Note: <888> 05/31/08 Saturday 5:45 P.M. I watched the Space Shuttle Launch. Normally on a sunny day 15 minutes after the launch, one can see it fly by in the lower southwest sky, but it is cloudy today, so one can not see it. I went outside anyway, and I chatted with some neighbors. I will now shut down the primary Vista computer, and I will go to bed soon. I ate two bowls of low fat Cheez-Its with iced tea. CIO

End of Scott's Notes week of 05/31/08:

Note: <888> 05/31/08 Saturday 4:35 P.M. <u>Inflation A Growing Problem For Americans -</u> <u>Forbes.com</u>

BBC NEWS | Science/Nature | Japanese hopes ride on Discovery

BBC NEWS | Science/Nature | Skynet military launch postponed

<u>NASA</u>

**NASA - Shuttle and Station** 

I will now send out my weekly notes. CIO

Note: <888> 05/31/08 Saturday 4:05 P.M. I went outside, and I walked around the building. The mail arrived. I will now go through my email. CIO

Note: <888> 05/31/08 Saturday 3:00 P.M. I updated:

http://mikelouisscott.com/weather.htm

http://geocities.com/mikelscott/weather.htm . CIO

Note: <888> 05/31/08 Saturday 1:40 P.M. I threw out some garbage. A new neighbor is moving in. CIO

Note: <888> 05/31/08 Saturday 1:15 P.M. I sorted threw my existing sweathers, and I came up with four smaller ones that I can give to Neighbor to Neighbor over at Christ Church. I went outside, and I threw out some garbage. I watched with Epox computer in Clone Mode <u>United States Military Academy at West Point</u> graduation of the class of 2008 on the Sony High Definition CRT television. I went outside, and I chatted with a couple of neighbors. I chatted with a relative. I ate a four egg omelet with two slices of Kraft white American cheese and grated parmesan cheese on it, with six strips of fried bacon, and two slices of toast with butter with a glass of iced tea. CIO

Note: <888> 05/31/08 Saturday 7:55 A.M. I woke up at 5 A.M.. I ate breakfast of oatmeal with honey and a sliced banana, a toasted bagel with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed. I chatted with a friend.

I ordered from <u>www.kohls.com</u> in XX Large Size:

**Dockers Colorblock Sweater** in Onyx Marl for \$4.20

**Dockers Striped Sweater in Reed Marl for \$4.20** 

Dockers Argyle Polo Sweater - Big & Tall in Reed Marl for \$5

**Dockers Argyle Polo Sweater in Cloud for \$4.20** 

Croft & Barrow Windowpane Jacquard Polo in Woodland for \$3.80

**Dockers Windowpane Chenille Sweater** in Walnut for \$5

**Dockers Square Chenille Sweater** in Taupe for \$5

**Dockers Windowpane Corduroy Sweater in Olive for \$5** 

Dockers Argyle Chenille Sweater - Big & Tall in Jalapeno for \$6

Dockers Argyle Chenille Sweater - Big & Tall in Taupe for \$6

Dockers Square Chenille Sweater - Big & Tall in Onyx for \$6

4 Chaps Solid Bath Towels in Poppy for \$3.39 each for subtotal of \$13.56

4 Chaps Solid Bath Towels washcloths in Poppy for \$1.99 each for subtotal of \$7.96

for Subtotal of \$75.92 and \$1.29 tax, and free shipping on \$75 order for \$77.21 total.

I will not go through my older smaller sweaters in the sweater closet in the hallway to see if there are any smaller ones I can donate to the thrift shop. CIO

Note: <888> 05/30/08 Friday 9:45 P.M. I am a bit tired, I will now shut down the primary Vista computer, and I will go to bed soon. Have a good night. CIO

Note: <888> 05/30/08 Friday 8:25 P.M. After the last note, the order for the two <u>WebCam</u> <u>Instant</u> for \$7.99 each and \$5 United States Post Office shipping for \$20.98 total arrived. I took the two Ezonics web cams which did not have good resolution off the Gigabyte bedroom computer and the Northgate Syntax computer, and I put them on the shelf on the sideboard where I store the vitamins. I moved the Intel web cam to bedroom Gigabyte computer, and it recognized it plug and play. I installed the two WebCam Instant web cams on the Epox and Northgate computer. I installed their drivers. I installed the software only on the XP Professional partition on the Epox computer. I backed up both systems to the Bytecc external hard drive, and the Epox also to the second internal hard drive. I put the Creative CDs and information on top of the plastic box on the sideboard in the bedroom beneath the CD case. I watered the plants, and I threw out the garbage and the old periodical literature. I told a neighbor who sits outside a bit about the red wolf. I will now steam two Nathan's hotdogs, and I will eat them on hotdog buns with ketchup and Dijon mustard with two ears of steamed corn on the cob with butter and a half cup of steamed baby carrots with olive oil and a glass of iced tea. I usually steam a large group of items for 15 minutes in a pot on the stove with an inch of water and steamer tray and with lid. For smaller amounts of vegetables, one can put an inch of water in a plastic microwave pot with lid and steam the vegetables on a few vegetables cycles in the GE microwave oven. CIO

Note: <888> 05/30/08 Friday 3:20 P.M. Euro Trash - Forbes.com

## BBC NEWS | Europe | Strong earthquake rocks Iceland

## BBC NEWS | Science/Nature | Countdown to UK military launch

## **NASA - Space Shuttle**

I will now water the plants, and I will throw out the garbage and the old periodical literature. CIO

Note: <888> 05/30/08 Friday 2:50 P.M. I ate the rest of the baloney in a baloney and cheese sandwich with a glass of iced tea and a dill pickle slice with 1/3rd of a tube of Pringle sour cream and onion potato chips. I will now go through my email. CIO

Note: <888> 05/30/08 Friday 2:05 P.M. I am going to put the 2 gigabyte Crucial Gizmo USB pen drive from the primary Vista computer on the Epox computer for Ready Boost, so for the primary Vista computer, I ordered <u>JDOH4GB-730 - 4GB, USB Flash Drive ,</u> <u>USB Flash Drive from Crucial.com</u> for \$20.99 and \$3.99 shipping and \$1.50 tax for \$25.48 total. CIO

Note: <888> 05/30/08 Friday 12:55 P.M. I paid my <u>www.cl-p.com</u> electricity bill. I also paid my <u>www.cablevision.com</u> Optimum Online, Digital Cable Television, and Optimum Voice Telephone bill. I paid my <u>www.verizon.com</u> bill. I have already paid off my <u>www.geico.com</u> bill up through October 7,2008, so the policy is paid in full. I ordered from <u>www.ordersmokesdirect.com</u> 5 cartons of King Mountain Ultra Lights 100s in a box for \$15.49 a carton and \$14.48 shipping for \$91.93 total. I still have to pay my rent to the Greenwich Housing Authority once I receive the bill. CIO

Note: <888> 05/30/08 Friday 12:05 P.M. I woke up at 7 A.M.. I ate breakfast of oatmeal with honey and a sliced banana, a toasted bagel with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I went back to bed until 10:30 A.M.. I washed the breakfast dishes. I made my bed. I threw out the garbage. I made up another batch of passion punch. I will now pay my monthly bills. I had one no person telephone call. CIO

Note: <888> 05/29/08 Thursday 11:50 P.M. I emailed my notes list about the Red Wolf. The way I figure it, the Red Wolf could have been around for a while. It looks closer to 80 pounds or more, and it looks like it has been eating quite well in this area. Maybe it did not bother me before all of the times I was out at night this past winter, since in the cold weather I would go out to check around the building in my red union suit and red terry cloth bathrobe. It would be interesting to know if Red Wolves eat skunks or not, and it might explain what happened to all of the skunks that used to be in this area. I though the Great Horned owls in the area were eating the skunks.

This looks like an Audubon picture of a Red Wolf

<u>http://houstorian.files.wordpress.com/2007/03/texanredwolf.jpg</u>. If they can kill a cow or a deer, they certainly could cause a human a bit of a problem let alone a child. I am a bit tired, so I will now shut down the primary Vista computer, and I will go to bed soon. CIO</u>

Note: <888> 05/29/08 Thursday 10:25 P.M. I chatted with a relative. This is exactly the picture of the wolf I saw this past Saturday morning at 1 A.M. on May 24, 2008 on the north side of 71 Vinci Drive in Greenwich, Byram, Connecticut.

http://www.ryanphotographic.com/images/JPEGS/Canis%20rufus%20red%20wolf.jpg .

It is a Red Wolf or Canis Rufus.

There are lots of pictures of it here

**Red Wolf - Google Image Search** 

I know what I saw, and this afternoon one of my local advisors told me that they can not survive in this area because of all of the dogs. This says they are almost extinct <u>Red Wolf</u> and <u>Red Wolf - Defenders of Wildlife</u>. CIO

Note: <888> 05/29/08 Thursday 9:35 P.M. Network World Registration

John F. Kennedy -- Britannica Online Encyclopedia

www.llbean.com free shipping with promotion code "2373230"

BBC NEWS | Science/Nature | Stonehenge 'a long-term cemetery'

**BBC NEWS | Americas | Toilet trouble for space station** 

BBC NEWS | Science/Nature | Countdown to UK military launch CIO

Note: <888> 05/29/08 Thursday 9:05 P.M. After dinner, I made a few telephone calls about the wolf. Nobody seems to be interested. I will now go through my email. I have a

neighbor who was pinned against our dumpster by a similar animal, and he thought it was a dog, but he just had cataracts removes, so he might not have seen it too well. CIO

Note: <888> 05/29/08 Thursday 6:40 P.M. After I ate, I showered, and I cleaned up, which we do not get to do as often anymore with the higher price of energy around here. I then went out, and I went by the Chase Bank on Mason Street. I then went by the Greenwich Hospital Thrift Shop, and I looked at a big jug to put iced tea in the refrigerator, but I figured it would be too heavy to lift to put in when full, so I did not buy it. They have an old Hospital Scale there for any very heavy people to weigh themselves. I chatted with somebody that looked like Flip Wilson that used to work for the Mafia in New York. He told me people are still drinking too much alcohol down in Fort Lauderdale. Real southern people do not drink much alcohol, but usually drink iced tea. I guess it is the tourists that drink too much alcohol. I then went to my usual Thursday 3 P.M. appointment. I then went by CVS. I had been emailed a coupon for a free package of CVS Back Pack Buddies anti-bacterial wipes with any purchase, but the store did not have it in stock. I then went by the Greenwich Automotive Services Exxon gasoline station, and full service premium unleaded gasoline is now \$5.019 a gallon. I bought \$8 of self service premium for \$4.819 a gallon for 1.66 gallons for 27 miles driving since last Thursday odometer reading of 59954 for 16.265 miles per gallon. The way I figure it, somebody could make money selling used expensive gasoline consuming cars from the United States down in Venezuela. I know Alex Kruger and Steve Shook in Venezuela, so maybe we could set them up in the used car business. When I was briefly on Greenwich Avenue, there were a lot more people walking Greenwich Avenue, and it seemed as busy as usual. The parking lot behind CVS was totally filled up too. I then returned home. I helped a neighbor bring up a small marble and brass statue of an angel. I gave the neighbor one of my internet cards. I picked up my mail. I chatted with a relative. I will now eat two steamed Nathan hotdogs with hotdog buns and ketchup and dijon mustard, two ears of steamed corn on the cob with butter, and a half cup of baby carrots with olive oil and a glass of iced tea. CIO

Note: <888> 05/29/08 Thursday 11:45 A.M. I chatted with a relative. After I straightened up the items underneath the sideboard in the bedroom, I threw out some garbage. I went outside on the east end of the building, and my neighbor was cleaning up her garden pots that somebody had broken. Apparently the local youth are always causing damage to her garden setup over the years. I told the neighbor about the wolf that I saw last Saturday morning at 1 A.M.. I walked around the building, and I told the building custodian about the wolf I saw. I chatted with the grounds attendant watering the plants at the veterans monument flag pole, and I told him about the wolf, and since he is a bow hunter in the area, he knew that they are in the area. I told him about some other wildlife sighting elsewhere over the years. I will now shut down the primary Vista computer, and I will eat a baloney and cheese sandwich with a glass of iced tea and a dill pickle slice and 1/3rd of a tube of Pringle sour cream and onion potato chips. CIO

Note: <888> 05/29/08 Thursday 10:05 A.M. <u>Newegg.com - Panasonic 1250 Watts Luxury</u> <u>Full-Size Microwave Oven NN-H965WF Sensor Cook White - Microwave Ovens</u> \$145 with shipping.

## Windows Vista: Special Offers

# <u>Global Volcanism Program | Volcanic Activity Reports | SI / USGS Weekly Volcanic Activity Report |</u>

**Immelt Names Names In Contest For GE Appliances - Forbes.com** 

BBC NEWS | South Asia | The royal flag of Nepal removed

BBC NEWS | Science/Nature | Military's crucial 'eye in the sky'

I chatted with a relative.

I will now straighten out the area underneath the bedroom side board. CIO

Note: <888> 05/29/08 Thursday 8:50 A.M. Just to be on the safe side, I ordered <u>1995-2001</u> <u>Audi A6 - Stant Fuel Tank Cap</u> for \$20.05 and \$5.50 shipping for \$25.55 total. CIO

Note: <888> 05/29/08 Thursday 7:55 A.M. I woke up at 5:30 P.M., and I chatted with a relative yesterday. I went back to bed, and another relative called me about 9 P.M.. I ate two bowls of goldfish crackers. I went back to bed until 2:30 A.M.. I picked up the mail. I did not go outside in case any wolves were around in the early morning hours. Yesterday, I faxed a copy of my extra energy grant letter to an associate to see I am getting any extra energy assistance. I ate breakfast of oatmeal with honey and a sliced banana, a toasted bagel with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I went back to bed until 5:30 A.M.. I washed the breakfast dishes. I made my bed. I watched some television. I went outside, and I chatted with a neighbor. I checked the oil on my Audi engine, and it is topped up to the maximum level on the dip stick. It says not to over fill it, or one can have problems with the catalytic converter. When opening the trunk on the Audi, once it is unlocked, one has to lift it up hard to get it to open. I noticed the gas tank flap on one of my neighbor's car was opened. I have a locking gas flap with a central alarm system. I could get a locking gas cap too, but at this point, I don't think I need it. I have a 3 P.M. appointment today. After I go through my email, I will straightened up the various items underneath the sideboard in the bedroom. Three years ago, it cost \$50,000 to fill up Wayne's boat in Fort Lauderdale, so it must cost a \$100,000 today. There is a lot of Chinese news on television today. I also saw vesterday, they are selling 2,000 Porsches a vear in Dubai. CIO

Note: <888> 05/28/08 Wednesday 10:45 A.M. I seemed to be back to my normal internet routine, after the systems upgrade work of the past month. I am a bit tired at the moment, so I will shut down the primary Vista computer, and I will take a cat nap. CIO

Note: <888> 05/28/08 Wednesday 10:25 A.M. <u>Mars lander gets orders to extend arm -</u> <u>CNN.com</u>

## Pagan tomb under St. Peter's Basilica reopened - CNN.com

Space station's sole toilet out of order - CNN.com

Space Shuttle Discovery: News & Videos about Space Shuttle Discovery - CNN.com

NASA - Home CIO

Note: <888> 05/28/08 Wednesday 10:10 A.M. I went outside, and I threw out the garbage. I said hello to some neighbors. One of my neighbors was walking a black and a gold <u>Pomeranian Dog - Google Image Search</u> and <u>Pomeranian (dog) - Wikipedia, the free</u> <u>encyclopedia</u>. The neighbor got them from the local <u>Welcome to Adopt-A-Dog</u>, and the neighbor also told me she donates money to the <u>North Shore Animal League America - the</u> <u>world's largest no-kill animal rescue and adoption shelter</u>. CIO

Note: <888> 05/28/08 Wednesday 9:40 A.M. The Queen Mary II was back in Manhattan yesterday <u>QM2 - Itinerary - 2008</u>. It is not due back until June 8, July 2, July , July 22, August 7, August 19, September 4, September 27, October 4, October 16, October 28, November 1, for the last stop of the year. CIO

Note: <888> 05/28/08 Wednesday 9:35 A.M. I ate two hotdogs on buns with ketchup and Dijon mustard, and two ears of steamed spring sweet corn with butter, and a half cup of steamed baby carrots with olive oil with a glass of iced tea. I read on the internet that the olive oil producers are wasting the best part of the olive by throw away the pulp after they crush the olives. The pulp has a natural ingredient that is very good for arthritis. Thus if you can not find olive pulp, you could try eating mashed olives. CIO

Note: <888> 05/28/08 Wednesday 7:55 A.M. <u>Ian Fleming -- Britannica Online</u> <u>Encyclopedia</u>

Amnesty International -- Britannica Online Encyclopedia

SwissEduc: Stromboli Online - Etna 2004 - 2008

SwissEduc: Stromboli Online - Volcanoes of the World

Saint Petersburg -- Britannica Online Encyclopedia

Samsung CLX-3160FN Color Laser All-in-One at Staples®

BBC NEWS | Technology | Microsoft demos 'touch Windows'

BBC NEWS | UK | England | Somerset | Rag and bone legacy is pure gold

BBC NEWS | Science/Nature | Huge space truck races into orbit

## BBC NEWS | Special Reports | Microsoft CEO's egg attack CIO

Note: <888> 05/28/08 Wednesday 6:50 A.M. The \$66.31 finally came off of my Chase Account for the <u>www.frys.com</u> purchase of the EGVA PCI 256 meg. GEForce 6200 video card with the \$40 mail in rebate. It is a good thing that I did not spend it, or Chase would have hit me with a \$30 overdraft charge. CIO

Note: <888> 05/28/08 Wednesday 6:35 A.M. I called up <u>www.cablevision.com</u>, and they told me they can provide a free cable signal booster with a \$45 service call, and they told me they test to see if the signal is strong enough before they put in the free signal booster. They told me if they put in a signal booster or if I did, and if the signal were too strong, it could damage the electronics it was connected to. Thus for now, I will not do anything. CIO

Note: <888> 05/28/08 Wednesday 5:55 A.M. I am thing about buying <u>Amazon.com</u>: <u>Motorola 484095-001-00 Signal Booster: Electronics</u> for \$38.24 with free shipping, but I think I should wait until after I pay my bills at the first of the month. I can not find it cheaper anywhere else after a couple of hours of searching. When one uses a lot of cable splitters, one can improve the signal quality by using such a device. This tells more about them <u>Signal Booster Store | Products | Signal Amplifers</u>, but currently I fell I can live without it. CIO

Note: <888> 05/28/08 Wednesday 4:10 A.M. <u>www.slickdeals.net</u> for a free copy of Paragon Hard Disk Manager 8. CIO

Note: <888> 05/28/08 Wednesday 3:50 A.M. I slept until 1:15 P.M. yesterday. I showered, and I cleaned up. I went out, and I went by the Chase Bank on Mason Street. I then went to my regular 3 P.M. appointment. I then returned home. I chatted with some neighbors. I then went back by the Chase Bank on Mason Street. I then returned home. I ate a couple of bowls of goldfish crackers. I then went to bed. I woke up at 1:30 A.M.. I ate breakfast of oatmeal with honey and a sliced banana, a toasted bagel with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed. I have a feeling if the Russian Navy fleet has sailed out of its home port, it will probably be up to some military activity around Western Europe, the Middle East, or possibly Japan. More than likely since the United States of American is an economically depressed back water way out of the way geographically in terms of a country in terms of global politics, there will be no interest in the Russian Navy exercising its influence around here, since it would be a waste of time. CIO

Note: <888> 05/27/08 Tuesday 12:15 P.M. I will now shut down the primary Vista computer, and I will take a cat nap for an hour, before I get ready to go out to my 3 P.M. appointment. CIO

Note: <888> 05/27/08 Tuesday 11:55 A.M. I ate two hotdogs with buns, 1/3rd of a 5.5 ounce tube of Pringle sour cream and onion potato chips with a dill pickle slice and a glass of iced tea.

## As gas goes up, driving goes down - CNN.com CIO

Note: <888> 05/27/08 Tuesday 10:55 A.M. I ordered two <u>WebCam Instant</u> for \$7.99 each and \$5 United States Post Office shipping for \$20.98 total. CIO

Note: <888> 05/27/08 Tuesday 10:30 A.M. I chatted with <u>www.frys.com</u> about the order with Tracking number is "35770783580" at <u>DHL: Track (By number)</u> on the order for <u>FRYS.com | EVGA 6200 Video Card 256 MB, PCI</u> for \$59.99 and \$6.32 shipping for \$66.31 total, and it also has this \$40 mail in rebate

<u>http://images.frys.com/art/rebates\_pdf/5516940\_060308.pdf</u>, so it will eventually cost me \$26.31, and they told me to call <u>www.chase.com</u> which I did, and according to Chase, Frys voided the order, so that means they legally can not charge me again for it, which means the extra \$66.31 in my account might be mine to keep. However, I will wait another month to spend it, in case they are able to charge it again, and I don't want to be charged a \$30 overdraft on my account. I chatted with a relative. I was told by a local the reason they have more extra police presence on Greenwich Avenue is all of the Deluxe jewelry stores and other first class shops. I have a 3 P.M. appointment this afternoon. CIO

Note: <888> 05/27/08 Tuesday 8:45 A.M. <u>Rockefellers Seek Change at Exxon -</u> <u>NYTimes.com</u>

#### Editorial - Thirty-Five Years of Rockefeller 'Justice' - Editorial - NYTimes.com

Locally in Greenwich, Connecticut which is suppose to be a Rockefeller Exxon company town, the local police have taken out in force on Greenwich Avenue on weekends and holidays walking around, which they have never done so before. Possibly they can not afford gasoline to drive around. CIO

Note: <888> 05/27/08 Tuesday 8:15 A.M. Before going to bed last night, I emailed this note to a couple of individuals and associates.

I received email four days ago from an email pen pal in Grenna, Denmark who works with computers near the Royal Palace in Copenhagen, Denmark. I have not met the individual, but I know he came to America and rode around on a Harley Davidson chopper. I had not heard from the individual in two years. He emailed me that his wife had hidden his cigarettes in a toaster oven and his Bic Lighter in the coffee machine, and when he made coffee the next morning, the coffee machine blew up, and it took several hours to clean up the mess, and he was late for work. What bothers me is not that I had not heard from the individual in two years to be my Danish coastal observer to let me know if the Russian fleet sailed between Denmark and Sweden. The reason some people still use coastal observers is that satellite photographs can still be faked the way any other images can be. As such, the fact that he emailed me after so long of a time could mean the

Russian Fleet or the Wolf Pack as I use to call it has finally sailed out to sea for some sort of military maneuver. Since it is the strongest Navy fleet in the world, it could obviously cause problems anywhere it visited. However, I have not received direct email that it has indeed sailed, but the fact the person was only suppose to email me if it did indeed sail, leads me to believe that it might have indeed sailed. It is my personal viewpoint we do not have to worry about being invaded here in the United States of America, since the country is down the tubes and bankrupt, but some other more prosperous countries might have some sort of problems. It is the nature of all Navies at sea, that they are basically pirates, so from what I know sooner or later, somebody should try to figure out where in the World the Russian Baltic Fleet is, or if it is still at its home ports in the Baltic Sea. Since most people around this country watch <u>www.cnn.com</u> which comes from land locked Atlanta, Georgia, there is not much interest in the media in terms of any potential activity around the oceans of the world. I tried to network with a few associates on matter, but nobody was interested in my insights, since it is not on www.cnn.com .

I just remembered, when two fellows from Tulsa Oklahoma offered a friend of mine Norman, Targon from Lewiston, Maine; \$50,000 to kill me on Fort Lauderdale Beach in October 1976, I was somewhat disturbed since my sister

Jan and her husband lived in Tulsa and so did Anita Bryant who was in the news then. However, not many people knew I was down there including my family. I did meet Steve Spielberg the month before on the beach when he working as an EMT, and he had a baby lion in his house. He told me he knew Jim Warburg here in Greenwich, from working as a volunteer in at the Y.M.C.A. in Cambridge, Mass. Also at the same time Glen Schewtz was managing the Marlin Beach Hotel in Fort Lauderdale on the beach, which I did not go to. He was number 1 in my glass of 1968 at the Taft School in Watertown, Connecticut, and he went to Harvard also. He was best friend with Ariel Manager at Taft, and Ariel's father was the rabbi in Greenwich. Also from what I know the Kravis brother's from Tulsa were in Fort Launderdale, and they now have a house in Greenwich. It would seem to me that possibly some rich jews tried to have me killed down there until Wiley Middleton showed up on the scene. At the time Gerald Ford was still President.

Also besides Norman Targon, Brian Hebbs from Cheshire, Connecticut who grew up around the Yale Campus was also on the scene. Also at the same time the King of Norway was visiting Fort Lauderdale.

Any ideas let me know.

**Mike Scott** 

End of email:

In summary at the time, my brother in law in Tulsa, Oklahoma was an assistant District Attorney, so maybe people did not like me because of his job. The Christian Fundamentalists were active in Fort Lauderdale at the time. My father had dealings with Dr. Armand Hammer and the White House with a project to do with coal degasification. Dr. Hammer's son lived in Tulsa. I went to Taft and Lake Forest College with members of the Getty family from Tulsa, Oklahoma. The Forbes boat was moored at Pier 66 at the time, and my family has had dealings with the Forbes. I saw Joe MacDonald in Fort Lauderdale at the time, and I knew him in Manhattan. The sail boat the Black Hawk was moored at Bahia Mar, and I knew the owner. Also at the time, the economy was in economic recession, and there were a lot of desperate people. A friend of my mother's boat was also moored at Bahia Mar. Whatever the case if Norman told me the truth, which I think he did, more than likely somebody down in Fort Lauderdale, Florida at the time did not like me, and tried to have me done in. Whether it was true they were from Tulsa or not, it still opened to debate. However, Fort Lauderdale has a lot of people with drug and alcohol problems, so more than likely the judgment of some of the people down there was impaired. However, the threat down there lead me to leading a low key lifestyle in which I was hiding out a great deal of the time, and I gradually became homeless after a while, which was not the way I was use to living, and it makes it hard to stay organize when one is threatened and somewhat homeless. Also the Cherokee Indians are from the Oklahoma area, so maybe the do not like a distant relative of Winfield Scott. Also Wayne Huizenga whose family had a beach house near my mother's family in Holland, Michigan was active in the garbage business down there, so possibly there were problems with the local Mafia.

I woke up at 6 A.M. this morning. I ate breakfast of oatmeal with honey and a sliced banana, a toasted bagel with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed, and I chatted with a friend. CIO

Note: <888> 05/26/08 Monday 8:25 P.M. Well, I ate a baloney and cheese sandwich with a dill pickle slice and a some Pringle low fat potato chips and a glass of ice tea. I received email four days ago from an email pen pal in Grenna, Denmark who works with computers near the Royal Palace in Copenhagen, Denmark. I have not met the individual, but I know he came to America and rode around on a Harley Davidson chopper. I had not heard from the individual. He emailed me that his wife had hidden his cigarettes in a toaster oven and his Bic Lighter in the coffee machine, and when he made coffee the next morning, the coffee machine blew up, and it took several hours to clean up the mess, and he was late for work. What bothers me is not that I had not heard from the individual in two years, but he was suppose to be my Danish coastal observer to let me know if the Russian fleet sailed between Denmark and Sweden. The reason some people still use coastal observers is that satellite photographs can still be faked the way any other image can be. As such, the fact that he emailed me after so long of a time could means the Russian Fleet or the Wolf Pack as I use to call it has finally sailed out to sea for some sort of military maneuver. Since it is the strongest Navy fleet in the world, it could obviously cause problems any where it visited. However, I have not received direct email that it has indeed sailed, but the fact the person was only suppose to email me if it did indeed sail, leads me to believe that it might have indeed sailed. It is my personal viewpoint we do not have to worry about being invaded here in the United States of America, since the country is down the tubes and bankrupt, but some other more prosperous countries might have some sort of problems. It is the nature of all Navies at sea, that they are basically pirates, so from what I know sooner or

later, somebody should try to figure out where in the World the Russian Baltic Fleet is, or if it is still at its home ports in the Baltic Sea. Since most people around this country watch <u>www.cnn.com</u> which comes from land locked Atlanta, Georgia, there is not much interest in the media in terms of any potential activity around the oceans of the world. I tried to network with a few associates on matter, but nobody was interested in my insights, since it is not on <u>www.cnn.com</u>. I will now shut down the primary Vista computer, and I will go to bed soon. CIO

Note: <888> 05/26/08 Monday 5:35 P.M. Graduation is this coming Saturday over at <u>www.usma.edu</u> and <u>Graduation Information 2008</u>. This page has their telephone number <u>U.S.M.A. Installation Overview</u>. On Weather Pulse, they are calling for showers there this Saturday, and this page does not yet show the Saturday weather <u>West Point, New York</u> (10996) Conditions & Forecast : Weather Underground. If it rains, they hold it in Eisenhower Hall, but a lot can change in the weather in a few days. There was somebody from California parked downtown this morning driving a vintage Red Corvette. CIO

Note: <888> 05/26/08 Monday 4:35 P.M. I went outside, and I chatted with some neighbors, and I told them about the timber wolf that I saw this morning at 1 A.M. on the north side of our building at 71 Vinci Drive walking East to West between our building and the family units. The Greenwich Time has this story <u>Coyote attacks spark fear -</u> <u>Greenwich Time</u>. However, I know what a Coyote looks like, since I use to see them all of the time in Richard Van Marter's back yard of his former house by Knapp Tree in Wilton, Connecticut. What I saw looked more like a timber wolf, and it walked like a timber wolf. Richard says there can be mixed breed timber wolves and coyotes. Whatever, the case I would rather not deal with it, if it decided to hang around. Wolves usually run in packs, so it would a lone wolf, if it were a timber wolf. I walked around our building, and I called up a few associates to tell them what I saw. CIO

Note: <888> 05/26/08 Monday 2:10 P.M. I woke up at 8:30 A.M. this morning. I steamed for 15 minutes two hotdogs, two ears of corn, and a half cup of baby carrots, and I put a little bit of olive oil on the carrots, and butter on the corn, and I put the two hotdogs on hot dog rolls with Dijon mustard and ketchup, and I ate it all with a glass of iced tea. I chatted with a relative. I showered, and I cleaned up. I went out, and I chatted with neighbors. There is a new U.S.A. flag out back by the little league baseball field, and it is active this weekend. I went downtown, and I chatted with a regular walker. I wore my passport pouch for the first time, and the regular walker liked it, and said he could use one to wear with his kilt, so I sold it to him for \$13. I walked the entire length of Greenwich Avenue and the train station area, and I chatted with a couple of regulars. I played a Green Backs scratch card for a dollar, but I lost at Greenwich Cigar. I stopped by CVS, and I bought a 7 ounce can of CVS shave gel for \$2.29 and .14 tax for \$2.43 total. I walked by and used the Chase Bank ATM machine on Mason street. I finished my walk. Where I usually sit downtown, there seems to be bumble bees around. I then returned home. I turned the www.ge.com Profile Air Conditioner on, and I set it to 74 degrees Fahrenheit on low speed with Energy Saver activated, and it seems to work just fine. I also have the two tower fans going. I have a spare new Lasko tower fan, if either of the other two tower fans give out. The GE air conditioner has it maintenance contract paid up until September 12, 2008. I

ordered another <u>Classic Passport Travel Pouch Uncle Sams Army Navy Outfitters</u> for \$13.56 in olive drab and a <u>Carabiner Compass Uncle Sams Army Navy Outfitters</u> for \$5.20 and a <u>Aviator Sunglasses Uncle Sams Army Navy Outfitters</u> in green for \$6.80 less 10% off with coupon code "100" for \$2.56 off for \$23 total with free shipping. CIO

Note: <888> 05/26/08 Monday 2:55 A.M. I watched some television. I will now shut down the primary Vista computer, and I will go to bed soon or rest for a while. CIO

Note: <888> 05/26/08 Monday 2:10 A.M. Must be members of the Davidson family visiting the www.whitehouse.gov and President Bush Welcomes Rolling Thunder Leadership to White House and Harley-Davidson | Motorcycles . CIO

Note: <888> 05/26/08 Monday 2:00 A.M. <u>Donald Trump gambles on Las Vegas with a new</u> <u>luxury oasis - Los Angeles Times</u>. CIO

Note: <888> 05/26/08 Monday 1:10 A.M. <u>6 killed, 1,000 hurt in China aftershock -</u> <u>CNN.com</u>

Buffett says U.S. is in recession - May. 25, 2008

Venezuela: Land of 12-Cent Gas CIO

Note: <888> 05/26/08 Monday 1:05 A.M.

http://mikelouisscott.com/wolf.rm

http://mikelouisscott.com/wolf.wav

http://mikelouisscott.com/wolf.ra

http://mikelouisscott.com/wolf.ram . CIO

Note: <888> 05/26/08 Monday 1:00 A.M. I fried the remaining salmon cake in olive oil and butter, and I ate it with two steamed ears of spring corn on the cob and the reheated remaining steamed rice with a glass of iced tea. I watched part of a show and a movie with Frank Sinatra and Gene Kelly. I went outside, and I threw out the garbage. I sat out on the bench at the north end of the building to have a cigarette. What looked to be a large wolf which was tan in the dark without saddle markings of a German Shepherd about the side of a German Shepard but larger that a Coyote walked by between the family units and the north end of the building. I guess it is looking for the wild turkey I saw at the same location last Monday. Being out all of the time frequently at night, I guess the wild animals in the area are use to watching me too. Since February 2008 that is a large Red Fox, a Wild Turkey, and a tan wolf that I have seen in this area. The turkey was in the late afternoon and the fox and the wolf were in the early morning hours. CIO

## Note: <888> 05/25/08 Sunday 11:15 P.M.. <u>BBC NEWS | Science/Nature | Phoenix Mars</u> probe touches down

# Amazon. COM: GE SmartHome Wireless Alarm System Kit #51107: Home Improvement

# <u>G4 TV</u>

# **G4-DUTYFREE TV**

# Linens-N-Things 20% off in store coupon expires 05/26/08

# BestDealMagazines.com - Magazine Page Forbes 1 year 17 issues \$17

CIO

Note: <888> 05/25/08 Sunday 10:35 P.M.. I woke up at 6 P.M., when a relative called. I ate breakfast of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I have been out for the last several nights, so there is no reason to be out tonight, particularly with the higher prices of fuel recently. I watched a bit of television. Earlier, I watched the NASA Mars Landing <u>NASA - Phoenix</u>. It seems to be working well. My computers setup with some of the latest improvements and maintenance is also all running fine too. Alas at the end of the month, there is not much money left for Bottom Fishing on the internet. CIO

Note: <888> 05/25/08 Sunday 11:45 A.M.. My Taft School <u>The Taft School</u> 40th reunion photos <u>Class of 1968 Fortieth Reunion Highlights</u>. The Grey Hair generation. I deleted the first Northgate Syntax backup from the Bytecc external hard drive, and after the Epox backup, I now have 33.5 gigabytes of space left on the 250 gigabyte hard drive. If I wanted more space on the Epox computer for storage of video media on another hard drive, I have the capability of installing a SATA hard drive in it along with the two 120 gigabyte hard drives, I already have in it. The reason I back up my computers when they are running fine after a configuration change, is that the first thing one teaches in Computers is "GIGO", "Garbage In Garbage Out", and the second thing they teach is "Backup, Backup, Backup, etc." I will now shut down the primary Vista computer, and I will go to bed soon. Have a good day. CIO

End of Scott's Notes week of 05/25/08:

Note: <888> 05/25/08 Sunday 11:05 A.M.. <u>Acer - 19'' Widescreen Flat-Panel LCD Monitor</u> - <u>X193Wbd</u> for \$120

Victoria -- Britannica Online Encyclopedia

BBC NEWS | Science/Nature | Mars probe set for risky landing

I will now send out my weekly notes. CIO

Note: <888> 05/25/08 Sunday 10:10 A.M.. I finished configuring both partitions on the Epox computer with the ATI Radion 9600 video card. The computer now has a 3.4 rating, since the ATI video card it faster. The good news is Clone mode between the 20 inch Dell monitor and the Sony television works just fine. One uses the Catalyst Control Center to activate it. I have the Hauppauge receiver set up on it, and it also works with the Digital Cable box. Thus if I ever figure out how to use the Hauppauge Remote Control, I can use it with the Vista Ultimate Media Center or I can used the remote control mouse to control Sony Screen content. In other words, I can also use the Windows Media Player to watch video content on the Sony television. I disconnected the audio line that lead to the Sony television speakers, since it gave static, but the Epox computer speakers are more than good enough along with the Panasonic Digital headphones. I did a Vista Complete PC backup of both partitions to the second hard drive, and I am now backing it up to the Bytecc external hard drive. I will now eat a baloney and cheese sandwich with a dill pickle slice and 1/3rd of a tube of Pringle low fat potato chips with a glass of iced tea. CIO

Note: <888> 05/25/08 Sunday 7:10 A.M.. I woke up yesterday at 7:30 P.M.. I ate breakfast of oatmeal with honey, a toasted English muffin with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I chatted with a relative and a friend. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up. I picked up the mail, and the Hauppauge HVR1600 receiving unit had arrived, and so did the tracking is USPS - Track & Confirm on AMD Athlon XP 2600+ Socket A 462 AXDA2600DKV4D #723 - eBay (item 270239462608 end time May-28-08 11:19:41 PDT) for \$24.95 and \$7.95 shipping for \$32.90 total. I went out, and I went by the Stop and Shop, and I bought a loaf of Stop and Shop whole wheat bread for \$1.50, a 8 pack of Stop and Shop hamburger buns for \$1.50, two 8 packs of Stop and Shop hotdog buns for \$1.50 each, a two pound bag of baby carrots for \$2.99, and 10 ears of spring corn for \$1.99 for \$10.98. I chatted with another local. I then went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I used the bathroom at Starbucks. I stopped by the ATM machine at the Chase Bank on Mason Street. I then returned back to my car. I returned home about 12:30 A.M.. I put away my purchases. I put the XP 2600 processor on the right center shelf on the side board in the bedroom. I tested the Hauppauge receiving unit on the TV card on the Epox computer, and it worked. I configured it, and I connected the cables to the Sony TV to the video card. However, when I tried setting up the Media Center with it, the PNY GeForceFX 5200 video card would not work in clone mode with the Sony television as a monitor. I decided to switch the FIC server ATI Radeon 9600 video card into the Epox computer, and the PNY GeForceFX 5200 PCI video card into the FIC server. I have the hardware switch around, and I have done a backup to both internal and the external hard drives on the FIC server. I restored the backup before reconfiguring, since the server can get corrupted. I still have to configure the Epox computer with the ATI video card and the Vista Ultimate Media Center. I had to take the Sterling telephone modem card out of the FIC server, which I do not use. CIO

Note: <888> 05/24/08 Saturday 8:35 A.M.. I ate a baloney and cheese sandwich with a dill pickle slide and 1/3rd of a tube of Pringle sour cream and onion potato chips along with a glass of iced tea.

## **Country Day plans to rebuild campus - Greenwich Time**

I will now shut down the primary Vista computer, and I will go to bed soon. Have a good day. CIO

Note: <888> 05/24/08 Saturday 7:20 A.M.. My Favorite Martian <u>NASA preps for '7</u> <u>minutes of terror' on Mars - CNN.com</u>

University of New Mexico Commission on the Chemistry of Volcanic Gases

Mexico 25th Anniversary of Volcán Jorullo's

<u>An official workshop of the International Association of Volcanology and Chemistry of the Earth</u>

Ziff Davis Event Registration

I use to know members of the Kidd family in Nantucket and Key West <u>William Kidd --</u> <u>Britannica Online Encyclopedia</u>

# BBC NEWS | Science/Nature | Vast cracks appear in Arctic ice

CIO

Note: <888> 05/24/08 Saturday 5:30 A.M.. I ate two bowls of goldfish crackers. I watched some television. The living room Sony television had some wavy lines, and I used the Sony remote control to reprogram its analog settings, so it no longer has any wavy lines on analog and digital. One has to set it to channel 3 to use the digital cable box, so the analog channels need to be auto programmed in correctly. CIO

Note: <888> 05/24/08 Saturday 3:55 A.M.. I heard on the Bloomberg news today, the Rockefeller family <u>http://mikelouisscott.com/rock.htm</u> are going to be represented by their fund manager Paul O'Neil <u>Shakers: 2 ex-Treasury chiefs join hedge fund firms -</u> <u>International Herald Tribune</u> who advises the Blackstone Group <u>The Blackstone Group</u> which was started by Ronald Reagan's budget director David Stockman at the Exxon Company <u>www.exxon.com</u> meeting in Detroit, Michigan this coming week, so it would seem the Rockefeller family are involved in the Blackstone group which has offices across the street on the north side of the Greenwich Train station. However, I was told when I called up their stables in North Terrytown, New York about 10 years ago, the family had sold out to the Company, which would imply they are not too heavily involved with Exxon anymore, and more than likely they are more heavily involved in banking, since we do know J.P. Morgan Chase <u>www.chase.com</u>, Citibank <u>www.citigroup.com</u>, and the Bank of New York Mellon <u>The Bank of New York Mellon</u> have major Rockefeller family investments, and I assume a few other banks. If you thought like Teddie Roosevelt one might look into the potential antitrust ramifications in terms of the involvements in such a major stake in major financial institutions. CIO

Note: <888> 05/24/08 Saturday 2:35 A.M.. I took a 14..75 ounce can of Bumble Bee Alaska pink salmon, and I opened it with a can opener, and I used the lid to drain off the liquid. I then put the canned salmon on a dinner plate, and I went through it bit by bit pulling out the small bones. I then put the salmon in the Cuisine Art with a cracked large egg and two tablespoons of Italian bread crumbs, and I seasoned it with celery salt, Old Bay Seasoning, and dried dill. I ran it a full pulses in the Cuisine Art until it was all mixed together, and the lumps disappeared in the salmon. I then formed the mixture on a dinner plate into two .75 inch thick by about 4.5 inch diameter salmon patties. I put one in a Rubbermaid container in the refrigerator. I put a couple of tablespoons of olive oil and a few pads of butter in a six inch diameter stick proof frying pan on a small burner on medium high electric burner heat, and once the fat began to bubble, I put in the salmon pattie. I cooked it for three minutes on each side on medium high electric heat, and then I lowered it to medium electric burner heat, and I cooked it four minutes on each side. While doing that I made up a batch of flavored http://www.geocities.com/mikelscott/mlsrice.htm, and I refrigerator half in a Rubbermaid container, and I put the other half on a dinner plate with the cooked salmon pattie. I also steamed about .75 cups of baby carrots and broccoli crowns in the microwave oven, and I put them in a bowl with a little bit of olive oil. I ate it all with a glass of iced tea. I am just finishing backing up the Northgate Syntax computer to the Bytecc external hard drive with Vista Server 2008 beta backup. I did an additional backup instead of deleting the old backup, since it is only about a 15 gigabyte backup. One can do an additional backup with Vista Complete PC backup, by renaming the computer name, so the backup is saved with a different name, and then one can rename the computer back to its original name. CIO

Note: <888> 05/24/08 Saturday 12:35 A.M.. I woke up at 7:30 P.M.. I ate breakfast of oatmeal with honey, a toasted English muffin with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I chatted with two relatives. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up. I went out, and I said hello to some neighbors, and I threw out some garbage. I went by the Stop and Shop, and I bought a six pack of New York Everything bagels for \$2.50, a pound of German baloney for \$2.79 a pound for \$2.82, a 13 ounce box of low fat Cheez-Its for \$2.50, a 30 ounce jar of Hellmann's low fat mayonnaise for \$2.99, and fresh Chiquita bananas for .64 a pound for \$1.90 for \$12.71 total. I then went by the Greenwich Automotive Services Exxon gasoline station, and I bought \$8.01 of self service premium gasoline for \$4.769 a gallon for 1.679 gallons for 21.1 miles driving since Thursday May 8, at odometer reading of 59927 for 12.567 miles per gallon. I cleaned the outside front and back windows. I checked the tires for 32 PSI. I then went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. There seems to be the normal amount of activity for this time of year. We have six major constructions projects going on Greenwich Avenue. The Guild Antiques building on the west side of lower Greenwich Avenue is in the process of being

torn down. At the middle of Greenwich Avenue on the East side, the GAP building is being torn down to build a new department store. Further up Greenwich Avenue on the East side at Armagone Place, the location of the old Deli, they are building a four store office building adjacent to Pickwick Plaza. Across from that they are putting in a new jewelry store in a building that they gutted and restored. And of course just north of the Greenwich Police station just east of Greenwich Avenue, they are building a new police and public safety building. Also at Greenwich Avenue and East Elm street on the Northeast corner, they are gutting the lower story of the building to build a new bank. The movie theatre across the street from Richards is now closed, so they will probably do something with that soon. I then returned home, and I put away my purchases. I have to remember to buy some hot dog rolls, since I have a lot of hot dogs frozen in the freezer. I am backing up the Epox computer to the Bytecc external hard drive. I will then backup the Northgate Syntax computer to the Bytecc External Hard Drive. CIO

Note: <888> 05/23/08 Friday 10:35 A.M.. After I reinstalled the Hauppauge HVR1600 drivers and programs on the Epox computer, I also installed the HP1018 laser printer drivers on both partitions. I moved the Terk High Definition antenna from on top of the FIC monitors to on top of the Sony television with the Terk antenna pointed to the Southwest. I do not know how to set it up on the Hauppauge TV program, but I was able to set it up on the Microsoft Windows Media Center, and the Media Center is able to get 8 of the 28 high definition channels available in this area. My apartment is in on an enclosed side of the building so the south and west sides of the antenna reception area are blocked by the adjacent structure of the building. I vacuumed the apartment. I will now shut down the primary Vista computer, and I will eat a bowl of goldfish crackers with some iced tea, and I will go to bed soon. Have a good day. CIO

Note: <888> 05/23/08 Friday 5:30 A.M.. I noticed on Wednesday night, when I was out for my walk at night that the A in the Starbucks electric sign on Greenwich Avenue was burned out, so it now says "ST RBUCKS".

**Buy Big Blue - Forbes.com** 

Tracking is <u>USPS - Track & Confirm</u> on <u>AMD Athlon XP 2600+ Socket A 462</u> <u>AXDA2600DKV4D #723 - eBay (item 270239462608 end time May-28-08 11:19:41 PDT)</u> for \$24.95 and \$7.95 shipping for \$32.90 total.

I will now use the Hauppauge uninstall utility to uninstall the Hauppauge HVR1600 TV card drivers and program on the Epox computer Vista Ultimate partition, and then I will reinstall them. Hopefully that might fix any stability problems. CIO

Note: <888> 05/23/08 Friday 4:10 A.M.. I woke up at 9 P.M.. I ate breakfast of oatmeal with honey, a toasted English muffin with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I chatted with a relative. I washed the breakfast dishes. I made my bed. I watered the plants. I threw out the garbage and the old periodical literature. I picked up the mail. Two days ago, I got the latest issue of U.S. News and World report, and in the mail yesterday, I got

the Forbes Investment issue. I did my house cleaning which I had not done in five weeks. I still have to vacuum the apartment after 7 A.M. this morning. I put a new blue toilet tablet in the toilet tank. I put liquid drain cleaner in the bathroom sink, and I cleaned it out. I opened a new bag of <u>www.newyorkcoffee.com</u>, and I mixed it with my old decaffeinated beans that were in one Braun coffee grinder, and also with the older coffee beans in the Gaggia coffee grinder which were 50% decaf and 50% regular, so I now have a blend of old and new coffee beans that I will use up. I have the one Braun coffee grinder filled with them and two quart mason jars. I also refilled the Glade Plug-in refill with a 60% English Leather cologne and 40% of 80% isopropyl alcohol. I also emptied and refilled the eight ice trays in the freezer. I straightened out the brown carpet runner at the apartment entrance. I repaired the antenna on the Uniden two line cordless telephone on the bedroom desk by soldering it. I accidentally broke it when I was moving the bedroom Gigabyte computer which assembling it. I ate a baloney and cheese sandwich with a dill pickle slice and reheated steamed rice, and I ate it all with a glass of iced tea. CIO

Note: <888> 05/22/08 Thursday 2:30 P.M. <u>NOAA predicts above-normal '08 hurricane</u> season - CNN.com .

## http://mikelouisscott.com/weather.htm

## http://geocities.com/mikelscott/weather.htm

I used the Hauppauge Uninstall program to remove the remains of the Hauppauge HVR1600 TV card drivers and programs and inf files.

I uninstalled AOL, since I never use it. I ran the usual system maintenance utilities. I also turned off indexing on both the C: and D: drives. I also ran Disk Cleaner on the C: drive, and I also removed the error files and old System restore files. I did a Vista Complete PC backup from the first hard drive to the second hard drive, and then to the Bytecc external hard drive. On the C: drive I have 70.4 gigabytes free on the 149 gigabyte hard drive. On the D: backup hard drive, I have 49.4 Gigabytes free on the 186 gigabyte hard drive. On the Bytecc external hard drive, I have 49 gigabytes free on the 232 gigabyte hard drive. I watched some Bloomberg News and BBC news while doing the backups. I also installed a dedicated USB cable for using with the external hard drives are other devices, so I do not have to connect to the USB port device which is probably slower. I will now shut down the primary Vista computer, and I will go to bed soon. I will miss my 3 P.M. appointment this afternoon, since I am very tired. CIO

Note: <888> 05/22/08 Thursday 9:50 A.M.. Xerox Rolls Out Five Printers For Midsize and <u>SMBs</u>

Sir Arthur Conan Doyle -- Britannica Online Encyclopedia

<u>SA6185/37 - Flash audio video player - Portable audio and video products - Accessories -</u> <u>Philips</u> Award-winning products, designed for you

**Online Security Center - Threats - Information | Norton Today** 

2008 Motherboard Buying Guide - Computer Shopper

**ESC2008 Programme at a Glance** 

ESC2008 Welcome Message

**European Seismological Commission** 

<u>Global Volcanism Program | Volcanic Activity Reports | SI / USGS Weekly Volcanic Activity Report |</u>

**Microsoft Assessment and Planning** 

**Event Registration (EVENT: 103487)** 

Europe Lower On \$130 Oil - Forbes.com

**Underage Drinking** 

**Biltmore Email Newsletter** 

Internet.com - The Network for Technology Professionals from Jupitermedia Corp.

Windows 'Fiji' beta testing has begun | All about Microsoft | ZDNet.com

Charles A. Lindbergh -- Britannica Online Encyclopedia

Amelia Earhart -- Britannica Online Encyclopedia

InfoWorld | SOA :: Service Oriented Architecture

BBC NEWS | Technology | Microsoft offers cashback search CIO

Note: <888> 05/22/08 Thursday 8:45 A.M.. I ate a baloney and cheese sandwich with a glass of iced tea and a dill pickle slice and 1/3rd of a 5.5 ounce tube of Pringle low fat potato chips. I chatted with a friend that fishes Long Island Sound, and I was told that Striped Bass have to be 38 inches long before you can keep them. Of course up in Nantucket, they can be over four feet long. The Striped Bass are running earlier this year because of the warmer winter according to the fisherman last night. I will now go through my email. CIO

Note: <888> 05/22/08 Thursday 7:30 A.M.. Since I don't have a spare processor for my three primary Vista Ultimate computers, I bought this one spare one <u>AMD Athlon XP</u> <u>2600+ Socket A 462 AXDA2600DKV4D #723 - eBay (item 270239462608 end time May-28-08 11:19:41 PDT)</u> for \$24.95 and \$7.95 shipping for \$32.90 total. Now I have the key missing spare part. In warmer weather with less air conditioning, CPUs could possibly overheat. I also enabled Spread Spectrum in the primary Vista computer CMOS, since it now seems a bit more stable without the Hauppauge HVR1600 TV card. CIO

Note: <888> 05/22/08 Thursday 3:45 A.M.. I woke up at 2:30 P.M. this afternoon. I ate breakfast of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I went back to bed. I woke up at 6:30 A.M.. I washed the breakfast dishes. I made my bed, and I put clean linens on it. I showered, and I cleaned up. I did two loads of wash and one dry cycle. I put away the laundry. I chatted with a relative. I made and ate a four egg omelet with grated parmesan cheese and two slices of Kraft white cheese, and four strips of bacon and a toasted English muffin with butter, all of which I ate with a glass of iced tea. I went out, and I went by the Chase Bank on Mason Street. I then went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I chatted with a dog walker and a pedestrian waiting for a ride. I completed my walk. I then drove down by the waterfront on Steamboat Road. I chatted with a fisherman I had seen before. He had caught a striped bass, so I guess the striped bass are running. Striped bass are good eating if you know anything about fish, but I think you are only allowed to catch one a day. The fisherman works at a local hospital nearby in the Bronx and is from Dominica, so I chatted with him briefly about the Caribbean and Tropical weather. I gave him one of my web cards. I noticed there are still lots of bright lights along the waterfront near Oyster Bay, Long Island. I think the brightly lighted up area is Bayville, Long Island the small coastal community just west of Oyster Bay, Long Island. Of course there are not as many lights around the waterfront as usual. When I sat out at the office plaza by the Greenwich Train station about midnight, there seemed to be as much traffic on Interstate 95 as usual for that time of night. I then returned home, and I ate a bowl of goldfish crackers.

Local weather for Long Island Sound in our area <u>MYSound - Western Sound Station - Wx</u> <u>Panel</u>. CIO

Note: <888> 05/21/08 Wednesday 6:15 A.M.. It is suppose to start raining about 2 P.M. this afternoon <u>Greenwich</u>, <u>Connecticut (06830)</u> <u>Conditions & Forecast : Weather</u> <u>Underground</u>. About 4 A.M., I ate a baloney and cheese sandwich with a glass of iced tea, a dill pickle sliced, and 1/3rd of a tube of Pringle low fat potato chips. I will now shut down the primary Vista computer, and I will go to bed soon. CIO

Note: <888> 05/21/08 Wednesday 6:00 A.M.. <u>www.llbean.com</u> free shipping with promotion coupon code "2373230". CIO

Note: <888> 05/21/08 Wednesday 4:20 A.M.. InfoWorld | SOA :: Service Oriented Architecture

## **Reagan Presidential Library - Form**

Olive Pulp is suppose to be good for Joint Relief <u>Special Savings on Dr. Williams' Top</u> <u>Recommendations</u>

## http://www.theglenlivet.com/society/giftlabels/?party=FathersDay08

http://news.visitscotland.com/go.asp?/bVIS001/mJLD3O8/q1UVLO8/u22NXEX1/xC4WLO 8

KeepMedicareFair.org: Tell Congress to medicare premiums fair:

Get More Bang for your Tax Refund Buck @ Geeks.com!

## Huntington Hartford, A. & P. Heir, Dies at 97 - New York Times CIO

Note: <888> 05/21/08 Wednesday 3:30 A.M.. If one uses a lot of devices on a home built computer <u>http://mikelouisscott.com/computer.htm</u>, such as my primary Vista computer, one also needs a more powerful power supply, and if you noticed I use a 750 Watt Power Supply that I bought for half price for \$100 Newegg.com - Powertek PowerTek750W F5-Series ATX12V 750W Power Supply 100 - 240 V - Power Supplies . Earlier, I also took the coaxial cable off of the Northgate Syntax computer, since it had come out of its socket, and I replaced it with a similar cable that I repaired with a new coaxial connector, so the generic Hauppauge TV card works just fine on it too. Earlier, I also tried uninstalling the Hauppauge HVR drivers and software on both partitions on the Epox computer to do a cleaner install, and although the uninstall and reinstall worked on the Vista Ultimate partition, I was not able to get the XP Professional SP3 partition to reinstall the drivers, so I did a 1% low level format of the first hard drive with the Seagate hard drive utilities, and I restored my Vista Complete PC backup of both partitions that I made on this past Sunday night after configuring it, so it is back to the way it was before my attempt. The reason I did it was that the Epox computer froze after the Vista Complete PC backup had completed on Sunday night, so it leads me to believe that there is some sort of problem with the Hauppauge HVR 1600 TV card and the Nvidia video drivers on the GeForce 5600 and 6200 video cards, so that is possibly what was causing my primary Vista computer to give me the blue screen crash for the last 15 months it was installed in it. There are no mentions in the tech notes about any such problems, so it is hard to tell. The Hauppauge HVR 1600 card was specifically designed for Vista Ultimate and released at the same time, and the Nvidia video cards were very common at the same time. I even went to the Microsoft Office 2007 launch in Hauppauge, Long Island in February 2007, and it was at the Hyatt Hotel there near Cablevision's headquarters, so somebody must know something, they are not telling us. The did give me a free copy of Office 2007 Professional for attending the conference, and that is the only time I have been on Long Island in about the last ten years or more, beside a couple of times going to Kennedy airport to go to Florida. CIO

Note: <888> 05/21/08 Wednesday 2:50 A.M.. I forgot to mention, the last time I was at the Stop and Shop last Thursday, I gave my calling card or retirement card to a distant in law

of the Rockefeller family whom I was told to keep an eye on when he was 14 years old out swimming at Convers Farm back in 1975, when his older brother took off on a motorcycle trip to California with a former neighbor of mine. Thus by elementary math today, he would be 47 years old, so more than likely he has managed to keep an eye out for himself over the years, since I was always not around. I woke up at 9 A.M. yesterday. I ate breakfast of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I went back to bed. I woke up at 2:30 P.M.. I washed the breakfast dishes. I made my bed. I took the Hauppauge generic TV card out of the Bedroom Gigabyte computer, and I put the Leadtek XP Expert TV card in the Gigabyte Bedroom Computer and configured it. I also changed the cable leading to it, but there still is a static line on Channel 3. To improve my overall coaxial system, I ran the A/B switch out cable by the living room entertainment system with a short good quality cable to a good gold two splitter, and then I used two good quality short coaxial cables to connect two different gold four splitters, and from there the TVs and Computers are connected up to the eight connections. There is a generic two splitter in the bedroom that connects the JVC videotape machine connected to the Orion television and also splits off to the bedroom Gigabyte computer, so possibly it is a weak signal through that two splitter. However, all of the other computers and televisions have clear signals in Analog and Digital. I also installed the older year 2000 Dell 19 inch monitor on the bedroom Gigabyte computer, and I put the 1998 CompUSA 19 inch monitor which seems to be getting weaker brightness but cost about \$430 in 1998, so I keep it, and I put it in the bedroom window on the right side with the NASA and Lindbergh pictures sitting on top of it held in by a large pink paper clip. I removed the video and power cables from it, and I put them underneath my living room desk with the other spare cables. I did an XP Professional ASR backup of the bedroom Gigabyte computer C: drive to both the D: drive and the Maxtor 80 gigabyte external hard drive. I chatted with two relatives. I ate the last of the cold eye round of beef with Lea and Perrins Worcestershire sauce and horse radish along with steamed broccoli crowns and baby carrots with olive oil, and I made up a batch of http://www.geocities.com/mikelscott/mlsrice.htm , and I refrigerated half in a Rubbermaid container, and I ate the other half of the steamed rice with dinner along with a glass of iced tea. Earlier I also made up a batch of Formula Two http://mikelouisscott.com/icetea.htm , which I have refrigerated. I used two more Ocean Spray cranberry 64 ounce jugs, so I now have the iced tea in six of them, and I am no long using the older Tropicana jugs that had tea stains on their clear plastic sides. I also threw out the garbage earlier, and I noticed earlier this evening there was a full moon with a clearing sky. I heard about a half dozen jets arriving this evening, so maybe people are returning from down south. Earlier I chatted with two relatives. Not much going on around here, just ordinary Mickey Mouse computer maintenance. I chatted with a software and hardware salesman yesterday afternoon, and he was calling from San Diego. I also chatted with www.frys.com about the charge they have still not charged me for the EGVA PCI GeForce 6200 256 meg. video card. It is about a \$67 charge. On older computer systems, if one uses a Nvidia GeForce 6200 AGP and GeForce 6200 PCI video cards, you can run four monitors. One newer systems with two PCI Express slots, you might look at <u>AMD GAME ATI CrossFireX<sup>TM</sup></u>, but that would be substantially more costly to implement, since one would need a newer computer with the two more expensive video cards. I will now go through my email. CIO

Note: <888> 05/20/08 Tuesday 12:40 A.M.. I watched some television. I ate two bowls of whole wheat goldfish crackers. I will now shut down the primary Vista computer, and I will go to bed soon. Have a good morning. CIO

End of Scott's Notes week of 05/19/08:

Note: <888> 05/19/08 Monday 10:20 P.M. Workshop 2008 in Nicaragua

Software Savings! Britannica Visual Dictionary

<u>Ex-Microsoft Security Expert Codes XP SP3 Fix - Software - IT Channel News by CRN</u> and VARBusiness

Nude Vacations: No Shoes, No Shirt, No Worries - New York Times

**Green Computing Summit** 

Microsoft Tech-Ed North America 2008

Mount Saint Helens -- Britannica Online Encyclopedia

**U.S. Farmers Fret Over Fuel - Forbes.com** 

<u>Robert Mondavi, 94; vintner was a powerful ambassador for California wine - Los Angeles</u> <u>Times</u>

Saudis Rebuff Bush, Politely, on Pumping More Oil - New York Times

Saving Horses, One Thoroughbred at a Time - New York Times

Gates emphasizes PC-phone connectivity in Windows 7 | All about Microsoft | ZDNet.com

\$40 rebate on my EVGA PCI 256 meg. video card <u>Rebate Track Center</u> . I also email Hauppauge RMA my address information for them to me the IR Blaster replacement.

I received email that the Adidas Wind Jacket was sold out, so I will not be receiving it or be charged for it.

**BBC NEWS | Business | Google mulls Microsoft response** 

BBC NEWS | UK | UK Politics | PM's online question time

BBC NEWS | UK | UK Politics | PM launches online question time

I will now send out my weekly notes a couple days late. However, my overall computer systems and apartment are running better with all of the extra time I am spending at home

because of the higher prices of fuel, which are still half the price as in Europe. Some of my neighbors tell the gasoline is slightly cheaper at the gasoline station where Bonjournos grocery store gasoline station at Exit 6 off Interstate 95 at Harvard Street, but it would cost too much for me to drive over there. I think the Stop and Shop chain bought Bonjournos a few years ago. I once chatted with George Bonjourno at Tod's Point, and he looked a lot like former President Bush, Prisoner Number 41. CIO

Note: <888> 05/19/08 Monday 8:05 P.M.. I also showered and cleaned up, before I went to bed this morning. I chatted with a friend in real estate <u>Country Living Associates, Richard Van Marter</u> Wilton, Connecticut, and apparently a lot of people are renting in this area instead of buying with the recent mortgage failures in this area. I will now eat the same dinner as last night. I will then go through my email. CIO

Note: <888> 05/19/08 Monday 7:15 P.M. After the last note, I took the better quality coaxial cable off the four splitter leading to the Epox computer, and I ran it from the Cablevision Digital Cable box to the A/B switch, so the entire television system now has even clearer reception. I used the cable I took off to run from the gold four splitter to the Epox computer. I went to bed about 8 A.M., and I woke up at 1 P.M., when I got another no person telephone call, which tend to be annoying in the daytime, when I am trying to sleep, since frequently I am a night person. I ate breakfast of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed. From www.slickdeals.net, I ordered Adidas Wind Jacket, Men's Clothing, Adidas at Bargain Outfitters in black and extra large for \$11.41 less \$5 discount coupon code of "SB114", for and \$5.99 shipping for \$12.40 total. They are now sold out, but for next winter, they still have the Guide Gear Union Suit for \$24.97 Guide Gear Regular Crewneck Top, Men's Clothing, Guide Gear at Bargain Outfitters less the \$5 off coupon of "SB114" plus shipping. I went outside, and I threw out some garbage, and I chatted with some neighbors. I walked around the building. I chatted with some neighbors. I picked up my mail. The order for Classic Passport Travel Pouch Uncle Sams Army Navy Outfitters for \$13.56 in olive drab less 10% with coupon code "100", for \$1.36 off for \$12.20 with free shipping arrived. It is just the right size for my downtown walking needs on warmer days, when one does not have as many pockets, and its shoulder strap is adjustable for larger people. It is also room enough for a pair of sun glasses, reading glasses, cigarettes and lighter, cell phone, car keys, wallet, and even would have enough room for a digital camera, so once I can afford to go downtown for a walk, I will probably be wearing it on warmer days. Of course in the winter, one has plenty of pockets in winter jackets. I chatted with more neighbors. I chatted with a relative. Apparently people are getting mugged in this country along the interstate highway rest areas for gasoline money, so beware when one travels. I got a \$10 survey check from Knowledge Networks. I also got a letter from www.cl-p.com that sounds sort of like a Catch 22 letter. It says that I have qualified for matching Energy assistance to my earlier Energy Assistance grant of \$675, since I have kept up on my account payments, but they will not give it to me, if I have a surplus in my account, which I do with the previous mentioned energy assistance grant. I will have to wait for the next billing cycle to see if I have received it or not. I will now make up another patch of passion punch. I will then go through my email. CIO

Note: <888> 05/19/08 Monday 6:10 A.M.. I had a busy day. I was up at noon yesterday. The emergency pull cord alarm went off, and one of the neighbors was taken to the hospital, but is suppose to return today. I ate breakfast of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed. I sorted through the paper work on my desk and the top drawer of my four drawer file cabinet, and I threw out about 40 pounds of old bills, receipts and other paper work. Thus the right side of the desk is now cleared of the metal file holder with all of the old paper work. I put the empty metal file holder on top of the Dictaphone in front of the file cabinet. I also threw out some shipping boxes, and the empty packaging for mostly TV cable parts from Radio Shark that I had stored on the right side of the Orion television in the bedroom. I put my GE air conditioner maintenance contract in the drawer of the small night stand at the kitchen entrance. It is paid up until September 12, 2008. I chatted with some neighbors, and I saw a wild turkey out by the family units. I walked around the building. I ate the same dinner as last night. I then put the other new Netgear LAN card in the primary Vista computer, so I now have two active LAN cards in it. I received email from Hauppauge RMA that once I email them my address, they will send me a replacement remote control sending unit for the HVR-1600 TV card. I next took out the Leadtek TV card from the Epox computer, and I put in the Hauppauge HVR-1600 without the defective remote control receiving unit. I put the Leadtek TV card in a small box with its remote control and receiver unit on the right side of the hamper in the bedroom. I will probably eventually put it in the Bedroom Gigabyte computer, once I have the 1600 card remote control working. I also moved the remote control mouse from the primary Vista computer to the Epox computer with its remote control on top of it. I had a problem with getting the Epox computer to start up. I went through a lengthy process of checking it out, and now it works fine. All I can figure out is that since its cards are held in by case clips, I might have dislodged the video card by moving near the rear of the Epox computer. I now have all of the cards held in with case screws. Once I got it working, since I had repositioned its USB devices in a different order, I had a problem for a while with the Microsoft wireless mouse, but I eventually trouble shooted that. I installed the drivers and programs on both partitions for the Hauppauge HVR 1600 card, and it works just fine. I put in a better coaxial cable from the card to the primary four splitter, so with the stronger signal, it recognizes channel 3, so I can use the Digital Cable box with the A/B switch with it too. I tried moving the Terk high definition antenna to the right window in the apartment, but I could not get a signal with it, so I moved it back to its original position on the monitors of the FIC server. Possibly the high definition channels are not broadcast in the early morning hours. I have it connected up to the Epox computer with a 25 foot coaxial cable. I installed the updates on the Epox computer, and I just did a Vista Complete PC backup of both partitions from the first hard drive to the second hard drive. While I had the Epox computer opened, I put a new 2032 lithium CMOS battery in it, which I also did when I assembled the Bedroom Gigabyte computer. I also put new AA batteries in the Microsoft wireless mouse on the Epox computer and the Logitech wireless mouse and keyboard on the Bedroom Gigabyte computer. I am a bit tired, so I will now shut down the primary Vista computer, and I will go to bed soon. I think I will eat the last of the baloney and Swiss cheese in a Sandwich with a glass of iced tea and a dill pickle slice and 1/3rd of a tube of Pringle low fat potato

chips. I have been so busy, I have not had time to shower and clean up since this past Thursday. CIO

Note: <888> 05/18/08 Sunday 4:15 A.M.. I will now shut down the primary Vista computer, and I will go to bed soon. Have a good morning.

## BBC NEWS | UK | Royal marries in Windsor wedding

CIO

Note: <888> 05/18/08 Sunday 3:10 A.M.. The final configuration of the Gigabyte Bedroom computer is listed at <u>http://mikelouisscott.com/computer.htm</u>.

This is the lists of its contents along with Windows XP Professional as of May 18, 2008.

Gigabyte Backup Bedroom Computer: As Finished: 05/18/08

<u>Ultra Beige Defender ATX Mid-Tower Case with Front USB Ports and 350-Watt V-Series</u> <u>Power Supply ULT33070 at CompUSA.com</u> for \$19.99 and \$3.99 shipping for \$23.98 total, May 10, 2008

Gigabyte GA-7VT600P-RZ Socket A (Socket 462) Via KT600 ATX AMD motherboard <u>GIGABYTE GA-7VT600P-RZ ATX AMD Motherboard - Retail at Newegg.com</u> and <u>GIGABYTE - Motherboard - Products 7VT600P-RZ</u> for \$48 and \$1 shipping for \$49 total from <u>http://www.newegg.com/</u> June , 2005, removed from primary Vista computer, November 2006.

<u>eBay Express: Amd Athlon XP 2000+ CPU AXDA2000DUT3C - Description</u> for \$13.88 and \$9 shipping standard flat rate service for \$22.88 total, May 10, 2008

Mad Dog MX 440-SE AGP 4X 64 Meg. video card <u>Mad Dog Multimedia :: Prowler MX</u> <u>440-SE AGP</u> \$45 after \$30 rebate and \$20 discount at <u>http://www.compusa.com/</u> March 2003

<u>AMD 3200+ Socket A 3 Heat Pipes CPU Fan, 70 x 15, Model: CFHPK7-Best Computer</u> <u>Online Store Houston Buy Discount Prices Texas-Directron.com</u> and <u>Modware CPU Fan</u> <u>for AMD K7 3400+ 3 Heat Pipes cpu cooling fan cpu fan</u> for \$5 and \$2 shipping for \$7 total March 2007

PC2100 266Mhz 512 meg. memory from Northgate Syntax computer, March 2003, \$80

PNY 2100 256 Meg. memory chip from <u>http://www.compusa.com/</u> for \$17 after \$30 rebate, March 2004

20 Gigabyte Maxtor Hard Drive for \$133 at http://www.compusa.com/ about 5 years ago.

15 Gigabyte Seagate hard drive from the Dell Dimension L1000R computer \$5

<u>Netgear 10/100Mbps PCI Network Interface Card FA311R</u> for \$8 both refurbished December 2005

SoHo Lan Card from Greenwich Hospital Thrift Shop about 2005 \$3

PCI Creative Live Sound Card came with Dell L1000R computer \$5

<u>Surplus Computers Hauppauge WinTV-GO TV Tuner Capture Card</u> for \$16 with free shipping, September 2006

CD/RW 24X 10X 40X \$50 after \$35 rebate March 2003 from http://www.compusa.com/

2 OKGEAR 18" Dual IDE Rounded Cable - UV GREEN for \$3.49 each for \$7 August 2007

1 PC Toys 18" Single Device Round Floppy Cable (SILVER) - \$0.65 \$1 April 2006

Dell L1000R floppy drive, \$2

1 <u>Powmax 80mm Case Fan w/ Intelligent Temperature Sensor and Aluminum</u> <u>Construction (ALUMINUM) - \$2.98</u> for \$3 April 2006

NEC Black IDE DVD Burner Model ND-3540A from <u>NEC Black IDE DVD Burner Model</u> <u>ND-3540A - OEM at Newegg.com</u> August 2005 for \$42

Total: Gigabyte Backup Bedroom Computer: \$519.88, as finished May 18, 2008

CIO

Note: <888> 05/18/08 Sunday 2:05 A.M.. Some pictures of my latest improvements <u>http://mikelouisscott.com/mls-apt-051808/</u>. CIO

Note: <888> 05/18/08 Sunday 1:20 A.M.. I woke up at noon yesterday Saturday. I ate breakfast of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed. I went outside, and I threw out some garbage, and I said hello to some neighbors whom were sitting out in the sun. I picked up my mail. The CPU with tracking is <u>USPS - Track &</u> <u>Confirm</u> on the order for <u>eBay Express: Amd Athlon XP 2000+ CPU AXDA2000DUT3C -<u>Description</u> for \$13.88 and \$9 shipping standard flat rate service for \$22.88 total arrived. I took the AMD Duron 1800 out of the Bedroom Gigabyte computer, and I put the AMD Athlon XP 2000+ in it, and it works just fine. I put the AMD Duron 1800 in its safety wrap on the lower left sideboard shelf in the bedroom. I then installed the drivers and program for the Visioneer 7600 USB One Touch scanner for it. I was able to get the XP Professional Updates working by a help link I found <u>BleepingComputer.com -> Updates Do Not Install</u></u> <u>After A Repair Of Xp</u>, although my installation is a new install and not a repair. I installed the updates and the Windows Live Messenger. I then did a XP Professional ASR backup from the first hard drive to the second hard drive and then to the Maxtor external hard drive. I also finished configuring the Toshiba laptop computer. I backed it up to the Bytecc external hard drive. In deleting the old backup, I also cleared some old temp files, so I now have 40 gigabytes of space left on the Bytecc external hard drive with its 250 meg. Maxtor hard drive. I chatted with two relatives. I ate two 3/8th inch thick slices of cold eye round with horse radish and Lea and Perrins worcestershire sauce along with a reheated baked potato with butter, and a cup of steamed broccoli crowns and baby carrots with olive oil on them, and a glass of iced tea. CIO

Note: <888> 05/17/08 Saturday 5:05 A.M.. <u>BBC NEWS | UK | Windsor ready for royal</u> wedding. I am a bit tired, I shut down the Toshiba laptop computer for now, and I will finish configuring it later on today. It is suppose to be sunny around 7 A.M., but from the rain I hear outside that might be doubtful. I will now shut down the primary Vista computer, and I will go to bed soon. Have a good morning. It currently is not very pleasant for arthritis suffers. CIO

Note: <888> 05/17/08 Saturday 4:50 A.M.. Through out the last 24 hours, I ate a 12 ounce box of CVS spiced wafers. It is a tedious process configuring the rather slow Toshiba laptop, but once it is configured, it is not too slow to use, if needed. My primary Vista computer system seems more stable with the Hauppauge HVR1600 TV card removed. However, it might be because I changed the four LCD monitors from 75 MHz to 60 MHz, but I just changed them back to 75 MHz, so I will find out whether that causes any stability problems. With the weaker dollar in the World, there is not much worth looking for in terms of bottom fishing on the internet. I read somewhere I think it was <u>www.cnn.com</u> that the King of Saudi Arabia told President Bush <u>www.whitehouse.gov</u> that there was not enough world demand to pump anymore oil than they are already pumping. Supposedly other factors like speculation and the weak dollar are the cause of increased oil prices not shortages of supply. Of course Greenwich, Connecticut is suppose to have 8,000 experienced volunteers whom are not paid, and if they can no longer afford to volunteer, more than likely this small town will quickly start going to Hell in a Hand Basket. CIO

Note: <888> 05/17/08 Saturday 2:05 A.M.. I chatted with <u>Key West Hotel Resorts &</u> <u>Florida Keys Beach Accommodations - Casa Marina Resort Key West</u>, and they told me they are still busy down there. I reminded them that the new Florida Keys Bridges were built about 30 years ago, and since the steel inside the bridges over salt water tends to corrode, they will probably have to be rebuilt in the next 20 years. At the homepage for <u>www.adobe.com</u>, there is a link for the beta of the Adobe Flash Player 10, so I installed it. I had already uninstalled the Flash Player 9. The Casa Marina homepage is a good place to test the beta of the Adobe Flash Player 10. I can not try the <u>www.cnn.com</u> web site video, since they seem to be busy with the rainy weather on the East Coast. CIO

Note: <888> 05/16/08 Friday 11:50 P.M.. This morning before going to bed, I uninstalled the generic UPS power supply backup, because it was beginning to overheat. Thus I am not using them anymore. I threw it away earlier today, and I took the fuse out, so nobody

in the dump can try to use it. I ate breakfast of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed. I disconnected the Plantronics headset from the Panasonic telephone at the apartment entrance. I have not been using it, since it has weak sound. I put it underneath the bedroom bed. I move the energy efficinent lamp from the Toshiba laptop desk at the apartment entrance, and I put it on top of the bedroom Gigabyte computer. I moved the pineapple lamp from that location to along side the French reproduction chair in the living room. I moved the other energy efficient lamp from that location to on top of the Orion television in the bedroom. I move the right angle brass shell lamp with 15 watt regular bulb to the right side of the Toshiba laptop at the apartment entrance. It gives out enough light to see the LCD display on the Panasonic two line telephone. I had to reconnect the one of the the two telephone lines to the two line phone by the French reproduction chair, since it had come out of its socket. I moved the brass cricket cage from that location to behind the Toshiba laptop. I also put the used and some are still good telephone calling cards by the cricket cage. I think a couple of the AT&T calling cards still have \$10 on them unless they have expired. On the Toshiba laptop, I uninstalled some old programs and some that I do not use. I freed up enough space, so I went ahead and installed XP SP3. I now have to install the more recent versions of the smaller programs. The Toshiba laptop is running XP Home with 186 megs. of memory and a 450 MHz processor and about a 5.5 gigabyte hard drive. Still, it still works fine, once it boots up slowly, and one can use it for word processing, email, web browsing, and less intensive software activities. I threw out the garbage and the old periodical literature. I watered the plants. I took the 2.5 pound eye round of top round of beef, and I put it on a baking rack in a baking pan, and I seasoned it with ground black pepper, garlic powder, and Italian seasoning generously. I then covered it with Kraft Barbeque sauce. I baked it in the convection over at 325 degrees for 28 minutes. I also baked with it two potatoes that I scrubbed with cold water and a vegetable brush, and I pricked on four sides three times each side with a fork, and I microwaved on one potato cycle first less 2.5 minutes. For the last 7 minutes of the meat and potatoes cooking cycle, I microwaved in a plastic microwave pot with lid and an inch of water a cup of baby carrots and broccoli crowns. I put the steamed vegetables in a bowl with a little bit of olive oil. I put the baked potato on a plate, and I sliced it open with a knife, and I cut diagonal slices inside it, and I added three pads of no salt butter to melt. I cut off two 3/8th inch thick slices of the hot beef, and I put them on the dinner plate with the potato, and the beef juices. I put the rest of the beef in a Rubbermaid container, and I refrigerated it as I did with the other baked potato. I ate the dinner with a glass of iced tea. I chatted with two relatives earlier. When I went out, I also picked up the mail. I had one no person telephone call today. CIO

Note: <888> 05/16/08 Friday 7:40 A.M.. I installed XP SP3 on the XP Professional partition on the Epox computer. I installed some other updates. I had to put another spare coaxial cable on the Epox computer, because the one that I was using had become disconnected from its threaded screw head. I am now rescanning the Leadtek TV card in Vista with the detailed fine tuning. However, for some reason now on the Leadtek TV expert TV card that is now in the Epox computer, it does not recognize channel 3 in any of the three tuner scanning modes, so I can not watch the Digital Cable TV box signal on it.

However, to be realistic, I do not watch that much television, but with the higher prices of fuel and staying home, I might find time to watch more television. I certainly have the facilities. However, generally I do not have that much free time anymore with all of the computer maintenance and other household routines and the other activities around town. I will use Vista Ultimate to back up both operating systems, once I am finished with the maintenance routines on it.

<u>Royal Visit to Turkey Media Centre > Event highlights > Turkey State Visit, 13 to 16 May</u> 2008

BBC NEWS | Technology | '\$100 laptop' embraces Windows XP

As far as I can tell, not many people beating a path to Redmond, Washington, except umbrella salesmen.

BBC NEWS | Europe | Oldest known bust of Caesar found

BBC NEWS | Science/Nature | Charles urges forest logging halt

BBC NEWS | Science/Nature | Mount Etna flows back to life

**BBC NEWS | Business | CBS buys tech news website CNET** 

BBC NEWS | Technology | Victorian 'supercomputer' is reborn

I am a bit tired, sOOO I will now shut down the primary Vista computer and the Epox computer, and I will go to bed soon. I call my generic computers mostly by their motherboard manufacturers. My primary Vista computer also has the same motherboard as the bedroom Gigabyte computer, but the primary Vista computer motherboard does not have SATA connectors. All the tech details of my tedious computer environment are at <a href="http://mikelouisscott.com/computer.htm">http://mikelouisscott.com/computer.htm</a>. You have to admit it is relatively instant communications, but not very profitable. CIO

Note: <888> 05/16/08 Friday 4:05 A.M. Buffett's Ins And Outs - Forbes.com

**Experience the Microsoft Action Pack** 

Icahn Turns Up The Heat On Yahoo! - Forbes.com

<u>Sir Tim Berners-Lee To Track Origins Of Digital Content -- World Wide Web --</u> <u>InformationWeek</u>

<u>Does Microsoft really need to diversify into consumer products? | All about Microsoft |</u> <u>ZDNet.com</u>

Polar Bear Is Made a Protected Species - New York Times

\*\*\*\*\* Might be faster for XP SP3 than Windows Updates:

## Windows XP Service Pack 3 Resources for IT Professionals

#### Download details: Windows XP Service Pack 3 - ISO-9660 CD Image File

English Download details: Windows XP Service Pack 3 - ISO-9660 CD Image File

I downloaded it, and I will burn two copies to CD, and then I will install it on the Epox Computer XP Professional partition.

#### From The Rubble, Shoots Of Hope In China - Forbes.com

CIO

Note: <888> 05/16/08 Friday 3:00 A.M.. I finished configuring the bedroom Gigabyte computer. Since the Microsoft servers are overwhelmed with people trying to download XP SP3, I was not able to install four minor Windows updates and three small Windows Live Programs including the most recent version of Microsoft Messenger. I did an XP Professional ASR backup from the first hard drive to the second hard drive. I then did one to the Maxtor external hard drive. I am just about finished defragmenting the C: drive. I also installed an extra pair of speakers on the Gigabyte bedroom computer, so it now has two pairs of stereo speakers in the window sill behind it. They turn on from the power strip connected to the control panel, and I have the items labeled on the control panel. On the television setup in my apartment, the digital cable television reception through the digital cable box is a lot sharper than the direct analog cable which is a bit fuzzy. Thus it is not my setup, it is the nature of the technology today. I am not sure how much longer the analog signal will be sent out on the Cablevision system, where one does not need a Digital Cable box for 77 of the lowest 125 channels. I have not heard back yet on the RMA on the Hauppauge 1600 card. I did receive email from EVGA that my \$40 rebate on the EVGA PCI 256 meg. video card had been approved. Once the bedroom gigabyte computer is defragmented, I will test it out on its speed and general usability and startup, but it seems fast enough for web browsing, email, communications, multimedia, and word processing. One can put the bedroom desk chair sideways to sit more easily at the gigabyte computer at the bedroom desk. If one were a larger person, one could move the chair somewhere out of the way, and sit on the bed. I also used to small OOK nails, and I nailed above the inside apartment door handle the small brass plaque in three different languages saying not to piss off the Poop Deck. I think it came from some sort of sailing vessel. CIO

Note: <888> 05/15/08 Thursday 8:25 P.M.. I chatted with a relative. I emptied the crumbs out of the crumb trays of the toaster. English muffins tend to produce a lot of burnt crumbs in toaster ovens or regular toasters, so one has to be sure to clean them out. On the contest at <u>www.almanac.com</u> a couple of months ago, I guessed that the snow would be melted in their parking lot on May 15, 2008, but from this <u>The Almanac Webcam - The Old Farmer's Almanac</u>, it looks like it melted sooner. I have seen six inches of snow in the New York area in the first week of May 1971, so it was a reasonable guess. We had about

eight inches of snow here in Greenwich, Connecticut this winter, but I was told by somebody from Syracuse, New York, when I was in Old Greenwich a couple of weeks ago for a haircut, that Syracuse, New York had six feet of snow this past winter. Of course I have in the past seen a lot of snow in this area. CIO

Note: <888> 05/15/08 Thursday 7:20 P.M. I woke up at 11:30 A.M. this morning. I ate breakfast of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up. I moved the green and natural oak chair from the bedroom computer desk, and I put it as my primary chair at the dining table. I moved the matching oak chair from the dining table to the bedroom computer desk. It is smaller, so it is easier to get at the bedroom desk. I went out, and I went to my 3 P.M. appointment. I then went by the Greenwich Hospital Thrift Shop, and I bought a 32 inch by 22 inch maple framed mirror for \$15. I then went by the Stop and Shop, and I bought greenish yellow Chiquita bananas for .59 a pound for \$1.37, and a eye round of beef roast for \$3.59 a pound for \$8.66 for \$10.03 total. I then used the ATM machine at the Chase Bank at the Stop and Shop plaza. I chatted with one of their staff, and I gave them a calling card. I then returned home. I brought up the groceries and the mirror. I used two OOK hooks, and I hung the mirror on the lower inside of the apartment front door. I moved the small picture of Prince William and Princess Maxima of the Netherlands from above the door light switch to in between the two mirrors on the rear side of the door. I hung the Versailles picture beneath the mirror at the kitchen entrance with two OOK hooks. I moved the mirror from that location to the lower left side of the hallway at the bathroom entrance. I moved the Charles Lindberg print from that location to on top of the Dell monitor in the bedroom window in front o of the NASA shuttle photograph. I made and ate Michael Louis Scott's Pork and Beans with franks, which I ate with a glass of iced tea. I threw out some garbage and the old case for the Dell L1000R computer. It still had its processor, two PC100 128 meg. memory chips, and its CPU cooler and its power supply and motherboard. I chatted with a neighbor. I picked up my mail. I will now work on configuring the bedroom Gigabyte computer. CIO

Note: <888> 05/15/08 Thursday 7:15 A.M.. I finished installing most of the updates including SP3 and Internet Explorer 7 on the Gigabyte bedroom computer. I still have to finish installing some programs and configuring the printers. I shut it down for now. I do not plan to put the Hauppauge 1600 TV card back in the primary Vista computer, once I receive it returned on from an RMA. The primary Vista computer seems to run better without it. I will put the Hauppauge 1600 TV card in the Epox computer. I removed one of the A/B switches from my primary computer setup. It was the one to physically disconnect the Cable TV coaxial cable. I installed it underneath the Sony television hanging from the horse statue. I used some of the splitters and cables from the primary setup, and I now have the A/B switch underneath the Sony TV setup, so when it is on A, all of the TVs and Computer TV cards in the apartment are on the direct analog cable TV line, and when it is on B, they are all fed off the Digital Cable box. Thus on the A switch, the lower 77 channels can be changed on the televisions and computer TV cards. I am a bit tired, so I will now shut down the primary Vista computer, and I will go to bed until noon. I have a 3 P.M. appointment today. CIO

Note: <888> 05/15/08 Thursday 4:20 A.M.. On the bedroom gigabyte computer, I have the device drivers configured, the firewall, antivirus, and a few programs. I am now installing SP3. I ate the last 1/5th of a 16 ounce jar of peanuts. CIO

Note: <888> 05/15/08 Thursday 1:20 A.M.. After I ate, I decided to do a clean install of XP Professional on the Gigabyte Bedroom computer, and it runs a lot better with a clean install. I did a 1% low level format of both hard drives before doing the installation. I now have to configure it and install the updates. I will connect a TV cable from the bedroom VCR with a splitter to the Hauppauge TV card in the Gigabyte bedroom computer. It will have the content of the Digital Cable box. CIO

Note: <888> 05/14/08 Wednesday 9:55 P.M.. I went outside after the last note. About 5:15 P.M. the computer case arrived. It took about 3 hours to install the hardware, and it works just fine. I only used one case fan, since it came with a large case fan in the rear. I installed the Duron 1800 266 MHz processor. I am now running a XP Professional Repair installation to see if I can repair the existing installation without having to do a clean install. The case fan that I put in it has an aluminum housing, so I was able to install it by using a screw driver to widen its screw holes which were tight to use the existing case fan screws. The system seems to be just fine, and I willknow shortly if the XP Professional repair installation works. I chatted with two relatives. I clean up my work area in the bedroom. The existing computer configuration is at

<u>http://mikelouisscott.com/computer.htm</u> . I will try to take some time to eat the same dinner as last night. CIO

Note: <888> 05/14/08 Wednesday 4:50 P.M.. I went outside, and I chatted with neighbors. Thai PM: Myanmar does not want foreign help - CNN.com . CIO

Note: <888> 05/14/08 Wednesday 3:15 P.M.. <u>Microsoft Patch Tuesday: Six Vulnerabilities</u> Fixed In Four Bulletins -- Microsoft Patch Tuesday

Cheap Flights, Cheap Hotels, Cheap Airfare, Airline Tickets, Travel Deals - SideStep

Cheap Flights, Airline Tickets, Cheap Airfare & Discount Travel Deals - Kayak.com

Ready-to-Go Campaigns\_Sweepstakes

2008 Server & Tools Launch\_Ready-to-Go Campaigns

KeepMedicareFair.org: Tell Congress to keep medicare premiums fair:

New Lee Jeans 20% off and free shipping on \$25 through this Friday

**Economic Consequences Of Sky-Rocketing Oil - Forbes.com** 

BBC NEWS | Asia-Pacific | China quake toll close to 15,000

BBC NEWS | UK | Queen visits Turkish mosque

BBC NEWS | Science/Nature | Whales are 'cheetahs of the deep'

BBC NEWS | Science/Nature | Mars probe set for risky descent

BBC NEWS | Technology | Xerox plans the future of today CIO

Note: <888> 05/14/08 Wednesday 2:45 P.M.. Durable affordable transportation in the United States of America with free shipping <u>Bicycles ACU Delux Beach Cruiser Uncle</u> <u>Sams Army Navy Outfitters</u> and 10% additional discount with coupon code "100". CIO

Note: <888> 05/14/08 Wednesday 2:25 P.M.. I had a reply on my RMA request to Hauppauge, which suggested the updated drivers which I have tried. I replied with the information that I had tried the driver, and I still need an RMA. CIO

Note: <888> 05/14/08 Wednesday 2:10 P.M.. I woke up at 9:30 A.M., when I had a no person telephone call. I have had two more no person telephone calls today for a total of three so far. I checked with <u>www.verizon.com</u>, and I could get Caller ID and Caller Intercept for about \$14 more a month on my phone bill, which I can not afford. I ate breakfast of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed. I threw out the garbage, and I put my Greenwich Beach automobile sticker on the lower driver's side front window beneath the registration sticker. I chatted with some neighbors. I walked around the building.

I have a Duron 1.8 266 MHz processor that I could use, if the Athlon XP 2000+ processor does not come today. The computer case Tracking is <u>UPS: Tracking Information</u> on the order for <u>Ultra Beige Defender ATX Mid-Tower Case with Front USB Ports and 350-Watt</u> <u>V-Series Power Supply ULT33070 at CompUSA.com</u> for \$19.99 and \$3.99 shipping for \$23.98 total is out for delivery.

I could build the system once I receive the case, and not stick in a processor until I receive the AMD XP Athlon 2000+ processor, or I could go ahead and use the Duron 1.8 266 MHz processor which would be slightly slower, and I could keep the AMD XP Athlon 2000+ processor for a spare part, since it would work in all of my desktop computers if needed for a spare.

No news on Tracking is <u>USPS - Track & Confirm</u> on the order for <u>eBay Express: Amd</u> <u>Athlon XP 2000+ CPU AXDA2000DUT3C - Description</u> for \$13.88 and \$9 shipping standard flat rate service for \$22.88 total. The mail has not arrived yet today. I also have two AMD 2200 processors, but they have not worked in my systems, when I tried them in the past, so perhaps, they are for a different type of system or they are defective. I will now do some regular computer work.

Somebody scratched the hood on a neighbor's car, so we do get a bit of vandalism in this area occasionally. CIO

Note: <888> 05/14/08 Wednesday 3:50 A.M.. <u>EMSEV-DEMETER JOINT WORKSHOP -</u> <u>Scientific Program</u>

## **Electromagnetic Studies of Earthquakes and Volcanoes**

HP Snaps Up EDS - Forbes.com

I ordered <u>Classic Passport Travel Pouch Uncle Sams Army Navy Outfitters</u> for \$13.56 in olive drab less 10% with coupon code "100", for \$1.36 off for \$12.20 with free shipping.

#### **Portugal Volcano Stamp**

#### BBC NEWS | Science/Nature | Ships bring water to parched Barcelona

I will now shut down the primary Vista computer, and I will go to bed soon. CIO

Note: <888> 05/14/08 Wednesday 2:50 A.M.. The Hauppauge WinTV-PVR-150MCE TV card on the FIC server does not have a remote control. However, I did connect up the video cable from the Sony TV to the ATI video card on the FIC server, so it could be used with the Sony television showing the media center or whatever is on the server desktop. The FIC server ATI card does work in clone mode. Some day, I could get a Vista Media Center remote control for the FIC server <u>Vista Media Center Remote Controls</u> <u>Newegg.com - Computer Parts, PC Components, Laptop Computers, Digital Cameras and more!</u>, but once I have the Hauppauge 1600 TV unit back, I can use that one on another computer. I email for an RMA from Hauppauge at the link on this page <u>Warranty information on Hauppauge products</u>. CIO

Note: <888> 05/14/08 Wednesday 1:40 A.M.. I installed the Hauppauge WinTV-PVR-150MCE on the FIC server, and I configured it, and it works just fine with the Vista Ultimate Media Center. While, I had the FIC server opened, I took out the Antec CPU cooler that had been installed since September 2006, and I tried to install one of the Modware CPU coolers, but there was not enough clearance. I put in the Thermaltake Silent Cooler CPU cooler that has been used about 20 months on a regular computer and not a server as I recall. I was called up by <u>www.directron.com</u>, and the order for the six CPU coolers was cancelled, since they only had one available. I have some other CPU coolers, but the one that I put in was about the best one that I had that would fit. On the FIC server, the diodes stick up from the motherboard around the CPU cooler, so the new Modware one would not work. I do not have that problem on the Gigabyte motherboards. I had a bottle of Perrier freeze and break in the refrigerator, and I cleaned it up. It is the second .75 liter bottle of Perrier that froze and broke this year, so I guess they freeze easily. When I tried to install the most recent update of the Hauppauge WinTV program on the primary Vista computer, I found out the IR remote control does not work on the Hauppauge 1600 TV card. I tested it on the FIC server to make sure, and the remote control did not work on the FIC server either. I checked the batteries and the connection on the card to no avail. The Hauppauge 1600 TV card has a two year warranty, and since I bought it in February 2007, I will get a RMA from Hauppauge, and send it in for repair. I backed up the FIC server after I had configured it with the new TV card, and I restored the backup before configuring it, so it was a clean copy for installation and backup. My new Greenwich Beach card is good until April 2010. I have to stick the beach sticker in the windshield of my Audi. I chatted with a relative earlier. I had five no person telephone calls today which were annoying. I uninstalled the Hauppauge programs off of the primary Vista computer. When I get the 1600 Hauppauge TV card back from them, I could try installing it in the Epox Vista Computer, and its is close enough to the Sony Television cable box, that the IR feature for the cable box would also work, since the cablebox IR cable would stretch to it probably. I have hardly used the Hauppauge 1600 TV card on the primary Vista computer. I will now make a baloney and cheese sandwich, which I will eat with a glass of iced tea and a dill pickle slice and 1/3rd of a tube of Pringle sour cream and onion potato chips.

This order arrived tracking is <u>UPS: Tracking Information</u> on the order for <u>www.directron.com</u> the last quick sale item only available today on this item <u>Enermax</u> <u>Noisetaker EG701AX-VE SFMA 2.0: 600 Watts! | silentpcreview.com</u> and <u>Enermax</u> <u>EG701AX-VE(W)SFMA V2.0 600 Watt PSU -= www.bigbruin.com =-</u> for \$60 and \$11.87 shipping for \$71.87 total. I put it on the top shelf on the right of the sideboard in the bedroom. CIO

Note: <888> 05/13/08 Tuesday 1:30 P.M.. I chatted with <u>www.frys.com</u>, and they have not yet charged me for the XVGA PCI video card, but they told me, they would bill me sooner or later. They told me about an interesting web site <u>www.ted.com</u>. I went downstairs, and I chatted with some neighbors. The mail came, and it looks like my new beach cards came.

Tracking is <u>UPS: Tracking Information</u> on the order for open box <u>Hauppauge TV Receiver</u> <u>WinTV-PVR-150MCE (Model 1042), 125 Channel Cable Ready, w/ Hardware MPEG,</u> <u>White box. 35</u> for \$35 and \$9.25 shipping for \$44.25 total arrived.

The power supply is suppose to be delivered in the later afternoon delivery.

Earlier, I backed up the primary Vista computer with Complete PC backup from the first hard drive to the second hard drive.

I also took a shower and cleaned up.

I am restoring the backup on the FIC server, and I will then install the new TV card and configure it. While I have it opened, I think I will put in one of the new Modware CPU coolers I have in reserve. CIO

Note: <888> 05/13/08 Tuesday 11:15 A.M.. I napped until 9 P.M. last night. I then watched the Turner movie presentation of the original movie, "The Merry Widow". I then went to bed about 11:30 P.M.. I woke up at 9:30 A.M.. I ate breakfast of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed. When starting up the primary Vista computer to possibly stabalize it more, I ran "msconfig", and in the startup programs, I unchecked the two Nvidia startup program, and the Microsoft ehTray.exe startup program. I also reinstalled the Adobe Flash Player. I also lowered the four LCD monitors refresh rate from 75 hertz to 60 hertz.

**Out for delivery:** 

Tracking is <u>UPS: Tracking Information</u> on the order for <u>www.directron.com</u> the last quick sale item only available today on this item <u>Enermax Noisetaker EG701AX-VE SFMA 2.0:</u> 600 Watts! | silentpcreview.com and <u>Enermax EG701AX-VE(W)SFMA V2.0 600 Watt PSU -= www.bigbruin.com =-</u> for \$60 and \$11.87 shipping for \$71.87 total.

Tracking is <u>UPS: Tracking Information</u> on the order for open box <u>Hauppauge TV Receiver</u> <u>WinTV-PVR-150MCE (Model 1042), 125 Channel Cable Ready, w/ Hardware MPEG,</u> <u>White box. 35</u> for \$35 and \$9.25 shipping for \$44.25 total. CIO

Note: <888> 05/12/08 Monday 7:35 P.M.. I reheated and ate the same dinner as last night. I watched the <u>www.nbc.com</u> evening news. I chatted with a relative. I will now shut down the primary Vista computer, and I will go to bed soon, or I will take a nap. I have low blood pressure, so when it is about to rain, I frequently feel tired. Bon Soir. CIO

Note: <888> 05/12/08 Monday 5:45 P.M.. Tracking is <u>UPS: Tracking Information</u> on the order for <u>Ultra Beige Defender ATX Mid-Tower Case with Front USB Ports and 350-Watt</u> <u>V-Series Power Supply ULT33070 at CompUSA.com</u> for \$19.99 and \$3.99 shipping for \$23.98 total.

Tracking is <u>USPS - Track & Confirm</u> on the order for <u>eBay Express: Amd Athlon XP</u> <u>2000+ CPU AXDA2000DUT3C - Description</u> for \$13.88 and \$9 shipping standard flat rate service for \$22.88 total.

Chile Fotos Tormenta eléctrica en erupción del volcán Chaitén - TERRA

Fairfield County, Connecticut, Congressman Christopher Shays

**Seven Hours With Warren Buffett** 

First look at OpenOffice.org 3.0 beta | Hardware 2.0 | ZDNet.com

<u>XP SP3 Triggering Endless Reboot Headaches - Software - IT Channel News by CRN and VARBusiness</u>

# BBC NEWS | Asia-Pacific | Thousands dead in Chinese quake

# BBC NEWS | Special Reports | Bush speaks to BBC Arabic TV

## BBC NEWS | Business | HP confirms in talks to buy EDS CIO

Note: <888> 05/12/08 Monday 4:10 P.M.. I woke up at 10 A.M. this morning. I ate breakfast of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed.

I removed the Nec DVD/RW drive from the FIC server, and I now have it available for the Gigabyte bedroom computer, when I build it. I put an older CD/RW in the FIC server, and I still have the fairly new LG DVD/RW in the FIC server.

I did a Complete PC backup from the primary Vista computer C: drive to the Bytecc external hard drive.

I went outside, and I threw out some garbage, and I moved my Audi to its usual place. I said hello to my next door neighbor. I emptied the two outdoor ashtrays. I picked up my mail.

### Thousands killed by huge China quake - CNN.com

I ordered six <u>Vantec CCK-6040H Socket A / 370 CPU Cooler 2.99</u> for \$2.99 each and \$9.99 UPS ground shipping for \$27.93 total. I will thus have a few more cheap spare parts. The Vantec CPU coolers normally cost \$30 each.

This is the currently planned hardware for the Gigabyte Bedroom Backup computer.

Gigabyte Backup Bedroom Computer: As Planned:

<u>Ultra Beige Defender ATX Mid-Tower Case with Front USB Ports and 350-Watt V-Series</u> <u>Power Supply ULT33070 at CompUSA.com</u> for \$19.99 and \$3.99 shipping for \$23.98 total, May 10, 2008

Gigabyte GA-7VT600P-RZ Socket A (Socket 462) Via KT600 ATX AMD motherboard <u>GIGABYTE GA-7VT600P-RZ ATX AMD Motherboard - Retail at Newegg.com</u> and <u>GIGABYTE - Motherboard - Products 7VT600P-RZ</u> for \$48 and \$1 shipping for \$49 total from <u>http://www.newegg.com/</u> June , 2005, removed from primary Vista computer, November 2006.

<u>eBay Express: Amd Athlon XP 2000+ CPU AXDA2000DUT3C - Description</u> for \$13.88 and \$9 shipping standard flat rate service for \$22.88 total, May 10, 2008

Mad Dog MX 440-SE AGP 4X 64 Meg. video card <u>Mad Dog Multimedia :: Prowler MX 440-SE AGP</u> \$45 after \$30 rebate and \$20 discount at <u>http://www.compusa.com/</u> March 2003

<u>AMD 3200+ Socket A 3 Heat Pipes CPU Fan, 70 x 15, Model: CFHPK7-Best Computer</u> <u>Online Store Houston Buy Discount Prices Texas-Directron.com</u> and <u>Modware CPU Fan</u> <u>for AMD K7 3400+ 3 Heat Pipes cpu cooling fan cpu fan</u> for \$5 and \$2 shipping for \$7 total March 2007

PC2100 266Mhz 512 meg. memory from Northgate Syntax computer, March 2003, \$80

PNY 2100 256 Meg. memory chip from <u>http://www.compusa.com/</u> for \$17 after \$30 rebate, March 2004

15 Gigabyte Maxtor Hard Drive for \$133 at http://www.compusa.com/ about 5 years ago.

20 Gigabyte hard drive from the Dell Dimension L1000R computer \$5

<u>Netgear 10/100Mbps PCI Network Interface Card FA311R</u> for \$8 both refurbished December 2005

SoHo Lan Card from Greenwich Hospital Thrift Shop about 2005 \$3

PCI Creative Live Sound Card came with Dell L1000R computer \$5

<u>Surplus Computers Hauppauge WinTV-GO TV Tuner Capture Card</u> for \$16 with free shipping, September 2006

CD/RW 24X 10X 40X \$50 after \$35 rebate March 2003 from http://www.compusa.com/

2 OKGEAR 18" Dual IDE Rounded Cable - UV GREEN for \$3.49 each for \$7 August 2007

1 PC Toys 18" Single Device Round Floppy Cable (SILVER) - \$0.65 \$1 April 2006

Dell L1000R floppy drive, \$2

2 <u>Powmax 80mm Case Fan w/ Intelligent Temperature Sensor and Aluminum</u> <u>Construction (ALUMINUM) - \$2.98</u> for \$6 April 2006

NEC Black IDE DVD Burner Model ND-3540A from <u>NEC Black IDE DVD Burner Model</u> <u>ND-3540A - OEM at Newegg.com</u> August 2005 for \$42

Total: Gigabyte Backup Bedroom Computer: \$522.86, May 15, 2008

CIO

Note: <888> 05/12/08 Monday 12:05 A.M.. I started up the Northgate Syntax computer to install the motherboard VGA driver which is now installed. I had to recrimp the coaxial cable leading into the connector on the Hauppauge generic TV card, and it now works, and I reconnected the web cam USB cable that had pulled out. Thus the Northgate Syntax computer is running just fine, and 1 gigabyte of memory seems to be enough for Vista Basic on it. I started up the XP Professional partition on the Epox computer, and I tried to install the XP SP3 update which I think has been released, but Windows Update is still too busy to download it.

Bush wedding pictures **Bush: Jenna's wedding was 'spectacular' - CNN.com**.

I once played a panda in a play when I was seven years old <u>BBC NEWS | UK | Scotland |</u> Edinburgh, East and Fife | Giant panda hope for Scottish zoo .

President Bush <u>www.whitehouse.gov</u> is suppose to be a distant cousin of Queen Elizabeth II. They met over in England <u>Royal Insight > November 2003 > US State Visit gallery</u>.

The Queen and the Duke of Edinburgh are off to Turkey this week <u>Media Centre > Event</u> <u>highlights > Turkey State Visit, 13 to 16 May 2008</u>.

The Queen Mary II was here yesterday on Saturday <u>QM2 - Itinerary - 2008</u> and back twice again this month. I will try to keep a keen eye for the British, when they visit here, but since they tend to speak English, it is hard to tell that they are British.

I will now shut down the primary Vista computer, and I will be off to bed. It is suppose to rain a lot this week, so I probably will not be out much. I do have a Thursday afternoon appointment. CIO

Note: <888> 05/11/08 Sunday 9:55 P.M.. I noticed this afternoon, the tulips in front of the veterans monument on Greenwich Avenue are red and white, but when they were first coming out, they looked red and yellow. There are also tulips around the post office plaza, and I recalled seeing another patch of tulips downtown, possibly at Pickwick Plaza. The Arts on Greenwich Avenue is still going on the entire month of May <u>Greenwich Arts</u> <u>Council</u>. CIO

Note: <888> 05/11/08 Sunday 9:55 P.M.. I filled a five quart pot with three quarts of water and a dash of sea salt and a teaspoon of olive oil, and I put it on the large electric burner on high to boil. While doing that, I put a couple of tablespoons of olive oil in a 10 inch stick proof frying pan and a few pads of butter, and then I peeled and diced four cloves of garlic and two medium large onions, and I added them to the frying pan, and I turned it on medium high electric burner heat on the smaller front burner, and once they began to sizzle, I added one eight ounce top round London broil burger cut into half inch chunks, and I seasoned it all with garlic powder, ground black pepper, celery salt, cayenne pepper, paprika, Italian seasoning, and I mixed it all together stirring it until the beef was browned and the onions were blanched. I then added a 26 ounce jar of Francesco Rinaldi traditional tomato sauce and 1.5 tablespoons of Frank's hot sauce, and I mixed it all together, and I covered it. Once the water in the pot was boiling, I added a 16 ounce package of Barilla fettuccini, and I boiled it for 12 minutes on high electric burner heat, and once it was done, I put a colander in another large pot, and I drained the hot water into the pot, and I set the colander of fettuccini on the side. I dumped the pot of hot water down the bathroom sink to clean out the shaving gel scum. While doing that I stirred the tomato sauce mixture frequently, and I then put half the fettuccini in a flat Rubbermaid container, and I put the other half on a large dinner plate with half of the tomato and beef mixture, and I put the other half of the tomato and beef mixture in a Rubbermaid container in the refrigerator, and I added some grated parmesan and Romano cheese mixture on top of the fettuccini and tomato and beef dinner, and I ate it all with a glass of iced tea. As usual after a meal, I cleaned up the kitchen. I chatted with mother again. I hope she had an enjoyable Mother's Day. CIO

Note: <888> 05/11/08 Sunday 7:50 P.M.. I woke up at 8:30 A.M. this morning. I called up mother, and I wished her Happy Mother's Day. Mother seems to be doing just fine, but has a little bit of indigestion. I chatted with a relative. I ate breakfast of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I went back to bed until 11:30 A.M.. I washed the breakfast dishes. I made my bed. I took the MagDog AGP 64 Meg. video card and the PC2100 DDR 512 meg. memory chip out of the Northgate Syntax computer. I went through my spare parts, and I got out the parts that I need for the Gigabyte Bedroom Backup Computer. I also took the parts out of the Dell L1000R computer that I need for the Gigabyte Bedroom Backup Computer. I put the empty Dell case which still has its Intel 1500 Megabyte processor and two 128 meg. PC100 memory chips on the floor in front of the white bureau in the bedroom. I took the face plate off a defective Sony 3.5 inch floppy drive, and I put it on the good Sony 3.5 inch floppy drive that I took out of the Dell computer. I put all of the Gigabyte Bedroom Backup Computer parts on the chair beneath the living room entertainment center to have available when the processor and the case arrive late on this week. I ate a baloney and cheese sandwich with one third of a 5.5 ounce tube of Pringle sour cream and onion potato chips and a dill pickle slice and a glass of iced tea and the rest of the pineapple fruit mixture. I showered, and I cleaned up. I went downtown, and I went by the Chase Bank on Mason Street. I then went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I used the bathroom at the train station. I stopped by Zen stationary, and I bought a Triple Cash scratch card for a dollar, but I lost. I stopped by CVS, and I bought a 1.4 ounce Just for Men Touch of Gray Light brown color for \$8.29, but I got it for free, since I had a \$9 off coupon that I got in the mail. On the way down Greenwich Avenue, I stopped by CVS again, and I bought four 16 ounce Ajax antibacterial orange dishwashing detergent for .77 each and .18 tax for \$3.26 total. I chatted with a former regular night person. I then walked back down Greenwich Avenue, and I put my purchases in the car. I used the bathroom at the senior and the arts center. While downtown, I chatted with mother again on the wireless telephone. I then returned home. I put away my purchases. It is suppose to rain all week. CIO

Note: <888> 05/10/08 Saturday 11:50 P.M.. I watched channel 10 PBS, "Sherlock Holmes and the Case of the Silk Stocking". I will now shut down the primary Vista computer, and I will go to bed soon. Have a good night. CIO

Note: <888> 05/10/08 Saturday 9:55 P.M. <u>BBC NEWS | Americas | Private wedding for</u> <u>Bush daughter</u>

I chatted with a relative. I went ahead and paid my final <u>www.geico.com</u> automobile insurance payment for July 2008, so the policy is paid up until the new policy is started around October 8, 2008. Thus I will have a little extra money this summer, since I won't have to be paying any automobile insurance policies. I chatted with a relative.

Jenna Bush prepares to say 'I do' - CNN.com CIO

Note: <888> 05/10/08 Saturday 8:20 P.M.. I made and ate the same dinner as last night using the thicker piece of salmon. I did not have spring corn on the cob. I will probably be going up to Maine for the last two weeks of July 2008. I went outside, and I threw out the garbage. I chatted with a neighbor. I picked up my mail. I watched part of <u>www.foxnews.com</u>. They are suppose to have coverage of the <u>www.whitehouse.gov</u> wedding in about 15 minutes, but no cameras are allow in for the private event. I suppose if one had access to spy satellites, one might get a close look as to what is going on with the two hundred private guests. CIO

End of Scott's Notes week of 05/10/08:

Note: <888> 05/10/08 Saturday 5:50 P.M.. I will now send out my weekly notes. CIO

Note: <888> 05/10/08 Saturday 5:45 P.M.. Citigroup's \$400B Yardsale - Forbes.com

Note: <888> 05/10/08 Saturday 5:15 P.M.. If one looks at

<u>http://mikelouisscott.com/computer.htm</u>, about half way down on the page, one can look at my plan for the "Gigabyte Backup Bedroom Computer", and its original parts bought over the years were at a cost of \$484.94 not including the software, monitor, and other accessories, so it should be making good use of some spare parts. CIO

Note: <888> 05/10/08 Saturday 3:50 P.M.. I ordered <u>eBay Express: Amd Athlon XP 2000+</u> <u>CPU AXDA2000DUT3C - Description</u> for \$13.88 and \$9 shipping standard flat rate service for \$22.88 total. With the CPU and case and other spare parts, I should be able to build a replacement for the Dell L1000R computer in the bedroom. I can used the Maddog AGP 64 meg. video card from the Northgate Syntax computer, since it has onboard video. I can use my old Gigabyte motherboard or one of the others. I can used the 512 meg. PC2100 memory from the Northgate Syntax and the spare 256 meg. PC2100 memory. I have a spare floppy drive, case fans, and IDE cables. I have extra CD drives. I do not have a spare DVD drive. I have spare CPU coolers, and I have a 15 meg and 20 meg hard drives in the Dell L1000R, and it also has a SoHo LAN card and a Creative Sound Card. Of course there is already the 19 inch Dell monitor, the Logitech wireless keyboard and wireless mouse, and the Visioneer 4400 scanner in the bedroom along with the network laser printers, and the two local HP DeskJet laser printers, and the Epson Stylus 900 inkjet printer. I have a spare copy of Microsoft Windows XP Professional to install on it, but possibly the old partitions on its hard drive might be recognized by XP, and I will not have to reconfigure it. With 756 megs of memory, it should be faster that the 256 megs. of memory in the Dell L1000R. Thus for \$47, I should have another very good backup computer that will be available in the bedroom. There is no point paying more for a faster processor with the slower motherboard and memory. CIO

Note: <888> 05/10/08 Saturday 2:40 P.M.. I ordered <u>Ultra Beige Defender ATX Mid-</u> <u>Tower Case with Front USB Ports and 350-Watt V-Series Power Supply ULT33070 at</u> <u>CompUSA.com</u> for \$19.99 and \$3.99 shipping for \$23.98 total. I will now have a spare computer case in case I want to build another low level computer out of spare parts, but that would cost a bit of money at this point, or possibly I could transfer the Northgate Syntax into a larger case. CIO

Note: <888> 05/10/08 Saturday 2:10 P.M.. I watched some television after the last note. I woke up at 7 A.M. this morning. I ate breakfast of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed. I threw out some garbage. I chatted with a neighbor. I walked around the building. I read four back issues of www.forbes.com , three back issues of US News & World Report - Breaking News, World News, Business News, and America's Best Colleges - USNews.com, the www.aarp.org news letter, the www.geico.com magazine, and the latest issue of www.pcshopper.com . From Forbes, I found out that www.hsbc.com is the world's largest corporation. Also they make a car in France that runs on compressed air Air Car Factories - The Air Car, but it takes four hours for its electric powered compressor to recharge it up, and it has a distance of 120 miles on a flat surface and top speed of 75 miles per hours, and the compressed air exhaust is good for air conditioning. It would be handy in Key West, Florida where it is flat, and you could fill it up at a dive shop. I chatted with a relative. I went outside briefly. I ate a boloney and cheese sandwich with a glass of iced tea and 1/3rd of a tube of Pringle low fat sour cream and onion potato chips and a dill pickle slice and a bowl of the pineapple fruit mixture. I also chatted with a friend. CIO

Note: <888> 05/09/08 Friday 11:45 P.M.. I ate a fifth of a 16 ounce jar of dry roasted peanuts. I am a bit tired from my chores, so I will now shut down the primary Vista computer, and I will either go to bed or rest for a while. It is suppose to quit raining around 1 A.M.. CIO

Note: <888> 05/09/08 Friday 11:00 P.M.. I woke up at 9 A.M. this morning. Two relatives called me to wish me Happy 50th Birthday. I ate breakfast of oatmeal with honey and a sliced banana, two toasted English muffins with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I surfed the internet for a while. I went back to bed until 3 P.M.. Another relative called me to wish me Happy Birthday. I put a new

dishwashing scrub pad on the dish washing wand, and I also got out a new steel scouring pad. I watered the plants, and I threw out the garbage and the old periodical literature, and I also emptied the paper shredder. I ate a bowl of the pineapple fruit mixture with a glass of iced tea. I ran a couple sheets of paper with a few lines of the paper shredder lubricant on them to lubricate the paper shredder. A friend called me up to wish me Happy Birthday. I did two loads of laundry. I also did a third load of laundry with my bed's mattress pad and extra fitted sheet, I keep on the bed along with the sheets that I change. I flipped the mattress over side to side, and I sprayed the top side with Fabreze and Lysol spray to freshen it. When I put away the three loads of laundry, I made up the bed with the clean mattress pad and sheets. I used the Swivel Sweeper to clean the apartment rugs. Earlier I picked up my mail. I chatted with a relative. For dinner, I cut the thin end or a half pound off the piece of one pound filet of salmon, and I put it in a Pyrex pie dish with about a third of an inch of lemon juice. I sprinkled the flesh side with some Old Bay Seasoning, and I put the flesh side down in the lemon juice, and I put two pads on butter on the skin side with a little bit of olive oil. I also microwave a potato on the potato cycle less two minutes. I put the potato with the salmon, and I baked it all in the Farberware convection oven at 325 degrees Fahrenheit for 20 minutes. I also steamed two ears of spring corn and cup of baby carrots and broccoli crowns. I put some butter on the baked potato on the dinner plate with the salmon on the dinner plate flesh side up with a few tablespoons of the cooking juices on it. I put butter on the steamed corn on the cob. I put the other vegetables in a bowl with a little bit of olive oil. I did not eat the skin on the salmon. I ate it all with a glass of iced tea. After I cleaned up the kitchen, I threw out the garbage, because the salmon skin would stink if left in the apartment. I will now do some regular computer work. CIO

Note: <888> 05/09/08 Friday 3:05 A.M.. I ate a bowl of goldfish crackers. I will now shut down the primary Vista computer, and I will go to bed soon. Heavy rain on my birthday <u>Greenwich, Connecticut (06830) Conditions & Forecast : Weather Underground</u>. CIO

Note: <888> 05/09/08 Friday 2:50 A.M.. I went through my email, and I did some bottom fishing. We all need to reorganize our lives with the higher prices for energy and fuel. Around Greenwich, Connecticut with a lot of wealthier citizens, they do not seem to realize that the individuals with lower incomes are pretty much cut to the bone.

## BBC NEWS | Business | Crude oil climbs to fresh record

## BBC NEWS | Technology | Nasa set to join petaflop elite

Cool Spic http://news.bbc.co.uk/2/shared/spl/hi/pop\_ups/08/sci\_nat\_enl\_1210250466/html/1.stm . CIO

Note: <888> 05/09/08 Friday 12:50 A.M.. I checked out, and it is suppose to be the larger size that is mentioned, so I could order <u>Classic Passport Travel Pouch Uncle Sams Army</u> <u>Navy Outfitters</u> for \$13.56 and <u>Sportsman's Watchband Wrist Compass Uncle Sams Army</u> <u>Navy Outfitters</u> for \$1.56, and with over a \$15 order with free shipping you could add \$7.50

for printing on your free dog tags, but the dog tags are free. However, I have my walking shorts with large pants pockets for this summer, so I don't think I need to order it as this point. CIO

Note: <888> 05/09/08 Friday 12:20 A.M.. For all of the junk men have to carry today, they should start making something like this again <u>WE ARE THE MARKET SWISS ARMY</u> <u>RIDERS POUCH</u>.

From <u>Army Surplus Warehouse</u> more pouches here <u>Pouches - Army Surplus Warehouse -</u> <u>Army Surplus Warehouse</u>

I thought about ordering <u>Swedish Magazine Bag - Army Surplus Warehouse - Army</u> <u>Surplus Warehouse</u> for \$8.95 and

Brunton Watchband Compass 9068 - Army Surplus Warehouse - Army Surplus Warehouse for \$4.50 and

<u>Swedish Mini Oil Dropper - Army Surplus Warehouse - Army Surplus Warehouse</u> for \$2.99 and

Sharpening Stone SS8124 - Army Surplus Warehouse - Army Surplus Warehouse for \$2.99

<u>10x and 20x Dual Butterfly Loupe Magnifier - Army Surplus Warehouse - Army Surplus</u> <u>Warehouse</u> for \$3.99

However at <u>www.armynavydeals.com</u>, one can search for "pouch", and pretty much what one is looking for is available.

This catches my eye <u>Classic Passport Travel Pouch Uncle Sams Army Navy Outfitters</u> for \$13.56, however, I am familiar with the item, and it might not be 12" by 6" by 5", but 1.5 inches by 6" by 5", if it were the larger size, I might order it, however I could research it some more, but the Swedish magazine bag looks more stylish, but it is smaller. At this point, I don't think I will order anything. It is still early in the month.

Some Day, you might need these <u>Jerry Cans Euro Military Steel Oil Can - Army Surplus</u> <u>Warehouse - Army Surplus Warehouse</u> CIO

Note: <888> 05/08/08 Thursday 9:50 P.M.. I went outside, and I threw out some garbage. I walked around the building. I chatted with a neighbor. I chatted with a relative on the phone. I guess I will now do some regular computer work. I lowered the computer chair to the lowest position to adjust for the extra height of the cushion. It looks like a few people from down south are once again returning to the area judging by the increased airline traffic at the nearby Westchester County Airport <u>Westchester County - AirportMonitor - by Megadata - powered by PASSUR</u>. For a corporate conference area type place, there is the nearby <u>Doral Arrowwood Resort - Rye Brook, New York - Westchester County NY</u>. CIO

Note: <888> 05/08/08 Thursday 7:30 P.M.. I put a quilted cushion the back of the Harvard Chair, and I took the yellow and blue cushion out from underneath the blue cushion on the seat of the Harvard Chair, and I put the yellow and blue cushion on my primary Vista computer chair. CIO

Note: <888> 05/08/08 Thursday 7:10 P.M.. While at the Stop and Shop, I gave my calling card to an engineer that I have chatted with before that has worked in both China and Brazil. When I arrived back at my apartment building the new Yellow pages and the new White pages directories were in the front entry way, so I brought up one of each, and I put them underneath the AT&T cordless telephone on the small computer desk at the apartment entrance. I installed a set of the Magic sliders <u>List of Magic Slider Sizes</u> on the heavy <u>www.harvard.edu</u> chair at that desk, and they work quite making it easy to slide out the chair on the carpet and push it back. I also installed sets of the Magic sliders on the three wooden chairs around the dining table. I will now heat and reheat the same dinner as the last three nights, which I will eat with a glass of iced tea. CIO

Note: <888> 05/08/08 Thursday 6:30 P.M.. I went by the Valley Road Post Office, and I mailed the \$40 EVGA mail in rebate information. I then went by the Chase Bank on Mason Street. I then went by the Greenwich Hospital Thrift Shop, and I bought two packages for \$1 each of eight Magic Sliders Magic Sliders 25mm Round one inch in diameter with adhesive for \$2 total. I might try them on some of my wooden chairs to see if they slide better on the carpeting. I then went to my 3 P.M. appointment. I then went by CVS, and I bought eight 5.5 ounce tubes of Pringle low fat original flavor potato chips. I then sat out briefly downtown. I then went by the Greenwich Automotive Services Exxon Service Station, and I bought \$15 of self service premium gasoline for \$4.459 a gallon for 3.364 gallons 39.2 miles driving since this past Sunday morning at odometer reading of 59906 miles for 11.653 miles per gallon driving locally. I then went by Val's Liquors at the Stop and Shop plaza, and I bought a 10 ounce bottle of Angostura bitters for \$9.55 total with tax. I then went by the Stop and Shop, and I bought a two pound bag of baby carrots for \$2.99, broccoli crowns at a \$1.99 a pound for \$2.47, fresh bananas at .59 a pound for \$1.38 and for my 58th birthday tomorrow on May 9, when it is suppose to rain, I bought a fresh fillet of salmon for \$4.99 a pound for \$4.99 for \$11.83 total. I then returned home, and I chatted with some neighbors. I picked up my mail. I got my \$10 check for the monthly surveys, I do from Knowledge Networks. CIO

Note: <888> 05/08/08 Thursday 12:25 P.M. I ate a bowl of the pineapple fruit mixture with a glass of iced tea. I will now shut down the primary Vista computer, and I will get ready to go out for my 3 P.M. appointment. CIO

Note: <888> 05/08/08 Thursday 11:55 A.M.. I ordered a free year subscription to <u>www.pcmag.com</u> and <u>FREE 1 Year Subscription to PC Magazine!</u>, but I was turned down. I got P.C. Shopper in the mail, and I still have three issues of <u>www.forbes.com</u> to read and two issues of <u>US News & World Report - Breaking News, World News, Business</u> <u>News, and America's Best Colleges - USNews.com</u>. I also got the latest <u>www.geico.com</u> magazine.

# <u>Global Volcanism Program | Volcanic Activity Reports | SI / USGS Weekly Volcanic Activity Report |</u>

## Chile SERNAGEOMIN Servicio Nacional de Geología y Minería

**Chile ONEMI - Inicio** 

Volcanic Ash Advisories - Buenos Aires VAAC

The Associated Press: Chile volcano erupts, villages evacuated

Chilean volcano turns Chaiten into ghost town - Yahoo! News

Chilean volcano leads to evacuations as eruptions continue CIO

Note: <888> 05/08/08 Thursday 11:05 A.M.. I put the tea in the refrigerator to become iced tea. I threw out four of the old Tropicana plastic jugs, and I am now using four of the plastic Ocean Spray jugs for iced tea and two of the Tropicana jugs. Once I have more empty Ocean Spray jugs, I will get rid of the other two Tropicana jugs. Earlier, I picked up yesterday's mail. I move the Brother MFC-8840D manuals to the left hallway bookcase on top of the Scott's Notes printouts on the right side. I will now go through my email. Thus the Brother unit is ready for use without having to move any items. CIO

Note: <888> 05/08/08 Thursday 10:30 A.M.. I woke up at 7:30 A.M.. I ate breakfast of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed. I am making up a batch of Formula Two <u>http://mikelouisscott.com/icetea.htm</u>. I threw out the garbage, and I emptied the outside ashtrays. I filled out the \$40 mail in rebate information on the new EVGA GeForce 6200 PCI 256 meg. video card from <u>www.frys.com</u>, and I have it ready to mail.

Tracking is <u>UPS: Tracking Information</u> on the order for <u>www.directron.com</u> the last quick sale item only available today on this item <u>Enermax Noisetaker EG701AX-VE SFMA 2.0:</u> 600 Watts! | silentpcreview.com and <u>Enermax EG701AX-VE(W)SFMA V2.0 600 Watt PSU -= www.bigbruin.com =-</u> for \$60 and \$11.87 shipping for \$71.87 total.

Tracking is <u>UPS: Tracking Information</u> on the order for open box <u>Hauppauge TV Receiver</u> <u>WinTV-PVR-150MCE (Model 1042), 125 Channel Cable Ready, w/ Hardware MPEG,</u> <u>White box. 35</u> for \$35 and \$9.25 shipping for \$44.25 total. CIO

Note: <888> 05/07/08 Wednesday 9:45 P.M.. I installed the new video card in the primary Vista computer, and I configured it. I then moved the other video cards around in the other computers as described in an earlier note. They all are working fine. I also took the generic Hauppauge TV card out of the Epox computer, and I move the Leadtek TV card into the Epox computer, and I configured it on both partitions. It is working fine too. I ate

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two bowls of goldfish crackers. I chatted with a relative. I will not shut down the primary Vista computer, and I will go to bed soon. CIO

Note: <888> 05/07/08 Wednesday 2:25 P.M.. After I ate dinner, the tracking is <u>FedEx</u> | <u>Track</u> on the <u>Remanufactured Brother TN-560/570 Universal Cartridge W/SCC Toner</u> for \$31.19 less 20% discount with coupon code "BR20PER" for a \$6.24 discount with free shipping for \$24.95 total arrived. I took out the old one, and I installed the new on in the Brother MFC-8840D, and it works just fine. I put the used toner cartridge in the shipping box, and I stored it underneath the dining table on the right side. I still have a new HP 75A toner cartridge that I don't think I have a laser printer to go with.

Tracking number is ''35770783580'' at <u>DHL: Track (By number)</u> on the order for <u>FRYS.com | EVGA 6200 Video Card 256 MB, PCI</u> for \$59.99 and \$6.32 shipping for \$66.31 total, and it also has this \$40 mail in rebate

<u>http://images.frys.com/art/rebates\_pdf/5516940\_060308.pdf</u>, so it will eventually cost me \$26.31 just arrived. I will now shut down the primary Vista computer, and I will install it in the Vista computer. I will put the PNY 256 meg. card in the Epox computer, and I will move the MadDog 64 Meg. AGP card to the Northgate Syntax computer, and I also have to fill out the \$40 mail in rebate information. CIO

Note: <888> 05/07/08 Wednesday 11:45 A.M.. <u>Microsoft Releases XP SP3, Resumes Vista</u> <u>SP1 - Software - IT Channel News by CRN and VARBusiness</u>

Evacuation Ordered as Chilean Volcano Begins to Spew Ash - New York Times

Most Expensive Cars To Repair - Forbes.com

**Tony Blair** 

www.aivulc.it Associazione Italiana di Vulcanologia - Home

AARP Webplace | Advocacy Center -- AARP Legislative Action Center

**Top Paid CEOs - Forbes.com** 

**Users Fuming Over Vista Audio Driver Glitch** 

Note: <888> 05/07/08 Wednesday 10:30 A.M. I chatted with a relative.

Exxon Mobil profit soars, misses Wall Street targets - May. 1, 2008

**XOM: Investors: annual reports** 

Volcano spurs Chile town's evacuation - CNN.com CIO

Note: <888> 05/07/08 Wednesday 9:05 A.M.. I ordered an open box <u>Hauppauge TV</u> <u>Receiver WinTV-PVR-150MCE (Model 1042), 125 Channel Cable Ready, w/ Hardware</u> <u>MPEG, White box. 35</u> for \$35 and \$9.25 shipping for \$44.25 total. I will put it in the FIC server, since it works with Vista Ultimate Media Center. Its product page is here <u>Hauppauge Computer Works : WinTV-PVR-150 MC-Kit</u>.

I went ahead and paid my next month's <u>www.geico.com</u> automobile insurance bill. I have already paid this months. On the four premium plan for a six month policy, I still have to pay the July 2008 bill. CIO

Note: <888> 05/07/08 Wednesday 8:25 A.M.. I woke up at 4 A.M. this morning. I watched some of the Bloomberg Business news. I chatted with a friend. I ate breakfast of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed.

BBC NEWS | Business | Oil price 'may hit \$200 a barrel'

MedjetAssist | Medical Evacuation from Anywhere in the World to your Hospital of Choice

Digg - New 125 Miles per Gallon Toyota Prius

**Find a Car Fueleconomy** 

If you can find one, maybe you should get one of these <u>Hybrid Prius – 2008 Toyota Prius</u> <u>Hybrid Car Site</u>, if you have to driver frequently. CIO

Note: <888> 05/06/08 Tuesday 11:25 P.M.. Earlier today, before I went out, I put my winter shirts on the far left of the bedroom closet, and I put my summer shirts on the left center of the closet. Of course, when I go up to Maine this summer, I might need some of my winter shirts, but I can always fish them out. Locally here in Greenwich, Connecticut, a lot of people seem to be walking more, so they do not need me downtown as much exercise walking since more of the local downtown people are walking a little bit more. However, I enjoy walking myself, so probably once I catch up on some of my ordinary maintenance routines, I might make it downtown for an exercise walk, but at current gasoline prices it costs me about \$2 round trip every time, I drive downtown, so I do not go downtown as much anymore. However, I will probably have to spend a bit more money on air conditioning this summer, since I tend to need to keep the apartment at about 78 degrees Fahrenheit to keep the computer equipment from over heating. I could turn off the FIC server though, since not many people look at it, but it contains all of my content that I have worked on over these years, so for now I am keeping it going. I chatted with a British resident out of town, and I told them my father Louis Dale Scott use to know the British General, General Norman Ireland Smith who was stationed in Burma during World War II. General Smith gave my father the first Beatles records to come to America, so possibly he was from Liverpool. Therefore there might be some other people in England that have contacts in Burma. However, Australia is a lot closer, so possibly if the Burma

government invited in the Australians, they might be able to help out with the typhoon relief. I am a bit tired, so I will now go to bed, and I will wake up a little bit earlier tomorrow.

Tracking number is ''35770783580'' at <u>DHL: Track (By number)</u> on the order for <u>FRYS.com | EVGA 6200 Video Card 256 MB, PCI</u> for \$59.99 and \$6.32 shipping for \$66.31 total, and it also has this \$40 mail in rebate <u>http://images.frys.com/art/rebates\_pdf/5516940\_060308.pdf</u>, so it will eventually cost me \$26.31.

Tracking is <u>FedEx | Track</u> on the <u>Remanufactured Brother TN-560/570 Universal</u> <u>Cartridge W/SCC Toner</u> for \$31.19 less 20% discount with coupon code "BR20PER" for a \$6.24 discount with free shipping for \$24.95 total arriving tomorrow. CIO

Note: <888> 05/06/08 Tuesday 9:15 P.M.. From the Quick Sale link, I ordered from <u>www.directron.com</u> the last quick sale item only available today on this item <u>Enermax</u> <u>Noisetaker EG701AX-VE SFMA 2.0: 600 Watts! | silentpcreview.com</u> and <u>Enermax</u> <u>EG701AX-VE(W)SFMA V2.0 600 Watt PSU -= www.bigbruin.com =-</u> for \$60 and \$11.87 shipping for \$71.87 total. Although, it is an older item, it is what I can use as a spare part for my equipment, and if you look here in England, it still costs \$170 there <u>Computer</u> <u>hardware and software at amazing prices, available online from Scan Computers UK</u> They have some other Quick Sale items at <u>Directron QuickSell- Quality Overstock Open Box</u> <u>and Sample Computer Hardware And Electronics Houston Texas</u> and Quick Sale Older Power Supplies here <u>Directron Quick Sale Power Supplies, UPS</u>. I still have two spare new 520 watt Super Flower power supplies that I bought as clearance items a year and a half ago. I will now reheat and eat the same dinner as yesterday. CIO</u>

Note: <888> 05/06/08 Tuesday 6:50 P.M.. I woke up at 8 A.M. this morning. I ate breakfast of oatmeal with honey and a sliced banana, two toasted English muffins with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I went back to bed until 11 A.M.. I washed the breakfast dishes. I made my bed. I ate a baloney and cheese sandwich with a glass of iced tea and a dill pickle slice and some pringle sour cream and onion potato chips. I showered, and I cleaned up, and I went out, and I chatted with a neighbor. I went by the Chase Bank on Mason Street. I then went to my 3 P.M. appointment. The Connecticut Department of Motor Vehicles bus was in front of the Greenwich Town Hall like it is every first Tuesday of the month. I chatted with a local lawyer getting his driver's license renewed. I went to my 3 P.M. appointment, and I gave them the information to fill out the form for my upcoming Renter's Rebate this year. I then returned home. I chatted with a neighbor. I opened up the Northgate Syntax computer, and I took out the 256 meg. memory chip, and I moved the 512 meg. memory chip to the second slot. About the time I finished that UPS delivered the UPS: Tracking Information on the order for Newegg.com - pgi POWER Series 1GB 184-Pin DDR SDRAM DDR 266 (PC 2100) Desktop Memory - Desktop Memory for \$31.99 and \$5.99 shipping for \$37.98 total. I installed the new 1 gigabyte memory in the first memory slot, and I closed up the computer, and I booted it up. The memory was recognized, and the Northgate Syntax computer with Vista basic works just

fine. It now has 1.5 gigabytes of PC2100 memory installed. I installed the most recent updates. When I get the new XGA video card for the primary Vista computer, I will be putting the PNY PCI 256 meg. video card in the Epox computer, and the Mad Dog 64 meg. AGP video card in the Northgate Syntax computer, so the Northgate Syntax computer will run even faster. It seems to be running almost as fast as the other computers, since it is not loading as many of the other accessory programs and devices. I put the old 256 meg. PC2100 memory chip inside the new memory chip box, and I put it on the lower right shelf of the sideboard shelf in the bedroom with some other odd memory. I will now do some regular computer work. CIO

Note: <888> 05/05/08 Monday 11:15 P.M. I watched part of a movie about World War I. From what I can tell, I am a bit tired, so I will go to bed soon. CIO

Note: <888> 05/05/08 Monday 10:00 P.M. I went outside, and I threw out the garbage. I chatted with some neighbors. I walked around the building. I chatted with two relatives and a friend. Not much going on.

#### Bestbuy store, save 10% in store, postfuture::coupons . CIO

Note: <888> 05/05/08 Monday 5:45 P.M.. I peeled and diced into half inch to three quarter inch cubic chunks the fresh Del Monte pineapple, and I put the chunks in a metal mixing bowl. I then peeled and diced into half inch cubic chunks the two papaya and put them in the bowl, and then I opened two 11 ounce cans of Madam mandarin oranges, and I put them in the bowl along with the liquid. I then mixed it all together. I then added about three tablespoons of Angostura bitters, and I mixed it all together. I then added about 3/4th of a cup of my passion punch mixture which is one third grape juice, one third cranberry juice, and one third orange juice, and I also added a few tablespoons of bottled lemon juice, and I mixed it all together. I then filled a bowl with a portion to eat sometime soon, and I put the rest of the contents of pineapple fruit mixture in a large Rubbermaid container in the refrigerator to chill. One adds the lemon juice to keep the pineapple from turning brown too soon. I don't add bananas, because they turn soft and brown too soon in the mixture. CIO

Note: <888> 05/05/08 Monday 4:35 P.M.. I went outside, and I threw out the garbage. I chatted with some neighbors. I walked around the building, and I told the building custodian that I had seen on the Bloomberg Business news that Mexico which is the third largest supplier of oil to the United States of America is suppose to run out of domestic oil in five to seven years. I got the information together for my Renter's Rebate, and one needs the rent receipts for 2007 or a statement from the Greenwich Housing Authority for 2007, one's utility bills in particular one's electric bills, which one can get from <u>www.cl-p.com</u>, and ones proof of income which the Social Security Administration sends to one every year. Thus I have it all set for my 3 P.M. appointment tomorrow.

Tracking is <u>UPS: Tracking Information</u> on the order for <u>Newegg.com - pqi POWER Series</u> <u>1GB 184-Pin DDR SDRAM DDR 266 (PC 2100) Desktop Memory - Desktop Memory</u> for \$31.99 and \$5.99 shipping for \$37.98 total. CIO Note: <888> 05/05/08 Monday 2:45 P.M.. I baked two breaded boneless breasts of chicken and two baked large potatoes with steamed broccoli crowns and baby carrots and two small ears of fresh corn. I refrigerated in a flat Rubbermaid container one of the baked boneless breasts of chicken and 1 of the large baked potatoes, and I ate the rest with a cup of steamed vegetables and corn on the cob with a glass of iced tea. I put a few pads of butter on the baked potato and a little bit of olive oil on the steamed vegetables and butter on the corn on the cob. I frozen two of the uncooked chicken breasts, and I have a baked breaded chicken breast and baked potato cooked and ready for tomorrow. I will now throw out the garbage. Not much happening out here in Greenwich, California. CIO

Note: <888> 05/05/08 Monday 12:55 P.M.. April is always the cheapest month for electricity. My electricity bill that I have already paid at <u>www.cl-p.com</u> for the month of April 2008 was \$122.09 or 634 KWH or 21 KWH per day for 30 days of usage for the month of April 2008 compared to 834 KWH in April 2007 or 28 KWH a day, thus I have reduced my April electricity usage from last year by about 25%. Of course that means sitting in a dark apartment most of the time. CIO

Note: <888> 05/05/08 Monday 12:45 P.M. Hard Drive Deals <u>Staples.com®. that was</u> easy®. Hard Drive Deals

I threw out the old UPS device.

The mail arrived. I received the order from <u>www.ordersmokesdirect.com</u> for seven cartons of King Mountain Ultra Lights 100s in a box. CIO

Note: <888> 05/05/08 Monday 11:10 A.M. After the last note, I noticed the 650VA Two Outlet 110VAC UPS for \$24 that I bought in June 2006, and I was using on the primary Vista computer was overheating, and it was quite hot. I have the same UPS on the primary Vista server, so I removed the one from the primary Vista computer, and I put the one from the primary Vista FIC server on the primary Vista computer. I connected it to the lowest control panel, second switch from the left, and I labeled it "computer". Possibly it started to overheat because it was beneath the keyboard drawer in a cramped area, so it did not get enough ventilation. To be on the safe side, I put the replacement one in front of the keyboard on the floor where it gets plenty of ventilation, but when one sits at the keyboard, one has to straddle it on both sides. I took the fuse out of the defective one, so it can not be used, and I will probably throw it away shortly. I chatted with a relative, and I went to bed about 12:30 A.M.. I woke up at 6 A.M. this morning. I ate breakfast of oatmeal with honey and a sliced banana, two toasted English muffins with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up, and I went out, and I chatted with a neighbor. I went by the Chase Bank on Mason Street. I then went by the Wachovia Bank on Benedict Place, and I paid my rent to the Greenwich Housing Authority. I noticed they are now using new www.nec.com computers. I then returned home, and I chatted with some neighbors. I have to get my paper work ready to apply for this year's Renter's Rebate. CIO

I chatted with a relative about the price of tea in China. I will now shut down the primary Vista computer, and I will go to bed soon. CIO

Note: <888> 05/04/08 Sunday 8:05 P.M.. I went outside, and I chatted with some neighbors. I retrieved the missing can of tuna fish from the Audi. I ate a baloney and cheese sandwich with a dill pickle slice, and about 1/3rd of a tube of Pringle sour cream and onion potato chips and a glass of iced tea. CIO

Note: <888> 05/04/08 Sunday 5:50 P.M.. I went out after cleaning up. I found the missing can of tuna fish in the trunk. I forgot it on the driver's side floor in the car when I returned. I picked up my guests at the East Side bound side of the Greenwich Train station. I dropped one of them off at a private gathering. I then drove over to Old Greenwich, and the other guest, and I went to the Greenwich Food Mart. I was wrong, the gasoline at the Exxon station in Old Greenwich is only a dime cheaper than central Greenwich. My guest bought me a roast beef sandwich on a Kaiser roll with mayonnaise, horseradish, and Bermuda onion and a small bag of potato chips. We then drove out to the Southwest Parking area at Tod's Point, and we ate our lunches at one of the picnic benches in the parking area. We then walked around and returned about half the south shore of Tod's Point. I noticed some interesting pieces of drift wood along the south shore. There were about fifty sail boats sailing off Oyster Bay, Long Island. We then stopped by the Southeast concession area, and my guest used the rest room. We then picked up the other guest and another visitor, and I dropped all three of them off at the Greenwich Train station, and I waited for them to catch the 4:12 P.M. train back into Manhattan. I then returned home. My guest put down the passenger side window on the Audi, and it is used so little, it seems not to want to go up right away, but if one runs it up and down a little bit for a short distance, it eventually goes up. I chatted with two other friends. CIO

Note: <888> 05/04/08 Sunday 11:35 A.M.. I showered, and I cleaned up after the last note. I went out, and I threw out some garbage. I emptied the ashtray on the north end of the building. I gave a neighbor a ride over to St. Catherine's in Riverside. I went by the Chase Bank on Mason Street. I went by the Greenwich Automotive Services Exxon gasoline station, and I bought \$8 or 1.860 gallons of self service premium gasoline for \$4.299 a gallon for 27.9 miles driving since the first of May for odometer reading of 59867 miles at 15 miles per gallon average at higher speeds on the Putnam Avenue instead of Greenwich Avenue. I then went by the Food Emporium, and I bought four pounds of unsalted America's Choice butter for \$2.50 each, a package of six boneless breasts of chicken for \$8.94, a one pound package of Kraft white singles for \$2.50, a golden pineapple for \$3.99, two mangoes for .99 each and ten small ears of corn for \$2 for \$28.41 total. I then went by the Stop and Shop, and I bought a loaf of Stop and Shop whole wheat bread for \$1.50, buy one get one free of Thomas's whole wheat English muffins for \$3 both, a dozen large jumbo eggs expire June 5, 2008 for \$2.49, two 59 ounce containers of Simply orange juice with calcium for \$3 each, sliced German wondabar baloney for \$2.99 a pound for \$4.50, sliced Swiss cheese for \$5.99 a pound for \$5.90, 10 six ounce cans of Bumble Bee solid white albacore tuna fish for \$1 each, four 16 ounce boxes of Barilla linguine for \$1.25

each, four 26 ounce jars of Barilla roasted garlic tomato sauce for \$2 each, a 12 ounce container of Nature's Promise wild flower honey for \$3.59, two 48 ounce containers of Quaker old fashioned oatmeal for \$4.49, a 12 ounce container of Stop and Shop grated parmesan and Romano cheese for \$2.50, a quart jar of Vlassic polish dill pickles for \$2, a 33.5 ounce box of Pepperidge Farm whole wheat goldfish crackers for \$7.99, a two pound bag of baby carrots for \$2.99, a pound bag of onions for \$1.99, broccoli crowns for \$2.99 a pound for \$2.31, a bulb of garlic for .30, a 5 pound bag of Russet potatoes for \$2.99 for \$82.03 total. I put my groceries in the rear of the Audi, and then I brought them home, and I brought them up to the apartment with my folding wire cart that I hang on the bathroom door. I put away my groceries. Somehow, I lost one of the cans of tuna fish. I have to get ready to meet my guest, and I will leave to pick them up after that. CIO

End of Scott's Notes week of 05/04/08:

Note: <888> 05/04/08 Sunday 6:45 A.M.. <u>Microsoft Withdraws Its Bid for Yahoo - New</u> <u>York Times</u>

What Microsoft Will Buy Now - Forbes.com

**NOAA Mapped Mosaics** 

<u>Chile La Tercera - Con visitas gubernamentales y medidas sanitarias esperan calmar a pobladores</u>

Chile La Tercera -

Chile SERNAGEOMIN Servicio Nacional de Geología y Minería

Goldschmidt 2008: Field Trips

Tracking is <u>FedEx | Track</u> on the <u>Remanufactured Brother TN-560/570 Universal</u> <u>Cartridge W/SCC Toner</u> for \$31.19 less 20% discount with coupon code ''BR20PER'' for a \$6.24 discount with free shipping for \$24.95 total.

John D. Rockefeller's heirs urge Exxon Mobil to play nicer. - By Daniel Gross - Slate Magazine

CVS/pharmacy® \$4 off \$20 ends today

BBC NEWS | Americas | Cuba lifts ban on home computers

BBC NEWS | Science/Nature | Nuclear's CO2 cost 'will climb'

I will now send out my weekly notes. I have two quests coming out from Manhattan today a little bit after noon. CIO

Note: <888> 05/04/08 Sunday 5:15 A.M.. I went to bed after the last note. I had a telephone call from a relative about 9 P.M., but I was too tired to talk. I woke up at 3 A.M.. I ate breakfast of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed.

This is available <u>Microsoft Money 2008 Plus Deluxe (Special Offer) published by Microsoft</u> <u>Corp.</u> \$29.99 plus shipping, and 10% discount with coupon code "qwr2xy29". However, it now has product activication, and I like to use Microsoft Money 2006 on all of my computers, and the I would not be able to use the 2008 file with Money 2006 on the other computers.

<u>Staples.com®. that was easy®. Samsung CLP-300 Color Laser Printer \$249.98 less \$150</u> mail in rebate for\$99.98 final price

For the Northgate Syntax backup computer which has PC2100 memory in it, with one 512 meg. and one 256 meg. memory chip, to beef it up, I ordered a <u>Newegg.com - pqi POWER</u> Series 1GB 184-Pin DDR SDRAM DDR 266 (PC 2100) Desktop Memory - Desktop <u>Memory</u> for \$31.99 and \$5.99 shipping for \$37.98 total, so it will soon have 1.5 gigabytes of memory.

When I get the EGVA PCI 256 meg. video card, and I put it in the primary Vista computer, I will move the PNY PCI 256 meg. video card from the Primary Vista computer the Epox computer, and I will move the MadDog AGP 64 meg. video card from the Epox to the Northgate Syntax computer. CIO

Note: <888> 05/03/08 Saturday 6:30 P.M.. I chatted with two relatives. I watched the Kentucky Derby. I am a bit tired, so I will now shut down the primary Vista computer, and I will go to bed soon. Have a good night. CIO

Note: <888> 05/03/08 Saturday 4:35 P.M.. I lowered the refresh rate on all four LCD monitors from 75 MHz to 60 MHz to possibly stabilize the system. Not much happening around here. Since Greenwich, Connecticut is a lot of older people with money who could not be bothered with computers and the public media, more than likely they are pursuing their more expensive luxury recreations as opposed to typing on dirty old keyboards. Once you get big money, computers are something the low paid clerical staff spend their time doing. Of course, since I majored in economics and not computers, I tend to have a larger overall picture of the economic reality here as opposed to the tabloid press vision of reality. Well, on the high end of things, I ate a hamburger with cheese on a bagel with ketchup and steamed broccoli and baby carrots with a little bit of olive oil and a glass of iced tea. Since we live on the coast of America, we always have foreigners visiting around here. I picked up my mail, and I said hello to some neighbors, and I threw out some garbage. TBS is showing one of those ancient computer type movies about the way computer systems were in the old days. Of course the super rich people can afford robots and automated systems

that are controlled by secure systems, so they do not have to worry about children hacking them. I will now go through my email. CIO

Note: <888> 05/03/08 Saturday 2:20 P.M.. I woke up at 4 A.M. this morning. I ate breakfast of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed. I chatted with a relative. Happy Birthday to another relative. On my primary computer and FIC server http://mikelouisscott.com/computer.htm , I have on the primary Vista computer, the EVGA GE Force 6200 AGP video card and the PNY PCI GeForce FX5200 video card. However, occasionally the primary Vista computer crashes, and from what I can tell, it is the two video cards are not totally compatible. I tried exchanging the ATI Radeon 9600 Video card from the FIC server to the primary Vista computer, but after a number different efforts, it will not work, so I return the hardware on both computers back to their original state, and I restored the backups. Possibly this will fix the conflict problem, I ordered FRYS.com | EVGA 6200 Video Card 256 MB, PCI for \$59.99 and \$6.32 shipping for \$66.31 total, and it also has this \$40 mail in rebate http://images.frys.com/art/rebates\_pdf/5516940\_060308.pdf, so it will eventually cost me \$26.31. CIO

Note: <888> 05/02/08 Friday 10:40 P.M.. I chatted with a relative. A neighbor knocked on my door, and the neighbor needed to know where to get American made suspenders. The information is at the bottom of this page <u>Suspenders Accessories from American</u> <u>Workwear - Wick Dry socks, gloves, suspenders, etc.</u> . I guess as food gets more expensive in the United States of America, more people might find their pants are getting a little loose around the waste, and they might need suspenders, particularly if they are like me and have a pot belly. If one orders two pairs, one gets them for the same price shipping as one pair. I went outside, and I brought my umbrella up from the Audi. I ate a three egg omelet with three slices Kraft white cheese with some grated parmesan and Romano cheese on it along with a toasted bagel with butter and five strips of fried maple flavored bacon with a glass of iced tea.

#### BBC NEWS | Science/Nature | 'Sex pest' seal attacks penguin

I will now shut down the primary Vista computer, and I will go to bed soon. Have a good night. CIO

Note: <888> 05/02/08 Friday 8:35 P.M.. I woke up at 4 A.M. this morning. I ate breakfast of oatmeal with honey and a sliced banana, a toasted English muffin with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed. My \$300 Income Tax Return Stimulus rebate arrived in my bank account. I did some bottom fishing on the internet, but there was nothing that I needed or could afford. I went out, and I chatted with some neighbors, and I threw out the garbage. I went by the Chase Bank on Mason Street. I then drove all of the way over to Old Greenwich, and I went to the <u>The Haircut Place</u>, and I got my hair cut short for the first time since Christmas Time for \$24 and \$5

tip for \$29 total. I then went by the Old Greenwich Rummage Room Thrift Shop, and I toured their store, but there was nothing that I needed. I then went by CVS, and I bought two 12.5 ounce bottles of Frank's Hot Sauce for \$2.19 each for \$4.38 total. I used the bathroom at CVS. I am not buying nuts anymore, since they can cause intestinal problems as one get older particularly in quantity. I then walked over to the Old Greenwich Food Mart. I noticed the Exxon Service station across from the Food Mart is selling self service premium for \$3.999 a gallon about 30 cents cheaper than central Greenwich. I noticed the Greenwich Food Mart has a large www.perrier.com display. I bought a roast beef sandwich on a Kaiser roll with mayonnaise and horse radish for \$4.99 and .30 tax for \$5.29 total. I then walked back to my car, and I drove out to the southwest picnic area parking area at Tod's Point, and I ate the sandwich with a small bag of potato chips that they gave me. There was only one other person at that location on a cold damp day. I then drove over to the southeast concession area, and I used the bathroom. I noticed a half dozen local citizens dressed up as American Indians to commemorate some happening at the Marker Rock at the southeast point at Tod's Point. Since they were tanned, I actually thought they were American Indians. I then went by Staples, and I bought two 3 packs of clamp binders for \$6.49 a three pack, and for a \$40 discount, I bought a HP Photosmart C4280 Color Flatbed All-in-One at Staples® for \$59.98 and \$4.38 tax for \$77.34 total. Outside the store, I chatted with a tech person, and I gave him a calling card. I then returned home, and I chatted with some neighbors, and I brought up my purchases, and I also picked up my mail. I watered the plants with 8 drops per quart of Shultz plant food. I threw out the garbage and the old periodical literature. I moved the Lindbergh radio from the left side of the bed to the right side of the mahogany bureau in the bedroom. I moved the Epson Stylus 900 printer from on top of the FIC server to the right of the bedroom desk, and I connected it up with the USB 2.0 four splitter from the Toshiba laptop to the bedroom Dell computer. I think it is already configured. I then moved the Epson Stylus Color 880 printer from the dining table to the top of the FIC server. I then opened up the HP Photosmart C4280 Buy an HP Photosmart C4280 All-in-One Printer, Scanner, Copier (CC210A#ABA) from HP, and I set it up on the dining table to the left of the primary Vista computer. I followed the quick start instructions for setting it up. I connected its power cord with its transformer to the lower left control panel switch, so I can turn off the transformer when not using the HP unit. I installed the software without any problems following the quick start instructions. I registered it online. It seems to work just fine. I have photo paper, if I need to print out any photos. I disabled the two HP startup programs, but I put icons to them on the desktop. I have the HP box and its packing material on the far end of the down sofa. I put the printed material that came with it on top of the unit for now. Its smaller HP black and color cartridges can be replaced with the same two HP cartridges for about \$30 both. I do not print out much color, but it will be handy for me to have. It seems to be a neat compact unit. I moved the four port USB cable that comes off the 8 port USB adapter to another slot to get it to be recognized. That changed some of my printer USB ports, so I had to check that they were on the right ports. The primary Vista computer setup seems to be running just fine. I labeled the changes on the LAN port printer boxes, and the control panel. CIO

Note: <888> 05/01/08 Thursday 10:05 P.M. I chatted with a relative. I ate a toasted bagel with olive oil and a glass of iced tea. I chatted with some friends. My friends are coming

out this Sunday, May 4, 2008. I will pick them up at the Greenwich Train station in the early afternoon. One of them has an engagement elsewhere that I will drop the individual off at and pick up later. The other party and I will do something depending on the weather. It is suppose to rain the next three days with thunder showers on Sunday. I will now shut down the primary Vista computer, and I will go to bed soon. Well, I guess I am back on a day schedule. CIO

Note: <888> 05/01/08 Thursday 8:05 P.M.. I rested and watched television until 1 P.M.. I also ate a 10 ounce can of CVS deluxe mixed nuts. When I got up at 1 P.M., I drank a cup of coffee. I did not make up my bed, I just pulled up the covers. I showered, and I cleaned up. I picked up the mail. I went downtown, and I went by the Chase Bank on Mason Street. I then went to my usual Thursday 3 P.M. appointment. I then went by the Greenwich Hospital Thrift Shop, and I bought for \$25 a 11 year old Proscan 20 inch television model #PS20105 without its remote control. I tested it before buying it by looking at its menu screen, and it has a sharp picture. Here is an old web page for it RCA PROSCAN 20 INCH TV and Thomson PS20105 : Read reviews and compare prices at Ciao. My old 19 year old Proscan 20 inch television that I took up to Maine last summer cost me \$\$359 plus tax 19 years ago, when I bought it as a clearance item from County Appliances in Stamford, Connecticut down from \$559. They were the top of the line televisions a number of years ago. I put it in the back seat of the Audi. I then went by CVS, and I picked up a prescription. I then went by the Greenwich Automotive Services Exxon gasoline station, and I bought \$11 of self service premium gasoline at \$4.299 a gallon for 2.558 gallons for 36.4 miles driving since April 20, 2008 at odometer reading of 59839 miles averaging 14.23 miles per gallon in local driving around town about half the time with the air conditioner going. I then returned home. I brought up the Proscan TV with the folding cart that I keep in the rear of the Audi. I had left it up in the apartment, when I brought up the Brother all purpose machine, so I was not able to use it at the Greenwich Hospital Thrift Shop. I took the Lindbergh radio off the tea table by the French reproduction chair, and I put it on the tea tray on the DeLonghi radiators to the left side of the bed in the bedroom. I took the 13 inch Panasonic television out of the kitchen where it was to the left of the refrigerator, and I put it on the tea table in front of the French reproduction chair in the living room hallway entrance. I put the Proscan television to the left of the refrigerator. I connected up the televisions to the cables connected to the Digital Cable Box. I had an RCA universal remote, and I set it up for the Proscan TV. I set up its menu items. I cleaned the remote with rubbing alcohol, and I put in two new AAA alkaline batteries. The RCA universal remote is a SystemLink 4 model. The Proscan has very sharp reception and excellent stereo sound. The Panasonic still has sharp reception. I put a two splitter off the four splitter connecting the Panasonic and the JVC in the bathroom. I use an 18 inch coaxial cable to connect the 2 splitter to the 4 splitter. I put the folding cart back in the rear of the Audi. I emptied the ashtrays outside the front of the building. I chatted with a relative. CIO

Note: <888> 05/01/08 Thursday 6:25 A.M.. Microsoft TechNet Plus

Free 60-day trial download of the 2007 Office system - Products - Microsoft Office Online

# PubVolc

<u>Global Volcanism Program | Volcanic Activity Reports | SI / USGS Weekly Volcanic Activity Report |</u>

Microsoft Launch Wave 2008 Virtual Launch Experience

**Technically a Recession? - Forbes.com** 

**Big Oil Outperforms - Forbes.com** 

XP SP3 not generally available yet, after all | All about Microsoft | ZDNet.com

AARP Webplace | Advocacy Center -- AARP Legislative Action Center

**Tri State CIO Forum - InfoWorld Events** 

Hirohito -- Britannica Online Encyclopedia

BBC NEWS | Science/Nature | Next decade 'may see no warming'

BBC NEWS | Science/Nature | Colossal squid's big eye revealed

BBC NEWS | Technology | Electronics' 'missing link' found

BBC NEWS | UK | Keyboards 'dirtier than a toilet'

BBC NEWS | Technology | Microsoft developing 'senior PC'

I will now shut down the primary Vista computer, and I will go to bed until about noon. I have a 3 P.M. appointment today. CIO

Note: <888> 05/01/08 Thursday 5:25 A.M.. I printed out two copies of the Microsoft Money 2006 income versus spending report for April 2008. I mailed one copy in the mail room downstairs to an interested relative. I have a little green 10 inch diameter burlap Christmas wreath. I put it on the outside of my front door hanging from the hook, and it encircles the apartment number on the outside of the door. I will now go through my email. CIO

Note: <888> 05/01/08 Thursday 4:20 A.M.. Happy May Day. I paid my <u>www.cablevision.com</u> bill for Digital Cable Television, Optimum Online Boost Cable Modem, and Optimum Voice unlimited telephone service, my <u>www.geico.com</u> insurance payment which I think is the second payment in the four monthly billing cycle for the six month policy, my <u>www.cl-p.com</u> electricity bill, my <u>www.verizon.com</u> local telephone bill. I also ordered from <u>www.ordersmokesdirect.com</u> seven cartons of King Mountain Ultra Lights 100s in a box for \$14.99 a carton and \$17.46 shipping for \$122.39 total. I also ordered <u>Remanufactured Brother TN-560/570 Universal Cartridge W/SCC Toner</u> for \$31.19 less 20% discount with coupon code "BR20PER" for a \$6.24 discount with free shipping for \$24.95 total. I have a surplus in my <u>www.cl-p.com</u> account, because my energy assistance grant of \$675 was put in the account, but I am paying the monthly average amount less 1/12th of the Energy assistance grant to keep my monthly bill less for the whole year. I changed my six wall calendars in the apartment to May 2008. I will now reheat and eat the same dinner as last night. CIO

Note: <888> 05/01/08 Thursday 2:55 A.M.. I rebooted the FIC server. This remanufactured Brother 570 toner cartridge is available with a 20% discount and free shipping <u>Remanufactured Brother TN-560/570 Universal Cartridge W/SCC Toner</u> which would be about \$25. I will probably order it later on this morning. CIO

Note: <888> 05/01/08 Thursday 1:55 A.M.. I printed out the last four months of notes, and they are 263 pages long, and I bound them in two clamp binders, and I have them laid on the back of the near end of the down sofa at the apartment entrance. My notes are now 6525 pages long.

The most recent notes for the last four months are in "mlsnote12.doc" available in the downloads from:

<u>Scott's Notes from September 2005 through April 2008, 3.35 Mbytes</u> <u>http://mikelouisscott.com/mlsnote2.zip contains ''mlsnote5.doc'' and ''mlsnote6.doc'' and ''mlsdoc7.doc'' and ''mlsdoc8.doc'' and ''mlsdoc9.doc'' and ''mlsdoc10.doc'' and ''mlsdoc11.doc'' and ''mlsdoc12.doc'' pages 4335 - 6525</u>

Scott's Notes from September 2005 through April 2008, 3.35 Mbytes http://geocities.com/mike2scott20062/mlsnote2.zip contains ''mlsnote5.doc'' and ''mlsnote6.doc'' and ''mlsdoc7.doc'' and ''mlsdoc8.doc'' and ''mlsdoc9.doc'' and ''mlsdoc10'' and ''mlsdoc11'' and ''mlsdoc12'' pages 4335 - 6525

And of course the earlier sections of my notes are still available from:

<u>Scott's Notes from June 1997 through August 2005, 4.81 Mbytes</u> <u>http://mikelouisscott.com/mlsnote1.zip contains "mlsnote1.doc" pages 1 - 1582 January</u> 1997 to December 2001 and "mlsnote2.doc" January 2002 through December 2003 pages 1583 - 2855" and "mlsnote3.doc" January 2004 through December 2004 pages 2856 -3605" and "mlsnote4.doc" January 2005 though April 2005 pages 3711 -4259"</u>

Scott's Notes from June 1997 through August 2005, 4.81 Mbytes

http://www.geocities.com/mike2scott2003/mlsnote1.zip contains "mlsnote1.doc" pages 1 -1582 January 1997 to December 2001 and "mlsnote2.doc" January 2002 through December 2003 pages 1583 - 2855" and "mlsnote3.doc" January 2004 through December 2004 pages 2856 - 3605" and "mlsnote4.doc" January 2005 though April 2005 pages 3711 -4259" The notes are also in \*.pdf format at: <u>http://mikelouisscott.com/notepdf.htm</u>. CIO

Note: <888> 06/30/08 Monday 9:40 P.M. I watched a Rick Steve's travel program about Eastern Turkey. I changed the calendars in the apartment to July 2008. I will now shut down the primary Vista computer, and I will go to bed soon. CIO

Note: <888> 06/30/08 Monday 8:25 P.M. I threw out the garbage. I emptied the ashtray on the north end of the building. I will now watch some television for a while. I did not get any mail today. CIO

Note: <888> 06/30/08 Monday 8:05 P.M. I made and ate four egg omelet with two slices of cheese and grated parmesan cheese, six strips of fried bacon, and a toasted English muffin with butter. I ate it all with a mixture of seltzer water and passion punch. I refilled and recharged the seltzer bottle. I made up another batch of three 64 ounce containers of passion punch. CIO

Note: <888> 06/30/08 Monday 6:35 P.M. I went outside, and I chatted with neighbors, and I walked around the building. I checked the mail, and either it has not arrived yet, or I did not get any. I chatted with a relative. CIO

Note: <888> 06/30/08 Monday 5:05 P.M. John McCain 2008 - John McCain for President

World's Best Places For Unemployment Pay - Forbes.com

So Long, Bill! - Forbes.com

<u>Emotions Run High In Bill Gates' Farewell Speech - The Channel Wire - IT Channel News</u> <u>And Views by CRN and VARBusiness</u>

Audio: Bill Gates says so long to Microsoft

Vacancies : GNS Science Limited

BBC NEWS | Science/Nature | Fire in the sky: Tunguska at 100

BBC NEWS | Science/Nature | Mars' two-faced riddle 'solved'

BBC NEWS | Technology | Sinclair dreams of 'flying cars' CIO

Note: <888> 06/30/08 Monday 4:30 P.M. I made up a batch of sugar free Jell-o using one black cheery and one raspberry, and I used a 15 ounce can of DelMonte lite sliced peaches and a 20 ounce can of Libby's sliced pineapple. I used the juice from the can along with passion punch for the cold liquid. It takes four hours to set in the refrigerator. CIO

Note: <888> 06/30/08 Monday 4:00 P.M. After lunch, I went outside, and I chatted with some neighbors. I took a walk around the building. One of the neighbors told me, the window people were here to measure for the broken window in the community room. I moved the two <u>www.army.mil</u> extreme cold weather sleeping bags good to minus 30

degrees Fahrenheit from behind the bedroom door to another more convenient storage place, so the bedroom door now opens more fully. I will now go through my email. CIO

Note: <888> 06/30/08 Monday 2:45 P.M. I woke up at 5 P.M. this morning. I ate breakfast of oatmeal with honey and a sliced banana, a English muffin with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I went back to bed until 8 A.M.. I washed the breakfast dishes. I made my bed. I went outside, and I threw out some garbage, and I chatted with a neighbor. I took the folding oaks TV tables out of the rear of the Audi, and I gave the two yellow folding deck chairs to a neighbor. Now the rear trunk area of the Audi has more room. I still have the burgundy folding nylon chairs in the rear of the Audi. I still have my tool case in it too. I brought up the folding oak tables, and I put them behind the French reproduction chair. I took the pillows and green corduroy slip cover off the down sofa. I put the slip cover folded up on the floor on the bedroom closet. I put the two large pillows on the bed. I stored the smaller pillows elsewhere. I then took the pillows and cushions off the down sofa, and after moving the small computer desk and www.harvard.edu chair and Mongoose bike out in the hallway, I pulled out the frame of the down sofa, and I took it outside, and I left if by the dumpster with the cushions and pillows. I then moved the brass and glass coffee table six inches further away from the Scott family sofa, so there is about two feet between it and the brass and glass coffee table for easier access to the stereo system and the Epox computer. I move the oval Aubusson carpet from underneath the computer chair to the area where the down sofa was. I put the Mongoose bike against the rear of the Epox computer setup and brass and glass coffee table. I put the small computer table and Harvard chair back in about the same location, but with it pushed forward a bit more, so there is more space walking between it and dining table. I threw out the Mexican terracotta painted pot from the window ledge in the living room, and I put it by the dumpster. I moved the pathos plant from the bathroom to the same window ledge location in the living room sitting in a large crystal bowl for drainage. I move the two pieces of coral from the small telephone table in the bathroom to underneath the bathroom sink. I moved the new electric shaver and new hair trimmer to behind the bedroom door. I took the small telephone table from the bathroom, and I put it on an angle into the room with the tea table to the left of the French reproduction chair. I have the small Panasonic TV on the telephone table with the two line telephone on the tea table in front of it with the paper shredder underneath it. I had taken down the Williamsburg candle sconces at the apartment closet wall, but I put them back up, since there is now more room. I also moved one of the power strips from the small computer table to the floor by the French antique reproduction chair, and I moved the 1989 social register and telephone books from the small computer table to the lower shelf of the telephone table. Thus overall the apartment has a less cluttered and more spacious appearance. The access to the toilet in the bathroom is now fully opened. I will now eat a baloney and cheese sandwich with dill pickle slice and 1/3rd of a 5.5 ounce tube of Pringles sour cream and onion potato chips with a glass of cold filtered water. Pictures below. CIO

Note: <888> 06/30/08 Monday 2:20 P.M. New apartment arrangement: <u>http://mikelouisscott.com/mls-apt-063008/</u>. CIO

Note: <888> 06/29/08 Sunday 12:45 P.M. I poked with a fork three sets of holes on each of four sides of a medium large potato. I microwaved it on a potato cycle, and then I let it stand on the cutting board, while I microwaved for five minutes a 7.5 ounce pouch of Green Giant frozen peas and at the same time, I fried on medium high electric burner heat in a frying pan with a small bit of butter and olive oil a 7 ounce precooked Jone's ham steak which I flipped regularly. I put butter on the potato and peas, and I ate it all with a glass of iced tea. I poured off the ham grease into the grease jar. I will now shut down the primary Vista computer, and I will take a nap for a while. CIO

Note: <888> 06/29/08 Sunday 11:35 A.M. I woke up at 5:30 A.M. this morning. I watched a vintage Interpol movie that seemed a bit dated. I watched a vintage Las Angeles fire department promotion which seemed a bit dated. I ate breakfast of oatmeal with honey and a sliced banana, a English muffin with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed. I went outside, and I threw out some garbage, and I chatted with some neighbors. I walked around the building. I did some bottom fishing on the internet for UPS items that I do not really need and can not afford.

refurbished with \$33 shipping <u>Tripp Lite SMART1500 1500VA/980W 6-Outlet UPS (Dark</u> <u>Gray) Tripp Light</u> and \$89.99

**Buy the APC UPS/Surge Protector and other Surge protectors & UPS at circuitcity.com \$40 and free shipping** 

Buy the APC Back UPS XS Surge Protector and Battery Backup and other Surge protectors & UPS at circuitcity.com for \$99.99 less 10% with coupon code "KFAFKQZA4J" and free shipping for about \$90.

Alas although I am good at bottom fishing, my budget can not always afford sale items. CIO

Note: <888> 06/28/08 Saturday 9:10 P.M. I chatted with my relatives in Kennebunkport, Maine, and they made it up there all right, and the house is fine thanks to the other relatives up there. On Grandma Scott's side of the family side, the Gard family were the original settlers of the George's Plantation in York, Maine, so more than likely there are a lot of relatives up in that neck of the woods, whom know there way around better than I do. I ate the last two bowls of low fat Cheez-its. I will now shut down the primary Vista computer, and I will go to bed soon. They're calling for showers starting soon and through tomorrow, so I probably will now be going out tomorrow. The good news is that they will clean off the cars a bit. The cell phone of a friend does not work in New London, Connecticut, so I no longer have contact with the military up there. CIO

End of Scott's Notes week of 06/28/08:

Note: <888> 06/28/08 Saturday 6:25 P.M. <u>Francis Ferdinand, archduke of Austria-Este --</u> Britannica Online Encyclopedia

## **Treaty of Versailles (1919) -- Britannica Online Encyclopedia**

<u>Victoria (queen of United Kingdom) -- Britannica Online Encyclopedia</u> was crowned queen of the United Kingdom of Great Britain and Ireland.

Page 2 - A Comic-al Look Back at Bill Gates

**Bill Gates: It's a Wonderful Life** 

John McCain 2008 - John McCain for President The Lexington Project

## BBC NEWS | Scotland | Alexander quits as Labour leader

I will now send out my weekly notes. CIO

Note: <888> 06/28/08 Saturday 6:25 P.M. I went outside, and I moved the other silver family car on the right side of the Audi. I do not plan to drive the other car, and my relative will pick it up on this Wednesday. I walked around the building. There is a broken upper window on the west side of the community room. There seems to be a lot of blackberries in the bush on the south side of the community room or some other type of berries. I chatted with neighbors. I picked up my mail. I received another \$10 survey check from Knowledge Networks. I was given a gift by my relative a pair of waste 42 inch tan Ralph Lauren polo walking shorts, which I am sure will be handy this summer. They fit quite well. CIO

Note: <888> 06/28/08 Saturday 5:15 P.M. I chatted with a relative. I made and ate the same sautéed boneless pork tenderloin dinner that I have been eating recently, which I ate with a glass of cold filtered water. I chatted with a friend. CIO

Note: <888> 06/28/08 Saturday 2:45 P.M. My relatives stopped by the Mobil gasoline station across the street and were surprised by the high price of gasoline in this area, and they arrived at about 1:30 P.M.. They came up and looked at my apartment and used the bathroom. The fed their dog some gourmet dog food. They think I should get rid of some of the clutter in my apartment, but it makes sense to me in terms of the way it has evolved over 19.5 years. They left about 2 P.M. for Kennebunkport, Maine. Here are a few pictures I was able to take. I also chatted with a friend whom used my apartment constantly until two years ago which had to do with a bit of the way it evolved. They left the other family car for another relative to pickup on Wednesday for a trip north.

## http://mikelouisscott.com/mls-fam-062808/ CIO

Note: <888> 06/28/08 Saturday 12:55 P.M. The discarded Brother MFC8840-D also purpose machine that I found discarded on Greenwich Avenue came from <u>L'Occitane USA</u> <u>| Natural Beauty Products | Skin Care | Fragrance | Bath & Shower</u>, so there is another French company around besides <u>www.perrier.com</u>. CIO

## Note: <888> 06/28/08 Saturday 12:35 P.M. <u>BBC NEWS | Asia-Pacific | Beijing Olympic</u> <u>Bird's Nest ready</u>

## BBC NEWS | Technology | Internet overhaul wins approval CIO

Note: <888> 06/28/08 Saturday 12:05 P.M. A relative called, and they are about an hour away. They will call me when they are on the Merritt Parkway nearby. They do not think they should take the Heineken, since it would get warm in the car, and it would not be any good. Well, if George Cary ever visits, I still have beer for him. I guess they will only get the multi packs of batteries. I chatted with another friend earlier. CIO

Note: <888> 06/28/08 Saturday 11:35 A.M. I chatted with one of my relatives about 11 A.M., and they were just leaving, so they should be here between 1:30 P.M. and 2 P.M.. They do not need the Black and Decker Professional jar opener in Maine, so I will have to figure out something else to do with it. They are going to leave another family car here, for a relative to pick up later in the week to drive north for the Fourth of July holiday. I went outside, and I sat out briefly. CIO

Note: <888> 06/28/08 Saturday 10:55 A.M. After the last note, I went outside, and I chatted with neighbors, and I picked up my mail. One of my neighbors told me that he had watched the Greenwich RTM on television when they approved the funds for replacing the windows in the apartment building I live at 71 Vinci Drive with double pane windows. The apparently do not plan to do it until November 2008, which might be a little bit cold outside to have the windows removed in a retirement home. I went to bed, and I woke up at 4 A.M.. I ate breakfast of oatmeal with honey and a sliced banana, a English muffin with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I went back to bed until 8 A.M.. I washed the breakfast dishes. I made my bed. I went outside, and I threw out some garbage, and I chatted with a neighbor. I chatted with a relative, and my relatives will be leaving about 10:30 A.M. for a three hour drive here and then further up north to Kennebunkport, Maine to their summer home. I showered, and I cleaned up. I have the Black and Decker Professional Jar opener to give them, two multi packs of CVS batteries I bought on sale in December 2007, and a 12 pack of Heineken that I bought about a year ago, but I kept cold in the refrigerator. I put three bottles of Perrier in the refrigerator. I also have a six pack of German Lendener beer from Cologne, Germany in the refrigerator that I bought about six years ago, and I have kept refrigerated, but I am not sure it still is good. I saw last weekend on the Creative channel, that one can use beer to make batter for fish and chips, but I normally do not deep fat fry in oil. I ate two bowls of low fat Cheez-its. I also took the six 64 ounce empty ice tea jugs out of the refrigerator, so there is more room. CIO

Note: <888> 06/27/08 Friday 5:20 P.M. I ate two bowls of low fat Cheez-its.

Hackers hijack critical Internet organization sites

Software Test & Performance

**Oil Burns Europe - Forbes.com** 

Bill Gates' greatest hits and misses | Videos on ZDNet

Kill The Business Trip - Forbes.com

John McCain : : John McCain for President

http://www.goairportshuttle.com/

Vista Test Drive

BBC NEWS | Technology | The hits and misses of Microsoft

BBC NEWS | Science/Nature | Whale meet ends with peace agenda

BBC NEWS | Business | Gates to step down from Microsoft

I will now shut down the primary Vista computer, and I guess I will go to bed soon. However, I might go out and pickup my mail. CIO

Note: <888> 06/27/08 Friday 4:00 P.M. I checked the mileage to the end of Steamboat Road from my parking place at Vinci Drive today, and it is about exactly seven miles round trip and it is five miles round trip to the Senior and Arts center. Ergo, it costs me with an average amount of traffic about \$3.25 round trip to drive from here to the bottom of Steamboat Road, and it costs me \$2.30 from here round trip to the Senior and the Arts center, ergo I do not go out as much anymore in the Audi, except for when the weather permits, and I feel up to it. I guess I am getting a bit lazy in my old age of 58 years old. Well, if Bill Gates can retire at age 53 today, I guess I can retire and manage my life at age 58 years of age. Trust me, I have seen just about everything there is to see on West Putnam Avenue, Greenwich Avenue, and Steamboat Road, and since I grew up in this area, when gasoline was much cheaper, I have pretty much seen the rest of the area too for what its worth. It looks better in the summer, but in the winter it is pretty bleak and cold, and unless one has a warm comfortable home, it can become quite uncomfortable. I will now go through my email. I guess nobody else has two cents to add. I watched part of a Western on television. CIO

Note: <888> 06/27/08 Friday 2:55 P.M. I checked out from the Greenwich Library, "Hacking Exposed, Fifth Edition, Network Security Secrets and Solutions" by McAfee and Stuart McClure, Joel Scambray, and George Kurtz. Hopefully I will have time to read it. I was also told by a neighbor, that the Food Emporium being remodeled across the street from the Stop and Shop is going to reopen in a couple of a weeks as an A&P store with lower prices than the Food Emporium chain which is also owned by the A&P chain. CIO

Note: <888> 06/27/08 Friday 2:35 P.M. Yesterday, I ate the other 1/3rd of a box of a 12 ounce box of CVS spiced wafers. I woke up at 5 A.M.. I ate breakfast of oatmeal with

honey and a sliced banana, a English muffin with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up. I went out, and I chatted with a neighbor, and I gave another neighbor a ride downtown to work, and I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I stopped by the Greenwich Cigar store, and I played a 7 11 21 scratch card for a dollar, but I lost. I sat out for a while downtown. I then drove down by the waterfront on Steamboat Road, but none of the regular fishermen were there, I guess because of the higher prices of fuel. I saw a grey and a white heron on the waterfront. I next went by the Greenwich Library. I sat out for a while waiting for it to open. I chatted with a regular. I read P.C. Shopper, Popular Mechanics, and Popular Science, and Computerworld. I noticed in the July 2008 issue of Popular Science there was an article about Google Maps, and how it is used for tracking Volcanic Ash activity, and it mentioned the www.klm.com flight that lost all four jet engines over an erupting volcano over Alaska on December 15, 1989. I met the copilot of that flight, and he was a nephew of Queen Beatrice of the Netherlands, so obviously the Dutch have some interest. I next returned home. I chatted with a neighbor. The Logitech S220 Multimedia Speaker System for \$22.99 with free 7 to 9 day shipping Buy.com - Computers, Electronics, Digital Cameras, Books, DVDs, Music, Games, Software, Toys, Sports Logitech S220 Multimedia Speaker System \$22.99 with free shipping and Logitech > Partners > System Builders + Integrators > Speakers > S-220<sup>TM</sup> Speaker System arrived via FedEx in a day. I installed the system on the Northgate Syntax computer, and it works quite well. It has a separate plugs for the headset on the control panel, but one can either have the speakers playing or the headset playing, because plugging in the headset disables the speakers. I put the speaker system on the Lazy Susan that the monitor sits on. I removed the Y splitter from the system, since I no longer need it. I put it in the upper left desk drawer. I put the pair of Jensen speakers I took off on the Bedroom Gigabyte computer, and I removed a generic pair from it, and I stored it underneath the sideboard. I chatted with a relative who is going to stop by briefly and visit tomorrow afternoon. I made and ate the same chef's salad that I have been eating recently, and I ate it with a glass of cold filtered water. I watered the plants. I threw out the garbage and the old periodical literature. I watched part of a television program about Hawaii. When I visited there in August 1980, it was too hot for me there, and I spent a lot of time at the pool at the Maui Hotels, Kaanapali Beach Hawaii Resorts & Room Reservations-Hyatt Regency Maui Resort & Spa, and I paid about \$85 a day for the cheapest air conditioned room, but the food was expensive. It was an enjoyable break from the mainland, but I did not see much of Maui, but the two taxi rides from one airport to the hotel, and the other taxi ride to another airport on return. CIO

Note: <888> 06/26/08 Thursday 9:40 P.M. I ate the same dinner as the last five days. I will now shut down the primary Vista computer, and I will go to bed soon.

<u>Newegg.com - Logitech S-220 2.1 Multimedia Speaker System - Speakers</u> \$22 with free shipping. CIO

Note: <888> 06/26/08 Thursday 8:05 P.M. I went to bed until about 10 A.M.. The building custodian knocked on the door, and shortly there after the window people measured the

windows. They said in about five months next fall, when they install the double pane windows, they have to move the furniture inside four feet away from the windows. The Greenwich Housing Authority told me that the building custodian would help me move the furniture then, but the building custodian did not seem enthusiastic about the idea. Since the state of Connecticut is \$150 million in debt, I am not sure they even have the money to install new double pane windows. I chatted with www.cl-p.com about the supposed matching energy grant, and from what they told me I would not be eligible for it, since I do not use enough energy. I chatted with a friend. I showered, and I cleaned up. I went out to my 3 P.M. appointment. I then went by the Greenwich Hospital Thrift Shop. I then sat outside downtown at the Senior and the Arts center for a while. I then went by the Chase Bank on Mason Street. I then went by the Greenwich Automotive Services Exxon gasoline station, and I bought \$6.01 of self service premium unleaded gasoline for \$5.019 a gallon for 1.19 gallons for 12.4 miles driving since Monday at odometer reading of 60092 for an average of 10.420 miles per gallon driving in heavy local traffic with the air conditioner going. I cleaned the outside windows, and I checked the tires for 34 PSI. I then went by the Stop and Shop, and I bought a half gallon of Florida Natural orange juice with calcium for \$3, 1.5 pounds of German Baloney for \$2.79 a pound for \$4.54, a 13.5 ounce box of low fat Cheez-its for \$2.50, a 64 ounce container of Stop and Shop crangrape and a 64 ounce container of Stop and Shop cranraspberry juice each for \$2 each, and a head of Foxy iceberg lettuce for \$1.79 for \$15.83 total. I then returned home, and I picked up the mail, and I put away the groceries. I had a telephone call from some California magazine wanting to know more about http://mikelouisscott.com/fred.htm , and I told them what little I seem to remember about him. I chatted with a friend. CIO

Note: <888> 06/26/08 Thursday 7:25 A.M. I ate the same chef's salad that I have been eating recently, and I also put some bacon bits with it. I ate it with a glass of cold filtered water. I will now shut down the primary Vista computer, and I will take a nap for a while. CIO

Note: <888> 06/26/08 Thursday 6:10 A.M. <u>BBC News | Health | Cold 'killing 50,000' each winter</u>

**Friends of the Earth: Press Release: 150,000 PEOPLE TO DIE FROM COLD BY NEXT ELECTION. Friends of the Earth Publishes Death Forecasts for Each MP** 

Note: <888> 06/26/08 Thursday 5:45 A.M. For those of you who want to enjoy the final summer of the Bush dynasty <u>www.whitehouse.gov</u>, there is always:

Kennebunkport, Maine, Scott's Internet Hotlist

<u>http://www.geocities.com/mikelscott/137.htm</u> , but it is probably cooler up in Maine, so you might need some extra clothes from

www.llbean.com, possibly still free shipping with coupon code "2373230".

You could try ordering a couple of pairs of these for next winter

Two-Layer Union Suit, Men's: Underwear and Accessories at L.L.Bean or

Polartec Power Dry Union Suit, Men's: Underwear and Accessories at L.L.Bean .

If you forget it does get cold up north in the winter, and more than likely with the cooler summer this summer, we might have a colder winter this upcoming winter with higher energy bills. Last winter, they sold out of Union Suits by Christmas Time. Remember, you can always wear one pair over another pair for extra warmth, and I still think they might shrink, so I ordered the largest size last fall in case they do, but I did not dry them in the dryer, but I let them drip dry in the bathroom, so I do not know if they shrink or not. CIO

Note: <888> 06/26/08 Thursday 5:05 A.M. <u>Bill Gates Waves Goodbye Earlier Than</u> <u>Planned - Microsoft Blog - InformationWeek</u>

Damages Cut Against Exxon in Valdez Case - NYTimes.com

Live Search cashback - Live Search

**Download details: SteadyState good for shared computers.** 

**Qualification Standards for GS-1313** 

Gates' big send-off | CNET News.com

<u>Global Volcanism Program | Volcanic Activity Reports | SI / USGS Weekly Volcanic Activity Report |</u>

**Upload Your Videos to YouTube - Computer Shopper** 

Goodbye, Bill Gates! - Forbes.com

Tankless water heater by GE for natural gas users

**Still Working For Bill Gates - Forbes.com** 

BBC NEWS | Technology | Crucial vote on internet's future

BBC NEWS | Middle East | Dubai plans 'moving' skyscraper CIO

Note: <888> 06/26/08 Thursday 3:45 A.M. I woke up at 12:30 A.M.. I ate breakfast of oatmeal with honey and a sliced banana, a English muffin with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed. I ordered for the Northgate Syntax computer , the Logitech S220 Multimedia Speaker System for \$22.99 with free 7 to 9 day shipping <u>Buy.com - Computers, Electronics, Digital Cameras, Books, DVDs, Music, Games, Software, Toys, Sports Logitech S220 Multimedia Speaker System \$22.99 with free shipping and Logitech > Partners > System Builders + Integrators > Speakers > S-220<sup>TM</sup> Speaker System.</u>

Also on this page <u>Apple iPod Shuffle 512MB MP3 USB Digital Music Player:</u> <u>MA133LLA\_FG JustDeals.com Inc.</u> is available for \$12.95 and \$6.95 shipping for \$19.90 total. CIO

Note: <888> 06/25/08 Wednesday 7:00 P.M. I will now shut down the primary Vista computer, and I will go to bed soon. Have a good night. CIO

Note: <888> 06/25/08 Wednesday 6:30 P.M. I woke up at 9 A.M., when I chatted with a relative that called. I made my bed. I vacuumed the apartment. I ate 2/3rds of a package CVS ginger wafers. I tried refilling the Glade Plug-in refill in the kitchen, but its wick broke, so I just the left the plug-in refill sitting upright on the left rear side of the sink rack shelf with a 60% English Leather and 40% isopropyl alcohol mixture. I ate a baloney and cheese sandwich with 1/3rd of a 5.5 ounce tube of Pringle sour cream and onion potato chips and a dill pickle slice. I showered, and I cleaned up. I went out, and I chatted with a neighbor. I went by the Chase Bank on Mason Street. I then went to my 2 P.M. appointment. I then went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I used the bathroom at the Senior and the Arts center before and after my walk. I stopped by CVS to view the store circular. I chatted with a regular local about the price of the tea in China. I then returned home. I chatted with a neighbor. I received my Verizon telephone book for Greenwich, Connecticut. I put it underneath the AT&T two line cordless telephone on the left side of the table at the apartment entrance. I drank a 50% passion punch mixture with 50%seltzer water. I ate a few more ginger wafers. It was good to get out for a change, but it was a bit warm. I have relatives stopping by on Saturday afternoon on their way further north. CIO

Note: <888> 06/25/08 Wednesday 5:05 A.M. I ate the same meal as yesterday with just one boneless center cut pork tenderloin. I ate it with a glass of cold filtered water. I will now shut down the primary Vista computer, and I will take a nap for a while. CIO

Note: <888> 06/25/08 Wednesday 3:55 A.M. <u>Billion Dollar Nanotech IPO Brewing -</u> Forbes.com

Microsoft Genuine Software Initiative Home Page

<u>Hawaii volcano watchers on NationalGeographic.com | Hawaii® Magazine: Discover</u> <u>Hawaii</u> interesting video link at bottom of page.

5% discount with coupon code "DONUTS" <u>Dunkin Donuts Original Blend 12oz Bag of</u> <u>Beans</u>

#### BBC NEWS | Americas | Landmark Florida Everglades deal

#### BBC NEWS | Business | Bill Gates' 'senior moment' CIO

Note: <888> 06/25/08 Wednesday 2:45 A.M. I was called up at 1 P.M. yesterday afternoon, and my 3 P.M. appointment was cancelled until 2 P.M. today. I woke up at 7:30 P.M.. I ate breakfast of oatmeal with honey and a sliced banana, a English muffin with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I went back to bed until 11:30 P.M.. I washed the breakfast dishes. I made my bed. I threw out some garbage, and I picked up the mail. I did my regular house cleaning, but I still have to vacuum after 8 A.M., when I will not disturb my neighbors. I also used a potato brush to clean the algae out of the toilet tank, and I put a new blue tablet in it. I will now go through my email. CIO

Note: <888> 06/24/08 Tuesday 11:35 A.M. I will now shut down the primary Vista computer, and I will take a brief nap before getting ready to go out for my 3 P.M. appointment. CIO

Note: <888> 06/24/08 Tuesday 10:20 A.M. I straightened up the brown runner rug that runs from the apartment entrance and behind the down sofa to the hallway. It gets out of alignment every couple of weeks or so. I used the swivel sweeper to clean the carpets. I am charging up its battery pack. I went outside, and I threw out garbage. I walked around the building. They are measuring the windows in the building for replacement with double pane glass in the near future. I chatted with a smaller neighbor, and I told him about the red wolf possibly being a tan shepherd that got away for a while, since I saw a similar animal downtown on a leash on Sunday mornings at Starbucks. With the lights on in the apartment, I can notice more easily maintenance activity that needs to be done as I go through my routines. Plus it is more cheerful. For some reason the emergency generator is running in back. I have my usual 3 P.M. appointment today. I am so use to getting out for a walk downtown every day, it is hard to get use to only getting out two or three times a week, and less for a walk, since frequently after my daytime appointments, I am too tired to take a walk. I will now make the same dinner as the last two days, but I will only use one boneless center cut pork tenderloin. I currently weight 215 pounds, so I could stand to lose 20 pounds or more. I chatted with a relative. CIO

Note: <888> 06/24/08 Tuesday 8:10 A.M. I ate the 1.4 ounce Heath Candy Bar.

Your Money - 8 Reasons You Should Not Expect an Inheritance - NYTimes.com

Hardest-To-Get Cars - Forbes.com

<u>In Pictures: Hardest-To-Get Cars - Forbes.com</u>. It says the Audi A5 is the fouth hardest car to fine, so I have a 11 year old Audi A6 that looks a bit like it.

In Pictures: Tech-Free Celebs - Forbes.com

Guest Book - Gen. William Westmoreland

BBC NEWS | Business | FBI promises more fraud arrests

BBC NEWS | Business | The secret of Bill Gates' success CIO

Note: <888> 06/24/08 Tuesday 7:35 A.M. I chatted with a friend. I ordered two <u>Bellsouth</u> <u>Two-Way Talk Radio - 2276GY - Buy.com</u> for \$10 each for \$20 total with free shipping. I will now go through my email. CIO

Note: <888> 06/24/08 Tuesday 6:35 A.M. After the last note yesterday, I rested until about 8 A.M.. I watched some television. I chatted with a relative around 9:30 A.M.. I decided not to try not to drink anymore iced tea anymore, since it is a diuretic, and it makes one have to go to the bathroom more frequently. I went to bed about 11 A.M.. I had a telephone call from a relative about 4 P.M.. I went back to bed until 8 P.M.. I chatted with the same relative. I ate breakfast of oatmeal with honey and a sliced banana, a toasted bagel with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I went back to bed until midnight. I washed the breakfast dishes. I made my bed. I watched some television. I made and ate the same chef's salad as a few days ago, which I also put a bit of blue cheese dressing on. I ate it with a glass of cold filtered watered. I rested through out the morning, and I watched television. I finished eating the last box of low fat Cheez-its vesterday and today. There is not really that much on television during the early morning hours, and it is mostly reruns. I threw out some garbage, and I said hello to a neighbor going out early. I decided to work with the primary lights on in the living room, since I seem to be more efficient with the lights going as opposed to a few low lights, since without the lights, I tend to get a bit tired in the darkness. I got my \$10 monthly check for the survey I fill out each month. It will pay to keep the lights on. CIO

Note: <888> 06/23/08 Monday 4:35 A.M. I made and ate the same dinner as yesterday reheating the remaining flavored rice from yesterday. I will now shut down the primary Vista computer, and I will go back to bed or take a nap. CIO

Note: <888> 06/23/08 Monday 3:15 A.M. I could order a couple of these to have for the Audi for \$2.25 each and \$3 shipping for \$7.50 total <u>http://www.flagline.com/id42AW019</u>, but although I am half Dutch from Holland, Michigan, I do not speak Dutch, so if any Dutch people tried to talk to me, it would probably be confusing. I should wait until after the first of the month, when I pay my bills. It is sort of strange on this link <u>http://www.flagline.com/id41A056</u>, South Viet-Nam decal comes up. CIO

#### Note: <888> 06/23/08 Monday 2:15 A.M. <u>BBC NEWS | Business | Oil summit calls for</u> supply boost

I did some bottom fishing on the internet. I emailed copies of my <u>1998 Audi A6 owned by</u> <u>Michael Scott</u> Connecticut registration and title to two relatives in Pennsylvania who were previous owners. Apparently the State of Pennsylvania still shows they are the owners. Since my Connecticut license plate is "840 GXO" sometimes, the last letter "O" is mistaken for a "0". Well, at least I have a full tank of gasoline since I am practicing energy conservation and not driving too far most of the time. I could always buy a <u>http://www.flagline.com/id42A240</u> Oval Decal for \$2.25 and \$3 shipping to see if anyone takes note. CIO

Note: <888> 06/22/08 Sunday 11:55 P.M. I woke up at 9:30 P.M.. I ate breakfast of oatmeal with honey and a sliced banana, a toasted bagel with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed. I chatted with a local security group about what is happening out in Bayville, Long Island with so many people using electricity in the morning hours. I know Brookhaven National Laboratory is out there, and they have a Graphite Atomic Reactor built in 1948, so maybe they are getting spare electricity generating power out of that. It would seem to me, it could be a lot of California tech people are use to being up all night, and they have settled in a group out there in high tech over the years. I know Dave Wheatly was not high tech. He delivered the Queen Mary I to Long Beach, California, and he use to ferry Spitfires over here. Possibly it is some sort of British Intelligence group living out there sitting nearby the Trans Atlantic telephone cable which would carry the internet also. More than likely since Computer Associates is out there as well as Grumman, it is a mixed bag of fish trying to exercise undue influence over the internet. I do know Helen Kress Williams of Oyster Bay, Long Island had the same look as Dorothy Bush, and possibly the excess energy out there is coming from Williams Energy as opposed to Lilco. It would seem to me, we have more resources here on the south shore of Connecticut with all of New England and Canada to the north of us. I have contacts out in Long Island, so I just called them up, and I had them take a look around to see what sort of activity is happening around out there. It would seem to me that from my experience out on the north shore of Long Island, there are a lot of Germans out there, and from what I know about the Germans, they never give you a straight forward answer like they do not even know what is going on. Possibly it is some group of students from Post College all living out in Bayville, Long Island, and as I recall the New York Institute of Technology is nearby also. Possibly some guru with the real satellite photographs as opposed to the fake ones might figure out what is happening out there. I do not get much feed back out of anyone around here, since they are not too heavily involved with the internet from what I can tell. Who knows maybe some sort of secret internet cartel is being run out of Bayville, Long Island, and they are prospering off of raising worldwide oil prices and blaming it on everyone else. I have had a theory for a long time that all of the world's problems are caused by about fifty thousand well financed trouble makers, and the rest of the world just watches in bewilderment. CIO

Note: <888> 06/22/08 Sunday 2:30 P.M. I called up www.geico.com , and I gave them a lengthy briefing on local events. I threw out some garbage, and I said hello to some neighbors. We have a thunderstorm coming in. I chatted with a friend. I chatted with a local security official about my suspicions that since about three weeks ago at night, when I observed the north shore of Long Island at night from Steamboat Road, it was totally dark along the entire length of the North Shore of Long Island as far one could see, but for some odd reason there were about 500 small houses totally lighted up along the waterfront in the Bayville, Long Island area from 2 A.M. to 4 A.M. on a week day night, so obviously somebody in that section is using a lot of electricity at night, when their wealthier neighbors are not. I know the Russia, German, and French consulates are out that way, so maybe there is a large group of Europeans or people from the Eastern Hemisphere setting the overseas markets in the early morning hours, while most people are asleep. Dave Wheatly who I use to talk with at Tod's Point in Greenwich use to drive around in a black Volkswagen with the British Union Jack on the front plate, and he once told me his son had moved to Bayville, so maybe other younger European up and coming movers and shakers have settled out there in inexpensive beach houses in mass. It is really none of my business, but from what I know of the area, the Old Guard out there do not keep a very close eye on matters. I am a bit tired, so I will now shut down the primary Vista computer, and I will go to bed soon. CIO

Note: <888> 06/22/08 Sunday 10:55 A.M. I sautéed two boneless center cut pork tenderloins in olive oil, chopped garlic, butter, and a sliced medium onion, and I seasoned them with garlic powder, ground black pepper, and Italian spices, and for the last couple of minutes, I steamed it all with soy sauce and a little bit of Lea and Perrins Worcestershire sauce, and I ate it with flavored rice half of which I put in a Rubbermaid container in the refrigerator and 1.5 cups of baby carrots and broccoli crowns with butter, and a glass of iced tea. CIO

Note: <888> 06/22/08 Sunday 9:20 A.M. I went downtown after the last note. I walked lower Greenwich Avenue and also over to the south side of the Greenwich Train station. On the south side of the Greenwich Train station crossover walkway, there is a notice that a 15 year old boy from Peru is missing in New Rochelle, New York. There is a number to call on the notice. There are no computer items in the dumpster area of the lower garage at the Greenwich Train station, but there are a lot of boxes for new items that have been purchased. There still seems to be quite a bit of traffic on I-95. I sat out for a while at the south office building plaza. At Carriage House Motors, they have a vintage purple www.cadillac.com convertible about 1957 put possibly is it is a 1961. It is the one with about six inch fins. Maybe Wiley Middleton is around still trying to sell Cadillacs. I sat out for a while at the post office plaza which gets the sun in the early morning hours. I walked up Greenwich Avenue. The new office building at Armagone Causeway is coming along just fine. It is just south of some Swiss Bank. I walked over to the Chase Bank on Mason Street, and I used the ATM machine there. I then walked over to the Y.M.C.A., and I looked through the window at the new swimming pools. They seem to be state of the art. I chatted with somebody from Columbia who wanted to know where the Greenwich Train station was. I gave him directions. I walked as far East as Milbank Avenue. There is a nice wine store next door the restaurant where Tuscon's used to be. I walked back west on

the north side of East Putnam Avenue, and then I walked back down Greenwich Avenue. I sat out for a while. I then walked back down Greenwich Avenue, and I stopped by the Greenwich Cigar store, and I bought a ACE's High scratch guard for a dollar, but the dealer had a Queen, so I lost. I then used the bathroom at the lower level of the Greenwich Train station. I then returned back up Greenwich Avenue, and I sat out for a while. I noticed a lady walking a tan German Shepherd that looked a bit like the Red Wolf that I saw on Memorial Day morning. Maybe it got away and was wandering in our neighborhood. I then drove down by the waterfront on Steamboat Road, but none of the usual fishermen were there, so I guess they no longer can afford to drive down there like myself. I then went by the Greenwich Automotive Services Exxon gasoline station, and I bought \$6.02 of self service premium for 1.199 gallons at \$5.019 a gallon for 11.2 miles driving since last Thursday at odometer reading of 60080 at 9.341 miles per gallon. However, I filled the Audi up to the maximum which is why the gasoline mileage is not as good. I then went by the Stop and Shop, and I bought a package of eight boneless center cut pork chops for \$2.49 a pound for \$7.59, a top Round London Broil for \$2.49 a pound for \$6.32, a half gallon of Florida Natural Orange Juice with calcium for \$3, a two pound package of baby carrots for \$2.99, a quart jar of Vlassic Kosher dill pickles for \$2, fresh green Chiquita bananas for .64 a pound for \$2.46, broccoli crowns at \$1.99 a pound for \$2.63, and a bulb of garlic for \$2.99 a pound for .39 for \$27.38 total. The meat was on sale for half price or better. I then used the ATM machine at the Chase Bank at the Stop and Shop plaza. I then returned home, and I chatted with some neighbors. I put away the groceries. I used the Cuisine Art to make five 8.5 ounce hamburgers out of the London Broil, and I froze them in double baby carrot zip lock bags. The newest burgers in the freezer are on the lower right freezer door. CIO

Note: <888> 06/22/08 Sunday 3:35 A.M. I put away the laundry. I will now shut down the primary Vista computer, and I will shower and clean up, and I will go downtown for a walk. I need to stop by the Stop and Shop at 7 A.M. to get some bananas, so I will probably linger for a while downtown. Have a good morning. It is suppose to rain at 10 A.M.. CIO

Note: <888> 06/22/08 Sunday 2:20 A.M. I made and ate the same chef's salad as yesterday along with eating the rest of the pineapple fruit mixture with a glass of 50% cold filtered water and 50% iced tea. I did two wash loads of laundry, and I am only doing one dryer load. CIO

Note: <888> 06/22/08 Sunday 12:30 A.M. After the last note, I watched some cooking shows on the Creative Channel 133 <u>HDTV Magazine - Broadcast Station/Network Guide</u> (WLIWDT3 (WLIW-DT3)) on the Digital Cablevision System. I went to bed about 11 A.M.. I woke up at 4 P.M., when Veterans for McCain John McCain 2008 - John McCain for President called me. I told then I had linked his web page from my server, and I asked them to email me any information. I went back to bed until 7 P.M. I ate breakfast of oatmeal with honey and a sliced banana, a toasted bagel with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I went back to bed until 10 P.M.. I washed the breakfast dishes. This past Thursday, I told a customer who was looking to buy a used Sony DVD player at the Greenwich Hospital Thrift Shop for \$35 that he could buy a refurbished one almost new

for \$35 on the internet. The web page for the Sony refurbished items is here <u>Sony Outlet &</u> <u>Refurbished Products</u>. I went downstairs to do laundry, but the machines are currently busy. I threw out some garbage, and I heard something moving out in the woods like an animal behind the dumpster. There is an orange moon tonight, but I can not tell if it is a full moon. I put clean linens on the bed. I will do the laundry shortly. I made up another batch of passion punch. Yesterday morning, I drank three 60% full glasses of 50% passion punch and 50% seltzer. CIO

Note: <888> 06/21/08 Saturday 9:00 A.M. I will now shut down the primary Vista computer, and I will go back to bed. Have a good morning. CIO

Note: <888> 06/21/08 Saturday 8:20 A.M. I did a Vista Complete PC backup from the first hard drive to the second hard drive.

TODD ENGLISH

**Boats tuning up for Bermuda - Greenwich Time** 

Newport Bermuda Race 2008

2008 Newport Bermuda Race | Boat Mapper

**Bloomin' good time - Greenwich Time** 

**<u>\$20 ferry fares fair? - Greenwich Time</u>** 

**Gates without Microsoft - FORTUNE Magazine** 

Life for Gates without Microsoft - Jun. 20, 2008

CIO

End of Scott's Notes week of 06/21/08:

Note: <888> 06/21/08 Saturday 5:35 A.M. <u>BBC NEWS | Science/Nature | Key ocean</u> mission goes into orbit

BBC NEWS | Science/Nature | Mars probe makes 'ice' discovery

BBC NEWS | Science/Nature | Arctic sea ice melt 'even faster'

BBC NEWS | Technology | One tonne 'Baby' marks its birth

BBC NEWS | Business | The secret of Bill Gates' success

BBC NEWS | Business | Bill Gates' 'senior moment'

I will now send out my weekly notes. CIO

Note: <888> 06/21/08 Saturday 5:05 A.M. I made and ate a four egg omelet with grate parmesan cheese on top and two slices of Kraft white cheese inside along with five strips of fried bacon and two slices of toasted dark German beer with butter and a glass of 50% iced tea and 50% cold filtered water. I will now go through my email. I was told that in World War II, the Dutch survived by eating tulip bulbs and the Germans survived by eating cabbages and turnips. CIO

Note: <888> 06/21/08 Saturday 3:45 A.M. I woke up yesterday at 7:30 P.M.. I ate breakfast of oatmeal with honey and a sliced banana, a toasted bagel with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed. I went outside, and I threw out some garbage and the old periodical literature. I watered the plants. I chatted with a relative. About 11:30 P.M., I rinsed in cold water five large leaves of iceberg lettuce, and I shook them to dry them off. I broke them into small piece, and I spread them over a larger dinner plate. I then split lengthwise into quarters about 15 baby carrots, and I spread them over the plate. I spread about a half cup of broccoli crowns broken into small pieced over the plate. I peeled and diced a half of a medium small onion, and I spread them around the plate. I diced a dill pickle spear, and I spread it over the plate. I took five 1/32nd inch thick slices of German baloney, and I cut it across in half, and I laid one half on top of the other, and I cut it into 5/16th inch wide ribbons, and I spread the baloney over the plate. I did the same with three slices of Kraft white cheese. I sprinkled it on top with a couple of tablespoons of grated parmesan cheese, and I poured Kraft Balsamic vinegar over the salad, and I ate it all with a glass of iced tea and a bowl of the pineapple fruit mixture. I went back to bed until 3 A.M.. Frequently when we have rain or low barometric pressure, since I have lot blood pressure, I tend to feel more tired. I watched part of a program about Todd English's travels in food in Italy Todd English's Tuscany Restaurant Uncasville Hartford (CT) CT Reviews Gayot. Gloria Estefan's has a new hotel in Vero Beach, Florida which is already fully booked up with European Tourists for the next three months Vero Beach Hotels: Costa d'Este Central Florida FL luxury oceanfront resorts spas conferences centers suites romantic family vacations getaways destinations special weddings meetings events planning packages cuban cuisine dining restaurants . I my food stamps this year were increased from \$117 to \$118 a month. CIO

Note: <888> 06/20/08 Friday 7:45 A.M. Of course for any of you urban dwellers on the waterfront, I once saw about 50 pound rat along the waterfront in the Chelsea area of Manhattan. I am a bit tired, so I will now shut down the primary Vista computer, and I will go to bed soon.

## Where in the world is Sam Israel? - Greenwich Time

# <u>What killed Nicholas? Teen on off-road motorcycle died after hitting an 'elevated' object -</u> <u>Greenwich Time</u>

GHS graduation goes on despite storm - Greenwich Time CIO

Note: <888> 06/20/08 Friday 7:20 A.M. I called up the Greenville, South Carolina Sheriff's office at the non emergency number at 1-864-271-5210 Greenville County Sheriff's Office, and I briefed them on the Red wolf, but they did not tell me whether there had been any recent sightings. I still have to deal with the primary directive of the senior British resident here which is, "Keep Doing What You Are Doing. You Are Not Suppose to Know What Goes On. Get a Hair Cut. and Stay Focused." Of course in the United Kingdom and Northern Europe they have Mountain Lions, so I guess a Red Wolf is not too much of a problem. However, in the page on them, it says they are nocturnal, and I tend to be nocturnal, so more than likely we will cross paths again. At age 58, I have arthritis on damp days, and I am a bit lame, and I know from previous wild life experience, certain wild life like to take advantage of lame animals which would include humans. Since I do not have good marksman skills after working with computers for 20 years this time around, there is no point in taking preventive measures with some sort of firearms that I do not know how to use. I once might have had some MACE around, but I do not think it would work on a Carolina or Texas red wolf. I will just hope the next time it checks me out, it is not hungry. Other wildlife sightings on land that I can remember are a 14 foot alligator outside the tent in Hilton Head, South Carolina on the beach in late April 1978. A Grey Panther in Boca Raton in the morning by the polo fields at sunrise in February 1979. A bob cat or similar cat like a Lynx at John's Island in Vero Beach, Florida four years ago in February, and three years ago in the same location at about the same time, a black Brazilian Jaguar type of cat. Also about eight years ago, some sort of animal that activate my cat allergies and weighed about 200 pound jumped on the roof of my old 1976 White Volvo up by Lowell Weicker's house here in Greenwich by the reservoir. Also up in Kennebunkport, Maine this past July 2007, I saw a large black German Shepard type dog about twice the size of a police dog outside the gate at Walker's Point, but nobody knew of any such animals in the area. Also about 15 years ago, I saw what looked like a black dog with orange mane and blue eyes outside the Old Greenwich Train station near the Rummage Room thrift shop, which looked like a Timber Wolf when Tod's Point was flooded with about four feet of water. Of course I have seen animals in zoos. Also in Lanzarote in February 1972 when I was camping out on the far west side of the island in the pitch black at the location where the movie a "Million Years B.C." was filmed, I perceived some sort of large creature had come out of the ocean, but I could not tell what it was since it was so dark, one could not even see one's hand in front of their eyes. I did not go back in the daytime to investigate for tracks. I might have seen more wildlife in my youth down south, which is why I seem to take a bit of notice, but I do not remember that far back, other than when I was about four years old in Pensacola, Florida, I took the small row boat out in the bayou across the street and about a eight foot long alligator kept me from coming ashore for about an hour, which made me a bit nervous. Of course there was the Coral Snake outside Steve Salisbury's trailer in Key West at Boca Chica back in February 1982 too. CIO

Note: <888> 06/20/08 Friday 5:25 A.M. I would rather not be out in the early morning hours after 7 A.M. bringing back three pounds of beef with a Texas or Carolina red wolf out in the woods nearby

<u>http://www.ryanphotographic.com/images/JPEGS/Canis%20rufus%20red%20wolf.jpg</u>. It is possibly a Red Wolf or Canis Rufus. The one neighbor whom claims he was recently pinned against the dumpster by it seems to have disappeared recently, so perhaps he has more common sense than the rest of us. CIO

Note: <888> 06/20/08 Friday 5:15 A.M. This picture adequately represents the fact that Richard Van Marter has some sort of Swiss connection <u>http://mikelouisscott.com/rv-ch-92.jpg</u> besides being 14th generation Dutch New York and formerly Helen Clay Frick's next door neighbor in Bedford, New York, so I seem to manage to get by here in public housing in Greenwich, Connecticut despite the fact that my high class friends do not like being shook down by the local Mafia where ever they might be from. CIO

Note: <888> 06/20/08 Friday 4:50 A.M. I ate three small bowls of low fat Cheez-its. If anyone in Switzerland think they can impersonate me, they do not know how thorough the Swiss are. Back in February 1972 when I traveled from Florence, Italy to Grenoble, France by train, I had to change trains in Chamonix, France, which means that would have been the first time I traveled into and out of Switzerland. I had to present my U.S.A. passport along with filling out the required documentation for the Swiss authorities, so they would have had my fingerprints on record back then in Switzerland. I also returned to Geneva, Switzerland for a day during the Albertville, France winter Olympics back in February 1992 twenty years later. I unwrapped a number of basic www.mcdonalds.com cheeseburgers which had paper on them, I signed a sales receipt for a basic yellow Swiss Army knife for about \$7 at the most expensive gun shop in Geneva which top copy of the sales receipt the shop keeper kept, and I recall cashing a couple of American Express Traveler's Checks, so more than likely my fingerprints are well documented in Switzerland in their records, so it would be hard for any idiot to impersonate me, since they Swiss tend to be very accurate record keepers, and over there they deal with a lot of people whom look like me all of the time. Thus from a legal perspective, your Hollywood perspective does not hold any water, and from what little I know about forensic investigations, more than likely the Swiss already have the answer anyway. CIO

Note: <888> 06/20/08 Friday 4:00 A.M. <u>\$500 a month, free gas to drive a billboard -</u> <u>CNN.com</u>. CIO

Note: <888> 06/20/08 Friday 3:55 A.M. <u>IRS trying to reach millions who haven't filed for</u> stimulus checks - CNN.com . CIO

Note: <888> 06/20/08 Friday 3:50 A.M. I don't think there is any rush to go out to the Stop and Shop before it opens at 7 A.M. this morning, since it would be 3.5 miles round trip at .46 a mile or \$1.61 in fuel. Usually when London Broil is on sale, it is not a big seller, since most people do not know what to do with large chunks of meat which I made into hamburger with the Cuisine Art. Also boneless center cut pork shops are \$2.49 a pound, and with the large Jewish population in town, pork is not a big seller. I am fine for now, and maybe later on next week, I will see if the sale items are still available. I have three bananas left, so I do not really need to go out until Sunday or Monday. I have plenty of food to use up at home <u>http://mikelouisscott.com/inventory.htm</u>. The reason I am able to spend so much money on computers and other household items is that I watch every penny, and I generally go out when it is less busy except on Thursday afternoons, when I have a standing appointment, and every other Tuesday afternoon, when I have a standing appointment. I have plenty of activity with the internet to keep my busy at home, and I do not need to waste my money going downtown to watch a lot of women power shoppers strut their stuff. I ate a bowl of the pineapple fruit mixture. CIO

Note: <888> 06/20/08 Friday 3:25 A.M. Of course George Cary with access to a lot of electricity from Niagara Falls does not worry too much about energy http://mikelouisscott.com/photo/mike-scott-with-distant-relative-whom-knows-abouthorses-with-relative-whom-knows-about-railroads-putnam-hotel-in-saratoga-ny-aboutsummer-1990.jpg and with connections with the Union Pacific Union Pacific and W. Averell Harriman - Wikipedia, the free encyclopedia does not eat much beef. However, with connections to New York Racing Association - Belmont Park, he knows a lot of people with farms whom might have other products besides horses. He once told me when he was working with horses in Canada, if you ever make a deal with Arthur Hancock .: Stone Farm : you should not cross him. I figured it was because he was related to John Hancock who signed the Declaration of Independence Declaration of Independence, and if we crossed him, we would be working for Queen Victoria's Victoria of the United Kingdom -Wikipedia, the free encyclopedia relatives again whose George's maternal grandfather Jay Coogan worked for as an Irish Honor Guard. Thus from my perspective, most of the British I have ever met are very thin, so they do not eat much food. Whatever the real story, the Bush-Harriman-Rockefeller connection does not seem to be worth much around here, unless you have a Masters of Business Administration degree from an Ivy League college, and a few good lawyers to back it up. Since George enjoys shoveling out the stables on weekends, you better be prepared to sling a little bit of horse shit. CIO

# Note: <888> 06/20/08 Friday 2:45 A.M. <u>BBC NEWS | Science/Nature | Meteorite could hold solar clues</u>

## BBC NEWS | Europe | Sweden approves wiretapping law CIO

Note: <888> 06/20/08 Friday 2:35 A.M. I saw a half size truck in Port Chester, New York around 5 P.M. this past evening, and it was one of these <u>Con-way:</u>, so maybe they were able to deliver some needed supplies from the Midwest back east. But by the time all of the Mexicans eat the food in Port Chester, New York, there does not seem to be any cheap food left for the natives in Greenwich, Connecticut anymore. However, London Broil top round of beef is suppose to be on sale at the Stop and Shop starting today at 7 A.M. for \$1.79 a pound, 3 pound minimum. There will probably be a riot of big fat women rushing the meat counter at opening if they have gasoline. Any local who has lived here a long time, know once one gets off Greenwich Avenue, there are a lot of big fat women in back country that one does not see downtown much with all of the trophy wives. CIO

Note: <888> 06/20/08 Friday 1:25 A.M. <u>BBC NEWS | Business | Gates from the beginning</u>

## Windows Home Server: HP MediaSmart

## **Confdetail260: European Science Foundation**

## Reagan Presidential Library Money Donation Form CIO

Note: <888> 06/20/08 Friday 1:05 A.M. I chatted with the <u>Key West Hotel Resorts &</u> <u>Florida Keys Beach Accommodations - Casa Marina Resort Key West</u> about the current weather outlook up north for this coming winter. They seem to be busy down there. Basically, I have a large network up an down the East Coast of America, and I even have a neighbor from Nova Scotia, if you feel like going further north. I even have Norwegian contacts too. If you have the Big Bucks to travel, you could trying spending some summer time at <u>Balmoral Castle and Estate</u>, online shop, gift shop, holiday cottages, fishing, <u>scotland</u>. They have Holiday cottages there for rent at <u>Balmoral Castle and Estate</u>, online <u>shop</u>, gift shop, holiday cottages, fishing, scotland Holiday Cottages for Let. However, I usually make it as far north for short visits with family at:

# Kennebunkport, Maine, Scott's Internet Hotlist

# Kennebunkport, Maine

The Colony Hotel <u>The Colony Hotel - Kennebunkport, Maine and Delray Beach, Florida</u> even employs people there from Jamaica, if you are traveling without funds from further down south. However, you might need a sweater of wind breaker in the evening hours. CIO

Note: <888> 06/20/08 Friday 12:35 A.M. I chatted with a relative. As far as I can tell, my computers were not tampered with when I went out today. However, when I tried the primary two line Panasonic line phone, the speaker phone was turned on, which would indicate to me that someone gained entrance to the apartment while I was out. The motion detection camera on the FIC server showed no sign of intrusion though. Thus going through a logical progression of advents over time, it would seem that somebody needs to gain admittance to my apartment on a weekly basis to maintain some sort of equipment like a surveillance camera or wire tap by replacing its battery. Thus they are probably able to temporarily disable the motion detection camera through the internet. More than likely it has been going on for a long period of time. I chatted with a few local security officials about the fact, and I left a message with another associate. From what I know the only local private group with a large group of surveillance people in this area is <u>www.hughes.com</u>, and from what I know in the old days Howard Hughes tapped everyone. It could be some sort of third world government with mixed up priorities. I also gave a summary to Microsoft.

I found this link: <u>Canadian Embassy and Consulates in the United States - Contact</u> <u>Canadian Embassy and Consulates in the United States</u>, and they gave me this emergency telephone number in Ottawa, Canada 1-613-996-8885, which will accept a collect call, and they were available, when I just called.

The contact page for this web site does not work <u>Royal Canadian Mounted Police -</u> <u>Gendarmerie royale du Canada</u>. Frequently when the children start to get out of school, the internet slows down with all of the extra web traffic, and also internet hacking increases with the children causing more mischief than usual. More than likely my Verizon telephone line is also tapped too. CIO

Note: <888> 06/19/08 Thursday 9:35 P.M. <u>JustDeals.com Inc.</u> and <u>Apple iPod Shuffle</u> <u>512MB MP3 USB Digital Music Player: MA133LLA\_FG JustDeals.com Inc.</u> for \$12.95 plus shipping. CIO

Note: <888> 06/19/08 Thursday 9:30 P.M. I ate the same baloney and cheese sandwich as last night with the last of the potato salad and a glass of iced tea. I checked the mileage to the Port Chester, New York A&P shopping center, and it is 4.5 miles round trip from Vinci Drive and Western Junior High drive if one takes the back road just west of the main street in Port Chester, New York to U.S. 1. However, most of my activity revolves around downtown Greenwich, Connecticut which is 7.5 miles round trip to and from the Senior and the Arts Center to my apartment building.

If you look at <u>Global Volcanism Program | Volcanic Activity Reports | SI / USGS Weekly</u> <u>Volcanic Activity Report |</u>, there has been volcanic activity in Russia or possibly Guatemala that could have possibly caused our recent cooler weather for this time of year, and let us hope not a colder coming winter with increased energy prices.

Everyday, when I have breakfast I take vitamins and supplements with a glass of 1/3rd fresh orange juice, 1/3 cranraspberry juice, and 1/3 grape juice about 10 ounces total.

I take:

1 Tums Antacid or similar generic

1 Vitamin C about 500 mg.

1 CVS Senior Spectrum Multiple vitamin

1 CVS triple strength chondroitin sulfate and glucosamine

1 vitamin E 400 IU

1 RNA/DNA

1 B-Complete 150 or 100

1 Garlic pill

1 MSM

1 Niacin flush free or Niacinamide

1 B-12 2000 mcg. time released

1 81 mg. aspirin

1 Tylenol

End. CIO

Note: <888> 06/19/08 Thursday 8:20 P.M. I woke up at noon today. I ate breakfast of oatmeal with honey and a sliced banana, a toasted bagel with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up. I ordered two Plantronics .Audio 350 Halo 2 Noise Cancelling Stereo PC Gaming Headset -AUDIO 350 HALO 2 - Buy.com for \$10 each with free shipping for \$20 total. I will put one headset with the Northgate Syntax computer, and I will put the other one with the bedroom gigabyte computer. I threw out the garbage. I went out to my usual Thursday 3 P.M. appointment. I then went by the Greenwich Hospital Thrift Shop. They have some sale items. I then went by the Chase Bank ATM machine on Mason street, but it was down for maintenance. I then went by CVS, and I bought two 60 count CVS B-12 2000 mcg time released for \$6.99 buy one get one bottle free. I then went by the Chase Bank ATM machine on mid Greenwich Avenue. I then went by the Greenwich Hardware store. I then went by CVS again, and I bought a large 3M Command white plastic hook for \$3.99 and .24 tax for \$4.23. I then went by the Greenwich Healthmart, and they have 250 count RNA/DNA tablets for \$46 to \$53. I then went by the Greenwich Automotive Services Exxon gasoline station, and I bought \$9.01 of self service premium for \$5.019 a gallon for 1.795 gallons for 21.8 miles driving since last Thursday at odometer reading of 60069 for 12.1449 miles per gallon in local traffic with the air conditioner set at 66 degrees Fahrenheit. I then went by the Stop and Shop, and I bought 1.5 pounds of German wondabar baloney for \$2.79 a pound for \$4.19, two 7 ounce Jone's boneless Ham steaks for \$1.99 each, and a head of Foxy iceberg lettuce for \$1.79 for \$9.96 total. I put my groceries in the car, and then I returned to the store to use the bathroom. I then used the ATM machine at the Chase Bank at the Stop and Shop plaza. I then drove over to the A&P shopping center in Port Chester, New York, and I bought four 100 count Rna/Dna by Country Life - VitaminShoppe.com for \$9.99 each bottle for \$39.96 total. I then returned home, and I chatted with some neighbors. I picked up my mail. I put away my purchases. I used one of the four two sided stick strips to hold the large white 3M Command strip on the left side of the 17 inch Trinitron monitor connected to the Northgate Syntax computer. I figured to hold headsets, one does not need to use two strips. I put the packaging with the three spare strips on the right side of the side board shelf in the bedroom. CIO

Note: <888> 06/19/08 Thursday 2:55 A.M. I ate two bowls of low fat Cheez-its. I will now shut down the primary Vista computer, and I will go to bed soon. I have a 3 P.M. appointment today. CIO

Note: <888> 06/19/08 Thursday 2:15 A.M. <u>The World's Priciest Burger: \$185 -</u> <u>Forbes.com</u>

**USEReST '08 Naples, Italy** 

Long Range Science Plan for Seismology

<u>Global Volcanism Program | Volcanic Activity Reports | SI / USGS Weekly Volcanic Activity Report |</u>

IBM Vs. HP: Supercomputer Showdown - Forbes.com

Windows Vista Help: Optimize Windows Vista for better performance

**Ronald Reagan Presidential Foundation & Library** 

BBC NEWS | Science/Nature | Adoptees use DNA to find surname

BBC NEWS | Science/Nature | Space cameras to monitor forests CIO

Note: <888> 06/19/08 Thursday 1:45 A.M. I finished the backups. To get the Bytecc external hard drive to work properly on the Northgate Syntax computer, I have four rear USB 2.0 ports, and the top two are used. The lower right one facing rear does not work with the Bytecc external hard drive, but the lower left one does. I ate a four 1/32nd inch thick slice of baloney and three 1/16 inch slices of sliced American cheese on two slices of Arnold German bread with low fat mayonnaise and a 1/6th portion of the potato salad with a glass of iced tea. I took down the Saudi Arabian flag, so the left living room closet is easier to open without having to remove it every time. I will now go through my email. CIO

Note: <888> 06/18/08 Wednesday 11:30 P.M. The two Creative Live 5.1 sound cards arrived about 6:30 P.M.. I was outside to pick them up, when they arrived. I installed one of each on the Epox and the Northgate Syntax computers. There driver's installed plug and play on the Vista partitions, and I installed the software also on the XP Professional partition on the Epox computer. I installed the Creative Live MP3+ sound card from the Epox computer on the bedroom Gigabyte computer, and I installed the software on it, since it is XP Professional. I had to take out one of the two LAN cards from the Northgate Syntax computer to fit in the new sound card. I also install a better coaxial cable on it to its TV card which now works fine, since I installed a newer driver for it. I backed up the Epox computer with Vista Complete PC backup both partitions to the second hard drive, and the Bytecc external hard drive. I am doing XP Professional ASR backups of the bedroom gigabyte computer to the second hard drive and the Maxtor external hard drive. I will also do a Vista Complete PC backup of the Northgate Syntax computer to the Bytecc external hard drive. I put the two Creative boxes one with the extracted LAN card and one with an old Creative audio card from the bedroom gigabyte computer on the stack of boxes in the bedroom to the right of the bedroom Orion television. I put one of the Creative Live 5.1 CDs in a jewel case on the top shelf of the CD rack on the bedroom side board. CIO

Note: <888> 06/18/08 Wednesday 5:45 P.M. I shook out the four rubber floor mats in the Audi. I also straightened up the underneath carpet floor mat on the driver's side, so it does not interfere with the accelerator petal going down which it was doing. I used the Black and Decker dust buster that I keep on the sideboard in my bedroom to pick up any other lose debris in the Audi. CIO

Note: <888> 06/18/08 Wednesday 4:50 P.M. I woke up in the early morning, and I ate a bowl of pineapple fruit mixture. I finally woke up when a neighbor delivered tracking is <u>USPS - Track & Confirm</u> on the order for <u>NEW WIng Chair Slipcover Green Chenille w/</u><u>Gold Accent - eBay (item 330242584442 end time Jun-14-08 11:14:54 PDT)</u> for \$23.99 and \$9.80 U.S. Priority Mail shipping for \$33.79 total. It is the same on as this <u>Casual Home</u> <u>Chenille Wing Chair Slipcover - Green : Target</u>. I installed it on the Ethan Allen recliner, and it looks quite nice, and it blends in with the existing fabric on the two sofas adjacent to the Ethan Allen recliners. I ate breakfast of oatmeal with honey and a sliced banana, a toasted bagel with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed. I threw out the garbage. I chatted with a neighbor. <u>UPS: Tracking Information</u> on two <u>Creative Labs: Products - X-Fi, Sound Blaster, MP3 Players, Speaker Systems, Web Cameras Sound Blaster Live! 5.1</u> for \$4.99 each for \$9.98 with free shipping is out for delivery.

Picture of the recliner with the new slip cover and other recent improvements.

#### http://mikelouisscott.com/apt-061808/. CIO

Note: <888> 06/18/08 Wednesday 3:25 A.M. I watched some more television. I ate the rest of the sugar free Jell-o fruit mixture with some of the fresh pineapple mixture. I will now shut down the primary Vista computer, and I will go to bed soon. Have a good morning.

**Don't forget:** 

## http://mikelouisscott.com/weather.htm

#### http://geocities.com/mikelscott/weather.htm . CIO

Note: <888> 06/18/08 Wednesday 2:05 A.M. Of course it is a lot colder in Pittsfield, Massachusetts <u>Pittsfield, Massachusetts - Wikipedia, the free encyclopedia</u> and heating bills would be higher there in the longer winter, but the real estate would be cheaper, however more than likely there are still a lot of PCBs around, but I am pretty much in Greenwich, Connecticut for the long run, so even if we go through a severe economic downturn, I will manage to survive. Also they have been painting the hallway trim downstairs, and they are suppose to paint the outside of the doors soon. CIO Note: <888> 06/18/08 Wednesday 1:25 A.M. I peeled and diced a Costa Rican pineapple into half inch to three quarter inch chunks. I mixed them with a 11 ounce can of Madam mandarin oranges with the juice from the can, and I added a couple of tablespoons of Angostura Bitters along with a few tablespoons of bottled lemon juice, and I mixed it all together, and I put it in a Rubbermaid container in the refrigerator. I use a serrated bread knife to peel and diced the fresh pineapple. CIO

Note: <888> 06/18/08 Wednesday 12:35 A.M. <u>Intel, IBM Get Solar Exposure - Forbes.com</u> CIO

Note: <888> 06/18/08 Wednesday 12:30 A.M. When Gas Stations Run Out of Gas CIO

Note: <888> 06/18/08 Wednesday 12:15 A.M. I ate a baloney and cheese sandwich with a 1/6th scoop of potato salad. I use six 1/32nd inch thick slices of baloney and two 1/16th inch thick slices of store cheese along with Hellmann's low fat mayonnaise. I was startled in the meat department at the Food Emporium in Riverside when I was there last night. It appeared all of the meat prices had doubled in price. Sirloin steaks were \$8 a pound. This week, they have Purdue boneless breasts of chicken in three pound packages for \$1.99 a pound at the Stop and Shop, but last night they were sold out of them.

Third storm in a week cuts power, shuts roads - Greenwich Time CIO

Note: <888> 06/17/08 Tuesday 11:25 P.M. I'm Voting Republican

SoftwareArchives.com - Free Game Software Downloads Mozila Firefox 3.0

**Stagflation Nation - Forbes.com** 

Xerox Office Advisor Announcing the Xerox Mobile Express Driver

SwissEduc: Stromboli Online - Etna 2004 - 2008

SocGen Reaches Out To Wealthy Americans - Forbes.com

Scotland: Scotland Vacations, Travel Packages, Tours, Hotel Accommodation & Scottish Lodgings Guide

VisitScotland : August : Events & Festivals

BBC NEWS | Special Reports | Nudes pose at Irish castle

BBC NEWS | Technology | 'Oldest' computer music unveiled

**BBC - Today Internet Meltdown CIO** 

Note: <888> 06/17/08 Tuesday 10:45 P.M. I woke up at 5 P.M. this afternoon. I had a telephone call from www.sun.com in Sacramento, California trying to sell me an advanced server. I had to decline. I ate breakfast of oatmeal with honev and a sliced banana, a toasted bagel with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed. I threw out the garbage. I moved my Audi to its usual parking place. I did not feel inspired to walk around the building. I picked up my mail. I read the last issue of www.forbes.com and the last two issues of U.S. News and World Report. I tested the two Logitech Freedom Headsets which seemed fully charged with their new batteries, but switching them around and testing their audio connection ports with another headset, and also testing them with another headset, and from what I can tell, although they are fully charged, neither of them works. I removed their two new batteries, and I stored them in their packaging on the battery shelf on the side board in the bedroom. I stored the Logitech Freedom headsets underneath the bed on the right side with the other headsets. I ate 1.5 bowls of low fat Cheez-Its. I will now go through my email. From what I can tell with the national and local economic conditions in sharp decline not much is really going on around here, except a few younger people have a bit of spare time to hang out downtown. I was told last night by one local prosperous business man, he was pulling up stakes in this community and moving to greener pastures in Pittsfield, Massachusetts, so maybe there are some old guard types up there whom manage to hang on to some money. CIO

Note: <888> 06/17/08 Tuesday 5:45 A.M. I watched some television. I will now shut down the primary Vista computer, and I will go to bed soon. Have a good day. CIO

Note: <888> 06/17/08 Tuesday 4:05 A.M. I ate a 6 ounce lite Dannon yogurt. I also ate two bowls of low fat Cheez-Its.

**Donald Trumped: A Fisherman's Dream - Forbes.com** 

## AARP : Key Roll Call Votes

Tracking is <u>USPS - Track & Confirm</u> on the order for <u>NEW WIng Chair Slipcover Green</u> <u>Chenille w/ Gold Accent - eBay (item 330242584442 end time Jun-14-08 11:14:54 PDT)</u> for \$23.99 and \$9.80 U.S. Priority Mail shipping for \$33.79 total. It is the same on as this <u>Casual Home Chenille Wing Chair Slipcover - Green : Target</u>.

BBC NEWS | Americas | Judge cuts US dog's \$12m legacy

BBC NEWS | Science/Nature | Trio of 'super-Earths' discovered

BBC NEWS | Science/Nature | The ebb and flow of tidal power

BBC NEWS | Europe | Analysis: All change in US-EU ties? CIO

Note: <888> 06/17/08 Tuesday 3:05 A.M. I tried out the two Logitech Freedom Headsets, and either neither works, or either they are not yet charged up enough. I installed the FIC sever Logitech Freedom headset on the Creative Sound card, but it still did not work. I will now go through my email. CIO

Note: <888> 06/17/08 Tuesday 1:35 A.M. I woke up at 5 P.M.. I ate breakfast of oatmeal with honey and a sliced banana, a toasted bagel with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed. I threw out the garbage. I chatted with neighbors. I walked around the building. I picked up the mail. The order for http://www.zbattery.com/3-1-2aa-unmh.html for \$8.49 each and \$4.80 U.S. mail priority mail shipping for \$21.78 total arrived. I installed the two batteries in the two Logitech Freedom headsets. I had to disconnect the electronics when a thunderstorm came through the area. I showered, and I cleaned up. I then reconnected the electronics. I went downtown, and I went by the Stop and Shop, and I bought fresh Chiquita bananas for .64 a pound for \$2.20 and a three pound bag of yellow onions for \$2.29 for \$4.49 total. I went by the Chase Bank on Mason Street. I then went by CVS, and I bought a 1.4 ounce Heath milk chocolate and English toffee bar for 53 cents. I bought buy one get one free of 260 tablet CVS Spectavite Senior USP for \$14.99 both bottles. I went by the Chase Bank ATM at the top of Greenwich Avenue. I used the bathroom at the Senior and the Arts center. I then went downtown, and I chatted with two Starbucks customers. I walked the entire length of Greenwich Avenue and the train station area. Midway through my walk, I used the bathroom at Starbucks. One of their employees is from Guatemala where there are volcanoes and good coffee. I then drove over the Riverside Shopping Plaza, and I went to the Food Emporium. I bought two 10 quart packs of America's Choice powdered milk for \$8.79 a box, a 10 ounce bar of Cracker Barrel Vermont extra sharp cheddar cheese for \$2.75, two 16 ounce package of sliced America's Choice yellow cheese for \$2.20 each package, and five 6 ounce Yoplait yogurts with raspberry and five mixed fruit for .29 each for \$26.70 total. I chatted with a patron whose mother's white Mercedes Benz would not start, and I gave him tips to check the fuse box and possibly the fuel filter might need to be replaced. On newer cars there is not much the layman can do to troubleshoot cars. I then returned home, and I put away my purchases. I ate a three slice of bread with baloney and cheese sandwich with low fat mayonnaise and a 1/6th portion of potato salad and a glass of iced tea. I use six slices of baloney and two slices of cheese on my sandwiches. I had an odd slice of bread, so I used three slices. For some reason the mute button green light does not come on the Logitech Freedom Headset on the Epox computer. However, their lights seem to burn out, although the units still work. I will now turn on their computers to see if they work. The should be charged up enough by now. CIO

Note: <888> 06/16/08 Monday 4:50 A.M. I ate a bowl of the sugar free Jell-O with pineapple fruit mixture along with some iced tea.

## In Midwest Floods, a Broad Threat to Crops - NYTimes.com

#### BBC NEWS | Business | Honda makes first hydrogen cars

I ate two bowls of low fat Cheez-its. I am a bit tired, so I think I will shut down the primary Vista computer, and I will go to bed soon. CIO

Note: <888> 06/16/08 Monday 2:45 A.M. I went to bed after the last note. I woke up around 4 P.M.. I chatted with a relative. I ate breakfast of oatmeal with honey and a sliced banana, a toasted bagel with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I went back to bed until 8 P.M.. I washed the breakfast dishes. I made my bed. My FIC server was hacked by somebody from Paris, France with this homepage OWN3D By Fandjo. I chatted with a local security official about it. I advised Microsoft. I emailed the IP address "AToulon-752-1-16-17.w90-4.abo.wanadoo.fr (90.4.231.17)" of the hacker to www.fbi.gov . I chatted with two relatives. I showered, and I cleaned up. I threw out some garbage. I ate a baloney and cheese sandwich with a scoop of potato salad. I went out, and I went downtown. I stopped by the Chase Bank ATM on mid Greenwich Avenue. I found a calling card on top of the trash can in front of Saks Fifth Avenue. It is a nice card in white with Gold letters. It just says "TOM FORD". I guess he sells www.ford.com s. I then drove further down Greenwich Avenue to one of my usual parking places. I walked the entire length of Greenwich Avenue and the train station area. I checked on the Carriage House Motors show room. They still have not sold the big old black Rolls Royce. I guess if we get some worldwide royalty visiting for some unknown event, we can always use it for that. There were a few youngsters out Pub Crawling. I chatted with one person who lost his fishing privileges when the property he use to fish off was sold. I noticed another person walking around for a long time carrying a laptop computer like he was possibly lost. He was well dressed, so I do not think he is homeless. I stopped by the ATM machine at the Chase Bank at Mason street also during my walk. There are a few furniture show rooms on East Putnam Avenue, and there is still the Baker Furniture show room on Greenwich Avenue. A lot of older people when they are wandering around like to sit down in furniture showrooms for a rest. Well, I have a nice apartment here, but it is probably too far to walk the 3.75 miles from the senior center here to visit and use my furniture. There are a lot of automobile dealerships on West Putnam Avenue along with gasoline stations and grocery stores, but it takes money to take advantage of those facilities. I returned home. There was also one skate boarder downtown trying out his skills on Greenwich Avenue. The local youth tend to use Greenwich Avenue for skate boarding during the early morning hours when there is no traffic around.

## **BBC NEWS | In Pictures | In pictures: Trooping the Colour**

## BBC NEWS | In Pictures | In pictures: Bush visits Britain

## BBC NEWS | UK | Protesters greet Bush's UK visit

## <u>Saudi May Be Strapped for Oil, Close to Full Capacity - Oil and Gas \* Energy \* News \*</u> <u>Story - CNBC.com</u>

Fire shuts Norwegian oil platform in North Sea

# 6617

#### **GM: Burning Cash Like Rubber**

#### CIO

Note: <888> 06/15/08 Sunday 7:55 A.M. I called up the The Royal Norwegian Embassy in Washington, D.C. (Norway - the official site in the United States) at their emergency number of 1-202-460-9825, and I explained to them after 40 years at night particularly during cold winter nights, that I can no longer afford to go out anymore with the higher prices of fuel. Fred Von Mierers' apartment at 420 East 49th street in Manhattan was near the Norwegian consulate, and there was a large Norwegian flag in Nantucket at a centrally located house and there was a small Norwegian flag in Key West at the Atlantic Shores beach, and relatives of Norwegian royalty use to live on Greenwich Avenue before it became too expensive. Since the Norwegians supposedly have over 350 billion dollars in a reserve Sovereign fund, it unfortunately is not worth anything, since the dollar is not worth anything anymore. If it were is some sort of currency like gold or more tangible asset, it might be worth something. Maybe the whole country of Norway is worth only 360 billion dollars. Norwegians do not seem to know anything because they are too busy staying private all of the time. In other words, they rest at home a lot, and they travel worldwide when it is cold in Norway, but alas nobody pays much attention to them outside of their Scandinavian friends, since they are always telling the Russians everything they know. I am a bit tired, so I will now shut down the primary Vista computer, and I will go to bed soon. There is a law in Norway, you don't have to eat salmon more than three times a week, so the Norwegian Big Bucks Bums could think about throwing us some cheap salmon this way. CIO

Note: <888> 06/15/08 Sunday 7:00 A.M. I filled out the Scarborough Research television form that I received, and I have it ready to mail. I put the new dollar bill that they sent me in the Plexiglas frame in the bedroom with the new \$2 bill and the Great Britain and the Bermuda car emblems. The Bermuda car emblem is covered up by the one dollar bill. It is my personal view of U.S.A. politics from 58 years of experience that no matter who wins the general elections, the money in the country will stay with those whom already have the money. The real truth about private wealth in the U.S.A. is that 78% of the private money in this country is controlled by women over 70 years of age, so the big buck tech giants and internet gurus are just a flash in the pan if you get my drift. CIO

Note: <888> 06/15/08 Sunday 6:55 A.M. I chatted with Microsoft about the Vista security problems. I ate a bowl of the sugar free Jell-O fruit mixture. If any hot weather big bucks computer people need to keep their computers cool, you could always have <u>www.newegg.com</u> deliver any of these air conditioning cooling units <u>Newegg.com - Air</u> <u>Purifier</u>, <u>Heaters, Air Conditioner, Portable Air Conditioner, Electric Heaters, Air Cleaner</u> <u>Purifier</u>. A lot of them now are stand alone units that do not need to be installed out of windows, so one can have it standing in the room and run the dryer type hose out the window, which is a simpler installation than installing a heavy unit in the window. You should check out to make sure one is powerful enough to meet one's cooling needs. In my large 450 square foot apartment with 8 to 14 foot high ceilings with four large 4 foot by 8 foot westerly facing windows towards the hot afternoon sun over a second floor black tar

roof, I use a 15,500 BTU eight year old General Electric Profile window air conditioner with remote control that I leave installed year round, since it weighs close to a 100 pounds. Its moving louvers broke a few years ago, so I have two tower fans installed in the apartment with one by the air conditioner to blow the cool air out into the apartment, and not let it stay in the direction the air conditioner blows it around to. As computers and software got more modern, a lot of other items also got more modern. Unfortunately living around a lot of left wing retired people, they do not trust anything modern, except social security. CIO

Note: <888> 06/15/08 Sunday 5:55 A.M. Well not much happening here. Since we are using so much energy around here with having to keep the air conditioning going to keep the computers cool, I decide I better fly the Saudi Arabian flag Flag of Saudi Arabia -Wikipedia, the free encyclopedia, which I bought at the Greenwich Hardware store http://www.greenwichhardware.com/ many moons ago for 75% off for \$10. Since they are suppose to produce oil which has never been proven to me, but I guess I will take their word for it, I hung the green and white flag over the left living room closet door which does not get opened too much in the summer, since it is where I keep a lot of my winter clothes, but I also have a white, light green, and a pink light summer weight sports jacket in the left living room closet along with a navy blazer, so I am prepared for warmer weather formal dress at the Country Club level. In the old days, Country Club colors were always green and white. The Vanderbilts www.biltmore.com keep a modest golf cottage http://www.geocities.com/mike2scott2006/Greenwich-Country-Club.jpg in Greenwich, Connecticut for when it gets hot in the mountains in North Carolina, but from what I know they are suppose to have a few houses elsewhere, so since the railroad is supposedly making more money with the higher prices of diesel fuel for trucks, more than likely some wealthy people will be riding the trains out here sooner or later or even taking the train up from Florida Amtrak. One use to be able to put one's car on the Amtrak rail car in Orlando, Florida, and have it shipped up along with you as far as New Jersey, but I am not sure they offer that same service anymore. CIO

Note: <888> 06/15/08 Sunday 4:40 A.M. I chatted with a local security organization about computer problems that I have been having. From what I know about reading tech notes on Vista for the last three years that I have been using it, is that the main Vista hackers seem to come out of Australia. When I was at www.lfc.edu , I used to be bothered all of the time by James Foster who was a Zionist Jew whose family owned Charles River Laboratories in Cambridge, Massachusetts, so I moved off campus. I think Charles Rivers Laboratories was suspect in starting the Aids epidemic. I knows James Foster lived in Newton, Massachusetts, and I think the family also own Fosters Beer in Australia. Thus possibly his Zionist Jewish group of friends are still bothering me and my computer activity. I know the Office Supply store www.staples.com was also started by somebody from Newton, Massachusetts, and whenever I visit the local Staples in Old Greenwich, Connecticut my computer systems seem to be hacked. Whatever their reason for bothering me, it does not make sense other than the fact that I was once friends of the Warburg family that helped start the state of Israel with Roosevelt and Churchill. Thus it seems in doing my own research on the internet, they are determined to interfere with my efforts. Obviously I do not know anything about Jewish politics, if there is even such a thing. I

called up the British embassy in Washington D.C., and I gave them a quick summary. I also chatted with the Confidential Anti-Terrorist Hotline at 44-0800-789-321 <u>Metropolitan</u> <u>Police Service</u>. I also chatted with Jorge at the <u>Key West Hotel Resorts & Florida Keys</u> <u>Beach Accommodations - Casa Marina Resort Key West</u>, and he needs to know how to get a Green Card, as if he really needed one. I gave him some business advise about South America, he may not have thought about. I also ate the last piece of Cherry pie. CIO

Note: <888> 06/15/08 Sunday 2:15 A.M. I tried sending out my weekly notes four times after the last note, but I did not receive my copy back, which indicates there is possibly some problem with the Optimum Mail server or with Outlook 2007. Email to myself comes back off the FIC server with Outlook 2003. I have been told by a relative that they get my weekly notes, so they are going through. I ate a baloney and cheese sandwich and 1/6th of the potato salad I made today with a glass of iced tea. About 8:30 P.M. a severe electrical storm started to come in, so I shut down the computers, and I disconnected the electronics. I chatted with a relative on my wireless phone, since I could not use Optimum Voice. I slept from 9 P.M. to midnight, and then I reconnected the electronics. On the primary Vista computer, I restored the backup which I know sending myself a copy of my email works, but when I resent my notes, the copy did not come back to me, so it leads me to believe there is some problem with Outlook 2007 as it interfaces with the Optimum Mail servers. CIO

End of Scott's Notes week of 06/14/08:

Note: <888> 06/14/08 Saturday 6:25 P.M.

Welcome to the White House to visit with Queen Elizabeth II and Prince Philip tomorrow.

BBC NEWS | Science/Nature | Shuttle lands despite losing clip

BBC NEWS | Americas | US teen sailor takes on the world

BBC NEWS | Europe | Bush saying 'au revoir' in Paris

Prince Willam beat us down south for the winter <u>Prince William to start Royal Navy</u> <u>attachment - CNN.com</u>

Queen Elizabeth's Official Birthday <u>Royal Insight > June 2008 > Focus > Trooping the</u> <u>Colour</u>

**Trooping The Colour** 

<u>Queen celebrates official birthday with traditional Trooping the Color parade -</u> <u>International Herald Tribune</u>

Welcome to the official web site of the British Monarchy

#### Dr. Williams

#### Plan Would Lift Saudi Oil Output - NYTimes.com

I will now send out my weekly notes.

Note: <888> 06/14/08 Saturday 6:05 P.M. I went ahead and put the cotton burgundy slip cover on the French reproduction chair with the New Zealand sheep skin over it, so the Ethan Allen recliner currently has its original cranberry fabric exposed. Thus currently it looks a bit better in the apartment. CIO

Note: <888> 06/14/08 Saturday 5:30 P.M. When I get the new slip cover for the Ethan Allen recliner, I will put the burgundy cotton wing chair slip cover currently on the Ethan Allen recliner on the French reproduction chair over the white quilted throw currently on it with the New Zealand sheep skin on top of it. Although we are hot here, it is currently cold elsewhere in the world <u>Scott Polar Research Institute » Links</u>. My original web site on the internet many moons ago was provided for free by the Ohio State web server that provided a web site for the Scott Polar Research institute. This time of year it is really cold down there, and they can not get out until around Christmas time <u>Weather in Antarctica -Antarctic Connection</u>, thank your lucky stars you ain't down there at the moment. It is currently minus 69 degrees Celsius which is minus 93 degrees Fahrenheit <u>South Pole</u> <u>Weather</u>. CIO

Note: <888> 06/14/08 Saturday 5:00 P.M. See what is happening with the Old Guard down in Vero Beach, Florida <u>TCPalm : Treasure Coast, Palm Beach, News Business, Homes,</u> <u>Jobs, Cars, & Information</u>. It may seem like they have a rough time in retirement down in Florida, but at least they do not have to live without electric heat up north in the winter. CIO

Note: <888> 06/14/08 Saturday 4:45 P.M. I also put a little dried dill and dried parsley with the potato salad along with the regular recipe. It is good for about four days worth of cold meals, when one does not feel like cooking. I went outside, and I chatted with neighbors. I walked around the building. I picked up my mail. I figure it costs me about 46 cents a mile for gasoline to drive the Audi in traffic downtown, and it is 7.5 miles round trip to the Senior Center where I can park for free, thus it costs me \$3.45 in gasoline every time I drive down to the Senior Center and take a walk on Greenwich Avenue. If I did that every day like I use to do, it would cost me \$103.50 a month in gasoline to drive downtown everyday to take a walk. Thus since my budget has not been increased with the higher prices of gasoline for \$5 a gallon for self service premium, I can not afford to go downtown as much to exercise walk and people watch. However, the good news is everything is running better than every in my apartment in terms of computer and home maintenance and cooking chores. CIO

Note: <888> 06/14/08 Saturday 3:55 P.M. The potato salad is all made up. There is 4.25 pounds of potato salad without the weight of the flat Rubbermaid container. It is in the refrigerator chilling. I will now throw out the garbage. There are suppose to be scattered

thunderstorm starting about 4 P.M. according to last night's weather forecast. There are suppose to be scattered thunderstorms until 9 P.M. and thunderstorms until 3 A.M., so I will not be going out downtown. CIO

Note: <888> 06/14/08 Saturday 2:30 P.M. I ate breakfast of oatmeal with honey and a sliced banana, a toasted bagel with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed. I chatted with a relative. I will now make up a batch of <u>Michael Louis Scott's potato salad</u>. CIO

Note: <888> 06/14/08 Saturday 1:15 P.M. I was outbid on the Surefit Merlotn wing chair cover. I bought this instead <u>NEW WIng Chair Slipcover Green Chenille w/ Gold Accent - eBay (item 330242584442 end time Jun-14-08 11:14:54 PDT)</u> for \$23.99 and \$9.80 U.S. Priority Mail shipping for \$33.79 total. It is the same on as this <u>Casual Home Chenille</u> <u>Wing Chair Slipcover - Green : Target</u>. CIO

Note: <888> 06/14/08 Saturday 1:30 A.M. I watched a bit of rerun television. I ate a bowl of the Jell-O fruit mixture. I also ate a bowl of white cheddar Cheez-Its. I will now shut down the primary Vista computer, and I will go to bed soon. Have a good night. There are suppose be isolated thunder storms starting at about 4 P.M. today. <u>Greenwich</u>, <u>Connecticut (06830) Conditions & Forecast : Weather Underground</u>. Traditionally in the old days, when it rained before the high tech media we have today, people would read a book. It is always an option, if the internet does not provide one with enough literary insight into today's world's events. Bon Soir. CIO

Note: <888> 06/13/08 Friday 11:10 P.M. I went through my email. Not much happening. I guess the younger generation whom get their vacations in June are also the ones that produce the internet content, so not much is happening until they return from vacation or whatever they are doing. CIO

Note: <888> 06/13/08 Friday 10:15 P.M. I chatted with a relative. I reheated in the microwave oven on three vegetable cycles the left over fettuccini and tomato sauce mixture, which I put some grated parmesan cheese on. I ate it with a glass of iced tea. CIO

Note: <888> 06/13/08 Friday 9:05 P.M. I bid on this <u>SureFit Elegant Stretch Merlot Wing</u> <u>Chair Slipcover NEW - eBay (item 360061593776 end time Jun-14-08 17:08:10 PDT)</u> and \$6 shipping which would normally cost \$90 at <u>http://www.surefit.net/shop/category/wingchair-covers/stretch-elegance-wing-chair.cfm</u> and \$8 shipping less the current 15% code of "ASJ4". I can not really afford it, so if you want to outbid me go right ahead, any big bucks home decorators out there, go right ahead. CIO

Note: <888> 06/13/08 Friday 8:45 P.M. I was thinking of ordering with 15% off promotion code "ASJ4" <u>Dylan Stripe Wing Chair in milkshake</u> for half price for \$29.99 less 15% off or \$4.50 off with promotional code "ASJ4" and \$8 standard shipping for \$33.49 total. However, a white color would need to be washed frequently, so I think I am better off with the burgundy color slip cover I already have. These wing chair slip covers are available

from the Surefit Outlet <u>eBay Store - wing furniture: wing chairs: wing sofas, chenille</u>. Most of them are in cotton which wringles, but the three suede ones are 100% polyester which might now wringle as much. This is the one that I am currently using <u>SURE FIT -</u> <u>WING CHAIR SLIPCOVER - COTTON - BURGUNDY NEW - eBay (item 360061289771 end time Jun-15-08 17:17:14 PDT)</u>, but in cotton it wrinkles, but it matched the cranberry fabric underneath my Ethan Allen recliner. I moved the Bumble Bee lamp from the small white bookcase at the bedroom entrance to on top of the Orion Television JVC videotape player, so it is on all of the time like a night light except for when I am asleep. On the small white book case, it prevents the bedroom door from opening all of the way, which it still does not anyway because of the <u>www.army.mil</u> extreme cold weather sleeping bags behind the bedroom door good to minus 30 degrees Fahrenheit, which might come in handy some winter, if we ever lose our electric heat. CIO

Note: <888> 06/13/08 Friday 7:20 P.M. I woke up at 2:30 P.M.. I ate breakfast of oatmeal with honey and a sliced banana, a toasted bagel with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed. I watered the plants, and for each quart of water, I put eight drops of Shultz plant food in a quart of water in a glass Tropicana quart orange juice jar that I use for watering plants. I keep the Schultz plant food and jar underneath the right side of the kitchen sink. I put two quarts on the large palm tree, one quart on the left miniature palm tree and the center pathos plant, and two quarts on the right newly transplanted miniature palm tree, and I put the bathroom pathos plant in the bath tub, and I soaked it in water, and the I used quart of Shultz treated water on it. I was able to find the liquid Schultz liquid plant food Schultz :: All-Purpose Liquid Plant Food - 1011 - 1012 - 10148 at www.homedepot.com in Port Chester, New York around Easter time a year ago. I threw the garbage out and the old periodical literature. I chatted with some neighbors. I picked up my mail. Well not much happening on this the quiet side of town. There is not really much happening on Greenwich Avenue unless one is in the market for women's clothes and accessories. However, it is an enjoyable afternoon walk to see those individuals whom have time to shop in the afternoon or even morning in Greenwich, Connecticut. I guess a lot of the trophy wives since they have excess income and need to maintain appearances are professional shoppers while their older husbands sit home and clip coupons. CIO

Note: <888> 06/13/08 Friday 7:05 A.M. I went ahead and installed the two Logitech Cordless Freedom Headsets on the Epox and the FIC computers on their motherboard video connections. I enabled the motherboard video in both computers in their cmos setups. I can not test the units, since their batteries are worn out, and hardly take any charge. However, they seem like they might work all right with the new batteries. The headset on the FIC server seems to haves its red and green lights burned out on the base unit, but the headset seems to charge. I ate a piece of cherry pie. On the primary Vista computer, I uninstalled Adobe Flash 9, and I installed Adobe Flash 10 beta which is more stable, although the video does not work with it at CNN. Yesterday, when I installed Adaware 2008, it seemed to be unstable, and the computer crashed, so I restored the backup with Ad-aware 2007, which seems more stable. I am a bit tired, so I will now shut down the primary Vista computer, and I will go to bed soon. CIO Note: <888> 06/13/08 Friday 3:45 A.M. I have two Logitech Cordless Freedom Headsets <u>Amazon.com: Logitech 980118 Cordless Freedom Headset for Internet Communications</u> <u>with NCAT2 and Boom Microphone: Electronics</u> and <u>Logitech Cordless Freedom Headset</u> <u>New that I quit using about a year ago, when their rechargeable batteries wore out. I</u> ordered two replacement batteries here <u>http://www.zbattery.com/3-1-2aa-unmh.html</u> for \$8.49 each and \$4.80 U.S. mail priority mail shipping for \$21.78 total. I will put one headset with the Epox computer, and one with the FIC server. I can hook them up to the motherboard audio, and with Vista one can switch easily between the motherboard audio and the sound card audio sources easily to used them. CIO

Note: <888> 06/13/08 Friday 2:10 A.M. It is Friday the 13th, so stay inside. I did some routine bottom fishing on the internet. I am interested this item for the Epox computer Logitech > Webcams + Communications > Internet Headsets + Phones > ClearChat Pro USB<sup>TM</sup> which is Vista compatible. About the best deal I could find on a new one is this with free shipping Buy the Logitech Clearchat Pro USB Headset and other Computer headsets at circuitcity.com \$40 with free shipping, but I am a little short on funds at the moment. I have the Radio Shack \$30 USB headset on the Epox computer right now, but I want to move it to the Northgate Syntax computer. However, the Northgate Syntax computer has a RCA plug headset that I bought from www.meritline.com for \$10 with free shipping down from \$30 which seems to have weak reception, however it might work better with the new sound cards, since I am currently using the motherboard audio. In which case I would not need the Logitech item, and the Radio Shack USB headset on the Epox computer would continue to be fine. It seems to be ridiculous to tweak a bunch of backup computers that I hardly ever use. CIO

Note: <888> 06/12/08 Thursday 11:20 P.M. After the last note, I went to bed, and I woke up at noon. I ate breakfast of oatmeal with honey and a sliced banana, a toasted English muffins with olive oil, orange and grape and cranraspberry juice with 50% cold filtered water and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up. I went out, and I went by the Chase Bank on Mason Street. I then went to my usual Thursday 3 P.M. appointment. I then went by the Greenwich Hospital Thrift Shop. They have a pair of small burgundy colored wing chairs there for \$45 each. I bought a 14 inch by 14 inch needlepoint and petit point vintage pillow with tassels and a patterns of roses in a greenish beige color in the French style. I have seen similar pillows in museums, and I paid \$8 for it, I guess because it is older. I then went downtown. A local walker drove me a short distance. I then walked the rest of the way down Arch Street and back by the Greenwich Train station. I noticed the Swedish flag is flying at the Morgan's interior decorator's shop on Arch street. I stopped by the Greenwich Cigar store, and I bought a Summerfest Jubilee scratch card for a dollar, but I did not win anything. I used the bathroom at the senior and the arts center before and after my walk. I noticed the air conditioning unit in the men's bathroom in the senior center is just as powerful cooling in the summer as it is in heating in the winter. I stopped by CVS, and I read the store circular. I walked by the Chase Bank on Mason Street again. I heard on the Bloomberg news that Norway has a Sovereign monetary fund with about \$365 billion in assets. It would seem Scotland should also have some money from North Sea oil instead of the English getting it all. I finished my walk. I chatted with a women

with a Portuguese Water Dog. I then went by the Greenwich Automotive Services Exxon gasoline station, and I bought \$9 of self service premium for \$4.999 a gallon for 1.801 gallons for 19.6 miles driving since Monday at odometer reading of 60047 miles for 10.8828 miles per gallon local driving in town which works out to about \$.459 per mile driving in town. I then went by the Stop and Shop, and I bought two large size about 15.5 ounce Stauffer's frozen stuffed beef peppers for \$2.50 each, a pineapple from Costa Rica for \$3.99, and a 5 pound bag of Russet potatoes for \$2.99 for \$11.98 total. I then returned home. I brought up my purchases, and I put them away. I put the vintage pillow on the center of the Scott family sofa with the new damask slip cover from eBay Store - slipcovers: sofas, loveseats, chairs which is cheaper than www.surefit.com . These Damask sofa slip covers are available eBay Store: Search results for damask slipcovers. . I also brought up the mail. I filled a five quart pot with three quarts of water and a dash of sea salt and a teaspoon of olive oil, and I put it on the large electric burner on high to boil. While doing that, I put a couple of tablespoons of olive oil in a 10 inch stick proof frying pan and a few pads of butter, and then I peeled and diced two cloves of garlic and one medium large onion, and I added them to the frying pan, and I turned it on medium high electric burner heat on the smaller front burner, and once they began to sizzle, I added one eight ounce top round London broil burger cut into half inch chunks, and I seasoned it all with garlic powder, ground black pepper, Old Bay Seasoning, cayenne pepper, paprika, Italian seasoning, and I mixed it all together stirring it until the beef was browned and the onions were blanched. I then added a 26 ounce jar of Ragu "Mamma's Special Garden Sauce" tomato sauce and 1 tablespoon of Frank's hot sauce, and I mixed it all together, and I covered it. Once the water in the pot was boiling, I added a 16 ounce package of Barilla fettuccini, and I boiled it for 12 minutes on high electric burner heat, and once it was done, I put a colander in another large pot, and I drained the hot water into the pot, and I set the colander of fettuccini on the side. I dumped the pot of hot water down the bathroom sink to clean out the shaving gel scum. While doing that I stirred the tomato sauce mixture frequently, and I then put half the fettuccini in a flat Rubbermaid container, and I put the other half on a large dinner plate with half of the tomato and beef mixture, and I put the other half of the tomato and beef mixture in a Rubbermaid container in the refrigerator, and I added some grated parmesan and Romano cheese mixture on top of the fettuccini and tomato and beef dinner, and I ate it all with a glass of iced tea. As usual after a meal, I cleaned up the kitchen. I chatted with a relative. I found this local Ebay store in Old Greenwich, Connecticut, but they have high UPS shipping eBay Store - Auction Allies: Home Audio, Portable Audio, Sony. I chatted with another relative. I have been thinking recently since everything out in www.nantucket.net has to be imported at a 25% extra cost, it would seem that gasoline or fuel oil or electricity would be 25% more, so therefore, it would seem full service premium gasoline on Nantucket would be about 25% more than \$5.20 a gallon here or about \$6.50 a gallon. Thus going to the beach on the south shore of Nantucket would be more expensive this year, so like Bermuda more summer people are probably riding Mopeds out on Nantucket for better or worse. CIO

Note: <888> 06/12/08 Thursday 6:45 A.M. I ate a baloney and cheese sandwich with a glass of iced tea and a dill pickle slice and 1/5th of a 5.5 ounce tube of Pringle low fat potato chips. I also ate a 1/5th slice of cherry pie. I did some bottom fishing on the internet. I will

now shut down the primary Vista computer, and I will rest until about noon. I have a 3 P.M. appointment today. CIO

Note: <888> 06/12/08 Thursday 4:30 A.M. I put away the laundry. I will now install Ad-aware 2008. CIO

Note: <888> 06/12/08 Thursday 3:40 A.M. <u>Brewer Bids \$46 Billion for Anheuser-Busch -</u> <u>NYTimes.com</u>

#### PC World - Ad-Aware 2008 Free Anti-spyware Tools Download

Download details: Windows Search 4.0 for Windows Vista (KB940157)

Tracking is <u>UPS: Tracking Information</u> on two <u>Creative Labs: Products - X-Fi, Sound</u> <u>Blaster, MP3 Players, Speaker Systems, Web Cameras Sound Blaster Live! 5.1</u> for \$4.99 each for \$9.98 with free shipping.

# <u>Global Volcanism Program | Volcanic Activity Reports | SI / USGS Weekly Volcanic Activity Report |</u>

#### **USAJOBS - The Federal Government's Official Jobs Site**

I would like to inform you of a job opening for a MS-level or equivalent researcher for the Volcano Emissions Project of the Volcano Hazards Program at USGS. The position will be based at the Cascades Volcano Observatory in Vancouver, WA. The starting date depends on availability of qualified applicants. The vacancy announcement for the Research Geologist (GS-11) is posted at USAJOBS <u>http://www.usajobs.opm.gov/</u> The announcement number is WR-2008-0377. The position is open now and will close on July 8, 2008. Interested applicants must apply online to be considered. Applicants must be U.S. citizens. Pleaser refer interested individuals to the USAJOBS website. CIO

Note: <888> 06/12/08 Thursday 3:15 A.M. I have 25 minutes to go on the dry cycle. I drank a 50% mixture of Passion Punch and 50% mixture of seltzer water about 10 fluid ounces total with vitamins and supplements. I refilled the refrigerator seltzer bottle with water and another CO2 cartridge. CIO

Note: <888> 06/12/08 Thursday 2:40 A.M. I chatted with a relative after the last note. I woke up at 12:30 A.M.. I ate a bowl of the sugar free Jell-O mixture with fruit with some iced tea. I put clean linens on the bed. I am doing two loads of laundry, and I am about just ready to start the dry cycle. CIO

Note: <888> 06/11/08 Wednesday 6:35 P.M. <u>Amazon.com: IZOD Men's Short Sleeved</u> <u>Crested Solid Interlock Knit Polo: Apparel</u> \$11.40 with free shipping on \$25. I will now shut down the primary Vista computer, and I will go to bed soon. Have a good night. CIO Note: <888> 06/11/08 Wednesday 6:30 P.M. I went outside, and I threw out some garbage. I chatted with a neighbor. I walked around the building. Some of the local youth are still skate boarding on the back sidewalk by the stairs, and that tends to disturb the neighbors on the ground floor on the rear side of the building. I chatted with the Greenwich Housing Authority representative last week, and she told me, it is a public thoroughfare, and there is nothing that they can do about it. One could put up speed bumps on the sidewalk to keep them from skate boarding though. I picked up my mail. I ate a 1/6th piece of cherry pie. Someone broke the pots of a neighbor on mine on the east end of the building where the neighbor had set up a garden sitting area. It would seem the local youth should respect the seniors in the building. I have spent 24 years walking downtown on Greenwich Avenue, and I am fairly sure, there is a much larger group of people out there in the wood work somewhere. I heard on the Bloomberg news today, that with all of the rain and flooding in the Midwest, they have not been able to plant one tenth of the usual food crop this season, so there could be food shortages in the country starting next fall. The person with the report was from www.princeton.edu, and he was retired from the Federal Reserve Bank, so I would imagine the speculation of upcoming food shortages in the United States of America are true. CIO

Note: <888> 06/11/08 Wednesday 5:25 P.M. I microwaved on three Vegetable cycles the other half of the beans and franks mixture I made yesterday, and I ate it with a glass of iced tea. CIO

Note: <888> 06/11/08 Wednesday 4:10 P.M. I was able to get the my person email account to email to myself, by deleting the Outlook 2007 email account and reinstalling it, so now email to myself comes through. I archived the saved email from before March 2008. I ordered two Verizon Greenwich, Connecticut and Westchester Country telephone books to replace the ones that I mistakenly threw out, when I received two Westchester County books which I also threw out. I backed up the minor primary Vista system changes to both the second internal the Bytecc external hard drives. The primary Vista computer seems to be running just fine with the recent tweaks. I did some bottom surfing on the internet.

Note: <888> 06/11/08 Wednesday 3:20 P.M. I went outside, and I threw out the garbage. CIO

Note: <888> 06/11/08 Wednesday 12:35 P.M. I woke up at 10:30 A.M., when I had a survey call. I backed up the primary Vista Computer to the Bytecc external hard drive. I could not get the <u>www.cnn.com</u> video to work with the Adobe Flash Player beta 10, so I uninstalled it, and I installed the current version of the <u>www.adobe.com</u> Flash Player 9 with which the CNN video works with, but the Internet Explorer Web Browser occasionally crashes. I ate breakfast of oatmeal with honey and a sliced banana, a toasted English muffins with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed. I will now make up another batch of Passion Punch. CIO

Note: <888> 06/11/08 Wednesday 4:25 A.M. I installed the latest Vista updates on the Northgate Syntax computer, the Epox computer, and the FIC server. I restored the

backup on the FIC server before doing the updates, and then I backed it up to the second hard drive. I also backed up the Epox computer to the second hard drive. I tried installing the most recent Vista updates on the primary Vista computer, but most of them would not install giving an error message with no solution. All I can figure out is possibly they are already installed, since the primary Vista computer's Vista SP1 update was installed from the Vista SP1 Windows Update versus a Vista SP1 DVD upgrade disk on the other three Vista computers. On the primary Vista computer, I ran Service, and I disabled a few unneeded program that started up automatically. I uninstalled and reinstall Norton Internet Security 8.0. I did a Vista Complete PC backup from the first hard drive to the second hard drive. I ate a 1/6th piece of Cheery pie and a bowl of white cheddar Cheez-its. I will now shut down the primary Vista computer, and I will go to bed soon. CIO

Note: <888> 06/10/08 Tuesday 9:05 P.M. Connect: WINDOWS HOME SERVER

**COSIS.net - Natural Hazards - Provisional Programme** 

Anak Krakatau Volcano

Bromo Volcano (Tengger Caldera)

**The Ultimate All-Natural Blood Sugar Solution** 

**Geology Department at Grand Valley State University** 

http://www.ovsicori.una.ac.cr/informes\_prensa/2008/BoletinVAre6608pd.pdf

BBC NEWS | Europe | Bush in Germany on 'final tour'

BBC NEWS | Middle East | BBC uncovers lost Iraq billions

BBC NEWS | Science/Nature | US space telescope set for launch

BBC NEWS | Technology | Microsoft's standards bid stalled CIO

Note: <888> 06/10/08 Tuesday 7:35 P.M. I made up a double batch of http://www.geocities.com/mikelscott/pbf.htm ,and I also used a clove of minced garlic. I refrigerated half in a Rubbermaid container without heating it, and I microwaved the other half in a plastic microwave container with lid on three Vegetable cycles, and I ate it in a bowl with a glass of iced tea. I updated a couple of pictures on http://mikelouisscott.com/computer.htm . I also posted pictures of the most recent apartment changes and improvements here http://mikelouisscott.com/apt-061008/ . I am charging up the Metal Hydride rechargeable batteries from the Nikon Digital camera, and they should be fully charged at 6 A.M. or whenever I wake up tomorrow. CIO

Note: <888> 06/10/08 Tuesday 5:40 P.M. I went out after the last note, and I went to my regular Tuesday 3 P.M. appointment. I then went by the Stop and Shop, and I bought four

28 ounce cans of B&M maple flavored baked beans for \$1.34 each, a day old fresh baked Stop and Shop cherry pie for \$2.50, a dozen jumbo eggs expire July 2, 2008 for \$2.49, a 59 ounce container of Minute Maid Vitamin Enriched fresh orange juice for \$2.50, 1.5 pounds of German Wondabar baloney for \$2.99 a pound for \$4.75, two 13.5 ounce boxes of Cheez-Its reduced fat crackers for \$2.50 each box, six .3 ounce Jell-O sugar free, two raspberry, two black cheery, and two mixed fruit for .89 each, and a clearance box of Old El Paso tacos and tortillas for \$1.14 for \$29.06 total. I then returned home, and I brought up my purchases. When I put the food away, I rotate the stock, so the newer items are up front. I also picked up the mail. CIO

Note: <888> 06/10/08 Tuesday 2:20 P.M. I woke up during the night, and I ate two bowls of white cheddar Cheez-Its. I finally woke up at 7:40 A.M. this morning. I went out directly, and I went to Mavis Tire in Riverside, and I had the cap screw removed from the passenger side rear tire, and I had it repaired for \$21.15 total with tax. I then returned back to my apartment building. They were clearing up the fallen tree at the driveway entrance. I saw a young fawn in the woods by where the tree had fallen. I chatted with a neighbor. I chatted with a relative. I ordered two Creative Labs: Products - X-Fi, Sound Blaster, MP3 Players, Speaker Systems, Web Cameras Sound Blaster Live! 5.1 for \$4.99 each for \$9.98 with free shipping. I will put one in the Epox computer, and one in the Northgate Syntax computer, and I will move the Creative Live MP3+ from the Epox computer to the Bedroom Gigabyte computer. I cleaned off some seagull shit off my car windshield. They always seem to target me. I ate a bowl of white cheddar Cheez-Its. I showered, and I cleaned up. I used a package of Strawberry Kiwi and a package of Mixed Fruit sugar free Jell-O, and I mixed them both together with a pint of boiling water in a Pyrex bowl, and I added 15.5 liquid ounces of a combination of 50% Passion punch, 25% Madam Mandarin orange juice and 25% Libby sliced pineapple juice along with fruit contents of the 11 ounce can of Madam Mandarin oranges and 20 ounce can of Libby pineapple slices. It should be ready in the refrigerator about 6 P.M. or slightly later. I have a 3 P.M. appointment to go to, so I will now shut down the primary Vista computer. I had a telephone call from my 3 P.M. appointment. CIO

Note: <888> 06/09/08 Monday 9:35 P.M. I watched some television. I ate the last 10% of a 13.5 ounce box of low fat Cheez-Its. I will now shut down the primary Vista computer, and I will go to bed soon. Have a good night. CIO

Note: <888> 06/09/08 Monday 8:20 P.M. <u>Weather pummels school schedules, snarls roads</u> - <u>Greenwich Time</u>. CIO

Note: <888> 06/09/08 Monday 8:15 P.M. I went outside after the last note, and I checked my car. I noticed on the passenger side rear tire that a screw was in it with a half inch diameter metal cap with a Phillips screw head that was worn down. I called up Mavis Tire in Riverside, and they were closed at 6 P.M., but they told me they had 25 people with screws in their tires today. Perhaps the storm yesterday and high winds picked up some sort of construction screws and dropped them on our local roads. I was told by a neighbor that in the storm yesterday, lightning hit the three butane tanks at the Arnold Bread outlet in Byram, and the Arnold Bread outlet burned down to the ground. I guess since that is

the last place for cheaper bakery products in town, we might be paying more for bakery products, until they hopefully replace the bakery outlet store by the George Weston Bakeries Arnold bread factory <u>Fire-gutted Arnold Bakery store to come down - Greenwich Time</u>. I chatted with two relatives. According to a relative, Okay, Oklahoma is where the Doppler weather radar comes from, which is why it is set to the default weather sight at <u>www.cnn.com</u>. Well, I guess I have to be up earlier tomorrow to get the tire fixed. The tire is not deflated, so I do not have to put the spare on. I also have a 3 P.M. appointment tomorrow. CIO

# Note: <888> 06/09/08 Monday 5:55 P.M. <u>Costco - \$399.99 After \$50 OFF Royal Sovereign</u> 14,000 BTU Portable Air Conditioner & Dehumidifier

## Peter I -- Britannica Online Encyclopedia

## BBC NEWS | Science/Nature | Japan robot arm unfolded on ISS CIO

Note: <888> 06/09/08 Monday 5:25 P.M. With the sun shining on the outdoor weather station temperature sensor facing the western sky this time of year over a flat black roof, it is reading 121 degrees Fahrenheit, but inside with the eight year old General Electric Profile 15,500 BTU air conditioner with remote control set at 72 degrees Fahrenheit on low fan Energy Saving, it is 74.3 degrees Fahrenheit inside. I made and ate a four egg omelet with grated parmesan cheese and two slices of Kraft white cheese along with five strips of fried bacon and a toasted English muffin with butter and a glass of iced tea. CIO

Note: <888> 06/09/08 Monday 4:25 P.M. I woke up at 10 A.M. this morning. I ate breakfast of oatmeal with honey and a sliced banana, two toasted English muffins with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up. I threw out the garbage. I went out, and I went by the Chase Bank on Mason Street. I then went by the Wachovia Bank on Benedict Place, and I paid my rent to the Greenwich Housing Authority. I then went by McArdles's Green House at 48 Arch Street, 1-203-661-5600. I bought a 15 inch diameter by 2.5 inch high plastic plant terra cotta plant saucer for \$8.99, and a 13 inch diameter one for \$6.99, and a 13.5 inch diameter by 13.5 inch high plastic terra cotta plant pot for \$8.99 and three green three foot long by half inch diameter wooden plant stakes for \$1.49 each, and a package of green jute twistems for \$3.99 and \$2.01 tax for \$35.44 total. McArdles's has a quite large supply of everything you need for your local gardening needs. I then went by the Greenwich Automotive Services Exxon station, and I bought \$16 of self service premium gasoline at \$5.059 a gallon for 3.162 gallons for 42.1 miles driving since last Thursday at odometer reading of 60027 for 13.3143358 miles per gallon driving in back country at higher speeds with the air conditioning going with three passengers. I used the Chase ATM machine at the Stop and Shop Plaza. The Food Emporium across the street is not closing, but they are undergoing extensive remodeling. I then went by the Stop and Shop, and I bought green Chiquita bananas at .64 a pound for \$2.05 and a 8 ounce container of Nature's Promise Wild Flower honey for \$3.59 for \$5.64 total. I then returned home, and I brought up my purchases. I put the 15 inch diameter plant saucer underneath the large six foot tall palm

tree in the living room window. I put the 13 inch diameter saucer underneath the large pathos plant on the mahogany bureau in the living room. I transplanted the 2.5 foot high miniature palm from the Mexican green painted terra cotta pot into the larger 13.5 inch diameter plastic terra cotta pot, and I also used a three pound bag of Miracle Gro potting soil that I had. I put it in the blue and white Chinese rice bowl for drainage on the right side of the mahogany bureau. I tied up the two miniature palms and the large palm tree with three stakes and the jute ties. I put the remaining jute ties in the right kitchen drawer. I move the bumble bee lamp from the right side of the mahogany bureau to the left side of the bedroom Orion television, and I moved the smaller light from that location to behind the right miniature palm on the mahogany bureau, so there is low light at that location. I cleaned up my work area. I threw out the garbage. I chatted with neighbors. I have the green painted terra cotta pot on the right side of the living room window shelf with a vase in it, and it is available for a smaller plant in the future. CIO

Note: <888> 06/09/08 Monday 1:35 A.M. For some reason the copy of my email notes is not coming back to me off the primary Vista computer. It works off the FIC server. I restored the backup which I know works, and the email to myself still does not work. Thus I do not know if I my email is getting through or not. All I can figure out is possibly my router settings were altered. I will now shut down the primary Vista computer, and I will go to bed soon. I ate two bowls of low fat Cheez-Its. CIO

End of Scott's Notes week of 06/08/08:

Note: <888> 06/08/08 Sunday 11:00 P.M. I chatted with a friend and a relative.

BBC NEWS | Americas | Bush bids farewell but issues remain

BBC NEWS | Americas | Florida's hurricane simulator

BBC NEWS | Science/Nature | Giant panda sex secrets revealed

BBC NEWS | Technology | IBM aims to cool chips with water

**Don't Miss Out on Stimulus Payment** 

**Google Site Search Event Registration (EVENT: 109850)** 

**Chile FOTOS EMOL** 

**Chile 2 FOTOS EMOL** 

**KVERT: ACTIVE VOLCANOES OF KAMCHATKA AND NORTHERN KURILES. Koriaksky volcano.** 

France Les enseignements au LMV : Le Master recherche ''Magmas et Volcans

#### **Samsung HDTV Innovations**

#### **BBC NEWS | Americas | End struggle, Chavez urges Farc**

#### **BBC NEWS | South Asia | Nepalese cavalry to be relocated**

I will now send out my weekly notes. CIO

Note: <888> 06/08/08 Sunday 9:15 P.M. I woke up at 9:30 A.M. this morning. I ate breakfast of oatmeal with honey and a sliced banana, two toasted English muffins with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed. I threw the garbage out, and I chatted with a friend. At 11:40 A.M., my friends called, and they said they would be arriving at 1:28 P.M. I showered, and I cleaned up. I went out, and I drove by the Chase Bank on Mason Street. I then drove down by the train station earlier. I waited in the air conditioned waiting room on the West Bound side for about 40 minutes, and then I picked my friends up on the East Bound side where I had parked my car. We went to two The Garden Conservancy garden tours. My friends paid the \$5 for each event for me. One event was in back country and the other was down by Long Island Sound. I posted the pictures link below. In the one in back country, I got a picture of a Wild Turkey that popped out of the brush. Between the one in back country and the one down by the Sound, we stopped by the Mobil Station on Indian Field Road and East Putnam Avenue, and my friends walked across the street to the Sunoco station to get a Fanta soda. After the Garden Tours, we went by the www.brucemuseum.com and we toured the Dutch Art exhibit. The art is in a remarkable state of preservation. They had a small oil there by a Dutch Artist of Cosmo Di Medici when he was a youth in the Netherlands. My friends had museum passes to get us in for free. We drove by the Greenwich Concours d'Elegance as it was ending, and we saw a few vintage cars from the road. We sat out for a while at Grass Island. I dropped my friends off at the Greenwich Train Station on the West Bound side at 4:50 P.M. just as a heavy rain storm was starting. I drove back home in the heavy rain, and there were small tree limbs down on West Putnam Avenue. There is sign at the Stop and Shop saying the Food Emporium across the street has gone out of business, or it is closed for some reason. There was a 12 inch diameter tree that had fallen down across the entrance on Vinci Drive where I live. I was able to get around it by driving up on the curb on the south side and around it. I called 911 on my cell phone to let them know. It seems when I call 911 on my Cell Phone from Vinci Drive, I get the Port Chester police department, so they transferred me to the Greenwich Police department, and I gave them the report. My neighbors told me the lights had flickered out for a short time. Then the lights in the elevator and the hallway went out, but the lights in the apartments worked. I chatted with my friends to make sure they got on the train. I had to reset my server. I chatted with a relative. I took some pictures of the fallen tree that by then had been cut up and cleared off the road. I noticed there was a foot long quarter inch wide black scratch on my driver's side rear plastic bumper of the Audi, and I used lighter fluid and a scouring pad to remove it. I am not sure how it got there, but it looks fine now, and there is only a hair line paint crack on the bumper plastic where the scratch was. I ate a baloney and cheese sandwich with a dill pickle slice and 1/4th of a 5.5

ounce tube of Pringle low fat potato chips with a glass of iced tea. I posted my pictures. I am charging up the batteries from the Nikon digital camera, and I will have the batteries charged by 7 A.M.. I now have to go through my email for the last few days. I drove the Audi 32 miles all together today. CIO

Note: <888> 06/08/08 Sunday 7:50 P.M. Garden Conservancy tour pictures taken in Greenwich, Connecticut on June 8, 2008. <u>http://mikelouisscott.com/g-g-060808/</u>

Note: <888> 06/07/08 Saturday 11:50 P.M. I will now shut down the primary Vista computer, and I will go to bed soon or take a long nap for a while. Have a good night. Don't take any wooden nickels from Indians. I will eat a bowl or two of low fat Cheez-Its. CIO

Note: <888> 06/07/08 Saturday 11:10 P.M. I made a few calls about a long past security matter. From what I can figure out, it could be the same person, and it fits the same profile with the Belmont Horse Race today, and the Queen Mary II sailing tomorrow <u>QM2 - Itinerary - 2008</u>. CIO

Note: <888> 06/07/08 Saturday 10:00 P.M. I made and ate the same dinner as two and three night ago. I chatted with a friend. My friends will call me at 11:30 A.M. tomorrow to let me know if they will be coming out for the garden tour and the <u>www.brucemuseum.com</u> Dutch art exhibit. Their plans are still up in the air. I chatted with Partridge appliances in Greenwich on West Putnam Avenue today, and they sell a <u>www.ge.com</u> 14,000 BTU air conditioner for about \$425, and they will install it for \$95. They told me that on my GE Service contract that I pay slightly over a \$100 a year for on my eight year GE Profile 15,500 BTU air conditioner with remote control has a catch in the service contract. If it ever malfunctions which it has not, and it is currently working fine, if they decided it can not be fixed, they can condemn it, and I will now get it fixed under the warranty contract that I have paid over \$600 for the last seven years. I will call them up at 1-800-626-2224 to see if that is the fact. I chatted with a relative. CIO

Note: <888> 06/07/08 Saturday 7:30 P.M. I woke up at 10 A.M. this morning. I ate breakfast of oatmeal with honey and a sliced banana, two toasted English muffins with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I went back to bed until 3 P.M.. I washed the breakfast dishes. I made my bed. I threw the garbage out, and I chatted with a neighbor. I made a few telephone calls. I went out without cleaning up. I mailed my Connecticut Evaluation form at the Valley Road Post Office. I tried using the Chase Bank Driveup ATM machine on West Putnam Avenue, but it was broken. I drove over to Port Chester, and I used the Chase Bank ATM machine by the BMW dealership in Port Chester, New York. I then went by <u>www.homedepot.com</u>, and I bought two four packs of 2X <u>www.ge.com</u> 25 watt bent tip bulbs for \$3.68 each four pack and a Valu-Pak of OOK hooks and nails for \$8.98 and \$1.21 tax for \$17.55 total. I went there to get a 13 inch diameter plastic terri cotta pot, but they only had a heavier one slightly larger for \$14, and I needed a 12 inch and a 16 inch plastic terri cotta saucer, but they were out of them. I noticed they have a selection of LG air conditioners including a 15,000 BTU unit for \$329 plus tax. I then returned home. It was only about a 6 mile round trip. CIO

Note: <888> 06/06/08 Friday 10:20 P.M. I went outside, and I chatted with some neighbors. I walked around the building. I ate a baloney and cheese sandwich with a glass of iced tea and a dill pickle slice and 1/3rd of a 5.5 ounce tube of Pringle low fat regular potato chips. I chatted with a relative. There does not seem to be any aircraft traffic at Westchester County airport anymore to speak of, so possibly with the nearby Clintons becoming private citizens again, we have returned to quieter air space in this area <u>Westchester County - AirportMonitor - by Megadata - powered by PASSUR</u>. I am a bit tired, so I will now shut down the primary Vista computer, and I will go to bed soon. CIO

Note: <888> 06/06/08 Friday 7:30 P.M. I finished the backup, and I finished the Connecticut reassessment application with copies of its supporting documents, and I have it all ready to mail at the post office the next time I go out. CIO

Note: <888> 06/06/08 Friday 5:30 P.M. I straightened out my old sweaters in the sweater hallway closet. I have enough sweaters, I could wear a different one each day of the month in the colder weather. I ate the rest of a 13.5 ounce box of white cheddar Cheez-Its with some iced tea. I chatted with a relative. I have been thinking recently, since British Guiana British Guiana - Wikipedia, the free encyclopedia is just east of Venezuela, one could live in Western British Guiana just on the border of Venezuela, and drive across the border to get dirt cheap gasoline in Venezuela, if one likes to drive a lot. I will now back up the Epox computer the Bytecc external hard drive to change any changes made with the additional monitor. I also have to fill out my Connecticut review form and get the paperwork in order to send it in. CIO

Note: <888> 06/06/08 Friday 3:30 P.M. <u>Ed McMahon explains his mortgage mess -</u> <u>CNN.com</u>

## http://www.cnn.com/video/#/video/world/2008/06/06/anderson.uk.prince.andrew.wrap.cnn? iref=videosearch

My Flash Plugin does not work with CNN on the primary Vista computer. The problem is possibly caused by using the Flash Plugin 10 beta which does not crash like version 9. CIO

Note: <888> 06/06/08 Friday 3:15 P.M. I was awake at 10:30 A.M.. I ate breakfast of oatmeal with honey and a sliced banana, two toasted English muffins with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed. I threw the garbage out and the old periodical literature. I chatted with neighbors. I picked up my mail. I watered the plants. It is easiest to water the pathos plant in the bathroom by putting it in the bath tub instead of carrying it all the way to the kitchen. One has to have drainage when one waters it, because it overflows its smaller overflow plate. Yesterday, I was told the Guild Antique building across from the Sundown Salon on Greenwich Avenue had sold for \$13 million, and it is mostly demolished now, except for some ground level

excavation. One of the last smaller private family homes on Steamboat Road just south of the Royal Bank of Scotland on the East side of Steamboat Road was demolished. It looks like the new condominium project across the street from the Delamar Hotel on Steamboat Road is mostly framed in, but it still has to be finished off. The maintenance staff where I live are installing the air conditioners. I leave my large <u>www.ge.com</u> air conditioner in year round. I have not yet received my rent statement from the Greenwich Housing Authority, so I will not be going out to pay it today. I usually stay in on Friday afternoons, since it can be very busy downtown on Friday afternoons during the warmer months with the New York City residents coming out for the weekends to Connecticut. Once they settle in out here for the weekend, it tends to be quieter. I ate a one inch slice of pound cake. CIO

## Note: <888> 06/06/08 Friday 4:20 A.M. <u>BBC NEWS | UK | England | Oldest veteran of</u> <u>WWI reaches 112</u>

## http://www.cnn.com/video/#/video/tech/2008/06/05/washburn.230.mpg.car.kfmb

## Air Force officials ousted over nuclear gaffes - CNN.com

## http://www.cnn.com/video/#/video/world/2008/06/05/yoon.china.quake.pandas.cnn

I am a bit tired. I will now shut down the primary Vista computer, and I will go to bed soon. I just ate a one inch thick slice of pound cake with some iced tea. CIO

Note: <888> 06/06/08 Friday 3:00 A.M. I woke up yesterday morning, when I received a call from a friend. A couple of my friends from Manhattan might be coming out on Sunday for a Garden Club tour and to visit the Bruce Museum Art show. They will call me on Sunday to let me know if they will be visiting. I was told about this article:

#### Murder-suicide couple from LI had troubled past -- Newsday.com

I chatted with a relative and a friend. Apparently friends and relatives also know the families. I ate breakfast of oatmeal with honey and a sliced banana, a toasted bagel with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed. I threw the garbage out. I scraped off the old Greenwich Beach Automobile sticker off for a neighbor, and I put the new one on. I showered, and I cleaned up. I went out, and I went to my usual 3 P.M. appointment. I went by the Greenwich Hospital Thrift Shop. I now weigh 215 pounds according to their Hospital Scale they have for sale. I then went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I used the bathroom at the senior and the arts center. I chatted with some local people. I stopped by CVS, and I bought a 12 pack of English muffins for \$1.99, and a 75% off container of CVS 300 count Vitamin E 400 IU USP for \$4.75 for \$6.74 total. The Easter Seal Society has been fund raising in front of CVS recently. I also walked over to the Chase Bank on Mason Street. I notice a former regular night person who seemed to put on a lot of weight eating at Planet Pizza is now eating at the uptown Subway Sandwich shop,

6635

and it looks like he has lost about a 100 pounds. I finished my walk, and I sat out for a while. I used the bathroom at the Senior and the Arts Center. I then went by the Greenwich Automotive Services Exxon gasoline station, and I bought \$12 of self service premium unleaded gasoline for \$4.879 a gallon for 2.459 gallons consumption since last Thursday for 30.1 miles driving at odometer reading of 59,985 for 12.240 miles per gallon in local daytime driving with the air conditioner going mostly around busy downtown streets. I then returned home. I chatted with a neighbor.

The order <u>UPS: Tracking Information</u> on ordered <u>JDOH2GB-730 - 2GB, USB Flash Drive</u>, <u>USB Flash Drive from Crucial.com</u> for \$12.49, and .99 tax and \$3.99 shipping \$17.47 total arrived.

The order for

Tracking is **<u>UPS: Tracking Information</u>** on:

ordered from <u>www.kohls.com</u> in XX Large Size:

**Dockers Colorblock Sweater in Onyx Marl for \$4.20** 

**Dockers Striped Sweater in Reed Marl for \$4.20** 

Dockers Argyle Polo Sweater - Big & Tall in Reed Marl for \$5

**Dockers Argyle Polo Sweater in Cloud for \$4.20** 

Croft & Barrow Windowpane Jacquard Polo in Woodland for \$3.80

**Dockers Windowpane Chenille Sweater in Walnut for \$5** 

**Dockers Square Chenille Sweater** in Taupe for \$5

**Dockers Windowpane Corduroy Sweater** in Olive for \$5

Dockers Argyle Chenille Sweater - Big & Tall in Jalapeno for \$6

**Dockers Argyle Chenille Sweater - Big & Tall in Taupe for \$6** 

Dockers Square Chenille Sweater - Big & Tall in Onyx for \$6

4 Chaps Solid Bath Towels in Poppy for \$3.39 each for subtotal of \$13.56

4 <u>Chaps Solid Bath Towels</u> washcloths in Poppy for \$1.99 each for subtotal of \$7.96

for Subtotal of \$75.92 and \$1.29 tax, and free shipping on \$75 order for \$77.21 total arrived.

I put the eight sweaters and three heavy long sleeve polo shirts in their plastic sleeve packaging on the second down sweater shelf in the hallway closet. I put the four towels and four wash cloths with four hand towels I already had on the two towel racks in the bathroom for display. I will probably still use my old towels. The sweaters are warm enough for around here in the fall and spring. The towels are about six feet by three feet, so they are large bath towels. They are sort of a Chinese Fire Engine Orange. I threw out the shipping box. I walked around the building. I chatted with a relative. I made and ate the same dinner as last night.

I next did some reorganization in the apartment. I moved the small pathos plant from the living room mahogany bureau to the telephone stand in the bathroom. I put the two pineapple lamps in the bedroom, one on the television and one on the Gigabyte computer. I moved the two energy saving brass lamps to on top of the mahogany bureau hutch, and I put a heavier extension cord on them. I moved the two miniature palms from the left side of the Epox computer monitor to the left and right side of the mahogany dresser in the living room. I put the pink rice bowl underneath one with the plastic pot on the left side and the Mexican terracotta pot I put on the right side with a crystal glass bowl underneath it to catch the water. I moved the small Bumble Bee lamp from the bathroom table to the right end of the same bureau to have for low light in the living room. I took the 19 inch Dell Trinitron monitor from the Northgate Syntax computer, and I set it up on the left side of the primary 20 inch Dell monitor, and I configured it on both partitions for two monitors. I also installed the Crucial Gizmo 2 gigabyte pen drive for Ready Boost on the Vista partition. I backed up the changes to the second hard drive. I hung the Panasonic headset on the left side, and the USB headset on the right side. I have the icons on the left monitor. Thus it is even more of a multimedia computer. Thus I have improved my overall computer setup with some of the items that I already had. I put the backup Dell 17 inch Trinitron monitor on the Northgate Syntax computer. It all seems to works a little bit better. I cleared the recall numbers from the three Panasonic 2.4 Gigahertz cordless telephones. I put a Duck place mat on the small Panasonic television in front of the French reproduction chair, and I set the two line cordless telephone on top of the television with its Netcom headset. My apartment is like Rubik's Cube. When one moves one item, one has to move a lot of other items. CIO

Note: <888> 06/05/08 Thursday 3:30 A.M. I ate two bowls of white cheddar Cheez-Its with some cold filtered water. I received this email from the Taft School <u>The Taft School</u> headmaster:

To the Classes of 1968, 1969, and 1970,

By now, many of you have heard the terrible news: that last week Margaux Powers '00, daughter of Mike Powers '69, was murdered. So many of you have contacted my office or the school that I thought I would send this e-mail.

The funeral service will be held on Friday, June 6, at 2:00 p.m. at St. John's of Lattingtown, Lattingtown Road and Overlook Road in Locust Valley, NY. Telephone: 516-671-3226.

As I shared with the faculty, to hear this news on the day of our graduation was almost more sadness that we can bear. Margaux was a shining light in her class, and as her class dean, I recall her so vividly and fondly. She was a fine athlete and one of our best lacrosse players, a hard-working student, and one of the most popular girls in the class. She had an infectious smile and a twinkle in her eye, and she had the kind of spirit and energy that became the essence of her class. She had the typical trials and triumphs all of us had in our days at Taft, and she was a beautiful and warm young woman. The Taft family has lost someone special, and our thoughts and prayers go out to the family.

We welcome by reply on this e-mail account your reflections, memories or photographs of Margaux, to be shared with her family.

At this time of unbearable sadness, we have to find solace in each other, and in our love of a beautiful young woman we will never forget.

William R. MacMullen Headmaster

The Taft School 110 Woodbury Road Watertown, CT 06795

I called up the Oyster Bay, Long Island, New York Police Department 1-516-573-6200.

I recall Mike Powers was they year behind me, and he was a good friend of Rob Ford's. I also recall, Fred Von Mierers <u>http://mikelouisscott.com/fred.htm</u> knew a member of the Powers family named Ed Powers who was his Major Domo in Manhattan. I have seen Ed Powers since once in Old Greenwich, Connecticut. I do not know much about Lattingtown other than Madam Chiang Kai Shek <u>The Dragon Lady Who Bridged the East and the West</u> used to live there. There is an Anglican Seminary there. John Bolton talks about it in hushed whispers like it was some big secret. Dorothy Bush's gardener who was a <u>www.dhl.com</u> pilot married a girl from Lattingtown, Long Island. I recall he had red hair. I am a bit tired, and I have a 3 P.M. appointment today, so I will shut down the primary Vista computer, and I will go to bed soon. CIO

Note: <888> 06/05/08 Thursday 1:55 A.M. <u>Bill Gates Gives Last Big Speech Before</u> Leaving Full-Time Microsoft Role

The World's Hardest-Working Billionaire - Forbes.com

Symantec Marketing Campaigns Symantec Government Internet Security Threat Report

**Biltmore Email Newsletter** 

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Note: <888> 06/05/08 Thursday 1:15 A.M. I watched some television, which around here seems to repeat itself all of the time. Since Cablevision comes out of Norwalk, Connecticut in this area, I guess the local television reflects the outlook of Norwalk, Connecticut for better or worse. I put the tea in the refrigerator to become iced tea. I ate a piece of pound cake. I mixed a 50% mixture on the cranraspberry, grape, and orange juice mixture with 50% seltzer water, and it is quite a refreshing drink with less fructose. My total new charges on my <u>www.cl-p.com</u> electricity bill for the month of May 2008 is \$139.10. I have already paid the budget amount of \$137. I still have a \$559.19 Credit, which is why my budget amount is \$50 less than it should be, since the extra credit of \$50 a month is taken out of my bill by the surplus created by the Energy Assistance Program. My bill in May 2007 was \$191.24, so I am saving a bit by not using as much air conditioning and electric lighting. My May 2008 usage history was 735 KWH for 32 days or a usage of 23 KWH per day. In May 2007, my usage was 1059 KWH or 33 KWH a day for 32 days. Thus the May 2008 bill is \$52.14 less than the May 2007 bill or 27.2643% less amount. I will now go through my email. CIO

Note: <888> 06/04/08 Wednesday 10:55 P.M. I showered, and I cleaned up after the last note. I went outside, and I chatted with some neighbors. My democrat party neighbors think the current Republican President is the worst in history, because the country is three trillion dollars in debt. I keep trying to remind the neighbor the democrat congress is responsible for all of the spending bills that have put the government into debt, but since they have their own viewpoint, where they are comfortable on the graft of the democrat party, they do not listen to me. The mail had not arrived by 3 P.M., so I went out. I went by the Chase Bank on Mason Street. I then went by Charles Stuttig Locksmith, and they were selling a 700 pound safe. I had two keys made for the Stant gas cap for \$3 each, and I bought an Audi key ring fob for \$4 and .60 tax for \$10.60 total. A word of parking advise in downtown Greenwich, if you can not find parking places on Greenwich Avenue, frequently the less noticed side streets have parking available. I then went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I stopped by the Greenwich Cigar store, and I bought a Green Backs scratch card for a dollar, but I lost. I also chatted with Starbucks most frequent customer in the late afternoon. I stopped by the Greenwich Hardware store, and I bought a two pack of www.ge.com 15 watt light bulbs for \$4.79 less 10% discount of .48 for \$4.57. I used them in my telephone light which has a brass shade which would get too hot and dangerous with anything more powerful in wattage. I stopped by CVS to view the dynamic shoppers. I chatted with a shopper wearing Gucci loafers about Firinze, Italia. He reminded me the Medici used to feed their enemies to the dogs. I completed my walk. I used the bathroom at the senior and the arts center of the beginning of my walk. I then drove down by the waterfront on Steamboat Road. It looks like the Military Police are now working the waterfront for some unknown reasons. I then went by the Greenwich Library, and I chatted with some of the reference librarians. I then went by the Stop and Shop, and I bought two 13.5 ounce boxes Cheez-its low fat for \$2.50 and two 13.5 ounce box of Cheez-Its white cheddar for \$2.50, a pound of white Stop and Shop sliced cheese for \$2.99, a bulb of fresh garlic for \$2.99 a pound for .51, and five 5.5 ounce Pringle sour cream and onion potato chips for \$1 each for \$18.50 total. I

then returned home. I picked up the mail. The order for Classic Passport Travel Pouch Uncle Sams Army Navy Outfitters for \$13.56 in olive drab and a Carabiner Compass Uncle Sams Army Navy Outfitters for \$5.20 and a Aviator Sunglasses Uncle Sams Army Navy Outfitters in green for \$6.80 less 10% off with coupon code "100" for \$2.56 off for \$23 total with free shipping arrived. I put the passport pouch on the brass hat stand with the compass hanging off of it. I put the aviator sunglasses in a Vuarnet sunglass case, and I left them on the dining table. I put one of the Stant gas cap keys on the Valet key chain with the Audi key fob, and I put the other spare Stant gas cap key in a convenient place. I also moved the small flash light from the valet key chain to my primary key chain. I went outside, and I chatted with a neighbor about the price of tea in China. For dinner, I ate two sautéed blacken and spiced center cut pork chops with sautéed sliced onions and chopped garlic along with steamed flavored rice and a cup of steamed broccoli crowns and baby carrots with olive oil. I ate it all with a glass of iced tea. I put half of the remaining rice in a Rubbermaid container in the refrigerator. I am making up a batch of Formula Two http://mikelouisscott.com/icetea.htm . I put the spare 15 watt GE light bulbs in the light bulb drawer in the mahogany bureau in the bedroom. Ouite frankly I have very little interest in U.S.A. politics since I read the http://news.bbc.co.uk/ and I have the British Union Jack, the Swedish cross, and the Dutch Tricolor flying in my apartment, but I do keep the small U.S.A. flag I waived at the Biathlon at the Winter Olympics in Albertville, France back in 1992 which over 2 billion people saw on television. You have to remember some of the best sharp shooters in the world are at the Biathlon, but it was pretty much a white out in the blizzard. CIO

Note: <888> 06/04/08 Wednesday 1:35 P.M. I woke up at 11 A.M.. I ate breakfast of oatmeal with honey and a sliced banana, a toasted bagel with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed. I threw the garbage out. The order with tracking of <u>UPS: Tracking Information</u> on <u>JDOH4GB-730 - 4GB, USB Flash</u> <u>Drive , USB Flash Drive from Crucial.com</u> for \$20.99 and \$3.99 shipping and \$1.50 tax for \$25.48 total arrived. I put the new 4 gigabyte Pen drive in the primary Vista computer, and it works fine with Ready Boost. I moved the old 2 gigabyte pen drive to the FIC server, and it works fine with Ready Boost. It does not work off the USB 4 port card, but it works off the USB 2.0 mother board ports just fine. CIO

Note: <888> 06/04/08 Wednesday 4:45 A.M. After the last note instead of going to bed, I tried installing the May 27, 2008 Vista update, and it would not install. It gave an error message that I researched with no solution. I tried installing the update from a direct download, and it still would not install. I restored the May 27, 2008 backup, and the update would not install. I restored the May 22, 2008 backup, and it still would not install. I restored the May 27, 2008 backup, but SP1 would not install. I restored the July 2007 Vista new install and configuration backup, but SP1 would not install. I then went ahead and restored the May 27, 2008 backup again, and I restored the few changed files. Thus whatever the problem with the most recent Vista update, I will have to wait until a solution comes up for it. I ate another piece of pound cake. I will now shut down the primary Vista computer, and I will go to bed soon. If my rent comes today, I will try to get out in time to pay it. The Wachovia Bank on Benedict Place closes at 3

P.M.. If not I can pay it on Thursday, when I go out for my usual Thursday appointment. CIO

Note: <888> 06/03/08 Tuesday 9:55 P.M. <u>Astronauts attach giant lab to space station -</u> <u>CNN.com</u>.

Ben's Bargains - Bargains, Coupons, Freebies

I chatted with a relative. I ate a toasted bagel with olive oil with some iced tea. I will now shut down the primary Vista computer, and I will go to bed soon. CIO

Note: <888> 06/03/08 Tuesday 8:35 P.M. I took six of the eight ice trays out of the freezer, so I could freeze the bread products I will not be using soon. I ate a one inch thick slice of pound cake with a scoop of butter pecan ice cream along with some iced tea. CIO

Note: <888> 06/03/08 Tuesday 7:35 P.M. <u>Geological Sciences - University of Canterbury -</u> <u>New Zealand</u>

BestBuy 10% or 12% off Printable Coupon

**Free-New-Cellphones.com** 

Heartland America: Delstar Digital Camera/ Camcorder DS182 \$60

Great Gifts for Dads & Grads on the Go @ Geeks.com!

Doctors call Sen. Kennedy's brain surgery successful - Los Angeles Times

Space Shuttle tech works on brain tumors | ZDNet Healthcare | ZDNet.com

<u>Windows 7 Testing Must Start ASAP, Microsoft Warns Hardware Makers -- Microsoft --</u> <u>InformationWeek</u>

Tracking is <u>UPS: Tracking Information</u> on ordered <u>JDOH2GB-730 - 2GB, USB Flash</u> <u>Drive , USB Flash Drive from Crucial.com</u> for \$12.49, and .99 tax and \$3.99 shipping \$17.47 total.

**PubVolc** 

Buy Ink, toner and paper direct from the HP Home & Home Office Store

Tracking is <u>UPS: Tracking Information</u> on <u>JDOH4GB-730 - 4GB, USB Flash Drive , USB</u> <u>Flash Drive from Crucial.com</u> for \$20.99 and \$3.99 shipping and \$1.50 tax for \$25.48 total.

Tracking is **<u>UPS: Tracking Information</u>** on:

ordered from <u>www.kohls.com</u> in XX Large Size:

**Dockers Colorblock Sweater** in Onyx Marl for \$4.20

**Dockers Striped Sweater in Reed Marl for \$4.20** 

Dockers Argyle Polo Sweater - Big & Tall in Reed Marl for \$5

**Dockers Argyle Polo Sweater in Cloud for \$4.20** 

Croft & Barrow Windowpane Jacquard Polo in Woodland for \$3.80

**Dockers Windowpane Chenille Sweater** in Walnut for \$5

**Dockers Square Chenille Sweater** in Taupe for \$5

**Dockers Windowpane Corduroy Sweater** in Olive for \$5

Dockers Argyle Chenille Sweater - Big & Tall in Jalapeno for \$6

Dockers Argyle Chenille Sweater - Big & Tall in Taupe for \$6

Dockers Square Chenille Sweater - Big & Tall in Onyx for \$6

4 Chaps Solid Bath Towels in Poppy for \$3.39 each for subtotal of \$13.56

4 Chaps Solid Bath Towels washcloths in Poppy for \$1.99 each for subtotal of \$7.96

for Subtotal of \$75.92 and \$1.29 tax, and free shipping on \$75 order for \$77.21 total.

BBC NEWS | Europe | German tabloid mocks UK tourists

**BBC NEWS | Americas | Tornado caught on CCTV** 

**BBC NEWS | In Pictures** 

http://newsimg.bbc.co.uk/media/images/44712000/jpg/\_44712593\_pandas\_afp466.jpg

**BBC NEWS | Special Reports | UN sets out food crisis measures** 

BBC NEWS | Science/Nature | Space shuttle carries lab to ISS

BBC NEWS | Science/Nature | Mars lander uncovers signs of ice

CIO

Note: <888> 06/03/08 Tuesday 5:30 P.M. I found out from the latest issue of <u>www.forbes.com</u> that the old Chris-Craft boat company from Holland, Michigan was bought out, and they are now the <u>Welcome to Grand-Craft, Builders of Fine Mahogany</u> <u>Boats</u>, and they still manage to sell about 18 million dollar plus boats a year, so there is more going on around Holland, Michigan besides tulips and turkeys. You can order their logo items here <u>Grand-Craft Store, Grand-Craft Apparel</u>. I think the boats are custom made, so you would need a Marine Architect. CIO

Note: <888> 06/03/08 Tuesday 5:00 P.M. Yesterday, I got up at 5 P.M. from my nap. I chatted with a relative. I ate a baloney and cheese sandwich with 1/3rd of a 5.5 ounce tube of Pringle low fat potato chips along with a glass of iced tea. I read the last three issues of www.forbes.com, the last two issues of U.S. News and World Report, and the last two issues of AARP. I went to bed at 10 P.M., and I was awake at 7 A.M. this morning. I ate breakfast of oatmeal with honey and a sliced banana, a toasted bagel with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed. I threw the garbage out. On the FIC server, I download the free copy of NTI's Shadow 3.7 Full version backup-up software linked from www.slickdeals.net . I showered, and I cleaned up. I went out, and I went by the Arnold Bread Outlet, and I bought a loaf of Arnold Dark German bread for \$1.95, a 12 ounce Entenmann's pound cake for \$2, two six packs of New York Everything bagels for \$2 each for \$7.95 total. It seems their prices have doubled since the last time I was there. I then went by the Stop and Shop, and I bought two 64 ounce containers of Stop and Shop cranraspberry juice for \$2 each, two quart jars of Vlassic Kosher dill pickle slices for \$2 each, a 48 ounce container of Quaker old fashioned oatmeal for \$4.39, a 8 ounce container of Stop and Shop grated parmesan and Romano cheese for \$2.50, and package of six boneless center cut pork chops for \$1.69 a pound for \$3.78 for \$28.29 total. I then went by the Chase Bank on Mason Street. I then went by CVS, and I picked up a prescription. I bought a 9 pack of large Charmin toilet paper for \$4.99 and a 12 pack of Thomas' English muffins for \$1.99 and .30 tax for \$7.28 total. I then returned home, and I put away my purchases. I then went to the Greenwich Hospital Outpatient Clinic, and I had my teeth cleaned by the Hygienist at the dental clinic. I still need to have a root canal and crown done, but I have to drive all the way to University of Connecticut dental school in Farmington, Connecticut to get that done. I need to set up an appointment for a medical physical at the first of July 2008. They can not set up one now, because they are booked solid. I then returned home. I picked up my mail. I received the form to fill out my annual review from the State of Connecticut that I have to fill out. The UPS: Tracking Information for 1995-2001 Audi A6 - Stant Fuel Tank Cap for \$20.05 and \$5.50 shipping for \$25.55 total arrived. I put one key on my spare key ring, and the other one on my primary key ring. I will probably get another two keys made when I have time. I put the locking gasoline cap on my Audi, and I put the regular cap in the Stant box in the passenger side rear storage compartment. I chatted with some neighbors. I threw out the old grease jar and three old pickle juice jars from the refrigerator. I reheated and ate the remaining steak stew with a glass of iced tea. I will now go through my email. CIO

Note: <888> 06/02/08 Monday 2:15 P.M. I chatted with a relative. I ate one half of the remaining steak stew with a glass of iced tea. I reheated it in the microwave oven. I also

ate two thirds of a 5.5 ounce tube of Pringle sour cream and onion potato chips. I will now shut down the primary Vista computer, and I will go to bed soon. CIO

Note: <888> 06/02/08 Monday 1:25 P.M. I went out, and I threw out some garbage. I picked up the mail. My \$40 EGVA rebate check arrived. I received notification from <u>www.ssi.gov</u> that my disability status DOES NOT need to be redetermined. I faxed a copy to my Social Worker. I tried to fax my doctor, but his fax machine does not work, so I made a copy to give to my doctor. I will now reheat and eat half of the remaining steak stew, which I will eat with a glass of iced tea. CIO

Note: <888> 06/02/08 Monday 12:35 P.M. Windows Vista Service Pack 1

## JFK PT 109 Tie Bar new - eBay (item 120268063507 end time Jun-30-08 14:55:24 PDT)

<u>Cheap Magazine Subscriptions as low as \$4.69! \$4.69 Magazine Subscriptions and Cheap Magazines by Best Deal Magazines</u>. I ordered a 12 issue years subscription of Maximum PC for \$3.99. CIO

Note: <888> 06/02/08 Monday 12:05 P.M. I might guests this Sunday June 8, 2008 who want to tour the art show at the Bruce Museum. It is still up in the air at this point. The Queen Mary II is suppose to be in Manhattan that day, so maybe we will have some British tourists.

55th anniversary of Queen Elizabeth II's coronation on June 2, 1953 <u>Welcome to the official web site of the British Monarchy</u>.

My order from <u>www.ordersmokesdirect.com</u> of five cartons of King Mountain Ultra Lights 100s in a box arrived. CIO

Note: <888> 06/02/08 Monday 11:35 A.M. I have noticed recently that the two office buildings across the street from the Greenwich Library where U.S. Tobacco and Cheeseborough Ponds used to be are being gutted and renovated, so I guess some new businesses will be occupying those locations some time soon. CIO

Note: <888> 06/02/08 Monday 11:30 A.M. I woke up at 8 A.M. this morning. I ate breakfast of oatmeal with honey and a sliced banana, a toasted bagel with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed. I threw the garbage out. I walked around the building. I chatted with some neighbors. I did some bottom fishing on the internet. I have pretty much bought everything I can afford to buy this month, except for the regular expenses. I noticed outside the lawn was not cut last week, so it is getting a bit longer. CIO

Note: <888> 06/01/08 Sunday 10:15 P.M. <u>The Geo Metro Rides Again, Sort Of</u> of course the Green Movement does not always think about safety in vehicles. I feel much safer in my Audi than I did in my Hyundai. I chatted with two relatives.

## The State of Cyber-Security - Forbes.com

# **BBC NEWS | Science/Nature | Shuttle leaves for space station**

### BBC NEWS | Business | Yahoo 'listening' to Microsoft

### **BBC NEWS | Technology | Digital plumbers enter the home**

Having built and repaired my own computers for the last 20 years, I obviously have a certain skill that a new user would not have. I am a bit tired, so I will now shut down the primary Vista computer, and I will go to bed soon. CIO

Note: <888> 06/01/08 Sunday 8:55 P.M. <u>Think gas prices are high? Try \$11 in Turkey</u> . CIO

Note: <888> 06/01/08 Sunday 8:40 P.M. I ate a baloney and cheese sandwich with a glass of iced tea and a dill pickle slice and a 1/3rd of a 5.5 ounce tube of Pringle low fat potato chips. Well, it seems to Presidential election might be between someone from where it is hot in Arizona and someone where it is cold in Chicago. Having spend four years at <u>www.lfc.edu</u> just north of Chicago, about the only thing one is happy about in Chicago is if one's car starts in the winter, and that is after you shovel it out of the snow. However, Arizona has its draw backs too, since there are a lot of rattle snakes in Arizona. I guess they are the only two parties besides Walmart that have enough money to try to run for President. Most people in America except the poor people that watch too much television are not interested in Presidential politics. Less that 40% of the voters vote in this country, and less than 40% off the stockholders voted at the Exxon company meeting, so I guess it is what Richard Nixon used to call the "Silent Majority" that still run the country and still have the money to yield quite a bit of influence in our day to day lives. <u>Wal-Mart's real cost of labor | The San Diego Union-Tribune</u>. Well now much else happening around here as far as I can tell. CIO

Note: <888> 06/01/08 Sunday 7:40 P.M. I will put the older 2 gigabyte Crucial Gizmo USB pen drive from the primary Vista computer in the FIC server, and I will put the new 2 gigabyte Crucial Gizmo USB pen drive in the Epox computer. Not much happening around here. Nobody ever communicates with me about computers, so I guess people in Greenwich, Connecticut are only interested in real estate, home improvement and automobiles and wall street. However, with better computers, one can have better communications, but most rich people do not know how to type on the dirty keyboards, so they do not bother with computers, it is something the clerical staff does. Of course by typing, one can input one's own thoughts and ideas versus reading the Hebrew Press in the local media. Of course some rich people never had an original idea, which is why over time, they tend to run out of money, and go back to picking apples are whatever else they did before they made their family fortunes. CIO

Note: <888> 06/01/08 Sunday 6:55 P.M. I sorted out my telephone calling cards. I have two AT&T cards that are new with 50 minutes on each, and one with 49 minutes and one

with 4 minutes for a total of 153 minutes on AT&T calling cards. On <u>www.net2phone.com</u>, I have 81 minutes on my primary account and 13 minutes on a Net2phone card for 94 minutes total on Net2Phone for a total of 247 minutes time on calling card networks available. That is for state to state calls. For the FIC server which does not have a Turbo Boost pen drive, I ordered JDOH2GB-730 - 2GB, USB Flash Drive , USB Flash Drive from Crucial.com for \$12.49, and .99 tax and \$3.99 shipping \$17.47 total. With Vista you can used the Ready Boost Feature, but it only works with certain USB pen drives. I know Ready Boost works with the Crucial Gizmo pen drives, and the size of the pen drive should be the size of the computer system memory or slightly larger. CIO

Note: <888> 06/01/08 Sunday 5:40 P.M. I rested until about 5 A.M.. I woke up during my nap, and I finished eating the 13.5 ounce box of low fat Cheez-Its. There is not much happening around Greenwich, Connecticut, because it is the nature of Greenwich, Connecticut to make something happen, we have to spend money on expensive gasoline fuel. Thus Greenwich, Connecticut after all of these years is finally becoming Greener. On a lesser note <u>www.exxonmobil.com</u> were able to afford to have their annual meeting <u>XOM</u>: <u>Investors: event details</u>. The web link to listen to the three hour meeting is currently busy now. <u>Exxon Annual Meeting: Shareholders Reject Split of CEO, Chairman Roles - Oil and Gas \* Energy \* News \* Story - CNBC.com</u>. It says the <u>http://mikelouisscott.com/rock.htm</u> do not own much stock in Exxon anymore, but they are involved in financial institutions which might have some sort of equity in the Company. I heard on the news this week that truckers pay \$9 a gallon in England, and gasoline costs \$9.50 a gallon in Norway. CIO

Note: <888> 06/01/08 Sunday 11:10 A.M. I used the microwave oven to defrost the 3 pounds of frozen steak stew. I then heated in a separate bowl with microwave cover, one pound of the steak stew on two vegetable cycles. I ate it with a glass of iced tea. I will now shut down the primary Vista computer, and I will take a nap. CIO

Note: <888> 06/01/08 Sunday 9:55 A.M. I mailed the letter in the mail room downstairs. I chatted with some neighbors. I changed the six wall calendars from May 2008 to June 2008. <u>Bruce Museum :</u> and <u>Reclaimed: Paintings from the Collection of Jacques</u> <u>Goudstikker</u>. CIO

Note: <888> 06/01/08 Sunday 9:05 A.M. I woke up at 1:30 A.M.. I ate breakfast of oatmeal with honey and a sliced banana, a toasted bagel with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I put clean linens on my bed. I did two loads of laundry wash and two loads of driers. I showered, and I cleaned up. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I walked by and used the ATM machine at the Chase Bank on Mason Street. I returned two displaced CVS shopping carts to the front of their store. I finished my walk, and I used the bathroom at Starbucks. I then went by the Stop and Shop, and I bought a half gallon of Florida Natural Orange Juice with calcium for \$3, German Wondabar baloney for \$2.79 a pound for \$2.93, four 21 ounce Maria Callendar frozen beef lasagnas for \$2.50 each, a two pack of Stop and Shop blue toilet drop in tables for \$2.69, two 7.5 ounce Care One antibacterial soap dispensers for \$1 each, a two pound bag of baby carrots for \$2.99, fresh

Chiquita bananas for .64 a pound \$2.11, and broccoli crowns for \$1.99 a pound for \$1.89 and .28 tax for \$27.89 total. I then took the bag of four older smaller sweaters out of the back of the Audi, and I threw them in the Drug Prevention Clothes Collection container in the rear parking area of the Stop and Shop. I then used the ATM machine at the Chase Bank at the Stop and Shop plaza. I then returned home, and I brought up my groceries. I put them away. I took the quart container of frozen steak stew out of the freezer to defrost and microwave later for dinner. I printed out two copies of my Microsoft Money 2006 May 2008 income and spending report. I put one copy in a stamped envelope to mail to an interested relative. One has to be sure if one still has 41 cent stamps to add a 2 cent stamp for the current .43 stamp postage for a one ounce first class letter. CIO Note: <888> 07/31/08 Thursday 11:55 P.M. I woke up at 4:30 A.M. today. I went outside for a cigarette and to check the weather. It looked promising. I rested until 6 A.M.. I ate my usual Kennebunkport, Maine breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with butter, coffee with sugar and milk, and a 25% orange juice and 75% cold filtered water. I cleaned up the kitchen. I made a turkey and cheese sandwich to go in a zip lock bag. I showered, and I cleaned up. I took the linens off the bed and the bath towel, and I started a wash cycle with them. I straightened up the bathroom. I packed the car. I said my goodbyes to one of my relatives. I left my relative's house at 7:30 A.M.. I stopped at the Amtrak station in Wells, Maine. I then got on the Maine turnpike south in Wells, and I paid a \$1.75 toll, and on the New Hampshire turnpike I paid a \$1.50 toll. I took a pit stop at the Massachusetts welcome area. I got on I-495 West. I took another pit stop at the Lowell rest area. I got on I-290 West, and then the Massachusetts turnpike west. I stopped at the Charlton rest area. I used the bathroom. I ate my sandwich, and I drank some water from the water fountain. I filled up the tank at the Gulf Oil pumps with \$18 of self service premium at \$4.279 a gallon for 4.286 gallons at 130.1 miles from the Kennebunkport fill up vesterday at odometer reading of 60778 for 30.3547 miles per gallon driving the speed limit of 65 miles per hour or slightly less. I paid a 50 cent toll, when I got off the turnpike, and I got on I-84 West. I took a pit stop at the Connecticut welcome center. I then went west until I-91 South. I got off on the Merritt Parkway or I-15 West. I took a pit stop at the first rest area, and I called my relatives traveling north to Kennebunkport. They were just arriving at my apartment in Greenwich to drop off another family car for another relative. I called them at the next rest area, and they took a pit stop at my apartment without any problems and left the car. I agreed to meet them at the Starbucks by High Ridge Road just south of the Merritt Parkway in Stamford, Connecticut, and I met up with them about a half hour later. They gave my an automobile blue tooth device for the other car they left at my place. I then continued back to Greenwich, and I went to the Chase Bank on Mason Street. I then went to the Greenwich Automotive Services Exxon gasoline station, and I bought \$22 of self service premium \$4.919 a gallon for 4.473 gallons at odometer reading 60909 and 261.4 miles from the fill up in Kennebunkport, Maine and 131.3 miles since the previous fill up for 29.3539 miles per gallon driving with the traffic at the speed limit. I then returned home. My mail for the past two weeks had been delivered in a large box outside my door that my relative placed in the apartment. I brought up the carpets and they fit in just fine in my apartment. I unpacked which took a while. My relative had already started up the air conditioner. I watered the plants. The kitchen faucet is malfunctioning but still works, so I will have to call tomorrow to get if fixed. I sorted out the mail. I threw out some of the junk mail. I got another \$10 survey check. I received a letter from a friend of http://mikelouisscott.com/fred.htm , who implied that Fred was living a reincarnated life from a previous existence. The friend had served in the U.S. Navy as an air traffic controller in Montauk, Long Island. I chatted with a relative and a friend. I was told the Bushs are not throwing a fund raiser at Walker's Point, but they are just having another private family wedding. I chatted with a fellow walker. I was told by my neighbors that a long time neighbor had passed away, which I was sad to hear. I microwaved and ate a 21 ounce Maria Callendar beef lasagna dinner with grated parmesan cheese and a glass of cold filter water. I made up a fresh batch of passion punch. I chatted with a friend for a while. Two friends might be moving in across the street at Putnam Green. I had a

problem getting the server going, since the IP address had changed for some odd reason. I printed out two copies of my Microsoft Money 2006 July 2008 income and spending report. One copy I will mail to an interested relative. I faxed the letter about Fred to a friend. I will now work on posting my pictures from Kennebunkport, Maine

#### Kennebunkport, Maine, Scott's Internet Hotlist

#### http://www.geocities.com/mikelscott/137.htm

## CIO

Note: <888> 07/31/08 Thursday 9:10 P.M. I was back in Greenwich, Connecticut about 2 P.M. this afternoon. More later. CIO

Note: <888> 07/30/08 Wednesday 9:20 P.M.. After the last note, my relative and I ate cheese and dip and crackers with beverages. We went out to dinner at the Wayfarer restaurant in Cape Porpoise. For dinner, I ate roast turkey with dressing, mashed potatoes, green peas, mixed salad with vinaigrette dressing, rolls with butter and ice water. We then returned back to my relative's house. I have my luggage all packed. I will now shut down the IBM Netvista computer, and I will go to bed around 10 P.M., and I will be up around 7 A.M., and I will leave for Greenwich, Connecticut around 9 A.M., and since I stop at every rest area along the way, it will take me 6 to 7 hours, so I figure I should be back around 4 P.M.. I will take a turkey and cheese sandwich with me to eat along the way. I have enjoyed my visit with relatives in Kennebunkport, Maine, and I am suppose to return again later in September 2008. CIO

Note: <888> 07/30/08 Wednesday 5:40 P.M.. After lunch, I went out with my relative. I went with my relative to a medical appointment in Biddeford. Maine. We then went by the Kennebunk, Maine department of motor vehicles, and I got two permanent handicap parking permits for my relative who is eligible. We then went by the Irvine Blue Canoe gasoline station, and we filled up my relative's car. We then went by the Kennebunkport post office. The order for four Maggi seasoning sauce, 6.7 oz bottle, available online from ImportFood.com for \$4.89 each and \$8.55 UPS ground shipping for \$28.11 total arrived. My relative gave me one of the four bottles. I will use it for seasoning on the steamed rice back at home in Greenwich, Connecticut. We then went to my relative's house. I then checked my oil on the Audi, and I filled it up to the full mark on the dip stick with Pennzoil 10W40 oil that I keep in the rear right compartment of the Audi. I then went downtown to Kennebunkport to the Big Apple Mobil station, and I checked my tires all around for 34 PSI. I paid 75 cents to use the air machine. My right front tire was down to 30 PSI before I filled it up to 35 PSI. I put \$17.03 of self service premium at \$4.319 a gallon for 3.9436 gallons for 73.8 miles driving since this past Sunday at odometer reading of 60648 miles for 18.714 miles per gallon driving recently with most of the mileage taking my relative to the Portland, Maine airport and back. I then returned home. CIO

Note: <888> 07/30/08 Wednesday 12:45 P.M.. I woke up at 7 A.M.. I ate my usual breakfast. I watered the plants in front and back. I put water with liquid Schultz plant food

6649

on the hanging baskets in front and on the deck. I did a load of laundry. I showered, and I cleaned up. I took 158 pictures of the outside and the inside of the family house that I posted just for my relatives and a couple of friend to look at. I will eat a crab meat roll with potato chips shortly. I am bringing down tomorrow to Greenwich a carpet runner and a matching piece of carpet that my relative is not using to use at my apartment entrance. It is from the storage room in the basement, and it is the Home Depot carpet runners. CIO

Note: <888> 07/29/08 Tuesday 10:10 P.M.. I will now shut down the IBM Netvista computer, and I will go to bed soon. CIO

Note: <888> 07/29/08 Tuesday 9:45 P.M.. World's Skin Cancer Hot Spots - Forbes.com

I went through my email. I watched some television with my relative.

The new black spot in on my right upper rear should. My relative said I should have it looked at, when I get back. CIO

Note: <888> 07/29/08 Tuesday 7:50 P.M.. I cleaned up the kitchen after dinner.

Note: <888> 07/29/08 Tuesday 6:40 P.M.. I went out with my relative after the last note. We went by the Kennebunkport post office. We went by Bradbury's in Cape Purpose, and we got some Sun Light dishwashing detergent. They have a big white tent up at Walker's Point like they might be having a party soon. My relative said it is suppose to be a fund raiser. We then went by Sanborne's and we got some cracked crab, filet of haddock, and corn on the cob. They also have fresh halibut steaks today. We then returned back to my relative's house. I ate a turkey and cheese sandwich with potato chips and a bit of orange juice with cold fresh filtered water. I put a new Brita water filter in the refrigerator water container today. I used the CD player remote control in the living room to set up the CD player, so it plays continuously. I took a nap. I went with my relative over to the Kennebunk beach for a while. We are going to sit out on the deck and have cheese and crackers with beverages, and for dinner, we are going to have baked haddock filet, with corn on the cob, and steamed fresh asparagus. I will eat my meal with my usual mixture of a little bit of orange juice with cold filtered water. CIO

Note: <888> 07/29/08 Tuesday 12:10 P.M.. For inexpensive emergency lighting, if you order three of these, you get free shipping <u>Amazon.com</u>: <u>Intermatic Three-in-One Emergency</u> Power Failure Light #PR3C: Home Improvement . CIO

Note: <888> 07/29/08 Tuesday 11:25 A.M.. Before going to bed, I ate a bowl of low fat Cheez-its with a 10% orange juice and 90% cold fresh filtered water. I woke up at 8 A.M. this morning. I emptied the two humidifiers downstairs last night before going to bed. I ate my usual breakfast. I cleaned up the kitchen. I brought back the garbage cans and the recycling container from the street to the garage. I checked the gutters above the deck to make sure they are clear of leaves and sticks. We looked for and found the green freshness plastic bags that my relative bought to keep fruit fresh. They sell a box of 10 large and 10 small bags at the Stop and Shop for \$10. My relative gave me two of each. I showered, and I cleaned up. We have Job's plant spikes to put around the plum tree in front, but it says on the box to put them in the late fall or early spring, so I won't put them in now. I cut 15 daisies from the back garden to put on the kitchen counter in a vase with water. We chatted with a relative whom flew home yesterday, and the relative arrived safely, although the luggage was not delivered until this morning. CIO

## Note: <888> 07/28/08 Monday 10:30 P.M.. Bill Gates: Looking Back, Moving Ahead

I will now shut down the IBM Netvista computer, and I will go to bed soon.

## CIO

Note: <888> 07/28/08 Monday 10:10 P.M.. We ate some crab meat with crackers with beverages. For dinner, I had a barbequed hamburger on a bun with ketchup and onion along with three slices of barbequed skirt steak and two ears of corn on the cob and a tossed green salad with vinaigrette dressing along with a glass of cold filtered water with a little bit of orange juice. I cleaned up the kitchen. I watched the television program about the British National Trust Hardwick House. We watched the Larry King interview with <u>www.johnmccain.com</u>. It reminded me I have a new small black spot on my left back shoulder that I have to get checked by the dermatologist when I get back to the Greenwich. I chatted with a relative. Earlier I put out all of the garbage, and the recycle materials on the street. CIO

Note: <888> 07/28/08 Monday 5:40 P.M.. After the last note, I went out with my relative, we went by the Kennebunkport post office, and we then went by the candle store in Kennebunk, and we mailed the old cable box with the prepaid slip back to Time Warner. I then went by the ACE hardware store. They have two small emergency night light type fixtures for \$14.99 each if the power went off a small night light comes on, but my relative does not need them. We then went by the Stop and Shop. The Stop and Shop gives one 5 cents for each plastic bag one reuses. We then returned back to my relative's house. I took a nap from 2:30 P.M. to 4:30 P.M.. We watched some of the high definition television channels. We now get the Food Channel. My relative has arrived at her airport in Texas according to tracking. CIO

Note: <888> 07/28/08 Monday 12:35 P.M.. UPS delivered the Time Warner Digital High Definition Cable box. I hooked it up with the coaxial cable to the Toshiba television in the library, and I called them up to activate it. It works just fine, and the high definition channels now come in on the system. They are in the 700 numbers. I have the old cable box with its power cord and remote control packaged to return at the UPS store. I ate a turkey and cheese sandwich with potato chips and cold filtered watered with a little bit of orange juice. CIO

Note: <888> 07/28/08 Monday 9:55 A.M.. We ate cheese and crackers with beverages after the last note. For dinner, we ate crab meat rolls with corn on the cob and the rest of the zucchini casserole with cold filtered water. I cleaned up the kitchen. We watched the DVD move "Let's Dance", and the electricity went off briefly, and we started the movie where it

cut off. I went to bed about 10:30 P.M.. I was awake at 5:30 A.M.. I ate my usual breakfast. I showered, and I cleaned up. I loaded my relative's luggage into the Audi. We left about 7:15 A.M.. I dropped my relative off at the Portland, Maine Jetport about 8 A.M.. I returned back to my relative's house. I paid 60 cents in tolls each way on I-95 from Biddeford to the Jetport and back. I stopped by Wendy's on the way back in Biddeford to go to the bathroom, but they do not open until 10 A.M., so I had to go in the bushes. I called my relative at her house to see if she needed anything from Wal-Mart, but it was not necessary. I returned back to my relative's about 9 A.M.. I transplanted the yellow lily from the pot in front of the house to the rear railroad tie boxed in garden. I left the plastic terracotta pot and tray underneath the deck for reuse. I started a load of laundry. The other house keeper is here. I emptied the bunk room bathroom garbage can. I swept off the rear deck and its storm debris. UPS might deliver the Digital Cable box from Time Warner today, so if it arrives, I will install it. I have to sign for it, so I should be here this afternoon in case it arrives. I can return the analog box via UPS. I think there is a UPS drop center at the Candle Shop at shopping center near the Blue Canoe Irvine gasoline station in Kennebunk. President Bush www.whitehouse.gov is suppose to visit with his parents in Kennebunkport, Maine from this Thursday through the weekend. According to the local news, the expect antiwar protestors. I am leaving Thursday morning, so I will not be here at the same time. I also put the garbage on the street and the recycle material to be picked up Tuesday morning. CIO

Note: <888> 07/27/08 Sunday 4:50 P.M.. I woke up at 11 A.M. this morning. I ate my usual breakfast. I showered, and I cleaned up. I went out with a relative in my Audi, and we went by the Blue Canoe Irvine gasoline station in Kennebunk, Maine. I bought \$27 of self service premium unleaded gasoline for \$4.099 a gallon for 6.587 gallons for 102.8 miles driving in the Audi since Tuesday July 15 at odometer reading of 60574 miles for 15.607 miles per gallon driving mostly back country roads. Gasoline is down a quarter a gallon this week at the Blue Canoe Irvine gasoline station. We then went by the Wallingford plant nursery in Kennebunk, and my relative bought two pink orange dahlia plants for \$20 each and two 12 inch diameter plastic terracotta color trays for \$4 each for about \$48 total. We then went by the Kennebunk Stop and Shop, and we got some more groceries. We then went by the Sandborns vegetable and seafood market in Kennebunkport, Maine, and we got some picked cracked crab and blue berries. We then returned to my relatives house. We put the two pink orange dahlia plants on either side of front porch entrance. They look quite nice. I ate a turkey and cheese sandwich with potato chips and a glass of 20% orange juice and 80% cold filtered water. I chatted with my relative. I can hear thunder off in the distance to the west. I have to be up at 6 A.M. tomorrow to get one of my relatives to the Portland, Maine jetport by 9 A.M. for a 10:20 A.M. flight. I will drive my relative in the Audi. As my plans stand now, I will return back to Greenwich, Connecticut on Thursday July 31, 2008, and other relatives will be arriving here the same day. Another relative has to pick up another relative's car in Greenwich being left that day for transport back up here. CIO

Note: <888> 07/26/08 Saturday 11:15 P.M.. I rested until 6 P.M.. I sat out on the deck for a while with one of my relatives. I changed my clothes. I went out with one of my relatives, and we drove along the Kennebunkport shore line, and we drove over to the Ramp in Cape Purpose. We had an hour wait for a table, and we waited for two of my relative's friends to

show up. I had dinner of an eight ounce hamburger with French fries, and when I returned home, I ate the other half of my relative's pulled pork sandwich. I tipped the valet parker \$3 for parking my Audi. We returned home about 10:30 P.M., and I will now shut down the IBM Netvista computer, and I will go to bed shortly. CIO

Note: <888> 07/26/08 Saturday 2:50 P.M.. After the last note, I ate a bowl of Cheez-its party mix with a mixture of a little bit of orange juice and water. I woke up at 10 A.M. this morning. I ate my usual breakfast. I cleaned up the kitchen. I fertilized with Miracle Gro fertilizer the plants underneath the kitchen window, the honey suckle in front, and the flowers in the rear planter box. The regular yard person cut the grass, and the regular house keeper were here. I showered, and I cleaned up. We went downtown by the Kennebunkport post office. We then drove west along the Kennebunk beach to the western end, and then we drove along the Kennebunkport coast line as far as Cape Porpoise. We then stopped by Sandborns, and we got some crab meat and fresh Maine blue berries. We then returned to my relative's house. For lunch we had crab meat rolls with potato chips and I also had a cold filtered water with a little bit of orange juice and the last piece of three berry pie. We ate outside on the deck. CIO

Note: <888> 07/25/08 Friday 10:30 P.M.. I ordered four <u>Maggi seasoning sauce, 6.7 oz</u> <u>bottle, available online from ImportFood.com</u> for \$4.89 each and \$8.55 UPS ground shipping for \$28.11 total to be delivered to my relative in Maine. CIO

Note: <888> 07/25/08 Friday 10:05 P.M.. We sat outside on the deck, and we ate cheese and crackers and dip and beverages. We had dinner of baked haddock with zucchini casserole and corn on the cob with cold filtered water. I cleaned up the kitchen. We watched the third DVD of the HBO John Adams series. I will now shut down the IBM Netvista computer, and I will go to bed soon. CIO

Note: <888> 07/25/08 Friday 4:55 P.M.. I cleaned up the dishes in the kitchen. I swept off the rear deck and dumped the water off the side tables. It looks to be a nice evening for some outside deck activity. My relative also when we went out got a piece of fish at the Lobster pool. CIO

Note: <888> 07/25/08 Friday 4:00 P.M.. I ate a bowl of Cheez-its Party mix before going to bed. I woke up at 9:30 A.M.. I ate my usual breakfast. I showered, and I cleaned up. I did a load of laundry, and I also washed and dried my bed's sheets, so the bed has clean linens on it. I clipped the ends off two vases of carnations, and I put fresh water in the vases, so the carnations are still blooming. I cut 14 daisies in back, and I put them in a vase on the island counter in the kitchen. I emptied the two humidifiers downstairs which I do every day while here. I went out with my relatives, and we got groceries at the Stop and Shop in Kennebunk, Maine. I also brought back the bottles and cans for the recycling machines and deposit returns. We then went to the Blue Canoe Irvine gasoline station, and we filled up my relative's car. We then returned home. I ate a turkey and Munster cheese sandwich with potato chips and a 25% orange juice and 75% cold filtered water. My relative is making a zucchini casserole for dinner. I have to clean up the dishes shortly from the preparation. CIO Note: <888> 07/24/08 Thursday 10:10 P.M.. We ate blueberry pancakes with bacon and a piece of three berry pie for dinner with cold filtered water. We cleaned up the kitchen. We then watched the second part of the John Adams DVD series. I will now shut down the IBM Netvista computer, and I will go to bed soon. Have a good night. CIO

Note: <888> 07/24/08 Thursday 6:10 P.M.. This is the manual for the Radio Shack 5-in-one universal remote control in the bunk room

<u>http://support.radioshack.com/support\_video/doc70/70588.pdf</u>. I printed it out, and left it on the Proscan television, but one can not get the channel button to go up and down, but one has to enter each of the lower 12 of 13 channel it get individually. I guess one needs a cable box for it. We ordered a Digitial Cable box for free for the Library Toshiba television, so we can get the upper channels with Timer Warner Cable. Presently with the analog box, we only get 188 and below.

Tornado Watch in this area until 7 P.M.. <u>National Weather Service Watch Warning</u> <u>Advisory Summary</u> .

My relatives are awake, and we are going to have blueberry pancakes for dinner. CIO

Note: <888> 07/24/08 Thursday 3:50 P.M.. Microsoft's Online Chief Signs Off

http://www.forbes.com/2008/07/24/briefing-asia-midday-markets-equitycx\_jb\_0724markets2.html?partner=alerts

CIO

Note: <888> 07/24/08 Thursday 3:25 P.M.. My one relative returned. I went downtown with my other relative, and we went by the Kennebunkport post office. We then went by Port Lobster in the lower village. We then returned home. I barbequed two hotdogs for lunch which I ate with grilled toasted buns and Dijon mustard and onions and potato chips and cold filtered water with a small bit of orange juice. I read part of the New York Times. We had bad weather with a lot of rain and tornado warnings come through the area. We watched the warnings on the local television. The rain for York County where we are is suppose to be over, but the National Weather Service in Gray, Maine <u>National Weather Service Forecast Office - Portland-Gray, Maine</u> issued a warning until 5 P.M. <u>National Weather Service Watch Warning Advisory Summary</u>. I went downstairs with my relatives to the bunk room to ride out the storm until a little while ago. The other relatives are now resting. I cooked a sausage on the grill for another relative which relative ate it with a grilled bun. CIO

Note: <888> 07/24/08 Thursday 11:40 A.M.. After the last note, I ate a bowl of low fat Cheez-its with a mixture of a little bit orange juice and cold filtered water. I woke up at 10 A.M.. I ate my usual breakfast. I cleaned up the kitchen and emptied the dishwasher. I cleaned the pine straw off the driveway with the leaf blower. I showered, and I cleaned up. CIO Note: <888> 07/23/08 Wednesday 10:30 P.M.. I will now shut down the IBM Netvista computer. Its CMOS date is the year 2000, so it is over seven years old, but it works well enough for my needs in Kennebunkport. CIO

Note: <888> 07/23/08 Wednesday 10:20 P.M.. I woke up at 6 P.M. from my nap. Our guests arrived at 6:30 P.M.. We had beverages and dip and crackers. For dinner, we ate cordon bleu chicken, corn on the cob with butter, and tossed salad with dressing, and three berry pie, and a glass of water. I cleaned up the kitchen. Our guest left. I watched a bit of television. I will now go through my email. I changed the CMOS setting on the IBM Netvista computer, so it starts up faster. CIO

Note: <888> 07/23/08 Wednesday 3:25 P.M.. I showered, and I cleaned up. My relatives, and I went out. We went by the Kennebunkport post office. We then went by the Blue Canoe Irvine gasoline station in Kennebunk, and my relative filled up their car. We then drove down I-95 to the New Hampshire liquor store, and my relative got some beverages. One of my relative and I each got a New Hampshire Powerball lottery ticket due to end at midnight this Saturday. We then went to the Kittery Mall. My relatives went to a woman's shop, and I went by the Black and Decker outlet. I bought two microwave covers for \$2.49 each plus tax. Cambridge Sound no long has an outlet. We then stopped by a Farm Stand, and got some corn on the cob in York. We then drove back up I-95 to Kennebunk, and my relative got a homemade three berry pie. We then went back by the Kennebunkport post office. We then returned to my relative's house. I put away the purchases, and I put one of the microwave covers in the rear of the Audi for me to take home. I ate half of a burrito that my relative had bought with an orange juice and water mixture. I will now take a nap. We have guests for dinner at 6:30 P.M.. CIO

Note: <888> 07/23/08 Wednesday 9:45 A.M.. I uninstalled Norton Internet Firewall 2003 on the IBM Netvista, and I am using the XP firewall, so the system runs a little bit faster. CIO

Note: <888> 07/23/08 Wednesday 8:25 A.M.. I also had two ears of corn on the cob with butter with dinner. I watched a DVD with my relative about Cady Stanton and Susan B. Anthony. When I lived at 700 Steamboat Road when I first returned to Greenwich, Connecticut 24 years ago, Cady Stanton's granddaughter Rhoda Jenkins was my landlady. I ate a bowl of low fat Cheez-its. I went to bed about 11 P.M.. I was awake at 7 A.M.. I ate my usual breakfast. The telephone still causes the wireless internet connection on the IBM Netvista to disconnect. I ran ''msconfig'' , and I unchecked all of the startup programs, so Norton Internet Security does not run, and I am using the XP firewall. Thus the IBM Netvista computer is running a bit faster. CIO

Note: <888> 07/22/08 Tuesday 6:55 P.M.. I dropped a relative off at another location.

For dinner, I am going to have two barbequed hamburgers on the grill with buns toasted on the grill with a slice of onion on each with ketchup and potato chips and a glass 25% orange juice and 75% cold filtered water. When my relative gets back later on this evening, we are going to watch the second part of three of the John Quincy Adams DVD series. Unless the weather changes, today is suppose to be the last clear and sunny day until July 31, 2008. CIO

Note: <888> 07/22/08 Tuesday 5:55 P.M.. I ate a bowl of low fat Cheez-its after the last note. I woke up at 10 A.M. this morning. I ate my usual breakfast, and I cleaned up the kitchen. I cut a dozen daisies from the back yard, and I put them in a vase. I showered, and I cleaned up. I went out with my relative. We went by the Kennebunkport drug store downtown, and I bought a pair of ear buds for \$2.99 plus tax for my relative's Amazon book tablet. Thus the IBM Netvista has the Net2Phone headset back on it. We went by the Kennebunk hardware store, and I bought two cartons of Molex mole poison for \$8.99 each plus tax. We went by Keys to the Kitchen, but they do not carry Maggi liquid seasoning. We drove along the Kennebunk beach. We went by the Kennebunkport post office. We then returned to my relative's house. I put about a 1/3rd a cup of the mole poison down each of five wood chuck holes, and I covered them with dirt. I went out with a relative, and we went by Abacus downtown, the Canvas shop and the store next to it. We then stopped by the Lower Village Lobster Pound. I returned my relative home. I then went by the Kennebunkport Library, but one can not send a fax from there. I then went by the Ocean Exposure photography shop, and I sent a fax from there. It is \$2 for the first page, and a dollar for each additional page. They sell one gigabyte Kingston SD memory cards there for \$18 plus tax. I then returned back to my relative's house. I used the power blower, and I cleaned out the garage floor and the driveway. I ate a ham, chicken, and cheese sandwich with potato chips with a small bit of orange juice and cold filtered water. I showed my relative some pictures off the internet. I chatted with a relative about the fact that the internet seems to disconnect when the telephone rings. All I can figure out is possibly the cordless telephone interferes with the wireless internet. CIO

Note: <888> 07/21/08 Monday 10:35 P.M.. I will now shut down the primary IBM Netvista computer, and I will go to bed soon. CIO

Note: <888> 07/21/08 Monday 10:05 P.M.. We watched the A.B.C. evening news. They showed former President Bush with John McCain at Walker's Point this morning. We had dinner of baked breaded haddock, corn on the cob and a tossed green salad, and I also drank a glass of 25% orange juice with 75% cold filtered water. We watched the first of the three DVD movie set on John Quincy Adams the cousin of Sam Adams who makes Bean Town's most popular beer. While I was outside having a cigarette, I checked out the hoot owl sound that my relative had heard. There are three hoot owls lingering in the trees around the house. One in the front yard to the east, one on the side to the south, and one in the rear to the west. We also have four wood chuck holes in the lawn around the house. My relative plans to get something from the hardware store that will gas the wood chucks and hopefully they will depart for another neighborhood. Today at the Kennebunk, Maine Stop and Shop, we also bought a round toilet brush with receptacle for \$6.99 plus tax, and I put it in the downstairs bunkroom bathroom. I folded the laundry, and I put it away. The downstairs guest bedroom now has clean sheets and towels.

Women's field coat 66% off <u>Country Field Jacket: Casual Coats and Jackets at L.L.Bean</u> and possibly still free shipping with coupon code "7479770". CIO

There is hurricane activity on the Texas border with Mexico

## http://geocities.com/mikelscott/weather.htm . CIO

Note: <888> 07/21/08 Monday 6:10 P.M.. www.ctgop.org .

# http://article.nationalreview.com/?q=NWM1ZmQ1NjcxYzE2ZWY2OWZiMmVlMzQ5OD I5ZjUwM2I

## http://www.britannica.com/EBchecked/topic/260825/Ernest-Hemingway CIO

Note: <888> 07/21/08 Monday 5:50 P.M.. I chatted with my relatives. I gave my relative the Net2Phone headset from the IBM Netvista to use with the Amazon book tablet that my relative has to use to listen with headphones. I filled the bird feeder all three stages in the front yard. I spread a 2 pound bag of Scott's patch rapid grow grass seed around various bare spots in the lawn. I will now go through my email. CIO

Note: <888> 07/21/08 Monday 4:00 P.M.. After the last note, I helped my relative bake a meat loaf, and I watched television. I changed my clothes, and we all went out at 5:45 P.M. We picked up a neighbor, and we all went to a nearby Yacht Club for a pot luck supper. I chatted with a few other residents. One resident had attended www.lfc.edu when Richard Widmark taught acting there. I always liked his movie the Bedford Incident. I ate some meat loaf, potato salad, and tomato salad with a glass of ice water. We dropped the neighbor off, and we returned back to my relative's house. We watched a DVD movie "Eastern Promises" about the Russian mafia in London, and it seemed quite violent. I normally do not watch many movies. A relative sent a fax, so the Samsung fax definitely works. I ate a bowl of Cheez-its party mix. I have been occasionally eating oatmeal cookies. I emptied the dish washer. I went to bed about 11 P.M.. I woke up at 7 A.M., and I brought the New York Times into the house. I went back to bed until 9:30 A.M.. I ate my usual breakfast. I cleaned up the kitchen. I went out with my relatives without cleaning up. They were setting up for a http://www.johnmccain.com/appearence at the Kennebunkport Maine Hotel, The Nonantum Resort Hotel, Inn, Resort ME . We went by the Kennebunkport post office. We then went by the Stop and Shop in Kennebunk. We then went by Hanneford's market in Kennebunk. We were looking for Maggi liquid seasoning, but neither store had it. We then went by a nursery, and we got a white floss plant. We then went back by the Kennebunkport post office. When we returned on Ocean Boulevard, the Maine State Police had the road blocked in front of the Nonantum. We detoured around. We went to Chic's lobster pound and got some haddock. We then returned back to my relative's house. I noticed there was a sign that pedestrians could not walk by the Nonantum house, so I was not able to go over there and take pictures. I then planted the white floss plant in the back yard in the garden box. I ate chicken salad for lunch with potato chips and cold water ice water. I put the garbage out on the street for tomorrow's pickup along with the bags of plant trimmings. I showered, and I cleaned up. I chatted with a friend. It is very hot in Sea Island, Georgia and Amelia Island, Georgia. Apparently the Greenwich, Connecticut sidewalk sales were last week. I started a load of laundry. The

IBM Netvista USB mouse seems to have malfunctioned, so I put a spare Dell USB mouse on the IBM Netvista system. CIO

Note: <888> 07/20/08 Sunday 4:00 P.M.. I installed the latest version of <u>www.java.com</u> on the IBM Netvista, and I set Internet Explorer to its defaults, but Yahoo Mail will not work on it, and neither did AOL mail two days ago, so I guess there is not enough memory to run it. The older IBM Netvista only has 256 megs of memory running XP Professional with a 400 MHz processor, so it is limited to what it can do. CIO

Note: <888> 07/20/08 Sunday 3:10 P.M.. I went out with one of my relative's and we went to Cape Purpose. We then went by Bradbury's market and we got a couple of grocery items. We then returned home. CIO

Note: <888> 07/20/08 Sunday 1:35 P.M.. I woke up at 11 A.M. this morning. I ate my usual breakfast. I chatted with relatives, and I watched the British Open golf tournament on television. Downstairs on the IBM Netvista computer, I put in a new black Epson ink cartridge in the Epson Stylus C60 printer, so it now works just fine in black and color, and both ink cartridges are full. I showered, and I cleaned up. I chatted with a friend. There is an article in the Sunday New York Times about the Frick Museum. CIO

Note: <888>07/19/08 Saturday 10:30 P.M.. I slept from 3 P.M. to 5 P.M.. I chatted with relatives. We watched the evening news and ate cheese and crackers. For dinner, I ate two salmon cakes with two ears of corn on the cob with butter and sautéed zucchini and onions and a glass of a small amount of orange juice with cold filtered water. I tied up a plant in the back yard planter box. I read some magazines, and I chatted with relatives. I used <u>Free Fax • Free Internet Faxing</u>, and I sent two free faxes to the Samsung all purpose machine at this location. It seems the best way to do it, is to have the Samsung set on five rings, but the telephone answering machine will pick up after four rings, so one has to turn off the telephone answering machine to receive a fax after five rings. I chatted with my relatives. I will now shut down the IBM Netvista computer, and I will go to bed in a little while. CIO

Note: <888> 07/19/08 Saturday 2:25 P.M.. I hung a new Christmas tree pine scent card on the driver's side rear hook of the Audi. I went downtown with two of my relatives. We went by the Kennebunkport post office. We then drove along west along the Kennebunk beach to the end of it. We then drove back east. We then drove as far north of just south of Kennebunk, and we went to the small General Store on the south side of town, and we bought some Progresso Italian bread crumbs. We then took the back road by the boat builder's school and along the golf course back to my relative's house. I used rose fertilizer to fertilize the two small rose bushes at the southeast corner of the house, and then I watered them. Earlier, I put the new hose shut off valve on the front hose. We had crab meat on hotdog rolls for lunch with potato chips, and I also drank about 1/4th cold orange juice with 3/4th cold filtered water. I used the Black and Deck dust buster to spot clean some small amount of debris on the carpets. We ate our lunch on the deck. I will now go through my email. We have the two air conditioners going in the house, since it is suppose to be hot today. I have been emptying the two dehumidifiers in the two downstairs bedrooms on a daily basis. I will now go through my email. CIO Note: <888> 07/19/08 Saturday 11:20 A.M.. After the last note for lunch, I ate a couple of hotdogs barbequed on the grill along with potato salad and cold filtered water with a little bit of orange juice. I put away the laundry. I went out, and I went by the Blue Canoe Irvine gasoline station in Kennebunk, and I put \$28 of self service premium gasoline in the Audi at \$4.299 for 6.512 gallons at odometer reading of 60471 at 169 miles since the Mass. rest area at 26.8 miles per gallon. I also got the Blue Rhino gas tank for the grill replaced for \$23.09. and I also had the Audi washed for \$7. I checked the oil on the Audi, and I put a half quart of Pennzoil in the Audi to fill it up. I then returned to my relative's house. I installed the new grill gas tank. It started to rain. Later on we all went for a drive by Goose Rocks beach and Biddeford Pool. We stopped by a Gold??? general store and restaurant friends of a relative's manage. We then returned home before it rained more. For dinner we ate baked salmon and corn on the cob with butter. I cleaned up the kitchen. We watched television. I ate a bowl of low fat Cheez-its. I went to bed about 10:30 P.M.. I woke up at 9:30 A.M.. Our guest from Florida had left earlier. I ate my usual breakfast. I used the power blower to clean off the driveway and the front porch and walk. I swept off the rear deck. I transplanted the begonia that we bought on Wednesday at Flaherty's farm outlet in South Portland, Maine, and it is now with the other one on the right side of the garage. I tied it up with stakes. I will now shower and clean up, and I will get ready to go out. CIO

Note: <888> 07/18/08 Friday 12:55 P.M.. I woke up vesterday at 7:30 A.M.. I ate the same breakfast as the last two days. I showered, and I cleaned up. I went downtown with my relative, and I took pictures while my relative did an errand. I walked over to the Keys to the Kitchen, I bought a my relative a silicone splatter guard 10.5 inches in diameter for \$15.23. It is used in the microwave oven on a bowl to cook oatmeal. We then drove up to the South Portland, Maine Volkswagen, and we returned the rental car, and we picked up my relative's Passat. There was no charge for the recall work. We then went to Wendy's at the Maine Mall, and I ate a double cheeseburger, with French fries and small iced tea. We then picked my other relative up at the Portland, Maine airport. We then went by www.samsclub.com and we bought some groceries. We then returned back to my relative's house and the other guest from Florida had arrived. We unloaded the groceries. I set up the outside deck for dinner. We all had cheese and crackers and beverages on the deck. We had dinner of a roasted chicken, spare ribs, and salad. We watched part of movie about Katie Stanton and Susan B. Anthony. I went to bed about 11 P.M.. I was up at 10:30 A.M. this morning. I ate the same breakfast. My relatives and guest went out. I uploaded the recent pictures. I showered, and I cleaned up. I chatted with two relatives. I am doing a load of laundry. CIO

\*\*\*\*Note: <888> 07/18/08 Friday 12:45 P.M...

Note: <888> 07/16/08 Wednesday 11:15 P.M.. I chatted with my relative for a while. Apparently the New York Times Editorial section in today's paper covered this story <u>Tesei</u> orders Wiffle ball field shut down - Greenwich Time.

Alaska Volcano Observatory - Okmok - Eruption Page

## GOP.com

# <u>Defense Department procures supercomputer for Naval Oceanographic Office Major</u> <u>Shared Resource Center</u>

## IBM TV

I received email from a relative, but the IBM Netvista system using my "mail.optonline.net" server does not let me send out outgoing email, so possibly I could use <u>www.hotmail.com</u>.

I will now shut down the IBM Netvista, and I will go to bed soon. CIO

Note: <888> 07/16/08 Wednesday 9:35 P.M. I woke up at 7 A.M. this morning. I ate the same breakfast as yesterday. I made my bed, and I showered, and I cleaned up. At 9 A.M. I drove up with my relative to the Volkswagen dealership in South Portland, Maine, and my relative is having their car serviced. They gave up a loaner Toyota Celica, which we will return to tomorrow, when we pick up the car, and pick up another relative at the Portland airport. We then went to Marshall's department store. I toured the Tuesday's outlet store while waiting. I chatted with a retired www.navy.mil pilot. I then went with my relative, and we went to Uno's for lunch. I ate a deep dish vegetarian pizza with a tossed salad with blue cheese dressing and a glass of water. We then stopped by a medical office, so my relative can get the form filled out right for a handicap parking permit. We then returned to my relative's house, and I took a nap until 4:30 P.M.. We then went by the Kennebunkport post office. We drove along the Kennebunkport waterfront and looked at another former neighborhood. We then returned back to my relative's house. I watered the plants in the front and the rear of the house. I sat out on the deck with my relative, and we enjoyed the sunset eating cheese and crackers with a beverage of cold filtered water and orange juice. I then barbequed on the outside gas grill a steak and a hamburger. I ate the steak with a tossed green salad and potato salad. I cleaned up the kitchen. We have to pick up my other relative tomorrow afternoon at the Portland airport. I chatted with that relative once today. We have another house guest tomorrow from Palm Beach, Florida. I chatted with a fellow walker from Greenwich, Connecticut. CIO

Note: <888> 07/15/08 Tuesday 11:00 P.M.. I chatted with my relative. I drove my relative over to the Wayfarer restaurant in Cape Purpose, Maine, and then I took pictures of Walker's Point, St. Anne's, and the Colony Beach. I chatted with someone from Lake, Florida. I then returned to my relative's house, and I made a chef's salad out of spinach, cold sliced turkey, sliced English cucumber, cherry tomatoes, quarter sliced lengthwise baby carrots, chopped onion, avocado dip, and feta cheese with some sort of Asian type dressing. My relative arrived home. I chatted with other relatives. I ate the chef's salad with a glass of cold filtered water. I uploaded the pictures. I chatted with my relative and another relative.

#### Dow Slips Below 11,000 - Forbes.com

I will now shut down the IBM Netvista computer, and I will go to bed soon. I have to be up at 7 A.M., so my relative can take her Volkswagon Passat to be service at 10 A.M. tomorrow. CIO

Note: <888> 07/15/08 Tuesday 10:45 P.M.. I took some pictures around the waterfront in Kennebunkport, Maine, then I posted them at <u>www.kodakgallery.com</u> for relatives to look at. CIO

Note: <888> 07/15/08 Tuesday 5:45 P.M.. <u>KeepMedicareFair.org: Tell Congress to keep</u> <u>medicare premiums fair:</u> . It is very nice weather up here in Kennebunkport, Mane this week, if you enjoy the ocean, sun, sand, and surf, and it does not seem very busy. Alas, since I have been in the sun so much of my life in my younger years, I was advised by my dermatologist ten years ago, I should not go out in the sun until after 3 P.M. in the afternoon, so my beach days anymore are limited. CIO

Note: <888> 07/15/08 Tuesday 5:00 P.M.. I woke up around midnight, and I ate a bowl low fat Cheez-its. I finally woke up at 8 A.M. this morning. I had breakfast of oatmeal with milk, honey and a sliced banana, a toasted English muffin with butter, orange juice with vitamins and supplements, and coffee with splenda and milk. I pruned the azaela and the rhodadendrun on the north side of the driveway. I brought in the garbage cans. The pruned matterial needs to be put out next Monday night on the street. I put the light bulbs on the shelf in the basement. I chatted with a relative. The wireless internet Linksys base is in the bunk room in the basement, so the whole house pretty much has wireless. I watered the plants on the deck, and I rolled up the hose on the deck. We still have not received a test fax incoming. I set the Samsung fax to five rings, so we can get an incoming fax after the three rings of the answering machine and two more. I read an articles in the New York Times about Lyme disease. I showered, and I cleaned up. I folded the beach towels in the dryer, and I put them on the end of the center bed in the bunk room. We had lunch of quiche and cold filtered water. We went out, and we went by the Kennebunkport, Maine post office. We then went over to Kennebunk, Maine. I spent about two hours sitting in the Maine Department of Motor Vehicles waiting to get a handicap automobile parking card for my relative. When my time came up, I had to go back out to the car to have the relative sign the form, and then it turned out the doctor's form was not valid, since the doctor had not checked the box for temporary or permanent. They issued my relative a 30 day temporary handicap parking card that expires on August 15, 2008 to use until my relative can get the doctor to fill out the handicap parking form correctly. We then went by the Rite-Aid drug store, and my relative made some puchases. I have to fill out an online rebate form for an \$8 rebate on an item. The Irvine gasoline station is remodeling and closed in Kennbunk, so their car wash is also closed. We then drove along the Kennebunk beach, and then returned back to my relative's house. I put away the purchases. CIO

Note: <888> 07/14/08 Monday 10:30 P.M.. Earlier I put the garbage on the street for Tuesday pickup. I said good night to my relative, and I will now go to bed shortly. I will now shut down the IBM Netvista. CIO

Note: <888> 07/14/08 Monday 9:55 P.M. I woke up at 8 A.M. this morning. I ate breakfast of oatmeal with honey and a sliced banana and a glass of orange juice with vitamins and supplements and a toasted English muffin with butter and a cup of coffee with splenda and milk. I washed the breakfast dishes, and I made my bed. I watered the plants. I made two baloney and cheese sandwiches. I emptied out the produce from the refrigerator, and I threw it away along with the garbage. I showered, and I cleaned up. I turned off the air conditioner and the tower fans. I packed the Audi. I turned off the toilet. I chatted with a relative. I chatted with neighbors. I left my apartment building about 10:30 A.M.. I drove up North Street to the Merritt Parkway, and I headed East. I took a pit stop at the Orange Rest area. I got on I-91 North, and I took another pit stop at the first rest area. I got on I-84 East, and I took a pit stop in Vernon at the rest area. I got on the Massachussetts turnpike, and I took a pit stop at the Charlton, Mass. rest area. I ate a baloney and cheese sandwich. I filled up the Audi at the Gulf station there with \$20.50 of self service premium at \$4.389 a gallon for 4.671 gallons at 131.3 miles since the previous fill up before leaving at odometer 60301 for 28.11 miles per gallon with the air conditioner going driving with the average traffic speed which since it was not too busy which was the speed limit. I got off at I-290 North, and I paid a .50 toll. I got on I-495 East, and I took a pit stop at the Lowell rest area. http://www.lowellfolkfestival.org/. I then got on I-95 North, and I took a pit stop at the New Hampshire rest area, and I ate a baloney and cheese sandwich. I paid a \$1.50 toll on the New Hampshire turnpike and a \$1.75 toll on the Maine turnpike. I got off at the Wells, Maine exit, and I took a pit stop at the Amtrak train station. I arrived at my relative's house in Kennebunkport, Maine about 5:20 P.M. for 261 miles driving door to door. I unloaded car. I put the brown runner rug in the basement running out from the bunk room. I put the Samsung all purpose fax, copier, laser printer in the library where the broken Lexmark fax had been. I set it up later in the day. I watched some news and ate avacado dip and wheat thin crackers with my relative. We had sliced roasted turkey for dinner with flavored rice and sauteed zuchinni and onions and a glass of cold filtered water. Earlier I unpacked. I put most the spare light bulbs in the far corner in the garage with some in the house utility closet. I watered the plants outside front and rear except the deck which did not need it. I left the Samsung unit turned on, since it has a power saving feature, but currently AT&T long distance service is not activated, but the local phone service works. My relative gave me a nice striped Polo short sleeve shirt and another pair of Ralph Lauren polo waist 42 inches shorts. I forgot to bring a tooth brush, but my relative has a new one to spare. It is the same old internet setup with the IBM Netvista. The new U.S.A flag looks great on the flag pole. My relative had trees and brush removed from the north side of the house this spring. Overall from what I can see, the house looks just great. CIO

Note: <888> 07/13/08 Sunday 10:10 P.M. I watched first of the three parts series of the <u>National Geographic Channel - Animals, Science, Exploration Television Shows</u> on the "Earth". Its primary focus was on volcanoes. Alas I forgot to record it, but it is available for sale on July 26, 2008 <u>HD Video On Demand High Definition TV Schedule - National Geographic Channel</u>. I will now shut down the primary Vista computer and the server until I return from Kennebunkport, Maine around July 31, 2008. CIO Note: <888> 07/13/08 Sunday 8:35 P.M. After dinner, I chatted with a relative and a friend. I guess the good old days down south, when people would hang out around the General Store at night at the Coca Cola cooler are now gone forever. CIO

Note: <888> 07/13/08 Sunday 5:50 P.M. I will now cook and reheat the same dinner as last night. CIO

Note: <888> 07/13/08 Sunday 5:35 P.M. <u>Alaska Volcano Observatory - Okmok - Eruption</u> <u>Page</u> CIO

Note: <888> 07/13/08 Sunday 5:25 P.M. I had a telephone call from a friend this morning and a relative. I woke up at noon. I ate breakfast of oatmeal with honey and a sliced banana, a English muffin with butter, orange juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed. I threw out the garbage. I walked around the building. I packed for my trip up to Kennebunkport, Maine. I have a short list of things to do before I leave tomorrow. I chatted with a relative. I went outside, and I chatted with a neighbor. I walked around the building. I emptied the paper shredder and threw out the shredded paper. I lubricated the paper shredder. I will pack the Audi tomorrow morning, when I am ready to leave. I plan to go to bed around 10 P.M. tonight and be up at 6 A.M. to be ready to leave. CIO

Note: <888> 07/13/08 Sunday 2:40 A.M. I will now shut down the primary Vista computer, and I will go to bed soon. I will get up earlier to be back on a day schedule, so when I travel this Monday. CIO

Note: <888> 07/13/08 Sunday 1:55 A.M. I put away the laundry. I ate a bowl of low fat Cheez-its. I watched part of Henry V. CIO

End of Scott's Notes week of 07/13/08:

# Note: <888> 07/13/08 Sunday 12:30 A.M. <u>Former White House spokesman Tony Snow</u> <u>dies - CNN.com</u>

#### Michael DeBakey, pioneer of heart procedures, dead at 99 - CNN.com

I have 30 minutes to go on the dry cycle. There is no point bottom fishing on the internet, since I will not be here as of Monday to receive packages.

#### Kennebunkport, Maine

I am suppose to be there until the end of the month. They're calling for scattered thunderstorms on Monday between Greenwich and Kennebunkport, so I guess I will be driving in the rain part of the time. I will now send out my weekly notes. CIO

Note: <888> 07/12/08 Saturday 11:55 P.M. I have 5 minutes to go on the wash cycle. I threw out some garbage. I put clean linens on the bed. CIO

Note: <888> 07/12/08 Saturday 11:05 P.M. I woke up at 10 A.M. today. I ate breakfast of oatmeal with honey and a sliced banana, a sandwich English muffin with butter, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I went out, and I went by the Valley Road Post Office, and I put a freeze on my mail until I return. I returned home. I went back to bed until 2 P.M.. I made my bed. I moved the Walgreen's LCD telephone from the wicker rack in the bedroom, so it is a Verizon telephone by the Optimum to the left of primary Vista computer. I have it connected to the Samsung all purpose telephone wire. Currently I have the switch setup set to Verizon, but to send or receive a fax with the Brother all purpose machine one has to change the switches by the Brother machine. I moved the white wicker rack from the bedroom mahogany bureau to on top of the small white bookcase at the bedroom entrance. I moved the black plastic paper file shelves from that location to the mahogany bureau. Now the bedroom door opens almost all of the way. I went outside, and I threw out garbage. I picked up my mail. I watched part of the movie Gandhi. For dinner, I sautéed two boneless center cut pork medallions in olive oil and butter with ground black pepper seasoning, Italian seasoning, and garlic powder with a chopped onion and a few cloves of minced garlic and towards then end I added Lea and Perrins Worcestershire sauce and soy sauce. I also steamed a cup of baby carrots and broccoli crowns which I had with butter, and I also made up a batch of flavored rice half of which I ate and the other half I refrigerated. I ate it all with a glass of cold filtered water. I rested from about 6:30 P.M. to 10 P.M.. I watched part of the movie Nixon. I will now do one load of laundry and dry cycle. CIO

Note: <888> 07/12/08 Saturday 1:40 A.M. I ate a bowl of low fat Cheez-its. I watched part of a television program that I had seen before about meteorites. I am a bit tired, so I will now shut down the primary Vista computer, and I will go to bed soon. Not much seems to be happening on the internet since Bill Gates retired. I guess a lot of other people are on vacation this time of year, and they might not have access to the internet. Of course about the most exciting thing that starts happening this time of year down south on the internet is:

#### http://mikelouiscott.com/weather.htm

#### http://geocities.com/mikelscott/weather.htm .

I suppose I would search out other subject matter, but with the recent downturn in the U.S. economy, I suppose the internet activity has been downsized too. In other words, they do not print as much news about failing business activity compared to when business is doing better. I suppose the Middle East still has a bit of money with their oil revenues, but their representatives generally do not travel this far north, although this time of year, it is almost warm enough around here for them to feel comfortable, like the Greenwich Oasis. Of course there are a lot of places further south of here trying to get their money along with Europe and the rest of the world, and they certainly are probably not needing to buy any heavy items from elsewhere here to take back with them. I suppose with the overall picture of not much going on, it might remain that way for a while, but basically Greenwich, Connecticut is a family town, so not much ever really happens here anyway besides raising

youngsters, which tends to keep the rest of the town busy for a quite a bit of time. Once it gets colder in the north country, people tend to start to become more mentally active. I guess the warmer weather slows down their thinking processes. Well time to shut down the primary Vista computer, and I will go to bed soon. CIO

Note: <888> 07/11/08 Friday 11:10 P.M. John McCain 2008 - John McCain for President Economic Plan

**General Electric Flat Lines - Forbes.com** 

KeepMedicareFair.org: Tell Congress to keep medicare premiums fair:

BBC NEWS | Technology | Hydrogen refuel station unveiled

See where <u>www.georgebush.com</u> takes you to <u>Republican • National • Committee</u>. I always vote republican, because I know the Chicago, Illinois democrat machine types have robbed the country blind for over a hundred years, and they basically seem use to getting their way all of the time. CIO

Note: <888> 07/11/08 Friday 10:45 P.M. I turned off the Honeywell Hepa air purifier. I threw out the garbage. I closed the downstairs center stairway fire door. Someone keeps disconnecting the closing mechanism. I will now go through my email. CIO

Note: <888> 07/11/08 Friday 9:35 P.M. I went out after the last note. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I chatted with some locals. I stopped by CVS, and I bought a 4.5 ounce jar of CVS Gold Emblem powdered chicken bouillon for .99. I completed my walk, and I sat out briefly. I then went by the Greenwich Automotive Services Exxon station, and I bought \$14 of self service premium gasoline for \$5.019 a gallon for 2.789 gallons for 33.3 miles driving since a week ago this past Saturday at odometer reading of 60170 miles for 11.93976 miles per gallon driving in local traffic with the air conditioner going. I checked my tires for 34 PSI, and I checked the oil. I then went by the Stop and Shop, and I bought a six pack of Thomas' whole grain English muffins for \$2.50, three 13.5 ounce reduced fat Cheez-its for \$2.50 each, two 13 ounce Cheez-its party mix for \$2.50 each, and two 14 ounce reduced fat Wheat Thins for \$3.99 each box, a filet of boneless salmon for \$5.99 a pound for \$5.39, and a four pack of boneless center cut pork chops for \$3.59 a pound for \$5.51 for \$33.88 total. I will take the crackers to Kennebunkport, Maine to snack on, so I will not include them in my http://mikelouisscott.com/inventory.htm . I then returned home. I brought up my purchases, and I put them away. I chatted with a relative. I will now put the filet of salmon in a Pyrex pie dish with a quarter cup of lemon juice and sprinkled dried dill on it, and I will bake it in the Farberware convection oven at 325 degrees Fahrenheit for 20 minutes. I will eat it with the reheated rice from last night and a cup of steamed broccoli crowns and baby carrots with butter and a glass of cold filtered water. CIO

Note: <888> 07/11/08 Friday 5:45 P.M. I will not be renewing my General Electric air conditioning maintenance contract which expires September 12, 2008 on the General

Electric Profile 15,500 BTU air conditioner with remote control, since Partridge and Rockwell which sold me the unit for \$600 about eight years ago told me they can condemn the unit if it fails and not fix it even if I have the service contract. It would be cheaper in the long run to buy a new cheaper unit, since they are now cheaper, but for now and it seems for the indefinite future the unit is running just fine. I will now shut down the primary Vista computer, and I will shower and clean up, and I will go out. I will turn on the Honeywell Hepa air purifier, since it might make the apartment smell better. CIO

Note: <888> 07/11/08 Friday 5:20 P.M. I went to bed after the last note, but I got up again about 2 A.M.. I moved the Jim Dine poster to the upper side of the outside of the bedroom door. I move the mirror from that location to the upper inside of the apartment door, since it is not as heavy as the round mirror that was there. I then moved the heavy round mirror from the inside of the apartment door to in front of the electrical circuit breaker box in the living room. I used one of the steal hooks from the pot hanging rack in the kitchen, and I hung it off the electrical box face plate with the round mirror hanging from it, so it more secure than just using 80 pound OOK hooks. I move the small picture of Prince Wilhelm of the Netherlands and Princess Maxima to above the round mirror, and I hung the three instrument weather station to the right of the sweater closet a bit lower. I went to bed at 4 A.M.. I woke up at 2 P.M.. I ate breakfast of oatmeal with honey and a sliced banana, a sandwich English muffin with butter, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed. I had a second telephone call this week from a young French fellow in Manhattan, Welcome to Limoges.com! and ROCHARD LIMOGES **BOXES #1 WEBSITE Authentic ARTORIA French Limoge Porcelain Figurines France** Trinket Boxes is going to have by invitation only a presentation at the Greenwich **Connecticut Hotels & Stamford CT Room Reservations - Hyatt Regency Greenwich on** Monday July 28, 2008. Unfortunately I will be away in Kennebunkport, Maine then, so I will be unable to attend. I threw out the garbage and the old periodical literature. I chatted with some neighbors. I picked up my mail. I watered the plants. I might go out later this evening when it is cooler, but I have not yet made up my mind yet. CIO

Note: <888> 07/11/08 Friday 1:20 A.M. Well it was interesting program on the QM2, but I did not watch the following program on the Ronald Regan aircraft carrier, because I am suppose to stay focused. I will now shut down the primary Vista computer, and I will go to bed soon. Remember, the four primary directives that I have from the senior British person I have met is, "Keeping Doing What You Are Doing,"; "You Are Not Suppose To Know What Goes On"; "Get a Hair Cut"; and "Stay Focused". Well anyway the apartment seems to be a bit more ship shape. Bon Soir. CIO

Note: <888>07/10/08 Thursday 11:55 P.M. At midnight on channel 726 "Man Made" is an hour program about how they built the Queen Mary II <u>QM2</u>. I personally think that one should not go further out on the water than one can swim back, so more than likely I will never sail on it. CIO

Note: <888> 07/10/08 Thursday 11:35 P.M. I threw out the cigarette shipping box in the dumpster. I put a 500 sheet package of paper by the Samsung unit to take up to Maine.

They calling for scattered thunderstorms this Monday July 14, when I am suppose to drive up to Kennebunkport, Maine, so I will have to see how that might effect my travel plans. CIO

Note: <888> 07/10/08 Thursday 11:10 P.M. I dug out the CD with the drivers for the Samsung all purpose machine. I then disconnected the Samsung machine from its power, telephone line, and USB cable, and I put it on the floor in front of the Mongoose mountain bike. I put its power cord and manual and CD on top of it. I then moved the Brother all purpose machine to on top of the printer stand that the Samsung machine was sitting on. I now have more room on the oak dining table, so I move the HP photo printer to where the Brother was sitting from the other spot on the dining table, and since it has a lower profile it fits in better. I then put a third duck place mat on the dining table to the left of the existing two, and I put a third chair at the table in front of it. I took the large green wooden chair from the dining table, and I put it back at the bedroom desk, and I moved the matching chair from the desk back at the dining table. I move the brass hat rack from the left of the kitchen entrance to in front of the sweater closet for the summer. It will probably have to go elsewhere, once I need to get at sweaters regularly in colder weather. I stored the box of plastic storage containers away from the left kitchen entrance. There is now more room to get into the kitchen even with the third chair by the kitchen entrance. I moved the bric a brac around the dining table. It all seems a bit neater to me and more roomy, but I am generally to close to the overall environment to be objective. By Pied A Terre places, it is a nice apartment, but I suppose by McMansion perspective, it seems a bit cramped. Of course it is cheaper to heat in the winter and cool in the summer. CIO

Note: <888> 07/10/08 Thursday 9:35 P.M. <u>Stingiest Sippers: The 10 Most Fuel-Efficient</u> <u>Vehicles in the U.S. - MSN Autos</u>

Why public toilets should pay you. - By William Saletan - Slate Magazine

LIPTON White Tea - White Tea & Health - antioxidants, your health and youth

# BBC NEWS | Science/Nature | 'Alarming' plight of coral reefs

#### BBC NEWS | Technology | Net address fix foxes web users CIO

Note: <888> 07/10/08 Thursday 7:35 P.M. I woke up at noon. I ate breakfast of oatmeal with honey and a sliced banana, a sandwich English muffin with butter, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up. I threw out some garbage. I chatted with some neighbors. I went out to my usual 3 P.M. Thursday appointment. I then returned home. My order from

<u>www.ordersmokesdirect.com</u> for six cartons of King Mountain Ultra Lights Kings in a box had arrived. I also picked up my mail. I then went by the Chase Bank on Mason Street. I then went downtown, and I walked then entire length of Greenwich Avenue and the train station area. I sat out at various locations. I stopped by the Greenwich Hardware store, and I bought three double D cell flash light bulbs for \$1.25 each and .23 tax for \$3.98 total. I then went by CVS, and I bought buy one get one free of 60 capsule MSM 1000 mg. for \$6.79 both jars. I then completed my walk. I used the bathroom at the Senior and the Arts center. I returned home. I chatted with neighbors. I chatted with a relative. I took the brown runner rug, and I put it in the trunk of the Audi to take up to Maine to use in the basement. I then tried one of the new flash light bulbs, but the Lou Scott Ray-O-Vic flash light still does not work. I tried tinkering with it, but I still can not get it to work. It is not a very complicated mechanism, so I can not figure out what the problem is. I left the spare three double D flash light bulbs in a small brown bag on the battery shelf of the sideboard in the bedroom. I will now eat the same meal as last night. While I was downtown, I saw a GMC wagon with two mountain bikes on the rear and three on the roof with Washington D.C. license plates, so I guess it a sign of the times. CIO

Note: <888> 07/09/08 Wednesday 11:25 P.M. I watched a program about Henry Morgan and the pirates of Port Royal, Jamaica. I then watched part of a program about Portland, Oregon and the tunnels underneath it along the waterfront, where they would shanghai sailors, and apparently they would also eat the sailors when they were short of food at sea. I know there are underground tunnels around the waterfront in Manhattan in the area of the meat markets along the waterfront, so if one happens to venture into Manhattan, one should make sure one does not get eaten. I am a bit tired, so I will now shut down the primary Vista computer, and I will go to bed soon. I might watch a little bit more television or just go to bed. CIO

Note: <888> 07/09/08 Wednesday 9:55 P.M. I installed a few Vista updates that would install. I am watching a program about New Brunswick in the winter. It looks a bit cold up there in the winter. However it is south of England, so I suppose England is even worse.

Note: <888> 07/09/08 Wednesday 8:35 P.M. <u>Global Volcanism Program | Volcanic Activity</u> <u>Reports | SI / USGS Weekly Volcanic Activity Report |</u>

#### BBC NEWS | Science/Nature | Pre-quake changes seen in rocks

#### BBC NEWS | Technology | Fix found for net security flaw CIO

Note: <888> 07/09/08 Wednesday 7:25 P.M. I chatted with my relative whom had visited my apartment a week ago Saturday, and the relative suggested that I take up the brown broadloom carpet that ran from the apartment entrance to the hallway which was about three feet wide and 24 feet long and bound around its edges. I thought that was a good idea, so I took up the brown runner, and I rolled it up, and I held it together with duct tape, and I stored it away. On the light blue wool wall to wall carpet underneath, I unfolded the corner by the doorway, which I had folded under to provide door clearance with the brown runner, and then I vacuumed it and most of the rest of the carpet. With the light blue wool near wall to wall carpet, it works much better, and one does not risk tripping at the apartment entrance. I still have the three larger area rugs down in the living room and the two smaller area rugs at the kitchen entrance. I will check with my relative in Maine to see if they can use the brown runner in the garage in Maine or the

basement. I went outside, and I walked around the building. I said hello to some neighbors. I will now reheat the remaining seasoned rice from last night, and I will eat three half inch thick slices of cold eye round of beef with Lea and Perrins Worcestershire sauce, and I will microwave in .75 inch of water in a microwave proof plastic pot with lid a cup of baby carrots and broccoli crowns on the microwave vegetable cycle which after I drain them I will put in a bowl with some butter. I will eat it all with a glass of cold filtered water. CIO

Note: <888> 07/09/08 Wednesday 5:40 P.M. I watched part of the "Tea House of the August Moon" on television. I cleaned out the extra stuff from the tool and parts area of the floor level of the sweater closet in the hallway. I put the extra coaxial cables with the other ones underneath the near corner of the bed. I threw out some unneeded parts and packaging. I also threw out an old cable box, a stereo decoder, and a wicker basket. Thus the hallway sweater closet door opens easily now. I also tightened the knob on the right bedroom closet door. I chatted with a neighbor. The neighbor told me the Greenwich RTM had only funded \$90,000 for the double pane replacement windows in this building, and from what I know about modern construction costs, it would cost considerably more. The neighbor conjectured that they might now be doing it this year anyway. In replacing them I will have to remove the curtains and the curtain rods from the four windows. Since I put the curtain rods up 19 years ago, I might not be in as good of shape to remove them as 19 years ago, when I installed them. I have replaced the curtains twice in that period, so the curtains are relatively new, and I recall washing them about two or three years ago. I also would have to move the computer server setup and the desk it sits on, the Scott family sofa, and the large heavy 27 inch Sony CRT television, and the cabinet it sit on. I would also have to move the bric a brac on the window shelf, and the heavy General Electric Profile 15,500 BTU air conditioner. The air conditioner slides out of its cabinet housing by removing a screw on the lower inside side of the unit, and then one has to unscrew and disassemble the support struts for the outside housing. In the bedroom, I would have to remove the items from the window shelf and the bookcase that sit on the mahogany bureau by the window, but possibly not the mahogany bureau which would be difficult. Also the bedroom curtains and curtain rods would have to be removed. CIO

Note: <888> 07/09/08 Wednesday 3:35 P.M. I woke up during the night, and I ate a bowl of low fat Cheez-its and a 50% to 50% mixture of passion punch and seltzer water. I woke up again around 8 A.M., and I drank some of the same mixture of passion punch. I finally woke up at noon. I ate breakfast of oatmeal with honey and a sliced banana, a sandwich English muffin with butter, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed. I chatted with one relative twice and another relative once. I threw out the garbage, and I chatted with neighbors. I picked up my mail. I noticed last Monday evening at 8:30 P.M. when I was out, it looked like somebody from the Middle East has returned here to their summer home. I saw a motorcade of three long white stretch five or six doors to the side GMC limousines and a long white stretch Lincoln Continental limousine traveling down Greenwich Avenue. If it was anyone I know they did not stop to say hello. Maybe it is a cheaper way to travel than <u>www.netjets.com</u>. I used to see about four hundred limousines parked outside of Chippendales in Manhattan, so maybe it was some rich old ladies going into Manhattan to have some fun. CIO

Note: <888> 07/08/08 Tuesday 10:30 P.M. I ate a bowl of low fat Cheez-its. I chatted with a relative. I watched a bit of television. I watched some more television. I will now shut down the primary Vista computer, and I will go to bed soon. Have a good night. CIO

Note: <888> 07/08/08 Tuesday 7:55 P.M. I took the 1.75 pound eye round of top round of beef cab roast, and I put it on a baking rack in a baking pan, and I seasoned it with ground black pepper, garlic powder, and Italian seasoning generously. I then covered it with A-1 Steakhouse Bull's Eye Barbeque sauce. I baked it in the convection over at 325 degrees for 24 minutes. I made up a batch of flavored rice, and I steamed a cup of baby carrots and broccoli crowns. I cut off three 7/16th inch thick slices of the hot beef, and I put them on the dinner plate with the beef juices. I put the rest of the beef in a Rubbermaid container, and I refrigerated it. I put half the flavored rice with on the dinner plate, and I refrigerated in the other half in a Rubbermaid container. I put the steamed vegetables in bowl with some butter on them. I ate the dinner with a glass of cold filtered water. CIO

Note: <888> 07/08/08 Tuesday 6:20 P.M. <u>BBC NEWS | Science/Nature | Nasa reveals final shuttle dates</u>

# BBC NEWS | Asia-Pacific | G8 urged to do more for climate CIO

Note: <888> 07/08/08 Tuesday 5:20 P.M. I woke up at 12:15 P.M.. I ate breakfast of oatmeal with honey and a sliced banana, a sandwich English muffin with butter, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up. I threw out the garbage. I went to my 3 P.M. appointment. While waiting for my 3 P.M. appointment, I read the article about the Forbidden Palace in China in the Smithsonian magazine. I next went by the Greenwich Hospital Thrift Shop, and I donated two bags old throw pillows. I then went by CVS, and I picked up a prescription. I then went by the Greenwich Library, and I returned the book on computer hacking. I then returned home. I will now go through my boring email. CIO

Note: <888> 07/08/08 Tuesday 1:40 A.M. I will now shut down the primary Vista computer, and I will go to bed soon. I have a 3 P.M. appointment today. I will eat another bowl of low fat Cheez-its. CIO

Note: <888> 07/08/08 Tuesday 1:20 A.M. <u>Toronto Ontario Travel Information - Find</u> <u>Flights, Hotels, Shopping and Events in Toronto Ontario</u>

SwissEduc: Stromboli Online - Stromboli photos

Visit Scotland

**BBC NEWS | Business | Climate focus for G8 summit talks** 

# BBC NEWS | Science/Nature | Dual payload launched by Ariane

# BBC NEWS | Science/Nature | The musical toilet from Japan CIO

Note: <888> 07/08/08 Tuesday 12:25 A.M. They have some sort of Shakespeare Festival going on in Baldwin Park this week. The Queen Mary II <u>QM2 - Itinerary - 2008</u> is suppose to be back in Manhattan today, if you need to catch a lift to England, and it will be returning on July 22, 2008 if you should need to return. I guess the British got bored of drinking tea after all of these years and decided to travel a bit. I finished off a box of low fat Cheez-Its, and I ate a Kashi trail mix bar. CIO

Note: <888> 07/07/08 Monday 11:35 P.M. After the last note, I went out, and I went downtown. I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I stopped by CVS, and I bought for 90% off a floral 18 inch diameter artificial wreath in green, purple, and blue colors for .99 and .06 tax for \$1.05 total. I then completed my walk. I then went by the Stop and Shop, and I bought two 13.5 ounce boxes of low fat Cheez-its for \$2.50 each, a cab eye round roast for \$3.99 a pound for \$6.90, a two pound bag of baby carrots for \$2.99, fresh broccoli crowns for \$1.99 a pound for \$2.43, fresh Chiquita bananas for .64 a pound for \$2.01 for \$19.33. I mentioned to the grocery clerk from Indiana that that Brazil is now the largest exporter of soy beans according to U.S. News and World report this week. I then returned home, and I put the wreath on the outside of my front door beneath the other one hanging it with a OOK nail. I put away the groceries. I will now go through my email. CIO

Note: <888> 07/07/08 Monday 8:00 P.M. I ate the same three egg omelet with six strips of bacon and a large sandwich English muffin with butter and a glass of iced water.

Bermuda better watch out National Hurricane Center

## **Hurricane BERTHA**

## http://mikelouisscott.com/weather.htm

## http://geocities.com/mikelscott/weather.htm .

I will now shut down the primary Vista computer, and I will shower and clean up, and I will go out. CIO

Note: <888> 07/07/08 Monday 6:50 P.M. The Brother MFC-8840D all purpose laser machine with the new six thousand sheet generic toner cartridge that I will keep is similar to the Samsung machine, so I do not need the Samsung machine. The Samsung machine cost me about \$130 on sale down from \$230 about a year and a half ago from <u>www.newegg.com</u> ,so it is a very good scanner, copier, fax, and laser printer machine. I moved from the lower left shelf of the printer stand to the right of the primary Vista computer, the spare printer materials and forms except the spare paper and smaller photo paper, and I put them on the lower right bookcase shelf in the hallway. I put away my laundry. About 5:30 P.M., my relatives traveling south from Kennebunkport, Maine did a pit stop and used the bathroom, and I showed them the apartment improvements. They picked up the family car that was left here yesterday. I lead them over the Mobil station across the street where they filled up, and I then showed them how to get to I-95 West, where they took I-287 North to cross the Tapan Zee bridge to head south. I then returned home, and I chatted with neighbors. I gave my neighbor a partially full blue Bic lighter. I picked up the mail. I am now putting the new periodical literature on the brass and glass coffee table underneath the Northgate Syntax monitor, and I will have to clear out the larger volume of used periodical literature more frequently. I chatted with a relative. CIO

Note: <888> 07/07/08 Monday 4:30 P.M. I woke up at 9 A.M. this morning, when a relative called. I am going to take the Samsung SCX-4521F all purpose laser machine up to Kennebunkport, Maine when I go up on Monday June 14, 2008. The Lexmark fax machine broke up there. I printed out the manual for it which is about 120 pages to go with it, and I bound it in a clamp binder. It has only been used 240 printouts and copies, so there is about 760 printouts on the thousand sheet starter cartridge. One can buy a generic toner cartridge for it on the internet for about \$35 plus shipping, when it needs it. I chatted with another relative. I went back to bed until 1 P.M.. I ate breakfast of oatmeal with honey and a sliced banana, a sandwich English muffin with butter, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I went outside, and I threw out the garbage, and I chatted with a neighbor. The dumpster has been emptied of all of the stuff that I threw out this past weekend. I am doing two loads of laundry with about 25 minutes to go on the dry cycle. I put clean linens on the bed. My order from www.ordersmokesdirect.com was back ordered, so I changed it from King Mountain Ultra Lights 100s to King size, and it will ship today or tomorrow, and it should be here by the end of the week, so I will have them by next Monday when I go to Maine. I chatted with neighbors, when I went out to do laundry. CIO

Note: <888> 07/07/08 Monday 2:25 A.M. As I recall, the "Mississippi Moon" print was in the frame that is behind the bedroom door that has the Audubon Cardinal picture and the Blue Jay. Possibly the "Good Apple Year" print came in the Stainless Steel frame that now has the Audubon Pelican and the Pink Flamingo prints. That would mean the Jim Dine poster was possibly showing when I bought the frame for the Innsbruck poster or it was in between the white matting and the cardboard backing. It is so long ago, it is hard to remember precisely. In 20 years, I bought the frame, and put the Innsbruck poster in it, so I would have noticed it, and about the time I go on the internet, I think I might have put the Pelican and the Pink Flamingo picture in it until last January when I put the Antique maps prints in it. Ergo, I would have only seen it 4 times in 20 years to remember it. From what I recall, since I spent a great many years in Manhattan and Museums there and elsewhere, and I have seen so much art work, I do not pay much attention to art work until it becomes much older generally, and I do not know much about modern art. Also I have seen a lot of gallery posters for openings, but if it is worth a few bucks, I guess I might as well display it as opposed to new reproductions of vintage works. I am a bit tired, so I will now shut down the primary Vista computer, and I will go to bed soon. I seem to be doing a

bit more apartment maintenance recently, since I am spending more time at home with the higher prices of fuel, but I will admit it is enjoyable getting out during these cooler summer days for a walk. However, I still worry the cooler summer days mean a much colder winter. Bon Soir. CIO

Note: <888> 07/07/08 Monday 1:25 A.M. This is the link to what the reproductions of the antique maps looks like framed in the same frame.

#### http://mikelouisscott.com/mls-apt-011708/. CIO

Note: <888> 07/07/08 Monday 1:20 A.M. I reframed the Jim Dine print, so it has no Scotch tape or other pictures in the frame. It now rests on the bottom of the frame with about six inches of white matting above it. I removed the white fence picture which is actually a white clapboard house print with an apple tree, and it is called "Good Apple Year" by Nat Lewis. I also took out the Innsbruck Tirola A Austria poster, and the two reproductions of antique world maps. From behind the bed, I took out the print with the matting to protect it of "Mississippi Moon" by Georges Schreiber. I put the unused prints and posters between the matting beneath the left side of the bed, so they lie flat. Pictures of the items below:

#### http://mikelouisscott.com/mls-apt-070708/. CIO

# Note: <888> 07/06/08 Sunday 11:35 P.M. <u>10-year battle with pain highlights Lyme disease</u> <u>debate - CNN.com</u>.

I chatted with a friend about the Jim Dine poster Guggenheim Collection - Artist - Dine -**Biography**. As far as I can tell, it is not signed, and it does not have a number of what number printing it is from on a limited printing. However, in the near mint print of one on the internet, it is a white back ground, the copy I have is more of a vellum paper back ground or manila. From what I can tell, it is fragile, which is why I remounted it in the frame. My friend told me I should not have used Scotch tape to secure it on the back side from sliding. After filling up a dumpster with 500 books and other items this past weekend, I was a little bit rushed. I also threw away the book on Oueen Victoria I got from the Tarrytown, New York Episcopal church tag sale for 50 cents about 18 years ago. My mother told me to get rid of all of the books, so I got rid of most of all of the books. On the Jim Dine print, possibly it is an original or a proof, but it is not signed. I have a feeling it is not worth that much, but I will look into it tomorrow. I was told by www.fbi.gov, they do not investigate lost art. I called the Greenwich Police, and they told me to check with the detective division tomorrow. I also told an associate who is an expert art appraiser. As I recall the frame that it is in was in my apartment on Steamboat Road, and I bought it from the E.L.D.C. thrift shop in Cos Cob, Connecticut over 20 years ago for \$15. I think it was underneath another print of the Mississippi night with a wagon. I have that print behind my bed head board. I think the white fence print came from the frame with the Cardinal picture in it on the back of my bedroom door now. As I recall, I originally put the Innsbruck, Austria picture in the frame that the Jim Dine picture was in, and then for at least the last 15 years or more, I had the Audubon Prints of the Pelican and the Flamingo

in it hanging over my bedroom desk. I think this past winter, when I bought the antique map prints from <u>www.posters.com</u>, I took out the Jim Dane poster and the white fence poster and possibly the Mississippi wagon poster or one or two of them from the frame with the Pelican the Flamingo, and I put the Pelican and the Flamingo in the steel frame above the desk. Thus the Jim Dine print was possibly in the same wooden frame for 20 years until this winter, when I stored it underneath the bed in between a piece of card board and one of the other prints. There does not seem to much reference to it on the internet, so more than likely if it were an original it would be signed. Thus although a mint copy is \$950, more than likely an older darker copy would be less, but my copy has a lot more dots on it than the white one on the internet, which leads me to believe it could be an original. Whatever, the case I have had it for 20 years not on display, so it is about time to put it on display. Whether it is worth anything is opened to conjecture. CIO

Note: <888> 07/06/08 Sunday 8:40 P.M. I woke up during the night, and I ate two bowls of low fat Cheez-Its. I finally woke up at 10 A.M. this morning. I ate breakfast of oatmeal with honey and a sliced banana, a sandwich English muffin with butter, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed. I went outside, and I threw out the garbage, and I chatted with a neighbor. I walked around the building. They were having a private party in the community room. I chatted with a relative who started driving down from Kennebunkport, Maine about noon. I chatted with two other relatives. I read U.S. News and World Report. I read P.C. Shopper magazine. I received a call from my traveling relative about 4 P.M., and he was about an hour away. I ate a baloney and cheese sandwich with 1/3rd of a tube of a 5.5 ounce tube of Pringle sour cream and onion potato chips along with a dill pickle slice and a glass of cold filtered water. I showered, and I cleaned up. I went outside, and I chatted with a neighbor. I came back inside briefly to change my shorts, since they were dirty. I wore my new Ralph Lauren Polo shorts with a belt instead of suspenders. My relative arrived about 5:15 P.M., and he dropped off the family car. I do not have the key for it, since my relative will be picking it up in the near future possibly while I am up in Maine from Monday July 14, 2008 to around Thursday July 31, 2008. I drove my relative in my car to the Greenwich Train station, where he caught the 5:39 train into Manhattan. I then sat out briefly downtown, and I chatted with a regular walker. I then walked the entire length of Greenwich Avenue and the train station area. I walked down Arch street on the walk and back up Greenwich Avenue on the walk. I stopped by CVS, and I bought two 7 ounce Gillette sensitive skin shave cream for \$2 each, and two 1 liter buy one get one free of CVS Antiseptic oral rinse for \$3.89 both and .47 tax for \$8.36 total. I completed my walk. I then returned home. I chatted with a relative on the wireless phone while downtown. I will now reheat and eat the same dinner as last night. CIO

End of Scott's Notes week of 07/06/08:

Note: <888> 07/06/08 Sunday 2:15 A.M. A couple of weeks ago, I knocked the vintage Ray-O-Vac black and red flash light on the floor in the bedroom. I had my father's name painted on it in green paint "Lou Scott". I tried to fix it, but it is not the bulb as far as I can tell. I tried tinkering with it, since it is a simple mechanism, but it would not work. I put it underneath the left side of the side board. I then moved the purple and black Garity lantern from the kitchen night stand at the kitchen entrance to the same location on the left top side of the side board. I put one of the walkman headsets by the Panasonic television by the French reproduction chair, so one can listen with one ear with headphones for quiet listening. For some reason only one side plays in mono. I think I bought the grey frame with the white fence print with the Jim Dine print underneath it over ten years ago and possibly 15 years ago for \$10 at the Greenwich Hospital Thrift shop.

# Amazon.com: The Finest Houses Of Paris: Christiane de Nicolay-Mazery, Jean-Bernard Naudin: Books

Amazon.com: The French Chateau: Life, Style, Tradition: Christiane De Nicolay-Mazery: Books

Cecil John Rhodes -- Britannica Online Encyclopedia

BBC NEWS | Science/Nature | Mercury's volcanic past revealed

BBC NEWS | Technology | It's not the Gates, it's the bars

I will now send out my weekly notes, and then I will shut down the primary Vista computer, and I will go to bed. CIO

Note: <888> 07/06/08 Sunday 12:35 A.M. More pictures of recent changes <u>http://mikelouisscott.com/mls-apt-070608/</u>. CIO

Note: <888> 07/06/08 Sunday 12:25 A.M. I found this link Jim Dine at

SpaightwoodGalleries.com where the unsigned Jim Dine print from the Whitney Museum of American Art, Madison Avenue at 75th Street, February 27 - April 19, 1970 is worth \$950, since my copy is unsigned. A 1,000 unsigned impressions were made. I chatted with a friend. I ate dinner. Of course my copy is a bit faded. It was underneath the frame with the white fences print that I bought many years ago, and I had used for Audubon prints. I chatted with a relative. I framed the Jim Dine print in the frame behind the bedroom door with the recent copies of the Antique maps. I left the maps, and the white fence print, and the Innsbruck, Austria travel poster in the frame. I hung it above the electrical box in the living room where the mirror was. I took down the heavy mahogany bureau mirror from the outside of the bedroom door, and I put it glass side down underneath the bedroom bed. Its screws it hung by were coming lose off the bedroom door, since it is a bit heavy. I hung the other mirror in its place with a OOK hook. I put the Northern Pacific print on the back side of the bedroom door with the Buckingham Palace note from beneath. I put the family picture from above the circuit breaker box on top of the Minolta laser printer where the Buckingham Palace note was from. Thus I have some more expensive art in my apartment. Parts of the old maps prints show from above and below the Jim Dale print. CIO

#### Note: <888> 07/05/08 Saturday 7:50 P.M. <u>\$32,000 for Queen Mother 'pack the gin' letter -</u> <u>CNN.com</u>. CIO

Note: <888> 07/05/08 Saturday 7:45 P.M. I threw out the old 18 year old Magnavox 5 disk CD player that I had stored away and the white Rubbermaid dish rack and drain tray. I retrieved the Jim Dine Whitney Museum 1970 poster. It is just a print of a few balloons, and there is another print of a farm yard with white fences along with it. I put them behind the head board of the bed in the bedroom. I went outside again, and I chatted with a neighbor. I walked around the building. I chatted with a relative. I picked up the mail when I went out. I went through the mail. I went back outside, and I chatted with a couple of neighbors. Yesterday, I put the white and the blue piece of coral and the red Christmas jar candle on the top shelf of the small book case in the bathroom. My relative in Kennebunkport, Maine does not use energy saving light bulbs, so I will take the ones in the Audi trunk up to Maine instead of donating them to the Greenwich Hospital Thrift shop. I will now make and eat the same boneless breasts of chicken and steamed vegetable dinner as the last two nights, but I will have flavored rice instead of potato. I will eat it with a glass of cold filtered water. CIO

Note: <888> 07/05/08 Saturday 5:40 P.M. I woke up at 7 A.M. this morning when a friend called. I ate breakfast of oatmeal with honey and a sliced banana, a English muffin with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed. I took all of the throw pillows off the bed except the two pink and blue striped ones that match the pink and green quilt, and I put them in the Audi. I also put in the Black and Decker Professional jar opener that my relative did not need. I showered, and I cleaned up. I went out, and I donated about 10 of the big throw pillows and bolsters to the Greenwich Hospital Thrift shop along with the Black and Decker Professional jar opener. I then went by the Chase Bank on Mason Street. I then sat out briefly downtown. I used the bathroom at the senior and the arts center. I then went by Greenwich Automotive Services Exxon station, and I filled up the gasoline tank with \$18.01 of self service premium for \$5.079 a gallon for 3.546 gallons for 44 miles driving since a week ago this past Thursday at odometer reading of 60136 miles for 12.440834 miles per gallon driving in heavy traffic recently with the air conditioner going. I then returned home. I then moved the computer CDs and DVDs and motherboard manuals from the CD rack on the side board shelf in the bedroom, and I put them in the lower two shelf of the small white bookcase at the bedroom entrance. I straightened up some of the bedroom side board shelves discarding some packaging on outdated memory strips, I no longer need. I also threw out the 4 Acer LCD monitor boxes and all of the other computer parts boxes and packaging that I had stored away. I also put two more bags of throw pillows in the Audi trunk to donate to the Greenwich Hospital Thrift and all of my spare regular lights bulbs about 60 of them except two eight packs of GE 100 watt bulbs. It removed the old carpet remnants from underneath the bed, and I threw them away along with the defective Logitech wireless headset base unit, except I kept the their headsets and transformers. I put their two transformers and headsets and the Panasonic telephone headsets and the Plantronics headset in the lower right night stand drawer. I also cleaned out some packaging items from the right night stand and a 64 meg. memory strip. I have spare

regular coaxial cables underneath the bed, along with labels and envelopes. I threw out some old hole printer paper. While everything was out from underneath the bed, I vacuumed underneath it. There is also a spare curtain rod underneath the bed. I move the Stowe, Vermont picture from the bookcase on top of the Mahogany bureau in the bedroom to above the Sony television in the bedroom, and I moved the Northern Pacific railroad picture from that location to the same location in the bedroom. It is easier to remove the Northern Pacific picture to get at the old software boxes in the bedroom bookcase that I have to keep for operating system product licensing. I put a spare 3M Command Hook on the left side of the cabinet on the bedroom gigabyte computer, and I hung the new Plantronics headset from it. I threw out two old defective headsets. I chatted with a relative downtown on my wireless phone while I was out. I ate the last of the sugar free Jell-o fruit mixture with a glass of cold filtered water. I cleaned off the bedroom window shelf of some smaller items, and I emptied the silver bowl with lid of its old matches and lighters, and I put the silver bowl on a upper shelf of the left hallway bookcase. I have three CD racks in the bookcase behind the Sony television. I moved a Mississippi wagon print to behind the bed head board in the bedroom. I threw out an old Whitney Museum poster by Jim Dine. I put a new backup 9 volt alkaline battery in the NOAA weather station in the bedroom. CIO

Note: <888> 07/05/08 Saturday 12:55 A.M. It is 32 years ago, I saw Queen Elizabeth and Prince Phillip <u>Welcome to the official web site of the British Monarchy</u> at Bloomingdale's Department store in Manhattan the day after the tall ships in Manhattan on July 4, 1976. I put the single 33 rpm records on the bottom shelf behind the chair in front the stereo system. I moved the collectors sets of traditional 33 rpm records to beneath the stereo system. I also put the cassette tapes and the video tapes on the same shelf. I rearranged some of the bric a brac around that area too. I also restrung the coaxial cable to the Epox computer TV card, so it does not run across the chair. I moved the Ethan Allen recliner a bit closer to the brass and glass coffee table, so there is easier access to the primary Vista computer work area, so the access in front of the Ethan Allen recliner is a bit smaller. I am a bit tired, so I will now shut down the primary Vista computer, and I will go to bed soon. CIO

Note: <888> 07/04/08 Friday 10:20 P.M. I cleared out all the periodical literature from the bathroom bookcase, and I threw it all out. They way I figure it with the higher price of cutting down trees anymore with the higher prices of energy anymore, recycled paper might be more useful anymore.

My actual electricity bill at <u>www.cl-p.com</u> for the month of June 2008 was \$182.57 which is my yearly monthly average, so I figure since May 2008 was \$139.10 or \$43.47 more for June 2008, the air conditioning and keeping the lights on is not costing me too much more.

The Actual Usage for June 2008 for 29 days was 991 KWH or 34 KWH per day compared to

June 2007 which was 755 KWH or 24 KWH per day for 32 days. I guess since I am staying at home more using less gasoline, I am using a bit more electricity instead of driving

downtown and walking around at night in the dark. However, as I recall I was up in Kennebunkport, Maine last year for the last two weeks of June 2007, so I was not using as much electricity in the apartment, since I was gone half the month. CIO

## Note: <888> 07/04/08 Friday 9:05 P.M. <u>Meet Prince Charles, The Savvy Investor -</u> <u>Forbes.com</u>. CIO

Note: <888> 07/04/08 Friday 8:35 P.M. I reheated the same dinner as last night. I also reheated the remaining rice from two nights ago. I ate it all with a glass of cold filtered water. I chatted with a relative. I will now go through my email. CIO

Note: <888> 07/04/08 Friday 6:30 P.M. I have been busy. I figure it is better to clean house a little bit when one is younger than when one is older, so I got rid of most of the books that I had accumulated in my apartment over 19.5 years.

#### http://mikelouisscott.com/authors.htm

#### http://mikelouisscott.com/titles.htm

I also got rid of my older 78 and 16 rpm records. I threw them all in the dumpster.

I did keep a half dozen cook books, a few atlases and dictionaries, and the 45 year old Encyclopedia Britannica along with a few random books like the King James bible and a few other books that might be of more value. Most of my books came from the Greenwich Hospital thrift shop over the years for less than a dollar or two, and since I smoked cigarettes in the living room until three years ago, they probably smell of nicotine, so they are not really valuable. Thus if anyone needs some literature, they can dig through the dumpster at 71 Vinci Drive in Byram, Greenwich, Connecticut until the garbage man arrives on Monday, in which case the Greenwich dump will become more literate. I have a bit more shelf space, but there still is some bric a brac and other items that I can get rid of over time. I probably got rid of about 500 books mostly hard covered or about a half ton of books. I chatted with a relative. CIO

Note: <888> 07/04/08 Friday 2:15 P.M. I reported the matter to the Greenwich Fire inspector answering machine at 1-203-622-3950. I received a call back from the Greenwich Housing Authority. I reported the matter to them, and I reported the individual that I suspect is leaving open the fire doors. Their reply was that if they came over and closed it, the individual would just prop it open again. What is curious is that the Greenwich Fire Department and Police department was here three weeks ago for an emergency in the apartment on the second floor next to the fire door, and they did nothing about the two fire doors on the center stairwell being propped open. If on such a minor matter nothing can be fixed, it sort of makes me wander on more complicated matters what the situation really is. The real fire hazard in this building despite the central fire alarm system is that the building was built in 1925 and restored to its present condition 20 years ago, so more than likely the old roof timbers in the hot attic are extremely dried out. Also since we sit on a ridge exposed to lightning, the roof is subject to being hit by lighting, which would cause a

fire. Also since we are in the flight path of Westchester airport, we frequently get a lot of low flying jets flying over the building about a 100 feet above the roof frequently in the fog which tends to make me nervous. However, we all have to keep a roof over our heads, and although I have electronics in my apartment, they are all relatively new with the latest safest safety features, I can not say the same for my neighbors. However, when Tom Devlin lived here, he once threw out a 1925 Philco radio which might be considered a fire hazard. In the old days, the biggest fire hazard twenty to thirty years ago was the Sony Trinitron television which stayed on all of the time for instant on and off, and since they were on all of the time, they would deteriorate and become a fire hazard. Since I have not inspected my neighbors' apartment, I am not sure what the condition of their electronics are either. From an over all viewpoint, lightning is the biggest threat to this Public Housing Building for retired people at 71 Vinci Drive. However it has been here since 1925, so it has outlasted a lot of other buildings despite the current viewpoint of the downtown philosophers whom claim to be politicians. CIO

Note: <888> 07/04/08 Friday 1:40 P.M. I woke up at 10 A.M. this morning. I ate breakfast of oatmeal with honey and a sliced banana, a English muffin with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed. I chatted with two relatives. My relative made it up to Kennebunkport, Maine shortly after midnight this morning. The new 3 foot by 5 foot Marine quality United States flag is now flying on the flag pole in front of my relative's house. I restored the flag pole last summer after it fell down in an ice storm the previous winter. My relative is thinking about having me come up to visit in Kennebunkport, Maine before July 16, 2008, however it is all still up in the air. We will wait until my other relative returns this Sunday to figure out my future plans. I watered the plants. I threw out the garbage. I chatted with a neighbor. The center hallway stairway fire door is once again propped open, so it would seem one of the residents seems to think leaving the doors open for ventilation is more important than fire safety. Obviously the fire inspector is not available today. I called the Greenwich Housing Authority at 1-203-869-1138 to report the matter.

#### Archaeologists find remains of Washington's boyhood home - CNN.com

## CIO

Note: <888> 07/04/08 Friday 12:35 A.M. Happy John Hancock day whomever he was. The package of boneless breasts of chicken contained nine smaller breasts, so I froze three of them, and I have one left cooked and four more to cook in the next few days. I chatted with a relative. My relative should be in Kennebunkport, Maine by now. I threw out the garbage. I noticed in the local neighborhood, I could hear fireworks going off. They are selling them again by the Greenwich dump. I noticed when I came in the automatic door closer on the lower level central stairway fire door was disconnected, so I reconnected it, so the door now closes. I took the block of wood out of the door jam on the upper level of the same stairway door to allow that door to close. Legally the fire doors on the stairway doors have to remain close, since if there were a fire an open stairway door would act as a chimney and ventilate the fire. I checked with the Greenwich Police department, and they gave me the telephone number of the Greenwich Fire Department complaint department at 1-203-622-3959, and they gave me the number of the daytime fire inspector at 1-203-622-**3950.** I have already complained to the Greenwich Housing Authority about the stairwell fire door being left open continually this year, so hopefully if I am ever up in the daytime, I will get a chance to call the fire inspector about the problem. Alas since recently I have been mostly on a day time schedule, I have not been awake much at night anymore recently. I chatted with the www.geico.com agent in Buffalo, New York who was from East Aurora, New York where George Cary was from before his grandfather disinherited him for fleeing the United States of America to live in Canada to avoid the military draft during the Viet Nam war. Knowing how hot George would have been in Viet Nam, he was probably of more use in Canada supplying horse meat for the military. The GEICO agent reminded me that someone should look into possibly investing in EAST PENN manufacturing co., inc.: Lead-Acid Batteries; Battery Manufacturers; Thousands of Different Types of Batteries, Cable & Wire Product which I think are suppose to make very good cold weather batteries. Maybe I will get my second wind, and I will stay up for a while more, but I am quite tired, and I will now try to go to bed soon and be on a daytime schedule. My relative is going to drive down on Sunday afternoon to return the family car, so I will have to be here to receive him later Sunday afternoon when the car is returned. Sometime there after other relatives will pick up the car, and return back to its home port. The Queen Mary II was in New York on Wednesday, and it will be back in New York on Tuesday after a short voyage to Canada. CIO

Note: <888> 07/03/08 Thursday 8:25 P.M. After the last note, I used the Swivel sweeper to quickly clean the carpets quickly. I had a telephone call from my arriving relative. I went out, and I met my relative at the 7:17 P.M. arriving train from Manhattan. While waiting, I chatted with a Brazilian taxi cab driver. I met my relative. I showed my relative how to get to the Merritt Parkway on North Street. I then returned back to my apartment building, and my relative picked up the family car and departed for Kennebunkport, Maine at 7:35 P.M.. I chatted with my relative in Kennebunkport, Maine to let them know my relative was departing. I walked around the building. I chatted with neighbors. I went back outside briefly to check on something. I will now bake two of the boneless breasts of chicken with baked potatoes and steam broccoli and carrots, and I will eat half with a glass of ice tea. CIO

Note: <888> 07/03/08 Thursday 6:15 P.M. I woke up at 6 A.M. this morning. I ate breakfast of oatmeal with honey and a sliced banana, a English muffin with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. I washed the breakfast dishes. I made my bed. I showered, and I cleaned up. I chatted with a relative. I put four of the charged up Metal Hydride rechargeable batteries in one of the Southwestern bell walkie talkies. I checked with <u>FCC</u> <u>Universal Licensing System (ULS): ULS Home</u> and it is \$85 to get a license to use the walkie talkies on the higher frequencies. However, in an emergency if one were out of range, I would imagine it would be all right to use the higher frequency. I went out, and I went by Radio Shack in Cos Cob, and I bought a <u>RadioShack.com - Home Entertainment:</u> <u>Accessories: Video accessories: Adapters, splitters & amplifiers: 2-Way Gold-Plated</u> <u>Bidirectional Splitter</u> for \$10.99 and three <u>RadioShack.com - Power & Batteries:</u> Rechargeable batteries: RadioShack Precharged Rechargeable "AAA" Batteries for \$4.97 each two pack and \$1.55 tax for \$27.45 total. I was told the old Greenwich Food Mart in Cos Cob is being turned into Greenwich's fourth CVS. I then went by the Chase Bank on Mason Street. I then sat downtown for a while. I used the bathroom at the senior and the arts center. I chatted with a local, and I was told that the Consignment Shop on Mason Street has a baccarat Crystal chandelier like the one the Baccarat shop on Greenwich Avenue sells. I then went by the Stop and Shop. I met up with a former neighbor from Steamboat Road, and I was told her husband who was a long time waterfront resident in Greenwich had passed away at age 88 this past January 2008. I was very sad to hear it. I guess that is why his boat is no longer at Grass Island. I chatted with another regular night walker. At the Stop and Shop, I bought two four packs of Supersize English muffins for \$2.50 each pack, a 59 ounce container of Simply Orange orange juice with calcium for \$3, two 13.5 ounce boxes of low fat Cheez-its for \$2.50 each, two 5 ounce container's of Nature's Promise wildflower honey for \$3.59, two 64 ounce containers of Pomegranate and Cranberry juice for \$3.39, two 64 ounce containers of Stop and Shop grape juice for \$3.29 each, three 48 ounce containers of Old Fashioned Ouaker oats for \$4.39 each, three 8 ounce boxes of Wheat thins for \$8, and a six pack of boneless breasts of chicken for \$1.99 a pound \$9.21 for \$63.92 total. I then returned home, and I used my folding cart that I brought with me to bring up my groceries and put them away. I put two of the Quaker oats, and three of the Wheat Thins, and a bottle of honey in the family car trunk to go up to Maine. I also put in a bag of Scott's patch grass seed and the container of Miracle Gro Shake and Feed along with the U.S.A. flag. I picked up my mail on the way up, and the order for two Plantronics .Audio 350 Halo 2 Noise Cancelling Stereo PC Gaming Headset - .AUDIO 350 HALO 2 - Buy.com for \$10 each with free shipping for \$20 total arrived. I put one each on the Northgate Syntax computer and bedroom gigabyte computer. I moved the old headsets underneath the right side of the sideboard in the bedroom. I also installed the gold two splitter on the JVC videotape player out cable in the bedroom with one leading to the Orion television and the other leading to the Gigabyte bedroom computer, so the bedroom television has better reception. I installed four of the Radio Shack metal hydride batteries in the other walker talkie. I put the other spare package in the CD shelf by the Radio Shack battery charge underneath the bedroom Sony television. I chatted with the building custodian. I ate a portion of the sugar free jell-o fruit mixture. I went to my regular 3 P.M. appointment. I returned home. I chatted with a relative. All I know is that my relative who is suppose to pick up the family car has gotten off work in Manhattan, but he has not called to say when he is arriving off the train from Manhattan to pick up the car for the journey up to Kennebunkport, Maine. I think during warm weather holidays in Greenwich, when not too many people are around the downtown shoreline, we get visitors from the North Shore of Long Island sailing over to inspect the town, so we have to keep everything ship shape. I will be traveling to Kennebunkport, Maine July 16 to the 31, 2008. CIO

Note: <888> 07/02/08 Wednesday 10:05 P.M. <u>Global Volcanism Program | Volcanic</u> Activity Reports | SI / USGS Weekly Volcanic Activity Report |

**PubVolc** 

# Leona Helmsley's Fortune May Go to Benefit Dogs - NYTimes.com

## **Worldwide Partner Conference 2008**

## BBC NEWS | Technology | Firefox download record official

I will now shut down the primary Vista computer, and I will go to bed soon. CIO

Note: <888> 07/02/08 Wednesday 9:20 P.M. After dinner, I watched some cooking shows on the Creative Channel. I will now go through my email. CIO

Note: <888> 07/02/08 Wednesday 6:25 P.M. I went outside after the last note. I chatted with a neighbor. I walked around the building. The tree with the black berries in back on the southwest corner of the building is a boysenberry tree. The order for the two Bellsouth Two-Way Talk Radio - 2276GY - Buy.com for \$10 each for \$20 total with free shipping arrived. I put four AAA alkaline batteries in each of them. One has to lift up the little lever underneath the clip to remove the clip to access the battery compartment. They have 22 frequencies, but you need an FCC license to use 1-7 and 15-22 which have a five mile range, but for 8-14 which has a two mile range one does not need an FCC license, and the lower frequency uses less battery power. I have six AAA metal hydride batteries, and I am charging up four, and they should be fully charged at 3 A.M. or when I wake up tomorrow. I could get another two and keep rechargeable batteries in the units. One can charge up the rechargeable batteries with the right transformer, which I do not have or need, since I have the Radio Shack battery charger. I left the two way talk radios on the vintage Toshiba laptop computer at the apartment entrance. I went outside, and I chatted with some neighbors. I will now make my sautéed burger with onions and cheese along with steamed flavored rice and steamed baby carrots and broccoli crowns. I chatted with a friend earlier. I have not heard from my relative, so I guess he is going to work tomorrow and pick up the family car tomorrow evening. CIO

Note: <888> 07/02/08 Wednesday 2:50 P.M. I ate two bowls of low fat Cheez-its. I called up <u>Unclaimed Baggage Center</u>, and they only have seven laptop computers with power supplies. One is a Panasonic tough book for \$650, and another is an IBM 17 inch laptop for \$350. That is about all I know about them. They can not ship, so if one were interested in them, one would have to show up there. One could fly into the nearby Huntsville, Alabama airport and rent a car to get there. They mentioned Davy Crocket, but I mentioned Jim Bowie. Sam Houston was not at the Alamo, but as I recall Colonel Travis was there, and there is a fourth person that was there that I am suppose to remember. I just found it in my notes, the fourth person was Daniel Boone <u>http://mikelouisscott.com/10013105.htm</u>. I chatted with a relative in Texas, and they could note remember. The www.whitehouse.gov could not remember. I chatted with a

friend that will call me back. CIO

Note: <888> 07/02/08 Wednesday 1:05 P.M. I woke up at 6:30 A.M. this morning. I ate breakfast of oatmeal with honey and a sliced banana, a English muffin with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with

milk and splenda sweetener. I washed the breakfast dishes. I made my bed. I read last week that over 12,000 laptop computers are lost every week in U.S. airports. This location in Scottsboro, Alabama Unclaimed Baggage Center collects and resells all of the unclaimed airport baggage in the United States, so more than likely they have some laptop computers for sale. When I watched the Creative Channel, they mentioned this site for beads Shipwreck Beads - The World's Largest Selection of Beads! . I showered, and I cleaned up. I chatted with a neighbor. I went downtown, and I went by the Chase Bank on Mason Street. I then went by the Wachovia Bank on Benedict Place, and I paid my rent to the Greenwich Housing Authority. I then walked over to the Town of Greenwich, Connecticut Town Hall, and I paid my property tax of \$15.35 from the October 2007 Grand List for 1993 Buick Roadmaster Wagon that I sold last December 2007. They told me I might receive a prorated tax bill on the Audi for this year. Since the Audi is 10 years old, the tax should not be too high. I chatted with a relative, and the relative told me that my other relative might not pick up the family car until tomorrow. I then sat out for a while downtown. I chatted with some locals. I used the bathroom at the Senior and the Arts Center. I noticed while downtown, that the Greenwich Radio Station is now at Mason Street and Lewis street. I am not sure if they still have their building by the Food Emporium or not. I then went by the Greenwich Hospital Thrift shop, and I bought a new 5 foot by 3 foot nylon heavy marine quality U.S.A. flag for \$5. When I retuned home, I put it in the front seat of the family car to be delivered to the flag pole at the family residence in Kennebunkport, Maine. I chatted with some neighbors. I chatted with a relative. I ate a 1/5th of the amount of sugar free Jell-o fruit mixture with cold filtered water. CIO

Note: <888> 07/01/08 Tuesday 11:05 P.M. I gave away three calling cards today. I will now shut down the primary Vista computer, and I will go to bed soon. CIO

Note: <888> 07/01/08 Tuesday 10:40 P.M. Today is Canada Dominion Day <u>dominion --</u> <u>Britannica Online Encyclopedia</u>

Elsevier: Caldera Volcanism: Gottsmann & Marti

## BBC NEWS | Science/Nature | France plans revolution in space

## **BBC NEWS | Technology | Closing the Gates after Bill**

# CIO

Note: <888> 07/01/08 Tuesday 8:30 P.M. I got up after the last note shortly, and the building custodian needed to have my front door opened, so he could paint it. I chatted with a relative. I surfed the internet. After about an hour after the front door was painted, it was dry, so I closed it. I ate about 1/6th of the sugar free jell-o and fruit mixture. I showered, and I cleaned up. I went out. I chatted with neighbors. I went by the Valley Road Post Office, and I mailed a letter. I then went by the Chase Bank on Mason Street. I then went downtown, and I went by the Merry-Go-Round mews thrift shop, but it is closed during July and August. I used the bathroom at the senior and the arts center. I walked upper Greenwich Avenue. I stopped by CVS. I bought two 6.5 ounce boxes of Kashi trail

mix bars, six to a box for \$2.50 each box, a 30 ounce jar of Hellmann's real mayonnaise for \$3, a 12 double roll bundle of Kleenex cottonelle toilet tissue for \$5.99 and for 75% off a 1.8 pound Miracle-Gro Shake'nFeed continuous release all purpose plant food for \$1.75 and .46 tax for \$16.20 total. I then bought for 75% off a 14 inch diameter artificial vine wreath with green foliage and white flowers and white small berries for \$3.25 less \$2 bonus bucks that I received on the previous purchase and .08 tax for \$1.33 total. I then finished my walk of upper Greenwich Avenue, and I walked back down the Avenue. I put my purchases in the Audi. I used the bathroom at the Senior and the Arts Center. I then walked over to McArdle's, and I bought a 12 inch diameter by about 1.75 inch high plastic terracotta plant tray for \$3.99 and .24 tax for \$4.23 total. I put the plant tray in the Audi, and I used the bathroom at the senior and the arts center, and I chatted with someone about computers. I then went by Zen stationary, and I bought a dollar Double Dough scratch card, but I lost. I then walked lower Greenwich Avenue and the train station area. I chatted with another local. I then used the bathroom at the senior and the arts center. I then drove over to the Stop and Shop, and I bought a loaf of Stop and Shop whole wheat bread for \$1.50, a 13.5 ounce box of low fat Cheez-its for \$2.50, a two pound bag of baby carrots for \$2.99, a two pound bag of onions for \$1.79, green Chiquita bananas for .64 a pound for \$2.12, broccoli crowns at \$1.99 a pound for \$1.97, and a bulb of garlic for \$2.99 a pound for .39 for \$13.26 total. I then returned home. I picked up my mail. My rent bill from the Greenwich Housing Authority arrived. I also received a town of Greenwich tax statement on my old Buick Roadmaster wagon that I sold last year, so I will have to talk with them about that. It does not seem they can get their facts straight from the Connecticut DMV. Last week a relative who was the previous owner of my Audi said that the state of Pennsylvania showed that he still owned it. I removed the glass bowl and shallow drip tray from underneath the pathos plant on the window ledge, and I put the plastic drip tray underneath it. I put the shallow drip tray and the glass bowl on on the left side of the window ledge with the vases. I used a OOK hook, and I hung the wreath on the outside of the apartment door. I moved the little USA flag sticker to the door bell sign on the right side of the entrance. I will now make and eat the same chef's salad that I have been eating recently, and I will eat it with a glass of cold filtered water. CIO

Note: <888> 07/01/08 Tuesday 10:15 A.M. During breakfast, I watched on the Creative Channel #133 on Digital Cablevision Television, a Rick Steve's program on London, and then a Burt Wolf program on the Netherlands. I am a bit tired still, so I will now shut down the primary Vista computer, and I will rest for a while, and then I might go out later on. Have a good day. I did not sleep well last night, so I did not get a good night's sleep. CIO

Note: <888> 07/01/08 Tuesday 8:55 A.M. I woke up during the night, and I ate a bag of microwave popcorn with a glass of cold filtered water. I woke up at 7 A.M. this morning. I moved the folding cart from the inside of the bathroom door to along side the Mongoose bicycle in the living room. Now the bathroom door should close properly. I paid my <u>www.cablevision.com</u> Digital Television, Optimum Online Cable Modem, and Optimum Voice long distance telephone service. I paid my <u>www.verizon.com</u> telephone bill. I paid my <u>www.cl-p.com</u> electricity bill. I put another \$26.50 on my AT&T GoPhone, so I now have about \$75 on it until October 1, 2008 at which time I will have to renew it. I ordered

from <u>www.ordersmokesdirect.com</u> six cartons of King Mountain Ultra Lights 100s in a box for \$15.49 a carton and \$16.47 shipping for \$109.41 total. I printed out two copies of my June 2008 Microsoft Money 2006 income and spending report. One copy I will mail to an interested relative. I will now eat breakfast of oatmeal with honey and a sliced banana, a English muffin with olive oil, orange and grape and cranraspberry juice with vitamins and supplements and coffee with milk and splenda sweetener. CIO Note: <888> 08/31/08 Sunday 11:55 P.M. I went out after the last note. I went by CVS, and I bought a 3M Designer Medium Command hook two pack with four strips for \$2.50, a 10 pack of Merrick white coat hangers for \$2.50, eight 5.5 ounce tubes of Pringle Sour Cream and Onion potato chips for .88 each tube, a RTH six outlet surge protector 200 joules for \$4.99, two Deluxe 75% off red nylon heavy duty folding arm chairs for \$3.49 each and \$1.02 tax for \$25.03 total. I then bought another of the folding nylon chairs for \$3.49 and .21 tax for \$3.70 total. I then bought for 75% off a Igloo 26 quart plastic red and white picnic chest for \$4.99 and .30 tax for \$5.29. I put the three folding nylon chairs in the Audi trunk with the other two regular ones, so I now have five folding nylon chairs in the trunk. I then went further down Greenwich Avenue, and I sat out briefly, and I walked lower Greenwich Avenue and the train station area. I then returned back to my apartment. I put the Igloo ice chest at the kitchen entrance on the left side on the floor. It might be handy should we ever lose power. I put the surge protector on the right kitchen counter outlet with the Sharp convection oven and Proscan television connected to it. I took the other power strip off, and it is underneath the bedroom side board on the right side. I put the ten plastic hangers in the bedroom closet. I put the 3M hook on the right side board book case shelf. I printed out two copies of my Microsoft Money 2006 August 2008 Income and Spending report, and I have one copy ready to mail to an interested relative. I will now printed out my last four months my notes. CIO

Note: <888> 08/31/08 Sunday 7:55 P.M. I put away the laundry. I chatted with a relative. I will now shut down the primary Vista computer, and I will eat a baloney and cheese sandwich with 1/3rd of a tube of Pringle potato chips and a dill pickle slice and some watered down passion punch. I will then shower and clean up and go out. It is better to get out a bit more in the warmer weather before it starts to get colder. CIO

Note: <888> 08/31/08 Sunday 7:15 P.M. <u>BBC NEWS | Science/Nature | Nasa 'reviews</u> shuttle shelf-life'

## BBC NEWS | Technology | Internet Explorer gets makeover CIO

Note: <888> 08/31/08 Sunday 7:05 P.M. I have 15 minute to go on the second dry cycle, and I put away the first dry cycle. CIO

Note: <888> 08/31/08 Sunday 6:45 P.M. I just threw out the garbage. I started the second load on the dry cycle. I have 5 minutes to go on the first load on the dry cycle. CIO

Note: <888> 08/31/08 Sunday 6:25 P.M. I had a wrong number telephone call this afternoon. I woke up at 3:30 P.M.. I chatted with a relative. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with butter, and a glass of 50% passion punch and 50% cold filtered water, and a cup of coffee with milk and splenda. I made my bed. I started two loads of laundry. I threw out the garbage. I chatted with some neighbors. My relative is going to drop off the family car tomorrow and on Tuesday my other relatives are going to pick it up. I put clean linens on the bed. I made up another batch of passion punch. I have to start the second dry cycle shortly. CIO

Note: <888> 08/31/08 Sunday 5:40 A.M. <u>BBC NEWS | Americas | New Orleaners told to</u> <u>flee Gustav</u>.

**FRYS.com Refurbished** 

Hurricane GUSTAV 3 day tracking

Live Duval Street Web Cam in Key West, Florida :: Sloppy Joe's Bar ::

Court: Town man can't be charged in oil graft case - Greenwich Time

Dooney & Bourke - Wikipedia, the free encyclopedia

Bourke plans extensive defense in oil scam A part-time Aspen resident accused in a \$450 million scam to control Azerbaijan's oil industry apparently went to great lengths to record the misdeeds of his al | AspenTimes.com

Lyford Cay Resident Nabbed

Three Indicted for Bribery in Oil Scheme in Azerbaijan - New York Times

Could it be possible that Fred Von Mierers <u>http://mikelouisscott.com/fred.htm</u> is Fred Bourke. They both are about the same age.

Well I am a bit tired, so I will now shut down the primary Vista computer, and I will go to bed soon. Bon Soir. CIO

Note: <888> 08/31/08 Sunday 2:55 A.M. I ate 43 dried apricots today, and I finished off the open container. CIO

Note: <888> 08/31/08 Sunday 1:05 A.M. Here are pictures of the recent improvement in my apartment in the last month, since I got back from Kennebunkport, Maine. <u>http://mikelouisscott.com/mls-apt-083108/</u> CIO

End of Scott's Notes week of 08/30/08:

Note: <888> 08/30/08 Saturday 11:25 P.M. ivhhn.org

Ski Resort Tycoon discount software free plus Shipping and Handling.

I did some bottom fishing on the internet.

BBC NEWS | UK | UK Politics | UK warns over 'Russia aggression'

I will now send out my weekly notes. CIO

Note: <888> 08/30/08 Saturday 9:15 P.M. With the vegetable at dinner, I was out of Russet potatoes, so with the cauliflower and baby carrots, I steamed a medium onion that I cut into 1/8th sections, and I ate it with butter, olive oil, grated parmesan cheese, and Italian spices along with the reheated breaded boneless breast of chicken and watered down passion punch. I chatted with a relative. CIO

Note: <888> 08/30/08 Saturday 8:00 P.M. I installed the latest version of my directory

# http://mikelouisscott.com/scott008.zip

http://www.geocities.com/mike2scott2003/scott008.zip , right click and save file.

Extract files to folder and open "scotlist.htm" and set it to your default browser web page for easier browsing, particularly if you do not type.

which includes

http://mikelouisscott.com/weather.htm

http://geocities.com/mikelscott/weather.htm

on the five other computers I have, and it was already on the primary Vista computer.

I watched the <u>www.nbc.com</u> evening news. Well, all six computer systems <u>http://mikelouisscott.com/computer.htm</u> seem to be pretty much running up to snuff, and there is not much more I can do with them, but maintain them, and pursue my regular computer activities.

Sarah Palin, Miss Alaska and the Vice Presidency | Newsweek Politics: Conventions | Newsweek.com and Governor Sarah Palin and Alaska Governor Sarah Palin biography is from Wasilla, Alaska - Wikipedia, the free encyclopedia and City of Wasilla, Alaska and City of Wasilla : City News : New Visitor Website is Online and City of Wasilla, Alaska: Information Resources for Wasilla Residents and Visitors. They don't have any fast food restaurants, so there are business oportunities Wasilla, Alaska Business Listings. Fast Food Restaruants . CIO

I will now reheat and make the same dinner as the last three nights. CIO

Note: <888> 08/30/08 Saturday 4:45 P.M. I woke up at noon. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with butter, and a glass of 50% passion punch and 50% cold filtered water, and a cup of coffee with milk and splenda. I made my bed, and I washed the breakfast dishes. I put out one of the folding oak tables, to the left of the small computer desk at the apartment entrance, and I put the HP Photosmart C4280 All Purpose Printer back on it, and I reconnected it. I connected the power cord for the Brother MFC-8840D all purpose laser printer to the lower control panel on the third switch from the left, so it can be easily turned on and off at that switch with

out having to reach over and below the small computer desk. I also labeled the control panel switch. I put the telephone books and the 1989 Social Register on the right hallway bookcase. I moved the small DVD player and its power supply from there to on top of the small Panasonic television in front of the French reproduction chair, and I moved the AT&T two line telephone from there to the lower shelf beneath the television. Thus it is all more user friendly. I threw out the garbage. I chatted with neighbors. I picked up my mail. I still feel a little bit lame in my right foot heel arch. I got out the Stanley scraper, so I can scrape off a neighbor's old Connecticut registration sticker and put on the new one. CIO

Note: <888> 08/30/08 Saturday 4:05 A.M. After dinner, I watched the movie, <u>Apocalypse</u> <u>Now (1979)</u>. I am a bit tired, so I will now shut down the primary Vista computer, and I will go to bed soon. I also ate 10 dried apricots. Instead of bowls of low fat Cheez-its, I might lose some weight snacking on them. Bon Soir. CIO

Note: <888> 08/29/08 Friday 11:30 P.M. I moved the power adapter and the AT&T wireless Go phone to the telephone tea table. CIO

Note: <888> 08/29/08 Friday 11:20 P.M. I went out after the last note. I went downtown, and I sat out for a while. I chatted with a couple of locals. I found a half pack of Marlboro regulars at the post office plaza. I then went by the Greenwich Train station, and I picked up my relative and the friend. I then brought them back to my apartment to pick up the family car, and they departed. They will drop it off late Monday afternoon or evening for other relatives traveling to pick it up, and it will be gone for the season. I gave the half pack of Marlboros to a neighbor who was out of cigarettes. I then went back downtown wearing my new shoes which are quite comfortable, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. I stopped by Zen stationary, and I bought an Ace's High scratch card for a dollar, but I lost. I stopped by CVS, and I bought eight 16 ounce containers of Sunsweet dried apricots for \$2.50 each for \$20 total. I then finished my walk. There were light sprinkles. I then went by the Chase Bank ATM machine on Mason Street. I then went by the Greenwich Automotive Services Exxon station next to the Greenwich Library, and I bought \$19 of self service premium gasoline at \$4.319 a gallon for 4.400 gallons for 45.9 miles driving since August 19, 2008 with odometer reading of 61028 for 10.4318 miles per gallon driving in heavy local traffic at less than 30 miles per hour with the air conditioner set at 66 degrees Fahrenheit. Well, it seems in the last month gasoline has come down 70 cents a gallon anyway, but my income has not gone up. I chatted with a relative of the station employee from Madrid, Spain about Florida. I then returned home. I put away the apricots. I took the power strip off the wall outlet behind the hallway bookcase, and I connected it to the power strip underneath the telephone tea table to the right of the recliner. Thus there are three outlets there, if one wanted to use laptop computers at the oak dining table, and there is also wireless in the apartment, if you know how to turn it one. There is also an available LAN cable by the power strips. I moved the small lamp from beside the French reproduction chair to above the telephone tea table, so there is a bit of light to read the LCD screen on the 2 line Panasonic corded telephone. I also moved the Panasonic two line cordless 5.8 GHZ telephone from the Northgate Syntax computer table to the telephone tea table. I

had earlier moved the small DVD player with its power adapter to the right hallway bookcase. I put the two small back packs in the false ceiling above the bed along with a couple of empty larger thermos jugs, I use to keep for emergency water. I also have the two U.S. Army <u>www.army.mil</u> extreme cold weather to minus 30 degrees Fahrenheit sleeping bags stored there, and I will once again put them out on the end of the far end of the sofa this winter with comforters to have available for emergency warmth should we lose our electric heat. I will now make and eat the same dinner as the last two nights. CIO

Note: <888> 08/29/08 Friday 5:40 P.M. I chatted with some neighbors. I chatted with a relative. My relative called, and will arrive at the Greenwich train station at 6:58 P.M.. I ate a baloney and cheese sandwich with 1/3rd of 5.5 ounce tube of Pringle potato chips and a dill pickle slice with a glass of watered down passion punch. I chatted with another relative. I will now shut down the primary Vista computer, and I will go out for a bit of time downtown, before I pick up my relative. CIO

Note: <888> 08/29/08 Friday 4:30 P.M. The order for tracking is <u>UPS: Tracking</u> <u>Information</u> on the order for size 9 1/2, <u>Mitre Fly 77 Classic Shoes - White</u> with 20% off coupon code ''WEB20TODAY'' for \$17.98 and \$5 ground shipping for \$22.98 total arrived. I will now throw out the shoe box. They fit just fine. My right foot heel arch is a bit lame from all of the walking that I have done the last two days. CIO

Note: <888> 08/29/08 Friday 4:10 P.M. I ordered four <u>FRYS.com | Antec Antec TriCool</u> 80mm Blue LED Fans for \$3 each with free shipping for \$12 total. CIO

Note: <888> 08/29/08 Friday 3:50 P.M. I woke up at noon today. I watched the John McCain speech <u>www.johnmccain.com</u> speech announcing his running mate of a woman governor Palin from Alaska. I chatted with a relative. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with butter, and a glass of 50% passion punch and 50% cold filtered water, and a cup of coffee with milk and splenda. I did not eat a banana with the oatmeal, since they are not yet ripe enough to peel. I made my bed, and I washed the breakfast dishes. I threw out the garbage, and I chatted with neighbors. I checked the family car to make sure it starts, when my relative arrives. It only has a fourth of a tank of gasoline, so my relative will have to fill up the tank. I showered, and I cleaned up. I chatted with two friends. I went outside. They have put new sod on the baseball field in the back yard, and it looks to be quite a professional job. As a neighbor says watching the Greenwich, Connecticut RTM on television is like watching grass grow, so they speeded up things around here by using sod. In the old days, when <u>www.princeton.edu</u> was less busy, they use have large sod farms to keep the campus green. CIO

Note: <888> 08/29/08 Friday 5:25 A.M. I ate 10 dried apricots.

The World's 100 Most Powerful Women - Forbes.com

What Price A Duke's Art? - Forbes.com

Order Windows Home Server Evaluation Edition with System Requirements

I will now shut down the primary Vista computer, and I will go to bed soon. I have to be up early enough this afternoon to be ready to pick up my relative at 6 P.M.. I am a bit worn out from the redecoration. CIO

Note: <888> 08/29/08 Friday 4:15 A.M. I paid my bills for <u>www.verizon.com</u>, <u>www.cablevision.com</u> for Optimum Online Boost, Digital Cable Television, and Optimum Voice Long Distance telephone service, and <u>www.cl-p.com</u> electricity. I ordered from <u>www.ordersmokesdirect.com</u> five cartons of King Mountain Ultra Lights 100s in a box for \$15.99 a carton and \$14.48 shipping for \$94.43 total. I will now go through my email. CIO

Note: <888> 08/29/08 Friday 3:40 A.M. After the last note, I rearrange the apartment a bit. I basically moved the 54 inch diameter oak table out from the living room kitchen wall towards the center of the living room, and I moved the small computer table against the wall. This involved quite a bit of detail that I will not go in. The Brother All Purpose machine is now sitting on the speaker behind the small computer table. The two telephones that were at the apartment entrance are now on a tea table to the right of the of the Northgate Syntax computer. I disconnected for now the HP Photosmart all purpose printer, and I put it on the Visioneer scanner in the bedroom. I set up the table with four place settings and bric-a-brac. I only have the three oak chairs at the table with more room around them, but one could swing the computer swivel chair around for a fourth chair. I put place mats, vases, and candelabras on the table too. However, I also have to eat at it, and keep some of my daily work items on it, so it is not as neat as it could be if one were formal dining. I waxed the table too. I also vacuumed the areas that I moved items around in. There is only one small table at the French reproduction chair now with the telephone on top of the small television. I also threw out two old HP laser cartridges. I also used a plastic cutting board to prop up the lower left LCD monitor on the primary Vista computer, so it is aligned with the other LCD monitors. I propped it up with a steak knife wedged in between the control panels and the IBM Home Director box which was the right size on the CPU with the other side resting on the small computer table. To add paper to the Brother all purpose machine, I would have to pull out the small computer table, and that would also mean moving the lower left LCD monitor, and if I moved the CPU, it would be the same. However, the overall effect in the apartment it much better, and more user friendly. I might have to tweak it some more in the following days. I will now pay my first of the month bills. CIO

Note: <888> 08/28/08 Thursday 9:30 P.M. I woke up during the early morning, and I ate 13 dried apricots. I then finally got up at 11 A.M. this morning, when I had a computer magazine telephone call. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with butter, and a glass of 50% passion punch and 50% cold filtered water, and a cup of coffee with milk and splenda. I made my bed, and I washed the breakfast dishes.

The order for tracking is <u>UPS: Tracking Information</u> on the order for size 9 1/2, <u>Mitre Fly</u> <u>77 Classic Shoes - White</u> with 20% off coupon code "WEB20TODAY" for \$17.98 and \$5 ground shipping for \$22.98 total was misdirected and refused at the Valley Road Post

Office. I called up UPS, and I got back to them this evening, and they are going to deliver the shoes tomorrow. I also called www.kolhs.com to make sure the latest order is delivered to my apartment and not a level 2 delivery to the post office which the Valley Road post office claims they do not accept deliveries from UPS. I showered, and I cleaned up. I went to my usual Thursday 3 P.M. appointment. I then went by the Greenwich Hospital Thrift shop. I bought a black iron grill stand about 4 inches high with 7 square inch grill rack for \$2 and a 14 inch diameter stainless steel Italian made pizza plate with a four inch high stainless steel stand for \$5 for \$7 total. Both of which could be used in the Sharp Convection Microwave oven. I then went downtown, and I walked upper Greenwich Avenue first. I stopped by the Greenwich Hardware store, and they have my same Sharp Convection Microwave oven for \$475 plus 6% Connecticut sales tax which matches the cheapest price on the internet. I bought a Weber Charcoal Grate for a 18.5 inch Weber grill which is actually about 14 inches in diameter for \$7.99 and .48 tax for \$8.47 total. It can be use with the other stands or put on a Pyrex pie plate to have a higher elevated baking surface in the Sharp Convection Microwave Oven for more even convection baking. They have a larger stoneware round pizza pan there for \$20. I then went by the Complete Kitchen Gourmet cookware shop, but they did not have anything I needed. I then finished my walk of upper Greenwich Avenue, and I stopped by briefly at CVS. I then put my purchases in the Audi. They were in the process of removing the flamingo statues from in front of the Senior and the Arts center. They were done by a Greek sculpture Kasacopolis. I then walked lower Greenwich Avenue, and I chatted with a husband while his wife shopped. I walked around the train station area, and then I sat out for a while at the Senior and the Arts Center. I used the bathroom there. I then went by the Stop and Shop, and they have square baking trays on sale, but no round ones. I then went by the A&P Fresh, but they did not have any round baking trays, just aluminum ones. I bought a quart of California strawberries for \$2.50. They also have California Honeydew Melons on sale there. I then returned home. I took the two large aluminum pots off the top of the Sharp convection oven, and I put them underneath the smoker's chair in the kitchen. I put the two different round rack assemblies on top of the Sharp Convection Microwave oven. I then emptied about 8 Tropicana 59 ounce orange juice containers with spare water, and I threw out the containers, which I had to do to make room for the large pots underneath the chair. I chatted with a relative. I will now reheat the chicken from last night, and I will steamed the same vegetables and serve them the same way. I will also drink some watered down passion punch. I brought up my mail, when I came in. A relative and a friend are going to pick up the other family car tomorrow, and I will pick them up around 6 P.M. at the Greenwich Train station coming from Manhattan. CIO

Note: <888> 08/28/08 Thursday 4:20 A.M. Tropical Storm GUSTAV Five Day Tracking

## http://mikelouisscott.com/weather.htm

#### http://geocities.com/mikelscott/weather.htm

I put the four rolls of aluminum foil on the right side of the Sharp convection oven.

# Internet Explorer 8 - Firefox 3.1 - Playing Catch Up? ~ IT Professionals

Smithsonian Institution - Global Volcanism Program: Worldwide Holocene Volcano and Eruption Information

Whisky Guild - single malt scotch whisky new york new jersey

**Biltmore Email Newsletter** 

How to Build a Green Instant-On PC - Tech Analysis

BBC NEWS | Health | Britain's happiest places mapped

BBC NEWS | Technology | Computer viruses make it to orbit

BBC NEWS | Health | Robo-skeleton lets paralysed walk

**BBC NEWS | Technology | Closing the Gates after Bill** 

I have a 3 P.M. appointment today. I will now shut down the primary Vista computer, and I will go to bed soon.

CIO

Note: <888> 08/28/08 Thursday 3:25 A.M. I was able to find these

# <u>High Baking Rack for Sharp Microwave / Convection Ovens - eBay (item 170195073892</u> end time Sep-15-08 10:06:07 PDT) \$18.99

Low Baking Rack for Sharp Microwave / Convection Ovens - eBay (item 180216896737 end time Sep-15-08 09:59:07 PDT) \$23.99

or here for combined shipping.

Martin Microwave Inc. Sharp High Baking Rack

Martin Microwave Inc. Sharp Low Baking Rack

I think, one would only need the lower size.

Of course with \$11 shipping, I might try the gourmet kitchen store downtown to see if they have it.

I straightened up some of the food items underneath the smoking chair in the kitchen putting some of them in the bookcase pantry shelves. I threw out the garbage. No sign of the Texas or Carolina Red Wolf around. CIO Tracking is <u>UPS: Tracking Information</u> on the order for size 9 1/2, <u>Mitre Fly 77 Classic</u> <u>Shoes - White</u> with 20% off coupon code "WEB20TODAY" for \$17.98 and \$5 ground shipping for \$22.98 total.

Note: <888> 08/28/08 Thursday 12:55 A.M. I went out after the last note. I went by the Chase Bank on Mason Street. I then went by the Greenwich Hospital Thrift Shop. They had a Sharp convection microwave oven | R-930CS manufactured in December 1999 with the back side of the built in trim kit Sharp: Built-in Trim Kit - 27" Cutout: Stainless Steel without the front part, and without the two round wire racks but with the turntable in very good very clean condition for \$65. I went over the Greenwich Library, and I research it, and it the unit still sells for around \$500 Amazon.com: Sharp R-930CS 1-1/2-Cubic-Foot 900-Watt Convection Microwave, Stainless: Kitchen & Dining and with the full trim kit \$641 Amazon.com: Sharp Built-in trim kit - Model RK93S27 Microwave Accessories: Kitchen & Dining. I returned to the Greenwich Hospital Thrift Shop, and I bought it for \$65. One of the staff members helped me load it into the trunk of the Audi. I then returned home, and I used the cart that I keep in the rear of the Audi to bring it up. I took the Farberware Convection oven off the refrigerator, and I cleaned the top of the refrigerator, and the top of the Farberware Convection oven. I moved the aluminum foil rolls from on top of the refrigerator to the left of the Proscan television in the kitchen. I moved the four thermos containers to the left living room closet. I put the Farberware Convection oven on top of the GE microwave oven on the bookcase pantry with the plastic shelves on top of that with the microwave ware and other items. I moved the hanging onion and garlic holder basket further towards the stove, so the Farberware door has room to open. I put the Sharp Convection Microwave Oven on top of the refrigerator, and I plugged it into the power strip behind the Proscan television. It seems to work fine, but I did not test it, but its panel lighted up. I put the Sharp speaker on top of its rear ventilation hood top and the large aluminum pots. They do not get hot since ventilation hood sits a couple of inches off the microwave oven. I then straightened up the small items I moved around. I printed out the manual http://www.sharpusa.com/files/mic\_man\_R930CS.pdf, and I bound it in a clamp binder, and I left it on the Toshiba laptop for now. I chatted with a relative. I ate the rest of the pineapple strawberry mixture with some watered down passion punch. I then went back out. I put the cart back in the rear of the Audi. I went downtown, and I walked then entire length of Greenwich Avenue including the far end of the south side of the train station and the lower parking lot. I used the bathroom at the senior and the arts center. I stopped by CVS. I went by the Chase Bank ATM machine on Mason street. I walked over to Whole Foods, and I bought a Costa Rican pineapple for \$2.99. I walked back to Greenwich Avenue. I then walked back all the way down Greenwich Avenue, and west on Railroad Avenue and back up Arch Street. I chatted with a couple of the Mechanics at the Lexus Dealership Lexus of Greenwich, Connecticut and Westchester New York's Premier Lexus Dealership for New and Used Lexus Cars garage which is opened 24/7 all of the time. I then tried to use the bathroom at Starbucks which was busy. I then went by the ATM machine at the Chase Bank on Mason Street again. I then went by the A&P Fresh, and I used the bathroom, and I bought a package of four large boneless breasts of chicken for \$1.99 a pound for \$8.28 and fresh green Chiquita bananas for .64 a pound for \$1.76 for \$10.04. I chatted with a local Scottish resident. I then returned home. For dinner, I used the Sharp Convection Microwave oven, and I

cooked two of the boneless breasts of chicken breaded the way that I do on Convection Cycle in a round Pyrex dish at 350 degrees Fahrenheit for 35 minutes, and they came out just perfect. The round Pyrex dish does not sit flat on the round moving tray, so it might spin, so I put it slightly off center. I ate one, and I refrigerated one in a Rubbermaid container. For the last 15 minutes, and I also steamed two 2 inch Russet potatoes cuts into eights, and cauliflower pieces and baby carrots, which I put butter, olive oil, Italian seasoning, and grated parmesan and Romano cheese on. I ate it all with a glass of watered down passion punch. The two different Sharp racks are here at the bottom of this page <u>Official Sharp Accessories | Genuine Sharp Supplies | Brackets | Cables | Electronics</u> <u>Accessories | Shop Sharp Direct</u>, but at \$42.50 each, I won't be buying them. However, one of these cheaper wire racks might do <u>Roasting, Baking, & Cooling Racks</u>. CIO

Note: <888> 08/27/08 Wednesday 2:25 P.M. After the last note, I watched on the channel 782, the Hallmark Movie channel high definition, the move, "The Curse of King Tut". I went to bed about 12:30 A.M.. I woke up at 11 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with butter, and a glass of 50% passion punch and 50% cold filtered water, and a cup of coffee with milk and splenda. I made my bed, and I washed the breakfast dishes.

I ordered four <u>Chaps Jackson Pleated Twill Pants - Big & Tall</u> in 44X30 for \$5.40 each, less 10% with coupon code "NEW7857" for \$2.16 off plus \$5 ground shipping for \$24.44 total.

I chatted with a relative.

I ordered four <u>Logisys Fan 80mm, Blue LED (3pin and 4pin, Retail Pack LT400BL)</u> for \$15.99 with free shipping.

I will now shut down the primary Vista computer, and I will go out for a little daytime activity. I first have to shower and clean up.

Hurricane Gustav heading for New Orleans <u>Tropical Storm GUSTAV 5 day tracking</u>. They generally pick up strength in the Gulf of Mexico.

http://mikelouisscott.com/weather.htm

http://geocities.com/mikelscott/weather.htm . CIO

Note: <888> 08/26/08 Tuesday 10:25 P.M. I will now shut down the primary Vista computer, and I will possibly watch some television before going to bed. I ate the last 7 of the dried apricots in the opened container. CIO

Note: <888> 08/26/08 Tuesday 10:10 P.M. John McCain 2008 - John McCain for President

John McCain 2008 - John McCain for President Weschester GOP Headquarters September 4, 2008

## **Introducing Windows Vista Small Business Assurance**

<u>Men's Trail Model Underwear, Pants: Sleepwear and Underwear at L.L.Bean \$12.95</u> with possible free shipping coupon <u>L.L. Bean Coupon Codes - all coupons, discounts and promo codes for llbean.com</u>.

John McCain 2008 - John McCain for President Contribute

Shows - The Glenlivet - Academy Monday - Golf Channel

Sir Sean Connery -- Britannica Online Encyclopedia

BBC NEWS | Science/Nature | 'Complexity' of Neanderthal tools

**BBC NEWS | In Pictures | In pictures: Giant Roman statues** 

BBC NEWS | Business | Two-thirds of UK homes now online

I chatted with a relative. CIO

Note: <888> 08/26/08 Tuesday 8:45 P.M. I got the documentation together to file for the NEON Energy Assistance program on Thursday afternoon September 4, 2008. I ate 10 dried apricots. I will now go through my email. CIO

Note: <888> 08/26/08 Tuesday 8:00 P.M. I ate a Jones' 7 ounce precooked ham steak fried over medium high to medium electric burner heat for about 4 minutes a side seasoned with Italian seasoning and fried in butter and olive oil, and I turned it repeatedly. I put some Dijon mustard on it. I also steamed on a steamer tray in a pot with lid and an .75 inches of water for 15 minutes two small Russet potatoes cuts into eights with baby carrots and broccoli crowns and cauliflower, about two cups worth, which I put in a bowl with butter and olive oil and Italian seasoning and parmesan and Romano grated cheese, and it ate it with a glass of watered down passion punch. CIO

Note: <888> 08/26/08 Tuesday 6:45 P.M. I finished installing the XP Home updates on the Toshiba laptop, and without the CA security suite it runs a bit faster. I am using the XP firewall on it. I chatted with a relative three times. While doing that, I took out HP Photosmart C4280 all purpose printer black ink cartridge that was not working, and I put it upside down on a paper towel on a dish, and I poured a little bit of Ronsol lighter fluid on its print head, and I let it sit for 10 minutes, and then I did it again for another 10 minutes. I dried the outside of the cartridge with a tissue not touch the electrical contact or print head. I then reinstalled it, and it now works just fine. I ran the alignment cycle and the print head cleaning cycle. I now have it available for color photo printing, which is its primary purpose.

A relative was just able to buy one of these for \$400  $\underline{MSI}$  Wind Notebook Website -  $\underline{Product}$  . CIO

Note: <888> 08/26/08 Tuesday 5:15 P.M. I ate 10 dried apricots yesterday, and I ate 10 dried apricots just now. I chatted with a relative. CIO

Note: <888> 08/26/08 Tuesday 4:55 P.M. I picked up my mail. I chatted with neighbors. Two neighbors who are smokers outside of the north end of the building have colds. CIO

Note: <888> 08/26/08 Tuesday 4:30 P.M. I uninstalled the CA security suite off the 10 year old Toshiba laptop, so it now runs faster, and I am now installing the XP Home updates on it. I will now mail the rebate and holiday aid letters. CIO

Note: <888> 08/26/08 Tuesday 3:55 P.M. I woke up at 10 A.M.. I watched some television on the Science channel #170 on my Cablevision Digital television system.

This \$70 instant rebate on this item for \$130 and \$8 tax with free shipping is available <u>Samsung CLP-315 Color Laser Printer at OfficeMax</u> you can use this promtion with paypal to get about an extra \$30 back <u>Office Max.com 20% off w/ Paypal - SlickDeals.net</u> <u>Forums</u>.

I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with butter, and a glass of 50% passion punch and 50% cold filtered water, and a cup of coffee with milk and splenda. I threw out the garbage, and I chatted with neighbors. I made my bed, and I washed the breakfast dishes. I filled out the \$20 rebate information on the computer memory I received yesterday, and I have it ready to mail. I ran a test print out on the Epson Stylus Color 800 printer, and it still works fine. However, the black ink cartridge does not work on the HP Photosmart C4280 all purpose printer. I ran a couple of cleaning and priming cycles to no avail. I chatted with a Staples in Old Greenwich, where I bought it the first week of May 2008, and they told me, it only comes with starter cartridges that are nearly empty. I chatted with HP, and they told me the cartridges that come with it are 80% full, and the black ink cartridge probably dried out, and I should replace it. I have two new starter cartridges in the similar unit, I just purchased, but since I never use it, there is no point in installing the cartridges, until I need to use it. I might need to use it to print out my Christmas letters before Christmas time. I will now fill out the form from the Greenwich Department of Social Services for my Holiday food vouchers. CIO

Note: <888> 08/25/08 Monday 10:05 P.M. I sat out a couple of times this afternoon. I watched a program about the new large 600 seat Airbus. Tracking is "35786272082" at <u>DHL: Track (By number) Detail</u> for the order <u>FRYS.com | CRUCIAL CRUCIAL DDR</u> <u>1GB PC3200 MEMORY</u> for \$11.99 after \$20 mail in rebate with free shipping for \$31.99 before mail in rebate arrived. I tried installing it in the primary Vista computer and the Epox computer, but it was not compatible with the existing memory. I finally installed it in the bedroom Gigabyte computer, so it now has 1.75 gigabytes of memory. I also installed a better coaxial cable on the Leadtek TV card in the bedroom Gigabyte computer, so the TV quality on it is better. I chatted with a relative. I ate the other half of the salad from last night with some watered down passion punch. I also ate 20 dried apricots this afternoon. I

will fill out the \$20 rebate information on the memory tomorrow. I am a bit tired, so I will now shut down the primary Vista computer, and I will go to bed soon. CIO

Note: <888> 08/25/08 Monday 1:05 A.M. They are fixing up the playing field in the back yard by the skating rink, so there is now a big pile of old dirt and sod in the parking lot and another big pile of fresh dirt in the diamond field. I am a bit tired, so I will now shut down the primary Vista computer, and I will go to bed soon. I enjoy getting out a little bit more often now that summer is ending soon, so I can get use to some of my more active cold weather routines. I really have difficulty taking the heat of the summer around here, which is why I spend most of my time around the air conditioner in my apartment during the summer. CIO

Note: <888> 08/25/08 Monday 12:40 A.M. Well, the Queen of Denmark use to vacation in the winter in Key West, Florida <u>The Danish Monarchy</u>, so I probably know one or two other Danish people. CIO

Note: <888> 08/25/08 Monday 12:20 A.M. There are one and possibly two photographs of me when I was thin and tan after returning from Florida in 1977 and 1978, and those are the staff photographs taken at the Gordon Folger Hotel in Nantucket those summers. I recall, Michael the baker was also from Key West, and he later became the bartender at the Languedoc in Nantucket and the Fogarty House in Key West, and then the two chefs were from Panama. Well, it was warm by the cast iron storm in the kitchen, when your blood is thinned out. The owners of the Gordon Folger Hotel were the Bowman family from Canada, and I recall Scotty Bowman thought we were rather suspicious looking characters. The rest of the staff were pretty much well fed pale northern people. CIO

Note: <888> 08/24/08 Sunday 11:55 P.M. I ate 20 dried apricots.

With all of the skinny young boys skateboarding downtown, there have apparently been some injuries this summer <u>Skateboarders turned off by skatepark's fees</u>, rules - Greenwich <u>Time</u>.

Alas, I was never agile enough to skateboard, and I have spent most of my life walking around for exercise. If you want to explore areas where skateboards do not work so well, it helps if you can walk.

One relative recently walked up and down Mount Washington for a little bit of exercise, which I do not think I would be up to doing.

If you lived in Florence, Italy, you could try walking up and down the steps of Duomo, which I only did once.

I noticed one person downtown that I know has lost about 50 pounds, and I noticed a lot of other people have lost weight, so I guess people are eating less and getting more exercise. The easiest way I know to lose weight is to try living in Key West, Florida for about six months in the winter, and eat a six inch long piece of Cuban bread for breakfast, and a

yogurt and orange juice for lunch, and a plate of beans and rice or peanut butter sandwich for dinner if you are lucky, and walk around all of the time, and like me back in 1976 to 1978, I went from about 185 pounds in Greenville, South Carolina to 125 pounds, when I left Key West, Florida both in the spring of 1977 and 1978, but I was also darkly tanned, so when I returned up north, they thought I was a Puerto Rican, but I did not know Spanish. Here is what I looked like when I was heavier at 155 pounds back in October 1983 at age 33, when I left Nantucket, but I was not in the sun that much after I left Florida in 1978 http://mikelouisscott.com/mike-scott-kennebunkport-maine-august-1983.jpg . CIO

Note: <888> 08/24/08 Sunday 11:25 P.M. If any public individuals from overseas have any complaints, they are suppose to take it up with their respective consulates and embassies. Since my family has lived here for close to 400 years, I tend to go along with the status quo versus the talking head status quo. From what little I know about geo politics, in the old days of the cold war with Russia when it was a much larger country, the United States of America had about 5,000 thermonuclear missiles, and Russia was suppose to have around 60,000. Whether any of them work after all of these years, is opened to question, and more than likely there are more advanced weapon systems that the general public does not know about. I do know from one recent B.B.C. news story on the poisoning of a Russian spy in England, that Russian claimed they were not involved, since if they had done it, they had poisons that can not be detected. It sort of makes one think that they might have the upper hand with all of the foreign operatives around here.

# BBC NEWS | UK | UK Politics | Thatcher dementia fight revealed CIO

Note: <888> 08/24/08 Sunday 10:20 P.M. <u>Vesuvius -- Britannica Online Encyclopedia</u> on this day in 79 A.D..

**BBC NEWS | Europe | Hopes fade for avalanche victims** 

BBC NEWS | Asia-Pacific | Stem cells 'created from teeth'

## BBC NEWS | Technology | One laptop for every Niuean child CIO

Note: <888> 08/24/08 Sunday 9:40 P.M. I put a new 25 watt GE bent tip bulb in the far living room left sconce. I am throwing out the 20 month old 32 ounce On Cor frozen baked sliced turkey meal, since it is probably too old. CIO

Note: <888> 08/24/08 Sunday 9:00 P.M. I took the large wooded salad bowl, so I washed it cleaned. I then took the last third of a head of Foxy iceberg lettuce that I bought about two weeks ago, and it was still fresh since I had it in the refrigerator in its original wrapping, and I peeled off the rest of its leaves, and I ripped them into two to three inch pieces, and I added them to the salad bowl. I then added about a half cup of broccoli crowns with stalks cuts into quart inch chunks. I then added 15 baby carrots that I cut lengthwise in quarters. I then added one medium peeled and diced yellow onion. I then added two Kosher dill pickles that I cut into quarter inch chunks. I then opened up a 3.75 ounce tin of Beach Cliff sardines, and I added the oil to the mixture, and I cut the sardines into half

inch chunks, and I added them into the mixture. I then took four slices of Kraft processed American cheese, and I cut them into 1 inch by .25 inch slices, and I added them. I put three strips of bacon on two paper towels on a microwave proof plate with a paper towel on top and a microwave lid on top of the plate, and I microwaved the bacon for 4.5 minutes. I then crumbled the bacon on the salad. I toasted an English muffin well done, and I cut it into half inch cubes, and I added it for croutons. I then added about a third of a cup of grated parmesan and Romano cheese. I then added a half teaspoon of Maggi seasoning, and some Italian spice seasoning, about eight tablespoons of Tunisian extra virgin olive oil, four tablespoons of Italian balsamic vinegar and about a few ounces of Kraft Balsamic salad dressing, and I mixed it all together with Canadian Goose salad fork and spoon, until it was thoroughly mixed. I then put 40% on a dinner plate, and I put the other 60% in a large Rubbermaid container in the refrigerator. I ate tonight's portion with a glass of 1/4th passion punch and 3/4ths cold filtered water. I chatted with a relative. The emergency pull cord alarm went off for the second time in two nights. Once again it was families in the community room having a party, and they pull the emergency pull cord in the mail room bathrooms by mistake, and once again it took about a half hour to reset. I chatted with a couple of neighbors. I threw out the garbage. CIO

Note: <888> 08/24/08 Sunday 6:25 P.M. I woke up at 10 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with butter, passion punch, and a cup of coffee with milk and splenda. I threw out the garbage, and I chatted with neighbors. I made my bed, and I washed the breakfast dishes. I chatted with a relative. I showered, and I cleaned up. I threw out the garbage. I went downtown, and I stopped by CVS, and I bought buy one get one free of six packs of Thomas' English muffins for \$3.39 both six packs. I chatted with a local. I walked the entire length of Greenwich Avenue and the train station area. I chatted with visitors from Yugoslavia. I chatted with a local. I stopped by CVS again, and I bought four 16 ounce cans of Sunsweet Mediterranean dried apricots for \$2.50 each can. I used the bathroom at Starbucks. I chatted with a relative who was traveling on my wireless AT&T Go Phone. There seems to be a few visitors today. I then returned home. I ate the rest of the last can of almonds. CIO

Note: <888> 08/24/08 Sunday 4:40 A.M. Earlier, I ate half of the 10.8 ounce can of CVS smoked almonds. I also ate a bowl of the pineapple strawberry mixture. I will now shut down the primary Vista computer, and I will go to bed soon. Maybe some of the adult writers will produce some more interesting content once the children go back to school. People around here are not really interested in Professional Sports, since they tend to work a lot, they do not have time for watching Professional Sports. CIO

End of Scott's Notes week of 08/24/08:

Note: <888> 08/24/08 Sunday 3:15 A.M. Of course if one were going to live down south in Washington D.C., the Duke family <u>James Buchanan Duke - Wikipedia, the free</u> <u>encyclopedia</u> have one of the more fashionable houses in Washington D.C., and they have another one on the north side of the Frick house in Manhattan <u>http://www.frickmuseum.org/</u>. Of course the richest people continue to remain private,

and they keep all of their money in the <u>Bessemer Trust</u>, and they have common sense not to give it all away to charity. Because, once you don't have money, nobody cares anyway. I will now send out my weekly notes. CIO

Note: <888> 08/24/08 Sunday 2:15 A.M. Another oil brat <u>Hugh D. Auchincloss -</u> <u>Wikipedia, the free encyclopedia</u>. Of course Standard Oil distributed oil from other families' lands which families managed to remain more private. <u>Wall Street: A History :</u> <u>from Its ... - Google Book Search</u>.

Tom Scott's Minor role in forming the Standard Oil Monopoly <u>Pure Oil Trust Vs.</u> <u>Standard Oil ... - Google Book Search</u> by giving John D. Rockefeller the exclusive right to move oil on the Pennsylvania Railroad without any other competition, when Tom Scott was President of the Pennsylvania Railroad, and Andrew Carnegie was his telegraph operator. However, I am not sure if that Scott is related to the Winfield Scott branch of the family or not. CIO

Note: <888> 08/24/08 Sunday 1:50 A.M. Ready-Made Rockefeller - NYTimes.com CIO

Note: <888> 08/24/08 Sunday 1:30 A.M. More than likely President Bush does something <u>Welcome to the White House</u>, but the liberal media does not cover him up this far up north, since they are too busy trying sell women's dresses for the <u>www.nytimes.com</u>. CIO

Note: <888> 08/24/08 Sunday 1:25 A.M. I ate 20 almonds. I put away the laundry. From my experience, if you spend a lot of time downtown on Greenwich Avenue at night and in the early morning hours, you begin to feel like Boo Radley <u>Boo Radley - Google Search</u> in "To Kill a Mockingbird". CIO

Note: <888> 08/24/08 Sunday 12:20 A.M. Obama's cabinet <u>FBI - Most Wanted - The FBI's</u> <u>Ten Most Wanted Fugitives</u> . CIO

Note: <888> 08/24/08 Sunday 12:10 A.M. I have a half hour to go on the dry cycle of the laundry. I chatted with a neighbor while putting in the laundry in the dryer. CIO

Note: <888> 08/23/08 Saturday 11:30 P.M. I woke up at 6 P.M.. There was a false emergency pull cord alarm in the building that took a half hour to check out and turn off. There did not appear to have been any lights above any of the doors on indicating a problem. I ate four egg omelet with grate parmesan and Romano cheese two slices of processed cheese along with five strips of fried bacon and a toasted English muffin with butter and watered down passion punch. I chatted with a relative. I went back to bed until 10 P.M.. I am doing two loads of laundry, and I am about ready to start the dry cycles. I put clean linens on the bed. CIO

Note: <888> 08/23/08 Saturday 1:55 P.M. I will now shut down the primary Vista computer, and I will take a nap. CIO

Note: <888> 08/23/08 Saturday 1:25 P.M. I finished off the can of almonds, and I made up a batch of passion punch. CIO

Note: <888> 08/23/08 Saturday 1:20 P.M. I woke up at 7:30 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with butter, passion punch, and a cup of coffee with milk and splenda. I threw out the garbage, and I chatted with neighbors. I made my bed, and I washed the breakfast dishes. I did a Vista Complete PC backup of the primary Vista computer to the Bytecc external hard drive, and then I did it from the first hard drive to the second hard drive. I chatted with a relative and a friend. I no longer seem to get the Blue Screen crashes with this the Nvidia drivers for my two GeForce 6200 AGP and PCI video cards

<u>http://mikelouisscott.com/computer.htm</u>. I got a solution message to install the older drivers 96.85 <u>Nvidia Answer</u> which I did which seem to have solved the problem with my two video cards and four LCD monitor setup. I watched Laurel and Hardy movies on the Turner Movie channel while waiting for the backups to complete. <u>www.johnmccain.com</u> looks a little bit like Stan Laurel. A relative is suppose to pick up the family car next Friday and take it to Kennebunkport, Maine. CIO

Note: <888> 08/22/08 Friday 7:30 P.M. Earlier this morning before I finally got up, I ate about 1/4th of a 10.8 ounce can of CVS smoked almonds. I went out after the last note. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I chatted with a regular. I used the bathroom at the senior and the arts center. I stopped by CVS, and I bought a 10.8 ounce can of CVS smoked almonds. I ate about a fourth of the can while sitting out downtown. The ski shop at the top of Greenwich Avenue has moved to Old Greenwich. I finished my walk. I used the bathroom again at the senior and the arts center. I then returned home. I chatted with neighbors. I picked up the mail. The order for order for two <u>New Cooler Master 60mm x 10mm CPU Replacement fan</u> for \$6.99 each and \$4.22 postage for \$18.20 total arrived. I put them in the box on top of the sideboard bookcase with the other computer parts and CPU coolers. I watched some television, and I ate the rest of the can of almonds. I am a bit tired, so I will now take a nap. Have a good evening. CIO

Note: <888> 08/22/08 Friday 2:10 P.M. I woke up at 11 A.M.. The water to the building had been turned off and back flushed, so there was rust and dirt in the water. I ran the bath tub water, until it ran clear again. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with butter, passion punch, and a cup of coffee with milk and splenda. I threw out the garbage, and I chatted with neighbors.

I had a telephone call from Microsoft in the Philippines about <u>TS2 Event: Increase your</u> <u>customer offerings and drive your business!</u> Manhattan, August 26, 2008, and I explained to them, I probably would not be able to afford to attend. I watered the plants. I threw out the garbage and the old periodical literature.

<u>UPS: Tracking Information</u> on <u>Newegg.com - HP Deskjet F4280 CB656A Up to 26 ppm</u> 4800 x 1200 dpi Thermal Inkjet MFC / All-In-One Color Printer - Printer - Inkjet Printers for \$29.99 with discount coupon code "EMCAJCBBD" for \$29.99 with free shipping arrived. I put it on top of the upper file cabinet in the bedroom.

Tracking is "35786272082" at <u>DHL: Track (By number) Detail</u> for the order <u>FRYS.com | CRUCIAL CRUCIAL DDR 1GB PC3200 MEMORY</u> for \$11.99 after \$20 mail in rebate with free shipping for \$31.99 before mail in rebate.

I will now eat a bowl of the pineapple strawberry mixture, and I will then shower, and I will clean up. I will then go downtown to face the masses of village idiots downtown, whom are trying to get ready for school next week. CIO

Note: <888> 08/22/08 Friday 12:35 A.M. The Top 15 Wealthiest Royals - Forbes.com

**Red Cross Store** 

#### **Microsoft Partner Learning Center**

Tracking is <u>UPS: Tracking Information</u> on <u>Newegg.com - HP Deskjet F4280 CB656A Up to</u> 26 ppm 4800 x 1200 dpi Thermal Inkjet MFC / All-In-One Color Printer - Printer - Inkjet <u>Printers</u> for \$29.99 with discount coupon code "EMCAJCBBD" for \$29.99 with free shipping.

I will now shut down the primary Vista computer, and I will go to bed soon. Have a good morning. CIO

Note: <888> 08/21/08 Thursday 11:50 P.M. One of my neighbors from North Carolina asked me this evening, where I had lived down south. This pretty much covers my living adventures Michael Louis Scott's Resumee . Alas since I have been in this area most of my life, the experience is not necessarily transferable elsewhere. I do know that one does not get a job from being involved in politics, unless one has a lot of influence and money. I also know if one wants a job in the Federal government, it is easier to take the Civil Service Exam and to apply for a government job. Since this area tends to be mostly private business, there are not many federal government jobs in this area. However, I do know about some people whom have had government jobs, and after they retire, they tend to move back to their home areas. I saw one of the regular library patrons from Illinois today, so he is back amongst us. I heard on www.foxnews.com that Obama with all of his money has a step brother that lives in Kenya in a 6 foot by 6 foot box like shelter with a dollar a month income, so he does not help out his relatives very much. Since www.johnmccain.com is from an old American family with a relative that served with George Washington, technically we could be related, since there were not that many people around in the beginning of the country. CIO

Note: <888> 08/21/08 Thursday 11:05 P.M. I went out after the last note. I went by the Greenwich Library, and I chatted with some of the regulars, and I read National Geographic. I then went to my usual Thursday 3 P.M. appointment. I then went downtown, and I walked the entire length of Greenwich Avenue and the train station area.

I stopped by the Greenwich Cigar store, and I bought a Green Backs scratch card for a dollar, but I lost. I used the bathroom at the senior and the arts center. I stopped by CVS, and I bought two 10.8 ounce cans of CVS smoked almonds for \$2.99 each for \$5.98 total. I stopped by the Chase Bank on Mason Street. I then walked back to Greenwich Avenue, and I finished my walk down Greenwich Avenue. I tried sitting in the little park across from CVS, but a bee buzzed me away. I finished my walk. I used the bathroom at the Senior and the Arts center. I chatted with a few locals during my walk. I then drove over to the Stop and Shop, and I bought a two pound bag of baby carrots for \$2.99 and a head of cauliflower for \$2.99 for \$5.98 total. I then returned home. I chatted with neighbors. I picked up my mail. I put away my purchases. I received the Viewcon VE091 USB to 10/100 Mbps Fast Ethernet Adapter, USB Ethernet Adapter with coupon code of "HW19225OFF" for \$5.49 with free shipping. I installed it on the Northgate Syntax computer. Vista did not recognize it with a driver, but I was able to download it from this site Realtek Viewcon VE091 USB to 10/100 Mbps Fast Ethernet Adapter, USB Ethernet Adapter Drive Download, and it worked just fine. It is only USB 1.0, and not 2.0, so on the Northgate Syntax computer, I only get 5 MBPS download and upload versus 15 MBPS and 7 MBPS with the LAN card. I removed the LAN card from the third slot, and I installed the Hauppauge WinTV Go card, and I then reinstalled its program, and it works just fine. I leave it on channel 3 and with it with the Digital Cable Box it is connected to, since its remote control is at that same location. I chatted with a relative. I ate a eight ounce hamburger with a slice of cheese on a bun with ketchup along with a large bowl of steamed russet potato chunks, broccoli crowns, asparagus, and baby carrots with butter and olive oil and water down passion punch. I also ate 10 almonds. CIO

Note: <888> 08/21/08 Thursday 12:35 P.M. I ate a baloney and cheese sandwich with a dill pickle slice and a 1/3rd of a tube of Pringle potato chips with a glass of watered down passion punch. I will now shut down the primary Vista computer, and I will shower and I will clean up, and I will go out early for my 3 P.M. appointment. CIO

Note: <888> 08/21/08 Thursday 11:40 A.M. I ordered <u>Newegg.com - HP Deskjet F4280</u> <u>CB656A Up to 26 ppm 4800 x 1200 dpi Thermal Inkjet MFC / All-In-One Color Printer -</u> <u>Printer - Inkjet Printers</u> for \$29.99 with discount coupon code "EMCAJCBBD" for \$29.99 with free shipping. It is like the one that I already have. I will keep it for backup. I will not bother installing it. I paid for it, and I did not charge it. CIO

Note: <888> 08/21/08 Thursday 10:50 A.M. I woke up at 5 A.M..

This is available with \$40 mail in rebate <u>FRYS.com | CRUCIAL 2GB DDR PC3200 DUAL</u> <u>MEMORY / CRUCIAL</u> \$29.99 with free shipping after rebate through today.

I ordered <u>FRYS.com | CRUCIAL CRUCIAL DDR 1GB PC3200 MEMORY</u> for \$11.99 after \$20 mail in rebate with free shipping for \$31.99 before mail in rebate.

I will put it in the primary Vista computer, so it will have 3 gigabytes of computer memory, and I will move the PNY 512 meg. memory chip to the Bedroom Gigabyte computer, so it will 1.25 gigabytes of memory.

I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with butter, passion punch, and a cup of coffee with milk and splenda. I went back to bed until 9 A.M.. I made my bed, and I washed the breakfast dishes. I threw out the garbage. I said good morning to neighbors. I have a 3 P.M. appointment today. CIO

Note: <888> 08/20/08 Wednesday 11:30 P.M. I ate a bowl of low fat Cheez-its.

The "Mojave Experiment"

Costco - \$249.99 after \$100 OFF Xerox Phaser 6125N Network Ready Color Laser Printer

Smithsonian Institution - Global Volcanism Program: Worldwide Holocene Volcano and Eruption Information

New Lee Jeans on sale

**Biltmore Email Newsletter** 

Visit Biltmore - Calendar - Flower Carpet, The Dutch Do Like Flowers.

BBC NEWS | Technology | Intel details new core chip line

I will now shut down the primary Vista computer, and I will go to bed soon. Have a good night. CIO

Note: <888> 08/20/08 Wednesday 10:20 P.M. Since I still walk quite a bit, and although I have a lot of shoes, I ordered in size 9 1/2, <u>Mitre Fly 77 Classic Shoes - White</u> with 20% off coupon code ''WEB20TODAY'' for \$17.98 and \$5 ground shipping for \$22.98 total. They look a little bit like the Addidas Country sneakers I use to wear all of the time in my younger days. CIO

Note: <888> 08/20/08 Wednesday 9:50 P.M. I chatted with a relative earlier and another relative a few minutes ago. The news is talking about war with Russia, but from my view point, we can not afford to go to war with anyone let alone get over there, so I guess the Russians will have to come over here to start the war. We already have over a half million new Russian immigrants in the New York area over the last 20 years which we could hold hostage in case the Russian continue with their hostile ways. There are only 150 million people in Russia today, and there are over 2.5 billion people in the Western Hemisphere, so generally we tend to have pretty good security here. CIO

Note: <888> 08/20/08 Wednesday 9:15 P.M. <u>FOXNews.com - Tropical Storm Fay Floods</u> <u>Hundreds of Homes in Central Florida - Local News | News Articles | National News | US</u> <u>News</u> CIO

Note: <888> 08/20/08 Wednesday 9:10 P.M. <u>Hospital death rates for key conditions</u> <u>unveiled - CNN.com</u>

## Medicare.gov - Hospital Compare CIO

Note: <888> 08/20/08 Wednesday 9:05 P.M. I slept until 5 P.M., when I had a computer magazine telephone call. For dinner, I ate a baked breaded boneless breast of chicken with two small baked russet potatoes with butter and steamed broccoli crowns, baby carrots, and sliced asparagus with butter and a glass of watered down passion punch. I went outside, and I threw out the garbage, and I chatted with neighbors. The police and EMT were at the family apartments. I picked up my mail. I chatted briefly with a friend. <u>www.foxnews.com</u> said the Melbourne, Florida had over 20 inches of rain today. CIO

Note: <888> 08/20/08 Wednesday 1:20 P.M. I will now shut down the primary Vista computer, and I will take a nap for a while. CIO

Note: <888> 08/20/08 Wednesday 12:55 P.M. I ate a 6 ounce Yoplait mixed berry yogurt. Yogurt has a lot of enzymes in it that are good for the body's natural digestion system. CIO

Note: <888> 08/20/08 Wednesday 12:45 P.M. <u>BBC NEWS | Health | Fruit juice 'could</u> affect drugs'

#### **BBC NEWS | UK | Airport face scanners tested**

That news story does not matter anyway, because in America, we can not afford to go anywhere anymore anyway, and the visitors find us so boring, nobody ever visits us anymore. CIO

Note: <888> 08/20/08 Wednesday 12:10 P.M. I went outside briefly, and I said hello to neighbors. I guess the fashion crowd on Greenwich Avenue miss my low key fashion presence out there. Not many people seem to be interested in computers except the financial crowd that uses them for online trading. I will now go through my email. CIO

Note: <888> 08/20/08 Wednesday 11:40 A.M. I tried installing the IBM Home Directory System on the FIC server, but it does not work, since I use a power strip with surge protection on the FIC server, and I do not want to run it without surge protection.

To decrease system resources on the primary Vista and the FIC Vista computers, I ran this command <u>BigG's: Turn Off Hibernate in Vista</u> to turn off hibernate in Vista.

I had a call from a Wireless Computer magazine about a free subscription.

I ate about 25% of a 13.5 ounce box of low fat Cheez-its. There is a 75 cents off coupon on the inside wall of the box for the next purchase. CIO

Note: <888> 08/20/08 Wednesday 8:55 A.M. One Laptop per Child Lands in India CIO

## Note: <888> 08/20/08 Wednesday 8:40 A.M. <u>106 mpg 'air car' creates buzz, questions -</u> <u>CNN.com</u> CIO

Note: <888> 08/20/08 Wednesday 8:30 A.M. I woke up at 5 A.M.. I had a telephone call at 9 P.M. last night that I did not answer, and nobody left a message. I was a bit tired. I watched the special on www.foxnews.com about www.johnmccain.com . I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with butter, passion punch, and a cup of coffee with milk and splenda. I made my bed, and I washed the breakfast dishes. I chatted with a friend. I threw out the garbage. I found a black umbrella in the dumpster that I put in the rear window of the Audi. I saw the building custodian arriving early. I will now do some regular internet work. Although I really need more exercise walks with the higher prices of fuel it is expensive to go downtown regularly for a walk, and since I have invested in a first class office at home, I feed I should try to make the best use of it. I used to have a large extensive network of republican friends around the country, but living around so many liberal democrats, I have lost touch with most of them, and since the liberal republican group of Rockefellers seem to control this area, they have chosen not to invest in my more conservative republican activities over the years. Thus most of the people I have networked with while living here have similar experiences to myself from living elsewhere in the world and the country and quite a few of them are veterans that do not tell anyone too much, since Connecticut still is a primary defense contracting state, once you quit reading the local press that only sells real estate for those that can afford it in this area. CIO

Note: <888> 08/19/08 Tuesday 8:35 P.M. I ate a Maria Callendar 21 ounce beef lasagna with some grated parmesan and Romano cheese with some diluted passion punch. I chatted with two relatives.

### Twisters spotted as Fay sweeps across southern Florida - CNN.com

I will now shut down the primary Vista computer, and I will go to bed soon. Have a good night. I guess I will be back on a daytime schedule. CIO

Note: <888> 08/19/08 Tuesday 7:05 P.M. I went out after the last note. I went by the Greenwich Library, and I read P.C. World Magazine. I chatted with a few regulars. I then went to my 3 P.M. appointment. I have to fill out my Energy Assistance application on September 4, 2008. I then went by the Greenwich Hospital Thrift shop, and I bought an IBM Home Director starter kit for \$3. They have some clothes on sale for 75% off. I then went downtown, and I sat out briefly, and I used the bathroom at the senior and the arts center. I then went by the Greenwich Automotive Services Exxon gasoline station, and I bought \$14 of self service premium for \$4.619 a gallon for 3.031 gallons for 35.8 miles driving since August 8, 2008 at odometer reading of 60982 for 11.8112834 miles per gallon in mostly local heavy traffic with the air conditioner at at 66 degrees Fahrenheit. I cleaned the windows, and I checked the tires all around for 36 Pounds Per Square Inch. I chatted with a Mobil employee that I know, and I chatted with a local plumber, and I chatted with a friend driving a Lotus automobile. I then returne home. I chatted with some neighbors. I relaxed a bit in my smoking chair in the kitchen. CIO

Note: <888> 08/19/08 Tuesday 12:35 P.M. I have a 3 P.M. appointment downtown, so I will go out a little bit early and kill some time downtown. I will now shut down the primary Vista computer. CIO

Note: <888> 08/19/08 Tuesday 12:25 P.M. <u>Michael Phelps Beijing Sports College Athletics</u> <u>College Aquatic Sports Culture and Lifestyle - SI Vault</u>

A Double Dose of Bad Economic News

Oil drops to near \$112 as storm threat eases

See what still could becoming our way <u>NRL Monterey Satellite Photos</u> .

Where some Florida people spend the summer <u>Nantucket Island, MA 02554 - A Complete</u> <u>Island Guide</u>

See what is happening at Arno's in Nantucket Nantucket.net - Live Cams . CIO

Note: <888> 08/19/08 Tuesday 12:10 P.M. I chatted with a friend. Lots of rain for orange juice in Florida <u>Fay causes power outages, damage in southern Florida - CNN.com</u>. I ate a bowl of the pineapple strawberry mixture. CIO

Note: <888> 08/19/08 Tuesday 11:35 A.M. I went outside, and I chatted briefly with neighbors. CIO

Note: <888> 08/19/08 Tuesday 10:45 A.M. <u>Connecticut Sales Tax Holiday - August 17-23,</u> 2008

InternetNews Realtime IT News - Microsoft Blog Opens Windows to Version 7

**Engineering Windows 7** 

BBC NEWS | Science/Nature | Wild dolphins tail-walk on water

**BBC NEWS | Technology | Flat-panel fridge set for debut** 

BBC NEWS | Programmes | Click | Looking ahead to tiny technology CIO

Note: <888> 08/19/08 Tuesday 10:20 A.M. Bill Clinton's birthday <u>Bill Clinton -- Britannica</u> Online Encyclopedia . CIO

Note: <888> 08/19/08 Tuesday 10:15 A.M. The GE air conditioner repair man came shortly after the last note. He checked out the unit, and he said it was just fine. All they could do in the future is take it our for two weeks and clean the coils in Long Island, but I also could do that myself if I left it off and let it return to room temperature and clean it with my one gallon steamer. However, it is a sealed unit, so one can not add Freon. Also it

is cooling properly, and if it is not putting out enough temperature, he suggested turning down the temperature on it, which I did. He said at this time of year, there is no point taking it out for two weeks for cleaning, since I will need it. I put the items on the window shelf back in their usual position. I cleaned the window shelf first. I move the vintage wooden tool box to the far right of the window shelf, so it is not as conspicuous, and I moved the pathos plant to the center of the window shelf, so it is better seen. Thus it also looks better. I set the air conditioner on medium fan speed at 66 degrees Fahrenheit, and it is currently 72 degrees Fahrenheit in the apartment. I also have both tower fans going to blow the cool air around the apartment. I chatted with a relative. When the GE air conditioner maintenance contract expires on September 16, 2008, my relative told me not to renew it, and if the unit ever fails after eight years so far, we will just buy a new one. Of course that probably means I will have to install it myself and remove the old one, which was part of the reason for having the maintenance contract, so I would not ever have to do that which is quite tedious and difficult and they weigh a lot. I will now go through my email. CIO

Note: <888> 08/19/08 Tuesday 8:15 A.M. I went outside, and I threw out some garbage. I chatted with some neighbors. I received a call from GE Service that they are on their way. I moved some of the chairs out of the way, so there is more room to access the air conditioner. CIO

Note: <888> 08/19/08 Tuesday 7:20 A.M. I went outside briefly. I ate a baloney and cheese sandwich with a dill pickle slice and 1/3rd of a 5.5 ounce tube of Pringle sour cream and onion potato chips along with some diluted passion punch. CIO

Note: <888> 08/19/08 Tuesday 6:10 A.M. I did a Vista Complete PC backup of the first hard drive to the second hard drive after the last note. I went to bed about 2 P.M.. I had a call from the GE reminding my of the air conditioning service appointment between 8 A.M. and noon this morning. I woke up at 1 A.M.. I watched the local weather from Key West, Florida at www.liveduvalstreet.com . It does not seem to be too bad down there. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with butter, passion punch, and a cup of coffee with milk and splenda. I made my bed, and I washed the breakfast dishes. I removed the items from the living room window shelf around the air conditioner, so it can be more easily serviced. It removes from its case by removing the front cover, and then removing the two retaining screws on the lower front on each side, and it slides out of its case, so it can be serviced. Besides not being cold enough the front moving louvers have not moved for five years, so I have used a tower fan to blow the cool air around the living room. I also put a sheet over the living room sofa, so it will not get dirty when working on the air conditioner. If the unit case had to be removed, one would have to remove the insulation hand towels from in between the two halves of the window upper and lower and then remove the Plexiglas from the left side of the opening of the window, and the Plexiglas is held in by duct tape, and then removed insulation hand towels from the right side and open the window further. Also would have to remove the styrofoam insulation from around the unit which is held in by duct tape. Then the case could be lifted out with its wall leg supports or possibly disassembled from the roof outside. It is GE's option to replace the unit or not. I do not know if the

replacement unit would fit in the same case or not. I then showered, and I cleaned up. I went by the Chase Bank on Mason Street, and I used the ATM machine. I then went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. At the top of Greenwich Avenue, I walked east as far as the Y.M.C.A. and back browsing the shops on both sides of East Putnam Avenue. It looks like the new Y.M.C.A. pool might be opened for early morning swimming for its members. I then finished my walk, and I returned back to my apartment after my walk. I do not drive down by the waterfront on Steamboat Road anymore, because it costs me an extra dollar round trip from the center of Greenwich Avenue. Each round trip downtown to the Senior and the Arts center from Byram costs me about \$2.50 round trip. The Queen Mary II is back in Manhattan today <u>QM2 - Itinerary - 2008</u>, so maybe we will have some British tourists around. I also have a 3 P.M. appointment this afternoon. CIO

Note: <888> 08/18/08 Monday 1:05 P.M. <u>Kingston 8GB DataTraveler USB 2.0 Flash Drive</u> - DTI/8GB - Buy.com

http://satepsanone.nesdis.noaa.gov/pub/OMI/OMISO2/index.html

Volcanic SO2 Near-Real-Time Service

MVO Web Site

BBC NEWS | Americas | Storm hits Cuba on way to Florida

BBC NEWS | Science/Nature | 'Fewer hurricanes' as world warms

BBC NEWS | UK | Prince 'must prove anti-GM claim'

I will now shut down the primary Vista computer, and I will go to bed soon. Have a good afternoon. CIO

Note: <888> 08/18/08 Monday 11:50 A.M. I made up another batch of the pineapple strawberry mixture. I went outside, and I threw away the garbage. I chatted with a neighbor. I will now fry an 8 ounce hamburger, and I will eat it on a defrosted bun with ketchup. I will also steam some baby carrots, broccoli crowns, quartered small russet potatoes and sliced asparagus which I will put some butter on and a little bit of olive oil on. I will eat it all with the watered down passion punch mixture. CIO

Note: <888> 08/18/08 Monday 10:05 A.M. I went out after the last note. I went downtown. I walked the entire length of Greenwich Avenue and the train station area. I sat out at various locations. After my walk, I used the bathroom at the senior and the arts center. I then drove over to CVS on Greenwich Avenue, and I bought a 12 roll package of CVS toilet paper for \$4.99 and two one liter bottles of CVS Antiseptic Oral Rinse for \$2 each and .54 tax for \$9.53 total. I then bought as a clearance item 5 two packs of 15 watt light bulbs for .87 a two pack and .26 tax for \$4.61 total. I then went by the Stop and Shop, and I bought a six pack of Thomas' New York Everything bagels for \$3, a 16 slice package of Stop and Shop low fat white processed cheese for \$2.50, two half gallons of Tropicana orange juice with calcium for \$1.99 each, German Wondabar double thick sliced baloney at \$2.99 a pound for \$3.39, a 13.5 ounce box of low fat Cheez-its for \$2.50, a pound of fresh strawberries for \$2.99, and fresh green bananas for .64 a pound for \$1.91 for \$20.27 total. I then returned home, and I brought up my purchases, and I put them away. CIO

Note: <888> 08/18/08 Monday 6:30 A.M. I showered, and I cleaned up. I ate a baloney and cheese sandwich with a dill pickle slice and 1/3rd of a 5.5 ounce tube of Pringles sour cream and onion potato chips along with a glass of cold watered down passion punch. I checked out the bedroom generic computer testing its CD and Hard drives with various cables and alternative drives, and I determined the motherboard controller had failed, so it is no good. I disassembled the generic computer salvaging parts just leaving in the CPU. I will throw out the case shortly. I straightened up the bedroom. I will now shut down the primary Vista computer, and I will go out for a walk after I get dressed. CIO

Note: <888> 08/18/08 Monday 3:20 A.M. Although the generic system seems to work. When I ran the low level format and ran the MaxBlast test, it indicated there might be a read problem on the 20 gigabyte Maxtor hard drive, and the system just crashed installing the last of the updates, which I am now installing again. The hard drive could be replaced, but if it were the motherboard hard drive controller, the system would not be useable, so for now until I troubleshoot the system more, I will not order the extra memory which at the moment I can not really afford. Also in installing the 10 gigabyte hard drive, it is adjacent to the 20 gigabyte hard drive, so there might not be enough cooling for the hard drives, but I could mount the 10 gigabyte hard drive in a 5.25 inch bay for better cooling. CIO

Note: <888> 08/18/08 Monday 3:00 A.M. I went to bed at 2 P.M. I could not get Ubuntu to install on the generic computer in the bedroom. I had a telephone call from a relative, and I had a telephone call from a friend on vacation in Palm Beach, Florida worrying about the hurricane down in Florida. I woke up at 10 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with butter, passion punch, and a cup of coffee with milk and splenda. I made my bed, and I washed the breakfast dishes. I had an extra copy of XP Professional, so I was able to install it on the generic computer in the bedroom. I am now installing the updates. I will then configure it. I can not use the case with a more advanced motherboard, since the case does not have room for case fans that I would need for cooling. The current generic system uses the power supply fan and the two CPU fans. From what I can figure out since the memory test at www.crucial.com does not identify the specific system, but I was able to find a similar motherboard at Micro-Star MS-6167 Athlon Motherboard . It says it will suppose up to three 256 meg. PC133 ECC memory chips. I could order two of these for \$8 each Spartan Technologies 256MB 32X72 3.3VOLT SDRAM 7.5NS W/ EPROM ECC PC133 plus shipping, however they are available here \*\*\* 512mb (2 x 256mb) PC-133 SD-RAM MEMORY MODULES \*\*\* - eBay (item 250283515958 end time Aug-26-08 11:14:06 PDT) for about \$19 with shipping, but Spartan Technologies has free shipping \$16 for both here 256 MB PC 133 memory, SDRAM items on eBay.com for \$8 each with free shipping. I put

a spare 10 gigabye hard drive in the generic computer as a second hard drive for backups. CIO

Note: <888> 08/17/08 Sunday 12:10 P.M. I ate some Dutch sour dough pretzels. I will now shut down the primary Vista computer, and I will go to bed soon. I will let the Ubuntu install on the generic computer continue running. Possibly with the generic case, I could build a faster computer with the spare parts that I have in the apartment, but it is not really necessary, but I will think about it. CIO

Note: <888> 08/17/08 Sunday 11:10 A.M. The portable DVD player is a Trutech Go Anywhere 7 inch DVD player Model No. PVS12701B date 2005 like this <u>Trutech® 7"</u> <u>Portable DVD Player - Silver (PVS12701) : Target</u>. I plugged in my adjustable transformer set to the 9 volts with the right adapter, and it works just fine. I am now charging it up. I do not know if the rechargeable battery will take a charge or not. I left it on top of the Toshiba laptop in the living room. I am still installing Ubuntu on the generic bedroom computer. CIO

Note: <888> 08/17/08 Sunday 10:15 A.M. I threw out the garbage after the last note. Somebody had discarded a desktop computer by the dumpster and a portable DVD player. I brought them both up to my apartment. I tested the desktop in the bedroom, and it works. It is a generic desktop with a AMD 700 MHz processor and a 128 megs of memory and a 32 meg AGP card with LAN card and sound card and 20 gigabyte hard drive and a internal telephone modem. It had Windows 2000 on it, but it was password protected. I set it up the left of the Gigabyte bedroom computer desktop. I put the Dell 17 inch monitor on top of it with the Visioneer scanner connected the Gigabyte on top of the monitor. I connected its power to the speaker power strip. I installed the 4 port Netgear router and the generic headset, and I connected it with a Y splitter to one of the two pairs of speakers in the window. I hooked up the Logitech cordless mouse and a Microsoft keyboard. I set its CMOS settings. I downloaded the latest version of <u>www.ubuntu.com</u> from <u>www.mit.edu</u>. I burned it to a CD. I did a 2% low level format of the hard drive. I am now installing Ubuntu on the generic bedroom computer. CIO

Note: <888> 08/17/08 Sunday 7:25 A.M. In the old days in Nantucket, when people were too busy with cocktails to cook and would frequently eat out at restaurants, most of the food in the restaurants from what I could tell from the trucks I saw came from Sysco Foods Sysco Corporation, Beatrice Foods Beatrice Foods - Wikipedia, the free encyclopedia and S.S. Pierce Seneca Foods Corporation - 1970's and the fresh seafood came from Holdgates fish monger on the wharf. However, the Welcome to A&P where you'll allways find exceptional Freshness, Quality and Value and Finast - Wikipedia, the free encyclopedia were also available on the island, and the Mount Vernon Farm and the Bartlett Farms provided fresh produce. There was also a Cumberland Farms <u>Cumberland Farms</u> <u>Convenience stores and Gasoline stations located throughout the Northeast & Florida</u>. Of course being a resort, there were a large number of bakeries and other specialty shops providing all sort of deluxe items, and there were quite a few liquor stores and wine shops. I recall most of the kids went to Henry's Liquor store which was also on the Steamboat wharf and they had another store in Marthas' Vineyard, and I use to occasionally buy for

**\$2** a three quarters liter bottle of imported French white table wine from the wine shop on Main Street on my few days off. CIO

Note: <888> 08/17/08 Sunday 6:55 A.M. You could order <u>Amazon.com: Pfaltzgraff</u> <u>Naturewood 16-Piece Stoneware Dinnerware Set, Service for 4: Kitchen & Dining</u> \$23.88, and a <u>Amazon.com: Kingston 1 GB Secure Digital Flash Card ( SD/1GB ) (Retail Package):</u> <u>Electronics</u> for \$5.74 for \$29.62 with free shipping. I don't need anymore China, I have plenty of China to spare. CIO

Note: <888> 08/17/08 Sunday 6:30 A.M. I put another blue tablet in the toilet tank, when I did my house cleaning on this past Friday. There is not worth bottom fishing for on the internet, but I always keep looking hoping to find a bargain on something I might be able to use, and that usually takes a bit of time. CIO

End of Scott's Notes week of 08/17/08:

Note: <888> 08/17/08 Sunday 5:15 A.M. <u>BBC NEWS | Special Reports | Green Room |</u> Camera spots rare clouded leopard

I will now send out my weekly notes. CIO

Note: <888> 08/17/08 Sunday 5:00 A.M. I put away the laundry. I made up another patch of passion punch. I forgot to defrost some meat, so I had a meatless dinner. I steamed for 15 minutes in a pot on a steamer tray with 3/4th of an inch of water four 1.5 inch diameter russet potatoes cuts into quarter, 4 small broccoli spears, 1/3 of a pound of asparagus with the ends cut off at an angle, and cut into 1/3rd lengths, and about 15 baby carrots. I put four pads of butter on the steamed vegetables and a teaspoon of olive oil, and I ate it all with a 20% mixture of passion punch and 80% mixture of cold filtered water. CIO

Note: <888> 08/17/08 Sunday 3:30 A.M. <u>Refurbishing an old approach to PC recycling -</u> <u>CNET News.com</u>

In Florida, Turning a Blind Eye to Hurricanes - NYTimes.com

Tata Nano Could Be Too Cheap to Succeed - Wheels - Autos - New York Times Blog

<u>F9M520-08-GRY</u> This hard to find item is still listed available here, whether it is or not is opened to question.

Of course they are listed here <u>Majestron.com Wholesale Computer Part Supplier</u> and <u>Majestron Computer Hardware Distributor - Resellers Only</u> by the case. Time to put away the laundry. CIO

Note: <888> 08/17/08 Sunday 2:40 A.M. I put the laundry in the dryer, and I have 45 minutes on the dry cycle. I went outside briefly, and I saw a jet way up in the sky flying

towards the East, but over Greenwich it made a turn towards the southwest, so maybe they are heading back to the Middle East, where they still have cheap energy. CIO

Note: <888> 08/17/08 Sunday 2:25 A.M. I tried finding out how much electric hot water costs, and all I could find is this that says a half hour shower costs 50 cents. Thus a three to five minute shower should not cost more than about a dime <u>Comparative Evaluation of</u> <u>Green Initiatives</u>, but I am not sure if the figures are accurate. We probably use more energy keeping the hot water warm when we don't use it than when we do use it. CIO

Note: <888> 08/17/08 Sunday 2:15 A.M. <u>Haier Microwave - Electrics - Kitchen - Macy's</u> \$40 and \$12 shipping.

I am doing two loads of laundry. I have 12 minutes to go on the wash cycle. I put clean linens on the bed. I ate a bowl of Dutch sour dough pretzels. It does not seem like the Dutch have much of a presence in this area anymore, since they now have a much higher standard of living in Europe. I was told on Thursday afternoon during my appointment that the Scottish have a much higher standard of living in Scotland with all of their north sea oil compared to the standard of living in the United States. Maybe I could apply for foreign aid from Scotland and the Netherlands. CIO

Note: <888> 08/16/08 Saturday 11:55 P.M. After the last note, I ate the rest of the linguine with tomato and shrimp sauce with grated parmesan and Romano cheese along with a glass of 20% passion punch and 80% cold filtered water. I threw out the garbage. I went outside, and I chatted with a neighbor. I then picked up my mail. I then went to bed until 10:30 P.M.. I watched part of the Greenwich RTM meeting of August 14, 2008 debating on how to install a stop sign and cross walk at Shore Road and Sound Beach Avenue in Old Greenwich. Apparently there is a problem there with morning commuters from Stamford, Connecticut driving too fast to the Old Greenwich train station in access of 45 miles per hour. They apparently do not have sidewalks yet at that location. Since the primary Vista computer still occasionally crashes, I had thought it might be hackers, but I now think it is the Nvidia drivers for my two GeForce 6200 AGP and PCI video cards http://mikelouisscott.com/computer.htm . I got a solution message to install the older drivers 96.85 Nvidia Answer which I did which will hopefully solve the problem with my two video cards and four LCD monitor setup. I will now eat a bowl of the pineapple fruit mixture with a diluted glass of passion punch. It is the nature of eating pineapples or pineapple juice since they tend to grow on volcanic soil which is rich in sulphur that pineapple can give one a lot of intestinal gas that smells like sulphur, but it is the same with the white sulphur in the MSM that I take for my arthritis. I was not planning to be in mixed company anytime soon. CIO

Note: <888> 08/16/08 Saturday 4:15 P.M. The way I figure it with the hurricane season starting, it is going to get warmer up here. The GE air conditioner has not been putting out too much cold air this summer, and the apartment has been around 78 degrees Fahrenheit most of the time in the apartment. I paid \$600 for the GE Profile 15,500 BTU air conditioner with remote control at Partridge and Rockwell eight years ago, and I have since spent close to \$800 or more on service contracts since then, so I have over \$1,400

invested in the current unit. I called up GE Service at 1-800-626-2224, and I schedule a repair service on Tuesday August 19, 2008 between 8 A.M. and noon. They told me under the service contract they either repair the unit, and at their discretion, they can also replace it with a new one at no extra charge. Thus it is worth maintaining the service contract that I currently have, since they pay to replace the unit, if it is needed. Also the front moving louvers have not worked in five years or more. CIO

Note: <888> 08/16/08 Saturday 3:30 P.M. I picked up my mail, and I sat outside briefly. I received the new air conditioning contract from <u>Consumer Login GE Service Protection</u> <u>Plus - GE Appliances</u> for my GE Profile 15,500 BTU air conditioner with remote control. My current contract expires September 15, 2008, and to renew it would cost \$115.49 for a year, but I will not be renewing it, since when I checked with Partridge and Rockwell, where I bought it eight years ago, they told me that GE can condemn the unit if there is anything wrong with it that is major, and thus I would not get it repaired under the existing service contract. One can buy a similar size unit at <u>www.homedepot.com</u> today for about \$359, so it is not really worth paying the expensive maintenance contract. However, one would have to remove the old unit which weighs close to a hundred pounds and transport and install a new unit. I don't think a new unit if when needed would fit into the trunk of my Audi sedan. I put the GE service contract offer in the small bureau drawer at the kitchen entrance with my current contract. CIO

Note: <888> 08/16/08 Saturday 3:00 P.M. I woke up when a relative called at 11 A.M.. I ordered Viewcon VE091 USB to 10/100 Mbps Fast Ethernet Adapter, USB Ethernet Adapter with coupon code of "HW19225OFF" for \$5.49 with free shipping. I will put it on the Northgate Syntax computer, so I can remove the LAN card, and then I will be able to install the Hauppauge TV card in it again. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with butter, passion punch, and a cup of coffee with milk and splenda. I made my bed, and I washed the breakfast dishes. I went outside, and I threw out the garbage, and I chatted with neighbors. I brought up a 2006 GE microwave oven that I found by the dumpster, and I tested it, but it does not work. I guess the newer GE products are not as good as the older ones. My 8 year old GE microwave oven works just fine. I put it back out by the dumpster. I chatted with a relative. I guess on the hurricane situation down south, Hurricane Fay will lose strength over Cuba, but it will pick up more strength once it reaches the Florida straits and the Gulf of Mexico. Thus with the higher prices of fuel, people probably will not be able to evacuate as easily, so I guess they will have to stay home and ride it out. The green bags The Official Site of Debbie Meyer Green Bags that I have been using on my bananas work just fine. I should try using them on some of the other produce in the refrigerator too. I chatted with a relative. CIO

Note: <888> 08/16/08 Saturday 5:15 A.M. I downloaded and installed the latest Nvidia driver on the primary Vista computer. I will now shut it down, and I will go back to sleep for a while. I ate a Kashi bar.

### http://mikelouisscott.com/weather.htm

# 6715

#### http://geocities.com/mikelscott/weather.htm

#### **Tropical Storm FAY 5 Day Tracking CIO**

Note: <888> 08/16/08 Saturday 4:05 A.M. I watched some more television. Well not much seems to be happening on this the quiet side of the planet. I guess with the higher prices of fuel around here, there is not much late night and early morning activity anymore. I suppose not many people venture into Manhattan anymore for any sort of weekend activity. There more than likely are still plenty of people around here trying to figure out how they will keep their homes warm this winter with the lack of fuel. I have been told that the Greenwich schools go back into session this coming week which is earlier than usual, so maybe they are expecting more snow days this winter. I have made up my mind to stick with my computer activity for now, since that is what I know how to do best. I am totally oblivious to the National political scene, and from what I can tell no matter whom gets elected the over situation in the country will probably not improve very much. Writers are not paid very much, so there is always something for people to read about or for the talking heads on television to talk about. As far as the overall general economic situation, we are now more prisoners of our environment with out very much happening. Since this area has a lot of people in the communications and finance and transportation industries with the many service industries revolving around those activities with the decrease of activity in this area, there is less for a lot of people to keep busy with. One can always start using the internet to think of ways to get better prepared for winter such as that one might still get free shipping LL Bean Coupons, LLBean.com Coupon Codes - DealCatcher, and one might consider ordering L.L.Bean: Search Results Union Suits or even two, if you plan to be around this winter with minimal heating available. Of course if and when it gets colder here, we will get a few people venturing out of the north land heading south, and possibly some people from the north country might show up around here if they can afford it to escape the colder conditions to the north of us. More than likely since we never hear anything out of Canada, the Canadians whom are use to colder weather might be doing better overall with more energy, but from what I can tell, there do not seem to many Canadians showing up in past winters, since when they leave Canada, they would rather show up in warmer places to the south of us. Of course it is still warm around here, and I am still using the air conditioner to stay cool on the warmer days. Downtown at night, it is mostly a few youngsters hanging out, but on weekends there still are a few people whom seem to be able to afford to go out to dinner which generates a little bit of activity downtown. Of course with the Welcome to Greenwich Library, one can always stay home and read a book to escape into some new adventure.

There is now no current movie theatre in town anymore, just the art cinema <u>Art house hits</u> <u>Railroad Ave. - Greenwich Time</u>

Band leader Bob Button dies at 93 - Greenwich Time .

CIO

Note: <888> 08/16/08 Saturday 2:35 A.M. I woke up at 11:30 P.M.. I watched a Gary Cooper and Ritz Hayworth movie about Mexico on the Turner Movie channel. While doing that I took a 16 ounce box of linguine, and I filled a 5 quart Revere pot 60% full of water, and I added a teaspoon of olive oil and a dash of salt, and I brought it to a boil. I cooked the linguine 9 minutes, and I drained it in a colander, and I put have in a Rubbermaid container in the refrigerator, and I put half on a dinner plate. While doing that I took a 26 ounce jar of Barilla roasted garlic tomato sauce, and I put in in a pot, and I brought it to a simmer over medium high electric burner heat, and I added three peeled and minced cloves of garlic and a peeled and diced medium onion, and I seasoned it with garlic powder, Italian seasoning, ground black pepper, a tablespoon of olive oil and a half teaspoon of Maggi seasoning. I also took a 16 ounce bag of frozen cooked shrimp, and I rinsed the ingredients in a colander under cold water, and I added them for the last five minutes of the tomato sauce cooking altogether about 15 minutes. I then put half the tomato sauce mixture on the linguine on the dinner plate and half in a Rubbermaid container, and I seasoned the portion I was to eat for dinner with grated parmesan and Romano sauce, and I ate it all with a glass of 20% passion punch and 80% cold filtered water. After the movie, I threw out the garbage with the shrimp tails, so the apartment would not smell. It seems to be a full moon out tonight. CIO

# Note: <888> 08/15/08 Friday 4:25 P.M. John McCain 2008 - John McCain for President Contribute

## Saudi Oil Policy Unresolved - Forbes.com

### T. E. Lawrence -- Britannica Online Encyclopedia

### BBC NEWS | Technology | Windows 7 details to be released

I will now shut down the Vista computer, and I will take a nap. CIO

Note: <888> 08/15/08 Friday 3:50 P.M. After I cleaned up, I went outside, and I threw out the shipping box. I then chatted with some neighbors. I then picked up mail. CIO

Note: <888> 08/15/08 Friday 2:05 P.M. I woke up at 9 A.M. today. During the night, I woke up, and I ate the last of the low fat Cheez-its. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with butter, passion punch, and a cup of coffee with milk and splenda. I made my bed, and I washed the breakfast dishes. I did my house cleaning, and I watered the plants. I threw out the garbage and the old periodical literature. The order for tracking is <u>UPS: Tracking Information</u> on the order for <u>Seagate Technology - ST3160023A-RK - Internal 3.5-inch Ultra ATA/100 160-GB Hard</u> <u>Drive</u> for \$34.99 and \$2.10 tax with free shipping for \$37.09 total arrived. I will now eat a baloney and cheese sandwich with a dill pickle slice and 1/3rd of a 5.5 ounce tube of Pringle sour cream and onion potato chips along with a glass of 20% passion punch and 80% cold filtered fresh water. I will then shower, and I will clean up. CIO

Note: <888> 08/15/08 Friday 12:20 A.M. As far as I know the only activity the Duke of Windsor ever did in Greenwich, Connecticut was on a visit as the Prince of Wales back around 1926, he dedicated a statue at the Electrolux <u>Welcome to Electrolux USA</u> vacuum cleaner factory in old Greenwich, Connecticut. Electrolux was owned by a Swedish friend of his, and that friend use to lend the Duke of Windsor his yacht the Southern Cross to travel back and forth to Europe on. I am a bit tired, so I will now shut down the primary Vista computer, and I will go to bed soon. The local expert on the Duke of Windsor that I used to chat with was Wilbur Banks, the Electrolux vacuum cleaner salesman in Greenwich for many years, and Wilbur was also in the Duke of Windsor's honor guard in Newport, Rhode Island during World War II. CIO

Note: <888> 08/14/08 Thursday 11:55 P.M. I ate a bowl of low fat Cheez-its. It seems rather confusing that if the Norwegians have 680 billion dollars from North Sea Oil revenues that the Scottish whom are equal partners in the North Sea Oil fields should have that much money too. However, from what I can tell, the Scottish do not seem to have any money, so they must have invested 680 billion dollars into Scotch whisky to ward off the cold damp weather up there north of Hadrian's Wall - Wikipedia, the free encyclopedia. I have read that when Wallis Simpson Windsor Wallis, Duchess of Windsor - Wikipedia, the free encyclopedia passed away, the Duke of Windsor's Edward VIII of the United Kingdom - Wikipedia, the free encyclopedia entire fortune of 2.5 million dollars was left to the Pasteur Institute in France Institut Pasteur - Internet . However, I have also read that when Edward VIII took off traveling, he also took all the British Royal's family money along with the Royal Court. Since after he left England he lived with the King of Belgium Leopold III of Belgium - Wikipedia, the free encyclopedia and also the Rothschilds Rothschild family - Wikipedia, the free encyclopedia in Vienna, Austria, he must have had access to other funds outside of England in terms of Colonial or Commonwealth assets. More than likely as a private citizen he did not feel like paying taxes, so he might have kept reserve funds in off shore tax hideaways. Whatever, the real story, I only recall seeing him once in January 1973 entering the Waldorf Towers The Waldorf Towers where I viewed him from St. Bart's ST. BART'S WELCOMES YOU church on the north side of the towers entrance. Since he supposedly had passed away in June 1972 BBC ON THIS DAY | 5 | 1972: Duke of Windsor laid to rest, he must have retired into private life somewhere here he was not bothered by the press or more influential British government officials. It is only a guess, but possibly there is more to the story than meets the eye. Possibly since he was also governor of the Bahamas in World War II, he might have had some sort of assets down there that the rest of his family forgot about. I do know one of his friends down there whom was murdered owned the largest gold mine in Canada. CIO

## Note: <888> 08/14/08 Thursday 10:35 P.M. <u>Microsoft: More Details Coming On Windows</u> 7 - Software - IT Channel News by CRN and VARBusiness

# 21" HP "De-branded" DVI/VGA Widescreen LCD Monitor w/Speakers @ Geeks.com

**BBC - Newsbeat** 

# BBC NEWS | Americas | US celebrities spied during WWII

## BBC NEWS | UK | England | Roman coffins discovered at dig CIO

Note: <888> 08/14/08 Thursday 9:40 P.M. I made and ate a four egg omelet with grated parmesan and Romano cheese and two slices of Kraft processed cheese along with two slices of toast with butter and five strips of low sodium fried bacon along with a glass of 20% passion punch and 80% cold filtered water. I threw out the garbage and the shipping box. I picked up my mail. I got a fund raising letter from the wife of <u>www.johnmccain.com</u>, and his birthday is on August 29, 1935. Since I have already donated \$10 to his campaign, and since I advertise him with the window sticker that I purchased and put in the rear window of my car, and since I use my web site to advertise his campaign, I feel I have done my fair share to support his campaign. I will now go through my email. I do not watch that much television news, just bits and pieces of <u>www.foxnews.com</u> when I have meals, so I really do not know much about what is going on in the Talking Heads media, but I have always supported Republican Party candidates, and I will continue to do so. Of course I did support Bob Dole against one of the Bushs that ran against him in a primary many moons ago. CIO

Note: <888> 08/14/08 Thursday 7:40 P.M. I chatted with a relative. I wished the relative Happy Birthday.

To have spare fans for my new Thermaltake Volcano 10 CPU heat sink coolers, I ordered two <u>New Cooler Master 60mm x 10mm CPU Replacement fan</u> for \$6.99 each and \$4.22 postage for \$18.20 total.

I chatted with my relative again. CIO

Note: <888> 08/14/08 Thursday 6:00 P.M. I went out to my 3 P.M. appointment. I chatted with a neighbor on the way out. I returned from my 3 P.M. appointment. I chatted with a neighbor. The order for tracking is <u>UPS: Tracking Information</u> on the order for two <u>Thermaltake Volcano 10 All Copper CPU Cooler for Athlon XP up to 3400+ & Athlon MP up to 2600+-Best Computer Online Store Houston Buy Discount Prices Texas-<u>Directron.com</u> for \$14.99 each and \$9.45 UPS ground shipping for \$39.43 total arrived. I installed one of the Thermaltake Volcano 10 CPU coolers on the FIC server. It has a 70,000 hour life span. I noticed that the copper hink seat on old CPU coolers does not deteriorate, so technically one could install a 60 mm fan with 3 pin connector on an old heat sink from the CPU cooler, and one would save a bit of money</u>

Note: <888> 08/14/08 Thursday 1:20 P.M. Before taking a nap, I ate two bowls of low fat Cheez-its. I got up at noon. I ate a bowl of the pineapple fruit mixture with a 20% mixture of passion punch and 80% mixture of cold filtered fresh water. I will now make my bed, and I will shower and clean up, and I will get ready for my 3 P.M. appointment. CIO

Note: <888> 08/14/08 Thursday 9:35 A.M. I chatted with a relative. I will now try to cat nap some more. CIO

Note: <888> 08/14/08 Thursday 8:30 A.M. I woke up, and I ate a bowl of the pineapple strawberry mixture.

Pentagon puts hold on USAF cyber effort

Old Guard Cyber Spy Dies Greenwichtime.com - Death Notices Robert Easton Button

\$399.99 with free shipping with coupon code "EMCAJBEAJ", <u>Newegg.com - Acer Extensa</u> <u>EX5620-4025 NoteBook Intel Pentium dual-core T2370(1.73GHz) 15.4" Wide XGA 1GB</u> <u>Memory DDR2 667 120GB HDD DVD Super Multi Intel GMA X3100 - Laptops /</u> <u>Notebooks</u> CIO

Note: <888> 08/14/08 Thursday 2:40 A.M. 2008 Fall Meeting: San Francisco, CA - 15-19 December 2008 | Main / Welcome!

<u>TS2 Event: Increase your customer offerings and drive your business!</u> Manhattan, August 26, 2008

AGU 2008 Fall Meeting Abstract Submission

Taft School Commencement 2008

BBC NEWS | Americas | US whites 'to be minority sooner'

I will now shut down the primary Vista computer, and I will go back to bed for a while. I have a 3 P.M. appointment today. CIO

Note: <888> 08/14/08 Thursday 2:10 A.M. After the last note, I ran some of utilities, and I ran disk cleaner on the C: drive to clean up the unneeded files. I then did a Vista Complete PC backup from the first hard drive to the second. I ate a bowl of the pineapple strawberry mixture. I went to bed about 11:30 A.M.. I woke up at 5 P.M. I move my Audi to one of its usual places. I picked up the mail. I said hello to a neighbor. One of the two post cards to an acquaintance in California came back as an unknown address. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with butter, passion punch, and a cup of coffee with milk and splenda. I made my bed, and I washed the breakfast dishes. I moved the Audi to its regular place. I took the old flight bags and travel bags off the wire rack behind the apartment entrance door, and I stored them away. I put the six New York Coffee travel mugs in the same wire rack. I moved the 2 foot by 4 foot throw rug from the apartment entry area to underneath the computer chair. I move the lighter throw rug from the bathroom to the apartment entry area. I took down the British Union Jack, the Swedish flag, and the Netherlands flags from in front of the living room windows. I moved the small flags to the hallway bookcases, so there are no longer any flags in the living room. The curtains look better without the flags. I moved around some of the smaller bric a brac. I took down the Cross Bow from above Granddad Boven's portrait, and I moved it to on top of the left bookcase in the hallway. I worried about it falling down on my computer equipment. I chatted with a relative. I

defragmented the C: drive on the primary Vista computer from 5 P.M. to 1:30 A.M., when I quit defragmenting it. I watched some television through out the evening including part of the Maltese Falcon. I ate a baloney and cheese sandwich with a dill pickle slice and 1/3rd of a 5.5 ounce tube of Pringle sour cream and onion potato chips and a glass of 25% passion punch and 75% cold filtered water. I will now go through my email. Happy Birthday to a relative. CIO

Note: <888> 08/13/08 Wednesday 9:50 A.M. I went outside, and I chatted with a neighbor. I noticed they have a summer work crew of youths cleaning the over growth along the east end of the baseball field out back. I will now shut down the primary Vista computer, and I will go to bed soon. I have been walking regularly on Greenwich Avenue in various patterns for 25 years, since I returned to Greenwich, Connecticut from Nantucket, where I also walked a lot more, and when I lived in Manhattan for various times up until 1982, I also walked quite a lot frequently over 20 miles a day, and I also use to jog long distances in Nantucket, and I also use to walk all of the time when I was down in the Florida Keys, and as I youth I used to walk a lot when I played a lot of golf, so obviously I have done more than my fair share of walking in my life, not to mention in other jobs like dish washing and pot scrubbing in Nantucket for about eight years and various other construction and maintenance jobs, I was frequently on my feet. Also with my arthritis, I tend not to walk as much on damp and rainy days, but living around the ocean up north that is pretty much the status quo in the colder weather, so I have done more than my fair share of cold and damp weather walking too. Since I am better equipped for my walking routines, I find it easier, but obviously over all of these years at age 58, I have gotten older, and obviously as I get older, I will probably show more physical wear and tare from all of the years of walking. CIO

Note: <888> 08/13/08 Wednesday 8:55 A.M. I have two old bathroom scales, and I currently weigh between 212 and 217 pounds depending on which scale I use. I have not been eating more, but with the higher price of fuel, I have not been going downtown as much to walk regularly like I use to. I still walk quite a bit however. I have been trying to walk for longer periods in hopes of losing more weight. Last night, I parked at the Board of Education, and I walked down Greenwich Avenue on the East Side of the street. I then walked west on Railroad Avenue on the North Side of the Street to Arch Street. I then crossed south to the West Bound railroad steps, and I walked up the steps to the railroad platform, and then I walked up the steps of the cross over bridge and down again, and I walked over to the south side of the office and down the four flights of steps into the parking garage and then back out on Steamboat Road. I walked up the West side of Greenwich Avenue and crossed over to the senior center, where I took a break. I then walked up the East Side of Greenwich Avenue and East on Putnam Avenue on the south side of the street as far as Whole Foods and then back on the same side to Greenwich Avenue and down Greenwich on the west side of the street to the Veterans Monument across from the Senior Center, which is a longer walk than I normally take. With the steps around the Greenwich train station, it is also a bit more exercise. I also might have a blood blister underneath the toe nail on my big toe on my left foot, but I can not tell whether it is or not. I could also try walking from where I live in Byram downtown and back which I have done before, but usually when I go downtown, I am doing errands, so the car is

useful. I figure since I have a car, and since I pay a lot to insure it despite the higher prices of fuel, I should use it for the local driving in this area. Also when the weather is worse, it is more convenient. CIO

Note: <888> 08/13/08 Wednesday 8:25 A.M. Happy Birthday to a couple of friends. I chatted with the friend. I finished installing the updates on the computers except the 9 year old Toshiba laptop, which I never use anyway. I also did a Vista Complete PC backup of the Epox computer from the first hard drive to the second hard drive. CIO

Note: <888> 08/13/08 Wednesday 6:25 A.M. I watched some television. I ate a bowl of the pineapple strawberry mixture. I also ate some sour dough Dutch pretzels. I installed the latest Vista updates on the primary Vista computer. I also installed the Vista updates on the FIC server. I installed them on the XP partition on the Epox computer, and I am in the process of installing them on the Vista partition on the Epox computer. I installed the Vista updates on the Northgate Syntax computer. I am in the process of installing the XP updates on the Bedroom Gigabyte computer. I also installed two new AA alkaline batteries in the Microsoft wireless mouse on the Epox computer. CIO

Note: <888> 08/13/08 Wednesday 2:50 A.M. SOA Executive Forum - InfoWorld Events

# <u>Windows security rendered useless? Uh, not exactly | Ed Bott's Microsoft Report |</u> <u>ZDNet.com</u>

**BBC NEWS | Europe | A home fit for a Queen** 

BBC NEWS | UK | Charles in GM 'disaster' warning

BBC NEWS | Science/Nature | Roman temple found under church

BBC NEWS | Asia-Pacific | Extinction 'by man not climate'

BBC NEWS | Science/Nature | Nasa Moonship flight target slips

BBC NEWS | Technology | Digital nomad drives laptop sales CIO

Note: <888> 08/13/08 Wednesday 2:15 A.M. After I made up the fruit mixture, I threw out the garbage. The Cable Modem was down for maintenance, but it is now working again. I will now go through my email. CIO

Note: <888> 08/13/08 Wednesday 12:40 A.M. I woke up at 5 P.M. today. Tracking is <u>UPS:</u> <u>Tracking Information</u> on the order for <u>Maxtor 300GB Ultra16 PATA Internal Hard Drive</u> <u>at Staples®</u> for \$39.90 and a <u>Staples Clamp Binder, Clear at Staples®</u> for \$2.48 and \$2.54 tax for \$44.92 total with free shipping arrived. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with butter, passion punch, and a cup of coffee with milk and splenda. I made my bed, and I washed the breakfast dishes. I took the flags down in the hallway, so the hallway looks more spacious with the open bookcases. I showered, and I cleaned up. I chatted with a relative. I threw out some garbage. I chatted with a neighbor. I gave the neighbor a package of King Mountain Ultra Lights regular cigarettes. I went out, and I went by the A&P fresh. I bought fresh Chiquita bananas for .64 a pound for \$1.89 and a quart of fresh strawberries for \$1.99 for \$3.85 total. I then went downtown, and I stopped by CVS. 5 inch by 7 inch enlargement photographs are \$1.49 each there, but at www.kodakgallery.com , they are .79 each currently on sale plus minimal shipping cost. I walked the entire length of Greenwich Avenue and the train station area including the track area and the train station office park and its lower parking garage. I saw two people fixing a flat tire on an Audi similar to mine. I used the bathroom at the senior and the arts center. I stopped by CVS again briefly. I used the ATM machine at the Chase Bank on Mason Street. I walked over to Whole Foods, and I bought another fresh pineapple from Costa Rica for \$2.99. I finished my walk. I chatted with another regular Greenwich Avenue person that had a heart attach at Tod's Point recently, and he had angioplasty at Yale New Haven hospital, and he is back out again in public. I recommended that he take it easy. I then went by the Stop and Shop, and I bought a loaf of Arnold 7 grain bread for \$2.99. I then returned home. I chatted with the building custodian whom was here late. I put away my purchases. I ordered from www.kodakgallery.com nine 5 inch by 7 inch enlargement photographs for .79 each plus \$2.07 shipping and tax for \$9.18 total. I will now eat the remaining salad that I made last night with a glass of 20% passion punch and 80% cold filtered water. I will then peel and slice and cube one of the pineapples, and I will add the quart of strawberries that I will slice into quarters lengthwise, and I will add about a teaspoon of Angostura bitters and about a cup of passion punch, and I will mix it all together, and I will refrigerate the fruit mixture in a large Rubbermaid container. CIO

Note: <888> 08/12/08 Tuesday 6:15 A.M. I will now shut down the primary Vista computer. I will finish eating the sugar free blue berry Jell-o mixture. I might watch a little bit of television before going to bed. CIO

Note: <888> 08/12/08 Tuesday 5:35 A.M. I filed a claim with Paypal for not receiving my new subscription to Forbes and Architectural Digest, so now I have to wait to hear from them. I ordered them back in December 2007, and my current subscription to Forbes must have run out before the new subscription kicked in. I never received either subscription. CIO

Note: <888> 08/12/08 Tuesday 4:50 A.M. I ate some Dutch Sour Dough pretzels. I received the refunds on the two CPU coolers that were cancelled, and I was also charged for the photographs, so my accounts are now up to date. CIO

Note: <888> 08/12/08 Tuesday 3:50 A.M. <u>The Top 100 Undiscovered Web Sites - Reviews</u> by PC Magazine

**Ten Top-Earning Celebrity Chefs - Forbes.com** 

**America's Fastest-Dying Cities - Forbes.com** 

# <u>HP Officejet Pro L7680 Color All-in-One Printer -Factory Recertified 1-Year Warranty - L7680 - Buy.com</u>

My relative received the pictures from  $\underline{www.kodakgallery.com}$  , but I have not yet been charged for either order. CIO

Note: <888> 08/12/08 Tuesday 3:00 A.M. The Cable Modem is now working again. I read the last three issues of U.S. News and World Report and the most recent issue of P.C. Shopper. I put the issue of U.S. News and World Report with the report on the best hospitals in the United States of America on the lower shelf of TV table by the French reproduction chair on top of the old issue of the Social Register. CIO

Note: <888> 08/12/08 Tuesday 2:10 A.M. After dinner, I removed and washed the air conditioner filter, and then I reinstalled it. When I went back to the computer, the Optimum Online Cable Modem was not working. I called up <u>www.cablevision.com</u> at 1-203-349-9211, and the recording said their network would be down for repair for at least an hour. CIO

Note: <888> 08/12/08 Tuesday 12:20 A.M. I woke up at 3 P.M., when I had a telephone call from a relative. I then went back to bed until about 5:30 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with butter, passion punch, and a cup of coffee with milk and splenda. I went back to bed until 8 P.M.. I made my bed, and I washed the breakfast dishes. I threw out some garbage, and I picked up my mail. I chatted with two relatives. I went through and read about a foot high stack of computer magazines and other periodical literature. I do not seem to be getting my subscription to <u>www.forbes.com</u> anymore. Possibly they went out of business in the economic recession. I threw out the magazines and the other old periodical literature. I will now make and eat half of the same chef's salad as the last two days.

Tracking is <u>UPS: Tracking Information</u> on the order for <u>Seagate Technology -</u> <u>ST3160023A-RK - Internal 3.5-inch Ultra ATA/100 160-GB Hard Drive</u> for \$34.99 and \$2.10 tax and with free shipping for \$37.09 total.

Tracking is <u>UPS: Tracking Information</u> on the order for <u>Maxtor 300GB Ultra16 PATA</u> <u>Internal Hard Drive at Staples®</u> for \$39.90 and a <u>Staples Clamp Binder, Clear at Staples®</u> for \$2.48 and \$2.54 tax for \$44.92 total with free shipping.

Tracking is <u>UPS: Tracking Information</u> on the order for two <u>Thermaltake Volcano 10 All</u> <u>Copper CPU Cooler for Athlon XP up to 3400+ & Athlon MP up to 2600+-Best Computer</u> <u>Online Store Houston Buy Discount Prices Texas-Directron.com</u> for \$14.99 each and \$9.45 UPS ground shipping for \$39.43 total.

Thus I am scheduled for UPS deliveries this Tuesday today, Thursday, and Friday. CIO

Note: <888> 08/11/08 Monday 8:55 A.M. <u>BBC NEWS | Science/Nature | Invisibility cloak</u> <u>'step closer'</u>

# <u>BBC NEWS | dot.life | A blog about technology from BBC News | Remoulding Microsoft for the web</u>

I watched a Cspan 2 program on the FCC Commissioner Kevin Martin. I went outside briefly, and I chatted with a neighbor. I will now shut down the primary Vista computer, and I will go to bed soon. Have a good day. I do not have any appointments this week until Thursday afternoon. CIO

Note: <888> 08/11/08 Monday 7:15 A.M. I threw out some garbage, and I sat outside briefly. CIO

Note: <888> 08/11/08 Monday 6:20 A.M. I ordered <u>Maxtor 300GB Ultra16 PATA Internal</u> <u>Hard Drive at Staples®</u> for \$39.90 and a <u>Staples Clamp Binder, Clear at Staples®</u> for \$2.48 and \$2.54 tax for \$44.92 total with free shipping. I will now have spare hard drives for both the primary and the server computers. CIO

Note: <888> 08/11/08 Monday 5:30 A.M. I took a nap until 3 P.M.. I watched some television. I ate a baloney and cheese sandwich with a dill pickle slice and 1/3rd of a 5.5 ounce tube of Pringles sour cream and onion potato chips, and a glass of 20% passion punch and 80% cold filtered water. I also finished off a box of low fat Cheez-its. CIO

Note: <888> 08/10/08 Sunday 11:55 P.M. I chatted with a relative at 3 P.M. this afternoon. I went back to bed until 6 P.M.. I put the <u>www.af.mil</u> flag up front in the hallway on the left side, and the U.S.A. flag up front on the right side of the hallway. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with butter, passion punch, and a cup of coffee with milk and splenda. I made my bed, and I washed the breakfast dishes. I showered, and I cleaned up. I threw out some garbage, and I chatted with neighbors. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I chatted with some Starbucks patrons. I stopped by CVS, and I bought a 5 ounce bottle of Gold Emblem chicken bouillon powder for .88. I was told by the Starbucks regulars that one of the Starbucks regulars with the small white Maltese dog had died last week. I then walked lower Greenwich Avenue, and then I returned home, and I ate the remaining salad from last night and the last piece of blue berry pie with a glass of 80% cold filtered water with 20% passion punch. CIO

Note: <888> 08/10/08 Sunday 6:40 A.M. <u>Hearst Corp. takes reins of Greenwich Time</u>, <u>other papers in Fairfield County - Greenwich Time</u>

<u>http://www.officemax.com/omax/catalog/sku.jsp?skuId=21195680&cm\_ven=Performics&c</u> <u>m\_cat=dealnews&cm\_pla=Brother%20MFC-</u>

7420%20Refurbished%20Laser%20Multifunction&cm\_ite=Brother%20MFC-7420%20Refurbished%20Laser%20Multifunction&affcode=performics&siteID=k54384& mid=793018-2--ARTICLE-0 Brother MFC-7420 Refurbished Laser Multifunction for \$55.99 with free shipping. CIO Well, not much happening at the Mouse Palace East, so I will now shut down the primary Vista computer, and I will go to bed soon. I might do a bit of quick bottom fishing on the internet, but I really can not afford anymore major purchases this month off the internet. CIO

Note: <888> 08/10/08 Sunday 5:50 A.M. I ate a baloney and cheese sandwich with 1/3rd of a 5.5 ounce tube of Pringle sour cream and onion potato chips and a dill pickle slice with a glass 20% orange juice and 80% fresh filtered cold water. I put this flag <u>CIA - The World Factbook -- Flag of United States</u> on my two homepages, so it is more conspicuous, not that many people ever look at my web sites, because they are not trendy. I put the large U.S.A. flag up in the hallway over the right bookcase with the British Union Jack over that and the even larger Scottish flag of St. Andrews over that. Over the left hallway bookcase, I put the smaller United States Air Force flag, the Bermuda flag, and then over those the Saudi Arabian flag. I had the hallway bookcase flags down while I was reorganizing the apartment. I constantly change my apartment with the seasons, so one never knows what might happen next, but most of the effort and costs seem to go into the apartment's computers. I also put the U.S.A. flag on my two Tropical Weather pages at:

## http://mikelouisscott.com/weather.htm

## http://geocities.com/mikelscott/weather.htm .

It is my viewpoint on the global weather with Global Warming, the Artic Ocean is suppose to be clear of ice this September, so possibly the northern Asian current is coming through the Artic from the East Coast of Asia and down the Western Coast of Europe and Africa and back up the Eastern Coasts of the Americas making it cooler along the coasts despite the overall Global Warming. The Atlantic Ocean in the Florida and Caribbean area is suppose to be cooler from hear say, but I have not read it. Thus since the warmer tropical waters can cause increased tropical storm activity, hopefully slightly cooler waters might cause less activity. CIO

End of Scott's Notes week of 08/10/08:

Note: <888> 08/10/08 Sunday 2:10 A.M. John McCain 2008 - John McCain for President

BBC NEWS | Science/Nature | Sub to make deep Caribbean dive

**BBC NEWS | Science/Nature | Jimmy's quest for high-rise honey** 

BBC NEWS | Science/Nature | Robot plane sweeps over UK fields

BBC NEWS | Middle East | Cairo paternity test for King Tut

I will now send out my weekly notes. CIO

Note: <888> 08/10/08 Sunday 1:40 A.M. I ate a 1/5 of of a piece of blueberry pie with a scoop of butter pecan ice cream. I will now go through my email. I also walked lower Greenwich Avenue a second time tonight. CIO

Note: <888> 08/10/08 Sunday 1:00 A.M. I took two English muffins, and I sliced them in half, and I then cut them into .75 inch square pieces. I put two tablespoons of olive oil and three pads of butter in a 10 inch frying pan on medium high electric burner heat, and I brought the oil and butter to a sizzle, and I added the English muffin pieces without the crumbs, and I sautéed them with garlic powder, Italian seasoning, and ground black pepper for about 15 minutes, until they were browned and a bit crisp. I then set them aside in a bowl to cool. I have a large wooded salad bowl, so I washed it cleaned. One can wash it since it has a varnish finish on it. I also washed my Canadian Goose salad tossing spoon and fork. I then took a head of Foxy iceberg lettuce that I bought about a week ago, and it was still fresh since I had it in the refrigerator in its original wrapping, and I peeled off about the top fifth of leaves, and I ripped them into two to three inch pieces, and I added them to the salad bowl. I then added about a half cup of broccoli crowns with stalks cuts into quart inch chunks. I then added 15 baby carrots that I cut lengthwise in quarters. I then added one small peeled and diced yellow onion. I then added two Kosher dill pickles that I cut into quarter inch chunks. I then cut a cucumber in half, and I put plastic wrap over one end, and I held it with a rubber band, and I put it in the refrigerator. I then peeled the other half, I cut it into 1/8th inch thick slices, and I added it to the bowl. I then cut the tomato in half, and I put half in a plastic bag in the refrigerator, and I cut the other half into eight wedges that I cut in half into 16 pieces, and I added it to the mixture. I then opened up a 3.75 ounce tin of Beach Cliff sardines, and I added the oil to the mixture, and I cut the sardines into half inch chunks, and I added them into the mixture. I then took two slices of Kraft processed American cheese, and I cut them into 1 inch by .25 inch slices, and I added them. I sliced two medium large mushrooms into 1/8th inch thick slices and added them. I added about half the croutons that I made, and I put other half in a plastic bag not refrigerated. I then added about a quarter of a cup of grated parmesan and Romano cheese. I then added a half teaspoon of Maggi seasoning, about six tablespoons of Tunisian extra virgin olive oil, three tablespoons of Italian balsamic vinegar and about a couple ounces of Kraft Balsamic salad dressing, and I mixed it all together with Canadian Goose salad fork and spoon, until it was thoroughly mixed. I then put half on a dinner plate, and I put the other half in a large Rubbermaid container in the refrigerator. I ate tonight's portion with a glass of 1/4th passion punch and 3/4ths cold filtered water. CIO

Note: <888> 08/09/08 Saturday 10:45 P.M. I woke up during the morning, and I ate some low fat Cheez-its. I finally woke up at 2:30 P.M. this afternoon. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with butter, passion punch, and a cup of coffee with milk and splenda. I made my bed, and I washed the breakfast dishes. I showered, and I cleaned up. I went downtown, and I walked the entire length of Greenwich Avenue and the train station area. I chatted with some Starbucks patrons. I stopped by the Greenwich Cigar store, and I played an Aces High scratch card, but I lost. I stopped by CVS, and I toured the store. I used the ATM machine at the Chase Bank on Mason Street. I walked over to Whole Foods in the shopping plaza east of the Y.M.C.A., and I bought a fresh pineapple from Costa Rica for \$2.99 a pound. I think it is a rather expensive store, since steaks which look quite good are over \$25 a pound. At that price, you could afford to eat out. I returned back down Greenwich Avenue, and I chatted with more of the Starbucks crowd, and I use the bathroom at Starbucks. It seemed to be a bit busier than usual. I sat out for a while. I then went over to the A&P Fresh, and they gave me a total refund of \$3.99 on the blueberries that they over charged me for when they opened their new store. I then bought four 3.5 ounce tins of Season sardines in olive oil for \$5 all, a half gallon of Florida Natural orange juice with calcium for \$3, two ears of sweet corn on the cob for .50 each, two 15 ounce cans of Rienzi white clam sauce for \$2.19 each, five mushrooms for \$4.99 a pound for \$1.40, a fresh tomato for \$3.49 a pound for \$2.06, a cucumber for .66, fresh asparagus for \$1.99 a pound for \$2.41, a Aqua Plumb C0490 Flat Suction Sink Drain Stopper for \$2.69, a three pound bag of small Russet potatoes for \$2.99, and two 12 ounce boxes of America's Choice fish cakes for \$1.99 each box for \$30.29 total. I then returned home. I put away my groceries. I will put the sink stopper by the kitchen sink. I will now make up a batch of passion punch. I will make a chef's salad for dinner, which I will describe later. CIO

Note: <888> 08/09/08 Saturday 5:25 A.M. <u>InformationWeek | Business Technology News,</u> <u>Reviews and Blogs</u>

According to Bloomberg News a month ago, the Norwegian Sovereign Wealth Fund is now 680 billion dollars, so more than likely somebody up in north country will be able to afford to eat sardines <u>Norway - the official site in Canada - News</u>.

The Government Pension Fund - regjeringen.no

<u>http://www.regjeringen.no/upload/FIN/Statens%20pensjonsfond/Chapter%205-3.pdf</u>. Well, it ain't chicken feed, if you happen to be Norwegian. Lets see, from what I can tell, I have been around the Norwegians in Greenwich, Connecticut and elsewhere around the world including Oslo, Norway since 1961, so from what I can tell, they might think about helping me about a little bit. I am a bit tired, so I will now shut down the primary Vista computer, and I will go to bed soon. Have a good day. I guess I might be back on a night schedule, since the Freezing Norwegian Patrol in Greenwich, Connecticut is not very good on hot days in August. CIO

Note: <888> 08/09/08 Saturday 3:10 A.M. I put away the laundry.

## **Even Buffett Gets The Blues - Forbes.com**

Tracking is <u>UPS: Tracking Information</u> on the order for two <u>Thermaltake Volcano 10 All</u> <u>Copper CPU Cooler for Athlon XP up to 3400+ & Athlon MP up to 2600+-Best Computer</u> <u>Online Store Houston Buy Discount Prices Texas-Directron.com</u> for \$14.99 each and \$9.45 UPS ground shipping for \$39.43 total.

## John McCain 2008 - John McCain for President Contribute

Microsoft makes daring vulnerability sharing move | Zero Day | ZDNet.com

The Case Against Exxon Mobil - Forbes.com

Crystal Cathedral Ministries : TV Calendar : This Week's Program

2 Banks Buying Back \$17 Billion in Securities - NYTimes.com

**BBC NEWS | Technology | Smart future for swarming robots** 

CIO

Note: <888> 08/09/08 Saturday 1:30 A.M. I have 10 minutes to go on the dry cycle. To have a backup hard drive for the C: drive on the FIC server, I ordered <u>Seagate Technology</u> - <u>ST3160023A-RK - Internal 3.5-inch Ultra ATA/100 160-GB Hard Drive</u> for \$34.99 and \$2.10 tax and with free shipping for \$37.09 total.

Note: <888> 08/09/08 Saturday 12:25 A.M. I also ate a piece of blue berry pie with the dinner. I am doing two loads of laundry, and I have about 5 minutes to gon on the wash cycle. I also put clean linens on the bed. CIO

Note: <888> 08/08/08 Friday 10:40 P.M. I woke up during the night, and I ate some low fat Cheez-its. I finally got up today at 2:30 P.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with butter, passion punch, and a cup of coffee with milk and splenda. I made my bed, and I washed the breakfast dishes. I watered the plants. I threw out the garbage and the old periodical literature. I picked up my mail. I showered, and I cleaned up. I watched a program on High Definition television channel 727 about Megaprojects in the Netherlands. Apparently the Dutch keep busy staying afloat, when they are not in coffee houses. I chatted with a relative. I went out at 6 P.M., and after the bad weather seemed over. I stopped by CVS on Greenwich Avenue, and I bought three 50 ounce Tide 2X liquid detergent with Downy fabric softener for \$4.97 each and a half price clearance item, a Pledge Multi Surface Duster for \$1.50 and .80 tax less a \$3 off CVS internet coupon for \$14.21 total. I then went down Greenwich Avenue, and I walked the entire length of Greenwich Avenue and the train station area. I stopped by the Greenwich Cigar store, and I bought a Summerfest Jubilee scratch card for a dollar, but I lost. I noticed across the street from the train station in front of the Blackstone Group, a long silver Mercedes Benz with New York License Plate "ROCKY?", so maybe some sort of rich capitalist was in the area. Earlier I chatted with a family from near Princeton, New Jersey, and I gave them a calling card. I chatted about the weather as usual. Earlier this morning, before I went to bed, I got email that the Kasatochi volcano is on Red Alert Alaska Volcano Observatory which usually means it will erupt, and thus we might be in for a much colder winter. Also jets flying back and forth to Asia will have to watch out for any volcano ash that might cause their engines to quit working. On the way back up Greenwich Avenue, I stopped by CVS again, and I bought a MagniVision Eyeglass Holder strap for \$2 and .12 tax for \$2.12 total. I have been using Super Sunin hair lightener which I bought years ago in my hair recently to lighten my hair, which I noticed CVS now sells in a smaller spray bottle for about \$5. I walked by the Chase ATM machine plaza on Mason Street. I chatted with a local from Italy about living in Italy. I completed

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my walk, and I sat out for a while. I then went by the Greenwich Automotive Services Exxon gasoline station, and I bought \$16 of self service premium for \$4.819 a gallon for 3.320 gallons for 37 miles driving since last Thursday a week ago at odometer reading of 60946 for 11.1445783 miles per gallon in local driving with the air conditioner going. I cleaned my windows. I checked my tires all around to 34 PSI. I then returned home, and I put away my purchases. I chatted with a friend. I will now reheat the same dinner as the last four nights, but instead of rice, I will have two ears of corn on the cob. My relative is not coming out from Manhattan to pick up the family car to drive up to Maine, so when some of my relatives return from Maine, they will pick up the family car. CIO

Note: <888> 08/08/08 Friday 3:25 A.M. I will now shut down the primary Vista computer. I will eat some of the sugar free blue berry jello. I will then go to bed shortly. I might have a relative coming out this evening to pick up the family car. CIO

Note: <888> 08/08/08 Friday 2:25 A.M. To replace the CPU coolers that were cancelled, I ordered two <u>Thermaltake Volcano 10 All Copper CPU Cooler for Athlon XP up to 3400+</u> & Athlon MP up to 2600+-Best Computer Online Store Houston Buy Discount Prices <u>Texas-Directron.com</u> for \$14.99 each and \$9.45 UPS ground shipping for \$39.43 total. I will put one in the FIC server to replace the three year old one, and I will have a spare one. Happy Birthday to a relative. CIO

Note: <888> 08/07/08 Thursday 11:55 P.M. <u>Mineralogical Society of America -</u> <u>Mineralogy, Petrology and Crystallography</u>

**Streaming Car Videos - MSN Autos** 

The order for ordered two Volcano 11 Xaser Ed. CPU Fans for Socket A from <u>http://www.pc-pitstop.com/clearance/</u> for \$12 each and \$9.46 ground shipping for \$33.46 total was cancelled, since they do not have it in inventory. I will wait until they refund the money, and then I will order a similar item from elsewhere.

**BBC NEWS | Asia-Pacific | World leaders gather for Olympics** 

BBC NEWS | Science/Nature | Cern lab set for beam milestone

BBC NEWS | Science/Nature | Phoenix diary: Mission to Mars CIO

Note: <888> 08/07/08 Thursday 11:20 P.M. Summer jobs in the North Country might still be available <u>Shelburne Farms: Current News and Employment Opportunities</u>. CIO

Note: <888> 08/07/08 Thursday 10:55 P.M. I guess they eat better up in Vermont <u>Shelburne Farms: The Inn at Shelburne Farms - Restaurant</u>. I guess there is a lot of profit in Maple Syrup. I use to visit with friends from Cambridge, Massachussetts at a commune on a dairy farm in St. Johnsbury, Vermont, but at my age, I don't feel like sleeping in the hay loft. CIO Note: <888> 08/07/08 Thursday 10:50 P.M. With dinner, I also ate a piece of blue berry pie. I will now go through my email. I guess the Hollywood script writers wrote Bill Gates out of the every day reality of the internet, so once he is retired, he is probably trying to figure out how to invent a better mouse trap. With apples costing close to a dollar apiece, he could invest in Washington State apples. They tend to be popular in fall. However, we use to have a lot of apples around here, but with all of the real estate development in the area, you have to go a bit further north to find the orchards anymore. The Vanderbilts have a horse barn up in Vermont Shelburne Farms - Cultivating a Conservation Ethic, I guess where they go with the seasons the money follows them. However, they also married into the Duke of Marlboro's Duke of Marlborough - Wikipedia, the free encyclopedia family in England, so they might have access to their family home over in England. The Rockefellers are also suppose to have homes in England and Scotland, so more than likely they are somewhere further up north this time of year. Alas, my branch of the Scott family only had a couple thousand acres of corn and soy beans in Illinois that another branch of the Scott family, the Gard family took over after my grandfather Scott passed away. As I recall the farms were in down state Illinois near the Wabash River, which tended to flood a lot. Trust me, I would not be a very good farmer, since I am not very good at getting up early in the morning. CIO

Note: <888> 08/07/08 Thursday 9:35 P.M. I woke up last night, and I ate some low fat Cheez-its. I finally got up at 10 A.M. this morning. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with butter, passion punch, and a cup of coffee with milk and splenda. I went back to bed until 1 P.M. I made my bed, and I washed the breakfast dishes. I showered, and I cleaned up. I went out, and I chatted with some neighbors. I went by the Valley Road post office, and I mailed the \$16 rebate information. I then returned home, and I picked up my cell phone which I had forgot. I also picked up the mail. I then went downtown, and I went by CVS, and I picked up the 80 photographs, and a prescription. I then walked the entire length of Greenwich Avenue and the train station area. I chatted with a local. I used the bathroom at the senior and the arts center. I walked by the Chase Bank on Mason Street, and I stopped by there briefly. I also chatted with another local. Apparently somebody in back country had a 100 trucks for some sort of activity. It might have been somebody moving in or out. After my walk, I went by the Greenwich Library, and I read PC Magazine and Popular Mechanics. I browsed the large DVD collection upstairs. I chatted with a library employee. I then went by the Stop and Shop, and I bought a 13.5 ounce box of low fat Cheez-its for \$2.50, a day old blue berry pie for \$3, a 2 pound bag of baby carrots for \$2.99, a three pound bag of onions for \$2.29, broccoli crowns for \$1.99 a pound for \$2.29, two ears of corn for .67 both for \$15.36 total. I then returned home. I put away my purchases. I put the 80 photographs in my most recent photo album. I chatted with a relative. I will now reheat and eat the same dinner as last three nights. CIO

Note: <888> 08/07/08 Thursday 1:50 A.M. I ate some of the sugar free blue berry Jell-O. CIO

### BBC NEWS | Asia-Pacific | Bush chides Beijing over rights

I will now shut down the primary Vista computer, and I will go to bed soon. Have a good day. CIO

Note: <888> 08/06/08 Wednesday 11:55 P.M. <u>Global Volcanism Program | Volcanic</u> Activity Reports | SI / USGS Weekly Volcanic Activity Report |

### Russian Gang Hijacking PCs in Vast Scheme - NYTimes.com CIO

Note: <888> 08/06/08 Wednesday 11:20 P.M. <u>QM2 - Itinerary - 2008</u>, The Queen Mary II is back in Manhattan tomorrow, Thursday August 7, 2008. I will now go through my email. CIO

Note: <888> 08/06/08 Wednesday 11:00 P.M. I have the \$16 memory rebate ready to mail. I also made a copy of the paper work. CIO

Note: <888> 08/06/08 Wednesday 10:25 P.M. After dinner, I chatted with two relatives. I threw out the garbage. I shut down the Northgate Syntax computer <u>http://mikelouisscott.com/computer.htm</u>. It seems to be running just fine. I changed the color on the monitor from 1 to 3, so there is a little bit more color. I picked up the mail, when I went out. My electricity bill for July 2008, when I was gone about 2.5 weeks was \$135.93. For 30 days in July 2008, I used 683 KWH or 23 KWH a day, compared to July 2007, when I was not away, I used 1369 or 47 KWH a day for a 29 day period. I will now fill out the \$16 computer memory rebate information, and I will get it ready to mail. CIO

Note: <888> 08/06/08 Wednesday 8:00 P.M. I ate a bowl of the sugar free Jell-o mixture and blue berries after the last note. I woke up during the night, and I ate some low fat Cheez-its. I woke up this afternoon at 1 P.M.. UPS delivered the UPS: Tracking Information on ATI Radeon 9550 256MB DDR AGP 8x DVI VGA TV Out Video Card 100-437105 at TigerDirect.com for \$29.99 and \$7.99 shipping for \$37.98 total. The "35783645284" to track DHL: Track (By number) Detail for FRYS.com | CRUCIAL 1 gigabyte PC2700 memory for \$29.99 with free shipping. It has a \$16 mail in rebate, so the final price will be \$13.99 after I receive the rebate arrived. FedEx delivered McCain 2008 Window Decal Sticker for \$5 with free shipping. I put the McCain campaign sticker on the driver's side inside lower rear window. It does not stick with glue, and it can be easily removed like the Greenwich Land Trust sticker. I threw out the shipping boxes. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with butter, passion punch, and a cup of coffee with milk and splenda. I made my bed, and I washed the breakfast dishes. I put the cleaning items back underneath the kitchen sink, and I moved the tower fan back into the hallway. The postal worker delivered the order from www.ordersmokesdirect.com of 7 cartons of Seneca Ultra Lights 100s in a box. I took the PCI PNY 256 megabyte video card out of the FIC server after restoring the backup to a clean installation. I put the new ATI video card in. I had to removed one of the VGA adapters from the primary computer to install the second monitor on the new ATI card. I used a D-sub cable on the primary computer to connect the monitor backup where I removed the adapter. I removed the Hauppauge TV Go card from the Northgate Syntax computer, and I installed the PNY PCI 256 megabyte video card, and I configured

it. I also installed the new memory as the first memory chip, so the Northgate Syntax computer has 2 gigabytes of memory. It took a bit of troubleshooting to work out the overall configuration. I can not remove the LAN card and use the motherboard LAN, since it does not work. The Northgate Syntax computer has three PCI slots and one AGP slot. I installed the updates, and I ran the maintenance utilities on it. I am now defragmenting the C: drive. I had a visitor checking out on things. I will now make and eat the same dinner as the last two nights. I also have to fill out the \$16 rebate for the memory. CIO

Note: <888> 08/06/08 Wednesday 12:10 A.M. MicroSpeak

Use "35783645284" to track <u>DHL: Track (By number) Detail</u> for <u>FRYS.com | CRUCIAL</u> 1 gigabyte PC2700 memory for \$29.99 with free shipping. It has a \$16 mail in rebate, so the final price will be \$13.99 after I receive the rebate.

I will now shut down the primary Vista computer, and I will go to bed soon. CIO

Note: <888> 08/05/08 Monday 11:10 P.M. I chatted with a friend. I will now go through my email. CIO

Note: <888> 08/05/08 Monday 9:50 P.M. I ordered two sets of 80 prints the same from <u>www.kodakgallery.com</u> of the pictures that I took in Kennebunkport, Maine. I had one set send to one of my relatives in Maine. I chatted with a relative. CIO

Note: <888> 08/05/08 Monday 7:45 P.M. I went out after the last note. The police were at the apartment across the hall. I chatted with neighbors. UPS delivered the <u>Maxtor 300GB</u> <u>Ultra16 PATA Internal Hard Drive at Staples</u> for \$49.99 and a clamp binder <u>Staples</u> <u>Clamp Binder, Clear at Staples</u> for \$2.48 and \$3.15 tax and free shipping with over \$50 order for \$55.62 total. Another neighbor told me the neighbor across the hall had passed away. I know the neighbor had had medical problems recently. I chatted with some associates and two relatives. I reheated and ate the same dinner as last night. CIO

Note: <888> 08/05/08 Monday 5:10 P.M. I woke up last night about 9 P.M. last night, and I chatted with a relative. I ate the same dinner as the last two night before, but I did not have corn on the cob. I watched a television program about Howard Hughes on high definition television. I made up two package of sugar free Jell-o one black cheery and the other raspberry, and for the cold liquid, I added about 15 ounces of passion punch, and I also added a pint of rinsed blueberries. I went to bed about 1 A.M.. I woke up about 9 A.M. this morning. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with butter, passion punch, and a cup of coffee with milk and splenda. I made my bed, and I washed the breakfast dishes. I showered, and I cleaned up. I threw out some garbage. I went downtown, and I went by the Chase Bank on Mason Street. I then went by the Wachovia Bank on Benedict Place, and I paid my rent to the Greenwich Housing Authority. I then went to my 1 P.M. appointment. At the first Tuesday of the month, the Connecticut department of motor vehicles bus is at the Greenwich Town Hall. I read a recent copy of Ski magazine while waiting for my

appointment. I then went by the Greenwich Hospital Thrift Shop, and I bought an AT&T black two line telephone like the one I have by the French reproduction chair for \$2. They had six 1999 19 inch EIZO LCD monitor for \$20 each. I bought one, so I spent \$22 all together. I then returned home, and I carried up my purchases. I tested the monitor on the Epox computer with the more power video card, and it worked fine. I then installed it on the Northgate Syntax computer which will soon have the PNY 256 MG video card, and it works just fine, just a bit more blurry. I removed the 3M Command hook from the 17 inch Dell Trinitron monitor I took off the system, and I put the monitor on the floor of the bedroom closet. I use one of two remain stick strips, and I put the 3M Command hook on the left side of the EIZO LCD monitor to hold the headset. I disconnected the Southwestern Bell black wall phone from the bathroom and the GE cordless telephone, and I installed the AT&T two line phone with the longer white headset cord. I put the black Southwestern Bell phone underneath the bed, and I connected up the GE cordless telephone, CIO

Note: <888> 08/04/08 Monday 7:20 P.M. I watched ABC evening news. I have a 1 P.M. appointment tomorrow. I also received my rent statement today, so I have to pay my rent tomorrow. I will now shut down the primary Vista computer, and I will go to bed soon. CIO

Note: <888> 08/04/08 Monday 6:35 P.M. Tracking is <u>UPS: Tracking Information</u> on <u>ATI</u> <u>Radeon 9550 256MB DDR AGP 8x DVI VGA TV Out Video Card 100-437105 at</u> <u>TigerDirect.com</u> for \$29.99 and \$7.99 shipping for \$37.98 total. CIO

Note: <888> 08/04/08 Monday 6:10 P.M. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with butter, passion punch, and a cup of coffee with milk and splenda. I threw out some garbage. I chatted with a neighbor. I walked around the outside of the building. I will now go through my email. CIO

Note: <888> 08/04/08 Monday 4:55 P.M. The building custodian finished installing the new drain pipe assembly. The new Delta kitchen faucet assembly works just fine. I then cleaned the kitchen sink area and the spices racks, and I reinstalled the spice racks and their contents. I also cleaned the lower sink cabinet, and I am now drying it out with a tower fan for a day or two, before I put the cleaning, laundry, and kitchen supplies back underneath the sink. The building custodian also caulked around the sink, so it would not leak below. I also put a new scouring pad by the kitchen sink. I will now eat my usual breakfast.

I am worried about this cloud formation off the west coast in terms of tropical weather in the future down the western Atlantic.

NRL Monterey Satellite Photos

http://mikelouisscott.com/weather.htm

http://geocities.com/mikelscott/weather.htm

# Note: <888> 08/04/08 Monday 1:55 P.M. Just when you thought it was safe to go in the water BBC NEWS | Science/Nature | Ancient shark had colossal bite .

## BBC NEWS | Technology | Microsoft sees end of Windows era CIO

Note: <888> 08/04/08 Monday 1:20 P.M. The Delta faucet assembly is installed. However, the brass drain pipe between the two plastic drain pipes underneath the sink has to be replaced with a more modern plastic assembly which will take a few more minutes. CIO

Note: <888> 08/04/08 Monday 1:05 P.M. The building custodian has the old faucet assembly removed, and he has the new Delta faucet assembly in place, and he is now securing it and attaching it. I chatted with a relative. Austin, Texas is suppose to get some rain <u>Tropical Storm EDOUARD 5 Day Tracking</u>. CIO

Note: <888> 08/04/08 Monday 12:20 P.M. I was up at 10:30 A.M.. The building custodian is here installing a new Delta faucet assembly. For the Northgate Syntax computer, I ordered <u>FRYS.com | CRUCIAL</u> 1 gigabyte PC2700 memory for \$29.99 with free shipping. It has a \$16 mail in rebate, so the final price will be \$13.99 after I receive the rebate. The Northgate Gigabyte computer will have two gigabytes of memory installed once the new memory is installed. I chatted with a friend. Once the faucet is repaired, I will have to clean up the sink area, and the lower sink cabinet, and reposition the spice racks and reshelf the lower sink cabinet which will take a while. I will then have time to eat my usual breakfast. The building custodian is replacing the Delta faucet unit, but he does not have to remove the sink. CIO

Note: <888> 08/04/08 Monday 2:20 A.M. After the last note, I typed out a note to remind the building custodian to fix the faucet, which I had been told to do by him on Friday, and I left it underneath the custodian's door downstairs. I went outside briefly. I then removed all of the items from underneath the sink, and I put them in the living room in the open area by the Mongoose Mountain bike. I then removed the spice racks from above the kitchen sink. Thus it is all ready to work on. I turned off the water to the kitchen sink. From what I can tell the spray adaptor which was clogged was letting air into the faucet system, because its head was lose. I tried tightening the spray adaptor head, and the faucet worked correctly briefly, and then it quick working all together. There is a way to remove the faucet handle and insert a new mechanism, so perhaps the whole unit will not have to be replaced. However, the spray attachment has been clogged for years, so it would probably be better to replace the whole faucet assembly, so the spray attachment works. There is not much water pressure out of the spray adaptor with its head removed, so it is clogged further down the line towards the sink plumbing. Also the environmental people about four years ago installed a new water saving aerator, and they sheered the threads on the faucet, so the aerator is barely held on the faucet end, and it use to put out a bit of spray, which it has not done recently. I am a bit tired, so I will now shut down the primary Vista computer, and I will go to bed. I will have to be up early if the building custodian can fix the faucet in the morning. CIO

# CIO

Note: <888> 08/03/08 Sunday 11:45 P.M. In anyone knows Laura Bolton Brody out in Long Island, her younger sister Lisa is married to a Chinese Taxi cab driver, and they live in Peking, China for the <u>2008 Summer Olympics in Beijing | Athlete, Team Profiles,</u> <u>Olympics News | Free Photos & Videos | NBC Olympics</u>, and Lisa has worked for China airlines for 28 years the last I knew, so more than likely they could get you there. However, since they have United States State Department <u>U.S. Department of State</u> members in their family, more than likely, one should not bother them, unless you can afford to pay for your own way, and have some sort of travel capability. More than likely if you went to China with them, you would probably just see a lot of dogs called Pugs <u>Pug - Wikipedia, the free encyclopedia</u>. CIO

Note: <888> 08/03/08 Sunday 11:05 P.M. When one is here in the summer, it is awfully easy to sit back and enjoy the warmer ambience of the area, but when one is here on a four seasons basis, particularly in the winter with minimal heat, one might consider the fact that one might still get free shipping <u>LL Bean Coupons, LLBean.com Coupon Codes</u> -<u>DealCatcher</u>, and one might consider ordering <u>L.L.Bean: Search Results Union Suits</u> or even two, if you plan to be around this winter with minimal heating available. Of course for those people whom have to travel back down south, I mentioned on Friday that Florida is the most economically recessed state in the nation, so it might be hard to earn any money down there to afford to come back up north again anytime in the near future. CIO

Note: <888> 08/03/08 Sunday 10:45 P.M. Before dinner, I chatted with a friend and a relative. I guess with people away on vacation, we get a few visitors traveling through this area, but since I did be a private individual that everyone sees, I tend to not take much notice of the ever changing visitor population in Greenwich which happens all of the time. If seems most people whom know me are not interested in seeing me, but they seem to be interested in the other ambience around town, which tends to change with the four seasons. From what I can tell, nobody in their right mind expects this area to remain static with all of the visitors that travel through this area all of the time. I heard a bit of jet traffic this evening Westchester County - AirportMonitor - by Megadata - powered by PASSUR, from what little I know most of the corporate jet set that visit this area this time of year seem to be more interested in golf on the many golf courses in this area as opposed to real business activity. For big bucks golfers, the New Canaan Country Club now has a \$350,000 membership fee and a 15 year waiting list. Since property in the New York City area is hard to come by, more than likely Donald Trump will not be finding too much new land new the city to build more golf courses compared to what is already developed in this area. They Hyatt Hotel in Hauppauge, Long Island has a golf course on its property, but it is not as prestigious as Piping Rock in Locust Valley, Long Island or the Maidenstone Club out in the Hamptons. The Westchester Golf Club is where I think Donald Trump belongs, and I think they have two 18 hole golf courses. I am not sure if it is the same as the old Winged Foot Country Club, or if that is a different club. The Blind Brook Country Club which no longer exists use to be where the Rockefellers would be seen playing golf, but it is now the Doral Conference Center. I read in the Greenwich Time about 10 years ago that the William Rockefeller family had moved out of this area to Lakeville, Connecticut, and I was told that someone up there had built an authentic Scottish golf course. There is a nice golf course in Bedford, New York on the road to the John Jay homestead, but I have a

feeling the Bedford, New York crowd tend to be fairly private. From what I have been told the Greenwich Country Club http://www.geocities.com/mike2scott2006/Greenwich-Country-Club.jpg is now run more like a resort hotel with exchange privileges with other clubs from around the world. They do have guest room there along with an outdoor swimming pool and tennis and squash and dining facilities and a men's grill and a card room if you don't feel like going to Atlantic City. They probably still serve liquor on the premises, and I think they still have a bowling alley, but they are probably more formal today than when my family were member up until about 1976, when the Internal Revenue Service eliminated the Corporate Tax deduction for Country Clubs and Yachts. The major families like the Vanderbilts and the Rockefellers have been member on an off at the Greenwich Country Club over the years, but without the tax deduction, they probably don't bother with to much golf there anymore. They are still business orientated. They still allow tax deductions for working farms, so a lot of people have gotten into the Horse business for tax deduction purposes whether they actually ride horses or not. The expert on equestrian tax deductions is probably up there right now as he was when I chatted with him twice this week http://mikelouisscott.com/photo/mike-scott-with-distant-relativewhom-knows-about-horses-with-relative-whom-knows-about-railroads-putnam-hotel-insaratoga-ny-about-summer-1990.jpg. Of course the British owning so many off shore properties have a lot of other tax deduction ports of call worldwide. Instead of horses, Peggy Rockefeller raises Swiss Dairy cows for a tax deduction, and I think they actually have their own dairy. CIO

Note: <888> 08/03/08 Sunday 8:45 P.M. Not much happening in the world, since people do not have the energy to travel around to see what is happening. I will now reheat and eat the same dinner as last night. I will also have an ear of steamed corn on the cob with brocolli and steamed baby carrots with butter. I guess so many people are stuck home watching television anymore, they are left to the talking heads to tell them what is happening. At least with the internet, one gets a larger picture of the world, however writers also have to be paid, so if you do not pay writers, you do not get content. Also for writers to write, they have to write from experience. The West Bound platform at the Greenwich Train Station is running off the inside track, since they are working on the southern most rails on railroad bridge just east of the train station over Steamboat Road. Also the MTA has Steamboat Road closed off underneath the bridge as off 6 P.M. this evening. CIO

Note: <888> 08/03/08 Sunday 7:25 P.M. I went out after the last note, and I met up with my relative, when he arrived. My relative left the family car here, and then I drove my relative over the Greenwich train station. I then walked then entire length of Greenwich Avenue and the train station area. For a change I walked upper Greenwich Avenue first. I stopped by the Greenwich Hardware store, but they do not have the plumbing insert to fix my kitchen faucet. I think one can remove the handle mechanism and insert a new valve mechanism without having to replace the entire sink faucet. They have a replacement spray hose for \$8, which the sink also needs, but possibly the Greenwich Housing Authority will also replace that. I also stopped by CVS, and I bought two 10 ounce boxes of Old Dutch sour dough pretzels for .99 each box, and a 200 count box of Splenda sweetener packets for \$6.99. On the way down lower Greenwich Avenue, I bought a dollar Aces High

scratch card at Zen stationary, but I lost. There were quite a few people out walking today for a change. I then went by the Stop and Shop, and I bought a dozen large eggs expire August 28, 2008 for \$2.29, a half gallon of Tropicana premium orange juice with calcium for \$2.50, 1.5 pounds of German thicker slice Wondabar baloney for \$2.99 a pound for \$4.60, four 6 ounce cans of Bumble Bee solid white albacore tuna fish a \$1 each, two 13.5 ounce boxes of low fat Cheez-its for \$2.50 each, a quart jar of Vlassic Kosher dill pickles for \$2, two 64 ounce containers of Stop and Shop lite cranraspberry juice for \$2 each, and two 64 ounce containers of Stop and Shop crangrape juice for \$2 each, a 15 ounce bottle of Kikkoman soy sauce for \$2.29, a large package of Purdue boneless breasts of chicken for \$1.99 a pound for \$6.87, a two pound bag of baby carrots for \$2.99, and broccoli crowns for \$1.99 a pound for \$2.13 for \$42.67 total. I then returned home, and I used my cart to bring up my groceries and put them away. CIO

Note: <888> 08/03/08 Sunday 3:00 P.M. I woke up at 8 P.M. I ate breakfast of oatmeal with honey and milk and sliced banana, a toasted English muffin with butter, passion punch, and a cup of coffee with milk and splenda. I went back to bed until noon. I chatted with a relative. I made my bed, and I washed the breakfast dishes. I chatted with another relative. I went outside, and I threw out the garbage. I chatted with neighbors. I emptied the ashtray by the building entrance. The ashtray on the north end of the building has disappeared. I chatted with my relative, and he will be here in about an hour to drop off the family car and go the Greenwich train station to head into Manhattan. I will now eat a baloney and cheese sandwich with 1/3rd of a tube of Pringle sour cream and onion potato chips and a dill pickle slice and a glass of cold filtered water. One could order this item Amazon.com: GE Power Failure LED Nightlight with Portable Flashlight 11096: Home Improvement and get two with free shipping for \$25.98. It is like this GE Rechargeable LED Power Failure Night Light and Portable Flashlight - Jasco Products Company. However, I am currently using two of these in my apartment Amazon.com: JASCO PRODUCTS COMPANY 52508 EMERGENCY POWER FAILURE FLASHLIGHT -WHITE: Baby that I bought years ago for less at Odd Job in Port Chester, New York. CIO

Note: <888> 08/02/08 Saturday 11:50 P.M. I ate two bowls of low fat Cheez-its. I also ate a Kashi trail mix bar. I will now shut down the primary Vista computer, and I will go to bed soon. The weather is suppose to be nice on Sunday, so I will try to get out for a walk. CIO

End of Scott's Notes week of 08/02/08:

Note: <888> 08/02/08 Saturday 10:40 P.M. I chatted with a friend. I emailed a copy of the letter pertaining to Fred Von Mierers <u>http://mikelouisscott.com/fred.htm</u> and <u>http://geocities.com/mikelscott/fred.htm</u> to a few associates. If Fred is indeed still alive somewhere in the world, it is more than likely that sooner or later, he will show up at Harry's Bar in Venice, Italy <u>Harry's Bar in Venice</u>. I will now send out my weekly notes for the last several weeks. CIO

Note: <888> 08/02/08 Saturday 8:20 P.M. I ordered two Volcano 11 Xaser Ed. CPU Fans for Socket A from <u>http://www.pc-pitstop.com/clearance/</u> for \$12 each and \$9.46 ground

shipping for \$33.46 total. I will put one in the FIC server

<u>http://mikelouisscott.com/computer.htm</u>, and I will also have a spare. Since the server runs all of the time, it is important to make sure the CPU cooler is good working condition. My current one is a bit old, and my other new spare ones will not fit on the FIC motherboard, since they are side mounted cooler and the FIC motherboard has a diode that interferes with the clearance. CIO

Note: <888> 08/02/08 Saturday 7:20 P.M. I cooked up the Purdue chicken breaded the way I do, and I ate half, and I refrigerated half. I also cooked a baked onion with it that I ate. I also cooked up a batch of flavored rice that I also used a little maggi seasoning in, and I ate half, and I refrigerated half. I also steam an ear of corn on the cob that I ate with butter. I ate it all with a glass of cold filtered water. CIO

Note: <888> 08/02/08 Saturday 5:45 P.M. For the FIC server, I ordered <u>ATI Radeon 9550</u> 256MB DDR AGP 8x DVI VGA TV Out Video Card 100-437105 at TigerDirect.com for \$29.99 and \$7.99 shipping for \$37.98 total. I will move the PNY GEForce 5600 256 mb. video card from the FIC server to the Northgate Syntax computer. CIO

Note: <888> 08/02/08 Saturday 4:50 P.M. <u>US Search - Search Results Jim Eldert West</u> <u>Coast Address Results</u>

Special Savings on Dr. Williams' Top Recommendations

Maria Mitchell -- Britannica Online Encyclopedia

<u>Global Volcanism Program | Volcanic Activity Reports | SI / USGS Weekly Volcanic Activity Report |</u>

University of Bristol - Current Vacancies | Personnel Services

Observatorio Vulcanológico y Sismológico de Costa Rica

2008 Fall Meeting: San Francisco, CA - 15–19 December 2008

**Commission on the Chemistry of Volcanic Gases** 

Hawaii® Magazine: Home

Alaska Volcano Observatory - Okmok - Eruption Page

**Chaiten Volcano** 

Volcanic Ash, What it can do and how to minimize damage

National Weather Service, Alaska Region Headquarters, AK CIO

Note: <888> 08/02/08 Saturday 4:00 P.M. I woke up at 10:30 A.M.. I ate breakfast of oatmeal with honey and milk and sliced banana, two toasted English muffins with butter, passion punch, and a cup of coffee with milk and splenda. I made my bed, and I washed the breakfast dishes. I ordered Maxtor 300GB Ultra16 PATA Internal Hard Drive at Staples® for \$49.99 and a clamp binder Staples Clamp Binder, Clear at Staples® for \$2.48 and \$3.15 tax and free shipping with over \$50 order for \$55.62 total. I will now have to spare 300 gigabyte hard drives available for replacement in the primary Vista computer should the need arrive in the future. The current 160 gigabyte hard drives were installed in November 2006. I went outside, and I threw out some garbage. I chatted with neighbors. I received notification from the state of Connecticut that my Medicaid dental needs would be handled by BeneCare 1-866-420-2924. I will now go through my email. A&P redux: Remodeled store focuses on specialty food shops - Greenwich Time . There is one thing I noticed about the new A&P, and that is the aisles between the shelves are more narrow, and it looks like it might be difficult to get two grocery carts to pass by themselves going in either direction. I changed the six wall calendars in the apartment to August 2008. I was able to get two addresses for \$1.95 for Jimmy Eldert in California, so I sent him two of my post cards to see if he wants to give me his telephone number, so we can talk and compare notes about each coast. The Queen Mary II is back in Manhattan this Thursday August 7 and again August 19, 2008 OM2 - Itinerary - 2008 . However, the British do not tend to come out here anymore, because they do not like paying taxes in this country anymore. I chatted with a friend who is too busy to visit anymore. CIO

Note: <888> 08/02/08 Saturday 12:25 A.M. I am a bit tired. I will now shut down the primary Vista computer, and I will go to bed soon. CIO

Note: <888> 08/01/08 Friday 11:20 P.M. I donated \$5 to John McCain 2008 - John McCain for President and John McCain 2008 - John McCain for President Contribute, and I ordered a McCain 2008 Window Decal Sticker for \$5 with free shipping. CIO

Note: <888> 08/01/08 Friday 10:45 P.M. The blue berries were suppose to be a \$1.99 a pint, so the A&P owes me \$2, which I will collect in the near future. CIO

Note: <888> 08/01/08 Friday 10:35 P.M. I went out after the last message. I went by the Chase Bank on Mason street. I then sat out for a while downtown. I mailed the Microsoft Money 2006 July 2008 income versus spending report to a relative at the central Greenwich Post Office. I then went by the Greenwich Train station, and I picked up a relative, and I returned to my apartment building to pick up the other family car, and then I showed my relative how to get on I-95 East Bound in central Greenwich. I then drove down by the waterfront on Steamboat Road, and I chatted with the most regular fisherman who does not fish very much anymore. He has a new grey pickup truck. I chatted with another local. I then went by the new A&P store. It is a quite nice less expensive well layed out store, and it does not have lights that are too bright. I filled out a form to get a A&P customer card. I then bought two 26 ounce jars of Francesco Rinaldi tomato, onion and garlic sauce for \$1.39 each, and two 16 ounce boxes of Ronzoni Linguini for .70 each, a bulb of garlic for \$3.69 a pound for .66, a head of Foxy lettuce for \$1.51, a pint of blueberries for \$3.99, two 12 packs of English muffins for \$1.99 each 12 pack, a package of

Purdue boneless breasts of chicken for \$2.67 a pound for \$3.54, fresh bananas for .64 a pound for \$1.71, two ears of corn on the cob for .50 each for \$19.42 total. I then returned home, and I put away the groceries. I put the bananas in one of the green freshness bags. I chatted with a relative. I ate a baloney and cheese sandwich with 1/3rd of a tube of Pringle sour cream and onion potato chips and a dill pickle slice and a glass of cold filtered water. CIO

Note: <888> 08/01/08 Friday 5:55 P.M. My relative will be arriving about 7 P.M. to pick up the family car. I chatted with another relative. I will now go out downtown, and I will sit out for a while until my relative arrives over at the Cho Cho station from the Big Apple. CIO

Note: <888> 08/01/08 Friday 5:25 P.M. Things are not very good down south <u>Wachovia</u> economists say Florida is in recession . CIO

Note: <888> 08/01/08 Friday 5:15 P.M. I went outside briefly, and I chatted with some neighbors. I ate two bowls of low fat Cheez-its. I watched some low cost television. Not much seems to be going on in the United States of America anymore, but simply a lot of rhetoric, which does not seem relevant to any local situations at the moment. If what is good for General Motors is Good for America, the recent news today is not very good <a href="http://www.guardian.co.uk/business/feedarticle/7695262">http://www.guardian.co.uk/business/feedarticle/7695262</a> . CIO

Note: <888> 08/01/08 Friday 4:00 P.M. Earlier today, I had to take one of the power strips out of the kitchen, and reconnect the Proscan television, and Farberware convection oven and electric can opener with another power strip that was in the kitchen. I threw out the defective power strip. CIO

Note: <888> 08/01/08 Friday 3:35 P.M. I woke up at 10:30 A.M.. I ate breakfast of oatmeal with honey and milk, a toasted English muffin with butter, passion punch, and a cup of coffee with milk and splenda. I made my bed, and I washed the breakfast dishes. I threw out the garbage, and I chatted with neighbors. I brought up the mail. I paid my www.cablevision.com Cable Modem Optimum Boost, Optimum Voice, and Digital High Definition Television, my www.cl-p.com electricity bill, my www.verizon.com telephone bill, and I ordered from www.ordersmokesdirect.com 7 cartons of King Mountain Ultra Lights 100s in a box for \$15.49 a carton and \$18.46 Priority Mail shipping for \$126.89 total. Early this evening, a relative is suppose to contact me about picking up the other family car. The new A&P Welcome to A&P where you'll allways find exceptional Freshness, Quality and Value is suppose to open downtown on West Putnam Avenue across from the Stop and Shop today. It is located at the old Food Emporium location. Hopefully the A&P prices will be more economical. I called up the Greenwich Housing Authority, and I placed a work order about having the kitchen sink faucet repaired. I also chatted with a friend, and I had a telephone fund raising call from www.gop.com , and I gave them some tips on surviving in the unfriendly political world. CIO

Note: <888> 08/01/08 Friday 2:45 A.M. It took a while to delete 2000 emails out of my email program that I had mostly already looked at. I was told that they had 16 feet of snow

this winter in Kennebunk, Maine, and nearer the waterfront in Kennebunkport, they only had 11 feet of snow this winter. With the higher prices of fuel, they are worrying whether they will have enough fuel for the trucks to plow the roads in the north country this coming winter. Of course they are not always that friendly up north <u>BBC NEWS | Americas | Man</u> <u>decapitated on Canadian bus</u>. I will now shut down the primary Vista computer, and I will go to bed soon. CIO

Note: <888> 08/01/08 Friday 1:20 A.M. Pictures from my trip to Kennebunkport, Maine http://mikelouisscott.com/kpt-pub-0708/. CIO