X1300 512 meg. video card in the primary Vista computer, and I put the ATI Radeon 9600 video card in the Epox computer. The Visiontek card boots at higher resolutions too. I set it the monitors to 75 MHz and 1280 X 1024 pixels. I could set it higher, but I need to be able to see some of the detail on the screens. I picked up my mail. I will now set up the monitors on the three partitions on the Epox computer. They both use the same drivers, so I do not need to change the drivers. Current configuration is <u>http://mikelouisscott.com/computer.htm</u>. CIO

Note: <888> 02/18/09 Wednesday 10:10 A.M.. I will now shut down the primary Vista computer, and I will take a nap for a while. CIO

Note: <888> 02/18/09 Wednesday 9:15 A.M.. I am making my usual eye round of beef and steamed vegetable dinner, which I will eat with a glass of watered down passion punch. CIO

Note: <888> 02/18/09 Wednesday 7:45 A.M.. <u>Prospective Students - Geothermal Energy</u> <u>Centre of Excellence at The University of Queensland</u>

Tracking is <u>UPS: Tracking Information</u> on the order for <u>Netgear SC101 Storage Center</u> <u>Network Attached LAN HDD Enclosure: SC101-100NAR JustDeals.com Inc.</u> and <u>SC101 - NETGEAR.com</u> and with Vista SP1 you use this software <u>http://kb.netgear.com/app/answers/detail/a_id/953</u> and <u>http://kb.netgear.com/app/answers/detail/a_id/667</u> and more information <u>http://kb.netgear.com/app/products/model/a_id/2537</u> for \$19.95 and \$6.95 shipping for \$26.90 total.

Trump CasinosTumble Into Chapter 11 - Forbes.com

Trump Sounds Retreat - Forbes.com

Tracking is <u>USPS - Track & Confirm</u> on the order for <u>Accessories - Microsoft Wireless</u> <u>Laser Mouse 5000 (63A-00006)</u> for \$12.90 each and \$6.99 shipping for \$32.79 total.

Pressure Builds On Norsk Hydro - Forbes.com

BBC NEWS | Asia-Pacific | Boy's body found in crocodile CIO

Note: <888> 02/18/09 Wednesday 6:15 A.M.. I woke up at 2 A.M..

I ordered a second DVD/RW drive for the FIC server <u>Newegg.com - Sony Optiarc Black</u> 22X DVD+R 8X DVD+RW 8X DVD+R DL 22X DVD-R 6X DVD-RW 12X DVD-RAM 16X DVD-ROM 48X CD-R 32X CD-RW 48X CD-ROM 2MB Cache IDE 22X DVD±R DVD <u>Burner - CD / DVD Burners</u> for \$19.99 with free shipping.

For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed.

I worked on the Epox computer tweaking the systems, and I am now doing a backup from the first hard drive to the second hard drive. CIO

Note: <888> 02/17/09 Tuesday 9:45 P.M.. I woke up at 8:30 A.M. this morning. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I restored the backup on the FIC server thinking there was something wrong with its web cam, but it was just unplugged, so it was not necessary to restore the backup. I install the updates and changes, and I backed it up again. I showered, and I cleaned up. I threw out the garbage. The Greenwich Housing Authority large object garbage man had just retrieved the three 19 inch Dell monitors I threw out. I went by the Greenwich Hospital Thrift shop. I then went downtown, and I went by the Merry Go Round Mews Thrift Shop. They have their clothes on sale for half price. I walked the entire length of Greenwich Avenue and the train station area. I stopped by CVS, and I read their store circular. I used the bathroom at the senior and the arts center. I chatted with a local Chinese American about the price of tea in China. I then went by the Stop and Shop, and I bought a yesterday's cherry pie for \$3, a 16 ounce package of Stop and Shop white American cheese slices for \$3.99, a top round Eye round roast for \$3.99 a pound for \$13.49, buy one get one free of 16 ounce Hormel bacon for \$5.29 both, a two pound bag of

baby carrots for \$2.99, fresh Chiquita bananas for .67 a pound for \$1.77, broccoli crowns for \$1.99 a pound for \$2.33, a five pound bag of Maine potatoes for \$2.99, a 9 ounce tub of Stop and Shop sliced turkey for \$2.50, and a 9 ounce tub of Stop and Shop sliced ham for \$2.50 for \$41.35 total. I then returned home. The mail had not arrived yet.

I received with tracking of <u>UPS: Tracking Information</u> on the order for <u>Meade Exploration</u> <u>Combo Kit, Gifts/Toys, Meade at Bargain Outfitters</u> for \$14.97 less \$5 off with coupon code "BF763" good through February 15, 2009, and \$5.99 shipping for \$15.96 total, but the order form said \$16.99 and the receipt said \$15.96 and

with tracking of <u>UPS: Tracking Information</u> on the order for <u>Logitech QuickCam for</u> <u>Notebooks Deluxe Webcam Web Cam - eBay (item 310120667518 end time Feb-07-09</u> <u>18:14:49 PST)</u> and <u>Logitech QuickCam for Notebooks Deluxe WebCam reviews - CNET</u> <u>Reviews</u> for \$6.05 and \$9.95 shipping for \$16 total.

I put the new telescope and microscope kit underneath the right front of the bed. I installed the Logitech web cam on both Dell Latitude CS laptop computers. It works quite well, once one adjusts the focus ring. I left it in its pouch behind the second Dell laptop.

I had a call today fund raising from the GOP. I lost my temper which I normally do not. When I booted the primary Vista computer, it would not boot for some odd reason. I did a low level format, and I restored the backup, and it still would not boot. I then selected F8 to boot the Last Good Configuration, and it booted up in a higher screen resolution. In my setup, I can not set it to the highest screen resolution, so I set it at 1280 by 1024 pixels at 75 MHz, and the primary Vista system boots just fine now. I then backed up the primary Vista computer with Complete PC backup from the first hard drive to the second hard drive. It all reminds me about that old computer book, "The Ghost in the Machine".

I made up a batch of <u>http://www.geocities.com/mikelscott/pbf.htm</u>, and I ate it all with a glass of watered down passion punch. I chatted with two relatives. I am a bit tired, so I will now shut down the primary Vista computer, and I will go to bed soon. Have a good night. We are suppose to have snow showers and rain tomorrow with a high of 37 degrees Fahrenheit. Bon Soir. I will go get the mail before I go to bed. CIO

Note: <888> 02/17/09 Tuesday 3:10 A.M.. <u>BBC NEWS | Science & Environment | Race for</u> <u>'God particle' heats up</u>

I will now shut down the primary Vista computer, and I will go to bed soon. Have a good morning. It is suppose to be sunny with a high of 37 degrees Fahrenheit today. CIO

Note: <888> 02/17/09 Tuesday 2:50 A.M.. I made up a batch of <u>http://www.geocities.com/mikelscott/pbf.htm</u>, and I it all with a glass of watered down passion punch. CIO

Note: <888> 02/17/09 Tuesday 1:55 A.M.. I have been busy. I was up until 2 P.M. yesterday afternoon, and I woke up at 7 P.M. this past evening. For breakfast I ate a bowl

of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I chatted with a relative. I threw out the garbage.

The order with tracking of <u>UPS: Tracking Information</u> on the order for <u>Wolverine Flannel</u> <u>- Lined Shop Shirt, Men's Clothing, Wolverine at Bargain Outfitters</u> in Olive 2XL less \$5 off with coupon code "BF511" and \$5.99 shipping for \$20.96 total arrived about noon yesterday. I hung it on the left side of the left living room closet.

First of all I fixed the problem that was causing the Primary Vista computer to freeze occasionally. It was not caused by hacking from what I can tell. The third PNY PC-3200 1 gigabyte memory strip was causing it to crash. It is the same at the other two newer ones, but it was bought a couple of years earlier, so it might not be exactly the same. I took it out, and I now only have 2 gigabytes of memory in the primary Vista computer. I put it in the bedroom Gigabyte computer, so that one now has two gigabytes of memory. The 256 meg memory chip I took out is on the lower right side board shelf in the bedroom.

I took the PNY AGP and PCI video cards out of the primary Vista computer, and I put in the ATI Radeon 9600 from the Abit computer. I put the PNY AGP GeForce 6200 Video card in the Abit computer. I put the PNY GeForce 6200 PCI video card in the bedroom Gigabyte computer. I stored away the old PNY Mad Dog 64 meg. video card in a small box on the mahogany bureau.

I threw out three Dell 19 inch monitors. I put the two Eizo 19 inch LCD monitors on the Epox computer. I put another 19 inch LCD Eizo monitor on the bedroom gigabyte computer. I put one of the year old Acer 19 inch LCD monitors on the FIC server, and I put another one on the Abit computer. Thus the primary Vista computer now only has the 19 inch Acer LCD monitor on the left and the 22 inch Acer LCD monitor at the center. I installed the drivers for all of the changes on the computers. I installed the updates. I did a Vista complete PC backup of the primary Vista computer from the first hard drive to the second hard drive and then to the Maxtor external hard drive. I also backed up both partitions on the Abit computer to second hard drive. It took a while, but the primary Vista computer runs just great, and it no longer freezes anymore. I saved one Dell 20 inch CRT monitor on the floor in the bedroom closet. I picked up the mail, when I threw out the monitors. I used my small folding cart to move them.

My current computers' configuration is at <u>http://mikelouisscott.com/computer.htm</u>. I have not changed the pictures yet. CIO

Note: <888> 02/16/09 Monday 6:05 A.M.. I ate a three egg omelet with five slices 1/32nds inch thick American cheese with six strips of fried bacon and a toasted English muffin with watered down passion punch. I will now shut down the primary Vista computer, and I will go to bed soon. CIO

Note: <888> 02/16/09 Monday 4:40 A.M.. On the primary Vista computer, I restored the Complete PC backup. I then restored a few changes and updates. I then uninstalled McAfee Internet Security Suite 2008. I then rebooted, and I installed the Computer Associates Internet Security Suite. It slowed my computer down too much, although it does seem to have better security. Also I could not get Microsoft Money 2006 to work with it. I then restored the McAfee Internet Security Suite 2008, and I installed a few updates and changes. The Microsoft Money 2006 program still would not work, but it would work, when I logged into it off line, so there is something wrong with the Microsoft Money server. I also lowered my four LCD monitors from 75 MHz to 60 MHz. I also disabled the screen saver and the power saving features. Well, I am back up running again. I ate a ham and cheese sandwich on a Kaiser roll with a dill pickle slice and watered down passion punch. I also ate about a dozen baby carrots. CIO

Note: <888> 02/16/09 Monday 12:15 A.M.. These better wireless USB devices are available <u>Hawking Technologies Wireless USB devices</u> with this top of the line model for PCs <u>Hawking Technologies [HWDN1] Hi Gain Wireless-300N USB Dish Adapter (For</u> <u>Windows)</u> available at <u>Amazon.com: Hawking HWDN1 Hi-Gain Wireless-300N Network</u> <u>USB Dish Adapter: Electronics</u> and with a one to two month shipping delay and maybe faster here <u>PROVANTAGE: Hawking Technology HWDN1 Hi-Gain Wireless-300N USB</u> <u>Dish Adapter</u>.

These cheaper units are available here <u>Hawking HWUN2, Computers Networking items on</u> <u>eBay.com</u> with this new one <u>Hawking HWUN2, Computers Networking items on eBay.com</u> for \$28.99 with free shipping

<u>eBay Store - Hawking Technologies Inc: Wireless Networking, Wired Networking,</u> <u>Antenna</u>

<u>Hawking HWDN2, Computers Networking items on eBay.com</u>, however at the moment, I do not need any of them.

I put away the laundry. CIO

Note: <888> 02/15/09 Sunday 10:40 P.M.. I woke up during my sleeping period, and I ate the rest of the triscuits, 15 dried prunes, and a yogurt. I finally woke up at 5 P.M. this afternoon. I chatted with a relative. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I chatted with a relative twice and a friend. I lost the auction below. I put clean linens on my bed. I am doing two loads of laundry, and I have a half hour to go on the dry cycle. I threw out the garbage. CIO

Note: <888> 02/15/09 Sunday 5:20 A.M.. I am a bit tired, so I will now shut down the primary Vista computer, and I will go to bed soon. Have a good day. The high today is suppose to be 39 degrees Fahrenheit with a sunny day. Alas I will be asleep most of the

day. I guess I will do laundry, when I first wake. It is the nature of old age that one does thing by routine. CIO

Note: <888> 02/15/09 Sunday 5:15 A.M.. <u>Illinois celebrates Lincoln's 200th birthday - Los</u> <u>Angeles Times</u>

End of Scott's Notes week of 02/15/09:

Note: <888> 02/15/09 Sunday 4:55 A.M.. The Netgear WG121 that I have here has the antenna broken, but it still has its wire connected, so I hold the antenna in place with a rubber band, and it still works.

I bid \$10.52 on the one here with \$5 shipping from Hawaii for \$15.52 total <u>Netgear 54</u> <u>Mbps Wireless G USB 2.0 Adapter WG121 NEW - eBay (item 290295954311 end time Feb-15-09 09:59:39 PST)</u>. Most people use wireless laptops anymore, so they do not need them, but since the item below can take a 15 foot USB cable, I bid on it.

I do not know if the newer model below can use a different USB cable or not, but the picture looks like it might not. The other older model in Kennebunkport, Maine is the earlier model Xterasys XN-2133G Network Wireless Adaptor <u>54Mbps 802.11G Wireless</u> <u>LAN USB 2.0 Adapter</u>. It works quite well up there.

This newer model <u>High-Gain 802.11b/g Wireless USB Adapter with Rotating Connector</u> is on their web site, but there is no place to buy it on the internet, and it does not look like it will use a 15 foot USB cable either. The older model is not available either.

I will now send out my weekly notes. CIO

Note: <888> 02/15/09 Sunday 3:55 A.M.. I have two older wireless USB adapters. One is with the IBM Netvista in Kennebunkport, Maine, and the other is here, but it has a broken antenna.

This is probably the best deal in a new one <u>NETGEAR WN121T RangeMax Next Wireless-N USB 2.0 Adapter - eBay (item 270336797238 end time Feb-27-09 11:22:25 PST)</u> for \$39 with shipping.

More details on it here <u>NETGEAR WN121T RangeMax NEXT Wireless-N USB 2.0</u> <u>Adapter</u>, but tech notes say it has a problem connecting at times.

This is a comparable one here <u>NEW SEALED Linksys WUSB54G Wireless Network</u> <u>Adapter ** - eBay (item 370159176750 end time Feb-16-09 05:24:58 PST)</u> for \$27 with shipping, but tech notes at <u>www.newegg.com</u> says it overheats, and that factor is well known.

I have two wireless cards for my two primary Dell notebooks, but wireless cards frequently do not work in Kennebunkport, Maine, so I use the type devices above with a 15 foot USB

cable which seems to work as an antenna to get better reception from our neighbor's wireless internet. CIO

Note: <888> 02/15/09 Sunday 2:50 A.M.. After my meal, I made up a fresh batch of passion punch. I still have a theory that the Planet Pizza <u>Planet Pizza</u> delivery person is running the <u>www.ibm.com</u> Armonk office, since from my intelligence it seems to be the only person that comes and goes there. Frank whom I have not seen in a while used to eat at Planet Pizza until he probably went bankrupt playing too many scratch cards, so I guess he can not afford to be seen downtown at night. From what I know he might have started up the business Frank's Red Hot Sauce <u>FRANK'S® RedHot® - Hot Cayenne Pepper Sauce</u> which a'int no substitute for McIllnney's Tabasco sauce <u>TABASCO® Pepperfest - the hot</u>, <u>legendary pepper sauce!</u> in a real old fashioned Bloody Mary on a Sunday afternoon. However, I do use's Frank's in cooking since the McIllnney's is a lot more expensive. CIO

Note: <888> 02/15/09 Sunday 2:00 A.M.. I moved the one LED flexible USB light from the FIC server that I had moved from the primary Dell Latitude CS laptop computer to the left side 7 port USB 2.0 box, so it is available for low light use on the primary Vista computer. I will now eat a ham and cheese sandwich on a Kaiser roll with mayo and a dill pickle slice and watered down passion punch. CIO

Note: <888> 02/15/09 Sunday 1:30 A.M.. Well not much seems to be happening on a cold winter's night. CIO

Note: <888> 02/15/09 Sunday 1:20 A.M.. I ordered two <u>3 Super Bright LED Flexible</u> <u>Laptop USB LED Light Black - eBay (item 400031049517 end time Mar-14-09 21:24:38</u> <u>PDT)</u> for \$4.80 for \$9.60 with free shipping. I will use one on the second Dell laptop, and I will move the one without a switch to the Toshiba laptop, and I will put the second on the front of the FIC server, where it might be useful for dark work around the primary Vista or FIC server. CIO

These are once again available <u>USB TO Ethernet LAN RJ45 Card Network 10/100M</u> <u>Adapter - eBay (item 320326344466 end time Feb-16-09 18:07:16 PST)</u> for \$7.66 with free shipping or

<u>New Arrival!USB 2.0 10/100M To Ethernet Lan Network RJ45 Adapter, Free Standard</u> <u>Shipping</u> for \$10.99. I used one on the Northgate Syntax computer, which only has 3 PCI slots, so I did not need to use a LAN card on it.

Note: <888> 02/14/09 Saturday 10:55 P.M.. I ate the last of the cold beef in the same meal that I have eaten the last six nights. If anyone needs to know about food catering in this area. I know a little bit about it. When I worked at the Languedoc in Nantucket, there used to be someone that looked like Nelson Rockefeller sitting on the patio across the street at the Jared Coffin House. Bunny Mellon and Jackie O'Nassis occasionally had lunch at the Languedoc. <u>http://mikelouisscott.com/fred.htm</u> use to work for Nelson Rockefeller, and he ate at the Isle of Capri, and Le Cirque in Manhattan. He also bought his liquor at the liquor store just north of the British consulate. He use to get his flowers from the wholesale

flower market in Chelsea. He bought his coffee from McNulty's on Christopher street. The fresh croissants for breakfast came from the bakery at 49th street 2nd Avenue on the southeast corner. There use to be a small Gristedes between the bakery and his apartment at 420 East 49th street. There was the Greek coffee shop at Beekman Place and 50th street on the northeast corner. There was the A&P at about 52nd street and 2nd Avenue on the southeast corner, and the Thieves Deli and produce stand just south of that. He like eating at the Spring Street restaurant in SoHo too which served Dover Sole. John Michael Barrett who worked there went on to become manager of Tavern on the Green in Central Park. Fred also knew Buz King who was from Daytona, Florida that had a private catering business in the Beekman Place neighborhood. He also got liquor for bigger parties Duty Free from the Mexican consulate around 67th street just east of Fifth Avenue. He also knew Barbara Rockefeller, so I guess they got beef from Winthrop Rockefeller in Arkansas. In Nantucket the trucks for the restaurants came from Sysco Foods out of Houston, Texas, S.S. Pearce, and Beatrice Foods, besides the local Mount Vernon and Bartlett Farms. Of course in Nantucket there was also the A&P and the Grand Union along with Holdgates Fish Market. Happy Rockefeller use to be seen eating at Mortimer's around Madison Avenue and 78th street on the southeast corner. They also have a cafeteria at Rockefeller University. Also the Rockefellers when they had more money in the 1920s were members of the Greenwich Country Club along with the Vanderbilts. Also Scott Nelson who I know use to do catering at Pocantico Hills when he worked at the Chart House in Irvington, New York. The bar in White Plains, New York where he use to hang out also had a custom made hot dog supplier. I also once met Alexander Haig's personal chef there, and he worked at the Homestead restaurant in Belle, Haven, Connecticut, the night Richard Van Marter bought me New Years Eve dinner there for \$200, on the same night Thomas Watson, Junior died. I have eaten at most of the better restaurants in this area with Richard. I always liked Chuck's Steak House in Darien, Connecticut, since it had good meat, and with its open air barbeque pit, it was a convenient place for a cigarette smoker to smoke too. They have two more modern restaurants in Danbury, Connecticut, where I once sat next to the former president of www.monsanto.com . Richard's nephew use to be gourmet butcher in Bedford, Hills, New York, before he went into the construction business in Crested Butte, Colorado. Locally I shop at the downtown, Stop and Shop, because I am familiar with the store, and it is slightly cheaper than the A&P Fresh across the street. I do not have much room storage in my small 450 square foot apartment, so I do not shop at Costco in Port Chester, New York. Jimmy Eldert use to work as a bus boy at the India House on India Street in Nantucket. I also worked at the Nantucket Bakery, the Sail Loft, Captain Toby's, the Gordon Folger, India House, and Henry's Bakery. Myles McGough owned the Road House on Nantucket, but I did not know he was there. I would drink after work at Preston's, the Chicken Box, the Mews, 40 Acres, the Atlantic Cafe, and the Club Car, but never at the Laundromat Bar, because that was where Jimmy drank. Also Nantucket had the fried clam stand on the Steamboat Wharf road, for late night fast food. John Bolton worked at Cumberland Farms way outside of town. Alas, some of the restaurants in Nantucket never reported my Social Security along with John Bolton's Grandmother Vivian West, so I never got the maximum amount of Social Security just S.S.I.. I tried to get the local Social Security people to look into it, but they just gave me the run around. Fred Von Mierers never paid me any Social Security or Salary, he would just let me use his office apartment, and he would take us out

to dinner once a week, mostly for Fettuccini Alfredo and a glass of white wine at the Isle of Capri. Fettuccini Alfredo is like the Italian Version of Kraft Macaroni and Cheese. When I staved with Hurley Haywood at the Waldorf Towers in Manhattan back in February 1973 after I returned from Jacksonville, Florida via St. Thomas and Weston, Massachusetts, and possibly Toronto, Canada, where I visited George Cary, I saw the Duke of Windsor enter the Waldorf Towers from a private automobile. However, Billy Baldwin looked like the Duke of Windsor, so maybe I had them confused. I do know Billy Baldwin knew Cole Porter who also lived in the Waldorf Towers along with General Macarthur and his wife. At President Bush's inaugural in 1991, my date was Admiral Halsey's daughter in law, whose husband was busy pulling horse trailers around Maryland. Ian Greenshield the last thing he did was have me paint the trim on Admiral Halsey's house on the Polpis Road in Nantucket. Ian and I would occasionally eat and drink at the "Brotherhood of Thieves" across the street from the Languedoc. Ian's family owned Greenshield Investments in Montreal, Canada, and he had worked as a body guard for Jackie O'Nassis in Stowe, Vermont. The Grennon's who owned part of the Languedoc had a house in Stowe, Vermont, and owned Sister Kate's there. One brother was retired from the www.airforce.mil, and the other brother was the Chef at Lockober's in Boston at the Ritz Carlton. Al Dukuna was also part owner, and he had a photographic memory for all of the various guest's names and likes and dislikes. A lot of the staff were students including medical students. On my days off, I use to eat a Roast beef sandwich on a Kaiser rolls with Bermuda onion, mayo, and Swiss cheese and pint of light cream from the deli at the A&P. That would cost about \$9 out in Nantucket until I left in December 1983. Everything in Nantucket costs more because it has to be imported except for scallops and blue fish. There are suppose to be a few lobsters in Madeket. They also have large clams called Ouahogs that they make chowder from. In Florida I worked as a dishwasher at the best French restaurant Le Vielle Maison in Boca Raton for several months during the fall of 1978, before I went to Paradise Island, and I stayed with a British banker Richard Mercy and his cousin Romsey, and then after a brief trip through Fort Lauderdale, I returned to Key West, Florida, where John Bolton told me was the architect of the Casa Marina Hotel reconstruction project. Alas they never paid any of my social security for all of the work I did down there too, but nobody knew who was in charge. Jimmy Eldert who seemed to know more said it was a Giant Commune, and we would all share in the profits, once they got the island fixed up. Back home in Greenwich, Connecticut, I am the head of my own commune. By the way, the seventh of the eight high definition TV signal TV channels in the New York City area is a Russian News Channel, and as I recall the eighth was showing some sort of women's show with a lady in a Red Dress. CIO

Note: <888> 02/14/09 Saturday 9:20 P.M.. I woke up about 3 P.M., when someone called up fund raising for the local police department. I discussed some more serious issues besides the price of tea in China. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I went outside, and I threw out some garbage. I picked up the mail.

The order with tracking of <u>USPS - Track & Confirm</u> on the order for <u>http://www.targus.com/us/tipconfigurator/default.aspx?region=1&cat=Notebook#</u>, I ordered a Targus Tip #9 - 70W APT9 for \$9.99 less 20% off with promo code ''WIU0808'' for \$7.99 and \$2 standard shipping for \$9.99 total arrived.

I removed the old one from the primary Dell Latitude CS computer, and I put it with other Targus tips behind the primary laptop. I put the new one on. It seems to work better, but without the battery installed, it one puts upward pressure on it when connected directly to the laptop, it can still lose power, but it works better and good enough for normal use in the docking station, so I have done the best I can do with it for now, unless I replace its motherboard with the spare one arriving from Arlington, Texas soon.

I chatted with <u>Brumos Motor Cars, Exclusively Mercedes-Benz in Jacksonville, FL Dealer</u> <u>New, Used Cars</u>, and they gave me Hurley Haywood's two telephone numbers, but he could not remember whom I was, and he was busy with a party of about 50 people. Apparently he won Daytona in a foreign car again.

I always liked the Mercedes 600 Limousine in that it was more comfortable for bigger people. I guess we do not know any Germans around here involved in German Engineering. Hurley is Norwegian, but he seems to know how to communicate with the Germans.

Since his family owns the <u>Harris</u>, they might still have money left from any profits that <u>www.mcdonalds.com</u> is now making during the recession.

I chatted with a neighbor about both the Capone and the Moran gangs living in Greenwich, Connecticut. However, we also still have the Hatfields and the McCoys living here along with the Lees and the Grants.

I chatted with <u>www.geico.com</u> about the weather, and I told them about <u>www.avo.alaksa.edu</u>. I was told about <u>Defensive Driving Online Course from National</u> <u>Safety Council - nscddconline.com</u> which if you complete online, one can get a \$35 discount in one's GEICO insurance rate. I will do it when I have time.

I chatted with a relative and a friend and a North American British Security official about the potential problem with Trans Atlantic Air Traffic if the Volcano Redoubt in Alaska erupts. I happen to have met Queen Beatrice's Nephew Eric who lives in Ridgefield, Connecticut, and he was the copilot on <u>www.klm.com</u> the last time Redoubt erupted, when his new Boeing 747 <u>www.boeing.com</u> lost all four engines flying over the volcano. He was able to recover and restart the engines, so he is still flying around the world delivering flowers for the Dutch. Not that anyone ever needs flowers on St. Valentine's Day anymore.

I showered, and I cleaned up. Not much seems to be happening here. Where the Aquarium store use to be in Hartsdale, New York where I use to buy large Brazilian Angel Fish, before I got into computers, there is now a very large store there that sells artificial flowers for anyone with allergies. CIO

Note: <888> 02/14/09 Saturday 5:40 A.M.. I ate the same dinner as the last four nights. I was thinking it might be a good idea to put a Municipal Court in the new Greenwich, Connecticut police station, so the Town of Greenwich, Connecticut could make some money instead of Stamford, Connecticut. I am a bit tired, so I will shut down the primary Vista computer soon. Not much seems to be happening anymore now that we are no longer one of the current Presidential home towns of the many home towns that the Bush family seemed to have. Of course if I ran for President I could probably come up with about 40 home towns, but Greenwich, Connecticut is where I have lived longest unknown to most of the general public whom seem to think I just came out here on the train 26 years ago, when like a lot of Greenwich, Connecticut people I know lived both in Manhattan, Nantucket, Florida, besides Greenwich along with a few other places that were a bit interesting. I have frequently thought about applying for public housing in New Canaan, Connecticut where I have also lived, so I could have a quieter life in my senior years, but I figure since I am disabled, it is better to live near a good hospital than to have time to enjoy the scenic nature of Connecticut. Besides, when I live in New Canaan, Connecticut the Mormons always hassle me, since I guess my family were in Illinois, when the Mormons were kicked out of Illinois for polygamy. From what I know mostly there are quite a few southern families here besides families from the Midwest, so there are still probably a few people fighting the Civil War as they perceive it. Nobody here seems to know much about what went on in the wars this century although they are veterans, they do not seem to have the entire historical picture, since Greenwich, Connecticut was in one of those areas infiltrated by potential spies, so there was different propaganda here than elsewhere in the country. It is a rather quaint matter that although we are only about 20 miles from Manhattan, the Internal Revenue Service classifies us as a farm state, so when we file our income tax forms, they go Kansas City, Missouri CONNECTICUT - Where to File Addresses for Individual Taxpayers where I guess Harry Truman's Harry S. Truman - Wikipedia, the free encyclopedia and Tom Pendergast's Tom Pendergast - Wikipedia, the free encyclopedia political machine rake in all of the money. Well have a good morning. It is suppose to be mostly a clear day with a high of 40 degrees Fahrenheit. I guess I will be off in Dream Land most of the day. Today is also the anniversary of the St. Valentine's Day massacre Saint Valentine's Day massacre - Wikipedia, the free encyclopedia, so most of the local gangsters should hang low. CIO

Note: <888> 02/14/09 Saturday 3:30 A.M.. I ordered a <u>Netgear SC101 Storage Center</u> <u>Network Attached LAN HDD Enclosure: SC101-100NAR JustDeals.com Inc.</u> and <u>SC101 -</u> <u>NETGEAR.com</u> and with Vista SP1 you use this software <u>http://kb.netgear.com/app/answers/detail/a_id/953</u> and <u>http://kb.netgear.com/app/answers/detail/a_id/667</u> and more information <u>http://kb.netgear.com/app/products/model/a_id/2537</u> for \$19.95 and \$6.95 shipping for \$26.90 total. I have two new spare Maxtor 320 gigabyte IDE hard drives that I can use with it, but I probably will only use one. CIO

Note: <888> 02/14/09 Saturday 2:50 A.M.. My computer froze again when I was writing an email to a local computer person. My best guess as to the problem is that someone or a group freezes my computer, if they do not like what I write. It could be though the internet, but the government and Cablevision would know through the IP address, so they

would have to be involved. If it were not the government, it could be through the electricity with more advanced equipment or through the wireless keyboard in which case, it would be more than likely a local effort. My question to the New Haven, Connecticut <u>www.fbi.gov</u> for the last few years, is "what is the motive for anyone bothering me, unless they are so ignorant about computer technology, that they really do not know that much considering their efforts." CIO

Note: <888> 02/14/09 Saturday 2:30 A.M. <u>A Right Royal Job Interview - Forbes.com</u>

Welcome to the official website of the British Monarchy new web site.

http://www.avo.alaska.edu/activity/Redoubt.php

London Shudders At Lloyds Loss - Forbes.com

Grant Wood (American artist) -- Britannica Online Encyclopedia

Glorious Revolution -- Britannica Online Encyclopedia CIO

Note: <888> 02/13/09 Friday 11:50 P.M.. I tested the high definition antenna on my television setup tonight. I only get 8 channels half of which come in fuzzy. As I remember, I get channels 7, 9, 13, 21, the Ion Channel which looks to be a movie channel, a Spanish language channel, and two other channels that I do not know what they were. I returned the television setup to the Cablevision Digital Cable box. For now I will be keeping the cable service. Under the new Federal Budget, they are now not suppose to switch to Digital signals until June 2009. I also turned off the power switch to the Digital antenna which power switch is part of its inline coupling that is behind the living room couch.

In the <u>www.foxnews.com</u> report on this plane wreck <u>Search for answers begins in Buffalo</u> <u>plane crash - CNN.com</u>, they said the propeller driven Embarcadero plane made in Canada was only certified to be flown in warm weather in the Caribbean, since its deicing equipment was not suited for colder weather. Canada Embarcadero use to sell jets out of an office at Westchester Country or White Plains, New York airport. I know the Aga Khan owned one of their jets. According to Fox News, they started using the warmer weather propeller planes up north of to save on fuel costs, when jet fuel was too expensive.

Note: <888> 02/13/09 Friday 11:10 P.M.. I woke up at 2 P.M. this afternoon, when I had a no person telephone call or front door buzzer ring. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed.

I faxed this story to an interested relative <u>Greenwich hedge fund figures in Polaroid suit</u> -<u>Greenwich Time</u>. I threw out the garbage and the old periodical literature. There is what looks like a broken 1999 45 inch Sony Trinitron television by the dumpster. I chatted with neighbors. I picked up the mail. I chatted with a relative and two friends. I installed the spare configured 4.8 Gigabyte IBM IDE hard drive in the Toshiba laptop. I installed the updates, and I also installed the Logitech wireless cordless mouse on it. It has about 1 gigabyte of space left on it. I backed it up the Maxtor external hard drive.

I ate a ham and cheese sandwich with a dill pickle slice and a glass of watered down passion punch. CIO

Note: <888> 02/13/09 Friday 4:30 A.M.. I made some routine calls to some night people. Some of the newly unemployed might look into night work which nobody seems to want in this area. Of course you have to be able to stay awake at night, and you have to be able to have an environment, where you can sleep in the daytime. It is suppose to be a sunny day with a high of 36 degrees Fahrenheit. From what I can tell, everything is pretty normal around here, with nothing unusual to report. Most of the older people are probably reading books, since they can not be bothered with computers and the internet. Have a good day. We usually get a few Eskimos showing up here in the winter enjoying our warmer weather. I ate the last 10 dried apricots of the open can. I was thinking possibly with the new high definition television signals in this area, I might not want to pay the \$82.32 a month for Digital Cable Television. I have a Digital Antenna I could hook up to my television system in the apartment. However, although my windows face west towards New York City, I have the opposite side of the building facing my windows, and it might interfere with the Digital Cable signals. That would be a big savings, since recently I have been too busy to watch television, except for when I have breakfast. CIO

Note: <888> 02/13/09 Friday 2:20 A.M.. <u>Putting A Price On A Hacker's Head -</u> <u>Forbes.com</u>

Tracking is <u>UPS: Tracking Information</u> on the order for <u>Meade Exploration Combo Kit,</u> <u>Gifts/Toys, Meade at Bargain Outfitters</u> for \$14.97 less \$5 off with coupon code "BF763" good through February 15, 2009, and \$5.99 shipping for \$15.96 total, but the order form said \$16.99 and the receipt said \$15.96.

I ordered two USB 1.0 <u>Asound 4 Port USB Hub - Blue - SALE PRICE: \$2.98</u> and \$4.36 shipping for \$10.32 total. I will use them on the Dell Latitude CS laptop computers, since they only have USB 1.0 ports.

Coke's Not-So-Bubbly Quarter - Forbes.com

Symantec GoEverywhere

Unemployment Lines Lengthening Fast - Forbes.com

Abraham Lincoln (president of United States) -- Britannica Online Encyclopedia

Database: Madoff Victims - Greenwich Time CIO

Note: <888> 02/13/09 Friday 1:20 A.M.. I put a beta that expires in 15 days on the Windows 7 partition on the Epox computer. It looks interesting, but I am not allowed to discuss it.

I ate the same dinner as the last three nights.

I chatted with <u>Key West Hotel Resorts & Florida Keys Beach Accommodations - Casa</u> <u>Marina Resort Key West</u>, and they are busy down there.

I personally like staying up north in the winter, since it is so peaceful, it is like being the "Maytag Repairman". CIO

Note: <888> 02/12/09 Thursday 11:30 P.M.. I chatted with <u>www.cablevision.com</u> about the price of tea in China.

Note: <888> 02/12/09 Thursday 9:05 P.M.. I drank a cup of Salada green tea with a package of splenda in it and a teaspoon of lemon juice.

In terms of upcoming colder weather in this area, one might monitor <u>Alaska Volcano</u> <u>Observatory</u>. My local <u>www.army.mil</u> advisor is away in Florida until March 2009. CIO

Note: <888> 02/12/09 Thursday 7:45 P.M.. I woke up at noon. I received a form from the Greenwich Housing Authority, and it was tell them when the air conditioning sleeve is put in with the new double pane windows, whether to put it in the bedroom or the living room. I turned in the signed filled out form to the building custodian to install it in the living room center window. I guess when ever they install the double pane windows this spring, I will have to move out of my apartment into the hallway, the oak dining table, dining table chairs, the recliner, the desk, the sofa, and possibly the Sony television and cabinets it sits on, and in the bedroom, I will have to move out the mahogany bureau by the window along with the oak shelf that sits on top of it. I will also have to move a lot of smaller items. Since I have no one to help me, I will have to probably rest a few days before I do that to build up my strength. I chatted with an associate, a relative, a friend, and a diplomatic office. I ate ham and cheese sandwich on a Kaiser roll with a dill pickle slice and a glass of watered down passion punch. I showered, and I cleaned up. Well not much seems to be happening on a cold windy rainy day. CIO

Note: <888> 02/12/09 Thursday 6:10 A.M.. Well not much happening in Greenwich, Connecticut which use to be part of New Amsterdam. From what I know which is not much, nobody really knows what is going on. I will now shut down the primary Vista computer, and I will go to bed soon. Have a good night. CIO

Note: <888> 02/12/09 Thursday 4:40 A.M.. <u>Field Marshal Sir Douglas Haig: World War</u> <u>I's Worst General » HistoryNet</u> CIO

Note: <888> 02/12/09 Thursday 4:00 A.M.. It says here used Haig Ultra golf clubs are worth more than you think <u>High Quality Classic Used Golf Clubs</u> CIO

Note: <888> 02/12/09 Thursday 3:50 A.M.. From an electrician's point of view, golf is a game definitely redesigned to kill you. Whom in their right mind would stand outside in an open field during the electrical storm season with a metal rod held up in the air and metal spikes on the bottom of their shoes to conduct the lightning bolt through you down into the ground, but plenty of people do it. Of course today they use synthetic club handles and I think some sort of synthetic spikes, but they still are standing out in open fields such as in Florida which is the lightning capital of the Nation. CIO

Note: <888> 02/12/09 Thursday 3:40 A.M.. Around the Country Club people, they use to drink Haig and Haig Scotch, and I even still have my Haig Ultra Golf Clubs, I got around 1960 in Decatur, Alabama, but I feel the wood in the woods is dried out and would crack if they were used, and I did have the leather handles replaced with rubber handles in the 1960s. I still have my old DuPont white fake leather golf shoes and a new pair of tan Spalding golf shoes that I never used and my Naugehyde Burton Golf Bag from Jasper, Alabama, but the strap wore out of it a long time ago, so I wrapped a Greenwich Country Club towel around it. As cheap as this town has gotten, they probably want to charge me for the towel after all of these years. CIO

Note: <888> 02/12/09 Thursday 3:20 A.M.. My father always drank Jack Daniels on ice when he was rich, and when he working his way up the corporate latter, he drank Old Hickory whisky on ice with a bit of Canada Dry club soda water. CIO

Note: <888> 02/12/09 Thursday 3:15 A.M.. One of the more prominent German Jewish businessmen that I knew always drank Gordon's Gin martinis with Noilly Pratt Vermouth as I recall with a small onion not an olive. CIO

Note: <888> 02/12/09 Thursday 3:10 A.M.. I ate a Virginia ham and American cheese sandwich on a Kaiser roll with a little bit of low fat mayonnaise on it, and I also had a Kosher dill pickle slice and some watered down passion punch. I installed five more Windows Updates. The Chinese tooth paste tube roller works, once one has used up a little bit of toothpaste, one just flips over the end edge before installing it.

Probably one of the oldest products in the grocery store Lea and Perrins .

My branch of the Scott family is from Champaign, Illinois, so we might have seen the Lincolns from time to time when they traveled out of Springfield, Illinois. However, Grandma Scott was a public school teacher, and she use to tell us that we were related to Winfield Scott who was from the Virginia branch of the Scott family which apparently were from Ireland. My Dutch mother claims the Scott family tended to drink too much liquor.

I do know from the days, when I was permitted to be around people whom drank alcohol, that they use to drink a simple drink called a "Bloody Mary".

It basically is a tall glass or large tall oval shaped glass with or without ice with one jigger of Smirnoff Vodka, which is about 1.5 ounces, about 4 to 5 ounces of Hunts tomato juice,

with ground black pepper on top to taste, a few dashes of McIllnney's Tabasco sauce <u>TABASCO® Pepperfest - the hot, legendary pepper sauce!</u> to taste, about a half to a whole teaspoon of Lea and Perrins Worcestershire sauce, a teaspoon of Gold's Hot horseradish sauce, and mixed not shaken, and in the summer in season they stick a stick of celery in it with the leaves still on it. I once read in the local Kennebunkport, Maine weekly paper that was all the ''Old Guard'' drank after church on Sundays. Since they seem to live a long time up there, it might be possibly healthy for you, if you are not using mechanized equipment such as a car. For the years they came up with a lot of other Bloody Mary mixes and additives, but the original formula was probably the best.

I know around here the "Old Guard" drink Old Fashions which have Angostura Bitters in it, but I am not sure what else besides whisky. CIO

Note: <888> 02/12/09 Thursday 1:45 A.M.. <u>Credit Suisse Creeps Ahead Of UBS -</u> Forbes.com

The new restaurant at the center of Greenwich Avenue where the Dome and the Gaiety restaurant use to be is the "More????". I forget the rest now. It is a Latin name though.

23 inch LCD monitor \$150 plus shipping <u>23" DVI Rotating Widescreen LCD Monitor Just</u> <u>\$149.99 @ Geeks.com!</u>

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Microsoft Releases Critical Patches For IE, Exchange Server

Discount Flights to Europe from \$110

Interview: Wired's Chris Anderson on the 'free' business model | Between the Lines | ZDNet.com

<u>Global Volcanism Program | Volcanic Activity Reports | SI / USGS Weekly Volcanic Activity Report |</u>

Volcano Hazards Program CIO

Note: <888> 02/12/09 Thursday 12:25 A.M.. Lincoln Day <u>Abraham Lincoln - Wikipedia</u>, <u>the free encyclopedia</u>

New Lee Jeans Sale, free shipping on orders over \$25 through this Sunday

AARP: Take Action: Economic Recovery Bill

I ordered <u>Meade Exploration Combo Kit, Gifts/Toys, Meade at Bargain Outfitters</u> for \$14.97 less \$5 off with coupon code ''BF763'' good through February 15, 2009, and \$5.99 shipping for \$15.96 total, but the order form said \$16.99 and the receipt said \$15.96. CIO

Note: <888> 02/11/09 Wednesday 11:30 P.M.. <u>Buy the Wiremold CDG-5 Gray Corduct, 5</u> <u>Feet at Hardware World - The world's #1 home hardware site</u> over \$20 with shipping. CIO

Note: <888> 02/11/09 Wednesday 11:20 P.M.. To protect someone from tripping on cords on two areas of my living room, I could order <u>WIREMOLD - WM GR1200-5 - Dale</u> <u>Electric Supply Co.</u>, but first I will check the Greenwich Hardware store. They also have the <u>ANTOnline.com - Wiremold GR1200-5 Woods 5612 Cord Covers Black</u>, but it would be over \$20 with shipping from the West Coast. Home Depot use to carry them, but their web site does not show it. It was suggested two years ago that I cover up the two cords, so I put the Tree of Life place mats over them which was cheaper. CIO

Note: <888> 02/11/09 Wednesday 10:40 P.M.. I have the Greenwich Housing Authority Section Eight HUD inspection of my apartment next Friday, February 20, 2009 at 2 P.M.. I probably should try to get things ship shape by then. CIO

Note: <888> 02/11/09 Wednesday 10:10 P.M.. I woke up at 1 P.M. today, when <u>Xact</u> <u>XG2500 Headset Cordless Telephone - XQ2500 - Buy.com</u> \$20 was delivered. I connected one telephone line from the five line terminal underneath the FIC server and the spare Verizon telephone line for internet access during a power shortage, and I connected them both to a 2 line telephone switch that I had, and I connected it the XG2500 along with its power supply. I placed it underneath the lower left primary Vista computer LCD monitor. It took four hours to charge up, but it works quite well, and I can use it with either of the two telephone lines in the apartment with the Radio Shack telephone switch. It has a replaceable rechargeable battery, should it ever wear out. I put the box to the right of the bedroom television, where I have the other electronics boxes. I set its sound to medium and tone for the line connection. It will be easier to dial out with one of the other telephones with speed dial, since it does not have speed dial or a small LCD screen, but it is a most handy communications accessory for hands free use at the computer.

For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up.

I went out, and I went by Radio Shack at the Cos Cob shopping center. I returned the <u>3-Way Inline Coupler (White) - RadioShack.com</u> for \$7.69 and .46 tax for \$8.15 returned credited back to my bank card. I told them that Nantucket use to have a Radio Shack, were I bought the waterproof floating Panasonic radio back around the fall of 1978. I think it cost me about \$60. I eventually exchanged it for a used windshield for my 1971 yellow Subaru wagon in Fort Lauderdale, Florida after a trip to California from

Nantucket, where the windshield broke in Midland, Texas when the gasoline station attendant forgot to close the hood all of the way, when he checked my oil.

I next went to the new Cos Cob CVS which is less busy and very spacious. I bought two buy one get one free of CVS 120 count 81. mg. baby aspirin for \$3.99 both, and a bundle of 10 blue wash clothes for \$4.99 and .30 tax for \$13.27 total.

I then went downtown, and I walked the entire length of Greenwich Avenue and the train station area. The wine bar underneath Banker's Trust was having a party for Miller Motors showing the newest Aston Martin. Who knows maybe James Bond is around. I used the bathroom at the senior and the arts center. I stopped by the downtown CVS, and I met the new manager. He is trying to fix up the heavily trafficked store. I then completed my walk. Apparently the Greenwich schools are on winter holiday break. I stopped by the Greenwich Library, and I chatted with some staff. I then returned home. I chatted with a relative wearing the new XG2500 ear piece telephone, and it works quite well. One has to remember when answering with it at the computer to hit the switch beneath it for either Optimum or Verizon. Optimum is A: and Verizon is B:. I made and ate the same dinner as last night without the cherry pie. I put three of the blue wash clothes in the kitchen, I left the other seven on the bathroom stand in front of the toilet for bathroom use. CIO

Note: <888> 02/11/09 Wednesday 4:00 A.M.. I ate the last piece of cherry pie with the last of the sugar free cool whip. I will now shut down the primary Vista computer, and I will go to bed soon. Today is suppose to be warmer, so I might try to get out in the afternoon.

I use <u>Weather Pulse, weather software</u> to get the weather hour by hour to help avoid the bad weather, when I go out for my walks. I can not do anything about the local economy. CIO

Note: <888> 02/11/09 Wednesday 2:55 A.M.. I ordered two <u>Accessories - Microsoft</u> <u>Wireless Laser Mouse 5000 (63A-00006)</u> for \$12.90 each and \$6.99 shipping for \$32.79 total. I will put them with the two Dell Latitude CS laptop computers. CIO

Note: <888> 02/11/09 Wednesday 2:15 A.M.. Tracking is <u>UPS: Tracking Information</u> on the order for <u>Wolverine Flannel - Lined Shop Shirt, Men's Clothing, Wolverine at Bargain</u> <u>Outfitters</u> in Olive 2XL less \$5 off with coupon code "BF511" and \$5.99 shipping for \$20.96 total.

CompUSA.com under \$50 deals

Tracking is <u>UPS: Tracking Information</u> on the order for <u>Logitech QuickCam for</u> <u>Notebooks Deluxe Webcam Web Cam - eBay (item 310120667518 end time Feb-07-09</u> <u>18:14:49 PST)</u> and <u>Logitech QuickCam for Notebooks Deluxe WebCam reviews - CNET</u> <u>Reviews</u> for \$6.05 and \$9.95 shipping for \$16 total.

TS2 for Partners: BPOS, Virtualization, & SBS/EBS 2008, New York, March 24, 2008

Tracking is USPS - Track & Confirm on the order for

http://www.targus.com/us/tipconfigurator/default.aspx?region=1&cat=Notebook#, I ordered a Targus Tip #9 - 70W APT9 for \$9.99 less 20% off with promo code ''WIU0808'' for \$7.99 and \$2 standard shipping for \$9.99 total.

<u>Apacer Handy Steno AH320 16GB USB Flash Drive - Retail Package</u> \$23.79 with coupon code "SPC15POFF" with free shipping, possibly expired.

<u>Unclaimed Baggage Center</u> Basically nothing in the world gets lost with 6.5 billion people on the planet, things just tend to get moved around.

I found a quarter downtown tonight in front of the Railroad Avenue movie theatre.

Rednecks, old computers, and TCO | Paul Murphy | ZDNet.com

I do not think I will bother looking at <u>http://news.bbc.co.uk/</u> anymore, since it seems to mess up my computer. Also I think some of the volcano web sites mess up my computer, so I might not look at them anymore too. CIO

Note: <888> 02/11/09 Wednesday 12:35 A.M.. I ate two cold 5/16th inch thick slices of medium rare cooked eye round of beef with a teaspoon of Gold's hot horseradish spread on each and a bit of Lea and Perrins Worcestershire sauce on them along with my usual vegetable mixture and a glass of watered down passion punch. My usual vegetable mixture is I put about .75 inches of water in a microwave proof plastic pot with lid, and I add one diced medium potato diced into about .33 inch cubes and about 10 baby carrots and about four broccoli sprigs, and I microwave it on four vegetable cycles, and I drain the hot water off, and I put the steamed vegetables in a bowl with a couple of teaspoons of olive oil on them. CIO

Note: <888> 02/10/09 Tuesday 11:30 P.M.. For dinner last night, I also ate a piece of cherry pie with two scoops of sugar free cool whip. I also chatted with a relative. I worked with the Nvidia GEForce 6200 video drivers for several hours, and the newest version definitely will not install on a system with both the AGP and PCI video cards for Nvidia GeForce 6200 installed. The second card keeps the first card from booting. I tried other drivers that worked, but my system seemed like it had been corrupted, so I restored the new install backup from December 4, 2008. I then updated the files and any changes. I then backed it up the second hard drive and then the Maxtor external hard drive, all of which took until noon today. I also restored the backup on the FIC server and updated the changes. However, the primary Vista computer is once again stable for now.

I ate a ham and cheese sandwich on a Kaiser roll with 1/4th of a 5.5 ounce tube of Pringle sour cream and onion potato chips and dill pickle slice and a glass of iced tea.

About 10 A.M., UPS delivered the order with tracking of <u>UPS: Tracking Information</u> on the order for Labtec Pulse 485 Max-X 2.1 PC Speakers w/Subwoofer -NEW - eBay (item

<u>310119327828 end time Feb-01-09 18:32:48 PST</u>) for \$5.50 and \$14.95 shipping for \$20.45 total.

I slept until 5:30 P.M. from 10 A.M. except for turning off the computer after the final backup. I cancelled my 3 P.M. appointment today.

For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up.

I installed the Labtec speakers on the Abit computer in the living room. I moved the pair of generic Jensen speakers to the bedroom window with the other pair of generic speakers connected to the bedroom Gigabyte computer.

I went out, and I went by the Stop and Shop. I bought two 10 ounce bottles of Lea and Perrins Worcestershire sauce for \$3.39 each and two 6 ounce bottles of Gold's Hot Horseradish for \$1.59 each for \$9.96 total.

I then walked the entire length of Greenwich Avenue and the train station area. I used the bathroom at the Senior and the Arts Center. I stopped by CVS, and I bought a plastic shoe box size box storage box with lid for \$2.79 and a 100 yards of CVS mint dental floss for \$2.29 and .30 tax for \$5.38 total. I then finished my walk. I noticed Credit Suisse was entertaining downtown. They have an office at the top of Greenwich Avenue. I then drove down by the waterfront on Steamboat Road. I then returned home. I will use the plastic storage box for some undetermined purpose in the future. CIO

Note: <888> 02/09/09 Monday 7:05 P.M. I woke up during the night, and I ate a half of a 8.5 ounce box of reduced fat Triscuits. I also ate 10 dried apricots. I finally woke up at noon today. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up. I went out, and I went by the Chase Bank just west of Greenwich Avenue. I used the ATM machine there, and I did some other banking business. I then went by the Wachovia Bank on Havemayer Place, and I paid my rent to the Greenwich Housing Authority. I then walked the entire length of Greenwich Avenue and the train station area. I toured the front area of CVS. It was not too busy downtown during these economically depressed times. I next went by the Greenwich Library, and I chatted with a staff member and a local user. I then went by the Greenwich Automotive Services Gulf Station, and I bought \$6 of self service premium for \$2.559 a gallon for 2.344 gallons for at odometer reading of 62158 miles for 27.1 miles driving since I last got gasoline 11 days ago for 11.5614 miles per gallon. I cleaned the outside of my windows, and I checked the tire air for 32 PSI. I then went by the Stop and Shop, and I bought two half gallons of Florida Natural orange juice with calcium for \$3 each, a top round eye round roast for \$3.99 a pound for \$13.29, two pounds of baby carrots

for \$2.99, and fresh Chiquita bananas for .64 a pound for \$1.43 for \$23.71 total. I then returned home. I brought up purchases, and I picked up my mail.

The orders for

<u>eBay Store - THIS THAT THE OTHER IN COMPUTERS: LAPTOP PARTS, LAPTOPS, DESKTOPS</u>, I bought <u>DELL LATITUDE CS STANDER BATTERY 11.1V 3100MaH -</u> <u>eBay (item 360122992661 end time Feb-09-09 12:01:09 PST)</u> for \$26 and \$12 shipping for \$38 total and

DELL LATITUDE DOCKING STATON C PORT II - eBay (item 360080143544 end time Feb-12-09 15:37:28 PST) for \$10 and \$8 shipping for \$18 total for \$56 all together arrived.

I put the new Dell 7012 battery in the second Dell Latitude CS laptop computer. I put my older Dell Docking station with it, and I put the new Dell Docking station with the primary Dell Latitude CS laptop computer. The new battery is taking a charge. I threw out the packing material. I moved my car to its usual place, which I like, since when I park there, we tend to have warmer weather. I moved a CompUSA mouse pad to the left side of the second Dell laptop, and I put a yellow plastic mouse pad on the right side of the primary Vista computer. The plastic mouse pads tend not to work as well, since they are hard and too smooth.

I will now season the eye round roast with garlic powder, ground black pepper, Italian seasoning, and A1 Bulls Eye barbeque sauce. I put it on a baking rack in a baking pan and bake it at 350 degrees Fahrenheit in the Sharp convection oven for 40 minutes for medium rare. I will eat two 3/8th inch thick slices with my usual vegetable mixture and a glass of watered down passion punch. I will refrigerate the rest of the beef for slices of cold beef for the next few days meals which I eat with Lea and Perrins Worcestershire sauce, if I remember to buy it tomorrow, when I go out weather permitting. CIO

Note: <888> 02/08/09 Sunday 11:20 P.M.. <u>Which Is Better: Nuts or Olive Oil? - RealAge</u> <u>Tip of the Day</u>

Mary (queen of Scotland) -- Britannica Online Encyclopedia beheaded this day.

BBC NEWS | Asia-Pacific | Australia fire toll 'to increase'

Well, not much happening in Greenwitch, Connecticut. I will now shut down the primary Vista computer, and read some more about the history of the <u>Welcome to the National</u> <u>Security Agency - NSA/CSS</u> in James Branford's book "Body of Secrets". From my viewpoint, the government a'int telling us the truth, and for that matter they a'int ever told us the truth. Just a bunch of old men in Washington D.C. drinking tax free liquor from my viewpoint. CIO Note: <888> 02/08/09 Sunday 10:40 P.M. I ordered <u>Wolverine Flannel - Lined Shop</u> <u>Shirt, Men's Clothing, Wolverine at Bargain Outfitters</u> in Olive 2XL less \$5 off with coupon code "BF511" and \$5.99 shipping for \$20.96 total. CIO

Note: <888> 02/08/09 Sunday 10:25 P.M.. I chatted with a relative. With the colder weather in this area this winter, it should kill more of the deer ticks, so this summer we should have less Lyme disease. I made and ate the same dinner and desert as the last five nights. I did a Vista Complete PC backup of the primary Vista computer from the first hard drive to the second hard drive, and then I did one to the Maxtor external hard drive. I also freed up some disk space on the primary Vista computer C: drive. I chatted with a relative. CIO

Note: <888> 02/08/09 Sunday 6:40 P.M.. I showered, and I cleaned up. I threw out the garbage. I walked around the building. I put away my laundry. I chatted with neighbors. I ate two hot dogs with buns and mustard and ketchup and a dill pickle slice and 1/4th of a 5.5 ounce tube of Pringle sour cream and onion potato chips and a glass of watered down passion punch.

Yesterday, I moved the LAN cable from the FIC server to the Netgear FR114P router which had a spare port instead of running it off the Netgear FS116 Switch. Thus when not using the computers on the network, but just running the FIC server, I can turn off the Network Switch from the Control Panel. With the Network Switch turned off the primary Vista computer still froze, which would mean it is not a hacker or network problem. I have had the problem in the past caused by Nvidia GEForce 6200 drivers for Vista. I uninstalled the October 2008 version, and I installed January 9, 2009 version, and the computer would not boot. I then did a Safe Boot, and I uninstalled that version of the Nvidia drivers. As I recall, I did not have a problem with the XP Nvidia Driver http://mikelouisscott.com/nvidia-old/ "93.71 forceware winxp2k english whql.exe" for GEForce 6200 version 6.14.10.9371 dated October 22, 2006, so I installed those drivers and program. The computer has not frozen yet. There has been a lot of discussion about Nvidia drivers for Vista not being up to snuff by the general internet community. Since I used a Nvidia GEForce 6200 AGP and PCI video cards that support my four LCD monitors, I also have a more unique setup. Well let's hope they work. I should know soon enough.

The old XP Nvidia drivers are posted here <u>http://www.nvidia.com/object/winxp-</u> <u>2k_archive.html</u>, and the driver I am using for the two GEForce 6200 AGP and PCI cards is posted here <u>ForceWare Windows XP/2000 32-bit</u>.

I chatted with a relative. CIO

Note: <888> 02/08/09 Sunday 3:00 P.M.. I received my rent statement from the Greenwich Housing Authority on this past Wednesday, so I will pay it tomorrow on Monday. I also called up <u>www.cl-p.com</u> last night, and they have yet to put my electricity on the lower night rate 7, but they said they would expedite the matter. CIO

Note: <888> 02/08/09 Sunday 2:45 P.M.. <u>BBC NEWS | Asia-Pacific | Australia inferno toll</u> <u>nears 100</u> CIO

Note: <888> 02/08/09 Sunday 2:35 P.M.. I woke up at 9 A.M.. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes.

I bought <u>Dell Latitude CS Laptop Motherboard Used For Parts - eBay (item 370156230208 end time Feb-08-09 08:55:19 PST)</u> for \$19.62 with free shipping. I will now have a spare motherboard for two Dell Latitude CS laptop computers.

I defragmented the hard drives on the two Dell Latitude CS laptop computers. I put clean linens on the bed. I am doing two loads of laundry, and I have 40 minutes to go on the dry cycle. CIO

End of Scott's Notes week of 02/07/09:

Note: <888> 02/07/09 Saturday 10:40 P.M. <u>American Red Cross: Email - Change a Life.</u> Become a Champion.

British Invasion -- Britannica Online Encyclopedia launched on this day in 1964

the Beatles -- Britannica Online Encyclopedia

I will now send out my weekly notes. I will then shut down the primary Vista computer, and I will eat a 1/5th piece of cheery pie with two scoops of sugar free Cool Whip and some watered down passion punch. I might watch a bit of television or maybe read some more of "The Body of Secrets". CIO

Note: <888> 02/07/09 Saturday 10:10 P.M.. I bought <u>Logitech QuickCam for Notebooks</u> <u>Deluxe Webcam Web Cam - eBay (item 310120667518 end time Feb-07-09 18:14:49 PST)</u> and <u>Logitech QuickCam for Notebooks Deluxe WebCam reviews - CNET Reviews</u> for \$6.05 and \$9.95 shipping for \$16 total. I will put it with the second Dell Latitude CS laptop computer. I chatted with a relative. CIO

Note: <888> 02/07/09 Saturday 7:20 P.M.. I woke up at 9 A.M. this morning. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I chatted with a relative. I read a few pages of "Body of Secrets". I hooked up the spare Ezonics web cam to the primary Dell Latitude CS laptop computer, and I installed its drivers. I also have the Andrea Electronics headset on it. I put a spare generic headset on the second Dell laptop. I threw out the garbage. I picked up the mail. The orders for <u>Rolling Toothpaste Squeezer and Hanger Gadget,Free Standard Shipping</u> for \$3.49 after coupon code "A40101865" and then on a separate order I ordered <u>Nose and</u> <u>Ear Hair Trimmer,Free Standard Shipping</u> for \$5.85 after coupon code "A40103941P" arrived. I put a AA Alkaline battery in the nose hair clipper, and I left it on the small bookcase shelf in the bathroom. The toothpaste roller does not look like it will work with Crest toothpaste, since it does not have an edge on the end of the toothpaste tube, so for now I left it on the shelf of the small bookcase.

I have stored the 2.5 inch external USB case and the used configured 4.6 gigabyte 2.5 inch IDE drive on the second shelf of the left bookcase behind the Sony television in the living room.

I am now making, and I will eat the same dinner as the last four nights. CIO

Note: <888> 02/07/09 Saturday 12:25 A.M.. I watched the channel 173 Military Channel program about Adolph Hitler's bodyguards. Not much seems to be going on for now. I will now shut down the primary Vista computer, and I will go to bed soon. Have a good night. It is 15 degrees Fahrenheit outside right now. CIO

Note: <888> 02/06/09 Friday 11:00 P.M.. I ate a 1/5 piece of cherry pie with two scoops of sugar free cool whip on it. Not much seems to be happening.

<u>Two Pcs of Airlink101 ATVC102 Digital to Analog TV Converter Box with Remote</u> <u>Control, Analog Signal Pass-Through</u> for .99 after coupons.

Coupons TV Converter Box Coupon Program Website

I will now shut down the primary Vista computer, and I will watch television or read before I go to bed. Have a good night. CIO

Note: <888> 02/06/09 Friday 9:55 P.M.. JKASP-2009 Conference

Bill Gates Sics Mosquitoes On Conference Attendees - The Channel Wire - IT Channel News And Views by CRN and VARBusiness

Seven Sisters (colleges) - Wikipedia, the free encyclopedia

I chatted with a friend. The cherry pie is ready. It now has to cool for a half hour.

Is it possible to build a \$20 laptop? | Laptops and Desktops | ZDNet.com

BBC NEWS | Technology | Microsoft debuts quick fix clicks

BBC NEWS | Technology | TED on porn, malaria and robots CIO

Note: <888> 02/06/09 Friday 8:55 P.M. I am baking a 32 ounce frozen Mrs. Smith's cherry pie. CIO

Note: <888> 02/06/09 Friday 7:15 P.M.. I finished the backup on the second Dell Latitude CS. I will now make and eat the same dinner as the last two nights. Having been unemployed for the last 26 years living on disability income, I could give a lot of tips on getting buy on minimal income and managing to make ends meet and keeping busy to ward off boredom for any of the newly minted unemployed. CIO

Note: <888> 02/06/09 Friday 6:50 P.M.. I swapped the 7 port USB 2.0 device on the primary Vista computer with the one on the FIC server, since one of the USB ports burned out. Now the Minolta laser printer works again. CIO

Note: <888> 02/06/09 Friday 6:30 P.M. At

<u>http://www.targus.com/us/tipconfigurator/default.aspx?region=1&cat=Notebook#</u>, I ordered a Targus Tip #9 - 70W APT9 for \$9.99 less 20% off with promo code ''WIU0808'' for \$7.99 and \$2 standard shipping for \$9.99 total. The current tip on the primary Dell Latitude CS laptop seems a bit worn, so I will now have a new one. CIO

Note: <888> 02/06/09 Friday 5:45 P.M.. I woke up at 1 P.M.. I chatted with a relative. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I threw out the garbage and the old periodical literature. I watered the plants. I showered, and I cleaned up. I did an XP Professional ASR backup of the primary Dell computer to the Maxtor external hard drive. I am now doing an XP Professional ASR backup of the second Dell laptop to the Maxtor external hard drive. Possibly it would work as a restore with XP Professional ASR, since one can hot swap the external CD drive with the external floppy drive. I went downstairs and outside several times. I moved my car to its usual location. I chatted with neighbors and the building custodian. CIO

Note: <888> 02/06/09 Friday 7:20 A.M.. When I partitioned the new hard drive, I also made it active in disk manager after I cloned it. I had a problem getting the primary Dell Latitude CS laptop computer to recognized the larger hard drive in the BIOS. It would freeze when I opened the BIOS. I was able to get around that by booting the BIOS Update utility from the floppy with the hard drive installed and reflashing it. However, it still freezes when one opens the BIOS, but after setting the BIOS setting with the new hard drive out of the computer, it boots normally, except one can not enter the BIOS which is normally not necessary, but one can when the hard drive is taken out of the laptop, which entailed removing two small screws. Thus I now have 72 gigabytes of free space on the primary Dell Latitude CS and 3 gigabyte of free space on the secondary Dell Latitude CS. I will not install the configured 7 gigabyte hard drive in the Toshiba laptop, since it only has 400 megs of free space which is all the Toshiba has now. I will keep it as a spare configured to have in case of a hard drive failure on the secondary laptop. The new 2.5 inch IDE 80 gigabyte Seagate hard drive has a five year warranty. I threw out the garbage. I will now shut down the primary Vista computer. I will eat an untoasted English

muffin. I will then go to bed. Have a good day. Stay Warm. It is 15 degrees Fahrenheit outside. CIO

Note: <888> 02/06/09 Friday 1:35 A.M.. I have 22 minutes to go on making the clone on the primary Dell laptop. CIO

Note: <888> 02/06/09 Friday 1:20 A.M.. My January 2009 electricity bill at <u>www.cl-p.com</u> was \$160.06 of which I have already paid \$90, with the rest paid by my energy assistance grant. That amount is without using the electric heat except for a few times, when I turned on the DeLonghi oil filled radiators. It also should be the lower night time rate.

That is for 28 days at rate 5 delivery, when the average temperature in January 2009 here in Greenwich, Connecticut was 24.5 degrees Fahrenheit down from last January 2008, when it was 34.7 degrees Fahrenheit, so this past month was 10.2 degrees Fahrenheit colder on average than last year.

The actual usage was 802 kWh or 28.64 kWh per day versus a year ago when it was 949 kWh or 33.89 kWh per day and the amount was \$167.44, when I also was not using the electric heat, so it is slightly lower bill on the night time rate with the colder winter. However, I do not have the air conditioner installed this winter, so it is probably warmer in the apartment without it installed. CIO

Note: <888> 02/06/09 Friday 1:00 A.M.. <u>Alaska Volcano Observatory - Redoubt - Activity</u> <u>Page</u> CIO

Note: <888> 02/06/09 Friday 12:30 A.M.. PIRE Home

<u>An official workshop of the International Association of Volcanology and Chemistry of the</u> <u>Earth</u>

Enjoy the Strong Dollar in Scotland's Homecoming Year 2009

BBC NEWS | Science & Environment | Dog gene 'may aid wolf survival'

I think today is Ronald Reagan - Wikipedia, the free encyclopedia's birthday. CIO

Note: <888> 02/05/09 Thursday 11:45 P.M.. On a more cheerful note, I got a Christmas and New Years greeting letter from Queen Elizabeth II at Sandringham House <u>Welcome to</u> <u>the official web site of the British Monarchy</u>. I put it in the frame with the other letters hanging on the back side of the bedroom door in between the bird and railroad pictures. CIO

Note: <888> 02/05/09 Thursday 11:15 P.M.. The night before last, I ate 10 dried apricots. Last night I ate 15 dried apricots and a untoasted English muffin. I chatted with a friend at 8 A.M. this morning. I woke up at noon. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion

punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I chatted with a relative. I moved the Dipole FM antenna to the Zenith shortwave radio shortwave antenna connection with the Dipole FM antenna attached to the ceiling above it, but I still get no shortwave signal. I put the powered FM antenna on the Leadtek TV card FM connector.

<u>FREE Radio</u> has shortwave radio, so maybe somewhere out in the world, there is still shortwave. I was told by the staff at Radio Shack in Cos Cob, they had eliminated shortwave signals with the internet commonly available today.

I chatted with a friend and a relative. I chatted with the Casa Marina <u>Key West Hotel</u> <u>Resorts & Florida Keys Beach Accommodations - Casa Marina Resort Key West</u> in Key West, Florida, and they are quite busy, but they think it is cold down there. They do not have heat in their hotel down there. Their Reach Resort in Key West, Florida has heat. I was cold at night in the winter down there too back in the 1970s.

I picked up the mail. Around 6 P.M., the order with tracking of UPS: Tracking Information on the order for 80 GB 2.5" Seagate LD25.2 5400RPM ATA Hard Drive with 2MB Cache - New with 5 Year Seagate Warranty. (SEAST980210ALD) http://eshop.macsales.com/item/Seagate/ST980210ALD/ for \$39.99 and \$4.99 UPS ground shipping for \$44.98 total arrived. I put it in the 2.5" Black Aluminum Enclosure Case with IDE to USB 2.0 Interface by SABRENT. The primary Dell Latitude CS laptop computer, only recognizes it with the docking station USB 1.0 ports, and with the Seagate Disk wizard program installed, it installs the needed driver for XP. However, the Seagate Disk wizard program does not recognized the Seagate hard drive as a Seagate hard drive, so you can not use the Seagate Disk wizard program to clone the new hard drive. I am using the free copy of DriveImage XML DriveImage XML Backup Software to clone the new hard drive from the primary hard drive. Since the Dell Latitude CS laptop computer only has USB 1.0 ports, it is taking about 5 hours to copy the 7 gigabytes of files. I have three hours to go. Basically one uses the Drive to Drive Copy process, and when one gets the error message at first, one chooses to ignore it, and the program then proceeds to clone the second new hard drive. After I finish cloning the new drive, I will put it in the primary Dell laptop, and I will move its smaller 10 gigabyte hard drive to the second Dell laptop, and I will move its smaller 4.7 gigabyte hard drive to the Toshiba laptop.

I made and ate the same dinner at last night. I also made up a fresh batch of passion punch. CIO

Note: <888> 02/05/09 Thursday 2:50 A.M.. Well it is currently 3 degrees Fahrenheit in Champaign, Illinois, so it tends to be warmer out here in Greenwich, Connecticut at 11 degrees Fahrenheit. I guess that is why there are so many people from the Midwest down in Florida this time of year. However it is minus 8 degrees Fahrenheit in Kennebunkport, Maine. It is a miserable 53 degrees Fahrenheit in Key West, Florida. In Montreal, Quebec, Canada it is 1 degree Fahrenheit. In beautiful Toronto, Ontario, Canada it is zero Degrees Fahrenheit, so I guess that is why so many people are down south where ever it is warmer. In Laguna Beach, California, it is 62 degrees Fahrenheit. In Washington D.C. where they ran out of money, it is 19 degrees Fahrenheit. Well, I am a bit tired, so I will now shut down the primary Vista computer, and I will go to bed soon. If my rent statement comes in the mail later on today, I will try to pay it at the Wachovia Bank on Havemeyer Place tomorrow which is opened late until 6 P.M.. Stay Warm. I think the richest private people go to Lyford Cay in the Bahamas <u>Lyford Cay Club - Log In</u> or <u>St.</u> <u>Barts, St Barts, St Barths, St. Barth, Saint Barthelemy, French West Indies</u>, but as one gets older despite one's income, it is better to live near major medical complexes. I do not need any witch doctors helping me to quit smoking cigarettes. CIO

Note: <888> 02/05/09 Thursday 2:20 A.M. <u>Global Volcanism Program | Volcanic Activity</u> Reports | SI / USGS Weekly Volcanic Activity Report |

FREE Radio

The World's Cheapest Laptop - Forbes.com

BBC NEWS | Europe | Nazi camp doctor 'died in 1992'

BBC NEWS | Americas | Birds hit both Hudson jet engines

BBC NEWS | Science & Environment | Ancient sponges leave their mark

BBC NEWS | Science & Environment | Largest snake 'as long as a bus'

BBC NEWS | UK | Fresh snow brings travel problems

BBC NEWS | Technology | Code-cracking and computers

BBC NEWS | UK | Queen's shop removes golliwog toy CIO

Note: <888> 02/05/09 Thursday 12:05 A.M.. I made and ate the breaded boneless breast of chicken meal with the steamed vegetable mixture with olive oil and a glass of watered down passion punch. Yesterday, I was able to move the menu panel on the upper left Acer LCD monitor back into position, but following the button panel pattern to move it from the far right identical Acer LCD panel. I set the 10 FM presets on the Abit computer Leadtek TV Card FM program, and it works just fine with the Dipole FM antenna. CIO

Note: <888> 02/04/09 Wednesday 9:15 P.M. I woke up at noon.

I ordered <u>Xact XG2500 Headset Cordless Telephone - XQ2500 - Buy.com</u> for \$19.99 with free shipping.

For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I chatted with a relative. I showered, and I clean up. I

went out, and I threw out the garbage. I cleaned a small bit of ice and snow off the Audi. I went by the Greenwich Hardware store, and I bought a small instrument screw thread 3.6 volt bulb for a dollar. I then drove over to the CVS at the Cos Cob shopping center. I bought two 12 packs of Thomas' English muffins for \$1.99 each 12 pack for \$3.98 total. The new CVS has been opened 4 months apparently. They are opened from 8 A.M. to 8 P.M. weekdays and 8 A.M. to 6 P.M. on weekends.

I then went by the Radioshack at the Cos Cob shopping plaza, and I bought a <u>Dipole FM</u> <u>Antenna - RadioShack.com</u> for \$6.99 and a <u>3-Way Inline Coupler (White) -</u> <u>RadioShack.com</u> for \$7.69 and a 90% off clearance item a Red <u>NIKKO America -</u> <u>American Tuners - 16th Corvette C6</u> for \$2.97 and a \$1.06 tax for \$18.71 total. I then toured the Fjord Fisheries fish monger next door. I then checked back at Radio Shack, and they did not have a Dipole FM antenna with a coaxial connector, but I remembered that I had a coaxial adapter at home, so it did not matter.

I then went by the Stop and Shop. I bought a six pack of day old Kaiser rolls for \$1.25, a half gallon of Minute Maid Premium orange juice for \$2.50, a dozen extra large eggs expire March 6, 2009 for \$2.50, a pound of Stop and Shop sliced American cheese for \$4.99 a pound for \$5.36, 1.5 pounds of Stop and Shop sliced Virginia ham for \$4.99 a pound for \$7.58, a 12 ounce bottle of GV honey for \$1.99, a 32 ounce jar of Hellmann's low fat mayonnaise for \$4.49, a 24 ounce bottle of Heinz ketchup for \$2.50, a quart jar of Vlassic Kosher dill pickle slices for \$3.19, a 8 ounce box of Nabisco Triscuit crackers for \$2.50, three 48 ounce containers of Ocean Spray cranberry juice for \$5 all, three 64 ounce containers of Stop and Shop Concorde grape juice for \$2.50 each, two 48 ounce containers of Quaker Old Fashioned oatmeal for \$4.99 each, a package of four double boneless breasts of chicken for \$1.79 a pound for \$7.89, a two pound bag of baby carrots for \$2.99, a two pound bag of yellow onions for \$1.99, fresh green Chiquita bananas for .64 a pound for \$2.05, broccoli crowns at \$1.79 a pound for \$2.22, a bulb of garlic for \$2.99 a pound for .51, and a 5 pound bag of Maine potatoes for \$2.99 for \$76.87 total. I then returned home, and I brought up my purchases with my folding cart that I brought with me, and I picked up the mail, and I put everything away. I connected the Dipole FM antenna with the coaxial adapter to the Leadtek TV car on the Abit computer, so the FM radio on the Leadtek TV card now works. I strung the ends of the FM Dipole antenna from the ceiling. I tried the small screw light bulb, but it did not work in the map light on the Zenith shortwave radio, so I put it by the magnifying glass on the center bookcase that uses a similar bulb. I chatted with a relative. I put the little Red Corvette on the right hallway bookcase shelf. CIO

Note: <888> 02/04/09 Wednesday 2:10 A.M.. I will now shut down the primary Vista computer, and I will go to bed soon. I will munch on an untoasted English muffin before going to bed. CIO

Note: <888> 02/04/09 Wednesday 1:35 A.M.. There are suppose to be snow showers and flurries until 5 P.M. today, so I might not make it to the grocery store, and they are calling for more flurries on Thursday. CIO

Note: <888> 02/04/09 Wednesday 1:30 A.M.. I fiddled with the Zenith shortwave radio. I put the internet antenna on FM and the external powered antenna on Shortwave Ground, but I still get no shortwave reception. With the internal antenna on Shortwave, I get a bit of static and that is about it. Possibly shortwave radio no longer exists anymore. CIO

Note: <888> 02/03/09 Tuesday 11:55 P.M. U.S. Stocks May Get Socked By Jobs Data -Forbes.com

Mineralogical Society of America

Tracking is <u>UPS: Tracking Information</u> on the order for 80GB 2.5" Seagate LD25.2 5400RPM ATA Hard Drive with 2MB Cache - New with 5 Year Seagate Warranty. (SEAST980210ALD) <u>http://eshop.macsales.com/item/Seagate/ST980210ALD/</u> for \$39.99 and \$4.99 UPS ground shipping for \$44.98 total.

Tracking is <u>UPS: Tracking Information</u> on the order for <u>Labtec Pulse 485 Max-X 2.1 PC</u> <u>Speakers w/Subwoofer -NEW - eBay (item 310119327828 end time Feb-01-09 18:32:48</u> <u>PST)</u> for \$5.50 and \$14.95 shipping for \$20.45 total.

RBS And Another Abrupt Exit - Forbes.com

Ethanol Slows Archer Daniels - Forbes.com

InternetNews Realtime IT News - XP/Vista SP Blockers to Expire as Vista Surges

<u>» Microsoft's Windows 7 line-up: The good, the bad and the ugly | All about Microsoft |</u> ZDNet.com

Country First PAC

Toshiba Satellite L305D-S5895 Turion 64 X2 TL-60 2.0GHz 3GB 250GB DVD±RW 15.4" Vista Home Premium @ Geeks.com 17 inches \$500

ImportFood.com February 2009 Feature Thai Recipes and Specials

2009 Federal Employees Almanac

AGU 2009 Joint Assembly

BBC NEWS | Technology | Google Earth dives under the sea CIO

Note: <888> 02/03/09 Tuesday 10:25 P.M.. I woke up last night, and I ate an English muffin without toasting it. I finally woke up about noon today, when the order with tracking of <u>FedEx SmartPost Track</u> on the

order for <u>Croscill Da Vinci Natural Toothbrush Holder Linens 'n Things - 1/25 - 80% off:</u> <u>1/25 - 80% off: Bath Accessories: Croscill Da Vinci Natural Toothbrush Holder</u> for \$3.39

two <u>Croscill Bennington Fingertip Towel Holder</u> <u>Linens 'n Things - 1/25 - 80% off: Bath</u> <u>Accessories: Croscill Bennington Fingertip Towel Holder</u> for \$1.99 each

<u>Shades Shower Curtain Hooks</u> <u>Linens 'n Things - 1/25 - 80% off: Bath Accessories:</u> <u>Shades Shower Curtain Hooks</u> in black for \$1.99

for \$9.36 and \$12.99 shipping less \$5.52 shipping discount and \$1.01 sales tax for \$17.84 total arrived.

I put the tooth brush holder on the left rear of the bathroom sink. It has bigger holes to hold larger handle toothbrushes. I put the two ornate hand towels on the back side top of the French reproduction chair over the sheep skin with the ornate fringe showing. I put the black shower curtain rings on the rack above the toilet tank. I might install them the next time I clean the shower curtain and liner. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I chatted with a relative. I showered, and I clean up. I picked up the mail. I got a Christmas card from George and Barbara Bush in Houston, Texas. They look quite happy and healthy in their Christmas card photo. I took down the Plexiglas frame with Prince Charles and William and Harry that was hanging by the toilet, and I put the George and Barbara Bush photo in it, and I hung it on the top side left inside of the apartment entrance door. I moved the hanging plate of St. Paul's church in Manhattan from that location, and I put it with the other two hanging plates by the toilet. I threw out the garbage. By 2 P.M., it was starting to snow. I worked on the Zenith shortwave radio. It works just fine, but one has to have the stereo headset plugged into it for its speaker and stereo headset to work. I set it up that way with a stereo headphone jack many years ago, because there was a problem with the speaker. It is a 1961 Zenith Trans Oceanic shortwave radio. I set it up on the right side of the Northgate Syntax monitor, and I also plugged a powered auxiliary antenna into it for better reception besides the fixed expandable antenna. It needs a screw thread flash light bulb for the display chart light. It has very good reception, but at around 4 P.M. in the afternoon, I only got AM and FM channels, and there were none of the other channels including shortwave channels and weather channels and marine channels, so perhaps with the internet, they do not use those channels anymore. I will have to test it later at night some time, when the reception is better. Earlier I chatted with a friend. I think the reason George Cary is able to get around so easy in upstate New York in the winter is that when I first knew him, he told me he was neighbors in East Aurora, New York of Bobby Goodyear, so perhaps he has good winter tires. I chatted with a friend in eastern Connecticut who had a relative pass away in Daytona, Florida. I used www.google.com to help him find two lost relatives, so he could notify them, and then I text messaged his cell phone, so he could possibly find them. Also Google searches lead to other search engines that cost money.

The upper left LCD monitor works fine, but its menu display panel does not show up on the screen, but off the screen in the far upper right. I can not figure out why that happens. However, I have it set on Auto, so it is not a problem. I microwaved and ate a 21 ounce Stouffer's beef lasagna, which I put grated parmesan and Romano cheese on, and I ate it with a glass of watered down passion punch. I chatted with a relative. CIO

Note: <888> 02/03/09 Tuesday 1:45 A.M.. According to my Weather Pulse Program Weather Pulse, weather software, we are suppose to have snow showers until 3 P.M. tomorrow with snow until midnight and a low on Tuesday night and Wednesday morning of 11 degrees Fahrenheit, so I doubt if I will be doing my first of the month grocery shopping later on today. I have plenty of food in the apartment, so I will survive another winter event. I have lived through worse periods of snow, when I was more active. However in the good old days when Chemstrand made Nylon for Harvey Firestone's tires, we could afford winter snow and ice tires, and we frequently drove in snowy conditions. Today, since I only have 1/4th of an inch to possibly 3/8ths of an inch tread on my Audi's Michelin tires from Melbourne, Florida that are now made in Greenville, South Carolina, I do not think it is advisable to drive during snowy or icy conditions, so I am spending much more time at home this winter. The National Weather Service a'int telling us much National Weather Service Watch Warning Advisory Summary . I will now shut down the primary Vista computer, and I will go to bed soon. Stay warm. The good news is an interested relative might buy me new tires this coming summer, when I am up in Kennebunkport, Maine. Alas, although Connecticut is known for the www.navy.mil in New London, Connecticut, they also have a few people attached to the www.un.org in the Manhattan area of New York City, New York, U.S.A.. Possibly they serve in various diplomatic capacities, but from my viewpoint is mostly routine maintenance. Of course New York City people can use public transportation 24 hours a day unlike us simpler people in the country whom have to rely on our own transportation, particularly since I have been on a night schedule for about 75% of the time since 1965. When I see a sunny day, I usually think it is a solar flare or some other cosmic event. The only 24 hour library I know of is the Scott library at York University just outside north of Toronto, Canada, and since they are near Niagara Falls with their generating capacity, they can afford to keep the lights on. Unfortunately my idiot friend from East Aurora, New York is mostly a daytime person since he works around horses, so he does not have my same perspective. You can always find people awake in Manhattan at night, but I can not guarantee their state of sobriety. CIO

Note: <888> 02/03/09 Tuesday 12:25 A.M.. I bought <u>Rolling Toothpaste Squeezer and</u> <u>Hanger Gadget,Free Standard Shipping</u> for \$3.49 after coupon code "A40101865" and then on a separate order I ordered <u>Nose and Ear Hair Trimmer,Free Standard Shipping</u> for \$5.85 after coupon code "A40103941P". CIO

Note: <888> 02/02/09 Monday 11:45 P.M.. I ate the last 1/5th piece of blueberry pie with the low calorie Cool Whip. I changed the four calendars in the apartment on February 1 to February 2009. The February 2009 National Geographic Scotland Calendar shows a picture of the newer Sterling Bridge. CIO

Note: <888> 02/02/09 Monday 10:55 P.M.. <u>American Red Cross: Email - The Gift of Life -</u> <u>CORRECTION</u>

Give Life | American Red Cross Blood Donation Information

<u>\$9.95 McAfee Internet Security Suite 3 User with FREE Upgrade to 2009</u>

Gurus Buy Gold, Sell Milk And Microprocessors - Forbes.com

» Microsoft confirms no more betas for Windows 7 | All about Microsoft | ZDNet.com

Ends today 40% off today only 4 piece minimum <u>Custom Logo Shirts, Hats, Bags and</u> <u>More - The Queensboro Shirt Company</u>

Barclays In A Pickle - Forbes.com

Buy IBM Now - Forbes.com

James Joyce (Irish author) -- Britannica Online Encyclopedia

Britain Gets Snowed Under - Forbes.com

BBC NEWS | Special Reports | Volcano erupts in Japan

BBC NEWS | UK | Heavy snow hits much of Britain

<u>BBC NEWS | Technology | Snow strains technology networks</u>, Well I thought it snowed in England all of the time. It is 1500 miles further north than Hudson's Bay, so from my viewpoint it should snow there regularly in the winter. CIO

Note: <888> 02/02/09 Monday 9:30 P.M.. I reheated and ate the other of half of linguine and tomato meat sauce with grated parmesan and Romano cheese and watered down passion punch. I chatted with a relative and a friend twice. CIO

Note: <888> 02/02/09 Monday 7:05 P.M.. I woke up last night, and I ate a 24 Bremer crackers with 1/16th inch thick by 1.25 inch by 1.25 inch slices of Stop and Shop Vermont extra sharp cheddar cheese, and I finished off eating a dozen low fat Cheez-it crackers that I had left. Besides having my lower right rear molar chip whichs needs a crown, the gold crown on the lower left rear of my mouth is now causing me a small bit of pain, so I need to look into a local dentist that takes the State of Connecticut Medicaid. I woke up at 11 A.M. this morning. The order from <u>www.ordersmokesdirect.com</u> for 6 cartons of King Mountain Ultra Lights 100s in a box arrived.

The order with shipping of <u>UPS: Tracking Information</u> on the order for <u>Flannel Lined</u> <u>Blue Jeans Bargain Outfitters - Bargains, Discounts, Markdowns, Deals, on Boots,</u> <u>Clothing, Outdoor Gear at Bargain Outfitters</u> in inseam 30 inches and waist 46 inches with \$5 off with coupon code "BF1106" for \$14.97 plus \$5.99 shipping for \$15.96 total arrived, and I hung them in the bedroom closet.

The <u>DC Power Jack Dell LATITUDE CPx CPxH CPxJ CS CSR CSX - eBay (item</u> <u>300268251805 end time Feb-19-09 20:06:42 PST)</u> for \$4.99 with free shipping arrived. I put it in its shipping envelope on top of the spare motherboards on top of the cabinet on top of the side board in the bedroom.

I picked up the mail, and I threw out the garbage. The \$20 rebate check on the McAfee Internet Security Suite 2009 3 license copy arrived, so it only cost me \$8. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I chatted with a relative. I showered, and I clean up.

I went out, and I went by the new Chase Bank just west of Greenwich Avenue. I deposited my \$20 McAfee rebate check. I was able to leave the facility by going out the rear entrance via the Pickwick Towers street, but there is not traffic light there just a stop sign, but it is easier there to get back on Putnam Avenue at the top of Greenwich Avenue with its traffic light, if you watch the traffic.

I chatted with a local walker. I walked the entire length of Greenwich Avenue and the train station area. I mailed the January 2009 Microsoft Money 2006 report to an interested relative at the central Greenwich Post Office. I stopped by CVS, and I bought two boxes of CVS 20 quart size zip lock bags for \$2.79 and 50% off for the second for \$1.39 and a 12 roll bundle of CVS recycled toilet paper for \$5.99 and .61 tax for \$10.78 total. I used the ATM machine at the Chase Bank at the top of Greenwich Avenue.

I finished my walk on the economically depressed Greenwich Avenue. The Borders book store has gone out of business, and there are some other shops that went out of business.

The new Presbyterian Church is still at the top of Greenwich Avenue.

I then went by the Greenwich Library, and I chatted with some of the staff. It is now a bit busier than normal with all of the unemployed people trying to keep busy. I checked out the book by James Bamford, "Body of Secrets".

I was told by the local walker that it is suppose to snow tomorrow <u>Greenwich, Connecticut</u> (06830) Conditions & Forecast : Weather Underground and <u>National Weather Service</u> <u>Watch Warning Advisory Summary</u>, but it says there is a chance we might not get it. CIO

Note: <888> 02/01/09 Sunday 10:45 P.M.. Well not much happening here in Greenwich, Alaska. It is suppose to get colder again and warm up next Sunday like it did today. If the volcano in Alaska erupts, more than likely it will make it colder here sooner or later. I will now shut down the primary Vista computer, and I will go to bed soon. Stay warm. CIO Note: <888> 02/01/09 Sunday 9:45 P.M.. Shabby Chic Consignment Boutique

Boris Yeltsin -- Britannica Online Encyclopedia

Tracking is FedEx SmartPost Track on the

order for <u>Croscill Da Vinci Natural Toothbrush Holder Linens 'n Things - 1/25 - 80% off:</u> <u>1/25 - 80% off: Bath Accessories: Croscill Da Vinci Natural Toothbrush Holder</u> for \$3.39

two <u>Croscill Bennington Fingertip Towel Holder</u> <u>Linens 'n Things - 1/25 - 80% off: Bath</u> <u>Accessories: Croscill Bennington Fingertip Towel Holder</u> for \$1.99 each

<u>Shades Shower Curtain Hooks</u> <u>Linens 'n Things - 1/25 - 80% off: Bath Accessories:</u> <u>Shades Shower Curtain Hooks</u> in black for \$1.99

for \$9.36 and \$12.99 shipping less \$5.52 shipping discount and \$1.01 sales tax for \$17.84 total.

BBC NEWS | Europe | Legendary British warship 'found'

<u>eBay Store - JustDEALS Inc: Apple iPod, Keyboard Mouse Input Devices, WiFi Wireless</u> <u>Networking</u>

JustDeals.com Inc.

To have a pair of better speakers for the Abit computer, I bought <u>Labtec Pulse 485 Max-X</u> 2.1 PC Speakers w/Subwoofer -NEW - eBay (item 310119327828 end time Feb-01-09 18:32:48 PST) for \$5.50 and \$14.95 shipping for \$20.45 total.

CIO

Note: <888> 02/01/09 Sunday 8:40 P.M.. I watched the travel channel report on the ten best beach resorts in Mexico. The only problem with going to Mexico is that they are still under Napoleonic Law, so if they charge you with a crime, you are guilty until proven innocent. I chatted with a relative. I ate a 1/5th piece of blueberry pie with some low calorie Cool Whip. CIO

Note: <888> 02/01/09 Sunday 6:30 P.M.. I put away the laundry. I changed the monitor cables on the primary Vista computer, so the right two monitors are on the AGP card and the left two monitors are on the PCI video card. Hopefully that will stop the BBC Adobe Flash Player in <u>http://news.bbc.co.uk/</u> from freezing the computer. I was thinking about going out for a walk, but with the Super Bowl on television, more than likely I would be out there all by myself, and it probably would be boring to go out right now, so I will stay in for the evening and work on the computer. CIO

Note: <888> 02/01/09 Sunday 3:45 P.M.. I woke up at 9 A.M.. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I went back to bed until 1 P.M.. I chatted with a relative. I am doing two loads of laundry, and I have 30 minutes to go in the dry cycle. I put clean linens on the bed. Earlier, I chatted with a friend. On <u>www.foxnews.com</u> they had a report that the volcano in Anchorage, Alaska is due to erupt soon <u>Alaska Volcano Observatory</u> Redoubt Color Code Orange Alert. I will now eat two tuna fish sandwiches with watered down passion punch and 1/3rd of a 5.5 ounce tube of Pringle sour cream and onion potato chips. CIO

Note: <888> 02/01/09 Sunday 12:45 A.M.. Earlier I ate a 1/5th piece of blueberry pie and the last few Danish cookies and some watered down passion punch. I tested the primary Dell Latitude CS computer down in the front lobby, and it worked at first, but then it lost the signal. There are a half dozen wireless signals in the building, so maybe they are interfering with each other. I watched some television. I will now print out my January 2009 Microsoft Money 2006 monthly report, and I will get one copy ready to mail to an interested relative. I will then shut down the primary Vista computer, and I will go to bed soon. Stay warm. CIO

Note: <888> 03/31/09 Tuesday 4:15 P.M.. I went out after the last message. I went downtown. I walked the entire length of Greenwich Avenue and the train station area. I stopped by the Merry Go Round Mews thrift shop, and I bought two wooden veneer 8 inch by 10 inch frames with glass for \$1 each for \$2 total. I put them back in the car during my walk. I chatted with a local Swedish walker who has never been to Sweden either. I recommended that when he is in Manhattan, he try eating at a local east side university cafeteria. I chatted with a local www.navy.mil veteran whom survived the winter and seems to have put on more weight. I used the bathroom at the Senior and the Arts center. I returned home, and I chatted with neighbors. One of my neighbors was in an automobile wreck recently. I reheated and ate the same dinner as yesterday, which I ate with a glass of watered down passion punch. I chatted with a computer magazine person from India, and he told me the Aga Khan has a 37 year old relative that is more famous than the Aga Khan is. He told me the Bahais in Wilmette, Illinois are from Persia. Then we were disconnected. I was told that a Maha Raja is higher than a Raj. He told me India has not had emperors and empresses for 400 years. I went outside, and I picked up my mail. I moved my car to its usual parking place. Not much seems to be happening. I put the Christmas Card of George and Barbara Bush in one of the new frames with the Dutch Royal family picture, and I hung it on the left upper rear side of the apartment entrance door. I move the Plexiglas frame picture of Prince Charles and his two sons Willie and Harry to above the Brother all purpose machine. I will save the other new frame for later. I hear a lot of gossip downtown all of the time, and most of it I take with a grain of salt. I will now shut down the primary Vista computer, and I will go back to bed. It is much warmer today, and I could hear the birds this morning, until it got too busy downtown. Usually the bird quit singing because they detect some sort of security problem. Obviously the birds see more than the people whom seem to know it all.

<u>Judge bars Madoff associates from selling three Greenwich houses - Greenwich Time.</u> CIO

Note: <888> 03/31/09 Tuesday 9:20 A.M.. I chatted with a relative. I will now shut down the primary Vista computer, and I will shower and clean up, and I will go out to enjoy the nice day. CIO

Note: <888> 03/31/09 Tuesday 8:45 A.M.. We could use something like this in the back yard in Kennebunkport, Maine, but I am not sure the neighbors would let the contractor drive it through their property <u>Carbide Cutter</u>, forestry products by Loftness, tree brush <u>cutter</u>. CIO

Note: <888> 03/31/09 Tuesday 8:35 A.M.. Judging from the expected dry weather conditions in southwestern California this season, any of the Hollywood types whom think they have taken over the Country might think of investing in a Brush Hog <u>Skid steer</u> <u>attachment manufacturer Minnesota, Loftness forestry products MN</u>, so their houses are left standing in California. Jimmy Eldert, Nick Nolte, Diana Ross, and the Getty family have places in Malibu, California, and the Ronald Reagan family used to go to church at the Presbyterian Church there near Pepperdine University and the Rand Corporation, so instead of fleeing the area during the fire season, they might think of doing some preventive maintenance like clearing brush from around their homes. The local Mexican maintenance crews are not always available, since they have other troubles in Mexico. CIO

Note: <888> 03/31/09 Tuesday 8:15 A.M.. I chatted with an out of town security official. The way I figure it, the Pentagon threw away the internet in 1980, so it is mostly a civilian operation. More than likely since military people occasionally drink alcohol, they are not using a lot of complex technical equipment, they would not be able to operate if they were drinking alcohol.

I ate two hot dogs with buns and mustard and ketchup and watered down passion punch. I currently weigh 206 pounds, so for health reasons, I should try to lose 20 to 30 pounds, but when I do not eat to lose weight, I do not have the energy to keep busy. Steaks are luxury we do not eat too much anymore, because they tend to be high in cholesterol, plus a sirloin steak even on sale is \$4 a pound and up to 100% more when not on sale. It would seem to me that if everyone were as skinny as <u>www.whitehouse.gov</u>, we would not get much work done in this country. In the old days computer people were heavier, because monitors and CPUs weighed up to a 100 pounds, so in order to move them, one had to have a bit of weight. The new crop of laptop warriors probably can only lift their credit and debit cards, so more than likely once they get off their laptops, they probably are not fit enough for heavier work. In the Midwest, they tend to eat more first, which is probably why we do not hear much from them off the internet other than sports scores.

United Airlines is headquartered out of Chicago, Illinois, and they have a large maintenance facility in San Francisco, California, so more than likely there are always a few of their personnel left stranded at the local Westchester County airport <u>Westchester County - AirportMonitor - by Megadata - powered by PASSUR</u> until the weather is clear enough in Chicago to land. I am not running a flight rest facility here, and if you need a cheap place to stay near the local airport, <u>Extended Stay Hotels - showcases hotel suites</u>, <u>discount lodging and short term housing</u>. has places in Elmsford, New York and Norwalk, Connecticut, but they are not as glamorous locations as Greenwich, Connecticut, but if you had a wife that controlled the purse strings back home, they would not want you seeking glamorous adventure anywhere around here with all of the young females walking dogs. CIO

Note: <888> 03/31/09 Tuesday 6:35 A.M.. I posted <u>Michael Louis Scott's Spinach</u> <u>Fettuccini Alfredo</u>. CIO

Note: <888> 03/31/09 Tuesday 5:50 A.M.. Microsoft DreamSpark

Trying to kidnap innocent farm boys from Illinois to work on dairy farms in England for \$156 each way <u>Chicago Economy Sale - Virgin Atlantic</u>.

From what I know about the landed aristocracy in England, a lot of them are old American southern families whom put their money in England before the Civil War, and when they lost the Civil War, they returned to England and their money to fox hunt up north. CIO

Note: <888> 03/31/09 Tuesday 5:45 A.M.. The reason certain business people go to Norway is not to buy King Olaf sardines, although they are good for you. In Bergen, Norway, they make and assemble off shore oil platforms, and then they float them across the Atlantic Ocean, and they sink them in the Gulf of Mexico. Nobody knows how many off shore oil platforms there are in the Gulf of Mexico. Depending on whom one talks to, it is either 400 of 40,000; so they can not even keep track of off shore oil platforms in America, but somebody is probably making money off of them in Bergen, Norway. CIO

Note: <888> 03/31/09 Tuesday 5:35 A.M.. I chatted with 1-800-42-GEICO or <u>www.geico.com</u> about the price of tea in China. CIO

Note: <888> 03/31/09 Tuesday 4:25 A.M.. According the Greenwich Library Security consultant, I look a bit like the actor Nick Nolte <u>Nick Nolte - Wikipedia, the free</u> <u>encyclopedia</u> whom is 9 years older than me. However, he is from Omaha, Nebraska where Warren Buffet is from, so possibly he is involved with Warren Buffet and Bill Gates in some plot to impersonate me. There use to be a Maria Nolte living across from me in this building I have lived in for 20 years, and she was from Wyoming and Colorado, so possibly it is some organized conspiracy by the Scientologists whom use actors to impersonate people. CIO

Note: <888> 03/31/09 Tuesday 3:55 A.M.. <u>AARP Webplace | Advocacy Center -- AARP Legislative Action Center</u>

Sam Walton

<u>\$100 free shipping Acer X193Wb - 19'' Widescreen LCD Monitor - 2000:1, 5ms, 1440x900 - ET.CX3WP.002 - Buy.com</u>

Find a Best Buy on Weekly Deals & Sale Items - Buy.com

American Red Cross: Email - Red River Levees at Risk

BBC NEWS | Science & Environment | Nasa unveils new space ship

BBC NEWS | Science & Environment | Giant laser experiment powers up

BBC NEWS | Technology | Security experts eye worm attack CIO

Note: <888> 03/31/09 Tuesday 3:15 A.M.. I woke up at 2 A.M.. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I moved the charger for the AT&T wireless Go Phone from the table by the Harvard Chair to on top of the second Dell Latitude CS laptop computer on the oak dining table, so it is convenient to remember to bring it with me, when I go out. CIO

Note: <888> 03/30/09 Monday 3:45 P.M.. I made up a batch of spinach fettuccini alfredo, and I ate half with a glass of watered down passion punch, and I refrigerated half. I will now shut down the primary Vista computer, and I will go to bed soon. Have a good evening. CIO

Note: <888> 03/30/09 Monday 2:35 P.M.. I threw out the shipping box. I picked up my mail. I chatted with a Greenwich Housing Authority official and some neighbors. I ate a 6 ounce Yoplait yogurt. There seems to be a less affluent crowd of people downtown on weekdays versus weekends, when there are still a few affluent people around. CIO

Note: <888> 03/30/09 Monday 1:45 P.M.. They now have a permanent highway barricade across the entrance to the pier on Steamboat Road, which looks like it would be rather awkward to climb over, and it does not look like it is going anywhere soon, so I guess the regular fishermen will no longer be fishing down there anymore unless they are quite agile at climbing over the barricade.

My order from <u>www.ordersmokesdirect.com</u>, that I ordered a carton of Esquire Ultra Lights 100s in a box for \$15.49, a carton Skydancer Ultra Lights 100s in a soft pack for \$14.49 and a carton A One Ultra Lights 100s in a soft pack for \$15.99 and \$10.99 shipping for \$56.96 total just arrived. CIO

Note: <888> 03/30/09 Monday 1:25 P.M.. I went out after the last note. I went by the George Weston Bakeries Arnold Bread Factory, and they have not rebuilt the old bread discount outlet store, and they do not look like they intend to do so, since they have built a parking lot there with a hedge around it that one accesses through the security gate. I then drove East on Old Track Road. Where Greenwich Auto Parts use to be, they are constructing something new there. I drove out to Grass Island, and they have some work going on the east side of the club house, so one exits on the west side of the club house. I then drove by Steamboat Road, and nothing was happening down there. I then sat out briefly at Bruce Park, but it was too cold and blustery out for the way that I had dressed. I then drove around downtown looking for a free parking space at the Senior and the Arts center, but none were available. I then went by CVS, and their rear parking lot was not very full, and I bought four buy one get one free of six packs of Thomas' English muffins for \$3.39 for two six packs for \$6.78 total. I got a dollar off Bonus Bucks coupon for any Glade product, so I bought a nine ounce Glade linen scent spray air freshener for .89 and .05 tax for .94 total. I then went by the Greenwich Library, and I chatted with a few staff members. I read P.C. Shopper magazine. I then returned home. I chatted with a relative.

I chatted with a local security official. I remembered that nine years ago, when I was shot at by a high powered rifle at the southwest picnic area at Tod's Point that I could not figure out why anyone would have tried to do it. I just remembered about seven years ago, I met Michael Garrard downtown, and he lives on East Elm street. He looks a bit like me, but he is British from South Hampton, and he grew up in Old Greenwich. He worked for Vogue Magazine in Manhattan, and he had become a Hells Angel, and he was severely injured in a motor cycle wreck in New Mexico, so he is now blind. He told me he is British and works for Dutch intelligence, so possibly some of his old Hell Angels enemies thought I was him and took a shot at me, but how would anyone know I was going to be out there, since I randomly drove out there. There could be a gang of people in this area randomly trying to stage accidents. CIO

Note: <888> 03/30/09 Monday 9:55 A.M.. I showered, and I cleaned up. I went outside, and I threw out some garbage. I chatted with a neighbor. I ate a ham and cheese sandwich with mayo on a Kaiser roll with watered down passion punch. I will now shut down the primary Vista computer, and I will go out and do some errands. CIO

Note: <888> 03/30/09 Monday 8:10 A.M.. King Olaf for Norway was also at the Tall Ships celebration in Manhattan on July 4, 1976, and that following fall, he was also on vacation in Fort Lauderdale, Florida when I was down there. They also flew the Norwegian flag at the Atlantic Shores Beach Club in Key West, Florida when I was there, and there was a house in the center of Nantucket that also flew a big Norwegian flag, when I was there. The Norwegian and Swedish consulates were on East 49th street in Manhattan just east of Third Avenue about a block away from where <u>http://mikelouisscott.com/fred.htm</u> 's apartment was at 420 East 49th street. Just north on Third Avenue was the British consulate, and somebody use to park two black Daimlers nearby on 49th street. CIO

Note: <888> 03/30/09 Monday 8:00 A.M. As I recall, possibly the crooks that took my money were in Washington D.C. and Manhattan after I left Plandome Manor, New York. I bought two New Zealand brown leather jackets at Brooks Brother's in Manhattan for \$250 each half price size 40. I bought one first, and I wore it down to Washington D.C., and I staved a the Dutch Inn for a couple nights for \$79 a night, and when I met Dr. Gillespie, he said I looked like a thug in the brown leather jacket, so I sent it to Jimmy Eldert in California, and it was returned to my brother in law in Philadelphia. I then spent another week at the Georgetown Inn in Washington D.C. for about \$90 a night, since Dr. Gillespie, said the Dutch Inn now the Thomas Jefferson Inn was for hookers. I bought a carton of Dunhill Jasmine cigarettes for \$40 while there. I bought two a pink and a vellow night gowns for my two younger sisters at that English Women's Laura Ashley store in the Georgetown Mall for \$125 each, and they returned them. I gave \$50 to the poor box at the Georgetown University Catherdral, that they used it for a beer party that night. I ate an expensive meal at 1782 for about \$50, where I met Dr. Gillespie, and I had a few drinks. I think I took the Amtrak train back and forth to Washington D.C., from Penn Station in Manhattan which would have been about \$40 each way. I think I also ate an expensive dinner at the Gerogetown Inn that would have been about \$30. I also ate croissants for breakfast from the bakery next door, and I recall there was a McDonalds nearby where I ate too. I also think I took the subway instead of the taxis from Union station to Georgetown, and I did not tour the area outside of Georgetown. I probably had a few snacks at Georgetown University and the Georgetown Mall. Before going to Oslo, Norway, I recall also going back to Brooks Brothers in Manhattan after Washington D.C., where I bought another New Zealand bomber's jacket size 40 for \$250 half price, and I also bought a replica of a World War II U.S.A. bombers jacket for my father for \$275 that I sent it to him in Florida. Also before going to Oslo, Norway, I recall going to the Norwalk Factory stores to the Company Store, and I bought about \$400 merchandise. That included a \$250 Royal Air Force artic parka and five \$20 waist 30 inch bathing suits, and I think a red \$10

polo shirt, and possibly a preppy stripped belt. I think I also bought a Dopp shaving kit there for about \$8. I still have my Brooks Brother New Zealand bomber's jacket, but it probably does not fit me anymore, and my brother in law's one might still fit him. Last fall a year ago, I gave the Royal Air Force Artic parka to the Greenwich Hospital thrift shop since at size medium, it did not fit me anymore, and I do not think waist 30 inch bathing suits would fit me anymore at waist 46 inches. During a cold spell around the winter of 1985, there is a picture of my in Greenwich Time wearing the Royal Air Force artic parka at the top of Greenwich Avenue, but it only shows the hood, you can not recognize me. I only wore the New Zealand bomber's jacket in Olso, Norway, since it was so warm there in March 1983, I did not need the Artic parka. CIO

Note: <888> 03/30/09 Monday 7:20 A.M.. Before going to Frankfurt, Germany in December 1980, I replaced the United States of America passport that I had lost with the \$6,600 in gold in August 1980 with a new passport that I got at Rockefeller center in Manhattan before traveling to Germany. That cost about \$45 at the time, and the passport picture was about \$8 in the photo studio there. There was a woman standing in line behind me at the passport office at Rockefeller Center that looked like Queen Elizabeth II. When I went to Innsbruck, Austria I think I still used that passport in January 1989. However, when I went to Albertville, France in February 1992, I had to get a new U.S.A. passport, which I got at the Stamford Town Center about \$65 and \$8 photo price at the photo studio there. I turned in my old passport to get the new one. That new passport would have expired in February 2002, and I still have it, but I never renewed it, since I do not travel out of the country anymore. I also have NEVER been in the United Kingdom or Ireland. CIO

Note: <888> 03/30/09 Monday 7:05 A.M. As I recall, the same day I bought the coffee at McNulty's in Greenwich Village, I also paid \$90 for the Bosche and Lomb aviator sun glasses at Cohen optical just west of Fifth Avenue and just north of Rockefeller Center. Thus I guess according to the Key West Police, the Cohens of Manhattan are Nazis. I could have bought Polaroid sun glasses at the time, but their plastic lens scraped easily at the time. Thus it is my viewpoint, there is a group of professional crooks that rob travelers around the world. Possibly since one the machine gunners guarding the palace in Oslo, Norway looked like Peter Bolton whom supposedly worked for the United States State department at the time in Libya, there were other people traveling around. I did see two men in the lobby at the West Hotel behind the Palace in Oslo, Norway that looked Ronald Reagan and Casper Weinberger. As I recall, I also use to see King Olaf walking downtown in Oslo, Norway with a black rain coat. Thus I have never been to Sweden. Anyway at the time in Greenwich Village, I was asked a few times how Ron was doing, and I finally figured out they might have meant Rhone Dietrin, my friend from Lanzarote in the Canary Islands, who I never found out anything more about. Rhone's father is a pilot with S.A.S. but besides the house at the end of the runway in Lanzarote, they also live in Oslo, Norway; so they are probably stationed elsewhere in the world around S.A.S.. Rhone would be about 52 years old today, and when I knew him in 1972, he spoke fluent English, Norwegian, and Spanish. The Bosche and Lomb aviator sun glasses were stolen from my green Volkswagen Dasher at the Greenwich Library or Greenwich Avenue one time, when I did not lock it up about 20 years ago. I have since bought quite a few pairs of sunglasses

cheaply at the Greenwich Hospital Thrift shop. I also once bought a pair of Vuarnets at Pearl Vision at the Stamford Mall for about \$80 about 20 years ago and my mostly recent pair came <u>www.sierratradingpost.com</u> off the internet for about \$40. I have lots of other pairs that I do not wear regularly. When one is frequently on a night schedule, one has good night vision, but one needs to wear sun glasses in the daytime. CIO

Note: <888> 03/30/09 Monday 6:15 A.M.. I woke up yesterday at 5 P.M., when a relative called. I ate two hot dogs on buns with ketchup and mustard and watered down passion punch. At 8 A.M. on channel 13, I watched the hour program about Kilauea, and then I watched the 1.5 hour program on channel 21 about Kracatua. I then went to bed until 4 A.M.. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed.

Back in February 1982 after Mount St. Helens had made for colder winters in Manhattan, and it was minus 26 degrees Fahrenheit, Julie Bolton had me leave her apartment, so her younger son could move back in. I stayed with Bobby Fink for a week above the Episcopal Church on East 52nd street. It was so cold in Manhattan, Julie whom I stayed in touch with gave me a \$100 to fly down to Key West, Florida. When I got down there, I stayed with Steve Buel for a few days, and then I was left homeless on the beach. I was picked up one morning for sleeping on the beach by the Casa Marina, and the Key West police officer said I was Nazi because I was wearing Bosche and Lomb sun glasses. Apparently the federal government had issued a fugitive warrant on me, but it was a mistake in that somebody else was using my United States passport, Connecticut driver's license, and draft card which according to American Express finally ended up in Amsterdam in the Netherlands. I had lost them in August 1980, when my Jansport back pack was stolen right before I was suppose to travel to Norway. I had gotten another passport since then, because I went to Frankfurt, Germany in December 1980 for a few days. I had stayed at Julie's apartment since then. It took the Key West police a month to sort it out, and then they extradited me back to Connecticut, and when I showed up in court, they said it was computer error. It was a classic case of "GIGO", "Garbage In, Garbage Out.". I then built the garage apartment in Plandome Manor, Long Island at John Bolton's grandmother's house whose name was Vivian West. I worked from the first of April 1982 until the middle of February 1983 with one day off at Christmas working 12 to 18 hour days seven days a week, mostly at night. When I finished the garage apartment in mid February 1983, they paid me in one lump sum \$1.15 an hour for all of the work or \$8,500 which I took in Barclay's Traveler's Checks from the Harlem Savings Bank in Manhasset, Long Island.

Julie Bolton was moving into the apartment. For a house warming gift, I bought at McNulty's on Christopher street in Greenwich Village, a Braun coffee grinder for about \$25 and 4 pounds of Viennese blend coffee beans for about \$25 or \$50 total.

I then left the premises, and I took the train to plane in Manhattan which would have been about \$8 to J.F.K., and I bought a round trip ticket to Tampa, Florida for about \$259. I

stayed with my father and his wife for a week in Newport Richey, Florida, an we visited

I then returned to Manhattan, and I took the Connecticut limousine from J.F.K. to Norwalk, Connecticut for about \$20, and I stayed with my sister and her husband for a few days. I recalled taking one \$25 taxi ride to Westport, Connecticut to a bar across from the Connecticut State Police.

Disney World. I played golf, and I had an eagle on the ninth hole outside his house.

I then stayed at the Colony Hotel in New Haven, Connecticut for a week at \$85 a night for a week. I ate meals there for about \$4 for breakfast and \$10 for dinner, and I ate sandwiches at the local sandwich shop downtown for lunch. Yale University was out of session, and the C.I.A. was having a meeting going on there. At one local pub, I ran into Sergeant Shriver. I saw a large African American walking around the Yale Campus, and he had been a Taft School classmate, and he told me it was not safe walk around there at night. I had a few drinks during the week, and after that I returned via train to Norwalk, Connecticut to my sister and brother in law's house. I then took the Connecticut limousine from Norwalk, Connecticut to J.F.K. airport to S.A.S., and I bought the package advertise in the New York Times for a week's stay at the S.A.S. hotel in Stockholm, Sweden for \$650 and round trip air fare. However, the plane landed in Oslo, Norway, at the military airport there, and we were put on a bus to S.A.S. hotel in Olso, Norway. At the S.A.S. hotel, they told me that my ticket was only a one way ticket to Stockholm with no hotel booking. I checked into the Y.M.C.A. across the street from the S.A.S. hotel, and I checked my traveler's checks, and I only had \$300 left, so they seemed to have gone rather fast. I checked with Barclay's traveler's checks, and they said there was nothing they could do. After a few days, the Y.M.C.A., they kicked my out and kept my luggage. I walked around all night with my smaller back pack, and the manager at the West Hotel behind the palace let me check in with my passport. I went to the United Embassy, and I explained my situation. They retrieved my luggage from the Y.M.C.A. in Olso, Norway which included my hand made back pack from Nantucket, which I was not going to leave behind. They contacted my father in Florida, and after a few days, he gave them about a \$1,000 to pay my hotel bills and return be back to the United States. While in Oslo, Norway, I walked around the downtown area for about a week, but I only ate Swedish Wasa Crisps, since I did not have hardly any money. I even attended a concert in the Peace Hall. The plane from Oslo left from the civilian airport, when I changed planes to a new Boeing 747 in Copenhagen Denmark. They had given me a \$100 in Oslo, so I bought two cartons of Duty Free Prince cigarettes in the Copenhagen airport for about \$40 total. When I arrived back at J.F.K., I did not have hardly any money, so I spent a week at Easter time camping at the S.A.S. terminal at J.F.K., until I finally went out on the train to Plandome Manor, Long Island, and John Bolton gave me a \$100, so I went back out to the J.F.K. airport, and I caught a flight to Nantucket. It was early in the season, so after opening scallops on the island for a couple of weeks, I flew off the island once to Manhattan and stayed with Julie Bolton in Manhattan for a few days, and I finally flew back to Nantucket for the season around the first of May 1983. About that time the Mianus Bridge fell down in Greenwich, Connecticut, and I noticed a few people from Greenwich in Nantucket. I worked at the Languedoc that season until the end of November 1983. I did make one trip off the island around Halloween, when I drove down to Florida with a relative, and then I flew back to

Nantucket. When I left Nantucket it was on the anniversary of J.F.K.'s death, and that morning in Hyannis airport, I saw Ted Kennedy at the airport, and he later dropped off Jackie Onassis at the airport who was on my flight back down to LaGuardia. John Von Airsdale was the pilot on P.B.A. flight. I then went up to Toronto on the Amtrak for a week, and I stayed at the Anglican seminary library at the University of Toronto, and then on the train down, there an older woman in my empty Pullman car that looked like the Queen Mum of England with a little blond boy. When the train stopped at Buffalo, New York, I called up George Cary, and I chatted with his father. He gave me his telephone number in Sands Point, Long Island, but I did not call him up for a few years, until I was settled in Greenwich again. After being homeless twice for two weeks in Manhattan and twice in the Greenwich hospital for swollen ankles from walking around Manhattan, my social worker got my first apartment back in Greenwich on Milbank Avenue, and I have been here ever since. Five months were at 100 Milbank Avenue, two months at Grigg Street and Greenwich Avenue, 4.5 years at 700 Steamboat Road, and the last 20 plus years here at 71 Vinci Drive.

Thus in summary the \$8,500 in Barclay's Traveler's Checks seems to have gone a little bit faster than expected, once I left Plandome Manor, Long Island in February 1983. I do not recall whether I spent them, lost them or had them stolen. All I know was when I got to Oslo, Norway I only had \$300 left. CIO

Note: <888> 03/29/09 Sunday 10:55 A.M.. I will now shut down the primary Vista computer, and I will rest for a while or take a nap. Stay dry. CIO

Note: <888> 03/29/09 Sunday 10:25 A.M.. <u>A New Crop of Job Hunters, With Microsoft</u> <u>Résumés - NYTimes.com</u>

BBC NEWS | Americas | Major cyber spy network uncovered

BBC NEWS | Science & Environment | Nasa's Discovery returns to Earth

<u>Nature</u>

Starts tonight at 8 P.M. on PBS channel 13 here <u>Kilauea: Mountain of Fire - Introduction -</u> <u>Volcanoes, Lava, Hawaii | Nature</u>

BBC NEWS | Special Reports | Human flight to Mars experiment

BBC NEWS | Business | Leaders stress need for G20 unity CIO

Note: <888> 03/29/09 Sunday 9:35 A.M.. I had two telephone calls from relatives while I was asleep yesterday afternoon. My relative with the clot in the leg is doing better, but has to be on cumadin for the next six months. I told my relative about the old movie "Cousin, Cousine" about the French Sleep cure, where they put one to sleep for two weeks, and one wakes up totally rested. I finally woke up at 2 A.M.. I did two loads of laundry, and I put clean linens on the bed. For breakfast I ate a bowl of oatmeal with honey and a sliced

banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. Two days ago, I refilled the Glade Plug-in in the kitchen with a 60% mixture of English leather and 40% mixture of 80% isopropyl alcohol. I read the recent computer magazine periodical literature. I threw them away. I briefly looked at www.forbes.com recent magazine issue about all of the billionaires that lost money, but I still have to read it more thoroughly. I saw somebody that looked like http://mikelouisscott.com/fred.htm yesterday at CVS wearing a Norwegian flag on his sweater, but I do not think it was Fred, because Fred was my height, and the person I saw was two or three inches shorter. Thus we have Fred look-a-alikes in the area. I installed the updates on the FIC server and the primary Vista computer. I also rebooted the Cable Modem, router, and the wireless router to clear their caches, in case they have any. I cooked and ate a 11 ounce box of Stop and Shop frozen fish filets which I ate with a mixture of ketchup and horse radish along with my usual vegetable mixture and a glass of watered down passion punch. It is a rainy day, so I will not be going out. Yesterday, saw about a half dozen black Bentley sedan automobiles downtown, so somebody in the area still has money. Of course just because they shop and do business in Greenwich does not mean they live here. CIO

End of Scott's Notes week of 03/28/09:

Note: <888> 03/28/09 Saturday 2:00 P.M.. When I went out, I returned James Bamford's book on the NSA at the Greenwich Library.

BBC NEWS | Science & Environment | Nasa delays space shuttle landing

BBC NEWS | Special Reports | World cities begin big switch-off

www.avo.alaska.edu

I will now send out my weekly notes. I will then shut down the primary Vista computer, and I will take a nap. CIO

Note: <888> 03/28/09 Saturday 1:10 P.M.. I ate two hotdogs on buns with mustard and ketchup and watered down passion punch. CIO

Note: <888> 03/28/09 Saturday 12:20 P.M.. I woke up at 6 P.M. yesterday. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I made the bed, and I washed the breakfast dishes. I threw out the garbage, and I picked up the mail. I chatted with a friend. I went back to bed until midnight. I ate two hotdogs with buns and ketchup and mustard and watered down passion punch. I watched some television. I went back to bed until 6 A.M.. I ate the other half of the linguine and tomato meat sauce with grated parmesan and Romano cheese and watered down passion punch. I move the extra pair of Pontec computer speakers from the bedroom gigabyte computer to the second Dell

Latitude CS laptop computer. I cleaned the Ionic Pro air purifier. I rehung the larger flags in front of the hallway bookcases in the same manner I did in the warmer season last spring. I showered, and I cleaned up. I went out, and I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I stopped by CVS, and I bought a 15 ounce bottle of Alberto VO5 shampoo. I used the bathroom at the senior and the arts center. I went by the Greenwich Automotive Services Gulf station, and I bought \$10.02 of self service premium gasoline at \$2.559 a gallon for 3.915 gallons at odometer reading of 62307 for 49.7 miles driving during the last 13 days for 12.6947 miles per gallon. I cleaned the outside of the windows, and I checked the tires for 32 PSI. I then returned home. I chatted with neighbors. I chatted with two relatives. CIO

Note: <888> 03/27/09 Friday 8:00 A.M.. I will now shut down the primary Vista computer, and I will go back to bed soon. CIO

Note: <888> 03/27/09 Friday 7:50 A.M.. I finished charging up the three pairs of AA metal hydride rechargeable batteries for the two digital cameras. I put one pair in the Nikon digital camera. I threw out the garbage and the old periodical literature. I also emptied the paper shredder, and I oiled it. I chatted with a neighbor. I watered the plants. I used 8 drops of Schultz liquid plant food in each quart of water, when I watered the plants. CIO

Note: <888> 03/27/09 Friday 6:55 A.M.. <u>\$68 Tripp Lite Isobar 6 Outlets 120V Surge</u> Suppressor - MT 6PLUS - Buy.com

<u>TRIPP LITE MT-6PLUS UNDER-MONITOR SURGE SUPPRESSOR - eBay (item</u> <u>120397083922 end time Apr-23-09 22:40:43 PDT)</u> for \$25 and \$10 shipping is best deal.

Alas I have to save what little money I have to survive the Great Depression and pay my GEICO automobile insurance policy for the next four payments during the next four months which is not a small chunk of change. CIO

Note: <888> 03/27/09 Friday 5:50 A.M.. <u>Top 10 Volcanoes in Geologic History : Discovery</u> <u>Earth</u>

http://blogs.discovery.com/earth/2009/03/alltime-top-volcanoes-the-writeins.html

List of natural disasters by death toll - Wikipedia, the free encyclopedia

Supervolcano - Wikipedia, the free encyclopedia

www.aivulc.it Associazione Italiana di Vulcanologia - Home

USGS Hawaiian Volcano Observatory (HVO)

1984 Eruption of Mauna Loa Volcano, Hawai`i: Photocaption

Seagate: FreeAgentTM Outlet Center Sale

Methods for Making Natto in North America

Alaska Volcano Observatory

National Weather Service, Anchorage Forecast Office - Redoubt Coordination

BBC NEWS | UK | PM and Palace 'discussed reform'

BBC NEWS | Health | Steaming hot tea linked to cancer

BBC NEWS | Science & Environment | Mars domes may be 'mud volcanoes'

BBC NEWS | Technology | Windows Touch coming to a PC soon CIO

Note: <888> 03/27/09 Friday 4:40 A.M.. I ate two hot dogs with buns and mustard and ketchup and 1/4th of a 5.5 ounce tube of Pringle sour cream and onion potato chips along with some watered down passion punch. CIO

Note: <888> 03/27/09 Friday 4:00 A.M.. I woke up at 2 A.M.. I ate 10 dried apricots. I tested one of the high definition converter boxes. I hooked it up to my existing high definition antenna, and I turned the power on to the antenna with the inline switch, and I connected it into my television system. It is easy to setup. I currently get 19 high definition channels. Basically half are Spanish language channels, one fourth are evangelist religion channels, and one fourth are information commercials. I also get a couple of education channels, a cartoon channel, ION TV channel, and finally ABC. There is not a large variety compared to www.cablevision.com . I watched part of a program about the Irish potato famine. Apparently when the potato blight started at the beginning of the 19th century, there were 8 million people in Ireland, and today they are down to 5 million people, so it is a net population loss of three million people from the potato famine. When I knew Helen Kress Williams, she knew Rose Kennedy, and she told me that Rose Kennedy said the Irish potato famine was caused by the volcanoes in Iceland being active causing it to be colder in Ireland causing the potato blight. I repackage the Digital converter box and its contents, and I put it back in the Sony television cabinet, and I reconnected the television system to Cablevision. Once the analog television service is converted to digital around June 16, 2009, there should be more digital television channels. The reception I get with the digital antenna is just as clear as Cablevision. CIO

Note: <888> 03/26/09 Thursday 8:45 P.M.. I ate a ham and cheese sandwich on a Kaiser roll with 1/4th of a 5.5 ounce tube of pringle sour cream and onion potato chips and a glass of watered down passion punch. I chatted with a friend. I will now shut down the primary Vista computer, and I will go to bed soon. Not much happening around here on a rainy day. CIO

Note: <888> 03/26/09 Thursday 6:15 P.M.. I chatted with a relative. Not much seems to be happening around town. I guess the younger generation of unemployed people have a different viewpoint of modern times based on the more prosperous 20 years before the

recent depression began. In the 1970s through 1983, I was able to survive that recession by washing dishes and pots and pans, which is not a glamorous job, but the food was good, but you end up smelling like a wet cat all of the time. Unfortunately the modern dish washing machines I worked with back then had three five gallon plastic buckets of chemicals beneath them to clean the dishes thoroughly, so I was inhaling the chemicals all of the time from the dishwashing machines. CIO

Note: <888> 03/26/09 Thursday 5:00 P.M.. Boston Market \$3 off orders of \$6 or more coupon Receive \$3 off your next purchase at Boston Market CIO

Note: <888> 03/26/09 Thursday 4:45 P.M.. I woke up at noon. I ate two hot dogs with mustard and ketchup and a glass of watered down passion punch. I showered, and I cleaned up. I went out, and I sat out downtown briefly, and I observed a lot of the local unemployed younger people walking around downtown trying to look like they are busy. I then went to my 3 P.M. appointment. I then returned home, and I picked up the mail. Not much happening as far as I can tell.

I think when George W. Bush was president, the "W" stood for the "Lazy W" which is the branding iron symbol of the King Ranch down in Texas. They "Lazy W" stands for a rattle snake which is very common in that area of south Texas. That is why Texans wear boots. CIO

Note: <888> 03/26/09 Thursday 7:30 A.M.. I finished charging up the second set of four AAA metal hydride rechargeable batteries for the walkie talkies, so they now are both charged up. I am now charging up the pair AA metal hydride rechargeable batteries for the Nikon Digital camera.

I will now shut down the primary Vista computer. I will try to rest until noon, and then I will get up and get ready for my 3 P.M. appointment. Cloudy and a few showers today with a high of 46 degrees Fahrenheit. CIO

Note: <888> 03/26/09 Thursday 6:55 A.M.. <u>www.aivulc.it Associazione Italiana di</u> <u>Vulcanologia - Home</u>

Undersea eruptions near Tonga - The Big Picture - Boston.com

BBC NEWS | Science & Environment | Tracked asteroid debris collected CIO

Note: <888> 03/26/09 Thursday 6:15 A.M.. I made and ate my usual linguine and tomato meat sauce dinner with grated parmesan and Romano cheese, and I refrigerated half, and I ate it with a glass of watered down passion punch. CIO

Note: <888> 03/26/09 Thursday 4:15 A.M.. I changed the pictures on <u>http://mikelouisscott.com/computer.htm</u> to reflect the look of the current configurations of my computers. CIO

Note: <888> 03/26/09 Thursday 2:55 A.M.. I woke up at 9 P.M.. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I made the bed, and I washed the breakfast dishes.

About 5 P.M., the order with tracking of <u>UPS: Tracking Information</u> on the PNY <u>PNY-</u> <u>RMA Search</u> arrived.

After breakfast, I installed it in the primary Vista computer, and I set its CMOS DIMM setting to 266 MHz, and it works just fine, and the primary Vista computer boots up 3 gigabytes of memory.

I went back to bed until midnight.

I chatted with a local and two out of town security officials. Yesterday morning, I saw someone that looks like <u>http://mikelouisscott.com/fred.htm</u> driving a black BMW out of Weaver Street onto West Putnam Avenue at 7:30 A.M.. Since Fred would not own or drive a car, since his parents were killed in a car wreck back in 1954, I doubt if it were Fred, and it was probably just another look alike.

I took some pictures of the recent computer changes and apartment changes, and I posted them at <u>http://mikelouisscott.com/mls-apt-032609/</u>. CIO

Note: <888> 03/25/09 Wednesday 2:00 P.M.. <u>Alaska Volcano Observatory</u>, well the current activity might make it cooler this summer and next winter, but the good news would be that more than likely there would be less tropical storm activity down south.

I went outside, and I threw out the garbage. I chatted with some neighbors and the building custodian.

Greenwich man considering Dodd challenge - Greenwich Time

I will now shut down the primary Vista computer, and I will rest for a while. CIO

Note: <888> 03/25/09 Wednesday 12:50 P.M. Tracking is <u>UPS: Tracking Information</u> on the PNY <u>PNY-RMA Search</u>

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Robert the Bruce crowned King of Scotland on this day in 1306 Robert the Bruce

\$5 calendars today only plus free shipping on over \$20 CLEARANCE calendar titles

H Kuno Award

\$10 PNY rebate information PNY Rebate Center

BBC NEWS | Science & Environment | Briny pools 'may exist on Mars'

BBC NEWS | UK | England | Bradford | Man follows sat nav to cliff edge CIO

Note: <888> 03/25/09 Wednesday 11:35 A.M.. I went out after the last note. I went by the ATM machine at the Chase Bank just west of Greenwich Avenue on West Putnam Avenue. There were very few people downtown, so I drove down by the waterfront on Steamboat Road, and I viewed the Greenwich Harbor. They have removed the barricade away from the pier on Steamboat Road. I then went by the Stop and Shop, and I bought a dozen large jumbo eggs expire April 20, 2009 for \$2.29, a 12 ounce container of French's deli style mustard for \$1.50, four 16 ounce packages of Oscar Meyer premium beef hot dogs buy one get one free for \$4.39 for two, buy one get one free of 16 ounce Oscar Meyer thick sliced bacon for \$5.49 both, and fresh Chiquita bananas for .68 a pound for \$2.12 for \$20.18 total. I then returned home, and I said good morning to the building custodian and a neighbor. I put away my groceries. I made and ate a three egg omelet with grated parmesan and Romano cheese and white processed cheese, five strips of fried bacon, and a toasted English muffin with olive oil and watered down passion punch. I also drank a cup of Salada green tea with a package of splenda and lemon juice. Earlier I chatted with a friend. I just chatted with a relative. The hot green tea makes me a bit tired, but I will now try to do some regular computer work. My regular computer work involves a lot of reading, so I frequently am focused on the computer activity, when I got out in public as opposed to what the general public might be thinking about in terms of the local environment. It looks pretty normal to me downtown, but there are less people around in the morning with the recession than there use to be. Of course, I have lived here during other recessions, and it is sort of nice to enjoy the peaceful surroundings despite the fact that people apparently are not making any money. I know in past recessions, more people spent more time on gardening. I noticed one retired person cashing in his Folger's coffee can of lose change at the change counter at the Stop and Shop. I guess with less food consumption and colder living conditions, people do not have the energy for exercise walking as much anymore as they use to. Recently I have felt cold all of the time, despite the fact that I dress warmly, and I do not go out as much anymore. However, I am so use to colder temperatures, once we get hot weather, I will probably have to spend more time by the air conditioner. CIO

Note: <888> 03/25/09 Wednesday 7:05 A.M.. Buy one get one free of Boston Market Crispy Country Chicken coupon <u>Buy One, Get One FREE at Boston Market!</u>

I am charging up four of the AAA Metal Hydride rechargeable batteries for one of the two walkie talkies. The will be charged up at 3 P.M.. I will now shut down the primary Vista computer, and I will go downtown to do a couple of minor errands. There is suppose to be a high of 48 degrees Fahrenheit today and sunny, and it is currently 28 degrees Fahrenheit. I currently weigh 206 pounds, so I am not exactly starving. A high government official told me yesterday that I can solve all of my apartment heating problems by looking at <u>www.usa.gov</u>, so I will have to see if there any programs to heat

electrically heated apartments for the disabled available from the government. All I get now is the Neon program which is about \$600 a year extra, and it would cost me \$200 to \$300 a month more in the winter to keep my 400 square foot apartment heated at 72 degrees Fahrenheit, which from what I know now, funds are not available. Then I would not have to spend so much time in bed to stay warm. CIO

Note: <888> 03/25/09 Wednesday 5:55 A.M.. I got a \$38.99 credit from <u>www.newegg.com</u> on the defective PNY computer memory. I also woke up and ate 10 dried apricots this past afternoon. CIO

Note: <888> 03/25/09 Wednesday 5:45 A.M.. I woke up after the last note, and I chatted with two relatives. One of my relatives in Texas has a blood clot in her leg, so she has to be in the hospital a few days and take cummadin. I went back to bed until 8 P.M. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I made the bed, and I washed the breakfast dishes. I threw out the garbage, and I picked up the mail. I watched some television, and I rested until 2:30 A.M.. I ate two hot dogs with buns and mustard and ketchup and 1/4th of a 5.5 ounce tube of Pringle sour cream and onion potato chips along with some watered down passion punch.

I looked at <u>www.liveduvalstreet.com</u> to see what is happening down in Key West, Florida. It looks like they have quite a few tourists.

I watched some more television. I decided not to fly the Saudi Arabian flag, because it has not made it any warmer in the apartment in the past. I put the U.S.A. stars and strips flag over the right hallway bookcase. I checked out the television, but there does not seem to be anything I need to watch or that I have not seen before. CIO

Note: <888> 03/24/09 Tuesday 1:05 P.M.. I had two no person telephone calls about an hour after I lied down. I did some minor maintenance around the apartment fiddling with the Panasonic two line cordless telephones. I chatted with an out of town public relations department. The Chase Bank <u>www.chase.com</u> from just west of Greenwich Avenue on West Putnam Avenue called me up, and they are going to refund the \$15 they charged to me for making withdrawals from my savings account. I gave them some free economic advise. They told me they had sent me a letter in January 2009 about the new increased fees, but I never got said letter. I told them that I had read in the Greenwich Time that two postal workers at the Valley Road Post Office had been arrested recently for smoking marijuana, so possibly there is a problem with our local mail service. I ate two hot dogs on buns with ketchup and mustard. I cancelled my 3 P.M. appointment, because I am too cold to go out. I will now get back into my warm night clothes, and I will climb into my warm bed, and I will go to bed for the day. Stay warm. I heard a lot of jet traffic today, so the gypsies from down south are probably showing up here trying to swindle us thinking we have money. CIO

Note: <888> 03/24/09 Tuesday 9:10 A.M.. I am a bit tired. Although the computer activity is not physically exhausting, it can be mentally exhausting. I will now take a nap for a while. CIO

Note: <888> 03/24/09 Tuesday 8:40 A.M.. I ate my usual sautéed burger with onions and steamed vegetables with olive oil meal with watered down passion punch.

<u>\$55 plus shipping Newegg.com - Recertified: Canon FAXPHONE L170 (9400A025AA)</u> 33.6Kbps Laser Laser Fax

<u>\$60 plus shipping Newegg.com - Recertified: Canon PIXMA MP810 1453B017AA Up to 31 ppm 9600 x 2400 dpi InkJet MFC / All-In-One Color Printer</u>

<u>\$55 plus shipping Newegg.com - Recertified: Canon PIXMA MP600 1451B021AA Up to 30 ppm 9600 x 2400 dpi InkJet MFC / All-In-One Color Printer</u>

<u>\$60 plus shipping Newegg.com - Recertified: Canon PIXMA iP6600D 0010B020AA 9600 x</u> 2400 dpi InkJet Photo Color Printer CIO

Note: <888> 03/24/09 Tuesday 6:10 A.M.. I drank a cup of Salada green tea with a packet of splenda and a couple of teaspoons of lemon juice. I turned off all of the heat at 71.4 degrees Fahrenheit in the apartment living room. Any warmer, and it would be too uncomfortable for me. CIO

Note: <888> 03/24/09 Tuesday 5:25 A.M.. I got tired of playing the Czar of Russia, so I decided to be an Arab Sheik for a little while. I turned the apartment thermostat up to 78 degrees Fahrenheit in the living room, and I turned the two DeLonghi radiators in the living room on medium power level 4, and I turned on the hallway tower fan to blow the heat into the bedroom and the bathroom, and I turned on the living room window ledge fan to blow the heat around the living room. Once the heat in the apartment is up to 74 degrees Fahrenheit, I will turn it all off. I have a few friends in Saudi Arabia that supply energy, so I hung the Saudi Arabian flag over the right hallway bookcase. Technically a foreign ambassador can live anywhere in the United States of America, so now I will pretend to be the Saudi Arabian ambassador to the United States of America, since none of them in their right minds would come this far north. However, once the apartment heats up in an hour or so, I will turn it all off, but it will remind me what it use to be like here, before a bunch of bums from Vermont started visiting me. CIO

Note: <888> 03/24/09 Tuesday 4:45 A.M.. My RMA was received on the memory from PNY <u>PNY-RMA Search</u>

<u>\$40 Microsoft Windows VISTA Home Basic UPGRADE P# 66G-00003</u>

<u>\$50 Microsoft Windows Vista Home Premium UPGRADE P# 661-00003</u></u>

Alaska Redoubt Report:

Alaska Volcano Observatory

Information Statement

Monday, March 23, 2009 12:18 PM AKDT (12:18 UTC)

Redoubt Volcano

60°29'7'' N 152°44'38'' W, Summit Elevation 10197 ft (3108 m) Current Volcano Alert Level: WARNING Current Aviation Color Code: RED

Beginning last night (Sunday March 22, 2009) at approximately 22:38 AKDT, Redoubt Volcano produced a series of five explosive eruptions that each lasted from four to thirty minutes. The last one ended at 5:00 AM AKDT this morning (March 23). National Weather Service radar, pilot reports, and AVO analysis of satellite imagery suggest that these events produced ash clouds that reached 60,000 ft above sea level (asl), with the bulk of the ash volume between 25 - 30,000 ft asl. Traces of ash fall have been reported in Skwentna, Talkeetna, Wasilla, and Trapper Creek.

AVO remains at Aviation Color Code RED and Alert Level WARNING.

Seismic unrest continues at Redoubt in the form of elevated volcanic tremor. NEXRAD radar data show that the last significant ash emission was concurrent with the final explosive event at 5:00 AM AKDT. Since that time, no ash has been visible in radar, suggesting that if ash emission is occurring, it is below approximately 13,000 ft asl and/or too fine to be detected. Poor weather at the volcano currently hinders visual observations.

Last night's explosive eruptions caused melting of the Drift glacier and greatly increased discharge down the Drift River. AVO plans a helicopter overflight to the area today to assess conditions at the volcano and along the Drift River. The explosions also destroyed one seismic station near the volcano's summit (RSO), and disrupted telemetry from AVO's observation hut. This telemetry outage affects the web camera, a continuous GPS station, and two broadband seismic stations. Repairs to this data link will be undertaken as conditions permit. Seven telemetered seismic stations surrounding Redoubt remain in operation.

The eruptions were preceded by approximately 60 hours of elevated seismicity in the form of discrete earthquakes under the volcano. AVO raised the Aviation Color Code/Alert Level from YELLOW/ADVISORY to ORANGE/WATCH on Saturday, March 21 at 22:09 AKDT. This increase in seismicity likely reflected the upward movement of magma towards the surface. Prior to this weekend, Redoubt had exhibited signs of volcanic unrest beginning in the Fall of 2008 which then escalated in late January, 2009. Last night's explosions were the first significant ash-producing eruptions of the unrest.

Further explosive activity could occur with little or no warning, and could occur intermittently for weeks or months. AVO remains staffed 24 hours per day will issue further information as it becomes available.

For up-to-date Ashfall Advisories and wind trajectories, please refer to the National Weather Service website:

http://pafc.arh.noaa.gov/volcano.php.

Heavily ice-mantled Redoubt volcano is located on the western side of Cook Inlet, 170 km (106 mi) southwest of Anchorage and 82 km (51 mi) west of Kenai, within Lake Clark National Park. Redoubt is a stratovolcano which rises to 10,197 feet above sea level. Recent eruptions occurred in 1902, 1966-68, and 1989-90. The 1989-90 eruption produced mudflows, or lahars, that traveled down the Drift River and partially flooded the Drift River Oil Terminal facility. The ash plumes produced by the 1989-90 eruption affected international air traffic and resulted in minor or trace amounts of ash in the city of Anchorage and other nearby communities.

CONTACT INFORMATION:

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<u>tlmurray@usgs.gov</u> (907) 786-7497

The Alaska Volcano Observatory is a cooperative program of the U.S.

Geological Survey, the University of Alaska Fairbanks Geophysical Institute, and the Alaska Division of Geological and Geophysical Surveys.

End of report:

National Weather Service, Anchorage Forecast Office - Redoubt Coordination

New Country Audi of Greenwich | Serving as a Greenwich and Stamford Audi dealer

Abu Dhabi Oils Daimler's Wheels - Forbes.com

BBC NEWS | Science & Environment | Astronauts' spacewalk repair fails

BBC NEWS | Science & Environment | Cold fusion debate heats up again CIO

Note: <888> 03/24/09 Tuesday 3:45 A.M.. Over the last couple of mornings, I woke up, and I finished off the box of reduced fat Cheez-its. I also ate 8 dried apricots. I woke up yesterday morning, and I called up the <u>www.chase.com</u> bank just West of Greenwich Avenue, and I explained the problem I had with my account. I went back to bed, and they called me back at 3 P.M.. Apparently with the Chase Savings account, you have to have over \$300 in your savings account, or they will charge you \$4 a month service charge. They also only allow four withdrawals by all means including direct, ATM, or online per month, and they charge you \$3 for each withdrawal after that. They said since I was not notified by letter of their new policy, they might refund the \$15 for the extra five withdrawals this past month, but that has yet to happen. I made some routine telephone calls.

Apparently yesterday morning Mount Redoubt in Alaska erupted five times <u>www.avo.alaska.edu</u>. That probably means a colder winter up north next winter and possibly the following winter.

<u>Alaskans don masks as once-sleepy volcano spews ash - CNN.com</u>. I probably attended Lookout Mountain Camp with Ted Turner, so having lived down south and up north, he probably shares some of my same viewpoints.

I went back to bed until 7:30 P.M.. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I made the bed, and I washed the breakfast dishes. I threw out the garbage, and I picked up the mail. I got my monthly \$10 survey check. I had chatted with a relative earlier.

A relative heard on National Public Radio, some locals in Alaska had climbed up the Redoubt volcano recently and thrown some old tires down the volcano to make it look like it was erupting. However from what I can tell, the current eruptions are the real thing.

I watched some television, but there was not much worth watching. I ate two hotdogs on hotdog rolls with mustard and ketchup and watered down passion punch. I slept from about midnight until 3 A.M.. I chatted with the Casa Marina to make sure they are still awake down there in case Cuba invades. I showered, and I cleaned up.

I have a 3 P.M. appointment today. It is currently 25 degrees Fahrenheit outside, and there is currently a fire weather advisory in this area. The high today is suppose to be 44 degrees Fahrenheit and sunny. CIO

Note: <888> 03/23/09 Monday 3:05 A.M.. I am a bit tired, so I will now shut down the primary Vista computer, and I will go to bed soon. Have a good night. High today of 39 degrees Fahrenheit, and it is suppose to be mostly sunny. CIO

Note: <888> 03/23/09 Monday 3:00 A.M.. I called up the <u>Key West Hotel Resorts &</u> <u>Florida Keys Beach Accommodations - Casa Marina Resort Key West</u>, and they now have somebody working the desk there at night from the country of Jordon. I brief him on what I know about Jordon. CIO

Note: <888> 03/23/09 Monday 2:15 A.M.. Well, the first time I connected up with them after a long time back in June 2001, a few months later <u>September 11 attacks - Wikipedia, the free encyclopedia</u> happened.

Down in Georgia where they are from Biscuits are popular, so maybe if we give up on English muffins and start making our own Biscuits <u>http://www.geocities.com/mikelscott/biscuit.htm</u> and <u>Fannie Farmer Baking Powder</u> <u>Biscuts updated for Cuisinart Machine with Dough Blade</u>, we will save enough money to solve the worldwide depression. Of course, one of them is from New Haven, Connecticut and the other is from Ohio, so it might be their neighbors in Georgia that are causing all of the problems. Of course it could be the Pillsbury Dough boy hoping we buy more flour. CIO

Note: <888> 03/23/09 Monday 1:50 A.M. I also drank a cup of Salada green tea with splenda and lemon juice.

The way I figure it the inflation over the last nine years was caused by filet of salmon going from \$2.99 a pound to \$8.99 a pound.

Also the way I figure it, the current economic depression started last June 2008, when my friends from Sea Island, Georgia and Manhattan came out for a garden tour. We toured a house in back country and a house on the waterfront in Riverside. We then toured the Dutch Art collection of retrieved Nazi art at the Bruce Museum, and in the collection was a small oil of Cosmo Di Medici as a youth in Leyden in the Netherlands. That is probably

what jinxed the world economic situation, since the Medici have not run out of money in 800 years, since they started financing Venetian pirates. Shortly there after a bad storm came up, and I dropped my friends off at the Greenwich Train station, and on the return home, a tree had fallen over Vinci Drive, and later on the next day, I learned that the Arnold Bread outlet had been hit by lightning and burned down. Thus people in Greenwich, Connecticut were not able to save money on week old English muffins, and they did not have enough money to invest in Wall Street causing a world wide economic decline. Thus I will call it the Cosmo Di Medici English Muffin depression. Of course that is my own view point.

Before cigarettes go up in price <u>Beat the big tax increase</u> on March 27, 2009 at <u>www.ordersmokesdirect.com</u>, I ordered a carton of Esquire Ultra Lights 100s in a box for \$15.49, a carton Skydancer Ultra Lights 100s in a soft pack for \$14.49 and a carton A One Ultra Lights 100s in a soft pack for \$15.99 and \$10.99 shipping for \$56.96 total. CIO

Note: <888> 03/23/09 Monday 12:10 A.M.. I put away the dry laundry.

<u>Sperry Top - Sider Camp Moc Boat Shoes, Tan, Men's Footwear, Sperry Top Sider at</u> <u>Bargain Outfitters</u> \$29.97 less \$5 off with coupon code ''BF861'' with coupon good through March 29, 2009 plus shipping.

Jamestown Colony Massacre on this day in 1622.

For A.I.G. Executives, Here Comes the Tour Bus - NYTimes.com

BBC NEWS | Americas | 'Children die' in US plane crash

BBC NEWS | Asia-Pacific | Cargo plane crash lands in Japan

I will now eat five strips of fried bacon, a three egg omelet with slices of processed cheese and grated parmesan and Romano cheese and a toasted English muffin with olive oil and a glass of watered down passion punch. CIO

Note: <888> 03/22/09 Sunday 10:35 P.M. According to this <u>#305 David Rockefeller Sr -</u> <u>The World's Billionaires 2009 - Forbes.com</u>, the Rockefellers still have money.

And <u>#318 Albert von Thurn und Taxis - The World's Billionaires 2009 - Forbes.com</u> is the youngest rich person.

The Walton and the Mars and Koch families seem to be the richest families, and there does not appear to be any European royalty on the list <u>The World's Billionaires - Forbes.com</u> along with the top fat cats which might have more than some of the families. CIO

Note: <888> 03/22/09 Sunday 10:05 P.M.. I went to bed after the last note. I woke up at 6 A.M., and I watched Book TV about somebody whom had signed the Declaration of Independence whom had a nephew that tried to kill him. I went back to bed until 6:30

P.M.. I chatted with a friend. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I put clean linens on the bed, and I washed the breakfast dishes. I cleaned the Ionic Pro air purifier which one does by removing and wiping the metal slats with a damp cloth. To put the slats back in the unit, you have to tilt it backwards to let the locking mechanism slide backward to allow one to insert them. I did two loads of laundry, and I have 25 minutes to go on the dry cycle. CIO

Note: <888> 03/22/09 Sunday 2:35 A.M.. High today of 51 degrees Fahrenheit and mostly cloudy. I will now shut down the primary Vista computer, and I will go to bed soon. Have a good morning. CIO

End of Scott's Notes week of 03/22/09:

Note: <888> 03/22/09 Sunday 2:15 A.M.. I will now send out my weekly notes. CIO

Note: <888> 03/22/09 Sunday 2:10 A.M.. This is what the Greenwich Hospital Thrift Shop now looks like these days in this economic recession and depression <u>http://mikelouisscott.com/ght09.jpg</u>.

FaxZero ~ Windows Fanatics

BBC NEWS | Europe | Crowds march against Naples mafia

BBC NEWS | Science & Environment | Pink elephant is caught on camera

I think Louis Ronsenstiel owned Schinlly Liquors which distributed Wolfschmit Vodka. I think he was a Canadian. CIO

Note: <888> 03/22/09 Sunday 1:30 A.M.. We might get some relief soon from the Pirates of Caribbean when they come back again this spring <u>QM2 - Itinerary - 2009</u>. They are do back in Manhattan on Tuesday April 14, 2009 from their Round the World Rum Running Adventures which is two days after Easter. CIO

Note: <888> 03/22/09 Sunday 1:20 A.M.. From what I can tell, the town of Greenwich, Connecticut spent so much money fixing up the town trying to impress its neighbors in New York City, there is not much money left in the town anymore.

I ate a sliced Virginia ham, sliced turkey, and sliced cheese sandwich on a Kaiser roll with mayo and with a glass of watered down passion punch and 1/4th of a 5.5 ounce tube of Pringles sour cream and onion potato chips. I also drank a cup of Salada green tea with a package of splenda and a couple of teaspoons of lemon juice.

Basically the town of Greenwich, Connecticut is a bunch of skinny old ladies living on tea and toast, and the rest of the people you see are just the visitors and part time workers.

I made up a fresh batch of passion punch. CIO

Note: <888> 03/21/09 Saturday 11:40 P.M.. I went out after the last note. I went by the Stop and Shop, and I bought three 8 packs of Stop and Shop hot dog rolls for \$5 all, and a day old six pack of Bulky rolls for \$1.75 for \$6.75 total. I chatted with a local Scottish guru who thinks the Scottish are not paid enough in this town. I then went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I stopped by CVS, and I bought a 15 ounce container of Alberto VO5 Kiwi and Lime conditioner for .77 and .06 tax for .82 total. I noticed they have filled up the two construction holes on Greenwich Avenue, so you do not have to worry about any wayward Irish falling in the holes during their St. Pat's Day parade. It tends to be a group of people from out of town, and not many of them I do I ever see shopping downtown regularly, so I guess they all shop where ever it is cheaper. I guess that is why they can afford to hold a parade. The Scottish fellow said that Barings Bank failure Barings Debacle of the Queen's Bank lost a lot of money and failed, so I guess that is why the Queen Welcome to the official website of the British Monarchy can no longer afford to pay for all of the extra staff, the way they use to. Whatever the real case, I was never on their payroll, so I still manage to survive. I then returned home after my walk. I put the bread products in the freezer, so I now have even more bread products in the freezer. I was refunded \$4 of the \$19 that Chase over charged me, but I still have to take up the matter of the \$15 over charge for having less than \$300 in my Chase account along with the matter that they never notified me about the change in their banking procedures, and I have to find out what to expect from them in the future. CIO

Note: <888> 03/21/09 Saturday 8:00 P.M. I made and ate

<u>http://www.geocities.com/mikelscott/pbf.htm</u>, and I also had a glass of watered down passion punch. The St. Patrick's Day parade in Greenwich, Connecticut is suppose to be tomorrow afternoon, Sunday March 22, 2009 around 2 P.M.. The last time I looked there was a big hole dug in front of the Knapp funeral home and another one down at the bottom of Greenwich Avenue next to the new construction project, so the parade will have to detour around those construction holes. The Irish in this area are so afraid of wolves, they usually show up with a few Irish wolf hounds in the parade, but the truly Nordic people keep Russian wolf hounds around. When I knew Louis Rosenstiel he used to walk the Conyers Farm property with three Russian wolf hounds. I will now shut down the primary Vista computer, and I will shower and clean up, and I will go out for an evening stroll. I need to buy hot dog buns, and that is about all that I can afford. CIO

Note: <888> 03/21/09 Saturday 6:50 P.M.. I woke up at 2 P.M.. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I made my bed, and I washed the breakfast dishes.

<u>www.chase.com</u> took \$19 of money out of my savings account without my permission. They charged me \$15 for having less than \$300 in my saving account, and they charged me \$4 for using their ATM machine more than four times this month. I used the ATM machine to transfer money between the saving account and checking account. I have been told, one can use the Chase ATM machine as many times as needed. When I called them up, they said they had changed their account regulations, and they had sent me a letter to the effect on March 9, 2009, which I never received. When the bank opens on Monday, I will have to go in and see what the problem is. It is my viewpoint that I am grandfathered in on my account, and they can not start making unreasonable charges just to increase their profits. They usually cooperate with me, since I have covered their branches the last few years, they have started banking out here.

I chatted with a relative and a friend. Last night I did a Vista Complete PC backup from the first hard drive to the second hard drive. This afternoon, I did one to the second partition on the first hard drive and also the Maxtor external hard drive.

There is a program on the Turner movie channel about somebody stranded in Alaska called "Never Cry Wolf".

Last night when I was out, the only automobile moving around was an older gold Cadillac.

If one needs Scottish Security, there used to be a office on West 72nd street in Manhattan for the Scottish Guard Corporation, but I do not know if they are still around or not. CIO

Note: <888> 03/21/09 Saturday 4:55 A.M.. I am now going to shut down the primary Vista computer, and I will go to bed soon. Have a good morning. High today of 46 degrees Fahrenheit and sunny and partly cloudy. CIO

Note: <888> 03/21/09 Saturday 3:50 A.M.. When I tried to install Internet Explorer 8 for Vista, I got an "incorrect parameter" error message when it was unpacking itself, thus I will not be installing it. I will now eat a sliced Virginia ham, sliced turkey, and sliced cheese sandwich on a Kaiser roll with a glass of watered down passion punch and 1/4th of a 5.5 ounce tube of pringle sour cream and onion potato chips. CIO

Note: <888> 03/21/09 Saturday 3:30 A.M.. I went downtown after the last note, and I mailed at the central Greenwich post office the PNY RMA package Priority Mail for \$4.95 and .65 Delivery confirmation for \$5.60 total. I am not sure if the Delivery confirmation will work or not. All I got from the machine was a receipt and bar code postage. Possibly I needed to install a separate delivery confirmation form, which the machine did not dispense, unless one is suppose to use one possibly available in the lobby. The machine seem to indicate it would dispense the delivery confirmation form. I then returned home. I installed a short extension cord from the upper left power switch on the control panels, and I plugged in the power adapter for the TV speakers on the primary Vista computer, so one can turn that on and off. I labeled it. I installed the Epson C120 printer on the power plug that is always on. I also installed the Epson C120 printer with a direct cable from the rear of the CPU to the printer, so it is USB 2.0. I took the Linksys USB 2.0 hub off the primary Dell Latitude CS laptop, and I installed it on the primary Vista computer to the Dell Latitude CS laptop. I will now install Internet Explorer 8.0. CIO

Note: <888> 03/21/09 Saturday 1:40 A.M.. Internet Explorer 8: Home page for XP

Internet Explorer 8: Worldwide sites

Targus APA10US - APA10US - Buy.com \$19 refurbished with free shipping

Hands-on with IE 8: A giant step for Microsoft | The Download Blog - Download.com

Internet Explorer 8 - Free software downloads and reviews - CNET Download.com

InternetNews Realtime IT News - Microsoft Takes Wraps Off Internet Explorer 8

Iceland Freysteinn Sigmundsson - Jarðvísindastofnun Háskólans

The University of the West Indies Seismic Research Centre

The University of the West Indies at St. Augustine, Trinidad and Tobago

<u>Global Volcanism Program | Volcanic Activity Reports | SI / USGS Weekly Volcanic Activity Report |</u>

BBC NEWS | Science & Environment | Space station unfurls solar wings

I recieved the PNY RMA information. I have it and the faulty memory ready to mail. I will now go out and mail it at the Automated Postal Center in downtown Greenwich, Connecticut. I can not do tracking there, but I can do proof of delivery. CIO

Note: <888> 03/20/09 Friday 11:05 P.M.. I woke up at 1 P.M. today, when the ordered from <u>www.fedex.com</u> arrived,

Tracking is <u>FedEx tracking</u> on the order for the order for two <u>Airlink101 ATVC102 Digital</u> to Analog TV Converter Box with Remote Control (201-111) with Artec HDTV Flat <u>antenna (201-107)</u> for \$81.99 using coupon code "digital80off", and you enter the two card numbers, expiration dates, and CVV2 Codes in the Order Notes, for \$1.99 and \$10.34 shipping for \$12.33 total. Coupon cards are from here <u>www.dtv2009.gov</u> for two \$40 Digital Cable coupons.

Tracking is <u>FedEx Tracking</u> on the order for <u>Epson Clearance Center - Save on Discounted</u> <u>Epson Products - Epson America, Inc.</u> 10% more off with coupon code "9ZMASE" with free shipping on the order for <u>Epson Stylus C120 - Refurbished, Overview - Product</u> <u>Information - Epson America, Inc.</u> for \$39 less 10% discount with coupon code of "9ZMASE" for \$3.90 off for \$35.10 total with free shipping.

I went back to bed until 4 P.M.

For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I made my bed, and I washed the breakfast dishes.

I unpacked the digital converters and antennas, and I put them in the cabinet underneath the Sony television in the living room. The Digital Signal is suppose to be available in this area around June 16, 2009.

I setup the Epson Stylus C120 printer to the right of the center LCD monitor on the primary Vista computer. It works just fine. I put the plastic bag with its information on the right lower shelf of the side board hutch in the bedroom. It turns on with the top left control panel switch. I labeled the switch for it and the storage device and also the USB hub on the Epox computer, and the HP laser printer on the Epox computer with its switch on the Northgate Syntax control panel.

I called up Newegg, and they are going to refund the money on the <u>Newegg.com - PNY</u> <u>Optima 1GB 184-Pin DDR SDRAM DDR 400 (PC 3200) Desktop Memory - Desktop</u> <u>Memory</u> for \$38.99 and \$2.99 shipping for \$41.98 total. I do not have to send the defective one back in.

I chatted with a relative. I threw out the garbage and the old periodical literature, and I also threw out the shipping boxes. I picked up the mail.

I reinstalled the drivers and program for the Samsung CLP 315 color laser printer on the primary Vista computer, and I have its program set to start up, when the computer boots, so it is always available. I also have the primary Vista computer USB cable connected to it instead of the LAN network cable. It works just fine.

Last night, when I had the case on the primary Vista computer opened, I also installed a new primary IDE cable.

On the primary Vista computer, I did Vista Complete PC backups from the first hard drive to the two internal hard drive partitions.

I chatted with a relative.

I made and ate <u>http://www.geocities.com/mikelscott/pbf.htm</u>, and I also had a glass of watered down passion punch.

I showered, and I cleaned up. I watered the plants. CIO

Note: <888> 03/20/09 Friday 6:55 A.M.. I ate a sliced Virginia ham, sliced turkey, and sliced cheese sandwich on a Kaiser roll with a glass of watered down passion punch and a dill pickle slice and 1/4th of a 5.5 ounce tube of pringle sour cream and onion potato chips. I will now shut down the primary Vista computer, and I will go back to bed soon. CIO

Note: <888> 03/20/09 Friday 6:00 A.M.. I woke up yesterday morning at 8 A.M.. I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I went back to bed until 10:30 A.M.. I made my bed, and I washed the breakfast dishes. I watched a bit of television. I chatted with a friend. I ate a sliced Virginia ham, sliced turkey, and sliced cheese sandwich on a Kaiser roll with a glass of watered down passion punch and a dill pickle slice and 1/4th of a 5.5 ounce tube of pringle sour cream and onion potato chips. I showered, and I cleaned up. I went out, and I threw out the garbage. I went by the Greenwich Hospital Thrift Shop. I then went to my usual 3 P.M. appointment. I then returned home. I picked up the mail. I chatted with a friend. I went to bed until 10 P.M.. I ate a sautéed hamburger with sautéed slice onions and sliced processed cheese on a hamburger bun with ketchup and my usual vegetable mixture and a glass of watered down passion punch.

I started up the primary Vista computer, and it would not work. I checked it out, and the it appears the new <u>Newegg.com - PNY Optima 1GB 184-Pin DDR SDRAM DDR 400 (PC 3200) Desktop Memory - Desktop Memory</u> for \$38.99 and \$2.99 shipping for \$41.98 total had failed. I tested it in the FIC server, and it did not work, and I tested it alone in the bedroom Gigabyte computer which has the same motherboard as my primary Vista computer, and it only posts half a gigabyte of memory. I can not return it to Newegg, since I have sent in the rebate with the package UPC code, so I applied for an RMA from <u>www.pny.com</u>. Thus I am only running the primary Vista computer on two gigabytes of memory. CIO

Note: <888> 03/18/09 Wednesday 11:50 P.M.. I was out of hot dog buns, so I ate two hotdogs on hamburger buns with mustard and ketchup and a dill pickle slice and watered down passion punch. To put hotdogs on a hamburger bun, after one cooks them for about 80 seconds in a microwave proof container in the microwave oven, one slices them in half each way into quarters and lays them on the hamburger bun. I am a bit tired, so I will now shut down the primary Vista computer, and I will go to bed soon. I have my usual 3 P.M. appointment tomorrow on Thursday afternoon. CIO

Note: <888> 03/18/09 Wednesday 10:35 P.M. <u>IBM Eyes Sun With Cisco On Its Mind -</u> Forbes.com

IBM: Tech's Cash King - Forbes.com

Biltmore Email Newsletter

Tracking is <u>FedEx Tracking</u> on the order for <u>Epson Clearance Center - Save on Discounted</u> <u>Epson Products - Epson America, Inc.</u> 10% more off with coupon code "9ZMASE" with free shipping on the order for <u>Epson Stylus C120 - Refurbished, Overview - Product</u> <u>Information - Epson America, Inc.</u> for \$39 less 10% discount with coupon code of "9ZMASE" for \$3.90 off for \$35.10 total with free shipping.

Sneak Peek: Security In Windows 7 Final Release

BBC NEWS | Business | Fed pumps \$1.2tn into US economy

BBC NEWS | Americas | US tests defence missile system

BBC NEWS | Americas | Alligator wrestling - cruelty or tradition?

BBC NEWS | Science & Environment | Fossil hints at fuzzy dinosaurs CIO

Note: <888> 03/18/09 Wednesday 9:15 P.M. I took a nap on the Scott family sofa.

In the 15th century in the Netherlands, when there was economic turmoil, the Dutch used tulip bulbs for money. Since the United States currency seems to be worth less anymore, you might want to exchange it for tulip bulbs. You can buy tulip bulbs from Holland, Michigan at <u>Tulip Time Festival and http://www.veldheer.com/</u> and <u>Premium Dutch flower bulbs - Garden tulips, daffodils and more - Brecks.com and Fabulous garden plants, trees and bulbs at bargain prices - MichiganBulb.com and Spring flower bulbs, flower bulbs for spring and <u>Tulip Bulbs page 1 of 3 - Dutch Village - Holland, Michigan</u> of course you could always order them from the Netherlands <u>bulbsdirect</u> . I do not know that much about gardening, but the last time I planted tulip bulbs was when I built the garage apartment in Plandome Manor, Long Island. I was advised by the family out there to plant them in the fall before the ground freezes.</u>

I chatted with a relative. CIO

Note: <888> 03/18/09 Wednesday 6:05 P.M. I woke up at 6 A.M. this morning, and I watched the first half of the original movie "Lost Horizons", and then I went back to bed until 11 A.M.. While awake, I ate a bowl of reduced fat Cheez-its. When I got up at 11 A.M., for breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I made my bed, and I washed the breakfast dishes. I showered, and I cleaned up. I went to my dermatologist appointment at 1:30 P.M. at the outpatient clinic at the Greenwich Hospital. Although I have a couple of new small moles, I do not have any spots from the sun on my body that I need to worry about. I should see the dermatologist once a year. I then went downtown, and I went by the Merry Go Round Mews thrift shop. I then walked the entire length of Greenwich Avenue and the train station area. I stopped by the ATM machine at the Chase Bank just west of Greenwich Avenue. I used the bathroom at the senior and the arts center. I then returned home. I chatted with a neighbor. I picked up my mail. I ate a sliced Virginia ham and sliced turkey and sliced processed cheese sandwich on a Kaiser roll with low fat mayonnaise and 1/4th of a 5.5 ounce tube of Pringle sour cream and onion potato chips and a dill pickle slice and a glass of watered down passion punch. I chatted with a relative. CIO

Note: <888> 03/18/09 Wednesday 1:25 A.M.. I will now shut down the primary Vista computer. I have a 1:30 P.M. appointment today with the dermatologist to check out a new

small flat black spot on my right rear shoulder. After all of the years in the sun when I was younger, I have to keep an eye out for any in case they might become malignant. CIO

Note: <888> 03/18/09 Wednesday 1:00 A.M. Microsoft® Tech·Ed North America 2009

How To Buy Computer Hardware For Your Business - Forbes.com

Classmates Mike Scott

<u>Epson Clearance Center - Save on Discounted Epson Products - Epson America, Inc.</u> 10% more off with coupon code "9ZMASE" with free shipping.

I ordered Epson Stylus C120 - Refurbished, Overview - Product Information - Epson <u>America, Inc.</u> for \$39 less 10% discount with coupon code of ''9ZMASE'' for \$3.90 off for \$35.10 total with free shipping.

GM Rolls Closer To The Brink - Forbes.com

The World's Billionaires - Forbes.com

The Greenwich Land Trust - Home

The Greenwich Land Trust - Email Form

keizo/weblog » Blog Archive » New Tonga Eruption

Tracking is <u>FedEx tracking</u> on the order for the order for two <u>Airlink101 ATVC102 Digital</u> <u>to Analog TV Converter Box with Remote Control (201-111) with Artec HDTV Flat</u> <u>antenna (201-107)</u> for \$81.99 using coupon code "digital80off", and you enter the two card numbers, expiration dates, and CVV2 Codes in the Order Notes, for \$1.99 and \$10.34 shipping for \$12.33 total. Coupon cards are from here <u>www.dtv2009.gov</u> for two \$40 Digital Cable coupons.

RETIRED FEDERAL EMPLOYEES ALMANAC ORDER FORM

BBC NEWS | Science & Environment | US Discovery shuttle docks at ISS

BBC NEWS | Science & Environment | Arctic sea monster's giant bite

BBC NEWS | Science & Environment | Chernobyl 'shows insect decline'

BBC NEWS | South Asia | Maldives rises to climate challenge

BBC NEWS | Science & Environment | UK centre to keep watch on Earth

BBC NEWS | Science & Environment | Russia to approve new Moon rocket

BBC NEWS | UK | 'Drop hacker case' - Terry Waite

Asperger syndrome - Wikipedia, the free encyclopedia

BBC NEWS | Technology | Dell's ultra-thin laptop on sale

BBC NEWS | Asia-Pacific | Audio slideshow: Dalai Lama's flight into exile CIO

Note: <888> 03/17/09 Tuesday 9:50 P.M.. I woke up at 2:30 P.M. this afternoon. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I made my bed, and I washed the breakfast dishes.

The order with tracking of <u>UPS: Tracking Information</u> on the order for <u>Labtec Stereo</u> <u>Speakers with Bass Port & Volume Control - eBay (item 170306079558 end time Mar-26-09 14:55:21 PDT)</u> for \$8.99 with free shipping arrived. I connected the up the K-world TV adapter on the primary Vista computer, and one turns them on with the power strip switch on the control panel when watching TV on the 22 inch LCD monitor. I moved the Jensen speakers to the primary Dell Latitude CS laptop computer. One turns them on with the button on the side of the primary Jensen speaker.

I showered, and I cleaned up. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area.

I stopped by CVS briefly. I chatted with another walker. I used the bathroom at the Senior and the Arts center.

I then went by the Greenwich Library, and I read P.C. World magazine. There is a computer supplier in Hollywood, Florida that has 200,000 parts at <u>www.impactcomputers.com</u>. I chatted with a couple of staff members.

I then went by the Stop and Shop, and I bought two 12 ounce package of Kraft 2% milk Swiss slices of processed cheese for \$2.50 each, a 64 ounce container of Tropicana orange juice with calcium for \$3, slices of Deli Virginia ham for \$5.99 a pound for \$6.14, a 13.5 ounce box of reduced fat Cheez-its for \$2.50, and fresh Chiquita bananas for .68 a pound for \$1.49 for \$18.13 total.

I chatted with one of Rudy's limousine people driving a new black Cadillac limousine about <u>www.cadillac.com</u>.

I returned home, and I picked up the mail. I put away my groceries. When I went out, I threw out the shipping box. I chatted with a relative. I will now make a omelet with processed cheese and grated Parmesan and Romano cheese, and six strips of fried bacon, and a toasted English muffin with olive oil and a glass of watered down passion punch. CIO

7151

Note: <888> 03/17/09 Tuesday 7:45 A.M.. I finally got all three PNY one gigabyte memory strips working in the primary Vista computer. In the CMOS setting on the 7th page http://mikelouisscott.com/gig1-bios.htm , I changed the DRAM setting from Auto to 266 MHZ, and the primary Vista computer works just fine with all three memory strips. I took the new PNY memory strip out the FIC server, and I put it in the primary Vista computer with the pair of fairly new one gigabyte PNY memory strips. I took the generic 1 gigabyte memory strip out of the bedroom Gigabyte computer, and I put it in the FIC server, so it still has three gigabytes of memory. I took the one gigabyte Crucial memory strip out of the Abit computer, and I put it with an identical one in the Epox computer, so it still has two gigabytes. I moved the two half gigabyte memory strips from the Epox computer to the Abit computer, so it now has four half gigabyte memory strips for two gigabytes total. I put the quarter gigabyte memory strip back in the bedroom gigabyte computer, so it now has 1.25 gigabytes of memory. All systems seem to work just fine. I filled out the PNY \$10 mail in rebate information, and I mailed it downstairs. I threw some garbage outside, and I chatted with a couple of neighbors. I let a health care worker in the building. I am a bit tired, so I will now shut down the primary Vista computer, and I will go to bed soon. I will eat a toasted English muffin with olive oil before going to bed.

Current configuration is <u>http://mikelouisscott.com/computer.htm</u> . I have yet to change the pictures in the page to reflect the current monitors in the current setup. CIO

Note: <888> 03/17/09 Tuesday 12:50 A.M.. I woke up at 1:30 P.M. yesterday afternoon. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I made my bed, and I washed the breakfast dishes.

BOSCH 10PC TITANIUM DRILL BIT SET - eBay (item 360131579206 end time Mar-15-09 11:04:27 PDT) for \$8.99 and \$2.99 shipping for \$11.98 total arrived, and I put the drill bits on top of the new Black and Decker drill on the floor of the sweater closet.

Tracking is <u>Newegg.com - Computer Parts, PC Components, Laptop Computers, Digital</u> <u>Cameras and more!</u> on the order for <u>Newegg.com - PNY Optima 1GB 184-Pin DDR</u> <u>SDRAM DDR 400 (PC 3200) Desktop Memory - Desktop Memory</u> for \$38.99 and \$2.99 shipping for \$41.98 total arrived. It also has a \$10 mail in rebate, so it will eventually cost me \$31.98 after I receive the rebate.

I installed it in the primary Vista computer as the third memory chip, and the primary Vista computer started freezing again. It is not identical to the other two pairs of PNY 1 gigabyte memory that I have. I went through the tedious process of swapping memory around with it from other computers, and the only solution is the pair of new PNY 1 gigabyte memory that I had already installed. I took out the second Netgear GA311 LAN card from the primary Vista computer, and I put it in the Abit computer replacing the Netgear FA311 LAN card that would not work in it. I took the two 1 gigabyte PNY memory chips out of the Abit computer, and I put them in the FIC server with the new 1 gigabyte PNY memory chip, so the FIC server now has 3 gigabytes of memory. I had already moved the generic 1 gigabyte memory chip from the Abit computer to the Bedroom Gigabyte computer, so it still has two gigabytes of memory. I moved the Crucial 1 gigabyte memory chip and the two CompUSA half gigabyte memory chips from the FIC server to the Abit computer. This all took a bit of time. I tried testing the primary Vista computer with out the Netgear LAN cards and also with out the Crucial Turbo Boost pen drive, and it still froze, when I had three one gigabyte memory chips in it. Thus I have it all set up as best as I can do on my limited budget, but they all work just fine.

Current configurations are here <u>http://mikelouisscott.com/computer.htm</u> .

I chatted with a relative. I removed the powered FM antenna from the Abit computer, because it did not work, and I stored it in the beer mug to the right of the stereo system, and I used an old telephone cable with coaxial connector to connect the FM antenna port on the Leadtek TV card in the Abit computer to the FM antenna connected to the shortwave radio, and now FM works just fine on the Abit computer.

I ate two hotdogs on buns with ketchup and mustard and 1/4th of a 5.5 ounce tube of Pringle sour cream and onion potato chips and a dill pickle slice and a glass of watered down passion punch. CIO

Note: <888> 03/16/09 Monday 2:30 A.M.. Clear and cloudy today with a high of 50 degrees Fahrenheit. It looks like it might be an early spring. Some bulbs are coming out in front of our building.

Behind the scenes at Kennedy Space Center - CNN.com

Well not much happening now. I might read a bit of the book about the NSA, or I might go to bed soon. Have a good morning. From my viewpoint, the daytime people are probably still around, but there are not many people out and about at night. Of course with the Greenwich Hospital downtown, they have staff working 24/7, so frequently some of their personnel are moving around at all hours of the day. CIO

Note: <888> 03/16/09 Monday 1:15 A.M.. The Curse Of Colonel Sanders - Forbes.com

BBC NEWS | Science & Environment | Nasa shuttle launched after delay

BBC NEWS | Also in the news | Cleopatra 'of African descent'

BBC NEWS | Asia-Pacific | Monkeys 'teach infants to floss'

BBC NEWS | Science & Environment | 'Peking Man' older than thought

BBC NEWS | Science & Environment | Arctic diary: Explorers' ice quest CIO

Note: <888> 03/16/09 Monday 12:40 A.M.. In front of T-Mobile on Greenwich Avenue, they left out a fairly new white toaster oven with two slice toaster. I do not know if it works or not. I do not need one. CIO

Note: <888> 03/15/09 Sunday 11:55 P.M.. I woke up at 4 P.M.. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I chatted with a relative and two friends. I showered, and I cleaned up. I went out, and I walked the entire length of Greenwich Avenue and the train station area. I used the bathroom at Starbucks before and after the walk. I chatted with a relative twice on the wireless telephone. I saw the Space Shuttle NASA - Shuttle and Station fly by in the southeastern night sky about 4.5 minutes after the launch at 7:42 P.M. E.D.T.. It is fairly easy to recognize, and it went by a lot faster than a jet. The night sky was clear enough to view it from the veterans monument across the street from the senior and the arts center. I chatted with a local before I began my walk, and Greenwich is not holding the St. Patrick's Day parade until next Sunday. I guess they have to round up some Irish to hold the parade. I chatted with a visitor from Southern China whom seemed to be well informed about Greenwich. I told him a few other facts that he might not know. I was told there is work in high tech in China, and he suggested that I move to China, but I do not think I could deal with the language barrier. I gave him a calling card. I stopped by CVS, and although they are advertising the Digital TV coupons worth \$40 can be used on the Craig converter for \$50 less \$40 coupon, they are sold out of the digital converter boxes. I bought three 1 liter bottles of CVS oral mouth rinse for \$2.99 each and .54 tax for \$9.51 total. I completed my walk. I chatted with the staff at Starbucks about a friend from Brazil that recently showed up here wearing Dutch clogs, so maybe he started a new coffee shop in Amsterdam in the Netherlands. I then went by the A&P Fresh. I bought buy one six pack of Thomas' English muffins with nooks and crannies for \$3.39 both and a 18 ounce package of OnCore frozen sliced turkey meat in gravy for \$3.29 for \$10.07. The charged me more, since at the A&P Fresh when one uses Food Stamps, they can not give you the discount on sale items, which seem weird. I chatted with the staff about the price of tea in China.

I then returned home, and I ate the same reheated dinner as last night, and I will now drink a cup of Salada green tea with a package of splenda and lemon juice. CIO

Note: <888> 03/15/09 Sunday 7:55 A.M.. http://www.cnn.com/video/#/video/tech/2009/03/14/wolf.tweel.tech.cnn , airless tire

Well, I did some bottom fishing on the internet. I will now shut down the primary Vista computer, and I will go to bed soon.

Police, residents clash at Wilbur Peck - Greenwich Time

Town unemployment hits record high - Greenwich Time CIO

End of Scott's Notes week of 03/15/09:

Note: <888> 03/15/09 Sunday 6:05 A.M. Andrew Jackson Birthday

Julius Caesar, Ides of March

Czar Nichols II abdicates

Dallas' King Tut exhibit draws big crowd

Centre of Exchange and Research in Volcanology

KU Department of Geology

Alaska Volcano Observatory - Redoubt - Activity Page

Tracking is <u>Newegg.com - Computer Parts, PC Components, Laptop Computers, Digital</u> <u>Cameras and more!</u> on the order for <u>Newegg.com - PNY Optima 1GB 184-Pin DDR</u> <u>SDRAM DDR 400 (PC 3200) Desktop Memory - Desktop Memory</u> for \$38.99 and \$2.99 shipping for \$41.98 total.

Albert Einstein Yesterday

Ordersmokesdirect.com tax increase of \$8 a carton on March 27, 2009

Night Launch <u>NASA - Shuttle and Station</u>. It is suppose to be partly cloudy and 45 degrees Fahrenheit around launch time here, so there is a chance that we might see it fly by up in the southeastern sky. <u>NASA - NASA Sets Saturday Briefing For Discovery's STS-119</u> <u>Mission</u> scheduled launch at 7:43 P.M. this evening Eastern Daylight Time.

I wonder if they still use Lanzarote as a ground monitor station for the shuttle. Few people seem to know this.

I will now send out my weekly notes. CIO

Note: <888> 03/15/09 Sunday 4:25 A.M.. I made two copies of my Social Security statement. They seem to be missing the information on quite a few jobs that I have had over the years, but I guess the government does that for security purposes. In other words politicians come and go while I always seem to stay here like the Maytag repairman.

Well, in the Holland, Dutch, Netherlands culture, cleanliness is next to godliness <u>www.hourofpower.org</u>, so some people take house cleaning quite seriously based on what they can afford.

I chatted with a couple of out of town security individuals whom seem to watch too much television.

My friend George Gordon Cary knows Dolan that owns Cablevision, and I do not even get a break on <u>www.cablevision.com</u> rates, so the \$86 a month I pay for high definition digital cable television could possibly be lowered if I cancelled it, and I used the high definition equipment that I ordered. However, I would have to pay \$20 more a month for Optimum Voice free long distance to Canada, the U.S.A., and Puerto Rico. Possibly since the Rockefellers use to own Doral resorts, they are down in Puerto Rico, so I could possibly contact them down there, but I have a feeling it is still too cold up here for them. CIO

Note: <888> 03/15/09 Sunday 2:30 A.M.. I put away the laundry.

From www.dtv2009.gov, I received my two \$40 Digital Cable coupons, so I ordered

the order for two <u>Airlink101 ATVC102 Digital to Analog TV Converter Box with Remote</u> <u>Control (201-111) with Artec HDTV Flat antenna (201-107)</u> for \$81.99 using coupon code "digital80off", and you enter the two card numbers, expiration dates, and CVV2 Codes in the Order Notes, for \$1.99 and \$10.34 shipping for \$12.33 total. CIO

Note: <888> 03/15/09 Sunday 1:00 A.M.. I went to bed at 1:30 A.M. vesterday. I woke up at 10 A.M.. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I went back to bed until 2:30 P.M.. I made my bed, and I washed the breakfast dishes. I did some bottom fishing on the internet. I ate a sliced turkey and cheese sandwich on a Kaiser roll with mayonnaise and a dill pickle slice and 1/4th of a 5.5 ounce tube of pringle sour cream and onion potato chips with some watered down passion punch. I showered, and I cleaned up. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I stopped by CVS, and I bought a 15 ounce Alberto VO5 herbal shampoo and one of conditioner for .99 each and .12 tax for \$2.10 total. I used the ATM machine at the Chase Bank at the top of Greenwich Avenue. I finished my walk. I sat out for a while. I chatted with a local, and I chatted with someone from Argentina. I used the bathroom at the senior and the arts center. They have a lot of old National Geographics piled up in the front room. I then drove down by the waterfront on Steamboat Road. They still have the pier barricaded off to keep people from walking out on it. The new apartment complex across from the Delamar Hotel looks mostly complete. There is another new house with terracotta tiles on the roof.

I then went by the Greenwich Automotive Services Gulf station next to the Greenwich Library, and I bought \$8 of self service premium for \$2.499 a gallon for 3.20 gallons for 38.4 miles driving the last nine days at odometer reading of 62256 miles for 12 miles per gallons driving in mostly local traffic. I checked the oil, and it is fine. I cleaned the windows on the outside. I checked the tires for 32 PSI.

I then went by the Stop and Shop, and I bought a top round roast for \$1.99 a pound for \$10.51. At the Infiniti Dealership, they have one of those 2008 tiny fuel economy cars that everyone was trying to get a year ago, when gasoline was more expensive. It is yellow and black. I then returned home, and I picked up my mail. I chatted with a relative. I cut the

top round of beef roast into about 1.5 inch cubic chunks with a serrated knife trimming off any fat. I then ran it all through part at a time about 1/3rd full through the Cuisine Art with the chopping blade, and I turned it all into hamburger. I then weighed out 7 ounce portions, and I made 12 hamburgers. I doubled bagged them in baby carrot bags that I save, and I froze them all in the freezer. The ones on the door are the older ones.

I made and ate my usual linguine and tomato meat sauce dinner with grated parmesan and Romano cheese, and I refrigerated half, and I ate it with a glass of watered down passion punch. The fire alarm went off as I was finishing dinner. I checked with the neighbors whose alarm light was on, and the neighbor was just cleaning her iron, and it set off the fire alarm. She had called the fire department to tell them it was not an emergency. The fire department and police arrived to reset the alarm. I chatted with a neighbor. I cleaned up after dinner.

I did two loads of laundry, and I have five minutes to go on the dry cycle. I put clean linens on the bed.

The annual St. Patrick's Day parade in Greenwich should probably be this afternoon about 2 P.M..

One year of <u>www.nationalgeographic.com</u> magazine for \$12 <u>Order NATIONAL</u> GEOGRAPHIC today.

In mail, I received my statement from Social Security <u>www.ssa.gov</u> of lifetime earnings and contributions, which is not much, since I am disabled. CIO

Note: <888> 03/14/09 Saturday 12:30 A.M.. I ate two hot dogs on buns with mustard and ketchup and a dill pickle slice and 1/4th of a 5.5 ounce tube of Pringle sour cream and onion potato chips and some watered down passion punch.

I am watching Mission Impossible III on channel 737. I will now shut down the primary Vista computer. CIO

Note: <888> 03/13/09 Friday 11:30 P.M.. <u>Federal CIO on leave following FBI sting at DC</u> offices | Between the Lines | ZDNet.com

Our Best Deals on Office Products, plus Last Day for 10% Off Any HDD Coupon!

Leonore Annenberg dies at 91; philanthropist, widow of publishing magnate - Los Angeles <u>Times</u>

The World's Billionaires - Forbes.com

Outlet Center: Hard Drive Sale | Seagate

Greenwich Country Day School Online Store

msnbc.com Video Player Japan Volcano erupts

<u>Global Volcanism Program | Volcanic Activity Reports | SI / USGS Weekly Volcanic Activity Report |</u>

BBC NEWS | Americas | Hemingway legacy bonds US and Cuba

BBC NEWS | Science & Environment | 'Supermodel' satellite set to fly

BBC NEWS | Europe | Web founder looks to big changes

NASA - Space Shuttle CIO

Note: <888> 03/13/09 Friday 9:45 P.M.. I had a call at 10 A.M. this morning from a Minnesota Radiology survey that had sent me a letter. I called them back to tell them it was addressed to wrong person. I finally woke up at 2:30 P.M.. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I made my bed, and I washed the breakfast dishes. I installed the updates on the Abit and the Bedroom Gigabyte computer. I also installed the updates on one of two partitions on the Epox computer. The updates would not install on the Northgate Syntax computer, and the other partition on the Epox computer, probably because the server was busy. I had a problem with the Abit computer crashing, and I restored the backup, but it still crashed. I changed some of the CMOS settings, but it still crashed. I finally removed the 256 megabyte memory chip that I put in this morning leaving it with 2 gigabytes of memory, and it works just fine. I installed the updates on it, and I unchecked most of the startup programs by running "msconfig". I then backed up the changes to the second hard drive.

I watered the plants. I chatted with a relative. I threw out the garbage and the old periodical literature. I picked up the mail. I ate the same dinner as the previous six nights before yesterday. The cold eye round is all gone now. I made up another batch of passion punch. I chatted with a relative. CIO

Note: <888> 03/13/09 Friday 5:55 A.M.. After the last note, I took the older PNY 1 gigabyte memory strip out of the Abit computer, and I tested it with the two newer PNY 1 gigabyte memory strips in the primary Vista computer, and it definitely causes the primary Vista computer to freeze. Although they are all PC 3200 one gigabyte DDR memory strips, the older on is made in Taiwan and the two newer ones are made in the U.S.A., so they probably are not identical. When I put the older one back in the Abit computer, I also put in the spare 256 megabyte PNY PC 3200 memory chip in the Abit computer, so it now has 2.25 gigabytes of memory.

For the primary Vista computer, I ordered <u>Newegg.com - PNY Optima 1GB 184-Pin DDR</u> <u>SDRAM DDR 400 (PC 3200) Desktop Memory - Desktop Memory</u> for \$38.99 and \$2.99 shipping for \$41.98 total. It also has a \$10 mail in rebate, so it will eventually cost me \$31.98 after I receive the rebate. Thus the primary Vista computer will soon have 3 gigabyte of memory. I am a bit tired, so I will now go back to sleep. I will eat the last of the low fat Cheez-its and about 10 dried prunes. CIO

Note: <888> 03/13/09 Friday 4:00 A.M.. I woke up at 1 A.M.. I had a telephone call at 8 P.M. from a relative on my answering machine. I reviewed my notes, and February 17, 2009 was when I removed the third PC3200 one gigabyte PNY memory strip, and the computer quit freezing. It is identical to the other two I have in the primary Vista computer http://mikelouisscott.com/computer.htm . I doubled checked at www.pny.com and it is the correct memory for my motherboard <u>http://mikelouisscott.com/gig1-bios.htm</u> . It is non buffered non ecc. I did one other thing around the same time, and that is in the CMOS I disabled on the seventh page "CPU Host Clock Control", and I enabled "Spread Spectrum". However, as I recall I did that before removing the third memory strip, and it did not make a difference. The CMOS is still set up that way http://mikelouisscott.com/gig1-bios.htm . I could try testing it by putting a third PNY memory strip back in, but I do not think it would make a difference, and the computer would start freezing again. At the same time I removed the memory strip on February 17, 2009, I also just before changed the video cards around, and after that I still had the freezing problem, until I removed the third memory strip. I am still a bit tired, so I will go back to sleep for a while. CIO

Note: <888> 03/12/09 Thursday 6:45 P.M.. I ate two bowls of low fat Cheez-its along with a glass of watered down passion punch. I will now shut down the primary Vista computer, and I will go to bed soon. I guess I will be up earlier in the morning. Low tomorrow 22 degrees Fahrenheit and high of 40 degrees Fahrenheit with cloudy conditions in the morning and sunny in the afternoon. CIO

Note: <888> 03/12/09 Thursday 5:45 P.M.. I woke up at 7:30 A.M.. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I made my bed, and I washed the breakfast dishes. I did some bottom fishing on the internet. I showered, and I cleaned up. I went to my 11 A.M. appointment for my cholesterol blood test follow up a half hour early. Since I have been taking Tricor, my cholesterol is 190, my Triglycerides are down from 413 to 280. My good cholesterol is 38. I need to continue to get more exercise walking done downtown, and I need to lower my high cholesterol food intake and lose about 30 pounds or more. I have to make an appointment to follow up in July or August 2009 and get the laboratory work done again a week before. If my cholesterol does not improve, they might put me on Lipitor.

I then went by the Greenwich Hospital Thrift shop, and I bought a Lithium electronic scale for \$3 and a like new Ionic Pro Ionic Air Purifier <u>Ionic Pro Ionic Air Purifier</u> for \$10, for \$13 total. I then returned home. I put the air purifier on the lazy Susan on the center of the oak dining table, and I set it on medium to clean the apartment air. One has to tilt it horizontal to reinstall the collection plates after cleaning. I put a new Lithium CR2032 in the Lithium scale, and I had to bend up the metal contact underneath the battery a bit, and it works just fine. One steps on it briefly to activate it, and then get off, and then one steps on it again to get one's weight. I weigh 206.5 pound with my clothes one and no shoes. I put it underneath the wooden stand in the bathroom on top of the other electronic scale. I moved a few pieces of bric-a-brac around.

I chatted with a relative. I ate two hot dogs on buns with mustard and ketchup and a dill pickle slice and watered down passion punch. I went to my 3 P.M. appointment. I then returned home. I picked up the mail. CIO

Note: <888> 03/12/09 Thursday 3:40 A.M.. I sent this note to <u>Metropolitan Police Service</u> - <u>Contact us with a general enquiry</u>. Note follows:

To: Metropolitan Police:

My web sites:

http://mikelouisscott.com/ and http://geocities.com/mikelscott/

I knew James Edward Eldert from Syracuse, New York from 1973 to 1982. He was a neighbor in the U.N. neighborhood in Manhattan, Nantucket, and Key West. His last known address was the Malibu Colony in California. Jimmy once told me he worked for the Queen at Sandringham. According to the internet his family are from Jeffers, Germany, and my mother's family were from Groningen in the Netherlands a few miles from Jeffers. Jimmy Eldert is an actor, so he can look like me. We do look a lot alike. My father had the Queen's award in industry, and he spent most of his career in Europe and England as a chemical engineer. His name was Louis Dale Scott. He passed away about 1989. From what I can tell, since we lived in the same neighborhoods and had similar appearences, people seem to think I might be Jimmy. Helen Kress Williams who was the head trustee of Vassar College told us in 1973, we had to keep an eye on Jimmy, but she never explained why. I do know around Jimmy the important people tend to show up, and he usually seems oblivious to them. He made a movie War Birds if you want to know what he looks like. It seems rather strange that he maintains telephones in Florida and California, but nobody hears from him. It is like he might be a pilot or flight personnel working out of your country, not telling people here that he travels. Whatever, the case it is not really my business, but from what I knew about him his funds might have come from the General Motors automobile company, and with that company going bankrupt, he might be out of money somewhere in the world. His grandmother was a Joy like Joy Street in Boston and Joy monument in Nantucket, and the Joys were also founding families of General Motors. I once was offered a job at First Boston to be a trust officer of a horse shoe stable in Springfield, Massachussetts, and aparently the stable became General Motors. I have met a lot of founding family members of General Motors, and from what I can tell they might have to get use to a different lifestyle. It seems rather strange nobody knows how to get in contact with Jimmy Eldert, although in the 47 years of being around the Bush, Rockefeller, Vanderbilt group here in Greenwich, Connecticut, I do not recall ever seeing him, but only in the places I mentioned. Jimmy use to wear a St. Andrews University jersey in Nantucket. It is like he might be some sort of Secret Royalty. I recall seeing the Duke of Windsor at the Waldorf Towers in January 1973 after he supposedly died. Shortly there after in October 1973, I recall meeting Jimmy Eldert for the first time in the United Nations neighborhood, when he was 18 years old. Whatever the real story, he might be just an upstate dairy farmer with lots of kids, but it is sort of strange he dropped off the planet.

Any thoughts let me know.

Michael Louis Scott 71 Vinci Drive Apt. 206 Greenwich, Connecticut 06830-2902 U.S.A. 1-203-531-6754 1-203-532-5474 1-203-252-0709 wireless email:mikescot@optonline.net

End of note:

I will now shut down the primary Vista computer. I ate two bowls of low fat Cheez-its with some watered down passion punch.

I have a 10:30 A.M. appointment this morning, so I will have to be up at 7:30 A.M. to get ready for it. I also have a 3 P.M. appointment this afternoon. Thus it will be another one of those exhausting daytime routines, that one occassionally has to deal with. I really do not like daytime activity, but sometimes one has to keep appointments. I will thus take a four hour nap before getting ready. CIO

Note: <888> 03/12/09 Thursday 1:20 A.M.. Jimmy Eldert's family were one of the original settlers in New Amsterdam <u>Eldert family of New Netherlands - Genealogy</u> and <u>Lucas</u> <u>Eldertszen (bef1636-?)/Ancestors - Genealogy</u> from Jever, Germany which is only a stones throw away from <u>Google Maps Jever, Germany</u> from Groningen, in the Netherlands where my mother's Bovan family is from, so thus we could be distant relatives since we once looked a bit the same, but he was better fed, but it might be just a generic look amongst the local population in that area. CIO

Note: <888> 03/12/09 Thursday 12:20 A.M.. I chatted with <u>Key West Hotel Resorts &</u> <u>Florida Keys Beach Accommodations - Casa Marina Resort Key West</u>. When I lived down there from the fall of 1976 to the spring of 1978 during the winter, I only weighed 125 pounds. That probably was because <u>www.nasa.gov</u> use to train people in Key West, Florida and every pound of weight shot into space back then cost \$2.5 million. There were also a lot of skinny <u>www.navy.mil</u> pilots too. I guess old fat people like me are not welcome down in Key West, Florida, even though I am pretty good on computers, I do not pretend to be as good on computers as some of these young hot shots. Basically, you just go down there, and you live on orange juice, yogurt, oranges, Cuban sandwiches, beans and rice, and over a couple of winters, you tend to get rather thin and tanned, but when you come north, they think you are Puerto Rican, and since you do not know Spanish, you are in an awkward position in terms of dealing with the larger people up here.

On the primary Vista computer <u>http://mikelouisscott.com/computer.htm</u>, I do not think the third memory strip would work, even if it were new. I have tried two other identical memory strips as the first two, and the computer froze randomly, and it also frozen with two different generic third 1 gigabyte memory chips, and it also froze with a third half a gigabyte memory strip, so although the specs on the Gigabyte motherboard say it is suppose to take three one gigabyte memory strips, I do not think it is worth trying a new one. It works just fine with two identical new 1 gigabyte memory strips. Since the primary Vista computer has not frozen since I took the third memory strip out, it would seem that was the problem. Possibly there could be a hair or some other small item like dust in the third memory slot. CIO

Note: <888> 03/11/09 Wednesday 11:40 P.M.. <u>Vail Says It's Downhill From Here -</u> Forbes.com

Sceptre Technologies Sceptre x24wg-Naga 24" Widescreen LCD Monitor \$200

Harold Wilson

BBC NEWS | Business | Rich list hit by economic crisis

BBC NEWS | Science & Environment | Nasa space shuttle launch delayed

BBC NEWS | Science & Environment | Battery that 'charges in seconds'

BBC NEWS | UK | UK Politics | Web founder's 'snooping' warning CIO

Note: <888> 03/11/09 Wednesday 10:20 P.M.. I chatted with a relative. A lot of wealthy people are private. However, as an economist, I remember certain interesting bits of information. In 1976 when Nelson Rockefeller <u>Nelson Rockefeller - Wikipedia, the free encyclopedia</u> ran for Vice President, he released all of his personal financial information, and as I recall Fortune magazine published a list of his assets and portfolio that were worth over a billion dollars. As I recall it was a well diversified portfolio, but what I thought was strange was that he only had about 50,000 shares of Exxon. It would be interesting to know what the same portfolio would be worth today. However, that is probably only the domestic assets, more than likely like all of wealthy people they also have international assets.

IBM Stock Price <u>IBM Stock Quote - United States</u> and Microsoft Stock Price <u>Quote.com</u> <u>U.S. Markets - Summary for MICROSOFT CORP (MSFT)</u>.

Well, I guess Bill Gates is not down and out yet <u>Bill Gates Personal Wealth Clock</u>, but from around here, you might think that he was. CIO

Note: <888> 03/11/09 Wednesday 8:30 P.M. I woke up at 11 A.M. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I went back to bed until 3 P.M.. I ate two hotdogs on buns with ketchup and mustard and a dill pickle slice and 1/4th of a 5.5 ounce tube of Pringle sour cream and onion potato chips with watered down passion punch. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I browsed the store circular at CVS. I used the ATM machine at the Chase Bank just west of Greenwich Avenue. After my walk, I sat out for a while, and I used the bathroom at the senior and the arts center. I then went by the Greenwich Library, and I chatted with a regular. I then went by the Stop and Shop, and I bought a six pack of day old Kaiser rolls for \$1.25, a 6 ounce jar of Gold's Hot horseradish for \$1.50, a 13.5 ounce box of Reduced fat cheez-its for \$2.50, a 12 ounce bottle of Lea and Perrins Worcestershire sauce for \$3.39, a two pound bag of baby carrots for \$2.99, fresh Chiquita bananas for .68 a pound for \$1.58, broccoli crowns at \$1.59 a pound for \$2.02 for \$15.72 total. I then returned home. I brought up my purchases and the mail. I put away the food.

I received notification from the state of Connecticut that my Food Stamps have been raised from \$176 to \$200 a month. I have lost 10 pounds this winter, and I am now down to 205 pounds.

I put another \$25 on my AT&T Go Phone for \$26.50 charge, so I now have \$82.35 on it good until June 9, 2009.

On the order for <u>Computers All Services PNY Optima - Memory - 1 GB - DIMM 184-pin - DDR - 400 MHz / PC3200</u> for \$26.80 and \$3.99 shipping for \$30.79 total, the amount was refunded to me. It is on sale at <u>www.newegg.com</u> for \$39 with a \$10 mail in rebate and \$3 shipping, but I do not think I really need it, so for now I will not order it.

I have to make a \$119 <u>www.geico.com</u> insurance payment in April 2009, so I have to save my money.

I have an 11 A.M. appointment tomorrow and another 3 P.M. appointment.

I will now eat the same dinner as the last five nights. CIO

Note: <888> 03/11/09 Wednesday 1:45 A.M.. Tracking is <u>UPS: Tracking Information</u> on the order for <u>Labtec Stereo Speakers with Bass Port & Volume Control - eBay (item</u> <u>170306079558 end time Mar-26-09 14:55:21 PDT)</u> for \$8.99 with free shipping.

NASA plans improved 'Internet in space' -- Government Computer News

Who's Obama Kidding? - Forbes.com

Careers - Big Brother - IBM in Layoff Crosshairs

Earthquakes Did You Feel It?

ISRSE - Programme

<u>Security Products: Integrated Product and Technology Solutions for Security Professionals</u> -- Security Products

BBC NEWS | Asia-Pacific | Dalai Lama at critical crossroads

BBC NEWS | Science & Environment | Acidic seas fuel extinction fears

I will now shut down the primary Vista computer, and I will go to bed soon. Have a good morning. Today's high is suppose to be 53 degrees Fahrenheit with a few showers. CIO

Note: <888> 03/11/09 Wednesday 12:45 A.M.. I went ahead and bought <u>BOSCH 10PC</u> <u>TITANIUM DRILL BIT SET - eBay (item 360131579206 end time Mar-15-09 11:04:27</u> <u>PDT)</u> for \$8.99 and \$2.99 shipping for \$11.98 total. I figured they are the best value for the buck. There is no point in having a new drill without high quality drill bits. CIO

Note: <888> 03/11/09 Wednesday 12:25 A.M.. I already have this kit <u>AS SEEN ON TV -</u> 301 TITANIUM DRILL BIT SET - NEW SEALED - eBay (item 180307893148 end time <u>Mar-19-09 21:49:10 PDT</u>), but one of its bits seem to have bent recently.

I could buy this kit to have spare drill bits <u>NEW 14 PIECE TITIANIUM DRILL BIT SET</u> - eBay (item 250382335615 end time Mar-31-09 19:51:53 PDT), but I think I am good for now.

This might be a better kit <u>BOSCH 10PC TITANIUM DRILL BIT SET - eBay (item</u> <u>360131579206 end time Mar-15-09 11:04:27 PDT</u>), but as I said there is no rush. CIO

Note: <888> 03/10/09 Tuesday 11:25 P.M.. I might order one of these drill sets or both a driver and a drill set, when I have the spare funds <u>eBay Seller: rorytotherescue: drill set</u>, <u>Home Garden items on eBay.com</u>. However, there is no rush at the moment, and I could probably even wait to check out the Black and Decker store in Kittery, Maine this summer.

Sears sells this one <u>Black & Decker 18 pc. Drill Bit Set - 71-931 at Sears.com</u>, so I could check the Greenwich Hardware store to see if they have a competitively priced item. They are a <u>www.acehardware.com</u> store, and they show this item <u>Ace - Ace Tree: Tools: Power</u> <u>Tools: Drills & Screwdrivers: Power Screwdrivers & Nutsetters: Bit & Nutsetter Accessory</u> <u>Sets: Black & Decker® 60 Screwdriver Bit Set (71-962)</u>, however they might have this <u>Ace</u> <u>- Ace Tree: Tools: Power Tools: Drills & Screwdrivers: Drill Bits & Bit Sets: Specialty Bit</u> <u>Sets: Ace® 25 Piece Drill Drive Set (100308)</u> which for \$15.49, I might get, when I have the funds. Of course this would be the better item <u>Ace - Ace Tree: Tools: Power Tools: Drills</u> <u>& Screwdrivers: Drill Bits & Bit Sets: High Speed Steel Bit Sets: Ace® 114 Piece Drill &</u> <u>Driver Accessories Set</u> for \$24.99 and these other ones are listed here <u>Ace Drill Bit sets</u>. However, at the moment, I do not anticipate any repair projects, but it does not hurt to be prepared. CIO

Note: <888> 03/10/09 Tuesday 9:35 P.M.. I woke up at 11 A.M. this morning. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up. I threw out the garbage, and I chatted with a neighbor. I chatted with a friend. I read the two recent issues of <u>www.forbes.com</u> and the special issue, and I also read the recent issue of Computer Shopper and the past two issues of Maximum PC. I went outside, and I chatted with a neighbor, and I picked up my mail.

On the order for <u>Computers All Services PNY Optima - Memory - 1 GB - DIMM 184-pin - DDR - 400 MHz / PC3200</u> for \$26.80 and \$3.99 shipping for \$30.79 total, I called them up, and it never went through, so the amount will be taken off my account in a couple of days. I do not know if I will reorder it then or not.

About 6 P.M. the orders from the Black and Decker Outlet in Kittery, Maine <u>The Kittery</u> <u>Outlets</u> at 1-207-439-5681 a <u>Power Tools: Black and Decker</u> a <u>Black & Decker Power Tools</u> <u>3/8'' VSR Clutch Drill/Driver with Storage Bag Model # DR330B</u> for \$39.99 and \$2 tax and \$8 shipping for \$49.99 total arrived.

Also the order with tracking of <u>UPS: Tracking Information</u> on the order for two <u>Logitech</u> <u>Cordless Click Optical USB Wheel Mouse - eBay (item 170306083663 end time Mar-26-09</u> <u>15:11:21 PDT</u>) for \$6.99 each for \$13.98 total arrived.

I put the drill parts that I have with the Black and Decker dill in its bags in its box, and I stored it in the lower left side of the sweater closet in the hallway.

I installed the two Logitech mice with their software on the two Dell Latitude CS laptop computers. I installed them into the USB port devices, and I downloaded the software and installed it, and the software prompted me to install a more recent update. I had to press the reset button on the USB device and the reset bottom on the bottom of the mice to reset the wireless signal, but now they work just fine.

I installed the updates on the primary Vista computer, the FIC server, and the two Dell Latitude CS laptops computers.

I threw out the shipping boxes. I chatted with a relative. I will now eat the same dinner as the last four nights. I also made a couple of other telephone calls today to no avail. CIO

Note: <888> 03/10/09 Tuesday 12:45 A.M.. <u>Chinese Demand May Hold Key to Markets -</u> Forbes.com

<u>Microsoft Vista SP2 Release Candidate Hits General Availability - Software - IT Channel</u> <u>News by CRN and VARBusiness</u>

Fly your family home to Scotland!

17 inch Toshiba laptop \$500 Quantities are Limited - Don't Miss Out! Geeks.com

Here is all I can find about Chemstrand <u>Solutia.com - Cantonment, Florida (Pensacola)</u>. A relative told me, their Acrylan Plant in Decatur, Alabama now makes cat food.

<u>Solutia.com - Welcome to Solutia Inc., leading supplier of specialty products!</u> seems to have bought Chemstrand, but they are still in St. Louis where its previous owner <u>www.monsanto.com</u> probably still is.

BBC NEWS | Science & Environment | 'More bad news' on climate change

BBC NEWS | Technology | Modular Windows plan 'welcomed'

I am a bit tired, so I will now shut down the primary Vista computer, and I will go to bed soon. High today of 39 degrees Fahrenheit with mostly cloudy conditions. CIO

Note: <888> 03/09/09 Monday 8:55 P.M.. I woke up at 6 A.M. this morning, and then I went back to bed until noon. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up. I threw out the garbage, and I chatted with a neighbor. I chatted with a friend who is going to visit out in Greenwich, Connecticut on Easter Sunday.

My friend want to know how to get television off the internet, and I told them about <u>www.dtv4pc.com</u>, but that costs \$30. If you look at this page <u>wwiTV.com - The ultimate</u> <u>guide to Live TV webcasts.</u>, you can get the direct broadcast links without paying any money.

I read the back issue of the recent computer periodical literature. I then threw them out in the garbage. I chatted with a neighbor, and I picked up the mail.

There still is a lot more jet traffic than usual.

I ate the same dinner as the last two nights. I chatted with a relative, a friend, and two out of town security officials.

My relative in Vero Beach, Florida saw John Howard this evening <u>Former Australian</u> prime minister favors capitalism over spending to mend economy : Indian River County : <u>TCPalm</u>.

I bought <u>Labtec Stereo Speakers with Bass Port & Volume Control - eBay (item</u> <u>170306079558 end time Mar-26-09 14:55:21 PDT)</u> for \$8.99 with free shipping. I will use them for the Digital Television on the primary Vista computer. CIO Note: <888> 03/08/09 Sunday 10:55 P.M.. I chatted with a relative earlier. I microwaved a bag of popcorn, which I ate with a glass of watered down passion punch. I will now shut down the primary Vista computer, and I will go to bed soon. Have a good night. CIO

Note: <888> 03/08/09 Sunday 9:45 P.M.. <u>BBC NEWS | Americas | British Antarctic claims</u> rejected

BBC NEWS | Science & Environment | Nasa launches Earth hunter probe

I chatted with a relative.

These web sites have accessory items for computers.

eBay Seller: gro ovytech: Computers Networking, Video Games items on eBay.com

<u>eBay Store - JustDEALS Inc: Gampad Joystick Game Devices, Networking Modems,</u> <u>Speakers Subwoofer</u>

JustDeals.com Inc. CIO

Note: <888> 03/08/09 Sunday 8:05 P.M.. I ate the same cold beef dinner that I eat after I cook an eye round of beef. I went outside, and I moved my Audi to its usual place. I chatted with a neighbor. There is a lot of jet traffic <u>Westchester County - AirportMonitor - by Megadata - powered by PASSUR</u>, so I guess people are coming back from their weekends away from home. Tomorrow there is suppose to be a high of 43 degrees Fahrenheit with rain all day. CIO

Note: <888> 03/08/09 Sunday 5:55 P.M.. During the night, I ate 10 dried prunes. I woke up at 8:30 A.M.. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I went back to bed until 11 A.M.. I did two loads of laundry. I put clean linens on my bed. I ate two hot dogs with buns and mustard and ketchup and 1/4th of a 5.5 ounce tube of Pringle sour cream and onion potato chips and a dill pickle slice and a glass of watered down passion punch. I chatted with a friend earlier. I showered, and I cleaned up. I went out, and I went by the Chase Bank just west of Greenwich Avenue, and I used the ATM machine there. I walked the entire length of Greenwich Avenue and the train station area. I chatted with somebody from the Ukraine. I chatted with a couple of locals. I browsed the circular at CVS. I then returned home. I saw two Maybachs driving up North Maple Avenue, as I was waiting for the light on Milbank Avenue. When I returned home, I chatted with a relative. CIO

End of Scott's Notes week of 03/07/09:

Note: <888> 03/07/09 Saturday 10:00 P.M.. <u>BBC NEWS | Europe | Dutch recover missing paintings</u>

I chatted with two relatives

The Greenwich Hardware store told me today, they had to lay off four of their staff members. I told them that if one lives in a vintage 1920s type house the Wright Brothers Hardware store in Manhasset, Long Island carries a lot of the hardware items and other repair items for older houses similar to the houses in our area.

The new building going in just north of the Knapp Funeral home where the Gap store use to be is going to be a <u>Ralph Lauren</u> store. They already have a Polo store further north. Of course there is a Ralph Lauren outlet store in Kittery, Maine <u>Polo Ralph Lauren</u> <u>Factory Store in Kittery, ME 03904 - Clothing Stores by Grayboxx</u> at 1-207-439-6664 that might have what you are looking for at a cheaper price, and you could call them up, and they could ship it to you.

I chatted with a relative again. I was told that Daylight Savings Time Begins this morning at 2 A.M. <u>WikiAnswers - When does daylight savings time change in Spring 2009</u>, so you have to set your clocks and watches ahead one hour before you go to bed. I will now send out my weekly notes. I will then shut down the primary Vista computer, and I will set my time pieces ahead one hour, and then I will go to bed. I have to do laundry, when I wake up in the morning. CIO

Note: <888> 03/07/09 Saturday 8:05 P.M.. Somebody still answers the telephone here <u>Embassy/Saudi Information</u>, but Saudis do not drink liquor or alcohol, so they probably do not throw any parties.

Earn Extra Money—Fast! CIO

Note: <888> 03/07/09 Saturday 6:40 P.M.. After dinner, I put the GEICO automobile insurance card that starts April 8, 2009 in the glove box of the Audi with the Connecticut registration. I threw out the garbage. I chatted with a neighbor.

At <u>www.cl-p.com</u> the actual amount of usage for February 2009 was \$161.10 compared to \$176.04 a year ago.

That is for 30 days. The average temperature in February 2009 was 31.6 degrees Fahrenheit compared to 34 degrees Fahrenheit a year ago.

I used 808 kWh for 30 days compared to 966 kWh for 33 days a year ago.

I used 26.93 kWh a day compared to 29.27 kWh a year ago.

They still have me on Rate 5 delivery, although in early December 2008, I asked them to put me on the night rate. CIO

Note: <888> 03/07/09 Saturday 5:20 P.M.. I woke up at 8 A.M. this morning. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin

with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I chatted with a relative and a friend. I was told that houses in South Hampton are going for 20 cents on the dollar. I showered, and I cleaned up. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I chatted with a couple of locals. I toured the Greenwich Hardware store, and they have an older model Black and Decker drill with a cord for \$47 plus tax, so I think my newer model is a better deal. I toured CVS. I chatted with one of the local walkers for a while. There seemed to be a lot of people out exercise walking today on the warmer day in the 60s degrees Fahrenheit. I noticed Morgan's Interior Decorating on Arch Street is still flying the Swedish flags. During my walk, I bought a Beginners Luck scratch card at the Greenwich Cigar store for a dollar, but I lost. I did a get a horse shoe, but you need two other identical amounts to win with a horse shoe. Scratch cards are very complex in Connecticut. I then went by the Stop and Shop, and I bought a top round eye roast for \$3.99 a pound for \$14.68 total. I used the ATM machine at the Chase Bank at the Stop and Shop plaza. I then returned home. I picked up the mail. I got my new www.geico.com registration cards, so starting in April 2009, I have to start making the four GEICO insurance payments on the six month policy, so I will not have extra money for computer parts. I do not really need any other parts anyway. I also got my www.cl-p.com bill, and the amount of usage for February 2009 was \$161.10 which has already been paid. It is so low, because I do not use the electric heat. I am cooking the eye round roast the way I usually do. I will eat two half inch thick slices with steamed vegetable with olive oil and watered down passion punch and vegetable water Salada green tea with splend and lemon juice. I will refrigerate the remaining eye round in a Rubbermaid Container. The last time we had a recession, they made the Aga Khan the U.N. High Commissioner for refugees, and the country came out of a recession. CIO

Note: <888> 03/07/09 Saturday 12:10 A.M. About the only thing unusual going on in my field of focus on the internet is Alaska Volcano Observatory - Redoubt - Activity Page . Of course there are 75,000 volcanoes on the planet Earth, so it is usually the one that one forgets about that causes all of the trouble. In any case, we did seem to have had a colder winter this winter, but as I recall it was not as cold as the winters of 1981 and 1982, when I was living in General William Westmoreland's wife's family town house on West 74th street in Manhattan with the wife of a www.state.gov official. However back then the Saudi Arabian Flag was always flying next door the U.S. flag at the Waldorf Astoria, so some people had a bit of heat in Manhattan. I had a \$5 black and blue street vendor parka that was about a half inch thick, but I was younger then. On cold winter's nights I frequently found shelter in a pub behind the Natural History Museum, and about the only thing unusual that happened in the Columbus Avenue neighborhood was John Lennon was shot, and as I recall a Chicago Pizza joint called Pizza Uno moved in the neighborhood behind the Natural History Museum. Since I did not have a car after the week of election day 1980 until about October 1986 in Greenwich, I did a bit of walking where ever I was including my December 1980 trip to Frankfurt, Germany and my February 1983 trip to Oslo, Norway. Alas nobody wanted to keep me in those countries, so I was left returning back to this area, where they all seem to think I am a foreigner, although the Scott family has lived here and it is well documented for 400 years. Of course some people just think we are in

the toilet paper business, but that is another branch of the family. As far as I know we are a railroad family from Champaign, Illinois with minor investments in farming, and alas, since I do not know either business too well, I branched out into my own computer efforts many years ago. There are other branches of the family that are more prosperous, but I think the branches of the family that are more prosperous in the New York area might be more recent arrivals. Whatever, the real case I have a certain level of experience in computers that some people probably do not have. Also I learned to type, when I was about 15 years old at the Eastern Middle summer school in Greenwich, Connecticut. I think we used IBM electric typewriters. My high school graduation gift was a Smith Corona typewriter that I used through college. I think I gave it to a relative or the Hospital Thrift shop, once I was into computers. I still have a typewriter here that I never use that a relative gave me. However, since in school I was somewhat technical, I was not very good in grammar and punctuation and spelling. However, the Microsoft Word Processor helps with the spelling.

From a more academic point of view, I do not know much about Wall Street, but I do know a little bit about Economics, since I have a B.A. degree in Economics from <u>www.lfc.edu</u>. Alas, when Jim Warburg wrote my recommendation to study Economics at Lake Forest College to Mr. Douglas, there were two different Mr. Douglas in Lake Forest, Illinois. One was the President of Quaker Oats, and the other one had been Franklin Delano Roosevelt's Secretary of the <u>www.airforce.mil</u>, so I probably ended up dealing with both groups. I do eat Quaker old fashioned oatmeal for breakfast, and I have lived around the Quakers in Nantucket and Greenwich and Long Island, but here and Nantucket and elsewhere, including Manhattan, there were also quite a few people from the Air Force. It is my viewpoint that since I never seem to get a regular job, I spend most of my time giving free advice to people whom only seem to know television reality.

Whatever the real story as far as I am concerned, you would have to study my over 10,000 pages on my web site to get a better picture of it all, and I obviously can not give it all out in a ten minute summary or a one page summary, for those people with short attention spans.

I am a bit tired, so I will now shut down the primary Vista computer, and I will go to bed soon. Stay warm. High today of 58 degrees Fahrenheit. CIO

Note: <888> 03/06/09 Friday 10:45 P.M.. I ordered a third identical memory strip for my primary Vista computer <u>Computers All Services PNY Optima - Memory - 1 GB - DIMM</u> <u>184-pin - DDR - 400 MHz / PC3200</u> for \$26.80 and \$3.99 shipping for \$30.79 total. However, when I placed the order, I got a page of Oracle Data errors, but the charge came off my account. I emailed them about it. CIO

Note: <888> 03/06/09 Friday 9:30 P.M. After my walk today, I also went by the Greenwich Library. Quite a few of the regulars seem to be missing. CIO

Note: <888> 03/06/09 Friday 9:25 P.M.. <u>On Sale - Buy new, factory-sealed Creative Labs</u> <u>MP3 players, sound cards, speakers, cameras, and more</u>

CompUSA.com Sale ends tonight

Microsoft admits users will be able to turn off IE 8 in Windows 7 | All about Microsoft | ZDNet.com

Coke Pops For China - Forbes.com

The Greenwich Land Trust

Jobs Drop Does Not Rock Stocks - Forbes.com

Lloyds May Land In Her Majesty's Lap - Forbes.com

<u>How to Survive and Succeed in Tough Economic Times in the Retail Industry - Enterprise</u> <u>Applications</u>

\$20 with free shipping Microsoft Wireless Laser Mouse 6000 v2.0 - QVA-00001 - Buy.com

Michelangelo birthday

Tutankhamen (king of Egypt) -- Britannica Online Encyclopedia

Kindle 2: Amazon's New Wireless Reading Device (Latest Generation)

Tracking is <u>UPS: Tracking Information</u> on the order for two <u>Logitech Cordless Click</u> <u>Optical USB Wheel Mouse - eBay (item 170306083663 end time Mar-26-09 15:11:21 PDT)</u> for \$6.99 each for \$13.98 total.

BBC NEWS | Science & Environment | Telescope hunt for other 'Earths'

BBC NEWS | Science & Environment | Horses tamed earlier than thought

BBC NEWS | Technology | Scrutiny of Microsoft scaled back CIO

Note: <888> 03/06/09 Friday 6:05 P.M.. I went out after the last note. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I chatted with a local. I used the bathroom at the senior and the arts center. I stopped by CVS, and I read the store circular. I finished my walk, and I sat out on a nice day for a while. I then went by the Stop and Shop, and I bought a 8 pack of Stop and Shop hot dog buns for \$1.67, a 3 liter container of Filipo Bario extra virgin olive oil for \$21.99, four 12 ounce packages of Hebrew National reduced fat hot dogs for \$3.50 each package, fresh Chiquita bananas for .68 a pound for \$1.75, a bulb of garlic for \$2.99 a pound for .42 for \$39.83 total. I then returned home. I brought up my purchases and the mail. I put the groceries away.

The order from <u>Amazon.com: RiteAV - USB 2.0 A to Mini-B 5-pin Cable 15ft.: Electronics</u> from the bottom one here from New York <u>Amazon.com: Used and New: RiteAV - USB 2.0</u>

<u>A to Mini-B 5-pin Cable 15ft.</u> for \$2.99 and \$4.99 shipping for \$7.98 total arrived in the mail. I put it with the Hawking wireless LAN device in its box in the bedroom on the Visioneer scanner to the left of the bedroom gigabyte computer. I was told by the Black and Decker outlet in Kittery, Maine today, there is a lot of snow up there.

I will now make and eat the last of the same dinner as the last five nights. CIO

Note: <888> 03/06/09 Friday 1:25 P.M.. I chatted with a relative. I ate two hot dogs on buns with 1/4th of a 5.5 ounce tube of Pringle sour cream and onion potato chips and a dill pickle slice and a glass of watered down passion punch. I will now shut down the primary Vista computer, and I will shower and clean up and go out downtown for a walk on a warmer day. CIO

Note: <888> 03/06/09 Friday 12:25 P.M.. I woke up at 9 A.M. this morning. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I watered the plants. I threw out the garbage and the old periodical literature. I said good morning to some neighbors.

I ordered from the Black and Decker Outlet in Kittery, Maine <u>The Kittery Outlets</u> at 1-207-439-5681 a <u>Power Tools: Black and Decker</u> a <u>Black & Decker Power Tools 3/8'' VSR</u> <u>Clutch Drill/Driver with Storage Bag Model # DR330B</u> for \$39.99 and \$2 tax and \$8 shipping for \$49.99 total. I do not use a drill too much anymore, but my old Sears Craftsman Drill is about 30 years old, and it does not work too well, and I figure I wanted a corded drill because the batteries on battery powered ones can wear out. They have three more left in stock, plus as I remember from last summer, they have a lot of the ones with batteries too.

I will now shower and clean up. It is a bit damp out today, so I might stay home and work at home. CIO

Note: <888> 03/05/09 Thursday 9:35 P.M.. I chatted with a relative. I will now shut down the primary Vista computer, and I will go to bed soon. Have a good evening. Low tomorrow morning is suppose to be 34 degrees Fahrenheit, so it might be warm enough to go out for a morning walk after breakfast. CIO

Note: <888> 03/05/09 Thursday 9:00 P.M. Friends of John McCain CIO

Note: <888> 03/05/09 Thursday 8:55 P.M. General Motors Crash Warning - Forbes.com

Exxon Fuels Growth With Cash - Forbes.com

Wal-Mart Scoffs At Recession - Forbes.com

Legislator moves to limit Google Maps because of terrorist threat

Bargains, Discounts, Markdowns, Deals, on Boots, Clothing, Outdoor Gear at Bargain Outfitters.

3 - Pk. Merino Wool Blend Socks, Men's Clothing, Elder Hosiery at Bargain Outfitters

Solar Moler, Lawn & Patio, Smart Solar at Bargain Outfitters

Good for Kennebunkport, Maine <u>Mosquito Head Net, O.D., Men's Clothing, Texsport at</u> <u>Bargain Outfitters</u>

PacificGeek.com - Dell GX240 P4 2.0 GHz Computer System with XP Pro GX240 2.0 System for \$80 and \$4.99 shipping with coupon code "FLAT499", and 7.77 off with "LUCKY777" and \$10 off \$50 with "GEEKSSAVE10" and coupons good through 3/31/09, must have account for 7 days and one coupon per order. CIO

Note: <888> 03/05/09 Thursday 8:05 P.M. I chatted with my neighbor about gambling yesterday, which I personally do not approve of. My sole exposure to gambling is limited. I mentioned that I had visited Arlington Race Track in Chicago, Illinois with Billy Morgan whose grandmother had a box there. I once visited the old Paradise Island in the Bahamas Casino with a fellow Richard Mercy that looked like Prince Charles and his cousin Romsey along with the Shah of Iran's wife and her body guard. I once drove through Las Vegas, but I was too broke to enter a casino. I once went to Saratoga to the Travers with Richard Van Marter and George and Julie Cary, and I bet \$5 on the winning horse Corporate Report in the Travers, and I won \$40. When I visited Oslo, Norway in February 1983 I went to the Bristol Hotel there http://www.thonhotels.no/bristol, and they had a small gaming room. I stayed at the West Hotel in Oslo, Norway which was just behind the Royal Palace kongehuset.no - English, when King Olaf was King, and I used to see him walking around the park in front of the Palace. My stepfather's son also owns a bed and breakfast near the Casinos in Eastern Connecticut. I also use to be a neighbor of the Trumps, when I lived on Steamboat Road, so I used to see them around. When I took the train a number of times from Florence, Italy to Spain and back, I might have traveled through Monte Carlo, but I never got off the train. Thus my gaming experience is quite limited. However, having been awake at night, so many years, I might have seen some gamblers who generally are late night people. George Cary works for www.nyra.com and my neighbor told me he occasionally goes to the slot machine casino at the old Yonkers Rack Track, where they have five thousand slot machines. They also use to have a card room at the Greenwich Country Club, but when I used the facility, I was too young to use it. I also once went to the OTB in Norwalk, Connecticut and I bet on five shows for \$2 each on the Kentucky Derby, and I lost about 15 years ago. Over the last 26 years here in Greenwich, Connecticut, I have probably played about 70 scratch cards and lottery tickets, and I have won about \$160 before the cost of the lottery tickets and scratch cards, so I am not what you would call a hard core gambler. I was also at the Directors Room at the Oueen Mum's Cup in July 1972 at the Fort Erie Race track outside of Toronto, Canada with the Cary family and the Queen Mum who presented the trophy with George Cary's mother. I recall placing a few two dollar Canadian bets. CIO

Note: <888> 03/05/09 Thursday 7:15 P.M.. I transferred ownership to myself of the two Dell Latitude CS laptop computers and the spare Dell Latitude CS laptop motherboard at this link <u>Dell - Ownership Transfer</u> and on this page <u>Dell - Ownership Transfer</u> you can transfer multiple items. You have to enter the Service Tag number, which on the Dell Latitude CS laptop is the five alpha numbers on the under side of the unit. CIO

Note: <888> 03/05/09 Thursday 6:15 P.M.. I moved my car to its usual place. I chatted with www.ups.com making a delivery. It does not seem to be too busy at the ice skating rink. During making and eating dinner, I watched www.foxnews.com covering the deepening recession. Not much seems to be happening around here. Tomorrow is suppose to have a high of 47 degrees Fahrenheit, a high of 57 degrees Fahrenheit on Saturday, and a high of 62 degrees Fahrenheit on Sunday, and a high of 52 degrees Fahrenheit on Monday with it cloudy on all of those days before it gets colder again, so possibly with the warmer weather, I might try to get our for a walk a bit more. There is nothing I need to buy in terms of http://mikelouisscott.com/bf.htm off the internet, so I guess I will just continue to maintain my version of the status quo, as I have learned to perceive it. I guess there are a lot of newly poor in the area, and they possibly could learn from my web sites about how to get buy in hard times. Unfortunately a lot of the formerly prosperous business community really are not from this area, so when they become unemployed or broke, they usually end up returning to those places where they were originally from as opposed to roughing out hard times here. Unfortunately for me, I am from here, so I roughed out the good times here, so obviously I will not be going any place soon except for possibly Greenwich Avenue some time in the near future. It will be interesting to see if people can still afford to sit in Starbucks all day long like they did when times were better off. CIO

Note: <888> 03/05/09 Thursday 4:20 P.M.. I went to my 3 P.M. appointment. I then went by the Greenwich Automotive Services Gulf gasoline station, and I bought \$7 of self service premium gasoline at \$2.539 a gallon for 2.757 gallons at odometer reading of 62,218 miles at 32.2 miles driven since two weeks ago at 11.679 miles per gallon driving mostly in local traffic. I cleaned the outside windows, and I checked the tires for 32 PSI. I then returned home. I picked up the mail. I said hello to some neighbors. I will now cook the same dinner as the last four nights. CIO

Note: <888> 03/05/09 Thursday 2:00 P.M. I chatted with the same relative again.

World's Most Dangerous Countries - Forbes.com

Celebrate Whisky during Homecoming Scotland

Duro-Med Adjustable Folding Fancy Cane with Derby Top Wood Handle

Hugo Folding Cane - Black

<u>Global Volcanism Program | Volcanic Activity Reports | SI / USGS Weekly Volcanic Activity Report |</u>

AOGS

An official workshop of the International Association of Volcanology and Chemistry of the Earth

BBC NEWS | Science & Environment | Dancing black hole twins spotted

I will now shut down the primary Vista computer, and I will get read to go out for my 3 P.M. appointment. I probably will be coming back directly from it. CIO

Note: <888> 03/05/09 Thursday 1:20 P.M. I chatted with a relative. CIO

Note: <888> 03/05/09 Thursday 12:40 P.M.. I chatted with a relative after the last note. I went to bed, and I woke up at 8:30 A.M. this morning. I made my bed. I showered, and I cleaned up. I went out to the Greenwich Hospital Laboratory, and I had my blood drawn for a cholesterol test. I then went by the Chase Bank just west of Greenwich Avenue. I then went by the Wachovia Bank on Havemeyer Place, and I paid my rent to the Greenwich Housing Authority. I then returned home. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. The electricity went off for about a minute. The Digital Cable Box would not work, so I called up <u>www.cablevision.com</u> and by turning off the power to the box and turning it back on, the Digital Cable television is now working. I chatted with a relative. I have a 3 P.M. appointment this afternoon.

<u>Barbara Bush Recovering After Successful Heart Surgery - Presidential Politics | Political</u> <u>News - FOXNews.com</u> CIO

Note: <888> 03/04/09 Wednesday 8:15 P.M.. I chatted with a relative. I am a bit tired. I will now shut down the primary Vista computer, and I will go to bed soon. Tomorrow is suppose to have a early morning low of 10 degrees Fahrenheit, but it is suppose to be mostly fair and sunny with a high of 37 degree Fahrenheit. I have to get up in the morning to have my blood drawn at the Greenwich Hospital Laboratory for my cholesterol test, and I am not to suppose to have breakfast, so whenever I wake up, I can not eat until I get the lab work done. I could always wait for a warmer morning, but I have to get the lab work done in time for my follow up with the doctor who will review the lab test in about a week. Stay warm. CIO

Note: <888> 03/04/09 Wednesday 7:50 P.M.. <u>BBC NEWS | UK | UK Politics | Seize the</u> <u>moment, Brown urges US</u>

BBC NEWS | Entertainment | Beatles stars to play charity gig

Notebook: Kennedy's Knighthood - CBS News Video

'Mockingbird,' 'Mercies' screenwriter Foote dies - CNN.com CIO

Note: <888> 03/04/09 Wednesday 5:25 P.M.. I picked up the mail. I got my rent statement from the Greenwich Housing Authority. I chatted with a neighbor about the price of tea in China. I will now make and eat the same dinner as the last three nights. CIO

Note: <888> 03/04/09 Wednesday 4:00 P.M.. \$2,000 Scotch <u>\$2,000 Glenlivet Scotch</u>

TS2 for Partners: BPOS, Virtualization, & SBS/EBS 2008 at some place called New York City March 24, 2009

Al Bell

When I upload my files to <u>www.geocities.com</u>, the Nero Scout program in the My Computer folder was causing the file browsing to hesitate for a long period. I found this page <u>Help2Go - free computer help and advice - Disable Nero Scout in Nero 7</u> to disable it. On my Vista computer, I had to do a Safe Boot With Networking, and then I got the command from the web page, and I used the Run Command, and I copied and pasted regsvr32 /u ''%COMMONPROGRAMFILES%\Ahead\Lib\MediaLibraryNSE.dll'', which one can do with CTRL C and CTRL V, and it worked to eliminate Nero Scout.

I checked the mail, and it still has not arrived. I chatted with a neighbor.

The neighbor wanted me to go to <u>www.webmd.com</u> and research "triglyceride" and print out what I can find. I printed out about 20 pages of information, and I gave it to my neighbor. My neighbor can not eat fish, so he can not get the benefits of Omega-3 acids.

I went downstairs, and I checked the mail again. I put a new AA alkaline battery in the wall clock in the community room, and I took its clear plastic face off and reinstalled it, and I reset the clock hands, so they should not slip anymore.

The order from <u>www.ordersmokesdirect.com</u> 10 cartons of King Mountain Ultra Lights in a box for \$18.49 a carton and \$24.43 shipping for \$209.33 total arrived.

The order with tracking of <u>Newegg.com - Computer Parts, PC Components, Laptop</u> <u>Computers, Digital Cameras and more!</u> on the order for <u>Newegg.com - PLANTRONICS</u> <u>.Audio 70 3.5mm Supra-aural Analog PC Headset</u> for \$6.99 with free shipping arrived. I put it on the second Dell Latitude CS laptop computer. I moved the generic one from there to the Toshiba laptop computer.

The order with tracking of <u>USPS - Track & Confirm</u> on the order for two <u>Amazon.com: 6ft</u> <u>USB Type A Male to Mini B (5 Pin) Male Cable: Electronics</u> for a penny each and \$5.96 shipping for \$5.98 total arrived. I put both cables with the Hawking wireless LAN receiver in its box.

I will now check the mail. CIO

Note: <888> 03/04/09 Wednesday 12:45 P.M.. I ate two hot dogs on buns with mustard and ketchup and 1/4th of a 5.5 ounce tube of Pringle sour cream and onion potato chips and a dill pickle slice and a glass of watered down passion punch. I threw out the garbage. CIO

Note: <888> 03/04/09 Wednesday 11:30 A.M.. I woke up at 8 A.M.. The order with tracking of

http://www.fedex.com/Tracking?ascend_header=1&clienttype=dotcom&cntry_code=us&la nguage=english&tracknumbers=075570061351372 on the order for from Outlet Center: Hard Drive Sale | Seagate, I bought two Seagate 3.5 inch PATA Internal Drive 300 Gigabyte hard drive kits for \$39.99 each and \$7.99 shipping for \$87.97 total arrived. I stored the spare hard drive in the bookcase behind the Sony television in the living room.

For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I watched some television. Not much new seems to be on television. I threw out some garbage. I said good morning to some neighbors. I will now make up a fresh batch of passion punch. CIO

Note: <888> 03/03/09 Tuesday 10:25 P.M.. Since I was a Professional Dish Washer for about eight years during the last recession, I probably have thrown more hot water down the sink than most people have done in a life time. It still bothers me to throw hot water down the sink, since it takes so much energy to warm it up. One could use a heat exchanger on hot water waste drains to capture the energy and recycle it. This evening when I made my usual vegetable mixture, which consists of putting about .75 inch of water in a plastic microwave proof pot about 5 inches in diameter and five inches high with lid from Wal-Mart, and then I add one medium potato diced into .35 inch to .50 inch cubes with skin, and about 10 baby carrots, and four or five small broccoli sprigs, and I microwave it with the lid on for four vegetable cycles on the 1100 watt G.E. microwave oven. Instead of draining the water out with the lid down the drain, I put it in a cup with a salada green tea bag, and I let it steep during dinner, and then I drank it with a package of splenda and a couple of teaspoons of lemon juice. When one steams vegetables a lot of the vitamins and minerals go into the water, so by drinking the tea made out of the water, one gets a bit of nutrition. Also it tastes like a weak broth. I also put a couple of teaspoons of olive oil on the steamed vegetables after I drain them.

I chatted with a relative, and I chatted with a friend about museums. Apparently the Smithsonian Institute is getting a little hard up for money. I am a bit tired, so I will now shut down the primary Vista computer, and I will go to bed soon. I still wander if anybody ever found anymore dinosaur remains around the Walter Jackson School ditch on the southwest side of the play ground in Decatur, Alabama. This coming morning the low is suppose to be 12 degrees Fahrenheit with a sunny day ahead, so stay warm. CIO

Note: <888> 03/03/09 Tuesday 7:15 P.M.. It took a while to find, but here is the page with the external mirror 1 link for the Logitech ClickSmart 510 digital camera and web cam which is the same software and drivers as the 310 model Logitech ClickSmart 510 Driver

<u>for Windows 9X/ME/NT/2K/XP/2003/Vista/XP X64/2008 Free Download - Softpedia</u> or <u>http://www.logitech.com/pub/techsupport/quickcam/is730enu.exe</u>. You install the software and then reboot, and then it prompts you when to connect up the web cam. It works just great in XP on the Dell Latitude CS laptop computer. The software has a lot of features including motion detection.

I will now make and eat the same dinner as the last two nights. CIO

Note: <888> 03/03/09 Tuesday 5:50 P.M.. The order for Logitech ClickSmart 310 Video WebCam and Digital Camera: 961189-0403 JustDeals.com Inc. for one cent and \$6.95 shipping for \$6.96 total arrived. I assembled it including four AAA alkaline batteries in it. I will install the software and drivers for it on the primary Dell Latitude CS laptop computer shortly. I put it on the speaker behind to the right of the Dell Latitude CS laptop computer. I had a called from <u>www.ibm.com</u> from a call center in India. I chatted about the price of tea in India. It was for another free White Paper. CIO

Note: <888> 03/03/09 Tuesday 5:05 P.M.. I went out to my 3 P.M. appointment. I then went to the Greenwich Hospital Thrift Shop. I chatted with a local whose mother just turned 100 years old. They are named after a soup company, so they are Scottish. I advised him that older Scottish people seem to do better if they occasionally drink a little bit of Scotch whisky, if they are not using mechanized equipment. I then returned home. I noticed there was an ambulance and four police cars at the Day Care Nursery in the Church across the street. I chatted with a neighbor adding antifreeze to his car. Most antifreeze that is sold around here is 50% antifreeze and 50% water, but if one were driving north of this area, one would want a higher concentration of antifreeze. However, with a higher concentration of antifreeze, one's car can overheat in the warmer temperatures of the summer. I spent a dollar on parking to today with all of the first of the month additional activity. I still have to pay my rent to the Greenwich Housing Authority once the rent statement arrives in the mail. Not much seems to be going on downtown, and everyone seemed to be a bit cold today. I suppose with the colder winter, it will be cold right up to the first of June. I think possibly I might be able to use my 8 year old G.E. Profile 15,500 BTU air conditioner this summer after they put in the new double pane windows. Although it is too big to fit into the air conditioner opening on the new windows, I could obviously open the window, and install it the same way it was previously installed. I picked up the mail, and I got the special issues of www.forbes.com. CIO

Note: <888> 03/03/09 Tuesday 1:55 P.M.. I chatted with <u>www.dell.com</u>, and they said once the change of ownership record goes through in a couple weeks, they can generate a new administrative password for the spare Dell Latitude CS motherboard. The building custodian showed up with three of the new window installers, and they checked out my apartment quickly. I will now shut down the primary Vista computer, and I will go out to my 3 P.M. appointment. <u>www.ibm.com</u> also called up, and they will call me after 4 P.M.. CIO

Note: <888> 03/03/09 Tuesday 12:20 P.M.. I woke up at 6:30 A.M. this morning. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin

with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I chatted with a friend whom is back from Florida. I showered, and I cleaned up. I went out, and I threw out the garbage. It was 11 degrees Fahrenheit this morning. It looks to be a clear day.

I went by the Stop and Shop, and I bought two half gallons of Florida Natural orange juice with calcium for \$3 each, two 26 ounce Bertolli Alfredo sauce for \$2.50 each, four Barilla 16 ounce linguine for \$1 each, three 48 ounce Ocean Spray cranberry juice for \$5 all, two 48 ounce Quaker old fashioned oatmeal for \$4.99 each, three 64 ounce Stop and Shop grape juice for \$2.50 each, two 12 ounce Stop and Shop honey bear honey for \$1.50 each, a quart of Stop and Shop lemon juice for \$2.50, a two pound bag of baby carrots for \$2.99, broccoli crowns for \$1.79 a pound for \$2.09, and a five pound bag of Maine potatoes for \$2.99 for \$51.04 total.

I then went by CVS, and I picked up a prescription. I bought a 1.5 ounce Just for Men Touch of Grey medium brown for \$6.99, and I had a coupon to get it free, so I got it for free. It is quite busy downtown. I returned home, and I put away my purchases. I brought my folding cart along to bring up the heavy items.

I will now eat two hot dogs on hot dog rolls with mustard and ketchup and 1/5th of 5.5 ounce tube of Pringle low fat potato chips and a dill pickle slice, and a glass of watered down passion punch. I have a 3 P.M. appointment today. CIO

Note: <888> 03/02/09 Monday 11:55 P.M. The order with tracking of UPS: Tracking Information on the order for Dell Latitude CS Laptop Motherboard Used For Parts - eBay (item 370156230208 end time Feb-08-09 08:55:19 PST) for \$19.62 with free shipping arrived. I chatted with a neighbor. The UPS delivery person said there was more like 10 inches of snow in this area. I used the primary Dell Latitude CS laptop computer memory, LCD monitor, keyboard and hard drive to set up the spare motherboard. However, it was password protected. I tried disconnecting the CMOS battery, and that did not work. I found the program latitude.exe and that gave me the Administrative password, but I still did not have the primary password. I tried updating the CMOS from Version 9 to Version 12, but that gave me a new setup, and latitude.exe does not work with version 12 of the CMOS. Thus I was locked out of the computer. I searched Google for a solution, and there was no easy answer. I filled out the transfer of ownership at Dell, and once that goes through, they are suppose to be able to generate me a password in a couple of weeks. I returned the primary Dell Latitude CS laptop to its original state, and I packed up the spare motherboard in its bubble wrap. It came with a 128 meg. memory chip and processor, so it is a good spare item, if I can get the password. I left the CMOS battery unplugged, in case after a longer time it clears the CMOS.

Dell BIOS Password Removal - TechSpot Troubleshooting

Dell BIOS Password Removal - TechSpot OpenBoards

<u>Title: Dell Latitude CS-Series protected by a password authentication system - TechSpot</u> <u>OpenBoards</u>

I ate two hot dogs on buns with ketchup and mustard, and 1/4th of a 5.5 ounce tube of Pringle low fat potato chips and a dill pickle slice and watered down passion punch. I will now shut down the primary Vista computer, and I will go to bed soon. I have a 3 P.M. appointment tomorrow. CIO

Note: <888> 03/02/09 Monday 5:50 P.M. <u>Paleontologist tells of searching for fossils, eating bizarre foods - Greenwich Time</u>

Hockey Jamboree raise money for Boys and Girls Club - Greenwich Time CIO

Note: <888> 03/02/09 Monday 5:25 P.M. <u>How to: Keep your laptop from being stolen |</u> <u>The Toybox | ZDNet.com</u>

Tracking is

http://www.fedex.com/Tracking?ascend_header=1&clienttype=dotcom&cntry_code=us&la nguage=english&tracknumbers=075570061351372 on the order for from <u>Outlet Center:</u> <u>Hard Drive Sale | Seagate</u>, I bought two Seagate 3.5 inch PATA Internal Drive 300 Gigabyte hard drive kits for \$39.99 each and \$7.99 shipping for \$87.97 total.

Tracking is <u>Newegg.com - Computer Parts, PC Components, Laptop Computers, Digital</u> <u>Cameras and more!</u> on the order for <u>Newegg.com - PLANTRONICS .Audio 70 3.5mm</u> <u>Supra-aural Analog PC Headset</u> for \$6.99 with free shipping.

The \$2,000 car you can't buy - MSN Money

Snowstorm Causes Delays and Closes Schools in Northeast - NYTimes.com

American Red Cross: Change a Life Contest Entry

BBC NEWS | UK | Magazine | Can people unlearn their naked shame?

BBC NEWS | Science & Environment | Mars had 'recent' running water

BBC NEWS | Technology | PC sales face 'worst-ever slump' CIO

Note: <888> 03/02/09 Monday 4:10 P.M.. For the people whom can afford to drive to the western part of Putnam Avenue in Greenwich, Connecticut, there is now a new Mobil station there with a Mini Market and a Dunkin Donuts that is opened 24 hours a day 7 days a week, so there is now even more night time drop in spots in this neck of the woods. Of course there is always the Shell Station on west Putnam Avenue and the Cumberland Farms across the border in Port Chester, New York, and from I can tell from the rear window my building the Exxon station at the entrance to Connecticut looks to be opened 24 hours, and of course the Colonial Diner downtown across the street from the Y.M.C.A. in

Central Greenwich is opened 24 hours, but you have to drive outside of town now to find a 24 hour grocery store, but in far eastern Greenwich, Connecticut on East Putnam Avenue the CVS and the Walgreen's stores are opened 24 hours, and here on West Putnam Avenue, I think the McDonalds is opened until 2 A.M., and I think the Wendy's is opened until midnight, so people use to Big City late night hours now have more places to go. I am about to drink a cup of Salada green tea with a packet of Splenda and a couple of teaspoons of Borden's lemon juice. I do not know if the Mobil station at West Putnam Avenue and Weaver street has WiFi or not. CIO

Note: <888> 03/02/09 Monday 3:30 P.M.. I woke up at 6:30 A.M. this morning. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I went back to bed until 10:30 A.M.. I made my bed. I threw out the garbage, and I cleaned about six inches of powdery snow off the Audi. The driveway was already plowed. I made and ate the same dinner as yesterday. I went back outside, and I drove my Audi in and out of its parking place to compact the snow down around it. I chatted with a relative and a friend. I was told by the relative in Florida that there is so much crime down in Florida with the recession on, that all of the gun stores are sold out of guns. They are also worried that Obama plans to take away United States citizens' right to own guns. I was told by a friend in Melville, Long Island, they had 14 inches of snow out there. I chatted with a local walker, and I suggested they should put a pawn shop up at the top of Greenwich Avenue where the vacant ski shop is. The town of Greenwich is so economically broke, they are planning to raise taxes to help pay for the money that was lost in the town of Greenwich Pension fund, which a lot of retired people depend on. I showered, and I cleaned up. I went downstairs, and I chatted with neighbors, and I picked up my mail. I also chatted with a relative in Texas, and I was told the United States Census bureau is paying \$30 an hour to take census information in the upcoming census. I chatted with a neighbor yesterday, and I was told by the neighbor, when he was driving back down here from up north, someone shot a bullet across his windshield, and I could see the mark on the windshield. The neighbor use to fish as the same location at the Southwest Picnic area, where I was shot at with a high powered rifle nine years ago during the last week of May. The neighbor use to fish there with a Greenwich, Connecticut policeman. CIO

Note: <888> 03/01/09 Sunday 8:50 P.M.. I chatted with a local fellow walker about the price of tea in China. If you should ever need to Text Message someone, this free text message web site is at <u>Free Text Messaging - Send Free Text Messages to Any Provider of SMS Texting</u>. The town of Greenwich, Connecticut or whatever will be left of it after the blizzard just sent me a dozen emergency notification telephone calls about the upcoming blizzard. They are calling for 9 to 14 inches of snow, but no coastal flooding for people in low lying areas. I have been awake since 9:30 P.M. last night, so I will now shut down the primary Vista computer, and I will go to bed soon. From my viewpoint the town of Greenwich, Connecticut probably has less money in this recession, so they might not be able to meet all of the essential services some of the town residents have come to expect. Since I am frequently on a night time schedule, I am not that well versed on the daytime activity around here. From what I know, it seems rather strange that every time there is a

major weather emergency, I have some unexplained computer problems, like I did this morning. If you understand the nature of the internet, it could come from half way around the world, or the next room. However, the problem I experienced today would lead me to believe that some party or parties gained access to my apartment while I was out for a walk and doing grocery shopping, since it seems unlikely the computer LAN drivers would be deleted, when the computer was shut down. That would lead me to believe that someone knows how to gain access around the password, and how to get around my rather simple security setup. However, since it frequently also happens on Thursdays, when I have a standing appointment, it is hard to tell if it is coincidence or not. That is why I keep multiple backups and multiple computers and multiple spare parts based on my limited budget. Since when I do not go out as much anymore, the systems do not seem to experience problems, it would lead me to believe that there might possibly be a problem with an unknown intruder. When I first got into the personal computer experience about 20 years ago, I met someone who knows something about computer security, and he was on the Greenwich RTM that decided to rebuild this building and he was a personal friend of Nan Rockefeller. Alas Roger Schultz may not be alive anymore, since he weighed over 600 pounds or more, but he did know quite a bit about computers. I do not think he would be able to fit into my apartment at the moment, but he might be available for anyone else who can afford to feed him. I do not have his telephone number or email address, but he lived across the street from The ABB Group - Automation and Power Technologies which is a Swiss and Swedish engineering company formerly Combustion Engineering. I recall the street was a side street just to the east of ABB off Long Ridge Road in Stamford, Connecticut, but he did not seem to prosperous in that it was only about a 600 square foot house, and he was doing some web design for Schweppes.com which is another one of those companies, you do not hear much about anymore. He had a colleague from Vermont, he use to chat with frequently. Well, have a good evening, and do not buy any snow shoes or bear traps, until you are sure you need them. CIO

Note: <888> 03/01/09 Sunday 5:55 P.M.. Latest information, on something that might make it colder next winter <u>Alaska Volcano Observatory - Redoubt - Activity Page</u>. CIO

Note: <888> 03/01/09 Sunday 5:45 P.M.. I went outside, and I threw out some garbage. I chatted with a neighbor. Not much seems to be going on from what I can tell. I guess with the upcoming blizzard coming people are getting ready to be inside for a day or two. CIO

Note: <888> 03/01/09 Sunday 3:20 P.M.. I ate a baked breaded and seasoned boneless breast of chicken breast with my usual steamed vegetable mixture with olive oil and a glass of watered down passion punch and the last piece of pumpkin pie. I chatted with a relative. I notified a few people about the weather. CIO

Note: <888> 03/01/09 Sunday 1:05 P.M.. <u>Paul Harvey dies at 90; radio personality known</u> for his distinctive delivery - Los Angeles <u>Times</u>

In Letter, Warren Buffett Concedes a Tough Year - NYTimes.com

Tracking is <u>USPS - Track & Confirm</u> on the order for two <u>Amazon.com: 6ft USB Type A</u> <u>Male to Mini B (5 Pin) Male Cable: Electronics</u> for a penny each and \$5.96 shipping for \$5.98 total.

Buffett Bloodied But Not Bowed - Forbes.com

Letter To Berkshire Hathaway Shareholders - Forbes.com

The Science Business by Matthew Herper

Aon Benfield UCL Hazard Research Centre

JKASP-2009 Conference

University of York, Environment Department

Printable application forms for Graduate study - The University of York

Canada's Finances Turn Cold - Forbes.com

BBC NEWS | Asia-Pacific | Shark attacks Australian surfer

BBC NEWS | UK | UK Politics | British 'careless' with liberties CIO

End of Scott's Notes week of 03/01/09:

Note: <888> 03/01/09 Sunday 11:40 A.M.. I went out after the last note. I went by the ATM machine at the Chase Bank just west of Greenwich Avenue. I put my \$10 survey check in their ATM machine deposit. On the new ATM machine, one does not need to use a deposit slip or envelope for a check, one just puts in the check in the machine with one's ATM card, and it reads the check, and it will print out a receipt with a Photostat of the check or without photo. I originally tried to feed an envelop in the machine, which I had saved in my glove box. It took me a while to figure it out. I clean up three Red Bull, one Budweiser lager, and one Jamaican lager beer cans from the parking lots adjacent to the bank and across the street from the Barcelona cafe, where the local youth tend to gather occasionally, and I put them in the Knights of Columbus planter, since there were no nearby garbage cans. The have a bath shop there called Waterworks too. I then went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I used the elevator at the train station going up, and I walked down, and I explored the dumpster area of the lower level parking area, and there is just discarded building materials there. I chatted with someone at upper Greenwich Avenue from Syracuse, New York about a missing person from Syracuse, New York, so we figured he was probably K.G.B. all along, since nobody seems to know him in Syracuse, New York. I finished my walk, and I used the bathroom at Starbucks. Not much seemed to be going on. I then went by the Stop and Shop, and I bought a 8 pack of Stop and Shop hot dog buns for \$1.67, and a half gallon of Florida Natural orange juice with calcium for \$3, a 12 ounce Gulden's

mustard for \$1.50, a 48 ounce Ocean Spray cranberry juice for \$1.67, a 64 ounce Stop and Shop grape juice for \$2.50, a 7 pack of boneless breasts of chicken for \$1.79 a pound for \$7.46, Chiquita bananas for .68 a pound for \$1.82, and buy one get one free of variety of meat Ball Park hotdog franks for \$3.99 both for \$23.60 total. I then returned home. I put away my groceries. I started up the primary Vista computer, and the Ethernet drivers were deleted on my primary Vista computer, and I then chatted with a local security person about the possibility that someone had entered my apartment. I then had to go through the tedious process of removing the two Ethernet cards and installing their software, which I had to transfer to the computer with a pen drive, and then I shut down and reinstalled the two Ethernet cards, and the primary Vista computer was back up and running again. It seems rather strange that I have computer problems, when the computer is shut down, so possibly someone does sneak into my apartment and cause havoc, but it still could be through the internet, by coincidence. However, it seems strange that I do not have computer problems, when I stay at home for days at a time. I think the local security official knows something, and more than likely like the www.fbi.gov, they will not tell us anything for political reasons.

I faxed my Microsoft Money 2007 February 2009 income and spending report to an interested relative. I will now send out my weekly notes. Not much to report on. I was told that we might get up to a foot of snow starting tonight <u>National Weather Service</u> <u>Watch Warning Advisory Summary</u>. I am lucky I bought groceries, but a lot of people without spare money on food stamps can not use their new food stamps until the third of the month, so they might be starving around here, until their food stamps come through. Anyway more than likely the third of the month will be snowy. CIO

Note: <888> 03/01/09 Sunday 5:00 A.M.. I ate a fried six ounce ham steak with a three egg omelet with three slices of processed cheese and grated Parmesan and Romano cheese and a toasted English muffin with olive oil and watered down passion punch. I threw out the garbage. Well, I will now dress up warmly, and I will go out for a cold early morning winter's walk downtown on Greenwich Avenue. It does not hurt to get some exercise, even when one is on a night time schedule. CIO

Note: <888> 03/01/09 Sunday 3:45 A.M.. I put away the laundry. When I am frequently on a night time schedule, I do a lot of the same things that people do on a daytime schedule. However, there are not as many people awake here at night. I could try to network with people at night here whom are awake in England, when it is daytime there, but alas the English still have not yet learned to communicate on the internet. A lot of the Dutch speak English, but alas they are too busy growing tulips to network across the Atlantic. I quite frankly do not think they are even too much aware of us over in Europe outside the small glimpse they get of us out of Hollywood, for the few of them that watch our movies over there. From my viewpoint, when we get a few visitors here, there is just a bit more traffic, but nothing different ever seems to happen. Now that the famous Rockefeller banking family is probably low on money, there will probably be less traffic in this area, with their numerous employees not moving around too much. When I use to know someone over in Irvington, New York, who worked in the Chart House at night there, I would drive over that way, and there was not much traffic in the early morning hours, and there was just a Shell station opened at the Terrytown exit of I-495 and a all night diner, which is pretty much the same situation here. I never saw an all night grocery store there, but we no longer have all night grocery stores here. The A&P over in Port Chester, New York is opened 24 hours 7 days a week, and you can probably see some other night people shopping there. Alas since I get most of my food money from Food Stamps, I can not use them in New York state. I do not know what grocery stores might be opened in this area 24 hours 7 days a week. There is a new Stop and Save just across the Greenwich border on U.S. 1 in Stamford, but I am not sure what there hours are. There is suppose to be a wintry mix this morning, so I will not be venturing out to explore the exciting activity or early morning on Greenwich Avenue. I have only found about \$43 in spare change and cash on Greenwich Avenue in 26 years, so it is not very profitable out there during the early morning hours, but it can be a quiet exercise walk. On weekend mornings after the sun comes up on Sunday, it is not too busy either. I could look outside to check the weather, but there is nothing that I need to do downtown that can not wait. I guess there are not too many late night early morning people around here anymore, and from my viewpoint, there were never that many in Manhattan besides a few pub crawlers. I changed the calendars in the apartment to March 2009.

The Spanish in their native lands tend to keep later hours, but that is because it is hotter in the daytime there.

I do not think the Spanish even open their dinner restaurants until 11 P.M. at night, so they tend to be up later, but around here, it is too cold for them, so there is not much late night activity around here except for shift workers.

Even up in Canada, I never noticed many people awake at night, so I guess most people seem to prefer a daytime schedule. In Russia in the urban areas, they are suppose to have a lot of 24 hours facilities, but it is so dark there in the winter, there is not much difference between night and daytime. I still have good night vision, but alas I manage to keep busy at home. It tends to be colder around here until about the first of June. However living near Long Island Sound here, it is warmer here in the winter than New Canaan, Connecticut, and it is cooler here in the summer than away from the Ocean, but since we are near too major highways, we have a lot more automobile pollution, not to mention what drifts over our way from New York City.

I have been in Washington D.C. on a night schedule and early morning schedule, and there is nothing going down there in the early morning hours either.

In Cambridge, Massachusetts there use to be a few people awake during the early morning hours, but college students have always kept different hours. Not much going on during the wee hours of the morning in Paris, France; Florence, Italy, Athens, Greece; Istanbul, Turkey; or for that matter in Key West, Florida. During the Viet Nam war, there were a lot more people working at night, but the current war is not as large as the Viet Nam war was. I suppose during World War II, there were a lot more people awake at night. Of course, since newspapers come out in the early morning hours, they tend to write and produce them late at night and the early morning hours. There are probably still a few night clubs for visitors in Manhattan, but the ordinary people can not afford those.

Most people whom are awake at night working in this area are left with few alternatives but to come and go from home.

Urban areas have more night people, but they tend to be focused around the tourist areas.

Of course a lot of cleaning services work at night and a lot of maintenance is done at night, since there is less traffic than in the daytime.

Of course on week days, when our financial markets are closed, the overseas markets are usually opened, unless they have a bank holiday.

I guess from what I know the Europeans find us too tedious to communicate with us directly, and anyway they are programmed differently than we are.

Now that the primary Vista computer does not freeze anymore, since I took out the faulty memory chip, I can write longer blogs. CIO

Note: <888> 03/01/09 Sunday 2:15 A.M.. I woke up at 9:30 P.M.. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I watered the plants. I put clean linens on the bed. I am doing two loads of laundry, and I have 10 minutes to go on the dry cycle. I threw out the garbage. I put Microsoft Money 2007 on the Northgate Syntax computer. I am not able to back that computer up, but I have the original install backed up from when I had the beta of Vista Server 2008 on the Northgate Syntax computer, which had a backup program. I now have Windows 7 on the second partition. I printed out two copies of my Microsoft Money 2007 February 2009 report, and I will fax one copy to an interested relative, when the relative is awake. CIO Note: <888> 04/30/09 Thursday 7:05 P.M.. I chatted with a relative. I faxed the Microsoft Money report to the relative. I chatted with somebody in Columbus, Ohio about the price of tea in China. I will now shut down the primary Vista computer, and I will go to bed soon. Have a good night. Showers until Tuesday. CIO

Note: <888> 04/30/09 Thursday 5:35 P.M.. I went out after the last note. I went to my regular Thursday 3 P.M. appointment. I then went by CVS, and I picked up two prescriptions. I also bought four 6.4 ounce Crest regular paste cavity protection for \$1.99 each and .48 tax for \$8.44 total. I got two dollars in Bonus Bucks, so I got another tube of the same. I then returned home to Shangri-La. I ate the last piece of apple pie with some watered down passion punch. I printed out my Microsoft Money 2007 April 2009 income versus spending monthly report. I will fax it later to a relative. CIO

Note: <888> 04/30/09 Thursday 1:05 P.M. <u>Flush Out Dangerous Plaque Safely and</u> <u>Naturally!</u>

Glenlivet top golf courses

<u>Global Volcanism Program | Volcanic Activity Reports | SI / USGS Weekly Volcanic Activity Report |</u>

BBC NEWS | Business | Chrysler will file for bankruptcy

BBC NEWS | Europe | Car attack on Dutch royal parade

BBC NEWS | Technology | Windows 7 now 'available to all'

BBC NEWS | Technology | Microsoft preps Windows 7 release

I will now shut down the primary Vista computer, and I will get ready to go out for my 3 P.M. appointment. CIO

Note: <888> 04/30/09 Thursday 11:25 A.M.. I am making the same dinner as yesterday. I will also have a cup of Twinings Earle Grey tea with splenda and lemon juice. CIO

Note: <888> 04/30/09 Thursday 10:50 A.M.. <u>BBC NEWS | Europe | Car crash into Dutch</u> <u>Queen parade</u> CIO

Note: <888> 04/30/09 Thursday 10:25 A.M.. I chatted with a relative.

The order with tracking of <u>UPS: Tracking Information</u> on the order for <u>Newegg.com -</u> <u>maxell 700MB 48X CD-R 100 Packs Spindle Disc - CD / DVD Media</u> for \$17.99 with free shipping arrived. I put the disks on the floor beneath the primary Vista computer keyboard. CIO Note: <888> 04/30/09 Thursday 9:40 A.M.. http://www.cnn.com/2009/WORLD/europe/04/30/netherlands.queen.car/index.html

The Dutch Royal House, April 30 is the Dutch Queen's Day Holiday, where you are suppose to wear orange. CIO

Note: <888> 04/30/09 Thursday 9:00 A.M.. I woke up at midnight, and I ate a piece of apple pie with passion punch. I then went back to bed until 4 A.M.. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I made my bed, and I washed the breakfast dishes. I installed Internet Explorer 8.0 on all of the computers, and I installed Ubuntu 9.04 on the second partition on the Gigabyte bedroom computer. All systems seem to be running just fine. I have a 3 P.M. appointment this afternoon. I also installed two new AA alkaline batteries in the Microsoft wireless mouse on the Epox computer. I also put all of the used batteries left on the shelf of the bedroom sideboard in a plastic bag on the floor to the left the bedroom sideboard stand. CIO

Note: <888> 04/29/09 Wednesday 6:20 P.M. Farm Boy jeans sale here dealnews.com: Find the best deals on computers, laptops, HDTV, iPods, and MP3 players, pair for \$24.13 with coupon code "BF754" lowers it to \$19.13 for a pair and \$5.99 shipping, alas they do not have waist 46 inches 2 - Pk. Farm Boy Loose Fit Utility Jeans, 30 Inseam, Men's Clothing, **Farm Boy at Bargain Outfitters**

I will now shut down the primary Vista computer, and I will go to bed soon. CIO

Note: <888> 04/29/09 Wednesday 5:50 P.M.. Scientists spot oldest ever object in universe -CNN.com

WHO raises pandemic alert to second-highest level - CNN.com CIO

Note: <888> 04/29/09 Wednesday 5:40 P.M.. I picked up the mail. I chatted with neighbors. I threw out the garbage. Today, when I was downtown for my walk, I stopped by the new COLLECTION - Bang & Olufsen on lower Greenwich Avenue STORE LOCATOR - Bang & Olufsen just south of the wine bar underneath the Greenwich Financial Center, and I told them about other Danish people in the area. I was told vesterday, by the construction engineers working on remodeling the People's Bank on lower Greenwich Avenue, they are finding remnants of the old Gulf Oil station that use to be there. I think there is also a Scandinavian furniture shop across from CVS on Greenwich Avenue. Since it is cold here in the winter and cold in Scandinavia, it seems when the Scandinavians leave their homes, they tend to go where it is warmer, and they do not pay much attention to us anymore.

The Queen Mary II was back in Manhattan this past Sunday, and they will return again on May 8, 2009 and May 31, 2009 and a number of times this summer QM2 - Itinerary - 2009

recognize them. We get so many European visitors living and visiting here anymore, it is hard to tell where they are all from. I guess after being locked away in Europe for so many years, they all like traveling once they got the freedom of the European Union. I am told it is not like the old days of Europe on \$5 a day anymore, but alas I still remember when the Italians ate pizzas as thin as crackers with a ketchup type sauce on them, and the French ate horse meat, and the Spanish would charge \$3 for a 8 course meal with 10 waiters and the Greeks and the Turks ate ground lamb and mashed potatoes way back in 1972. CIO

Note: <888> 04/29/09 Wednesday 3:00 P.M.. I went out after the last note. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I chatted with a foreign visitor about high tech. I stopped by the Merry Go Round Mews thrift shop. I stopped by the Greenwich Hardware store. I stopped by CVS, and I bought four 10 ounce Palmolive antibacterial dish washing detergents for .88 each and .21 tax for \$3.73 total. I used the bathroom at the Senior and the arts center after my walk. I then went by the Greenwich Automotive Services Gulf station, and I bought \$11 of self service premium for \$2.559 a gallon for 4.297 gallons for 55 miles driving since a week ago last Saturday at odometer reading of 62,512 miles for 12.8 miles per gallon driving. I then cleaned the outside windows, and I checked the tire pressure all around for 32 PSI. I then went by the Stop and Shop, and I bought a package of White Gem boneless breasts of chicken for \$1.79 a pound for \$6.19, a two pound bag of baby carrots for \$2.99, fresh green Chiquita bananas for \$.68 a pound for \$2.05, broccoli crowns for \$1.99 a pound for \$2.01, a five pound bag of red potatoes for \$3.99 for \$17.23 total. I then returned home. I put away my purchases. It was not very busy downtown today, so I guess at the end of the month in a recession not many people in Greenwich, Connecticut have any money left. I will now make my usual breaded boneless chicken breast with my usual vegetable mixture with olive oil, which I will eat with a glass of watered down passion punch. CIO

Note: <888> 04/29/09 Wednesday 10:05 A.M.. I saw the big pink breast cancer bus parked on Railroad Avenue at the bottom of Greenwich Avenue yesterday. I will now shut down the primary Vista computer, and I will go out and walk downtown and try to lose some weight. My neighbor's relative from Naples, Florida thinks it is cold here this morning. Apparently now is a good time to buy Florida real estate in these economically depressed times. CIO

Note: <888> 04/29/09 Wednesday 9:50 A.M.. <u>Hirohito (emperor of Japan) -- Britannica</u> <u>Online Encyclopedia</u>

I.B.M. Raises Its Quarterly Dividend 10% - NYTimes.com

Mount Baker Volcano Research Center:

Integrated Climate System Analysis and Prediction

Azores Workshop 2009 in Pico, Azores, Portugal

BBC NEWS | UK | The Queen's message - by e-mail CIO

Note: <888> 04/29/09 Wednesday 9:00 A.M.. I woke up last night at midnight, and I ate the same London Broil dinner that I have been eating recently. I woke up at 6 A.M. this morning. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I made my bed, and I washed the breakfast dishes. I threw out the garbage, and I chatted with a neighbor. I showered, and I cleaned up. I went outside, and I chatted with neighbors. CIO

Note: <888> 04/28/09 Tuesday 6:30 P.M.. I microwaved and ate a Boston Market 15 ounce pot roast dinner, which I ate with a 1/6th piece of apple pie and glass of watered down passion punch. I will now shut down the primary Vista computer, and I will go to bed soon. Have a good evening, and stay cool. CIO

Note: <888> 04/28/09 Tuesday 5:40 P.M.. I chatted with a friend. CIO

Note: <888> 04/28/09 Tuesday 4:55 P.M.. The current temperature in my living room is 72.7 degrees Fahrenheit with the air conditioner going. It is 88 degrees Fahrenheit outside right now. However, my apartment on the second floor has 4 four foot by eight foot windows that face the afternoon western sun above a flat black roof of the first floor, so the actual temperature in the sun outside my apartment windows is 105.4 degrees Fahrenheit, which is why I need the heavy duty air conditioner installed this early in the spring time. Since I have lived here for 20 years, I tend to know what is best for my apartment as opposed to some government bureaucrat that has never even been here. The second teeth whitening product arrived in the mail. CIO

Note: <888> 04/28/09 Tuesday 4:30 P.M.. I woke up at 7:45 A.M.. I went outside, and I chatted with the building custodian. He told me to telephone in a work order to get my air conditioner out of storage which I did. I chatted with neighbors. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I made my bed, and I washed the breakfast dishes. About 9 A.M., the building custodian got my General Electric Profile 15,500 BTU air conditioner with remote control out of storage. He offered me, a four year old 11,500 BTU Panasonic model, but I decided the keep my more powerful unit. I vacuumed out the rust and other debris from inside the unit, and I straightened some of the metal fins. I installed the air conditioner in the center living room window where it has been in past years, and it works just fine. I sealed it up with the Plexiglas, duct tape, and towels, so it does not leak air. I put the bric-a-brac back into place. It took about 3 hours to install. I chatted with two relatives. I set the air conditioner at 64 degrees low fan with the two tower fans also blowing the air around the apartment. I also had used the bobby pins to hold up the curtain above it. I ate lunch of two hot dogs with buns and ketchup and mustard and 1/4th of a 5.5 ounce tube of Pringle sour cream and onion potato chips and a dill pickle slice and a glass of watered down passion punch. I showered, and I cleaned up. I went downtown, and I walked the entire length of Greenwich Avenue and the train

station area. I chatted with Bill Clark <u>Greenwich Gossip</u>, and he has new book about Greenwich, Connecticut for sale in our local book stores. We chatted, and we figured we use to be neighbors. Bill's father was the minister at St. Andrew's Episcopal Church in Wellesley, Massachusetts on Vincent Road next to Dana Hall in the same period when my family lived on Vincent Road. Somebody that looked like former President Bush asked us how to get to town hall for a beach permit. I finished my walk, and I used the bathroom at the senior and the arts center. I then returned home. I chatted with a relative. CIO

Note: <888> 04/28/09 Tuesday 2:15 A.M.. Partly cloudy and a high of 85 degrees Fahrenheit today, and then it cools down to regular temperatures in the 60s for another week. I will now shut down the primary Vista computer, and I will go back to bed.

I noticed today that Greenwich Capital Markets <u>RBS United States</u> at 600 Steamboat Road does not have any tulips are other flowers in front of its building, so I guess the British government does not like flowers anymore. CIO

Note: <888> 04/28/09 Tuesday 1:35 A.M.. I currently do not have the General Electric Profile 15,500 BTU air conditioner installed in my apartment yet. I took it out for the first time this past winter, so I could have a warmer apartment. With the warmer days, it is now 80 degrees Fahrenheit in my apartment, which is a bit warm for me, and it is also a bit warm for the computers. Some time in the near future, they are suppose to install double pane windows in the building, but they have not yet told us when. I could check with the building custodian that put the air conditioner in storage to see if it is easy enough to get out now. It would take about three to four hours for me to install it properly, which would be a lot more comfortable if they do not get around to the double pane windows anytime soon. CIO

Note: <888> 04/28/09 Tuesday 1:30 A.M.. When I got my first car in Greenwich, Connecticut in the summer of 1966, it was a black Mustang convertible with three speed shift and red vinyl interior. I used to drive around town with the top down with my friends singing and listening to <u>Amazon.com: Summer In The City: MP3 Downloads: The Lovin'</u> <u>Spoonful</u> on the car radio. I am currently listening to bit of vintage Elvis on my headset. CIO

Note: <888> 04/28/09 Tuesday 1:10 A.M.. Reagan Diaries-Unabridged 2 Vol Set \$150

Kentucky Derby 135

<u>What you need to know about the Windows 7 Release Candidate | Ed Bott's Microsoft</u> <u>Report | ZDNet.com</u>

Tracking is <u>UPS: Tracking Information</u> on the order for <u>Newegg.com - maxell 700MB 48X</u> <u>CD-R 100 Packs Spindle Disc - CD / DVD Media</u> for \$17.99 with free shipping.

Pandemic Planning - Forbes.com

BBC NEWS | Americas | 'Too late' to contain swine flu

BBC NEWS | Americas | Low-level flight panics New York

BBC NEWS | Technology | Optical disc offers 500GB storage CIO

Note: <888> 04/28/09 Tuesday 12:15 A.M.. I ate a piece of apple pie after the hot dogs earlier. CIO

Note: <888> 04/27/09 Monday 11:35 P.M.. I woke up at 7 P.M.. I ate two hot dogs with buns and ketchup and mustard and 1/4th of a 5.5 ounce tube of Pringle sour cream and onion potato chips with a dill pickle slice and a glass of watered down passion punch. I threw out the garbage, and I picked up the mail. The Colo flush arrived, and I have not been charged a \$4.99 shipping charge on it. I do not intend to use it. I chatted with a relative. I made my bed. I went out, and I chatted with a neighbor and a visitor from Naples, Florida. I went downtown, and I went by my regular Chase bank. I then went downtown, and I walked lower Greenwich Avenue and the train station area. There were hardly any people out. Starbucks was closed, so I had no place to go to the bathroom, so I returned home. I noticed during my walk this morning, that they have removed the two wooden benches from in front of the old Border's book store, so there is no longer any place to sit there anymore. CIO

Note: <888> 04/27/09 Monday 1:05 P.M.. After I ate, I viewed the pictures. I chatted with a relative. I drank some watered down passion punch. I will now shut down the primary Vista computer, and I will go back to bed or nap. CIO

Note: <888> 04/27/09 Monday 10:05 A.M.. I woke up at 3:30 A.M. this morning. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I made my bed, and I washed the breakfast dishes. I showered, and I cleaned up. I surfed the internet. I went out at 6 A.M., and I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. During my walk, I took pictures of the tulip beds and some of the new construction around town. I used the bathroom at the USB bank on Lafayette Place. After my walk, I drove down by the waterfront on Steamboat Road, and I took some pictures. On the way back up Steamboat Road, I saw a green GMC come out of the Indian Harbor Yacht Club. Just before the Royal Bank of Scotland, after the green GMC passed by two oncoming vehicles, a black GMC coming down Steamboat Road collided with a blue sports car that was behind it trying to pass it the left of the black GMC off the road, so at my distance, I could not tell who was at fault or if they were traveling too fast. I returned home, and I chatted with neighbors. It was quite busy downtown.

The 296 pictures are at: <u>http://mikelouisscott.com/gw-042609/</u>.

I will now eat the same London Broil dinner that I have been eating recently. CIO

Note: <888> 04/26/09 Sunday 11:35 P.M.. I will now shut down the primary Vista computer, and I will go to bed soon. High tomorrow 74 degrees Fahrenheit and mostly cloudy. CIO

Note: <888> 04/26/09 Sunday 11:05 P.M.. I ate a ham, turkey, and cheese sandwich on a Kaiser roll with mayo and 1/3rd of a 5.5 ounce tube of Pringle sour cream and onion potato chips, and a dill pickle slice and watered down passion punch and a piece of apple pie.

As I recalling during the last flu pandemic <u>1918 flu pandemic - Wikipedia, the free</u> <u>encyclopedia</u>, 20 million to 100 million people died in a worldwide population of 2 billion, so that means three time that number could died today, and if effected mostly young people with strong immune systems.

I chatted with a medical friend who told me that wearing face masks does not really help, but I suppose it would be better than nothing.

<u>Tecnol Procedure Face Mask - Kimberly-Clark Corporation KIM47080 - Kimberly-Clark</u> <u>Corporation CPR & Surgical Masks</u> 50 for \$11.73

Dynarex Surgical Face Masks with Ties, Box of 50 \$6.45

<u>Protective Face Masks :: Infection Control :: Wound Care :: Colonial Medical Assisted</u> <u>Devices</u> \$7.79 for 50

<u>Product Detail: CVS Procedural Face Masks With Earloops from CVS/pharmacy Online</u> <u>Product Store</u> \$10.59 for 50

Face Mask | Medline | Walgreens \$6.99 for 10

First Aid All Purpose Mask | Nexcare | Walgreens \$6.99 for 5

Soft Surgical Mask, Fluid Resistant, Bx 50 \$12

<u>Amazon.com: 3M 1860 N95 RESPIRATOR AND SURGICAL MASK/BIRD FLU</u> "SPECIAL 3 DAY SALE": Health & Personal Care

<u>Amazon.com: Disposable EARLOOP Face MASK, Filters Bacteria 3 Ply - (Box of 50):</u> <u>Health & Personal Care</u> 50 for \$9.99

Amazon.com: 3M SMALL 1860S N95 RESPIRATOR AND SURGICAL MASK/BIRD FLU 20/BX "SPECIAL 3 DAY SALE": Health & Personal Care

<u>Amazon.com: 3M 1870 Surgical Mask N95 ANTI-BACTERIAL MASK 20/BX "SPECIAL</u> <u>3 DAY SALE": Health & Personal Care</u>

Japanese Surgical Mask Culture - Boing Boing CIO

Note: <888> 04/26/09 Sunday 9:50 P.M.. About Swine flu <u>United States Department of</u> <u>Health and Human Services</u>

PandemicFlu.gov

Russia Current Activity of Sheveluch Volcano

environmentalism (social science) -- Britannica Online Encyclopedia

<u>Chernobyl accident (nuclear disaster, Union of Soviet Socialist Republics) -- Britannica</u> <u>Online Encyclopedia</u>

BBC NEWS | Americas | World 'well prepared' for virus CIO

Note: <888> 04/26/09 Sunday 9:35 P.M.. I woke up at 5:30 P.M.. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I read the recent computer periodical literature, and then I threw them out. I still have to read the recent issues of <u>www.forbes.com</u>. I chatted with neighbors. I chatted with a friend and a relative. CIO

Note: <888> 04/26/09 Sunday 10:50 A.M.. <u>Pharmacy admits to mistakenly preparing meds</u> for Polo horses : State News : TCPalm

New protections discussed for polo horses in wake of recent deaths : State News : TCPalm

I will now shut down the primary Vista computer, and I will go to bed soon. Have a good day. CIO

Note: <888> 04/26/09 Sunday 9:55 A.M.. I went out after the last note. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. The tulips at the veterans monument across from the senior and the arts center are about half way out, and they are a pinky reddish color. I stopped by CVS, and I bought three 12 packs of Thomas' English muffins for \$1.99 a twelve pack for \$5.97 total. I then used the bathroom at CVS. I then bought a 3M Command Designer Medium Hooks 2 hook package and four strips for \$2.50 and .15 tax for \$2.65 total. I then finished my walk, and I sat out for a while enjoying the warm sunny morning. I then went by the Stop and Shop, and I bought a 64 ounce container of Ocean Spray cranberry juice for \$2.50, a 64 ounce container of Ocean Spray Cran Grape for \$2.50, a 64 ounce container of Florida Natural Orange juice with calcium for \$3, and a day old apple pie for \$2.50 for \$10.50 total. I then returned home. I introduced myself to a new neighbor. I gave another neighbor two cigarettes. I put away my purchases. I put one of the 3M hooks on the left side of the left monitor on the primary Vista computer to hold the headset from the Dell Latitude CS laptop computer next to it. I have to wait an hour before, I can hang it. I will now eat a piece of apple pie with watered down passion punch. CIO

End of Scott's Notes week of 04/18/09:

Note: <888> 04/26/09 Sunday 6:00 A.M.. <u>Big Island: Mauna Kea Beach Hotel and Volcano</u> <u>House tell two stories - Los Angeles Times</u>

Hubble Space Telescope (astronomy) -- Britannica Online Encyclopedia

I put away the laundry.

BBC NEWS | Americas | Suspected Mexico flu toll hits 81

BBC NEWS | Science & Environment | Gray whales granted rare reprieve

I will shortly eat two hotdogs with buns and ketchup and mustard and a 1/4th tube of Pringle sour cream and onion potato chips and a dill pickle slice and some watered down passion punch. I will then go out for a walk downtown. I will now send out my weekly notes. CIO

Note: <888> 04/26/09 Sunday 5:00 A.M.. I showered, and I cleaned up before doing laundry. I ate 20 dried apricots during the last few days. CIO

Note: <888> 04/26/09 Sunday 4:45 A.M.. I woke up yesterday at 2:30 P.M.. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I chatted with two friends. One friend was washing a horse, and the other friend was putting his boat in the water. I went back to bed until 8:00 P.M.. I washed the breakfast dishes. I chatted with a relative. I watched a Harry Potter movie, until 11 P.M.. I ate a ham, turkey, and cheese sandwich on a Kaiser roll with mayo and 1/3rd of a 5.5 ounce tube of Pringle sour cream and onion potato chips, and a dill pickle slice and watered down passion punch. I went back to bed until 2:30 A.M.. I made up a batch of passion punch. I started the two tower fans in the living room to cool it off a bit. It is 78 degrees Fahrenheit inside, which makes me a bit tired. I took the comforters and electric blanket off the bed, and I put clean linens on the bed along with the summer quilt. I took the comforters off the back of the sofa, and I put the throws on the back of the sofa. I started two loads of laundry, and I have 35 minutes to go on the dry cycle. I threw out the garbage, and I picked up the mail. The Easy White teeth whitener arrived in the mail that I was swindled into paying \$27 for. CIO

Note: <888> 04/25/09 Saturday 6:00 A.M.. I will now shut down the primary Vista computer, and I will go to bed soon. High today of 79 degrees Fahrenheit and partly cloudy. CIO

Note: <888> 04/25/09 Saturday 5:25 A.M.. There is <u>Web Hosting, Dedicated Servers and</u> <u>Domain Name by Hostway</u> with a 50 year old Donald Eldert <u>Hostway Corporation</u> <u>Appoints Chief Financial Officer</u>, so maybe he is a relative of Jim Eldert whose father's name is Donald Eldert too. About 10 years ago, there was an Eldert farm for sale in Decatur, Illinois, so possibly they help supply the bread flour for the George Weston Bakeries Arnold Bread factory here in Greenwich, Connecticut. The Jimmy Eldert that I know is from an old American family from Syracuse, New York, but they have lots of relatives having been here for close to 400 years. There is even an Eldert street in Brooklyn, New York. More than likely he would know how to contact me, if there were some reason for him to contact me, but living out in California around the high tech industry, he might be too busy. I do know the last roommate I knew he had in the Malibu Colony worked for Dream Magic, a computer animation company, and when I toured Disney World with Jim back in 1977, he seemed to be right at home at the place, particularly the ''Alpha and Omega'' amusement ride. CIO

Note: <888> 04/25/09 Saturday 4:45 A.M.. To burn copies of CD/R music use with my Sony Juke box, I ordered <u>Newegg.com - maxell 700MB 48X CD-R 100 Packs Spindle Disc -</u> <u>CD / DVD Media</u> for \$17.99 with free shipping. CIO

Note: <888> 04/25/09 Saturday 3:40 A.M.. I drank a cup of salada tea with splenda and lemon juice after dinner. I saw someone that looked like Jimmy Eldert walking downtown this past evening. He still has longer shoulder length hair, but he looks to be heavier and in better shape than I am. He was carrying a back pack. Possibly he returned from California, since with <u>www.gm.com</u> going bankrupt, he is out of money in his trust fund. Still, he looks like he would have the energy to build a car, if he put his mind to it. I heard on the news today, Mic Jagger's portfolio is down 25% and Paul McCartney's portfolio is down 12%, and they both are going to have to start touring again to make enough money to make ends meet back in England.

I also heard on <u>www.foxnews.com</u> that if Obama is in office for 8 years, he plans to spend \$35 trillion in which case more than likely the United States of America would be completely bankrupt, and the U.S. dollar would not be worth anything anymore. Obviously they are not practicing sound economic policy in Washington D.C. or anywhere in the world in the liberal community. With 6.6 billion people on the planet, the economic system has to be managed with a sense of reality, and not utopian ideals that we can not afford.

I live more simply than most people in America, so maybe more people will have to get use to living simply the way I do. Of course by the average Chinese way of thinking I probably have a higher standard of living.

The celebrities we hear and read about seem to have more money, but they are usually trying sell products that the average people can not afford such as movie tickets and high priced items.

From my viewpoint as a professional economist, the economy could get worse, but with the weakening value of the dollar, one might seem to get more money, but it is actually worth less. Of course like the times of prosperity, they hoped for a trickle down effect for the poor people, maybe in times of recession there will be a trickle down effect for the richer

people to be more like the poorer people. Of course, there always seems to be an establishment that has money, when most people do not.

I can remember when an apple cost a nickel, and today it costs a dollar, so from my viewpoint, people living on fixed incomes without major adjustments for real inflation and with increased costs of goods services are particularly hard hit in these times of recession. I seem to get by, because I just maintain my current environment, and I try to avoid any major expenses despite the fact, I can not really afford them and have no means of changing my standard of living. Even the poor people downtown that I deal with seem to have a higher standard of living than I do, but I do spend a good deal of my lesser income on communications and computers, which most people whom sit in Starbucks drinking expensive coffee do not do, since it is costly to maintain a home office not to mention the time that it takes to run.

However, I never earned any money off the computer activity, it was just my means of staying active and keeping up with the current technology that many of the working population has adopted over the years. In the news media a lot of the stories come from the news wire services, and thus many news organization do not actually collect much news or even publish local news. Much of the news is paid for, so people can advertise other areas and products and services that others might be unaware of.

I do see people downtown at night, but not as many people seem to be walking around anymore. The restaurants are less busy, but they still have activity as do the pubs. Starbucks seems less busy at night. There is not very much traffic downtown at night. However, this is the New York City metropolitan area, so there are always people moving around at all hours of the day, despite the recession, because essential services have to be maintained. CIO

Note: <888> 04/25/09 Saturday 1:25 A.M.. <u>CNET | Community Help & how-to</u> and <u>Process Explorer</u>

Join the Quest for Longevity

China's Hoarding Gold - Forbes.com

<u>Barbra Streisand (American actress, singer, director, producer) -- Britannica Online</u> <u>Encyclopedia</u>

Benedict XVI (pope) -- Britannica Online Encyclopedia

BBC NEWS | In Pictures | In Pictures: Orchards under threat

I will now make and eat the same dinner as last night. CIO

Note: <888> 04/24/09 Friday 11:55 P.M.. I was charged \$19.99 to get the Easy White labs teeth whitener cancelled, but they will still send me the free sample, which is really not

free. I woke up at 2:30 P.M. this afternoon. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I went back to bed until 5:30 P.M.. I made my bed, and I washed the breakfast dishes. I threw out the garbage and the old periodical literature. I picked up my mail. I watered the plants, and I cleaned the Ionic air purifier. I finally figured out something about the big stones on our old Lyon Farm property where the 71 Vinci Drive Greenwich Housing Authority property is. There is a big 5 foot high stone on the southwest section of the property and in the woods on the northeast section of the property there is a big 4 foot high stone. I once read that the border between New York and Connecticut or New Amsterdam and the New Haven Colony was once further east, so possibly they are boundary stones marking the border between the two jurisdictions. In which case most of 71 Vinci Drive is on the New Amsterdam side of the border, and it looks like the border might cut right through the wing of the building that I am in, so I might be on the New Haven Colony side of the border as it was in the old days. They probably used Oxen to move those big boulders, when they cleared the property for Lyon Farm. The original Lyon Farm homestead building is still on the northwest corner of the property down by the Post Road across from the gas station that once was an Exxon station, but I am not sure what it is now. I chatted with a relative. The four unit Uniden phone set arrived at my relative's this past Wednesday. They will deliver it to Maine some time in the near future. Now that the Bushs are no longer in government; Kennebunkport, Maine will probably go back to being the simple lobster fishing town that it once was. I ate two hotdogs on buns with mustard and ketchup and dill pickle slice and 1/4th of a 5.5 ounce tube of Pringle sour cream and onion potato chips and a glass of watered down passion punch. I showered, and I cleaned up. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. After my walk, I used the bathroom at Starbucks. I found a Delamar Room key card on the statue stump in front of the senior and the arts center. I drove down by the waterfront on Steamboat Road, and there are a couple of fishermen that were able to squeeze by the New Jersey barricade on the end of Steamboat Road, so they can fish. I dropped off the pass key card at the The Delamar on Greenwich Harbor, and they told me they are busy. I then returned home to the quiet solitude of Byram, Connecticut where not much happens as far as the Maytag repairman is concerned. CIO

Note: <888> 04/24/09 Friday 6:15 A.M.. The old Topping estate sold to the Helmsleys back in December 1983 for \$18 million with its original 80 acres. Now with half the acreage, it is for sale for \$75 million <u>Helmsley's Greenwich mansion: Now available for a bargain -</u> <u>Greenwich Time</u>. Although the house appears to be large on the outside, it is not a very deep house, and it actually is not too large inside. I will now shut down the primary Vista computer, and I will go back to bed soon. CIO

Note: <888> 04/24/09 Friday 6:10 A.M.. I ate the last piece of pumpkin pie.

Note: <888> 04/24/09 Friday 5:30 A.M. <u>AARP Webplace | Advocacy Center -- AARP Legislative Action Center</u>

Health Action Now: HealthActionNow - Health Care Stories

Economic Issues | United States Economy Issues | Friends of the U.S. Chamber of Commerce

William Shakespeare (English author) -- Britannica Online Encyclopedia

Go island hopping in Scotland

Microsoft Earnings Headline Late Reports - Forbes.com

<u>Global Volcanism Program | Volcanic Activity Reports | SI / USGS Weekly Volcanic Activity Report |</u>

Seagate: FreeAgent[™] | Home another outlet store sale this evening.

The last time, I was down in south Florida was during the Halloween period of 1983, when I visited Fort Lauderdale, Florida. It was during the Grenada invasion, and there was quite a tall group of people in Fort Lauderdale, Florida. I saw several thousand older retired white people on the beach area of Fort Lauderdale whom were 6 foot 6 inches to 7 feet tall, and many of the thousands of white teenage youths were over 6 feet 6 inches tall. When I went into the Bahia Mar Yacht Club, there was an eight foot tall oil portrait of General Omar Bradley a five star general in uniform, so needless to say I do not think they needed me around South Florida anymore. I have visited the Vero Beach area and the Newport Richey area a number times since then, but my only contact in Florida anymore is in Vero Beach, Florida, and they seem to have matters well under control there.

BBC NEWS | Business | Microsoft suffers first sales dip

World War II casualties - Wikipedia, the free encyclopedia CIO

Note: <888> 04/24/09 Friday 3:20 A.M.. I just woke up. When one lives in the suburbs of New York City like I do way out here in Greenwich, Connecticut, there is not much to do, once one gets tired of watching television. However, if one owns a car like people tend to do in the suburbs, and one manages to accumulate some money, one can always manager to take a road trip. Having lived in Greenwich, Connecticut, since 1961, I know a few road trips. My favorite short road trip is to drive up to New Canaan, Connecticut, but there is not too much to do in New Canaan. I use to go to the Visiting Nurse Thrift shop there next to the New Canaan fire station. I got my Connecticut driver's license in New Canaan back in 1966, when I first learned how to drive. One can always make a short trip from there to Ridgefield, Connecticut, which has a quiet library, where one can take a pit stop. I tend not to go to Manhattan, Long Island, Boston, or Cape Cod too much because there is usually too much traffic. Recently, since my family established a Kennebunkport, Maine residence, I drive a couple of times a summer to Kennebunkport, Maine and back. In the days, when we were more adventuresome, one could always drive up to Canada to Toronto or Montreal. If one goes up the New York Thruway, it is pretty easy to find Toronto. I use to drive up Interstate 91 to White River Junction, Vermont and visit Darmouth Colllege in Hanover, New Hampshire, and then up to Montreal through Burlington, Vermont. Another good trip if one has enough time and money was to drive down to Key West, Florida, and once one gets to the coast of Florida, there is a lot of scenery along A1A along the east coast of Florida. A major trip is to drive across country to California. In the warmer weather, one can drive across Interstate 70, and through the Rocky mountains, but a longer trip is drive across Interstate 10 in the Southwest, but once one gets to California, one tends to need money, and one gets tired of sleeping in one's car. Possibly with the drug war on the Mexican border south of Interstate 10, California is isolated from the rest of the nation. I did see a car from California on Greenwich Avenue yesterday. Since I have lived in Nantucket and the Chicago area, I know how to drive to those locations, but there is a lot of traffic on Cape Cod in the summer, and Chicago is cold most of the year. CIO

Note: <888> 04/23/09 Thursday 9:20 P.M.. I will now shut down the primary Vista computer, and I will rest for a while. CIO

Note: <888> 04/23/09 Thursday 7:50 P.M.. I woke up at 11 A.M., when I had a telemarketing phone call trying to sell me an extended warranty on my Audi. They have been calling me up all of the time with their recording. I got one this evening on my cell phone. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I chatted with a relative. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up. I went to my usual 3 P.M. appointment. I then walked the entire length of Greenwich Avenue and the train station area. I stopped by the Greenwich Hardware store. They have the same Kidde fire extinguishers for \$50 that are \$40 at Home Depot. They have Giant Sun Flower seeds for \$1 a package and they also have Morning Glory seeds for a \$1 a package. If one plants Giant Sun Flowers, it will attract a lot of birds. The Morning Glories grow quite fast and will cover the whole side of a house if you tie them up to get them started. They have the usual cross section of other seeds too. The last time I planted a garden in the mid 1960s, seeds were 5 cents a package, so there has been 2000% inflation on seeds over the last 45 years or so. I toured CVS, but I could not find any bargains to buy. I saw the Mobil One Racing Team driving through town. I sat out for a while. I chatted with a few regulars. I think the tulips across the street from the Senior and the Arts center at the veterans monument are on strike, because they have not come out yet. I used the bathroom at the senior and the arts center. I then drove by the Greenwich Library, there is still space for rent in the remodeled old Cheeseborough Ponds building across the street. I chatted with some staff. I told the building custodian about the water surging up from the ground underneath the northeast support of the Cole Auditorium on the inside of the support. It is a big support, so hopefully the building will not collapse, but one never knows how much water damage is done under the pavement and the ground. I then returned home, and I chatted with a neighbor, and I picked up the mail. I chatted with a relative. I will now eat the same London Broil dinner as four of the last five nights. CIO

Note: <888> 04/23/09 Thursday 5:45 A.M.. I will now go back to sleep. I will get up around noon. I have a 3 P.M. appointment. CIO

!!!! Note: <888> 04/23/09 Thursday 4:25 A.M.. To file a complaint on internet crime, you can go to <u>Internet Crime Complaint Center (IC3) | Home</u>. CIO

!!!! Note: <888> 04/23/09 Thursday 3:35 A.M.. All three of the promotions below are cons. They charge you \$78 after two weeks for the shipping of the product. I was able to cancel the Teeth Whitening Pro and the Colo Flush, but the Easy White wants \$20 to cancel, so I will try to contact them in the daytime, when they are available. The web site Cathy's Tee was linked by <u>www.cnn.com</u> on their advertising on the internet, so I guess it goes to show what sort of people CNN deals with in trying to make money by robbing other people. The web site Cathy's Tee says it comes from Greenwich, Connecticut, when you call them up, they are in an undisclosed location in Southeast Asia. I will now eat the same London Broil dinner as the last three nights before last night. CIO

Note: <888> 04/23/09 Thursday 2:25 A.M.. I woke up yesterday at 2 A.M. after the last note.

I ordered from <u>Cathy's Teeth Whitening Success</u> the two different free tooth whitening items from here <u>Teeth Whitening Pro</u> for \$4.99 shipping and <u>Easy White Labs ::</u> <u>Professional Teeth Whitening Kit</u> for \$6.99 shipping. I also ordered free trial <u>Colo flush</u> free trial for \$4.99 shipping. I chatted with a relative yesterday, and the relative who is a registered nurse advised me against taking the Colo Flush since it can lower the body's potassium. At this page <u>Coloflush Reviewed: Does Coloflush Work?</u>, it says towards the bottom of the page underneath the "The Bad" by ordering the Free Trial, one is automatically enrolled in the Auto Shipping Plan, which I do not want. I called them up at 1-866-225-1334, and I cancelled the order, so I will not be billed anymore.

I watched the end of a French Foreign Legion movie with John Claude Van Dam who use to also walk a white German Shepard. He lives in Monte Carlo. I went back to bed at 4:30 A.M.. I woke up at 2 P.M.. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I went back to bed until 4 P.M.. I chatted with a relative. I washed the breakfast dishes. I made my bed. I chatted with a relative. I threw out the garbage, and I moved my car to its usual place. I picked up the mail. I ate two hot dogs with buns and mustard and ketchup and 1/3rd of a 5.5 ounce tube of Pringle sour cream and onion potato chips and a dill pickle slice and watered down passion punch. I showered, and I cleaned up. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I stopped by CVS, and I bought a 10.8 ounce can of CVS smoked almonds for \$3.50. I ate some outside during my walk. I finished my walk, and I used the bathroom at the senior and the arts center. I went by the Greenwich Library, and I chatted with staff and patrons. One of the local users is able to layer modern Google Maps with Old Maps to compare historical images with today. I had a cigarette outside by the auditorium, and I noticed with all of the rain that the water was surging up from underneath one of the support colums of the corner of the library auditorium probably undermining its strength over time.

I then went by the Stop and Shop, and I bought top round London Broil for \$1.79 a pound for \$7.07 and Chiquita bananas for .68 a pound for \$2.32 for \$9.39 total. I then returned home. I ate a 1/6th piece of pumpkin pie and about 7 ounce of smoked almonds and some watered down passion punch. I went to bed from 10 P.M. to 2 A.M..

<u>http://geocities.yahoo.com/gcp/</u> is going to shut down their web site later in the year, so I will no longer have my backup web site. CIO

Note: <888> 04/22/09 Wednesday 12:35 A.M.. Cloudy this morning at sunrise to noon and rain in the afternoon with a high of 57 degrees Fahrenheit. Dense Fog this morning <u>National Weather Service Watch Warning Advisory Summary</u>. I will now shut down the primary Vista computer, and I will go to bed soon. CIO

Note: <888> 04/22/09 Wednesday 12:05 A.M.. On my older <u>www.swissarmy.com</u> watch that I bought at EuroChase on Greenwich Avenue about 10 years ago for \$25 down from \$80 during the sidewalk sales, the replacement leather watch bands are at least \$30. Mine is 19MM. One can get Nylon and Leather in 19MM in black Swiss Army for \$9.99 and \$2.95 shipping among the various prices here <u>Swiss Army Leather Watch band</u>, Jewelry <u>Watches, Collectibles items on eBay.com</u>, but the leather band on mine is still in good shape, and I sewed back together its retaining loop that broke. A neighbor also gave me a Stainless Steel Swiss Army watch a few years ago too. This shows how expensive the Genuine leather straps can be <u>Victorinox Swiss Army - Parts & Accessories</u>. I have quite a few other modest watches, but I usually wear the Casio that lights up, when out at night. CIO

Note: <888> 04/21/09 Tuesday 10:40 P.M. Morgan Stanley, Wells Fargo To Report -Forbes.com

GE Appliances: April 2009

Bank Of New York Mellon Falls Short - Forbes.com

BBC NEWS | Science & Environment | Ancestor of T rex found in China

BBC NEWS | Technology | Botnet 'ensnares government PCs' CIO

Note: <888> 04/21/09 Tuesday 9:40 P.M.. I woke up at midnight, and I watched the movies Top Gun and War Games. I went back to bed from 3:30 A.M. to noon. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up. I went by the Chase Bank just West of Greenwich Avenue on West Putnam Avenue. I then went to my 3 P.M. appointment. I have the next one on May 5, 2009. I then went by the Greenwich Hospital Thrift Shop, and I bought a black Vtech two line 900 Mhz cordless telephone for \$5. It came with its battery pack and transformer and instructions. I then walked the entire length of Greenwich Avenue and the train station area. All of the tulips are pretty much out downtown except the ones at the Veterans monument across the street from the senior and the arts center. It must be a bit shady over there. After my walk, I sat out for a while, and I then used the bathroom at the senior and the arts center. I then returned home. I picked up the mail. I moved the white AT&T lined telephone from the left of the primary Vista computer, and I put it on the left side of my bed connected to Optimum. It is heavier, so the handset will not come off the set easier. I moved the Columbia big button lined phone from that location to underneath the bed. I moved the Uniden 2.8 MHz cordless telephone from the left side of the primary Vista computer, and I put it underneath the bed. I removed the Plantronics Vista telephone headset from the left side of the computer, and I connected to the Panasonic two line corded telephone by the Harvard Chair. It works just fine, but one has to press its button to use it with the Panasonic two line lined telephone that I use most of the time. I moved Panasonic 5.8 GHz two line cordless telephone base station from behind the Harvard chair to the left side of the primary Vista computer connected up to both telephone lines. I installed the Vtech 900 MHz two line cordless telephone behind the Harvard chairs, and it works just fine and holds a charge. I dusted the phones that were dustv.

Tracking is <u>UPS: Tracking Information</u> on the order for <u>Newegg.com - Isymphony NC2</u> <u>Circumaural Noise Canceling Stereo Headphone</u> for \$8.99 with free shipping arrived about 6:30 P.M.. I used the RadioShack plug adapter, and I installed it to the cable coming from the amplifier, and I left the headphones to the right of the primary Vista computer. I put in a AAA alkaline battery, so the noise cancellation feature works, when one turns it on. I moved the older pair of Tandy headphones from that location to have available by the amplifier, if one plugs them in. A few nights ago, I also put in two new AA alkaline batteries in the Logitech wireless mouse attached to the bedroom Gigabyte computer.

I chatted with a relative. I threw out the shipping box, and I moved my car to another place closer to its usual place. I ate a sliced ham, turkey, and cheese sandwich on a bulkie roll with mayonnaise and 1/4th of a 5.5 ounce tube of Pringle sour cream and onion potato chips and a dill pickle slice and a glass of watered down passion punch and a cup of Salada green tea with splenda sweetener and a couple of teaspoons of lemon juice. CIO

Note: <888> 04/20/09 Monday 11:00 P.M.. I ate the same dinner as last night, but I also ate box of Green Giant spinach with olive oil. I watched some <u>www.foxnews.com</u>. With the rain this evening, there is low barometric pressure which make me feel tired, so I will now shut down the primary Vista computer, and I will rest for a while. CIO

Note: <888> 04/20/09 Monday 8:50 P.M. Susan Boyle Could Make Millions - Forbes.com

<u>TweakNow WinSecret 1.5.3 (Windows), from Tweak Now - Free Downloads on ZDNet |</u> <u>Shareware, Trialware, Evaluation Software</u>

Adolf Hitler (dictator of Germany) -- Britannica Online Encyclopedia 120 years old today.

BBC NEWS | UK | Scientist Hawking ill in hospital

BBC NEWS | Science & Environment | Switch-on success for superscope

BBC NEWS | Asia-Pacific | Great Wall of China 'even longer'

BBC NEWS | Health | Fears over web health revolution CIO

Note: <888> 04/20/09 Monday 7:55 P.M.. I woke up at noon today, when I had a telephone call from a relative about this story <u>Officials suspect drug reaction or toxins in Florida</u> <u>horse deaths - CNN.com</u>. I left a message with two other friends. I went back to bed until 3:30 P.M.. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed.

<u>Commentary: How to outlive your doctor - CNN.com</u>. As opposed to Radon, it might be the sulfur in the water that helps the Greek Islanders live longer, if the island is volcanic, which it probably is.

I threw out the garbage, and I picked up the mail. I got my \$10 survey check. I chatted with a neighbor. I chatted with a relative. CIO

Note: <888> 04/20/09 Monday 3:55 A.M.. I ate a 1/6th piece of pumpkin pie. I will now shut down the primary Vista computer, and I will go to bed soon. Also the budget is tighter, since the George Weston Bakeries Arnold Bread Outlet is no longer in Byram nearby anymore, but at 203 pounds, I am not starving. I actually could stand to lose about 20 pounds or more, but with all of the walking that I do, it makes me hungry. Only about four tulips are out at the veterans monument downtown, and they look to be red ones and white ones. CIO

Note: <888> 04/20/09 Monday 3:05 A.M.. Snow is still available <u>Adopt a Dog - North</u> <u>Shore Animal League America White German Shepherd Mix</u>. I was walking Julie Bolton's Daughter Lisa's White German Shepard that came from the North Shore Animal League for about two years from 1980 to 1982 in Manhattan, and Silver was quite a smart dog like a Guide Dog, Silver use to lead me around and keep me out of trouble. As I recall Silver was a male full breed white German Shepard dog, and Silver was very alert around all of the pedestrian traffic in Manhattan. The night Ronald Reagan first showed up in Manhattan after being elected President, I walked Silver through Central Park at night over to the Waldorf Astoria, and all of the secret service agents were so excited to see Silver, they took pictures of Silver with a Polaroid camera. Julie Bolton's father lived in Santa Barbara, California after he divorced Vivian West in the 1930s, so Silver had a California connection. On the way back through Central Park that evening, there was a big commotion by the Dakota where Lisa worked in the liquor store, and I later learned that John Lennon had been shot. Lisa dated a Chinese taxi cab driver whose family had a silk business in Peking, China, and she was the first American to work as a flight attendant for China airlines, so she has probably seen a few places around the world. John her secretive older brother does not communicate enough, since he is very secretive, but more than likely he could be elsewhere. The last time, he stopped by about five years ago, he was wearing a U.S. Embassy in Thailand red T shirt from where his father worked before retiring from the U.S. State Department <u>www.state.gov</u>. Vivian West's mother, John's great grandmother was part of the Kaiser of Germany's consular staff in Manhattan before World War I, and Vivian knew Billy Baldwin a friend of the Duke of Windsor. CIO

Note: <888> 04/20/09 Monday 2:10 A.M.. Prince Charles all dressed up on his 60th birthday <u>The Royal Family > The Prince of Wales> Background</u>. CIO

Note: <888> 04/20/09 Monday 1:30 A.M.. The renovated building at the top of Greenwich Avenue on the west side where the "V" jewelry store now is occupied and completed. The old Lowes movie theatre across the street from Richards is being gutted for some new Greenwich Avenue enterprise. I finished defragmenting the C: drive on the bedroom Gigabyte computer, and I shut it down.

The state of my current computer setup is still at: <u>http://mikelouisscott.com/computer.htm</u>. I do not expect it to change any time in the future, since on limited income with a recession, I am just maintaining what I have in stock. I have to make <u>www.geico.com</u> automobile insurance payments for the next three months through July 2009, and cigarettes also went up \$7 a carton with the new Federal Tax, so possibly I need to think about quitting smoking or cutting way back. CIO

Note: <888> 04/20/09 Monday 1:00 A.M.. I finished the backups on the bedroom Gigabyte computer, and I am now defragmenting the C: drive. I noticed at the Greenwich Automotive Services Gulf station next to the Greenwich Library, when one fills up the tank, one has to first select Debit or Credit before sliding one's card, so the gasoline pump knows which type of transaction one wants to perform.

From my viewpoint, not much is going on in Greenwich, and there is hardly anyone at Starbucks at night anymore, and there does not seem to be much dining activity or pup or movie activity, so it is a slower town downtown at night. However, there always seems to be just as much traffic on Interstate 95 all of the time, so people are still moving around in this area, but whether they are doing anything in terms of work or not, it is hard to tell. I do not go down by the waterfront on Steamboat Road regularly anymore, since when gasoline was \$5.50 a gallon, I got use to not going down there. It is always an enjoyable exercise walk on Greenwich Avenue, when one does not have to pay to park. The new building across the street from the Sun Down saloon is all framed in, and the exterior seems to be mostly done, and they are now doing the interior work. The building at the bottom west side of Greenwich Avenue where the People Bank is, and the Ronald Reagan campaign headquarters use to be and the old Gulf Station once was is suppose to undergo renovation and expansion, so they now have the People's Bank in a Williams trailer until the work is done. The new building just south of Pickwick Plaza has its windows in, and it has its brick work done. There does not seem to be much work going on where the GAP used to be, where Ralph Lauren is building a new store complex. The new police and public safety building looks to be mostly completed, but it is not due for occupancy until July 2009. The new condominium complex across from the Delamar Hotel looks to be mostly completed, but it does not yet look like it has been occupied yet. They are suppose to spend a million dollars fixing up the Greenwich train stations and their platforms and walkways. The two office buildings across from the Greenwich Library, both look like they have been renovated and occupied. I know the old U.S. Tobacco building is occupied by three Hedge funds. The Hamilton Avenue School in Byram is completed and occupied. The new Super Stop and Shop on the Stamford side of the Old Greenwich border on U.S. 1, and there are shopping plazas across the street from it.

There use to be fabric, zipper, thread, and sewing accessory shop across from Cytec, but I am not sure if it is there anymore, but it use to have everything one would need for making clothing at home. CIO

Note: <888> 04/19/09 Sunday 11:50 P.M.. Earlier, I ate a 1/6th piece of pumpkin pie before going out. I just now ate the same dinner as last night, but for the vegetables I ate a package of Green Giant teriyaki vegetables. Since the bedroom Gigabyte computer changed a bit when I installed the updates on this past Friday, I am now doing and internal and a external backup of it.

The way that I figure it, since I have lived on the lower end of the economic scale in Greenwich, Connecticut for the last 26 years, I am better off doing things my way, as opposed to trying to keep up with the Jones are whomever still has money. Since I have walked Greenwich Avenue for 26 years, since I moved off Nantucket where I also walked a lot, as I did in Manhattan and Key West, Florida, I am a somewhat experienced walker, particularly at night. I use a car, since I live in a remote part of town, where there is no public transportation at night. I pretty much have seen everyone in the world on Greenwich Avenue these last 26 years, but nobody ever seems to notice me, since I am good at blending into the crowds. At night, it is like being the Maytag repairman.

I suppose the wealthier walkers in town still play golf, but I was told that in order to speed up play, one is required to use a motorized golf cart now. When I lived in Decatur, Alabama before moving here in June 1961, I also walked a lot there as a youth, and I enjoyed bird watching. At night I use my hearing a lot, since one can not always see as well at night.

Decatur, Alabama was about 20 miles south of Huntsville, Alabama, and Senator John Sparkman at the time was from Alabama, and he was the Senior Senator on the Senate Defense Committee, so he put <u>www.nasa.gov</u> in Huntsville, Alabama. From what I know Greenwich, Connecticut is mostly a Wall Street town, so since I have a Bachelors of Arts Degree in Economics from <u>www.lfc.edu</u>, the business aspect of Greenwich, Connecticut makes sense to me knowing the larger overall picture in the New York Metropolitan area. CIO

Note: <888> 04/19/09 Sunday 9:45 P.M.. http://www.cnn.com/video/#/video/world/2009/04/19/wedeman.egypt.cleo.tomb.cnn CIO

Note: <888> 04/19/09 Sunday 9:40 P.M.. The Original Fettuccine Alfredo

Charles Darwin

BBC NEWS | Africa | Dig 'may reveal' Cleopatra's tomb

BBC NEWS | Asia-Pacific | Tasmania's wombat poo paper a hit CIO

Note: <888> 04/19/09 Sunday 9:15 P.M.. One of my relatives won a \$2,000 coy display fish at a raffle. The relative now has to protect the Coy pond with pellet guns to keep the great white egrets in the relative's area from eating the \$2,000 coy display fish.

I went downtown after the last note. I walked the entire length of Greenwich Avenue and the train station area including the far side of the train station. I saw Metro North coming and going in both directions and along with Amtrak going south. The liberals in Boston whom think they run the world always take the Amtrak south from Boston on Sunday evenings to Washington D.C. picking up some of their liberal friends at Penn Station on the way down to D.C.. I guess they are modern day hobos.

During my walk, I stopped by CVS, and I bought a 100 ounce Tide Ultra 2x liquid detergent for \$10.99 and .66 tax for \$11.65 total. There were a few dog walkers out and about and that was about it. I used the bathroom at Starbucks, and I sat out for a while. I then returned home. CIO

Note: <888> 04/19/09 Sunday 5:50 P.M.. I chatted with a relative. I chatted with neighbors. I put away the laundry. I went outside a few times. I will now eat two hotdog with buns and mustard and ketchup and 1/4th of a 5.5 ounce tube of Pringle sour cream and onion potato chips and a dill pickle slice and a glass of watered down passion punch. I will shut down the primary Vista computer, and I will go out for a walk after I eat. CIO

Note: <888> 04/19/09 Sunday 4:00 P.M.. I watched a program from midnight until 2 A.M. about King Arthur. Apparently, the Saxons took over England for about the last 1500 years, and the real English live in Wales and Brittany. I woke up at 7 A.M. when a friend called. I went back to bed until 12:30 P.M.. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I am doing two loads of laundry with 5 minutes to go on the wash cycle. I put clean linens on the bed. I threw out the garbage, and I chatted with neighbors. CIO

Note: <888> 04/18/09 Saturday 11:55 P.M.. I will now shut down the primary Vista computer. I will watch some television, and then I will go to bed. Have a good night. CIO

End of Scott's Notes week of 04/18/09:

Note: <888> 04/18/09 Saturday 11:10 P.M. <u>Albert Einstein (American physicist) --</u> Britannica Online Encyclopedia

BBC NEWS | Programmes | Click | Creating a panoramic experience

I will now send out my weekly notes. CIO

Note: <888> 04/18/09 Saturday 10:50 P.M.. I ate a 1/6th piece of pumpkin pie and a cup of Salada green tea with splenda and lemon juice. CIO

Note: <888> 04/18/09 Saturday 8:30 P.M.. I woke up at noon. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I took down the flags off the hallway bookcases, and I put them in the lower bedroom Rubbermaid hamper. That way the hallway looks more spacious. I showered, and I cleaned up. The tulips as they got older were causing me allergy problems, so I gave them to a neighbor to plant. I chatted with neighbors. I rehooked up the little miniature jump start system the Audi, so it might be available for jump starts. I went by the Greenwich Library, and I returned the Que book on Windows Vista SP1. I read P.C. Magazine. I chatted with the regular library security guard whom is back from Vero Beach, Florida after a year and a half. He told me it rough down there, and he lost about 50 pounds. I walked the entire length of Greenwich Avenue and the train station area. I chatted with a young woman from Russia, who told a lot of Russians live in Brighton Beach, Brooklyn, New York, which I knew. I chatted about my web site, and I gave them a calling card. I browsed CVS, but there were no bargain. I used the bathroom at the senior and the arts center. I chatted with a local who told me he does not recognize anyone anymore. I went by the Greenwich Automotive Services Gulf station, and they had a \$8.8 million dollar lottery winner. I put \$11 of self service premium at \$2.559 a gallon for 4.297 gallons at odometer reading of 62, 456 miles for 59.5 miles driving since last Saturday at 13.8468 miles per gallon this past week. I then cleaned the outside of my windows, and I checked the tires for 32 PSI. I then went by the Stop and Shop, and I bought a large vesterday's pumpkin pie for \$4, a six pack of vesterday's bulkie rolls for \$1.25, a dozen Jumbo eggs for \$2.49 expire May 24, 2009, top round London Broil for \$1.79 a pound for \$5.62, and fresh Chiquita bananas for .68 a pound for \$1.26 for \$14.62 total. I then put my groceries in the car, and I went back into the store, and I bought four buy one get one free of Hebrew National reduced fat hotdogs for \$5.29 for two for \$10.58 total. I then returned home. I brought up my groceries, and there was no mail. I put away my groceries. I chatted with a relative. Another relative that was driving through the area called at 5:30 P.M., when they were eating nearby at McDonalds, and they are now out of the area.

I will now eat about a 10 ounce piece of sautéed top round London Broil with flavored rice and steamed and Green Giant frozen broccoli with olive oil and watered down passion punch. CIO

Note: <888> 04/18/09 Saturday 5:15 A.M.. Well I am a bit tired, so I will now shut down the primary Vista computer, and I will go back to bed. It is suppose to be up to 69 degrees Fahrenheit and cloudy today. CIO

Note: <888> 04/18/09 Saturday 4:55 A.M.. One of my friends in Manhattan has so few English speaking friends, that she is going to try to teach English as a second language, so she has more people to talk to. When I lived in Key West, Florida it was like living in a foreign country, since nobody spoke English, and I spent most of my time speaking French to French Canadians and Haitians. Most people down there speak Spanish. I knew a couple of other people that spoke English, but one of them knew Spanish, so I spent most of my time chatting with the other person that spoke English. When I was in Lanzarote in the Canary Islands, most people spoke Spanish, and I tried to communicate to them in French which is similar, but when I met Rhone Dietrin who knew English, Norwegian, and Spanish, I had someone to talk to. We have a lot of English communications around here, but most of it comes out of Manhattan. I am not sure how many people speak English here, since when I walk downtown, I do not hear that many people speaking English. It is sort of strange since the official language of the United States is English, but in a wealthy community near New York not many people seem to know English. I suppose the newer people here are from Europe, where they speak quite a few different languages. Well I still have a few friends and relatives in this area that speak English, so it is not like I do not have anyone to talk to.

The Scott family have a presence in Canada too, so if one gets tired of talking about American trivia, one can always visit Toronto, Ontario, Canada to practice English, but it is colder up there. There are quite a few Canadians in Chicago, Illinois where it is colder, and most of my teachers at <u>www.lfc.edu</u> were Canadian, so possibly I am better networked with the Canadians than I realize. Well at least it is warmer down here, and I do not have to deal with all of the wild animals up in Canada. Also they have a lot of ice storms in Toronto, but they have about 40 miles of underground pedestrians shopping areas, so one does not always have to go outside in the cold.

Of course I knew quite a few Canadians in Key West, Florida. I see quite a few Canadians in Kennebunkport, Maine. The last time I visited Washington D.C. around 1991, they had built a new Canadian Embassy near the Capital with lots of security. Apparently they gets lots of refugees there applying for political asylum.

I never figured out where the Canadian consulate was in Manhattan, but they probably have one there. Fred <u>http://mikelouisscott.com/fred.htm</u> lived near the Swedish, Norwegian, Danish, Iranian, German and British consulates, so I guess I saw a lot of people from that area in the old days. However, I was more popular in Manhattan when the Republicans held the White House and the Thatcher Tory government were in office in England. However, the way the liberals are messing up the world, the conservatives might be back in office sooner than later. People tend to vote their pocket books, not their television viewing habits. CIO

Note: <888> 04/18/09 Saturday 4:30 A.M.. I made two copies of the QUE Vista CD, and I put them on the shelf below the stereo system. I enabled Vista Aero, so I have clear type fonts. I also enabled the screen saver again. CIO

Note: <888> 04/18/09 Saturday 2:45 A.M.. Danger For Swedish Pirates - Forbes.com

Why Google Is The New Pirate Bay - Forbes.com

Summer in Scotland with Great Deals to get you here

Tax Tea Party Time, Part Two - Forbes.com

Smithsonian Institution - Global Volcanism Program: Worldwide Holocene Volcano and Eruption Information

BBC NEWS | Technology | Court jails Pirate Bay founders CIO

Note: <888> 04/18/09 Saturday 2:00 A.M.. I woke up at midnight. I watched some <u>www.foxnews.com</u>. I ate two hotdogs with buns and ketchup and mustard and 1/4th of a 5.5 ounce tube of Pringle sour cream and onion potato chips and a dill pickle slice and a glass of watered down passion punch. I also drank a cup of salada tea with splenda and lemon juice. I cleaned the Ionic Pro air purifier quite well, but it still makes a slight buzzing sound like there is dust in the air. My allergies have been bothering me, so I guess it is the beginning of the allergy season, but hopefully we will get some rain soon, and that will lessen the pollen in the air. Back in the old days living in Manhattan, Nantucket, Key West, and Lanzarote was easier for allergies. CIO

Note: <888> 04/17/09 Friday 7:05 P.M.. I will now shut down the primary Vista computer, and I will take a nap or I will go back to bed. CIO

Note: <888> 04/17/09 Friday 6:50 P.M.. I ate a sliced ham, turkey, and cheese sandwich on a bulkie roll with mayonnaise and 1/4th of a 5.5 ounce tube of Pringle sour cream and onion potato chips and a dill pickle slice and a glass of watered down passion punch. I watered the plants. I threw out the garbage and the old periodical literature.

Tracking is <u>UPS: Tracking Information</u> on the order for <u>Newegg.com - Isymphony NC2</u> <u>Circumaural Noise Canceling Stereo Headphone</u> for \$8.99 with free shipping. CIO

Note: <888> 04/17/09 Friday 5:25 P.M.. I woke up at 10:30 A.M. this morning, when I had two no person telephone calls. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I cleaned the Sony Juke Box with

the AT&T CD lens cleaner. One runs track four to clean it, which I did a few times. I installed the Windiows updates on all nine computers. While doing that, I had listened to some music. I noticed that MP3s do not play as clearly as regular CDs on the Sony Juke box, but it is good enough for my purposes. I used three 3M Command sticky strips, and I hung hooks on the primary Vista, the Abit, and the Epox computers for headsets and headphones. Yes beside using the internet, one had to do a lot of computer maintenance in my current apartment setup. CIO

Note: <888> 04/16/09 Thursday 3:55 A.M.. I will now shut down the primary Vista computer, and I will go to bed soon. I am on a limited income, so it is expensive to go downtown every day, even on nice days. There are very few people here that I have not already seen before. It is the nature of the Ivy League with all of their smart people with connections that they frequently think they run the world, until they are put to the test, but they frequently have money, so they can hire smarter people to get their way. I was told today by an advisor that the Scientologists flood the courts in law suits with lots of nonsense paper work from inexpensive graduate law students. There might be a cleaver way of ending that by charging a per page fee for legal briefs. I know Cyrus Vance's word processor could type 180 words per minute on the old word processors before computers, and she drank a lot of coffee, but just because one fills a library full of propaganda does not mean it is true, it is just somebody else's viewpoint and usually if they are spending so much money for propaganda, more than likely they are hoping to make more money off it by other methods.

My grandfather Scott always said, "Believe Nothing That You Hear, and Half of What You See." Of course out in Illinois where a lot of them seem to end up in prison, there are a lot of people to sort it out, and there is a lot of time to figure it out. From what I know, more than likely once the money runs out in Greenwich, Connecticut some of the more private simpler people will probably regain control of the town from the hoard of outside invaders from around the world whom seemed to have been misinformed about the wealth of the community. About 10 years ago, there was a sign in the Greenwich, Connecticut train station that the whole town was only worth \$5,000,000,000; and at that time nobody was interested in buying it. Of course with so many expensive houses that can not be resold easily, we get a lot of renters paying high rents hoping to make quick profits off the community or their connections. Alas, there are plenty of lawyers out here and in neighboring communities along with Manhattan, so if you see some of your former neighbors from Greenwich doing whatever they really do in Manhattan, do not be surprised. Obviously a lot of the people I know in Manhattan walk a lot, so more than likely they might know more than a parked news truck.

I do know the area around Fred's <u>http://mikelouisscott.com/fred.htm</u> apartment at 420 East 49th street use to be like the scenes in the old American television program, "The Man From Uncle". Alas after rush hour passes that neighborhood twice a day coming and going, there does not seem to be really anything going on there, since a lot of the residents travel frequently or are elderly and do not go out much. It is just in the middle of the Hospital complexes that run up the East side of Manhattan for about 30 blocks in either direction, so maybe they are all Hospital Workers, and Fred was the character from the Rocky Horror Show. CIO

Note: <888> 04/16/09 Thursday 3:25 A.M.. I was told today about this <u>Winklevoss twins</u> <u>made \$65 million on Facebook "copycat" settlement » VentureBeat</u>. Needless to say nobody has tried to sue me, since I was around this technology before most of them were alive, and a lot of the original patent holders might be pushing up tulips. Speaking of tulips, there are only two tulips out at the veterans monument downtown, so it definitely was a colder winter. With IBM and GE around here along with a few other companies, there has always been industrial espionage, and it is my viewpoint the local garbage men seem to make more money off high technology for their skills compared to some of the real inventors. CIO

Note: <888> 04/16/09 Thursday 2:45 A.M.. There use to be a French company on Arch Street in Greenwich, Connecticut that had a small local office near the Merry Go Round Mews Thrift shop, and as I recall they sell turbines like one would use in a dam to generate electricity. I can not recall their name or if they even still exist, but more than likely in some form or the other, they are still in business. It might be this company <u>Howmet Corp.</u> -- <u>Company History</u> at 475 Steamboat Road, but they make Jet Turbines, and it does not say anything about dam turbines which are quite a bit bigger. I think their name began with P, but if it were <u>Rhône-Poulenc - Wikipedia, the free encyclopedia</u>, but it does not say anything about dam turbines. All I can find is <u>Hydro Energy Businesses in France</u>, but the name does not sound familiar. CIO

Note: <888> 04/16/09 Thursday 1:50 A.M.. The Que Windows Vista SP1 book came with a DVD that I should copy and look at. I should also look at the book. I am not getting much computer work done recently, but after the long cold winter inside, I am enjoying getting outside for a bit of exercise and sun. When one gets more sun, it raises the dopamine level in the brain, and with a lack of dopamine, one gets Parkinson's like symptoms. Also it is suppose to be good to reduce one cholesterol by exercise walking. I can not afford an expensive low cholesterol diet, but I have always walked a lot. We seemed to have a lot of the local citizens spending a little bit more time downtown in Greenwich instead of shopping and working in neighboring communities. Many of them know a lot more than I do, but I am suppose to keep doing what I do, and I am not suppose to stay focused.

As a point of mute interest in the interior decorating community, one of the more senior people that visited <u>http://mikelouisscott.com/fred.htm</u> 's apartment between 1973 and 1975 when I was a frequent guest there and helped him maintain the apartment was <u>David E.</u> <u>Lilienthal - Wikipedia, the free encyclopedia</u>, and since David Lilienthal was involved with Lazard Freres that bought up a lot of the Florida Keys and helped develop them, possibly since Fred the last time I chatted with him had a Chinese roommate named John who was going to <u>www.columbia.edu</u>, and Fred was reading 600 year old books in Chinese possibly from the Morgan Library, possibly Fred might have been in China helping on the <u>Three</u> <u>Gorges Dam - Wikipedia, the free encyclopedia</u> with his language skills. Needless to say, they do not seem to need anybody to take out laundry anymore, and get groceries and

coffee, and drive them around and keep an eye on the <u>www.un.org</u> neighborhood anymore. Possibly since Fred was born on December 25, 1947, he might have taken early retirement in some more remote part of the world, and since most of his house guests were German, he might be in Germany or some place where Germans retire or a lot of Germans live. From my viewpoint, I lived around the <u>Tennessee Valley Authority</u> before I moved to Greenwich, Connecticut, and George Cary is from around Niagara Falls, and Myles McGough's father was involved in building Hoover Dam, and Tony Pigato showed me lots of pictures of new dam construction in the Amazon River Basin in Brazil, so there might be a common thread to some of these distant friends. Of course there are a lot of dams where Bill Gates lives in Washington state, and when I went to Norway, they talked about Nord Hydro Nord Hydro . CIO

Note: <888> 04/16/09 Thursday 12:45 A.M.. SwissEduc: Stromboli Online - Volcanoes of Alaska

Amazon.com: Valles Caldera: A Geologic History: Fraser Goff: Books

<u>Global Volcanism Program | Volcanic Activity Reports | SI / USGS Weekly Volcanic Activity Report |</u>

The World's Biggest Companies - Forbes.com

The Global 2000 - Forbes.com

The School of Information Studies Syracuse University

\$39.99 with free shipping Uniden 5.8 GHz Digital Expandable Cordless Phone w/Answering System and 3 Extra Handsets, Recertified - TRU9380-4-R - Buy.com

Sir Peter Ustinov (British actor, author, and director) -- Britannica Online Encyclopedia

Easy Cooking French discount software free plus shipping

Lee Jeans Discounts 20% off, and free shipping on over \$25

BBC NEWS | Science & Environment | MI5 set to recruit science chief

BBC NEWS | Technology | Spam 'produces 17m tons of CO2'

BBC NEWS | Technology | Robots of the future unveiled CIO

Note: <888> 04/16/09 Thursday 12:15 A.M.. While I was on my walk today, I got two new Greenwich Metro North train schedules, and it is strange they are only good through April 5, 2009 to May 2, 2009. I also chatted with a relative a little while ago. CIO

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Note: <888> 04/16/09 Thursday 11:35 P.M.. When I reheated the last of the sliced lamb, I was out of mushroom gravy, so I put a bit of Texas Best Bulls Eye Barbeque Sauce on it along with Lea and Perrins Worcestershire sauce and Kikkoman soy sauce, and then I reheated it on the vegetable cycle in the GE microwave oven. I also put a few sliced mushrooms in my vegetable mixture. I made up another batch of passion punch. I chatted with a relative. I chatted with a scuba diver today on the back side of the laundry at the Cos Cob laundry, and he told me he gets \$400 to \$500 per dive, so I guess scuba divers are doing pretty well these days, but it is a hazardous occupation with all of the big fish in the ocean.

If one is rich or on a government budget, one can get professional fire extinguishers or have your Kidde fire extinguisher recharged at nearby <u>Welcome To Interstate Fire & Safety</u>. I also ate a 1/6th piece of pumpkin pie. CIO

Note: <888> 04/16/09 Thursday 9:30 P.M.. I woke up at 10:30 A.M. this morning, when I had a telephone call from the American Indians trying to fund raise for poor Indians in Arizona. I explained to them that on limited income, I can not afford to donate, but at least they own some property, so they are not that hard up. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up.

I ordered <u>Newegg.com - Isymphony NC2 Circumaural Noise Canceling Stereo Headphone</u> for \$8.99 with free shipping. I will use it for my headset that plays my stereo system at the primary Vista computer replacing the older Realistic one.

I threw out the garbage. I went to my usual 3 P.M. appointment. I then went over to Radio Shack in Cos Cob, and I bought a <u>Gold-Plated Stereo Adapter, 1/8'' Jack to 1/4''</u> <u>Plug - RadioShack.com</u> for \$5.49 and .33 tax for \$5.82 total. I will use it with the new headphones to connect them to the Audio cable. I tried to help out a local French citizen start his older American car with my little tiny jumper system that I had in the car, but it would not work. He called a relative to jump start his car. I am not suppose to jump start my Audi, because it has a computer ignition system that can be damaged by jump starting. I toured the CVS in Cos Cob, and I used the bathroom there. I then went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I chatted with some locals. I browsed the front entrance of CVS. I used the bathroom at the senior and the arts center.

I then drove over to <u>www.homedepot.com</u> in Port Chester, New York, and I toured their garden department. I noticed their energy saving light bulbs in four packs are \$1.50 to \$2.00 each which is cheaper than \$5 at CVS. I noticed there is a new Walgreen's in downtown Port Chester on Main street across from Costco.

I bought a <u>Kidde Pro 340 Fire Extinguisher - 21005782 at The Home Depot</u> for \$49.97, <u>Command 3MTM CommandTM Adhesive Medium Hook Replacement Strips 17021 - 17021P</u> at The Home Depot for \$2.57, and a <u>GE 25 ft Handset Coil Cord, White - 26122004 at The</u> <u>Home Depot</u> for \$5.57 and \$4.29 tax for \$62.40 total.

I then returned home, and I brought up my purchases and the mail. I put the Radio Shack gold plug by the FIC server where the headphones will be. I put the Kidde Fire Extinguisher along side the Chief Croker fire extinguisher. It is not as large as the Chief Croker, but it will be handy in an emergency. I put the sign with the red "Fire Extinguisher" down arrow on the mirror above the fire extinguishers. I labeled its date on the tag and the serial number. I put the new white 25 foot GE handset line on the new AT&T wall phone in the kitchen, and it works just fine. I will store the 3M Command strips on the right lower shelf of the cabinet on the sideboard in the bedroom. I use to them to attach the hooks to my monitors that I hang headsets from. I chatted with a relative.

I will now make and eat the same dinner as the last four nights without the stuffing. CIO

Note: <888> 04/16/09 Thursday 2:15 A.M.. This is about the best deal I can find in a fire extinguisher search "Kidde Pro 340 Fire Extinguisher model 21005782" at <u>www.homedepot.com</u>. I am a bit tired, so I will now shut down the primary Vista computer, and I will go to bed soon. I have a 3 P.M. appointment today, so I have to be up at noon. Besides the two fire extinguishers in my apartment, I also have one in the car and one in the hallway outside of my apartment. CIO

Note: <888> 04/16/09 Thursday 1:25 A.M.. Back around 1964, I drove down to Williamsburg, Virginia Colonial Virginia - Williamsburg Virginia Official Site - Guide for Colonial Williamsburg, VA with Jerry Harrison a neighbor from Round Hill Road and Mrs. Barclay who was Carlisle Humesline's secretary, and he was in charge of Colonial Williamsburg. We hauled down some traditional white wrought iron furniture in a U-Haul trailer, and stayed with Mrs. Barclay who lived in the restored old jail in the historic district across from the state mental asylum which was yellow brick. Since we lived in the historic district, we got to drink beer and eat ham sandwiches at the Sir Walter Raleigh tavern, and we got to see how they made salt pottery beer mugs. We saw them firing the cannons every day, and we toured most of the old restored buildings. We also saw Jamestown, Virginia which had a statue of Pocahontas. We toured the colonial capital building and the governor's palace too. During the trips we also visited some of their friends at a large brick house on the James River that from what I recall looks like Welcome to the Carter Hall Conference Center-Project Hope, but as I recall it was nearer Williamsburg and not west of Washington D.C., so possibly it was another similar looking house on the James River. It was a private residence. We also went to a wedding that had a reception at the The Country Club of Virginia, and as I recall the Boar's Head Country Club was across the road. Since I had lived down south for a few years before, I knew something about southern manners and hospitality, which I seem to have forgotten a long time ago dealing with all of the Big City Folks in the New York City area. http://mikelouisscott.com/fred.htm use to accompany Helen Kress Williams down to Williamsburg, when she lectured at the Colonial Williamsburg Society, so they must have known something about the history of the area.

Also when I looked at colleges before going to <u>www.lfc.edu</u>, I drove down to <u>Washington</u> <u>and Lee University :: Lexington, Virginia</u>, and my father and I were shown around the campus by the President of the University. Also when we were driving north to Fairfield County, Connecticut from Decatur, Alabama in the summer of 1961, we toured <u>Thomas</u> <u>Jefferson's Monticello</u>, and on one of those trips we also toured the <u>University of Virginia</u>. However, during the radical years around American Universities during the Viet Nam War, we had better security at <u>www.lfc.edu</u> since it was next to Fort Sheridan <u>www.army.mil</u> base and just south of Great Lakes Naval Station, so more than likely we were somewhat secluded other than what we knew from the New York Times. However, it was rather cold out there, so more than likely we learned to keep busy in cold weather. CIO

Note: <888> 04/16/09 Thursday 12:30 A.M.. White House taxes <u>CNN Political Ticker: All</u> politics, all the time Blog Archive - White House releases Obama, Biden tax returns « - <u>Blogs from CNN.com</u>

<u>\$25 and \$4 shipping Microsoft LifeCam NX-6000 3x Digital Zoom 1600 x 1190 USB 7.6</u> <u>Megapixels Still Photos WebCam - Retail Box | TechSunny.com</u> CIO

Note: <888> 04/15/09 Wednesday 11:45 P.M. JPMorgan Set To Report - Forbes.com

Microsoft patches 'insane' number of bugs

The Greenwich Land Trust

I noticed in the windows of Planet Pizza downtown on Railroad Avenue, someone had posted a flier advertising AKC German Shepard puppies for sale for \$800 each.

Travel Deals: Cheap Travel Packages, Last Minute Deals - SideStep Scotland

Leonardo da Vinci

McDonald's Corporation (American corporation) -- Britannica Online Encyclopedia

Titanic (ship) -- Britannica Online Encyclopedia

Optimum Rewards

BBC NEWS | Middle East | Dig 'may reveal' Cleopatra's tomb CIO

Note: <888> 04/15/09 Wednesday 11:00 P.M.. As a point of mute interest a Vice President of the United States does not get Secret Service protection after he is vice president, but a few people probably still keep and eye on him. I ate the same lamb dinner as the last few nights. I still have enough lamb left for another meal. I did not have anymore stuffing. I threw out lamb bone after I had cut off the remaining lamb. It is a nice spring night.

The government is talking about shovel ready projects. I remember back in the mid 1970s, Nelson Rockefeller wanted to build a bridge across Long Island Sound from Sands Point, Long Island to New Rochelle, New York, but they later cancelled the project. I once thought it might be a good idea to build a bridge from Oyster Bay, Long Island to Steamboat Road in Greenwich, but when I studied the maps, it looks like it would be a shorter distance from Lloyd's Neck, Long Island to South Norwalk, Connecticut. However, one of the most frequent fishermen on Steamboat Road advised me there is a very deep canyon running along the bottom of Long Island Sound, so it would not be feasible to build a bridge with today's technology. They could build some sort of floating bridge, but with the tides and the ocean currents, there probably would be major complications. CIO

Note: <888> 04/15/09 Wednesday 9:20 P.M.. I woke up around noon today. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I chatted with a relative. I showered, and I cleaned up. I threw out the garbage. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I stopped by the Greenwich Cigar store, and I bought a Fast 50's scratch card for a dollar, but I lost. I stopped by the Greenwich Hardware store, and I toured the store. They sell a Kidd fire extinguisher there for \$42.99 that is a decent size in an emergency. I have a larger Chief Croker one that was charged up in December 1999, but it says it is still fully charged, so I guess I do not need another one. I stopped by CVS, and I bought a 9.75 ounce can of Planters whole cashew nuts for \$3.50 or \$2.99 off. I ate some at the bench up towards the top of Greenwich Avenue. I then finished my walk. I used the bathroom at the Senior and the Arts center, and I ate some more cashew nuts, and I fed some to the sparrows. I then went by the Greenwich Tobacco shop, and I bought two ounces of Round Hill pipe tobacco for \$8.80 total. I then went by the Greenwich Library, and I chatted with the reference librarian. There was a fellow there from India wearing a black turban. It was about 9 years ago in the last week of May, I met Dr. Pelai from India, and he was wearing a black turban, and that same day somebody took high powered rifle shot at me at the southwestern picnic area at Tod's Point. The two copies of P.C. Magazine have not been available at the Greenwich Library recently. I then returned home. I helped a neighbor find the key for his new car. I picked up my mail. I ate the rest of the cashew nuts. I also ate a 1/6th piece of pumpkin pie. I put the Round Hill pipe tobacco in its plastic bag in the ceramic Win Schulor mustard jar on my pipe stand that I keep in my bedroom window to have available to smoke my pipe in case I can not afford cigarettes. I chatted with a relative. CIO

Note: <888> 04/15/09 Wednesday 12:55 A.M.. Well not much happening way out here in Southwestern Greenwich, Connecticut. Well at least I know how to communicate instead of letting the minions of William Randolph Hearst III dictates all of the news in <u>www.greenwichtime.com</u>. However, since my branch of the Scott family is suppose to be an original First Family of Virginia, more than likely we are already related to the Randolph family way back when. I will now shut down the primary Vista computer, and I will go to bed soon. As a minor point of dispute, when I first got on the internet over 15 years ago, there was a Scott family member murdered <u>Donald P. Scott - Wikipedia, the free</u> <u>encyclopedia</u> by California Sheriffs in Malibu, California on his 200 acre ranch, when they accused him for planting illegal marijuana on his ranch at his elderly age in his mid 70s, when it was more than likely local hippies trespassing on his property. Thus it would seem a lot of these so called liberal hippies have separate political agendas, so more than likely the Old Guard will have to keep a closer eye on them. CIO

Note: <888> 04/15/09 Wednesday 12:10 A.M.. Since Fred was busy catering to a mostly Social Register clientele, there were other vendors in Manhattan trying to get some of this business and contacts. I recall the people from Columbia, South America were particularly energetic in the Beekman Place neighborhood. Possibly since Fred had lived with Richard Nixon's ambassador to Spain in Madrid, Spain, he knew other Spanish speaking people from elsewhere in the world. I just opened another 36 ounce bag of Eight O'clock Columbian coffee. In Fred's day, the A&P heir Huntington Hartford was a neighbor in the Beekman Place neighborhood, and the A&P company owned Eight O'Clock coffee before they sold it to www.coke.com . Alas Fred only bought Viennese Blend coffee from Mr. McNulty down on Christopher Street in Greenwich Village, and for breakfast he would only eat fresh croissants flow in from Paris, France on the Concorde and sold at the bakery on the southeast corner of 49th street and 2nd Avenue in Manhattan. The Kips Bay boys club was near Fred's apartment, so maybe he knew some younger people that finally grew up to be a bit older. George Cary even visited us there, and he seemed to enjoy the Billy Baldwin decorating style that Fred tried to learn from Billy Baldwin, since Fred was suppose to be taking over his business. Fred's business partner was Taylor Sterling that lived here in Greenwich, Connecticut and next to the Citicorp building in Manhattan. Although I have a talent for design and decorating, I frequently find it tedious looking at scrap books of paint and wall paper and carpet and catalogs of various items, so on a limited budget, when I was in Nantucket, I found it necessary to eat, so I learned a bit about being kitchen help in the local Nantucket restaurants. CIO

Note: <888> 04/14/09 Tuesday 11:35 P.M.. There might be some extra British Citizens here in Greenwich, Connecticut. I saw one young fellow downtown today with a small British flag on his blue cardigan. At the Greenwich Hospital Thrift Shop, I saw the fellow from India with his wife for a change, and the first time I saw him, was on the Christmas Eve before the Tsunami in Indonesia, so I tend to think when I see him some global catastrophy is about to happen. We did not speak. I noticed a lot more of an international group of people using the Greenwich Library today, since I am only limited to American English, I do not try to network too much, since it confuses people in other languages, since I speak American English quite fast. I was told by someone from India recently that there has not been an emperor or empress in India for over 400 years, so it has me confused that Queen Victoria was the last Empress of India, unless she was a lot older than she appeared. I once read that the Battenberg family from Germany were actually from India, which might explain the British connection. I never studied European History very much in my education, but I know there are other European and worldwide royal families that seem to come and go in this area with the www.un.org being nearby in Manhattan. Since the news media does not cover the U.N. locally, one never knows what they are doing. When I helped Fred Von Mierers http://mikelouisscott.com/fred.htm around the apartment at 420 East 49th street in Manhattan when I was a guest there, we never paid any attention to the

U.N., and we did mostly house keeping errands. There were a lot of international visitors that frequented his apartment and a few Americans, and one of the first Americans, I remember was someone that looked like Wilbur Banks from Greenwich, Connecticut who was the Electrolux vacuum cleaner salesman, and Fred bought a new unit from him. We still have the Electrolux salesroom off Armagone Causeway to the east of Greenwich Avenue, but they now have some sort of new name. I think their units run close to a \$1,000 now, so I bought two years ago a complicated Hoover from www.lnt.com as a clearance item for \$80 down from \$450, but it works quite well. I donated my two old vintage Electrolux vacuum cleaners to the Greenwich Hospital Thrift Shop. I still have a fairly new Sears Upright with attachments and extra bags that I repaired, when a neighbor threw it out. Although I do not have much floor space in my apartment with all of the various items, the new Hoover is also very good at picking up dust, and since it does not use bags, one can save money on dollar bags from Electrolux. The Hoover looks like it was designed by a folding bicycle mechanic, so it is somewhat complicated to figure out how to use, but it works quite well. It is also a bit heavy. As I recall from the www.greenwichtime.com, the Duke of Windsor dedicated a statue at the Electrolux factory in Old Greenwich, Connecticut around 1926 on a state visit, so the Anglophile community have been keeping busy vacuuming ever since. I think there was a Swedish fellow that knew the Duke of Windsor when he was Governor of the Bahamas, and the Swedish fellow use to lend his vacht the Southern Cross for the Duke of Windsor and the Duchess of Windsor to go back and forth to Europe and travel to the United States on. The Duke of Windsor also knew somebody in the Bahamas that was murdered, and the individual owned a very prosperous gold mind somewhere up in Canada. Wilbur Banks was in the Duke of Windsor's Honor Guard in Newport, Rhode Island, so he must have visited Newport too. CIO

I have been advised that I can not have too many guests here, since it creates security problems for my neighbors. However, since I am mostly on the internet and computers all of the time, I have global communications, but people seem unwilling or unable to communicate, so therefore they probably are more interested in more expensive activities in this area. Basically from what I know which is not much, I am mostly reading through the tea leaves here all of the time. CIO

Note: <888> 04/14/09 Tuesday 10:05 P.M.. Did You Feel It?

M5.0 - Island of Hawaii, Hawaii

USGS Hawaiian Volcano Observatory (HVO)

CompUSA 100 deals under \$100

Congressman Jim Himes : Democrat ??

1 in 5 Windows PCs still hackable by Conficker

<u>Unemployed 48 Year Old Woman Sings for Simon Cowell -- A Star is Born - The World</u> <u>Newser</u>

Microsoft Connected Health Conference

BBC NEWS | Science & Environment | Ancient medicines were alcoholic CIO

Note: <888> 04/14/09 Tuesday 9:15 P.M. I also ate a 1/6th piece of pumpkin pie. CIO

Note: <888> 04/14/09 Tuesday 7:55 P.M.. I woke up at 8 A.M. this morning. The Queen Mary II was back in Manhattan from its around the World Tour <u>QM2 - Itinerary - 2009</u>. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I went back to bed until noon. I washed the breakfast dishes. I made my bed. I chatted with a relative.

I ordered for a relative to be delivered to another relative to be used in Maine a <u>Uniden</u> <u>TRU9485-4W-R 5.8 GHz Cordless Phone w/3 Extra Handsets, Recertified - TRU9485-4W -</u> <u>Buy.com</u> for \$39.99 with free shipping. The relative paid for it. I chatted with the relative twice more.

I ate two hot dogs with buns and mustard and ketchup and 1/4th of a 5.5 ounce tube of Pringle sour cream onion and potato chips and a dill pickle slice and a glass of watered down passion punch.

I showered, and I cleaned up. I went out, and I went downtown. I walked the entire length of Greenwich Avenue and the train station area. I stopped by CVS, and I bought a 12 roll bundle of Scott toilet paper for \$6.99 and .42 tax for \$7.41 total. I finished my walk. I then went by the Greenwich Hospital Thrift Shop. I bought a like new AT&T model 210 white Princess Wall phone for \$3 and it came with a telephone cable. I also bought a 12 foot coaxial cable for \$1 for \$4 total. I then went by the Greenwich Library, and I read P.C. World Magazine. I used the bathroom. I chatted with someone from the Greenwich Land Trust about <u>http://mikelouisscott.com/fred.htm</u>. I checked out a large book by Que on Microsoft Vista SP1. I then went by the Stop and Shop, and they said I had no proof that the Hillshire sliced turkey meat was 3 packages for \$10 last Friday, so they would not refund my money.

I bought a yesterday's pumpkin pie for \$2.50, three eight packs of Stop and Shop hot dog buns for \$5 all, two Ball Park bun size mixed meat franks for \$2.50 each package, fresh Chiquita bananas for .68 a pound for .99, and a liter bottle of Perrier for \$1.49 and .05 bottle deposit less a \$1.49 off from the free Perrier Jimmy fund coupon for \$13.58 total. I then returned home, and I brought up my purchases.

I took the Radio Shack wall phone off the kitchen wall, and I installed the AT&T white princess style model 210 wall phone on the wall using a one foot telephone cable, and I also put an older 25 foot slightly soiled white handset cable on it, so it can be used at a distance. Of course I have the two line Panasonic cordless telephone in the kitchen and the Uniden single line cordless at the kitchen entrance, but the AT&T telephone like the Radio Shack phone has a volume switch to increase its audio for people hard of hearing. It works just fine. I put the spare telephone cable in the top left FIC server desk in the living room. I put the 12 foot Coaxial cable on the lower level of the sweater closet in the hallway.

I will now make and reheat the same lamb dinner as the last two days. CIO

Note: <888> 04/13/09 Monday 11:15 P.M.. I will now shut down the primary Vista computer, and I will go to bed soon. Have a good evening. High tomorrow of 50 degrees Fahrenheit and mostly cloudy. CIO

Note: <888> 04/13/09 Monday 10:50 P.M.. In the last recession back in the fall of 1976, www.mcdonalds.com would not even hire me in Fort Lauderdale, Florida. The following winter after working in restaurants in Nantucket, I found work at the THIS ESTABLISHMENT IS CLOSED La Vieille Maison Restaurant Boca Raton Miami/South Florida FL Reviews Gayot where I earned \$2.15 an hour as a dish washer for a few months. I took home about \$85 a week which was not enough to rent a small apartment, so the chef leant me a tent to camp out in the small patch of jungle on the north side of the Boca Inlet. I had to quit the job around the middle of January 1977, when a bull dozer showed up to build the new Excelsior Hotel in Boca Raton, Florida. I took my last pay check, and I bought a round trip ticket to Nassau from the Fort Lauderdale airport, and I arrived in Nassau. I checked my back pack at the airport, and I started to walk into town with a small ditty bag. I was given a ride by a local taxi cab driver that showed me his house over looking Paradise island and offer me a smoke, since I had quit smoking cigarettes at that time. He then showed me the Cloister on Paradise Island, and he told me I could camp out there. I went for a walk around the grounds after resting for a while, and I met Richard Mercy who was from London, England. The next evening, he showed up, and we walked the beach, and he showed me a solar powered generator. I leant him my Addidas sneakers, since the little pine cones on the beach hurt his feet. He suggested that I stay in a cottage at the Paradise Island resort with his roommate Romsey from London, so I stayed there. It was quite humid inside, since the British tend not to use air conditioning. The following evening, we went to the Casino in a white Cadillac limousine, and we picked up a lady with a body guard that looked like the Shah of Iran's wife. There were about 5,000 young blond haired people in the Casino in formal ware, and I was only wearing khakis and a red flannel shirt. We had a vegetarian dinner, and we did not gamble. Richard Mercy told me he was a banker in London, England, and he lived at Eaton Square. I ate a McDonalds in downtown Nassau with my last money, and I walked out to the airport. There were a half dozen B.O.A.C. 747s at the Nassau airport. I picked up my back pack, and I had to pay a \$3 exit tax, and I returned back to Fort Lauderdale, Florida where I knew how to camp out. I think a few days later, I hitchhiked down to Key West, Florida, where I camped out, until I met John Bolton who had the key to the Casa Marina Hotel which was just beginning to under go renovation. While in Key West, Florida that winter Jimmy Eldert showed up again, and we had dinner with a friend of his at his friend's Japanese house near the Casa Marina, and I once cooked a red snapper that I bought off the pier at Jimmy's apartment across the street from the Catholic Church. Later on that season Jimmy said good bye, and he left Key West, Florida with blue duffle bag, and he hitch hiked out to California. The next fall, John and I drove through Santa Cruz, California, but we did not know Jimmy was there. The following fall, I looked him

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up in Santa Cruz, California, where he was attending the University there, and he lived nearby O'Neal's surf shop, and he had a part time job as a disk jockey at the Catholic Church radio station in Santa Cruz, California. By the mid 1980s, Jimmy had moved to the Malibu Colony, and I lost track of him, once I got on the internet. Helen Kress Williams of Oyster Bay, Long Island said we were suppose to keep an eye on him, but she never explained why, but she had a large network of Old Guard friends. More than likely he is still living in warmer climates, since they have too much snow in Syracuse, New York where he was raised. From what I know, he might be living around some of Richard Nixon's old friends in California, whom seemed to have survived unlike the East Coast republicans whom are pretty much down the tubes. CIO

Note: <888> 04/13/09 Monday 10:00 P.M.. When I was outside this evening at dusk, I heard an owl out in the woods.

During the last recession during from the third week of September 1976 until about May 1, 1977 and from October 1977 to about May 1, 1978, I was outside a lot in south Florida, since I did not have a place to stay. I saw a lot of nature in that period, and I got use to observing nature. Around February 1978, when I was staying with a friend and his sister in Daytona Beach, Florida, we took off on a short trip down to the Florida Keys and on the return, we were sleeping in the in the 1971 yellow Subaru station wagon from Nantucket, and at sun rise out on the west side of Boca Raton, Florida by the polo fields we saw a very large Grey Panther watching us, like we might be breakfast.

Of course I lived down south in Martinsville, Virginia from 1953 to 1954, and I recall killing a Copperhead snake with a shovel that was in our yard. In Pensacola, Florida where we lived from 1954 to 1956, I would see lots of buzzards in the sky, and I was once out in the bayou across the street behind the neighbor's house in about a 8 foot long row boat, and I recall being kept from coming back to shore by about an eight food long alligator that eventually let me get back to shore. I was only about five years old then. In Decatur, Alabama from 1956 to 1961, we were living along the Tennessee Fly Way, so we would see millions of birds all of the time depending on the season. Up north, it is colder in the winter, so one does not get outside as much in colder weather, but from what I know there is still northern wildlife around these parts, and it is my viewpoint the wildlife migrates from north to south with the seasons, so now that it is getting warmer, the wildlife is coming back north. A Florida panther might be pretty much the same thing as a Mountain Lion or a Cougar. CIO

Note: <888> 04/13/09 Monday 9:30 P.M. Really Great ! <u>YouTube - Susan Boyle - Singer -</u> Britains Got Talent 2009

Thomas Jefferson (president of United States) -- Britannica Online Encyclopedia

Kill Your Cable TV Bill Dead

BBC NEWS | Americas | Volcano threatens Galapagos

BBC NEWS | Science & Environment

BBC NEWS | Technology CIO

Note: <888> 04/13/09 Monday 8:40 P.M.. I woke up at 6 P.M.. I went outside, and I threw out the garbage, and I chatted with a neighbor. I picked up the mail.

The <u>SONY CD PLAYER Remote Control RM-DX300 CDP-CX300 - eBay (item</u> <u>110371127225 end time Apr-29-09 18:08:53 PDT)</u> for \$14.99 and \$3.99 shipping for \$18.98 total arrived. I put in two AA alkaline batteries. It works just fine on the Sony juke box. To select a Disk number from my list of CD disks, one presses Disc and enters the number and then press Enter. I left it on the CD list on the stack of magazines beneath the Northgate Syntax computer monitor.

I ate two hot dogs with buns and ketchup and mustard and 1/4th of a 5.5 ounce tube of Pringle sour cream and onion potato chips and a dill pickle slice and a glass of watered down passion punch. CIO

Note: <888> 04/13/09 Monday 2:10 P.M.. I chatted with a relative. I was told by my relative, they saw somebody steal a beef brisket at the local grocery store in Texas. I made and reheated the same dinner as yesterday. According to <u>www.cl-p.com</u>, my next electricity bill will not be posted until May 4, 2009. I guess since I am on rate 7 Night Time rate, where the rate is 1/3rd lower from 8 P.M. to noon, but slightly higher from noon to 8 P.M., they do not bill every month. I have already paid my monthly average. I will now save some electricity and turn off the living room lights and the primary Vista computer, and I will take a nap for a while. CIO

Note: <888> 04/13/09 Monday 12:55 P.M.. Here is a copy of my Microsoft Money Million Dollar Index Portfolio from August 31, 1997 to Date <u>http://mikelouisscott.com/mls-</u> <u>stocks.pdf</u>. I do not actually own it. It is just what I tracked in the stock market for a long time. It is now worth about \$1,245,000. CIO

Note: <888> 04/13/09 Monday 10:45 A.M.. I called to wish my relative Happy Birthday. My relative's built in GE Microwave oven broke yesterday, so my relative is getting a new GE microwave oven for her birthday.

I posted this link to the pictures that were taken yesterday <u>http://mikelouisscott.com/mls-041209/</u> .

These are the pictures on the Great White Egret Nest on top of the Eagle Statue at the Tidal Pond at Tod's Point.

http://mikelouisscott.com/mls-041209/DSCN1643.JPG

http://mikelouisscott.com/mls-041209/DSCN1644.JPG

http://mikelouisscott.com/mls-041209/DSCN1645.JPG

http://mikelouisscott.com/mls-041209/DSCN1645.JPG

We're have to keep an eye out for any little baby great white egrets.

great white egret photos - Google Image Search

The Great White Egret is the symbol of the National Audubon Society . CIO

Note: <888> 04/13/09 Monday 9:25 A.M.. On the Technics amplifier, I have a quarter inch headphone jack in the front of it. I have to a two splitter available to plug into that jack, which I am not currently using. The two splitter splits the left and right channels. I have a cable running from the Technics amplifier to the headphones that hang off the server computer desk, so I am now listening to CD music with the Realistic head phones. I have Emerson wireless headphones that use two AA batteries that are hard to replace. Their cable is buy the Technics amplifier to plug into the amplifier. I am charging up two pairs of AA Nickel Cadmium Batteries, and they should be charged in nine hours around 6 P.M.. The Emerson wireless headset has a 1/4 inch to small plug adapter like the one that I was looking for. I am now listening to my Beatles music off the Sony CD juke box. CIO

Note: <888> 04/13/09 Monday 8:00 A.M.. Happy Birthday to a relative. I woke up at 5 A.M.. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I chatted with a friend. CIO

Note: <888> 04/12/09 Sunday 10:25 P.M.. I ate a sliced ham, turkey, and cheese sandwich on a bulkie roll with mayonnaise and 1/4th of a 5.5 ounce tube of Pringle sour cream and onion potato chips and a dill pickle slice and a glass of watered down passion punch which was watered down with the remaining bottle of Perrier. I am a bit tired after a long day, so I will shut down the primary Vista computer, and I will go to bed soon. CIO

Note: <888> 04/12/09 Sunday 8:55 P.M.. Best site I know for water kettles http://fantes.com/kettles.html at Fante's Kitchen Wares Shop - fantes.com . CIO

Note: <888> 04/12/09 Sunday 8:10 P.M.. Pictures from today http://mikelouisscott.com/mls-041209/. CIO

Note: <888> 04/12/09 Sunday 8:00 P.M.. I went out after the last note, and I picked up my guests. we went by the A&P Fresh at the Riverside Shopping Center, and my guests got some groceries. They were looking for a tea kettle there. They had two metal ones and one Earthstone one for \$20 each, but my guest was looking for one that would not leave a metal taste. While they were shopping, I went by RadioShack next door. I bought a <u>1/8'' Stereo</u> Jack to 1/4'' Stereo Plug Headphone Adapter - RadioShack.com for \$4.99 and .30 tax for \$5.29 total. However, I needed one with a smaller hole, so I returned it. I then went with

my guests to Walgreen's, but they did not have tea kettles there. We then drove out to the southwest picnic area at Tod's Point, and we took a few pictures. I then took a few pictures of the Great White Egret nest on top of the Eagle statue. We then went to the southeast concession area, and we took a few pictures there. We then drove over to the Super Stop and Shop on the Old Greenwich Stamford border, but they were closed at 3 P.M. We then drove east on U.S.1 around the Stamford Mall, but there is still a big hole on the east of the Stamford Mall, so Target department store is not there. We drove back west, and Target department store is across from where Caldor's used to be, but they were closed. There is a Burlington Coat Factory where Caldor's used to be. There is a Trump tower going up across the street from where Bloomingdales use to be. We then drove back west on U.S. 1 to my apartment. I showed my guests my apartment. They liked the tulips. They drank some year 2000 Perrier, and it still sparkles. We all used the bathroom. I then drove them over to the Greenwich Train station, but the main train station lobby was closed, so we waited on the platform for them to catch the 6:12 P.M. back into Manhattan. I then sat out briefly downtown. I then returned home. I chatted with a relative. I will post the pictures shortly. CIO

Note: <888> 04/12/09 Sunday 2:55 P.M.. I'm off to pick up my guests. CIO

Note: <888> 04/12/09 Sunday 2:40 P.M.. I might have my guests come over and inspect my apartment, if they are willing. They have not seen it in a couple of years. I have three tulip glasses out in case they want a Perrier or passion punch. They Perrier is Year 2000 Perrier, so I am not sure if it is still bubbly or not. I have both air purifiers going to take the cooking smells out of the apartment. CIO

Note: <888> 04/12/09 Sunday 2:35 P.M. <u>BBC NEWS | Africa | US captain released from pirates</u>

<u>BBC NEWS | Americas | Obama family 'picks first puppy'</u>. On one of my trips to Newport, Rhode Island about a dozen years ago, I met people whom kept Portuguese water dogs, but I can not remember their names now, or if they gave them to me. I also have talked with a person that keeps a Portuguese water dog on Greenwich Avenue. They look like a shaggy poodle, but they have webbed feet which are good for swimming. CIO

Note: <888> 04/12/09 Sunday 2:25 P.M.. I am dressed to go out for my two guests, and I am waiting for them to call around 3:30 P.M., but they sometimes call earlier. We probably will drive out to Tod's Point or possibly tour back country or maybe even Greenwich Avenue. One of my guests usually wants ice cream, but I am not sure if Hagen Daz is opened on Greenwich Avenue on Easter Sunday or not. CIO

Note: <888> 04/12/09 Sunday 1:30 P.M.. It is 43 degree Fahrenheit outside right now in Greenwich, Connecticut. The good news is that it is suppose to be sunny and clear all week with a high of 67 degrees Fahrenheit next Saturday, so the tulips will probably be out by then. Some of the daffodils are out already though. CIO

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Note: <888> 04/12/09 Sunday 1:10 P.M.. Dinner was delicious. I cleaned up the kitchen. I threw out the garbage. I chatted with a neighbor. CIO

Note: <888> 04/12/09 Sunday 11:55 A.M.. Easter dinner will be ready in 5 to 10 minutes. CIO

Note: <888> 04/12/09 Sunday 11:35 A.M.. I chatted with a relative. The lamb will be ready in 25 minutes. I will let it sit 5 minutes before I carve a couple of half inch slices off of it, and I will put some of the Heinz mushroom au jus gravy on it. CIO

Note: <888> 04/12/09 Sunday 10:40 A.M.. I chatted with a relative. I have the dinner already to start cooking. I also will cook a 6 ounce box of Kraft turkey stove top stuffing. I will start cooking the lamb at 10:45 A.M., and when it is done at noon, I should probably let it sit for 15 minutes before carving. CIO

Note: <888> 04/12/09 Sunday 9:40 A.M.. From what I can figure out the 3.75 pound half of a leg of Australian lamb is too heavy to cook in the Sharp convection oven. I plan to put it on a roasting rack in a roasting pan. I will season it on all sides with garlic powder, ground black pepper, dried rosemary and Italian seasoning, and then I will coat it with Texas Best barbeque sauce. I will cook it in the Farberware convection oven at 400 degrees Fahrenheit for a half hour and then 325 degrees Fahrenheit for 45 minutes. From what I can tell that should come out medium rare. I will put a 12 ounce jar of the Heinz Homestyle Au Jus gravy in a pot with half of a 8 ounce box of sliced mushrooms and heat it on the burner. I will steam in a Revere pot with an inch of water and steamer stray, a vegetable mixture of half inch potato cubes, baby carrots, sliced asparagus, and broccoli crowns for 15 minutes on medium high electric burner heat, and I will drain off the water and eat the steamed vegetables with a bit of olive oil. I can not use the Farberware convection oven and GE microwave at the same time, because of circuit overload. I will eat it all with a glass of watered down passion punch. I will have the Easter dinner around 12:15 P.M.. CIO

Note: <888> 04/12/09 Sunday 8:50 A.M.. After I cleaned up, I threw out the garbage. I walked around the building. I said "Good Morning" to a few neighbors. CIO

Note: <888> 04/12/09 Sunday 8:05 A.M.. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I put away the laundry, and I threw out the garbage. I will now shower and clean up. CIO

Note: <888> 04/12/09 Sunday 6:50 A.M.. Happy Easter. I woke up at 5:30 A.M.. I put clean linens on the bed. I am doing two loads of laundry, and I have 45 minutes to go on the dry cycle. CIO

Note: <888> 04/11/09 Saturday 8:35 P.M. I chatted with a relative.

Hard times for horses <u>The Associated Press: NY horse breeder charged with cruelty to</u> <u>animals</u>. A colder winter might have something to do with their condition.

I will now shut down the primary Vista computer, and I will go to bed soon. Have a good evening. CIO

End of Scott's Notes week of 04/11/09:

Note: <888> 04/11/09 Saturday 7:05 P.M.. New York International Auto Show

Belgian Police Department Uses Fingerprint Capture System -- Security Products

Our fancy Internet infrastructure operates on a wire and a prayer | Between the Lines | ZDNet.com

BBC NEWS | UK | Scotland | Glasgow, Lanarkshire and West

BBC NEWS | Technology | Spies 'infiltrate US power grid'

BBC NEWS | UK | Concorde's first flight celebrated

Hulu - Watch your favorites. Anytime. For free.

I ate the same dinner as last night. I have guests that I will be meeting elsewhere tomorrow about 3:30 P.M.. I will now send out my weekly notes. CIO

Note: <888> 04/11/09 Saturday 4:35 P.M.. I woke up at 7:30 A.M. this morning. I chatted with a friend. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I did some <u>http://mikelouisscott.com/bf.htm</u> on the internet. I watched some television about people being swindled in England. I chatted with a relative. I ate two hot dogs on buns with ketchup and mustard and 1/4th of a 5.5 ounce tube of Pringle sour cream and onion potato chips and a dill pickle slice and a glass of watered down passion punch.

About 1 P.M., the <u>SONY CDP-CX355 300-DISC CHANGER JUKEBOX - eBay (item</u> <u>170317034846 end time Apr-07-09 20:20:09 PDT)</u> for \$50 and \$18.75 shipping for \$68.75 total arrived and <u>CDP-CX355 | CD MegaStorage® 300 Disc Changer | Sony | SonyStyle</u> <u>USA</u>. I hooked it up in the Sony CD cabinet. It is a large unit, so the Sony TV cabinet glass doors have to stay open. I threw out the shipping box and the garbage. I picked up the mail. I sorted out my CDs. I broke them down into three groups Contemporary, Classical, and Broadway. I put them in three sections of the Sony Juke Box starting a 1 to 99, 100 to 199, and 200 to 300.

I made up a list of their locations and I printed out four copies.

http://mikelouisscott.com/scottcd.htm

http://mikelouisscott.com/scottcd.doc .

I programmed the Philips Universal Remote control to work with it under the top right SAT button. You can skip tracks and CDs with it, but you can not enter the number of a CD. I will be able to do that once I get the Sony Juke Box remote control. It works just fine, and right now I am listening to some vintage Elvis. CIO

Note: <888> 04/11/09 Saturday 12:40 A.M.. On the Jimmy Fund scratch card, I won a free one liter bottle of <u>www.perrier.com</u>. I am not sure how I cash it in. I guess you redeem it at the Stop and Shop. I did not have tea after dinner. I will now shut down the primary Vista computer, and I will go to bed soon. It is suppose to rain all day tomorrow, so I probably will not be going out. CIO

Note: <888> 04/10/09 Friday 11:25 P.M.. I woke up at 6 A.M. this morning. For breakfast I ate a bowl of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, a glass of 50% passion punch and 50% cold filtered water with vitamins and supplements, and a cup of coffee with milk and splenda. I washed the breakfast dishes. I made my bed. I went back to bed until 9 A.M.. I chatted with relatives. I did my house cleaning and watering the plants. I also cleaned the Ionic Pro air purifier. I also put away the two <u>www.army.mil</u> extreme cold weather good to minus 30 degrees Fahrenheit sleeping bags. I also put the two DeLonghi oil filled radiators in the bedroom, so they are put away for the season. I threw out the garbage and the old periodical literature. I picked up the mail. I ate two hot dogs on buns with mustard and ketchup and 1/4th of a 5.5 ounce tube of Pringle sour cream and onion potato chips and a glass of watered down passion punch. I chatted with a relative. The good new is that the six tulips in my apartment bloomed today on Good Friday, and they are a combination of rose and yellow. When I watered the plants, I also used 10 drops of Schultz plant food per quart of water. I slept from 3 P.M. to 6 P.M..

Tracking is <u>FedEx Tracking</u> on the order for <u>12-Ft. AXIS Gold Audio Cable w/Dual RCA -</u> <u>RadioShack.com</u> for \$4.99 arrived. The FedEx delivery person looked like Obama, so maybe he is a relative. I put the cable on the lower Sony cabinet shelf.

I chatted with a friend visiting Bethany Beach, Delaware.

I showered, and I cleaned up. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area including the far side of the station. I stopped by the Greenwich Cigar store, and I played a Beginners Luck scratch card for \$1, and I won \$2. I chatted with another regular walker downtown. I used the bathroom at Starbucks. I chatted with a relative on the AT&T wireless go phone that I carry. While I was sitting at the bench at the veterans monument downtown three brown and tan bunny rabbits appeared. The tulips do not look like they will be out for Easter downtown. I stopped by CVS, and I bought a 10 pack of Merrick tubular hangers for \$3.49 and .21 tax for \$3.70 total. I finished my walk. I sat out for while. I carried my umbrella in the rain. I then went by the Greenwich Automotive Service Gulf station, and I bought \$6.01 of self service premium gasoline at \$2.559 a gallon for 2.348 gallons for 29 miles driving this week for 12.35 miles per gallon at odometer reading of 62,397 miles.

I then went by the Stop and Shop, and I bought a half gallon of minute maid orange juice with calcium for \$2.50, sliced deli Virginia ham for \$4.99 a pound for \$7.71, two 12 ounce jars of Heinz Au Jus gravy for \$1.50, a 64 ounce bottle of Heinz ketchup for \$4.49, two quart jars of Vlassic kosher dill pickle slices for \$2.50 each, two Hormel 9 ounce packages of sliced turkey for \$4.49 each, but the sign said they were suppose to be three for \$10, so I should have bought three, fresh asparagus for \$1.69 a pound for \$1.69, fresh Chiquita bananas for .68 a pound for \$2.38, a bulb of garlic for \$2.99 a pound for .33, a 8 ounce package of fresh mushrooms for \$1.99, and a reduced produce package of baby carrots for .63 for \$38.70 total. I also bought a Jimmy Fund scratch card for a dollar. I then returned home. I put away my groceries. I put the new plastic hangers on the bedroom closet shelf.

I will now eat a sliced ham, turkey, and cheese sandwich on a bulkie roll with mayonnaise and 1/4th of a 5.5 ounce tube of Pringle sour cream and onion potato chips and a dill pickle slice and a glass of watered down passion punch. I will then drink a cup of salada green tea with a package of splenda and two teaspoons of Borden lemon juice. CIO

Note: <888> 04/09/09 Thursday 9:20 P.M.. I will now shut down the primary Vista computer, and I will go to bed soon. Have a good night. High tomorrow of 54 degrees Fahrenheit. Showers at 1 P.M.. CIO

Note: <888> 04/09/09 Thursday 8:50 P.M. Unclaimed Baggage Center

<u>CNN Political Ticker: All politics, all the time Blog Archive - White House hit by swarm of bees « - Blogs from CNN.com</u>

Seagate: FreeAgentTM | Sale started

Jury orders Microsoft to pay \$388 million over anti-piracy patent | Between the Lines | ZDNet.com

<u>Global Volcanism Program | Volcanic Activity Reports | SI / USGS Weekly Volcanic Activity Report |</u>

BBC NEWS | Special Reports | CIA shuts down its secret prisons

BBC NEWS | Science & Environment | Humpback whale in New York Harbour

BBC NEWS | Technology | Spies 'infiltrate US power grid' CIO

Note: <888> 04/09/09 Thursday 8:00 P.M.. I made and ate <u>http://www.geocities.com/mikelscott/pbf.htm</u> which I ate with a glass of watered down passion punch.